



**Blue Angels
to Headline
Airshow**

PAGE 4

**Heartstoppers
Haunted House
Returns to Scare**

PAGE 10



Gold River Messenger

VOLUME 12 • ISSUE 10 *Serving Gold River and Sacramento County* OCTOBER 2024

**SEE
INSIDE**

**GENERAL
ELECTION
UPDATE**



PAGE 3

**CORDOVA R&PD
RECOGNIZED**



PAGE 2

**BLANKETS FOR
KIDS GIVEAWAY**



PAGE 4

Project Honors Legendary Tuskegee Airmen



Gregory Rubio of Boy Scout Troop 281 poses with Tuskegee Airmen Heritage Chapter of Greater Sacramento members in front of the newly-unveiled memorial signs. Photo courtesy of Cordova Recreation & Park District

**By Elena Burgé,
Cordova Recreation
& Park District**

RANCHO CORDOVA, CA (MPG) - On Sept. 7, community members celebrated the unveiling of a set of informational signs installed by Boy Scout Gregory Rubio from Troop 281 in Cordova Recreation & Park District's (CRPD) Veteran's Park.

The ceremony garnered more than 200 attendees between Facebook Live viewers and community members at the event, including Tuskegee Airmen Heritage Chapter of Greater Sacramento members, Cordova Recreation



The memorial is composed of three panels, each sharing information about the history of the Tuskegee Airmen, their societal impact and their relevance in local history. Photo courtesy of Cordova Recreation & Park District

& Park District staff and community members. A line-up of speakers shared remarks about the historical significance of the project, including Rubio and several Tuskegee Airmen Heritage

Chapter of Greater Sacramento members. "The Tuskegee Airmen fought a war but they fought an even bigger war for rights: the right to vote, the right to go to school. Some of these men could have been shot if they went off their base," said Tuskegee Airmen Heritage Chapter of Greater Sacramento President Howard Williams. "By doing this (project), you are doing an honor to the men who served many years ago under not only unfavorable conditions but harmful conditions. Some of these men and their families, you don't read about
Continued on page 3

'Destination Aviation' STEM Event Inspiring the Next Generations



U.S. Air Force ROTC was one of the many hands-on STEM exhibits at the event. Photo courtesy of David Blakeney Photography

By Omella Rossi

SACRAMENTO COUNTY, CA (MPG) - A day filled with fun, science, hot dogs and aviation excitement captivated more than 700 attendees at the California Capital Airshow's 'Destination Aviation' STEM event on Sept. 21 at Mather Airport, local youth explored career opportunities in aviation and other STEM fields. The event, held in partnership with Women in Aviation International, had a series of engaging activities and discussions.

"We have a lot of different programs that we weren't able to do this summer, so we decided to combine some of those topics and career opportunities into something called destination aviation," said California Capital Airshow Executive Director Darcy Brewer. "We thought, let's invite a couple hundred kids and show them what's possible. What we found in our programing, which we have been doing for about 14 years now, is that it's about the people you meet and you talk to that inspire you and show you how to find your way."

California Capital Airshow aims to provide education, exposure and access through engaging, year-round events focused on STEM, aviation and aerospace, all designed to empower the region's future workforce, as stated on its website at california-capitalairshow.com.

The day featured a panel discussion with some of the nation's leading professionals in the aviation and aerospace sectors. Panelists included Lt. Col. Merryl Tengesdal, the first Black female U-2 Dragon Lady pilot in the U.S. Air Force; Elizabeth Lewis, PhD, a space engineer at X-bow Systems; Manu Mann, an artificial intelligence expert at Micron; and Ryan Bankerd, who specializes in

Continued on page 3

Breaking Ground on Braden Community

By Omella Rossi

SACRAMENTO, CA (MPG) - The Braden Master Planned Community groundbreaking on Sept. 26 marks the start of a new development, bringing together Sacramento County officials, local developers and community leaders.

Formerly referred to as Cordova Hills, Braden officials promise to reshape an unincorporated section of the county located just outside Rancho Cordova along Grant Line Road.

The Braden Master Planned Community is designed as a "10-minute town," where essential amenities are easily accessible within a short walk or via electric mobility. This layout allows residents to reach parks, shops and services quickly and conveniently, promoting a more connected community according to Braden officials.



Sacramento County officials, state and federal representatives, and Somers West representatives gathered at the Braden Master Planned Community groundbreaking on Sept. 26. Photo courtesy of KJ2 Productions

Local developer Somers West has worked on the project for nearly two decades, with approval granted by the county in 2013. At full build-out, Braden will encompass 2,667 acres, providing up to 8,000 residences, 1.3 million square feet of commercial space, and an extensive network of 75 miles of trails and bike

lanes. Additionally, the development will include four schools under the Elk Grove Unified School District and six mobility hubs. "Braden at its core represents a visionary approach to sustainable and interconnected complete community design," said Rachel Bardis, chief operating officer of Somers

West. "It's a legacy and one that we hope stands as the model for future communities that prioritize people, the planet and progress." The first phase of the project, which features a Town Center, is expected to be completed by 2026. The development is designed to integrate homes, workplaces, and recreational
Continued on page 2



Scan our QR Code for a direct link to our online edition!

PRESORTED STD.
US POSTAGE
PAID
PERMIT 350
Carmichael, CA
OR CURRENT
POSTAL CUSTOMER

Breaking Ground on Braden Community



California State Senator Roger Niello speaks as the emcee at the Braden groundbreaking ceremony Sept. 26. Photo courtesy of KJ2 Productions

Continued from page 1
spaces, addressing pressing social and environmental challenges.

“Braden means ‘wide valley,’ a name that’s true to our California Central Valley location. And our belief in wide-open possibilities,” according to the project’s website.

California State Senator Roger Niello expressed his support for the project at the Sept. 26 groundbreaking.

“This has been a long time coming,” Niello said. “Thanks to the development team’s perseverance, they pushed forward knowing they were building something truly special.”

Improvements to Grant Line Road will enhance access to the community and essential services such as power, water and sewer will be extended from existing Sacramento County providers. The Sacramento County Sheriff’s Office will serve as the patrolling agency, with fire services contracted from Sacramento Metro Fire.

The Braden development emphasizes sustainability at its core, featuring

energy-efficient homes that reduce operating costs and minimize environmental impact, along with green infrastructure.

“Braden will have a profound and lasting impact on the people that live here,” said Dave Defanti, deputy county executive for community services. “This project represents a growth in environmental stewardship and will significantly enhance the quality of life across Sacramento County.”

Community leaders praised the project’s innovative approach. Peter Calthrope, founder of Calthorpe Associates, highlighted its potential to address America’s housing crisis.

“This site is half the solution,” he stated. “We need to create complete communities like this one where everyone has a place.”

Sacramento County Board of supervisors Rich Desmond, added, “This development is a shining example of Sacramento County’s commitment to ensuring that no project gets the green light unless it adds the creation of a cohesive thriving community.”

For more information on the project, visit bradenca.com/. ★

CRPD Recognized for Commitment to Transparency



Cordova Recreation and Park District staff, from left, Andrea White, Patrick Larkin and Shelby Golden, pose with Chairperson Brian Danzl, center, and Vice-Chairperson Rick Sloan, second from right, after accepting their awards at the California Special Districts Association Annual Conference in Indian Wells on Sept. 11. Photo courtesy of Cordova Recreation and Park District

**By Elena Burgé,
Cordova Recreation & Park District**

RANCHO CORDOVA, CA (MPG) - Cordova Recreation and Park District (CRPD) was recently recognized at the California Special Districts Association (CSDA) Annual Conference in Indian Wells for its commitment to financial transparency and accessibility of information.

In recognition of its efforts toward engaging the community and making vital information available to constituents, the Cordova Recreation and Park District was awarded with the District of Distinction Gold Accreditation and the District Transparency Certificate of Excellence.

These two titles serve as indicators of the commitment that Cordova Recreation and Park District has made toward providing community members with transparency and consistency throughout its governing process. The District of Distinction Gold Accreditation must be earned through the demonstration of

prudent financial management and sound fiscal policy administration. The Gold Accreditation is one of the highest levels of recognition awarded by the Special District Leadership Foundation.

“I am so proud of the hard work and dedication to excellence by the CRPD staff and board members to attain these high honors,” said General Manager Patrick Larkin. “Our mission is to ‘Lead the region in recreation and parks through excellence and transparency in serving the needs of our diverse and growing community.’ These awards demonstrate our commitment to serving our community with high integrity and ethics.”

The District Transparency Certificate of Excellence is awarded to districts that commit themselves to operating ethically and transparently. By meeting the qualifications of this certification, Cordova Recreation and Park District has effectively demonstrated their dedication to maintaining ethical operations and quality business practices as a California Special District form of government. ★

America's Choice in Homecare.

VisitingAngels

LIVING ASSISTANCE SERVICES

Select Your Caregiver®

- Meal Preparation
- Light Housekeeping
- Errands & Shopping
- Bathing Assistance
- Dressing Assistance
- Hygiene Assistance
- Assistance with Mobility
- Friendly Companionship
- Flexible Hourly Care
- Respite Care for Families
- Medication Reminders

916.971.9333

www.VisitingAngels.com/Sacramento

Each Visiting Angels agency is independently owned and operated. Lic. #344700003

Sheriff's North Division Community Meetings Set

Office of District 3 Supervisor Rich Desmond News Release

Sheriff’s Office Community Room, 4510 Orange Grove, Sacramento.

