



Ceramic Artist Suzanne Stumpf (center) discusses her sculptural work with Open Studio attendees in her historic Barn Showroom.

Continued traditions

Natick Artist Open Studios: Oct. 19 & 21

The Natick Art Association will hold its annual Open Studios weekend on Oct. 19 and 20. This more than two decades old tradition is an opportunity for residents and neighbors to meet Natick's artists in an informal setting to learn about the artists' work and have the opportunity to buy art directly from the artists. Open Studio hours will be 11am-5pmboth days.

This town-wide event takes place at home studios and group studio locations across town and in the Natick Cultural District. The participating artists work in a broad array of media, including painting, sculpture, photography, pottery, jewelry making, mosaics, mixed media, wood-working, and more.

Natick Art Association's members are busy with their creative work throughout the year, with many artists showing their work in regional juried shows as well

OPEN STUDIOS

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Multicultural Day and Natick Days

Natick residents and visitors could visit a small corner of select countries and cultures on Saturday, Aug. 24. That afternoon, the Common hosted the town's annual Multicultural Day, a celebration of diverse customs, clothing and cuisine. Hope you were able to partake in the festivities!



Natick Center was bustling on Saturday, Sept. 7 for the town's premier summer celebration. Natick Days put on a great show of local flavor under sunny skies. Scholastic sports teams and student organizations shared space with Scout Troops, Natick Army Labs, and so many other Natick mainstays. Vendors vied for attention with Varsity sports. Visitors gathered at nonprofit groups and games of skill. A real blast!

- Sean Sullivan

MORE PHOTOS ON PAGE 3

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Claudia Shepherd & Nina Sable

OPEN STUDIOS

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as participating in and leading workshops in their mediums. This past summer, several members had artwork selected for the Danforth Art Museum's annual juried show.

One of the artists juried into the Danforth Show is Liliana Glenn who makes lampwork art glass beads used for making jewelry and other work. Liliana's artwork has also been selected for the "Fire & Water" show at Worcester State University, and she frequently teaches workshops at the Snow Farm craft center in Williamsburg, MA. Liliana's studio is located at a group location at 43 Main Street. Other artists at 43 Main include jewelry maker Deb Sayre and sterling silver craftsman John Holz.

Ceramic sculptor Suzanne Stumpf also had a work featured in the Danforth exhibit. Suzanne is a widely acclaimed, prize-winning artist who recently was awarded third place at the Marblehead Arts Association's national juried show this past May. She has a special interest in



Above, Mosaic artist Carol Krentzman (standing, far right) offers open studio visitors a "hands-on" artistic experience. Right, Photographer Conrad Gee explains his process to visitors



creating multi-component sculptures that can be rearranged for different experiences of the artwork. Open Studio visitors are encouraged to explore and rearrange her sculptures when they visit her historic Barn Showroom at 62 Farwell Street, one mile south of Natick center. In addition to sculpture, Suzanne makes one-of-a-kind porcelain pottery pieces.

Painter Ryan Black also has a solo studio. He has been in residence for 12 years at 57 Eliot Street in picturesque South Natick center. In addition to his work as a painter, Ryan has also been managing the Page Waterman Gallery for 17 years, most recently overseeing the business's move from Wellesley to South Natick. His current ongoing proj-

ect is painting scenes which feature painting scenes which feature weathered weathervanes.

Mosaic artist Carol Krentzman will be a guest presenter at the 3 Adams Street Studio in Natick Center for the weekend. She recently had three of her pieces accepted into juried exhibits of the New England Mosaic Society. She is familiar to Natick residents due to her multiple public mosaic installations in downtown Natick, especially on Court Street. During Open Studio weekend, Carol will once again provide artistic participation opportunities for visitors.

In addition to experiencing Carol's mosaic work, visitors to the large group studio at 3 Adams Street can sample a broad variety of other artistic genres, including painting, pottery, photography, fused art glass, jewelry, among others. Jewelry maker Jo LaFalce is a resident artist there, and she especially enjoys helping clients

to refashion inherited jewelry into new original pieces.

The Natick Art Association's President Ginger McEachern's studio is also at 3 Adams Street. Ginger works in diverse mediums, including watercolor painting, handmade boxes, journals, and jewelry pieces. Photographer Conrad Gees, painter Carolyn Williams, fabric artist Helen Belomo, multi media artist Denise Girardin, and glass artist Steve Levinsky are among the several other artists at that lively location.

Some of the many other artists participating in Open Studio weekend include sculptor Jeff Olsen, watercolorist Nancy Levin, vessel maker Martha Gold, woodworker Steve Strout, and photographers Corinne Rhode and Rolf Larson.

Concurrently on the weekend, the Oldtown Calendar Competition will take place once again at the Eliot Street Church in South Natick on Sunday October 20 from 11am-3pm.

For more information and to learn about all of this year's Open Studio participants and studio locations, visit www.natick-artassociation.org



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MULTICULTURAL DAY

continued from page 1



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October Events At Natick CSC

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Wondrium October

The World Was Never the Same: Events That Changed History

Tuesdays, 11:00am-noon, hybrid, free

Oct 1- Louis Pasteur Cures a Child (1885) an engaging medical story that transformed rabies, anthrax, cholera, and more from immediate death sentences into conquerable illnesses. Charles Darwin Takes an Ocean Voyage (1831) and the theory of evolution by natural selection.

Oct 8- Two Brothers Take a Flight (1903) with the Wright Brothers and the enormous implications for the future of commercial travel, warfare, and space flight. The Archduke Makes a State Visit (1914). With the 1914 assassination of Franz Ferdinand, heir to the throne of the Austro-Hungarian Empire, the stage was set for World War I and for

the turmoil that would last most of the 20th century. Travel back to Sarajevo as political terrorists commit one of the most shocking murders in modern history.

