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# Carmichael Times

VOLUME 45 • ISSUE 51    *Serving Carmichael & Sacramento County since 1981*    DECEMBER 20, 2024

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INSIDE**

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HONORED BY  
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*Merry Christmas!*



**Sacramento  
New Home  
Sales Ending  
2024 on a  
High Note**

**North State Building  
Industry Association  
News Release**

**SACRAMENTO, CA (MPG)** - During a time of year when new home sales in the greater Sacramento region normally are dipping to their annual low point, buyers continued to purchase new homes at near-record levels in November, the North State Building Industry Association (BIA) reported Dec. 10.

Building Industry Association members reported selling 524 new homes in the region in November. That was a scant 1.2% lower than in October and 4.6% higher than in November 2023. However, sales were 47% above the average sales volume for the month (356).

November was the fourth straight month in which 500 or more homes were sold. July was the only month so far this year in which sales were below 500 (433).

November's sales were the second-highest in the region for the month since 2004's monthly record of 821 during the height of the housing boom (also trailing 554 sales in November 2021).

Tim Murphy, North State Building Industry Association's president and CEO, said the year's strong late-year surge shows that demand continues to be incredibly strong, despite mortgage rates ticking upward, and reinforces the Building Industry Association's message that new home construction continues to be far below the level needed.

"We continue to stress to elected officials throughout the region that excessive regulations and sky-high fees averaging over \$100,000 per home make it more difficult and more costly to build the new homes the region needs," Murphy said. "Reforms to speed the approval process and reduce the fee burdens would allow our members to build more homes than they can today, improve affordability, and begin to bring supply and demand into balance. These changes are needed statewide but especially here in Sacramento, which was historically far more affordable than today."

During October, Roseville retained the top spot with 125 sales reported, followed by Rancho Cordova (78), Sacramento (65), Elk Grove (58) and Folsom (54). Natomas was sixth

*Continued on page 5*

## All Hail the 2025 Mayor

**Story and photos  
by Susan Maxwell  
Skinner**

**CARMICHAEL, CA (MPG)** - The Carmichael 2025 Honorary Mayor is UC Davis neurosurgeon Kawanaa Carter. The Carmichael Chamber of Commerce recently announced her election during a champagne celebration at the Milagro Centre.

Achieving a financial landslide, Dr. Carter raised \$20,500, more than her four rivals raised all together. "I'm proud of all our 2025 candidates," Chamber of Commerce President Rosie Buck told supporters. "Being in the mayoral race takes so much hard work and commitment. You've all helped your community's charities and the chamber."

The campaign process this year shared funds at the rate of 75 percent for candidates' favorite non-profit organizations and



**Dr Kawanaa Carter (third from front left) will take on Carmichael's Honorary Mayoral duties in January. She is joined by former Honorary Mayor Izzy DeLancey (front left) current Honorary Mayor Miranda Viani, former Honorary Mayor Kerri Mandes, Chamber of Commerce President Rosie Buck and Chamber of Commerce Ambassador Betty Bowles. Back row are Chamber of Commerce director Brad Sanborn, Carmichael Park Board member Joel Levine and Chamber of Commerce director Dale Lorzo.**

the remainder for the chamber. The August-to-November contest counted each donated dollar as a vote. Put bluntly, the winner with the most cash got the sash. Carter last week

ordered her 2024 model.

"Thank you all for working so hard," Carter told her rivals. "I hope we'll work together in future for the benefit of our charities."

Continuing a Michigan and California career in neurological research, Carter now practices at UC Davis. Her campaign fundraising boosted

*Continued on page 4*



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# Family Hits Jackpot for Local Charities

By Gary Zavoral

**SACRAMENTO REGION, CA (MPG)** - Seven is a special number for Kelvin and Leslie Moss of Granite Bay. They have seven children, and their last child was nicknamed “Seven.” And, on the night they went to the Sacramento area’s charitable vending machines, there were seven members of their family present.

And sevens are especially lucky for struggling individuals and families throughout the Sacramento region and the world. Because last week, the Moss family typed in “777” into a Light the World Giving Machine and donated 30 gifts to those in need. It is considered a “Giving Machine jackpot,” worth \$2,035 for five local charities and two global ones.

“We didn’t know we’d do this until we got there that night. We had seven children, and seven of us were at the Giving Machines that night. It just felt right to choose 777,” mother and grandmother Leslie Moss said. “We really felt we hit the jackpot for our community. It was a great night.”

Light the World Giving Machines, sponsored and financed by The Church of Jesus Christ of Latter-day Saints, are at the Westfield Galleria at Roseville for a third year and are filled with cards detailing charitable gifts. When one item is purchased, the card falls to the bottom, just like a candy bar drops when purchased at a vending machine. Joining Kelvin and Leslie at the Giving Machine were son-in-law Eric Stratton and four grandchildren.

“It was really fun to see every single card drop to the bottom one by one,” said Leslie. “The kids would shout as they dropped: ‘Someone is getting new underwear!’ ‘Someone is getting diapers for their baby!’” And so on, she says, until all 30 cards dropped.

Twenty-five of the 30 gifts are for individuals or families in the greater Sacramento region who are suffering financially or emotionally,



From left, Eric, Win, Daisy, Freddy and Bennett Stratton show off some of the gifts for others that they purchased. Photo courtesy of Gary Zavoral

and the gifts are designed to provide food, comfort, counseling and other services to help them on their path toward self-reliance. The Moss family knows a bit about suffering emotionally, as they lost three of their sons to accidental deaths in the past four years.

“Our grandchildren were really on board with this, in giving to others who are less-fortunate and suffering at this time,” Leslie said. “They wanted to make sure that heaven could be involved, that their uncles could be there, too.”

Before heading to the Giving Machines, Grandma and Grandpa talked to the children about what the Giving Machines are all about and to think about the specific gift they wanted to choose for a needy person or family.

“We talked about how usually with a vending machine you get something for yourself, but with the Giving Machine, this time you are getting something to help someone else,” Leslie said. “They were so thoughtful about why they chose that specific gift.”

Bennett, 14, chose suicide

prevention therapy from Lighthouse Counseling & Family Resource Center because “it’s the gift that will keep giving,” Leslie said. Lighthouse, based throughout Placer County, provides counseling, educational classes and programs and assists clients in obtaining resources to help them through a challenging time. The other gifts in the Giving Machine for Lighthouse that the Moss family also purchased are child abuse and domestic violence prevention counseling sessions, one week worth of diapers for a single mother with a newborn, and a three-day supply of emergency food.

Winston, who goes by Win, is 8 years old, and he chose three days of safe shelter for a family or individual in need, provided by Catholic Charities throughout the Sacramento region. Win chose that, Leslie says, “because whenever he sees a homeless person, he feels so sad for them and wants to help take care of them.” Other gifts for Catholic Charities are an infant care kit for a new mother, a “dress for success” gift that provides a job seeker a new outfit, one week of food for a senior

experiencing food insecurity, and job training for someone entering the workforce.

Daisy, 5, “couldn’t bear to think about someone going to bed without a blanket and a pillow,” so she wanted to give the “Pillow & Bedding” provided by Al-Misbaah Charitable Aid, Leslie said. The Sacramento-based charity has helped numerous refugees and vulnerable families get established in Northern California. The other gifts for Al-Misbaah are socks and hat for someone who needs the extra warmth, a hygiene kit to help a community member stay clean, a backpack filled with school supplies for a student, and a bicycle for a child for exercise, adventure and to ride to and from school.

Daisy’s twin brother, Freddy, “loves to play soccer, and he couldn’t figure out how any child could go without a soccer ball,” Leslie said. So, he chose the gift of four soccer balls for a school to help teach students teamwork and promote fitness. That gift is offered by Right to Play, a global charity that helps children in impoverished

nations thrive by promoting the “power of play.” The other gifts in the Giving Machine purchased are 20 storybooks for primary school-children and menstrual hygiene kits to help female students stay in school.

The Moss family purchased all those gifts, along with others from three other charities. They are:

First Step Communities in Sacramento and Roseville, which provides interim housing and emergency shelter in the Sacramento area and Roseville. Their gifts in the Giving Machines are a kit of hygiene essentials, new underwear, a warm blanket and pillow, a winter coat and 100 laundry vouchers.


Rancho Cordova Food Locker’s Community Food Hub, whose gifts in the Giving Machines are two gallons of milk for children, an emergency weekend food pack for students, a one-month supply of fresh produce for a family, a kit of essentials to feed 10 senior citizens, and a group cooking class to teach 25 families cooking techniques and nutrition principles.

The global charity Academy for Creating Enterprise, which provides business opportunities for individuals and families in impoverished countries. The two gifts in the Roseville Giving Machines are a basket as a way to carry goods for a new business owner and, probably the most unique gift in the machines, two piglets to help a family start a business.

“It was just an awesome experience for us to give to so many people at the same time,” Leslie said. “We hope to do again next year and make it a family tradition.”


The Light the World Giving Machines are located on the first floor of Westfield Galleria at Roseville, near the giant Christmas tree. The Giving Machines will keep giving through New Year’s Day.

To see all the gifts available, their prices and links to all the charities, go to the Sacramento and Modesto Giving Machines website at [www.givingmachinesgreatersacramento.org/](http://www.givingmachinesgreatersacramento.org/). ★



## Home For The Holidays

5480 Auburn Folsom Rd, Granite Bay | \$1,175,000




Nestled on 5.9 private acres across from the prestigious Los Lagos neighborhood, this 5-bedroom, 3.5-bath home offers the perfect blend of space and tranquility. Inside, the formal living room boasts soaring ceilings and a cozy fireplace, while the spacious kitchen features a central island and ample storage. A formal dining area and a large family room make it ideal for gatherings. The master suite includes dual vanities and a soaking tub for ultimate relaxation. Step outside to a generous patio, perfect for entertaining or soaking in the serene surroundings. With room to expand and personalize, this property is brimming with potential!

