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Citrus Heights Messenger

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Vet to Celebrate 100th Birthday



Barbara Brewer, center, in blue, stands with some of her family. Photo courtesy of Bev Hawkins

By Annie Kerr

SACRAMENTO REGION, CA (MPG) - It's not every day that a figure in the community turns 100 years old, let alone a World War II veteran.

Barbara Brewer, a longtime area resident and World War II veteran, will turn 100 on Aug. 13, a feat that not many can say they have accomplished.

Messenger Publishing Group recently spoke with Brewer via FaceTime to learn more about her and the century she has lived

through. Despite her age, Brewer, sharp and delightful, shows deep passion for her country.

Born in 1924 in Panguitch, Utah, Brewer battled a "tough" childhood that included being orphaned at age eight. But with gall and determination, Brewer persisted.

Shortly after graduating high school, Brewer and one of her good friends moved to Long Beach, California in 1942. She immediately took a job as a welder on the Liberty

ships, which were used during the war.

"She was a real Rosie the Riveter," her daughter, Bev Hawkins, said.

Two years later, in 1944, Brewer joined the Army and was stationed in Fort Benning, Georgia.

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Help Your Pets Beat the Heat



Be cautious with swimming: Supervise pets when swimming in pools or natural bodies of water. Use life jackets and avoid swimming in strong currents or water that is too cold. Image by Joshua Choate from Pixabay

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Extreme heat waves continue to affect Sacramento County and it's crucial for pet owners to ensure their furry friends stay safe and comfortable. When temperatures rise, pets face increased risks of heat-related illnesses. Here are some essential tips to help your pets beat the heat:

Never leave pets in parked cars: Even on mild days, the temperature inside a parked car can rise rapidly, turning it into a deadly trap. Leaving pets unattended in cars is both dangerous and illegal in California.

Hydrate: Always provide fresh water for your pets to keep them hydrated. If your pet is experiencing a heat-related illness, never give them cold water to drink or soak in. This could shock their system.

Avoid peak heat hours: Schedule walks and outdoor activities during cooler parts of the day, such as early mornings or evenings. Hot asphalt and concrete can burn your pet's paw pads, so test the surface with your hand first.

Provide shade and cool environments: Ensure outdoor pets have access to shaded areas and fresh water. Indoors, keep them in air-conditioned rooms or use fans to improve air circulation.

Use sunscreen: Pets with light skin or fur are susceptible to sunburn. Apply pet-safe sunscreen to sensitive areas like their ears and nose.

Be cautious with swimming: Supervise pets when swimming in pools or natural bodies of water. Use life jackets and avoid swimming in strong currents or water that is too cold.

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NCOA Plays a Vital Local Role

By Omella Rossi

SACRAMENTO REGION, CA (MPG) - The Non Commissioned Officers Association (NCOA), a military service organization established in 1960, plays a vital role in supporting members across all United States Armed Forces branches and their families from Rancho Cordova and the greater Sacramento area through programs and initiatives.

With a mission focused on enhancing quality of life and supporting the professional development of non-commissioned officers, the association operates under the motto "Strength in Unity." Throughout the year, the organization raises funds through various programs and allocates them to area veterans in need.

The Non Commissioned Officers Association also collaborates with the Rancho Cordova Area Chamber of Commerce to promote community recycling events, enhancing



Retired Chief Master Sergeant Sullivan presents Noncommissioned Officers Association Vietnam Medallions. Photo courtesy of Tammy Sullivan

environmental sustainability efforts.

A cornerstone of the association's support is the partnership with Volunteers of America for the Sacramento Stand Down, a multi-day event providing critical services such as legal aid and medical and psychological treatments to homeless veterans. The Non Commissioned Officers Association

contributed more than 500 towels for veterans in need at the event.

"It's an opportunity to help those veterans to be cared for," said Non Commissioned Officers Association International Auxiliary President Tammy Sullivan. "It happens all over Sacramento. Some of our most recent locations include Placer County and Elk Grove."

Another significant program involves the association's partnership with the Veterans Administration (VA), where representatives actively assist in securing homes and furniture for homeless veterans. The association operates four warehouses in Rancho Cordova for storing donated items. Members meticulously maintain a list of

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Local WWII Veteran to Celebrate 100th Birthday

Nonprofit Community Support Fund Open for Applications

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“It was right at the time,” Brewer said when asked why she joined. While in the Army, Brewer worked as a dental assistant and was also on the Army softball team.

“I had great officers,” Brewer said.

However, it was no easy task to be a woman in the military at the time. Brewer said women faced marriage discrimination, meaning the married men in the military had significantly more privileges than the married women did. But, Brewer emphasized, she thoroughly enjoyed her time in the Army and “liked what she did.”

Brewer met her future husband, Bill, while in the Army, and they were married at Fort Benning.

“I would’ve stayed in the Army if I hadn’t gotten married,” Brewer said. “I loved it.”

In 1952, Brewer and Bill had three sons and they relocated to Sacramento, where Bill worked as a civilian employee at McLellan Air Force Base. The couple later added a daughter and another son to their family and the Brewers raised their children in Citrus Heights.

In the 65 years she lived in Citrus Heights, Brewer immersed herself in the local community. She was a devoted Citrus Heights Women’s Club member,



Barbara Brewer, recently photographed, will turn 100 on Aug. 13. Photo courtesy of Bev Hawkins

bowled in a league at Fireside Lanes, and frequently played pinochle at Rush Park. She “loved” living in Citrus Heights and remarked how “friendly” the people there are.

Later, Brewer moved to Atria Carmichael Oaks, where she lived for the past three years before recently relocating to Colfax to be with family.

Now living with her son and daughter-in-law, Brewer is always surrounded by many of her family members.

With five children, 10 grandchildren, and 16 great-grandchildren,

Brewer has raised quite the brood. When asked how she plans to celebrate her 100th birthday, Brewer said her big family is coming into town and they plan to celebrate with her.

So are there any secrets to making it to 100?

Brewer kept it short and sweet and emphasized the importance of hygiene, saying, “Have good teeth and a healthy diet. And stay clean.”

She made sure to leave some patriotic words of inspiration, especially to women: “All girls should go into the military,” Brewer said. “Don’t be afraid to join.” ★

Citrus Heights News Release

CITRUS HEIGHTS, CA (MPG) - Since July 16, nonprofit organizations can submit Non-Profit Community Support Fund applications. Applications will be accepted until 4 p.m. Aug. 16.

The Non-Profit Community Support Fund Program is a vital resource dedicated to strengthening and improving the overall quality of life in Citrus Heights. This program provides financial assistance to nonprofit organizations that provide

services to Citrus Heights residents.

City officials are pleased to announce that \$150,000 in grant funding is available for eligible applicants in the 2024/2025 fiscal year.

To view the application requirements and how to apply visit the Non-profit Community Support Fund webpage at citrusheights.net/1323/Non-profit-Community-Support-Fund.

For questions regarding the program or application, email communityengagement@citrusheights.net. ★

Edible Food Recovery Microgrants Available

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Capital Food Access Alliance – a regional collaboration between Sacramento County and the cities of Citrus Heights, Elk Grove, Galt, Folsom, Rancho Cordova, Sacramento – has released Edible Food Recovery Microgrants to help local organizations expand their capacity to accept food donations for distribution throughout the community.

Award amount: applicants can request a minimum of \$5,000 and a maximum of \$25,000.

Grant application period: applications are accepted now through November 2024. Applications will be reviewed once

per month. Notifications of award will be provided on a rolling basis.

The grant term will last six months. Grant funds must solely benefit food recovery efforts in the Sacramento County region, and this grant does not require matching funds or cost-sharing.

Capital Food Access Alliance may extend or reopen the application cycle and launch a larger grants program with higher funding limits.

To learn more about and register for this grant, visit the Capital Food Access Alliance grant overview webpage at <https://capfoodaccess.org/overview>.

Applicants will need to register with Capital Food Access Alliance to access grant information and apply. ★

Help Your Pets Beat the Heat

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swimming in pools or natural bodies of water. Use life jackets and avoid swimming in strong currents or water that is too cold.

Recognize heatstroke symptoms: Watch for signs like excessive panting, drooling, glazed eyes, rapid pulse, lethargy, vomiting and collapse. If you suspect heatstroke, move your pet to a cool area and seek immediate veterinary attention. Gradual cooling helps stabilize their internal temperature without causing additional stress or shock to their system.

For more hot weather pet tips and to learn how to spot heat-related illnesses in pets, visit the Animal Care Services website at <https://animalcare.saccounty.gov/Pages/default.aspx>.

Looking to adopt a pet? Visit the shelter at 3839 Bradshaw Rd. in Sacramento, open Tuesday through Sunday noon to 5 p.m., and Wednesday noon to 6 p.m.

