

**Lincoln Highway Markers Dedicated** 

Serving the City of Citrus Heights & Sacramento County VOLUME 14 • ISSUE 45

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### SDD NSIDE

### BACTERIAL **PNEUMONIA INCREASING**









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By Thomas J. Sullivan CITRUS HEIGHTS, CA (MPG) -Imagine the sound of a Ford Model T rumbling along a dusty portion of Auburn Blvd., looking to turn at Sylvan Corners, heading toward San Francisco. Back then, Greenback Lane, named for the federal "greenback dollars" it Lincoln, began in 1913 and was built with, had yet to be built.

businessman Carl G. Fisher began an effort to unite them into the first transcontinental highway, allowing drivers to travel from San Francisco all the way to New York City.

From left are Trey Pitsenberger, vice-president of the Lincoln Highway Association California chapter; Joel Windmiller, president of the Lincoln Highway Association California chapter,

CHANT Neighborhood Area Three board member Andrew

Saunders and Lane Gonick representing California state Assemblyman Josh Hoover. Courtesy photo

Fisher's vision for a transcontinental highway, which became known as the Lincoln Highway and named after President Abraham lasted until the mid-1920s. The original transcontinental route ran from San Francisco to New York City, with Lincoln Park in San *Continued on page 3* 



### **Election** Certification **Can Take** 28 Days

#### MPG Staff

CALIFORNIA (MPG) - Due to the requirements outlined in Assembly Bill 3184, the Nov. 5 General Election results cannot be certified in California until Dec. 3, at the earliest. Assembly Bill 3184 establishes specific timelines and procedures for certifying election results in California.

Certification for the Nov. 5 general election is expected to be completed Dec. 3.

While the first release of results happens just after 8 p.m. Nov. 5 (Election Day), those results are in no way final. The county Elections Office has been tabulating ballots since two weeks ago and the first release of results will only be inclusive of Vote by Mail and Vote Center ballots that are returned and processed through Nov. 4.

The second report includes results from the Vote Centers on Election Day and is issued shortly after 10 p.m. Nov. 5, after press time, with subsequent updates approximately every two hours, if needed, until all Vote Centers have reported. California allows for 28 days after elections to certify the election, in addition to seven days after Election Day to receive a mail ballot postmarked by Nov. 5. The second report on Nov. 5 will include results from the Vote Centers on Election Day and will be issued by 10 p.m., with subsequent updates approximately every two hours, if needed, until all Vote Centers have reported (Elections Code 15151(b)). The first interim report will be posted by 4:15 p.m. on Nov. 8 and will contain results from Vote by Mail ballots and provisional ballots received timely. Subsequent reports will be updated every Tuesday and Friday until certification is complete, which is expected to be Dec. 3. The Election Results Schedule is provided pursuant to Elections Code 15306(a)((3). For more information, visit online elections.saccounty.gov or call 916-875-6451.



Before 1913, a patchwork of country roads crisscrossed Citrus Heights as well as much of the country, until

Regina Cave, director of General Services for the City of Citrus Heights, pulls the covering off the new Lincoln Highway placard. Saunders said his vision for installing historical placards along the route only became a reality because of the help of the city and Cave, who he said helped to bring the idea to fruition. Photo by Thomas J. Sullivan



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# SacRT Receives Grant Funding

Compiled by Daniel Canfield from Sacramento Regional Transit News Releases

SACRAMENTO COUNTY, CA (MPG) - Sacramento Regional Transit (SacRT) recently announced several grant awards, totaling more than \$105 million, that will benefit Sacramento commuters, public transit riders and the environment.

First on Oct. 23, SacRT announced that the California State Transportation Agency has awarded SacRT \$29 million in grant funding through the Transit and Intercity Rail Capital Program. The grant funding will be used for several high priority light rail projects. Funding for the program comes from the federal Greenhouse Gas Reduction Fund which was created and funded through the Inflation Reduction Act of 2022.

According to SacRT, the projects, once complete, will offer significant



Elected officials and dignitaries attended the ceremonial ribbon cutting for the new grantfunded SacRT bus maintenance facility. From left are SacRT Board Vice-Chair Rick Jennings, FTA Region 9 Administrator Ray Tellis, SacRT Board Chair Patrick Kennedy, CARB Board Member Eric Guerra, U.S. Representative Kevin Kiley, U.S. Representative Ami Bera, U.S. Representative Doris Matsui, state Assemblyman Josh Hoover, SacRT General Manager/CEO Henry Li, California State Treasurer Fiona Ma and SacRT Board Director Lisa Kaplan. Photos courtesy of SacR

benefits, including a reduction of 78,032 metric tons of CO2 equivalent in greenhouse gases, a decrease of 250 million vehicle miles traveled, \$160,722,974 in passenger

travel cost savings and the support of 984 full-time equivalent jobs.

"This funding will allow us to continue advancing our vision of a more connected, accessible, and sustainable transit system for all Sacramento residents," said Henry Li, SacRT General Manager/ CEO. "We are excited to work with our partners *Continued on page 2* 

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# **SacRT Receives Grant Funding**

#### Continued from page 1

to bring these projects to life, and we look forward to seeing the positive impact on our community."

Light rail projects supported through this grant funding include:

#### New Low-Floor Light Rail Vehicles

SacRT will replace aging highfloor light rail vehicles with new state-of-the-art S700 low-floor light rail vehicles from Siemens Mobility. SacRT previously ordered 45 of these new light rail cars, with the first 20 already in service on the Gold Line. This new grant funding will assist with the purchase of 10 additional new low-floor light rail vehicles, bringing our tota to 55.

#### Light Rail Station Conversions on the Blue Line

SacRT is converting 17 of the 19 light rail stations along the Blue Line to accommodate the height requirement of the new low-floor light rail vehicles, making the system more accessible by eliminating the need to climb stairs to board the vehicles. With this new grant funding, SacRT will be able to complete station conversions at all light rail stations. Learn more about this project at sacrt.com/ modernization.

#### New Dos Rios Light Rail Station

A partnership between SacRT, the City of Sacramento, and the Sacramento Housing and Redevelopment Agency (SHRA), the new Dos Rios Station on the Blue Line will serve as a key part of the Twin Rivers-River District transformation. This project aims to provide connectivity to the historically isolated area, integrating transit access with Mirasol Village — a new development offering 427 low-income units and market-rate housing. The vision for the River District includes increased access to jobs, services, and cultural amenities, creating a vibrant gateway to downtown Sacramento. Learn more about the project at



Federal transit administration officials present Sacramento Regional Transit (SacRT) with a big check. Photos courtesy of SacRT

sacrt.com/dosrios. Horn Road Light Rail

#### Station and Complete Streets Improvements

SacRT is working with the City of Rancho Cordova and Sacramento County on "complete streets" projects along Folsom Boulevard, creating safer and more accessible routes for bicyclists and pedestrians near the future Horn Road Station. Rancho Cordova's streetscape work and the design of a new Class IV Bike Trail will further connect the station to regional bike paths like the American River Bike Trail.

#### Transition to Digital Fare Technology

SacRT is transitioning to a digital fare system through the Cal-ITP Platform Validator and Smart Fare Vending Machine, in partnership with the CCJPA. This will streamline fare payments and transfers between SacRT services and Capitol Corridor trains, providing a more seamless experience for riders. SacRT plans to extend this template to other regional rail services, such as ACE and San Joaquins trains, making travel throughout Northern California easier and more efficient.

Then on Oct. 30, SacRT announced the Federal Transit Administration's award of approximately \$76 million in Capital Investment funds. The federally



The S700 low-floor light rail trains are designed to enhance accessibility, comfort and efficiency for all riders. Photo courtesy of SacRT

funded Capital Investment grant program funds transit capital investments, including heavy rail, commuter rail, light rail, streetcars and bus rapid transit.

The grant award will enable SacRT to purchase new hydrogen fuel cell buses, replace aging fleet vehicles, construct a permanent hydrogen fueling station, modernize a key bus maintenance facility, and establish a workforce development program to train local workers in maintaining and operating the advanced zero-emission buses.

As part of the grant award announcement, SacRT hosted a ceremonial ribbon cutting event at the site of the new bus facility to be funded through the grant. Several local elected officials and dignitaries attended the vent and shared their thoughts.

"This investment solidifies SacRT's commitment to a greener, more sustainable future," said SacRT General Manager/CEO Henry Li. "The new hydrogen fuel cell buses and modernized facilities will significantly reduce our carbon footprint while enhancing service for our riders. We are grateful for the federal partnership and the strong support from our congressional representatives."

Said SacRT Board Chair Patrick Kennedy, "This grant is not just about upgrading our fleet; it's about creating opportunities for the Sacramento community. By investing in workforce development, we're ensuring that local residents have the skills needed for tomorrow's jobs in the growing field of green transportation."

Said U.S. Representative Doris Matsui, "Sacramento is leading the way in the transition to clean energy and this investment underscores our region's commitment to sustainable transportation. The hydrogen fuel cell buses will make a tangible difference in our air quality, while creating jobs and boosting economic development in our community."

Said U.S. Representative Ami Bera, M.D., "This federal investment will have lasting benefits for Sacramento. It supports clean energy solutions while improving access to safe and reliable transit. Thanks to funding passed from the Bipartisan Infrastructure Law, I am proud to support SacRT's efforts to modernize our transportation infrastructure."

Said U.S. Representative Kevin Kiley, "This federal grant is not only a win for sustainable transit but also for job creation here in Sacramento. This will provide new employment opportunities for our community, equipping local workers with the skills needed to support innovative transportation for years to come."

Said Ray Tellis, FTA Region 9 Administrator, "The FTA is proud to support SacRT's forward-thinking vision for public transit. These funds will help reduce emissions, improve transit services and create opportunities for Sacramento's workforce, all while moving us closer to a sustainable future."

Said California State Treasurer Fiona Ma, "This project is a critical step toward achieving California's ambitious greenhouse gas reduction goals. By transitioning to hydrogen fuel cell buses and modernizing transit infrastructure, SacRT is demonstrating the kind of leadership we need to build a cleaner, more sustainable future for our state."

SacRT acknowledged the bus service improvement projects are made possible through strong partnerships with California Air Resources Board, Sacramento Area Council of Governments, Sacramento Metropolitan Air Quality Management District, Center for Transportation and the Environment, New Flyer of America, American River College, Clean Cities Coalition and the County and City of Sacramento. ★



# FRESH PRODUCE



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## Veterans Day: A Tribute to Our Heroes and Their Families



Veterans Day will be celebrated at Sylvan Cemetery on Nov. 11. Photo courtesy of Elise Spleiss



ceremony. This will be Supervisor Frost's last speech to the Citrus Heights community. Photo courtesy of Elise Spleiss

#### By Jim Monteton

#### **CITRUS HEIGHTS, CA (MPG)**

- On Veterans Day, Nov. 11, American Legion Post 637 will hold its annual Veteran's Day ceremony at 11 a.m. at Sylvan Cemetery, 7401 Auburn Blvd. in Citrus Heights.

On this day, we honor the brave men and women who have served our country with dedication and courage. Their sacrifices ensure the freedoms we hold dear and their commitment to protecting

our nation is unwavering. But let us also recognize the silent strength behind these heroes: their families. The spouses, children, parents and loved ones who stand by their side, offering unwavering support and love. Their families endure long separations, face uncertainties and make countless sacrifices, all while proving the emotional anchor that our veterans rely on.

To our veterans: thank you for your service, your

courage and your commitment. To the families, thank you for your strength, your patience and your endless support. Together, you form the backbone of our nation's defense and embody the true spirit of resilience and unity.

On this Veterans Day, let us celebrate not just the individuals in uniform but also the families who stand with them.

Your sacrifices and support are deeply appreciated and your contributions to our country's strength are immeasurable.

Happy Veterans Day! Please join us on Monday, Nov. 11 at Sylvan Cemetery on Auburn Boulevard in Citrus Heights. We begin the ceremony to our veterans at 11 a.m. We urge you to bring your children, both young and older, to be a part of this service.

Jim Monteton is an American Legion Post 637 member. ★

# Bera Announces Launch of Mail Theft Audit

Office of Rep. Ami Bera

last week to several postal facilities in

# **Lincoln Highway Markers Dedicated**



The 12-Mile House is a landmark in Citrus Heights. Photo courtesy of Andrew Saunders

*Continued from page 1* Francisco as the western terminus.

The Lincoln Highway's special place in Citrus Heights history was recognized at an Oct. 7 public ceremony in front of the Sylvan Cemetery where a historical placard installed officially recognizing Auburn Boulevard as part of the Lincoln Highway was dedicated.

The city of Citrus Heights, in partnership with CHANT Neighborhood Area 3 board member Andrew Saunders and the Lincoln Highway Association California Chapter, identified four historical route points along Auburn Boulevard that are now officially marked as points on the historic transcontinental Lincoln Highway.