11243 Crocker Grove Ln, Gold River | \$819,000




Located in the gated Crocker Grove Village, this 3-bed, 2-bath home offers style and convenience. Enjoy the inviting gated courtyard and bright interiors with travertine flooring, dual-pane windows, and plantation shutters. The chef's kitchen boasts a central island, bar seating, stainless steel appliances, and a double oven. Relax in the spacious master suite with a soaking tub, shower, dual sinks, and his-and-her closets. Outside, the private backyard features a covered patio and low-maintenance landscaping. Minutes from top schools, Gold River Town Centre, and the American River, this home offers tranquility and a prime location!

4830 Dover Ln #304, Sacramento | \$336,000




Welcome to this beautifully maintained upper-level condo in a gated community! This bright and airy 2-bed, 2-bath home features an open floor plan with cathedral ceilings and luxury vinyl flooring throughout. The kitchen offers white cabinetry, granite countertops, and a modern design. Relax by the indoor fireplace or on the covered balcony overlooking lush landscaping and redwoods. The primary suite includes his-and-her closets and an ensuite bath with a soaking tub, while the second oversized bedroom could double as a second master. Enjoy amenities like a pool, spa, sports courts, and clubhouse—all near great shopping and dining!


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Set on 1.8 acres in a sought-after Carmichael neighborhood, this rare RD-2 zoned property offers endless potential! Whether you envision a subdivision or crafting your dream estate, this 3-bed, 2-bath home provides the perfect starting point. Featuring striking stone architecture, picture windows, and a spacious layout, the home exudes charm. Outside, enjoy a private lot with a pool, spa, detached garage, and partial basement. Located near top schools, the American River, Milagro Center, and premier shopping and dining, this is a unique opportunity to own a piece of Carmichael's history!



**Craig Diez**  
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## Kiwanis Club of Carmichael


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## Community Projects For Children and Families

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# Sue Frost Honored by Community

By Elise Spleiss

**SACRAMENTO COUNTY, CA (MPG)** - Hundreds of well-wishers kept the secret from guest of honor Sue Frost that she was about to have an unforgettable evening on Saturday, Nov. 23.

Colleagues, family and friends from many counties were all quietly inside the Orangevale Community Center by 5 p.m., when shortly after, the door opened slowly. Frost entered and photographer Cathy Kurtz took eight rapid photos before Frost realized what was happening. Her husband, Jack, made a thumbs up, happy that this secret had finally been revealed and he could relax.

Before becoming a county supervisor, Frost was elected to the Citrus Heights City Council in 2012, served as Vice-Mayor in 2014 and eventually served as Mayor in 2015. In 2017, Frost assumed the role of District 4 County Supervisor, being reelected in 2020 with her term ending Jan. 6, 2025.

The well-planned and well-executed event on every front was managed and produced by All Events Management Group, Lisa Montes. “Milestones,” one of their specialties, was achieved in every way this night.

The program began with a video, asking friends and colleagues to say one word about Frost and other memories. Part of the video prompted a standing ovation by the Sacramento Taxpayers Association as it began with the slow, unfolding text with the works of Frost, set to the music of “Star Wars.”

Words attributed to Frost by many included grace under fire, grass roots, community, authentic, determined, genuine, common sense, calm and collected, dedicated, tenacious, true to your word, principled and much, much more. One speaker recognized Frost as being best known for listening and helping people.



Sue Frost walks into her surprise party at the Orangevale Community Center. Photo by Cathy Kurtz



Assemblyman Josh Hoover presents Sue Frost with a plaque of recognition. Photo by Cathy Kurtz

One description that got much applause and agreement was that Frost is the “most nonpolitical politician.”

Others described how Frost thinks carefully about each issue, analyzing it carefully, and does



Citrus Heights Chamber of Commerce Executive Director Sheri Merrick presents Sue Frost with a plaque of recognition. Photo by Cathy Kurtz

research before making her decision. She also has no qualms about explaining her decision, no matter how it will be taken and sticking to that decision.

Examples given were being



Many banners were hung up honoring Sue Frost's service as a County Supervisor. Photo by Cathy Kurtz

instrumental in helping make major changes across the board and across the state to combat the negative effects that Covid was producing, such as keeping children out of school and closing down businesses.

Frost also helped save the Rancho Murietta Hotel and other small businesses by fighting

county bureaucracy. A large part of the evening was taken up by many proclamations and awards given out, along with many more stories and memories by speakers from the audience, adding their experiences and appreciation for Frost's work.

Jack Frost, thinking he would get the last word in after 12 years, realized that was yet to happen. He did thank God and all who have helped them. He also thanked Rosario Rodriquez, who owns a taqueria in Folsom, “for the wonderful dinner.” Rodriguez will be installed as District 4 Supervisor, filling Frost's spot.

Jack Frost also thanked sponsors Sacramento County Probation, Sacramento Taxpayers Association, Howard Jarvis Tax Association, American Legion Post 637 and Stones Casino. The dessert was provided by the Orangevale Chamber of Commerce. Carlos Verette acted as emcee and as

and as deejay, filling the room with music.

This evening was one to remember. A prayer was said, thanking Jack and Sue Frost for all they have accomplished in the last 12 years and hoping they find ways to continue to make a difference in the new chapter of their lives. ★

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# All Hail the 2025 Mayor



Celebrating her landslide mayoral victory, Dr Kawanaa Carter gets hugs from Girl Scout chums.

Continued from page 1

Infinite Giving, a charity she began five years ago. The foundation’s focus is helping the unhoused, and disadvantaged women and children.

The new honorary mayor campaigned against a private school staffer and three business owners. Rivals were Mikhaila Freas who supported Carmichael HART’s work for the homeless community; Shelby Glass boosted the Victory Christian School; Celia Surridge benefited Joshua’s House Hospice; and Tony Myers helped the San Juan Education Foundation.

The victor will undertake a year of showing the sash at civic occasions. Carter will cut ribbons,



Mayoral victor Dr. Kawanaa Carter is congratulated by husband, attorney Robert Buccola.

plant trees and judge dog shows. The honorary mayor is also enlisted to sit on the Carmichael Chamber of Commerce board. She anticipates all with enthusiasm.

“I want to thank my

husband (Sacramento attorney Robert Buccola) for bringing me to live in Carmichael,” Honorary Mayor Carter told Chamber supporters. “I’m looking forward to serving this community.” ★

# Sutter Health Announces Latest Multispecialty Care Center Expansion

## Sutter Health News Release

SACRAMENTO, CA (MPG)

- Renovation is underway at the Sutter Health Arden Care Center located at 1651 Exposition Blvd. in Sacramento as part of the health system’s robust, strategic plan to increase access to more care services.

The location will support greater access to services for those in Sacramento, Arden-Arcade, Del Paso and Carmichael.

The existing three-story, 70,000-square-foot office building will be transformed into a multispecialty care center. It will feature primary care and outpatient support services, including diagnostic imaging, urgent care and a clinical laboratory. The location will also feature specialty care, including dermatology, endocrinology and rheumatology. About 40 Sutter-affiliated physicians and other providers will have offices and clinics in the Sutter Health Arden Care Center.

“Patients want the convenience of having multiple services available in one location,” said Dr. Karun Grossman, chief medical officer of Sutter Medical Group. “The Sutter Health Arden Care Center features a host of options and is centrally located to better serve those living and working in nearby communities.”

Internal demolition is now underway. Renovation construction is scheduled to begin in January and the first patients are expected to be seen next December. The estimated cost of the project is about \$76 million.

The Sutter Health Arden



The existing three-story, 70,000-square-foot office building will be transformed into a multispecialty care center. Photo courtesy of Sutter Health

Care Center is the latest example of Sutter Health’s broader expansion plans in action. With new facilities and services strategically located, the aim is to increase access to primary and specialty care doctors, reduce travel times for patients, and provide timely access to essential healthcare services.

Other expansion plans in the greater Sacramento area include the Sutter Health Folsom Care Complex, a 106,500-square-foot, \$145-million project featuring primary and specialty care, as well as an ambulatory surgery center. Sutter Health is also expanding its Elk Grove Care Complex with the planned construction of a new 56,000-square-foot, \$67.8-million specialty care center. In addition, Sutter Health acquired seven acres of land in south Placer County on Highland Pointe Drive for a proposed care center that could feature primary, urgent and specialty care.

“Adding more care locations for patients and families is just one part of how Sutter plans to expand patient access now and in the future,” said Rachael McKinney, Sutter Health’s Greater Sacramento president. “We have recruited

more than 250 physicians to the area alone, expanded pathways for the next generation of caregivers, and added digital health support that will help meet the growing demand for our services and enhance the overall patient experience.”

Sutter Health is a not-for-profit healthcare system dedicated to providing comprehensive care throughout California. Committed to health equity, community partnerships, and innovative, high-quality patient care, Sutter Health is pursuing a bold new plan to reach more residents and make excellent healthcare more connected and accessible. It currently serves nearly 3.5-million patients, thanks to a team of more than 57,000 employees and clinicians, and 12,000-plus affiliated physicians, with a unified focus on expanding care to serve more patients.

