



SEPTEMBER 11, 2001

Citrus Heights Messenger



Teaching Kindness, Character Through Flag Football

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VOLUME 14 • ISSUE 36 Serving the City of Citrus Heights & Sacramento County SEPTEMBER 6, 2024

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SUICIDE PREVENTION MONTH CAN SAVE LIVES



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Battle of the Bands Helps Veterans



American Legion Commander Charles Stone stands with his son at the first event in 2016. Photo courtesy of American Legion Post 637

By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) - The historic Rusch Home and Gardens in Citrus Heights is the site for the Sept. 14 annual Battle of the Bands and BBQs event to raise funds to assist American Legion Post 637, which provides emergency assistance to veterans in need throughout the year.

The Citrus Heights Community Marching Band will also receive funds from the event as they partner with the American Legion post to raise the funds for local veterans, some of whom are homeless.

American Legion Post



Michael Anderson Sr. receives a Marine flag at the ceremony honoring his son, Corporal Michael Anderson Jr. of Modesto, who was killed in action in Fallujah, Iraq on Dec. 19, 2004, at age 21. Photo courtesy of American Legion Post 637

637Commander Charles Stone said that “the purpose of the event is to raise funds to assist veterans in our community while providing a fun and entertaining way to honor those who have served/are

serving, while remembering those we have lost.”

Activities during the day will be both poignant and entertaining.

The Sept. 14 event begins at 11:15 a.m. with a Ghost Soldier Ceremony honoring Marine Sgt. Nichole L. Gee from Roseville, who was killed in action at age 23 while supporting the withdrawal from Afghanistan in August 2021.

Four local bands and seven local barbecue competitors are donating their time and talents for a day of music and good food, while battling for the best in their category.

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Explore County Parks with Agents of Discovery

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Agents of Discovery, an interactive, augmented reality game, is now available at two Sacramento County Regional Parks: Gibson Ranch Regional Park and River Bend Park.

Gibson Ranch Regional Park is at 8556 Gibson Ranch Park Road, Elverta, and River Bend Park is at 2300 Rod Beaudry Drive, Sacramento.

The Agents of Discovery app is available to park visitors, free of charge. While in participating parks, users will be encouraged to explore new areas to find “challenges” that will... well, challenge their knowledge of the parks.

“Our team has been diligently creating engaging challenges to ensure that visitors have an enjoyable and educational experience,” said Liz Bellas, director of Regional Parks. “Agents of Discovery will provide valuable insights about our local parks and open spaces, showcasing the many benefits of parks and recreation for people of all ages.”

If you’ve ever played games such as Pokémon GO or Harry Potter Wizards Unite, you’re likely familiar with augmented reality. This technology combines visuals and audio from the game with the user’s actual environment in real-time.

When users enter the active park area, they will begin receiving tips through the app that will help them find and complete the challenges.

Agents of Discovery Tips and Disclaimers

While Agents of Discovery is best downloaded and played using WiFi, it is also accessible using cellular data.

Under “Missions,” search for the park you plan on visiting, either “River Bend Park” or “Gibson Ranch Regional Park” and download mission prior to visiting.

Make sure that GPS is enabled.

Be aware and cautious of possible traffic, other people and obstacles that could be in your way when playing Agents of Discovery. Be sure to look around and be safe when playing.

Create an account to save your progress.

Agents of Discovery is fun for all ages. Children should get parental permission before downloading this app.

Parks are open from sunrise to sunset.

Download the app from the Apple App Store or Google Play Store and head to either Gibson Ranch Regional Park or River Bend Park and start playing. ★

Home Depot Revamps Veterans Home

Story and photos by Ornella Rossi

CARMICHAEL, CA (MPG) - In a heartfelt display of community spirit, Home Depot has completed a significant renovation project for David Marcucci, a local veteran whose home in Carmichael was in dire need of repair. This initiative not only revitalized Marcucci’s residence but also reaffirmed Home Depot’s deep commitment to community support.

The renovation process involved more than just fixing a house; it was about restoring hope and comfort. The team replaced uneven flooring, water damage, painted walls, revamped landscaping and updated fixtures.

“About a year and a half ago my wife walked into a part of the house and the drywall had become very mushy due to a water leak and the insurance said they couldn’t help us,”



A group of Home Depot employees volunteered their time and efforts to renovate the home of veteran David Marcucci.

Foundation, we ask the veteran what they need done, the scope of work, how many volunteers and then we put a quote in and submit it so we can get it financed.”

Marcucci, who served in the 82nd Airborne from 2014 to 2017, faced immense personal challenges since coming home in April 2017, due to an

and tripping hazards, now stands as a testament to the power of community support.

“I am eternally grateful to Home Depot. This renovation means the world to me. It allows me to walk and have mobility through the house without me worrying about a tripping hazard causing another injury to my leg,”

a veteran, and that is the reason why I do this, it would be cool if someone could do this for him one day,” said Isaac DeLuna, a Home Depot employee. “It’s all about giving back and ensuring veterans feel secure and cared for.”

Carol Weber, a Home Depot employee for the past 20 years highlighted

Continued on page 2



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Battle of the Bands Helps Veterans

Home Depot Revamps Veterans Home



Previous barbecue contestant S.L.A.B. serves meat in 2016. Photo courtesy of American Legion Post 637



Veteran David Marcucci, center, stands alongside Vince Robles from the Veterans Community Center of Citrus Heights, left, and Brandon Lopez, operating manager at Home Depot, right.

Continued from page 1

The \$30 ticket includes the live music and barbecue samples, along with other food, beer, wine and non-alcoholic beverages.

Youth will also enjoy a bounce house, Kids Craft by Home Depot and more.

At the end of the day, attendees will vote for their favorite barbecue and band. The winner in each category will win a monetary prize and a trophy. Local deejay Carlos Verrett, a 23-year US Air Force veteran, will emcee the event and provide interim music in between the bands' breaks.

Local bands scheduled are the Citrus Heights Community Marching Band, Mojo J, The Rubber Band and Jared Blum Band.

Competing in the barbecue contest are Taeza's Bottomline BBQ, Taste of Tuscany, Wild Wade's BBQ, Q&R BBQ, Texas Roadhouse and Hicks BBQ. The Way Riderz will serve hot dogs and corn.

This event was the concept of then Citrus Heights Mayor and current Sacramento County Supervisor Sue Frost. Frost was inspired in 2015 in response to a need presented to her by American

Legion Post 637 members.

Helping many veterans, American Legion Post 637 members asked longtime supporter Frost for her ideas on how to raise funds to continue reaching out to even more veterans needing help at different times in their lives.

The first Battle of the Bands and BBQs was in 2016.

The concept of having a fundraiser to provide funds while allowing the community to be a part of the process has received strong support from businesses and individuals. All proceeds will go to the Vets Helping Vets Fund and the Citrus Heights Community Marching Band.

The Battle of the Bands and BBQs will be from 10:30 a.m. to 3 p.m. Sept. 14 at Rusch Home and Gardens, 7301 Antelope Road. Tickets will be available at the door.

Children under 12 have free admission when accompanied by a paid adult. While tables and chairs will be set up under the trees, you can also bring your own chairs and blankets.

For tickets, visit www.Eventbrite.com and search for "Battle of the Bands and BBQs" or email ch.stone@yahoo.com. ★

Continued from page 1

the significance of such projects.

"The first 10 years I worked there I did these projects constantly," Weber said. "I like to help our community here in Carmichael because that's where our store is."

Lopez also said, "It's inspiring to work for a company that not only supports its associates and employees but also gives back to the community. Being able to help a veteran who served us is incredibly rewarding. It's a way for us to support our local community, and that's why I stand by this company."

"This is something every company should do. We need to be here for our people," David Gregory, Pro Department Supervisor at Home Depot said. "Despite all the volunteers being

from different stores he highlighted that they are all "one team coming together for the community."

Vince Robles from the Veterans' Community Center of Citrus Heights partnered with Home Depot to get the project done.

"We have worked with Home Depot before and received grants from them. When they needed assistance with a 501(c)(3) project, we were happy to help," said Robles. "Today our crew is serving lunch for the volunteers, and we are also working on a special project for his closet. We also serve meals four days a week at our facility to help veterans as much as we can."

