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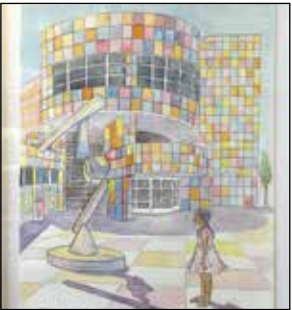
Carmichael Times

VOLUME 46 • ISSUE 10 *Serving Carmichael & Sacramento County since 1981*

MARCH 7, 2025

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Store Opening a Family Affair



Suraj "Surge" Gill (with scissors) gathers family to celebrate his new Carmichael business, Surge VR Arena and Golf Lounge. Carmichael Chamber of Commerce members join the party.

**Story and photo
by Susan Maxwell Skinner**

CARMICHAEL, CA (MPG) - A nickname can be prophetic. Suraj Gill's moniker "Surge" might have foreseen a flair for the fast lane. Aged 28, the Rio Americano graduate has more than 40 vans on the road delivering Amazon purchases.

"Even at high school, I was always looking for business opportunities," Gill recalled. "I did my homework the last minute before school. At home, I preferred to play video games. My family provided business mentors but I always had my own vision. I sold gadgets at the flea market when I was 16. I had a carpet-cleaning business at 21. Then I noticed that Amazon was getting huge. People wanted everything at their doorstep. Even before COVID, home delivery was the thing. Convenience was the way to go."

His newly-opened games store, Surge VR (Virtual Reality) Arena and Golf Lounge, further accommodates customers. Virtual reality allows game fans to score big without leaving their neighborhoods. Renting booths for \$45 per hour, golfers can drive on almost any golf course in the

world. In goggles and headsets, youth get physical at Gorilla Tag. Teens can be quarterbacks or soccer stars. To the cheers of thousands, wannabe baseballers can score epic home runs.

No surprise: most customers are game-savvy kids.

"They're like me at their age," observed Gill. "But they're even more into it. They teach me stuff I don't know. This store's an investment in high-tech. In this business, you've got to stay up to date with technology and kids."

Approving his mission, Gill's nephews and nieces sparred in a carpeted zone during recent opening ceremonies. Also on hand were mom, dad, sari-clad grandma, aunts, uncles and cousins.

"It's a big, supportive family and I couldn't have begun my companies without them," said the entrepreneur.

Business is in his blood. His grandparents were Punjabi merchants who emigrated to Britain in the 1950s. With their English-born children and grandchildren, the Gills made a 1995 leap to the United States. Here, they established grocery and convenience stores and founded an American business generation.

Family is understandably huge in the grandson's game plan. Occupying former restaurant space, Gill's new business welcomes birthday parties and baby showers. Snacks and beverages are available and a liquor license is in the works. Gill also plans to take his virtual golf booths to senior homes.

"That way, older golfers don't have to drive to a club or walk the course," Gill said. "They'll have everything at their door. Virtual reality is for all ages."

Surge VR has booked its first in-store wedding.

"We're cheaper than big venues," conceded the host. "But you get the same result and guests can even play golf during the reception."

All the same, Gill probably wouldn't plan his own wedding there.

"My family is huge," explained the 28-year-old. "They'd come from India, England, Canada and all over the U.S.A. But when the time comes, I'll definitely bring VR entertainment to my wedding. You've gotta keep the kids busy."

For more information, go online to surgeVRarena.com. Surge VR is located at 4794 Manzanita Ave., Carmichael. ★

Age, Disability- Friendly Action Plan Launched

**Sacramento County
News Release**

SACRAMENTO, CA (MPG) - Sacramento County is taking a significant step toward ensuring a more livable and accessible future for its aging and disabled residents.

By 2030, one-fourth of Sacramento County's population will be 60 or older, and approximately 200,000 residents currently live with a disability.

In response to these growing needs, the Department of Child, Family and Adult Services has launched the Local Age and Disability-Friendly Action Plan (LADAP), a comprehensive initiative shaped by years of advocacy and community input. Sacramento County is proud to partner with the California Department of Aging and AARP's Age-Friendly Network of States and Communities to achieve this goal.

On Feb. 25, the Sacramento County Board of Supervisors formally adopted the Local Age and Disability-Friendly Action Plan resolution, reinforcing the county's commitment to improving access to essential resources for older adults and people with disabilities. This plan aligns with the five bold goals of California's Master Plan for Aging.

The first goal is Housing for All Stages and Ages which is ensuring accessible and affordable housing options for residents of all ages. The second goal is Health Reimagined that is expanding healthcare access and wellness programs tailored to older and disabled adults.

The third goal is Inclusion and Equity, Not Isolation, which is fostering community connections and reducing social isolation.

The fourth goal is Caregiving That Works, which means strengthening support for caregivers and long-term care services.

The fifth and final goal is Affording Aging, which is addressing economic challenges that impact aging residents.

Come celebrate the Local Age and Disability-Friendly Action Plan Launch. Sacramento County will celebrate the launch of the Local Age and Disability-Friendly Action Plan from 10 a.m. to 2 p.m. March 17 at the Sacramento State Union Ballroom, 6000 J St. All Sacramento County residents are invited to attend, with registration open until room capacity is reached.

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Fair Oaks Family Taekwondo Honored



Assemblyman Josh Hoover proudly awards Fair Oaks Family Taekwondo as the February 2025 Small Business of the Month for the 7th Assembly District. Photo courtesy of Office of Assemblyman Josh Hoover

**Office of
Assemblyman
Josh Hoover
News Release**

**SACRAMENTO REGION,
CA (MPG)** - On Feb. 25, Assemblyman Josh Hoover (R-Folsom) proudly announced that Fair Oaks Family

Taekwondo has been named the February 2025 Small Business of the Month for the 7th Assembly District.

Founded in 2017 by Master Brian Kropp, this outstanding local business at 7909 Fair Oaks Blvd. in Carmichael has made a lasting impact

by empowering students through martial arts, leadership and personal growth.

Over the past eight years, the school has expanded its facility to accommodate more students, promoted dozens of black belts, developed five fully credentialed

instructors and trained students for international competition, including college circuits, the military and even the Olympics.

Fair Oaks Family Taekwondo stands out not only for its rigorous training but also for

Continued on page 5

Sac State Recognized for High Research Activity

By Cynthia Hubert,
Sacramento State
University

SACRAMENTO, CA (MPG) - Sacramento State University has joined a prestigious group of universities across the country that boast a significant commitment to research and scholarly activities.

The Carnegie Foundation for the Advancement of Teaching has, for the first time, recognized Sacramento State University for its “high research activity” and number of awarded research doctoral degrees by designating the university as an R2 institution.

The recognition is a point of pride for the university, one that signals its ongoing commitment to scholarly work and that will help it attract and retain top faculty, provide students with valuable research opportunities and impact the larger community.

Research is nothing new at Sac State, which annually is awarded millions of dollars in funding for such projects. But in recent years, the university has increased the number of doctoral degrees necessary to earn the coveted Carnegie designation.

“In many ways, the R2 designation is a natural progression for us,” said Lisa Hammersley, interim associate vice president for Research, Innovation, and Economic Development. “This is recognition of the level of scholarship that our faculty has engaged in for quite some time,” she said. “I’m very excited about the designation.”

President Luke Wood



The Carnegie Foundation for the Advancement of Teaching has, for the first time, recognized Sac State for its “high research activity” and number of awarded research doctoral degrees by designating the University as an R2 institution. Photo courtesy of Sacramento State University

said the recognition marks a “pivotal moment” for the University.

“It’s a testament to the exceptional work of our faculty, students and staff who have taken our research and creative activities to new heights,” Wood said. “Their dedication to engaging in critical research focused on solving real-world problems and to creating new knowledge has transformed our campus into a hub of innovation and discovery.”

Carnegie classifies academic institutions as either R1, R2, or “Research Colleges and Universities” to illuminate the depth of their research footprints and resources.

Sac State has been classified in the R2 category, putting it among

institutions that spend at least \$5 million on research and development and produce at least 20 research doctorates in a single year.

In fiscal year 2023, Sac State University received \$28 million in research funding and awarded 26 research doctorates. The university joins 138 other institutions, including 16 in California, that have achieved R2 status.

R1 institutions are those that spend at least \$50 million on research and development and produce at least 70 research doctorates each year. The third category, where Sac State previously resided, focuses solely on research activity.

Even as it celebrates the milestone, however, Sac State will continue to prioritize teaching.

“We already have been recognized as a high-quality teaching institution,” Hammersley said. “Our graduation rates have increased. We have a diverse student body with great support programs. We are a caring institution that supports mental health and wellness. Now we are being recognized for our research, which we really have been doing all along.”

“It’s all part of the student success story.”

Students play an active role in many research programs at the University, allowing them to build their resumes while working on meaningful projects that benefit the region and beyond.

Among many examples, Chemistry Professor Katherine McReynolds and

her students study agents capable of slowing the spread of deadly viruses. In collaboration with University of California, Davis, graduate students in biology are studying stem cells and their potential to treat and cure devastating illnesses including cancer. Psychology students led by Professor Erin Rose Ellison are working with elementary school children to research ideas for improving a creek that runs behind their campus.

The ability to engage in high-impact research at an institution that still prioritizes teaching can be attractive to prospective students who are considering where to attend college.

“The R2 designation beautifully complements Sacramento

State’s longstanding reputation for teaching excellence,” said Carlos Nevarez, interim provost and vice president of Academic Affairs.

“When our faculty engage in high-level research, it enriches the learning experience for our students, from undergraduates working alongside professors in laboratories to doctoral candidates developing groundbreaking research of their own. This synergy between teaching and scholarship creates a dynamic learning environment where students don’t just learn about discoveries; they help make them.”

