

Serving the City of Citrus Heights & Sacramento County VOLUME 14 • ISSUE 34

AUGUST 23, 2024

San Juan Water District Receives Award



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San Juan Water District received a Project of the Year Award from the Sacramento Chapter of the American Public Works Association for the district's Hinkle Reservoir Floating Cover and Liner Replacement Project. Before water is delivered to homes, it passes through the 62-million-gallon Hinkle Reservoir. This facility is the main storage for all the wholesale agencies, which include Citrus Heights Water District, Fair Oaks Water District, Orange Vale Water Company, a section of Folsom north of the American River and San Juan's Retail Service Area. Photo courtesy of San Juan Water District

San Juan Water District News Release

SACRAMENTO REGION, CA (MPG) - The Sacramento Chapter of the American Public Works Association (APWA) has selected San Juan Water District (SJWD) as the recipient of a Project of the Year Award. San Juan Water District's Hinkle Reservoir Floating Cover and Liner Replacement project received the honor in the awards program's Environment-Water category, and San Juan Water District was formally recognized during an awards ceremony on Aug. 9 in Sacramento.

San Juan Water District provides reliable, high-quality water service to approximately 265,000 retail and wholesale customers in eastern Sacramento and southern Placer counties. In addition to serving its own retail customers, San Juan delivers wholesale water supplies to Citrus Heights Water District, Fair Oaks Water District, Orange Vale Water Company, the City of Folsom (for customers north of the

award. The American Public Works Association Awards Program recognizes projects that exhibit outstanding management, administration, design, sustainability, construction, and community relations. Maintaining a strong association among the managing agency, designer, contractor, and construction management team who worked together to complete the project are also integral components of the evaluation.

Council Approves Property Purchase and Road Resurfacing

By Shaunna Boyd

CITRUS HEIGHTS, CA (MPG) - At the Aug. 14 Citrus Heights City Council meeting, Mayor Bret Daniels pulled the potential purchase of a vacant property from the Consent Calendar for a roll call vote. The property at 6488 Sylvan Road was offered to the city for sale by Bayside Covenant Church.

The site is unoccupied with San Juan Creek running through it, and sewer, water and electric utilities are in place. Because the property is adjacent to two other city-owned parcels, staff stated that the purchase would be a strategic investment for future community enhancements.

The estimated purchase price is \$165,434 for approximately 1.75 acres, or up to \$172,800 for 1.83 acres, with the final lot lines still to be determined.

Council approved the purchase agreement on a 4-1 vote, with Vice-Mayor Jayna Karpinski-Costa dissenting: "We don't need it and I think our money is spent better somewhere else."



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American River) and, periodically, to Sacramento Suburban Water District.

Multiple factors are considered when evaluating projects for an

"We are honored to be the recipient of APWA's Project of the Year Award," said Paul Helliker, general Continued on page 11

Stay Safe from Rattlesnakes



SACRAMENTO REGION, CA (MPG) - Although wildlife sightings are typically more common near rivers, creeks and open spaces, this year's extreme heat has forced the local wildlife, including many unwelcome visitors such as venomous snakes, to seek food, water and shelter in populated areas, sometimes right into our backyards.

The California Poison Control System receives hundreds of rattlesnake exposure calls every year, especially from April to October. Although rattlesnake bites are rarely fatal, they can cause severe injury or death, according to the California Department of Fish and Wildlife, and prevention is the key to human safety.

"Snakes start roaming around when they get desperate for water," said Jake Molieri, owner of SNAKEOUT, Inc.

"They can die if they become overheated, so it's not unusual to find them on hot days near water sources like sprinklers, fountains, pools, pet water dishes and



Northern Pacific Rattlesnakes are recognizable with their distinct triangular heads and dark brown blotches running down their backs. Photo courtesy of National Park Service

inside flowerpots," Molieri said.

Molieri's business provides humane snake removal services, educational resources and canine rattlesnake aversion clinics.

He's one of a handful of local snake removal companies specializing in removing rattlesnakes from businesses and homes. Molieri sees a growing need for public education and awareness of wildlife behavior, especially as more people from other areas move into Sacramento County and the foothills.

"Rattlesnakes are important to our ecosystem. We don't need to live in fear of them. But we need to be vigilant and respect them for their role in the environment like we do for other wildlife," Molieri explained.

Depending on the county, this region is home to between 10 and 13 different species, including the venomous Northern Pacific Rattlesnake, which is often the target of fear and misconception.

Sacramentan Michael Starkey supports snake conservation worldwide through his nonprofit Save The Snakes organization.

"We haven't solved the problem by killing and removing them," Starkey said. "Rattlesnakes are simple creatures with survival needs similar to ours. They are much more afraid of you than you are of them

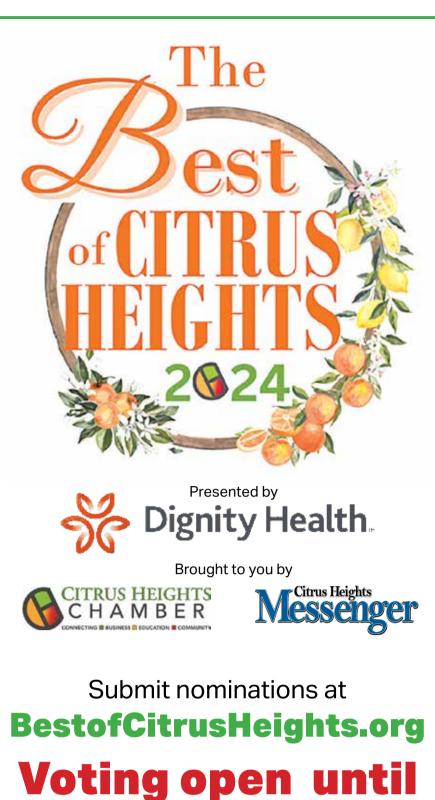
Continued on page 11

A proposed new grocery store in the Sunrise Village Shopping Center, Amazon Fresh, requested a Letter of Public Convenience and Necessity (PCN) to obtain a license to sell beer, wine and spirits for off-site consumption, as well as for instructional tastings to be conducted in a designated alcohol sampling area.

The store location is at 5425 Sunrise Blvd. and there are already nine establishments with alcohol sale licenses within that census tract. When there are more than two licenses in a census tract, it is considered over-concentrated and the California Department of Alcoholic Beverage Control (ABC) requires that a Letter of Public Convenience and Necessity be approved by City Council before a license is issued.

The Sunrise MarketPlace Board of Directors supported the request, since approval of the Letter of Public Convenience and Necessity would support the convenience of shoppers at the new store. And because the majority of the nine existing licenses are already for supermarkets or drug stores that sell other items in addition to alcohol, the Letter of Public Convenience and Necessity will give the new store equal opportunities for sales.

The Citrus Heights Police Department *Continued on page 5*



September 5th

Winners Announced September 20th online and at the **Best of Citrus Heights Awards Event**

Free Playmaker Flag Football Launches New Program



Playmakers Character and Leadership Academy events encourage all youth to participate. From mid-September through November, a free, inaugural Playmaker Flag Football will have two leagues for boys and girls: a league for youth between the ages of 6 and 14, and another league for youth with developmental differences. Photo courtesy of Playmakers Character and Leadership Academ

By Carol Feineman

SACRAMENTO REGION, CA (MPG) - National Football League (NFL) FLAG games give boys and girls of all abilities an opportunity to develop fundamental football skills in a positive, inclusive environment, according to the NFL FLAG organization.

And now area youth will have an opportunity to develop those skills.

That's because the nonprofit Playmakers Character and Leadership Academy is launching a free, inaugural Playmaker Flag Football in Citrus Heights next month.

Children with developmental differences of any ability, desire and age, plus their families, are encouraged to attend. There will be two leagues, one for boys and girls between the ages of 6 and 14, and another league for boys and girls with developmental differences.

Optimist Club of Country Club and Verde Design are providing the resources for The Playmakers to offer the free NFL Youth Flag Football.

All participants will receive a jersey, wristband and qualified coaching from high school and college players.

The games and practices will be held at both Mesa Verde High School and San Juan High School in Citrus Heights.

"This program is possible through the cooperation of both Mesa and San Juan High schools, working together for the community of Citrus Heights, beginning mid-September through November," said Playmakers founder Greg Roeszler. "Optimists and

Verde Design want all kids and families to have the opportunity to participate. Playmakers ensures the character/leadership component of the coaching and oversight."

The nonprofit Playmakers organization was founded by Roeszler in 2009 to build leadership and character through sports and academics. Roeszler is an Encina High School varsity football coach and a former quarterback/punter at the University of Minnesota and San Diego State, and camp quarterback with the Oakland Raiders

The Playmakers Flag Football contact/sign ups are at Theplaymakers.org

For more information about Playmakers Flag Football, call 916-220-1284 or email Coachrozplaymakers@ gmail.com.

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Fire-Damaged Former Fuqua Physical Therapy Faces Uncertain Future

Story and photo by Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) -

The acrid smell of fire and ash hangs in the air around the site of the former Fuqua Physical Therapy at 6560 Greenback Lane, near the corner of Dewey Drive and Greenback Lane, where Sacramento Metro Fire crews responded in September 2019 to a multi-alarm fire just before 3 a.m., which ripped through the commercial building.

Boarded-up doors and a faded red tag label on an entry door posted by the City of Citrus Heights still mark the building "unsafe for occupancy." Heavy fire damage to the building's interior can be seen through some of the exterior windows.

