

Happy & Healthy Communities; A Record Year for Worcester County Sheriff's Farm Program

The Worcester County Sheriff's Office is experiencing a record year of harvests on its inmate-run organic farm. The unprecedented amount of produce is all thanks to the consistently high humidity, stimulating sunshine, and rapturous rainstorms.

For over a dozen years, inmates at the Worcester County House of Correction have grown fresh produce on the Sheriff's Office's Organic Farm as part of

the inmate work-release program. The produce harvested by the inmate work crews has benefited not only dozens of Worcester County food banks, senior centers, soup kitchens, veteran groups, and charitable organizations but also the inmate population serving time in the facility.

Recently, the Worcester County Sheriff's Office made a significant donation of produce to the Blackstone, Millville, Millbury, Northbridge, Sutton, Uxbridge,

and Douglas Senior Centers.

The Sheriff's Office's fields currently produce an abundance of zucchini, summer squash, and cucumbers. Eggplant, peppers, tomatoes, cabbage, corn, watermelon, cantaloupe, and pumpkins will soon be bountiful as the longer days of summer fade into cooler fall weather.

With multiple expansions in recent years, it is estimated that the Worcester County Sheriff's Office farms approximately 18



acres of land. During an average year, 500 pounds of fresh produce is harvested each day, totaling approximately 40,000 pounds of produce a year.

However, with the conditions that Mother Nature has provided, the 2024 growing season is off to an electric start. The Sheriff's Office noted that work release crews yield 750-1000 lbs. of produce with each harvest. Further, the Sheriff's Office has added a second delivery crew to distribute the produce to community partners throughout Worcester County.

Inmates who can participate in the work-release program

are low-risk and non-violent. The inmates who qualify for the program, and choose to be in it, receive "good time" credits each month for their positive behavior and active participation in programming. The time commitment varies based on the workload and time of the year. Typically, inmates work 10-25 hours a week.

Since taking office in 2011, Sheriff Evangelidis has remained committed to developing the Organic Farm and being dedicated to the communities he represents. After multiple expansions of the farm under Evangelidis' leadership, the Worcester County Jail boasts the largest organic farm on a correctional facility in Massachusetts.

"We are blessed with the opportunity to run the organic farm program right at our facility," commented Worcester County Sheriff Lew Evangelidis. "Besides providing thousands of pounds of fresh produce to those in need, the program has many other benefits. Inmates who qualify for the program have the dignity of doing a full day's work. This work ultimately benefits the communities in which many of these individuals were born and raised. The rehabilitative power of the farm is tremendous."



Millbury Select Board member Brian Sora and resident Ginny Picking holler "Play Ball" at the Millbury Town Takeover at Polar Park on July 11. Photo courtesy of the Woo Sox.

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Right to Shelter Program Costing MA Taxpayers \$1.4 billion with an additional \$1 billion this fiscal year due to Immigration Influx

State Sen. Ryan Fattman (R-Sutton) and State Rep. Paul Frost (R-Auburn) have been appointed to the Special Commission on Emergency Housing Assistance Program by the Senate Minority and House Minority Leaders. The Special Commission on Emergency Housing Assistance Programs, pursuant to section 23 of chapter 88 of the acts of 2024, will “study and make recommendations on: (i) the sustainability, efficiency, and effectiveness of the emergency housing assistance program; (ii) how to best support and ensure the long-term sufficiency of those seeking shelter; and (iii) creating a regional based response to support families in need of shelter.”

“Despite raising concerns then about this crisis, the legislative leaders have failed to act. Not only did they fail to include a residency requirement, they failed to establish prioritization for the hardworking, taxpaying families of Massachusetts,” Sen. Fattman said. “This Commission has the opportunity to make course corrections and bring an innovative approach to the housing crisis we are seeing across the Commonwealth, both from the influx of migrant families and the costs of living increases for Massachusetts families. We have been charged with making recommendations and to mine focus on an off-ramp from this influx be-

cause it is not fiscally sustainable.” Rep. Frost commented, “This commission needs to look long and hard at some of the solutions we have offered. Nothing will improve until we stop the influx of those coming from out of state and becoming eligible for the Emergency Shelter Program the day they arrive in Massachusetts. It is unsustainable and out of control. The incentive for groups at the U.S. border to continue to send migrant families to our state needs to be ended by a residency requirement. The waiting list also needs to prioritize long-standing residents of our state who need this program versus those here for a day.”

“I look forward to working with the other members of this commission to come up with realistic solutions and for frank conversations about this problem, which is going to cost a billion dollars and more if nothing is done,” Rep. Frost continued.

The first meeting of the Commission took place on Thursday, July 18 when all members of the Commission were sworn in. More meetings will be scheduled throughout the rest of the year. Sen. Fattman and Rep. Frost look forward to continuing these conversations and seeking solutions that benefit Massachusetts families and residents

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Published on the 2nd and 4th Fridays of the month. Direct mailed to nearly 65,000 homes and businesses each month and available on news stands in the region.

2nd Friday: The YankeeXpress South: Charlton, Dudley, Webster
2nd Friday: Blackstone Valley South: Douglas, Northbridge & Uxbridge
4th Friday: The YankeeXpress North: Auburn, Oxford
4th Friday: Blackstone Valley North: Grafton, Millbury & Sutton

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Blackstone Valley Xpress/©2024
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Dean's Lists

COLLEGE OF OUR LADY OF THE ELMS

The College of Our Lady of the Elms in Chicopee has named the following students to the dean's list for the spring 2024 semester: John Gorman of Millbury and Patricia Mwaniki of Sutton.

CURRY COLLEGE

MILTON — Curry College in Milton congratulates roughly 800 students who were named to the Spring 2024 Dean's List.

Local students on the list include: Skylar Carrignan of Millbury, Justin Castillo of Sutton, Jack Menard of Sutton, Sophia Moore of Millbury, and Kasey Reeves of Millbury.

DEAN COLLEGE

Dean College in Franklin announced the students who have

earned a place on the Dean's List for the Spring 2024 semester.

These local students have demonstrated a serious commitment to their studies while at Dean College: Olivia Auclair of Millbury and Paige Langston of Sutton.

ROGER WILLIAMS UNIVERSITY

Several local students have been named to the Spring 2024 Dean's List at Roger Williams University in Bristol, R.I. Full-time students who complete 12 or more credits per semester and earn a GPA of 3.4 or higher are placed on the Dean's List that semester. The following students were named to the Dean's List: Emily Dykstra of Sutton, Nicolette Gentile of Millbury, Becky Goyette of Millbury, Coryn Myette of Sutton and Benjamin Schneider

of Sutton.

CLARK UNIVERSITY

Clark University in Worcester awarded 1,376 degrees during its 120th Commencement exercises on Monday, May 20. Following is a list of local residents who received degrees: Rucely Paola Diaz Cueto, from Millbury graduated with a Master of Public Administration. Diaz Cueto was a member of the Alpha Epsilon Lambda honor society.

Kailey M. Mattus, from Millbury graduated cum laude with a Bachelor of Arts.

Patrick Thomas Liddy graduated cum laude with a Bachelor of Arts.