The designation is a catalyst for advancing Sac State’s fundamental commitments to student success; diversity, equity and inclusion; innovation and wellness, Nevarez said.

Practically speaking, Nevarez added, it opens doors to expanded funding opportunities, enhanced industry partnerships and deeper community engagement.

“This recognition will expand opportunities for our diverse student population to engage in meaningful research that addresses real community challenges,” he said. “It strengthens our ability to support innovative research that promotes health equity, social justice and community well-being.

“Most importantly, it will help us create more inclusive pathways into research careers, ensuring that tomorrow’s researchers and innovators will reflect the rich diversity of California,” Nevarez said. ★

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ARREST LOGS UPDATED DAILY

Tickets Now on Sale for the 2025 California Capital Airshow

California Capital Airshow News Release

SACRAMENTO, CA (MPG) - The 2025 California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, returns to Mather Airport on March 22 and 23.

A limited quantity of tickets are now on sale for this highly-anticipated event, which is headlined by the world-renowned U.S. Navy Blue Angels flight demonstration squadron.

Gates to the Airshow will be open from 9 a.m. to 5 p.m. on Saturday, March 22 and Sunday, March 23. Each day will feature four hours of non-stop flying performances from noon to 4 p.m. Performers include the U.S. Navy Blue Angels, U.S. Marine Corps F-35B Lightning II, U.S. Air Force F-16 Viper and C-17 Globemaster III demonstration teams, Tucker’s Air Patrol, vintage World War II aircraft and more.

The event also offers miles of exhibits, aircraft displays and entertainment on the ground.

“With the Blue Angels headlining for the first time since 2019, this year’s Airshow promises to be an unforgettable experience for aviation fans of all ages,” said Darcy Brewer, executive director of the California Capital Airshow. “Our team has worked tirelessly to create an event that showcases the awe-inspiring power of flight, and we can’t wait to welcome everyone for a weekend with amazing performances and family fun.”

The event offers several ticket types, with a range of experiences and accommodations. General Admission tickets for the 2025 Airshow includes free parking and event admission for up to six children (ages 15 and under).

New this year is an exclusive event entrance and venue for all attendees with upgraded tickets. Guests will have access to food trucks and upgraded restrooms dedicated to upgraded ticket holders. The Airshow has several tiers of ticketed experiences, including the Capital Club, Flight Line Club and Mather Club, which offer a range of benefits such as shaded seating, complimentary beverages, buffet lunch and prime views of the aerial performances. Returning this year is The Hangar



The 2025 California Capital Airshow will be headlined by the world-renowned U.S. Navy Blue Angels flight demonstration squadron. Photo courtesy of the California Capital Airshow

experience, which includes unlimited craft beer and spirits from the City of Rancho Cordova’s Barrel District and wine from Starfield Vineyards.

For those seeking a more premium experience, First Class, a brand-new offering for 2025, includes exclusive access to VIP amenities, a pilot meet-and-greet, and premium food and drink options.

Tickets are now available for purchase online. With the popularity of the Blue Angels and limited availability for all ticket types, fans are encouraged to buy early. Tickets will not be sold at the event gates.

Special thanks also to California Capital Airshow sponsors: Modern Aviation, SMUD, Verizon, Keurig Dr. Pepper, Donaghy Sales, Monster Energy, Thunder Valley, UPS, Five Star Bank, Teichert, Atlas Disposal and Golden 1 Credit Union.

For more information about tickets, pricing and packages, visit online californiacapitalairshow.com.

About California Capital Airshow

Established in 2004, the California Capital Airshow 501(c)3 plans and operates the exciting, family-friendly annual event designed to honor the Sacramento region’s rich aviation heritage and veterans while using the power and magic of flight to inspire young people. California Capital Airshow gives back to the community through STEM scholarships, charitable group donations and exciting educational youth programming throughout the year

For more information, visit CaliforniaCapitalAirshow.com. ★

Carmichael Creek Neighborhood to Host Community Cleanup Day

Carmichael Creek Neighborhood Association News Release

CARMICHAEL, CA (MPG) - The Carmichael Creek Neighborhood Association (CCNA) announced it will host a community cleanup day on April 26, thanks to a recent grant from Sacramento County Water Resources.

“This community cleanup will help protect our precious creeks and streams from pollution,” said Gareth Lacy, tCarmichael Creek Neighborhood Association president. “We invite the community to join us on April 26 to help remove trash and prevent it from washing into our local creeks and rivers.”

Carmichael Creek Neighborhood Association invites the community to meet at 10 a.m., starting at the Community Garden Parking lot at Sutter-Jensen Park and then heading to identified areas that need cleaning within the Neighborhood Preservation Area.

The project’s purpose is to protect local creeks and streams from pollution by removing garbage from streets and roads before it washes into creeks and rivers. The cleanup project will target the drainage ditches and seasonal creeks on public streets and roads because these ditches are increasingly riddled with trash and refuse that sweeps into the American River and pollutes the area.

The project will help raise awareness about these seasonal creeks and their connection to the American River because neighbors who clean these ditches and creeks will learn about the local geography.

The Carmichael Creek Neighborhood Association formed in 1986 to preserve open space and the rural residential character of the area. The Sacramento County Board of Supervisors established the Carmichael Creek Neighborhood Preservation Area in 1988, which includes about 1,000 residences and restricts development not consistent with the existing zoning designations. Carmichael Creek Neighborhood Association’s mission is to protect the rural character in parts of Carmichael and to improve quality of life.

Participants should bring their own gloves. Carmichael Creek Neighborhood Association will provide trash bags.

For any questions, email directors@carmichaelcreek.org.

For more information about the Sacramento County Watershed Stewardship and Education Grants program, visit online waterresources.saccounty.gov/stormwater/Pages/grants.aspx.

For more information about the Carmichael Creek Neighborhood Association, visit carmichaelcreek.org. ★

Age, Disability-Friendly Action Plan Launched



Continued from page 1

To learn more about the action plan, visit the Age & Disability-Friendly Sacramento County website at agefriendly.saccounty.org. Register for the Local

Age and Disability-Friendly Action Plan launch on Eventbrite.com.

For more information, visit the Master Plan for Aging website at mpa.aging.ca.gov. ★

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Welcome home to this beautiful 3-bedroom and 2.5-bath home located in Canyon Falls Village, a desirable gated community. The kitchen features luxury vinyl plank flooring, a gas range, a built-in microwave, and a double sink. Enjoy fantastic natural lighting throughout. Second bath includes a convenient tub-over-shower combo, while two additional bedrooms provide flexibility for family, guests, or a home office. The spacious master suite has a step-in shower, his-and-her sinks, and a standard closet. Outside, the backyard is ready for your vision, with plenty of space for an outdoor kitchen and entertaining. With a new HVAC compressor, a tile roof, durable stucco siding, an inside laundry room, and an attached garage, this home is designed for both comfort and convenience.

This move-in-ready home has been completely remodeled with modern style and convenience in mind! Every detail has been updated, from the gorgeous new vinyl plank flooring to the brand-new dual pane windows that flood the space with natural light. The sparkling kitchen features new stainless steel appliances, white quartz countertops, and ample storage. Enjoy all-new electrical, plumbing, a tankless water heater, and a brand-new roof. Additional upgrades include new doors, hardware, siding, fencing, a new garage door, and new sprinklers in both the front and back yards. The updated bathrooms are fresh, while the roomy master suite offers both a walk-in closet and an extra closet, plus a modern step-in shower. Great neighborhood with easy access to Highway 80, Haggin Oaks Golf Complex, shopping, and dining.

7529 Eldred Way, Sacramento | \$409,000

4400 E Nichols Ave, Sacramento | \$407,000

Welcome to this beautiful 2-bedroom, 2-bath home in the sought-after Destinations at Vineyard Point Village, a gated 55+ community offering the perfect blend of comfort and connection. This well-maintained Lennar home features an open and inviting floor plan filled with natural light. The kitchen boasts granite countertops and a spacious island with bar seating. The primary suite has a large walk-in closet, dual sinks, and a step-in shower. Outside, enjoy a private backyard bordered by a greenbelt, offering added serenity and privacy. The vibrant community offers a luxurious clubhouse, sparkling pool, spa, fitness center, library, and an active calendar of events. Plus, it's just minutes from Bradshaw Ranch Golf Course

Experience the charm of this beautifully updated Oak Park home, conveniently located just minutes from downtown and the UC Davis Med Center! This 2-bedroom, 1-bath home features a bright and airy floor plan with newer laminate flooring throughout. The dreamy kitchen offers granite countertops, sleek white cabinets, a gas cooktop stove, and ample storage. A private European courtyard and landscaped front yard add fantastic curb appeal. Enjoy spacious bedrooms, a newly remodeled bathroom, and a large backyard with a tool shed, RV access, and space for a potential ADU. This property is a must-see!

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Kings Korner

By V.G. Harris



Breaking news, the Sacramento Kings can win games against playoff quality teams without all-world center Domantas Sabonis. It happened Saturday night in Houston Texas against a playoff bound Rockets team, as iron man Sabonis grabbed his right hamstring and was forced to leave the game only two minutes into the action.

Not to be esoteric, but intended for every fan and pundit to understand, this team even short-handed can make the playoffs. Yes, I said playoffs, not playin.

Even with the news that Sabonis will be sidelined for 2-3 weeks, every fan should find the positive where it takes you. With Sabonis resting his ailing hamstring, players such as Keon Ellis, Trey Lyles, and hopefully Markelle Fultz, will get much more court action, and Fultz in particular needs more time getting used to his new teammates.