Oct 15- Hitler Becomes Chancellor of Germany (1933) leading to WWII and the Holocaust. So how—and why—did history’s greatest monster gain such a strong hold over the German people? The Day the Stock Market Crashed (1929)

Oct 22- Franklin Roosevelt Becomes President (1933)

The very same year Hitler became chancellor, Franklin Delano Roosevelt became president of the United States. Focusing on the honest and inspiring inauguration speech delivered on March 4, learn how Roosevelt instilled hope in a disillusioned and wounded nation, as well as prepared it to face the tough times ahead. Mao Zedong Begins His Long March (1934) the rise of Mao Zedong, chairman of the Communist Party.

Oct 29- Dr. King Leads a March (1963)

Along with the Gettysburg Address and the inaugural addresses of Presidents Roosevelt and Kennedy is Rev. Martin Luther King Jr.’s “I Have a Dream” speech. Professor Fears retells the life of the civil rights leader behind this

landmark moment, along with the ways he sought to heal a racially divided nation. September 11, 2001

The terrorists attacks and a summary of previous lectures and lessons learned.

Mindfulness Meditation-Hybrid

Join Sharon every Monday and Thursday, 2:00-2:40pm, free for some quiet meditation sitting and some guided meditation.

Weekly Walks On Tuesday

Every Tuesday (10/1, 10/8, 10/15, 10/22, 10/29) meet us at 9:30 am at Elm Bank/Mass Hort to walk the loop road. We meet at first parking lot on the left as you enter abutting soccer fields. We will walk as a group for an hour led by Sharon or other volunteer, wear comfortable shoes/sneakers, dress appropriately for the weather, goes rain or shine. Free, registration requested.

Mondays at a Museum

Join Sharon as we visit museums from around the world. Mondays 3:00-4:00 pm, free

October 7- Van Gogh and the Avant-Garde

October 21- Caravaggio’s Cellar Light

October 28- Picasso’s Year of Wonders

Meet Up At The Davis Museum, Wellesley College

Wednesday, October 9, 11:00 am, free, registration required

Meet us at the Davis Museum, Wellesley College, 106 Central St, Wellesley, free; Parking at the main parking lot- enter campus at the traffic light on Central St, first right and right again into the lot, meet in the museum entrance for a guided tour. Handicapped accessible parking is available right next to the museum in marked spots. Questions? skirby@natickma.org, 508-647-6540 X1907

FALL FEATURE FILMS AND REFRESHMENTS

Tuesday, October 8, 1:00-3:00 pm, free

Enjoy assorted donuts with apple cider, hot chocolate, coffee and a movie. Our feature film will be One Life, PG, 110 minutes. Sir Nicholas “Nicky” Winton, a young London broker who in the months leading up to World War II rescued over 600 children from Nazi-occupied Czechoslovakia. Starring Anthony Hopkins, Lena Olin.

Culturally Curious

Art History’s Best Dressed-Zoom

Wednesday, October 16, 1:30-2:30pm, free

Satins, silks, velvets and furs - through the years, artists have flattered their subjects with beautiful clothes rendered with awe-inspiring detail. This light-hearted program reviews some of the great fashions throughout the history of painting (with a few wardrobe malfunctions thrown in for good measure!). Thank you to Whitney Place for sponsoring this pro-

gram!

Understanding The Cold War- Part 1

A Talk with Rick Tulipano Monday, October 21, 1:30-2:30, free

Understanding the Cold War part 1 examines Who Started It? We’ll examine the ideology known as communism and the three men who brought it to life. With revealing glimpses from the lives of Karl Marx, Vladimir Lenin and Joseph Stalin, we’ll see how the created a multi-nation dictatorship that threatened the survival of freedom the world. Sponsored by- Riverbend of South Natick, Thomas Upham House of Medfield, Timothy Daniels House of Holliston- Three Exceptional Short Term Rehab & Skilled Nursing Facilities close to home.

Meet Up At Concord Museum

Wednesday, October 23, 10:00am, \$6.00 payable at registration

Join us for a guided tour of this museum, which showcases Concord’s political and cultural history, including pieces from Thoreau’s cabin, the famed Revere lantern, Concord made clock’s furniture and the display bringing to life the battle of Concord and the beginning of the American Revolution. Meet in the entry foyer of the museum, 53 Cambridge Turnpike, Concord, parking lot available.

SENIOR CENTER

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Nina Sable helps reduce the stress for seniors selling their homes

BY LINDA CHUSS

For anyone who has lived in their home a long time and is considering a transition - perhaps to a condominium, assisted living community, or with family - the process of preparing and selling their home may feel overwhelming. Nina Sable, a realtor with William Raveis in Natick, has the experience to help make the process manageable.



Nina Sable, with William Raveis Real Estate in Natick, can walk seniors through the process of selling their home to move to a senior living facility.

“It can be stressful,” said Sable. “Some of that comes from not starting early enough. We can help by explaining the timeframe. And we aren’t pushy. We practice old-fashioned kindness and patience as a homeowner works through this change.

“Some people are concerned about privacy. Realtors are bound by a code of ethics and won’t reveal information about you or your home without your consent. Other people think once they call us we’ll hound them, but we definitely won’t. Still other sellers worry where they’ll go during a suddenly scheduled showing – they can stay in the home for it.”

As for the timeframe, Sable recommends allowing 45 to 60 or even 90 days from first calling her until the sale closes. The range comes from the amount of preparation to be done.

