



**New Home Sales in August Rebound**  
PAGE 2

**Sunday Funday Fun for All**  
PAGE 3



# Citrus Heights Messenger

VOLUME 14 • ISSUE 39 Serving the City of Citrus Heights & Sacramento County SEPTEMBER 27, 2024

**SEE INSIDE**

**REMEMBERING 9/11, NATIONAL DAY OF SERVICE**



PAGE 11

**YOU'VE ALREADY PAID FOR IT**  
By Dave Ramsey



PAGE 9

**KING**  
By Mary Jane Popp



PAGE 8



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.  
US POSTAGE  
**PAID**  
PERMIT 350  
Carmichael, CA  
OR CURRENT  
POSTAL CUSTOMER

## New Club Studio Fitness Opens



Team member Emma Lopiccio, Jessica Curto, operations manager and Brandon Garcia, general manager, welcome members to the new Club Studio.

**Story and photos by Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - Club Studio Fitness, a new cutting-edge fitness training club in the Sunrise Village Shopping Center, celebrated its grand opening on Sept. 16, opening its doors to some 1,000 new members to its 36,000-square foot state-of-the-art health club at 5419 Sunrise Boulevard.

Club Studio, adjacent to the new Amazon Fresh grocery store still under construction, bills itself as “state-of-the-art” and will offer several high-end



Jordan Sanchez of Fair Oaks weight lifts.

services for members, according to Brandon Garcia, the studio’s general manager.

“It’s been a long time coming,” Garcia said.

brochure, Club Studio offers fitness “in a class of its own.” The facility creates “a cutting-edge fitness experience that brings top-of-the-line amenities, best in boutique studio classes and wellness services together in one state-of-the-art gym.”

The parent company, Fitness International, whose brands include LA Fitness, City Sports Club and Exporta Fitness, spent approximately \$10 million to remodel the building’s interior and on new equipment, said its public relations director Rachel Yi.

*Continued on page 3*

## Congratulations, Best of Citrus Heights Winners

By Carol Feineman

**CITRUS HEIGHTS, CA (MPG)** - The Citrus Heights community has spoken and results are in for the 19th annual Best of Citrus Heights awards.

This year, Republic Services won two awards: best waste management and overall votes out of all the entries. It marks Republic Services’ first time winning best overall votes.

“Republic Services is proud to be voted the Best Waste Company in Citrus Heights and the Best of the Best,” said Annah Rulon, Republic Services municipal sales manager. “A few of our company values include Human-Centered, Committed to Serve and Driven. This means our employees try hard every day to provide world-class customer service to the 26,000 homes in Citrus Heights and the hundreds of businesses we serve. It was a joy to be among so many community leaders and amazing businesses at the Chamber of Commerce Awards Dinner. Citrus Heights is a hard-working, close-knit community and we enjoy being a part of it.”

On Sept. 19, Republic Services and 42 other area businesses, places and organizations were acknowledged at this year’s Best of Citrus Heights awards celebration.

The Best of Citrus Heights is presented by the Citrus Heights Chamber of Commerce and the Citrus Heights Messenger.

Police Chief Alex Turcotte emceed the western-themed Sept. 19 Best of Citrus Heights awards celebration. Dignitaries attending included state Assemblyman Josh Hoover, Sacramento County Supervisor Sue Frost, Supervisor-elect Rosario Rodriguez, Citrus Heights City Manager Ash Feeney, Citrus Heights Vice-Mayor MariJane Lopez-Taff, and Citrus Heights Councilmembers Tim Schaefer and Porsche Middleton.

“This year’s Best of Citrus Heights was amazing. As far as the engagement, we had the most engagement with almost 500 contenders and over 3,000 voters this year as compared to last year’s 1,700 voters,” said Citrus Heights Chamber of Commerce Executive Director Sheri Merrick. “Last year, there were 4,000 votes and this year, we had over 7,000 votes.”

*Continued on page 4*

## Luncheon Shines Spotlight on Community Safety

**Story and photo by Ornella Rossi**

**CITRUS HEIGHTS, CA (MPG)** - The Citrus Heights Community Center buzzed with excitement on Sept. 17, as the Citrus Heights Chamber hosted its monthly luncheon, drawing a record number of attendees. Sponsored by the City of Citrus Heights and catered by Folsom Palace, the luncheon featured Police Chief Alex Turcotte.

“What do a snake, a brick wall, a tree, and a rope have in common? How can the answer be an elephant?” With this intriguing question, Turcotte opened his presentation at the Citrus Heights Luncheon.

He shared the parable of the blind men and the elephant, where a group of blind men, unfamiliar with the animal, learns about it by touching different parts of its body. Each man describes the elephant based on their limited



Citrus Heights Chamber of Commerce Executive Director Shery Merrick stands alongside Bill Van Duker, Police Chief Alex Turcotte and Citrus Heights Chamber Chairman Dr. Gabrielle Rasi at the Citrus Heights Luncheon.

experience resulting in different interpretations of the same animal.

Turcotte used this story to illustrate how Citrus

Heights approaches community issues.

“Just like the blind men, we each see different facets of our challenges,” he

explained. “Collaboration is essential to understanding the bigger picture and finding effective solutions.”

*Continued on page 2*



# New Home Sales in August Rebound to Second-Highest Level for Month Since 2004



Building Industry Association (BIA) members reported selling 605 homes during the month in the region. Image by Paul Brennan from Pixabay

## North State Building Industry Association News Release

**SACRAMENTO, CA (MPG)** - New home sales in the greater Sacramento area rebounded sharply in August to the second-highest total in 20 years after a July lull likely caused in part by the historic heat wave that month, the North State Building Industry Association reported Sept. 11.

Building Industry Association (BIA) members reported selling 605 homes during the month in the region. That was up 40% from the 433 sales reported in July and 6% higher than the unusually high 573 homes sold in August 2023. The average number of sales for the month regionwide is just 406. This year's monthly sales were the most during an August since 633 sold during the pandemic year of 2020 and were the second highest since 874 were sold in 2004 during the height of the turn-of-the-century housing boom.

North State President and CEO Tim Murphy said the rebound in sales was due to the continued demand for new homes, the continued scarcity of resale homes and the fact mortgage interest rates have

been trending lower in anticipation that the Federal Reserve will begin cutting interest rates later this month.

"Mortgage rates last week dropped to their lowest levels since April 2023 and continue to inch down," Murphy noted. "As there are signs of a cooling national economy, it could well be that the Fed might cut the Fed Fund rates by a full half-point when they meet again next week.

"And while the number of resale homes on the local market is increasing, it's still well below normal levels, meaning that new homes continue to provide the widest selection along with the latest features. With 180 new home communities in the region, there's a new home that meets virtually every need."

Sacramento County again saw the most sales (372) followed by Placer County with 151. Sales in Roseville rebounded nicely to 114 from just 62 the previous month to regain the lead. Rancho Cordova was just behind at 112, followed by Elk Grove (77), Sacramento (74) and Folsom (56).

Building Industry Association statistics include sales by members in Amador, El Dorado, Placer, Sutter, Yolo and Yuba counties. ★

# Luncheon Shines Spotlight on Community Safety

Continued from page 1

Turcotte, who began his law enforcement career in Ventura in 2001 and became Citrus Heights' third police chief in 2006, emphasized the importance of collaboration among residents, business owners and city services.

One of the chief's main concerns is school safety and traffic management, especially around drop-off and pick-up times for students in schools.

"Unfortunately, traffic is where a lot of folks lose their lives," said Turcotte. "Our motor team and our patrol officers really strive to make a difference out there. We've established a new traffic liaison program with schools this year to improve safety especially at drop off and pick up."

Turcotte also addressed the growing issue of organized retail theft.

"We are fortunate to have a grant to combat retail theft and we are currently in the implementation phase," he said. "It's vital to have a combination of prevention and proactive enforcement to reduce crime."

Turcotte shared updates on the department's initiatives, including the deployment of crime prevention trailers and a city-wide camera system that will eventually include 90 cameras for active surveillance.

Narcotic enforcement was another issue brought up by Turcotte.

"We have some serious problems with addiction in our society. We try to get them the resources to break that cycle but for the police department, at some point, we have to have accountability measures," said the chief. "We

are taking a renewed vigor on narcotic enforcement to increase accountability. Without a consequence it's hard to gather the motivation to get better."

The event also celebrated local icon Bill Van Duker, a longtime business owner recognized for his contributions to the community.

"Bill has been a founding father of Citrus Heights, and his impact is immeasurable," said Citrus Heights Chamber Chairman Dr. Gabrielle Rasi, acknowledging Van Duker's 46 years of service.

Van Duker, who opened All-Star Printing in 1977, reflected on the city's growth since its incorporation in 1997.

"Incorporation of the city took us 12 years, it was a long and arduous task," said Van Duker. "We are so proud of our city and all the progress we have made. The city far exceeded my expectations and continues to do so."

Representatives from local government offices expressed gratitude for Van Duker's dedication.

"You have always been a remarkable individual; the passion and dedication you brought to this city has been top tier," said City Councilmember Porsche Middleton. "It inspired me to continue to be in community service and be the person I am today. Thank you for your mentorship and support."

The next Citrus Heights Luncheon is scheduled for Oct. 15 and will feature Hilary Straus, general manager of the Citrus Heights Water District. The event will take place at the Citrus Heights Community Center, located at 6300 Fountain Square Drive. ★

## Be a part of something important Local Writers Wanted

We are looking for local Freelance Writers to provide great coverage.

