

Arcade Creek Little League Wins Again! PAGE 9

California State Fair Much to See and Enjoy! PAGE 2





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JULY 12, 2024

Patriotism Strong for July 4

REJUVENATE **AND SHINE** By Mary Jane Popp

PAGE 6

THAT'S NOT OKAY **By Dave Ramsey**



PAGE 5

SOCIAL SECURITY MATTERS





Complete with ponies and mediaeval props, Carmichael Church of God youth stage a "Keepers of the Kingdom" battalion.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Surviving one of the hottest July 4 processions in recent history, hundreds of patriots, horses, dogs and vehicles last week made the two-mile trek down Fair Oaks Boulevard.

Though the heat (90 degrees and rising by 11 a.m.) reduced crowds, side



added a clip-clop with miniature ponies in their "Keepers of the Kingdom" battalion.

included VIPS Congressman Ami Bera, Assemblyman Josh Hoover and Supervisor Rich Desmond.

Garnering even more cheers was 100-year-old Chuck Schumate, who served the Army in World War II and wore a U.S. Air Force uniform for the Korean War. "It was my first parade and probably my last," said the centenarian. "I much prefer being in the background. But the public's Continued on page 3

Californians Affected by Wildfire **Smoke Should** Take Steps to **Protect Their** Health

California Department of Public Health News Release

SACRAMENTO REGION, CA (MPG) - With wildfire smoke and reduced air quality affecting many California communities, the California Department of Public Health (CDPH) is urging Californians to take steps to protect themselves from air pollutants. Wildfire smoke can affect anyone's health, but some people are at higher risk, including pregnant people, children, older adults, first responders, and people with chronic conditions like asthma, COPD, diabetes, kidney disease or heart disease.

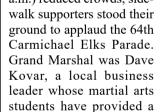
"All Californians should be aware of the risks of wildfire smoke and ash inhalation and take steps to avoid breathing in pollutants, including reducing outdoor activity and staving indoors when possible," said Dr. Tomás J. Aragón, California Department of Public Health Director and State Public Health Officer. "Wildfire smoke can make anyone sick, but it's particularly unhealthy for vulnerable individuals, including children, people who are pregnant, and those with chronic health conditions."

PAGE 7



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Borrowing a bicycle from a parade participant, Sacramento **County Supervisor Rich Desmond circles the Milagro Centre** parking lot staging area.

A Humble Armenian American Bakes

high-kicking pageant contingent for many years. El Camino High School band contributed patriotic anthems and Carmichael Church of God youth

at Elite Bakery Cafe



CARMICHAEL, CA (MPG) -A trip down Fair Oaks Boulevard in Carmichael can take you around the world with small businesses serving Chinese, Mexican and Afghan cuisine, for example. Close to the intersection with Walnut Avenue there is a bakery and café with Armenian roots that offers a variety of treats with a focus on American tastes.

The owner is Donara Matsoyan, who immigrated to the U.S. from Armenia in 1993, taking residence in a Carmichael apartment. She was born in Yerevan, the capital city, and she arrived here with her family that included her son, Tigran, who was just 30 days old.

The family car was stolen in Armenia and they took it as a sign to leave what was a chaotic nation after the Soviet Union,



Above: Donara Matsoyan, left, owner of Elite Bakery Cafe, stands with her daughter, Genie Pokitko. Right: The German chocolate cheesecake is \$8.

which Armenia was a part of, broke up.

She now lives in Rio Linda.

So why Carmichael for her business's whereabouts?

"My daughters chose the location, the business; everything was their idea," Matsoyan said.

She has five daughters, all of whom have worked at the bakery and café at some point; the business opened in 2017.

If you visit, you will most likely see Genie Pokitko, Matsoyan's most actively-involved daughter.

Continued on page 6

How Californians Can Protect Their Health

To avoid possible health problems due to wildfire smoke and poor air quality, California Department of Public Health recommends taking the following steps:

Stay informed. Check the air quality and sign up for updates. Californians can check their local air quality index (AQI) at AirNow.

Stay indoors. If the air quality is bad, stay inside as much as possible and close all windows, doors and vents.

Adjust your A/C. Change the settings on your A/C unit to re-circulate or close outdoor air intakes to avoid drawing in smoky outdoor air. Running an air purifier can also help.

Wear a mask. If you must go outside, wear a well-fitting N95 mask. This is especially important for those who must work outdoors for long periods, in areas with heavy smoke.

Wildfire smoke contains fine particles which are respiratory irritants, and when inhaled deeply, can affect the lungs and the

Continued on page 5

www.CarmichaelTimes.com

California State Fair Honors the State's Agricultural Industry, with Much to See and Enjoy!

By Carol Feineman

SACRAMENTO REGION, CA (MPG) - The 170th California State Fair offers 17 days of old-fashioned fun for the whole family, from July 12 to July 28.

Lucky for us that we don't have to drive too far; the first state fair sponsored by the California State Agricultural Society, was held in San Francisco on Oct. 4, 1854, and rotated to different cities for the next six years. In 1861, however, Sacramento became the permanent location for the extravaganza.

While today's California State Fair still honors the state's agricultural industry, there is much more to see and enjoy at the annual event.

There are plenty of activities for all ages. That

includes eating funnel cakes,

waffles to slid-

ers: listening to top musicians; riding Butler Amusements' thrilling Zipper to the classic and calmer Crown Merry Go Round; and checking out competitions and exhibits that feature our neighbors' talents and skills.

Besides the nightly concerts, entertainment is ongoing each day. For starters, there's the Tanzanite African Acrobats, the Stilt Circus and the Salsa Steel Band.



What would a fair be like without going on rides at the carnival? There are rides for the thrill-seekers as well as for those who want a tamer but just as fun experience. Photo courtesy of California State Fair

The many competitions include the **Open Livestock** Show with beef cattle, sheep, Boer

goats, dairy cattle, dairy goats, Nigerian dwarf goats, pygmy goats, angora and fiber goats, longhorn cattle, llamas and alpaca.

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And the always popular Junior Livestock competition spotlights the dedicated youth FFA members with their beef cattle, sheep, swine, goats, dairy cattle and dairy goats.

Exhibits.range from a Candy Maze Selfie Exhibit, a Student Showcase & CA Crafts Exhibit, Animation

Academy to a fine art and photography exhibit.

The California State Fair is open different hours of the week.

Main Gate and Blue Gate hours are from 11 a.m. to 10 p.m. Monday through Thursday and from 10 a.m. to 10 p.m. Friday through Sunday.

Green Gate opens at 2 p.m. Monday, Wednesday, Thursday and Friday, and at 11 a.m. Tuesday, Saturday and Sunday.

Carnival and Skyride hours are from 2 to 11 p.m. Monday, Wednesday, Thursday and Friday, and from 11 a.m. to 11 p.m. Tuesday, Saturday and Sunday.

Kids Park hours are 1 to 11 p.m. Monday, Wednesday, Thursday and Friday, and 11 a.m. to 11 p.m. Tuesday, Saturday and Sunday.

Exhibit Building hours are 11 a.m. to 10 p.m. Monday through Thursday; and from 10 a.m. to 10 p.m. Friday through Sunday.