SACRAMENTO, CA (MPG) - The Sacramento Sheriff’s Department, North Division, is hosting a series of community meetings. This is a great opportunity to have your concerns addressed in person. There will also be representatives from the District Attorney’s Office, CHP and Code Enforcement.

The dates and times are as follows:

Arden-Arcade

The meeting for the Arden-Arcade area will take place at 6 p.m. Tuesday, Oct. 15 at Country Club Lanes, 2600 Watt Ave, Sacramento.

Carmichael, Fair Oaks, Old Foothill Farms

The meeting for the Carmichael, Fair Oaks and Foothill Farms area will be held at 6 p.m. on Wednesday, Oct. 16 at the

Orangevale

The Orangevale area meeting will be held at 6 p.m. Wednesday, Oct. 23 at Divine Catholic Church, 9079 Greenback Lane, Orangevale.

North Highlands, New Foothill Farms, Antelope

The meeting for the North Highlands, Foothill Farms and Antelope areas will take place at 6 p.m. Thursday, Oct. 24 at Family Community Church, 6331 Watt Ave, North Highlands.

The North Division provides law enforcement services to the northern portion of Sacramento County and serves Antelope, Arden-Arcade, Carmichael, Elverta, Fair Oaks, Foothill Farms, McClellan Park, North Highlands, Rio Linda and Orangevale. ★

VOTE EARLY!

AVOID LINES



November 5, 2024 Presidential General Election

All voters will be mailed a ballot

- You should have received your official ballot in the mail.

You can return your ballot starting October 7th

- By mail, no postage necessary
- At a Ballot Drop Box
- At a Vote Center (starting October 26th)

You can find a full list of Ballot Drop Boxes and Vote Center locations in your County Voter Information Guide, in your mail ballot packet, or at www.elections.saccounty.gov

Vote Early! Vote by Mail.

Vote Early and Vote by Mail.

My Voter Portal (MVP)

My Voter Portal is a convenient way to:

- Check your registration status
- View your political party preference
- View your County Voter Information guide in English, Chinese, Spanish, or Vietnamese
- Update your language preference if other than English
- Track your Vote by Mail ballot status
- Access your Remote Accessible Vote by Mail ballot
- Locate Official Ballot Drop Boxes or Vote Centers near you
- View voting history

Scan the QR code or visit myvoterportal.saccounty.gov.

'Destination Aviation' STEM Event Inspiring the Next Generations



An interactive "Mad Science" show took place at the event. Photo courtesy of David Blakeney Photography



Speakers at the event included, from left Lt. Col. Merryll Tengesdal, Ryan Bankerd, Manu Mann and Elizabeth Lewis. Photo courtesy of David Blakeney Photography

Continued from page 1

sustainable fuels at UPS. "We have a truly incredible panel here today," said Bankerd. "One thing we all have in common is the efforts we put into doing what we love." The event included more than a dozen hands-on STEM exhibits from organizations such as the Aerospace Museum of California, Sacramento City College, and the U.S. Air Force ROTC where youth explored various career opportunities, engaged with professionals in those fields and discovered the latest technological innovations. "It's about getting kids involved in something fun and exciting that encourages aviation," said Anthony Elder, the co-Founder of Red Tail Drone Academy and Sports, one of the exhibits

present at the event where youth had the opportunity to explore "drone soccer". Attendees also enjoyed a Mad Science show and a display of various aircraft and vehicles. Winners of an essay contest also had the chance to experience an introductory flight before the main event. "Today was so cool," said attendee Ava Chang. "I want to be an astronaut when I grow up and I learned so much today." Tengesdal highlighted the significance of representation, saying, "I think events like this are great for people that are likeminded to meet people that have been there and done that. To show kids the diverse backgrounds we bring to the table helps them see that they can do it too." Lewis stressed the importance of hands-on

learning, stating, "Any kind of STEM event is really good, especially ones like this with hands-on activities. It gives kids a chance to discover something new and fosters a one-on-one connection." Offering advice to aspiring young professionals, Lewis said, "Be determined, don't give up. It's hard work getting into these fields, but if you are willing to be determined and not give up, that spark of innovation and curiosity will lead you to success." The California Capital Airshow continues to make strides in inspiring the next generation, showing that with education and exposure, the sky is truly the limit. For more information on programs and future events go to californiacapitalairshow.com. ★

Project Honors Legendary Tuskegee Airmen

Continued from page 1
them now, they don't teach about them in schools."

In June 2023, Rubio approached Cordova Recreation & Park District with an idea for his Eagle Scout project. Rubio proposed creating a memorial to honor the Tuskegee Airmen, the legendary group of Black Air Force pilots who served in Europe during World War II. Rubio's vision centered on the creation of memorial signs to share the remarkable story of the Tuskegee Airmen, with special focus on their connection to the local community.

Veteran's Park, located near Mather Air Force Base where a squadron of the Tuskegee Airmen were stationed, was the perfect site for this tribute.

After Rubio's initial outreach to Cordova Recreation & Park District, a partnership quickly developed. Cordova Recreation & Park District worked alongside Rubio to guide the project through the approval process, helping him refine his proposal, set expectations for the monument's design and determine the ideal location for the memorial signs within Veteran's Park.

As the project took shape earlier this year, Rubio did



Gregory Rubio poses with his father and troop leader, Phillip Rubio, in front of the memorial signs. Photo courtesy of Cordova Recreation & Park District

research on the Tuskegee Airmen. Rubio collaborated with the Tuskegee Airmen Heritage Chapter of Greater Sacramento to ensure the memorial content's historical accuracy, while Cordova Recreation & Park District's communications team worked with Rubio on the sign's visual design.

The signs were ordered in May and installation preparations began. Rubio, with his troop members, family and Cordova Recreation & Park District staff, installed the memorial signs on Aug. 24 at

Veteran's Park. The new memorial stands not only as a testament to the Tuskegee Airmen's extraordinary service but also as an example of what can be achieved when a young leader and a community come together, according to the Cordova Recreation & Park District staff. Thanks to Rubio's hard work and collaboration with Cordova Recreation & Park District, Veteran's Park now serves as a place of remembrance for the Tuskegee Airmen's legacy. ★

Presidential General Election Update

Ballot Drop Box and Vote Center Locations Posted

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Voter Registration and Elections (VRE) has posted the list of Ballot Drop Box and Vote Center locations for the Nov. 5 Presidential General Election on the VRE website at elections.saccounty.gov.

Vote by Mail ballots will be mailed to voters beginning Monday, Oct. 7. Ballot Drop Boxes will begin opening Monday, Oct. 7, and Vote Centers will begin opening Saturday, Oct. 26. A complete list of Ballot Drop Box and Vote Center locations, and days and hours of operation can be found at: <https://elections.saccounty.gov/votecenters/pages/locations.aspx>

For more information, contact VRE at (916) 875-6451, email voterinfo@saccounty.gov, or by using the toll-free voter assistance hotline at (800) 762-8019. The hotline has the ability to connect voters with disabilities with TTY (Text Telephone). ★

Key Election Dates

- Monday, Oct. 7: Mailing of ballots to all registered voters begins
- Monday, Oct. 7: Voted ballots may be returned in any of the Ballot Drop Boxes located throughout the County
- Monday, Oct. 21: Close of voter registration for this election. Voter registration forms must be postmarked by this date or delivered to the VRE Office at 7000 65th Street, Suite A, Sacramento 95823 by 5 p.m. Online voter registration must be completed before midnight on this date at www.registertovote.ca.gov
- Tuesday, Oct. 22: Conditional Voter Registration (CVR) begins
- Saturday, Oct. 26: 11 Day Vote Centers open
- Tuesday, Oct. 29: Last day a Vote by Mail (VBM) ballot can be mailed to you. After this date, VBM ballots are only available at the VRE Office or a Vote Center.
- Saturday, Nov. 2: All Vote Centers open throughout the County
- Tuesday, Nov. 5: Election Day ★

NORTHRIDGE DENTAL

DENTAL IMPLANTS - THE BEST OPTIONS FOR MISSING TEETH

— ALL TREATMENT PERFORMED IN ONE LOCATION FROM START TO FINISH —

SNAP ON
Removable

DENTURE TO IMPLANT
Fixed or Removable

SINGLE IMPLANT
Fixed

ALL ON FOUR
Fixed

BRIDGE
Fixed

Please call for Free Consultation with an Xray

916-944-1197

6600 Madison Ave. Ste. 4b, Carmichael, CA 95608

Blue Angels Headline California Capital Airshow Next March

By MPG Staff

SACRAMENTO, CA (MPG)

- The California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, on Sept. 6 announced its 19th annual Airshow will return to Mather Airport on March 22 and March 23, 2025.

The two-day traditional event will be headlined by the U.S. Navy Flight Demonstration Squadron, the Blue Angels.

"We are so excited to have the Blue Angels back!" said California Capital Airshow Executive Director Darcy Brewer. "Their return to Sacramento has been highly anticipated and we're proud to be one

of the team's first stops following their winter training."

The Blue Angels last performance at the California Capital Airshow was in 2019. The team's performance at the 2025 Airshow marks their 79th season, during which they will perform 64 demonstrations at 32 locations across the country.

In addition to the Blue Angels, fans of all ages will enjoy a dynamic lineup of top military and civilian performers, plus miles of exhibits on the ground.

Become an Airshow Insider to save up to 50% on tickets, receive exclusive updates on performers and more. Sign up for free at CaliforniaCapitalAirshow.com.



