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Carmichael Times

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Home Depot Revamps Veterans Home



A group of Home Depot employees volunteered their time and efforts to renovate the home of veteran David Marcucci.

**Story and photos
by Ornella Rossi**

CARMICHAEL, CA (MPG) - In a heartfelt display of community spirit, Home Depot has completed a significant renovation project for David Marcucci, a local veteran whose home in Carmichael was in dire need of repair. This initiative not only revitalized Marcucci's residence but also reaffirmed Home Depot's deep commitment to community support.

The renovation process involved more than just fixing a house; it was about restoring hope and comfort. The team replaced uneven flooring, water damage, painted walls, revamped landscaping and updated fixtures.

"About a year and a half ago my wife walked into



and apply for the grant from the Home Depot Foundation, we ask the veteran what they need done, the scope of work, how many volunteers and then we put a quote in and submit it so we can get it financed."

Marcucci, who served in the 82nd Airborne from 2014 to 2017, faced immense personal challenges since coming home in April 2017, due to an injury sustained during his service. A parachute malfunction caused an injury to his leg leading to numerous surgeries. His home became a source of stress rather than solace.

"We were first time home buyers and had only been here for four years before all these issues started piling up,"

Continued on page 4

Nonprofit to Host Grand Reopening After Fire



Pictured here is the exterior of the newly-restored building. Photo courtesy of Pete Atchison

**The Carmichael
Sunset No-AI Club
News Release**

CARMICHAEL, CA (MPG) - A grand reopening at the Sunset No-AI Club, located at 5809 Gibbons Drive in Carmichael, will be from 5 p.m. to midnight Sept. 7. There will be food, non-alcoholic beverages, dance music and silent auctions.

Since an arsonist set fire and nearly destroyed the clubhouse on Nov. 7, 2022, the Sunset No-AI Club has rebuilt and restored the building and is ready to begin serving the recovery community again.

The Sunset No-AI Club, Inc. is a nonprofit organization designed to educate the recovering alcoholic and drug addicted population, including adults, youth and their family members. The building, established as the Sunset No-AI Club in 1970, set out to provide space to educate and provide social and physical activities for all interested.

With the help of many generous community members, businesses, contractors, sub-contractors, dedicated board members and Sacramento County Supervisor Rich Desmond and his staff, the clubhouse is ready to reopen. The Board of Directors thanks all who have donated time, money and materials.

The nonprofit organization is still in need of monetary donations, due to construction loans over and above the insurance payout.

For more information, visit the website at <https://sunsetnoalclub.org> or email GibbonsClub@gmail.com.

Mail donations to Sunset NO-AL Club, Inc., P.O. Box 991, Carmichael, CA 95609. ★

Eagle Rescue Heroes Saluted

**Story and photos
by Susan Maxwell
Skinner**

SACRAMENTO REGION, CA (MPG) - Two professional tree climbers have been recognized for their heroism in rescuing a fallen bald eaglet last April.

Sacramento County Supervisor Rich Desmond last week presented resolutions to Placerville residents Kiover Lara and Gabriel Cuevas. The ceremony also saluted the career of Fair Oaks-based wildlife rescue specialist Ben Nuckolls, who supervised the mission that saved the three-week-old eaglet.

"It's just great that people like Kiover and Gabriel used their skills and courage to save our national bird from a situation that seemed like mission impossible," Desmond said. "And Ben Nuckolls is an incredible asset to the safety of wildlife on our



American River Parkway."

Co-operating in the perilous rescue that made national news, the heroes gained brief celebrity. The foothills arborist company that employs Cuevas and Lara got a welcome business boost.

On April 27, climber Lara, 45, and 'ground man' partner Cuevas, 42, were enjoying a quiet Saturday off. Their boss, Mauro Rios, was doing godfather duties at a Quinceañera party. A nephew relayed a desperate call from a nest site observer: a bald eaglet known as Diecinueve (Spanish for 19) was dangling 100 feet up. The nest tree topped a ravine and

Continued on page 2

**WE
SUPPORT
OUR
MILITARY**

Eagle Rescue Heroes Saluted

Continued from page 1
firefighters deemed the terrain too steep and dangerous for ladders.

Sierra Pacific Tree Care owner Rios told his best climbers that an eagle needed rescuing.

“Kiover never says no,” reported the boss. “He does anything we ask of him.”

Rios OKed the use of company equipment and help was quickly dispatched.

Baby Diecinueve had alternated between frantic flapping and exhaustion for at least 10 hours before the rescue. Supervising efforts, Nuckolls warned the climbers that they would be unpaid and must work at their own risk.

Lara responded that he had retrieved plenty of cats from trees but, he conceded, “Eagles, no.”

He and Cuevas scrambled downhill to the tree base. Above, circling eagle parents shouted outrage.

“The lean on that tree worried us,” Lara said. “We were also concerned the mother eagle might come at us. We said a prayer and figured it would be all right.”

With Cuevas manning safety ropes, up Lara scrambled. Hearts thumped below.

“We were all scared,” admitted an onlooker. “Not just that Kiover might fall; the higher he climbed, the closer the baby’s mama circled.”

Lara quickly reached and untangled the three-pound bundle of feathers.

“He was bigger than I thought,” he recalled. “He felt soft and fluffy, like a stuffed toy. He looked at me bravely. I told him: you’ll be OK, baby.”

With precious cargo, descent was slower. When climbers and a cage appeared over the canyon ridge, firefighters cheered. Volunteers blinked back tears.

In minutes, Nuckolls and fellow rescuer Leslie Ackerman spirited the dehydrated eaglet to



The heroes are joined by Sierra Tree Care co-workers, family members, fire fighters and volunteers who assisted the bald eaglet rescue. Supervisor Rich Desmond (back row right) commended the group.



The nesting tree tilts over an American River canyon. With ropes, harnesses and spikes, Kiover Lara made the perilous climb last April.



Safe in a dog carrier, the 3-week-old eaglet reaches safety after its rescue.



Days before his fall, eaglet Diecinueve enjoys dinner with his mama.

Gold Country Wildlife Rescue in Auburn. This facility operates in conjunction with the Lincoln-based Bird of Prey Health Group.

Diecinueve was given fluids and anti-inflammatory medication. Otherwise undamaged, Diecinueve was later moved for rehab at Lake Tahoe Wildlife Care in South Lake

Tahoe. When fully grown, his release would be managed by this agency.

“My family and I love eagles. We were relieved the little guy was safe and would one day fly free. Supervisor Desmond’s award makes us proud,” said climber Lara.

“I’m thankful that Kiover and

Gabriel and other volunteers were on hand and we could all work together. Rescuing wildlife has always been my passion. Because this nest site is close to my home, I had an extra interest in the situation. Like many people, I’d watched this beautiful family for years. I felt a special responsibility to help them,” added rescue

specialist Nuckolls.
For the safety of the eagles, the American River nest location is not included in this report. Learn about Sierra Pacific Tree Care company services at www.sierra-pacifictree.com
Learn more about Gold Country Wildlife Rescue at www.gold-countrywildliferescue.org. ★

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Welcome to McKinley Village, where luxurious living meets contemporary design in this stunning Urban Farmhouse Plan. This immaculate two-story home, built in 2017, features 3 bedrooms and 2.5 baths, all enhanced by high-end finishes and meticulous attention to detail. Gorgeous engineered hardwood floors flow throughout the bright and airy living spaces, creating a seamless connection between the great room and the chef’s kitchen. It is a true entertainer’s dream with quartz countertops, stainless steel appliances, a large central island with bar seating, and ample cabinetry. The inviting sunroom, complete with a Regency Horizon fireplace, offers a perfect retreat for relaxation or gatherings. The primary suite is a sanctuary with a walk-in closet, dual sinks, and a step-in shower. This home is move-in ready, boasting fantastic curb appeal and a serene location tucked away from the street for added privacy. Enjoy exclusive access to McKinley Village amenities, including a private clubhouse, full gym, heated Junior Olympic pool, saunas, pickleball courts, and more. Don’t miss the chance to experience luxury living in this award-winning community.

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Soroptimists Receive Proclamation, Celebrate 15 Years

Soroptimist International News Release

RANCHO CORDOVA/CARMICHAEL, CA (MPG) - Rancho Cordova Mayor David Sander presented the Soroptimist International of Rancho Cordova/Gold River Club with a proclamation honoring their 15-year anniversary and service to the Rancho Cordova area at the Aug. 5 City Council meeting. The proclamation celebrated the club’s achievements in helping the community’s at-risk women and students over its 15-year history.

The Rancho Cordova/Gold River Club serves the Rancho Cordova/Carmichael area.

