The Yankee X press CROSSTOWN ADS & BUSINESS NEWS

PRSRT STD ECRWSS U.S. Postage PAID Boston, MA Permit No. 55800

August 23, 2024

NORTH EDITION: Auburn & Oxford

Hot on the Ice Cream Trail

BY PATTY ROY

assachusetts has always had a tradition of eating lots of ice cream, year-round.

And why not, when we have always had plenty of the key ingredients – milk from dairy cows and ice cut from local ponds during cold winters. The ice was packed in sawdust and sent on ships around the world to warmer climates, according to Andrew Robichaud, an assistant professor of history at Boston University in his book-in-progress about the ice trade, tentatively titled "On Ice: America's Nineteenth-Century Ice Age and the Making of Modern Life."

Beginning around 1820 and for the following one hundred years, ice was treated as a crop, a short-lived product that was strategically cultivated and harvested.

Now, mixing history with tastiness, the state has developed the Massachusetts Ice Cream Trail, an initiative celebrating the history of making ice cream and encouraging native Bay Staters and visitors alike to sample the wares.

The map designates more than 100 places to stop for the cool and creamy treat. This is no lighthearted excursion – remember that Massachusetts dairy farms contribute more than \$61 million annually to the state's economy. In fact, as a testimony to its earnestness, the trail was developed by the Massachusetts Dairy Promotion Board, the Massachusetts Department of Agricultural Resources (MDAR), and the Massachusetts Office of Travel & Tourism (MOTT).

"We are excited to launch the Massachusetts Ice Cream Trail, a delicious route that highlights the incredible diversity of our dairy farms and ice cream shops," said **Governor Maura Healey**. "Massachusetts has a vibrant agricultural sector that thrives thanks



to the hardworking farmers who diligently support our communities. This new tourism trail is designed to invite residents and visitors to experience our creative dessert offerings at traditional parlors, innovative shops, and local farm stands."

You can feel good about eating locally produced ice cream, because the majority of local dairy farms are family owned, according to state resources.

"Small businesses are the heart of our state economy and contrib-

ute so much to the fabric of our communities," said **Economic Development Secretary Yvonne Hao.** "We are excited the Massachusetts Ice Cream Trail celebrates our state's dairy industry and showcases the businesses that deliver delicious treats and familyfriendly activities for residents and visitors to Massachusetts."

"With the creation of this ice cream trail, we now have a convenient guide to the ice cream shops and dairy farms in Massachusetts that are using locally-produced milk to serve up this summertime staple," said Ashley Randle, MDAR Commissioner and Chair of the Massachusetts Dairy Promotion Board, who is also a fifth generation dairy farmer.

For a copy of the Massachusetts Ice Cream Trail guide and to learn more, visit www. visitma.com/ice-cream-trail.

You'll find local stops such as West End Creamery, 481 Purgatory Road, Whitinsville, (www. westendcreamery.com) Elmhurst Dairy Farms, 342 West Main Street, Millbury, Swirls & Scoops, 68 Worcester Street, Grafton and Whittier Farms, 90 Douglas Road, Sutton.

"As a representative of the Massachusetts Food Association on the Massachusetts Dairy Promotion Board, we are very excited to see this ice cream trail go live," said Lynne Bohan, Massachusetts Dairy Promotion Board member. "This project furthers our goal of increasing the awareness and the consumption of Massachusetts sourced dairy products throughout the state."

Shiver Me Timbers ... Bats in my Belfry

BY JANET STOICA jstoica@TheYankeeXpress.com

Editor's Note: Our reporter relates a terrifying run-in with a bat in her house and shares the thoughtful, compassionate and informative response she received from a local naturalist.

t was a beautiful morning in July as I sat reading peacefully in my living

room

Suddenly my two tuxedo cats were racing back and forth from corner to corner in my kitchen with their eyes focused on the ceiling area. I briefly saw a black fluttering bird hovering near the ceiling. It flew quickly around the room. I thought Oh, the poor bird! How did it get into my house? I'll have to hurry and open a window for it to fly out. As I ran to the kitchen to see how to rescue the innocent creature, I suddenly saw that it was definitely not a bird and besides it wasn't making any bird noises. I was now dealing with a bat. My three-day nightmare had just begun.

I did not scream out, I did not think to get a broom or other longhandled device to swat it down, and I certainly did not call for help ... yet. I did, however, cover my head so the black & sinister thing wouldn't land on my head and tangle up into my hair (a common fallacy that is not true but I guess I was having one of those duck and cover reactions). It was every woman and cat for itself! It flew everywhere and finally into my bathroom where I saw it land on my freshly-washed window curtains. Quickly, I slammed the door and then started hyper-ventilating. What should I do? Who should I call? Where did it come from? What the ...

I called the local police station,

where the animal control officer is based, and learned that she was unavailable at the time. She would be notified of my dilemma and, hopefully, would contact me as quickly as possible. She phoned soon after and stated that she would arrive within the hour. After her entry into my bathroom closing the door behind her to search for the creature as it was nowhere to be seen, she exited and advised me that she could not find the vermin and left. I was advised to have my cats vaccinated for potential rabies. It was then that I phoned my former handyman, Danny, who visited with a high-powered flashlight, towels (for capturing the animal),

BATS continued on page 2



BATS continued from page 1

and sturdy gloves. He went into the forbidden zone and, of course, clicked the door shut behind him. I sat in the kitchen and prayed for his hunting success. I could hear the toilet tank cover being clunked down, my linen cabinet door shutting closed, and my shower doors bumping shut. I mean, let's face it, all I needed was some deep sinister organ music like Bach's Toccata & Fugue in D minor (think Dracula movies of old) to add to the drama. My heart raced and terror filled my brain. Surely, Danny would find the crazy little creature. Danny soon opened the bathroom door and pronounced that he had looked everywhere possible and found absolutely nothing. He thought that maybe the pointy flying object had squeezed itself under the baseboard heating pipes and was

now resting comfortably under the bathroom floor. I was devastated that he hadn't found the creature.

About 6:00 p.m., a pest-control friend arrived after his workday was over. If anyone could locate this terrifying creature, it most definitely would be him. He entered the room and also exited after 10 minutes of futile searching. Zip, nada, nope, negatoryi, zilch. He thought batman had gone between the walls where there was a small opening. He advised me to continue to keep the door closed and to look for bat droppings on the floor the next morning. Oh great, just what I needed. Cleaning up Mr. Bat's poop sounded disgusting. I stuffed a towel under the door, fed my two kit-cats, and then proceeded to look up bat information on the internet. I learned that bats don't aim for your head, that it was probably more scared of me

than I was of it, and that I should pray that it doesn't have rabies. Also, since the animal control lady advised me that my two felines needed rabies shots, I knew I had to call the local vet. After phoning three area veterinarians who had no appointments available, I was off to Shrewsbury to the 24/7 vet emergency group on Route 9. An excellent facility with excellent staff that accommodated me quickly where I was in and out in one hour after spending \$500. My brother and sister duo, Mikey and Maria, were very quiet in their crates as I drove home. Maria had serenaded me the entire trip to Shrewsbury but now she was eerily quiet adding to my worries. (Today, both felines are in their usual great states.)

That night, about 8 p.m., Mr. Bat decided to cause another ruckus. I was watching TV and out of the corner of my eye I saw him fly. This

CERAMIC CLEARCOAT

time he used his flying prowess and sonar to navigate the living room. I jumped out of my chair and opened the door to the front hall and then the door to the outside. I hoped with every fiber of my being that he would find his way out the front door. After 15 minutes of holding the outside door wide, I decided that my visitor must've flown the, er, coop. I closed and locked the doors and wished that he was gonzo forever. After much memory-jogging, I finally determined that the bat had gotten in when a window screen had tilted open on my sun porch and had been wide open all night. Then, when I opened my back door to go out, it must've flown into my home.