For a list of available animal care services, including walk-in licensing and how to report a lost or found pet, visit the Animal Care Services website. ★

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Handel's Ice Cream is Coming to Citrus Heights

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - A delicious, cold treat is coming to Citrus Heights as a new Handel's Homemade Ice Cream store at 8055 Madison Ave. looks to open soon in the Almond Orchard Shopping Center.

Carol Sitzenstatter, first vice president for commercial services for Ray Stone, Inc. of Sacramento, confirms the lease of a 3,500-square-foot anchor position in the plaza that faces Madison Avenue. Sitzenstatter handled the lease transaction for the landlord, Matt Goldstein, with Galleli Real estate as the tenant representative.

Blake and Melissa Carlile, owners and franchisees of the new Citrus Heights location, and five others in the Sacramento area, say they are looking for a late September opening date.

Melissa Carlile is a former teacher in the Sacramento area, turned ice cream entrepreneur, and her husband, Blake, is a firefighter with Metro Fire. Together the couple have four children, the youngest under age seven.

The Citrus Heights store will be the couple's sixth location in six years and its largest store, she said. Together, the couple have also opened Handel's Homemade Ice Cream stores in Folsom, Roseville, Elk Grove, Natomas and Rancho Cordova.

"I'm excited to bring Handel's Ice Cream to Citrus Heights and nearby Fair Oaks," Melissa Carlile said.

The city boundary line between Citrus Heights and Fair Oaks is divided by Madison Avenue.

Carlile said the success of their other five stores encouraged them to consider looking for an additional location for further local expansion. A vacant 3,500-square-foot anchor space in the Almond Orchard Shopping Center fits their requirements, offering ample parking and a safe area where families can enjoy a cold, refreshing ice cream treat.

"This will be our largest store and we're planning to include a separate



Melissa and Blake Carlile pose with their four children. The couple are the owners and franchisees of a new Handel's Homemade Ice Cream store at 8055 Madison Ave. in Citrus Heights in the Almond Orchard Shopping Center, which is expected to open in late September. Courtesy photo

area for parties and special events," she said.

Interior construction has required the demolition of existing concrete flooring and the installation of new drainage to handle the requirements of multiple ice cream freezers, she said.

Store staff will fluctuate seasonally, Melissa Carlile said. She expects to hire up to 30 employees before the store's opening, she said: "For many, it's a great first-time job and a perfect job for high school students."

As of January, Handel's operates 125 corporate and franchise stores in 12 states.

A Handel's Ice Cream franchise typically involves the establishment and general operation of a retail ice cream parlor, according

to the company. Approximate start-up costs range from \$311,000 to \$936,000, according to the company with an initial franchise fee of \$50,000.

Handel's Ice Cream originated in Youngstown, Ohio and is continuing to open franchise locations across the West.

According to the company, Handel's features almost 50 different flavors of ice cream that are made fresh daily by hand in all its stores. The ice creamery began in 1945 with Alice Handel's signature strawberry ice cream recipe.

Handel's is known for its four-scoop ice cream sampler, piled-high three-scoop cones, milkshakes and a wide range of seasonal and popular ice cream flavors that is typically available for take-out by the scoop,

in a bowl, a sundae or cookie sandwich, on a cone or in a pint.

The company has grown from a local favorite on the East Coast to a national brand with locations opening across the country. The company continues to use Alice Handel's original methods and recipes.

"The space where Handel's Ice Cream will open was previously filled by a commercial office tenant and that space had been vacant for some time," Sitzenstatter said. "Interior construction work only recently has started, so it's too early to know their opening date."

Miller's Ace Hardware, also located in the plaza nearby, adjacent to the Vitalant blood donation center, recently celebrated its first anniversary of business in the plaza.

Physical improvements to the

Almond Orchard Shopping Center are continuing, with the addition of new monument signage, new flags and fresh landscaping throughout the shopping plaza, Sitzenstatter said.

"We continue to actively market the few spaces which are available in the Almond Orchard Plaza, and we are targeting nail salons and more restaurants to complement Fabians Italian Bistro & Bar, Pastry Heaven Bakery, Kork Sips & Snacks, El Balcon Taqueria and Del's Pizza, which are located here," Sitzenstatter said.

Said Melissa Carlile, "The Handel's Ice Cream store will be a great new addition to The Almond Orchard Plaza which is a very family and community-focused center." ★

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NCOA Plays a Vital Local Role

Continued from page 1
veterans' needs and available resources, ensuring efficient matching and furnishing of homes with appliances and furniture. Additionally, they facilitate direct delivery of these essentials to veterans' residences, further enhancing their support efforts.



The Noncommissioned Officers Association sponsored a tee at the Veterans of Foreign Wars (VFW) Cherry Island Golf Tournament for a membership drive. Photo courtesy of Tammy Sullivan

Association members also plan to increase outreach efforts to connect with the Veterans Village residents in Sacramento.

The Non Commissioned Officers Association members had an informational booth June 20 at the annual Rancho Cordova Business Expo & Job Fair.

"As a result of the business expo, we were able to start a partnership with JumpKing to acquire used, yet functional beds and mattresses for donation," Sullivan said. "We see a huge demand for these items when it comes to this program."

The Non Commissioned Officers Association also collaborates with Move America Forward, a non-profit military charity based in Sacramento, to assemble and send care packages for troops overseas, showcasing the organization's commitment through practical, community-driven initiatives.

"I'm proud of our collaboration with the Veterans of Foreign Wars where we raise money to buy appliances such as grills and commercial toasters," said Scott Rodowick, the auxiliary chapter treasurer, reflecting on some of the association's initiatives. "These items are integral to our participation in barbecues, which serve as outreach programs aimed at keeping everybody connected."

Sullivan highlighted unique challenges faced by veterans in the region, including the need for stronger peer-to-peer connections due to the absence of active military bases nearby. To address this, the Non Commissioned Officers Association organizes events such as the Irreverent Warrior Silkie Hike, an annual veteran-only hiking

event in Rancho Cordova, fostering camaraderie and support among veterans. Additionally, members emphasize support for post-traumatic stress disorder (PTSD) treatment and aim to improve coordination among veterans' organizations for more effective outreach.

Area residents, businesses and volunteers interested in supporting the Non Commissioned Officers Association's mission can engage through volunteering opportunities listed on the association's website at ncoausa.org or by following its social media presence. Sullivan emphasized the importance of community awareness and involvement in bolstering their efforts to assist veterans effectively.

"There are so many ways and varying levels of degrees to get involved," Rodowick said. "It's a great group of wonderful people and the greatest gift is when you are helping others. Especially those that put their lives on the line to give us the freedoms we enjoy today."

The Noncommissioned Officers Association meets regularly in Rancho Cordova and other locations throughout Sacramento, with monthly gatherings aimed at fostering community and support among members. Two local chapters include the Central Valley and the Spirit of Sacramento Auxiliary Chapters comprising about 90 members in the Sacramento area.

When asked why residents should join the Non Commissioned Officers Association, Sullivan emphasized the organization's responsibility to veterans and the community.

"We enjoy the freedoms of today because of those veterans and sometimes this gets lost," Sullivan said. "We all have someone or know someone that has put that uniform on and that uniform represents this country and everything this country stands for. We should honor that."

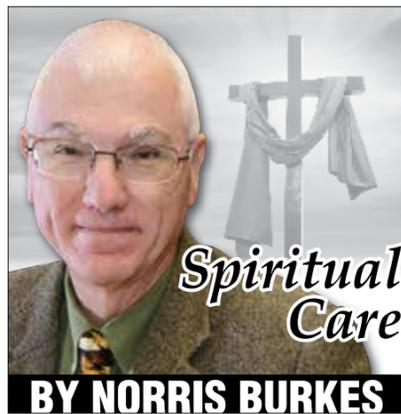
Rodowick said that members do not have to be connected to the military to join. Anyone can be a part of the organization.

Active Noncommissioned Officers Association members are throughout the greater Sacramento region, according to Sullivan, including in Rancho Cordova, Citrus Heights, Placerville, Lincoln, Plumas Lake and Elverta.

The Noncommissioned Officers Association Central Valley Chapter Number 1551 and Spirit of Sacramento Auxiliary Chapter Number 270 host meetings at 7 p.m. the first Wednesday of every month at Veterans of Foreign Wars Post 4647, 3300 U St. in Antelope. All are welcome to attend.

For more information on the Non-Commissioned Officers Association and how to get involved, visit its website at ncoausa.org. ★

My Limitless Limitations



"A man's got to know his limitations," is the famous advice given by Clint Eastwood in his role as Dirty Harry, in the 1973 movie, "Magnum Force." As a spiritual columnist, I see some spiritual awareness in those words.

