

Innovative Homeless Service Center Ready to Build

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N. Sac. CHP Begins Regional Crash Reduction Campaign



## Arden Arcade News

**VOL 01 • ISSUE 11** 

Bringing You Community News For Over 30 Years

NOVEMBER 8, **2024** 

Certifying

**Election** 

**Can Take** 

28 Days

**County Issues** 

Twice-Weekly

**Ballot Reports** 

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direct link to our online edition

PRSRTD STD. U.S. POSTAGE **PAID** CARMICHAEL, CA PERMIT NO. 350 OR CURRENT POSTAL CUSTOMER

## **Parks District Hires First Female Chief**



Pictured in her new stomping ground, Stacey Yankee is Carmichael Recreation and Park District's new administrator.

Story and photos by Susan Maxwell Skinner

**SACRAMENTO REGION, CA (MPG) - After** 76 years, Carmichael Recreation and Park District (CRPD) has hired its first woman administrator.

Several Carmichael Recreation and Park District parks are located in the Arden-Arcade and Fair Oaks area.

"I like to be an example for young women who are pursuing careers in STEM (Science/Technology/ Engineering/Math) fields," said appointee Stacey Yankee. "I feel I'm coming to this organization at an important time."

"Because of the public funding voted in by Measure G (2022), many new projects can be implemented,"

Yankee said. "There are fabulous things in store for our community. I'm excited to be part of that."

Yankee, 53, replaces retiring administrator Mike Blondino. His successor was chosen from a dozen applicants. Having scoured the state, recruiters found their winner next door. Yankee and her graphic designer husband, Steve, moved to Carmichael from Maryland five years ago. Her job was then interpretation and education chief for California State Parks.

"California has the largest park system in the nation," Yankee said. "So I was always traveling all over the state. I had little chance to explore my local parks. Now I'm eager to get involved with the community."

Growing up in the Midwest, Yankee gained biology and public administration degrees from Michigan universities. She served a variety of nonprofit and government organizations while raising two daughters.

"Since I was a child, I'd always

loved to be outside," she said. "My first park job was as a nature center naturalist. I took kids and adults on field trips in the woods. Some innercity children and their parents were skittish about the outdoors. I loved helping them learn to love nature. "Many urban kids were frightened

of the dark," Yankee recalled. "I told them I was scared of city subways at night. English was a second language Continued on Page 3

#### in Assembly Bill 3184, the Nov. 5 General Election results cannot be certified in California until Dec. 3, at the earliest. AB 3184

in California. Certification for the Nov. 5 general election is expected to be completed Dec. 3.

establishes specific time-

lines and procedures for

certifying election results

CALIFORNIA (MPG) - Due to the requirements outlined

MPG Staff

While the first release of results happened just after 8 p.m. Nov. 5 (Election Day), those results are in no way final.

The county Elections Office has been tabulating ballots since two weeks ago and the first release of results will only be inclusive of Vote by Mail and Vote Center ballots that are returned and processed through Nov. 4.

The second report includes results from the Vote Centers on Election Day and is issued shortly after 10 p.m. Nov. 5, after press time, with subsequent updates approximately every two hours, if needed, until all Vote Centers have reported.

California allows for 28 days after elections to certify the election, in addition to seven days after Election Day to receive a mail ballot postmarked by Nov. 5.

The second report on Nov. 5 will include results from the Vote Centers on Election Day and will be issued by 10 p.m., with subsequent updates approximately every two hours, if needed, until all Vote Centers have reported (Elections Code 15151(b)).

The first interim report will be posted by 4:15 p.m. on Nov. 8 and will contain results from Vote by Mail ballots and provisional ballots received timely. Subsequent reports will

be updated every Tuesday and Friday until certification is complete, which is expected to be Dec. 3. The Election Results

Schedule is provided pur-

suant to Elections Code 15306(a)((3). For more information, visit online elections. saccounty.gov or call 916-

875-6451.

## SacRT Receives More Than \$105 Million in Grants



The S700 low-floor light rail trains are designed to enhance accessibility, comfort and efficiency for all. Photos courtesy of SacRT

Compiled by Daniel Canfield from Sacramento Regional **Transit News Releases** 

SACRAMENTO COUNTY, CA (MPG) - Sacramento Regional Transit (SacRT) recently announced several grant awards, totaling more than \$105 million, that will benefit Sacramento commuters, public transit riders and the environment.

First, on Oct. 23, SacRT announced that the California State Transportation Agency

has awarded SacRT \$29

million in grant fund-

ing through the Transit

and Intercity Rail Capital



Regional Transit (SacRT) with a big check.

Program. The grant funding will be used for several high priority light rail projects. Funding for the

program comes from the federal Greenhouse Gas Reduction Fund which was created and funded through

of 2022. According to SacRT, the

the Inflation Reduction Act

projects, once complete, will offer significant benefits, including a reduction of 78,032 metric tons of CO2 equivalent in greenhouse gases, a decrease of 250 million vehicle miles traveled, \$160,722,974 in passenger travel cost savings and the support of 984 full-time equivalent jobs.

"This funding will allow us to continue advancing our vision of a more connected, accessible, and sustainable transit system for all Sacramento residents," said Henry Li,

Continued on Page 8

ArdenArcadeNews.com

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## Innovative Homeless Service Center Ready to Build

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County has long envisioned a large-scale project that can serve the unhoused population with diverse offerings to help people in various stages of homelessness. In 2022, the county purchased a 13-acre property on Watt Ave. near Roseville Road that also has a 130,000 square-foot warehouse on site.

The vision is to have a mixed-use service center with shelter, respite, safe parking, Behavioral Health services co-located on-site with case management, storage, pet respite, laundry services, showers, bathrooms, job training and more.

With the board's action on Oct. 22 to approve the staff recommendation to move forward with the construction bid, the Department of Homeless Service and Housing can make this vision a reality.

The Watt Service Center and Safe Stay (Center) provides the space and opportunity to make all of these visions a reality.



The Watt Service Center and Safe Stay, if open for at least 15 years, will serve about 18,000

While the initial price tag feels hefty – at a purchase price of \$22 million for the parcel and an estimated cost of \$42 million for construction of the full vision for the campus – the reality is that this center will serve thousands of people - not just the 350 it can serve at any given time.

The Service Center will have capacity to host (at any given time): 225 beds in Safe Stay cabins, 50-person capacity in Safe Parking and 75-person capacity for emergency/ weather respite beds.

Conservative estimates, based off the data from other county sheltering and respite projects, show that over 15 years the Service Center will serve 18,000 people – which lowers the cost to less than \$3,600 per

With the expectation of this center operating longer than 15 years, those costs continue to shrink as the impact on homelessness across Sacramento County grows

In 2017, Sacramento looked at the cost born by the public systems (county jail, shelters, behavioral health and City Fire), and found the average cost for an unsheltered individual to be \$45,000 annually for the top 250 users of these systems. It costs far more to leave people unhoused than it does to stabilize them, address the issues keeping them in homelessness and doing whatever it takes to get them housed.

The Service Center's size and configuration offers a unique opportunity to serve folks immediately exiting homelessness in the emergency/weather respite center, as well as those more stabilized and working towards permanent housing in the Safe Stay

Additionally, it will allow staff to serve people living in vehicles, which includes working poor and those who are only recently homeless.

