

Hats off to Medway's Class of 2024



Medway's Class of 2024 graduated on June 2. Photo credit: Sofia Mercier

BY SOFIA MERCIER
STUDENT WRITER

On June 2nd, Medway celebrated its newly graduated class of 2024.

Elizabeth Kenney, class president and salutatorian, began the ceremony by recognizing Medway's school district leaders and faculty. Later, Kenney recalled memories of waiting for the bus on her first day of school, reminding her audience of the "true beauty of what surrounds us."

Alexandra Montana, valedictorian, joked about her nerdiness whilst equating experiences with Star Wars prequels in her valedictory address.

As honors essayist William George regaled the crowd with his fun personality,

the June heat began to take a toll on everyone. Despite this, the ceremony continued as Class of 2024 advisors, Joan Hallett and David Perry were thanked for their contributions to the graduating class. Perry was also awarded Teacher of the Year by the Class of 2024 for his outstanding teaching, down-to-earth personality, and ability to inspire his students.

While graduation takes Medway's seniors across the country, notable mentions of the MHS's future are Matthew DeRosa serving the U.S. Coast Guard; Tanner Bastarache serving the U.S. Army; and Alexandra Montana attending the University of Delaware. Hats off to Medway's newly graduated class of 2024!

121st Graduation Celebration at Millis High School

BY KAITLYN RICHARDS
STUDENT WRITER

On June 6, after an exciting week of rolling rallies and class days, Millis High School held its 121st graduation ceremony to commemorate the outstanding Class of 2024.

The incredible ceremony began with wise words from Millis Public Schools Superintendent Robert Mullaney, who congratulated both the graduates and their families. Following Supt. Mullaney, Class President Lucy Sisto, and Class Speaker Olivia Matthews, addressed the crowd.

Following the speakers, Salutatorian Wilson Copice and Valedictorian Emily Steiner were congratulated for their incredible academic achievements and spoke about their time at Millis High School.

"Change is bittersweet, letting go of habitual familiarity is uncomfortable, often painful, the prospect of the unknown is simultaneously frightening and exciting," remarked Steiner in her speech. "Millis is the epitome of a small-town community and culture. I am grateful for

all I have learned academically, personally, and socially," she said.

At the end of her speech, Steiner gave the graduates words of advice. "Don't settle for living by anyone else's definition of you. Define yourself. Your life is yours and it won't last forever. Pursue your passions, step into your skin, and do what's hard because what is most hard is rewarding."

After speeches drew to a close, 17 students were recognized by the Spanish Ministry of Education for their completion of the Spanish Immersion Program and are graduating members of the International Spanish Academy.

The ceremony ended with the presentation of diplomas. Every graduating student excitedly walked across the stage to receive his or her diploma and officially become alumni of Millis High School.

The Class of 2024 will certainly be one to remember for years to come. Their legacy follows them throughout their entire high school careers of sporting events, art performances, pep rallies, and dances. Congratulations to all members of the graduating class of 2024!



Principal Mark Awdycki during Millis High School graduation on June 6, 2024. Photo credit: Millis Public Schools

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Medway Public Schools welcomes new assistant superintendent on July 1

Paul Peri was chosen from a competitive pool of candidates

Medway Public Schools is pleased to announce that Paul Peri has been selected as the district's next Assistant Superintendent, effective July 1. After an extensive search, Peri was chosen from a competitive pool of candidates.

Currently serving as the principal of Weston High School, Peri brings a wealth of experience in educational leadership and administration. At Weston, he co-supervised a diverse team, including curriculum leaders, department heads, and other key personnel, demonstrating a solid commitment to educational excellence and collaborative leadership.

Peri's career in education spans over two decades, beginning as a grade 6 teacher at Remington Middle School in Franklin. His journey includes roles as assistant principal and

principal at the middle school level before he transitioned to serving as principal at Franklin High School.

Throughout his tenure, Peri has spearheaded initiatives emphasizing fair and transparent grading practices and preparing students for post-secondary success.

"I am honored to join the Medway Public Schools community and look forward to contributing to its distinguished tradition of educational excellence," said Peri. "I am excited to collaborate with the talented team of educators in Medway to continue enhancing our educational practices and student outcomes."

Peri holds a bachelor's degree in psychology/elementary education from Muhlenberg College and a master's degree in education from Endicott College.

His contributions to education

have been recognized with nominations for the MSAA Principal of the Year and Disney Teacher of the Year awards, and he is a recipient of the WEEFC Star Award from the Weston Education Enrichment Fund Committee.

"Paul's extensive experience and proactive approach to educational leadership make him exceptionally well-suited to help lead our district," said Medway Public Schools Superintendent Armand Pires. "We are confident that his leadership will greatly benefit our students, staff and Medway community."

Medway Public Schools looks forward to Peri's leadership in fostering innovative educational practices and furthering the district's mission to provide high-quality learning experiences for all students.

About Medway Public Schools District

The Medway Public School District, in partnership with the



Paul Peri has been named the next assistant superintendent of Medway Public Schools. Photo source: www.westonschools.org

community, creates a safe environment that supports the pursuit of excellence for all through learning. The school community provides equitable opportunities for all students to apply knowl-

edge, develop talents and skills, think independently, work collaboratively, and become informed, responsible, and productive citizens.

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Medway receives fire-related grants totaling nearly \$7,000

Massachusetts State Representative Michael Soter (R-Bellingham) recently announced that the fire departments in the towns of Bellingham, Blackstone, Medway, and Uxbridge have been selected to receive additional state funding from the Massachusetts Executive Office of Public Safety and Security (EOPSS) as part of the Department of Fire Service's (DFS) Student Awareness of Fire Education (SAFE) and Senior SAFE grant program to support fire and life safety education for school-aged children and older adults.

The announcement, made by the Healey-Driscoll Administration on June 3rd, unlocks a total of \$1.6 million in grant funding to be distributed to 214 municipal fire departments across the Commonwealth.

The Medway Fire Department will receive \$4,700; Bellingham will receive \$5,679; Blackstone will receive \$4,700, and Uxbridge will receive \$4,700. This program is designed to teach children the importance of recognizing the dangers of fires and safety behaviors.

These towns are also receiving

grants for the Senior SAFE program to be used to teach and improve fire safety in senior housing. Those grants include \$2,200 to Medway; \$1,865 to Bellingham; \$2,200 to Blackstone; and \$2,200 to Uxbridge.

Since 1995, the DFS's SAFE grant program has delivered fire safety education to kids and teens across the state. Since the beginning of these programs, the number of child fire deaths in Massachusetts have dropped significantly and in 2021 the state reached a two and a half-year mark without a child fire fatality, the longest period in the history of the Commonwealth. In 2014, the DFS launched the Senior

SAFE grant program, to offer similar fire safety trainings to the state's most vulnerable population.

Rep. Soter commented, "I am extremely grateful to learn that our district has been selected to receive this funding." He added, "The opportunity for the students in our district to learn the importance of fire safety is crucial to their safety and educating our district on the many preventative measures that can be taken will be beneficial to the safety of our community as a whole."

Rep. Soter further emphasized the importance of fire safety education for all ages, especially for our children and seniors.

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Lucy Sisto of Millis attends State Youth Summit

BY THERESA KNAPP

Lucy Sisto of Millis attended this year's Youth Summit at the Massachusetts State House. The April summit was hosted by State Senator Rebecca Rausch who invited a small number of students to the State House "for conversations with elected officials, policy leaders, and students across the Senator's district," according to her office.

The goal of the annual gathering is to "engage youth in policy conversations on issues that matter most to them and to work together to generate new ideas for policies that could positively impact the lives of young people in the Commonwealth." The day included a panel discussion with legislators, breakout group activities, presentations, and more.

Sisto, who graduated from Millis High School in June, has a strong interest in healthcare and hopes to become a doctor. She



Members of this year's Massachusetts Youth Summit sponsored by Sen. Rebecca Rausch (center) at the State House. Lucy Sisto of Millis is second from the right. Photo source: Office of Sen. Rebecca Rausch

described the event as a "great experience."

"It was really amazing to be in a group of students who are so passionate and motivated! I learned a lot about niche topics that I have not explored before...It was so interesting to be

surrounded by students who are passionate about other things, I definitely learned a lot."

Sisto said the day started with a tour of the State House.

"It was a very good tour. The most memorable part was seeing the 'Holy Mackerel' and the 'Sa-

cred Cod' that reside in the State House. The only time the Sacred Cod has left the State House was when it was "Cod-napped" in the 1930s," she said. "We had some guided discussions, then had lunch. We then had more independent discussions where we narrowed down our ideas and spoke in smaller groups. At the end, we had the chance to present our ideas to Senator Rausch."

After the event, Sen. Rauch said, "The students' energy and engagement made this year's Youth Summit a great success. I am deeply proud to create and offer opportunities such as our Spring Youth Summit to empower students to make their voices heard as they advocate for meaningful social change. Hands-on civics education prepares young people to engage in our democracy today and lead it in years to come. I was impressed

by Lucy's group policy proposal to expand health care access, which centered justice and equity."

Sisto was referred to the Youth Summit by one of her high school teachers.

"In Millis, we do senior projects, and my project involved helping Medicaid members who speak English as a second language. I wanted to spread awareness about this issue as well as propose an idea. A teacher in Millis referred me to the Youth Summit, and it was a perfect match, so I applied to attend."

Reflecting on the summit, Sisto said, "This experience has inspired me to speak up about things that matter to me, even if I am not an expert on the topic. There is something to learn from everyone you meet, you just have to take the time to listen to everyone."

Medway Public Library offers free summer lunch and fun

This summer, the Medway Public Library will offer free lunches on Tuesdays, Wednesdays, and Thursdays from 12 p.m. until 12:45 p.m. for children and their caregivers throughout the summer. Lunch will be served on a first come, first served basis while supplies last. All are welcome; there are no restrictions and income information is not needed.

Tweens and Teens are welcome to stop by and grab some lunch too and hang out in the Makerspace. There will be programs before lunch, starting at 11 a.m., for children of preschool age and younger. Toddler Jam is held on Tuesday mornings, and Story Time is held on Wednesdays and Thursdays at the library. Activities for older children and their

families start at 1 p.m. Please visit www.medwaylibrary.org for a full list of events.