I'm excited to see the athleticism and deft ball handling that Fultz brings to the hardwood, and without question Malik Monk needs time without the ball. Monk is getting exhausted handling the ball every possession, and he is leading the team in turnovers nearly every night. This comes from trying to do too much, and I love the effort Malik brings every game. No one gives more, but he is more comfortable in the role as a 2 guard, and with either Devin Carter or Markelle Fultz on the court, Malik can assume his former role.

Not to be overlooked as the Kings have put together a 3-game winning streak, is the work of big man Jonas Valanciunas. Jonas looks like the NBA starter he's always been and will fill the void left by Sabonis as he nurses his hamstring over the next half dozen games.

Valanciunas is an excellent rebounder and has a low post game that is second to none. He gets criticism for his defense, but I believe he is a more than capable team defender, and he accepts a challenge well. Without question the acquisition of Jonas Valanciunas was bound to pay dividends, and Sacramento is about to see what this quality NBA center can do.

While pundits criticized the trade that brought Zach Lavine to the Kings from

Chicago, all that Zach has done is play better and better with every game. The initial jitters that led to poor 3-point shooting has been replaced by stellar knock-down 3's, that ignite the home crowd and show naysayers that this former NBA all-star can make a difference every night.

This is exactly the type of team Sacramento fans have been hoping to see for years. A team that can take any team to the wire every night, and as this newly assembled group has found time together, they are looking like a bonified playoff contender.

Just percentage points ahead of the Dallas Mavericks in the Western Conference standings, Monday night's game looms large.

The Kings occupy the No. 9 spot in the standings but are amazingly only a half-game out of the No. 6 spot. Five quality teams are vying for No. 6, but the Kings are finding their collective stride at just the right moment. Tested they will be as they enter American Airlines arena and face Kyrie Irving and Klay Thompson.

If ever in a frenetic season it is time for optimism, that time is now! It should come from every corner, and regardless of what occurs against the Mavericks and the Nuggets on Wednesday night in Denver, everyone should be looking forward to Friday night's contest against the visiting San Antonio Spurs.

Much has been said about the back story of DeAaron Fox leaving the Kings, and for one night that needs to take hiatus. When DeAaron is introduced as a member of the opposing team, every fan needs to get on their feet and put their hands together. What Fox did for the Sacramento Kings in nearly eight seasons is legendary, and without question No. 5 will have his jersey retired someday.

Stand up Kings fans, because the best is truly yet to come! It's a great time to be a Sacramento Kings fan, so remember the glass is half full, and the playoffs are right around the corner!

All the best!
Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

Should I Wait until Age 70 to Claim Social Security?



By Russell Gloor,
AMAC Certified Social Security Advisor

Dear Rusty: I am a married woman, at my full retirement age, and the primary earner in my marriage. How do I know if I should take my Social Security now or wait till 70? I will lose quite a bit if I take it now. How will it affect my taxes if I take it now while still working a full-time job? **Signed: Undecided**

Dear Undecided: As you apparently already know, waiting until you are 70 to claim Social Security will result in you getting your maximum possible monthly SS retirement benefit. After your full retirement age, you get about 8% more each year you delay claiming up to age 70. But deciding exactly when to claim should consider both your financial needs and, importantly, your life expectancy. If you don't urgently need the money

now and your life expectancy is at least "average," then waiting until age 70 to claim is usually the right choice. But if you urgently need the money, or your life expectancy is less than average (mid-80s for a woman your current age), then claiming before age 70 is usually prudent.

Regarding taxation, Social Security benefits may be taxable if your combined income from all sources exceeds the threshold for your IRS filing status. If you file taxes as "married/jointly" and your combined income (including your work income) exceeds \$32,000, then half of the SS benefits you received during the tax year becomes part of your taxable income. But if your combined income is over \$44,000, then up to 85% of your SS benefits becomes taxable income (the thresholds are lower for those who file as a single). So, your full-time work income will likely affect how much of your Social Security benefits are subject to income tax by the IRS.

In the end, only you can decide when you should claim Social Security. Taxation of benefits may be a factor to consider since you are still working full time (thus more

of your SS benefits will be taxable). But waiting longer to claim results in a higher benefit for the rest of your life (your SS retirement benefit will be .667% more for each month you delay, up to age 70). If the "rest of your life" is a long time and you don't urgently need the money, waiting is often the right choice. If not, claiming earlier may be wiser.

If you want to get a more personalized estimate of your life expectancy, I suggest you use the tool we use here at the AMAC Foundation: www.socialsecurityreport.org/tools/life-expectancy-calculator/.

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Lacking the Capacity to Store Water That Atmospheric Rivers Dump on the State



By Dan Walters,
CALMatters.org

President Donald Trump is obsessed with how California manages its water supply, demanding changes as one price of giving the state billions of dollars in aid to cope with Southern California's deadly and destructive wildfires.

However, Trump's specific complaints are not grounded in hydrologic or managerial reality — such as his insistence that a lack of water from Northern California was a factor in either the fires' eruption or the firefighting efforts. Hydrants dried up largely because systems were designed to deal with individual structure fires, not widespread wildfires involving thousands of buildings.

That said, there's much to criticize in how California, once a global leader in large-scale water management, has faltered. Population growth and evolving agricultural practices have increased demand, while federal and state environmental laws, judicial decisions, political foot-dragging and climate change have restricted supply.

One major failing has been a slow response to an obvious need for more water storage — either in reservoirs or underground aquifers — to capture winter rains and spring snowmelts as a buffer for dry years.

Scientists believe that even if California's overall water supply from rain and snow storms doesn't decline, wet and dry cycles have become more intense, and more precipitation is coming as rain instead of snow. Thus the natural reservoirs of snowpacks in the Sierra and other mountain ranges are becoming less dependable, increasing the need for supplemental storage.

California's most recent experiences — two wet winters that defied some forecasts — underscore the need.

A new report from the Public Policy Institute of California points out that the atmospheric rivers that dropped immense quantities of rain and snow on the state this month, following a very dry January, did not result in substantial new storage in the state's major reservoirs.

"Rather than storing all the water they can, during the winter reservoir operators are required to maintain enough space in their reservoirs to capture high inflows and reduce the risk of flooding downstream," PPIC researchers Jeffrey Mount and Greg Gartrell wrote.

"When the February storms arrived, the surge of water into the state's two largest reservoirs — Shasta and Oroville — quickly filled the flood reserve space. Because the winter flood season is far from over, dam operators had no choice but to let the water go to make space for possible future floods.

"And they let go a lot of water. Between February 1 and 18, those two reservoirs alone released more than 2 million acre-feet of water into the Sacramento and Feather Rivers to maintain

space for future stormwater."

An acre-foot is 325,851 gallons and 2 million-acre feet equates to more than half of Oroville's capacity, or about 20% of what Californians consume each year for non-agricultural purposes.

Overall, Mount and Gartrell calculated, 5.1 million acre-feet of water flowed into the Sacramento-San Joaquin Delta from storm runoff and reservoir releases during that period in February. Just 4% of it could be diverted into storage because of insufficient capacity and operational mandates.

Even a relatively tiny increase in storage capacity could pay huge dividends when wet winters such as this evolve into periods of drought. Had the long-proposed Sites Reservoir on the west side of the Sacramento Valley existed, it could have banked as much as 1.5 million acre-feet of that excess flow.

California's water managers acknowledge the need for more storage to take advantage of high-precipitation winters such as this one, but clearing all of the legal and financial hurdles and actually building it take decades. Sites, first proposed seven decades ago, is just now beginning to appear feasible.


The hydrological reality of California's water supply is changing faster than our willingness to deal with it. The outcome of that disparity is perilous.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★




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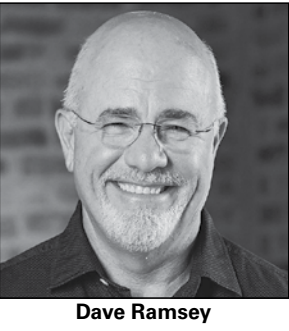
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Dave Ramsey Says

A High-Risk Proposition

Dear Dave,

My wife and I are on Baby Step 4 of your plan. Recently, we were offered the opportunity to take part in a three-day, hands-on stock trading class. The only problem is we don't have the \$5,000 registration fee at the moment. What do you think about us temporarily taking that amount from our emergency fund, then replacing it over a few months' time? We would still have the minimum three months of expenses you recommend still there for emergencies even after taking the class.

– Pete

Dear Pete,

I wouldn't waste my money on the course. And I especially wouldn't blow any of my emergency fund on something like that. Your emergency fund is for, repeat after me, emergencies only! In my mind, a short course on single stock investing

is about as far from an actual emergency as you can get.

Now, I don't know the exact course you're talking about, but I do know quite a bit about the concept of buying and selling stocks—or day trading—if you want to call it that. Research shows over 90% of day traders lose money over time. And I can tell you something else, too. One hundred percent think they'll never be the ones losing out. That includes people who take courses like the one you're looking at.

I've seen no data points—none—showing that on a consistent, level basis across a broad population, that people who take courses like these make money and become wealthy as a result. Buying and selling single stocks is an ultra-high risk proposition. That's why I don't buy them. I know some people who buy and sell single stocks as a very small percentage of their financial world. And

when I say “very small percentage,” I mean it's like a hobby they dabble in once in a blue moon, with a very small amount of cash.

But my best advice, Pete, is to stay away from this kind of thing. Someone might make a little money playing around like this from time to time, but it's nothing you should spend a lot of time on, or make a serious financial investment in. And it should never, ever be the main focus of an investing strategy.

