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July 2024



Cue the Parade!!

BY BELLA CAGGIANO

The Norwood 4th of July committee has done it again. They have planned and coordinated the most magnificent independence celebration in the area. While some may think each year is built from the previous, that could be farther from the truth. Each year's schedule can work as a guide, however, things change, life happens, groups become unavailable, better ideas are developed, and basically, the committee is always trying to make the event better every year.....and they

succeed!

This year, the celebration will begin on Thursday, July 4, with the traditional kick-off of the Children's Bicycle, Tricycle, Doll Carriage, and Historical Character Parade at 1 p.m., in downtown Norwood. The fee is \$1 per child and participants will receive a festive t-shirt and participation ribbon. Winners will be based on best decoration on themselves or their vehicles and will be invited to ride in the Grand Parade! There will be a Public Reading at 2 p.m., at the historic Old Parish Cemetery (rear of 480 Washington

St.) of orator and abolitionist Frederick Douglass' famous 4th of July address, 'What to the Slave is the 4th of July?' This event is free and open to the public.

A Carillon Concert will be held at 2:30 p.m., from Town Hall, with performances from Norwood's own Lee Leach and Margaret Angelini, from Wellesley College. Tours of the magnificent 50-bell Memorial Carillon will be held during the parade. The vibe on the Town Com-

4TH OF JULY
continued on page 2

Music is Back!

BY BELLA CAGGIANO

A quintessential New England summer evening; music on a picturesque town common. Norwood has this event more than covered, thanks to its charming communal venue and to the many volunteers who bring music to town for all to enjoy. In total, there are three con-

Olga Abdallah
Paul Eysie
Lisa O'Leary
Patricia Schick
Kevin Broderick
Lee Leach
Dorothy Prevoir
Dave Tuttle



Tony Mazzucco
Michael Rosen
Jeanne Vatour

There are three evenings, each with a unique style and repertoire to embrace and introduce all venues of music for all ages.

Sunday Concerts on the Common
6:30-8:30 p.m.

certs held on the Norwood Town Common throughout the summer: Concerts on the Common, Carillon Concerts, and Summerfest.

Should any Norwood resident know or meet a Norwood Concert Committee Member, thanking them should be a must:

Concerts on the Common is marking its 30th season at the Walter J. Dempsey Memorial Bandstand on the town common. Every Sunday evening throughout the summer, residents bring folding chairs and blankets and listen to period music, from marches, to swing, to jazz.

CONCERTS
continued on page 3

Bob Donnelly, Chair

Jack Madden



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Reservations by July 11th (for 7/13)
and by August 8th (for 8/10)

4TH OF JULY

continued from page 1

mon shifts gears towards athletics at 5 p.m., as runners line up for the Norwood Firecracker 5k Road Race. Information and applications can be found at Norwood Town Hall, the Civic Center, Morrill Memorial Library, or online at Racewire.com. With thousands of spectators lining the streets cheering and shouting encouragement, the 5K event feels more like the Boston Marathon! The main event will begin at 5:30 p.m., at the Coakley Middle School. The parade route will run down Washington St. in South Norwood, through downtown, and end at the Shaw's Plaza. To warm up the crowds, Norwood and surrounding municipalities lead the way at 5:30 p.m.,



with national and international marching bands, entertaining acts, floats, community groups and local politicians.

The Norwood 4th of July Committee has been hard at work to again bring on the best entertainment for all of Norwood to enjoy! Without them, this grand event, which adds so much pleasure to the local community and draws thousands of enthusiastic spectators to Norwood, would not be possible: Maria Henry, Chair, Mary Cantarow, Martha Colamaria, Lou Harris, Lee Leach, the Norwood Amateur Radio Club, and staff liaisons, Michael Rosen and Kevin Broderick.

The 4th of July committee is still looking for volunteers the day of the event. For more information, email Norwood Assistant Town Manager Michael Rosen at mrosen@norwoodma.gov. This is a great opportunity to share in what makes this event, and Norwood, the place where everyone wants to live!

Please note that Nathan and Washington Streets will be closed at 4:00 pm.

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with an impressive lineup of fire and emergency vehicles, antique and classic cars, and WWII, Korean War, and other military equipment. This is always a favorite segment of the day and famous for announcing their approach with incredible sirens! The excitement builds throughout the afternoon, and finally, at 5:45 p.m., Norwood's infamous parade begins! The lineup is filled

Happy 4th of July!

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CONCERTS

continued from page 1

- July 7: Compaq Big Band
- July 14: Westwood Swing Band
- July 21: Sharon Concert Band
- July 28: Roy Scott Big Band
- August 4: Portrait in Jazz
- August 11: NHS Swing Band
- August 25: Dan Gabel and the Abletones

Monday Carillon Concerts

6:30-7:30 p.m.

Open carillon tower tours following the concerts

Rain or Shine

The Carillon Concerts on the Common have returned for its 39th year! The carillon, Norwood's hidden instrumental gem, is a 50-bell instrument located in the Memorial Municipal Building (Town Hall) tower. The carillon was a gift to the town by Walter F. Tilton, at the time of the building's original construction in 1928.

- July 4: Lee Leach & Margaret Angelini (special time-2:30 p.m.)
- July 8: Margaret Pan
- July 15: Andrea McCrady
- July 22: John Widmann
- July 29: Dvid Hunsberger
- August 5: Jess Ip
- August 12: Jennifer Herrmann
- August 19: John Whiteside

Wednesday Summerfest concerts

6:30-8:30 p.m.

These groups often provide



sounds from different musical eras or cultures and have the audience on their feet dancing, or at least tapping their feet and bobbing their heads, to familiar music, past and present.

- July 10: Round House
- July 17: JD, Billy and Ken
- July 24: Boston's Erin Og
- July 31: Hipshot Band
- August 7: PanNeubean Steel
- August 14: Stoptime Revue
- August 21: Slapback
- August 28: Back in Time

It's not just music, however, that people enjoy at the concerts, at Sunday Concerts on the Common and Summerfest on Wednesdays, raffle prizes are given out to the audience from these generous, local businesses:

- Acapulcos
- Boston Beef
- Boston Tavern
- Brookside Café
- Café Fresh Bagel

- Castle Island Brewing
- Chelala Jewelers
- Conrad's Restaurant
- Cove by Dune
- D&G deli
- Dominos
- Feisty Greek
- Furlong's Candies
- Hometown Arcade
- Honey Dew
- Imperial Perfumery
- Irish Brewing
- Jack N Joes
- Keegan's Jewelers
- Launch
- Lewis's
- Lustra Cleaners
- Mina's Café

- Murph's Place
- Napper Tandy's
- Olde Colonial Café
- Orange Leaf
- Pizza Palace
- Simple Sweets/Mizuya
- Smokehouse BBQ
- Shop & Shop
- Straightstitch
- Taso's Café
- Vico Ristorante
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- Gerry Dodge and Sharon Cartier
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- Norwood Democratic Town Committee
- Norwood Engineering
- Norwood Police Association
- Norwood Post 2452 VFW
- Morwood Rotary Club
- Norwood Space Center
- Robert Donnelly/Michelle St. Pierre
- Roche Bros. Supermarkets
- Rockland Trust

Lastly, none of the concerts would be available without the generous donations from its sponsors:

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- Delite and Edward Sweeney
- Norwood Record
- The Herb Chambers Charitable Foundation

Silver Batons

- Ai3 Architects LLC
- Bank of Canton
- Dedham Savings
- Norwood Women's Community Committee

Find more information about individual concerts, visit the Town of Norwood website, www.townof-norwood.gov, click on Residents, click on Holidays and Community Events, or Norwood's Facebook page at, Facebook page @Townof-NorwoodMA, or visit each band's personal website.

RECENT NORWOOD TRANSACTIONS

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32 Brookfield Rd	\$625,000	211 Central St U:A301	\$450,000
8 Myrtle St	\$645,000	60 Queensboro Ct U:60	\$480,000
74 Sunnyside Rd	\$692,000	65 Winslow Ave U:2	\$485,000
16 Greenwich Rd	\$735,000	909 Washington Street U:8	\$605,000
32 Earle St	\$680,000	15 Howard Street U:2	\$690,000
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 Probate and Family Court
 Norfolk Probate and Family Court 35 Shawmut Road
 Canton, MA 02021
 (781) 830-1200

Docket No. N024P1603EA
Estate of: Catherine G. DeSimone
Date of Death: 03/10/2024

To all interested persons: A Petition for **Formal Probate of Will with Appointment of Personal Representative** has been filed by **Anne Larkin of Bedford MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: **Anne Larkin of Bedford MA** be appointed as **Personal Representative(s)** of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: **10:00 a.m. on the return day of 07/17/2024.**

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: June 12, 2024
 Colleen M Brierley, Register of Probate

Join the Friends of Norwood Center

Unleash the power of community!

Are you ready to see Norwood Center reach new heights? Do you believe in the magic of community collaboration? Then, the Friends of Norwood Center (FNC) need you! We are an all-volunteer, non-profit organization comprised of passionate Norwood residents, town employees, and small business owners. Our shared vision is simple: to drive success and prosperity for Norwood Center, benefiting the entire community and its visitors.



At FNC, we unite businesses, residents, visitors, and town offices to create a downtown experience that works for everyone. Our achievements speak volumes: from facilitating pandemic relief funds and matching grants with small businesses, to advocating for Norwood at economic development meetings. We're the backbone of support every small business needs to thrive.

Our social media presence is electric! By sharing, reposting, and liking on Facebook, Instagram, and Twitter, we amplify the voices of local businesses. Annual events like Shop Small Saturday and Restaurant Week turn the spotlight on Norwood Center, boosting local commerce and fostering community spirit. Plus, our newly revamped website with

a comprehensive business directory is the go-to hub for all things Norwood.

"We're stronger together," local business owner and FNC member said. "While we business owners pride ourselves on being self-sufficient, it truly takes a supportive network to keep us thriving. The pandemic proved that. With FNC backing you, your small business will soar. We're excited to collaborate."

By joining FNC, you become part of a dynamic force dedicated to elevating Norwood Center. Your involvement helps us expand our reach and impact, ensuring Norwood remains vibrant and prosperous. Whether you're a resident, business owner, or town employee, your unique skills and perspective are invaluable to our mission.

Ready to make a difference and contribute to Norwood Center's success? Become a member of the Friends of Norwood Center today! For more information on how to join and get involved, visit our website or contact us via email.

Together, let's make Norwood Center a place where everyone can succeed and enjoy the best our community has to offer. Join FNC and be part of something extraordinary!

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The Town of Norwood has partnered with HomeWorks Energy

Income-qualified households and landlords may be eligible for additional incentives. See website for more details about these offers and eligibility.

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A Little Off The Top

Hits & Myths: The third-dimensional Fourth

By STUART GREEN

This year, the Fourth of July falls on July 4. Few know, but there was a Fourth of July before 1776 – it fell on July 4, 1775. That year, the Fourth actually occurred on July 4, but there was no Declaration, or fireworks, or parade, or cookouts. Well, maybe a cookout, but that was just known as “dinner” that year.

