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THE NEWS

Established 1983 ... The best little paper in these parts!

VOLUME 43 • ISSUE 52 *Serving Rio Linda, Elverta and Sacramento County* DECEMBER 27, 2024

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New Laws Coming in 2025



Starting Jan. 1, 2025, many significant new laws will go into effect across California, impacting everything in daily life from traffic regulations, employment, housing to healthcare. Image by Ri Butov from Pixabay

By Ornella Rossi

SACRAMENTO REGION, CA (MPG) - Starting Jan. 1, 2025, many significant new laws will go into effect across California, impacting everything in daily life from traffic regulations, employment, housing to healthcare.

TRAFFIC LAWS

Senate Bill 1107 will raise the minimum auto liability insurance requirements for California motorists. Currently, drivers must carry liability coverage of \$15,000 for injury or death of one person, \$30,000 for injury or death of multiple people, and \$5,000 for property damage. Beginning Jan. 1, these requirements will increase to \$30,000 for bodily injury or death of one person, \$60,000 for multiple persons and \$15,000 for property damage.

Assembly Bill 413, commonly known as the “Daylighting Law,” will take effect in 2025, banning drivers from parking within 20 feet of a crosswalk. This law aims to improve pedestrian safety by providing clearer visibility at intersections. The law applies to both marked and unmarked crosswalks, and while cities are working to implement signage and curb markings, not all areas will have red-painted curbs in time for the new rule.

Senate Bill 905 closes the “locked door loophole” in California’s auto burglary laws. Under the new law, prosecutors no longer need to prove that a vehicle was locked in order to charge someone with burglary. Instead, they only need to show that forcible entry occurred. The change is expected to make it easier for victims of car break-ins to pursue legal

action, with felony convictions carrying penalties ranging from 16 months to three years.

EMPLOYMENT LAWS

A statewide minimum wage increase will take effect on Jan. 1, raising the rate to \$16.50 per hour for all employees, regardless of company size. This adjustment is based on a cost-of-living provision built into California’s minimum wage law.

Senate Bill 1100 prohibits employers from requiring a valid driver’s license for job applicants unless driving is a core function of the role. Employers must also demonstrate that using alternative transportation would not be comparable in travel time or cost.

HOUSING LAWS

Assembly Bill 2347 introduces stronger protections for renters by

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Holiday Tree Recycling Next Week

**Sacramento County
Waste Management
and Recycling
News Release**

SACRAMENTO COUNTY, CA (MPG) - Give your holiday tree a free and proper send-off and recycle it into a new life as beneficial mulch or compost.

Requirements

Trees must have all tinsel, lights, decorations, nails and stands removed. Flocked trees are not accepted for recycling. Please ensure transported holiday trees are properly secured during transport.

Saturday, Jan. 4,

Free Mulching Event

From 8 a.m. to 3:30 p.m., residents can bring holiday trees to be mulched for free to the SMUD Corporation Yard, located at 6100 Folsom Blvd. (just off Highway 50). Mulched tree is offered free to customers.

Sacramento County Locations

On both Saturday, Jan. 4 and Sunday, Jan. 5, rain or shine, residents can recycle holiday trees for free at two locations.

From 8:30 a.m. to 4:30 p.m. both days, residents can drop trees off at Kiefer Landfill, located at 12701 Kiefer Blvd. (Jackson Highway, north on Grant Line Road, right on Kiefer Boulevard).

Trees can also be dropped off between 8 a.m. and 6 p.m. at North Area Recovery Station, located at 4450 Roseville Road (Highway 80, north on Watt Avenue, left on Roseville Road).

Loads in excess of five trees must be issued a voucher for the trees to be accepted at no charge. Nonprofit civic groups and community organizations can obtain vouchers by submitting the Annual Holiday Tree Recycling Program Application Form. For more information, email SacGreenTeam@SacCounty.gov.

Other Local Drop-Off Locations

On Saturday, Jan. 4, residents can also recycle holiday trees for free at Elder Creek Recovery and Transfer Station, located at 8642 Elder Creek Road (Jackson Highway, south on Florin Perkins Road, left on Elder Creek Road) between 8 a.m. and 3 p.m.

Also on Jan. 4, trees can be taken to Sacramento Recycling & Transfer Station at 8491 Fruitridge Road (Jackson Highway, south on Florin Perkins Road, right on Fruitridge Road) between 8 a.m. and 5 p.m.

Sacramento Recycling & Transfer Station is also accepting trees from 8 a.m. to 5 p.m. Dec. 26 to Jan. 4, Monday through Saturday.

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Bird Flu: What Residents Need to Know



Sacramento County Public Health (SCPH) is actively monitoring the bird flu situation locally and coordinating with state and federal agencies. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO, CA (MPG) - California Gov. Gavin Newsom declared a State of Emergency on Dec. 18 in response to the ongoing H5N1 Avian Influenza

(bird flu) outbreak. The declaration is designed to help state agencies respond more effectively by streamlining resources and operations.

“This emergency declaration ensures agencies have the tools needed

to respond quickly,” said Dr. Olivia Kasirye, Sacramento County Public Health Officer. “The risk to the general public remains very low at this time, and we are working closely with state and local partners to monitor and

manage the situation.”

Sacramento County Public Health is actively monitoring the bird flu situation locally and coordinating with state and federal agencies. Residents are encouraged to stay

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Stay Safe in the Cold



It is important to always reduce vehicle speed when it's raining. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - With temperatures staying cool this week, it's a great time to review cold weather tips. Check on elderly family members, friends and neighbors. Seniors and those with serious medical conditions are at risk. Check on community members who might be vulnerable to ensure they are safely keeping warm.

Bring your pets inside when temperatures start to dip near freezing. A dog or cat left outside in severe cold weather can quickly die from exposure. Except for exercise and walks, all dogs and cats are safer indoors during the winter.

Make sure your pets have a warm, draft-free place indoors with a dry mat or blanket that they can lie on. For additional winter weather tips for animals, check out the Bradshaw Animal Shelter's website at animalcare.saccounty.gov.

Heat your home safely; carbon monoxide is a silent killer. It is not OK to heat the inside of your home with any kind of barbecue, propane heater or any other fuel-fired equipment, due to the risk of carbon monoxide poisoning. Only use heaters installed with your home and those designed to be used indoors. Make sure that your natural gas furnaces and other appliances are in good, clean working order.

Insulate outdoor pipes that lead into your home to prevent freezing. Seal with caulk around the pipes that lead into and out of your home. Inside your home, leave the bathroom and under-sink cabinets open to help warm the water. If your pipes freeze, leave your tap on and call a plumber. You can defrost your pipes using a hairdryer on a low setting, working your

way slowly from the faucet to where your pipe enters the wall. County residents who need to have their water turned off in order to make repairs to their lines can go online or call 311 (or 916-875-4311 if calling from out of the area).

Ensure proper drainage by scooping up leaves and debris. Keeping storm drains clear can prevent street flooding and black ice from forming.

When it is raining, reduce your vehicle speed. Wet roads increase the distance and time needed to stop your vehicle. Be extra cautious on roads, bridges and overpasses when temperatures are 32 degrees or below because of black ice: slow down and give yourself extra spacing between vehicles in front of you.

Watch for tree limbs. As temperatures dip, trees become vulnerable to limbs snapping. For downed trees or branches in the roadway, county residents can go online or call 311 (or 916-875-4311 if calling from out of the area).

Prepare for wind. Secure yard items that could blow around and be prepared for the possibility of loss of power. For downed power lines, stay away and immediately call 9-1-1.

Sign-up for Emergency Alerts. This system alerts residents about emergency events and other important public safety information quickly in a variety of situations, such as severe weather, unexpected road closures, missing persons and evacuations of buildings or neighborhoods.

Where to get help: Call 211 in Sacramento or go online for information on emergency shelter services.

Learn more about how to stay safe during fog and cold weather on the Sacramento Ready at sacramentoready.saccounty.gov. ★

Gifts from the Heart Accepts Donations Year-Round



Organized by the Department of Child, Family and Adult Services, the Gifts from the Heart program relies on the generosity of volunteers and donors. Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - Santa's helpers are now working year-round in Sacramento County. Gifts from the Heart is expanding to accept donations and volunteer applications throughout the year.

