



**Hawks  
Are Tops  
at Tourney**

PAGE 11

**Sacramento County  
Celebrates Food  
Safety Excellence**

PAGE 3



# The Galt Herald

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Serving Galt and Sacramento County Since 1901

SEPTEMBER 27, 2024

**SEE  
INSIDE**

**GALT HIGH  
FIELDS FLAG  
FOOTBALL TEAM**



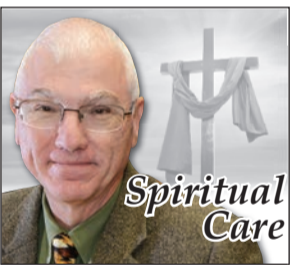
PAGE 12

**PRACTICE  
FORGIVENESS**



PAGE 9

**DON'T TRY THIS  
VERSE AT HOME**



PAGE 5

## Dinner and a Dance on 4th Street



Locals gathered on the Fourth Street Promenade for barbecue, dinner and dancing at the Old Galt Dinner Dance. Photos by Matthew Malone

**By Matthew Malone  
News Editor**

**GALT, CA (MPG)** - Galt District Chamber of Commerce held the Old Galt Dinner Dance on Sept. 21, giving attendees an evening of barbecue, music and dancing on the Fourth Street Promenade.

The dinner was a stand-alone version of the closing event from last year's popular Old Galt Festival.

"Back in the day, they used to have a dinner dance everyone would come back to," Community Relations Manager Kat Seabolt said about the dinner's inspiration. "And so everyone



Country band Moonshine & Honey performs at the Old Galt Dinner Dance.

enjoyed it so much that we decided to bring it back this year even though we didn't have the festival, but just to keep the tradition

going." Seabolt said the chamber showcased local offerings by bringing in KMoney's BBQ to serve a dinner of

brisket, beans and potato salad, and Papas & Wings with drinks. In between performances by country band Moonshine & Honey, Galt-based First Steps Dance Academy provided line-dancing lessons, which are a new addition to the dinner.

For the lessons, instructor Tami Iverson explained how to string together some basic steps and turn to face all four sides of the dance floor. Before long, participants were dancing along to country songs.

First Steps owner Jillian Massey said she loves holding public

*Continued on Page 3*



## CSD Fire to Launch Mobile Health Pilot Program

**By Matthew Malone  
News Editor**

**ELK GROVE, CA (MPG)** - Cosumnes Fire Department will soon expand its health care services with a mobile integrated health pilot program. The Cosumnes Community Services District board of directors approved the program at its Sept. 18 regular meeting.

Assistant Fire Chief Robert Kasparian called the pilot the "next logical expansion" of the department's existing telehealth program. In the telehealth program, a person who calls 911 with a medical concern can consult with a health care provider via a tablet.

The new six-month pilot would provide in-person medical services to patients in their homes. A physician assistant would conduct the visits and their license would allow them to provide services such as write prescriptions and have a patient admitted to a health care facility. The physician assistant would probably be work three days a week.

Kasparian said the program would enhance care access for underserved and high-risk groups.

The pilot will be funded with \$100,000 in pandemic-relief money from Sacramento County. Kasparian thanked county Supervisor Pat Hume for securing the funds.

The money would fund the contract with the health care practitioner and pay for a paramedic to accompany them.

Kasparian said the program would "absolutely" help reduce "wall time," the amount of time that department personnel wait at a hospital until a patient is admitted. Kasparian noted that some area hospitals have begun admitting patients more quickly.

A mobile integrated health pilot will help handle people who frequently request emergency services. Kasparian said that Cosumnes Community Services District Fire

*Continued on Page 2*

## Shopping at the Galt Flea and Produce Market



Angelica Romero, right, sells colorful plants at the Galt Market.

**Story and photos By Ramona and Chris Scarborough**

**GALT, CA (MPG)** - The Galt Flea and Produce Market parking lot was packed. These customers know where to find great bargains and fresh vegetables and fruit.

At the Galt Market, not only will the vendors tell you what that unidentifiable produce is but they will tell you how to prepare it.

"Sinqua Mota is an Indian

bitter melon," said Mai Vang, a second-generation vendor. "You don't peel it; just remove the seeds, slice and eat."

Your local supermarket likely doesn't carry jellied guava, cactus apples, quince or jujube fruit, but you will find them here along with many other unique edibles to try.

Where do the produce vendors get their tempting offerings? The offerings often are from their own crops or from other farmers.

"Mostly what we sell is local but we truck in some of our special agricultural products from Southern California," said Kashmir Jaiya and Abdul Sadat.

If you are looking for good deals on a variety of other items, look no further than the booths spread across the spacious grounds.

Do you need clothes at a reasonable price? You can buy new jeans, tennis shoes, hats, T-shirts, purses

*Continued on Page 2*



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# High School District to 'Reinforce' Student Tech Rules

By Matthew Malone  
News Editor

**GALT, CA (MPG)** - Galt Joint Union High School District Superintendent Anna Trunnell advocated discussing safe use of technology with students, days after social-media threats against local high schools that led to the arrest of a teenage suspect

Superintendent Trunnell made the comments at the Sept. 19 meeting of the district board of trustees. The trustees also viewed the results of a local survey on technology use at school.

Citing a national trend of online threats directed at schools, Trunnell recognized the "quick work" of district staff, law enforcement and the Galt Joint Union Elementary School District to maintain calm in the face of the local social-media posts.

"I've never seen such actions like this before. We've seen adults who've been pulling these pranks

previously, and unfortunately, our students have decided to follow suit. I think it is high time to think about how we are encouraging our youth around the use of technology, especially around their responsibilities and the safe use of technology," Trunnell said.

Galt Police Department on Sept. 17 arrested a 15-year-old boy and charged him with making the threats. The police have released no further information on the case, as of press time.

Trustee Patrick Maple said that the phenomenon is older than Trunnell said and he requested discussion of ensuring that all classrooms have at least two doorways.

"I do like the idea of what you're going to talk about," Maple said, referring to a survey on student tech use, "but I'm not sure it's going to make a difference."

Trunnell presented the

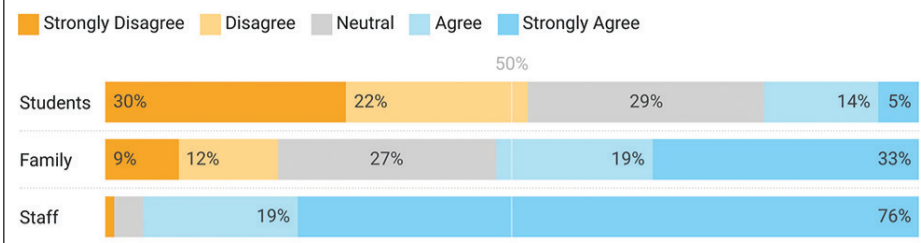
survey, which asked district students, students' families and staff about what kinds of restrictions should be placed on students' use of cell phones.

The survey was prompted by state Assembly Bill (AB) 3216, which requires school districts and other educational bodies to adopt policies limiting or prohibiting smartphones on campus.