Multiple city leaders, community members, City Council members and Kelsey Nelson, the CHANT president, attended the unveiling of the placard at Sylvan Cemetery, along with the Lincoln Highway Association California Chapter's president and vice-president.

Saunders said his vision for installing historical placards only became a reality because of the help of the city and General Services director Regina Cave, who helped to bring the idea to fruition.



Lincoln Highway Association California Chapter President Joel Windmiller, left, and Trey Pitsenberger, right, with CHANT Neighborhood Area Three board member Andrew Saunders stand in front of an historical placard officially recognizing Auburn Boulevard as part of the historic Lincoln Highway. Photo by Thomas J. Sullivan

Greenback Lane.

There were once six "mile" houses located in the vicinity of what is now Citrus Heights used as way stations where people who traveled the two-day route between Sacramento and Auburn could spend the night.

One of those old country roads, now known as Auburn Boulevard, ran along a path in Citrus Heights that was used by freight wagons as far back as 1849. At that time, the road ran straight to the city of Auburn until 1864 when the Central Pacific Railroad reached Roseville, according to Citrus Heights Historical Society President Larry Fritz. The city also plans to install a fourth Lincoln Highway placard at the northern city limits when a gateway arch into the city is completed, Cave said. The Lincoln Highway Association (LHA) first published maps and travel guides to encourage drivers to venture out across the United States. Many did so and became the early residents of the community of Sylvan, now incorporated Citrus Heights. While the concept of connecting existing county roadways, which Carl G. Fisher envisioned, to form a transcontinental highway worked, historical records show it left drivers with a confusing maze of road names and highway markers.

"named" highways and transitioned to a numbered highway system.

To this day, a sign at the intersection of Antelope Road and Auburn Boulevard denotes both names, according to the Citrus Heights Historical Society.

In 1926, California Department o f Transportation numbered the highways and Lincoln Highway became Highway 40. Highway 40 was then replaced by Interstate 80 in 1956 when Caltrans built a new roadway from the Marconi Curve to the Atlantic Street overcrossing in Roseville, bypassing Auburn Boulevard completely. At that time, the trail that began as Auburn Road, then Lincoln Highway, then Highway 40, was finally renamed Auburn Boulevard. The bend in the road, however, remains. Today, the bend in that old country road is known as Sylvan Corners and marks the geographic center of Citrus Heights. Auburn Boulevard, Old Auburn Road and Sylvan Road, which all come together at the intersection. Concrete benches installed by the City of Citrus Heights in the early 2000s bearing the lettering "Lincoln 40" at the intersection of Auburn Boulevard and Antelope Road, commemorate the city's own section of the first transcontinental highway and mark an important piece of history in the city.

#### News Release

**SACRAMENTO COUNTY, CA** - On Oct. 30, Representative Ami Bera, M.D. (CA-06) announced that the U.S. Postal Service (USPS) Office of Inspector General (OIG) has officially begun its audit of mail theft mitigation in Sacramento County.

This audit, launched in response to Congressman Bera's request, addresses the growing concern over mail theft across the Sacramento region. The USPS Office of Inspector General is expected to release a report along with recommendations addressing mitigation and responses to mail theft.

"I have heard directly from constituents throughout Sacramento County about their frustrations with stolen or missing mail, which disrupts daily lives and raises concerns about sensitive information, medication, and other essential items being stolen," said Representative Bera. "Every resident of Sacramento County deserves the peace of mind that their mail will arrive securely and on time. I am committed to holding the U.S. Postal Service accountable and ensuring they take the necessary steps to protect our community's mail."

As part of the audit fieldwork, OIG investigators made unannounced visits

Sacramento County. With the goal of reviewing actions to mitigate and respond to mail theft, the OIG has committed to providing Congressman Bera's office with a detailed briefing before releasing the final audit report to the public.

"I appreciate the Office of Inspector General fulfilling my request for this much-needed audit and their dedication to uncovering areas where improvements are needed," Representative Bera added. "Over the next couple of months, I will closely monitor the progress of this audit as we work to ensure that Sacramento County residents receive reliable and secure mail service."

This announcement follows Congressman Bera's ongoing efforts to improve mail service in Sacramento County. Last year, he sent a letter to Postmaster General Louis DeJoy, highlighting the significant increase in mail theft and vandalism in the region.

Residents experiencing mail theft are encouraged to report incidents to the U.S. Postal Inspection Service.

Congressman Ami Bera, M.D. has represented Sacramento County in the U.S. House of Representatives since 2013. The 6th Congressional District is located just east and north of California's capitol city, Sacramento, and lies entirely within Sacramento County. "Visions and dreams don't happen without a date put on it," Saunders said at the start of the dedication ceremony.

Lincoln Highway Association California Chapter Joel Windmiller said, "The chapter really appreciates the efforts of Andy here."

The new placards have since been added to a national Lincoln Highway map, which is accessed through the Lincoln Highway Association's website.

Each rectangular placard design has a brown, red, white, and blue color scheme, with "HISTORIC" written on top across a brown banner, and a large L in the center of the words "LINCOLN HIGHWAY."

Cave said two more historical placards have also been installed along the old Lincoln Highway route, including one on Auburn Boulevard adjacent to the 14-Mile House near Donegal Drive and another on Auburn Boulevard close to the 12-Mile House near Devecchi Avenue, south of

The Lincoln Highway transitioned into Highway 40 in the mid-1920s when the government dropped







# A Third Straight Year with No California Salmon Fishing Early Fish Counts Suggest It Could Happen

#### By Alastair Bland CALMatters.org

Farmers can estimate the size of a harvest months in advance by counting the blossoms on their trees. Similarly, salmon fishers can cast an eye into the future by counting spawning fish in a river. Fishery managers are doing that now in the Sacramento River and its tributaries, and what they're seeing could be a bad sign for next vear.

The low count of returning adult salmon, made by the federally operated Coleman National Fish Hatchery, is preliminary, with several weeks left in the natural spawning period for the Sacramento Valley's fall-run Chinook, backbone of the state's salmon fishing economy.

There is even some possible good news in the numbers - a large percentage of immature Chinook, called "jacks." This demographic slice of the salmon population can be a predictive indicator of ocean abundance for the coming season, and it could be a sign there are more fish in the ocean than many expected — though officials say it's too early to tell.

Overall, the unwelcome numbers, mirroring similar figures from last year, are alarming to people who fish, for they portend the possible continuation of the two-year-and-counting statewide ban on salmon fishing, imposed in 2023 following a weak spawning season.

Already, the loss of revenue from the fishery shutdown has devastated the coastal fishing fleet, which is still waiting for \$20 million in federal funds allocated for disaster relief early this year.

R.J. Waldron, who took recreational anglers salmon fishing on his Emeryville charter boat Sundance for more than a decade, recently sold his vessel. The reduced income was too skimpy to pay the overhead costs of owning a boat and renting a slip. He said relief funds, had they been portioned out, would have kept him afloat.

until we get salmon fishing to work by then still looks back — if we get salmon like a tossup. U.S. Fish and Wildlife Service's Brett Sarah Bates, owner of Galyean, project leader the San Francisco-based at the Coleman hatchery, described "really low" commercial vessel The Bounty, said she drew numbers of 3- and 4-yearabout 90% of her income old adult Chinook. As of from Chinook salmon sales Oct. 29, his staff had collected 4 million eggs from prior to the closure and has helped make ends meet by female fish — less than fishing for other species, one-third the hatchery's like black cod, shrimp and target of 14 to 15 million rockfish. Others, she said, eggs. have been targeting halibut.

The spawning run is drawing toward the end, too, with new arrivals at the hatchery now "slowing down," according to Galyean.

At several other Central Valley hatcheries operated by the California Department of Fish and Wildlife, facility managers have only just started counting salmon, an official said. This means overall numbers could still mount to promising levels. The low returns to Coleman, the state's largest fish hatchery, reflect a longterm decline in Chinook salmon numbers regionwide. As many as 2 million adult Chinook historically spawned in the Central

Valley's rivers, and the fish were a keystone feature of marine and inland ecosystems.

The industrialization of the landscape to produce gold, water, cities, and crops has sent salmon runs tumbling. While the Central Valley's fish hatcheries — built last century to augment the wild stocks – release millions of baby Chinook each year, populations have dropped below fishable levels.

In 2022 officials counted just 69,000 adult fallrun Chinook in the entire Sacramento Valley, with a moderate improvement last year. In the mainstem of the Sacramento River alone, a key spawning destination, annual returns have dropped below 4,000 adults down from an average of almost 60,000 each year from 1990 to 2009.

especially quantity and temperature.

Bates said the Central Valley needs more aggressive floodplain restoration to provide feeding and refuge habitat for small fish, but that sufficient water is the key.

"It's the water — there's no way around it," Bates said. "The water conditions in the Sacramento River and the Delta no longer support juvenile salmon migrating downstream."

Sometimes, the outflow from Lake Shasta and into the Sacramento River during the spawning season is just a few degrees too warm — conditions that can abort millions of eggs and newly born fish and has become a recurring problem in recent years. Hot weather has played a role, though environmentalists say negligent management of the reservoir — especially failure to keep its water sufficiently deep into the late summer — is just as problematic.

water pumps and predators. Thiamine deficiency, a relatively new and emerging ecological hiccup connected to the marine food web, has also impacted Chinook salmon. Climate change is a longterm threat.

Barry Nelson, policy representative for the Golden State Salmon Association, believes the main reason for the Sacramento's salmon collapse has been inadequate river conditions downstream of Shasta, and low smolt survival.

"We sterilized the Sacramento River," he said. "We killed almost all the fish, and rule number one in fisheries management is, if you kill all the



"That would have helped me maintain my boat and basically ride the storm out

At least six more months may pass before financial relief arrives. Barry Thom, executive director of the Pacific States Marine Fisheries Commission which has helped facilitate the grant application process — said in an email that the federal funds could be distributed sometime in May and June of 2025.

Bates said the uncer-

tain outlook has been

disorienting for the men

and women who shape

their lives around a calen-

dar year of fishing seasons

"A lot of us feel a little

and regulations.

untethered," she said.

fishing back," he said.

The odds of whether fishers will be returning

What ails California's salmon is perennially debated. Water users lean on explanations such as invasive species, reduced floodplain habitat, and climate change. Fishery advocates often stress the importance of water,

As the young salmon migrate downstream, they face such perils as low flows, high temperatures, baby salmon, three years later you don't have adult salmon."

Alastair Bland lives in Sonoma County, California. He writes about water, climate, marine research, agriculture and the environment, and his work has appeared at NPR, Time, East Bay Express, Audubon, Hakai, Slate, Smithsonian and other news outlets.

# Salmon Have Returned to Nimbus Fish Hatchery

#### By MPG Staff

#### SACRAMENTO, CA (MPG) -

The American River Fall salmon run is underway and the Nimbus fish hatchery is welcoming visitors with tour opportunities.

#### **Guided Tour of the Nimbus Fish Hatchery**

Visit the Nimbus fish hatchery for a free, family-friendly guided tour to explore the fish hatchery and neighboring American River on the second Saturday of each month.

Learn about the amazing life cycle of salmon and steelhead, walk along the American River and discuss hatchery operations. Participants might see fish and other wildlife, such as migratory birds, signs of mammal activity and cool insects.

Tours are canceled in heavy rain. The tours start at 11 a.m. and are first come, first served with a maximum group size of 25 people. The tour is ADA

accessible and suitable for all ages. For more information, call

916-358-2884 or email molly. shea@wildlife.ca.gov.

#### **Tot Time at Nimbus Fish** Hatchery

The salmon are back and Nimbus fish hatchery is excited to celebrate their return with a salmon-themed "Tot Time" at the Nimbus fish hatchery visitor's center. The event is scheduled for 11 a.m. Sunday, Nov. 17.

Attendees will enjoy

staff-led book readings about salmon, learn about their lifecycle and make some cool fish prints and other fun salmon crafts. The event is ecommended for children ages 2 to 7 years, with parent/ guardian supervision. There is no cost for this event and registration is not required. For more information, email julia. sisneros@wildlife.ca.gov.

The Nimbus fish hatchery visitor center is located at 2001 Nimbus Road, Gold River.





Nimbus fish hatchery staff lead youngsters in exploration of the salmon life-cycle. Courtesy photo



The Nimbus fish hatchery visitor center is the place to learn about the American River Fall salmon run. Courtesy photo

An adult salmon is harvested for eggs or roe as a tour-group watches at the Nimbus fish hatchery. Courtesy photo



What a difference a week makes. Entering last week, the Sacramento Kings had lost all of their preseason games, and the first two games of the regular season.

Enter the Portland Trailblazers on Oct. 28 and the home crowd was treated to what everyone had envisioned the new and improved Sacramento Kings would look like.

DeMar DeRozan carved up the defensive of the Trailblazers along with point guard DeAaron Fox for 23 and 24 points respectively, but the real key was the way DeRozan got to his spots and made his mid-range game look easy.

