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THE NEWS

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JUNE 14, 2024

**SEE
INSIDE**

**FRUIT FLY
QUARANTINE
LIFTED**



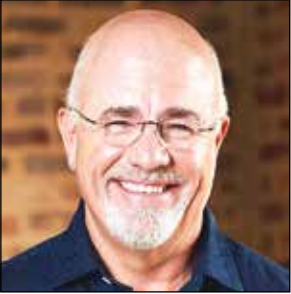
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**STRIKE UP
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**THINK, PRAY
AND FIND
YOUR CALLING**



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RLHS Names New Sports Complex

Honors Beloved Community Member Bob Bastian



The Bob Bastian Baseball and Softball Complex pays tribute to a late beloved community member. Photo courtesy of Twin Rivers Unified Communications Department

By Annie Kerr

RIO LINDA, CA (MPG) - The naming of Rio Linda High School's new baseball/softball complex is official. Twin Rivers Unified School District announced on May 23 that the complex will now be known as the Bob Bastian Baseball and Softball Complex, honoring the cherished memory of the late Twin Rivers school board member and overall Rio Linda hero who died in 2022 at age 88. Trustee Stacey Bastian (his daughter), her children and Bastian's wife, Susan Bastian, attended the May 21 school board meeting when the vote was taken and "were deeply moved" by this touching recognition, according to the



Bob Bastian and his daughter, Stacey, pose for a photo. Photo courtesy of the Bastian family

school district. Bastian was widely known and adored in the Rio Linda community. Born and raised in the area, Bastian served his hometown his entire life. He had a passion for education and worked in the Rio Linda School District, taught at Lincoln High School and later served

the Twin Rivers Unified School District. In 1982, Bastian became the Rio Linda Education Association chair. In 1995, he was named Citizen of the Year due to his extensive amounts of community service. His list of contributions to the community only continues. In addition, Bastian had a profound impact on the Rio Linda/Elverta Historical Society. "Bob Bastian was one of the 10 founding members of the Rio Linda/Elverta Historical Society in 1991. He made it possible for us to hold meetings in the Rio Linda Schools and he became our first president," said Joyce Buckland, Rio Linda/Elverta Historical Society treasurer. "He

Continued on page 6

Unsheltered Homelessness Decreases 41 Percent in Sacramento

Sacramento City Express News Release

SACRAMENTO, CA (MPG) - The number of people living outdoors in the city and county of Sacramento plunged 41 percent between 2022 and 2024, one of the largest decreases in homelessness statewide. The biennial Point-in-Time Count released June 5 by the nonprofit Sacramento Steps Forward found that overall homelessness, including those living in emergency shelters, fell by 29 percent compared to the count two years ago. Sacramento Steps Forward coordinates community-level efforts to end homelessness. Every two years, it recruits hundreds of volunteers to go out and count people who are unhoused throughout Sacramento County. This year's count, on Jan. 24 and 25, found 3,944 people living unsheltered, down from 6,664 people identified in the 2022 count. The total number of unhoused people counted, including those in shelter and temporary housing, dropped by 29 percent from 9,278 to 6,615. "These results are truly outstanding and, undeniably, reflect Sacramento city and county's 'all in' approach to addressing this crisis," said Lisa Bates, CEO of Sacramento Steps Forward. Leaders from Sacramento city and county said the decrease in unsheltered homelessness reflected the tens of millions of dollars invested by both local governments in standing up new emergency shelter beds and permanent supportive housing units, and an increasingly coordinated response to sharing resources and responsibilities. "There are still too many people who are homeless for us to declare victory but maybe homelessness is not so intractable after all," said Sacramento Mayor Darrell Steinberg. "The 41% reduction in unsheltered homelessness is dramatic and affirms that the steady course we set seven years ago to address this state and national crisis is working." District 2 County Supervisor Patrick Kennedy also cited the work the county has been doing, including opening two Safe Stay sleeping cabin communities in his district. A Safe Stay community now under construction on Stockton Boulevard in the city of Sacramento will include tiny homes provided to the city by the state. It will be

Continued on page 4

Birds Tests Positive for West Nile Virus

Sacramento Yolo Mosquito and Vector Control District News Release

SACRAMENTO REGION, CA (MPG) - On June 10, the Sacramento-Yolo Mosquito and Vector Control District confirmed that the first mosquito sample of the season has tested positive for West Nile virus (WNV). The mosquito sample was collected from the city of Sacramento, in the area of south Land Park in close proximity to the first positive bird reported last week. "As we expected, the very warm weather we've had recently increased the number of mosquitoes and accelerated virus activity," said Gary Goodman, District Manager. "It's important for residents to take these findings seriously and do everything they can to protect themselves," added Goodman. As part of the laboratory results received today,



Lab director Sarah Wheeler tests a dead bird for signs of disease. Photo courtesy of Sacramento Yolo Mosquito and Vector Control District

two dead birds also tested positive for the disease. Other counties throughout the state have also started to report West Nile virus activity. Last year in California, there were 433 confirmed human cases of the disease, including 19 fatalities. The detection of this recent WNV activity is evidence that the disease is present, and the public should take proper precautions to stay protected. "Summer is around the corner and as more people enjoy outdoor activities, it's important to remember that the best protection against mosquito bites is an effective insect repellent," said Goodman. Residents are also encouraged to report dead birds, neglected pools and other mosquito problems. As a response to the

Continued on page 4

Invasive Fruit Fly Quarantine Lifted in Sacramento County



Invasive fruit fly. Photo courtesy of Martin Hauser/California Department of Food and Agriculture

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Thanks to the cooperation and diligence of county residents and the local agriculture department, the California Department of Food and Agriculture (CDFA), working in coordination with the United States Department of Agriculture (USDA) and the Sacramento County Agricultural Commissioner, declared the end of the Oriental fruit fly quarantine in Sacramento County following the eradication of the invasive pest.

The declaration comes nearly eight months after we first detected populations of the Oriental fruit fly in the area and established a quarantine encompassing parts of Rancho Cordova, and the communities of La Riviera, Carmichael, Fair Oaks and Gold River.

During the quarantine, crops that are hosts for the invasive pest — which include more than 300 varieties, such as citrus and other fruits, nuts, vegetables and berries — were not allowed to be moved from the properties where they were grown. Commercial crops were required to meet stringent treatment or processing standards before being harvested or moved.

As the temperatures rise and vacationers ramp up their travel plans, residents are urged to refrain from bringing back potentially infested produce from their trips. While at home, we encourage residents to stay vigilant for signs of invasive pests.

To help prevent any future introductions of invasive species, residents should follow these guidelines:

Cooperate with the agriculture department and allow them access to your garden to place traps, inspect plants, conduct necessary treatments or remove potentially infested produce.

Determine if your property is located within an active quarantine area by visiting CAFruitFly.com.