"I want people to know that Home Depot does things like this," said Marcucci. "It's a dream come true. I am ready to start living again." ★

LOCAL ARREST RECORDS

Find out what's happening in your local area

Arrest Logs updated daily

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ASIAN GROCERY

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EUROPEAN GROCERY

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<h2 style="background-color: green; color: white;">KOREAN/JAPANESE GROCERY</h2> <table border="0" style="width: 100%; text-align: center;"> <tr> <td> Brown Rice & Brown Sweet Rice 15 lbs \$13.99/ea</td> <td> Korean Drink 1.5 Liter \$3.99/ea</td> <td> Q Food Luncheon Meat 340 g \$2.49/ea</td> <td> Buldak Hot Sauce Carbonara 200 g \$2.99/ea</td> <td> Jin-Ju Rice Cake 2.5 Liter 1.54 \$1.99/ea</td> <td> Sweet Potato Sticks 450g \$9.99/ea</td> </tr> <tr> <td> Banjo Abalone & Vegetable 300g \$2.99/ea</td> <td> Lotus Choco Pie 12 x 28g \$2.99/ea</td> <td> Korean Fried Chicken Snack 300g \$8.99/ea</td> <td> Onigiri Cup 6 kinds 280g \$2.99/ea</td> <td> Daang Sausi Sauce 510g \$2.99/ea</td> <td> Fried Wheat Cake 200g \$3.99/ea</td> </tr> <tr> <td> Banjo Abalone & Vegetable 300g \$2.99/ea</td> <td> Lotus Choco Pie 12 x 28g \$2.99/ea</td> <td> Korean Fried Chicken Snack 300g \$8.99/ea</td> <td> Onigiri Cup 6 kinds 280g \$2.99/ea</td> <td> Daang Sausi Sauce 510g \$2.99/ea</td> <td> Fried Wheat Cake 200g \$3.99/ea</td> </tr> </table>	Brown Rice & Brown Sweet Rice 15 lbs \$13.99/ea	Korean Drink 1.5 Liter \$3.99/ea	Q Food Luncheon Meat 340 g \$2.49/ea	Buldak Hot Sauce Carbonara 200 g \$2.99/ea	Jin-Ju Rice Cake 2.5 Liter 1.54 \$1.99/ea	Sweet Potato Sticks 450g \$9.99/ea	Banjo Abalone & Vegetable 300g \$2.99/ea	Lotus Choco Pie 12 x 28g \$2.99/ea	Korean Fried Chicken Snack 300g \$8.99/ea	Onigiri Cup 6 kinds 280g \$2.99/ea	Daang Sausi Sauce 510g \$2.99/ea	Fried Wheat Cake 200g \$3.99/ea	Banjo Abalone & Vegetable 300g \$2.99/ea	Lotus Choco Pie 12 x 28g \$2.99/ea	Korean Fried Chicken Snack 300g \$8.99/ea	Onigiri Cup 6 kinds 280g \$2.99/ea	Daang Sausi Sauce 510g \$2.99/ea	Fried Wheat Cake 200g \$3.99/ea	<h2 style="background-color: red; color: white;">HOUSEWARES</h2> <table border="0" style="width: 100%; text-align: center;"> <tr> <td> Bigen Speedy Hair Color (Refill Only) Electric BBQ Grill \$5.99/ea</td> <td> Kazero Wok Pan 33 CM \$14.99/ea</td> <td> Watermelon Juice Knife \$3.99/ea</td> </tr> <tr> <td> Electric Rice Cooker (4 Cups) \$4.99/ea</td> <td> Electric Rice Cooker (10 Cups) \$5.49/ea</td> <td> Electric Rice Cooker (100 Cups) \$5.99/ea</td> </tr> </table>	Bigen Speedy Hair Color (Refill Only) Electric BBQ Grill \$5.99/ea	Kazero Wok Pan 33 CM \$14.99/ea	Watermelon Juice Knife \$3.99/ea	Electric Rice Cooker (4 Cups) \$4.99/ea	Electric Rice Cooker (10 Cups) \$5.49/ea	Electric Rice Cooker (100 Cups) \$5.99/ea
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FROZEN & FISH DEPT

Peeled & Deveined Shrimp 1 lb 71/90 REG. \$6.99/ea \$4.99/ea	Castella Japanese Sponge Cake 280 g REG. \$9.99/ea \$6.99/ea
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WEEKLY MEAT SPECIALS

Beef Rump/Bottom Round Roast - Bnls \$4.99/lb Palpa Contra en Trozo sin Hueso	Beef Ribeye Roast - Boneless \$6.99/lb Chuletón de Terriera Asado Deshuesado	Beef Ribeye Steak - Boneless \$7.99/lb Filet Chuletón de Terriera Deshuesado
Pork Spare Ribs (Single Pack) \$2.99/lb Costillar de Cerdo	Country Style Pork Loin Ribs - Bnls \$2.99/lb Cautillas de Lomo de Cerdo al Estilo Campaner	

<h2 style="background-color: blue;">FROZEN & FISH DEPT</h2> Dried Pollack 200 g \$6.99/ea REG. \$12.99/ea	<h2 style="background-color: purple;">EUROPEAN DELI</h2> <table border="0" style="width: 100%;"> <tr> <td> Columbus Roast Beef \$13.19/lb</td> <td> Greek Black Olives \$4.99/lb</td> </tr> <tr> <td> Columbus Black Forest Ham \$7.99/lb</td> <td> Pitted Green Olives \$4.99/lb</td> </tr> </table>	Columbus Roast Beef \$13.19/lb	Greek Black Olives \$4.99/lb	Columbus Black Forest Ham \$7.99/lb	Pitted Green Olives \$4.99/lb
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Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 04 - SEPTEMBER 10, 2024.

Suicide Prevention Month Can Save Lives

Teaching Kindness, Character Through Flag Football



Calling or texting the 988 Suicide & Crisis Lifeline at any time of the day, any day of the week, could help save someone's life. Suicide is the 12th leading cause of death overall in the U.S. Graphic courtesy of the 988 Suicide & Crisis Lifeline

By MPG Staff

NORTHERN CALIFORNIA (MPG) - September is Suicide Prevention Month, a time to raise awareness and discuss this urgently increasing crisis, according to NAMI (National Alliance on Mental Illness).

NAMI has somber statistics: suicide is the second leading cause of death among those aged 10 to 14, the third leading cause of death among those aged 15 to 24 and the 12th leading cause of death overall in the U.S.

Or, as the U.S. Department of Health and Human Services reports, more than 49,000 people in the United States died by suicide in 2022. That's one death every 11 minutes.

And millions more experience suicidal thoughts.

Suicidal thoughts can affect anyone regardless of age, gender or background, according to the NAMI website at nami.org. While suicidal thoughts are common, however, they should not be considered normal and often indicate more serious issues.

Many events and activities promoting suicide prevention awareness will be held locally, regionally and nationally throughout September.

During Suicide Prevention Month, NAMI and numerous other mental health organizations stress that all of us can help prevent suicide by reaching out to those who need help.

The National Institute of Mental Health lists five action steps to help someone having suicidal thoughts.

The first step is **Ask** "Are you thinking about suicide?" It's not an easy question to ask but it can help start a conversation.

The second step is **Be there**: Listening without judgment is key to learning what the person is thinking and feeling.

The third step is **Help keep them safe**: Reducing access to highly lethal items or places can help prevent suicide.

The fourth step is **Help them connect**: Connecting the person with the 988 Suicide & Crisis Lifeline (call or text 988) and other community resources can give them a safety net. You can also assist by reaching out to a trusted family member, friend, spiritual advisor or mental health professional.

The fifth National Institute of Mental Health step is **Follow up**: Staying in touch with the person after they have experienced a crisis or been discharged from care can make a difference. Studies show that supportive, ongoing contact can play an important role in suicide prevention.

How You Can Help

The advocacy groups say to educate yourself and others about suicide prevention by checking out the 988

Suicide & Crisis Lifeline at www.samhsa.gov/find-help/988.

And visit the Suicide Prevention Resource Center at <https://sprc.org>. Each year, the resource center creates many ways to get involved in Suicide Prevention Awareness Month.

The U.S. Substance Abuse and Mental Health Services Administration invites residents throughout the country to participate in 988 Day on Sept. 8. 988 Day is a national initiative dedicated to raising awareness about the federal agency's 988 resource and emphasizing the importance of mental health and suicide prevention.

According to the 988 Suicide & Crisis Lifeline website at 988lifeline.org, "We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States."

The National Institute of Mental Health website at <https://www.nimh.nih.gov> lists warning signs that indicate someone might be considering suicide. During National Suicide Prevention Month, the institute reminds residents that warning signs include the following:

Talking about wanting to die or wanting to kill themselves, talking about feeling empty or hopeless or having no reason to live, talking about feeling trapped or feeling that there are no solutions, feeling unbearable emotional or physical pain, talking about being a burden to others, withdrawing from family and friends, giving away important possessions, saying goodbye to friends and family, putting affairs in order, such as making a will, taking great risks that could lead to death, such as driving extremely fast, or talking or thinking about death often.

Other serious warning signs that someone might be at risk for attempting suicide include:

Displaying extreme mood swings, suddenly changing from very sad to very calm or happy, making a plan or looking for ways to kill themselves, such as searching for lethal methods online, stockpiling pills or buying a gun, talking about feeling great guilt or shame, using alcohol or drugs more often, acting anxious or agitated, changing eating or sleeping habits, and showing rage or talking about seeking revenge.

According to the National Institute of Mental Health, suicidal thoughts or actions are a sign of extreme distress and should not be ignored. If these warning signs apply to you or someone you know, the institute urges you to get help as soon as possible, particularly if the behavior is new or has recently increased. ★



Playmakers promotes kindness and social inclusion for all children. Photo courtesy of Playmakers

By Shaunna Boyd

SACRAMENTO REGION, CA (MPG) - The Playmakers organization is a non-profit that works with local youth to build character through free sports programs throughout the year.

By promoting kindness and social inclusion, Playmakers supports all youth and their families, with a particular focus on those with developmental differences and special needs. This year, for the first time, Playmakers founder Greg Roeszler (known as Coach Roz) is excited to announce an NFL FLAG football league for local youth.

The eight-game season will kick off on Sept. 28, running from 9 a.m. to 1 p.m. for eight consecutive Saturdays. The league will play at Mesa Verde High School's new state-of-the-art stadium at 7501 Carriage Drive in Citrus Heights. Each day will begin with athletic practice and skills development, followed by a flag football game. The league will split into two groups, one for youth between the ages of 6 and 14, and the other with a more flexible age range for youth with special needs.

The coaches are volunteer student athletes from local high schools, Mesa Verde and San Juan. These two rival schools will be "working together under the Playmakers' umbrella on character building and inclusiveness," Coach Roeszler said.

