

PAGE 3



ndependent Voice

VOLUME 32 • ISSUE 37

Serving Dixon and Solano County since 1993

SEPTEMBER 13, 2024

INSIDE

GALLAGHER DEMANDS ANSWERS



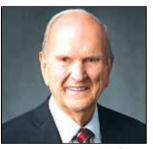
PAGE 7

SUICIDE PREVENTION MONTH CAN SAVE LIVES



PAGE 10

LDS CHURCH PRESIDENT TURNS 100



PAGE 8

Scan our QR Code for a direct link to our online edition!

PRSRTD STD. U.S. POSTAGE **PAID** CARMICHAEL, CA PERMIT NO. 350 OR CURRENT POSTAL CUSTOMER

Women's Club Kicks Off New Year



Falling back into meetings of fun and interesting speakers are Dixon Women's Improvement Club members, from left, Pamela Marks, Louann Lundberg, Linda Carpenter and TanyiaLee Ceremello.

Story and photo by Debra Dingman

DIXON, CA (MPG) - After hibernating over the hot summer months, the Dixon Women's Improvement Club (DWIC), a 100-year-old organization of local women, is ready to wake up and kick off the 2024-2025 year on Wednesday, Sept. 18, starting at noon with a presentation by Brett Barley, the new Dixon Unified School District (DUSD) School Superintendent.

The Dixon Women's Improvement Club was established in 1899. The following the Gold Rush of 1849.

They were interested in beautifying and improving their little town.

Today's members, as strong and as empowering as their predecessors, are also about having fun and have planned a year of interesting, monthly presentations, along with pleasant trips nearby.

"I'm really excited about this year's programs and excursions," said Dixon Women's Improvement Club Vice- President and Program Coordinator Jewel Fink.

Some of the plans are hearing about the voting issues, protecting members from fraud and scams, a Bingo group's founders were women from Party, a Holiday Tea in December and families that settled in the Dixon area more. Fink is an elected Dixon Unified School District School Board trustee

who invited Barley to introduce himself to start this year's Dixon Women's Improvement Club programs.

Barley will share his background, starting his career in education as a fourth-grade teacher at Sylvia Cassell Elementary School in San Jose, moving on to being selected as the Deputy Superintendent of Student Achievement for the State of Nevada; to his most recent assignment as Superintendent of the California Montessori Project, which encompasses seven schools across Sacramento, Elk Grove, Carmichael,

Barley's vision for leading Dixon Continued on page 8

New Tennis Courts Get LED Lights

By Angela Underwood

DIXON, CA (MPG) - Lighting is everything.

The famous quote is accurate for many: painters, directors, and tennis and pickleball players.

The Dixon City Council approved an additional \$24,000 to efficiently light up the new tennis courts, which are coming soon.

In May, the Independent Voice reported on the contract awarded to Biondi Paving Inc., the lowest bidder at \$624,000, which was bumped up \$11,000 more due to increased material costs and project delays.

Staff reports claiming financial discretion from May to September call Biondi Paving Inc., "the lowest responsive and responsible bidder," at \$635,016.

According to the May staff report, the project included reconstructing the sub-base, building a new multi-layer base and finishing the courts with a new acrylic coating system.

It also detailed upgrading existing lights to LEDs to allow center-court lighting for optimal night play.

"The project is currently underway and nearing completion," the staff report reads, adding, "Staff is requesting approval of a change order to address unforeseen obstacles and light timer upgrades."

"This is an addition of \$24,347 as \$3,500 was transferred from the General Fund," Dixon Public Works Director Louren Kotow said.

However, according to Kotow and the U.S. Department of Energy (DOE), the payoff is worth it.

"LED lights are more energy efficient, have a longer lifespan and better light quality," Kotow said.

The Department of Energy encourages indoor and outdoor LED lighting, reporting multiple billions in savings.

"The outdoor sector has seen greater LED adoption in nearly every application than the indoor sector, contributing 40% of the total energy savings from LED lighting in 2018," the Department of Energy reports. "Utilizing the most efficient LEDs in all applications would amount to over a quad of annual energy savings in the outdoor sector alone, equivalent to about 9% of commercial building electricity use in 2018." Kotow also noted LED

efficiency and economics.

"The lights will be controlled by push buttons that will allow people to light each court individually for a set amount of time," Kotow said. "This will be

Continued on page 3

Chugging Along at Dixon Train Days



Train Days were educational for all ages with several different size model trains running incessantly on the tracks. Photo by

By MPG Staff

DIXON, CA (MPG) -September should have been a bit cooler choice to feature Dixon Train Days, but even with the 100-degree weather,

locomotive lovers came out in downtown Dixon to enjoy pioneering experiences and some even found gold.

Visitors kept coming throughout both days and none of the enthusiasts got

tired of talking about the history, the variety and the development of the railroad across America.

Pioneer day re-enactments complete with western backdrops and faux shoot

the weekend. Train Days was fun,

outs also occurred during

and educational, for all ages. Visitors were already talking about attending next

www.IndependentVoice.com

2 • SEPTEMBER 13, **2024**

Life's too

Lambtown Revisited



Sheep Dog Demonstrations are fun to watch at Lambtown in the fairgrounds ag area. Photo by

By Debra Dingman

Oct. 5 and 6 is Lambtown out at the Dixon fairgrounds. In the 1940s. Dixon was known for its sheep production when we had six of the largest food producers in the world here. Superior Lamb was one of them.

I've covered Lambtown the last three years and seen dramatic changes. I want people who have lived here a long time to know that things have definitely changed—and continue to change—for the better. And I certainly want new families in town to go and check it out because it really is a wonderful family venue more than most people realize.

According to the website, Lambtown Festival began in 1985 as an exhibit at the Dixon May Fair, with the goal of showcasing the proud sheep ranching heritage of Dixon and the surrounding communities. The festival draws its name from the fact that at one point, more lambs were born in Dixon than in any other city in the country, earning it the nickname of Lambtown USA.

I came onto the scene in 1992 when the Chamber of Commerce was under the proficient and equally calm management of Sam Crawford, and I volunteered to help. We were at a street fair downtown then. held between Women's Improvement Club Park and the corner of First and A Streets.

One of my fondest memories about those times was getting asked to dance by Sandy Sanders when I was full-term pregnant with my last child. We were friends and who else would ask a pregnant woman big as a balloon out on the dance floor? We danced



Several people watched this woman spin a pair of woo socks at last year's Lambtown event. There was a barn full of demonstrations with knitters using unique machines to make various items out of lamb wool. Photo by Debra Dingman

in the intersection of First Northern Bank to a live band and it was a miracle I didn't go into labor because he swung me around while we did the jitterbug (slightly modified, of course!)

There was some controversy later about it getting so big (and hot) that we should move it back to the May Fair. Temporarily, it landed briefly in Hall Park but ultimately went back to the May Fair.

Ten years later in 2012, then Governor Jerry Brown lent his support to the California Sheep Commission (CSC) that launched the first-ever California Lamb Month celebration.

"Lamb is nutritious, high in protein, and savored by consumers and professional chefs alike," said Brown in a letter to the California Sheep Commission. "I encourage all Californians to recognize the importance of lamb in a healthy diet and the importance of the lamb industry to California's economy."

Lamb meat had finally come into its own.

But since a lot of locals especially the downtown merchants were wanting to keep it a street fair, the

celebration lost some of its support although the late Dana Foss led it for several years with a crew of volunteers including Dave Scholl who at that time owned the Independent Voice and who gave tons of free promotion.

When I went three years ago, it had already been operating under President Roy Clemes and I was sad that it seemed to be only about fiber. But Roy and his team have done a great job making it tons better! They added more family events and then last year, it was even greater with sheep dog demonstrations, lambs, numerous spinning demonstrations, bright and colorful fibers of every kind, several children's activities and more so I want people to know!

It's now back to a festival that takes over the entire Dixon fairgrounds and is very well run. It is now the largest sheep and wool event in California. Please mark your calendar and don't miss this special-to-Dixon event whose mission is "to celebrate all things sheep, lamb, and wool."

Admission is \$15 for one day or \$20 for both days and is available online at Lambtown.org.

Dixon News Briefs



in Dixon, is proud to have received her permanent liquor license and also be one of several women-owned businesses in the downtown core. Courtesy photo

By MPG Staff

Fish Fry

On Friday, Sept. 13, veteran Wayne Holland reported the Veterans Memorial Hall Dinner menu will be Freddy Krueger Fish and Jason Fries with hush puppies and coleslaw. It will start at about 5:30 p.m. at 1305 North First St. for \$12 (\$13 would include a \$1 tip and be more appropriate for the date, though.)

Sip and Shop

On Sunday, Sept. 15, from 11 a.m. to 5 p.m., four women-owned businesses consisting of three boutiques and one wine bar in downtown Dixon will be celebrating their businesses: Sofia & Grace; Bobtail; Tres Bandidas; and The Pip. They are all located on the main streets of First and A downtown and are all opening early on a Sunday to celebrate camaraderie and 'pimp' some fun, announced Amy Grabish in her fall newsletter. Each of the shops will have specials all day long culminating with a prize drawing at the end of the day. For more information go to thepipwinebar.com.

City Council

The Dixon City Council will be meeting on Tuesday, Sept.17 at 7 p.m. at City Hall, 600 East A St. in the Council Chambers. For the agenda, please go to cityofdixon. us and under the government tab, click on Council, then you will be able to get to the agenda. For more information, call City Hall at (707) 678-7000.