The Blue Angels return to next year's California Capital Airshow at Mather Airport on March 22 and March 23. The renowned Blue Angels, pictured here, performed at the California Capital Airshow in 2019. Photos courtesy of Mark E. Loper Photography

Sacramento Blankets for Kids Readies for Holiday Giveaway

By Claire Gliddon,
Sacramento Blankets for
Sacramento Kids

SACRAMENTO REGION, CA (MPG) - Got Beanie Babies?

Sacramento Blankets for Sacramento Kids (SBSK) is asking for donations of new or "almost new" Beanie Babies all year long. Every September, Sacramento Blankets for Sacramento Kids picks as many of the lowest-income elementary schools they can and finds out how many kindergarteners they have.

Volunteers make double fleece blankets (about 40" x 60") and a little fleece pouch with a Beanie Baby in it to go with each blanket for its Kindergarten Project. Sacramento Blankets for Sacramento Kids gives blankets and fleece pouches to the children right before Christmas break. Some of the kindergarteners live in cars or in places without heat and this is all they get for Christmas.

The gifts are very popular with the teachers and the children.

This is Sacramento Blankets for Sacramento Kids' 11th year for the Kindergarten Project and the volunteers hope to continue doing it as long as they can get Beanie Babies. In 2023, Sacramento Blankets for Sacramento Kids gave out more than 2,394 blankets and Beanie Babies for its Kindergarten Project!

Sacramento Blankets for



Kindergarteners are giddy with their blankets and Beanie Babies from Sacramento Blankets for Sacramento Kids. Photo courtesy of Claire Gliddon

Sacramento Kids is always looking for more volunteers to make blankets year round for children in need. Like to knit, crochet, sew, quilt, make no-sew blankets and have run out of people to make gifts for? We're looking

for you.

If you would like more information about Sacramento Blankets for Sacramento Kids, go to www.sacblankets4kids.com and sign in. There is no pressure, no timelines, no

meetings, just others who enjoy crocheting, knitting, quilting, sewing, making no-sew blankets and helping many children at the same time.

Sacramento Blankets for Sacramento Kids is a nonprofit

organization that serves children in need from infants to 18-year-olds. While the volunteers help all year long, the Kindergarten Project is their "special" project of the year.

Ballots
are on their
way to your
mailbox!

2024
VOTE

Voting Begins
October 7th
Are you ready
to vote?

Sacramento County Republican Party Invites All Friendly Voters to
Meet the Candidates & Learn About Ballot Measures!

Saturday, October 12

Lunch at Noon | Candidate Open House 1pm - 4pm

SacCountyGOP Hdqtrs: 9851 Horn Road, Sacramento

Bring Your Ballot!

SacCountyGOP will deliver all completed ballots safely to the County Elections Office

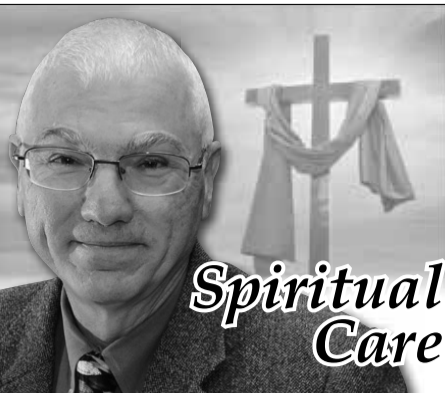


For more information
and our Republican Voter Guide
visit: www.SacCountyGOP.com
or call the Voter Helpline: (916) 822-5618



Paid For By
Sacramento County
Republican Party
FEC #C00254490
FPPC #910414

Don't Talk About God Behind his Back



BY NORRIS BURKES

Last Sunday, I admitted to my Nevada City congregation that I sometimes, feel like the man who had had enough with life's difficulties, so he went to live in a monastery.

The abbot restricted the man's spoken words to only two words every year.

After his first year, he reported to the abbot to share his first two words – "Bed hard."

On his second annual opportunity, he pronounced, "Food bad."

Finally, on his third year, he came to the abbot's office to proclaim, "I quit."

"I'm not surprised," said the abbot. "You've done nothing but complain since the day you arrived."

Well, I don't want you to think I complain too much, but I once spent a few days fretting over lost keys, car repairs and my daughter's somewhat risky international travel to Honduras.

On those occasions, "Mrs. Chaplain," (that's what I call her when she's not around) asked, "Have you prayed about it?"

"At this point," I said, "honestly, my prayers would sound more like complaining."

"What's wrong with that?" she asked.

I took a few minutes to think about her challenge when I remembered a guy who did a fair bit of complaining himself: Moses.

You remember Moses. He's the one who bugged, literally bugged, the Egyptian Pharaoh to free the Jewish people from slavery. Once the people were liberated, Moses ran his egress route through the oppressive heat of the Sinai Desert.

The people quickly forgot their wonderful freedom and started whining about the lack of good Chinese takeout. (OK, maybe they weren't that picky, but they were a bit famished. Read the complete story in Numbers 11.)

So Moses, also resenting his situation, asked God, "Why are you treating me this

way? What did I ever do to deserve this? Where am I supposed to get meat for all these people?"

He continued. "If this is how you intend to treat me, do me a favor and kill me. I've had enough."

Just an observation here – I don't recommend daring God to kill you; it's not a prayer for the faint of heart.

Nevertheless, God threw down a challenge of his own and said to Moses, "Gather together 70 men from among the leaders of Israel, men whom you know to be respected and responsible. . . (and) you won't have to carry the whole thing alone."

In the end, Moses wasn't struck dead for his audacious request. Quite the opposite. God answered the prayer – providing a little help from Moses' friends.

Now, I don't pretend to know how prayer works, but I think Moses' prayer was effective for two reasons.

First, the prayer was simple and direct. It wasn't a flowery prayer packed with analogies, metaphors or obtuse tangents.

God likes direct words. (He also dislikes dictionary words like "obtuse.")

Whenever I encounter someone complaining about their raw deal, I've always told them: Stop gossiping about God. Talk to God directly, not behind his back.

Go right up to God (wherever you talk to God) and say, "Hey, God! My life stinks!"

Then turn it into the prayers Anne Lamott describes in her book, "Traveling Mercies."

"Here are the two best prayers I know: 'Help me, help me' and 'Thank you, thank you, thank you.'"

Moses' simple prayer worked because God heard the heart of the prayer — honesty.

In the midst of the griping, God heard a confession known by anyone in a 12-step recovery process.

It's a prayer that has various wordings, but the gist is, "I'm powerless to do anything by myself. I need help."

It was the same kind of prayer my wife was challenging me to pray.

A little later, she asked, "Find your keys yet?"

"No, but I think God's given me a plan to find them."

"Really?"

"Yeah. How do you feel about having 70 readers come over and help me look for my keys?"

"Really? After 23 years of column writing, do you still claim to have at least 70 readers?"

I think I'll start calling her "Mrs. Moses." Just not to her face. ★

Soroptimists Create 'Comfort Kits'



The Soroptimist International of Rancho Cordova and Gold River stuffed 200 Comfort Kits in 45 minutes. Photo courtesy of Soroptimist International of Rancho Cordova and Gold River

Soroptimist International News Release

RANCHO CORDOVA, CA (MPG) - The Soroptimist International of Rancho Cordova and Gold River club spent a day at the Gold River Mountain Mike's Pizza to stuff 200 Comfort Kits.

The Soroptimist International of Rancho Cordova & Gold River club has members from Carmichael, Citrus Heights, Gold River, Lincoln Village, Anatolia, Mather, Rosemont, Rancho Cordova, Sacramento and Natomas.

Gold River Mountain Mike's Pizza donated the use of its party room for free.

A Comfort Kit is a zippered heavy duty tote bag filled with a 30-day supply of personal hygiene items and light 50x60" blanket to be given to domestic violence and trafficking survivors.

"We had over 30 community volunteers, students and even a Rancho Cordova pageant queen help us stuff each tote bag. We reserved the Mountain Mike's party room for four hours but were able to stuff all 200 tote bags in just 45 minutes, because we had so many incredible volunteers," said Soroptimist Vice-President Sheryl Longworth.

Originally, the intention was to have the Rancho Cordova Police Department give a Comfort Kit to a survivor during domestic violence calls. Unfortunately, that arrangement didn't work as hoped,



Comfort Kits are meant for domestic violence and trafficking survivors. Photo courtesy of Soroptimist International of Rancho Cordova and Gold River

due to an unforeseen logistical issue, according to Soroptimist members.

A representative from the Sacramento Family Justice Center (SFJC) talked during a Soroptimist club business meeting on the services that the center provides. After the presentation, the Soroptimists decided to make Sacramento Family Justice Center a new distribution partner. The Sacramento Family Justice Center agreed and a partnership was born.

Soroptimist members delivered most of its Comfort Kits to the Sacramento Family Justice Center and, in a matter of weeks, the kits were handed out to grateful domestic violence, sexual assault and trafficking survivors. Now the Soroptimists are making more Comfort Kits. To learn more about the

Sacramento Family Justice Center's services with domestic violence survivors, sexual assault survivors, trafficking survivors, and elder and child abuse resources, visit <https://www.sacramentofjc.org/services>.

Soroptimist is an international nonprofit organization that seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve.

To receive more information about Soroptimist International of Rancho Cordova & Gold River, how to become a member or how to volunteer, call Longworth at 916-833-1218 or visit <http://www.soroptimistranchocordova.org>. ★

PAYROLL and HR Support

\$299 a month

Only available for businesses with up to 10 employees

We specialize in small and mid-sized businesses. Offering comprehensive and intuitive payroll and HR solutions.