"The fire displaced our therapists and staff and forced the relocation of hundreds of our patients to other locations," said Eric Burger, vice-president of administrative services of parent company Burger Rehabilitation Systems, Inc., of Folsom, which bought Citrus Heightsbased Fuqua Physical Therapy from its founder Charles Fuqua four years ago.

Burger Rehabilitation Systems has 14 locations, including Folsom, Elk Grove, Rancho Cordova and Roseville. Its outpatient clinic sites offer a wide range of physical, occupational and speech therapy services.

No injuries were reported at the time of the fire, and crews conducted



The former Fuqua Physical Therapy location has been closed since September 2019 when there was a fire

a "rapid fire attack and search of the building," Sacramento Metro Fire Capt. Jordan Oakes said in a press statement.

Oakes said crews initially responded to a call of a fire involving landscaping bark on the building's exterior in 2019. Upon arrival, crews determined it was a commercial fire and then called for additional units. Oakes said.

"It's not certain whether or not we will be able to reopen the Citrus Heights location at this time," Burger said when. "It's really in limbo, as the property insurance claim we promptly filed with our commercial insurance carrier still remains open and we may have to file suit against them."

Burger described the extent of fire damage inside the building, which isn't visible largely from ground level. The Citrus Heights clinic location was the target of previous fires allegedly set by the homeless around the building grounds.

"Metro Fire did a

fantastic job in responding to the fire and putting it out quickly," he said back in 2019. "There's a hole about the size of a goodsized automobile in the roof of the building where Metro Fire ventilated the building to put the fire out," he said.

The building, Burger recently said, is a "total loss" and will have to be rebuilt from the ground up.

"The interior of the building is largely open to the elements and major portions of the roof have since collapsed," Burger said recently. "The exterior doors of the building have had to be secured multiple times since the fire by those whom we believe broke into the building and then lit candles inside. It has been an ongoing problem and multiple police reports have been filed with the Citrus Heights Police Department."

The situation has drawn the attention of Citrus Heights code enforcement, which has been helpful and responsive since 2019 to the ongoing situation, he said.

"Citrus Heights Police Department is providing extra patrols to the property and, if necessary, citing and/or arresting individuals found on the premises," Citrus Heights communications officer Marisa Brown recently said, providing a response to Burger's concerns on behalf of the city's code enforcement team.

"City code enforcement personnel monitors the property weekly to ensure there have been no breaches to the building's boarding and that trash and debris are mitigated promptly," she said.

Burger said he's hopeful that Burger Rehabilitation Systems might be able to open a new clinic in Citrus Heights.

"It generally takes at least two to three years to build and staff a new practice once a new site is typically found," he said. "Until then, local patients who call in to make their appointments are being referred promptly to our other local offices."

San Juan Unified School District Serves **Free Student Meals**

San Juan Unified School District News Release

SACRAMENTO, CA (MPG) -San Juan Unified School District announced on Aug. 13 the sponsorship of the National School Lunch and the School Breakfast Program.

The program is available without charge to

all dis-

trict

San Juan Unified students. SCHOOL DISTRICT The dis-

trict covers Arden-Arcade, Carmichael, Citrus Heights, Fair Oaks, Gold River and Orangevale.

San Juan Unified also sponsors all district schools and three California Montessori

Project schools (American River. Carmichael and Orangevale campuses) in participating in the Community Eligibility Program (CEP), where all students are fed at no charge.

Under California Universal Meals Program,

> San Juan Unified's Nutrition Services pro-

vides free breakfast and

a lunch a11 to

enrolled students each school day.

For more information about San Juan Unified School District's meal program and to find a specific school meal calendar, visit www.sanjuan.edu.

Brighten a Senior's Day

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SB 549 Heats Up

Elevate Public Affairs News Release

SACRAMENTO REGION, CA (MPG) - The California Gaming Association, California Cardroom Alliance and Communities for California Cardrooms announce growing opposition with many labor unions joining in opposition to Senate Bill 549 by Senator Josh Newman as it could have a "devastating impact on public sector jobs."

Joining in opposition to SB 549 includes the American Federation of State, County and Municipal Employees (AFSCME), California Professional Firefighters, and SEIU California and Teamsters Local 630 as well as a growing number of locals such as AFSCME District Council 36, AFSCME District Council 57, AFSCME Local 101, International Union of Painters and Allied Trades DC 36, Los Angeles County Firefighters Local 1014 and the Los Angeles County Professional Peace Officers Association.

They join a growing number of cities that have filed letters in opposition including California Contract Cities Association, California Cities for Self-Reliance Joint Powers Authority, California Cities Gaming Authority, City of Bell Gardens, Town of Colma, City of Chula Vista, City of Citrus Heights, City of Commerce, City of Compton, City of Emeryville, City of Gardena, City of Hawaiian Gardens, City of Inglewood, City of Oceanside, City of San Jose and City of Tracy.

SB 549 will create a PAGA-like law for gaming tribes to be able to sue their competitors – the cardrooms. This would usurp state regulators and the Attorney General which oversee the legality and permissibility of cardroom games. It would also permit for the first time ever a one-sided injustice as cardrooms would not be allowed to sue tribal casinos. The joint letter opposing SB 549 by these labor unions state: "SB 549 Could Have a Devastating Impact on Public Sector Jobs: SB 549 is an attack on local cardrooms, which are a significant source of revenue for general funds in many cities across California... Many have revenue sharing agreements with municipalities providing a significant amount of funding for essential public services like police, fire, parks and recreation, etc. The measure could easily force cardrooms out of business and result in a loss of \$500 million in tax revenue statewide — meaning less revenue for public safety, public health, homelessness services and infrastructure.

The loss of local tax revenue could spell devastation for many cities across California. For example, approximately 78% of the City of Hawaiian Gardens' general fund comes from cardroom revenues. Similarly, 50% of the City of Commerce's general fund comes from cardroom revenues. Larger cities like San Jose and Fresno would also be seriously impacted. This bill will destabilize essential services.

If signed into law, cities who depend on this revenue stream could be forced into municipal bankruptcy or even disincorporation. This could have potentially devastating impacts that puts jobs, pensions and the financial wellbeing of working families at risk. We have seen this happen before: the Orange County Bankruptcy."

"SB 549 Puts Workers in the Middle: The mere cost of litigation alone could lead to lower wages, loss of jobs or cardroom closures. And cardroom closures could devastate some cities who may have to file for municipal bankruptcy or disincorporate."

For more information about why SB 549 is bad for California, go to BadBetforCA.com.



Election Stress Relief

Are you stressed out about the upcoming election? Are you anxious or depressed? **Dr. Greg Hammer** says you can cope with it. He is a former Stanford School of Medicine Professor, physician and mindfulness expert. He authored **"Gain Without Pain"** and shared ten ways to deal with stress from politics on my POPPTALK Radio Show on FM-104.5 & AM-950 KAHI. By the way, you can hear POPPTALK 24/7 at wwwKAHI.com. Just click on LISTEN. So, here's the G-A-I-N Method.

1. GRATITUDE. When feeling stress focus on that for which you are grateful. Being alive today, you're in relatively good health (it could be worse), living in a relatively safe place with electricity and running water (many others around the world do not have these simple amenities), have friends and family, your loving pet, and not being broke! 2. ACCEPTANCE. Of things that bother you. Discern between what you can change and what you cannot change. Focus on accepting the latter. Pain is an intrinsic part of life. Suffering can be managed. 3. INTENTION. Remember to be purposeful about how you spend your time and even your thoughts. Our brains are wired for survival, not happiness. The good news is that we have neuroplasticity. It means we can rewire our brains to be more positive and present rather than default to our negativity bias and distraction with the past and future. The combination leads to shame and depression (past) and anxiety (future). 4. NONJUDGMENT. We are wired to be judgmental and make mostly negative judgments. We CAN learn to drop the constant judgments through mindfulness meditation practice. So take care of yourself...enhance your physical well-being. It can reduce your stress level. 5.OPTIMIZE YOUR SLEEP HYGIENE. Sleep is underrated and essential to our well-being. Go to bed and awaken at the same time every day, even weekends. Darken the bedroom or wear eye shades. Keep the bedroom cool if possible. Avoid caffeine after noon and alcohol after 7 PM. Put screen away at least an hour before bed. 6. GET **REGULAR EXERCISE. IDEALLY AT** LEAST 4-5 TIMES A WEEK. Cardio for 45 minutes 3X a week, resistance training 2-3X a week, core and balance training 2X a week (may combine the above). Even a brisk walk around the block is better than nothing. 7. FOCUS **ON YOUR NUTRITION.** Transition to a more plant-based diet, minimize sugary and refined foods. 8. TRY TO REDUCE YOUR WORKLOAD SOMEWHAT. Here's the best. Substitute fun activities. 9. LIMIT TIME WATCHING NEWS ON TV AND LISTENING TO NEWS ON **RADIO AND PODCASTS.** The media needs to fill their 24/7...365days news cycle. And bad and exaggerated news sells. 10. AGGRAVATION. When you hear the "other side" express political views and you disagree, delay reactivity by taking 4 or 5 slow, deep deliberate breaths. This activates the parasympathetic nervous system and turns down the "fight or flight" sympathetic nervous system. During the slow in-breath through the nose, remember GRATITUDE, ACCEPTANCE, **INTENTION AND NONJUDGMENT.** Find Dr. Hammer at www.greghammermd.com. And RELAX!