Conducted electronically, the survey received 643 responses, with the majority from family members. Students made up about a quarter of the respondents and about 14% of responses came from staff. Of the respondents, 59% were associated with Liberty Ranch High School, 41% with Galt High School and 4% with Estrellita High School.

The question of whether smartphones cause distractions during the school day indicated that opinions depend on the respondents' roles. A slight majority of

## Is Student Smartphone Use Distracting?



In a survey, the high school district asked respondents about their opinion on this statement: "Student use of a smartphone/cell phone causes distractions during the school day." Most students disagreed, while most family members and staff agreed. Created with Datavrapper • Chart by Matthew Malone • Data via Galt Joint Union High School District

student respondents, 52%, said that smartphones do not cause distractions, compared to 19% who said they do.

The perception among family members was the reverse, with 52% of respondents saying smartphones do cause distractions.

Staff had an even stronger opinion, with 95% saying smartphones are distracting.

When shown sample policies with different levels of restrictiveness, the respondents consistently preferred to allow some cell phone use with limits. For example, close to three-quarters of respondents supported requiring that cell phones be silenced and put away in class but allowing their use during lunch and passing periods.

The trustees did not take formal action on

the informational item. Trunnell said staff plans to "reinforce" the district's existing policy, which reads as follows: "Students may use cell phones, smart watches, pagers, or other mobile communication devices on campus during noninstructional time as long as the device is utilized in accordance with law and any rules that individual school sites may impose. ... Mobile communication devices shall be turned off during instructional time."

Staff will consider changes to the policy based on developments around AB 3216 and on discussions with educators.

"We also want to talk directly with students and hear from them on why it (smartphone use) is so necessary and talk with them about the dangers which are also associated, which

we got to see first-hand this week as students shared images around social-media threats."

Responding to questions from Trustees Dennis Richardson and Melissa Neuburger, Trunnell said staff could develop a definition of inappropriate technology usage; it might be related to a policy on acceptable use that the district presents when a student gets registered.

Maple asked about the district's ability to protect students from misleading content created with artificial intelligence. While the district doesn't control what students see on their devices, Trunnell replied, there are legislative efforts to regulate artificial intelligence. Trunnell continued that it is the district's duty to teach students how to be "responsible citizens" after graduation. ★

## Two Sent to Hospital in School Bus Accident

By Matthew Malone  
News Editor

**GALT, CA (MPG)** - A Galt Joint Union High School District bus was involved in a crash on Sept. 25 on Twin Cities Road. No major injuries were reported.

The district reported the crash in a social media post, later confirmed to the Herald by Superintendent Anna Trunnell.

Trunnell said that a district school bus was transporting students on Twin Cities Road just after 7 a.m. when it was struck on the front by another vehicle.

According to California Highway Patrol (CHP) spokesman Mark Leavitt, three vehicles were involved in the crash. The bus was traveling eastbound. It had stopped and then began to accelerate. A pickup truck traveling west stopped for the bus, but a dump truck behind the

pickup could not stop in time. Leavitt said the dump truck hit the pickup, pushing the pickup into the bus.

Though there were no major injuries, Trunnell said the bus driver and one student were taken to a hospital. Leavitt said they had complaints of pain.

As Twin Cities is a state highway, California Highway Patrol responded and cleared the scene. Afterward, another bus took the students to school.

Trunnell did not disclose the bus's destination or the students' school, saying the district is still communicating with families. The other drivers were not identified.

"Thank you to our bus driver, transportation staff, our district staff, and emergency responders for working so quickly and diligently to ensure that everyone was safe and cared for," Trunnell said. ★

## CSD Fire to Launch Mobile Health Pilot

Continued from page 1

serves more than 65 "high utilizers," individuals who call 911 at least 10 times in one year.

"It's something that's going to continue to get worse," Kasparian said.

While other agencies address the issue with fees or criminal charges, Kasparian wanted to "identify the root cause of the problem" by getting frequent callers a medical evaluation.

Not many agencies in California have a mobile health program,

Kasparian said, because they can't be reimbursed for it, but a bill passed by the state Legislature and awaiting the governor's consideration would allow reimbursement.

Kasparian hoped it would become law, which would allow Cosumnes Fire to continue the program after the first six months.

Director Peter Sakaris praised the "excellent program."

"I think it's going to really work well, especially for those high

utilizers," Sakaris said. He asked whether the department would seek grant funding. Kasparian said yes, explaining that grants would be a major element in running the program long-term.

Kasparian told Director Orlando Fuentes that, if the program expands, the department might consider contracting with nurse practitioners in addition to physician assistants.

The board approved the resolution 4-0. Director Angela Spease was absent. ★



Abdul Sadat, left, and Kashmir Jaiya sell local and Southern California produce.



Produce vendors can explain how to prepare and cook produce not found in supermarkets.



Farid Zarini has deals on phone cases and electronic accessories.



One vendor offered tools, musical instruments and electronics.



Galt Market has plenty of food, drink and dessert choices, along with shade for dining.

## Shopping at the Galt Flea and Produce Market

Continued from page 1  
and socks.

How about economical household goods? Browse kitchen appliances such as mixers, can openers, blenders and more. Colorful blankets, bedspreads, curtains, rugs and mattresses are available.

Do you have children or grandchildren? Choose small gifts, toys, bicycles or clothing in all sizes.

Angelica Romero "would love" to show you the many kinds of trees, bushes and flowers she brings from the nursery where she works.

"I can save you money on electronic accessories and a wide variety of phone cases," said Farid Zarini, who has been at the market for eight years. "No middleman and no advertising. Phone cases that

would sell for \$40, you can get here for \$10 to \$15."

After perusing the long aisles full of merchandise, you might be hungry. You can find a food truck or stall with American barbecue, Chinese, Mexican or Vietnamese food. Eat lunch at the picnic tables there. Drink lemonade, coffee or bubble tea.

Finish with dessert: Ice cream or fresh baked goods such as scones, cookies or banana, lemon or pumpkin loaf are tempting.

Come early and enjoy a pleasant morning supporting your neighbors and benefiting your pocketbook. The Galt Flea and Produce Market at 610 Chabolla Ave. is open from 7 a.m. to 2 p.m. Tuesdays and Wednesdays. ★

# Sacramento County Celebrates Food Safety Excellence



District 5 Supervisor Pat Hume awarded Full Moon Palace of Galt with an award of recognition. Photo courtesy of Sacramento County

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - To honor the remarkable food safety efforts of local restaurants and food facilities that protect the public from foodborne illnesses, and to celebrate National Food Safety Month, the Sacramento County Environmental Management Department recognized Sacramento County operators during the Board of Supervisors meeting on Sept. 10.

The recipients of the 19th Annual Environmental Management Food Safety Award of Excellence all achieved three consecutive health inspections without major violations.

The Centers for Disease Control (CDC) estimate that 48 million people get sick, 128,000 people are hospitalized, and 3,000 people die from foodborne diseases in the U.S. each year.

