

A special pull-out section from the publishers of

TheYankeeXpress
BLACKSTONE VALLEY **Xpress**

localtownpages

FREE PRESS

Summer Guide 2024



GOLD SPONSOR



Southwick's
ZOO

SILVER SPONSOR

Open Sky
COMMUNITY SERVICES

A special thank you to our Sponsors for helping to bring this section to our communities.

We All Scream for Ice Cream

Christopher's Homemade Ice Cream

22 West St., Millbury
508-865-5055
Great homemade ice cream

The Clam Box

53 South Maple St., Brookfield
508-637-1790
brookfieldclambox.com

Coco's Tropical Ice

1 Swanson Rd., Auburn
508-407-4787
cocostropicalice.com
Handcrafted Italian ice and gelati in small batches, most dairy- and gluten-free.

Cold Stone Creamery

80 Orchard Hill Park, Leominster
978-537-9000
70 Worcester-Providence Tpke., Millbury
(The Shoppes at Blackstone Valley)
508-865-8165
coldstonecreamery.com
Ice cream, frozen yogurt and sorbet, all served to your specifications.

Cool Licks Ice Cream & Frozen Yogurt

325 Pleasant St., Worcester
774-243-7043
coollicksicecream.shop
More than 50 flavors.



Illustration by Mimi Weatherbee

400 Littleton Rd., Westford
(This location also has 50 acres of fun activities)

978-486-3891
kimballfarm.com
50+ flavors of homemade ice cream

Madulka's Ice Cream

193 Lake Ave., Worcester
508-459-2323
madulkasicecream.com
On Lake Quinsigamond's shores, drive, boat, walk or float on in! Serving premium yogurt and hard ice cream, soft serve, sundaes, and more.

Meola's Wayside Ice Cream

1134 Main St., Holden
508-829-1990
110 Leominster Rd., Sterling
978-422-3900
165 West Boylston St., West Boylston
508-835-9747
A local landmark for quality ice cream since 1912.

Pirate's Cove

74 Providence Rd., Northbridge
508-234-0700
piratescovema.com

Robbie's Place

At Crystal Caves Family Fun Center
790 Southbridge St., Auburn
508-832-0797
crystalcaves.com/partners
95% of ice cream made on-site, waffle cones too. Come for ice cream, stay for batting cages or mini-golf.

Ronnie's Seafood

208 City Depot Rd., Charlton
508-248-5024
ronniesseafood.com

Rota Spring Farm

117 Chace Hill Rd., Sterling
978-365-9710
rotaspringfarm.com
"A herd of flavor in every scoop!"

Sterling Ice Cream

167 Clinton Rd., Sterling
978-422-7742
sterling-corporation.edan.io

Still Four Corners

224 Barre-Paxton Rd., Rutland
508-886-6666
stillfourcorners.com

Swirls & Scoops

68 Worcester St., North Grafton
508-839-9036
Ice cream parlor and frozen yogurt.

Trombetta's Farm

655 Farm Rd., Marlborough
508-485-6429
trombettasfarm.com
Homemade ice cream, indoor mini-golf, garden center, and more.

Tutti Frutti Frozen Yogurt

385 Southbridge St., Auburn Mall
508-832-2272
117 Gold Star Blvd., Worcester
508-853-5353
Self-serve frozen yogurt.

West End Creamery & Adventure Farm

481 Purgatory Rd., Whitinsville
508-234-2022
westendcreamery.com
60 flavors of hand dipped ice cream, frozen yogurts, sherbets and more. Adventure Farm has 25+ farm-themed games and activities.

Yoway Cafe & Frozen Yogurt

395-B Park Ave., Worcester
508-926-8226

Dairy Queen

328 West Boylston St., West Boylston
508-853-2700
721 Grafton St., Worcester
508-459-0799
18 Summer St., Westborough
508-366-5900
291 Main St., Spencer
508-885-2748
dairyqueen.com

Dresser-Hill Ice Cream Bar

290 Dresser Hill Rd., Charlton
madulkasicecream.com

Friendly's

697 Southbridge St., Auburn
508-832-3102
482 North Main St., Leominster
978-537-9787
friendlyrestaurants.com

Froze Zone

184 W. Boylston St., West Boylston
150 Green St. (Worcester Public Market, Fri-Sun)
774-261-4411
froze-zone.com

Gibby's Famous Ice Cream

42 Sunderland Rd., Worcester
508-753-1095
gibbonsdairy.com
60+ flavors of homemade ice cream

Goodhile's

1122 Wachusett St., Holden
508-829-9429
Ice cream, frozen yogurt, sandwiches.
Outside seating at tables with umbrellas.

Ice Cream Lady

63 Main St., Douglas
508-476-2631
Sundaes, Shakes, 24 flavor soft serve, Hard Ice Cream, Razzles, Floats, and more.

Ice Cream Pharm

185 W. Main St, Dudley
508-461-7300
icecreampharm.com
Family-owned, homemade all-natural ice cream, full alcohol license.

The Ice Cream Parlor

56 Canal St., Millbury
508-865-2290
Ice cream and frozen yogurt.

iCraze Frozen Yogurt

50 Boston Turnpike, Shrewsbury
(White City Shopping Plaza)
508-425-3950
Self-serve frozen yogurt with rotating flavors to mix and match.

JJ's Ice Cream

167 Milford St., Upton
508-529-6006
Old-school ice cream stand serving ice cream and frozen yogurt.

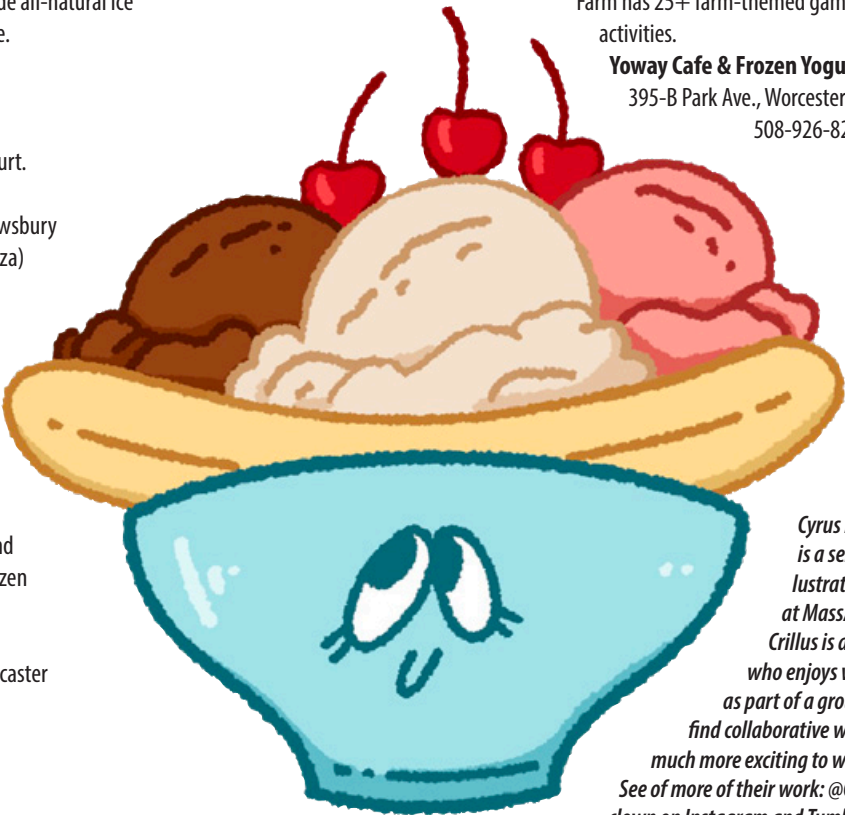
Kimball Farm

1543 Lunenburg Rd., Lancaster
978-534-9800
343 Bedford Rd., Carlisle
978-369-1910

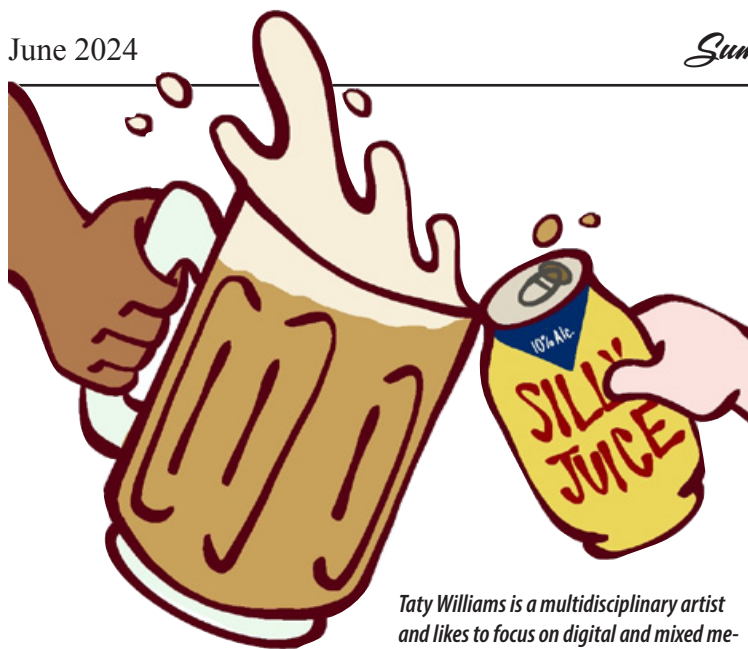
Once again, we had the pleasure of working with the students in the Senior Portfolio Illustration class at Massachusetts College of Art and Design for the artwork in our Summer Guide. In January and February, we worked with the class of 16 to create the Southwick's Zoo centerspread but also illustrations that you will see throughout. Although we cannot run all of the illustrations, we will be posting them to our Facebook pages - make sure you're following us on social media so that you don't miss any of the wonderful work.

On the cover:

AJ Golladay works mainly with digital art and uses texture and detailed line work to create entertaining images that capture their client's imaginations.



Cyrus McCrillus is a senior illustration major at MassArt. McCrillus is an artist who enjoys working as part of a group as they find collaborative work to be much more exciting to work on. See of more of their work: @Clubbing-clown on Instagram and Tumblr.



Breweries & Wineries

Agronomy Farm Vineyard

338 Ware Corner Rd., Oakham
978-618-2668

agronomyfarmvineyard.com

Corey and Marissa O'Connor came up with the idea for a vineyard on their honeymoon in Tahiti. The result: a farm and vineyard producing wine and syrup. Sweet goodness!

Altruist Brewing Company

559 Main St., Sturbridge
774-241-8022

altruistbrewing.com

Enjoy hand-crafted recipes in an old mill building. Love the beer!

Bay State Brewing Company

112 Harding St., Worcester
774-420-2233

baystatebrewing.com

Producing small batch, distinctive and

Taty Williams is a multidisciplinary artist and likes to focus on digital and mixed media work but also loves to do printmaking as well. She likes to use perspective to help convey emotion and mood. Williams also likes to make playful characters, impactful illustrations and funky fonts.

drinkable, hand crafted Lagers and Ales using only the best malts, hops, water and yeast available. Taproom open daily.

Boston Beer Works

100 Wattaquodock Hill Rd., Bolton
978-779-5521

boltonbeerworks.com

Flagship beers include Bolt 117 and Mother Apple IPA.

Brimfield Winery

35 Main St., Brimfield
413-245-3436

brimfieldwinery.com

Seasonal outdoor winery for tasting and relaxing with friends and family.

Broken Creek Vineyard

614 South St., Shrewsbury
508-925-5617

brokencreekvineyard.com

Family-owned, 40-acre vineyard and winery, offering a variety of wines produced from their estate grown grapes, as well as grapes imported from Chile, South Africa, California and Washington.

Bull Spit Brewing

339 Seven Bridge Rd., Lancaster
Production and retail sales, 7 days a week

4 Summer Dr., Winchendon

bullspitbrewing.com

Coldbrook Springs Winery

905 Old Coldbrook Rd., Barre
978-257-8587

Started by Wendy & Richard C. Stevens in 2018, offering wine tastings and 12+ different varieties of wines. They grow and hand pick their fruits and grapes.

Cold Harbor Brewing

66 Otis St., Westborough
508-329-1790

coldharborbrewing.com

Cold Harbor Brewing began in 2015 with a strong commitment to being community-oriented, family-run and an intense focus on crafting the highest-quality beer pos-

sible. Its name is inspired by the locally significant Cold Harbor Brook, a tributary of the Assabet River.

Common Ground Ciderworks

31 E. Brookfield Rd., No. Brookfield
508-637-1059

Small batch, hand-crafted hard cider, seltzer, wine and beer.

CraftRoots Brewing

4 Industrial Rd., Milford
508-381-1920

craftrootsbrewing.com

Their ingredients are grown on small farms in New England. In the taproom bring your own food, but order from their beer menus such as a blonde ale or an Irish dry stout.

Dirigible Brewing Company

24 Porter Rd., Littleton
978-506-5146

dirigiblebrewing.com

Featuring dog-friendly taproom (dogs drink free water all night), live entertainment, special events, and more.

Flying Dreams Brewing Co. & Taproom

277 Main St., Marlborough
508-926-8251

flyingdreamsbrewing.com

Got a dream brew? Chances are Flying Dreams Brewing has it.

Gardner Ale House Moon Hill Brewing Company

74 Parker St., Gardner
978-669-0122

gardnerale.com

It's a full-service restaurant, so eat up. While you're there, enjoy a Thunder Buddy or Facelift IPA.

Greater Good Imperial Brew Co.

55 Millbrook St., Worcester
508-926-8736

greatergoodimperials.com

Est. 2015, America's all imperial brewing company. Try the Evana Russian Imperial Stout, or the Greylock 12-percent New England IPA. Hungry? There are hot dogs, grilled cheese sandwiches and more. Live events, too.

Hardwick Vineyard & Winery

3305 Greenwich Rd., Hardwick
413-967-7763

hardwickwinery.com

Indulge in a wine tasting, wine flights, wine slushies, etc., while enjoying the cozy indoor and picturesque outdoor spaces.

BREWERIES

continued on page 4

UNCOMMON COW
ICE CREAM & COFFEE CAFÉ

*Serving Armeno Coffee
Bristot Espresso Beans
Acai Bowls and
Bliss Ice Cream*

One Grafton Common, Grafton, MA 01519
508-330-0618
Open every day 9am to 9pm

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ESTABLISHED 2016

\$9 BURGERS
Every
Wednesday
Night

10 Bridge Street
North Grafton
(508) 839-0333
graftongrill.com

BREWERIES

continued from page 3

KrafTea Kombucha

38 Harlow St., Worcester
kraftteakombucha.com
KrafTea Kombucha begins with their own unique blend of sweetened organic tea. After a few weeks of fermentation with a kombucha culture, the sweet tea is completely transformed into a tart, lightly carbonated, low-alcohol drink. All natural, gluten-free.
Lost Shoe Brewing and Roasting Company
19 Weed St., Marlborough

lostshoebrews.com
An independent craft brewery and coffee roastery with an onsite taproom, less than a mile from Assabet River Rail Trail.
Lost Towns Brewing
483 Main St., Rte. 32, Gilbertville
413-277-0818
ltbrew.com
Taproom, can sales. Also offering Farmer Matt's delicious farm fresh menu.
Medusa Brewing Company
111 Main St., Hudson
978-310-1933
medusabrewing.com
Crafts ales and lagers, and features a 50-foot bar and Beer Hall.

Murder Hill LLC
670 Linwood Ave., Whitinsville
774-477-4160
murderhill.com
A new taproom-brewery, they have created a selection of brews using top-quality, locally-sourced ingredients.
Nashoba Valley Winery
100 Wattaquodock Hill Rd., Bolton
978-779-5521
nashobawinery.com
50+ acres of orchard and vineyard, also offers function space. For brews, there's Blackberry Ale, Bolt 117 Lager, Double Rye IPA, and more.