"There are a lot of families that can't afford the fees to play flag football" or other organized sports, the coach said, which is why Playmakers programs are always completely free



Playmakers supports youth with developmental differences and promote kindness and social inclusion. Photo courtesy of Playmakers

to kids and their families. The funding for this NFL FLAG football league comes from The Optimists of Country Club, a local civic group based out of Citrus Heights, and Verde Design, which built the new stadium at Mesa Verde.

Playmakers is facilitating the league, with Roeszler running the program and providing coaching training and inclusivity awareness to the student athletes.

Roeszler acknowledged the dedication of "two unbelievable volunteers who pulled this together," Rick Johnson and Jim Szymanski, who worked so quickly to implement this new league: negotiating with the NFL for official inclusion as an NFL FLAG football league region (with all the associated uniforms, equipment, and gear), working with the San Juan Unified School District to secure the stadium location,

and coordinating with the high schools to recruit student volunteers.

"The fact that rival schools are working together for inclusiveness and character building is amazing. The administration is so supportive, and it can change the culture of a campus," Roeszler said, "and our NFL players are extremely pleased that this is being done at the grassroots level."

He added that it was "incredible and so encouraging" to have local civic groups getting involved, because it is so important to provide opportunities for all kids to enjoy the benefits of sports and athletics, while having fun, learning to kind to each other, and striving to be the best they can be."

Visit www.ThePlaymakers.org to sign up for this free event. For more information, call 916-220-1284 or email Coachrozplaymakers@gmail.com. ★

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WE SUPPORT FIRST RESPONDERS

MPG

Eagle Rescue Heroes Saluted

Story and photos by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG)

Two professional tree climbers have been recognized for their heroism in rescuing a fallen bald eaglet last April.

Sacramento County Supervisor Rich Desmond last week presented resolutions to Placerville residents Kiover Lara and Gabriel Cuevas. The ceremony also saluted the career of Fair Oaks-based wildlife rescue specialist Ben Nuckolls, who supervised the mission that saved the three-week-old eaglet.

"It's just great that people like Kiover and Gabriel used their skills and courage to save our national bird from a situation that seemed like mission impossible," Desmond said. "And Ben Nuckolls is an incredible asset to the safety of wildlife on our American River Parkway."

Co-operating in the perilous rescue that made national news, the heroes gained brief celebrity. The foothills arborist company that employs Cuevas and Lara got a welcome business boost.

On April 27, climber Lara, 45, and 'ground man' partner Cuevas, 42, were enjoying a quiet Saturday off. Their boss, Mauro Rios, was doing godfather duties at a Quinceañera party. A nephew relayed a desperate call from a nest site observer: a bald eaglet known as Diecinueve (Spanish for 19) was dangling 100 feet up. The nest tree topped a ravine and firefighters deemed the terrain too steep and dangerous for ladders.

Sierra Pacific Tree Care owner Rios told his best climbers that an eagle needed rescuing.

"Kiover never says no," reported the boss. "He does anything we ask of him."

Rios OKed the use of company equipment and help was quickly dispatched.

Baby Diecinueve had alternated between frantic flapping and exhaustion for at least 10 hours

before the rescue. Supervising efforts, Nuckolls warned the climbers that they would be unpaid and must work at their own risk.

Lara responded that he had retrieved plenty of cats from trees but, he conceded, "Eagles, no."

He and Cuevas scrambled downhill to the tree base. Above, circling eagle parents shouted outrage.

"The lean on that tree worried us," Lara said. "We were also concerned the mother eagle might come at us. We said a prayer and figured it would be all right."

With Cuevas manning safety ropes, up Lara scrambled. Hearts thumped below.

"We were all scared," admitted an onlooker. "Not just that Kiover might fall; the higher he climbed, the closer the baby's mama circled."

Lara quickly reached and untangled the three-pound bundle of feathers.

"He was bigger than I thought," he recalled. "He felt soft and fluffy, like a stuffed toy. He looked at me bravely. I told him: you'll be OK, baby."

With precious cargo, descent was slower. When climbers and a cage appeared over the canyon ridge, firefighters cheered. Volunteers blinked back tears.

In minutes, Nuckolls and fellow rescuer Leslie Ackerman spirited the dehydrated eaglet to Gold Country Wildlife Rescue in Auburn. This facility operates in conjunction with the Lincoln-based Bird of Prey Health Group.

Diecinueve was given fluids and anti-inflammatory medication. Otherwise undamaged, Diecinueve was later moved for rehab at Lake Tahoe Wildlife Care in South Lake Tahoe. When fully grown, his release would be managed by this agency.

"My family and I love eagles. We were relieved the little guy was safe and would one day fly free. Supervisor Desmond's award makes us proud," said



The heroes are joined by Sierra Tree Care co-workers, family members, fire fighters and volunteers who assisted the bald eaglet rescue. Supervisor Rich Desmond (back row right) commended the group.



Safe in a dog carrier, the 3-week-old eaglet reaches safety after its rescue.



The nesting tree tilts over an American River canyon. With ropes, harnesses and spikes, Kiover Lara made the perilous climb last April.

climber Lara.

"I'm thankful that Kiover and Gabriel and other volunteers were on hand and we could all work together. Rescuing wildlife has always been my passion. Because this nest site is close to my home, I had an extra interest in the situation. Like many people, I'd watched this beautiful family for years. I felt a special responsibility

to help them," added rescue specialist Nuckolls.

For the safety of the eagles, the American River nest location is not included in this report. Learn about Sierra Pacific Tree Care company services at www.sierrapacifictree.com

Learn more about Gold Country Wildlife Rescue at www.goldcountrywildliferescue.org. ★

Social Security Matters For Advice on When to Claim Social Security



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I could use some advice on whether or not I should start collecting my Social Security benefits now. I am 67 and 3 months old, and plan to continue working for at least for the next year or two. **Signed: Seeking Answers**

Dear Seeking: Deciding when to claim Social Security is, indeed, an important decision, as it will affect you for the rest of your life. Mainly, deciding when to claim your SS retirement benefit should consider your financial needs, but your life expectancy and marital status are equally important.

At your current age (past your full retirement age of 66 years & six months) you are already earning Delayed Retirement Credits (DRCs) at the rate of .677% higher benefit for each month you continue to delay. That adds up to an additional 8% benefit for each full year you

wait beyond your FRA to claim, and that growth will continue until you are 70 years old. At that point, your benefit will be 28% higher than it would have been at your full retirement age (FRA). If you expect to achieve about "average" life expectancy (about 84 for a man your current age), then waiting until 70 to claim will get you both a higher monthly amount and the most you can get in cumulative lifetime benefits. Waiting, however, only makes sense if you expect at least average longevity. If your health is poor and you have reason to believe you won't live to the "average," then claiming earlier makes more sense. FYI, you may find this tool helpful to determine your potential life expectancy: <https://socialsecurityreport.org/tools/life-expectancy-calculator/>.

You can, of course, simply delay claiming for as long as you are still working, and then file for benefits at that time. When your paychecks stop is frequently the best time to start your SS benefits (to supplement the lost work income). And, if you are married and your wife will be entitled to a survivor benefit from you, then waiting longer to claim enhances the benefit your surviving spouse receives

at your death (your surviving spouse would get your benefit amount, instead of her own smaller amount). If that is a consideration, then waiting – at least until you stop working (or age 70 if feasible) is often a prudent choice.

So, the choice is yours to make, considering your financial needs, life expectancy, and marital status. You no longer need to worry about Social Security's annual earnings test (for those collecting benefits before their FRA) but, if it is financially feasible, waiting still longer will mean a higher monthly benefit for the rest of your life.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

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Fast Food Workers Got a \$20 Minimum Wage, But Is It Working? It's Debatable



By Dan Walters, CALMatters.org

Every session of the California Legislature seems to produce at least one bill that generates high-octane political debate and media attention.

As the 2023-24 session winds down this week, Senate Bill 1047, which would impose rules on artificial intelligence developers, is generating fierce lobbying and drawing global interest.

During the final days of last year's session, the focus was on a very different issue — whether the state should impose a \$20-per-hour minimum wage for fast food workers and create a Fast Food Council to oversee working conditions.

A year before, Assembly Bill 257 created the council and empowered it to set an initial minimum wage of at least \$22 an hour, while assuming that franchised fast food outlets were subsidiaries of the parent company, rather than independently owned.

The fast food industry responded with a referendum that, if ratified by voters, would cancel out the new law, thus renewing the debate in the 2023 session. A last-minute deal repealed AB 257 and substituted another measure, AB 1228, that dictated a \$20 minimum wage and removed what the industry considered to be a threat

to the franchise system. In return, the referendum was dropped.

The \$20 wage took effect last April, but only after a new squabble erupted over which sellers of food would be covered, colored by a Bloomberg article alleging that Newsom had demanded an exemption to benefit a campaign donor who owns two dozen Panera locations in California.

Newsom declared that the story was “absurd” and gave assurances that Panera and other similar businesses would be covered. The businessman, billionaire Greg Flynn, also said he would honor the \$20 wage.

End of fast food angst? Of course not.

Six months after the \$20 wage took effect there's a new debate in political, media and academic circles over its impact.

Fast food prices have been increasing, but how much higher wages are driving the rise and how fast food operations have changed are two new issues.

This month, Newsom declared that California fast food outlets had created 11,000 new jobs since the law was signed.

“What's good for workers is good for business, and as California's fast food industry continues booming every single month our workers are finally getting the pay they deserve,” Newsom said. “Despite those who pedaled lies about how this would doom the industry, California's economy and workers are again proving them wrong.”