Sutter Health delivers affordable care through its hospitals, medical groups, ambulatory surgery centers, urgent care clinics, telehealth, home health and hospice services.

Learn more about how Sutter Health is transforming healthcare at [sutterhealth.org](https://sutterhealth.org) and [vitals.sutterhealth.org](https://vitals.sutterhealth.org). ★

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By Sue Frost

As my tenure as Supervisor for District 4 comes to a close, I am overwhelmed with appreciation. It has been a profound honor to serve the diverse and vibrant areas of Sacramento County. From the soulful avenues of North Highlands to the tranquil settings of Rancho Murieta, each community has its own unique charm, and a collective will to enhance our region.

During my years in office, I've had the pleasure of seeing and contributing to significant improvements that have positively impacted the lives of our residents. Together, we have achieved notable progress, all aimed at enriching the Sacramento Region.

We successfully allocated \$4.5 million in ARPA funds to bolster services and housing initiatives across District 4. These projects have spurred growth and enhanced the quality of life in our communities.

Significant projects include the revitalization of the Rio Linda Firehouse and restoring Fire Engine #2 to operational status. These upgrades are critical, ensuring that our emergency services are well-prepared

## Community Update

### Serving You: The Honor of My Lifetime

to safeguard our community. Community gatherings like the Rio Linda/Elverta Country Faire and the Christmas Light Parade have not only spread cheer but also fostered a strong sense of togetherness.

I had the privilege of leading efforts that substantially supported local veterans' services, aiding veterans and non-profits, and fostering economic vitality. The enhancements to the Orangevale Library and our support for the Orangevale History Museum have played pivotal roles in preserving our local heritage and expanding access to educational resources. The Orangevale-Fair Oaks Big Day of Service exemplifies the positive outcomes that arise from community cooperation and common goals.

In safety and preparedness, we secured a significant \$400,000 grant from Caltrans to fortify emergency evacuation routes for Rancho Murieta, enhancing the area's readiness for any emergency.

This year, I played a pivotal role in fostering unity and collaboration in North Highlands by engaging with local leaders committed to enhancing well-being and economic vitality. This collaboration led to the successful "Celebrate North

Highlands" event, which brought together over 2,000 residents on Sept. 28, to celebrate the spirit of the community.

I have always stood firm in my commitment to our local economy, advocating for a strategic approach to reopening that maintained the competitiveness of our businesses and kept our shopping local. My commitment to openness and honesty has been central, admitting to and learning from any missteps to maintain a transparent relationship with you.

Reflecting on these efforts, I am proud of what we have accomplished together. Serving you has been a tremendous privilege, and I am thankful for the opportunity to have been part of your stories and your advocate.

Thank you for your trust, your active participation, and your steadfast commitment to our community. Although my role as Supervisor is concluding, my dedication to supporting and uplifting our region remains steadfast.

If you would like to stay in touch with me, please feel free to reach me at sue@sue-frost.com.

Thank you all for a wonderful and impactful journey. God Bless.

Sue

# Honoring Sue Frost:

## A Celebration of Leadership and Dedication



Many banners were hung up honoring Sue Frost's service as a County Supervisor. Photo by Cathy Kurtz

By MaryAnne Povey

Friends, colleagues, and supporters of Sue Frost gathered together in a surprise celebration at the Orangevale Community Center to honor her eight years of dedicated service as Sacramento County Supervisor.

The evening was a true reflection of Sue's broad impact, with guests spanning the communities she served and including elected officials at every level—local, state and federal. The diversity of the crowd highlighted Sue's ability to connect with people from all walks of life and her dedication

to addressing issues that matter most to her constituents.

Sue, who was genuinely surprised, was visibly moved by the outpouring of gratitude and appreciation. Throughout the evening, personal stories were shared, emphasizing her tireless advocacy for local issues and her ability to ensure everyone felt heard. Her leadership and commitment have left a lasting legacy in the communities she served.

A special thanks goes to all who contributed to making the event a success. Her husband, Jack, played a key role in orchestrating the surprise.

All Events Management handled the event logistics seamlessly, while Anthony Garcia, Chamber President, impressed with gourmet desserts. Cathy Kurtz captured the evening beautifully through her photography, ensuring every moment was documented.

Sue Frost's retirement marks the conclusion of a remarkable chapter of public service. Her contributions to our communities have been invaluable, and she will be greatly missed. We wish her the very best as she moves into this next stage of life and thank her for her years of dedication and leadership. ★



## Sacramento New Home Sales Ending 2024 on a High Note

*Continued from page 1*

(26), with Plumas Lake (21), El Dorado Hills (19), Lincoln (13) and Rocklin (12) rounding out the Top 10.

Building Industry Association statistics include sales by members in Amador, El Dorado, Placer, Sutter, Yolo and Yuba counties. ★

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# Ho Ho Ho Traditions

Christmas is special for all in so many ways with traditions galore. We hold true to them, but do you know how they got started? Let’s explore!

**WHY IS CHRISTMAS ON DECEMBER 25th?** The name Christmas comes from the Mass of Christ or Christ-

Mass, and it was the only one that was allowed to take place after sunset and before the next sunrise, so people had it at midnight. So Christ-Mass is shortened to Christmas. No one knows the real birth day of Jesus. No date is given in the Bible. The first recorded date of Christmas being celebrated on December 25th was in 336, during the time of the Roman Emperor Constantine who was the first Christian Roman Emperor. A very early Christian tradition said the day when Mary was told that she would have a very special baby, called the Annunciation, was on March 25. Nine months after March 25 is December 25th. March 25th was also the day some early Christians thought the world had been made, and also the day that Jesus died.

**CHRISTMAS TREES?** Nobody is really sure when Fir trees were first used. It probably began about 1000 years ago in Northern Europe, and many early Christmas trees were hung upside down from the ceiling using chains hung from chandeliers or lighting hooks. The first documented use of a tree at Christmas and New Year celebrations is argued between Tallinn, Estonia and Riga, Latvia. Both claim they had the first trees.

**POINSETTIAS?** Maybe because

Joel Roberts Poinsett, first Ambassador from the USA to Mexico in 1825. Visiting the Taco area of Mexico in 1828, he became very interested in the plants. He took some back to his plantation in South Carolina, began growing them, and sending them to friends and botanical gardens. And it’s all because of a Mexican legend about a poor Mexican girl called Pepita who had no present to give the baby Jesus. You can fill in the details.

**CANDY CANES?** The first recorded ‘candy stick’ comes in 1837 at an exhibition in Massachusetts. It was straight white sugar sticks, a few years later the red stripes were added. Could it be that a Catholic priest invented the ‘Keller Machine’ that made the sticks curved? Sometimes Christian meanings are given to the canes. The ‘J’ can also mean Jesus. The white of the cane the purity of Jesus, the red stripes for the blood he shed when he died on the cross. The peppermint flavor can represent the hyssop plant that was used for purifying in the Bible. You choose!

**CHRISTMAS CARDS?** Maybe in the UK in 1843 with Sir Henry Cole who helped set-up the new Public Record Office, now called the Post Office. Sir Henry had the idea with his friend artist John Horsley. Lots of changes, but today it’s accepted around the world.

But whatever traditions you follow, it is a time to share and care with love in your heart! MERRY CHRISTMAS TO ONE AND ALL AND TO ALL GOOD CHEER! ★



# I Thought She Said, “Doughnut”

Dr. James L. Snyder

As hard as I try, and believe me I try, I don’t always hear correctly, especially regarding The Gracious Mistress of the Parsonage. I don’t always hear every word she says.

The Gracious Mistress of the Parsonage once set me up and said, “Did you hear what I just said?”

“Oh, yes, my dear, I heard you clearly.”

Then she said, “Well then, what do you think I should do?”

At this point, I knew she was trying to set me up because she knew I wasn’t listening, but I had to respond. Believe me, I was nervous.

“Oh, my dear, I think your idea is splendid. Go with it.”

Then she got up, walked to the kitchen, and says, “Okay, then it’s broccoli for supper.”

The other day, she asked if I would go to the grocery store and pick up a few items.

I went to the store, checked off every item on the list, and went to the checkout line when I remembered she told me something after giving me the list. I tried to think of what it was, and then it came to me. She

mentioned something about doughnuts. I think she wants me to get her some doughnuts.

I picked one, went to the checkout counter, paid for the items, and then got in my truck to go home.

I was very happy as I drove home because I usually don’t get things done exactly the way she likes them. I drove into the driveway, parked my truck, and went inside with the bag of groceries.

Walking through the door, I shouted, “Honey, I’m home.”

It wasn’t long until she entered the kitchen, and I heard her say, “What is this?”

I had no idea what she was talking about, but as she walked over to me, she was holding the box of donuts. “What is this?”

Looking at her with a big smile, I said, “Oh, my dear, those are the donuts you asked me to get. Remember?”

She went back into the kitchen. I heard her going through the grocery bag. Then she came back and handed me the grocery list she had given me and said, “Where do you see donuts on this list I asked you to get?”

I was a little confused, so I said. “Don’t you

remember as I was leaving you told me to get doughnuts?”

“I said no such thing. What I said was, Do Not get anything that is not on this list.”

Oh boy, was I in trouble? All I heard was the word “doughnut,” which got me into trouble.

Looking at her, I said, “Do you want me to return the donuts?”

That afternoon I was reading my Bible and came across a verse that encouraged me.

“To whom shall I speak, and give warning, that they may hear? behold, their ear is uncircumcised, and they cannot hearken: behold, the word of the Lord is unto them a reproach; they have no delight in it” (Jeremiah 6:10).

