



## The Man Who Fell to Earth

BY SEAN SULLIVAN

“I’ve been wanting to sky-dive all my life,” said Adam Perry.

That was way back then; this is now. Since his inaugural jumps in 2022, the Holliston resident has taken to the air and plunged toward earth many dozens of times.

Perry belongs to an organization called “Skydivers Over 60,” a select group that takes pride in parachuting during those later decades.

As per regulation, his first two jumps were accomplished with an experienced instructor strapped to his back. It goes without saying that there’s no room for error when gravity’s the main force in the game, and the speed “limit” is 120 miles per hour.

That professional skydiver is a protective shell attached to the back of the “junior” jumper, there to protect the student with expertise gleaned over countless falls to terra firma.

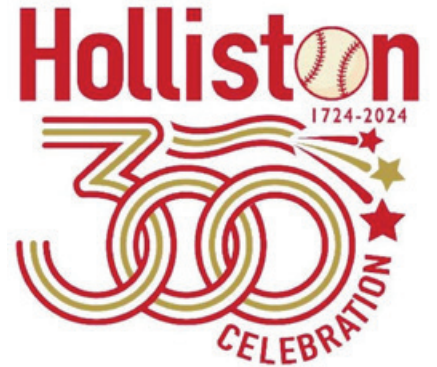
Perry accomplished his first jump in California, and his second in Pepperell, Massachusetts.

Prior to those first two jumps, he participated in about six hours of terrestrial classroom instruction. There, prospective jumpers learn the ins and outs of the aircraft they’ll descend from, every part of the

**SKYDIVE**

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## Holliston Held Vintage Base Ball Game as Part of Year-Long 300th Celebration



As part of its year-long celebration of the town’s 300th anniversary, Celebrate Holliston held a vintage base ball game on July 13. Spectators gathered at Stoddard Park to watch the good old-fashioned game. Photo source: Celebrate Holliston



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### SKYDIVE

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jumping journey from takeoff in a plane to landing their feet on the ground.

Skydivers these days practice Accelerated Free Falls, jumps in which they plunge for about a minute before manually activating their chutes. The AFF is in contrast to those round-chute jumpers of old, whose canopies were automatically pulled just after exiting the aircraft.

Jumpers learn to control their orientation in the air while they're falling, a kind of choreography with the currents of air streaking over the limbs of skydivers. It's a skill that's surprisingly strenuous on the body, said Perry.

The packing of parachutes is an art form all its own, most often left to professionals who specialize in the craft. Still, Perry packed his own chute once as part of the course, under the supervision of instructors of course. The pack includes a main chute and a secondary one, just in case.

On one harrowing jump



inverted bowl-shaped parachutes of World War II paratroopers were earlier versions. Jumpers using them were like marionettes dangling at the end of those strings, at the mercy of wayward winds that might blow them off course. The two directions such jumpers could take were straight down, or whichever way air currents chose to take them.

The relatively recent advent of rectangular chutes introduced an element of control over the course of a skydiver's descent. By manipulating strings attached to chutes, jumpers could now navigate toward some target on the ground (and away from potential hazards).

"You can steer, you can brake," said Perry.

The older, round chutes were synonymous with the PFL, he added. The Parachute Landing Fall. This is "basically a controlled crash," in which jumpers absorb the impact with their legs and a rough tuck and roll to lessen the landing's blow. For people like Perry who've adopted skydiving as regular hobby,

repeated landings of that sort would take too heavy a toll on the body.

The new chutes also allowed skydivers to glide, coast into a soft landing. With practice, jumpers can often touch down as lightly and gracefully as they'd wish.

"I've had landings so gentle," said Perry, "it felt like I was stepping off a ladder."

At 60 years, Perry is the green one among his trio of skydivers, a group of friends with whom he regularly takes the plunge. There's Tom Brown Sr., aged 83 from Munson MA, and Vincent Dooley of Connecticut, aged 69.

"It's kind of an elite club," said Perry of the skydiving community. And Skydivers Over Sixty is an even more exclusive club within that club.

The three jumpers set a Connecticut record in May, being the oldest group to jump in that state to date. As of this writing, Perry had collected 136 jumps under his chute and counting. His goal to reach 150 will qualify him for a "B" license, which demands proficiency in a more advanced set of skills.

The new certification will also qualify him to jump over the Hawaiian Islands, which requires expertise in navigating toward and landing more challenging targets.

The O'ahu jump Perry has planned means jumpers must be able to handle a deep-water landing, should winds blow them off course and into the ocean. Skydivers must know how to escape a tangle of gear and swim into the clear.

Perry had his sights set on those skills, and the potential scene of the island chain and its azure ocean from high above.

"I can only imagine the views. It opened my eyes to a whole new world. Here I am, crushing it. Don't give up because you're getting old."

when his primary chute failed, Perry learned firsthand about the importance of having a plan B.

"I've had to use that one time," he said of his backup.

The class that certified him is no weekend affair. It includes 25 jumps. That's the minimum required to earn an A license in the sport, though Perry ended up jumping for extra credit.

"It took me 36 jumps to get my license, I'm a bit older, harder to learn."

Jumpers must also pass muster in a supervised dive with an instructor, a mentor who follows the student during every stage of the process to ensure competency.

Why did the Holliston resident wait until the winter of his life to take the long plunge? He was waiting for the sport to shape up.

Recall those round chutes that skydivers of yesteryear once used to slow their descent. The

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# Holliston officials consider Home Rule legislation that would allow non-U.S. citizen residents to vote in municipal town elections, Serve in Elected Positions

Select Board supports concept, state says official legislation is unconstitutional

By THERESA KNAPP

Holliston resident Pooja Gupta has asked town and state officials to consider a local Home Rule petition that would allow non-U.S. citizens residing in Holliston to vote in municipal town elections.

Gupta, who is not a U.S. citizen, said the idea came to her when she learned she was not eligible to vote in municipal town elections after she thought about running for a position on an elected town board, so she contacted Town Administrator Travis Ahern and Massachusetts State Representative James Arena-DeRosa.

The issue was discussed for 40 minutes at the Aug. 12 meeting of the Select Board.

“I think the reason this is picking up momentum right now is the whole process of getting a citizenship is much longer than it used to be,” said Gupta. “I myself, it took me 17 years to get me that Green Card, I’m still not a citizen...It’s become such a lengthy process that I see a need to make a change somewhere...so that’s the reason I wanted to push for it and see what we can do as a town.”

Gupta said the town supporting this Home Rule legislation would send a message to the state that things need to change.

“I think it’s worth the effort for the town to do to be able to go forward with it...to see what the state will do,” said Gupta, who is on the local Cultural Council which is not an elected position.

Arena-DeRosa said he understood the premise of the proposed legislation.

“There’s some common-sense piece to it. People that live in town that pay taxes that have kids that go to school, should they have more of a voice, I think it’s a fair question,” said Arena-DeRosa. “I think there’s some challenges to that...al-

though at the end of the day it’s really up to Holliston and the community whether it wants to pursue anything.”