While my limitations are unlimited, I can briefly share three settings where it's helpful for me to "know my limitations."

Three Things I'm Too Inept to Manage

I can't seem to learn Italian so I can order a venti or grande iced tea at Starbucks. I remind the clerk, "This is America, darn it. Give me the Jumbo Super Slurper."

I'm unskilled in the self-check line at the grocery store. Those computer voices fluster me. They sound too much like creepy Hal in 2001 Space Odyssey, just endlessly repeating, "Unauthorized item in the bagging area."

I can't manage accuracy when the grocery store asks for my personal information on the store application for "preferred card." I don't need the avalanche of junk mail, text messages or email spam they bring, so I use the name "Ima Snooty."

Three Things I'm Too Clumsy to Accomplish at Church.

I don't care to hug strangers. This limitation is a trait of the INFP, a type from the Myers Briggs personality test. The letters stand for "Introverted, Intuitive, Feeling, and Prospecting" and, according to the test, an INFP "tends to be quiet, open-minded, and imaginative, and they apply a caring and creative approach to everything they do."

As an INFP, I sometimes feel like I'd rather run to my car after my sermon than stay around and hug people.

I'm unable to think of the word that fills in the "fill-in-the-blank" sermon outlines found in many church bulletins. These

outlines are akin to karaoke and were popularized by the now-retired evangelical pastor Rick Warren.

I'm too rhythmically challenged to clap to the beat of contemporary church music. I have to make a choice: sing or clap. And since people tend to get hurt when I clap, I stick to singing.

Three Situations Where my Faith is Stronger Because it's Limited

On a more serious note, I'm a man who acknowledges his faith limitations.

I cannot, will not, tell you that your faith and beliefs are wrong and mine are right. Some Christians are fond of quoting John 14:6 concerning Jesus being the only way to God. But if you are reciting the verse to other faiths, you are not sharing your faith, you're shouting your condemnation.

I won't impose my faith on you in a public situation by giving a public prayer when I know that the audience may not be of my faith. Because, if I only pray what doesn't offend me and -- you can only hear what doesn't offend you -- then we dilute both of our faiths.

I won't debate you. I'm not going to argue religion with you. Neither will I engage in disputes over abortion, the death penalty, theology, politics, evolution or the existence of God. I will, however, engage in a thoughtful examination of the issues. Maybe it's the INFP personality, but my dad taught me that it can take more courage to walk away from an argument.

That's enough of the negative limitations. Before I finish, let me tell you where I tend to be limit-less.

I try to be an example of struggling faith. "What is that?" you ask. Struggling faith recognizes that no one has faith completely figured out. God is too big to be contained in one religion. We can learn things about faith from people of other faiths, and even from people who profess no faith at all.

I want to follow the direction of I Peter 3:15: "Be ready to speak up and tell anyone who asks why you're living the way you are and always with the utmost courtesy."

Finally, if you ask me, I will pray with you without limits. My prayers are voiced in plain English without the "thee" and "thou" from King James's Old English. However, given my touch of ADD, the prayers won't be a grande or a venti size prayer, just a small one.

Just don't ask me to do one of those huggy prayers. After all, a pastor really should know his/her limitations. ★

New California Law Aims to Address Teacher Shortage

California Commission on Teacher Credentialing News Release

SACRAMENTO, CA (MPG) - The California Commission on Teacher Credentialing is optimistic that a new state law intended to address the teacher shortage will help eliminate barriers to the profession and attract more prospective educators into classrooms.

Senate Bill 153, signed by Governor Gavin Newsom on June 29, and effective immediately, allows for a qualifying bachelor's degree or higher in any subject to be all that is needed for an individual to demonstrate basic skills required for admission to most teacher preparation programs.

This means that if an applicant holds a bachelor's degree or higher from a regionally accredited institution of higher education, teacher preparation programs will no longer need to verify demonstrated competence in reading, writing, and mathematics through any other options, including passing the California Basic Skills Examination for Teachers (CBEST) or performing a transcript review.

"This change in state educator preparation policy represents a major shift that will benefit the vast majority of prospective educators in California," said Mary Vixie Sandy, executive director, California Commission on Teacher Credentialing.

"Now is a great time for anyone with a qualifying bachelor's degree or higher who has considered teaching to take the next step to pursue their passion for education and apply to one of the state's many accredited teacher preparation programs."

The Commission's recent teacher supply annual report to the Legislature tracked an

11.2% year-over-year decrease in the number of new teaching credentials issued between 2021-22 and 2022-23. In the most recent 2022-23 fiscal year data, there were 14,636 new teaching credentials issued compared to 16,484 the previous year.

"The CSU greatly appreciates the state's decision to recognize the bachelor's degree as demonstration of basic skills competence for educator credentials," said Commissioner Shireen Pavri, assistant vice chancellor of the Educator and Leadership Program at California State University.

"We believe this is exactly the right move toward reducing barriers for those considering teaching, counseling, and other education professions in California."

The State of California has provided approximately \$1.6 billion since 2016-17 to address the teacher shortage.

The 2022-23 state budget funded eight career counselors staffed at the Commission on Teacher Credentialing to provide one-on-one assistance to anyone interested in becoming an educator.

These experienced staff members serve as career guidance counselors, credentialing experts, subject matter experts, and resource specialists for individuals seeking to make the transition into a PK-12 educational career.

The Commission on Teacher Credentialing offers the following resources for those interested in pursuing a teaching credential:

- Roadmap to Teaching
- Career Counselor Appointment Request
- Approved Teacher Preparation Programs
- Funding Your Future in Teaching

For additional information on how to become an educator in California, contact credentials@ctc.ca.gov. ★

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California Has Seen Many Towns Created, But as Population Drops a Big Project Has Stalled



By Dan Walters, CALMatters.org

When California emerged from its colonial beginnings nearly two centuries ago and began coalescing into a distinct society, its towns and villages tended to be located either on navigable rivers, such as Sacramento, or around the 21 missions that Spanish explorer priests had established, such as San Diego.

In the late 19th century, with California having experienced a massive population boom during the Gold Rush and become a state, entirely new communities sprung up. These settlements were often carved out of farm and ranch land by developers and railroads, the small San Joaquin Valley city of Hanford being one of the latter.

For example, the small villages south of San Francisco, such as Hillsborough, were designed as refuges for the wealthy from the noise, pollution and violence of San Francisco — and eventually led to the formation of San Mateo County as a protective bulwark.

The creation of new towns continued for most of the 20th century. In Orange County, the descendants of 19th century ranchers converted chunks of their vast holdings into new towns to absorb the region's massive post-World War II population growth.

The most spectacular example was — and still is — the City of Irvine, named for a

ranching family, and home to a quarter-million people and a major University of California campus. Dick O'Neill, heir to a huge Orange County cattle ranch, created two cities — Mission Viejo and Rancho Santa Margarita.

On the outskirts of Sacramento, along the Cosumnes River, another ranching family successfully created a stand-alone community called Rancho Murieta.

Creating new towns can be a risky endeavor. Developers can spend millions to plan their new communities and install infrastructure but may wait decades to see a profit.

California City, in the Antelope Valley 100 miles north of Los Angeles, was founded in 1958, but its remote location and somewhat inhospitable terrain and climate made attracting residents difficult. It's still there and has about 15,000 residents, but that's way short of the original ambition.

Mountain House, created three decades ago in a corner of San Joaquin County to attract commuters to Bay Area jobs, also struggled, particularly during the collapse of the housing market during the Great Recession. However, it survived: Today it has about 25,000 residents and on July 1 became an incorporated city.

The Tejon Ranch, an immense cattle ranch in the Tehachapi Mountains, has been trying for decades to create a new residential community, but it has faced massive opposition from environmental groups. It is finally beginning construction on an apartment complex.

That brings us to California's latest effort to carve out a new community, this one in a rural portion of Solano County.

California Forever, a

company backed by Silicon Valley billionaires, quietly — even sneakily — bought more than 50,000 acres of ranchland, after which it finally revealed plans for a new community that would eventually have 400,000 residents.

The secrecy and scope of the project generated immediate opposition, particularly after the company said it would seek approval via a November election ballot measure, bypassing hurdles such as the California Environmental Quality Act.

With approval by Solano County voters in doubt, California Forever has shelved its ballot measure. Company officials say they now will strive to gain popular support before proceeding.

The explosive growth that California experienced in the first 170 years of its existence as a state has now abated, probably for good. California has been losing population in recent years and at best it will probably see population stagnation in the future.

That said, California still has a housing shortage, and state policy is to encourage infill projects in or near cities rather than developing open spaces, which California Forever would do.