While having the space to serve folks at these different stages of their homeless experience, the site will allow for a myriad of community-based supports - behavioral health, physical health, employment services, treatment services (and many more) - to co-locate at the site and support clients towards a permanent exit from homelessness.

Watt will be the county's fourth Safe Stay Community, with locations in south Sacramento at Florin, East Parkway and on Stockton Blvd. In addition to these shelters, the county also has scattered site shelter homes across the county, as well as several other sheltering programs. This will be the county's first year-round weather respite and its first Safe Parking program.

The county continues to pursue new and innovative programs and services to address homelessness. stretch limited funding and partner with its cities, community-based organizations and local non-profits in the mission to end homelessness.

For more information about what the county is doing to address homelessness, visit https://schs. saccounty.gov/pages/ default.aspx.

### Sacramento Police Launch Public Safety Camera Network

City of Sacramento News Release

SACRAMENTO, CA (MPG) - The Sacramento Police Department has unveiled its latest initiative, the Public Safety Camera Network, aimed at enhancing public safety through community involvement and innovative technology.

The platform integrates public and private video feeds, along with features like 911 and Computer-Aided-Dispatch integration, officer geolocation, and multimedia public tips reporting into one SACRAMENTO Police Department

ecosystem. Community outreach efforts will support camera registration, with advocates available to assist businesses over the phone.

This new program will enhance the Real Time Information Center's efficiency

and effectiveness for public safety. The

platform includes a camera registry for residents and businesses to voluntarily register their security cameras. This aids in expediting investigations and emergency responses.

The voluntary camera registration eliminates the need for door-to-door canvassing and allows investigators immediate access to potential video evidence. Registrants' information is confidential and is solely used for criminal investigations or emergencies. The program doesn't grant live video access to the police department; instead, it provides camera location information for incident response.

Residential and commercial property owners are encouraged to participate. Additionally, an option to upgrade security systems for live video feeds to the department is available, enhancing community safety and police response during emergencies.

For more on registering or integrating security cameras into the Public Safety Camera Network, please visit www.connectsacramento.org or www.sacpd.org. ★





Community Cafe: Hagginwood Community Center 3271 Marysville Blvd Sacramento, 95815

Enjoy a hot meal @ 11:30 am Mon-Fri

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A voluntary contribution is welcomed to support the program.



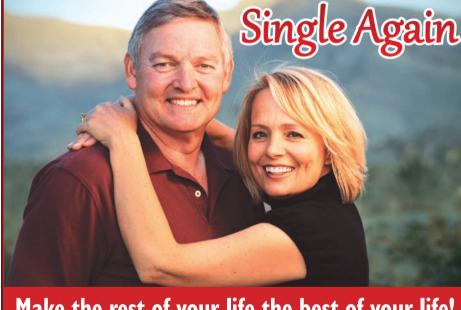
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## Tuleyome Offers Certified California Naturalist Course



Students get up close to nature during Tuleyome' Certified California Naturalist Course. Photo

#### Tuleyome News Release

#### WOODLAND, CA (MPG) - Tuleyome, the expert organization on the Berryessa Snow Mountain National Monument, is offering a Certified California Naturalist course in early 2025. Instruction focuses on the Berryessa Snow Mountain National Monument region while providing participants with skills and resources that are applicable anywhere to increase their knowledge, understanding and enjoyment of

the natural world.

The Certified California
Naturalist course is presented by Tuleyome
in partnership with the
University of California
extension program. This
10-week course is offered
from January to March
2025, with classes occurring on 10 consecutive
Fridays plus at least three
field trips. Friday classes
will be held at the UC
Davis campus.

No advanced degrees or previous naturalist experience is required.

During Tuleyome's Certified California Naturalist course, participants are introduced to different ways to measure ecosystem health.

The UC California Naturalist Program introduces Californians to the wonders of our unique ecology and engages the public in study and stewardship of California's natural communities. The program uses a science curriculum, hands-on learning, problem-solving, citizen science and community service to instill a deep appreciation for the natural communities of the state and to inspire individuals to become stewards of

In addition to in-person

their local resources.

instruction, students are required to attend field trips in the Berryessa Snow Mountain National Monument region. Field trips consist of low-impact walking trips and auto-tours, so they are suitable for all fitness levels. Impromptu walks are also often provided by the instructors as time permits to give participants even more experience in the field.

Questions about the course should be directed to Nate Lillge at nlillge@ tuleyome.org. ★

### **Parks District Hires First Female Chief**



Stacey Yankee enjoys Carmichael Park with her English Mastiff puppy, Cleo.

Continued from Page 1

for some of them. We all learned so much from each other. My passion for the outdoors translated more meaningfully than any language."

The California State position brought her to a high rise in downtown Sacramento.

"It's refreshing to have an office in a park, now," she said. "I love being around trees and gardens. From my desk, I see people enjoying what parks offer."

Naturalist Yankee gleaned much knowledge about plant benefits during her open-air career.

"I've combined what I learned about botanical properties with my chemistry background to produce soaps as a hobby," Yankee said. "I grow lavender and roses organically in my garden, so I know there are no pesticides in my products. My friends and family get soaps, balms and salves. They're so natural, I can even use them on our puppies."

Mom to a corgi and a baby English

mastiff, the new administrator already enjoys Carmichael Park's off-leash dog enclosures. "Our park programs should serve a wide

variety of interests," Yankee said. "Dog lovers need to be outside with their special best friends. I'm happy we provide that opportunity."

Another favorite among Carmichael

Recreation and Park District's 13 properties is Jensen Gardens.

"It's such a hidden gem, with plants that I love," Yankee said. "I enjoy a quiet place to picnic or to read a book. Peaceful reflection is just as beneficial as public concerts, festivals and sports. That's what I love about parks. Everybody uses them so differently."



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## North Sacramento CHP Begins Regional Crash Reduction Campaign

California Highway Patrol North Sacramento News Release

**NORTH SACRAMENTO, CA (MPG)** - The California Highway Patrol (CHP) North Sacramento Area office will use grant funding to implement a regional traffic safety campaign in Sacramento County to encourage safe driving behaviors and help deter dangerous driving habits. This one-year project started on Oct. 1 and ends on Sept. 30, 2025.

The North Sacramento Area will deploy officers to conduct enforcement on Interstates 5 and 80; State Routes 51, 99, 160, and 244; and on unincorporated roadways where the CHP North Sacramento Area has jurisdiction. The safety campaign will also include a community-based task force to raise awareness about the dangers of speeding, unsafe turning, impaired driving, automobile right-of-way, traffic signals and signs, pedestrian violations, and other risky driving behaviors.

"We are taking a proactive approach to keeping our roadways safe throughout Sacramento County," said CHP Captain Mike Sedam of the North Sacramento Area office. "This grant will build on the momentum achieved from past education and enforcement efforts in the CHP North



Sacramento Area."

According to the CHP's Statewide Integrated Traffic Records System, 68 people were killed and 2,657 people were injured in crashes on state highways and unincorporated roadways patrolled by the CHP North Sacramento Area between Oct. 1, 2021, and Sept. 30, 2022. The leading primary crash factors were unsafe speed, improper turning, automobile right-of-way, impaired driving, traffic signals and signs and pedestrian violations. Officers will also focus their enforcement efforts on distracted driving and seat belt violations.

Funding for this program was provided by a grant from the California Office of Traffic Safety, through the National Highway Traffic Safety Administration.