– Dave

Dave Ramsey is an eight-time national best-selling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★



Building High Self-Esteem

Did you know self-love is crucial for overall well-being? Neglecting it can lead to stress, anxiety, and even weakened immunity. Many people wrestle with low self-esteem in their lives. It's part of living and being human. But there are ways to bolster our self-esteem and it starts with how we feel about ourselves. That's what I learned from **Dr. Susan Smith Jones** who has made extraordinary contributions in the fields of holistic health, anti-aging, optimum nutrition and balanced living. She taught students, staff, and faculty at UCLA how to be healthy and fit for some thirty years. She is the founder and president of “**HEALTH UNLIMITED**” in Los Angeles She travels the world promoting her philosophy as she did on **POPPTALK** on FM-104.5 & AM-950 KAHl. Check these tips she shared on my show.

- 1. SPEAK KINDLY TO YOURSELF.** Loving yourself means changing the conversation in your head. Replace negative self-talk with kindness.
- 2. SET BOUNDARIES.** Self-love means not letting people drain you. If someone constantly makes you feel bad about yourself, it's okay to step away.
- 3. LET GO OF SHAME AND GUILT.** Many of us carry shame from our past mistakes. We replay old failures in our heads. Be your own best friend.
- 4. TREAT YOUR BODY AS A TEMPLE.** Loving yourself means caring for your body, mind, and spirit by eating nourishing foods, get enough rest, avoid toxic influences, and speak words of life to yourself.
- 5. DEEP BREATHING.** When you focus on your breathing, your mind's

attention is drawn to the life-enhancing process of drawing in air and exhaling. It's a quick and easy way to instantly feel calm and positive.

6. GO FOR A WALK. Getting out in the fresh air can do a world of good and promote peace of mind and positive self-esteem.

7. ENJOY NATURE. Too much concrete is never a good thing. Spending time in nature can actually make you feel younger and happier. Spend time away from the city.

8. PLAY WITH A PET. Having a pet to play with is a way to de-stress. Touch is a powerful sense and can ease tension and promote positive peace of mind.

9. DE-CLUTTER. Have regular clear-outs. Clutter can add to feelings of tension and a clean, clear home allows a clearer, more positive mind.

10. SENSE OF HUMOR. Laugh a lot. The world is instantly a better place when you can see the funny side of life. Dr. Jones added that the more we like ourselves, the greater our peace of mind. We accept ourselves more and feel at ease in the world, no matter what situation we find ourselves in. We experience less insecurity and, as a result, our inner peace is heightened.

She also authored many books including her latest trilogy “**UPLIFTED**” 12 minutes to more joy, faith, peace, kindness, and vitality...“**AHUG IN A MUG**” AND “**WIRED FOR HIGH-LEVEL WELLNESS.**” Check out her website www.susansmithjones.com and sign up for her monthly newsletter and it's FREE!

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Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$52 per year within Carmichael, \$72 within Sacramento County.

The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information.




Publisher, Paul V. Scholl

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I'm Not Old, Just Young Challenged

Dr. James L. Snyder

One morning, I got up and said to myself, “Today, I am 20, and so I’m going to act like a 20-year-old.”

Before lunch, I had worn myself out so badly that I didn’t know if I would continue the day. I forgot how active I was at 20. I forgot that when I walked, I was half-running. I forgot that when I ate, I ate like a starving chimpanzee. Oh, I don’t want to be young again.

So I’m young challenged. So what?

When I was young, I acted my age and got into some trouble that I won’t discuss with anyone today. But those days are over, and now I’m going to try to act like I’m an old geezer. I have found that I am a superb actor in this category. If there was an Emmy for acting like an old geezer, I would win hands down.

My wife and I were discussing this, and she said, “I remember what you were like when you were 20, and it would be good for you to act like you were 20 again.”

With a little smirk on my face, I looked at her and said, “I will act 20 if you also act 20. Because a

20-year-old doesn’t date an old geezer.”

It’s been a long time since I heard The Gracious Mistress of the Parsonage ask me if I was going to act my age. I’m glad because I’m not a very good actor.

I also have a hard time acting my age. How do you practice to act a certain age so that by the time you’re done practicing, you’re older?

It doesn’t matter how old you are or that you have to act a certain age; it’s really living today with today’s understanding.

I was reminded what Solomon said. “The glory of young men is their strength: and the beauty of old men is the grey head” (Proverbs 20:29).

I never understood this until one day I looked in my mirror and saw I had grey hair. I never thought my hair would get grey, but there it was and my mirror doesn’t lie, so says The Gracious Mistress of the Parsonage.

Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnsnyder51@gmail.com, website www.james-snyderministries.com ★

Fair Oaks Family Taekwondo Honored

Continued from page 1

its commitment to trauma-informed instruction, ensuring students receive the support they need to thrive. Kropp and his leadership team hold top certifications, including a Master Instructor’s License and Black Belt Examiner’s License from the South Korean Kukkiwon, making them leaders in the martial arts community.

“Fair Oaks Family Taekwondo’s dedication to self-discipline, leadership, and community engagement continues to

shape the lives of students and strengthen the Fair Oaks community.” Hoover remarked. “I am honored to recognize their contributions and wish them continued success in the years to come!”

Josh Hoover represents Assembly District 7, which includes the cities of Citrus Heights, Folsom, and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale and Rosemont. ★

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00732
Major Singh Randhawa, 9211 Sweet Acacia Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Major R Express" 9211 Sweet Acacia Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 14, 21, 28, March 7, 2025
MAJOR 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00698
Shahwali Sulaimanzog, 5800 Madison Avenue, #1, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Baba Corn & Patata" 8189 Hemingway Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 3, 2025
Publish: Feb 14, 21, 28, March 7, 2025
BABA 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00065
Bill Johnson, 11005 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "ABRCO" 11005 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 6, 2025
Publish: Feb 14, 21, 28, March 7, 2025
ABRCO 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00363
H K Treat LLC, 4316 Hummingbird Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Pinkberry" 280 Palladio Parkway, Suite #933, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 16, 2025
Publish: Feb 14, 21, 28, March 7, 2025
PINKBERRY 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00359
Gurpreet Singh, 595 Bartlett Court, Brentwood, CA 94513 is doing business under the Fictitious Business Name(s) "Kwik Mini Mart" 7218 Florin Mall Drive, Sacramento, Ca

95823. Filed with the Clerk of Sacramento County January 16, 2025
Publish: Feb 14, 21, 28, March 7, 2025
KWIK 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00574
Janet L. Avers, 2114 59th Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "The Plumber" 2114 59th Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County January 29, 2025
Publish: Feb 14, 21, 28, March 7, 2025
PLUMBER 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00572
Chrissy Goblirsch-Miller, 118 Elm Street, Ripon, CA 95366 is doing business under the Fictitious Business Name(s) "Focus Realty Group" 4080 Truxel Road, Suite 100, Sacramento, CA 95834. Filed with the Clerk of Sacramento County January 29, 2025
Publish: Feb 14, 21, 28, March 7, 2025
FOCUS 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00646
World Imports Inc, 5110 Richon Vista Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "World Imports" 5110 Richon Vista Court, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 14, 21, 28, March 7, 2025
WORLD 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00879
Naveed Asghar, P.O. Box 1564, Elk Grove, CA 95759 is doing business under the Fictitious Business Name(s) "Transportation Solutions" 6020 Rutland Drive, Building 3, Unit 20, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 14, 21, 28, March 7, 2025
SOLUTIONS 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00882
Aviel Mizrahi, 2494 Quiet Trail Lane, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "A&M Garage Door Service" 2494 Quiet Trail Lane, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 14, 21, 28, March 7, 2025
A&M 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00081
John Champlin MD, 6600 Madison Avenue, Suite 7, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Med Center Medical Clinic" 6600 Madison Avenue, Suite 7, Carmichael, CA 95608. Filed with the Clerk of Sacramento County January 6, 2025
Publish: Feb 14, 21, 28, March 7, 2025
MED 3-7-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00941
Sukhdev Singh, 12 Outer Banks Place, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "DSA Trucking" 12 Outer Banks Place, Sacramento, CA 95835. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025
DSA 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00940
Chands Trans Inc, 3200 Truxel Road, Apt 266, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "CTI" 3200 Truxel Road, Apt 266, Sacramento, CA 95833. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025
CTI 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00896
John Todd Stakes, 4090 Wayside Lane, Suite C, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "California RV Glass" 4090 Wayside Lane, Suite C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
RV 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00791
Alexey Panasenko, 5010 Marconi Avenue, Apt 81, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fix-it Alex" 5010 Marconi Avenue, Apt 81, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025
FIX 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00891
Felipe Sanchez 2820 Albatross Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "FLP Heating & Airconditioning" 2820 Albatross Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
FLP 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00866
Transport Plus MKD, LLC, 1500 W El Camino Avenue, #642, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Transport Plus MKD" 5320 Finsbury Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February

6, 2025
Publish: Feb 21, 28, March 7, 14, 2025
MKD 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00631
Alexandre Frolov, 867 Woodside Lane E, Unit 5, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Frolov Enterprise" 867 Woodside Lane E, Unit 5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025
FROLOV 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00868
Summit Building Group, 1401 21st Street, Suite 7958, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Summit Kitchens and Baths/Summit ADU's/Summit Restoration" 1401 21st Street, Suite 7958, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 6, 2025
Publish: Feb 21, 28, March 7, 14, 2025
SUMMIT 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00944
CalSun Pool Care, LLC, 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Premier Pool Service of Sacramento" 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025
PREMIER 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00784
Brandon Lindsay, 3441 Data Drive, #559, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Outlaw Meats" 3441 Data Drive, #559, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025
OUTLAW 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00249
Mount Olives Group of Companies LLC, 2981 Fulton Avenue, Suite A, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Mount Olives Group of Companies" 2981 Fulton Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025
OLIVES 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00634
Iuliana Ardelian, 4921 Travertine Circle, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Shevonails" 6720 Madison Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025
SHEVONAILS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00633
Svetlana Gavrilyuk, 4801 Hidden Meadow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Luxe Nails" 6720 Madison Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 21, 28, March 7, 14, 2025
LUXE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00913
Richard KwangJae Oh, 1021 Sibley Street, Apt B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Master Sushi" 194 Blue Ravine Road, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 10, 2025
Publish: Feb 21, 28, March 7, 14, 2025
SUSHI 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00810
Arbite, LLC, 3317 El Valle Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Tenley" 3317 El Valle Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025
TENLEY 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00758
Vladislav Solovey, 1548 Bartlett Lane, Apt 21101, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Protech-Mobile Locksmith" 1548 Bartlett Lane, Apt 21101, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025
PROTECH 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00767
Ahmad Usufy, 2496 Pheasant Hollow Drive, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Halal King" 2496 Pheasant Hollow Drive, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025
HALAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00107
Bodyluxe Glow Bar LLC, 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s)