**MPG** Call us today at 916-773-1111

KP

### International MARKET

FOOD COURT NOW OPEN

10971 Olson Drive  
Rancho Cordova, CA 95670  
916.853.8000

Market - 7 Days: 8am - 9pm  
Food Court - 7 Days: 11am - 3:00pm  
Korean / Viet: 7:30pm last call  
Chinese / Japanese: 4:00pm last call

# NOW OPEN

ENJOY OUR FRESHLY BAKED BREAD & CAKE

10971 OLSON DR. RANCHO CORDOVA, CA 95670

## FROZEN & FISH DEPT

**Assi Frozen Croaker**  
850 g  
REG. \$19.99/ea  
**\$10.99**/ea

**Frozen Squid Whole Cleaned**  
340 g  
REG. \$5.99/ea  
**\$2.99**/ea

## WEEKLY MEAT SPECIALS

**Beef Rump Bottom Round Roast - Brls**  
Pulpa Contra en Trozo sin Hueso  
**\$4.99**/lb

**Beef T-Bone Steak**  
Filete Chablon de Ternera  
**\$5.99**/lb

**Beef Porterhouse Steak**  
Filete Bistecca de Ternera  
**\$6.49**/lb

**Pork St. Louis Ribs - Single Pack**  
Costillas de San Luis  
**\$3.99**/lb

**Chicken Leg Quarters**  
Pernas y Muslo de Pollo  
**99c**/lb

**Pork Loin Roast Boneless**  
Lomo de Cerdo Asado Deshuesado  
**\$2.99**/lb

**Pork Loin Chops Boneless**  
Chuletas de Lomo de Cerdo Deshuesadas  
**\$3.49**/lb

## FRESH PRODUCE

**Russet Potato**  
10 lbs **\$2.29**/bag

**Mini Sweet Pepper** 1 lb **\$3.29**/bag

**Whole Baby Bello Mushroom** 8 oz **\$1.99**/ea

**Green Papaya** **99c**/lb

**Kabocho** **89c**/lb

**Red Potato** **99c**/lb

**Seafood Mushroom Medley** 150 g **3 for \$2**

**Mushroom Medley** 14 oz **\$2.99**/ea

## AMERICAN/HISPANIC GROCERY

**Kingsford Charcoal** 12 lbs  
REG. \$19.99  
**\$14.99**/ea

**V8 Juice** 46 fl oz  
REG. \$4.99  
**\$2.29**/ea

**EED Honey Graham Crackers** 14.4 oz  
REG. \$3.99  
**\$2.99**/ea

**Maggi Instant Noodle** 5 pack 400 g  
REG. \$5.99  
**\$4.99**/ea

**Charmin Mega Ultra Toilet Paper** 9 ct  
REG. \$19.99  
**\$15.99**/ea

## ASIAN GROCERY

**Exellent Biben Rice Sticks** 16 oz  
REG. \$4.49  
**\$3.99**/ea

**Iodized Natural Sea Salt** 26 oz  
REG. \$4.49  
**\$3.99**/ea

**Taco Coconut Water with Pulp** 16.9 fl oz  
REG. \$1.50 ea, \$39.99 case  
**99c** /ea

**Knorr Gashi Tamari Sauce** 14 oz  
REG. \$1.99  
**\$1.79**/ea

**MD Hawaiian Fruit Beverages** 12 fl oz  
REG. \$3.49  
**\$2.99**/ea

## EUROPEAN GROCERY

**Safal 100% Pure Avocado Oil** 2 liters  
REG. \$21.99  
**\$17.99**/ea

**Safal Special Blend Tea with Cardamom** 16 oz  
REG. \$15.99  
**\$12.99**/ea

**Buraka Roasted & Salted Melon Seeds** 350 g  
REG. \$5.99  
**\$4.99**/ea

**Safal Mediterranean Sea Salt Grinder** 330 g  
REG. \$4.99  
**\$2.99**/ea

**Safal Pink Himalayan Salt Grinder** 390 g  
REG. \$5.99  
**\$3.99**/ea

### KOREAN/JAPANESE GROCERY

**Sofal Rice** 4.4 lb  
**\$6.99**/ea

**Jin Ramen Box** 18 x 120 g  
**\$11.99**/ea

**Seaweed** 60 g  
**\$2.49**/ea

**Buldak Hot Sauce** 200 g  
**99c**/ea

**Sofal Special Gift Set** 2.15 kg  
**\$19.99**/ea

**Korean Traditional Rice Cookies** 230 g  
**\$3.99**/ea

**Coco Pico** 12 x 25 g  
**\$2.99**/ea

**O'Food Lunches** 340 g  
**\$2.99**/ea

**Korean Red Ginseng** 20 x 50 ml  
**\$15.99**/ea

**Mochiko Rice Flour** 454 g  
**\$2.49**/ea

**Shirakiku Tonkatsu & Sushi Sauce** 510 g  
**\$3.99**/ea

**Seaweed Snacks** 3 kinds 40 g  
**\$2.49**/ea

### HOUSEWARES

**Bigen Speedy Hair Color** (REFILL ONLY)  
ELECTRIC BBQ GRILL  
**\$5.99**/ea

**MODAMODA SHAMPOO** 300 G  
**\$2.99**/ea

**ELECTRIC RICE COOKER** (4 COOK)  
**\$39.99**/ea

**ELECTRIC RICE COOKER** (3 COOK)  
**\$14.99**/ea

**ELECTRIC RICE COOKER** (2 COOK)  
**\$39.99**/ea

### FROZEN & FISH DEPT

**Long Legged Octopus Cut** 453 g  
REG. \$12.99/ea  
**\$6.99**/ea

### EUROPEAN DELI

**Columbus Pan Roasted Turkey Breast**  
REG. \$19.99/lb  
**\$11.99**/lb

**Green Cracked Olives**  
REG. \$4.99/lb  
**\$4.59**/lb

**Columbus Peppered Turkey Breast**  
REG. \$14.99/lb  
**\$12.49**/lb

**Pined Olives & Garlic Salad**  
REG. \$6.99/lb  
**\$5.79**/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 25 - OCTOBER 01, 2024.

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE SEPTEMBER 25 - OCTOBER 01, 2024.



# Sunday Funday Fun for All

# New Club Studio Fitness Opens



Families have their photos taken at the annual Sunday Funday photo backdrop. Photo courtesy of City of Citrus Heights



Citrus Heights Police Department hosted two K-9 demos during the Sept. 22 event. Photo courtesy of City of Citrus Heights



Citrus Heights Community Marching Bands plays music for all ages to appreciate. Photo courtesy of City of Citrus Heights

By MPG Staff

**CITRUS HEIGHTS, CA (MPG)** - The City of Citrus Heights' Sunday Funday event at Rusch Community Park kept the crowd of hundreds happy from 11 a.m. to 3 p.m. Sept. 22.

Whether listening to a marching band, looking at vendor booths, enjoying refreshments or watching community presentations, residents and visitors were all smiles.

There was plenty to see for all ages, from babies in strollers to seniors talking

to vendors during the free annual Sunday Funday event. The City of Citrus Heights has hosted the event since the city was incorporated.

Among the activities at Sunday Funday were colorful, inviting inflatables for children, Citrus Heights Community Marching Band performances, Citrus Heights Police Department K-9 demonstrations and Historic Rusch Home tours.

Sunday Funday is presented in partnership with Sunrise Recreation and Park District and Citrus Heights Chamber of Commerce. ★



Pictured here is the exterior of Club Studio Fitness, which opened Sept. 16.

Continued from page 1

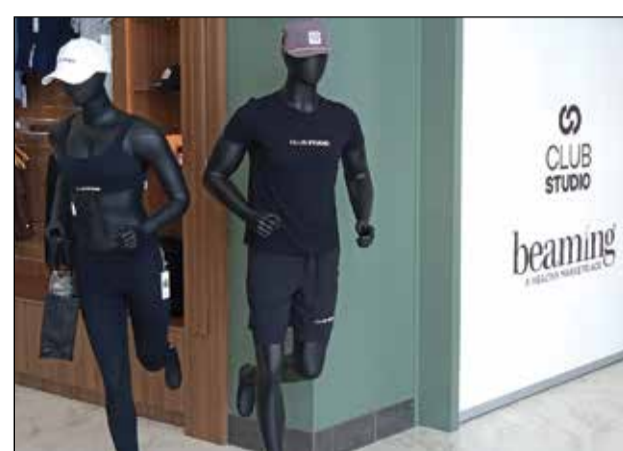
The Citrus Heights health club is the fifth Club Studio location to open by the company, which plans to open 10 such branded locations nationwide by the end of 2024 and 23 locations nationwide by the end of 2025.

The studio closed a smaller satellite site open on Greenback Lane and Sunrise Boulevard next to Red Lobster late this summer where customers were able to sample fitness equipment and purchase memberships while construction was ongoing.

"We had a very good pre-sale period," Garcia said. "A thousand new members was our target membership goal and we have exceeded it."

Garcia provided a pre-opening tour of the club before it welcomed its new members for their first workouts on Sept. 16.

"Club Studio Citrus Heights features five such boutique fitness studios and spacious free weights, strength, functional training and cardio areas, along with recovery services (including cryotherapy, red-light therapy), personal stretch stations, upscale locker rooms and more," Garcia said.



Club Studio Fitness sells athletic wear and other attire at its on-site store.

Services include multiple fitness classes, a weight room, a recovery lab which includes hydro massage beds, compression therapy, cryotherapy and red-light therapy and a med lab, which will include vitamin B12 shots, IV treatments, Botox, and facials.

The new studio also includes full locker rooms with showers and infrared saunas, along with a café that will serve smoothies, snacks, pre- and post-workout energy drinks and more, Garcia said.

A full schedule of yoga, hot Pilates, high intensity interval training, a trampoline class, low-impact fitness classes, and boxing and weightlifting classes

were being finalized, he said.

Club Studio has a staff of about 46 people and an additional 30 instructors who lead classes, said Jessica Curlo, operations manager. The club has a capacity of about 500, she said.

Two membership tiers are listed on the center's website.

Club Studio Citrus Heights at 6245 Sunrise Blvd., Suite C in Citrus Heights is open from 5 a.m. to 10 p.m. Mondays through Thursdays, from 5 a.m. to 9 p.m. Fridays, and from 7 a.m. to 6 p.m. Saturdays and Sundays. Call 916-246-1101 or visit clubstudiofitness.com for specific membership information. ★

## PLAYMAKERS

INCLUSIVE SPORTS • CHARACTER • RELATIONSHIPS

# FLAG

**Playmakers Inclusive NFL Flag Football League for boys and girls ages 6-14**

**Played at the Mesa Verde High School new football stadium**

- 🏈 7501 CARRIAGE DRIVE - CITRUS HEIGHTS, CA 95621
- 🏈 Saturdays beginning September 28 through November 16, 2024
- 🏈 Practices begin at 8 a.m.; Games are from 9:15-10:00 a.m.