“You have choices,” explained Sable, “either selling your home with little preparation, all the up

way to doing some renovations. The upfront effort affects the sales price. So if you just want to clear out some items and take pictures, that’s minimal time and money. Or you can stage the home before listing it, requiring a little more time and up-front expense. Some people even want to fix up rooms or a roof before selling. While a home in better condition and primed to look good will sell for more, we can advise you on what to do, given your needs for upfront expenses, expected sales price, and desired timeframe.”

Some people see postings on telephone poles offering to buy

Sable Homes Metro-West

Business spotlight

their home instantly, but Sable cautions, “You’ll get far less money that way.” Those types of buyers offer a much lower price because they plan to renovate the home and sell it for profit.

Every home, though, needs some clearing out and that isn’t free. Town dumps now charge fees to dispose of large items. Sable suggests it might be more

cost effective to hire a junk hauler. “It’s challenging to choose what to keep and figure out what to do with the rest,” said Sable. “First, know that if you’re moving out of state, take only items of important sentimental value because the cost to move furniture and other large things is usually more than to replace them with new items at your new place. You can sell unneeded things online, or we can recommend an auction house to sell them for you. We know of services to help you sort through it all, removing what you won’t keep.

“Don’t think you need to clear out things or do renovations before you contact us. What your home looks like now won’t affect how we determine the listing price. We’ll advise you on the

options and the expected selling price, depending on what you choose.”

Sable encourages someone thinking about selling their home to contact her early. She said, “It’s not too late to complete a sale this year. And it’s not too early to begin working on a sale for next year – the season starts in mid-January. By starting sooner rather than later, you’ll minimize stress from rushing. And because we understand the complexities, we make it simpler for you and less stressful all around.”

For more information on how Sable can help you get started, visit sellwithsable.realtor, or contact Sable at (508) 733-8935 or nina.sable@raveis.com.

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How to design the perfect outdoor living space



Chris Hopkins

LANDSCAPE INSIGHTS

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ing about designing a spectacular outdoor space for the Spring. Here’s some things to keep in mind as you start to plan.

1) Ask questions

When you look at the green space you want to transform ask “what do I want from this space” — to entertain, relax, let kids and pets play freely, grow fruit or vegetables, or host cozy gatherings...a green space can do many things, but it helps to prioritize. What’s the primary use and what’s a “nice to have”?

2) Talk to friends, neighbors, and the pros

Ask friends or neighbors about outdoor spaces you admire. Talk about the process, how their plans evolved as they built. Don’t be afraid to ask about what they’d do differently. Remember, building an outdoor greenspace is just like renovating a space in your house —it should include planning and might require town permits.

3) Create an idea board

Outdoor living spaces come in all shapes and sizes. Before you finalize your plans, it helps to know exactly what you want — not just how the space will be used, but what style you want. Think English country garden vs modern minimalist. Do some research online and save images of green spaces you like. Social media is a great place to brainstorm and create a Pinterest board.

4) Set a budget

Finalizing your budget will keep your project on track. The last two years have seen prices go up. So, when you talk to friends or neighbors about recent projects ask them about their final cost. You’ll find the estimate and the final total may vary based on how the project evolved during the build. Remember a change in the original design or a problem uncovered means a change in price. Allow a 15% to 20% buffer (over and above your bud-

get) just in case of hiccups. And don’t be tempted to use a low-ball price as it will probably involve cutting corners or worse.

5) Work with a professional

You’ve got your vision and a rough budget, now you can talk to a professional landscape contractor.

Here are some questions you’ll want to ask before hiring:

- Have they completed a project like yours—size and budget?
- References— can you talk to previous clients or suppliers?
- Discuss contract details, in-

cluding: payment schedule; proof of liability insurance and worker’s compensation payments; a start date and projected completion date. Good contracts insure no misunderstandings.

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SENIOR CENTER

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Understanding The Cold War- Part II

A Talk with Rick Tulipano
Monday, October 28, 1:30-2:30, free

Understanding the Cold War part 2 asks- Why Didn't the Cold War Fade Away? We'll see how America attempted to cope with the spread of communism after WWII. Enhanced by photos and captivating stories, this talk delves in the Marshall Plan, the Berlin Blockade, NATO, McCarthyism and the fateful Chinese Communist Revolution. Sponsored by- Riverbend of South Natick, Thomas Upham House of Medfield, Timothy Daniels House of Holliston- Three Exceptional Short Term Rehab & Skilled Nursing Facilities close to home.

The Joys Of Nature- Nature Of The Mayan World- Hybrid

Tuesday, October 29, 1:30pm, free

Take a look at the ancient Maya civilization originated about 2600 BC and was prominent in Mesoamerica in 250AD. The Maya were known for many things including their elaborate stone buildings which often contained carvings relating to their calendar system and hieroglyphic writing. See some of the ancient sites in Belize that can be visited today, from Caracol with its temples, to caves with ancient artifacts. Find out about the origination of an important aspect of Maya culture (hint: chocolate!), and how it came to be incorporated into our modern world. From iguanas and agouti, to birds like the keeled billed toucan and colorful parrots, learn about the wide variety of animals found in this part of Mesoamerica, and how the Maya incorporated many of them into their stories and intricate carvings. Ancient sites, and protected forests around them, still provide homes for many jungle species, such as howler monkeys, that can often be seen and heard while experiencing the wonders of the Maya.

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Family-run Affordable Junk Removal takes the stress out of cleanups

BY CHRISTIE VOGT
CONTRIBUTING WRITER

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recy-



cables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and the Schadlers invested back into the company with new equipment and techniques. "When I first started, for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.'"

