



Baby with Spina Bifida Has Promising Future
PAGE 2

Use Your Library Card to Reach Goals
PAGE 12



Grapevine Independent

VOLUME 59 • ISSUE 8 PROUDLY SERVING RANCHO CORDOVA & SACRAMENTO COUNTY SINCE 1968 FEBRUARY 21, 2025

SEE INSIDE

LOVE IS IN THE AIR!



PAGE 3

CELEBRATE BLACK HISTORY MONTH



PAGE 12

RUNNING FOR CANCER RESEARCH



PAGE 13



Scan our QR Code for a direct link to our online edition!



PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
OR CURRENT
POSTAL CUSTOMER

Embracing a New Season, League



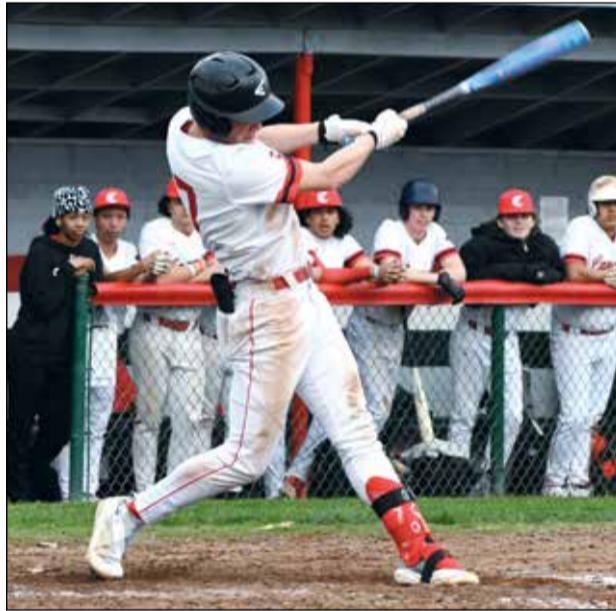
Head coach Scott Ahlstrom has a meeting on the mound before making a pitching change against Destiny Christian Academy. Photos by Rick Sloan

By James Darnell

RANCHO CORDOVA, CA (MPG)

- For Lancers' head coach Scott Ahlstrom and his Cordova High team, spring signifies the start of a new season, where all their goals and aspirations are within reach. In addition to the beginning of a new slate, the team will transition to the new Metro League this season, which promises to bring some tough competition.

The excitement is palpable down at Peterson Field inside Hagan Park, as the group has already started swinging for the fences in 2025. The Lancers started their season on Feb. 11 with a 5-5 tie at home



Lancer junior Levi Nyberg belts a base hit to left field against Destiny Christian Academy on Feb. 11.

against visiting Destiny Christian Academy. Although they didn't get the win, Ahlstrom and his

team are optimistic as they get the ball rolling in the new campaign.

"I think we're better than last year," Ahlstrom said. "After our first game the other day, though, I'm starting to realize there's a couple things we need to work on. But I mean it's early in the season, right? But yeah, I'm feeling pretty good."

This year, the Lancers will field a very young roster comprised of just one senior and a litany of underclassmen. The group's core are sophomores and juniors but, according to Ahlstrom, that isn't something that he is worried about as many of

Continued on page 10

New Home Sales Surge in New Year

North State Building Industry Association News Release

SACRAMENTO REGION, CA (MPG) - New home sales in the Greater Sacramento region saw their typical January surge as buyers returned to new home communities after the holiday lull, the North State Building Industry Association reported Feb. 11.

Building Industry Association members reported selling 598 homes during the month, a 50% increase from December, 3% more than January 2024 and 30% higher than the monthly average dating back to 1997.

Tim Murphy, the Building Industry Association's president and CEO, said the stronger-than-average sales figures bode well for robust sales during 2025 despite stubbornly high mortgage interest rates.

"There remains a strong demand for new homes in the region, driven by the constrained amount of existing homes for sale and the fact that most homebuilders are able to provide incentives that make buying new more affordable," Murphy said. "In addition, the regional economy remains solid and Sacramento remains a great place to live and work. The BIA will continue working closely with local governments in the region to reduce regulatory barriers to new housing and help our members provide additional homeownership opportunities in 2025."

Roseville (Placer County) recorded the highest number of sales during the month (127), narrowly edging out Rancho Cordova where 123 sales were reported. Sacramento and Elk Grove tied for third-place with 65 sales each and Folsom saw 31 sales.

Plumas Lake reported 30 sales, followed by Natomas and Lincoln (Placer County) with 29 each, Rocklin (Placer County) with 28 and El Dorado Hills with 18.

On a county-by-county basis, new home communities in Sacramento County reported 324 sales, followed by Placer (188), Yuba (39), El Dorado (24), Yolo (19), Sutter (3) and Amador (1) counties.

Building Industry Association statistics include sales by members in Amador, El Dorado, Placer, Sutter, Yolo and Yuba counties. ★

Planning Commission Highlights New Appointments



Here is a rendering of the AutoZone store within the Sunridge Plaza shopping center. Photo courtesy of the City of Rancho Cordova

By Ornella Rossi

RANCHO CORDOVA, CA (MPG)

- The Rancho Cordova Planning Commission at its Feb. 12 meeting discussed several important matters, including the appointment of a new commissioner, a major design review for a new retail development and the selection of

leadership for the upcoming year.

The Planning Commission officially welcomed Rehana Rehman as the newest member as she was sworn in during the meeting.

Another agenda item was the nomination and selection of the 2025 Planning Commission

chair and vice-chair. According to commission procedures, the vice-chair automatically transitions into the role of chair the following year.

"I am gladly going to turn this over and nominate Vice-Chair Lee Frechette to take over as chairperson and would like to nominate Commissioner Tegan

Knifton to be vice-chair," Chair Cynthia Stauss said.

The motion was passed with a unanimous 5-0 vote.

"I want to say thank you to you, Chair Stauss, for the example that you set. Those are going to be hard seats to follow," said Knifton.

Strauss, in turn,

Continued on page 2

WE SUPPORT OUR MILITARY

Baby with Spina Bifida Has Promising Future After Surgery

UC Davis Health News Release

SACRAMENTO, CA (MPG) - Lindsey was 18 weeks pregnant with her fifth child when she got a life-changing phone call. Her blood work was abnormal. She and husband, Jared, went in for an ultrasound and got news that they never expected: their developing baby had spina bifida.

"They took us in a room and said things like paralysis and brain abnormalities," Lindsey said, tearfully. "It was absolutely devastating. We were mourning this life we had hoped for our baby."

Spina bifida, called myelomeningocele, occurs when spinal tissue fails to fuse properly during the early stages of pregnancy. The birth defect can lead to a range of lifelong cognitive, mobility, urinary and bowel disabilities. It affects 1,500 to 2,000 children in the U.S. every year. Spina bifida can range from mild to severe and the couple's developing baby, a boy to be named Nixon, had the most severe form.

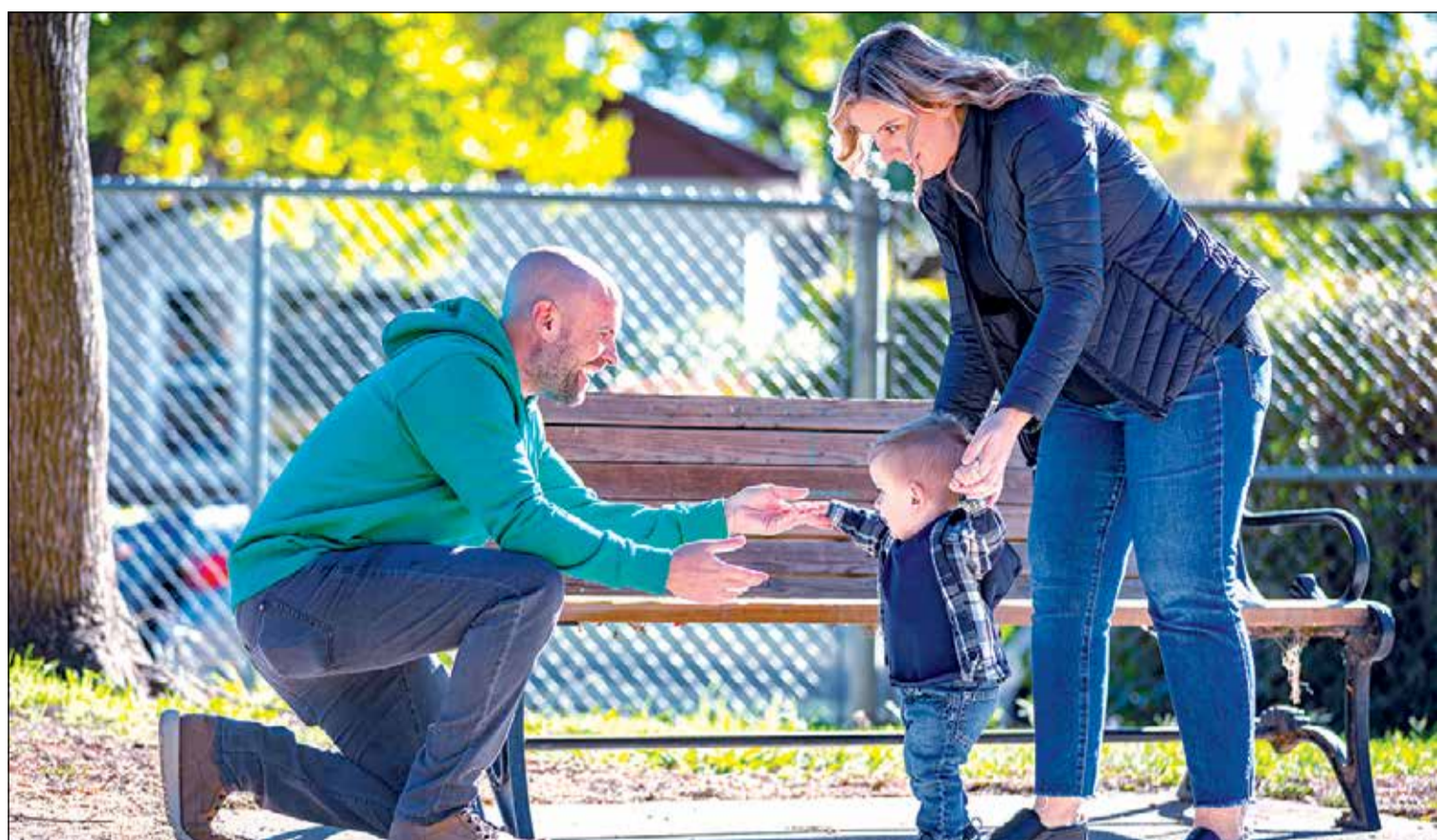
The couple panicked. "I am telling everybody it's going to be OK," Jared said. "But at that moment, I wasn't sure it was going to be OK."

But they were determined. Jared began Googling. He found UC Davis Children's Hospital and learned about a landmark clinical trial at UC Davis Health, known formally as the "CuRe Trial: Cellular Therapy for In Utero Repair of Myelomeningocele." It is the world's first spina bifida treatment combining fetal surgery with stem cells.

"When we found out about it, we were super hopeful," Lindsey said. "Jared made a phone call, hoping we would be able to get into the trial."

They made an appointment and crossed their fingers.

"We met with Dr. Farmer, Dr. Hirose and the fetal care team. They answered all our questions and were super informative,"



Lindsey and Jared play outside with their baby, Nixon. Photo courtesy of UC Davis Health

Lindsey said. "They offered us the hope we were looking for. It was incredible. Truly a miracle."

Lindsey and Jared signed the papers and committed to being part of the CuRe Trial. Lindsey would be patient number six. A surgery date was set.

"The surgery had to be before 25 weeks. We got diagnosed in November, so they scheduled a surgery date for Dec. 21, 2023," Lindsey said.

In this first-of-its-kind fetal surgery for spina bifida, UC Davis surgeons apply a special stem cell patch to the spinal cord of the developing baby.

"I was willing to do the surgery to give Nixon the best chance but I had never had a major surgery in my life," Lindsey said. "When they explained it to me, I said, 'Can you explain it one more time? What exactly are you doing? How is this even scientifically possible?' It was a lot to take in."

They wheeled Lindsey back to the operating room. She said goodbye to her husband.

"Walking Lindsey into surgery, I had complete confidence in the care. I researched the CuRe Trial but I researched the doctors as well," Jared said. "I came to realize that I was among the brightest minds on the planet. You have scientists behind this. You have Dr. Farmer and Dr. Hirose who are pioneers in their field. The team is phenomenal."