**Join us for a fun and safe, inclusive NFL flag football league.**

**Participation is FREE. Register Now! at theplaymakers.org**

**Sponsored By:**

The COUNTRY CLUB OPTIMIST CLUB

VERDE DESIGN

Landscape Architecture | Civil Engineering | Sport Planning & Design

## COGIR | STOCK RANCH SENIOR LIVING

**FIRST MONTH FREE IF YOU MOVE IN BY 9/30!\***

# LIFE ON *your* TERMS

**OFFERING INDEPENDENT LIVING & ASSISTED LIVING**

**FOR MORE INFORMATION CALL DALE MASTERS**

## (916) 603-2930

**COGIROFSTOCKRANCH.COM**

7418 STOCK RANCH RD,  
CITRUS HEIGHTS, CA 95621

License #342700471

*\*Limited time offer. Some exclusions may apply. Contact community for more details.*



# Congratulations, Best of Citrus Heights Winners



**Powers Bookkeeping Service, Inc.'s representatives pose with their recognitions as Best Accounting & Tax Service.** Photo courtesy of Ron Cassity



**Miller's Ace Hardware receives an award for Best Business Services.** Photo courtesy of Ron Cassity



**Evan's Barbershop was recognized in the Best Beauty Services category.** Photo courtesy of Ron Cassity



**Sheri Merrick, executive director of the Citrus Heights Chamber of Commerce, second from right, stands with the Russian American Media Inc.** Photo courtesy of Ron Cassity



**SAFE Credit Union representatives receive recognition as the Best Banking/Financial Institution.** Photo courtesy of Ron Cassity



**From left, Vice-Mayor MariJane Lopez-Taff, Councilmember Tim Schaefer, Councilmember Portia Middleton, Supervisor Elect Rosario Rodriguez, Supervisor Sue Frost, Assemblyman Josh Hoover, Sen. Niello representative Kasim Latipov and Congressman Bera representative Josh Gumacal pose at the Best of Citrus Heights event.** Photo courtesy of Ron Cassity

*Continued from page 1*

This year's sold-out awards celebratopm also had the highest attendance, with more than 250 attendees.

Categories ranged from Best Accounting and Tax Services to Best Community Association to Best Entertainment Venue to Best Restaurant to Best Veterinarian and Pet Services to Best Waste Collective Services.

Online voting through VoterFly

ran from Aug. 6 to Sept. 5.

"This is the first time I've been in a community where we have a third-party, VoterFly, involved with the voting," Merrick said. "I loved it, because it was truly the vote of the community. Ryan Griffith from VoterFly was great to work with. Using Voterfly ensured that the votes had full integrity with no ballot stuffing."

The annual Best of Citrus Heights awards' purpose, Merrick

said, "is to shine a spotlight on our business community and show them love."

"It was so great to hear all the businesses cheering each other on at the awards celebration dinner," Merrick said. "It was a great night and a lot of fun. I absolutely adore Citrus Heights businesses. They are great neighbors; they look out for each other and want to support each other."

The Best of Citrus Heights 2024

was presented by Dignity Health Mercy San Juan Medical Center.

Superstar Sponsors were the City of Citrus Heights, Citrus Heights Water District, Atlas Disposal, County Supervisor Sue Frost, 5 Star Accounting and McDonald's.

Photo Booth Sponsors were Almond Orchard Dental Care and Miller's Ace Hardware.

Media sponsor was Messenger Publishing Group.

Starlet Sponsors were Sunrise Marketplace, California American Water, SJ Sharif, Stones Gambling Hall, Pride Industries and SMUD.

Co-Star Sponsors were Consolidated Communications, San Juan Water and California State Sen. Roger Niello.

For more information about the annual event, winners, go online to [bestofcitrusheights.org](http://bestofcitrusheights.org) and/or the chamber's website at [chchamber.com](http://chchamber.com). ★

# Board Revises Approved 2024-25 Budget

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County Board of Supervisors voted unanimously Sept. 4 to revise the Approved Budget for the 2024-25 fiscal year.

The \$9.2 billion Revised Recommended Budget included an increase of \$340 million in total appropriations from the \$8.8 billion Recommended Budget the Board approved in June. The increases included \$68

million in General Fund appropriations, \$272 million in other funds: \$249 million base budget changes resulting primarily from re-budgeting of capital projects and other contractual expenditures and \$23 million in non-General Fund growth.

The following prioritized General Fund growth identified in June is funded in the Revised Recommended Budget: \$20 million General Fund contribution to the Roads Fund for roadway rehabilitation and maintenance, approximately \$---300,000

for upgrades to the County's Emergency Operations Center and approximately \$17,000 to reallocate a position within Animal Care Services.

Additional recommended growth in the Revised Recommended Budget included \$900,000 to the Sheriff's Office to fund four Deputy Sheriff positions responsible for escorting inmates and medical staff to health appointments in compliance with the Mays consent decree, \$200,000 to Probation to restore one full-time equivalent

position to maintain service levels in Treatment Courts, in compliance with the Mays consent decree, \$500,000 to restore positions in Probation and the Public Defender's office to maintain service levels associated with SB 823 Juvenile Justice Realignment and \$400,000 to Human Assistance to fund the County's required cost of the California Statewide Automated Welfare System (CalSAWS).

The Board of Supervisors approved the following growth during the hearings: \$62,500

to Human Assistance to fund CalFresh operations at the Florin Certified Farmers' Market.

The Board is scheduled to formally adopt the Budget Recommended for Adoption on Sept. 24.

For details, read the Budget Letter to the Board of Supervisors or view all budget documents on the Office of Budget and Debt Management website at <https://bdm.saccounty.gov/FY2024-25BudgetInformation/Pages/default.aspx>. ★



# Disorganization, City-County Feuds Impede California's Efforts to Reduce Homelessness



By Dan Walters, CALMatters.org

Over the last five years, the state government has spent some \$24 billion to ameliorate homelessness, which, according to polls, is California's most troublesome issue.

Despite that immense financial commitment—and billions more in spending by local governments and philanthropic organizations—the number of homeless people continues to grow.

The latest federal homelessness count found 186,000 Californians living on the streets or in shelters, up 5,000 from the previous year and 36,000 since 2019, the year Gavin Newsom became governor. California has the highest homelessness rate of any state and more than a quarter of the nation's homeless population.

Despite the crisis, we have no hard data telling us how the money was spent, much less which programs, if any, have been successful. Not surprisingly, given the evident lack of results, official and private agencies that administer the programs are reluctant to disclose such information.

In fact, Calmatters.org and other groups have resorted to lawsuits to compel homelessness agencies to release information on what they have done with the funds.

Despite the shameful secrecy, it's apparent that one factor in the expanding crisis

is a lack of coordination and cooperation among the public and private agencies.

Earlier this year, State Auditor Grant Parks issued a sharply worded critique of the California Interagency Council on Homelessness, the Newsom administration's tool for coordinating homelessness programs.

"The state lacks current information on the ongoing costs and outcomes of its homelessness programs, because (the council) has not consistently tracked and evaluated the state's efforts to prevent and end homelessness," Parks wrote.

State-level disorganization is compounded by a structural choke point at the local level. Overwhelmingly, unsightly encampments of homeless people are located within cities, but the social and medical services central to closing those camps are administered by counties, and in highly politicized urban areas, city and county officials tend to be rivals rather than partners.

While Newsom periodically issues demands that local officials do a better job of eliminating the camps—notwithstanding disorganization in his own administration—the lack of local cooperation and coordination is a major impediment.

A situation in Sacramento, within earshot of the state Capitol and detailed by Sacramento Bee columnists Tom Philp and Robin Epley, illustrates the conflict.

Sacramento's city and county officials have feuded for years over homelessness, not only for the usual reasons but because the American River Parkway, which runs through the city and has been a favorite camping site for homeless people, is managed

by the county.

Two years ago, faced with a business-backed ballot measure to crack down on encampments, the city fashioned a less harsh alternative that anticipated an agreement with county officials to provide services for people losing their camping sites.

However, instead of joining the city, county officials banned camps in the parkway and ordered law enforcement to clear them.

City officials complained that people removed from the parkway simply set up new camps inside the city limits. When a local legislator, Assemblyman Kevin McCarty, obtained a \$25 million state grant to the county for homeless programs, county supervisors decided how to spend it, mostly on a few dozen shelter beds or housing slots, without agreement from city officials.

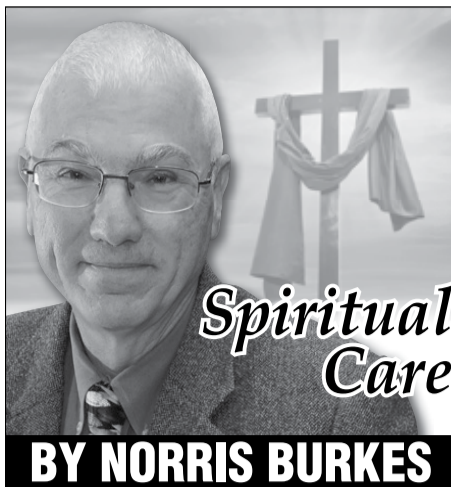
City Councilwoman Karina Talamantes showed up at a meeting of county supervisors to complain about their unilateral actions.

"All the people living on the American River Parkway moved across the street into our neighborhoods north of the river," Talamantes told the board. "I've been asking about these funds for the last two years."

Supervisors fired back in a press release accusing Talamantes of shading the facts about the situation. McCarty, now a candidate for mayor, is caught in the middle of the feud.

*Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.* ★

# Don't Try This Verse at Home



BY NORRIS BURKES

During the two years I was stationed in Izmir, Turkey, I made several visits to the nearby ancient ruins in the seaport of Ephesus. In the Christian world, this city is famous for the letter the Apostle Paul wrote to the fledgling church.

However, in all the years I've preached from this letter, I can tell you that there are no ruins more disastrous than when husbands misuse the words Paul wrote in the fifth chapter of that letter we call the book of Ephesians.

In fact, I suspect that there is no verse in the entire Bible that has given marriages more trouble than Ephesians 5:22. Spoken by a seemingly clueless bachelor, Paul urged, "Wives submit yourselves to your husbands."

(Warning Husbands: DO NOT try this verse at home without chaplain supervision.)

My first run-in with the mandate came in the home of a deacon who'd invited his 26-year-old pastor and wife for dinner after church.

Our deacon, Dan, was a 40ish-year-old family man with three daughters who hung on his every word. But a few hours into our meal, it was his wife, Joanne, who was making the biggest impression on us.