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Governor Newsom Urges Schools to Restrict Cell Phones in the Classroom





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Excessive smartphone use among youth is linked to increased anxiety, depression, and other mental health issues. Photo by RDNE Stock project via Pexels.com

Office of Governor Gavin Newsom News Release

SACRAMENTO, CA (MPG) - In a letter to California schools on Aug. 13, Governor Gavin Newsom called on every school district to restrict smartphone use in classrooms as the new academic year begins. In his letter, the Governor applauds districts that have already implemented cell phone restrictions, like Los Angeles Unified, and reminded education leaders of the mental health, scholastic, and social risks of cell phone use in classrooms.

In 2019, Governor Newsom signed AB 272 (Muratsuchi) into law, which grants school districts the authority to regulate the use of smartphones during school hours. Building on that legislation, he is currently working with the California Legislature to further limit student smartphone use on campuses. In June, the Governor announced efforts to restrict the use of smartphones during the school day.

A copy of the letter can be found below:

Dear School Leaders,

As we strive to create the best learning environment for all students this new academic year, I write today to raise an urgent issue that affects their well-being: the pervasive use of smartphones in schools.

Excessive smartphone use among youth is linked to increased anxiety, depression, and other mental health issues. A recent Pew Research Center survey found that 72% of high school and 33% of middle school teachers report cell phone distractions as a major problem. Common Sense Media found that 97% of students use their phones during the school day for a median of 43 minutes. Combined with the U.S. Surgeon General's warning about the risks of social media, it is urgent to provide reasonable guardrails for smartphone use in schools. As I work with the Legislature to further limit student smartphone use on campus, there is no reason for schools to wait. In 2019, I signed AB 272 (Muratsuchi) into law, which grants school districts the authority to regulate the use of smartphones during school hours. This legislation was a crucial step in our efforts to minimize distractions and foster a more conducive environment for our students to learn. It is imperative that school districts take full advantage of this law to address the growing concerns surrounding student well-being and academic performance.

Leveraging the tools of this law, I urge every school district to act now to restrict smartphone use on campus as we begin the new academic year. The evidence is clear: reducing phone use in class leads to improved concentration, better academic outcomes, and enhanced social interactions. Schools and districts, including Santa Barbara Unified and Bullard High in Fresno, have seen positive impacts of limiting smartphones on campus, with some reporting higher test scores, grades, and student engagement, and less bullying and damage to school facilities. I applaud these districts, and others like LA Unified, for their leadership.

Every classroom should be a place of focus, learning, and growth. Working together, educators, administrators, and parents can create an environment where students are fully engaged in their education, free from the distractions on the phones and pressures of social media.

Thank you for your continued dedication to our students and support in making our schools the best they can be.

Sincerely,

Council Approves Property Purchase and Road Resurfacing

Continued from page 1

reviewed the project and had no concerns or objections. The new store is projected to generate approximately \$3,500 in quarterly sales tax revenue for the city.

There were no public comments on this item and City Council voted unanimously to approve the Letter of Public Convenience and Necessity

City Council considered a \$500,000 grant allocation to the nonprofit Hope Cooperative for its Auburn Oaks Project, in which they plan to acquire 7501 Sunrise Blvd. in Citrus Heights and redevelop it into an 88-unit supportive housing facility for seniors. An assisted-living facility for seniors already exists on the site but it's currently in need of many improvements.

The Auburn Oaks Project would be intended to house low-income seniors over the age of 55 who are homeless or at risk of being homeless. Case managers would be on site 24/7 to provide behavioral health support for the residents.

Hope operates other supportive housing projects throughout the region and was awarded approximately \$25 million in grant funding from the State of California for this project. But that total is expected to fall \$4.8 million short of the full project cost. Hope reached out to Sacramento County and to the City of Citrus Heights to help fill that funding gap.

The city's \$500,000 award would not come from the General Fund but from the city's Permanent Local Housing Allocation (PLHA) fund, which is ongoing state funding allocated to local governments to help address unmet housing needs.

Mayor Daniels asked whether Citrus Heights citizens could be prioritized for residency at the facility but Hope Cooperative CEO April Ludwig explained that it's illegal to geographically profile in that way. But Ludwig said that people in the homeless population often feel more at home in certain areas and those factors are considered in placement decisions.

Councilmember Tim Schaefer expressed concern that the city would cover this cost but that citizens from anywhere in the county could be placed there. He said that if people from the City of Sacramento could be eligible for placement, then Sacramento should be paying a portion.

"They need to be part of the solution as well," said Schaefer. City Manager Ashley Feeney

said that strategic marketing of the new facility can ensure that eligible Citrus Heights citizens could get on the placement list early. He said this grant award would support the City's goal "to prevent homelessness in Citrus Heights."

Vice-Mayor Jayna Karpinski-Costa disagreed that it would prevent homelessness in Citrus Heights: "We're helping with the overall homelessness issue countywide. ... Other cities should be pitching in."

She said that Citrus Heights should be prioritizing its own homeless residents, stating, "I would rather take \$500,000 and build a bunch of tiny homes."

Councilmember MariJane Lopez-Taff was concerned about the facility adding an additional burden to the Citrus Heights Police Department. She said a similar facility, Sunrise Pointe, resulted in an increase in calls for service to that area.

Community Development director Casey Kempenaar said that the existing facility at the site already has a lot of calls for service, so having a fully occupied facility with residents receiving supportive services "will be a better outcome and less impact on the community than its current state."

City Manager Feeney said that most of Hope's funding comes from the state, with Sacramento County also making a financial contribution to the project. So, if the city chooses not to partner in this project, the facility will likely still move forward with other funding sources, but then the city won't have any input on the project.

Councilmember Porsche Middleton said that Citrus Heights has lower numbers of homeless residents than other areas in the region because "we're proactive, and we take these chances, and make sure that we provide the housing services that are necessary."

Daniels said he was still concerned about the potential impact on the community, so he asked that the item be continued for two weeks so that it can be discussed further at the next meeting.

City Council then considered an agreement with Sacramento

County's Bradshaw Animal Shelter for animal shelter services. The five-year contract would take effect on Sept. 1, with an additional option to renew the contract through July 1, 2031. The agreement can be terminated by either party without penalty.

Citrus Heights had previously partnered with Placer County for sheltering services but lack of funding and capacity in Placer County resulted in the termination of that partnership earlier this year.

Many shelters in the region face similar challenges but Bradshaw Animal Shelter Director Annette Bedsworth said, "We're going to make it work."

Generally, Citrus Heights has about 500 cats and dogs each year that require sheltering, so Bedsworth wasn't worried about that number pushing the shelter above capacity. She said they have a robust adoption program and an extensive fostering network.

"I think this is a great partnership," said Bedsworth. "I think it's great for the City of Citrus Heights."

The funding for the sheltering contract is already part of the city's approved budget, with a total of \$414,354 to cover the first year of service. Subsequent-year costs would be based on the actual intake number from prior years.

Bradshaw Animal Shelter will provide Citrus Heights residents with services such as licensing and micro-chipping, lost pet reunification, and spay and neuter services. The Council voted unanimously to approve the contract with Bradshaw Animal Shelter.

City Council considered a construction contract with VSS International, Inc. for a pavement resurfacing project along 1.71 miles of Sunrise Boulevard from Madison Avenue to Greenback Lane.

Sunrise Boulevard is a significant corridor in Citrus Heights and the city has made various improvements over the year. However, the road itself has not been resurfaced since before incorporation. Despite being a heavily trafficked roadway, the pavement base is still in good enough condition that a three-layer chip seal resurfacing will improve the road without requiring more expensive repaving.

Many businesses in the Sunrise MarketPlace are along that stretch of Sunrise, so to limit the disruption to business operations, the city plans to do much of the resurfacing work from 8 p.m. to 5:30 a.m.

The estimated cost for the project is \$1.68 million, with funding for the project already included in the current budget from the Senate Bill 1 Road Maintenance and Rehabilitation account and the General Fund Capital Infrastructure fund.

City Council voted unanimously to approve the contract and work is expected to start as soon as September.

The next meeting of the Citrus Heights City Council is scheduled for 6 p.m. Aug. 28 at Citrus Heights City Hall, 6360 Fountain Square Drive.

California Commissioner Faces Criticism as He Tries to Solve Crisis in Home Insurance Coverage



his 2018 campaign for insurance commissioner, former state Sen. Ricardo Lara has faced sharp criticism from Consumer Watchdog, which denounced him as a tool of the insurance industry.

However Lara has had to contend with an unprecedented crisis in California's of new rules to speed up rate cases.

Consumer Watchdog is still nipping at Lara's heels, saying "we remain concerned that the new procedures announced by the commissioner will short-circuit public participation and rates will be rubber-stamped."

Grieving Isn't a Secret

An acapella chorus of "No-duh" rippled through our student body.

"My mother died the day after we arrived."

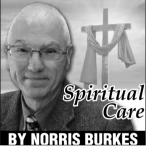
Suddenly, it became quite enough to hear a chaplain cuss, but I just said, "Ah, shoot."

Our class stopped to say a prayer for Bobby. The course director offered him mind, but thinking of Bobby, I didn't lie. I trusted Frank more than that.

"Not good." I said as my tears splatted the conference-room carpet.

Many readers know the story I told Frank next.

A few months prior, I'd rushed to give solace at a mass shooting scene at Cleveland Elementary school



By Dan Walters, CALMatters.org

"Father Knows Best" was a popular radio show in the post-World War era that morphed into an even more popular television series starring actor Robert Young.

Young's character, Jim Anderson, was an insurance company executive — probably the only time American mass media have positively portrayed such a figure. Young later played a much more sympathetic role, a doctor who made house calls, in "Marcus Welby, MD."