EMMANUEL COLLEGE

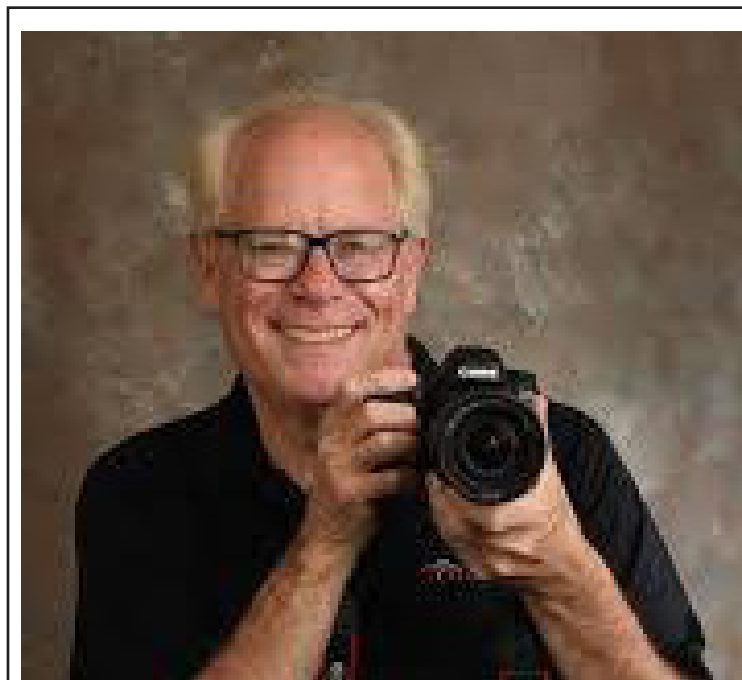
Emmanuel College in Boston celebrated its 102nd Commencement on Saturday, May 18. The following local students graduated from Emmanuel:

Amanda Sarro of Millbury. Sarro received a Bachelor of Arts in Criminology & Criminal Justice during the ceremony.

Diandra Lavallee of Millbury. Lavallee received a Bachelor of Science in Biology with a concentration in Physiology during the ceremony.

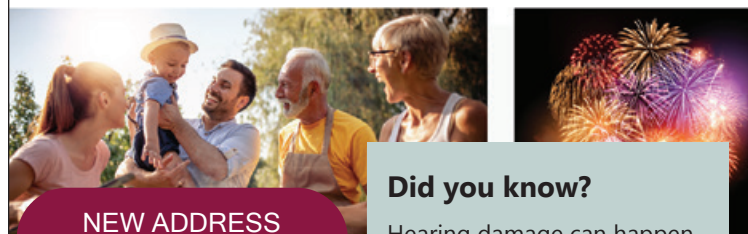
PLYMOUTH STATE UNIVERSITY

Seanon May of Sutton graduated from Plymouth State University in New Hampshire during its 153rd Anniversary Commencement Ceremony on May 11. May graduated Cum Laude with a Bachelor of Science in Marketing.



The Sutton Senior Center will host a photography presentation by William Stark Photography Wednesday, July 31 at 1 p.m. Learn how to take better pictures from a professional.

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Revolutionary War Reenactments Returns to Old Sturbridge Village

Old Sturbridge Village is set to host Redcoats and Rebels, one of New England's largest Revolutionary War reenactments, on Saturday, August 3, and Sunday, August 4. The highly anticipated event promises a weekend of historical immersion, featuring nearly 600 costumed reenactors from across the region portraying both soldiers and civilians from the Revolutionary War era.

Throughout the weekend, guests will have the chance to witness dramatic reenactments of historic battles and skirmishes between Colonial and British troops, complete with cannon and musket demonstrations and cavalry displays. The event will also feature live fife and drum music and special presentations that bring the Revolutionary War to life.

On Saturday, August 3, the day will begin with morning drills, marching, and a cavalry demonstration followed by an afternoon battle at 3:00 p.m. The day will conclude with cannon and musket demonstrations, as well as fife and drum musical performances. On Saturday, the Village will be open extended hours until 8:00 p.m.

Sunday, August 4, will feature an

afternoon battle at 2:00 p.m. Reenactment groups from across New England, including Providence, RI; Sturbridge, MA; and Boston, MA, will participate in the battles,



showcasing authentic tactics and formations used during the Revolutionary War.

In addition to the reenactments, visitors can explore authentic Revolutionary War camps and engage with costumed historians to learn about everyday life in early New England. Reenactors will demonstrate traditional cooking methods, baking, and the crafting of everyday items such as soap, brooms and muskets, offering a detailed look into the past.

"Redcoats and Rebels brings the

Revolutionary War to life in a way that engages all the senses," said Jim Donahue, President & CEO of Old Sturbridge Village. "This event offers a rare opportunity to experience history up close, from the intensity of the battle to the quiet moments of camp life. We invite everyone to join us next month and connect with history in a way that is both powerful and unforgettable."

Donahue added, "We also extend our gratitude to the family-owned American manufacturer Dexter-Russell, for their continued sponsorship of Redcoats and Rebels. Their generous support is vital in bringing this exciting event to life."

Due to the event's popularity, visitors are asked to purchase tickets online and in advance. The event will happen rain or shine. To reserve a ticket, inquire about participating in the event or for more information, please visit <https://www.osv.org/event/redcoats-rebels/>.

The 2024 Redcoats and Rebels event is sponsored by Dexter-Russell, the largest and oldest manufacturer of professional cutlery in the U.S. Dexter-Russell is headquartered in the town of Southbridge.

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There are plenty of reasons to call a junk removal service. Maybe walking through your basement has gotten difficult or there is no more room in the attic? Perhaps you are planning to move, and you need to declutter before your open house?

Figuring out who to call can be challenging. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2005. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with eight trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Affordable Junk Removal specializes in house and estate

Business spotlight

cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting.

Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a



ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger,

then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs before you call for an appointment. There aren't any hidden costs or surprise fees with Affordable Junk Removal.

Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

Contact Affordable Junk Removal and let a local small business take care of everything for you. Call Jay Schadler at (774) 287-1133 or visit us online at www.affordablejunkremoval.com.

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Hometown Musical Heroes and Legends

Mill Villages Park in South Grafton will be the site of a free music concert at 3 p.m. Saturday, August 3 featuring three Grafton musicians. Bob Jordan, Rob Ledoux, and Joe Kuras - all Grafton High graduates - will feature in this premiere celebration of Grafton-bred talent.

Each of these "local legends" has made their mark in Grafton, and beyond, both in music and the arts.

Jordan, as a performer and recording artist, DJ, promoter and author has hosted concerts at Mill Villages Park in eight of the last 12 years. He lived in Grafton Center from 1949 to 2015 and now resides in Winchendon.

Kuras entertains with quirky songs on the five-string banjo. Joe has lived in South Grafton his whole life and has several published books under his belt, most notably, "Grafton Chronicles" with Jane Wilson.

Ledoux has fronted bands such as Hip Civilians, and the Brit Wits among many others and is an accomplished visual artist as well. Rob grew up on Airport Hill has traveled

down the Blackstone to South Grafton where he now lives. He is currently presenting the ROB SHOW full-time at

elder facilities all over New England. In fact, all three musicians spend a lot of time entertaining at nursing homes, assisted living facilities and senior centers.

All ages are welcome, and seniors are especially welcome, as are any alumnae of Grafton High, with the classes of 1967, 1972, and 1979 being most welcome. We hope folks will be able to reconnect with old classmates and acquaintances while enjoying the diverse offerings of our three musicians.

The concert is made possible, in part, through the support of the Grafton Cultural Council with funds administered by the Mass. Cultural Council, a state agency. Homefield Credit Union and the Town of Grafton have provided additional support.

The rain date is Sunday, August 4 at 3 p.m.

For more information, contact Bob Jordan 508-873-1767 or magundi@live.com



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Senate approves \$500K for 1 Grafton Common building

Bill awaits reconciliation with House of Reps and governor's signature



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The Massachusetts Senate unanimously passed a comprehensive economic development bond bill that makes investments in life sciences, climate tech, and small businesses, including \$500,000 for Grafton economic improvements.

