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Carmichael Times

VOLUME 45 • ISSUE 48 *Serving Carmichael & Sacramento County since 1981* NOVEMBER 29, 2024

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Ex-POW Remembers a Century



Birthday boy. World War II prison camp survivor Bill Hureaux salutes his century at Northridge Country Club, Fair Oaks. Son-in-law Tony Gouveia (left), daughter Bonnie Gouveia, wife Barbara and son Rick Hureaux flank their patriarch. Photo by Susan Maxwell Skinner

By Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Memories accumulate for an old-timer turning 100. Some delightful, some frightful.

Delightful for Carmichael's Bill Hureaux are recollections of a rural Citrus Heights childhood. Later, the blessings of two happy marriages and five generations of offspring.

Darker insights recall wartime capture and starvation in German prison camps. Then the savage irony of being deafened by an American bomb, days before freedom.

One of few among surviving World War II veterans, Hureaux is profoundly deaf. He understands conversations through cochlear implants, aided by translations from his 93-year-old second bride, Barbara. "She is my ears," he said.

In 1943, drafted straight out of Seventh Day Adventist School in Citrus Heights, his expectations were shiny as his U.S. Army tunic buttons.

"After uneventful years at school, it seemed something new was happening for me," Hureaux recalled. "We trained for a year. We were sent to England and I fought in Patton's Army, all across France."

Hauling a machine gun over a French field, the 20-year-old sergeant was catapulted backward by an enemy shell. Eighty years later, he marvels at fortune.

"If I'd been a second earlier, it would have killed me," he said. "When I stood up, without a scratch, buddies said my guardian angel was on guard duty."

"On Dec. 12, 1944, we were at the River Blies (on the German border),"

Hureaux said. "Our crossing didn't go well and the U.S. Army retreated. I was in the front with many injured men. We didn't hear about the retreat. I was watching oncoming German lines. I turned my head and looked up a German rifle barrel. The soldier told me: 'Comrade, stand.' If I'd argued, I'd be dead. I raised my hands and did as I was told."

With scores more prisoners, the sergeant was moved across Germany by road and rail. The Prisoners of Wars (POWs) reached a Limburg prison camp five days after their capture.

"It was after the Battle of the Bulge; there were thousands of captives there," Hureaux said. "We were all freezing. They fed us a soup, just vegetable water, really. We were

Continued on page 2

Sac County Fentanyl Deaths Declining

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County has made remarkable progress in the battle against the opioid crisis, reporting a 56% reduction in fentanyl-related deaths between 2023 and 2024.

According to the latest data, the Sacramento County Coroner's Office reported 180 fentanyl-related deaths so far this year, down from 406 in 2023.

"This reduction isn't necessarily due to fewer people using fentanyl but rather a direct result of the comprehensive support systems we've implemented," said Lori Miller, Behavioral Health Division manager for the Sacramento County Department of Health Services. "The coordinated efforts of local law enforcement, first responders, healthcare providers and community organizations are saving lives."

Sacramento County's approach includes an extensive network of partnerships and initiatives designed to combat the opioid crisis. Law enforcement agencies, including Sacramento County's Sheriff's Office and Probation Department and the Sacramento City Police Department, conduct enforcement actions, make arrests and seize fentanyl supplies. The partnership with the Sacramento Fire Department and Sacramento Metro Fire's Mobile Medicine Teams have been instrumental in administering Narcan and providing medication-assisted treatment.

In addition, the Sacramento County Department of Child, Family and Adult Services, along with Sacramento County Public Health, has raised awareness about the dangers of fentanyl through education and distributing Narcan and fentanyl test strips.

The county's Adult Correctional Health Services has also played a role by expanded access to medication-assisted treatment in jails, while community-based organizations continue to provide prevention education, treatment options and harm reduction resources.

"By working together, we've built a robust system of care and support that is not only addressing substance use but also providing people with the tools they need to survive and recover," Miller said.

Maintaining this positive trend requires a continued commitment to education, awareness and accessible resources. Narcan distribution, fentanyl test strips

Continued on page 5

Bring on the Brides



Owners Dina Poulas (center, with scissors) and son, Anthony, celebrate the formal opening of their Bride to Be Couture salon in Carmichael. The event combined a fashion show and fundraiser for the Breast Cancer Foundation.

Story and photos by Susan Maxwell Skinner

CARMICHAEL, CA (MPG) - Fashion recently combined with compassion as Bride to Be Couture salon paraded nuptial inventory

in Carmichael. Guests watched statuesque models show off 70 state-of-the-mode gowns.

Eager to say yes to the dress, future brides and mothers of the brides filled the audience. The event was staged to benefit the

Breast Cancer Foundation.

"My family's passionate about donating for breast cancer research," said Anthony Poulos, who co-owns the store with his mother, Dina. "My grandmother is a three-time cancer survivor so helping

this cause is important to us."

Although the family business is 15 years old, the Carmichael location also hosted a Chamber of Commerce ribbon cutting.

"Our grand opening was

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Ex-POW Remembers a Century

Continued from page 1
hungry and cold all the time. Many of us had diarrhea. There were no facilities and little water. We slept on the floor. I was better off. I had on two shirts and a sweater under my jacket, plus two pairs of socks and two sets of underwear.”

“On Christmas Eve, we were bombed by the British. Windows were breaking and bricks were falling from our walls. Christmas Day came and went. We didn’t sing carols. We thought we were all going to die,” Hureaux added.

“The guards were not unkind,” Hureaux said. “They were just old men, following orders. They encouraged me to volunteer for a work camp near Berlin. With fewer prisoners there, I was treated better. They gave us overcoats. The food wasn’t good but it was better. When you’re that hungry, an extra breadcrumb matters. I ran a machine that chopped wood.”

“The guards often fell asleep. We’d sneak out and dig in the dirt for a couple of potatoes. We chewed them, raw,” Hureaux recalled.

Five months into his captivity, Hureaux saw American planes bombing the nearby city.

“We prisoners were cheering,” he said. “But the final three B-17s diverted toward our buildings. Some of us ran to a fence for safety but a bomb landed 30 feet from me. The explosion blew my ears out. I couldn’t hear for weeks.”

In the war’s final days, news of Russian Army advances



Drafted to the U.S. Army in 1943, teenager Bill Hureaux fought in General Patton’s 3rd United States Army. Photo courtesy of the Hureaux family



Centenarian Bill Hureaux holds World War II decorations. A Bronze Star for Combat Service adorns his American Ex-Prisoners of War vest. Photo by Susan Maxwell Skinner

swept camp.

“No one wanted to be around when they got there,” Hureaux said.

Guards marched hundreds of POWs west. They reached a camp near American lines on April 25.

“British, Americans, French, Russians; there were thousands of us there. Our mood was somber. We knew we were diminishing Germany’s resources. There were rumors that Hitler would have us all shot,” Hureaux said.

Instead, the Nazi leader killed himself on April 30. Overnight, camp guards vanished.

“On May 3rd, hundreds of American trucks and ambulances came, draped with white flags of truce,” Hureaux said. “I’ve never heard anything like our cheers, louder than for a home run at Yankee Stadium.”

Across friendly lines, baths and new uniforms awaited.

“First, they fed us,” noted the survivor. “Steak, potatoes,

vegetables. My first decent meal in five months.”

That liberation remains one of Hureaux’s best memories. Soon after his return to California, VJ Day marked Japan’s surrender.

“You couldn’t move for people in downtown Sacramento,” Hureaux recalled. “Both wars were over at last. Everybody was so happy.”

Discharged at 21, Hureaux married his 18-year-old sweetheart, Carol. As work

opportunities improved, he moved Carol and their three children all over the United States. In 1990, Hureaux retired from managing a warehouse on the Alaskan pipeline project.

By then, deafness from that errant 1945 explosion had returned and was deemed incurable. His 67-year partner, Carol, died a few years later.

The guardian angel protecting him in wartime returned in the form of Carmichael’s Barbara Metzinger. The 85-year-old widow found her 91-year-old boyfriend online. Their first date was at Marie Callender’s Citrus Heights.

“On Valentine’s Day, he asked me to be his valentine,” Barbara said. “When I said yes, he went on his knees and asked if I’d marry him. Before I agreed, I asked if he could get up from the floor.”

Octogenarian and nonagenarian wed at Fair Oaks Presbyterian Church in 2015. They share seven children, plus mobs of grandchildren, great-grandchildren and great-great grandchildren. Most gathered at Northridge Country Club last weekend for Grandpa Bill’s big day.

“I’d say, I have a happy life,” summarized the survivor. Angel Barbara attributes Bill’s longevity and their happy marriage to his “unshakable confidence in a bright future.”

“I guess I’m easy to get along with,” Hureaux said. “Maybe that’s the secret.” ★

Students Making the Grade in Citrus Heights and Carmichael

MPG Staff

CITRUS HEIGHTS, CA (MPG) - University of Maryland Global Campus (UMGC) graduated more than 3,200 students worldwide in the

summer 2024 term. Local graduates included (11/4/24):

Rachel Gutierrez of Citrus Heights, Bachelor of Arts in Graphic Communication

The Georgia Institute of Technology awarded

degrees to approximately 1,720 undergraduate and graduate students at the conclusion of summer semester. Local graduates included (10/23/24):

John Ransom of Citrus

Heights has earned a Master of Science in Computer Science. from the Georgia Institute of Technology in Atlanta.

Southern New Hampshire University congratulates the

following student on being named to the Summer 2024 Dean's List.

Thomas Palos of Citrus Heights

Dwayne Benjamin of Carmichael (95608) ★

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Humankindness is always near.

The Dignity Health Ambulatory Surgery Center, located at 6660 Coyle Avenue, Suite 100, Carmichael, CA 95608 will close on February 11, 2025. Outpatient surgeries will now take place at the Mercy San Juan Medical Center main operating department located at 6501 Coyle Avenue, Carmichael, CA 95608.



