Holliston

Vol. 12 No. 8

Free to Every Home and Business Every Month

PAID PERMIT NO. 142 SPRINGFIELD, MA

PRSRT STD ECRWSS U.S. POSTAGE

Postal Customer Local

October 2024

Holliston murals connect downtown with Rail Trail

By Theresa Knapp

Caoin Springer O'Durgy and his team were busy this

summer creating vibrant murals around town as part of the Regional Trails Creative

Placemaking Strategy project, a collaborative effort between the town and the Metropolitan Area Planning Council.

The Select Board awarded the contract to O'Durgy in August.

"____," said Archana Menon, a Holliston resident and Arts & Culture Fellow who led the project. "___."

The whimsical murals, painted in a color-blind-friendly palette, can be found on the doors of the Blair Square pavilion and two downtown electrical boxes.

The Blair Square mural "features a pavilion symbolizing Holliston's history, with a trail weaving through the town's architecture and creating a path through time. Portals found in doorways physically connect different eras, inviting viewers to reflect on the town's rich heritage. The mural also includes dynamic 3D hanging

Caoin Springer O'Durgy of the Good Boy Collective in the process of painting a mural on the Blair Square Pavilion. *Source: Instagram @mapcmetroboston*

MURALS continued on page 2



Meet the graphic designer behind the 300th clever logos

By Theresa Knapp

Deborah Mark grew up in Holliston, married her high school sweetheart (John), raised

DESIGNER continued on page 3



Deborah Mark's original Celebrate Holliston logo from 1991. *Courtesy photos*







MURALS

continued from page 1

acrylic pieces that depict how the rail-trail might be traveled in different periods, with some figures designed to move in the wind."

The electrical boxes can be found along Washington Street at Green Street and Hollis Street. The Green Street box "represents Holliston's contemporary community, with figures walking towards downtown, their attire reflecting various historical periods beyond the colonial era;" and the Hollis Street box "symbolizes Holliston's future, featuring futuristic elements juxtaposed with the town's timeless architecture."

A "grand unveiling" celebration was held on Sept. 24.

O'Durgy and his team, The Good Boy Collective (a trans-led group of artists dedicated to fostering support and collaboration within the artistic community), are based in Somerville.

For more photos and information, visit bit.ly/HollistonMurals

localtownpages

Published Monthly Mailed FREE to the Community of Holliston Circulation: 5,967 households & businesses

> **Publisher** Chuck Tashjian

Editor Susan Manning

Send Editorial to: editor@hollistontownnews.com

Advertising Sales Susanne Odell Farber 508-954-8148 sue@sodellconsult.com

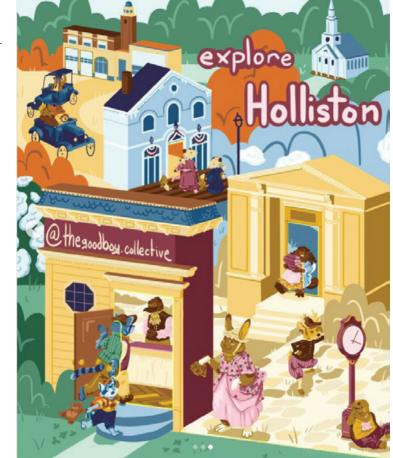
Advertising Director Jen Schofield 508-570-6544 jenschofield@localtownpages.com

Creative Design & Layout Michelle McSherry Kim Vasseur Wendy Watkins

Ad Deadline is the 15th of each month.

Localtownpages assumes no financial liability for errors or omissions in printed advertising and reserves the right to reject/edit advertising or editorial submissions.

© Copyright 2024 LocalTownPages



A closeup of the mural painted on the doors of the Blair Square Pavilion by Caoin Springer O'Durgy and his team, The Good Boy Collective. Source: Instagram @mapcmetroboston



The electrical box at Washington and Hollis Streets was one of two painted by Caoin Springer O'Durgy and his team, The Good Boy Collective, as part of a collaboration between the town and the Metropolitan Area Planning Council. Photo credit: Theresa Knapp



The finished mural painted on the doors of the Blair Square Pavilion by Caoin Springer O'Durgy and his team, The Good Boy Collective. Photo credit: Theresa Knapp



- The electrical box at Green and Washington Streets by muralist Caoin Springer O'Durgy. See more images on Instagram @ cspringerillo. Photo credit: Theresa Knapp

HIGH HOLIDAY SERVICES

Everyone is welcome! Share in the unique experience.

Oct 2	7:00 pm	Erev Rosh Hashanah *
Oct 3	9:30 am	Rosh Hashanah (Day 1) *
Oct 11	7:00 pm	Kol Nidre *
Oct 12	9:30 am	Yom Kippur *
Oct 12	6:30 pm	Ne'ilah **

* Location: Ashland High School, 65 East Union St.

** Location: Ashland Community Center, 162 West Union St.

FOR MORE INFORMATION:

Sha'arei Shalom shaareishalom.org info@shaareishalom.org | 508.231.4700

DESIGNER

continued from page 1

their two children (Bryan and Jackie), and now looks forward to retiring here. Holliston is home.

For more than 30 years, this career graphic designer has been behind the creative "Celebrate Holliston" logos, starting with the original logo in 1991 through this year when she has designed the logos that have appeared throughout the many 300th Celebration events.

"My way of contributing and giving a little bit back for the 300th has been in designing the primary 'Holliston 300 Celebration' logo.," says Mark. "Then, when the calendar of events started to come together, I tried to incorporate something from each event into a 300 logo specifically for them. The goal was to unify the many fun community events under the umbrella of the 300th anniversary year. I really enjoyed trying to give each event its due and making each one unique."

Mission accomplished.

The primary logo Mark highlights is a colorful word collage calling out Holliston's many neighborhoods and longtime organizations that have contributed to the fabric of the town.

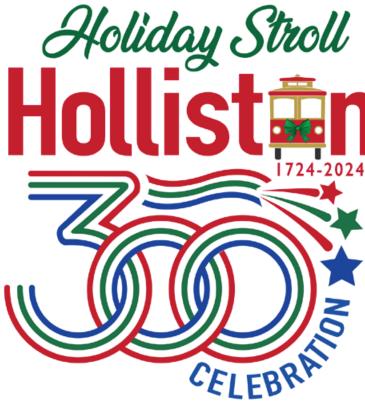
"I wanted to do something special to celebrate Holliston's 300th Anniversary," said Mark. "It took a bit of doing to work as many as possible into the 300 logo. It's my way of honoring the long history of community spirit and volunteerism that we are fortunate to enjoy here in Holliston."

She also incorporated strawberries for the strawberry festival, a baseball for the vintage baseball game, a film reel for family movie night, a marching band for the field day (the original design), a trolley for the upcoming holiday stroll, and many more.

Reflecting on the year of celebration, Mark says the committee has done amazing work, and she says there are many ways for people to volunteer within the community.

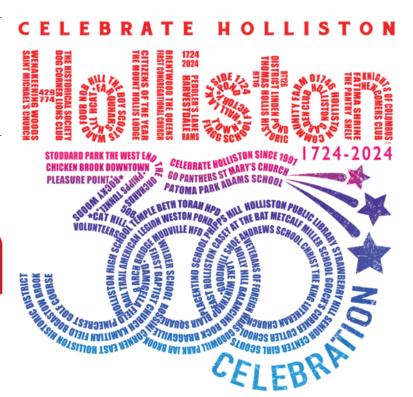
"I would encourage everyone to volunteer even a small amount of your time," said Mark. "There are many great organizations in town that could use you, Celebrate Holliston included. You never know how your talents can be put to good use." "I really enjoyed trying to give each event its due and making each one unique."