"Élevé Medspa & Aesthetics" 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
ÉLEVÉ 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00884
Oh Sacramento Inc., 1407 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Tang Jip" 1407 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
TANG 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00770
United Studio LLC, 122 Via Del Milagro, Monterey, CA 93940 is doing business under the Fictitious Business Name(s) "United Studios" 122 Via Del Milagro, Monterey, CA 93940. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025
UNITED 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00898
Affordable Truck Rental, LLC, 3331 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Affordable Truck Rental" 3331 Fruitridge Road, Sacramento, CA 95820. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
RENTAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00443
Assurgent Medical Billing Solutions, LLC, 5230 Sky Parkway, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Assurgent Consulting Group" 5230 Sky Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 22, 2025
Publish: Feb 21, 28, March 7, 14, 2025
GROUP 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00822
Equitable Talent Strategies, Inc., 951 El Dorado Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Rooted Personal Fitness/Rooted Business Solutions" 951 El Dorado Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 5, 2025
Publish: Feb 21, 28, March 7, 14, 2025
ROOTED 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00782
Jeffrey D. Aston, 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Trustee Estate Services" 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 4, 2025
Publish: Feb 21, 28, March 7, 14, 2025
TRUSTEE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00628
Azziz & sons Inc., 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Xpress Auto Care" 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 30, 2025
Publish: Feb 21, 28, March 7, 14, 2025
XPRESS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00901
Barry James Larson Jr., 408 V Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Jazcat Mobile Entertainment" 408 V Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County February 7, 2025
Publish: Feb 21, 28, March 7, 14, 2025
JAZCAT 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00990
She Bringz Fashion by Marisaa Nicole LLC, 3936 Senate Avenue, #B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "E'Lan Noir" 3936 Senate Avenue, #B, North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025
ELAN 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09655
Sun City Towing and Auto Care LLC, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Local Tow Guys" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 30, 2024
Publish: Feb 21, 28, March 7, 14, 2025
LOCAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00457
Forever Coaching LLC, 1867 Oak Bluff Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Forever Coaching LLC" 1867 Oak Bluff Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 23, 2025
Publish: Feb 21, 28, March 7, 14, 2025
FOREVER 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01007
Ryan J Rielle, 6225 Sunmist

Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "We Mean Clean" 6225 Sunmist Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025
WE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00992
Vineet Singh Pamami, 7837 Abbingtton Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bargain Super Market" 7817 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 21, 28, March 7, 14, 2025
BARGAIN 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01044
SAP Solutions, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Clearinghouse C/TPA & Background Check Services" 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 14, 2025
Publish: Feb 21, 28, March 7, 14, 2025
C/TPA 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00318
Adoboink LLC, 6824 Gold Run Avenue, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Adoboink Filipino Food" 6824 Gold Run Avenue, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 16, 2025
Publish: Feb 21, 28, March 7, 14, 2025
ADOBOINK 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01188
Katherine Renee Nygren, 7130 Beech Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Bread Baby" 7130 Beech Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 19, 2025
Publish: Feb 28, March 7, 14, 21, 2025
BREAD 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00608
AYBM Solutions LLC, 2108 N Street, #8639, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Naïla Pond" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 30, 2025
Publish: Feb 28, March 7, 14, 21, 2025
NAILA 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00854
Bayvista Tech LLC, 2443 Fillmore Street, PMB 380-6162, San Francisco, CA 94115 is doing business under the Fictitious Business Name(s) "Apogee IT Consulting/Nerd Busters" 2108 N Street, Suite N, CA 95816. Filed with the Clerk of Sacramento County February 6, 2025
Publish: Feb 28, March 7, 14, 21, 2025
APOGEE 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00123
Rowell Enterprises Inc, 9028 Elm Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Rowell Equipment" 9028 Elm Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 8, 2025
Publish: Feb 28, March 7, 14, 21, 2025
ROWELL 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01073
Tracy Swanson, 1137 41st Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Three Swans Signature Events" 1137 41st Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 14, 2025
Publish: Feb 28, March 7, 14, 21, 2025
SWANS 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00673
Daniel McElroy, 7113 Goodyear Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "McElroy Renovations" 7113 Goodyear Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 3, 2025
Publish: Feb 28, March 7, 14, 21, 2025
MCELROY 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00648
New Belgium Brewing Company, Inc., 500 Linden Street, Fort Collins, CO 80524 is doing business under the Fictitious Business Name(s) "Kirin/Kirin Brewery" 500 Linden Street, Fort Collins, CO 80524. Filed with the Clerk of Sacramento County January 31, 2025
Publish: Feb 28, March 7, 14, 21, 2025
KIRIN 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00877
Pavel Tiskiy, 4724 Dry Creek Road, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Envisioned Spaces" 4724 Dry Creek Road, Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 6, 2025
Publish: Feb 28, March 7, 14, 21, 2025
SPACES 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01100
Kaz Brodovsky, 3126 O Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "KB Facility

Solutions" 3126 O Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 18, 2025
Publish: Feb 28, March 7, 14, 21, 2025
KB 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00512
Northern California Logistics LLC, 2800 Greymere Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Northern California Logistics LLC" 2800 Greymere Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 27, 2025
Publish: Feb 28, March 7, 14, 21, 2025
NORTHERN 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01125
Blue Collar Coaching, LLC, 2135 Butano Drive, Suite 210, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Next Level Coaching" 2135 Butano Drive, Suite 210, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 18, 2025
Publish: Feb 28, March 7, 14, 21, 2025
NEXT 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01204
Palmers Iron Fence LLC, 2970 La Rosa Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Palmer Fence" 2970 La Rosa Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 20, 2025
Publish: Feb 28, March 7, 14, 21, 2025
PALMER 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01126
Monique Huston, 6617 Madison Avenue, #5, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pro-Health Therapies" 6617 Madison Avenue, #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 18, 2025
Publish: Feb 28, March 7, 14, 21, 2025
PRO 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01015
Positively Fit Within LLC, 2314 E Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Iron Roots Fitness" 1409 16th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 13, 2025
Publish: Feb 28, March 7, 14, 21, 2025
IRON 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01146
Shawanna L Kennedy, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Next Level Consulting" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 18, 2025
Publish: Feb 28, March 7, 14, 21, 2025
CONSULTING 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00955
Anh Tran, 7647 Broadhead Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "

Legal Advertising Hotline
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LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984

Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969

Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020

The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

25, 2025
Publish: March 7, 14, 21, 28, 2025
GUERREROS 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01281
Carolyn Gardner, PO Box 1682, Loomis, CA 95650 is doing business under the Fictitious Business Name(s) "Transformative Healing Therapy" 110 Blue Ravine Road Suite 104, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2025
Publish: March 7, 14, 21, 28, 2025
HEALING 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00575
Mother Lode Van & Storage, Inc., 11255 Pyrites Way #400, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Right Way Receiving & Delivery" 11220 Pyrites Way #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 29, 2025
Publish: March 7, 14, 21, 28, 2025
RIGHT 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00957
Jeffrey Tong, 2108 N Street #4237, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sinamark" 2108 N Street #11237, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 11, 2025
Publish: March 7, 14, 21, 28, 2025
SINAMARK 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01283
Morales Group Enterprises LLC, 30 N Gould Street Suite R, Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "Angel's Junk & Dump" 7228 Roca Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 24, 2025
Publish: March 7, 14, 21, 28, 2025
ANGELS 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01248
Sampson Wang, 711 BridgeSide Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Wang Consulting" 711 BridgeSide Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 21, 2025
Publish: March 7, 14, 21, 28, 2025
WANG 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01072
Diane Milenkovich, 7419 Garden Gate Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "American River Bookkeeping" 7419 Garden Gate Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 14, 2025
Publish: March 7, 14, 21, 28, 2025
AMERICAN 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01405
Modamedia Communications, LLC, 2508 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Groundswell/ Groundswell Art" 2508 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 26, 2025
Publish: March 7, 14, 21, 28, 2025
GROUND 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01299
Maria E Mariscal, 7605 Rincon Villa Lane, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Mr. and Mrs. Pro Cleaning Services" 7605 Rincon Villa Lane, Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 24, 2025
Publish: March 7, 14, 21, 28, 2025
MR. 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01177
Hollybank LLC, 3017 Arden Way, Sacramento, CA 95825 is doing business under the

Fictitious Business Name(s) "GOAT Barbershop" 3025 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 19, 2025
Publish: March 7, 14, 21, 28, 2025
GOAT 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01458
Kevin & Luz Enterprises Inc, 1600 Sacramento Inn Way, Suite 216, Sacramento, CA 95815-3461 is doing business under the Fictitious Business Name(s) "Epic Homehealth Services" 1600 Sacramento Inn Way, Suite 216, Sacramento, CA 95815-3461. Filed with the Clerk of Sacramento County February 27, 2025
Publish: March 7, 14, 21, 28, 2025
EPIC 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01345
Satinder Pal Singh, 1605 F Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Singh Jeweler" 1605 F Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 25, 2025
Publish: March 7, 14, 21, 28, 2025
SINGH 3-28-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2025-00995

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Clearinghouse C/ RTA Background Services, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. SAP Solutions, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. The Fictitious Business Name Statement was filed on 2/13/2025 in the County of Sacramento. Filed with the clerk of Sacramento County: 2/14/2025. Publish: Feb 21, 28, March 7, 14, 2025 C/RTA 3-14-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2021-10938

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: NorCal Feed, 4821 Sunset Place Lane, Fair Oaks, CA 95628. Faith Recio, 4821 Sunset Place Lane, Fair Oaks, CA 95628. The Fictitious Business Name Statement was filed on 12/22/2021 in the County of Sacramento. Filed with the clerk of Sacramento County: 2/18/2025. Publish: Feb 28, March 7, 14, 21, 2025 NORCAL 3-21-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-04731

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: GHMC, 508 W 800 N, Orem, UT 84057.