The North Sacramento CHP serves the northern portion of Sacramento County, including Antelope, Arden-Arcade, Carmichael, Elverta, Fair Oaks, Foothill Farms, McClellan Park, North Highlands, Rio Linda and Orangevale.

## **SIR Keeps Local Retired Men Active**

By Jerry Westerman

Looking to stay active in retirement? I have a club for you.

As many of us approach retirement age, we may find that our activity level and social interactions start to ebb. Like me, many may feel a sense of vacuum or void in our lives when we retire that needs to be filled. We realize that staying active physically, mentally and socially improves our health, vigor and hopefully longevity.

Becoming a member of a club or organization is often just the thing to get us out and enjoy some activities with other men in our age group. I joined one such group eight years ago. There are several branches in the Sacramento area called SIR (formerly Sons in Retirement).

SIR's mission is to enhance the lives of its members through fun activities and events while making friends for life. SIR has over 100 branches in California from Bakersfield to the Oregon border. The branch I belong to, SIR Branch 23, has nearly 200 members and meets monthly at the Dante Event Center on Fair Oaks Boulevard just past Howe Avenue behind Pavilions Car Wash.

Members of the branch reside in surrounding neighborhoods such as River Park, East Sacramento, Arden Arcade, Carmichael and Fair Oaks, although many live in farther-flung parts of the Sacramento region.

Our monthly luncheons provide an opportunity for members to socialize, enjoy a great meal and hear from interesting speakers from our community on a variety of subjects.

Our branch has many organized activities including an outstanding golf program with weekly 18-hole and 9-hole tournaments at courses around the Sacramento area (during spring, summer and fall); bowling at Country Club Lanes (weekly league play fall and winter); bocce ball at Carmichael Park, hiking, fishing trips, a free library, a book club, poker and bridge. Annual events include the "Ladies Day" luncheon during the holiday season and the Spring Family Picnic, also at Carmichael Park.

Carmichael Park.

While membership in most SIR branches is limited to men, spouses/partners are welcome to participate in many

activities.

Our branch is always looking for new members. Many new members were friends, family, neighbors or former co-workers of our current members. But many joined after hearing about our great program and activities.

Annual dues are very low (currently \$25), since SIR is a nonprofit social organization, and joining is easy.

If you are interested, call our friendly Branch 23 membership chairman, Ray Zelinski, at 916-961-4222, and for more information, visit SIR at https://sirinc2.org/branch23. Or feel free to call me, Jerry Westerman, at 916-801-7879. I live right here in Fair Oaks and would be happy to share more information with you.

## Black Child Legacy Campaign Report 2024

Sacramento County News Release

#### SACRAMENTO COUNTY, CA (MPG) -

In 2011, the Board of Supervisors received a report from the Child Death Review Team, revealing that Sacramento County's African American children were dying at twice, and sometimes closer to three times the rate of other races and ethnicities for over two decades. The Board and key community partners realized something had to be done to save these young lives. As a then-freshman County Supervisor, Phil Serna convened the Blue Ribbon Commission on Disproportionate African American Child Deaths as part of a community-driven movement to save young lives.

Starting in 2013, the Steering Committee created the Black Child Legacy Campaign (BCLC) to bring community members, Sacramento County departments and community partners together to reduce Black/African American child deaths in Sacramento County. There has been an 18% reduction in Black/African American child deaths since the start of the Black Child Legacy Campaign.

Key partners in the effort include the Sacramento County

Department of Child, Family, and Adult Services (DCFAS), the Sacramento County Department of Human Assistance, the Sacramento County Probation Department, the Sacramento County Health Services Department, First 5 Sacramento Commission (Chaired by Supervisor Serna) and Sierra Health Foundation.

"There is no one person who can do this work alone. It is a collaborative system," said Department of Child, Family, and Adult Services Division Manager Kim Pearson.

The Black Child Legacy Campaign has identified four leading causes of African American child deaths: perinatal conditions, infant sleep-related deaths, child abuse and neglect homicides, and third-party homicides.

On Tuesday, Oct. 22, multiple departments of Sacramento County presented the annual report on the Black Child Legacy Campaign to the Board of Supervisors. The report summarized what the campaign accomplished in Fiscal Year 2022 – 2023. The Black Child Legacy Campaign met three of its goals in reducing African American child deaths. There have been reductions in infant sleep-related deaths, deaths due to perinatal conditions and deaths caused by

child abuse and neglect. However, in third-party homicides, there has been a 38 percent increase overall.

"Each of these numbers represents the death of a child and the parents that had to go on living after their child died," said Sacramento County First 5 Director Julie Gallelo.

As a partner in this effort since 2011, the First 5 Sacramento Commission has funded education campaigns and direct services for the last decade. The Commission's Black Mother's United (BMU) program, operated through Her Health First, provides pregnant people with a pregnancy coach to provide one-on-one peer support, education and service navigation. The data shows the program's efforts are lifesaving. Of the 149 mothers they served in the last fiscal year, 91% were a healthy weight at birth, 94% were delivered at full-term and there were no stillbirths. This is the fourth year in a row where no infant deaths occurred. All of those babies got to celebrate their first birthday.

Also helping new and expecting parents, the Safe Sleep Baby initiative teaches parents and guardians how to safely sleep their baby. Safe Sleep Baby is not limited to parents and guardians; grandparents,

aunts and uncles and other caregivers can get involved to learn how to safely sleep a baby. Recently, Safe Sleep Baby provided 546 cribs to families in need and trained 832 parents.

Child deaths are down 18% overall from 2012-2014 and there is a 10% reduction in the disparity gap.

As part of the Black Child Legacy Campaign, partners are also focused on keeping families together, reuniting them and helping them navigate the child welfare system. The Department of Child, Family, and Adult Services uses a Cultural Broker Program that utilizes trained community liaisons to help families understand, navigate and advocate in the Child Protective Services system. Cultural brokers are embedded in the communities they serve.

Cultural brokers undergo extensive training so they understand how Child Protective Services works and what parents need to do to reunify with their children. During Tuesday's presentation, the Department of Child, Family, and Adult Services workers shared how impactful keeping families together can be.

"I appreciate everything and am grateful. Having my kids back took

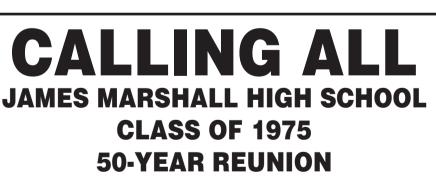
a lot of stress off in my life," said one father who was reunified with his child

While reviewing the collective efforts of Black Child Legacy Campaign gave Sacramento County leaders a chance to reflect on the great work that has been done in the community, it also showed them that there is still more action needed.

"There is always going to be work to do and we can't rest," said Sacramento County Supervisor Phil Serna.

You can view this year's report at the Sacramento County website at saccounty.gov, then under the menu options, hit "Live/Visit," click "Board of Supervisors" under "Public Meetings." Once there, click "Board of Supervisors – Agendas & Action Summaries" and then select the Oct. 22 Board of Supervisors Meeting, where you can see the agenda, agenda packet and the action summary.

If you are interested in becoming involved with or learning more about the Black Child Legacy Campaign, connect with your Community Incubator Lead, join the Community Leadership Roundtable or Steering Committee, or become a communication vendor.



WHEN: MAY 31, 2025

We will be holding our 50th Reunion on May 31, 2025!

