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THE NEWS

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SEPTEMBER 20, 2024

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Fulfilling a Promise



Psynergy Programs' three founding partners receive recognition from Sacramento County on the opening of Vista Esperanza. From left, Psynergy's Jean Edwards, Sacramento County District 3 Supervisor Rich Desmond, Sue Frost, Sacramento County District 4 Board of Supervisors, and Psynergy's Arturo Uribe and Michael Weinstein. Photo courtesy of Psynergy Programs Inc.

Psynergy Programs Inc. News Release

NORTH HIGHLANDS, CA (MPG) - Psynergy Programs Inc., known as the gold standard in California for its residential care of adults coping with severe mental illness, has opened its first residential facility for the elderly (RCFE) in conjunction with the State of California's Community Care Expansion (CCE) initiative. The CCE Capital Expansion program was established through Assembly Bill 172 (Chapter 696, 2021) as part of the state's interagency approach to combating homelessness.

Vista Esperanza is Psynergy's fifth residential project in California and its first to focus on caring for mentally challenged individuals over 59 1/2, who have "aged out" of the adult system of care, serving 18 to 59 1/2.

Vista Esperanza is located at 5240 Jackson Street in North Highlands, near Sacramento. The project was half complete when the Covid pandemic and associated spiraling costs brought construction to a virtual standstill in 2021. When the California Department of Social Services (CDSS) announced the Community Care Expansion program in December of 2022, Psynergy

Programs applied for grant funding to finish the facility, making the 54-bed Vista Esperanza one of the first projects in California to meet the CCE goal of funding the acquisition, construction and/or rehabilitation of adult and senior care facilities that serve state-supported adults and seniors at risk of or experiencing homelessness, a top priority of Governor Gavin Newsom. To date, nearly \$570 million in CCE funding has been awarded to 61 projects around the state.

According to Lynda Kaufmann, Psynergy's vice president of

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Public Meeting Will Discuss Possibly Combining Water Districts

By Original Communications

SACRAMENTO AREA, CA (MPG) - The public is invited to an important community event co-hosted by the Sacramento Suburban Water District and the Del Paso Manor Water District on Tuesday, Sept. 24 to discuss a possible combination of the two water districts.

The Sept. 24 meeting, from 6 to 8 p.m., will cover the reasons for combining the districts, the latest developments, and provide an opportunity for customers to ask questions. Complete details are available at sswd.org and delpasomanorwd.org.

The Sept. 24 public meeting will be at the Mission Avenue Elementary School Multipurpose Room at 2925 Mission Ave., Carmichael.

In addition, the public is invited to attend Sacramento Suburban Water District's fifth annual open house from 5 to 7 p.m. Thursday, Sept. 26 at 3701 Marconi Ave., Sacramento. Customers can chat with Sacramento Suburban Water District staff, management and board members, learn about planned improvements to the water system, find out about water-wise rebates, and be entered to win a weather-based sprinkler timer.

More details on the Sept. 26 open house are available at Sacramento Suburban Water District's website at sswd.org. ★

Full Day of Fun at the Country Faire



Live music can always be found under the tent, where it will be played throughout the day. Photo courtesy of the RLE Country Faire

By Annie Kerr

RIO LINDA, CA (MPG) - Residents are in for an entire day full of excitement in downtown Rio Linda for one of the area's biggest events of the year.

From 8 a.m. to 4 p.m. Saturday, Sept. 21, the Rio Linda Country Faire Committee will host the free 11th annual Rio Linda Elverta Country Faire at Depot Park, 6730 Front St., Rio Linda. The faire has free admission and free parking.

However, the fun really begins at 7 a.m. when Girl

Scout Troop 1565 hosts breakfast at the Rio Linda Community Center, 810 Oak Lane. Breakfast will include pancakes, scrambled eggs, bacon and a choice of coffee or orange juice. Breakfast for adults is \$10 and breakfast for youth 12 and under is \$7. All proceeds from the breakfast will benefit the Girl Scouts.

Rio Linda Elverta Historical Society Treasurer Joyce Buckland emphasized the event's importance.

"The country faire came

Continued on page 2



More than 130 vendors will be on site, featuring crafts, clothes, handmade goods and more. Photo courtesy of the RLE Country Faire



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Full Day of Fun at the Country Faire

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about as a continuation of our 2012 centennial celebration," Buckland said. "It's a great way to learn more about our community and to support local businesses. This fun event has something to offer for all ages and something we hope the entire community will enjoy."

Charlea Moore, one of the faire organizers, said this year "holds lots" of promise.

"This faire is special in many ways. It is non-commercial and intended for families and children that might not otherwise have an opportunity to be exposed to so many different ideas, fun, games, talents and cultures that are present in their community," Moore said.

The faire will feature multiple opportunities for entertainment, food, shopping and adventure. Plenty of food trucks, along with a beer garden hosted by the Rio Pub, will be on site. According to Moore, there will be more than 130 vendors featuring handmade crafters, jewelry, clothes, toys, soaps, woodworking, info booths and a cooling center for those who get hot. Live music will be played onstage throughout the day, which always attracts large crowds, according to Moore.

At 11 a.m., the Fun Zone will



In a previous year, residents hold hands as they wander the event. Photo courtesy of the RLE Country Faire

open to the delight of children with jump houses, a rock-climbing wall, a gaming truck, ax throwing, carnival games, face painting and balloon twisters at no cost. Children will also enjoy the popular Free Bike Giveaway.

All ages will enjoy Rogues of the Golden Coast's pirate show, which will have black powder demonstrations at 10 a.m., 11:30 a.m. and 2:30 p.m. Various versions of pistols, rifles and cannons will be shown, according to Rio Linda Lions Club President Gene Kypke. Additionally, Moore said those who want to become pirates can do so at the faire's "pirate school."

The Lions Club will offer free vision exams to interested fairgoers at the Northern California Lions Sight Association (NCLSA) Vision Van.

For fruit lovers, multiple watermelon-eating contests will take place throughout the day. Children ages 5 to 10 can participate at 10:30 a.m. and 12:30 p.m.; youth from 11 to 17 can try at 11 a.m. and 1 p.m.; and everyone 18 and up will have their chance at 11:30 a.m. and 1:30 p.m. Winners will receive prizes.

Those interested in animals can pop over to see the livestock competitions hosted by 4-H clubs and FFA. Both youth and adults

will show their animals.

The list of fun continues with a Horseshoe Competition, a talent show and a Community Showcase hosted by Rio Linda Grange Number 403. The Community Showcase will be a display of local talent, knowledge and skills with cash awards to the best in show.

However, the fun doesn't end on Saturday.

"With a few exceptions, we usually host a Sunday service or celebration of some sort. This year features Lisa Daggs on stage under the tent at 4 p.m. on Sunday afternoon," Moore said.

According to the faire's website at www.riolindaelvertacountryfaire.com, the faire's mission statement reads, "The RLE Country Faire showcases the Rio Linda Elverta community for the benefit and education of the general public."

No matter what age, the Rio Linda Elverta Country Faire will be fun for all!

For more information or to donate to the free event, visit www.riolindaelvertacountryfaire.com.