This program is funded by the support of local businesses and organizations in the surrounding communities. The program will end Thursday, August 22.

Since the summer of 2017, the Medway Library has served nutritious lunches and has

hosted fun, educational activities before and after the meal. Last year, we fed over 1,450 people. If your business or organization would like to help support the program, or if you would like to volunteer your time, please email friendsoftomedwaylibrary@gmail.com.

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Vargas of Medway receives 13th Annual Herbert Randolph Kiser Memorial Scholarship

In an emotional season finale that resonated with the spirit of progress and unity, Boston Children's Chorus (BCC) presented a spectacular season finale concert titled "Lift Every Voice: All Of Us" to celebrate the historical milestone of same-sex marriage legalization in Massachusetts, the first state to do so, at the Strand Theater in Dorchester in May.



Ella Vargas along with members of the Kiser family. Courtesy photo

The prestigious Herbert Randolph Kiser Memorial Scholarship was established in memory of Herbert Randolph "Randy" Kiser and supports young individuals in realizing their potential — a future Randy was tragically denied due to a racially motivated attack in 1974.

The 2024 Herbert Randolph Kiser Memorial Scholarship was awarded to Medway resident Ella Vargas, a remarkable individual whose journey with BCC spans more than a decade. As a high school senior preparing to embark on her college education at Smith College, Ella has exemplified the values Randy's memory inspires.

Vargas has utilized her platform to advocate for critical

issues such as climate change from her first appearance with BCC 10 years ago to the present day as a vocal champion for environmental justice. That determination to address the environmental crisis, coupled with her ambition to engineer solutions that aid marginalized communities most affected by such challenges, reflects the essence of the Herbert Randolph Kiser Memorial Scholarship. As Ella prepares to further her education and activism at Smith College, her journey displays the triumph of perseverance, the importance of inclusivity, and the enduring influence of those who have paved the way for future generations to shine.



Millis High School Class of 2024 bonfire built by the Millis Fire Dept. Source: www.millisps.org



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Medway safety log



The following are the Medway Police logs available at press time. Please visit www.millismedwaynews.com for the full report from May 12 to June 15.

Between May 12 and May 25, the Medway Police Department responded to hundreds of calls, many related to general traffic enforcement, erratic/suspicious/disabled motor vehicles, motor vehicle violations and accidents,

fire alarms, 911 hang ups, lock-outs, radar requests, road hazards, serving warrants, and identity fraud. Medway also provided assistance to Bellingham, Holliston, Medfield, and Millis.

Other entries of note include:

May 12 at 5:51 p.m., Main St., suspicious person. Caller reported a man in all black clothing sitting in the bushes smoking out of a glass pipe. Male checked out okay.

May 13 at 10:04 a.m., Oakland St., suspicious person. Caller reported one male and two women approached their door and left.

May 13 at 4:44 p.m., Holliston St., disturbance

May 13 at 6:25 p.m., Old Surrey Ln., stolen license plates

May 14 at 9:54 a.m., Pond St., dogs running in roadway, gone

on arrival

May 14 at 6:58 a.m., Milford St., cow in the roadway

May 15 at 1:38 p.m., Village St., animal control call, duckling reunited with mother

May 15 at 2:51 p.m., Cedar Farms Rd., larceny, two stolen bicycles

May 16 at 5:17 p.m., Milford St., animal control. Caller reports loose cow in the area of the pumpkin farm on Milford St.

May 17 at 6:57 p.m., Main St., safety hazard. Police spoke with six male juveniles riding motorized scooters and advised them to stay in the bicycle lane

May 18 at 1:36 p.m., Main St., animal control. Call received for a raccoon sitting on the sidewalk at the entrance

May 19 at 2:08 a.m., Kenny Dr., larceny, stolen vehicle found in Franklin

May 19 at 4:08 p.m., Dean St., baby racoons roaming the yard

May 19 at 4:45 p.m., Sunset Dr., caller reported an injured red tail hawk

May 19 at 8:30 p.m., Glen Brook Way, disturbance, loud party

May 20 at 10:51 a.m., Holliston St., disininvitation

May 20 at 1:09 p.m., Village St., disininvitation

May 20 at 7:41 p.m., Lovering Heights, suspicious person

May 20 at 7:49 p.m., Fisher St., cow in the roadway

May 21 at 4:07 p.m., Village St., assist elderly. Caller reported he is a UPS worker and came across an elderly female who wandered away from her nursing home and needed help getting back

May 22 at 12:04 a.m., Mahan Cir., fire/investigation. Caller reported a neighbor is releasing something that smells bad into her apartment in an attempt to harm her

May 22 at 11:14 a.m., Holliston St., keep peace

May 22 at 3:41 p.m., Main St., report of a possum stuck in a barrel

May 22 at 3:52 p.m., Crest-

view Ave.. Call from bomb squad reporting they found some unexploded 40 mm shells at the residence. Ultimately rendered safe.

May 22 at 5:13 p.m., Stable Way, keep peace

May 22 at 10:29 p.m., Lovering Hts, fire/alarm. Report of water coming through the smoke detector on the ceiling of a unit.

May 23 at 7:50 a.m., Holliston St., disturbance. Caller reports verbal argument between two residents and an employee.

May 24 at 10:32 a.m., Barber St., funeral escort

May 24 at 12:03 p.m., Milford St., disininvitation

May 24 at 5:33 p.m., John St., neighbor dispute

May 24 at 7:37 p.m., Populatic St., break and enter. Caller reported three male parties in an abandoned house

May 24 at 9:37 p.m., Granite St., caller reports a bat in the house

May 24 at 10:53 p.m., Sanford St., keep peace

May 25 at 11:02 p.m., Lovering Hts, disturbance

Source: www.townofmedway.org

Photo Source: Medway Police Department

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Millis Senior Center events for July

The Millis Senior Center is located at 900 Main Street on the lower level of the Veterans Memorial Building. The Center is open Monday, Tuesday, Wednesday, Thursday 8:30-4:00 PM, and Fridays 8:30-12:30 PM. For more information call (508) 376-7051.

July 2024 Events:

BOOKS AND BAGELS

Come join us in the Senior Center's Library Lounge for some coffee, bagels and book talks, hosted by Patsy Diver and Sandra Scott.

Tuesday, July 30 at 11:00 AM

WEDNESDAY WALKING CLUB

9:00 AM on Wednesdays. Meet in the Millis Senior Center parking lot. Led by a Senior Center staff member.

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What to know before 'reversing' your retirement



Mark Freeman

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If you've retired, you may have thought you closed the book on one chapter of your life. But what happens if you need to "reverse" your retirement?

Due to higher inflation and rising interest rates, many retirees are taking out more money from their retirement accounts than they had originally an-

anticipated. As a result, some are headed back to the workforce. If you're thinking of joining them, you'll need to consider some factors that may affect your finances.

First, if you've been taking Social Security, be aware that you could lose some of your benefits if you earn over a certain level, at least until you reach your full retirement age, which is likely between 66 and 67. Specifically, if you are under your full retirement age for the entire year, Social Security will deduct \$1 from your benefit payments for every \$2 you earn above the annual limit, which, in 2024, is \$22,320. In the year you reach your full retirement age, Social Security will deduct \$1 in benefits for every \$3 you earn above a different limit, which, in 2024, is \$59,520.

Social Security will only count your earnings up to the month before you reach your

full retirement age, at which point your earnings will no longer reduce your benefits, regardless of how much you earn. Also, Social Security will recalculate your benefit amounts to credit you for the months your payments were reduced due to your excess earnings. Social Security also allows you to pay back early benefits received if you withdraw your application within 12 months of starting benefits. This move could help you receive substantially higher benefits at full retirement age.

Your Social Security isn't the only benefit that could be affected by your earnings. Your Medicare Part B and Part D premiums are based on your income, so they could rise if you start earning more money. Also, your extra income could push you into a higher tax bracket.

Nonetheless, you can certainly gain some benefits by returning to the working world.

Obviously, you'll be making money that can help you boost your daily cash flow and possibly reduce some debts. But depending on where you work, you might also be able to contribute to a 401(k) or other employer-sponsored retirement plan. And regardless of where you work, you'll be eligible to contribute to an IRA. By putting more money into these accounts, you may well be able to strengthen your financial position during your retirement years. You might also be able to receive some employee benefits, such as group health insurance — which could be particularly valuable if you haven't yet started receiving Medicare.

In addition to the potential financial advantages of going back to work, you might get some social benefits, too. Many people enjoy the interactions with fellow workers and miss these exchanges when they retire, so a return to the workforce,

even if it's on a part-time basis, may give you an emotional boost.

In the final analysis, you'll want to weigh the potential costs of going back to work against the possible benefits. There's no one right answer for everyone, but by looking at all the variables, you should be able to reach a decision that works for you.

If you would like to discuss your personal situation with a financial advisor contact:

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Millis students participate in Student Government Day at State House

By KAITLYN RICHARDS
STUDENT WRITER

On Friday, April 5, 2024, Millis High School juniors Macy Cyr and Kaitlyn Richards attended the annual Commonwealth of Massachusetts Student Government Day on Beacon Hill.

Since 1947, the Massachusetts Student Government Day has been an event held every year by the Department of Elementary and Secondary Education. This year, the day served as an opportunity for students to learn more about

the General Court along with the process of debating a bill to be passed or rejected in the Commonwealth's House of Representatives and Senate.

The event began once all students filled their seats in the House of Representatives chamber and Rep. Daniel J. Hunt, Democrat-13th Suffolk, and Associate Justice Rachel E. Hershfang gave opening remarks to the body of students. Following remarks, a simulated joint committee hearing began where two bills were up for debate. Many students provided

testimony for House Bill 1261: An Act Improving Access to Higher Affordable Education and Senate Bill 311: An Act Relative to Educator Diversity.

Macy Cyr was acting as a state senator and Kaitlyn Richards was acting as a state representative.

Following student testimony, all students got a chance to meet with their state representatives. The two students from Millis met with Rep. James C. Arena-DeRosa, Democrat-8th Middlesex, who serves the towns of Holliston and Hopkinton, and Sherborn in Middlesex County and Millis Precincts 2 and 3 in Norfolk County.

During this time, Arena-DeRosa provided students with words of advice and inspiration about the fundamental workings of the legislative process.