In the time of the Revolution, Norwood didn’t exist. Well, it did exist. There, we’ve covered both ends of that argument, so let’s move on.

The area then known as South Dedham got caught up with the whole Concord and

Lexington thing, and its sons answered the first shots within moments – or at least a minute, man. Famously, Aaron Guild rushed off to the front, leaving behind two bewildered cows, stopping only long enough to pose for a town seal – just in case South Dedham continued the Revolutionary spirit and broke off from Dedham proper. Someday.

A little to the north of the colony, Paul Revere galloped his way into the night – and history. He was accompanied by a couple of other riders who had the misfortune of not having their names rhyme with “Listen my children and you shall hear...”

They could have been written into poetic annals:

*“Hey, kids, stop and pause,
And pay tribute to William Dawes.*

*And we owe our fortunate lot,
To the courage of Sam Prescott.”*

The trio never did make it down south to South Dedham, what with the constant British patrols, the five-shilling turnpike charge, and the horse-traffic on the Pony Express-way.

Be that what it may – or maybe not – the British stubbornly stayed in the port of Boston for a while, until being driven out by George Washington, patriotic zeal, and the high cost of housing. Their parting words on leaving, echoing through the ages, were, “We

shall return – when you bring back rent control.”

With Washington’s foresight, he got out of Dodge, years before the expression, or vehicle, was invented. He figured he’d beat the brutal, harsh winters of the north and headed to the warmer climates and a tropical paradise – like Valley Forge. He would have considered spending the winter in Florida, but it still was in Spanish hands and, try as he might, he couldn’t get a hotel reservation in the Fontainebleau.

Meanwhile, as the second Fourth of July celebration was fast approaching, Continental Congress knew it had to take decisive action – and immediately voted to make the Fourth

a Monday holiday.

And Massachusetts celebrated as well, defying the Minutemen border patrol and smuggling fireworks across state lines from New Hampshire.

Over the years, the Fourth has stayed as traditional as ever, fighting off a move during the late 19th century industrial moguls’ campaign of making everything American bigger and better, and moving the Fourth to the Fifth, Sixth, or even Thirty-First.

But the Fourth is where it’s stayed, taking its place as an interlude that Americans throughout time truly can cherish – a day off from work.

Noel DiBona Announces Candidacy for Norfolk County Register of Deeds

Current Quincy Councilor At-Large Noel DiBona officially announces his candidacy to run for Norfolk County Register of Deeds. DiBona has been a Quincy Councilor At-Large since 2016 and served as Council President in 2022 and 2023. DiBona was first elected to the Quincy School Committee in 2013.

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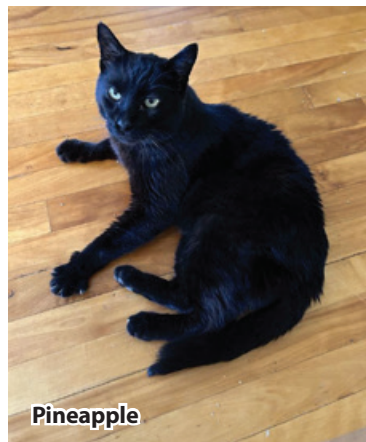
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Pineapple

ter care waiting for their forever homes. As an example, Pineapple required extensive dental care last month when all but a few incisor teeth were extracted. Just this bill cost the organization \$2,600. Pineapple is doing fine and will be going to a new home once he is fully recovered!

Another BSAC foster, Basil, also needed an echocardiogram in May, thankfully with good results! This procedure cost the organization \$760. Again, the commitment is always for the cat's well being....Bay State welcomes the generosity of the community to keep our mission of a no-kill organization going.

To donate for these and other large medical expenses, visit www.baystateanimals.org.

Visit BSAC at the Norwood Farmers Market!

The Bay State Animal Cooperative will be hosting a table at the Norwood Farmers Market,



on the Town Common July 2, July 16, July 23, Aug. 6, Aug. 20, Sept. 3, Sept. 17, Oct. 1, Oct. 15! Stop by to say hi, for kid crafts, bottled water, and learn more about the non-profit cat rescue group.

baystateanimals.org



[facebook.com/BSAC09](https://www.facebook.com/BSAC09)



twitter.com/BayStateAnimals



[instagram.com/baystateanimals16](https://www.instagram.com/baystateanimals16)

Not Even A Little Stormy Weather Can Stop BSAC!

It may have been raining cats and dogs on Sunday, June 9, but many dogs received a bath, rabies vaccination, microchip, or nail clip. Some drivers also dropped by to help clean off all that pollen that has been clinging to the cars! Through the generosity of local residents, the event raised approximately \$950 for the Bay State Animal Cooperative (BSAC). In addition, thanks go out to veterinarian Dr. Holmes who donated her time and the volunteers who braved the rain to support BSAC.



Meet Chase

Chase is a six-year-old neutered male shepherd mix that has sadly been at the Norwood Animal Shelter for over a year. He was taken in by Norwood Animal Control four times roaming the streets of Norwood.

You may have seen his pictures on Norwood social media pages throughout the months, but he has not yet found his forever home. Chase is very loving and interactive, loyal, responds



positively to scratches and patting, and loves to play. He does,

however, like his own space as well. He does get along with some dogs, but will probably do best in a household without children. Chase is searching for his person or family. Could that be you?

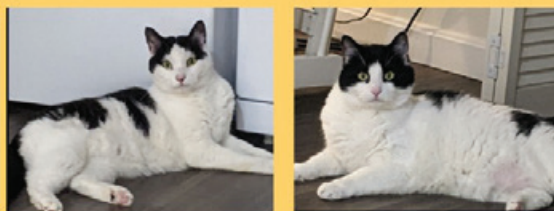
To learn more about Chase, contact Norwood Animal Shelter, at 781-762-3159. The business hours are 8 a.m.-4 p.m. The shelter is located on Rte. 1 North, just past the Chateau. A \$200 donation is welcome to adopt Chase.

Meet Bandit and Houdini!

Seeking patient, understanding and loving forever home for 2 bonded and special kitties, Bandit and Houdini. YOU need to be special as we already know they are! It will take a little gentle patience for these boys to warm up in their new home, but they are well worth the effort!

Houdini is friendly and loves pets and scratches but is still a little skittish. He is content knowing his human friends are in the vicinity, but not necessarily right next to him. Bandit has made such huge strides with his confidence level and is a total chatterbox! He doesn't enjoy being pet but he will carry on a conversation, telling you about his day and his opinions on various topics. In time, you will wonder how you ever lived without them!

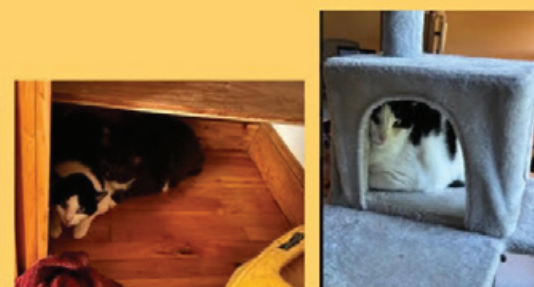
QR Code to our website!



Meet Mira and Basil!

Adorable bonded pair from a difficult background seeking patient, loving human(s). Mira and Basil need some time to trust. They love treats. Mira will chitter and 'talk' to you once she becomes comfortable. She understands the word 'snacks' and they will break out purring. They need time to learn how to interact positively. We believe that a loving, patient, experienced cat person who respects their boundaries will get a huge payoff with these two. Won't you take a chance on these two and give them a loving, stable home where they are cherished?

QR Code to our website!



Happy Birthday Charley's Angels Pet Initiative!



BY BELLA CAGGIANO

Charley's Angels Pet Initiative (CAPI) founder Kandi Finch has been an animal lover and rescuer for decades. She spent years watching people struggle to keep their animals fed and healthy, and finally came to a place in her life where she could implement her dream (and recruit friends and colleagues to help). CAPI's mission is to assist pet owners and their pets to stay together during difficult times providing

providing food, necessities, assistance with vet bills and support any way we are able.

We are 100% volunteer staffed so 100% of all donations received go directly to help our

"CAPI" family. There are

many ways you can help our mission:

Reasons to Donate:

- You love animals
- You have a pet and want to help
- In your pets name(s)
- In memory of your pets
- In a loved ones name
- In memory of a loved one
- A directed donation to a specific pet in need

Items to Donate:

- Bags of unopened pet food (3-7 lb. bags preferred) to help support our pet food Pantries
- Gently used or new accessories (collars, leashes, harnesses etc.)
- Gift cards from Chewey, Amazon, Pet Supplies Plus, PetCo, other pet supply companies)
- Gift Cards for grooming

Ways to Donate:

- Attend one of our fundraising events.
- A check to Charleys Angels Pet Initiative mailed to: PO Box 164 Norwood, MA 02062
- From our website: charley-

sangelspetinitiative.org

- From our Facebook Page: facebook.com/charleysangelspet
- Venmo: @charleysangels
- At one of our donation jars at an event or local business
- Credit/ Debit card at one of our events

It has been nearly a year since you launched Charley's Angels Pet Initiative. Has the organization progressed as you imagined?

Better than expected. We have a fantastic team of volunteers. We put this together in just a couple of months once we pulled the trigger. The team is working hard to get our name out there, raise money, and help where we can. I am amazed, proud, and humbled by what this team has been able to accomplish.

How has the response been from people you have helped? How do they hear about CAPI?

Everyone we have helped has been appreciative, relieved, and



examples of how CAPI has helped pet owners?

CAPI has been very busy. Our first call was from someone whose mom was going into a Nursing home and couldn't take her cat. We were able to find her a home with one of our friends.

Our next was Pookie. His mom passed away and left him with his dog walker who is on a fixed income. We continue to help him with meds and veterinary bills.

We started building up our pet food pantries so we are helping people that way.

We have also helped two Parrots, a bearded dragon, ten cats, and a dog in a horrible hoarding situation, three cats left by their owner who passed away, we donated to Baby, the lost dog who was hit by a car and we will stay in contact with her owner as Baby recovers. The most recent was a call from a man with cancer. He, his wife, and three kids could no longer care for Coco,

less stressed. The stories are heart-breaking and hopeful. It is truly a gift that we have been given to be able to help people and their pets. We have been pushing our name out there any way we can: sharing on Charley's Angels Pet Initiative website and FB pages, sharing on our personal pages, friends, and family. We have done some local cable interviews and even appeared on NBC the Hub back in March. We are building a network of agencies, rescues, shelters, and other partners to help get the word out. We are even getting referrals from a local bird and reptile store.

Would you like to share a few

CAPI

continued on page 8



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www.afcurgentcare.com/norwood/

CAPI

continued from page 7

their ninth-month old puppy. She is currently at Norwood Animal Shelter receiving care and training so she can be adopted.

