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WHAT'S IT TO YOU?



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City Gets First Look at District Maps



Redistricting Partners' Elizabeth Stitt provided a run-through of six draft maps for the Galt City Council to consider at its Tuesday, Jan. 21 meeting. The Galt City Council is being asked to consider changing from at-large voting to district voting or face a potential lawsuit from a Malibu-based legal firm.

Story and Photos by Sean P. Thomas City Editor

GALT, CA (MPG) - Galt City Council members were presented with their first set of potential draft district maps during a public meeting on Tuesday, Jan. 21, an important step in the city's change from an at-large voting system to district voting.

Here is why redistricting is

happening, how it will be carried out and what some community members thought about the maps during the Tuesday meeting.

What Draft Maps Were Presented?

Elizabeth Stitt of Redistricting Partners presented two sets of three draft maps.

The first three included five districts and the second set included four districts and an at-large mayor.

The maps were required to be relatively equal in size and compact, contiguous and maintain "communities of interest" with easily identifiable and understandable lines. Each district also is required to be within 10% population deviation from the others.

All maps can be found online at the city's website, cityofgalt.org, under Continued on Page 3

Schools to Fight Sexually **Violent Predator** Housing

By Sean P. Thomas City Editor

GALT, CA (MPG) - Both Galt school districts at their board meetings last week approved letters contesting the release of a man into the Galt community who was convicted of sexually assaulting a minor nearly three decades ago.

The Department of State Hospitals recommended that Christopher Dryden, 47, be placed in a home at 12655 Hauschildt Road. Dryden is classified as a sexually violent predator, a designation for those who have committed a sexually violent offense against one or more victims and who has been diagnosed with a mental disorder that makes them a danger to others, according to the Department of State Hospitals.

Dryden was prosecuted and convicted in 1998 by the Sacramento County District Attorney's Office for two counts of lewd and lascivious conduct with a child under 14 years of age and sentenced to six years in state prison.

Following his sentence, Dryden was placed at Coalinga State Hospital after the district attorney successfully petitioned to have him designated as a sexually violent predator. The Sacramento Superior Court granted a petition to release Dryden to the community for outpatient treatment, based on recommendations made by the Department of State Hospitals in July 2024.

Both school boards approved sending opposition letters to Judge Kenneth Brody arguing that while the Hauschildt Road residence is within the legal parameters set by the California law under Senate Bill 1034, which prohibits placement within a one-quarter mile of any public or private school, it's within two miles of Liberty Ranch High School, Marengo Ranch Elementary School and Lake Canyon Elementary School. The letter also notes that

school-age students live within the vicinity of the Hauschildt Road address.

"The safety of our students, families and staff is of paramount importance, without incident," the high school board wrote. "We, the Governing Board, emphatically request that the placement into the Galt community be denied and a new location be sought that

Continued on Page 4

Chabolla Skatepark Revamp Moves Forward



The currently barren Chabolla Skatepark will soon be doubled in size and renovated with new concrete skate features, new lighting and gates. Photo by Sean P.Thomas

By Sean P.Thomas City Editor

GALT, CA (MPG) - A design contract for the expansion and improvement of the Chabolla Skate Park on Chabolla Avenue was approved by the Galt City Council on Tuesday, Jan. 21.

The contract is with Helix Environmental Planning for \$316,023; the scope of services

includes new concrete, light poles

and fencing. Costs for construction

will be determined after the designs are completed.

The resolution approving the contract also authorizes the city manager to approve up to \$31,602 in contingency costs and gives the public works director the ability to amend the contract within the approved contingency cost limits. The contract is funded through American Rescue Plan Act funds.

Helix Construction was one of

five consultants to submit bids for

the proposal, and according to a staff report on the matter, was deemed the most qualified. Public Works Director John Griffin also highlighted Helix's use of Wormhouldt Inc., a premier skate park designer, as subcontractor in the proposal. The new park, which is expected to

nearly double the size of the current facility, is expected to be completed in 2026. "I just want to say, a decade,"

Continued on Page 3

GaltHerald.com

High School Board Learns About Ethnic Studies Course

By Sean P.Thomas City Editor

GALT, CA (MPG) - Galt Joint Union High School Board of Trustees got their first peek at the newly designed ethnic studies course that district high school students will be required to take come Fall 2026.

Gov. Gavin Newsom signed California Assembly Bill 101 in 2021, which required state school districts to create an ethnic studies graduation requirement by 2025, beginning with the class of 2030.

The district had the opportunity to use a predeveloped curriculum but opted to compile a team of local teachers to design the coursework over a two-year period. The high school district approved the coursework in December.

The new semester-long course will be taught in ninth grade and broken into three units. The first, "Who Am I? What Is Ethnic Studies?" will explore personal and social identity and provides students a opportunity to explore their own identities.

The second, "Who are We? Social identities and Local Histories," examines the community and local history, with a potential focus on Asian, Native, Latino and African Americans and the history of California, Los Angeles and the Sacramento Valley.

The third unit, "Where Am I? Community Connections Activism," gives students learning about activism, solidarity and social change.

According to the team

that designed the coursework, the course will "promote unity, not division," is "age-appropriate and fact-based," "encourages critical thinking, not indoctrination" and "supplements" the already existing history curriculum.

Board member Dennis Richardson, who said he comes from a multicultural family, said he was encouraged by the course subject and the discussion.

"I hope that students really take it seriously and make great efforts to find out who they are and how they can become an active participant in our community and our world," Richardson said. "It's not just our community."

Board President Terry Parker said she was also pleased with the curriculum and requested the staff return to provide an update on the implementation.

"I think it's very cool that our talented staff was able to put together this curriculum," Parker said. "It's from the ground up, which is very exciting. It reflects our community and I'm sure it is evolving and will be changing."

Board member Mark Beck said he acknowledged the complexity and the work that went into the curriculum, but hopes that the coursework reflects the Galt community, as opposed to the four demographics that were highlighted during the presentation.

"When we say 'we', and we put certain ethnic groups as a reflection of we, I think as this evolves, this curriculum will be developed and evolve to

reflect who we really are," Beck said. "We were given by the state kind of a blank

"I think you guys are great teachers and I think this will become something that is community first and it will be driven by really who we are as we are driven down the line," he added

Galt Joint Union High School Board of Trustees Approves **Purchase of New Bus**

The Galt Joint Union High School Board of Trustees on Jan. 16 approved a resolution to purchase a new school bus to replace one that was put out of commission in a crash last year.

In November, one of the district's buses was involved in an accident, which led to the district's insurance company deeming it a total loss and the agreement to purchase a new permanent bus.

The trustees voted unanimously to authorize the superintendent's office to make the \$228,190 purchase from the district's general fund. The district will later receive \$37,863 back from the Schools Insurance Authority.

The bus purchase was not put out to bid due to a California code that allows public agencies to purchase equipment that was already competitively put out to bid by another agency, otherwise known as a "piggyback contract."

In this case, South County Support Services Agency purchased the same bus from Model 1 Commercial Vehicles, Inc.

Contract Approved for Aquatic Center Slide



The Gora Aquatic Center waterslide will be replaced with a new 30-foot waterslide after the Galt City Council approved a construction contract with Tricon Construction. The waterslide is expected to open before summer 2026.

Story and Photo by Sean P. Thomas City Editor

GALT, CA (MPG) - The city of Galt is one step closer to having a new waterslide at the Gora Aquatic Center on Chabolla Avenue.

The Galt City Council approved a resolution at its Tuesday, Jan. 21 meeting authorizing the city manager to move forward with a nearly \$1.4 million construction contract with the Rancho Cordova-based Tricon Construction, Inc. to replace the waterslide. The construction contract was the lowest of the three bids received.

"This is a great thing to finally be moving forward with the slide and these upgrades that we are getting," Councilmember Bonnie Rodriguez said.

In 2021, the slide was deemed unsafe after a routine inspection revealed significant structural issues, including corrosion and cracks. The slide was closed indefinitely shortly after to prevent further injuries.

Shortly after, the city utilized American Rescue Plan Act funds to secure design services, ultimately selecting Rogers Stringer & McClelland, Inc. in May 2023. In December 2023, those designs were revealed, and a month later, the Parks and Recreation Commission recommended constructing a 30-foot water slide. That recommendation was ultimately supported by the City Council in February.

The project was initially expected to cost \$1.2 million, not including contingency and other factors, based on early estimates, but due to project cost increases, including engineering, construction management, inspection, testing and construction contingency costs, the price could run closer to \$1,827,000, mainly due to differences in expected construc-

The resolution approves the contract for \$1,389,000 but allows for the city manager to approve up to 10% for contingency funding, or about \$139,000.

An additional \$177,000 is expected to go toward construction management, inspection and testing; \$74,050 to preliminary engineering and environmental requirements and \$22,300 to construction engineering.

Tricon Construction will also include improvements meant to bring the project in line with California Building Code disability accessibility requirements.

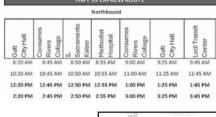
The contract passed Councilmember Mathew Pratton was absent from the meeting.

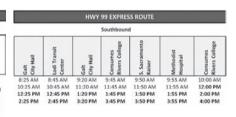
Construction is expected to begin in March and be completed prior to summer 2026, in time for the aquatic season. The construction is not expected to impact the rest of the aquatic center during that time.

"We look forward to seeing it," Mayor Shawn Farmer said. "It's been a long time coming. It will be exciting."