Insurance to indemnify us for liabilities and damages to our homes, cars and businesses is a modern necessity, but consciously or subconsciously we often resent paying for coverage that is seldom invoked.

Politicians tend to play on that resentment by promising, if elected, to protect voters from rapacious insurers.

In California, that attitude took the form of a 1998 ballot measure sponsored by a self-designated consumer protection group, that made the state insurance commissioner an elected official with new authority to regulate insurers.

The sponsoring group, Consumer Watchdog, has since been paid millions of dollars in "intervenor fees" for inserting itself into insurance rate cases pending in the Department of Insurance, but it claims to have saved Californians \$6 billion.

Ever since he launched

insurance market. The disastrous wildfires that have swept through California in the last half-decade prompted many insurers to curtail their exposure, some to the point of abandoning the state altogether.

California's insurance regulatory system, they said, made it impossible to accurately project potential losses and adjust their premiums accordingly.

As tens of thousands of policies were canceled or not renewed, property owners scrambled to find new coverage, and many turned to the state's insurer of last resort, the FAIR program, that offers only limited reimbursement for losses at high cost.

Furthermore, because mortgage lenders require borrowers to maintain insurance coverage on their property, the insurance crisis has contributed to California's housing crisis.

Lara, backed by Gov. Gavin Newsom, has proposed systemic changes in how insurance is priced. He agreed with insurers that their rate proposals should be processed more rapidly, that they should be allowed to include potential losses from wildfires and other catastrophes in their rates, and that the costs of reinsurance to spread the financial burden of losses — should be folded into premiums.

"We do not have the luxury of time," Lara said in a press release last week as he announced the adoption "Consumer Watchdog will analyze this action to determine if it is an illegal underground regulation or otherwise violates Proposition 103 by shutting consumers out of the process," it added.

Anticipating the criticism, Lara's announcement last week said, "Any intervenor groups engaged on certain rate filings must provide a 'substantial contribution' to the rate review process and not duplicate the work of the department's rate review experts to be eligible for compensation."

Would Lara's proposed regulatory changes likely make insurance coverage more expensive in fire-prone regions? Yes, but there are no free lunches and it's better to have costlier coverage than none.

If nothing else, Lara deserves credit for actually doing something about a severe crisis, rather than passing the buck – a contrast with how California officials are dealing with another crisis, homelessness.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. He began covering California politics in 1975, just as Jerry Brown began his first stint as governor, and began writing his column in 1981. the U.S. Air Force sent me to Air University at Maxwell Air Force Base in Montgomery, Ala., to complete Chaplain Basic Training.

I was 28 years old when

For three weeks, I sat elbow-to-elbow with other young chaplain wannabes.

On my left side sat the first of many chaplain priests I'd befriend.

Yet, almost from the beginning, Father Frank found me deeply disturbing on two levels.

First, he couldn't believe I didn't drink.

For the second problem, he suggested that "A good drink

could fix your akathisia." 'What's that?' I asked.

"Akathisia describes a complete inability to sit still." Fortunately, within a few days, I was able to win Frank

over without alcohol. We shared a lot of laughs, giggling during lectures, passing notes and kicking each other under the table to keep quiet. I began to feel that Catholic priests would likely go to heaven, and he learned that even Baptist teetotalers could be fun.

However, my classmate to my right wasn't as sociable. Bobby kept to himself, looking straight ahead, volunteering little more than his name and religious denomination.

Finally, a few days from the course completion during a lecture on grief, Bobby dropped a bomb.

"I know you probably think I've seemed detached these past several days." emergency leave, but Bobby refused, holding tight his military bearing.

After class, a few of us invited Bobby to a nearby bar. He declined, so we went without him.

Inside the bar, we commiserated on Bobby's behalf, noting how tragic it was to lose a family member while so far away from home.

After a few drinks, Frank slammed his hand on the table.

"Bobby didn't trust us," he said. "We sat shoulder-to-shoulder with him all month and he was locked up too tight to share with his clergy brothers."

"Perhaps we could have helped him," said one chaplain.

"How could we?" asked Frank. "He didn't trust us to help him."

"We could have carried his class assignments," suggested one lieutenant.

"I would have given him my phone card to call his family," I said.

To each idea, Frank pushed back, "If only he had trusted us."

The bar debate eventually found some resolve to reach out to Bobby again the next day.

"Try again." Frank said.

A few years later, I saw Frank at a chaplain's conference, just outside a Denver hotel.

"How you doing, Baptist?" he asked.

The word "fine" came to

in Stockton, Calif. I was the chaplain who told six parents that their child had been killed.

I fell into the arms Frank extended. He held me and wouldn't let go.

That night, he invited me to join him and two other priests at a local bar –the same opportunity he'd offered Bobby.

As we talked in that dark, private space, I sipped at my Pepsi, feeling a restoration budding in my soul.

During the next few hours, my priestly friends also told their stories of grief. They taught me that grief can't stay in the dark. It must come out or it will never heal.

Why did I choose this week to tell you this story? Because my 90-year-old mother died a few weeks ago and I won't keep that a secret.

She was the most wonderful mother who taught me faith, laughter and love. I want you to know that I feel grief and so should you.

By the way, I finally did take Frank's advice by accepting his offer of a Colorado Bulldog. (It's a White Russian cocktail, with added Pepsi.)

It was so delicious that I ordered two more that evening.

About midnight, when we stood to leave, the ceiling seemed a bit active.

"Don't worry. We got you, Baptist." Frank promised. And they did. They all walked me back to my room, arm in arm, like the brothers they'd become.

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LEGAL NG ΑΟΥΕ RΤΙSΙ Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05399 Joshua James Fitzpatrick, 5343 Moody Lane. Carmichael. CA 95608 is doing business under the Fictitious Business Name(s) "HD Window Cleaning Services 5343 Moody Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 12, 2024

Publish: August 2, 9, 16, 23, 2024 HD 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05545 Margarito Perez Robles, 5331 Kohler Road, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Page's Fountains & Water Gardens" 5331 Kohler Road, Sacramento, CA 95841, Filed with the Clerk of Sacramento County July 18, 2024

Publish: August 2, 9, 16, 23, 2024 PAGES 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05014 Sheldon Heiahts Holdinas 10095 Sheldon Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Lucky Bubbles Laundry" 3901 Madison Avenue Suite 25, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 28, 2024

Publish: August 2, 9, 16, 23, 2024 8-23-24 LUCKY

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05709 Pull Up Plate, 6109 Oak Green Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pull Up Plate Café/P.U.P Cafe" 2912 Auburn Boulevard, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 2, 9, 16, 23, 2024 PULL 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05234 Coronel's Ventures LLC, 99 S Almaden Boulevard Suite 600, San Jose, CA 95113 is doing business under the Fictitious **Business** Name(s) "Coronel Expedite" 2108 North Street Suite 8586, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 8, 2024 Publish: August 2, 9, 16, 23, 2024 CORONEL 8-23-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05345 Alexandra Miriam Jansen, 6330 Sunrise Boulevard #1024, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Therapy With Xandra" 6330 Sunrise Boulevard #1024. Citrus Heights, CA 95610. Filed with the Člerk of Sacramento County July 11, 2024

Publish: August 2, 9, 16, 23, 2024 THERAPY 8-23-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-04740 John Lawson Vincent, 7732 Ziebell Court, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Nor Cal Shade" 7732 Ziebell Court, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05708 Lawrence Ong, MD, Inc., 1098 Hillcrest Road, Beverly Hills, CA 90210 is doing business under the Fictitious Business Name(s) "Corcentra Anesthesia" 1401 21s Street Suite 6909. Sacramento. CA 95811. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 9, 16, 23, 30, 2024 CORCENTRA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05408 Dat Huu Pham, 5421 Verner Avenue, Sacramento, CA 95841 is doing business under the Business Name(s) Fictitious "Pro Laundry Services" 5421 Verner Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 15, 2024

Publish: August 9, 16, 23, 30, 2024 PRO 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05604 Navarro, Flordeliza 12268 Habitat Way, Rancho Cordova, is doing busi-er the Fictitious CA 95742 under ness "Orange Business Name(s) Orchard Home" 12268 Habitat Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 19, 2024

Publish: August 9, 16, 23, 30, 2024 ORANGE 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05828 Kathleen Davis, PO Box 292262 Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "USA Real Estate and Vacation Homes/ Kate Davis Promotions" 6025 Dias Avenue #146, Sacramento. CA 95824. Filed with the Clerk of Sacramento County July 29, 2024

Publish: August 9, 16, 23, 30, 2024 USA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05820 HS Drinks LLC, 24988 Blue Ravine Road Suite 108, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Bobaology" 24988 Blue Ravine Road Suite 108, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 29.2024

Publish: August 9, 16, 23, 30, 2024 BOBAOLOĞY 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05853 Kyle Bruns, 5013 Berisford Place, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bruns Equipment Rentals' 5013 Berisford Place, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 9, 16, 23, 30, 2024 8-30-24 BRUNS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05424 Danny Johnson, 3104 Street #223, Sacramento, CA 95816 is doing business under the Fictitious Business "Mullins Enterprises" Name(s) 3880 Stillman Park Circle #73, Sacramento, CA 95824, Filed with the Clerk of Sacramento County July 15, 2024 Publish: August 9, 16, 23, 30, 2024 MULLINS 8-30-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05862 Melissa Mercado, 50 Iron Point Circle Suite 140, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Commonwealth Customs by Meli" 50 Iron Point Circle Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 30, 2024 Publish: August 9, 16, 23, 30, 2024 COMMONWEALTH 8-30-24

with the Clerk of Sacramento County July 12, 2024 Publish: August 9, 16, 23, 30, 2024