In the Fun Zone, youth can take their shot at climbing the rock wall. Photo courtesy of the RLE Country Faire



The faire always features a wide variety of food and drinks. Photo courtesy of the RLE Country Faire



The watermelon-eating contest is a popular source of entertainment at the faire. Photo courtesy of the RLE Country Faire

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I'm not strong enough

I am

I'm too tired

I will give you rest

I can't forgive myself

I forgive you

I hate myself

I love you

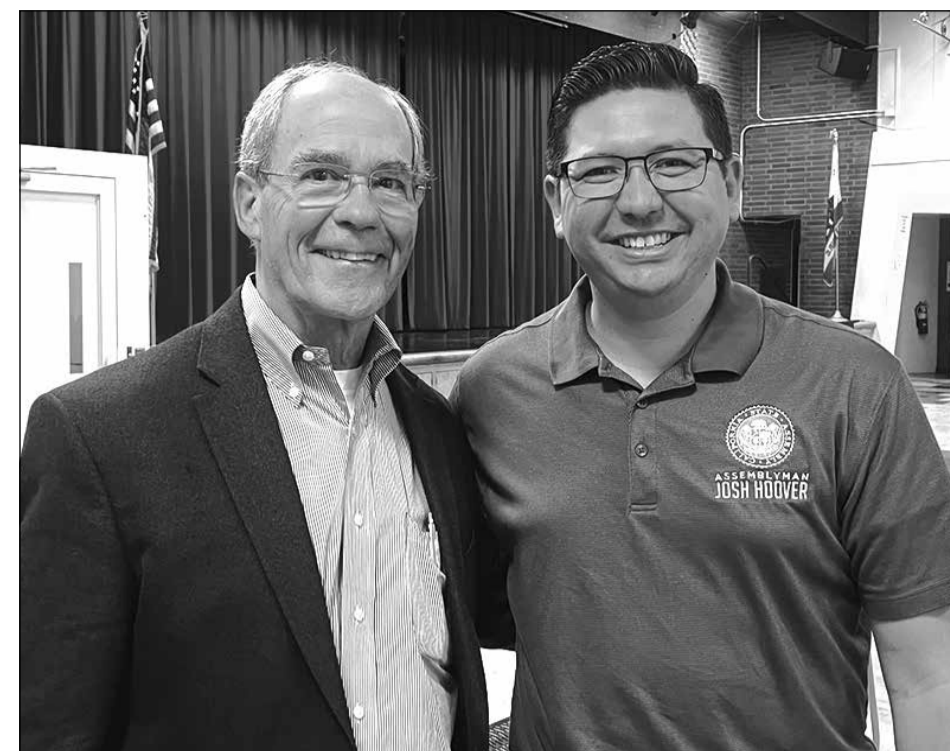
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Hoover, Niello Talk About Concerns



Assemblyman Josh Hoover and Sen. Roger Niello appeared together at a community meeting held on Sept. 3 at Bella Vista High School.

Story and photo by Omella Rossi

SACRAMENTO COUNTY, CA (MPG) - A crowd of more than 200 gathered at Bella Vista High School on Tuesday Sept. 3 for a community meeting featuring Assemblyman Josh Hoover and Sen. Roger Niello. The event provided citizens with an opportunity to hear firsthand updates from the Capitol and ask questions regarding their concerns.

Hoover and Niello offered a range of legislative updates, focusing on issues such as homelessness and crime. Hoover emphasized recent legislative efforts aimed at improving oversight of homelessness spending.

“AB 2903 was passed, which requires state-run homelessness programs to report cost and outcome data annually to the California Interagency Council on Homelessness,” Hoover said. “This transparency is crucial, especially after recent audits revealed a lack of systematic tracking.”

Hoover also highlighted his support for legislation protecting vulnerable children from sex trafficking. Senate Bill 1414, he noted, aims to increase penalties for purchasing children under 16 for sex from a misdemeanor to a felony.

Niello addressed the shift in legislative focus toward public safety.

“We are seeing a significant change in how crime is approached in the legislature,” Niello said. “Many new bills have been proposed and passed to enhance public safety.”

The meeting featured a Q&A session where attendees voiced concerns and sought clarification on various topics.

When asked about AB 1840, a home purchase assistance program, Hoover and Niello responded to concerns about aid for non-citizens.

“This program is intended to help California residents with down-payment assistance,” Hoover said. “I do not support expanding this to non-citizens.”

Niello agreed, “I would like the author of that bill to explain to people that apply and don’t get the assistance when a non-citizen does.”

Equal access to education also drew attention as frustrations were brought up by attendees over educational disparities affecting unvaccinated students and concerns over Zoom schools. Hoover acknowledged the issue, citing the long-term harm caused by prolonged school closures during the pandemic and Niello emphasized the importance of local politics, advocating for school districts making decisions.

“I will continue to fight for quality education for all students,” Hoover affirmed.

Business owners raised concerns

about difficulty accessing grant money. Niello directed them to Go Biz, the state agency handling business grants, while Hoover acknowledged the state’s budget challenges.

“We need to better manage our finances to support small businesses,” Hoover said.

Residents also expressed frustration with the poor condition of local roads and the lack of investment in street maintenance. They emphasized how the neglect of street upkeep negatively impacts property values and diminishes the pride they take in their homes.

In response, Hoover agreed, noting that California’s roads are ranked 46th in quality, despite the state’s high gas taxes.

“Funds meant for road maintenance are often redirected to other priorities,” Hoover explained. “We should not be taking money from our roads; our community deserves better.”

Niello added that the state’s broad approach to transportation funding often undermines the ability to allocate resources effectively.

“The policies compromise our ability to focus funds where they’re needed most,” Niello said.

In response to questions about homelessness enforcement, the Sheriff’s Department emphasized the importance of promoting transitory movements rather than allowing large, stationary encampments in efforts to reduce criminal activity. The department also highlighted the role of the Homeless Outreach Team (HOT), which focuses on connecting homeless individuals with essential resources and support.

When asked about the implications of the governor’s plan to return state workers to the office, including potential costs related to utilities, traffic, pollution, and employee expenses, opinions differed.

“Working from home can be more cost-effective for both the state and employees,” Hoover said. “It also helps keep spending within our local economy.”

In contrast, Niello emphasized the importance of in-person collaboration.

“While remote work has its benefits, face-to-face interactions are crucial for developing efficient and cohesive work groups,” Niello said.

When questioned about the alarming increase in hit-and-run incidents and the high number of fatalities, Niello expressed his strong concern. He attributed the rise in reckless driving and speeding to the habits formed during the COVID-19 pandemic when streets were less congested.

“We need to increase the consequences for speeding,” Niello asserted, highlighting that improving traffic safety remains a critical priority for him. ★

California Launches 'Facts Fight Fentanyl' Campaign



“The goal of ‘Facts Fight Fentanyl’ is to ensure Californians know the dangers of fentanyl and how to prevent an overdose with the lifesaving medication naloxone,” said Dr. Tomás J. Aragón, California Department of Public Health Director and State Public Health Officer. Photo courtesy of DEA

California Department of Public Health News Release

SACRAMENTO, CA (MPG) - The California Department of Public Health (CDPH) recently announced the launch of “Facts Fight Fentanyl,” a new statewide public education campaign to ensure Californians know the dangers of fentanyl and have the information they need to prevent overdoses and save lives.

“Facts Fight Fentanyl” will provide Californians with critical information about fentanyl and life-saving tools such as naloxone. The campaign will continue through June 2025.