The earmark was negotiated by the state senator for Grafton and Millbury, Michael Moore (D-Millbury) and is meant to fund repairs and improvements to the 1 Grafton Common building. The funds are part of \$2.86 billion in bonds authorized in "An Act Relative to Strengthening Massachusetts' Economic Leadership." The Act

will stimulate new and proven industries, support workforce development and talent retention, and modernize economic growth strategies.

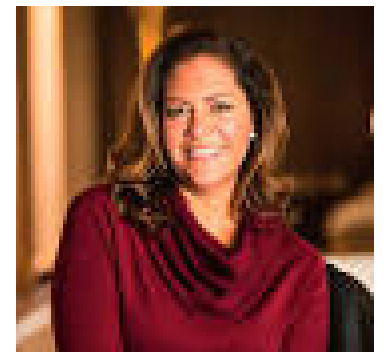


The support in S.2856 extends to small businesses, communities, and cultural development, ensuring that main street businesses across the Commonwealth benefit from the economic boost.

New Executive Director for Blackstone Valley Education Foundation

Blackstone Valley Education Foundation (BVEF) announced the appointment of Dr. Erin Conley as its new Executive Director. The Blackstone Valley Education Foundation's mission is to enrich education by connecting member schools with local businesses to prepare students for the workforce.

With an initial focus of primarily awarding small grants to schools, today BVEF's 15 member and affiliate member school districts benefit from more extensive programming and services thanks to partnerships with local businesses. "Preparing the next generation to be successful in a global economy is work that I am deeply passionate about and I look



forward to working with Blackstone Valley Education Foundation in envisioning how to prepare primary and middle school students as well as educators for the workplace of tomorrow," Dr. Conley said. Conley holds a B.S. in Elementary Education from Bucknell University, an M.S. in Special Education from Southern Connecticut State University, a certificate in Educational Leadership from Sacred Heart University, and an Ed.D. in Curriculum, Instruction, and Leadership from Northeastern University. Her dissertation work centered on how to prepare educators for integrating career connected learning into core curricula, emphasizing the essential skills required for success in tomorrow's workforce and society. For more information about BVEF and to stay updated on our latest initiatives, please visit <https://www.bveducation-foundation.org/> or contact Dr. Erin Conley @ 508-234-3133 x8888.



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Grafton Events

- The Grafton Farmer's Market is open on the Grafton Common every Wednesday for the summer produce season, from 2 to 6 p.m.
- Grafton Recreation Concerts on the Common: Bring a chair to relax and enjoy a great summer of music on the Common, Thursdays at 6:30 p.m. (Schedule is subject to change) Aug. 1 Dock 10 ; Aug. 8 Holdin' Back the 60's; Aug. 15 Claflin Hill Symphony; Aug. 22 Northern Fried Revival. Concerts funded by Grafton Recreation and their sponsors. Presenting sponsor: Grafton Cultural Council; sponsors: Savers Bank and CSR Financial Services; Supporting sponsor: Gaudette Insurance and Swirls and Scoops. This program is supported in part by a grant from the Grafton Cultural Council, a local agency which is supported by the MA Cultural Council, a state agency.
- Silver Lake is open! Pad-

- dling Nights: Aug. 6 and Aug. 13, 6:30 to 8 p.m. at Silver Lake. For individuals and families. Lead by Fin and Feather from Upton. Registration fee and boat rental. See Grafton Rec. site for details.
- Family Fishing Clinic: July 30, 6 to 8 p.m. at Silver Lake Beach. Learn how to fish with the Mass Wildlife Angled Education Program. Free. For ages 6 and up. Register at GraftonRec.com.
- Paw Patrol: Now scheduled for Aug. 21. Bring your pet, lawn chair and blanket for a movie under the stars on Grafton Common. Movie begins at dusk, around 7:30.
- Collectibles Fair: September 7, 10 a.m. to 3 p.m. at the Grafton Municipal Gym. Toys, cards, sports memorabilia, coins, comics, records. Rent a table or come to buy!
- Grafton Public Library 35 Grafton Common, 508-839-4649.

Email info@graftonlibrary.org. Confirm programs online at www.graftonlibrary.org/events. Library hours are: Monday through Thursday, 9 a.m. to 8 p.m.; Friday 9 a.m. to 6 p.m. and Saturday, 9 a.m. to 2 p.m.

- Senior Center Grafton Belts Out the Oldies on Friday July 16 at 1 p.m. Join the featuring singalong some of the classics. No talent required.
- Book Club Selection for August. "A Long Petal of the Sea" by Isabelle Allende. The book is available at the library. The book club meets in person and also by email and has phone conversations about the books, first Wednesday of the month.

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Grafton's Business Scene

BY CHRISTINE GALEONE

For many, summer is a time of day trips to the beach, camp adventures and concerts under a canopy of stars. It's generally a slower-paced season that features balmy breezes and relaxation. It's not typically a time when people look for opportunities.

But opportunities abound throughout the year. And in Grafton, there are several that are already available or fast approaching.

From 5 p.m. to 8 p.m. on the

grounds adjacent to the Grafton Police Department on Tuesday August 6, for the 17th year, the GPD will return to joining with many police departments across the country to hold a National Night Out block party to give families a unique opportunity. It hopes to further strengthen the bond it has with residents. There will be family-friendly activities, kids' activities, safety tips and literature, free food, games, prizes and music. Additionally, free children's bike helmets, child identification kits and gun locks will be given away.



Join the Grafton Police Department to celebrate the 17th Annual National Night Out on August 6.

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In the coming weeks, there will be a chance for many to expand their cultural horizons. The Nipmuc Nation A Time for Healing Pow Wow will be held Sunday July 28 beginning at 10 a.m. It will be hosted by the Nipmuc Nation Tribal Council at 25 Main Street in Grafton.

Premier Sport Taekwondo in North Grafton is offering opportunities through a variety of classes and special offers. Premier Sport Taekwondo, www.premierkick.com, teaches martial arts, karate, taekwondo and self-defense classes for kids, teens and adults. Although they might be sold out by the time this column goes to press, special

highly-discounted two-week passes to the studio's martial arts classes are being offered until mid-August or until they sell out. They include the Adult Taekwondo classes and Teen Taekwondo classes.

For people who would like to try planting a garden, it's not too late. There are at least two Grafton businesses that have been announcing summer sales on vegetable plants and annuals lately. Perreault Nursery & Landscape Supply in North Grafton and Pete's Oasis at Blackstone River Farm in South Grafton might have just what you're looking for.

In North Grafton, Houlden Farm, the multi-generational

family-owned farm gives people the chance to buy fresh locally grown produce. It sells a variety of its produce – including its highly anticipated ears of sweet corn, which the farm just began harvesting this month – along with dairy items, baked goods and more.

Whether you want to support local farmers while savoring fresher produce or you want to support our local police while enjoying family fun and safety tips, the opportunities are there. And you don't have to forego summer relaxation to take advantage of them.

Contact Christine with your business news items at cmgaleone15@gmail.com.

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Blackstone Heritage Corridor Seeks Nominations for John H. Chafee Heritage Awards

The John H. Chafee Blackstone River Valley National Heritage Corridor (BHC) is seeking nominations for the John H. Chafee Heritage Awards, which honor individuals or groups that have worked on projects, programs, and institutions that promote



H. Chafee and recognize citizens

cultural heritage, the preservation of natural areas, and/or those who strive to enrich the quality of life in the Blackstone River Valley.

BHC established the award to honor the late Senator John H. Chafee and recognize citizens

and organizations whose work in the Blackstone Valley embodies Chafee's vision and ideas. Recipients include community leaders, preservation heroes, business partners, environmental advocates, and students whose achievements resulted in public benefit.