Combined with the lightning quickness of Fox, this tandem poses a threat to opposing defenses every night, and other teams had better bring their "A" game when they come to Sac Town.

Finally breaking into the win column and lighting the beam for the first time in the 2024/2025 campaign, lifted a heavy weight off the shoulders of the Kings players and fans alike, but the week was not over. Convincing victories on the road over Utah and the Atlanta Hawks gave the Kings a three-game winning streak and lifted the team over 500.

DeRozan looked like a natural fit as the Kings made victories over the Jazz and Hawks look pedestrian, and had the Kings been able to shoot a little better from the charity stripe, it's entirely possible the overtime loss to the Toronto Raptors could have been the Kings 4th win in a row.

Sacramento will wrap up their road trip Monday night against the formidable Miami Heat (after press time), but it's obvious that some of the swagger has returned to the team.

I'm impressed with DeMar DeRozan in nearly every facet of his game, and like Malik Monk, DeRozan will be an asset and a role model as it relates to free throw shooting. An 84% career free throw shooter, DeMar has proven his reliability at the charity strip, and with the Kings coming off the 2023/2024 campaign in the cellar of the NBA in free throw shooting, adding a 6-time all-star that can shoot free throws at a consistently high level, is just what the doctor ordered for the Kings.

Big man and double-double king Domantas Sabonis, like Fox, has struggled in the past from the free throw line, but has looked better so far this season, and has raised his average. It's still early, but if both Fox and Sabonis can get to 80% or better at the line consistently, look for Sacramento to be lighting the beam with increased regularity.

At 3-3 the Kings may not have a gawdy win-loss record, but the last four games have given all the fans a positive look at what the season can look like.

Although DeRozan has already shown he can connect from long range when called upon, he consistently passes up 3-point opportunities for mid-range looks, and he is deadly from the 10 to 15-foot range. DeMar looks so comfortable in mid-range, his stroke is almost effortless, and with that kind of confidence, he poses a serious late game option to go along with Fox and Sabonis.

Shout out to Kevin Huerter who after a subpar start in game one, has returned to what fans have expected to see, and once again, Huerter has shown his acumen both beyond the 3-point line, and driving to the hoop.

Huerter's defense has taken a step forward as well, so we'll give some atta-boys to coach Brown for putting Huerter back in the starting lineup and sticking with him. If we can keep Kevin off the injury list, the 2024/2025 season could be a breakout year for a popular player with a big upside.

More than anything, the recent wins, particularly on the road, are spurring a higher volume of optimism, and look for an already loud arena to get even louder.

For any naysayers that felt it would take a long time for newcomer DeMar DeRozan to fit in, he is well ahead of schedule, and the way he and Fox are sharing the ball is a pleasure to watch.

Stay tuned Kings fans. This is what you've been waiting for, and the best is yet to come!

#### All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.

### **California's Transition Off Carbon Fuels Could Upset Gasoline Supply, Prices**



#### By Dan Walters, CALMatters.org

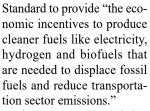
California motorists buy and consume a billion gallons of gasoline each month and are very sensitive about pump prices, which are markedly higher than those in other states. Naturally, they are a political football.

Gov. Gavin Newsom has repeatedly characterized refiners as price gougers, even though most of the differences are caused by taxes, fees and regulatory mandates. Recently, he persuaded the Legislature to pass a watered-down version of his proposal requiring refiners to maintain higher reserves to avoid price spikes.

However the gasoline situation is far more complicated than Newsom's approach, and California may be facing a period of volatility on both supply and price as it attempts to wean itself from combustion-powered transportation, its largest single source of greenhouse gas emissions.

The California Air Resources Board is on the verge of expanding its program of reducing the amount of carbon in the current gasoline recipe, regarded as an interim step before completely converting vehicles to electricity or some other non-polluting power.

Last year, CARB published an analysis of the proposed Low Carbon Fuel



The report estimated that adoption could immediately increase gas prices by 47 cents a gallon and then, "on average, from 2031 through 2046 the proposed amendments are projected to potentially increase the price of gasoline by \$1.15 per gallon, the price of diesel by \$1.50 per gallon and fossil jet fuel by \$1.21 per gallon."

The cost estimate generated a storm of media and political attention and CARB backed off, continuing the adoption process but refusing to put a number on the potential pump price. Last week, the board's top official conducted an electronic press conference in which he stressed positive impacts. but continued to sidestep questions about consumer impacts.

"It's a win-win," executive officer Steven Cliff insisted. "We get public health benefits, we reduce health costs, we see lower costs of driving and we help turbocharge those investments in clean energy infrastructure that helps drive our zero emissions future."

CARB now intends to act on the policy three days after Election Day, without offering any estimate of consumer costs — a potential signal that those costs will be hefty.

While Newsom wants to be remembered as someone who tried to reduce gasoline prices, his governorship probably will be one that substantially increased them.

The other uncertainty is whether California will have enough gasoline, even a variety with less carbon, over the next two decades as it transitions away from carbon fuels altogether.

California once had dozens of refineries producing the state's unique fuel blend, but in recent years just nine. After the Legislature gave Newsom the new laws on gasoline reserves, one refiner, Phillips 66, announced that it would shutter its plant in Southern California that's no longer profitable. The company said the closure had nothing to do with politics.

Very quickly, Valero, which has two refineries in the state, hinted that it may follow suit. CEO Lane Riggs said during a conference call that "all options are on the table" for the company's two California refineries, one in Benicia and the other in Wilmington, because of increasing state regulation of operations.

"Clearly the California regulatory environment is putting pressure on operators out there and how they might think about going forward with their operations," Riggs said.

Transitioning transportation to non-carbon power - while maintaining sufficient and reasonably priced supplies for gas-powered cars until they're replaced was destined to be a fraught process.

If poorly managed, it could be a monumental disaster.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analvsis of the state's political, economic, social and demographic trends.

### Sue Frost's Final Community Meetings



### **Citrus Heights Community Update**



I'm excited to invite you to our final community meetings. It's a great opportunity for us to reflect on our accomplishments and look ahead to what's coming up next.

I hope to see you there! **Remaining Community** Meetings Orangevale Orangevale Community

### Attend My Final Community Meetings

Center (6826 Hazel Ave.) Nov. 12, 6 p.m. **Rio Linda/Elverta** Rio Linda Elverta Recs and Park District (810 Oak Lane) Nov. 13, 6 p.m.

**Rancho Murieta** RMA Community Room (7191 Murieta Parkway) Nov. 16, 6 p.m. Antelope North Highlands-

Antelope Library (4235 Antelope Road)

Nov. 19, 6 p.m. Folsom Georgia Murray Library (411 Stafford St.) Nov. 20, 6 p.m.

Sacramento County Supervisor Sue Frost represents the 4th District, which includes the communities of Citrus Heights, Folsom, Orangevale, Antelope, North Highlands, Rio Linda, Elverta and Rancho Murieta.

(1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loar-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust Ioan is with a lender other than El Dorado Savings Bank, that Ioan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appriatel or property evaluation. This cost will be disclosed in your commitment letter and paid at loan closing. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$525 and under the will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$\$5 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

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## Honor Them

Veteran's Day is a special tribute to all turned to me with no injuries on the veterans who have placed their lives on the line to keep our democracy viable.

They selflessly do the job they are asked to do and do it with respect and great dignity. But let's be honest, unless you were in the military or are part of a military family, you cannot fathom what it's like to live day by day with the thought that he or she may not return. I know that happens with many other careers from police officers to firefighters and others too. But we ask these men and women to go around the world and try to understand how to get



Photo by Timmossholder via Pexels

the job done in some really incredible circumstances.

I had a little of that experience too. Rick (my husband) and I were married about four months when he was deployed to Vietnam. It was a long time ago, but it still hits home every Veteran's Day. I can still feel the emotions he and I felt as we said goodbye at the airport, not knowing if we would ever see each other again, hoping and praying that we would. It was not a popular war as if any war is, but this one was very difficult for those who returned and the names they were called. After several months, we met for R&R in Hawaii. The joy was there, but dread too, because he had to return to Vietnam after just a few days. But we were grateful.

Thank God my First Lieutenant re-

outside, but what about the inside? We never really talked about all that went

> on for quite a few years. I felt he would share when he was ready. Perhaps it was better that he was a little older...about 24... and he took on the job of looking after some of the younger guys to keep them out of trouble. I remember the letters he sent, which I still cherish and the cassette tapes we sent back and forth just talking about stuff. No computers back then.I can still remember hearing the pouring monsoons in the background and how he tried to keep busy painting

his room.

After Hawaii, it was some months before he came home. It was over the New Year holiday, and I can still feel the terror when I did not know where he was as Saigon was falling. I heard nothing for days and then the call came from him that he was in Seattle. I was at Indiana University working on my Phd, but no gift or degree could have given me such joy as when I heard his voice.

I can't even imagine what it would be like to have a chaplain and officer come to my door, or know that his wounds were so bad, he would never be whole again. My love passed last December, but Veteran's Day will always be special.

Please think of these brave souls who keep us every day. Thank them for their service! God Bless Them ALL!

## **Citrus Heights State of the City** Nov. 14

# **Oktoberfest Brings a Bit** of Germany to Citrus Heights



From left, band leader Kurt Walters, Messiah church organist and jazz musician Kevin Hamby and band member Jim Gallegos take a break. Photo by Elise Spleiss

#### By Elise Spleiss

CITRUS HEIGHTS, CA (MPG) -Once again, the Oktoberfest AlpenBand California made its way to Citrus Heights to entertain members and neighbors of Messiah Lutheran Church.

New this year, the sounds of Oktoberfest spread through the surrounding neighborhood, with two hours of rousing polka music along with comedy. This was another official mini-Oktoberfest with everything but the beer.

On Oct. 19, AlpenBand California concluded their 2024 Oktoberfest tour following performances at venues in Chico, Fairfield, Rocklin and Shingle Springs, plus private parties.

This year, band and church member Paul Casem wanted to bring a new aspect to the event, bringing the entertainment outside to reach out to Messiah's neighbors off of Antelope at Rusch Park for an afternoon of family fun. Inside, a lunch of traditional barbequed brats, sauerkraut, salads and other German dishes was served, followed by fancy desserts and red Jello. With the polka and other music right outside the open doors, both those dining indoors and those enjoying the outdoor activities could do some toe tapping. In between music sets, there were games for the kids and teenagers. While kids won prizes at the game booth, teenagers were able to play video games. Children of all ages tried their hand at cornhole. Pumpkin decorating was popular with families, while a traditional Oktoberfest competition, beer stein holding (officially "masskrugstemmen") competitions between kids, ladies and men resulted in prizes for the competitors who could hold their



From left, band members Anjulie Casem plays on keyboard, Paul Casem plays drums, band leader Kurt Walters plays horns and Jim Gallegos is on guitar. Photo by Elise Spleis:



From left, Elise Spleiss, Johndell Stephens, Kevin Groom, Sharon Thorpe and Kent Thorpe enjoy the Oktoberfest celebrations. Photo courtesy of Messiah Lutheran Church

beer stein – actually for this competition, a plastic glass filled with half the amount of liquid, perfectly still without moving the longest. The men's winner, Jeff Reyes, a neighbor, won the grueling event.

In between sets, performance characters Genghis Khan, Yellow Chicken and Pizza Man performed to the delight of those of all ages.

During the show, one song, "Lowenbraulied" was performed with a nine-foot

their audiences of all ages and localities coming back. Adding to the polka repertoire, Walters said he is rewriting the traditional German songs in English with the musical style of his audience. Also, to appeal to a younger crowd, polka bands worldwide are singing popular tunes like "Sweet Caroline," "Country Rose" and "Hey Baby" in other languages such as Spanish, French and Italian.

Walters, originally from Karlsruhe, a city in Southwest Germany, started the band in 1988. He gave a brief history of Oktoberfest. Beer didn't become part of the celebration until 1818. The largest Oktoberfest in the world continues in Munich, Bavaria and officially lasts 16 days. Today, it is all about the beer. described as "a two-week carbohydrate-filled festival of beer and merriment." Mark your calendars. The next Messiah Oktoberfest is scheduled for Oct. 25, 2025. The contact to book for 2025 can be found at http// alpenband.com.

#### City of Citrus Heights News Release

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights invites residents to the Citrus Heights Annual State of the City address on Nov. 14 held at City Hall from 6 to 7:30 p.m.

This is the fifth State of the City address event where the city will provide comprehensive updates about city projects, progress on strategic goals and highlights from the year. You'll also get a preview on upcoming projects, exciting initiatives and future planning. This year's program will feature Mayor Dr. Jayna Karpinski-Costa and City Manager Ashley J. Feeney.