Despite their confidence, Lindsey was scared, still trying to wrap her mind around what was about to happen.

"They took me to the operating room that was full of doctors and nurses and staff. It was very intimidating. But then the sweetest thing happened," Lindsey said. "Dr. Farmer, she's amazing, a brilliant mind but also compassionate and caring, came and stood at my side and held my hand as I drifted off. That is how she's been on this

whole journey for us. She's there for you and cares so much about these kids."

After the fetal repair surgery, Lindsey had weekly ultrasounds to monitor her baby's movements. She did that for four weeks until her water broke at 29 weeks. She was hospitalized for the rest of her pregnancy. She made it to 34 weeks.

"It was so much relief. We got him here. Finally," Lindsey said. "I felt like, 'I did my job, he's here.' Let the professionals take over."

Nixon, now 1 year old, loves playing catch, wrestling his brothers and especially loves being outside.

Jared and Lindsey say their son is an absolute miracle. He's doing well, taking steps with help. They're waiting for him to let go of the furniture and walk on his own.

"He is cruising around and gets where he wants to go," Lindsey

said. "Nixon is a little fighter. He's determined and I know there are great things in store for him."

Jared agrees. "It's hard to put into words but there's something really special about Nixon," Jared said. "It's amazing, considering what he's gone through."

Nixon's favorite activities now include taking walks together and going to the park.

"Every milestone is a reminder. He works so hard for it. You celebrate it that much more," Lindsey said. "Every day, we are so grateful for modern medicine."

Nixon has follow-up appointments to gauge his progress as part of the clinical trial but does not require any other treatment. His parents are thrilled with his progress.

"We are hopeful," Jared said. "The CuRe Trial is a gamechanger. We are so grateful to have found UC Davis Children's Hospital." ★

Planning Commission Highlights New Appointments

Continued from page 1

acknowledged the support of her fellow commissioners and shared her excitement for the upcoming year.

"Thank you for the trust you placed in me. I am very excited with all of our new commissioners," said Stauss.

The Planning Commission also reviewed a major design proposal for an AutoZone store within the Sunridge Plaza shopping center, located at 4004 Sunrise Blvd. The application, submitted in August 2024, requested approval for the construction of a 6,700-square-foot, single-story building, which would include 15 new parking spaces.

The site, which is located on the last vacant parcel within the shopping center, is zoned General Commercial (GC), consistent with the surrounding area. The applicant proposed a modern design for

the building and a new maximum footprint to accommodate the retail space.

City staff explained that the project was deemed exempt from further California Environmental Quality Act (CEQA) analysis, a decision that the commission supported. The development would be the latest addition to the bustling shopping center.

During the discussion, Commissioner Surender Devarapalli inquired about the building's color scheme and whether it would align with other businesses in the area. City staff confirmed that it would. After a brief deliberation, the five commissioners unanimously approved the project.

The next Planning Commission meeting will be at 5:30 p.m. Feb. 26 at Rancho Cordova City Hall, 2729 Prospect Park Drive. ★

MENTAL HEALTH AS WE AGE

A Guest Speaking Panel Discussion

Join us for an enlightening panel discussion on mental health in later life. Gain insights and practical strategies to enhance emotional well-being, manage stress, and navigate the complexities of aging.

SATURDAY
FEBRUARY 22, 2025

10:00 AM - 12:00 PM

SUMMERSET SENIOR LIVING
2341 VEHICLE DR.
RANCHO CORDOVA, CA 95670

Meet the Panelists

Dr. Linda Gillman, Ph.D.
A psychologist specializing in aging, caregiving, and life transitions, with extensive experience supporting seniors and their families.

Georgiana Rivera LCSW
Licensed Clinical Social Worker with expertise in caregiving and mental health support for seniors.

Melinda Jenkins RN Psych.
A seasoned nurse with years of experience in behavioral health and wellness for seniors.

Reserve Your Spot - Please RSVP by Feb 20th

Call: (916) 330-1300

Email: jdavis@summersetsl.com

Brunch
Included

Summerset
Senior Living

Independent • Assisted • Memory Care

2341 Vehicle Drive • Gold River/Rancho Cordova

summersetseniorliving.com

916-330-1300



RCFE #347005361

Protect and Heal your whole family with Affordable Chiropractic Memberships

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!



- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica

- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community

AMERICAN RIVER CHIROPRACTIC

2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670

916-776-6362

americanriverchiropractic.com

CALL or TEXT today!

Love is in the Air!



Here are Daryl and Therese early in their relationship. Courtesy photo

Here are Daryl and Therese recently. Courtesy photo

Neal and Yen are pictured early in their relationship. Courtesy photo

Neal and Yen are pictured recently. Courtesy photo

City of Rancho Cordova News Release

RANCHO CORDOVA, CA (MPG) - This Valentine's Day, two special couples share their two love stories that have Rancho Cordova in common! Meet Daryl and Therese and Neal and Yen through their interviews below.

Love Lost and Found: Daryl and Therese

Daryl and Therese first met in 1985 and fell in love but distance kept them apart. Thanks to their Rancho Cordova connection, they found each other and love again.

First impressions of each other?

It was May 1985, and Daryl and Therese met roller skating at Kings Skate Country, then located at Folsom Boulevard and Bradshaw Road. At the time, Daryl was stationed at Mather Air Force Base and Therese had just been hired by the Sacramento County Sheriff's Department, while earning her Bachelor's Degree in Criminal Justice. Her first thought of Daryl was that he was sweet, kindhearted and fun to be with. Daryl's first impression of Therese was that she was pretty.

What role did Rancho Cordova play in their love story?

Daryl and Therese dated between May 1985 and October 1989. After leaving the military, Daryl moved to Portland, Oregon where he attended Portland State University to earn his engineering degree. After graduating, he got a job in Washington state and asked Therese to marry him. Ultimately, Therese said no because she didn't want to leave her parents and eight siblings and move to Washington.

Daryl married in the 1990s, but after his wife passed away in 2021, decided to look for Therese, whom he had never forgotten. It was July 2021 when he started searching, which also happened to be the same month that Therese was retiring from the Sacramento County Sheriff's Department after a 36-year career. Because Therese had spent the last 18 years of her career in the Rancho Cordova Police Department, an article was featured in the Grapevine about her retirement. When Daryl ran a Google search, her name appeared. After more than 30 years, Daryl had found Therese. Again.

Therese has no social media accounts, so it took Daryl from the end of July to November 2021 to find her contact information and then work up the

courage to call. Once he called and they spoke, it was like they had never been apart. They met in person in February 2022 when Daryl drove 12 hours straight to meet Therese at her home in Rancho Cordova. On March 17, 2023, Daryl again asked Therese to marry him and this time, she said yes.

Favorite date spot?

Daryl and Therese love walking along the American River and hiking in Placer County and El Dorado County. Now that they live in Washington, they hike all around northwest Washington. They still visit California, and Rancho Cordova, which holds so many memories for them.

Daryl shared a memorable story from their relationship.

Daryl took Therese to Canada in the late 1980s. She was asleep when they drove across the border, and when they got up in the morning and stepped outside the hotel, all she could see were signs in Chinese. He laughed and said he didn't take her to China; they were staying in China Town in Canada. He can still remember the look of shock on her face. After breakfast, they went to see a suspension bridge, something Therese had no knowledge of. When she stepped on it and it moved, she screamed, which

Daryl thought was very funny. They still laugh about this adventure.

Any advice to other couples? Their advice to other couples is simple: Don't give up on lost love!

Cordova High School Sweethearts: Neal and Yen

Neal and Yen met in Rancho Cordova through school in 1993 and have been in each other's lives ever since. The couple stayed in the city to raise their two daughters, and Yen has worked for the City of Rancho Cordova since 2016.

First impressions of each other?

Neal remembers first meeting Yen when giving her and her sister a ride home from sports practice. He remembers that Yen was very loud, talkative and had a strong personality that he found quite interesting. Yen remembers that sometimes Neal would offer her rides home from track practice, but with that headstrong personality of hers, would usually decline.

What role did Rancho Cordova play in their love story?

The school system brought them together. When Neal and Yen were attending Cordova High, their first dance together was Homecoming in 1993. Neal was a senior and Yen was a

sophomore at the time.

Favorite date spot?

In the early 2000s, Neal and Yen would often go to Lyon's restaurant off White Rock Road (now Casa Ramos) for dinner. Now because of their kids, the couple like to go to the Old Spaghetti Factory off Folsom Boulevard. Another place they used to frequent in the early 2000s was the pool hall where Walmart is now. When Yen used to work at the Bank of America, she would meet Neal and his friends at the pool hall after work. Yen notes that they used to have the best nachos!

They shared a memorable story from their relationship.

Neal and Yen attended a couple of school dances together casually as friends. After Winter Ball 1993, Neal decided he wanted to start dating Yen seriously. She told him that she wasn't ready for a boyfriend and they didn't talk for several months after. As spring came, Yen decided she wanted to date him. She would go to his tennis games and watch him play but Neal ignored her until a mutual friend told him that Yen really wanted to go to his senior ball with him. Neal decided that he would give Yen another shot and the two have been together ever since. ★

Top Community Volunteers to be Honored

Cordova Community Council News Release

RANCHO CORDOVA, CA (MPG) - A senior citizen with a special mission for helping the homeless, a community group boosting neighborhood and holiday spirits in Lincoln Village, and a squadron of volunteers supporting police work across Rancho Cordova are among the outstanding volunteers who will be honored during the 25th Annual Community Volunteer Awards hosted by the Cordova Community Council on March 14.

Top award of the night will go to Kevin Sims, a longtime resident and 30-year instrumental music director at Cordova High School, who has also brought his musical magic to Rancho Cordova's beloved Fourth of July Parade. He will be honored as "Rancho Cordovan of the Year," an award reserved for those who have made extraordinary contributions to the community over a lifetime.

"This is the time and place for us to honor and celebrate that which makes Rancho Cordova truly a great All-America City: our outstanding volunteers," said Cordova Community Council President David Sander. "It is inspiring to hear their stories of selflessness and commitment to the community. It is a great reminder that we all have something to offer to our great city."

Volunteers and volunteer organizations will be honored at "The Great Volunteer Roundup," a western-themed dinner and awards ceremony. Visit cordovacouncil.org for tickets.

Honorees will include:

Rancho Cordovan of the Year: The director of instrumental music at Cordova High School for 30 years, Sims will be honored for his influence over a generation of Rancho Cordova teens, while also lending his expertise to sustain and elevate a beloved local



Rancho Cordova Arts was honored as an outstanding community organization at the 2024 Community Volunteer Awards. Photo courtesy of Cordova Community Council



Patty Cicogni & Terry Sanford were honorees as outstanding community volunteers at the 2024 Community Volunteer Awards. Photo courtesy of Cordova Community Council



Community Volunteer Awards 2024 Honoree included Julie Hagan-Belka for Rancho Cordovan of the year. Photo courtesy of Cordova Community Council

tradition, the Rancho Cordova Fourth of July Parade.

Distinguishing Community Service Individuals: Maxine Yoshida, a 30-year Rancho Cordova resident and volunteer at the Rancho Cordova Food Locker, whose special attention to the needs of homeless visitors has led to the establishment of "Maxine's Store," will be honored for her special attention to those who need it most.

Outstanding Service to Youth: Eric McCahon is a dedicated and

award-winning high school soccer coach who over 20 years who has developed players who have excelled on the field and in the classroom. Nominated on numerous occasions, McCahon has also worked quietly in the background with students to defuse smoldering ethnic and other friction among student groups.

Distinguished Community Business Partner: Blue Shield will be honored for impactful corporate citizenship in support of the Rancho Cordova Food Locker.

governance to Mentors at Cordova High (MACH), Rancho Cordova Student Athlete Coalition, Cordova High Golf Team and Rotary Interact Club among many others, displaying outstanding school spirit, dedication and leadership.

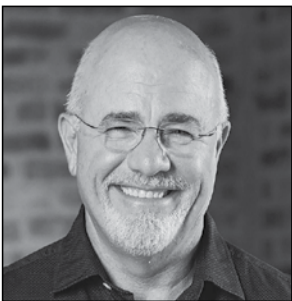
We Could Not Have Done It Without You: VIPS (Volunteers in Partnership with the Sheriff) members assigned to the Rancho Cordova Police Department provide thousands of hours each year in service to the public. Assisting citizens and businesses with crime reports, vacation house checks, supporting the California Capital Airshow, Rancho Cordova Fourth of July, National Night Out and so much more, the group is made up of dedicated individuals with varied life experiences and backgrounds, all working together for a common goal of creating a safe, great hometown within Rancho Cordova.