Arena-DeRosa said that similar measures have been taken by seven other communities in the state but none of them have been approved by the Legislature, namely because it has been determined to be unconstitutional.

“Here’s what’s going on at the state level. Legal counsel for the state, for the House of Representatives at least, has looked at this and determined that it’s not constitutional the way the Massachusetts Constitution is currently written.

“If people in the community were to pursue it, and it made it all the way through and I filed, at this moment it would be more of an act of advocacy,” said Arena-DeRosa. “That’s not a commentary on whether or not it should be pursued, it’s just sort of a reality check of where we are right now.”

Ahern said, “Regardless of the fact that we’ve learned where the state is on this, there is still interest in bringing it forward from the advocacy perspective to say, ‘The more towns that are interested in this, the more likely the Legislature moves.’”

“Pursuing the Home Rule change is very interesting to me,” said Select Board member Damon Dimmick. “I live in an extremely diverse neighborhood, these really are my neighbors and my friends, and so many of them are extremely active in the community, obviously pay taxes, really the lifeblood of my neighborhood, so I’m eager to advance the conversation but I want it to be efficacious.”

Arena-DeRosa noted a nearby town has decided that residents, even if they’re not U.S. citizens, can volunteer on non-elected committees.

Select Board member Ben Sparrell supports the idea. “I think this is a great idea. I think it is very important that people who are members of the community should be able to participate in the community, I think this is something we should be pursuing.”

Select Board Chair Tina Hein, who said she grew up in Holliston as a non-U.S. citizen from age 9 (until age 30), said, “The idea of living here in Holliston as a [non-citizen] is my own personal experience. I was living back in Holliston before I became a U.S. citizen so as an adult with my own home, paying my own taxes, I was a non-citizen...There’s a personal element for me as well; this is an important issue.”

Concerns raised in the meeting centered around logistics related to the state’s voter registration system, making sure people only vote in one town (if they own property in several towns), covering any funding needed for any action, and how would local voting actually be put into effect.

Hein said, “Our passion, our commitment, our desire to see a Home Rule petition, our success in passing that, does not influence the Legislature in how they respond, it does not prompt them.”

Arena-DeRose confirmed that is accurate, adding “There’s still value in it.”

Hein said the board would proceed with caution.

“To the extent that these are significant decisions, and this process done well is important...we would go carefully with significant deliberation,” said Hein. “I would anticipate public forums and certainly the sharing of a lot more information to go forward.”

The board will discuss the matter again at a later date, and Gupta will consider adding a citizen’s petition to the town’s Oct. 21 fall town meeting.

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# Special Town Election for Override Ballot Question: September 10, 2024

There will be a Special Town Election on September 10, 2024 to ask voters to consider an Operational Override ballot question. The ballot will ask voters for a Yes or No vote. The language of the ballot question is as follows:

*Shall the Town of Holliston be allowed to assess an additional \$1,170,366 in real estate and personal property taxes for the purposes of providing for the general administrative cost of operating the Holliston Public Schools (\$1,126,021) and for non-union salary adjustments to numerous departments (\$44,345), for fiscal year beginning July 1, 2024?*

### Why does this tax increase require an override or special election?

An Override refers to a vote by the registered voters in town to override the tax increase limit

set by Proposition 2 1/2. Proposition 2 1/2 is a state law enacted in 1980 to limit the total tax amount a town is allowed to collect. This amount is not to increase by more than 2.5% per year without a town vote. Individual tax bills are impacted by changes to the relative value of residential and commercial property and localized changes in real estate values. Proposition 2 1/2 limits the amount of annual tax revenue collected by a municipality, without a town vote or Override.

More information on Proposition 2.5 can be found here:

<https://www.mass.gov/info-details/proposition-2-12-and-tax-rate-process>

### Why is an operational override being sought?

The Fiscal Year 2025 bud-

get, which began July 1, 2024, has been challenging for several reasons: inflationary increases in operating costs, the important need to pay our paraprofessionals more to remain competitive with surrounding districts, weak Town new growth, a one-time reversal of prior year new growth, and special education tuition and transportation costs, among other budget drivers. Funding that local communities receive from the state has not kept pace with rising educational and transportation costs. State aid for the Holliston Public Schools (Chapter 70) has grown by only 2.3% over the past 10 years; below even the amount property taxes are allowed to increase by. Meanwhile, the HPS budget has increased by 3.2%.

Property tax is one of the largest revenue streams available to the town, and increases in property taxes are limited by Proposition 2 1/2.

The Holliston Teacher's Contract ends on August 31, 2024, and we are committed to providing fair and competitive compensation to attract and retain outstanding teachers, who, in turn, support our students in achieving high outcomes. This override covers teacher salaries as agreed upon in the 2024-2027 contract. It also covers the future cost of additional buses that will be required to reduce the bus runs from 3 to 2 that is required by the increased student day for added instructional time. This will also require an adjustment to start times with all schools starting later than Miller and earlier than Placentino do now.

### How much will the override cost?

The Holliston School Committee is currently seeking an operational override that will cost \$1,126,021 and result in an average increase in tax bills of less than ~\$195 per year or ~\$0.53 per day. After including the Select Board's requested pay increases for Town non-union personnel of \$44,345, the total average increase requested by the override is ~\$201 per year. The "average" increase is calculated on the average home assessment of \$649,000. To calculate your own tax impact, you can multiply your property's assessed

**More information regarding the override can be found at:**  
[www.townofholliston.us/home/news/upcoming-elections-information](http://www.townofholliston.us/home/news/upcoming-elections-information); and  
[www.holliston.k12.ma.us/special-election-override](http://www.holliston.k12.ma.us/special-election-override).

value by 0.00031 (\$0.31 cents per \$1,000). The HPS request is almost entirely to fund the teacher contract as well as for additional buses that will be needed to fix the school start times and for the increased instructional time that is part of the contract. While not definitionally a level service budget, the majority of the override will be for level service.

### What options are there for tax relief for people that this will hit the hardest - low income or fixed-income residents?

There are several programs available through the Board of Assessors that provide relief to those on limited means. Most recently, a new Means-Tested Senior Exemption (passed by Town Meeting May 2022 and signed into law by the Governor in May 2024) will be available beginning in FY25. For more information, visit the town website or contact Kevin Rudden at town hall. [Ruddenke@holliston.k12.ma.us](mailto:Ruddenke@holliston.k12.ma.us)

### What happens if the override doesn't pass?

The 2024-2027 Teachers Contract is contingent on the override. If the override does not pass, the 2024-2027 ratified MOA does not go into effect and the HSC and HFT will resume negotiations. In this scenario, it is highly unlikely that the final agreement will be as beneficial to either the students or the teachers but given how tight the Town and School's budgets are this year, could very likely result in significant cost reductions once a final contract is agreed to. We also believe that if the override does not pass, regardless of how the additional negotiations play out, it will have a negative impact on morale which will, overtime, have a negative impact on student achievement and District performance.