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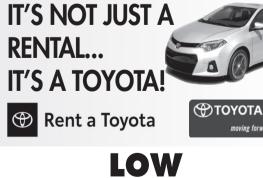


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A Private Citizen's View on Districting of Galt

By Paul Salinas Guest Commentary

Currently, the city of Galt is being burdened with converting from an "At Large" Council to a "District Council" of elected officials.

"At Large" basically means electing several individuals by the city's total electorate versus electing individuals within a district by the electorate within the district.

Upon reading, via the Galt Herald, I initially favored five districts for the City of Galt. However, during the Council meeting of Dec. 17, 2024, there was a discussion about having a specific number of districts. One option was to have four districts and a mayor at large, meaning having each district elects its representative, but the mayor would be elected by the total electorate.

This option was not acceptable to one member, fearing a strong mayor and others were noncommittal.

It is my understanding from experiences from other jurisdictions that the strength of a mayor is relative to the will of the people via their jurisdiction's charter or by the elected representatives themselves in establishing guidelines for the mayor's duties and responsibilities.

Following are my reasons for justifying an at-large mayor:

1. The mayor would represent the whole electorate and not a portion.

2. The mayor would not be

- burdened with maintaining and servicing two functions, as mayor and as a district representative. 3. The cost for a mayor
- at large would not be significantly different in comparison to that of a district representative.
- 4. The mayor would be a balancing factor in bringing representatives together

in the decision-making process.

- 5. The power of the mayor is relative to what is given to the mayor by the will of the people through an electoral process, charter guidelines, or by the representatives themselves.
- 6. The mayor would be a neutral figure in a competitive environment.
- 7. The mayor would be the central spoke person that represents the people of the city of Galt.

Another observation, during the council meeting, was a comment made by a council member regarding District "would create

I am not in disagreement that perhaps staying as we are is by far the best.

However, considering the state law and the significant cost of fighting the law, it would be cost effective to comply with the law and to move forward.

Now, with that being said, a council elected "at large" and a Council elected by "district" both have elected individuals with egos, and both can have division as a shadow.

Either they work together to be successful, or they become dysfunctional, as exampled by

our current and past U.S. Congress(es).

It is important to note that being elected by "District," the elected representative serves a subunit of the whole but is still part of the whole.

The challenge for the elected District representative(s) will be their view as to what is the betterment of the whole vs his/her subunit of the whole.

From my point of view and final comment, "division" is relative to one's thoughts and can become a self-fulfilling prophecy.

Paul Salinas is a Galt resident. 🖈

City Gets First Look at District Maps

Continued from page 1

the districting tab.

City Council members reiterated points made at previous council meetings about new homes being completed in the Liberty Ranch development in eastern Galt over the next few years that could potentially tip the population scales.

According to city officials, some 500 to 600 homes could be completed over the next two years in the Liberty Ranch development alone.

Stitt said the maps had to use 2020 census data but could consider future residents.

"Even if you were doing this districting a few years from now, you would still have to use the 2020 census data," Stitt

Stitt said Redistricting Partners would return at the next meeting with maps that take Liberty Ranch and other future developments into consideration.

Stitt also reviewed two maps submitted by former City Council member Thomas Malson. Stitt said the maps had to be slightly altered to bring them within standards for the FAIR Maps act due to the population disparities going over the 10% deviation threshold.

Mayor Shawn Farmer said the maps were likely attempting to take into consideration future developments, namely Liberty Ranch.

All but one district on Malson's five-district map stretched across Highway 99. His four-district map, which Malson said was not his preference, included all districts stretching over Highway 99.

Another key issue is whether the keep its annual rotating mayor position or move forward with an at-large mayor.

Both Council members Bonnie Rodriguez and Tim Reed said they were in favor of five districts without the at-large mayor, while Farmer, who was appointed to the post by his colleagues on the dais in December, said he was in favor of an at-large mayor.

"One of the major concerns that I have is that it is going to create some divisiveness," Farmer said. "If you have five districts than we are all beholden to our districts."

Vice Mayor Paul Sandhu agreed, adding that he wasn't in favor of districts at all, but understood the legal reasons behind

"The majority of citizens in this city, and I think the majority of the council don't want it; there was no reason to do this," Sandhu said.

Why Is Redistricting **Happening in Galt?**

Galt, like other California municipalities and government agencies, is redistricting after receiving a demand letter from the Malibu-based Shenkman & Hughes law firm in August. The letter claimed that the city's current at-large voting system for the city of about 25,000 people potentially dilutes the ability of Latino voters to elect candidates for their choice or influence and election.

Latinos make up nearly 43% of Galt's population, according to 2020 U.S. Census

The letter, which stands as a primer for a potential lawsuit, claims that the at-large elections violate the California Voting Rights Act of 2001, which attempts to prevent the disenfranchisement of protected classes Protected classes under the law include voters of a certain race, ethnicity or other languages.

The letter gave the city 45 days to respond to the law firm with the intent to

switch to district-based elections or face potential litigation and increased legal

No municipality has successfully defended itself against redistricting; the ones that have attempted to fight the lawsuit faced lengthy and expensive legal battles that city officials said the city of Galt could not afford in the chance it loses

What Some Residents Think About the Proposed Maps

Galt resident Chris Brossman said the map submitted by Malson was close to the map he designed but failed to submit before the submission deadline for

Brossman said he hopes for two districts east of Highway 99 and two districts west of Highway 99 with a fifth district encompassing both sides of the highway.

He said he feels like the process is being overcomplicated.

"It's really not that complicated; we have to go with four or five districts, one of the two and then we look at where the population lies," Brossman said. "Where the population lies in another 10 years, someone else gets to redistrict it then. Let them worry about it."

Galt resident Ken Lee said he agreed with having districts that stretch across the Highway 99 freeway to bridge the older and new parts of Galt.

"You can balance the longtime residents with the newer residents," Lee said. "It's a fairer way to gauge what is going on with the city."

Mark Jackson who owns Next

Generation Barbershop, questioned what would happen if a sitting council member opted to run for mayor.

Interim City Attorney Frank Splendorio

meaning that if they lose, they will keep their seat. Another community member submit-

said they could run with a "safe seat,"

ted written comments that if the city did move toward a "strong" mayor, the residents should consider moving to a charter city instead of a general law city. A charter city has a locally adopted doc-

ument that gives it more local control over its own municipal affairs. A general law city is governed entirely by state statutes and has limited power to deviate from those laws regarding local issues. Galt resident Paul Salinas asked the

council to consider having an odd number of proposed elected district members and to avoid gerrymandering. He also added he would hope to focus on having an equal number of U.S. citizens, without considering political affiliations or ethnicity. Joe Bitondo, a longtime Galt resident,

wrote in an email to the council that he was excited about the prospect of having council districts and encouraged the council to "keep an open mind about this and accept change."

"Change is not always bad," Bitondo wrote. "For a long time, certain parts of town have been neglected. Now by having a council member who is responsible for that area and can be held accountable by the people is fantastic."

What's Next for Redistricting?

The maps that were presented are drafts and not the final plan.

Community members can submit their own maps and comments for consideration on the city's website, under the districting tab. To be considered for the subsequent public meeting, the comments must be received seven days prior to the public hearing date.

The next council meeting is Feb. 18. Farmer encouraged people to get involved

"It's a big deal that is really going to affect the community." Farmer said.

Chabolla Skatepark Revamp Moves Forward

Continued from page 1

Councilmember Bonnie Rodriguez said. "It's been a decade since members of the youth commission and other youth have been in these chambers asking for a skatepark. Maybe they will be able to bring their kids to this when it is finally done. I am glad we are finally moving forward."

The Chabolla Skate Park was constructed in 2003 as a temporary fix to repeated requests for a place for skateboarders to go in Galt and features modular structures.

Mayor Shawn Farmer said he remembers coming before the City Council in the late 1990s, along

with others, to ask for a skatepark.

The requests ultimately led to the temporary park.

"The one that we had that lasted 20-plus years was a temporary fix," Parks and Recreation Director Armando Solis said.

"Temporary for 20 years," Farmer added.

According to Griffin, public outreach will be conducted to review potential design renderings for city staff and the council to

Lodi resident Patrick Byron, a member of the skateboarding community and a former Rio Vista parks and recreation commissioner, thanked the council for approving the project and added he hoped for at least two community meetings to help gather feedback on the project.

Byron also questioned if Helix Environmental Planning or Wormhouldt Inc., would be conducting the community meetings. He said Wormhouldt has completed a few skate parks in the region that are "well-liked by the community," but skateboarders have noted a few things they would have liked to have seen done differently.

"We just want to ensure Galt gets the best skatepark

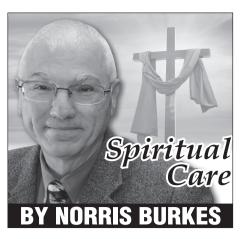
for its money," Byron said. "It's an expensive project, and it's a project that we would like to last a consid-

erable amount of time. ... "We just want to make sure it is done right and done for the best possible

outcome." Solis said before the item returns to the City Council, community members will have a chance to discuss it at a Galt Parks and Recreation Commission meeting.



What's it To You?



I first met Bill at Baylor University. He was a fellow ministerial student who imprinted his fraternity shirt with a mock Latin phrase, "Quid tibi est?"

In 1978, Google was still a long way off, so my fellow pledges asked him to translate it.

"What's it to you?" he asked with some defiance.

"Oh, come on," we implored, "Just tell us what it means."