DIRECT DEPOSIT
QUARTERLY TAXES FILING
PAYROLL TAXES PAY
ACCRUAL TRACKING
FILING AND REPORTING
PAYROLL APP
HR COMPLIANCE

HR | Payroll | Benefits

916-760-7227

Gold River Messenger

Serving Gold River and Sacramento County

It is the intent of the *Gold River Messenger* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Gold River Messenger* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Gold River Messenger* are copyrighted. Ownership of all advertising created and/or composed by the *Gold River Messenger* is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Gold River Messenger, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. The *Gold River Messenger* is published monthly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher." If you do not have email access, please call us at (916) 773-1111.

PoppTalk

With Mary Jane Popp

Admit One

You land up in a hospital and you feel like you are in a maze. Do you have the correct information when you go in? Did you know that communication breakdowns in hospitals in the U.S. leads to hundreds of deaths? Never happen to you? Let's face it, in the trauma of being admitted, patients and family can easily become confused by the tons of information and instructions from these strangers. That's why **Kati Kleber, BSN, RC, and CCRN** and nationally certified critical care nurse in the neurosciences pulled together information you need to know before it all comes crashing down and you become one of those victims. It's called "Admit One" with what you must know when going to the hospital, but no one actually tells you. From CNN to Dr. Oz **Kati** shared the insider information with me on POPPOFF.

1. BRING A LIST OF HOME MEDICATIONS. Know what medications you take on a regular basis. When you are admitted someone will ask you to provide a list of your med and will put them in your chart. Your attending doctor will decide which to keep you on in the hospital. On this one, I asked Kati if it's a good idea to have a list of vitamins and herbs you take, and she said absolutely because of interactions.

2. MAKE A LIST OF HEALTH CARE TEAM MEMBERS. An extensive team of health professionals will come and go from your room. It's hard to tell which is which . . . doc, nurse, consultant etc. You and your support person will want to write down who is who, along with their instructions.

3. KNOW YOUR CODE. Your code status informs staff what to do if you stop breathing or your heart stops. Patients without chronic health issues who aren't nearing the end of their life may want health professionals to do everything to revive them. Others with terminal diagnosis or advanced age may choose not to be revived. This is called DNR or Do Not Resuscitate.

4. ASSIGN A SPOKESPERSON. Identify someone the hospital staff can call when changes occur. It is important this person can be easily reached and that you trust.

5. WRITE DOWN QUESTIONS AS YOU THINK OF THEM. Except for nurses, most team members stop by your room once a day, review your care plan, and make adjustments. It's not easy to remember all your questions.

6. ADVOCATE FOR YOURSELF. Let the nurse know of any changes in your condition so the information can be relayed to your health care team. Also, if for any reason, you are not happy with a member of your health care team, let your nurse know that you'd like to speak with a nurse manager.

7. LEAVE THE EQUIPMENT TO THE EXPERTS. Hospitals are full of elaborate, high-tech equipment. If any equipment becomes dislodged, always alert a nurse. Unfortunately, incidents have occurred where patients or family inflict irreparable harm when trying to fix things themselves.

That's just the tip of the iceberg, lots more in "Admit One."

HOPEFULLY NOT YOU! ★

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

<p>Announcement</p> <p>Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)</p>	<p>Business For Sale</p> <p>Profitable Garden Center/Nursery business for sale. Located on a high traffic location in Odessa, TX. Established business for 20 plus years. Owners looking to retire. Willing to train, serious buyers only, please. For more information call Monica at 432-230-1802 or 432-362-0004. (10/18/24)</p>	<p>Garage Sale</p> <p>Gated Community Garage Sale Sat. Oct 12 8am - 2pm. 8900 Block of Cliffside Lane, Fair Oaks. Lots of well taken care of secondhand items (10/11/24)</p>	<p>Insurance/Health</p> <p>DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental5oplus.com/calnews #6258 (Cal-SCAN)</p>	<p>Home Warranty</p> <p>Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call:1-855-411-1731 (Cal-SCAN)</p>	<p>Miscellaneous</p> <p>DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)</p>	<p>Real Estate</p> <p>RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)</p>
<p>Autos Wanted</p> <p>DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN)</p>	<p>Computer Service</p> <p>Zinsky's PC Configurations "Don't replace it - REPAIR IT!" Custom Desktop Computer Configurations • PC Repair • Home Wireless Networking • Installations • Viri & Spyware Eradication Alan Zinsky Phone: 916-622-2269 Zconfig@sbglobal.net Bus. Lic. # 305312 • B. E. A. R. Reg. #84416 www.zinskyspcrepair.com</p>	<p>Hall Rentals</p> <p>VFW Post 6158  8990 Kruithof Way, Fair Oaks, CA 916-966-1663 vfw6158.org/rent-our-hall/</p>	<p>Home Remodel</p> <p>Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, wearing ALL installation costs! (Additional terms apply. Subject to change and vary by dealer. Offer ends 12/29/24.) Call 1-833-985-4766 (Cal-SCAN)</p>	<p>Landscaping</p> <p>CREATE YOUR PARADISE  Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial American Landscape Design & Installation. Est 1987 American Construction & Property Maintenance Company WE ACCEPT VISA & MASTER CARD (916)612-0776</p>	<p>Music Lessons</p> <p>Guitar Lessons Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2024)</p>	<p>Roofing</p> <p>BERNARDINO ROOFING Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER! ***FREE ESTIMATES*** SENIOR DISCOUNTS Lic.#817945 43 Years Experience 916.920.0100 www.bernardinoroofting.com</p>
<p>Cellular Plans</p> <p>Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-908-0605 (Cal-Scan)</p>	<p>Elder Care</p> <p>GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per day. Available 24/7 nationwide. BBB Rated A+ Business. Call GoGo to get started. 1-855-476-0033 (Cal-Scan)</p>	<p>Health/Wellness</p> <p>Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (Cal-SCAN)</p>	<p>Home Repair</p> <p>WATER DAMAGE CLEAN-UP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call! (Cal-SCAN)</p>	<p>Home Repair</p> <p>WE SUPPORT OUR MILITARY </p>	<p>Open House</p> <p>Sacramento MHRC will be hosting an open house to update the community on new service offerings on October 21, 2024, at 2pm. For details, please contact Michelle at 609-240-8615. (10/11/24)</p>	<p>Tree Service</p> <p>BP TREE SERVICES LLC.  TREE & STUMP REMOVAL TREE TRIMMING/ SHAPING FREE ESTIMATE 10% OFF WITH THIS AD Insured. Workman's comp. Arborist 916-722-6321 BPTreeServices.com VISA / MASTER CARD California Contractors Lic #1036031</p>
<p>Need Help? Hire a Pro! </p>	<p>Financial</p> <p>Struggling with debt? If you have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860 (Cal-SCAN)</p>	<p>International MARKET Many Positions are Available. Please no phone calls. Apply in person. 10971 Olson Dr. Rancho Cordova, CA 95670</p>	<p>MPG </p>	<p>MPG8.COM</p>	<p>RETIREDCOUPLE HAS \$1MIL TO LEND ON CA. REAL ESTATE* V.I.P. TRUST DEED COMPANY Buys T.D.s and Buys/Lends on Partial Interests OVER 40 YEARS OF FAST FUNDING Principal (818) 248-0000 Broker WWW.VIPLoan.com *Sufficient equity required - no consumer loans Real Estate License #01041073 CA Department of Real Estate, NMLS #339217 Private Party loans generally have higher interest rates, points & fees than conventional discount loans</p>	

CALL A PRO BUSINESS DIRECTORY

SLS Superior Landscape Services
Landscaping and Maintenance
• Sprinkler Repair/Install • Pruning
• Mowing/Trimming • Fertilizing
Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

A-1 AFFORDABLE ROOFING SERVICES, INC
• New Roofs • Certifications • Roof Repairs
• Dry Rot Repairs • Roof Inspections • Gutters
John Fleenor, Contractor
1741 L Street, Rio Linda, CA 95673
Cell: **(916) 206-1613**
Contractor Lic. #1064966

GREENWAY TREE SERVICE
Specializing in Expert Tree Pruning, Tree Removal & Stump Grinding
Free Estimates
Competative Prices
Licensed and Insured
(916) 224-9750

All American Pro Construction & Restoration
Family-owned & operated.
We offer Veterans & Senior Discounts
Great Craftsmanship & Customer Service
Specializing in Kitchen & Bath Remodels, Water Damage, plus Much More.
BIG or SMALL, We Do It All. Give Us a Call.
916-504-0188

Patch Masters Drywall
Acoustic Removal & Drywall Textures
• Acoustic (popcorn) ceiling removal
• Water damage & drywall repair
• Sheetrock installation
• Machine applied textures
• Hand applied texture
• Retexturing & Painting
• BBB Accredited
Mike Church
Owner
CA Lic# 1004984
Bonded & Insured
(916) 847-7783
PatchMastersDrywall@yahoo.com
www.DrywallPatchMasters.com

Rio Linda Eye Care
Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users
Dr. William Fleischmann
(916) 991-8444
Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

THE MASON MAN
LICENSE # 810329
VISUALIZE & CUSTOMIZE MASONRY / FENCING / CONCRETE
CALL FRED FRANKLIN - THE MASON MAN
916.826.9796
VCMASONRY@ICLOUD.COM

CONTACT 916 505-4673
we come to you
We pickup in 1 hour or less
We buy other items
We pay the most!
WE PICK UP AND PAY YOU CASH ON THE SPOT
WE GIVE YOU CASH FOR YOUR DIABETIC TEST STRIPS
CASH for Diabetic Supplies

BRIAN OLSON
OWNER
License #982398
ESTD 2005
916-912-0293
info@olsonswoodworx.com
olsonswoodworx.com
CUSTOM CABINETS CRAFTED JUST FOR YOU!