I believe it takes all of the Bible to make it the Word of God. I can’t cherry-pick what I want to believe. If I only hear part of the Bible, I will get it wrong and bear the consequences. All heresy is built on fragments of the Bible.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnsnyder51@gmail.com, website www.jamesnsnyderministries.com ★

# How California Can Fix Its School Crisis. Two Projects Point the Way



By Dan Walters, CALMatters.org

When the state Department of Education released academic test scores of California’s public school students in October, it cast them in positive terms.

“Overall,” the department said, “the percentages of California students meeting or exceeding standards (demonstrating proficient or advanced grade-level knowledge and skills) in (English language arts), mathematics, and science increased, from 46.7% to 47% percent in (English language arts), from 34.6% to 35.5% in math, and from 30.2% to 30.% in science.”

What the department didn’t say is that those minuscule increases from the previous year meant that California remains one of the states where academic achievements are still below what they were prior to the COVID-19 pandemic.

As CalMatters’ account of the test scores notes, “both English language arts and math scores are 4 percentage points below their 2018-19 levels, which were among the highest scores for California students since the state began administering the Smarter Balanced test in 2014-15.”

Alix Gallagher, director of strategic partnerships at the education research non-profit Policy Analysis for California Education, told the San Jose Mercury News

that the slow recovery from the pandemic indicates that the massive federal and state funds given schools to cope with the pandemic failed to prevent declines.

“What we would want to see is that with those additional funds, we had a really strong recovery. Instead, what we saw were really modest gains,” Gallagher said.

The department’s obfuscation continued a month later when it released its “dashboard” of public education markers that trumpeted nonacademic factors, such as increases in attendance and decreases in student suspensions, but ignored California’s subpar academic outcomes, which should be the most important.

That’s not surprising, given that the state’s education bureaucrats consciously developed the multipoint dashboard to conceal the chronic lack of academic achievement.

A state-by-state report on school system transparency of academic test results issued by the Center for Reinventing Public Education, based at Arizona State University, gives California a “D” for its lack of clarity.

“I have a Ph.D. in education policy and I can barely navigate these sites,” Morgan Polikoff, a USC professor who worked on the report, told CalMatters. “How do we expect a typical parent to access this information and make sense of it?”

Are California’s stubborn failings in teaching basic subjects such as math and reading, which the educational establishment hopes no one will notice, fixable?

Two recent projects to improve academic skills indicate that learning can be improved with sustained effort that uses proven techniques and shuns trendy short-term

fixes that school systems often adopt in their desperate efforts to raise test scores.

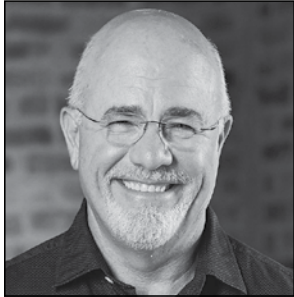
Policy Analysis for Public Education, a think tank jointly operated by several major universities that studies California schools, cites the math project in Lake Tahoe Unified School District’s Sierra House Elementary School and a reading program in Grass Valley School District as successful examples.

In both, California Education Partners, a school reform organization staffed by academic experts, provided three years of hands-on help to improve instruction, and PACE evaluators found significantly positive results. “The Sierra House model serves as a blueprint for building adult capacity and fostering instructional coherence,” they said, while Grass Valley’s phonics-based reading program was adopted district-wide and “improved student outcomes.”

California’s educational crisis is palpable. Not only do California schools fare very poorly vis-a-vis other states in federal academic testing — seventh from the bottom — but there’s a yawning “achievement gap” between low income and English learner students and their more privileged classmates that widened during the pandemic.

Rather than hide the problem with gimmicks such as the school dashboard, California should own up to it and embrace successful examples such as those in Tahoe and Grass Valley.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. ★



Dave Ramsey

Dear Dave,

A friend told me about your Baby Steps plan, and after years of living paycheck-to-paycheck and running up credit card bills, I’m ready to get control of my finances. I just have one question. Baby Step 1 is saving \$1,000 for a beginner emergency fund. Do you recommend getting current on past due bills before starting Baby Step 1?

– Miles

Dear Miles,

Congratulations! I’m glad to hear you’re finally sick and tired of being financially sick and tired. This is the perfect question for someone is your situation, because it gives me a chance to walk you all the way through the Baby Steps. So, let’s go!

First, make sure all your necessities are taken care of. By necessities, I’m talking about food, clothing, shelter, transportation and utilities. Then, get current on anything you owe, or make payment arrangements for past due bills. After you’ve done this, it’s

# Dave Ramsey Says The Roadmap to Financial Peace

time to take your very first Baby Step.

You’ve already mentioned getting \$1,000 in the bank for a starter emergency fund. That’s Baby Step 1. After that comes your debt snowball, which is Baby Step 2. Here, you’ll pay off all your debts from smallest to largest—except your home. Attack the first balance on your list by paying as much as you can each month, while making minimum payments on the other debts. When you’ve paid off the first one, add what you were paying on it to the payment on your next debt and start attacking it. As the snowball continues to roll over, you’re picking up more and more money to apply to your debts.

In Baby Step 3, you’ll save money and increase your emergency fund from \$1,000 to a full three to six months of expenses. You’re going to be surprised how fast you can save money when your income isn’t flying out the door to pay off debt every month.

Now, it’s time to really start looking toward the future. In Baby Step 4, start investing 15 percent of your income for retire-

ment. College funding is next in Baby Step 5 for any kids you have, or plan on having one day. And here’s a big one. Baby Step 6 is where you pay off your home early. How great will that feel?

But Baby Step 7 is the real deal. Now, you start building wealth and giving with outrageous generosity. When you’ve completed all the other Baby Steps, and are able to do these two things, you’ve achieved the pinnacle of smart money management. Or in other words, you’ve reached the point of financial peace.

Make it happen, Miles. You can do this!!

– Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★

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HOURLY 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08660  
Brandon Givens, 2110 K Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Anatolia Dev" 2110 K Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 15, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
ANATOLIA 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08621  
Marsha Kass, 700 University Avenue, #100, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Kass & Company, CPAs" 700 University Avenue, #100, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 14, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
KASS 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08587  
William L. Lyon & Associates, Inc., 3640 American River Drive, #100, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Windermere Property Management" 3640 American River Drive, #100, Sacramento, CA 95864. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
WINDERMERE 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08568  
Bloo Investments Inc, 2400 Fulton Avenue, #D, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Melas Auto Sales" 2400 Fulton Avenue, #D, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
MELAS 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08624  
Taylor Stephen Stone, 2740 Walnut Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 14, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
ELITE 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08697  
La Speranza, 6515 Mariposa Avenue, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "The Grotto" 960 Oak Lane, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 18, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
GROTTO 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08551  
HCH Veterinary Services, Inc., 6248 Main Avenue, Suite D, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Orangevale Veterinary Hospital" 6248 Maine Avenue, Suite D, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
ORANGEVALE 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08494  
Rismo Transportation Inc, 320 N 10th Street, Suite 110, Sacramento, Ca 95811 is doing business under the Fictitious Business Name(s) "Rismo Medical Transportation" 320 N 10th Street, Suite 110, Sacramento, Ca 95811. Filed with the Clerk of Sacramento County November 12, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
RISMO 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-07856  
Kasey Stewart, 4173 Cypress Grove Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mini Scholars Daycare" 4173 Cypress Grove Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County October 15, 2024  
Publish: Nov 29, Dec 6, 13, 20, 2024  
MINI 12-20-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08825  
Juan Diego Gonzalez and Francisco Javier Campos, 7648 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Green Auto Body" 7648 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: December 6, 13, 20, 27, 2024  
GREEN 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08718  
Paul Etemad and Mondonna Etemad, 7862 Winding Way, #5104, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s)

"Allstate Real Estate Services" 4127 Thistledown Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 19, 2024  
Publish: December 6, 13, 20, 27, 2024  
ALLSTATE 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08887  
Stalwart Electric, Inc., 4712 Solano Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Stalwart Electric" 4712 Solano Way, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County November 22, 2024  
Publish: December 6, 13, 20, 27, 2024  
STALWART 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-07727  
Return to Center Wellness, LLC, 10574 Malaga Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Return to Center Wellness/Where in the World Treasures" 10574 Malaga Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County October 8, 2024  
Publish: December 6, 13, 20, 27, 2024  
RETURN 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08738  
Ahmad Samim Faizi, 5650 Marconi Avenue, Suite 7, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hopes Immigration Services" 5650 Marconi Avenue, Suite 7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 19, 2024  
Publish: December 6, 13, 20, 27, 2024  
HOPES 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08556  
Omega Law Group, PC, 8350 Wilshire Boulevard, 3rd Floor, Beverly Hills, CA 90211 is doing business under the Fictitious Business Name(s) "Omega Law Group Accident & Injury Attorneys" 1860 Howe Avenue, Suite 260 #3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: December 6, 13, 20, 27, 2024  
OMEGA 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08855  
Kenneth C. Grossman, 4920 Francis Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Grossman Hypnosis Method" 4920 Francis Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: December 6, 13, 20, 27, 2024  
GROSSMAN 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08615  
Diamond Flow & TA LLC, 28211 Southfield Road, #433, Lathrup Village, MI 48076 is doing business under the Fictitious Business Name(s) "Diamond Flow & TA LLC" 3221 Alder Hill Court, Antelope, CA 95843. Filed with the Clerk of Sacramento County November 14, 2024  
Publish: December 6, 13, 20, 27, 2024  
DIAMOND 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08622  
Noble Beauty Spa, 8824 Koto Drive, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Noble Nails Spa" 442 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 14, 2024  
Publish: December 6, 13, 20, 27, 2024  
NOBLE 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08439  
Donna M. Webb, 7802 Lakeshore Drive, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Donna's Delights" 7802 Lakeshore Drive, Granite Bay, CA 95746. Filed with the Clerk of Sacramento County November 7, 2024  
Publish: December 6, 13, 20, 27, 2024  
DONNAS 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08920  
Flaming Grill Burger LLC, 2819 Panay Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Flaming Grill Burger" 2380 Watt Avenue, Unit 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 25, 2024  
Publish: December 6, 13, 20, 27, 2024  
FLAMING 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08530  
TBConsulting L.L.C., an Arizona LLC, 8328 E Hartford Drive, Suite 102, Scottsdale, AZ 85255 is doing business under the Fictitious Business Name(s) "TBC" 8328 E Hartford Drive, Suite 102, Scottsdale, AZ 85255. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: December 6, 13, 20, 27, 2024  
TBC 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08665  
Flor Silvia Trias, 9132 Terramore Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "E=MC2 Daycare & Preschool" 9132 Terramore Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 15, 2024  
Publish: December 6, 13, 20, 27, 2024  
E=MC2 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08427  
SF Cellular Group LLC, 3637 Hallelujah Court, 4, Carmichael, CA 95608 is doing business