“The goal of ‘Facts Fight Fentanyl’ is to ensure Californians know the dangers of fentanyl and how to prevent an overdose with the lifesaving medication naloxone,” said Dr. Tomás J. Aragón, California Department of Public Health Director and State Public Health Officer. “We all want to live in a California free of the harms of fentanyl. When we all have the facts on fentanyl, we can combat this crisis and work together to build safer, healthier communities.”

Why This Matters: In California, drug overdose is now the leading cause of death among 25- to 54-year-olds. In 2022, California saw more than 7,000 overdose deaths related to opioids – of those deaths, 87 percent involved fentanyl. An amount of fentanyl as small as a few grains of salt is enough to be deadly, yet many Californians are unaware of the dangers of fentanyl until it is too late. “Facts Fight Fentanyl” seeks to provide Californians with information to combat and prevent fentanyl-related overdoses.

What California Is Doing

“Facts Fight Fentanyl” is part of the California Department of Public Health’s Overdose Prevention Initiative, which collects and shares data on fatal and non-fatal drug-related overdoses, drug-related overdose risk factors, prescriptions, and substance use. The Overdose Prevention Initiative supports substance-use prevention programs through evidence-based tools and strategies, public awareness and education, and promoting safe and effective prescribing and treatment practices throughout the state.

“Facts Fight Fentanyl” builds on an earlier campaign launched last year to break down the stigma of addiction and increase awareness around the accessibility of treatment. Unshame CA, a collaboration between the California Department of Health Care Services (DHCS) and Shatterproof, works to develop an understanding of substance use disorder as a treatable medical condition.

The Overdose Prevention Initiative supports California’s implementation of the Campus Opioid Safety Act – effective January 2023 – which aims to reduce opioid-related overdoses and deaths through public colleges and universities by providing life-saving education, information, and federally approved opioid overdose

reversal medication on campus, like naloxone.

In 2023, the US Food and Drug Administration (FDA) approved an over-the-counter (OTC) naloxone nasal spray which could be purchased directly by consumers in places like drug stores, grocery stores and gas stations, as well as online. But to address the potentially prohibitive cost, California’s CalRX® Naloxone Access Initiative secured OTC nasal spray for a reduced price of \$24 per twin-pack – and passes along that transparent, cost-efficient price to qualifying governmental and business entities.

Qualifying entities can also obtain free naloxone through California’s Naloxone Distribution Project (NDP), which was created in 2018 to combat opioid-overdose related deaths throughout California. The NDP has distributed more than 4,829,500 kits of naloxone, which have been used to reverse more than 290,000 overdoses.

About The Campaign

The campaign includes educational materials in English, Spanish, Chinese and Korean across a multitude of communication platforms, including social media, radio, television, and outdoor advertising such as billboards and bus stops.

The “Facts Fight Fentanyl” campaign also engaged with partner Tribal organizations during the development of the campaign. Efforts to engage Tribal communities is a key element on the campaign and include prioritizing preferred streaming platforms, focusing ad placements in Native American community health center screens, and pitching specifically to news outlets that reach Native American communities.

As part of the campaign, the California Department of Public Health has also launched a new website, FactsFightFentanyl.org, to ensure Californians can easily access resources and information related to fentanyl. FactsFightFentanyl.org includes an interactive map showing where Californians can access naloxone for free or for purchase in their communities.

Bigger Picture

The California Department of Public Health’s efforts are one facet of Governor Newsom’s approach to combating the opioid crisis, as outlined in his March 2023 Master Plan for Tackling the Fentanyl and Opioid Crisis (PDF). In addition to efforts to prevent and support substance abuse and addiction, the California Department of Public Health has also focused on educating Californians on the dangers of opioids as well as promoting the use of life-saving naloxone and encouraging the use of test strips to identify the presence of fentanyl. For more information on California’s efforts to combat the opioid crisis, visit opioids.ca.gov.

Additional overdose data is available on the California Overdose Surveillance Dashboard at <https://skylab.cdph.ca.gov/ODdash/?tab=Home>. ★

Psynergy Programs’ Vista Esperanza Fulfills Promise of California’s Community Care Expansion Initiative

Continued from page 1

development and public relations, “We wanted to do an RCFE project because our existing clients needed it, along with those we had to decline, due to age, ambulation or medical conditions. As clients aged out of their placement at Psynergy, they were being moved into skilled nursing facilities or locked settings at increased cost. California did not have many assisted living programs with mental health services. Individuals with catheters, colostomy bags, or who were insulin dependent and could not do their own finger sticks and insulin therapy were also without places to go.”

Vista Esperanza meets that need with 24-hour nursing care, along with a high level of security and social support, plus mental health care. The facility has many private offices to accommodate home visits from Psynergy’s psychiatrists, mental health rehab specialists and others from their outpatient clinics. The project also has four beds available for non-ambulatory individuals.

The Vista Esperanza model of care was born in October of 2013 at a meeting between Psynergy and several of the counties it serves. The county partners determined then that the needs of older adults were a growing concern. Vista Esperanza was

designed to support the universal goal of moving older adults diagnosed with severe mental illness to a least restrictive level of care, avoiding locked settings and emergency rooms when possible. This required developing a program to meet the needs of individuals with complex behavioral and medical issues, many of whom were diagnosed with substance abuse disorders.

“We already had some senior adults living in our facilities, as there are very few properties in California that specialize in seniors with a mental health diagnosis,” said Psynergy founding partner and CFO Mike Weinstein.

“We wanted to specialize in

that population, as we had had several requests from our county partners who had no place to send seniors. We believe our model, using CCE funds, will allow older adults to move from hospitals and shelters directly into community settings, bypassing locked care completely. Older adults who are homeless and residing in shelters now have a path to safe and supportive long-term housing.”

Vista Esperanza serves society’s most vulnerable individuals through its approach to wellness and recovery, including specialized health care, frequent one-on-one support and supervision, and complex care planning to maintain residency in the community. Residents greatly benefit from working with staff that can provide counseling, meals, activities and community involvement to support their psychiatric conditions, achieved

in an intelligently designed and secure two-acre campus with appealing residential features. Psynergy approaches the journey of client recovery with a philosophy of wholeness in spirit, nutrition, fitness, environment and therapy – its new vision of community life.

“California’s Community Care Expansion (CCE) program is expanding the state’s housing and care continuum to help prevent the cycle of homelessness or unnecessary institutionalization,” said Hanna Azemati, Deputy Director of the Housing and Homelessness Division, California Department of Social Services. “Through CCE projects across the state – such as Vista Esperanza, which will provide 54 new beds for older adults experiencing or at risk of homelessness – we are creating new, local housing and care options for those most in need.” ★

Social Security Matters

About Widow's Benefits vs. Benefits from my Ex-spouse



By Russell Gloor,
AMAC Certified Social
Security Advisor

Dear Rusty: In November I will be 60 and eligible for widow's benefits. My late husband's Social Security was approximately \$2,300 when he passed around 7 years ago. FYI, my ex-husband is still working and will probably receive the highest SS when he retires in about 5 years (we were married for more than 10 years). Either of these is more than my own Social Security will be, so how does this work? Will this turn into my Social Security? Can I start on one and switch to the other later? **Signed: Wondering Widow**

Dear Wondering Widow: Provided you have not remarried before age 60, you have a choice which benefit to receive – either your deceased husband's benefit as his surviving spouse, or your ex-spouse benefit from your ex-husband while he is still living. Taking your survivor benefit from your deceased husband will likely be best because it is based on 100% of his SS amount when he died, whereas your ex-spouse

benefit from your living ex-husband is based on 50% of his FRA entitlement. To get an ex-spouse benefit from your ex-husband (which you can't get until you are 62), your own SS retirement benefit would need to be less than 50% of your ex's FRA entitlement.