The program has helped make a difference in the lives of thousands of local children, teens and adults for 36 years. Organized by the Department of Child, Family and Adult Services, this program relies on the generosity of volunteers and donors. Since 1988, volunteers and donors have provided gifts to thousands through the program.

"It is amazing. I think the joy of watching the kids open the gifts (before Christmas) is the best experience. The kids we work with sometimes have never had a Christmas and are overjoyed when they get a bag full of gifts or a bike," said Gifts from the Heart volunteer and Department of Child, Family and Adult Services Permanency social worker Erika Patterson.

Patterson started volunteering with Gifts from the Heart five years ago and hasn't stopped. "If you aren't the best gift wrapper, no worries," Patterson said, because there are plenty of ways to help.

"Donors are always so appreciated because kids all deserve to know what it is like to open gifts on Christmas morning and remember that feeling of happiness playing with their new toys. Department of Child, Family and Adult Services children would not know this feeling without the generous donations of the donors," Patterson said.

While Patterson primarily works with children and teens, Gifts from the Heart also serves the needs of adult clients in Sacramento County. As the program and the county grow, so does the need for gifts for all ages.

If you're interested in volunteering or learning more, email GFTH@saccounty.gov. You can also find information about donating to the Gifts from the Heart Brochure at www.saccounty.gov/news/latest-news. ★

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12 Combo Plate Extra \$10

For 14 people \$230.00 + Gratuity

3Hours Karaoke + 2Pizza + Pitcher Soda + 5 Main Dishes (Choose 5 from Below)

12 Combo Plate Extra \$10

For 18 people 295.00 + Gratuity

3Hours Karaoke + 3Pizza + Pitcher Soda + 7 Main Dishes (Choose 7 from Below)

14 Combo Plate Extra \$10

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Beef London Broil/Top Round Roast-Bnls **\$3.99/lb**

Beef Ribeye Roast - Boneless **\$6.99/lb**

Boneless/Skinless Chicken Breast **\$1.99/lb**

Pork Tenderloin **\$3.49/lb**

Pork Baby Back Ribs **\$3.99/lb**

Pork Butt Bone-In **\$2.59/lb**

WEEKLY HALAL SPECIALS

Boneless/Skinless Chicken Breasts **\$2.19/lb**

Australian Lamb Stew Meat - Bone In **\$3.99/lb**

Beef London Broil/Top Round Roast **\$4.59/lb**

FRESH PRODUCE

Rainbow Bellpepper 2 lbs **\$4.49/bag**

Avocado 2 lbs Bag **\$2.99/bag**

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Columbus Applewood Ham **\$7.99/lb**

Kalamata Olives w/ Garlic & Pepper **\$6.39/lb**

Green Olives Stuffed w/ Jalapeno **\$5.19/lb**

MEDnRX Launches Innovative Telemedicine and Telepharmacy Kiosk



Curt Haven, left, presented a proclamation from the City of Rancho Cordova to Vaibhav Shah, co-founder and CTO, and Dr. Steven Gest, co-founder and CEO, during their grand opening on Dec. 12.



MEDnRX launched its first telemedicine and telepharmacy kiosk on Dec. 12 at SF Market.

Story and photos by Ornella Rossi

RIO LINDA, CA (MPG) - MEDnRX, an El Dorado Hills-based healthcare technology company, officially launched its first telemedicine and telepharmacy kiosk on Dec. 12 at SF Market, 2738 Sunrise Blvd.

This innovative kiosk aims to transform access to healthcare by combining virtual medical consultations with convenient on-site prescription pickup.

The MEDnRX kiosk is designed to provide an efficient, patient-centered experience by eliminating long waits at traditional doctor's offices and pharmacies. Patients can use the MEDnRX app to connect with a healthcare provider for a virtual consultation, and if prescribed medication, can pick it up directly from a secure Dropbox at the kiosk.

Alternatively, patients can have an on-site consultation by stepping inside the kiosk for a video call with a provider. After each visit, the kiosk automatically sanitizes to ensure a clean

and safe environment for the next user.

For those who don't need a consultation and simply need to pick up their prescriptions, the MEDnRX kiosk features a rapid refill pickup area for immediate access to medications.

MEDnRX also offers a convenient prescription pickup option for patients who prefer not to use the kiosk. Through a secure locker system, patients can access their medications at extended hours by entering their information and retrieving their prescriptions from a designated locker. This flexible system ensures patients can pick up their medications at a time that works best for them.

MEDnRX co-founder and CEO, Dr. Steven Gest, expressed the company's commitment to addressing gaps in healthcare access.

"We surveyed the community's needs and found that pharmacies were closing, creating pharmacy deserts," Gest said. "A lot of people don't have transportation or access, so our main goal is to make

healthcare more affordable and accessible. About a third of people don't pick up their medication or don't do so in a timely manner, which can aggravate the issue. We're working to make healthcare more efficient, more effective and more accessible."

In addition to its telemedicine services, MEDnRX plans to build a medical office on-site.

"For every 15 kiosks, we need a pharmacy, and for every pharmacy, we need a medical office," Gest said.

The company's expansion plans include targeting underserved communities, particularly areas facing pharmacy deserts.

"Rancho Cordova is a great center of innovation," Gest said. "It's a growing community that's flexible and open-minded, and we already had an office here. It's the perfect place to launch this initiative."

Said Vaibhav Shah, co-founder and CTO of MEDnRX, "Our goal is to make healthcare more accessible and affordable for everyone.

As pharmacies close and people are forced to travel long distances to fill prescriptions, we're working to solve that problem. By providing an efficient, cost-effective alternative, we can serve underserved communities."

Several city official representatives were on hand to celebrate the grand opening with proclamations and certificates of recognition.

"We're so happy you're here in Rancho Cordova serving our community," said Josh Gumacal, a representative from Congressman Ami Bera's office.

Mark Cullum from Assemblyman Josh Hoover's office, also spoke, noting the evolution of healthcare.

"Healthcare is so important, and it's great to see how healthcare has diversified. This is the way of the future," Cullum said. "We're excited that you chose Rancho Cordova and hope to see many more locations across the Sacramento region."

Kosim Latipov from state Sen. Roger Niello's office extended congratulations,

stating, "On behalf of Senator Niello, I want to thank you for bringing such an innovative way to deliver healthcare to our community. We're so pleased you chose Rancho Cordova."

Curt Haven, a chamber board member, presented a proclamation from the City of Rancho Cordova, signed by Mayor David M. Sander, Ph.D.

"On the occasion of your ribbon cutting, we present this proclamation to MEDnRX in recognition of your innovative contributions to our community," Haven said.

Other officials included Bee Lopez with Explore Rancho Cordova and Josh Gumacal, a representative from Congressman Ami Bera's office.

The kiosks will be strategically placed in public spaces such as SF Market to ensure convenience for those who might not have easy access to medical offices or pharmacies. MEDnRX accepts all major insurances, including Medicare and Medi-Cal, and allows patients to select their preferred location for prescription pickup.

LifePointe's Church Sisters in Christ

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WE WOULD LIKE TO THANK THE COMMUNITY

for their response to our needs this holiday season. We were able to give out 37 turkeys and all the fixins! Your donations have meant so much to us!

Coming up

December 14th see us in the Light Parade in Rio Linda.

December 21st is the Lil Drummer Boy Christmas present give away from 10 AM to 1 PM.

You must sign up at the Free Store on Tuesdays or Thursdays from 10 to 1.

For more information please call Sandie at 210 326 1806 — Thank you and God Bless You

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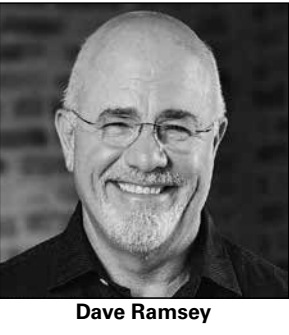
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Dave Ramsey Says Compromises Are Part of Marriage

Dear Dave,

My wife and I have been married for two years, and we both have good jobs. Together, we bring home around \$190,000 combined. We also have \$100,000 in a savings account, and no debt except for our mortgage. A couple of weeks ago, I was contacted about an opportunity to take a job in commercial real estate in my hometown. To be honest, this kind of work has been a dream of mine for several years. The problem is my wife is upset by the idea of moving. She says it's because she doesn't want to be even further away from her family, but it seems like something else is bothering her. Do you have any advice?