Oakholm Brewing Company
80 Lake Rd., Brookfield
413-272-9620
oakholmbrewing.com
Locals and visitors alike can enjoy small batch craft beer as fresh as possible and straight from the source. A 10-barrel brew-house allows them to create a wide variety of offerings.
Odd By Worcester
22 Front Street Worcester
508-304-7505
oddbbyworcester.com
You know us from Odd by Nature in York, Maine and now we are open in the woo! "This is our love letter to the 90s & the city of Worcester."

for craft beer, the brewery is an effort to sustain the farm for many generations to come. Full restaurant. Dog friendly. They also have raw milk.
Tackle Box Brewing Company
416 Boston Post Rd. E, Marlborough
508-321-3292
tackleboxbrewing.com
Offering craft beer, hard seltzer, some pub food, live entertainment, and more.
Thirsty Robot Brewing Company
265 Summer St. (back of building), Fitchburg
thirstyrobotbrewing.com
Family-owned and operated micro-brewery focused on masterfully crafted, small batch, flavor driven beers.

Timberyard Brewing Company
555 East Main St., East Brookfield
774-745-8192
timberyardbrewing.com
Stop by and have a pint of Practice What You Peach, or grab a four-pack of Rosie Porter to go. Trivia on Wednesdays and live music on weekends.
Tree House Brewing Company
129 Sturbridge Rd., Charlton
413-523-2367
treehousebrew.com
Lagers and crispy beers; IPAs, stouts and cocktails. For international guests: only passports can be accepted.

True West Solar-Powered Brewery
525 Massachusetts Ave., Acton
978-206-1600
brewtruewest.com
A family-owned and village-supported farm-to-table restaurant and brewery. Beer flows a mere 30 feet from the 10 barrel craft brewery to your pint.
Vandervalk Farm & Winery
25 Lovell St., Mendon
508-478-9463
Family-friendly, dog-friendly, onsite snacks, food trucks on weekends.

Wachusett Brewing Company
175 State Rd. East, Westminster
978-874-9965
wachusettbrewingcompany.com
Great food and fresh, handcrafted beer. Their unique bar features 24 Wachusett beers on draught along with their country hard seltzers, scratch margaritas, and a selection of non-alcoholic beverages. Second location: Wachusett Brew Yard inside the Worcester Public Market.

Wormtown Brewery
72 Shrewsbury St., Worcester
774-239-1555
wormtownbrewery.com
Born in 2010 from an ice cream shop in Worcester, this brewery has flourished into a community-driven business with two taprooms, the esteemed title of the Official Hometown Brewery of the Worcester Red Sox, and hundreds of Wormtown beverages distributed across five states. They have a second taproom in Foxborough.



Pizzeria Bruno
WOOD FIRED
BRICK OVEN PIZZA

In Person Use Only!!

\$5.00 OFF ANY PIZZA ORDER MADE IN PERSON exp. 6/30/24

Classic & Gourmet Pizzas Paninis
Piadinas Salads Gluten Free

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Murder Hill
670 Linwood Avenue
Building C
Whitinsville, MA 01588
www.murderhill.com
774-447-4160

BREWERY & TAPROOM

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- 3 Refreshing Hard Seltzers
- Weekly Creative Slushie Specials
- Convenient 4-packs & Crowlers to go
- Delicious Food
- Live Music Every Thursday

Our Current Menu



Home of



Robyn's Table
INSPIRED BY A MOTHER'S LOVE
www.robynstable.com



Our outdoor patio is dog friendly!

Redemption Rock Brewing Co. Taproom and Cafe
333 Shrewsbury St., Worcester
redemptionrock.beer
Craft beer, coffee. Indoor and outdoor seating. Cafe menu or BYO food. Dog friendly.
Rushford & Sons Brewhouse
8 Grove St., Upton
508-603-1380
rasbrewhouse.com
A nanobrewery and taproom specializing in small batches of traditional beers. They also have hard seltzers made in-house.
Seven Saws Brewing Company
112 Industrial Dr., Holden
sevensawsbrewing.com
Offering a rotating selection of craft beer, local wine, and hard cider (cans available for takeout). The name comes from the historic mills and villages that make up the town. Second location at Soccer Asylum, 603 Pleasant St., Paxton.
Start Line Brewing Company
151R Hayden Rowe St., Hopkinton
508-258-7200
startlinebrewing.com
Pouring craft beer, offering beer-to-go, carry out food, and more.
Sterling Street Brewery
175 Sterling St., Clinton
sterlingstreetbrewery.com
Brewery & taproom, food trucks and events.
Stone Cow Brewery
500 West St., Barre
978-257-8600
stonecowbrewery.com
Located at the 1,000-acre Carter & Stevens Farm, a passion project born of a love

Outdoor Dining and Drinks

AUBURN

J. Anthony's Italian Grill
206 Sturbridge Road
508-832-9705
janthonysgrill.com
Italian

BARRE

Stone Cow Brewery
500 West St.
978-257-8600
stonecowbrewery.com
Brewery and Field to Flame BBQ

BROOKFIELD

The Clam Box
53 South Maple St.
508-637-1790
brookfieldclambox.com
American, Seafood and Burgers

CHARLTON

Dad's
417 Worcester Road
508-248-9774
Diner-style Breakfast and Lunch

Ronnie's Seafood
208 City Depot Road
508-248-5024
ronniesseafood.com
Seafood, American, Ice Cream

The Quarter Keg Pub
443 Worcester Road
508-434-0025
quarterkegpub.com
Pub style food, drinks

Treehouse Brewing
129 Sturbridge Road
413-523-2367
treehousebrew.com
Brewery with food trucks

DUDLEY

Firebrands Bar & Grill
8 Airport Road
508-949-8881
firebrandsbarandgrill.com
American

Stave and Still
4 Airport Road
508-943-1933
thestaveandstill.com
American, boutique wine

Whiskey Rocks Bar & Rodeo
4 Airport Road
508-943-9759
whiskeyrocksbar.com
Rodeo, ax-throwing, live bands, etc.

EAST BROOKFIELD

308 Lakeside
308 East Main St.
774-449-8333
308lakeside.com
American

Brookie's
57 South Main St.
774-200-0537
brookiesburgers.com
Quick bites, American

GRAFTON

Post Office Pub
1 Ray St.
508-839-6106
postofficepub.com
American, Pub

HOLDEN

Mexicali Cantina Grill
700 Main St.
508-829-7700
mexicalicantinagrill.com
Mexican

The Specialty Sandwich Co.
Bar & Grill
624 Main St.
508-829-5858
Specialtysandwich.com
Pub, Pizza & Sandwiches

Val's Restaurant & Lounge
75 Reservoir St.
508-829-0900
valsrestaurant.com
Greek & Italian

Wong Dynasty
176 Reservoir St.
508-829-2188
wongdynasty-yankeegrill.com
Chinese, Japanese-Sushi, Fusion

LEICESTER

Barber's Crossing
861 Main St.
508-892-7575
barberscrossingrestaurant.com
American

Castle Cantina Tapas
1230 Main St.
508-859-8089
castlecantina.com
Spanish Mex Fusion

Hot Dog Annie's
244 Paxton St.
508-892-9059
Hot Dog & Burgers

MENDON

Alicante Restaurant & Lounge
84 Uxbridge Road
508-634-8188
alicanterestaurant.com
Mediterranean grille and lounge

Galliford's Restaurant & Tavern
5 Southwick St., Southwick's Zoo
509-928-0928
Gallifords.com
New England comfort food with a twist

MILLBURY

110 Grill
The Shoppes at Blackstone Valley
70 Worcester-Providence Drive

508-865-8110
110grill.com/millbury-ma
American, see their "allergy commitment"

A&D Pizzeria & Pub
60 Elm St.
508-865-9013
ADpizzapub.com
Pizza, Pub, Comfort food

Cake Shop Cafe
22 West St.
508-865-9866
cakeshopcafe.com
Fresh-baked pastries, coffee, sandwiches, sweet treats

Calabria Restaurant
7 South Main St.
508-581-9700
calabriamillbury.com
Italian

Christopher's Homemade Ice Cream
22 West St.
508-865-5055

Panera Bread
The Shoppes at Blackstone Valley
70 Worcester-Providence Drive
508-865-6756
panerabread.com
Bakery/Cafe

NORTHBOROUGH

Casta Diva Restaurant
35 Solomon Pond Road
508-466-2080
castadivarestaurant.com
Italian

SHREWSBURY

Burton's Grill and Bar
193 Boston Turnpike
508-925-7774
Burtonsg grill.com
Traditional fare/innovative local dishes

Chipotle Mexican Grill
97 Boston Turnpike
508-752-1726
chipotle.com
Fast-food Mexican

Five Guys Burgers and Fries
20-7 Boston Turnpike
508-425-3185
Fiveguys.com
Burgers

Lakeside Bar & Grille
97 Boston Turnpike
508-425-3543
Lakesideshrewsbury.com
American

Panera Bread
50 Boston Turnpike
508-798-9949
panera.com
Bakery/cafe

Tavern in the Square
193 Boston Turnpike
Lakeway Commons
508-755-5240
taverninthesquare.com/shrewsbury
Upscale Bar Fare, over 50 draft beers

Terra Brasilis Restaurant
50 Boston Tpk
508-752-0390

Willikers Tex-Mex & BBQ

896 Hartford Turnpike
508-842-3030
Tex-Mex & BBQ

STERLING

Barber's Crossing North
175 Leominster Road
978-422-8438
barberscrossingrestaurant.com
American

Black Sheep Tavern
261 Leominster Road
978-422-0255
meetmeatthesheep.com
American

The Brick Mexican Grill
27 Main St.
978-563-1906 - outdoor seating?
thebrickmexicangrill.com
Mexican, tequila

STURBRIDGE

Baba Sushi
453 Main St.
774-304-1068
babasushi.com/sturbridge
Sushi, hot pot

B.T.'s SmokeHouse
392 Main St
508-347-3188
btsmokehouse.com
Barbecue

DINING
continued on page 6

FINE NUTS & SNACKS

Arcade Snacks

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GOURMET NUT & CANDY SHOP

OVER 100 DIFFERENT VARIETIES

FINE NUTS • SNACKS • CANDIES • DRIED FRUITS

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New

Penny Candy

Section

\$2.00

OFF

any purchase of \$15 or more

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Offer with coupon expires August 31, 2024.

f

205 Southbridge St., Auburn, MA • 508-832-6300

www.arcadesnacks.com

Hours: Mon.-Fri. 8:30am-5:00pm; Sat. 9am-2pm

DINING

continued from page 5

Rapscallion Pub

3 Arnold Road
508-347-7500
visitrapscallion.com/sturbridge/
Microbrewery, Bar, Restaurant
Sturbridge Porterhouse
407 Main St.
508-347-2700 - call
sturbridgeporterhouse.squarespace.com
Steakhouse
The Duck
502 Main St.
508-347-2321
theducksturbridge.com
American, sunken bar

SUTTON

Brickstone Kitchen

4 Worcester-Providence Turnpike
508-865-8650
brickstonekitchen.com
Family run, brick stone oven pizza

UPTON

Red Rock Grill & Bar

66 West Main St.
508-529-0500
redrockgrillandbar.com
American

Rushford and Sons Brewhouse

8 Grove St.
508-603-1380
rasbrewhouse.com
Nanobrewery and taproom with food trucks
and pop-ups

UXBRIDGE

Mendon Street Kitchen

9 Mendon St.
508-278-5750
American

WEBSTER

Point Breeze

144 Point Breeze Road
508-943-0404
pointbreezeonwebsterlake.com
American, seafood

Samuel Slaters

200 Gore Road
508-943-1639

samuelslaters.com

Indian Ranch's flagship restaurant

Waterfront Mary's 22

103 Birch Island Road
508-943-2222
waterfrontmarys22.com
Seafood & Bar, free docking

WEST BOYLSTON

Cheoy Lee's

45 Sterling St.
508-835-3663
cheoyleeswestboylston.com
Chinese

Draught House Bar & Grill

42 West Boylston St.
508-835-4722
thedraughthouse.com
Pub

NOLA Cajun Kitchen

340 West Boylston St.
774-261-8008
CaJUNE/Creole, Seafood

Table Twelve Kitchen & Bar

175 West Boylston St.
774-261-8644
tabletwelvekitchen.com
American, seasonal cocktails

The Mill 185 Restaurant

185 W Boylston St.
774-261-8585
the-mill-185.com
Italian-American, smokehouse, comfort

WORCESTER

110 Grill

123 Front St.
774-420-2733
110grill.com/worcester-ma
Upscale dining

Antonio's Pizza

268 Chandler St.
774-530-6000
antoniospizza.com/worcester
Pizza

Armsby Abbey

144 Main St.
508-795-1012
armsbyabbey.com
Seasonal farmhouse fare, craft beer

Banner Bar & Grill

112 Green St.
508-755-0879
Pub

The Beer Garden

64 Franklin St.
774-530-9000
beergardenma.com
American, outdoor party games

Café Reyes

421 Shrewsbury St.
508-762-9900
cafereyes.org
Cuban food with a mission

Sonoma Bistro

363 Plantation St. at the Beechwood Hotel
508-754-5789
sonomaatthebeechwood.com
Global cuisine

El Patrón

192 Harding St.
508-757-8000
elpatronma.com
Mexican

Espress Yourself Coffee

2 Richmond Ave. #3
508-755-3300
espress-coffee.edan.io
Coffee House

The Fix Burger Bar

108 Grove St.
774-823-3327
thefixburgerbar.com
Burgers, beverages

Flying Rhino Cafe &

Watering Hole

278 Shrewsbury St.
508-757-1450
flyingrhinocafe.com
Hip, eclectic, colorful cuisine

Funky Murphy's

305 Shrewsbury St.
508-753-2995
funkymurphys.com
American, open air dining

Greater Good Imperial

Brew Co.

55 Millbrook St.
508-926-8736
greatergoodimperials.com
American, craft brewery
Grill on the Hill
1929 Skyline Dr., Green Hill Golf Course
508-854-1704
grillonthehillworcester.com
American

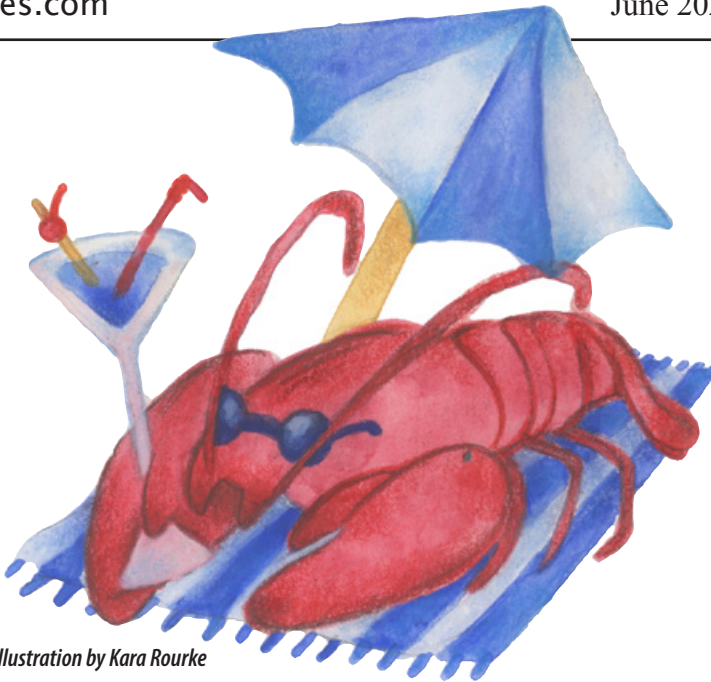


Illustration by Kara Rourke

In-House Coffee

255 Shrewsbury St.
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Pepetaqueriama.com
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piccolos157.com
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TO COME!

Summer is special at Southwick's Zoo

By LINDA CHUSS

Many people have been to a zoo, but unless you've been to Southwick's Zoo in Mendon during a recent summer, you probably don't know what you're missing. Since opening in the 1960s, Southwick's has evolved in many ways. There are now 850 animals on 200 acres, making it New England's largest zoological experience, with a focus on education and conservation, while still providing fun for all ages.