The next day I avoided the hallway like the plague. Never went near the doors. The next morning, however, as I grew braver, I opened the hall door and walked slowly into the hall. What was that?!? A little black lump on the rug. Was that the scary creature who had brought me so much grief? Well, yes it was. It was belly up. I slammed the door and quickly ran for my Tupperware and placed it over the poor thing. Of course, because I was still creeped out, I also placed a gallon paint can over the Tupperware just to be safe. Then I made a quick phone call to the animal control officer. The bat was picked up and was to be sent to the State lab for rabies testing. Four days later, the animal control officer phoned me to advise that the bat tested negative for rabies. What a great relief as I had prayed that it would be a negative result so I would not have to suffer the consequences of getting my own rabies shot. Shiver me timbers! What a horrifying experience!

Dear Janet,

I recently read your article in the August 9th edition of the YankeeXpress [South] about your encounter with a bat in your home. ("Shiver Me Timbers ... Bats in my Belfry")

I am quite sure, also, that it was the same bat that came to the veterinary diagnostic lab where I work before we submitted him to the state lab for testing (only the state lab can conduct this testing, but sometimes specimens will be delivered to us first). As most of us at my lab are animal lovers (many were veterinary technicians in former careers and one coworker actually studied bats in Borneo for her master's program), we were crestfallen over this little creature's sad end.

I understand where people's fears come from surrounding bats, as they are deeply misunderstood creatures. Superstition and folklore has made it so, just as some cultures around the world fear owls and other nocturnal creatures. What we misunderstand, we fear the most. Even though, for example, all warm-blooded mammals can contract rabies, less than 1% of bats actually carry it.

I'm glad that you addressed the misconception that bats get tangled in hair and you also pointed out that they are indeed frightened of humans and therefore try to

PROTECTION INCLUDED IN ALL WASHES SUPER \$4 KAHUNA WASH ELCOME! BASIC **89 Southbridge St.** DELUXE WASH WASH Auburn, MA (across from Sword St.) f Vacuums always 75¢ 🧱 VISA 🥯 🔤 🛥 **CASUAL WATERFRONT** 308 DINING ON LAKE LASHAWAY AKESIDE

OPEN 6 DAYS A WEEK 11-CLOSE CLOSED MONDAYS

Please vi

308 MAIN STREET, EAST BROOKFIELD

774-449-8333 • 308LAKESIDE.COM



2nd Friday: The YankeeXpress South: Charlton, Dudley, Webster
2nd Friday: Blackstone Valley South: Douglas, Northbridge & Uxbridge
4th Friday: The YankeeXpress North: Auburn, Oxford
4th Friday: Blackstone Valley North: Grafton, Millbury & Sutton

Contact us:

Please call 774-449-8333

for reservations take-out or

eservation onli

308lakeside.com

Patty Roy, Editor: proy@theyankeexpress.com Submit business news and community events to news@theyankeexpress.com To request advertising info, please email ads@theyankeexpress.com Jen Schofield, Advertising Director: The Yankee Xpress, Blackstone Valley Xpress, Local Town Pages, Milford and Upton Mendon Free Press; jenschofield@yankeeshopper.net Bill Cronan, Blackstone Xpress North and South (Douglas, Uxbridge, Northbridge; Millbury, Grafton, Sutton); bcronan@theyankeexpress.com Christine Hodecker, The Yankee Xpress North and South (Auburn, Charlton, Dudley, Oxford, and Webster); chrishodecker@yankeeshopper.net Susanne Odell Farber, Upton, Mendon, Hopedale: sue@sodellconsult.com Laura Gleim, Billing & Sales: Igleim@theyankeexpress.com

Kimberly Vasseur, Production Manager Sally Patterson, Graphic Artist Contributing Writers and Columnists: Tom D'Agosting

Contributing Writers and Columnists: Tom D'Agostino, Christine Galeone, Amy Palumbo-Leclaire, Mark Marzeotti, John Paul, Janet Stoica, Christopher Tremblay

Blackstone Valley Xpress/©2024

74 Main St., Medway, MA 02053 • 508-943-8784 • www.theyankeexpress.com

BATS *continued from page 2*

avoid encounters with us. I was so sad, however, that you still described your 3-day situation as a "nightmare" and used the adjectives, "sinister," "crazy," and "terrifying" in reference to the bat in your home. As someone who contributes to a paper read by so many people, I think you have the influence to sway other's opinions and you also have the opportunity to enlighten them with facts. You should be allowed, of course, to express your personal opinions on anything from bats to baseball, I just wish so much that your article had contained more facts about these amazing animals; the only mammals that fly and who play an integral role in the balance of our ecosystem by eating about 1/3 of their body weight in insects in one evening and being pollinators as well.

A couple of months ago, on a trail walk, I encountered an Eastern Red bat pup who'd been separated from her mother. She was laying smack dab in the middle of the path, trembling with her face under her wings and a small stick still clutched in her foot. It's possible that she was just learning how to dangle from branches and picked a brittle one. This breed of bats hangs from branches by one foot to imitate dead leaves. Their reddish brown fur aids in this. It was hard for me to find a wildlife rehabilitator to take her. Although there are rehabbers who specialize in bat care, many were already overwhelmed with a heavy patient load. Since most rehabbers are self-funded, they often can't take in more animals even if they want to.

After following about a dozen referrals and making a dozen more phone calls, I finally found a lovely person about an hour away who could take this tiny friend. I loaded my shoebox in the car with relief.

She was a very gentle soul who told me that she believes each life holds value, no matter how small.

Ana, as we named her, who only weighed in at 7.6 grams, has now tripled in size and is starting to spread her wings on her own. She'll be ready to migrate very soon, hopefully.

I just wanted to share this story with you because I don't think too many people get to experience bats in this way — seeing their intricate and very delicate nature up close.

I have included a great website for you to look at if you feel called to. The Bat Conservation International organization was created by esteemed bat biologist, Merlin Tuttle. https://www.batcon.org/

Thank you for taking the time to read this email.

Warmly, Gina Yacino

Annual Oxford Golf Tournament a Success



he members of the Oxford Police Department want to thank all of the supporters, players, those who made donations, sponsored holes, and those who volunteered their time to be a part of the annual Oxford Police golf tournament on August 15.

A special shout out to Officer Robbie 'Pic' Picard and his wife Michelle for putting this event together. The funds raised through this event all go back to the community from the police union, from families in need to college scholarships and everything in between. Officer Picard and Michelle spend countless hours throughout the year making this event possible. We also want to thank Pine Ridge golf course for allowing us to use their course every year and for providing great food and fun.

Most of all, thank you Oxford for supporting YOUR police department.

P.S the person pictured to the far right is not pro golfer Rory Mcllroy, it's Officer Shadis, just so there's no confusion. (Facebook photo)

Back by Popular Demand You Are Invited Learn about Viking River & Ocean cruise

Learn about Viking River & Ocean cruise ships and itineraries at our interactive event

Viking River Cruise Specialists

will be on hand to answer any questions you might have

EXCLUSIVE SPECIAL OFFERS

will be provided at event

Wednesday, September 18th 6:00 PM CHECK IN | 6:30 PM PRESENTATION

Beechwood Hotel 363 Plantation St. | Worcester, MA 01605

This event is for new to Viking guests –all promotions/specials will be extended to past Viking guests!

Due to demand, attendance is limited. RSVP Required. Reserve your spot today!

Tom Hansen & Ted Goulet tgoulet@cruiseplanners.com

CRUISE PLANNERS

COMPLETE PERSONALIZED VACATIONS

OF WORCESTER

TNTGuysTravel.com • 774-261-8160



shop online at www.websterlakegifts.com

Pre-Targeting: The New Way to Buy Online Display Ads

Pre-Targeting selects the sites by the concentration of audience interest rather than specific content.

Want to reach your target audience? Contact Jen Schofield at 508-570-6544 or by email at jenschofield@localtownpages.com today for more information.

Oxford Primary Voting

n Person Early Voting for the September 3rd State Primary will be held from August 24 – August 30 at the Oxford Senior Center, 323 Main Street.