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Women's Empowerment Receives \$60,000 From U.S. Bank



Graduates from Women's Empowerment's latest job readiness session gather after their ceremony in September. Photo courtesy of Kristin Thebaud Communications

Kristin Thebaud Communications News Release

SACRAMENTO, CA (MPG) - Women's Empowerment has received a \$60,000 contribution from U.S. Bank to provide Sacramento women experiencing homelessness with job-readiness programs, paid job training and transitional workforce housing so they can secure employment with upward mobility as they work toward affording permanent housing.

"U.S. Bank continues to be an important partner in our work," said Lisa Culp, executive director, Women's Empowerment. "We are grateful for this contribution

to support unhoused women as they search for permanent homes during the ongoing housing crisis." Each woman in Women's Empowerment's initial two-month employment-readiness and empowerment program receives free transportation assistance and childcare for children up to age 5 in the group's onsite child development center. She works one on one with a social worker, housing specialist, employment specialist and volunteer career mentor, and attends a range of classes on job-readiness, empowerment and more.

Graduates of the two-month program can enroll in Women's Empowerment's paid job training programs in manufacturing,

property management, mobility, solar energy, medical assisting and more. Women's Empowerment also offers its Trellis Gardens transitional workforce housing program for graduates who have secured employment, but still cannot afford market-rate housing for their families. At Trellis Gardens, they can live in cottages for 12 to 18 months as they work to increase income, savings and credit scores and prepare to move into permanent housing.

"Supporting the development of a dynamic workforce is an investment in today and our future," said Ashley Bocek, community affairs manager, U.S. Bank. "We're proud to work

with organizations like Women's Empowerment to help people succeed in their careers, gain greater financial literacy and build thriving communities."

In 2023, 165 jobs were secured by Women's Empowerment graduates, and 189 graduates secured or maintained housing. Since 2001, 1,903 women have graduated from the program with more than 4,000 children. Women's Empowerment is funded through private donations from the community and grants. To make a donation: WomensEmpowerment.org.

U.S. Bancorp, with more than 70,000 employees and \$686 billion in assets as of Sept. 30,

is the parent company of U.S. Bank National Association. Headquartered in Minneapolis, the company serves millions of customers locally, nationally and globally through a diversified mix of businesses including consumer banking, business banking, commercial banking, institutional banking, payments and wealth management. U.S. Bancorp has been recognized for its approach to digital innovation, community partnerships and customer service, including being named one of the 2024 World's Most Ethical Companies and Fortune's most admired super-regional bank. Learn more at usbank.com/about. ★

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AMERICAN/HISPANIC GROCERY

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ASIAN GROCERY

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EUROPEAN GROCERY

Tazah Danish Style Butter Cookies 908 gr \$8.99 ea	Kosulich Spätzle Egg Noodles 500 gr \$3.29 ea	Balcon Milk Vanilla Wafers 250 gr \$3.29 ea	Balcon Lady Fingers Biscuits 500 gr \$5.49 ea	Russian Product Buckwheat 900 gr \$2.99 ea
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FROZEN & FISH DEPT

Alaska Wild Salmon Patty 12 oz / pk REG. 6.99/EA \$3.99 /ea	Whole Alaska Spot Prawns 2.2 lbs REG. 29.99/EA \$12.99 /ea
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WEEKLY MEAT SPECIALS

Beef Cross Rib Shoulder Roast-Bnds \$4.79 /lb Costilla Cruzada de Ternera Asada Desahusada	Beef Ribeye Roast - Boneless \$6.79 /lb Chuletón de Ternera Asado Desahusado	Beef Ribeye Steak - Boneless \$7.19 /lb Filet Chuletón de Ternera Desahusada
Chicken Breast Tenders 2.5 lbs Bag \$8.99 ea	Pork Loin Roast Boneless \$2.69 /lb Lomo de Cerdo Asado Desahusado	Pork Loin Chops Boneless \$2.99 /lb Chuletón de Cerdo Desahusado
Boneless & Skinless Chicken Thigh Meat \$2.19 /lb Carne de Muslo Desahusada	Lamb Loin Chops \$9.99 /lb Chuletón de Lomo de Cordero	Pork Baby Back Ribs \$3.99 /lb Costillas de Cerdo

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Gaele Chips Shring Chips 25 g 99¢ ea	Ponson Sary & Marverel 400 g \$3.99 ea	Korea Dolsin Seaweed 12x4g \$2.99 ea	Lotte Choco Pie 12 x 28 g \$15.99 ea	Allham SWASM Rice Seasoning 17 oz \$2.49 ea	Unagi Sauce 530g \$2.99 ea

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MODAMODA SHAMPOO 300 G 29.99 ea	KAIZEN NON PAN 30 CM 3.99 ea	WATERMELON SLICER KNIFE 3.99 ea		

FROZEN & FISH DEPT

Marukyo Meisaku 250 g REG. 6.99/EA \$3.99 /ea	Columbus Roast Beef \$13.19 /lb REG. 15.99/lb
Columbus Pastarmil \$12.09 /lb REG. 15.99/lb	Green Olives Stuffed w/ Feta \$8.09 /lb REG. 15.99/lb
Green Cracked Olives \$4.59 /lb REG. 15.99/lb	

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE NOVEMBER 27 - DECEMBER 03, 2024.

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Tips for a Holly Jolly Holiday Season

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG)

- As the holidays approach, many of us look forward to gatherings with friends and family, enjoying delicious food and taking part in festive celebrations. However, this time of year can also bring feelings of stress, loneliness or sadness for some. The holiday season is a complex time that can amplify both the highs and lows of life.

"It's normal to feel overwhelmed by the demands of the season," said Sacramento County Director of Behavioral Health Dr. Ryan Quist. "High expectations, separation from loved ones, personal grief and financial pressures can all impact our mental well-being. It's important to remember that it's okay not to feel joyful all the time."

To help navigate the season and its challenges, Sacramento County's Department of Health Services, Behavioral Health Division, offers these tips:

Acknowledge your feelings and stress levels. Recognizing when you need a break is essential. During this time of year, we try to squeeze in a bunch of different events. Maintaining regular routines, especially consistent sleep schedules and meal times can also support mental health.

"We often underestimate how critical a regular sleep routine is to our emotional well-being. It can impact your mental health and your ability to function effectively," Quist explained. "Also, simply staying consistent with meals can help avoid unnecessary stress."

Plan for managing stress. Whether it's taking a walk, reading or cooking with loved ones, identifying activities that bring calm and joy can be a



The holiday season is a complex time that can amplify both the highs and lows of life. Photo by cottonbro studio

valuable resource when emotions run high.

Connect with others. The holidays don't have to revolve around material gifts. Giving your time and support to friends or community members can lift spirits for both you and

them.

Avoid excessive alcohol and/or substance use. For those in recovery, the holidays can be especially challenging. It's important to have a plan for navigating social events and leaning on support

systems if needed.

For those needing additional support, Sacramento County Behavioral Health provides a variety of resources for residents including:

9-8-8 (National Suicide Hotline). This hotline will

connect you to a local call center, which can then dispatch the Sacramento County's mobile crisis team to meet you where you are.

CalHOPE. For less urgent support, residents can also reach out to CalHOPE at 833-317-HOPE or visit its website at www.calhope.org.

The Source Support Line for Youth and Caregivers. Feeling alone, stressed or sad? Call or text 916-SUPPORT (787-7678) for 24/7 support.

Mental Health Urgent Care Clinic (MHUCC). The Mental Health Urgent Care Clinic provides 24/7 crisis services on a walk-in basis to individuals of all ages needing mental health and/or co-occurring substance use supports. The clinic can be accessed by visiting 2130 Stockton Blvd., Building 300, Sacramento, CA 95817 or by calling 916-520-2460. Go online to dhs.saccounty.gov/BHS/Documents/MHUCC_Flyer.pdf for more information.

Substance Use Prevention and Treatment Services. Substance Use Prevention and Treatment Services provides prevention and treatment services for alcohol and drug use/abuse through contracting with an array of community-based service providers throughout Sacramento County. Call 916-874-9754 or toll-free (888) 881-4881 from 8 a.m. to 5 p.m. Mondays through Fridays, and after hours, use the toll-free number.

The holidays can be stressful and that's OK. If you need help, don't hesitate to reach out, whether to a friend, family member or professional resource.

Learn more about Sacramento County's various Behavioral Health resources on its website at dhs.saccounty.gov. ★

CARMICHAEL'S ANNUAL Holiday Tree Lighting

THURSDAY DECEMBER 5TH 4:30PM-7:30PM

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It All Boils Down To One Thing

Dr. James L. Snyder

Of all the things I have learned, one has made a difference in my life.

After 53 years of marriage, I have discovered that true happiness boils down to one thing. Discovering that one thing is a treasure of gold. Most people have never discovered this one thing, which is why their lives are not happy.

It all boils down to one point: how many married couples are happy? If only one is happy, it is not a good marriage. If both are happy, well, you know the answer.

The explanation of what happy means will help us understand this whole scenario.

For some people, being happy means they are always right and always get what they want, when they want it.

My mother used to say when I would ask her if she was alright. "No, son," she would say with a smile, "I'm half left."

Then she would say, "If we were to be right all the time, why did God give us a left hand?"

So, to be happy, I don't necessarily have to be right all the time. I don't always have to have everything

my way. Sometimes I do need that left hand for balance.

The important aspect of marriage is discovering what makes the other person happy.

The only rocky point in our marriage had to do with "broccoli." She has a fascinating love for broccoli, I have a deplorable hatred for broccoli and the twain shall never meet on the same dinner table.

When we were first married, I did not know this about her and broccoli. But it wasn't long after we were married that I discovered this. Up to that point, I had never tasted broccoli, and I wasn't about to start tasting it then; with deep respect to my tongue.