Summer features daily animal presentations, like the bird programs delivered by Dani Larson, Curator of Birds and Training. "We use positive reinforcement to highlight natural behaviors so people can see what the animals would do in their natural environment. For example, visitors are surprised by the strength parrots demonstrate while climbing a rope. We have a large parrot collection, and about half are listed as vulnerable or endangered species. They're sociable, so public in-



Dani Larson works with an African gray parrot to demonstrate the bird's natural behaviors for visitors at Southwick's Zoo.

teraction is fulfilling for them." A self-described bird nerd, Larson was excited about a Eurasian eagle owl recently born at Southwick's. "It's the first successful hatchling for the parents. Stressed animals don't breed, so we're pleased knowing they're comfortable here." Southwick's other animal presentations vary by day, including big cat feedings and sloth Keeper Chats.



sessions that includes creating enrichment activities for young animals and watching the critters interact with the creations. Junior Zookeeping programs are single, partial-day opportunities for 6- to 16-year-olds to get hands-on experience preparing diets, creating enrichment, and cleaning animal environments, for a behind-the-scenes look at what zookeepers do. There are special days for everyone at Southwick's. Father's Day weekend offers discounted admission for dads, while July 28 is "Crazy About Cats" day. July's last two weekends are for celebrating Christmas, with winter-themed displays and a holiday scavenger hunt. Brand new this year is an

indoor carousel, featuring brightly painted murals of animal ecosystems. While people appreciate new additions at Southwick's, among the most popular attractions are longstanding favorites like the deer forest and the petting zoo, with their opportunities to feed the animals. "Another big hit is our large collection of primates," said Larson. "We have a mother, father, and female juvenile chimp family; visitors enjoy watching their dynamics." "Southwick's is a family-run business and the Brewer family, who runs it, fosters a family atmosphere for all of us who work here, with our common passion for animals, education, and conservation. We also recognize many of our visitors are families, and they feel welcomed in this positive environment." The zoo is located at 2 Southwick St. in Mendon, and is open daily regardless of weather, from 10 a.m. to 5 p.m. For more information, visit southwickszoo.com or call 800-258-9182.

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DINING

continued from page 6

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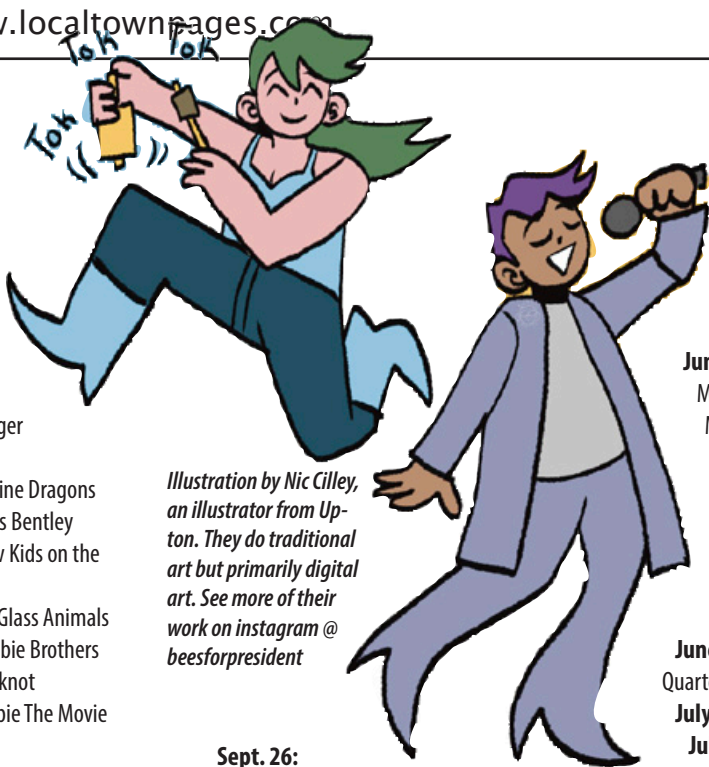


Illustration by Nic Cilley, an illustrator from Upton. They do traditional art but primarily digital art. See more of their work on instagram @ beesforpresident

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indianranch.com

June 1: 1 p.m. Jo Dee Messina
June 9: 1 p.m. Voyage - a Journey Tribute
June 15: 7 p.m. Get the Led Out
June 22: 1 p.m. The Mavericks
June 23: 1 p.m. Scott McCreery
June 29: 1 p.m. Three Dog Night
June 30: 1 p.m. Elle King
July 7: 1 p.m. Justin Hayward and Christopher Cross
July 13 & 14: 1 p.m. Aaron Lewis
July 20: 12 p.m. HairFest
July 21: 1 p.m. Rumours - Fleetwood Mac Tribute
July 25: 8 p.m. Yachtley Crew
July 27: 1 p.m. Almost Queen
Aug. 2: 7 p.m. ABBA The Concert - ABBA Tribute
Aug. 3: 1 p.m. Badfish - Sublime Tribute
Aug. 4: 1 p.m. Grace Potter
Aug. 9: 7 p.m. Face 2 Face
Aug. 10: 1 p.m. Ripe
Aug. 11: 1 p.m. The Beach Boys
Aug. 18: 1 p.m. Tyler Hubbard
Aug. 23: 7 p.m. Get the Led Out

Aug. 24: 1 p.m. Little Feat
Aug. 31: 12 p.m. The Pike Rokfest
Sept. 7: 1 p.m. Brett Young

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June 1: 6:30 p.m. Kiss 108 Concert - Doja Cat
June 8: 7 p.m. Hank Williams Jr.
June 15: 7:30 p.m. Niall Horan
June 16: 6:30 p.m. Pixies and Modest Mouse
June 21: 6:45 p.m. Hardy
July 2: 5 p.m. Outlaw Music Festival - Willie Nelson, Bob Dylan, Robert Plant
July 9: 7 p.m. Alanis Morissette
July 13: 6:30 p.m. Third Eye Blind and Yellowcard
July 19- 21: 7:30 p.m. Phish
July 23: 7 p.m. Santana and Counting Crows
July 26: 7 p.m. Sammy Hagar
July 27: 7:30 p.m. Earth Wind and Fire and Chicago
July 31: 6:30 p.m. Limp Bizkit
Aug. 2: 6:45 p.m. Styx and Foreigner

Aug. 3: 7 p.m. Stick Figure with SOJA and Little Stranger
Aug. 4: 7 p.m. Train
Aug. 6: 7 p.m. Imagine Dragons
Aug. 9: 7 p.m. Dierks Bentley
Aug. 10: 7 p.m. New Kids on the Block
Aug. 11: 7:45 p.m. Glass Animals
Aug. 12: 7 p.m. Doobie Brothers
Aug. 15: 7 p.m. Slipknot
Aug. 16: 8 p.m. Barbie The Movie In Concert
Aug. 17: 6:30 p.m. Lynyrd Skynyrd and ZZ Top
Aug. 18: 6:30 p.m. Thirty Seconds To Mars
Aug. 21: 7 p.m. Creed
Aug. 22: 6:30 p.m. Cage The Elephant
Aug. 24: 7 p.m. Avril Lavigne
Sept. 5: 7 p.m. +LIVE+ and Stone Temple Pilots
Sept. 6: 6 p.m. Rob Zombie and Alice Cooper
Sept. 14: 6:45 p.m. The National and The War On Drugs
Sept. 15: 8 p.m. Pitbull
Sept. 20: 6:30 p.m. Meghan Trainor
Sept. 21: 6:30 p.m. Korn

Sept. 26: 7:30 p.m. The Marley Brothers

TANGLEWOOD

297 West St., Lenox
888-266-1200

bsa.org/tanglewood

June 20: 7 p.m. John Fogerty
June 22: 7 p.m. Roger Daltrey
June 23: 2:30 p.m. Kool & The Gang and En Vogue
June 27: 7 p.m. Boyz II Men
June 28: 7 p.m. Jon Batiste
June 29: 7 p.m. Trey Anastasio with the Boston Pops

June 30: 10 a.m. Tanglewood Music Center ("TMC") Chamber Music Concert
June 30: 1 p.m. TMC String Quartet
June 30: 4 p.m. TMC String Quartet
June 30: 6 p.m. Brandi Carlile
June 30: 8 p.m. TMC String Quartet
July 2: 7 p.m. Jason Mraz
July 3: 8 p.m. James Taylor and his All-Star Band
July 4: 8 p.m. James Taylor and his All-Star Band
July 5: 6 p.m. Boston Symphony Orchestra ("BSO") - Prelude
July 5: 8 p.m. BSO - Opening Night
July 6: 10:30 a.m. BSO - Broadway Today, open rehearsal
July 6: 8 p.m. BSO - Broadway Today!
July 7: 10 a.m. TMC Chamber Music
July 7: 2:30 p.m. BSO - Strauss program feat. Renee Fleming

MUSIC

continued on page 9

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MUSIC

continued from page 8

July 8: 8 p.m. BSO - Shostakovich's Symphony No. 5
July 10: 8 p.m. Tanglewood Recital Series - Milos Karadaglic
July 12: 10:30 a.m. BSO - Kirkland, Prokofiev and Dvorak
July 12: 6 p.m. BSO - Prelude
July 12: 8 p.m. BSO - Stravinsky and Rimsky-Korsakov featuring the Boston Ballet
July 13: 10:30 a.m. BSO - Kirkland Snider, Prokofiev, and Dvorak
July 13: 8 p.m. BSO - Andris Nelsons conducts Simon and Beethoven feat. Yuja Wang
July 14: 10 a.m. TMC Chamber Music
July 14: 2:30 p.m. BSO - Kirkland Snider, Prokofiev, and Dvorak
July 14: 7 p.m. TMC Vocal Recital
July 15: 8 p.m. TMC Orchestra
July 16: 7 p.m. An Evening with The Pretenders
July 17: 8 p.m. Tanglewood Recital Series: Yuja Wang
July 18: 8 p.m. Tanglewood Recital Series: Les Arts Florissants
July 19: 6 p.m. BSO - Prelude
July 19: 8 p.m. BSO - Bernstein and Brahms
July 20: 10:30 a.m. BSO - Ives, Beethoven, and Strauss, open rehearsal
July 20: 1:30 p.m. Boston University Tanglewood Institute Young Artists Orchestra
July 20: 8 p.m. BSO - Act III of Wagner's Gotterdammerung
July 21: 10 a.m. TMC Chamber Music
July 21: 10:30 a.m. BSO - Tanglewood Family Concert
July 21: 1:30 p.m. BU Tanglewood Institute Young Artists Orchestra
July 21: 2:30 p.m. BSO - Ives, Beethoven, and Strauss
July 21: 7 p.m. Tanglewood Recital Series: Gerald Clayton Trio
July 23: 7 p.m. Beck with the Boston Pops
July 24: 8 p.m. Boston Symphony Chamber Players and Paul Lewis
July 25: 8 p.m. TMC Festival of Contemporary Music
July 26: 2:30 p.m. TMC Festival of Contemporary Music
July 26: 6 p.m. BSO - Prelude
July 26: 8 p.m. BSO - Mackey, Koussevitzky, Sibelius, and Scriabin
July 27: 10:30 a.m. BSO - Lee, Copland, Thompson, and Stravinsky, open rehearsal
July 27: 2:30 p.m. TMC Festival of Contemporary Music
July 27: 6 p.m. TMC - Prelude
July 27: 8 p.m. BSO - Leon, Khachaturian, and Tchaikovsky feat. Jean-Yves Thibaudet
July 28: 10 a.m. TMC Festival of Contemporary Music
July 28: 2:30 p.m. BSO - Lee, Copland, Thompson, and Stravinsky
July 29: 8 p.m. TMC Orchestra
July 31: 8 p.m. Tanglewood Recital Series - Kirill Gerstein, Joshua Bell, and Steven Isserlis
Aug. 1: 8 p.m. Tanglewood Recital Series

-Danish String Quartet
Aug. 2: 6 p.m. BSO - Prelude
Aug. 2: 8 p.m. BSO - John Williams' Film Night
Aug. 3: 10:30 a.m. BSO - All Beethoven Program, open rehearsal
Aug. 3: 1:30 p.m. BU Tanglewood Institute Young Artists Orchestra
Aug. 3: 1:30 p.m. BU Tanglewood Institute Young Artists Orchestra
Aug. 3: 8 p.m. BSO - John Williams' Film Night
Aug. 4: 10 a.m. TMC Chamber Music
Aug. 4: 10:30 a.m. TLI for Families: In collaboration with the Norman Rockwell Museum
Aug. 4: 1:30 p.m. BU Tanglewood Institute Young Artists Wind Ensemble
Aug. 4: 2:30 p.m. BSO - Beethoven feat. Kirill Gerstein, Joshua Bell, and Steven Isserlis
Aug. 5: 8 p.m. TMC Orchestra
Aug. 6: 2 p.m. BSO - Tanglewood on Parade
Aug. 8: 8 p.m. National Children's Symphony of Venezuela
Aug. 9: 6 p.m. BSO - Prelude
Aug. 9: 8 p.m. BSO - Rachmaninoff and Stravinsky feat. Kirill Gerstein
Aug. 10: 10:30 a.m. BSO - Clyne, Mozart, and Mahler, open rehearsal
Aug. 10: 1:30 p.m. BU Tanglewood Institute Young Artists Orchestra
Aug. 10: 5 p.m. TLI Spotlight Series: Henry Louis Gates Jr.
Aug. 11: 10 a.m. TMC Chamber Music
Aug. 11: 2:30 p.m. BSO - Clyne, Mozart, and Mahler feat. Elena Villalon
Aug. 11: 7 p.m. TLI Presents: Jeremy Denk
Aug. 12: 8 p.m. TMC Opera Excerpts
Aug. 14: 8 p.m. Tanglewood Recital Series: The Knights and Emanuel Ax perform Bologne and Mozart
Aug. 15: 8 p.m. Tanglewood Recital Series: The Knights and Emanuel Ax perform Ortiz and Mozart
Aug. 16: 8 p.m. BSO - Svetlanov, Prokofiev, and Tchaikovsky feat. Midori
Aug. 17: 10:30 a.m. BSO - Simon, Schumann, and Beethoven, open rehearsal
Aug. 17: 1:30 p.m. BU Tanglewood Institute Young Artists Orchestra
Aug. 17: 5 p.m. TLI Spotlight Series: David Pogue
Aug. 17: 6 p.m. BSO - Prelude

Aug. 17: 8 p.m. BSO - Jurassic Park in Concert
Aug. 18: 10 a.m. TMC Chamber Music
Aug. 18: 2:30 p.m. BSO - Simon, Schumann, and Beethoven feat. Yo-Yo Ma
Aug. 19: 8 p.m. TMC Orchestra
Aug. 21: 8 p.m. Tanglewood Recital Series - Leonidas Kavakos and Daniil Trifonov
Aug. 23: 6 p.m. BSO - Prelude
Aug. 23: 8 p.m. BSO - Chopin and Elgar feat. Bruce Liu
Aug. 24: 10:30 a.m. BSO - Beethoven's Symphony No. 9, open rehearsal
Aug. 24: 8 p.m. BSO - Beethoven, Brahms, Chausson, and Ravel feat. Leonidas Kavakos
Aug. 25: 2:30 p.m. BSO - Hannu Linto conducts Beethoven's Symphony No. 9
Aug. 30: 7 p.m. Judy Collins, Rufus Wainwright, and Indigo Girls
Aug. 31: 7 p.m. DISPATCH with the BPO

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July 26: 5:30 p.m. Beartooth: Summer 2024
Aug. 3: 1 p.m. Sad Summer Festival

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June 20: 7:30 p.m. Roger Daltrey
June 22: 7:30 p.m. Sarah McLachlan
July 6: 7:30 p.m. Jason Mraz
July 13: 9 p.m. mike. Upside Down Tour
July 16: 6 p.m. I Prevail & Halestorm
July 20: 6:30 p.m. O.A.R. Summer Tour 24 with Fitz and the Tantrums
July 27: 1 p.m. KIDZ BOP LIVE 2024
July 28: 8 p.m. Two Door Cinema Club
Aug. 1: 6:30 p.m. Slash - S.E.R.P.E.N.T. Festival
Aug. 2: 7:30 p.m. Black Pumas
Aug. 3: 7 p.m. Joe Russo's Almost Dead