With the help of Environmental Management Department's (EMD) food protection program and free food safety classes, Sacramento County food facility operators are trained that most foodborne illnesses are preventable, by teaching the

principles of food safety and focusing on preventing food contamination and learning facility sanitation, time/temperature control and personal hygiene.

Of those 673 food facilities recognized, one establishment from each of the five Sacramento County supervisorial districts was chosen to receive their award from their respective county supervisor.

### Awards Of Excellence District Representative Honorees

District 1 – Supervisor Phil Serna: Yume Gelato, located at 5921 Folsom Blvd in Sacramento

District 2 – Supervisor Patrick Kennedy: Samosa Garden, located at 6608 Florin Road in Sacramento

District 3 – Supervisor Rich Desmond: Del's Pizza, located at 11711 Fair Oaks Blvd in Fair Oaks

District 4 – Supervisor Sue Frost: Mas Taco Bar, located at 450 Palladio Parkway in Folsom

District 5 – Supervisor Pat Hume: Full Moon Palace, located at 1000 C Street #50 in Galt. ★



First Steps Dance Academy instructor Tami Iverson, holding a microphone, leads a line-dancing lesson alongside First Steps owner Jillian Massey, center. Photos by Matthew Malone

# Dinner and a Dance on 4th Street

Continued from page 1

dance classes, noting that line-dancing isn't that intimidating.

"You watch dancing and you want to participate. It's hard to not get out of your seat or bounce in your seat, you know. So (we're) just trying to encourage people to come out and try and it's just about having fun with

people," Massey said.

Galt Mayor Paul Sandhu complimented the event. He added that the relatively mild weather made for a pleasant evening.

"I think it's very well attended. ... A lot of people I meet, they are very happy," Sandhu said.

Seabolt was optimistic that the dinner dance would return next year.

"I think the community really likes it," Seabolt said. "It's nice to get to bring in different businesses in the area, so people can get barbecue but they're a local company here in town and they're chamber members, and the line dancers are here in town as well, so it's nice to get to highlight local businesses." ★



Old Galt Dinner Dance guests listen to Moonshine & Honey just after sunset.

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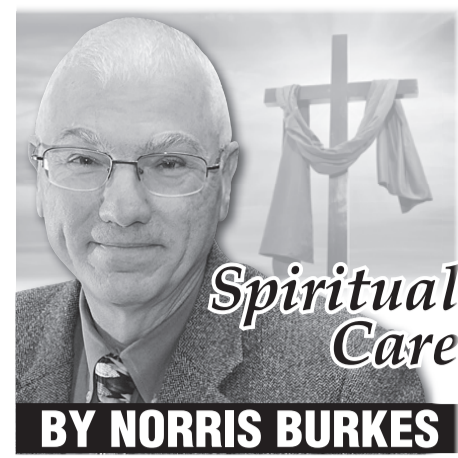
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# Don't Try This Verse at Home



his 26-year-old pastor and wife for dinner after church.

Our deacon, Dan, was a 40ish-year-old family man with three daughters who hung on his every word. But a few hours into our meal, it was his wife, Joanne, who was making the biggest impression on us.

Joanne was an incredibly personable woman who exuded confidence in everything she did. Nevertheless, with Dan she seemed almost subservient. She waited on him hand and foot, bringing him what he needed before he'd ask.

As Joanne served dessert, Becky dared a nervous laugh at how Joanne fawned over Dan. The deacon's wife responded to Becky's ribbing with the submission verse, telling us it was her Christian duty to serve Dan.

With lips pursed, we nodded in feigned agreement, even though our first impressions told us that the arrangement seemed more like servile compliance than a Christian marriage.

On our drive home to the parsonage, my young bride made a few declarations.

"I hope you're not expecting our marriage to be like that. I'll be your wife, but I won't be your maid or your waitress."

Of course, this was no major development. On our wedding day, Becky veered away from traditional roles by refusing to

be "given away" by her father. Instead, both our parents began the ceremony by announcing their affirmation of our marriage. After our wedding, Becky spent the next four years supporting us through my seminary education.

Now that she was ready to start her teaching career and plan our family, she wanted to be sure I knew that I was expected to do an equal share of home upkeep, diaper duty and cooking included.

Of course I wanted to keep this girl, so I always nodded in perfect agreement.

We remained with that church for 4½ years, just long enough to realize that Joanne wasn't the mousy, subservient wife we first mistook her for. Their marriage wasn't so easily judged.

Actually, I was privileged to witness how they'd built a marriage of great love and mutual respect. I saw many moments in which Dan also submitted to Joanne's wishes and lavished her with every bit of love he could muster.

Bottom line was that their marriage worked for them and I had no call to judge that.

I met up with Dan and Joanne a few years back and I can tell you that Dan achieved a wonderful life — not by misusing the verse to domineer Joanne, but by cherishing her. Joanne achieved a

wonderful marriage, not by losing who she was in Dan's shadow, but by honoring the man God made Dan to be.

Together, they found the secret that precedes the noisy verse about wives submitting. Ephesians 5:21 makes it clear that both the husband and wife must "submit to one another."

That simply means that couples must work it out. Usually, a good marriage involves the couple taking turns in leading in their relationship. Typically, healthy couples lead together.

Izmir was a very short tour of duty, just a temporary home. Fortunately, my assignment with Becky has been a permanent one.

I don't think she'll tell you that our marriage has always been equal because I know it hasn't. But I also know that, as we near the 45-year mark, submitting to one another continues to work for us.

*For an autographed copy of "Tell It To The Chaplain," or any of my books, order from my website or send a check for \$20 (per book) to 10566 Combie Rd. Suite 6643 Auburn, CA 95602. Email comments to comment@thechaplain.net or by text or voicemail to (843) 608-9715. See other books and past columns at website www.thechaplain.net.* ★

## ABOUT TOWN

### Senior Resource Fair Sept. 26

Galt District Chamber of Commerce and the Galt Commission on Aging will hold a Senior Resource Fair on Sept. 26.

The event runs from 10 a.m. to 2 p.m. at Chabolla Community Center (600 Chabolla Ave.).

It will offer opportunities to engage with local businesses and county agencies, with breakout sessions for information on support services. For more information, contact info@galtchamber.org.

### American Legion Post 233 Meetings

The Elk Grove American Legion Post 233, established in 1994, invites

veterans to our monthly meetings every 4th Thursday of the month at the Elks Lodge, 9240 Survey Road, Elk Grove.

Our next meeting is Sept. 26.

Post 233 invites veterans and their spouses to a dinner/social hour from 6-7 pm. The veterans' general meeting starts at 7 pm. Veterans' spouses are welcome to join the Elk Grove American Legion Auxiliary Unit 233 that meets in another room from 7-8 pm.

For questions, please contact Henry at 916-205-9296 C or Sue at 916-683-6128. We hope to see you there.

### Other Veterans Meetings Listed American Legion Post 55, Veterans & Auxiliary Units: 4th Wednesday. Dinner

6 p.m., meeting 7 p.m., Veterans Hall, 8230 Civic Center Drive. Breakfast: 2nd Saturday. 8-10 am. 8830 Sharkey Ave., Elk Grove.