As you know, you will be eligible for survivor (widow's) benefits from your deceased husband when you are 60 but be aware that by taking your survivor benefit at 60, it will be reduced for early claiming. Rather than 100% of your husband's SS benefit, at age 60 you will get about 71.5%. Your surviving spouse benefit reaches maximum at your full retirement age (FRA) of 67 and will grow to that point but will be reduced if taken prior to that.

Also, if you are working, Social Security's "earnings test" will apply until you reach your full retirement age, so your plans for working may influence your decision on when to claim your widow's benefit. If you exceed the earnings limit (\$22,320 for 2024; it changes annually), Social Security will take away \$1 in benefits for every \$2 you are over the limit. They "take away" by withholding future benefits until the penalty is satisfied, which means you would go some number of months without benefits. And, if you substantially exceed the earnings limit you may even be temporarily ineligible for any

SS benefits (until you earn less or reach your FRA - the earnings test goes away at your FRA).

If you claim your surviving spouse benefits from your deceased husband first, and your ex-husband later dies, you do have the option to switch to the higher survivor benefit from your ex-husband. In effect, if both husbands are deceased, you have a choice which benefit to take (and, obviously, you'd chose the higher of the two).

None of this, however, happens automatically. To claim your surviving spouse benefit you will need to contact Social Security directly at 1.800.772.1213 (or call your local SS office) to make an appointment to apply for widow's benefits.

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Kings Korner

By V.G. Harris



As I begin this column, I'm sobered by the recent happenings in our country. Without question, as I think about the upcoming NBA season, I find a sense of gratitude that within minutes of my home I have the privilege of witnessing 41 professional basketball games, that temporarily remove me from the vagaries of day-to-day life.

Unfortunately, another assassination attempt was made on the life of one of our political candidates running for the highest position in the land. An attempt that should give every American pause, and if anything should unite us all in the contempt for an action that has no place in our country.

As a people and a nation, we can celebrate the sports teams we love with fervor, but let's stop for just a moment, and come together with the overriding thought that our differences should be carried out at the ballot box. Let your voice be heard in the way that our forefathers intended, and on November 5th be that American that proudly helps America decide who should be the next commander in chief of this nation.

By now you know how thrilled I am to have DeMar DeRozan as a part of the Kings family, and I have little doubt that this most capable all-star will help the Kings reach the next level they've been seeking. But more than DeMar's ability on the hardwood, I'm heartened by the many NBA players that have commented on his leadership abilities and the harmony he brings to the locker room. There is no question, that just as I have celebrated the leadership of De'Aaron Fox, Domantas Sabonis, and Malik Monk, the Kings have added one more valued role model that young players can appreciate.

As the preseason approaches, I at times feel like a young boy waiting for Christmas, but just as you do, I have to rise each morning and brave the storms of the day.

The Sacramento Kings provide a moment in time that I can completely escape from the stresses and responsibilities that life brings, and a time when I can sit next to a fellow Kings fan, and not even care what his or her political leanings may be.

I have been high on Kings GM Monte McNair, and I couldn't begin to tell you whether he's a democrat, a republican, or an independent. What I appreciate is his dedication to hard work, albeit with a stoic disposition, and his ability to a steadfastness that brings with it a confidence that I have gradually grown to appreciate. Monte has proven to me, that like so much I've seen in our political arena, he will not fall victim to a knee jerk reaction in the Kings arena.

Most importantly, I recognize leadership. Monte McNair isn't just responsible for framing the team we witness on the floor each night, he's given the charge of managing basketball operations in general, and that includes putting the right coaches in place.

Welcome Riccardo Fois and Jim Moran to the Sacramento Kings coaching family. Both men come with a litany of NBA coaching experience, and with the departure of much acclaimed Jordi Fernandez who is now the head coach of the Brooklyn Nets, these men add capable talent to the coaching ranks.

Yes, the Sacramento Kings do more for our community than just play basketball, and for fans like myself, they will always bring a moment in time that I can spend time with my family, and escape to a place of pure entertainment.

I have commented in this column in the past that one of most compelling reasons I am not a die-hard fan of the Kings rests in the pure pleasure they have in playing together. Their camaraderie as a team is obvious and contagious.

It's entirely possible that the team as you assembled today may very well start the season, but it's just as possible that our GM will find a diamond in the rough. Although I'm not against adding a power forward to the lineup, I'm just as curious to see what we have right now.

The preseason will bring some answers for coach Brown and the Sacramento Kings fans as well.

So, I say to this splendiferous team we call the Sacramento Kings, bring it on!!

If you have comments, please send them to vgharriskingsfan@gmail.com. All the best Kings fans!! ★



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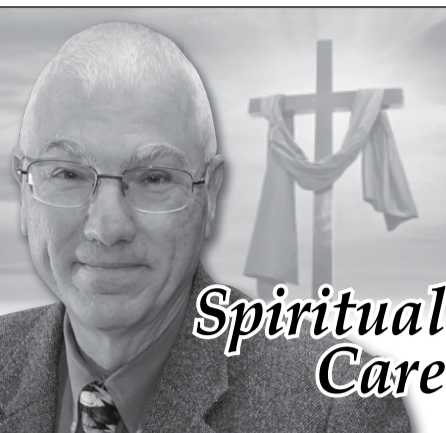
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Chaplain Rewrites Ten Commandments



BY NORRIS BURKES

“Why did God have to make his Ten Commandments so negative?” I asked my wife as I drove her to the airport for her flight to St. Louis.

“Pardon me?” she replied.

My non sequiturs confuse most people, but Becky plays along.

“When we were raising kids, you taught me to use affirming directions rather than negative ones,” I said.

“For example, you suggested I not say, ‘Don’t run,’ but instead say, ‘Please Walk.’ We also replaced, ‘Don’t yell,’ with, ‘Use your inside voice.’”

Becky seemed pleased that I remembered her advice and allowed me a bit more latitude to express my thoughts.

“God should have been more affirming with his commandments.”

“You think you can do better?” she asked.

“Maybe. I’ll write a positive list and ask my readers what they think.”

“You do that, but in the meantime, I think I’ll be safer in St. Louis,” she said as we pulled up to the terminal for our curbside kiss.

I went home and checked my yard for an inspirational burning bush but found none.

Just a lot of dry shrubs.

But fortunately, I did have an iPad. So, I sat down to wordsmith the commandments into something short and easy for all faiths to understand.

“You shall have no other gods before Me.”

In my new-and-improved version, God would say, “I’m the only one.” The declaration worked well for Tigger in “Winnie the Pooh” when he said, “The wonderful thing about Tiggers is I’m the only one.”

“You shall make no idols.”

“Stay focused on Me” might have

made a more optimistic rewrite for God’s idea of discouraging theological adultery.

“You shall not take the name of the Lord your God in vain.”

“I’m God, not Santa,” is my paraphrase for God.

The original intention wasn’t to forbid swearing but to dissuade folks who vainly used God’s name to force him to grant their whims. See my past columns on this commandment.