To nominate someone for the award, submit a nomination form citing their accomplish-

ments. There is a separate category for students. Find the form at BlackstoneHeritageCorridor.org/john-h-chafee-heritage-awards. Nominations must be received by September 15, 2024, and can be

mailed to the BHC office at 670 Linwood Avenue, Whitinsville, MA, 01588, or emailed to Devon Kurtz at dkurtz@blackstone-heritagecorridor.org.

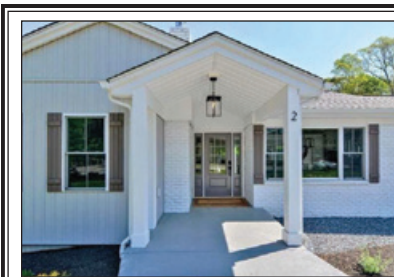
Steamers at Sunset

The Blackstone Valley Chamber of Commerce is holding its annual Steamers at Sunset Event at The Barn at Blissful Meadows Golf Club, 801 Chocolog Road, Uxbridge from 5:30 - 7:30 p.m. on August 14. This signature event is a celebration of summer with friends, colleagues and chamber members. Enjoy great food, music and fun activities. Don your finest Hawaiian attire for a chance to win the coveted Golden Lobster Award! Lobster dinner tickets are \$110 for members (\$135 future member) steak tickets are \$90

(\$120), chicken tickets are \$80 (\$110) and a Beyond Burger vegetarian option is \$75 (\$100).

Your ticket includes a variety of passed hors d'oeuvres and a choice of steamers or corn chowder. All dinners include a garden salad, your pre-selected choice of steamers or corn chowder, baked potato, summer vegetable and light dessert. Cash bar available. Lobster is market price. RSVP by August 7.

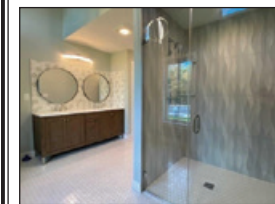
To register, visit the BVCC website at www.blackstonevalley.org/event/



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Antique Cars at Willard House

The Willard House Clock Museum is hosting an antique car event on Saturday, August 10 from 10 a.m. to 4 p.m. at 11 Willard Street., North Grafton featuring beautifully restored Ford Model A's and Model T's. Car restoration experts from Yankee Ingenui 'T's, Central Mass model T Ford Club, Minuteman Model A Ford Club, Worcester Country Model A Club and Blackstone Valley Model A Club will be on hand to discuss their projects with you. A food truck and craft beer will be available. Admission is free, courtesy of UniBank. Rain date is August 11.



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Grafton student places at SkillsUSA competition

Blackstone Valley Regional Vocational Technical High School student Cooper Often of Grafton earned sixth place in the Mechatronics competition at the annual SkillsUSA National Leadership & Skills Conference in



Atlanta, Georgia, June 24-28.

The event is the world's largest showcase of career and technical education students. The highlight of the conference is the SkillsUSA Championships, where more than 6,500 outstanding career and technical education students – all state contest winners from across the nation – compete in 110 hands-on skill and leadership competitions. Students work against the clock and each other, proving their expertise in occupations such as

electronics, computer-aided drafting, precision machining, medical assisting, and culinary arts.

“Our students continually strive to perfect the skills needed to compete against the best vocational-technical students in the SkillsUSA District, State, and National Championships,” said Superintendent-Director Dr. Michael Fitzpatrick. “In 2024, our students proved their technical skills are among the best in the country by earning 165 medals at all three levels. The following BVT students placed in the top 10 at the 2024 SkillsUSA National Leadership and Skills Conference Championships and earned Skill Point Certificates.

Kallie Allen proudly and professionally represented Skills USA Massachusetts and BVT as the national officer candidate elect. National Voting Delegates, Charlotte Lewis, Elizabeth Moroz and Nicolette Paradis campaigned all week to successfully elect a Massachusetts delegate to the National Office. Elizabeth Moroz of Millbury was a National Voting Delegate.

Millbury voting information

Saturday, August 24 is the last day to register to vote and first day of early voting for the Spet. 3 election at Millbury Town Hall, 127 Elm Street, large conference room. Hours are 9 a.m. – 5 p.m.

This will be a dual election including the state primary and the town election for the Blackstone Valley Technical Vocational High School debt exclusion

question. There will be two ballots. Early voting at Town Hall will take place Tuesday, August 27 from 8 a.m. – 7 p.m. in the large conference room.

The election will be held on September 3, the official polling place for all precincts is located at the Millbury Junior/Senior High School gymnasium, 12 Martin Street. Polling hours are 7 a.m. – 8 p.m.

For voting by mail and absentee voters. When you receive your mailed ballot there will be an instruction sheet like the one pictured. Please follow these instructions to ensure your ballots are processed properly.

Debt-exclusion Town Ballot

The September 3, 2024 election will be a **dual** election:

The State Primary
AND
The Town Election for BVT Debt-Exclusion

Vote by Mail and Absentee Voters will have TWO (2) brown envelopes, TWO (2) ballots, and TWO (2) white returning envelopes.

One (1) brown envelope and One (1) white envelope will be stamped **TOWN**

One (1) brown envelope and One (1) white envelope will be stamped **STATE**

Please put each ballot in its corresponding brown envelope AND corresponding white envelope and return it to the Town Clerk's office.

For questions regarding the dual election, please visit the Town Clerk's website at www.millburyma.gov/town-clerk/pages/elections-voting-information

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Healthier Baking in the Blackstone Valley

BY CHRISTINE GALEONE

The toaster oven is one of the greatest things since sliced bread – pun quite intended. It's an especially laud-worthy appliance during these summer months. When the temperature soars like it has recently, nobody wants to be

stuck in the kitchen standing near a hot stove. But you shouldn't have to take a break from baking if you don't want to. That's one of the advantages of having a toaster oven.

This Toaster Oven Tropical Crisp is ideal for summer days and nights. It's a scrumptious complement to both family dinners and

lunches with friends. And it's healthier than most summer treats.

Pineapple contains plenty of vitamin C, which boosts the power of your immune system and might help fight heart disease, cancer and arthritis, and pineapples are rich in fiber, B vitamins and manganese. Additionally, it's believed to be the only food that contains an enzyme called bromelain. Bromelain aids in skin and tissue repair, and it fights inflammation.

Cherries are also an excellent source of fiber. Additionally, they contain vitamins C, A and K. And the popular stone fruits have calcium, magnesium and potassium. Since they're also full of polyphenol antioxidants, they can reduce inflammation and help protect against heart disease.

The walnuts, which contain healthy fats, are heart-healthy and brain-healthy nuts that are excellent sources of omega-3-fatty acids,

½ Cup of Cherries
½ tsp. of Cinnamon
1 tbsp. of Flour

Ingredients for Crisp Topping:

½ Cup of Quick or Old-Fashioned Oats
¼ Cup of Chopped Walnuts
¼ Cup of Brown Sugar
2 tbsp. of Light Olive Oil (or Butter) for Baking
1 tsp. of Cinnamon

Directions:

Rinse all the fruit that's fresh. Mix together the fruit with the rest of the filling ingredients. Spread the mixture evenly in two mini pie plates. Mix together the crisp topping ingredients, adding the olive oil last, so it can coat the mixture. Sprinkle the crisp topping over the filling in each mini pie plate. Bake at 350 degrees in a pre-heated toaster oven for about 20 minutes. Remove from the oven and let cool for about 15 minutes. Serve warm. Enjoy! Makes about four servings

If you don't have a toaster oven, there's no better time to buy one. If you do, there's no better time to bake this tropical treat. Happy (healthier) baking!