Inspiring Rancho Cordova: Madelaine Sanderson, an exemplary Rancho Cordova parent volunteer, has been active in a dizzying array of volunteer activities to benefit students at the elementary, middle and high school levels. In 2024, Sanderson provided additional inspiration to others by running a campaign for school board, demonstrating that electoral leadership is an opportunity to bring change which is open to all.

The Community Volunteer Awards will feature a cowboy-inspired dinner and celebration at Rancho Cordova City Hall. The theme-party event opens at 6 p.m. March 14 and is open to the public. All tickets must be purchased in advance at cordovacouncil.org. Tickets are also on sale at the Cordova Community Council office in Suite 117, Rancho Cordova City Hall. For more information, visit cordovacouncil.org or call JR Sterba at 916-273-5715. ★

From corporate programs that sponsor paid volunteer time for employees to hands-on help in packing and distribution of food assets to financial support, Blue Shield is helping ease pressure on local resources called upon to address increasing food insecurity in the community.

Outstanding Teen Service: A member and leader of many youth projects in Rancho Cordova, Valeria Aguilar has provided



Dave Ramsey

Dave Ramsey Says

She'll Be Just Fine and The Best Laid Plans

that's the case, she won't whittle it all down to nothing. So, if she's in good mutual funds—not single stocks—I think she'll be just fine.

Now, let's talk about the mortgage. I would absolutely recommend she go ahead a pay it off. If she can do that at age 76 and still have \$540,000 left, that's the way to go. Let's pay off the house, and then she can start taking her income off a percentage of the remainder. She won't need much with the house payment out of the way, because she won't be sending money to the bank to pay the anymore.

– Dave

The Best Laid Plans

Dear Dave,

My wife and I have been talking about paying off our mortgage in the next two or three years. Do you think we should make this happen by paying extra toward the house, or invest that money on top of the 15% we're putting into retirement?

– March

Dear March,

If I were in your shoes, I'd pay extra on the house. On the other hand, you're

not really doing a bad thing by putting the extra cash it into retirement, either.

But here's the deal. No matter how well you plan, you never know exactly what will happen over the upcoming years of your life—or the life of your investments. You might think you know. You may even believe you've taken every possibility into account. The hard, cold truth, though, is even the best and smartest plans don't always work out the way we think they will—or the way we want them to.

And if something unplanned or unforeseen happens, it sure would be a nice thing to own your home free and clear, wouldn't it?

– Dave

Dave Ramsey is a national best-selling author, personal finance expert and host of The Ramsey Show, heard by more than 20 million listeners each week. He has appeared on Good Morning America, CBS Mornings, Today Show, Fox News, CNN, Fox Business, and many more. Since 1992, Dave has helped people regain control of their money, build wealth and enhance their lives. He also serves as CEO for the company, Ramsey Solutions. ★



By Bob McGarvey

And Another Thing

Saint Valentines Day

I am writing on Valentines Day, and I thought it would be interesting to look back at the history of Saint Valentines. It began as a Christian day honoring Saint Valentine who was a martyr. It has changed to a cultural, religious and commercial celebration of romance and love in many regions of the world. I was able to find some interesting items about Saint Valentines Day.

The first love letter dates to 1477 from Margaret Brews to her fiancé John Paxton. Today we send cards or letters or emails and going to your loved one in person. I hope everyone was able to reach the people they love on this holiday.

There was something in the news the other day about President Trump's first 100 days. I missed

something about those first 100 days but my calculating shows that it has only been 28 days since he was sworn into office. Perhaps it will be easier to see what he has done after the first 100 days have really gone by. It will be easier to see what his administration has done after that time.

Two of our grandsons are riding their bicycles to high school when they can and it made me think of some history I had written in the past.

Not long ago, I used the "The Book of This Day in History." Using it on occasion is enjoyable and learning from the past is both surprising and educational. On Feb. 17, 1818, an early prototype of the bicycle had two wheels, a steering handle, a saddle and no pedals. Riders would propel themselves along by kicking at the ground.

On Feb. 17, 1863, the

Red Cross was founded; Feb. 17, 1933, the 'Newsweek Magazine' was first published, Feb. 17, 1959, the first weather satellite (Vanguard 2) was launched and measured cloud-cover distribution for 19 days. It worked for 19 days and has been space junk ever since. Feb. 17, 1980, climbers Krzysztof Wielicki and Leszek Cichy climbed to the 29,000-foot peak of Mount Everest in the middle of winter. Feb. 17, 2008, Kosovo gained independence as a result of the breakup of Yugoslavia. Oh yes, history!

I thought about having a major in history when I was going to college but I decided to stay on my major of government. That major was more helpful as we worked on incorporation of Rancho Cordova as a city.

From Bob McGarvey, God bless, and see you next time. ★



You Can Prevent Teen Dating Violence

Soroptimist Internationa of Rancho Cordova and Gold River News Release

SACRAMENTO REGION, CA (MPG) - Romantic relationships between teenagers are incredibly complicated. The undertaking of a relationship very often requires more maturity than most teens have developed. These relationships are more likely to be riddled with problems that include communication, jealousy and selfishness.

As a result, teenagers are more likely to be involved in relationships that are unhealthy, violent and/or abusive. If you are a teenager involved in a romantic relationship, it is important to understand the behaviors that could point to an unhealthy and/or abusive relationship.

Unhealthy or abusive relationships take many forms and there is not one specific behavior that causes a relationship to be categorized as such. However, there are certain behaviors that should be cause for concern. Parents, watch out for red flags. Red flags include excessive jealousy or insecurity, invasions of your teen's privacy, unexpected bouts of anger or rage, unusual moodiness, pressuring a partner into unwanted sexual activity, being blamed for problems in the relationship and not taking any responsibility for the same, controlling tendencies, preventing your teen from going out with or talking to other people, constantly monitoring your teen's whereabouts and checking in to see what your teen is doing and who your teen is with, vandalizing or ruining personal property, taunting or bullying, or threatening or causing physical violence.

If your partner frequently engages in these behaviors, it may be wise to speak with someone with whom you feel comfortable. Adults who have experience with relationships may be able to provide advice that can help you to determine if you are in any danger.

Teens, if your partner exhibits any of the behaviors outlined above or if your partner has physically harmed you in any way, there are many things you can do. Trust your gut – if you think you are in danger or in an unhealthy relationship, you should end it. If you are afraid of confronting your partner or fearful of what they may say or do, there are numerous resources you can contact for help, guidance or counseling. If you think you are in an abusive relationship, you should consider reaching out to a trusted friend, teacher, parent or mentor;

spending more time with individuals with whom you are comfortable; getting involved with activities you enjoy that will allow you to associate with positive people; seek the guidance of a school counselor or therapist; or calling the National Domestic Violence Hotline at 800-799-SAFE (7233).

Studies have found that negative or abusive behaviors in unhealthy relationships are more likely to increase over time. Abuse escalates as the relationship progresses and victims are more likely to sustain substantial injuries or harm. If you believe that you may be in an abusive or unhealthy relationship, do not hesitate to ask for help. Teenage dating violence is more common than you know; you are not alone.

Data above is from teendvmonth.org/resources/signs-teen-dating-violence.

Soroptimist International is committed to end all forms of violence that affect women and girls disproportionately. Gender-based violence occurs in the family and in the general community. Whatever form it takes, gender-based violence is deeply rooted in historical inequalities, power imbalances and gender-based discrimination. Gender based violence is a violation of human rights and affects the ability of women and girls to reach their full potential and participate in society.

Soroptimists say that awareness and education are powerful tools to stop intimate partner violence in all its forms. If your teen has an abusive partner or if you just suspect they might, we encourage you or your teen to contact WEAVE's 24-hour hotline at 916-920-2952, the Sacramento Family Justice Center at 916-875-HOPE (4673) or call 2-1-1. Ensuring that women and girls have the opportunity and ability to complete school and earn a livelihood plays a significant role in reducing vulnerability.

Soroptimist is an international non-profit organization that seeks to improve the lives of women and girls through programs leading to social and economic empowerment. The name, Soroptimist, means "best for women," and that's what the organization strives to achieve. Soroptimists are people at their best, working to help other women to be their best. Email sircgr2009@gmail.com to receive more information about Soroptimist International of Rancho Cordova & Gold River, to become a member or to learn how you can volunteer with our club members or visit. ★

CHURCH DIRECTORY

SUN RIVER CHURCH
11223 Trinity River Drive
Rancho Cordova • (916) 635-9000
9:00 am Sundays: Youth and Adult classes
10:30 am: Worship Gathering
Nursery and Children's programs available at both 9:00 and 10:30 am

NEW LIFE CENTER A-G
2451 Zinfandel Drive
Rancho Cordova • (916) 635-8287
Lead Pastor Lance Feliciano
Sunday Service is 10:30 am
Wednesday Night Bible 6:30 pm
www.newliferc.net

ST. CLEMENT'S EPISCOPAL CHURCH
www.saint-clements.com
2376 Zinfandel Drive (916)-635-5282
Sunday Worship at 10am
Kids' Sunday School During Service
The Episcopal Church Welcomes You!

SUNRISE COMMUNITY CHURCH RANCHO CORDOVA
Meets Sundays, 12:30 pm at New Life Center
2451 Zinfandel Drive, Rancho Cordova • (916) 710-0142
Senior Pastor Roy Leos
Sunday: 12:30 pm in person and Facebook Live
Wednesday: 7 pm via Zoom
www.rcsunrise.org

FIRST BAPTIST CHURCH
10720 Coloma Road • (916) 635-4672
Morning Worship 10:00 am Sunday – Children's Church & Nursery
Live Stream on www.fbcrancho.org
Bible Study Senior Ladies 8:45 am, Adults & Children 11:30 am
Midweek Bible Study, Prayer, & Encouragement 6:30 – 8:00 pm
Wednesday with Pastor Tom Jones

CORDOVA LUTHERAN CHURCH (LCMS)
10400 Coloma Road -- (916) 363-5687
Sunday worship 10 a.m. – Bible study 9 a.m.
www.corluth.org
cordovalutheran@gmail.com
Indoor seating and/or Drive-in setting (Tune to FM 87.9)
Pastor Matt Peters
ALL ARE WELCOME!



Place Your Church Services Ad
in the Grapevine Independent Church Directory.
Call us at 916-773-1111



**Publisher,
Paul V. Scholl**

The Grapevine Independent is a member of Messenger Publishing Group

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Grapevine Independent

Serving Rancho Cordova and Sacramento County Since 1968

It is the intent of the Grapevine Independent to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Grapevine Independent is not responsible for unsolicited manuscripts or materials. The entire contents of the Grapevine Independent are copyrighted. Ownership of all advertising is created and/or composed by the Grapevine Independent with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to Grapevine Independent, 7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$52 per year within Rancho Cordova. \$72 within Sacramento County.

The Grapevine Independent is published weekly. Call 916-773-1111 for more information.

We are proud members of these newspaper associations.



Kings Korner

By V.G. Harris



Well, the all-star break is upon us, and if ever there is a time of reflection needed for Sacramento Kings fans, the time is now.

A beloved member of the Kings family is no longer with the team, and there are some fans that are simply not getting over it. For others, they understand that at the end of the day, the NBA is a monstrous business, and even the most electric of players at times, must be moved for the good of the franchise.

Make no mistake about it, Zach Lavine is no slouch, and he may not be as fast as DeAaron Fox, but this former all-star has game.

Zach has already impressed fans with his mid-range game, and as his 3-point prowess kicks in, Sacramento fans will get a look at the true foray of talent that this baller has to offer.

The acquisition of Jonas Valanciunas is not only welcome, it is long overdue. I have been writing about this big man for over a year, and my only consternation is why he wasn't acquired over the off season when he was available?

Valanciunas will prove his value as the Kings strive to come down the home stretch healthy, and with a team that is just now finding its rhythm.

Amazingly, as the newly assembled Kings have yet to have a single practice with the bevy of new players and that includes newcomer Markelle Fultz. Markelle was drafted No. 1 overall in the 2017 draft, ahead of players like Jason Tatum, Donovan Mitchell, and yes, Sacramento's former point guard DeAaron Fox. Ironic, I would say so, but the NBA is a league of second chances, and if anyone ever needed one, it's Markelle Fultz.