The chances for California Forever to join the ranks of new town developers are slim at best.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. He began covering California politics in 1975, just as Jerry Brown began his first stint as governor, and began writing his column in 1981. ★

Kings Korner

By V.G. Harris

The NBA summer league is over, but changes to the Kings ultimate roster for the upcoming season are not nearly over.

GM Monte McNair has earned his stripes by consistently making solid moves that will give Sacramento Kings fans potentially the best NBA team they've seen since the Webber/Bibby era, in which the Kings won a gaudy 61 games in 2021/22.

At this juncture, making predictions that would rival that season seems ludicrous, but make no mistake about it, McNair has his sights on a 60-win season, and he's scouring the NBA and beyond to find components that will get this franchise to that end.

The power forward position continues to be a point of focus, and although the Kings recently acquired Orlando Robinson, the search continues for a true rim protector that can play defense and add even a modicum of scoring while he's on the hardwood.

Potentially, that player could be a bench player for the Portland Trailblazers by the name of Robert Williams III. At 26 years of age, Williams' best playing days are still in front of him, and his seven points and six rebounds a year ago for the Trailblazers doesn't tell the full story. At 6'9" and 250 lbs., Williams is a true shot blocker, and the thinking here is given more playing time, this young man could become a true double-double threat.

The Kings are all too familiar with a double-double threat, as big man Domantas Sabonis has led the NBA in double-doubles the past two seasons, while leading the entire NBA in rebounding at the same time. Imagine if the Kings could surround this stevedore with just a little more support around the rim!

The only Sacramento King currently playing basketball in the Paris Olympics is none other than Trey Lyles, and although he's had a less than stellar performance so far for his home country of Canada, I remain convinced that if used correctly for the Kings, Lyles not only could give the Kings a boost in the upcoming season, he could actually break into the starting lineup.

Most pundits think I'm crazy, but I have

always seen a higher ceiling in Trey, and the only way we will ever know if I'm right, is to increase his playing time.

Trey is a consistent three-point shooter and solid rebounder behind Domantas, and I believe as the Kings continue to search for power-forward solutions, they should look no further than their own bench.

I have to believe that Monte McNair shares some of my zeal for this talented big man, or we would have already seen him in either a trade or trade rumors.

The real question is not McNair, but coach Brown. During last season's campaign, there was no consistent rotation for Lyles coming off the bench, and he went through stretches in which his minutes were sparing to say the least.

For any player, and particularly a big man, there must be that vote of confidence, that is demonstrated by his consistent time on the court, and that includes hardwood time during the last five minutes of a game. Show him that you trust his game when it means the most, and watch his confidence grow.

I give Mike Brown high marks for understanding how to bring along Keon Ellis, but his reluctance to use Trey Lyles when the Kings are starving for front-court players, remains a mystery to me.

The summer league did reveal that the Kings have a burgeoning star in your Boogie Ellis, who did pretty much what he wanted to against opposing summer league players. Boogie has been invited to training camp, and although the Kings remain guard heavy, Boogie's instant offense and frenetic defense means he deserves a closer look. At only 23 years of age, the Kings want to make sure they don't pass on a guard that may very well portend happy times for their future.

The big man/power forward rumors are ubiquitous, but I'm convinced that Monte McNair has at least one more notable move to make, and it's my educated guess it will come in the form of a power forward.

Stay tuned this off-season as its roster moves aren't over yet!

All the best, Kings fans! ★
Your thoughts are always welcome at vgharriskingsfan@gmail.com

PoppTalk

With Mary Jane Popp

Be a Dog with a Bone

You may not be the biggest or the prettiest dog in the pack, but if you want the secrets to success, fulfillment, and happiness, then Peggy McColl says you grab it all with gusto. Her bone is her dream, and you can have yours too with her book "Be A Dog With A Bone." Peggy says dogs can teach us a lot about reaching our goals, so roll over the following tips and find out how to grab your own goals and dreams and roll in the bliss of success and contentment.

1. What is your bone...your goal? A dog knows a good bone when he sees one and goes for it. Chomp on your goal, chew it over, then grab hold and ignore that little voice that says you can't.

2. Be a little dog with a big attitude. Don't think small. Dream big! Be excited about your goal, feel entitled to achieving it, and experience the feelings you'd feel if you'd already reached it. Think little lap dogs barking at a big German Shepard,

3. Get out of the dog house. Be courageous and believe in yourself. See challenging times as a terrific opportunity to leave behind the security of what you once knew and look again at what you might create for yourself.

4. Only ingest things that are good for you. A little poison, or negativity, can strongly affect you. If looking at all the obstacles facing you is making you sad, angry, or scared, stop!

5. Learn new tricks. We're always

having to learn something new. Stop thinking "it's too late" or "I'm too old."

6. Bark for what you want. Don't be shy. Speak up for yourself. If you want people to help you, approach them and ask.

7. Don't chase your tale. Let go of behaviors that are not serving you anymore. Take a look at your habits that are holding you back, and let go of them.

8. When you think you've reached the end of your leash, give yourself a little more leash to work with. Think positive thoughts and stretch past your comfort zone. Stop believing that your power to change your life is limited.

9. Wag your tale! The more you feel happiness and appreciation for what you have, the easier it will be to achieve your goal. Look at all that's working in your life already.

10. Keep your nose wet. Stay healthy. You'll need to feel good and have stamina if you want to reach your goals. Eat well, exercise, and get your rest. Even take a nap.

Peggy has a final thought for us. **Lap us your success.** Get excited and celebrate your successes! If you do, it will lead to more successes! A dog can be deliriously happy over a bowl of water, and he'll lap it up eagerly!

Check out Peggy and her dog Pablo on YouTube for some fun. Oh, and hang on to that bone with much relish and **WOOF to your SUCCESS!** ★

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Social Security Matters

Does Congress Pay Into Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I've been told that members of Congress do not have Social Security deducted from their pay; Additionally, that their retirement dollars come from the Social Security Administration purse even if they only serve as a member of Congress for a short number of terms. Also, if this is true, are there other individuals that enjoy these advantages?

Thank you in advance for your service as a Social Security Advisor. **Signed: Concerned Senior**

Dear Concerned Senior: I'm afraid this is one of those "urban legend" kind of rumors that just seems to keep popping up, especially when the issues surrounding Social Security's financial problems come up. In addition to being untrue, it often is used to display the public's animosity toward elected officials and the feeling that Congress—and other elected officials—are

above the fray, so to speak, and therefore not affected by the implications of Social Security's looming insolvency problem.

Here's the reality. Since January 1, 1984, all members of Congress, the President and Vice President, Federal judges, and most political appointees, are covered under the Social Security program. The rumor that these elected officials do not pay Social Security tax most likely is attributable to the fact that from 1920 to 1983, they were participants in the Civil Service Retirement System – CSRS – the federal retirement plan federal workers used even before the Social Security Act was passed. CSRS provided a pension for federal employees, so they were exempted from contributing to or collecting from the new Social Security program.

In 1987, then, the federal government officially changed over to FERS – the Federal Employee Retirement System – and all employees hired from that point forward are now covered under FERS. There are multiple parts to FERS, and one of them is mandatory FICA contributions. So, all federal employees—including members of Congress—are subject to the 6.2% FICA tax, are eligible for Social

Security retirement benefits, and are governed by the multitude of rules and regulations associated with Social Security. But other than standard SS benefits which they may normally be entitled, no Social Security funds are used to supplement Congressional retirement.