### Highlights of the 2024-2027 Teacher Agreement:

- Elimination of the current entry level step (step 2), starting in year one of the contract, to allow us to be highly competitive with other Metrowest school districts in attracting new talent.

- Starting with the 2025-26 school year (year two of the contract), instructional time will increase by 15 minutes at Miller, Adams and the High School and by 10 minutes at Placentino. This will increase annual time on learning by 45 hours and 30 hours, respectively, or an additional 7.5 days and 5 days worth of learning in a school year. Over the course of a student's K-12 education this will equate to an additional 540 hours of time on learning or an additional half a year of instructional time! We believe that this will have a significant positive long-term impact on student outcomes. Exact details of what this means to start times and other operational issues will be announced before January 1, 2025, to give families ample planning time.
- Teacher cost of living adjustment (COLA) increases will be 4% in year one, 3% in year two, and 3% in year three. Additionally, in year two of the contract (coinciding with the increased time on learning), a new top pay step will be created for our most experienced educators that is \$1,500 above the current top pay step.
- The agreement also provides for 1) additional scheduling flexibility while maintaining overall teacher preparation time, 2) increased student monitoring at the middle and high school, and 3) a Memorandum of Agreement ensuring collaboration between the administrators and teachers on potential future schedule changes at the middle and high school.

### For additional information and details, visit the following websites:

- <https://www.townofholliston.us/home/news/upcoming-elections-information>
- <https://www.holliston.k12.ma.us/special-election-override>

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Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and

## Business spotlight

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Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of



your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs before you call for an appointment. There aren't

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Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the

Corner Market restaurant in Holliston. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

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# How should you respond to market cycles?



Mark Freeman

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The movement of the financial markets can seem mysterious — and yet, if we look back over long periods, we can see definite patterns that consistently repeat themselves. As an investor, how should you respond to these market cycles?

To begin with, it's useful to know something about the nature of a market cycle and its connection to the business or economic cycle, which describes the fluctuations of the economy between periods of growth and contraction. Issues such as employment, consumer spending, interest rates and inflation can determine the stage of the business cycle. On the other hand, the market cycle refers to what's happening in the financial markets — that is, the performance of all the different types of investments.

The market cycle often anticipates the business cycle. In other words, the stock market may peak, or hit bottom, before the business cycle does the same. That's partially because the financial markets are always looking ahead. If they foresee an event that could boost the business cycle and help the economy, such as the Federal Reserve lowering interest rates, they may become more "bullish" on stocks,

thus driving the market up. Conversely, if the markets think the business cycle will slow down and the economy will contract, they may project a decline in corporate earnings and become more "bearish" on stocks, leading to a market drop.

Once you're familiar with the nature of market cycles, you won't be surprised when they occur. But does that mean you should base your investment strategy on these cycles?

Some people do. If they believe the market cycle is moving through a downward phase, they may try to cut their perceived losses by selling stocks — even those with strong fundamentals and good prospects — and buying lower-risk investments. While these "safer" investments may offer more price stability and a greater degree of preservation of principal, they also won't provide much in the way of growth potential. And you'll need this growth capacity to

help reach your long-term goals, including a comfortable retirement.

On the other hand, when investors think the market cycle is moving upward, they may keep investing in stocks that have become overpriced. In extreme cases, unwarranted investor enthusiasm can lead to events such as the dotcom bubble, which led to a sharp market decline from 2000 through 2002.

Rather than trying to "time" the market, you may well be better off by looking past its cycles and following a long-term, "all-weather" strategy that's appropriate for your goals, risk tolerance, time horizon and need for liquidity. And it's also a good idea to build a diversified portfolio containing U.S. and foreign stocks, mutual funds, corporate bonds, U.S. Treasury securities and other investments. While diversification can't protect against all losses, it can help protect you from market volatility

that might primarily affect just one asset class.

Market cycles often draw a lot of attention, and they are relevant to investors in the sense that they can explain what's happening in the markets. Yet, when it comes to investing, it's best not to think of cycles but rather of a long journey — one that, when traveled carefully, can lead to the destinations you seek.

Contact Mark for assistance with your personal finances.

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# The Holliston Historical Society's annual Harvest Fair takes place on Sunday, September 22, 2024

BY HISTORICAL SOCIETY MEMBERS

The Holliston Historical Society's annual Harvest Fair takes place on Sunday, September 22, 2024, from 10-4 (rain date Sept. 29).

The fair, located on Route 16 (547 Washington Street), is a great way to celebrate the first day of Fall with many vendors, antiques, crafts, a silent auction, food and, of course, our apple pies!

There is literally something for everyone. Vendors will be offering a wide range of crafts including pottery, (some commemorative pottery) ceramics, crocheted items, handmade sweaters, hats, scarves, and bags. Woodcrafts will include signs, flags, cutting and charcuterie boards, birdhouses, and home décor. There are textile items including table runners, placemats, dish towels, doll clothes, dog bandanas and, of course, homemade



dog treats! Upcycled items will be made into tabletop pieces and home décor.

There will be jewelry vendors creating unique pieces with gemstones, beads, Venetian glass, sterling silver and much more. Art and craft kits are being offered for adults and children and unique, hand-poured soy candles and natural body products... the list goes on.

For the foodie in us, there will be candy and fudge and delicious freshly made-to-order, fried dough.

The Historical Society also hosts a Kids Corner with games (free) for children to enjoy, the

alpacas at the Harvard Alpaca Ranch booth are sure to charm all visitors, and music by Always in Season adds to the overall festive atmosphere of the day.

The Asa Whiting House will be open to visitors 11:30 to

2:30, showcasing items from the Historical Society Collections. Check out the Historical Society Facebook page for information on some of the vendors/crafters who will be at this year's fair.



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# Vecchione Recognized at Fenway

By SUSAN MANNING  
STAFF WRITER

Retired Sergeant, US Army Karen Vecchione, was recently recognized by Run To Homebase at Fenway Park.

On July 27, Vecchione, Office & Human Resource Manager at Holliston-based Colantonio, Inc., was honored at Run to Home Base's celebration for women veterans and service members. Vecchione served for 21 years.

"I have a great deal of respect for this organization based on what they stand for and what they do. I have seen firsthand the effects that the unseen wounds of war have on veterans," she said.

The married mother of one and grandmother of five, said this cause is a personal one.

"I have a personal connection



to the organization and its cause. Both my daughter and I suffered from the unseen wounds of war. I was involved in Operation Desert Storm, and my daughter was involved with Operation Iraqi Freedom," she said.

Vecchione said it was an honor to be recognized by Run To Homebase because it doesn't just benefit members of the military. It goes far beyond.

"This organization benefits

not only service members, it also benefits the families," she said. "This organization is dedicated to healing the invisible wounds of war including PTSD for Veterans of all eras, Service Members,

Military Families and Families of the Fallen through clinical care and physical wellness support programs."

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Your Money, Your Independence

# Mastering the College Admissions Process

Navigating the college admissions process can be a complex and stressful experience for both students and parents.