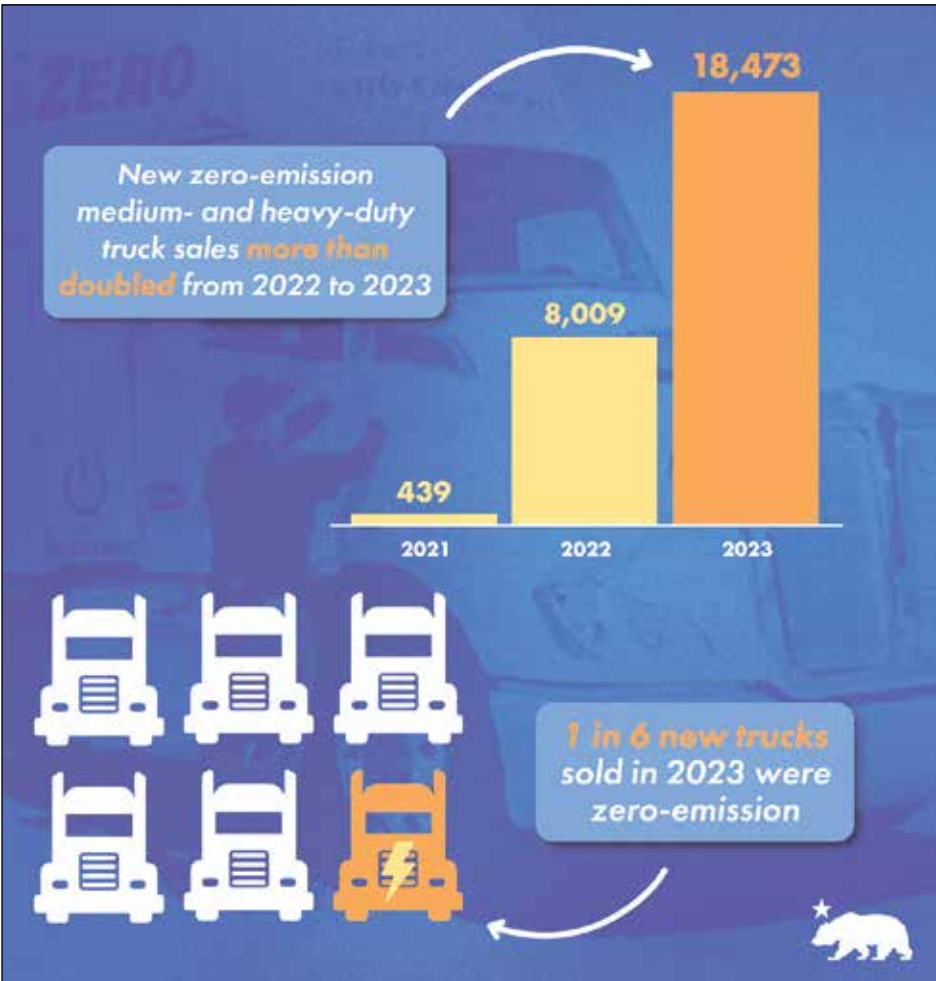
Buy fruit trees and vegetable plants from licensed California nurseries. Purchasing agricultural goods from uncertified sources can spread invasive pests. Source your plants locally and responsibly. To find a licensed nursery near you, visit California Department of Food and Agriculture’s Directory of Licensed Nurseries.

Inspect your garden for signs of invasive fruit flies or maggots and report any findings to the agriculture department.

When entering the United States from another country, avoid bringing agricultural products, including fruits or vegetables. Help us protect our agricultural and natural resources and California’s unique biodiversity from invasive fruit flies: Don’t pack a pest when traveling or mailing/receiving packages.

To learn more about invasive species and how to protect the county’s fruits and vegetables, visit California Department of Food and Agriculture’s Plant Health and Pest Prevention Services Division at www.cdffa.ca.gov/plant. ★

1 in 6 New Trucks and Buses in California Are Zero-Emission



The graphic pictured here shows the growth in zero-emission truck sales. Photo courtesy of the Office of Governor Newsom

Office of Governor Newsom News Release

SACRAMENTO, CA (MPG) - The sales of new zero-emission medium- and heavy-duty trucks in California in 2023 have doubled from the prior year, now representing 1 out of every 6 new vehicles sold for services that include last-mile delivery, freight transportation, and school buses, according to a report released by the state on June 6.

With 18,473 medium- and heavy-duty ZEVs sold in California in 2023, the state has exceeded its Advanced Clean Trucks (ACT) goal two years ahead of schedule and selling five times the required amount. Since 2021, a total of 26,921 medium- and heavy-duty ZEVs have been sold in California.

“California is once again proving what can be done by turning ambition into action. We’re achieving our goals years ahead of schedule. The fifth biggest economy in the world is moving away from dirty polluting big rigs and delivery fleets — cleaning our air and protecting public health,” said Governor Gavin Newsom.

The latest figures are a preliminary look at annual data that tracks sales of medium- and heavy-duty vehicles in California and points to continued momentum for zero-emission vehicles ahead of

rules that start phasing in later this year requiring the gradual deployment of clean vehicle technology for fleets.

“California set visionary targets to move key transportation sectors toward zero-emissions technology and the market is stepping up to be part of the solution for cleaner air and climate action well ahead of required targets,” said CARB Chair Liane Randolph. “The data shows that the future is zero-emissions and that fleets are finding value in making the switch early.”

Why it matters

The Advanced Clean Trucks and Advanced Clean Fleets regulations establish a phased-in shift toward sales and use of zero-emission technology.

California communities that sit near trucking corridors and warehouse locations with heavy truck traffic, which often are low-income and communities of color, have some of the worst air in the nation.

While trucks represent only 6% of the vehicles on California’s roads, they account for over 35% of the state’s transportation-generated nitrogen oxide emissions and a quarter of the state’s on-road greenhouse gas emissions.

How we got here

Advanced Clean Trucks requires manufacturers

of medium- and heavy-duty vehicles to phase-in the sale of zero-emission options in California as an increasing percentage of sales.

A similar rule has been adopted by 10 other states, including New York, New Jersey, New Mexico, Massachusetts, Washington, Oregon, Vermont, Colorado, Rhode Island and Maryland. Together, these 11 states represent over 25% of new heavy-duty vehicle registrations annually in the nation.

The Advanced Clean Fleets regulation includes a first-of-its kind requirement for all medium- and heavy-duty vehicles sold into California fleets to be zero-emissions beginning in 2036 and is expected to introduce 1,690,000 ZEVs into the California fleets by 2050.

To ensure that the needed technology will be available to meet upcoming milestones, CARB and the nation’s leading truck and engine companies signed the Clean Truck Partnership in July 2023, which commits participating manufacturers to meeting California’s vehicle standards, regardless of whether any other entity challenges California’s authority to set more stringent emissions standards under the federal Clean Air Act. In turn, CARB has agreed to work collaboratively with manufacturers to provide more flexibility in meeting CARB’s requirements. ★

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SAFE Credit Union Announces Scholarship Award Recipients



Aamina Phineas, a scholarship recipient, is currently studying at Los Rios Community College. Photo courtesy of SAFE Credit Union

SAFE Credit Union News Release

SACRAMENTO REGION, CA (MPG)- On May 20, SAFE Credit Union announced this year's scholarship's recipients. SAFE Credit Union's Scholarship Program granted \$4,000 scholarships to graduating high school seniors and community college students who met various eligibility requirements.

SAFE is pleased to congratulate Daniel Fomichev, Fouzia Khan, Aamina Phineas, Jayha Buhs-Jackson and Ronit Prasad for their continued commitment to their studies within the community.

The recipients were selected based on their academic achievement, personal statement and a letter of recommendation and are SAFE Credit union members with either a checking or savings account.

Scholarship recipients were either a graduating high school senior or a current community college student with 60 or fewer credits with a GPA of 3.0 or above and must

currently attend a high school or community college in one of the 13 counties in SAFE's service area: Sacramento, Placer, El Dorado, Yolo, San Joaquin, Contra Costa, Solano, Yuba, Sutter, Butte, Nevada, Alameda, and Amador.

"We are thrilled to share that we increased our scholarship awards from \$2,000 to \$4,000 so we can make a larger financial impact for our recipients," said Johnna Ali, Community Relations Program Manager, SAFE Credit Union. "SAFE understands that college is a major expense and that's why we expanded our application eligibility from high school students to now include community college students with 60 or fewer credit hours to apply."