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What's happening now: openskycs.org/news-events
Connect with us on Social Media: linktr.ee/valleycast

ValleyCAST's mission is to foster a creative and engaged community in the Historic Blackstone Valley that is inclusive and supportive of all people with and without disabilities. ValleyCAST is the arts & culture arm of Open Sky Community Services.



Take Down the Wall Presents: OPEN MIC NIGHTS

TDTW Open Mic is an inclusive opportunity for musicians and poets of all abilities - **ALL are welcome!** Have fun with monthly themes, meet new people, and share your talent in this encouraging environment. Performers, please come early to sign up!

Doors open at 6pm

July 13 Freedom Rocks

Aug. 10 Grill at The Mill

Sept. 14 Magic Mania



Volunteer Opportunities

Volunteers needed for our monthly Open Mic Nights:

- set up/breakdown crew
- stagehands
- concessions assistant
- set design
- and more!

Interested? Please contact michelle.benjamin@openskycs.org

Are you the next Club 21 Discovery Member?

We are seeking members of the community to partner with individuals with intellectual/developmental disabilities and mental health challenges as Discovery Members in our Club 21 program.

- Do you enjoy meeting new people and building friendships?
- Do you need more fun in your busy life?
- Are you interested in getting to know your community?
- Do you want to make a difference in someone's life?

If you said "Yes" to any of these, contact us at club21@openskycs.org for a no obligation informational meeting.

For more information about these opportunities and more visit openskycs.org/communitymembership



LIVING WITH LUKE

amyleclaire@hotmail.com

Luke Visits Armsby Farm

BY AMY PALUMBO-LECLAIRE

Two things came to mind during my first visit to Armsby Farm, Sutton. First, I wanted to find a natural based body lotion for my skin. Second, I thought about my pup. Oh, how Luke would love it here! “BAA!” The goats welcomed me with blatant enthusiasm. Their calls echoed a time of innocence and childhood storybooks. Wide eyed and curious, a few stretched their necks from the edge of the pen. Others, unimpressed, chewed on hay.

“BAA!”

Check out our lotions!

“BAAAAA!”

We have unscented!

“BAA!”

We are milked two times per day by hand!

Twelve years ago, if you told Misha Brigham, a former banker from the Czech Republic, that she'd be milking, bottling and freezing the milk of seven healthy goats, she'd have told you, you're crazy. Yet here she is in the small town of Sutton living a dream built on devotion,

hard work, and unconditional love for goats who, ahem, expect to be milked in the same order. Misha and her husband, Justin, brought home seven two-week old female goats during the spring of 2022 with a vision to, first, care for goats and, next, create something more. The goats were a birthday present to Misha. Little did she know that she was about to receive a gift even greater.

The couple bottle-fed the goats immediately so that they would easily transition from mother's teat to bottle nipple. Two years later (late January/early February 2024), Misha found herself camping out (for five days) in the barn to await the births of goats she had come to know and love. She facilitated the births of sixteen healthy goats. “I kept visiting the barn to see when it was going to happen. I couldn't wait and it seemed as though they knew I was supposed to be there. One goat had a kid unexpectedly and it caused chaos. Goats like their routine to stay the same. Every single birth was a different experience. Each of the goats did it differently and had her own little things that worked to deliver healthy babies. The experience was stressful, joyful and overwhelming. I wouldn't have it any other way,” she shared. “To witness a living thing being born was indescribable.”

The day had come for Luke to visit the goats of Armsby Farm. He couldn't believe his nose.

“It smells like a goat was here!!” Nose planted to the ground, and with Misha's permission, he pranced into the barn on a mission to greet new friends. “BAA! BAA!” He sensed Misha's acceptance for him and nestled beside her. “Go ahead, Luke. Come on up.” She tapped on the counter of the kids' wooden pen. “I can watch them up close?” He rested his front paws on the wood and reveled in the sight of so many goats. “You remind me of a dog with a long neck. Your eyes are so big!” He twitched his nose and smiled with the charm of an entitled pedigree golden retriever.

“BAA!” The goats responded with cautious approval. Misha went on to share a story that's become a folktale, told and retold to Armsby Farm clients who take home a piece of Misha's goat-love—sold in a two-ounce, four-ounce, or eight-ounce pump bottle.

“I've never done anything like this before,” Misha admitted. “It was something unbelievable. I had so many emotions and cried a bit. The goats and I take morning strolls through the meadow each morning before being milked. They are trained to stay together and stay by my side.”

Luke listened with a leonine grin and looked up at Mother Goat. “But how about play time? Do your kids like to play?” A natural animal-person; Misha scooped up a goat and set her down outside of the pen to greet a rambunctious Luke. “BAA!! Who let the dog out? I'm not comfortable! I'm not comfortable!”

The freed goat darted and hid between Misha's legs as though auditioning for a Scooby Doo episode. Luke respected the kid's wishes with a hyper air of charm. “Don't let



Above, Luke faces a goat. Below, Luke warms up to Misha.

my big head fool you. I'm afraid of my own shadow at times. See ya!” Then he galloped out of the barn and romped up the meadow hill, alongside the fence border.

“The girls are a handful, aren't they?” Malcolm, the bearded stud of Armsby Farm, stood tall and wise at the top of the hill where he eyed Luke. Despite some early “reluctance” to do his job, he became a proud father of sixteen goat kids (Misha ending up keeping four babies). Intoxicated by the farm; Luke lied on his back and rolled around foolishly, as though to brand the meadow with a lotion titled Luke's Scent.

“Luke, please!” I scolded my pup. Good behavior on the grounds of the Billy Goat of my childhood seemed reasonable. Luke snapped to a seated position. “Can I have a sleep-over?” A piece of straw hung like a pipe from the corner of his mouth.

We decided to lock Luke up in his own pen quarters while I took more notes about the lavish Armsby Farm. “Am I in a time-out? The hay in this prison cell smells soooo good!” He sniffed and smiled and sniffed some more. “Any chance I could get a glass of water?” Misha grabbed a bucket, filled it with water, and set it down. Luke's eyes bloomed. “That water bowl is so big!”

We chatted some more about Misha's lotions and soaps, and she shared with me her love for the creative process of concocting lotions that are as lustrous as they are varied. She sells lavender, pink mimosa, hickory and suede, coconut paradise, sage and lemongrass, and clover and aloe, among several others. Misha and Justin, additionally, plan on progressing to a small farm operation; growing vegetables,



seasonal items, and eggs. “We hope to add to the already thriving farms in the community.”

A sense of gratitude for the circle of life came over me during the drive home from Armsby Farm. I thought about the goats, first being loved and bottle fed, then growing to become nurtured mothers who provide rich milk for the well-being of others. Where would we be without a Mother's Love? Meanwhile, Luke popped his head out of his travel crate, grinned, and watched the cars go by. I couldn't help but imagine the bumper sticker of Luke's car, should he learn how to drive.

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REAL ESTATE

How Long Will It Take To Sell My House?

You want your house to sell fast. And you may be wondering how long the whole process is going to take. One way to get your answer, work with a REALTOR! They have the exper-



BY MARK MARZEOTTI

ise to tell you how quickly homes are selling in your area and what's impacting timelines for other

sellers. That way you have realistic expectations and can work together to come up with a plan that's based on today's market. One of the factors a great agent will walk you through is the supply of homes for sale and how that impacts your process.

Over the past few months, the number of homes for sale has increased. This is good news when you move because it means you'll have more options as you search for your next home. But it also means buyers have more to choose from, so if your house doesn't stand out – it may take a bit longer to sell. Available inventory is made up of new listings

(homes that were just put up for sale) and active listings (homes that were already on the market but haven't sold yet). And if you look at data from Realtor.com you would see a good portion of the recent growth is from active listings that are sticking around.