The Monorail opens at 11 a.m. Monday through Thursday, and at 10 a.m. Friday through Sunday.

Tickets can be bought online at https://calexpostatefair.com/tickets or at the fair's box office. Several ticket prices and packages are offered. Daily tickets to the fair and food festival start at \$16 for adults (\$14 in advance), \$12 (\$10 in advance) for seniors 62 and older and \$10 (\$8 in advance) for children ages 5 to 12. Fair admission is free for children 4 and under.

In addition, a Family Fun Pack is \$49.99 and includes four single-day general admissions, four ride tickets (each good for one ride in the Carnival or on the Monorail), and a parking pass.

The Toyota Concert Series is free with fair admission ticket in the area behind the General Admission seating area to the first 700 concert-goers. Seats can also be reserved, starting at \$25.

Parking is \$15 a day or three days for \$30.

There are also different prices for the carnival rides, starting at \$1 per ticket and carnival fast passes from \$10 to \$15. An Unlimited Ride Wristband bought at the Carnival is \$39 Mondays, Wednesdays and Thursdays, and \$44 Fridays, Saturdays and Sundays.

Cal Expo is at 1600 Exposition Blvd. in Sacramento, northeast of the American River.

For more information about the California State Fair, go online to calexpostatefair.com, call 916-263-3000 or email info@calexpo.com.



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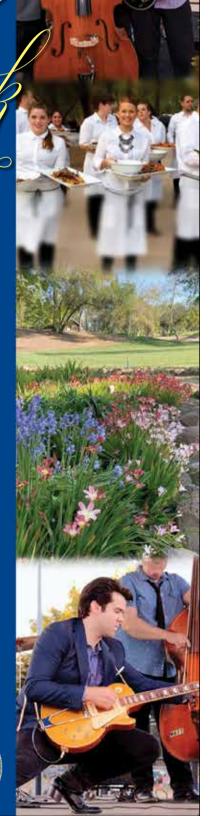


SCAN TO PURCHASE TICKETS AND FOR MORE **INFORMATION!**

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Patriotism Strong for July 4



Daughters of the American Revolution's John Sutter Chapter present a float to honor military veterans.



Del Campo High's cheer team pose with school Cougar mascot form a pre-parade huddle.



Parade VIPS include Carmichael CID Director Nick Bloise (left), volunteer driver Karen Abdo (with pooch Peewee), County Supervisor Rich Desmond, 2024 Grand Marshal Dave Kovar, Carmichael Chamber of Commerce President Rosie Buck and Carmichael Improvement District Chair James Eowan.



El Camino High School band's music sets a sprightly marching pace.

Continued from page 1 response to me made the experience enjoyable, even though it was hot as blazes."

"I had water in the car, but by the time I got to the Elks Lodge, I was ready for something even cooler," Schumate added.

Announcing participants at the review stand was Elk Jim Warrick (75), whose family has run the behemoth procession for all of its 64 years.

"I was in my first parade at

10 years old," Warrick said. "I still feel the same excitement about it every year. I love to see the community together, celebrating American liberty."

"We've made a big comeback since COVID closed us down for two years," Warrick noted. "We're already planning for 2025: we've got a Grand Marshal (ARC football coach John Osterhout) lined up and we're hoping to add more bands. Despite the heatwave, I was pleased with the number of people who came out last Thursday. We hope Mother Nature will be kinder to us next year."

In advance of the Glorious Fourth, La Sierra Community Center hosted a "Red White and Blue Celebration" that exploded a 20-minute firework display. More than 3,000 supporters applauded the pyrotechnics.

Red, White and Blue sponsors included Carmichael and Mission Oaks Park Districts; Gateway Community Charters (GCC) Virtual Academy; Food in the Hood; Carmichael Parks Foundation; Buck Family Automotive and K-ZAP.org.

Parade sponsors included Carmichael Elks; Kovar's Karate; El Rancho School; Carmichael Kiwanis; the Carmichael Times; the American Legion and Veterans of Foreign Wars; Carmichael Chamber of Commerce; Blain Stumpf Fencing; Carmichael Improvement District; All Stage Canine development; John Palmer; St, John's School; Chris Bish for Congress; Daughters of the American Revolution; Sons of the American Revolution, Nick Bloise for San Juan School Board; Bonney Plumbing; Harold Argueta; SMUD; Carmichael Kiwanis Club; Kovar Satori Academy; Carmichael Water District; and Buck Family Automotive.

American River College football players manned street barricades.

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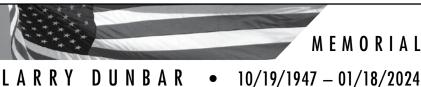
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Larry Dunbar was laid to rest at Sierra View Mortuary & Memorial Park in Olivehurst on Thursday, June 13, 2024. In attendance were his wife of 55 years, Jane (Filter) Dunbar, and his three children and their families: Melissa and Joe Antony (of Davis), Matthew and Meredith Dunbar (of Canal Winchester, OH), and Melanie and Mike Powers (of Carmichael). Also present were Larry's five beloved grandchildren, Gwyneth and Grayson Dunbar, Joby Antony, and Maximus and Jackson Powers.

Larry was preceded in death by his mother, Hazel Barkley (nee Coppin, Dunbar) and his younger brother, Allen.

Larry was a proud veteran of the United States National Guard and Army Reserves. To honor his service to his country, Larry's childhood friend, Mark Carlson, along with members of the American Legion Post No. 705 of Yuba City performed military funeral honors and presented folded American flags to Larry's family.

Larry graduated from Yuba City High School, class of 1965. He graduated from Yuba College in 1967, and Chico State in 1969 with a Bachelor of Science degree in business.

Larry worked for the State of California at State Fund as a workers compensation auditor. He retired in 2011 and spent his golden years doing the things he loved: reading, catching a game on TV, chatting with his neighbors about tools and life, complaining about the temperature, watching his children thrive, and being





ever-present in the lives of his grandchildren. He almost never missed a big school event or game that his local grandchildren participated in. His loved ones will always remember him for his big smile, helping hand, hearty cheers, and classic chuckle, which endeared him to friends and strangers alike. We love you and miss you, Larry... Dear...Lar...Grandpa...Papa. Rest in Peace. In California, we like our taste buds to be tantalized and our hearts to race. This is the state of enjoyment, excitement, and entertainment, and our State Fair celebrates it all.

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Circulation Manager - We are seeking a full-time Circulation Manager to oversee our 18 local newspapers. Duties include managing the weekly reporting of distribution, preparation for weekly audits, managing and recruiting our carrier staff, preparing and reporting postal statements, customer service support, physical labor repairing and replacing newsstands, setting up new locations, and other related duties needed to run the circulation department. This position works primarily in Carmichael but will require some local travel to our other offices in the Sacramento region. The hours may vary but are flexible due to the nature of the duties.

Office Administration – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

City Reporter - We are seeking a fulltime City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required. **Copy Editor -** We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

Delivery Driver – Weekly Hauling to Marysville- We are seeking a parttime Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver/Local

- We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

To find out more or to apply: Email your questions or resume to Publisher@MPG8.com

Californians Affected by Wildfire Smoke Should Take Steps to Protect Their Health

Continued from page 1

heart. Exposure to high concentrations of fine particles can cause persistent cough, runny nose, phlegm, wheezing, and difficulty breathing. Smoke from wildfires can also cause eye irritation, reduced lung function, and bronchitis. Those with asthma or another lung disease should keep at least a seven-day supply of medication on hand and call a health care provider if nearby wildfires worsen breathing issues.