The recipients were asked to share how this scholarship will support their academic goals:

"Education plays a crucial role in fostering community engagement and collaboration. As a firefighter with a solid educational foundation,



Daniel Fomichev, one of the scholarship recipients, attends American River College and is a Fair Oaks native. Photo courtesy of SAFE Credit Union



Fair Oaks' Jayha Buhs-Jackson is a student at Bella Vista High School. Photo courtesy of SAFE Credit Union

I can actively engage with community members to raise awareness about fire safety, emergency preparedness, and risk mitigation strategies. By organizing workshops, training sessions, and outreach programs, I can empower individuals and communities to take proactive steps towards creating a safer environment for everyone," said Daniel Fomichev of Fair Oaks and a student at American River College.

"I aspire to pursue a career in the medical field.

I plan to attend Cosumnes River College for two years and then transfer to a university. After my four years are done and I graduate with a degree, I plan to attend medical school to become a pharmacist or physician assistant. The medical field is something I'm personally very passionate about," said Fouzia Khan of Elk Grove and a student at Elk Grove Charter School.

"My educational goals in entrepreneurship are intrinsically linked to my desire to positively impact



Scholarship recipient Fouzia Khan attends Elk Grove Charter School. Photo courtesy of SAFE Credit Union



Scholarship recipient Ronit Prasad is a student at Whitney High School in Rocklin. Photo courtesy of SAFE Credit Union

my community. By harnessing the power of entrepreneurship, I aim to create innovative solutions to address societal needs, generate employment opportunities, advocate for social justice, and foster collaboration and empowerment within my community," said Ronit Prasad of Rocklin, and a student at Whitney High School.

"By being a lawyer, I would be able to advocate for individuals affected by mental illness, or as a physician I would treat and

diagnose patients in the psychiatric specialty," said Jayha Buhs-Jackson of Fair Oaks and a student at Bella Vista High School.

"This scholarship not only represents financial assistance but also signifies a profound acknowledgment of the challenges I have faced and overcome, fueling my determination to make a positive impact in both my life and the lives of others," said Aamina Phineas, a student at Los Rios Community College. ★



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News to Know: The Most Popular Veterans Benefits Don't Expire



Paul Lawrence served at the U.S. Department of Veterans Affairs from 2018 to 2021. Photo courtesy of Paul Lawrence

By Dr. Paul Lawrence

While some people may think that the veterans benefits they have earned from military service could evaporate or disappear, this is inaccurate. The most popular veteran benefits have no expiration date. You can apply at any point and are not time-bound.

The three most popular veterans' benefits are disability

compensation, home loan guaranty and education/G.I. Bill.

For these benefits, there are important dates to remember. If you miss those dates, you may be inconvenienced but these benefits are still available, providing you qualify.

Disability compensation is a tax-free monthly payment based on an injury or disability that occurred during service. A veteran completes an application, referred to as a claim. Accompanying this claim is information about their service and medical conditions. The Department of Veterans Affairs (VA) evaluates the claim and grants or denies benefits.

A disability compensation claim can be filed as early as 180 days prior to completion of active duty and throughout the remainder of a veteran's life. In short, there is no expiration date for disability compensation.

Many veterans file multiple claims throughout their lives as

new conditions are identified or previously identified conditions worsen. This is called a claim for an increase. There is no limit on how often this can be done.

There are two important dates to keep in mind relative to disability compensation. The first concerns the Intent to File. In advance of actually applying for disability compensation, you can complete an Intent to File form. This tells the VA that you will file in the next year and preserves the effective day (i.e., the date on which benefits will begin).

For example, a veteran completes an Intent to File form establishing Feb. 1, 2024, as his/her effective date. After collecting all the needed information and forms, benefits are granted on Dec. 1, 2024. The first payment would include a retroactive payment reflecting the intent to file date of Feb. 1.

You can get assistance with your VA claim for no cost from an accredited representative such

as your county veterans service officer or an accredited veteran's service organization, such as the American Legion, Disabled American Veterans or the VFW.

Home Loan Guaranty allows veterans to purchase a home with no money down. This is a tremendous advantage over our civilian counterparts, who must save for a down payment prior to purchasing a home. Subject to restrictions, this can even be used to purchase a mobile home or farm residence.

There is no time restriction on this benefit. It can be used repeatedly by veterans as they move and purchase new homes.

Education/G.I. Bill benefits are significant for veterans. Serve for three years and you can earn four years of free college. It can also be used for high-tech apprenticeships, advanced Science, Technology, Engineering, and Math training, and credentials and certificates.

In 2017, a new law, often

known as the Forever G.I. Bill, was introduced. If your service ended on or after Jan. 1, 2013, this benefit will never expire.

If your service ended prior to Jan. 1, 2013, you still could qualify for the Post 9/11 G.I. Bill or the Montgomery G.I. Bill for active duty or reservists. Each of these has an expiration date, so check those dates carefully at VA.gov.

Veterans' benefits are an important part of the rewards for military service and you can apply at VA.gov. The best time to learn about your benefits is well before applying for them. But remember, it's never too late to start and some of the most popular veterans benefits never expire.

Paul R. Lawrence, Ph.D., served as Under Secretary for Benefits at the U.S. Department of Veterans Affairs from May 2018 to January 2021. He is the author of "Veterans Benefits for You: Get what You Deserve," published in 2023. ★

County 2024-25 Recommended Budget Approved

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted unanimously on June 5 to approve the \$8.8 billion Recommended Budget for Fiscal Year (FY) 2024-25.

The \$8.8 billion spending plan consists of \$3.5 billion in Enterprise and Special Revenue Fund appropriations (utility rates, fees and other dedicated revenue), \$3.8 billion in General Fund appropriations (funded with \$990 million in discretionary resources, \$1.5 billion in reimbursements from restricted funds, and the remaining \$1.3 billion in Federal, State and fee revenue dedicated to specific purposes), and \$1.5 billion in Restricted Funds.

The Recommended Budget recognized new or enhanced areas of growth, including:

Health Services increased by \$28.4 million for increased acute psychiatric inpatient costs, Behavioral Health Bridge Housing funding, increased capacity and services at Permanent Supportive Housing units, and behavioral health services at the Youth Detention Facility.

Child, Family and Adult Services increased by \$5.7 million (\$4.5 million Net County Cost) for Child Protective Services welcome and assessment center services and family resource center court-mandated parenting workshops.

Human Assistance increased by \$4.2 million (\$100,000 Net County Cost) for childcare payments for CalWORKs participants and funding for a position in the County Veterans Services Office.

The sheriff increased by \$3.9 million (\$1.2 million Net County Cost) for a mobile command vehicle, required software expenditures and required body-worn camera licenses and equipment.

Correctional Health Services increased by \$3.4 million (\$300,000 Net County Cost) for a Medication Assisted Treatment Program, additional pharmacy positions (both of which support the County's obligations under the Mays Consent Decree

Remedial Plan) and a new electronic health record system.

Community Development increased by \$1.2 million (\$1 million Net County Cost) to support the Infill Acceleration Program, the Climate Action Plan and two Planning Technician positions.

Homeless Services and Housing increased by \$1 million (before reimbursements) to fund beds at a planned Safe Stay Community and three new positions and services supporting administration for the department.

This year's reductions totaled \$6 million, which will result in the deletion of 31 vacant full-time equivalent (FTE) positions as well as other budget reductions across several departments. No filled positions were recommended for deletion.

The Recommended Budget's most significant reductions include:

Health Services reduced by \$2.2 million including consulting contracts, operational supplies and the deletion of 14 vacant FTE positions.

Child, Family and Adult Services reduced by \$1.8 million, including the deletion of 16 vacant FTE positions.

In addition to staff recommendations, the Board added two full-time equivalent positions: a criminal attorney in the District Attorney's office and a criminal attorney in the Public Defender's Office. The funding for those two positions will come out of the appropriation for contingency, reducing that appropriation from \$15.1 million to \$14.5 million.