After a storied college career with the Washington Huskies, Markelle leaped to the front of the class and was drafted No. 1 overall by the Philadelphia 76ers. Sadly, his NBA career would get off to an abysmal start, as he suffered a debilitating shoulder injury and the 76ers gave up on their No. 1 pick. Fultz was traded to Orlando Magic but after 5 uneventful and injury riddled seasons, the Magic did not resign Markelle.

I smiled from ear to ear when I heard that Markelle was quoted as saying on his signing with the Kings, "I haven't felt this good since I came into the league. I never had the opportunity to take my time and get healthy, so being able to do that last summer has been great for me. I'm super excited for this opportunity and I'm thankful for it."

I love hearing that kind of talk, and just as the Kings have had No. 1 draft choice busts in the past, perhaps a real opportunity to turn back the clock has finally come their way.

Our starting five is full of talent, but with departure of Alex Len, Kevin Huerter, Jordan McLaughlin, Jalen McDaniels, and most recently Colby Jones, the real question has been the quality and depth of the bench.

Recently acquired Jake LaRavia and Jonas Valanciunas will bring a sturdier presence to front line, and with a healthy Markelle Fultz coming off the bench to give malik Monk some much-needed rest, it's entirely possible the Kings bench is in its best posture all season.

Isaac Jones remains a diamond in the rough, and I'm hopeful coach Christie hasn't lost sight of him. Dynamic, athletic, and able to jump out of the gym, Issac is in his rookie season, and has still to get anything resembling a real shot at playing time. Don't miss on this guy, because I see an enormous upside, and just as we've seen Keon Ellis rise to new heights, so can Isaac Jones.

So, imagine Valanciunas, Keon Ellis, LaRavia, Fultz, Trey Lyles, and Isaac Jones as the key bench players, with Devin Carter and Doug McDermott in the wings. I believe this is overall the strongest bench the Kings have had in the past three seasons, so hold onto your seats Kings fans, because it's just possible the fun has just begun.

There are stories yet to be written, and it's my hope that players like Markelle Fultz and Isaac Jones will soon take center stage! Playoffs, NOT Play-in!

Enjoy the home stretch Kings fans, it could be a real barn burner!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

About Claiming Social Security when I have a Health Savings Account (HSA)



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have reached my full retirement age (66 plus 8 months) and plan to apply for Social Security this month, but I've seen articles which say that when I apply, I must also take Medicare Part A. This, even though I am continuing to work and am covered by my employer's health insurance (a high deductible plan). I contribute bi-weekly into an HSA (Health Savings Account). I've read that Medicare back dates Part A coverage by 6 months, which suggests I would have had to stop contributing to my HSA six months ago. If this is true, will I need to pay penalties and such to the IRS? I'm not able to find anything else about this topic, and I'm wondering what you might have to say. I have my wife and two children on my employer's HDHP. We contribute \$6,000 annually to our HSA and my employer contributes \$1,250 on January 1st each year. We can live

without the HSA, but the taxes and IRS penalties concern me. Signed: Wanting to Claim SS (but concerned)

Dear Wanting to Claim: I'm afraid that what you've read is correct – it is mandatory for you to take Medicare Part A (inpatient hospitalization coverage) when receiving Social Security benefits after age 65. Medicare Part A is free to you, and even though you are still covered under your employer's creditable high deductible healthcare plan and can delay taking Medicare Part B, you must take Medicare Part A to collect Social Security after 65. Medicare and your employer's plan will coordinate healthcare benefit payments. That does, however, also mean your Health Savings Account (HSA) will be affected because, as you have found, Medicare will backdate your Part A coverage by 6 months. And because Part A is not a high deductible plan (a requirement for HSA), any contributions you make after the effective date of Part A will be subject to an IRS penalty, and your HSA contributions won't be considered tax-exempt. This will mean the IRS will likely assess a 6% excise tax on any contributions made after your Part A effective date, and you'll need to pay income tax on those

contributions.

What you may wish to consider is stopping your HSA contributions now and waiting an additional six months or so to claim your Social Security benefits (to get beyond the HSA penalty phase). This would have the advantage of avoiding the IRS penalty on your HSA contributions and would also increase your Social Security benefit due to Delayed Retirement Credits (DRCs). You earn DRCs at the rate of .677% for each month beyond your FRA that you wait to claim, which means an SS benefit about 4% higher if you wait six months longer to claim SS.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

A 1995 California Court Ruling That Restored Immigrant Rights Could Backfire Now



By Dan Walters, CALMatters.org

California has the nation's largest population of undocumented immigrants with roughly 1.8 million people. Over the last three decades, Californians' attitudes about that fact have undergone an astonishing swing.

Hostility reached a peak in the early 1990s, demonstrated by passage of Proposition 187 in 1994 by a 3-2 margin. The measure would have required police to check the legal status of people they encountered and barred public services, including education, to those who could not prove citizenship or legal residency.

It was the centerpiece of Republican Gov. Pete Wilson's campaign for a second term, contending that undocumented people were overwhelming the state's budget.

However, support for a crackdown was not confined to GOP voters. Not only did many Democrats — then as now the largest bloc of voters — vote for the measure, but a Legislature dominated by Democrats passed anti-immigrant laws, such as banning driver's licenses.

Soon, however, public sentiment and the political atmosphere began to change. Undocumented immigrants and their advocates scored a big win a year after Prop. 187's passage when federal Judge Marianna Pfaelzer

ruled that the measure violated the federal government's exclusive power to regulate immigration.

"The California voters' overwhelming approval of Proposition 187 reflects their justifiable frustration with the federal government's inability to enforce the immigration laws effectively," she wrote at the time. "No matter how serious the problem may be, however, the authority to regulate immigration belongs exclusively to the federal government and state agencies are not permitted to assume that authority. The state is powerless to enact its own scheme to regulate immigration or to devise immigration regulations which run parallel to or purport to supplement the federal immigration laws."

A few years later, after Democrat Gray Davis succeeded Wilson, the state abandoned an appeal of Pfaelzer's ruling. In subsequent years the Legislature repealed other laws, such as the one on driver's licenses, and has done whatever it could to treat undocumented immigrants as if they were legal residents, such as expanding health care benefits.

When Donald Trump was elected president in 2016 and promised a crackdown on illegal immigration, California reacted with legislation to make it more difficult for federal immigration authorities to capture and deport undocumented Californians.

The most important was Senate Bill 54, introduced a month after Trump won the election. Dubbed the California Values Act, it essentially bars California police from aiding in any way federal efforts to identify and deport undocumented immigrants.

SB 54 survived one court challenge but Trump is once again in the White House, declaring his intention to rid the nation of undocumented immigrants, and is taking aim at California and other states with sanctuary laws.

The U.S. Department of Justice has filed suit to overturn Illinois laws quite similar to California's SB 54, and its contention in the Illinois suit could — with great irony — convert the federal court decision against Prop. 187 three decades ago into a hammer to smash SB 54. If California was illegally interfering with the federal government's exclusive power over immigration in Prop. 187, the suit implies, sanctuary laws also interfere with that power.

The 23-page complaint, filed in federal court in Chicago, alleges that Illinois laws "have the purpose and effect of making it more difficult for, and deliberately impeding, federal immigration officers' ability to carry out their responsibilities in those jurisdictions."

California officials are aware that the Illinois suit will not be the only challenge to local and state laws meant to protect undocumented immigrants.

Were the Illinois suit's argument to prevail, the situation in California could come full circle. A legal principle that protected California's immigrants from Prop. 187 in 1995 might make identifying and deporting them easier in 2025.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

SACRAMENTO CHORAL SOCIETY & ORCHESTRA

DONALD KENDRICK, MUSIC DIRECTOR

EUROPEAN MASTERWORKS

Creation Mass | Franz Joseph Haydn
(Schöpfungsmesse)
Adagio For Strings | Samuel Barber
Lux Aeterna | Morten Lauridsen

One of the six great Mass settings that forms the crowning glory of Haydn's choral music along with "The Creation" and "The Seasons"

SATURDAY | MARCH 1 | 3PM
PRE-CONCERT TALK AT 2 PM | Conductor Donald Kendrick
SAFE Credit Union Performing Arts Center


Sutphen
Elizabeth Sutphen, Soprano


Couden
Sarah Couden, Mezzo


Atti
Salvatore Atti, Tenor


Soar
David Soar, Bass





SAFE CREDIT UNION PERFORMING ARTS CENTER
1301 L STREET, SACRAMENTO

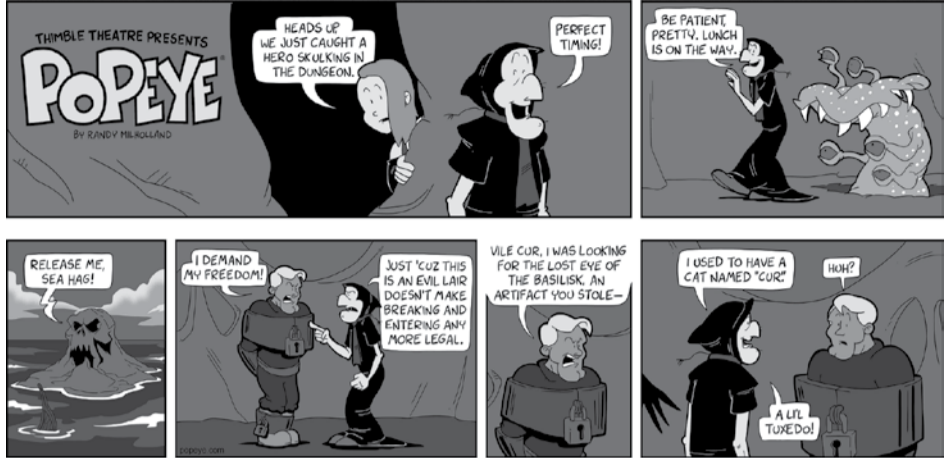
TICKETS | SAFE CU PAC Box Office | 916.808.5181
or Ticketmaster.com

COMICS & PUZZLES

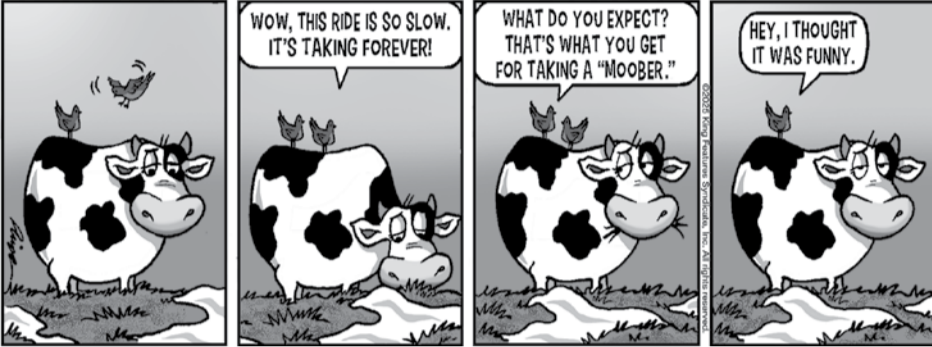
The Spats



by Jeff Pickering



Amber Waves



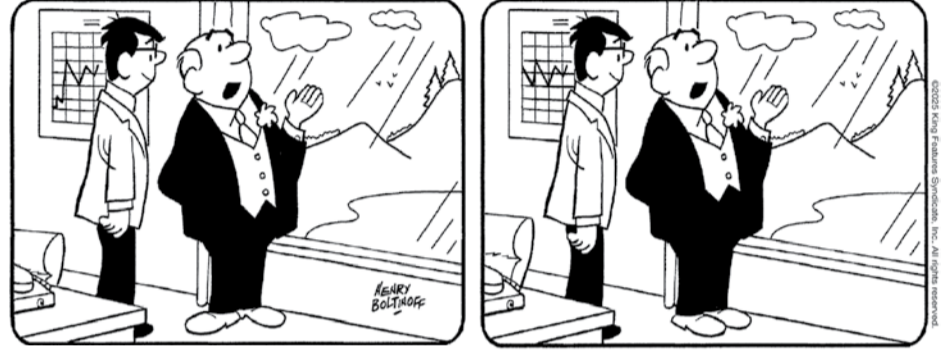
by Dave T. Phipps



HOCUS-FOCUS

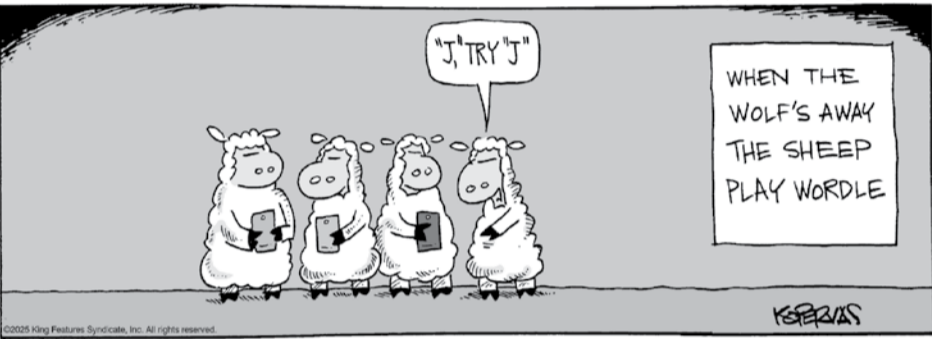
BY HENRY BOLTINOFF

Find at least six differences in details between panels.