Since the Rancho Cordova/Gold River club’s founding in 2009, club members have helped more than 1,800 Folsom Cordova Unified School District students, provided Comfort Kits to more than 1,500 domestic violence/sexual assault survivors, presented a total of more than \$30,000 in cash awards to 30 head of household women trying to finish higher education



At the Aug. 5 City Council meeting, Rancho Cordova Mayor David Sander, Ph.D. presented the Soroptimist International of Rancho Cordova/Gold River with a proclamation. Photo courtesy of Soroptimist International

or professional certification, and have hosted two human trafficking awareness and education events to the public with plans to offer a third next year in January.

“We have grown to be a vital community partner to

so many and are incredibly proud of where we are today. Since our inception, we’ve changed and improved the lives of over 4,500-plus local women and girls,” said Soroptimist International of Rancho Cordova and Gold

River Vice-President Sheryl Longworth.

Soroptimist International of Rancho Cordova & Gold River will celebrate its 15th anniversary of dedicated service to the community at a birthday bash from 1 to 3 p.m. Sept. 7 at the Mills

Arts & Culture Center (MACC) in Rancho Cordova, located at 10191 Mills Station Road.

The Sept. 7 celebration will highlight the achievements of Soroptimist and its awardees, fostering fellowship and fun. Attendees will have the opportunity to meet past award recipients, connect with members and partners, enjoy appetizers and cake and win raffle prizes. RSVP at <https://guestli.st/780258>.

Soroptimist is an international nonprofit organization that seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve.

To receive more information about Soroptimist International of Rancho Cordova and Gold River, how to become a member or to volunteer, email siranchocordova@soroptimist.net, call club Vice-President Longworth at 916-833-1218 or visit <http://www.soroptimistranchocordova.org>. ★

SMF Breaks Ground on Pedestrian Walkway



The new walkway will connect Terminal B to Concourse B. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento International Airport (SMF) has broken ground for its new Pedestrian Walkway, a key project in the SMForward program. The Pedestrian Walkway will connect Terminal B to Concourse B via a skybridge with moving sidewalks, escalators and elevators along a panoramic corridor. The walkway project is vital to supporting passenger growth well into the future.

The \$140 million walkway will enhance passenger convenience and connectivity, offering travelers the ability to walk or ride the existing Automated People Mover. The project will feature three major pieces of art that represent a \$2.5 million investment in public art.

“This is the first project of our \$1.3 billion SMForward program and the

culmination of years of planning and creativity,” said Cindy Nichol, Director of Sacramento County Department of Airports.

“By transforming how people experience travel, we’re enhancing our community’s connection to the region and the world, boosting our economy and improving our quality of life.”

The project is funded by \$33 million in grant funds through the Bipartisan Infrastructure Law (BIL, as well as a low-interest federal loan through the Transportation Infrastructure Finance and Innovation Act (TIFIA) and airport revenue bonds. Zero local tax dollars will be used to fund this important project.

The Airport has been breaking passenger records month after month, ending fiscal year 2024 with 13.2 million passengers served.

"With passenger numbers on track to

break records again this year, this project is essential to meeting the demands of today and tomorrow,” said District 2 Supervisor and Board Chair, Patrick Kennedy.

“By expanding our airport’s capacity and enhancing the passenger journey, Sacramento County’s Department of Airports is ensuring our region remains a top choice for travelers and businesses alike.”

“This walkway, with two sky bridges and a hub, is built with the future in mind,” said District 1 Supervisor, Phil Serna.

“They will provide SMF’s passengers a flexible portal that can connect to a future concourse to meet our growing region’s need for air travel for decades to come.”

Following a competitive selection process, Balfour Beatty was chosen to serve as the project’s Construction Manager at Risk (CMAR), a first for a major project in

Sacramento County.

The Construction Manager at Risk delivery method is beneficial because it allows for early collaboration between the Department, the project designer and the construction manager, leading to better project design and cost control. The project will be delivered through multiple progressive guaranteed maximum price (PGMP) which reduces financial risk for the Department. The Construction Manager at Risk delivery method enhances project quality and efficiency through integrated project design and delivery and proactive risk management.

The Pedestrian Walkway is just the first step in a \$1.3 billion plan to leverage transformative partnerships, lead the way in creative financing solutions and deliver the future of SMF. Throughout the program’s projected duration, 800 jobs will be created in the first four years alone. ★

Sacramento County Rezones Aim to Boost Affordable Housing

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted Aug. 20 to adopt a series of resolutions and ordinances to rezone sites throughout the county, a move aimed at addressing the shortfall of 2,884 units in the county’s Regional Housing Needs Allocation (RHNA) for the lower-income category (households with incomes less than 80 percent of area median income; income levels less than \$69,050).

The plan will rezone 74 infill sites across the county to allow for the construction of housing units for a range of income levels. By rezoning these parcels, the county hopes to encourage developers to build more multi-family units and subsidized housing



Rezones will take effect on Sept. 19. Photo courtesy of Sacramento County

projects.

“This rezone project is a significant step toward addressing the critical housing shortage in Sacramento County and we have certain

sites that already have developer interest,” said Todd Smith, Sacramento County planning director.

“By prioritizing the development of lower-income housing

units, we are not only meeting our immediate obligations but also laying the groundwork for a more inclusive, equitable and green future,” Smith said. “These rezones will create

opportunities for families and individuals who need it most, ensuring that our communities remain vibrant and diverse while also reducing vehicle miles traveled, meaning lower greenhouse gas emissions.”

The 74 rezoned sites are located within 10 community planning areas: Antelope, Arden-Arcade, Carmichael/Old Foothill Farms, Cordova, Fair Oaks, North Highlands, Orangevale, Rio Linda/Elverta, South Sacramento and Vineyard.

These rezones will take effect on Sept. 19.

While the Regional Housing Needs Allocation obligations have now been met, the county remains committed to increasing residential capacity in furtherance of section A1 of the County’s Housing Element with a goal of rezoning additional sites in 2025. ★

Home Depot Revamps Veterans Home



Before beginning the renovation work, the volunteers stood together and performed a Home Depot chant.

Continued from page 1

Marcucci said. “It was catastrophic to us and wiped out all our savings.”

Marcucci’s home, once plagued by water damage and tripping hazards, now stands as a testament to the power of community support.

“I am eternally grateful to Home Depot. This renovation means the world to me. It allows me to walk and have mobility through the house without me worrying about a tripping hazard causing another injury to my leg,” Marcucci said.

All the materials for the renovation were supplied by the Carmichael Home Depot store, which also coordinated with other companies, such as Romanoff Renovations, that volunteered their labor to restore the house. Additionally, Home Depot stores from across the district sent volunteers to assist with the project, contributing their time and skills to ensure its success.

“My grandfather was a veteran, and that is the reason why I do this, it would be cool if someone could do this for him one day,” said Isaac DeLuna, a Home Depot employee. “It’s all about giving back and ensuring veterans feel secure and cared for.”

Carol Weber, a Home Depot employee for the past 20 years highlighted the significance of such projects.

“The first 10 years I worked there I did these projects constantly,” Weber said. “I like to help our community here

in Carmichael because that’s where our store is.”

Lopez also said, “It’s inspiring to work for a company that not only supports its associates and employees but also gives back to the community. Being able to help a veteran who served us is incredibly rewarding. It’s a way for us to support our local community, and that’s why I stand by this company.”

“This is something every company should do. We need to be here for our people,” David Gregory, Pro Department Supervisor at Home Depot said. “Despite all the volunteers being from different stores he highlighted that they are all “one team coming together for the community.”

Vince Robles from the Veterans’ Community Center of Citrus Heights partnered with Home Depot to get the project done.

“We have worked with Home Depot before and received grants from them. When they needed assistance with a 501(c)(3) project, we were happy to help,” said Robles. “Today our crew is serving lunch for the volunteers, and we are also working on a special project for his closet. We also serve meals four days a week at our facility to help veterans as much as we can.”

“I want people to know that Home Depo does things like this,” said Marcucci. “It’s a dream come true. I am ready to start living again.” ★

Explore County Parks with Agents of Discovery

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Agents of Discovery, an interactive, augmented reality game, is now available at two Sacramento County Regional Parks: Gibson Ranch Regional Park and River Bend Park.

Gibson Ranch Regional Park is at 8556 Gibson Ranch Park Road, Elverta, and River Bend Park is at 2300 Rod Beaudry Drive, Sacramento.

The Agents of Discovery app is available to park visitors, free of charge. While in participating parks, users will be encouraged to explore new areas to find “challenges” that will... well, challenge their knowledge of the parks.

“Our team has been diligently creating engaging challenges to ensure that visitors have an enjoyable and educational experience,” said Liz Bellas, director of Regional Parks. “Agents of Discovery will provide valuable insights about our local parks and open spaces, showcasing the many benefits of parks and recreation for people of all ages.”