The city also hopes you can join for the Welcome Reception hosted by our Citrus Heights Chamber of Commerce before the address starting at 4:30 p.m. This event provides an opportunity to connect and network with the community leaders, dignitaries, businesses and community organizations who make Citrus Heights a great place to live, work, shop and play. Tickets are \$25 and include admission along with bites and beverages from local Citrus Heights restaurants. Tickets are available to purchase at chchamber.infostarproductions.com. Select "Events" and scroll to Nov. 14, where the State of the City link for registration will be.

Additional information on both events can be found online, as well. Citrus Heights hopes you will join for an evening of connection and celebration of our Citrus Heights community.

alphorn or long horn. The alphorn was a signal horn used by herdsmen and villagers to signal other horns up and down the valley in the Alps.

If there was one unhappy moment during the fun, it was hearing the "No Beer Medley" consisting of "No Beer in Heaven," "Without Beer" and "There's No Beer in Hawaii." Band leader Kurt Walters said that throughout the day, the band played about 30 polkas.

Polka bands worldwide are realizing the importance of keeping their music new and interesting to keep





#### **AMERICAN LEGION POST 637 – CITRUS HEIGHTS, CA**

Are you or a member of your family a Veteran? We can help with any questions you may have about Veteran benefits. You can also become a member as easy as 1,2,3! -Contact us at 916-947-7150 or come to our meeting held the 3rd Tuesday of every month at Citrus Heights City Hall starting at 6:00pm.

#### We look forward to serving you.

# **Ben Ali Shrine Band to Present** Free Concert Nov. 11

#### By Linda Glover

CITRUS HEIGHTS, CA (MPG) - The Ben Ali Shrine Band will perform a free, onehour, open to the public concert at noon Monday, Nov. 11, at the Veterans Community Center, 6921 Sylvan Road in Citrus Heights.

Under the baton of Director Tonya Whennen, the band will play a variety of patriotic and popular favorites in observance of Veterans Day.

Donation envelopes in support of the extraordinary work done by doctors and staff of the Shriners Hospitals for Children -- Northern California, 2425 Stockton Blvd. in Sacramento, will be available on-site. Donations are strictly voluntary.

Ben Ali's history dates back to 1922, highlighted by positive community outreach and support of the Shriners Hospitals for Children. The Ben Ali Shrine Temple is located at 3262 Marysville Blvd. in Sacramento.

Shriners Hospitals for Children --Northern California treats children with complex medical conditions, providing care to families throughout Northern California, the western United States and portions of Mexico and Canada. The free care provided by the local hospital -- and Shriners hospitals throughout the United States -- promotes healing that otherwise would represent an enormous economic burden to affected families.

Acquired in 2013 by founders Jim and Jeanne Rounsavell, the Veterans Community Center has become a community gathering place for veterans of all branches of the U.S. military. The building offers "a place for all vets, past and present, to come and gather among their peers ... and relive their various experiences during military life and just life in general."

### **Social Security Matters** *Why Does the Government Raid Social Security?*



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** The Social Security program is funded by employees and their employers. The federal government does not contribute to the program, right? So why does the federal government feel they have the right to raid the fund? All the money sent to Ukraine and other unnecessary programs could have been used to pay back what they owe to Social Security. **Signed: Disgruntled Senior** 

**Dear Disgruntled Senior:** You are correct that the Social Security program is mainly funded by payroll taxes on employee earnings and by employers who match those employee contributions. FYI, some additional SS revenue is received from income tax on Social Security benefits, as well as from interest on the special issue government bonds held in the Social Security Trust Fund. But the assertion that the Federal Government used (raided) the Social Security Trust Fund for any other purpose is a myth. All Social Security revenue received since the program began in 1937 has been accounted for, and all excess funds are contained in a special Trust Fund in the form of interest-bearing government bonds, reserved to pay future benefits. FYI, the interest on those bonds contributed about \$67 billion to the Trust Fund reserves in 2023.

Social Security revenue, today, is not adequate to pay all benefit obligations, and the extra money needed to pay full SS benefits for everyone is obtained by redeeming Trust Fund reserves. Redemption of those Trust Fund bonds is how the federal government "pays back" the cash loaned to it by Social Security. The excess SS money received from contributions was loaned to the Federal Treasury by the SS Trust Funds, interest-bearing bonds were issued by the government in return for the cash received, and the bonds issued are redeemable as needed by Social Security to pay benefits. FYI, the average interest on the 2023 bonds in the Trust Funds was about 4.125%, whereas the average rate of return on all bonds held in reserve was about 2.387%. This transaction is the same as for any other investment vehicle, except the bonds in the Trust Funds are redeemable at any time without penalty. Said another way, all excess money ever received by Social Security is/was invested in special-issue government bonds, and resides in reserve to pay future benefits, as needed.

"Paying back" the money represented by bonds held in the Trust Funds would not be a wise financial move because it would eliminate all future interest earned by those bonds (again, that interest was about \$67 billion in 2023). Federal money spent for other purposes (e.g., Ukraine) is from the general U.S. Treasury and not from the Social Security Trust Fund, which is held totally separate from the U.S. Treasury. Since inception, all money ever contributed to Social Security has been (and is) used for one purpose (and one purpose only) - to pay Social Security benefits to those eligible (which, by the way, does not include "illegal aliens" or anyone else who is not a legal resident of the United States).

For clarity, Social Security does have a future financial issue because annual benefit obligations are now greater than annual Social Security revenue, and money from the SS Trust Fund is now used to make up the difference. Unless the program is reformed soon, the Trust Fund reserves (about \$2.8 trillion as of 2023) will be depleted and benefits for all Social Security recipients will be cut by about 23% starting in 2033 or 2034 (according to the Trustees of Social Security and the Congressional Budget Office).

Congress needs to act soon to enact Social Security reform to restore the program to fiscal solvency. The Association of Mature American Citizens (AMAC) is steadfastly lobbying Congress to enact the needed Social Security reform as soon as possible.

This article is intended for information purposes only and does not represent legal or financial guidance. To submit a question, visit our website (amacfoundation.org/programs/ social-security-advisory) or email us at ssadvisor@ amacfoundation.org.

# **Right to Judge or Judging Right**



During the past 23 years of writing this column, I've occasionally used my platform to cast a negative spotlight on scoundrels, rascals and scallywags.

I've even gone so far to name the names of the political pundits, candidates and officials who've used their offices to spew hateful rhetoric on the less fortunate.

And I haven't held back my judgments when it comes to the religious field, I've panned plundering preachers for their judgmental-Jesus, churches who've brought politics into the pew, and chaplains who've pressed their views on the sick.

I've censured meandering athletes for their marital missteps, disparaged depraved entertainers, and even called out commanders who forced their religion on their subordinates.

My ruminations have occasionally inspired a few readers to insist that I apologize for my judgmental stance toward their cute celebrity, their precious preacher, or their nuclear network commentator.

Invariably, there are those who measure my words against Matthew 7:1, "Do not judge, or you too will be judged."

Matthew 7:1-5 is not telling us not to judge, it's telling us HOW to judge, Jesus is saying we can't judge hypocritically. He never suggested that we can't ever judge!

The problem with using the verse against your critics to disqualify their judgments is that the verse loses balance without Jesus' commandment from John 7:24, "Stop judging by mere appearances, but instead judge correctly." (NIV) The former verse is an admonition against self-serving judgment; the latter verse allows us to make discerningly helpful judgments.

It's useful to understand that the first verse plays a small, but important part in Jesus' Sermon on the Mount. It chastises the hypocrites who use their judgmental pronouncements as a smoke screen to hide their own inequities.

This kind of judging is hypocritical and it's not restorative as it only serves to help the judge feel better about him or herself. Over the years, I've heard the verse grafted into a popular philosophy that professes that any kind of judging attitude is wrong.

This thinking becomes a flippant way of saying "I'll ignore your shortcomings if you'll ignore mine."

To that I respond, "No. I won't give you a free pass from criticism and neither will I expect one in return."

At the end of the day, a world without discerning judgments will become a lawless one. That's why it's important to mix in Jesus's words from the above-mentioned verse.

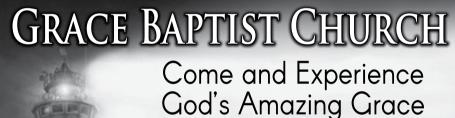
The verse from John 7:24 is a weighty and difficult pronouncement that finds modern clarity in this paraphrase from The Message, "Don't be nitpickers; use your head — and heart! — to discern what is right, to test what is authentically right."

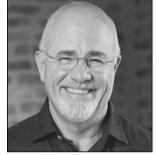
This admonition coaches a more self-reflective attitude toward judgment. It calls for us to apply our discernment in a humble manner. That humility only comes when we acknowledge our own shortcomings.

In other words, even though we may be right in our judgments, we acknowledge that there is a place inside of us that is not yet right — a place that will only be made right in the sight of God.

Finally, while I have used this column to share my assessments about the actions of others, I will not take God's place in determining someone's eternal spiritual fate.

That verdict belongs to God, whose judgments I would never assume and whose endless love I can only imagine.





### **Dave Ramsey Says**

They Handle It? Hang Around for Benefits?



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Dave Ramsey

#### Dear Dave,

My husband and I began your plan a few months ago. We love the process of living on a budget, and how it has helped us gain control of our finances. Our kids are 14 and 13 now. Do you think it's a good idea to include teenagers in budget meetings and financial discussions?

– Paula

Dear Paula,

This is a great question! As long as you're not in an extreme situation, like you're looking at foreclosure or bankruptcy, or you're on the opposite end of the spectrum sitting on a pile of wealth, I think it's a wonderful idea. Teaching kids about money with a standard, regular, monthly budget is one thing. But as a parent, you don't want to put your kids into situations they aren't emotionally equipped to handle.

As long as mom and dad are having a discussion and making decisions not fighting—it's good for kids to hear the give and take where handling money is concerned. Parents who never let their kids handle money, and never teach them proper money management techniques, run a high risk of turning financially irresponsible adults loose in the world. And that's no good for anyone.

But walking through a typical, normal budget will show them how much money is coming in and how much things cost. They'll see on paper exactly how much groceries or the electric bill costs. Then, when it's right there in front of their eyes, they'll begin to realize why mom and dad always tell them not to waste food, and to turn off the lights when they leave a room!

– Dave

### Hang Around for Benefits?

#### Dear Dave,

I am currently serving in the military, and I'm not sure I like the life, or what I'm doing, as much as I did a few years ago. Recently, I was approached with some exciting opportunities outside the military in a different field. I'm not sure what to do. Do you think I should make plans to take advantage of these new opportunities, or should I stick with the military and receive full benefits when I'm eligible to retire in 10 years?

– William

#### Dear William,

There are people who absolutely love the military. It makes a great career for some folks, and I think that's awesome. God bless them—and you—for serving their country that way. But whether you're in the military or a civilian, I think you should do what you love doing.

If you were just a few months away from retirement, I'd probably tell you to bear down and tough it out. That way, it wouldn't be too long before you could explore the new opportunities and have a nice pension coming in. But 10 years is a long time to do anything when your heart's not in it.

Long story short? If you love it, stay. If you don't, get out. Serving in the armed forces is voluntary, and in a sense, that makes it a little like other jobs. Regardless, hanging around for a decade in a job where you're miserable just to collect benefits? That's not a good plan.

#### – Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.







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Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Victory Rd Rides" 3548 Hart Drive, Folsom, County September 23, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 FAST 11-8-24

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Publish: Oct 18, 25, Nov 1, 8, 2024 ARIANA 11-8-24

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2024 Publish: Oct 18, 25, Nov 1, 8, 2024 ELITE 11-8-24

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Publish: Oct 18, 25, Nov 1, 8, 2024 MGX 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07718 V Bondarento V LLC, 7909 Walerga Road, Suite 112-315. Antelope, CA 95843 is doind business under the Fictitious **Business** Name(s) "Bond Express" 6325 San Martin Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County October 8, 2024

Publish: Oct 18, 25, Nov 1, 8, 2024 BOND 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07719 On-Way Logistics Corporation, 4005 Manzanita Avenue, Suite 6-135. Carmichael. 95608 is doing business under the Fictitious Business Name(s) "Onway Auto Transport/On-Way Auto Transport" 4822 Patrol Drive, McClellan Park, CA 95652. Filed with the Clerk of Sacramento County October 8, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 ONWAY 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07530

Aileen Usac and Raymond Sacramento, CA 95828 are doing business under the Fictitious Business Name(s) "Aileen's Delish" 2425 Sierra Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 1, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 AILEENS 11-8-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-06871 Center for Psychological Services, LLC, 400 Skokie Boulevard, Suite 245, Northbrook, IL 60062 is doing business under the Fictitious Business Name(s) "Center for Special Education Services" 400 Skokie Boulevard, Suite 245, Northbrook, IL 60062. Filed with the Clerk of Sacramento County September 9, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 CENTER 11-8-24

Heights, CA 95610. Filed with the Clerk of Sacramento County September 25, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 KARNO 11-8-24

LEGAL

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07231 ES Cal II LLC, 9350 South Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Montessori Country Day at Riverlake" 7575 Rush River Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County September 20.2024

Publish: Oct 18, 25, Nov 1, 8, 2024 MONTESSORI 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07596 Cathy Marvos, 7125 Brayton Avenue, Citrus Heights, 95621 is doing business under the Fictitious Business Name(s) Serene Residential Livina/ Serene Residential Assisted 7125 Brayton Avenue, Living" Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 3, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 SERENE 11-8-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07405 WD Investment Company Inc, 9494 Vallejo Drive, Orangevale, CA 95662 is doing business under the Fictitious Business "B&L Properties/5" Name(s) Apartments" 9494 Street Valleio Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 27,2024

Publish: Oct 18, 25, Nov 1, 8, 2024 B&L 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07750 Sergev Okunev, 6430 Verner Avenue, Apt #118, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Advanced Air" 6430 Verner Avenue, Suite #118, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 9, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 ADVANCED 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07409

Viktor Shostak, 5431 President Avenue, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) 'Shop2Run" 5431 President Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 27.2024 Publish: Oct 18, 25, Nov 1, 8, 2024

11-8-24 SHOP

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07684

Alex Maystryshin, 4941 Jolana Lane. North Highlands. CA 95660 is doing business under the Fictitious Business Name(s) "AK Innovations" 4941 Jolana North Highlands, CA Lane. 95660. Filed with the Clerk of Sacramento County October 7, 2024

Publish: Oct 18, 25, Nov 1, 8, 2024 AK 11-8-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06970

Folsom, CA 95630. Filed with the Clerk of Sacramento County September 30, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

11-15-24

ΑΟΥΕ ΚΤΙ ΣΙΝ G

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07729 Moxie Realty Group LLC, 3775 N Edge Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Moxie Realty Group" 4110 Truxel Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 8, 2024

Publish: Oct 25, Nov 1, 11, 15, 2024 MOXIE 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07812 Ninh Dickinson, 9248 Carla Way, Sacramento, CA 95826 and Phuong Hue Nguyen, 7043 Kenneth Avenue, Citrus Heights, CA 95610 are doing business under the Fictitious Business Name(s) "Novel Nails + Day Spa' 5880 Antelope Road, Suite #100. Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County October 11, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 NOVEL 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07824 Sheena L. Whitt, 117 Fountain Oaks Circle, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) 'CeeJay Crochets" 117 Fountain Oaks Circle, Sacramento, CA 95831. Filed with the Clerk of Sacramento County October 15,

2024 Publish: Oct 25, Nov 1, 11, 15, 2024 11-15-24 CEEJAY

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07804 Ludmilla Petrenko and Andrew Petrenko, 3930 Tarmigan Drive, Suite 512, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) Sunny Shine Cleaning" 3930 Tarmigan Drive, Apt 512, Antelope, CA 95843. Filed with the Clerk of Sacramento County October 11, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

STATEMENT FBNF2024-07854 Cathryn Vasquez, 2708 Parque Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Glamgurl By Kitty" 5501 Power Inn Road, Suite 100, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 15, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07676 1848 Avenue, Boucher, Sacramento, CA 95818 is do-

FICTITIOUS BUSINESS NAME

CA 95670. Filed with the Clerk of Sacramento County October 10,2024 Publish: Oct 25, Nov 1, 11, 15, 2024

KOALITY 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07680 Nevova Transportation, LLC 765 North Main Street, Suite 149, Corona, CA 95878 is doing business under the Fictitious Business Name(s) "Nevoya" 765 North Main Street, Suite 149. Corona, CA 95878. Filed with the Clerk of Sacramento County October 7, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

**NEVOYA** 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07232 Robertson Design LLC, PO Box 13003, Baltimore, MD 21203 is doing business under the Fictitious Business Name(s) Ex Advisorv "Cap Group 202 Kali Court, Parkton, MD 21120. Filed with the Clerk of Sacramento County September 20.2024 Publish: Oct 25, Nov 1, 11, 15, 2024

CAP 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07923 Nicholas Smith, 1719 West Socap Walk, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Revel Athletix" 1719 West Socap Walk, Sacramento, CA 95811. Filed with the Clerk of Sacramento County October 17, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

REVEL 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07851 Christine Karstens, 1209 Watt Avenue, Sacramento, CA 95864 is doing business under the Fictitious Name(s) Business "California Backyard Solutions 1209 Watt Avenue, Sacramento, CA 95864. Filed with the Clerk of Sacramento County October 15, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024

BACKYARD 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07826 Elvira Kapurkina, 5742 Callie Lane, Apt E. Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Scooby Scrub Cleaning" 5742 Callie Lane, Apt E, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 15, 2024

Publish: Oct 25, Nov 1, 11, 15, 2024 SCOOBY 11-15-24

**FICTITIOUS BUSINESS NAME** STATEMENT FBNF2024-07910 Fideleidis Kindelan Hernandez. 10163 Badger Creek Lane, Wilton, CA 95693 is doina business under the Fictitious Business Name(s) "La Cubanita" 10163 Badger Creek Lane. Wilton, CA 95693. Filed with the Clerk of Sacramento County October 16, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 CUBANITA 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07971 RTS Trans Inc, 2813 Tartarain Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "G&B Truck & Trailer Repair" 2813 Tartarain Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County October 18, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 G&B 11-15-24 FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08079 Laura Thomas, 3500 64<sup>th</sup> Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Street64 Event Support" 3500 64th Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 22, 2024 Publish: November 1, 8, 15, 22, 2024 11-22-24 STREET64

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

September 13 2024 Publish: November 1, 8, 15, 22, 2024 11-22-24 CAVMAC

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07873 ACR Electrical & Plumbing Corp., 5840 Gibbons Drive, Suite F, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "ACR Roofing Systems" 5840 Gibbons Drive, Suite F. Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 15, 2024

Publish: November 1, 8, 15, 22, 2024 ACR 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07933 Enterprise USA, Inc, 5045

College Oak Drive, Suite A Sacramento, CA 95841 is doing business under the Fictitious Name(s) Business "Stone Monuments" 5045 College Oak Drive, Suite A, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 17, 2024

Publish: November 1, 8, 15, 22, 2024 STONE 11-22-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08000 Lavish Lapdog Mobile Groomers LLC, 1229 Jonas Avenue, Apt 2, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Lavish Lapdog Mobile Groomers/Lavish Lapdog Mobile Dog Groomers' 1229 Jonas Avenue, Apt 2 Sacramento, CA 95864. Filed with the Clerk of Sacramento County October 18, 2024 Publish: November 1, 8, 15, 22, 2024 LAVISH 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08064

V K Limousines LLC, 3622 Rid Rosa Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) VK Limo" 3622 Rio Rosa Way Sacramento, CA 95834. Filed with the Clerk of Sacramento County October 22, 2024 Publish: November 1, 8, 15, 22, 2024

VK 11-22-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07751 Zam Transfer Services Inc. 5200 Stockton Boulevard, Suite 120, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Zam Transfer Sacramento" 5200 Stockton Boulevard, Suite 120, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 9, 2024 Publish: November 1, 8, 15, 22, 2024

ZAM 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08090 Mehran Ferdosian Najafabadi, 7931 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "World Appliance" Auburn 7931 Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 23. 2024 Publish: November 1, 8, 15, 22, 2024

WORLD 11-22-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07963 ive Mortgage LLC, 36 Eagle View Drive, Cartersville, GA 30121 is doing business under the Fictitious Business Name(s) Mortgage/Reverse "Live Shopper" 36 Eagles View Drive, Cartersville, GA 30121. Filed with the Clerk of Sacramento County October 17, 2024 Publish: November 1, 8, 15, 22, 2024 LIVE 11-22-24

SUNNY 11-15-24 FICTITIOUS BUSINESS NAME

GLAM 11-15-24 Alexandra Burch and Quinton

ing business under the Fictitious Business Name(s) "Storied and Sound" 1848 2<sup>nd</sup> Avenue, Sacramento CA 95818 Filed with the Clerk of Sacramento County October 7, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 STORIED 11-15-24

STATEMENT FBNF2024-07630

CA 95630. Filed with the Clerk of Sacramento County September 30, 2024

Publish: Oct 18, 25, Nov 1, 8, 2024 ABANA 11-8-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07654 Alvearium Marketing Inc.

11344 Coloma Road, Suite 550, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Hive Promotions Management Inc./Strike 3 Connections Inc. 11344 Coloma Road, Suite 550, Gold River, CA 95670. Filed with the Clerk of Sacramento County October 4, 2024

Publish: Oct 18, 25, Nov 1, 8, 2024 HIVE 11-8-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07287

Denis Prosvirnin, 6830 Walerga Road, Apt #28, Sacramento, ČA 95842 is doing business under the Fictitious Business Name(s) "Korea-Motors" 6830 Walerga Road, Apt #28, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 23.2024

Publish: Oct 18, 25, Nov 1, 8, 2024 KOREA 11-8-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07643 Fill In The Blank FC LLC.

7484 Holworthy Way, Apt 230, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "(Fill In The Blank) Food Company" "(Fill In 7484 Holworthy Way, Apt 230, Sacramento, CA 95842. Filed with the Clerk of Sacramento County October 4, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 FILL 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07292 Brian Fasciola, 171 Glenville Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "EPIC Windows Plus" 171 Glenville Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 23.2024

Publish: Oct 18, 25, Nov 1, 8, 2024 EPIC 11-8-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07281

Fasteaglemotors, LLC, 6381 Auburn Boulevard, Suite A, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Fasteaglemotors, LLC" 6381 Auburn Boulevard, Suite A, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07541 Cosmistack, Inc., PO Box 1814, Clovis, CA 93613 is doing business under the Fictitious Business Name(s) "Firewalls4less/Firewallsforless" 1401 21<sup>st</sup> Street, Suite R Sacramento, CA 95811. Filed with the Clerk of Sacramento County October 1, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 FIREWALL 11-8-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07400

Jacob Leathem, 5217 Rambler Way, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "NorCal Hires" 5217 Rambler Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 26, 2024

Publish: Oct 18, 25, Nov 1, 8, 2024 NORCAL 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07651 MJR Mgmt, LLC, 2108 N Street Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Boom MJR Mgmt" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County October

4 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 MJR 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07343 Igor Karnaukhov, 7574 Sylvan Valley Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Karno Remodeling" 7574 Sylvan Valley Way, Citrus

J T Galindo Inc. PO Box 7581. Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Creekside Coin Wash/Greenback Coin Wash" 5733 Hawkeye Lane, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024 CREEKSIDE 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07648 NorCal Spas LLC 4318 Lafayette Drive, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "AquaLux" 1126 Sibley Street, Suite E, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 4, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024

AQUALUX 11-8-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-06207 Charles Richard Perry, 7441 Morningside Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Precision Maintenance" 7441 Morningside Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 13, 2024 Publish: Oct 18, 25, Nov 1, 8, 2024

PRECISION 11-8-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07617 David M Gomez, 7745 Glenn Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Corazon Pan y Cafecito" 7745 Glenn Avenue, Citrus Heights, CA 95610. Filed with the Člerk of Sacramento County October

4,2024 Publish: Oct 18, 25, Nov 1, 8, 2024 11-8-24 CORAZON

#### FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07336 Mr Habibi Corp, 8061 Florin Road, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Fastrip Food Stores 8895" 8061 Florin Road, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 25.2024

Publish: Oct 25, Nov 1, 11, 15, 2024 FASTRIP 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07457

Brian Pugh, 1591 Bonanza Lane, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Pepe Consulting" 1591 Bonanza Lane,

Sergiy Kuzin, 5741 Audrey Way, Fair Oaks, CA 95628 is doing business under the House Business Name(s) "KS Tax Services" 7921 Kingswood business under the Fictitious Drive, Suite A5-E, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 4. 2024

Publish: Oct 25, Nov 1, 11, 15, 2024 11-15-24 KS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07652

Brahm Enterprises, LLC, 3924 Arden Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Burjeon" 3924 Arden Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County October 4, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 BURJEON 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07809 Amanda Semeryuk, 4430 Middlebury Way, Mather, CA 4430 95655 is doing business under the Fictitious Business Name(s) "Dreamy Sweet Treats" 4430 Middlebury Way, Mather, CA 95655. Filed with the Clerk of Sacramento County October 11, 2024

Publish: Oct 25, Nov 1, 11, 15, 2024 DREAMY 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07667

The Tucker Legacy Group LLC, 2520 Venture Oaks Way, Suite 120, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) 'Being Indie Is Major'' 2520 Venture Oaks Way, Suite 120, Sacramento, CA 95833. Filed with the Clerk of Sacramento County October 7, 2024 Publish: Oct 25, Nov 1, 11, 15, 2024 BEING 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07760

Apple Pie Payments LLC, 1540 Castec Drive, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "La Bouchere" 1540 Castec Drive. Sacramento. CA 95864. Filed with the Clerk of Sacramento County October 9,