Senior Resource Fair

The advocates for Dixon Seniors will be presenting their 24th annual Senior Resource Fair on Saturday, Oct. 19 from 10 a.m. to 1 p.m.

This annual event features a variety of information and resources on safety, health care, transportation, utilities, fitness, nutrition, recreation and many local resources available for senior citizens.

The event is free to the public and will be held at the Dixon Senior and Multi-Use Center at 201 South Fifth St. in Hall Park. There will be light refreshments, raffle prizes, and lots of fun honoring Dixon seniors. Interested vendors must apply through a committee and may contact MaryLou Batchelor at (916) 847-0778 or email jr0904@sbcglobal.net.

Veterans Fundraiser

A dinner, raffle, and a dessert silent auction will be held on Saturday, Sept. 21 at the Veterans Memorial Hall, 1305 North First St., the no-host bar will open at 4 p.m. and dinner will be served at 6 p.m. It will include Tri-tip or chicken dinner with all the fixings plus dessert. Tickets are \$30 each or \$55 for two or a table for eight may be purchased for \$220. Email alpst208@aol.com or get your tickets on Friday evenings at the hall.

Volunteer in Dixon!

The movers and shakers of Dixon will all be out in force at the Mixer of Nonprofits on Thursday, Sept. 25 from 5:30 to 7 p.m. at the Dixon Chamber of Commerce. Nonprofit groups and service clubs are the lifeblood of our community! They improve the quality of life in the Dixon community in so many ways.

At least 12 to 15 nonprofits and service clubs will be present. Come and find out who they are, what they do, and how you can get involved and help make a difference in this community. It will be at 220 North Jefferson.

Toiletries Drive

The American Legions Post 208 in Dixon is holding a Toiletries Drive for new shampoo, conditioner, combs, bar soap, disposable razors, lotions, toothbrushes, toothpaste, dental flow, disposable wipes, socks and blankets for veterans and homeless.

The drive will be Nov. 8 and Nov. 15 from 2 to 7 p.m. at the Veterans Hall, 1305 North First St. For more information, call (530) 304-5385.



Employment Opportunities

We Are Hiring in Dixon and West Sacramento

Opportunities at Messenger Publishing Group

Office Administration - We are seeking a part-time administrative support person in our Dixon office. Work hours are between 8:30 to 5:00 Monday through Friday (flexible). Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. Candidates must be proficient in Office 365 and standard office operation programs.

City Reporter - We are seeking a parttime City Reporter in Dixon and in West Sacramento. This position works directly with the Managing Editor in our main office. Work hours are flexible depending on assignments. Previous reporting experience is required. We are also seeking freelance writers in both cities.

Newsstand Delivery Driver - West Sacramento - We are seeking a part-time Newsstand Deliver Driver for our newspaper in West Sacramento. This position works from the West Sacramento office and delivers to our locations in the City of West Sacramento. Delivery is every week on Thursday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

MPG is an Equal Opportunity Employer.

Email your resume to Publisher@MPG8.com

MEMORIAL

JOÃO PESTANA • 3/9/1932 - 8/16/2024

next to.

João is survived by his nephews. brother José, his sisters Segunda. His children João Eduardo A. Pestana, Emanuel A. Pestana (Gladys), Luis Terceira, Acores, Portugal, as

merly of Rensselaer, New and his only daughter Maria York, passed away peaceably Filomena Prudhomme (Frank). at home in Dixon, California Grandchildren Emanuel B. on August 16, 2024. He was Pestana (Leah), Jeremy B. born in Sao Vicente, Madeira Pestana (Lei), Casandra Leigh Island, Portugal, he was B. Pestana, Amanda Squillari, the son of the late António Meghan Johnston, Andrew M. Pestana and Maria de Jesus. Squillari and Eric O'Francia. João is also predeceased Great grandchildren Carissa by his brothers Manuel, Pestana, Caden Pestana, Marculino, and Alexandre as Liam Pestana, Adalei Pestana, well as his sisters Teresa and Ezra O'Francia, Ezekiel Maria, in addition he is prede- O'Francia, Gianna O'Franciaceased by his youngest son Escobar, Russel Bennett, Alexandre, who he is resting Francesca Bennett. João is also survived by nieces and

João is a veteran of the Assuncao, Conceicao, and Portuguese Army and received an honorable discharge. He worked at Lajes Air Base,

João Pestana age 92, for- Carlos A. Pestana (Mia), a supply specialist. He immigrated to the United States with his family in 1973, he lived in Rensselaer, where he worked at Huyck Felt Mill Co. until August 31, 1984, when the company closed. He moved to Seattle, Washington where he worked as a home health care provider for many years before moving to Dixon, California, in 1995 to live with his son Emanuel and family. Relatives and friends

attended a funeral Mass at 10am on Wednesday August 28, 2024, at St. John the Evangelist and St. Joseph at 50 Herrick St., Rensselaer, NY, 12144. Burial followed at the Holy Sepulcher Cemetery 3rd Avenue Extension, Rensselaer, NY 12144.



INDEPENDENTVOICE.COM

ARREST LOGS UPDATED DAILY



Public Works Director Louren Kotow said the new LED lights are much more efficient and cost-effective. Photo Courtesy of the

Continued from page 1 more energy efficient and reduce electricity costs."

Kotow pointed out that the Hall Park tennis courts are exclusive in the City of Dixon's park system since "individuals and organized groups often use them for tennis and pickleball."

"It is important to provide lights at the tennis courts so they can be utilized year-round," Kotow said. "The tennis courts

Ford Mustang Celebrates 60 Years

provide a free recreational space for physical exercise and community activities. Local tennis and pickleball groups utilize this space for group recreation."

By reservation only, the city already provides the Salaber All-Weather Synthetic Play Field and the Jim B. Stevens Arena, offering indoor soccer and volleyball. Up to five other parks in the system provide outdoor eating, par course stations, and playground equipment, and are accessible to all.

The public works director said, "pending any unforeseen circumstances, the tennis courts are scheduled to reopen in October."

New Tennis Courts Get LED Lights Dixon History Mural Unveiled



Much jubilation was apparent at the official ribbon cutting of downtown Dixon's newest mural just outside the Dixon History Museum in downtown Dixon and painted by artist Colleen Gnos. About 60 individuals attended the special ceremony that featured members of the Fong family who are pictured on the mural and who are from the original owners of the little grocery store, Pardi Market (that is now the development of Pardi Plaza.) Dixon Historical Society President Kim Schroeder-Evans gave the history of making the mural happen and artist Gnos shared about the long endeavor to paint the story of her the town where she grew up. Photo by



Celebration Sunday, Sept. 15th at Ford Fairfield

FAIRFIELD, CA (MPG) - It's officially the 60-year anniversary of the iconic Ford Mustang and a Northern California Ford dealership is hosting a celebration to commemorate this legendary car.

Ford Fairfield News Release

Friends of Ford and Ford Fairfield are hosting the Mustang 60th Anniversary Cars and Coffee Event from 8:30 to 11 a.m. on Sunday, Sept. 15 at Ford Fairfield, 3050 Auto Mall Court in Fairfield.

The public is invited to bring and see Mustangs from 1964 through 2024 and pre-1973 Fords and all makes/models pre-1973. Visitors to this big event will enjoy Artisan Coffee, food trucks, Heritage Apparel, a photobooth and onsite

photographers to capture the day. The first 80 Mustangs

to arrive at Ford Fairfield receive a special gift. Whether you're a Mustang fan or just love the roar of a classic engine, this is the

For more details, call Ford Mustang at 707-421-3300.



Special guests at last week's mural unveiling were Carleton Fong (son of the late John Fong,) Darlene Fong (daughter of John Fong, who is now Darlene Young,) mural artist Colleen Gnos, and Bing Lee (brother-in-law of John Fong.) Photo by Nicolas Brown





- Live Music
- Food Trucks
- Games & More

The original host of HGTV's "Yard Crashers" will host demos/workshops and Q&A both Saturday and Sunday.

AHMED **HASSAN**



CELEBRITY LANDSCAPER















Dave Ramsey

Dear Dave,

My husband lost his job four months ago, and we're close to losing our home. I'm working three jobs trying to keep our heads above water, while he's "waiting for the right opportunity." I understand his feelings, but at the same time I've been encouraging him to find a job like delivering pizzas to help out. Should we continue this way, or should I quit my really hard job, and just let him take responsibility? I love my husband, and I hate the idea of losing the house, but this is driving me crazy.

Janet

Dear Janet,

Many guys are task-oriented, and if they're not careful, they can start defining themselves by what they do rather than who they are. So, when a guy, in particular, loses a job it can be a huge deal in his life and a massive blow to his ego.

Dave Ramsey Says

Time to Make Something Happen!

When I went broke a few decades ago, I had to re-think who I was in my own mind. I'd lost my business, and in many ways, I looked at that company as who I was. My identity was suddenly gone, and lots of guys go through that very same thing with a job loss.

If he's not willing to listen to you, I think you two need to sit down with a good, objective marriage counselor, because he's confused as to why he works. There are two reasons we work. One is to provide for our families. That's our primary job. The second reason is to exercise our callingthe reason we were put on this planet. But you can't accomplish the second one when you're not doing the first one. You've got to make sure your family has a place to live and food on the table.

Four months of a guy sitting on his butt like this is unacceptable. I don't want to hear about being over-qualified, or anything about a career path. Get a job and take care of your family! I don't care if it's cutting grass, shoveling snow or delivering pizza. In situations like this, you have to stand up, be a man and take care of your responsibilities.