– Freddie

Dear Freddie,

Anytime you're in a relationship and something like this happens, it's a little like making a sale in that you've got to dig out the

real reason for the objection. It could very well be that she doesn't want to be further away from her family, and that's natural—to an extent. But like you said, there could be other factors involved.

There might be something in your past that bothers her, or something she doesn't want you to revisit. There may even be feelings of discomfort with your family for things that have happened or been said. It could also be the insecurity that goes along with a move, a new home and a new job. I don't know how far away you're talking about moving, but it could also be she's worried about leaving her job.

From a relationship standpoint, you two each need to lay your cards on the table and be honest with each other. Open up, and really talk about it. Otherwise, it's going to become a sore spot and cause even more problems. Part of marriage is making compromises. Sometimes compromises must be made by one, or both, people in order to do what's best for the relationship in the present and in the long run.

It could be that you just need an impartial referee. Would you both be willing to attend a few sessions with a good pastor or marriage counselor together? Talking to either one doesn't mean your marriage is on the rocks, but sometimes a compassionate and objective third party can help dig down below the surface to uncover issues and help find a reasonable solution to problems.

I hope this helps. God bless you both, Freddie.

– Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★



Farm Bureau Delegates Approve Policies

California Farm Bureau approved changes to the organization's policies last week during a House of Delegates session at the organization's 106th Annual Meeting in Monterey. Farm Bureau develops policy recommendations each year through its Commodity Advisory Committees, which are groups of members that meet regularly throughout the year. This year, delegates voted to approve proposed updates to policies related to wolf management, crop insurance and eminent domain.

Increased Almond Shipments Signal Better Times Ahead

Despite economic challenges for those in the almond business, the Almond Board of California painted an optimistic outlook for the industry, emphasizing the organization's ongoing efforts to build demand for the nut by easing trade barriers and making new strides in marketing, innovation and research. Almond Board President and CEO Clarice Turner said the board is "confident that better days lie ahead." She noted "tangible signs" of robust demand for almonds, with the industry having shipped more than 200 million pounds of the nut for 11 straight months.

Annual Meeting Workshop Takes on Navigating SGMA

Ten years into the state's Sustainable Groundwater Management Act, or SGMA, local agencies are implementing plans and projects to achieve long-term sustainability in aquifers by limiting overdraft, land subsidence and impacts to drinking water. Navigating SGMA challenges, including the probation process under the California State Water Resources Control Board and how to fund and implement groundwater sustainability plans, was discussed as part of an educational workshop for members at the California Farm Bureau's 106th Annual Meeting in Monterey last week.

Startups Get Help to Speed New Tech to California Farmers

UCANR Innovate, the innovation arm of the University of California Agriculture and Natural Resources, has opened applications for its VINE Connect program. California farmers are at the heart of global food production, but staying ahead requires constant innovation. To meet this challenge, VINE Connect bridges the gap between innovation and application by helping entrepreneurs tailor proven technologies for farmers to ease weed control, harvest and other farming tasks. Each year, the VINE Connect program runs three cohorts, each centered on different focus areas within California agriculture. ★

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<div>LIFEPOINTE FAMILY OF CHURCHES 7200 Rio Linda Blvd. lifepointenaz.com (916) 991.4624</div> <div>SUNDAY 9:30AM COFFEE & FELLOWSHIP 10AM ALL AGE CONNECTION GROUPS 11AM WORSHIP SERVICE NURSERY (0-3YRS) KIDZ CLUBHOUSE (4YRS - 6TH GRADE)</div>	<div>ZION LUTHERAN CHURCH (LCMS)</div> <div>3644 Bolivar Ave. North Highlands (916) 332-4001</div> <div>Sunday Schedule Worship at 9:30 AM Bible Hour for All Ages at 11:00 AM</div> <div>ZionLutheranNH.org</div>	<div>Calvary Lutheran Church</div> <div>5th and L Streets Rio Linda Pastor Kirsten Moore</div> <div>Sunday Worship 10:30 a.m.</div> <div>Children's Bible stories & crafts during adult worship (916) 991-2135 www.clcrl.org Mail@clcrl.org Open Arms, Open Hearts</div>
<div>Church of Christ</div> <div>Worship God's Way</div> <div>Minister Eric Smith</div> <div>6818 4th Avenue Rio Linda, CA 95673 (916) 991-2668</div> <div>Church 10:30 a.m.</div>	<div>HARVEST MISSIONARY CHURCH</div> <div>6715 18TH STREET RIO LINDA, CA 95673</div> <div>PASTOR VALERIY BAYKO</div> <div>SUNDAY SCHOOL 10.00 AM SUNDAY SERVICE 10.30 AM COFFEE & FELLOWSHIP 12.30 AM</div> <div>(916) 915-4611 WWW.HARVESTMC.ORG</div>	<div>NEW BEGINNINGS FELLOWSHIP</div> <div>Pastor Deonte Walters</div> <div>10th and O Streets</div> <div>(916) 991-2918</div> <div>Sunday School 9 a.m.</div> <div>Sunday Worship 10:30 a.m.</div>
<div>Rio Linda Seventh Day Adventist Church</div> <div>7535 - 10th St. and U Rio Linda</div> <div>Sabbath School 9:15 a.m.</div> <div>Worship Services 11 a.m.</div>	<div>North Metro Church of Christ</div> <div>4191 Norwood Ave., Sacramento 95838 (916) 923-1147</div> <div>Minister Pete Savage</div> <div>SUNDAY</div> <div>Bible Classes: 10 a.m. Worship: 11 a.m. Worship: 6 p.m. Wed. Bible Classes: 7 p.m.</div>	<div>LIBERTY MINISTRIES CHRISTIAN FELLOWSHIP</div> <div>Pastor Shannon Fannin</div> <div>Liberty Ministries extends an invitation to come and join us for Celebration Worship Sunday 9 a.m.</div> <div>Youth Extreme & Food Closet</div> <div>(916) 922-6442 4840 Marysville Blvd. www.libertymcf.net</div>
	<div>NEW LIFE CHRISTIAN CHURCH</div> <div>2037 Elkhorn Boulevard</div> <div>(916) 991-3001</div> <div>Adult Sunday School: 9 a.m. Sunday: 10 a.m. Sunday Evening: 6 p.m. Wednesday: 6 p.m.</div> <div>Pastor Jeff Duncan</div>	

Social Security Matters

Have I Saved Social Security Money by Claiming at 62?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I had to start collecting Social Security at 62, and I am 75 now. I believe that in the last 13 years I have saved Social Security money, so I do not know why I cannot draw my full benefits now.

If I had started drawing at 65 at \$1,200 per month, then I would have drawn \$16,400 per year. Instead, I got \$680 per month from 62 to 75, or \$8,160 per year, or about \$106,000 over 13 years. Compare that to the age 65 amount of \$14,400 per year for 10 years, which is \$144,000. So, by claiming at 62, at age 75 I have saved the government over \$38,000. It would make seniors lives so much easier if they could draw full Social Security at 75 years old, after getting only part of their SS. **Signed: Second-guessing**

Dear Second-guessing: The difference between benefits claimed at various ages causes many to reflect, as you have done, about what might have been had you waited longer to claim. But there is an error in your calculations. If your age 62 monthly benefit is \$680, your age 65 monthly benefit would have been about \$845, not \$1,200. Thus, at 75 you would have collected about \$101,400 by claiming at 65, vs. the \$106,000 you have received

by claiming at age 62. In other words, you still would not have broken even had you claimed at age 65.

Social Security says that it doesn't matter when you claim – they say that if you claim early your payments will be less, but you'll get more of them. Where SSA's argument falls apart is when life expectancy is longer. Our experience is that if you wait until your full retirement age (FRA) to claim (which is age 66 in your case), vs. claiming at age 62, you will collect the same amount of total money at about age 78. In other words, the "breakeven age" for waiting until FRA to claim is about 78. So, you will reach your personal "breakeven age" in about 2 ½ years (at age 78). And this is precisely why we encourage everyone to understand their life expectancy when deciding when to claim Social Security – those who expect to live longer will, indeed, get more SS money if they delay claiming.