**Marine Corps League:** 1st Thursday. Dinner 6 p.m., meeting, 7p.m., Veterans Hall, 8230 Civic Center Drive Elk Grove.

**VFW Post 2073:** 2nd Thursday. Dinner 6 p.m., meeting 7 p.m., Veterans Hall, 8230 Civic Center Drive, Elk Grove.

### Historical Tours Offered Monthly

The Galt Area Historical Society will offer tours at McFarland Living History Ranch (8898 Orr Road) and the Rae House Museum (204 Oak Ave.), 1-4 p.m., on the following Sundays: Oct. 6, Nov. 3

and Dec. 1. Parking is free and donations are accepted. For more information, call 209-730-3127.

### Wilton Bingo Played Monthly

Wilton Bingo is the first Saturday of each month in the Wilton Community Center at Colony Road and Dillard Road. Doors open at 5 p.m. and bingo starts at 6 p.m. Cost is \$10 for 10 games.

Our Good Neighbor table is still happening, so if you can donate a quality used item, it would be appreciated.

All proceeds go to two non-profits: The local Park Council and the Wilton History Group.

Any questions: call Lorraine Robinson, 916-212-8896. ★

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## MEMORIAL

### JOHN-THOMAS BANDY • 3/2/2001 — 9/1/2024

John-Thomas (JT) Earl Bandy, 23, of Galt passed away on Sept. 1, 2024, after a tragic car accident.

John-Thomas was born on March 2, 2001, in Sacramento to Johnny and Suzanne Bandy. After JT graduated from Liberty Ranch High School in 2019, he went on to study mechanical engineering at Universal Technical Institute.

After graduating with a degree in Diesel Mechanics, he started his career as a heavy equipment mechanic for Royal Electric Company. He was a part of their family for four years and continued to thrive and grow in his career.

Within his free time, JT enjoyed spending time with his friends and long-term girlfriend at the lake or on a dirt bike track. JT also enjoyed hunting and riding his dirt bike with his nephew. After JT graduated high school, he found his love for rock crawling and



had several rock crawlers. JT would take frequent trips to trails and the Rubicon with friends for the weekend.

JT is survived by his parents Johnny and Suzanne Bandy, his older sister Kaytlyn Bandy, and his young niece and nephew. JT was a staple in his family structure and was the glue which kept them all connected through his infectious smile and goofy laugh.

In lieu of flowers, the family is requesting donations be made to a scholarship fund in JT's memory. The parents plan to award seniors at Liberty Ranch High School who plan to pursue careers in the mechanical field with scholarships to help aid in their educational funds. The scholarship fund can be found at [gofund.me/535a0e8d](http://gofund.me/535a0e8d).

A Celebration of Life will be held at noon Oct. 12 at the Evalynn Bishop Hall 701 CA-124, Lone, CA 95640.

## The Galt Herald

Serving Galt and Sacramento County since 1901

It is the intent of *The Galt Herald* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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# 'Destination Aviation' Inspires Generations

By Omella Rossi

**SACRAMENTO COUNTY, CA (MPG)** - A day filled with fun, science, hot dogs and aviation excitement captivated more than 700 attendees at the California Capital Airshow's "Destination Aviation" STEM event on Sept. 21 at Mather Airport, where local youth explored career opportunities in aviation and other STEM fields. The event, held in partnership with Women in Aviation International, had a series of engaging activities and discussions.

"We have a lot of different programs that we weren't able to do this summer, so we decided to combine some of those topics and career opportunities into something called Destination Aviation," said California Capital Airshow Executive Director Darcy Brewer. "We thought, let's invite a couple hundred kids and show them what's possible. What we found in our programing, which we have been doing for about 14 years now, is that it's about the people you meet and you talk to that inspire you and show you how to find your way."

California Capital Airshow aims to provide education, exposure and access through engaging, year-round events focused on STEM, aviation and aerospace, all designed to empower the region's future workforce, as stated on its website at californiacapitalairshow.com.

The day featured a panel discussion with some of the nation's leading professionals in the aviation and aerospace sectors. Panelists included Lt. Col. Merryl Tengesdal, the first Black female U-2 Dragon Lady pilot in the U.S. Air Force; Elizabeth Lewis, Ph.D., a space engineer at X-bow Systems; Manu Mann, an artificial intelligence expert at Micron; and Ryan Bankerd, who specializes in sustainable fuels at UPS. "We have a truly

incredible panel here today," said Bankerd. "One thing we all have in common is the efforts we put into doing what we love."

The event included more than a dozen hands-on STEM exhibits from organizations such as the Aerospace Museum of California, Sacramento City College and the U.S. Air Force ROTC. Youth explored various career opportunities, engaged with professionals in those fields and discovered the latest technological innovations.

"It's about getting kids involved in something fun and exciting that encourages aviation," said Anthony Elder, the co-founder of Red Tail Drone Academy and Sports, one of the exhibits at the event where youth had the opportunity to explore "drone soccer."

Attendees also enjoyed a Mad Science show and a display of various aircraft and vehicles. Winners of an essay contest also had the chance to experience an introductory flight before the main event.

"Today was so cool," said attendee Ava Chang. "I want to be an astronaut when I grow up and I learned so much today."

Tengesdal highlighted the significance of representation, saying, "I think events like this are great for people that are like-minded to meet people that have been there and done that. To show kids the diverse backgrounds we bring to the table helps them see that they can do it, too."

Lewis stressed the importance of hands-on learning, stating, "Any kind of STEM event is really good, especially ones like this with hands-on activities. It gives kids a chance to discover something new and fosters a one-on-one connection."

Offering advice to aspiring young professionals, Lewis said, "Be determined; don't give up. It's



Various aircraft and vehicles were on display at the event, allowing youth to get up close and personal with them. Photos courtesy of David Blakeney Photography



U.S. Air Force ROTC was one of the many hands-on STEM exhibits at the event.

hard work getting into these fields, but if you are willing to be determined and not give up, that spark of innovation and curiosity will lead you to success."

The California Capital Airshow continues to make strides in inspiring the next generation, showing that with education and exposure, the sky is truly the limit.

For more information on programs and future events, visit californiacapitalairshow.com. ★



An interactive "Mad Science" show took place at the event.

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### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06103  
Irvin Alonso Benitez, 13301 Renker Road, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "FM Alonsos Handy Man" 13301 Renker Road, Galt, CA 95632. Filed with the Clerk of Sacramento County August 8, 2024  
Publish: September 6, 13, 20, 27, 2024  
ALONSO 9-27-24

### TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE TS No. CA-24-988224-SH Order No.: 240190129-CA-VI YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 4/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEED-

ING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably es-

timated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): IAKOPO MAAE AND VICTORIA MAAE, HUSBAND AND WIFE AS JOINT TENANTS Recorded: 4/27/2006 as Instrument No. xxx in Book 20060427 Page 2126 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 11/19/2024 at 1:30 PM Place of Sale: At the main entrance to the County Courthouse, located at 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$309,575.96 The purported property address is: 1005 HOWARD CT, GALT, CA 95632 Assessor's Parcel No.: 148-0860-018-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction.