In other words, the rumor that Congress didn't pay into Social Security was actually true prior to 1984, but today it is a misstatement of fact. And the federal employee retirement plans (both the prior CSRS plan and the current FERS plan) are totally independent of Social Security and do not negatively affect program solvency.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

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BIRTHSTREAM 8-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05190
Bloo Investments, Inc, 4541 Woodhawk Way, Antelope, CA 95841 is doing business under the Fictitious Business Name(s) "Melas Auto Sales" 2519 El Camino Avenue Suite 101, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 3, 2024
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MELAS 8-9-24

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Fair Oaks Village Enhancement Committee, PO Box 1251, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "FOVEC" 4200 Temescal Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 24, 2024
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FOVEC 8-9-24

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Dena Shulruff, 5529 Rubion Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Body Apothecary" 4088 Bridge Street, Fair Oaks Suite 7, CA 95628. Filed with the Clerk of Sacramento County June 10, 2024
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HELP 8-9-24

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Eduard Salamатов, 4425 Winje Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "MRK Concrete Design" 4425 Winje Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County June 12, 2024
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MRK 8-9-24

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BOWINKLES 8-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05261
Sukhinder Singh Gill and Jasbir Kaur Gill, 3708 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Circle of Friends" 3708 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 8, 2024
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CIRCLE 8-9-24

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Dmitry Ozeruga, 7047 Cross Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Simplified Business Solutions" 7047 Cross Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 14, 2024
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SIMPLIFIED 8-9-24

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Colleen E Clark and Karri L Biehle, 6330 Sunrise Boulevard #1032, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Practitioner's Post" 6330 Sunrise Boulevard #1032, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 10, 2024
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PRACTITIONERS 8-9-24

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DNA 8-9-24

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Isabel Diego, 3612 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Las Michoacanas" 10491 Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 12, 2024
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LAS 8-9-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05315
Advantage 1 Restaurant Services LLC, 3324 Monier Circle Suite 4, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Renegade Restaurant Services and Design" 3324 Monier Circle Suite 4, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 10, 2024
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RENEGADE 8-9-24

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Kita Locks Inc, 6923 Escallonia Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Kita Locks" 6923 Escallonia Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County May 15, 2024
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Pakwan Curry LLC, 2989 Club Center Drive, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Desi Curry" 3290 Northgate Boulevard, Sacramento, CA 95833. Filed with the Clerk of Sacramento County July 5, 2024
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DESI 8-16-24

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Annual Holdings, Inc., 10940 White Rock Road Suite 210 2nd Floor - #4265, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Private Label Supplement/StartUpTakeOff" 10940 White Rock Road Suite 210 2nd Floor - #4265, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 28, 2024
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Avand Prime LLC, 5437 San Juan Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Avand Prime" 5437 San Juan Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 16, 2024
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AVAND 8-16-24

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Victor Ramirez Mirazo, 8343 Lemberger Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Green Trust Landscapes" 8343 Lemberger Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County June 27, 2024
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DRONE 8-16-24

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Aidanek Ruslanbekova, 2263 Northrop Avenue Apt 97, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Mosaic Photobooth" 2263 Northrop Avenue Apt 97, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 18, 2024
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MOSAIC 8-16-24

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Michelle Denise Walker, 3832 12th Avenue, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Sharing and Caring" 4955 Marconi Avenue Suite A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 9, 2024
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Fyock Enterprises LLC, 4420 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Big Dogs & Spuds" 4420 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 11, 2024
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BIG 8-16-24

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MIGNONETTE 8-16-24

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Keith Lewis Poteat, 8112 Glen Creek Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Poteat Plumbing" 8112 Glen Creek Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2024
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POTEAT 8-16-24

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Emergy Group LLC, 1900 Point West Way Suite 268, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Complete Business Services" 1900 Point West Way Suite 268, Sacramento, CA 95815. Filed with the Clerk of Sacramento County July 2, 2024
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COMPLETE 8-16-24

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Sean Buchanan, 6740 Sutter Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sutterscape Designs" 6740 Sutter Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 19, 2024
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SUTTERSCAPE 8-16-24

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Mark A. Delgado Inc., 86 Primrose Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Dara Delgado Home Loans" 86 Primrose Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County July 16, 2024
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DARA 8-16-24

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Joshua James Fitzpatrick, 5343 Moody Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "HD Window Cleaning Services" 5343 Moody Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 12, 2024
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HD 8-23-24

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Margarito Perez Robles, 5331 Kohler Road, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Page's Fountains & Water Gardens" 5331 Kohler Road, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 18, 2024
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PAGES 8-23-24

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Sheldon Heights Holdings, 10095 Sheldon Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Lucky Bubbles Laundry" 3901 Madison Avenue Suite 25, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 28, 2024
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LUCKY 8-23-24

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Pull Up Plate, 6109 Oak Green Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pull Up Plate Café/P.U.P Cafe" 2912 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 24, 2024
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PULL 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05234
Coronel's Ventures LLC, 99 S Almaden Boulevard Suite 600, San Jose, CA 95113 is doing business under the Fictitious Business Name(s) "Coronel Expedite" 2108 North Street Suite 8586, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 8, 2024
Publish: August 2, 9, 16, 23, 2024
CORONEL 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05345
Alexandra Miriam Jansen, 6330 Sunrise Boulevard #1024, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Therapy With Xandra" 6330 Sunrise Boulevard #1024, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 11, 2024
Publish: August 2, 9, 16, 23, 2024
THERAPY 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05628
Eva M. Segal and Jonathan F. Segal, 11406 Forty Niner Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Salon Aprima" 5200 Sunrise Boulevard Suite 100, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 22, 2024
Publish: August 2, 9, 16, 23, 2024
SALON 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-04740
John Lawson Vincent, 7732 Ziebell Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Nor Cal Shade" 7732 Ziebell Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2024
Publish: August 2, 9, 16, 23, 2024
NORCAL 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05588
Jon Schwarz, 1000 San Ramon Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "RMS Enterprises" 1000 San Ramon Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 19, 2024
Publish: August 2, 9, 16, 23, 2024
RMS 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05666
Vladimir Stepanov, 3831 Annadale Lane #4, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Smart Tech Service" 3831 Annadale Lane #4, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 2, 9, 16, 23, 2024
SMART 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05700
Nand Enterprises LLC, 4925 Mack Road Apt #176, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Clothes & Craft Co" 4925 Mack Road Apt #176, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 2, 9, 16, 23, 2024
CLOTHES 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05683
Bobby G. Kerr, 6309 Landis Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Bob's Skate Supply" 6309 Landis Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 2, 9, 16, 23, 2024
BOBS 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05778
Bahiyah Muwwakkil, PO Box, 13381, Sacramento, CA 95813 is doing business under the Fictitious Business Name(s) "2nd Hand Snob" 2308 Villanova Circle #7, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 9, 16, 23, 30, 2024
HAND 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05708
Lawrence Ong, MD, Inc., 1098 Hillcrest Road, Beverly Hills, CA 90210 is doing business under the Fictitious Business Name(s) "Corcentra Anesthesia" 1401 21st Street Suite 6909, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 9, 16, 23, 30, 2024
CORCENTRA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05408
Dat Huu Pham, 5421 Verner Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Pro Laundry Services" 5421 Verner Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
PRO 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05604
Flordeliza Navarro, 12268 Habitat Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Orange Orchard Home" 12268 Habitat Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 19, 2024
Publish: August 9, 16, 23, 30, 2024
ORANGE 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05828
Kathleen Davis, PO Box 292262, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "USA Real Estate and Vacation Homes/ Kate Davis Promotions" 6025 Dias Avenue #146, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
USA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05820
HS Drinks LLC, 24988 Blue Ravine Road Suite 108, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Bobaology" 24988 Blue Ravine Road Suite 108, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
BOBAOLOGY 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05853
Kyle Bruns, 5013 Berisford Place, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bruns Equipment Rentals" 5013 Berisford Place, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 9, 16, 23, 30, 2024
BRUNS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05424
Danny Johnson, 3104 O Street #223, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Mullins Enterprises" 3880 Stillman Park Circle #73, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
MULLINS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05862
Melissa Mercado, 50 Iron Point Circle Suite 140, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Commonwealth Customs by Mell" 50 Iron Point Circle Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 9, 16, 23, 30, 2024
COMMONWEALTH 8-30-24