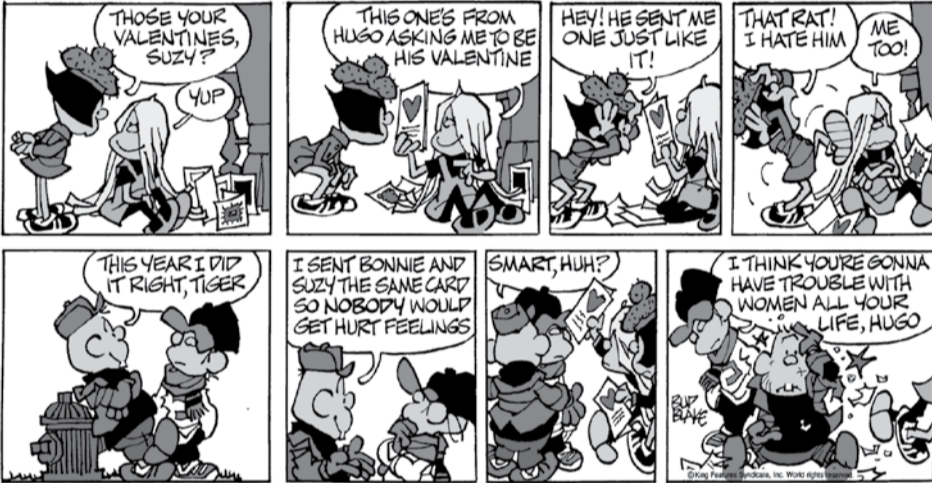
Differences: 1. Vest is moved, 5. Chart is different, 6. Curtain is not as wide, 4. Foot is moved, 5. Chart is longer, 3. Chair is taller.

Out on a Limb



by Gary Kopervas

TIGER



by BUD BLAKE

GRIN AND BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



T	E	N	T	H		V	A	T			Z	O	L	A				
A	D	I	E	U		E	G	O			V	I	N	I	C			
M	E	S	A	S		I	O	N			E	N	T	E	R			
		N	I	C	K	E	L			G	A	S	C	O	N			
				H	E	R				C	A	M	P					
F	A	B			D	I	D	O			T	E	A	S	E	D		
O	G	R	E		C	O	L	A			R	U	N	N	Y			
A	L	O	T		A	N	O	R	A			L	E	A	L			
M	E	D	A	L		A	S	C	I			D	A	T	A			
S	T	Y	L	E	S		S	H	O	D		K	E	N				
						S	A	K	I			L	E	A				
						O	B	R	I	E	N		W	I	C	K	E	D
C	U	R	I	O			O	R	E			O	R	E	A	D		
A	S	E	A	N			L	A	V			D	O	L	B	Y		
M	E	W	L				L	Y	E			E	N	S	U	E		

STATEPOINT CROSSWORD • THE OSCARS

CLUES

- ACROSS**
- 1/10
 - European tourist tax, acr.
 - "Germinal" author Émile
 - Bye, in Paris
 - Bigheadedness
 - Relating to wine, arch.
 - Tabletop mountains
 - H+, e.g.
 - Large key on the right
 - ** "___ Boys"
 - ** Emilia Pérez leading actress
 - H in HMS, sometimes
 - Kids' get-away
 - Like certain Four
 - Queen of Carthage
 - Razzed
 - Scary fairytale creature
 - Soft drink
 - Like certain egg order
 - Sir Mix-___
 - * Sean Baker's original screenplay
 - Loyal, arch.
 - Caldecott award
 - Ascus, pl.
 - AI's learning material
 - Harry ___, once of One Direction
 - Wearing footwear
 - * At 2024 Oscars, Ryan Gosling sang "I'm Just ___"
 - Sushi restaurant libation
 - Unit of length of yarn
 - * This year's Academy Awards host
 - * Elphaba and Galinda story
 - Antique shop item
 - Metal-bearing rock
 - Mountain nymph
 - Southeast Asian org.
 - Lavatory, abbr.
 - * ___ Theatre
 - Whimper
 - Sodium hydroxide
 - Follow
- DOWN**
- Scottish cap
 - Barbara of "I Dream of Jeannie"
 - Not yet final, at law
 - Mold a mind
 - Like ear of corn that is ready to cook
 - Bride's cover
 - Opposite of hence
 - Polynesian kingdom
 - Zn
 - "I'm ___ you!"
 - Property right
 - Acronym, abbr.
 - Evening worship
 - "All My Children" vixen
 - Invoice qty.
 - Colossus, pl.
 - Fizzes
 - End of a shoelace
 - ** "The Brutalist" leading actor
 - Spanish lady
 - Old, in Scottish
 - Go stealthily
 - Related on mother's side
 - * Chalامت's role
 - Et alibi, abbr.

CROSSWORD														
1	2	3	4	5	6	7	8		9	10	11	12		
13					14				15					
16					17				18					
	19				20			21	22					
				23				24						
25	26	27		28		29			30		31	32	33	34
35			36			37			38		39			
40						41			42			43		
44				45		46					47			
48				49		50			51		52			
				53		54			55		56			
	57	58	59					60				61	62	
63						64	65			66				67
68						69				70				
71						72				73				

SWITCH & GET \$25

Off First Month of New Service!
USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR 888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

- St. Louis' Gateway
- Garlicky mayonnaise
- Acne, technically
- Famous frat house
- Crack
- Grassy mound
- Ohio metropolis
- Yorkshire river
- Tea or beer
- Iranian money
- We have
- Mature elvers
- Dabu-___, chili pepper condiment
- Operator's equip.
- * Jamie Foxx won Best Actor in 2005 for this biopic
- Yellow #5, e.g.

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE-STEP WALK-IN TUB 1-855-576-5653

With purchase of the Safe-Step Walk-in Tub. Not applicable with any previous walk-in tub purchase. Offer available with restrictions. See website for details. ©2023 Safe-Step. All rights reserved.

			5	3		2		
			6	7				8
9	7							5
	8	6					1	5
3		4				8		2
7	5					4	3	
	4						2	1
1			4	7				
		9		5	1			

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!



916.773.1111

6	1	8	5	3	9	2	4	7
4	3	5	2	6	7	1	9	8
9	7	2	1	8	4	6	5	3
2	8	6	7	4	3	9	1	5
3	9	4	6	1	5	8	7	2
7	5	1	9	2	8	4	3	6
5	4	7	8	9	6	3	2	1
1	6	3	4	7	2	5	8	9
8	2	9	3	5	1	7	6	4

WE SUPPORT FIRST RESPONDERS



Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00866
Transport Plus MKD, LLC, 1500 W El Camino Avenue, #642, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Transport Plus MKD" 5320 Finsbury Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 6, 2025
Publish: Feb 21, 28, March 7, 14, 2025 MKD 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00631
Alexandre Frolov, 867 Woodside Lane E, Unit 5, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Frolov Enterprise" 867 Woodside Lane E, Unit 5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025 FROLOV 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00868
Summit Building Group, 1401 21st Street, Suite 7958, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Summit Kitchens and Baths/Summit ADU's/Summit Restoration" 1401 21st Street, Suite 7958, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 6, 2025
Publish: Feb 21, 28, March 7, 14, 2025 SUMMIT 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00944
CalSun Pool Care, LLC, 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Premier Pool Service of Sacramento" 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025 PREMIER 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00784
Brandon Lindsay, 3441 Data Drive, #559, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Outlaw Meats" 3441 Data Drive, #559, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025 OUTLAW 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00249
Mount Olives Group of Companies LLC, 2981 Fulton Avenue, Suite A, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Mount Olives Group of Companies" 2981 Fulton Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025 OLIVES 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00634
Iulia Ardellian, 4921 Travertine Circle, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Shevonails" 6720 Madison Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025 SHEVONAILS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00633
Svetlana Gavriilyuk, 4801 Hidden Meadow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Luxe Nails" 6720 Madison Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025 LUXE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00913
Richard KwangJae Oh, 1021 Sibley Street, Apt B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Master Sushi" 194 Blue Ravine Road, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025 SUSHI 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00810
Arbite, LLC, 3317 El Valle Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Tenley" 3317 El Valle Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025 TENLEY 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00758
Vladislav Solovay, 1548 Bartlett Lane, Apt 21101, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Protech-Mobile Locksmith" 1548 Bartlett Lane, Apt 21101, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025 PROTECH 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00767
Ahmad Usufy, 2496 Pheasant Hollow Drive, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Halal King" 2496

Pheasant Hollow Drive, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025 HALAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00107
Bodylux Glow Bar LLC, 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Élevé Medspa & Aesthetics" 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025 ÉLEVÉ 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00884
Oh Sacramento Inc., 1407 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Tang Jip" 1407 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025 TANG 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00770
United Studio LLC, 122 Via Del Milagro, Monterey, CA 93940 is doing business under the Fictitious Business Name(s) "United Studios" 122 Via Del Milagro, Monterey, CA 93940. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025 UNITED 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00898
Affordable Truck Rental, LLC, 3331 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Affordable Truck Rental" 3331 Fruitridge Road, Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025 RENTAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00443
Assurgent Medical Billing Solutions, LLC, 5230 Sky Parkway, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Assurgent Consulting Group" 5230 Sky Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 22, 2025
Publish: Feb 21, 28, March 7, 14, 2025 GROUP 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00822
Equitable Talent Strategies, Inc., 951 El Dorado Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Rooted Personal Fitness/Rooted Business Solutions" 951 El Dorado Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025 ROOTED 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00762
Jeffrey D. Aston, 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Trustee Estate Services" 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025 TRUSTEE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00628
Aziz & sons Inc., 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Xpress Auto Care" 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 30, 2025
Publish: Feb 21, 28, March 7, 14, 2025 XPRESS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00901
Barry James Larson Jr., 408 V Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Jazcat Mobile Entertainment" 408 V Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025 JAZCAT 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00990
She Bringz Fashion by Marisaa Nicole LLC, 3936 Senate Avenue, #B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "E'LAN Noir" 3936 Senate Avenue, #B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025 ELAN 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09655
Sun City Towing and Auto Care LLC, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Local Tow Guys" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 30, 2024
Publish: Feb 21, 28, March 7, 14, 2025 LOCAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00457
Forever Coaching LLC, 1867 Oak Bluff Way, Sacramento, CA 95833 is doing business under

the Fictitious Business Name(s) "Forever Coaching LLC" 1867 Oak Bluff Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 23, 2025
Publish: Feb 21, 28, March 7, 14, 2025 FOREVER 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01007
Ryan J Rielley, 6225 Sunmist Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "We Mean Clean" 6225 Sunmist Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025 WE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00992
Vineet Singh Pamami, 7837 Abington Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bargain Super Market" 7817 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025 BARGAIN 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01044
SAP Solutions, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Clearinghouse C/TPA & Background Check Services" 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 14, 2025
Publish: Feb 21, 28, March 7, 14, 2025 C/TPA 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00318
Adoboink LLC, 6824 Gold Run Avenue, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Adoboink Filipino Food" 6824 Gold Run Avenue, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 16, 2025
Publish: Feb 21, 28, March 7, 14, 2025 ADOBOINK 3-14-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME
STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2025-00995
The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Clearinghouse C/RTA Background Services, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. The Fictitious Business Name Statement was filed on 2/13/2025 in the County of Sacramento.
Filed with the clerk of Sacramento County: 2/14/2025.
Publish: Feb 21, 28, March 7, 14, 2025 C/RTA 3-14-25