When we were married, she didn't know about my fascination with Apple Fritters. I grew up in Pennsylvania Dutch country where Apple Fritters are king of the hill. We just love our Apple Fritters.

The Gracious Mistress of the Parsonage was happy when she was eating broccoli and I was happy when I was eating Apple Fritters. These two things cannot be done on the same table, if you know what I mean.

At that point, it all boiled down to one thing. Are we

going to determine what the other person likes? Or, will we accept them as long as it makes them happy?

That's so critical that I don't know anything more important.

If I can master this one thing, then there will be nothing but happiness in our marriage. I don't demand that she like what I like, and she doesn't demand that I like what she likes. We just put up with certain things and don't make an issue of them.

My secret is, if she passes before me, I'll make sure there is broccoli in her casket that she can take with her.

The key to marriage is agreement. I like what it says in Amos 3:3, "Can two walk together, except they be agreed?"

If you walk down a path going to in certain destination, although, you both are going in the same direction but one can look to the left and the other to the right. It is the destination that is important.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnyder51@gmail.com, website www.jamesnyderministries.com ★

Bring on the Brides



From left, Carmichael Chamber of Commerce Directors Bill Bowan, Brad Sanborn, Miranda Viani, Rosie Buck and Mikhala Freas join models Ashley, Jasmine, Stephanie and Tina at Bride to Be Couture's fundraiser.

Continued from page 1
taken away from us by COVID in 2020," explained Anthony Poulos "We planned this event to reintroduce ourselves to the community."

Salon inventory comes from design houses in Australia, Israel, Europe and the United States. For the Poulos fundraiser, five couturiers donated gowns, with

a combined value of \$20,000, for a fundraiser drawing.

"Our winning brides were ecstatic," Anthony Poulos said. "Having a beautiful gown is a wonderful start to a marriage."

Bride to Be Couture is located at 6240 Fair Oaks Blvd., Carmichael. The phone number is 916-972-8223 and the website is www.bridetobecouture.com. ★

Sacramento County Fentanyl Deaths Declining



The Sacramento County Coroner's Office reported 180 fentanyl-related deaths so far this year, down from 406 in 2023. Courtesy photo

Continued from page 1
and public education are essential tools in reducing overdoses and keeping residents informed. Sacramento County is dedicated to expanding access to these resources, providing community members with the support needed to prevent and respond to fentanyl-related incidents.

While this is an encouraging trend, county officials are cautious as the holiday season approaches, which is a time of year that can be challenging for

individuals struggling with mental health and substance use disorders. County officials will continue their efforts and are hopeful that they will end the year with a decrease of 50% or more.

If you are in need of substance use help, need access to Narcan and fentanyl test strips or want to know more about the county's collaborative efforts, visit the Sacramento County's Department of Health Services page at dhs.sac-county.gov and type in Substance Use Prevention and Treatment Services. ★

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Bera Introduces Bipartisan Global Alzheimer's Initiative Now (GAIN) Act

Office of Rep. Ami Bera
News Release

WASHINGTON, D.C. (MPG) - On Nov. 20, U.S. Representative Ami Bera, M.D. (CA-06) introduced the bipartisan Global Alzheimer's Initiative Now (GAIN) Act alongside Reps. Brian Fitzpatrick (R-PA-01) and Young Kim (R-CA-40).

The Global Alzheimer's Initiative Now Act positions the U.S. as a leader in addressing Alzheimer's disease and dementia through global cooperation, authorizing U.S. participation in the Davos Alzheimer's Collaborative (DAC). This public-private-patient partnership is transforming research, prevention, and care worldwide.

Alzheimer's disease and dementia affect nearly 60 million people globally, with cases projected to exceed 150 million by 2050. These diseases already cost the global economy \$1.3 trillion annually, doubling every decade.

The Global Alzheimer's Initiative Now Act highlights the urgency of U.S. leadership in multilateral health efforts. DAC, which supports work in over 135 sites around the world to increase brain health, make research more inclusive and efficient, and improve early detection and treatment, aims to raise and deploy \$700 million to advance solutions to fight Alzheimer's globally."

"Alzheimer's disease is a global challenge that demands a global response," Representative Bera said. "The GAIN Act ensures that the United States leads the charge in building partnerships that accelerate research, improve care, and support families everywhere. By strengthening global cooperation, we can achieve more than any single nation can alone."

Said Representative Kim, "Alzheimer's disease is the third leading cause of death in older adults in Orange County and seventh leading cause of death worldwide. With more resources dedicated to tackling this global challenge, we can save lives. The GAIN Act ensures the United States leads the global effort to combat Alzheimer's disease and other forms of dementia head-on."

Said Rep. Brian Fitzpatrick, "The alarming rate at which Alzheimer's disease is inflicting our world's population requires swift and decisive action. The introduction of the GAIN Act positions America to spearhead life-saving research and sustainable care worldwide, addressing this devastating disease. As a member of the Congressional

Task Force on Alzheimer's Disease, I will always champion legislation that will lead to better results in combating this deadly illness; that is why I am proud to co-lead this bill and encourage my colleagues to join in this initiative to foster real change in ending Alzheimer's."

Said UsAgainstAlzheimer's Chairman and Global CEO Initiative on Alzheimer's Disease Founder George Vradenburg, "I commend Congressman Ami Bera and Representatives Brian Fitzpatrick and Young Kim for their leadership in introducing the Global Alzheimer's Initiative Now (GAIN) Act. This legislation recognizes the urgent need for a global response to Alzheimer's that brings together governments and the private sector to advance prevention, diagnosis and treatment of Alzheimer's. As in other areas of global health, U.S. leadership will prove critical to the global fight against Alzheimer's and this legislation paves the way for mobilizing the resources and facilitating the multi-sector and international cooperation that will be needed to turn the tide on Alzheimer's over the coming decades."

The Global Alzheimer's Initiative Now Act advances U.S. leadership by driving international collaboration to develop innovative diagnostics, treatments and care models to combat Alzheimer's disease and dementia for diverse populations worldwide; promoting equitable solutions in low- and middle-income countries, which account for 70% of Alzheimer's and dementia cases globally, ensuring these regions receive adequate support and resources; aligning U.S. investments with multilateral initiatives to maximize impact, foster innovation and ensure equitable burden-sharing among participating nations; strengthening global partnerships to address the financial and social pressures of aging populations, with a focus on sustainable healthcare systems and support for caregivers; and accelerating advancements in prevention strategies through international research efforts aimed at reducing the global prevalence of Alzheimer's disease.

Congressman Ami Bera, M.D. has represented Sacramento County in the U.S. House of Representatives since 2013. The 6th Congressional District is located just east and north of California's capitol city, Sacramento, and includes Arden Arcade, Carmichael, Citrus Heights, Fair Oaks, North Natomas, Rancho Cordova, Rio Linda and South Natomas. ★

How Three Trump Policy Decrees Could Affect California's Agricultural Industry



By Dan Walters,
CALMatters.org

Voters in California's farm belt, stretching more than 400 miles from Kern County on the south to Tehama County on the north, delivered solid majorities for Donald Trump in this month's presidential election.

They were obviously outvoted in heavily populated coastal and urban counties, so rival Kamala Harris claimed the state's 54 electoral votes. However, it is Trump who will be moving into the White House, and of all California economic sectors, agriculture arguably has the most to gain or lose during his second presidency.

There are three policy issues particularly important to California's farmers that Trump wants to change. If he does what he has promised, one might benefit the industry and two might damage it.

The beneficial change is what California Farm Bureau President Shannon Douglas, in a post-election statement, calls "securing a sustainable water supply."

For years, state officials have been trying, either through regulatory decrees or negotiations, to reduce the amount of water San Joaquin Valley farmers take from the San Joaquin River and its tributaries to enhance flows through the Sacramento-San Joaquin Delta, thus improving its water quality to support fish and other wildlife.

Farmers are miffed that after two wet winters filled the state's reservoirs, state federal water managers still limited agricultural deliveries.

A few days before the election, the state Water Resources Control Board issued the latest version of its water quality plan, but the supposed compromise is being critiqued by both farmers who want to minimize restrictions and environmentalists who demand a crackdown on water diversions.

Trump stepped into the issue during his first presidency, directing federal water regulators to increase agricultural supplies, and is likely to do so again.

Just before the election, Trump described California water policy, in all caps on his Truth Social website, as "INSANE POLICY DECISIONS," which he defined as "the ridiculously rerouting of MILLIONS OF GALLONS OF WATER A DAY FROM THE NORTH OCEAN, rather than using it, free of charge, for the towns, cities & farms dotted all throughout California."

The two pending issues that could backfire on farmers who voted for Trump are imposing tariffs on imports from China, which could invite retaliatory tariffs on agricultural exports, and deporting undocumented immigrants, who comprise at least half of the state's agricultural workers.

Despite objections from California's Republican congressional delegation, Trump hit China with tariffs during his first term and "China retaliated with import tariffs that target U.S. agriculture," according to a report from

the University of California's Giannini Foundation of Agricultural Economics.

"For almonds and pistachios, the tariffs did not reduce the volume of U.S. exports to China," the report continued. "However, the trade war diminished California exports of walnuts, wine, oranges, and table grapes."

Cracking down on undocumented immigrants has been a bedrock issue for Trump throughout his political career, and he's promised to make good on his deportation pledge immediately after taking office.

For a variety of reasons, the state's farmers have had difficulty finding enough workers to till and harvest their crops in recent years. Immigration restrictions, California's high living costs and the creation of new factory jobs in Mexico are among the reasons.

California has as many as 2 million undocumented residents, many of whom work in industries ranging from construction to agriculture. The full-blown roundup Trump promises would have an immense economic effect on the state, with agriculture arguably the most vulnerable.