RUFUS 8-30-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05954 Dickson Owino, 8076 Coopers Hawk Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) 'OAM Economic Consulting Group" 8076 Coopers Hawk Wav. Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 1, 2024 Publish: August 9, 16, 23, 30, 2024

OAM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05825 Pavel Polichshuk, 7212 Brattle Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Poli Building" 7212 Brattle Court. Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 29, 2024 Publish: August 9, 16, 23, 30, 2024 POLI 8-30-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05827 Devin Jones, 4251 Armadale Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Elevated Self" 4251 Armadale Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 29, 2024

Publish: August 9, 16, 23, 30, 2024 ELEVATED 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05941 Solstice Marketing Inc., 2880 Sunrise Boulevard, Sacramento, CA 95742 is doing business under the Fictitious Business Name(s) "S and C Concepts" 2880 Sunrise Boulevard, Boulevard, Sacramento, CA 95742. Filed with the Clerk of Sacramento County July 31, 2024

Publish: August 9, 16, 23, 30, 2024 SANDC 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05407

Doering Commercial Spaces, 470 N 16th Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "DCS" 470 N 16th Sacramento. CA Street. 95811. Filed with the Clerk of Sacramento County July 15, 2024

Publish: August 9, 16, 23, 30, 2024 DCS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05673 7710 Sarah Grace Pavne. Eastgate Avenue. Citrus Heights. CA 95610 is doing business under the Fictitious Business Name(s) "Moon Pearl Marketing" 7710 Eastgate Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 23, 2024

Publish: August 9, 16, 23, 30, 2024 8-30-24 MOON

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05948 Lilian Makama, 3284 Sunny Gate Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "I Am Concepts" 3284 Sunny Gate Lane, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2024 Publish: August 9, 16, 23, 30, 2024 8-30-24 IAM

Publish: August 16, 23, 30 Sept 6, 2024 RIDE 9-6-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNE2024-05887 Ellen Merriss, 7750 Envov Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Cresent Moon Writing Co" 7750 Envoy Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 CRESENT 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05651

Laura Trojanowski-Howe, 4435 Andrew Alan Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Callista" 4435 Andrew Alan Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 23, 2024

Publish: August 16, 23, 30 Sept 6, 2024 CALLISTA 9-6-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05694 Link Wireless Communications Inc, 734 Grand Avenue Unit D. Ridgefield, NJ 07657 is business under the doing Fictitious Business Name(s) 'Link Engineering" 734 Grand Avenue Unit D, Ridgefield, NJ 07657. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 16, 23, 30 Sept 6, 2024 9-6-24 LINK

FICTITIOUS BUSINESS NAME STATEMENT FBNE2024-06019 Cindy M Conklin, 6381 Auburn Boulevard Suite C, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Accurately Yours Accounting Solutions" 6381 Auburn Boulevard Suite C, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 6, 2024 Publish: August 16, 23, 30 Sept 6, 2024 ACCURATELY 9-6-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05962 Fred Lee Ellis III, 2211 Plaza Drive Apt 323, River Sacramento, CA 95833 is do ing business under the Fictitious Business Name(s) "Fred Still Hauling" 2211 River Plaza Drive Apt 323, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 1, Publish: August 16, 23, 30 Sept 6, 2024

FRED 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06004 Irma Yolanda Lara, 3824 Morris Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lara Cafeteria" 1120 N Street, Sacramento, CA 95814, Filed with the Clerk of Sacramento County August 5, 2024 Publish: August 16, 23, 30 Sept 6, 2024

LARA 9-6-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05648 Amy Marchant, 3216 Montclaire Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) Consulting' Marchant 3216 Montclaire Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 23, 2024 Publish: August 16, 23, 30 Sept 6, 2024 MARCHANT 9-6-24

Dallas TX 75206. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 CMB 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05874 Milo S. Roe, 5017 Raleigh Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Thor's 5017 Raleigh Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 THORS 9-6-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05876 Medgracia LLC, 2108 #9085, Sacramento, Street CA 95816 is doing business under the Fictitious Business Name(s) "Medgracia" 2108 N Street #9085, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 MEDGRACIA 9-6-24 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06052 Absolute Massage LLC, 9372 Madison Avenue Suite 5B. Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Absolute Massage" 9372 Madison Avenue Suite 5B, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 7.2024

Publish: August 16, 23, 30 Sept 6, 2024 ABSOLUTĚ 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05880 Vladyslav Guzevatyy, 10600 Averell Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Prime Construction" 10600 Averell Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 PRIME 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06031 Kepos Enterprises, Inc., 835 University Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business "Fleet Flower/Nu Name(s) Cannabis" 241 N 10th Street #7J, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 6, 2024 Publish: August 16, 23, 30 Sept 6, 2024

9-6-24 FLEET

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06034 Eva M. Segal, 11406 Forty Niner Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Salon Aprima" 5200 Sunrise Boulevard Suite 1, Fair Oaks. CA 95628. Filed with the Clerk of Sacramento County August 2024

Publish: August 16, 23, 30 Sept 6, 2024 SALON 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05988 Rvan Hatcher, 4800 Moddison Avenue, Sacramento, CA 95819 is doing business under the Business Name(s) Fictitious "Porter Street Strategies" 4800 Moddison Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County August 2,2024

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05884 SND Foods, Inc., 5109 Gibbons Drive, Carmichael, CA 95608 doing business under the Fictitious Business Name(s) "Star Liquor" 4110 De Lá Vina Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 23, 30, Sept 6, 13, 2024 STAR 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05905 Evangelina Bravo, 2451 Casa Linda Drive, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) A and E Cleaning Services 2451 Casa Linda Drive, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 31, 2024

Publish: August 23, 30, Sept 6, 13, 2024 CLEANING 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05957 First Baptist Church of Ric Linda, California 7008 10th Street, Rio Linda, CA 95673 is doing business under the Business Name(s) Fictitious "New Beginnings Fellowship of Rio Linda" 7008 10th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 1, 2024

Publish: August 23, 30, Sept 6, 13, 2024 NEW 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06224 Jennifer Meagher, 1027 Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Expressions" 1027 O Street, Rio Linda, CA 95673, Filed with the Clerk of Sacramento County August 14, 2024 Publish: August 23, 30, Sept 6, 13, 2024

EXPRESSIONS 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05935 Sportman Products LLC, 208 Street, Sacramento, CA 15th 95814 is doing business under the Fictitious Business Name(s) "Stencil Stop" 208 15th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 31, 2024 Publish: August 23, 30, Sept 6, 13, 2024 STENCIL 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05846 SandS Muthyala LLC, 5497 Mossy Stone Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mathnasium of Fair Oaks" 5450 Sunrise Suite Boulevard D. Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 23, 30, Sept 6, 13, 2024 MATHNASĬUM 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06179 Mohammad Dawod Aziza 7248 30th Street Suite B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "M A General Minor Auto Repair" 7248 30th Street Suite B, North Highlands. CA 95660. Filed with the Clerk of Sacramento County August 12 2024 Publish: August 23, 30, Sept 6, 13, 2024 GENERAL 9-13-24

2024

Publish: August 2, 9, 16, 23, 2024 8-23-24 NORCAL

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05588

Jon Schwarz, 1000 San Ramon Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "RMS Enterprises" 1000 San Fictitious Ramon Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County July 19, 2024

Publish: August 2, 9, 16, 23, 2024 RMS 8-23-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05666 Vladimir Stepanov, 3831 Annadale Lane #4, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Smart Tech Service" Annadale Lane #4, 3831 Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 23, 2024 Publish: August 2, 9, 16, 23, 2024 SMART 8-23-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05700 Enterprises LLC Nand 4925 Mack Road Apt #176, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Clothes & Craft Co" 4925 Mack Road Apt #176, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 2, 9, 16, 23, 2024 8-23-24 CLOTHES

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05683 Bobby G. Kerr, 6309 Landis Avenue, Carmichael, CA 95608 doing business under the Fictitious Business Name(s) "Bob's Skate Supply" 6309 Landis Avenue, Carmichael, Landis Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 2, 9, 16, 23, 2024 BOBS 8-23-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05778 Bahiyyah Muwwakkil, PO Box, 13381, Sacramento, CA 95813 is doing business under the Fictitious Business Name(s) ^{2nd} Hand Snob" 2308 Villanova Circle #7, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 26, 2024 Publish: August 9, 16, 23, 30, 2024

HAND 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05698 Alina Krasniuk, 2257 Windward Lane, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) 'Alina Krasniuk Distribution' 2257 Windward Lane, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2024

Publish: August 9, 16, 23, 30, 2024 ALINA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05676 Jacinto Chang and Hing Wong, 1021 E Rose Circle, Los Altos, CA 94024 are doing business under the Fictitious Business Name(s) "Folsom Home Rental" 4292 Cresent Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 23, 2024

Publish: August 9, 16, 23, 30, 2024

FOLSOM 8-30-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05470 Adriana Madrigal, 476 Fisher Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Backdrop Babe" 476 Fisher Circle, Folsom, CA 95630, Filed with the Clerk of Sacramento County July 16, 2024 Publish: August 9, 16, 23, 30, 2024

8-30-24 THE FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05398 Wendy McCallum, Trustee and Rufus A. Avent, Successor Trustee, 4811 Chippendale Drive #101, Sacramento, CA 95673 is doing business under the Fictitious Business Name(s) "Rufus A. Avent Jr and Company/Rufus A. Avent Jr Estate/Rufus A. Avent Jr WHFIT/ Rufus A. Avent Jr NMWHFIT/ Rufus A. Avent Jr Widely Held Fixed Investment Trust/Rufus A. Avent Jr Non Mortgage Widely Held Fixed Investment Trust 4811 Chippendale Drive #101, Sacramento, CA 95673. Filed