Business spotlight

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the back-end while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal



Christine and Jason Schadler, shown here with their children and dog, started Affordable Junk Removal in 2005.

has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Natick in particular, the Schadlers say they are proud to have many repeat customers and friends in the area. Christine was born in Natick, and Jason grew up next door in Framingham and spent much of his youth in Natick. "We also enjoy bringing

our little girls to the mall there," Christine says. "Our 8-year-old calls it 'the best mall in the whole world.'"

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to form connections with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call 774-287-1133 or visit affordablejunkremoval.com.

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Health Savings Account (HSA).

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Among the key benefits you'll choose are insurances (i.e. medical, dental/vision, life, AD&D, disability), services (i.e. legal), tax benefit programs (i.e. dependent care, commuter) and retirement plan participation (i.e. 401k).

An area perplexing many is analyzing High Deductible Health Plans (HDHP) and their tax savings counterpart, Health Savings Accounts (HSAs). Understanding these options can help you make informed decisions.

Choosing the right medical plan.

When it comes to selecting a medical plan, a few ground rules take precedence.

First, a medical plan is a personal choice, and you need to be comfortable with the care received "in-network". Second, need to understand of your his-

• No federal taxes on HSA funds spent on qualified health care expenses.

• Excess HSA funds can be invested for tax-free growth to compound for years.

Thus, unlike any other tax-advantaged savings plan, HSA can offer "triple tax benefits": tax-free contributions, tax-free earnings, and tax-free distributions.

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Shockingly, over 50% of eligible Americans decline to participate in an HSA. Unbelievable considering most employers put \$500-\$2,000 each year into an HSA. In theory, \$1 per pay period could return \$500-\$2,000 per year from your employer - take it!

Furthermore, "health rewards" programs can earn deposits into HSA by doing preventative care activities. Examples like \$400 deposited when each spouse had an annual physical.

Get the tax savings.

Consider a family in 24% tax bracket averaging \$4,000 in out-of-pocket medical expenses. HSA tax-free contributions would provide them tax savings of \$1,466 (\$960 federal 24% + \$200 state MA 5% + \$306 FICA 7.65%). A family in 32% bracket can max out 2025 contributions and gain tax savings of ~\$3,817.

Leverage tax-free growth for retirement.

Gaining momentum is a financial planning strategy of avoiding withdrawals from HSAs and pay medical expenses from free cash flow. This allows for investment in funds/ETFs to grow tax-free for years before using in retirement for eligible expenses like Medicare premiums, vision, dental, hearing aids, nursing services, long-term care premiums, and medical expenses.

Retire Early crowd please note, while HSAs cannot be used to pay private health insur-

ance premiums, they can pay for health care coverage purchased through an employer-sponsored plan under COBRA, which may be a desired option leaving a company and maintaining 18 months until reaching Medicare eligibility.

Learn more by connecting with your benefits coordinator or Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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MathWorks to be Honored with Community Leadership Award by the Community Foundation for MetroWest

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The Community Foundation for MetroWest is thrilled to announce MathWorks, the leading developer of mathematical computing software, as the recipient of the 2024 Community Leadership Award. This prestigious award recognizes the organization's unwavering commitment to develop and enrich the MetroWest community through its partnership with the Foundation's Equity in Education Action Project. The Community Leadership Award will be presented at the Foundation's Community Leadership Reception on Thursday, October 10, 2024, at the Residence Inn in Natick.

Investing in an Equitable Future

Launched in 2021, the Equity in Education Action Project is a collaborative initiative aimed at tackling educational disparities faced by students in underserved communities. The project prioritizes increasing access to high-quality, evidence-based programs that create a strong foundation

for academic success in literacy and STEM fields. The multi-year investment of close to \$1 million from MathWorks has allowed the Foundation to create and sustain these programs with the Framingham and Milford Public Schools with a goal to reach more districts. "By investing in these solutions, we've witnessed a significant increase in our education system's ability to address gaps and inequities in student achievement," said Jay Kim, Executive Director at the Community Foundation for MetroWest. "We believe that equity in education is a key to fostering a stronger, more equitable society for all."

Beyond Funding: MathWorks Partnership Fuels Effective Equity in Education

The organization's dedication to the Equity in Education Action Project goes beyond providing financial support. MathWorks formed an internal and external stakeholder Equity in Education steering committee, demonstrating their deep commitment to

the initiative. This committee played a crucial role in assessing needs, developing a strategic plan for resource allocation, and ensuring the effective implementation of the project's initiatives.

"At MathWorks, we believe that everyone deserves access to a quality education that unlocks their full potential," said Jeanne O'Keefe, CFO and SVP at MathWorks, "Receiving the Community Foundation for MetroWest's Community Leadership Award for our work on the Equity in Education Action Project is a tremendous honor. This award validates our commitment to fostering educational equity in MetroWest and inspires us to continue collaborating with the Foundation to help all students in the region thrive."

The Community Foundation for MetroWest will leverage this partnership, and others, to continue implementing and expanding critical initiatives that address

MATHWORKS
continued on page 11

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Natick Resident Cynthia Hall Kouré Joins The Home for Little Wanderers as Director of Foundation Relations

The Home for Little Wanderers, America's oldest child welfare agency, has appointed Cynthia Hall Kouré as Director of Foundation Relations.

Cindy brings over twenty years of professional fundraising experience to the position. In her new role, Cindy will develop and lead strategic partnerships with local and national foundations in support of The Home's critical mission.

"Cindy is a highly skilled fundraising professional who brings an expertise in grant writ-

ing, relationship-building, and entrepreneurial experience that will bring innovation and growth to our foundation partnerships," said Todd Tuney, Chief Development Officer of The Home for Little Wanderers. "We are thrilled to have her join our team and look forward to working together to build stable lives and hopeful futures for kids."