Joanne was an incredibly personable woman who exuded confidence in everything she did. Nevertheless, with Dan she seemed almost subservient. She waited on him hand-and-foot, bringing him what he needed before he'd ask.

As Joanne served dessert, Becky dared a nervous laugh at how Joanne fawned over Dan. The deacon's wife responded to Becky's ribbing with the submission verse, telling us it was her Christian duty to serve Dan. With lips pursed, we nodded in feigned agreement, even though our first impressions told us that the arrangement seemed more like servile compliance than a

Christian marriage.

On our drive home to the parsonage, my young bride made a few declarations. "I hope you're not expecting our marriage to be like that. I'll be your wife, but I won't be your maid or your waitress."

Of course, this was no major development. On our wedding day, Becky veered away from traditional roles by refusing to be "given away" by her father. Instead, both our parents began the ceremony by announcing their affirmation of our marriage. After our wedding, Becky spent the next four years supporting us through my seminary education.

Now that she was ready to start her teaching career and plan our family, she wanted to be sure I knew that I was expected to do an equal share of home upkeep, diaper duty and cooking included.

Of course I wanted to keep this girl, so I always nodded in perfect agreement.

We remained with that church for 4½ years, just long enough to realize that Joanne wasn't the mousy subservient wife we first mistook her for. Their marriage wasn't so easily judged.

Actually, I was privileged to witness how they'd built a marriage of great love and mutual respect. I saw many moments in which Dan also submitted to Joanne's wishes and lavished her with every bit of love he could muster.

Bottom line was that their marriage worked for them and I had no call to judge that.

I met up with Dan and Joanne a few years back and I can tell you that Dan achieved a wonderful life—not by misusing the verse to domineer Joanne, but by cherishing her. Joanne achieved a wonderful marriage, not by losing who she was in Dan's shadow, but by honoring the man God made Dan to be.

Together, they found the secret that precedes the noisy verse about wives submitting. Ephesians 5:21 makes it clear that both the husband and wife must "submit to one another."

That simply means that couples must work it out. Usually, a good marriage involves the couple taking turns in leading in their relationship. Typically, healthy couples lead together.

Izmir was a very short tour of duty, just a temporary home. Fortunately, my assignment with Becky has been a permanent one.

I don't think she'll tell you that our marriage has always been equal because I know it hasn't. But I also know that, as we near the 45-year mark, submitting to one another continues to work for us. ★

# GRACE BAPTIST CHURCH

## Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

### SERVICE SCHEDULES

- Sunday Schools (All Ages).... 9:45 am
- Sunday Worship..... 11:00 am
- Sunday Evening..... 6:00 pm
- Wednesday Evening..... 7:00 pm

6724 Palm Avenue, Fair Oaks, CA 95628  
(Located one block South of Madison; just East of Dewey)  
PASTOR CHARLES CARTER

CALL FOR MORE INFORMATION (916) 967-3915 WWW.GBCFAIROAKS.NET

## 6.75%

Initial APR

**5 Year FIXED RATE**

CHECK THE EL DORADO ADVANTAGE:

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Cost on Qualifying Transactions; Except for Appraisal/Evaluation Costs
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

Serving our local communities for over 65 years

## HOME EQUITY

Line of Credit Loan

Serving our local communities for over 65 Years

**www.eldoradosavingsbank.com**

Member FDIC CITRUS HEIGHTS • 7895 Lichen Drive • 916-729-1100

800-874-9779 Se Habla Español

The initial Annual Percentage Rate (APR) is currently 6.75% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for repayment period is 7.125%. The maximum APR that can apply any time during your HELOC is 15%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal or property evaluation. This cost will be disclosed in your commitment letter and paid at loan closing. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$25 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$85 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.



**Publisher, Paul V. Scholl**  
Citrus Heights Messenger is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

# Citrus Heights Messenger

Serving Citrus Heights and Sacramento County Since 2006

It is the intent of the Citrus Heights Messenger to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Citrus Heights Messenger is not responsible for unsolicited manuscripts or materials. The entire contents of the Citrus Heights Messenger are copyrighted. Ownership of all advertising created and/or composed by the Citrus Heights Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to:  
**Citrus Heights Messenger,**  
7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.  
Subscription rate is \$52 per year in Citrus Heights.  
\$72 within Sacramento County.  
Citrus Heights Messenger is published weekly.  
Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



# Shred Day 2024

St. Vincent de Paul Fund Raiser  
**"Help Us Help The Poor"**  
5057 Cottage Way, at the Walnut Avenue Parking Lot  
**Saturday, October 12th**  
**8:30 a.m. - 11:30 a.m.**  
(Or until the truck is full)

**On-site Shred Truck • You Can Watch**

- ✓ Bring all old or new tax records and/or any other old dust-gathering confidential documents for professional shredding
- ✓ Please, no plastic bags or large metal clips/binders, or Amazon-style packing
- ✓ All shredded paper is recycled

**Suggested Donation:**  
**\$500** for each paper grocery shopping bag  
or **\$1000** for each standard file box.

For More Information OLASVDPHRED@GMAIL.COM | Curbside Service Available



Legal Advertising Hotline  
916-483-2299  
Legal Advertising Fax  
916-773-2999

# LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

## FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06436  
Curtis Cassidy, 312 Silberhorn Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Next Level Comfort" 312 Silberhorn Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: September 6, 13, 20, 27, 2024  
NEXT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06373  
Eduardo Elias, 10501 Croetto Way, #84, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Navarro Skin" 11082 Coloma Road, #3, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 20, 2024  
Publish: September 6, 13, 20, 27, 2024  
NAVARRO 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06623  
Ghulam Sakhi Akbarzai, 4141 Palm Way, Apartment 471, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Dreamy Media Group" 4141 Palm Way, Apartment 471, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: September 6, 13, 20, 27, 2024  
DREAMY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06466  
Sabra Fern Connelley, 2119 Colonnade Way, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Style Coaching with Sabra" 2119 Colonnade Way, Elverta, CA 95626. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: September 6, 13, 20, 27, 2024  
STYLE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06389  
Ayanna McClendon, 3821 Annadale Lane, #19, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bu Fashion Boutique" 3821 Annadale Lane, #19, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 20, 2024  
Publish: September 6, 13, 20, 27, 2024  
BU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06413  
Andrey Khmyz, 6236 Casita Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Silver Star Transportation Service" 6236 Casita Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 21, 2024  
Publish: September 6, 13, 20, 27, 2024  
SILVER 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06408  
Jesus Zamora, 5817 Nonnie Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Spartans Lawn & Maintenance" 5817 Nonnie Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 21, 2024  
Publish: September 6, 13, 20, 27, 2024  
SPARTANS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06000  
Tonie C Arroyo, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tonie's Dog Grooming" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024  
Publish: September 6, 13, 20, 27, 2024  
TONIES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06002  
Maxim Yakimchuk, 2121 Mission Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Grooming with Max" 2121 Mission Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 5, 2024  
Publish: September 6, 13, 20, 27, 2024  
GROOMING 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05804  
Briana Niswonger and Abrielle Warren, 1000 Riverwalk Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "24-SBRA-2" 1000 Riverwalk Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 29, 2024  
Publish: September 6, 13, 20, 27, 2024  
SBRA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06470  
LRC Jewelry Inc, 5805 Watt Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Joyeria Los Angeles" 5805 Watt Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: September 6, 13, 20, 27, 2024  
JOYERIA 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06621  
Monica Cristina Figueroa, 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Wheat Ridge Baking Company/Wheat Ridge Baking Co." 12411 Wheat Ridge Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: September 6, 13, 20, 27, 2024  
WHEAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06395  
Gabee LLC, 100 Woodsmoke Way, Folsom, CA 95695 is doing business under the Fictitious Business Name(s) "ADU Annex" 100 Woodsmoke Way, Folsom, CA 95695. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: September 6, 13, 20, 27, 2024  
ADU 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06619  
Angie Gomez-Alvarez, 21377 Gilbert Drive, Redding, CA 96002 is doing business under the Fictitious Business Name(s) "Angela's Transportation" 9049 Alderson Avenue, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: September 6, 13, 20, 27, 2024  
ANGELAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06687  
Emergency Restoration & Cleaning Inc, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Emergency Restoration & Cleaning/ERC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 29, 2024  
Publish: September 6, 13, 20, 27, 2024  
EMERGENCY 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06686  
Always Green Clean LLC, 3073 Kilgore Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "AGC" 3073 Kilgore Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: September 6, 13, 20, 27, 2024  
AGC 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06537  
Fyock Enterprises, 4420 Pasadena Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Fat Dogs & Spuds" 4420 Pasadena Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 23, 2024  
Publish: September 6, 13, 20, 27, 2024  
FAT 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06032  
Griselda Sanchez, 5825 Madison Avenue, #2, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Esmeralda's Cafe" 5825 Madison Avenue, #2, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 6, 2024  
Publish: September 6, 13, 20, 27, 2024  
ESMERALDAS 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06371  
Lisa M. Magon, 627 Hancock Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Blue Acorn" 627 Hancock Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 20, 2024  
Publish: September 6, 13, 20, 27, 2024  
BLUE 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06713  
Omar Shirzadi, Foad Aurangzib and Sultan Safi, 3400 Watt Avenue Suite 102, Sacramento, CA 95821 are doing business under the Fictitious Business Name(s) "Afghan Unity and Solidarity Association (AUSA)" 3400 Watt Avenue Suite 102, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 29, 2024  
Publish: September 6, 13, 20, 27, 2024  
AFGHAN 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06315  
Bryon Reese and Melissa Reese, 6801 Red Maple Way, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Reese's Game Pieces" 6801 Red Maple Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 16, 2024  
Publish: September 6, 13, 20, 27, 2024  
REESES 9-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06248  
Code 4 Hood Edu, Inc, 4905 Stockton Boulevard, Suite 337, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Code4Hood/eSTEAMED Academy & Maker Space" 4905 Stockton Boulevard, Suite 337, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 14, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
CODE4HOOD 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06249  
The J5 Group, LLC, 3830 Watt Avenue, Suite 7, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Strategy, Structure Solutions/Ready Set Launch" 3830 Watt Avenue, Suite 7, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 14, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
STRATEGY 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06439  
Charles Mollard and Crystal Standley, PO Box 2212, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "The Glass Specialist" 6209 West 2nd Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
GLASS 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06726  
Women Economic Empowerment Initiative, 11 Carver Court, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Women Economic Empowerment Initiative" 11 Carver Court, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 30, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
WOMEN 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06336  
SNJ Capitol Corp, 9764 Caneria Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Renewal and Growth Psychiatry" 7600 Hospital Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 19, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
RENEWAL 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06541  
Matthew Clement, 10724 Beclan Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Cordova Creek Landscaping" 10724 Beclan Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 23, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
LANDSCAPING 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06624  
Flooring Solutions of Sacramento, LLC, 5004 Donovan Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Footprints Floors South Sacramento" 5004 Donovan Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
FOOTPRINTS 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06306  
DDSO Foundation, 5051 47th Avenue, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Foundation for DDSO" 5051 47th Avenue, Sacramento, CA 95824. Filed with the Clerk of Sacramento County August 16, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
DDSO 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06264  
Premise Health of California Medical, P.C., 5500 Maryland Way, Suite 120, Brentwood, TN 37027 is doing business under the Fictitious Business Name(s) "Intel Health for Life Center" 1900 Prairie City Road, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 15, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
INTEL 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05950  
SP Freightway Inc., 3511 Del Paso Road, STE 106, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "SP Trans" 3285 Azevedo Drive, APT 259, Sacramento, 95833. Filed with the Clerk of Sacramento County August 1, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
SP 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-05701  
Abram Manukyan, 12321 Coal Creek Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Rev Auto Group" 12321 Coral Creek Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County July 24, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
REV 10-4-24