Think of the homes on the market like loaves of bread for sale in a bakery. When a fresh batch of bread is put out, everyone wants the newest and hottest one. But if a loaf sits there too long, it starts to get stale, and fewer people want to buy it. The same goes for homes. New listings are the freshest and most sought-after. But if a home isn't priced correctly, doesn't show well, or it doesn't have an effective sales or marketing strategy behind it, it can sit on the market and become less appealing to buyers over time.

A REALTOR will help your house stand out and sell quickly. Timing is important to you. You want to get this done, fast. By leaning on a pro, they'll make sure your listing is fresh and doesn't stick around long enough to go stale. As the National Association of Realtors (NAR) explains: "Home sellers without an agent are nearly twice as likely to say they didn't accept an offer for at least three months; 53 percent

of sellers who used an agent say they accepted an offer within a month of listing their home."

Your agent will factor the recent inventory growth into their plan and create a customized selling strategy for your house. The supply of homes for sale can vary a lot by area. So they'll do things like share their valuable insights into what's happening with supply in your market, help you price your home correctly, and create a marketing plan that gets your home noticed. Don't let your listing get stale, reach out to a REALTOR or real estate professional today to make sure your listing is fresh and appeals to buyers from the start. It makes a big difference. If you want your house to sell fast, you need to work with a REALTOR at The Marzeotti Group. Connect with a local agent, so you've got someone who understands the current market trends and how to build a strategy around those factors, so your house is set up to sell quickly.



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TALES FROM BEYOND

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Abram's Rock

BY THOMAS D'AGOSTINO

This story is from our upcoming book, *Ghosts of King Philip's War* due out on July 22, 2024. The book is filled with legends, ghosts stories, and haunted places from the war and subsequent skirmishes that took place years after the last treaty was signed. If you are looking for a nice small hike with a lot of history and perhaps a ghost, Abram's Rock is the perfect place to visit.

At the outset of King Philip's War, several tribes chose to remain neutral for various reasons. Most of the converted, or praying Indians sided with the English. Members of the warring tribes often dissented and pledged their allegiance to the colonies much like the Tories of the American Revolution pledged their allegiance to the throne instead of fighting for independence from the mother country. This is the legend of one of those dissenters during King Philip's War called Abram by the English.

Abram was a renegade Christian praying Indian who deserted the Wampanoags during the conflict in favor of siding with the English.

Abram became very close friends with the English, so much so, that there were rumors circulating among the Wampanoag that he even had an English girlfriend. This made Philip, whose real name was Metacom, very angry as Abram knew much of Philip's plans and strategies regarding the proposed annihilation of the enemy. Philip sought to take Abram back and sent a search party out to find him.

In the meantime, Abram had found a towering rock he used as a hiding place and lookout. The west side of the large boulder had a natural room formed by other large boulders. This was where he lived in seclusion for several months until he was found and captured. Philip, being merciful at the time, gave him a chance to live. Abram was given the choice of leaping from the massive formation three times or instant death. Abram chose to take a chance and leap from the rock. Some historians argue Abram voluntarily performed the act as a testament of his loyalty to Philip.

Tradition says he successfully completed the first and second

leaps unscathed, but the third one became his demise. Legend has it that his ghost can be seen leaping from the rock, then appearing again at the top for another leap. The third time the ghost attempts to leap, he vanishes. Perhaps he is still trying to complete the task he failed. Sometimes a dark silhouette, alleged to be the ghost of Abram, is seen at the top of the rock looking down as if contemplating whether to leap or not off the precipice. The shade then suddenly vanishes into thin air.

Whether a hike out to the rock reveals a ghost or not should not deter one from soaking up the history and atmosphere of the place.

Abram's Rock is in Village Park behind the Swansea, Massachusetts Town Hall and Library complex at 81 Main St. The trail leading to the rock is easy and there are signs to follow. One trail heads straight toward the site while another takes hikers past the cemetery in a more circular route that is both pleasant and scenic. The natural room formation is still there and is called "Abram's Bedroom" as that is where he allegedly lived during his months of hiding.

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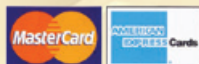
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SPORTS

First Time For Everything

BY CHRISTOPHER TREMBLAY.
STAFF SPORTS WRITER

As a field hockey and basketball player Sutton's Katerina Quill was not only looking for something to do during her free time in the spring, but she also wanted to try something totally out of the ordinary. Eventually she settled on giving tennis a try. "I was just looking for some-

the sport entailed a lot of physicality and movement on the field while always communicating; it was all based around team unity. Tennis, she quickly found out was much more strategic.

Playing third singles as a freshman she found that she was not able to win a lot of her matches.

"Losing a majority of my matches that year was very discouraging, but it just made me want to work

the net quicker and with precision. Improvement continue to come with the more that she played the game and although she liked playing singles, she was moved into the first doubles tandem during her second season, where she has played the past two seasons along side Laura Sullivan.

Sullivan was a year older than Quill and had previously played the sport, so she was a big influence on Quill's ascension though the sport.

"Playing doubles, I immediately found that I really loved it much more than playing singles," Quill said. "Having a partner instead of being on the court all alone was so much better and while it was a totally different game I was enjoying it. We seemed to work well together, pushed each other, and knew not to get down as we'd get the next one."

Sutton girls tennis coach Mike Zagame believes that Quill doesn't try to do too much but seems to be in the right spot all the time.

"She's a very consistent and detail-oriented player, which helps her considerably when she's playing in the doubles format," the Coach said. "Over the years her confidence has increased and although she is a very quiet individual, she definitely lets her game do her talking."

Zagame went on to say that Quill has a powerful shot that allows her to take calculated risks and her ground strokes and serves have become phenomenal this past season.

When she returns back to school later in the year, she will be a senior taking part in her final seasons with Sutton and although that is something all high school students look forward to, Quill will be without her partner for the past two years and is unsure of what the

harder," she said. "While I only had a few wins, I found that a lot of my losses were my fault due to mistakes that I was making allowing my opponents to get points."

Knowing that she didn't have a strong game, Quill began working continuously on her strokes, hits and serves; things were a challenge to the newcomer, but she continued to work on her game while improving.

Playing basketball and field hockey had given her the speed and agility to allow her to get to



thing to do in the spring, but I wanted it to be something that I had never done before," Quill said. "I had some friends who played tennis and figured that it would be a nice relaxing sport, but soon found it was very physical as well as mental."

Despite not being what she originally thought the sport would be she did find that she enjoyed playing the sport and decided to stick with it. Here entire life she played sports that were team oriented the then freshman found that she was more at ease playing an individual sport and definitely like the change of pace on the tennis courts.

Although the sport was not what she had thought it was when she signed up, she eventually overcame the mental aspect of the game and it did become a calming sport for her to take part in. However, that relaxing atmosphere would take time. As a freshman she not only made the varsity team for the Suzie's, but she was the team's third singles starter.

"That first year I had absolutely no knowledge what so ever of the sport of tennis," she recalled. "I couldn't tell you what I was expecting as I didn't know the game."

Having taken part in field hockey for years Quill noted that



future holds for her on the tennis courts.

"With Laura graduating I'm not sure where I will be playing next year. I'm hoping that I return to doubles, but I will be open to wherever the Coach puts me," the rising senior said. "I'd prefer doubles as that's where I've played the last two years and I've gotten used to it."

Quill may be hoping to returning to doubles, but her Coach is unsure of what the new season will bring.

"With her senior partner gone, there will be an opening on the first doubles team," Zagame said. "I am not sure what I am going to do - do I keep her here or move her up to singles?"