I'm sorry if that sounds harsh, but it's the truth. Believe me, I get it. Sometimes people go through problems, and they need a break of some kind to work through the pain. I did a little of that when I went broke. But at the end of the day, we didn't lose our home because I was sitting around doing nothing. Even when I'd lost all my self-confidence. I still went out and tried to get things started again.

It's time for your husband to stand up, brush himself off and make something happen!

- Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.



BOOK REVIEW & SPECIAL EVENTS EDITOR • 🖾 amy-shane@att.net • 🕥 amy_fortheloveofbooks

Fantasy Reads to Take Your Breath Away

Filthy Rich Fae by Geneva Lee

What would you do to save your brother's soul?

Cate Holloway was raised with a clear rule: steer clear of the Gage family. They were a lethal crime family, but their beauty was equally devastating. However, when Cate's brother gets entangled with them, he quickly finds his life is at stake, and owing his soul to the Gage family.

With only one thing left to do, Cate knows she must beg the Prince of New Orleans for her brother's soul. There are so many problems with this plan. The Gate family is not only a known and feared crime family known for their deceit and trickery; they are fae, and they live by own set of rules.

Binding herself to Prince Lachlan might be



- ♦ Publisher: Entangled
- ♦ Intended Audience: Adult ♦ Release Date: June 25, 2024
- the only way to save her brother, but it plunges her into a whole new world

shrouded in secrets and mystery. Cate, however, has her own tricks up her sleeve and she is not one to go down without a fight. Yet fate has its own plan, and what starts as an insufferable, infuriating relationship soon turns into one of temptation. But what are Lachlan's true motives, and what will happen if they allow themselves to fall? Fall into the lush,

fanciful world of the Otherworld. Dark and forbidden the Otherworld, is here to tempt its readers with forbidden lore, nestled within the shadows of the fae world. Geneva Lee once again tempts her readers with a slow, burn, forbidden romance that she is known for, while turning up the heat with quirky banter, and strong likeable characters.

Set in the same world of Filthy Rich Vampires, Filthy Rich Rae is A Touch of Darkness meets A Court of Thorns And Roses waiting to take readers into their dark lush world.

Food & Farm

California Pears Hit Fresh Market as **Cannery Demand Plummets**

Packinghouses in California's pear-growing districts are running at full tilt as growers box more of their fruit for the fresh market this year and ship less to canneries. The pivot came after one of the state's two pear canneries, with weakened demand and inventory bolstered by last year's bumper crop, slashed its orders. Pear growers said the Walnut Creek-based cannery asked the farmers in the spring to undershoot their contracted tonnage some by as much as 45%. "They wanted as little as possible," said Ryan Elliot of Stillwater Orchards in Courtland.

Agricultural Officials Say State is Now Free Of Invasive Fruit Flies

State and federal agricultural officials have announced that they have succeeded in eradicating all populations of invasive fruit flies from California. Officials say the state's 2023 invasive fruit fly outbreak was the worst ever recorded. That led to a joint eradication effort by the California Department of Food and Agriculture and the U.S. Department of Agriculture's Animal and Plant Health Inspection Service. APHIS deployed hundreds of employees to join forces with CDFA and the agricultural commissioners for trapping, fruit removal and survey activities.

Growers Seek Guidance After Ban on Herbicide used in Vegetable Fields

Reacting to the emergency suspension of an herbicide used to control weeds in vegetable crops, farmers and agricultural representatives are asking for more guidance as the sector considers effective alternatives, disposal of existing inventory and potential liability issues. The U.S. Environmental Protection Agency acted on Aug. 6 to immediately restrict the use of Dacthal, which is used by growers as a preplant treatment in crops including broccoli, cabbage, cauliflower and onions.

Salinas Valley Research Seeks Answers to New Fusarium Stain Affecting Lettuce

Researchers say an unfolding trial may offer hope that lettuce varieties can soon be bred with resistance to a new variant of Fusarium wilt, which has recently appeared in farm fields in the Central Coast region. At a field belonging to vegetable producer D'Arrigo California, a study team is evaluating lettuce resistance to a new strain of Fusarium. Largely resulting from soil-borne pathogens, Fusarium wilt can cause lettuce plants to stunt and fail to form heads or result in seedlings wilting and dying. Lettuce plants suffering from water stress are most vulnerable.

The Games Gods Play by Abigail Owen with his own motives, and Imagine a deadly contest office clerk working for the

orchestrated by the Gods themselves – a high-stakes game where mortals are mere pawns playing in their favor.

But what if you, a mere mortal, were chosen to fight for a God, not just any God, but the dark and powerful God of the underworld, Hades?

That's exactly Lyra's problem. Once just a cursed

Order of Thieves with Zeus overseeing the city. And now she is stuck fighting in The Crucible for a ruthless God who doesn't do anything by accident. But what's even worse, is the way her heart flutters every time Hades calls her. It is enough to make her throw herself willingly into the ring.

A deadly game, a God

a heart that can't be controlled. The only thing for certain is that Death always wins – at any cost.

Percy Jackson meets Hunger Games in this Greek mythology-based fantasy that will leave readers on the edge of their seats and wanting more.

- ◆ Publisher: Red Tower
- ♦ Intended Audience: Adult
- ♦ Release Date: Sept. 3, 2024

Persons listed in this log from the Dixon Police Department are considered innocent unless proven guilty in a court of law. Only activities deemed significant by the Police Dept. are included.

DIXON POLICE LOG



Tuesday, Aug. 27

09:00 - CWS investigation.

22:50 - Suspicious vehicle report in the 200 block of North 1st Street resulted in the arrest of Alfred Hull (29) of Dixon for illegal possession of a loaded concealed firearm. He was transported to county jail.

Wednesday, Aug. 28

00:21 - Information report taken in the 1300 block of Ingrid Dr.

04:16 - Irwing Gutierrez (24) from Sacramento was arrested for trespassing, peeping, and resisting arrest and booked at the Solano County Jail.

08:50 - CWS related incident.

13:00 - Vehicle accident without injuries in the area of Stratford Ave and North Lincoln Street.

13:20 - Vandalism report at Hall Park. 1420 Hours- Vandalism to a vehicle report.

19:01 - Arson investigation in the 100 block of Dorset Dr. Two unknown juveniles set fire to an open field located next to a business.

Thursday, August 29

06:50 - Vandalism to a bathroom at Veterans Park.

07:50 - Vehicle accident in the area of South Almond and West A Street. 1000 Hours- Vandalism to a vehicle in the 400 block of South Jackson Street

17:57 - Information report in the 600 block of Calmace Dr.

20:54 - Brandon Muller (31) from Suisun was contacted in the 2500 block of West A St and found to have two outstanding warrants for his arrest for failure to appear. Muller was transported and booked at the Solano County Jail.

21:15 - Petty theft report in the 500 block of College Way.

21:36 - Confidential report in the 100 block of Early Dawn Dr.

22:03 - Evan Bowen (40) from Dixon was arrested for driving under the influence of a controlled substance in the 900 block of East A St . Bowen was transported and booked at the Solano County Jail.

23:27 - Information report in the 300 block of Vazquez Ct.

Friday, Aug. 30 **06:30** - Theft report from a business in the 200 block of East Dorset Drive.

09:00 - Threats report at Dixon High School. 11:55 - Confidential report.

Saturday, Aug. 31

22:36 - Report of a hit & run in the 700 block of West A St.

03:16 - Confidential report in the 900 block of Pembroke Way. 17:45 - Report of peeking/prowling in the 400 block of Ellesmere Dr.

19:52 - Report of a hit & run in the 1300 block of Commercial Way.

19:59 - Jesse Robinson (32) from Vacaville was arrested in the 800 block of N Adams St for three outstanding arrest warrants and providing a false name to a police officer. Robinson was transported and booked at the Solano County Jail.

Sunday, Sept. 1

10:00 - Vehicle burglary in the 700 block of Evans Road.

15:50 - Stolen iPad report in the 1800 block of Butterfly Lane.

20:57 - Report of a suspicious vehicle following another vehicle in the 1200 block of Stratford Avenue resulted in the arrest of Guy Hopes (37) of Vacaville for driving under the influence of alcohol. He was arrested and cited out to a sober individual. Monday, Sept. 2

Do You Need MPG **Your Legal Ads Published?** We can help. Call us now to place your legal advertising!

916-773-111

All legal ads published by Messenger Publishing Group.

WE SUPPORT FIRST RESPONDERS

13:00 - Assisted CHP with the apprehension of 5150 subject on West A Street and WB I-80.

Fast Food Workers Got a \$20 Minimum Wage, But Is It Working? It's Debatable



By Dan Walters, CALMatters.org

Every session of the California Legislature seems to produce at least one bill that generates high-octane political debate and media attention.

As the 2023-24 session winds down this week, Senate Bill 1047, which would impose rules on artificial intelligence developers, is generating fierce lobbying and drawing global interest.

During the final days of last year's session, the focus was on a very different issue — whether the state should impose a \$20-per-hour minimum wage for fast food workers and create a Fast Food Council to oversee working conditions.

A year before, Assembly Bill 257 created the council and empowered it to set an initial minimum wage of at least \$22 an hour, while assuming that franchised fast food outlets were subsidiaries of the parent company, rather than independently owned.

The fast food industry responded with a referendum that, if ratified by voters, would cancel out the new law, thus renewing the debate in the 2023 session. A last-minute deal repealed AB 257 and substituted another measure, AB 1228, that dictated a \$20 minimum wage and removed what the industry considered to be a threat to the franchise system. In return, the referendum was dropped.