Students then took a quick recess for lunch and then they were back to the legislative floors. At this time, the Senate



Rep. James Arena-DeRosa with Millis High School students Macy Cyr (left) and Kaitlyn Richards at this year's annual Student Government Day at the Massachusetts State House. Courtesy photo

and the House were split allowing students to voice their opinion or concerns on their assigned bills.

Author's note: As one of the students who attended the event, I was honored to have the opportunity to

not only watch but participate in a simulated legislative process. I believe that this experience is one of a kind and is important for students who may be interested in government service in the future.

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Bishop Feehan High School announces third quarter honor roll

Bishop Feehan High School Vice Principal for Academics, Charlotte Lourenco, is proud to announce the Honor Roll students for the third quarter.

Honor Roll is a recognition of

high-performing students based on the student's overall average in any given quarter, regardless of the levels of their classes.

Bishop Feehan has three levels of Honor Roll: First Hon-

ors is awarded to students whose overall average in that quarter is grade 93.00 or higher, Second Honors is grade 90.00 or higher, and Third Honors is 85.00 or higher, with no individual grade below 80.

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Medway and Millis residents include:

- First Honors:**
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- Second Honors:**
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Dylan Taylor 9 Medway
Alicia MacRury 10 Medway
Ananya Aggarwal 12 Medway
Liam Berube 9 Millis
Greyson Perrone 9 Millis
John Perrone 9 Millis
- Third Honors:**
Sean Brown 11 Medway
Allison Chase 12 Millis
Joseph Gallo 12 Millis

The full list is available at www.bishopfeehan.com/apps/news/article/1920259
Submitted by Bishop Feehan High School

Your Money, Your Independence

Summer, Summer, Summertime - Time To Sit Back and... Experience Spend

Recall your age 21 summer? Mine had DJ Jazzy Jeff and Fresh Prince's "Summertime" as a soundtrack. Days spent gathering with friends at backyard BBQ's, a pool or restaurant patios in Portsmouth, then 6 nights a week "working" as a DJ in various clubs on Hampton Beach.



Glenn Brown, CFP

When we reminisce about our past, we recall experiences. Examine further, you'll likely realize the small windows of opportunity to enjoy them. For example, two years later I'd be in Florida, working for a minor league baseball team and able to see just one of those friends.

Life is constantly evolving, and moments once passed cannot be relived. Embracing experience spending encourages individuals to seize opportunities to enjoy life while they can. It shifts focus from material wealth to emotional wealth — the happiness, satisfaction, and memories that come from shared experiences and personal adventures.

Why experience spending?

Beyond the concept of having greater value for experiences versus things, studies find people misjudge what purchases will make them happy, how happy they will feel, and how long that happiness lasts.

Spending money on experiences creates more and longer-lasting happiness than spending on material goods, which people are more prone to comparisons and buyer's remorse. Also, objects tend to deteriorate with time, while experiences can create lasting memories and become part of your identity.

The challenges of getting advice to spend money.

The financial industry, in particular investment management and financial planning, places too little emphasis on helping clients spend money for today's experiences.

There are various reasons as to why. Advisors paid solely by % of Assets Under Management don't want assets taken out, as it results in them earning less. For financial planners, it's easier (and safer) to model goals 15-20 years out, whereas spending now makes analysis harder to balance future outcomes. Furthermore, clients see the impact of recommendations immediately and can judge accordingly.

Timing of experiences is critical.

Consider the family vacation to Disney, it is a different shared experience for all going when kids are 6 & 8 versus late teens.

Or the HS senior and family trip you've been meaning to do. What's their availability (and desire) once in college to go on a family trip with mom and dad? That window's closing.

It's not limited to just travel.

Saving up for a big purchase is admirable. But in terms of your happiness, is this the best way to allocate finite resources? For many, happiness is more closely aligned to the frequency and variations as opposed to intensity.

Ask yourself if you'd be happier with a few big-ticket items, such as a luxury car, or rather indulge frequently in small pur-

chases, such as cooking clubs, memberships, kid's activities, and spa days?

Financial considerations.

While experience spending prioritizes moments over materialism, it also requires mindful financial planning of your resources. Budgeting involves allocating funds for activities that align with personal values and goals. It encourages responsible spending by focusing on the long-term benefits of enriching experiences while balancing your financial stability and security.

For instance, imagine parents trying to make up for lost time, now wanting to take the family on a luxury vacation. Sure, they could choose to do that. But would it have been better to have done prudent financial planning all those years of sacrifice by assessing current financial health, setting a realistic budget, and exploring cost-effective alterna-

tives that still deliver a memorable experience? Furthermore, this approach removes the build-up of unrealistic expectations and places the focus on making memories together.

I hope you enjoy your "summer, summer, summertime" and may you have "time to sit back and unwind" together.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of Plan-Dynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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The b.LUXE *beauty beat*

The b.LUXE Mature Makeup Makeover

By GINA WOELFEL

EMBRACE YOUR AGE WITH CONFIDENCE

b.LUXE Hair and Makeup Studio believes that age is just a number and women at every stage in life deserve to feel beautiful and confident in their makeup. Mature skin is unique, and what worked in our 30s may differ from what's best for us in our 40s and 50s. And as we reach our 60s and 70s, our makeup needs will change again. That's why we're thrilled to introduce our exclusive **Mature Makeup Makeover Service**, a tailored offering designed to address the specific needs of mature women.

Renowned Makeup Artist Madison Elliott is the face of the new Mature Makeup Makeover. With extensive experience in the industry, Madison has worked with numerous celebrities, fashion icons, and top brands. Her specialty is enhancing natural beauty and empowering women to embrace their unique features with grace and confidence.

Madison Elliott - "I started doing makeup because I loved

seeing people's reactions when they saw themselves for the first time in the mirror. I love that every client sitting in my chair feels like my friend when we're finished. Not everyone knows makeup, and learning the proper techniques can be overwhelming. I love teaching makeup! It makes me so happy when my clients tell me they love the eyeliner trick I taught them or that the foundation we chose feels so natural. When they tell me they love how they look, it's the most wonderful reminder of why I chose to be a makeup artist."

There's been a noticeable shift in recent years in social media, television, and advertising to better showcase and represent older women. New makeup companies are targeting the 40-plus age group, which shows progress in providing products for those of us with a few more smile lines. However, there is still much work to be done in makeup and department stores nationwide. While these products are a welcomed addition to our mature makeup selection, it would benefit cosmetic companies to



educate their salespeople on appropriately recommending and applying their products to older skin.

We designed our Mature Makeup Makeover to help you perfect the techniques that address age-related makeup concerns and focus on the colors, textures, and methods that best complement your style for every occasion. Our bodies typically begin to slow down collagen production in our mid to late 20s or early 30s. Around the age of 40, the decline in our collagen levels can lead to common signs of aging, such as wrinkles, fine lines, and sagging



skin. Menopause can further contribute to these changes and also impact facial volume. Adjusting our cosmetics and application approach to better suit our current needs allows us to emphasize our favorite features and feel more confident and comfortable with our outward appearance.

This month, Madison worked with one of our favorite, long-time clients, Deborah Sweet, for a session to discuss her makeup concerns and questions for someone over 50. Madison covered every aspect of makeup with Deborah, from product selection to application techniques, including brush and sponge selection. See Deb's before-and-after photos above or scan the QR code to visit our before-and-after gallery at bLUXE.com.

Deb Sweet - "Madison was incredible to work with! I've never had a makeover before and was initially a little uncomfortable with the idea. Madison immediately put me at ease. She helped me feel like I belonged in her chair and shared her passion and insight every step of the way. Madison's makeup expertise left me feeling like the

best version of myself and has also carried over into my daily routine. I wouldn't hesitate to spend time in her chair again!"

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b.LUXE Hair and Makeup Studio believes that beauty is ageless and that all women should embrace their age with grace and confidence. We're here to help you do that!

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DPH Report: MA Opioid-Related Overdose Deaths Decreased 10% in 2023

Drop in Fatal Overdoses Largest Decline in MA in 20 years

Opioid-related overdose deaths in Massachusetts decreased by 10 percent in 2023 – the largest single-year decline in two decades – according to preliminary data released today by the Massachusetts Department of Public Health (DPH).

There were 2,125 confirmed and estimated opioid-related overdose deaths in 2023, which is 232 fewer than in 2022, when Massachusetts had a record 2,357 fatal opioid-related overdoses. Last year’s opioid-related overdose death rate also decreased by 10 percent to 30.2 per 100,000 people compared to 33.5 in 2022.

“While we are encouraged by the overall decrease in overdose deaths, this report also is a reminder of the work that we still need to do to bring deaths down for all people and all areas of the state,” said Governor Maura Healey. “Our administration remains committed to prioritizing prevention, treatment and recovery efforts to address the overdose crisis that continues to claim too many lives and devastate too many families in Massachusetts.”

“Our administration continues to invest in community-level supports rooted in destigmatizing substance use disorder by meeting people where they are and understanding the ways in which factors such as housing and economic insecurity intersect with health,” said Lieutenant Governor Kim Driscoll. “We are hopeful that the numbers released in today’s public health report signal a downward trend for fatal overdoses statewide.”

Preliminary data from the first three months of 2024 indicate a continued decline in opioid-related overdose deaths in Massachusetts, showing 507 confirmed and estimated deaths, a 9 percent drop compared to estimates from the same time last year.

The decline in opioid-related overdose deaths last year was significant among white non-Hispanic men, whose overdose death rate declined 16 percent between 2022 and 2023, from 48.2 to 40.4 per 100,000 people. The data also show Black non-Hispanic residents continue to be disproportionately impacted by fatal opioid overdoses. Among Black non-Hispanic men, the rate of opioid-related overdose deaths increased from 80 per 100,000 in 2022 to 84.6 in 2023. American Indian non-Hispanics, along with Black non-Hispanic men and women, had the highest opioid-related overdose death rates last year among all racial/ethnic groups.

Looking at geographic diversity, the state’s most rural areas continue to record the highest opioid-related overdose death rate at 35.6 per 100,000 residents compared to urban, suburban, and less rural areas.