When Central Valley farmers were enthusiastically backing a second term for Trump, they undoubtedly were hoping for relief from water restrictions. Yet that could be the smallest impact Trump 2.0 may have on their industry.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

Tax Revolt Still Alive as Proposition 5 Goes Down to Defeat

Commentary by Jon Coupal

Many election contests in California are not final as ballots are still being counted, but it appears that Proposition 5, which would have made it easier to raise property taxes, is going down in flames. This is great news for California homeowners.

Here are some observations about this welcome taxpayer victory. First, the opposition campaign, led by the Howard Jarvis Taxpayers Association initiative committee Protect Proposition 13, No on 5, was well organized. Our effort to educate voters as to the threats posed by Prop. 5 was successful. All of our campaign's voter contact information reminded voters that Prop. 5 would lower the two-thirds vote threshold for local bonds to 55%. The two-thirds vote requirement for local general obligation bonds was adopted in 1879 as a protection against excessive debt at the local level repaid by property owners. Perhaps more important, our campaign stressed that Prop. 5 would bypass the limits of Proposition 13. Even the most ardent tax-hike enthusiast knows, and fears, that Prop. 13 remains extremely popular.

One hurdle we faced was a misleading ballot label, which is the brief summary of the measure that voters see on their ballot when they vote. The label did not mention the current two-thirds vote requirement for passing bonds, leaving the impression that the proposed 55% threshold might represent a tougher standard than the one that currently exists.

HJTA sued over this omission and won, initially. The trial judge strongly agreed with us that voters were entitled to know that Prop. 5 would bring the vote threshold down from two-thirds, and that the failure to disclose this important information was misleading. But then Attorney General Rob Bonta, who had written the ballot label, appealed the decision. The appeals court sided with Bonta on the grounds that the courts should show deference to the attorney general on ballot materials.

So, it became even more important for HJTA to educate voters that the

longstanding requirement for a two-thirds vote of the electorate was under threat. This was especially challenging given the vast amount of money that proponents of Proposition 5 raised in pursuit of their goal to make it easier to raise taxes.

Their haul was nearly \$15 million, including \$4.7 million from a PAC connected to the nonprofit foundation funded by Facebook/Meta CEO Mark Zuckerberg and his wife, Priscilla Chan. Why billionaires would spend their money trying to raise property taxes on ordinary homeowners is a question worth asking.

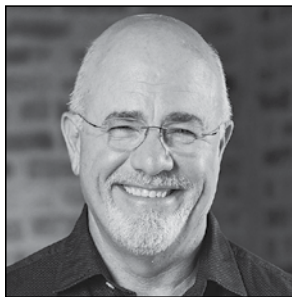
Our campaign was outspent but not overpowered. The Howard Jarvis Taxpayers Association has hundreds of thousands of members, and its campaigns, like the organization itself, are supported with their individual donations. HJTA relied on radio and billboard advertising and supplied a vast grassroots army with signs, flyers and doorhangers to help get out the word out that Proposition 5 would unleash a stream of property tax increases exempt from Proposition 13's limits.

One of our most effective partners in this fight was the group "\$20 Billion Reasons," which had been formed to fight Regional Measure 4, a \$20 billion bond proposal by nine Bay Area counties. Their opposition was so intense, it forced the regional authority proposing the bond to drop the effort. That allowed \$20 Billion Reasons to immediately pivot to join our work opposing Prop. 5. Thanks in part to their help, Prop. 5 appears to have failed in seven of the nine Bay Area counties.

Other notable allies in this fight were virtually every local and statewide taxpayer organization in California, property rights organizations, small and large business associations, and the list goes on.

This election victory proves that the modern tax revolt movement launched by Howard Jarvis in 1978 is not dead and that an effective political campaign can defeat the tax-and-spend interests. As Benjamin Franklin reminded us, we must all hang together or assuredly we will all hang separately.

Jon Coupal is president of the Howard Jarvis Taxpayers Association. ★



Dave Ramsey

Dear Dave,

My wife and I are currently on Baby Step 2 of your plan. We attend church regularly, and we've always made sure we tithed 10% to 15% in the past. Do you think it would be okay to lower our tithe while we're getting out of debt and working through our debt snowball?

– Karl

Dear Karl,

When you look up the Hebrew word "tithe," it means tenth. Not 10 to 15 percent—a tenth. I've studied Scripture on this subject for about 25 years and taught in Christian settings. But please keep in mind you shouldn't do this because I gave you a "rule." I'm not the final authority on this. What we're about to get into comes from God.

In Proverbs, it refers to the tithe as first fruits, off the top, before anything else. The book of Deuteronomy says to give a tenth of your net in-

Dave Ramsey Says He Knows What's Best for Us

crease. Centuries of protestant Christian teaching has focused on the idea that the tithe goes to the local church, because it's the New Testament representation of the Old Testament storehouse. The storehouse took care of the Levites, which were the priests—or pastors—and the orphans and widows. Today, the New Testament church is supposed to use it for the same kinds of things: pastor's salaries and helping people who are struggling.

Before we go any further, I want you to remember one thing. Tithing isn't a salvation issue. God doesn't love you more just because you tithe a larger amount than the person sitting next to you in church. God loves you. Period. You're His child, and He's going to love you even if you don't tithe. But He knows what tithing does for us. It makes us focus on something other than ourselves. Doing it makes us less selfish, and more selfless. It makes us a little more Christ-like. And he wants us to be

giving and loving to the people around us.

Do you see what I'm saying, Karl? God doesn't need your money. He doesn't need my money. It was my choice decades ago when I hit bottom financially to continue tithing all the way into bankruptcy court and all the way out. But if someone literally can't afford to tithe for some reason—or can't hit 10% and still wants to attend and support a church—I'm pretty sure God understands.

– Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

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GOLD 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08165
Infinite Management Group, LLC, 3837 Sunnyvale Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Infinite House/Infinite House" 3837 Sunnyvale Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 25, 2024
Publish: November 8, 15, 22, 29, 2024
INFINITE 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08172
Liddawi Enterprise, 2110 Big Sky Drive, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Commercial Shared Kitchen" 5800 Madison Avenue, Suite T & S, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 28, 2024
Publish: November 8, 15, 22, 29, 2024
COMMERCIAL 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07439
Christian Tyler Pack, 8808 Dryden Court, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Pool Porchco" 8808 Dryden Court, Sacramento, CA 95828. Filed with the Clerk of Sacramento County September 27, 2024
Publish: November 8, 15, 22, 29, 2024
POOL 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08163
Krystina Davis, 2212 U Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Friendlates" 801 Alhambra Boulevard, Suite 3, Sacramento, CA 95818. Filed with the Clerk of Sacramento County October 25, 2024

Publish: November 8, 15, 22, 29, 2024
FRIENDLATES 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08157
Joseph George Medeiros, 7597 Sycamore Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Plants By Joe" 7597 Sycamore Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 25, 2024
Publish: November 8, 15, 22, 29, 2024
PLANTS 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08149
Chaifc El Hayek, 7886 Bothwell Drive, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Reliable Cooling & Heating" 7886 Bothwell Drive, Sacramento, CA 95829. Filed with the Clerk of Sacramento County October 25, 2024
Publish: November 8, 15, 22, 29, 2024
RELIABLE 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08195
Emerald Kitchen & Bath Inc, 4909 Auburn Boulevard, Suite 1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Emerald Kitchen & Bath" 4909 Auburn Boulevard, Suite 1, Sacramento, CA 95841. Filed with the Clerk of Sacramento County October 28, 2024
Publish: November 8, 15, 22, 29, 2024
EMERALD 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08218
Advanced Machine Group, LLC, 2205 Brunton Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Apex Auto Group" 1564 Sana Ana Avenue, Unit 100A2, Sacramento, CA 95838. Filed with the Clerk of Sacramento County October 29, 2024
Publish: November 8, 15, 22, 29, 2024
APEX 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08229
Christopher Johnson, 8007 Sunrise Boulevard, #116, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Zen-Air Solutions" 8007 Sunrise Boulevard, #116, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County October 29, 2024
Publish: November 8, 15, 22, 29, 2024
ZEN 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08178
Samiullah Yawari, 1114 Southwick Lane, Lincoln, CA 95648 is doing business under the Fictitious Business Name(s) "Union Auto Glass" 1114 Southwick Lane, Lincoln, CA 95648. Filed with the Clerk of Sacramento County October 28, 2024
Publish: November 8, 15, 22, 29, 2024
UNION 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07836
Sandhivveeraswamy LLC, 1350 Broadstone Parkway, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Chennai Bamboo Garden" 2784 E Bidwell Street #300, Folsom, CA 95630. Filed with the Clerk of Sacramento County October 15, 2024
Publish: November 8, 15, 22, 29, 2024
CHENNAI 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08231
Bizcoach, LLC, 1968 S Coast Highway, Suite 2535, Laguna Beach, CA 92651 is doing business under the Fictitious Business Name(s) "Bizcoach, LLC" 1968 S Coast Highway, Suite 2535, Laguna Beach, CA 92651. Filed with the Clerk of Sacramento County October 29, 2024
Publish: November 8, 15, 22, 29, 2024
BIZCOACH 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08245
Aviation Fuel Services, LLC, 6133 Freepport Boulevard, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Mather Jet Center" 10360 Macready Avenue, Mather, CA 95655. Filed with the Clerk of Sacramento County October 30, 2024
Publish: November 8, 15, 22, 29, 2024
MATHER 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08124
Mark Kozachenko, 6537 Campfire Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Koz General Contracting" 6537 Campfire Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County October 24, 2024
Publish: November 8, 15, 22, 29, 2024
KOZ 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07986
SM Ebiga Korean Restaurant, 7860 8th Street, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "SM Ebiga Korean Restaurant" 5825 Manzanita Avenue Suite 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 18, 2024
Publish: November 8, 15, 22, 29, 2024
SM 11-29-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07828
Lisa M Cannon and Jeffrey L Cannon, 9175 Stageline Court, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "J & L Soapworks" 9175 Stageline Court, Fair Oaks, CA 95628. Filed with the Clerk of

