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# Grapevine Independent

VOLUME 59 • ISSUE 2 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 JANUARY 10, 2025

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## Salmon Season Success



Biologists Maeghen Wedgeworth (left) and Matt Ziemer join Water Forum Manager Erica Bishop and biologist Jamie Sweeney during surveys of fish-nesting habitats on the Lower American River. The survey follows recent gravel bed restoration by the Sacramento Water Forum.

*Story and photos  
by Susan Maxwell  
Skinner*

**SACRAMENTO, CA (MPG)** - Within weeks following completion of a \$1.7-million Water Forum project in October, giant Chinook were spawning in new gravel beds. The 2024 effort to aid the endangered species centered on River Bend Park (Rancho Cordova) and William B. Pond Park (Carmichael).

The work augmented salmon breeding habitat with thousands of tons of clean gravel. A deepened and reconnected side channel also created rearing



Male and female Chinook spawn in restored nesting areas near Ancil Hoffman Park. Their redd (nest) is defined by a hollow scooped in riverbed gravel.

havens for baby salmonids. Following similar projects over 16 years, the latest restoration impacted eight American River acres. At the peak of the recent

salmon run, biologists counted almost 40 new redds (nests) in previously unhospitable areas. Female salmon were using muscular tails to dig cradles when

this reporter joined survey biologists. Following the Chinook migration, steelhead and Pacific lamprey will reproduce in the same spots.

“Monitoring is important,” explained Kirsten Sellheim, senior scientist for Cramer Fish Sciences. “We bring what we learn into future projects. In spring, we’ll learn how juvenile fish are using new side channels.”

River Bend and William B. Pond Park are further downstream from previous Water Forum projects. Spawning areas get crowded closer to Nimbus

*Continued on page 3*

## SacRT Launches Shared-Use Mobility Service

**Sacramento Regional  
Transit District  
News Release**

**SACRAMENTO, CA (MPG)** - The Sacramento Regional Transit District (SacRT) has launched a shared-use mobility program. SacRT Flex is a limited subsidized neighborhood shuttle service for a limited group of qualified riders, including seniors (age 62 and older), low-income individuals and individuals with disabilities.

SacRT Flex, a new program operated by Via, officially started service on Jan. 2. SacRT Flex is a limited shared-use service designed to provide greater accessibility and mobility for riders with the greatest transportation needs. During the soft launch phase, eligible riders are invited to test the new service and familiarize themselves with its features.

“This new program, although not a replacement for Smart Ride, ensures that we continue to meet the mobility needs of our community while maintaining fiscal responsibility and optimizing resources,” said SacRT General Manager/CEO Henry Li. “We are excited to introduce a program that prioritizes accessibility and convenience for those who need it most.”

SacRT Flex is operated by Via, the same vendor responsible for scheduling the Smart Ride service. For the SacRT Flex program, Via manages the app, schedules the trips, maintains the vehicles, provides the drivers and collects the fare revenue, ensuring a seamless experience for riders. SacRT Flex is being funded by Measure A as a pilot for the next 18 months. Measure A is a Sacramento County program that funds transportation projects and services through a half-cent sales tax.

SacRT Flex operating hours are 7 a.m. to 7 p.m. Mondays through Fridays (excluding most holidays). SacRT Flex will operate in the same nine zones as Smart Ride: Citrus Heights-Antelope-Orangevale, Arden-Carmichael, Downtown-Midtown, Elk Grove, Florin-Gerber, Folsom, Franklin-South Sacramento, Natomas-North Sacramento and Rancho Cordova.

Ride requests must be booked at least 24 hours in advance (up to two days in advance) using Via’s SacRT Flex app or by phone. Same-day requests are currently not available. Cost is \$2.50 per trip for eligible riders and adult companions, and

*Continued on page 3*

## Council Removes Planning Commissioner

*By Omella Rossi*

**RANCHO CORDOVA, CA (MPG)** - On Jan. 6, the Rancho Cordova City Council gathered to review several key issues, notably approving public art installations and discussing the removal of a Planning Commission member.

The meeting kicked off with a presentation from Ian Winbrock, who outlined the proposal for three temporary art installations in the Lincoln Village neighborhood as part of the city’s Fiscal Year 2024/25 Art in Public Places program. Winbrock emphasized the importance of integrating art into public spaces to foster community engagement and improve safety.

“The goal of this program is to make ordinary places extraordinary, co-create community, and enhance our city’s identity,” said Winbrock.

He introduced three proposed projects: Lincoln Village Asphalt Art Murals,



Leroy Tripette removed from the Planning Commission. Courtesy photo

Rain-Activated Sidewalk Poetry, and Chalk Art Placemaking Words.

“These projects are designed to improve safety, accessibility, and foster civic engagement,” he explained. The proposed budget for the initiatives totals around \$30,000, funded through the Art in Public Places Bucket of the Community Enhancement

and Investment Fund (CEIF).

Councilmember Garret Gatwood suggested that the review committee for the artists include representation from city council and the Lincoln Village community.

“I foresee a problem; our sidewalks are pretty terrible in Lincoln Village and older neighborhoods. We

have older trees that have taken root and uplifted sidewalks. So, when I’m thinking about disability equity, I think they are more concerned about having a sidewalk that they can actually go on rather than a sidewalk that is pretty,” said councilmember Joe Little

Councilmembers also recommended that the sidewalk poetry project be moved to a more appropriate location.

“I think we should relocate project number two to near a school and involve the students in the process,” Mayor Siri Pulipati said.

After amendments to include a councilmember and a youth representative in the review committee, and relocation of project two, the motion passed unanimously.

In the second part of the meeting, the council addressed the potential removal of a regular Planning Commission

*Continued on page 4*



# First Snow Survey Shows Snowpack Near Average

*After a Warm, Dry Fall, Recent Storms Provide Boost to Snowpack but Return of Dry Conditions Looms*

**Department of Water Resources News Release**

**SACRAMENTO, CA (MPG)** - The Department of Water Resources (DWR) Jan 2 conducted the first snow survey of the season at Phillips Station. The manual survey recorded 24 inches of snow depth and a snow water equivalent of 9 inches, which is 91 percent of average for this location. The snow water equivalent measures the amount of water contained in the snowpack and is a key component of the Department of Water Resources' water supply forecast. Statewide, the snowpack is 108 percent of average for this date.

Recent years in California have been marked by extremely hot and dry conditions broken up by periods of intense rain and snow. So far, this water year has been no different. A record-breaking hot and dry summer continued well into the fall, but a powerful atmospheric river in November broke several rainfall records in Northern California. A series of storms in late December provided another boost.

"While our snowpack looks good now, we have a long way until April when our water supply picture will be more complete," said Department of Water Resources Director Karla Nemeth. "Extreme shifts between dry and wet conditions are continuing this winter and if the past several years are any indication, anything could happen between now and April and we need to be prepared."

The Department of Water Resources' electronic readings from 130 stations placed throughout the Sierra Nevada indicate that the statewide snowpack's snow water equivalent is 10.7 inches, or 108 percent of average for this date, compared



California Department of Water Resources staff members (from right) Andy Reising, Snow Surveys and Water Supply Forecasting Unit Manager, Manon von Kaenel, Water Resources Engineer, Angelique Fabbiani-Leon, State Hydrometeorologist, and Jordan Thoennes, Water Resources Engineer, conduct the first media snow survey of the 2025 season at Phillips Station in the Sierra Nevada. The survey is held approximately 90 miles east of Sacramento off Highway 50 in El Dorado County. Photo courtesy of California Department of Water Resources



California Department of Water Resources staff Angelique Fabbiani-Leon, State Hydrometeorologist, conduct the first media snow survey of the 2025 season at Phillips Station in the Sierra Nevada. Photo courtesy of California Department of Water Resources



California Department of Water Resources staff (from left) Angelique Fabbiani-Leon, State Hydrometeorologist, Manon von Kaenel, Water Resources Engineer, Andy Reising, Snow Surveys and Water Supply Forecasting Unit Manager, and Jordan Thoennes, Water Resources Engineer, conduct the first media snow survey of the 2025 season at Phillips Station in the Sierra Nevada. Photo courtesy of California Department of Water Resources

to 28 percent on this date last year.

California has seen this pattern

before. In both 2013 and 2022, the January snowpack was well above average thanks to December storm activity, only for dry conditions to take over the rest of the winter, quickly

erasing early season snow totals and continuing existing drought conditions across the state.

"We are fortunate to have had several solid snow-producing atmospheric river systems so far

this season," said Department of Water Resources Snow Surveys and Water Supply Forecasting Unit Manager Andy Reising. "The fall was extremely dry, so our healthy snow totals are thanks to a handful of big storm systems in November and late December. But to finish the year where we need to be, we will still need additional snow building at a regular pace throughout the winter."

Major reservoirs statewide are currently 121 percent of average thanks to two consecutive years of above average snowpack conditions, which occurred after the driest three-year period on record in California. DWR is preparing for these swings between extreme conditions by investing in climate resilience, including the use of Forecast Informed Reservoir Operations, floodplain and flood infrastructure improvements and groundwater recharge efforts that will ensure California is able to capture and use as much water during flood conditions as possible.

On average, the Sierra snowpack supplies about 30 percent of California's water needs. Its natural ability to store water is why the Sierra snowpack is often referred to as California's "frozen reservoir." Data from these snow surveys and forecasts produced by the Department of Water Resources Snow Surveys and Water Supply Forecasting Unit are important factors in determining how Department of Water Resources manages the state's water resources.

Department of Water Resources conducts four media-oriented snow surveys at Phillips Station each winter near the first of each month, January through April and, if necessary, May. The next survey is tentatively scheduled for Feb. 3. ★



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# Salmon Season Success

*Continued from page 1*  
 Dam; congestion reduces embryo survival. By continuous restoration, the Water Forum has spread opportunities over many miles. Greater reproduction success seems to have resulted.

For millions of years, salmonids maintained their species unaided. The American River and its tributaries once offered 200 miles of spawning sites. Gold Rush excavation greatly altered the riverbeds. Later, dams blocked migrations and barred natural gravel movement.

“The lower part of the American River has become gravel-starved,” said Water Forum habitat manager Erica Bishop. “Some fish reach home waters and can’t find a place with the right conditions for spawning.”

Though the Nimbus Hatchery has a role in fish reproduction, the Water Forum focus is to help fish complete life cycles naturally. Habitat restoration continues federal and state-funded efforts to aid salmonids. At the end of their life-cycles, adults must have movable stones and



**Biologists Maeghen Wedgeworth (left) and Matt Ziemer locate and measure new Chinook nests in a reconnected back channel near River Bend.**

oxygenated water for nesting.

Last summer, 6,800 cubic yards of pre-sized gravel were trucked from mine tailings at Mississippi Bar (Orangevale). The loads were bulldozed into riffles and shallows. The 2024 project also reconnected a side channel where hatchlings will feed and grow in spring.

Bulldozing wrapped just as the first Chinook reached Arden and Carmichael waters in October. Results appeared immediately. As early runners got down to business, more than 1,800 newly-planted willows and sedge plants took root. This vegetation will shelter baby fish from storms and predators. By spring, thousands of native wildflower

and grass seeds will have germinated and bloomed. Small fry will feed on insects attracted by this vegetation.

A Water Forum project supported a third of in-river steelhead reproduction for the 2021 season.

“Fish begin to spawn as soon as heavy machinery leaves the water,” said Water Forum manager Erica Bishop. “We know the habitats we create meet their needs.”

Water Forum projects are supported by the Bureau of Reclamation, U.S. Fish and Wildlife Service, Sacramento city and county and signatory water agencies. Learn about the Water Forum at [www.waterforum.org](http://www.waterforum.org). ★

# Gregg Fishman Elected SMUD Board President



**SMUD's Board of Directors elected Director Gregg Fishman as board president.** Photo courtesy of SMUD

## SMUD News Release

**SACRAMENTO REGION, CA (MPG)** - SMUD's Board of Directors elected Director Gregg Fishman as president of the board. His term as president runs from January through December.