Saturday, August 24 10 a.m. – 4 p.m. Monday, August 26 9 a.m. – 5 p.m. Tuesday, August 27 9 a.m. – 5 p.m. Wednesday, August 28 9 a.m. – 7 p.m. Thursday, August 29 9 a.m. – 5 p.m. Friday, August 30 9 a.m. – 12:30 p.m.

Primary Day Polls are open 7 a.m. – 8 p.m.

ELECTIÓN 20124

Precinct 1 –A.M. Chaffe School, 9 Clover Street Precinct 2 – Oxford Middle School, 497 Main Street Precinct 3 – Oxford Middle School, 497 Main Street Precinct 4 – A.M. Chaffe School, 9 Clover Street. Precinct 4A - Oxford Middle School, 497 Main Street

Oxford Public Schools 2024-25

AUGUST – 4 SCHOOL DAYS Aug. 22 and 23 – new teachers report orientation Aug. 26 – all staff reports Staff PD Day #1 Aug 27 Grades 1-12 start Aug 28 Kindergarten starts

SEPTEMBER – 19 SCHOOL DAYS Sept. 2 Labor Day – no school Sept. 3 Staff PD Day # 2 – no school for students Sept 4 Preschool starts Sept 17 and 19 schools Open House

OCTOBER – 22 SCHOOL DAYS Oct 14 Columbus Day – no school

NOVEMBER – 16 SCHOOL DAYS Nov. 5 Staff PD day #3 – no school for students Nov. 11 Veterans' Day – no school for students Nov. 25 and 26 – Parent teacher conferences half days Nov. 27, 28, 29 – Thanksgiving break – no school

DECEMBER – 15 SCHOOL DAYS Dec. 23 p 31 Holiday Break - no school

JANUARY – 20 SCHOOL DAYS Jan 1 – no school Jan. 17 – Staff PD day # 4 no school for students Jan, 20 – Martin Luther King Day no school

FEBRUARY – 15 SCHOOL DAYS Feb. 17 – 21 Winter break , no school

MARCH - 21 SCHOOL DAYS Mar. 5 and 6 – parent teacher conferences, evening

APRIL – 17 SCHOOL DAYS Apr. 21 – 25 Spring break, no school

MAY- 21 SCHOOL DAYS May 26 Memorial Day – no school

JUNE – 10 SCHOOL DAYS June 6 High school graduation June 13 – last day of school, half day for

students only June 16 – 23 Make-up days if needed to 185 days June 19 – Juneteenth Holiday – no school



200 Industrial Drive, N. Smithfield, RI • (401) 762-9880 Beef Barn Hrs: 11 am -9 pm / 7 days a week; Coffee Shop Hrs: 6:30 am - 11 am / 7 days a week Ice Cream Hrs: Thurs. & Fri. 3:30 pm - 9 pm, Sat. & Sun. 12 - 9 pm

Adult Day H<mark>ealth Program serving your community</mark>

Family Owned and Operated offering the following:



- Secure, Safe, Clean and Homey Environment
 Air Purification System: Covid-19 Mitigation
 Nursing & Personal Care
 Medication Administration
- Recreation: Social Groups, Exercise, Current Events, Gross motor/Cognitive Games, Music, Bowling, Billiards Nutritional Meals Transportation Services (DOOR TO DOOR)







CONTACT US TODAY! 508-366-7693 = sales@templemantree.com templemantree.com

emmunity

Assisting Families for 38 years



The Auburn Police Department is sending thanks to all who help to make the Back to School Supply Drive a success. A special shout out to friends Grace and Sienna who contributed \$300 raised from their lemonade stand. Officer Jon O'Brian was able to deliver dozens of backpacks filled with school supplies.



Auchincloss to Give Keynote Speech at BVCC event

The Blackstone Valley Chamber of Commerce and the Blackstone Hub for Workforce Development will host an Educational Breakfast featuring Congressman Jake Auchincloss (D- MA 04) as the keynote speaker.

The breakfast will be held at Galliford's Restaurant & Tavern, 2 Southwick Street, Mendon on Thursday, September 5 from 7:30 – 9:15 a.m. Tickets are \$60 for members and \$70 for nonmembers. RSVP by August 29. Tickets may be purchased at www.blackstonevalley.org. Auchincloss is serving his



second term representing the Mass. Fourth Congressional District. He has an extensive relationship with and support for STEM careers, workforce training and the connection of work and learning in addition to his work on the committees for Transportation and Infrastructure and the Select Committee on Strategic Competition Between the United States and China. His areas of focus include healthcare, clean energy, gun violence and building a strong middle class.



tic • Basement • Garage • Shea ngle Item or Whole Building Cleanouts



Call / Text / Email Today • 508-713-5696 localguystrashremoval@gmail.com





like us on facebook

GET NOTICED!

Contact Christine at chrishodecker@theyankeexpress.com to advertise today!



Local Students Named to Dean's List at Massachusetts **College of Pharmacy and Health Sciences**

assachusetts College of Pharmacy and Health Sciences is pleased to announce the students who have been named to the Dean's List for the Spring 2024 semester:

• Isabelle Rindone, a native of Douglas, Mass., is pursuing a Bachelor of Science in Dental Hygiene degree and will graduate from the Boston, Massachusetts campus in

2025.

• Deryn Flynn, a native of Dudley, Mass., is pursuing a Bachelor of Science in Diagnostic Medical Sonography degree and will graduate from the Boston, Massachusetts

uides

FREE PRESS



campus in 2025.

• Chloe Dexter, a native of Dudley, Mass., is pursuing a Bachelor of Science in Premedical Health Studies (Physician Assistant Studies) degree and will graduate from the Boston, Massachusetts campus in 2026.

• Hannah Dion, a native of Dudley, Mass., is pursuing a Bachelor of Science in Diagnostic Medical Sonography, Echocardiography degree and will graduate from the Worcester, Massachusetts campus in 2026.

• Taralyn Moore, a native of Millville, Mass., is pursuing a Bachelor of Science in Medical and Molecular Biology degree and will graduate from the Boston, Massachusetts campus in 2027.

• Julianna Marcoux, a native of North Oxford, Mass., is pursuing a Bachelor of Science in Diagnostic Medical Sonography degree and will graduate from the Worcester, Massachusetts campus in 2024.

• Peyton Sharry, a native of Oxford, Mass., is pursuing a Bachelor of Science in Nursing degree and will graduate from the Boston, Massachusetts campus in 2024.

• Katherine Fields, a native of

Sutton, Mass., is pursuing a Bachelor of Science in Premedical Health Studies degree and will graduate from the Boston, Massachusetts campus in 2027.

• Nicolly Meira, a native of Uxbridge, Mass., is pursuing a Bachelor of Science in Nursing degree and will graduate from the Boston, Massachusetts campus in 2026.

• Kylie McLaughlin, a native of Uxbridge, Mass., is pursuing a Doctor of Pharmacy degree and will graduate from the Boston, Massachusetts campus in 2025.

• Nolan Holt, a native of Uxbridge, Mass., is pursuing a Doctor of Pharmacy degree and will graduate from the Worcester, Massachusetts campus in 2028.

• Josephine Corridori, a native of Webster, Mass., is pursuing a Bachelor of Science in Magnetic Resonance Imaging degree and will graduate from the Boston, Massachusetts campus in 2025.

• Andy Nguyen, a native of Webster, Mass., is pursuing a Bachelor of Science in Medical and Molecular Biology degree and will

> **DEAN'S LIST** continued on page 7

REACH NEARLY 172,000 WITH OUR ANNUAL

liday

This holiday season, showcase your business in our Holiday Guides - a special pull-out section. Drive shoppers to your door with great gift ideas, catering options (and everything to make the holidays joyful and bright! Coming in November and December! Save 10% when you commit to both Guides!

Don't miss out!