Lane, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Alina Krasniuk Distribution" 2257 Windward Lane, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 9, 16, 23, 30, 2024
ALINA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05676
Jacinto Chang and Hing Wong, 1021 E Rose Circle, Los Altos, CA 94024 are doing business under the Fictitious Business Name(s) "Folsom Home Rental" 4292 Crescent Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 9, 16, 23, 30, 2024
FOLSOM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05470
Adriana Madrigal, 476 Fisher Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Backdrop Babe" 476 Fisher Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 16, 2024
Publish: August 9, 16, 23, 30, 2024
THE 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05398
Wendy McCallum, Trustee and Rufus A. Avent, Successor Trustee, 4811 Chippendale Drive #101, Sacramento, CA 95673 is doing business under the Fictitious Business Name(s) "Rufus A. Avent Jr and Company/Rufus A. Avent Jr Estate/Rufus A. Avent Jr WHFIT/Rufus A. Avent Jr NMWHFIT/Rufus A. Avent Jr Widely Held Fixed Investment Trust/Rufus A. Avent Jr Non Mortgage Widely Held Fixed Investment Trust" 4811 Chippendale Drive #101, Sacramento, CA 95673. Filed with the Clerk of Sacramento County July 12, 2024
Publish: August 9, 16, 23, 30, 2024
RUFUS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05954
Dickson Owino, 8076 Coopers Hawk Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "OAM Economic Consulting Group" 8076 Coopers Hawk Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 1, 2024
Publish: August 9, 16, 23, 30, 2024
OAM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05825
Pavel Polichshuk, 7212 Brattle Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Poli Building" 7212 Brattle Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
POLI 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05827
Devin Jones, 4251 Armadale Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Elevated Self" 4251 Armadale Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
ELEVATED 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05941
Solstice Marketing Inc., 2880 Sunrise Boulevard, Sacramento, CA 95742 is doing business under the Fictitious Business Name(s) "S and C Concepts" 2880 Sunrise Boulevard, Sacramento, CA 95742. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 9, 16, 23, 30, 2024
SANDC 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05407
Doering Commercial Spaces, 470 N 16th Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "DCS" 470 N 16th Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
DCS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05673
Sarah Grace Payne, 7710 Eastgate Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Moon Pearl Marketing" 7710 Eastgate Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 9, 16, 23, 30, 2024
MOON 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05948
Lilian Makama, 3284 Sunny Gate Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "I Am Concepts" 3284 Sunny Gate Lane, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 9, 16, 23, 30, 2024
IAM 8-30-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV013812
Jaren Dale Rose has filed a petition with this court for a decree changing the name(s) of Jaren Dale Rose to Jeren Dale Rose.
IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on October 9, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 11, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: July 19, 26, August 2, 9, 2024
ROSE 8-9-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV013309
Walter Hughes Jr. has filed a petition with this court for a decree changing the name(s) of Walter Hughes Jr. to Maurice Walter Hughes.
IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on November 5, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 5, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 19, 26, August 2, 9, 2024
HUGHES 8-9-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV012873
Fazel Ahmad Gul Ahmad has filed a petition with this court for a decree changing the name(s) of Fazel Ahmad Gul Ahmad to Fazel Ahmad Ahmadzai.
IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on October 24, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 26, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 26, August 2, 9, 16, 2024
AHMAD 8-16-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV013614
Bibi Nadya Taghai has filed a petition with this court for a decree changing the name(s) of Bibi Nadya Taghai to Nadia Rahmani.
IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on November 6 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 1, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 26, August 2, 9, 16, 2024
TAGHAI 8-16-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#24CV014932
Josselyn P. Nelson has filed a petition with this court for a decree changing the name(s) of Alondra Monserrath Perdomo to Alondra Monserrath Nelson.
IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on October 30, 2024, at 8:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any,

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

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 7144 Fair Oaks Blvd #5
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**ORDER TO SHOW CAUSE
 CHANGE OF NAME**

not be granted.
 Dated: July 19, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: August 2, 9, 16, 23, 2024
 Castaneda 8-23-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #24CV005370

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Ariana Harper Abbott to Ariana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 24, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: June 18, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: August 9, 16, 23, 30, 2024
 ROBERTS 8-30-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #24CV014548

Tahmina Khushrawi has filed a petition with this court for a decree changing the name(s) of Tahmina Khushrawi to Tahmina Khushrawi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: July 22, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: August 9, 16, 23, 30, 2024
 KHUSHRAWI 8-30-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #24CV008467

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Aubrie Leyla Parker to Aubrie Leyla McLaughlin-Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: May 1, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: August 9, 16, 23, 30, 2024
 ROBERTS 8-30-24

SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO
 ORDER TO SHOW CAUSE
 CHANGE OF NAME
 #24CV015314

Yousuf Jan Hussain Zahiri has filed a petition with this court for a decree changing the name(s) of Yousuf Jan Hussain Zahiri to Yousuf Aryoubi and Farida Mahmood to Farida Aryoubi and Gulsoom Yousuf to Gulsoom Aryoubi and Mohammad Yousuf to Mohammad Aryoubi and Aisha Yousuf to Aisha Aryoubi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 4, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: August 1, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: August 9, 16, 23, 30, 2024
 ZAHIRI 8-30-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF WILBERT ADOLF CALHOUN SR
 CASE NO. 24PR001221

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Wilbert Adolf Calhoun Sr.

A Petition for Probate has been filed by Angela Calhoun, in the Superior Court of California, County of Sacramento, requesting Angela Calhoun be appointed as personal representative(s)

to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows August 22, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Angela Calhoun, 1801 Ferran Avenue, Sacramento, CA 95832; 916-879-0036
 Publish: August 2, 9, 16, 2024
 CALHOUN 8-16-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF ABRAHAM TAVANA
 CASE NO. 24PR002129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Abraham Tavana.

A Petition for Probate has been filed by Neda Tavana Chopan, in the Superior Court of California, County of Sacramento, requesting Neda Tavana Chopan be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows August 28, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section

58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Neda Tavana Chopan, 7703 Wintergreen Drive, Citrus Heights, CA 95610; 408-469-1750
 Publish: 8/9, 8/16, 8/23, 2024
 TAVANA 8-23-24

SUMMONS

SUMMONS (FAMILY LAW)
 CASE NUMBER (NUMERO DEL CASO):
 24WHFL00196

NOTICE TO RESPONDENT (Name): AVO AL DEMANDADO (Nombre): Alejandro Pintado
 YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Bertha Pintado.

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DÍAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) o comunicándose con el colegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEES WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el

tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Whittier Courthouse, 7339 Painter Avenue, Whittier, CA 90602.

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es:) Matias Flores, Esq. Matias Flores Law Firm, 10846 Paramount Boulevard, Downey, CA 90241; 562-372-0846
 Date: (Fecha) 2/7/2024
 Phone: 562-372-0846
 By: Clerk of Court
 N. Arellano, Deputy

STANDARD FAMILY LAW RESTRAINING ORDERS
 Starting immediately, you and your spouse or domestic partner are restrained from:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;

2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;

3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE: ACCESS TO AFFORDABLE HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING: IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.
 Publish: July 19, 26, August 2, 9, 2024
 PINTADO 8-9-24

SUMMONS (FAMILY LAW)
 CASE NUMBER (NUMERO DEL CASO):
 23FL04634

NOTICE TO RESPONDENT (Name): AVO AL DEMANDADO (Nombre): Jose Luis Lopez Vega
 YOU HAVE BEEN SUED. Read the information below and on the next page. PETITIONER'S NAME IS: (NOMBRE DEL DEMANDANTE): Maria Lopez.

You have 30 CALENDAR DAYS after this Summons and Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not

protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org) or by contacting your local county bar association.

Usted tiene 30 DÍAS CALENDARIO después de que se le presente esta Citación y Petición para presentar una respuesta (formulario FL-120) en el tribunal y tener una copia notificada al peticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp), en el sitio web de Servicios Legales de California (www.lawhelpca.org) o comunicándose con el colegio de abogados de su condado local.

NOTICE: RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of them.

AVISO: LAS ÓRDENES DE RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos.

FEES WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.

EXENCIÓN DE TARIFAS: Si no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte.

The name and address of the court are: (El nombre y dirección de la corte es): Sacramento Superior Court, 3341 Power Inn Road, Sacramento, CA 95826.

The name, address and telephone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección y número de teléfono del abogado del peticionario, o del peticionario sin abogado es): Thanh T. Foss, 2151 River Plaza Drive, Suite 250, Sacramento, CA 95833; 916-922-2255
 Date: (Fecha) 10/3/2023
 By: Clerk of Court S. Prasad, Deputy

STANDARD FAMILY LAW RESTRAINING ORDERS
 Starting immediately, you and your spouse or domestic partner are restrained from:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;

2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their minor children;

3. transferring, encumbering, hypothecating, concealing, or in any way disposing of any property, real or personal, whether community, quasi-community, or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for the necessities of life; and

4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects

the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court costs.

NOTICE: ACCESS TO AFFORDABLE HEALTH INSURANCE:

Do you or someone in your household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506

WARNING: IMPORANT INFORMATION

California law provides that, for purposes of division of property upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property.
 Publish: July 26, August 2, 9, 16, 2024
 LOPEZ 8-16-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
 FILE NO. FBNF2021-09572

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Complete Business Services, 1900 Point West Way Suite 268, Sacramento, CA 95815.

Grigori K Ivanoff, 3731 Scott Street, San Francisco, CA 94123.

The Fictitious Business Name Statement was filed on 10/29/2021 in the County of Sacramento.

Filed with the clerk of Sacramento County: 10/29/2021.
 Publish: July 19, 26, August 2, 9, 2024
 COMPLETE 8-9-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
 FILE NO. FBNF2023-08349

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: KP'S Critters, 4370 24th Street Suite G, Sacramento, CA 95822.

Khavong Pha, 7280 Huntsville Drive, Sacramento, CA 95828.

The Fictitious Business Name Statement was filed on 11/7/2023 in the County of Sacramento.

Filed with the clerk of Sacramento County: 7/18/2024.
 Publish: July 26, August 2, 9, 16, 2024
 KPS 8-16-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
 FILE NO. FBNF2023-02337

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Natomas Ace Hardware and North Natomas Ace Hardware, 2020 Club Center Drive Suite 100, Sacramento, CA 95835.