Fishman first began serving the SMUD Board of Directors in January 2015 and represents Ward 3, which includes East Sacramento, much of the Arden-Arcade area, and the Campus Commons, College Glen, and Rosemont neighborhoods, as well as parts of Carmichael, Florin, Fruitridge and Vintage Park.

Fishman has been a clean-energy advocate for much of his career. As a former SMUD employee, Fishman promoted wind and solar energy when they

were in their infancy. At the California Independent System Operator, he led public engagement efforts supporting new wind energy farms in California. As president of the SMUD Board in 2018, Fishman led the utility in passing its Integrated Resource Plan, hailed by the California Energy Commission as “... an ambitious road map for lowering greenhouse gas emissions in the Sacramento region.”

In his varied career, Fishman was a news reporter and anchor at KFBK and KGO Radio, a public information officer at SMUD and the California Independent System Operator (California ISO), and communications coordinator for the California State Association of Counties. He currently works at Sacramento Regional Transit as the senior community relations officer.

Fishman is an active volunteer with the Sacramento Tree Foundation and has led a neighborhood effort that has planted more than 2,000 new trees since 2001. He received an award from the MLK 365 organization for helping to make it easier to remove racially-restrictive clauses from local property records. Fishman is a 25-gallon blood donor

and a frequent volunteer master-of-ceremonies for Project Ride in Elk Grove.

Fishman is a graduate of California State University, Sacramento with a bachelor's degree in journalism. He and his wife live in Arden Park and are the parents of two daughters.

**About SMUD**  
 As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has been providing low-cost, reliable electricity to Sacramento County for more than 75 years. SMUD is a recognized industry leader and award winner for its innovative energy-efficiency programs, renewable power technologies and for its sustainable solutions for a healthier environment.

In 2023, SMUD's power supply was, on average, 78-percent carbon free and SMUD has a goal to reach zero carbon in its electricity production by 2030. SMUD's rates and customer bills are consistently among the lowest in California and are today, on average, more than 50 percent lower than its neighboring investor-owned utility. For more information on SMUD's Zero Carbon Plan and its customer programs, visit [smud.org](http://smud.org). ★

# SacRT Launches Shared-Use Mobility Service

*Continued from page 1*  
 free for children riding with parents.

To ride Via's SacRT Flex service, individuals must first complete an eligibility process. Applications can be submitted online at [sacrt.com/apply-flex](http://sacrt.com/apply-flex). Via's SacRT Flex app is also

available to download on Google Play and the App Store.

For more information about SacRT Flex, including application details, service zones, and a full list of features, visit [sacrt.com/flex](http://sacrt.com/flex), email [CustomerAdvocacy@sacrt.com](mailto:CustomerAdvocacy@sacrt.com) or call 916-321-BUSS (2877).★

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# Rancho Cordova Resident Wins National Pageant Title

*Torreyana Tripette Crowned Mrs. USA Prime, Division IV*



Torreyana Tripette of Rancho Cordova has been crowned Mrs. USA Prime, Division IV. Photo courtesy of Prime Pageants

## Prime Pageants News Release

### RANCHO CORDOVA, CA (MPG)

- Torreyana Tripette has been crowned Mrs. USA Prime, Division IV in the Prime Pageant system. Her win is a testament to her grace, dedication and inspiring advocacy work.

In addition to claiming the coveted title, Tripette also earned multiple accolades during the competition, including Best in Nationals Interview, Bronze in Personal Improvement

Visionary Award, Silver Award Recipient for Self Care Challenge, and Gold Award Recipient for Self Care Challenge.

As Mrs. USA Prime, Division IV, Tripette will focus her platform on promoting the importance of self-care for mothers and empowering women to prioritize their well-being. Recognizing that mothers often neglect their own needs while caring for others, she aims to inspire women nationwide to embrace self-care as a vital component of their lives.

"I am thrilled to use this opportunity to not only advocate for self-care but also continue giving back through community service," Tripette said. "This journey has been an honor, and I hope to continue making a positive impact in the lives of mothers and families across the country."

Tripette has been a resident of Rancho Cordova for the past six years. She has been married to her husband, Leroy, for six years as well. Her bonus son, Jaden, is 22 years old and a recent graduate of Morehouse College in Atlanta, GA. She and Leroy share a son, Alexander, who is 3 years old.

In addition to her advocacy, Tripette remains deeply committed to her community, dedicating her time to various service initiatives that uplift those in need when she can. Tripette's dedication exemplifies the Prime Pageant system's mission, which is to celebrate and empower women making a difference in their communities.

Prime Pageants is a Pageant Planet Top 20 National Pageant whose mission is to help participants discover their strengths, overcome obstacles and achieve their goals. Information on next year's competition will be available soon and can be found at [primepageants.com](http://primepageants.com). ★

# Kings Korner

By V.G. Harris



What a difference a week makes! Yes, a lot can happen in a week, and the Sacramento Kings are living proof.

Gone is former coach of the year, Mike Brown, and interim head coach Doug Christie not only is riding a season high 4-game winning streak, he's riding a basketball juggernaut as well.

Wins over injury depleted Dallas Mavericks and Philadelphia 76ers were welcome wins, but to handily defeat the Memphis Grizzlies and archrival Golden State Warriors back-to-back was a sign that the Kings were truly on the road to recovery.

A horrid 6-game losing streak was the undoing of Mike Brown, and every pundit, newscaster and fan had a different opinion. The general consensus was that coach Brown had lost the locker room, and after a meltdown loss to the Detroit Pistons in which collectively the Kings and in particular DeAaron Fox guarded no one, the Pistons came away with an improbable 1-point win. 4-point plays to win a game are a rarity, and it's no fun to be on the losing end, but that's precisely where the Kings found themselves.

Whether coach Brown had truly lost his voice with the team is still open to conjecture, but from this writer's perspective, his lack of any consistency as it relates to playing time for players off the bench, led to overall sub-par productivity. Players from Keon Ellis, Alex Len, to Trey Lyles never knew from one game to the next if they would see significant minutes or no minutes at all.

Doug Christie was tapped on the shoulder and asked to take over the head coaching reigns, and so far, he's been a welcome addition to the head seat.

Some players have commented that Christie brings the mindset of a former player to the table, and thus far his voice is being heard. In particular the defensive end of the court has seen significant improvement, and the past four games have featured some of the best defensive basketball that fans have seen in memory.

A wire-to-wire victory over the Golden State Warriors in which Sacramento never allowed the Warriors any breathing room, was a glimpse of what the

Sactown boys are capable of, and Malik Monk had perhaps his finest game of the season. Malik matched Steph Curry with 26 points and added a season high 12 assists, but his defense was equally impressive. Domantas Sabonis had his usual stellar performance, adding 22 points and 13 rebounds while playing only three quarters.

Does coaching make a difference? You bet it does. Does that mean that winning four of five games since Mike Brown's departure, the Kings are headed to the playoffs.

Too early to tell Kings fans but take solace in seeing what your hometown boys are capable of doing. Not just playing tough teams and winning, but actually accomplishing blow-out wins.

Keon Ellis has returned to form and did a yeoman's job in filling in for an injured DeAaron Fox in the win over the Warriors. Keon has a big upside, as does Trey Lyles who is also showing signs of looking like his former self, playing solid basketball on both ends of the court.

Say hello to Devin Carter Kings fans, and this young rookie has game! Playing in just his 2nd NBA game, Devin broke into the scoring column with 13 points while adding an impressive seven rebounds. This youngster has been on the sidelines all season recovering from off-season shoulder surgery, and he looks eager to impress his fans and teammates alike. I like what I see in Devin, and his defense in particular on Stephon Curry was impressive to see. His debut has been a long time coming, and it could not have come at a more auspicious time. I look for coach Christie to give him all the playing time he can handle, and with the unfortunate departure of Davion Mitchell, another guard that can play ferocious defense is a welcome sight.

Stay tuned Kings fans and stay away from ugly trade rumors. Trades will invariably come, but let's just hope it doesn't involve the core members we've come to love!

All be best!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

# Social Security Matters

*I Use only VA Healthcare; Can I get back Medicare Taxes Paid?*



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I'm 72 years old with 20 years of military service. I am retired collecting Social Security, my military pension, and State retirement benefits. According to my SSA statement, over my working lifetime I paid \$14,302 into Medicare, but I never used that medical plan. I only bring in \$33,000 in annual income. Can I get those Medicare taxes back somehow? I've run into dead ends at SSA, Medicare and IRS websites. **Signed: Veteran Seeking Answers**

**Dear Veteran Seeking Answers:** First, I want to thank you for your military service to our country. You may find the "For Veterans" section of our [www.amacfoundation.org](http://www.amacfoundation.org) website of interest.

Regarding the contributions you have made over the years to federal Medicare, I'm afraid you cannot get any of those taxes back even though you have never used Medicare healthcare

services. That's because Medicare, like Social Security, is a "pay as you go" program where all contributions received from workers are used to pay for benefits for current beneficiaries (contributions aren't put into a separate account to pay for your coverage). It's also important to know that your Medicare taxes were used only to fund Medicare Part A, which is coverage for inpatient hospitalization services. Those contributions (via payroll taxes) did not entitle you to outpatient healthcare services, as provided by Medicare Part B (for which there is a monthly premium).

FYI, you must be enrolled in Medicare Part A to collect Social Security benefits after age 65. Medicare Part B isn't mandatory to collect Social Security, but assuming that, as a retired military veteran, you now receive healthcare benefits under the military's TriCare-for-Life program for retired veterans, you must be enrolled in Medicare Part A and Part B to maintain your TriCare-for-Life coverage. Your military TriCare coverage coordinates with Medicare to pay for your healthcare costs. Thus, even though it may not be transparent to you, you may be benefiting from your current

enrollment in Medicare.

Note that some non-career veterans can use VA healthcare services based on their service years, instead of TriCare-for-Life for retired military veterans. Non-career recipients of standard VA healthcare services are not required to be enrolled in Medicare but, in any case, cannot receive their past Medicare Part A contributions back if they choose to decline Medicare. You may have interest in this article I previously published on the topic of VA benefits versus Medicare: [www.socialsecurityreport.org/ask-rusty-i-have-va-coverage-should-i-get-medicare-part-b/](http://www.socialsecurityreport.org/ask-rusty-i-have-va-coverage-should-i-get-medicare-part-b/)

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# Council Removes Planning Commissioner

*Continued from page 1*

member, Leroy Tripette. The council had been prompted to consider this matter after a request during the Dec. 16, 2024 meeting

Leroy Tripette, who had served on the commission for several years and previously held the roles of vice chair and chairperson, spoke passionately about his dedication to the city.

"In all the time I served, there was never a question about my performance, abilities or qualifications for the position. It's unclear to me what has happened in regard to my performance as planning commissioner that warrants the action that the council is looking to take this evening," said Tripette.

Resident Helen Bashaw raised concerns about the decision's cause.

"Is it just because he ran against one of the council people that is now the mayor? It appears that when someone goes against the norm of certain people,

they are getting removed. It doesn't seem right," said Bashaw. "From what was presented, it seems like he is more than qualified. It seems to be like it's a clique here, a boy's club; you go against one of the members and you are ousted."

Councilmember Gareth Gatwood, who had appointed Tripette to the commission, voiced his readiness for a change.

"At this point, since he works at the behest of me and he was my appointee, I am ready for a change and looking to give the opportunity to someone new," said Gatwood.

After a discussion, the council voted 4-1 to remove Tripette, with Councilmember Linda Budge casting the lone vote.

"I understand the ramifications. My vote is no," said Budge.

The removal of Tripette leaves a vacancy on the Planning Commission, which will be addressed during the Feb. 3 City Council meeting. ★

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# Habitat Health Opens PACE Center

**Habitat Health with Kaiser Permanente News Release**

**SACRAMENTO, CA (MPG)** - Habitat Health has opened its first Program of All-Inclusive Care for the Elderly (PACE) center in partnership with Kaiser Permanente, expanding access to vital health care services for older adults. At the new center located at 855 Howe Ave. in Sacramento, Habitat Health with Kaiser Permanente offers participants a fully integrated health care model that includes primary and specialty care, prescriptions, social activities, transportation, home care and more, all coordinated under one roof.