First Colony Mortgage Corporation, 508 W 800 N, Orem, UT 84057. The Fictitious Business Name Statement was filed on 6/21/2023 in the County of Sacramento. Filed with the clerk of Sacramento County: 6/21/2023. Publish: March 7, 14, 21, 28, 2025 GHMC 3-28-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. 2020-03872

The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Emily's Guest Home, 7437 Kanai Avenue, Citrus Heights, CA 95621. Maria Tintas, 7437 Kanai Avenue, Citrus Heights, CA 95621. The Fictitious Business Name Statement was filed on 6/18/2020 in the County of Sacramento. Filed with the clerk of Sacramento County: 2/13/2025. Publish: March 7, 14, 21, 28, 2025 EMLYS 3-28-25

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV001753

Sayedli Majidi has filed a petition with this court for a decree changing the name(s) of Sayedi Majidi to Sayed Khalil Majidi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 10, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 22, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 14, 21, 28, March 7, 2025 MAJIDI 3-7-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002562

Nadia Ghafari has filed a petition with this court for a decree changing the name(s) of Nadia Ghafari to Nadia Wali. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 31, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 14, 21, 28, March 7, 2025 NADIA 3-7-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003088

Paul Nicholas Duff has filed a petition with this court for a decree changing the name(s) of Paul Nicholas Duff to Paul Nicholas Curtin. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 7, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 CURTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003283

Adeeb Rahman Usmani has filed a petition with this court for a decree changing the name(s) of Osama Usmani to Daniel Usmani. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 11, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 USMANI 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003137

Quentin Marcel Williams has filed a petition with this court for a decree changing the name(s) of Quentin Marcel Williams to Quentin Marcel Jones. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of

Name should not be granted. Dated: February 10, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 QUENTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002080

Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Mujtaba Mohmadi to Mujtaba Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 MUJTABA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002102

Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Mustafa Mohmadi to Mustafa Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 29, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 MUSTAFA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003103

Pilar Villa Gonzalez has filed a petition with this court for a decree changing the name(s) of Pilar Villa Gonzalez to Ma. Pilar Villa Gonzalez and Juvenal Pena to Juvenal Pena Palafox. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 7, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 GONZALEZ 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002092

Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Murtaza Mohmadi to Murtaza Mohammadi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: January 27, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 MURTAZA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003372

Maria Griselda Diaz-Boltor has filed a petition with this court for a decree changing the name(s) of Maria Griselda Diaz-Boltor to Griselda Maria Diaz-Boltor. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 1, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 13, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 BOLTOR 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV02255

Aries Darrell Saechao has filed a petition with this court for a decree changing the name(s) of Aries Darrell Saechao to Aries Darrell Voong. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 19, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: November 1, 2024 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 21, 28, March 7, 14, 2025 VOONG 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003817

Elizabeth Rose Ann Sheldon has filed a petition with this court for a decree changing the name(s) of Elizabeth Rose Ann Sheldon to Rose Lyon.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 26, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 19, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 28, March 7, 14, 21, 2025 ROSE 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003566

Margaret Ann Wogksch aka Margaret Ann O'Neill has filed a petition with this court for a decree changing the name(s) of Margaret Ann Wogksch aka Margaret Ann O'Neill to Margaret O'Neill Wogksch. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 28, March 7, 14, 21, 2025 MARGARET 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003560

Nhut Hoang Duy To has filed a petition with this court for a decree changing the name(s) of Nhut Hoang Duy To to Duy Nhut Hoang To. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 28, March 7, 14, 21, 2025 DUY 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004186

Vanessa Silva Carrillo has filed a petition with this court for a decree changing the name(s) of Vanessa Silva Carrillo to Vanessa Silva Carrillo.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 1, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: Feb 28, March 7, 14, 21, 2025 CARRILLO 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003556

Nhut Thanh To has filed a petition with this court for a decree changing the name(s) of Nhut Kim Khanh To to Khanh Nhut Kim To.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 14, 2025 Richard K. Sueyoshi, Judge of the Superior Court Publish: Feb 28, March 7, 14, 21, 2025 NHUT 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004235

Phuc An Nguyen Truong has filed a petition with this court for a decree changing the name(s) of Phuc An Nguyen Truong to Roney Truong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: March 7, 14, 21, 28, 2025 TRUONG 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003329

Shankara Narayanan Jayaraman and JanakaSudha Shankara Narayanan has filed a petition with this court for a decree changing the name(s) of Sriram J.S. to Sriram J. Shankara Naryanan and Srihari J.S. to

Srihari J. Shankara Narayanan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 9:00 a.m. in Department 54/ Hall of Justice, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 11, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: March 7, 14, 21, 28, 2025 NARAYANAN 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003750

Melanie Kim has filed a petition with this court for a decree changing the name(s) of Aubree Miya Eilbacher to Aubree Miya Kim-Eilbacher and Logan Ryu Eilbacher to Logan Ryu Kim-Eilbacher and Maddox Kai Eilbacher to Maddox Kai Kim-Eilbacher.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 18, 2025 Christopher E. Krueger, Judge of the Superior Court Publish: March 7, 14, 21, 28, 2025 KIM 3-28-25

NOTICE OF PETITION TOADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JANIS K LATONA

CASE NO. 25PR000393 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Janis K Latona.

A Petition for Probate has been filed by Lee D Latona, in the Superior Court of California, County of Sacramento, requesting Lee D Latona be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 12, 2025, 9:00 a.m. in Dept 124; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Lee D Latona, 10820 Alandale Way, Rancho Cordova, CA 95670; (909) 996-1651 Publish: Feb 21, 28, March 7, 2025 LATONA 3-7-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF DAVID DOUGLAS NESTER

CASE NO. 25PR000425 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of David Douglas Nester.

A Petition for Probate has been filed by Melissa J. Nester, in the Superior Court of California, County of Sacramento, requesting Melissa J. Nester be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important

NOTICE OF ADOPTION OF RESOLUTION 12172024-01

Carmichael Water District (District) Notice of Adoption of Resolution 12172024-01 - A Resolution Changing the Regularly Scheduled Board Meeting Date and Amending Directors Policy Manual. Commencing during the month of March 2025, regular monthly meetings of the District Board of Directors shall be held on the third Monday of each calendar month at 6:00 PM in the Board Room at the District Office located at 7837 Fair Oaks Blvd., Carmichael, CA 95608. Resolution 12172024-01 passed and adopted by the Board of Directors on December 17, 2024. The full text of Resolution 12172024-01 is available on the District's website at carmichaelwd.org.

Carmichael Times 2-28 and 3-7-2025

PUBLIC NOTICE NOTICE OF PUBLIC SALE OF PERSONAL PROPERTY

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on sold property pursuant to sections 21700-21716 of the businessand professions code, section 2328 of the UCC, section 535 of the penal code and provisions of the civil code. The undersigned will sell at a public sale, by competitive bidding on or after Tuesday, March 11, 2025 at 9:45 am on the Premises where the said property has been stored and which are located at Store & GO LLC, 21 Massie Court, Sacramento, CA. The following delinquent tenants' items described as appearing to be and/or possible: Misc. Furniture, household items and boxes. (contents unknown)

Harris, Marshall	D-Jones, Candice	Caldwell, Latosha
Crisostomo, Jose	Kelia Vulaca, Reama	Radoka, Ana
Ochoa, Daniel Phillip	Smith, Shannon	Bubuluinigele, Ifereimi
Thorpe, Simona	Castorena, Daniel	

Purchases must be paid for at the time of purchase with cash only, all purchased items sold as is, where is, and must be removed at the time of sale. Sale subject to cancellation in the event of settlement between owner and obligated party.

Published 2-28-2025, 3-07-2025

A-Ward Auction
209-614-7441
Bond #MS237-04-79 & #MS324-27-45

Carmichael Times 2-28 and 3-7-2025

SAFE Accepting Applications for \$16,000 in Scholarships



SAFE Credit Union Vice President Community Relations and Financial Education Rebecca Delmundo. Photo courtesy of SAFE Credit Union

SAFE Credit Union News Release

NORTHERN CALIFORNIA, CA (MPG) - SAFE Credit Union is now accepting applications for its annual scholarship awards for \$4,000 each to support graduating high school seniors and students currently attending community college.

“SAFE is committed to helping students achieve their dreams with skills for a successful financial future,” says SAFE Credit Union Vice President Community Relations and Financial Education Rebecca Delmundo. “We are excited to provide each recipient with this scholarship to help empower students to reach their educational goals and positively impact their community.”

SAFE will award four scholarships of

\$4,000 each in the competitive scholarship program. Applications will be accepted through Friday, March 21, and can be accessed here or by visiting: SAFE Scholarship Program.