There are so many stories; check out our website and Facebook page for more.

Has the mission differed from your original design?

The original mission was to help people and their pets stay together. We are accomplishing this as intended, by providing food and helping with vet bills and medicine. We have three local pet food pantries at the Norwood Food Pantry, Norwood Senior Center, and Norwood

Housing. We also donate food and other accessories to the Norwood Animal Shelter. These are working very well. We are also receiving calls and emails about pets needing to be rehomed for various reasons. While we are not a shelter or a rescue, we will help any way we are able to by working with our partners. Norwood Animal Shelter (Henry and Brianna) have been a fantastic resource for us. Each pet has a sad story and they have been helpful, compassionate and caring, going over and above to help out. They need help too. They spend a great deal of their own money supporting the animals in their care.

CAPI is not a traditional rescue. How is it different?

We are a resource. The more

money we can raise, the more pets we can help. The larger our network, the more pets we can help. We are all in this for the same reason; to help pets and their people. Our partners have been there for us and we have, and will, be there for them. For example, we have worked a few cases with the Bay State Animal Cooperative. They were responsive and helped to get ten cats out of a very horrible situation. All cats have been adopted. All that within just a couple of weeks-amazing!

When should pet owners call you?

Everyone hits a rough patch once in a while. If you have a pet and you are struggling to feed them, pay for meds, or vet visits, call us. We will do everything we can to help. No one should have to make a decision to surrender their beloved pet or have them euthanized because they can't afford a vet bill. Again, this all costs money so without ongoing support, great partnerships, and donations none of this is possible.

You are completely volunteer based. Would you like to recognize the people who have helped in your first year?

So many people. I always say, it takes a village. Our board is a diverse group with all the right skills to get this done. They work



behind the scenes to make every strategic decision, execute food pantry logistics, plan and organize events, find new strategic partners for us, manage our social media, write articles, look for sponsors and donors, and so much more. I am glad I didn't know how hard it was to start a nonprofit, I may not have done it! This team dove right in and made it all happen. I still can't believe what they have been able to accomplish in less than a year and we are still growing. It seems trivial and certainly not enough to just say thank you and list their names. This is our fantastic Board. Each has a specific role but all hands-on deck when we need them: (in no specific order) Michele Taranto, Roz Abdelnour, Ciera Wilson, Trish Conroy, Cheryl McGlynn, Mencia Quinonez, Wendy Aimola, Catherine Becker Good, Kim Burke, Susana Murphy.

How can people volunteer?

Volunteer at an event, hold a fundraising event if you belong to a group, school, or organization, offer your space if you have one for an event. Offer to foster a pet with a local shelter or rescue. Call us. We are still figuring it all out and will take any help we can

How can people contribute?

Money is the most important donation we can receive. In addition, we need small unopened bags of cat and dog food as well as canned food.

There are links on our website and Facebook pages. We accept Venmo, donations in one of our jars around town, or drop in to the Dirty Dawgwash, 1 Wilson St., and drop donations off. You can also mail a check-all information is on FB and our website.

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 Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Adult Summer Reading Challenge Has Begun!

The Morrill Memorial Library's 2024 Adult Summer Reading challenge began June 17 and runs through Sept. 7. Entering is easy; simply fill out the Adult Summer Reading Bingo card filled with literacy events and community suggestions.

Once at least 1 horizontal, vertical, or diagonal line of 5 squares (BINGO) is filled, turn the card in at the Reference Desk, email it to humbreit@minilib.net, or bring it to the library's Norwood Day table

on September 7. Everything can also be completed online by signing up for the Adult Summer Reading Challenge through the library's Beanstack page. All cards must be submitted before the end of the day on September 7.

For every BINGO on a card, one entry will be submitted into the prize drawing at the end of the summer. Complete all 24 squares and get an extra 6 entries! There will be several prizes, so multiple participants will win. Summer reading

prizes generously donated by the Friends of the Library.

One card per person, for readers high school-aged and older. Book titles may be used up to twice per card.

For more information, call 781-769-0200, ext. 2. Bingo Cards can also be downloaded on the Adult SRP webpage or pick one up in-person at the library reference desk.

Happy Reading and Exploring!

Name: _____ Email / Phone: _____

MORRILL MEMORIAL LIBRARY SUMMER READING

2024 BINGO CHALLENGE

June 17 - September 7, 2024

One card per person. For readers high school-aged & older. Book titles may be used up to twice per card.



BLACK OR INDIGENOUS AUTHOR What book did you read?	EXPLORE YOUR NEIGHBORHOOD Name one new thing you found.	SUGGESTION FROM A LIBRARIAN What book did you read?	LEARN ABOUT OUR SEED LIBRARY What did you learn?	LGBTQ+ AUTHOR What book did you read?
LEARN SOMETHING NEW What did you learn?	ATTEND A PROGRAM Which program did you attend?	SPORTS-THEMED NOVEL What book did you read?	BOOK ABOUT A CURRENT EVENT What book did you read?	BOOK THAT CENTERS ON A RELATIONSHIP What book did you read?
READ A NOVELLA IN ONE DAY What book did you read?	LEARN ABOUT LOCAL SUSTAINABILITY What did you learn?	FREE SPACE	RECOMMEND A BOOK Who did you recommend it to?	LEARN ABOUT BOOK BANS IN THE US What did you learn?
VISIT OR HIKE A NORWOOD TRAIL Which trail did you visit?	BOOK THAT MAKES YOUR HEART RACE What book did you read?	LEARN ABOUT A SPORT NOT PLAYED IN THE US What did you learn?	BOOK SET IN ASIA BY AN ASIAN AUTHOR What book did you read?	GRAPHIC FICTION OR NONFICTION What book did you read?
LEARN ABOUT VOTING IN THE US What did you learn?	LOG INTO OUR CATALOG When did you log in?	BOOK FROM A DISPLAY What book did you read?	BOOK SET IN MASSACHUSETTS What book did you read?	TELL SOMEONE ABOUT MML BINGO Who did you tell?

READ
 ACT
 DISCOVER
 PARTICIPATION DETAILS ON PAGE 2

CAPI

continued from page 8

What area do you service?

While we would love to help everyone everywhere, we are primarily focused on Norwood and surrounding towns. We realize there is a huge need so we will try to help anyone who reaches out. But without donations and a great network, nothing is possible.

Can you give all the different contact options or where people can learn more about CAPI?

Website: charleysangelspetinitiative.org

Facebook: facebook.com/charleys

Instagram: [@charleysangel-pet](https://instagram.com/charleysangel-pet)

Email: info@charleysangel-petinitiative.org

Mail: PO Box 164 Norwood, MA 02062

Phone: 781-228-8309

What would you like to add?

Please like our website and FB page and follow us everywhere.

Share our posts and links to our sites. We need to keep spreading the word.

If you can organize a fundraising event of any kind - we would appreciate it.

Please help us get donations.

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NORWOOD HIGH SCHOOL Class of 2024



Senior Class Advisors
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Vice President
Jonah George DeAndrade Michalec
Secretary
Heather Bernice Begg
Treasurer
Vinamra Kalaingar Anusha
Boys Athletic Advisor
Owen John Desharnais
Girls Athletic Advisor
Patricia Elaine Wladkowski
Fine Arts Advisor
Colin Scott SanGiacomo

Alice Dany Abdallah
Hannah Modupe Adeleye
Ora Michelle Adrianson
Leandro Afonso Vieira Barros
William Ohireme Akhibi
Sophia Naomi Allen
Jonathas Gabriel Santos Almeida
Julia Delfina Alves
Anthony Carl Amato
Kyle Andrews
Mae Baolu Appleyard
Zachary John Badger
Carlos-Arthur Miranda Barbosa
Paige Madison Barnett
Ciara Andrea Barrows
Rajani Chandra Battenfeld
Madison Rose Bennett
Nicholas William Berardinelli
Anthony Sarmiento Bittencourt
Ava Mariah Bleiler
Francesca Joanine Bois
Noah Max Braverman
Cam Regan Brown
Trevor James Brown

Saniyah Tashay Brunton
Donald Edward Bryant
Kayla Ann Cahill
Theodore Charles Caparrotta
Edward Griffin Carroll
Armanny Jeremy Castillo
Anthony Michael Cavanaugh
Nataly Cristina Chacon
Stephanie Georges Chakar
Grace Thao Chau
Aiden Michael Ciavattone
Genesis Claudio
Melissa Maria Colella
Madison Rose Collins
Michael Patrick Colomey
Ryan Peter Conneely
Edward Liu Connolly
Alexa Maria Coras
Connor Jason Curran
Genevieve Patricia Curran
Michael Edward Curran
Jonathan Santos Da Silva
Rafael Sousa Dasilva
Rina Giuditta David
Lorena Souza de Aquino
Pablo Segantin De Sousa
Miguel Angel DeLao Machado
Amy Kathryn DeLaria
Trevon Robert Delouchrey
George-Stanley David Demattia
Jaunty Joesphine Ditchfield
Madison Leigh DiTullio
Zachary Joseph DiTullio
Kristian Walter Dolan
Aleksander David Dunston
Angelina Chater El Moucary
Gabriella Chater El Moucary
Serena May Elias
Lyla Margaret Fagan

Molly Joanne Federico
Jessenia Flores
Julissa Flores
Sophia Donna Forrest
Gerald Hunter Frey
Natalie Patricia Gale
Julia Rose Gallo
Lauren Kathleen Galvin
Kaitlyn Margaret Gaspa
Andrew Duncan Gillis
Jayda Ashlee Gomes
Devoni Gene Gonzalez
Rosanna Gonzalez
Katelyn Michelle Grant
Daniella Dany Habib
Chloe Rose Hall
Janiah Natalya Harnett
Isaiah Gralyn Hart
Lilla Georgenia Hatch
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Zackary William Jenkins
Malik James Jones
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Molly Ann Keats
Benjamin Matthew Kelley
Nevin Francis Kelley
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Aodhan Edward Keogh

Andrew Joseph Kheirallah
Mario Kico
John Paul Kiessling
Sophie Anne Krusz
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Ethan Andrew Lee
Ruan Marcus Lemes Fernandes
Andrew Jason Fraga Lima
Damien Nicholas Lin
Cesar Omar Lino
Isabel Banzon Lirag
Olivia Lorraine Lodge
Ayanna Ivelis Lopez
Sarah Emmaryolda Louis
Emily Mary Nicole Lowe
Sadie Jude Lundin
Thomas Ross Lynch
Julia Ellen Mace
Trinity Mone't Justice Mack
Aachal Maharjan
Matthew Jacob Mahoney
Liam Thomas Mannering
Joseph Robert Manning
Michael Merrill Marchand
Tianna Hazel Marotta
Ana Clara Martins
Vanessa Valentina Martir Hernandez
Madison Clarice McCann
Maggie Katherine McDermott
Maliya Tiara McLain
Joseph Edward McPhee
Jennifer Anahy Medina
Gabriel Antonio Mejia Tazuy
Jadrian Jessiah Mercado Santiago
Allegra DeAndrade Michalec