under the Fictitious Business Name(s) "SF Cellular Group LLC" 3637 Hallelujah Court, 4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 6, 2024  
Publish: December 6, 13, 20, 27, 2024  
SF 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08973  
Urban Subs LLC, 451 Lentini Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Subway" 451 Lentini Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 27, 2024  
Publish: December 6, 13, 20, 27, 2024  
SUBWAY 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08357  
ES Cal II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Bergamo Montessori School" 8200 Pocket Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 5, 2024  
Publish: December 6, 13, 20, 27, 2024  
BERGAMO 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08547  
ES Call II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Bergamo Montessori School" 8144 Pocket Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: December 6, 13, 20, 27, 2024  
MONTESSORI 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08473  
Yassin Sipd Consulting Services LLC, 1700 Dornie Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Yassin Sipd Consulting Services LLC" 1700 Dornie Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 7, 2024  
Publish: December 6, 13, 20, 27, 2024  
YASSIN 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08845  
Saleh Zarrouk, 4404 Malana Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Ethos Real Estate Solutions/Eureka Real Estate Services" 4404 Malana Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: December 6, 13, 20, 27, 2024  
ETHOS 12-27-24

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09109  
Stars Event Hall LLC, P.O. Box 348506, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Stars Event Hall" 4128 El Camino Avenue, Suite 10, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
STARS 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09082  
Eboni Walker, 3905 Oak Villa Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fair Oaks Mortgage Processing" 3905 Oak Villa Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
FAIR 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08842  
A.C.O.N. Inc, 10100 Fair Oaks Boulevard, Suite I, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eastern Gardens Cooperative" 3045 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
GARDENS 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08508  
Dung Huynh Quoc Nguyen and Trang Thi Huyen Nguyen, 24988 Blue Ravine Road, #100B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "BeBe Nails" 24988 Blue Ravine Road, #100B, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 12, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
NAILS 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08401  
Anastasia Duda, 4059 Innovator Drive, Unit 7102, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "DA Beauty Club" 4059 Innovator Drive, Unit 7102, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 6, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
BEAUTY 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08957  
Gurmeet Singh, 7409 Twin Acre Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "G.S.S. Trucking" 7409 Twin Acre Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 26, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
TRUCKING 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08763  
Albert Chang and Sasha Ren, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Bluezone

Aviation" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 19, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
BLUEZONE 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08856  
Jessica Sapno, 12084 Agen Circle, S, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Treats by Jess" 12084 Agen Circle, S, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
TREATS 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08827  
Melissa Lynn Maddern, 106 Austin Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Peacefull Melissa Yoga" 106 Austin Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
PEACEFUL 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08860  
Olivia Beauty LLC, 443 Waverley Street, Palo Alto, CA 94301 is doing business under the Fictitious Business Name(s) "Flywheel Group/Olivia Supply" 7509 Madison Avenue, #101, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
FLYWHEEL 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08584  
Jazmin Gonzalez Andres, 6047 Main Avenue, #32, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Jazz Custom Cleaning" 6047 Main Avenue, #32, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 13, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
JAZZ 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08885  
Sabir Yousafzai, 7949 Carraway Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Aria Tax and Accounting Services" 2100 Watt Avenue, Suite #160, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 22, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
ARIA 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08930  
Jaime Palmer, 400 Bannon Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "DUNIQUE Graphic Designs" 6020 Rutland Drive, B4 59, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 25, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
DUNIQUE 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09051  
Tammy Schmitt, 5004 Meadow Pass Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lilac Massage Therapy" 5004 Meadow Pass Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 3, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
LILAC 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08740  
Vitali Klimov, 6424 18th Street, Rio Linda, CA 95678 is doing business under the Fictitious Business Name(s) "Vitcomm Tech" 7046 34th Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 19, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
VITCOMM 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09047  
Aliya Alizai, 5027 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Alizai Cloths & Tailor" 5027 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 3, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
ALIZAI 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09002  
Consuelo Jaime, 378 Morrison Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Best One Handyman" 378 Morrison Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 27, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
HANDYMAN 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08419  
Brisenos Master Gardens Inc., 2739 Xavier Street, E. Palo Alto, CA, 94303 is doing business under the Fictitious Business Name(s) "Brisenos Master Gardens" 2739 Xavier Street, E. Palo Alto, CA, 94303. Filed with the Clerk of Sacramento County November 6, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
BRISENOS 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08357  
ES Cal II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Bergamo Montessori School" 8110 Pocket Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 5, 2024

Publish: Dec 13, 20, 27, Jan 3, 2025  
SCHOOL 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09130  
Inspiring Beginnings Childcare Center LLC, 899 Maplegrove Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Inspiring Beginnings Childcare Center" 924 San Juan Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
INSPIRING 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08981  
Consulting Cafe LLC, 1401 21st Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "SmartFile" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 27, 2024  
Publish: Dec 13, 20, 27, Jan 3, 2025  
SMARTFILE 1-3-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-08288  
Bell Time Global, LLC, 2004 Robert Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sourced Botanicals" 4370 24th Street, Suite H, Sacramento, CA 95822. Filed with the Clerk of Sacramento County November 1, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
BOTANICALS 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09230  
RKP Investments CHCW LLC, 9819 Cranleigh Drive, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Citrus Heights Car Wash" 7742 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 10, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
CITRUS 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09092  
Innovating My Insurance Inc. 525 Cantera Court, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "My Innova Insurance Services" 7777 Greenback Lane, #106, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
INNOVA 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09135  
Haqui LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Tiny Terras/ Haqui" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
TINY 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09303  
Sean Shokouh, 6858 Mariposa Avenue, Citrus heights, CA 95610 is doing business under the Fictitious Business Name(s) "JDMPalace/JDMP Motors/JDMP Management" 6858 Mariposa Avenue, Citrus heights, CA 95610. Filed with the Clerk of Sacramento County December 12, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
JDMP 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09306  
Grace O. Jackson 6220 Sampson Boulevard, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Fashionez By Gracious" 6220 Sampson Boulevard, Sacramento, CA 95824. Filed with the Clerk of Sacramento County December 12, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
GRACIOUS 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09169  
Cesar Julian Montoya Segura, 2114 Pinetree Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Phoenix Films And Photos" 2114 Pinetree Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 6, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
PHOENIX 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09172  
William Bixler, 5051 Hillard Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Sacramento Geotechnical Testing Services" 5051 Hillard Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 6, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
GEOTECH 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09141  
Luis Medrano, 8724 El Verano Avenue, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Medrano's Hauling" 8724 El Verano Avenue, Elverta, CA 95626. Filed with the Clerk of Sacramento County December 6, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
MEDRANOS 1-10-25

FICTITIOUS BUSINESS NAME  
STATEMENT FBNF2024-09295  
CarePoint Healthcare, Inc. 5006 Sunrise Boulevard, Suite 101, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CarePoint Healthcare" 5006 Sunrise Boulevard, Suite 101, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December



# Public Health Accreditation Strengthens Community

## Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Public Health (SCPH) has earned national accreditation from the Public Health Accreditation Board (PHAB), a testament to its commitment to improving the health and well-being of residents. This accreditation validates Sacramento County Public Health’s dedication to providing high-quality public health services and bolsters its ability to address emerging health challenges.

“This achievement demonstrates our capacity to meet the highest standards in public



**This achievement is not just a reflection of the department’s efforts but a vital step toward building a healthier, more resilient community in Sacramento County.** Photo courtesy of Sacramento County

health and strengthens our ability to reduce health disparities and improve outcomes for all County residents,” said Dr. Olivia Kasirye, Sacramento County Public Health Officer.

The accreditation process required Sacramento County

Public Health to meet national standards for public health practices, developed by Public Health Accreditation Board in partnership with the Centers for Disease Control and Prevention (CDC). The accreditation efforts included a comprehensive review of

policies, procedures and strategic plans, and a two-day site visit.

The Sacramento County Public Health accreditation team developed a Community Health Assessment and a detailed Community Health Improvement Plan to address local health

priorities. Sacramento County Public Health also updated its strategic plan, developed a workforce development plan to ensure staff readiness, and implemented a health equity action plan aimed at reducing health disparities.

Sacramento County Public Health strengthens its ability to secure funding, invest in long-term community health improvements, deliver quality services, respond to public health emergencies and foster innovation with this accreditation.