Understanding nuances of early action and early decision, exploring merit-based aid, and utilizing 529 plans and loans effectively can impact this journey. Here's a guide to help clarify these crucial financial aspects.

## Early Action vs. Early Decision

When it comes to college applications, Early Action (EA) and Early Decision (ED) are two options usually due November 1st, but they have distinct differences.

**Early Action (EA)** allows students to apply earlier than the regular deadline and receive a decision sooner, but they do not have to commit immediately. This means students can apply to multiple schools under EA and weigh their options.

**Early Decision (ED)** is a binding commitment as students agree to attend that college if admitted. Applying ED can enhance acceptance chances because admissions committees view ED applicants as highly motivated. However, it is crucial to request any needed merit aid in the application process, as later requests of needing aid to attend can jeopardize the acceptance.



Glenn Brown, CFP

## Focus on Merit-Based Aid

Merit-based aid is financial assistance awarded based on a student's academic, athletic, or artistic achievements rather than financial need. To maximize merit-based aid:

**Take The Road Less Traveled:** The "trophy schools" aren't giving a lot of merit, because they receive many applications and don't need to incentivize top students. Therefore, look for niche colleges and/or programs in big schools that excite your student and align to their strengths.

**Build Student/Recruiter Relationships:** Merit is a relationship business, where personal interactions influence rewards. Encourage students to proactively connect with local recruit-

ers and express their interest in specific programs. Ongoing communication leads to sharing campus visit plans, allowing the recruiter to set up meetings with professor(s) and admissions. Upon applying EA or ED, your student shares with the recruiter and admissions personnel their enthusiasm, application, and calculation of merit needed to attend. Now admissions has a personality with a name and need, plus the local recruiter is making your student's case.

Students must lead these communications, as recruiters are turned off when parents are writing, editing, and/or speaking for the student.

## Using 529 Funds

Contributions to a 529 plan grow tax-free, and withdrawals for qualified education expenses are tax-free. To use funds from a 529 plan effectively:

**Adjust Investment Strategies:** If your child is only a couple of years from starting college, then shift a portion of future expenditures into more stable

investments, such as bond funds or money markets, to help minimize future volatility and potential losses.

**Qualified Expenses:** Ensure that withdrawals are used for qualified expenses like tuition, fees, books, and room and board. Using funds for non-qualified expenses can result in penalties and taxation at the parent's AGI rate.

## Exploring Loan Options

Understanding the different types of loans can help in managing student debt:

**Federal Student Loans:** Typically offer lower interest rates and more flexible repayment terms compared to private loans. They include Direct Subsidized Loans, where the government covers interest while the student is in school, and Direct Unsubsidized Loans, where interest accrues immediately.

**Parent PLUS Loans:** These are federal loans parents can take out. They have a fixed interest rate and offer flexible repayment terms but place the financial burden on parents.

**Private Loans:** Offered by banks or private lenders, have higher interest rates and fewer repayment protections than federal loans, so they should be the last resort.

In conclusion, informed parents and proactive students can achieve better financial outcomes and a smoother transition to college life. To learn more, talk with your Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, [www.PlanDynamic.com](http://www.PlanDynamic.com). Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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# The b.LUXE *beauty beat*

## Unlock Your Best Look: Must-Know Haircut Trends for Fall 2024

BY GINA WOELFEL

We're unpacking the hottest trends for the autumn/winter 2024 season with the most sought-after hairstyles. After a mostly minimalist summer with styles that seemed to style themselves, we're seeing a return to bold, highly personalized looks that emphasize definition and texture and are poised to turn heads this season! Bangs are back, shorter and more voluminous bobs are adopting new angles, and there's a noticeable nod to the past with a resurgence of retro-inspired cuts like the mullet, the shag, and even "The Rachel."

One noticeable trend emerging in the salon industry is the increased customization of haircuts for both women and men. Clients want to express their individuality in a unique way instead of simply following what they see on social media. There's more freedom to mix and match looks and showcase inventive ideas; this departure from the norm reflects a deeper ownership of individual style.

### Get Ahead of the Curve with This Season's Hottest Style Trends!

#### THE MODERN SHAG AND WOLF CUT:

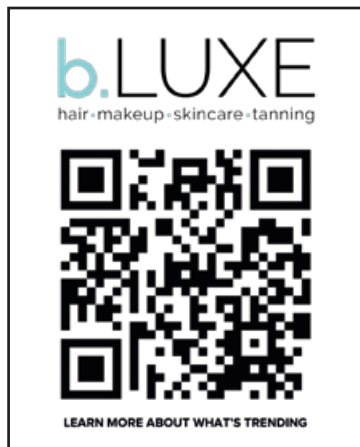
These styles appear similar but are actually different haircuts with similar elements. The **modern shag cut** combines long layers with shorter layers

to frame the face, creating volume and lift. One key element to a great shag cut is bangs! For longer shag cuts, curtain bangs (see below) flow effortlessly into the shag's side layers. The popular butterfly cut is also another name for a longer shag. Its shorter, softer, chin-length side layers and long layers at the back create the illusion of butterfly wings, from which it derives its name.

The **wolf cut** is a popular haircut that combines the fringe of a shag and a mullet's statement style. It's known for its slightly edgy look with choppy bangs, shorter layers on the crown, and longer layers on the back. The style is said to resemble a wolf's wild and unkempt coat. The wolf cut has no exact, definitive shape. It can be long or short, with hair gradually layered thicker around the back and longer base layers that intentionally give a mullet effect.

#### BANGS:

Bangs are back, adding a fresh and stylish update to our hairstyles this fall season. The most significant trend we're seeing is all about the fringe that frames our faces. From the effortlessly chic **curtain bangs** that soften your facial features and blend beautifully into longer layers to the iconic **Birkin bangs** (inspired by Jane Birkin) that exude vintage charm, there's a perfect style for everyone! **Wispy bangs** add a touch of romantic softness, while **bold baby bangs** can be chunky



and well-defined, with separated strands for a daring statement. For an edgier look, **choppy short bangs** work great with cuts like the wolf cut and French bob haircut, while **layered bangs** are less committal with various lengths that blend into your hair. Whether you prefer a polished center part or the glamorous vibe of vintage **bombshell bangs**, this season's trend invites you to experiment and express your inner glam.

#### THE RACHEL 2.0:

The **Rachel 2.0** is a modern take on the iconic hairstyle made famous by Jennifer Aniston's character, Rachel Green, on the popular TV show Friends. We all sported this haircut in the mid-90s, even if it didn't quite suit our style. However, the modern version showcases a shaggy, layered, shoulder-length look with plenty of texture and movement and can be tailored to accentuate your best features. It's a versatile and stylish haircut that has



gained popularity for its fresh, effortless vibe. The Rachel 2.0 is a great option for those looking for a trendy yet timeless haircut.

#### ASYMMETRICAL BOB:

The **asymmetrical bob** is set to be a standout style for fall 2024. This modern twist on the classic bob haircut features a distinctive angled cut, adding edgy elegance and timeless sophistication. With a shorter back and longer front, this versatile haircut complements various hair textures and face shapes, making it a trendy choice for those looking to embrace individuality and defy symmetry. This variation of the bob haircut can be short, medium, or long and can vary in the sharpness of its angle.