Regarding us as lowly plebes, he weighted his last two words, "What's it TO YOU?"

The puzzle game went on a few minutes until we heard the literal translation – "What's-it-to-you?"

Game, set match. He had us.

But, I just shrugged it off becasue I'd dealt with folks like him in my past who were sanctimonious, always a self proclaimed expert who never offered any level ground to those of us who were searching.

One of my earliest such encounters was a church youth group leader named Sherry.

She always flashed bright smile before she pitched her loaded question, "Have you received the gift of the Holy Spirit?"

The question is a fallacious one, much like the one "Have you stopped beating your wife?"

It was impossible to give Sherry a good answer. If I said, "Yes, I'm full of the spirit," she'd lay out her Bible like a religious yardstick to determine if my holy spirit measured up to hers.

If I said "No," I confirmed her first impression that I wasn't a good Christian.

Worse yet, a "no" answer brought the worst question, "Do you want to speak in tongues?"

This question was a reference to the ecstatic and unintelligible language spoken by thousands of people in charismatic churches. But, no, I wasn't ready for that one.

I bring up the examples of Bill and Sherrie because I suspect that some of you have been turned off religion by people like them. If so, you're the victim of the loaded questions fired by the pious church goers into innocent bystanders.

These inquisitors are trying to reduce your spirituality to some kind of test that only they can pass with questions such as: "Don't you believe in Jesus? Don't you want the spirit in your life?" or "If you were to die tonight, did you know you'll go to hell?"

How do you answer questions like that from folks like this?

Fellow columnist Carolyn Hax suggests that we regard people's "nutritional label" and ask if they are worth the time. If not, she says, "Friends with a low decency content need to be treated as junk food."

I think this is true in our efforts to find a spiritual community too. Some people and places are just gonna be junk food, but we can also find quality people when we make the effort to look for them.

At the end of the day, spiritual junk food doesn't "fill" you any more than this woman's version of the "holy" spirit. You only encounter God through a spiritual relationship. And like all relationships, you ask questions, you must dialogue, you can even lose your temper, but you will also learn to laugh at yourself and forgive others.

In the meantime, to all you who've had someone discourage you from involvement with the local church, I leave with the strategy suggested in one more psudo-Latin phrase, "Illegitimi non carborundum."

The humorous phrase originated as an informal motto in the British Armed Forces.

It roughly means, "Don't let the idiots get you down," but if you Google it you'll find a more colorful version mock-Latin aphorism that is best left out of this family newspaper.

Schools to Fight Sexually Violent Predator Housing



Board President Terry Parker speaks on Christopher Dryden's potential placement in Galt during the Galt Joint Union High School District's meeting on Jan. 16. Photo by Sean P. Thomas

Continued from page 1

is not close to a school and the composition of the population is considered."

The Elementary School Board echoed those sentiments.

"The nature of this offender's previous crimes with a child under 14 years of age poses a significant threat to the safety and well-being of our

children," the elementary school board wrote. "The safety of our students cannot be underestimated."

If approved for placement, Dryden will be responsible for complying with any searches requested by law enforcement and share any employment information, including work schedules and travel routes with law

enforcement.

He is also required to register for life with the Sacramento Sheriff's Office as a convicted sex offender and be subject to GPS monitoring.

The final hearing on the placement is scheduled for 9 a.m. Jan. 31 in Department 24 of the Sacramento Superior Court.



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MEMORIAL

MARLENE JOAN BURROW ● 8/16/1935 — 12/4/2024

Marlene Joan Burrow, born on Aug. 16, 1935, in San Jose, Ca., to Charles and Vivian Facchino, passed away peacefully on Dec. 5, 2024, in Lodi, Ca., at the age of 89.

of 89.

Marlene was a vibrant presence who brought joy to those around her. She had a deep love for animals and the outdoors and cherished entertaining family and friends. Her many talents included painting, playing the piano, singing, dancing and practicing yoga. A spiritual soul with boundless energy, Marlene embraced life with passion and

creativity.

She is lovingly remembered by her daughter Terry Shebelut; brother Jon (Nancy) Facchino; sister Melanie (Tom) Stout; grandsons Kent (Deanna) Shebelut, Kenny Burrow, Craig (Breanne) Burrow, and Charli Burrow; as well as her great-grandsons Hunter, Jayden, Channing and



Jackson. Marlene also leaves behind nieces Alicia, Kendra, Patti, Lynn and nephews Chris and Tim and numerous cousins who will forever hold her memory dear. She was preceded in death by her parents Charles and Vivian Facchino and her son Kenneth Burrow.

A Celebration of Life will be held on Saturday, March 8, 2025, at 12:30 p.m. at the Living Well Event Center, 22975 Santa Cruz Highway, Los Gatos, Ca. Family and friends are warmly invited to attend.

In lieu of flowers, donations may be made to Absolute Compassion Hospice (6355 Riverside Blvd., Suite T, Sacramento, Ca. 95831), your local animal shelter or a charity of your choice.

Marlene's legacy of love and light will continue to inspire all who knew her. May her memory bring comfort to those she touched throughout her remarkable life.

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THE GALT HERALD • 5 JANUARY 24, **2025**

Kings Korner By V.G. Harris

Who's the hottest team in the NBA right now?! Well, if you're Steve Kerr, he's telling his Golden State Warriors it's the Sacramento Kings, as the former world champs embark on their short journey from the bay area to Golden One Arena on Wednesday night.

Winners of 9 out of the last 10 games, only the Milwaukee Bucks kept the Kings from riding a 10-game win streak.

Solid playoff bound teams like the Celtics, Bulls, and Rockets met with the defensive minded Sactown boys, and each came away wondering what just hit them.

Is there reason for optimism in Sacramento? You bet there is, and if there's one thing the Kings need to be caution of, it's making an ill-advised trade.

You find many fans or commentators that will argue that the Kings need to strengthen their front court, and the reason is that the current alignment is not living up to their billing.

Third year player, and much lauded Keegan Murray is having a subpar season, and if he doesn't watch out, fans will stop looking at him as a 3-point shooter. As of late, Keegan has made more impact on the boards and on defense than he has as a shooter. Sadly, in a 23-point blow-out of the Wizards, Keegan contributed only 4 points and failed to connect on all 5 of his 3-point attempts.

Not to be left out, Trey Lyles, who has been playing abysmal basketball as of late, scored only 4 points as well, while taking up 20 minutes of play on the hardwood.

Once considered the Kings 3-point assassin, Kevin Huerter took a total of six 3-point shots, connecting on just one. So, Murray, Lyles, and Huerter made exactly one 3-point field goal while putting in a combined 61 minutes of play on the

Why do I point out the negatives with the Kings winning 9 out of 10 games and climbing above the 500 mark? Sadly, none of the three just mentioned are likely to bring anything of value on the trade

While Keegan Murray held significant value on the trade market just one year ago, his interest and value has dropped to an all-time low, and many teams are likely

not interested in Keegan at all.

Similarly, Kevin Huerter is fortunate to make a basket from 3-point land at all, and the former starter for the Kings and 3-point specialist is likely to fall into the same disinterest category as Keegan Murray.

As for Lyles, like Keegan, he's having a subpar performance in 2024/2025, and his lack of offensive productivity will likely garnish him little interest from other

Unfortunately, while teams turn away from trade offers for Murray, Lyles, and Huerter, they will be coming strong for players like Fox, Monk, and possibly even

Of all the players the Kings have currently, it's possible that Keon Ellis has the most prolific upside. Ellis remarkably is supplanting other players on the team, as a Bonafide 3-point shooter. In Sunday night's win over the Washington Wizards, all Keon did was score 18 points in 18 minutes, while connecting on six 3-point shots to lead all players from beyond the arc.

Pay attention Sacramento, and I'm talking to you Monte McNair. Keon Ellis brings game on both ends of the court.

Sabonis remains untouchable if there is such a term in NBA circles today, but the gossip surrounding DeAaron Fox needs to die down, as any trade involving Fox from this writer's perspective is a bad idea.

The Kings need to hold the fort, pay little attention to trades involving Fox and Monk, and hope that Murray, Lyles, and Huerter will return to some form on shooting acumen. Slumps don't last forever, and the fact that the Kings have played with such assiduous vigor and success over the past 3 weeks gives Sactown some muchneeded breathing room.

Shout-out to Domantas Sabonis for taking player of the week in the Western Conference last week, and continuing to lead the league in rebounding and double-double's once again. Appreciate this remarkable big man, he's possibly the best we've ever had.

All the best Kings fans and enjoy this

Your thoughts are always welcome at vgharriskings fan@gmail.com.

Disaster-Prone California Should Adopt a Preventive Approach, Rather Than a Reactive One



By Dan Walters, CALMatters.org

As horrific as they may be, the wildfires sweeping through Los Angeles neighborhoods, destroying homes and businesses and killing dozens of people, are certainly not unprecedented.

Rather, they join a California continuum of natural and human-caused disasters that have afflicted the state throughout its history — fires most recently, but also earthquakes, floods, dam collapses and deadly riots. It's as if Californians must endure periodic calamities as the cosmic cost of enjoying unmatched attributes of weather, scenic beauty, mineral wealth and enormous amounts of arable land.

Precisely 60 years ago, for example, the ruggedly beautiful northwestern corner of California coped with immensely destructive flooding from epic storms. The Eel River basin received 22 inches of rain in just two days. Several small towns along

the Eel and Klamath rivers were destroyed, drowned in as much as 50 feet of water, and dozens of state and local bridges were demolished, isolating the region. The federal government even sent naval ships, including an aircraft carrier, to bring relief supplies and assist in search

and rescue efforts. Less than a year earlier, in areas prone to flood or

County town afflicted by the floods, had been clobbered by a tsunami touched off by a massive earthquake in Alaska.