The \$20 wage took effect last April, but only after a new squabble erupted over which sellers of food would be covered, colored by a Bloomberg article alleging that Newsom had demanded an exemption to benefit a campaign donor who owns two dozen Panera locations in California.

Newsom declared that the story was "absurd" and gave assurances that Panera and other similar businesses would be covered. The businessman, billionaire Greg Flynn, also said he would honor the \$20 wage.

End of fast food angst? Of course not.

Six months after the \$20 wage took effect there's a new debate in political, media and academic circles over its impact.

Fast food prices have been increasing, but how much higher wages are driving the rise and how fast food operations have changed are two new issues.

This month, Newsom declared that California fast food outlets had created 11,000 new jobs since the law was signed.

"What's good for workers is good for business, and as California's fast food industry continues booming every single month our workers are finally getting the pay they deserve," Newsom said. "Despite those who pedaled lies about how this would doom the industry, California's economy and workers are again proving them wrong."

The industry didn't agree. "Every day you see headlines of restaurant closures, employee job losses and hours cut, and rising food prices for consumers," the International Franchise Association said in a statement. "Local restaurant owners in California are already struggling to cope with the \$20/hour wage, as the Fast Food Council considers additional wage increases. All the while, workers and consumers are feeling the pinch."

Brooke Armour, president of the California Center for Jobs and the Economy, an adjunct of the Business Roundtable, criticized Newsom's declaration as reflecting just one month of preliminary data and concluding, "Despite what some are saying, the data are clear: newly passed fast food minimum wage laws are leading to job losses in California."

Christopher Thornberg, founding partner of Beacon Economics, also was critical in an analysis of the state's economic trends. "California's well-intended push to reduce income inequality via wage floors is beginning to have a significant negative impact on some of our most vulnerable workers — our youth, particularly those from lower income households," Thornberg wrote.

What California has wrought in the fast food industry could be the harbinger of more direct regulation of other industries, and not just in California, for better or worse. It's not surprising, therefore, that its effects will be debated ad nauseam.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.



Riley Reviews

"REAGAN" A POLITICAL LOVE STORY: "THE SUMMIT" ON CBS PG-13

A Film and TV Review by Tim Riley

"REAGAN" RATED PG-13

Whatever one's opinion of President Ronald Reagan, he is a consequential figure in America's history. The Gipper is the hero for the Republicans in the same manner that Franklin D. Roosevelt and John F. Kennedy are his counterparts for the Democrats.

There are many fascinating things about the man who started his career in radio announcing Chicago Cubs games in Iowa before signing a studio contract in Hollywood to become an actor and later a labor leader as the head of the Screen Actors Guild.

The movie "Reagan," framed in large part through the voice of a former KGB agent (Jon Voight) when the Soviets first noticed his anti-Communist activity in Hollywood, touches on many aspects of his life, including his small-town Illinois roots and family life.

Dennis Quaid, starring as the adult titular character, shines as the Reagan who evolves as a candidate for California governor primarily on the strength of a nationwide televised speech on behalf of the losing presidential campaign of Senator Barry Goldwater.

More than just a political journey, "Reagan" is very much a love story, one that blossoms when the actor first meets future wife Nancy Davis (Penelope Ann Miller), who seeks his help to dispel a mistaken identity of being a Communist sympathizer.

The film opens with the assassination attempt on the President's life outside a hotel in Washington, D.C. As Reagan ends up in the hospital, he tells Nancy that he "forgot to duck" and asks the doctors who are about to operate on him if they are Republicans.

One problem for the film is that there is too much history to cram into a running time of two hours plus. As one fascinated by campaigns, I would have liked to have seen more coverage of his insurgent race for GOP nomination in 1976, and greater context on the match with Jimmy Carter in 1980.

However, with the KGB agent calling Reagan "The Crusader" because of his goal to beat Communism without firing a shot, we get to see some serious interactions with Soviet leader Mikhail Gorbachev (Olek Krupa) leading up to the fall of the Soviet Union.

A standout scene is President Reagan's speech in West Berlin in 1987, when he famously said, "Mr. Gorbachev, tear down this wall," a phrase that been opposed by the State Department and the National Security Council. The Berlin Wall came down in 1990 and a year later the Soviet Union fell.

Forty years ago, President Reagan won re-election in a landslide of epic proportions, carrying 49 states with the largest share ever of electoral votes. Only one other president managed a sweep of the same number of states.

In today's divided world, it's hard

to imagine anyone attaining that kind

of victory. Speaking of our political divide, it's interesting that according to Rotten Tomatoes, the audience approval is nearly universal while the disparity of the low-rating by critics surveyed is "Reagan" is an interesting portrait

of a popular commander in chief, and those old enough to have experienced the Reagan era are perfectly capable of formulating their own independent opinions.

"THE SUMMIT" ON CBS

Picture this: you are trekking through the vast and unforgiving landscape of the New Zealand Alps, subjected to terrifying obstacle and cutthroat interactions at every turn. Can you picture it? You only need to watch the new CBS competition series coming soon.

Sixteen contestants embark on a journev through the alps in an attempt to reach the peak of a towering mountain in just 14 days in order to keep their share of the \$1 million prize they are each carrying in their backpacks.

But not everyone will make it, as these strangers must work together to tackle the dangerous terrain, unforgiving Antarctic winds, heart-pounding challenges and gut-wrenching eliminations on their way to the peak.

Tracking them along this journey is the "Mountain's Keeper" who will surprise the trekkers with brutal twists and force decisions that complicate an already grueling ascent.

Morals and relationships will be tested when they must decide what to do if sometime falls behind, because if the group fails to reach the summit in time, all the prize money will be lost.

In the premiere episode, a medical emergency occurs just hours into the trek and the climbers face a perilous obstacle crossing a ravine, resulting in fears to rise as the "Mountain's Keeper," who is tracking them along the way, forces the group to make their first brutal moral decision.

Things don't get much better in the second episode. After an unexpected twist reverberates throughout the group, game plans shift as the contestants begin to tackle harder terrain.

While the trekkers are challenged with crossing an extremely rickety bridge, emotions surge as the "Mountain's Keeper" arrives with a shocking choice for the trekkers to make, leaving one person's fate hanging by a thread.

As you may imagine, challenges emerge with bad weather and the difficulty of a group adhering to the rules of "The Summit" which result in consequences.

Kings Korner By V.G. Harris



It's well known that the Sacramento Kings have gotten little love over the years from the NBA pundits, and almost everyone outside of the city of Sacramento for literally decades. We can argue the merits, but imagine my surprise when of all people, I hear Stephen A. Smith recently come to the Kings defense.

Stephen A. was asked the question, "are there any surprises that we can look for in the upcoming season?" His response was, "the sleeper team in the NBA this year is the Sacramento Kings."

Now as elated as I was to hear something positive about our hometown team, Stephen A. didn't go on and on about the merits of the team. He simply believed that a lot of people have it wrong, and that with the recent addition of DeMar DeRozan, the Kings are going to surprise a lot of people.

No surprise to Kings fans I can assure you. Sacramento embraces their team with a fervor that most cities could only hope for and is rarely seen. I think of the Seattle Supersonics and realize that many cities don't appreciate what they have, but I have never seen that behavior in the city of Sacramento.

Yes, we are proud of our Kings team, and the expectations for the upcoming season are reaching a fever pitch. If you have a seat for opening night, you're holding a valuable commodity, and whatever you do, don't sell it.

I believe that the introductions alone for the starting lineup are worth the price of admission, and this team will undoubtedly get a standing ovation that is well deserved.

Excluding the Sacramento River Cats, and the offing of the Oakland A's coming to town next year, the Kings have been the sole representative of major league sports for Sacramento and the surrounding region for over 35 years.

For many years the hope of a season ticket was a pipe dream, and you could count on waiting 3-5 years. Sold out crowds every night would eventually translate into the Kings setting attendance records, and that with teams with a subpar

winning record. DeMar DeRozan cannot come to town

and do it alone, and he isn't expecting to!

De'Aaron Fox and Domantas Sabonis are not the only Kings that will vie for a spot on the all-star team this year, and I look for former NCAA scoring champ and three-point specialist Keegan Murray to put a stamp on his lofty #4 pick by the Kings two seasons ago.

Many were critical of Murray's selection, but a credible rookie season silenced most critics. Last season was a bit of a mixed bag, but I saw a young NBA player adding to his repertoire by developing his mid-range game and interior play significantly. Add to that rebounding at a higher clip and becoming more defensive minded, it makes me think Keegan is about to put it all together.

Everyone knows what we have in De'Aaron Fox and Domantas Sabonis, so while they consistently live up to expectations, have they reached their ceiling yet? I don't think so, but let's wait and see how much Mr. DeRozan can tip those scales.

Is there a number of wins that Kings fans are wanting, or even expecting? I hear the number 50 all the time and if that number is right, Sacramento fans are in for a real treat this year.

Recent acquisitions and trades have been tepid at best, but I am excited about the team assembled right now.

Little has been said about Orlando Robinson since he was acquired as a free agent, but at 6'10" and 235 lbs., I'll be watching intently as he interns under Mr. double-double Domantas Sabonis, and at the ripe old age of 24, Orlando has plenty of time to show Sacramento fans what his upside looks like. Many players, some future hall-of-fam-

ers such as Kawhi Leonard, came into the league but took several seasons to find their stride, so I am hopeful that Orlando's time in Miami has been well spent, and what he needs now is a team that will give him the floor time he's looking for. As always, stay tuned Kings fans.

Training camp is less than 30 days away and the action is about to begin. All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com

Be a part of something important **Local Writers Wanted**

We are looking for local Freelance Writers

to provide great coverage.