“Keep the Sabbath day holy” is positively worded, but I think God would be OK to add, “Find holiness in all your days.”

“Honor your father and your mother” is sufficiently upbeat, so I probably needn’t add, “and pay for your parents’ cruise.”

“You shall not murder.”

“Make life matter.” Respect each life as if it were all lives. And respect all life as if it were one life.

“You shall not commit adultery.”

“Dance with the one that brought you.” I can almost hear God humming Shania Twain’s song of that title,

“Don’t let the green grass fool you

Don’t let the moon get to you

Dance with the one that brought you and you can’t go wrong.”

“You shall not steal.”

“Give with all your heart to those in need” may honor God’s intention here.

“You shall not bear false witness against your neighbor.”

“Find truth and nurture it.” Share it with the powerful and the powerless.

“You shall not covet.”

“Yearn for all things that will help others.” Desire only what helps your neighbor, your partner, your family and our world.

A few days later, I emailed Becky the column proof so she could suggest changes. Her comments didn’t come until I returned to the airport a week later to pick her up.

“How was your flight?” I asked.

“Good,” she said, “but I’m not sure that column is going to fly with your readers.”

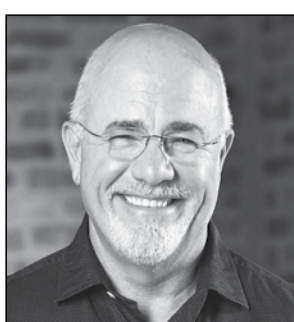
“What makes you say that?” I asked.

She smiled before answering. “As usual, when you are quoting me, you often break the ‘false witness’ commandment.”

“I prefer the more positive way to describe those quotes – ‘creative attribution.’”

“I’m really not sure I should be leaving you alone again,” she added.

I smiled. Mission accomplished. ★



Dave Ramsey

Dave Ramsey Says A “Heart Problem”

Dear Dave,

I’m pretty responsible with finances, but my girlfriend is in a bad situation with her money and her career. She has a huge car payment, and lots of credit card debt. On top of this, it takes almost 40% of what she brings home each month just to pay rent, and she quit her job because she decided she didn’t like it anymore. She’s been floating lots of ideas, like filing bankruptcy or moving in with me. She thinks us living together will help her learn to be more responsible with her finances. I’m concerned that if she can’t handle her finances on her own, what will happen if we move in together? Your advice would be appreciated.

– Dan

Dear Dan,

I can’t say if she’s technically bankrupt at this point. But for starters, she definitely needs to sell the car and find a cheaper place to live. I’m also not

sure how long you two have been seeing each other, but this is someone to keep dating, not marry or let move in.

The hard reality is that bankruptcy’s not going to solve anything if she’s got a heart problem. By “heart problem,” I mean if she buys things thinking stuff will make her happy and living way beyond her means in the process. Lots of folks mistakenly think they are where they live or what they drive. Those are the kinds of heart problems I’m talking about. And it’s the way I was years ago before going broke knocked some sense into me. It wasn’t until then I realized I had to make some serious changes in my life.

Don’t get me wrong. What I’ve just said doesn’t mean this lady’s a bad person. It just means she’s got some growing up to do. And all the money matters aside, you don’t just up and quit your job without a solid plan in place unless there’s a serious matter of principle at stake, or you’re the victim of abuse or harassment. Leaving one job for another is fine. But the idea of suddenly deciding you

just don’t like something, then walking away from it when you’ve got a bunch of financial obligations, is just plain irresponsible. You don’t jump off the dock until the boat arrives!

Again, I don’t know all the details behind her finances, but chances are she’s not bankrupt. There are some character issues in all this that need to be addressed, though. If it were me, I’d suggest she spend some time seeing a good financial counselor—one with the heart of a teacher. Then, you can act as her support system to help keep her on track, and encourage her to keep moving forward toward getting control of her money.

– Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

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TRES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06388
Tarek Ahmad Rashid Sr., 721 North B Street, Suite 17, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Aegis Automotive Sales" 721 North B Street, Suite 17, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 20, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AEGIS 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06410
Christopher Smith, 6829 Blue Duck Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Kuroheim Item Shop" 6829 Blue Duck Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 21, 2024
Publish: August 30, Sept 6, 13, 20, 2024
KUROHEIM 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06411
999 Thai Inc, 3609 Don Julio Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Yummy Thai Sushi/MooMii Fish N Chip" 1501 N C Street, Sacramento, CA 95891. Filed with the Clerk of Sacramento County August 21, 2024
Publish: August 30, Sept 6, 13, 20, 2024
YUMMY 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06480
Nicholas Reed, 7009 Trabert Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
CHAIN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05928
Jyotsna Sundar DMD A Medical Corporation, 7628 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Auburn Endodontics" 7628 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 31, 2024
Publish: August 30, Sept 6, 13, 20, 2024
AUBURN 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06488
John Michael Gonzales, 3745 Viola Drive, North Highlands, CA 96660 is doing business under the Fictitious Business Name(s) "Gonzales Fitness" 3745 Viola Drive, North Highlands, CA 96660. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
GONZALES 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06460
Joseph Stanley Jones, 9537 Hollingsworth Way, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Surrogate Grandfather" 9537 Hollingsworth Way, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
SURROGATE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06189
Melissa Mercado, PO Box 511, Rancho Cordova, CA 95741 is doing business under the Fictitious Business Name(s) "Commonwealth Customs By Mel" 50 Iron Point Circle, Suite 140, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 12, 2024
Publish: August 30, Sept 6, 13, 20, 2024
COMMONWEALTH 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06481
Jasmine Pinon-McCulloch, 2301 Vehicle Drive, Suite G, Rancho Cordova 95670 is doing business under the Fictitious

Business Name(s) "JP's Auto Care" 2301 Vehicle Drive, Suite G, Rancho Cordova 95670. Filed with the Clerk of Sacramento County August 22, 2024
Publish: August 30, Sept 6, 13, 20, 2024
JP'S 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06507
Artrice Stewart, 10730 Coloma Road, #5, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Artrice Souffil BBQ" 10730 Coloma Road, #5, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 23, 2024
Publish: August 30, Sept 6, 13, 20, 2024
ARTRICE 9-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06436
Curtis Cassidy, 312 Silberhorn Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Next Level Comfort" 312 Silberhorn Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
NEXT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06373
Eduardo Elias, 10501 Croetto Way, #84, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Navarro Skin" 11082 Coloma Road, #3, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
NAVARRO 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06623
Ghulam Sakhi Akbarzai, 4141 Palm Way, Apartment 471, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Dreamy Media Group" 4141 Palm Way, Apartment 471, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
DREAMY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06466
Sabra Fern Connelley, 2119 Colonnade Way, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Style Coaching with Sabra" 2119 Colonnade Way, Elverta, CA 95626. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
STYLE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06389
Ayanna McClendon, 3821 Annadale Lane, #19, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bu Fashion Boutique" 3821 Annadale Lane, #19, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
BU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06424
Sage View Realty & Lending, 8795 Folsom Boulevard, Suite 205, Sacramento, 95826 is doing business under the Fictitious Business Name(s) "Sage View" 8795 Folsom Boulevard, Suite 205, Sacramento, 95826. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SAGE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06413
Andrey Khmyz, 6236 Casita Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Silver Star Transportation Service" 6236 Casita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SILVER 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06408
Jesus Zamora, 5817 Nonnie Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Spartans Lawn & Maintenance" 5817 Nonnie Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
SPARTANS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06000
Tonie C Arroyo, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tonie's Dog Grooming" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024
Publish: September 6, 13, 20, 27, 2024
TONIES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06002
Maxim Yakimchuk, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Grooming with Max" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024
Publish: September 6, 13, 20, 27, 2024
GROOMING 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06429
Samuel White and Jennifer White, 2185 Eden River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Great White Services/S4M Solutions/GWS Windows/General Ideas" 2185 Eden River Court, Rancho Cordova, CA