County August 29, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
TANDEM 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06781  
Auto Sale LLC, 6109 Sunday Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Nova Motors/Ace Auto/FP Auto/Infinite Auto/NovaVelocity Autos" 6109 Sunday Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 3, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
NOVA 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06709  
Abdullah Sofizada, 8327 Fair Oaks Boulevard, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Quick Fix Auto Repair" 2515 Arden Way, B, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 29, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
QUICK 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06737  
Priyali Lavina Sequeira, 12032 Tours Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Gradis" 12032 Tours Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 30, 2024  
Publish: Sept 13, 20, 27, Oct 4, 2024  
GRADIS 10-4-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06391  
Hasifa Nakajubi 6377 Brando Loop, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Safi Used Furniture" 6377 Brando Loop, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 20, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
SAFI 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06891  
Asia Beasley, 40 Park City Court, Apt 2107, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Little Saints Childcare" 40 Park City Court, Apt 2107, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 9, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
LITTLE 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06851  
Rishad Ahmad Yousafzai, 2900 Cottage Way, 3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Focus Language Services" 2900 Cottage Way, 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 6, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
FOCUS 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06877  
Gavin John Abraham, 1501 16th Street, Apt 418, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Sierra Creek Enterprises" 1501 16th Street, Apt 418, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 9, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
SIERRA 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06467  
Tacet Chandlery LLC, 4821 Foster Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tacet Chandlery/Tacet Soap Co." 4821 Foster Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 22, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
TACET 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06811  
Hawrant K Kang, 12399 Folsom Boulevard, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Folsom Chevron" 12399 Folsom Boulevard, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 4, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
FOLSOM 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06736  
Ronnie Marie Brown, 4340 23rd Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Centenary Diamond Hair Salon" 3160 Arden Way, Suite 132, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 30, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
CENTENARY 10-11-24

Parkway, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Deluxe Cleaning" 7508 Titan Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 10, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
DELUXE 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06930  
Susan Hollowell Willmore, 3466 Data Drive, Apt 1234, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Suzy's Bakery" 3466 Data Drive, APT 1234, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 10, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
SUZYS 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06909  
Nicholas Joaquin Bastiao, 4069 Las Pajas Way, Sacramento, CA 95864 and Ray Joe Yeung, 3625 Corvina Drive, Rancho Cordova, CA 95670 are doing business under the Fictitious Business Name(s) "Nick and Ray's Pumpkin Patch" 3845 El Centro Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 10, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
PUMPKIN 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06654  
Luz Esmeralda Paz Chavez, 4930 Alcott Drive, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Kimberly's Cleaning Services" 4930 Alcott Drive, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 28, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
KIMBERLYS 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06929  
Painting and Services by Ian, LLC, 4005 Mazanita Avenue, Suite 6 #1006, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Painting and Services by Ian" 5232 Hickory Hill Court, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County September 10, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
PAINTING 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06889  
Certified Guard Inc., 1610 Aimwell avenue, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Certified Guard Security Solutions/Certified Guard" 1610 Aimwell avenue, Sacramento, CA 95835. Filed with the Clerk of Sacramento County September 9, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
CERTIFIED 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06577  
Caryn Conway, 6468 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Magnolia Antiques And Home Interiors" 6468 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 26, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
MAGNOLIA 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06870  
Cynthia Ambrose, 9157 Summer Holly Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "House to Closets" 9157 Summer Holly Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County September 9, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
HOUSE 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06237  
Green Vintage LLC, 6074 Garden Towne Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "APIX/GVP Studios" 2114 P Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 14, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
APIX 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06915  
Anastasiya Khorovets, 4930 Hemlock Street, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Body Massage" 1446 Ethan Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 10, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
BODY 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07038  
Jon Berkley Management, Inc., 1721 Eastern Avenue, Suite #7, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Berkley Management" 1721 Eastern Avenue, #7, Sacramento, CA 95864. Filed with the Clerk of Sacramento County September 13, 2024  
Publish: Sept 20, 27, Oct 4, 11, 2024  
BERKLEY 10-11-24

Publish: Sept 20, 27, Oct 4, 11, 2024  
TOWN 10-11-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06829  
Jose V. Juarez, D.D.S. Inc., 2340 Sunrise Boulevard, Suite 25, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Smile Kingdom Dental" 2340 Sunrise Boulevard, Suite 25, Gold River, CA 95670. Filed with the Clerk of Sacramento County September 5, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
SMILE 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07165  
Murqa365 Protective Solutions Inc., 1401 21st Street, Suite 7188, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "River City Protective Solutions" 1401 21st Street, Suite 7188, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 18, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
RIVER 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07181  
Alexander Phillips, 6829 San Tomas Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Web Eko Marketing" 6829 San Tomas Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 18, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
WEB 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07164  
Daniel Cortez, 5820 North Haven Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Grizzly Timber Fencing Co." 5820 North Haven Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 18, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
GRIZZLY 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06620  
Zollege Healthcare Career School - California, 715 Discovery Boulevard, Suite 412, Cedar Park, TX 78613 is doing business under the Fictitious Business Name(s) "Fair Oaks Dental Assistant School" 8128 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 27, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
FAIR 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06745  
Smart Fleet Funding Corp., 2098 Constance Drive, Oakville, Ontario L6J5X6 is doing business under the Fictitious Business Name(s) "Smart Fleet Funding" 2098 Constance Drive, Oakville, Ontario L6J5X6. Filed with the Clerk of Sacramento County August 30, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
SMART 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07128  
Flow Between Interests LLC, 7561 Cripple Creek Road, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Busy Being" 7561 Cripple Creek Road, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 16, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
BUSY 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06806  
MTC Restaurant Group, LLC, 910 Campisi Way, Suite 1E, Campbell, CA 95008 is doing business under the Fictitious Business Name(s) "Togo's" 4100 Manzanita Avenue, Suite A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 4, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
TOGOS 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07075  
A&E HVAC Inc., 8186 Grandstaff Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Kings Heating And Air" 8186 Grandstaff Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 13, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
KINGS 10-18-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07031  
Gore Mikayelyan, 7606 Folsom Boulevard, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "GM Properties" 7606 Folsom Boulevard, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 12, 2024  
Publish: Sept 27, Oct 4, 11, 18, 2024  
PROPERTIES 10-18-24







# Kings Korner

By V.G. Harris



With Mary Jane Popp

## King

If you have ever met a celebrity, sometimes they are kind of uppity and maybe a bit snooty. I've met a few with decades of interviewing on Radio and TV. But I can truly say Perry King is not one of them. I'm sure you have run across some of his great works in movie and TV both. Remember the TV series "Riptide" and Cody Allen? How about "Slaughterhouse Five" and "The Lords of Flatbush" and I can go on and on. I've interviewed Perry multiple times on a variety of programs, and I am honored that I can call him good friend. He was on my POPPTALK Radio Show recently, and I always love talking to this man who has done so much and wants to really share his great experience and true caring with everyone he meets. One question I had at the top of my list was did he choose acting or did it choose him? He truly believes it can choose you. It began in high school when he had an almost silent part in "Caine Mutiny" as the stenographer. But he explained it as a monster out there that you can hear and feel and then the lights go down and it is quiet. Then the lights come up and you know this is it... this is what I want to do. People are paying attention to you and you fall in love with that feeling. Perhaps it goes back to wanting that attention as a kid, and then it all comes together on the stage as the au-

dience gives you that love. I can attest to that feeling. I was hooked from day one on stage and singing my heart out.

But, with all his successes, Perry had a dream. He was a cowboy at heart. He wanted to do a movie that really reached people in a heartfelt way. After decades of thinking about it came "The Divide." It was set in the 1970s on a ranch owned by a crusty old-timer who was develop-



Mary Jane with her good friend Perry King.

Alzheimer's. Here's the great part of this story. Perry produced, directed and starred in "The Divide." It was actually filmed on his own 500 acre cattle ranch. He said it made it much easier not having to deal with another location owner, and he also financed it. He had offers to finance it, but with outside money came caveats, like adding steamy scenes and perhaps some skin. He said NO. This movie was going to be true to his dream, an emotional and loving story of what can happen as this condition takes over a life. I can tell you I personally was in tears when I saw the premier. It has won multiple awards for its deep feelings on life. It's the type of movie that stays with you long after you see it.

I can go on with so many great stories I have heard from Perry. More to come. If you want to check out the movie info, go to [www.thedividemotionpicture.com](http://www.thedividemotionpicture.com). Guaranteed...you'll love it! ★

going away. So, let's examine the point guards. From the past the 2001/2002 team was led by fan favorite Mike Bibby.

Mike turned in 33 minutes per game, scored 13.7 points on average each contest, secured 2.8 rebounds, and added five assists.

The current Sacramento Kings are led by De'Aaron Fox. Last season De'Aaron led the team in scoring with 26.6 points per game, pulled down a career high 4.6 rebounds, and dished out 5.6 assists per contest.