ORDER TO SHOW CAUSE CHANGE OF NAME
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV011052
Sobeyla Moradi has filed a petition with this court for a decree changing the name(s) of Sobeyla Moradi to Maria Moradi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on April 2, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 18, 2024 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 31, Feb 7, 14, 21, 2025 MORADI 2-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001121
Ghiam Mahboob Qaderi has filed a petition with this court for a decree changing the name(s) of Abdul Satar Emran to Emran Qaderi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 15, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Jan 31, Feb 7, 14, 21, 2025 QADERI 2-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001903
Gulmomena Ramazani has filed a petition with this court for a decree changing the name(s) of Gulmomena Ramazani to Arezo Ramazani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 11, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: February 7, 14, 21, 28, 2025

RAMAZANI 2-28-25
SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001906
Sima Gull Jamal has filed a petition with this court for a decree changing the name(s) of Sima Gull Jamal to Aylin Jamal. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 11, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: February 7, 14, 21, 28, 2025 JAMAL 2-28-25

ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001842
Fareed Ahmad Haideri has filed a petition with this court for a decree changing the name(s) of Fareed Ahmad Haideri to Fareed Ahmad Rahimi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 11, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: February 7, 14, 21, 28, 2025 FAREED 2-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001753
Sayedi Majidi has filed a petition with this court for a decree changing the name(s) of Sayedi Majidi to Sayed Khalil Majidi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 10, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 22, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 14, 21, 28, March 7, 2025 MAJIDI 3-7-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002562
Nadia Ghafari has filed a petition with this court for a decree changing the name(s) of Nadia Ghafari to Nadia Wail. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 31, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 14, 21, 28, March 7, 2025 NADIA 3-7-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003088
Paul Nicholas Duff has filed a petition with this court for a decree changing the name(s) of Paul Nicholas Duff to Paul Nicholas Curtin. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 7, 2025 Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 CURTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003283
Adeeb Rahman Usmani has filed a petition with this court for a decree changing the name(s) of Osama Usmani to Daniel Usmani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 11, 2025 Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 USMANI 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003137
Quentin Marcel Williams has filed a petition with this court for a decree changing the name(s) of Quentin Marcel Williams to Quentin Marcel Jones. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA

95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 10, 2025 Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 QUENTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002080
Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Mujtaba Mohammadi to Mujtaba Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 MUJTABA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002102
Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Mustafa Mohammadi to Mustafa Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 29, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Christopher E. Krueger, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 MUSTAFA 3-14-25

Pilar Villa Gonzalez has filed a petition with this court for a decree changing the name(s) of Pilar Villa Gonzalez to Ma. Pilar Villa Gonzalez and Juvenal Pena to Juvenal Pena Palafox. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 7, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 GONZALEZ 3-14-25

Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Murtaza Mohammadi to Murtaza Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: January 27, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 MURTAZA 3-14-25

Maria Griselda Diaz-Bolter has filed a petition with this court for a decree changing the name(s) of Maria Griselda Diaz-Bolter to Griselda Maria Diaz-Bolter. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 1, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: February 13, 2025 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 BOLTOR 3-14-25

Aries Darrell Saechao has filed a petition with this court for a decree changing the name(s) of Aries Darrell Saechao to Aries Darrell Voong. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 19, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: November 1, 2024 Richard K. Sueyoshi, Judge of the Superior Court
Publish: Feb 21, 28, March 7, 14, 2025 VOONG 3-14-25

NOTICE OF PETITION TO ADMINISTER ESTATE
KENNETH E ENGLE CASE NO. 24PR003754
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Kenneth E Engle. A Petition for Probate has been filed by Cynthia Engle, in the Superior Court of California, County of Sacramento, requesting Cynthia Engle be appointed as personal representative(s) to administer the estate of the decedent.
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows March 5, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Edward Burns, Esq., 5440 Park Drive, Suite 102, Rocklin, CA 95765; 916-282-9799
Publish: February 7, 14, 21, 2025 ENGLE 2-21-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF MYRL CARLENE JEFFCOAT, MYRL CARLENE HEADY CASE NO. 25PR000240
To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Myrl Carlene Jeffcoat, Myrl Carlene Heady. A Petition for Probate has been filed by Jill Janise Dutra, in the Superior Court of California, County of Sacramento, requesting Jill Janise Dutra be appointed as personal representative(s) to administer the estate of the decedent.
The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
A hearing on the petition will be held in this court as follows March 5, 2025, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file

Embracing a New Season, League

Continued from page 1
 the youngsters have been together since Little League. "It can be misleading," Ahlstrom said. "We do have young guys but we have guys that are coachable and they've all bought in. The youth doesn't matter in my opinion because they know what they're doing and they work together as a unit real well. I've known these kids for a while, so they know the system."

Key contributors figure to include junior pitcher/infielder Levi Nyberg, an All-State player a season ago who also led the team with a .671 batting average. A trio of sophomores in Bro Ahlstrom, Gage Cordova and Gabriel Vargas will also be relied upon in a big way as players who produce all over the field. Additionally, freshman outfielder Nathan Jones has quickly made an impression on the team. At 6'1" and 180 pounds, Ahlstrom describes Jones as "made out of a granite mountain." The newcomer figures to provide some power in the Lancers' lineup this season.

The Lancers will compete in the new Metro League this spring, which promises to provide some big-time competition against the likes of McClatchy and West Park high schools. For Ahlstrom, the fresh start is welcomed as he said that it will bring the best out of his roster.

"The GSL (Greater Sacramento League) was not very strong, so we went game to game and it was tough to get guys 'up' for those games," Ahlstrom said. "The Metro (League) is going to be a lot better competition and win or lose, you're still going to get better each game going against that better competition. When you do, well, there's a lot more notoriety because there's more weight carried in the new league rather than the GSL, so that'll be good."

The Lancers' next home game is scheduled for 3 p.m. Feb. 26 as the team hosts Inderkum at Peterson Field. ★



Junior Levi Nyberg rounds second on his way to third during the game against Destiny Christian Academy.



Cordova Head Coach Scott Ahlstrom, left, talks to his squad after the game against Destiny Christian Academy.



Sophomore Gage Cordova gets the start against Destiny Christian Academy.



Junior Levi Nyberg slides safely into third base during the game against Destiny Christian Academy on Feb. 11.



Freshman Nathaniel Jones comes in for relief during the game against Destiny Christian Academy.

LEGAL ADVERTISING
 Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195580 - September 18, 1969
 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-200-0075335 - March 12, 2020
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

TRUSTEE SALE

may call (877) 440-4460 or visit this Internet Web site www.mkconsultantsinc.com, using the file number assigned to this case 240916570. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Notice To Tenant: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match

the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (877) 440-4460, or visit this internet website site www.tlssales.info, using the file number assigned to this case 240916570 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the

trustee receives it no more than 45 days after the trustee's sale. When submitting funds for a bid subject to Section 2924m, please make the funds payable to "Total Lender Solutions, Inc. Holding Account". If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. Date: 2/4/2025 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 By: Rachel Seropian, Trustee Sale Officer Published 2/14/25, 2/21/2025, 2/28/2025 Grapevine Independent 2-28-25

CALL A PRO BUSINESS DIRECTORY

SLS
Superior Landscape Services
 Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured
 Lic#794551

(916) 728-5812 • Cell (916) 761-0999
 Dave Cochran Owner • dave_SLS@surewest.net

All American Pro Construction & Restoration
 Family-owned & operated.
 We offer Veterans & Senior Discounts
 Great Craftsmanship & Customer Service
 Specializing in Kitchen & Bath Remodels,
 Water Damage, plus Much More.
 BIG or SMALL, We Do It All. Give Us a Call.
 916-504-0188

CSLB# 1089369,
 Licensed, Bonded & Insured

CASH
for Diabetic Test Strips and Supplies

We pick up and pay you CASH ON THE SPOT!

Call 916-505-4673 Now!

SMOOT LANDSCAPING
LANDSCAPES & DESIGN

DESIGN - RENOVATION - WATER FEATURE
 STONE & CONCRETE - OUTDOOR LIGHTING
 IRRIGATION SYSTEM

916-454-1300
 www.SmootLandscaping.com

Lic#633224; Serving Sacramento since 1982
 Recognized in the Sacramento Bee,
 Street of Dreams & Garden Tours of East Sacramento

ON THE WHEEL EXPRESS
 Call Dwight | 530-665-3770 | OnTheWheelExpress@gmail.com

Moving & Hauling

Appliances • Furniture • Auto Parts
 Equipment • Paint • Building Materials
 MC-1442197 U.S. | DOT No. 3908711

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
 • Eyewear for Computer Users

Dr. William Fleischmann
 (916) 991-8444

Saturday Appointments Available
 6716 RIO LINDA BLVD., SUITE B, RIO LINDA

SENIOR DISCOUNTS!

Mr. Handyman
 Home Improvement Professionals

Professional • Safe • Reliable • Fully Insured
 (916) 487-8655
 www.mrhandyman.com/arden-arcade

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
 Tree Removal & Stump Grinding

Free Estimates
 Competitive Prices
 Licensed and Insured

(916) 224-9750

MORE TIME ON YOUR BUSINESS
 ...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle Employee Services
916-760-7227
 www.pinnaclehr.com

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
 www.ydig.com

We're #1 in the #2 business
 Off (916) 488-1215 Lic #754886

RETIRED COUPLE
 HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
 Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
 Principal (818) 248-0000 Broker
 WWW.VIPLoan.com *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
 Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Local Classifieds Advertise in your local community newspaper Call 916-773-1111

Announcement

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

Cellular Plans

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-908-0605 (Cal-Scan)

Health/Wellness

Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (Cal-SCAN)

Home Remodel

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749 (Cal-SCAN)

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial

American Landscape Design & Installation, Est 1987
 American Construction & Property Maintenance Company
 WE ACCEPT VISA & MASTER CARD
(916)612-0776

Landscaping

YARD SERVICE ONE-TIME CLEANUP
 Mow, Weed, Prune & Haul
 NEED: Landscaping bark?
 Gutters cleaned?
 Light fence work?
 CALL 916/205-9310 or 916/627-9000/

Real Estate

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

Autos Wanted

DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN)

Elder Care

GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per day. Available 24/7 nationwide. BBB Rated A+ Business. Call GoGo to get started. 1-855-476-0033 (Cal-SCAN)

Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com (TFN)

Home Remodel

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-877-252-9868 (Cal-SCAN)

Need Help?

Hire A Pro!

Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com (Cal-SCAN)

Roofing

BERNARDINO ROOFING
 Roofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!
 FREE ESTIMATES
 SENIOR DISCOUNTS
 Lic.#817945 43 Years Experience
916.920.0100
 www.bernardinoroofing.com

Financial

Struggling with debt? If you have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860 (Cal-SCAN)

Hall Rentals

VFW Post 6158

8990 Kruithof Way, Fair Oaks, CA
916-966-1663
 vfw6158.org/rent-our-hall/

Help Wanted

Many Positions are Available. Please no phone calls. Apply in person.
 10971 Olson Dr. Rancho Cordova, CA 95670

Home Repair

WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call!

Home Warranty

Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call:1-855-411-1731 (Cal-SCAN)

Music Lessons

Guitar Lessons
 Beginner to Advanced, \$20/half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2025)

Tree Service

BP TREE SERVICES LLC.
 TREE & STUMP REMOVAL
 TREE TRIMMING/ SHAPING
 FREE ESTIMATE
 10% OFF WITH THIS AD
 Insured. Workman's comp. Arborist
916-722-6321
 BPTreeServices.com
 VISA / MASTER CARD
 California Contractors Lic #1036031

Computer Service

Zinsky's
 PC Configurations
 "Don't replace it - REPAIR IT!"
 Custom Desktop Computer Configurations
 • PC Repair • Home Wireless Networking
 • Installations • Virus & Spyware Eradication

Alan Zinsky
 Phone: 916-622-2269
 Zconfig@sbconfig.com
 Bus. Lic. # 305312 • B. E. A. R. Reg. #84416
 www.zinskyspcrepair.com

Are You a Pro?

Get the word out!