Your benefit is determined by your age when you claim, and if you claim before your FRA your monthly amount is permanently reduced. If you claimed at age 62 and your monthly amount was \$680, then in the four years until you reached age 66 (your FRA) you would have received about \$32,640. If you had, instead, waited until your FRA to claim, your benefit at age 66 would have been about \$906/month. Collecting \$906/month (at 66) vs. \$680/month (at 62) would make your breakeven age about 78. If you claimed at age 65 instead of 62, your breakeven age would have been about a year earlier (77).

So, have you saved Social Security money? Up to this

point, you have not. Since you claimed at age 62, you have collected about \$680/month for 13 years until you were 75 (or about \$106,000). If you had waited until age 65 to claim you would have, instead, collected about \$101,400 – in other words you have received more, so far, by claiming at age 62. But that will change when you reach 77 (your breakeven age, had you claimed at 65). Starting at age 77, you will have received less in cumulative lifetime benefits because you claimed at age 62. Which, again, is why – at the AMAC Foundation's Social Security Advisory Service – we encourage everyone to consider life expectancy when deciding when to take Social Security. Of course there are other factors too, not the least of which is financial need, but life expectancy is key. And since the benefit you get when you claim is permanent (except for annual Cost of Living Adjustments), deciding when to claim Social Security is a decision which affects a lifetime.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Henderson Remembered as Electrifying Legend of the Game

National Baseball Hall of Fame News Release

SACRAMENTO REGION, CA (MPG) - Rickey Henderson used the ultimate combination of power and speed to break numerous major league baseball records during his career.

But what solidified his place in baseball history was his love for the game.

Henderson died on Dec. 20, at the age of 65. His enthusiasm for the game manifested itself in 1,406 stolen bases – by far the best total in history.

"Rickey Henderson was not only the greatest base stealer of all-time, but one of the most memorable personalities of his generation," said Jane Forbes Clark, Chairman of the Board of the National Baseball Hall of Fame and Museum. "The enthusiasm and energy he brought to Cooperstown each year will truly be missed. Our thoughts are with his wife, Pamela, and their family."

Born on Dec. 25, 1958, in Chicago, Ill., Henderson spent most of his childhood in Oakland, Calif. An All-American running back in high school, Henderson turned down multiple football scholarships to sign with the Oakland Athletics in 1976.

In his first full major league season 1980, Henderson broke Hall of Famer Ty Cobb's 65-year-old American League stolen base record of 96 with 100 swipes. In 1982, he stole 130 bases, breaking Hall of Famer Lou Brock's modern era major league single-season record of 118.

"He's the greatest leadoff hitter of all time, and I'm not sure there's a close second," said Billy Beane, senior advisor to the Athletics and the team's former long-time general manager.

He played for nine teams over his

25-year career including the Athletics, Yankees, Padres, Mets, Red Sox, Dodgers, Angels, Mariners and Blue Jays. He led the American League in steals 12 times and went on to be the all-time record holder with 1,406 thefts, earning him the nickname "Man of Steal."

"It wasn't until I saw Rickey that I understood what baseball was about. Rickey Henderson is a run, man," said Athletics teammate Mitchell Page. "That's it. When you see Rickey Henderson, I don't care when, the score's already 1-0. If he's with you, that's great. If he's not, you won't like it."

His speed wasn't his only skill. Henderson set all-time records for runs scored (2,295), unintentional walks (2,129) and leadoff home runs (81). The 10-time All-Star won the MVP Award in 1990, leading the American League in runs scored, stolen bases and on-base percentage. He finished in the top ten in MVP voting five other times.

"He was one of the best players that I ever played with and obviously the best leadoff hitter in baseball," said Hall of Famer Dave Winfield.

Henderson won two World Series during his career, in 1989 with Oakland and in 1993 with Toronto. He spent most of his career in left field and won a Gold Glove Award in 1981. He finished with a .279 batting average, 3,055 hits and 297 home runs. He electrified crowds with his flair and enthusiasm for the game.

Henderson was elected to the Baseball Hall of Fame in 2009 on his first appearance on the Baseball Writers' Association of America ballot.

"If my uniform doesn't get dirty, I haven't done anything in the baseball game," said Henderson. ★



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Be sure to place in the subject field "Attention to Publisher". If you do not have email address, please call us at (916) 991-3000 or (916) 773-1111.

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NOBLE 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08439
Donna M. Webb, 7802 Lakeshore Drive, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Donna's Delights" 7802 Lakeshore Drive, Granite Bay, CA 95746. Filed with the Clerk of Sacramento County November 7, 2024
Publish: December 6, 13, 20, 27, 2024
DONNAS 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08920
Flaming Grill Burger LLC, 2819 Panay Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Flaming Grill Burger" 2380 Watt Avenue, Unit 150, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 25, 2024
Publish: December 6, 13, 20, 27, 2024
FLAMING 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08530
TBConsulting L.L.C., an Arizona LLC, 8328 E Hartford Drive, Suite 102, Scottsdale, AZ 85255 is doing business under the Fictitious Business Name(s) "TBC" 8328 E Hartford Drive, Suite 102,

Scottsdale, AZ 85255. Filed with the Clerk of Sacramento County November 13, 2024
Publish: December 6, 13, 20, 27, 2024
TBC 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08665
Flor Silvia Trias, 9132 Terramore Drive, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "E=MC2 Daycare & Preschool" 9132 Terramore Drive, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 15, 2024
Publish: December 6, 13, 20, 27, 2024
E=MC2 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08427
SF Cellular Group LLC, 3637 Hallelujah Court, 4, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SF Cellular Group LLC" 3637 Hallelujah Court, 4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 6, 2024
Publish: December 6, 13, 20, 27, 2024
SF 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08973
Urban Subs LLC, 451 Lentini Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Subway" 451 Lentini Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County November 27, 2024
Publish: December 6, 13, 20, 27, 2024
SUBWAY 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08357
ES Cal II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Bergamo Montessori School" 8200 Pocket Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 5, 2024
Publish: December 6, 13, 20, 27, 2024
BERGAMO 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08547
ES Call II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Yassin Sipd Consulting Services LLC" 1700 Dornie Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 7, 2024
Publish: December 6, 13, 20, 27, 2024
MONTESSORI 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08473
Yassin Sipd Consulting Services LLC, 1700 Dornie Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Yassin Sipd Consulting Services LLC" 1700 Dornie Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 7, 2024
Publish: December 6, 13, 20, 27, 2024
YASSIN 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08845
Saleh Zarrouk, 4404 Malana Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Ethos Real Estate Solutions/Eureka Real Estate Services" 4404 Malana Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 21, 2024
Publish: December 6, 13, 20, 27, 2024
ETHOS 12-27-24