The persistence of disasters befalling California is underscored by just one data point: During Pete Wilson's governorship in the 1990s, every California county was declared a disaster area at least once, and several times in some counties.

Wilson's emergencies included the 1994 Northridge Earthquake, the 1992 Rodney King riots and heavy flooding in 1997 that sparked disaster declarations in 48 of the state's 58 counties.

Simultaneously during his time in office, California experienced the worst recession since the Great Depression, a severe drought and was just beginning to recover from the 1989 Loma Prieta earthquake in the San Francisco Bay Area that destroyed a section of the Bay Bridge, among other things. It was as if the four horse-

men of the apocalypse were galloping across California, dragging Wilson behind To his credit, Wilson fig-

uratively shrugged his shoulders and assumed the role of crisis manager, even though, ironically, the disasters undermined his plans for "preventive government" that would deal with issues before they became crises. If disasters of one kind

or another are baked into California's existence, what could be done to mitigate their impacts? When it comes to floods

and wildfires, we could — if we had the political will either stop building homes

Crescent City, a Del Norte fire, or at least impose strict standards on construction to make buildings less vulnerable, as we do for earthquakes.

There is some anecdotal evidence that homes built with fire-resistant materials, including non-flammable roofs, have fared better in the Los Angeles fires. We could start by imposing tough new building standards when neighborhoods scorched by current fires are rebuilt.

We also need to plan for better escape routes and install better systems for warning people to evacuate. The narrow winding streets in Southern California's upscale communities became death traps for some.

Finally, we need a new approach to insurance coverage. Insurance Commissioner Ricardo Lara is finalizing a new regulatory system that would let insurers include estimates of future losses and costs of reinsurance in their premiums, hoping that it would prop up a very unstable market. Maybe we should go

beyond that. Maybe we need the state to provide basic casualty coverage in a master statewide policy financed by mandatory fees on property, with the option for property owners to purchase supplemental coverage. If disasters are unavoid-

able in California, we need to accept that fact and adopt Pete Wilson's preventive approach, rather than merely reacting after the fact. Dan Walters is one of most

decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's

political, economic, social and

demographic trends.

SacRT Awarded Grant to Fund **Construction of New Light Rail Station**

Sacramento Regional Transit News Release

SACRAMENTO, CA (MPG)

- The US Department of Transportation (DOT) announced Jan. 10 that Sacramento Regional Transit District (SacRT) has been award \$9.5 million from the Rebuilding American Infrastructure with Sustainability and Equity (RAISE) program. The grant provides the

final funding needed to construct the Dos Rios Station, a new light rail station on SacRT's Blue Line. The station will serve the Mirasol Village housing development and Sacramento's River District, just north of downtown Sacramento.

"SacRT continues to be at the forefront of innovation and community-centric development – making sure our neighborhoods are connected and Sacramentans can get where they need to be," said Congresswoman Doris Matsui. "The new Dos Rios Light Rail Station is a critical investment for the future of the River District. With this transformative project, we are enhancing mobility and igniting economic growth to improve the quality of life for those residents. I was proud to fight to secure this funding and look forward to seeing its positive impact in the near future."

The Dos Rios Station is a \$43 million dollar project at the intersection of Ahern, Sproule and North 12th Streets. Preliminary work has already begun at the site, constructing a retaining wall and leveling ground. Major construction is scheduled to begin this spring, with riders to expect service disruptions this summer. The station is anticipated to open by the end of 2026.

"Expanding public transit infrastructure strengthens our communities," said U.S. Senator Alex Padilla. "Thanks to funding from



Here is a rendering of the Dos Rios Light Rail Station.

the Bipartisan Infrastructure Law, the Dos Rios Station will increase access to reliable and affordable transportation for Sacramento residents, connect historically underserved neighborhoods, and boost local economic growth."

State Senator Angelique Ashby, a key supporter of the project, highlighted the station's impact on mobility.

"The Dos Rios Station provides critical access to the families living or working in the River District," said Ashby. "Public transportation provides opportunities otherwise unavailable to many Sacramento residents. We want riders to move about the city for work, school, and recreation - improving quality of life regardless of income level.'

"With the strong support of our congressional delegation and our local partners, we've been making tremendous progress to deliver the new Dos Rios Station. This funding award is the last piece of the puzzle to complete project delivery to increase connectivity for the community," said SacRT General Manager/ CEO Henry Li. "Thank you to US Senator Padilla, Congresswoman Matsui, and State Senator Ashby for helping Sacramento to lead the way.

"I'm proud that SacRT, in conjunction with our federal partners, has been able to respond swiftly to the community's needs to secure funding for the Dos Rios Station," said SacRT Board Chair, Sacramento County Supervisor Patrick Kennedy. "This project is a testament to what we can accomplish when we come together with a shared vision and determination." "We're extremely excited

to be part of this longawaited celebration for the SacRT Dos Rios Station project which will create a key link in connectivity that has been missing in the River District for decades," said La Shelle Dozier, SHRA executive director. "The new station will serve an important transportation need for residents at the new Mirasol Village development across 12th Street to be able to get to work, school, appointments and other places, while also enhancing access to the new housing, public amenities, and attractions in the district."

The Dos Rios Station represents a collaborative effort to improve accessibility and equity in the Sacramento region. The RAISE grant completes the financing required for the project, enabling SacRT to preserve other funding for system operations and maintenance.

For more information on the Dos Rios Station project and updates, visit sacrt.com/ dosrios.

depends entirely on how

much you will earn from

working full time prior to

your FRA. If you exceed

the annual earnings limit

before your FRA, SS will

take away some of your

benefits or, if you greatly

exceed the earnings limit,

you may even be temporar-

ily ineligible to get benefits

(until you either reach your

FRA or earn less). But

note, if you decide to claim

early and any SS bene-

fits are withheld because

you exceeded the earnings

limit, you will get credit

for that (in the form of a

slightly increased benefit)

Social Security Matters

About When to Claim Social Security and Taxation of Benefits



AMAC Certified Social Security Advisor

Dear Rusty: I am 65 and currently working full-time. Can I apply for and start receiving my Social Security benefit? I'd expect to have to pay income tax on it if/when I do. Signed: Curious Worker Dear Curious Worker:

If you are working full time, you should likely delay claiming Social Security at this time. At age 65, you haven't yet reached your SS full retirement age (FRA), so you will be subject to Social Security's "annual earnings test" which limits how much you can earn from work while collecting early benefits. The earnings limit for 2025 is \$23,400 and if you earn more than the annual limit, SS will take away \$1 in benefits for every \$2 you are over the limit. If you

earn significantly over the

limit, you may even be

temporarily ineligible to collect SS benefits. FYI, the annual earnings limit goes away when you reach your full retirement age, which for you is 66 years and 10 months, or March 2026.

As you obviously already know, a portion of your Social Security may be subject to income tax after you start collecting. The threshold for taxation of SS benefits depends on your IRS filing status if you file your taxes as a single and your combined income from all sources (including half of the SS benefit you received during the tax year) exceeds \$25,000 then 50% of your received SS benefits are taxable. But if you file taxes as "married/jointly" and your combined income is over \$32,000, then up to 85% of your received SS benefits are taxable. Thus, whenever you claim SS, you may wish to consider having income tax withheld from your SS benefit. This is optional, and you can do this by submitting IRS Form W-4V to your local Social Security office, or you could choose to increase your income tax withholding at work or, alternatively, pay estimated

after you reach your full retirement age. This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed dation.org/programs/ social-security-advisory) amacfoundation.org.

by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfounor email us at ssadvisor@

income taxes quarterly. So, whether you can claim Social Security now

COMMUNITY BRIEFS

Nominate Your Neighbor

The Galt Beautification Committee wants you to "nominate your neighbor." Has your neighbor recently completed a yard project? Does your neighbor have the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know.

Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org.

The best submissions will be included in future newsletters and City Manager Updates.

Square Dance Classes on Mondays

The Diamond Dancers Square Dance Club hosts social square-dancing classes in Galt. The classes are open to everyone and are held from 6:30 p.m. to 8 p.m. Mondays at the Valley Oaks Grange Hall. The classes are formatted for flexibility and students can learn numerous square dance calls in about three months.

The Valley Oaks Grange Hall is at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

Nar-Anon Family Group Meetings

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held locally from 9:30 a.m. to 10:30 a.m. Saturdays at the Galt United Methodist Church, 571 C St. in Galt.

Meals on Wheels Cafe **Accepting Older Adults**

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave.

The cafe is open at 11:30 a.m. Mondays through Fridays for adults age 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

Senior Bingo Weekly at Chabolla

The Galt Commission on Aging is hosting free Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave. from 1 p.m. to 3 p.m. Mondays (except holidays and when required by the city).

Seniors of Galt and its immediate vicinity are invited to have fun and play bingo together and socialize.

Library Offers Older Adults Computer Time

In cooperation with the Galt Commission on Aging, the Galt-Marian O. Lawrence Library will schedule a set time for older adults to use its computers, upon request. Those 65 and older who want computer time can call the library at 916-264-2920. Staff will help set up the computer or tablet.

The library is open from 10 a.m. to 6 p.m. Tuesdays through Saturdays at 1000 Caroline Ave.