This achievement is not just a reflection of the department’s efforts but a vital step toward building a healthier, more resilient community in Sacramento County. ★

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### FICTITIOUS BUSINESS NAME STATEMENTS

12, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
CAREPOINT 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09062  
Alvarez Legacy Ventures Inc., 10736 Gemsbuck Lodge, San Antonio, TX 78245 is doing business under the Fictitious Business Name(s) “The Crazy Blaze” 10360 Rockingham Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 4, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
BLAZE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09203  
Resham Singh Uppal, 3700 Catalan Sea Avenue, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) “RS Uppal Trucking,” 3700 Catalan Sea Avenue, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 9, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
UPPAL 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08426  
Holli Morris, 2715 D Street, #4, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) “Midnight Sun Lashes” 3010 Freeport Boulevard, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 6, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
MIDNIGHT 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08988  
Its Just a Poke LLC, 3400 Cottage Way, Suite G2 #27095, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) “Its Just a Poke Sacramento” 2031 K Street, Unit B, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 27, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
POKE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09070  
Felicia Williamson, 9905 Diamonte Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) “Culinary101Supplies.com” 9905 Diamonte Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 4, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
CULINARY 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08956  
Karena Brown, 5420 Kohler Road, #41055, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) “Because Soaps/Because Bath and Body” 4771 Clothier Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 26, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
BECAUSE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09129  
Golden Republic Inc, 1007 Taber Street, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) “Golden Republic Realty” 3810 Broadway, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
GOLDEN 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08867  
Kepha Health Care, 1401 21<sup>st</sup> Street, #10142, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) “Unique Virtual Care” 1401 21<sup>st</sup> Street, #10142, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 18, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
UNIQUE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08867  
King’s Casino Management Corp., 7727 Herschel Avenue, La Jolla, CA 92037 is doing business under the Fictitious Business Name(s) “Stones Gambling Hall/The Tavern at Stones Gambling Hall/The Saloon at Stones Gambling Hall/Sammy’s Restaurant & Bar/Sammy’s Restaurant + Bar/Pin High” 6510 Antelope Road,

Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
STONES 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08833  
Mehta & Mehta Medical Consultants Inc., 1320 Cornerstone Drive, El Dorado Hills, CA 96762 is doing business under the Fictitious Business Name(s) “PrimeLyfeMD/Prime Lyfe MD” 5170 Golden Foothill Parkway, El Dorado Hills, CA 95762. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
PRIMELYFE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08967  
HRBVR Inc., 2532 Landwood Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) “Cap City Pools” 2532 Landwood Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 27, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
CAP 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09242  
Heinbo Three Corporation, 7016 Canevalley Circle, Citrus Heights, Ca 95621 is doing business under the Fictitious Business Name(s) “H3 Landscaping” 7016 Canevalley Circle, Citrus Heights, Ca 95621. Filed with the Clerk of Sacramento County December 10, 2024  
Publish: Dec 20, 27, Jan 3, 10, 2025  
H3 1-10-25

### ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV023018

Molly Katherine Roof has filed a petition with this court for a decree changing the name(s) of Molly Katherine Roof to Molly Kathryn Fitzgerald Roof.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 13, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 12, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Nov 29, Dec 6, 13, 20, 2024  
ROOF 12-20-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV023591

Quang Tuan Duong has filed a petition with this court for a decree changing the name(s) of Quang Tuan Duong to Johnny Quang Duong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 19, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Nov 29, Dec 6, 13, 20, 2024  
DUONG 12-20-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV023738

Heshmat Ataei has filed a petition with this court for a decree changing the name(s) of Heshmat Ataei to Danny Ataei.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 20, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 20, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: December 6, 13, 20, 27, 2024  
ATAEI 12-27-24

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV022456

Melissa Marie Stone aka Melissa Marie Duran has filed a petition with this court for a decree changing the name(s) of Melissa Marie Stone aka Melissa Marie Duran to Sunnie Marie Duran.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 6, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 5, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 13, 20, 27, Jan 3, 2025  
DURAN 1-3-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV017656

Shimal McEwen has filed a petition with this court for a decree changing the name(s) of Caleb Julian Moraga to Caleb Julian McEwen.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 16, 2025, at 1:30 p.m. in Department 53, located at 720 Ninth Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: September 5, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Dec 13, 20, 27, Jan 3, 2025  
MCEWEN 1-3-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV023842

Ahmadjaved Hashimi & Asma Hashimi has filed a petition with this court for a decree changing the name(s) of Said Mohammad Shah Hashimi to Mohammad Jan Hashimi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 20, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
HASHIMI 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV024808

Carina Anne Torres has filed a petition with this court for a decree changing the name(s) of Carina Anne Torres to Carina De Alba Lopez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 19, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 6, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
CARINA 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV024250

Albert Allen Lockard and Jennifer Michelle Welch aka Roberta Louise Welch has filed a petition with this court for a decree changing the name(s) of Albert Allen Lockard to Albert Allen Branson and Jennifer Michelle Welch aka Roberta Louise Welch to Jennifer Michelle Branson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 1, 2025, at 9:00 a.m. in Department 54, located at

813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: November 27, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
BRANSON 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV025064

Iurii Zhoglichev has filed a petition with this court for a decree changing the name(s) of Semen Zhoglichev to Simon Zhoglichev.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 10, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 10, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
ZHOGlichev 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE  
CHANGE OF NAME  
#24CV024506

Ahmad Mustaba Abdul Roufi has filed a petition with this court for a decree changing the name(s) of Ahmad Mustaba Abdul Roufi to Mujtaba Raowfi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 17, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 2, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
RAOWFI 1-10-25

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF DENNIS WAYNE ERFERT  
CASE NO. 24PR003512

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of DENNIS WAYNE ERFERT.

A **Petition for Probate** has been filed by DONALD R. ERFERT, in the Superior Court of California, County of Sacramento. The Petition for Probate requests that DONALD R. ERFERT be appointed as personal representative to administer the estate of the decedent.

The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

**A hearing on the petition will be held in this court as follows:** Date: January 9, 2025 Time: 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

If you object to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If you are a creditor or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative ap-

pointed by the court within the later of either (1) **four months** from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) **60 days** from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. **Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.**

**You may examine the file kept by the court.** If you are interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: GILBERT J. PREMO, 500 Northfield Lane, Lincoln, CA 95648; 415-974-6664.  
Publish: Dec 13, 20, 27, 2024  
ERFERT 12-27-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF QUANG VAN NGUYEN  
CASE NO. 24PR003552

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Quang Van Nguyen.

A Petition for Probate has been filed by Tracy Mytien Mai, in the Superior Court of California, County of Sacramento, requesting Tracy Mytien Mai be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 8, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

If YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

**YOU MAY EXAMINE** the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Ali Gexiafong Moua, 1104 Corporate Way, Sacramento, CA 95831; (916) 333-7498  
Publish: Dec 13, 20, 27, 2024  
NGUYEN 12-27-24

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBIN ROXANNE DRENTLAW  
CASE NO. 24PR003554

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Robin Roxanne Drentlaw.

A Petition for Probate has been filed by Darrell Patton, in the Superior Court of California, County of Sacramento, requesting Darrell Patton be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 15, 2025, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

If YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

If YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

**YOU MAY EXAMINE** the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Peter Galgani, 916 2nd Street, 2nd Floor, Sacramento, CA 95814; (916) 498-1357  
Publish: Dec 20, 27, 2024, Jan 3, 2025  
DRENTLAW 1-3-25

### STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
FILE NO. FBNF2023-01186

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Costpro Lending, 2135 Butano Drive, Suite 150, Sacramento, CA 95825. Summit Funding, Inc., 2135 Butano Drive, Suite 150, Sacrametno, Ca 95825. The Fictitious Business Name Statement was filed on 2/17/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 11/20/2024.  
Publish: Dec 20, 27, Jan 3, 10, 2025  
COSTPRO 1-10-25





# Social Security Matters

## About How Medicare Premiums Are Determined



By Russell Gloor,  
AMAC Certified Social Security Advisor

**Dear Rusty:** Please explain the Medicare premium increase based on income reported to Social Security? For those of us that waited to draw Social Security until age 70, and who are still working - drawing a salary, and planning to retire at age 75 after RMDs kick in at age 73 - how do we make sure that Social Security reports our earnings accurately, so we don't wind up with increased Medicare premiums? Why not charge increased Medicare premiums when we are younger, instead of waiting to sneak up on us when we are older? **Signed: Confused about Medicare Premiums**

**Dear Confused:** I believe you are referring to Medicare's "Income-Related Monthly Adjustment Amount," or "IRMAA." IRMAA increases the Medicare Part B (and Part D) premium amounts for those whose combined income from all sources exceeds specified levels for their IRS tax filing status. Social Security (and Medicare) get your earnings information from the IRS and use your reported IRS income (on your income tax return) to calculate your Medicare

premium each year. But there is a twist – they use your reported combined income (also known as your "MAGI" or "Modified Adjusted Gross Income") from 2 years ago to determine your current year's Medicare premium. For example, they will use your 2023 MAGI to determine your 2025 Medicare Part B premium (and your Part D premium if you have Part D). So, if your income reported to the IRS on your tax return in 2023 is correct, Social Security will use that amount to determine next year's Medicare premium.