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09109
Stars Event Hall LLC, P.O. Box 348506, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Stars Event Hall" 4128 El Camino Avenue, Suite 10, Sacramento, CA 95821. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
STARS 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09082
Ebony Walker, 3905 Oak Villa Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fair Oaks Mortgage Processing" 3905 Oak Villa Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
FAIR 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08842
A.C.O.N. Inc, 10100 Fair Oaks Boulevard, Suite I, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Eastern Gardens Cooperative" 3045 Eastern Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
GARDENS 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08508
Dung Huynh Quoc Nguyen and Trang Thi Huyen Nguyen, 24988 Blue Ravine Road, #100B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "BeBe Nails" 24988 Blue Ravine Road, #100B, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 12, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
NAILS 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08401
Anastasia Duda, 4059 Innovator Drive, Unit 7102, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "DA Beauty Club" 4059 Innovator Drive, Unit 7102, Sacramento, CA 95834. Filed

with the Clerk of Sacramento County November 6, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
BEAUTY 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08957
Gurmeet Singh, 7409 Twin Acre Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "G.S.S. Trucking" 7409 Twin Acre Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 26, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
TRUCKING 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08763
Albert Chang and Sasha Ren, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Bluezone Aviation" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County November 19, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
BLUEZONE 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08856
Jessica Sapno, 12084 Agen Circle, S, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Treats by Jess" 12084 Agen Circle, S, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
TREATS 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08827
Melissa Lynn Madder, 106 Austin Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Peaceful Melissa Yoga" 106 Austin Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
PEACEFUL 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08860
Olivia Beauty LLC, 443 Waverley Street, Palo Alto, CA 94301 is doing business under the Fictitious Business Name(s) "Flywheel Group/Olivia Supply" 7509 Madison Avenue, #101, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
FLYWHEEL 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08584
Jazmin Gonzalez Andres, 6047 Main Avenue, #32, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Jazz Custom Cleaning" 6047 Main Avenue, #32, Orangevale, CA 95662. Filed with the Clerk of Sacramento County November 13, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
JAZZ 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08885
Sabir Yousafzai, 7949 Carraway Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Aria Tax and Accounting Services" 2100 Watt Avenue, Suite #160, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 22, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
ARIA 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08930
Jaime Palmer, 400 Bannon Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "DUNIQUE Graphic Designs" 6020 Rutland Drive, B4 59, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 25, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
DUNIQUE 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09051
Tammy Schmitt, 5004 Meadow Pass Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Lilac Massage Therapy" 5004 Meadow Pass Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County December 3, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
LLAC 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08740
Vitali Klimov, 6424 18th Street, Rio Linda, CA 95678 is doing business under the Fictitious Business Name(s) "Vitcomm Tech" 7046 34th Street, North Highlands, CA 95660. Filed with the Clerk of Sacramento County November 19, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
VITCOMM 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09047
Aliya Alizai, 5027 El Camino Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Alizai Cloths & Tailor" 5027 El Camino Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 3, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
ALIZAI 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09002
Consuelo Jaime, 378 Morrison Avenue, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Best One Handyman" 378 Morrison Avenue, Sacramento, CA 95838. Filed with the Clerk of Sacramento County November 27, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
HANDYMAN 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08419
Brisenos Master Gardens Inc., 2739 Xavier Street, E. Palo Alto, CA, 94303 is doing business under the Fictitious Business Name(s) "Brisenos Master Gardens" 2739 Xavier Street, E. Palo Alto, CA, 94303. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
BRISENOS 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08357
ES Cal II LLC, 9350 S Dixie Highway, Suite 950, Miami, FL 33156 is doing business under the Fictitious Business Name(s) "Bergamo Montessori School" 8110 Pocket Road, Sacramento, CA 95831. Filed with the Clerk of Sacramento County November 5, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
SCHOOL 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09130
Inspiring Beginnings Childcare Center LLC, 899 Maplegrove Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Inspiring Beginnings Childcare Center" 924 San Juan Road, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
INSPIRING 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08981
Consulting Cafe LLC, 1401 21st Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "SmartFile" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 27, 2024
Publish: Dec 13, 20, 27, Jan 3, 2025
SMARTFILE 1-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08288
Bell Time Global, LLC, 2004 Robert Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Sourced Botanicals" 4370 24th Street, Suite H, Sacramento, CA 95822. Filed with the Clerk of Sacramento County November 1, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
BOTANICALS 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09230
RKP Investments CHCW LLC, 9819 Cranleigh Drive, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Citrus Heights Car Wash" 7742 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 10, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
CITRUS 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09092
Innovating My Insurance Inc. 525 Cantera Court, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "My Innova Insurance Services" 7777 Greenback Lane, #106, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
INNOVA 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09135
Haqui LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Tiny Terras/Haqui" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
TINY 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09303
Sean Shokouh, 6858 Mariposa Avenue, Citrus heights, CA 95610 is doing business under the Fictitious Business Name(s) "JDMPalace/JDMP Motors/JDMP Management" 6858 Mariposa Avenue, Citrus heights, CA 95610. Filed with the Clerk of Sacramento County December 12, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
JDMP 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09306
Grace O. Jackson 6220 Sampson Boulevard, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Fashionez By Gracious" 6220 Sampson Boulevard, Sacramento, CA 95824. Filed with the Clerk of Sacramento County December 12, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
GRACIOUS 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09169
Cesar Julian Montoya Segura, 2114 Pinetree Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Phoenix Films And Photos" 2114 Pinetree Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 6, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
PHOENIX 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09172
William Bixler, 5051 Hillard Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Sacramento Geotechnical Testing Services" 5051 Hillard Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 6, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
GEOTECH 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09141
Luis Medrano, 8724 El Verano Avenue, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Medrano's Hauling" 8724 El Verano Avenue, Elverta, CA 95626. Filed with the Clerk of Sacramento County December 6, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
MEDRANOS 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09295
CarePoint Healthcare, Inc. 5006 Sunrise Boulevard, Suite 101, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "CarePoint Healthcare" 5006 Sunrise Boulevard, Suite 101, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 12, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
CAREPOINT 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09062
Alvarez Legacy Ventures Inc., 10736 Gernsbuck Lodge, San Antonio, TX 78245 is doing business under the Fictitious Business Name(s) "The Crazy Blaze" 10360 Rockingham Drive, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 4, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
BLAZE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09203
Resham Singh Uppal, 3700 Catalan Sea Avenue, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "RS Uppal Trucking, " 3700 Catalan Sea Avenue, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 9, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
UPPAL 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08426
Hohli Morris, 2715 D Street, #4, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Midnight Sun Lashes" 3010 Freepoint Boulevard, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 6, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
MIDNIGHT 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08988
Its Just a Poke LLC, 3400 Cottage Way, Suite G2 #27095, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Its Just a Poke Sacramento" 2031 K Street, Unit B, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 27, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
POKE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09070
Felicia Williamsnyes, 9905 Diamonte Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Culinary101Supplies.com" 9905 Diamonte Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 4, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
CULINARY 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08956
Karena Brown, 5420 Kohler Road, #41055, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Because Soaps/Because Bath and Body" 4771 Clothier Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 26, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
BECAUSE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09129
Golden Republic Inc, 1007 Taber Street, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Golden Republic Realty" 3810 Broadway, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 5, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
GOLDEN 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08690
Kepha Health Care, 1401 21st Street, #10142, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Unique Virtual Care" 1401 21st Street, #10142, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 18, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
UNIQUE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08867
King's Casino Management Corp., 7727 Herschel Avenue, La Jolla, CA 92037 is doing business under the Fictitious Business Name(s) "Stones Gambling Hall/The Tavern at Stones Gambling Hall/The Saloon at Stones Gambling Hall/ Sammy's Restaurant & Bar/ Sammy's Restaurant + Bar/ Pin High" 6510 Antelope Road, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
STONES 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08833
Mehta & Mehta Medical Consultants Inc, 1320 Cornerstone Drive, El Dorado Hills, CA 96762 is doing business under the Fictitious Business Name(s) "PrimeLyfeMD/Prime Lyfe MD" 5170 Golden Foothill

Parkway, El Dorado Hills, CA 95762. Filed with the Clerk of Sacramento County November 21, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
PRIMELYFE 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08967
HRBVR Inc., 2532 Landwood Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Cap City Pools" 2532 Landwood Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County November 27, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
CAP 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09242
Heinbo Three Corporation, 7016 Caneway Circle, Citrus Heights, Ca 95621 is doing business under the Fictitious Business Name(s) "H3 Landscaping" 7016 Caneway Circle, Citrus Heights, Ca 95621. Filed with the Clerk of Sacramento County December 10, 2024
Publish: Dec 20, 27, Jan 3, 10, 2025
H3 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09263
Viktor Dimitrov, 2412 Cathay Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Apex Construc Co" 2412 Cathay Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County December 11, 2024
Publish: Dec 27, Jan 3, 10, 17, 2025
APEX 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09402
Capitol Driving School LLC, 5045 College Oak Drive, Suite B, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Capitol Driving School" 5045 College Oak Drive, Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 17, 2024
Publish: Dec 27, Jan 3, 10, 17, 2025
CAPITOL 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09401
Reflective Empowerment, 7317 Walnut Road, Fair Oaks, CA, 95628 is doing business under the Fictitious Business Name(s) "Conduits For Change" 7317 Walnut Road, Fair Oaks, CA, 95628. Filed with the Clerk of Sacramento County December 17, 2024
Publish: Dec 27, Jan 3, 10, 17, 2025
CONDUITS 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09245
Prisca A. Mutayabarwa, 6437 Brando Loop, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Neema Bright Star" 6437 Brando Loop, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 10, 2024
Publish: Dec 27, Jan 3, 10, 17, 2025
NEEMA 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08431

COMICS & PUZZLES

The Spats

by Jeff Pickering

I JUST LEARNED HOW TO MAKE A BANANA SPLIT!!