Not even close, and as much as I loved Mike Bibby, De'Aaron wins this comparison hands down.

It can be argued that the 2001/2002 team had one of the most potent benches of all-time, and few would argue that Bobby Jackson, Doug Christie and Scot Pollard represented a bench any coach would be proud of.

Their combined bench stats were 29.5 point per game, 14.8 rebounds, and 6.9 assists.

The current team would counter with Malik Monk, Trey Lyles, and Davion Mitchell.

The 2023/2024 team produced 27.9 points per game, 8.6 rebounds, and 8.2 assists per contest.

The edge goes to the 2001/2002 Kings team, but the stats were closer than I expected.

Last season Kevin Huerter was a starter, but with the addition of De'Mar De'Rozan, it is likely that Kevin will be relegated to the bench where I expect to see him add some scoring power that will undoubtedly strengthen the bench overall.

I hope you enjoyed this walk down memory lane and comparing stats.

As much as I thoroughly enjoyed the team from yesteryear, I am excited beyond measure for what the Kings are about to present this season. Just a few short weeks from pre-season games and then the real fun begins.

As with every season, health will be a key component, but as you consider what the 2001/2002 team did in winning 61 games, we should all be imagining what the win total will look like this year!

All the best Kings fans!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

For the true basketball fan this time of year is challenging. There are only so many reruns or NBA classics you can watch, and other sports can be a sober replacement if you're anticipating the upcoming Kings season.

With the acquisition of DeMar DeRozan, many fans are already drawing comparisons of this year's team from those of the past.

The 2001/2002 Sacramento Kings will never be forgotten, and many believe it was the best overall in Sacramento Kings history.

Names like Mike Bibby, Chris Webber and Vlade Divac come to mind and were the cornerstone players from a team that won a franchise record 61 games. Great players for sure, but how do the big three from that storied team compare with those from our current roster. Let's see if the stats can shed some light.

In the post, Vlade Divac, albeit a shade past his prime at age 32, turned in 30 minutes per game, scored 11.1 points, grabbed 8.3 rebounds and added 2.9 assists.

Our current big man is none other than Domantas Sabonis, in his prime at age 28. Domantas was on the hardwood for an average of 35 minutes per game, scored 19.4 points, led the NBA in rebounding with 13.7 boards per game, and added a team high 8.2 assists. All this is in addition to leading the league in double-double and triple-doubles for the season.

No comparison here. Sabonis wins in a landslide.

Chris Webber becomes the most difficult matchup for the current Kings as he represents the missing piece that the current team has been looking for, a true power forward.

Chris' stats are largely why the 2001/2002 team garnished 61 wins.

Chris was on the court each game for just over 38 minutes, scored 24.5 points, secured 10.1 rebounds, and added 4.8 assists. Seasons like this and gaudy stats like these would go on to put Chris Webber in the NBA hall of fame.

Without a true power forward, the current team would have to pose Keegan Murray as the comparison player.

In his second season Keegan logged just under 34 minutes per game. He averaged 15.2 points per game, 5.5 rebounds and 1.7 assists.

No contest here, Chris Webber wins

WE SUPPORT FIRST RESPONDERS

**LEGAL ADS FOR SACRAMENTO COUNTY?**  
**We Can Do That!**  
 Call to place your legal advertising **916-773-1111**  
 All Legal Ads Published by Messenger Publishing

# CALL A PRO BUSINESS DIRECTORY

**SLS Superior Landscape Services**  
 Landscaping and Maintenance  
 • Sprinkler Repair/Install • Pruning  
 • Mowing/Trimming • Fertilizing  
 Insured Lic#794551  
 (916) 728-5812 • Cell (916) 761-0999  
 Dave Cochran Owner • [dave\\_SLS@surewest.net](mailto:dave_SLS@surewest.net)

**A-1 AFFORDABLE ROOFING SERVICES, INC**  
 • New Roofs • Certifications • Roof Repairs  
 • Dry Rot Repairs • Roof Inspections • Gutters  
  
**John Fleenor, Contractor**  
 1741 L Street, Rio Linda, CA 95673  
 Cell: (916) 206-1613  
 Contractor Lic. #1064966

**GREENWAY TREE SERVICE**  
 Specializing in Expert Tree Pruning,  
 Tree Removal & Stump Grinding  
 Free Estimates  
 Competitive Prices  
 Licensed and Insured  
**(916) 224-9750**

**All American Pro Construction & Restoration**  
 Family-owned & operated.  
 We offer Veterans & Senior Discounts  
 Great Craftsmanship & Customer Service  
 Specializing in Kitchen & Bath Remodels,  
 Water Damage, plus Much More.  
 BIG or SMALL, We Do It All. Give Us a Call.  
**916-504-0188**

**Patch Masters Drywall**  
 Acoustic Removal & Drywall Textures  
 • Acoustic (popcorn) ceiling removal  
 • Water damage & drywall repair  
 • Sheetrock installation  
 • Machine applied textures  
 • Hand applied texture  
 • Retexturing & Painting  
 • BBB Accredited  
**Mike Church**  
 Owner  
 CA Lic# 1004984  
 Bonded & Insured  
**(916) 847-7783**  
 PatchMastersDrywall@yahoo.com  
 www.DrywallPatchMasters.com

**Rio Linda Eye Care**  
 Laser Surgery • Eye Glasses • Contact Lenses  
 • Eyewear for Computer Users  
**Dr. William Fleischmann**  
**(916) 991-8444**  
 Saturday Appointments Available  
 6716 RIO LINDA BLVD., SUITE B, RIO LINDA

**THE MASON MAN**  
 LICENSE # 810329  
**VISUALIZE & CUSTOMIZE MASONRY / FENCING / CONCRETE**  
 CALL FRED FRANKLIN - THE MASON MAN  
**916.826.9796**  
[VCMASONRY@CLOUD.COM](mailto:VCMASONRY@CLOUD.COM)

**CONTACT 916 505-4673**  
 we come to you  
 We pickup in 1 hour or less  
 We buy other items  
 We pay the most!  
**WE PICK UP AND PAY YOU CASH ON THE SPOT**  
**CASH for Diabetic Supplies**

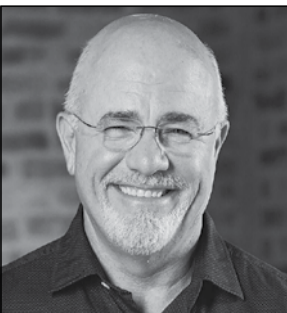
**BRIAN OLSON**  
 OWNER  
 License #982398  
 ESTD 2005  
 916-912-0293  
[info@olsonswoodworx.com](mailto:info@olsonswoodworx.com)  
[olsonswoodworx.com](http://olsonswoodworx.com)  
 CUSTOM CABINETS CRAFTED JUST FOR YOU!

**SENIOR DISCOUNTS!**  
**Mr. Handyman**  
 Home Improvement Professionals  
 Professional • Safe • Reliable • Fully Insured  
**(916) 487-8655**  
[www.mrhandyman.com/arden-arcade](http://www.mrhandyman.com/arden-arcade)

**SMOOT LANDSCAPING LANDSCAPES & DESIGN**  
 DESIGN • RENOVATION • WATER FEATURE  
 STONE & CONCRETE • OUTDOOR LIGHTING  
 IRRIGATION SYSTEM  
**916-454-1300**  
[www.SmootLandscaping.com](http://www.SmootLandscaping.com)  
 Lic#633224; Serving Sacramento since 1982  
 Recognized in the Sacramento Bee,  
 Street of Dreams & Garden Tours of East Sacramento

**TRACTOR SERVICE**  
 • Mowing • Rototilling  
 • Discing • Scraper/Loader  
 Call  
**(916) 991-8431**





Dave Ramsey

## Dave Ramsey Says

### You've Already Paid for It

and your wife are having to deal with this kind of situation.

The Social Security system in this country is a mathematical failure. But that doesn't mean I'm not going to take my money when I deserve it. The government took it from me in the first place, so I don't have a problem with accepting something I've already paid into.

Now, I'll throw out a warning here. Sometimes when people start receiving unemployment benefits, it causes them to take their foot off the gas. The idea that "free" money is coming in can help them rationalize sitting at home on the couch, instead of working hard to find another job and being extra careful with their finances. I'm not hearing that kind of mentality from you, though. And it's obvious you and your wife have been pretty smart with your finances.

One more thing I'd suggest is making sure you look at your severance package as survival money only. Make a strict budget and stick to it. Cut out all excess spending. That means no eating out, vacations or anything like

that until you're working again and everything's back on solid ground. Right now, focus on covering your Four Walls. By that, I mean food, utilities, shelter and transportation. Feed your family, keep the electricity on, pay the mortgage and put enough gas in the car to get where you need to go.

Everyone hits a rough stretch of road in life from time to time, Brandt. But you two are in a position to handle it better than most. Just remember what got you to such a good place with your finances in the first place. The discipline muscle is already there, and it's strong. Just flex it, and it'll help get you through this and back on your feet again!

- Dave

*Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★*

Dear Dave,

We've been following your plan for a while. We're debt-free, except for our home, and we have six months of expenses set aside in our emergency fund. Recently, I lost my job. I'm luckier than some, because received a generous severance package from my previous employer, plus my wife still has a good job. My parents always raised me to take care of things myself and not rely on others. I suppose it's because of this I feel a little guilty about filing for unemployment compensation. Do you think there's anything morally wrong with accepting unemployment benefits?

- Brandt

Dear Brandt,

I really appreciate your self-sufficient attitude. I don't know what happened at your last job, but I've got a feeling you're a hard worker and a decent guy. I'm sorry you



## Employment Opportunities

# We Are Hiring

## Opportunities at Messenger Publishing Group

Email your resume to [Publisher@MPG8.com](mailto:Publisher@MPG8.com)

**Circulation Manager** - We are seeking a full-time Circulation Manager to oversee our 18 local newspapers. Duties include managing the weekly reporting of distribution, preparation for weekly audits, managing and recruiting our carrier staff, preparing and reporting postal statements, customer service support, physical labor repairing and replacing newsstands, setting up new locations, and other related duties needed to run the circulation department. This position works primarily in Carmichael but will require some local travel to our other offices in the Sacramento region. The hours may vary but are flexible due to the nature of the duties.