95670. Filed with the Clerk of Sacramento County August 21, 2024
Publish: September 6, 13, 20, 27, 2024
GREAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05804
Briana Niswonger and Abrielle Warren, 1000 Riverwalk Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "24-SBRA-2" 1000 Riverwalk Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 29, 2024
Publish: September 6, 13, 20, 27, 2024
SBRA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06470
LRC Jewelry Inc, 5805 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Joyeria Los Angeles" 5805 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
JOYERIA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06621
Monica Cristina Figueroa, 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Wheat Ridge Baking Company/Wheat Ridge Baking Co." 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
WHEAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06395
Gabee LLC, 100 Woodsmoke Way, Folsom, CA 95695 is doing business under the Fictitious Business Name(s) "ADU Annex" 100 Woodsmoke Way, Folsom, CA 95695. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
ADU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06619
Angie Gomez-Alvarez, 21377 Gilbert Drive, Redding, CA 96002 is doing business under the Fictitious Business Name(s) "Angela's Transportation" 9049 Alderson Avenue, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2024
Publish: September 6, 13, 20, 27, 2024
ANGELAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06687
Emergency Restoration & Cleaning Inc, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Emergency Restoration & Cleaning/ERC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 29, 2024
Publish: September 6, 13, 20, 27, 2024
EMERGENCY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06686
Always Green Clean LLC, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "AGC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 22, 2024
Publish: September 6, 13, 20, 27, 2024
AGC 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06537
Fyock Enterprises, 4420 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fat Dogs & Spuds" 4420 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 23, 2024
Publish: September 6, 13, 20, 27, 2024
FAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06719
Bertha Vang, 3420 Leatha Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Thread Tradition" 3420 Leatha Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 30, 2024
Publish: September 6, 13, 20, 27, 2024
THREAD 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06032
Griselda Sanchez, 5825 Madison Avenue, #2, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Esmeralda's Cafe" 5825 Madison Avenue, #2, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 6, 2024
Publish: September 6, 13, 20, 27, 2024
ESMERALDAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06371
Lisa M. Magon, 627 Hancock Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Blue Acorn" 627 Hancock Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 20, 2024
Publish: September 6, 13, 20, 27, 2024
BLUE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06713
Omar Shirzadi, Foad Aurangzib and Sultan Safi, 3400 Watt Avenue Suite 102, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Afghan Unity and Solidarity Association (AUSA)" 3400 Watt Avenue Suite 102, Sacramento, CA 95821. Filed

with the Clerk of Sacramento County August 29, 2024
Publish: September 6, 13, 20, 27, 2024
AFGHAN 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024
Publish: September 6, 13, 20, 27, 2024
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06248
Code 4 Hood Edu, Inc, 4905 Stockton Boulevard, Suite 337, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Code4Hood/eSTEAMED Academy & Maker Space" 4905 Stockton Boulevard, Suite 337, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 14, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
CODE4HOOD 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06249
The J5 Group, LLC, 3830 Watt Avenue, Suite 7, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Strategy, Structure Solutions/Ready Set Launch" 3830 Watt Avenue, Suite 7, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 14, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
STRATEGY 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06439
Charles Mollard and Crystal Standley, PO Box 2212, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "The Glass Specialist" 6209 West 2nd Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 22, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
GLASS 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06726
Women Economic Empowerment Initiative, 11 Carver Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Women Economic Empowerment Initiative" 11 Carver Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 30, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
WOMEN 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06336
SNJ Capitol Corp, 9764 Caneria Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Renewal and Growth Psychiatry" 7600 Hospital Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 19, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
RENEWAL 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06541
Matthew Clement, 10724 Beclan Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cordova Creek Landscaping" 10724 Beclan Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 23, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
LANDSCAPING 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06624
Flooring Solutions of Sacramento, LLC, 5004 Donovan Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Footprints Floors South Sacramento" 5004 Donovan Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
FOOTPRINTS 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06306
DDSO Foundation, 5051 47th Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Foundation for DDSO" 5051 47th Avenue, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 16, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
DDSO 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06264
Premise Health of California Medical, P.C., 5500 Maryland Way, Suite 120, Brentwood, TN 37027 is doing business under the Fictitious Business Name(s) "Intel Health for Life Center" 1900 Prairie City Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 15, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
INTEL 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05950
SP Freightway Inc., 3511 Del Paso Road, STE 1600 PMB 103, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "SP Trans" 3285 Azevedo Drive, APT 259, Sacramento, 95833. Filed with the Clerk of Sacramento County August 1, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
SP 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05701
Abram Manukyuan, 12321 Coal Creek Way, Rancho Cordova,

CA 95742 is doing business under the Fictitious Business Name(s) "Rev Auto Group" 12321 Coal Creek Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 24, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
REV 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06688
Bean & Grape LLC, 5040 7th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Tandem Coffee & Wine" 3100 Folsom Boulevard, Suite #100, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 29, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
TANDEM 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06781
Auto Sale LLC, 6109 Sunday Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Nova Motors/Ace Auto/RP Auto/Infinite Auto/NovaVelocity Autos" 6109 Sunday Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 3, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
NOVA 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06709
Abdullah Sofizada, 8327 Fair Oaks Boulevard, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Quick Fix Auto Repair" 2515 Arden Way, B, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 29, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
QUICK 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06737
Priyali Lavina Sequeira, 12032 Tours Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Gradis" 12032 Tours Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 30, 2024
Publish: Sept 13, 20, 27, Oct 4, 2024
GRADIS 10-4-24