 \mathbf{PG} Call us today at 916-773-1111



Publisher, Paul V. Scholl

is a member of Messenger **Publishing Group** To submit your articles,

Dixon Independent Voice

information, announcements or letters to the editor, please email a Microsoft Word file to:

Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us

at (916) 773-1111.



Serving Dixon and Solano County since 1993

It is the intent of the Dixon Independent Voice to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Dixon Independent Voice is not responsible for unsolicited manuscripts or materials. The entire contents of the Dixon Independent Voice are copyrighted. Ownership of all advertising created and/or composed by the Dixon Independent Voice is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to: Dixon Independent Voice 100 N. Adams, Dixon, CA 95620

Subscription rate is \$52 per year within Dixon and Solano County. \$72 per year (Mail only). Main Office Address: 7144 Fair Oaks Blvd., Suite #5,

Carmichael, CA 95608. Call 916-773-1111 for more information. The Dixon Independent Voice is published weekly on Friday.

We are proud members of these newspaper associations.







UC Davis Alumnus Discovers New Species of Praying Mantis

By Kathy Keatley Garvey, **UC Davis Department** of Entomology and Nematology

DAVIS, CA (MPG) - He never expected to discover a new praying mantis species.

But a juvenile mantis that UC Davis alumnus Lohitashwa "Lohit" Garikipati collected on a 2019 trip to Madera Canyon, Arizona, proved not to be the commonly known California mantis, Stagmomantis wheelerii, but a new species.

It all started when Garikipati, now a newly enrolled doctoral student at the Richard Glider Graduate School at the American Museum of Natural History, joined his friends and fellow entomologists to collect specimens on multiple trips to southern Arizona.

"That individual that I collected in 2019 failed to molt to adult," Garikipati said. "In subsequent years, I went back looking for a similar individual, but with no luck. It wasn't until Peter Clausen (a citizen scientist in Sonoita, Ariz.) sent me an adult female that I had the inkling it might be a new species."

Subsequent research, spanning comparative morphology, citizen science contributions, and captive observations, resulted in a mantis researcher's dream: he'd discovered a new species.

His newly published research, "Description and Total Ontogeny of the Sonoran Tiger Mantis, Stagmomantis clauseni sp. nov., and Key to the Subgenus Nigralora (Mantodea: Mantidae)," appears in Zootaxa at 10.11646/zootaxa.5501.1.4.

He named it Stagmomantis clauseni, in honor of Clausen. Its common name, "Sonoran Tiger Mantis," refers to its locality, aggressiveness and coloring.

"Peter is one of the founders of hobbyist pages like mantidforum.net that I joined as a kid and learned quite a bit about mantises from other hobbyists around the world," Garikipati said. "He also continues to participate in research in a citizen science capacity by helping researchers by collecting and documenting specimens from Arizona and surrounding areas." Clausen is on Instagram at https://www.instagram.com/bugsincyberspace/.

The Sonoran Tiger Mantis is "a really aggressive species and will stalk prey from pretty far away!" Garikipati said. "The tiger portion of its name comes from the pretty active nature of this species, as it tends to move around and forage rather than remaining still for large periods of time, compared to other mantises. When threatened, they will readily hold their ground and flash their bright hindwing coloration and abdominal striping, bare their mandibles, and strike at aggressors."

The coloring? To be specific, "this species has bright orange/ gold on the inner margins of the forecoxa and ventral margin of the propleuron and has



The new species of praying mantis, Stagmomantis clauseni, or the common name, Sonoran Tiger Mantis, that UC Davis alumnus Lohit Garikipati discovered. Photo by Lohit Garikipati

bright black banding along the posterior margin of the first few tergites (dorsal segments) of the abdomen. All those things immediately made me think of a tiger."

Garikipati further describes S. clauseni as "a low-foliage predator, staying close to the ground in 5 feet or less vegetation. "It's able to weave within and around tight or dense foliage in the desert and will absolutely chase down prey using its long legs. They're pretty aggressive, so even insects—and potentially small vertebrates similar or slightly larger in size--would be on the menu!"

Garikipati said the species "tend to lay their oothecae (egg cases) near each other, which is atypical for most mantises. And they usually lay their egg cases under rocks."

With Garikipati's discovery, there are now 28 described native species of mantises in the United States. "And more are likely," he points out. "There has not yet been a comprehensive genomic or even genital comparison of mantises in the United States, so there may be many cryptic (obscure) species, especially since all native species have flightless females and, in some cases, flightless males."

Globally, the number of described mantis species is estimated at 2500. Mantids inhabit every continent except Antarctica. Carl Linnaeus, the father of modern taxonomy, named the first described mantis as Mantis religiosa because the insect appears to be praying when its front legs are resting.

Females of most mantis species live six to 12 months, Garikipati says, while the males have a shorter life span, especially when they lose their head (sexual cannibalism). In the tropics mantises live longer; the female lifespan is an estimated two or three years.

Lohit became fascinated with insects as a child growing up in Pleasanton, Alameda County. At first, lady beetles (aka ladybugs), drew his attention. But mantises soon took over. "They really



captured my attention because they were much more interactive compared to other insects--primarily because they are very visual animals--and their predation strategy is just really cool. Add on some great camouflage and behavioral variation with very little research done on this group and the allure of curiosity would probably be hard for many people to ignore!"

Lohit holds a bachelor's degree in entomology (June 2019) from UC Davis, where he worked as a lab assistant for Professor Jason Bond before and after his graduation. He helped curate the mantis collection at the Bohart Museum of Entomology and shared his expertise at the Bohart Museum open houses, where he showed his personal collection and fielded questions.

Lohit received his master's degree from Towson University (TU), Maryland in June 2024, completing his thesis, "Prey Capture in Hidden Predators: **Examining the Strike Kinematics** of Praying Mantis Ecomorphs."

Now studying for his doctorate in the comparative biology program at AMNH, he's a member of the laboratory of major

professor Jessica Ware. Looking back, Garikipati marvels at how it basically took a village to find the new species. "This species "is very special--not just because it's a new species but also because it involved many friends and colleagues in different facets that helped make it happen. For example, I wouldn't have collected that specimen in 2019 if Joel Hernandez (UC Davis alumnus) hadn't invited me to tag along to Arizona, which wouldn't have happened had I had not started working at the Bohart Museum of Entomology, and thanks to Lynn Kimsey (UC Davis distinguished professor and then Bohart director) for taking me in! Alex Nguyen (UC Davis alumnus) collected an additional paratype, and other citizen scientists also raised specimens of this species to provide behavioral data and confirm that captive-raised individuals fell within the size range of wild collected individuals, suggesting little to no effect of captive rearing on size."

"It's very much a love letter to the capability of citizen scientists and hobbyists to understand animals that are infrequently encountered," Garikipati said. "This species is very uncommonly seen, despite its relatively expansive range. But thanks to citizen science and hobbyists we can generate far more replicates and collect behavioral and life history information that may take multiple field seasons otherwise!" Garikipati is one of few aca-

demic researchers in the United States who study praying "In the U.S., the TU Mantis

Lab that I just graduated from is really taking the lead in examining mantis behavior and physiology," he said, "and I believe there is just a few active mantis systematists here, though I haven't seen articles from them as frequently in recent years."

Garikipati's field work on mantises extends to Belize, South America and Guyana. "Nowhere else yet but I am aiming to do some field work in South Africa, Australia, Madagascar, and India if opportunities arise!"

Lohit has reared and studied mantises for 16 years. "In the entire time I have probably reared more than 60 species, though I stopped counting, so it could be higher. I presently have around 10 species—the ones I am describing or have other behavioral projects planned for!"

Of the species in his collection, Choeradodis sp. is his favorite. "They occupy a niche few invertebrate predators typically do--leaf top mesopredators in the tropics. So, they are occasionally found in the wild with insect remains of course, as well as those of smal llizards like anoles."

His mantises feed on Turkestan cockroaches, Blatta lateralis, also known as Periplaneta lateralis, that he rears. He does not feed them crickets. "The roaches cannot climb the plastic containers, and they cannot jump like crickets," he says.

He photographs the mantises with his Nikon 3200, mounted with a 90mm macro lens, and a Cygnustech Diffuser.

His research on S. clauseni is his fourth publication. His partner, Nicole Williamson, now a project scientist at an environmental consulting company, created the distribution map for the manuscript.

Noted science communicator Alie Ward featured him May 22 on her popular podcast, Ologies. (See https://www.alieward.com/ ologies/mantodeology).

"When a mantis expert is quoted in the media, there's a good chance it's him," Ward said, adding that she follows him on Instagram, @Mantodeology. He has nearly 19,000 followers.

"Get your fill of mantid mythology, evolutionary gossip, sexual cannibalism, mantis motherhood, their alien egg cases, huge eyes, pet advice, and why they can show you the way to hell with this delightful entomologist, UC Davis entomology graduate and longtime keeper of mantids," she teased. "You'll lose your mind, but not your head."

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

ADVERTISING LEGAL Dixon's Independent Voice Adjudicated For and By the County of Solano

Adjudication No. FCS030046–November 24, 2008

Legal Advertising Carmichael, CA 95609

is conducted

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME S FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-001268 The following persons are doing business as: Jackys Mexican Restaurant & Bar, 127 North First Street, Dixon, CA 95620. Maria Plascencia, 2205 Sweeney Drive, Woodland, CA 95776.