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05711 Tribid Consulting LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Transcend Limits Name(s) "Transcend Limits Nutrition" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2024 Publish: August 16, 23, 30 Sept 6, 2024

TRANSCEND 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05848

Mark W. Grill, Paul D. Grill and John S. Grill. 3785 Brickway Boulevard Suite 110, Santa Rosa, CA 95403 are doing business under the Fictitious Business Name(s) "Aaction Rents, LP" 3904 Winter Street, "Aaction Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 30, 2024 Publish: August 16, 23, 30 Sept 6, 2024

AACTION 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05725 Efinity Financial LLC, 1901 Central Drive Suite 612, Bedford, TX 76021 is doing business under the Fictitious Business Name(s) "Efinity Mortgage" 1409 W State Street, El Centro, CA 92243. Filed with the Clerk of Sacramento County July 25, 2024

Publish: August 16, 23, 30 Sept 6, 2024 EFINITY 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05877 Sandra Souza, 5597 Rubion Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) 'Attention To Detail/Attention To Detail California" 5597 Rubion Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024

Publish: August 16, 23, 30 Sept 6, 2024 ATTENTION 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06160 Ride4Less Auto Sales LLC. 7000 Franklin Boulevard Suite 625, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Ride4Less Auto Sales" 7000 Franklin Boulevard Suite 625, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 9, 2024

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05642 Brad's Home Repair LLC., 2891 Anderson Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Brad's Home Repair LLC" 2891 Anderson Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 23, 2024

Publish: August 16, 23, 30 Sept 6, 2024 BRADS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06010 Maria D. Martin, 1808 Avondale Avenue, Sacramento, CA 95825 is doing business under the Business Name(s) Fictitious "Well Connected Language Services" 1808 Avondale Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 5, 2024 Publish: August 16, 23, 30 Sept 6, 2024

WELL 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05766 Nestor Javier Pulido and Lizzette Corona, 9098 Salmon Falls Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Peak Performance K9 Mobile Dog Gym" 9098 Salmon Falls Drive, Sacramento, CA 9098 Salmon 95826. Filed with the Clerk of Sacramento County July 25, 2024

Publish: August 16, 23, 30 Sept 6, 2024 9-6-24 PEAK

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05765 Lizzette Corona and Nestor Javier Pulido, 9098 Salmon Falls Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Xochis Pawfections" 9098 Salmon Falls Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 25, 2024

Publish: August 16, 23, 30 Sept 6, 2024 XOCHIS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05875

CMB Export, LLC, 5910 N. Central Expressway Suite 1000, Dallas TX 75206 is doing business under the Fictitious Business Name(s) "CMB Regional Centers" 5910 N. Central Expressway Suite 1000,

Publish: August 16, 23, 30 Sept 6, 2024 PORTER 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06093 Troopathon, 3105 File Circle Suite 108, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "America's Care Packages for the Troops" 3105 Fite Circle Suite 108, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 8, 2024

Publish: August 16, 23, 30 Sept 6, 2024 9-6-24 AMERICAS

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05861 Charlotte Tillman, 8226 La Sombra Way, Sacramento, Sombra Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Char Stamps/Char's Travel". 8226 La Sombra Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 30. 2024 Publish: August 16, 23, 30 Sept 6, 2024 9-6-24 CHAR

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06119 Lart Group Inc, 6232 Greenback Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Minuteman Press" 6232 Greenback Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 8, 2024 Publish: August 16, 23, 30 Sept 6, 2024

MINUTEMĂN 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05843 Packerz LLC, 2108 N Street N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) 'Chai Master" 2108 N Street N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 30, 2024 Publish: August 16, 23, 30 Sept 6, 2024

9-6-24

CHAI

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05806 Diana Williamson, 4110 De La Vina Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Butterfly Effect" 4110 De La Vina Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 29. 2024 Publish: August 23, 30, Sept 6, 13, 2024

BUTTERFLY 9-13-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06180 Melinda Martrano, 3700 Bayou Road, Sacramento, CA 95835 is doing business under the Business Name(s) Fictitious "Mehndi by Melinda" 3700 Bayou Road, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 12, 2024

Publish: August 23, 30, Sept 6, 13, 2024 MEHNDI 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06190 Mortaza Hussaini, 3915 Power Inn Road Suite E. Sacramento. CA 95826 is doing business under the Fictitious Business Name(s) "Elite Car Zone" 3915 Power Inn Road Suite E, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 12, 2024 Publish: August 23, 30, Sept 6, 13, 2024

FLITE 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05775 Joanna Brotnei, 7900 Bellingrath Drive, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Harmony Home Care" 7900 Bellingrath Drive, Elverta, CA 95626. Filed with the Clerk of Sacramento County July 25, 2024

Publish: August 23, 30, Sept 6, 13, 2024 HARMONY 9-13-24 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-05891 Concrete Crafters, Inc, 7328 Sylvan Grove Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Concrete Crafters. Inc./Concrete Crafters' 7328 Sylvan Grove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2024

Publish: August 23, 30, Sept 6, 13, 2024 CONCRETE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05612

Victor Sepulveda, 6729 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Fidelina Tire Shop" 6729 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 22, 2024 Publish: August 23, 30, Sept 6, 13, 2024 FIDELINA 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05985 Victoria Lose, 1104 Corporate

Broken Compass Plays at Aug. 29 Bands and Brews

By Aaris A. Schroeder

ORANGEVALE, CA (MPG) -Orangevale Bands and Brews is a free weekly family event Thursdays from 5 to 8 p.m. It includes a farmers' market, live music, food trucks and a beer and wine garden organized by the Orangevale Chamber of Commerce and Orangevale Farmer's Market at Orangevale Recreational Center on Hazle Avenue.

Every Thursday from May to October, Orangevale residents gather to celebrate their community. Businesses that participate include SMUD, Palmer Real Estate, Orangevale Community Foundation and Orangevale Rotary Club.

This time around, Aug. 29 will also be a joint chamber mixer for both the Orangevale and Citrus Heights chambers of commerce.

The cost to attend is \$20 and includes a meal voucher: your choice of food trucks, beer, wine or seltzer and dessert.

Jam band Broken Compass will be on the Aug. 29 main stage. Kyle Ledson (mandolin, guitar, banjo and vocals), Django Kale Ruckrich (guitar, mandolin, slide guitar and vocals), Mei Lin Heirendt (fiddle



Broken Compass, from left, are Django Kale Ruckrich, Mei Lin Heirendt, Kyle Ledson and Sam Jacobs performing at Orangevale Recreational Center Bands and Brews on May 23. Photo courtesy of Jeff Ledson.

and vocals) and Sam Jacobs (bass) blend bluegrass and Americana sounds.

Since its conception in 2021, Broken Compass has a few songs from its 2023 "Fools Gold" album on SiriusXM Radio. The band has found support from local public radio that, according to band manager and Ledson's father, Jeff Ledson "means the world to the band." In addition to managing, the father's duties include running sound, design, marketing and "driving the bus."

This will be Broken Compass'

third time performing at Orangevale Bands and Brews.

"We love a big crowd. We understand the event is not just about the music but having an attentive audience is always rewarding as a band," Ledson said. "We also love connecting with the dancers. Seeing folks move to the music makes our performance better. It's all a relationship, one that feeds off each other to make the show greater."

According to the California Bluegrass Association, Broken Compass' songs are "not linear with a beginning, middle and end but rather stopping points of observation filled with contrasts and ponderings."

Broken Compass has performed at major summer events, including the High Sierra Music Festival in Quincy and Bluegrass in La Roche in La Roche-sur-Foron, France. The band has traveled internationally through the California Bluegrass Association.

"We were happy to give them our unique California style of 'jam-grass' and watch them react. It was all so positive, so uplifting," Ledson said. "That's the special sauce that music provides. Sometimes, a performance can feel like a job and sometimes, you can feel the magic."

For more information about the Orangevale Bands and Brews events and to get advance tickets, visit www.orangevalechamber.com and click on the event calendar. ★

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999 Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195386 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 2, 2024

Publish: August 23, 30, Sept 6, 13, 2024 JOURNEY 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06209 Selena McQuilkin, 3425 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "El Camino Psychic and Spiritual Healer" 3425 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 13, 2024

Publish: August 23, 30, Sept 6, 13, 2024 PSYCHIC 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06229 Oleksandra Borodych, 10324 Rancho Mills Station Road, Cordova, CA 95670 is doing business under the Fictitious "Sabo Business Name(s) 10324 Mills Station Design"

2024 Publish: August 23, 30, Sept 6, 13, 2024 LITTLE_______9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05640 Res.Co Clean. 8328 Myrtus Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) Emergency "Restoration Company/RESCO' Services Greenback 9418 Lane. Orangevale, CA 95662. Filed with the Clerk of Sacramento County July 23, 2024 Publish: August 23, 30, Sept 6, 13, 2024

RESTORATION 9-13-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06206 SAHM Enterprises Inc, 9785 Summer Glen Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Dieselers" 5900 Warehouse Way #110, #130, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 13, 2024 Publish: August 23, 30, Sept 6, 13, 2024 DIESELERS 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06278 Granite Financial Solutions, Inc., 5321 Luce Avenue, McClellan, CA 95652 is doing business under the Fictitious Business Name(s) "Secure Workspaces Distribution" 5321 Luce Avenue, McClellan, CA 95652. Filed with the Clerk of Sacramento County August 15, 2024 Publish: August 23, 30, Sept 6, 13, 2024 SECURE 9-13-24 of Heaven Reese Manipon Obille to Heaven Reese Obille Castaneda.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 10, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 19, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 2, 9, 16, 23, 2024 Castaneda 8-23-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV005370