SENIOR DISCOUNTS!
Mr. Handyman
Home Improvement Professionals
Professional • Safe • Reliable • Fully Insured
(916) 487-8655
www.mrhandyman.com/arden-arcade

SMOOT LANDSCAPING LANDSCAPES & DESIGN
DESIGN - RENOVATION - WATER FEATURE
STONE & CONCRETE - OUTDOOR LIGHTING
IRRIGATION SYSTEM
916-454-1300
www.SmootLandscaping.com
Lic#633224; Serving Sacramento since 1982
Recognized in the Sacramento Bee,
Street of Dreams & Garden Tours of East Sacramento

TRACTOR SERVICE
• Mowing • Rototilling
• Discing • Scraper/Loader
Call
(916) 991-8431

Be a part of something important
Local Writers Wanted
We are looking for local Freelance Writers to provide great coverage.
MPG Call us today at 916-773-1111

FOLLOW US
for Local News and much more!
Gold River Messenger
Facebook: @GRMMPG8

Over 1,000 Acres of Open Space Protected in Sacramento County

Sacramento Valley Conservancy News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento Valley Conservancy (SVC) announces the permanent protection of 1,055 acres of vernal pool and open space between the Mather and Sloughhouse areas.

This is Sacramento Valley Conservancy's largest acquisition since Deer Creek Hills was protected in 2004, and Sacramento Valley Conservancy has plans to connect these preserves to Deer Creek Hills and other open spaces for wildlife corridors and

regional trail networks. The protected area includes vernal pools, wetlands, and swales that supports threatened, protected and species of concern, including vernal pool fairy shrimp (*Branchinecta lynchi*) and tadpole shrimp (*Lepidurus packardii*), western spadefoot (*Spea hammondi*), burrowing owl (*Athene cunicularia*) and Swainson's hawk (*Buteo swainsoni*). The preserves encompass 5 properties located off of Grant Line Road, including sections of Carson Creek, tributaries to Deer Creek and Laguna Creek Watershed and portions connecting to the Kiefer

Landfill Preserve. "Vernal pools are home to unique species found nowhere else on Earth! They provide biodiversity, support local agriculture and become living classrooms where we inspire the next generation of stewards," said Kelly Hopkins, executive director for the Sacramento Valley Conservancy. This project succeeded in finally dedicating the preserves after years of collaboration between the South Sacramento Conservation Agency (SSCA), the developer, Sacramento Valley Conservancy, and many more, fulfilling the required mitigation for

the Cordova Hills development project which was approved by the Sacramento County Board of Supervisors in 2013. Symbolizing a decade-long due diligence effort, Hopkins noted, "SVC is pleased that these parcels have finally been protected, and we are excited to gain the Conservation Agency as a partner in the land protection process." Sacramento Valley Conservancy manages and monitors 7,326 acres of vernal pool and upland habitat, known as the Sacramento Prairie Vernal Pool Preserve, which includes

23 properties in the Mather, Rancho Cordova area, and southeast Sacramento County area. Over the past twenty years, Sacramento Valley Conservancy has worked with mining companies, developers, resource agencies, and organizations such as the US Fish and Wildlife Service, the US Bureau of Reclamation, Sacramento County, the Sacramento Municipal Utility District, and the California State Water Resources Control Board to protect and restore these rare habitats. Grasslands containing vernal pools are some of the most threatened lands

in the region and 237,000 acres of working agricultural lands have been lost to development from 1988-2018. The Sacramento Valley Conservancy is a 501(c)(3) non-profit organization, and an accredited land trust dedicated to preserving agricultural lands, natural habitats, and open spaces in the Sacramento Valley for future generations. Since 1990, Sacramento Valley Conservancy has protected over 17,500 acres, actively contributing to the region's environmental sustainability and resilience through land and conservation easement acquisition. ★

Newsom Vetoes Legislation Improving Accountability Over Homelessness Spending



Assemblyman Josh Hoover

Office of Assemblyman Josh Hoover News Release

SACRAMENTO, CA (MPG) - On Sept. 26, Assemblyman Josh Hoover (R-Folsom) expressed deep disappointment following Governor Gavin Newsom's veto of Assembly Bill 2903.

The bill, which had garnered unanimous bipartisan support in the Legislature, would have required state-run homelessness programs to annually report cost

and outcome data to the California Interagency Council on Homelessness (ICH). It would have also required the Interagency Council on Homelessness to develop procedures for collecting the data and reporting it to the public. "Governor Newsom had an opportunity to do what is right and hold his own agencies accountable for our state's failed response to homelessness," Assemblyman Hoover said. "Instead, he rejected the recommendations of the State Auditor and vetoed legislation that received unanimous support in the Legislature. Our state has spent billions of taxpayer dollars in recent years only to see homelessness get worse. We will not solve this crisis and get people the help they need

until we get serious about accountability." AB 2903 sought to implement the recommendation of the California State Auditor following the results of a recent audit requested by Assemblyman Hoover. The audit revealed that the state has failed to systematically track homelessness spending and is not adequately positioned to collect data and assess outcomes. According to the Auditor's report, California has spent nearly \$24 billion taxpayer dollars since 2018 to solve our homelessness crisis. During that same period, the state's overall homeless population increased by 32 percent and half of the nation's unsheltered homeless now live in California. "Californians deserve better," Assemblyman

Hoover added. "They deserve transparency and accountability in how their tax dollars are spent, especially on such a critical issue. I will continue to fight for meaningful reforms to

address our state's homelessness crisis." Josh Hoover represents Assembly District 7, which includes the cities of Citrus Heights, Folsom and Rancho Cordova and

the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale and Rosemont. ★

LOCAL ARREST RECORDS

Find out what's happening in your local area

Arrest Logs updated daily

GOLDRIVERMESSENGER.COM

MPG CALL 916-773-1111 TO ADVERTISE

Y	A	L	T	A	W	A	S		B	A	B	A		
E	L	I	O	T	A	M	T		B	O	N	E	S	
A	G	E	N	T	R	Y	E		E	R	O	S	E	
R	A	N	G	E	R	S	A	T	L	A	N	T	A	
	A	S	H		O	M	I	T						
O	W	L		T	E	E	M		S	E	A	G	E	R
S	H	A	H		A	C	N	E		R	E	E	V	E
C	A	P	O		S	H	I	R	T		O	N	E	S
A	L	U	M	S		O	B	O	E		N	I	N	E
R	E	P	E	A	T		U	S	S	R		E	S	T
		S	A	S	S		T	E	A					
C	L	A	S	S	I	C		J	A	C	K	S	O	N
E	A	G	L	E		A	L	E		E	R	O	D	E
S	P	U	E	S		L	E	E		S	O	L	O	S
S	P	E	W			P	A	R		S	N	O	R	T

STATEPOINT CROSSWORD • WORLD SERIES

- CLUES**
- ACROSS**
- End of WW2 conference location
 - No longer is
 - Cake with rum
 - * ___ Asinoff, author of "Eight Men Out"
 - Invoice qty.
 - Fox crime drama, 2005-2017
 - *Baseball player's representative
 - Pastrami's partner
 - With irregular edge
 - "Last year's World Series winners"
 - "Brave contender"
 - Certain tray content
 - Fail to mention
 - Nocturnal flyer
 - Team homophone
 - "Last year's MVP Corey ___"
 - Iranian monarch
 - Proactiv target
 - "Superman" star
 - Head of family
 - Button-up or button-down
 - Singles
 - Graduates
 - Symphony member
 - "Number in a baseball lineup"
 - Say again
 - Brezhnev's country
 - PST plus three
 - Mouth off
 - Brewed beverage
 - "Fall ___"
 - *Two-time World Series MVP winner in 1970s
 - Two under on one hole in golf
 - Brewed alcoholic beverage
 - Grind down
 - #72 Across, in the olden days
 - *2003 World Series winner or Marvel leader, Stan
 - Plural of #62 Down
 - Eject
 - ___ excellence
 - Noise of contempt
- DOWN**
- 1984, e.g.
 - Pond plant
 - Right to a property
 - Polynesian kingdom
 - Affirm to be true
 - TV's "Storage ___"
 - Comedian Schumer
 - Iron setting
 - Bora ___
 - Any day now, formerly
 - Superlative of better
 - Not in port
 - Loud singer
 - Actress ___ Perlman, pl.
 - ___ the season!
 - Double-decker
 - Wilde of "The Picture of Dorian Gray" fame
 - Blue or gray swimmer
 - Drink like a cat (2 words)
 - Reply from a tunnel
 - Eon, alt. sp.
 - Robin Williams in "Aladdin"
 - 0 and 2, e.g.
 - Set to zero
 - *Touch to score

CROSSWORD

1	2	3	4	5	6	7	8	9	10	11	12		
13					14			15					
16					17			18					
19					20			21	22				
			23				24						
25	26	27		28		29		30	31	32	33	34	
35			36		37			38		39			
40					41			42		43			
44				45		46				47			
48				49		50			51		52		
				53		54			55		56		
57	58	59	60					61			62	63	64
65						66	67		68				
69						70			71				
72						73			74				

Switch & Get \$25

Off First Month of New Service! USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

Classified Advertising

Sell Your Stuff! Reach 1000's of Readers Every Week!