Daniel Joseph Michienzi
Deja Makiyah Miles
Mairead Josephine Moore
Paige Nicole Moore
Noah Jonathan Moreau
Emilly Ritielly Morell DeAquino
Daniel Joel Morrison
Cameron Philip Munro
Alexandra Gabrielle Murphy
Ethan Thomas Murphy
Patrick Akieh Murphy
Mohamed Musa
Olivia Mary Naughton
Joshua Carib Nieves
Jack Francis Nychay
Manley Oberson
Maximos Soterios O'Brien
Patrick William O'Brien
Emily Rose O'Connor
Michael Oluwafemi Oloyede
Mason Walter O'Neil-Butters
Maverick David O'Neil-Butters
Chibuikwe Francis Onyeocha
Eve Louise O'Rourke
Grace Mary O'Rourke
Smayan Swapnil Paranjpe
Emely Xiomara Pena Sanchez
Gianlucas Perello
Jaydell Jonathan Perez
Aidan Michael Perron
Jayda Destiny Peterson
Christine Lydia Gapongli Picpican
Halissa Philippe Pierre
Djubelka Pierrelouis
Claire Abigail Muriel Pike
Katherine Elizabeth Pritchard
Ashley Rose Pungitore
Ananya Ramamoorthy
Sarina Dominique Raynaud

Lauren Marie Reen
 Michaela Marie Reen
 Abdul-Rahman Remi
 Jordyn Agape Rhondell Robinson
 Hugo Almeida Rocha
 Nashla Deniss Rodriguez Castillo
 Lindsay McCormack Rogers
 Ted Berny Romain
 Emma Ruby Romero
 Brian Daniel Ross
 Ronan Patrick Ryan
 Jessica Ann Saber
 Isaac Enrique Salinas Parajon
 Ana Beatriz Santana Alcantara
 Brandon Santana Ramirez
 Jahzamy Simone Santiago
 Leannalis Ivette Santiago
 Olmer Jose Sarceno-Najera
 David William Saulnier
 Ryan John Savilia
 Lucy Margaret Scafati
 Amanda Janet Scanlon
 Jayda Marie Semler
 Giacomo Anthony Serratore
 Meghan Cheryl Serratore
 Abdourahman Sey
 Mason Daniel Sharkey
 David Guerrero Shaw
 Emma Shkurti
 Lama Abdul Shuman
 Daniel Pascoal Silva
 Akshayram Sivakumar
 Prima Sripho
 Faith Ashley Starr
 Tyler Aidan Kalle Sulkala
 Ryley Sophia Sullivan
 Shayla Danielle Sullivan
 Jeremy Kirk Tendo
 Jared Stone Tinlin
 Angelo Anthony Toledo
 Abigail Rose Trahon
 Moussa Traore
 Ayana Jailyn Valdez
 Nylah Jade Van Putten
 Luis Alberto Vega
 Sophia Therese Venditti
 Sofia Gomes Rodrigues Vieira
 Thauany Vieira Ribeiro
 Bao Phuc Ta Vo
 Mathieu George Walsh
 Julia Frances Warner
 Michael Anthony Washburn-Pungitore
 Olivia Cate Wetnicka
 Andre Lamar Williams
 Shania Renee Wilson
 Theodore Joseph Wyman
 Elaina Habeba Yamine
 Diego Ariel Yanes
 Carlos Daniel Zaldana Ramos
 Jessica Vicki Zammito
 Milton Alexander Zepeda Juarez

NHS Class of 2024 Scholarship Recipients

ARTS AWARDS AND SCHOLARSHIPS

The Norwood High School Tv News Director Award (Plaque) Connor Curran

The Actor Award (Plaque)

Madison McCann

The Dance/Choreography Award (Plaque) Jason Le

The Improvisational Acting Award (Plaque) Olivia Wetnicka

The Playwright Award (Plaque)

Ora Adrianson

The Technical Design Award (Plaque) Alexandra Murphy

The Visual Art Award (Plaque)

Melissa Colella

The Color Guard Award (Plaque)

Alexandra Murphy

Backstage Boosters Drama Awards

Sadie Lundin, Emma Shkurti

Norwood Theatre Scholarship

Sadie Lundin, Emma Shkurti

Dick Kief Norwood Community Media Television Scholarships

Owen Desharnais, Lucy Scafati

Parents Music Association Scholarships Jason Le, Michael Marchand, Prima Sripho, Jonathas Almeida, Trevor Brown, Molly Keats, Ethan Lee, Emma Shkurti

The Paul M. Alberta Instrumental Music Scholarship Heather Begg

The Pma Cathy Connor Moen Choral Scholarship Stefanie Kurtiqi

The Inez Reardon Memorial Scholarship Nevaeh Larose

Friends Of Visual Arts Norwood Awards Melissa Colella, Nevaeh Larose, Djubelka Pierre Loius

Fernando Morales Memorial Scholarship Ananya Ramamoorthy

The Michael D. Shea Fine Arts Award Prima Sripho

The Christopher G. Brousaides Scholarship Trevor Brown

ATHLETICS AWARDS AND SCHOLARSHIPS

The Edward S. Costello Memorial Award Owen Desharnais

The Charles R. Donnell Memorial Award Ryan Conneely

The Erna H. Kiley Award Michaela Reen

The Leighton Sumner Thompson Awards Patricia Wladkowski, Matthew Mahoney

Ken Nolet Memorial Scholarship

Patricia Wladkowski

Kevin P. Morrison Memorial Scholarship Lindsay Rogers

The Rick Vail Memorial Scholarship

Of \$1,500 Ajmain Hossain Mahin, Jessica Zammito

The NHS Girls' Basketball "Boosters" Scholarship Alexa Coras, Lauren Reen, Patricia Wladkowski

The Andrea (Dixon) Lavery Memorial Scholarship Lauren Reen

Norwood High School Boosters Club Scholarships Ted Caparotta, Connor Curran, Owen Desharnais, Molly Federico, Joe Manning, Lauren Reen, Michaela Reen, Giacomo Serratore, Lucy Scafati, Abigail Trahon

The Wayne Clement Memorial Scholarship Connor Curran, Alexa Coras, Molly Federico, Lauren Reen, Michaela Reen

The Peggy Hickey Scholarship

Lindsey Rogers

Michael Patrick Mahoney Scholarship Ryan Conneely, Nathan Hsu, Benjamin Kelley, Matthew Mahoney, Theodore Wyman

Friends Of Norwood Boys Soccer Scholarships Nevin Kelley, Smayan Paranjpe, Giacomo Serratore

Friends Of Norwood Girls' Soccer Scholarship Paige Barnett, Alexa Coras, Julia Mace, Lauren Reen, Michaela Reen, Sophia Venditti, Tricia Wladkowski

Friends Of NHS Girls' Lacrosse Julia Gallo, Olivia Naughton, Emily O'connor, Katherine Pritchard

The Norwood High School Gymnastics Scholarships Madison Ditullio, Kathryn Pritchard, Mairead Moore, Lucy Scafati, Abigail Trahon

The NHS Swim & Dive 'Leadership Beyond The Lane Award' Theodore Caparotta

The Austin Reardon Memorial Scholarship For Leaders Of The Community Kaylie Delamere

The Austin Reardon Memorial Scholarship For Student-Athletes Joseph Manning

ACTIVITIES AWARDS AND SCHOLARSHIPS

The Taylor Lynch Memorial Scholarship Jessica Zammito, Mason O'Neill Butters

Environmental Youth Coalition "Go Green" Scholarship Jessica Saber, Allegra Michalec

Norwood High School Community Service Recognition 19 Students/Recognition

The Global Citizen's Award 10 Students/Certificates

School And Community Impact Awards 11students/ Certificates

ACADEMIC AWARDS AND COMMUNITY

SCHOLARSHIPS

Presidential Awards 109 Students/Certificates

The Daughters Of The American Revolution Kaleigh Delamere

The Robert Jones Stss Tech Recognition 6 Students (T-Shirts)

The Berwick English Prize Heather Begg

The Leighton Sumner Thompson Awards Trevor Brown, Kaylie Delamere

The Jean Brady English Department Award Emma Shkurti

The Daniel P. McKenna Award Emma Shkurti

The Everett Learnard And Dino Fiore Science Awards Patrick Ibrahim, Molly Keats

The Foster Family Stem Scholarship Diego Yanes, Jessica Saber

The Norwood Women's Community Committee World Language Awards - French Heather Begg

The Norwood Women's Community Committee World Language Awards - Spanish Julia Alves

The Donald B. Fleming Jr. Memorial Latin Scholarship Emma Shkurti

Seal Of Bi-Literacy 10 Students

The John C. Lane Medal 153 Students

AP Capstone Recognition 15 Students

Innovation Healthcare Pathways Recognition 17 Students

John F. And Margaret P. O'Connell Memorial Scholarships Liam Mannering, Ryley Sullivan

Andrew B. Boch Scholarship Heather Begg

The Edward H. And Dolorita F. Doherty Memorial Scholarship Lauren Reen

Anthony E. Mickunas Memorial Scholarship Ted Caparotta

The Frederick And Dora Valentine And Family Memorial Scholarship Of \$1,000 (Aviation) N/A

Norwood Woman's Club Scholarship Ethan Lee, Stefanie Kurtiqi

Norwood High School Alumni Association Scholarships Julia Alves, Mairead Moore

Bay State Federal Savings Charitable Foundation Scholarship Patrick Ibrahim
Norwood Teachers Association Scholarship Mairead Moore

The Class Of 1969 Scholarship Sophie Krusz

The Class Of 1969 Scholarship In Honor Of William J. Freytag, PHD Hannah Adeleye

Dr. Timothy J. Curtin, Dds Memorial Scholarship Isabella El Moucary

Olive P Curtin Memorial Scholarship Kaylie Delamere

Malcolm And Catherine McKinnon Nursing Scholarship Ashley Pungitore

The Edythe Mae David Nursing Scholarship Michaela Reen

The Edward And Shirley Praino Scholarship Katherine Pritchard

Nancy E. O'leary Memorial Art Scholarship Ora Adrianson

Michael J. O'leary Memorial Business Scholarship Halissa Pierre

Susan J. Simoni Memorial Scholarship Emma Shkurti

Honey Dew Donuts Scholarship

Paige Barnett

The Massachusetts Elks Scholarship

Kathryn Prichard

Walter J. Peterson Scholarship

Brendan Jordan

John P. Piccirilli Scholarship Angelina El Moucary

The George S. Usevich Scholarship

Ananya Ramamoorthy

Denise A. Spicer Dietzel Memorial Scholarship Sophia Venditti

The Norwood Italian Social Club Scholarship Daniel Michienzi

Lydon & Murphy Insurance Scholarship Akshayram Sivakumar

Ron Marshalshea, Jr. Trade Scholarship Alan Helmar

Norwood High School Scholarships - 6@ \$100 Alice Abdallah, Natalie Gale, Molly Keats, Nevin Kelley, Isabel Lirag, Emily O'connor