These are just a few of this season's most popular hairstyles.

We're also seeing significant demand for high-end men's haircuts, hair extensions, toppers, and faux bangs, as well as no-heat natural styling solutions and layers for all hair lengths. We'll be discussing these in our upcoming Beauty Beats. Scan the QR code to follow along and read our full blog each month, where we share photo inspiration, promotions, and a more in-depth dive into the Beauty Beat.

With so many ways to personalize your style, embrace this season and make it your own.

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# Sewing Comfort For Those In Need

BY SUSAN MANNING  
STAFF WRITER

It's always nice when you can get back to the community simply by doing something you love.

Such is the case for Holliston resident Diana Hatch, and the rest of the Yankee Quilters.

Hatch discovered the group nearly 16 years ago.

"I got involved in 2008 when I retired," she said.

Yankee Quilters is a local charitable quilt group that has members and activities throughout the towns volunteer work delivering quilts to patients at Dana Farber in Milford.

Hatch said the comfort quilts committee had been started two or three years before she joined the organization by Franklin resident Joan Hallet.

"I enjoy quilting and sharing the art form of it... And, I also enjoy the camaraderie of the friends I've made. It's a pretty tight-knit group... and I enjoy it today as much as I did back 16 years ago!" said the quilter.

Volunteer Susan Speers said



having Hatch in the group has been wonderful.

"Diana is one of our more expert quilters, with a long history of sewing and always ready to lend a hand if someone has a question about a technique or a fabric," she said.

For those interested, Yankee Quilters will begin its program year on Tuesday, Sept. 10, at 7 p.m. at Emma's Quilt Cupboard in the Horace Mann Plaza in Franklin. Quilters from new to experienced are welcome to join throughout the year.

Yankee's Comfort Quilts team of dedicated members work together to create beautiful quilts for Dana Farber cancer patients, homeless/displaced children and for international aid groups through the "Wrap the World in Quilts" organization.

Yankee members also contribute quilt blocks for Quilts of Valor for veterans.

## QUILTS

*continued on page 13*

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# Sea Chantey Musical Program at the Holliston Historical Society

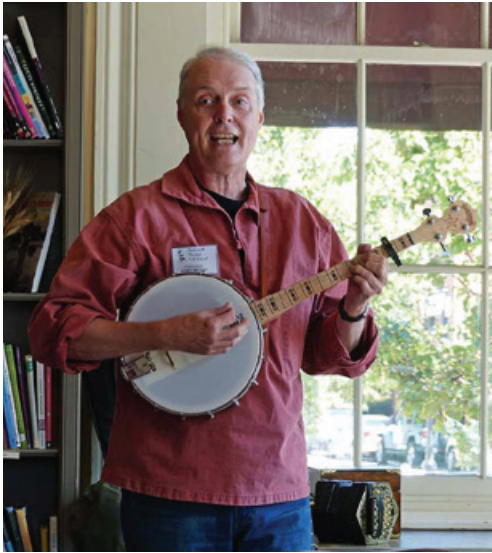
Sunday, September 8th at 2:00 PM

Jerry Bryant will present a musical program on traditional sea chanteys at the Holliston Historical Society on Sunday, September 8, at 2:00 PM. All are welcome to attend this free program in the barn at 547 Washington St. in Holliston. Refreshments will be served. Please join us!

The men who worked on square-riggers in the 19th century used rhythmic work songs, which they called chanteys (or shanties, depending on where they were from), to coordinate their muscle power as they raised sails, moved cargo, and heaved up the anchor. We love these songs today for their compelling rhythms, singable choruses, and

the salty flavor they deliver, conjuring images of wooden ships bowling along under a cloud of canvas.

Jerry is a singer and independent folk scholar who has deeply studied traditional sailor songs, including chanteys. He has appeared at maritime festivals across the US, singing the old songs and keeping the art of the chantey alive. He accompanies his singing with concertina and banjo, but delights in belting out a capstan chantey unaccompanied, the way it was done on



the deck of a barque or brigantine 200 years ago. His research allows him to add historical insights to his performances, so the audience comes away from one of his programs with an understanding of the cultural context in which these songs were originally sung.

Bryant has a YouTube channel called Chantey Talk, in which he explains the ship-board tools and terminology sailors used in traditional chanteys. He has delivered scholarly papers at the Mystic Seaport Museum, and has sung on numerous recordings and soundtracks. His arrangement of the 19th-century sailor song Don't Forget Your Old Shipmate was used in the film *Master and Commander: The Far Side of The World*.

# Charles River Chorale Holding Open Rehearsals In September

The Charles River Chorale will begin its 40th season with 3 open rehearsals in September.

The non-audition chorale meets on Tuesday evenings from 7:30 to 9:30 p.m. at the Church of Christ, 142 Exchange Street, in Millis. The open rehearsals (Sept. 17th, 24th, and Oct. 1st) allow those interested to explore the possibility of joining the Chorale. New members are always welcome!

Under the leadership of Holliston resident Ashley Nelson-Oneschuk, the Charles River Chorale is entering its 40th year as a nonprofit 501 (c) 3 chorale. Nelson-Oneschuk, a music professional in her 10th year with the Chorale, is also the choral director for Medway High School. Her goal for the chorale is "focused on cultivating a joyful community first, with excellent musical experiences as the vessel to achieve this."

Chorale members hail from many surrounding towns and range in age from teenagers to octogenarians. The group presents 2 concerts each year, in December and May. "Let It Snow!" is the theme of this year's winter concert, which will be held the first weekend in December. The

program will feature traditional and modern songs all related to - snow!

Membership dues for the Chorale support operating costs. There are no dues for high school students and scholarships based on need are available. The Charles River Chorale also supports the Charles River Children's Choir as part of its outreach mission.

For more information about the organization and the upcoming open rehearsals, visit [www.charlesriverchorale.com](http://www.charlesriverchorale.com). Those who are interested in joining the chorale for the start of the season on September 17th are asked to complete a short sign up document via the attached QR code or via this link: <https://forms.gle/VLG3EoxvoeeeHBcV9>. Sponsorships and advertising opportunities are also available.



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**QUILTS**

*continued from page 11*

Each of these charity projects is a great opportunity for learning and practicing quilt skills with friendly volunteers using fabric provided by the guild.

Comfort Quilts meets Mondays 10 – 2 at Emma’s Quilt Cupboard in Franklin.

Newcomers are encouraged to come and help get beautiful quilts into the hands of people who truly appreciate the gift. The nurses at Dana Farber – Milford recently sent a thank you note to the Yankee volunteers with confirmation that the quilts bring much joy. One nurse wrote “Our patients treasure them and feel the love. You all are making a difference.”

In addition to monthly meetings on the second Tuesday, the group offers speaker programs, member “show and tell” demonstrations and opportunities to sew together throughout the year including a four-day sewing vacation in the spring. Updates are posted on the group’s Facebook page.