If you’ve ever played games such as Pokémon GO or Harry Potter Wizards Unite, you’re likely familiar with augmented reality. This technology combines visuals and audio

from the game with the user’s actual environment in real-time.

When users enter the active park area, they will begin receiving tips through the app that will help them find and complete the challenges.

Agents of Discovery Tips and Disclaimers

While Agents of Discovery is best downloaded and played using WiFi, it is also accessible using cellular data.

Under “Missions,” search for the park you plan on visiting, either “River Bend Park” or “Gibson Ranch Regional Park” and download mission prior to visiting.

Make sure that GPS is enabled.

Be aware and cautious of possible traffic, other people and obstacles that could be in your way when playing Agents of Discovery. Be sure to look around and be safe when playing.

Create an account to save your progress.

Agents of Discovery is fun for all ages. Children should get parental permission before downloading this app.

Parks are open from sunrise to sunset.

Download the app from the Apple App Store or Google Play Store and head to either Gibson Ranch Regional Park or River Bend Park and start playing. ★

Defendant Sentenced for Double-Murder Shooting at House Party

Sacramento County District Attorney’s Office News Release

SACRAMENTO, CA (MPG) - Judge James Arguelles sentenced Andrew Granderson to life in prison without the possibility of parole. On Oct. 18, 2023, a jury convicted Granderson of two counts of first-degree murder, gun use allegations and the special circumstance of committing multiple murders.

On Nov. 1, 2020, the victims Joseph Ash and Micah Nero (both 18 years old) hosted a party at Ash’s apartment. The party was advertised on Snapchat and open to the public. Several people attended, including a friend of Andrew Granderson who

was meeting him at the party. Granderson’s friend arrived first and was robbed of his jewelry by unknown males. The friend left the party and was walked to his car by Nero because the friend was concerned he would come across the robbers.

After leaving, the friend told Granderson what had happened and Granderson insisted on returning to the party. When he knocked on the front door, both victims went to answer the door. As soon as the door opened, Granderson shot and killed both victims. Due to the extensive investigation by Sacramento Sheriff’s Office homicide detectives, they were able to identify Granderson as the shooter in the double murder. ★

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Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
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Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05778
Bahiyyah Muwwakkil, PO Box, 13381, Sacramento, CA 95813 is doing business under the Fictitious Business Name(s) "2nd Hand Snob" 2308 Villanova Circle #7, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 9, 16, 23, 30, 2024
HAND 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05708
Lawrence Ong, MD, Inc., 1098 Hillcrest Road, Beverly Hills, CA 90210 is doing business under the Fictitious Business Name(s) "Corcentra Anesthesia" 1401 21st Street Suite 6909, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 9, 16, 23, 30, 2024
CORCENTRA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05408
Dat Huu Pham, 5421 Verner Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Pro Laundry Services" 5421 Verner Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
PRO 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05604
Flordeliza Navarro, 12268 Habitat Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Orange Orchard Home" 12268 Habitat Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 19, 2024
Publish: August 9, 16, 23, 30, 2024
ORANGE 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05828
Kathleen Davis, PO Box 292262, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "USA Real Estate and Vacation Homes/ Kate Davis Promotions" 6025 Dias Avenue #146, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
USA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05820
HS Drinks LLC, 24988 Blue Ravine Road Suite 108, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Bobaology" 24988 Blue Ravine Road Suite 108, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
BOBAOLOGY 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05853
Kyle Bruns, 5013 Berisford Place, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bruns Equipment Rentals" 5013 Berisford Place, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 9, 16, 23, 30, 2024
BRUNS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05424
Danny Johnson, 3104 O Street #223, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Mullins Enterprises" 3880 Stillman Park Circle #73, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
MULLINS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05862
Melissa Mercado, 50 Iron Point Circle Suite 140, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Commonwealth Customs by Meli" 50 Iron Point Circle Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 9, 16, 23, 30, 2024
COMMONWEALTH 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05698
Alina Krasniuk, 2257 Windward Lane, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Alina Krasniuk Distribution" 2257 Windward Lane, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 9, 16, 23, 30, 2024
ALINA 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05676
Jacinto Chang and Hing Wong, 1021 E Rose Circle, Los Altos, CA 94024 are doing business under the Fictitious Business Name(s) "Folsom Home Rental" 4292 Cresent Way, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 9, 16, 23, 30, 2024
FOLSOM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05470
Adriana Madrigal, 476 Fisher Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Backdrop Babe" 476 Fisher Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 16, 2024
Publish: August 9, 16, 23, 30, 2024
THE 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05398
Wendy McCallum, Trustee and Rufus A. Avent, Successor Trustee, 4811 Chippendale Drive #101, Sacramento, CA 95673 is doing business under the Fictitious Business Name(s) "Rufus A. Avent Jr and Company/Rufus A. Avent Jr Estate/Rufus A. Avent Jr WHFIT/Rufus A. Avent Jr NMVHFIT/Rufus A. Avent Jr Widely Held Fixed Investment Trust/Rufus A. Avent Jr Non Mortgage Widely Held Fixed Investment Trust" 4811 Chippendale Drive #101, Sacramento, CA 95673. Filed with the Clerk of Sacramento County July 12, 2024
Publish: August 9, 16, 23, 30, 2024
RUFUS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05954
Dickson Owino, 8076 Coopers Hawk Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "OAM Economic Consulting Group" 8076 Coopers Hawk Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County August 1, 2024
Publish: August 9, 16, 23, 30, 2024
OAM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05825
Pavel Polichshuk, 7212 Brattle Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Poli Building" 7212 Brattle Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
POLI 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05827
Devin Jones, 4251 Armadale Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Elevated Self" 4251 Armadale Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 9, 16, 23, 30, 2024
ELEVATED 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05941
Solstice Marketing Inc., 2880 Sunrise Boulevard, Sacramento, CA 95742 is doing business under the Fictitious Business Name(s) "S and C Concepts" 2880 Sunrise Boulevard, Sacramento, CA 95742. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 9, 16, 23, 30, 2024
SANDC 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05407
Doering Commercial Spaces, 470 N 16th Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "DCS" 470 N 16th Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 15, 2024
Publish: August 9, 16, 23, 30, 2024
DCS 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05673
Sarah Grace Payne, 7710 Eastgate Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Moon Pearl Marketing" 7710 Eastgate Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 9, 16, 23, 30, 2024
MOON 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05948
Lilian Makama, 3284 Sunny Gate Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "I Am Concepts" 3284 Sunny Gate Lane, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 9, 16, 23, 30, 2024
IAM 8-30-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05711
Tribid Consulting LLC, 1401 21st Street Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Transcend Limits Nutrition" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 9, 16, 23, 30, 2024
TRANSCEND 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05848
Mark W. Grill, Paul D. Grill and John S. Grill, 3785 Brickway Boulevard Suite 110, Santa Rosa, CA 95403 are doing business under the Fictitious Business Name(s) "Aaction Rents, LP" 3904 Winter Street, Sacramento, CA 95838. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
AACTION 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05725
Efinity Financial LLC, 1901 Central Drive Suite 612, Bedford, TX 76021 is doing business under the Fictitious Business Name(s) "Efinity Mortgage" 1409 W State Street, El Centro, CA 92243. Filed with the Clerk of Sacramento County July 25, 2024
Publish: August 16, 23, 30 Sept 6, 2024
EFINITY 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05877
Sandra Souza, 5597 Rubion Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Attention To Detail/Attention To Detail California" 5597

Rubion Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
ATTENTION 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06160
Ride4Less Auto Sales LLC, 7000 Franklin Boulevard Suite 625, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Ride4Less Auto Sales" 7000 Franklin Boulevard Suite 625, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 16, 23, 30 Sept 6, 2024
RIDE 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05887
Ellen Merriss, 7750 Envoy Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Crescent Moon Writing Co" 7750 Envoy Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
CRESENT 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05651
Laura Trojanowski-Howe, 4435 Andrew Alan Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Callista" 4435 Andrew Alan Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 16, 23, 30 Sept 6, 2024
CALLISTA 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05694
Link Wireless Communications Inc, 734 Grand Avenue Unit D, Ridgefield, NJ 07657 is doing business under the Fictitious Business Name(s) "Link Engineering" 734 Grand Avenue Unit D, Ridgefield, NJ 07657. Filed with the Clerk of Sacramento County July 24, 2024
Publish: August 16, 23, 30 Sept 6, 2024
LINK 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06019
Cindy M Konklin, 6381 Auburn Boulevard Suite C, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Accurately Yours Accounting Solutions" 6381 Auburn Boulevard Suite C, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 6, 2024
Publish: August 16, 23, 30 Sept 6, 2024
ACCURATELY 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05962
Fred Lee Ellis III, 2211 River Plaza Drive Apt 323, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Fred Still Hauling" 2211 River Plaza Drive Apt 323, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 1, 2024
Publish: August 16, 23, 30 Sept 6, 2024
FRED 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06004
Imma Yolanda Lara, 3824 Morris Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Lara Cafeteria" 1120 N Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County August 5, 2024
Publish: August 16, 23, 30 Sept 6, 2024
LARA 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05648
Amy Marchant, 3216 Montclair Street, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Marchant Consulting" 3216 Montclair Street, Sacramento, CA 95821. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 16, 23, 30 Sept 6, 2024
MARCHANT 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05642
Brad's Home Repair LLC., 2891 Anderson Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Brad's Home Repair LLC" 2891 Anderson Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 16, 23, 30 Sept 6, 2024
BRADS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06010
Maria D. Martin, 1808 Avondale Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Well Connected Language Services" 1808 Avondale Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 5, 2024
Publish: August 16, 23, 30 Sept 6, 2024
WELL 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05766
Nestor Javier Pulido and Lizzette Corona, 9098 Salmon Falls Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Peak Performance K9 Mobile Dog Gym" 9098 Salmon Falls Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 25, 2024
Publish: August 16, 23, 30 Sept 6, 2024
PEAK 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05765
Lizzette Corona and Nestor Javier Pulido, 9098 Salmon