City After-Hours Assistance

After-hours assistance is available at the Galt Public Works and Parks and Recreation departments. For Public Works concerns, call the Galt Police Department nonemergency line at 209-366-7000. The Parks Maintenance Division is available for scheduled field or facility use assistance only from to 10 p.m. Mondays to Fridays and from 7 a.m. to 10 p.m. Saturdays and Sundays. Call 209-810-0293

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side at the front entrance to the Galt Police Department or on the east side at Galt Community Park, just west of the fire station. The green bin is only for dry-cell household batteries.

For additional information, contact the Public Works Department at 209-366-7260.

Volunteers Sought for Senior Resource Center

The Commission on Aging is looking for volunteers to operate a computer and are willing to answer questions from seniors in person, over the phone, on social media and by email at the Galt Senior Resource Center.

Volunteer slots are available in twohour increments for up to four hours from 10 a.m. to 2 p.m. Mondays through Thursdays, excluding holidays.

Volunteers will be trained and can contact commission members if questions

The resource center is at the Chabolla Community Center, 600 Chabolla Ave. If interested in helping, call 209-294-3308 and leave a message or inquire in person.

ABOUT TOWN

Chili Cook-off at **River Rock Brewery** Jan. 25

River Rock Brewery is hosting a chili cook-off Jan. 25 to help raise money for the Sunshine Food Pantry in Galt. To sign up, register at River Rock Brewery, 608 N. Lincoln

In addition to the chili cook-off, attendees can enjoy \$5 beers throughout the event and take part in raffle prizes and a silent auction.

All the proceeds from the event will benefit the Sunshine Food Pantry.

18th Annual Winter Bird Festival Feb. 1

The city of Galt is hosting the 18th annual Winter Bird Festival on Feb. 1. The event provides local ornithologists a chance to learn more about their avian subjects, and enjoy local tours of nature preserves, take in bird photography, workshops and

The event is free and will take place at McCaffrey Middle School from 9 a.m. to 3 p.m.

Elk Grove **Community Band** Concert Feb. 3

The next Elk Grove Community Concert Band Concert, free for the community, is from 7 p.m. to 8 p.m. Monday, Feb. 3 in the Multipurpose Room at Joseph Kerr Middle School, 8865 Elk Grove Blvd.

Christopher J. Tootle is musical director of the band, which includes professional, semi-professional and amateur adult musicians; and talented Elk Grove Unified School District school musicians.

The band's future concerts are April 7 and May 19. Learn more at elkgrovecommunityband.org.

Artists' and Authors' Education Expo Feb. 6

The Galt Adventist School is hosting a student art exhibit and writing presentation on Feb. 6 to help raise funds for the 2025-2026 school year.

Students will display their art and writings for family and friends to view, and a silent dessert auction will take place to help raise funds for the upcoming school year.

Hors d'oeuvres and light refreshments will be served, and families can take advantage of a special \$130 pre-registration fee to secure a spot for the 2025-2026 school year.

For more information, go to galtadventistschool. com/school-news.

Night to Shine at Galt High School Feb. 7

The Horizon Community Church in Galt is hosting "Night to Shine," an unforgettable prom night experience for people with special needs, on Feb. 7 at Galt High School.

The nationwide event was created by the Tim Tebow Foundation in 2014 and seeks to provide a prom experience for people with special needs ages 14 and older. The event is Each guest will be cel-

ebrated, and a King and Queen will be crowned at the event. All of the guests will also receive a special take-home gift bag. Registration is currently

full, but the event is still

seeking "buddies" to help

accompany the guests.

For more information, contact Night to Shine Nor-Cal at 209-754-0700 or email at NTS@ Horizonweb.org.

Post 233

American Legion Post 233 and Auxiliary Unit 233 has general meetings the fourth Thursday each month at 7 p.m. at the Elks Lodge, 9240 Survey Road, Elk Grove. Dinner at 6

Legion Post 233 Family Breakfast meets the first Saturday each month with location TBD. Currently we meet at Mimi's Cafe on the corner of Laguna Boulevard and West Stockton Boulevard (just off Highway 99).

Henry at 916-205-9296 or Sue at 916-683-6128.

Legion, Squadron 233 meets the first Monday each month at 5:45 p.m. at the Veterans Hall, 8230 Civic Center Drive, Elk Grove.

Other Veterans Meetings Listed

American Legion Post 55, Veterans and Auxiliary Units: fourth Wednesday. Dinner 6 p.m., meeting 7 p.m., Veterans Hall, 8230 Civic Center Drive. Breakfast: second Saturday, 8-10 a.m., 8830

Marine Corps League: first Thursday. Dinner 6 p.m., meeting, 7p.m., Veterans Hall, 8230 Civic

Thursday. Dinner 6 p.m., meeting 7 p.m., Veterans Hall, 8230 Civic Center Drive.

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Legal Advertising Fax 916-773-2999

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-08564 Tyler James Mackenzie, 800 S Lincoln Way, Unit C, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Get it Gone Junk Removal" 800 S Lincoln Way, Unit C, Galt, CA 95632. Filed with the Clerk of Sacramento County November

Publish: January 10, 17, 24, 31, 2025 **GET** 1-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00154 Underwood Hauling and Junk Removal LLC, 691 Cedar Flat Avenue, Galt, CA 95632 is doing business under the Fictitious Business Name(s) Doody" 691 Cedar Flat Avenue, Galt, CA 95632. Filed with the Clerk of Sacramento County January 9, 2025 Publish: Jan 17, 24, 31, Feb 7, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00204 Paul Pevehouse, 162 Stirup Court, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "Power House Repairs" 162 Stirup Court, Galt, CA 95632. Filed with the Clerk of Sacramento County

January 10, 2025 Publish: Jan 24, 31, Feb 7, 14, 2025 **POWER** 2-14-25

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV024003

Ashiesh Chand has filed a pe-

tition with this court for a decree changing the name(s) of Ashiesh Chand to Warehn Chand Vurtan. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 27, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any,

why the petition for Change of Name should not be granted. Dated: December 30, 2024 Christopher E. Krueger, Judge of the Superior Court Publish: January 10, 17, 24, 31, 2025

> SUPERIOR COURT OF **CALIFORNIA** COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001221

1-31-25

Cayla Jo McDonell-Encina has filed a petition with this court for a decree changing the name(s) of Cavla Jo McDonell-Encina to Cayla Jo McDonell. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on June 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 15, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 24, 31, Feb 7, 14, 2025 2-14-25 MCDONELL

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001124

Karen Bao Vang has filed a petition with this court for a decree changing the name(s) of Karen Bao Vang to Bao Vaaj Nchaiv Txab.

IT IS ORDERED that all per sons interested in the above-entitled matter appear before this court on June 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 15, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Jan 24, 31, Feb 7, 14, 2025 TXAB 2-14-25



Notice is hereby given that the Galt Joint Union High School District (hereinafter referred to as "Owner") will receive sealed bids prior to the date and time stated for the bid opening for the award of a contract to construct the following project:

NOTICE TO BIDDERS

Galt High School Fire Alarm System Replacement

as per the Contract Documents, including the drawings and specifications, which may now be obtained electronically from the following link:

https://www.ghsd.us/apps/pages/index.jsp?uREC_ID=3755311&type=d&pREC_ID=2393853

The lowest bid shall be determined on the amount of the base bid.

This Contract is subject to prequalification. Public works projects shall be subject to compliance monitoring and enforcement by the

Department of Industrial Relations. For all projects over Twenty-Five Thousand Dollars (\$25,000), a contractor or subcontractor shall not be qualified to submit a bid or to be listed in a bid proposal subject to the requirements of Public Contract Code section 4104 unless currently registered and qualified under Labor Code section 1725.5 to perform public work as defined by Division 2, Part 7, Chapter 1 (§§1720 et seq.) of the Labor Code. For all projects over Twenty-Five Thousand Dollars (\$25,000), a contractor or subcontractor shall not be qualified to enter into, or engage in the performance of, any contract of public work (as defined by Division 2, Part 7, Chapter 1 (§§1720 et seq.) of the Labor Code) unless currently registered and qualified under Labor Code section 1725.5 to perform public work and proof of registration is provided.

The Contract Time shall be seventy-five (125) calendar days, and liquidated damages for delay shall accrue. See Article III of the Agreement for details.

> Bids must be sealed and filed at Galt Joint Union High School District Office in the following building:

150 Camellia Way, Galt, California 95632

on February 18, 2025, before 2:00 PM on the clock designated by the Owner or its representative as the bid clock. No bid will be accepted by the Owner after this time. Facsimile (FAX) copies of the bid will not be accepted. Bids may be opened immediately after the above deadline for submittal, or at a later time, within the Owner's discretion.

Mandatory pre-bid site visit will be held on February 3, 2025 at 3:30 PM, at Galt High School, 145 N. Lincoln Way, Galt, CA 95632. Bidders not attending will be disqualified.

This project is subject to the "prime" or the "general contractor" being prequalified with the school district at the time of bid. Any bid submitted by a prime contractor who is not prequalified shall be non-responsive and returned unopened to the bidder. If you would like to be prequalified for this project, the contractor holding an A, B, C-10, or C-16 license may do so on the Quality Bidders website by the hyperlink found here: https://www.qualitybidders.com

Bids must be accompanied by a bidder's bond, cashier's check, or certified check for at least ten percent (10%) of the amount of the base bid and made payable to the Owner, as detailed in the Contract Documents.