> -Deborah Mark, graphic designer Celebrate Holliston



Another one of the festive logos designed by Holliston native Deborah Mark for Celebrate Holliston's 300th celebration.





This is the primary logo for this year's Celebrate Holliston's 300th celebration, designed by Deborah Mark, a longtime volunteer with Celebrate Holliston.

PLEASE RECYCLE





Holliston Fire Chief Named Fire & Life Safety Educator of the Year

Chief Michael Cassidy Recognized for Service, Leadership, and Advocacy

Holliston Fire Chief Michael R. Cassidy was named the 2024 Fire & Life Safety Educator of the Year at the Department of Fire Services' 29th annual Public Fire & Life Safety Education Conference today, said State Fire Marshal Jon M. Davine.

"For nearly three decades, Chief Cassidy has been a passionate advocate for fire safety education, especially when it comes to children and other vulnerable residents," said State Fire Marshal Davine. "He is a local, regional, and national leader in

SIUN

Basement Finished

• Siding - Roof

HUW

Kitchen and Bathroom Remodeling

Wood Flooring Installation & Refinishing

Detailed & Meticulous • Reasonable Rates CALL MAURICIO 508.202.8602

Window & Door Replacement

Deck Replacement and Repair

• Masonry – Walk Way & Patio

community risk reduction, a reliable contributor to our annual conference, and one of the most effective, experienced, and respected leaders in our field."

Also nominated for the annual award were:

- Captain Brian Tyson of the Barnstable Fire Department
- Captain William Paskiewicz of the Billerica Fire Department
- Team Billerica from the Town of Billerica



- Captain Jason Malinowski of Boxborough Fire Department
- The Seniors First Program of the Bridgewater Fire Department
- Chief Michael Cassidy of the Holliston Fire Department
- Firefighter Jason "Otis" Wilson of Millis Fire Rescue
- Ms. Becky Saucier of Mullein Hill Christian Academy in Lakeville

The candidates for this year's award were nominated by their fire departments, community residents, local schools. Each received a certificate recognizing their nomination and commitment to the interests of fire prevention and safety. The winner was selected by a panel drawn from the fire service and the Fire Safety Division of the Department of Fire Services.

"The judges had their work cut out for them, and each of the nominees should be proud of the

recognition by their communities, their peers, and the fire and life safety community," said State Fire Marshal Davine.

The ceremony capped off two days and dozens of workshops led by professionals from the fire service, public education, public health, community risk reduction, and related fields. More than 250 fire and life safety educators attended on each of the two days.

SALMO HEALTH & RETIREMENT WHITNEY PLACE | BEAUMONT NATICK A Season of Change, A HOME OF CARE







Experience the perfect blend of care and comfort this fall at Whitney Place Assisted Living and Memory Care at Natick. As the seasons change, find warmth, support, and peace of mind in a community that feels like home.

> Call 508-655-5000 today to schedule a tour and experience it for yourself.

Patios • Walkways **Retaining Walls Outdoor Kitchens** Fire Pits • Pool Decks

Rediscover your backyard! **MASONRY & HARDSCAPES**

LICENSED & INSURED

Schedule Your FREE Estimate 774.244.2566 EnjoyHomesma.com

• Power Washing • Painting • Carpentry



Holliston's Citizen of the Year 2024

As we celebrate Holliston's 300 Anniversary we are pleased to announce the 2024 Citizens of the Year, Mark E. Dellicker and Gina Stucchi.

Gina Stucchi grew up and lives in Holliston with her husband, Rob Stucchi, who is also a lifelong Holliston resident. She is the mother of three children who are now growing up in Holliston, and she works full-time at Ahronian Landscaping here in town. Continuing the legacy of her parents, Mark and Linda Ahronian, she is now a second-generation Citizen of the Year.

Gina is an active leader in recovery-based ministry, the founder of the Holliston Drug and Alcohol Awareness Coalition, a member of the Holliston Lions Club, a room parent, and a volunteer for the Cystic Fibrosis Foundation Cycle for Life.

She has been a board member of the Celebrate Holliston committee for 8 years and is, more recently, the co-chair of the Holliston Annual Holiday Stroll. She has been instrumental in the town 300th Anniversary activities, especially the parade.

Gina has explained that volunteerism is foundational to the happiness and friendships she has enjoyed in this community.

The committee honors Gina as she embodies the word "volunteer," and her work helps make Holliston a wonderful place to live.

Mark E. Dellicker has lived in Holliston his whole life. He is the second oldest of five boys (son of beloved Jackie and Henry Dellicker). Mark has four



children and six grandchildren (2 sons and 2 grandchildren still live in Holliston!). Mark was a member of the Holliston Fire Department for over thirty-two years with a total of 41 years in the fire service. At age 65, Mark retired as the Deputy Fire Chief, however, is in the process of getting an extension to the age of 70.

Mark's love for Holliston is evident in everything he does. From helping the yearly "boot drive" for Muscular Dystrophy to donating heavy equipment during fire calls, you can find him everywhere in town.

Owning his own construction business since 1979, he has used his talents to help others in town. From helping with projects at the Green Street Pavilion and the High School Field house, to the Engine 3 garage expansion to aiding in the Historical Society's renovations (preserving their barn, donating old timbers etc.) as well donating his equipment to paint various flag poles in town as well as the Touch a Truck events for kids to the Holliston Booster Associations "Duck Drop" Fundraiser.

Mark also donated antique trucks and Holliston's 1928

Engine 1 to the Holliston Parades. He has also helped Holliston's Veterans by donating his time and equipment.

Perhaps what Mark is best known for helping elder neighbors and friends with snow removal and explaining property issues to new home owners. He is on the Board of Overseers at the Charles

River Bank, "giving a voice to the average homeowner and small businesses in town".

Moreover, Mark donated his time and equipment at the Food Pantry in its the transition from the Water Street to Charles location and is instrumental each year at their annual "Souper" Bowl fundraiser.

Mark enjoys volunteering because at a young age his parents, Jackie and Henry, instilled in him and his brothers that if you belong to a community, you give back to the community. That sense of pride and commitment to the town of Holliston is deeply rooted in Mark.

The committee honors Mark on its 300th Anniversary because he is committed to help those in need who live in Holliston.

Thank you and Congratulations Mark and Gina!

Fall Town Meeting set for Oct. 21, could go two nights

Holliston's Fall Town Meeting will take place on Mon., Oct. 21, at 7 p.m. in the Holliston High School.

After the Select Board opened the warrant at its Aug. 5 meeting, Chair Tina Hein said, "Something to keep on everyone's minds is that this may be a twonight event, that's what we're anticipating at this point, but lots to change over the coming weeks." The warrant is set to close on

Sept. 16 at 4 p.m. For more information, con-

tact Town Administrator Travis Ahern at 508-429-0608 or ahernt@holliston.k12.ma.us



Place your Inserts today!

Contact Susanne for Pricing and Reservations: 508-954-8184 or email: sue@sodellconsult.com

<image><section-header><section-header><section-header>



Your Money, Your Independence

Open Enrollment: Medical Plans & Health Savings Accounts (HSA)



Glenn Brown, CFP

Open enrollment is a pivotal time to reassess and select the benefits that best suit your needs.

Among the key benefits you'll choose are insurances (i.e. medical. dental/vision. life, AD&D. disability), services (i.e. legal), tax benefit programs (i.e. dependent care, commuter) and retirement plan participation (i.e. 401k).

An area perplexing many is analyzing High Deductible Health Plans (HDHP) and their tax savings counterpart, Health Savings Accounts (HSAs). Understanding these options can help you make informed decisions.