Cindy's experience includes developing and implementing fundraising and communications plans, identifying grant and major gift prospects, writing grants, and

developing collateral materials. She has expertise in foundation and corporate relations, major gifts, annual fund development, event planning, and development communications. Prior to joining The Home for Little Wanderers, Kouré helped raise money for various local nonprofits, including the Greater Boston Food Bank, Project Bread, and the Women's Lunch Place.

Cindy earned a Bachelor of Arts in Psychology and German from the University of Colorado, Boulder and a Master of Arts in

English from the University of Wisconsin, Madison.

About The Home For Little Wanderers

For over 200 years, The Home for Little Wanderers has helped build stable lives and hopeful tomorrows for children and their families. Our 30+ community-based and residential programs serve thousands of youth

from birth to age 26. Many of these children have experienced abuse, neglect, trauma or a disrupted family life. As the oldest child welfare agency in America, we provide them with safe surroundings, permanent loving relationships and a secure path toward a better, brighter future. For more information, visit the-home.org.

MATHWORKS

continued from page 10

achievement gaps in MetroWest schools to ensure all students have the resources they need to succeed.

About The Community Foundation for MetroWest

In 1995, the Community

Foundation for MetroWest became the trusted philanthropic partner for individuals, families, nonprofits, and businesses in the region who are driven to enhance the quality of life for all in MetroWest. Since then, the Foundation has developed extensive programming (including Equity in Education, Housing and Homelessness Prevention, Workforce Development and

Arts & Culture) and awarded more than \$34 million in grants to charitable organizations. The Foundation currently stewards more than \$30 million in charitable assets for current needs and future impact. To learn more about the Foundation's commitment to improved quality of life in MetroWest, visit community-foundationmw.org or call (508) 647-2260.

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Children's Programs

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Baby Time -- Wednesdays @ 10am -- Join us for a cozy story time filled with lap bounces, rhymes, songs, and simple stories. Geared toward infants and young toddlers with their grownups. Always held indoors.

Jammin with You -- Fridays, Oct 4th & Oct 18th @ 10:30am -- Be prepared to laugh, dance, sing, and jam your way through 30 minutes of non-stop family fun! Held outside (unless it rains)

Read to a Dog -- Saturday, Oct. 5th, 10:00 - 11:15am -- Kids can build confidence and practice their reading skills by reading out

loud to a registered therapy dog! Children ages 5 and up can sign up for a 15-minute reading session with Sophie, a gentle golden retriever who loves belly rubs, stories, and cuddles. Registration is required.

Preschool Pumpkin Party -- Friday, Oct 25th @ 10:30 - 11:30am -- Join us for some messy fall fun! We'll have a variety of craft stations, sensory bins, and fine motor activities, all involving pumpkins. Recommended for ages 1-5 with a caregiver. Wear clothes and shoes that can get messy! This program will be outdoors, weather permitting. Due to limited supplies, registration is required.

All Ages Programs

Featured art display: Sept 19th - October 30th: Fran Daneault's Quilts

Art Reception - Quilts by Frances Caruso Daneault -- Tuesday, Oct 8th @ 5 - 6:30pm -- The BFL is thrilled to welcome back former Assistant Director and Children's Librarian extraordi-

naire Fran Daneault to exhibit her spectacular collection of quilts. Join us at this reception to view the quilts and chat with Fran. Her quilts will be on display from Sept 19 - October 30.

Adult Programs

Closing the Garden (virtual) -- Weds, Oct 9th @ 6pm on Zoom -- As the gardening season comes to a close, we at the BFL are looking for advice on closing down the garden. In this virtual program, the experts at Blackstone Valley Veggie Gardens will explain why fall is the best time to get a jump start on the following year. We'll explore pruning, seed saving, mulching, composting, and more. This program will be held over Aoom. Register to receive the program link.

In Conversation with Historical Fiction author Madeline Martin, author of The Booklover's Library (virtual) -- Thurs, Oct 10th @ 7pm on Zoom -- The BFL is partnering with the Ashland Public Library to bring you author Madeline Martin. This program is for book lovers everywhere! We're so pleased to be chatting with author Madeline Martin about her newest release, The Booklover's Library, as well as several of her other book-related works such as The Keeper of Hidden Books and The Librarian Spy. We hope you can join us for this fun and fascinating conversation.

Madeline Martin is a New

York Times, USA Today, Publisher's Weekly, and internationally bestselling author of historical fiction and historical romance with books that have been translated into more than 25 languages. This program will be held over Zoom. Register to receive the program link.

French Conversation Club - Saturday, Oct 12th @ 10am -- Vous parlez français? un peu, beaucoup, pas de problèmes. Venez nous rejoindre pour parler ou pour écouter.

Even More Haunted Lighthouses of New England with Author Jeremy D'Entremont - Monday, Oct 28th @ 7pm on Zoom -- The BFL is partnering with the Ashland Public Library to bring you author Jeremy D'Entremont. Jeremy is the president and historian of the American Lighthouse Foundation, historian for the U.S. Lighthouse Society, and the author of more than 20 books and hundreds of articles on lighthouses and maritime history. He's the producer and host of the U.S. Lighthouse Society's podcast, Light Hearted. He has appeared on the popular Ghost Hunters TV show, as well as Haunted Lighthouses of America on the Travel Channel. He has also appeared on the History Channel, Public Television, and National Public Radio speaking

LIBRARY

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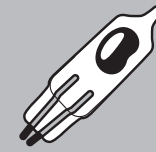
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LIBRARY

continued from page 12

about lighthouses. This program will be held over Zoom. Register to receive the program link.