MPG

916.773.1111

1	5	9	4	2	6	8	3	7
6	4	3	1	7	8	5	9	2
7	8	2	5	3	9	1	6	4
3	7	4	8	6	5	9	2	1
9	6	5	2	1	4	7	8	3
2	1	8	7	9	3	4	5	6
4	3	6	9	5	7	2	1	8
5	2	7	6	8	1	3	4	9
8	9	1	3	4	2	6	7	5

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE WALK-INTUB 1-855-576-5653

		9	4		6			7
							9	2
	8				9	1		
3	7		8		5			
			2		4			
			7		3		5	6
		6	9					1
5	2							
8			3		2	6		

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

WE SUPPORT FIRST RESPONDERS

MPG

Protect and Heal your whole family with Affordable CHIROPRACTIC MEMBERSHIPS



All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!

- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica
- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community



Relieve Headache Pains



Reduce Chronic Back Pains



Release Neck Pains



(Dr Stirton)...is wonderful and attentive. He is very knowledgeable and I feel wonderful after my adjustments! Richard C (google review)



More than just an adjustment. Dr Stirton helped...with my shoulder pain...made it so I can enjoy what I do... without chronic pain. Rebekkah F (yelp review)

AMERICAN RIVER CHIROPRACTIC

2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670

916-776-6362

americanriverchiropractic.com

CALL or TEXT today!



Scan for Directions



Scan for Membership Benefits

Sacramento CHORAL SOCIETY & Orchestra

Donald Kendrick Music Director

SEASON 29 FALL 2024

STAINED GLASS CONCERT

The French School

Sat, October 19 7:30 pm



AREA PREMIERE

Te Deum Jean-Baptiste Lully
Requiem Gabriel Fauré
Romance Camille Saint-Saëns

SOLOISTS

Sarah Sy, Soprano Julie Miller, Mezzo
Salvatore Atti, Tenor Joshua Simka, Tenor
Chris Mackey, Bass

INSTRUMENTALISTS

Ryan Enright, Organ
Beverley Wesner Hoehn, Harp
SCSO Chamber Ensemble



Fremont Presbyterian Church
5770 Carlson Dr. Sacramento

FREE PARKING – Scottish Rite Temple

Buy tickets online SACRAMENTOCHORAL.ORG

KP International MARKET
10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

K-POP BOY GROUP CONCERT

10/12/24 . SAT. 3 PM @ KP MARKET PARKING LOT

FREE ADMISSION

ADMISSION STARTS AT 1:00 PM

BE:MAX

WEEKLY MEAT SPECIALS

<p>USDA CHOICE</p> <p>Beef London Broil/ Top Round Roast Pulpa Para Hornear Rosar 4.4 lbs \$4.99</p>	<p>BONUS BUY</p> <p>Beef T-Bone Steak Filet Chateaus de Ternera 1/2 lb \$5.99</p>	<p>GREAT VALUE</p> <p>Beef Porterhouse Steak Filet Biste de Ternera 1/2 lb \$6.49</p>
<p>GREAT VALUE</p> <p>Chicken Breast Tenders 2.5 lbs Bag \$8.99</p>	<p>GREAT DEAL</p> <p>American Lamb "Grain Finished" Lamb Loin Chops Chateaus de Ternera 1/2 lb \$9.99</p>	<p>GREAT VALUE</p> <p>Pork St. Louis Ribs - Single Pack Canelon de San Luis 1/2 lb \$3.99</p>
<p>GREAT VALUE</p> <p>Boneless/Skinless Chicken Breasts Pechuga de Pollo sin Hueso 1/2 lb \$2.49</p>	<p>GREAT VALUE</p> <p>Pork Loin Chops Bone In Chateaus de Cerdo con Hueso 1/2 lb \$2.69</p>	

FRESH PRODUCE

<p>Red Potato 99¢/lb</p>	<p>Sweet Mini Pepper 1 lb \$2.59 ea</p>	<p>Jalapeno Pepper 79¢/lb</p>	<p>Red Yam (garnet) 99¢/lb</p>
<p>Seafood Mushroom 150 g 79¢ ea</p>	<p>Golden Kiwi 2 for \$3</p>	<p>Pomegranate \$1.59/lb</p>	<p>Kabocha 79¢/lb</p>

AMERICAN/HISPANIC GROCERY

<p>REG. \$3.29 99¢ ea</p> <p>Prosecco Bread Crumbs 2 kinds 15 oz</p>	<p>REG. \$2.49 99¢ ea</p> <p>Assorted Bread Sticks 3 - 4.4 oz</p>	<p>REG. \$2.99 99¢ ea</p> <p>Snowtime Ice Pop 8 pcs 18.9 lbs</p>	<p>REG. \$3.99 \$2.99 ea</p> <p>Cracker Jack Original 8.5 oz</p>	<p>REG. \$6.99 \$2.99 ea</p> <p>Wild Harvest Pomegranate Juice 32 fl oz</p>
---	--	---	---	--

ASIAN GROCERY

<p>REG. \$5.99 \$4.99 ea</p> <p>Lee Kum Kee Sriracha Mayo 15 fl oz</p>	<p>REG. \$9.99 \$7.99 ea</p> <p>ABC Jelly Straws 3L2 oz</p>	<p>REG. \$3.49 \$2.99 ea</p> <p>Dried Taro Leaves 3.5 - 4 oz</p>	<p>REG. \$5.69 \$4.99 ea</p> <p>Bene Liver Spread 9 oz</p>	<p>REG. \$2.49 vs. \$27.99/bot \$1.99 \$2.49 ea</p> <p>Bamboo Tree Coconut Water, Bot 1 liter</p>
---	--	---	---	--

EUROPEAN GROCERY

<p>REG. \$11.99 \$9.99 ea</p> <p>Red Label Loose Leaf Black Tea 900 gr</p>	<p>REG. \$6.99 \$5.99 ea</p> <p>Dania Assorted Soft Candy 850 gr</p>	<p>REG. \$3.69 \$2.99 ea</p> <p>Verus Zucchini Caviar 310 gr</p>	<p>REG. \$3.69 \$2.99 ea</p> <p>Green Peas (petita pinta) 24 oz</p>	<p>REG. \$9.99 \$6.99 ea</p> <p>Mid East 100% Honey Comb 400 gr</p>
---	---	---	--	--

KOREAN/JAPANESE GROCERY

<p>REG. \$6.99 \$6.99 ea</p> <p>Premium Sushi Rice 4.4 lb</p>	<p>REG. \$1.99 \$1.99 ea</p> <p>Milky Chu Chu Bar 2 kinds 25.07 oz</p>	<p>REG. \$2.99 \$2.99 ea</p> <p>Jin Ramen Mild & Spicy 4 x 120 g</p>	<p>REG. \$1.99 \$1.99 ea</p> <p>Cup Siki & Mena Tea 1.5 liters</p>	<p>REG. \$4.99 \$4.99 ea</p> <p>Rice Snack Milk Classic 240 g</p>	<p>REG. \$2.49 \$2.49 ea</p> <p>Kobun Red Bean Paste 2 kinds 475 g</p>
<p>REG. \$3.99 \$3.99 ea</p> <p>Penguin Story Macarrell 400 g</p>	<p>REG. \$1.99 99¢ ea</p> <p>Lotte Cinnamon Coffee 3 kinds 275 ml</p>	<p>REG. \$7.99 \$7.99 ea</p> <p>Pure Perilla Sesame Oil 320 ml</p>	<p>REG. \$1.49 \$1.49 ea</p> <p>Sweet Almond Tonnwalk 100 g</p>	<p>REG. \$2.49 \$2.49 ea</p> <p>Seaweed 3 kinds 40 g</p>	<p>REG. \$3.99 \$3.99 ea</p> <p>Shimada Tonnwalk & Sesai Sauce 510 g</p>
<p>REG. \$15.99 \$15.99 ea</p> <p>Kabaya Roasted Sesame Oil 56 oz</p>	<p>HOUSEWARES</p> <p>MODAMODA SHAMPOO 300 G \$2.99/ea</p> <p>BIGEN SPEEDY HAIR COLOR (REFILL ONLY) \$5.99/ea</p> <p>ELECTRIC BBQ GRILL \$39.99</p> <p>KAIZEN WDR PAN 33 CM \$14.99</p> <p>WATERMELON SLICE KNIFE \$3.99</p> <p>ELECTRIC RICE COOKER (4.5 CUPS) \$49.99</p> <p>ELECTRIC RICE COOKER (8.5 CUPS) \$54.99</p> <p>ELECTRIC RICE COOKER (10 CUPS) \$59.99</p>				

FROZEN & FISH DEPT

<p>Swiss Roll Cake 2 kinds 200 g \$3.99 ea</p>	<p>REG. \$5.99/ea \$3.99 ea</p> <p>Columbus Pastrami Kretschmar Ham off the Bone</p>	<p>REG. \$12.09 \$12.09 ea</p> <p>Green Olives Stuffed w/ Feta Kalamata Olives w/ Garlic & Pepper</p>	<p>REG. \$8.09 \$8.09 ea</p> <p>REG. \$12.99 \$6.39 ea</p>
---	---	--	--

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 09 - OCTOBER 15, 2024.

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE OCTOBER 09 - OCTOBER 15, 2024.