You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-24-988224-SH. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in

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the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right against the real property only. Date: QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Log-in to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION. TS No.: CA-24-988224-SH IDSPub #0224447 9/27/2024 10/4/2024 10/11/2024

THE GALT HERALD 10-11-24



### NOTICE OF PUBLIC LIEN SALE

Galt Mini Storage  
460 Industrial Drive  
Galt, CA 95632  
(209)-745-4222  
October 11th 2024 @ 10am

Notice is hereby given, that the undersigned, intends to sell the personal property described below to enforce a lien imposed on sold property pursuant to sections 2170 through 2176 of the Business and Profession's Code, Section 535 of the Penal Code and provisions of the Civil Code. The Undersigned will sell at public sale by competitive bidding on the 11th of October at 10:00AM on the premises where said property has been stored and which is located at 460 Industrial Drive, Galt, County of Sacramento, State of California. The following unit(s), consist of household, garage, and personal items:

Jody L. Gaines Unit # 104  
Pamela J. Stombres # 109  
Jeffrey Vaiani # 121

Purchases must be paid for at the time of purchase in CASH. All purchased items are sold "AS IS WHERE IS" and must be removed at the time of purchase. Sale subject to cancellation in the event of settlement between the owner and the obligated party.

Auction services conducted by: Storage Auction Experts - John Cardoza # 5860870

The Galt Herald 9-27-2024

# GLANCE BACK

## 80 Years Ago Sept. 29, 1944

The following Galt girls attended the California Youth Conference held in Oakland Friday of last week: Ann Nicholson, Edna Mae Balliet, Mary Balliet, Marian Willyard and Peggy Hall. Over 1,000 youth were in attendance.



Mr. George Feickert of Elk Grove was a business visitor in Galt on Wednesday. Mr. and Mrs. Feickert have three sons serving in the U.S. Armed Forces now: Arthur R. at Hamilton Field, Herbert T. at Oceanside and Cpl. Louie J. now overseas.

## 70 Years Ago Oct. 7, 1954

The new Sacramento County Free Public Library building, combining a red-wood and brick construction and including the most modern conveniences, opened

this week in Galt at 611 B Street.

The Galt branch was established in 1907 and has had two librarians, Mrs. Luella P. Lindsey who was librarian for 27 years and Mrs. Ada Karr who has served for the past 20 years.



Mr. and Mrs. Wayne Patterson are the proud parents of a daughter, Robin Elaine, born Oct. 4 at 3:45 p.m. at Lodi Memorial Hospital. The infant weighed 8 pounds. ... Mr. and Mrs. Gerald Van Egmond are the proud parents of a son, Wilhelm Peter, born Sept. 30 at Lodi Memorial Hospital. He weighed 7 pounds 7 ounces and arrived at 5:15 a.m. ... Mr. and Mrs. Elverna Stribling of Thornton are the proud parents of a son, Michael Allen. Born Oct. 4 in Buchanan Hospital, he weighed 8 pounds and arrived at 8:35 a.m.

## 60 Years Ago Oct. 1, 1964

Mrs. Robert J. Barber was the recent honoree at a pink and blue shower held at the home of Mrs. James Barber of Thornton. Hostesses for the event were Mmes. David Burrows, David Cameron III, and her aunt and sister-in-law, Mrs. James Barber and Patricia Barber.



Paul Newton Jr. is the name chosen for the new little king at the home of Mr. and Mrs. Paul Beach. He is the first child for the couple and arrived on Sept. 18 at Sacramento Hospital. Paul weighed 6 pounds 8½ ounces. Mrs. Beach is the former Cleo Schnetzer of Galt.

## 50 Years Ago Oct. 3, 1974

Taking over ownership of the Jim Loupe Chevrolet agency in Galt are Rudy Castillo Sr. and Rudy Castillo Jr., who also

operate an automobile agency in San Jose.



Mr. and Mrs. Lindsey Marshall (Deedra Lawrence of Galt) are the proud parents of a baby girl born Sept. 25. Named Erin Elizabeth, she weighed 8 pounds and was 20 inches in length.

## 40 Years Ago Sept. 27, 1984

Galt High senior Troy Loftin has been designated a "commended student" in the 1985 Merit Program by the National Merit Scholarship Corporation, Principal Henry Mellon announced Tuesday. Loftin placed in the top 5 percent of more than 1 million participants in the 30th annual competition. Participants were judged for their performance on the PSAT/NMSQT test which most of them took when they were juniors.

—Herald archives

# County Redefining Emergency Medical Response

## Sacramento County News Release

**SACRAMENTO, CA (MPG)** - Sacramento County Emergency Medical Services Agency is proud to announce the forthcoming launch of the Triage to Alternate Destination (TAD) program, following approval from the California Emergency Medical Services Authority (EMSA) on Aug. 16.

This innovative program is set to transform local emergency medical services by improving patient care, optimizing resource use and easing the burden on emergency rooms.



"Our goal is to get the patient to the right place for their medical needs the first time," said Sacramento County EMS Agency Medical Director Dr. Gregory Kann.

Starting Jan. 1, 2025, the TAD program will direct patients in need of behavioral health services,

sobering services and mental health support to specialized facilities rather than conventional emergency departments.

This will ensure that they receive timely and appropriate care tailored to their specific needs.

A robust training program scheduled to commence in mid-November will help prepare local EMS providers for the successful implementation of the TAD program.

Participating agencies include Folsom City Fire Department, Sacramento City Fire Department, Cosumnes CSD Fire Department,

Alpha One Ambulance Medical Services, Medic Ambulance Service and potentially Sacramento Metro Fire Department.

Three approved alternate care locations will serve as destinations for redirected patients including Sacramento County Behavioral Health Treatment Center (behavioral health services), Sierra Vista Hospital (mental health services) and WellSpace (sobering center and addiction services).

The TAD program is expected to deliver substantial benefits, including:

**Enhanced Patient Outcomes:** Ensures

patients are directed to facilities equipped for their specific needs, reducing wait times and improving quality of care.

**Optimized Resource Use:** Frees up emergency rooms for critical cases and reduces overall health-care costs by minimizing unnecessary ER visits.

**Relief for Emergency Rooms:** Alleviates pressure on overcrowded emergency departments, enhancing overall system efficiency.

**Improved Patient Satisfaction:** Provides faster, more appropriate care, leading to better patient experiences.

**Community Health Benefits:** Enhances public health by directing patients to the appropriate care settings and improving health literacy through educational components.

The TAD program represents Sacramento County's commitment to advancing emergency medical services and ensuring every patient receives optimal care in the most suitable setting.

Learn more by visiting the County's Department of Health Services website at <https://dhs.saccounty.gov/PUB/Pages/PUB-Home.aspx>.