Choosing the right medical plan.

When it comes to selecting a medical plan, a few ground rules take precedence.

First, a medical plan is a personal choice, and you need to be comfortable with the care received "in-network". Second. need to understand of your historical annual medical bills and expect consistency moving forward.

Case for High Deductible Health Plans (HDHPs).

Cost Structure: HDHPs feature lower monthly premiums but higher deductibles. You pay all costs up to the deductible before your plan starts covering expenses.

Financial Management: While HDHPs can have higher out-of-pocket costs, the lower premiums and tax advantages of an HSA can offset these costs.

Health Savings Account (HSA) Eligibility: Selecting a HDHP is required to participate in a HSA.

HDHPs are often beneficial if you are healthy, don't anticipate high medical expenses, and want to take advantage of the HSA's tax benefits.

Health Savings Account (HSA).

Only during Open Enrollment or Life Event can you Opt-In to an HSA with a HDHP and \$ amount to contribute. You can change the \$ amount later, but not the ability to Opt-In.

Key HSA facts:

- In 2025, an individual can contribute \$4,300 and a family up to \$8,550.
- If over 55, contribute an additional \$1,000.
- All contributions are tax-free federal, state, and FICA (Social Security and Medicare).
- No federal taxes on HSA funds spent on qualified health care expenses.
- Excess HSA funds can be invested for tax-free growth to compound for years.

Thus, unlike any other tax-advantaged savings plan, HSA can offer "triple tax benefits": taxfree contributions, tax-free earnings, and tax-free distributions.

Free money.

Shockingly, over 50% of eligible Americans decline to participate in an HSA. Unbelievable considering most employers put \$500-\$2,000 each year into an

HSA. In theory, \$1 per pay period could return \$500-\$2,000 per year from your employer take it!

Furthermore, "health rewards" programs can earn deposits into HSA by doing preventative care activities. Examples like \$400 deposited when each spouse had an annual physical.

Get the tax savings.

Consider a family in 24% tax bracket averaging \$4,000 in outof-pocket medical expenses. HSA tax-free contributions would provide them tax savings of \$1,466 (\$960 federal 24% + \$200 state MA 5% + \$306 FICA 7.65%). A family in 32% bracket can max out 2025 contributions and gain tax savings of \sim \$3,817.

Leverage tax-free growth for retirement.

Gaining momentum is a financial planning strategy of avoiding withdrawals from HSAs and pay medical expenses from free cash flow. This allows for investment in funds/ETFs to grow tax-free for years before using in retirement for eligible expenses like Medicare premiums, vision, dental, hearing aids, nursing services, long-term care premiums, and medical expenses.

Retire Early crowd please note, while HSAs cannot be used to pay private health insurance premiums, they can pay for health care coverage purchased through an employer-sponsored plan under COBRA, which may be a desired option leaving a company and maintaining 18 months until reaching Medicare eligibility.

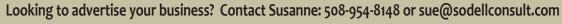
Learn more by connecting with your benefits coordinator or Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of Plan-Dynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

3





Visit us at our NEW location! 760 Washington St, Holliston MA



Knights of Columbus Fundraising Events | Struggling With **Raise Record Amount for Charity**

Knights of Columbus Council 14224 conducted two major fundraising events this year for charity. They held their Sixteenth Annual Charity Raffle and Third Annual Swing for Charity Golf Tournament, with both events culminating at the golf event on June 21.

Combined, they raised \$30,000 for local non-profit charitable organizations. This brings their 16-year charitable fundraising to \$350,000 - and they're not stopping there!

When the raffle originally began, raffle chair Tom Anguish explained that it was designated as "temporary" since it is very labor-intensive and timeconsuming. It was supposed to be replaced when the council brothers found an easier way to raise funds. Sixteen years later it's still going on, but slightly reduced in size as the golf tournament has found its footing and increased in popularity due to its charitable focus.

Golf chair Tony Polise feels that the two events combined seem to have found the key to success even though they still demand considerable effort to achieve the results the council wants to reach. Still - success for both activities depends on the support of the public. Council Grand Knight Al Scaramella pointed out that "these funds can only be reached as long as people believe that the organizations we're supporting are doing good work and they want to contribute to their success."

The raffle raised \$15,000 while offering \$3,000 in total prize money this year with five winners. First Prize went to Ellie Stackpole, Second Prize was won by Cindy Pratt, and Third Prize by Colleen Rainsford. A generous patron purchased the ticket which was drawn for Fourth Prize winner - the MetroWest Veterans Emergency Relief Fund, and the Fifth Prize winner was Tim Perry. All the winners were very thankful for winning and grateful for where the donations were going to be distributed.

As for the Swing for Charity Golf Tournament, this year's event was dedicated to

St. Mary's of Holliston the memory of Sylvia and Bill Stickney who devoted many years guiding and improving the Holliston Pantry Shelf. It also raised \$15,000 with 91 golfers participating and the weather was beautiful. Two teams tied for First Place with a low score of 58. A tie-breaker rule determining that Steve Snow, Dan Higgins, Brian Sanford, and Tim Smith were the winners. The Second Place Team was composed of Karen, Dan, Sean and Patrick Jewett. There was another tie for Third Place and this time the tie-breaker rule determined that Paul Fitzpatrick, Jim MacMunn and Noak Yanes received the award. Garland Busby won the Longest Drive (Men) and Jim Archer the Closest to the Pin Award at 9ft 10 inches. There was also an Air Cannon Closest to the Pin contest which was won by Mike

> Conrad at 3ft 6 inches. Tournament Chair Tony Polise praised the support of the tournament sponsors which included:

> Presenting Sponsors: The Krantz Family

Luncheon Sponsors: Auditmetrics AI, D.C.Bates Equipment Co., Franklin Templeton, Middlesex Bank, State Street Global Advisors

Cart Sponsors: Authentic Auto Body, Green Team Junk Removal, Hanstad Wealth Management, Jack's Automotive

Hole Sponsors: 495 Rental Center - Milford, BDR Automotive, BRADFORD L.T.A., CIVILized Solutions, Cote Automotive, Diane Regan Realtor - Berkshire Hathaway Robert Paul Properties, Harelick Dental Associates, Holliston Sewer Service, Holliston Truck & Equipment, Hometown Automotive & Autobody, In Honor of Girl Scout Troop 67202, Karen Jewett LAER Realty Partners, Melick & Porter LLP, R&R Landscaping, and Village Auto Service

Tony also thanks all those who donated raffle items used to raise funds at the Tournament including: 99 Restaurant (Hudson and Milford), Ashland Ale House, Bazels Sub & Pizza, Bertucci's Restaurant, Crafted, Dairy Queen Grill & Chill, Dr. Green's Indoor Golf, Gaetano's Bakery, Gilfoy Art & Framing, Rep, James Arena-DeRosa, Medwav Café, Melick & Porter LLP, New England Golf Corp., TC Scoops, and TJ's Fine Food and Spirits.

Both events will be run again next year with hopes of raising at least \$1 more than this year. Grand Knight Al Scaramella said the council is committed to helping non-profit organizations help those in need. He also thanked the public for their continuing - and increasing support each year.



By LISA MASSIMIANO, LICENSED ESTHETICIAN AND CERTIFIED ACNE SPECIALIST

If you have been diagnosed with acne and haven't been satisfied with drug store products or the suggested treatment from your doctor, consider seeing an Acne Specialist.

What is an Acne Specialist?

An Acne Specialist is a licensed skin care professional who is specially trained to treat acne using a combination of clinical treatments, home care protocols and regular follow-up during the process of clearing acne prone skin.