In Case of Evacuation

Wildfires can also lead to emergency evacuations and it's important to follow the direction of local officials when evacuations are ordered. Current evacuation information can often be found through monitoring local news outlets as well as official social media channels of emergency responders such as a

sheriff's office, police department, and fire department.

Knowing the "Ps of Preparedness" can help you react quickly if a wildfire threatens your area:

People (help children, older adults and people with disabilities)

Pets

Papers (important documents)

Phones Prescriptions (and glasses)

Pictures

PCs (computers) (for the information stored)

Plastic (credit cards and cash)

Additional Information

Additional resources and information can be found at the California Department of Public Health's Extreme Heat site and the California Office of Emergency Services.





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That's Not Okay

Dear Dave,

My husband and I own a small business. We've been open for 12 years, and fortunately we've been very successful. We made the decision when we first opened to run the business debt-free. Along with that, we only accept cash, checks and debit cards for payment. Recently, we've had a client become very insistent that we start accepting credit cards. Our relationship with this client is becoming a little contentious over the issue. How should we address the situation?

– Debra

Dear Debra

Like we, as entrepreneurs, don't have enough things to worry about every, single day, right?

As you might imagine, I have a bunch of people who are mad at me all the time because I don't accept credit cards. But in my case, it's not just a business decision. I teach people all the time not to use credit cards, and why they shouldn't. So, I can't very well go around encouraging folks to just swipe their credit cards when they buy from my company.

Dave Ramsey Says

For starters, that client is way out of bounds. It's not their place to tell you how to run your business. But you're lucky to only have one person getting pushy about the whole credit card deal. Everything about the credit industry today is out of control. But even though your case is a little different than mine, you have every right to not accept credit cards-especially if you have a moral or values-related issue with the product.

As time goes by, you'll probably have a few other people turn up their noses at the idea of not being able to pay with a credit card, but if vou consistently offer great services or products at great prices, those experiences will only be a bump in the road. You don't want to be argumentative when things like this happen, so maybe you can just smile, and let them know you always appreciate input from your clients. I'm sure you and your

husband work hard to make your business the best it can be. The fact that you're still around over a decade after opening up shop is proof of that. You've probably realized, too, that being in business for yourself isn't all sunshine and rainbows every day. Regardless, no one has the right to get in your face over how your business is structured or try to push you into doing things differently. Listening to, and evaluating, suggestions from clients only makes sense. It's a smart thing for any business owner to do. But this one client is saying you should change a long-standing operating principle based on a whim-their whim.

And that's not okay

- Dave

Dave Ramsev is an eighttime No. 1 national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.



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A Humble Armenian American Bakes at Elite Bakery Cafe

Continued from page 1

Matsoyan said of the baking process, "Some of the recipes I had, like old-time recipes. Genie just perfected them, like making them and changing them. She's a recipe changer all the time. She plays with the cookies."

The oatmeal raisin cookies are shareable at \$4 a piece.

As for Matsoyan's start in baking, it was a family affair.

"I had a big family. We were always baking. My mother-in-law was a baker." Pokitko added. "So we have baking on both sides of the family."

Matsoyan still has family in Armenia, which she visits every five years. She has two sisters and a brother there.

Of her customers, Matsoyan said, "They're very happy with us: like a family. They know everything about my daughters."

They have many customers who started coming in when the business was founded more than six years ago, Matsoyan said, and they keep coming and saying encouraging things.

Some customers ask for special orders. "Some of the things I made for the first time. But I like challenges; I like when they come say, 'Can you make this?"" Matsoyan said.

Elite Bakery Cafe makes culinary delights for Italian and Jewish holidays,

for example.

When asked what the bakery and café's busiest day is, Matsoyan mentioned Christmas and Thanksgiving. She said they baked "all the pies, like pumpkin pie and cherry pie" for Thanksgiving.

Even on normal days, baking and cutting start at 5 a.m. and the doors open at 8 a.m. They serve Temple Coffee to get customers started: the Dharma Espresso Blend for their espresso, which is somewhat dark-roasted, at just \$3, and the Three Pillars Blend for their drip coffee, which is sold for \$3.50 and \$4, depending on the size.

You might detect a cherry tasting note in the espresso if you reflect on its flavor.

In addition to baked goods and drinks, Elite serves salads, breakfast dishes with eggs, sandwiches, savory and sweet crepes, and borscht soup with an Armenian spin: a type of beef stew for \$12.50 a bowl.

And what of the Armenian-born son who was just a baby when he arrived in the U.S.?

Matsoyan said of Tigran, her nowadult son, "He is our biggest critic. He always comes.

Now Matsoyan has some 10 grandchildren. Say hi to Pokitko's 11-year-old son, Roman, if you see him hanging out and lending a helping hand. They'll consider you part of the family.



Rejuvenate And Shine

How would you like to invigorate your mind, body and spirit? It's called whole body wellness, and **Dr. Susan Smith-Jones** can help us **"Rejuvenate and Shine."**

Dr. Jones has made extraordinary contributions in the fields of holistic health, anti-aging, optimum nutrition and balanced living. I love having her on my POPPTALK Radio Show. She has authored some thirty books with the goal of making our lives better. So get ready for ten tips that can change your life.

1. REJUVENATE AND REFRESH. Make sure to build breaks into your day. From sunrise to bedtime—reset and refresh. It's okay to unplug now and then, or at least press the "reset" button.

2. EXERCISE FOR VITALITY. Everyone is different when it comes to the time of day that's best to exercise. Henry David Thoreau wrote: "An early morning walk is a blessing for the whole day."

3. JOIN THE BREAKFAST CLUB. The word "breakfast" literally means breaking the fast from the night before. It jumpstarts metabolism. Your body needs to be refueled for the tasks ahead of it.

4. UTILIZE NATURE'S HEALING POWER. Go outside to play and pray. The more time we get outdoors into nature and appreciate the beauty and blessings of God's splendor, the more compassionate, forgiving and kind we become.

5. VISUALIZE YOUR DAY AHEAD. Albert Einstein said: Your imagination is a preview of your life's coming attractions." Visualizing success and positive outcomes can help prepare us for the real thing.

6. EAT MORE FRUITS AND VEGGIES. The fiber in these foods helps

your digestive tract keep humming along the way it was designed. Eating your fruits and veggies has the added bonus of beautifying skin, boosting metabolism, and elevating mood.

7. NOURISH YOUR OVERALL WELL-BEING WITH AMPLE SLEEP. Too little sleep makes you hungry, especially for calorie-dense foods It's harder to pass up that cupcake or order of fries) and primes your body to hold on to all the calories you eat.

8. ADJUST YOUR ATTITUDE TO INCLUDE PLENTY OF ATTITUDE. Those who catalog the positive things in their lives are healthier, happier, more motivated, less stressed, and more well-rested.