IRMAA uses a sliding income scale to determine your Medicare premium. If you filed your 2022 taxes as "married/jointly" and your combined income for that year was \$206,000 or less, for 2024 you are paying the standard Medicare Part B premium of \$174.50, and there is no additional amount added to your Part D premium. But if your MAGI as a married couple was over \$206,000 your Medicare premiums will be more – e.g., MAGI up to \$258,000 makes your Part B premium \$244.60 and results in a Part D supplement of \$12.90 per month. And so on - as your MAGI further increases, so will your Medicare premiums until you reach the maximum. MAGI over \$750,000 means a Part B premium of \$594/month and a Part D supplement of \$81/month. Thus, Medicare premiums are "means-tested" (those with higher income pay higher premiums).

A word about "MAGI" – MAGI starts with your Adjusted Gross Income on

your tax return, to which is added any non-taxable interest you may have had, and 50% of the Social Security benefits (if any) you received during the income tax year. The total of those three amounts is your MAGI, from which your Medicare premium is determined for the forthcoming year.

So, if your 2023 combined income (your "MAGI") as a couple was under \$206,000 you will pay the standard 2025 Medicare premium which, for Part B, will be \$185/month. If your 2023 MAGI as a married couple is more than \$206,000, you will pay higher Medicare premiums in 2025 due to IRMAA.

Why not pay higher Medicare premiums when we are younger? Well, that's because IRMAA only applies when you are enrolled in Medicare, and your premium relates to your income while receiving Medicare benefits.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★*

# Kings Korner

By V.G. Harris



Things can change quickly in Kings Town, and the happenings of the past week certainly demonstrate exactly that.

The hardcourt gladiators from Sacramento are currently on a torrid 3-game winning streak, looking ahead to Monday night's game against the Denver Nuggets.

If you hadn't paid attention and just tuned into the Kings, you'd discover a team that is just finding themselves 26 games into the regular season, after losing every game in the preseason.

Fans and pundits alike have riddled the airwaves with remedies for multiple losing streaks, along with advice to coach Brown as to who should be his starting five.

I am more than happy to announce that coach Brown's decision to finally insert Malik Brown into the King's starting lineup has produced four wins in the last five games, and everyone is now wondering why it took three seasons to figure this one out.

But rather than casting aspersions, I will take the high road, and just give him an attaboy for making a decision that was long overdue. Malik is thrilled to be where he always thought he should be, and now coach Brown can simply focus on his bench that is currently ranked in the bottom of the league.

Kevin Huerter is showing signs of returning to form and seems to be comfortable taking the 6th man position that was formerly Monk's, so it's really the next three or four rotations that are going to tell the tale.

What has created chaos with the team is the night-in and night out inconsistency as to who will sit the night out completely, or who will garnish the majority of the minutes.

Big man Alex Len cannot catch a break, as he all too often finds himself at the end of the bench being a spectator for the entire game. This 7-foot giant has NBA game, and from my perspective, it's up to coach Brown and his staff to build this big man's confidence. One way you do that is by giving him a consistent rotation that he can count on every night.

Len has played several good games and shows real promise, only to find

himself relegated to the bench the very next game with no explanation except for the dreaded, coaches' decision.

The Kings can keep scouring the league for another trade/acquisition, or just look at their own bench, and perhaps realize that there is more talent already on this team than they are giving them credit for.

I for one believe that Alex Len has a big upside, but it takes a coach and staff that are willing to build a player's confidence if you want to see the desired result.

So far, I'm giving this staff a failing grade as it relates to evaluating talent, and you need to look no further than the inexplicable trade of Davion Mitchell to qualify my comments.

The Kings are still feeling the void left in Mitchell's absence, and all he is doing in Toronto is making Canadian fans fall in love with him. From the Kings bench to the Raptor's starting point guard, Davion is making the Toronto GM look like a basketball wizard.

The Kings cannot afford to continue undervaluing talent, or simply not see the forest for the trees. Let's get everything out of the team currently constituted, and that means starting with consistency as it relates to players coming off the bench. If Huerter is the 6th man, who is #7, 8, and 9? At this point no one but coach Brown knows, and he doesn't know until just before gametime.

Here's the good news! At 13-13 it's time to hit the reset button. Yes, the Kings are at 500, and now is the time to start making a run that can propel this team to the playoffs.

The starting five of, Fox, Monk, DeRozan, Murray, and Sabonis are a formidable group to guard, and I look forward to watching this team come out of the blocks on all 8 cylinders every night.

So, take heart Kings fans, because the best is yet to come, and that's without a trade or an acquisition.

Merry Christmas to one and all and go Kings!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★



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Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$52 per year within Carmichael, \$72 within Sacramento County.

The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information.

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# Hornet Football Coach Resigns

By Daniel Canfield

**SACRAMENTO, CA (MPG)** - On Friday, Dec. 6, Sacramento State University announced that Hornet Football head coach Andy Thompson had resigned to pursue other career opportunities. Thompson’s departure after two years at the helm of the Hornet Football program comes at the conclusion of a 2024 campaign that saw the Hornets finish with a 3-9 overall record and 1-7 in Big Sky Conference play. Sac State dropped the final five games of the 2024 season including the annual causeway classic matchup with UC Davis which was played on Nov. 23 at Hornet stadium.

The official news release from the university includes a gracious statement from Athletic Director Mark Orr regarding Thompson’s tenure with the Hornets. “We want to thank Coach Thompson and his family for all they have done for Sacramento State football over the last five seasons,” Orr said. “Under his watch, the program has achieved its highest level of success. We wish him the best of luck in the future.”

In his two years as head coach Thompson posted



Sac State’s Football program is in search of a new head coach to replace Andy Thompson who resigned on Dec. 6 to join the Stanford University football coaching staff. Photo by Sacramento State Athletics

an overall record of 11 wins and 14 losses. In his first year as head coach in 2023, the Hornets enjoyed an 8-5 record and made it to the second round the 2023 FCS Playoffs. Unfortunately, that success was not seen again in the disappointing 2024 season.

Thompson had been on the Hornet coaching staff since the 2019 season.

As defensive coordinator, Thompson was instrumental in the Hornet football program earning Big Sky Conference titles in 2019, 2021 and 2022. Following the conclusion of the 2022 season, Thompson was promoted to the Hornet head coach position which had been vacated by Troy Taylor who left Sacramento State to take

the head football coaching position at Stanford University.

On the heels of the official announcement from Sacramento State Athletics regarding Thompson’s departure on Dec. 6, Stanford University officially announced that coach Thompson would be joining the Stanford Football coaching staff

as Stanford Football’s assistant head coach and co-defensive coordinator. Reuniting Thompson with his former boss and former Hornet head coach Troy Taylor.

The Hornet Football program owes a debt of gratitude to Coach Thompson as his involvement with the program led to success and accolades

not previously enjoyed by the Hornets. Best wishes to Coach Thomspon in his new position, as long as Stanford football’s interests do not conflict with Hornet football’s interests.

Sacramento State officials announced that a national search will begin immediately to find the next head coach for the Hornets. ★

# Jesuit High’s Cross Country Coach Honored



Jesuit High School’s Cross County Head Coach Walt Lange, photographed here with his 2024 State Championship team, was named the Joe Newton Coach of the Year at the Nike Cross Nationals on Saturday, Dec. 7. Courtesy Photo

## Jesuit High School News Release

**SACRAMENTO, CA (MPG)** - Jesuit High School Cross Country Head Coach Walt Lange received a prestigious honor on Saturday, Dec. 7, as he was named the Joe Newton Coach of the Year at the Nike Cross Nationals (NXN).

This award, named after legendary coach Joe Newton of York High School, celebrates lifetime achievement in high school cross country. Newton's teams captured at least 24 Illinois State Championships, and his legacy extends far beyond victories, having profoundly shaped the lives of countless young athletes.

Coach Lange, with an extraordinary 55 years of coaching at Jesuit High

School, including 54 years as head coach, now joins the ranks of elite coaches recognized on a national stage. Known for his humility, Lange’s contributions to high school cross country and the countless lives he has impacted over the decades make this recognition richly deserved.

“I’m overjoyed that the boys were there to witness this moment,” shared Assistant Coach David Zielke, reflecting on the significance of the occasion.

Lange’s dedication, passion, and lifelong commitment to developing athletes both on and off the course embody the Jesuit tradition of excellence and service. Congratulations to Coach Lange on this remarkable and well-deserved honor! ★

# UC Davis To Join Mountain West Conference

## UC Davis News Release

**SACRAMENTO REGION, CA (MPG)** - The University of California, Davis has accepted a formal invitation to join the Mountain West Conference beginning July 1, 2026.

“We are thrilled to join the Mountain West Conference, and we look forward to an incredible experience for our student-athletes and for our fans,” said UC Davis Chancellor Gary S. May. “Our transition to the highly regarded conference will introduce our Aggie community to a broader audience, in major metropolitan areas and through increased media coverage. It also provides us with an opportunity to align with universities that share similar academic strengths while also expanding our competitive presence in the Western United States.”

The Aggies will compete in all Mountain West Conference-sponsored sports, except for football, which will continue to participate in the Football Championship Subdivision (FCS) in the Big Sky Conference. Men’s and women’s water polo as well as beach volleyball will seek to remain in the Big West through affiliate membership but are prepared to explore other options, if necessary. No changes will occur with membership

agreements for equestrian, field hockey and lacrosse.

“Adding UC Davis further strengthens the trajectory of the Mountain West as it continues to build its brand that has proven to elevate institutions and student-athletes,” said MW Commissioner Gloria Nevarez. “Chancellor Gary S. May and Director of Athletics Rocko DeLuca have shared their strategic plan and financial vision for enhancing student-athlete development, welfare, and competitive excellence, and I believe UC Davis brings a wealth of positives in the continuing growth of the Mountain West.”