The industry didn't agree. “Every day you see headlines of restaurant closures, employee job losses and hours cut, and rising food

prices for consumers,” the International Franchise Association said in a statement. “Local restaurant owners in California are already struggling to cope with the \$20/hour wage, as the Fast Food Council considers additional wage increases. All the while, workers and consumers are feeling the pinch.”

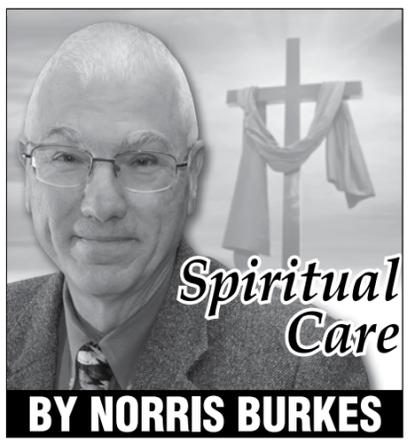
Brooke Armour, president of the California Center for Jobs and the Economy, an adjunct of the Business Roundtable, criticized Newsom's declaration as reflecting just one month of preliminary data and concluding, “Despite what some are saying, the data are clear: newly passed fast food minimum wage laws are leading to job losses in California.”

Christopher Thornberg, founding partner of Beacon Economics, also was critical in an analysis of the state's economic trends. “California's well-intended push to reduce income inequality via wage floors is beginning to have a significant negative impact on some of our most vulnerable workers — our youth, particularly those from lower income households,” Thornberg wrote.

What California has wrought in the fast food industry could be the harbinger of more direct regulation of other industries, and not just in California, for better or worse. It's not surprising, therefore, that its effects will be debated ad nauseam.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Labor Day Reading Needn't be Laborious



BY NORRIS BURKES

Early September, just after Labor day, I share my annual book recommendations as well as shamelessly plug my own four books. So if you read only one book this year, read all four of mine.

But after that, please read "The Kingdom, the Power, and the Glory: American Evangelicals in an Age of Extremism" by Tim Alberta. (Harper Books, 2024.)

The title may sound a bit like a political argument, but it recounts the heartfelt struggle by a journalist who suddenly loses his beloved pastor dad. He's honored to preach his father's funeral, but he's soon lambasted by family friends for his journalistic coverage of the political machinery that has crept into the church.

The situation sends Alberta on a journey to understand the tension between his professional responsibilities as a journalist and his deeply personal, conservative, Christian faith.

The book's main strength is Alberta's storytelling. Each chapter employs biblical insight and shares stories of everyday pastors who struggle to understand their role in contemporary politics.

Spoiler alert: Alberta deeply believes that God calls his followers to obey Jesus, not politicians. His conclusions are so biblically-based that I read the last chapter aloud as my sermon a few months back.

Also mentioned in some of my past sermons is the book “An Immense World,” by Pulitzer Prize-winning science journalist, Ed Yong.

The book challenged my human-centric perspective, the tendency to limit my views to only what I personally can make out with my own eyes.

Yong bases his book on the Umwelt Concept, a theory that differentiates how creatures perceive their environs in ways that are often unimaginable to humans.

For example, bats use echolocation to navigate in complete darkness, while certain fish can detect electric fields in the water. These abilities demonstrate the vast diversity of sensory experiences across the animal kingdom.

By simplifying complex scientific concepts, Yong makes them understandable for readers of all backgrounds. Anecdotes and interviews with researchers bring the science to life, highlighting the astonishing diversity of perception in the animal kingdom.

Whether you're a science enthusiast or simply curious about the natural world, “An Immense World” is a must-read that will leave you marveling at the unseen wonders of God's world.

The next book on my list, “The Demon of Unrest,” by Erik Larson, may evoke images of the Jan. 6 attack on the nation's capital and those who sought to circumvent the certification of the electoral college.

Well, not quite. But almost.

This insurrection began 164 years ago, November 6, 1860, after congress peacefully certified the election results for Abraham Lincoln.

Drawing on diaries, secret communiques, slave ledgers and plantation records, the book focuses on a lonely federal fortress in Charleston Harbor: Fort Sumter.

The fort becomes a helpless pawn, as South Carolina leads one state after another to secede from the Union. Within six months of the election, the Confederacy opens the Civil War by shelling the U.S. garrison of Fort Sumter on April 12, 1861.

At the heart of this battle is Major Robert Anderson, Sumter's commander and a former slave owner sympathetic to the South but loyal to the Union.

In the middle of it all, the overwhelmed Lincoln must deal with his double-dealing Secretary of State, William Seward, as he tries to avoid a war that will eventually kill 750,000 Americans.

Erik Larson's sharp prose and keen insights have caused me to read all his books. But “Demons of Unrest” is a definite read for anyone interested in how history can repeat itself.

After reading these, I hope you'll consider reading one of my books: “Tell it to the Chaplain,” “Thriving Beyond Surviving,” “Hero's Highway” and “No Small Miracles.”

Finally, if you happen to be the romantic type, check out Davalynn Spencer's books. This award-winning Christian romance writer has edited my column for 15 years and is clearly a good judge of great writing. ★

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Kings Korner

By V.G. Harris



It's well known that the Sacramento Kings have gotten little love over the years from the NBA pundits, and almost everyone outside of the city of Sacramento for literally decades. We can argue the merits, but imagine my surprise when of all people, I hear Stephen A. Smith recently come to the Kings defense.

Stephen A. was asked the question, “are there any surprises that we can look for in the upcoming season?” His response was, “the sleeper team in the NBA this year is the Sacramento Kings.”

Now as elated as I was to hear something positive about our hometown team, Stephen A. didn't go on and on about the merits of the team. He simply believed that a lot of people have it wrong, and that with the recent addition of DeMar DeRozan, the Kings are going to surprise a lot of people.

No surprise to Kings fans I can assure you. Sacramento embraces their team with a fervor that most cities could only hope for and is rarely seen. I think of the Seattle Superonics and realize that many cities don't appreciate what they have, but I have never seen that behavior in the city of Sacramento.

Yes, we are proud of our Kings team, and the expectations for the upcoming season are reaching a fever pitch. If you have a seat for opening night, you're holding a valuable commodity, and whatever you do, don't sell it.

I believe that the introductions alone for the starting lineup are worth the price of admission, and this team will undoubtedly get a standing ovation that is well deserved.

Excluding the Sacramento River Cats, and the offing of the Oakland A's coming to town next year, the Kings have been the sole representative of major league sports for Sacramento and the surrounding region for over 35 years.

For many years the hope of a season ticket was a pipe dream, and you could count on waiting 3-5 years. Sold out crowds every night would eventually translate into the Kings setting attendance records, and that with teams with a subpar winning record.

DeMar DeRozan cannot come to town and do it alone, and he isn't expecting to!

De'Aaron Fox and Domantas Sabonis are not the only Kings that will vie for a spot on the all-star team this year, and I look for former NCAA scoring champ and three-point specialist Keegan Murray to put a stamp on his lofty #4 pick by the Kings two seasons ago.

Many were critical of Murray's selection, but a credible rookie season silenced most critics. Last season was a bit of a mixed bag, but I saw a young NBA player adding to his repertoire by developing his mid-range game and interior play significantly. Add to that rebounding at a higher clip and becoming more defensive minded, it makes me think Keegan is about to put it all together.

Everyone knows what we have in De'Aaron Fox and Domantas Sabonis, so while they consistently live up to expectations, have they reached their ceiling yet? I don't think so, but let's wait and see how much Mr. DeRozan can tip those scales.

Is there a number of wins that Kings fans are wanting, or even expecting? I hear the number 50 all the time and if that number is right, Sacramento fans are in for a real treat this year.

Recent acquisitions and trades have been tepid at best, but I am excited about the team assembled right now.

Little has been said about Orlando Robinson since he was acquired as a free agent, but at 6'10" and 235 lbs., I'll be watching intently as he interns under Mr. double-double Domantas Sabonis, and at the ripe old age of 24, Orlando has plenty of time to show Sacramento fans what his upside looks like.

Many players, some future hall-of-famers such as Kawhi Leonard, came into the league but took several seasons to find their stride, so I am hopeful that Orlando's time in Miami has been well spent, and what he needs now is a team that will give him the floor time he's looking for.

As always, stay tuned Kings fans. Training camp is less than 30 days away and the action is about to begin.