Falls Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Xochis Pawfections" 9098 Salmon Falls Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 25, 2024
Publish: August 16, 23, 30 Sept 6, 2024
XOCHIS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05875
CMB Export, LLC, 5910 N. Central Expressway Suite 1000, Dallas TX 75206 is doing business under the Fictitious Business Name(s) "CMB Regional Centers" 5910 N. Central Expressway Suite 1000, Dallas TX 75206. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
CMB 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05874
Milo S. Roe, 5017 Raleigh Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Thor's" 5017 Raleigh Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
THORS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05876
Medgracia LLC, 2108 N Street #9085, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Medgracia" 2108 N Street #9085, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
MEDGRACIA 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06052
Absolute Massage LLC, 9372 Madison Avenue Suite 5B, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Absolute Massage" 9372 Madison Avenue Suite 5B, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 7, 2024
Publish: August 16, 23, 30 Sept 6, 2024
ABSOLUTE 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05880
Vladyslav Guzevatyy, 10600 Averell Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Prime Construction" 10600 Averell Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
PRIME 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06031
Kepos Enterprises, Inc., 835 University Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Fleet Flower/Nu Cannabis" 241 N 10th Street #7J, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 6, 2024
Publish: August 16, 23, 30 Sept 6, 2024
FLEET 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06034
Eva M. Segal, 11406 Forty Niner Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Salon Aprima" 5200 Sunrise Boulevard Suite 1, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 6, 2024
Publish: August 16, 23, 30 Sept 6, 2024
SALON 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05988
Ryan Hatcher, 4800 Moddison Avenue, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Porter Street Strategies" 4800 Moddison Avenue, Sacramento, CA 95819. Filed with the Clerk of Sacramento County August 2, 2024
Publish: August 16, 23, 30 Sept 6, 2024
PORTER 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06093
Troopathon, 3105 File Circle Suite 108, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "America's Care Packages for the Troops" 3105 File Circle Suite 108, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 8, 2024
Publish: August 16, 23, 30 Sept 6, 2024
AMERICAS 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05861
Charlotte Tillman, 8226 La Sombra Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Char Stamps/Char's Travel" 8226 La Sombra Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
CHAR 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06119
Lart Group Inc, 6232 Greenback Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Minuteman Press" 6232 Greenback Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 8, 2024
Publish: August 16, 23, 30 Sept 6, 2024
MINUTEMAN 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05843
Packerz LLC, 2108 N Street N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s)

"Chai Master" 2108 N Street N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 16, 23, 30 Sept 6, 2024
CHAI 9-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05806
Diana Williamson, 4110 De La Vina Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Butterfly Effect" 4110 De La Vina Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 29, 2024
Publish: August 23, 30, Sept 6, 13, 2024
BUTTERFLY 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05884
SND Foods, Inc., 5109 Gibbons Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Star Liquor" 4110 De La Vina Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 23, 30, Sept 6, 13, 2024
STAR 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05905
Evangelina Bravo, 2451 Casa Linda Drive, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "A and E Cleaning Services 2451 Casa Linda Drive, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 23, 30, Sept 6, 13, 2024
CLEANING 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05957
First Baptist Church of Rio Linda, California 7008 10th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "New Beginnings Fellowship of Rio Linda" 7008 10th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 1, 2024
Publish: August 23, 30, Sept 6, 13, 2024
NEW 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06224
Jennifer Meagher, 1027 O Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Expressions" 1027 O Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 23, 30, Sept 6, 13, 2024
EXPRESSIONS 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05935
Sportman Products LLC, 208 15th Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Stencil Stop" 208 15th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 23, 30, Sept 6, 13, 2024
STENCIL 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05846
SandS Muthyala LLC, 5497 Mossy Stone Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mathnasium of Fair Oaks" 5450 Sunrise Boulevard Suite D, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 23, 30, Sept 6, 13, 2024
MATHNASIUM 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06179
Mohammad Dawod Aziza, 7248 30th Street Suite B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "M A General Minor Auto Repair" 7248 30th Street Suite B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
GENERAL 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06180
Melinda Martrano, 3700 Bayou Road, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Mehndi by Melinda" 3700 Bayou Road, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
MEHNDI 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06190
Mortaza Hussaini, 3915 Power Inn Road Suite E, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Elite Car Zone" 3915 Power Inn Road Suite E, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
ELITE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05775
Joanna Brotnei, 7900 Bellingrath Drive, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Harmony Home Care" 7900 Bellingrath Drive, Elverta, CA 95626. Filed with the Clerk of Sacramento County July 25, 2024
Publish: August 23, 30, Sept 6, 13, 2024
HARMONY 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05891
Concrete Crafters, Inc, 7328 Sylvan Grove Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Concrete Crafters, Inc./Concrete Crafters" 7328 Sylvan Grove Way, Citrus Heights, CA 95610. Filed with

the Clerk of Sacramento County July 31, 2024
Publish: August 23, 30, Sept 6, 13, 2024
CONCRETE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05612
Victor Sepulveda, 6729 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Fidelina Tire Shop" 6729 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 22, 2024
Publish: August 23, 30, Sept 6, 13, 2024
FIDELINA 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05985
Victoria Lose, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 2, 2024
Publish: August 23, 30, Sept 6, 13, 2024
JOURNEY 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06209
Selena McQuilkin, 3425 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "El Camino Psychic and Spiritual Healer" 3425 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 23, 30, Sept 6, 13, 2024
PSYCHIC 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06229
Oleksandra Borodych, 10324 Mills Station Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Sabo Design" 10324 Mills Station Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 23, 30, Sept 6, 13, 2024
SABO 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06244
CB Electric LLC, 8121 Dart Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Bybee Electric Services" 8121 Dart Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 23, 30, Sept 6, 13, 2024
BYBEE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06195
Hastings Health Physician Assistant Inc., 8881 Katama Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Radiant Studio by Tati Hastings" 3160 Arden Way Suite #114, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
RADIANT 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06250
Jamie Perez, 7109 Rob River Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Beyond Words Productions" 7109 Rob River Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 15, 2024
Publish: August 23, 30, Sept 6,

Legal Advertising Hotline
916-483-2299

Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

Name(s) “Secure Workspaces Distribution” 5321 Luce Avenue, McClellan, CA 95652. Filed with the Clerk of Sacramento County August 15, 2024
Publish: August 23, 30, Sept 6, 13, 2024
SECURE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05675
Rai Petroleum Inc., 6337 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Fair Oaks AmPm” 6337 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 30, Sept 6, 13, 20, 2024
FAIR 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06222
Balaboys Group LLC, 6016 Sunrise Vista Drive Apt 41, Citrus Heights, CA, 95610 is doing business under the Fictitious Business Name(s) “BALA Express” 6016 Sunrise Vista Drive Apt 41, Citrus Heights, CA, 95610. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 30, Sept 6, 13, 20, 2024
BALA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06134
Thompson Kane & Company, Inc., 8040 Excelsior Drive Suite 100, Madison WI, 53717 is doing business under the Fictitious Business Name(s) “Thompson Kane Mortgage Loans” 8040 Excelsior Drive Suite 100, Madison WI, 53717. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
THOMPSON 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05790
Angela Whitney, 3631 Quinn Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) “Angie’s Tax & Professional Services” 3631 Quinn Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 30, Sept 6, 13, 20, 2024
ANGIES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05981
KBL Group LLC, 6510 Franklin Boulevard, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) “Pacific Auto Repair” 6510 Franklin Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 2, 2024
Publish: August 30, Sept 6, 13, 20, 2024
PACIFIC 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06184
Western Pacific Depot, 2001 K Street, Sacramento, CA, 95811 is doing business under the Fictitious Business Name(s) “Marilyn’s Pizza Slice” 2011 J Street Suite A, Sacramento, CA, 95811. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 30, Sept 6, 13, 20, 2024
MARILYNS 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06210
Lee’s Superior Insurance Services, 4709 Florin Road Suite 1A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) “Golden Elite Notary Services” 4709 Florin Road Suite 1A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 30, Sept 6, 13, 20, 2024
GOLDEN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06239
Nathan Wright, 460 Appaloosa Court, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) “NeuroDev Assessment” 101 Parkshore Drive #122, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 30, Sept 6, 13, 20, 2024
NEURODEV 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05581
H.O.L.Y. ILS Services LLC, 4611 Freeport Boulevard Suite 6, Sacramento, CA 95822 is doing business under the Fictitious