Connector Provides 'Simple Pleasure of Riding a Bike'

By **Derek Minnema**, Executive Director Capital Southeast Connector JPA



The Sacramento Area Council of Governments (SACOG) has plans for a regional bike and pedestrian trail that links people to parks, schools, business employment centers, retail outlets, mass transit hubs, entertainment venues and residential developments throughout the region. "The Sacramento Regional Trail Network will spark a new wave of walking, biking, and rolling to daily destinations throughout the region," SACOG says on its website. "Imagine a network of trails that makes it easy for families to ride to their favorite park, provides a safe route for children to get to school, and offers a simple way for residents to explore new corners of their neighborhoods and cities...(providing) reliable routes to the best

places around the region for all ages and abilities." The plan envisions over 1,000 miles of connected trails serving portions of six counties. The goal is to provide trail connections that make walking or biking to destinations a top choice for people of all ages and abilities. Sacramento is already home to some of the nation's most scenic trails, like the Jedediah Smith Memorial Trail--a 32-mile route along the American River that attracts around 5 million visitors annually. The Capital SouthEast Connector bike trail will build on this legacy by adding 34 paved miles

to the regional trail network. The Connector trail will traverse southern Sacramento County's diverse landscapes, connecting users to small communities and scenic views along the way. Many new developments near the bike trail route have incorporated the trail into their design plans, giving residents the ability to go shopping or visit friends in nearby communities without using their cars. Safety is the forefront of the Capital SouthEast Connector's bike trail. Pedestrians and bicyclists are completely separated from vehicular traffic, eliminating the need to share narrow roads with speeding cars—a crucial feature for safety and enjoyment. Portions of the trail in Folsom and Elk Grove have already been completed. Cyclists and pedestrians can enjoy views of ranching and agriculture as the trail

parallels the road and crosses over creek beds. The completed section near Folsom features a bike bridge over Alder Creek and offers a view

Sacramento's congested roads, encouraging more people to opt for walking and biking in their daily lives. As Sacramento con-

and collaboration, the Capital SouthEast Connector bike trail will transform how people move through southeast Sacramento County. It will offer a safe, scenic alternative to driving while improving the quality of life for all. As former President John F. Kennedy once said, "Nothing compares to the simple pleasure of riding a bike."

Alder Creek Bike Bridge



of the wildlife corridor. Our next project will extend the trail and connect access to White Rock Road's historic namesake, a prominent rock formation that once guided Gold Rush travelers. Whether for commuting or recreation, the Capital SouthEast Connector bike trail is a sustainable solution to

continues to grow, projects like this trail are essential for fostering sustainable, connected development. The trail is more than just a path--it represents a commitment to creating a healthier, more connected community where walking and biking are both viable, and attractive options. With ongoing support

Visit our website at www.connectorjpa.com to learn more about the Capital SouthEast Connector bike trail and to stay updated on project developments. To watch a video of the bike bridge construction in Folsom, visit our YouTube page at www.youtube.com/southeast-connectorexpressway Derek Minnema is a civil engineer, and the chief executive leading the Capital SouthEast Connector Joint Powers Authority. ★

What Everybody Ought to Know... About Transportation and Traffic in Sacramento County

Why Are We Publishing This Information

The Capital SouthEast Connector is the largest and most significant road project in Sacramento and El Dorado Counties, but its value to the region is often unknown to residents. We hope to change that through a series of ads. The ads explore the Connector's history and future, its financing, its challenges, and its successes.

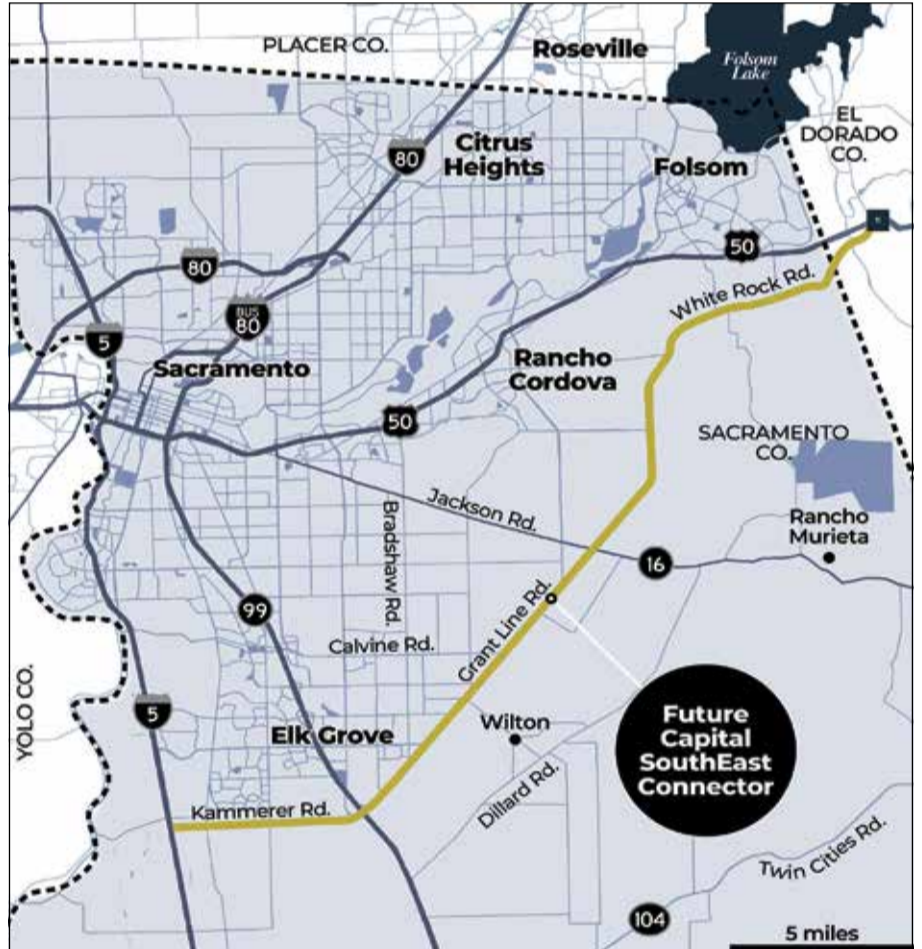
Please send your comments about these ads, or any questions you might have, to ConnectorSupport@SacCounty.gov

For more information or to sign up for our newsletter, visit our website at ConnectorJPA.com or go to our YouTube channel @southeastconnectorexpressway

Q What is the Capital SouthEast Connector Expressway?
A The Connector is a planned expressway that links I-5 and Hwy 99 near Elk Grove to Hwy 50 in El Dorado County. The new expressway will relieve congestion by directing commuter and commercial traffic around central Sacramento. Travelers to and from areas south of Sacramento will no longer need to go through the city to get to their destinations. The Capital SouthEast Connector Expressway also features a separated, parallel paved bike and pedestrian trail.
Q How much of the transportation sales tax funds are spent on maintaining our current roads? They are extremely worn out. Potholes and cracks are constantly banging our vehicles... Why spend more money on another road when we need to have our current roadways repaired for safer travel.
A At least \$545.5 million of the \$2 billion thus far generated by the transportation sale tax has been used for street and road maintenance, along with another \$54.5 million spent on traffic control and safety, according to the Sacramento Transportation Authority that administers the funds. We need to both maintain our current roads and build more roads to accommodate the

increase in area traffic due to the region's rapid population growth. Simply put, more travelers require more roads and alternate modes of transportation.
Q What is the status of the Connector section from SR16/Jackson Highway to White Rock Road?
A Improvements to Grant Line Road in Rancho Cordova are in the final engineering design stage. Construction of the alignment between Douglas Road and White Rock Road is anticipated to begin in late 2026 or early 2027.
Q What is the timing of completing the Connector to US 50? When will White Rock Rd be widened at the El Dorado County line? I was under the impression that White Rock would be realigned as it came over the hill into El Dorado Hills.
A Environmental review for that section has been completed. Initial construction between Prairie City Rd and East Bidwell Street was completed in 2023. Improvements to White Rock Road in Folsom/El Dorado County are in the final engineering design stage with right-of-way acquisitions anticipated in 2025. The road will be realigned and completely reconstructed as it comes over the hill into El Dorado Hills.
Q Can you please provide an update on the Connector's

section from I-5 to Bruceville Road?
A Environmental review for that section has been completed. Initial construction between Bruceville Road and SR 99 was completed in 2023. Improvements to Kammerer Road in Elk Grove are in the final engineering design stage with right-of-way acquisitions anticipated in 2025.
Q I recall hearing that part of the Connector will be a toll road with funds used to support what will be the Elk Grove Zoo. True?
A NO!
Q How is the Capital SouthEast Connector Expressway funded?
A Revenue from a county half-cent transportation sales tax passed in 2004, combined with state and federal funds, finances the project.
Q What effect will the Capital SouthEast Connector Expressway have on regional travel and the local economy?
A The Connector will greatly relieve traffic congestion on Hwy 50, I-5, and Hwy 99. Economically, a 2022 study found that the completed Capital SouthEast Connector Expressway would save commuters between



Map showing the location of the future Capital SouthEast Connector

\$500 million and \$1.5 billion in travel time from 2026 to 2046, compared to current roadways. The study also found that the completed Connector would generate \$1.8 billion in increased economic output; \$770 million in new labor income; \$1.1 billion in added value to the region; and \$80 million in new state and local taxes on production and imports.

Q Who will benefit from the SouthEast Connector Expressway when completed?
A The entire region will benefit from reduced congestion on area highways, particularly Hwy 50, and from fewer toxic fumes spewing from thousands of vehicles stuck in traffic. Southeastern Sacramento County residents will have a safe new route to avoid Hwy 50, I-5, and Hwy 99 congestion, and to bypass downtown traffic. Businesses, farmers, and ranchers will be able to more efficiently receive supplies and send products to market. Most importantly, the modernized roadway will be safe to travel, unlike current conditions that endanger lives.