Aug. 7: 7 p.m. 311: Unity Tour with AWOLNATION & Neon Trees
Aug. 17: 7:30 p.m. Melissa Etheridge and Indigo Girls
Aug. 24: 6 p.m. 100.7 WZLX Birthday Bash: Bush - Loaded: The Greatest Hits Tour
Aug. 27: 8 p.m. Peso Pluma - Doble P Tour
Sept. 1: 8 p.m. Young Miko - XOXO Tour
Sept. 5: 7 p.m. Jordan Davis
Sept. 11: 6:30 p.m. Megadeth
Sept. 14: 7:30 p.m. Dalton & the Sheriffs

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June 11: 8 p.m. Bonnie Raitt
June 14: 7:30 p.m. KEB' MO'
June 16: 7:30 p.m. Happy Together Tour
June 18: 8 p.m. Pete Davidson: Prehab Tour
June 20: 8 p.m. Scotty McCreery
June 21: 8 p.m. Let's Sing Taylor: The Ultimate Tribute to the music of Taylor Swift
June 28: 8 p.m. Three Dog Night
June 29: 8 p.m. Elle King
June 30: 7:30 p.m. Pop 2000 with Chris Kirkpatrick of NSYNC, O-Town, BBMak, Ryan Cabrera and LFO
July 6: 8 p.m. Little River Band
July 7: 7:30 p.m. Walker Hayes
July 12: 8 p.m. Nikki Glaser
July 13: 8 p.m. An Evening with Voyage - Celebrating the Music of Journey
July 18: 8 p.m. Jessie's Girl
July 19: 8 p.m. An Evening with Rumours: The Ultimate Fleetwood Mac Tribute Show
July 20: 8 p.m. Seth Meyers
July 25: 8 p.m. Gavin DeGraw
July 26: 8 p.m. Almost Queen: Tribute
July 27: 8 p.m. Boston Comedy Blowout
July 28: 8 p.m. Yachtley Crew
Aug. 1: 8 p.m. Get the Led Out
Aug. 3: 5 p.m. Comedian Bob Marley
Aug. 3: 8 p.m. Comedian Bob Marley
Aug. 4: 8 p.m. The Concert: A Tribute to ABBA
Aug. 6: 8 p.m. Grace Potter
Aug. 8: 8 p.m. NEEDTOBREATHE
Aug. 9: 8 p.m. Ripe
Aug. 10: 5:30 p.m. The Beach Boys
Aug. 10: 8:30 p.m. The Beach Boys

Aug. 11: 8 p.m. Face 2 Face - Tribute to Elton John and Billy Joel
Aug. 14: 6:30 p.m. Dark Star Orchestra
Aug. 15: 8 p.m. The Regz
Aug. 16: 8 p.m. KC & The Sunshine Band
Aug. 17: 8 p.m. Ashley McBryde
Aug. 18: 7 p.m. Cape Symphony Orchestra feat. Livingston Taylor
Aug. 21: 8 p.m. Little Feat
Aug. 23: 7:30 p.m. The Righteous Brothers
Aug. 24: 8 p.m. Medium Matt Fraser
Aug. 29: 8 p.m. Joe Bonamassa
Sept. 1: 8 p.m. Chris Janson

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July 6: Shanna Jackman
July 13: Jeffrey Thomas & The Ultimate Band
July 27: Shady Armadillo
Aug. 3: Timmy Brown
Aug. 10: Thin Ice
Aug. 31: Tigerlilly's JP Royer & Lily
Sept. 7: Carolyn Rae & The Rumors

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50 Douglas Rd, Whitinsville
openskycs.org/news-events/events/2024-valleycast-free-summer-concert-series/
June 27: 5-8 p.m. Ash & Eric followed by Blackstone Valley Community Concert Band
July 11: 6:30-8 p.m. Claflin Hill Symphony Orchestra's Summer Winds from
July 18: 6:30-8 p.m. Mark Mandeville & Raianne Richards
July 25: 6:30-8 p.m. Catnip Junkies
August 1: 6:30-8 p.m. Chuck & Mud and the Hole in the Dam Band
August 8: 6:30-8 p.m. Country Wild Heart Band
August 15: 6:30-8 p.m. Chris Moyse
August 22: 6:30-8 p.m. Blackstone Valley Bluegrass Band
August 29: **6:30-8 p.m.** Le'Mixx Band
September 5: **6:30-8 p.m.** Studio Two Beatles Tribute Band

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Sydney Wong is a traditional and digital illustrator. Her goal is to blend concept and artist techniques to create visual stories that evoke emotion. She is passionate about crafting art that resonates with the audience. You can also find more of her work on her instagram @sjwong.art

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15 Industrial Dr., Sterling
sterlinggym.com
Summer camps and classes, dance, acrobatics, Ninja challenge, special needs gymnastics, and more

Whitinsville Community Center
60 Main St., Whitinsville
508-234-8184
whitincommunitycenter.com
Aerobics, basketball, the fitness center, racquetball, tennis, yoga, Camp Whitin, and more

YMCA/YWCA of Central Massachusetts
Various locations including Fitchburg, Leominster, Southbridge, Westborough, and Worcester
ymcaofcm.org/locations
Numerous programs for adults and kids, including summer camps

MUSEUMS

American Heritage Museum
568 Main St., Hudson
americanheritemuseum.org
Massive collection of military artifacts, living history events, tank rides/driving programs

Ecotarium
222 Harrington Way, Worcester
508-929-2700
ecotarium.org
Science and nature museum with indoor and outdoor interactive exhibits for everyone.

Clara Barton Birthplace Museum
66 Clara Barton Rd., North Oxford
508-987-2056 x 2013
clarabartonbirthplace.org
Clara Barton was the founder of the American Red Cross. Museum open seasonally and by appointment. Various programs for all age groups.

Fruitlands Museum
102 Prospect Hill Rd., Harvard
thetrustees.org/place/fruitlands-museum
Offers a diverse collection of art and mate-

rial culture on 210 acres of land, stunning views, and miles of walking trails.

Icon Museum and Study Center
203 Union St., Clinton
978-598-5000
museumofrussianicons.org
Formerly known as the Museum of Russian Icons, offers insight into beauty, history, and spirituality of various icons. Building complex includes a former historic mill, courthouse, and jail.

Old Sturbridge Village
1 Old Sturbridge Village Rd., Sturbridge
800-733-1830
osv.org
The largest outdoor history museum in the Northeast, depicts a rural New England town of the 1830s. Step inside more than 40 historic buildings, and explore homes, meetinghouses, a district school, country store, bank, working farm, three water-powered mills, and trade shops, all situated on more than 200 scenic acres. Talk with authentically-costumed historians and see heritage breed farm animals.

Optical Heritage Museum
12 Crane St., Southbridge
774-230-8016
opticalheritemuseum.com
Celebrating the history of optics in America with thousands of spectacles, ophthalmic items, microscopes, lenses and more.

Samuel Slater Experience
31 Ray St., Webster
508-461-2955
samuel Slaterexperience.org
A historical museum which will focus on textile manufacturing and the life and work of Samuel Slater (1768 – 1835), called by some the “Father of the American Industrial Revolution.”

Willard House & Clock Museum
11 Willard St., North Grafton
508-839-3500
willardhouse.org

Farmers Markets

Auburn Farmers & Cultural Market
203 Pakachoag St.
774-415-0698
June 6 – Aug. 29: Thurs., 4 - 7 p.m.

Barre Farmers Market
78 Common St., Barre Common
barrefarmersmarket.org
May 4 - Oct. 26: Sat., 9 a.m. to 12:30 p.m.

Brimfield/Hitchcock Academy
2 Brookfield Rd., Brimfield
April 13 - Oct. 26: Sat., 9 a.m. to 1 p.m.
(no market 7/13, 9/7)

SNAP/EBT select vendors only

Daniels Farmstead Farmers Market
286 Mendon St., Blackstone
774-627-9649
danielsfarmstead.org
July 7 - Oct. 6: Sun., 11 a.m. to 2 p.m.
SNAP-EBT, HIP, Senior FMNP, WIC, select vendors only

Douglas Farmers Market
283 Main St. - E.N. Jenches Store Museum
Sat.: 7/20, 7/27, 8/3, 8/10, 8/17
9 a.m. to 12 p.m.

Dudley Farmers Market
119 West Main St. (at Historical Society)
June – Sept.: Sun., 9 a.m. to 12 p.m.
WIC FMNP, Senior FMNP accepted

East Brookfield/Timberyard Brewing
555 East Main St.
timberyardbrewing.com/farmers-market



Kylie Balentine is primarily a digital illustrator from Maryland. She likes to use a variety of styles and colors to tell stories within her work. See more of her work at <https://sites.google.com/view/kbalentine-portfolio/home>

June – Sept: Sat., 8 a.m. – 12 p.m.

Fitchburg/Upper Common
Upper Common, 857 Main St.
fitchburgfarmersmarket.org
June 8 - Oct.: 2nd Saturday -10 a.m. - 1 p.m.
SNAP/EBT, WIC FMNP, Senior FMNP, HIP accepted

Fitchburg/Wallace Civic Center
Wallace Civic Center Parking Lot, John Fitch Highway, Fitchburg
July-October: Fri., 8:30 a.m. to 12:30 p.m.
SNAP/EBT, WIC accepted

Gardner Farmers Market
62 Waterford St.

May 9 - Oct. 24: Every Thurs., 8:30 a.m. to 12:30 p.m.; 3rd Sat. (6/15, 7/20, 8/17, 9/21), 9:30 a.m. to 1 p.m.
Senior FMNP, WIC FMNP accepted

Grafton Farmers Market
Grafton Common
graftonfarmersmarket.com
June 19 - Oct. 9: Wed., 2 - 6 p.m.

Hardwick Farmers Market
Hardwick Common
June 16 - Oct. 27: Sun., 11 a.m. to 2 p.m.
SNAP/EBT select vendors

Holden Farmers Market
1174 Main St.
holdenma.gov/agricultural-commission
May 14 - Oct. 29: Tues., 3 - 6:30 p.m.
SNAP/EBT, WIC FMNP, Senior FMNP select vendors

Leicester Farmers Market
1230 Main St., Rte 9 West - Castle Cantina lot
June - Oct.: Sat., 9 a.m. to 2 p.m.
WIC FMNP, WIC, Senior FMNP accepted

Oxford Farmers Market
Town Common

REC (Regional Environmental Council)
Worcester Area Farmers Markets
(start June 10, unless otherwise noted)
Call or check website for dates and locations
508-799-9139
recworchester.org/farmers-markets

Autumn Woods
38 Upland Gardens Dr.
Wednesdays, 11:30 a.m. - 12:30 p.m.

Beaver Brook Park (starts June 24)
306 Chandler St.
Mondays & Fridays, 9 a.m. - 12 p.m.

Coes Pond Village Apts.
39 First St.; Tuesdays, 3:30 - 4:30 p.m.

Elm Park Towers
425 Pleasant St.; Wed., 9:30 - 10:30 a.m.

Family Health Center of Worcester
28 Queen St.; Thursdays, 1 - 2 p.m.

Great Brook Valley
69 Tacoma St.; Tuesdays, 4 - 5 p.m.

Green Hill Towers
27 Mount Vernon St., Worcester
Thursdays, 10:30 - 11:30 a.m.

Lincoln Village Apts.
Victoria Center, 116 Country Club Blvd.
Tuesdays, 2 - 3 p.m.

Murray & Wellington Apts.
50 Murray Ave.; Thursdays, 3 - 4 p.m.

Plumley Village
42 Everett Gaylord Blvd.
Wednesdays, 4 - 5 p.m.

Seabury Heights
240-244 Belmont St.; Wed., 2 - 3 p.m.

University Park (starts June 29)
965 Main St.; Saturdays, 9 a.m. - 12 p.m.

Webster Square Towers
1060 Main St.; Tuesdays, 1:30 - 2:30 p.m.

Worcester Senior Center
128 Providence St.; Thurs., 8:30 - 9:30 a.m.

Source: www.recworchester.org/farmers-markets
Email: farmersmarket@recworchester.org
For weather cancellations, call 512-348-1754

FARMERS MARKETS
continued on page 12

SUMMER CONCERT SERIES AT THE SAVANNA GRILLE

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7/6: SHANNA JACKMAN

7/13: JEFFREY THOMAS AND THE ULTIMATE BAND

7/27: SHADY ARMADILLO

8/3: TIMMY BROWN

8/10: THIN ICE

8/31: TIGERLILLY'S JP ROYER AND LILY

9/7: CAROLYN RAE AND THE RUMORS



Southwick's Zoo



PURCHASE TICKETS



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Sundays, 11 am to 2 pm

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- Homemade baked goods
- Backyard picnic classics

286 Mendon St. Blackstone, MA
774 - 627 - 9649
danielsfarmstead.org



SNAP-EBT, HIP, Senior FMNP, WIC, select vendors only



RAINY DAY
continued from page 10

Guided tours are available Thurs. through Sat., at 10:30 a.m. and 2 p.m., and are by-appointment only.

Worcester Art Museum
55 Salisbury St., Worcester

508-799-4406
worcesterart.org
A 35,000-piece collection of paintings, sculpture, decorative arts, photography, prints, drawings and new media, spanning over 5,000 years of art and culture. Special exhibits and events.

Worcester Historical Museum
30 Elm St., Worcester

508-753-8278
worcesterhistory.org
Devoted to local history, includes a research library of over 7,000 titles, an archive with thousands of documents. Special events and programs. Founded as the Worcester Society of Antiquity in 1877 by Samuel E. Staples (1822-1902) at his home at 1 Lincoln Place along with “four history devotees.”



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Day Tripping

Revere Beach

Revere Beach was the first public beach in the US (est. 1875), and is a fun summer trip on any day. On this three-mile-long beach you will find lifeguards, restrooms, a pavilion, playground, bandstand, athletic fields, and fishing. It has handicap-accessible restrooms, beach wheelchairs and beach mats, and paved walkways. Free movie nights on Thursdays in July and Aug. Farmer’s Market every Friday.

Four-hour parking along Revere Blvd, accessible by MBTA Blue Line (Wonderland and Revere Beach). More info at mass.gov/locations/revere-beach-reservation.

Suggestion: Coordinate your visit with the Annual Sand Sculpture Contest in July and you will be forever impressed. Note, you can also visit in the days ahead of the main event to view the process.

Tips: Be prepared for crowds! At times, sections are closed due to Piping Plover nesting, so check ahead.

FARMERS MARKETS

continued from page 11

June - Oct.: 3rd Friday, 2:30 - 6:30 p.m.

Shrewsbury Farmers Market

98 Maple Ave. (Senior Center parking lot)
June 6 – Sept. 12 (no market on 7/4)
Thursdays, 3 - 7:30 p.m.

Southbridge*

11-33 Central St. parking lot
Start June 26: Wed., 10 - 11:30 a.m.

Spencer/Klem’s Farmers Market

117 West Main St., Rte 9
June - Oct. : Sat., 10 a.m. to 2 p.m.

Sturbridge Farmers Market

308 Main St., Town Common
June 2 - Oct. 13: Sun., 9 a.m. to 1 p.m.
sturbridgefarmersmarket.com

Webster Housing Authority*

Golden Heights, Bldg. 19
Start June 26: Wed., 1:30 - 2:30 p.m.

Webster Town Hall*

350 Main St., front lawn
Wednesdays, 3:30 - 4:30 p.m.

West Brookfield Farmers Market

Town Common, Rts. 67 and 9
June - October: Wed., 3- 6 p.m.