**Office Administration** - We are seeking a full-time administrative support person for our newspaper group. This position works in the Carmichael office and works directly with the Office Manager. Work hours are between 8:30 to 5:00 Monday through Friday. Previous office experience is required. Primary duties are working with customers and assisting with weekly legal advertising filings. We also have a part-time position available in West Sacramento available in August.

**City Reporter** - We are seeking a full-time City Reporter for our newspaper group. This position may be assigned to work in the Carmichael office or another area office and works directly with the Managing Editor. Work hours are flexible depending on assignments. Previous reporting experience is required.


**Copy Editor** - We are seeking a part-time copy editor for our newspaper group. This position works in the Carmichael office and works directly with the Managing Editor. Work hours are flexible between 8:30 to 5:00 Monday through Friday. Previous editing experience is required.

**Delivery Driver** - Weekly Hauling to Marysville- We are seeking a part-time Delivery Driver for our newspaper group. This position would transport newspapers from our Carmichael office to our offices in Marysville and Gridley. Work hours are from 8:30 to 4:00 every Thursday. Must be able to lift and move bundles of newspapers without assistance. Must have your own reliable cargo van. This is an independent contractor position and pays a flat rate for your service.

**Newsstand Delivery Driver/Local** - We are seeking a part-time Newsstand Deliver Driver for our newspaper group. This position works from the Carmichael office and delivers to our locations in the West Sacramento/Sacramento Region. Routes also available in Elk Grove, Pocket, East Sacramento, Arden Arcade. Work hours are from 8:30 to 5:00 Thursday and/or Friday. Must be able to lift and move bundles of newspapers without assistance. You must have a reliable vehicle. This is an independent contractor position. Previous experience preferred.

To find out more or to apply:

Email your questions or resume to [Publisher@MPG8.com](mailto:Publisher@MPG8.com)



**AMERICAN LEGION**  
**POST 637 - CITRUS HEIGHTS, CA**

Are you or a member of your family a Veteran?

We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! - Contact us at **916-947-7150** or come to our meeting held the **3rd Tuesday of every month** at Citrus Heights City Hall starting at 6:00pm.

**We look forward to serving you.**

# Local Classifieds

Advertise in your local community newspaper  
Call 916-773-1111

### Announcement

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

### Business Opportunity

Want Residual Income? Turn-key Established Vending Massage Chair single location or Route for Sale! Asking Price: From \$2,500 to \$29,000 per location. text only: (949) 381-9899 (Cal-SCAN)

### For Sale

'84 Corvette, 88,000 miles, engine is extremely strong, 4 speed tranny, get's up and goes. Interior needs work. Primered. First \$2,000 drives it away. 530-742-9144 leave message. (TFN)

### Insurance/Health

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental50plus.com/calnews #6258 (Cal-SCAN)

### Home Repair

**WATER DAMAGE CLEANUP & RESTORATION:** A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call! (Cal-SCAN)

### Miscellaneous

**DID YOU KNOW** Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email [cecilia@cnpa.com](mailto:cecilia@cnpa.com) (Cal-SCAN)

### Real Estate

**RETIRED COUPLE** \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company [www.viploan.com](http://www.viploan.com) Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

### Autos Wanted

DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN)

GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-855-408-6546 (Cal-SCAN)

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-855-408-7368 (24/7) (Cal-SCAN)

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-844-491-2884 today! (Cal-SCAN)

### Computer Service



**Zinsky's**  
PC Configurations  
"Don't replace it - REPAIR IT!"  
Custom Desktop Computer Configurations  
• PC Repair • Home Wireless Networking  
• Installations • Virus & Spyware Eradication

Alan Zinsky  
Phone: 916-622-2269  
[Zconfig@sbglobal.net](mailto:Zconfig@sbglobal.net)  
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416  
[www.zinskyspcrepair.com](http://www.zinskyspcrepair.com)

### Cellular Plans

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-908-0605 (Cal-SCAN)

### Elder Care

GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per day. Available 24/7 nationwide. BBB Rated A+ Business. Call GoGo to get started. 1-855-476-0033 (Cal-SCAN)

### Financial

Struggling with debt? If you have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860 (Cal-SCAN)

### Hall Rentals



**VFW Post 6158**

**8990 Kruithof Way,  
Fair Oaks, CA**

**916-966-1663**

[vfw6158.org/rent-our-hall/](http://vfw6158.org/rent-our-hall/)

### Health/Wellness

Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (Cal-SCAN)

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: [canderson.myctfo.com](http://canderson.myctfo.com) (TFN)

### Help Wanted



Many Positions are Available. Please no phone calls. Apply in person.

**10971 Olson Dr.  
Rancho Cordova,  
CA 95670**



**We Support Our Military**

### Home Remodel

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, waving ALL installation costs! (Additional terms apply. Subject to change and vary by dealer. (Offer ends 12/29/24.) Call 1-833-985-4766 (Cal-SCAN)

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749 (Cal-SCAN)

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-877-252-9868 (Cal-SCAN)

### Home Warranty

Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call: 1-855-411-1731 (Cal-SCAN)

### Landscaping



**CREATE YOUR PARADISE**

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD

**(916)612-0776**

### Music Lessons

**Guitar Lessons**  
Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, [freddiebbalbert@gmail.com](mailto:freddiebbalbert@gmail.com) (12/31/2024)

### Are You a Pro?



Get the word out!

Advertise in the Classifieds  
Call 916-773-1111

### Roofing



**BERNARDINO ROOFING**

Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!

\*\*\*FREE ESTIMATES\*\*\*  
SENIOR DISCOUNTS  
Lic.#817945 43 Years Experience  
**916.920.0100**  
[www.bernardinoroofing.com](http://www.bernardinoroofing.com)

### Tree Service



**BP TREE SERVICES LLC.**

TREE & STUMP REMOVAL  
TREE TRIMMING/ SHOVING  
FREE ESTIMATE  
10% OFF WITH THIS AD  
Insured. Workman's comp. Arborist  
**916-722-6321**  
BPTreeServices.com  
VISA / MASTER CARD  
California Contractors Lic #1036031

**RETIRED COUPLE**  
HAS \$1MIL TO LEND ON CA. REAL ESTATE\*

**V.I.P. TRUST DEED COMPANY**  
Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING  
Principal (818) 248-0000 Broker  
[WWW.VIPLoan.com](http://WWW.VIPLoan.com) \*Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217  
Private Party loans generally have higher interest rates, points & fees than conventional discount loans



# COMICS & PUZZLES

**The Spats** by Jeff Pickering

**POPEYE** by FANDY FREEDLAND

**Amber Waves** by Dave T. Phipps

**HOCUS-FOCUS** BY HENRY BOLTINOFF

Find at least six differences in details between panels.

**Out on a Limb** by Gary Kopervas

**GRIN & BEAR IT** by Dave T. Phipps

**Just Like Cats & Dogs** by Dave T. Phipps

**TIGER** by BUD BLAKE

**CROSSWORD**

O	S	A	K	A	B	U	S	L	A	P	P		
V	A	N	E	D	A	S	H	V	E	N	U	E	
E	V	E	N	S	L	E	I	A	N	T	R	A	
N	E	W	Y	O	R	K	R	U	S	S	E	L	
A	R	E	A	R	M	S							
A	P	E	B	A	W	L	P	A	R	S	E	C	
V	A	N	S	D	I	G	S	L	O	C	A	L	
O	N	T	O	S	L	E	P	T	S	O	S	O	
W	I	E	L	D	T	B	A	R	S	P	E	C	
S	C	R	E	E	N	R	Y	A	S	E	L	K	
C	O	C	A	C	H	A							
F	O	R	W	A	R	D	C	E	L	T	I	C	S
U	N	A	R	M	R	N	A	O	S	T	I	A	
S	C	R	A	P	O	B	I	C	E	L	T	S	
S	E	E	P	M	A	N	K	A	L	E	S		

**STATEPOINT CROSSWORD • NBA**

**CLUES**

**ACROSS**

- Port city in Japan
- \*Team ride
- Nordic native
- Equipped with feathers
- Cigarette deposit
- \*Arena, e.g.
- Not odds
- Hawaiian welcome wreath
- Bone hollows
- \*NBA headquarters location
- \*Bill \_\_\_\_\_ NBA Finals Most Valuable Player award
- "Roses \_\_\_\_\_ red ..."
- \*NBA centers typically have long ones
- Tarzan the \_\_\_\_\_ Man
- Cry like a baby
- 3.26 light-years
- "Off The Wall" shoe
- Living quarters
- Shop \_\_\_\_\_ slogan
- "I'm \_\_\_\_\_ you!"
- Got some shuteye
- Comme ci, comme ça
- Brandish
- Ski hill ride
- Contractor's work order
- \*Basketball blocking move
- Swedish shag rugs
- Member of a "benevolent and protective order"
- Kind of cola
- Thrice-repeated dance step
- \*Power \_\_\_\_\_ position
- \*NBA team with most championships
- Deprive of armor
- Genetic acronym
- Plural of ostium
- Junk yard stuff
- Geisha's sash
- \*Nickname for 61

**DOWN**

- Bun baker
- "\_\_\_\_\_ me a seat"
- From square one
- Tanzania's northern neighbor
- Not absorb, nor repel
- Refuse to comply
- Wear and tear
- Bake an egg
- Sunglasses "glass"
- Cassino chip
- Not knit
- Church sound
- Lord's subordinate
- Good \_\_\_\_\_, book lovers' app
- Strike caller
- High school math class
- Declares to be true
- Sweat-inducing attack
- Come in!
- \*The Stilt's first name
- David Schwimmer on "Friends"
- Breadth
- Art support
- \*Shot \_\_\_\_\_, NBA

**CROSSWORD**

1	2	3	4	5	6	7	8	9	10	11	12	
13					14			15				
16					17			18				
19					20			21	22			
			23				24					
25	26	27		28	29			30	31	32	33	34
35			36		37			38		39		
40					41			42		43		
44				45				46		47		
48				49				50		51		52
					53			54		55		56
57	58	59	60					61		62	63	64
65								66	67		68	
69								70			71	
72								73			74	

CALL CONSUMER CELLULAR 888-804-0913

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

**Classified Advertising**

Sell Your Stuff! Reach 1000's of Readers Every Week!