Pursuant to the Contract Documents, the successful bidder will be required to furnish a Payment (Labor and Material) Bond in the amount of one hundred percent (100%) of the Contract Sum, and a Faithful Performance Bond in the amount of one hundred percent (100%) of the Contract Sum.

The successful bidder will be allowed to substitute securities or establish an escrow in lieu of retainage, pursuant to Public Contract Code Section 22300, and as described in the Agreement Between Owner and Contractor and General Conditions. The Owner will not consider or accept any bids from contractors who are not licensed to do business

in the State of California, in accordance with the California Public Contract Code, providing for the licensing of contractors. In accordance with Section 3300 of said Code, the bidder shall have a Class A, B, C-10, or C-16 license at the time of award and shall maintain that license in good standing through Completion of the Contract and all applicable warranty periods. For all projects over Twenty-Five Thousand Dollars (\$25,000), the bidder shall state the public works contractor registration number on the Designation of Subcontractors form for each subcontractor performing more than one-half of one percent (0.5%) of the bidder's total bid.

The Director of Industrial Relations of the State of California, in the manner provided by law, has ascertained the general prevailing rate of per diem wages and rate for legal holidays and overtime work. The Contractor must pay for any labor therein described or classified in an amount not less than the rates specified. Copies of the required rates are on file at the Owner's business office and are available on request.

PUBLIC NOTICE

Sacramento-Yolo Mosquito and Vector Control District NOTICE OF PUBLIC AUCTION

NOTICE IS HEARBY GIVEN pursuant to California Health and Safety Code section 2041, subdivision (C) that: Beginning on January 30, 2025 public property will be posted for competitive bidding and sale on

https://www.govdeals.com/SacramentoYoloMosquitoVectorControl Each online public sale will begin approximately by 3 PM PST and And will continue for a period of ten (10) days. The property will be sold to the highest bidder upon auction

close. If you are interested in bidding on the property, go to: https://www.govdeals.com/ SacramentoYoloMosquitoVectorControl for instructions on how to place a bid. If you have any questions concerning this sale or the property to be sold, please contact:

(916) 405-2069

Robert Fowler

rfowler@fightthebite.net

The Galt Herald 1-17, 1-24-2025

LEGAL ADS FOR SACRAMENTO COUNTY? MPG 916-773-1111

The Galt Herald 1-24, 1-31-2025

American Legion

Elk Grove American

For information, call

Sons of the American

Sharkey Ave.

Center Drive. VFW Post 2073: second

POLICE LOGS

During the time period of Jan. 14 to Jan. 20, Galt Police received and responded to a variety of calls, resulting in 10 arrests.

Jan. 14

5:09 p.m., Warrant service/adult arrest, St. Christopher's Catholic Church on South Lincoln Way.

6:35 p.m., Fraud, Janine Court: Name forged on check and cashed.

Jan. 15

1:26 p.m., Theft, Sacramento Career Works Center on C Street: Vehicle registration and tags stolen.

2:34 p.m., Fraud, Canyon Creek Way: Reporting party sent deposit to rent a home; subject money was sent to is not the owner of the property.

8:27 p.m., Drunk and disorderly/adult arrest, Dawn Circle.

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8:36 p.m., Vandalism/ adult arrest. Rio Mesa Court.

Jan. 16

2:56 p.m., Recovered stolen vehicle/adult arrest, Marengo Road/Twin Cities Road.

Jan. 17

9:42 a.m., Narcotics violation/adult arrest, Fairsite School on Caroline Avenue.

4:41 p.m., Vandalism, Blackwell Way/Charsley Way: Cover for streetlight is off and wires are

9:58 p.m., Theft, Oberlin Way: Package taken.

Jan. 18

7:16 a.m., Stolen vehicle reported, Alpen Rose Way.

7:29 a.m., Vandalism. Wren Drive: Vehicle window broken.

8:58 a.m., Warrant service/adult arrest, 7-Eleven

and due

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on Pine Street.

12:36 p.m., Warrant service/adult arrest. Simons Street/Palin Avenue.

3:43 p.m., Theft, Gary Avenue: Catalytic converter stolen.

6:28 p.m., Theft, Dover Drive: Catalytic converter stolen.

10:09 p.m., DUI/adult arrest, North Lincoln Way/ Elm Avenue.

Jan. 19

1:59 a.m., Warrant service/adult arrest, Raley's, Twin Cities Road.

4:14 a.m., DUI/adult arrest, More for Less, North Lincoln Way.

Jan. 20

11:59 a.m., Theft, Palin Avenue: Catalytic converter stolen.

4:43 p.m., Theft, Three Palms Mobile Estates on Pringle Avenue: Medication and firearm taken from safe.

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August 11-21, 2025

New Law Inspired by Ex-Lawmaker's DUI Adds to Alcohol Education in California Schools

By Ryan Sabalow, **CALMatters.org**

California public school students will get additional coursework on the harms of alcohol in 2025, thanks to a new law from a former lawmaker whose drunken driving arrest inspired her legislation.

September, Ιn Gov. Gavin Newsom signed Assembly Bill 2865 by former Los Angeles Democratic Assemblymember Wendy Carrillo, whose DUI last year helped derail her political career.

California schools are already required to provide instruction about alcohol, narcotics and other dangerous drugs. This bill would require that schools also provide instruction about the short- and long-term harms of excessive drinking — including alcohol's link to chronic diseases, mental health problems and deaths.

As she pitched her bill to her colleagues in 2024, Carrillo told them that it was important for students to learn about alcohol's consequences in the hopes they don't go down the path she did.

"I wish I would have known in high school what I know now," she said at one hearing. "I would have made different choices."

On Nov. 3, 2023, Carrillo crashed into parked cars in Northeast Los Angeles. Police said her blood-alcohol level was twice the legal limit, according to the Los Angeles Times. She ended up pleading no contest to the DUI in the middle of her race for Los Angeles City Council, which she lost. Because she ran for city council, Carrillo left her Assembly seat this year.

Carrillo said her DUI was a wake up call for her. She said she started going to therapy and became sober. As she reflected on her life, she said her own struggles with booze began at an early age. And she was troubled by how prevalent alcohol is in society, despite its documented dangers.

Alcohol is a National and **Global Health Issue**

According to federal health officials, alcohol-related diseases kill 178,000 people in the U.S. each year, and death rates are increasing. Noting that alcohol causes at least seven types of cancer, including bowel and breast cancers, the World Health Organization last year declared that "when it comes to alcohol consumption, there is no safe amount."

Carrillo testified that 54 Californians die each day from alcohol.

"I want young people to learn early how something that is so legally and easily accessible can do so much harm if not consumed with more knowledge and more responsibility," she told her colleagues.

Her bill passed without any lawmakers voting against it.

What Law Will Do

Under the new law, school boards can decide which grades receive the new instruction. They can ask the state for reimbursements for the costs of instruction, training and updates to instructional materials, said Nicholas Filipas, a spokesperson for the California Department of Education.

At the San Juan Unified School District in the Sacramento region, educators shouldn't have trouble rolling the bill's requirements into their schools' curriculum, said Raj Rai, a spokesperson for the district, which educates about 39,000 students.

"Alcohol education has been embedded into our high school health class curriculum for quite some time," Rai said in an email. "Our curriculum team will review the currently adopted health materials to see if anything additional is needed to meet the new requirements."

The district already has several programs that teach students grades six through 12 about the harms of alcohol and drugs with the goal of reducing or eliminating teen substance abuse.

The district's high schools also regularly participate in California's Highway Patrol's "Every 15 Minutes," Rai said.

The CHP describes the program as challenging teens to "think about drinking, driving, personal safety, the responsibility of making mature decisions and the impact their decisions have on family, friends, their community, and many others." Ryan Sabalow is a

Digital Democracy reporter for CalMatters. A graduate of Chico State University, he began his career covering local news for the Auburn Journal in Placer County and The Record *Searchlight in Redding.* ★





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According to national day calendar.com, today, National Peanut Butter Day, recognizes an American staple in our pantries. Whether creamy or chunky, with chocolate or with jelly, peanut butter gets the recognition it deserves each year on this

The early peanut butter made by the Aztecs and Incas around 1000 B.C. was more of a paste and not nearly as creamy as the peanut butter we know now. Peanut butter didn't become widely used until the 20th century. First, peanuts had to be considered more than animal feed, which wasn't until the late 1800s.

At the turn of the century, inventions that made planting, cultivating, and harvesting the legume (the peanut isn't a nut at all) made it possible to see the peanut as a retail and wholesale food item. Peanut butter is a good source of vitamin E, B6, niacin, calcium, potassium and iron. It's packed with protein and is rich in healthy monounsaturated fat.

We can thank four men for the inventions and processes that bring us the creamy, smooth peanut butter we enjoy today. Marcus Gilmore Edson of Canada,



Dr. John Harvey Kellogg, Dr. Ambrose Straub of St. Louis, Mo., and chemist Joseph Rosefield. In 1884, Edson developed a process to make peanut paste from milling roasted peanuts between two heated plates. The famous cereal maker and health food specialist of the time, Kellogg patented a process with raw peanuts in 1895. Dr. Straub is responsible for patenting a peanut butter-making machine

Peanut butter was introduced to audiences at the 1904 Universal Exposition in St. Louis at C.H. Sumner's concession stand. But the man who brought us the peanut butter we know and love today was Joseph Rosefield.