Westborough Farmers Market

1100 Union St.
June 13 - Oct. 17: Thurs., 2 - 6 p.m.
westboroughrotary.org/page/farmers-market

Worcester/Out to Lunch Farmers Market

455 Main St., Worcester Common, behind City Hall
June - Aug.: Thurs., 11 a.m. - 2 p.m.
WIC FMNP, Senior FMNP

Worcester/Main South Farmers Market

766 Main St.
June - Oct.: Sat., 10 a.m. - 2 p.m.
WIC FMNP, WIC, Senior FMNP, SNAP accepted

Sources:www.massfarmersmarkets.org/markets, www.nfmd.org/ma

*Regional Environmental Council markets, recworcester.org/farmers-markets

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ase tickets!



Southwick's Zoo

SouthwicksZoo.com Mendon, MA

New England Beaches

The 2024 list was updated with information available at press time. This is not meant to be an exhaustive list but, rather, general guidance. Be sure to confirm details before heading out.

Whether you want to just spend an afternoon at the beach on a warm summer afternoon, or a weekend away in a quaint seaside town, New England offers you lots of options. From state parks to amusement parks, there's a beach for everyone.

Notes: Fees at Cape Cod National Seashore beaches are daily vehicle, \$25; motorcycles, \$20; pedestrians and bicyclists 16 years and older, \$15; annual pass, \$60

Although we have done our best to supply a complete and accurate listing, some details/prices may have changed. Please check with the individual town and beaches for most up-to-date information.

Check public beach closings before you head out, www.mass.gov/info-details/current-public-beach-postings.

For handicap-accessible beaches, consider as a source <https://www.spedchildmass.com/2022/05/17/cape-cod-accessible-beaches-list/>

MASSACHUSETTS

Barnstable

Note: A Barnstable beach pass or daily fee is required to park at town beaches between the hours of 9am – 3:45pm (7am – 3:45pm at Craigville Beach) year round. Daily fee parking is only available in season, and only at Craigville Beach, Hathaway's Pond, Kalmus Beach, Keyes Memorial Beach, Sandy Neck Beach and Veteran's Park Beach.

- **Craigville Beach**, 997 Craigville Beach Rd. Lifeguard, restrooms, showers, food, wheelchair accessible. Daily parking fee.
- **Hathaway's Pond**, 1431 Phinney's P Lane. This small natural kettle hole pond is one of the most popular family ponds on Cape Cod.

Southwick's Zoo illustration on previous page: Julia Rose is a digital illustrator. Rose is currently majoring in Illustration and am working towards a BFA degree at the Massachusetts College of Art and Design. Rose enjoys working in a variety of styles, and aims to evoke the thoughts and emotions of others through her artwork. In the future, she plans to focus on concept design and wishes to become a part of the gaming or animation industry. She also like games, astronomy and cats!

Features a picnic area, a 1.25 mile walking loop, and a roped off guarded swimming area. It's the only pond in Barnstable with parking open to non-residents and daily visitors.

- **Kalmus Beach**, 670 Ocean St., Hyannis. \$15 Mon-Fri, \$50 a week. \$200 for a seasonal permit. Reduced price resident and handicap parking. Lifeguard, bathrooms, food.
- **Sandy Neck Beach**, 425 Sandy Neck Rd., West Barnstable. Lifeguard, restrooms, food, wheelchair access, and beach wheelchair. Off-road vehicles are allowed with permit.
- **Sea Street Beach**, 175 Ocean Ave., Hyannis. Lifeguard, bathrooms, food, handicap parking. No dogs.
- **Veterans' Memorial Park Beach**, 480 Ocean St., Hyannis. Lifeguard, restroom, food. No dogs.

Bourne

- **Monument Beach**, Shore Rd., Pocasset. Large beach with lots of room, volleyball space, bathrooms, concessions, life guards. Salt water is calm. Parking sticker required.

Brewster

brewster-ma.gov/beach-information

- **Breakwater Beach**, Breakwater Rd. Mild water temperature, calm water, luscious sand, gentle dunes, and tidal flats with fun tidal pools. No lifeguard, portable toilets. Daily parking fee.
- **Crosby Landing**, 276 Crosby Lane. No lifeguard, long walk at low tide, portable toilet, no dogs.
- **First Light Beach**, 3057 Main St. Cape Cod's newest beach (2022 purchased from old Cape Cod Sea Camps). No lifeguard, no dogs. Portable toilet, rocky terrain, warm salt water.
- **Linnell Landing**, Linnell Landing Rd. No lifeguard, no dogs. Portable toilet, warm salt water.

- **Paine's Creek Beach**, Paine's Creek Rd. No lifeguard, no dogs. Portable toilet, warm salt water. Marshy, jetty-lined beach.
- **Robbins Hill Beach**, Robbins Hill Rd. Tidal pools, calm, rocky at low tide. Portable toilet.

Chatham

www.chathaminfo.com/beaches

- **Cockle Cove Beach**, 435 Cockle Cove Rd., So. Chatham. Lifeguard, portable toilet, no dogs.
- **Forest Beach**, Forest Beach Rd., So. Chatham. No lifeguard, no restrooms, no dogs. Free parking.
- **Hardings Beach**, Hardings Beach Rd. Lifeguard, food trucks, restrooms, no dogs. Every parking spot has easy access to the beach. One mile walk down the beach to Stage Harbor Lighthouse. Residents may purchase stickers at the booths or at 261 George Ryder Rd.
- **Lighthouse Beach**, 30 Main St. Close to downtown and lighthouse, limited parking. No lifeguard, no dogs. Portable toilet. Free 30-minute parking.
- **North Beach**, accessible only by boat or 4WD vehicle with an oversand permit. No

lifeguard, no restrooms, no dogs. Cool salt water, pristine views, active shark area.

- **Oyster Pond Beach**, 80 Stage Harbor Rd. Lifeguard, restrooms and rinse station, no dogs, free parking (60 spots) but fills up early.
- **Pleasant Street Beach**, Pleasant St., So. Chatham. No lifeguard, no restrooms, no dogs. Easy access for kayakers, windsurfers, boaters. Free parking (12 spots).
- **Ridgevale Beach**, 431 Ridgevale Rd. Lifeguard, portable toilets, no dogs. Warm, gentle water with tidal pools and seaweed.



Illustration by Yuqi Tian

Snack shack also rents kayaks, paddle boards, sail boats, beach supplies. Daily parking pass required.

Dartmouth

town.dartmouth.ma.us/265/Public-Parks-Beaches-Division

- **Apponagansett Beach**, 77 Gulf Rd. Lifeguard, volleyball and basketball courts, playground, food. Daily parking pass required.
- **Jones Park & Beach**, 66 St. John St. Lifeguard, bathhouse, softball field, horseshoe pits, playground. Daily parking pass required.

Dennis

town.dennis.ma.us/781/Beach-Department

- **Chapin Memorial Beach**, Chapin Beach Rd, off Route 6A. Lifeguard, portable toilet, no dogs. Known for tidal flats. Fishing, four-wheel vehicles allowed. Daily parking pass required.
- **Corporation Beach**, 250 Corporation Rd., off Route 6A. Lifeguard, restrooms, snack bar, playground, no dogs. Handicapped-friendly.
- **Depot Street Beach**, Depot St., Dennis Port, off Route 28. No lifeguard, no restrooms, no parking, no dogs.
- **Glendon Road Beach**, Glendon Rd., off Route 28. Lifeguard, restrooms, food nearby.
- **Haigis Beach**, Old Wharf Rd., off Route

28. Lifeguard, portable toilet, no dogs. Narrow and rocky.

- **Howes Street Beach**, Howes St., off Route 6A. Lifeguard, no restrooms, no dogs. Requires a climb through the dunes. Next to Corporation Beach.
- **Inman Road Beach**, Inman Rd., Dennis Port, off Route 28. Lifeguard, portable toilet, no dogs. Daily parking pass required.
- **Mayflower Beach**, Dunes Rd., Dennis. Lifeguard, restrooms, food, no dogs. Clean, white sand, gets crowded, warm salt water.

Information

Town of Eastham daily passes and Visitor Beach stickers are not valid at the Cape Cod National Seashore (ocean beaches).

- **Campground Beach**, 500 Shurtleff Rd. No lifeguard, no dogs. Portable toilet. Faces west for amazing sunset views.
- **Coast Guard Beach**, 2 Ocean View Dr. Lifeguard, restrooms, satellite parking. No dogs. Cool water and open views of the Atlantic, watch for seals and sharks. Daily parking pass required.
- **Cole Road Beach**, Cole Rd. Portable toilet, no lifeguard, no dogs. Small beach, limited parking, sticker must be purchased ahead of time.
- **Cooks Brook Beach**, Steele Rd. Restrooms, no lifeguard, no dogs.
- **Dyer Prince Area**, Dyer Prince Rd. No lifeguard, no restrooms, no dogs. Requires short hike through seagrass-lined paths. Watch boats coming in and out of the harbor.
- **First Encounter Beach**, Samoset Rd. Lifeguard, restrooms, no dogs. Alleged first contact between the Pilgrims and Native Americans in 1620. Popular with children for searching in tidal flats, good for kite surfers and windsurfers.
- **Great Pond**, Great Pond Rd. Lifeguard, portable toilet, no dogs. Great Pond has two public beaches (Great Pond Beach and Wiley Park). Great Pond Beach sits on the east side of the pond and has a roped off area for swimming. There's also a boat ramp for launching kayaks and sailboats. Parking lines the street but there's no attendant, so be sure to purchase a weekly or seasonal sticker ahead of time. Wiley Park on the opposite end of the pond offers daily parking passes.
- **Herring Pond Beach**, 460 Herring Brook Rd. Portable toilet, no lifeguard, no dogs. Freshwater pond, shallow waters.
- **Nauset Light Beach**, Ocean View Dr. Lifeguard, restrooms, no dogs. Swimming, surfing, active shark area. Part of Cape Cod National Seashore, backed by high dunes. Handicapped-accessible restrooms.
- **Thumpertown Beach**, Thumpertown Rd. off Route 6. Portable toilet, no lifeguard, no dogs. Accessible via staircase.
- **Wiley Park**, 1400 Herring Brook Rd. Lifeguard, restrooms, no dogs on beach (dog-friendly walking trails nearby). Freshwater beach on Great Pond, playground, kids will like jumping off dock.

Falmouth

www.falmouthma.gov/151/Beach

- **Falmouth Heights Beach**, Grand Ave. Lifeguard, portable toilet, no dogs. Secure parking pass ahead of time. Lively atmosphere and stunning views of Nantucket Sound, warm salt water.
- **Grew's Pond**, Goodwill Park, Gilford St. Lifeguard, portable toilet, free parking, no dogs. Falmouth's only freshwater beach,

BEACHES

continued on page 17

BEACHES

continued from page 17

and boogie boarding during low tide, ideal for strong swimmers and surfers.

- **Low Beach**, between Sconset and Tom Nevers Pond. No lifeguard or facilities, surf can be heavy with strong currents. Sweeping views.
- **Madaket Beach**, 6 Ames Ave. No lifeguard, no restrooms. Severe erosion, caution is urged.
- **Miacomet Beach**, 36 West Miacomet Rd. Lifeguard in some areas, parking, no facilities or food. Surf and rip currents can be dangerous.
- **Miacomet Pond**, 178 Miacomet Ave. No lifeguard, no facilities. Freshwater pond, good for young children. Snapping turtles may be encountered.
- **Nobadeer Beach**, 69 Nobadeer Ave. Lifeguard, food trucks, plenty of surf, difficult to access due to steep incline, popular with youth.
- **Pebble Beach** (see Tom Nevers Beach below)
- **Quidnet Beach & Sesachacha Pond**, Sesachacha Rd. off Quidnet Rd. No lifeguard, no facilities, no food, little parking. No waves, no seaweed. Kayaking and sailing but bring your own equipment. Accessible via a short walk over the dunes. Sand is fine and soft. Good shelling, good view of Sankaty Light.
- **Sconset Beach** (see Siasconset Beach below)
- **Siasconset Beach (aka 'Sconset Beach)**, 18 Ocean Ave. Lifeguard. Short walk to food and restrooms in the village of 'Sconset. Suitable for senior citizens (no steep inclines), accessible by NRTA shuttle. Surf can be heavy with strong currents.
- **Steps Beach**, 23 Lincoln Ave. No lifeguard or facilities, limited parking. Gentle surf, sandbar, steep steps, lovely views. Bioluminescent creatures can be seen in the water at night in Aug. and Sept.
- **Surfside Beach**, end of Surfside Rd.

Lifeguard, restrooms, showers, food. Good for shelling in early morning, surfcasting in evening. Getting to the shoreline from the parking lot requires a long walk through gently sloping, soft sand.

- **Tom Nevers Beach (aka Pebble Beach)**, 51 Wanoma Way. No lifeguard, no facilities. Heavy surf, coarse sand, sometimes foggy, access can be difficult. Excellent surfcasting.
- **Washing Pond Beach (aka Water Tower Beach)**, 38 Washing Pond Rd. No lifeguard, no facilities. Tide pools, few waves, no stairs but must trek down dune path to reach beach. Beach ends at retaining wall. Good shelling.
- **Water Tower Beach** (see Washing Pond Beach above)
- Orleans**
town.orleans.ma.us/544/Natural-Resources--Beaches
- **Crystal Lake**, Monument Rd. Portable toilet, no lifeguard. Freshwater, swimming, canoeing, kayaking, stocked with fish, limited parking.
- **Nauset Beach**, Beach Rd., East Orleans, off Route 28. Lifeguard, restroom, food. Cold water, seal sightings, popular area for sharks so use caution when swimming. Hosts summer concert series.
- **Pilgrim Lake**, Herring Brook Way. Restroom facilities, no lifeguard, free parking, shady areas. Freshwater pond for swimming and kayaking, shallow marshy waters.
- **Rock Harbor**, Bay View Rd. Portable toilet, no lifeguard, free parking. Small marshy beach, explore flats at low tide. Swimming and boating prohibited in the channel.
- **Skaket Beach**, Skaket Beach Rd., off Route 6A on the east end of the Cape Cod Canal. Lifeguard, restrooms and rinse station, food. Tidal flats ideal for kids. Parking stickers may be purchased at the Nauset Beach Administration Building.
- Plymouth**
[seeplymouth.com/listings/things-to-do/outdoors-and-adventure/beaches-parks-](http://seeplymouth.com/listings/things-to-do/outdoors-and-adventure/beaches-parks-and-gardens)

and-gardens

- **Fresh Pond**, 220 Bartlett Rd. Lifeguard, bathhouse. No kites or drones, no jet skis; dogs must be on a 6ft leash and under control at all times. Daily parking pass required.
- **Hedges Pond Recreational Area and Preserve**, 158 Hedges Pond Rd. Lifeguard, restrooms, horseshoe pits, beach volleyball court, tennis courts, basketball court, playground, hiking trail.
- **Morton Park**, Morton Park Rd. Lifeguard is on Main Beach only. Bathhouse, portable toilet, beach wheelchairs.
- **Nelson Memorial Beach Park**, Water St. Restrooms, food, playground, benches and picnic tables, splash pad, handicap accessible, free parking.
- **Plymouth Beach and Long Beach**, 136 Warren Ave. Lifeguard, restrooms, food. Dogs allowed in certain areas.
- **Whitehorse Beach**, Taylor Ave. Lifeguard, portable toilets, limited number of beach wheelchairs available. Watch for shark alert flags.
- Provincetown**
nps.gov/caco/planyourvisit/fees.htm
- **Cape Cod National Seashore** beach entrance fees are collected daily from late June through Labor Day, and on weekends and holidays from Memorial Day to the middle of Sept. at select beaches. All passes (including the America the Beautiful series) are only sold during the months that the fees are collected. The six national seashore beaches where fees are collected are Coast Guard and Nauset Light in Eastham, Marconi in Wellfleet, Head of the Meadow in Truro, and Race Point and Herring Cove in Provincetown. Passes can only be purchased at those locations (they are not sold at park visitor centers).