If you are a member, or if you know any members, please call Cindy Boyd at (916) 802-8847

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### **Arden Arcade News**

Serving Arden Arcade and Sacramento County since 1993

It is the intent of the Arden Arcade News to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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## Say More Than 'Thank You for Your Service'

This Veterans Day, I want you to do more than just thank a veteran for his or her service.

As a veteran of 28 years, I want to challenge you to go beyond patriotic rhetoric by asking some specific questions of the veterans you encounter.

First, ask us what we did in military service. Don't worry; our stories aren't just about bombs and bullets and boats.

For instance, most of us would love to tell you about how we deployed on more than a few humanitarian missions.

If you ask, we'll tell about operations like "New Horizon," where we built schools, clinics and playgrounds all over South America.

Some of us can tell you

about cleaning up New



Orleans after Hurricane Katrina, while others will tell you about flying into countries devastated by earthquakes or tsunamis.

Ask us what we did, and we might recollect building runways in the desert, pitching tents in the jungle, hot-loading a plane, setting up communications links in the Australian outback and launching a satellite that gave you the cable TV

you enjoy.

Get us talking and we'll tell you about fixing planes, loading planes, flying planes, jumping from planes, fueling planes in flight.

As a chaplain, I can tell you about the blessings I prayed over planes as well as the blessing I had of walking away from a plane

This generation of service members might lose you in their technical talk, but I assure you they are proud to talk about the satellites they control, the drones they fly and the cyber warfare they engage. After you ask them

about what they did, ask them where they've been.

They'll likely share their version of Johnny Cash's song, "I've Been Everywhere."

They've filled passports doing temporary duty in places like Antigua, Ukraine and Djibouti on the Horn of Africa.

They've flown planes over the North Pole, landed them on the South Pole and navigated submarines under both.

And yes, they've even spent some time in "dark sites" that don't exist.

They shivered with their families on assignment in Minot, N.D., and spent a few sweltering years in Fort Huachuca, AZ.

My family loved the two years they spent in Izmir, Turkey, while other military families enjoyed the island seclusion of Guam or the Azores.

A few lucky ducks will regale you with stories of embassy duty in Paris, London or Madrid.

But if you want to go deep, ask them what it means to have served.

If you listen well and they think you're interested, they just might tell

But it's just as likely they won't be able to tell you. It's just as likely that there will be a hitch in their voice, a mist will form in their eyes and they'll turn away from that question.

Don't get me wrong. They're proud of the things they've done and they want to share them with you.

But I caution you: There are some things they won't

Taking an oath to obey the legal orders of those appointed over them meant that they also did the

**ABOUT TOWN** 

unimaginable and for some the unspeakable.

I know because they told their chaplain.

They told me about the lives they couldn't save and the lives they had to take. They've shown me their physical wounds and they've bared their moral wounds.

Thankfully, the stories of most servicemembers run the course of everyday life; albeit a life of transfers every two or three years, endless inspections and exercises, family separations and making ends meet on military pay.

It was a life of long ago, but it was life from only yesterday.

Ask us and we'll tell

Please join my mailing list: Sign up online at https://thechaplain.net/ newsletter/ or email comment@thechaplain.net. ★

## Kings Korner By V.G. Harris



What a difference a week makes. Entering last week, the Sacramento Kings had lost all of their preseason games, and the first two games of the regular season. Enter the Portland Trailblazers on Oct.

28 and the home crowd was treated to what everyone had envisioned the new and improved Sacramento Kings would look like.

DeMar DeRozan carved up the defensive of the Trailblazers along with point guard DeAaron Fox for 23 and 24 points respectively, but the real key was the way DeRozan got to his spots and made his mid-range game look easy.

Combined with the lightning quickness of Fox, this tandem poses a threat to opposing defenses every night, and other teams had better bring their "A" game when they come to Sac Town.

Finally breaking into the win column and lighting the beam for the first time in the 2024/2025 campaign, lifted a heavy weight off the shoulders of the Kings players and fans alike, but the week was not over. Convincing victories on the road over Utah and the Atlanta Hawks gave the Kings a three-game winning streak and lifted the team over 500.

DeRozan looked like a natural fit as the Kings made victories over the Jazz and Hawks look pedestrian, and had the Kings been able to shoot a little better from the charity stripe, it's entirely possible the overtime loss to the Toronto Raptors could have been the Kings 4th win

Sacramento will wrap up their road trip Monday night against the formidable Miami Heat (after press time), but it's obvious that some of the swagger has returned to the team.

I'm impressed with DeMar DeRozan in nearly every facet of his game, and like Malik Monk, DeRozan will be an asset and a role model as it relates to free throw shooting. An 84% career free throw shooter, DeMar has proven his reliability at the charity strip, and with the Kings coming off the 2023/2024 campaign in the cellar of the NBA in free throw shooting, adding a 6-time all-star that can shoot free throws at a consistently high level, is just what the doctor ordered for the Kings.

Big man and double-double king Domantas Sabonis, like Fox, has struggled in the past from the free throw line, but has looked better so far this season, and has raised his average. It's still early, but if both Fox and Sabonis can get to 80% or better at the line consistently, look for Sacramento to be lighting the beam with increased regularity.

At 3-3 the Kings may not have a gawdy win-loss record, but the last four games have given all the fans a positive look at what the season can look like.

Although DeRozan has already shown he can connect from long range when called upon, he consistently passes up 3-point opportunities for mid-range looks, and he is deadly from the 10 to 15-foot range. DeMar looks so comfortable in mid-range, his stroke is almost effortless, and with that kind of confidence, he poses a serious late game option to go along with Fox and Sabonis.

Shout out to Kevin Huerter who after a subpar start in game one, has returned to what fans have expected to see, and once again, Huerter has shown his acumen both beyond the 3-point line, and driving to the hoop.

Huerter's defense has taken a step forward as well, so we'll give some atta-boys to coach Brown for putting Huerter back in the starting lineup and sticking with him. If we can keep Kevin off the injury list, the 2024/2025 season could be a breakout year for a popular player with a big upside.

More than anything, the recent wins, particularly on the road, are spurring a higher volume of optimism, and look for an already loud arena to get even louder.

For any naysayers that felt it would take a long time for newcomer DeMar DeRozan to fit in, he is well ahead of schedule, and the way he and Fox are sharing the ball is a pleasure to watch.

Stay tuned Kings fans. This is what you've been waiting for, and the best is yet to come!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.

#### 'Think You Can Belt'

Song Event Nov. 16 Time to get all dressed up and celebrate SARTA's

40th Anniversary at Howe Ave Theatre (in Howe Park, Sacramento) on Saturday, November 16 from 7:30 -9:30 pm.

Enjoy an evening of fabulous singing, a delicious dessert bar, sparkling beverages, and exciting drawings! An incredibly talented cast of a dozen singers will delight audiences with songs from the present and days gone by!

Tickets for this amazing event are \$30 for SARTA members and \$35 for non-members. To purchase tickets in advance. please visit www.sarta. com/cabarettickets.

For more information, please contact sarta@sarta. com or call 916-443-8229. SARTA is a 501(3) nonprofit theatre arts service organization.

#### Elks Lodge Calendar of Events

Farmer's Market, 9 am-1 pm every Saturday.

Elk's Lodge Sunday Breakfast, 8:30 am-11 am every Sunday.