In 1922, through homogenization, Rosefield was able to keep peanut oil from separating from the peanut solids. He later sold the patent to a company that began making Peter Pan peanut butter. Rosefield then went into business for himself selling Skippy peanut butter through Rosefield Packing. He also supplied peanut butter for military rations during World War 11.

Some fun facts: Two tablespoons of creamy peanut butter contain 188 calories. Peanut butter cannot be dehydrated; the fats in peanut butter prevent it. However, powdered peanut butter is made by pressing out the oils and then grinding it into a powder. Adding water to the powder creates a paste very similar to creamy peanut butter.

Powdered peanut butter contains less fat and fewer calories than regular peanut butter. Two tablespoons of powdered peanut butter contain 50 calories.

I love chunky peanut butter, so much better than creamy. I like the crunch of the peanut chunks and in a sandwich with fresh bread and raspberry or plum jam, it

And homemade chunky peanut butter cookies with cold milk: YUMMM! I have the best recipe for the cookies, I got it from Don's mom. The chunks of peanuts and some oatmeal meal to enhance the flavor; it really is a great combination. That sounds so good right now. The thing is ... if I make them, then I will eat them and that is not good for me. So, I will settle for a half peanut butter sandwich and be satisfied.

How are you doing on those New Year's resolutions? If you have made it this far, you are doing better than most people. Most resolutions are broken by the second Friday in January. Which seems awfully quick. However, if you have stuck with it this long, more than likely your resolution has become a habit. So, cheers to you for staying on course and walking the straight path.

Friendly reminder: There are three weeks until Valentine's Day. If you are making big plans, it is probably best to start making them, LIKE yesterday! Wait too long and you will be eating fast food and having a candy bar for dessert.

Until next week – be strong, be courageous, make a memory.

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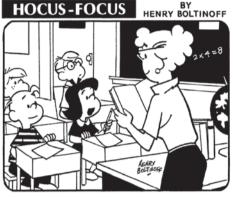


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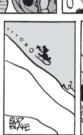


Pencil is added on desk.

Find at least six differences in details between panels

Differences: 1. Desk leg is missing. 2. Book is missing. 3. Doorknob is higher. 4. Blackboard is wider. 5. Bow is missing.









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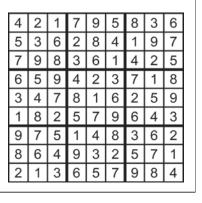
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CLUES

ACROSS

- 8. Dao, alt. sp. 11. Between marquess

- 17. Deprived of a limb 18. *Half-time headliner
- 22. Flightless bird
- _ the fields
- we go" 31. Merry
- 37. Not him 38. Cell phone bill item
- 43. What rule follower does
- 52. *Team with most Super Bowl appearances
- 56. Casino chip
- 59. En _____, all together 60. Like Piper of Hamelin

- 2. Songbird 3. Craving
- 7. 52 cards

- 10. 1, e.g. 12. Cherry red
- 13. Post vitriol 14. *Team with no Super
- 19. Looney Tunes duck
- 23. Meat of coconut
- 26. Grow crop
- 27. Brag 28. Algorithmic language 29. Ganders' companions

- Lady'
- 41. Hardened
- 46. Pig sounds 48. Bouncing off the walls 49. Weasel's aquatic

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- 1. Bungle 5. Cause of a trip?
- 12. Super garb?
- 13. Inlet in Norway 15. Cogito sum
- 16. Long story
- 20. Ice, dark or middle
- 21. *Cindy Crawford wore "____ Dukes" in a Super Bowl ad
- 23. *Last year's Super Bowl winners 26. A cheap, run-down motel
- 34. Actor's part 35. Expensive
- 39. Civil Rights icon 40. *David Tyree's _ Catch 42. Letters of distress
- 45. Get cozy
 47. Greed, biblically-speaking
 48. Grieve for the dead
- 50. Time period
- 55. 3600 seconds, pl.
- 57. Salmon's output
- 61. Uber alternative 62. ____ Robinson 63. Acronym, abbr. 64. "Come Sail Away"

DOWN

band

- 1. Service charge
- 4. Marilyn Monroe, e.g. J. ____ lazuli 6. Hot
- 8. Hefty volume 9. Greek god of war
- Bowl appearances
- 22. Architectural add-on
- 24. Roman king of Judea 25. Like certain whiskey
- 32. Tom Jones's "
- 33. Rolodex abbr.
 36. *____ Superdome
 38. Wombs
 40. Lady lobster
- 44. Follows wash

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50. Fly like an eagle 51. Boot-wearing kitty

52. Mama Bear's husband 53. To perfection (3 words) 54. *Justin Timberlake's "____Back," sung in Super

55. Expression of doubt 58. *Steelers' number of Super Bowl trophies

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

10 · THE GALT HERALD JANUARY 24, 2025

Hornet Softball Releases 2025 Schedule



The Sacramento State Softball team is scheduled to play 50 games in 2025. Photo by Sacramento State Athletics

Sacramento State University Athletics News Release

SACRAMENTO REGION, CA (MPG) -Sacramento State Softball's 12th-year head coach Lori Perez announced the team's 2025 schedule, which is comprised of 50 games, including 27 at Shea Stadium.

This year's regular season schedule, which also includes 17 road games and six at neutral sites, runs from Feb. 6 until May 9. The Hornets will play in three preseason tournaments, including a pair of annual home events, NorCal Kickoff (Feb. 6-9) and Capital Classic (Feb. 28-March 2).

The Big Sky Tournament will take place in Greeley, Colo., May 6-9, and should the Hornets win the title, they would compete at NCAA Regionals beginning May 16.

Sacramento State is coming off a 2024 season in which the team finished with a 28-20 overall record and 7-4 in the Big Sky Conference. The Hornets went 2-2 at the Big Sky Tournament and fell one victory shy of reaching the tourney title game.

Sacramento State returns just 12 players from a year ago, as the team welcomes 14 new players to the program. The Hornets graduated 11 seniors from last season's team.

Of the Hornets' 35 non-conference games, 26 will be played in the state of California. The Hornets will travel to Hawaii for the Spring Fling (Feb. 13-15) and play a three-game set at Oregon State (March 15-16). Sacramento State will play 18 non-league games at home, including the two tournaments, and home dates with UC Davis, BYU, Fresno State, Cal. Stanford, Pacific, Lovola Marymount and Columbia. The LMU games are a three-game set the weekend before conference play begins.

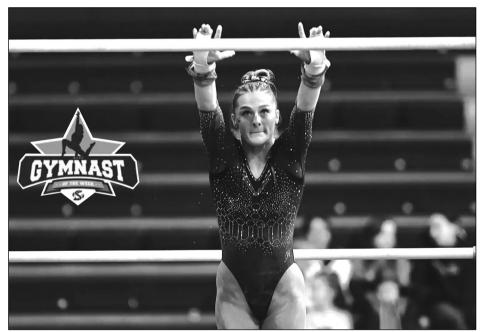
Sacramento State will play 15 Big Sky games featuring the usual threegame series format with doubleheaders on Fridays and single games on Saturday between March 28 and April 26.

In conference play, the Hornets will host three-game series vs. Idaho State (March 28-29), Northern Colorado (April 11-12) and Weber State (April 18-19). Road series will take place at Portland State (April 4-5) and Montana (April 25-26).

Sacramento State's coaching staff has two new additions, first-year assistant coach Marina Demore, and first-year student assistant Lewa Day. Demore will serve as the pitching coach after spending the 2024 season as interim head coach at Nevada. Day recently completed her playing career at Sacramento State (2020-24) in which she established herself as one of the greatest players to wear the Green and Gold.

Every home game (schedule permitting), and road games against a Big Sky opponent, will stream on ESPN+.

Hornet Named Gymnast of the Week



Sacramento State gymnast Kara Houghton was named the Mountain Pacific Sports Federation Gymnast of the Week on Jan. 7. Photo by Sacramento State Athletics

Sacramento State Athletics News Release

SACRAMENTO REGION, CA (MPG) -Sacramento State gymnast Kara Houghton was named the Mountain Pacific Sports Federation Gymnast of the Week, it was announced on Jan. 7. The honor was the first for Houghton during

On Sunday, Jan. 5, the junior from Parker, Colo., helped the Hornets record their highest score in a season-opening meet and defeat both UC Davis and UW-Oshkosh in the process, at The Nest. Sacramento State totaled 194.700, topping the previous record of 194.475 which came at the 2017 NorCal Classic.

Houghton scored 9.800 in each of her three events. She finished in second place on bars and tied for second on beam and floor. Her scores on bars and beam are tied for the eighth highest by a Sacramento State gymnast in a season opener.

The Hornets followed up their success in the season-opening meet with a 194.625-193.825 win over San Jose State on Sunday, Jan 12, at The Nest.

The Hornets are scheduled back in action at The Nest on Friday, Jan 17, against Cornell University and Alaska-Anchorage, after press time.

River Cats Conducting National Anthem Auditions

River Cats News Release

SACRAMENTO REGION, CA (MPG) - The opening of every ballgame starts with the National Anthem, and the Sacramento River Cats want to give you the chance to perform. The River Cats have announced their National Anthem auditions for the 2025 baseball season will take place at Sutter Health Park on Sunday, Feb. 16.

Auditions are open to all soloists and instrumentalists, and those interested in performing prior to a River Cats game must submit an audition demo by Friday, Jan. 31. Demos received past this date will not be considered.

All demos submitted must be an A cappella version or original performance of the "Star Spangled Banner," sung in full, with clear, consistent and correct lyrics. The full performance must not exceed 90

To submit a demo, please email an mp3 or YouTube link to Logan Flair at, Iflair@rivercats.com. The email subject line should read "2025 National Anthem Demo" and include a name, phone number and email address in the body of the email.