The Board also supported a three-year funding commitment to the Black Child Legacy Campaign in future budget recommendations through Fiscal Year 2026-27.

By the Numbers:

Total Budget: \$8.8 billion
General Fund: \$3.8 billion
Enterprise and Special Revenue: \$3.5 billion
Restricted Funds: \$1.5 billion
Number of Employees: 13,646 ★

Unsheltered Homelessness Decreases 41 Percent in Sacramento

Continued from page 1

run by the county through its partnership agreement with the city.

"It is encouraging to see positive results from the hard work we've been doing for years," Kennedy said. "The county has invested significant resources into new programs, services and shelter beds. I am proud to have many of these shelter beds in my district and more coming this year. Together, we're making a difference!"

Sacramento Steps Forward CEO Bates noted several significant factors that have helped ease the crisis of unsheltered homelessness in Sacramento, including:

Direct assistance from the state to cities, counties and Continuums of Care through the Homeless Housing, Assistance and Prevention Grant (HHAP) program. The city, county and Sacramento Steps Forward have received \$120 million in HHAP funding since 2019. HHAP currently pays for 97% of the city's emergency shelter beds.

The partnership agreement signed by the County and City in 2022 increased street outreach to homeless encampments with teams that include county behavioral health workers.

A sizeable increase in emergency shelter and homeless housing capacity. The number of shelter and transitional housing beds in the city and county has increased by 84 percent from 2020 — to a total of 3,527 beds. The number of permanent supportive housing units has risen 30 percent, an increase of 1,001 units.

An easing of rents and the availability of apartments. Bates noted that the average apartment vacancy rate rose by 58% since 2022, with rents dipping by 3%.

The new Coordinated Access System funded by the City and County and run by Sacramento Steps Forward provides a centralized access point for shelter, housing and homelessness prevention services.

To read the full 2024 Point-In-Time Count report and view infographics, go to www.sacstepsforward.org. ★

Strike Up the Money



Sacramento Valley Symphonic Band Association President David Meyer awards a \$1,000 scholarship to music student Megan Lynch. The presentation followed the teenage percussionist's performance in Carmichael Park.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Presented during the Sacramento Valley Symphonic Band Association's recent festival in Carmichael Park, a \$1,000 youth scholarship was awarded to student musician Megan Lynch.

The prize crowned the Granite Bay High graduate as the association's 2024 soloist contest winner. Accompanied by the Amador County Concert Band, Lynch, 18, gave a xylophone performance that delighted park audiences.

"She mastered a new piece of music just for this performance," said contest chair Grant Parker. "Not only was Megan virtuosic, she also showed the sense of humor the 1925 piece called for. She was poised, professional and the crowd loved her."

The cash prize will go toward Lynch's studies at the University of Cincinnati Conservatory of Music.

The Sacramento Valley Symphonic Band Association Youth Artist Soloist Scholarship has been awarded annually for 30 years. Applicants must be enrolled in a Northern California high school band program. For more information, go to www.svsva.net. ★

Defendant Convicted of Shooting Murder, Assault at Cheers Sports Bar

Sacramento County District Attorney's Office News Release

NATOMAS, CA (MPG) - Toese Asiata was convicted by a jury of first-degree murder and assault with a semi-automatic firearm. The jury also found true allegations that Asiata personally discharged a firearm causing death and great bodily injury.

On Sept. 13, 2022, Nicholas Snead was at Cheers Sports Bar in Natomas. The bar was hosting a pool tournament and had music playing. Snead reportedly bumped into Toese Asiata while he was dancing to the music. Asiata then reportedly pulled a .45 caliber semi-automatic handgun from a backpack he was wearing and shot Snead multiple times, according to the District Attorney's Office. Snead was struck five times, killing him, the District

Attorney's Office said, and a second victim was also struck by the gunfire. He sustained wounds that required lengthy hospital and nursing home stays, multiple surgeries and physical therapy.

After committing the crimes, Asiata fled the bar and Sacramento. Sacramento police detectives learned Asiata's identity from witnesses and reviewing video surveillance that captured the shooting. After extensive efforts by detectives to locate Asiata, they were notified that Asiata had been located in Hawaii and was arrested in connection with the shooting. Asiata was extradited back to California to stand trial for the charges.

Asiata faces a maximum sentence of 72 years to life in prison. Sentencing is set for July 12 at 1:30 p.m. in Department 40 before Judge Steve White. ★

Birds Tests Positive for West Nile Virus

Continued from page 1

finding of WNV, the district will increase its mosquito trapping and monitoring in the area to find sources where mosquitoes may be breeding. Targeted ground spraying may also be conducted to rapidly decrease the numbers of adult mosquitoes.

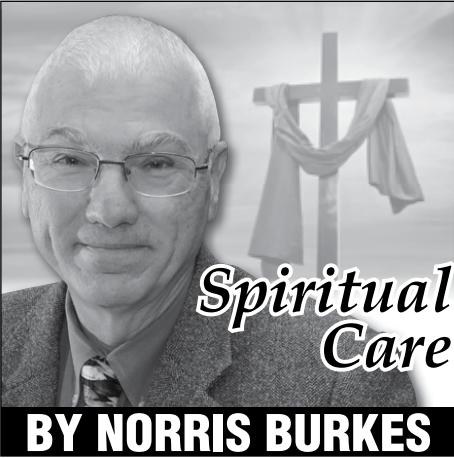
For current information about District activities, please visit www.FIGHTtheBITE.net. Residents may

also subscribe to mailing lists to receive email notifications for upcoming mosquito treatments by zip code. To sign up, go to SprayNotifications on the website.

2024 West Nile virus activity update: Sacramento County: 3 dead birds and 1 mosquito sample have tested positive for West Nile virus to date.

Yolo County: No activity has been registered so far. ★

A Recovering Christian and the Catholic Church



ByDane Dowell

In my teens, I grew up in the Methodist church. I sang in choir, played handbells, joined the youth group and sat on the finance committee. I was a “Christian.”

In my 20s, I moved to Denver and started traveling the world. Experiencing other cultures, I began to question my faith. I learned to embrace my authentic self and rewrite my beliefs according to my lived experience. I called myself a “former Christian.”

In my 30s, I began a spiritual journey learning to acknowledge my inner light. Organized religion seemed to emphasize the external God. Through my spiritual studies, I began to also see our inner divinity. Christians believe God is Love.

Though not necessarily aligned with any one faith, I believe Love is God. Given my upbringing, I began to use the term “recovering Christian.”

Now in my 40’s (all of two months), I took a trip last month to Honduras with Chispa Project, and I am now calling myself a “catholic.” Not Catholic like the religion, but rather catholic in the true meaning of the word: the universal, undivided church.

The mission of Chispa Project is to partner with schools throughout Honduras to install libraries and bring books into classrooms.

Books empower kids with words. Children learn to tell stories. They read about different subjects. They learn critical thinking and engage their imaginations. Mostly run by Hondurans, the project is occasionally assisted by groups of volunteers who help local staff inaugurate a new school library.

In April, I joined the Chispa Project along with almost 20 other volunteers for one week. I met up with the group at the newly modernized Comayagua International Airport. We were an odd-looking bunch, but I was curious to hear everyone’s story.

After two hours of driving through lush green hills, we arrived at our destination close to Lago Yojoa. Honduras is a beautiful country where plants thrive, and life cannot help but burst forth everywhere. It felt symbolic of the abounding presence of life I hoped to experience that week in Honduras.

Gathered in a circle, we introduced ourselves. Within minutes, it became clear that we were a diverse group—diverse in terms of hometowns, ages, jobs, faith, sexualities, political ideologies and our lived experiences.

Back home, it would have been easy to draw lines and self-segregate. Instead, in Honduras, we spent a week volunteering together, and what a beautiful week it was.