9. TAKE TIME TO PRAY, MEDITATE AND BREATHE DEEPLY. This simple, cost-free practice has been scientifically proven to heal the body, boost immunity, reverse aging, and lift your mood from negative to positive. It's a salve for the mind, body, and spirit.

10. ENJOY DAILY LAUGHTER AND TICKLE YOUR FUNNYBONE. Laughter releases endorphins into your body that act as natural stress busters. It helps relieve pain, counteracts fear, anger, and depression, all of which are linked to depression, and linked to illness and stress.

You can find these ten tips and so much more in her latest book "A Hug in a Mug." And don't forget to sign up for her free monthly newsletter. All you have to do is go to her website www.susansmithjones. com and look up in the right corner. One click on subscribe and you're in for a real treat with tons of great information and inspiration. STAY WELL!

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Environmental Opposition to Vital Sacramento Area Highway Project is Ridiculous



By Dan Walters, CALMatters.org

Some things are just so ridiculous that they demand critical attention. One of them is the opposition from environmental groups to widening the Interstate 80 freeway between Sacramento and Davis.

For years, motorists have complained about what has been dubbed the "Davis bottleneck" that often backs up traffic for miles. What should be no more than a 10- or 15-minute drive can often take 45 minutes or more.

The state Department of Transportation wants to convert median strips into new traffic lanes that would require a toll payment to traverse. Environmentalists, who are trying to block the project in court, contend that it would merely encourage more drivers to use the stretch of freeway and therefore relief from congestion would be only temporary.

Opponents also complain that Caltrans and local officials are using the subterfuge of improving pavement to widen the freeway, and that the project runs counter to official state policy of reducing vehicular traffic as a way to reduce greenhouse gasses.

"These projects are being oversold to the public as a way to reduce congestion; they are not," Susan Handy, director of the National Center for Sustainable Transportation, told the Los Angeles Times. "A court decision is going to be very important."

Ironically, Handy's organization is housed in the UC Davis campus, where the chronic congestion spills over.

The complaints might have some validity if this stretch was merely another local commuter route, but it isn't. Interstate 80 is one of the nation's most important transcontinental arteries, running 2,901 from San Francisco to the New York City metropolitan area with much of its route in western states following 19th-century immigrant trails.

The only other east-west interstates are either hundreds of miles to the north or hundreds to the south. That makes I-80 an extremely important route for interstate cargo, a fact evident to anyone who shares the freeway with an endless stream of large trucks.

Moreover, there are no alternative routes because the eastern portion of the freeway is a causeway over a marshy area that's home to wildlife and is often flooded during winter and spring months. Water is diverted into the "Yolo Bypass" from the Sacramento River as an important element of the Sacramento region's flood protection system.

Simply put, trucks and cars must either use I-80 between Sacramento and the Bay Area or not move at all. The notion that widening will increase traffic is ludicrous: The traffic will be there regardless because it has nowhere else to go.

"We experience some of

the most severe congestion in California seven days a week," Autumn Bernstein, executive director of the Yolo Transportation District, told the LA Times. "We have more than five hours of congested traffic in the eastbound direction and (in) Davis every afternoon."

The ultimate fate of the project is not certain. The California Transportation Commission gave its approval in May and allocated money to begin work, but the environmental groups are suing, characterizing it as a showdown over the state's official policy of avoiding projects that increase carrying capacity and lead to more traffic.

It's unfortunate that Caltrans officials decided they needed to hide expansion of the freeway as a pavement improvement project and make it a joint project with local officials — with some token funding for mass transit — to sidestep a direct confrontation over environmental impacts.

In a more rational world, the need would be obvious, and officialdom would be criticized for waiting so long to do something about a bottleneck.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. He began covering California politics in 1975, just as Jerry Brown began his first stint as governor, and began writing his column in 1981.

Social Security Matters *Will IRA Withdrawals Affect My Medicare Premiums?*



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am a member of AMAC and learn so much from the Ask Rusty column. I hope you can give me some information about a question that has come up in my family. My husband is retired and has reached full retirement age. He is considering withdrawing money from an IRA to pay off our mortgage. We are wondering what, if any, penalties may be incurred on Social Security, Medicare, and income tax. Thank you for your help in this matter. *Signed*: **Concerned** Taxpayer

Dear Concerned: Thank you for contacting the AMAC Foundation Social Security Advisory Service. Regarding your question on the impact of withdrawing IRA funds, there is no impact to your husband's gross Social Security benefit. The amount withdrawn, of course, is considered ordinary income for federal income tax purposes, and will need to be included as such on your federal income tax return and will therefore affect your federal income tax liability when you file the return.

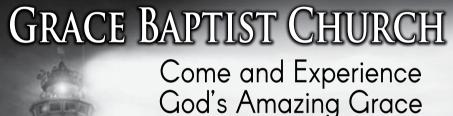
Depending on the amount withdrawn, there could be an impact to the Medicare premium due to the Income-Related Monthly Adjustment Amount (IRMAA) provision. Assuming you file jointly, you will pay a higher Medicare Part B premium if your modified adjusted gross income is above certain thresholds (i.e., more than \$103,000 for an individual and \$206,000 for a married couple). Please note that Medicare's procedures will not note this income change for two years, so if you make the withdrawal in 2024 it will not trigger the increases until your 2026 Medicare premiums. A change to your Medicare premium might also result in a change to your net Social Security payment at that time (since Medicare is automatically deducted from your Social Security payment).

Also depending on the amount withdrawn, you may have to pay an additional amount on top of your Medicare Part D premium. The Part D adjustment amount is calculated based on a percentage of the Part D national base beneficiary premium, not on a percentage of the plan premium.

The Social Security Administration mails letters to beneficiaries who currently pay a Part B Income-Related Monthly Adjustment Amount (IRMAA) and, according to the Centers for Medicare & Medicaid Services (CMS), are in a Part D plan. The letter explains the additional Part D amount, and how exactly Social Security will collect it. You can contact SSA at 1-800-772-1213 or your local SSA agency if you have any further questions about your Part D IRMAA premium.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/ programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.









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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04269 Aurae Furniture, 805 Hackberry Avenue, Modesto, CA 95354 is doing business under the Business Name(s) Fictitious "Bedroom & Sofa Discounters/ Sunrise Furniture Discounters' Sunrise Boulevard 2690 Rancho Cordova, CA #200, 95742. Filed with the Clerk of Sacramento County May 31, 2024 Publish: June 21, 28, July 5, 12, 2024

BEDROOM 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04340 Elizabeth Higgins, 6717 Kate Lane, Citrus Heights, CA 95621 is doing business under the Business Name(s) Fictitious "Spring Line Press" 6717 Kate Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 4, 2024

Publish: June 21, 28, July 5, 12, 2024 SPRING 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04444 Javier Mendoza Pichardo 2309 Moraine Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) Sierra Green Maintenance & Landscaping" 2309 Moraine Circle, Rancho Cordova, CA 95670, Filed with the Clerk of Sacramento County June 6, 2024

Publish: June 21, 28, July 5, 12, 2024 SIERRA 7-12-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04387 Mark Tingley, 3236 Fitzgerald #G. Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) 'Typelike Bods & Rods" 3236 Fitzgerald #G, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 5, 2024