Most physicians don't have the time to spend educating patients on the root cause of their acne. They often prescribe oral antibiotics and strong topical retinoids that can leave skin dry, red and irritated. Patients get frustrated with these side effects and stop using the products. How an Acne Specialist Can Help You.

An Acne Specialist will assess your individual skin type, and the type of acne you have, to develop a plan of action specifically for you. They will take the time to teach you about the root cause of acne and provide information on lifestyle, diet, medications, and ingredients in makeup and skin care products that exacerbate acne. They help you to get your skin clear and teach you how to keep your acne under control.

For people struggling with acne, it can be frustrating to try and communicate with their doctor on a timely basis. My clients tell me that the best part of working with an Acne Specialist is that we are there for them to answer their questions and provide support while they go through the process of getting their skin clear.

Questions about acne? Email Lisa Massimiano, owner Skin Smart Salon and Acne Clinic at skinsmartsalon@aol.com or call 508 881-1180. Visit the website skinsmartsalon.com for information about Skin Smart's acne program and other services.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Achieve Clear Skin



Up to 150 guests **Corporate Dinners Rehearsal Dinners** Bridal & Baby Showers Graduations & more

Our contemporary, beautifully appointed private dining rooms provide the perfect backdrop for your event. 3 has the menu, and atmosphere, to suit the most discerning tastes.

For more information, contact Jasmine at jm@3-restaurant.com or 508.528.6333

461 W Central Street (Rt. 140), Franklin, MA 3-restaurant.com



Holliston Garden Club Presents "A Floral Celebration of the **Holidays**" with Maureen Christmas

Christmas, an award-winning National Garden Club Master Flower Show Judge, will create arrangements of varied textures and colors to celebrate the holiday season.

The program will offer something for all levels of designers, including eco-friendly techniques and suggestions for using horticulture from home gardens.

An internationally known floral designer and avid gardener, Christmas is the proprietor of Floral Notes of Acton, Massachusetts. Her flower-show judg-

On Friday, Nov. 8, Maureen ing, competition experience, work to achieve European Masters Certification, and status as a Chapel Designer have given her a deep understanding of design, enhanced by the European style. She has passed the rigorous Professional Florist Design Evaluation, achieving a score that earned her induction into the American Institute of Floral Designers.

Christmas has won numerous awards for her designs in flower shows, including a Bronze Award in the Fusion Flower International Designer of the Year



Internationally acclaimed floral designer Maureen Christmas



Competition. Her designs have been featured in various publications, including on the cover of the National Garden Club's "Vision of Beauty" calendar. A career highlight was creating dramatically large arrangements for His Holiness, the Dali Lama, at the Wang Center in 2014.

Logistics

The meeting will be held at St. Mary's Church Hall, XX Washington Street, Holliston. The event will begin at 6:30 pm with refreshments and time to review the many raffle items available. The program will begin at 7:30 pm.

Tickets for this event are available from garden club members, online at www.Hollistongardenclub.org, Sunnyside Gardens, Hokinton or Debra's Flowers, Holliston. Tickets are \$15 in advance or \$20 at the door.

About the Holliston Garden Club

Founded in 1933, the Holliston Garden Club is a 501(c) (3) charitable organization that encourages the study and practice of horticulture, landscape design, and floral design; aids in the beautification of the town of Holliston; and helps protect and conserve natural resources. A member of the Garden Club Federation of Massachusetts, Inc., and National Garden Clubs, Inc., the club provides both financial and hands-on support to a variety of municipal, educational, and environmental organizations throughout the region.

The Holliston Garden Club welcomes new members, and information about joining is available from HGC membership chairs Valerie Howes.



and Equal Housing Lenders



FREE ESTIMATES!

CALL 508-246-9021

Page 9

Do you need to fear retirement?



Mark Freeman

FINANCIAL FOCUS® Provided by Edward Jones

If you're planning to retire in a few years, are you looking forward to it? Or are you somewhat apprehensive? Are you asking yourself: "What sort of retirement can I afford?"

It's a good question — because the answer can make a big difference in your ability to enjoy life as a retiree.

And retirement can indeed be enjoyable, exciting and fun. Consider this from a recent survey by Edward Jones and AgeWave: A majority of respondents said retirement should be looked at as a whole new chapter of life, and not just a time for rest and relaxation. In other words, people are viewing retirement as a chance for new experiences and new opportunities, rather than a time to simply wind down. But if you're going to make the most of your retirement which could last two or even three decades - you need to be financially prepared.

This preparation can involve many steps, but here are some of the key ones:

Decide what your retirement
lifestyle will look like. How
you choose to spend your
retirement years can make
a big difference in the finan cial resources you'll need.
For example, if you plan
on traveling the world, you

might need more income than if you were to stay close to home and pursue your hobbies. If you can envision your retirement lifestyle and estimate how much money you'll need to support it, you can help reduce some of the uncertainties you might face once you do retire.

Review your income sources. During retirement, you'll likely need to draw on all vour income sources, so it's a good idea to know what you'll have available, such as your IRA, 401(k) and other investment accounts. You'll also need to decide when to take Social Security — if you wait until your full retirement age (probably between 66 and 67), you'll get much larger monthly benefits than if you started taking them at 62. And here's another variable: earned income. Even if you've retired from your

career, you might, if you desire, use your acquired skills in a consulting or part-time position. The more you can earn, the less you may have to withdraw from your investment accounts and the better position you'll be in to delay taking Social Security.

Consider adjusting your investment portfolio. For most of your working years, you may have invested mostly for growth — to increase your assets as much as possible. But growth-oriented investments are also, by nature, riskier, so when you retire, you should review your portfolio to determine whether you need to move it toward a more conservative position. Also, more conservative investments may provide more current income in the form of interest payments. However, even in retirement, you may need some investments

with growth potential if you want to keep ahead of inflation.

Retirement is certainly a major milestone in your life — and adjusting to it can take some time. But there will be much less to fear — and much more to enjoy — if you've done what you can to prepare yourself financially.

Contact Mark for assistance with your personal finances.

Mark Freeman Edward Jones Financial Advisor 77 West Main Street, Hopkinton, MA 508-293-4017 Mark.Freeman@edwardjones. com

THIS ARTICLE WAS WRITTEN BY EDWARD JONES FOR USE BY YOUR LOCAL EDWARD JONES FINANCIAL ADVISOR.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



The b.LUXE *beauty beat*

Jumpstart Your Cosmetology Career with b.LUXE Hair and Makeup's Premier Apprenticeship Program

BY GINA WOELFEL

Are you an aspiring beauty professional eager to establish yourself in the field of cosmetology? Consider the exceptional apprenticeship opportunities offered by b.LUXE Hair and Makeup Studio in Medway, MA. As the state's top Googlerated salon and a two-time Salon Today 200 Honoree, b.LUXE is renowned for its commitment to excellence in the beauty industry. They're now opening their doors in collaboration with the Massachusetts State Board of Cosmetology to the next generation of beauty experts through their apprenticeship program, designed to provide hands-on experience, top-tier education, and an accelerated path to licensure.

The Apprenticeship Advantage

b.LUXE Hair and Makeup Studio, owned by industry veteran Heather Cohen, is more than just a salon. It's a training ground for future beauty professionals. "I work closely with our apprentices to ensure they receive a complete education that builds off what they've learned from cosmetology school. We employ a director of cutting, Sandra Wilkey, and a director of color education, Andrea Rees, to further mentor our apprentices and junior stylists. Our staff is also incredibly supportive, and work as a team

to bring the next generation through successfully," Heather explains. "Early in my career, a well-known Boston salon owner took me under their wing and shared their talent and business knowledge. I received such wellrounded training. I love sharing what I learned." The studio offers comprehensive apprenticeship programs in collaboration with the Massachusetts State Board of Cosmetology. These programs allow participants to gain real-world experience, refine their skills, and earn up to 400 hours towards their 1,000hour licensure requirements while still in school.