Natomas Hardware, Inc., 2020 Club Center Drive Suite 100, Sacramento, CA 95835.

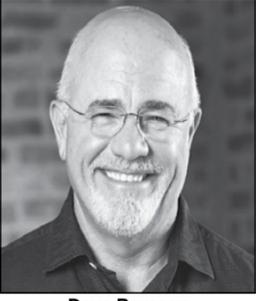
The Fictitious Business Name Statement was filed on 3/28/2023 in the County of Sacramento.

Filed with the clerk of Sacramento County: 7/22/2024.
 Publish: August 2, 9, 16, 23, 2024
 NATOMAS 8-23-24



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Dave Ramsey Says Wait ... What?

the point of my plan. The point is to get out of debt, not just move it around or try to juggle smaller portions.

What you're actually saying is you're thinking about putting your family's financial future in jeopardy, because you want to go on camping trips in a roomier car. That's a bad plan! For you guys, something like this right now would be a luxury item. Did you know I went without a vacation for four years trying to get my life back together after I went broke? Four years! I'm not suggesting you live with this attitude for the rest of your life, but I'm pretty sure there are other ways to make family camping trips happen.

Long story short, you don't need a different vehicle to go camping. And you definitely don't need to go back into car debt to go camping. Buy a couple of tents, throw them in the back of the car and head for the woods. If your cars are really just too small to handle everything, then rent a bigger car for the

weekend. I'd rather you spend a few bucks doing something like that once in a while than picking up another car payment.

Your mindset on this worries me, Sara. The reason for getting out of debt is to live a better life. Living debt-free is smart, less stressful and it makes everything else feel lighter and easier to manage. Live like no one else, so that later, you can live like no one else. Remember?

Please, don't do it.

- Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

Dear Dave,

We've been following your Baby Steps plan, and we paid off two car loans a few months ago. That freed up almost \$800 a month. We have two kids, and we love to go on family camping trips. We've been trying to decide on a destination for the next one, but to do this we would need a vehicle with more room. Luckily, we found a used van at a reasonable price, and we think we could have it paid off in no more than 12 months. Would this be okay, since we would still have more money left than before?

- Sara

Dear Sara

Okay, you're telling me you just got out from under \$800 worth of car payments each month, and you want to dive right back in by financing another one? I think you've missed



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Circulation Manager - We are seeking a full-time Circulation Manager to oversee our 18 local newspapers. Duties include managing the weekly reporting of distribution, preparation for weekly audits, managing and recruiting our carrier staff, preparing and reporting postal statements, customer service support, physical labor repairing and replacing newsstands, setting up new locations, and other related duties needed to run the circulation department. This position works primarily in Carmichael but will require some local travel to our other offices in the Sacramento region. The hours may vary but are flexible due to the nature of the duties.

Office Administration - We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

City Reporter - We are seeking a full-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Copy Editor - We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

Delivery Driver - Weekly Hauling to Marysville- We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver/Local - We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

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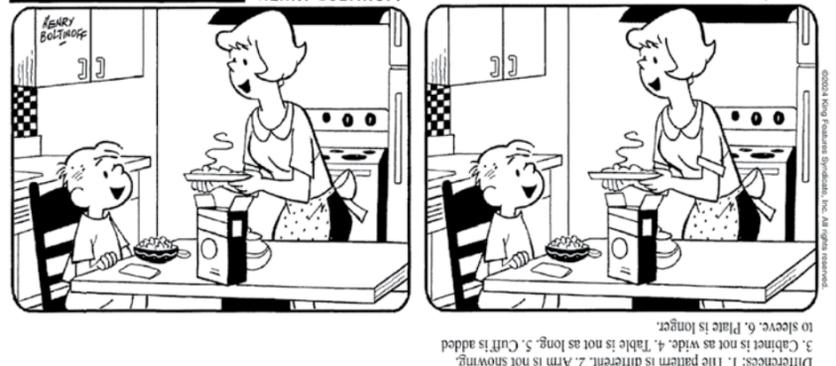
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Out on a Limb

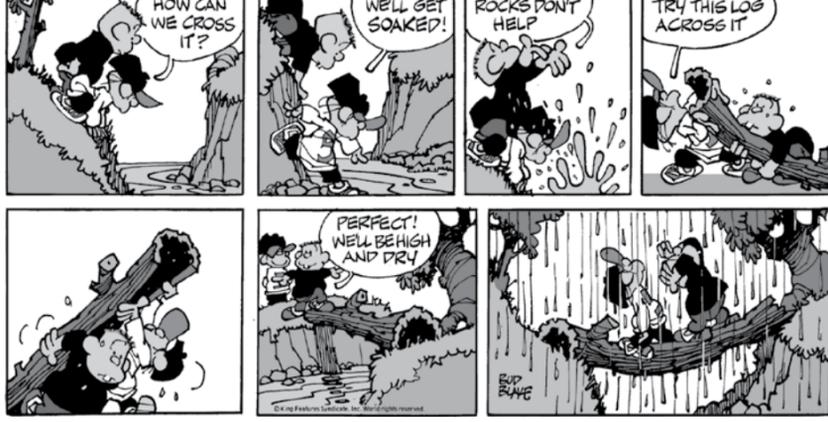


by Gary Kopervas

HOCUS-FOCUS BY HENRY BOLTINOFF Find at least six differences in details between panels.



TIGER



by Bud Blake

GRIN THE BEAR IT



Just Like Cats & Dogs by Dave T. Phipps



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- Soothing concoction
 - The Magic School ride
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 - Dwarf buffalo
 - Mynegy one
 - "M*A*S*H" extra
 - Soon, to Shakespeare
 - Sheltered, nautically
 - *Abacus user, e.g.
 - *School jacket-wearer
 - TV classic "Happy"
 - What hoarders do
 - Speech-preventing measure
 - "Pencil end"
 - Deep regret
 - Indian restaurant staple
 - What cobblers often do
 - Mother Earth, to Ancient Greeks
 - Embedded design
 - ___ Khan
 - Contending
 - "Don't forget to cross them"
 - Plural of flora
 - Rolodex abbr.
 - Sultry or carnal
 - *Rydell High School movie
 - Defensive one on the gridiron
 - Oodles
 - *Some PTA members?
 - *It involves elements
 - Cuban dance
 - Burkina Faso neighbor
 - Opera solo
 - Boot-shaped European country
 - Oil org.
 - Review a service
 - Say "No!"
 - Animal's nose
 - Perceives with an eye
- DOWN**
- Jezebel's idol
 - Beheaded Boleyn
 - Plunder
 - Certain rays
 - Plural of #1 Across
 - Part of an eye, pl.
 - Witnessed
 - *Field of education
 - ___ Walker, American Girl doll
 - "Inspiration for circular charts, pl.
 - Acronym, abbr.
 - Zimbabwe's capital
 - Address to a woman
 - Nail salon file
 - Toothpaste type
 - *Marks in English
 - Hindu queen
 - "Hannah and Her Sisters" director
 - End of line
 - Yogurt-based dip
 - *Opposite side over hypotenuse, pl.
 - Bald symbol
 - *___ monitor
 - Bigheadedness
 - *All-school get-together
 - Giuseppe ___ of opera

CROSSWORD

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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Monster Jam Roars into Sacramento

Monster Jam News Release

SACRAMENTO REGION, CA (MPG) - Experience big-time family fun at Monster Jam. An unexpected, unscripted and unforgettable motorsports experience for families and fans returns to Sacramento for an adrenaline-charged weekend at Golden 1 Center on Aug. 16 to Aug. 18.

At Monster Jam, world champion athletes and their 12,000-pound monster trucks tear up the dirt in wide-open competitions of speed and skill.

The excitement begins at the Monster Jam Pit Party held in Sacramento prior to the events on Saturday, Aug. 17 and Sunday, Aug. 18. Fans can see the massive trucks up close, meet their favorite drivers and crews, get autographs and take pictures. Activities include the Sand Box play area, UNOH tire demonstration, coloring and temporary tattoo station, and new photo ops, including the chance to take a photo with the Series trophy. This fun-filled experience is the only place that allows people to get up close access to the Monster Jam teams and get an insider's look at how these trucks are built to stand up to the competition.

Fans will be on the edge of their seats as the world's best drivers show off massive stunts, big air, backflips, crazy skills and all-out racing in fierce head-to-head battles for the Event Championship. Engineered to perfection, the 12,000-pound Monster Jam trucks push all limits in Freestyle, Skills and Racing competitions.

Fans are encouraged to get to their seats early to experience Monster Jam Trackside approximately one hour before the event start time. Featured festivities include competition previews, driver interviews, giveaways, opening ceremonies and power rush truck introductions.