Sacramento County October 15, 2024

Publish: Nov 15, 22, 29, Dec 6, 2024
SOAPWORKS 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08435
Jim Paul Armenta, 1949 Kilchoan Way, San Jose, CA 95122 is doing business under the Fictitious Business Name(s) "Premier Multi-Services & Investigations" 6137 Watt Avenue, #1, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
Premier 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07842
Lovely Chews LLC, 3982 Kings Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Flava Bombs" 3982 Kings Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County October 15, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
FLAVA 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07932
MPI Productions, Inc, 621 NW 53rd Street, Suite 125, Boca Raton, FL 33487 is doing business under the Fictitious Business Name(s) "Morningside Productions, Inc" 621 NW 53rd Street, Suite 125, Boca Raton, FL 33487. Filed with the Clerk of Sacramento County October 17, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
MORNINGSIDE 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08464
Tracylyn Browne and Ceon Cheddie Sr., 5603 Drifton Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Monicalyn Photography/Ping to the Pong Table Tennis Academy" 5603 Drifton Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
MONICALYN 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08375
RFMG Enterprises LLC, 2320 Downar Way, Suite C, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "R&F Auto" 2320 Downar Way, Suite C, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 5, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
R&F 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08392
Tim Imai, 408 Meister Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "T Event Graphics" 408 Meister Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
EVENT 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07960
Anthony James Hermosillo Jr, 5536 Winding Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Premier Home Services" 5536 Winding Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 17, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
HOME 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07934
Ruffino Arango, 3100 26th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Ruffo's Tamales" 3100 26th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County October 17, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
TAMALES 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08393
Eddiee Amoraby Arango Carreño and Juana Maribel Carreño Jimenez, 3100 26th Avenue, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Los Altos de Oaxaca" 3150 26th Avenue, Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
OAXACA 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08294
Friendly Talk – Marriage and Family Therapy, Inc., 225 30th Street, Suite 311, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Friendly Talk Therapy" 225 30th Street, Suite 311, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 1, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
FRIENDLY 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07951
SwayData, LLC, 2317 Alsace Court, Livermore, CA 94550 is doing business under the Fictitious Business Name(s) "SwayData, LLC" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County October 17, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
SWAY 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08316
Victoria Vyse, 3329 11th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Eve Sinclair/Eve X. Sinclair" 3329 11th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 4, 2024

Publish: Nov 15, 22, 29, Dec 6, 2024
EVE 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08303
Lilit Movsesyan, 10450 S White Rock Road, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Restoration 911" 10450 S White Rock Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 4, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
RESTORATION 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08298
Evgeny Podbutskiy, 4904 Ruger Court, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Handygene" 4904 Ruger Court, Sacramento, CA 95842. Filed with the Clerk of Sacramento County November 4, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
HANDYGENE 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08476
Hamid Halal Market LLC, 7220 Fair Oaks Boulevard, Suite A & C, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lottery Market & Restaurant" 7220 Fair Oaks Boulevard, Suite A & C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 15, 22, 29, Dec 6, 2024
LOTTERY 12-6-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08500
Ahmad Asil Shams, 3845 Sierra Gold Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Innovational Builder" 3845 Sierra Gold Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County November 12, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
INNOVATIONAL 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08123
Oleg Mudrik, 5413 Nyoda Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Stellar Thermal Solutions" 5413 Nyoda Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County October 24, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
STELLAR 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08514
428 Associates, LP, 2870 Gateway Oaks Drive, #110, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "The Celine" 428 J Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County November 12, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
CELINE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08390
Elizabeth Jones, 8636 Westhaven Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Westhaven Solutions" 8636 Westhaven Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 5, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
WESTHAVEN 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08436
Trevon James, 3600 Data Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Top-Tier Safety Solutions" 3600 Data Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
SAFETY 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08479
Anzize Madriz, 2435 Iron Point Road, #1004, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Adenium Beauty" 2435 Iron Point Road, #1004, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 8, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
ADENIUM 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08422
Matthew Whittle, 7576 Community Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "K4MIE" 7576 Community Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
K4MIE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08516
Calin Fluers, 7873 Michigan Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Twiggs Floral Design Gallery" 3250 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 12, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
TWIGGS 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08462
First Step Housing, P.O. Box 188228, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "First Step Communities" 2111 Q Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
FIRST 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08312

Quiescence Care Homes By RNs, 4970 Walnut Avenue, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Quiescence Care Home/Care Home By RNs" 4970 Walnut Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 4, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
QUIESCENCE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08431
Tia J King, 9140 Blue Point Lane, #3, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Ellie 82 Hair Studios" 1440 Ethan Way, Suite 14, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
ELLIE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08487
Muscle Balance LLC, 7598 Macfinley Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Muscle Balance" 915 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 8, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
MUSCLE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08467
Tanya and Fiona Hair Studio, 3610 N Freeway Boulevard, Suite #117, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Tanya and Fiona Hair Studio" 3610 N Freeway Boulevard, Suite #117, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
TANYA 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08444
Sintia Mejia, 2700 S Las Vegas Boulevard, Las Vegas, NV 89109 is doing business under the Fictitious Business Name(s) "Its Just a Poke Sacramento" 2031 K Street, Suite B, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 7, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
POKE 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08432
Trinidad Janet Arriaga Castellanos, 5020 34th Street, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "YOLO The Sunset Destinations" 5020 34th Street, Sacramento, CA 95820. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
YOLO 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07052
Salvo Home Care, Inc., 15954 S Mur-Len Road, #315, Olathe, KS 66062 is doing business under the Fictitious Business Name(s) "BeyondWell Home Care/Home Care Assistance of Carmichael/Home Care Assistance of Roseville" 4005 Manzanita Avenue, Suite 5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 13, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
BEYOND 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08292
Austin Schlocker, 4536 Millrace Road, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Sacramento Public Affairs Collaborative" 4536 Millrace Road, Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 1, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
PUBLIC 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08602
Rigoberto Garcia, 10946 Disk Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Garcia Sweepers Services" 10946 Disk Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County November 13, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
GARCIA 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08649
Hui Rong Lin Lu, 3625 Astral Drive, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Renew Massage" 4140 Sunrise Boulevard, #C, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 14, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
RENEW 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08244
Joseph Rexford, 2734 Albatross Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Rexford Home Solutions" 2734 Albatross Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County October 30, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
REXFORD 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08446
Mutsumi Lawson, 3332 Hedgerow Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Leinani Leis" 3332 Hedgerow Court, Folsom, CA 95630. Filed with the Clerk of Sacramento

County November 7, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
LEINANI 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08160
Robert L Riggs, 11775 Justinian Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "B R Sales" 11775 Justinian Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 25, 2024
Publish: Nov 22, 29, Dec 6, 13, 2024
SALES 12-13-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08820
Olivia Shira Moon, 6609 Penney Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Object Dialogue" 6609 Penney Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Nov 29, Dec 6, 13, 20, 2024
OBJECT 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08531
New American Funding, LLC, 1 MacArthur Place, Suite 800, South Coast Metro, CA 92707 is doing business under the Fictitious Business Name(s) "Monument Home Loans US" 1 MacArthur Place, Suite 800, South Coast Metro, CA 92707. Filed with the Clerk of Sacramento County November 13, 2024
Publish: Nov 29, Dec 6, 13, 20, 2024
MONUMENT 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08610
Robert Wellman, 4265 Brookview Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "BusinessWise Brokers/BusinessWise Brokers & Consultants" 4265 Brookview Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 13, 2024
Publish: Nov 29, Dec 6, 13, 20, 2024
BUSINESS 12-20-24

CHP Swearing-In Ceremony Marks Milestone

California Highway Patrol News Release

SACRAMENTO, CA (MPG) - The California Highway Patrol (CHP) proudly announces a major achievement in its ongoing recruitment efforts as it officially swears in 121 new officers, bringing the Department past its goal of hiring over 1,000 officers. This milestone underscores the CHP's commitment to enhancing public safety and strengthening its presence within communities across the state.

The swearing-in ceremony at the CHP Academy in West Sacramento on Nov. 15 marks the culmination of months of rigorous training for these new officers. Each will report for duty to one of the CHP's 102 Area offices throughout the state. This is the largest graduating class since June 2022, when 128 officers were sworn in.

"Two years ago, we set an ambitious goal of recruiting 1,000 new CHP officers – and today, with this class, we have officially surpassed that goal. But I want to be clear: that goal has always been about more than just filling slots or hitting a number. Each officer is the very manifestation of public service, of peacekeeping. Every cadet graduating today felt a calling to do right by their community and to make the world safer. On behalf of the state and all who call California home, I want to thank each and every member of this graduating class," said Governor Gavin Newsom.

"Today marks a significant step forward for our agency and all of our communities," said CHP Commissioner Sean Duryee. "By surpassing our recruitment goal, we're adding highly-trained, committed officers who are ready to make a positive impact and meet the evolving needs of California. We're grateful for



CHP swears in 121 new officers on Friday, Nov. 15 at the CHP Academy in West Sacramento. Photo courtesy of the CHP

the dedication and passion these officers bring to their new roles."

The CHP started its successful multi-year recruitment campaign in June 2022. With over 21,000 applications submitted in the first ten months of 2024, the CHP has already surpassed last year's application total of more than 16,300 over the same period, representing a 29% increase. To accommodate this increase, the CHP conducts three concurrent cadet classes at its live-in training facility, where more than 250 cadets are currently in training. A new class of 160 cadets will arrive at the CHP Academy on Dec. 1.

Training at the CHP Academy is comprehensive, beginning with a foundation of nobility in policing, leadership, ethics,



A graduate is being officially pinned with his CHP badge by a loved one. Photo courtesy of the CHP

and cultural diversity. Cadets also receive specialized instruction in responding to mental health crises, vehicle patrol, crash investigation, first aid, and impaired driver evaluation. Additional training covers traffic control, report writing, stolen vehicle recovery, assisting motorists, emergency scene management, and mastery of the California Vehicle, Penal, and Health and Safety Codes.