In October, Yankee will collect used clothing, “soft goods”



such as sheets and blankets, and books to raise funds for guild activities. Members use mostly donated materials to make these quilts; however, funds are needed for batting which adds warmth and texture to the quilt. This fundraiser also helps pay

for lectures to improve members’ skills. The collection day will be Saturday, October 5th from 9 am to Noon at Prime Storage, Route 126, in Bellingham. Details are available by writing to Yankeequilts11@gmail.com for drop-off or pick-up.

The regular Guild meeting on Tuesday, Oct. 8, will include a potluck supper, and a presentation on quilts that Yankee volunteers have donated for children. The first meeting for newcomers is free; annual dues for new members are \$40; returning members \$30.

For those in Holliston, this year’s Fall Staycation will be Friday Oct. 18, to Sunday Oct. 20, at Christ the King Lutheran Church, 600 Central St., Holliston. Three different craft techniques will be offered including a Scrappy Log Cabin pattern, Barn Quilt Painting on wood, and Glass Etching. Prices, food and sign-up information are posted on Yankee’s page.

In November, a clinic on how to fix problem quilts will be

given. Speakers Lynn Thibault of Leominster and Nancy Sullivan of Phillipston encourage members to bring quilts that need help, rulers that are difficult to use and questions about patterns.

For more information about any of these events, please contact YankeeQuilters11@gmail.com

*Yankee Quilters Guild is a 501-c-3 charitable organization based in Franklin with members throughout the region. The Guild meets on the second Tuesday each month at Emma’s Quilt Cupboard in Franklin, Horace Mann Plaza, East Central Street, Franklin in space generously donated by the store. Donations to the Guild are tax-deductible to the extent allowed by current law.*

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# 2024 Elections – Voter Guide

## State Primary Sept. 3; Special Election Sept. 10

This guide outlines the multiple options voters have to participate in the 2024 elections.

Vote by Mail, Vote Early In Person or Vote on Election Day

There will not be In Person Early Voting for the Town Election

### Vote by Mail

All registered voters qualify to vote by mail in the 2024 elections. Prior to the election, a post card application will be mailed to ALL registered voters, at their mailing address.

**APPLY EARLY (APPLICATION)** to allow ample time for processing your application and for the postal services to deliver your ballot to you.

Applications can be returned by pre-paid postage or placed in the drop box near the side entrance of Town Hall.

A signature is required in order to process your application. Questions can be directed to townclerk@holliston.k12.ma.us

### SELECTION OF BALLOT TYPES - PRIMARY ELECTION ONLY

In a primary election, a voter who is NOT registered in a po-

litical party must choose a party ballot (Democrat, Republican or Libertarian) on the application to vote by mail.

We are unable to process applications for Unenrolled (commonly known as Independent) voters who do not select a party ballot on their application.

Unenrolled voters who select a party ballot type do not become registered in that party - they remain Unenrolled / Independent voters.

Voters who are registered in one of the 3 political parties (Democrat, Republican or Libertarian) MUST take that party ballot and are not given a choice of ballot type.

### TRACK YOUR APPLICATION AND BALLOT

Voters who have applied for a vote by mail ballot may track the status of their application as well as when their ballot was returned to the Town Clerk by using this link: Track My Ballot / Application

Please note that we anticipate a large volume of applications, and request that you allow at least 1 week before checking the status

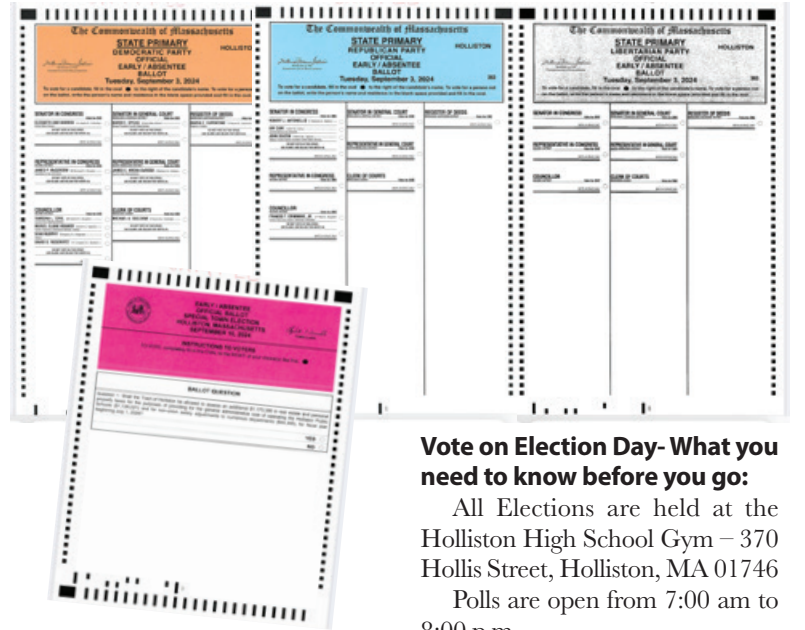
of your application and allow up to 10 days to receive your ballot from the date of mailing. Inquiries should be sent to townclerk@holliston.k12.ma.us

### RETURN OF VOTE BY MAIL BALLOTS

Mailed Ballots include a postage pre-paid return envelope that is addressed to the Town Clerk's Office. You may return your ballot by mail (please see deadlines below) or hand deliver your ballot by placing it in the drop box outside of the side entrance at Town Hall.

Ballots can NOT be returned to the polling location on Election Day - they must be returned to Town Hall or the ballot drop box located outside at the side entrance of Town Hall. Your returned ballot on Election Day will be processed and brought to the polls to be cast by the Town Clerk's staff.

Voters who receive a vote by mail ballot but have not returned it prior to Election Day may appear to vote in person and cast a ballot on Election Day. Any voter who has returned a vote by mail ballot or voted early in person, is not permitted to vote on Election Day.



### Vote on Election Day- What you need to know before you go:

All Elections are held at the Holliston High School Gym – 370 Hollis Street, Holliston, MA 01746

Polls are open from 7:00 am to 8:00 p.m.

- Bring an ID – in some cases voters will be required to show an ID

### FAQ Early Voting, by mail or in person:

If I applied for a vote by mail ballot can I appear to vote in person at an early voting site or at the polls on Election Day?

YES - If your vote by mail ballot has not been received back to the Town Clerk's Office, you may still appear to vote in person at the polls on Election Day or at an early voting site. These voters will be required to complete additional paperwork and will need to show an ID. Should your mail in ballot be received after you voted early in person or at the polls on Election Day that ballot will be rejected and will not be counted.

NO - If a vote by mail ballot has already been received back to the Town Clerk's Office.

A returned vote by mail ballot is considered cast and you will not be eligible to vote early in person or in person at the polls on Election Day.

If I vote early in person can I appear to vote in person at the polls on Election Day?

NO - If you appeared to vote early in person your ballot will be considered cast and you will not be eligible to vote in person at the polls on Election Day. Voting in Person at the Polls after submitting an early ballot is prohibited as outlined in 950 CMR 4 7.19.