All the best! ★
 Your thoughts are always welcome at vgharriskingsfan@gmail.com

Citrus Heights Messenger

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AACTION 9-6-24

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EFINITY 9-6-24

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RIDE 9-6-24

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Ellen Merriss, 7750 Envoy Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Crescent Moon Writing Co" 7750 Envoy Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024
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Laura Trojanowski-Howe, 4435 Andrew Alan Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Callista" 4435 Andrew Alan Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 23, 2024
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CALLISTA 9-6-24

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ACCURATELY 9-6-24

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FRED 9-6-24

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LARA 9-6-24

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Maria D. Martin, 1808 Avondale Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Well Connected Language Services" 1808 Avondale Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 5, 2024
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PEAK 9-6-24

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Lizzette Corona and Nestor Javier Pulido, 9098 Salmon Falls Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Xochis Pawfections" 9098 Salmon Falls Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 25, 2024
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THORS 9-6-24

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Eva M. Segal, 11406 Forty Niner Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Salon Aprima" 5200 Sunrise Boulevard Suite 1, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 6, 2024
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Troopathon, 3105 Fite Circle Suite 108, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "America's Care Packages for the Troops" 3105 Fite Circle Suite 108, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 8, 2024
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AMERICAS 9-6-24

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Charlotte Tillman, 8226 La Sombra Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Char Stamps/Char's Travel" 8226 La Sombra Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County July 30, 2024
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CHAR 9-6-24

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MINUTEMAN 9-6-24

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CHAI 9-6-24

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BUTTERFLY 9-13-24

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STAR 9-13-24

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First Baptist Church of Rio Linda, California 7008 10th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "New Beginnings Fellowship of Rio Linda" 7008 10th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 1, 2024
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NEW 9-13-24

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Jennifer Meagher, 1027 O Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Expressions" 1027 O Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 14, 2024
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STENCIL 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05846
SandS Muthyala LLC, 5497 Mossy Stone Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mathnasium of Fair Oaks" 5450 Sunrise Boulevard Suite D, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2024
Publish: August 23, 30, Sept 6, 13, 2024
MATHNASIUM 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06179
Mohammad Dawod Aziza, 7248 30th Street Suite B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "M A General Minor Auto Repair" 7248 30th Street Suite B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 12, 2024

Publish: August 23, 30, Sept 6, 13, 2024
GENERAL 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06180
Melinda Martrano, 3700 Bayou Road, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Mehndi by Melinda" 3700 Bayou Road, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
MEHNDI 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06190
Mortaza Hussaini, 3915 Power Inn Road Suite E, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Elite Car Zone" 3915 Power Inn Road Suite E, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
ELITE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05775
Joanna Brotnel, 7900 Bellingrath Drive, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Harmony Home Care" 7900 Bellingrath Drive, Elverta, CA 95626. Filed with the Clerk of Sacramento County July 25, 2024
Publish: August 23, 30, Sept 6, 13, 2024
HARMONY 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05891
Concrete Crafters, Inc, 7328 Sylvan Grove Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Concrete Crafters, Inc./Concrete Crafters" 7328 Sylvan Grove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 23, 30, Sept 6, 13, 2024
CONCRETE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05612
Victor Sepulveda, 6729 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Fidelina Tire Shop" 6729 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County July 22, 2024
Publish: August 23, 30, Sept 6, 13, 2024
FIDELINA 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05985
Victoria Lose, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Journey to Freedom" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 2, 2024
Publish: August 23, 30, Sept 6, 13, 2024
JOURNEY 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06209
Selena McQuilkin, 3425 El Camino Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "El Camino Psychic and Spiritual Healer" 3425 El Camino Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 23, 30, Sept 6, 13, 2024
PSYCHIC 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06229
Oleksandra Borodych, 10324 Mills Station Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Sabo Design" 10324 Mills Station Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 23, 30, Sept 6, 13, 2024
SABO 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06244
CB Electric LLC, 8121 Dart Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Bybee Electric Services" 8121 Dart Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 23, 30, Sept 6, 13, 2024
BYBEE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06195
Hastings Health Physician Assistant Inc., 8881 Katama Court, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Radiant Studio by Tati Hastings" 3160 Arden Way Suite #114, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 23, 30, Sept 6, 13, 2024
RADIANT 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06250
Jamie Perez, 7109 Rob River Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Beyond Words Productions" 7109 Rob River Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 15, 2024
Publish: August 23, 30, Sept 6, 13, 2024
BEYOND 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06109
Kirbee Brooks-Gomez, 4335 Shingle Oak Lane, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "BusyPro Virtual Assistant Agency" 4335 Shingle Oak Lane, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 8, 2024

Publish: August 23, 30, Sept 6, 13, 2024
BUSYPRO 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06143
Sarah Torres, 9235 Madison Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Little b Photo/Sarah Beth Photography" 9235 Madison Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 23, 30, Sept 6, 13, 2024
LITTLE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06640
Res.Co Clean, 8328 Myrtus Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Restoration Emergency Services Company/RESCO" 9418 Greenback Lane, Orangevale, CA 95662. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 23, 30, Sept 6, 13, 2024
RESTORATION 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06206
SAHM Enterprises Inc, 9785 Summer Glen Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Dieselers" 5900 Warehouse Way #110, #130, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 23, 30, Sept 6, 13, 2024
DIESELERS 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06278
Granite Financial Solutions, Inc., 5321 Luce Avenue, McClellan, CA 95652 is doing business under the Fictitious Business Name(s) "Secure Workspaces Distribution" 5321 Luce Avenue, McClellan, CA 95652. Filed with the Clerk of Sacramento County August 15, 2024
Publish: August 23, 30, Sept 6, 13, 2024
SECURE 9-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05675
Rai Petroleum Inc., 6337 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fair Oaks AmPm" 6337 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 23, 2024
Publish: August 30, Sept 6, 13, 20, 2024
FAIR 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06222
Balaboy Group LLC, 6016 Sunrise Vista Drive Apt 41, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "BALA Express" 6016 Sunrise Vista Drive Apt 41, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 14, 2024
Publish: August 30, Sept 6, 13, 20, 2024
BALA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06134
Thompson Kane & Company, Inc., 8040 Excelsior Drive Suite 100, Madison WI, 53717 is doing business under the Fictitious Business Name(s) "Thompson Kane Mortgage Loans" 8040 Excelsior Drive Suite 100, Madison WI, 53717. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
THOMPSON 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05790
Angela Whitney, 3631 Quinn Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Angie's Tax & Professional Services" 3631 Quinn Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 26, 2024
Publish: August 30, Sept 6, 13, 20, 2024
ANGIES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05981
KBL Group LLC, 6510 Franklin Boulevard, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Pacific Auto Repair" 6510 Franklin Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 2, 2024
Publish: August 30, Sept 6, 13, 20, 2024
PACIFIC 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06184
Western Pacific Depot, 2001 K Street, Sacramento, CA, 95811 is doing business under the Fictitious Business Name(s) "Marilyn's Pizza Slice" 2011 J Street Suite A, Sacramento, CA, 95811. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 30, Sept 6, 13, 20, 2024
MARILYNS 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06210
Lee's Superior Insurance Services, 4709 Florin Road Suite 1A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Golden Elite Notary Services" 4709 Florin Road Suite 1A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 30, Sept 6, 13, 20, 2024
GOLDEN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06239
Nathan Wright, 460 Appaloosa Court, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "NeuroDev Assessment" 101 Parkshore Drive #122, Folsom, CA 95630. Filed with the Clerk

of Sacramento County August 14, 2024
Publish: August 30, Sept 6, 13, 20, 2024
NEURODEV 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05581
H.O.L.Y. ILS Services LLC, 4611 Freeport Boulevard Suite 6, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "H.O.L.Y./H.O.L.Y. ILS" 4611 Freeport Boulevard Suite 6, Sacramento, CA 95822. Filed with the Clerk of Sacramento County July 19, 2024
Publish: August 30, Sept 6, 13, 20, 2024
HOLY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06344
TAG Transports Inc., 1401 21st Street Suite 7188, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Murga 365 Protective Solutions Inc." 1401 21st Street Suite 7188, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 19, 2024
Publish: August 30, Sept 6, 13, 20, 2024
MURGA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06155
Tres Babes LLC, 4741 Isabella Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Kaia Fit Fair Oaks/Kaia Fit Orangevale" 8525 Madison Avenue #140, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
KAIA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06095
Jeffrey Kusiak, 6717 Landis Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Devosia Designs" 6717 Landis Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 8, 2024
Publish: August 30, Sept 6, 13, 20, 2024
DEVOSIA 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06202
Claudia Camelia Juravle, 9009 Plum Blossom Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Friendly Care Home II" 9009 Plum Blossom Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 13, 2024
Publish: August 30, Sept 6, 13, 20, 2024
FRIENDLY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06035
Kimbae Warr, 4860 Idaho Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Purpose Support Living Services" 4860 Idaho Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 6, 2024
Publish: August 30, Sept 6, 13, 20, 2024
PURPOSE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06154
Tres Babes LLC, 4741 Isabella Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Kaia Fit Natomas" 1435 North Market Boulevard, Suite #3, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 9, 2024
Publish: August 30, Sept 6, 13, 20, 2024
TRES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06388
Tarek Ahmad Rashid Sr., 721 North B Street, Suite 17, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Aegis Automotive Sales" 721 North B Street, Suite 17, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 20, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AEGIS 9-20-24