The Healey-Driscoll Administration will continue initiatives to address the disproportionate impacts of fatal opioid overdoses on communities of color and in the most rural areas of the state. These investments include increasing access to peer-led spaces (<https://www.mass.gov/info-details/peer-recovery-support-centers>) to support those in recovery, funding for low-threshold housing and services, expanding access to medications for opioid-use disorder, expanding the Black and Latino Men’s Re-entry program, and developing a women’s re-entry component. The administration’s Fiscal Year 2025 budget proposes investing more than \$700 million for programs focused on substance addiction prevention, treatment, and harm reduction.

Drug overdose deaths in Massachusetts trended lower than nationwide figures last year, according to preliminary data released last month by the

Centers for Disease Control and Prevention (CDC). Nationwide, overall drug overdose deaths in 2023 were estimated to have dropped 3 percent compared to 2022, and 11 percent in Massachusetts. Deaths from opioid overdoses nationwide fell an estimated 4 percent in 2023, according to CDC.

The decline in opioid-related overdose deaths in Massachusetts in 2023 occurred despite a drug supply that continues to be heavily contaminated with fentanyl.

“Every overdose death is tragic, preventable and unacceptable,” said Secretary of Health and Human Services Kate Walsh. “While we are proud and encouraged that fewer Massachusetts residents were lost to overdose last year, we know that inequities persist, and our work is not done. Our understanding of where gaps in treatment and services occur, and the people who we are not

yet reaching, drives our work and helps focus our efforts. That said, we are heartened by these results and will continue to build on our evidence-based approach as we build a network of community-based, low-threshold harm reduction treatment and recovery programs across our state ...”

“It is heartening to see this significant decrease in fatal overdoses – a direct result of the ongoing hard work in our communities to reach those struggling with substance use disorder,” said Department of Public Health Commissioner Robbie Goldstein, MD, PhD. “To sustain these hard-won gains, we must focus even more deeply on the populations that have not yet seen such dramatic improvements ...”

Massachusetts continues to invest in evidence-based harm reduction interventions to reduce fatal overdoses, increase awareness around the tainted

street drug supply, and increase access to low-threshold services. This includes expanding access to naloxone, fentanyl test strips, and sterile consumption supplies. In 2022, DPH launched the Community Naloxone Purchasing Program to increase distribution of free naloxone through organizations, and directed funding to expand the state’s overdose prevention helpline, SafeSpot (1-800-972-0590, www.safe-spot.me).

As part of DPH’s ongoing commitment to transparency and data-sharing, the Opioid-related Overdose Deaths reports will be transitioned from their current format and incorporated into public-facing online dashboards.

Learn more about the Healey-Driscoll Administration’s opioid overdose strategy at www.mass.gov/doc/healey-driscoll-administration-opioid-strategy-june-2024/download.



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Living Healthy

Summer Eye Safety

By: ROGER M. KALDAWY, M.D.
MILFORD FRANKLIN EYE CENTER

We all use sunscreen to protect our skin, but don't forget to protect your eyes as well. Summertime means more time spent outdoors, and studies show that exposure to bright sunlight may increase the risk of developing cataracts and growths on the eye, including cancer. The same risk applies when using tanning beds, so be sure to protect your eyes from indoor UV light as well. Sunlight reflected off sand and water can cause photokeratitis, the condition responsible for snow blindness, so beach- and pool-goers: Take note.

Independence Day is just around the corner. Your 4th of July holiday usually ends with enjoying professional fireworks and maybe even lighting a few of your own in the backyard. Before you light your first bottle rocket or sparkler, let's talk about the dangers of fireworks and how to keep you and your loved ones

safe.

Most firework injuries happen in a one-month span from late June to late July. Each year approximately 16000 people visit an emergency room because of a fireworks-related injury, and there are 18 deaths. The number of people sustaining minor injuries not requiring an ER visit is thought to be much higher. The most common injuries are to the hands and fingers, legs, head, face, ears and arms. Sometimes people pick up packs of fireworks at the grocery store thinking they're safe because they're small and don't produce large displays. Often, these are the fireworks we give or use close to children. Consider the number of ER trips these common, "safer" fireworks cause each year. Many of us think the people most at risk of getting injured are those lighting the fuse, but bystanders are the most at risk. Those on the sidelines account for 65% of all ER visits for firework-related injuries.

Eye injuries caused by fireworks are very common and can have devastating effects. Your eyes are delicate, and any fireworks injury could potentially cause permanent damage. Sparks, flames, smoke, and flying pieces of debris are all hazards inherent in any display. The four most common eye injuries are: detached retina, scratches on the cornea, ruptured eyeball and burns. Any eye injury can lead to long-term vision problems or even blindness. If your eye has been hurt, seek medical attention right away. Please leave fireworks to the professionals and let's all enjoy a safe 4th.

UV radiation, whether from natural sunlight or indoor artificial rays, can damage the eye's surface tissues as well as the cornea and lens. Unfortunately, many people are unaware of the dangers UV light can pose. By wearing UV-blocking sunglasses, you can enjoy the summer safely while lowering your risk for potentially blinding eye diseases and tumors. It is important to start wearing proper eye protection at an early age to protect your eyes



from years of ultraviolet exposure.

Everyone of any age and any degree of skin pigmentation is susceptible to UV damage. Children are particularly susceptible to UV damage. People with light colored eyes may have an increased risk of certain eye diseases tied to UV exposure, including eye cancer. Some studies show that people with certain eye diseases such as retinal dystrophy may be at greater risk for UV-related sun damage.

Cataract is a clouding of the eye's lens. The lens must be clear in order to focus light properly onto the retina. Extensive exposure to the sun is one of the major reasons why we develop cataracts. Cataract surgery is by far the most common surgery performed in the United States.

According to a national Sun Safety Survey conducted by the American Academy of Ophthalmology, only about half of people who wear sunglasses say they check the UV rating before buying. The good news is that you can easily protect yourself. In order to be eye smart in the sun, the American Academy of Ophthalmology recommends the following:

Wear sunglasses labeled "100% UV protection": Use

only glasses that block both UV-A and UV-B rays and that are labeled either UV400 or 100% UV protection.

Choose wraparound styles so that the sun's rays can't enter from the side.

If you wear UV-blocking contact lenses, you'll still need sunglasses.

Wear a hat along with your sunglasses; broad-brimmed hats are best.

Remember the kids: It's best to keep children out of direct sunlight during the middle of the day. Make sure they wear sunglasses and hats whenever they are in the sun.

Know that clouds don't block UV light: The sun's rays can pass through haze and clouds. Sun damage to the eyes can occur any time of year, not just in summer.

Be extra careful in UV-intense conditions: Sunlight is strongest mid-day to early afternoon, at higher altitudes, and when reflected off of water, ice or snow.

By embracing these simple tips you and your family can enjoy the summer sun safely while protecting your vision ...

EYES

continued on page 13



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Medway resident wins first place in Visual category in “Mental Health Matters: Student Expression Contest”

The Massachusetts Association for Mental Health (MAMH) and Massachusetts Health Council (MHC) are pleased to announce the winners of the 2024 “Mental Health Matters: Student Expression Contest” to promote youth mental health. This year’s artists looked inward to explore challenging periods in their lives, the importance of having a trusted ally, and more themes around mental health and wellness.

Middle school and high school students from across the Commonwealth competed for \$2,400 in cash prizes in three art cat-

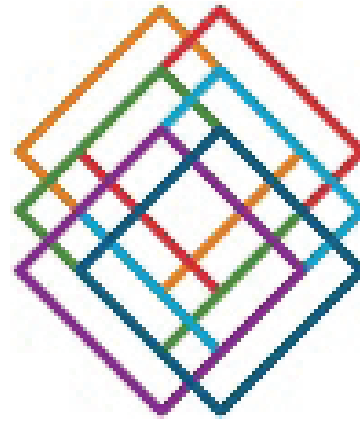
egories: audio/video, artistic still, and creative writing. Seventeen students were awarded prizes for their creative expression of ways they maintain their own mental health, how friends and family help them in each of their lives, and how to support a friend or family member going through a challenging time.

“The Student Expression Contest, now in its fourth year, is showing us that students understand the transformative power of art to communicate growing awareness of their mental health and how to protect it,” said Danna Mauch, PhD, MAMH president and CEO. “Students

are processing their own emotions, supporting their peers, and having honest conversations with their parents and caregivers about mental health and well-being. They inspire our advocacy and recognition of the vital importance of prioritizing mental and behavioral health supports when and where students need them, and investing in programs in our K-12 schools.”

This year we received over 80 entries from students in 6th through 12th grade. Guest judges included student advocates, staff, and partners of MAMH and MHC, including Omar Irizarry, Director of Cross Agency Initiatives at the Massachusetts Department of Mental Health, and Pam Sager, Executive Director of the Parent/Professional Advocacy League (PPAL). Sample submissions can be found at www.mamh.org.

“Every young person who entered this competition did a great job, and it was such a difficult decision to choose the



winners,” added MHC’s CEO David Martin. “The students confronted some tough feelings and told some important stories about resilience, support, and access to mental health care. We’re happy to have provided an outlet for them to share what they’ve been through and how they support others.”

This year’s winners include Medway resident and Tri-County RVTHS student Bridget McDermott who won

1st Place in the category of ‘Visual – High School.’

MAMH and MHC have been engaged for more than 100 years in advocacy to increase understanding, eliminate stigma, and improve support for people with mental health needs.

About the Massachusetts Association for Mental Health:

Since 1913, Massachusetts Association for Mental Health (MAMH) has worked to improve understanding of mental health conditions and combat disparities in access to health services. MAMH envisions a day when all individuals and families across the Commonwealth have the resources and opportunities they need to promote resilience and protect their overall health and well-being. With a consistent focus on prevention, early intervention and effective treatment, MAMH disseminates knowledge, convenes diverse stakeholders and advocates for policy change.

EYES

continued from page 12

And if you have a cataract and it’s time for surgery, remember that new technologies exist to optimize vision and outcome: Bladeless laser cataract surgery is a major advancement in cataract treatment, is FDA approved and embraced by top Ophthalmologists in the US and around the world.

