



Tickets Now on Sale for Capital Airshow

PAGE 4

Sacramento Habitat for Humanity Celebrates 200th Home Build

PAGE 4



East Sacramento News

VOL 34 • ISSUE 5

Bringing You Community News For Over 30 Years

MARCH 7, 2025

SEE INSIDE

BLOCK A BUS STOP, GET A TICKET



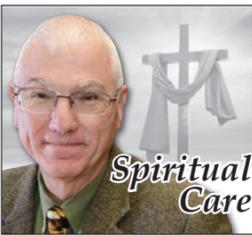
PAGE 3

LOOKING LIKE CONTENDERS



PAGE 6

GOD'S NOT FINISHED WITH THIS CHAPLAIN, YET



PAGE 5

County Celebrates 175 Years



The current Sacramento County Board of Supervisors is, from left, Patrick Kennedy (District 2), Phil Sema (District 1), Rosario Rodriguez (District 4), Rich Desmond (District 3) and Pat Hume (District 5). Photo courtesy of Sacramento County

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - This year marks a significant milestone in the history of Sacramento County as it celebrates its 175th anniversary, also known as its demisemiseptcentennial.

Since its founding on Feb. 18, 1850, Sacramento County has been at the forefront of service delivery, evolving to meet the needs of its residents with integrity and innovation. Sacramento County was incorporated



in response to the needs of a growing population.

The county is one of the original 27 counties of California. The county charter was established in 1933 and is still in use today.

Sacramento County's population in 1850 was 9,087. Today, the county

serves more than 1.6 million residents across its landscape. Over the past 175 years, Sacramento County has remained committed to providing essential services that enhance the quality of life for all who call it home.

The county's responsibilities to its residents have grown over the years, pursuant to the county charter or ordinances or by state or federal mandate to provide health and welfare, criminal justice and municipal services (including law enforcement), as

Continued on Page 2

Bill Aims to Ban Disposable Vapes

CALPIRG New Release

SACRAMENTO, CA (MPG) - In an effort to reduce the proliferation of discarded electronic waste in California, Assemblymember Jacqui Irwin introduced Assembly Bill 762 on Feb. 19, to ban single-use disposable vapes in the state.

The bill's authors were joined by recyclers, college students and environmental advocates who support the effort to stop beach pollution and electronic waste at a news conference.

"Disposable vapes have become the new poster child for our single-use, throwaway society," said Fiona Hines, CALPIRG legislative advocate. "Some of these vapes come with digital touchscreens, even though they're designed to be thrown out after a week."

According to CALPIRG's Vape Waste report, Americans throw out 4.5 disposable vapes per second. The newest models come with touch screens and installed games, even though they're unable to be refilled once they run out of nicotine or cannabis e-liquid.

Tobacco products – mostly cigarette butts – have polluted beaches for decades. Now, trendier disposable vapes pose a more permanent pollution threat. While cigarette trash takes 10 years to degrade, the plastic in disposable vapes is not biodegradable, and will never fully leave the environment.

"Disposable vapes are ruining our beaches, environment, and public health. I'm pleased to sponsor a ban," said Assemblymember Irwin, author of the bill. "We have enough single-use waste and public health concerns without vapes littering our state."

"Disposable vapes have batteries which can't be removed, and contain residue hazardous waste," said Joe La Mariana, RethinkWaste executive director. "Because of these batteries, disposable vapes are difficult to recycle and can pose a fire risk to our facilities. We need to make it easier to recycle at scale, not riskier."

*"Every second, 4.5
Continued on Page 3*

Little Free Libraries Draw Eager Readers

Story and Photos by Kristina Rogers

SACRAMENTO, CA (MPG) - Land Park is home to bibliophiles who love trading and sharing books. They visit the library, scour bookstores and chat about good stories in book clubs. But no one needs to leave their Land Park neighborhood to find a new book to enjoy. The Little Free Library movement has made it so that all you need to do is go for a walk to find new, free books.

Messenger Publishing Group asked some Land Park residents about their personalized Little Free Libraries and how they became involved in the movement.

Steve Graham (781 5th Ave.) has enjoyed his Little Free Library for about 10 years.

"I saw one and thought that's a smart idea," Graham said. He built his little library with glass blocks from a garage sale, then added a matching bench.

"My house is a major route for school. The kids will stop and sit on the bench, and sometimes their parents will join them." Graham tends to enjoy reading the classics,

Continued on Page 2



Steve Graham is at his little library on 5th Avenue where youths sit on the bench to read.



Scan our QR Code for a direct link to our online edition!

PRSRD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
OR CURRENT POSTAL CUSTOMER

SENIOR LIVING

OFFERING SUPPORTIVE INDEPENDENCE, ASSISTED LIVING AND MEMORY CARE

CALL TODAY FOR A PRIVATE TOUR

(916) 395-7579 | accmtv.org

Little Free Libraries Draw Eager Readers

Continued from Page 1

“I just tackled Ulysses because I hate myself,” he laughed. His Little Free Library is well managed by the neighbors, who don’t allow the collection to grow stale.

At 780 Swanston Drive, Francesca Pardini explained, “As soon as we moved into our home, I knew I wanted one.”

They had their Little Free Library for two years. Francesca bought pre-made building plans online, then her father helped her build it. Pardini replenishes her library with books she gets from the Facebook “buy nothing” group. She also keeps extra books in her office to change out occasionally. Pardini is a fan of contemporary fiction and fantasy. Her partner, Calen McNickles, likes fantasy, such as Tolkien and Joe Abercrombie.