The b.LUXE Apprenticeship Program caters to the education and career of future cosmetologists, providing three distinct paths to success.

1. MA Cosmetology Apprenticeship Program

For current students enrolled in a Massachusetts State Board of Cosmetology accredited beauty school, this program is a game-changer. By working at b.LUXE, students can earn up to 400 hours towards their licensure, bridging the gap between classroom learning and professional practice. This time-saving opportunity not only accelerates the journey to becoming a licensed cosmetologist but also ensures that students gain invaluable hands-on experience in Scan Here to Visit Our Careers Page



a real salon environment.

2. The Shop Employed Student Program

Balancing school and work can be challenging, but b.LUXE makes it easier for students to do both. This program allows students to work at the salon after school, offering real-time client interactions, ongoing education, and hands-on training. It's the perfect way for students to apply what they've learned in school while continuing their formal education.

3. b.LUXE Apprenticeship Program

Designed for recent graduates, this program offers a seamless transition from the classroom to the salon floor. Participants can build on the knowledge they've gained in school by working at b.LUXE in a structured, supportive environment. With one-on-one training from industry leaders and access to the best educational resources available,



graduates can elevate their skills and grow their careers in a setting that nurtures creativity and expertise.

Why Choose b.LUXE?

b.LUXE Hair and Makeup Studio stands out not only for its accolades but also for its dedication to fostering the next generation of beauty professionals. The studio's commitment to education is evident in its weekly training sessions, hosted by leading experts in the industry. Apprentices at b.LUXE benefit from personalized guidance and a comprehensive training program that prepares them for success in the competitive world of cosmetology.

As Heather Cohen, the owner of b.LUXE, explains, "Our unique learning opportunities are designed to help students thrive during their school years, after school, or post-graduation. We're excited to collaborate with cosmetology schools and help shape the future of talented cosmetologists."

Take the Next Step in Your Beauty Career

If you're currently enrolled in a board-accredited cosmetology school in Massachusetts, or if you've recently graduated, the b.LUXE apprenticeship program is your chance to gain the experience and education you need to succeed. With a reputation as the best in the state, b.LUXE offers an unparalleled environment for aspiring cosmetologists to grow, learn, and excel.

Whether you're still in school or just starting your career, b.LUXE Hair and Makeup Studio is the place where passion meets professionalism. Embrace this opportunity to transform your cosmetology dreams into reality with the guidance and support of the best in the business.

Visit bLUXE.com to learn more about the program and take the first step towards a bright future in the beauty industry.

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



196 West Central St., Natick • 508-653-5050 • 800-262-6462 • coanoil.com



Pet of the Month: Jameson, one year old and fluffy



With the fluffiest, wildest hair that perfectly matches his big, goofy personality, Jameson is a playful pup who loves his toys and never misses a chance to make self an XL lapdog! Ready to meet Jameson and his amazing friends who are looking for their forever homes? Check them out at baypathhumane.org/ available-dogs/

you laugh. He's been

a delight on walks

with our dog volun-

teers and absolutely

loves playing with

other dogs. Smart and

food-motivated, Jameson already knows

happily consider him-



HNN Thanksgiving Drive Has Begun!

Holliston Newcomers & Neighbors is once again helping to provide gift cards to those in need through the Holliston Pantry Shelf and other local organizations that support Holliston youth such as Head Start and Wayside Youth & Families. Many families have depended on these gift cards to make their Thanksgiving day a special one so we are once again asking for

monetary donations to support these efforts.

Please visit the HNN Donations webpage http://www.hollistonnewcomers.org/donations and select Thanksgiving or if you would prefer to mail your donation, please send a check made out to Holliston Newcomers & Neighbors to Katrine Giroux, 147 Mohawk Path, Holliston and note that it is for Thanksgiving. We are also collecting handmade Thanksgiving Cards which can be dropped off at 922 Highland Street, Holliston - a bin will be at the front door. If you have any questions, please email thanksgivingbaskets.newcomers@gmail.com.

Holliston Newcomers & Neighbors – Building Friendships, Building Community

basic commands like sit, which makes train-**Holliston Town News** ing a breeze. Jameson would thrive in an now has its own active household that Facebook page! can keep up with his energetic, fun-loving Like nature and comfortably handle his size. Holliston Town News He's a huge fan of attention, pets, and snuggles - and he'd

on Facebook to keep up-to-date with articles, events, giveaways and contest announcements for Holliston!





Tires & Alignment • Suspension & Steering Exhaust & Brake • Air Conditioning Factory Scheduled Maintenance Mass. State Inspection Station

508-429-2535 Neil Lazzaro - ASE Technician 1292 Washington St., Holliston villageautosvc.com



25th Holliston Historical Society Oktoberfest on Oct. 18



The 25th annual Holliston Historical Society Oktoberfest will take place on Friday, Oct. 18, from 7 to 10 pm (doors open at 6:30 pm). To celebrate that milestone as well as the Town's 300th anniversary, all attendees will receive a commemorative tankard, included in their ticket price (\$42). Please join the Oktoberfest fun!

Oktoberfest will be held in the Society's 1815 barn—547 Washington St—the perfect venue for this festive occasion. Back, by popular demand, is the Double Eagle Oktoberfest Band whose oompah music will have people laughing, singing and dancing a polka before the evening is done. Also included is a delectable German-style meal and beverages.

Space is limited and we have sold out the past few years, so purchase your tickets early! Tickets will be available through the Society website or they may be purchased in Holliston at Crafted, Fiske's and Superette. The ticket price is \$42. Additional tankards may be purchased at the event for \$15.

Questions? Contact Bea Hait at 774-292-9098 or beateh1@ aol.com or visit hollistonhistoricalsociety.org

Looking to advertise your business? Contact Susanne: 508-954-8148 sue@sodellconsult.com



The Little Gym of Medway Helps Children Build **Confidence, Develop Skills, Make Lifelong Friends**

TLG offers respite during "Parent Night Out" events

Leah Chan (and her husband Nigel) took over The Little Gym (TLG) in Medway in 2021 and since then have made several improvements to enhance the experience of TLG members.

"We've updated our equipment and interior, and worked with our staff to ensure a more dynamic and engaging class experience. Additionally, we've focused on cultivating a welcoming and inclusive environment for all families. We have also made a significant effort to reach out to the local community by supporting local and non-profit organizations."

Chan says the "typical" TLG customer is a family with children aged 4 months to 12 years old. She says TLG is committed to providing a nurturing and supportive environment where children can build confidence, develop physical skills, and make lifelong friends.

"Our programs are designed to be both fun and educational, fostering a love for physical activity and learning. We pride ourselves on our strong sense of community and our dedication to helping every child reach their full potential," Chan says, adding their most

popular programs are the parent/child classes for the youngest kids and pre-k gymnastics.

"We are also growing our non-competitive grade school gymnastics program, and we offer a unique dance class on Sundays that combines techniques from both dance and gymnastics," says Chan. "We also host monthly community events, Parents' Night Out(s), and our ever-popular birthday parties."

A typical birthday party at TLG includes 1.5 hours of funfilled activities led by the enthusiastic TLG instructors. The \$440 package for 15 guests includes exclusive use of the gym, themed games, music, gymnastics activities, and paper goods.

Chan says, "We work with parents to pre-plan the event and handle the setup and cleanup, allowing them to relax





and enjoy the celebration. Need-less to say, it's always sunny and 70s in the gym, so no one has to worry about inclement weather ruining birthday party plans!"