Habitat Health provides comprehensive medical and social care to eligible older adults to help them maintain their independence and stay in their homes and communities. Through the partnership, Habitat Health with Kaiser Permanente PACE participants have access to Kaiser Permanente's industry-leading clinical expertise and sophisticated network of health care services. These services are typically provided at no cost to program participants who are eligible for Medicare and Medi-Cal coverage.



**Habitat Health with Kaiser Permanente Sacramento PACE Center is located at 855 Howe Ave.** Photo courtesy of Habitat Health with Kaiser Permanente

“We are excited to offer a truly differentiated care experience to support the diverse needs of older adults who live here in Sacramento,” said Brad Oglevee, vice president and general manager of Habitat Health with Kaiser Permanente Sacramento. “We know that bringing together Kaiser Permanente’s demonstrated expertise delivering complex care with Habitat Health’s dedicated interdisciplinary teams and joyful activities here in our center will provide

older adults and their caregivers peace of mind and a sense of community.”

With roots in California since the 1970s, PACE is a community- and home-based care model that has been shown to reduce hospital admissions, improve symptoms of depression, enhance overall well-being for older adults and their caregivers, and reduce health disparities. Habitat Health with Kaiser Permanente Sacramento's PACE center is eager to enroll

participants and support them through a differentiated and effective model.

“Our partnership with Habitat Health aligns seamlessly with Kaiser Permanente’s commitment to improving the health and well-being of our members and communities by providing access to high-quality, affordable care,” said Dr. Jason Gritti, Habitat Health with Kaiser Permanente Sacramento's medical director and Kaiser Permanente primary care

physician leader. “The beauty of the PACE model of care is that it allows us to expand our scope of care to address older adults' medical, emotional, and social needs as a team.”

The PACE center in Sacramento is the first of several centers that Habitat Health and Kaiser Permanente plan to open together in California, subject to applicable regulatory approvals.

For those interested in enrolling yourself or your loved one into Habitat Health with Kaiser Permanente, call 1-844-664-2248 (TTY: 711) or visit online [www.habitathealth.com/refer](http://www.habitathealth.com/refer).

**About Habitat Health**

Habitat Health empowers older adults to manage their health and maintain their independence in their homes and communities. Health insurance coverage, and medical and social care, is provided at the centers and in participants’ homes. Through partnerships with health leaders such as Kaiser Permanente, scalable, affordable solutions are offered to meet the care needs of aging populations. Habitat Health redefines aging in place to bring more good days and a sense of belonging to participants and their caregivers. To learn more, visit [www.habitathealth.com](http://www.habitathealth.com). ★

## Beyond the Call: Supporting Foster Care Services



**Quality Management worker Rose Vu has dedicated her career to making a difference in the lives of children and families served by the Department of Child, Family and Adult Services.** Photo courtesy of Sacramento County

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County's Department of Child, Family and Adult Services (DCFAS) is celebrating its dedicated staff members. Quality Management worker Rose Vu has dedicated her career to making a difference in the lives of children and families served by the Department of Child, Family and Adult Services. Vu's career is a great example of hard work, innovation and a passion for improving lives.

“I started as a temporary employee and then I became a permanent employee as an assistant,” Vu said. “I worked my way

up to getting promoted to a clerical supervisor level one and then level two. I was recently promoted to my current position as Human Services Program Specialist.”

In her role, Vu acts as a data entry liaison, ensuring critical data is collected and analyzed. This data reflects the care foster children receive and identifies patterns and trends that can drive improvements in outcomes.

“It's important to collect this data because we want to ensure that our foster children are taken care of,” Vu explained. “In addition to that, we are always striving to do better.”

For Vu, improving

processes and supporting transitional-age foster youth are priorities. By overseeing data entry for programs such as supervised independent living, Vu ensures young adults in extended foster care can access the financial resources they need to thrive.

“Extended foster care is a great opportunity for foster children to be out on their own, learn skills and take them out into the real world so they can take care of themselves,” Vu said.

Beyond data and processes, Vu takes pride in developing staff and training new social workers to understand the importance of placement information.

Vu is also an advocate for Sacramento County's PRIDE values: Principal, Respect, Innovation, Diversity and Inclusion, and Excellence. She appreciates how these values shape the work environment and provide opportunities for employees to recognize and celebrate each other's contributions.

“Sometimes, we are just so tunnel-visioned in the work that we do that we don't recognize the great work that we do,” Vu said. “Sacramento County gives us that opportunity to recognize each other and to have great values.”

Through her dedication, Vu makes a meaningful impact that helps families and children in Sacramento County. Vu is an example of one of Sacramento County's many employees who goes beyond the call. ★

## Stand Against Hunger Raises Nearly \$630K for Food Banks

*Annual Programs supported by generous community members along with Wells Fargo, Ashley Law, Bayside Church and Northwest Exteriors*



**Yolo Food Bank: Shown are from left, Darla Weaver, a community volunteer, Rebecca Elliott, Don Henry, Corey Rose, Aaron Heinrich, Mark S. Allen, Katie Kim and Gerardo Cabral.** Photo courtesy of ABC10.

**ABC10 News Release**

**SACRAMENTO, CA (MPG)** - A signature initiative proudly led by ABC10, a Tegna-owned media station, the fifth annual Stand Against Hunger holiday fundraising campaign raised \$628,169. The impact of the annual fundraising drive is significant, especially with today's increased grocery prices. Every dollar donated to a food bank helps to address the issue of rising food insecurity taking place throughout the region. In fact, a donation of just \$5 equates to 15 meals for those in need.

Through the 2024 Stand Against Hunger initiative, donated funds from the community went to seven participating food bank partners: Emergency Food Bank of Stockton/San Joaquin; Feeding the Foothills (formally known as Placer Food Bank); Food Bank of Contra Costa and Solano; Sacramento Food Bank and Family Services; Second Harvest of the Greater Valley; Yolo County Food Bank; and Yuba-Sutter Food Bank

The 2024 Stand Against Hunger

campaign ran for six weeks from Nov. 6 through Dec. 22, and was supported by Wells Fargo, Ashley Law, Bayside Church and Northwest Exteriors. The TEGNA Foundation also donated \$25,000 to kick off the program. In addition, Telemundo 33 and KAT Country 103.3 in Stockton joined ABC10 by providing on-air support for the cause.

“Throughout the 2024 Stand Against Hunger initiative, it was heartbreaking to see the increased number of individuals and families in line at local food banks as they struggle with food insecurity,” said Risa Omega, president and general manager of ABC10. “I am very pleased that ABC10 and our parent company TEGNA teamed up with nonprofits, along with other community-minded businesses and organizations, to take a Stand Against Hunger. Along with an incredible number of viewers who donated, we are proud to do our part to help put food on the table for so many community members in need.”

For more information, visit [www.abc10.com](http://www.abc10.com) or [www.youtube.com/ABC10](http://www.youtube.com/ABC10). ★

## Expanding Two Behavioral Health Service Programs

**Sacramento County News Release**

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County is kicking off the new year by expanding two Behavioral Health Service programs, combining Access and Substance Use Prevention Treatment (SUPT) services to streamline care, address critical needs and enhance the health and safety of our community.

Behavioral Health Services-Screening and Coordination (BHS-SAC) Call Center

The new Behavioral Health Services-Screening and Coordination Call Center simplifies access to mental health and substance use treatment services by combining multiple phone numbers into one centralized line at 916-875-1055. This new service integrates the Mental Health Access Team and the Substance Use Prevention and Treatment System of Care under one number. By doing so, Sacramento County ensures that individuals in need can receive timely coordination among providers and improve health outcomes for those struggling with mental health and

substance use challenges.

“The BHS-SAC Call Center is a game-changer for our community,” said Dr. Ryan Quist, the Behavioral Health director. “By centralizing these essential services, we're breaking down barriers to care and simplifying how our community can receive mental health and substance use resources.”

**Implementation of Senate Bill 43 (SB 43)**

Sacramento County will implement the state's modernized law for involuntary psychiatric holds, which expands the definition of

“gravely disabled.” This new definition includes individuals unable to care for their basic needs for health and safety due to a severe enduring mental disorder or a co-occurring mental health disorder and severe substance use disorder.

Senate Bill 43 also broadens the definition of “basic needs” to include a person's ability to obtain necessary medical care, personal safety, food, weather-appropriate clothing and/or shelter.

The updated law will expand access to acute and long-term care for our most vulnerable community members who meet the definition

of gravely disabled and are suffering from a severe substance use disorder.

These efforts are part of a broader initiative in California to address homelessness, mental health crises and substance abuse treatment. The efforts implemented reflect the county's dedication to providing comprehensive care and fostering collaboration between health services and community partners. For more information about these programs, visit Sacramento County's Department of Health Services' Behavioral Health website at [dhs.saccounty.gov/BHS](http://dhs.saccounty.gov/BHS). ★



## And Another Thing Here's to a Good 2025

can be reached in our new year of 2025.

I imagine that many people in Rancho Cordova had some great ways to celebrate the new year. It was sad to hear the news about the events in Louisiana, Hawaii and Las Vegas. The man who killed 15 people and wounded 35 more as he went through the crowd that was celebrating tried to kill as many as he could.

A New Year's fireworks explosion in a Honolulu-area neighborhood killed at least three people and injured 20 others, and a man had his car explode in front of Trump's hotel in Las Vegas. I believe that the driver was the only person killed in that explosion. 2025's New Year celebrations are very sad and I join the thousands of others who are praying for the families and friends of people who were killed and injured this new year.

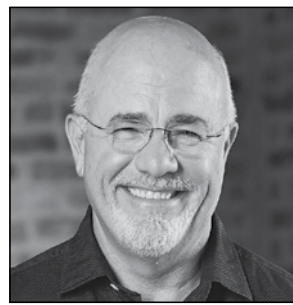
I am looking forward to the president-elect to be sworn in to office this month. I looked back to what was done four years

ago. There was rioting and breaking into the Capital Building, which led to the death of five people. Many of the rioters have been arrested and many have been sent to jail. I hope that this time, it will be back to the wonderful ceremonies which we were able to see and watch every four years.

Next week, all schools will be back into session, and the two weeks of vacation for Christmas and New Year's will be gone until next year. I know there will be some days off from school, such as Presidents' Day, which is the third Monday of February. Most of us are back into the usual things like working, going to school and taking care of family events.

I hope that 2025 will be a good year for you, and I want to thank the nice people who read my column. Hopefully, there won't be any more computer problems, which makes me miss another column.

*From Bob McGarvey, God bless, and see you next time.* ★



Dave Ramsey

## Dave Ramsey Says The Game's Not for Everyone and The Safest Place?

on an easy \$400 in your pocket every month.

Now, I love real estate. I understand the excitement and allure. But what you're really saying is you want to cash out part of your retirement, get hit with a penalty and take on debt, all to buy an investment property. This is not a good plan.

My advice is to save up, and pay cash for one small, decent rental property to see if the landlord game is really for you.

– Dave

### The Safest Place?

Dear Dave,

Where is the best place to keep my savings?

– Angie

Dear Angie,

In my mind, when it comes to savings, the idea is to park the money in a safe place—like a money market account or basic savings account—and keep it separate from the rest of your cash, so you don't accidentally spend it on the wrong thing. I'm not really concerned

with making money in a savings scenario, so things like setting money aside for an emergency fund or vacations fall into this category.

Investing, on the other hand, is when you're going to leave the money alone for a bare minimum of five to 10 years in order to grow it. Things like college planning and retirement fall into this category. In these instances, I recommend good, growth-stock mutual funds that have stable track records of at least 10 years.

I hope this helps, Angie!