Date filed in Solano County: August 13, 2024. The Registrant commenced to transact business

under the above business name on: August 13, 2024 This Business is conducted

by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 12, 2029. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the state, or common law (see section 14411 ET SEQ., business, and professions code.) . Publish: August 23, 30, Sept 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-001256 The following persons are doing business as: Ray's Kitchen, 645 N 1st Street, Dixon, CA 95620. Rehman Saeed, 645 N 1st Street,

Date filed in Solano County: August 12, 2024. The Registrant commenced to transact business under the above business name on: N/A

Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new ficti-

tious Business name statement

must be filed before the expiration August 11, 2029. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal. state, or common law (see section 14411 ET SEQ., business, and professions code.) Publish: August 23, 30, Sept 6, 13, 2024

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024-001272 The following persons are doing business as: King of Pottery, 320 E Tabor Avenue Apt 09, Fairfield, CA 94533. Alejandro Cornelio Victoria, 320

E Tabor Avenue Apt 09, Fairfield, Date filed in Solano County:

August 14, 2024. The Registrant commenced to transact business under the above business name on: August 14, 2024 Business is by: An Individual. NOTICE: In

Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expirés 40 days

after any change in the facts set

forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 13, 2029. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.) Publish: August 23, 30, Sept 6, 13, 2024

FICTITIOUS BUSINESS NAME

STATEMENT FILE NO. 2024001309 The following persons are doing business as: North Bay Speech Masters 3038, C/O Cogir of the North Bay, 2261 Tuolumne Street, Vallejo, CA 94591. California Maritime Academy Toast Masters, 512 Fortuna Court, Suisun City, CA 94585.

Date filed in Solano County: August 22, 2024. The Registrant commenced to transact business under the above business name on: January 1, 2023

than a Partnership. NOTICE: In

Accordance with subdivision (a) of

section 17920 A Fictitious Name

This Business is conducted by: An Unincorporated Association other

the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 21, 2029. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section

Statement generally expires at

14411 ET SEQ., business, and professions code.) Publish: September 6, 13, 20, 27, 2024 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2024001277 The following persons are doing business as: Ryan's Automotive Service Center, 1203 North Texas Street, Fairfield, CA 94533. Ryan's Automotive Center, 1203 North Texas Street, Fairfield, CA

94533. Date filed in Solano County: August 15, 2024. The Registrant commenced to transact busi-

ness under the above business

This Business by: A Corporation. NOTICE: In

name on: N/A

Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 14, 2029. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.) . Publish: September 6, 13, 20, 27, 2024



Gallagher Demands Answers on Undemocratic End of Session



James Gallagher

Assembly Republican News Release

SACRAMENTO, CA (MPG) - On Sept. 9, Assembly Republican Leader James Gallagher (Yuba City) demanded answers from the Assembly Rules Committee in the wake of several parliamentary violations that crushed debate and caused chaos at the end of the 2024 legislative session. In the final hours of the ses-

sion, Democrats illegally amended the Assembly's rules to limit debate on bills to just 30 seconds per person and refused to recognize multiple Republican lawmakers attempting to speak on behalf of their constituents.

Additionally, Democrats repeatedly and improperly ignored motions to permanently adjourn the special session convened to take up Gov. Newsom's gas storage mandate proposal.

"A vital part of a thriving democracy is fair and equitable debate. The people of California didn't get that this year," said Gallagher. "Californians deserve an investigation into the unlawful and undemocratic actions taken by the supermajority that silenced Republican voices and

stamped out important discussions. We're elected to provide a voice for our constituents if Democrats continue to run the Assembly as chaotically and unfairly as they did, that can't happen. Our constituents deserve answers."

On top of Democrats' actions to silence Republican lawmakers, poor time management and political squabbles led to a frantic rush to consider dozens of bills in the final minutes of the legislative session. Despite spending hours on ceremonies and speeches, adjourning early the night before, and not convening until 2:30 p.m. on the final day of session, legislators crammed through bills with little to no debate while multiple other proposals failed to meet the midnight deadline for passage.

A copy of Gallagher's letter to the Assembly Rules Committee calling for an investigation is available https://www.dropbox.com/scl/ fi/ysjjs94vcs0bjkgl2isc5/Requestto-Investigate-Floor-Actions. pdf?rlkey=5z2fwdk4fgxo-406jflb6f084p&e=1&dl=0 ★

Local Classifieds Advertise in your local community newspaper Call 916-773-1111

Announcement

Eliminate gutter cleaning for-ever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

Advertising Works!

Autos Wanted

DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN

AN UNWANTED CAR??? DONATE IT TO PA-TRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veter-ans find work or start their own business. 408-6546 Call 24/7: 1-855-(Cal-SCAN)

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriot-Recogida rápida y ic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-855-408-7368 (24/7)

Autos Wanted

Get a break on your taxes! to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-844-491-2884 today!

Cellular Plans

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/ call 1-844-908-0605 (Cal-Scan

Elder Care

GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per Available 24/7 nationwide. BBB Rated A+ Business. Call GoGo to get started. 1-855-476-0033 (Cal-SCAN)

Financial

Struggling with debt? If you have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860 (Cal-SCAN)

For Sale

V-8 (Cadillac Engine) in 1995 Oldsmobile Aurora. 64,000 original miles. Must take whole car. Transmission is no good. \$500 or best offer. Call 530-742-9144 and leave mes-

'84 Corvette, 88,000 miles, engine is extremely strong, 4 speed tranny, get's up and goes. Interior needs work. Primered. First \$2,000 drives it away. 530-742-9144 leave message. (TFN)

Suzuki XL-7 SUV: Perfectly maintained family car; 7-passenger with two rows of folding seats; luxury interior; no accidents 135K miles; 2006. Asking \$4,900. Call (707) 678-

Health/Wellness

Attention: VIAGRA and CIA-LIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (calscan)

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome)
Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com (TFN)

Independent Voice

Insurance/Health

DENTAL INSURANCE from Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental50plus.com/ calnews #6258

Home Remodel

Jacuzzi Bath Remodel can install as little as one day. For a limit-ed time, waving ALL installation costs! (Additional terms apply Subject to change and vary by dealer. (Offer ends 12/29/24.) Call 1-833-985-4766 (Cal-SCAN)



Home Remodel

Safe Step. North America?s #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749 (Cal-SCAN)

BATH & SHOWER UP-DATES in as little as ONE DAY! Affordable prices payments for 18 months! Life-time warranty & professional installs. Senior & Military Discounts available. Call: 1-877-252-9868

Home Repair

WATER DAMAGE CLEAN-UP & RESTORATION: lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call! (Cal-SCAN)

Home Warranty

Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANC-ES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call:1-855-411-1731 (CalSCAN)

RETURBED COUPLE

V.I.P. TRUST DEED COMPANY Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING

Principal (818) 248-0000 Broker
WWW.VIPLOAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217 Private Party loans generally have higher interest rates, points & fees than conventional discount loan

Landscaping/Maintenance

RESIDENTIAL, COMMER-CIAL, HANDYMAN, MANY FIELDS: Irrigation (manual or automatic) installation or repair; cement, mow strips, masonary (walls & columns), retaining walls; fence installation (wood, vinyl, chain-link, iron); plumbing; mowing, edging, clean-up, hauling; pruning (all kinds of fruit or shade trees); tree removal, rock, bark or sod. Call Andy 530-701-8098.

Miscellaneous

DID YOU KNOW Newspavaluable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com

Miscellaneous

difference in winning losing market share is how businesses use their advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Real Estate

RETIRED COUPLE for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call cipal DRE 01041073. No consumer loans.



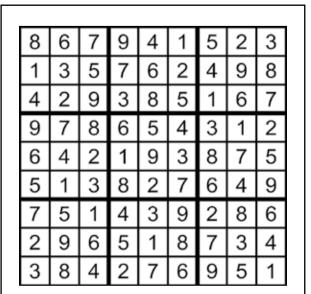
Н S O H|A|R|S B | I | N | G Ε R Ε C Α 0 Ρ G 0 S S В R P R Ν 0 O R 0 R 0 R Q M O 0 Υ Ε R Ε Ε K Ν Ε Ε S S Ν D D S Ε Ε Α F W M Ε S R Ε Α Ε G Ε В В M S Ε Ν S G O

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!



916.773.1111





STATEPOINT CROSSWORD • FALL'S IN THE AIR

CLUES

ACROSS 1. Furry bamboo

100-meter race, e.g.

15. Chap

16. Will alternative

19. *Cause for fall

24. Hawaiian tuber

30. *Pumpkins and

35. "Give me your tired,

__Free," movie

39. Disdain 40. Caribbean color

weather

65. Cell phone bill item 66. Bar association

69. Begin, began,

73. Stiff grass bristle 74. "Hobby" animal

1. Beckham of "Spice Girls"

3. Not far

7. *Cushion for certain seasonal ride

8. Naked protozoa

10. ____ bowl, frozen dish 11. Largest human organ

12. Precedes Kong

24. Wood-eating house hazard

27. Phil Collins' "_

Mv Heart" 29. *Maze plant

32. Wide-____ notebo 33. *Like leaves in fall

34. Stall call

tool 38. Not any

42. Extend subscription

consumer 6. Cuban dance syllable

shaped moldings

14. Excessively theatri-

17. Sailor's affirmative 18. At full speed

celebration

21. *Apple-related game 23. European Union, acr.