Adult Book & Film Clubs - registration required for all clubs <https://baconfreelibrary.org/clubs-programs/>

Mystery Book Club -- first Thursday of the month @ 1pm on Zoom

October 3rd: The Inner Circle by Brad Meltzer

History Book Club -- second Thursday of the month @ 11am on Zoom

October 10th: The Wingmen: the unlikely, unusual, unbreakable friendship between John Glenn and Ted Williams by Arthur Lazarus

Environmental Book Club -- third Tuesday of the month @ 7pm at the library

October 15th: Crossings: how road ecology is shaping the future of our planet by Ben Goldfarb

Tuesday Night Book Club -- fourth Tuesday of the month @ 6:30 pm at the library

October 22nd: Roman Stories by Jhumpa Lahiri

Nonfiction Book Club -- fourth Saturday of the month @ 10am at the library & on Zoom

October 26th: On Writing: a memoir of the craft by Stephen King

Cinephile Mondays -- last Monday of the month @ 4pm on Zoom; watch and discuss films. Check the BFL website for the film of the month and to register.

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For the months of September and October, Mass Audubon Broadmoor will host Chris Cleveland's Mycorrhizal Horizons.

my'cor'ri'za [mīkō'rīzə]
 noun, botany

1. a fungus which grows in association with the roots of a plant in a symbiotic or mildly pathogenic relationship

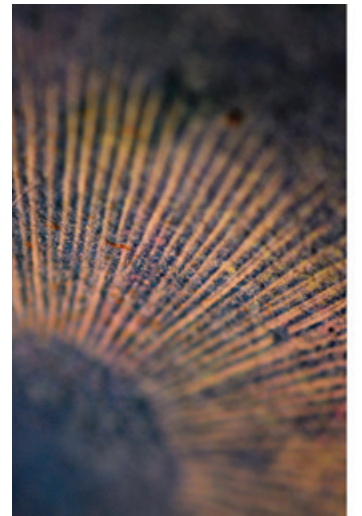
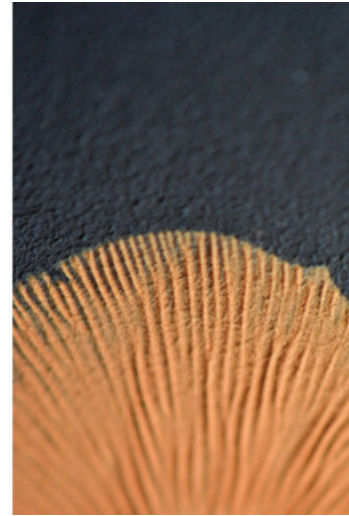
ho'ri'zon [hə'rīz(ə)n]
 noun

1. the line at which the earth's surface and the sky appear to meet

2. (horizons) the limit of a person's mental perception, experience, or interest

This series of prints by artist Chris Cleveland merges paint application, the spore prints of various wild fungi, and macro-photography to generate compositions which are perhaps evocative of alien landscapes, aquatic reef systems, or even the gold leaf patterning present in sacred chapels.

The show runs through the end of October. The gallery is free and open to the public. Please email broadmoor@massaudubon.org for questions.



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and comfortably handle his size. He's a huge fan of attention, pets, and snuggles - and he'd happily consider himself an XL lapdog! Ready to meet Jameson and his amazing friends who are looking for their forever homes? Check them out at baypathhumane.org/available-dogs/



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Sports

NHS Girls Soccer: New Coaches And Still Winning

Trubiano, Daley Guided Jayvee Teams

By KEN HAMWEY
STAFF SPORTS WRITER

The Natick High girls soccer team is acutely aware of the expectations for the 2024 season and it's fully cognizant of the change in leadership the program has undergone.

Last year, the Redhawks defeated Bishop Feehan of Attleboro, 2-0, for its second Division 1 state title in the last three years. And, during the last six seasons, Natick has played for a state championship three times.

Winning the 2023 state title was no easy task, considering the playoff opponents. Natick defeated Boston Latin, Weymouth and Concord-Carlisle before getting even with Brookline, the only team to leave a blemish on the Redhawks' overall record of 21-1-1. In the state final, Natick "pitched a shutout" against Feehan and 14 players in that match are Redhawk returnees. That's why expectations are high.

The architect for the program's past success — coach Dave Wainwright — now is coaching the Wellesley High girls varsity, and his departure no doubt will create some adjustments because the transition involves two new head coaches.

Natick's new co-head coaches are not only familiar with the players and the program, but they've both coached the Redhawks jayvees. Denise Trubiano spent 12 years at the JV level and Kari-Ann Daley has been Natick's freshman coach for seven years and the JV coach for the last five.

They're both very knowledgeable about soccer but they also know there's pressure — on the players and the coaches.

"We've got a good core group with experience but we're the reigning champs and any team that beats us will have a feather in their cap," said Trubiano, who coached as an assistant for the Millis girls for the last three years. "The players and the coaches will have to be prepared every day."

Daley admits the pressure will be huge because "the girls have a target on their backs." But, she's

optimistic in Natick's approach. "The girls know what's been achieved in the past and that success isn't lost on them or the coaches," she emphasized. "We have to take one game at a time and the players have to focus on their roles."

The new coaches are definitely focused on their goals for this season.

"We want to qualify for the tourney, go deep and have some luck along the way," they said. "We also want to strive to improve daily, in terms of development and leadership, continue to develop our skills, build team chemistry and stay healthy."

The coaches are in a positive place so far, primarily because of the team's strengths and the early returns in Natick's first four matches. The girls have compiled a 4-0 record by taming Brookline, Framingham, Newton North and Weymouth.

"We've got solid senior leadership, the girls have a high soccer IQ, they're instinctive and have speed and quickness," said Trubiano and Daley, who both are on Natick High's faculty. "They're also skilled, have natural talent and know the value of team chemistry."