Publish: June 21, 28, July 5, 12, 2024 TYPELIKE 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04316 Ang Jin, 6045 Hazel Avenue Unit 4. Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Lishuitang TCM Clinic" 6045 Hazel Avenue Unit 4, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 3, 2024

Publish: June 21, 28, July 5, 12, 2024 LISHUITANG 7-12-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04074 Hailey Elizabeth Ballew, 5912 Ashworth Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Beyond Business Co" 5912 Ashworth Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 23, 2024

Publish: June 21, 28, July 5, 12, 2024 BEYOND 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04535 Phelecia Anne Curtis, 6633

24th Street, Sacramento, CA 95822 is doing business unCA 95608. Filed with the Clerk of Sacramento County June 14, 2024

Publish: June 28, July 5, 12, 19, 2024 ACQUIRE 7-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04689 Yuliy Kyrylyuk, 3843 Thornwood Drive, Sacramento, CA 95821 doing business under the Fictitious Business Name(s) "Yulia Kirk" 3843 Thornwood Fictitious Sacramento, CA Filed with the Clerk of Drive, 95821. Sacramento County June 14, 2024

Publish: June 28, July 5, 12, 19, 2024 YULIA 7-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04741 Rott10.com LLC, 2453 Werbe 166. Carmichael. CA Lane 95608 is doing business under the Fictitious Business Name(s) "Rott10.com LLC" 2453 Werbe Lane 166, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 20, 2024

Publish: June 28, July 5, 12, 19, 2024 ROTT 7-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04754 Angie Caler LLC, 174 Westbury Circle, Folsom, CA 95630 is do ing business under the Fictitious Business Name(s) "It's Your Faith" 174 Westbury Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County

June 20, 2024 Publish: June 28, July 5, 12, 19, 2024 ITS 7-19-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04522 Onovative, LLC, 920 19th Street North Birmingham, AL 35203 is doing business under the Fictitious Business Name(s) 'Connect By Main Street" 920 19th Street, North Birmingham, AL 35203. Filed with the Clerk of Sacramento County June 10,

2024 Publish: July 5, 12, 19, 26, 2024 7-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04819 Bierce Design Build LLC, 3437 **Myrtle** Avenue #365, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Heirloom Builders" 3437 Myrtle Avenue #365, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 24, 2024 Publish: July 5, 12, 19, 26, 2024

HEIRLOOM 7-26-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04468 Jordan Gallow. 7210 Greenhaven Drive A-2. Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Coupure Greenhaven 7210 Juices" Drive A-2, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 7, 2024

Publish: July 5, 12, 19, 26, 2024 COUPURE 7-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04768 Viktor Kosyuk, 7836 Abbington Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Konstanta I.T." 7836 Abbington Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 20, 2024 Publish: July 5, 12, 19, 26, 2024 KONSTANTA 7-26-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04838 Chenz Corporation, 2378 Fruitridge Road, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Encore Dental Services" 2378 Fruitridge Road, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 24, 2024 Publish: July 5, 12, 19, 26, 2024 7-26-24 ENCORE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04872 Jill Rachelle Layton, 5151 Keane Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Noble Paws" 5151 Keane Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2024 Publish: July 12, 19, 26, August 2, 2024

NOBLE 8-2-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04703 Angelina Rybikova, 3932 Pasadena Avenue, CA 95821 is doing business under the Fictitious Business Name(s) "Divine Design & Rental" 3932 Pasadena Avenue, CA 95821. Filed with the Clerk of Sacramento County June 17, 2024

Publish: July 12, 19, 26, August 2, 2024 DIVINF 8-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04658 Bowinkle's Drive Thru, 10423 Folsom Boulevard, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Bowinkle's Drive Thru Inc 2" 10423 Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 13, 2024

Publish: July 12, 19, 26, August 2, 2024 BOWKNKLES 8-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04896

Marwa Diaf, 11867 Country Garden Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Happy Latte Studios" Country 11867 Garden Drive. Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 25, 2024

Publish: July 12, 19, 26, August 2, 2024 HAPPY 8-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04895 Bruce Stender, 6800 Stonecrop Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Angry Beaver Stump Grinding Tree Services" and 6800 Stonecrop Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 25, 2024

Publish: July 12, 19, 26, August 2, 2024 ANGRY 8-2-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05050 Eva Macaraeg Segal and Jonathan Elliot Segal, 11406 Forty Niner Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Aprima Salon" 5200 Sunrise Boulevard Suite 100, Fair Oaks, CA 95864. Filed with the Clerk of Sacramento County Julv 1. 2024

Publish: July 12, 19, 26, August 2, 2024 APRIMA 8-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04907 Douglas Scott Oughton and Bunnie R. Oughton, 6632 Pepperwood Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Oughton's Gol Lampshade Repair/Bunnies Recorvering" 6632 Pepperwood Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2024

Publish: June 21, 28, July 5, 12, 2024 SCANNELL 7-12-24

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#24CV012079 Duraid Fahed Marar Bataveh has filed a petition with this court for a decree changing

the name(s) of Duraid Fahed Marar Batayeh to David Duraid Bataveh. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on September 12, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street. Sacramento, CA 95814, and show cause, if any, why the pe-tition for Change of Name should not be granted.

Dated: June 20, 2024

Christopher E. Krueger, Judge of the Superior Court Publish: June 28, July 5, 12, 19, 2024

7-19-24 BATAYEH SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV011088 Bibi Anisa Rahmani has filed a

petition with this court for a decree changing the name(s) of Bibi Anisa Rahmani to Anisa Sadat.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 2, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 3, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: June 28, July 5, 12, 19, 2024

RAHMANI 7-19-24 SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV008467

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Aubrie Leyla Parker to Aubrie Leyla Mclaughlin-Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 1, 2024 Richard K. Sueyoshi, Judge of the Superior Coun Publish: July 5, 12, 19, 26, 2024 7-26-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV012944

Fam Choy Saechao has filed a petition with this court for a decree changing the name(s) of Fam Choy Saechao to Linda Fam (Chov Saechao

BRUCE MICHAEL LAMBERT, AKA BRUCE LAMBERT CASE NO. 24PR001933

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Bruce Michael Lambert, aka Bruce Lambert.

A Petition for Probate has been_filed by Emma Victoria La Torre, in the Superior Court of California, County of Sacramento, requesting Emma Victoria La Torre be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows August 8, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael Yee, Yee Law Group, 4010 S Land Park Drive, Suite B, Sacramento, CA 95822; 916-927-9001 Publish: July 12, 19, 26, 2024

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte v mas informacion en el Centro de Avuda de las Cortes de California (www. sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y

bienes sin mas advertencia. Hay otros requisitos legales Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California. (www.sucorte. ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por lev. la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): Gordon Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814

The name, address and telephone number of plaintiff's at-torney, or plaintiff without an attornev is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Tab Artis, The Artis Law Firm, APLC., 535 North Brand Boulevard, Suite 600. Glendale, CA 91203; 818-532-5599.

Date: (Fecha) October 30, 2023 Clerk (Secretario) S. Woltmon, Deputy (Adjunto)

Publish: June 28, July 5, 12, 19, 2024 VOSSLER 7-19-24

SUMMONS (CITACION JUDICIAL)

CASE NUMBER: 23CV000232 NOTICE TO DEFENDANT: Roger Edwards; and DOES 1 to 20, inclusive

YOU ARE BEING SUED BY PLAINTIFF: Five Star Restoration & Construction, Inc..