At Milford Franklin Eye Center, we offer in-house optical service with the best in UV protection sunglasses. And if you need cataract surgery, Dr. Kaldawy is proud to have been the first surgeon in the area and among the first in Massachusetts to offer bladeless laser assisted cataract surgery. We are happy to have been pioneers of this technology in our communities. We implant high quality premium lenses, with correction for distance, near and everything in between. Many cases of astigmatism are no longer a problem as these implants can now be offered even if you have astig-

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USA Luge announces Junior National Team, includes Medway residents

Samuel Hazell and Olivia St. Pierre Named to Junior "D" Team

LAKE PLACID, N.Y. - USA Luge recently announced the Junior National Team that will be representing the nation for the 2024-2025 racing season.

2024 Junior World Championships Marcus Mueller/Ansel Haugsjaa return following a successful season that included a first Junior World Championships gold medal for a U.S. sled since Emily Sweeney won the

title in 2013. Mueller (Brookfield, Wisc.)/Haugsjaa (Acton, Mass.) earned top three finishes in every Junior race they entered, including a 2023 World Championship bronze and a gold medal at the Norton Junior National Championships.

They are joined by Logan Barnes/Gavin Davis who placed second at the Norton Junior National Championships. Barnes (Whitefish Bay, Wisc.)/Davis

(Berwick, Pa.) placed 11th in the Junior World Championships in their first season together. Norton Junior National Championships silver medalist and Junior World Cup podium regular Aidan Mueller (West Islip, N.Y.) will lead the charge for the United States in men's singles. Mueller placed third in the overall Junior World Cup rankings during the 2023-24 campaign. Barnes, who placed third at the Norton Junior National Championships, will also race in men's singles.

In women's singles, 2024 Nor-

ton Junior National Champion Sophia Gordon returns joined by Macey Schomaker. Gordon (Sussex, Wisc.) placed 16th in Junior World Championships, while Schomaker (Park City, Utah) took bronze in the Norton Junior National Championships and placed 22nd in Junior World Championships. The Junior World Championships will take place in St. Moritz, Switzerland, on Feb. 1-2, 2025. Park City, Utah and Lake Placid, N.Y. will host Youth Continental Cup races on Jan. 14-15 and Feb. 18-

19, respectively.

Members of the Junior National C, Junior C and D teams were also announced, including Medway residents Samuel Hazell and Olivia St. Pierre who were named to the Junior "D" Team (youth class ages 10-16). For the full list of members, visit www.usaluge.org/junior-team.

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Submitted by USA Luge

Millis teachers honored at Norfolk County Teachers Association banquet

Yvonne FitzGerald and Beth Morrill recognized

On June 4, the Millis Teachers Association honored two of their own at the annual Norfolk County Teachers Association Banquet. This year the Millis Teachers Association was proud to present the Honor Award to Yvonne FitzGerald and the

Service Award to Beth Morrill. In addition, Mrs. Fitzgerald received the NCTA Teacher of the Year Distinguished Educator Award, an honor never before given to a Millis educator. The following is what was read at the ceremony.

"Yvonne encompasses what it means to go above and beyond to be a great educator. Aside from coaching over 100 students on the track and field team, she advises our DECA program and Culture Club. Her generous heart goes beyond her creativity and enthusiasm in the classroom and on the athletic fields. Twice she has fostered existing students so they could finish out

their schooling in Millis. She's served our local Association as vice-president, NCTA director, negotiations participant, and many years as a delegate to Annual Meeting."

Beth started the Active Minds Club with over 38% of our high school student body participating. Active Minds destigmatizes mental health while building peer-to-peer connections. In ad-

dition, Beth's homework clinic is also a place of support for students. Her being a great listener and developing relationships with our students has enabled them to have a trusted adult to depend on. Beth's caring disposition is reflected in all that she does to help our students, school, and community.

Source: www.millisps.org

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NCAA signing day for Caleb Kyei of Millis



June 11, 2024, was signing day for Caleb Kyei who is heading to Anna Maria College in the fall. Kyei was joined by family and friends and his coach during the ceremony. Photo credit: Millis Public Schools

Tri-County RVTHS announces Valedictorian and Salutatorian

Tri-County Regional Vocational Technical High School recently announced the names of valedictorian and salutatorian for its Class of 2024: Valedictorian Peyton Griffin and Salutatorian Callie Schweitzer.

Peyton Griffin, of Seekonk, is honored with the title of Valedictorian, maintaining the highest grade point average in the graduating class of 2024. Throughout her four years at Tri-County, Peyton has excelled in her academic classes as well as her vocational program. Peyton is an ambitious student who has challenged herself to the most rigorous courses Tri-County has to offer, successfully completing five Advanced Placement courses and several honors level courses.

Peyton is a quiet leader who models high expectations for herself and for her peers in all that she does. In addition to her impressive academic success, Peyton has been an

exceptional student in the Health Careers program. She has earned numerous certifications, including her nursing assistant certification, which she has utilized at her co-op placement at Willow Crossing throughout this past year. She is a member of the National Honor Society and active in SkillsUSA. Peyton will be attending Bryant University in the fall, where she will continue her education as a Health Sciences major. We wish Peyton the very best and know that she will be an asset to the Bryant University community.

Callie Schweitzer, of Wrentham, is honored with the title of Salutatorian, maintaining the second highest grade point average in the graduating class of 2024. Callie is an ambitious student who has challenged herself to the most rigorous courses Tri-County has to offer, successfully completing five Advanced Placement courses and several honors



Left: Peyton Griffin has been named valedictorian for Tri-County RVTHS's Class of 2024.



Right: Callie Schweitzer has been named salutatorian for Tri-County RVTHS's Class of 2024.

Photos submitted

level courses.

She is an intelligent, detail-oriented, hardworking student with an impressive resumé. She was a member of NASA HUNCH (High School Stu-

dents United with NASA to Create Hardware) as a Design & Prototyping Finalist at Johnson Space Center. Callie led a team that developed a Nanolab which could be used by

researchers around the world to study insects on the International Space Station. She competes on the robotics team and is a Skills USA Medalist in Architectural Drafting. She has received Engineering Technology Outstanding Student awards, Academic Excellence awards in math and science, is a National Honor Society member, and a Mayflower League Volleyball All Star. She participates in cooperative education as an environmental engineer intern with Environmental Partners in Quincy. She also works part-time at CVS and Brand New Ballgame all while taking college electives at Husson University. Callie plans on studying Civil Engineering at Wentworth Institute of Technology, where she undoubtedly will be an asset to her university community.

Submitted by Tri-County Regional Vocational Technical High School

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Info: MedwayCulturalCouncil.org

Millis High School April students of the month



Millis High School Students of the Month in April were (L to R) David Cranton, Michael Tobin, Aaron Praikh, Jack Carter, Nicholas Roy, and Aliyah Chajon Navas were named Students of the Month in April at Millis High School. Not pictured are Lucia Cartagena, Emily Skerry, and Ava Legere. Source: www.millisps.org

Grade 9 Nominees: Nicholas Roy and Jack Carter

Winner: Nicholas Roy: "Nicholas is just awesome all around. He is a strong student of history as he participates often and comes to class ready to learn. He is a role model for positive behavior and respect. He always has a smile on his face and always going the extra step."

Grade 10 Nominees: David Cranton, Aliyah Chajon Navas, Aaron Parikh, Michael Tobin

Winner: David Cranton: "He always goes above and beyond what he needs to do in and out of the classroom. He is one of the hardest working students out there and should be recognized."

Grade 11 Nominees: Lucia Cartagena

Winner: Lucia Cartagena: "Lucia went out of her way to make sure Belén's departure was special. She has surprised our class more than once this year with homemade goodies."

Grade 12 Nominees: Emily Skerry and Ava Legere

Winner: Ava Legere: "She is just finishing high school in such a classy way. She is still working hard and her character shines through each and every class."

Source: www.millisps.org

CITATION ON PETITION FOR FORMAL ADJUDICATION

Commonwealth of Massachusetts The Trial Court
 Probate and Family Court
 Norfolk Probate and Family Court 35 Shawmut Road
 Canton, MA 02021
 (781) 830-1200

Docket No. NO24P1605EA
 Estate of: Veronique Medina
 Date of Death: 01/02/2024

To all interested persons: A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Sonia Medina of Quebec Canada** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: **Sonia Medina of Quebec Canada** be appointed as **Personal Representative(s)** of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 08/07/2024**.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 12, 2024

Colleen M Brierley, Register of Probate

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Sibling Support Group marks 5 years, led by Millis resident

BY GRACE ALLEN

A local support group for siblings affected by substance use disorder has been meeting for five years now, a significant milestone in the area. "Supper with Siblings" meets at Gilly's House in Wrentham once a month and offers a safe place for family members to connect with others grappling with similar issues.

While there are all kinds of support groups out there, there is little support for people dealing with a sibling's addiction or death from substance use disorder. That is slowly changing, however. It's now recognized that addiction is a family disease, says Judi Earnest, a Millis resident, and Milford- and Wrentham-based clinician who facilitates Supper with Siblings.

"It used to be thought that the person struggling with addiction or in recovery suffered alone, but what we're finding is that the whole family suffers," said Earnest. "And if the family isn't in recovery to deal with the issues too, it doesn't work well."

Earnest, who lost a brother herself to substance use disorder,



Millis resident Judi Earnest helps facilitate Supper with Siblings, along with Gilbert, a world-class service dog.

is well-versed in the emotions unique to siblings of the addicted. Siblings, she says, suffer in ways that are distinct from parents, especially if the family member dies from an overdose. They may blame themselves, because often they were aware of the addiction before the parents. Or they may be resentful of all the attention, albeit negative, an addicted sibling receives. Parents are often overwhelmed when a child has substance use disorder and siblings may think they should step up to help but are ill-equipped to do so.

"The sibling that is not using can get lost in the chaos," Earnest said. "It's a very complex issue, especially if you know what's going on but no one is asking you. Or when parents make the decision to start setting some boundaries, the focus is suddenly on you."

The peer-led Supper with Siblings is structured around a shared meal, usually donated by a community member. No one is ever turned away from the gathering, and it's open to ages 16 through adulthood.

The meal is then followed by a free-flowing group forum. A candle is lit, and participants can welcome loved ones into the room who are struggling or who have passed.

"It's a spiritual or emotional 'bringing into the room,'" said Earnest. "If there's anyone on your mind because of an anniversary, an important date, or that you're worried about, they are 'welcomed' by us."

Earnest's role is to help set boundaries and offer coping skills and grounding techniques, if necessary.