The Little Gym will be hosting events in September and October that are open to members and non-members. Themed events that families can attend (and parents can learn more about TLG) will be held on:

Fri., Sept. 6: Back to School Bash Fri., Oct. 18: Halloween Party

In addition, TLG will host a "Parent Night Out/Parent Survival Night" on Fridays, Sept. 20 and Oct. 11. These events are drop-off events for bathroomindependent kids to have fun at the gym while parents enjoy a night out for 2.5 hours.

For more information about The Little Gym of Medway, stop by 74 Main Street in Medway, call (508) 533-9405, or visit www.thelittlegym.com/massachusetts-medway/.

PAID ADVERTISEMENT

"We've been Little Gym members for almost 7 years now and I can't say enough great things about them! My daughter adores everyone here and it truly is the highlight of her week coming to her Little Gym class! She has come such a long way with not only her gymnastic skills but her social skills as well. Their patience, knowledge and creativity are just a few reasons why we love them!" -Kristen, TLG Member

"It's always sunny and 70s in the gym." -Leah Chan, owner The Little Gym of Medway



COME HAVE SOME SEROUS FUN @ Gym

TheLittleGym.com/MedwayMA

74 Main St, Medway MA 02053 🗹 TLGMedwayMA@thelittlegym.com 🛛 💽 508.533.9405 🛛 (SMS) 508.257.7367



Mark your calendars and

call your friends to join Hollis-

Knights of Columbus Donations Presented at Celebrate Holliston

Knights of Columbus Council conducted two major fundraising campaigns this year.

They held their Third Annual Swing for Charity in June and Sixteenth Annual Charity Raffle, and the two events raised a combined record-breaking \$30,000 for charitable organizations. They started presenting their donations from these events September 21, on stage at Celebrate Holliston.

Council Grand Knight Al Scaramella and members of the council presented checks to four of the organizations targeted for donations this year. They raised \$7,500 for the Holliston Pantry Shelf, another \$7,500 for the MetroWest Veterans Emergency Relief Fund, \$5,000 for the Senior Support Foundation which raises funds for the Senior Cen-

St. Mary's of Holliston ter, and another \$2,500 for the Doug Flutie Jr. Foundation for Autism. Other donations will be made throughout the year. All the donations were warmly accepted by the recipients who praised the council for their efforts and generous support.

> The council has now raised over \$350,000 for nonprofits in the 16 years they've been trying to help those less fortunate. Scaramella emphasized that the Council is committed to continuing their charitable efforts, saying "These organizations perform great services reaching people who need help. We're happy to provide what assistance we can to help them achieve their goals. Everyone deserves respect and dignity and we try to help make that possible. Charity is one of the guiding principles of the Knights of Columbus."

ton Newcomers & Neighbors at our Comedy Night Fundraiser with Cheap Laughs Inc. on November 8th at Anthony's on the Green, 212 Prentice Street, Holliston. Cheap Laughs, Inc. is owned by Holliston's own Paul Gillespie, who brings Boston & television comics out to the 'burbs!

HNN fundraiser proceeds go to the HNN Community Grant Fund which gives back to our community. Past Grant recipients include Holliston Public Library Museum Passes, Holliston Parks & Recreations Summer Concerts, Holliston Police and Fire Departments.

Tickets are \$40 per person and includes entrance to the show and hor'dourves. A cash bar will also be available. Doors



NEWCOMERS & NEIGHBORS

will open at 7:00pm so grab your tickets at hollistonnewcomers.org for a night of fun and laughter while giving back

to our community.

Holliston Newcomers & Neighbors - Building Friendships, Building Community

HNN Great Pumpkin Rail Trail Walk Fundraiser October 27

An Evening of Laughter and Charity

with Holliston Newcomers & Neighbors!

Holliston Newcomers & Neighbors invites you to join us at our Great Pumpkin Trail Walk on Sunday, Oct. 27, from 10am-noon, at the Holliston Rail Trail starting at Blair Square (intersection of Railroad & Central Streets). There are games set up along the first section of the trail up to the first bridge - great for young kids of all ages - and small prizes are distributed. The Great Pumpkin Trail Walk is an

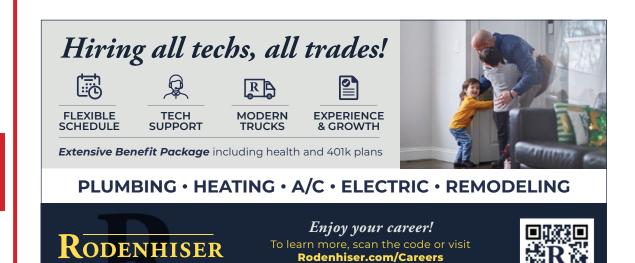
HOME SERVICES

allergy-free way to celebrate Fall for the whole family.

The Great Pumpkin Trail Walk is just one of Holliston Newcomers & Neighbors fundraisers with proceeds going to the HNN Community Grant Fund. Recent grant recipients include the Parks & Recreation Summer Concerts, Holliston Public Library Museum passes and the Holliston Police Department.

The event is \$6 per child (\$5 per child for HNN members). Cash, checks and Venmo are accepted on the day of the event. Adults are free and encouraged to come in costume as well. This outdoor event is a great way to see friends and join in the spirit of the season.

Come in your costumes and enjoy the festivities!



Plumber: #10961 | Corporate Plumbing: #2288 | Master Electrician: #21982A Master Sheet Metal (Unrestricted): #5867 | Corporate Sheet Metal: #641

Trotters best selling loafer Black or Tan Reg \$110 **NOW \$49 EXPIRES 10/31/2024 The Forgotten Foot** "It's Worth the Trip!" 1255 Worcester Road, Framingham Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m. 508-879-3290

ey ladies

looking for wide shoes?

Sizes 6.5ww - 11ww, also 12m

FALL Special

Sports

Holliston Volleyball Wants To Take That Next Step

By Christopher Tremblay, Staff Sports Writer

Last fall the Holliston volleyball team was able to put together a 14-4 regular season record earning themselves a five seed in the Division 3 State Tournament.

Once there the Panthers took out Chicopee and Greater New Bedford each by a decisive 3-0 win. Unfortunately, in the next round, Holliston would go the distance and fell 3-2 to Amherst-Pelham in the Quarter Finals ending their season.

Having lost five seniors to last year's squad, Coach Bob Scumaci will once again be going back to this year's seniors to carry the team. Over the past few years, the Holliston coach has looked to his seniors to carry the bulk of the work on the court and this year is no different; all eight upper classmen will be relied on to take this team deep into the post-season.

Tri-captains Ashley Rokus (outside hitter), Shea Aldredge (libero) and Isabelle Glenn-Smith (middle hitter) will be at the top of the senior chain guiding the Panthers this season. Veronica "Ronni" Stasevich will be the floor captain or the manager on the court. She will interact with the referees and run the Panthers defense on the court.

Seniors Michaela McGovern (middle hitter) and Alia Montvila (right side) round out the senior starters for this year's team.

Stasevich, the floor captain, will be looked upon to continue playing her typical fantastic volleyball. According to the Coach, she does it all – pass, serve and hit. She is also a very quick individual and Scumaci noted he would love to have 10-12 Stasevich's on his team.

"Ronni is a very coachable individual who listens to everything you tell her," the Coach said. "She is a very quiet person, but when she does talk, the rest of the team listens. Her volleyball IQ is tops and she plays club volleyball for Slam and is part of their National team."