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

Business Name(s) "Auburn Endodontics" 7628 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AUBURN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06488
John Michael Gonzales, 3745 Viola Drive, North Highlands, CA 96660 is doing business under the Fictitious Business Name(s) "Gonzales Fitness" 3745 Viola Drive, North Highlands, CA 96660. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
GONZALES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06460
Joseph Stanley Jones, 9537 Hollingsworth Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Surrogate Grandfather" 9537 Hollingsworth Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
SURROGATE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06189
Melissa Mercado, PO Box 511, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) "Commonwealth Customs By Mel" 50 Iron Point Circle, Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 30, Sept 6, 13, 20, 2024
COMMONWEALTH 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06481
Jasmine Pinon-McCulloch, 2301 Vehicle Drive, Suite G, Rancho Cordova 95670 is doing business under the Fictitious Business Name(s) "JP's Auto Care" 2301 Vehicle Drive, Suite G, Rancho Cordova 95670. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
JPS 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06507
Artrice Stewart, 10730 Coloma Road, #5, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Artrice Soulful BBQ" 10730 Coloma Road, #5, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 23, 2024
Publish: August 30, Sept 6, 13, 20, 2024
ARTRICE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06436
Curtis Cassidy, 312 Silberhorn Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Next Level Comfort" 312 Silberhorn Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
NEXT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06373
Eduardo Elias, 10501 Croetto Way, #84, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Navarro Skin" 11082 Coloma Road, #3, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
NAVARRO 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06623
Ghulam Sakhi Akbarzai, 4141 Palm Way, Apartment 471, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Dreamy Media Group" 4141 Palm Way, Apartment 471, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
DREAMY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06466
Sabra Fern Connelley, 2119 Colonnade Way, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Style Coaching with Sabra" 2119 Colonnade Way, Elverta, CA 95626. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
STYLE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06389
Ayanna McClendon, 3821 Annadale Lane, #19, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bu Fashion Boutique" 3821 Annadale Lane, #19, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
BU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06424
Sage View Realty & Lending, 8795 Folsom Boulevard, Suite 205, Sacramento, 95826 is doing business under the Fictitious Business Name(s) "Sage View" 8795 Folsom Boulevard, Suite 205, Sacramento, 95826. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SAGE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06413
Andrey Khmyz, 6236 Casita Avenue, Carmichael, CA 95608

is doing business under the Fictitious Business Name(s) "Silver Star Transportation Service" 6236 Casita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SILVER 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06408
Jesus Zamora, 5817 Nonnie Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Spartans Lawn & Maintenance" 5817 Nonnie Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SPARTANS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06000
Tonie C Arroyo, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tonie's Dog Grooming" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024
Publish: September 6, 13, 20, 27, 2024
TONIES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06002
Maxim Yakimchuk, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Grooming with Max" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024
Publish: September 6, 13, 20, 27, 2024
GROOMING 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06429
Samuel White and Jennifer White, 2185 Eden River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Great White Services/S4M Solutions/GWS Windows/Jeneral Ideas" 2185 Eden River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
GREAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05804
Briana Niswonger and Abrielle Warren, 1000 Riverwalk Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "24-SBRA-2" 1000 Riverwalk Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 29, 2024
Publish: September 6, 13, 20, 27, 2024
SBRA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06470
LRC Jewelry Inc, 5805 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Joyeria Los Angeles" 5805 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
JOYERIA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06621
Monica Cristina Figueroa, 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Wheat Ridge Baking Company/Wheat Ridge Baking Co." 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
WHEAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06395
Gabee LLC, 100 Woodsmoke Way, Folsom, CA 95695 is doing business under the Fictitious Business Name(s) "ADU Annex" 100 Woodsmoke Way, Folsom, CA 95695. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
ADU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06619
Angie Gomez-Alvarez, 21377 Gilbert Drive, Redding, CA 96002 is doing business under the Fictitious Business Name(s) "Angela's Transportation" 9049 Alderson Avenue, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
ANGELAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06687
Emergency Restoration & Cleaning Inc, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Emergency Restoration & Cleaning/ERC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 29, 2024
Publish: September 6, 13, 20, 27, 2024
EMERGENCY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06686
Always Green Clean LLC, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "AGC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
AGC 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06537

Fyock Enterprises, 4420 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fat Dogs & Spuds" 4420 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 23, 2024
Publish: September 6, 13, 20, 27, 2024
FAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06719
Bertha Vans, 3420 Leatha Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Thread Tradition" 3420 Leatha Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 30, 2024
Publish: September 6, 13, 20, 27, 2024
THREAD 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06032
Griselda Sanchez, 5825 Madison Avenue, #2, Sacramento, Ca 95841 is doing business under the Fictitious Business Name(s) "Esmeralda's Cafe" 5825 Madison Avenue, #2, Sacramento, Ca 95841. Filed with the Clerk of Sacramento County August 6, 2024
Publish: September 6, 13, 20, 27, 2024
ESMERALDAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06371
Lisa M. Magon, 627 Hancock Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Blue Acom" 627 Hancock Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
BLUE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06713
Omar Shirzadi, Foad Aurangzib and Sultan Safi, 3400 Watt Avenue Suite 102, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Afghan Unity and Solidarity Association (AUSA)" 3400 Watt Avenue Suite 102, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 29, 2024
Publish: September 6, 13, 20, 27, 2024
AFGHAN 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015296

Elizabeth Shae Birkes, has filed a petition with this court for a decree changing the name(s) of Elizabeth Shae Birkes to Oliver Shae Birkes.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 7, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
BIRKES 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016372

Mohammad Reza Hatami has filed a petition with this court for a decree changing the name(s) of Mohammad Reza Hatami to Reza Hatami.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 14, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 16, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
HATAMI 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015541

Nhan Tam Quyen Tran and Thi Van Phan has filed a petition with this court for a decree changing the name(s) of Nhan Tam Dung Tran to Laura Tran.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 5, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
TRAN 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015897

Steliany Jon Dariotis has filed a petition with this court for a decree changing the name(s) of Steliany Jon Dariotis to Stella John Dariotis.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 17, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 9, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 23, 30, Sept 6, 13, 2024
DARIOTIS 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016269

Anandi Shushant Shirodkar has filed a petition with this court for a decree changing the name(s) of Anandi Shushant Shirodkar to Aanandi Shirodkar.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 27, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 19, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
SHIRODKAR 9-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016383

Dylan Douglas Nester-Carlson has filed a petition with this court for a decree changing the name(s) of Dylan Douglas Nester-Carlson to Dylan Dougl Nester.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 3, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
NESTER 9-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016508

Antonio Mendoza has filed a petition with this court for a decree changing the name(s) of

of Natividad Magallon to Nati Magallon.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 2, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 26, 2024
Richard K. Sueyoshi, Judge of the Superior Court
MAGALLON 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015603

Emily Nikitchuk has filed a petition with this court for a decree changing the name(s) of Emily Nikitchuk to Emily Julie Kurulenko.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 6, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: September 6, 13, 20, 27, 2024
NIKITCHUK 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016948

Patrick Stuart McLaughlin has filed a petition with this court for a decree changing the name(s) of Patrick Stuart McLaughlin to Patrick Jet Ruch and Katherine Amanda Brewer to Katherine Amanda Brewer Ruch.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 8, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 27, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: September 6, 13, 20, 27, 2024
MCLAUGHLIN 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015901

Zaurbek Eduardovich Dzardanov has filed a petition with this court for a decree changing the name(s) of Zaurbek Eduardovich Dzardanov to Zaur Zardanov.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 20, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 9, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: September 6, 13, 20, 27, 2024
DZARDANOV 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV017039

Jimiai Peter Weber has filed a petition with this court for a decree changing the name(s) of Jimiai Peter Weber to Jimiai Peter Ajiika.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 17, 2024, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 28, 2024
Christopher E. Krueger, Judge of the Superior Court
Publish: September 6, 13, 20, 27, 2024
JIMIAI 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV015936

Sale Taveva has filed a petition with this court for a decree changing the name(s) of Sale Taveva aka Sale Favor Sr. Taveva to Favor Figota Salemanesa Taveva and Latimer Favor Taveva to Favor Latimer Sua Taveva.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 17, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 12, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: September 6, 13, 20, 27, 2024
TAUEVA 9-27-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016673

Natividad Magallon has filed a petition with this court for a decree changing the name(s)

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LELIA AMANDA GUERRERO CASE NO. 24PR001541
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Lelia Guerrero.
A Petition for Probate has been filed by Nakaiya Guerrero, in the Superior Court of California, County of Sacramento, requesting Nakaiya Guerrero be appointed as personal representative(s) to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows September 25, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
The name, address and telephone number of the Petitioner is: Nakaiya Guerrero, 3741 Floral Drive, North Highlands, CA 95660; 279-209-1514
Publish: August 30, Sept 6, 13, 2024
GUERRERO 9-13-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016379

Mahjabin Parwani has filed a petition with this court for a decree changing the name(s) of Mahjabin Parwani to Maryam Haidari.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
PARWANI 9-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016379

Mahjabin Parwani has filed a petition with this court for a decree changing the name(s) of Mahjabin Parwani to Maryam Haidari.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
PARWANI 9-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016379

Mahjabin Parwani has filed a petition with this court for a decree changing the name(s) of Mahjabin Parwani to Maryam Haidari.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 31, 2024, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2024
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 30, Sept 6, 13, 20, 2024
PARWANI 9-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV016379

Mahjabin Parwani has filed

Phone-Free Schools Act Clears Legislature, Heads for Signature

**Office of Assemblyman
Josh Hoover News Release**

SACRAMENTO, CA (MPG) - On Aug. 29, the Legislature passed landmark legislation authored by Assemblymembers Josh Hoover (R-Folsom), Al Muratsuchi (D-Torrance), Josh Lowenthal (D-Long Beach), and David Alvarez (D-San Diego) to limit the use of smartphones in schools. Assembly Bill 3216, also known as the Phone-Free Schools Act, requires school districts in California to adopt a policy no later than July 1, 2026, that limits or prohibits the use of smartphones by students during the school day.

“Today, the Legislature took meaningful action to support students and transform schools across California,” said

Assemblyman Josh Hoover. “As a parent and former school board member, I am incredibly grateful for this bipartisan effort to put kids first and improve their academic and mental health outcomes. I thank the Governor for his leadership on this issue and urge him to sign this bill to create phone-free schools across our state.”

“Research continues to demonstrate the potential harms of smartphone use among children. The growing use of these devices in a child's everyday life can contribute to lower test scores, anxiety, depression, and even suicide. I am grateful for the Legislature's leadership on limiting the use of smartphones during the school day and I look forward to working with the Governor,” Hoover added.

The bill now heads to Governor Gavin Newsom's desk for signature, who has signaled support for the legislation in recent weeks.