The CHP is continuing its recruitment efforts. Join us in shaping the future of public safety in California. For more information about a life-changing career with the CHP, visit our website, recruitment.chp.ca.gov.

The mission of the CHP is to provide the highest level of Safety, Service, and Security. ★

LEGAL ADVERTISING
Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

"Talk Spanish" 5212 Schuyler Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 19, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
TALK 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08153
 Teng Fei Lion Dance LLC, 8238 Arroyo Vista Drive, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Teng Fei Lion Dance LLC" 8238 Arroyo Vista Drive, Sacramento, CA 95823. Filed with the Clerk of Sacramento County October 25, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
TENG 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08762
 Vasilii Vrubleuski, 4908 Indian Oaks Court, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "VVBees" 4908 Indian Oaks Court, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 19, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
VVBEEES 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08633
 Janelle Arsich, 1789 Harwood Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Hourly HR Solutions" 1789 Harwood Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County November 14, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
HOURLY 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08660
 Brandon Givens, 2511 K Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Anatolia Dev" 2110 K Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 15, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
ANATOLIA 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08621
 Marsha Kass, 700 University Avenue, #100, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Kass & Company, CPAs" 700 University Avenue, #100, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 14, 2024

Publish: Nov 29, Dec 6, 13, 20, 2024
KASS 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08587
 William L. Lyon & Associates, Inc., 3640 American River Drive, #100, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Windermere Property Management" 3640 American River Drive, #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 13, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
WINDERMERE 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08568
 Bloo Investments Inc, 2400 Fulton Avenue, #D, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Melas Auto Sales" 2400 Fulton Avenue, #D, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 13, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
MELAS 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08624
 Taylor Stephen Stone, 2740 Walnut Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Elite Stone Painting" 2740 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 14, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
ELITE 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08697
 La Speranza, 6515 Mariposa Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Grotto" 960 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 18, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
GROTTO 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08551
 HCH Veterinary Services, Inc., 6248 Main Avenue, Suite D, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Orangevale Veterinary Hospital" 6248 Main Avenue, Suite D, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 13, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
ORANGEVALE 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08494
 Rismo Transportation Inc,

320 N 10th Street, Suite 110, Sacramento, Ca 95811 is doing business under the Fictitious Business Name(s) "Rismo Medical Transportation" 320 N 10th Street, Suite 110, Sacramento, Ca 95811. Filed with the Clerk of Sacramento County November 12, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
RISMO 12-20-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-07856
 Kasey Stewart, 4173 Cypress Grove Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mini Scholars Daycare" 4173 Cypress Grove Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 15, 2024
 Publish: Nov 29, Dec 6, 13, 20, 2024
MINI 12-20-24

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021856

Kelly Kim Huynh aka Lan Kim Huynh has filed a petition with this court for a decree changing the name(s) of Kelly Kim Huynh aka Lan Kim Huynh to Kelly Win. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 27, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: October 29, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: November 8, 15, 22, 29, 2024
WIN 11-29-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021592

Maytham Salman Wadi Al Janabi and Nuha Abbas Jawad have filed a petition with this court for a decree changing the name(s) of Abdullah Maytham Salman to Abdullah Maytham Al Janabi and Aya Maytham Aljanabi to Aya Maytham Al Janabi.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 20, 2025, at 9:00 a.m. in Department

54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: October 24, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: November 8, 15, 22, 29, 2024
MAYTHAM 11-29-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV021805

Peter John Morgera has filed a petition with this court for a decree changing the name(s) of Peter John Morgera to Sabir Talib Muhammad.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: October 29, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: November 8, 15, 22, 29, 2024
SABIR 11-29-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV023018

Molly Katherine Roof has filed a petition with this court for a decree changing the name(s) of Molly Katherine Roof to Molly Kathryn Fitzgerald Roof.
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: November 12, 2024
 Christopher E. Krueger, Judge of the Superior Court
 Publish: Nov 29, Dec 6, 13, 20, 2024
ROOF 12-20-24

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV023591

Quang Tuan Duong has filed a petition with this court for a decree changing the name(s) of Quang Tuan Duong to Johnny Quang Duong.
 IT IS ORDERED that all persons interested in the above-

entitled matter appear before this court on April 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
 Dated: November 19, 2024
 Richard K. Sueyoshi, Judge of the Superior Court
 Publish: Nov 29, Dec 6, 13, 20, 2024
DUONG 12-20-24

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT GENE MINER, AKA ROBERT G. MINER AND BOB MINER

CASE NO. 24PR003286
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Robert Gene Miner, aka Robert G. Miner and Bob Miner.

A Petition for Probate has been filed by Lindsay Tachella, in the Superior Court of California, County of Sacramento, requesting Lindsay Tachella be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows December 12, 2024, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim

with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Kerry L. Krueger, Kroloff, Belcher, Smart, Perry & Christopherson, 7540 Shoreline Drive, Stockton, CA 95219; (209) 478-2000
 Publish: Nov 22, 29, Dec 6, 2024
MINER 12-6-24

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2021-08580
 The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Friendly Talk Therapy, 225 30th Street, Suite 311, Sacramento, CA 95816.
 Peter-Nam Hoang Dinh, 5412 V Street, Sacramento, CA 95817.
 The Fictitious Business Name Statement was filed on 9/27/2021 in the County of Sacramento.
 Filed with the clerk of Sacramento County: 11/01/2024.
 Publish: Nov 15, 22, 29, Dec 6, 2024
TALK 12-6-24



Women's Soccer Ends Season in NCAA Tournament First Round

Sacramento State University Athletics News Release

SACRAMENTO, CA (MPG) - The Big Sky Conference Tournament champion Sacramento State women's soccer team made its first appearance in the NCAA Tournament in 14 years on Sunday Nov. 17, but its run through the postseason was cut short at the hands of top-seeded USC, falling to the Trojans by a 5-0 score at the Dignity Health Sports Park Track Stadium in Carson, Calif.

The Hornets, who entered the postseason unbeaten in their previous nine matches, finishing their year at 5-7-9 overall and placed fifth in the Big Sky with a 3-2-3 overall record. Sacramento State's nine-match unbeaten streak was tied for the second-longest in school history while the nine draws set a new school single-season record.

USC, which improved to 16-1-3 overall with the win and moved its unbeaten streak to 14 consecutive contests, advanced to



Hornet sophomore goalkeeper Izzy Palmatier directs teammates during the Hornets' NCAA Tournament first round playoff match against USC on Nov. 17. Photo courtesy of Sacramento State Athletics

the second round where it hosts eighth-seeded Saint Louis.

Sunday's appearance in the NCAA postseason was the program's third, but the first since claiming the conference's automatic berth in both 2007 and 2014. The Hornets were fresh

off a Big Sky Tournament run that saw them become the first school to advance and claim the title via penalty kicks in all three of their contests, upsetting the No. 4 (Northern Arizona), No. 1 (Montana), and No. 2 (Idaho) seeded teams along the way.

Five Sacramento State players were named to the All-Big Sky team while six student-athletes were named to the Big Sky All-Tournament team, including gaining the MVP.

The Trojans opened the scoring just 3:16 into the match when

they were awarded a penalty kick following a tackle in the box that was deemed overly aggressive by the official. USC converted for the 1-0 lead and led 3-0 at the break following scores in the 13th and 17th minutes.

After the break, the Trojans tacked on two more, scoring just 4:26 into the second half and capping the day with a goal with 48 seconds remaining in regulation.

With her seven saves on Sunday, sophomore goalkeeper Izzy Palmatier finished the year with a Big Sky-best 107 stops, a mark that ranks third on the school's single-season list behind only Stacy Himes (123 in 1996) and Amy Seely (108 in 2001). Her seven shutouts this year were also tied for fifth on the single-season list, two of those scoreless draws against the Grizzlies and Vandals in the Big Sky Tournament semifinals and finals, respectively.

In all, 17 players gained NCAA Tournament experience on Nov. 17, with Candace Ching, Ariana Scholten, Ellie Farber, and Ali Fuamatu-Ma'afala, all attempting shots. ★

Hornet Tennis Signs Germany's Lisann Brinkman



Lisann Brinkmann, a native of Bielefeld, Germany, has signed a National Letter of Intent to continue her academic and athletic career with the Hornets. Photo courtesy of Sacramento State Athletics

Sacramento State University Athletics News Release

SACRAMENTO, CA (MPG) - Sacramento State head women's tennis coach Sophie Breault announced that Lisann Brinkmann, a native of Bielefeld, Germany, has signed a National Letter of Intent to continue her academic and athletic career with the Hornets.

"We're thrilled to welcome Lisann to our team," Breault said. "Her talent, work ethic, and competitive spirit align perfectly with our program's goals, and we're excited to see the impact she'll have on our success both on and off the court."

"Lisann's powerful yet consistent game will add valuable depth to our roster, making her an important asset in

our pursuit of more Big Sky Conference championships."

Brinkmann is one of the top juniors in Germany, reaching the finals at the Westphalian State Championships in the women's division before falling to the No. 16-ranked player in the ITF Junior rankings in a three-set marathon. She won the German Team Championships with the WTV state team and has claimed multiple Westphalian State Championships in her youth.

Finishing third on three different occasions in the German Youth Championships, Brinkmann has been ranked as high as No. 109 in the women's division (currently ranked No. 139) and is ranked 21st in the Under-18 division. ★

De'Aaron Fox Named Western Conference Player of the Week

National Basketball Association News Release

SACRAMENTO, CA (MPG)

- Sacramento Kings guard De'Aaron Fox has been named the Western Conference Player of the Week for games played between Nov. 11 and Nov. 17, the NBA announced on Nov. 18. Fox averaged 40.5 points (57.4 FG%, 57.1 3pt%, 81.0 FT%), 4.5 rebounds, 7.3 assists and 2.0 steals in four games over the course of the week.