## NEW HWY-99 SATURDAY SERVICE

Connecting Galt with Elk Grove, Cosumnes River College, Kaiser South and Methodist Hospital

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8:20 AM	8:45 AM	8:50 AM	8:55 AM	9:00 AM	9:25 AM	9:45 AM		8:25 AM	8:45 AM	9:20 AM	9:45 AM	9:50 AM	9:55 AM	10:00 AM	
10:20 AM	10:45 AM	10:50 AM	10:55 AM	11:00 AM	11:25 AM	11:45 AM		10:25 AM	10:45 AM	11:20 AM	11:45 AM	11:50 AM	11:55 AM	12:00 PM	
12:20 PM	12:45 PM	12:50 PM	12:55 PM	1:00 PM	1:25 PM	1:45 PM		12:25 PM	12:45 PM	1:20 PM	1:45 PM	1:50 PM	1:55 PM	2:00 PM	
2:20 PM	2:45 PM	2:50 PM	2:55 PM	3:00 PM	3:25 PM	3:45 PM		2:25 PM	2:45 PM	3:20 PM	3:45 PM	3:50 PM	3:55 PM	4:00 PM	



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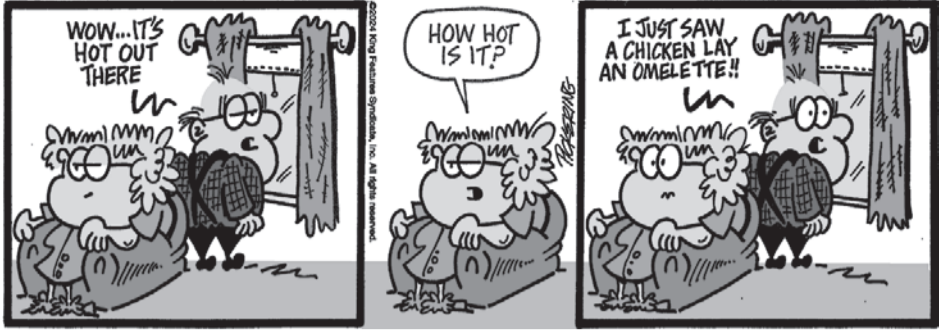
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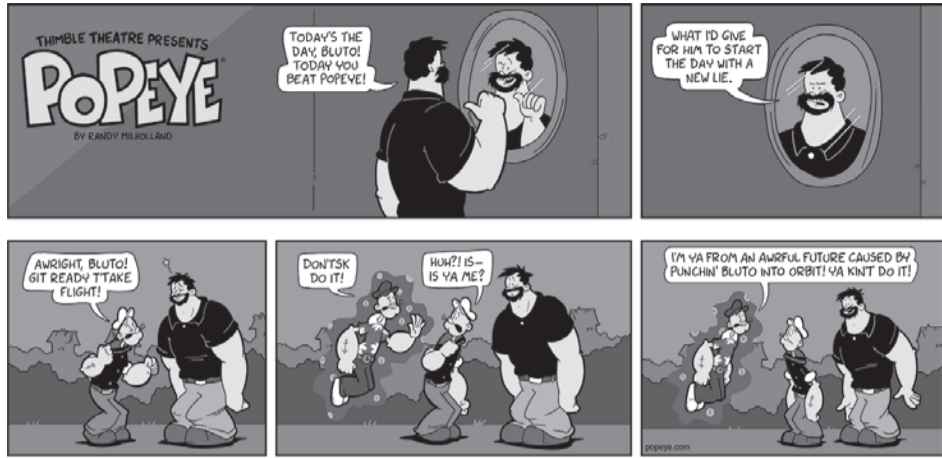
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# COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves

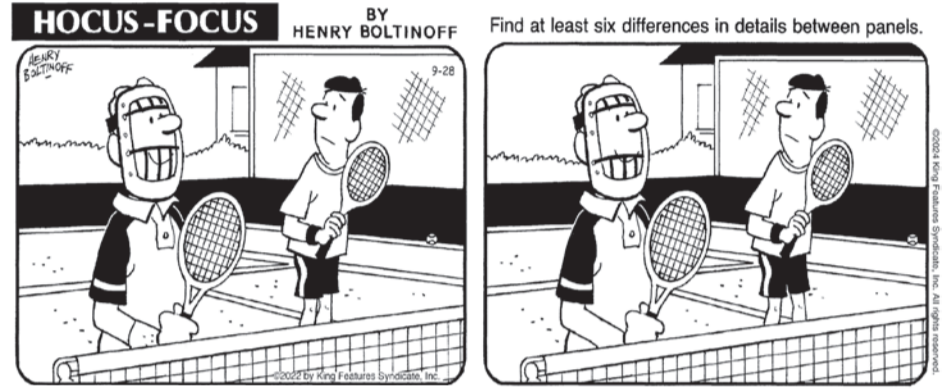


by Dave T. Phipps

Out on a Limb

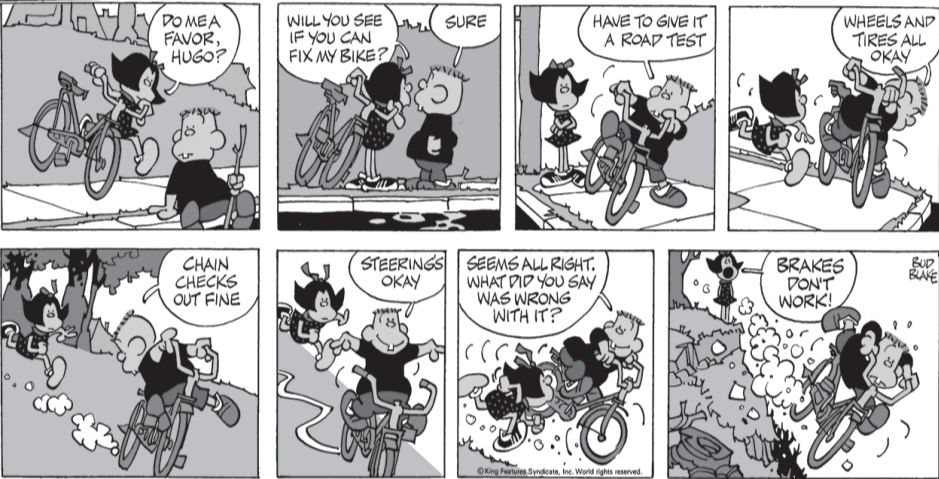


by Gary Kopervas

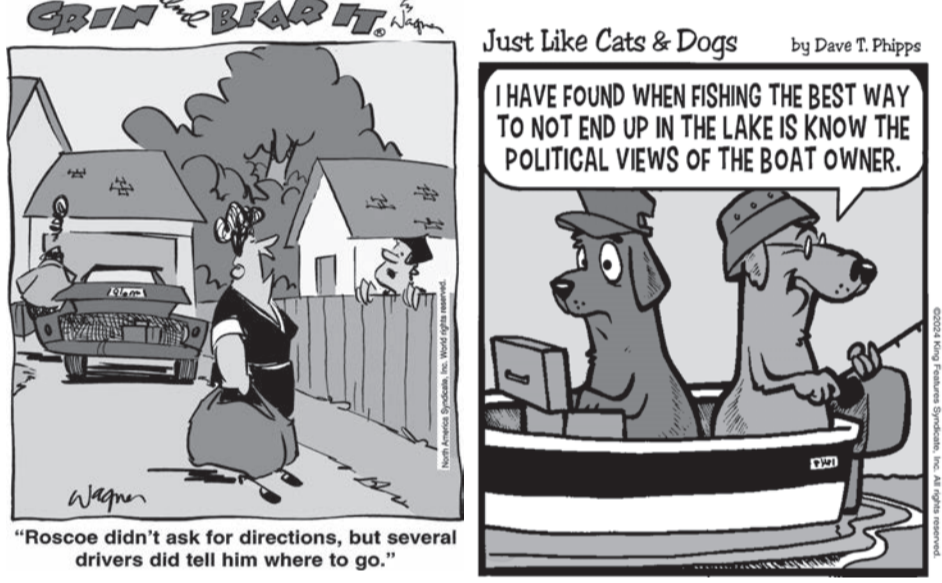


Differences: 1. Leg is moved, 2. Ball is different, 3. Wristband is missing, 4. Facemask is different, 5. Fence is not as high, 6. Fledge is lower.

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- Nordic native
- Equipped with feathers
- Cigarette deposit
- \*Arena, e.g.
- Not odds
- Hawaiian welcome wreath
- Bone hollows
- \*NBA headquarters location
- \*Bill \_\_\_\_\_ NBA Finals Most Valuable Player award
- "Roses \_\_\_\_\_ red ..."
- \*NBA centers typically have long ones
- Tarzan the \_\_\_\_\_ Man
- Cry like a baby
- 3.26 light-years
- "Off The Wall" shoe
- Living quarters
- Shop \_\_\_\_\_ slogan
- "I'm \_\_\_\_\_ you!"
- Got some shuteye
- Comme ci, comme ça
- Brandish
- Ski hill ride
- Contractor's work order
- \*Basketball blocking move
- Swedish shag rugs
- Member of a "benevolent and protective order"
- Kind of cola
- Thrice-repeated dance step
- \*Power \_\_\_\_\_ position
- \*NBA team with most championships
- Deprive of armor
- Genetic acronym
- Plural of ostium
- Junk yard stuff
- Geisha's sash
- \*Nickname for 61

**DOWN**

- Bun baker
- "\_\_\_\_\_ me a seat"
- From square one
- Tanzania's northern neighbor
- Not absorb, nor repel
- Refuse to comply
- Wear and tear
- Bake an egg
- Sunglasses "glass"
- Cassino chip
- Not knit
- Church sound
- Lord's subordinate
- Good \_\_\_\_\_, book lovers' app
- Strike caller
- High school math class
- Declares to be true
- Sweat-inducing attack
- Come in!
- \*The Stilt's first name
- David Schwimmer on "Friends"
- Breadth
- Art support
- \*Shot \_\_\_\_\_, NBA

**CROSSWORD**

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countdown timer  
36. Cobbler's concern  
38. Fix a dog  
42. Vanish without this?  
45. Abscond  
49. Conjunction that joins alternatives and negatives  
51. Inferior goods  
54. Read-only disc  
56. Away from port  
57. Much ado  
58. One time  
59. Like pink steak  
60. Sandwich alternative  
61. Abel's big brother  
62. It will  
63. Give a ticket  
64. Fresh talk  
67. \*Commissioned by Adam Silver

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.



# Practice Forgiveness for Others and Yourself



The burden of these feelings creates anxiety and stress that we no longer have to carry when we forgive. The act of forgiveness helps us to close a wound; when we forgive, we give ourselves permission to heal.

There is freedom in healing. When we forgive, we also give ourselves permission to stop living in the past. We focus less on the damaging feelings and begin to look forward to the future. When we detach from the heaviness, anger, pain and resentment, we no longer allow the past to take up free rent in our brain.

Forgiveness also benefits our physical health. Reduced anxiety and stress may contribute to lower blood pressure, a stronger heart and an improved immune system. Reflecting on our ability to forgive ourselves leads to an ability to cope

with difficult and traumatic situations. As a result, we reap the benefits of mental and emotional wellbeing.

According to the creator of the day, author Melissa Reese, "the purpose of the day is to help people understand forgiveness from pragmatic perspective and make it something so tangible that people excitedly and readily invite it into their lives."

What is forgiveness? According to Reese, "forgiveness is about letting go of the toxic, detrimental, and heavy emotions and thoughts to make room for love." Her hope is "that the day, the concept, the intention, and most importantly the love will reverberate, and be felt, and experienced far and wide for at least the day. And just maybe, that day will provide enough inspiration to find its way into many other days in all our lives."

I am sure we all need to extend forgiveness; after all, we are not perfect. There is only one who is perfect, and He died on a cross for our sins. Talk about forgiveness?

\*\*\*

It has been Homecoming Week at

Liberty Ranch High School. "Hawks Are on a Road Trip: Destination Homecoming" has been seen throughout the various activities during the week. Tonight is the football game against new-to-the-league Amador.

Galt High School has its Homecoming next week. Theme: "Galt's Got the Beat," using song names, music festivals, artists and albums. It should be interesting to see how they put it all together.

\*\*\*

Well, I did it. I started decorating for autumn. I was inspired by a home on the north side of Twin Cities Road. The owners must have started the first weekend of this month, which gave me the thought of starting earlier next year. The more time to enjoy the decorations, the better. Their entrance is decorated with corn stalks and huge pumpkins, very fall-like and welcoming. It gave me a couple of new ideas for the outside. I am usually limited to heavy stuff, as the wind is always blowing, but I am up for the challenge.

Until next week - Be strong, be courageous, make a memory. ★

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# LOCAL SPORTS → COVERAGE

PRESENTED BY THE GALT HERALD

## Union Mine Running Game Takes the Win Against Hawks

Story and photos by Paige Lampson Sports Editor

GALT, CA (MPG) - The Liberty Ranch Hawks were hoping to rack up their first league win of the season when they played Union Mine on Friday, Sept. 20. Unfortunately, the Diamond Backs had other ideas with their relentless driving game and took the win 49-23.

Union Mine started the game with an onside kick and recovered the ball on the 48-yard line. They then began their driving game, rushing up the middle almost every play. In fact, they didn't throw the ball once in the first half. It took six plays for the Diamond Backs to score with 9:09 remaining in the first quarter.

Hope burned eternal when Hawk Oscar Romero received the kickoff and ran it all the way for a Hawk touchdown, tying the score 7-7 with 8:57 left in the first quarter.

After the kickoff, Union Mine rushed play after play and methodically worked their way down the field. They burned up the clock and scored again with 2:07 left in the first quarter.

The Hawk offense got to work but was forced to punt just as the first-quarter buzzer sounded.

Union Mine continued to drive, gaining yards and scored again with 4:40 left in the first half; the extra-point kick was good, bringing the score to 7-21.

Hawks quarterback Wyatt Blevins was able to connect with receiver "Stinky" Nuno and get a first down. The Union Mine defense managed to hold them back, so with the clock running the Hawks called in James Rangel and he scored on a 30-yard field goal with 23.6 seconds left in the half. The score was then Liberty 10,



The Hawk defense tries to hold back the Diamond Backs' offense.