Quincy

- quincyma.gov/departments/natural_resources/park/beaches.php
- **Nickerson Beach**, Dorchester St. MBTA accessible, limited on-street parking. Views of Boston Harbor Islands.
- **Wollaston Beach**, Quincy Shore Dr. Lifeguard, bathhouse with public restrooms, playground, food, beach wheelchairs. Free on-site parking.

Revere

- mass.gov/locations/revere-beach-reservation
- **Revere Beach**, Revere Beach Blvd. Lifeguard, restroom, pavilion, playground, historic site, bandstand, athletic fields, fishing, beach wheelchairs and beach mat, paved walkways, accessible restrooms. At times, sections closed due to Piping Plover nesting. Four-hour parking available, accessible by MBTA. First public beach in the US.

Rockport

- **Back Beach**, Beach Street. Rocks and sand, gentle current, toilets. Limited meter parking. Shuttle trolley for visitors from downtown.
- **Cape Hedge Beach**, end of South Street. No services. Very limited private parking available.
- **Front Beach**, Beach Street. Lifeguard, portable toilet, food nearby. Limited meter parking. Shuttle trolley for visitors from

downtown.

- **Long Beach**, Thatcher Rd./off Rte 127A. Lifeguard. Beach is long, flat and sandy, and crosses border of Gloucester and Rockport. Includes two lighthouses on Thatcher's Island. No public parking on Gloucester end; Rockport requires sticker (purchase at Rockport Chamber of Commerce or Rockport Town Hall).
- Sagamore**
mass.gov/locations/scusset-beach-state-reservation
- **Scusset Beach State Reservation**, 20 Scusset Beach Rd. Lifeguard, restrooms, showers, picnic area, nature center, bicycling. Swimming, fishing, hiking, camping, educational programs. Accessible restrooms, boardwalk, beach mat, beach wheelchairs, trail, fishing.
- Salisbury**
salisbury.beach@state.ma.us
- **Salisbury Beach**, Beach Rd., in the Salisbury State Reservation. Swimming, boating, fishing, trailer camping, bathhouse, comfort stations, boardwalks, pavilion, playground. Beach mat and beach wheelchair available.
- South Boston**
mass.gov/locations/castle-island-pleasure-bay-m-street-beach-and-carson-beach
- **Carson Beach (aka L Street Beach)**, South Boston. Lifeguard, restrooms, rinsing showers, boardwalk, beach mat, beach wheelchairs, fishing, biking.
- Truro**
truro-ma.gov/beach-office/pages/beach-list-information
- **Ballston Beach**, Route 6 to South Pamet Rd. Ocean beach with heavy surf and occasional dangerous undertow. No lifeguard, no snack bar. Parking before 4 p.m. is only for town residents and guests staying in Truro (parking sticker required).
- **Corn Hill Beach**, Off Route 6. Portable toilet. No lifeguard, no food. Handicap accessible, beach wheelchairs available. Daily parking available.
- **Head of the Meadow Beach**, North Truro. Lifeguard, portable toilet, food, volleyball court, handicap accessible, handicap beach wheelchairs. Daily parking available.
- **Longnook Beach**, end of Long Nook Rd. Boogie-boarding, nude sunbathing. Parking sticker required.
- **Pond Village Beach**, Pond Rd., Handicap parking, fishing. Parking sticker required.
- Ryder Beach, Ryder Beach Rd. Portable toilet, no lifeguard, handicap parking, parking sticker required.
- Wareham**
savebuzzardsbay.org/places-to-go/
- **Onset Beach**, 182 Onset Ave. Lifeguard, restrooms, showers, food, metered parking. Swimming, beachcombing, shellfishing, paddling, fishing.
- **Swifts Neck Beach**, 15 Roby St. Restrooms, no lifeguard. Swimming, shellfishing, paddling, boating. Parking for a fee.
- Wellfleet**
www.wellfleet-ma.gov/beaches
- **Burton Baker Beach**, 183 Samoset Ave. No

BEFORE YOU GO

Before you head out the door, be sure to:

- **Confirm information**
- **Check public beach closings:** www.mass.gov/info-details/current-public-beach-postings
- **Check Tides & Weather:** www.usharbors.com/harbor/massachusetts

lifeguard. Restroom available. Sticker required.

- **Cahoon Harbor Beach**, 1140 Cahoon Hollow Rd. Lifeguard, food, restrooms. Parking for a daily fee.
- **Duck Harbor Beach**, Duck Harbor Rd. Handicap restroom available, no lifeguard, no food.
- **Indian Neck Beach**, 235 Nauset Rd.. Restrooms available, parking sticker required. Lecount Hollow Beach (see Maguire's Landing below)
- **Maguire's Landing (aka Lecount Hollow Beach)**, 500 Lecount Hollow Rd. Lifeguard, handicap restroom, food. Parking sticker required.
- **Marconi Beach**, 99 Marconi Site Rd., National Seashore. Lifeguard, handicap restroom. Parking for a daily fee.
- **Mayo Beach**, 35 Kendrick Ave. Free parking. No bathrooms, no lifeguard, no food.
- **Newcomb Hollow Beach**, 1175 Gross Hill Rd. Lifeguard, handicap restroom, food. Parking sticker required.
- **White Crest Beach**, 520 Ocean View Dr. Lifeguard, handicap restroom, food. Parking for a daily fee.

Westport

- mass.gov/locations/horseneck-beach-state-reservation
- **Horseneck Beach State Reservation**, 5 John Reed Rd. Lifeguard, showers, playground, wheelchair accessible. Beach mat provided, beach wheelchairs available, accessible restrooms. Beach has cobblestones, you may not be able to get to the water in a beach wheelchair; you will not be able to go into the water in a floating beach chair if lifeguard determines surf conditions are too risky.

Yarmouth

- <https://www.yarmouth.ma.us/652/Beaches>
- **Bass Hole Beach**, off Center St., Yarmouth Port. Restrooms, no lifeguard. Boardwalk, pavilion, picnic area. Paid parking.
- **Bass River Beach** (see Smuggler's Beach below)
- **Bay View Beach**, end of Bay View St. (road past Cape Cod Hospital parking lot). No lifeguard, portable toilet. Handicap accessible.
- **Colonial Acres Beach**, end of Standish Way. No lifeguard, portable toilet, small beach.
- **Englewood Beach**, end of Berry Ave. West

BEACHES

continued on page 19

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BEACHES

continued from page 18

Yarmouth. No lifeguard, no restrooms. Handicap accessible, jetty, marina, small beach.

- **Parker's River Beach**, off South Shore Dr., So. Yarmouth. Bathhouse, shower, food, playground, concrete walk on seawall.
- **Seagull Beach**, off Seagull Rd., off South Sea Ave. No lifeguard. Large parking lot. Bathhouse, food, handicap accessible.
- **Sea View Beach**, off South Shore Dr., So. Yarmouth. No lifeguard. Portable toilet, concrete walk on seawall, picnic area. Paid parking.
- **Smuggler's Beach (fka Bass River)**, South Shore Dr., So. Yarmouth. No lifeguard. Bathhouse, food truck, boat ramp, fishing deck. Paid parking.
- **Thatcher Park Beach**, 61 South Shore Dr., So. Yarmouth. No lifeguard, no restrooms. You'll need to navigate a small set of stairs to get to beach. Free parking (19 spaces).
- **Wilbur Park**, Highbank Rd., So. Yarmouth. No lifeguard, no facilities.
- **Windmill Beach**, River St., off Rte 28, So. Yarmouth, site of the Judah Baker Windmill (circa 1791). Tiny beach, only 4 parking spots, no lifeguard, no facilities. Food nearby. A quiet sandy beach overlooking the Bass River; stairs lead down to beach. Parking sticker required.

MAINE

visitmaine.com/places-to-go/the-maine-beaches

Cape Elizabeth

- **Crescent Beach State Park**, 109 Bowery Beach Rd. Picnic area, playground, snack bar, bathhouse. Open sunrise to sunset Memorial Day to Columbus Day. Admission fee.

Georgetown

- **Reid State Park**, Route 127. Picnic areas with grills, snack bar, bathhouses with fresh water, showers and toilets. Entrance fee. Partially closed due to storm damage.

Kennebunk

- **Kennebunk Beaches**, off Route 9. Three beaches connected by sidewalks: Gooch's Beach, Middle Beach, Mother's Beach. Lifeguard at Gooch's and Mother's. Park in spots along the beaches, a beach pass is required to park at the beach, available at beach kiosks or at Town Hall.

Ogunquit

- **Ogunquit Beach**, 124 Beach St. Lifeguard, food, restrooms. Paid parking available.

Old Orchard

- **Old Orchard Beach**, 11 First St. Seven miles of beach. Lifeguard on duty, food concessions, amusements. Nearby private lots.

Saco

- **Bayview Beach**, Bayview Rd./Seaside Ave. Popular, accessible beach destination located between Kinney Shores and Ferry Beach State Park. Lifeguard on duty from mid-June to late August.
- **Kinney Shores**, Oceanside Dr., just south of Bayview Beach. Wide shoreline and tidepools adjacent to Goosefare Brook.
- **Ferry Beach State Park**, 95 Bayview Rd.

Swimming, picnic area, 117-acre park, trail hiking, nature programs.

Scarborough

- **Ferry Beach**, Ferry Rd. No lifeguard. Restrooms with showers, food, surfing, surf casting. White sandy beach. Parking for a fee.
- **Higgins Beach**, 34 Ocean Ave. No lifeguard. Restrooms with showers, surf casting, boogie boarding, shelling, walking. Parking at 39 Ocean Ave (off Route 77/Spurwink Rd.) and limited on-street parking.
- **Pine Point Beach (Hurd Park)**, Avenue 5 off King Street. No lifeguard. Restrooms with showers, surf casting, surfing, food. Parking for a fee.
- **Scarborough Beach** - State Park, 418 Black Point Rd. Lifeguard, restrooms, food. Daily rentals of chairs, umbrellas, boogie boards, surfboards, paddleboards, kayaks. Paid parking available.

Wells

- **Crescent Beach**, Ocean Ave. Quiet beach. Parking available at the Gold Ribbon Avenue lot off Webhannet Drive.
- **Drake's Island Beach**, off Route 1. Lifeguard and restrooms. Limited free parking.
- **Moody Beach**, end of Ocean Ave. Restrooms. You can walk for miles on Moody Beach, which becomes North Beach, then • **Footbridge Beach**, then Ogunquit Beach. Paid parking.

- **Wells Beach**, 100 Atlantic Ave. Daily parking available.

- **Wells Harbor Beach**, end of Harbor Rd. No lifeguard. Restroom, playground, picnic tables, free parking. Lots of sand bars and tidal pools with crabs.

York

- **Short Sands Beach**, in Ellis Park, off Route 1A. Lifeguard, restrooms, playground, gazebo, basketball courts, food, one beach wheelchair available. Free concerts and entertainment in the park.
- **Long Sands**, off Route 1A. Lifeguard, restrooms, surfing, raft and umbrella rentals, one beach wheelchair available. Metered parking. Handicapped parking and access ramps near the bathhouse.

NEW HAMPSHIRE

visit-newhampshire.com/seacoast/beaches

Hampton

- **Hampton Main Beach**, at Ocean Blvd. Band shell with amphitheater, comfort station, first aid. Metered parking along Ocean Blvd.
- **Hampton State Beach**, Route 1A. Lifeguard, restrooms, parking, food, soft and white sand, tide pools, massive natural wall of rocks. Parking for a fee.
- **North Beach (aka The Wall)**, Route 1A, Hampton Beach. Lifeguard, bathhouse, handicap accessible (across from 18th Street). Limited metered parking.

North Hampton

- **North Hampton State Beach**, Route 1A. Lifeguard. Walk to restrooms on Ross Ave., and at North Beach and Jenness Beach.

Rye

- **Jenness State Beach**, 2280 Ocean Blvd. Lifeguard, bathhouse, picnicking. Metered parking.

- **Wallis Sands State Beach**, 1050 Ocean Blvd. Lifeguard, bathhouse, showers, store, admission fee by vehicle.

RHODE ISLAND

visitrhodeisland.com/things-to-do/beaches-water-sports/beaches/state-beaches/

Block Island

- **Charleston Beach**, Champlin Rd. Fence to lock bikes. Path to beach, not ideal for swimming. No services available. Limited parking.
- **Crescent Beach** (see Fred Benson Town Beach)
- **Fred Benson Town Beach** (aka Crescent Beach), 7 Corn Neck Rd. Lifeguard, restrooms, food, showers, lockers, snacks. Daily rentals available (chairs, umbrellas, cabanas, boogie boards).
- **Mansion Beach**, Corn Neck Rd. Not easily accessed. No services. Waves good for body surfing and beach combing.
- **Scotch Beach**, Scotch Beach Rd. No lifeguard, no facilities (but can walk to nearby Fred Benson Town Beach). Big waves, few rocks, great for body surfing and boogie boarding.

Jamestown

- **Mackerel Cove**, 1-53 Beavertail Rd. Lifeguard, restroom, lemonade food truck. Paid parking.

Middletown

- **Sachuest Beach (aka Second Beach)**, 315 Sachuest Point Rd. Lifeguard, restrooms, showers, food, picnic area, surfboard lessons and rentals. Paid parking.

Narragansett

- **Roger W. Wheeler State Beach (fka Sand Hill Cove)**, Sandy Hill Cove Rd. Lifeguard, coin-operated hot shower, picnic tables, playground. Paid parking.
- **Salty Brine State Beach** (formerly Galilee

State Beach), Route 108, Galilee. Lifeguard, restroom, coin-operated hot showers, food, boardwalk along the jetty with overlook platforms and decks. Electricity for the facilities is powered by a small wind turbine.

- **Sand Hill Cove** (see Roger W. Wheeler State Beach above)
- **Scarborough State Beach**, 870 Ocean Rd. Lifeguard, food, gift shop, hot and cold showers, picnicking, surfing, concrete boardwalk with gazebos, an observation tower, and observation glasses. Paid parking.

Newport

- **Easton's Beach (aka First Beach)** 175 Memorial Blvd. Restrooms, food trucks, playground, carousel, aquarium. Newport's largest beach and recreation area. Paid parking.
- **First Beach** (see Easton's Beach above) Fort Adams State, Ocean Dr. Lifeguard, restrooms (wheelchair accessible), showers, picnic area. Small beach overlooks Newport Harbor with calm water and a roped-off swimming area perfect for kids. Free parking.
- **Gooseberry Beach**, 123 Ocean Ave. Located within a protective cove, minimal waves. Lifeguard, food. Paid parking.

- **King Park Beach**, Wellington Ave. Restroom, food, playground, gazebo.

South Kingstown

- **East Matunuck State Beach**, 950 Sucotash Rd. Lifeguard, accessible restroom, indoor heated showers, shade pavilion, beach wheelchairs available, electric vehicle charging, picnicking. Parking fee.
- **Town Beach at Matunuck**, Matunuck Beach Rd. Restrooms, pavilion with showers, vending area, picnic areas. Beach pass required.

Tiverton

- **Fogland Beach**, Fogland Rd. Lifeguard, restroom, showers, food, playground, wind-

surfing, kayaking, stand-up paddleboarding, kite surfing, trash carry-in/carry-out. Daily parking available.

Warwick

- **Buttonwoods Beach**, Asylum Rd. Walking, swimming, restrooms, picnic area, playground, sports field/courts. Scenic views overseeing Greenwich Bay.
- **Conimicut Point Beach**, Point Ave. Scenic waterfront park and launch site for canoes and kayaks, with sandy beaches, a picnic area, playground, and views of Conimicut Point Lighthouse.
- **Gorton Pond**, 3011 Post Rd. Freshwater site, 58 acres with a small public access beach, boating via a boat ramp, handicapped-accessible fishing dock.
- **Oakland Beach**, end of Oakland Beach Ave. Bay inlet saltwater beach, food nearby. Swimming, playground, classic car cruise nights, handicap accessible boat ramp and kayak launch (on Bay Ave.).