Bring your friends and family; \$15 tax included. Best deal in town. Made to order Omelets or eggs any way you want. Bacon, sausage, potatoes, biscuits and gravy, pancakes, waffles, coffee large parties should call for reservations. Guests are VERY welcome!

Water Aerobics, Monday and Thursday 10 am, Wednesday 2 pm, Friday 10 am

Yoga, Monday 12 pm, Wednesday 3:30 pm. Lodge members free.

Martial Arts. Monday 5 pm

Pickleball, Multiple days each week.Noon Monday, 3:30 p.m. Wednesday

Mon & Wed 9 am-12 pm, Thu 4:30-7:30 pm, Sun 4-7 pm

To sign up or confirm schedule, join playtimescheduler.com Improv Night, 2nd &

4th Wednesdays, 6-8 pm Wednesday Night **Dinner**, 5:30 to 7 pm. See elks6.net for weekly

Sactown Swing: lessons 7 p.m.; swing social 8 p.m. Karaoke: 7 p.m.

Thursdays and Saturdays Friday Happy Hour, Friday 4-7 pm

#### Sacramento **Area Museums** Offer Plenty of **Experiences**

The Greater Sacramento region is rich with museums and popular destinations that offer plenty of must-see and must-do experiences to explore.

The community is encouraged to show support for local museums by making plans to visit favorite locations (or discovering new ones).

A sampling of must-see and must-do experiences and special activations offered by local museums include the following:

California Automobile Museum - Take a ride in a museum car during Sunday Drives, the third Sunday of every month,. With paid museum admission, take a ride from 10 a.m. to 2 p.m. Details at calautomuseum.org/

California Museum -¡Pleibol! In the Barrios and the Big Leagues, Oct. 26-Jan. 25, 2025: This

Smithsonian Institution traveling exhibition takes audiences on a journey into the heart of American baseball to understand how generations of Latinas/os have helped make the game what it is today. Details at californiamuseum.org. California State

Railroad Museum & Foundation - The California State Railroad Museum & Foundation are proud to offer the Polar Express Train Ride - Enjoy this magical family event! The evening begins in our passenger station where you will be entertained by Polar Express characters, and then board your train to the North Pole where you will enjoy hot chocolate and a sweet treat courtesy of our hot chocolate

Once you reach the North Pole, the jolly old elf — Santa himself will come on board to give each passenger the first gift of Christmas, a silver sleigh bell.

For more details and or to book a train ride, please visit www.californiarailroad.museum.

Sacramento History Museum - Through Jan. 7, 2025,, the museum is proud to present a limited-time exhibition titled "America's Monsters, Superheroes and Villains:

Our Culture at Play" from SuperMonsterCity. The engaging exhibition will be filled with 400+ vintage and original toys, comic books, games, posters, packaging, TV commercials, movie trailers and more.

For details, visit www. SacHistoryMuseum.org.



WHEN: MAY 31, 2025

We will be holding our 50th Reunion on May 31, 2025!

If you are a member, or if you know any members, please call Cindy Boyd at (916) 802-8847

"James Marshall High School Class of 1975 Reunion"

as soon as possible.

Sign up on Facebook Page Or join Classmates.com We would love to have everyone attend this evening of fun!





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## Doctors Say Bacterial Pneumonia Increasing, Especially Among Children

UC Davis Health News Release

**SACRAMENTO, CA (MPG)** - Cases of pneumonia caused by the bacteria Mycoplasma, also known as "walking pneumonia," have been on the rise this year in the United States, according to the Centers for Disease Control and Prevention.

The agency reports an increase among all age groups across the United States from March 31 to Oct. 5 of this year, with the peak in August, and levels remaining high. The data come from the National Syndromic Surveillance Program and bioMérieux BIOFIRE Syndromic Trends.

Young children, particularly those ages 2 to 4, have been most affected this year, with an increase from 1% to 7.2% among children ages 2 to 4. Children ages 5 to 17 also saw an increase from 3.6% to 7.4%.

Dean Blumberg, chief of pediatric infectious diseases at UC Davis Children's Hospital, answered some questions about walking pneumonia and what parents and families can do to keep their children healthy. His comments follow below.

#### What is Mycoplasma Pneumonia?

"Pneumonia from Mycoplasma, also known by the nonmedical term 'walking pneumonia,' is caused by the bacteria Mycoplasma pneumoniae, which causes a respiratory tract infection. These can be mild infections which, most often, do not require hospitalization, but for some, they can be severe and



Control and Prevention, which is on the rise. Photo courtesy of UC Davis Health

require antibiotics to get better. Both children and adults can get pneumonia from Mycoplasma."

#### What are the Common Symptoms of Pneumonia Caused by Mycoplasma?

"Common symptoms can include fever, cough, sore throat, headache and feeling tired.

It's often called 'walking pneumonia' since some people don't feel sick enough to stay home but they are still contagious and can spread the disease to others. Complications can occur that require hospital care, including new or worsening asthma, severe pneumonia and encephalitis (inflammation of the brain).

Children under 5 often have different symptoms, including diarrhea, sneezing, sore throat, stuffy or runny nose, vomiting, watery eyes and wheezing

Symptoms typically last for several weeks.

Some infected people may have no symptoms but it can still damage the lining of the respiratory tract, including the throat, windpipe and lungs."

#### How is it Spread?

"It can spread person-to-person through the respiratory route, particularly when people are coughing or sneezing. People who live or work in crowded settings are at an increased risk for outbreaks. It can take one to four weeks for symptoms to appear after someone has been exposed to the bacteria."

#### Who is at Highest Risk for This?

"Anyone is susceptible but those recovering from a respiratory illness are at an increased risk for serious infection. Anyone with a weakened immune system or with preexisting lung conditions such as asthma or reactive airway disease are also at greater risk for serious infection."

#### Is there a Vaccine Available for Mycoplasma Pneumoniae?

"No, unfortunately there is no vaccine."

#### How is it Diagnosed?

"Testing is available through a nose or throat swab PCR test at your doctor's office."

#### How is this Treated?

"Macrolides (such as azithromycin) are a class of antibiotics used commonly to treat bacterial pneumonia including infections caused by Mycoplasma pneumoniae. Make sure to take the full course of antibiotics and don't stop when you start feeling better."

#### What are some ways to keep Families Safe?

"I think a lot of families may not have heard of Mycoplasma pneumoniae or know that it is going around. I would advise families to follow these common-sense strategies:

Stay home when you are feeling sick. Keep your children away from others if they are not feeling well.

Cover your cough and sneeze and teach your kids to use their batwing to cover their cough or sneeze.

Wear a well-fitted KN95 or N95 mask if you feel sick and need to be out in public or if you are in crowded settings with others. According to the American Academy of Pediatrics, children ages 2 and older can safely wear a mask. But the exception is for anyone who cannot easily remove their own mask or who has trouble breathing.

Those who get worsening symptoms, have difficulty breathing or are unable to keep liquids down, should seek medical attention immediately."

## UC Davis Children's Hospital Named Among Best For 2024-2025

UC Davis News Release

**SACRAMENTO, CA (MPG)** - UC Davis Children's Hospital has been recognized as a 2024-2025 Best Children's Hospital by U.S. News & World Report.

The annual Best Children's Hospitals rankings, now in its 18th year, assist parents and caregivers, along with their physicians, in how to choose the best possible care for children with serious illnesses or complex medical needs.