Advertise in the Classifieds
 Call 916-773-1111

Insurance/Health

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental50plus.com/calnews #6258 (Cal-SCAN)

Home Remodel

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, waiving ALL installation costs! (Additional terms apply.) Subject to change and vary by dealer. (Offer ends 3/30/25.) Call 1-833-985-4766 (Cal-SCAN)

MPG8.COM

Bob's BASEBALL Tours
 Sports Lover's Tour Ultimate Baseball Tour
 See an NHL & NBA game, visit Pro Football Hall of Fame and tour Lambeau Field & see 4 MLB games from April 8-15
 \$2,800/person based on double hotel occupancy
 August 11-21, 2025
 Please call or text for FREE brochure 507-217-1226 or visit our website
www.bobsbaseballtours.com

Music Lessons

Guitar Lessons
 Beginner to Advanced, \$20/half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2025)

Tree Service

BP TREE SERVICES LLC.
 TREE & STUMP REMOVAL
 TREE TRIMMING/ SHAPING
 FREE ESTIMATE
 10% OFF WITH THIS AD
 Insured. Workman's comp. Arborist
916-722-6321
 BPTreeServices.com
 VISA / MASTER CARD
 California Contractors Lic #1036031

Advertising Works!

Buy and Shop Local!

MPG

RETIRED COUPLE
 HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
 Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
 Principal (818) 248-0000 Broker
 WWW.VIPLoan.com *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
 Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Use Your Library Card to Reach Goals

Sacramento Public Library News Releases

SACRAMENTO COUNTY, CA (MPG) - If you're losing steam on your New Year's resolution or need fresh inspiration to kick-start your goals, your library card will come in handy.

Library-goers can browse the library's catalog for books and materials, and also have free access to a wide range of digital resources including videos, tutorials and apps.

For example, the online Craftsy has video courses on healthy cooking and eating and a full collection of fitness classes on stress management, sleep, supporting immunity, and exercise for all fitness levels.

Get Healthy U TV is a newer addition to Hoopla BingePasses and includes a diverse range of workouts for all fitness levels including yoga, circuit training, kickboxing, and barre.

The Great Courses on Kanopy has a Healthy Living collection featuring full courses on a range of health topics for physical, mental and emotional well-being including mindfulness, strength training, healthy cooking, yoga and building resilience. Kanopy also provides free access to thousands of movies with a library card.

Mango Languages,



Having a library card provides access to more than just books and magazine on shelves in the library; the card also gives you access to digital access to resources impacting our daily routines as well as our long-term goals. Photo courtesy of Sacramento Public Library

Pronunciator and Transparent Languages are perfect for anyone wanting to learning a new language or brush up on language skills.

LinkedIn Learning, Gale Courses and GetSetUp are all learning platforms covering a broad range of skills including staying safe online and building technical, creative, and interpersonal skills for professional and personal growth.

Creativebug in the Hoopla BingePasses collection offers video classes taught by top artists

and downloadable resources that teach you how to crochet, knit, paint, draw, sew, quilt and more.

Consumer Reports has reliable and unbiased reviews and buying advice on products ranging from household appliances to money products like insurance and personal finance.

Valueline offers investment ratings, research, statistics and forecasts for thousands of stocks and mutual funds.

Weiss Financial Ratings are trusted guides to stocks, mutual funds and exchange-traded funds

(ETFs), banks, credit unions and insurance companies.

Browse Craftsy's collection of courses covering landscape design, floral arrangement and vegetable gardening.

Or get garden design ideas and inspiration with the renowned British horticulture broadcaster and writer, Monty Don, new on Hoopla BingePasses.

For reading ideas, look at staff picks and book lists curated by Sacramento Public Library librarians for readers of all ages on the Libby app. Or check out one of

the library's book groups led by library staff in branch and online. There's something for all reading interests, from romance to mystery to graphic novels.

Get Ready for College Entrance Exams

For students who want to prepare for the SAT, ACT and AP exams, the Sacramento Public Library also provides free test prep, tutoring and college essay help. Your library card gives you free access to a wide range of online tools to help you prepare for college entrance exams and essays.

Peterson's Test & Career Prep offers free GMAT, GRE, MCAT and LSAT online practice tests. You'll also find info on scholarships and financial aid.

Tutor.com offers online test prep and tutors who will work individually with students on AP, International Baccalaureate (IB), ACT, SAT, and college admissions and scholarship essays. Students can select a tutor based on their profile and subject expertise and schedule a tutoring session at a time that works for them.

To find a Sacramento Public Library Branch near you, go online to saclibrary.org. Or call 916-264-2700 or toll free 800-561-4636. ★

History Museum Offers Exciting Ways to Celebrate Black History Month

Sacramento History Museum News Release

SACRAMENTO, CA (MPG) - Sacramento History Museum officials are excited to offer two engaging ways for the community to celebrate Black History Month: by experiencing a limited-time exhibit of triumph and by enjoying a lively night of Sacramento jazz and blues blended with Black history.

In proud partnership with the Sojourner Truth African Heritage Museum, the Sacramento History Museum has a special exhibit on display, "A History of African American Educators," through March 30.

The culturally-rich exhibit features two 19th-century teachers who prevailed against racial discrimination by breaking down discriminatory barriers to equal education. The exhibit provides a unique opportunity for visitors to experience what it might have felt like sitting in an early 20th-century classroom, to discover the challenges of segregated schools, and to learn about the triumphs of educators. The educators include Elizabeth Thorn Scott Flood and Sarah Mildred Jones, who broke barriers to provide free public education to all ages and races. This limited-time exhibit is included with museum admission.

To close out Black History Month, the



Here is part of the Sacramento History Museum Black History exhibit. Photo courtesy of the Sacramento History Museum

Sacramento History Museum will present "The West End Blues," a night of entertainment from the Harley White Jr. Orchestra, offering a blend of history and

music. The event is from 6 to 8 p.m. Feb. 27. Guests will enjoy the sounds of big-band jazz, setting the stage for a journey into Sacramento's West End.

In addition to the powerful music, Sacramento historian William Burg will weave in captivating tales from the lost neighborhood, bringing the stories of its vibrant community to life. With a mix of live music, captivating narratives and historic photos, "The West End Blues" event will highlight the triumphs, struggles and untold stories of Sacramentans who have faded from memory.

"The West End Blues" tickets cost \$50 for adults; \$35 for members and \$35 for youth (under 21) and include appetizers and nonalcoholic drinks plus adults (ages 21-plus) will receive two free drink tickets for wine. Tickets are limited and available at sachistorymuseum.org/events/a-sacramento-jazz-story-west-end-blues.

The Sacramento History Museum, located at 101 I St., Old Sacramento, is managed by the Sacramento History Alliance, a nonprofit organization dedicated to making Sacramento's history accessible to all. In partnership with the City and County of Sacramento, the Sacramento History Alliance operates the Sacramento History Museum and its programs, including the Underground Tours, educational school programs and community cultural events.

For more information about the Sacramento History Museum and/or the Sacramento History Alliance, visit SacHistoryMuseum.org. ★

Bike and Pedestrian Safety Grant Awarded to County

Sacramento County Office of Education News Release

SACRAMENTO COUNTY, CA (MPG) - Thanks to a new \$188,000 grant awarded to the Prevention and Early Intervention Department at the Sacramento County Office of Education by the California Office of Traffic Safety, students at seven middle school campuses across Sacramento County will lead program activities to increase bicycle and pedestrian safety.

"The safety of people walking and biking on our roads is a top priority for our office," California Office of Traffic Safety Director Stephanie Dougherty said. "Everyone moves, and not always by car. It's important that we invest in efforts to protect people walking,

biking, and rolling that help establish a strong traffic safety culture where everyone on California roads can travel to and from places safely."

The Sacramento County Office of Education has been a recipient of this grant since 2015 and looks forward to continuing the important countywide project. The goal is to help middle school youth develop attitudes and habits that promote lifelong traffic safety values, building a foundation that helps students make safe decisions when they become teen drivers. Working with Safety Center Incorporated and other community partners, the county Office of Education will use the grant to increase bicycle helmet compliance for youth (ages 5 to 18).



The Sacramento County Office of Education received grant funding to provide middle schoolers with program activities to increase bicycle and pedestrian safety. Photo courtesy of Pixaby

Funding for the grant comes from the National Highway Traffic Safety Administration and runs through this September.

Students will complete a pre- and

post-observational survey, identify safety concerns in their school community and advocate for changes to be made. They will also educate their peers and families

about bicycle and pedestrian safety and helmet use through school-based activities, contests, public service announcements, social media posts, newsletters and the distribution of safety equipment.

School sites will also receive crossing guard kits, including stop signs, electronic whistles, sandwich board signs and reflective vests.

The Sacramento County Office of Education's Bicycle and Pedestrian Safety Program is a comprehensive safety program that teaches valuable skills for all types of road users. It includes classroom education, community-based presentations and workshops, plus the distribution and proper fitting of bicycle helmets for students and families in need.

Bike "rodeos" and family

events at Safety Center in Sacramento will encourage safe riding skills. Walking field trips and on-foot safety trainings will also be conducted, allowing students to practice safe habits with adult supervision.

The Sacramento County Office of Education and its partners have seen positive results from the safety education efforts. Last school year, classroom and community presentations reached more than 900 individuals. The program distributed more than 225 helmets at seven participating schools and community events, and more than 100 students participated in on-foot safety trainings. Survey results also demonstrated that the number of students wearing bicycle helmets at school sites increased as did safe walking practices. ★

Running for Cancer Research

Dana-Farber Cancer Institute News Release

SACRAMENTO REGION, CA (MPG) - On April 21, Maria Amparo Haynes of Elk Grove is running to defy cancer as a member of the Dana-Farber Marathon Challenge team in the 129th Boston Marathon.

Along with more than 500 Dana-Farber Marathon Challenge teammates from across the United States and around the world, they will run Massachusetts' historic marathon route from Hopkinton to Boston to collectively raise \$8.5 million for cancer research at Dana-Farber Cancer Institute.

This year marks the 36th annual running of the Dana-Farber Marathon Challenge. One hundred percent of the money raised by the Dana-Farber Marathon Challenge team benefits Dana-Farber's Claudia Adams Barr Program in Innovative Basic Cancer Research, which supports promising science research in its earliest stages. The Dana-Farber Marathon Challenge has raised more than \$132 million for the Barr Program to date.



Maria Amparo Haynes of Elk Grove along with more than 500 Dana-Farber Marathon Challenge teammates from across the United States will be running in the 2025 Boston Marathon. Photo courtesy of Pixabay

In 1990, Dana-Farber was among the first charity organizations to be recognized by the Boston Athletic Association, which organizes the Boston Marathon. The Dana-Farber Marathon Challenge team offers its

members extensive fundraising support, training guidance from 1976 Boston Marathon Men's Open Division Champion Jack Fultz, and team training runs. Dana-Farber Marathon Challenge runners who are

not time-qualified for the Boston Marathon receive an invitational entry into the race.

Runners include cancer survivors and patients, and family and friends of those who have been

affected by cancer.

Each team member must fulfill a basic fundraising commitment of \$10,000 for runners who receive their entry from Dana-Farber and \$4,000 for runners who have obtained

their own race entry.

To contribute to the Dana-Farber Marathon Challenge, visit RunDFMC.org or contact the Dana-Farber Marathon Challenge office at 617-632-1970. ★

Pranyte Named Player of the Week



Hornet freshman Emilija Pranyte was awarded Big Sky Conference Player of the Week honors on Feb. 12, after the Hornets posted a thrilling victory over Saint Mary's. Photo courtesy of Sac State Athletics

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - An undefeated record and a historic team victory for the Sacramento State women's tennis team helped lift freshman Emilija Pranyte to Big Sky Conference Player of the Week honors on Feb. 12, after the Hornets posted a thrilling victory over Saint Mary's in their lone match of the week.

It is the first career weekly honor for Pranyte and the first for a Sacramento State student-athlete since Irene Riva earned the second award of her career on March 27 of last season.

Extending their unbeaten start to the 2025 campaign to four straight matches, the program's best since opening 4-0 in 2008, the Hornets handed the host Gaels a 4-2 defeat on Super Bowl Sunday, posting the program's first win over Saint Mary's

since a 4-3 win at home in 2011 and its first win in Moraga since a 6-0 shutout in 1992.

Pranyte played a key role in that victory, getting Sacramento State its first win of the day alongside partner Palina Saulevich in their season debut at No. 1 doubles with a 6-3 victory as the Hornets went on to clinch the doubles point for a 1-0 lead in the match.

Shortly thereafter, Pranyte put her team on the brink of victory with a 6-2, 2-6, 7-6 (5), win over Juliette Daries at No. 3 singles, breaking a 2-2 tie and setting up teammate Maddy Ferreros to clinch the contest with a three-set win at No. 1 for the final score.