Reservation deadlines: October 10th for November issue November 7th for December issue

Reserve your space today by contacting Christine Hodecker at 508-769-8432 or by email at chrishodecker@theyankeexpress.com

localtownpages

The Yankee **Xpress** BLACKSTONE VALLEY Xpress

Auburn Public Schools 2024-2025

10/11 - Half Day-Professional Dev. for staff

11/5 - Full Professional Development Day

11/11 - Veterans Day Observed- No School

11/19 - Parent Teacher Conferences(Prek-8

11/19 - Full Day of School for High School

11/27-11/29 - Thanksgiving Recess

11/26/24 - End of Trimester 1

12/25 - Hanukkah Begins

12/23 - 1/1 - Winter Recess

1/1 - New Year's Day - No School

12/26 - Kwanzaa Begins

10/14 - Indigenous Peoples' Day - No

9/2 - Labor Day- No School

10/2 - Rosh Hashanah Begins

10/11 - Yom Kippur Begins

Only)-Half Day for Students

OCTOBER

School

Only

DECEMBER

IANUARY

12/25 - Christmas

1/17 - Half PD Day

NOVEMBER

ELIZABETH CHAMBERLAND, ED.D. Superintendent

ALAN KELLER

Assistant Superintendent 5 West Street Auburn, Massachusetts 01501 508-832-7755

https://www.auburn.k12.ma.us **AUBURN HIGH SCHOOL/PRESCHOOL** 99 Auburn Street - (508) 832-7711 **AUBURN MIDDLE SCHOOL**

9 West Street - (508) 832-7722 **SWANSON ROAD**

INTERMEDIATE SCHOOL

10 Swanson Road - (508) 832-7744 **BRYN MAWR ELEMENTARY SCHOOL** 35 Swanson Road - (508) 832-7733 **PAKACHOAG ELEMENTARY SCHOOL** 110 Pakachoag Street - (508) 832-7788

AUGUST/SEPTEMBER

8/26 - Professional Development Day for Staff

- 8/27 Professional Development Day for Staff
- 8/28 First Day of School for Students
- 8/30 No School

Auburn Voting

ast Day to Register to vote in the State Primary Election is Saturday, August 24, 2024 - 9 a.m. – 5 p.m.

Auburn Town Hall 104 Central St 2nd Floor

DEAN'S LIST

continued from page 6

Early Voting In Person is available to any Auburn Registered Voter on: Saturday August 24, 9 a.m. - 3 p.m. Monday August 26, 8 a.m. – 7 p.m.

graduate from the Boston, Massachusetts campus in 2024.

• Emilia Pianka, a native of Webster, Mass., is pursuing a

Bachelor of Science in Premedical

Health Studies (Physician As-

sistant Studies) degree and will

graduate from the Boston, Mas-

• Chibuchi Ike, a native of Web-

ster, Mass., is pursuing a Bachelor

of Science in Nursing degree and

will graduate from the Worcester,

The Dean's List recognizes those

Massachusetts campus in 2024.

students with a full-time course load who have achieved outstanding scholarship with a 3.5 GPA or higher for the academic term.

The mission of Massachusetts College of Pharmacy and Health

Sciences is to advance health sci-

ence education, scholarship, and

and inclusion. Founded in 1823,

MCPHS is the oldest institution

practice grounded in collaboration

sachusetts campus in 2026.

Tuesday August 27, 8 a.m. - 4 p.m. Wed., August 28, 8 a.m. - 4 p.m. Thursday August 29, 8 a.m. – 4 p.m. Friday August 30, 8 a.m. – 1 p.m.

1/20 - Martin Luther King Day - No School

Last Day to turn in a Vote by Mail application is Tuesday August 27, 2024 at 5 p.m. STATE PRIMARY ELECTION -TUESDAY SEPTEMBER 3, 2024

7 a.m. – 8 p.m.

of higher education in the City of Boston. As the University moves beyond the 200th anniversary of its founding, MCPHS is commitVoting Precincts

FFRRUARY

MARCH

2/17 - President's Day - No School

2/18 - 2/21 - February Vacation

3/13 - End of Trimester 2

3/1 - Ramadan Begins

4/12 - Passover Begins

4/20 - Easter Sunday

4/21 - Patriots' Day - No School

5/26 - Memorial Day - No School

6/16 - Half Day - Last Day for Students &

6/19 - Juneteenth Observed (no school if

4/22 - 4/25 - April Vacation

5/30 - AHS Graduation

Snow Days as Needed

4/18 - No School for Kindergarten ONLY-

3/30 - Eid Al-Fitr

3/20 - Half PD

3/21 - Full PD

APRIL

Screening

MAY

JUNE

Staff

snow day)

5/16 - Half PD

Precincts 1 through 5 all vote at Auburn High School in the gym at: 99 Auburn Street Auburn, MA 01501

The driveway to access the gym is off Auburn Street across from the entrance to I-290. There is no voting access through the main entrance to the High School.

ted to maintaining its position as the most comprehensive provider of health and life sciences education in the world.





for most major insurance companies.

VISA

www.amplisound.com

SPORTS

Looking to Eventually Play in the Majors

BY CHRISTOPHER TREMBLAY, STAFF SPORTS WRITER

The dream of playing professional baseball began at the tender age of 4 years old when Jeffrey Guzman started playing the sport that would change his life in the backyard with his father. The Oxford youngster had tried other sports and although he did like basketball, there was nothing like baseball – the sport just gave him a different feeling.

Basketball would reenter his life once again five years ago, but it was never going to take the place of baseball.

"I started playing basketball again for something else to do, but it was not going to replace baseball in my life," Guzman said.

Around the age of 8 or 9 years, Guzman began playing AAU for Wolfpack Baseball out of Worcester and it was here that he not only realized that shortstop was the position that he wanted to play, but that he also had the talent to do so.

"I was born to be a shortstop; shortstop is a position that has leadership quality, you're the guy in the infield that needs to be vocal and communicate with the rest of the team," he said. "When the

Wolfpack coaches came up to me and told me that I had a lot of talent for a young kid, it gave me the motivation to keep working to be even better."

Now playing in his sixth season with the Wolfpack, Guzman found AAU baseball to be completely different than high school ball. The ability to travel out of state and compete with more talented teams allowed him to see where he and his team fit in.

"In baseball you fail numerous times, but you just need to keep your head up and don't allow your teammates to see you down," Guzman said. "You just need to go out and do your best to help your team and it will eventually help you to improve." As an eighth grader Guzman was allowed to try out for the Oxford varsity squad and although





Reach up to 172,000 local readers focused on enhancing their indoor & outdoor living spaces when you advertise in our Fall Home Improvement Guide!

RESERVATION DEADLINE: SEPTEMBER 11, 2024

ZONE 1 REACH 73,149 Auburn, Charlton, Douglas, Dudley, Grafton, Hopedale, Mendon, Millbury, Northbridge, Oxford, Sutton, Upton, Uxbridge & Webster

REACH 96,651 Ashland, Bellingham, Franklin, Holliston,

ZONE 2

Medway, Milford, Millis, Natick, Norfolk, Norwood & Wrentham

FREE PRESS

localtownpages III The Yankee Xpress BLACKSTONE VALLEY Xpress

Reserve your space today by contacting Christine Hodecker at **508-769-8432 or by email at chrishodecker@theyankeexpress.com**

he didn't make the team he was eventually called up from the junior varsity team to play for varsity at the end of the season.

"I always set my goals high. Varsity was definitely on my mind and I was full of nerves," he said. "I was so nervous as an eighth grader going up against all those older kids, but I just went out and did my best with whatever happens, happens."

Although shortstop is his position by choice, it took him some time to actually secure that position for the high school. When he first got called up as an eighth grader he found himself playing left field and the following season, his freshman campaign with the varsity, he was at second base, one step closer to shortstop. As an eighth grader I was blessed to have the opportunity." After working hard

during the off-season to get bigger, stronger and

quicker the freshman felt that he had himself a decent year with the Pirates only committing a handful of errors at his new position while putting up an overall good fielding percentage.