Business Name(s) “H.O.L.Y./ H.O.L.Y. ILS” 4611 Freeport Boulevard Suite 6, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 19, 2024
Publish: August 30, Sept 6, 13, 20, 2024
HOLY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06344
TAG Transports Inc., 1401 21st Street Suite 7188, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) “Murga 365 Protective Solutions Inc.” 1401 21st Street Suite 7188, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 19, 2024
Publish: August 30, Sept 6, 13, 20, 2024
MURGA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06155
Tres Babes LLC, 4741 Isabella Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) “Kaia Fit Fair Oaks/Kaia Fit Orangevale” 8525 Madison Avenue #140, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
KAIA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06095
Jeffrey Kusiak, 6717 Landis Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Devosia Designs” 6717 Landis Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 8, 2024
Publish: August 30, Sept 6, 13, 20, 2024
DEVOSIA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06202
Claudia Camelia Juravle, 9009 Plum Blossom Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) “Friendly Care Home II” 9009 Plum Blossom Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 30, Sept 6, 13, 20, 2024
FRIENDLY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06035
Kimbae Warr, 4860 Idaho Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) “Purpose Support Living Services” 4860 Idaho Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 6, 2024
Publish: August 30, Sept 6, 13, 20, 2024
PURPOSE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06154
Tres Babes LLC, 4741 Isabella Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) “Kaia Fit Natomas” 1435 North Market Boulevard, Suite #3, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
TRES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06388
Tarek Ahmad Rashid Sr., 721 North B Street, Suite 17, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) “Aegis Automotive Sales” 721 North B Street, Suite 17, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 20, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AEGIS 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06410
Christopher Smith, 6829 Blue Duck Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) “Kuroheim Item Shop” 6829 Blue Duck Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 21, 2024
Publish: August 30, Sept 6, 13, 20, 2024
KUROHEIM 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06411
999 Thai Inc, 3609 Don Julio Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) “Yummy Thai Sushi/ MooMii Fish N Chip” 1501 N

C Street, Sacramento, CA 95891. Filed with the Clerk of Sacramento County August 21, 2024

Publish: August 30, Sept 6, 13, 20, 2024
YUMMY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06480

Nicholas Reed, 7009 Trabert Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Chain Lighter” 7009 Trabert Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
CHAIN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05928
Jyotsna Sundar DMD A Medical Corporation, 7628 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) “Auburn Endodontics” 7628 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AUBURN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06488
John Michael Gonzales, 3745 Viola Drive, North Highlands, CA 96660 is doing business under the Fictitious Business Name(s) “Gonzales Fitness” 3745 Viola Drive, North Highlands, CA 96660. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
GONZALES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06460
Joseph Stanley Jones, 9537 Hollingsworth Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) “Surrogate Grandfather” 9537 Hollingsworth Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
SURROGATE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06189
Melissa Mercado, PO Box 511, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) “Commonwealth Customs By Me!” 50 Iron Point Circle, Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 30, Sept 6, 13, 20, 2024
COMMONWEALTH 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06481
Jasmine Pinon-McCulloch, 2301 Vehicle Drive, Suite G, Rancho Cordova 95670 is doing business under the Fictitious Business Name(s) “JP’s Auto Care” 2301 Vehicle Drive, Suite G, Rancho Cordova 95670. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
JP’S 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06507
Artrice Stewart, 10730 Coloma Road, #5, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) “Artrice Soulful BBQ” 10730 Coloma Road, #5, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 23, 2024
Publish: August 30, Sept 6, 13, 20, 2024
ARTRICE 9-20-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV005370

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Arriana Harper Abbott to Arriana Levi Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 24, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: June 18, 2024
Christopher E. Krueger, Judge of

the Superior Court
Publish: August 9, 16, 23, 30, 2024
ROBERTS 8-30-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV014548

Tahmina Khushrawi has filed a petition with this court for a decree changing the name(s) of Tahmina Khushrawi to Tahmina Khusrawi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 22, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 9, 16, 23, 30, 2024
KHUSHRAWI 8-30-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV008467

Brittney Roberts has filed a petition with this court for a decree changing the name(s) of Aubrie Leyla Parker to Aubrie Leyla McLaughlin-Roberts.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on September 3, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: May 1, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 9, 16, 23, 30, 2024
ROBERTS 8-30-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015314

Yousuf Jan Hussain Zahiri has filed a petition with this court for a decree changing the name(s) of Yousuf Jan Hussain Zahiri to Yousuf Anyoubi and Farida Mahmood to Farida Anyoubi and Gulsoom Yousuf to Gulsoom Anyoubi and Mohammad Yousuf to Mohammad Anyoubi and Aisha Yousuf to Aisha Anyoubi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 4, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 1, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 9, 16, 23, 30, 2024
ZAHIRI 8-30-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015391

Sarah Jane Dalley-Lincoln has filed a petition with this court for a decree changing the name(s) of Sarah Jane Dalley-Lincoln to Sarahjane Lincoln.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 5, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 1, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 16, 23, 30 Sept 6, 2024
LINCOLN 9-6-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015789

Sydney Jeanette Barnes has filed a petition with this court for a decree changing the name(s) of Sydney Jeanette Barnes to Sydney Jeanette Vox.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 11, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 8, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 16, 23, 30 Sept 6, 2024
BARNES 9-6-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015857

Dianna T Nguyen has filed a petition with this court for a decree changing the name(s) of Dianna T Nguyen to Nho Xuan The Nguyen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 20, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 9, 2024
Christopher E. Krueger, Judge of the Superior Court

Publish: August 23, 30, Sept 6, 13, 2024
NGUYEN 9-13-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015296

Elizabeth Shae Birkes, has filed a petition with this court for a decree changing the name(s) of Elizabeth Shae Birkes to Oliver Shae Birkes.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
BIRKES 9-13-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV014118

Mohammad Reza Hatami has filed a petition with this court for a decree changing the name(s) of Mohammad Reza Hatami to Reza Hatami.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 14, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 16, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
HATAMI 9-13-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015541

Nhan Tam Quyen Tran and Thi Van Phan has filed a petition with this court for a decree changing the name(s) of Nhan Tam Dung Tran to Laura Tran.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
TRAN 9-13-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV015897

Steliary Jon Dariosis has filed a petition with this court for a decree changing the name(s) of Steliary Jon Dariosis to Stella John Dariosis.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 17, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 9, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
DARIOSIS 9-13-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV016269

Anandi Sushant Shirodkar has filed a petition with this court for a decree changing the name(s) of Anandi Shushant Shirodkar to Aanandi Shirodkar.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
SHIRODKAR 9-20-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV016383

Dylan Douglas Nester-Carlson has filed a petition with this court for a decree changing the name(s) of Dylan Douglas Nester-Carlson to Dylan Dougl Nester.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 3, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
NESTER 9-20-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV016508

Antonio Mendoza has filed a petition with this court for a decree changing the name(s) of Noah Gael Mata Juarez to Noah Gael Mendoza.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 4, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 21, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
MENDOZA 9-20-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV016372

Viacheslav Zinevych has filed a petition with this court for a decree changing the name(s) of Viacheslav Zinevych to Slava Zinevych.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 3, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
ZINEVYCH 9-20-24

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE CHANGE OF NAME
#24CV016379

Mahjabin Parwani has filed a petition with this court for a decree changing the name(s) of Mahjabin Parwani to Maryam Haidari.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
PARWANI 9-20-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF
LELIA AMANDA GUERRERO
CASE NO. 24PR001541

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lelia Guerrero.

A Petition for Probate has been filed by Nakaiya Guerrero, in the Superior Court of California, County of Sacramento, requesting Nakaiya Guerrero be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 25, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner

PUBLIC NOTICE TO CONTRACTORS

Sealed bids addressed to Carmichael Water District Attention **Greg Norris, Carmichael Water District** will be received at the Carmichael Water District, 7837 Fair Oaks Boulevard, Carmichael, California 95608 on Thursday September 19, 2024 until 2:00 p.m. **Bids received after 2:00 p.m. will not be accepted and will be returned unopened.** Accepted bids will be opened publicly at 2:00 p.m.