UC Davis Children's Hospital is nationally ranked among the nation's 50 best in five specialty care areas: 23rd in nephrology, 26th in neonatology; 32nd in pediatric orthopedics, which was awarded in collaboration with Shriners Children's – Northern California, UC Davis Children's Hospital's longstanding partner in caring for children with burns, spinal cord injuries, orthopedic disorders and urological issues; 36th nationally in pediatric pulmonology and lung surgery; and Top 50 in pediatric and adolescent behavioral health.

Regionally, UC Davis Children's Hospital was ranked seventh in California and eighth in the Pacific Region, which includes Alaska, California, Hawaii, Oregon and Washington.

"Our physicians, nurses and health care teams deliver world-class

pediatric specialty care to patients from Sacramento and beyond," said Satyan Lakshminrusimha, chair of pediatrics and physician-in-chief of UC Davis Children's Hospital. "These awards recognize the expertise of our staff and their commitment to the care of children. I'm so pleased we get to celebrate that today. It is an honor to be recognized nationally in the U.S. News' Best Children's Hospitals rankings."

U.S. News, together with RTI International, a North Carolina-based research and consulting firm, collected and analyzed data from 108 children's hospitals and surveyed thousands of pediatric specialists. Children's hospitals awarded a "Best" designation excelled at factors such as clinical outcomes, level and quality of hospital resources directly related to patient care and expert opinion among pediatric specialists.

"U.S. News & World Report's annual Best Children's Hospitals evaluation empowers parents and caregivers with a data-driven guide to help them find the best pediatric hospital to treat their child," said Ben Harder, chief of health analysis and managing editor at U.S. News.

The full rankings for the 2024-2025 Best Children's Hospitals Honor Roll, regional and specialty rankings can be found at USNews.com. ★

## Steps Toward Becoming a Bully-Free County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Department of Health Services (DHS) recently recognized Bullying Prevention Month by increasing its outreach and engagement efforts, with an emphasis on reaching communities in high-need areas across the county.

This year, the department highlighted its partnership with HeartLand Child and Family Services, the county's 16th Flexible Integrated Treatment (FIT) site, to expand the county's outreach to more children, youth and families through enhanced mental health support.

With the new HeartLand Flexible Integrated Treatment site, the Department of Health Services brings vital services to areas with high child-poverty rates, CPS involvement and mental health needs. By tapping into HeartLand's strong community ties, the county strengthens its grassroots efforts, ensuring trusted mental health resources are accessible and readily available.

This month, the HeartLand team participated in community events to promote anti-bullying messages, share resources



Sacramento County has partnered with HeartLand Child and Family Services to decrease bullying in the county. Photo courtesy of Sacramento County

and support local families. Their outreach focused on fostering kindness, empathy and open communication to build a countywide culture of zero tolerance for bullving.

"Seeing the impact of our partnership with Sacramento County, especially during Bullying Prevention Month, brings joy to our team and communities," said HeartLand Child and Family Services, Director of Clinical Services Todd Palumbo. "We're dedicated to making a real difference in the lives of youth by helping create safe spaces, fostering kindness and strengthening family support. It's incredibly fulfilling to be part of building a community where every young person feels valued and empowered."

Some of the efforts included Dudley Elementary Fall Festival,

where families received resources on addressing bullying in schools, emphasizing kindness; Community Collaborative Charter School, where parents were encouraged to adopt anti-bullying practices and reduce mental health stigma; Walk 'N' Roll Disability Resource Fair, offering resources to community members while promoting disability awareness and empathy; and Salvation Army Youth Basketball League Celebration (95817) on Oct. 19, offering mentorship programs and support to foster anti-bullying attitudes among youth. For more information

on Sacramento County's Flexible Integrated Treatment services, visit Sacramento County Department of Health Services website at dhs.saccounty.gov. ★

## Hunger in Sacramento Continues to Rise

California Association of Food Banks News Release

SACRAMENTO, CA (MPG) - In California, one in four households with children are estimated to be food insecure — that's more than 1 million households with children that have unreliable access to adequate food.

The data, recently released by the California Association of Food Banks, reveals that food insecurity today is similar to that seen in the early months of the COVID-19

pandemic. Right here in Sacramento County, 28% – more than 448,000 peo-

- more than
448,000 people - are at
risk of hunger.
Through the

"Jars of Hope" initiative, two organizations are joining to help that num-Riviana Foods Inc. ("Riviana"),

America's lead-

ing rice company, and the

California Association of

teaming up to provide crucial funds to food banks across California. As families start their holiday food shopping, Walmart, Ralphs, Food 4 Less, and Foods Co, stores have made it e a s y for Sacramentans help their neigh-

bors in need.
Starting this
week, Riviana
will donate \$1 to the
California Association

Food Banks (CAFB) are

of Food Banks for every RiceSelect® jar sold at participating stores between Oct. 14 and Nov. 10. In addition, Riviana will donate rice to California food banks.

Money raised through

Riviana will donate rice to California food banks.

Money raised through the "Jars of Hope" campaign will support the California Association of Food Banks' Farm ity and nutrition of support the california Association ity and nutrition of support the california Association ity and nutrition of support the california Association ity and nutrition of support the california and support the california and support the california and support the california and support the california food banks.

to Family program and the organization's mission to end hunger. Last year, the California Association of Food Banks' Farm to Family program delivered more than 250 million pounds of fresh fruits and vegetables to food banks, providing quality and nutritious food

to communities while reducing food waste. This food helps support Sacramento Food Bank & Family Services, along with 40 partner food banks in the California Association of Food Banks, who collectively serve more than 6 million Californians each month.

## Sac State Women's Tennis Trio Heading to Championships

Sacramento State University Athletics News Release

SACRAMENTO, CA, (MPG)
- Sacramento State sophomore Lou Baudouin in singles and the doubles tandem of senior Maddy Ferreros and sophomore Irene Riva have been selected to represent the Big Sky Conference at the 2024 ITA Conference

The Hornets' trio was selected by a vote of the conference's head coaches following a round of nominations. Coaches could not vote for their own players.

Masters Championships on

Nov. 7-10, in Rome, Ga.

Each Division I conference will send one singles player and one doubles team to the event to played at the Rome Tennis Center, with the four singles



semifinalists and top three doubles teams qualifying for the NCAA Division I Individual Championships hosted by Baylor in Waco, Texas, on Nov. 19-24.

The ITA Conference Masters Championships are one of four qualifying tournaments that will seed the field for the NCAA Individual Championships, joining the ITA All-American Championships (10 singles, four doubles), the ITA Regional Championships (26 singles, 13 doubles), and the ITA Sectional Qualifiers (24 singles, 12 doubles). All told, 64 singles players and 32 doubles teams will vie for the NCAA Individual Championships.

Ferreros and Riva wrapped up the 2024 spring season with a 16-4 record at the No. 2 spot in the Hornets' line up, earning All-Big Sky second team honors in doubles while helping Sacramento State to their first Big Sky Conference regular season and tournament titles since 2012.

The 16 wins together were tied for seventh on the school's single-season list.

This fall, the duo were additions to the field at the prestigious Battle in the Bay Classic, which



Sac State sophomore Irene Riva was Big Sky Player of the Week twice in 2024. Photos courtesy of Sac State Athletics

featured student-athletes from 16 of the nation's preseason top 75 schools — including six of the top 10 and two more in the top 25.