Taking what he learned while playing second base as a freshman, Guzman worked even harder after that year to get ready to help his team make a run at the tournament as well as hoping to secure "his" position with the team. When the team's shortstop was moved to center field, the opportunity arose for Guzman to take control of the open middle infield position.

"I worked hard to get the position and once I did went out and played the best to my ability," he said. "Playing shortstop boosted my confidence and showed that all my hard work paid off."

Guzman showcased his ability

in the Division 4 State tournament when he made a diving play to keep Lynnfield, the number one seed in the tournament, scoreless and Oxford still in the game.

"He made an incredible double play to keep the game scoreless at the time and although we would eventually lose 2-0, it showed the talent he possesses," Oxford Coach Pat Button said. "Lynnfield's best player was up and hit a line drive up the middle that should have been an easy double and scored a run, instead Jeff snagged it and turned the double play to keep us in the game."

Guzman recalls he was originally playing in the hole, but noticed the Lynnfield hitters were all hitting the ball up the middle and toward second base so he decided to shade closer to the middle of the infield and was able to make the play to keep the game in check.

"He is a year-round baseball player with baseball as his life," Button said. "He's a human vacuum out there at short."

Despite the fact that Guzman will only be entering his junior year when school resumes in the fall, he plans on beginning the process of trying to get into college to play the sport he loves so much.

"It has been one of my goals to play college baseball," he said. "I have been doing some showcases and plan on reaching out this upcoming year to some coaches and doing more showcases to get my name out there."

Playing college baseball would mean a lot to the Oxford baseball player as it has been a goal of his since a young age, but it would also mean that he would be one step closer to his ultimate goal – playing Major League Baseball sometime in the near future.

"The kid is a stud and can defiantly play at the next level," the Oxford Coach said. "Next year we plan on getting him to take part in more clinics to help him get there. He's serious about playing baseball for as long as he can."



TALES FROM BEYOND

Vermont's Haunted Railroad Bridge

BY THOMAS D'AGOSTINO

ometime between 2 and 3 in the morning on Saturday September 5, 1887, Vermont's worst railroad disaster took place in Hartford, a few miles from White River Junction as the Vermont Central Railroad express train from Montreal jumped its tracks and plummeted onto the frozen White River below.

The train had been carrying a full load of passengers, many traveling from Boston to Montreal. The engine was towing a baggage and express car, a mail car, two ordinary passenger cars, the sleeper car; St. Albans from Springfield and the Pullman sleeper, Pilgrim out of Boston. Most of the riders were on their way to see the circus in Montreal.

The 650 foot long bridge spanned the White River at a height of 50 feet. At the time, subzero temperatures had formed a two-foot thick surface of ice on the river. As the train sped down the tracks, a broken rail about 200 feet from the viaduct caused the cars to slam into each other then pull apart breaking the coupling between the forward sleeper and the other cars. The engine, baggage and smoking cars

passed over the bridge safely but the other cars, striking the ties came to the end of the bridge and completely wiped out the heavy beams resting on the abutment sending cars and bridge toppling onto the frozen river below.

The coaches and bridge then exploded into flames before the stunned onlooker's eyes. 40 people died in the wreck and another 40 were badly injured or burned. The intense heat melted the ice in some places making rescue efforts all the more difficult. It is estimated that 50-60 people perished from the result of the wreck. According to legend, 13 year-old Joe McCabe was able to free himself from the burning twisted debris, but watched helplessly as his father burned in the inferno.

The inefficient wooden bridge was later replaced with a steel overpass making it much more sturdy and safer. In time, people passing by began to notice a little boy near the river below. Many thought nothing of it but, others noticed something was not quite right about the young man. His translucent appearance may have been enough to hint that he may not be of this world, but the fact that he is seen hovering above the water gives away his presence as



Hartford Railroad Bridge. Photo courtesy of Bob and Vickie Hughes

being ethereal. Countless witnesses have seen his apparition wandering the site below the bridge. Even paranormal investigators have had experiences with the ghost. There are a few more spirits that linger in the area as well. One is believed to be the conductor of the train who was also one of the casualties on that fateful night. Many claim his ghost meanders along the tracks making sure they are in perfect order as to avoid another deadly wreck. There are also claims of a ghostly locomotive silently rolling over the bridge with no cars attached to it.

Why the spirit of the young man lingers in the spot is a mystery. Some say it is the place his ghost has returned to after he died due to the traumatic incident that he was part of, while others tend to think it is a residual entity moving about the scene of the wreck. He is seen a few feet above the water which would account for his being on the ice that was about that height in the winter according to paranormal investigator and dowser, Stephen Marshall who once actually felt the presence of spirit energy while dowsing at the scene. Either way, there are a few ghosts roaming about the White River. Take a trip to the bridge, but beware of the phantom train that might silently steam by, or the countenance that might be spied hovering above the rocky stream.

tomdagostino.com

The Woodstock Bridge spans the White river and Route 14 in Hartford. Take I-91 to Exit 11 and follow Route 14 to bridge.



Iocaltownpages FREE PRESS

By entering this contest, you are providing consent for Southwick's Zoo and Our Town Publishing (the publishers of The Yankee Xpress/Blackstone Valley Xpress, Free Press and the newspapers of Local Town Pages) to contact you via phone or email for this promotion or upcoming promotions. Only one winner per household. Cannot be an employee or family member of Southwick's Zoo or Our Town Publishing to win.

BY AMY PALUMBO-LECLAIRE

dog's loyalty is boundless.

presence, longing in your

absence, and a smile to the mere

thought of you. Read that again.

"OH MY GOSH. You're here

thought of you. To the mere

Nothing compares to a dog's

again!" Luke greets me with a

single morning, as though we've

been estranged for years. "I've

missed you so much, Momma.

I have so much to tell you." His

oversized stuffed lamb hangs

from his mouth, and he often

uses its dirty head to poke me in

of Chase. The two of us race like

fools around the house. I stop at

spooking my pup on the other side of the house. Luke skids and

slides then finally catches his

lamb remains powerless in his

ing ruckus, he'll drop the lamb

thinking about, Momma?" He

tracks my moves. "You need to

go the bathroom? Good idea. I'll

wait right here." He lies down at

the foot of the toilet and waits for

me to finish. A dog's loyalty never

fades. Even if vou neglect vour

dog repeatedly, he will be there

We cater to

dogs and cats

the dining room corner and hide,

footing before dashing away. The

jaw. Then, satisfied by the morn-

and stare up at me. "What are you

the hip, initiating a cruel game

wiggle and a whimper every

unconditional love.

A dog expresses joy in your

LIVING WITH LUKE

The Struggle of Luke's Loyalty

waiting, forgiving, and loving you still. For this reason, along with so many more, I include Luke in most excursions. "Luke can come, too." His head squares to a phrase that's become part of his dog vocabulary.

"I can come, too?" He tapdances to both doorways, not wanting to miss a single moment of what's to come. He has no idea where we're going. The thought of going somewhere is stimulation enough for a dog. "Which way are we heading out?" Despite wanting to be first in line, Luke will dash down, then back up the basement stairs if I'm running behind. "Almost ready, Momma? Don't forget your lipstick!" He waits for me to grab my pocketbook then cuts me off on the way down the stairs again. "I got the travel crate. You can sit in the front again. Hey, WE'RE GOING FOR A RIDE!" Dogs remind us that the simple things in life are usually the best.

Incidentally, Luke has joined us on hikes, outdoor dining experiences, baseball games, ice cream outings, and quiet times at local coffee shops. "Your dog is so well behaved." He lifts his head to a local and smiles. "I'm trained during spontaneous learning situations. That's why I'm such a good boy." Luke is correct. The more I'm with him, the more he's immersed in natural situations which require training and, consequently, the more willing he is to behave and follow commands such as Leave It, Sit, Stay, Wait, Go Easy, No and Listen. Thus, the more willing we are to

Book Now

for Spring

and Summer

Vacations!