### When & how is an early voter's ballot, by mail or in person, cast?

All vote by mail and early voting in person ballots will be opened and or fed through the tabulators at the polls on Election Day. These ballots will be kept secured, locked, and unexamined until the polls are closed on Election Day.

### DEADLINES FOR BALLOTS TO BE RETURNED AND COUNTED

Primary Election – All ballots must be received at Town Hall by 8 p.m. on September 3rd

Special Town Election – All ballots must be received at Town Hall by 8 p.m. on September 10th

November Election – Ballots returned in the drop box must be received by 8 p.m. on November 5th. Ballots returned by mail must be postmarked by November 5th AND received by the Town Clerk by 5 p.m. on November 9th.

Please note that US Postal delivery services are not consistent and can range from 3 to 11 days. We recommend voters return their ballots in the drop box outside of Town Hall by 8 p.m. on Election Day to ensure it is counted.

### Vote Early in Person

Early Voting in person will be available for the all State & Federal elections in 2024.(Does not include Town Election)

An application is not required to vote early in person...just show up and vote!

### State Election Early Voting in Person

Dates: October 19th – November 1st

Location: Town Hall– 703 Washington Street – Upper Town Hall Day Date Hours

Saturday 10/19 8:00 a.m. - 2 p.m.

Monday 10/21 8:30 a.m. - 4:30 p.m.

Tuesday 10/22 8:30 p.m. - 7 p.m.

Wednesday 10/23 8:30 a.m. - 4:30 p.m.

Thursday 10/24 8:30 a.m. - 4:30 p.m.

Friday 10/25 8:30 a.m. - 1:00 p.m.

Saturday 10/26 8:00 a.m. - 2 p.m.

Monday 10/28 8:30 a.m. - 4:30 p.m.

Tuesday 10/29 8:30 a.m. - 7 p.m.

Wednesday 10/30 8:30 a.m. - 4:30 p.m.

Thursday 10/31 8:30 a.m. - 4:30 p.m.

Friday 11/4 8:30 a.m. - 1 p.m.



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# Sports

## Nicole Inkpen Goes The Distance In The PMC

By CHRISTOPHER TREMBLAY,  
STAFF SPORTS WRITER

Working for Horizon Beverage, Holliston's Nicole Inkpen has associated with clients and co-workers through the game of golf, but it wasn't exactly how she wanted to go about it.

Inkpen was looking for another way to connect, some other sort of athletic event. She found that there was a co-worker who had been participating in the Pan Mass Challenge over the last 6 years and decided to approach her to see if they could put together a team for the company.

Along with co-captain Caitlin McGarrahan, the two formed the Horizon Beverage team three years ago and astonishingly they were able to raise \$90,000 for the PMC in their inaugural year riding for the event.

"I play golf out of necessity for the business, but I find it very intimidating and unless you happen to play all the time you're never going to get good," Inkpen said. "Cycling is a lot less intimidating and can engage women more in bonding, with co-workers and customers."

Just as the team was moving in a positive direction, Inkpen got the call that her father-in-law was diagnosed with Multiple Myeloma.

"It really hit home as he was now going to Dana Farber to get treatment," she said. "Things turned and now I felt that I had an entirely different purpose for this event."

Inkpen went on to say that a lot of her cycling experience came from her father-in-law, who was an avid cyclist and passionate about the sport. He competed in numerous long distance challenges and although dealing with cancer, he still plans on taking part in the annual Washington Mountain Bike Climb (August 17) and gives her the inspiration to ride the PMC.

Over the first two years the team did the Wellesley to Provincetown route, but this year they are doing the full 192-mile ride Sturbridge to P-Town. Although this year's ride will be a little longer than she has expe-

rienced in the past, its nothing compared to the first year she climbed upon her bike to help the cause at Dana Farber.

"My first-year riding in the PMC I have been told that it was the hottest on PMC record," she said. "Veteran riders couldn't believe the oppressiveness and humidity we had to endure that year. I guess we cut our teeth that year with the toughness."

Inkpen's co-captain McGarrahan told her that she'd take the cold rain any day over the heat they endured that first year as a team.



you ride," she said. "Everyone is very welcoming and they bring a lot of energy and positivity to the event."

The co-founder got emotional recalling riding up to a water stop and seeing the pictures of kids fighting cancer. It was when she realized that one of them was on her son's soccer team from Holliston that it hit home.

"You never really know what is going on behind the scenes," she said. "I didn't know that there was a silent battle going on within my community and it just made this ride element even more important."

By taking part in the PMC Inkpen believes that the event has opened many doors to meeting people and she hopes to con-

tinue with the team or at least individually as long as she can.

"Cancer is ugly and there is nothing more heartbreaking than witnessing a family coming to terms with a diagnosis that gives little hope and makes a love one feel powerless in the ability to help," Inkpen said. "I want to help contribute to a cause that can change through research and advancements making a difference for someone."

She went on note that riding 160 plus miles on a bike over 48 hours feels at times like an insurmountable challenge but knowing that every dollar raised goes directly to Dana Farber means more positive outcomes and is worth every moment of pain and discomfort.

The Horizon Beverage team has hovered around 9 or 10 riders over the years and although they would like to expand, they know that would mean they'd have to expand on the fundraising as well.

Although getting ready to participate in her third PMC, Inkpen recalls how incredible the riders were to her during that first year.

"The riders really embrace one another and although they call out the newbies along the route, it's the coolest thing being able to talk to different people as