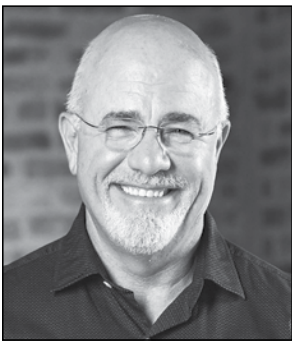
I painted walls with Robert from Colorado, stickered books with Melissa from Florida, assembled bookshelves with Bob from South Carolina and organized classroom activities with Marianne from Tennessee. Throughout the week, I was afforded glimpses into the lives of more than 20 unique individuals.

Yes, we were incredibly different. Yet as volunteers, we became united in our actions as one collective family. There were many moments of levity and laughter and moments of sincere depth. Spending a week with these people, I came to see how we are all more alike than we are different. We all had an inner light: the Christ within.

In the rural countryside of Honduras, I was reminded of a line from the Apostle’s Creed:

“I believe in the Holy Spirit, the holy catholic church....” Truly, that week kindness and generosity united us all; we were each connected by the spirit of love. Though a stranger in foreign lands, I found a family; though a “recovering Christian” among diverse beliefs, I found a new home in the “catholic church.” ★

I’ve asked Dane Dowell to guest-write my column today because Dane recently volunteered for Chispa Project. He is a life coach who loves to explore the confluence of spirituality, psychology and culture. He is also the author of an upcoming book, “The Light That Beckons.” Based in Denver, he’s often on adventures exploring the world. You can learn more about him at www.danedowell.com.



Think, Pray and Find Your Calling

Dear Dave,

My husband and I have been very blessed financially over the course of our lives. We make a little over \$200,000 a year combined, and we currently have a net worth of around \$4 million. But what do you do when you’re not motivated by that kind of thing anymore? How do you find and live out God’s purpose for your life, when you’ve already had a better life than you ever expected?

– Amanda

Dear Amanda

I can’t tell you what your calling is, but I can say this. There’s a lot of fulfillment and joy to be found when you’re doing something that serves the people and things in your life that matter most.

If you’ve studied psychology a bit, you may remember something called Maslow’s Hierarchy of Needs. Basically, it says once your physiological and safety needs have been

Dave Ramsey Says

met, you begin to feel the need to find other things to motivate you. It sounds like you’re both hard-working, performance-driven people. I am, too. And people like us get our relaxation, and even fulfillment, away from work in different ways than most people.

If I were in your shoes, I’d start trying to think about ways you can serve other people or causes you care about. Maybe there were dreams you had a long time ago, and you put them aside for your career. What really speaks to you right now, at this stage of your life? For you, if you have kids in the house, it might mean becoming a stay-at-home mom and really pouring yourself into them. It might mean starting an animal shelter, or providing meals for people who are homebound. Everyone has dreams, and everyone’s dreams are different.

It sounds like you’ve been thinking about this for a while, so here’s my advice to you. Take a day, or even a weekend, all to yourself. Get away from everything and everyone—any and all outside distractions—and think about your future self. Bring along things to eat and drink, a bunch of notepads, pencils and a

Bible. Then, before you do anything else, take a deep breath, relax and pray.

From that point on, be completely honest with God and with yourself. Open up your heart and mind to things you care about and all the possibilities. You have to have a goal that’s worthy in mind, and that’s the one thing that’s missing. But a time of thoughtful prayer—and yes, even daydreaming—may just put you closer to an answer than you’ve ever been before.

Congratulations on your success, Amanda. You and your husband truly have been blessed. But now, it may be the time to become a blessing to others!

– Dave

Dave Ramsey is an eight-time No. 1 national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

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Sisters in Christ

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New Beginnings Fellowship

God's Little lambs

Free Store

10th & Q St.

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Worship Services 11 a.m.

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Worship: 6 p.m.

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Publisher,

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Social Security Matters

Social Security’s “Guaranteed” Annual Cost-of-living Adjustment (COLA)



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I’ve been reading a lot lately about speculation on what next year’s benefit increase will be, and it seems like most of the experts are suggesting a range of 2.5% to 3%. My neighbor says don’t worry about it, because there will always be some level of increase come January. It’s guaranteed, right? **Signed: Retired But Questioning**

Dear Retired: You’ve brought up a common belief about the annual Social Security COLA, one that we hear often. Let’s start with some background. Each year’s COLA results from comparing the third quarter average Consumer Price Index (CPI-W) each year to the same average from the preceding year. The result of dividing the current year’s average by

the previous year’s average produces the COLA for the following year. For 2024’s adjustment, the 2023 third-quarter average was 301.2 and the comparable figure for 2022 was 291.9, producing the 3.2% benefit addition.

It’s not always the case that the year-to-year CPI calculation produces a positive result, as was the case three times so far this century. As recently as 2016, for example, the 2015 third-quarter average was 233.3 and the comparable figure for 2014 was 234.2, producing a negative change. Fortunately for beneficiaries, Social Security law prohibits a negative COLA, so the negative result was ruled out and the COLA for 2016 was zero.

So, the rumor that there will always be a benefit increase in January is untrue, although having only three zero COLA years since the start of automated adjustments in 1974 leads folks to assume there will always be a boost in the new year. The size of the adjustment fluctuates with economic cycles and has ranged from a high of 14.3 percent in 1980 to 0.3% in 2017 (excluding,

of course, the zero years). Incidentally, the historical average since automatic COLAs began is 3.8%, so the 2024 adjustment of 3.2% isn’t that far from the average.

Social Security’s rules are myriad and often confusing, but no question is too simple to be asked. The AMAC Foundation’s Social Security Advisory Service is available, at no charge, to answer all your Social Security questions, via email at ssadviser@amacfoundation.org or call 1.888.750.2622. *This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation’s staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadviser@amacfoundation.org.* ★

California Seeks a More Resilient Water Supply as Familiar Sides Battle for Access



By Dan Walters, CALMatters.org

California is a semi-arid state in which the availability of water determines land use, and in turn shapes the economy.

That, in a nutshell, explains why Californians have been jousting over water for the state’s entire 174-year history.

The decades of what some have dubbed “water wars” may be approaching a climactic point as climate change, economic evolution, stagnant population growth and environmental consciousness compel decisions on California’s water future.

A new study, conducted by researchers at three University of California campuses, projects that a combination of factors will reduce California’s water supply by up to 9 million acre-feet a year – roughly the equivalent of all non-agricultural human use. They include effects of climate change, new regulations to stem the over-draft of underground water, reducing Colorado River diversions and increasing environmental flows, especially those through the Sacramento-San Joaquin Delta.

In an average year, around 200 million acre-feet of water fall on the state as rain or snow. Evaporation and percolation take most of it, leaving about 80 million acre-feet to be divided up among three major uses. Agricultural irrigation and environmental flows to

the ocean are roughly equal at around 35 million acre-feet while residential, commercial and industrial users take the remainder.

The latter is not only the smallest of the three uses but has been remarkably stable – even declining somewhat, despite decades of high population growth – thanks to intensive conservation programs.

Although water officials constantly beseech Californians to limit their personal consumption of water, the real conflict in recent years, particularly during periods of drought, has pitted agricultural interests against environmentalists over the flows needed to nurture fish and other wildlife.

Environmentalists have pressed state water officials, particularly the Water Resources Control Board, to compel farmers to reduce diversions from rivers to enhance flows. Agriculture is also being squeezed by new restrictions on tapping aquifers via wells. Moreover, California’s largest-in-the-nation agricultural sector has also been shifting from seasonal crops to nuts, grapes and other permanent, high-value products, which need year-round watering.

“Good management and policy for this situation requires organized serious attention and consistent long-term policy, without complacency or panic,” the UC study concludes.