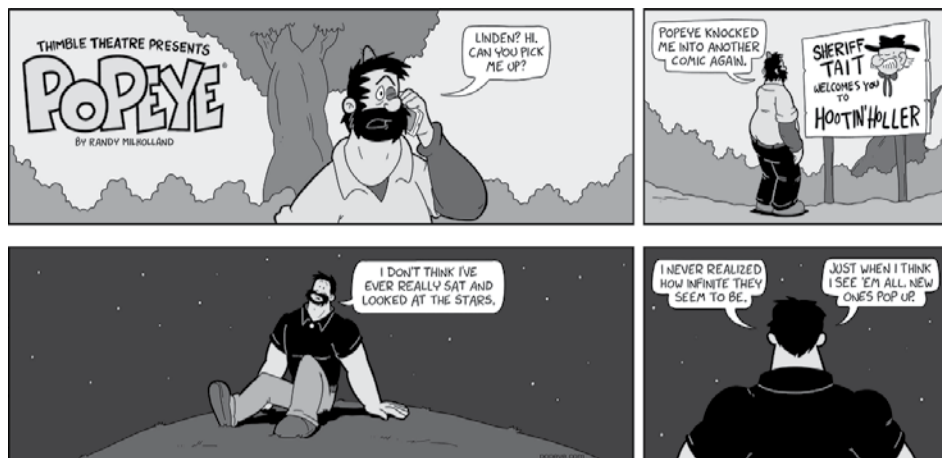
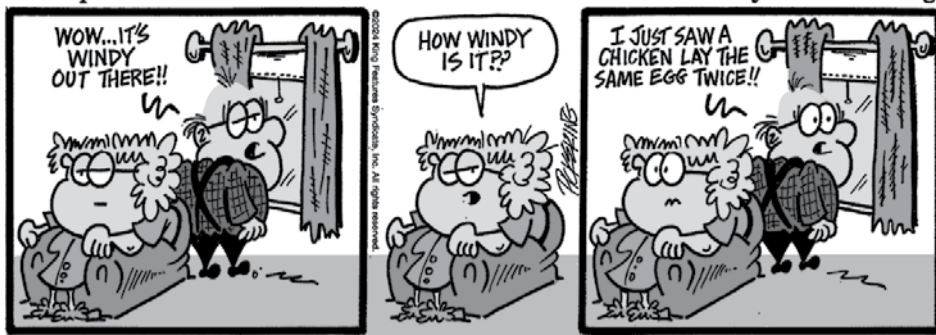
FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06391
Hasifa Nakajubi 6377 Brando Loop, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Safi Used Furniture" 6377 Brando Loop, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 20, 2024
Publish: Sept 20, 27, Oct 4, 11, 2024
SAFI 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06891
Asia Beasley, 40 Park City Court, Apt 2107, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Little Saints Childcare" 40 Park City Court, Apt 2107, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 9, 2024
Publish: Sept 20, 27, Oct

COMICS & PUZZLES

The Spats

by Jeff Pickering



Amber Waves

by Dave T. Phipps



Out on a Limb

by Gary Kopervas



HOCUS-FOCUS

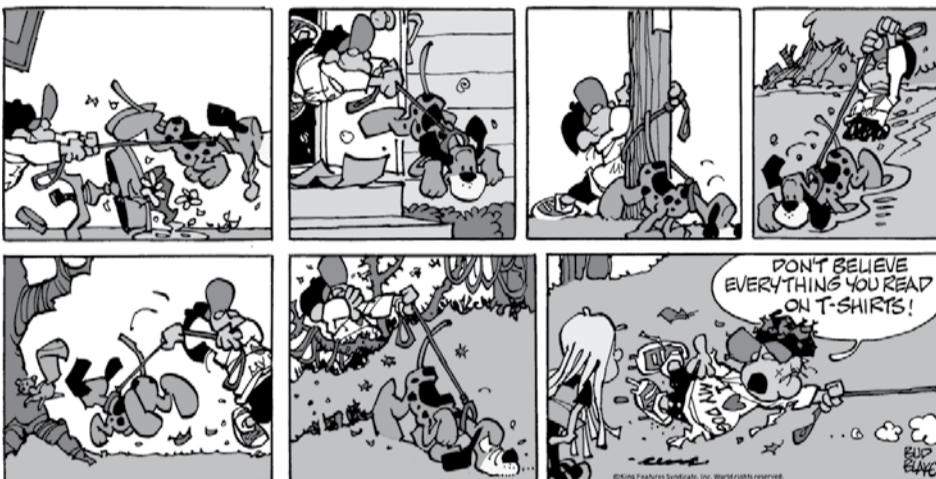
BY HENRY BOLTINOFF

Find at least six differences in details between panels.



TIGER

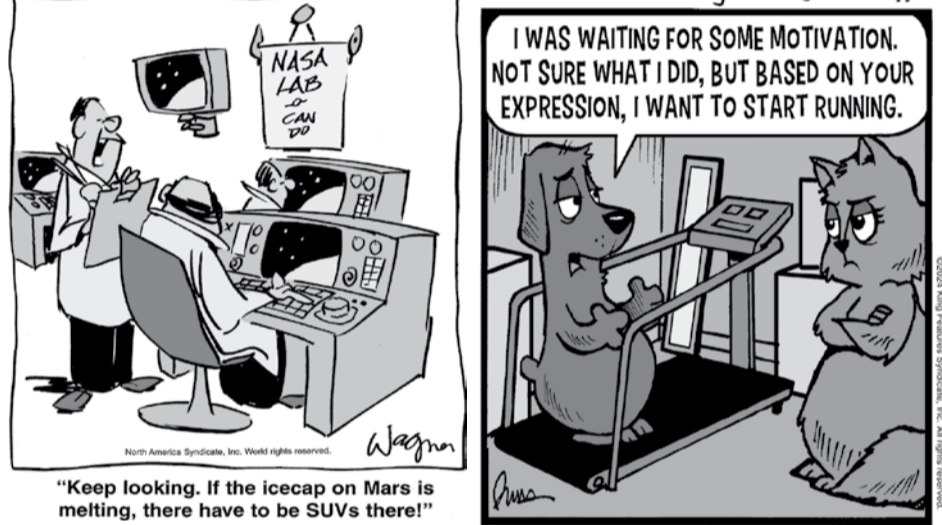
by BUD BLAKE



GRIN AND BEAR IT

Just Like Cats & Dogs

by Dave T. Phipps



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STATEPOINT CROSSWORD • GREEKS AND ROMANS

CLUES

- CROSSWORD**
- ACROSS
- Fountain order
 - Christian minister, abbr.
 - Betelgeuse or Deneb
 - Isaac's firstborn
 - Senegal's neighbor
 - Nobody (2 words)
 - Bangladeshi currency
 - Chopin's creation, e.g.
 - Like thick smoke
 - *Greek goddess in 1995 Woody Allen movie title
 - *Mars, to the Greeks
 - Ooze out
 - Edible tuber
 - *Poet of "Aeneid" fame
 - **Pair of writing tablets"
 - Outrage
 - A small part
 - European currency
 - Jousting pole
 - B & B
 - Sunni religion
 - Et alibi, abbr.
 - Newspaper VIP
 - First woman, Biblically-speaking
 - Return of disease
 - Washer, during a certain cycle
 - Last month
 - Belittle
 - Taro plant
 - *Athenian Acropolis tourist attraction
 - Anticipate
 - Black-and-white cookie
 - Small European freshwater fish
 - *18 Across, to Romans
 - Big cat sound
 - Future atty.'s exam
 - Work units
 - Tight one, in football
 - Sunrise direction
- DOWN
- Facebook owner
 - Quickly, acr.
 - Hundred thousand, in India
 - Sahara's Berber people
 - R in R.E.M.
 - Wash out with solvent
 - Workbench holding device
 - *Plato's famous teacher
 - Ripped
 - Black tropical cuckoo
 - *Not black-figure, but _____figure
 - Spacecraft's detachable unit
 - W.E.B Du Bois's org.
 - Oxygen-containing compound
 - *Olive derivative
 - More reprehensible
 - About to explode
 - Kidney-related
 - Exertion
 - Christmastides
 - Have a hankering
 - *Poet of "Iliad" fame
 - Ocean motion
 - *"Wheel of Fortune" request (2 words)
 - *I, _____
 - Like Bushmills whiskey
 - Boston time

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62									63					64

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3	7	2	4	9	8	5	1	6
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

California Schools Face Twin Perils: Chronic Absenteeism and Declining Enrollment



By Dan Walters, CALMatters.org

California's public schools have a numbers problem — and it's not just that their students don't score very highly in national tests of mathematics ability. Their other numbers problem is the financial squeeze posed by declining enrollment, especially in large urban districts, compounded by apparently growing levels of chronic absenteeism, or truancy.