Gillooly Funeral Home Scholarships

Melissa Colella, Brendan Jordan

John "Jake" O'connor Scholarship

Trevor Brown

Army SPC. Keith D. Benson Scholarships Ted Caparotta, Brendan Jordan

MIAA, MSAA Armed Forces And Rotc Recognition 7 Students

Gregory Hart Memorial Scholarship

Julia Alves, Julia Gallo, Joseph Manning, Daniel Silva

Firefighter Faye Scholarship Patrick Ibrahim

Paul And Margaret Eckhardt Memorial Scholarships Natalie Gale, Diego Yanes

The Carole And Michael Poirier Scholarship Mairead Moore

The Avelino Rodriguez Memorial Scholarship Diego Yanes

Norfolk County Teachers Association Book Award Lauren Reen

The Norwood Public Schools Food Services Scholarship Alan Helmar, Zachary Jenkins

NHS PTO Scholarships Julia Alves, Heather Begg, Malik Jones

Post Prom Party Committee Scholarships Molly Federico, Liam Mannering, Emma Shkurti

Heather Begg Receives Margery McKenna Memorial Scholarship

The Norwood League of Women Voters Margery McKenna Memorial Scholarship is awarded in recognition of a student who has shown interest or participation in the civic process and environmental studies. The Norwood LWV review committee selected Norwood High School graduate, Heather Begg, for the 2024 \$1,000 scholarship. With several league members present to congratulate her, Heather was presented her award and certificate at the Morrill Memorial Library, in the Simoni Room on June 11. Heather, daughter of Matthew and Sarah Begg of Norwood, will be attending Georgetown University in Washington, D.C. in the fall with a major in business and global affairs.

As a valued league member, Marger McKenna earned a Lifetime Achievement Award from the Massachusetts League of Women Voters in recognition of over 50 years of service to the League. While she is still sorely

missed by those who knew her, the Norwood League is honored to respect her past service and volunteerism through the selection of Heather Begg for the Margery McKenna Memorial Scholarship. Heather earned numerous awards, including the Harvard Book Award, with her outstanding academic record and numerous extracurricular activities. Her essay statement clearly expressed her belief in the responsible citizen when she stated, "We need strong young voices to run for government alongside those of the experienced politicians in order to make change happen. The only way that this can happen is for my generation to take an active role in the democratic process." The Norwood League of Women Voters extends our best wishes to Heather. We know she will make a positive difference in the world.

Margery McKenna was a longtime, active member of the Norwood League. She served in numerous leadership capacities,



Pictured from left to right are Steering Committee League Member - Diane O'Toole, Sarah Begg – Heather's mother, Heather Begg – Scholarship Recipient, and Steering Committee League Member -Toni Eosco

including President. She was an advocate for public education and served as a member of Norwood's School Committee for many years, and as a town meeting member for decades. Her interest in climate change and the environment was deeply rooted in her science major background

in physics from Smith College.

The Norwood League of Women Voters extend its appreciation to the league members on the scholarship review committee: Sarah Cullen, Diane O'Toole, and Courtney Rogers. Norwood League recognition is also extended to Steering Com-

mittee member, Sheri McLeish, for organizing the scholarship materials and process.

For information about the Norwood League of Women Voters, call or text Membership Chair, Toni Eosco, at 617-974-4936, or visit www.lwvnorwoodma.org.



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Wednesday, August 7, 2024

6:30 p.m. - 8 p.m.

In-person ESOL tutor training begins in September, call for details or to learn about other orientation dates.

If you have the time and desire to help adult learners improve their literacy skills, we have an opportunity for you. All you need is a high school diploma and sensitivity to the struggles of adult students. Join us for the orientation session to learn more about this opportunity.

COMMITMENT

- One orientation session and 18 hours of training.
- Meet with your student 2 hours per week for a year.

LOCATION

Orientation and training will be held in person.

PLEASE JOIN US!

Literacy Volunteers at the Morrill Memorial Library

REGISTRATION REQUIRED

781-769-4599 email: lvamml@minlib.net

Happy Third Annual Norwood Juneteenth Celebration!

On June 19, the country celebrates and commemorates the freedom of all enslaved people on June 19th, 1865, in Galves-

ton, Texas when the Emancipation Proclamation was officially enforced.

On Saturday, June 15, SRO

Baguma and the Norwood Juneteenth Committee held Norwood's celebration to commemorate the ending of slavery

in America while bringing people together for entertainment and conversation. Chief Padden was on hand to discuss the im-

portance of this holiday. It was a great event for all who attended.



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Living Healthy

What's That Floating in My Vision?

By GRAHAM R. STETSON, OD, MS

Eye floaters are tiny spots, specks, or cobweb-like shapes that drift across your field of vision. Though they can be unsettling, these visual disturbances can be harmless and often occur as part of how eyes change with time. However, in some cases, they can indicate serious underlying conditions. Unfortunately, it is not possible to tell normal floaters from problematic ones without a thorough eye evaluation.

Floaters occur in the vitreous, the clear JELL-O like substance filling the inside of your eye. They are typically caused by small clumps or strings of gel that form and are often most noticeable when looking at a plain, bright background like the sky or a white wall. Floaters can also be caused by blood in the eye or by changes in other parts of the brain.

While normal eye changes are the most common cause of floaters, other factors can cause

the development of floaters. These include:

- Holes, tears, or detachments of the retina
- A posterior vitreous detachment (PVD) – a natural process that everyone will likely experience which can lead to retinal holes, tears, detachments, or other problems
- A hemorrhage in the back of the eye from diabetes, hypertension, a PVD, or other causes
- Eye injury or infection

In most cases, eye floaters do not require treatment. They can become less noticeable over time as the floaters move away from the retina or the brain learns to ignore them. Surgical treatments for floaters are invasive or have not been shown to be very effective, which means that they are not a great option for most people. There is a nutraceutical, a nutritious supplement that acts as a pharmaceutical, that has

been shown, through clinical research, to reduce the size of floaters.

While eye floaters are generally a benign part of aging, they should not be ignored. Regular eye check-ups and prompt attention to changes in vision are crucial in maintaining ocular health. If you experience any concerning symptoms, consult with an eye care professional to ensure your vision remains clear and healthy.

If you would like more advice, schedule an eye exam by calling (781) 352-4849 or stop in the office at 696 Washington Street in downtown Norwood. Want to make these articles more relevant to your lives and concerns? Send any questions or topics that you would like to have addressed to info@moderneyesnorwood.com.

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Dr. Rochelle Bien & Dr. Michael Goldstein

Chiropractic is not only beneficial to you but to your baby as well. Misalignments in the pelvis can restrict the amount of space that is available for your baby to grow. This is known as intrauterine constraint. This can make it hard for your baby to move into the best position for delivery increasing the chance for a breech or posterior position which can complicate your delivery.

Lisa L entered our practice at 36 weeks pregnant with back pain and sciatica which she had

endured for several weeks. At the urging of her friend, she decided to give Chiropractic a chance. She was pleasantly surprised that after several adjustments her pain was significantly reduced. She continued with care right up to her delivery to insure that her pelvis was aligned to reduce any complications that may arise during delivery. Post Natal care was encouraged to insure that her pelvis was aligned after delivery. Lisa followed through with care

and is enjoying her baby pain free.

If you are experiencing similar symptoms, please don't hesitate to call The Holistic Center at Bristol square located at 1426 Main Street in Walpole. Call 508-660-2722 and make your appointment today.

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Choose a Family Style Platter (\$55)

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- CHICKEN-SAUSAGE CACCIATORE
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- CHICKEN BROCCOLI ALFREDO
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- CHICKEN BROCCOLETTI
- CHICKEN PICCATA
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- MIXED GRILL
- PAPPARDELLE BOLOGNESE
- VEAL PARMESAN
- VEAL-EGGPLANT PARMESAN
- VEAL SALTIMBOCCA
- VEAL MARSALA
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- SHRIMP BROCCOLETTI
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Norwood Sports

Norwood Girls Lacrosse Netting More Wins

By CHRISTOPHER TREMBLAY

A little over four years ago, Norwood girls' lacrosse was looking for help, specifically from a coach. The Mustangs had been playing sub .500 lacrosse and as the season loomed closer, they were without a mentor to guide the team on the field. Mike Lodge, whose daughter was a freshman in the high school and a lacrosse player, eventually threw his name into the hat.

"I didn't want the program to go away and I would have much rather watched my daughter and friends play the game sitting on the sideline with my wife instead of coaching," Lodge said. "Originally, Jon (Longley, the Norwood Athletic Director) didn't want a parent as a coach, but eventually he reluctantly hired me."

That first season was totally different in terms of the coaching staff Lodge put together. Ex-Mustang Sammy Hayes was his assistant with Shannon Gillis as the Junior Varsity Coach while Krissy Pessa was an unpaid coach. Unfortunately, after that first season, Hayes and Gillis had too much going on with school and jobs that they couldn't give Norwood the time they needed so they both stepped away.

According to Lodge, a Ms. Danner stepped in to help him out and he was ever so grateful. He noted that its tough trying to



Photo submitted by Norwood Girls Lacrosse Coach Mike Lodge.

run both a varsity and junior varsity program at once by yourself; she was a huge help.

During that second season, Norwood was able to qualify for the state tournament for the first time in school history. It was a play-in game and a loss, but nonetheless the Mustangs had ventured into the State Tournament. Last year, the Mustangs once again made it to the State Tournament, this time with a higher seeding, but still was unable to grab a win.

This year, in Lodge's final season as the Mustangs head coach, Norwood was once again able to earn themselves a spot in the State Tournament. Under the guidance of Lodge, Norwood not only made their first ever appearance in the State Tournament,

they did it three straight seasons and this year they were also able to capture their first ever win. Norwood defeated Amherst-Pelham 14-10 for their schools' first tournament victory. Longley has been with Norwood for around 10 years and has not seen a Norwood girls lacrosse team win on the State level and he believes that this is the first ever but is not totally sure. Unfortunately, their next opponent was number two seed Walpole and the Rebels sent them packing.

Lodge believes that this year's success was due to goal differential. In the past, the Mustangs were getting blown out, but this year he had the girls working hard and the team was keeping games closer.

Leading the charge once again

this season were the Olivias; Olivia Lodge and Olivia Naughton. Both girls are going to continue to play lacrosse next season on the collegiate level. Naughton will be attending Division 3 Springfield College and Lodge will be going to Division 1 University of Akron. Lodge has also coached a third lacrosse layer from Norwood in Caroline Dave who is currently playing the sport at Stonehill.

Naughton has recorded back-to-back 40-plus goals seasons for the Mustangs and finished her career with 130 goals, 35 assists, and 165 points. Lodge has put up back-to-back 100-point seasons for Norwood recording 91 goals, 34 assists, and 125 points this year, and 242 goals, 88 assists, and 330 points for her career.