The new study bolsters a 2022 policy paper issued by the Newsom administration calling for 4 million acre-feet of new water storage, another 1.3 million in savings through conservation and reuse of wastewater, and new supplies from desalination and other processes.

The study also arrives as legislation that would set new

targets for increased water supply, Senate Bill 366, makes its way through the Capitol with broad support from water interests of all varieties.

It’s one thing to point out that California faces a potential water supply crisis and should be earnestly trying to avoid the effects, but actually doing something confronts two steep hurdles: the glacial pace of water projects of any kind, and unresolved conflict over water rights, some of which date back to the state’s founding in 1850.

The Sites Reservoir exemplifies the former. The western Sacramento Valley project, which would add 1.5 million acre-feet of off-stream storage, has moved closer to reality in recent years after seven decades of sitting on the shelf. Ditto for the long-planned canal or tunnel that would bypass the Sacramento-San Joaquin Delta.

The notion of a comprehensive, long-range program making California’s uncertain water supply more resilient sounds great, and the clock is ticking. However, it assumes that officialdom has the legal authority to make it happen.

Until and unless the issue of water rights is resolved, the much-discussed reallocation of supplies – more for environmental flows and less for agriculture – will remain stalled.

Dan Walters is one of most widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. He began covering California politics in 1975, just as Jerry Brown began his first stint as governor, and began writing his column in 1981. He has been at CalMatters since 2017. ★

RLHS Names New Sports Complex

Continued from page 1

served as president for over 12 years and even after he stepped down, he continued to support the society in every way possible. He later served as our vice-president.”

“Bob’s connections with Sacramento County Regional Parks and our local park district made it possible for the society to lease the Dry Creek Ranch so that the society would finally have a ‘home’ in 1995,” Buckland added. “Bob and his cousin, Frank Weckman, organized the first annual Farm & Tractor Days event, the society’s one major fundraiser each year. The society greatly misses Bob and will be forever indebted to him for all of his non-stop support.”

The community remembers Bastian in many ways, including naming the high school baseball/softball complex in his name recently.

Bastian leaves behind an irreplaceable legacy to the Rio Linda/Elverta area. Having changed the



Trustee Stacey Bastian (center, Bob Bastian’s daughter), her children, and Bastian’s wife, Susan Bastian, were appreciative of the dedication to Bastian. Photo courtesy of Twin Rivers Unified Communications Department

lives of many, young and old, Bastian will never be forgotten and will now be a part of every single Rio

Linda High School baseball and softball game going forward, according to community members. ★



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FAST 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03901 Eric Lee Van Skike, 5541 Montia Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Morgan-Nels Industrial Supply" 5541 Montia Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 16, 2024
Publish: May 24, 31, June 7, 14, 2024
MORGAN 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03881 Benjamin Tivadar, 7317 Poseidon Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Tiva Electric" 7317 Poseidon Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 15, 2024
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TIVA 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02848 Jason Francis Morgan, 7705 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "DJ's Auto and Tire" 7705 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 15, 2024
Publish: May 24, 31, June 7, 14, 2024
DJS 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03625 Volodymyr Buchynskiy, 1151 Bell Street Apt 8, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "917 Fridge" 1151 Bell Street Apt 8, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 7, 2024
Publish: May 24, 31, June 7, 14, 2024
FRIDGE 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03896 Phelecia Anne Curtis, 6633 24th Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Courage Career Coaching" 6633 24th Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County May 16, 2024
Publish: May 24, 31, June 7, 14, 2024
COURAGE 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03663 The Bee Box LLC, 4765 J Street Suite C, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "PollenBoost" 4765 J Street Suite C, Sacramento, CA 95819. Filed with the Clerk of Sacramento County May 9, 2024
Publish: May 24, 31, June 7, 14, 2024
POLLENBOOST 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03808 Advanced Equipment Repair, Inc, 2795 E. Bidwell Suite 100-334, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Camp 61 Appare/Jack Frost Co" 3298 Monier Circle, Suite 130, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 13, 2024
Publish: May 24, 31, June 7, 14, 2024
CAMP 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03672 Anusha Mangadu, 12155 Tributary Point Drive Apt-188 Cobble Oaks, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Anuu's Arts & Drapes" 12155 Tributary Point Drive Apt-188 Cobble Oaks, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County May 9, 2024
Publish: May 24, 31, June 7, 14, 2024
ANUUS 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03179 Mortuary Support Services of Northern CA, LLC, 35 Quinta Court Suite C, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Postal Source" 7330 Fair Oaks Boulevard Suite 7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 24, 2024
Publish: May 24, 31, June 7, 14, 2024
POSTAL 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03518 Pavlo Herasymovych, 5717 Callie Lane Apt D, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "GP Transportation" 5717 Callie Lane Apt D, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 3, 2024
Publish: May 24, 31, June 7, 14, 2024
GP 6-14-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03942 BMKT Inc, 10319 Frank Greg Way, Elk Grove, CA 95757 is doing business un-

der the Fictitious Business Name(s) "Auto Splash" 7320 Winding Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 17, 2024
Publish: May 31, June 7, 14, 21, 2024
AUTO 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03120 Christian Baird, 3511 Del Paso Road Suite 160, PMB419, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "On The Fly Notary" 5433 Duck Walk Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County April 23, 2024
Publish: May 31, June 7, 14, 21, 2024
NOTARY 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04015 Martin Smith, 6860 Woodclock Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Comfort Financial" 6860 Woodclock Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County May 21, 2024
Publish: May 31, June 7, 14, 21, 2024
COMFORT 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-02537 Deborah Alexander, P.O. Box #4, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Rental Turnover Specialist" 8134 Dart Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County April 3, 2024
Publish: May 31, June 7, 14, 21, 2024
RENTAL 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03250 Raymond Dacanay and Mathew Flower, 5208 Heritage Drive, Carmichael, CA 95608 are doing business under the Fictitious Business Name(s) "Gotcha Safe" 5208 Heritage Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County April 26, 2024
Publish: May 31, June 7, 14, 21, 2024
GOTCHA 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03554 Dr. Kellen Grayson, 4070 Bridge Street Suite 3, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "SacTown Therapy" 4070 Bridge Street Suite 3, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County May 6, 2024
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SACTOWN 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03445 Keyes Entertainment LLC, 9353 Greenback Lane, Suite 9, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Scotty's Hideaway" 9353 Greenback Lane, Suite 9, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 2, 2024
Publish: May 31, June 7, 14, 21, 2024
SCOTTYS 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03879 Katherine Kruser, 10419 Old Placerville Road #252, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sacramento Center for Neuropsychology" 10419 Old Placerville Road #252, Sacramento, CA 95827. Filed with the Clerk of Sacramento County May 15, 2024
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SACRAMENTO 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04046 Zimei Chinese Culture Academy, LLC, 2848 Arden Way Suite 210A, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Zimei Chinese Culture Academy" 2848 Arden Way Suite 210A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 22, 2024
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ZIMEI 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03619 Guest Innovations, Inc., 1740 Creekside Oaks 175, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Rezku/Rezku POS" 1740 Creekside Oaks 175, Sacramento, CA 95833. Filed with the Clerk of Sacramento County May 7, 2024
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REZKU 6-21-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04083 William Hedges, 8405 Dalmeny Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Hedgehog Fab Works" 8405 Dalmeny Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 24, 2024
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HEDGEHOG 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04075 Danielle Oullet, 5430 Kohler Road #57, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "T Shirts, Hat & Mugs" 5430 Kohler Road #57, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 23, 2024
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TSHIRTS 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03888 Cheng Corp, 2378 Fruitridge Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Encore Dental Services" , 2378 Fruitridge Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County May 15, 2024
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ENCORE 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03996 Robert John Harris, 7552 Fusion Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Mr Wonderful's Trucking" 7552 Fusion Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County May 21, 2024
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WONDERFULS 6-28-24