WHERE DID YOU LEARN THAT?

SUNDAE SCHOOL!!

Amber Waves

by Dave T. Phipps

I HAVE A FEELING THIS IS GOING TO BE A LONG WINTER.

RIGHT ON CUE, HERE COMES THE WIND AND SNOW.

WOW, IT IS REALLY STARTING TO COME DOWN OUT HERE!

DAD, KEEP POSING FOR US. LAST TIME WE TRIED TO COPY YOU WE RAN OUT OF SNOW.

Out on a Limb

by Gary Kopervas

SO, DENNIS, HOW DO YOU FEEL ABOUT BEING IN OUR STORAGE WAREHOUSE?

I'M NOT A FAN.

TIGER

by BUD BLAKE

MOM SENT YOU OUT TO SHOVEL THE SIDEWALK

THIMBLE THEATRE PRESENTS

POPEYE

BY KIMMY HILGELAND

THERE ARE MANY MAGICAL THINGS ABOUT THIS TIME OF YEAR...

... BUT IS ANYTHING AS SIGNIFICANT AND EMBLEMATIC OF THE HOLIDAYS THAN THE ACT OF FORGIVENESS?

HOLIDAY CHEER AIN'T GETTIN' YA OUTTA YOUR TAB WAMPY.

MY MISTAKE. I'D HEARD YOUR HEART GREW THREE SIZES.

T'WAS THE NIGHT FORE CHRISTMAS, THE SKY WAS DARK AS PITCH, AND THE ONLY CRITTER STIRRED WAS GRAYLA, A ROTTEN OL' WITCH.

SHE'D SNUCK INTO THE VILLAGE LIKE A SLICK OL' RAT TO STEAL AWAY ALL THE CHILDREN...

... TO FEED TO HER GIANT CAT!

-N SWOOPEO SANTA IN HIS BATTLE SUIT!

PAPPA! YOU CAN JUST ADMIT YOU DON'T REMEMBER THE POEM.

KIDS T'DAY KINT PRECIATE THE ART O' IMPROVIZATION!

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Ear is larger. 2. Button is added. 3. Apron is longer. 4. Broom is narrower. 5. Cash register is missing. 6. Awning is not as wide.

GRIN & BEAR IT

by Dave T. Phipps

THANKS FOR CALLING STUPENDO-TECH. YOUR CURRENT HOLD TIME IS 45 MINUTES UNTIL THAT DEPARTMENT PUTS YOU ON HOLD FOR ANOTHER.

"My diet was going well until I had those visions of sugar plums."

D	E	C	O			N	E	O			N	A	B	S					
O	D	O	R			C	O	M	A		H	A	N	O	I				
O	G	R	E			I	D	E	S		A	U	N	T	S				
R	E	P	L	I	C	A	N	T			U	T	A	H					
				S	C	A	L	D			P	S	I						
N	E	R	E	I	D					I	T	A	L	I	A	N			
A	P	E				L	A	D	I	D	A			U	N	D	O		
M	O	S	S	Y				U	K	E		A	S	S	A	I			
E	X	I	T			U	N	E	A	S	E			E	M	S			
S	Y	N	A	P	S	E					T	S	E	T	S	E			
				R	U	E				A	A	R	O	N					
		S	E	T	S					I	N	C	E	P	T	I	O	N	
C	O	P	R	A						D	I	R	E			R	O	V	E
A	L	I	E	N						O	M	I	T			E	W	E	S
D	I	C	K							L	E	D				E	A	R	S

STATEPOINT CROSSWORD • SCIENCE FICTION

CLUES

ACROSS

1. Le Corbusier's art

5. "The Matrix" protagonist

8. Captures

12. Funkiness in the air

13. Vegetative state

14. Capital of Vietnam

15. Fairy tale villain

16. Beware of these in March

17. Spiker and Sponge of "James and the Giant Peach"

18. "Bioengineered humanoid in "Blade Runner"

20. The Beehive State

21. Burn with coffee, e.g.

22. Tire meas.

23. Sea nymph

26. Salad dressing option

30. "Pierre Boulle's Cornelius

31. Hoity-toity

34. Back arrow key

35. Covered with sphagnum

37. Tiny Tim's guitar

38. Allegro ____, in music

39. Sign of escape

40. Apprehension

42. Emergency responder, acr.

43. Neuron junction

45. Sleeping sickness vector

47. "Katniss Everdeen's sister

48. Hammerin' Hank

50. Tennis "innings"

52. "2010 film starring DiCaprio

56. Meat of coconut

57. Desperate

58. Karl of politics

59. "1979 film starring Sigourney Weaver

60. Fail to mention

61. Bo Peep's females

62. "Do Androids Dream of Electric Sheep" author

63. Was ahead

64. "Spock's are pointy

DOWN

1. Point of entry

2. Side of a ruler, e.g.

3. S or C follower, in business

4. Two-word threat

5. Relating to node

6. Make corrections

7. Kiln for hops

8. *Captain Nemo's submarine

9. Tolstoy's Karenina

10. This and that

11. Bro's sibling

13. Droning insect

14. Niger and Nigeria language

19. In an unfriendly manner

22. Parent org.

23. "He named ____"

24. Strong adhesive

25. Pine juice

26. Original thought

27. Garment enlarger

28. "The Hitchhiker's Guide to the Galaxy" author

29. Neil Diamond's "Beautiful ____"

32. *Frank Herbert's famous novel

33. "I Like ____" 1950s campaign slogan

36. "Where no man has gone before" TV series

38. "The Tortoise and the Hare" author

40. "It's no ____!"

41. Beale of Memphis, e.g.

44. South Korean port

46. Main dish

48. Japanese cartoon art

49. Like thick smoke

50. Solo, pl.

51. Long narrative poem

52. Worshiped one

53. Minnesota's southern neighbor

54. Last word on radio

55. Famed loch

56. Rogue or rascal

CROSSWORD

1 2 3 4 5 6 7 8 9 10 11

12 13 14

15 16 17

18 19 20

21 22

23 24 25 26 27 28 29

30 31 32 33 34

35 36 37 38

39 40 41 42

43 44 45 46

47 48 49

50 51 52 53 54 55

56 57 58

59 60 61

62 63 64

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8	5	7	9	2	4	6	1	3
4	1	3	6	5	7	9	2	8
7	6	4	5	3	2	1	8	9
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3	9	1	8	7	6	4	5	2

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3								

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Finding a New Direction

By Kristin Thebaud

SACRAMENTO REGION, CA (MPG) - Tina Goree was 59 years old and managing a Wing Stop in Sacramento in 2018 when she decided it was time to change careers as she continued to age. She signed up for a class at a career skills center and was ready to begin a new chapter.

The next morning, the Citrus Heights resident woke up blind. She had no pain but her right eye was completely dark and her left eye could only see a blur.

“I thought, oh my gosh, I think I’m blind. I wonder if this is temporary,” Goree said.

Goree called her daughter, who took her to the emergency room. Doctors determined that hypertension had caused a stroke in her right eye and it had also affected her left eye. She was legally blind.

“You want to cry and break down but you can’t,” Goree said. “I immediately went into the mode of thinking, well, this is what is happening to you, so now you have to figure something out.”

Refusing to lose her sense of humor with her vision loss, Goree spent three days in the hospital joking and laughing with family and friends. Yet when she came home, she felt lost, barely able to even use her flip phone.

“I was getting ready to start a new career and now I didn’t know what to do,” Goree said.

Fortunately, Goree’s family signed her up for Social Security, ordered her a cane and connected her to the Department of Rehabilitation and local nonprofit Society for the Blind, which empowers people of all ages with vision loss with tools to maintain their independence.