"Both girls increased their scoring number each and every season and took on the heavy lifting for us," the coach said. "Being club players and senior captains, this was their sport and they were more than willing to lead this team."

In addition to the senior captains, other seniors to play for the Mustangs and their historical season were Julia Gallo, Emily O'Connor, Katie Pritchard, and Jess Zammito.

Sophia Venditti, a senior defender, was named the team's most improved player last season and this year was coveted with the Coaches Award. According to the Norwood coach, midway through last season her confidence started to rise and she began to run the team's defense. She became a great communicator and a phe-

nomenal player despite never having picked up a lacrosse stick until her freshman season.

The junior class at Norwood has been touted as the most talented athletes in the school and Lodge was blessed to have a handful of them play on the lacrosse team, including middies Shae Larkee, Bridget Sople, and Emily Spadorcia.

Larkee netted 50 goals this season. Lodge noted that the junior exploded on the scene this year returning to her old self after being injured last season. Sople is a complete player that was great in the draw circle and helped the offense to get moving in the right direction. She could also find the back of the net when needed. Spadorcia was not featured in the stat column but did all the little things that helped the team get to the States. She was also strong in the circle and her game evolved throughout her career.

Other juniors on the squad were Evann O'Neil, Micaela Brown, and Charlotte Martino. Joann Yamoah was the team's only sophomore while MacKenzie Conley, Megan Molloy, Madison Doucette, and Maddy Sople were some of the freshmen to grace the roster.

Norah Staunton and Quin Brown are two other freshmen who made the Norwood team, both with club experience, and along with first year goalie Ally Mannering, the team should be able to continue to move forward in the future. The freshman goalie has the momentum and energy to play the position and along with Pessa, who played the position in high school and college, teaching her should be ready to take her game to the next level come next spring. Mannering also recorded a phenomenal 162 saves during her first varsity season.

"This has been the most successful and competitive team at Norwood in such a long time," Lodge said. "They gave so much energy and effort to the season and were such a close group that got along well. They have a bright future with a very talented group of freshman athletes as well as some youth program and club team players that will be looking to join the team next year."

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Norwood Sports

Norwood Baseball Improving Game By Game

BY CHRISTOPHER TREMBLAY

The goal each and every year for Norwood Baseball Coach Kevin Igoe is to win more than you lose. Last Spring, the Mustangs went 10-10, earning a 17 seed, but were sent home in the Round of 16 losing to the number one and eventual Division 2 State Champion Milton.

This year, Norwood improved their record slightly from the year prior going 12-8 during the regular season. The four extra wins also allowed them to decrease their seeding this season to tenth. Although the Mustangs were not able to take-out Longmeadow in the first round and then upset number seven seed Somerset Berkley in the second round, the squad then had to face another top seed in number two Plymouth North in the Round of 8; a team they could not beat. At the time of this writing Plymouth North was getting ready to play in the Division 2 State Championship.

Playing in the Tri-Valley League (TVL), Igoe believes no one plays a tougher schedule than



the Mustangs do against the likes of Westwood, Hopkinton, Ashland, and Walpole to name a few.

“Each year you hope for more than you lose,” the Norwood coach said. “We feel that we have the talent that’s good enough to compete each year; with that said, next year we look to be even stronger.”

Although next season is a year away, Norwood did roster some great senior leadership this season, and although the team as a whole was not one of the most

talented teams during Igoe’s regime, they did maximize their ability to the fullest.

Leading the team into the post-season were senior captains Giacomo Serratore (left fielder and clean-up hitter), Gerry Frey (right field, 1st base, and pitcher) and Owen Desharnais (1st base and pitcher). Serratore and Frey were named to the TVL All-Star team. According to the Mustang skipper, Serratore is a beast of a player who led the league in most offensive categories and could

have had the home run title as well if he didn’t hit the ball as hard as he did.

Two underclassmen that will definitely lead Norwood into the future will be sophomore shortstop Sam Larkee and junior catcher Angel Olaverria. The Norwood catcher was named the Defensive Player of the Year in the TVL and had himself an incredible season behind the plate and can also hit the ball with the best of them.

Norwood will be graduating eight seniors, five of whom were major contributors this season, but with a strong junior and sophomore class of athletes that will once again be taking the field next season, the coach is not all that worried.

“We’re just going to be reloading next season and have ourselves another decent year,” Igoe said. “Especially bringing back the TVL Defensive Player of the year and a talented shortstop who should be amongst the best players in the league.”

Igoe is looking at Jacob Shee-

han and Brian Dearborn to captain the Mustangs next year, and according to the coach, the duo are bona fide athletes that may also be captains for their other sports as well.

“Jacob (baseball, hockey, and golf) and Brian (baseball, football, and basketball) are certified 3-sport athletes,” the coach said. “And although I cannot speak for their other coaches, they both have the ability to be captains in all three of their sports.”

Over the past two seasons, Norwood has not only improved their regular season record but have moved ahead one round each year in the State Tournament. Igoe will once again be looking for improvement next spring, and with a very talented group of athletes returning, he is hoping for nothing less than what the team accomplished this year. The way things are going it looks as though the Mustangs should at least make the final 4, but the team is hoping for more, like a State Championship.

Firecracker 5k Sparks Excitement!

BY BELLA CAGGIANO

For runners, The Norwood Firecracker is not just the kick off to the infamous 4th of July celebration, it is an athletic tradition that many look forward to all year long. Just before the Town streets are filled with floats, bands, and local organizations, runners take advantage of cheer-



NORWOOD FIRECRACKER 5K

ing spectators with the flat and fast out and back course along

the parade route.

For more information or to register, contact race coordinator Jim Henry at 617-610-0084, email winged-footrunning1@gmail.com, or visit www.runsignup.com. Entry fee is \$30 the day of the race.

At 5 p.m., just prior to the infamous parade, the start sig-

nal goes off for the 3.1-mile run. Prizes are awarded for the top three runners within gender and age categories and t-shirts are given to the first 100 registered

participants. Directly following the race, Norwood’s notorious 4th of July Parade begins! What better way to celebrate America’s independence?

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32 Hasting Street, Rte 16, Mendon
(508) 381-0249

43 Main Street, Hopkinton
(508) 625-8100

325 N. Main Street, Natick
(508) 647-0500

296 Washington Street, Westwood
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NTN

Calendar of Events

July 2

Norwood Farmers Market: Independence Celebration Town Common 2-6 p.m.

Celebrate the 4th of July early at the Norwood Farmers Market! In addition to all the great vendors, food, and crafts, stop by in the afternoon for special events and giveaways! Meet your neighbors, purchase a fresh dinner, celebrate, and have some fun!

July 3

Patriotic Rosary Norwood Town Common 1 p.m.

Everyone is invited to celebrate God and country and pray for the military, living and dead, police officers, our firefighters, government officials, and each person in all 50 states. Sing along patriotic songs that concludes with taps to remember those who have given their lives in the service of America. Bringing a chair is recommended. In case of rain, the event will be held in St. Catherine of Siena Church, diagonally across from the Common. For more information, call 781-762-4391.

July 7

Concerts on the Common Town Common 6:30-8:30 p.m.

The Compaq Big Band will be kicking off the 2024 Concerts on the Common musical series! Bring chairs, blankets, even a picnic and enjoy!

July 8

Monday Movie Matinee Morrill Memorial Library 1 p.m.

After decades of dreaming, a quartet of older women, who are dedicated football fans, finally decides to make a pilgrimage to

the Super Bowl for the once-in-a-lifetime chance to meet their favorite player, noteworthy NFL mainstay Tom Brady. Along the way, a series of hijinks ensue. Cast: Rita Moreno, Sally Field, Jane Fonda, Lily Tomlin, Harry Hamlin. Rated PG13.

Carillon Concert Town Common 6:30-7:30 p.m.

Margaret Pan will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Best to bring a lawn chair to relax and fully enjoy the performance. Rain or shine.

All About Nancy Drew w/ Collector & Superfan Alicia Mello Morrill Memorial Library 7 p.m.

Learn about the history of the beloved sleuth Nancy Drew. Discover the many different editions of *Nancy Drew* that have been printed since the first book came out in the 1930s. Learn facts about this beloved series, be able to ask questions, and reminisce about your childhood in the company of other *Nancy Drew* fans. Feel free to bring any *Nancy Drew* books to share with the group! Also, welcome to bring any items that are related to *Nancy Drew* to show off. Presenter Alicia Mello has been collecting Nancy Drew items for 20 years and loves to talk about the history of the series and character. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 9

Women's Business Networking Meeting Norwood Civic Center 8 a.m.

The Women's Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

Together Tales/Cuentos Juntos Morrill Memorial Library 10 a.m.

Join a weekly bilingual story hour in English and Spanish. Ms. Gloria will lead the group in multilingual stories, songs, and crafts. This program is open to ALL and is a great first exposure to a new language!

Únase a nosotros para una hora semanal de cuentos bilingües en inglés y español. La Sra. Gloria, a quien usted tal vez conozca del grupo de juego bilingüe de CFCE, dirigirá el grupo con cuentos, canciones y manualidades. ¡Este programa está abierto a TODOS y es una excelente primera exposición a un nuevo idioma!

Open to all ages. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Farmers Market Town Common 2-6 p.m.

It's mid summer, and the Farmers Market is in full swing! With even more vendors than last year, shop for vegetables, fruit, bakery items, fish, meat, speciality foods, and discover non-profit organizations, artisans, and more! There will be games for the kids and music.

Norwood Toastmasters Westwood Public Library, 660



NORWOOD'S SPECTACULAR 4TH OF JULY CELEBRATION!

Children's Bicycle, Tricycle, Doll Carriage & Historical Character Parade
Norwood Center/Town Common

1 p.m.

Children are invited to show off their creations in a pre-parade procession down Washington St., to the Town Common. The fee is \$1 and each participant will receive a t-shirt and ribbon.

Fourth of July Address

Old Parish Cemetery (rear of 480 Washington St.)

2 p.m.

The address of Frederick Douglass, 'What to the Slave is the Fourth of July,' will be recited.

Carillon Concert

Town Common

2:30 p.m.

Norwood's own Lee Leach and Margaret Angelini of Wellesley College will perform. A tour of the magnificent 50-bell Memorial Carillon will take place during the concert.

Norwood Firecracker 5k Road Race

Town Common

5 p.m.

Enjoy participating or supporting this 5K race that starts just before Norwood's legendary independence parade!

Fire Truck, Antique and Military Procession

Washington St., South Norwood through Norwood Center

5:30 p.m.

Fire, emergency and military vehicles and antique cars make their way down the parade route just before the celebrations begin!

4th of July Parade

Washington St., South Norwood to the Town Common

5:45 p.m.

Norwood's parade begins at the Coakley Middle School, in South Norwood, travels down Washington St., through Norwood Center and the Town Common and concludes at the Shaw's Plaza.

High St., Wetwood 6:45 p.m.