Oscar Romero runs the ball.

Diamond Backs 21 at the half.

Liberty Ranch kicked off at the start of the second half. Union mine continued to rush up the middle until they ran a trick play where the quarterback pretended to be walking off the field and then turned and ran up the side, gaining some yards. The drive ended in another touchdown for Union Mine, bringing the score to 10-28.

On the ensuing Hawk possession, Blevins threw out of bounds, then was sacked. Though they fought for every inch, the Hawks were forced to punt again with 5:30 left in the third quarter.

Next, the Union Mine rusher broke free from the defense and scored with 2:17 left in the third, making the score 10-35.

Liberty never gave up and Blevins connected with Joseph Brown, scoring a touchdown with 1:03 left in the quarter.

Union Mine wasn't finished and broke free on a 50-yard run and scored with 17 seconds left in the third quarter: 17-41.

On their next possession, the Hawks turned the ball over on downs and the defense got to work. The Hawks held strong and stopped Union Mine on their one-yard line, giving the ball back to the Hawks

offense.

Unfortunately, on the first play, way deep in Hawk territory, they fumbled and Union Mine recovered the ball. The Diamond Backs took advantage of that field position and scored on their third down with 6:04 left in the game.

The Hawks weren't done and successfully battled to close the gap and scored one more time with 4:15 left in the game. Final score: 23-49.

The Hawks will look for their first league win this Friday, Sept. 27 during Homecoming, when they face Argonaut at home after press time. ★



James Rangel punts for the Hawks.



Wyatt Blevins dodges a sack and gains some yards.



The Hawk cheerleaders toss a teammate.



The Liberty Ranch Hawks pose as 2024 Carmichael Invitational Tournament champions.

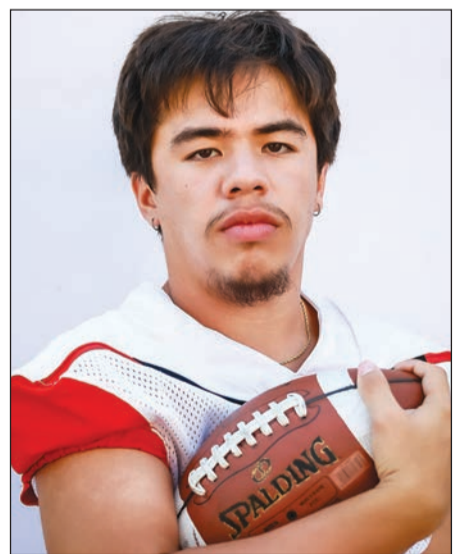
## Hawks Are Tops at Tourney

Story and photo by Paige Lampson Sports Editor

GALT, CA (MPG) - The Liberty Ranch Volleyball team won the Carmichael Invitational Tourney earlier this month.

The Hawks, who are currently ranked first in the Sac-Joaquin League, beat Elk Grove, Del Campo and Lincoln of Stockton in their pool to get the No. 1 spot at the tournament. They also beat El Dorado and Rio Americano in the championship. Through all five matches the Hawks played at the tournament, they never lost a set. ★

## GALT HERALD ATHLETES OF THE WEEK



Roman Tapia  
Galt High Football

Photos by Paige Lampson



Wyatt Blevins  
Liberty Ranch High Football



# LOCAL SPORTS → COVERAGE



PRESENTED BY THE GALT HERALD



## LEAGUE STANDINGS

Football	
School	W/L
Bradshaw	1-0
El Dorado	1-0
Union Mine	1-0
Argonaut	0-1
Rosemont	0-1
Liberty Ranch	0-1
Galt	0-1

Flag Football	
School	W/L
Liberty Ranch	3-0
Amador	3-1
Bradshaw	2-2
Argonaut	1-3
Galt	0-3

Volleyball	
School	W/L
Liberty Ranch	6-0
Union Mine	5-1
El Dorado	5-1
Rosemont	3-3
Amador	1-5
Galt	1-5
Argonaut	0-6

### Bradshaw Christian Shuts Out Warriors

Defending league champions Bradshaw Christian shut out the Galt Warriors 62-0. The Warriors accrued a few injuries and are hoping to recover to take on Rosemont this Friday. Photo courtesy of Tom Santillan



## Galt High Fields Flag Football Team

Story and Photos by Paige Lampson Sports Editor

**GALT, CA (MPG)** - Seventeen Warrior ladies have formed Galt High's new flag football team. Flag football is a new sport gaining in popularity and sanctioned by the California Interscholastic Federation.

Almost all of the schools in our area and our league have girls' flag football teams now and Galt High is no exception.

Ryan Tassell is a new English teacher at Galt High and has taken on the coaching duties for the flag football team. It is a learning process, and the team continues to get better each game.

The ladies were shut out their first two games against Argonaut and Amador but scored their very first touchdown against Bradshaw Christian this last Tuesday.

They have lots of games left to play and the team encourages Galt High fans to come out and support them. ★



Coach Ryan Tassell, back row center, and the Galt High Warriors Flag Football team.



Elia Rodriguez competes in the three-mile race.



Freshman Noah Dean competes in the two-mile race.



Logan Rose works to pass a Lathrop runner. Courtesy photos

## Galt Warrior Cross Country Competes at Frogtown

By Bruce Peterson

**GALT, CA (MPG)** - On Saturday, Sept. 23, the Galt Cross Country Team participated in the Bret Harte Frogtown Invitational held in Angels Camp.

The Boys Varsity team finished ninth overall and second in Division four, led by Senior Runners Kitto Gonzalez and Logan Rose.

Boys Freshman Two Mile Race: David

Espinoza Terrones finished with a time of 14:09.27, followed by Daniel Crownover at 14:26.50 and Noah Dean at 19:00.27.

Girls Frosh Soph Two Mile Race results: Kristine Meixner finished at 17:15.29, Morgan Jones at 17:38.91, Maeve Cordonnier at 20:30.45 and Delcy Rodriguez at 22:40.01.

Boys Sophomore Two Mile Race results: Garrett Rose, 13:43.56; Rylan Graviette, 15:12.79; Julian Alvarado,

16:02.24; Mateo Mejia, 16:07.15.

Girls Varsity Three Mile Race results: Alanna Juarez, 25:38.44; Elia Rodriguez, 27:11.70; Ella Ipson, 28:40.29

Boys Varsity Three Mile Race results: Kitto Gonzalez finished 4th with a time of 16:45.34, Logan Rose came in 15th at 17:52.05, Alejandro Herrera clocked 19:28.58, Xavier Gomez posted 21:46.59 and Austin Nichols completed the race in 29:47.95.

"The athletes performed well in a challenging field that included many of the schools we'll face later this year at the subsection meet," said head coach Bruce Peterson. "We treated this race as a preparation race to gain experience on this difficult course and to gear up for our first league meet."

The Warriors' first league meet was Wednesday at Folsom Lake College, after press time. ★