– Dave

*Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions.* ★

By Bob McGarvey

It will take some time to look into the many new laws which are now part of our state and our city. I was glad to see that Proposition 36 was passed by the people. It was titled Allow Felony Charges, and it increased sentences for Certain Drug and Theft Crimes when the crooks break the law. It was an initiated California ballot proposition and legislative statute that was passed by a landslide in the 2024 General Election. It will help correct some of the problems caused by Proposition 47. Now many of the businesses that have been broken into will be able to see the crooks who rob them go to jail instead of just getting a ticket and are free.

I am one of the many citizens who feel so thankful for President Jimmy Carter and what he did for our country. He was the president who was able to bring peace to those in Israel and Egypt. I hope that kind of peace

## New Law Inspired by Ex-Lawmaker's DUI Adds to Alcohol Education in California Schools

By Ryan Sabalow, CALMatters.org

California public school students will get additional coursework on the harms of alcohol in 2025, thanks to a new law from a former lawmaker whose drunken driving arrest inspired her legislation.

In September, Gov. Gavin Newsom signed Assembly Bill 2865 by former Los Angeles Democratic Assemblymember Wendy Carrillo, whose DUI last year helped derail her political career.

California schools are already required to provide instruction about alcohol, narcotics and other dangerous drugs. This bill would require that schools also provide instruction about the short- and long-term harms of excessive drinking — including alcohol's link to chronic diseases, mental health problems and deaths.

As she pitched her bill to her colleagues in 2024, Carrillo told them that it was important for students to learn about alcohol's consequences in the hopes they don't go down the path she did.

"I wish I would have known in high school what I know now," she said at one hearing. "I would have made different choices."

On Nov. 3, 2023, Carrillo crashed into parked cars in Northeast Los Angeles. Police said her blood-alcohol level was twice the legal limit, according to the Los Angeles Times. She ended up pleading no contest to the DUI in the middle of her race for Los Angeles City Council, which she lost. Because

she ran for city council, Carrillo left her Assembly seat this year.

Carrillo said her DUI was a wake up call for her. She said she started going to therapy and became sober. As she reflected on her life, she said her own struggles with booze began at an early age. And she was troubled by how prevalent alcohol is in society, despite its documented dangers.

### Alcohol is a National and Global Health Issue

According to federal health officials, alcohol-related diseases kill 178,000 people in the U.S. each year, and death rates are increasing. Noting that alcohol causes at least seven types of cancer, including bowel and breast cancers, the World Health Organization last year declared that "when it comes to alcohol consumption, there is no safe amount."

Carrillo testified that 54 Californians die each day from alcohol.

"I want young people to learn early how something that is so legally and easily accessible can do so much harm if not consumed with more knowledge and more responsibility," she told her colleagues.

Her bill passed without any lawmakers voting against it.

### What Law Will Do

Under the new law, school boards can decide which grades receive the new instruction. They can ask the state for reimbursements for the costs of instruction, training and updates to instructional materials, said Nicholas Filipas, a spokesperson for

the California Department of Education.

At the San Juan Unified School District in the Sacramento region, educators shouldn't have trouble rolling the bill's requirements into their schools' curriculum, said Raj Rai, a spokesperson for the district, which educates about 39,000 students.

"Alcohol education has been embedded into our high school health class curriculum for quite some time," Rai said in an email. "Our curriculum team will review the currently adopted health materials to see if anything additional is needed to meet the new requirements."

The district already has several programs that teach students grades six through 12 about the harms of alcohol and drugs with the goal of reducing or eliminating teen substance abuse.

The district's high schools also regularly participate in California's Highway Patrol's "Every 15 Minutes," Rai said.

The CHP describes the program as challenging teens to "think about drinking, driving, personal safety, the responsibility of making mature decisions and the impact their decisions have on family, friends, their community, and many others."

Ryan Sabalow is a Digital Democracy reporter for CalMatters. A graduate of Chico State University, he began his career covering local news for the Auburn Journal in Placer County and The Record Searchlight in Redding. ★



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BOTANICALS 1-10-25

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CITRUS 1-10-25

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INNOVA 1-10-25

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TINY 1-10-25

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Sean Shokouh, 6858 Mariposa Avenue, Citrus heights, CA 95610 is doing business under the Fictitious Business Name(s) "JDMPalace/JDMP Motors/JDMP Management" 6858 Mariposa Avenue, Citrus heights, CA 95610. Filed with the Clerk of Sacramento County December 12, 2024  
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JDMP 1-10-25

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William Bixler, 5051 Hillard Street, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Sacramento Geotechnical Testing Services" 5051 Hillard Street, Sacramento, CA 95822. Filed with the Clerk of Sacramento County December 6, 2024  
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GEOTECH 1-10-25

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Luis Medrano, 8724 El Verano Avenue, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Medrano's Hauling" 8724 El Verano Avenue, Elverta, CA 95626. Filed with the Clerk of Sacramento County December 6, 2024  
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MEDRANOS 1-10-25

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Resham Singh Uppal, 3700 Catalan Sea Avenue, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "RS Uppal Trucking," 3700 Catalan Sea Avenue, Sacramento, CA 95834. Filed with the Clerk of

Sacramento County December 9, 2024  
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UPPAL 1-10-25

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Holli Morris, 2715 D Street, #4, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Midnight Sun Lashes" 3010 Freeport Boulevard, Sacramento, CA 95818. Filed with the Clerk of Sacramento County November 6, 2024  
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Publish: Dec 20, 27, Jan 3, 10, 2025  
POKE 1-10-25

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Felicia Williamsonyes, 9905 Diamonte Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Culinary101Supplies.com" 9905 Diamonte Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 4, 2024  
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CULINARY 1-10-25

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Karen Brown, 5420 Kohler Road, #41055, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Because Soaps/Because Bath and Body" 4771 Clothier Way, Sacramento, CA 95841. Filed with the Clerk of Sacramento County November 26, 2024  
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BECAUSE 1-10-25

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Golden Republic Inc, 1007 Taber Street, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Golden Republic Realty" 3810 Broadway, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 5, 2024  
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GOLDEN 1-10-25

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Kepha Health Care, 1401 21st Street, #10142, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Unique Virtual Care" 1401 21st Street, #10142, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 18, 2024  
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UNIQUE 1-10-25

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King's Casino Management Corp., 7727 Herschel Avenue, La Jolla, CA 92037 is doing business under the Fictitious Business Name(s) "Stones Gambling Hall/The Tavern at Stones Gambling Hall/The Saloon at Stones Gambling Hall/Sammy's Restaurant & Bar/Pin High" 6510 Antelope Road, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County November 21, 2024  
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Mehta & Mehta Medical Consultants Inc, 1320 Cornerstone Drive, El Dorado Hills, CA 96762 is doing business under the Fictitious Business Name(s) "PrimeLyteMD/Prime Lyfe MD" 5170 Golden Foothill Parkway, El Dorado Hills, CA 95762. Filed with the Clerk of Sacramento County November 21, 2024  
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CAP 1-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09242  
Heinbo Three Corporation, 7016 Canevalley Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "H3 Landscaping" 7016 Canevalley Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County December 10, 2024  
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H3 1-10-25

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Viktor Dimitrov, 2412 Cathay Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Apex Construc Co" 2412 Cathay Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County December 11, 2024  
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APEX 1-17-25

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CAPITOL 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09401  
Reflective Empowerment, 7317 Walnut Road, Fair Oaks, CA, 95628 is doing business under the Fictitious Business Name(s) "Conduits For Oaks" 7317 Walnut Road, Fair Oaks, CA, 95628. Filed with the Clerk of Sacramento County December 17, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
CONDUITS 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09245  
Prisca A. Mutayabarwa, 6437 Brando Loop, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Neema Bright Star" 6437 Brando Loop, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 10, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
NEEMA 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08431  
Tia J King, 9140 Blue Point Lane, #3, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Elite 82 Hair Studios" 1440 Ethan Way, Suite 14, Sacramento, CA 95825. Filed with the Clerk of Sacramento County November 6, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ELITE 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08673  
Michael LeVangie, 11334 Sutters Fort Way, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Alfonz Cellars" 9351 Rogers Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County November 15, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ELITE 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09363  
Wolfe Heights Estates, LLC, 8801 Folsom Boulevard, #260, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Alfonz Cellars" 9351 Rogers Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 16, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ALFONZ 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09308  
Abdul Wahid, 1961 Howe Avenue, #5, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "National Union Security Services" 1961 Howe Avenue, #5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 20, 2024  
Publish: January 3, 10, 17, 24, 2025  
NATIONAL 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09334  
Jim P Armenta, 1949 Kilchoan Way, San Jose, CA 95122 is doing business under the Fictitious Business Name(s) "Elegant Home Realty" 6137 Watt Avenue, #1, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 13, 2024  
Publish: January 3, 10, 17, 24, 2025  
ELEGANT 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09417  
KC Bio Investments Inc, 64 Pineacre Lane, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Niles Biological" 9296 Elder Creek Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 17, 2024  
Publish: January 3, 10, 17, 24, 2025  
NILES 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09513  
DPSK Inc, 6431 Riverside Boulevard, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Elk Grove Shell/Greenhaven Shell/Campus Shell" 6431 Riverside Boulevard, Sacramento, CA 95831. Filed with the Clerk of Sacramento County December 2, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
WANDER 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09094  
Pavo Real Loco LLC, 4713 Good Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pavo Real Loco" 2223 Marie Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
PAVO 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08899  
Elevated Home Services LLC, 1636 I Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Elevated Home Services" 1636 I Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 22, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ELEVATED 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09476  
Jill Mason, 2529 Sierra Boulevard, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Slate Creatives" 2529 Sierra Boulevard, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 19, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
SLATE 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09481  
Pearl Investment Co. LLC, 931 Hartz Way, #200, Danville, CA 94526 is doing business under the Fictitious Business Name(s) "Wind Chase Apartments" 9745 Old Placerville Road, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 19, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
SLATE 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09482  
High Roads Pavement Services, 10308 Placer Lane, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A-1 Advantage Asphalt & Concrete" 10308 Placer Lane, Sacramento, CA 95827. Filed with the Clerk of Sacramento County December 19, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
WIND 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09351  
Yuliya Dereviaga, 6516 Mauana Way, Citrus Heights, 95610 is doing business under the Fictitious Business Name(s) "Thrive Protection Services" 2904 Marconi Avenue, Apt 04, Sacramento, CA 95821. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
THRIVE 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09334  
Wolfe Heights Estates, LLC, 8801 Folsom Boulevard, #260, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Alfonz Cellars" 9351 Rogers Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 16, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ALFONZ 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09308  
Abdul Wahid, 1961 Howe Avenue, #5, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "National Union Security Services" 1961 Howe Avenue, #5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County December 20, 2024  
Publish: January 3, 10, 17, 24, 2025  
NATIONAL 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09334  
Jim P Armenta, 1949 Kilchoan Way, San Jose, CA 95122 is doing business under the Fictitious Business Name(s) "Elegant Home Realty" 6137 Watt Avenue, #1, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 13, 2024  
Publish: January 3, 10, 17, 24, 2025  
ELEGANT 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09417  
KC Bio Investments Inc, 64 Pineacre Lane, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Niles Biological" 9296 Elder Creek Road, Sacramento, CA 95829. Filed with the Clerk of Sacramento County December 17, 2024  
Publish: January 3, 10, 17, 24, 2025  
NILES 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09513  
DPSK Inc, 6431 Riverside Boulevard, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Elk Grove Shell/Greenhaven Shell/Campus Shell" 6431 Riverside Boulevard, Sacramento, CA 95831. Filed with the Clerk of Sacramento County December 2, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
WANDER 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09094  
Pavo Real Loco LLC, 4713 Good Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pavo Real Loco" 2223 Marie Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
PAVO 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08899  
Elevated Home Services LLC, 1636 I Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Elevated Home Services" 1636 I Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County November 22, 2024  
Publish: Dec 27, Jan 3, 10, 17, 2025  
ELEVATED 1-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08836  
E Lending LLC 1136-31 41st Avenue Suite 8B, Flushing, NY 11355 is doing business under the Fictitious Business Name(s) "Everest Capitals" 1136-31 41st Avenue Suite 8B, Flushing, NY 11355. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: January 3, 10, 17, 24, 2025  
EVEREST 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09491  
Maryam Shams Rafiee, 100 Hesler Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "LanguageLoom" 100 Hesler Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 20, 2024  
Publish: January 3, 10, 17, 24, 2025  
LANGUAGE 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09354  
Charlene Harrell, 10520 Chardonay Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Fraghead Scents" 10520 Chardonay Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County December 16, 2024  
Publish: January 3, 10, 17, 24, 2025  
FRAGHEAD 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09339  
Connected Care Living Systems LLC, 5720 Morningside Court, Rocklin, CA 95677 is doing business under the Fictitious Business Name(s) "Schofield House" 4125 Schofield Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County December 16, 2024  
Publish: January 3, 10, 17, 24, 2025  
SCHOFIELD 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09249  
Sabrina Garcia Perez, 3142 Occidental Drive Apt 12, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "S & J Cleaning Services" 3142 Occidental Drive Apt 12, Sacramento, CA 95826. Filed with the Clerk of Sacramento County December 10, 2024  
Publish: January 3, 10, 17, 24, 2025  
CLEANING 1-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09589  
James Grimaud and Hannah Fleck, 807 Reading Street, Suite J, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Logo Visions/LogoVisions" 807 Reading Street, Suite J, Folsom, CA 95630. Filed with the Clerk of Sacramento County December 27, 2024  
Publish: January 10, 17, 24, 31, 2025  
LOGO 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09399  
Her & I Ventures LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Minifig Outpost" 7901 Fair Oaks Boulevard, Unit B, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 17, 2024  
Publish: January 10, 17, 24, 31, 2025  
MINIFIG 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09601  
KS Management & Consulting Services LLC, 2404 Del Paso Road, Suite 120, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Innovative Helpline" 2404 Del Paso Road, Suite 120, Sacramento, CA 95834. Filed with the Clerk of Sacramento County December 27, 2024  
Publish: January 10, 17, 24, 31, 2025  
INNOVATIVE 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09561  
Dustin Waite LLC, 3032 8th Avenue, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Without Limits Publishing Company" 3032 8th Avenue, Sacramento, CA 95817. Filed with the Clerk of Sacramento County December 24, 2024  
Publish: January 10, 17, 24, 31, 2025  
WITHOUT 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09323  
Hadin Inc, 12801 Fair Oaks Boulevard, Apt 428, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Hadin Engineering" 12801 Fair Oaks Boulevard, Apt 428, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 13, 2024  
Publish: January 10, 17, 24, 31, 2025  
HADIN 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09649  
Jorge Maldonado-Morales, 10624 Fair Oaks Boulevard, Apt 35, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Maldonado Pro Wash" 10624 Fair Oaks Boulevard, Apt 35, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County December 30, 2024  
Publish: January 10, 17, 24, 31, 2025  
MALDONADO 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09630  
Nicomex LLC, 7683 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Panchito Mexican Restaurant" 7683 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County December 30, 2024  
Publish: January 10, 17, 24, 31, 2025  
PANCHITO 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09623  
A Plus Tires, LLC, 5702 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "A Plus Tires and Wheels" 5702 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 27, 2024