They battled the duo of Mila Mulready and Ozlem Uslu from Virginia Tech in the opening round, then drew the No. 36 team in the nation in USC's Emma Charney and Imogen Haddad in the consolation round

A month later, the duo advanced to the round of 16 at the ITA Northwest Regionals in Berkeley, Calif., posting wins over teams from SeattleU and



Redshirt sophomore Lou Baudouin will represent Sac Sate and the Big Sky conference at the ITA Championships.

Santa Clara in the main draw's opening two rounds before falling to the tournament's No. 5-seeded duo from California.

Baudouin finished her first collegiate season with an 18-6 singles record in the spring of 2024, playing at least one match at every spot in the lineup except for No. 1 and won eight of her 10 contests at the No. 3 spot.

She was an All-Big Sky second team selection in both singles and doubles, opening her career with eight consecutive singles victories, while her 18 singles wins overall were tied



Sac State senior Maddy Ferreros is part of the doubles tandem heading to the 2024 ITA Conference Masters Championships.

for 15th on the school's single-season list.

This fall, Baudouin finished 3-1 at the Cal Fall Invitational, posting singles wins over opponents from San Jose State, Nevada, and Pacific, while going 2-2 in doubles.

She also reached the main draw round of 16 at the ITA Northwest Regionals alongside partner Palina Saulevich, posting wins over doubles teams from Pacific and UC Davis before falling to Washington State's duo of Hania Abouelsaad and Martina Markov in a tiebreaker, 8-7 (5).

# SacRT Receives More Than \$105 Million in Grants

Continued from page 1

SacRT General Manager/CEO. "We are excited to work with our partners to bring these projects to life, and we look forward to seeing the positive impact on our community."

Light rail projects supported through this grant funding include:

#### New Low-Floor Light Rail Vehicles

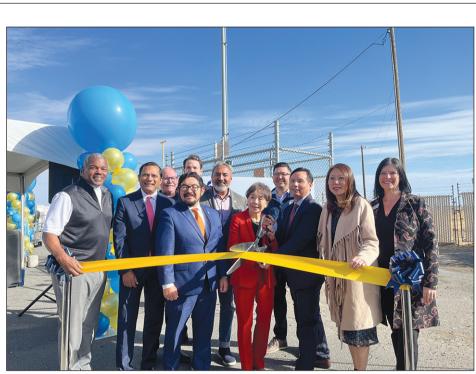
SacRT will replace aging high-floor light rail vehicles with new state-of-theart S700 low-floor light rail vehicles from Siemens Mobility. SacRT previously ordered 45 of these new light rail cars, with the first 20 already in service on the Gold Line. This new grant funding will assist with the purchase of 10 additional new low-floor light rail vehicles, bringing the total to 55.

### **Light Rail Station Conversions** on the Blue Line

SacRT is converting 17 of the 19 light rail stations along the Blue Line to accommodate the height requirement of the new low-floor light rail vehicles, making the system more accessible by eliminating the need to climb stairs to board the vehicles. With this new grant funding, SacRT will be able to complete station conversions at all light rail stations. Learn more about this project at sacrt.com/modernization.

#### New Dos Rios Light Rail Station

A partnership between SacRT, the City of Sacramento and the Sacramento Housing and Redevelopment Agency (SHRA), the new Dos Rios Station on the Blue Line will serve as a key part of the Twin Rivers-River District transformation. This project aims to provide connectivity



Elected officials and dignitaries attended the ceremonial ribbon cutting for the new grant-funded SacRT bus maintenance facility. From left are SacRT Board Vice-Chair Rick Jennings, FTA Region 9 Administrator Ray Tellis, SacRT Board Chair Patrick Kennedy, CARB Board Member Eric Guerra, U.S. Representative Kevin Kiley, U.S. Representative Ami Bera, U.S. Representative Doris Matsui, state Assemblyman Josh Hoover, SacRT General Manager/CEO Henry Li, California State Treasurer Fiona Ma and SacRT Board Director Lisa Kaplan.

to the historically isolated area, integrating transit access with Mirasol Village, a new development offering 427 low-income units and market-rate housing.

The vision for the River District includes increased access to jobs, services and cultural amenities, creating a vibrant gateway to downtown Sacramento. Learn more about the project at sacrt.com/dosrios.

#### Horn Road Light Rail Station and Complete Streets Improvements

SacRT is working with the City of Rancho Cordova and Sacramento County on "complete streets" projects along Folsom Boulevard, creating safer and more accessible routes for bicyclists and pedestrians near the future Horn Road Station.

Rancho Cordova's streetscape work and the design of a new Class IV Bike Trail will further connect the station to regional bike paths like the American River Bike Trail.

#### Transition to Digital Fare Technology

SacRT is transitioning to a digital fare system through the Cal-ITP Platform Validator and Smart Fare Vending Machine, in partnership with the CCJPA.

This will streamline fare payments and transfers between SacRT services and Capitol Corridor trains, providing a more seamless experience for riders. SacRT plans to extend this template to other regional rail services, such as ACE and San Joaquins trains, making travel throughout Northern California easier and more efficient.

Then on Oct. 30, SacRT announced the Federal Transit Administration's award of approximately \$76 million in Capital Investment funds.

The federally funded Capital Investment grant program funds transit capital investments, including heavy rail, commuter rail, light rail, streetcars and bus rapid transit.

The grant award will enable SacRT to

replace aging fleet vehicles, construct a permanent hydrogen fueling station, modernize a key bus maintenance facility and establish a workforce development program to train local workers in maintaining and operating the advanced zero-emission buses.

purchase new hydrogen fuel cell buses,

As part of the grant award announcement, SacRT hosted a ceremonial ribbon-cutting event at the site of the new bus facility to be funded through the grant. Several local elected officials and dignitaries attended the event and shared their thoughts.

"This investment solidifies SacRT's commitment to a greener, more sustainable future," said SacRT General Manager/CEO Henry Li. "The new hydrogen fuel cell buses and modernized facilities will significantly reduce our carbon footprint while enhancing service for our riders. We are grateful for the federal partnership and the strong support from our congressional representatives."

Said U.S. Representative Doris Matsui, "Sacramento is leading the way in the transition to clean energy and this investment underscores our region's commitment to sustainable transportation. The hydrogen fuel cell buses will make a tangible difference in our air quality, while creating jobs and boosting economic development in our community."

Said U.S. Representative Ami Bera, M.D., "This federal investment will have lasting benefits for Sacramento. It supports clean energy solutions while improving access to safe and reliable transit. Thanks to funding passed from the Bipartisan Infrastructure Law, I am proud to support SacRT's efforts to modernize our transportation infrastructure."

SacRT acknowledged the bus service improvement projects are made possible through strong partnerships with the California Air Resources Board, Sacramento Area Council of Governments, Sacramento Metropolitan Air Quality Management District, Center for Transportation and the Environment, New Flyer of America, American River College, Clean Cities Coalition and the County and City of Sacramento.



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Call 916-773-1111

Arden Arcade News • 9 **NOVEMBER 8, 2024** 

## **Funding Approved for Homeless Hospice Program**

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - At its Oct. 22 meeting, the Board approved up to \$1,137,788 in funding to complete construction on Joshua's House, a facility that provides end-of-life comfort care for homeless individuals with terminal illnesses, after being discharged from an acute care hospital.