Westerly

- **Carousel Beach** (see Watch Hill Merry-Go-Round Beach below)
- **Misquamicut State Beach**, 257 Atlantic Ave. Lifeguard, restrooms, food, outdoor showers and heated indoor showers, electric vehicle charging, playground, accessible beach wheelchairs. Parking fee.
- **Watch Hill Merry-Go-Round Beach** (aka Carousel Beach), 153 Bay St. Home of the flying horses carousel since 1888. Lifeguard, restroom, beach showers, rentals, mobi-chair beach wheelchair and mobi-mat available.



FLOORING SALE

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- **Stair Runners**
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Outdoor Activities

MINI GOLF

Bogey Lanes

199 North Brookfield Rd., East Brookfield
508-867-6629
bogeylanes.com
Candlepin, minigolf, pool tables, arcade, etc.

Crystal Caves

790 Southbridge St., Auburn
508-832-0797
18 holes of minigolf, eight batting cages, trampolines, ice cream

Kimball Farm Miniature Golf

400 Littleton Rd., Westford
978-952-8100
kimballfarm.com

A sundae tradition for 85 years, also 50 acres of fun activities including minigolf, bumper boats, batting cages, and more

Mulligan's Miniature Golf

124 Leominster Rd., Sterling
978-422-5022
mulligansminigolf.com
Glow-in the-dark minigolf on Wed. in July and Aug.

West End Creamery

481 Purgatory Rd., Whitinsville
508-234-2022
westendcreamery.com
Ice cream, minigolf, adventure farm with 25+ farm-themed games and activities

COOL OFF

Assabet Park Splash Pad

20 Gale St., Northborough
508-393-5034
Free, town-run, everyone welcome.

Breezy Picnic Grounds & Waterslides

520 Northwest Main St., Douglas
508-476-2664
breezysummer.com
Three 300-foot water slides with unlimited

rides, lake swimming, picnic grounds

Davis Farmland Play & Spray

145 Redstone Hill Rd., Sterling
978-422-6666
davisfarmland.com/spray
Two spray pads (toddlers, multi-ages), slip & slide, inflatable waterslide, and more.

Regatta Point

Quinsigamond State Park, Worcester
Hopkinton State Park
508-757-2140
info@regattapoint.org
Summer Camps, sailing and paddling memberships, kayak, SUP and paddle boat rentals, sailing lessons.

VISIT

Bancroft Tower

Bancroft Tower Rd.
508-799-1190
parksprite.org/bancroft-tower
Built in 1900, Bancroft Tower offers a unique look at the surrounding lands of Worcester.

Boundless Adventures

154 River Rd. W., Berlin
978-293-8696
boundlessadventures.net/ma-park
Aerial adventure park, 9 total courses, night

climbing too. Minimum age 7 years old, no height minimum, maximum weight is 265 pounds.

Davis Farmland

145 Redstone Hill, Sterling
978-422-6666
davisfarmland.com
Adventureland, Imagine Acres, animals, child-size pretend village, play & spray, and more. Note, they are cashless.

Green Hill Park Farm

Green Hill Parkway, Worcester
508-799-1190
worcestermma.gov/parks/activities/green-hill-park-farm
Largest public park in Worcester with over 480 acres, the farm hosts many animals including alpacas, chickens, llamas, a mini-horse and more. Free.

Indian Princess Riverboat Cruises

(at Indian Ranch)
200 Gore Rd., Webster
508-943-3871
indianranch.com/cruises
Several cruises available aboard the historic paddlewheel boat.



Josh Kim is an illustrator from Andover, Massachusetts. His favorite medium to work with is digital illustration, and he enjoys sharing his creations with other people. See more of his work on Instagram: @hanzydraws

New England Botanic Garden at Tower Hill

11 French Drive, Boylston
508-869-6111
nebg.org
Offers year-round garden viewing, trail walking, educational programs, and more.

Southwick's Zoo

2 Southwick St., Mendon
800-258-9182
southwickszoo.com
New England's largest zoo with over 850 animals representing 150 different species from around the world. There are rides, attractions, shows, and animal encounters (giraffe, rhino, sloth). Visitors can also enjoy a variety of attractions including the Skyfari SkyRide, Woodland Express Train, Soaring Eagle Zip Line, 35-acre Deer Forest, petting zoo, walk-through aviary, presentations and keeper talks, the Rainforest Adventure Maze, the EARTH Discovery Center, and more.

WooSox

Polar Park, 100 Madison St, Worcester
508-500-1000
milb.com/worcester
Triple-A Affiliate of the Boston Red Sox.

Worcester Bravehearts

Hanover Insurance Park at Fitton Field
1 College St., Worcester
508-793-2011
worcesterbravehearts.com
Summer collegiate baseball team that plays in the Futures Collegiate Baseball League of New England, family-friendly fun all summer long.

Worcester Smiles

Foley Stadium, 305 Chandler St.
508-753-9002
United Women's Soccer franchise based in Worcester.

DISC GOLF

Barre Falls Dam

Coldbrook Rd., Hubbardston



Illustration by Vincent Lagrant

Buffumville Lake

229 Oxford Rd., Charlton
18 professional holes, 12 amateur holes for all ages

Charlton Woods

73 Jones Rd., Charlton
18 holes

Hodges Village Dam

Howarth Rd., Oxford
13 holes, hilly and wooded

Maple Hill

132 Marshall St., Leicester
Beginner friendly and championship level course. A 18-hole course with five configurations.

Newton Hill

299 Highland St., Worcester. 18 holes, mostly hilly

Oakholt Disc Golf

80 Lake Rd., Brookfield
40 acres, 18 holes

Oak Middle School

45 Oak St., Shrewsbury
9 holes, Hole 1 at corner of football track behind school.

Pyramids

103 Marshall St., Leicester
18 holes, est. 1988
Rapsallion DGC
195 Arnold Rd., Fiskdale
One course, 18 holes. Children under 10, senior citizens, and veterans play for free.
Webster Fish and Game Club
91 Gore Rd., Webster
18 holes on 17 acres, stroller friendly

OUTDOORS

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OUTDOORS

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PARKS & TRAILS

Ashland State Park
156 West Union St., Ashland
508-881-4092
Mass.gov/locations/ashland-state-park
Wheelchair accessible, dog-friendly, parking fees (no cash)

Blackstone River and Canal Heritage State Park
287 Oak St., Uxbridge
508-278-7604
mass.gov/locations/blackstone-river-and-canal-heritage-state-park
Free parking. Wheelchair accessible, dog-friendly, historic site

Blackstone River Greenway
1-99 Adams St., Uxbridge
trailink.com/trail/blackstone-river-greenway
Wheelchair accessible, horseback riding, fishing, inline skating, biking, walking.

Brimfield State Forest
86 Dearth Hill Rd., Brimfield
413-245-9966
Mass.gov/locations/brimfield-state-forest
Parking fees, dog-friendly, hiking, walking, horseback riding, fishing.

Dean Pond Recreation Area
86 Dearth Hill Rd., Brimfield (located in the western portion of Brimfield State Forest off Rte. 20)
413-267-9687
thelastgreenvalley.org/member-directory/

brimfield-state-forest-dean-pond-recreation-area
Boating, fishing, swimming, scuba diving, swimming, slash-pads, some fees, 100 feet of beach.

Doane's Falls
Athol Rd., Royalston
alltrails.com/trail/us/massachusetts/doanes-falls
About a half-mile out-and-back trail, kid-friendly, hilly, waterfall, river, views.

Douglas State Forest
107 Wallum Lake Rd., Douglas
mass.gov/locations/douglas-state-forest
Parking fees, wheelchair accessible, dog-friendly, swimming, boating, fishing, and more.

Mass Central Rail Trail
Location, visit interactive map at masstrail-tracker.com/?trail=mcrt
masscentralrailtrail.org
18 Connecting trails on 104 miles of protected land over 26 communities from Boston to Northampton.
Hop on in Holden, Rutland, Barre, Hardwick, Sterling and Ware

Moore State Park
1 Sawmill Rd., Paxton
mass.gov/locations/moore-state-park
Dog-friendly, historic site, 400 acres that include stone mill foundations, a restored sawmill, and a network of wooded paths.



Boston based artist Laura Buscemi is currently an undergraduate student studying Illustration at the Massachusetts College of Art and Design. Her work is comprised of colorful storytelling imagery created using a range of traditional and digital mediums. Particularly enjoying portraits and food illustrations, she incorporates graphic qualities to create a unique aesthetic while holding true to a traditional approach. She's had a hand in a few public art projects within the Boston area and is always exploring new ways to express herself through her work. See more of her work at: <https://laurarosebuscemi.wixsite.com/laurabuscemi> or on IG: @the.angelic.artist

Royalston Falls
Route 32, Royalston
thetrustees.org/place/royalston-falls
Follow a descending trail that leads to a deep, ancient gorge carved by prehistoric glacial meltwater to 45-foot falls that plunge into a basin. Strenuous and slippery, use caution.

Rutland State Park
49 Whitehall Rd., Rutland
mass.gov/locations/rutland-state-park
Parking fee, dog-friendly, 300 acres for hiking, biking, canoeing and kayaking, fishing, swimming, horseback riding,, etc.

Spencer State Forest
51 Howe Rd., Spencer
508-886-6333
Mass.gov/locations/spencer-state-forest
Free parking, dogs must be on leash, historic site, 965 acres for hiking, biking, canoeing and kayaking, fishing, horseback riding. This site includes a portion of the 92-mile Midstate Trail that runs between Massachusetts' borders of RI and NH.

Southern New England Trunkline Trail
107 Wallum Lake Rd., Douglas
mass.gov/locations/southern-new-england-trunkline-trail
Runs 22 miles from Douglas State Forest

to Franklin State Forest. Parking fee, dog-friendly, walking, running, hiking, biking, horseback riding.

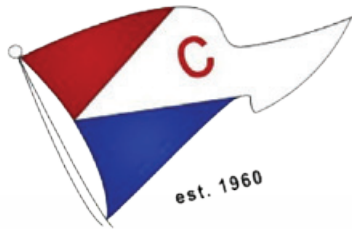
The Cascades
105 Cataract St., Worcester
gwlt.org/the-cascades.html
157 acres, four trails, hiking trails surround waterfalls

Wachusett Mountain State Reservation
345 Mountain Drive, Princeton
mass.gov/locations/wachusett-mountain-state-reservation
Parking fee, wheelchair accessible, dog-friendly, historic site. 3,000 acres for hiking and biking, plus scenic views from the 2,006-foot peak.

Wells State Park
159 Walker Pond Rd., Sturbridge
Mass.gov/locations/wells-state-park
Parking fee, wheelchair accessible, dog-friendly. 1,400 acres for hiking, biking, horseback riding. Visit nearby Walker Pond's 104 acres for boating and fishing.

OUTDOORS

continued on page 23



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Sailing
Lessons



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Open Sky celebrates community at the Whitin Mill

The Whitin Mill on Douglas Road in Whitinsville was a bustling and vibrant hub of the community in the late 19th and early 20th centuries. Nearly 200 years after the first structure was built, the mill complex continues to be a space for the community to come together and thrive.

Following a \$4.5 million capital campaign, renovations were completed in 2008 for what is now the Alternatives' Whitin Mill. For many years, the space was home to Alternatives Unlimited. In 2018, Alternatives and The Bridge of Central Massachusetts came together to form Open Sky Community Services, a human services agency that now serves over 5,000 individuals throughout Central Mass with intellectual/developmental disabilities, behavioral health challenges, homelessness, and other complex challenges.

Community is an important aspect of Open Sky's services, and there are many events held at the Whitin Mill where the public can participate and engage with those served in Open Sky's programs.

The agency's Community Membership department holds monthly themed open mic nights inviting performers of all ages, experience levels, and abilities to participate. For those looking to get involved behind the scenes, volunteers are always needed to help create sets that fit the month's theme.

Two major fundraising events are held on the property each year. The Valley Friendship Tour, featuring a one-mile walk, 5k run, and 30-mile cycling tour, celebrated its 39th year on June 1. Also, the Valley Bag Toss, an inclusive cornhole tournament, will celebrate its 10-year milestone on October 19.

One of many Open Sky programs housed in the Mill complex is ValleyCAST, the arts and culture arm of the organization. ValleyCAST hosts events throughout the year at the Mill's Spaulding R. Aldrich Heritage Gallery, G.B. & Lexi Singh Performance Center, and Dennis H. Rice Community Plaza. ValleyCAST's inclusive programming is open to the public at low or no cost, and aims to bring people of



all ages and abilities together to experience, create, and engage through the arts. ValleyCAST events include a variety of art gallery exhibits, concerts, plays, workshops and numerous annual events that bring folks of all walks of life together to find common ground and share their passions.

Now the sense of community at the Whitin Mill is on display every day through a mural designed by local artist, Ben Jundanian, individuals served by Open Sky, staff, and community members. The group discussed what is meaningful to them, what brings them joy, and what they'd like to see depicted in the Mural outside the building at 70 Douglas Rd.

Jundanian then drew up a sketch and went to work spray



painting outlines on the concrete walls. After some patient, confidence-building lessons, Jundanian had everyone spray painting like a pro and the Mural was completed in one day.

The result is a bright, cheerful, welcoming entrance created by those who gather at the Whitin

Mill to live, work, and play, carrying on its tradition of being a bustling and vibrant hub of the community.

Check out what's happening next at openskycs.org/events.

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Day Tripping

Mass MoCA (No. Adams) and The Clark (Williamstown)

This year marks the 25th anniversary of the Massachusetts Museum of Contemporary Art (Mass MoCA), the largest contemporary art museum in North America. It is located on a complex that was once the Arnold Print Works factory (est. 1872) and includes many 19th century courtyards. For current and upcoming exhibits, visit massmoca.org

While in the area, if you have time, stop at the Clark Art Museum (at Williams College), one of the few institutions in the US that combines a public art museum with research and academic programs, and is now a leading international center for research and discussion on the nature of art and history. Your visit will include art exhibits inside the building and on the grounds. For more info, visit clarkart.edu

Suggestion: Consider capping off the day at one of the venues found under Breweries & Wineries.

Eric Carle Museum of Picture Book Art (Amherst)

"The Carle" is the international champion for picture book art. People of all ages are welcome to play with materials and make art together (you can take your project home or leave it on display). Open Wed. through Sun.

Suggestion: On the way home, stop at Crystal Caves in Auburn for ice cream, minigolf, trampolines and more.

Tip: If you can't go to The Clare, you can visit their "Museum at Home" which features online exhibits, events, and programs. For more info, visit carlemuseum.org/visit/museum-at-home

OUTDOORS

continued from page 21

Westville Recreation Area/
Westville Lake

Southbridge/Sturbridge
nae.usace.army.mil/Missions/Recreation/
Westville-Lake
The U.S. Army Corps of Engineers owns and
manages 578 acres of land at Westville
Lake. Field, forest, and wetland environ-

ments provide habitats for a variety of
wildlife species. Frequently observed
mammals at the park include otter, beaver,
whitetail deer, and red fox. Pets welcome
but must be leashed; picnic area, hiking,
fishing, and more.
Worcester
bit.ly/WorcesterCityParks
The City of Worcester has approximately 500
acres of public recreation space and about
60 parks throughout.

Day Tripping

Streetcar Museum and trolley rides in Lowell

What's more fun than an old fashioned trolley ride with a stop near
the National Streetcar Museum and Visitor Center. The museum is
part of the Lowell National Historical Park which offers visitors an in-
depth look into the textile industry that was the heart of the city with
a working cotton mill exhibit, canal boat tours, trolley rides to move
you around the city, walking tours, and more. Find details at [nps.gov/
lowe/planyourvisit/hours.htm](https://nps.gov/lowe/planyourvisit/hours.htm).
*Suggestion: Have lunch or dinner at The Historic Worthen House which is
Lowell's oldest tavern and restaurant, and whose past patrons include Edgard Allan
Poe, Jack Kerouac, and Jimmy Breslin. They have a patio for outdoor dining*
Tips: Behind the bar, is a secret hiding spot used during Prohibition.
The panel is located behind the bar on the right side, just above an old
built-in icebox.