The Norwood Toastmasters Club helps develop communication and leadership skills for our members and the community at every level of ability. Guests are always welcome to visit and see how it all works! For more information, visit www.norwoodtoastmaster.toastmastersclubs.org/.

July 10

Frog and Turtle Soapmaking Kids' Class Morrill Memorial Library 4 p.m.

Explore the world of soap creation using glycerin-based soap. Each participant will have the opportunity to craft their own

unique and fragrant soapy creation. With a variety of vibrant colors, enchanting glitter, and scents, the possibilities are endless. At the end of the workshop, participants will have a 3 oz. soap, complete with a delightful 2" frog or turtle rubber toy. For ages 8-12. This is not a drop-off class. For rules and registration, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Summerfest Concert Town Common 6:30-8:30 p.m.

Road House kicks off the 2024 Summerfest Concerts! Summerfest nights should be on

Norwood Women's Community Committee Thrift Shop

NEW SUMMER HOURS: Thrift Shop

Wednesday: 6-8 p.m.

Thursday: 9:30 a.m.-12:30 p.m.

Saturday: 9:30 a.m.-12:30 p.m.

Accepting Donations

Monday & Wednesday mornings: 9 a.m. – 11:00 a.m. and during regular retail hours

CALENDAR

continued from page 18

everyone's summer schedule!

Financial Planning Considerations in an Election Year
Morrill Memorial Library
6:30 p.m.

Financial advisor Bridge McSurely, will present "Financial Planning Considerations in an Election Year." His talk will cover the 2024 election outlook in the context of financial planning; recent legislative changes to retirement accounts; a look at federal government spending, debt, and taxes; and financial planning opportunities for the upcoming year. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Teen Summer Candle Workshop
Morrill Memorial Library
7 p.m.

This fun, teen candle-making workshop will explore the various types of candles and discover which waxes are best suited for each type! The class will teach about the importance of selecting the correct wick sizes and heat resistant container sizes to ensure optimal burning experience, and knowing the difference between essential oils and fragrance oils. As a bonus, each participant will have the opportunity to craft their own captivating summer container candle to take home using high-quality soy wax, fragrant oils, and even a charming surprise. For ages 12-18 years old. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 11

Author Talk: James L Parr on "WWII Massachusetts"
Morrill Memorial Library
7 p.m.

Join retired teacher, historian, and local author Jim Parr to hear all about his book, *World War II Massachusetts*, a collection of stories that could well be subtitled "The Hidden History of the War in the Bay State." The book is filled with unusual and forgotten tales of ordinary citizens doing their part to support the war effort. Grandparents, moms and dads, school kids, and even the family pet worked and sacrificed as the country suffered through blackouts, shortages, rationing, and uncertainty. Jim will give a one-hour slide presentation with fascinating images, highlighting the strange events and forgot-

ten heroes of this unique time in American history. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 13

Blessings Boutique Thrift Shop
First Baptist Church, 71 Bond St.
10-noon

The boutique has received so many donations, great treasures are waiting! "Christmas in July" has arrived! Pick up summer clothes and jewelry at half price.

July 14

Concerts on the Common
Town Common
6:30-8:30 p.m.

The Westwood Swing Band visits Norwood again to perform its big band sounds! Bring chairs, blankets, even a picnic and enjoy!

July 15

Carillon Concert
Town Common
6:30-7:30 p.m.

Andrea McCrady will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Best to bring a lawn chair to relax and fully enjoy the performance. Rain or shine.

July 16

Norwood Farmers Market
Town Common
2-6 p.m.

The Norwood Farmers Market officially opens for the season! The town common will be hopping with even more vendors than last year, including farm stands, bakeries, fish, meat, baseball cards, non-profit organizations, specialty foods, artisans, and more! There will be games for the kids and music. Meet your neighbors, purchase a fresh dinner, and have some fun!

Together Tales/Cuentos Juntos
Morrill Memorial Library
10 a.m.

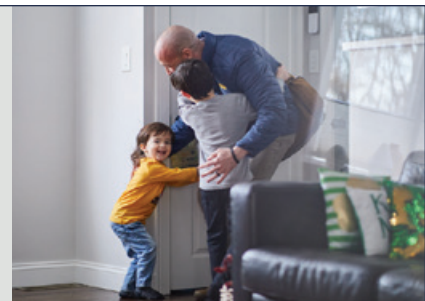
Join a weekly bilingual story hour in English and Spanish. Ms. Gloria will lead the group in multilingual stories, songs, and crafts. This program is open to ALL and is a great first exposure to a new language!

Únase a nosotros para una hora semanal de cuentos bilingües en inglés y español. La Sra. Gloria, a quien usted tal vez conozca del grupo de juego bilingüe de CFCE, dirigirá el grupo con cuentos, canciones y manualidades. ¡Este programa está abier-

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erto a TODOS y es una excelente primera exposición a un nuevo idioma!

Open to all ages. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 17

Summerfest Concert
Town Common
6:30-8:30 p.m.

JD, Billy, and Ken will be rocking the oldies at the Town Common! Summerfest nights should be on everyone's summer schedule!

Family Flick Night
Norwood High School Front Lawn Dusk

Come prepared with chairs, blankets and a picnic dinner or snacks and enjoy a fun family movie night under the stars. Parking available at the high school. The movie starts at dusk!

July 19

Monthly Ballroom Dance
7-10 p.m.

The Friends of the Norwood Council on Aging will be sponsoring their monthly Ballroom Dance, on Friday, July 19. Music will be provided by "Play It Again." Cost is \$12 per person, and will include coffee, tea, desserts, and water. There will also be door prizes! Newcomers of all ages are welcome. To stay up to date on all 'Friends' events, visit the Facebook page: Friends Of The Norwood Council On Aging | Facebook.

July 20

CAPI Yard Sale
Dirty Dawg Wash, 1 Wilson St.
10 a.m.-3 p.m.

This fundraiser for Charley's Angels Pet Initiative will be selling gently used and new cat and dog supplies, including leashes, collars, harnesses, clothes, toys, and grooming supplies. Even

those who do not own a pet, the event will also be selling household items, knick-knacks, and more! All proceeds donated to the non-profit organization. For more information or to donate, call 781-228-8309. Rain date, Sunday, July 21.

July 21

Concerts on the Common
Town Common
6:30-8:30 p.m.

The Sharon Concert Band shares their musical talents just over their town border! Bring chairs, blankets, even a picnic and enjoy!

July 22

Carillon Concert
Town Common
6:30-7:30 p.m.

John Widmann will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Best to bring a lawn chair to relax and fully enjoy the performance. Rain or shine.

July 23

Women's Business Networking Meeting
Norwood Civic Center
8 a.m.

The Women's Business Networking (WBN) group is a non-profit organization for women in business or residents of Norwood and surrounding towns. The group meet two mornings per month and in addition to providing referral business, the women share and support business ideas and community events/fundraisers. If you would like more information about the organization, call 781-799-7068, or email wbnofnorwood@gmail.com.

Together Tales/Cuentos Juntos
Morrill Memorial Library

10 a.m.
 Join a weekly bilingual story hour in English and Spanish. Ms. Gloria will lead the group in multilingual stories, songs, and crafts. This program is open to ALL and is a great first exposure to a new language!

Únase a nosotros para una hora semanal de cuentos bilingües en inglés y español. La Sra. Gloria, a quien usted tal vez conozca del grupo de juego bilingüe de CFCE, dirigirá el grupo con cuentos, canciones y manualidades. ¡Este programa está abierto a TODOS y es una excelente primera exposición a un nuevo idioma!

Open to all ages. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Helping Endangered Animals
Morrill Memorial Library
1 p.m.

Join Naturalist Joy Marzolf as she talks about what endangered animals are and why they are disappearing. Learn about animals that are at risk in New England and worldwide, and how we can help them. Joy will be bringing some live animal relatives for you to meet in person. *Please note - Because there will be live animals, the presenter has requested parents stay seated with children, and families have at least one adult per two children. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Farmers Market
Town Common
2-6 p.m.

The Norwood Farmers Market officially opens for the season! The town common will be hopping with even more vendors

CALENDAR

continued from page 19

than last year, including farm stands, bakeries, fish, meat, baseball cards, non-profit organizations, specialty foods, artisans, and more! There will be games for the kids and music. Meet your neighbors, purchase a fresh dinner, and have some fun!

Norwood Toastmasters Westwood Public Library, 660 High St., Wetwood 6:45 p.m.

The Norwood Toastmasters Club helps develop communication and leadership skills for our members and the community at every level of ability. Guests are always welcome to visit and see how it all works! For more information, visit www.norwoodtoastmaster.toastmastersclubs.org/.

Titles on Tap Book Group Napper Tandy's 7:30 p.m.

Titles on Tap is sponsored by

the Morrill Memorial Library and meets at Napper Tandy's in Norwood. The July title is yet to be announced. Copies of the book will be available to pick up at the library's Reference desk. The ebook and audiobook are instantly available through Libby.

July 24

Summerfest Concert Town Common 6:30-8:30 p.m.

Enjoy the footsteps of the greats of Irish folk music with Boston's Erin Og! Summerfest nights should be on everyone's summer schedule!

Sensory-friendly Lego Club for Adults Morrill Memorial Library 1 p.m.

Morrill Memorial Library partners with the L.E.A.D. program affiliated with Norwood High School to host a Sensory-friendly Lego Club for adults. Bring your imagination, the

Legos will be provided. The Club is free, inclusive, and open to anyone ages 18+. It is specially designed for adults with different levels of abilities. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 26

Sensory-Friendly Friday Movie Morrill Memorial Library 1 p.m.

The July movie in the Sensory-friendly Friday movie series is 20th Century Fox's 'Eddie the Eagle,' rated PG 13. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

July 27

Blessings Boutique Thrift Shop First Baptist Church, 71 Bond St. 10 am-noon

It's a «Christmas in July» sale! Summer clothes and jewelry on sale at half-price. Kitchen needs, decorative items, books, puzzles, shoes, and much more. Come take a look; there is always something new to discover!

July 28

Concerts on the Common Town Common 6:30-8:30 p.m.

One of Norwood's favorite bands performs again on the common! Welcome back the Roy Scott Big Band! Bring chairs, blankets, even a picnic and enjoy!

July 29

Carillon Concert Town Common

6:30-7:30 p.m.

David Hunsberger will be performing. Best listening spots are on the Town Common or in the upper parking lot behind the Town Hall off Central Street. Tours of the bell tower are available after most concerts. Best to bring a lawn chair to relax and fully enjoy the performance. Rain or shine.

July 30

Together Tales/Cuentos Juntos Morrill Memorial Library 10 a.m.

Join a weekly bilingual story hour in English and Spanish. Ms. Gloria will lead the group in multilingual stories, songs, and crafts. This program is open to ALL and is a great first exposure to a new language!