Boarding

•Grooming

Daycare

WOOF & WHISKER INN

508*764*4417

www.woofandwhiskerinn.com

265 Dudley River Road, Southbridge, Mass.

Now accepting

new grooming &

boarding clients

include him. Humans and dogs, nevertheless, seem to differ here. A dog expects nothing from you and will still want to be with you. You don't have to behave a certain way, listen to commands, or live life according to a tailored regimen. You must simply be yourself. Even sweeter, a dog shows appreciation for the mere thought of you. Luke has come to know the names of his loved ones. Read on.

"Grammy is coming over, Luke!" He stops what he's doing and stares at me, translating the name Grammy. "Are you kidding me??" I imagine a miniature



Above, Luke and Momma Lamb; Below, almost ready to go for a ride



image of my mother floating in the cartoon bubble of Luke's dog mind. She's carrying bags and bags of stuffed animals. Ecstatic, he rushes to the front door and presses his head against the door panel glass to inspect the yard for his grandmother. Dogs have zero concept of the intangible essence of time. Every word uttered is a sudden present-tense verb. However, I'm a believer in accelerated learning lessons. I'm a believer that Luke can learn to piece together all that's comprised of the word "time."

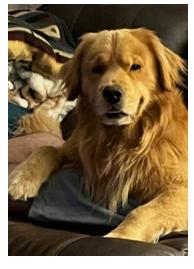
"Luke, first Grammy has to

go for a ryyyde." I enunciate the word 'ride' with long, drawn-out syllables to mirror the idea of length. "First, Grammy has to go for a ryyyde." I watch the light bulb go off in Luke's mind. A new cartoon image emerges, that of my miniature mother seated at her car's steering wheel. His mouth opens to a knowing smile. He knows she's on her way, yet he still paces and checks windows, just in case.

Finally, Grammy's white SUV appears at the front lawn. For Luke, the moment is epic. One might think that a celebrity

NASCAR driver has just appeared. He's thought about her for stretches of seconds and now she's at his house. LEGIT!! I let him out on the front step so that he can watch his grandmother parallel park. She shifts the wheel and turns, backs up again, and then repeats, trying to get her car aligned just right. Her brake lights blink on and off, offering Luke added fascination. "When will Grammy get out of the car?" He smiles in adoration and lowers his head as though stalking a bunny. He doesn't want to miss out on a single trick of Grammy's moves.

Finally, she opens the door and steps out of the driver's seat. I watch Luke wiggle with elation. He has learned to be gentle and stay DOWN, but quieting his



Luke stops to think about his favorite human

love for a person is a struggle that is so real We can be ourselves in front of our dogs, but we expect

REAL ESTATE

Why Your Asking Price Matters Even More Right Now

f you're thinking about selling your house, here's something you really need to know. Even though it's still a seller's market today, you can't pick just any price for your listing. While home



prices are still appreciating in most areas, they're climbing at a slower pace TI because

BY MARK MARZEOTTI becaus higher

mortgage rates are putting a squeeze on buyer demand. At the same time, the supply of homes for sale is growing. That means buyers have more options and your house may not stand out as much, if it's not priced right.

Those two factors combined are why the asking price you set for your house is more important today than it has been in recent years. And some sellers are finding that out the hard way. That's leading to more price reductions. Looking at the price reductions data, it definitely a pattern of increasing supply and homebuyer demand that is just exhausted by high mortgage rates. . . As home sellers are faced with less demand than they expected, more of them have to reduce their prices. That's because they haven't adjusted their expectations to today's market. Maybe they're not working with an agent, so they don't know what's happening around them. Or they listed their property just before the influx of inventory which seems to be growing daily. Either way, they aren't basing their pricing decision on the latest data available – and that's a miss.

If you want to avoid making a pricing mistake that could turn away buyers and delay your sale, you need to work with an agent who really knows your local market. If you lean on the right agent, they'll help you avoid making mistakes like:

1. Setting a price that's too high: Some sellers have unrealistic expectations about how much their house is worth. That's because they base their price on their gut or their bottom line, not the data. An agent will help you base your price on facts, not opinion, so you have a better chance of hitting the mark.

2. Not considering what houses are actually selling for: Without an agent's help, some sellers may use the wrong comparable sales (comps) in their area and misjudge the market value of their home. An agent has the expertise needed to find true comps. And they'll use those to give you valuable insights into how to price your house in a way that's competitive for you and your future buyer.

3. Overestimating home

improvements: Sellers who have invested a significant amount of money in home improvements may overestimate how much those upgrades affect their home's value. While certain improvements can increase a home's appeal, not all upgrades are going to get a great return on their investment. An agent factors in what you've done and what buyers in your area actually want as they set the price.

4. Ignoring feedback and market response: Some sellers may be resistant to lowering their asking price based on feedback they're getting in open houses. An agent will remind the seller how important it is to be flexible and respond to market feedback in order to attract qualified buyers.

In the end, accurate pricing depends on current market conditions - and only an agent has all the data and information necessary to find the right price for your house. The right agent will use that expertise to develop a pricing strategy that's based on current market conditions and designed to get your house sold. That way you don't miss the mark. The right asking price is even more important today than it's been over the last few years. To avoid making a costly mistake, connect with The Marzeotti Group or a local REALTOR.







50 Years Real Estate Experience



LUKE

continued from page 10

them to behave as humans. They cannot quite be themselves. They need to shush and mind their manners. A dog loves so freely and exuberantly that all of this is counterintuitive.

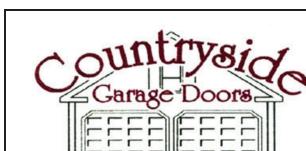
Grammy strolls innocently across the front yard. Tote bags full of prizes dangle from her hands. Perhaps, I decide, she's taken for granted Luke's love for her, love that can't be bought. "Make sure you say HI to Luke," I remind. Ever loyal and compliant, Luke sits at the heels of a human whose side he'd never leave. Satisfied with a mere pat on the head, he smiles gratefully. "Love you,



Grammy." Meanwhile, I plan Luke's next excursion.

Stay tuned for more on Luke Valentino.

Follow him on IG @livingwithlukevalentino Write to Amy at amyleclaire@ hotmail.com



430 Main St., Oxford, MA We repair all makes and models of Garage Doors and Electric Openers - Commercial and Residential -Sales • Service • Installation 800-605-9030 508-987-8600

www.countrysidedoors.com email: countrysidedoors@aol.com



Kenew your home's appeal with a new garage door. Many new styles and colors to choose from.

Visit our display by appointment





Monday-Friday 8am to 5pm • Saturday 8am to 12pm

THE CAR DOCTOR

Thick White Smoke Could Mean Coolant Issue

I have a 2010 Buick Enclave CXL. It was working fine • until one day thick white smoke started coming out of both mufflers. Do you know what that could be? If it is something expensive, I will likely just junk the car.

White smoke out tail pipe is coolant being burned dur-• ing combustion. It sounds as if the is an internal coolant leak. It could be one of two possibilities a cylinder head gasket/engine block issue or a leaking intake manifold. I would have it towed to a repair shop for an evaluation. Depending on the repair, it is going to be expensive or very expensive.

I have had a Toyota RAV4 for years and now it is time for a replacement. One vehicle that I am looking at is the Hyundai Tucson, what do you

The Hyundai Tucson is a very nice compact (al-• though not really small) SUV. There are a couple of engine choices, front or all-wheel-drive and a variety of trim levels and option packages. The last Tucson that I drove really impressed me. The ride was smooth and quiet, fuel economy was in the high twenties, the infotainment system worked well Although I still prefer knobs over touch screen. I would not hesitate to buy one if it fits your needs and budget.

I am considering changing professions, right now I am ● in retail, but I like working with my hands and especially on cars. I live in the Boston area, what do you suggest and where do L start?