Joshua's House specifically provides a location for homeless patients to receive home-like hospice services when they, by definition, do not have a home to receive such care and may otherwise be unsheltered at the time of passing.

Joshua's House provides shelter, food, clothing and certain volunteer comfort services. In addition, YoloCares will provide licensed expert/specialized end-of-life care for individuals and families facing a life-limiting illness. Yolo Cares has provided high-quality hospice care across the six-county region for nearly 50 years. YoloCares also recently became an enhanced Care Management and Community Supports provider through CalAIM.

"Joshua's House is a natural expression of our community-grounded mission. YoloCares has been a safety-net provider for nearly 50 years," said Craig Dresang, CEO at YoloCares. "We already routinely provide care and support for unhoused individuals, so we see the addition of Joshua's House as a normal evolution for our agency.'

Joshua's House has been a long-standing passion project of Marlene Fitzwater, whose grandson Joshua died on the street, while homeless. In his honor, she has envisioned

a place that provides shelter and care to people in the most need at the end of their life. Marlene's compassion is evident when she talks about the project: "This project has been my passion and motivation ever since I lost my grandson, Josh, who died on the street in Omaha, NE of an overdose. As I learned more about homelessness and the prevalence of it in our community, I knew that all my professional experience had prepared me to do this - to provide shelter, meals, comfort care, love and dignity to the poorest of the poor, and the sickest of the sick - the terminally ill, homeless men and women in our community."

Anthem Blue Cross is investing \$400,000 to support the expansion of Joshua's House Hospice. The investment will help close a funding gap to bring on additional beds to serve more individuals experiencing homelessness dealing with a terminal illness who need a safe and secure environment.

"Anthem is proud to support and partner with the City and County of Sacramento on expanding the Joshua's House Hospice program to be able to serve more terminally ill homeless people who do not have the ability to cope with their tragic circumstance in their own home," said Les Ybarra, President of Anthem Blue Cross CA Medicaid Plan. "Anyone who is facing an end-oflife circumstance deserves the right to be comfortable and safe, regardless of housing status."

#### **A Service Missing** from the System

One of the Board of Supervisors' priorities is to identify and fill gaps in local and regional homeless programs and services.



More than \$1 million was approved in funding for Joshua's House, a facility that provides hospice care for homeless individuals.

The opportunity to help Joshua's House fill its funding shortfall and offer a service not yet available in the Sacramento region was an easy decision. With more than 20 percent of the homeless population aging over 55 and nearly half of those self-reporting a chronic illness, these services are needed more than ever. Furthermore, project proximity to the Parkway made using this particular funding source, granted by the state of California to address the needs of people exiting homelessness coming off the Parkway, another smart decision.

Joshua's House is

located in Sacramento County's First Supervisorial District, represented by Supervisor Phil Serna. The Board is proud to make a meaningful and compassionate investment in this program.

"Hospice care is a compassionate and critical element of our healthcare system, yet its availability to those suffering homelessness has been inconsistent at best" said First District Supervisor Phil Serna. He continued, saying, "Joshua's House hospice care is the first of its kind not only in Sacramento, but in the entire state, and I'm proud to be associated with its mission and to help bring it to fruition, especially in the district I serve. I challenge anyone to convince me those without shelter deserve something less than what we all deserve: a dignified and compassionate experience, one with commensurate care and comfort nearing the end of our lives."

#### The Balance of **Parkway Funding**

Staff have worked with the Board and other community partners to identify other projects that can provide shelter and housing opportunities for people exiting the Parkway for the remaining approximately \$6.9 million in ARP that is unallocated. In addition to the Joshua's House project, staff recommends an allocation of \$1.9 million in ARP funding to support the construction of the Watt Avenue Safe Stay project and to allocate the balance (approximately \$3.8 million) to on-going operational needs and/or expansion of ARP shelter

For more information on what Sacramento County is doing to respond to homelessness, visit our website at https://schs.saccounty. gov/pages/default.aspx. ★

programs.



A tour group learns about the Yolo Bypass Wildlife Area. Photo courtesy of California Department

## Yolo Bypass Wildlife Area Tours Available

California Department of Fish and Wildlife News Release

SACRAMENTO REGION, CA (MPG) - Tour the Yolo Bypass Wildlife Area with an experienced field trip leader!

Tours are held on the third Sunday of each month and are a fantastic opportunity to explore local wetlands, learn about wildlife and native plants and interact with other community members who share similar interests.

View flooded seasonal and permanent wetlands, native grasslands and young riparian forests. Depending on the season, look for migrating and resident waterfowl, shorebirds, songbirds, raptors and wading

Tours run rain or shine from 9 a.m. to noon, on the third Sunday of each month, except in instances of flooding. Tours do not run in July, August and September. Tours meet at the Yolo Bypass Wildlife Area Headquarters (45211 County Road 32B). Registration required.

For more information or to register visit yolobasin.org/wetlands-tours or contact volunteer@yolobasin.org via email.



## **CHP Receives Native-Tribal Traffic Education Program Grant**



The Native-Tribal Traffic Education grant will support a series of programs focused on safety, education and cultural understanding. Photo courtesy of California Highway Patrol

California Highway Patrol News Release

SACRAMENTO, CA (MPG) - The California Highway Patrol (CHP) is honored to announce its receipt of the Native-Tribal Traffic Education Program (TTEP) grant, a transformative initiative to build stronger relationships and improve outreach with Native American communities throughout California.

This grant will support a series of programs focused on safety, education and cultural understanding.

The Native-Tribal Traffic Education Program grant provides resources to create specialized training, community outreach and educational events that increase awareness of tribal sovereignty and respects cultural traditions. The program also aims to address the unique challenges

that Native American communities face. "This grant is a significant milestone

for our department and the communities

we serve across California," said CHP

Commissioner Sean Duryee. "It allows

us to enhance safety and foster cultural understanding through essential resources

and educational programs." Grant funds will be used to conduct workshops and training sessions for CHP personnel, emphasizing culturallyinformed law enforcement practices and the historical context of Native American relations. The program will also support the development of educational materials that provide safety information and resources tailored to Native American

communities. This initiative aligns with the CHP's commitment to improving community relations and enhancing public safety through education and outreach. By working closely with tribal leaders and members, the CHP seeks to address specific concerns and provide meaningful support to Native American communities

throughout the state. Funding for this program was provided by a grant from the California Office of Traffic Safety through the National Highway Traffic Safety Administration. ★

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## A Community as Dynamic as You



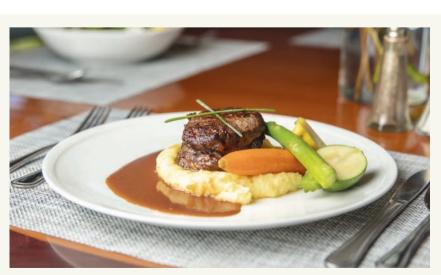
#### Resident-driven Culture

We are incredibly proud of our residentdriven culture, with its diverse range of regularly scheduled activities and events and 40+ Resident Clubs and Groups.



#### Park-like Grounds

Set on 37-acres of walkable, bike and pet-friendly paths, inviting you to enjoy nature and stay active.



#### Maintenance-free Living

Experience the convenience of restaurant style dining, weekly housekeeping, 24-hour security and more.

## Schedule a tour today!

Life Plan Community / CCRC • Independent Living • Assisted Living Memory Care • Rehabilitation • Skilled Nursing