NOTICE! You have been sued. The court may decide against you without your being heard unless vou respond within 30 days. Read the information below.

have CALENDAR 30

Fictitious Business der the Name(s) "Courage Careers" 6633 24th Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 11, 2024

Publish: June 21, 28, July 5, 12, 2024 COURAGE 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04040 Joga Singh, 7547 Watt Avenue Suite 1, North Highlands, CA 95660 is doing business un-Fictitious Business the Name(s) "SR Food Store" 7547 Watt Avenue Suite 1. North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 22, 2024 Publish: June 21, 28, July 5, 12, 2024 7-12-24 SR

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04642

Billington, 2507 Jason Rancho Queenwood Drive. Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "CTE Trades Consultant/CTE Support Queenwood 2507 Advisor" Drive. Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 13,

Publish: June 21, 28, July 5, 12, 2024 CTE 7-12-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04425 California Good Xchange 2526 Amelia Earhart Avenue, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "CGX 2526 Amelia Earhart Avenue, Sacramento, CA 95834. Filed with the Clerk of Sacramento County June 5, 2024 Publish: June 21, 28, July 5, 12, 2024

7-12-24 CGX

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04705 Apotheca Holdings LLC, 3005 Marlynn Street, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Delta 9 Elements Manufacturing/Delta 9 Elements Distribution" 108 Otto Circle, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 17, 2024 Publish: June 28, July 5, 12, 19, 2024 DELTA 7-19-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04697 Elias Mazahreh, 4932 Donovan Drive, Carmichael, CA 95608 is doing business under the Business Name(s) Staffing" 4932 Fictitious 'Acquire Carmichael, Donovan Drive,

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04656 Larisa Dzyuba, 7432 Butterball Way, Sacramento, CA 95842 is doing business under the Business Name(s) Fictitious "Secure Notary Solutions" 7432 Butterball Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County June 13, 2024

Publish: July 5, 12, 19, 26, 2024 SECURE 7-26-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04846 Fire Wings By The Four Pillars, LLC, 2100 13th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Fire Wings" 5350 Sunrise Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 24, 2024 Publish: July 5, 12, 19, 26, 2024 7-26-24 FIRE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04942 Village Sacramento, Sierra LLC, 3451 Longview Drive, Sacramento, CA 95821 is do-LLC, ing business under the Fictitious Business Name(s) "Sierra Village Apartments" 5416 Jackson Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 27, 2024 Publish: July 5, 12, 19, 26, 2024 7-26-24 SIERRA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04865 Victor Chuong, 5946 Stockton Boulevard, Sacramento, CA Boulevard, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Season Salon" 5946 Stockton Boulevard, Sacramento, CA 95824. Filed with the Clerk of Sacramento County June 25, 2024 Publish: July 5, 12, 19, 26, 2024 7-26-24 SEASON

Publish: July 12, 19, 26, August 2, 2024 OUGHTON 8-2-24 8-2-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05138 Grace Lundgren, 1424 Grey Owl Circle, Roseville, CA 95661 is doing business under the Fictitious Business Name(s) "Nailz By G 916" 7529 Sunset Avenue Suite E1, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 2, 2024 Publish: July 12, 19, 26, August 2, 2024 NAIL Z 8-2-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV010785

Thi Bao Nguyen Ha has filed a petition with this court for a decree changing the name(s) of Thi Bao Nguyen Ha to Anna Nguyen Ha

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 28, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 3, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: June 21, 28, July 5, 12, 2024 HA 7-12-24

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV011759

Micayla Nicole Scannell has filed a petition with this court for a decree changing the name(s) of Micayla Nicole Scannell to Kayla Nicole Cervantes.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 15, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 14, 2024 Richard K. Sueyoshi, Judge of the Superior Court

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 29, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street. Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 28, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: July 5, 12, 19, 26, 2024 7-26-24 SAECHAO

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV012680

Louise Cassandra Shaunte Diaz has filed a petition with this court for a decree changing the name(s) of Olivia Ann McKinney-Diaz to Olivia Ann Diaz.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 24, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 26, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: July 12, 19, 26, August 2, 2024

DIAZ 8-2-24 SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV013010 Stanley James Parker has filed

a petition with this court for a decree changing the name(s) of Stanley James Parker to TySean Lamonta McDaniel.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 30, 2024. at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pe-tition for Change of Name should not be granted.

Dated: July 1, 2024 Richard K. Sueyoshi, Judge of

the Superior Court Publish: July 12, 19, 26, August 2, 2024 PARKER 8-2-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF

LAMBERT 7-26-24 SUMMONS

SUMMONS (CITACION JUDICIAL)

CASE NUMBER: 23CV008648 NOTICE TO DEFENDANT: Jeanette Marie Hutchinson YOU ARE BEING SUED BY PLAINTIFF: James Vossler.

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and vour wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free services from a nonprofit legal legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. DF Tiene

30 DIAS CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue

DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and prop-erty may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias. la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion.

DIAS 30 DE Tiene CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www. sucorte.ca.gov) en la biblioteca de leves de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de pre-

Arcade Creek Little League Wins Again! Intermediate 50/70 Team Goes to NorCal State Championship

By Mike Powers

CARMICHAEL, CA (MPG) - The 50/70 team from Arcade Creek Little League is something special!

With the District 5 Championship already in hand, Arcade Creek kept their momentum going by winning the Section 4 Intermediate Championship on July 1, defeating Nevada City/Grass Valley Little League 12-9 at Capeheart field in Antelope. With the win Arcade Creek advanced to the Northern California State Championship Tournament for the first time in the history of the young league.

While Arcade Creek Little League is a relatively new name in local Little League Baseball and Softball, its history runs deep. The league was created by the 2020 merger of Eastern Little League (formerly Del Paso-Eastern Little League) and Whitney Little League. Both Eastern and Whitney trace their roots to the early days of District 5, which was one of the original 33 Little League Districts formed in California in 1958.

Not since the Whitney Majors team made the 1993 NorCal State tournament has a team from Carmichael made it this far. Now, Arcade Creek 50/70 has an opportunity to do something unprecedented in league history...win State!

What does 50/70 mean? 50/70 is shorthand for the Intermediate League Baseball division of Little League, and the numbers refer to specific distances on the playing field: 50 feet pitching distance and 70 feet basepaths. It's a larger field than the traditional Little League Majors field, which is 45 feet and 60 feet, respectively. Little League created the 50/70 Division in 2013 for players aged 11-13 as an intermediate step before making the jump to full-size fields in Juniors and high school.

Arcade Creek Little League's 50/70 team has mastered the larger field.



Arcade Creek Little League 50/70 team players and coaches pose with their latest championship banner. Photo by Mike Powers

included home runs by Rex Laird and Jathen Howard, and excellent relief pitching by Jackson Waltrip.