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 24, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814 and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 18, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 9, 16, 23, 30, 2024 ROBERTS 8-30-24

Gulsoom Yousuf to Gulsoom Aryoubi and Mohammad Yousuf to Mohammad Aryoubi and

Aisha Yousuf to Aisha Aryoubi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 4, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 1, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: August 9, 16, 23, 30, 2024 ZAHIRI 8-30-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015391

Sarah Jane Dalley-Lincoln has filed a petition with this court for a decree changing the name(s) of Sarah Jane Dalley-Lincoln to Sarahjane Lincoln.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 5, 2024, at 1:30 p.m. in Department located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 1, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: August 16, 23, 30 Sept 6, 2024 LINCOLN 9-6-24

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2024. at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 30, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 23, 30, Sept 6, 13, 2024 BIRKES 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV014118

Mohammad Reza Hatami has filed a petition with this court for a decree changing the name(s) of Mohammad Reza Hatami to Reza Hatami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 14, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted the Superior Court of California, County of Sacramento, requesting Neda Tavana Chopan be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows August 28, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state vour objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Neda Tavana Chopan, 7703 Wintergreen Drive, Citrus Heights, CA 95610; 408-469-1750 Publish: 8/9, 8/16, 8/23, 2024 8-23-24 TAVANA

Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 14, 2024

Publish: August 23, 30, Sept 6, 13, 2024 SABO 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06244

CB Electric LLC, 8121 Dart Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Bybee Electric Services" 8121 Dart Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 14, 2024

Publish: August 23, 30, Sept 6, 13, 2024 BYBEE 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06195 Hastings Health Physician Assistant Inc., 8881 Katama Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Radiant Studio by Tati Hastings" 3160 Arden Way Suite #114, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 12, 2024 Publish: August 23, 30, Sept 6, 13, 2024

RADIANT 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06250 Jamie Perez, 7109 Rob River Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Beyond Words Productions" 7109 Rob River Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 15, 2024

Publish: August 23, 30, Sept 6, 13, 2024 BEYOND 9-13-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06109 Kirbee Brooks-Gomez, 4335 Shingle Oak Lane, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "BusyPro Virtual Assistant Agency" 4335 Shingle Oak Lane, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 8, 2024

Publish: August 23, 30, Sept 6, 13, 2024 BUSYPRO 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06143 Sarah Torres, 9235 Madison Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Little b Photo/Sarah Beth Photography" 9235 Madison Avenue, Orangevale, CA 95662. Filed with the Clerk of

Sacramento County August 9,

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV014932

Josselyn P. Nelson has filed a petition with this court for a decree changing the name(s) of Alondra Monserrath Perdomo to Alondra Monserrath Nelson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 30, 2024, at 8:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 26, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 2, 9, 16, 23, 2024 NELSON 8-23-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #34-2019-00252673-PR-GP-FRC Raitavea Casey has filed a petition with this court for a decree changing the name(s) of Za'ryah Marie Jael Mcdaniel to Za'ryah Marie Casey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 30, 2024, at 9:00 a.m. in Department 129, located at 3341 Power Inn Road, Sacramento, CA 95826, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2024 James E. McFetridge, Judge of the Superior Court Publish: August 2, 9, 16, 23, 2024 CASEY 8-23-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV014388 Mae Joy Castaneda has filed a petition with this court for a decree changing the name(s) SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV014548 Tahmina Khushrawi has filed a

petition with this court for a decree changing the name(s) of Tahmina Khushrawi to Tahmina Khusrawi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 22, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 9, 16, 23, 30, 2024 KHUSHRAWI 8-30-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV008467

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Aubrie Leyla Parker to Aubrie Leyla McLaughlin-Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 1, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: August 9, 16, 23, 30, 2024 ROBERTS 8-30-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015314 Yousuf Jan Hussain Zahiri has filed a petition with this court for a decree changing the name(s) of Yousuf Jan Hussain Zahiri to Yousuf Aryoubi and Farida Mahmood to Farida Aryoubi and SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015789

Sydney Jeanette Barnes has filed a petition with this court for a decree changing the name(s) of Sydney Jeanette Barnes to Sydney Jeanette Vox.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 11, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 8, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: August 16, 23, 30 Sept 6, 2024 BARNES 9-6-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015857

Dianna T Nguyen has filed a petition with this court for a decree changing the name(s) of Dianna T Nguyen to Nho Xuan The Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 20, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 9, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: August 23, 30, Sept 6, 13, 2024 NGUYEN 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015296

Elizabeth Shae Birkes, has filed a petition with this court for a decree changing the name(s) of Elizabeth Shae Birkes to Oliver Shae Birkes. Dated: July 16, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: August 23, 30, Sept 6, 13, 2024 HATAMI 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015541

Nhan Tam Quyen Tran and Thi Van Phan has filed a petition with this court for a decree changing the name(s) of Nhan Tam Dung Tran to Laura Tran.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: August 5, 2024 Richard K. Sueyoshi, Judge of the Superior Court

Publish: August 23, 30, Sept 6, 13, 2024 TRAN 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015897

Steliany Jon Dariotis has filed a petition with this court for a decree changing the name(s) of Steliany Jon Dariotis to Stella John Dariotis.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 17, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 9, 2024

Richard K. Sueyoshi, Judge of the Superior Court Publish: August 23, 30, Sept 6, 13, 2024

DARIOTIS 9-13-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ABRAHAM TAVANA CASE NO. 24PR002129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Abraham Tavana.

A Petition for Probate has been filed by Neda Tavana Chopan, in

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

FILE NO. FBNF2023-02337 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Natomas Ace Hardware and North Natomas Ace Hardware. 2020 Club Center Drive Suite 100, Sacramento, CA 95835. Natomas Hardware, Inc., 2020 Club Center Drive Suite 100, Sacramento, CA 95835.

The Fictitious Business Name Statement was filed on 3/28/2023 in the County of Sacramento.

Filed with the clerk of Sacramento County: 7/22/2024. Publish: August 2, 9, 16, 23, 2024 NATOMAS 8-23-24



Social Security Matters Does Some of my Social Security Payment Include Repayment of my Contributions?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have a question about my Social Security benefits. Would I be correct to assume that part of the monthly Social Security income I get is a repayment of what I contributed to the fund while I was working? If so, how much of my monthly benefit payment is my own money coming back to me? Signed: Curious **Beneficiary**

Dear Curious: I'm afraid that is not how Social Security works. The money you contribute to Social Security during your working years does not go into a special account to be repaid to you. Rather, the Social Security taxes you pay while working are used to pay benefits to all those currently receiving Social Security benefits. The system is, in effect, a "pay as you go" program where all those currently contributing help pay benefits for all those now receiving. What your contributions do, however, is earn you "quarter credits" and, when you have enough credits, you become eligible for Social Security retirement benefits for life. Generally, someone

must have about 40 quarters (about 10 years) contributing to Social Security to be eligible for SS retirement benefits.

How much you receive monthly is determined not by how much you contributed but, rather, by how much your work earnings were over your lifetime. You will get a percentage of your average pre-retirement work income as your monthly Social Security payment, but that is also affected by your age when you claim benefits. It is your average lifetime earnings (adjusted for inflation) which determines your "Primary Insurance Amount" (or "PIA"). Your PIA is what you get at your Social Security full retirement age (FRA), but your age when you claim benefits determines if you get more or less than your PIA. Claiming SS before your FRA means a smaller monthly benefit, while waiting longer than your FRA means a benefit higher than your PIA. (SS benefits reach maximum at age 70). FYI, each person's FRA is different based on the year they were born, but full retirement age today is between age 66 and 67. When you claim benefits relative to your FRA determines how much of your PIA you will receive each month.

So, your contributions to Social Security aren't used to determine your monthly benefit amount, but your average lifetime work earnings and age when you claim are. Nevertheless, you may be interested to

know that most people get back everything they have personally contributed to Social Security within about 3 to 5 years of collecting their benefits. In that sense, Social Security is an exceptionally good deal, since most Americans now collect benefits for about two decades. And therein lies much of Social Security's financial dilemma - people are now collecting benefits for many more years than the current program is designed to support. And that is what Congress needs to fix as soon as possible. The Social Security trust funds (which now provide supplemental money to pay benefits) are projected to be depleted around 2033, which will mean a cut in everyone's monthly Social Security payment, unless Congress acts soon to reform the program and restore it to fiscal solvency.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff. trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/ programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org.

GRACE BAPTIST CHURCH



The Bible.

SERVICE SCHEDULES

Sunday Schools (All Ages) 9:45 am
Sunday Worship 11:00 am
Sunday Evening 6:00 pm
Wednesday Evening 7:00 pm

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Subscriptions should be mailed to:

Citrus Heights Messenger,

7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$52 per year in Citrus Heights. \$72 within Sacramento County.

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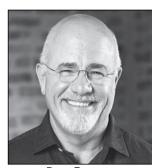


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Dave Ramsey

Dear Dave.

Recently, I began running my farm operation debtfree. I have 350 acres, and all the varying expenses often makes it difficult to budget correctly. I also have about \$240,000 in debt from bad financial decisions in the past. Do you have any suggestions for budgeting in a volatile industry like mine?