25. Pen on a farm 28. Color of a bruise

squash, e.g.

your __ 37. "

about lions

41. Shiny suit 43. Spaghetti aglio and

44. Peevish 46. Half a round, in golf

-do-well 48. Battles royale 50. Change for a twenty

52. Banned insecticide, 53. *Back-to-School

55. Hermey the Dentist

57. *Apple sauce 61. *____ weathe

68. Wombs

70. Cut grass 71. Romanov rulers 72. Command with "at"

DOWN

2. Turkish honorific

4. Look into 5. In the Land of Nod 6. Online conversation

9. Obtuse, as in person

15. Hindi courtesy title, pl.

20. Modern-day aqua-lung,

25. Involuntary contraction 26. Chef's headgear

31. Upward and onto

36. *Much-used fall garden

45. Unquestioning ones 49. Fraternity house

CROSSWORD

35 40 48



CALL CONSUMER CELLULAR 888-804-0913

© StatePoint Media 51. Miss Marple, e.g. 54. "Is Your Mama a

56. Dom DeLuise in 1980 57. Rubik's puzzle

58. Away from port 59. The state before riches? 60. Malaria symptom

61. Saw, sawed, _ 62. Drop of sorrow 63. Makes a mistake 64. Precedes shine 67. Gift topper

Call today and receive a FREE SHOWER PACKAGE PLUS \$1600 OFF SAFE STEP 1-855-576-5653 1 8 5 4 8 4 3 6 7 9 7 8 5 2 6 4 9 5 9 6 2 6 2 1 Fill in the blank squares in the grid, making sure that every

mn and 3-by-3 box includes all digits 1 through 9

Invites Service as Birthday Gift



Russell M. Nelson

By Heidi Bay

DIXON, CA (MPG) - As Dixon resident Luisa Nye becomes a helping hand for fellow Dixon residents through YoloCares, this month, her heart will be giving a birthday gift to The Church of Jesus Christ of Latter-day Saints president Russell M. Nelson, who turns 100 years old on Sept. 9. Reaching out to the one who needs help is all that he asks for as a gift for this momentous birthday.

"One of the places where the Savior used the number 100 in the scriptures was the parable of the lost sheep. Though 99 of his flock were safely

by his side, the shepherd went in search of the 1 who was lost," Nelson said recently. "I have no need of physical gifts. But one spiritual offering that would brighten my life is for each of us to reach out to 'the one' in our lives who may be feeling lost or alone."

Nye feels that this a wonderful call for she and her husband Ben. She said they both "feel strongly about reaching out to individuals that might need help." They have enfolded more than 20 kids in their loving embrace as foster/adoptive parents over the past 15 years. Nye has also found that YoloCares is a really workable way to share if you don't have a lot of time. "If you have a couple of hours a week to help the elderly or those who need a companion or help with simple tasks around the house, YoloCares is a great way to share your love," she said.

Another way to serve here in Yolo County is the monthly third Thursday Humanitarian Day, which invites the community to come together from 1 to 9 p.m. to do everything from wrapping diapers for the Yolo Diaper Bank and packing lunches for Empower Yolo, to making toys like sock monkeys to fill comfort bags for children in the foster care system. The event is being held at the LDS Church meetinghouse at 850 Pioneer Ave. in Woodland.

See https://woodlandwemm.org for more details. A number of other local opportunities to serve can be found on justserve. org, a free website and app.

A special broadcast in honor of President Nelson will be held on his 100th birthday, Sept. 9 at 4 p.m. Mountain Daylight Time. It will be available to watch live stream on Broadcasts. ChurchofJesusChrist.org, the Church's YouTube channel, and the Gospel Stream app. The event will also be available for on-demand viewing on YouTube, Gospel Media, and the Gospel Stream app.

LDS Church President Turns 100, Women's Club Kicks Off New Year

Continued from page 1

Unified includes being bold and innovative and relentless about student achievement and equity; crafting plans with the community that works for the community; and building and retaining a strong team. His goal is to put Dixon on the map as a "Destination District."

The first Dixon Women's Improvement Club meeting will start at noon with the board and committee chairs providing members and guests with a salad luncheon, followed by the presentation.

Other officers and committee chairs are President Teri Brown, Recording Secretary Ashley Alvarez, Treasurer Cindy Heeney; Corresponding Secretary and Sunshine Chair Pat Inderbitzen, Financial Reviewer Martha Dukes, Jeannie Bei for the Dixon Women's Improvement Club Rose Garden; Historian Pamela Marks, Membership Chairs Angela Remides and Binky Rowe, and Scholarships Chair Diane Schroeder.

The Dixon Women's Improvement

Club officers welcome new members

and hopes the variety of presentations

this year appeal to all. New membership fee is \$40 per year. The group meets on the third Wednesday of each month in the Fellowship Hall of the Dixon United Methodist Church at 209 N. Jefferson.

If one enjoys the camaraderie of good friends and is interested in joining, contact Membership Chairs Rowe at 707-301-1673 or Remides at 707-688-2704.

Solano County to Open Fish and Wildlife Propagation Fund Grant

Solano County News Release

SOLANO COUNTY, CA (MPG) - Solano County Parks, in coordination with Solano County Parks and Recreation Commission, is pleased to announce the official launch of the fiscal year 2024-2025 Fish and Wildlife Propagation Fund grant cycle, which began Sept. 7.

The Solano County Fish and Wildlife Propagation Fund, under the direction of the Solano County Board of Supervisors, uses funds from fish and wildlife related fines and forfeitures in Solano County for projects and programs involved in the protection, conservation, propagation and preservation of fish and wildlife.

The fiscal year 2024-2025 (FY2024/25) grant cycle is funded for up to \$10,000 with a maximum grant request up to \$2,500 with no match requirement necessary. Grant funding is available to units of government, including special districts organized under federal, state, or local laws, accredited educational institutions, and private non-profit with current 501(c) (3) status. The impact of these grant dollars can be large, with past funded projects including support for environmental education materials for classrooms, field trips, habitat restoration and protection, and wildlife protection and recovery work.

Download An Application / Questions Starting September 7, the application materials can be found on the Solano County Parks website at https://www. solanocounty.com/depts/rm/countypark/ grants.asp. Applicants can also request a copy of the application materials and ask questions by contacting Chris Drake, Solano County Parks Services Manager at (707) 784-6765 and CRDrake@

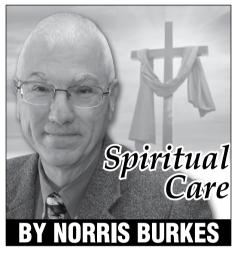
To Apply for Grant Funding

SolanoCounty.com.

To apply for funding, submit one un-bound application by or before Monday, Oct. 7 at 5 p.m. to the Department of Resource Management, 675 Texas St., Suite 5500, Fairfield, attention: Chris Drake, Parks Services Manager. Once submitted, applications are given to the evaluation committee to assess and rank against the criteria included in the application materials. Please note, emailed or faxed applications will not be accepted.

After evaluation and ranking, the committee will provide a recommendation to the Solano County Board of Supervisors who will make the final determination for funding.

Don't Tell it to the Chaplain the other side."



Last year I wrote a book called, "Tell It to the Chaplain." If you've seen it, then you're likely wondering why this headline makes the opposite

My title refers to certain phrases people use that cause me to jokingly reply, "Don't ever say that to a chaplain."

When they cock their head in search of an explanation, I tell them that I'm a retired healthcare chaplain and I may inject a totally different meaning into common sayings.

For instance, I once asked my photojournalism professor if he could stay after class to explain my new camera.

"I really can't," he said, "I'm on my

"Please don't say that to a chaplain," I replied. "'On the way out' means you're going to meet God."

"No - no. I have a faculty meeting," he said. "And God's not often there."

On another day, I ran breathlessly to an airline gate, only to be told by the agent, "They've already departed."

Ouch. Don't say that to a chaplain.

"Departed" describes someone who has taken flight to their celestial destination. At some point, chaplains call these folks the "dearly departed."

On a different occasion, my neighbors described how they moved out of the city into our forested lake community in the California foothills.

"It just feels like we're in a better place now," the husband blurted.

I winced at "a better place" since the

phrase most often describes the afterlife. In another example, I was walking with my friend, Roger, through a sports stadium when he abruptly stopped at a concession stand to buy a Pepsi.

"Keep walking," he said, "Meet me on

Of course, I knew he was simply asking me to meet him at our seats on the other side of the stadium.

But as a chaplain, he should have known that I'd make a heavenly inference that we'd not meet again until we got to the "Other Side."

Finally, I once stood on the banks of the Jordan River as our Israeli tour guide pointed toward the land "just beyond the river."

I nudged my wife and said, "I wish he wouldn't say that."

I started humming the refrain to Fanny Crosby's hymn, "Near the Cross."

In the cross, in the cross,

Be my glory ever;

Till my raptured soul shall find Rest beyond the river."

Becky groaned, recognizing this as ne of my favorite fragment

I jest with these phrases because I love puns, but I also appreciate them as a comforting way to remember the three

people I've lost in the past four years. My brother, the one I called "Brotherman," died of COVID in Dec. 2020. He was so full of conspiracy theories that he wasn't contented in this world, so I really do feel a sense of comfort knowing he's very much "in a better place."

And, as you know, I lost my mother last month. I thank all of you who sent me numerous messages and cards.

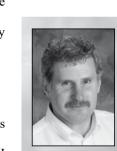
But most reassuring is how I still hear the notes of her operatic voice singing those Crosby hymns. "Near the Cross" was among her favorites, and I take consolation believing she's found her "rest beyond the river."

However, my most difficult loss came four years ago this month, when I lost my life-long best friend, Roger Williams. On the last day I saw him, we sat on his couch, shoulder to shoulder, the same way we'd stood for 45 years.