A recent addition to Supper

with Siblings is Gilbert, a service dog who has undergone two years of training by NEADS in Princeton, MA.

"We are an ADA-certified team, but his service is to the people I work with," explained Earnest. "He's a wonderful asset to have in the group because he is very in tune with emotions. He'll say hello to everybody but if someone needs more attention, he offers it to that person."

When Supper with Siblings first started, it was the only resource of its kind in the area. Now, however, there are three other similar groups, two of which are also facilitated by Earnest. Change, she said, is happening, but slowly.

"It's generational, I think," she offered. "There are so many diseases out there and I don't think a lot of people understand this is a disease too. My brother didn't wake up and say, 'I want to be an addict.' Families need to understand this is not a dirty little secret. My goal is to take the shame out of it. Maybe then we can start to change the culture around addiction."

Earnest says not everyone is

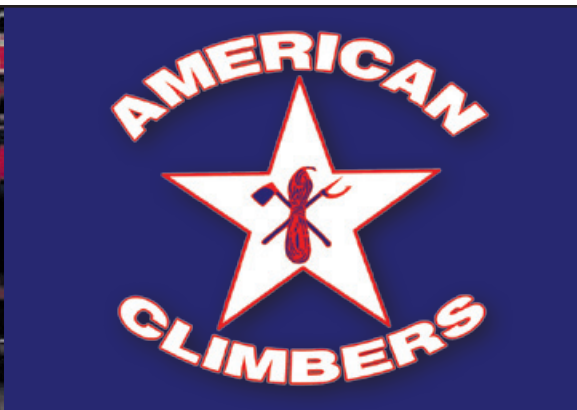
ready to take that first step and attend a group session. That's okay too, she said.

"People should take the information and when they're ready, then go to the meeting, or even just text or call me. Know we're there, and that's the biggest piece, even if it takes time to emotionally come to that place. Because it can be scary."

Supper with Siblings takes place on the third Tuesday of every month at 6:30 p.m. There is no charge to attend, but registration is requested for planning purposes. Participants can bring a spouse or a friend. Visit www.gillyshouse.com to register.

Contact Earnest at judi612@aol.com or 508-944-5308 to connect or just to ask questions about the program.

Gilly's House, located at 1022 West St., Wrentham, offers a comprehensive life-skills transitional program for young men who have successfully completed a residential treatment program. The non-profit was established in memory of Steven "Gilly" Gillmeister, who lost his battle with addiction in 2016 at the age of 25.



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Sports

Medway's Miller a tennis player on the rise

From 2-14 as freshman to 15-2-1 as a sophomore

By KEN HAMWEY
STAFF SPORTS WRITER

Katie Miller's outstanding sophomore season at first singles for Medway High's girls' tennis team might be one of the best high school sports stories of 2023-24.

Miller labored through her freshman season courageously in spite of disappointment and a fair amount of stress. She faced every team's best player and she saw her share of juniors and seniors who were far more experienced. Her frosh season ended with a 2-14 record but Tri Valley League coaches rewarded Miller for her ability and competitive desire. She was chosen as a league all-star.

Her coach, Dan McMahan, provided Miller with some soothing advice during her rookie year. "I told Katie that she'd have a long season and it would be stressful, but I also emphasized that she'd have three years of success. I also let her know that she'd be disappointed but would learn from her losses."

Did she ever!

The 16-year-old Miller bounced back in spectacular fashion, posting a 15-2-1 record at first singles and helping the Mustangs qualify for tournament play.

"The key to my turnaround

was improving my skill level and developing mental toughness," she noted. "As a fresh-

man, I was new to the mental aspect of the game and a bit unsure of how to handle stress. As I reflected on that two-win season, I realized that I was getting mentally stronger and that helped me to deal with the stress that comes with losing."

The 5-foot-7 Miller also learned how to observe opponents and how to slow down the game. "I kept a mental book on my opposition," she said. "I learned their strengths and weaknesses. In longer matches, I learned not to rush. I'd even pause to take a breather when I served."

Medway, which also finished 2-14 in Miller's freshman season, managed an 8-10 record in the spring and lost to Old Rochester in the first round of the state playoffs.

Labeling Miller's bounce-back season as "dynamic" or "magnificent" doesn't seem strong enough.

A Medway native, Miller, who's now a two-time TVL all-star, doesn't rate that honor as her top thrill. "It's the way I turned my season around," she said emphatically. "I turned a negative experience into a positive one by winning matches this year against opponents I lost to as a freshman."

Miller's opening match as a sophomore was against Sutton and her opponent had defeated her when she was a freshman. This time, Miller rolled to a victory, calling the match "my best."

"That win helped my confidence," she said. "It wasn't easy but it got my season off to a good start and showed that my technique was effective."

McMahan is quick to list Miller's strengths.

"Katie can hit hard and go to the net quickly," he said. "Relying on a high tennis IQ, she picks her spots and hits to win. She's got speed, her serve is tremendous, and her forehand shot is her best. She plays tennis year-round and knows how to adjust to her opposition."

The goals Miller set at the start of her sophomore season



Medway High's Katie Miller relies on a high tennis IQ, she picks her spots and hits to win. Courtesy photo



Katie Miller helped Medway's girls' tennis team earn a playoff berth in the spring. Courtesy photo

are directly linked to the vast improvement Medway made in the spring, and definitely responsible for her superb season.

"My team goals were for us to improve our record, win close matches and qualify for the tourney," she said. "My personal goals were to improve my record and to better understand how to handle a match's outcome, by knowing how to deal with the ups and downs that occur during a match."

Miller's style definitely involves her baseline play. "I'm mostly a baseline player who's learned when to get aggressive," she offered. "I also rely on my forehand shot, and lots of practice has made that shot work. Another situation I enjoy is getting to a short ball at the net and scoring a point."

Miller has great admiration for her teammates, especially Anna Freeman at second singles and Leah Lieberman at first doubles. Freeman will be a junior next year and Lieberman will be a senior.

"Anna is very consistent," Miller said. "She's talented, her technique is good and she always gives 100 percent. Leah is enthusiastic, always gives her best effort and is willing to learn new techniques."

Miller is also effusive in her praise for McMahan, who

TENNIS

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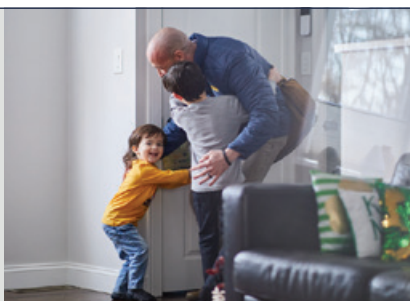


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Sports

Estate Planning For Business Owners

All business owners can benefit from some level of estate planning. Building protection into your business plan is one of the most important decisions you can make to safeguard your partners, your employees and your family. Here, we will discuss the four key components of estate planning to make sure you are well set up for success.

The most fundamental estate planning tool is a will. A properly executed will, gives clear direction to your executor about how to manage or distribute your assets when you pass away.

Then, a somewhat more complex component of an estate plan is a revocable trust—this is a legal entity created to hold your assets while you're alive. Among the many benefits is that your appointed trustee can take over management of your assets if

you're incapacitated. A revocable trust streamlines the transfer of your assets by helping avoid potentially lengthy legal proceedings and costly court fees. A trust may also provide creditor protection for the beneficiaries.

Next are powers of attorney. Naming a healthcare power of attorney means your representative can make crucial medical decisions on your behalf should you be unable to, while a financial power of attorney can pay your bills and manage your finances until you get back on your feet.

Finally, a buy-sell agreement is a powerful estate planning tool. A buy-sell agreement is a way to help ensure a smooth transition of your business and ensure your family's financial goals are met after you're no longer around to take care of them. A buy-sell can also outline the terms of succes-

sion among the remaining partners, so that all terms are agreed upon in advance.

Some basic estate planning may be done using self-guided online tools, but typically you should use a licensed and experienced attorney to help you draft and execute your plan. The best way to go about it is to make sure that your attorney, financial advisor, and insurance agent are working together on managing and planning your estate.

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by Michael Damon, Agent, New York Life Insurance Company. To learn more about the information or topics discussed, please contact Michael Damon at (508) 321-2101.

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TENNIS

continued from page 18

now has retired from teaching (Medway Middle School) and coaching. “Coach McMahan has always been positive, never dwelling on negative things,” she said. “A good motivator, he’s very effective with strategy. He’s always stressed that the most important point is the next one.”

Miller’s father (Mike) is the assistant coach and she’s glad he’s connected with the squad. “My dad played tennis in high school (Dover-Sherborn), he’s very focused and he knows all about technique,” she said. “His approach is team-first and he’s all about seeing players improve.”

Miller, who started playing tennis when she was eight, will continue to enhance her out-of-season play by attending a Nike camp in the summer and sharpening her skills at the Kingsbury Club in Medfield. “I also plan on playing singles and doubles at USTA under-16 tournaments.”

Relying on a competitive philosophy that focuses on winning, reaching her po-

tential and enjoying her athletic journey, Miller says she’s learned some valuable life lessons through sports. “I’ve learned how to overcome adversity and to be resilient, how to be a good team player, how to lead and how to manage time,” she said.

An honor-roll student, Miller hopes to play tennis in college, likely at a Division 3 school, and “focus on the medical field in a sports setting.”

Calling her parents (Mike and Christine) role models for their support and encouragement, Miller also has great respect for John Bogdanovic, a coach at the Kingsbury Club. “His manner is inspiring and his outlook is always positive,” she said.

Miller’s sophomore season also was inspiring and positive. She displayed relentless perseverance as a freshman then had a marvelous season last spring. But it didn’t get much notice.

Medway’s tennis fortunes for the next two years, however, should be bright and Katie Miller likely will play a major role in elevating the Mustangs’ program.



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Millis K-9 Nytro makes "immediate and significant impact"

The Millis Police Department's K-9 Nytro, a three-year-old German Shepherd, has been hard at work since joining the force in February 2022.

Nytro began his official police training with his partner Millis Police Officer Matthew Sullivan in March 2022, and they graduated as a certified patrol team in July 2022. Nytro holds a national certification in patrol work through the North American Police Working Dog Association (NAPWDA), and is a February 2023 graduate of a six-week narcotic detection class. Both trainings (patrol and narcotics) were put on by the Boston Police K-9 Academy.