The announcement comes on the heels of a historic fall sport season for the Aggies in which all eight varsity fall sports teams qualified for postseason competition.

Men’s soccer secured a Big West championship and a trip to the NCAA

tournament. UC Davis football finished the regular season seeded fifth in the nation with a bye in the first round of the NCAA Division I Football Championship followed by a win against Illinois State on Dec. 7. They will play South Dakota on Saturday, Dec. 14 at noon in the quarterfinals.



ish third in the Big West and field hockey finishing sixth in the America East.

“We are grateful to the Mountain West Conference membership for this incredible opportunity and for sharing our vision of academic and athletics excellence,” said UC Davis Director of Athletics Rocko DeLuca. “Our campus leadership, students, Aggie alumni, fans, the Davis

community and the broader Sacramento region all recognize the unique spirit of UC Davis and carry Aggie Pride with them each and every day. They have invested their time, talent and resources in supporting our growth, and the success of our fall sports is a clear reflection of those efforts. Now is the time to showcase Aggie Pride on a national stage, and the Mountain West’s brand and strategy align perfectly with our aspirations.”

Additional costs to support the transition, including travel, staffing and support services, will be primarily offset by increased revenues from ticket sales, donations, multimedia rights and, for the first time, revenue distributions from the conference. A ramp-up period of three to four years is anticipated before revenues fully reach projected levels. The university does not plan to use existing institutional funds to support the transition.

Starting no later than the 2026-27 academic year, the Mountain West will feature the United States Air Force Academy; University of California, Davis; Grand Canyon University; University of Hawaii at Mānoa; University of Nevada, Reno; University of New Mexico; San José State University; University of Nevada, Las Vegas; University of Texas, El Paso and the University of Wyoming. ★



# Pop Your Way to a Cozy Holiday Party

Holiday celebrations tend to bring out everyone’s best and brightest, and this year you can pair the sparkle and magic of the season with the heartwarming comfort of cozy foods. Eye-catching decor boasting holiday reds, greens and golds becomes even more inviting when complemented by favorite wintry snacks that enhance the holiday spirit.

Spend a snowy afternoon nestled in a warm kitchen with your little ones making these Festive Popcorn Trees, which offer the best of both worlds. These charming, edible trees allow you time together while encouraging creativity as your kids decorate their own popcorn masterpieces, adding a whimsical touch to your holiday table.

Popcorn, a beloved snack throughout the year, serves as a delightful and versatile addition to festive gatherings. Its irresistible flavor not only satisfies cravings but also evokes heartwarming memories of shared moments with loved ones – whether it’s the joy of crafting popcorn garlands, creating homemade ornaments or enjoying it alongside other seasonal snacks. Embrace the traditions that bring family and friends closer, all while indulging in the wholesome goodness of popcorn.

Find more ways to pop up a cozy holiday celebration at popcorn.org.

## Must-Haves for a Comforting Holiday Snack Bar

- Lighten the load of holiday hosting this year with a serve-yourself snack bar that allows guests to personalize their plates with favorite cozy season hors d’oeuvres and drinks.
- Popped popcorn
  - Popcorn toppings (spices, seasonings, cinnamon sugar, chocolate chips, Parmesan cheese)
  - Baked brie (or other cheeses)
  - Individually wrapped chocolates

- Crackers
- Pretzels
- Nuts (almonds, pecans, cashews)
- Marshmallows
- Cinnamon sticks
- Candy canes
- Sugar cookies
- Hot chocolate
- Hot tea
- Seasonal punch



### Festive Popcorn Trees

Yield: 10 trees

- 10 cups air-popped popcorn
  - 1 bag (10 ounces) miniature marshmallows
  - 2 tablespoons butter
  - 1 teaspoon vanilla extract
  - nonstick cooking spray
  - green decorating sugar
  - blue decorating sugar
  - 1 tube white frosting with decorating tip
  - assorted small colorful candies, such as sprinkles
  - miniature silver dragees
  - sugar cookies, for serving
  - (optional) shredded coconut, for serving (optional)
- Place popcorn in large bowl. In medium saucepan over medium-low heat, stir marshmallows and butter until marshmallows are melted and mixture is smooth.

Remove from heat. Stir in vanilla extract. Pour mixture over popcorn in bowl. Toss well to coat popcorn evenly.

Line baking sheet with foil. Spray hands with nonstick cooking spray then scoop about 1 cup popcorn mixture. Shape mixture into cone, keeping base flat. This forms one tree. Sprinkle tree with green and blue decorating sugars; place tree on baking sheet. Repeat to make additional trees.

Pipe frosting on trees to make garland then decorate with colorful candies and miniature silver dragees.

Serving suggestion: Place each tree on sugar cookie, if desired, and decorate serving tray with shredded coconut to resemble snow.

Tips: Start the recipe with unflavored white popcorn for best color and flavor. Make colored sugar by adding food coloring to sugar then stirring in bowl or shaking vigorously in sealed container.

FAMILY FEATURES

# CAL FIRE Aviation Program Conducts Day and Night Training Flights

### CAL FIRE News Release

**MCCLELLAN, CA (MPG)** - The CAL FIRE Aviation Training Center welcomed the first of six cohorts for the annual Helicopter Continuing Professional Training (HCPT) last week.

The six-day training provides both classroom and practical instruction for helitack crews and pilots, covering topics such as avionics, safety procedures and

hands-on rescue and aerial firefighting flights.

**Commitment to Readiness: Day and night operations training flights**

Thursday and Friday, Dec. 5 and 6, crews flew both day and night. Day flights were held at Folsom Lake, night flights were held near Mammoth Bar in Placer County.

Residents in the surrounding areas saw helicopter activity during daylight hours and after dark until 11 p.m.



CAL FIRE Aviation Training Center held the annual Helicopter Continuing Professional Training last week. Photo courtesy of CAL FIRE

All flights were conducted in accordance with the Federal Aviation Administration (FAA) regulations and CAL FIRE safety protocols.

**Importance of Training at Night**

CAL FIRE's commitment to readiness requires operational specific training. By conducting exercises at night, pilots and crews gain valuable experience in adjusting for the lower visibility environment. They will practice water

dropping, navigation and communication visually aided by night vision goggles (NVG).

CAL FIRE is dedicated to minimizing disturbances to our neighboring communities and values the public's cooperation as we strive to maintain operational readiness.

To learn more about the CAL FIRE Aviation Program, visit [www.fire.ca.gov/what-we-do/fire-protection/aviation-program](http://www.fire.ca.gov/what-we-do/fire-protection/aviation-program).



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# Christmas Berries Grace the American River Parkway



By Derek Minnema

Christmas berries adorning the American River Parkway with their brilliant red clusters have symbolically been spreading Christmas cheer along California's waterways since long before the state was settled. Spanish missionaries arriving in the late 18th century were struck by the resemblance of the plant to European holly, traditionally used as Christmas celebrations throughout Europe. The plant's association with Christian symbolism was immediate and profound. The bright red berries, appearing at their peak during the Christmas season, were seen as representing Christ's blood, while the sharp-toothed evergreen leaves reminded the faithful of the crown of thorns placed upon Jesus's head during the crucifixion.

This symbolism resonated deeply with early Christian settlers, who saw divine providence in finding such a powerful reminder of Christ's sacrifice in their new homeland. The berries' annual December emergence aligned perfectly with Advent, the Christian season of preparation for the celebration of Christ's birth. Just as the Star of Bethlehem guided the Wise Men, these red berries served as natural guides along the paths of early Christian travelers in California.

Today, along the American River Parkway in Fair Oaks, these biblical berries continue their winter display, creating a



Overlooking San Juan Rapids, winter berries brighten a December sunset. Photo by Susan Maxwell Skinner

timeless connection between past and present. On a crisp December morning, with temperatures hovering around 55 degrees, mountain bikers and equestrians shared the damp trails, their paths lined with the festive shrubs. Recent rains had left the soil perfectly tacky for bike riding, and the air carried that distinctive winter freshness that makes every breath feel like a blessing.

The integration of natural space and residential areas in Fair Oaks creates a unique community character that reflects the peaceful coexistence of nature and civilization. Unlike many Sacramento suburbs that surrendered to high-density development, Fair Oaks has maintained its semi-rural atmosphere, with the American River Parkway serving as a green ribbon that ties the community together.



Planted on Landis Avenue by early Carmichael colonists, an ancient persimmon tree is framed by winter berries. Photo by Susan Maxwell Skinner

The Christmas berries mark the changing seasons along the parkway's winding trails, their transformation from white spring blossoms to red winter fruits mirroring the Christian

liturgical calendar. The berries begin to turn red as Advent approaches, reaching their peak brilliance during the Christmas season, when Christians worldwide celebrate the birth of Jesus

Christ. The berries' persistent presence through winter mirrors the endurance of faith, while their sharp leaves remind believers of Christ's later sacrifice.

As another December unfolds, I find myself increasingly grateful for these simple gifts, Open spaces that give us room to breathe, trails that bring neighbors together and these beautiful berries remind us of Christmas past and present. Whether watching a friend's horse carefully traverse the path or pausing to let a mountain biker pass with a wave and a smile, I'm reminded that the best Christmas presents don't come wrapped in paper. They grow wild along our trails, they float down our river and they live in the hearts of the community we've built together.

Derek Minnema is a Fair Oaks resident, who can be reached at [DerekMinnema.com](mailto:DerekMinnema.com). ★

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