As we said our temporary goodbyes, I held his cooling hand and laid my head on his shoulder. Then, in between my sobs, I told him that I'd see him "on the other side."

"That's OK, Norris," he said. "It'll be all right." Soon he was asleep. Four days later, Roger died at 63 years of age.

So, sometimes all I have left to say is "See you, Mom. See you, Roger. See ya, Brotherman. I'll meet you all "in a better place," "on the other side" just "beyond



Dare to Live Without Limits

by Bryan Golden

S.N.I.O.P.

Are you a S.N.I.O.P.? A S.N.I.O.P. is a person who is susceptible to the negative influences of other people. This is a common syndrome. We all desire approval from others. Everyone has grown up being conditioned to be concerned about what others think.

Many people tend to be negative, finding problems rather than solutions. So, it's to be expected that the influence of other people is mostly negative. It's only when you pay attention to these negative people that a problem arises.

When you pay attention to those who are negative, a number of things will happen. First, you will alter your path to accommodate the negative input you receive. The result will be the lowering of your ambitions or the abandon of your goals altogether.

Next, you will get frustrated because you'll be adjusting your life to fit someone else's expectations. Even though you may get approval for your accommodations, any feeling of satisfaction on your part will be short lived at best. It's virtually impossible to be happy when you give up control of your life in order to meet another's expectations.

Thirdly, you will begin to doubt yourself. Since any dreams you have are bound to be criticized, the only way to avoid negative comments is to not pursue them. Yet, there are things you want to accomplish. A question you might yourself will be, "If everyone finds flaws with my ideas, is there something wrong with me?"

Once you lose your confidence, your aspirations will seem to become unattainable. Rather than reaching for what you truly desire, you will start making excuses to justify the abandonment of your goals.

If you are a S.N.I.O.P., it's imperative to change your thinking. In order to be in control of your life and destiny,

you must tune out the negative influ-

ences of other people. The path you

chose doesn't require anyone's approval. What's important is for you to be happy

with how you are living. Accept the fact that everyone will have an opinion about your life. The bigger your dreams, the more criticism you will attract. People will offer their thoughts whether you ask or not. However, if you do ask, you invite a flood of input. You can minimize criticism by being very selective when

sharing your ideas. When negative opinions are offered, it is OK for you to ignore them. You never have to explain your actions or justify your plans. Just because someone may challenge your reasoning, there is no

need to justify yourself. Ironically, the family and friends who are closest to you will offer the harshest criticism. These are the same people who know you well enough to really get under your skin. They understand exactly what buttons to push to get you

It will take a lot of self-control to let people's opinions roll off your back. But you have to do it. Engaging others will drain you of energy better spent on making good things happen. You don't have to fight with or insult anyone. Just thank them for their concern and change the subject. Remember, it takes two people to have an argument.

As you consistently refuse to become snared by other's opinions, they will stop offering them. It may take a while, but you will get to this point. Keep reminding yourself that the objective is reaching your goal, not paying attention to the negative influences of other people.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit www. BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. ©2024 Bryan Golden



Find out what's happening in your local area

Arrest Logs updated daily

INDEPENDENTVOICE.COM

FIRST RESPONDERS MPG

COMICS & PUZZLES





























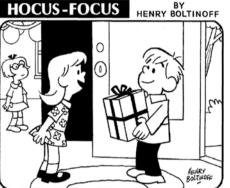














moved. 4. Bush is different. 5. Balloon is missing. 6. Arm is not Differences: 1. Present is smaller. 2. Sock is higher. 3. Girl is









by BUD BLAKE





"I'm willing to discuss the terms of my surrender, Mrs. Figby.'



BUSINESS & PROFESSIONAL DIRECTORY

CLEANING

S&Y Cleaning Services

Weekly · Bi-Weekly · Monthly · One Time Weekends · Move-Ins · Move-Outs

> Lots of References on Request **Gift Certificates Available**

(707) 689-6532

FREE ESTIMATES

PROPANE

We live where you live

We understand your propane service needs. **WEARE**



ALLIED PROPANE (707) 678-8500

1700 N. First Street | Dixon RobL@alliedprogas.com

CONSTRUCTION

ALBERTAZZI CONSTRUCTION INC

GENERAL CONTRACTING - CA LIC. #560820

Custom Renovations / Structural Work

(916) 257-5400 - Dixon since 1989

CONSTRUCTION

EST. 1978

PREGNANCY

Pregnant? Worried? We Can Help!

All services are free & completely Confidential. Info on Pregnancy. Adoption & Abstinence Post-Abortion, Miscarriage & Stillbirth Counseling

707-449-8991

Alpha Pregnancy Resource Center 138 S. Orchard St. Vacaville

FLOORING



1690 N. Lincoln Street • Dixon, CA 95620 (707) 676-5385

houseoffloors@att.net • www.houseoffloors.org

POWER WASHING



Robert Beard

916-825-0999

DUDEPRESSURE@GMAIL.COM

DUDEPRESSURE.SIMDIF.COM

SIDING **ROOF AUTO SERVICES** CAR WASH CARPET **SEATS** WAX **UV PROTECTANT**

HOME SERVICES

DRIVEWAYS PATIOS



*м*ес 916-773-1111

in the Local Classifieds

Allison Craig, DDS Anthony Craig, DDS

Maple Leaf Dental

Tuesday-Friday | Evening Appointments Available

1300 N. Lincoln Street • Dixon, CA (707) 678-9296

Be a part of something important **Local Writers Wanted**

We are looking for local Freelance Writers to provide great coverage.



Call us today at 916-773-1111

for Local News and much more!

Dixon Independent Voice



Facebook: @DIVMPG8

Suicide Prevention Month Can Save Lives

By MPG Staff

NORTHERN CALIFORNIA (MPG) - September is Suicide Prevention Month, a time to raise awareness and discuss this urgently increasing crisis, according to NAMI (National Alliance

on Mental Illness).

NAMI has somber statistics: suicide is the second leading cause of death among those aged 10 to 14, the third leading cause of death among those aged 15 to 24 and the 12th leading cause of death overall in the U.S.

Or, as the U.S. Department of Health and Human Services reports, more than 49,000 people in the United States died by suicide in 2022. That's one death every 11 minutes.

And millions more experience suicidal thoughts.

Suicidal thoughts can affect anyone regardless of age, gender or background, according to the NAMI website at nami.org. While suicidal thoughts are common, however, they should not be considered normal and often indicate more serious issues.

Many events and activities promoting suicide prevention awareness will be held locally, regionally and nationally throughout September.

During Suicide Prevention Month, NAMI and numerous other mental health organizations stress that all of us can help prevent suicide by reaching out to those who need help.

The National Institute of Mental Health lists

five action steps to help someone having suicidal thoughts.

The first step is **Ask** "Are you thinking about suicide?" It's not an easy question to ask but it can help start a conversation.

The second step is **Be** there: Listening without judgment is key to learning what the person is thinking and feeling.

The third step is Help keep them safe: Reducing access to highly lethal items or places can help prevent suicide.

The fourth step is Help them connect: Connecting the person with the 988 Suicide & Crisis Lifeline (call or text 988) and other community resources can give them a safety net. You can also assist by reaching out to a trusted family member, friend, spiritual advisor or mental health professional.

The fifth National Institute of Mental Health step is Follow up:



Calling or texting the 988 Suicide & Crisis Lifeline at any time of the day, any day of the week, could help save someone's life. Suicide is the 12th leading cause of death overall in the U.S. Graphic courtesy of the 988 Suicide & Crisis Lifeline

Staying in touch with the person after they have experienced a crisis or been discharged from care can make a difference. Studies show that supportive, ongoing contact can play an important role in suicide prevention.

How You Can Help

The advocacy groups say to educate yourself and others about suicide prevention by checking out the 988 Suicide & Crisis Lifeline at www.samhsa.gov/ find-help/988.

And visit the Suicide Prevention Resource Center at https://sprc.org. Each year, the resource center creates many ways to get involved in Suicide Prevention Awareness Month.

The U.S. Substance Abuse and Mental Health Services Administration invites residents throughout the country to participate in 988 Day on Sept. 8. 988 Day is a national initiative dedicated to raising awareness about the federal agency's 988 resource and emphasizing the importance of mental health and suicide prevention.

According to the 988 Suicide & Crisis Lifeline website at 988lifeline. org, "We can all help prevent suicide. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States."

The National Institute of Mental Health website at https://www.nimh.nih.gov lists warning signs that indicate someone might be considering suicide. During National Suicide Prevention Month, the institute reminds residents that warning signs include the following:

Talking about wanting to die or wanting to kill themselves, talking

about feeling empty or hopeless or having no reason to live, talking about feeling trapped or feeling that there are no solutions, feeling unbearable emotional or physical pain, talking about being a burden to others, withdrawing from family and friends, giving away important possessions, saving goodbye to friends and family, putting affairs in order, such as making a will, taking great risks that could lead to death, such as driving extremely fast, or talking or thinking about death often.

Other serious warning signs that someone might be at risk for attempting suicide include:

Displaying extreme mood swings, suddenly changing from very sad to very calm or happy, making a plan or looking for ways to kill themselves, such as searching for lethal methods online, stockpiling pills or buying a gun, talking about feeling great guilt or shame, using alcohol or drugs more often, acting anxious or agitated, changing eating or sleeping habits, and showing rage or talking about seeking revenge.

According to the National Institute of Mental Health, suicidal thoughts or actions are a sign of extreme distress and should not be ignored. If these warning signs apply to you or someone you know, the institute urges you to get help as soon as possible, particularly if the behavior is new or has recently increased.