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MURPHY 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03758 Admin Savings LLC, 8488 Elder Creek Road Suite 1, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Admin Savings" 8488 Elder Creek Road Suite 1, Sacramento, CA 95828. Filed with the Clerk of Sacramento County May 10, 2024
Publish: June 7, 14, 21, 28, 2024
ADMIN 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04067 MOAI, 2633 Cardinal Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "MOAI Living" 4350 Virgusell Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 23, 2024
Publish: June 7, 14, 21, 28, 2024
MOAI 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03867 Hillside Handyman LLC, 12653 Thornberg Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Hillside Handyman" 12653 Thornberg Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County May 14, 2024
Publish: June 7, 14, 21, 28, 2024
HILLSIDE 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04094 Nicholas J. Russo, 7128 Lincoln Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "London and Lauder Property Management/London and Lauder" 6035 Lincoln Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 24, 2024
Publish: June 7, 14, 21, 28, 2024
LONDON 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04000 David Bach, 63 Fallwind Circle, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Bach Financial Literacy Consulting" 63 Fallwind Circle, Sacramento, CA 95831. Filed with the Clerk of Sacramento County May 21, 2024
Publish: June 7, 14, 21, 28, 2024
BACH 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04157 Rolya Transport LLC, 3836 Ivy Street, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Rolya Transport" 3836 Ivy Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County May 28, 2024
Publish: June 7, 14, 21, 28, 2024
ROLOYA 6-28-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04420 Citrus Heights Logistics LLC, 5912 Auburn Boulevard, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Citrus Heights Logistics/Citrus Heights Storage" 5914 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 5, 2024
Publish: June 14, 21, 28, July 5, 2024
CITRUS 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04435 Eduardo Gomez Sanchez, P.O. Box 1135, Sloughhouse, CA 95683 is doing business under the Fictitious Business Name(s) "Flying E Cattle Co" 13501 Jackson Road, Sloughhouse, CA 95683. Filed with the Clerk of Sacramento County June 6, 2024
Publish: June 14, 21, 28, July 5, 2024
FLYING 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04358 Said Mujtaba, 1150 Sibley Street Apt #122, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Progress" 1150 Sibley Street Apt #122, Folsom, CA 95630. Filed with the Clerk of Sacramento

County June 4, 2024
Publish: June 14, 21, 28, July 5, 2024
PROGRESS 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04299 Home Care Plumbing, Inc, 11584 Linday Way, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Home Care Plumbing" 11584 Linday Way, Gold River, CA 95670. Filed with the Clerk of Sacramento County June 3, 2024
Publish: June 14, 21, 28, July 5, 2024
HOME 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04250 Uyen Vo, 821 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Uvglamorous/UVO Beauty" 821 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 30, 2024
Publish: June 14, 21, 28, July 5, 2024
UVGLAMOROUS 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04441 Robert N. Opfer, 4825 Savant Drive Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Integrated Doors and Locks" 4825 Savant Drive Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 6, 2024
Publish: June 14, 21, 28, July 5, 2024
INTEGRATED 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04237 Cornerstone Funding Inc, 525 Morse Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Cornerstone Capital" 525 Morse Avenue, Sacramento, CA 95864. Filed with the Clerk of Sacramento County May 30, 2024
Publish: June 14, 21, 28, July 5, 2024
CORNERSTONE 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04160 Advanced Machine Group, LLC, 2205 Brunton Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Apex Auto Group" 1564 Santa Ana Avenue Unit 100, Sacramento, CA 95838. Filed with the Clerk of Sacramento County May 28, 2024
Publish: June 14, 21, 28, July 5, 2024
APEX 7-5-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-03697 Singh44 LLC, 725 Falmouth Court, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "Nation's Giant Hamburgers" 5450 Sunrise Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 9, 2024
Publish: June 14, 21, 28, July 5, 2024
NATIONS 7-5-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV009845

Taqwaallah Hasnawi has filed a petition with this court for a decree changing the name(s) of Taqwaallah Hasnawi to Nancy Aram.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: May 31, June 7, 14, 21, 2024
HASNAWI 6-21-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV009907

Alaa Abdulfatah Shatat has filed a petition with this court for a decree changing the name(s) of Alaa Abdulfatah Shatat to Ayla Shatat.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: May 31, June 7, 14, 21, 2024
SHATAT 6-21-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV009220

Cong Danh Pham has filed a petition with this court for a decree changing the name(s) of Cong Danh Pham to James Cong Danh Pham.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 13, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 3, 2024
Christopher E. Krueger, Judge of the Superior Court

Publish: June 7, 14, 21, 28, 2024
PHAM 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV008290

Kavita Devi and Daniel Chand have filed a petition with this court for a decree changing the name(s) of Hridhaan Chand to Ethan Chand.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court July 31, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: April 25, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: June 7, 14, 21, 28, 2024
CHAND 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#34-2022-00326934

Melanie Ann Anderson has filed a petition with this court for a decree changing the name(s) of Melanie Ann Anderson to Melanie Ann Bazile.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 29, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: June 7, 14, 21, 28, 2024
ANDERSON 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV009232

Anh Dung Tran and Thi Kim Huong Le have filed a petition with this court for a decree changing the name(s) of Anh Dung Tran to Dung Anh Tran and Thi Kim Huong Le to Huong Thi Kim Le.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 11, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 10, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 7, 14, 21, 28, 2024
TRAN 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV009902

Gurmukh Singh has filed a petition with this court for a decree changing the name(s) of Gurmukh Singh to Gurmukh Singh Nagra.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 18, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 17, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 7, 14, 21, 28, 2024
SINGH 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV010203

Neville Ricardo Ferron has filed a petition with this court for a decree changing the name(s) of Neville Ricardo Ferron to Neville Ricardo Fearon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 19, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 22, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 7, 14, 21, 28, 2024
FERRON 6-28-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV010744

Victoria Dianne Facino has filed a petition with this court for a decree changing the name(s) of Victoria Dianne Facino to Victoria Dianne Glass.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 3, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: June 14, 21, 28, July 5, 2024
FACINO 7-5-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV010691

Tamika Nashae Bledsoe has filed a petition with this court for a decree changing the name(s) of Tamika Nashae Bledsoe to Mika Nashae Bledsoe.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 26, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 31, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 14, 21, 28, July 5, 2024
BLEDSOE 7-5-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV010014

Mohammad Haroon Obaidi has filed a petition with this court for a decree changing the name(s) of Ahmed Belal Obaidi to Tayeeb Obaidi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 19, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: June 14, 21, 28, July 5, 2024
OBAIDI 7-5-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE HERNANDEZ CASE NO. 24PR000505

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jose Hernandez.

A Petition for Probate has been filed by Michelle Hernandez, in the Superior Court of California, County of Sacramento, requesting Michelle Hernandez be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows June 27, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Huck Ingram, 110 Bank Street, Grass Valley, CA 95945; 530-432-1996.
Publish: May 31, June 7, 14, 2024
HERNANDEZ 6-14-24



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CLUES

ACROSS

1. Molten rock in earth's crust

6. Scarlett Johansson's 2013 voice only role

9. Jezebel's idol

13. Not silently

14. Pro vote

15. Italian bowling

16. Proclaimed as true without proof

17. Rob Manfred's org.

18. Savory taste sensation

19. *Tom Cruise's 1986 blockbuster

21. *It featured the song "What Was I Made For?"