Perhaps start with a parttime job on saturation of garage while you still are time job on Saturday in a working full-time. If you really like the work and atmosphere, then consider professional training. Here in New England we are fortunate that there are very good choices that also are degree programs. Mass Bay Community College is the one I am most familiar with. They offer programs sponsored by four major automotive brands including BMW, Toyota/ Lexus, General Motors, and JEEP/ Chrysler/Dodge/Ram. In addition, Mass Bay offers a non-manufacture specific All Brand General Studies program, which provides students with a broad education and handson training on multiple types of makes and models of vehicles. Mount Wachusett Community

College (Gardner MA) also has

a very good automotive program. Recently the Governor in Massachusetts announced free community college for many Massachusetts



BY IOHN PAUL

residents. This even makes these community college automotive programs more appealing. The idea of free tuition and possible paid co-op work sounds like a winning combination.

I have a 2011 Grand Cherokee with a 3.6 Pentastar • engine with 186,000 miles on it. It has been maintained by me, and oil and filter always changed earlier than recommended, always using Mobil 1 synthetic. Does it make sense for me to get ahead of repairs and put timing chain kits, lifters, and rocker arms and water pump as well as oil filter housing in this otherwise bullet proof engine? I would do the work myself, being a retired mechanic. I love this vehicle and believe it could be driven another 100.000 miles.

> **CAR DOCTOR** continued on page 13

FOR SALE! 2009 Ram Pickup crew cab. Big Horn pkg., new tires, new tonneau cover. Immaculate in and out. Asking \$10,500 Call Ron at 508-737-4942 er Glady Shines its Countenance Upon The Valley



TIPS ON FINANCIAL PLANNING

How to be a 'seasonal' investor

A s we transition from summer to autumn, change is all around us — leaves are taking on new colors, temperatures are dropping, and the days are getting shorter. But you can also experience different seasons in various aspects of your life



 — including when you invest.
 What are the seasons of an investor's life? And how should you respond to them?

ANTONOPOULOS The first such season

may happen when you are in your 20s and just

starting out in the working world. At this stage in your life, it's especially important to prioritize your financial goals. At the top of your mind may be a short-term goal, such as saving for a down payment on a house. To help achieve this goal, you'd generally want to save in "cash" accounts and invest in fixed-income vehicles that offer preservation of principal. At the same time, you don't want to disregard a longer-term goal — in particular, saving for retirement. While you may not be able to afford to put much away, every amount helps. And you'll want to invest for growth.

Now, as the seasons of your life progress, let's consider your early middle years. At this point, you've moved past the down payment on your home and you're well into paying a mortgage regularly. And you might even have retired your student loans. But now, you may have another major goal - helping build resources for your children's college education or other post-secondary training. For this objective, you could consider several options, one of which is a 529 education savings plan, which can provide federally tax-free earnings and withdrawals if the money is used for qualified educational expenses. But you're also moving closer to retirement, so, if you can afford it, you may want to increase your contributions to your IRA and your 401(k) or other employer-sponsored retirement plan.

As the seasons continue to move on, and you find yourself in your later middle years, your financial situation may have changed significantly. Now, your children may be out of school, your earnings may have grown to their highest level, and you might even have paid off your mortgage. Given these factors, you may now

like you have the repairs prob-

ably makes sense. You know the

common failure points, so either

watchful waiting or do it all. For

me I would wait, look and listen,

but your idea is certainly a good

I have been driving for

cars and hence been through a lot

of maintenance issues. The other

day I was surprised by a new rec-

ommendation when paying for an

oil change, tire rotation and mul-

tipoint inspection. "Your lug nuts

nearly 65 years. Hence have

• driven and or owned lots of

one.

be able to devote more of your resources toward your retirement by ramping up your IRA and 401(k) contributions even further, and possibly also considering other investment vehicles. And you may want to inject more balance into your portfolio, possibly lowering its overall risk level somewhat, especially in the years immediately preceding your retirement.

Once you move into your retirement season, you may need to continue, and possibly accelerate, the movement toward a more balanced portfolio - one that provides you with more incomeproducing opportunities. Some investments provide current income, while others provide it in the future, but all of them can contribute to your ability to enjoy your retirement lifestyle. However, you still need some growthoriented investments to help keep you ahead of inflation. Plus, it's a good idea to keep at least a year's worth of living expenses in cash and another few years' worth in short-term, fixed-income investments. By doing so, you can help avoid having to sell assets in a down market.

The seasons of your life may come and go more quickly than you realize — but you can be prepared for them by making the

never heard of this. Any thoughts?

A Unfortunately, this is a pretty common with some vehicles. The steel nut rusts under the chrome cap. If this were my car, I would replace the two-piece lug nuts with solid lug nuts. The one piece sold lug nuts are chrome plated and won't swell up with age. When replacing the factory lug nuts, make sure they are the same size, use the same size lug wrench and have the same tapered design as the factory style. appropriate investment moves.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Please contact Dennis Antonopoulos, your local Edward Jones Advisor at 5 Albert Street, Auburn, MA 01501 Tel: 508-832-5385 or dennis. antonopoulos@edwardjones.com.

dennis.antonopoulos@edwardjones.com





Have questions about withdrawing funds, converting your account or generating income?

Contact me today to learn more about retirement account options that can make the right impact.



Dennis Antonopoulos Financial Advisor 5 Albert St Auburn, MA 01501 508-832-5385

IRT-4395I-A AECSPAD 22915220



HOT ROD SERVICES:

Wiring, Plumbing, Tune Ups Brake & Suspension Upgrades Aftermarket A/C Installations Disc Brake Conversions



EVERYTHING FROM DAILY DRIVERS TO CLASSICS

GENERAL MAINTENANCE:

Oil Changes, Brakes, Suspension Alignments, 4 Wheel Drive, Tires

robsautomotiveshop.com repair@robsautomotiveshop.com

CAR DOCTOR *continued from page 12*

I certainly think the syn-• oil changes can certainly thetic oil and more frequent help minimize repairs. The rockers arms and camshaft can wear if oil isn't changed often enough. The oil filter housing is a failure point and Dorman makes an aluminum one that is more robust than the OE plastic housing. The timing chain and related components is a bit like the rocker arms the quality oil and oil change intervals could be extending their life. I hate replacing good parts but getting close to 200,000 miles and if you plan on keeping it and you have the time talent and budget -which it sounds

are swollen on your 2015 Buick Lacrosse (50,220 or so miles). We may not be able to rotate your tires the next time." We drove it off the lot brand new 12/31/2014. I have



Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God. **Believer**



NOTE: Community bulletin board-type

items are welcome for inclusion in the Happenings! section of the Xpress newspapers. Please allow enough lead time for publication. Email your calendar or event notice to news@theyankeexpress. com.

SATURDAYS, THROUGH AUGUST 31 • Douglas Farmers Market from 9 a.m. – noon. Rain or Shine. Held at the historically significant E. N. Jenckes Store Museum,



Now is the Time to Experience Nature

Over 100 choices beckon you outside in the fresh air! Blossom with friends & family on guided walks, hikes, pedals, paddles, runs, events and more.

www.thelastgreenvalley.org

283 Main Street, Douglas. Explore various vendors and support local businesses. Visit the museum and learn about preservation.

MONDAY, SEPTEMBER 2

• The First Congregational Church of Sutton will host their 70th Annual Labor Day Breakfast on Monday, September 2nd from 7:00 to 10:30 a.m. on Sutton Common. Menu includes: eggs, ham, sausage links, pancakes, home fries, cornbread, juice and coffee. Ticket donations \$14.00 Adults, \$8.00 ages 5 to 10 years old and free to children 4 and under. Please bring a donation of non-perishables to benefit the Sutton Food Pantry. For more information contact the church office at 508-865-6914 or email fccs@suttonfirstchurch.net

SATURDAY, SEPT 14

• The St. Vincent de Paul Society at St. Mary's of Uxbridge will host their annual fundraiser "The Friends of the Poor Walk" at 9 a.m. at St. Mary's Church 77 Mendon Street, Uxbridge. Walkers will meet at the handicapped entrance and then walk or run the town loop at 9:30 a.m. For more information, call 508-278-2226. Pasta & Meatball Dinner at St. Peter Parish in Northbridge on Saturday, September 14th starting at 5:30 pm in the Parish Hall. Bring you family and friends for a wonderful meal and meet some new friends. Tickets are \$15 per dinner and include salad and dessert. To go meals will be available for pick up at 5:00pm and all orders must be

Auburn High School Class of 1974 - 50th Reunion

September 28, 2024, Auburn Elks. 4-9 p.m. \$45 check payable to: Jill Dagilis - PO Box 20776, Chandler St., Worcester, MA 01602

purchased in advance. Please call the parish office at 508-234-2156 or email parishoffice@stpeterrockdale.org to purchase tickets or if you have any questions.