Sullivan, who was appointed as a fulltime Millis police officer in 2018, has always wanted to be a police officer, and has always wanted to be a K-9 officer.

"Being a K-9 handler was always a dream of mine and to have it come to fruition has been awesome, and I have enjoyed every single second of it. Grow-

ing up wanting to be a police officer, and having dogs as a kid, I knew from a young age I wanted to be a K-9 officer. The process of being selected by [Millis Police Chief Chris Soffayer] came after I wrote the initial grant from the Stanton Foundation. The initial training was a lot of fun but also very eye-opening to see what amazing animals dogs truly are. The experience has been amazing."

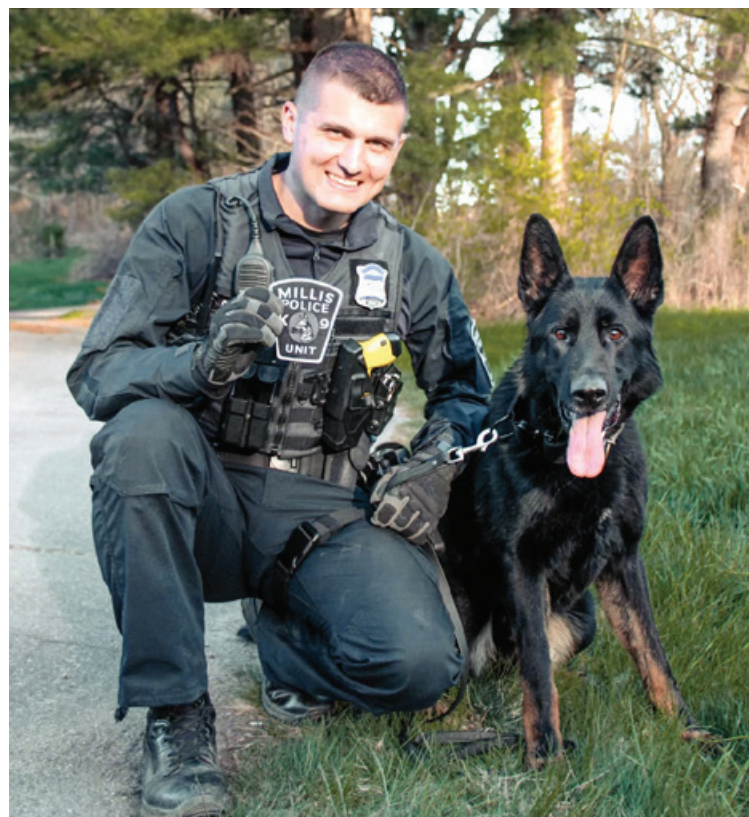
Chief Soffayer said, "K-9 Nytro made an immediate and significant impact upon joining the Millis Police Department... The comprehensive training program [through the Boston Police Department K-9 Academy] equipped K-9 Nytro with the ability to perform a range of critical tasks, including tracking, area and building searches, evidence searches, handler protection, suspect apprehensions, agility, and obedience. The successful completion of these specialized skills has greatly enhanced the capabilities of our law enforce-

ment operations."

The idea of starting a K-9 program was brought to the town after Sullivan expressed interest to Chief Soffayer. Sullivan says the need for a K-9 program in Millis continues to grow as more and more elderly people are walking off and getting lost, and people with mental health issues are also walking off. In addition, he says, "Having a narcotics K-9 out on patrol helps deter the presence of narcotics possession and sales throughout the town."

Nytro also provides mutual aid, covering narcotic and patrol needs, to all towns that are members of METRO-LEC which, according to metrolec.net, "is a consortium of more than 46 local police and sheriff departments in the south metropolitan Boston area which covers 600 square miles and has a corresponding residential population of 850,000 people."

One of Nytro's biggest success stories is a narcotics find in March.



Sullivan said, "A detective on our shift observed a hand-to-hand transaction and I proceeded to stop the vehicle and eventually conducting a narcotics sweep of the vehicle that Nytro alerted on. Inside the vehicle was a combination of crack cocaine and fentanyl,

a large sum of cash, and other evidence of narcotics sales."

Chief Soffayer says another success is when Millis Police officers and Nytro conducted a traffic stop after a detective suspected

NYTRO

continued on page 21

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NYTRO

continued from page 20

the man had been involved in a drug deal at a local apartment complex. While searching the man's car, police officers and Nytro uncovered what they believed to be crack cocaine and potential Fentanyl. Over \$3,000 dollars in cash and other drug-related items were also located. The driver was subsequently arrested and charged with Possession of a Class A Drug with Intent to Distribute and Possession of a Class B Drug with Intent to Distribute.

Sullivan calls the K-9 pro-

gram "a massive success," noting "It took a while for department and community members to get used to a working K-9 being in town, however, it has all come together nicely. Nytro has been an amazing first dog for the town and department, and I am very lucky to have him as my partner."



gram "a massive success," noting "It took a while for department and community members to get used to a working K-9 being in town, however, it has all come together nicely. Nytro has been an amazing first dog for the town and department, and I am very lucky to have him as my partner."

The Millis K-9 program is supported through a combination of grants and funding from the Stanton Foundation, Massachusetts Vest-A-Dog, numerous individuals, and donations raised through community events, fundraisers, and the Millis Police Working Dog Fund (where 100% of the money donated will

Nytro, whose name was chosen by the officers on Sullivan's shift, will turn four in August. Sullivan says a K-9's working years depend on the individual dog. "I would like to work with him until he is about 9 years old, as long as he is still moving well and his joints are good. I have seen teams work until the dog is 12 before, so it really just depends on how the dog is as they get older. If he starts to slow down a lot and shows signs of any injury or joint issues, that is when I would retire him."

To learn more about Nytro, follow him on Facebook and Instagram @mpd_k9nytro.

The Millis Police Department has established a fund dedicated to supporting its esteemed K9 program, the Millis Police Working Dog Fund. Should you wish to make a contribution, you may do so at <https://unipaygold.unibank.com/default.aspx> or by directly contacting Officer Sullivan.

be used to help maintain the K9 program). Sullivan says that, off duty, "Nytro is a normal dog, but he is ready to work at any time." He explains that "Police K-9s are typically kept separate from family life to keep their working drive up. The way it was described to us in training is that if they are used to laying on the couch or the bed when it is really hot or really cold out, they will still go to work but their drive will not fully be there because they will want to get back to that comfortability that they had inside the house. Once Nytro retires, he will transition to living a normal dog life inside the home."

Five-Town Special Olympics includes students from Medway, Millis, Ashland, Holliston

In April, Millis hosted the Five-Town Special Olympics, and the entire community came out to support these incredible student-athletes. Kids from Millis, Holliston, Ashland, Medfield, and Medway, came to our campus to compete in a variety of different games, and were welcomed by every student in our district upon their arrival this morning. The energy was electric, and it was a special day for our schools and town.

We had some special visitors with New England Patriots players Antonio Gibson, Calvin Anderson, and Chad Ryland joining in the fun, along with



Top row (L to R): Sarah Joe, Noah Lagos, Abigail Palmer, Noah Dayhoff, Jenn Scolponeti. Front row: Reaghan McMahon Source: Facebook @MillisFireDepartment

New England Revolution mascot, Slyde, and our very own CFB mascot, Clyde.

Thanks go out to everyone in our town and district who made this event possible, including our special education staff, operations team, administrative group, and incredible student volunteers. It was an amazing day that won't soon be forgotten by our school community or the student athletes who participated. A special shout out to our official Special Olympics school photographer for the day, Dom Barisano.

Source: Millis Public Schools



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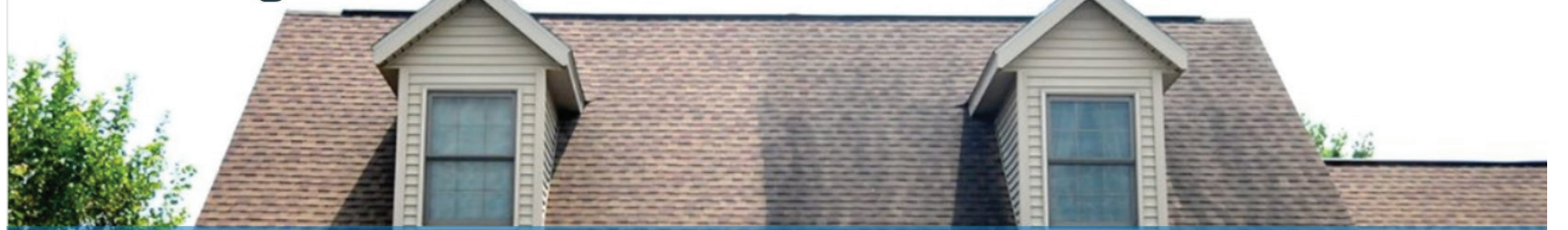


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Millis safety log



According to safety logs, between May 16 and June 15, the Millis Police Department spent the majority of its time on calls related to motor vehicle stops, general traffic control, motor vehicle violations, alarms (burglar, carbon monoxide, master box), lost/found property, soliciting, and assisting citizens. They also provided assistance to Holliston. Other entries of note include:

- May 16 at 8:16 p.m., Frontier Ln., larceny/forgery/fraud
- May 17 at 11:15 a.m., Pleasant St., suspicious activity
- May 17 at 11:21 a.m., Main St., disturbance, de-escalated
- May 18 at 12:30 a.m., Union St., suspicious activity
- May 22 at 4:48 p.m., Stoney


- Brook Dr., disturbance
- May 23 at 3:47 a.m., Brookview Rd., suspicious activity
- May 23 at 4:16 p.m., larceny/forgery/fraud
- May 25 at 7:55 p.m., Farm St., vandalism
- May 26 at 1:36 a.m., Meadow Cartway, suspicious activity
- May 28 at 1:43 p.m., Main St., fire/other
- May 28 at 6:36 p.m., Pine House Rd., disturbance
- May 28 at 7:09 p.m., Key St., larceny/forgery/fraud
- May 28 at 8:57 p.m., Union & Exchange Sts, suspicious activity
- May 29 at 1:26 a.m., Main St., escort/transport
- May 29 at 1:37 a.m., Main St., suspicious activity
- May 29 at 5:05 a.m., Irving St., suspicious activity
- May 29 at 3:35 p.m., Main St., larceny/forgery/fraud
- May 29 at 6:41 p.m., Ticonderoga Ln., missing person, transported to hospital
- May 30 at 11:17 a.m., Island Rd & Key St., suspicious activity
- May 30 at 1:30 p.m., Wrentham District Court, escort/transport
- May 30 at 8:37 p.m., Plain St., suspicious activity
- May 31 at 7:23 a.m., Exchange St., suspicious activity