The River Cats will invite the top demos submitted to Sutter Health Park for a live audition on Feb. 16. Due to the volume of applicants, performers will only be contacted if they are selected to audition in person. Selected performers will be contacted the week of Feb. 10 with further instructions.

Athletics Season Tickets Sell Out

By Martín Gallegos, MLB.com

SACRAMENTO REGION, CA (MPG) - Ahead of their temporary move to Sutter Health Park in West Sacramento for the next three seasons, the Athletics got a taste of the passion from sports fans in the area while attending a Sacramento Kings game just down the road at Golden 1

Center. A's manager Mark Kotsay and players Brent Rooker, Lawrence Butler, JP Sears and JJ Bleday were treated to courtside seats and took in a thrilling Kings victory in double overtime. Throughout the night, the group was frequently stopped by fans in the arena who expressed their excitement about having a new Major

League team in town. "Going to that [Kings] game was our first taste of Sacramento as a sports town," Rooker said. "Seeing the passion that the fans had for that team made us hungry to get out there and put a good product on the field so we could experience the same thing."

That Sacramento sports fan fervor is expected to translate to baseball, as the Athletics announced on Friday that 2025 season tickets for their inaugural season at Sutter Health Park in West Sacramento have sold out. Limited

single-game tickets will go on sale in late January. Further details on the pricing of those tickets and promotional and fan events will be shared ahead of the

on-sale date. Sutter Health Park, which the Athletics will share with the



With demand for season tickets so high, the A's have already created a waitlist for 2026 season tickets. Image by Wendy Luby

Sacramento River Cats, Triple-A affiliate of the San Francisco Giants, is undergoing extensive renovations to bring the stadium's facilities up to Major League standards. Its current capacity is 14,014, which

includes 10,624 perma-

Logo credit SportsLogos.Net

nent fixed seats and additional lawn seating on the grass berms beyond the left- and right-field walls.

With demand for season tickets so high, the

A's have already created

a waitlist for 2026 season

tickets that fans can join at www.athletics.com/ seasontickets.

The A's inaugural game at Sutter Health Park is set for Monday, March 31 against the Cubs. The home schedule includes matchups against the Padres (April 7-9), Mets (April 11-13), Phillies (May 23-25),

Giants (July 4-6), Braves (July 8-10),D-backs (Aug. 1-3),and Reds

(Sept. 12-14). "I think it'll end up playing to our advantage," Sears said of playing at Sutter Health

Park. "It seems like

my life."

they're going to pack it out every night and support us pretty strong. The clubhouse facilities and those facilities we toured looked really nice and upgraded. ... I haven't been this excited for a baseball season in

LOCAL SPORTS COVERAGE PRESENTED BY THE GALT HERALD

LEAGUE STANDINGS

Galt Soccer Shuts Out Argonaut with 15 Goals





Girls Soccer

School Galt Liberty Ranch 6-0 Rosemont 5-2 3-3-1 Argonaut Bradshaw 2-4-1 Union Mine 1-3-3 El Dorado 1-5 Amador 0-6-1

Boys Soccer

School	W/L
Liberty Ranch	7-0
Galt	6-1
El Dorado	4-2-1
Bradshaw	4-3
Amador	3-4
Rosemont	2-4-1
Union Mine	1-6
Argonaut	0-7

Girls Basketball

School	W/L
Liberty Ranch	6-0
Union Mine	5-1
Argonaut	4-2
Amador	3-3
El Dorado	3-3
Rosemont	2-4
Galt	1-5
Bradshaw	0-6

Boys Basketball

Doys Dasketo	an
School	W/L
Union Mine	6-0
Argonaut	5-1
Liberty Ranch	4-2
Rosemont	3-3
Bradshaw	2-4
El Dorado	2-4
Amador	1-4
Galt	0-5



Jaylen Mendez kicks and scores against Argonaut.



Kitto Gonzalez defends the backfield.

Story and Photos by Paige Lampson Sports Editor

GALT, CA (MPG) - There is no mercy rule in soccer like in some other high school sports, but after the Warrior soccer team annihilated Argonaut 15-0 last week, maybe there should be.

The Warriors outran, outmaneuvered and outkicked the Mustang defenders, and their poor goalie was left to face seven different Warrior scorers.

Meanwhile, the Galt defensive players and goalie Adam Preciado denied Argonaut any hance to score.

Junior Giovanni De Leon managed to score four goals while senior Ben Stratton scored three. Seniors Hayden Miller, Jaylen Mendez and Anthony Zambrano and freshman Austin Loza each scored two and senior Logan rose scored one.

Ben Stratton also added five assists to his night, while Miller and Mendez had two assists.

Ulysses Yepez and Zambrano each had one assist.

The Warriors start the second half of their season this week. ★



Juno Coss gets out in front of an Argonaut defender.



Breen Velazquez battles foot to foot.

75

Abraham Flores shoves aside a Rosemont player for the ball.



James Briggs battles for the ball.



Luis Ortiz jumps sky high to win the ball.

Hawk Soccer Shuts Out Rosemont



Cristobal Flores passes the ball.



Wesley Steinbaugh defends the Hawk goal.

Story and Photos by Paige Lampson

Sports Editor

GALT, CA (MPG) - The Liberty Ranch Hawk boys' soccer team is on a seven-win winning streak with one tie with Hiram Johnson in the middle of the wins. They have been able to shut out Rosemont 6-0, Union Mine 4-0, Amador 7-0, El Dorado 2-0 and Bradshaw

During the game against Rosemont, freshman Ivan Gonzalez got the hat trick and kicked in three goals, while juniors Leyton Munoz and Alan Montelongo each scored one and senior EZ Duarte also scored one goal.

Goalie Raj Pillay had three saves for the evening.

Freshman Ivan Gonzalez is able to visualize the holes in the defense.

"I just saw spaces," said Gonzalez. "During practice I see everyone cross in and I am always there ready for the pass. We are all a team and work together and work as a family."

"It was a good win for us," said Head Coach Garett Arechiga. "It was what we needed to get the momentum back. We had a lapse in our performance last week with the 1-1 tie, which we will chalk up to the break. Coming back, we were a little flat, but it was good to get back on the right path. We are just trying to get these guys prepared and ready to go next week."

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LOCAL SPORTS COVERAGE PRESENTED BY THE GALT HERALD

League Finals on Horizon for Liberty Ranch Wrestling



Angel Contreras with a move called the split. Courtesy photos



Kaydence Silva has her opponent in a half-nelson.

Provided by Liberty Ranch Wrestling

GALT, CA (MPG) - As the season winds down, Liberty Ranch wrestlers are getting ready for the endof-season tournaments such as League Finals in an attempt to qualify for the Divisional round to be held at Hiram Johnson High School. After that, they hope to qualify for the Masters Tournament at the Stockton Arena.

There are two dual matches remaining in the season: Amador/Argonaut and a head-to-head with Galt to be held at Galt High School on Jan. 29.

Head coach Brian Robinson said competition is tough this year.

"This year's league is tougher than the past with the addition of two more schools; the chance of qualifying to move on becomes more difficult, as only four from each weight class advance," he said.

Last weekend was the last "big tournament" of the season with one smaller at Argonaut this weekend. In the boys' varsity division, Wyatt Corriea placed first in dominant fashion by pinning every opponent through the championship match. Braden Salbeck, Chalo Enriquez and Brandon Eckroth all were not far behind with second-place finishes in their

respective weight classes. The JV Boys had Cutler Perez pin every opponent through the championship match with a pin in the first period of every match, signaling it's time for him to move up to varsity.



Wyatt Correia has his opponent in a leg and neck lock.



Cutler Perez looking for an arm lock.





Braden Salbeck uses an arm lever.

"Cutler has moved up the varsity ladder since his freshman year and he would be the varsity 285 lbs. if he wasn't behind Senior Brandon Eckroth," said Robinson. "Cutler is fairly new to the sport and has been training behind Brandon for a couple years now, and Eckroth has been wrestling since he was in grade school. So, I definitely know that after this year we will be in good

hands at the heavyweight spot, also knowing that Daniel Swearinger, once he returns from knee surgery, we will be solid at

heavyweight." The girl wrestlers were at the same tournament as the boys last weekend at Mesa Verde High School. Veronika Shayhen and Kaydince Silva led with first place medals, pinning every opponent. Anastasia Richardson came in second

with Brooklyn Burton next

at fourth. JV girls got some great experience also: Ameliah Muela took home first place, Jordan Gold second and third-place finishers in Shayhen Odle-Sarganis

and Merlina Pantaleon. Boys and girls league finals are Feb. 7, then Girls Regionals at Tokay High and Boys Divisionals at Hiram Johnson on the weekend of Feb. 14-15. ★

GALT HERALD ATHLETES OF THE WEEK





Brianna Romero Galt High Soccer



Jayden Tackett Galt High Wrestling





Isaac Flores Liberty Ranch High



Yoselin Del Toro Liberty Ranch High Soccer

FOR A CLASS PASS.

Photos by Paige Lampson

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9:00 AM	All Levels YOGA ***		Core & Balance Yoga***			PILATES***
9:15 AM		PILATES***		PILATES***	YOGALATES***	
10:15 AM	Restorative YOGA***	ZUMBA® GOLD	Restorative YOGA***	ZUMBA® GOLD		SENIOR FIT
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