Many school districts have already limited or prohibited smartphone use in schools and have seen resounding success. Administrators have reported increased social interaction among peers, decreased instances of bullying on campus, and improvements in academic outcomes. A 2016 study found that when smartphones were removed from classrooms standardized test scores increased by an average of six percent, with even greater improvements among low achieving students. The Phone-Free Schools Act will continue to build on this success by expanding limitations

on smartphones statewide.

A piece published in The Atlantic earlier this year by NYU social psychologist Jonathan Haidt described a number of the potential harms that smartphone use is contributing to in children:

Grades suffer when learning is disrupted as a result of smartphone distractions in the classroom

Up to 15% of teenagers engage in “problematic social media use,” which includes symptoms such as preoccupation, withdrawal symptoms, neglect of other areas of life, and lying to parents and friends about time spent on social media

The latest Gallup data found that American teenagers spend around five hours per day on social media platforms alone.

As smartphones have become ubiquitous since 2010, we have seen a 70% increase in the number of high school seniors expressing that “life often feels meaningless (now more than 1 in 5 seniors express this).”

Rates of anxiety, depression, and suicide are on the rise among young people.

Poor mental health outcomes and smartphone use are most strongly correlated in kids under the age of 14.

Josh Hoover represents Assembly District 7, which includes the cities of Citrus Heights, Folsom, and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale, and Rosemont. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
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NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF GLEN ROY VAN DEN BROEK CASE NO. 24PR002339

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Glen Roy Van Den Broek.

A Petition for Probate has been filed by Kiana Courtney, in the Superior Court of California, County of Sacramento, requesting Kiana Courtney be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 24, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may

file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Kiana Courtney, 5945 Ehrhardt Avenue, Sacramento, CA 95823; 916-877-1386

Publish: August 30, Sept 6, 13, 2024
BROEK 9-13-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOHN MARTIN BROWN JR. CASE NO. 24PR002467

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of John Martin Brown Jr.

A Petition for Probate has been filed by Matthew Brown, in the Superior Court of California, County of Sacramento, requesting Matthew Brown be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court

approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 26, 2024, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate

Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Matthew Brown, 1460 65th Avenue, Sacramento, CA 95822; 916-224-5378

Publish: September 6, 13, 20, 2024
BROWN 9-20-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2021-00008
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: JMR Concrete

Construction, 7213 Kari Ann Circle, Sacramento, CA 95824. Jesus Morones Romo, 7213 Kari Ann Circle, Sacramento, CA 95824.

The Fictitious Business Name Statement was filed on 1/4/2021 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/12/2024. Publish: August 30, Sept 6, 13, 20, 2024
JMR 9-20-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2020-03170
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Storming the Castle, 1000 Fulton Avenue, APT 42, Sacramento, CA 95825. Neil Randall, 1000 Fulton Avenue, Apartment 42, Sacramento, CA 95825. The Fictitious Business Name Statement was filed on 5/14/2020 in the County of Sacramento.

Filed with the clerk of Sacramento County: 8/2/2024. Publish: September 6, 13, 20, 27, 2024
STORMING 9-27-24



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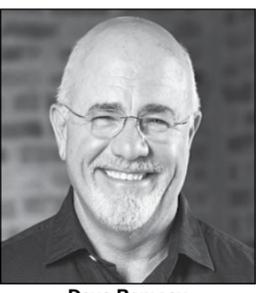
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Dave Ramsey Says Don't Crack the Foundation

it's left me firmly convinced it's better to be the tortoise than the hare.

Think about this. When you sell a piece of your ownership to people who are looking for a return, instead of caring about your dream, you're creating the potential for a big mess. A lot of times, these folks will seem like silent partners—which is an oxymoron in small business. They might even present themselves that way in the beginning. But the truth is most people who've put money into your business won't keep silent. They're all going to have different opinions and ideas, and there's a strong possibility these are going to clash at some point with the vision you have for your company.

In short, I would not recommend a fledgling small business, even one that's doing well, to seek out investors. Period. Cash flow your growth, Trey. Cash flow your equipment purchases, and

the markets you enter, also. Does this mean you might miss a good opportunity here and there? Sure, it does. But it also means you'll be missing opportunities to fail. Too much success too soon is one of the biggest reasons why small businesses shut down. When you grow too quickly, you run the risk of outgrowing your financial resources, your infrastructure and your human resources.

Do what you can to ensure growth is steady, but play it smart. Don't grow so fast that you crack the foundation of your company.

—Dave
Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

Dear Dave,

Do you think it's a good idea for a small business, one that's very young but growing, to seek out investors?.

—Trey

Dear Trey,

My advice to someone in this position is to grow their business with organic cash. That may sound like a fancy phrase, but it just means you earn the money with which you'll grow. This may mean growing a little bit slower, and it might even mean passing on a few "big deals" you thought were going to be the best things ever to happen to you and your business. But you want to know something? That's okay. I've turned down plenty of deals like that over the years, and



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Circulation Manager – We are seeking a full-time Circulation Manager to oversee our 18 local newspapers. Duties include managing the weekly reporting of distribution, preparation for weekly audits, managing and recruiting our carrier staff, preparing and reporting postal statements, customer service support, physical labor repairing and replacing newsstands, setting up new locations, and other related duties needed to run the circulation department. This position works primarily in Carmichael but will require some local travel to our other offices in the Sacramento region. The hours may vary but are flexible due to the nature of the duties.

Office Administration – We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

City Reporter - We are seeking a full-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.

Copy Editor - We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

Delivery Driver – Weekly Hauling to Marysville- We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

Newsstand Delivery Driver/Local - We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

To find out more or to apply:
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Planning Commission Approves Motions to Move Sayonara Habitat Project Forward

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - The Citrus Heights Planning Commission unanimously approved motions for a tentative subdivision map and its design review for the pending construction of 26 new half-plex housing units to be built by Habitat for Humanity of Sacramento on Sayonara Drive.

Chief city planner Alison Bermudez presented a project overview to Citrus Heights Planning Commission members. Habitat for Humanity of Greater Sacramento (HFHGS) President and CEO Leah Miller then answered additional questions voiced by the commission before it voted.

The Citrus Heights Planning Commission approved a motion to approve a tentative subdivision map to allow for the subdivision of the project area into 26 single-family homes based on the findings contained in the city's staff report and its attached conditions of approval. A Design Review Permit was also approved to allow for the project's construction subject to the city's Small Lot Housing Ordinance. Commissioners also adopted Resolution No. 24-06, finding that the project is categorically exempt per Section 15332 from the California Environmental Quality Act (CEQA) and from Section 15194 (Affordable Housing).

Construction of the 26 new units by Habitat for Humanity on 12 vacant city-owned lots in Citrus Heights, using CalHome funding, will meet the city's obligation to replace blighted rental units that were demolished between 2008 and 2010.

The Citrus Heights City



The Citrus Heights Planning Commission considered and unanimously approved motions for a tentative subdivision map and its design review for the pending construction of 26 new half-plex housing units to be built by Habitat for Humanity of Sacramento on Sayonara Drive. Project drawing provided by Habitat for Humanity of Sacramento

Council declared the property surplus in May 2022 and the state of California approved the surplus declaration in June 2022.

In all, there will be two two-bedroom/one-bathroom units (971 square feet), 12 three-bedroom-two-bathroom units (1,214 square feet), 10 four-bedroom two-bathroom units (1,407 square feet) and two five-bedroom, two-bathroom units (1,523 square feet) built, according to project plans described by chief city planner Alison Bermudez.

The total approximate average cost for infrastructure and construction of each home is approximately \$330,000, according to Habitat for Humanity of Greater Sacramento.

Secured funds include an estimated \$1.9 million from the city of Citrus Heights and \$1,050,000 in federal Community Project Funding obtained with support from Congressman Ami Bera. Other Sayonara project funding will come from multiple sources,

including corporate sponsorships, individual giving and special events, Miller said in an earlier interview.

In a summary of the city's findings for design review approval, Bermudez told commission members that the project is "consistent with the city's General Plan and zoning code, complies with the design standards with appropriate landscape and offers an attractive and desirable site layout and safe and efficient access and circulation."

The new, for sale housing units, which will be built on their own parcel with a front yard and a private backyard, will be sold to qualifying low-income households that participate in Habitat for Humanity's existing program that provides affordable home ownership opportunities, Miller said.

Labor is typically provided by volunteers who will help build the new homes (no experience is necessary); training and

tools are provided by Habitat for Humanity when actual construction starts.

The new all-electric two-, three- and four-bedroom duet style homes feature drought-tolerant landscaping, energy-efficient heating systems, low-flow plumbing systems, security alarm systems, solar battery storage and rooftop solar panels. When completed, the project will provide housing for nearly 120 low-income individuals, including children.

Miller said construction will be done in three stages of eight to 10 units per stage, with each stage taking approximately a year to complete.

A "self-help" contributed labor component is also required, with each home-buyer household providing 500 hours of sweat equity in building their or their neighbor's homes, Miller added.

Lot site infrastructure improvements are scheduled to start this October and be finished by

March 2025. The application period for the 26 new single-family homes will start in April 2025, with a targeted completion by January 2027, over a period of 22 months, according to chief city planner Bermudez in her presentation.

Habitat for Humanity of Greater Sacramento also announced that it has received funding from the state department housing and community development to provide an owner-occupied rehabilitation program to low-income residents of Sacramento and Yolo counties, Miller said.

The city of Citrus Heights has referred five single-family and three mobile home low-income homeowners to Habitat for Humanity of Greater Sacramento to provide health and safety repairs.