Únase a nosotros para una hora semanal de cuentos bilingües en inglés y español. La Sra. Gloria, a quien usted tal vez conozca del grupo de juego bilingüe de CFCE, dirigirá el grupo con cuentos, canciones y manualidades. ¡Este programa está abierto a TODOS y es una excelente primera exposición a un nuevo idioma!

Open to all ages. To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Dr. Rosie Helps the Animals Morrill Memorial Library 2 p.m.

Meet the author and illustrator of Dr. Rosie Helps the Animals, an award-winning STEM picture book based on and informed by real-world veterinar-

ians. Jennifer, the author, and Rozillia, the illustrator, will first tell the story behind the story of Dr. Rosie and then engage kids in an interactive reading. Following the reading will be a hands-on activity where kids (and their grownups) diagnose and treat a stuffy. Each participant will receive a mini vet kit and diagnostic/treatment sheet to take home. *Have your child bring a stuffed animal from home to practice their vet skills on! To register, visit www.norwoodlibrary.org/morrillcalendar/, or call the reference desk at 781-769-0200, x2.

Norwood Farmers Market Town Common 2-6 p.m.

The Norwood Farmers Market officially opens for the season! The town common will be hopping with even more vendors than last year, including farm stands, bakeries, fish, meat, baseball cards, non-profit organizations, specialty foods, artisans, and more! There will be games for the kids and music. Meet your neighbors, purchase a fresh dinner, and have some fun!

July 31

Summerfest Concert Town Common 6:30-8:30 p.m.

Hipshot Band covers a diverse repertoire of music, from R&B to Top 40! Summerfest nights should be on everyone's summer schedule!



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Real Estate Corner

Register O'Donnell Announces 2024 Summer Outreach

Norfolk County Register of Deeds William P. O'Donnell recently announced the 2024 Summer Community Outreach Schedule. The Registry of Deeds speaking engagements and office hours are an integral part of its consumer outreach initiative.

The Register and members of his staff will be at the following, Council on Aging's, Community Centers, Civic Organizations, Library's and Town Halls through Tuesday, August 27.

2024 SUMMER OUTREACH SCHEDULE

Needham Speaking Event

The Center at The Heights
300 Hillside Avenue, Needham
Monday, June 17, 2024
10:00AM

Walpole Office Hours

Walpole Public Library
Pinnacle Room
Tuesday, June 18, 2024
10:00AM to 12:00PM

Wellesley Office Hours

Wellesley Police Department
Kingsbury Room
Thursday, June 20, 2024
10:00AM to 12:00PM

Medfield Office Hours

Medfield Town Hall
Chenery Hall (2nd floor)
Tuesday, July 9, 2024
10:00AM to 12:00PM

Wellesley Speaking Event

Tolles Parsons Center
500 Washington Street, Wellesley
Thursday, July 11, 2024
1:30PM

Brookline Speaking Event

Brookline Senior Center
93 Winchester St, Brookline
Monday, July 15, 2024
10:00AM

Norfolk Speaking Event

Norfolk Council on Aging building,
28 Medway Branch Road, Norfolk



Tuesday, July 16, 2024
1:00PM

Foxborough Speaking Event

Foxborough Council on Aging
Building
75 Central Street, Foxborough
Wednesday, July 17, 2024
2:00PM

Canton Office Hours

Canton Town Hall
The Salah Meeting Room
Thursday, July 18, 2024
10:00AM to 12:00PM

Braintree Speaking Event

Braintree Town Hall
Cahill Auditorium
Thursday, July 18, 2024
12:00PM

Sharon Speaking Event

Sharon Adult Center
219 Massapoag Avenue, Sharon
Tuesday, July 30, 2024
1:00PM

Brookline Office Hours

Brookline Town Hall
Room 111
Wednesday, July 31, 2024
10:00AM to 12:00PM

Holbrook Speaking Event

Holbrook Council on Aging
9 Jewel Road, Holbrook
Thursday, August 1, 2024
10:00AM to 12:00PM

Weymouth Office Hours

Weymouth Town Hall
Council Chambers
Tuesday, August 6, 2024
10:00AM to 12:00PM

Braintree Office Hours

Braintree Town Hall
Johnson Chambers

Thursday, August 8, 2024
10:00AM to 12:00PM

Randolph Elder Affairs

Intergenerational Community Center
128 Pleasant Street
Tuesday, August 13, 2024
10:00AM

Milton Office Hours

Milton Town Hall
John Cronin Conference Room
Wednesday, August 14, 2024

10:00AM to 12:00PM

Randolph Office Hours

Randolph Town Hall
Washington Room
Tuesday, August 20, 2024
10:00AM to 12:00PM

Holbrook Office Hours

Holbrook Town Hall
Heritage Room
Thursday, August 22, 2024
10:00AM to 12:00PM

Canton Speaking Event

Canton Senior Center
500 Pleasant Street
Tuesday, August 27, 2024
1:00PM

The Registry of Deeds is the principal office for real property records in Norfolk County, cataloging and housing more than 10 million land documents dating back to 1793.

By offering these office hours and speaking engagements, the Register aims to make it more convenient for residents to access and inquire about real property records. This initiative reflects the Register's commitment to providing efficient and accessible services to the residents of Norfolk County.

"By releasing the Summer schedule now, it provides people with advance notice to put these dates on their calendars," Register O'Donnell said.

Although Registry staff cannot provide legal advice, they will be on hand along with the Register to answer basic questions, transport documents for recording, and assist in the filling out of a Declaration of Homestead form

that provides limited protection against the forced sale of an individual's primary residence to satisfy unsecured debt up to \$500,000. They will also assist a person in signing up for the Registry of Deeds Consumer Notification Program, which alerts a homeowner when a transac-

tion has been made against their property to alert them against potential cases of fraud.

"I understand that not everyone has the ability to travel to the Registry," Register O'Donnell

OUTREACH

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Real Estate Corner

GOOD DEEDS: Happy 4th of July to All

By WILLIAM P. O'DONNELL
NORFOLK COUNTY REGISTER OF DEEDS

One of the greatest attractions that makes Norfolk County a destination place to live and work is its rich and vibrant history. From the Revolutionary War to the present day, Norfolk County has played a significant role in shaping American history. Norfolk County, established in 1793, has come to be known as the "County of Presidents."

Four of the 46 presidents of the United States were born right here in Norfolk County: John Adams and John Quincy Adams in a section of Braintree that is now part of Quincy, George H.W. Bush in Milton, and John F. Kennedy in Brookline.

The Norfolk County Registry of Deeds, which turns 248 this June and is the depository of more than 13.1 million land related records, contains a wealth of history. The Registry is responsible for safeguarding the deeds of such Norfolk County notables as the president of the Continental Congress, Nobel Prize winners, the Chairman of the Joint Chiefs of Staff, a renowned Supreme Court justice, the Father of American Landscape Architects, and an educator who is considered to be the Father of Universal Public Education, along with one woman's remark-

able story to overcome adversity, named Helen Keller.

It also contains deeds from the birthplaces of each of the four United States Presidents who lived in Norfolk County. These individuals have left a lasting impact on American history and culture and have each played a role in preserving and strengthening freedom for all Americans.

John Adams was one of our Founding Fathers, and without his contributions, we might not be celebrating the rich history of Norfolk County or for that matter, the United States of America. John Adams served as Vice President to the first President of the United States George Washington and would become the second president of the United States in 1797 serving one four-year term.

"He was also brilliant, warm-hearted, humorous and a lifelong talker," according to his Pulitzer Prize-winning biographer, David McCullough.

Few leaders did as much for freedom and liberty in so many distinguished ways: Adams was the author of the Massachusetts Constitution which was a model for the writing of the U.S. Constitution; he was the Ambassador to Holland, Ambassador to Great Britain, known by some as the fa-

ther of the U.S. Navy, our first vice-president, and our second President.

John Quincy Adams, who was the son of John and Abigail Adams, was the sixth President of



the United States. President John Quincy Adams was known for his successful negotiation of the Treaty of Ghent, which ended the War of 1812 and solidified America's independence. His dedication to public service and diplomacy left a lasting impact on the nation.

"John Quincy Adams was a genuine visionary, with bold plans to enlarge the nation's moral, scientific, educational, and commercial capacities," said award-winning historian Robert Sean Wilentz.

John Quincy Adams served as a diplomat, senator, and Secretary of State before becoming president himself. John Quincy Adams was also a strong advocate for abolitionism. His efforts to

expand American territory and promote education demonstrate his commitment to freedom and equality for all.

John F. Kennedy became the 35th President of the United States in 1961. President Kennedy was known for his charisma and ability to inspire change. His vision for a better world resonates with people of all backgrounds and continues to impact leaders today.

"There was a heroic grandeur to John F. Kennedy's administration that had nothing to do with the mists of Camelot," said renowned journalist David Talbot.

President Kennedy's address to the nation on June 11, 1963, about the struggles of civil rights and his call to end segregation and discrimination in America, inspired a generation to fight for equality and justice for all. His legacy continues to inspire activists and leaders to this day.

George H.W. Bush became the 41st President of the United States in 1989. President Bush was known for his diplomatic skills and ability to navigate complex international relations. His commitment to fostering world peace and stability was a defining characteristic of his presidency. In response to the Iraqi invasion

of Kuwait in August of 1990, President Bush personally negotiated the formation of a coalition of 35 countries to restore Kuwaiti sovereignty.

"His (George H.W. Bush) friendship has been one of the great gifts of my life," said former United States President Bill Clinton. "I cherished every opportunity I had to learn and laugh with him."

In 1990, President Bush signed into law the Americans with Disabilities Act, which aimed to ensure equal rights and opportunities for individuals with disabilities. His commitment to inclusivity and accessibility helped pave the way for a more equitable society.

The Fourth of July is a time we can come together as Americans and celebrate our country's founding. We certainly are fortunate to live in the United States of America. I am always struck by the foresight of the words of John Adams in a letter to his wife dated July 3, 1776 about the independence of our nation. "I am apt to believe that it will be celebrated, by succeeding Generations.... It ought to be solemnized with Pomp and Parade.... with Games, Sports, Bells, Bonfires and Illuminations from one End of this Continent to the other from this Time forward forever more."

Happy 4th of July.

OUTREACH

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said. "By offering office hours in different locations throughout Norfolk County, we hope to accommodate those who may have difficulty making it to our main location. Additionally, residents can also utilize our online services at www.norfolkdeeds.org to access and request real property records from the comfort of their own homes. Our goal is to ensure that all Norfolk County residents have convenient and flexible options for accessing and inquiring about their real property records."

To stay up-to-date on upcoming Registry of Deeds events, programs, and real estate information, sign up for Registry email

updates at www.norfolkdeeds.org, like them on Facebook at www.facebook.com/norfolkdeeds, or follow on Twitter at www.twitter.com/norfolkdeeds.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information. All land record research information can be found on the Registry's website, www.norfolkdeeds.org. Residents in need of assistance can contact the Registry of Deeds Customer Service Center at 781-461-6101, or email registerodonnell@norfolkdeeds.org.

Happy 4th of July

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