- Thomas
- Dear Thomas.

First, you want to set up a separate budget and run a profit and loss statement. You'll want to estimate the income for the year as best you can, and you'll need to estimate your expenses item by item and category by category for the year. After that, you'll want to break it down by month. This is called laying out a business pro for-

Dave Ramsey Says

It Gets Easier, and More Accurate, Over Time

ma—a business budget. Next, you've got two goals to work toward with your profits. By profits, I mean after you've paid household expenses. That includes a living wage, enough to operate, keep food on the table, the lights on and that sort of thing. After basic living expenses are out of the way, your net profit in the business should be divided between retained earnings-or savings-and debt reduction. The idea is that you're going to put the lion's share toward paying off debt for now. Still, you need to have something set aside for a rainy day. In your case, that could be taken literally.

Keep in mind that in business, retained earnings are used for more than just emergencies. They're also for buying more land, equipment and anything else that'll grow your operation. But you always want a pad in there. What if you have an unusual year, and your

budget estimates are way off? It could be unexpected expenditures, or the fact you simply had a bad year. In business, that's an emergency, and you'd take that out of retained earnings.

Doing a budget, whether it's in business or personal finance, gets easier and more accurate with time and practice. You won't get everything right the first couple of tries, but with a little time and experience your budgeting skills and estimates will become more accurate.

I hope this helps, Thomas. Thanks for all your hard work!

– Dave

Dave Ramsey is an eighttime national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more.



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Office Administration - We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

City Reporter - We are seeking a fulltime City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Copy Editor - We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

Delivery Driver - Weekly Hauling to Marysville- We are seeking a parttime Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver/Local

- We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

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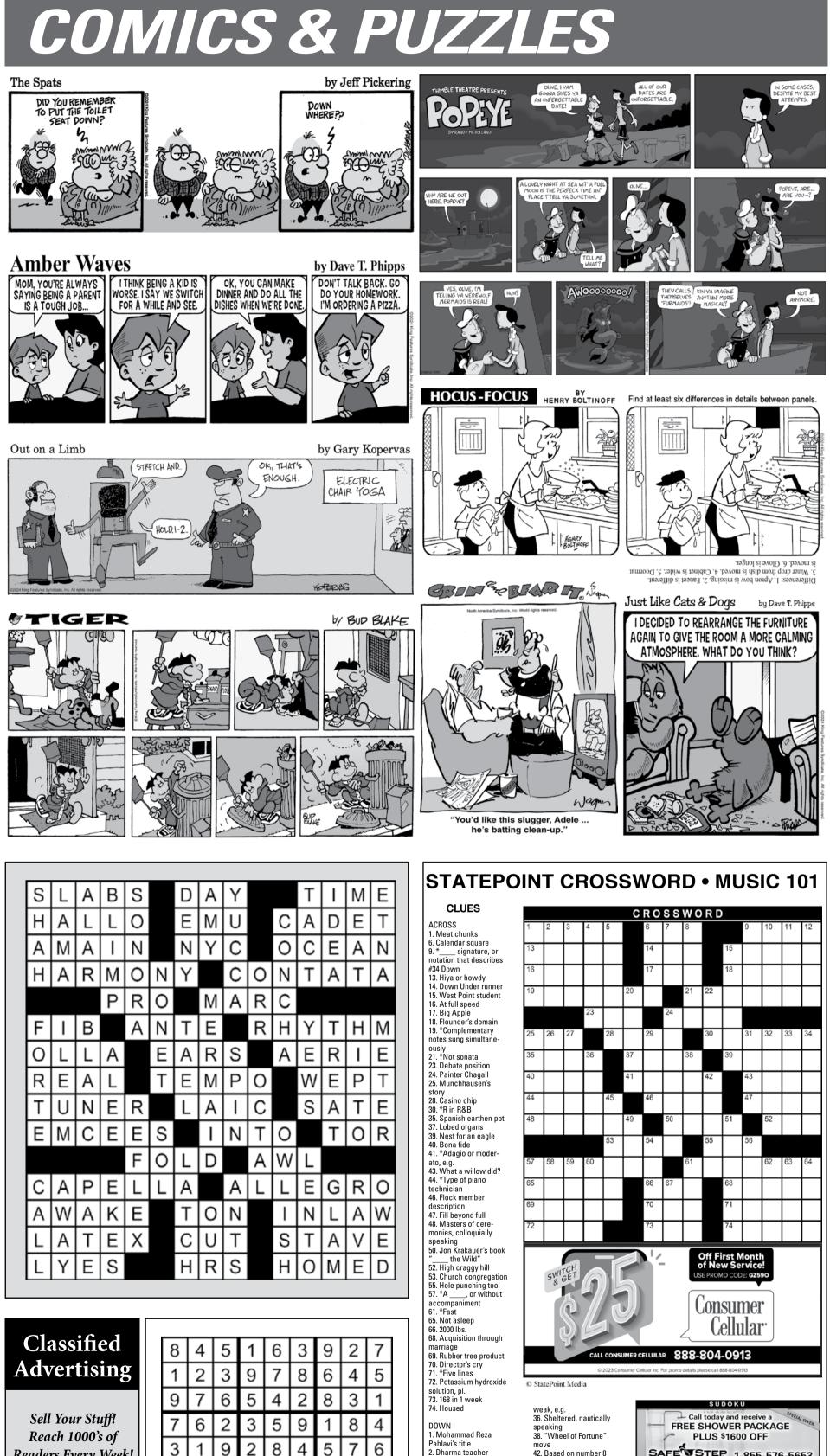
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Stay Safe from Rattlesnakes San Juan Water District



Northern Pacific Rattlesnakes are common in this area. Photo by Judy Andrews

Continued from page 1 and won't strike unless provoked."

Starkey's organization provides training courses that teach students about venomous snake behavior and how to safely handle them.

"Empowering individuals to learn about snakes helps conserve their population in the ecosystem," he said.

Keeping your home snake-free

Rattlesnake sightings and encounters can occur at any time of year in this area but are more frequent as the snakes become active when temperatures rise above 70 degrees. Should you find one in your yard, don't panic. Follow the experts' advice to keep your property snake-free.

"Understanding their behavior and habits is the first step in safety and prevention," said Ben Nuckolls, Wildlife Capture Specialist and owner/operator of California Wildlife Encounters. With 30 years of experience, Nuckolls is trained to safely work with all types of wildlife, often including venomous snakes.

"The important thing to remember is that rodents attract snakes," Nuckolls said. "Removing a snake's food source is crucial to keeping your home



Save The Snakes teaches students and wildlife professionals how to handle venomous snakes safely. The organization accepts donations to keep their work going. Photo courtesy of Save The Snakes

snake-free."

Nuckolls frequently responds to calls from livestock owners and residents in rural communities who find rattlesnakes in the loose straw where rodents burrow or near chicken coops where rodents eat the feed.

Homeowners can reduce snake encounters by keeping their yards, sheds and garages clutter-free. This involves cleaning up all birdseed from the ground, trimming weeds, grass and overgrown foliage-and conducting regular home perimeter inspections, including checking woodpiles and areas near water sources

Snake experts also advise homeowners near open spaces and greenbelts to invest in rattlesnake fencing installed by a professional to minimize snake entry points.

Should you encounter a rattlesnake in your yard, it's recommended that you call a professional to safely and humanely remove it. Don't try to remove it yourself or kill it unless you've been trained in handling venomous snakes. A scared, provoked snake will try to defend itself.

Experts recommend having a plan in place and keeping the phone numbers of local snake removal companies or your local county Animal Control handy in case you need them at any time. Check with your nearest hospital or emergency facility to ensure they carry the antivenom. A rattlesnake bite is a medical emergency for humans and pets.

Receives Award

Continued from page 1

manager of San Juan Water District. "The upgrade and replacement of Hinkle Reservoir's floating cover and liner was our largest infrastructure project in four decades. Because the Reservoir is essential to our operations, the project had to be completed during a short wintertime window, which our design, construction management, and construction contractors very successfully achieved."

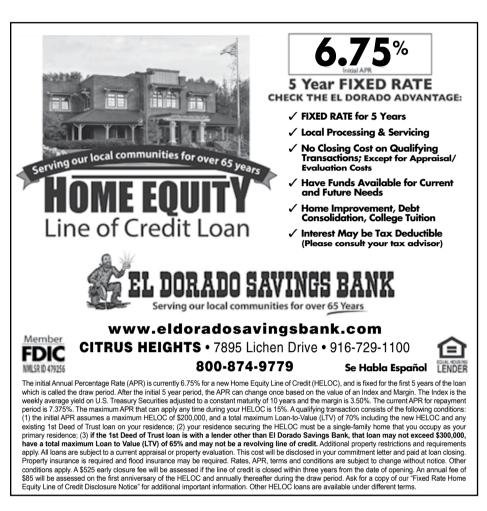
Originally built in 1916, Hinkle Reservoir was located in what is now Folsom Lake before being moved to its current site in the 1950s.

To meet new environmental regulations and protect water supplies from contamination, San Juan Water District installed a Hypalon geomembrane liner and floating cover in 1980. Although the cover and liner were originally guaranteed for 25 years, San Juan Water District significantly extended the system's lifespan through regular maintenance and testing to ensure its integrity.

In 2022, with the system now more than 40 years old, San Juan Water District determined a replacement was necessary. The cover and liner replacement project was completed in April 2023, on time and under budget.

Hinkle Reservoir provides drinking water to more than 265,000 customers in the greater Sacramento region and has a total storage capacity of 62 million gallons.









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