Monster Jam drivers are



Driver Fernando Martinez returns to Monster Jam at Golden 1 Center as the El Toro Loco driver from Aug. 16 to 18. Photo courtesy of Monster Jam

trained, world-class male and female athletes. They have mastered the physical strength and mental stamina needed to compete, and the vital dexterity to control 12,000-pound machines capable of backflips, vertical two-wheel skills and racing at speeds up to 70 miles-per-hour to produce jaw-dropping, live motorsports action seen throughout the world.

Enjoy big-time family fun at Monster Jam. The competitions start at 7 p.m. Aug. 16, 7 p.m. Aug. 17 and 1 p.m. Aug. 18.

Also on Aug. 17 is a pit party from 4:30 to 6 p.m., which

requires an event ticket and pit pass for entry.

On Aug. 18, the pit party from 10:30 a.m. to noon requires an event ticket and pit pass for entry.

Golden 1 Center is at 500 David J Stern Walk, Sacramento.

Tickets are affordably priced for the whole family. Tickets and pit passes are available for purchase at the Monster Jam website at MonsterJam.com, which will direct you to Ticketmaster.com. If not sold out, tickets will be available at the door.

For more info about a Monster Jam event near you, follow Monster Jam on its social media

channels: Facebook, Twitter, Instagram and TikTok. Subscribe to the Monster Jam YouTube Channel at <http://www.youtube.com/MonsterJam>.

About Monster Jam

Monster Jam features world-class athletes competing for championships on perfectly engineered dirt tracks that push these ever-evolving, state-of-the-art trucks to the limit. Beyond the 350 global live events each year, the Monster Jam brand extends off the track into the home through products, content and merchandise that keeps the

fun alive year-round. For more information, visit MonsterJam.com.

About Feld Motor Sports

Feld Motor Sports, Inc. produces and presents specialized arena and stadium-based motorsports entertainment. Properties include Monster Jam, Monster Energy AMA Supercross and the SuperMotocross World Championship. Feld Motor Sports, Inc. is a subsidiary of Feld Entertainment, Inc. Visit monsterjam.com, SupercrossLIVE.com and feldentertainment.com for more information. ★

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Aspirin \$11.99 ea	EED Mighty Absorbent Paper Towel 6 rolls \$2.99 ea	Lars Swedish Pearl Sugar 10 oz \$1.99 ea	Barilla Rotini 1 lb \$1.99 ea	Sea Castle Sea Salt & Spicy 0.35 oz \$0.99 ea	SUNNY Sunny D Tangy Orange Drink 64 Fl oz \$1.99 ea
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FROZEN & FISH DEPT

Frozen Roasted Unagi Kabayaki 7 oz REG. \$9.99/ea \$4.99/ea	Korean Style Salted Mackerel 2.2 lbs REG. \$15.99/ea \$10.99/ea
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ASIAN GROCERY

Shelly Senbei Rice Crackers Original & Teriyaki 5.5 oz \$2.79 ea	Lee Kum Kee Viet Label Soy Sauce 16.9 Fl oz \$1.99 ea	First World Sriracha Hot Chili Sauce 2.9 oz \$2.99 ea	Ques-O Cheese Block 500 g \$0.99 ea	Chaokoh Coconut Water, Box 1 liter \$2.49 ea	Chaokoh Coconut Water, Box 350 gr \$2.99 ea
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WEEKLY MEAT SPECIALS

Beef Rump, Bottom Round Roast - Brls \$4.99/lb	Beef Ribeye Roast - Boneless \$6.99/lb	Beef Ribeye Steak - Boneless \$7.99/lb
Chicken Breast Tenders 2.5 lbs Bag \$8.99	Pork Butt's Boneless \$2.99/lb	Country Style Pork Loin Ribs - Brls \$2.99/lb
40 lb Case \$34.99	American Lamb "Grain Finished" \$9.99/lb	Pork St. Louis Ribs - Single Pack \$3.99/lb

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Mixed 7 Grains 4 lbs \$6.99	O Food Lunchbox Meat 340 g \$2.99	Ringde Glass Noodles 1 kg \$5.99	KC Aje Vera Drink 1.5 liters \$1.49	Wheat Flour 2.5 kg \$4.99	O Food Crab Cheese Bonu 75 g 99¢
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HOUSEWARES

BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$5.99/ea	ELECTRIC BBQ GRILL \$39.99	ELECTRIC RICE COOKER (4 CUP) \$49.99	ELECTRIC RICE COOKER (3 CUP) \$54.99	ELECTRIC RICE COOKER (10 CUP) \$59.99
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FROZEN & FISH DEPT

White Cockle Clams 400 g \$10.99/ea

EUROPEAN DELI

Columbus Pan Roasted Turkey Breast \$11.99/lb	Olive Medley \$4.99/lb
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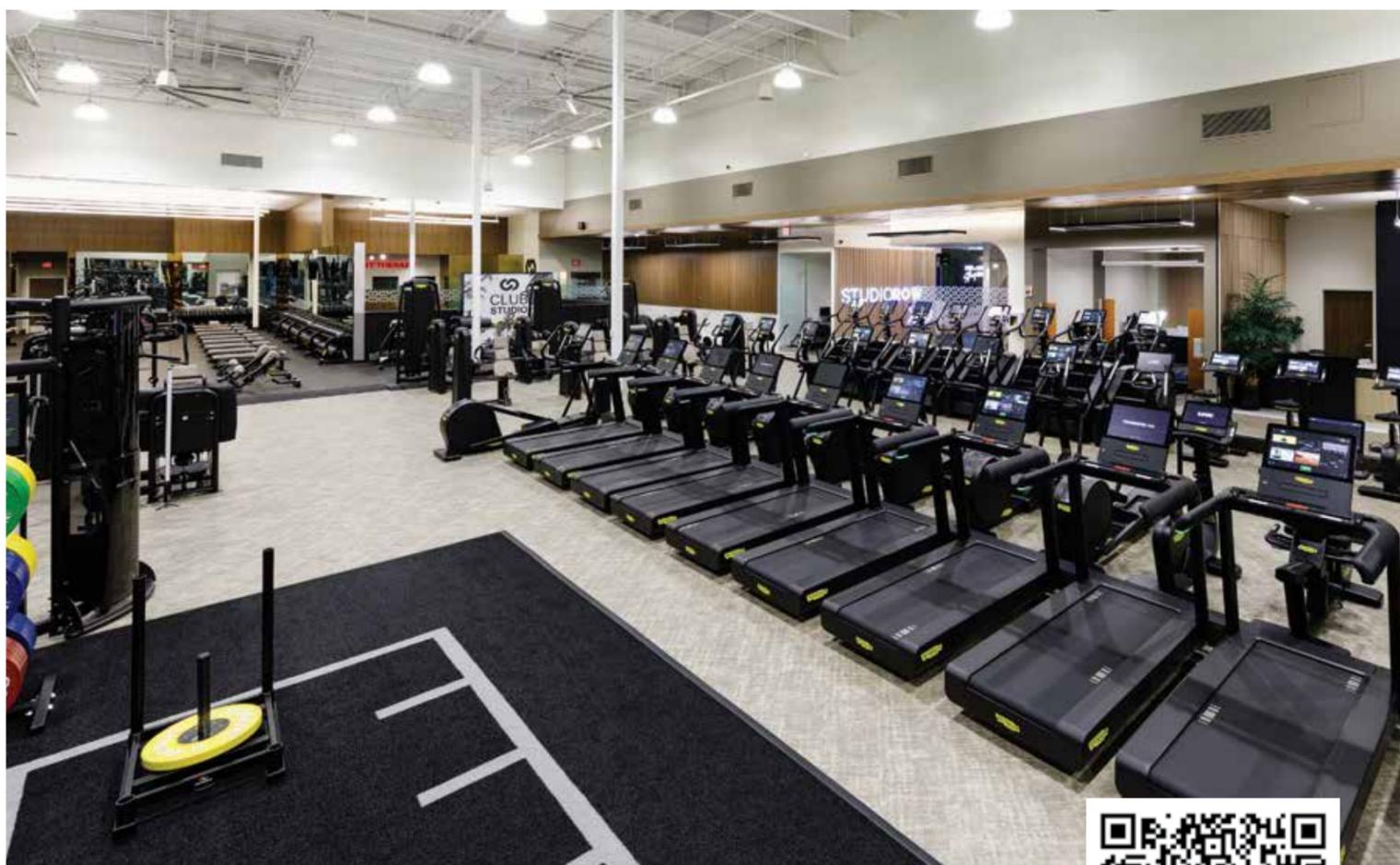
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