Publish: January 10, 17, 24, 31, 2025  
TIRES 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08844  
Carl Battiste, 637 Kirkstone Court, San Ramon, CA 95482 is doing business under the Fictitious Business Name(s) "Epic Properties Group" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County November 21, 2024  
Publish: January 10, 17, 24, 31, 2025  
EPIC 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09318  
Heravi's LLC, 5522 Auburn Boulevard, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Cariz Auto Parts/Cariz Auto" 5522 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County December 13, 2024  
Publish: January 10, 17, 24, 31, 2025  
CARIZ 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09132  
Trestles, LLC, 599 Menlo Drive Suite 200, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "City Creek Post Acute" 6248 66th Avenue, Sacramento, CA 95823. Filed with the Clerk of Sacramento County December 5, 2024  
Publish: January 10, 17, 24, 31, 2025  
CITY 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00037  
Veniamin-Oleksii Halperin, Victoria Davydenko, Daniil Halperin and Aleksandra Devydenko, 7853 Paseo De Aiston, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Pan Baran" 7853 Paseo De Aiston, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County January 3, 2025  
Publish: January 10, 17, 24, 31, 2025  
PAN 1-31-25

## ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV023842  
Ahmadjaved Hashimi & Asma Hashimi has filed a petition with this court for a decree changing the name(s) of Said Mohammad Shah Hashimi to Mohammad Jan Hashimi.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, 2nd Floor, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: November 20, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
HASHIMI 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV024808  
Carina Anne Torres has filed a petition with this court for a decree changing the name(s) of Carina Anne Torres to Carina De Alba Lopez.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 19, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: December 6, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 20



# CHP Highlights New Laws for 2025

## California Highway Patrol News Release

### SACRAMENTO REGION, CA (MPG)

- As we head into the new year, the California Highway Patrol (CHP) is highlighting the new public safety laws that were passed during this year's legislative session and signed by Gov. Gavin Newsom. Unless otherwise noted, the laws referenced below took effect on Jan. 1.

#### Combating Retail Theft

**Crimes: Organized Theft (SB 982, Wahab)**  
Senate Bill 982 makes the crime of organized retail theft permanent and strengthens measures to address retail crime. The bill eliminates the expiration date for specific provisions targeting organized retail theft, ensuring long-term tools for law enforcement to combat this issue.

**Crimes: Fires (SB 1242, Min)**  
Senate Bill 1242 amends Penal Code Section 452 regarding the unlawful setting of fires. It updates penalties and legal language to clarify offenses, including circumstances involving organized retail theft.

**Sentencing Enhancements: Sale, Exchange, Or Return of Stolen Property (SB 1416 Newman)**

Senate Bill 1416 focuses on combating organized retail theft by increasing penalties for those involved in the resale of stolen goods, often referred to as "fencing." The bill, until January 1, 2030, creates sentencing enhancements for individuals who sell, exchange, or return stolen property for value, particularly when the property exceeds specific thresholds. Punishment increases from one year to four years based on a property value scale ranging from \$50,000 to over \$3 million.

**Theft: Jurisdiction (AB 1779, Irwin)**  
Assembly Bill 1779 addresses

the issue of organized retail theft by streamlining the prosecution process. Specifically, it allows district attorneys to consolidate charges for theft offenses committed across multiple counties into a single trial, provided all affected county district attorneys agree.

**Crimes: Organized Theft (AB 1802, Jones-Sawyer)**

Assembly Bill 1802 ensures that the crime of organized retail theft remains permanently defined in state law and extends the CHP's Property Crimes Task Force indefinitely. This bill eliminates the "sunset" clause that would have allowed the statute and the task force to expire.

**Regional Property Crimes Task Force (AB 1972, Alanis)**

Assembly Bill 1972 expands the scope of the CHP's Regional Property Crimes Task Force to include cargo theft as a property crime for consideration and requires the task force to provide logistical and law enforcement support for railroad police.

This bill emphasizes cargo theft as a specific priority and aims to strengthen resources for law enforcement agencies to combat these issues. As an urgency statute, AB 1972 went into effect immediately upon its passage last August.

**Crimes: Shoplifting (AB 2943, Zbur)**

Assembly Bill 2943, also called the "California Retail Theft Reduction Act," strengthens measures to combat organized retail theft by creating a specific crime for serial retail theft, allowing the aggregation of property value for thefts committed within 90 days to qualify as grand theft. It empowers law enforcement to make arrests using video evidence or sworn statements, shields businesses from lawsuits for reporting crimes and promotes rehabilitation through diversion programs

for minor offenders. The bill aims to dismantle theft rings while balancing public safety and criminal justice reforms.

**Crimes: Theft: Retail Theft Restraining Orders (AB 3209, Berman)**

Assembly Bill 3209 creates a retail crime restraining order. A court can issue a restraining order when sentencing an individual for specific retail theft-related crimes, including vandalism of a retail store and assaulting a retail store employee.

**Emergency Alert Information Sharing**

**Electronic Toll Collection Systems: Information Sharing: Law Enforcement (AB 2645, Lackey)**

Assembly Bill 2645 allows transportation agencies operating electronic toll collection systems to share real-time license plate data with law enforcement during active emergency alerts, such as AMBER, Ebony or Feather Alerts. This legislation eliminates the need for a search warrant in such situations, enabling quicker responses to locate suspect vehicles linked to emergencies, such as child abductions.

**Tools to Address Reckless Driving and Sideshows**

**Vehicles: Speed Contests (AB 1978, Sanchez)**

Assembly Bill 1978 permits storing a vehicle when an individual is arrested but not taken into custody for obstructing or placing a barricade on a highway or off-street parking facility for purposes of aiding a speed contest or exhibition of speed.

**Vehicles: Impoundment (AB 2186, Wallis)**

Assembly Bill 2186 permits the arrest and custody of individuals engaged in an exhibition of speed in an off-street parking facility. It permits the impounding of the individual's vehicle for not more than 30 days.

**Vehicles: Sideshows and**

**Street Takeovers (AB 2807, Villapudua)**

Assembly Bill 2807 defines a "sideshow" and a "street takeover" as the same type of event.

**Vehicles: Removal and Impoundment (AB 3085, Gipson)**

Assembly Bill 3085 provides authority to seize and impound a vehicle with a warrant when the vehicle was used in violation of a speed contest or exhibition of speed (including aiding or abetting). This bill also permits electronic service of the notices of impoundment and storage hearings.

**Electric Bicycle Safety**

**Electric Bicycles, Powered Mobility Devices and Storage (SB 1271, Min)**

Beginning Jan. 1, 2026, SB 1271 focuses on improving the safety standards for electric bicycles (e-bikes), powered mobility devices and related lithium-ion batteries. It requires these devices and their components, such as batteries and charging systems, to be tested by accredited laboratories to meet specific safety standards. The bill also mandates labeling these products to show compliance with safety regulations, ensuring consumers are informed. Furthermore, it prohibits distributing, selling or leasing e-bikes and related equipment unless they meet these standards, aiming to reduce risks such as fire hazards and electrical malfunctions. Beginning Jan. 1, 2028, the bill would prohibit a person from renting or offering for rental an electric bicycle, powered mobility device, charging system or storage battery unless it has been tested to the specified safety standard.

**Vehicles: Electric Bicycles (AB 1774, Gipson)**

Assembly Bill 1774 prohibits modifying an electric bicycle's

speed capability to an extent it no longer meets the definition of an electric bicycle.

**Clean Air Vehicle Sticker Extension:**

**Vehicles: High-Occupancy Vehicle Lanes (AB 2678, Wallis)**

Assembly Bill 2678 permits vehicles with a Clean Air Vehicle decal to drive in High Occupancy Vehicle (HOV) lanes until Jan. 1, 2027, if federal law permits.

**Autonomous Vehicles**

**Vehicle Equipment: Driver Monitoring Defeat Devices (SB 1313, Ashby)**

Senate Bill 1313 prohibits using, possessing or selling devices designed to interfere with driver monitoring systems in vehicles equipped with advanced driver assistance systems or autonomous technology. These systems monitor driver alertness and help ensure safety when automated features are used. Violating this law is classified as an infraction. Exceptions are provided for manufacturers testing new technology, vehicle repairs and updates compliant with safety standards or modifications for disability accommodations.