To be eligible, applicants must be a member of SAFE with a checking or savings account in good standing, must be a graduating high school senior or a current community college student with 60 or fewer credits with a GPA of 3.0 or above and Currently attending a high school or community college in one of the 13 counties in SAFE’s service area: Sacramento, Placer, El Dorado, Yolo, San Joaquin, Contra Costa, Solano, Yuba, Sutter, Butte, Nevada, Alameda, and Amador.

“We recognize that post-secondary education is so important for people to gain the knowledge for jobs that provide for good incomes and career satisfaction,” Delmundo says. “We want students to obtain that education, be it at a community college, university, or a trade school. SAFE is here to help them get a jump on their careers.”

According to a recent article from Business Insider, the average student loan debt was \$29,300 for 2022-23 graduates. SAFE created this program to ease that financial burden from local students with a \$4,000 scholarship.

“While the long-term benefits of attending higher education are clear, paying tuition can be challenging for so many families,” Delmundo says. “That’s why SAFE continues to provide this scholarship to help promising students cover more of their educational costs.”

For more information about SAFE Credit Union’s scholarship program contact SAFE Credit Union Senior Public Affairs Specialist, Caitlin Estes at caitlin. Estes@safecu.org or (916) 597-5870. ★

Former Teacher Convicted of Child Sexual Assault

Sacramento County District Attorney’s Office News Release

SACRAMENTO COUNTY, CA (MPG) - On Feb. 25, Kim Kenneth Wilson pled to nine counts of committing lewd acts upon a child. Wilson also admitted to multiple allegations of multiple victims as well as substantial sexual conduct and aggravating factors of vulnerable victim and position of trust.

Wilson was a longtime teacher at Del Paso Heights Elementary School. He also established a media/broadcasting club for students, which had its own designated room assigned to the club. Throughout his tenure, Wilson took female students alone to the private broadcasting room. While in the room, he committed sex acts on the students, often photographing or recording the sex acts. While most of the sexual assaults occurred in the school broadcasting room, some of the victims were also assaulted at Wilson’s home during events he hosted.



Upon learning about the sexual assaults, Sacramento police detectives searched Wilson’s home. Officers located a number of child-sized sex toys, including child-sized artificial genitalia and a child-sized torso with artificial genitalia.

Additionally, detectives located a substantial amount of VHS tapes, DVDs and other digital storage devices containing videos depicting Wilson sexually assaulting his students. The videos depicted conduct spanning multiple years with numerous students. The recorded content also showed Wilson forcing students to look into the camera while saying and depicting sexual acts.

Under the plea agreement, Wilson will be sentenced to 215 years to life in prison. Sentencing is set for 8:30 a.m. Aug. 22 in Department 63.

Under current California law, Wilson, 64, will become eligible for release at an Elder Parole hearing once he serves 20 years of his 215-years-to-life sentence. With his in-custody credits, that will be in approximately 17 years. ★



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NOTICE OF PETITION TOADMINISTER ESTATE

actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 25, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor.

You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Melissa J. Nester, 4368 Aubergine Way, Mather, CA 95655; (916) 622-4596 Publish: Feb 21, 28, March 7, 2025

NESTER 3-7-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOAN STRAWN, AKA JOAN LESHUK
CASE NO. 25PR000501

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Joan Strawn, aka Joan Leshuk.

A Petition for Probate has been filed by William R. Strawn, in the Superior Court of California, County of Sacramento, requesting William R. Strawn be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under

the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 19, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California

statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Katie Lenore, 202 Providence Mine Road, Suite 106, Nevada City, CA 95959; (530) 264-4130 Publish: Feb 21, 28, March 7, 2025

STRAWN 3-14-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERT RICHARD MIDDLETON
CASE NO. 25PR000633

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Robert Richard Middleton.

A Petition for Probate has been filed by Michael D. Middleton, in the Superior Court of California, County of Sacramento, requesting Michael D. Middleton be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent’s will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows March 27, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal de-

livery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael A Sawamura, Corporate Counsel Law Group LLP, 901 H Street, Suite 210, Sacramento, CA 95814; (916) 441-2685 Publish: March 7, 14, 21, 2025

MIDDLETON 3-21-25

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COMICS & PUZZLES

The Spats

by Jeff Pickering

WHAT'S YOUR FAVORITE SUBJECT IN SCHOOL?

GEOLOGY ROCKS!!

...BUT GEOGRAPHY IS WHERE IT'S AT!!

Amber Waves

by Dave T. Phipps

THAT FARMER IS ALWAYS SERVING UP SLOP. I'M GONNA GIVE HIM A PIECE OF MY MIND.

OINK! OINK! OINK!

OH, TRUST ME...WHEN TRANSLATED THAT WAS CHOCK-FULL OF OBSCENITIES.

Out on a Limb

by Gary Kopervas

LOOK, OUR BOOKINGS ARE WAY DOWN. THE CROWDS AREN'T WHAT THEY USED TO BE. I'M SICK OF THE ROAD AND HOTELS. I WANT TO MEET A GIRL, SETTLE DOWN, MAYBE START A FAMILY OF MY OWN... C'MON, DANNY, YOU'RE NOT GOING TO MAKE ME SAY IT, ARE YOU?!!!

TIGER

by BUD BLAKE

HEY, YOU GUYS!!

I DROPPED A COIN. WILL YOU HELP ME FIND IT?

HERE'S YOUR COIN, BONNIE. A NICKEL.

I FOUND YOUR QUARTER, BONNIE.

HERE'S YOUR DIME, BONNIE.

I'VE GOT A FEELING WE'VE BEEN HAD!

THIMBLE THEATRE PRESENTS

POPEYE

BY KIMMY HILGOLAND

NOT A DAY I'DAY IS! EVERYONE IS HAPPY, NICE AND PEACEFUL!

PERHAPS I'LL FIND SOMEONE TO FIGHT ON A NATURE WALK.

EXCUSE ME!

COULD YOU FREE ME BEFORE THE SPIDER RETURNS?

IS VA OKAY? IT'S BEEN A ROUGH FEW WEEKS, HONESTLY.

TO THANK YOU FOR FREEDING ME, I WILL GRANT YOU ONE WISH.

I WISH I'D TAKE BETTER CARE OF MYSELF.

CAREFUL WHAT YOU SAY! YOU MIGHT WASTE A WISH!

BUT THAT WAS ME WISHING.

OK, THIS IS GETTING ANNOYING, GUY.

STOP BEING WORRIED. YOU SOUND LIKE MY COURT-APPOINTED DEFENDER.

CLOSE YOUR EYES, COUNT TO THREE, AND WISH FOR THE FIRST THING YOUR HEART WANTS. OK?

ONE... TWO... THR...

WHAT BRINGS YOU TO THERAPY TODAY?

A JERK.

THAT'S PRETTY COMMON.

HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.

SALE

SALE

1. Purse is smaller. 2. Tie is missing. 3. Hair is longer. 4. Item in display case is different. 5. Lapel is missing. 6. Necktie is missing from display stand.

GRIN and BEAR IT

by Dave T. Phipps

I GET IT, YOU SAID TO DO THE LAUNDRY WHILE YOU WERE AWAY, BUT TO BE FAIR, I DID MANAGE TO FIND ONE LAST CLEAN SHIRT.

"This is in case you take his side!"

Y	E	T	I			M	I	D			G	I	N				
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STATEPOINT CROSSWORD • MARCH MADNESS

CLUES

ACROSS

1. Giant Himalayan

5. *M in MAC

8. Bathtub libation

11. Joie de vivre

12. Do like fly fisherman

13. East side of Jersey

15. Tucked in

16. Diva's solo

17. Length of a forearm

18. * ____ Sunday

20. Osiris' wife

21. Freshwater fish

22. Stir fry pan

23. Victorian era overcoat

26. Smallest

30. *Like attending band at the NCAA Tournament

31. Kaa of "The Jungle Book"

34. Great Lake

35. Prep mushrooms for steak, e.g.

37. Cooking fat

38. Bible song

39. Second to last word in some fairytales

40. False

42. Dip oreo into milk, e.g.

43. Tiresome

45. Hoariest

47. NBC's sketch comedy show

48. Misrepresent

50. South American monkey

52. *2025 NCAA Championship game venue

56. Renaissance fiddle

57. "To ____ and to hold"

58. ____-friendly

59. Founding Father Thomas ____

60. Damien's prediction

61. Reunion group

62. Bancroft to Hoffman in "The Graduate"

63. Agreement word

64. Ages and ages

DOWN

1. Nay opposers

2. River in Bohemia

3. 1.3 ounces, in Asia

4. Owes money (2 words)

5. Angelina Jolie's 2024 singing role

6. "Kick the bucket," e.g.

7. * ____ Smith, coach of 2 champs and 11 Final Four teams

8. Mongolian desert

9. Fleur-de-lis

10. "Cut down at end of last game

12. Like rheumy eyes

13. Descendant

14. *2024 winners

19. Thin pancake

22. * ____ and move on

23. *Cinderella's victory

24. Furlough

25. Spew, past tense

26. Cough syrup balsam

27. Use other end of pencil?

28. Farm structures

29. Dangle a carrot

32. * ____-up or evenly matched game

33. Step on it

36. *2024 Most Outstanding Player Newton

38. Paralyzing disease,

for short

40. Afghan monetary unit

41. Neolithic tomb

44. "Riunite ____ that's nice"

46. Figure out

48. Scapegoat's due

49. Roof overhang

50. Salty drop

51. Avian wader

52. Sailor call

53. Capital of Norway

54. Statistics calculation

55. Sea eagles

56. Dashboard acronym

CROSSWORD

1 2 3 4 5 6 7 8 9 10

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Hornet Nets Pitcher of the Week Award

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - Fresh off a performance that earned him his first victory of the season, senior right-hander Evan Gibbons was named the Western Athletic Conference (WAC) Pitcher of the Week on Monday, Feb. 24.