Glenn-Smith is what the Coach calls an unassuming player; she is not your typical big



normal middle hitter but being a basketball player, she can jump and does hit hard.

"The opposition looks at her and thinks that she is too thin to hit hard, but she has technique and hitting is her hidden power," Scumaci said. "Teams don't think that they need to double block her, but they soon find out that by not doing so is a big, big mistake and she makes them pay."

Aldredge is the team's number one defensive player and as the libero she knows where she needs to get the ball. She is a very smart player that can move short distances at lightning speed and if she can not get to that destination she is more than willing to sacrifice her body and slide on the court to do so. She gives everything that she has and plays all out all of the time.

Montvila is a lefty that plays on the right side feeding into her skill set. She is another unassuming young lady who according to the Coach has the best vertical leap on the team.

"Alia can not only jump, but she can hit the ball with the best of them," said the Coach. "She is just amazing to watch on the court and this is her year. Last year she didn't get a lot of balls sent her way, but I'm expecting great things from her this year." Rokus is your typical volleyball player – tall, thin, smart and knows where and when to be when hitting the ball. Over the years Scumaci has seen her go from a timid individual to the powerhouse she is today. The Coach noted that when she is right, there is no one that can defend her hits.

McGovern is a great volleyball player in the middle; she knows exactly what needs to be done and where to do it. When she is not on the court, Scumaci considers her the team cheerleader where she is cheering and clapping for her teammates. She has an incredible presence and knows how to play the game.

Junior Grace Whitten will be the Panther's setter or as Scumaci calls her, the team's offensive conductor. Everything that happens on the Holliston side of the court goes through the junior. Her volleyball play is phenomenal, while her vertical leap is fantastic – she is another player that Scumaci says he would love to have a bunch of playing for him. The coach also believes that come next fall she is going to blow people away with her play as well as her knowledge of the game.

Although at the time of this writing the season was still in the early stages of the season, the Coach has liked what the team has shown him and believes that if they continue this way they should be able to accomplish their goals.

Holliston stepped on the court for the first time this year with the thought of capturing the ever-so-tough Tri-Valley Legue Championship. Once that is accomplished, their next goal is to go further in the playoffs than they did last fall and eclipse the Quarter Finals.

"In my opinion I want them to go out and have fun without getting hurt," Scumaci said. "However, the girls want to win and you can see that they did work hard in the off-season and are ready to make that a reality. If they continue to practice and keep care of themselves the way that they should there is absolutely no doubt that they can do anything they set their minds to."

The Holliston Coach went on to say that his philosophy is that everything they do in the gym is the most important part of a successful season.

"As a Coach, that's where I come in - I can help them get ready in the gym but that is all that I can do," he said. "What happens after that is all up to them; they're the ones, all of them, on the court playing the game."

With all the work that the team put in prior to the season getting underway there is no reason that the Panthers cannot accomplish what they set out to do this fall; that is if they stay healthy and play their game on the court.



Holliston Senior Center

International Older Person's Month		OCTOBER 2024 LGBT History Month		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
RESERVATIONS ARE REQUESTED IN ADVANCE. CALL THE CENTER AT 508-429-0622	01 10:00 Writers' Group 10:00 Coffee with HPD 10:30 Energy Focus Mvmt 11:00 Rainbow Coffee 12:00 Zumba Gold	02 9:30 Walking Fitness Itico Yoga 12:00 Lunch	03 9:00 Pilates 10:30 Energy Focus Mvmt 12:30 Camera Club 1:00 Mah Jongg Open Play	04 9:30 Select Chat 10:00 Functional Fitness for the Brain & Body 11:00 Grief Support Group 1:00 Tune Timers
07 9:30 Coffee & Coloring 11:00 Yoga 12:00 Lunch*** 1:00 Tai Chi 1:00 Games Day	08 9:00 Monthly Breakfast*** 10:00 Legal Advice with Marsden Law PC*** 10:30 Energy Focus Mvmt 11:00 Open Craft Time 12:00 Zumba Gold 1:30pm Library Training***	09 9:30 Walking Fitness 10:00 Hopkinton Audiology Cleaning*** 11:00 Yoga 12:00 Lunch*** 12:00 SHINE*** 1:00 COA Meeting	10 9:00 Pilates 10:30 Energy Focus Mvmt 12:30 Camera Club 1:00 Mah Jongg Open Play	11 10:00 Functional Fitness for the Brain & Body 1:00 Tune Timers 1:30 Book Club
14 Center Closed for Columbus Day/ Indigenous People's Day	15 10:30 Energy Focus Mvmt 12:00 Zumba Gold	16 9:30 Walking Fitness 11:00 Yoga 12:00 Lunch*** 1:30 Downsizing & Selling, from Daunting to DONE Presentation***	17 9:00 Pilates 9:30 SSF Meeting 10:30 Energy Focus Mvmt 10:30 Vet's Coffee 1:00 Mah Jongg Open Play	18 10:00 Functional Fitness for the Brain & Body 11:00 Grief Support Group 1:00 Tune Timers 1:30 Dementia Friendly Davis Museum Trip***
21 9:30 Coffee & Coloring 12:00 Lunch*** 1:00 Tai Chi 1:00 Games Day	22 10:30 Energy Focus Mvmt 11:00 Open Craft Time 12:00 Zumba Gold	23 9:00 Podiatry*** 9:30 Walking Fitness 12:00 Lunch*** 12:00 SHINE*** 1:30 Finding Books and Building your Digital Library on Iphone or Ipad***	24 9:00 Pilates 10:30 Energy Focus Mvmt 12:30 Snacks & Movie*** 1:00 Mah Jongg Open Play	25 10:00 Functional Fitness for the Brain & Body 12:00 LGBTQIA+ Fun, Pizza and Games*** 12:00 Dementia Friendly Lunch*** at Sherborn Town Hall 1:00 Tune Timers
28 9:30 Coffee & Coloring 10:00 Legal Advice with Attorney Bergeron*** 11:00 Yoga 12:00 Lunch*** 1:00 Tai Chi 1:00 Games Day	29 10:30 Energy Focus Mvmt 10:00 Meditation 12:00 Zumba Gold	30 9:30 Walking Fitness 11:00 Yoga 12:00 Halloween Luncheon***	31 9:00 Pilates 9:30 Java with Jay*** 10:30 Energy Focus Mvmt 1:00 Mah Jongg Open Play	Bring in your decorated pumpkins for the contest on 10/30. Accepting pumpkins on October 25, 28 & 29.

Holliston residents to participate in Boston Marathon® Jimmy Fund Walk

Audrey Litchfield, and Walk Heroes Bob Christensen and Allan Osborne will join thousands in the iconic fundraising walk for Dana-Farber Cancer Institute to support all forms of cancer research and care

17 residents from Holliston will participate in the Boston Marathon® Jimmy Fund Walk presented by Hyundai on Sunday, Oct. 6.

Pat Hyde, Jen Pierce, Jackie Rogalski, Erica Hinsley, Bob McKee, Christine Knight, Kerry Peterson, Catherine Hulme, Deborah Osborne, Chris Losak, and seven other Holliston residents, along with thousands of other walkers, will participate in the iconic annual event that unites the community to raise funds and support all forms of adult and pediatric care and research at the nation's premier cancer center, Dana-Farber Cancer Institute. The Jimmy Fund Walk has raised more than \$176 million for Dana-Farber in its 35-year history, raising a record-breaking \$9.4 million in 2023.

Bob Christensen and Allan Osborne will participate as Walk Heroes for the Jimmy Fund Walk. Heroes are Dana-Farber patients, the heart of the event, who provide inspiration and motivation to walkers along the course. Heroes are matched with Jimmy Fund Walk teams who walk in their honor. Bob was diagnosed with colon cancer. He is matched with Team Foxborough and Milford's Kindness For Katie.