Fox has now earned Western Conference Player of the Week honors six times in his career, passing DeMarcus Cousins (5) for the second-most Player of the Week awards in franchise history. He led the league in several categories over the past week, including points per game, total points (162), field goals made (58), free throws made (34), total clutch points (21) and clutch field goals made (7).

Fox posted his fourth double-double of the season with 29 points and 10 assists in a win vs. Phoenix on Nov. 13. He followed that up with a 60-point performance vs. Minnesota on Nov. 15, setting the single-game



Sacramento King De'Aaron Fox became the first player to total 109+ points in two consecutive NBA games since Kobe Bryant scored a total of 110 points in back-to-back games in March 2007. Photo by the National Basketball Association

franchise scoring record, shooting 22-of-35 from the field, 6-for-10 from 3-point range and 10-of-11 at the free-throw line. Against the Timberwolves, Fox scored 33 second half points, the second-most by a Kings player since the 1996-97 season, including 20 in the fourth quarter alone. He then posted 49 points, going 16-for-30 from the floor, and knocking down 14 free throws, to go with nine assists and a pair of steals in a win vs. Utah on Nov. 16. Per Elias Sports Bureau, Fox is the first player to total 109+ points in consecutive days since Kobe Bryant (110, 3/22-3/23/2007), and just the third player in NBA history, also joining

Wilt Chamberlain. His 109 points set a franchise record for total scoring over a two-game stretch, surpassing Cousins (104, 1/23-1/25/2016).

This season, Fox is posting averages of 28.9 points (50.9 FG%, 84.2 FT%, 61.1 TS%), 5.0 rebounds, 5.6 assists and 1.8 steals in 14 games. Among league leaders this season, he ranks sixth in scoring average while tied for seventh in steals per game. Fox is one of four players this season averaging 28.0 points, 5.0 rebounds and 5.0 assists per game while shooting 50.0% or better from the floor and holding a true shooting percentage of 60.0% or higher. ★

ARC Football Secures Fifth Straight Conference Championship



The 2024 American River College Football team went undefeated in league play and earned their fifth straight National NorCal Conference championship.

Story and photo by American River College Athletics

SACRAMENTO, CA (MPG) - The American River College football program secured their fifth straight National NorCal Conference championship on Nov. 9, with a 45-21 road victory over Santa Rosa Junior College.

After a slow start that saw the Beavers fall behind 7-0 in the first quarter, the Beavers were able to regroup and take control of the game. Kicker Cameron Smith was able to convert field goals from 47 yards, 32

yards, and 21 yards. Running backs Elias Brown, Akil Sohan, and Hakeem Anderson each contributed a rushing touchdown. Quarterback Jett Harris connected with tight end Gavin Correia on a 55-yard touchdown pass, while the special teams unit returned a blocked punt for a touchdown. Defensively the Beavers were able to force two interceptions and several sacks.

The Beavers followed up the victory at Santa Rosa with a 48-21 home win against Feather River College on Saturday, Nov. 16. With the wins the Beavers are now 5-0 in conference and 7-3 overall. ★

ARC Volleyball Earns Big 8 Conference Champions



The American River College women's volleyball team celebrates during their journey to 2024 Big 8 Conference Champions.

Story and photo by American River College Athletics

SACRAMENTO, CA (MPG) - The American River College women's volleyball program closed out the regular season as Big 8 Conference Champions after defeating Modesto Junior College and Sacramento City College.

The Beavers swept Modesto Junior College on Wednesday, Nov. 12, winning

3 sets to none, 25-13, 25-18, 25-21. The Beavers followed that performance up with another sweep on Friday, Nov. 15, against Sacramento City College, winning 25-17, 25-19, 25-16.

With the wins, the Beavers improved to 25-4 overall and 14-2 in conference. The Beavers will now await their seeding for the NorCal Regional playoffs which will begin for them on Tuesday, Nov. 26th (after press time). ★

Social Security Matters

When Should My Wife Claim Social Security Benefits?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I turned 64 in July and my wife turned 62 in August. My wife has not worked for approximately 15 years but does qualify for Social Security on her prior work record. My wife is having some physical issues and would like to not return to work. Since she is eligible to collect Social Security, that would be an option to provide additional income, so she doesn't have to work. My question is how would it affect her future SS spousal benefits based on my record if she begins collecting her own benefit now? I plan to work until at least my full retirement age (67), and maybe longer, but plan to start collecting SS at 67 even I continue working. **Signed: Working Husband.**

Dear Working: If your wife has the required 40 SS quarter credits, she is eligible to collect reduced retirement benefits at 62 (for that needed extra income), but her age 62 benefit will be about 70% of what it would be if she waited until her SS full retirement age (FRA) to claim. That reduction would, in turn, carry over to her spousal benefit when you eventually claim your SS benefit. Here's why:

Your wife's spousal amount when you claim will be a combination of her

own SS retirement benefit, plus an auxiliary amount (a "spousal boost") that she is entitled to as your spouse. At age 62, her own benefit will be cut by 30% and she can collect that reduced amount until you claim, at which point her spousal boost will be added to make her benefit equal her spousal entitlement. So, her total benefit as your spouse (when you claim) will consist of her reduced age-62 amount, plus an additional amount as your spouse.

If you claim at 67, your wife will be about 2 years short of her own FRA, which means that her spousal boost amount will also be reduced for early claiming. That reduced spousal boost will be added to her already reduced (age 62) SS retirement benefit, which will make her total benefit less than 50% of your FRA benefit amount.

So, your wife claiming her own reduced SS retirement benefit at 62 also means her spousal benefit amount will be affected, and taking her spousal boost before her FRA means that the boost amount will also be reduced for early claiming. The only way your wife can get the full 50% of your FRA entitlement is to wait until she reaches her own FRA (67) to claim Social Security benefits.

Having said all of that, if your wife's physical issues suggest that she claims her benefits early and she is comfortable with the smaller benefit she will get, then that may be the right choice. For reference, the reduction to your wife's spousal boost amount (if you claim at your FRA) will be about 17%, and that reduced

spousal boost will be added to her reduced age 62 SS retirement amount. The end benefit for your wife (if you claim at age 67) will likely be about 42% of your FRA entitlement (instead of 50%).

FYI, you can further delay your own SS retirement benefit (up to age 70) for a higher benefit yourself, but that would also mean your wife would need to wait longer to get her spousal boost. You could also wait to claim your SS until your wife reaches age 67 (her FRA), which would give you a higher personal amount and also ensure your wife gets her maximum spousal boost (but her total will still be less than 50% of yours because she claimed her own SS retirement benefit at 62). When to claim Social Security depends on financial need and life expectancy. If a long life expectancy is anticipated, waiting longer to claim is often the best move. But financial need always trumps waiting longer

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Kings Korner

By V.G. Harris



Wow, major media networks have taken to calling the Sacramento Kings an average NBA basketball team. As a fan of nearly 40 years and living through 16 straight seasons of missing the playoffs, that hurts.

I would almost rather you just called them bad, as opposed to the dreaded average.

Who wants to be average? Just an obscure number in a host of other numbers. No one I know, and I have high hopes that this team as it's assembled, will change this narrative and do it quickly.

After the Kings won three games in a row, I was all but certain that DeMar DeRozan had found his niche and was set to do great things for the Sac Town ballers. However, in the Nov. 24 game against the Brooklyn Nets, I witnessed DeRozan pass up 12-15-foot jumpers, only to pass off to other teammates for less desirable shots.

The past week wasn't kind to the Kings, as they had perhaps their worst one week stretch of the season. The week started with a 109-108 loss to the Atlanta Hawks, in a game that the Kings had in hand, and should have won.

Two nights later, in Los Angeles, the Clippers put on a clinic and embarrassed Sacramento, holding the Kings to a season low 88 points. The only good news was that the game was on the road, and the hometown fans didn't have to witness a second quarter that saw Sacramento score a season low 12 points. The game was decided early, and it was hard on the eyes.

Thinking this game had to be an anomaly, Golden One Arena was filled with expectant fans on Sunday Nov. 24 to welcome back former assistant coach Jordi Fernandez, who captured the head coaching job for the Nets in the off season.

Sadly, it was not to be, as the hometown team turned the ball over 16 times, while missing 11 shots from the charity stripe.

Last season saw the Kings finish dead last in the NBA in free throw shooting, but 10 games into the 2024/2025 campaign they were actually leading the

league in free throw percentage. The game against the Nets saw the Kings take a step back, in a game that was entirely winnable.

In today's NBA nine 3-pointers won't win many games, and in particular if your opponent sinks 19. Combine that with 20 made free throws in 31 attempts, and even without regard to the 16 turnovers committed by the Kings, this game was a real stinker.

Stalwart standouts De'Aaron Fox and Domantas Sabonis showed up as they always do, as Fox contributed 31 points, and was the only player for the Kings that could seemingly hit a three. DeAaron sank 3 of 4 3-pointers while Sabonis gathered in 18 rebounds and added 13 points for another solid double-double.

Huerter continues to struggle in spite of the fact that coach Brown has him in the starting five every night. Kevin went 1-5 from 3-point land, bringing his season average to a startling 29%. His 63% 2024/2025 free throw percentage tells me something is off with Huerter, and I'm convinced that either Keon Ellis or Malik Monk when he returns, would be better options in the starting lineup.

I'm just as convinced that Huerter can overcome his slow start but bringing him off the bench would give him a different look at things, and perhaps ease the pressure just a bit.

The game against the Nets saw a return to coach Brown's difficulties as it relates to coach's challenges. I witnessed no less than three occasions that the Kings could have potentially won a challenge, but sadly the game ended, and coach Brown had yet to challenge a single call.