23. Wrath, e.g.

24. Milton Bradley's "The Game of"

25. General Post Office

28. A woodwind

30. Group of trained professionals, pl.

35. Icy precipitation

37. Concert units

39. Charles Dickens' Heep

40. Scandinavian capital

41. Rebroadcast

43. Khrushchev's domain, acr.

44. *What the gang did in 1988's "A Fish Called Wanda"

46. Exploding star

47. Clarified butter

48. Airport surface

50. Highway hauler

52. Breed

53. Miss Muffet's repast

55. Not flow

57. *Tim Burton's 1989 and 1992 title character

60. *It featured the song "Summer Lovin'"

63. Popular fashion magazine

64. Road in Rome

66. Comment to the audience

68. Deposit the ashes

69. Giant Hall-of-Famer Mel _____

70. Canine skin infection

71. Humble and docile

72. Name badges, acr.

73. Streamlined

DOWN

1. Bonkers

2. Sir Mix-_____

3. Kind of boots in the '60s

4. One M in MMR vaccine

5. Slowly and gracefully, in music

6. Mass number

7. Snake-like reef dweller

8. Teacher of Torah

9. **"Oppenheimer" subject

10. Popular smoothie berry

11. Pinnacle

12. Hula dancer's necklace

15. B in FBI

20. Open up

22. Half of NFL

24. a.k.a. Hansen's disease

25. *1990 Swayze/Moore blockbuster

26. Tractoria staple

27. Petroleum tanker

29. *It premiered in the U.K. on 6/6/76, with The

31. Chemical cure

32. Reversed Hindu

33. Drawing support

34. *2001 blockbuster ogre

36. Type of rich soil

38. "Keep this information" button

42. Name-chooser

45. Wyatt Earp and such

49. Cuban dance syllable

51. Letter-resembling supports

54. End of a poem

56. Primary

57. Like certain china

58. Malaria symptom

59. Ankara native

60. Gangster's pistols

61. Cosine's buddy

62. U2 member

63. Vigor's partner

65. It would

67. Comic book cry of horror

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Volunteers Honored with DOVIA Awards

By Omella Rossi,
photos by Bill Taylor

SACRAMENTO REGION, CA (MPG)
- The nonprofit Directors of Volunteers in Agencies (DOVIA) honored 23 volunteers from communities throughout Sacramento County and Yolo County at its annual awards ceremony on May 16.

Since its inception in 1978, DOVIA Sacramento has played a crucial role in connecting professional volunteer managers and leaders. It serves as a hub for exchanging ideas and resources among those who oversee volunteers in different organizations. Additionally, it collaborates with various groups to raise awareness about the importance of volunteering in the community. By fostering communications between member agencies, institutions, and the public, it aims to create a more supportive environment for volunteerism to thrive.

“We are committed to honoring exceptional people in our community and training volunteer program managers from a variety of local service-organizations,” said DOVIA board member Twyla Teitzel.

DOVIA has a variety of agency members ranging from hospices to food banks and local government organizations. It covers Sacramento, Sutter, Yolo, Yuba, El Dorado and Placer counties.

The May 16 reception held at the Girls Scout Heart of California office honored the 23 nominees and winners of the Youth Volunteer of the Year, the Individual Volunteer of the Year and Volunteer Manager of the Year awards.

“The DOVIA executive board focuses on executing events such as this awards ceremony,” said communication chair Jacqueline Ramirez. “Volunteer events broaden the awareness of volunteerism and the critical role volunteers play in helping meet local needs required for the



Patty Estopinal, center, winner of the Individual Volunteer of the Year accepts her award alongside Miss Sacramento County, Helen Dang, left, and Miss Capitol City, Nicole Vicks.

community to function at its best.”

Among the nominees, seven volunteers were nominated for Youth Volunteer of the Year, 13 were nominated for Individual Volunteer of the Year and three volunteer coordinators were nominated for Volunteer Manager of the Year. The evaluation was conducted by a panel of three judges: Barbara Fitzwater, retired volunteer manager at Kaiser Permanente; Tiffany Maese, volunteer coordinator at the Sacramento County Sheriff’s Office; and Janice Wagaman, formerly associated with the Front Street Animal Shelter.

The Margaret Einspahr Youth Volunteer of the Year award acknowledges a youth volunteer under age 21 who has shown exceptional dedication to community service, having contributed a minimum of 25 hours of service between January and December 2023. Recipients of this award receive a \$500 scholarship funded by the Margaret Einspahr Memorial Fund to honor Margaret Einspahr’s legacy as a dedicated leader in the field of volunteerism.

The 2024 winner of the Youth Volunteer award was Riya Janardhan, a high school junior, nominated by WEAVE, a nonprofit organization dedicated to promoting safe and healthy relationships and support survivors of

sexual assault, domestic violence, and sex trafficking in Sacramento. Janardhan was nominated for her dedication to advocating for women’s rights and gender equality.

“Being a girl myself and having to experience different stereotypes, I don’t want to have to experience this at such a young age,” Janardhan said. “It’s something I strive to want to fix.”

Other nominees for this position included Kevin Leach, nominated by Meristem in Fair Oaks; Kai Nakaoka, nominated by Scouting America in Sacramento; Maximum Truong, nominated by the Sacramento Tree Foundation; and Kristy Yu, Flynn Ng, and Cara Taylor, nominated by the Sacramento Public Library.

The Individual Volunteer of the Year award is presented to a volunteer over age 21, who has dedicated a minimum of 25 hours of service. The award recipient receives a \$100 award for their organization.

The winner for this year’s award was Patricia Estopinal, nominated by Court Appointed Special Advocates Sacramento (CASA), an organization focused on ensuring support for children in the foster care system through volunteer advocates.

“This award means so much because for the past 14 years being able to have a relationship with foster youth, to have a



Riya Janardhan, center, Youth volunteer of the Year, accepts her awards alongside Miss Sacramento County, Helen Dang, left, and Miss Capitol City, Nicole Vicks.

relationship where you know that you’re the one constant, no matter what is going on in their lives, it’s just such a meaningful relationship,” Estopinal said.

The nominees for the positions included Beatriz Bueno and Jane Shapiro, nominated by the Sacramento Medical Serve Corps in McClellan; Anne Marie Christian, Daisey Maldonado and Karina Villanueva, nominated by Dignity Health Methodist Hospital in Sacramento; Mary Kay Edson, nominated by the Sacramento Public Library; Ron Hills, nominated by Vitalant in Mather; Marissa Honey-Plate, nominated by the Miss Sacramento County Scholarship Organization in Antelope; Rodney Horton, nominated by the American River Parkway Foundation in Carmichael; Nicky Smolter, nominated by the Lavender Library in Sacramento; Matthew Tran, nominated by the Sacramento Tree Foundation in Folsom; and Kristy Venrick Mardon, nominated by Only Sunshine Sanctuary in Fair Oaks.

Volunteer Manager of the Year honors a volunteer manager who demonstrated outstanding leadership and dedication to supporting volunteers. The winner received a \$100 award for their organization, along with a one-year complimentary DOVIA Sacramento organization membership.

The 2024 winner was Marlene

von Friedrichs-Fitzwater nominated for her work with Joshua’s House and Health Communication Research Institute located in Yolo County. She has spent the past decade building Joshuas House, a hospice facility for terminally-ill homeless individuals. Von Friedrichs-Fitzwater has raised \$2.5 million and created a volunteer organization to provide high-quality care.

Other nominations included Marissa Honey-Plata nominated by Miss Sacramento County Scholarship Organization and Justin Rubio with Sacramento Tree Foundation.

During the ceremony, several guest speakers talked about the importance of volunteering and the work they have done throughout the years. Lynn Pesely, winner of the 2023 DOVIA Volunteer Manager award, talked about her work with the Sacramento Medical Reserve Corps. Helen Dang, Miss Sacramento County, and Nicole Vicks, Miss Capitol City, winners of the Miss Sacramento County Scholarship program, mentioned their work with advocacy and action for the houseless and Stomp Out Bullying respectively.

“One second, one minute, one action can change someone’s life,” Dang said. “All it takes is one good deed to build the foundation of lasting change.” ★

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