On-Call Asphalt Construction Services

Carmichael Water District (District) is soliciting bids for asphaltic patch and trench paving construction services to be provided on an as needed basis. The District repairs, maintains, and replaces water distribution lines on a regular basis that often require asphalt patch and trench paving work on public roads. The successful bidder will be awarded a three-year public works construction contract that will extend from mid October 2024 to June 30, 2027.

This is an Indefinite Delivery/Indefinite Quantities contract. Throughout the duration of the contract the District will contact the contractor as the need for asphalt construction services arise. The contractor will be called out to the project site within Carmichael, CA for various types of work as described in the bid schedule.

Bidding Documents will be available beginning September 2, 2024 through ARC Document Solutions website (<https://customer.e-arc.com/arcEOC/ARCPanRoom.aspx>). (916) 443-1322. All project addenda will be posted through the ARC Document Solutions.

All bidders must purchase a complete set of the documents (hard copy or complete download) from ARC Document Solutions to be listed on the “plan holders list”, be considered responsive and to receive subsequent communications such as addenda. **Bidders must be listed on the plan holder’s list to receive addenda and to be eligible to submit bid.**

Contract Documents may also be posted at other major bid houses. The District reserves the right after opening Bids to reject any or all Bids, to waive any informality in a Bid, and award in the best interests of the District. If the Contract is to be awarded, the District will award the Contract to the responsible Bidder that submits the lowest responsive Bid.

Carmichael Times 8-30-2024

Board of Supervisors Adopt Infill Program

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted Aug. 20 to adopt the County's Infill Program Update and directed staff to implement certain actions identified in the plan to accelerate the Program.

In July 2021, Sacramento County received a Local Early Action Planning (LEAP) grant for an update to the 2008 Infill Program with the purpose of identifying current barriers to infill development and developing a strategy to address these barriers.

Informed by the prior effort, stakeholder engagement and recent Board direction resulting from the Development Review Process Improvements Review and the Board's Housing and Infill Workshop, the Infill Program Update is a roadmap to facilitating policy and procedural changes and increasing and accelerating housing production in the County.

"Residential, commercial and mixed-use projects resulting from the adoption of this program will create more vibrant communities, and investment in these communities," said Todd Smith, Sacramento County planning director.

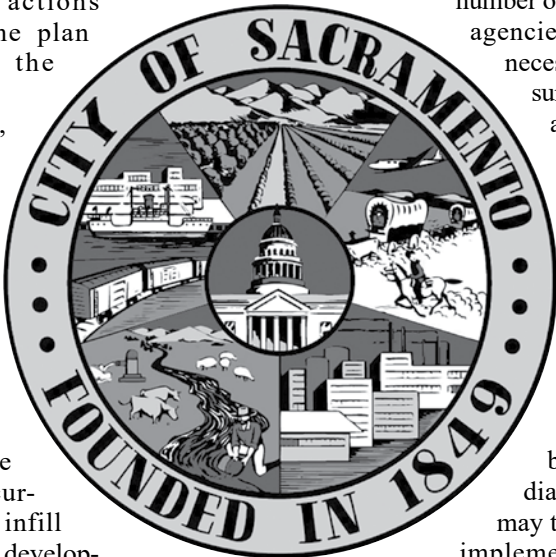
"Infill development also helps cut down on long commutes, lowering greenhouse gas emissions, contributing to a more sustainable environment, which is a big priority for Sacramento County."

The Program Update identifies seven barriers

to infill development and provides an implementation program consisting of 13 actions intended to address these barriers.

Barriers to infill include:

New growth areas – Greenfield development



in new growth areas is often seen as being more cost-efficient and easier than acquiring and assembling land for the construction of infill development.

Infrastructure – Many of the traditional commercial corridors in the County were built and designated for cars rather than people and have aging utility infrastructure that may now be equipped to handle new higher-density development.

High development costs – Another major barrier to infill can be the high cost associated with acquiring urbanized land, project application fees and development impact fees for improvements in the public right of way.

Lot size and parcel assembly – It is common for parcels in already urbanized areas to be smaller than in areas designated for greenfield development.

Permitting process – Longer and more difficult paths to approval can

dramatically add to project costs and timelines.

Development regulations – Strict and complex zoning standards and design guidelines that do not allow for flexibility can present barriers to successful infill development.

Coordination – The number of departments and agencies in the County necessitates time-consuming coordination among internal departments and divisions and external agencies.

The actions identified to address these barriers range from actions that can be taken immediately to those that may take years to fully implement and include:

increase coordination with residents, community groups and stakeholders, increase coordination and partnerships with agencies/departments involved in the development review process, amend existing fee reduction and waiver programs, Expand other financial programs and resources, hire Development Process Managers, hire Infill Coordinators, hire on-call consultants, expand the Fast Track Permit Processing Program, expand and routinely update applicant resources, analyze and amend Special Planning Areas and Neighborhood Preservation Areas and Corridor Plans, establish mixed-use zoning districts and objective standards, update Zoning Code Development Standards and update the County's General Plan.

To stay up to date on the County's infill efforts, check out our Infill Development website at <https://sacramentocounty-infill.com>. ★

More Than 1,200 Acres Permanently Protected

Sacramento Valley Conservancy News Release

SACRAMENTO VALLEY, CA (MPG) - The Sacramento Valley Conservancy (SVC) is pleased to announce the successful completion and recording of its two newest conservation projects, spanning six separate properties.

On June 6 in Yuba County, 161 acres of critical riparian and floodplain habitat in the Feather River levee setback area, called the Feather River Setback Area Preserve, became permanently protected.

The success of this project is attributed to the partnership between the Three Rivers Levee Improvement Authority (TRLIA), Sutter Buttes Regional Land Trust, and the Sacramento Valley Conservancy. This collaboration reflects a decade-long planning and due diligence period, culminating in a monumental conservation achievement.

Then on July 30, another 1,055 acres of vernal pools and open space in Sacramento County between Mather and

Sloughhouse were permanently protected. Through five conservation easements, this project is Sacramento Valley Conservancy's third largest land protection accomplishment (in acreage) since Deer Creek Hills Preserve was protected in 2004. SVC is working to connect these preserves to Deer Creek Hills and other open spaces for wildlife corridors and regional trail networks.

This success resulted from a decade of due diligence and collaboration between the South Sacramento Conservation Agency (SSCA), the developer, the Sacramento Valley Conservancy, and many others.

The protected areas include vernal pools, wetlands, and swales that support threatened, protected and species of concern. The Sacramento Valley Conservancy now manages and monitors over 7,326 acres of vernal pool and upland habitat, known as the Sacramento Prairie Vernal Pool Preserve, which includes 23 properties in the Mather, Rancho Cordova area, and southeast Sacramento County area. ★



Employment Opportunities

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Opportunities at Messenger Publishing Group

Email your resume to Publisher@MPG8.com

Circulation Manager – We are seeking a full-time Circulation Manager to oversee our 18 local newspapers. Duties include managing the weekly reporting of distribution, preparation for weekly audits, managing and recruiting our carrier staff, preparing and reporting postal statements, customer service support, physical labor repairing and replacing newsstands, setting up new locations, and other related duties needed to run the circulation department. This position works primarily in Carmichael but will require some local travel to our other offices in the Sacramento region. The hours may vary but are flexible due to the nature of the duties.

Office Administration – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

City Reporter - We are seeking a full-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Copy Editor - We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

Delivery Driver – Weekly Hauling to Marysville- We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver/Local - We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

To find out more or to apply:

Email your questions or resume to Publisher@MPG8.com



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NOTICE OF PETITION TO ADMINISTER ESTATE

is: Nakaiya Guerrero, 3741 Floral Drive, North Highlands, CA 95660; 279-209-1514
Publish: August 30, Sept 6, 13, 2024
GUERRERO 9-13-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF GLEN ROY VAN DEN BROEK

CASE NO. 24PR002339
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Glen Roy Van Den Broek.
A Petition for Probate has been filed by Kiana Courtney, in the Superior Court of California, County of Sacramento, request-

ing Kiana Courtney be appointed as personal representative(s) to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority.
A hearing on the petition will be held in this court as follows September 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative

appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and ap-

praisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
The name, address and telephone number of the Petitioner is: Kiana Courtney, 5945 Ehrhardt Avenue, Sacramento, CA 95823; 916-877-1386
Publish: August 30, Sept 6, 13, 2024
BROEK 9-13-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2021-00008
The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS

NAME of: JMR Concrete Construction, 7213 Kari Ann Circle, Sacramento, CA 95824.
Jesus Morones Romo, 7213 Kari Ann Circle, Sacramento, CA 95824.
The Fictitious Business Name Statement was filed on 1/4/2021 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/12/2024.
Publish: August 30, Sept 6, 13, 2024
JMR 9-20-24