Unfortunately, Goree’s skepticism began to grow. She remembers sulking at the Society for the Blind orientation, thinking there was nothing they could do to help her.

Goree refused to attend Society for the Blind classes after that but she did join its weekly Coffee



Tina Goree joined Society for the Blind’s Senior IMPACT Program, which empowers seniors with vision loss to stay independent. Photo courtesy of Kristin Thebaud

and Connect support group calls for a couple of months. Once the pandemic hit, she stopped calling in.

“I never broke down and cried but I did kind of feel sorry for myself,” Goree said. “I kept sitting on the couch doing nothing and letting people lead me around.”

In September 2022, four years after losing her vision, Goree decided it was time for a change.

“I said to myself, you cannot live like this; you are not this type of person,” Goree said. “My life isn’t over and I need to do something with it. I have no direction.”

In early 2023, Goree’s family was surprised when she

announced that Paratransit would take her to Society for the Blind and she had coordinated the ride herself.

“I felt like a kindergartener on the first day of school as I rode the bus,” Goree said. “I didn’t know what to do, where to go or who I was going to meet. It was a new beginning for me. They took me to Society for the Blind and my life began.”

Goree joined Society for the Blind’s Senior IMPACT Project, which empowers seniors with vision loss to stay independent. As she began talking with other Senior IMPACT Project participants, it became clear they wanted to hear more from her and that helped her regain

confidence.

“I’ve shed tears several times when people say they want to call me because they like the confidence I have,” Goree said. “It makes me feel worthy. It makes me feel like those are skills I had before I lost my vision. That’s what made me become a manager.”

Now at 65, Goree’s main goal is to secure a job, so she has joined Society for the Blind’s Core program, which includes assistive technology and living skills classes. She has been especially surprised at her ability to pick up on new technology, including her iPhone and Victor reader. She will soon begin Core orientation and mobility classes

and she hopes to finish within a year so she can work with the Department of Rehabilitation on finding employment.

“I don’t yet know what I want to do but I know I want to be useful and involved in my community,” Goree said. “I’ve worked since I was 17 years old, so I’m confident that no matter what job I get, my supervisor skills will take over. I’m pretty sharp at figuring things out and troubleshooting.”

Goree plans to stay at Society for the Blind after classes are over. She rejoined Coffee and Connect and participates in its Black Americans Senior Support group. She organizes independent outings with her Society for the Blind friends, including a train ride and a luncheon with 22 other individuals.

“I told everyone we can do this,” Goree said. “It was so heart-filling to see people who haven’t been out in a couple of years trusting me and this group. We’ve had a lot of fun.”

Goree says connecting and networking has become even more important since losing her vision.

“I love connecting with everybody and spreading the good news to people with vision loss who are afraid to go out,” Goree said. “I’m willing to step out with someone just because they want to step out and people know that.”

This summer, Goree and four other women with vision loss went to the National Federation for the Blind conference in Florida for six days. They navigated their way around 2,700 participants. Goree proudly used the skills and tools she learned at Society for the Blind. Goree said she is even more confident now and that the skills feel almost automatic.

But if it were not for her decision to take that big step and go to Society for the Blind, Goree said, she would not be here.

“Coming to Society for the Blind gave me courage, a sense of being and a reason to keep going,” Goree said. “I was introduced to myself again.” ★

Society For the Blind Announces Vision Forward Initiative Launch



Shari Roeseler of Society for the Blind and event emcee Cristina Mendonsa announce the \$1-million Vision Forward Initiative launch at the nonprofit’s 70th anniversary gala. Photo courtesy of Kristin Thebaud Communications

Kristin Thebaud Communications News Release

SACRAMENTO REGION, CA (MPG) - Society for the Blind recently launched its \$1-million Vision Forward Initiative at its 70th anniversary celebration.

The three-year initiative will increase the nonprofit organization’s capacity to meet growing demand for services, create a resource and learning center on the second floor of the group’s Midtown Sacramento building and build Society for the Blind’s endowment to respond to new opportunities and challenges. To donate, visit www.SocietyfortheBlind.org/Donate.

“Our Vision Forward Initiative will ensure our clients of all ages have access to our services for years to come,” said Shari Roeseler, Society for the Blind executive director. “This will help us serve more people, reduce wait times, offer the latest assistive technologies, and quickly respond and adapt to meet the needs of our clients.”

The initiative was announced to 300 event guests gathered to celebrate Society

for the Blind’s 70th anniversary and its 2024 Briggs Award honoree, Retinal Consultants Medical Group, for extraordinary contributions to eye care in the community. The event raised more than \$375,000 as seed funding for the Vision Forward Initiative.

Sacramento-based Society for the Blind continues to create innovative ways to empower individuals living with low vision or blindness to discover, develop and achieve their full potential. Since 1954, Society for the Blind has grown from a dedicated group of volunteers to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of Northern California and the state of Nevada.

The nonprofit organization provides low-vision eye care, life and job skills training, mentorship and access to tools to maintain independence for more than 5,000 youth, working-age adults and seniors in the region experiencing vision loss each year.

To learn more or make a donation, visit www.SocietyfortheBlind.org. ★

Holiday Tree Recycling Jan. 4 and 5

Continued from page 1

Trees can also be dropped off in Folsom from 9 a.m. to 1 p.m. Jan. 4 at the Dan Russell Rodeo Arena Rodeo Park, located at the end of Stafford Street, next to the arena.

Curbside Organics Collection of Holiday Trees

County residents with the Department of Waste Management & Recycling curbside collection service can also recycle their live cut holiday tree

(all tinsel, lights, decorations, nails and stands removed) by cutting it up and putting it loosely in the curbside Organics cart. Please make sure the lid will close. The cart will be emptied on your next regularly scheduled Organics collection day.

Flocked trees can be cut up and placed loosely in the curbside Garbage cart for collection. Ensure that the lid will close.

Do not put holiday trees on curbs or roadsides for curbside collection. ★

Bird Flu: What Residents Need to Know

Continued from page 1

informed and follow precautions to protect themselves and their families.

Prevention Tips

Avoid contact with wild birds: Even if birds appear healthy, they can carry the bird flu virus.

Use protective equipment: If you work with animals potentially exposed to bird flu, wear N95 masks, gloves and eye protection.

Get the flu vaccine: While the seasonal flu vaccine doesn’t protect against bird flu, it can reduce the risk of severe illness and coinfection.

Stick to pasteurized dairy products: Do not consume or handle raw milk or milk products from animals suspected to be infected. Do not feed pets raw milk products.

How Bird Flu Spreads

Human cases of bird flu are rare but can occur when someone has close contact with infected animals or contaminated surfaces. Farmworkers and others who work closely with poultry or dairy cattle are at higher risk. No person-to-person spread of bird flu has been detected in California.

Watch for Symptoms

If you’ve been in close contact with infected animals, monitor yourself

for symptoms for 10 days. Symptoms include:

- Fever, fatigue or body aches
- Cough, sore throat or runny nose
- Trouble breathing or chest discomfort
- Nausea, vomiting or diarrhea
- Red or irritated eyes (conjunctivitis).

If you develop symptoms, isolate yourself immediately, contact Sacramento County Public Health to report the illness and work, and ask Sacramento County Public Health and your healthcare provider for guidance.

Bird Flu in California

Bird flu is spreading globally through wild bird populations, with outbreaks reported in poultry and dairy herds in the U.S. While human cases remain extremely rare, California health officials continue to work with local agencies to monitor and control the spread.

Sacramento County Public Health will provide updates as new information becomes available.

For the latest details, visit California Department of Public Health bird flu webpage at cdph.ca.gov/Programs/CID/DCDC/Pages/Bird-Flu.aspx that is updated daily. ★

ARC Volleyball Closes Out Season in State Semifinals

California Community Colleges Athletic Association News Releases

SACRAMENTO, CA (MPG) - After twice being swept by American River College (ARC) in the regular season, a hungry Feather River College team fully savored a third opportunity versus the Beavers in performing a sweep in the 3C2A Women's Volleyball Championship semifinals on Saturday, Dec. 7, at Mt. San Antonio College in Walnut, Calif. Feather River (30-7) defeated American River (28-5), 3-0: 25-19, 25-22, 25-23.