And the building includes a beautifully restored pulley-driven fan
system, one of only four in the US (the only existing set in its original
location in the country), which can be turned on at a patron's request.

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COURSE	ADDRESS	PHONE	WEBSITE	HOLES	YARDS	PAR	Rates* Rate/with cart
Bedrock Golf Club	87 Barre Paxton Rd., Rutland	508-886-0202	bedrockgolfclub.com	9	3,463	36	20/34
Berlin Country Club	25 Carr Rd., Berlin	978-838-2733	berlincountryclub.com	9	2,233	33	24/39
Blackstone National Golf Club	227 Putnam Hill Rd., Sutton	508-865-2111	bngc.net	18	6,909	72	Rates vary
Blissful Meadows Golf Club	801 Chockalog Rd., Uxbridge	508-278-6110	blissfulmeadows.com	18	6,700	72	45/65
Butternut Farm Golf Club	115 Wheeler Rd., Stow	978-897-3400	butternutfarm.com	18	6,302	70	54/76
Connecticut National Golf Club	136 Chase Rd., Putnam, Conn.	860-928-7748	ctnationalgolf.com	18	6,935	71	60/75
Cyprian Keyes Golf Club	284 East Temple St., Boylston	508-869-9900	cypriankeyes.com	18	6,871	72	Rates vary
				9 (par 3)	1,230	27	
Dudley Hill Golf Club	80 Airport Rd., Dudley	508-943-4538	dudleyhillgolf.net	9	3,233	36	23/33
Ellinwood Country Club	1928 Pleasant St., Athol	978-249-7460	ellinwoodgolf.com	18	6,153	71	29/49
Gardner Municipal Golf Course	152 Eaton St., Gardner	978-632-9703	gardnergolfcourse.com	18	5,857	71	37/61
Grand View Country Club	449 Wachusett St., Leominster	978-537-9151	grandviewgolfleominster.com	9	3,357	36	20/32
Green Hill Municipal Golf Course	1929 Skyline Drive, Worcester	508-799-1359	greenhillgc.com	18	6,392	72	Rates vary
Harrisville Golf Course	125 Harrisville Rd., Woodstock, Conn.	860-928-6098	harrisvillegolfcourse.com	9	2,915	36	20/31
Hemlock Ridge Golf Course	220 Holland Rd., Fiskdale	508-347-9935	hemlockridgegolfcourse.com	9	3,136	36	16/36
Heritage Country Club	85 Sampson Rd., Charlton	508-248-5111	heritagecountryclub.com	18	6,710	71	Rates vary
Highfields Golf & Country Club	42 Magill Drive, Grafton	508-839-1945	highfieldsgolfcc.com	18	7,021	72	75
Hillcrest Country Club	325 Pleasant St., Leicester	508-892-0963	n/a	9	2,920	35	16/30
Holden Hills Country Club	1800 Main St., Holden	508-829-3129	holdenhillsgolf.com	18	6,088	71	40/55
Hopedale Country Club	90 Mill St., Hopedale	508-473-9876	hopedalecc.com	9	2,954	37	38/49
Indian Meadows Golf Club	275 Turnpike Rd., Westboro	508-836-5460	indianmeadowsgolfclub.com	9	3,265	36	23/33
Juniper Hill Golf Course	202 Brigham St., Northboro	508-393-2444	juniperhillgc.com				
(Riverside Course)				18	6,245	71	51/50(for 2 riders)
(Lakeside Course)				18	6,282	71	51/50(for 2 riders)
Kettle Brook Golf Club	136 Marshall St., Paxton	508-799-4653	kettlebrookgolfclub.com	18	6,912	72	50/70
Leicester Country Club	1430 Main St., Leicester	508-892-1390	leicestercc.com	18	6,026	70	24/44
Maynard Golf Course	50 Brown St., Maynard	978-637-2268	maynardgolf.com	9	3,013	35	23-28/12 per person
Monoosnock Country Club	40 Monoosnock Ave., Leominster	978-537-1872	monoosnockcountryclub.com	9	3,051	35	Rates vary
Pakachoag Golf Course	15 Upland St., Auburn	508-755-3291	pakachoaggolfcourse.com	9	3,255	36	18/33 single
Pinecrest Golf Club	212 Prentice St., Holliston	77 4-233-0579	pinecrestgolfclub.org	18	4,906	66	34/20 per person
Pine Ridge Country Club	28 Pleasant St., North Oxford	508-892-9188	pineridgegolf.net	18	6,041	71	28/22 per person
Quail Hollow Golf & Country Club	1820 Old Turnpike Rd., Oakham	508-882-5516	quailhollowgolf.net	18	5,717	70	40-45
Quail Ridge Country Club	49 Skyline Drive, Acton	978-264-0399	quailridgegolfclub.com	9	3,068	35	25/16 per person
				18	6,179	70	50/21 per person
Raceway Golf Club	205 E. Thompson Rd., Thompson, Conn.	860-923-9591	racewaygolf.com	18	6,570	72	38/58
Woodstock Golf Course	204 Roseland Park Rd., Woodstock, Conn.	860-315-7698	woodstockgolfcourse.com	9	2,377	34	14/22

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COURSE	ADDRESS	PHONE	WEBSITE	HOLES	YARDS	PAR	Rates* rates/with cart
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Shaker Hills Country Club	146 Shaker Rd., Harvard	978-772-3330	shakerhills.com	18	6,910	72	Rates vary
Shining Rock Golf Club	91 Clubhouse Lane, Northbridge	508-234-0400	shiningrock.com	18	6,728	72	Rates vary
Southborough Golf Club	36 Cordaville Rd., Southborough	508-460-0946	southboroughgolfclub.com	9	2,653	35	22/11 per person
Stow Acres Country Club	58 Randall Rd., Stow	978-568-1100	stowacres.com				
(North Course)				18	6,797	72	49/69
(South Course)				18	6,520	72	49/69
Templewood Golf Course	160 Brooks Rd., Templeton	978-939-5031	templewoodgolfcourse.com	18	6,086	70	25/47
Northern Spy Golf Club	40 Scales Lane, Townsend	978-597-8400	northernspycg.com	18	6,231	70	Rates vary
Wachusett Country Club	187 Prospect St., West Boylston	508-835-2264	wachusettcc.com	18	6,567	72	55/80
Westborough Country Club	121 West Main St., Westborough	508-366-9947	westborocountryclub.com	9	2,973	36	Rates vary
Westminster Country Club	51 Ellis Rd., Westminster	978-874-5938	westminstercountryclub.com	18	6,512	71	32/54
Woods of Westminster	23 Rock Maple Lane, Westminster	978-874-0500	woodsowestminster.com	18	6,060	72	38/22 per person

*Rates based on weekday times

Illustration on previous page: Lena Shahin loves to create colorful, light-filled representational and stylized imagery in both colored pencil and oil pastel.

Day Tripping

“Jaws Beach,” Martha’s Vineyard

Any of the beaches on Cape Cod are fun at any time, but a Jaws-themed day trip to Joseph A. Sylvia State Beach on Martha’s Vineyard could leave your group talking for years. This beach is between Oak Bluffs and Edgartown, and the bridge that connects the two sides is known as “Jaws Bridge” after its memorable appearance in the 1975 movie. FYI, it is illegal to jump off Jaws Bridge. For more beach info, visit marthasvisit.com/beaches/joseph-sylvia-state-beach.

Suggestion: Prepare in advance by watching the 1975 thriller “Jaws” (brace yourself for some throwback cinematography), and/or reading the 1974 book by Peter Bechley - both available through your local library. Movie includes language, violence, gore, etc.

Tip: Make your ferry reservations in advance, and get an early start. Vehicle reservations fill up fast so be prepared to take the island bus (pack accordingly).

Don’t forget: Use car window markers to let everyone know where you’re going; write “Amity Island or Bust” or “We’re gonna need a bigger vehicle” or “Just when you thought it was safe to go back in the water,” and be sure to draw lots of sharks.

Note: This is a long “day trip” but it can be done.

SOUTHWICK’S ZOO PHOTO CONTEST WINNERS!

Thanks to all those who entered! These 12 entries will receive a family four-pack of GA passes to Southwick’s Zoo for the 2024 season!

PUBLISHER’S PICK



“MACAW!”
Submitted by Nate H.

STAFF CHOICE



“Oh what fun ...”
Submitted by Bobbie G.

FAMILY



“Family time at the zoo”
Submitted by Nancy M.

SOUTHWICK’S SIGN



“Southwick’s is our favorite zoo!”
Submitted by Rachel R.

KIDS



“A couple of cuties at the zoo”
Submitted by Christine H.

HALLOWEEN



“No matter the season ...”
Submitted by Emily T.

NOSTALGIC



“My daughter meeting Jeff Corwin, 1999”
Submitted by Lora D.

RUNNER UP



“We are so goated”
Submitted by Agatha D.

RUNNER UP



“Fun for all ages”
Submitted by Misty W.

RUNNER UP



“Having a roaring good time!”
Submitted by Jillian R.

RUNNER UP



“Yikes! What are these?”
Submitted by Brooke M.

ANIMAL



“Oh, Hay There”
Submitted by Emily S.



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Time to start thinking about putting your summer TBR pile together and there is truly something new & exciting for everyone. Whether you're headed to the beach, backyard or keeping cool indoors, a good book is a great companion. Here are some recommendations.

Let's start with the obvious "Beach Read", something light, entertaining and perhaps a little romantic. Tourist Season is the latest novel by Brenda Novak brimming with secrets set at a luxurious beachfront cottage. Another NYT bestselling author, Carley Fortune, is back with This Summer Will Be Different. By all accounts, this dreamy & sexy novel is perfect for summer-set at a beach house on Prince Edward Island and involving a tourist and local who can't seem to resist one another, even though the list of reasons to stay away from each other is a long one. It wouldn't be summer without a new release from Nancy Thayer. The Summer We Started Over is about two sisters who reconnect to pursue their dreams on Nantucket Island, both hoping to overcome some challenges, face the past and find new love. Little

Monsters by Adrienne Brodeur also boasts a Cape Cod setting, though not an idyllic one. The author weaves a story filled with haunting secrets and complicated sibling relationships.

Here are a couple fun reads for foodies. Love, Lies, and Cherry Pie by Jackie Lau focuses on a fake relationship to quell a med-

nature hilarious style.

If the glamour of Hollywood stars set against the backdrop of the onset of World War II in the French Riviera sounds intriguing, you'll have to pick up The Girl from the Grand Hotel by Camille Aubray. It's the summer of 1939 and the famous of Hollywood all gather at the Grand Hotel for the very first Cannes Film Festival. But the arrival of Nazi guests and the stirrings of full blown war are knocking at the door. Told through the eyes of a young American woman working at her uncle's hotel, there is murder, intrigue and a whole bunch of cameos by well-known actor/writer characters as they race against the clock to disrupt a secret Nazi communications system.

For some real escapism into fantasyland, try Emily Wilde's Encyclopaedia of Faeries, a novel by Heather Fawcett. Book 1 of the series follows a curmudgeonly professor who journeys to a small town in the far north to study faerie folklore and

discovers dark fae magic, friendship and love. The Book That Wouldn't Burn by Mark Lawrence is both a gripping mystery and gorgeous world-building story where two strangers find themselves connected by a vast and mysterious library containing many wonders and still more secrets, the first in a series.

We always want to encourage young readers too. The Firefly Summer by Morgan Matson is perfect for middle school readers as the main character finds clues to her deceased mom's family and even a real treasure map along with the chance to meet grandparents and a big, loud family of aunts, uncles and cousins not previously known. There is adventure, mystery and finding a sense of belonging. Olivetti by Allie Millington has been getting lots of good buzz. The story is told from the unique perspective of a typewriter, a boy and the stories they hold.

These are just a few ideas to get you in the summer mood. Be sure to check out even more at your local bookstore or library. Happy Reading!



Kallie Hill mainly works in watercolor and digital media, with a specialty in nature imagery and storytelling. She enjoys using complex details to draw in the viewer, and her main goal is to show the beauty she sees in the world through her illustrations.

dling mom that may turn into something real and sweet as pie after all. Recipe for a Charmed Life by Rachel Linden is her signature heartwarming, uplifting story about a promising young chef whose goal is to run her own restaurant in Paris. What happens when a sudden disaster dashes her plans and she must reconsider her options while reconnecting with her estranged mother? Swamp Story by humorist Dave Barry is written in his sig-



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What's happening now: openskycs.org/news-events
Connect with us on Social Media: linktr.ee/valleycast

ValleyCAST's mission is to foster a creative and engaged community in the Historic Blackstone Valley that is inclusive and supportive of all people with and without disabilities. ValleyCAST is the arts & culture arm of Open Sky Community Services.



- Art Gallery Exhibits
 - Sculpture in the Plaza
 - Theater Performances
 - One Act Play Festivals
 - Art Workshops & Classes
 - Free Summer Concert Series
 - Art & Music Makers Festivals
- and much, much more!



Take Down the Wall Presents:
OPEN MIC NIGHTS

TDTW Open Mic is an inclusive opportunity for musicians and poets of all abilities – **ALL are welcome!** Have fun with monthly themes, meet new people, and share your talent in this encouraging environment. **Performers, please come early to sign up!**

Doors open at 6pm

June 8 Mythical Melodies

July 13 Freedom Rocks

Aug. 10 Grill at The Mill



Volunteer Opportunities

Volunteers needed for our monthly Open Mic Nights:

- set up/breakdown crew
- stagehands
- concessions assistant
- set design
- and more!

Interested? Please contact michelle.benjamin@openskycs.org

Are you the next Club 21 Discovery Member?

We are seeking members of the community to partner with individuals with intellectual/developmental disabilities and mental health challenges as Discovery Members in our Club 21 program.

- Do you enjoy meeting new people and building friendships?
- Do you need more fun in your busy life?
- Are you interested in getting to know your community?
- Do you want to make a difference in someone's life?

If you said "Yes" to any of these, contact us at club21@openskycs.org for a no obligation informational meeting.

For more information about these opportunities and more visit openskycs.org/communitymembership

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JUNE 22 • 1PM

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LIVE IN CONCERT

JUNE 23 • 1PM

THREE DOG NIGHT

LIVE IN CONCERT

JUNE 29 • 1PM

Elle King

JUNE 30 • 1PM

JUSTIN HAYWARD

THE VOICE OF THE MOODY BLUES

JULY 7 • 1PM

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5 TIME GRAMMY AWARD WINNER

JULY 7 • 1PM

Aaron Lewis

JULY 14 • 1PM

LEPPARD

DEF LEPPARD TRIBUTE

JULY 20 • 12PM

RUMOURS

THE ULTIMATE FLEETWOOD MAC

JULY 21 • 1PM

Yachtley Crew

JULY 25 • 7PM

ALMOST QUEEN

A TRIBUTE TO QUEEN

JULY 27 • 1PM

THE CONCERT

A TRIBUTE TO ABBA

AUGUST 2 • 7PM

BADFISH

A TRIBUTE TO BOB DYLAN

AUGUST 3 • 1PM

GRACE POTTER

AUGUST 4 • 1PM

FACE 2 FACE

TRIBUTE TO ELTON JOHN & BILLY JOEL

AUGUST 9 • 7PM

RIPE

AUGUST 10 • 1PM

THE BEACH BOYS

ENDLESS SUMMER GOLD

AUGUST 11 • 1PM

TYLER HUBBARD

LIVE

AUGUST 18 • 1PM

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The Indian Ranch Box Office is open Monday, Wednesday, Friday, Saturday, and Sunday, 10AM - 3PM. Tickets are also available by phone: 1-800-514-ETIX (3849). All events are rain or shine. No refunds. For ticketing and group sales, contact tickets@indianranch.com or call 508.943.3871. For information on private events, banquets and renting the Indian Princess Paddlewheel Boat, contact banquets@samuelslaters.com. Indian Ranch is less than an hour's drive from Boston, Providence, Hartford and Springfield. Indian Ranch is located at 200 Gore Road in Webster, MA.