"Thirty percent of California public school students were chronically absent from school in 2021-22 — a near tripling of the percentage in 2018-19," the Public Policy Institute of California declared in a recent report. "Although we do not know if this stark increase in chronic absenteeism, defined as missing at least 10% of the school year or at least 18 days, will continue, the data from last year raises concerns about the pace of students' learning recovery after the educational setbacks of the COVID-19 pandemic."

California is one of just seven states that base state financial support of local school systems on attendance, rather than enrollment, so the declines in enrollment and attendance comprise a double financial whammy, one of the reasons many school districts are facing budget deficits.

Enrollment is an immutable effect of demographic change,

both the out-migration of young families to other states and lower birth rates. Chronic truancy, on the other hand, first became notable during the COVID-19 pandemic, when schools were closed for months and many students were unable to keep up with studies via the internet.

Another report from the Public Policy Institute of California found that "schools with greater increases in chronic absenteeism saw steeper drops in proficiency rates on the Smarter Balanced (SBAC) English and math tests, when comparing pre-pandemic levels (2018-19) to 2021-22."

During the pandemic, the Legislature and Gov. Gavin Newsom temporarily deviated from basing state aid on attendance, given the massive dislocation of school closures. The situation also reinvigorated an old debate over whether using attendance is outmoded and California should shift to an enrollment-based system.

Policy Analysis for California Education, a think tank maintained by the state's major universities, chimed in with its own take on the issue, to wit: "We find that about 90 percent of districts would receive more funding under an enrollment-based formula than they would under the current ADA-based system, with the biggest boost going to high school districts and districts with more low-income, English learner, and foster youth students."

ADA refers to average daily attendance.

The analysis estimated that switching to enrollment would cost about \$3.4 billion a year, since truant students would still qualify their schools for aid. It cautioned, however, that while "switching

from attendance to enrollment may help districts gain greater fiscal stability and may shift more resources to school districts with greater student needs," on the other hand, "the current system includes a fiscal incentive that, most agree, encourages higher attendance, even if that attendance definition is relatively weak."

In other words, switching to enrollment would take schools off the hook in battling truancy.

Last year, Anthony Portantino, a Democratic state senator from Glendale, introduced legislation, backed by the public education establishment, including state schools Supt. Tony Thurmond, to make the change.

"Enrollment-based funding ensures that California schools are funded more equitably and have greater financial stability and predictability," Portantino said.

However, with the state facing chronic budget deficits of its own and barely able to supply schools with their constitutionally mandated levels of money, Senate Bill 98 faltered. It eventually morphed into merely an instruction to the Legislative Analyst's Office, the Legislature's budget advisor, to study the effects of changing to an enrollment-based system and report on it by Jan. 1, 2026.

That's known in political circles as kicking the can down the road, a time-dishonored way for officials to avoid making decisions.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Birthday Bash Celebrates Constitution



County Supervisor Sue Frost, center, presents a resolution saluting the U.S. Constitution during Constitution Day celebrations at Lions Park in Folsom. Accepting the award is festival organizer Kaye Lynn Peterson. Event supporters are, from left, Kathryn Surach, Kristen Wakefield, Kari Benton, Debra Caporaso and Mark LeMay.

Story and photo by Susan Maxwell Skinner

SACRAMENTO REGION, CA (MPG) - Penned in 1787, the American Constitution was last week celebrated by a patriotic event in Folsom.

The festival marked Constitution Week, designated in 1956 as a time for Americans to study national history and reaffirm citizenship commitments.

Regional Constitution education groups hosted the 237th birthday bash. Lions Park in Folsom was the venue. More than 200 visitors heard speakers and viewed exhibits.

"Understanding the Constitution is vital for every American," said County Supervisor Sue Frost, whose ancestor, Captain George Overmeyer, served under General George Washington in the Revolutionary War. "The Constitution

defines our rights and responsibilities. It provides the foundation for our Republic."

Added co-organizer Kaye Lynn Peterson, "People are aware that things have changed dramatically in our society over recent years. Rights are easily lost when people don't know what their rights are. The Constitution serves everyone. Our aim is to inspire people to learn more about it."

Event sponsors included Gorilla Learning Center, Enoch Moore, Avini Health, LeMay Chiropractic, Radiant Light Healing Center, Bouncey House, Action Day Learning Center, John Adams Academy, Sweet Heavens Bakery and Lemonade, Battistone's Collision, New York Life, Safe Haven Pet-Sitting, How Money Works and MH Enterprises.

For information on Constitution discussion groups, visit www.saccdg.org. ★

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Sacramento Native Supports U.S. Navy Helicopter Maritime Strike Squadron

By Mass Communication Specialist 2nd Class Tristan Cookson, Navy Office of Community Outreach

SAN DIEGO, CA (MPG) - Petty Officer 1st Class Justin Jordan, a native of Sacramento, California, serves the U.S. Navy assigned to Helicopter Maritime Strike Squadron (HSM-73 Battlecats).

Jordan graduated from Grant Union High School in 2003.

Jordan joined the Navy 21 years ago. Today, Jordan serves as an aviation maintenance administration man.

"I joined the Navy to make a better life for myself and my children's future," said Jordan. "Setting them up financially, medically, and educationally takes stress off of my plate and makes the job worth it."

The skills and values needed to succeed in the Navy are similar to those found in Sacramento.

"I learned to be grateful for the little things and never expect anything from just doing your job," said Jordan. "During deployments, building a routine is crucial. Remaining positive and knowing that your



Justin Jordan of Sacramento joined the Navy 21 years ago. Photo by Mass Communication Specialist 2nd Class Isaiah Williams

day is whatever you make of it."

According to Navy officials, members of HSM-73 Battlecats fly and maintain the MH-60R Sea Hawk helicopter, the Navy's most advanced rotary wing maritime

strike platform. The Navy MH-60R is able to perform many different missions. Some of the most common operations include strikes on maritime targets, submarine hunting and attack, electronic warfare, search and rescue, medical evacuations and supply support.

With 90% of global commerce traveling by sea and access to the internet relying on the security of undersea fiber optic cables, Navy officials continue to emphasize that the prosperity of the United States is directly linked to recruiting and retaining talented people from across the rich fabric of America.

Jordan serves a Navy that operates far forward, around the world and around the clock, promoting the nation's prosperity and security.

"We will earn and reinforce the trust and confidence of the American people every day," said Adm. Lisa Franchetti, chief of naval operations. "Together we will deliver the Navy the nation needs."

Jordan has many opportunities to achieve accomplishments during military service.

"My proudest accomplishment in the Navy is helping all of those who have worked with me and helping them advance their career," said Jordan. "Seeing people succeed when they don't think they can and remain positive is worth it."

Jordan can take pride in serving America through military service.

"Serving in the Navy means a lot to me," said Jordan. "It gives me the chance to provide a better life for my family, especially my two boys. It lets me give them a better upbringing than what I had."

Jordan is grateful to others for helping make a Navy career possible.

"I want to thank everyone who helped guide me through my career and all of the friends and mentors I have met along the way," added Jordan. "I would also like to thank my parents, Mary Jordan and Michael Copeland. Their words of encouragement helped me get as far as I have in the Navy."

"My goal is to earn my associate's in general studies," said Jordan. "I want to use this to become a local law enforcement officer." ★

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