Yes, Kings fans, the hometown boys have some cleaning up to do, and it's difficult to put a happy face on the games of the past week. Still, one game below 500 is not the end of the world, and with over 60 games to play, let's demonstrate a degree of patience. Let's root them on and see if this squad can come together.

All the best Kings fans!
Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

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The Carmichael Times is published weekly. Call (916) 773-1111 for more information.

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COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves

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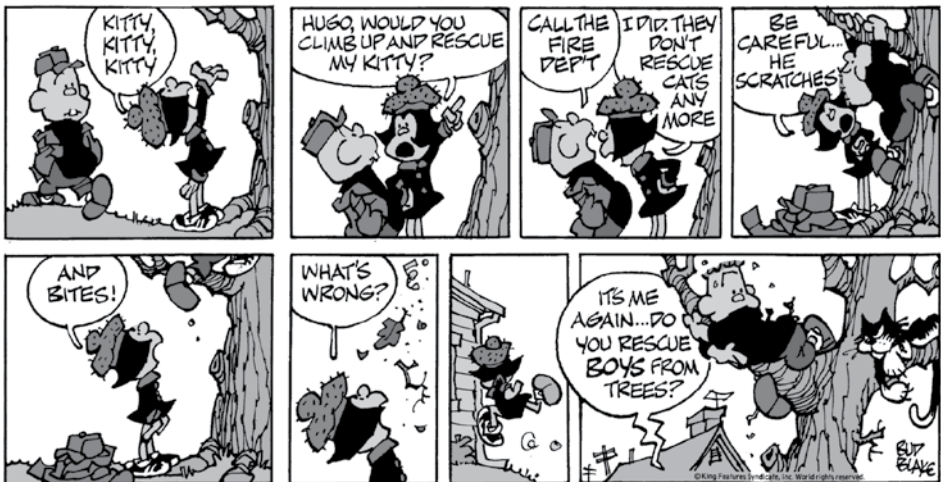
Out on a Limb

by Gary Kopervas



TIGER

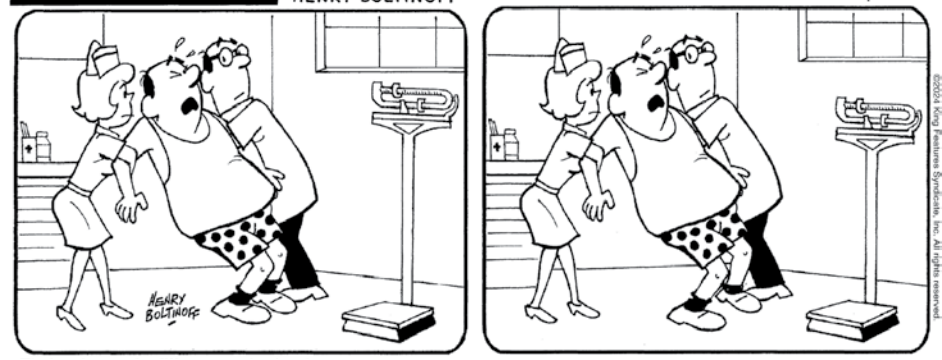
by BUD BLAKE



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Leg is moved. 2. Scale is shorter. 3. Window is not as wide. 4. Cabinet is not as wide. 5. Sock is shorter. 6. Nurse's foot is moved.

GRIN and BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



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CLUES

- ACROSS**
- Combat vehicle
 - Semi
 - *Biathlon gear, sing.
 - Keiko of "Free Willy"
 - *Ashi Waza and judogi sport
 - Audience's approval
 - Tandoori bread
 - Ned Stark's daughter, "Game of Thrones"
 - Röntgen beams
 - *Warning track sport
 - Monetary "thank you," pl.
 - Indigo dye shrubs
 - "Arabian Nights" bird
 - Destroyer
 - Danced to certain Polish music
 - Crematorium container
 - One without magic powers in Harry Potter stories
 - Largest volcano in Europe
 - Do nothing (2 words)
 - Singer Yoko
 - Be at the helm
 - Tropical tuber
 - *Player who delivers in a crucial sports moment
 - Recipe qty.
 - Display proudly (2 words)
 - Smells
 - Lake, in France
 - Clean a spill (2 words)
 - *#8 Across, pl.
 - *Cornerback and direct snap sport
 - Russian pancake
 - Pasta option
 - Go cold turkey
 - *Reward for multiple sports championships, pl.
 - "Breaking Bad" victim
 - The Beehive State
 - King Kong, e.g.
 - Type of lightbulb, acr.
 - Spooky
- DOWN**
- Boatload
 - Riyadh native
 - *Collegiate sports grp.
 - Topeka native
 - Not urban
 - Short poems of pastoral life
 - *Hockey score
 - *Powerful shot in hockey
 - 11th letter of Roman alphabet, pl.
 - Elvis' "___ Now or Never"
 - White and black stork
 - Glorify
 - *Gully and deep mid wicket sport
 - Foe
 - Fish eggs
 - Corrodes
 - Heap of "David Copperfield"
 - Preface
 - Scheme
 - Mr. T's TV show "The ___"
 - Olden days constipation treatment
 - *Bag of nails and baby

CROSSWORD													
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				4	5	6		

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Club Studio Thanked for Opening Here



Club Studio Fitness' Brandon Garcia prepares to cut the ribbon with Club Studio Fitness coworkers and Citrus Heights Chamber of Commerce members.

**Story by Ornella Rossi
and photo by Annie Kerr**

CITRUS HEIGHTS, CA (MPG) - Club Studio, a new, cutting-edge 36,000-square-foot health club, opened its doors in Citrus Heights and the Chamber of Commerce put together a noon ribbon-cutting ceremony Nov. 8 to celebrate the accomplishment.

Club Studio offers top-tier amenities, including a variety of group fitness classes such as reformer Pilates, cardio and strength training, spinning,

boxing, yoga, trampoline classes and more. The club also provides wellness services, including steam rooms, dry heat saunas, a full-service spa and cutting-edge cryotherapy treatments.

The center also houses Beaming Wellness, a smoothie and protein shake bar that offers pre- and post-workout snacks, while the Kalologie Medspa brings advanced wellness services to the facility.

The parent company behind Club Studio, Fitness International, is well-known

for its portfolio of fitness brands, including LA Fitness, City Sports Club and Esporta Fitness. The Citrus Heights location at 5419 Sunrise Blvd. marks one of the company's latest ventures as part of an ambitious expansion plan.

Local government representatives praised the new business for its contribution to the community during the Nov. 8 event.

"It's so exciting to see new businesses coming to Citrus Heights. I've never seen this level and volume of equipment.

Congratulations on your grand opening," said a representative for Assemblymember Josh Hoover.

A representative for state Sen. Roger Niello added, "We would like to congratulate you and thank you for bringing such a state-of-the-art facility to our community. You've chosen an amazing location here."

Citrus Heights Vice-Mayor MariJane Lopez-Taff also welcomed Club Studio, stating, "I want to officially recognize Club Studio. Thank you for

coming to our community and bringing vibrancy to our area."

The new facility offers an average of 120 classes per week, with an average of 20 participants per class. Garcia also announced that Club Studio is only the fifth location out of more than 90 planned clubs. In addition to the Citrus Heights' Club Studio opening, two more locations are planned to open soon, one in Elk Grove in early 2025 and another in Walnut Creek in the coming weeks. ★

Forest Health Grant Funding Aims to Restore and Protect Thriving Forest Ecosystems



California landscape damaged by catastrophic wildfire. Photo courtesy of CAL FIRE

California Department of Forestry and Fire Protection News Release

SACRAMENTO, CA (MPG) - The California Department of Forestry and Fire Protection (CAL FIRE) is announcing the availability of up to \$70 million in funding for projects aimed at improving forest health across the state. CAL FIRE is soliciting applications for projects that work to proactively prevent catastrophic wildfires and restore forests to healthy, functioning ecosystems while also sequestering carbon and reducing greenhouse gas emissions.

Applications will be accepted from Nov. 13 and are due by no later than 3 p.m. Jan. 15, 2025.

"We know this work makes a difference both in forest health and wildfire resilience and that is why CAL FIRE is proud to have awarded over \$700 million in Forest Health grant funding since 2017," said Chief Matthew Reischman, Deputy Director

of Resource Management. "This Forest Health grant funding supports sustainable land management practices, reforestation efforts, promotes a healthier ecosystem, and ensures that future generations can enjoy and benefit from California's natural resources."

The Forest Health Program funds active restoration and reforestation activities aimed at providing for more resilient and sustained forests. This ensures the future existence of forests in California while also mitigating climate change, protecting communities from fire risk, strengthening rural economies, and improving California's water and air.

A virtual pre-recorded workshop will be made available to explain the grant process and requirements. Please check the California Forest Health webpage at www.fire.ca.gov/what-we-do/grants/forest-health, to view the workshop. Any questions can be



Grassland fuels being managed. Photo courtesy of CAL FIRE

directed to ForestHealth@fire.ca.gov.

Projects that receive funding from the Forest Health grant program are designed to complement the California Forest Carbon Plan, California's Natural and Working Lands Implementation Plan, California's Wildfire & Forest Resilience Action Plan,

California's Strategic Plan for Expanding the Use of Beneficial Fire, and AB 32 Climate Change Scoping Plan.

The Forest Health grant program is part of California Climate Investments, a state-wide program that puts billions of cap-and-trade dollars to work reducing greenhouse gas

emissions, strengthening the economy, and improving public health and the environment, particularly in disadvantaged communities.

Projects will reduce the risks to California's forests from extreme disturbance events including catastrophic wildfires, drought, disease, and pest mortality. ★



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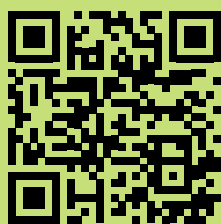
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