**Autonomous Vehicles Interactions with First Responders and Traffic Violation Notices – AB 1777 (Ting)**

Upon the Department of Motor Vehicles (DMV) adoption of necessary regulations, AB 1777 creates new authority for a law enforcement officer to issue a "notice of autonomous vehicle (AV) noncompliance" to an AV manufacturer for an alleged traffic violation committed by one of their vehicles. Beginning July 1, 2026, AB 1777 establishes additional requirements for how AVs that operate without a human operator in the vehicle interact with first responders, including a requirement for manufacturers to provide a two-way device in the vehicles to communicate with first responders. ★

## LEGAL ADVERTISING

*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984  
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969  
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020  
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

### ORDER TO SHOW CAUSE CHANGE OF NAME

the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
ZHONGLICHEV 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV024506

Ahmad Mustaba Abdul Roufi has filed a petition with this court for a decree changing the name(s) of Ahmad Mustaba Abdul Roufi to Mujtaba Raowfi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 17, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 2, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Dec 20, 27, Jan 3, 10, 2025  
RAOWFI 1-10-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV019103

Sharlee Bates and Timothy Bates have filed a petition with this court for a decree changing the name(s) of Myah Beatrice Bates to Aquarius Beatrice Bates.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 10, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 9, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: January 3, 10, 17, 24, 2025  
BATES 1-24-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV024603

Leilani Bailey and Pambir Singh have filed a petition with this court for a decree changing the name(s) of Zara Dove Singh to Zara Dove Bailey.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 8, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 4, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: January 3, 10, 17, 24, 2025  
BAILEY 1-24-25

SUPERIOR COURT OF CALIFORNIA

COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV026271

Christopher Alan Glaubig has filed a petition with this court for a decree changing the name(s) of Christopher Alan Glaubig to Christopher Alan Gray and Arianne Michelle Ortegaray to Arianne Michelle Gray.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 29, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 24, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: January 3, 10, 17, 24, 2025  
GLAUBIG 1-24-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV024685

Kayla Marie Crismon has filed a petition with this court for a decree changing the name(s) of X Wolfgang Crismon to X Wolfgang Palagi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 22, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 4, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: January 3, 10, 17, 24, 2025  
PALAGI 1-24-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV026597

Fatemeh Mohammadi has filed a petition with this court for a decree changing the name(s) of Muhammed Ahmadi to Mahdi Ahmadi.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 13, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 27, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: January 3, 10, 17, 24, 2025  
MOHAMMADI 1-24-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV026708

Karina M Herrera has filed a petition with this court for a decree changing the name(s) of

Armani Jordan Pablo Espinoza to Armani Jordan Pablo Herrera.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 1, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 30, 2024  
Christopher E. Krueger, Judge of the Superior Court  
Publish: January 10, 17, 24, 31, 2025  
HERRERA 1-31-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#24CV025998

Stepan Gorodnyy has filed a petition with this court for a decree changing the name(s) of Stepan Gorodnyy to Stepan Kovalchuk.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 6, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: December 20, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: January 10, 17, 24, 31, 2025  
STEPAN 1-31-25

SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#25CV000170

Deyanira Nava Nixon has filed a petition with this court for a decree changing the name(s) of Deyanira Nava Nixon to Deyanira Nava.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 15, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: January 3, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: January 10, 17, 24, 31, 2025  
NIXON 1-31-25

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF STEVEN MICHAEL HAGY CASE NO. 24-PRO-03584

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Steven Michael Haggy.

A Petition for Probate has been filed by Tatiana N. Shvetsova, in the Superior Court of California, County of Sacramento, requesting Tatiana N. Shvetsova be appointed as personal represen-

tative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows January 15, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: John E. O'Grady, 3450 Sacramento Street, #423, San Francisco, CA 94118; (415) 986-8500  
Publish: Dec 27, Jan 3, 10, 2025  
HAGY 1-10-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-01186  
The following person(s) has/

have abandoned the use of the FICTITIOUS BUSINESS NAME of: Costpro Lending, 2135 Butano Drive, Suite 150, Sacramento, CA 95825. Summit Funding, Inc., 2135 Butano Drive, Suite 150, Sacramento, CA 95825.

The Fictitious Business Name Statement was filed on 2/17/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 11/20/2024.  
Publish: Dec 27, Jan 3, 10, 2025  
COSTPRO 1-10-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-04052

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Citrus Heights Car Wash, 7742 Auburn Boulevard, Citrus Heights, CA 95610. Berg Properties Inc., 6504 Aspen Gardens Way, Citrus Heights, CA 95621.

The Fictitious Business Name Statement was filed on 5/25/2023 in the County of Sacramento.

Filed with the clerk of Sacramento County: 12/10/2024.  
Publish: Dec 27, Jan 3, 10, 17, 2025  
CITRUS 1-17-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF KATHY JEANNE ROGERS CASE NO. 24PR003733

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Kathy Jeanne Rogers. A Petition for Probate has been filed by William Rogers Jr., in the Superior Court of California, County of Sacramento, requesting William Rogers Jr. be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows April 2, 2025, 9:00 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations

Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Douglas Broome, Esq., 108 Main Street, Roseville, CA 95678; 916-899-1716  
Publish: Jan 3, 10, 17, 2025  
ROGERS 1-17-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2020-06725

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Fenton Consulting, 2641 Riverpine Court, Carmichael, CA 95608.

Fenton Baker Inc, 2641 Riverpine Court, Carmichael, CA 95608

The Fictitious Business Name Statement was filed on 9/23/2020 in the County of Sacramento.

Filed with the clerk of Sacramento County: 9/23/2020. Publish: January 10, 17, 24, 31, 2025  
FENTON 1-31-25

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# When Losing is Still Winning

By Daniel Canfield

**SACRAMENTO REGION, CA (MPG)** - Rio Linda High School alumnus and former Sacramento State Hornet Cam Skattebo gave 110% in the Sun Devils' 39-31 College Football Playoff loss to the Texas Longhorns in the Peach Bowl on New Year's Eve. Skattebo transferred from Sacramento State University to Arizona State University following the 2022 season and just completed his senior year, culminating with the thrilling overtime loss to the Longhorns.

Skattebo's frenetic "never say quit" playing style, he was famous for from his time as a Hornet, carried over to his time as an Arizona State Wildcat and was exemplified by his Peach Bowl performance.

Over four quarters and overtime of the 2024-25 Peach Bowl, the 22-year-old racked up 284 total yards, 143 rushing, 99 receiving, and 42 passing. Skattebo's Peach Bowl

performance included two rushing touchdowns, a passing touchdown, and a two-point conversion. A herculean effort from the 5-foot, 11-inch, 215-pound senior running back.

Skattebo's performance was so great that despite being on the losing end of the game, he was named the Offensive Most Valuable Player of the Peach Bowl. It's the first time in 26 years that a member of the losing team has won the game's Offensive Most Valuable Player award.

Prior to the Peach Bowl, Skattebo had foreshadowed his game performance in his media day comments on Dec. 30.

"There's nobody out there that can stop me," Skattebo said. "If they're studying hard, there's a reason. I have full respect for them, because they understand what they're playing against, and that's why I love playing in games like this, because they constantly look at me as a



Rio Linda High School alumnus Cam Skattebo won Offensive Most Valuable Player Award for the 2024-25 Peach Bowl played in Atlanta on Jan. 1. Photo by Arizona State University Athletics

threat, and that's something I've always wanted to be. And if I'm a threat on the football field against an SEC team that was the runner-up to win their conference, then I think I'm in a pretty good position."

In 2024, Skattebo had a

breakthrough senior season, rushing for 1,568 yards and 19 touchdowns while catching 37 passes for 506 yards and three touchdowns. Making him the first Big 12 player ever to have at least 1500 rushing yards and 500 receiving

yards in the same season and the first FBS player to do it since Christian McCaffrey in 2015. The star running back finished fifth in Heisman Trophy voting.

While Skattebo and the Arizona State University Wildcats would have

preferred to beat the Longhorns in the Peach Bowl and advance in the College Football Playoff, the Offensive MVP award is an admirable accomplishment for one of the nation's top running backs. ★

## Hornet Sophomore Picked in MLS Draft



Sacramento State Hornet sophomore Donovan Sessoms (No. 21) was selected by San Diego FC in the 2025 Major League Soccer SuperDraft on Dec. 20. Courtesy photo

### Sacramento State Athletics News Release

**SACRAMENTO REGION, CA (MPG)** - A spectacular sophomore season has translated into a ticket to the next level for Sacramento State sophomore forward Donovan Sessoms, who was selected with the first pick of the third round (No. 61 overall) by expansion side San Diego FC in the 2025 Major League Soccer (MLS) SuperDraft on Dec. 20.

Sessoms is the first Hornet to be taken in the MLS SuperDraft since Chimdum Mez was taken in the fourth round (66th overall) by the San Jose Earthquakes, and the fifth Sacramento State student-athlete to be drafted by an MLS club in school history along with Brandon Cavitt (1996 College Draft, Dallas Burn), Ernesto Carranza (2011 Supplemental Draft, Chivas USA), and Fernando Cabadas (2011 Supplemental Draft, New England Revolution).

San Diego FC had five selections in the draft, building a roster as the newest of Major League Soccer's 30 clubs that will compete in 2025. The city was awarded a franchise in May of 2023 and will play its first match on Feb. 23 against defending MLS Cup champion LA Galaxy.

An All-Big West first-team selection in 2024, Sessoms put together one of the finest offensive seasons in school history, finishing with a team-high 10 goals and 20 points for the year, both ranking among the top 10 in single-season history. Half of those 10 scored went for game-winning goals, ranking tied for fifth in the nation.

Among his Big West Conference brethren, Sessoms ranked third in the Big West in shot attempts (48) and led the league with 2.67 shots per match. He also finished fifth in the league in points, fourth in points per match (1.11), fourth in goals, and third in goals per match (0.56). ★

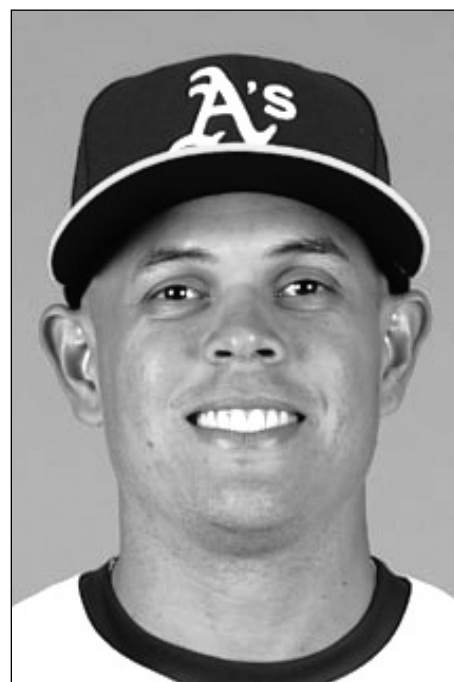
## Athletics Add Infielder Gio Urshela

### Major League Baseball News Release

**WEST SACRAMENTO, CA (MPG)** - The Athletics agreed to terms with infielder Gio Urshela on a one-year contract for the 2025 season, the club announced on Dec. 22.

Urshela began the 2024 season at Detroit and was hitting .243 with five home runs and 37 RBI in 92 games when he was released in mid-August. He signed with Atlanta and batted .265 with four home runs and 15 RBI in 36 games with the Braves. The 33-year-old right-handed hitter combined for a .250 batting average in 128 games overall, making 102 starts at third base and 15 at first base. Urshela also went 0-for-6 in two postseason games for Atlanta, his fifth season with postseason experience.

Urshela is a .273 career hitter with 73 home runs, 332 RBI and a .729 OPS in 792 games over nine seasons in the majors with Cleveland (2015, 17), Toronto (2018), New York-AL (2019-21), Minnesota (2022), Los Angeles-AL (2023), Detroit (2024) and Atlanta (2024). He batted .299 in 62 games with the Angels in 2023 before a fractured pelvis ended his season in mid-June. The native of Colombia had



On Dec. 22, the Athletics announced infielder Gio Urshela will join the team for the 2025 campaign. Courtesy photo

his best season with the Yankees in 2019 when he hit .314 with 21 home runs and 74 RBI in 132 games. Urshela led Major League third basemen with a .992 fielding percentage in 2020 and has made 614 of his 700 career starts at third base. ★

## River Cats Announce 2025 Promotions

### River Cats News Release

**SACRAMENTO REGION, CA (MPG)** - Fans will be sure to find plenty of fun and new surprises at Sutter Health Park next season as the Sacramento River Cats, proud affiliate of the San Francisco Giants, are excited to share the first half of their 2025 promotions schedule while also announcing single game tickets on sale for games through July 3.