"I am so pleased with the compassion and care I have received from Dana-Farber," Bob writes. "I want to support them in any way I can, and I am grateful for the all that they do."

Allan was diagnosed with multiple myeloma. He is walking on his match team, Volunteer Services.

"I am here today because of Dana-Farber," Allan writes. "That's why my wife and I volunteer. It's our way of saying thank you and paying it forward in some small way."

"For 35 years, the Jimmy Fund Walk has continuously supported lifesaving research



Bob Christensen

and cancer care at Dana-Farber. Our goal is to build off of the momentum we've established throughout that history, and in 2024, aim to surpass our total from last year by raising \$9.5 million," said Caitlin Fink, assistant vice president of event fundraising. "Fighting cancer is what we do. The Walk unites our community under a common goal —to defy cancer together."

One Walk, Four Distances, For All Cancers

The Jimmy Fund Walk is the only organized walk permitted to use the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber's Longwood Medical Campus); 10K walk (from Newton); Half Marathon walk (from Wellesley); and Marathon walk (from Hopkinton). Walkers can participate virtually as well.

Whatever route participants choose, they will be supported by hundreds of volunteers and treated to refueling stations with refreshments throughout the course. All routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schneider Electric at Boston Common, by the corner of Charles and Beacon Street. Finish line activities



Allan Osborne

will include a celebration with food, entertainment, and more.

To register for the Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call (866) 531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and Jimmy Fund Walk T-shirt.

About the Jimmy Fund

The Jimmy Fund is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped the Jimmy Fund save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, X, and Instagram: @TheJimmyFund.

About Dana-Farber Cancer Institute

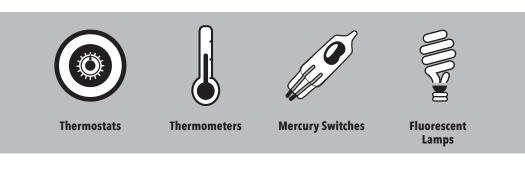
Dana-Farber Cancer Institute is one of the world's leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

We provide the latest treatments in cancer for adults through Dana-Farber Brigham Cancer Center and for children through Dana-Farber/Boston Children's Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult and pediatric care. As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.

MERCURY RECOVERY PROGRAM

Mercury is an element that can be harmful to human health and the environment if not disposed of properly.

Mercury is found in products such as:



Please contact your local Board of Health or Department of Public Works for information on where to safely dispose of these items.

SPONSORED BY

WASTE INNOVATIONS

PLEASE RECYCLE THIS PAPER

Real Estate Corner



The 4-bed, 2-bath, 2,032 square foot house at 10 Winthrop Street in Holliston recently sold for \$735,000. *Image credit: www.zillow.com. Source: www.zillow.com / Compiled by Local Town Pages*

Looking to advertise your business? Contact Susanne: 508-954-8148 sue@sodellconsult.com



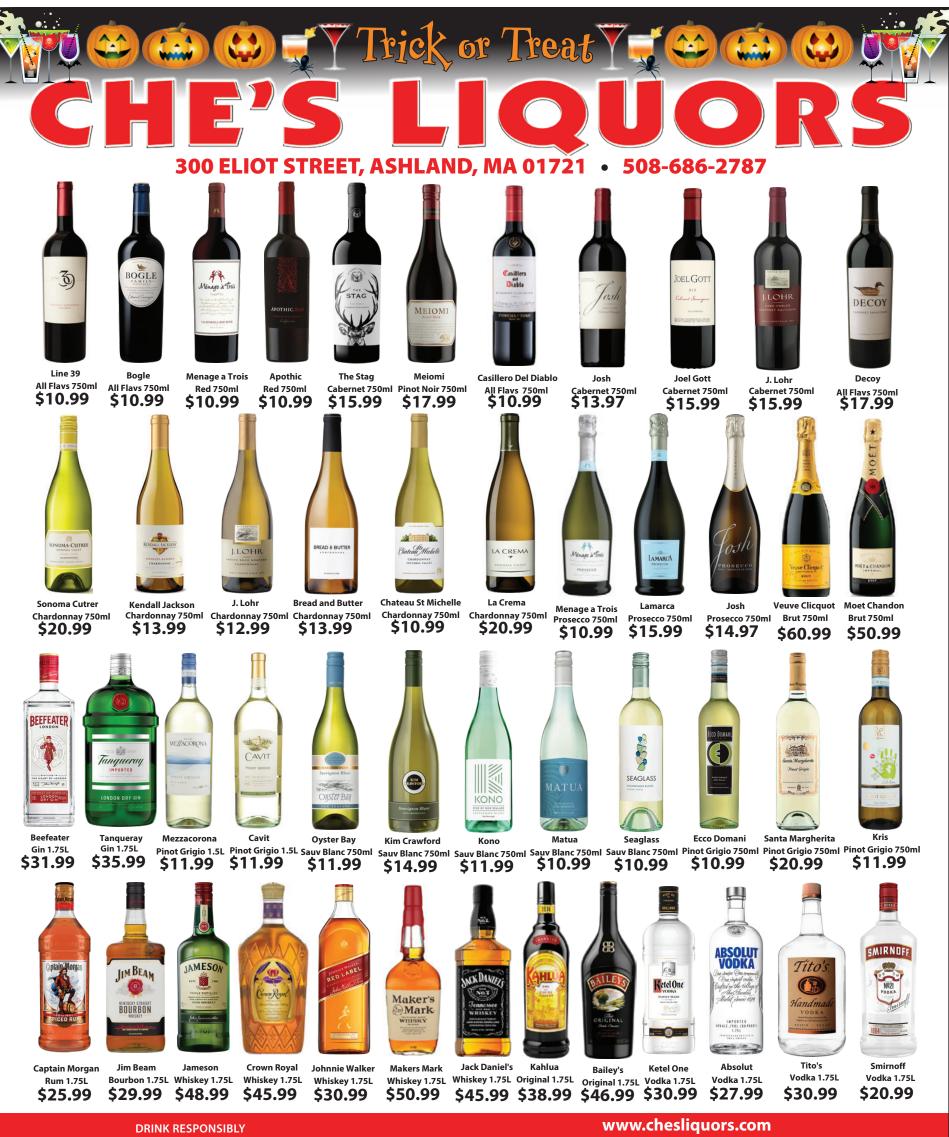
Recent Home Sales

Date	Holliston	Amount
09/05/2024	2 Cassandra Lane	\$975,000
08/05/2024	61 Sweet Grass Lane	\$710,000
09/03/2024	55 Dunster Road	\$710,000
08/302024	147 Adams St.	\$885,000
08/30/2024	2 Norfolk St.	\$799,000
08/30/2024	33 Norfolk St.	\$750,000
08/30/2024	7 Garett Way	\$600,000
08/30/2024	16 Indian Circle	\$1.17 mil
08/29/2024	39 Prospect St.	\$355,000
08/28/2024	108 Marilyn St.	\$665,000
08/26/2024	10 Winthrop St.	\$735,000
08/23/2024	229 Underwood St.	\$1.51 mil
08/23/2024	76 Fairview St.	\$1.15 mil
08/21/2024	76 Kim Place	\$1.18 mil
08/19/2024	1 Rich Road	\$920,000



Call Susanne at 508-954-8148 to run in our Real Estate Corner





MUST BE 21 YEARS OF AGE OR OLDER WITH VALID ID TO PURCHASE MON-WE

MON-WED 9am-9:30pm THUR-SAT 9am-10pm SUN 10am-9pm