**MPG**

916.773.1111

**8 4 1 5 7 3 6 2 9**

**2 9 7 4 6 8 5 3 1**

**6 5 3 9 1 2 7 8 4**

**5 2 8 6 4 1 3 9 7**

**4 7 6 2 3 9 1 5 8**

**1 3 9 7 8 5 4 6 2**

**7 6 2 3 9 4 8 1 5**

**9 8 4 1 5 6 2 7 3**

**3 1 5 8 2 7 9 4 6**

**WE SUPPORT FIRST RESPONDERS**

**MPG**

**SUDOKU**

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

**SAFE STEP WALK-IN TUB** 1-855-576-5653

		5	7	6	9			
		4	8					
6		1	2	7				
	8		1	3				
	6	3	1					
	9	7		4				
	2	3	9				5	
		1	6					
3	5	2	7					

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.





By Patsy McGavock  
JustServe.org

# Remembering 9/11, National Day of Service Unites Neighbors, Communities

**CITRUS HEIGHTS, CA (MPG)** - The 9/11 National Day of Service observed each September invites every community in America to make a pledge. As we close the month and enter election season it's not too late to accept invitation. It's a pledge to remember the helpers more than tragedy and division. Residents of Citrus Heights are encouraged to unite in a spirit of service, finding one person, one neighbor or one organization to connect with, to forgive or to serve. The idea of a 9/11 National Day of Service began in 2002 with David Paine, a public relations executive who had grown up in New York City, and his friend, Jay Winuk, whose younger brother Glenn, a volunteer

firefighter, died under the rubble of the World Trade Center's South Tower when it collapsed. "We didn't want the legacy of 9/11 to be forever defined by the evil expressed on that day," said Paine on his profile on the 911Day.org "but rather the remarkable spirit of togetherness and compassion that arose in response to the attacks." In the wake of the billowing dust, ash and loss, there were the helpers, the responders. It was a time of collective shock and grief. From that collective grief came collective compassion and remarkable service. Many remember that remarkable spirit, displayed even on the steps of the Capital building as Congress collectively sang "God Bless America" as evening set on September 11, 2001. It continued

as thousands of new volunteers joined humanitarian organizations on the front lines in downtown Manhattan. The website of the American Red Cross shares that its contribution exceeded 57,000 team members over several years' time. The majority were volunteers, including thousands who had joined the organization for the first time. On the 10th anniversary of the attacks, the nonprofit that Paine and Winuk started, MyGoodDeed, joined with other national service organizations to organize what was then considered the largest day of charitable service in United States history, with more than 30- million Americans participating. Today, in 2024, our nation and communities wade through a different kind of dust and ash. A different kind of

collective struggle born not of one moment of tragedy but born of individual experiences in shared economic uncertainties and national discourse around an approaching presidential election that often stirs feelings of division and loss. Just as the tragedy and loss on Sept. 11, 2001 raised the question, "How will we respond," our remembrance each September can rekindle the same question. How will I respond today? In my own community. With my own neighbors. Here is Citrus Heights? "When 9/11 happened," Paine stated, "for a brief moment, we weren't Red States and Blue States. We were the United States." He started a movement, hoping individual Americans would pause every September to reflect on what is most important in life and pledge to

do a good deed as "a permanent reminder of how important we are to each other, regardless of our differences." It's a call to commit again and again to respond softly and consistently until collectively hearts are softened, needs are filled and what has been divided is reconciled. Even if it's inconvenient. Even if it requires forgiveness. Especially if it requires forgiveness. To bring unity and healing by seeing and serving one another. This has been a poetic way to give a broader invitation. The purpose of this new column is to inform, empower and engage readers with their community. It will highlight local organizations, local needs and how to get involved. Hopefully, it will inspire readers well past this September to reach out a little beyond where

they already have; to connect, find a passion and get involved. Communities thrive when their members are connected. This September, in honor of those first responders on 9/11 and in remembrance of those who have responded in our personal lives, find someone or some organizations to serve, to love or to forgive. Now is the time. Patsy McGavock is a volunteer writer and community advocate seeking to "inform, empower and engage readers with their community." - Do you run a holiday drive? To help highlight holiday-giving opportunities all in one place, organizers of holiday drives or service opportunities can send details to PatsyMcGavock.JustServe@gmail.com by Oct. 11 for printing in early November. ★

**LOCAL ARREST RECORDS**

Find out what's happening in your local area

Arrest Logs updated daily

[CITRUSHEIGHTSMESSENGER.COM](http://CITRUSHEIGHTSMESSENGER.COM)

Protect and Heal your whole family with Affordable **CHIROPRACTIC MEMBERSHIPS**

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!

- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community
- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica

**AMERICAN RIVER CHIROPRACTIC**  
2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670  
916-776-6362 • [americanriverchiropractic.com](http://americanriverchiropractic.com)  
CALL or TEXT today!

**Beets & Bras FUNDRAISER**

Featuring Keynote Speaker **Kristi Merrill** and a speaker from the **Citrus Heights Police Department**

**BRA TRIVIA, RAFFLE, FASHION SHOW**

**October 27th, 2024 • 5:00pm - 8:00pm**

**Tickets: \$20.00** per person with Donated Bra

**7801 Auburn Blvd. • Citrus Heights, CA 95610**

**Please RSVP to (916) 856-4536**

Please bring new or gently used bras to the event. We are working with Hanes in Folsom, CA for distribution. The donated bras will serve different areas: they will help homeless youth in the Sacramento area and young teens in Kenya, Africa. At this event, we will be educating our guests on human trafficking in our area. There will be a special Q&A with Kristi after she speaks. Make all payments using Cash App. **NO REFUNDS.**

**Sacramento CHORAL SOCIETY & Orchestra**

SEASON 29 FALL 2024

Donald Kendrick Music Director

**STAINED GLASS CONCERT**

*The French School*

Sat, October 19 7:30 pm

AREA PREMIERE

*Te Deum* Jean-Baptiste Lully  
*Requiem* Gabriel Fauré  
*Romance* Camille Saint-Saëns

**SOLOISTS**

Sarah Sy, Soprano Julie Miller, Mezzo  
Salvatore Atti, Tenor Joshua Simka, Tenor  
Chris Mackey, Bass

**INSTRUMENTALISTS**

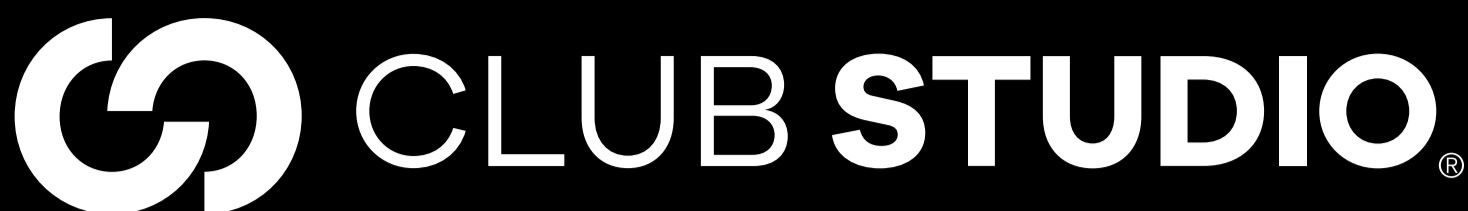
Ryan Enright, Organ  
Beverley Wesner Hoehn, Harp  
SCSO Chamber Ensemble

**Fremont Presbyterian Church**  
5770 Carlson Dr. Sacramento

**FREE PARKING** - Scottish Rite Temple

Buy tickets online **SACRAMENTOCHORAL.ORG**



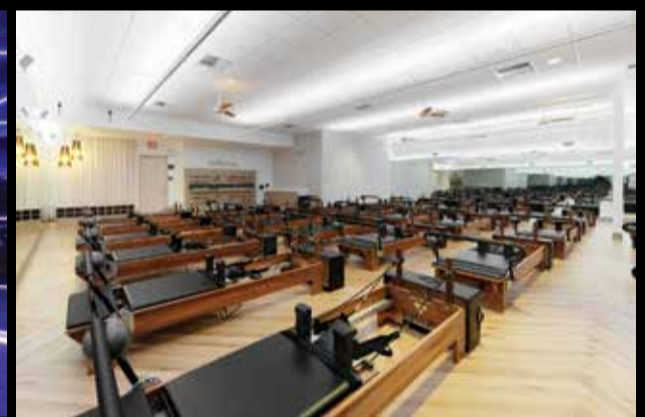


# CLUB STUDIO®

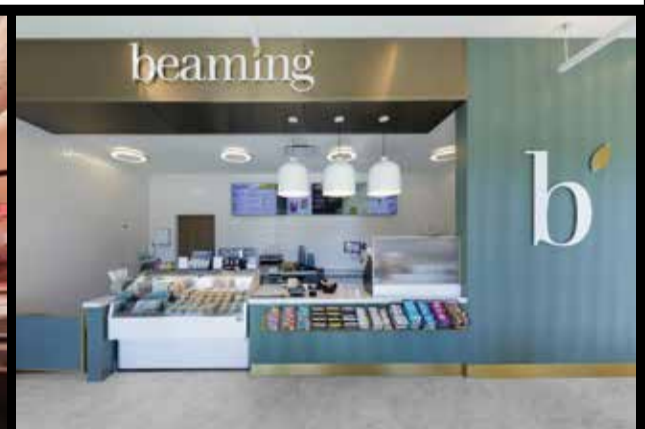
## CITRUS HEIGHTS **NOW OPEN**



Welcome to a new cutting-edge fitness experience that brings top-of-the-line amenities, best in boutique studio classes, and wellness services together in one gym.



**GET YOUR FREE PASS >**  
*and try your first class free!*



**STATE-OF-THE-ART GYM / BOUTIQUE FITNESS STUDIOS  
BOX / CS4® / RIDE / HOT YOGA / REFORM / REBOUND  
CRYOTHERAPY & RECOVERY LAB  
KALOLOGIE® MEDSPA / BEAMING SUPERFOOD CAFÉ**



**CLUB STUDIO NOW OPEN!**  
**CITRUS HEIGHTS**  
**5419 Sunrise Blvd.**  
**(916) 246-1101**  
[www.clubstudiofitness.com](http://www.clubstudiofitness.com)