There was no coincidence why American River College was making a sixth straight appearance at the 3C2A State Women's Volleyball Championship. The Beavers have height and that was a factor in a heavy block that was too much for LA Mission's attack in a 4-set quarterfinals victory for the Beavers on Friday, Dec. 6.

In their quarterfinal matchup, American River received another sterling performance by 5-foot-11 Morgan Castaneda, who rifled 21 kills (hit .292) with 10 digs and three blocks, but the Beavers also relied on the blocking and net talents of 6-1 Celestine Hayes (three kills, five blocks), 6-foot Mallory Kuehl (five kills in only six attacks and six blocks), 5-11 Kyla Powell, who chipped in seven kills and two blocks, and 5-10 Amiah Cornejo, who contributed five kills and served



The American River College Volleyball program closed out the 2024 season in the semifinals of the 3C2A State Championships. The Beavers, who closed out the season 28-5 overall and co-champions of the Big 8 Conference, defeated LA Mission College 3-1 in the quarterfinals on Dec. 6, and fell to Feather River College 3-0 in the semifinals on Dec. 7. Photo courtesy California Community Colleges Athletic Association

three aces off the ARC bench.

The Dec. 7 semifinal matchup featured American River College versus Feather River College. The Battle of the rivers began with Feather River's Tiare Faupula scoring four kills and making three blocks in a 6-point opening set triumph. Feather River led 15-7 and ran away with the game and a 1-0 lead.

In the semifinal second set, American River jumped out

to a 9-3 lead only to see the Golden Eagles go on a 5-0 run to slice it to one. The Beavers would then lead 14-11 and 17-14 before Feather River went on an 8-2 run capped by a block by Faupula and Ledua Koi for a 22-19 advantage. Two kills by Ane Tuinauvai and another stuff by Lucy Ryan and Mia Rivera captured the 3-point win and a commanding 2-0 sets lead.

In the third set, the Beavers

tried to rally as 6-foot-2 Jayda Moran came off the bench to record a pair of blocks with teammate Malloy Kuehl and built a 14-6 lead. An Amiah Cornejo/Celestine Hayes block doubled the score at 16-8 and a kill by Kuehl later made it 18-11.

Tuinauvai, who missed both of the first two encounters with American River due to injury, buried three kills in a momentous 11-2 run to give Feather

River a 22-20 lead. A push kill by Kaylynn Whitt, an ace by Sofia McPherson, and an attack error by Feather River regained the lead for American River at 23-22.

The Beavers though couldn't finish off the set as a solo block by Mia Rivera was sandwiched by two rifle kills by Ryan to complete the surprising Feather River sweep.

Overall for Feather River, quarterfinals hero Chloe Albiez powered 10 kills, Tuinauvai eight kills with 12 digs, Faupula seven kills (.313) and five blocks, and Rivera three kills and six blocks. Teya Gibbs was a setting/defensive stalwart on 13 assists and 12 digs while the team's starting setter Maya Cann dished out 24 assists.

For American River, All-American Morgan Castaneda was limited to 10 kills with 10 digs, Kuehl had four kills, five blocks, and two aces, and Cornejo scored six kills.

"Feather River swung aggressively with a nothing to lose, underdog mentality," said American River College head coach Carson Lowden, who brought her team to the state tourney for the sixth straight season. "I thought we served and passed well. We didn't put enough offensive pressure on them. The difference was that they just did a great job in transition."

The loss snapped American River College's 13-match win streak. ★

World-Class Pickleball Event Returns to Sacramento Region



Pickleball players compete at an Association of Pickleball Players event. Photo courtesy of the Association of Pickleball Players.

Association of Pickleball Players News Release

SACRAMENTO REGION, CA (MPG) - The 2025 Association of Pickleball Players' (APP) Sacramento Open is set to take place Feb. 26 through March 2, at Johnson Ranch Pickleball Complex in Roseville, marking the Association of Pickleball Players Tour's third event of the season and showcasing the world's top pickleball players competing for gold medals and cash prizes in front of a national television audience. Amateur and pro player registration for the world-class pickleball event in Sacramento is now officially open via www.theapp.global.

Competition at the 2025 APP Sacramento

Open will be open to all pickleball skill levels, plus those playing at the pro level, across a wide range of age brackets. Players are encouraged to sign up quickly to secure their spots with registration now open through Feb. 16.

The event will also be a USA Pickleball-designated "Golden Ticket" event, in which gold medal winners earn the chance to pre-register to compete in the 2025 Biofreeze USA Pickleball National Championships in November. Pro players will compete for their share of a \$100,000 prize pool as part of a nationally televised event.

The Association of Pickleball Players Tour has held events at Johnson Ranch Pickleball Complex for the past two years, including its 2024 pickleball tour event that saw

17-year-old Jorja Johnson capture the triple crown.

"We are thrilled to be back in Sacramento for what will be a spectacular APP Tour event," said Association of Pickleball Players Founder Ken Herrmann. "Northern California holds a special place in our hearts and has one of the best pickleball communities you'll ever find. We can't wait to host you all in February for the third year of the APP Sacramento Open. See you there!"

The Association of Pickleball Players provides opportunities for pickleball players of all ages and skill levels—professionals, amateurs and recreational—to compete in world-class pickleball events for the opportunity to win prize money

and be featured on nationally televised broadcasts on CBS Sports, ESPN and FOX Sports.

Since its launch in 2019, the association has operated the first and only pro and amateur pickleball tour fully and officially sanctioned by USA Pickleball. It also became the first pickleball organization ever to establish an official headquarters and training center with The Fort in Fort Lauderdale, Fla.

The Association of Pickleball Players Tour's 2025 schedule will feature the most robust pickleball showcase across pro and amateur competitions accompanied by youth development programs, grassroots charity initiatives and international partnerships to continue. ★

New Laws Coming in 2025

Continued from page 1

extending the timeline for tenants to respond to eviction notices. Under the new law, tenants will have 10 business days, up from the previous five-day deadline, to contest an eviction.

Starting in April, Senate Bill 611 will provide additional protections for renters in California by prohibiting landlords from charging tenants a fee for paying their rent or security deposit by check. In addition, landlords will be required to provide a written statement to tenants if they charge a security deposit that exceeds the standard amount.

CRIME

Senate Bill 1414 introduces stricter penalties for individuals convicted of soliciting a minor for sex. The law raises the crime of soliciting or buying sex from minors under 16 from a misdemeanor to a felony, carrying more severe legal consequences. If the person solicited is under 16, or under 18 and a victim of human trafficking, the offense could be punishable by jail time of up to a year and a fine of up to \$10,000 or a prison sentence ranging from 16 months to three years. For repeat offenders, the penalties are harsher, with mandatory felony charges



In the education sector, Assembly Bill 1780 prohibits private nonprofit universities in California from considering legacy status in admissions. Image by cherylt23 from Pixabay

and a prison sentence of 16 months to three years.

EDUCATION

In the education sector, Assembly Bill 1780 prohibits private nonprofit universities in California from considering legacy

status in admissions. The ban, effective in September 2025, means that ties to donors or alumni will no longer play a role in college admissions decisions.

CONSUMER PROTECTION

In a move aimed at consumer

protection, Assembly Bill 2863 will require companies offering auto-renewal services to provide customers with an easy option to cancel subscriptions. Starting July 1, 2025, consumers will be able to cancel their subscriptions by the same method they used to sign up

HEALTH

A major update in healthcare comes with Senate Bill 729, which mandates that health insurance plans cover the diagnosis and treatment of infertility, including in vitro fertilization (IVF), starting July 1, 2025.

Senate Bill 1061 will protect consumers by prohibiting credit reporting agencies from including medical debt on their credit reports, ensuring that such debt cannot negatively impact individuals' credit scores.

Assembly Bills 1817 and 2771 will ban the use of harmful chemicals known as PFAS (perfluoroalkyl and polyfluoroalkyl substances) in clothing, textiles and cosmetics sold in California. These chemicals, which have been linked to serious health issues such as liver damage, thyroid disease, reproductive problems and cancer, will no longer be allowed in products. ★