Q How will the Capital SouthEast Connector affect bike and pedestrian traffic in the area?
A Bicyclists and pedestrians who currently face grave danger will be able to avoid traffic entirely by using a paved, Class 1 bike trail that will be separated from the expressway along its entire length. The bike trail is designed to enable resi-

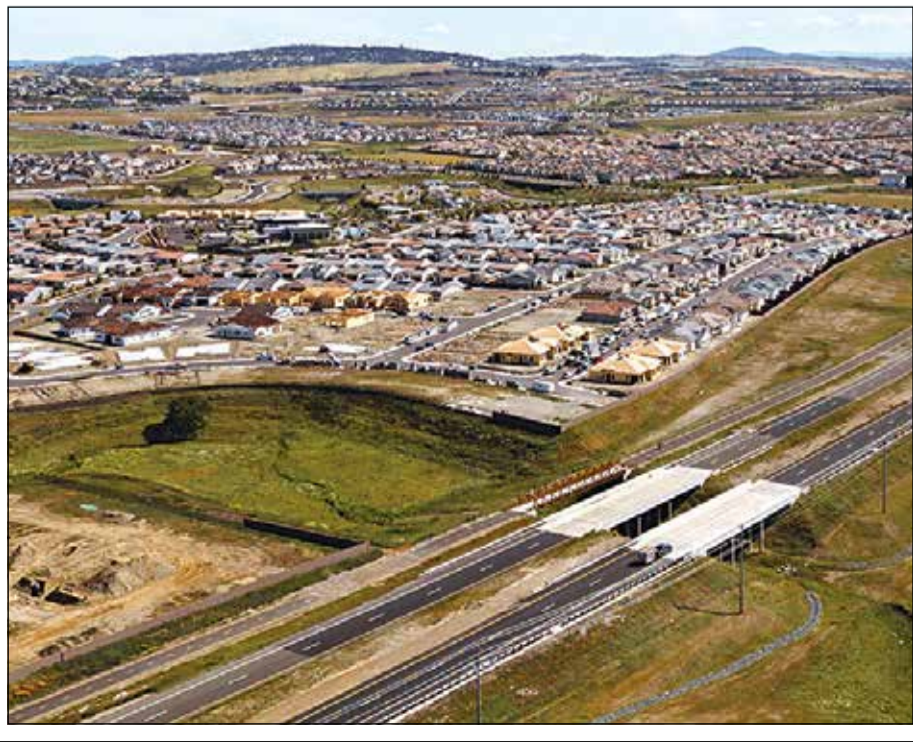
dents to walk or ride their bikes to visit friends in neighboring communities; or peddle to work, local restaurants, stores, parks, and entertainment venues; or simply to exercise and enjoy the outdoors.
Q Why is the expressway being constructed in portions?
A The Capital SouthEast Connector's 34-mile span is too long to construct in a single phase, and transportation sales tax revenue allocated for the project does not begin to cover overall construction costs. Building in segments allows the project to tap into various state and federal road programs over time to help finance the effort. While more than \$2 billion has been generated by the county's transportation sales tax since 2004, less than \$60 million has been allocated to the

Connector project.
Q How can residents support construction of the Capital SouthEast Connector?
A Your support is vital to our successfully applying for funds to complete the project. Telling your local, state, and federal elected representatives that you support the project is very helpful. Learn more about the project or sign up for our newsletter on our website at www.connectorjpa.com. Alternatively, use the QR code on this page, visit our Instagram page at www.instagram.com/connectorjpa or our YouTube channel at www.youtube.com/@SouthEastconnectorexpressway Please send questions or comments to ConnectorSupport@sacounty.gov.

PAID ADVERTISING

SCAN THIS QR CODE TO VISIT OUR WEBSITE AND LEARN MORE ABOUT OUR PROJECT

www.ConnectorJPA.com



Connector's White Rock Road Improvement

Heartstoppers Haunted House Returns for Annual Scare

By Heather Atherton,
AthertonPR News Release

RANCHO CORDOVA, CA (MPG) - Ready for a really good scare?

Not only are there excellent haunts at the Heartstoppers Haunted House in Rancho Cordova but it is also the ideal venue for such an attraction, given that the Mineshaft property itself is rumored to be haunted.

Not only are there two major haunts within the main building, upstairs and in the creepy caves and basement, but there are two immense outdoor haunts in the former mini golf course and property adjacent to Folsom Boulevard to complete the experience with spooks in every corner. Tickets are online only and start at \$35 at www.heartstoppershaunt.com.

Heartstoppers' production team has been running professional quality haunted houses for 17 years. In 2016 and 2017, they joined forces with Callson Manor to create DireWorld in Roseville. Given the redevelopment @ TheGrounds, the haunt needed to find a new home. Heartstoppers, now affiliated with a 501c3 non-profit called Theatre Education 4 Theater Nerds, Inc., was welcomed back to Rancho Cordova with open arms in 2018 and was offered a home at the Mineshaft. They have deepened their relationship with the Cordova Community Council and will receive community and marketing support from the Council. Shared profits will then go to support various community programs in Rancho Cordova run by the two organizations.

"We can't wait to open again this year and scare all of our local friends again this year," said Joel Watson, producer of Heartstoppers Haunt. "Our long-term plan is to not only run the Heartstoppers Haunted House in October but expand to open seasonally for workshops and eventually some other holidays



"We can't wait to open again this year and scare all of our local friends again this year," said Joel Watson, producer of Heartstoppers Haunt. Image by Harry from Pixabay

for specialty themed events at The Mineshaft."

Tickets include all attractions, plus two Scarezones to hang out in and soak up the Halloween vibes. A waiting area indoors (so inclement weather won't be a problem) where themed refreshments and souvenirs will be available to help guests prepare for the winddown from their Heartstoppers experience. Its four attractions all centered around a single storyline, really helping to bring you into their world, including:

Deadlands

Old West meets The Walking Dead outdoors under the moonlight.

The Ward

Project Crossbreed; the abandoned hospital on the hill. In the building, upstairs.

BlightWoods

A possessed forest on the outskirts of Deadlands, controlled



by three witches. In the golf course.

Misery Mine

The now collapsed silver mine underneath the town of Deadlands. In the basement.

Redemption! Stage Show

An included stage show runs every hour that explains the story and history of Deadlands and the surrounding area.

Tickets are \$35. For those who don't have the guts to wait in line

and enjoy the anticipation, Fancy Pants tickets for \$55 enters them into the Fast-Q. Six-packs of tickets for group rate or return visits are \$32 each when six are purchased. Larger group rates are available.

The Parkour and Performing Arts Center is bringing a one-of-a-kind experience, CIRQUE VAU DE VILLAIN to the Ghost Town at Heartstoppers! The PPAC will be selling tickets

to a thrilling 45-minute Circus Variety & Freak Show, that will amaze and entertain the young and old. Included with the ticket is the Spin-to-Win experience. Three spins of the wheel to win prizes, including the grand prize of a Mystery Trip or an overnight stay at a Haunted Motel in Nevada.

There will be vendors with unique horror-themed jewelry to one-of-a-kind artwork, gifts and tchotchkes throughout the property each night. Food trucks will also be on site for tasty treats and meals and specialty mocktails area available inside the haunt, featuring non-alcoholic libations like Cyrus Cider or the Witches Brew.

"Our volunteers are the heart of our organization," explained Joel Watson, producer of Heartstoppers Haunted House. "We are grateful for their hard work and dedication to learn an artistic craft while help us bring our vision to life for a premier haunted house experience that benefits the community."

The Cordova Community Council Foundation is very involved in supporting Heartstoppers Haunted House in many ways. From helping recruit community volunteers to running the parking, helping secure the venue and marketing support, they are a valuable partner. A portion of the proceeds will benefit Rancho Cordova community activities presented by the Cordova Community Council.

Heartstoppers Haunted House will open for the public on Sept. 27, then Fridays and Saturdays each weekend in October. Additional dates around Halloween through Saturday, Nov. 2. Halloween week will include Sunday, Thursday, Friday and Saturday nights. Due to the reservation system, all tickets are sold online only. Parking gates will open at 7 p.m. View the full schedule at <https://heartstoppershaunt.com/information/dates-hours-calendar>. ★

We are Open!

Community Cafe: Folsom Senior Center
48 Natoma Street Folsom CA, 95630

Enjoy a hot meal @ 11:30 am Mon/Tues/ Thurs ONLY

There's no cost to eligible program participants.

A voluntary contribution is welcomed to support the program.

Eligibility:

- 60 years or better
- Spouse of an eligible, enrolled participant under the age of 60

Call ahead to reserve your meal! → (916) 461-6601

Visit www.mowsac.org to find other MoW Community Cafes near you

@mowsac

YOU'RE INVITED

Celebrating

— 10 YEARS —

CELEBRATE A DECADE OF ELEGANCE AND EXCELLENCE WITH SUMMERSET SENIOR LIVING

OCTOBER 24TH | 3:00 PM – 5:30 PM

RIBBON CUTTING AT 3:45 PM

SPEAKEASY VIBES, LIVE MUSIC, VINTAGE COCKTAILS & A ROARING GOOD TIME!

KINDLY RSVP BY OCTOBER 21
CONTACT THE FRONT DESK AT
(916) 330-1300
VOLIVAREZ@SUMMERSETSL.COM
JDAVIS@SUMMERSETSL.COM

Senior Living

Independent • Assisted • Memory Care

2341 Vehicle Drive • Gold River/Rancho Cordova

summersetseniorliving.com

916-400-0838

RCFE #347005361