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# Holliston Senior Center

National Senior Center Month		SEPTEMBER 2024		Fall Prevention Awareness Month	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><b>02</b> Center Closed</p> 	<p><b>03</b> Center Open 9-4pm No Programs/Lunch the week of Labor Day for Fall Garage Sale preparations.</p>	<p><b>04</b> Center Open 9-4pm No Programs/Lunch the week of Labor Day for Fall Garage Sale preparations.</p>	<p><b>05</b> Center Open 9-4pm No Programs/Lunch the week of Labor Day for Fall Garage Sale preparations.</p>	<p><b>06</b> Center Open 9-4pm No Programs/Lunch</p>  <p><b>Saturday 9/7</b> 9-3pm (Rain or Shine) join us for the Annual Fall Sale!!</p>	
<p><b>09</b> 9:30 Coffee &amp; Coloring 11:00 Yoga 12:00 Lunch*** 12:30 Senate President Spilka's Office - Listening Hour 1:00 Tai Chi 1:00 Games Day</p>	<p><b>10</b> 9:00 Monthly Breakfast*** 10:00 Legal Advice with Marsden Law PC*** 10:30 Energy Focus 11:00 Open Craft Time 12:00 Zumba Gold 1:30pm Library Training***</p>	<p><b>11</b> 9:30 Walking Fitness 11:00 Yoga 12:00 Lunch*** 12:00 SHINE*** 1:00 COA Meeting 2:00 Brain Study Virtual, Informational and Q &amp; A Presentation***</p>	<p><b>12</b> 9:00 Pilates 10:30 Energy Focus Mvmt 1:00 Mah Jongg Open Play</p> 	<p><b>13</b> 10:00 Functional Fitness for the Brain &amp; Body 1:00 Tune Timers 1:30 Book Club</p> <p><b>Lion's Club Lunch 9/15 at 12pm at the Senior Center ***</b></p>	
<p><b>16</b> 9:30 Coffee &amp; Coloring 11:00 Yoga 12:00 Lunch*** 1:00 Tai Chi 1:00 Games Day</p> 	<p><b>17</b> 10:30 Energy Focus Mvmt 12:00 Zumba Gold 1:30 Taking and Organizing Photos on Iphone or Ipad***</p>	<p><b>18</b> 9:30 Walking Fitness 10:00 Hopkinton Audiology Cleaning*** 11:00 Yoga 12:00 Lunch*** 1:30 Aging on Purpose Presentation***</p>	<p><b>19</b> 9:00 Pilates 9:30 SSF Meeting 10:30 Vet's Coffee 10:30 Energy Focus Mvmt 12:30 Camera Club  1:00 Mah Jongg Open Play</p>	<p><b>20</b> 10:00 Functional Fitness for the Brain &amp; Body 11:00 Grief Support Group 1:00 Tune Timers</p> 	
<p><b>23</b> 9:30 Coffee &amp; Coloring 10:00 Legal Advice with Attorney Bergeron*** 11:00 Yoga 12:00 Lunch*** 1:00 Tai Chi 1:30 Games Day</p>	<p><b>24</b> 10:30 Energy Focus Mvmt 10:00 Meditation  11:00 Open Craft Time 12:00 Zumba Gold</p>	<p><b>25</b> 9:00 Podiatry*** 9:30 Walking Fitness 11:00 Yoga 12:00 Lunch*** 12:00 SHINE*** 1:30 Real Estate Rules Presentation***</p>	<p><b>26</b> 9:00 Pilates 9:30 Java with Jay*** 10:30 Energy Focus Mvmt 12:30 Snacks &amp; Movie*** 12:30 Camera Club 1:00 Mah Jongg Open Play</p>	<p><b>27</b> 10:00 Functional Fitness for the Brain &amp; Body 11:00 Grief Support Group 11:00 Fall Prevention Presentation *** 12:00 Dementia Friendly Lunch*** at Sherborn Town Hall 1:00 Tune Timers</p>	
<p><b>30</b> 9:30 Coffee &amp; Coloring 11:00 Yoga 12:00 Lunch*** 1:00 Tai Chi 1:00 Games Day</p>		<p><b>***RESERVATIONS ARE REQUESTED IN ADVANCE. CALL THE CENTER AT 508-429-0622</b></p>			



# Holliston Senior Center Lunch Menu

## MONDAY AND WEDNESDAY LUNCH MENU

### September

Lunch is \$5 and is served at 12pm.

Please RSVP two business days in advance by calling 508-429-0622.

### FREE BIRTHDAY LUNCH

Here's how it works: During the month of your birthday, sign up for one free lunch on any of our regular Monday or Wednesday lunch days. Please sign-up in advance and tell us "I am signing up for my birthday lunch" and your lunch will be free! (Excludes special, "holiday" Luncheons. One lunch per member, per year)

Monday, September 2: Closed for Labor Day

Wednesday, September 4: BAR-BEQUE CHICKEN, Mac & Cheese, Garden Salad and Fruit

Monday, September 9: SWEDISH MEATBALLS W/ NOODLES, Mushrooms and Cheesecake

CHOWDER, Steamed Green Beans and Cake

Monday, September 16: AMERICAN CHOP SUEY, Cucumber Salad, Whole Grain Bread and Fruit

Wednesday, September 18: VEGETABLE CHICKEN PASTA PRIMAVERA, Caesar Salad, and Dessert

Monday, September 23: MEAT LOAF, Mashed Potato, Steamed Zucchini and Chocolate Chip-Cookies, Mashed Sweet Potato, Peas and Brownie

Wednesday, September 25: BAKED FISH SANDWICH, Steamed Carrots, Cole Slaw and Dessert

Monday, September 30: SWEET AND SOUR CHICKEN, Veggie Fried Rice, Cauliflower and Pie

## MERCURY RECOVERY PROGRAM

Mercury is an element that can be harmful to human health and the environment if not disposed of properly.

### Mercury is found in products such as:



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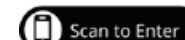
Winners will be chosen at random and notified by phone or email. Tickets are for entrance to Winter Wonderland display only.

Answer these two questions and send your response to: Our Town Publishing: CONTEST, 74 Main St., Suite 16, Medway MA 02053

1. What is your favorite animal or attraction at Southwick's Zoo? \_\_\_\_\_

2. What would you like to see more of in your local newspaper? \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_



OR



By entering this contest, you are providing consent for Southwick's Zoo and Our Town Publishing (the publishers of The Yankee Xpress/Blackstone Valley Xpress, Free Press and the newspapers of Local Town Pages) to contact you via phone or email for this promotion or upcoming promotions. Only one winner per household. Cannot be an employee or family member of Southwick's Zoo or Our Town Publishing to win.

# Real Estate Corner



The 4-bed, 4-bath, 4,117 square foot house at 715 Marshall Street in Holliston recently sold for \$1,135,000.  
Image credit: www.zillow.com. Source: www.zillow.com / Compiled by Local Town Pages

## Recent Home Sales

Date	Holliston	Amount
08/14/2024	330 Gorwin Drive	\$650,000
08/12/2024	9 Gregory Road	\$420,000
08/12/2024	115 Dodd Drive	\$610,000
08/09/2024	15 Dudley Road	\$615,000
08/09/2024	93 Beatrice Lane	\$750,000
08/09/2024	214 Winthrop Street	\$637,000
08/06/2024	11 Dixon Circle	\$630,000
08/02/2024	55 Briarcliff Lane	\$850,000
08/02/2024	264 Central Street	\$900,000
08/01/2024	923 Highland Street	\$755,000
08/01/2024	8 Connolly Way	\$1.53 mil
07/31/2024	95 Oak Street	\$622,000
07/31/2024	67 Pleasant Street	\$607,000
07/31/2024	135 Mitchell Road	\$1.30 mil
07/31/2024	126 Woodland Street	\$469,900
07/30/2024	45 Johnson Drive	\$1.10 mil
07/30/2024	49 Windsor Dr. Unit 102	\$220,000
07/29/2024	715 Marshall Street.	\$1.14 mil
07/24/2024	21 Wendy Lane	\$750,000
07/24/2024	45 Courtland Street	\$725,000
07/24/2024	50 Morgans Way	\$1.10 mil
07/24/2024	34 Maple Street	\$999,000
07/23/2024	690 Highland Street	\$920,000
07/22/2024	12 Katie Way	\$1.36 mil
07/19/2024	55 Mohawk Path	\$1.32 mil
07/19/2024	92 Garrett Way	635,000

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