It is the first career honor for Gibbons, who became the first Hornet hurler to win the award since teammate Kade Brown did so on April 22 of last season.

The three-time WAC All-Academic Team selection put up a stellar start in game three of the series against Ball State on Feb. 21, picking up his first "quality start" of the season while combining on a three-hit shutout.

Brown allowed only two



On Feb. 24, Hornet senior right-hander Evan Gibbons was named the Western Athletic Conference Pitcher of the Week. Photo courtesy of Sacramento State Athletics

hits and five baserunners total over six shutout innings, walking a pair and tying his career high with eight strikeouts. Of the five Cardinals that reached base during his time on the mound, Gibbons stranded four of those in scoring position as Sacramento State went on to win the game, 2-0.

The eight strikeouts matched his high bar set in 2023 against Utah Tech and tied twice in 2024 in starts against Utah Valley and Stephen F. Austin. Gibbons is tied for second on the team with 10 strikeouts over 10.2 innings of work, holding opposing hitters to a .231 batting average.

Following a short break, the Hornets returned to the diamond on Feb. 26, defeating South Dakota State 14-2 in the opening game of a four-game home series at John Smith Field. ★

Women’s Tennis Adds International Talent



Cami Maldonado Gutierrez, ranked as one of the top 10 juniors in her home country of Mexico, has committed to join the Sacramento State women’s tennis team for the 2025-26 season. Courtesy photo

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - Cami Maldonado Gutierrez, ranked as one of the top 10 juniors in her home country of Mexico, has committed to join the Sacramento State women's tennis team Head Coach Sophie Breault announced on Feb. 21.

“We’re thrilled to welcome Camila to our program and can’t wait to see her growth over the next four years,” Breault said. “Cami is a crafty lefty with incredible skill in moving the ball around the court. With so much untapped potential, she has everything it takes to become a top collegiate player.”

“Aside from her talent, she’s a kind, hardworking, and passionate competitor who will be a perfect fit for our team culture and the Hornet family. We have no doubt she’ll make an immediate impact as we pursue our goals of winning the Big

Sky Championship and beyond.” Originally from Tuxtla Gutierrez, Chiapas, Mexico, she ranked as high as No. 561 in the world according to the Jan. 6 International Tennis Federation’s Juniors ranking and is currently No. 584 as of Feb. 17.

A member of the Chiapas State Team in 2022, she reached the quarterfinals of the Conade National Olympics and is well-versed in both singles and doubles competition.

Among her career highlights, she claimed five doubles titles from 2023-24 and was a semifinalist in a sixth event, while claiming a singles championship and another singles finals appearance at a pair of J30 Intercollegiate Tennis Association tournaments in Nicaragua. She also reached the semifinals of an event in Tabasco, Mexico in late May of 2024.

Overall, Gutierrez posted a 25-11 overall record in singles play and was 25-8 in doubles matches in 2024. ★

Aggie Earns Player of The Week Honor



On Feb. 26, UC Davis sophomore Mika Ikemori was named Big West Player of the Week. Photo courtesy of UC Davis Athletics

UC Davis Athletics News Release

SACRAMENTO REGION, CA (MPG) - UC Davis sophomore Mika Ikemori was named Big West Player of the Week, the conference announced on Feb. 26.

This marks Ikemori's first career Big West Player of the Week honor.

Ikemori went 4-0 across three different matches over

the course of a week. On Feb. 21, Ikemori and her partner Daisy Maunupau beat Oregon’s No. 1 doubles team of Tilde Jagare and Juliett Santitto, currently ranked No. 80 in the nation. Ikemori followed that up with a straight sets victory at No.1 singles against Santitto 6-4, 6-3.

On Feb. 22, Ikemori and Maunupau won at No. 1 doubles against Cal State

Stanislaus’ Emma Yu and Annabelle Mulick, 6-3. That afternoon, Ikemori secured her fourth win of the weekend when she beat Jessup University’s Briana Smith, 6-4, 6-0.

UC Davis was back in action against Cal Poly on March 1 for their first-ever theme day, We Stand We See, bringing awareness to illnesses that affect many around the world. ★

Sacramento Kings Working to Enhance Accessibility

Sacramento Kings News Release

SACRAMENTO REGION, CA (MPG) - On Feb. 24, the Sacramento Kings in collaboration with Ticketmaster and OneCourt announced an innovative way for blind and low vision fans to experience live basketball action at Golden 1 Center. Beginning immediately and continuing through the NBA 2024-25 regular season, One Court’s haptic display will be available at all home games, free of charge, allowing fans to feel the game in real time.

OneCourt devices will be available for checkout at Guest Services, located near Section 109 and 207, on a first-come, first-served basis. Five devices will be available at each home game, expanding access to this groundbreaking technology and ensuring more fans can engage with the action in an inclusive way.

This cutting-edge technology converts live game action into audio and trackable vibrations, allowing users to follow plays with their fingertips.

The Kings worked closely with the NBA to integrate OneCourt with the league’s live gameplay tracking system, ensuring fans receive real-time updates through the device’s intuitive interface.

“At the Kings, we are committed to



The Sacramento Kings are implementing an innovative way for blind and low vision fans to experience live basketball action at Golden 1 Center. Photo courtesy of Sacramento Kings

making live sports more accessible and inclusive for all fans,” said Sacramento Kings President of Business Operations John Rinehart. “Partnering with Ticketmaster to make OneCourt technology available at Golden 1 Center allows us to deliver an innovative, real-time experience that ensures Blind and Low Vision fans can feel the excitement of every play.”

“Our partnership with the Sacramento Kings brings OneCourt's adaptive technology to fans at Golden 1 Center, helping make gamedays more immersive and inclusive,” said Ticketmaster Senior Director of Client Development Scott Aller. “Live experiences are for everyone, and this

initiative is part of Ticketmaster’s ongoing work to expand opportunities for how every type of fan can connect with and experience their favorite events.”

“We believe that sports are for everyone and at OneCourt, we have created an intuitive tactile broadcast that makes sports more enjoyable for fans of any age, background, or visual ability,” said OneCourt Founder and CEO Jerred Mace. “Fans feel more empowered than ever before to attend live sporting events and join in on the action. We are thrilled to partner with the Sacramento Kings and Ticketmaster to make OneCourt available to basketball fans at Golden 1 Center.” ★

Sac Pro Sport Venues Promote Sustainability

Sacramento River Cats News Release

SACRAMENTO REGION, CA (MPG) - On Feb. 25, the Golden 1 Center and Sutter Health Park announced a new multi-year, sustainability-focused partnership with Kimberly-Clark Professional™. Fans attending Kings, River Cats and Athletics home games will benefit from Kimberly-Clark Professional’s high-quality paper towels, soap, and toilet paper, reinforcing both venues’ commitment to cleanliness and environmental responsibility.

“As an organization, we are always looking for ways to enhance sustainability efforts while improving the fan experience,” said Sacramento Kings President of Business Operations John Rinehart. “Kimberly-Clark Professional products provide innovative hygiene

solutions for Golden 1 Center and Sutter Health Park, and we are excited to partner with a company that shares our commitment to health, safety, and environmental stewardship.”

“We’re dedicated to the teamwork it takes to help create better fan experiences,” said Kimberly-Clark Professional Chief Customer Officer Ignacio Suit. “Customers can count on our towel, tissue and hand hygiene brands, Kleenex and Scott, to stand for safety and cleanliness from a responsible and ethical source.”

Kimberly-Clark recently earned the No. 2 spot on Barron’s list of most sustainable U.S. companies for its achievements in reducing its environmental footprint and announced its ambition to be 100% natural forest free across its portfolio. ★

A painting of the Flamingo Las Vegas, featuring the Flamingo Fountain and palm trees, with a playing card (6 of Clubs) placed in front of it for scale.

The painting is a vibrant oil work depicting a lush garden. In the foreground, a large, dense bush of white flowers, possibly hydrangeas, dominates the left side. To its right, a cluster of pink and red flowers, likely roses, adds a splash of color. The background is filled with various green trees and foliage, creating a sense of depth. A small, light-colored path or lawn area is visible in the lower left. The painting is housed in a simple, light-colored wooden frame.

In front of the painting, a small card is visible. It features a similar garden scene and the following text:

Garden Path, Spring
 2004
 10" x 12"

For more information about the Sacramento Playing Cards exhibit's card locations and artists, go online to SacFineArts.org/cards or call 916-971-3713. ★

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AMERICAN/HISPANIC GROCERY

Gala Original Detergent 4.55 liters \$19.99 /ea -TAX	Bonnie's Fruit Drinks 3 Flavors 1 gallon \$3.49 /ea -CRV	Dole Pineapple Chunks Slices Crushed 20 oz \$2.39 /ea	Fiora Ultra Bath Tissue 12 rolls \$5.99 /ea -TAX	Dot's Home Style Pretzels 9.5 oz. 16 oz. \$1.99 /ea
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ASIAN GROCERY

Golden Mountain Sauce 20 fl.oz. \$2.69 /ea	Lee Kum Kee Orange Chicken Sauce 16.4 oz. \$1.99 /ea	Nutrishake Jelly Shake Drink 11.5 oz. 99¢ /ea -CRV	Lee's Full Cream 14 oz \$4.49 /ea	Chankoh Coconut Water Box 1 liter \$2.69 /ea, \$2.99 /case -CRV
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EUROPEAN GROCERY

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Pitted Green Olives \$4.99 /lb	

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