Pranyte's victory improved her to 2-1 in three-set singles contests this season as the Lithuanian improved to 3-1 overall in singles — playing at the No. 2, No. 3, and No. 4 spots in the lineup — and 2-0 in doubles play. ★

Athletics Storming into Spring Training

By Martin Gallegos, MLB.com

SACRAMENTO REGION, CA (MPG) - There was a different energy as Athletics pitchers and catchers took the field at Mesa Arizona's Hohokam Stadium on Feb. 12 for the first day of spring training, one that has not been felt around these parts in quite some time.

Since the roster teardown of their previous playoff-contending team took place just before the start of the 2022 season, the A's have entered camp each spring operating in rebuild mode. This year, however, the messaging has shifted, no longer is this a rebuilding period. The A's believe they are ready to win now.

"There is definitely a higher level of expectation," manager Mark Kotsay said. "You look at the progress we made in the second half and the group that came together, that nucleus of guys, I think they've built a culture in there that they believe in each other and know that they belong."

That belief system was established over the second half of last season, when the A's finished 39-37 over their final 76 games. That second-half success led to an improvement upon their 2023 win total by 19 games (69-93), ending the year having identified a talented group of players that have solidified Major League roles such as Brent Rooker, Lawrence Butler, Mason Miller, JJ Bleday, Shea Langeliers and Zack Gelof.

Through the discovery of that core group, as well as the additions of veterans such as Luis Severino, Jeffrey Springs, José Leclerc and Gio Urshela, this spring is going to be atypical from the past few

years. Sure, there might be a couple of roster battles on the pitching side and at backup catcher. But for the most part, 2025 Spring Training is going to focus less on configuring the 26-man roster and more on sharpening up the tools for a year in which the A's expect to be in playoff contention.

"Everyone in this game wants those expectations," Kotsay said. "We haven't necessarily had those over the last [three] seasons. We've had our challenges, and we're still going to have our challenges. Our improvement of 19 games still was only 69 wins. We recognize that. We understand it's going to take a great season to improve on 69 [wins] to get to the playoffs. We're preparing ourselves for that and those are expectations that we want to have."

JP Sears certainly sensed a different vibe inside the clubhouse from his previous two springs with the A's. Whereas in the past, the room was filled with a bunch of players who were just fighting to establish themselves as big leaguers, there is now a true sense of camaraderie amongst a group that has been through the ups and downs of a Major League Baseball season together.

"The past two years of Spring Training, you kind of just came in hoping to survive at times," Sears said. "Now it feels like we can be a little bit more expecting of things. We have a lot of the same guys that have been here the last two years. The overall outlook is that we're going to be more on the attack and know we're going to be really competitive throughout the year. We're going to hang with every team and be better than a lot of teams that we face." ★

Hornet Freshman Named Player of the Week

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - On Feb. 12, Hornet freshman Gur Libal was named the Big Sky Conference Player of the Week after leading the Hornets to a 3-1 record over the previous week. That included a Big Sky season-opening road win at Portland State.

Those four matches came over a seven-day span, and the Netanya, Israel, native went 4-0 in singles play, and 3-1 in doubles. He won three of the four singles matches in straight sets, including a 7-5, 6-3 win over Portland State's Edoardo Cravanzola at No. 2.

Libal played his first match of the week at No. 3 in the singles lineup, but moved up to No.

2 for his final three matches. He played at positions 1, 2 and 3 in doubles (twice at No. 1).

At No. 3 against American River College on Feb. 5, he won his match by a 6-1, 6-4 score. He followed up that effort with a 7-6 (2), 3-6, 6-3 win at No. 2 against Seattle on Feb. 7. He won in straight sets on Feb. 9 at Portland State and dropped just one game in the home-opening victory over Jessup 6-1, 6-0, on Feb. 11.

Libal played with two different doubles partners, including a 6-3 win at No. 1 in the victory over Portland State. It was that match that clinched the all-important doubles point in a 4-3 victory against the Vikings. He also won his match at No. 2 by a 6-3 score against American River, and 6-1 at No. 1 vs. Jessup. ★



Sacramento State University freshman Gur Libal was named the Big Sky Conference Player of the Week on Feb. 12. Photo courtesy of Sacramento State University Athletics

New Ordinances to Better Regulate Sidewalk Vending



The Sacramento County Board of Supervisors voted on Feb. 4 to approve new ordinances to better regulate sidewalk vending in the unincorporated parts of the county. Image by Markus Winkler from Pixabay

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors voted on Feb. 4 to approve new ordinances to better regulate sidewalk vending in the unincorporated parts of the county, aiming to enhance public health, safety and compliance. These rules will take effect in March.

These ordinances were introduced in response to the significant rise in sidewalk vending following the enactment of Senate Bill 946 in 2019 and Senate Bill 972 in 2023. While these state laws decriminalized sidewalk vending and eased compliance requirements for mobile food vendors, Sacramento County has faced increasing challenges related to vendor compliance and enforcement.

The newly-adopted ordinances introduce specific permitting and operational guidelines. The Department of Finance will oversee the issuance of sidewalk vending business licenses in the county's unincorporated areas and will work with other county departments to ensure that vendors adhere to business licensing requirements, and avoid restricted locations such as school zones, bike paths and emergency facilities. Vendors must also comply with federal Americans with Disabilities Act regulations and local health codes. A one-year sidewalk vending license will cost \$61.

Additionally, the Environmental Management Department has set new standards for compact mobile food

operations, including permitting, sanitation, temperature control and approved commissary use. These regulations will apply countywide, including in the incorporated cities. It's important to note that these rules apply to compact mobile food operations, not mobile food trucks.

These new regulations do not apply to vending on private property. However, the county is looking into ordinances that address this issue.

In Sacramento County Regional Parks, sidewalk vending will be restricted to designated areas and times to preserve public access to natural and recreational resources. A Request for Proposal process is being developed for concession agreements for stationary vending. Stationary vending will be limited in parks where exclusive concession agreements exist. Park Rangers will be authorized to enforce these regulations, ensuring vendors operate in compliance with county codes.

To ease the transition, the county will initially focus on education, partnering with the Office of Economic Development, Code Enforcement, Park Rangers and the Sheriff's Office to inform vendors about the new rules. Two public information sessions were held in January to educate vendors and stakeholders on the upcoming changes.

As these new regulations take effect in March, Sacramento County aims to create a balanced approach that supports small businesses while maintaining public safety and order. ★

Rosie's Country Kitchen

Best food in town!

BUY ONE GET ONE
1/2 OFF
WEEKENDS

With an entrée at regular menu price. No holidays. Dine-in only. Steak and seafood not included. Not valid with any other coupons or discounts. Expires 2/28/2025

\$6.99

Ham & Eggs
Special Mon-Fri
All Day!

Served with 2 eggs, potatoes and toast

Now Serving Adult Beverages

Try a Refreshing Mimosa!

\$2.99 Beers!

WE DELIVER!
BY DOORSTEP

916-361-1647
rosiescountrykitchen.net

6AM TO 3PM 7 DAYS A WEEK

10273 Folsom Blvd, Rancho Cordova, CA

Be a part of something important

Help deliver the news to your neighborhood

We are looking for people who want to deliver newspapers in their neighborhoods.

Provide great customer service to our readers every week.

Earn money to help pay those monthly bills.

Must have a valid California drivers license and current auto insurance. Previous newspaper delivery experience a plus but not required.

Call us today at 916-773-1111

KP International MARKET

FOOD COURT NOW OPEN

Come Sample the Atmosphere of our World!

1920 21 22 23 24 25

10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

Market: 7 Days: 6am - 9pm
Food Court: 7 Days: 11am - 2:30pm
Korean/Mex/Viet: 7:30pm last call
Chinese/Japanese 7:00pm last call

KP KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

For 6 people \$95.00 + Gratuity

3 Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (12 inch)

For 12 people \$210.00 + Gratuity

3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 4 Main Dishes (12 inch)

For 14 people \$230.00 + Gratuity

3 Hours Karaoke + 2 Pizzas + Pitcher Soda + 5 Main Dishes (12 inch)

For 18 people \$295.00 + Gratuity

3 Hours Karaoke + 3 Pizzas + Pitcher Soda + 7 Main Dishes (12 inch)

For 28 people \$385.00 + Gratuity

3 Hours Karaoke + 3 Pizzas + Pitcher Soda + 8 Main Dishes (12 inch)

Dishes To Choose From

FROZEN & FISH DEPT

Tobiko Fish Roe
4 Kinds
100 g
REG. \$8.99/EA
\$4.99/ea

Abalone Style Shellfish Meat
12 oz
REG. \$12.99/EA
\$8.99/ea

WEEKLY MEAT SPECIALS

Beef Cross Rib Shoulder Roast - Bnds
Carnitas Cruzadas
& Terriera Asada Deshrosada
\$4.99/lb

Beef New York Roast - Boneless
Carnitas de Bra Nuevo York
& Terriera Asada Deshrosada
\$5.99/lb

Chicken Drumsticks
Piernas de Pollo
89¢/lb

Pork Neck Bones
Bocanitas de cerdo de Cerdo
\$1.99/lb

Pork Butt Bone In
Trozo de Puerco con Hueso
\$2.49/lb

Pork St. Louis Ribs - Single Pack
Costillas de San Luis
\$3.99/lb

WEEKLY HALAL SPECIALS

Chicken Drumsticks
Piernas de Pollo
99¢/lb

Australian Lamb Lamb Stew - Bone In
Hueso de Australia
& Corriero Australiano
\$3.99/lb

Beef Cross Rib Shoulder Roast - Bnds
Carnitas Cruzadas
& Terriera Asada Deshrosada
\$4.99/lb

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE FEBRUARY 19 - FEBRUARY 25, 2025.

FRESH PRODUCE

Green Grape Premium
\$2.79/lb

White Dragon Fruit
\$2.19/lb

Celery Sleeved
99¢/ea

English Cucumber
99¢/ea

Red Potato
79¢/lb

Murcott Tangerine 4 lbs
\$3.99/bag

Comice Pear
79¢/lb

Russet Potato 10 lbs Bag
\$2.99/bag

AMERICAN/HISPANIC GROCERY

Fairan Aloe Vera Drink 1.5 liters
REG. \$2.99
\$2.49/ea

Agave White Paper Hot Caps 50 pk 50 x 8 oz
REG. \$3.99
\$2.99/ea

Nature's Bakery Fig Bar 12 ct
REG. \$5.99
\$1.99/ea

Di Aric Tawny Port Wine 500 ml
REG. \$19.99
\$19.99/ea

Premium Nabites Premium Saltine Crackers Original 1 lb
REG. \$3.99
\$3.99/ea

ASIAN GROCERY

Nakano Rice Vinegar 12 fl oz
REG. \$3.99
\$3.39/ea

Funabes Fruit Chews 10 pouches 8 oz
REG. \$2.99
\$1.29/ea

Lee Kum Kee Pure Sesame Oil 15 fl oz
REG. \$9.99
\$7.99/ea

Vicenzi Amaretti Cookies 6.17 oz
REG. \$3.99
\$1.99/ea

Martin Chunky Corned Beef 12 oz
REG. \$5.49
\$4.79/ea

EUROPEAN GROCERY

Neel Sour Cherries 58.3 oz
REG. \$5.99
\$7.99/ea

Ariana Sour Cherry Jam 380 gr
REG. \$1.99
\$1.49/ea

Sesof Organic Sesame Tahini 16 oz
REG. \$9.99
\$7.99/ea

Indo-European Cotton Candy w/ Pistachio 250 gr
REG. \$5.99
\$4.59/ea

Indo-European Praline Molasses 300 ml
REG. \$3.99
\$2.99/ea

KOREAN/JAPANESE GROCERY

Short Grain Rice 4.4 lb
\$7.99/ea

Seafood Spicy Noodle 5 x 120 g
\$3.99/ea

Beef Anders Red Gineang Extract 30 x 70 ml
\$19.99/ea

Udon Bul-Top Shell 400 g
\$6.99/ea

Sesame & Perilla Oil 300 ml
\$7.99/ea

Honey Citrus Tea 1 kg
\$4.99/ea

HOUSEWARES

PAON SEVEN-EIGHT HAIR COLOR (REFILL ONLY)
6.99/ea

ELECTRIC BBQ GRILL
39.99/ea

KAIZEN WOK PAN 36 CM
14.99/ea

ELECTRIC RICE COOKER (5.5QT)
49.99/ea

ELECTRIC RICE COOKER (3.5QT)
54.99/ea

ELECTRIC RICE COOKER (4.5QT)
59.99/ea

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE FEBRUARY 19 - FEBRUARY 25, 2025.