The next day, Arcade Creek faced off against Maidu Little League (District 54), with the winner advancing to the championship game. Maidu struck early with two runs in the bottom of the first, but the Arcade Creek bats came alive with six hits and two walks in the third and fourth innings, including a big home run by Colton Nickols. Arcade Creek led 6-3 in a close game, and then got two insurance runs in the top of the sixth. Meanwhile, Jackson Powers kept Maidu off-balance at the plate, pitching 4.1 innings of scoreless relief while his teammates played stellar defense to seal the 8-3 victory in 7 full innings.

The semifinal win earned Arcade Creek an important day to rest from the hot summer sun while they awaited their opponent for the championship game on July 1. Nevada City/ Grass Valley (District 11) beat a depleted Maidu squad 17-7 on June 30 to advance to the championship.

The championship game

Arcade Creek took advantage of some opportunities. An error, hit-by-pitch, and dropped third strike put two runners on with one out for Nickols. He launched the first pitch that he saw for a no-doubt 3-run home run to straightaway center. A walk and then another error gave Marcos Tejeda a big opportunity he wouldn't waste. He sliced a line drive single to score two more runs and Arcade Creek had an early 5-0 lead.

Nickols continued his pitching dominance with three more strikeouts in the second but Nevada City/Grass Valley scratched out a single run to get on the board. In the bottom of the second, Arcade Creek put on a fireworks display a few days early. Jackson Waltrip's single led off the inning, followed by back-to-back-to-back homers by Nathan Beebe, Tian Deyo and (once again!) Colton Nickols. Another run gave Arcade Creek a huge 10-1 run after two innings.

The two teams traded runs in the third inning and Nevada City/Grass Valley got one more, but after four innings, Arcade Creek was in control up 11-3. With their fate seemingly sealed, Nevada City/ Grass Valley players got loose, sparked some joy and had some fun of their own. Taking advantage of three straight walks to open the fifth, they plated three more runs and had tilted momentum in their favor cutting the score to 11-6. Then Nevada City/Grass Valley got two more runners on and were within striking distance when Arcade Creek left fielder Marcos Tejeda made the

defensive play of the game, a diving catch to save two runs from scoring.

Tian Deyo answered for Arcade Creek in the bottom of the fifth with his second solo homer of the game. In the sixth, Nevada City/Grass Valley followed with a solo shot of their own, and they weren't done yet! The plucky team from Gold Country struck it rich with two more hits and excellent baserunning to cut the lead to four.

Arcade Creek went quietly in the bottom of the sixth, giving Nevada City/Grass Valley one more chance to mount the ultimate comeback, down 12-8. Relief pitcher Nathan Beebe got two quick outs in the 7th inning, but another solo home run cut the deficit to three and buoyed the spirits of the undaunted Nevada City/Grass Valley players. The next batter belted a high drive, but not deep enough as centerfielder Tian Deyo gloved the final out at the fence and Arcade Creek Little League were champions once again!

After the win, the Arcade Creek family of players, coaches and supporters talked with the Carmichael Times about what two hits. Rex Laird shined at this team means to them. A common theme amongst the players was that they all love playing with their friends. "During practice and games, it's all 100% effort. We're all here to have fun and put in the work." Colton Nickols said. "Outside of baseball, I think what separates us from other teams is we're all some of the best friends, and we all know how to work together."

all have good chemistry, and are good at communicating with each other. We don't really get down that much. If we do, we pick each other up and that keeps us in the game."

Arcade Creek's parents love what they're seeing from this team and from Little League in general. Brandon Laird, whose son, Rex, played a couple years of travel baseball before this season, emphasized how much happier his son is playing Little League.

"There's more of a friend-onfriend relationship with these boys, with them going to school and growing up together. Going this far really feels like more of an accomplishment than a weekend win with a travel team," Laird said.

Said mother Kim Nickols, "This is a truly special team. These boys love being together on and off the field. They support each other. They are picking each other up when they need to and they're cheering each other on constantly, and it's just a really special time for them to be together playing."

Asked about her favorite moment from the season so far, Nickols replied, "That last out of every game and seeing the boys' reactions and seeing them realize all of the hard work that they put in is paying off."

Up next for Section 4 Champion Arcade Creek 50/70 is a opportunity to bring that friendship and hard work to the Northern California State Tournament at Brooktree Park in Citrus Heights. There they will battle the six other NorCal Section Champions from July 6 to 13. When asked what they were most looking forward to at the state tournament, consensus among the players was a short, simple answer, "Winning...and having fun too."

Arcade Creek got the State Tournament off to a great start, winning their first game 5-3 against Sunnyvale Little League on July 7. Nathan Beebe pitched six strong relief innings and had the plate with two clutch RBI singles. The whole team played good defense, turning two double plays. Arcade Creek will try to keep the momentum going on July 10 versus Bollinger Canyon Little League, who (at press time) is 2-0 in the tournament and has not yet allowed a run. The winner of the game will earn an automatic bid to the championship game on July 13. Good luck, Arcade Creek! ★

Their seamless transition to the bigger field demonstrates adaptability and skill. Embracing the finer details that come with playing on a larger stage is commendable," coach Bryan Deyo said

The team's skill was on display as they went undefeated in the Section 4 Tournament.

In their first game on June 28 Arcade Creek beat North Natomas Little League (District 6) 13-3 in 5 innings. Highlights

was set, Arcade Creek versus Nevada City/Grass Valley. Throughout the tournament, both teams exhibited depth at pitching, excellent contact hitting and fun loving, neversay-die attitudes. All these traits were on display in the game. Arcade Creek's Colton Nickols threw the first pitch as the temperatures soared well over 100 degrees. 15 pitches later Nickols had struck out the side. In the bottom of the first,

Added Marcos Tejeda, "We

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ΑΟΥΕ ΚΤΙΣΙΝ G LEGAL

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

SUMMONS

sentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

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The name and address of the court is: (El nombre y direccion de la corte es): Sacramento County Superior Court, 720 9th

Street, Sacramento, CA 95814 The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abo-gado, es): Mark R. Meyer, 500 Sutter Street. Suite 201, San Francisco, CA 94102, 415-684-8885 Date: (Fecha) April 25, 2023

(Secretario) B Singh, Clerk Deputy (Adjunto) Publish: July 5, 12, 19, 26, 2024 7-26-24 FIVE

SUMMONS (CITACION JUDICIAL) CASE NUMBER: STK-CV-LAT-2023-0005189

NOTICE TO DEFENDANT: Natalie Grace Conner, Tammy Conner; and Does 1 to 100.

YOU ARE BEING SUED BY PLAINTIFF: Kenneth Anugwara. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online SelfHelp Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

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Tiene 30 DIAS DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue

una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www. sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte. ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso.

The name and address of the court is: (El nombre y direccion de la corte es): San Joaquin County Superior Court, 180 E. Weber Avenue, Stockton, CA 95202

The name, address and telephone number of plaintiff's at-torney, or plaintiff without an attorney is: (El nombre, la direccion y el numero de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Kelechi C. Emeziem, Ĕsq., Emeziem & Others, 333 Hegenberger Road #503, Oakland, CA 94612, 510-628-0400.