The Redhawks' captains — seniors Olivia Penn (midfielder), Cassidy Moriarity (midfielder/defender) and Kendall Hacker (defender) — "all lead by example, are communicative and supportive."

"Olivia has great field vision, is very good in transition and has endurance," the coaches said. "An adept passer, she gets great touches and is skilled with the ball. Cassidy is powerful, strong and fearless. Tenacious on defense, she's great in the air, handles transition well, her technique is solid and her soccer IQ is high. Kendall is solid on the back line. A smart player, she's the heart and soul of our defense. Confident and strategic, there's no panic in her game."

Two senior defenders — Stella Boggis and Kira Henderson — play key roles. "They had breakout seasons last year," Trubiano

and Daley noted. "They round out the defensive line, have great work habits, are very skilled and are hungry for more success."

Seniors Allegra Gagnon (midfielder) and forward Megan Mela are top-notch in their roles. "Allegra is a workhorse and she's tough in the midfield," the coaches said. "Her instincts and endurance are outstanding. Megan provides a nice touch, she's a capable scorer and she knows the game."

Two juniors who provide goaltender depth are Katie McMahon and Leisl Niedermeyer. "They give us experience and depth and they're well-skilled," the coaches said. "Their reactions are quick and they're able to effectively direct the defense."

Three other juniors the coaches are counting on are twins Lydia and Nicole Proia at striker, and Abby McCauley in the mid-



Above, Natick's new co-head coaches — Kari-Ann Daley, left, and Denise Trubiano — are very familiar with the Redhawks program. Both coached the Redhawks jayvees.

Left, Natick High's leadership team includes, from left, co-coach Denise Trubiano, captains Kendall Hacker, Olivia Penn, and Cassidy Moriarity, and co-coach Kari-Ann Daley

ning will be the by-product," they concurred.

"We also believe that athletics mirror real life. Some valuable life lessons that can be learned in sports are how to lead and be a good teammate, how to learn from mistakes and how to overcome adversity and be resilient."

Trubiano and Daley are both 47 and have strong links to Natick.

Trubiano graduated from NHS in 1995, was a captain and a Bay State Conference all-star in soccer. She played one varsity season at Lafayette College where she majored in Spanish and economics. She earned her masters from Framingham State in education and Spanish, has been on the Natick High faculty for 25 years and is the chairman of the

language department.

Daley is a 1995 graduate of East Bridgewater High where she ran track and played soccer. A four-year varsity competitor in both sports, she was a captain in track and soccer and was a South Shore League all-star in soccer for two seasons. She's been on the NHS faculty for 22 years, teaching psychology and also is an assistant coach for the girls lacrosse team.

The coaches and the players know and understand the challenges of the 2024 campaign. They also know about the expectations, and both the players and the coaches are aware of the adjustments that come when transitioning to a new leadership team.

So far, after four matches, the girls soccer team at NHS is off to a dynamic start.



Sports

Joseph Eager To Keep Elevating NHS Boys Soccer

New Coach Is Natick High Alumnus

BY KEN HAMWEY
STAFF SPORTS WRITER

The Natick High boys soccer team has a new varsity coach but he's no stranger to the players or the program.

Danny Joseph, who worked as the varsity assistant for Alex Mioduszewski, has taken the reins and hopes to build on the success the Redhawks had last year when they compiled a 6-7-3 record and were ranked No. 14 in the Division 1 playoffs. Mioduszewski stepped down to focus on getting his masters degree.

Natick split a pair of games in the state tourney, defeating Cambridge Rindge & Latin before losing to Belmont in the second round.

"My first goal is to continue to build on the momentum of last year," said Joseph, who graduated from NHS in 2013. "Our record fell short of .500 but a No. 14 rank showed that our rebuilding plan is on the right track. My other goals are to develop our younger players, look to our seniors for leadership, and qualify for the tournament again."

Joseph's transition to varsity coach should be smooth after three years as a varsity assistant.

"I learned a lot from Alex," Joseph said. "There will definitely be a transition for me and the players because of the late change in coaches. I'm excited for what's to come. We have a strong, young core, balanced with a group of seniors who are leaders."

"Alex bonded really well with the players, and the trust he built with them, especially last season, paid off. I hope to do the same thing — build a 'brotherhood' with this team early on so that team chemistry helps from the start. Alex prepared me well to take over this role. I'll keep a lot of the things he did but I'm also excited to add my own personal touches to building this squad."

The 29-year-old Joseph is confident his goals will be reached in his rookie year. "I'm confident we can achieve our objectives and I'm impressed with our team's talent and ability."

Joseph, who competed in soccer and volleyball and ran track at NHS, is optimistic about his Redhawks because of a plethora of vital strengths.

"We've got skilled players who are athletic, instinctive and coachable," he offered. "And, our team chemistry is good, the players have a high soccer IQ and they've got passion for the game."

That passion had helped Natick start this season above .500, posting a 3-2 record at Local Town Pages deadline.

The Redhawks lost 11 seniors from last year's team but Joseph has 10 returnees with varying degrees of experience.

Two top-notch competitors are the senior captains — Matty Gordon (midfielder) and Devin Owens (center back).

"Matty and Devin are leaders by example and they're communicative and supportive," Joseph noted. "Matty controls the midfield with ease, is solid in transition and has great endurance. A high soccer IQ player, he's got speed and quickness and is an excellent passer. Devin, who's tall and strong, is a stalwart on the back line. He communicates with his teammates and is dynamic and tenacious on defense."