Having such a dilemma will leave Zagame scratching his head

over the next nine months before the girls all return next spring. One thought that has crossed his mind is that Quill has a younger sister, who as a freshman this year played second doubles - could she be a fit with her older sister? The Sutton Coach will not know until next spring when the team reassembles and then and only then will he know what he has and who may or may not mesh.

In the meantime, Quill knows that she will continue to work on her basics during the off-season while also train on different aspects of playing singles or doubles once they return for the season next spring. Singles or doubles, she believes that she be ready for whatever the coach eventually decides is best for the team.



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THE CAR DOCTOR

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Yearly oil changes are a must even if vehicle is seldom driven

Q. I have about 1,000 miles on my 2005 Corvette since the last oil change two years ago. Do I need to get oil change for the upcoming car show season and driving season? Also, we flushed the coolant and added fresh Dex-Cool-antifreeze three years ago, is that okay and should it be changed?

A. I am a big believer in yearly oil changes even when a car only goes limited miles. Oil does not deteriorate sitting but short drives can contaminate oil. One alternative to low mileage oil changes is periodic oil analysis. Having a lab check an oil sample will tell you about the overall oil quality and contamination. As for the coolant, generally Dex-Cool is a coolant with a lifespan of five years.

Q. A vague haze seems to accumulate on the inside of our windshields. On days of temperature change and

humidity the inside windshield fogs. Fortunately, the defroster clears it efficiently. We are wondering why this happens. A few wipes with SprayWay glass cleaner will clean it off until the next episode. This recent time that I changed my cabin filter I was advised that many times the filter is changed and sprayed with a scent. I did not scent my filter. Might this spray be the cause?

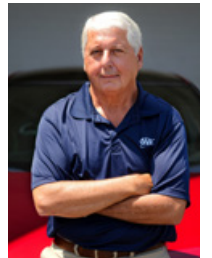
A. As you pointed out, it is the temperature change that causes the issue. SprayWay and some people say shaving cream, works in the car just like it does to some extent on a bathroom mirror, it helps prevent the moisture/steam build up or adhesion of moisture. Opening the windows slightly to adjust the temperature can help, as well as adjustment of the heater/air conditioner temperature. But realistically it is just like fog on the road, moisture and temperature are the culprits. As for the filter, no I do not think that is the issue.

Q. I have read about things exploding inside cars in hot weather, such as spray paint, hand sanitizer, and even soda cans. Is this real or another urban myth? Also, how hot can it get in a car on a 90 degree day?

A. One 90-degree day I left a thermometer in a car just to see how hot it would get. At the peak heat of the day about 2:30 the car reached about 135 degrees. The TV show MythBusters, busted the soda can myth stating it took over 300 degrees for the can to burst. Most spray paint cans warn against storing at over 120 degrees. Hand sanitizer contains alcohol and is flammable but will take temperatures higher than the interior of a car on a hot day to spontaneously combust. My advice combustible materials should never be stored in a vehicle. And most

importantly never leave a child or pet in a hot car, heatstroke can happen in just a few minutes on a very hot day.

Q. At about 27,000 miles my wife was told by the dealer that her 2018 Subaru Legacy required rear brakes at a cost of about \$700. I always thought that the front brakes wore out before the rear ones. I also thought that there is a law that requires the installer to return the old parts to the owner if requested.



BY JOHN PAUL

A. Generally, you are correct, the front brakes do about 70 percent of the braking which is why they wear out faster. Still some cars will wear out rear brakes quicker than others. Some Honda Accords from 10 years ago were wearing out rear brake in as little as 20,000 miles. Regarding the returning of old parts. In Massachusetts where I live, you have the right to your old parts back if you request them. If the repair shop must return the old parts to the parts manufacturer or another entity under a warranty arrangement or core charge, then you have the right to inspect the parts before they are returned.

Q. I have been having this issue with my car lately and no one has a clear answer for it. And one of my neighbors told me to reach out to you about this issue. It is a 2018 Honda CRV LX AWD making horn sound only after using A/C and turning off the engine. My Honda dealer said

CAR DOCTOR
continued on page 21

"Where Summer Gladly Shines its Countenance Upon The Valley!"

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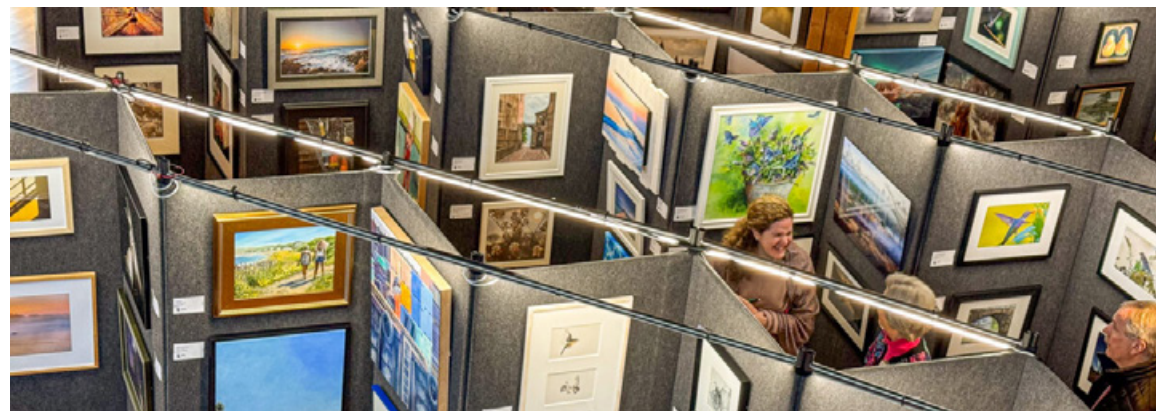
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Small Stones Festival of the Arts call for submissions

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ruary 2, 2025, when it will return to its wonderful new location, the Brigham Hill Community Barn, 37 Wheeler Road, North Grafton, thanks to the courtesy of Community Harvest Project. This year's Art Call for the Festival will open from September 15 through October 15, 2024.



The Festival is a collaboration of the Worcester County Camera Club and the Blackstone Valley Art Association, now in its seventh year. It exhibits fine art painting and fine art photography. Work chosen for the juried in-person exhibition as well as prize winning entries will be selected by an independent panel of distinguished jurors. Once they are announced, the selections can be read about on the Festival's website, www.smallstonesfestival.org.

Art work exhibited at the Festival will be selected from approximately 500 submissions and will include 144 fine art paintings (including drawing, sketches, ink

and other 2D productions) and fine art photographs (including film based, digital, infrared and alternative processes). There are strict restrictions on the size of work that can be exhibited. Works chosen for the exhibition will be published in the annual hard-bound catalog. All submissions will appear in the Web Gallery.

The prizes for both photography and paintings are as follows: First Place - \$500; Second Place - \$250; Third Place - \$100; Juror's Choice - 3 Ribbon Awards; Popular Choice - Ribbon Award.

There is a nonrefundable submission fee of \$10 per entry. A maximum of five entries per artist. Up to two may be selected for in-person exhibition by our jurors. You must submit a high-quality photo of your work, suitable for inclusion in the catalog.

For more information on regis-

tering and submitting your work, visit smallstones2025.artcall.org

CAR DOCTOR

continued from page 20

there is a hole in the radiator, and it is causing this sound, but I do not see any coolant leaking, engine overheating and coolant level is stable. The A/C works fine, dealer claims that AC compressor is fine, and wants to charge me \$1430 for replacing the radiator, and I feel like it would not resolve the issue. Please help me find a solution.