Publish: Oct 25, Nov 1, 11, 15, 2024 BOUCHERE 11-15-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07777

Talia Wilmes, 2185 Eden River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Koality Solutions" 2185 Eden River Court, Rancho Cordova, FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07009 Andrei Songorov, 3685 Elkhorn Boulevard, Building 9, Unit 912, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Gagauz Moving" 3685 Elkhorn Boulevard, Building 9, Unit 912, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 12.2024

Publish: November 1, 8, 15, 22, 2024 11-22-24 GAGAUZ

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08033 Kaela Sedigh, 5800 Madison Avenue, Sacramento, CA 95841 is doing business under the Business Name(s) Fictitious "Brownie Barista" 5800 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 18, 2024 Publish: November 1, 8, 15, 22, 2024

BROWNIE 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07853 Jeremy Hansen and Brittany Chezem, 4815 College Oak Drive, #19, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Integrated Dental Services 4815 College Oak Drive, #19, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 15, 2024 Publish: November 1, 8, 15, 22, 2024 INTEGRATED 11-22-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07062 Cavanaugh Macdonald Consulting, LLC, 3550 Busbee

Parkway, Suite 250, Keenesaw, GA 30144 is doing business under the Fictitious Business Name(s) "CavMac" 3550 Busbee Parkway, Suite 250, Keenesaw, GA 30144. Filed with the Clerk of Sacramento County

FICTITIOUS BUSINESS NAME

STATEMENT FBNE2024-07883 Lourdes Guevara Valdez, 3928 50th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "LuLu's Cakes" 3928 50<sup>th</sup> Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 16, 2024 Publish: November 1, 8, 15, 22, 2024 LULUS 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08078 Chou's Dumpling LLC, 2080 Fair Oaks Boulevard, Suite 160, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Tasty Dumpling" 2080 Fair Oaks Boulevard, Suite 160, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 22, 2024 Publish: November 1, 8, 15, 22, 2024 TASTY 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07711

Tequileros Group Inc, 121 School Street, A, Lodi, Ca 95240 is doing business under the Fictitious Business Name(s) "Tequileros Taqueria" 801 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 8, 2024

Publish: November 1, 8, 15, 22, 2024 TEQUILEROS 11-22-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08104

Onyinyechi Nwangene, 3585 Damora Avenue Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Giftsary" 3585 Damora Avenue Sacramento, 95835. Filed with the Clerk of Sacramento County October 23, 2024

Publish: November 1, 8, 15, 22, 2024 GIFTSARY 11-22-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07284 Aaron Hesketh, 1006 24<sup>TH</sup> Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sunny Side Barbershop" 1006 24<sup>™</sup> Street, Sacramento, CA 95816. Filed with the Clerk

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-0027355 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 345073 – March 12, 2020

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#### FICTITIOUS BUSINESS NAME STATEMENTS

of Sacramento County September 23, 2024 Publish: November 1, 8, 15, 22, 2024 SUINNY 11-22-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07870

TXEN Partners, LLC, 1325 J Street, Suite 1550, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Home Protection Direct" 1325 J Street, Suite 1550, Sacramento, CA 95814. Filed with the Clerk of Sacramento County October 15, 2024 Publish: November 8, 15, 22, 29, 2024 HOME 11-29-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08193 DPSK Corp, 6431 Riverside Boulevard, Sacramento, CA, 95831 is doing business under the Fictitious Business Name(s) "Campus Shell" 2270 Fair Oaks Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County October 28, 2024

Publish: November 8, 15, 22, 29, 2024 CAMPUS 11-29-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08194 DPSK Corp, 6431 Riverside Boulevard, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Greenhaven Shell" 6431 Riverside Boulevard, Sacramento, CA 95831. Filed with the Clerk of Sacramento County October 28, 2024 Publish: November 8, 15, 22, 29, 2024

GREENHAVEN 11-29-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08224

LW Tumble LLC, 4010 Las Pasas Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Little Whale Tumble School" 2458 Avalon Drive, Sacramento, CA 95864. Filed with the Clerk of Sacramento County October 29, 2024

Publish: November 8, 15, 22, 29, 2024 LITTLE 11-29-24

#### FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08055

Gabriel McCrea LLC, 4505 Armadale Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "McCrea Motors Automotive Brokers/Gabriel Cray/Monevisor/ Avid Closet" 4505 Armadale Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 21, 2024

Publish: November 8, 15, 22, 29, 2024 MCCREA 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08171 Malik Anan Liddawi, 5800 Madison Avenue, #T, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "BaBas BBQ TriTip" 5800 Madison Avenue, #T, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 28, 2024

Publish: November 8, 15, 22, 29, 2024 BABAS 11-29-24 Business Name(s) "Friendlates" 801 Alhambra Boulevard, Suite 3, Sacramento, CA 95818. Filed with the Clerk of Sacramento County October 25, 2024 Publish: November 8, 15, 22, 29, 2024 FRIENDLATES 11-29-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08157 Joseph George Medeiros, 7597 Sycamore Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Plants By Joe" 7597 Sycamore Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 25, 2024

Publish: November 8, 15, 22, 29, 2024 PLANTS 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08149 Chafic El Hayek, 7886 Bothwell Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Reliable Cooling & Heating" 7886 Bothwell Drive, Sacramento, CA 95829. Filed

with the Clerk of Sacramento County October 25, 2024 Publish: November 8, 15, 22, 29, 2024

RELIABLE 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08195 Emerald Kitchen & Bath Inc, 4909 Auburn Boulevard, Suite 1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Emerald Kitchen & Bath" 4909 Auburn Boulevard, Suite 1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 28, 2024

Publish: November 8, 15, 22, 29, 2024 EMERALD 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08218 Advanced Machine Group, LLC, 2205 Brunton Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Apex Auto Group" 1564 Sana Ana Avenue, Unit 100A2, Sacramento, CA 95838. Filed with the Clerk of Sacramento County October 29,

2024 Publish: November 8, 15, 22, 29, 2024 APEX 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08229 Christopher Johnson, 8007 Sunrise Boulevard, #116, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Zen-Air Solutions" 8007 Sunrise Boulevard, #116, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 29, 2024

Publish: November 8, 15, 22, 29, 2024 ZEN 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08178 Samiullah Yawari, 1114 Southwick Lane, Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "Union Auto Glass" 1114 Southwick Lane, Lincoln, CA 95648. Filed with the Clerk of Sacramento County October 28, 2024 Publish: November 8, 15, 22, 29, 2024

UNION 11-29-24 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07836

#### ORDER TO SHOW CAUSE CHANGE OF NAME #24CV020142

Hans Backer; AKA Abraham Lukas Solberg; AKA Hans Andreas Backer; AKA Hans Oluf Backer, Jr. has filed a petition with this court for a decree changing the name(s) of Hans Backer; AKA Abraham Lukas Solberg; AKA Hans Andreas Backer; AKA Hans Oluf Backer, Jr. to Hans Andreasen Backer.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 18, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 4, 2024

Richard K. Sueyoshi, Judge of the Superior Court Publish: Oct 18, 25, Nov 1, 8, 2024 BACKER 11-8-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME

#24CV019653 Ngoc Hoang Ta has filed a petition with this court for a decree

changing the name(s) of Ngoc Hoang Ta to Joell Ngoc Hoang. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 13, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: September 30, 2024 Richard K. Sueyoshi, Judge of

the Superior Court Publish: Oct 18, 25, Nov 1, 8, 2024 HOANG 11-8-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV018243

Christopher Paul Hancock has filed a petition with this court for a decree changing the name(s) of Christopher Paul Hancock to Chrystopher Aurelius Kyng.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 14, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Catober 16, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: Oct 25, Nov 1, 8, 15, 2024 KYNG 10-15-24

 
 KYNG
 10-15-24

 SUPERIOR COURT OF CALIFORNIA
 COUNTY OF SACRAMENTO

 ORDER TO SHOW CAUSE
 CHANGE OF NAME #24CV020798

 Arnolyn San Andres has filed a petition with this court for a decree changing the name(s) of Hope Charkyn San Andres to

of Hope Charlyn San Andres to Hope Bautista San Andres.

#### ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021856

Kelly Kim Huynh aka Lan Kim Huynh has filed a petition with this court for a decree changing the name(s) of Kelly Kim Huynh aka Lan Kim Huynh to Kelly Win. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 27, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 29, 2024 Christopher E. Krueger, Judge of

Christopher E. Krueger, Judge of the Superior Court Publish: November 8, 15, 22, 29, 2024 WIN 11-29-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021592 Maytham Salman Wadi Al Janabi

and Nuha Abbas Jawad have filed a petition with this court for a decree changing the name(s) of Abdullah Maytham Salman to Abdullah Maytham Al Janabi and Aya Maytham Al Janabi to Aya Maytham Al Janabi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 20, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: October 24, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: November 8, 15, 22, 29, 2024 MAYTHAM 11-29-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE

CHANGE OF NAME #24CV021865

Peter John Morgera has filed a petition with this court for a decree changing the name(s) of Peter John Morgera to Sabir Talib Muhammad.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 29, 2024

Richard K. Sueyoshi, Judge of the Superior Court Publish: November 8, 15, 22, 29, 2024

Publish: November 8, 15, 22, 29, 2024 SABIR 11-29-24

#### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARY E. FERNANDEZ, AKA MARY ELLEN FERNANDEZ, AKA MARY ELLEN MAGAYAC FERNANDEZ

CASE NO. 24PR003020 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Michael Yee, 4010 South Land Park Drive, Suite B, Sacramento, CA 95822: (916) 927-9001 Publish: Oct 25, Nov 1, 8 FFRNANDF7 11-8-24

> NOTICE OF PETITION TO ADMINISTER ESTATE OF WILMA JOY ABBOTT CASE NO. 24PR002744

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Wilma Joy Abbott.

A Petition for Probate has been filed by Joan E. van Velsor, in the Superior Court of California, County of Sacramento, requesting Joan E. van Velsor be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows December 5, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

Publish: Oct 18, 25, Nov 1, 8, 2024. CAREER 11-8-24

#### SUMMONS

ANOTHER SUMMONS Case No. CV10-24-4022 PARADISE ACRES INVESTMENTS

LLC, Plaintiff, V. CITY OF UCON, THOMAS S. O'CONNER, MAURYA L. SPECK, ASHLEE C. HOPPE, Heirs & Devises of the Estate of MARGARET O'CONNER aka of Margaret Elizabeth O'Conner, deseased & JOHN DOES and JANE DOES I through X, being parties unknown who may claim an interest in the real property more particularly described as: The certain tract or parcel of land situated in the County of Bonneville, State of Idaho, and more particularly described as follows: Lot 7, Block 33, Plat "B" Andrus Subdivision, according to the plat thereof, records of Bonneville County, Idaho, Defendants

NOTICE: YOU HAVE BEEN SUED BY THE ABOVE-NAMED PLAINTIFF: THE COURT MAY ENTER JUDGMENT AGAINST YOU WITHOUT FURTHER NOTICE UNLESS YOU RESPOND WITHIN 21 DAYS. READ THE INFORMATION BELOW.

ANOTHER SUMMONS - 1

TO: THOMAS S. O'CONNER You are hereby notified that in order to defend this lawsuit, an appropriate written response must be filed with the above designated court at 605 N Capital Ave, Idaho Falls, ID, within 21 days after service of this Summons on you. If you fail to so respond, the court may enter judgment against you as demanded by the Plaintiff in the Complaint. A copy of the Complaint is served with this Summons. If you wish to seek the advice of or representation by an attorney in this matter, you should do so promptly so that your written response, if any, may be filed in time and other legal rights protected. An appropriate written response requires compliance with Rule 10(a)(1) and other Idaho Rules of Civil Procedure and shall also include:

1. The title and number of this case.

2. If your response is an Answer to the Complaint, it must contain admission or denials

 of the separate allegations of the Complaint and other defenses you may claim. Your signature, mailing address and telephone number, <u>or</u> the signature, mailing address and telephone number of your attorney.

 Proof of mailing or delivery of a copy of your response to plaintiffs attorney, as designated above.

To determine whether you must pay a filing fee with your response, contact the Clerk of the above-named court.

Publish: Oct 25, Nov 1, 8, 15, 2024

#### THOMAS 11-15-24 SUMMONS (CITACION JUDICIAL)

CASE NUMBER: 24CV001606 NOTICE TO DEFENDANT: Annamarie Bessette and Does 1-20

YOU ARE BEING SUED BY PLAINTIFF: Arthur Rosales Cayabyab.

NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you

to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court. There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia. org), the California Courts Online Self-Help Center (www.courtinfo. ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 dias, la corte puede decidir en su contra sin escuchar su version. Lea la informacion a continuacion. DIAS Tiene 30 DE CALENDARIO despues de que le entreguen esta citacion y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefonica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas informacion en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentacion, pida al secretario de la corte que le de un formulario de exencion de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podra quitar su sueldo,

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08164

NorCal Quick Transport LLC, 6916 5<sup>th</sup> Avenue, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Norcal Quick Transport" 6916 5<sup>th</sup> Avenue, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County October 25, 2024

Publish: November 8, 15, 22, 29, 2024 NORCAL 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08159

Stacy Alicia Tyler, 665 New York Ranch Road, Suite 3, Jackson, CA 95642 is doing business under the Fictitious Business Name(s) "Gold Country Legal Group" 665 New York Ranch Road, Suite 3, Jackson, CA 95642. Filed with the Clerk of Sacramento County October 25, 2024

Publish: November 8, 15, 22, 29, 2024 GOLD 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08165 Infinite Management Group, LLC, 3837 Sunnyvale Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "1Infinite House/2Infinite House" 3837 Sunnyvale Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 25, 2024

Publish: November 8, 15, 22, 29, 2024 INFINITE 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08172 Liddawi Enterprise, 2110 Big Sky Drive, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Commercial Shared Kitchen" 5800 Madison Avenue, Suite T & S, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 28, 2024 Publish: November 8, 15, 22, 29, 2024 COMMERCIAL 11-29-24

#### FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-07439 Christian Tyler Pack, 8808 Dryden Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Pool pHorce" 8808 Dryden Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 27, 2024

Publish: November 8, 15, 22, 29, 2024 POOL 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08163 Krystina Davis, 2212 U Street, Sacramento, CA 95818 is doing business under the Fictitious Sandhiveeraswamy LLC, 1350 Broadstone Parkway, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Chennai Bamboo Garden" 2784 E Bidwell Street #300, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 15, 2024 Publish: November 8, 15, 22, 29, 2024 CHENNAl 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08231 Bizcoach, LLC, 1968 S Coast Highway, Suite 2535, Laguna Beach, Ca 92651 is doing business under the Fictitious Business Name(s) "Bizcoach, LLC" 1968 S Coast Highway, Suite 2535, Laguna Beach, Ca 92651. Filed with the Clerk of Sacramento County October 29, 2024

 Publish: November 8, 15, 22, 29, 2024

 BIZCOACH
 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08245 Aviation Fuel Services, LLC, 6133 Freeport Boulevard, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Mather Jet Center" 10360 Macready Avenue, Mather, CA 95655. Filed with the Clerk of Sacramento County October 30, 2024

Publish: November 8, 15, 22, 29, 2024 MATHER 11-29-24

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2024-08124 6537 Mark Kozachenko. Campfire Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Koz General Contracting" 6537 Campfire Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 24, 2024

Publish: November 8, 15, 22, 29, 2024 KOZ 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07986 SM Ebiga Korean Restaurant, 7860 8<sup>th</sup> Street, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "SM Ebiga Korean Restaurant" 5825 Manzanita Avenue Suite 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 18, 2024 Publish: November 8, 15, 22, 29, 2024

M 11-29-24

#### ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 26, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 15, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: Oct25, Nov 1, 8, 15, 2024 ANDRES 11-15-24

> SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021016

Yolanda Marie Miller aka Yolanda Marie Evans has filed a petition with this court for a decree changing the name(s) of Yolanda Marie Miller aka Yolanda Marie Evans to Yolanda Marie Miller Evans.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 13, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 18, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: Nov 1, 8, 15, 22, 2024 EVANS 11-22-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021088 Georgia Paunovich has filed a petition with this court for a de-

cree changing the name(s) of Georgia Paunovich to Djurdjija Milojevic. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on February 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: October 21, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: Nov 1, 8, 15, 22, 2024 MILOJEVIC 11-22-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO or estate, or both, of Mary E. Fernandez, aka Mary Ellen Fernandez, aka Mary Ellen Magayac Fernandez.

A Petition for Probate has been filed by Justin D. Alcee, in the Superior Court of California, County of Sacramento, requesting Justin D. Alcee be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 21, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Joan E. van Velsor, 8470 Friar Tuck Way, Fair Oaks, CA 95628; (916) 715-6585

Publish: November 8, 15, 22, 2024 ABBOTT 11-22-24

#### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2020-05206

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Sierra Sewing Supply, 11973 Mircado Way, Rancho Cordova, CA 95742.

From The Porch LLC, 11973 Mircado Way, Rancho Cordova, CA 95742.

The Fictitious Business Name Statement was filed on 8/6/2020 in the County of Sacramento. Filed with the clerk of Sacramento County: 10/4/2024. Publish: Oct 18, 25, Nov 1, 8, 2024 SIERRA 11-8-24

#### STATEMENT OF WITHDRAWALFROM PARTNERSHIP

#### STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER FICTITIOUS BUSINESS NAME FILE #FBNF2024-02798

The following person(s) has/ have withdrawn as a general partner(s) from the partnership operating under the FICTITIOUS BUSINESS NAME "Career And Minds," located at 1968 Misty meadow Drive, Folsom, CA 95630. Ambethkar Venkatraman, 1968 Misty Meadow Drive, Folsom, CA 95630. The Fictitious Business Name Statement for the partnership was filed on April 12, 2024 in the County of Sacramento. Filed with the Clerk of Sacramento County on October 7, 2024.

#### LEGAL DVER S Carmichael Times Adjudicated For and By the County of Sacramento, Adj Rancho Cordova Independent Adjudicated For and By the County of Sacramento

Summer Coraova inaepenaent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 202 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1000

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#### SUMMONS

Legal Advertising Hotline

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Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remision a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes

California. (www.sucorte. de ca.gov) o poniendose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas v los costos exentos por imponer un gravamen sobre cualquier recuperacion de \$10,000 o mas de valor recibida mediante un acuerdo o una concesion de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desechar el caso

The name and address of the court is: (El nombre v direccion de la corte es): Sacramento Superior Court, 720 9th Street. Sacramento, CA 95814

The name, address and telephone number of plaintiff's attorney, or plaintiff without an attornev is: (El nombre, la direccion y el numero de telefono del abogado del demandante. o del demandante que no tiene abogado, es): Alex J. Phoong, Riverside Boulevard, 2725 Sacramento, CA 95818; 916-

273535 – March 12, 2020 March 21, 1988

Legal Advertising 7144 Fair Oaks Blvd #5 Carmichael, CA 95608

993-8220, ext. 118 Date: (Fecha) 1/31/2024 Clerk (Secretario) R. Fisher, Deputy (Adjunto) Publish: November 1, 8, 15, 22, 2024 BESSETTE 11-22-24



# **Cell Phone Restrictions Increasingly Implemented in Area Schools**

SacSchool

#### By Adam Abolfazli, **Rio Americano High School**

SACRAMENTO, CA (MPG) - Before freshmen and sophomores ever make it to their desks in an English classroom at Rio Americano High School, their cell phones are immediately stored in a collection caddy, where they remain until the period ends. But when they return for social studies classes to the room next door, they are free to check texts or step aside to take a call.

The fate of cell phones at Rio Americano - that individual teachers dictate their own policies for in-class use absent a campus-wide rule - is illustrative of the 91% of U.S. high schools that don't have all-day phone bans.

The number of schools cracking down on phone use is increasing every day, though, in both Sacramento and nationwide.

According to San Juan Unified spokesperson Raj Rai, the district already has a policy that restricts in-class phone use. However, she noted that the rule is more than a decade old, and that enforcement does not look the same at every school.

"We will be reviewing this policy this fall and having conversations with our students, staff and families regarding any potential updates that may need to be made based on feedback collected," Rai said.

Cell phone policies vary across the Sacramento region: students store phones in designated holders in classrooms at McClatchy High School, while West Campus High School has "phone pockets" for all students. Rosemont High School, on the other hand, adopted an allday ban this year.

Nationwide, schools are turning to the use of "phone lockers" and Yondr pouches, device storage bags that can only be unlocked by administrators.

But while the issue has so far been left to the school and district level, California will soon follow other

states in mandating cell phone bans. In late

August, the assembly passed AB 3216, new legislation



California school district to create a policy prohibiting student cell phone use during all school hours by July 2026. The bill was signed in September by Gov. Gavin Newsom, who had previously spoken out in support of a ban.

"We know that excessive smartphone use increases anxiety, depression and other mental health issues," Newsom said in a statement. "This new law will help students focus on academics, social development, and the world in front of them, not their screens, when they're in school."

Leaders of AB 3216's only official opponent, the California School Boards Association, said they feel the legislation is a mistaken "one-size-fits-all approach."

"This bill limits the decision-making authority of the governing board as they would now have to adopt a policy, even if, through local community meetings, it was found that there was no need to limit/prohibit the usage," the association said in a statement. "These decisions are best made at the local level by people who understand, reside, are invested in, and accountable to the

communities they serve."

While they understand the benefits, some students, parents and even teachers and school officials aren't sure an all-out ban is the

best answer to address excessive cell phone because use of the many ways cell phones are utilized.

"I hope that they can make exceptions for those students

who may need reminders for medication or need extra support for outside people that they contact through their phone, but I think the general consensus about banning phones is mostly positive," Rio Americano senior Marin Abood said.

Cell phones are seen as a way to contact students in case of emergency, and limiting access to a student's personal device at all times might be a step too far, many parents and ban opponents say.

The National Parents Union reports that 78% of parents want their children to retain cell phone access during the school day.

Overwhelming parent opposition to complete phone bans comes amid incidents of school violence nationwide.

When fake social media threats of school violence affected dozens of Sacramento-area schools in September, cell phone access provided parents individualized communication with students in addition to general district statements. During the mid-September threats, students texted their parents to let them know they were OK and coordinated

being picked up, according to several students who spoke with Sacramento School Beat.

At the same time, AB 3216 would require an exemption from the cell phone ban in the case of an emergency or threat of violence.

Meanwhile, many teachers see phone bans as the best solution to remove the distractions they cause.

"(Phones) prevent students from having a creative and original thought, and it makes them anxious and sad," Rio Americano English teacher Adam Bearson said. "It's distracting to students."

School administrators and district officials have been forced to balance the wishes of teachers with the concerns of students and parents.

"If a student is at lunchtime and they're just talking to their mom or sister or friend or they need to make a phone call to check on their car insurance, I don't know if the school should necessarily look to be banning that," Rio Americano principal Cliff Kelly said.

The issue of cell phone bans in schools has quickly emerged since U.S. Surgeon General Vivek Murthy, the country's chief public health officer, this summer recommended schools go phone-free.

Research showing the negative impact of social media and cell phone use on teenagers has also been highly publicized this year. Depression rates are surging in both boys and girls, where symptoms have risen 161% and 145%, respectively, since 2010.

College students have experienced a 134% spike in anxiety rates and 106% rise in depression, according to the American College Health Association.

But some critics of outright bans say they're essentially unenforceable - and might simply go too far.

# AG Bonta's Recycling Lawsuit Will Harm Consumers

#### Commentarv by Wayne Winegarden

California's Attorney General Rob Bonta is suing ExxonMobil over accusations of deception. Allegedly, the company deceived Californians for nearly 50 years "by promising that recycling could and would solve the ever-growing plastic waste crisis," even though ExxonMobil knew that it could never handle "more than a tiny fraction of the plastic waste it produces."

The AG's lawsuit will harm families, and not just in California but throughout the country. Notably, while he is suing a private company over their efforts to promote plastic recycling, the state continues to promote recycling as part of the solution to plastic pollution.

Consider the programs of CalRecycle, a branch of the California Environmental Protection Agency. The department was established in 2010 to replace the California Integrated Waste Management Board and is responsible for recycling all solid waste in California.

Through CalRecycle, California openly advocates for building "a circular economy across all materials"

With respect to plastic materials, CalRecycle states that "California is addressing plastic waste by building a circular economy" by focusing on, among other priorities, cutting "the amount of plastic waste made", investing and expanding "domestic recycling" and increasing "market demand for recycled plastic by using more recycled content".

The iRecycleSmart campaign provides additional evidence that CalRecycle supports plastic recycling. Introduced by CalRecycle in 2022, the campaign provides information on what items are recyclable in the state and how to recycle properly. Recycling plastics features prominently on the campaign's website.

Government support for plastic recycling goes beyond the CalRecycle agency. California has implemented four major existing environmental laws that, in one way or another, mandate some form of plastic recycling. These are: the California Integrated Waste Management Act, the Rigid Plastic Packaging Container Act, the Plastics Trash Bag Law, and the California Beverage Container Recycling Act of 1986 or AB 2020 (also known as the Bottle Bill).

In response to these requirements, California now has an extensive array of curbside collection programs, state-certified beverage container buyback centers, and drop-off centers run by non-profit organizations, small firms, and individuals. It also has programs to undertake recycling, notably the California Bottle Bill buy-back collection program that has 2.400 sites established to collect soft drink containers under California's Redemption Law.