Highlighting the beginning of the 2025 baseball season is the return of 2024 MLB All-Star Heliot Ramos, in miniature form that is, as Opening Night on Friday, March 28 will see the first 2,500 fans receive their own Heliot Ramos bobblehead presented by Jackson Rancheria Casino Resort.

The first half of the season includes three additional giveaway games on Saturday, May 3, Friday, May 30, and Friday, June 27. Fans can stay tuned to River Cats social media for the future reveal of these items or sign up for the River Cats email list by visiting rivercats.com/newsletter for first access to this information and other release.

Theme nights will be aplenty as Sacramento hosts nine during the first half of the season including returning favorites Green Awareness Night presented by SMUD (April 17), First Responder's Night (April 18), Dinger's

Birthday/Take Meow't to the Ballgame (May 4), Salute to Armed Forces Night (May 17), and Dino Night (May 31). Joining those for the first time in 2025 are AAPI Night (May 3), Bark in the Park (May 18), and Videogame Night (June 28).

SMUD Orange Fridays and Sutter Health Fireworks Saturdays return for the entirety of the 2025 season. Fans can watch the River Cats light up the sky with their bats and fireworks shows a total of 15 nights during the first half of the season concluding with a special Independence Eve Fireworks Spectacular following the game against the Reno Aces on July 3.

The River Cats will play four games as the Dorados de Sacramento this season as part of Minor league Baseball's 2025 Copa de la Diversión, celebrating baseball's Hispanic/Latino fan base. During the first half of the year, Sacramento will take the field as the Dorados on Thursday, May 1 and Thursday, May 29.

The Sacramento River Cats kick off their season at home with Opening Night on Friday, March 28 against the Albuquerque Isotopes at 6:45 p.m. (PT). The full schedule is currently available online at rivercats.com. Game dates, times, and promotional dates may be subject to change. Memberships, select ticket packs, hospitality rentals, and now single-game tickets are currently available by visiting rivercats.com or by calling the River Cats ticket hotline at (916) 371-HITS (4487). ★



## Athletics' President Resigns

### Major League Baseball News Release

**SACRAMENTO REGION, CA (MPG)** - Dave Kaval, President of the Athletics for the past eight years, announced today that he is resigning to pursue new business opportunities in California. His last day with the team, which is in the process of building a new ballpark in Las Vegas, was Dec. 31, 2024.

"We are grateful for Dave's contributions and leadership over the past eight years. He guided our organization through a period of significant transition, and we sincerely thank him for his unwavering commitment to the team," said A's Owner John Fisher. "As we look ahead to the next chapter of our franchise, the team will continue to grow under new leadership, driving the organization toward success during our interim years in West Sacramento and at our new home in Las Vegas."

Sandy Dean, a longtime business partner with the Fisher family, will serve as Interim President. Dean has worked with the A's since John and his family became

owners in 2005. The club will begin a search for a new leader in the new year.

Kaval said that, given the substantial progress toward the team's move to a new, state-of-the-art ballpark in Las Vegas, "I will be staying in California to explore new opportunities at the crossroads of business and government. I am grateful to A's ownership for the opportunities they have given me."

Kaval, 49, served as the seventh president of the Athletics in the franchise's 123-year history. The franchise was founded in Philadelphia in 1901.

Prior to his role with the A's, Kaval served as president of the San Jose Earthquakes, where he played a pivotal role in the development of PayPal Park, home of the Earthquakes and Bay FC.

Kaval has also served as vice chairman of the San Jose Sports Commission, board member of the San Jose Chamber of Commerce, member of the San Mateo County Workforce Investment Board, and Executive Committee member of the Bay Area Council. He has also taught Sports Management at the Stanford Graduate School of Business for the past decade. ★



# COMICS & PUZZLES

## The Spats

by Jeff Pickering



## Amber Waves

by Dave T. Phipps



## Out on a Limb

by Gary Kopervas



## HOCUS-FOCUS

BY HENRY BOLTINOFF

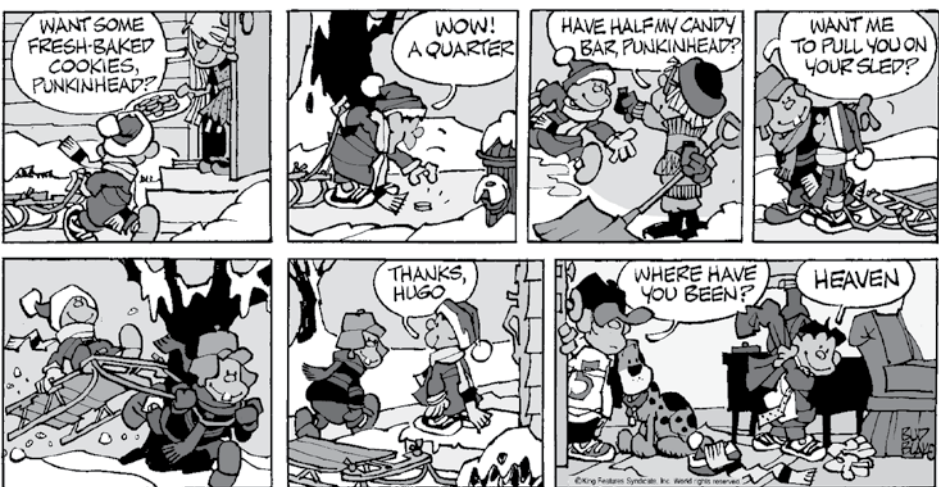
Find at least six differences in details between panels.



Differences: 1. Tail is shorter. 2. Window is different. 3. Fingers are not showing. 4. Ear is larger. 5. Blinds are added. 6. Laces are added to shoe.

## TIGER

by BUD BLAKE



## GRIN AND BEAR IT



## Just Like Cats & Dogs

by Dave T. Phipps



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## STATEPOINT CROSSWORD • SNOW DAY

- CLUES**
- ACROSS**
- Larger-than-life
  - Capone's family
  - Wild swine
  - "You're not allowed," to a baby
  - Deal with it
  - Cunningly
  - Shower with affection
  - Allege
  - City in Belgium
  - "Snow Day exercise?"
  - Poet Pound
  - Ovine sign of the zodiac
  - Tasseled hat
  - All together (2 words)
  - Military College of South Carolina, with The
  - For every
  - a.k.a. association football
  - "All-day Snow Day garb?"
  - Delete
  - Crude fuel
  - Read-only disc
  - Good's counterpart
  - Popular flowering shrub
  - Female ancestor
  - Two heads are better than one, e.g.
  - Bering Strait state
  - Rudolph's Clarice, e.g.
  - Like thick smoke
  - Fountain option
  - "No two are alike, sing.
  - Surround (2 words)
  - Tangerine plus grapefruit
  - "Like a river, with over
  - #1 Down, pl.
  - Heidi's "Magic Wooden Shoe"
  - Olufsen's partner
  - Fountain of a bell
  - Not him
  - Surfer's stop
- DOWN**
- Odds' partners
  - Tubby little cubby
  - "He's Just Not That You"
  - Of the same period
  - \*Popular Snow Day pastime
  - Some tournaments
  - Zugspitze, e.g.
  - \*Severe weather
  - Deed hearing
  - Algae, sing.
  - Marble bread
  - Jack, English pirate
  - \*As opposed to rain
  - Irregular
  - Type of conifer
  - Musketeers' swords
  - High-strung
  - Cerebellum location
  - Unit of life
  - Students' dwellings
  - "Snow Day reading choice
  - Helping theorem
  - "Like soft pj's
  - Intelligence org.
  - \*Slope fun
  - Shorter than California
  - Number of years

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# January is National Human Trafficking Awareness Month

## Soroptimist International of Rancho Cordova & Gold River News Release

**SACRAMENTO, CA (MPG) -** Human Trafficking is more prevalent than you think. Every two minutes, a child is trafficked or sexually exploited in the United States. The average age of exploitation is 12 to 15 years old.

For every 10 trafficking victims identified globally, five are adult women and two are girls, meaning 70% are female.

The total number of trafficked individuals is unknown but estimates range from 28 million to 50 million globally.

This crime is often underreported and hard to track as it is the second largest worldwide criminal enterprise.

Sacramento is within the top 10 U.S. cities that are a trafficking hub, primarily due to I-5 that runs between Canada and Mexico, and I-80 which runs from the West Coast to the East Coast and California is a

coastal state.

### The Impact of Trafficking

Human trafficking can happen to anyone, regardless of race, ethnicity, religion, age, gender, sexual orientation or social class but some people are more vulnerable than others. Vulnerable groups include recent migrants, those with substance use/mental health illnesses, people with limited education and individuals experiencing poverty or homelessness (especially youth).

Another vulnerability is lack of companionship, loneliness or boredom, and youth at home alone. Unsupervised or under-supervised youth because both parents/guardians must work, tend to retreat into social media or online video gaming where traffickers also hunt. Traffickers also prey on these vulnerabilities to create a dependent relationship and make it more difficult for victims to leave. Most frequently, people are trafficked by someone they know and taken by

manipulation rather than force. This manipulation and coercion often escalate to physical, emotional and financial abuse. (Source: <https://prevention.org/human-trafficking-101>.)

Once immediate safety is established, the United Nations states that “acquiring skills and competencies for sustainable livelihoods” is an intermediate need and crucial part of a successful recovery for trafficked individuals. Soroptimists have decades of experience with providing this intervention through our education awards and other financial support. (Source: <https://www.un.org/en/chronicle/article/prevention-prosecution-and-protection-human-trafficking>.)

Women and girls who have been trafficked often suffer financially, being forced to rely on their trafficker or forced to turn over their earnings to their trafficker. Even after they escape and are safe, they often face unfair societal stigma that can make finding meaningful

employment difficult.

### How Soroptimist Can Help

Reducing poverty is a powerful way to lower the risk of trafficking and education is a key pathway to doing just that. Access to formal education can provide women with the tools to prevent trafficking and to command better wages after surviving trafficking. Leading organizations addressing trafficking agree that holistic methods are the best prevention. One of the most impactful preventative methods is to invest in building the agency of women and girls through access to education. Ensuring that women and girls have the opportunity and ability to complete school and earn a livelihood plays a significant role in reducing vulnerability.

Soroptimist International of Rancho Cordova and Gold River will host a “Human Trafficking & Massage Therapy Industry” awareness workshop on May 31 to learn how to tell the difference between

legitimate and illicit massage businesses, what goes on in illicit massage businesses, what you can do and the impact that illicit massage businesses are having on legitimate ones. Visit <http://www.soroptimistranchocordova.org> for more information and registration announcement.

*Soroptimist is an international nonprofit organization that improves the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means “best for women” and that’s what the organization strives to achieve. Soroptimists are people at their best, working to help other women be their best. Email [sirgr2009@gmail.com](mailto:sirgr2009@gmail.com) to receive more information about Soroptimist International of Rancho Cordova and Gold River, how to become a member or how to volunteer with club members. Or visit [soroptimistranchocordova.org](http://www.soroptimistranchocordova.org).* ★

# Soroptimists Give Holiday Joy to Veterans

## Soroptimist International of Rancho Cordova & Gold River News Release

**RANCHO CORDOVA, CA (MPG) -** Soroptimist International of Rancho Cordova and Gold River recently completed its annual “mission” to fill and deliver holiday stockings to 120 female veterans receiving treatment at the VA Northern California Healthcare System (NCHCS).

Private businesses MednRx (in the new SF Market), Tara Dietel’s State Farm office, Crumbl Cookie, and Drink Eezy, as well as organizations including the City of Rancho Cordova, Visit Rancho Cordova, California American Water, Explore Rancho Cordova and our Soroptimist club contributed

items for the stockings.