A I agree that it is not the radiator for all the issues you stated. I believe it is the air conditioner expansion valve that is causing the noise. The part is \$100 and about 1.5 hours to replace it plus a refrigerant recovery and recharge. Still, it should be checked just to make sure it is not some other odd, part failure. In case it comes up I believe the AC com-

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NOTE: Community bulletin board-type items are welcome for inclusion in the Happenings! section of the Xpress newspapers. Please allow enough lead time for publication. Email your calendar or event notice to news@theyankeeexpress.com.

SATURDAYS, THROUGH AUGUST 31

• Douglas Farmers Market from 9 a.m. – noon. Rain or Shine. Held at the historically significant E. N. Jenckes Store Museum, 283 Main Street, Douglas. Explore various vendors and support local businesses. Visit the museum and learn about preservation

SATURDAY, AUG. 3

• Collectibles, Cards, and Craft Show Coming to Charlton. Charlton City United Methodist Church (74 Stafford Street, Charlton) will once again host Dynamic Collectibles, Cards, and Craft Show from 10 a.m. - 4 p.m. Planned as a quarterly event, the show will be jam-packed with vendors and feature lunch, baked goods, and other goodies. The previous show, held in May, attracted over

150 people. Entrance is free, but purchases support a number of non-profit organizations partnered with Charlton City UMC. Partial proceeds will support Abby's House in Worcester, a heat fuel assistance program for Charlton seniors, and UMCOR (the Methodist disaster relief agency). Donations will also be collected at the door for Target ALS. Further information, including vendor inquiries: Joe Dupont. joedupont@dynam-iccardcollectors.com.

• Get a dose of a wider range of classic rock from the Great Garage Band Reunion from 5-8 p.m. (Rain date: Aug 17.) Dudley Grange is next to Nichols College, 139 Center Road, Dudley. Shows are free and sponsored by the Dudley and Massachusetts Cultural Councils. Bring a picnic (no alcohol) or get some snacks from the bake table and enjoy!

WEDNESDAY, AUGUST 14

• The Blackstone Valley Chamber of Commerce invites members and prospective members for its signature event, "Steamers at Sunset" held at The Barn at Blissful Meadows Golf Club, 801 Chockalog Road, Uxbridge. The event runs from 5:30-7:30 p.m. Lobster, steak, chicken or vegetarian options. Prices range from \$75 - \$110 for members, higher for prospective members. Passed hors d'oeuvres, choice

HAPPENINGS!

continued on page 23



INDIAN RANCH SUMMER CONCERT SERIES

OVERLOOKING WEBSTER LAKE • 200 GORE ROAD, WEBSTER, MA

TICKETS ARE ON SALE NOW!

ALMOST QUEEN
A TRIBUTE TO QUEEN
WITH SPECIAL GUEST STEVE LEONARD
JULY 27 • 1PM

THE CONCERT
A TRIBUTE TO ABBA
AUGUST 2 • 7PM

BADFISH
A TRIBUTE TO SUBLINE
WITH SPECIAL GUEST FOO!
AUGUST 3 • 1PM

GRACE POTTER
AUGUST 4 • 1:30PM

TRIBUTE TO ELTON JOHN & BILLY JOEL
FACE 2 FACE
AUGUST 9 • 7PM

Ripe
SUMMER beach party
AUGUST 10 • 12:15PM

The Beach Boys
ENDLESS SUMMER GOLD
AUGUST 11 • 1PM

TYLER HUBBARD LIVE
AUGUST 11 • 1PM

GET THE LED OUT
A CELEBRATION OF "THE MIGHTY ZEP"
AUGUST 23 • 7PM

Little Feat
CAN'T BE SATISFIED TOUR
AUGUST 24 • 1PM

ROK FEST 2024
DRAW THE LINE
AUGUST 31 • 12PM

BRETT YOUNG
LIVE IN CONCERT
SEPTEMBER 7 • 1PM

SEVENTH ANNUAL
AUGUST 22 • 12PM

CHRIS JANSON
SEPTEMBER 29 • 1PM

FOR COMPLETE SCHEDULE AND TICKETS, VISIT WWW.INDIANRANCH.COM

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(12PM - 9PM)

SUNDAY
(12PM - 8PM)

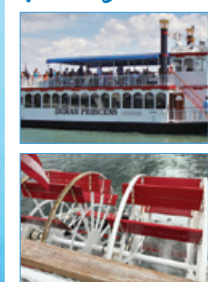
For reservations, menus, and more information, visit WWW.SAMUELSLATERS.COM
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MARGARITAVILLE CRUISE	JUL 26 • 6:30PM
LAKE TOUR CRUISE	JUL 27 • 10AM
YACHT ROCK DANCE PARTY CRUISE WITH CHUCK PERKS	JUL 27 • 6:30PM
LAKE TOUR CRUISE	AUG 2 • 4PM
LAKE TOUR CRUISE	AUG 3 • 10AM
SUNSET CRUISE	AUG 3 • 7:30PM
LAKE TOUR CRUISE	AUG 4 • 11AM
LAKE TOUR CRUISE	AUG 9 • 4PM
LAKE TOUR CRUISE	AUG 10 • 10AM
SUNSET CRUISE	AUG 10 • 7:15PM
LAKE TOUR CRUISE	AUG 11 • 10AM
SUNSET CRUISE	AUG 16 • 7:15PM
CHILLIN IN THE 90'S CRUISE WITH CHUCK PERKS	AUG 17 • 6:30PM
LAKE TOUR CRUISE	AUG 18 • 10AM
LAKE TOUR CRUISE	AUG 23 • 4PM
MARGARITAVILLE CRUISE	AUG 29 • 6:30PM
SUNSET CRUISE	AUG 30 • 6:45PM
SUNSET CRUISE	AUG 31 • 6:45PM
SUNSET CRUISE	SEP 6 • 6:45PM
BOOGIE NIGHTS/DISCO DANCE PARTY CRUISE WITH CHUCK PERKS	SEP 18 • 6:30PM
MARGARITAVILLE CRUISE	SEP 26 • 6:30PM
HALLOWEEN BOOS CRUISE WITH CHUCK PERKS	OCT 18 • 6:30PM

FOR FULL CRUISE SCHEDULE AND TICKETS VISIT WWW.INDIANRANCH.COM/CRUISES
CRUISING WEBSTER LAKE • 200 GORE ROAD, WEBSTER, MA

HAPPENINGS!

continued from page 22

of steamers or corn chowder. Garden salad, baked potato, summer vegetable and light dessert. Cash bar. RSVP by August 7.

THIRD WEDNESDAY OF EACH MONTH

• Coin Show at the VFW Post 1385. 13 Cross Road, Uxbridge. 3-7 p.m. Free Admission, Free Appraisals

Prayer



Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God. *Believer*

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Mona Liza Pizza	Tuscany Pizza
Teriyaki Chicken Pizza	BLT Pizza
Quattro Formaggi Pizza	Taco Pizza
Steak Bomb Pizza	
Margherita Pizza	
Sweet & Sour Chicken Pizza	
Chicken Broccoli Alfredo Pizza	
Veggie Pigrim Pizza	
Chicken Bacon Ranch Pizza	
Puttanesca Pizza	
Mad Max Cordon Blue Pizza	
Cheeseburger Pizza	

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- SEAFOOD • SOUP
- APPETIZERS
- SALADS

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PRE-REGISTRATION ENDS 8.14.2024



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To Benefit The WCC 100th Anniversary Renovation Projects

Mon., Sept. 16, 2024
9:00am-2:00pm

Blissful Meadows Golf Club
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Tee Off 9:00am, Dinner Immediately Following

Hole-In-One Contest,
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Register online or at the WCC's Member Services Desk!



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The Golf Tournament is an event of the Whitin Community Center, a non-profit 501(c)(3) organization