Beyond this clear evidence that the state advocates plastic recycling, AG Bonta's lawsuit confuses the recycling rate in the U.S., which are generally viewed as low, with the viability of plastic recycling as a concept. The low plastics recycling rate in the United States is not evidence that only "a tiny fraction of the plastic waste" is recyclable as the AG asserts. In other countries, such as Germany, recycling rates are substantially higher. Specifically, while the U.S. recycling rate for plastics is around 9%, "Germany set a record for plastics recycling in 2022" at a rate of over 67%.

In fact, due to the potential benefits and possibilities created by plastic recycling, the broad expectations are that the

demand for recycled plastics will continue to grow. A report by Allied Market Research estimates that "the global recycled plastic market generated \$66.7 billion in 2022, and is anticipated to generate \$141.9 billion by 2032, witnessing a CAGR of 7.9% from 2023 to 2032." This growth is driven by "increasing awareness about environmental issues such as plastic pollution and ocean trash and garbage, as well as rising greenhouse gas emissions are expected to drive the growth of the global recycled plastic market in the forecast period from 2023 to 2032."

The growth in the plastic recycling market directly contradicts the AGs claims that a large volume of plastic recycling could not be processed clearly it can.

This brings us to the harm that the lawsuit could potentially impose on families. Win or lose, the AG's lawsuit is imposing costs on ExxonMobil. These additional burdens, by definition, must either increase the price of plastics, reduce the returns to shareholders, or reduce the incomes of workers. Consumers may also suffer from greater scarcity.

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uncertainty created by this lawsuit will also, ultimately, harm consumers. Other companies, particularly if the AG's lawsuit is successful, now face the threat that they will be subjected to expensive litigation regardless of whether the state government supports (or engages in) these same activities. Just like with the direct costs the lawsuit imposes on ExxonMobil, the business uncertainty costs will harm consumers and risk product scarcity.

Vilifying businesses through dramatic lawsuits has unfortunately become a strategy used to raise politicians' profiles in the hope that they can further climb the political ladder. All too often, the economic and legal merits of the case become secondary considerations. If allowed to fester, the expected consequences from these ill-advised lawsuits are slower economic growth and increased financial burdens on families.

Wayne Winegarden covers the economic implications of regulatory policies. He is a Senior Fellow in Business and Economics at the Pacific Research Institute and Director of the Center for Medical Economics and Innovation.

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# **Doctors Say Bacterial Pneumonia Increasing, Especially Among Children**

#### UC Davis Health News Release

SACRAMENTO, CA (MPG) - Cases of pneumonia caused by the bacteria Mycoplasma, also known as "walking pneumonia," have been on the rise this year in the United States, according to the Centers for Disease Control and Prevention.

The agency reports an increase among all age groups across the United States from March 31 to Oct. 5 of this year, with the peak in August, and levels remaining high. The data come from the National Syndromic Surveillance Program and bioMérieux BIOFIRE Syndromic Trends.

Young children, particularly those ages 2 to 4, have been most affected this year, with an increase from 1% to 7.2% among children ages 2 to 4. Children ages 5 to 17 also saw an increase from 3.6% to 7.4%.

Dean Blumberg, chief of pediatric infectious diseases at UC Davis Children's Hospital, answered some questions about walking pneumonia and what parents and families can do to keep their children healthy. His comments follow below.

#### What is Mycoplasma Pneumonia?

"Pneumonia from Mycoplasma, also known by the nonmedical term 'walking pneumonia,' is caused by the bacteria Mycoplasma pneumoniae, which causes a respiratory tract infection. These can be mild infections which, most often, do not require hospitalization, but for some, they can be severe and



Do you have fever, sore throat and cough? It could be "walking pneumonia, according to the Centers for Disease Control and Prevention, which is on the rise. Photo courtesy of UC Davis Health

require antibiotics to get better. Both children and adults can get pneumonia from Mycoplasma."

#### What are the Common **Symptoms of Pneumonia** Caused by Mycoplasma?

"Common symptoms can include fever, cough, sore throat, headache and feeling tired.

It's often called 'walking pneumonia' since some people don't feel sick enough to stay home but they are still contagious and can spread the disease to others. Complications can occur that require hospital care, including new or worsening asthma, severe pneumonia and encephalitis (inflammation of the brain).

Children under 5 often have different symptoms, including diarrhea, sneezing, sore throat, stuffy or runny nose, vomiting, watery eyes and wheezing

Symptoms typically last for several weeks.

Some infected people may have no symptoms but it can still damage the lining of the respiratory tract, including the throat, windpipe and lungs.'

#### How is it Spread?

"It can spread person-to-person through the respiratory route, particularly when people are coughing or sneezing. People who live or work in crowded settings are at an increased risk for outbreaks.

It can take one to four weeks for symptoms to appear after someone has been exposed to the bacteria."

#### Who is at Highest **Risk for This?**

"Anyone is susceptible but those recovering from a respiratory illness are at an increased risk for serious infection. Anyone with a weakened immune system or with preexisting lung conditions such as asthma or reactive airway disease are also at greater risk for serious infection."

#### Is there a Vaccine Available for **Mycoplasma Pneumoniae?**

"No, unfortunately there is no vaccine."

**Steps Toward Becoming** 

a Bully-Free County

#### How is it Diagnosed?

"Testing is available through a nose or throat swab PCR test at vour doctor's office."

How is this Treated?

"Macrolides (such as azithromycin) are a class of antibiotics used commonly to treat bacterial pneumonia including infections caused by Mycoplasma pneumoniae. Make sure to take the full course of antibiotics and don't stop when you start feeling better."

#### What are some ways to keep **Families Safe?**

"I think a lot of families may not have heard of Mycoplasma pneumoniae or know that it is going around. I would advise families to follow these common-sense strategies:

Stay home when you are feeling sick. Keep your children away from others if they are not feeling well.

Cover your cough and sneeze and teach your kids to use their batwing to cover their cough or sneeze.

Wear a well-fitted KN95 or N95 mask if you feel sick and need to be out in public or if you are in crowded settings with others. According to the American Academy of Pediatrics, children ages 2 and older can safely wear a mask. But the exception is for anyone who cannot easily remove their own mask or who has trouble breathing.

Those who get worsening symptoms, have difficulty breathing or are unable to keep liquids down, should seek medical attention immediately."

# **UC Davis Children's Hospital Named** Among Best For 2024-2025

#### UC Davis News Release

SACRAMENTO, CA (MPG) - UC Davis Children's Hospital has been recognized as a 2024-2025 Best Children's Hospital by U.S. News & World Report.

The annual Best Children's Hospitals rankings, now in its 18th year, assist parents and caregivers, along with their physicians, in how to choose the best possible care for children with serious illnesses or complex medical needs. UC Davis Children's Hospital is nationally ranked among the nation's 50 best in five specialty care areas: 23rd in nephrology, 26th in neonatology; 32nd in pediatric orthopedics, which was awarded in collaboration with Shriners Children's -Northern California, UC Davis Children's Hospital's longstanding partner in caring for children with burns, spinal cord injuries, orthopedic disorders and urological issues; 36th nationally in pediatric pulmonology and lung surgery; and Top 50 in pediatric and adolescent behavioral health. Regionally, UC Davis Children's Hospital was ranked seventh in California and eighth in the Pacific Region, which includes Alaska, California, Hawaii, Oregon and Washington.

pediatric specialty care to patients from Sacramento and beyond," said Satyan Lakshminrusimha, chair of pediatrics and physician-in-chief of UC Davis Children's Hospital. "These awards recognize the expertise of our staff and their commitment to the care of children. I'm so pleased we get to celebrate that today. It is an honor to be recognized nationally in the U.S. News' Best Children's Hospitals rankings." U.S. News, together with RTI International, a North Carolina-based research and consulting firm, collected and analyzed data from 108 children's hospitals and surveyed thousands of pediatric specialists. Children's hospitals awarded a "Best" designation excelled at factors such as clinical outcomes, level and quality of hospital resources directly related to patient care and expert opinion among pediatric specialists. "U.S. News & World Report's annual Best Children's Hospitals evaluation empowers parents and caregivers with a data-driven guide to help them find the best pediatric hospital to treat their child," said Ben Harder, chief of health analysis and managing editor at U.S. News.

#### Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento



"Our physicians, nurses and health care teams deliver world-class

The full rankings for the 2024-2025 Best Children's Hospitals Honor Roll, regional and specialty rankings can be found at USNews.com.

County Department of Health Services (DHS) recently recognized **Bullying Prevention Month** by increasing its outreach and engagement efforts, with an emphasis on reaching communities in high-need areas across the county.

This year, the department highlighted its partnership with HeartLand Child and Family Services, the county's 16th Flexible Integrated Treatment (FIT) site, to expand the county's outreach to more children, youth and families through enhanced mental health support.

With the new HeartLand Flexible Integrated Treatment site, the Department of Health Services brings vital services to areas with high child-poverty rates, CPS involvement and mental health needs. By tapping into HeartLand's strong community ties, the county strengthens its grassroots efforts, ensuring trusted mental health resources are accessible and readily available.

This month, the HeartLand team participated in community events to promote anti-bullying messages, share resources

of Food Banks for every RiceSelect<sup>®</sup> jar sold at participating stores between Oct. 14 and Nov. 10. In addition, Riviana will donate rice

Money raised through the "Jars of Hope" campaign will support the California Association of Food Banks' Farm

Sacramento County has partnered with HeartLand Child and Family Services to decrease bullying in the county. Photo cour of Sacramento County

and support local families. Their outreach focused on fostering kindness, empathy and open communication to build a countywide culture of zero tolerance for bullving.

"Seeing the impact of our partnership with Sacramento County, especially during Bullying Prevention Month, brings joy to our team and communities," said HeartLand Child and Family Services, **Director of Clinical Services** Todd Palumbo. "We're dedicated to making a real difference in the lives of youth by helping create safe spaces, fostering kindness and strengthening family support. It's incredibly fulfilling to be part of building a community where every young person feels valued and empowered."

Some of the efforts included Dudley Elementary Fall Festival,

to Family program and the organization's mission to end hunger. Last year, the California Association of Food Banks' Farm to Family program delivered more than 250 million pounds of fresh fruits and vegetables to food banks, providing quality and nutritious food

where families received resources on addressing bullying in schools, emphasizing kindness; Community Collaborative Charter School, where parents were encouraged to adopt anti-bullying practices and reduce mental health stigma; Walk 'N' Roll Disability Resource Fair, offering resources to community members while promoting disability awareness and empathy; and Salvation Army Youth Basketball League Celebration (95817) on Oct. 19, offering mentorship programs and support to foster anti-bullying attitudes among youth.

For more information on Sacramento County's Flexible Integrated Treatment services, visit Sacramento County Department of Health Services website at dhs.saccounty.gov.

to communities while reducing food waste. This food helps support Sacramento Food Bank & Family Services, along with 40 partner food banks in the California Association of Food Banks, who collectively serve more than 6 million Californians each month.

# Hunger in Sacramento **Continues to Rise**

#### **California Association** of Food Banks News Release

#### SACRAMENTO, CA (MPG) -In California, one in four households with children are estimated to be food insecure — that's more than 1 million households with children that have unreliable access to adequate food.

The data, recently released by the California Association of Food Banks, reveals that food insecurity today is similar to that seen in the early months of the COVID-19

pandemic. Right here in Sacramento County, 28% more than 448,000 people – are at risk of hunger. Through the "Jars of Hope" initiative, two organizations are joining to help

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Food Banks (CAFB) are teaming up to provide crucial funds to food banks across California. As families start their holiday food shopping, Walmart, Ralphs, Food 4 Less, and Foods Co, stores have made it e a s y for Sacramentans help their neighbors in need.

Starting this week, Riviana will donate \$1 to the California Association

to California food banks.



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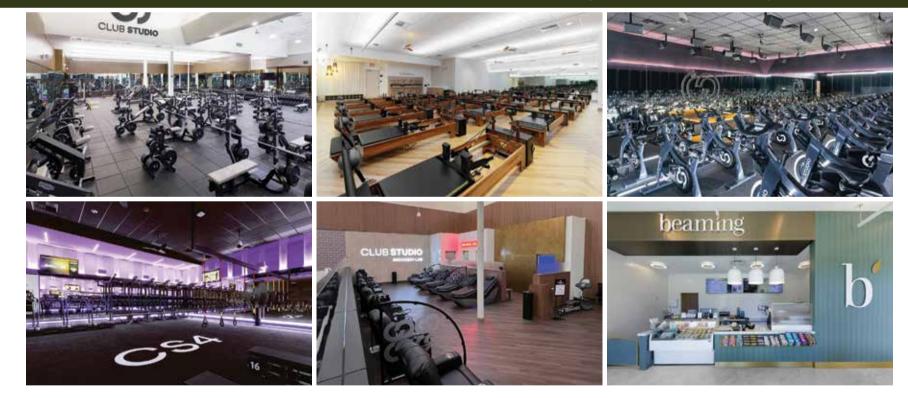
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