The stockings included ChapStick, a mini squeeze ball, a granola bar, a pair of comfy socks, a mini bottle of hand sanitizer, a combination sunscreen and lip balm, an eyeglass cleaning cloth, a coaster, a pen, a mini tote bag, a voucher for a free cookie, a voucher for an adult beverage, a phone sanitizer/screen cleaner, a hot cocoa packet, a positive affirmation bookmark, stickers, a mini notebook, and a beautiful holiday card wishing happy holidays and a thank you for their service.

A former member also crocheted more than 20 one-of-a-kind beanies to be offered on a first come, first served basis to any female veteran who would like one. The stockings were

stuffed on Nov. 21 and delivered the next day for distribution, starting in December at the VA Northern California Healthcare System.

“Our Soroptimist club cares deeply for our brave veterans and the staff who serve them. We donated cases of snacks and vitamin water to the VA NCHCS during the pandemic, donated baby shower items to pregnant veterans receiving care there, donated warm socks numerous times to the VA NCHCS for veterans receiving chemotherapy and dialysis treatments, and now holiday stockings to bring veterans some cheer during the holidays. We love our veterans and those who provide care to them,” said club Vice-President Sheryl Longworth.

Both last year and this year’s

veteran stocking “missions” were led by club secretary and veteran, Stacy Delaney.

“Stacy did an amazing job coordinating all the donations and leading this committee. Committee members Ingrid Rosten, Christina Ma (club president), and Pamela Reed also worked very hard to ensure that our veterans receive nothing but the best.”

“Normally, our club members don’t have direct contact with those that we help. We generally drop off donations, materials, etc. to an intermediary who distributes what we contribute to the actual beneficiaries,” Longworth said.

After the 2023 holiday stocking mission, a woman stopped by to drop off some e-waste for the club’s e-waste recycling

fundraiser. The woman realized that the organization that provided her with a holiday stocking at the VA Northern California Healthcare System earlier that day was the same organization that she was giving her e-waste to now. The veteran was so grateful to receive her holiday stocking. She was having some health challenges that affected her employment and she was feeling down.

“The stocking she received brightened her day and outlook a lot,” Longworth said. “Knowing that a holiday gift from our hearts made a difference in the life of a veteran, was the best feeling in the world and that’s what the holidays are all about...spreading love to everyone. Our club now commits to a holiday stocking ‘mission’ every year.” ★

## KP International MARKET

10971 Olson Drive  
Rancho Cordova, CA 95678  
916.853.8000

Market: 7 Days 8am - 9pm  
Food Court: 7 Days 11am - 2:30pm  
Korean/Mex/Viet: 7:30pm last call  
Chinese/Japanese 7:00pm last call

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### KP KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)  
Fri-Sat Come before 5pm (Valid Time)

<p><b>For 6 people \$95.00</b> + Gratuity</p> <p>3 Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (12 each) (12pm - 2pm hours) (Dishes to Choose from Below)</p> <p><b>For 12 people \$210.00</b> + Gratuity</p> <p>3 Hours Karaoke + 2 Pizza + Pitcher Soda + 4 Main Dishes (14 each) (12pm - 4pm hours) (Dishes to Choose from Below)</p> <p><b>For 14 people \$230.00</b> + Gratuity</p> <p>3 Hours Karaoke + 2 Pizza + Pitcher Soda + 5 Main Dishes (14 each) (12pm - 4pm hours) (Dishes to Choose from Below)</p>	<p><b>For 18 people 295.00</b> + Gratuity</p> <p>3 Hours Karaoke + 3 Pizza + Pitcher Soda + 7 Main Dishes (14 each) (12pm - 2pm hours) (Dishes to Choose from Below)</p> <p><b>For 28 people \$385.00</b> + Gratuity</p> <p>3 Hours Karaoke + 3 Pizza + Pitcher Soda + 8 Main Dishes (14 each) (12pm - 2pm hours) (Dishes to Choose from Below)</p>
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Dishes To Choose From

## FROZEN & FISH DEPT

<p><b>Raw Shrimp</b> Peeled &amp; Deveined 31/35 2 lbs</p> <p>REG. \$16.99/EA</p> <p><b>\$11.99</b> /ea</p>	<p><b>Salmon Fillet</b> lb</p> <p>REG. \$6.99/LB</p> <p><b>\$3.99</b> /lb</p>
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## WEEKLY MEAT SPECIALS

<p><b>Beef Cross Rib/Shoulder Roast-Brls</b></p> <p><b>\$4.69</b> /lb</p>	<p><b>Beef New York Roast - Boneless</b></p> <p><b>\$5.99</b> /lb</p>	<p><b>Chicken Leg Quarters</b></p> <p><b>99¢</b> /lb</p>
<p><b>Pork Butts Boneless</b></p> <p><b>\$2.69</b> /ea</p>	<p><b>Pork Hocks</b></p> <p><b>\$1.99</b> /lb</p>	<p><b>Pork Spare Ribs Single Pack</b></p> <p><b>\$2.99</b> /lb</p>

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## WEEKLY HALAL SPECIALS

<p><b>Chicken Leg Quarters</b></p> <p><b>99¢</b> /lb</p>	<p><b>Australian Lamb Shoulders Stew-Bone In</b></p> <p><b>\$2.99</b> /lb</p>	<p><b>Beef Cross Rib/Shoulder Roast-Brls</b></p> <p><b>\$4.99</b> /lb</p>
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## FRESH PRODUCE

<p><b>Jalapeno Pepper</b></p> <p><b>79¢</b> /lb</p>	<p><b>Avocado 2 lbs Bag</b></p> <p><b>\$2.99</b> /bag</p>	<p><b>Enoki Mushroom 150 g</b></p> <p><b>2 for \$3</b></p>	<p><b>Sumo Mandarin</b></p> <p><b>\$1.59</b> /lb</p>
<p><b>Russet Potato 10 lbs</b></p> <p><b>\$2.99</b> /bag</p>	<p><b>King Oyster Mushroom</b></p> <p><b>\$1.59</b> /lb</p>	<p><b>Organic D'Anjo Pear</b></p> <p><b>99¢</b> /lb</p>	<p><b>English Cucumber</b></p> <p><b>99¢</b> /ea</p>

## AMERICAN/HISPANIC GROCERY

<p><b>Ortega Yellow Taco Shells</b></p> <p>REG. \$2.99</p> <p><b>\$2.39</b> /ea</p>	<p><b>Bounty Essential Paper Towels</b></p> <p>REG. \$7.99</p> <p><b>\$6.99</b> /4pk</p>	<p><b>Arm &amp; Hammer Pure Baking Soda</b></p> <p>REG. \$1.79</p> <p><b>\$1.49</b> /ea</p>	<p><b>Carnation Evaporated Milk 12.1oz</b></p> <p>REG. \$2.69</p> <p><b>\$1.59</b> /ea</p>
<p><b>Jif Peanut Butter</b></p> <p>REG. \$4.99</p> <p><b>\$3.99</b> /ea</p>			

## ASIAN GROCERY

<p><b>Three Ladies Vietnamese Rice Vermicelli 2 lbs</b></p> <p>REG. \$5.39</p> <p><b>\$4.99</b> /ea</p>	<p><b>Wei Chuan Quail Eggs 15 oz</b></p> <p>REG. \$2.99</p> <p><b>\$2.69</b> /ea</p>	<p><b>Noh Katsu Seasoning Salt 4 oz</b></p> <p>REG. \$7.39</p> <p><b>\$5.99</b> /ea</p>	<p><b>Honey Bee Jelly Scraper 35.27 oz</b></p> <p>REG. \$9.99</p> <p><b>\$7.99</b> /ea</p>
<p><b>Lee Kum Kee Mushroom Boillon Powder 35 oz</b></p> <p>REG. \$11.99</p> <p><b>\$9.99</b> /ea</p>			

## EUROPEAN GROCERY

<p><b>OT Martina Sunflower Seed 500 gr</b></p> <p>REG. \$6.99</p> <p><b>\$5.99</b> /ea</p>	<p><b>Milla Choco Wafer 150 gr</b></p> <p>REG. \$4.29</p> <p><b>\$3.69</b> /ea</p>	<p><b>Siro Cocoa Cream Sandwich Cookie 500 gr</b></p> <p>REG. \$3.99</p> <p><b>\$2.99</b> /ea</p>	<p><b>Aranz Preserve 5 Flavors 430 gr</b></p> <p>REG. \$3.69</p> <p><b>\$1.69</b> /ea</p>
<p><b>Ichaya Condensed Milk 350 gr</b></p> <p>REG. \$4.29</p> <p><b>\$3.49</b> /ea</p>			

## KOREAN/JAPANESE GROCERY

<p><b>Wing Handover White Rice 15 lb</b></p> <p>REG. \$9.99</p> <p><b>\$9.99</b> /ea</p>	<p><b>Gaenang Red Gyoeng Drink 20 x 50 ml</b></p> <p>REG. \$15.99</p> <p><b>\$15.99</b> /ea</p>	<p><b>Dried Bracken 9 oz</b></p> <p>REG. \$5.99</p> <p><b>\$5.99</b> /ea</p>	<p><b>Shin Ramyon Box 16 x 12.0 oz</b></p> <p>REG. \$14.99</p> <p><b>\$14.99</b> /ea</p>
<p><b>Lotus Choco Pie Regular &amp; Black Sugar 12 x 2.5 g</b></p> <p>REG. \$2.99</p> <p><b>\$2.99</b> /ea</p>	<p><b>Evangelist Sanchokuchang 10 x 100 ml</b></p> <p>REG. \$4.99</p> <p><b>\$4.99</b> /ea</p>		

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<p><b>Korea Dolsu Seasoned Seaweed 12x4g</b></p> <p>REG. \$8.99</p> <p><b>\$7.99</b> /ea</p>	<p><b>Hot Pepper Paste 3.1g</b></p> <p>REG. \$2.49</p> <p><b>\$2.49</b> /ea</p>	<p><b>O'Kool Lunchon Meat 340 g</b></p> <p>REG. \$3.99</p> <p><b>\$3.99</b> /ea</p>	<p><b>Alphs SWASM Rice Seasoning 17 oz</b></p> <p>REG. \$2.49</p> <p><b>\$2.49</b> /ea</p>
<p><b>Home Foods Wauhi 60 g</b></p> <p>REG. \$2.99</p> <p><b>\$2.99</b> /ea</p>	<p><b>Kevala Mungbean 500 g</b></p> <p>REG. \$7.99</p> <p><b>\$7.99</b> /ea</p>		

## FROZEN & FISH DEPT

<p><b>Hash Brown Patties 5.16 oz</b></p> <p>REG. \$4.99/EA</p> <p><b>\$2.99</b> /ea</p>	<h2 style="text-align: center;">EUROPEAN DELI</h2> <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; text-align: center;"> <p><b>Belmont German Ham</b></p> <p>REG. \$5.49</p> <p><b>\$5.49</b> /lb</p> </td> <td style="width: 50%; text-align: center;"> <p><b>Pined Olive Garlic Salad</b></p> <p>REG. \$5.79</p> <p><b>\$5.79</b> /lb</p> </td> </tr> <tr> <td style="text-align: center;"> <p><b>Ham Off the Bone</b></p> <p>REG. \$6.19</p> <p><b>\$6.19</b> /lb</p> </td> <td style="text-align: center;"> <p><b>Green Cracked Olives</b></p> <p>REG. \$4.59</p> <p><b>\$4.59</b> /lb</p> </td> </tr> </table>	<p><b>Belmont German Ham</b></p> <p>REG. \$5.49</p> <p><b>\$5.49</b> /lb</p>	<p><b>Pined Olive Garlic Salad</b></p> <p>REG. \$5.79</p> <p><b>\$5.79</b> /lb</p>	<p><b>Ham Off the Bone</b></p> <p>REG. \$6.19</p> <p><b>\$6.19</b> /lb</p>	<p><b>Green Cracked Olives</b></p> <p>REG. \$4.59</p> <p><b>\$4.59</b> /lb</p>
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