Date: (Fecha) May 19, 2023 Clerk (Secretario) Jessica Cayo, Deputy (Adjunto)

Publish: July 5, 12, 19, 26, 2024 ANUGWAŔA 7-26-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2020-06510

The following person(s) has/ have abandoned the use of FICTITIOUS BUSINESS the NAME of: Delta 9 Elements

Manufacturing, 108 Otto Circle, Sacramento, CA 95822. Aurum Translucence LLC, 108

Legal Advertising

7144 Fair Oaks Blvd #5

Carmichael, CA 95608

Otto Circle, Sacramento, CA 95822

Fictitious The Business Name Statement was filed on 9/16/2020 in the County of Sacramento.

Filed with the clerk of Sacramento County: September 16, 2020.

Publish: June 28, July 5, 12, 19, 2024 DELTA 7-19-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2022-08249

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Cruzcas Costume Design, 6151 Shadow Lane Apt #170, Citrus Heights, CA 95621.

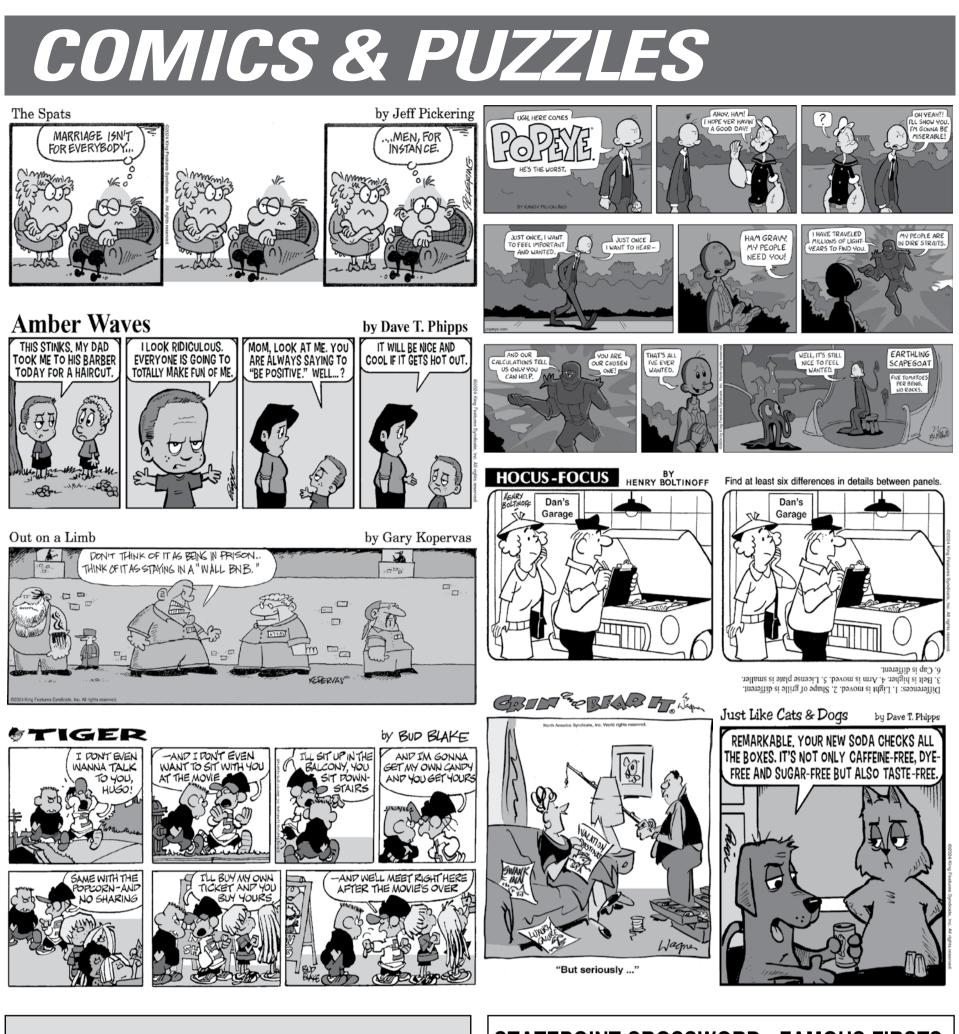
Lecy Castro, 6151 Shadow Lane Apt #170, Citrus Heights, CA 95621.

Business The Fictitious Name Statement was filed on 11/9/2022 in the County of Sacramento.

Filed with the clerk of Sacramento County: November 9.2022.

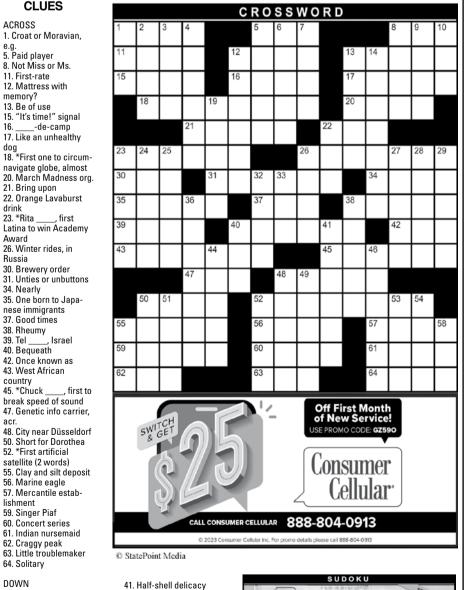
Publish: June 28, July 5, 12, 19, 2024 CRUZCAS 7-19-24





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rst-rate 12. Mattress with memory? 13. Be of use 15. "It's time!" signal 16. _____-de-camp 17. Like an unhealthy dog 18. *First one to circumnavigate globe, almost 20. March Madness org. 21. Bring upon 22. Orange Lavaburst drink 23. *Bita Latina to win Academy Award 26. Winter rides, in Russia 30. Brewerv order 31. Unties or unbuttons 34. Nearly 35. One born to Japanese immigrants 37. Good times 38. Rheumy 39. Tel ___ 40. Bequeath 42. Once known as 43. West African country 45. *Chuck break speed of sound 47. Genetic info carrier, acr. 48. City near Düsseldorf 50. Short for Dorothea 52. *First artificial satellite (2 words) 55. Clay and silt deposit 56. Marine eagle 57. Mercantile establishment 59. Singer Piaf 60. Concert series 61. Indian nursemaid 62. Craggy peak 63. Little troublemaker 64. Solitary DOWN Give in to gravity
 Weaver's apparatus 3. The "I" in "The King and I" 4. Carrots or peas, slangily 5. French soldier in WWI 6. Speed gun 7. *First horror film about Damien Thorn, with The 8. Supernatural life force 9. Capital of Latvia 10. Cannv 12. Han Solo's "Millennium 13. Prenatal test, for short 14. *The first one helped combat smallpox 19. Tedium 22. 120 mins. 23. #8 Down, pl. 24. Martini garnish 25. Pine product 26. Midterm, e.g. 27. a.k.a. Tibetan wild ass 28. Feel the same 29. Timider 32. Deadly challenge 33. Military moves 36 *Mount first conquered

by Hillary and Norgay

38. 10 to 12-year-old 40. Ewe's cry

e.a

44. Grind with teeth 46. Fauna member 48. Erasable programmable read only memory 49. Break of day 50. List of chores 51. Prince of Wales to King 52. Searching for E.T. org. 53. Boxer's last blow 54. Azerbaijan's southern neighbor 55. "_____ the wild rumpus begin!" 58. 4 _ one and only"

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