California Sued Twice After Enacting a Corporate Tax Law with Billions at Stake



By Dan Walters, CALMatters.org

During Jerry Brown’s first stint as governor of California, he became enmeshed in a very complicated dispute over how the state should tax the incomes of multinational corporations. More than four decades later, the issue has resurfaced in a corporate tax case involving Microsoft, one of the nation’s largest corporations, a legislative bill that was semi-secretly attached to the state budget in June, and two subsequent lawsuits. The outcome could reopen tax returns from past years and potentially force companies to pay billions of dollars in retroactive taxes, or alternatively could eliminate a windfall of corporate taxes that Gov. Gavin Newsom is counting on to help close the state’s budget deficit. The issue that Brown faced in the 1970s was whether corporations should report their global incomes to California and have a calculated percentage subjected to state taxes, or could confine their taxable income reports to actual activities within the state. At the time, the first methodology, called “unitary taxation,” was used by the Franchise Tax Board, which is California’s

version of the Internal Revenue Service. However, foreign corporations, particularly those based in Japan and Great Britain, were adamantly opposed and sought the alternative, dubbed “water’s edge.” Brown initially supported the tax board but after visiting Japan did a 180-degree flip, while accusing the board’s executive officer, Martin Huff, of giving him “flaky data.” Huff responded by essentially accusing Brown of lying, which led to Brown and legislative leaders quickly changing a unique state law that had protected the tax board’s executive from political interference. Huff had also alienated legislators by publicly suggesting that their “per diem” expense payments be subject to income taxes. After the law was changed to make it easier for Huff to be fired, he resigned. The infighting over corporate taxation continued. At one point it even became an issue in a tax treaty that the U.S. government was negotiating with the British government. Eventually, in the 1980s, corporations were given the option of using either the unitary or water’s edge method. Microsoft adopted the latter for its 2017-18 tax return, but found itself in a dispute with the tax board over how dividends from foreign subsidiaries should be treated. The dispute jelled when Microsoft sought a \$90.9 million refund, the tax board rejected the claim and the company appealed to the Office of Tax Appeals, which is essentially a tax court. Last year, after extensive trial-like hearings, a three-member

appellate panel unanimously ruled in favor of Microsoft. It could have forced the state to refund \$1.3 billion immediately and perhaps more as the decision trickled through the state’s corporate tax process. But the tax board did not concede defeat and instead turned to Newsom and the Legislature for a rescue. It came in the form of Senate Bill 167, one of the dozens of “trailer bills” attached to the state budget. It declares that the Franchise Tax Board’s position on the dividend issue is state law, regardless of how the appellate panel ruled. This month, two lawsuits were filed to challenge the constitutional validity of SB 167, one by the California Taxpayers Association in Fresno, the other by the National Taxpayers Union in Sacramento. “This legislation imposes a retroactive tax hike that would reach back several decades, allowing California’s tax collectors to go after companies that already paid every cent of the taxes owed under the laws that were in place at the time,” CalTax president Robert Gutierrez said. “This egregious violation of taxpayers’ rights cannot go unchallenged.” Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. He began covering California politics in 1975, just as Jerry Brown began his first stint as governor, and began writing his column in 1981. ★

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Carmichael Times

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Subscriptions should be mailed to Carmichael Times, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$52 per year within Carmichael, \$72 within Sacramento County.

The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.

Kings Korner

By V.G. Harris

Monday morning as I was writing this column, I tuned into a local sports talk radio station that will go nameless, and listened to the two hosts as they discussed the top 40 Sacramento Kings players of all time. What was most interesting, as I listened to their personal choices, was who they put in the top 10 since the Kings came to Sacramento. Conspicuously missing from that list from both hosts were the names Domantas Sabonis and De’Aaron Fox. Neither could make their top 10 list. Bench players Doug Christie and Brad Miller made the list, but not the rebounding champ for the past two seasons, or the fastest man in the NBA in our own De’Aaron Fox. Call me a homer, and I’ll be proud to wear the title, but I will tell you without a shadow of a doubt, Domantas Sabonis and De’Aaron Fox have already acquitted themselves honorably to make the top ten list of all time for the Sacramento Kings. Argue where you place Chris Webber, Vlade Divac, or even Demarcus Cousins, but please show some small modicum of basketball acumen and place Mr. Sabonis and Mr. Fox on the list of the top 10! Did I get a little fired up? You bet I did. I enjoy talking about the stalwarts of the past as much as the next Kings fan, but I am all about the team as represented today! Let’s spend our time on whether Keegan Murray can elevate to the next level, and garner talk as an all-star candidate someday. Or perhaps whether the Kings will have multiple players with a 20-plus scoring average this season. Maybe we should discuss how many former Kings have ever led the NBA in rebounding. Names like Wilt Chamberlain, Kareem Abdul-Jabbar, Charles Barkley, Elvin Hayes, and yes, Sacramento’s own Chris Webber have worn that title, but surprisingly none of the aforementioned ever did it two years in a row. Oh, did I mention a candidate for the triple-double title? Perhaps because it never happened before Domantas Sabonis

did it last season, along with the double-double title as well. OK, I got that off my chest, but I hope you are coming away with the impression that I am high as a kite on the existing squad as represented today. I’ll go into the 2024-25 season and stare at a team that will challenge 50 wins and then some. Newcomer DeMar DeRozan was recently quoted as saying, “I want to be one of the guys that hits the beam.” Domantas Sabonis said, “DeRozan makes us much harder to guard.” I could not agree more, and I will tell you without a doubt that if you get an invite to a Kings game this season, take it, and take it quick. Seats at Golden 1 are going to be scarcer than hen’s teeth, and if it’s pure entertainment you’re looking for, just hang with the Kings this season. One of the compelling things about the Kings that continues to bring me back again and again is the obvious delight they have playing together. When a King hits the hardwood on their back, it’s a mad scramble to see who will get there first to help the player to his feet. I hear no acrimony from the bench as it relates to playing time, which is somewhat uncommon. I’m particularly proud of the way Malik Monk has conducted himself coming off the bench for the past two seasons, when this talented player could easily be starting for any other team. Regardless of whether Malik remains the Kings’ sixth man, or breaks into the starting lineup, he has my never-ending support. Truly, this team has so much talent up and down the lineup, I could poll 10 season ticket holders, and get five to 10 different names as to who is their favorite. Acquisition discussions have been quiet, but it’s always quiet before the storm. Know that Monte McNair is showing up to work each day, and much is happening behind the scenes. I hope you’re looking forward to the upcoming season as much as I am, and especially opening night! ★ Your thoughts are always welcome at vgharriskingsfan@gmail.com

COMICS & PUZZLES

The Spats

by Jeff Pickering

POPEYE

by KENNY MILKLAND

Amber Waves

by Dave T. Phipps

Out on a Limb

by Gary Kopervas

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

TIGER

by BUD BLAKE

GRIN & BEAR IT

by Dave T. Phipps

Just Like Cats & Dogs

CROSSWORD

ACROSS

1. Doorframe part

5. *The Swing Era or _____ Band Era

8. T-cell killer, acr.

11. Arabian chieftain

12. Actress Sorvino

13. Excessively fat

15. Chore list

16. Second word in fairytale?

17. Doled out cards

18. *1933 movie monster (2 words)

20. Eyeball

21. Golf aid

22. French vineyard

23. *Larry or Curly or Moe

26. Between delta and zeta

30. _____ B vaccine

31. Ciphering machine

34. Kind

35. Black and white cookies

37. _____ chi

38. Fender bender consequences

39. Light beige

40. *First white chocolate manufacturer

42. Grasp

43. Elbow room, to a ship (2 words)

45. Teenagers' emotions

47. Belly

48. East Indian pepper

50. Buzzing pest

52. *Prairie crisis (2 words)

55. Change, as in U.S. Constitution

56. "If all _____ fails..."

57. Solomon-like

59. Boatload

60. Lab gel

61. Enthusiasm

62. Finale

63. Grazing land

64. Blood vessel network

DOWN

1. Blue Angel

2. In a frenzy

3. Calf-length skirt

4. Ford option

5. Two-footed mortar support

6. Shoemaker without shoes, e.g.

7. *Al Capone's Chicago Outfit, e.g.