FRIDAY, SEPTEMBER 20

• Paul D'Angelo set to headline Comedy night at Slater's at 7:30 pm With special guests Dave Rattigan & Jim Ruberti. Doors open at 6:30 PM; show starts at 7:30 PM. Tickets are on-sale now at www.samuelslaters.com. Samuel Slater's Restaurant is located at 200 Gore Road in Webster.

SATURDAY, SEPTEMBER 21

• The Sixth Annual Lions Club Car Show will be held from 10 a.m. – 2 p.m. at Valley Chapel, 14 Hunter Road, Uxbridge. All cars, motorcycles and trucks are welcome. The event benefits the Lions Club's many community programs. Music, picnic fare, local vendors and Sweet Wise Ice Cream Truck will also be on hand. Registration fee for vehicles is \$15. Admission is free. More than 100 vehicles entered last year. Registration is available in advance by sending a check to Uxbridge Lions Club, P.O. Box 455, North Uxbridge MA 01538. Include name, phone number, vehicle make and model. • Dog Orphans Inc., 90 Webster Street, Douglas is holding an Open House from 10 a.m. – 2 p.m. Stop by with your formerly orphaned dog to say Hi! There will be raffles, nail trimming for dogs and cats, professional photos by Brielle, hamburgers and hotdogs and a watermelon-eating contest for dogs.

MONDAY, SEPTEMBER 23

• The 18th Annual Uxbridge Senior Center Gold Outing sponsored by the Uxbridge Elderly Connection at the Whitinsville Golf Club . The event will begin at 12 p.m. with a shotgun start . Teams of four may sign up to play for \$100 per golfer and nine holes including greens fees, cart, gift bad and buffet supper. A full sponsor package includes green fees for a foursome, cart, gift bag,

> HAPPENINGS! continued on page 15



The Indian Ranch Box Office is open Monday, Wednesday, Saturday, Sunday (10AM - 3PM), and Friday (10AM - 5PM). Tickets are also available by phone: 1-800-514-ETIX (3849). All events are rain or shine. No refunds. For ticketing and group sales, contact tickets@indianranch.com or call 508-943-3871. For information on private events, banquets and renting the Indian Princess Paddlewheel Boat, contact banquets@samuelslaters.com. Indian Ranch is less than an hour's drive from Boston, Providence, Hartford and Springfield. Indian Ranch is located at 200 Gore Road in Webster, MA.

Paul D'Angelo Set to Headline **Comedy Night at Slater's**

omedy returns to Samuel Slater's Restaurant in Webster on Friday, Sept. 20 featuring Paul D'Angelo, plus special guests Dave Rattigan and Jim Ruberti for a

matic stage presence and spontaneous improvisational talent with an endless array of intelligent humor delivered in an animated style that grabs and holds the attention of

crowds everywhere he performs, Paul D'Angelo's constantly evolving and diverse selection of original material "takes normal everyday experiences and makes them sound absolutely hilarious."

From a field of 150 comedians, Dave Rattigan "passed" at Boston's famed Comedy Connection on just his 15th time on stage and he has been a fixture on the

night of laughs. Doors open at 6:30 PM; show starts at 7:30 PM. Tickets are on-sale now at www. samuelslaters.com.

Combining an energetic, charis-

Boston scene for two-and-a-half decades since then. He's performed in Dublin and Kilkenny, Ireland as well as at the Hampton Beach Comedy Festival, Boston Comedy

Festival, and Salem Comedy and Spirits Festival.

Jim Ruberti is a Boston comedian and actor who has been entertaining people for well over 30 years, starting as a child in the theaters of Cape Cod performing with Broadway actors and progressing into roles as an adult at venues like the Barnstable Comedy Club. He has been a comic fundraising auctioneer and event host for more than 10 years, and a stand-up comedian working stages around New England. As a stand-up, he's shared the stage with Boston headliners such as Lenny Clarke, Jimmy Dunn, Steve Sweeney and Christine Hurley.

Samuel Slater's Restaurant at Indian Ranch offers a variety of events year round, along with seasonal concerts at Indian Ranch amphitheater, the Indian Princess paddle wheeler and Indian Ranch Campground.

Tickets for Comedy Night at Slater's with Paul Angelo & Guests on Friday, September 20 are onsale now at samuelslaters.com. Samuel Slater's Restaurant is located at 200 Gore Road in Webster.

FREELANCE WRITERS NEEDED!

Do you have a talent for engaging writing that informs and inspires? We are looking for a local interested in telling stories important to the area. If so, Our Town Publishing wants you to join our team of dedicated journalists.

RESPONSIBILITIES:

- Research and write compelling news stories, features, and columns
- Cover local events, government meetings, and community happenings
- Conduct interviews and develop sources within the community
- Collaborate with editors and other writers to meet deadlines and ensure highquality content
- Adapt to digital and print formats, contributing to our online presence

QUALIFICATIONS:

- Proven writing experience, preferably in journalism or related field
- Strong research, interviewing, and storytelling skills
- Ability to meet tight deadlines and manage multiple assignments
- Excellent grammar, punctuation, and attention to detail
- Familiarity with AP style is a plus
- Ability to work independently and as part of a team
- Knowledge of the local area is highly desirable

If interested, please submit writing samples to prov@vankeeshopper.net

HAPPENINGS! continued from page 14

additional four dinners at your reserved table, tee sign, special recognition on golf program and event press and announced recognition at the awards supper. The event benefits the Uxbridge Senior Center.

SATURDAY, OCTOBER 12

 St. Patrick's Church Autumn Recycling Event. 8am - 1pm. 7 East St, Whitinsville. We will be accepting gently used books (no encyclopedias) & media; gently used textiles/clothing & accessories; electronics

for a fee (no propane, batteries, lightbulbs); rinsed bottles/cans returnable in MA (no glass). Please keep items for each station separate. For more information & pricing, email officesupport@mystpatricks.com or call 508-234-5656.

THIRD WEDNESDAY OF EACH MONTH

 Coin Show at the VFW Post 1385. 13 Cross Road, Uxbridge. 3-7 p.m. Free Admission, Free Appraisals

TIN

THOMPSON **Landscaping & Construction**

• DRAINAGE • POOL FILL-INS • LAWN CARE • LAND CLEARING • FULL LAWN INSTALLS • MULCH • Excavation • Stone & Gravel Driveways

• PATIOS • RETAINING WALLS • WALKWAYS

Millbury, MA • 508-523-7790 Ebthompson36@gmail.com • Free Estimates • Fully Insured

Contact Christine at 508-769-8432 or by email at chrishodecker@ theyankeexpress. com to advertise **TODAY!**

QUALITY BUILDING MATERIALS FOR ALL YOUR NEW CONSTRUCTION AND REMODELING NEEDS **PROFESSIONAL SERVICE • FREE DELIVERY • ESTIMATING** Lumber & Plywood • Windows • Doors • Millwork • Roofing • Insulation • Decking • Rail Systems • Siding • Hardwood • Fasteners • and Much More! Family Owned And Operated Since 1952

124 Main St., Millbury

BER cslumberco.com • 508-865-4822 Mon.-Fri. 7:30am-3pm • Sat. 7:30am-noon