- June 1 at 12:22 p.m., Pleasant St., larceny/forgery/fraud
- June 1 at 2:32 p.m., Stoney Brook Dr., suspicious activity
- June 3 at 4:42 p.m., Main St., assault
- June 4 at 5:46 p.m., Acorn St., serve summons

- June 8 at 9:50 a.m., Milliston Rd., suspicious activity
- June 11 at 1:28 p.m., Kennedy Ter., complaint
- June 11 at 1:58 p.m., Oak St., suspicious activity
- June 12 at 3:10 p.m., Main St., larceny/forgery/fraud

- June 12 at 11:37 p.m., Causeway St., disturbance
- June 15 at 10:22 p.m., Environmental Dr., suspicious activity


Photo Source: Millis Police Department



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Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Local residents named to Dean's Lists

Saint Anselm College

Alexandra Harrahy, Criminal Justice, 2027
Alise Higgins, Biology BS, 2027

Charlotte Kealey, Fine Arts, 2025

To be eligible for this honor, a student must have achieved a grade point average of 3.4 or better in the semester with at least 12 credits of study which award a letter grade. This semester there were a total of 645 students from 21 states and 4 countries.

Quinnipiac University

Paige Diminico
Keara Fallon
William Reynolds
Zachary Tarbox
Krislyn Tompkins (with honors)

Elizabeth White
To qualify for the dean's list, students must earn a grade point average of at least 3.5 with no grade lower than C. Full-time students must complete at least 14 credits in a semester, with at

least 12 credits that have been graded on a letter grade basis to be eligible. Part-time students must complete at least six credits during a semester. Names followed by an asterisk denotes with honors.

College of William & Mary

Johanna Pellegrino of Medway was recently named to the Dean's List at the College of William & Mary for the spring 2024 semester.

To achieve Dean's List status, a full-time degree seeking undergraduate student must take at least 12 credit hours and earn a 3.6 Quality Point Average during the semester.

Bucknell University

Among those on the dean's list is **Pat Quinlivan** of Medway who is majoring in computer science and will graduate in 2025.

A student must earn a grade point average of 3.5 or higher on a scale of 4.0 to receive dean's list recognition.

Medway Council on Aging: July

Weekly Exercise Classes

Monday
9:30 AM Dance Cardio \$5
11:00 AM Strength Exercise \$4
Tuesday
11:00 AM Line Dancing \$4
Wednesday
9:30 AM Yoga \$3
11:30 AM Sword Tai Chi \$10
1:00 PM Chair Exercise \$3
Thursday
11:00 AM Zumba Exercise \$5
Friday
12:20 PM Chair Exercise \$3

New Outreach Workers

The Medway Senior Center is pleased to announce the addition of Susan O'Connor and Cathy Carvalho as our new Outreach Workers. They bring a wealth of experience and expertise to our team. We are confident that their contributions will greatly benefit our community.

Cooling Center

Medway Senior Center is designated as a cooling center during heatwaves.

With the arrival of summer and the accompanying heatwaves, the Medway Senior Center has been designated as a cooling center to provide relief for residents. If you have any questions please feel free to call the Center at 508 533-3210.


Millis Fire honored with SAFE Award

On May 15, the SAFE Coalition presented the Millis Fire Department with the 'Jeffrey N. Roy Excellence in Public Service Award,' given annually to person(s) who have demonstrated outstanding commitment to prevention and/or treatment of Substance Use Disorder. For more information, visit safecoalitionma.org.

Pictured here are members of Millis Fire with SAFE Co-



alition Inc. co-founders Jennifer Knight-Levine, SAFE CEO and Jim Derick, Director, Family Support (left) and MA State Senator Becca Rausch (right). Courtesy photo



Town of Millis Water Department 2023 Consumer Confidence Report

May be reviewed at the following locations:
Millis Public Library, Millis Housing Authority

Hard copies of the report are available at the Following Town Offices:
Department of Public Works
Select Board
Board of Health

Or it can be viewed on the Town's Website:
millisma.gov

or by typing the following URL
https://www.millisma.gov/sites/g/files/vyhlf901/f/uploads/ccr_2023.pdf

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-Homeseller of 19 Stable Way, Medway

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Medway Pride flag raising a success

The Medway Pride Flag Raising took place on May 31 in front of Choate Park, and festivities followed within the park.



Clockwise from above: Medway flew its Pride flags during the month of June. Jonah Mathew (left) and Bodhi Mathew (right). Photo credit Andrea Moores; Photo credit David Webb; Juliana Crosby. Photo credit Andrea Moores; Attendees lined Route 109 for Medway's Pride flag raising. Photo credit David Webb

Real Estate Corner

DiBona announces candidacy for Norfolk County Register of Deeds

Current Quincy Councilor At-Large Noel DiBona officially announces his candidacy to run for Norfolk County Register of Deeds. DiBona has been a Quincy Councilor At-Large since 2016 and served as Council President in 2022 and 2023. DiBona was first elected to the Quincy School Committee in 2013.

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Recent Home Sales

Date	Medway	Amount
06/18/2024	13 Howe Street	\$1 mil
06/18/2024	22 Field Road	\$1.07 mil
06/17/2024	6 Saddle Hill Road	\$690,000
06/14/2024	6 Gorwin Drive	\$660,000
06/11/2024	5 Alexandria Drive	\$985,000
06/12/2024	3 Causeway Street	\$660,000
06/11/2024	17 Applegate Road	\$1.40 mil
06/06/2024	25 Fairway Lane	\$1.07 mil
06/04/2024	4 Newton Lane	\$1.32 mil
05/31/2024	37 Holliston Street	\$515,000
05/31/2024	6 Clover Lane	\$520,000
05/31/2024	128 Summer Street	\$726,000
05/31/2024	2 Spring Street	\$995,000
05/30/2024	20 Oakview Circle	\$537,000
05/29/2024	30 Coffee Street	\$555,000
05/23/2024	11 Pheasant Run Roda	\$699,000
05/23/2024	2 Sycamore Way #50	\$993,391
05/22/2024	18 Millstone Drive	\$689,000
05/17/2024	3 Cole Avenue	\$545,000
Date	Millis	Amount
06/17/2024	5 Paddock Lane (0.59 acre lot)	\$350,000
06/14/2024	84 Van Kleeck Road	\$435,000
06/14/2024	17 May Road	\$1.05 mil
06/13/2024	4 Tupello Lane	\$1.15 mil
06/11/2024	69 Glen Ellen Blvd	\$920,000
06/07/2024	19 Plimpton Farm Road	\$983,395
06/03/2024	53 Union Street	\$585,000
05/31/2024	16 Brookview Road	\$825,000
05/31/2024	11 Clark Road	\$700,000
05/31/2024	212 Pleasant Street	\$710,000
05/31/2024	10 May Road	\$989,500
05/30/2024	20 Woodlawn Drive	\$750,000
05/30/2024	271 Plain Street	\$592,500
05/30/2024	85 Dover Road	\$550,123
05/24/2024	6 Henry Way	\$900,000
05/24/2024	54 Lavender Street	\$610,000
05/23/2024	41 Richardson Drive #300	\$922,545

Recent Home Sale



The 4-bed, 4-bath, 3,839 square foot house at 6 Windcrest Lane in Millis recently sold for \$1,005,000. Image credit: www.zillow.com

Over 430 homes sold!

SOLD	SOLD	SOLD
		
3 Kensington Millis - \$649,900	Plimpton Farm Road Millis - \$939,000	6 May Road New Construction - \$959,000
PENDING	NEW LISTING	SOLD
		
45 Pleasant Street Medfield - \$949,900	83 Eliot Street South Natick	6 Litchfield Way Walpole - \$1,700,000

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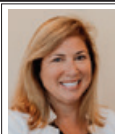
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23 B Summer St, Medway
Jennifer Colella McMahon



SALE PENDING
\$859,900
11 Liberty Road, Medway
Laina Regan Kaplan



SALE PENDING
\$594,900
10 Rosenfeld Road, Millis
Sue Kuphal



SOLD
\$705,000
13 Liberty Road, Medway
Laina Regan Kaplan



SOLD
\$540,000
246 Plain St, Unit B, Millis
Jennifer Colella McMahon



SOLD
\$605,000
220 Orchard St., Millis
Jennifer Colella McMahon



SOLD
\$810,000
135 Red Fox Run, Wrentham
Laina Regan Kaplan



NEW TO MARKET
\$549,900
24 Lexington Lane, Millis
Sue Kuphal



BUYER - SALE PENDING
\$579,900
60 Evergreen Cir, Unit 60, Canton
Ana Gonzalez Salmeron



NEW TO MARKET
\$389,900
3 Country Village Way, Millis
Jennifer Colella McMahon



UNDER CONTRACT
\$6,000 per Month Rental
9 Hickory Drive, Medway
Laina Regan Kaplan



NEW TO MARKET
\$549,900
26 Acorn St, Millis
Jennifer Colella McMahon



SALE PENDING
\$1,050,000
2 Catalpa Lane, Mendon
Laina Regan Kaplan



RENTED
\$2,575 Per Month Rental
12-14 Lexington St, Unit 12, Newton
Ana Gonzalez Salmeron



BUYER SALE
\$950,000
9 Crestview Ave Medway
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"We worked with Ana Salmeron buying our new house and selling our old one. She was simply amazing to work with and incredibly helpful and supportive throughout. When purchasing our new home, Ana made sure to keep us up to date and kept everything moving smoothly. She answered all our questions and was always available when we needed her. When selling our old home, she helped us stage the house and the house looked amazing!!! She also had professional pictures taken for the real estate posting which attracted many buyers. We were delighted when we got multiple offers. She made the processes of both buying and selling smooth and easy. We highly recommend her expertise in buying or selling a home. Thank you, Ana!!!" - **The Chesmore Family, Medway**

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