8. Mend, healthwise

9. Small island

10. Doctor Doolittle, e.g.

12. *Shenyang (China) in 1931

13. O in B.O., pl.

14. *Cole Porter's "Begin the _____"

19. Dashboard windows

22. Accounting title

23. Oxfords and loafers

24. 9 a.m. prayer

25. *George Gershwin's "Porgy and Bess"

26. Discharge

27. Ding-a-_____ pl.

28. Eightsome

29. Egg holders

32. Big-ticket _____

33. Tank filler

36. *a.k.a. The Little Rascals (2 words)

38. Brightest star in Cygnus

40. 1990s negotiation

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36. *a.k.a. The Little Rascals (2 words)

38. Brightest star in Cygnus

40. 1990s negotiation

41. Second of two

44. Beat the Joneses

46. Angry stare

48. Battle of the _____, a.k.a. Ardennes Offensive

49. Test format

50. *Bureau of Investigation agent, to "Machine Gun" Kelly

51. Smart but awkward one

52. *FDR's New _____

53. _____ E. Coyote

54. Law school test acronym

55. Expert

58. Compass point between NE and E

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Tuleyome Tale – Safe Summer Hiking



Light colors and loose-fitting clothes help keep hikers cool even in areas with little shade. Photo by Nate Lillge

By Kristie Ehrhardt

WOODLAND, CA (MPG) - Technology and fast-paced living are part of our everyday world, but spending time in nature can help neutralize the tension and flurry that has become commonplace for us. Heading outdoors, even during the heat of summer, is not only possible but with a little preparation it can be

safe, enjoyable, and fulfilling. Although the summer is ending, temperatures can still be high. Here are some tips to stay safe while hiking in high temperatures.

Keep an eye on the weather.

We are all painfully aware that our region gets HOT during the summer months and although the forecast doesn't really change all that much, in certain areas it can fluctuate more than at your house so keeping an eye on the weather where you're headed is important.

Head out early to take full advantage of the cooler morning hours. Being at the trailhead at sunrise not only avoids some of the heat of the day, but it will likely also avoid crowded parking situations and traffic jams on the trail.

Some areas in our region may experience more wind than others and when the wind is from the north it is typically hot and dry which can rapidly increase the risk of dehydration while hiking. Along with the gusty north winds come "fire weather" which is often indicated by a Red Flag Warning, meaning that there is an increased risk for fire danger because of high

temperatures, low humidity and strong winds. If you smell smoke while you're hiking, it's always best to immediately evacuate the area. Failing to leave not only puts you at risk, but it also puts emergency personnel that may have to come to your aid at risk as well.

Stay hydrated and fuel up

Carry and drink plenty of water during your hike, in fact, bring more than you think you'll need. A good rule of thumb is to drink a half to a full liter of water every hour depending on the temperature and your level of exertion. Be sure to drink often, sipping water helps you maintain hydration much better than chugging a bunch of water once or twice during your hike. You'll feel a lot better too. If you get distracted by the scenery and forget to sip, set a timer

to remind you to take a drink about every 20 minutes. If it's really hot or you'll be working really hard, pre-hydrate. Drink about 16 ounces of water two hours before you hit the trail.

Remember to bring some snacks even if you're not planning on being out on the trail all

extra sodium and potassium can also help keep you happy and feeling well. A quick way to replenish electrolytes is to drink a sports or recovery drink.

Know your limits

Pay attention to your body and any aches and pains you may be experiencing. Consider fatigue,

like poison oak and ticks and keep in mind that snakes may also be out enjoying the day. If you encounter one, please just allow it to pass, it doesn't want to engage with you either. Wear sunglasses and a wide brimmed hat or get a backpack umbrella to attach to your pack to ensure

And as always - if you pack it in, pack it out!



Wide brimmed hats can help prevent sunburn – wear sunscreen. Photo by Nate Lillge

day. Finding the perfect spot to sit and journal or sketch for a while, unexpected difficult terrain or even possibly an injury or getting lost can keep you out on the trail longer than expected and having extra food with you not only keeps your energy up but also your morale. Perspiring causes your body to lose not only water but also electrolytes so packing snacks with a little

strained muscles, a cranky ankle or even blisters and how those will make you feel if you continue hiking. The trek out may be downhill, but it'll be hotter than when you started. Turn back or head out before your water supply is half gone and don't hike beyond your ability.

Hiking is more fun with company. Having others with you to share the joy and experiences of the day is fabulous but having friends with you also lets you check on one another and, if necessary, help with important decisions should there be an injury or a need to call for help. Tuleyome, the Sierra Club and other "meet up" groups often offer group hikes where you can learn the terrain and meet fellow hikers.

Make a Plan and Be Prepared

Check the weather forecast and trail conditions before you go and bring appropriate clothing. Be sure to let someone know where you are heading and about how long you expect to be gone, especially if you are hiking alone. There's a good possibility that your cell phone may not have service on the trail so attaching a whistle to your pack should you need to call for help is a smart idea. Stay on the trail to help avoid things

that you'll always have shade. Sunscreen is an absolute must and should be reapplied often, especially after swimming or excessive sweating.

Getting a sunburn is not only miserable and risky, but it can also add to the risk of dehydration. Some essential items to pack include a headlamp or flashlight, a knife or multipurpose tool, and a first aid kit that includes duct tape and super glue. Bonus points for taking a first aid course before hiking season, especially if you like to hike alone. If you're hiking with your canine pal, please be sure to take notice of their physical ability and demeanor. Dogs heat up and cool down differently than people and outdoor activity during the heat of the day can be extremely uncomfortable or even dangerous for them. Heatstroke can be life threatening to a dog and breaks with extra water and shade are essential for them; don't base their health level on how you're feeling.

Hiking can be done safely in our region any time of year. Some forethought and precautions can help avoid unnecessary calls to our first responders and help you enjoy the outdoors.

And as always - if you pack it in, pack it out!



Hydration and frequent breaks are important when hiking, especially when temperatures soar. Photo by Nate Lillge

iHealth Labs Opens New Office, Marking Significant Growth

iHealth Labs News Release

SACRAMENTO, CA (MPG) - iHealth Labs, a leading provider of digital health solutions best known for its distinctive orange-box COVID-19 tests, announced Aug. 21 the opening of its new office in Sacramento.

Located in the same building as its previous space at 8950 Cal Center Drive, the new office can accommodate 2.5 times more employees. This expansion significantly enhances the iHealth Unified Care team's ability to serve patients in the greater Sacramento area and address the chronic care management needs of the community's aging population.

"We have experienced remarkable growth across all areas of iHealth Labs in the Greater Sacramento Region including our employee count, product offerings, and the number of patients and partners in our Unified Care program," said Jack Feng, chief executive officer at iHealth Labs.

"Unified Care now has nearly 10,000 active patients in the Sacramento area – an increase of more than 150% since we opened our first office here in September 2023 – and our team has expanded by 25 members. Our growth goal for 2024 is to reach 20,000 patients in the Sacramento area and increase our care team to over 100 members, providing valuable employment opportunities for the community. This new office will enhance our ability to serve the community as we empower more patients to live healthier lives."

Launched in 2018, iHealth Unified Care bridges the gap between physician visits and home monitoring through a team of registered dietitians, diabetes educators, health coaches, and clinical assistants that work with a physician's team to provide ongoing holistic in-person and at-home support to help patients better manage diabetes and hypertension. This unique approach provides patients with smart devices for remote vitals monitoring along with personalized nutrition counseling, health behavior coaching, seamless care coordination, and ongoing encouragement to achieve positive clinical outcomes.

"Retrospective analysis of the Unified Care program has shown outstanding results—including a 75% reduction in the

number of diabetes patients with poorly controlled HbA1c levels, a 45% reduction in hypertension patients with uncontrolled blood pressure, and a 78% increase in patients who achieved good control of their hypertension. With a 95% patient satisfaction rate, we are providing the highest level of personalized support. This new office allows us to expand our operations and connect with more individuals with chronic conditions who need high-quality monitoring and care," Feng added.

iHealth's new Sacramento office will accommodate the day-to-day operations of its Unified Care clinical team, as well as members of its business development, customer service, and clinical operations support teams. The team will also continue to host patient onboarding health fairs in partnership with local medical groups to accelerate enrollment and be able to provide Unified Care's essential services to more patients with diabetes and hypertension.

About iHealth Labs

iHealth®, a leading provider of digital health solutions, offers a range of IoT medical devices: blood pressure monitors, glucometers, thermometers, oximeters, and at-home test kits – including its widely-recognized orange-box COVID-19 tests. Since its founding in 2010, the company's consumer-friendly healthcare solutions have been making quality health management more accessible and affordable.

In 2018, the company introduced iHealth Unified Care, a full-service program for remote patient monitoring (RPM) and chronic condition management (CCM) that enables doctors and patients to manage conditions such as diabetes and hypertension more effectively. By combining innovative technology with expert personnel, patient education about diet and lifestyle, and personalized support, iHealth Unified Care is bridging the gap between clinic and home to significantly improve patient outcomes.

iHealth is actively partnering with medical clinics in Sacramento and the San Francisco Bay Area to empower healthier lives by simplifying the management of chronic conditions. ★

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