"We're excited that due to our partnership with the city, HFHGS will be able to help eight Citrus Heights residents on its current home repair waitlist," Miller said.

The current waitlist includes 121 households in single family homes and 59 households in mobile homes, she added.

Potential applicants seeking to qualify for Habitat for Humanity homeownership can learn more at <https://habitatgreatersac.org/home-ownership/apply>.

General information for those who might want to volunteer to work on the Sayonara Drive or other Habitat projects or wish to donate to the cost of construction should visit habitatgreatersac.org.

For additional information about the Sayonara Housing Development Project Phase I in Citrus Heights, visit www.citrusheights.net/132/Community-Development-Department. ★

Wraparound Services Positively Impact Youth

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The dedicated efforts of Sacramento County's Division of Behavioral Health Services (BHS), in partnership with community-based providers, continue to positively impact youth with High Fidelity Wraparound (HFW) Services. Zavion and Serenity are two inspiring teens whose stories exemplify how support services can positively change lives.

Think of Sacramento County's High Fidelity Wraparound Services, more commonly referred to as the Wraparound Program, as a personalized support system that helps kids and families when they are most vulnerable. It's a team of caring professionals who "wrap" around these youth and their families during tough times.

Whether it's to help foster youth or youth who have been involved with law enforcement, or providing a family with the tools they need to stay together, the Wraparound Program makes a real difference.

For Zavion, he faced more challenges than many could even imagine. He frequently encountered obstacles that left him feeling lost and uncertain about his future at a young age. With the help of the Wraparound Program, he found the strength to turn his life around.

"You know, I've been through some really rough times, but I got through it by challenging myself," said Zavion while reflecting on his journey. "It's been rough, but I've accomplished something."

Zavion completed his high school credits, graduated and was recently offered an internship at a wellness center where



Think of Sacramento County's High Fidelity Wraparound Services, more commonly referred to as the Wraparound Program, as a personalized support system that helps kids and families when they are most vulnerable. It's a team of caring professionals who "wrap" around these youth and their families during tough times. Image by Tammy Cuff from Pixabay

he now supports other young people in his community. This fall, he's preparing for a new milestone - starting community college.

Serenity's story is equally inspiring. She was initially referred to the Wraparound Program with significant challenges, including a difficult home environment and struggles with aggression but embraced the help offered to her. She quickly dove deep into therapy and learned new ways to cope, and her hard work paid off.

Serenity graduated from high school early and earned a scholarship to a college in Vermont. She has volunteered her time at a wellness center, traveled to Africa and is writing a book about her experiences to share with others who might be facing similar challenges.

"It is gratifying to watch these kids get the opportunity to change the trajectory of their futures," said Brian Olden, Wraparound Program Monitor for Sacramento County. "Zavion and Serenity illustrate the combined effort of clients who make good use of services, as well as the dedication, persistence, and hard work of the providers who steadfastly adhere to the HFW principles."

Much of the success seen with Sacramento County's High Fidelity Wraparound services comes from its focus on giving families a voice in their care, working collaboratively with other services and supporting children in stable, loving environments. To help keep kids from bouncing around from home to home, the Wraparound Program's primary objective is stability and

permanency, which reduces the need for group home placements and institutional care.

Sacramento County partners with, and funds contracts for, three local nonprofit agencies to provide High Fidelity Wraparound Services - River Oak Center for Children, Sacramento Children's Home and Stanford Sierra Youth and Families.

In addition to Probation and Child Welfare, Behavioral Health Services and wrap-around provider agencies collaborate with various child-serving systems and individuals including schools, regional centers and health care providers.

Child Protective Services (CPS) and Sacramento Probation departments refer youth to the Wraparound Program. With the referral,

Behavioral Health Services County staff coordinate the implementation of care and together all agencies work to ensure every child has a chance to thrive.

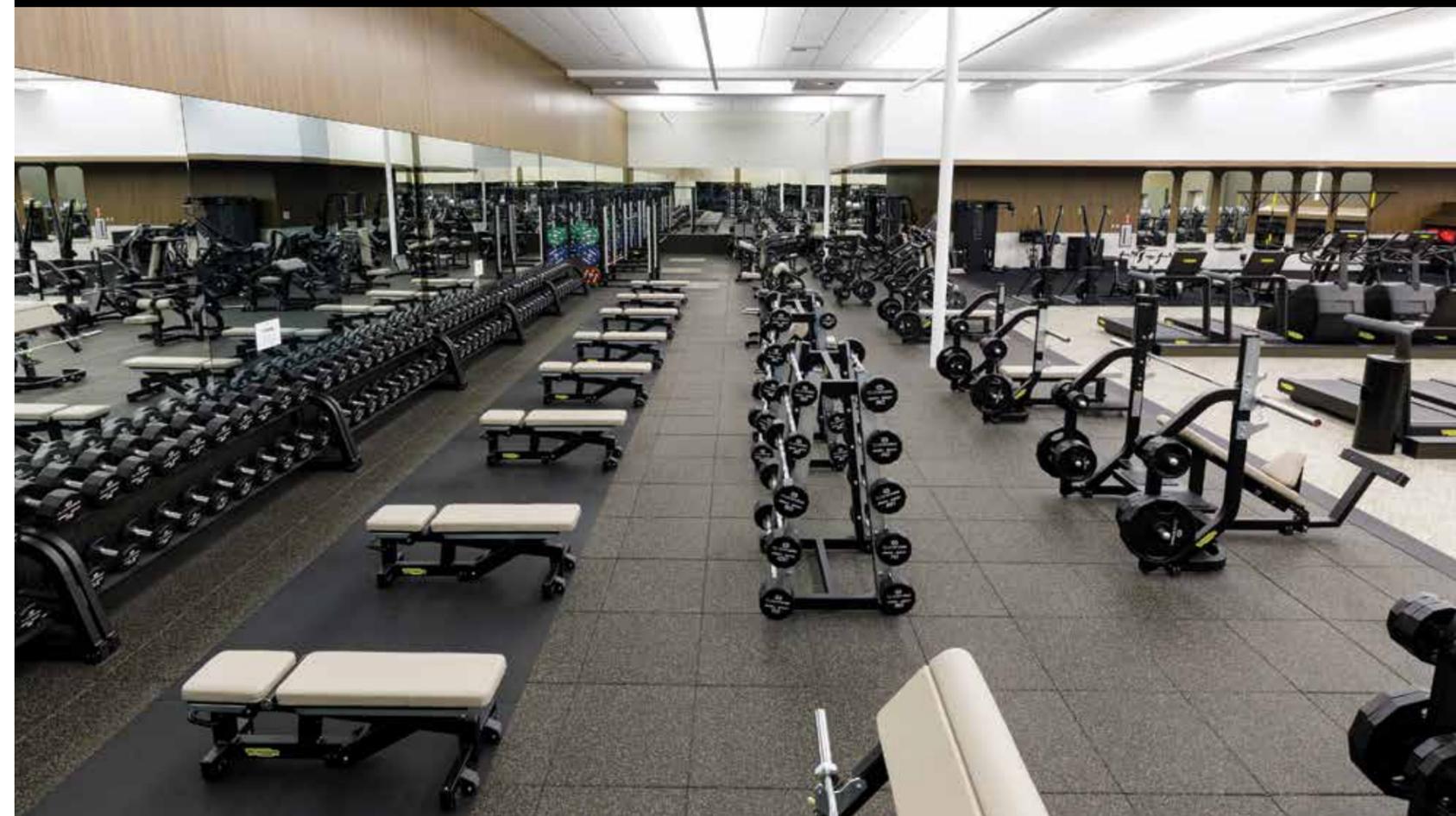
An estimated 90% of youth are referred by Child Protective Services and 10% by probation. Not all families and youth referred are ready to engage but the impact of Sacramento County's High Fidelity Wraparound Services remains clear. In the last quarter of Fiscal Year 2023 - 2024, 80% of the youth who completed the program were able to successfully move forward, ready to embrace a brighter future.

Visit Sacramento County's Behavioral Health Services website to learn more about Sacramento County's High Fidelity Wraparound services. ★



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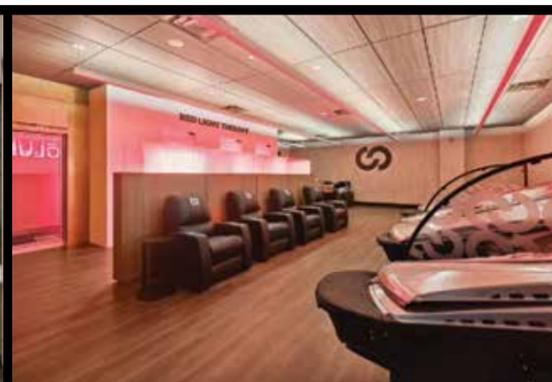
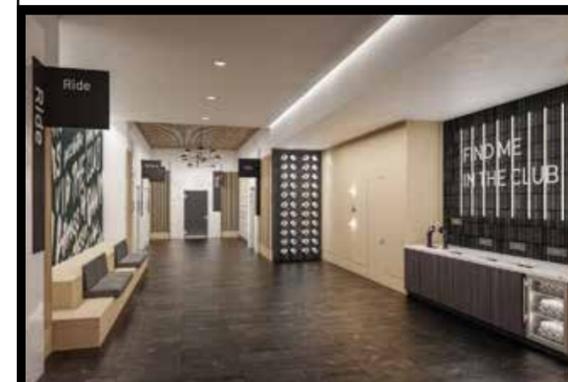
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