Senior Theo Paxton is a 6-foot-2 center back/striker who's versatile. "Theo is flexible, able to adapt to all situations," Joseph said. "He's fast, plays at a high level and is capable of being a prolific scorer."

A trio of juniors will be key contributors. They include forward Luke Dougherty and twins Austin and Brady Dubeshter. Austin plays left midfield and Brady is a right fullback.

"They complement one another well, they're skilled, tall and fast," Joseph said. "They get terrific touches on the ball, they're strong dribblers and very coachable. Their soccer IQs are high and they understand their roles."

Seniors Richie Moulton and Eddie Anniballi are defenders who get high praise. "Excellent on defense, they're terrific in pursuit of our opponents' offensive



Natick coach Danny Joseph (center) with his two captains — Devin Owens (left) and Matty Gordon.

players," Joseph said. "They're skilled and their endurance is great. Going up for 50-50 balls, their headers are effective and they win a majority of those efforts."

Senior midfielders Colby Ciavarrro and Joel Duarte are intelligent competitors who have great field vision. "They're super technical with their possessions," Joseph said. "They're also very good in transition, quick, well-skilled and coachable."

Senior Jadon Connors was a back-up last year but Joseph said "I'm happy to have him as our starting goaltender this season." The coach also believes Connors has a great opportunity to showcase his skills and instinctive ability. "He cuts the angles well and is very athletic," Joseph added.

Sophomore Luca Tavilla plays midfield but can also fulfill multiple roles at either forward or as a defender. "He's young but his maturity level is high," Joseph said. "His skill level is through the roof, he's solid in transition and has very good endurance. His versatility is a plus."

A native of Natick, Joseph considers himself a defensive-minded coach but that doesn't mean he dismisses the value of offense. "I played center back in high school but I know the importance of offense," he said. "Depending on our personnel, I plan to blend both aspects into our attack."

Joseph's assistants will include Bryce Nardizzi at the varsity level and Ivor Ford as junior varsity coach. "Both know the game and I'm pleased to have both on board," he emphasized.

Joseph's athletic philosophy focuses on developing character, building team chemistry, and making sure his players reach their potential. "If those things are in place, then winning will follow," he said.

Life lessons can be learned in sports and Joseph lists several that he believes can be valuable after high school. "Overcoming adversity and developing resilience are important," he noted. "And, sports can also teach how to be a quality leader and a good teammate. Other key lessons are setting goals and a willingness to be accountable."

After graduating from Natick High, Joseph enrolled at Fairfield University where he played volleyball for four years and majored in political science and history. A captain in volleyball as a senior, he also was a New England Collegiate League all-star.

Joseph, who has a masters degree from Boston College in education, has been on the Natick High faculty for six years, teaching history and philosophy.

Danny Joseph's enthusiasm and energy coupled with his knowledge of soccer should make him successful sooner rather than later. The NHS alum looks like a good fit for his alma mater.

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Honoring the Fallen

Pictured left to right: Scott Riley, Jared Ontiveros and Michael Shain all volunteers with Thanks to Yanks, a local charity dedicated to supporting military families. Recently the three volunteered at the annual Massachusetts Run For The Fallen and event that honors and remembers those killed in service post 911, as it has in the years past. Thanks to Yanks provided fruit to all participants pre-race and snacks post-race. Thanks to Yanks is honored to volunteer at this special event, it is dedicated to the service and sacrifices made for our freedom Mike Shain the president said "All gave some, some gave all."

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Real Estate Corner

Recent Home Sales

Date	Natick	Amount
09/18/2024	7 Virginia Road	\$689,000
09/17/1024	26 Hartford St.	\$979,000
09/17/2024	12 Walnut St. #18	\$320,000
09/17/2024	15 Morgan Dr. #409	\$775,000
09/16/2024	7 Brookdale Road	\$650,000
09/16/2024	9 Indian Ridge Road	\$1.0 mil
09/16/2024	36 Silver Hill Ln. #23	\$318,000
09/13/2024	17 Morgan Dr. #207	\$499,900
09/13/2024	45 Summer St.	\$975,000
09/10/2024	37 Burning Tree Road	\$879,900
09/06/2024	13 Jameson St.	\$2.35 mil
09/05/2024	1 Cordial Way	\$1.44 mil
09/03/2024	62 E. Central St. #208	\$405,000
09/03/2024	6 Nelson Court	\$800,000
09/03/2024	68 Summer St. #A	\$1.16 mil
08/30/2024	1 Peterson Road	\$1.11 mil
08/30/2024	3 Centre St.	\$750,000
08/30/2024	32 Hartford St.	\$800,000
08/29/2024	5 Rice St.	\$835,000
08/29/2024	9 Village Hill Lane #20	\$320,000
08/29/2024	34 Everett St.	\$1.66 mil
08/29/2024	7 Apple Ridge Drive	\$1.57 mil
08/29/2024	40 Nouvelle Way #T632	\$739,800
08/27/2024	5 Silver Hill Lane #4	\$410,000
08/26/2024	5 Parsons Way	\$1.24 mil
08/23/2024	11 Davis Brook Drive	\$2.05 mil
08/23/2024	57 Beverly Road	\$710,000
08/23/2204	3 Ranger Road	\$750,000
08/23/2024	13 Loker St.	\$625,000
08/23/2024	9 Morgan Drive #401	\$755,000
08/23/2024	13 Morgan Drive #308	\$281,500
08/21/2024	4 Lanes End	\$740,000
08/20/2024	4 Algonquian Drive	\$1.70 mil
08/19/2024	12 Redmen Drive	\$823,000



The 5-bed, 5-bath 6,122 square foot house at 11 Davis Brook Drive in Natick recently sold for \$2.05 million, according to zillow.com. Image credit: www.zillow.com

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