Retired elementary school teacher and children’s librarian Karen Martin bought a pre-made box for her 1770 5th Ave. home two years ago. Today, the bright blue box is a popular hub for neighbors with little ones.

“I have two daughters and six grandchildren, so I’ve wanted to do this for a while,” Martin said.

After a long career in supporting early reading,



Ruby Clark Shows off her grandchild’s custom-painted little library on 7th Avenue.



The Snoopy-inspired library was built as an Eagle Scout project.



Francesca Pardini and Calen McNickles stand at their little library on Swanston.

Martin understands the value of inspiring the next generation to love books. When asked what she enjoys reading, she responded, “Historical fiction. My book club just finished ‘Comfort of Crows’ by Margaret Renkl. We also read ‘The Covenant of Water’ by Abraham Verghese. And I really enjoyed ‘The Women’ by Kristin Hannah.”

She has assistance with keeping her library offerings fresh.

“A gentleman who rides a bike with big saddlebags filled with books comes to move things around. He’s the nicest man and keeps the collections vibrant and different,” Martin said.

For those who like the “take a book, leave a book” philosophy, they can learn more online at littlefreelibrary.org. The website provides all the resources to get started. People can build their own purchase plans or have a pre-made Little Free Library delivered. Those who register with the organization are called “Stewards” and receive several benefits, including having their Little Free Library listed on a neighborhood map. The map is also conveniently found on the organization’s phone app.

Many little libraries are not registered with the organization. And they don’t have to be. Take Ruby Clark’s at 1615 7th

Ave.

Around four years ago, she received a free little library as a Christmas present. Her grandchild personally stripped and painted it in a green trees motif. Clark’s favorite types of books are best sellers, history and murder mysteries.

“The library is used by neighbors, and we change it out from time to time,” Clark said.

Then there are neighbors who inherited their little library, as is the case with Jennifer and Robert Pennington at 1817 Castro Way. Their cute Snoopy-inspired Little Free Library came with their house.

“The last owner’s son built it as an Eagle

Scout project,” explained Jennifer Pennington. “We try to keep on top of it but are rather busy. There is a ‘library angel’ who drives around in a van and comes by to replenish it.”

Book aficionado Megan Seely has had her Little Free Library for more than 10 years. The tall 2676 Harkness St. library was built by her brother-in-law as a birthday gift. She finds people are great about rotating it.

When asked what she likes to read, Seely answers, “That’s like asking who’s your favorite child. I actually read a lot of non-fiction, historical fiction and social commentary. Plus, young adult

books because I have two teenagers.”

The family’s beloved childhood series is “Lemony Snicket.” A quote was added to the door of their little library from the cherished stories: “All the secrets of the world are contained in books. Read at your own risk.”

With an abundance of colorful little libraries to choose from, Land Park continues to be a neighborhood filled with literary risk-takers.

Kristina Rogers is a Land Park resident, writer and reader. She is currently reading Matt Haig’s “The Life Impossible.” ★

County Celebrates 175 Years

Continued from Page 1

well as other services to county residents.

Major services include the Airport System, Animal Care and Regulation, Clerk-Recorder, Criminal Justice, Health and Welfare, Property Tax System, Regional Parks, Transportation, Waste

Management and Recycling, Voter Registration and Water Resources.

As part of our 175th anniversary celebration, we invite you to share your historic photos of Sacramento County. Whether it’s a beloved landmark, a community event or a special moment in time,

we want to showcase your memories on our county website. Share your historic photos at saccounty.wufoo.com/forms/celebrate-sacramento-countys-175th-anniversary.

Join us throughout the year as we commemorate 175 years of service, innovation

and community spirit.

For more information about Sacramento County’s Demisemiseptcentennial celebrations and to learn more about the essential services provided, visit the county’s 175th Anniversary website at pio.saccounty.gov/anniversary175.

This newspaper will also run monthly updates about the demisemiseptcentennial celebrations. ★



SOL AUREUS
COLLEGE PREPARATORY
TK-8th GRADE



PREPARATION RESPECT RESPONSIBILITY COMMUNITY EXCELLENCE

.....

2024-2025

Open Enrollment!
Now Enrolling
Transitional Kindergarten-8th Grade Students

.....

For more information please contact our front office.
(916) 421-0600 | information@sacprep.org | www.sacprep.org

6620 Gloria Drive, Sacramento, Ca 95831

Enjoy Life
at
Pioneer Tower
A 55+ Community



Come tour our newly remodeled, downtown facility featuring:

- Spacious 1-bedroom apartments with complete kitchens, new appliances, walk-in showers, large closets, balconies, lovely views
- We pay utilities, offer free transportation to shopping, medical appointments, and fun excursions to local area points of interest
- Active residents association with a variety of social activities
- On-site Service Coordinator
- 24-hour maintenance, compassionate, caring staff
- Small pets welcome
- Rental Assistance Programs for income-qualified applicants

Secluded Orangevale Cul-de-Sac



SOLD

9211 Suede Hill Ct., Orangevale
3 bd 2 ba, 1,622 sq. ft.
\$549,900



ROSANNA GARCIA
(916) 202-7294
LIC# 01058309
St. Francis Alumni



FRANCO GARCIA
(916) 206-3802
LIC# 00925201
Jesuit Alumni

GARCIA REALTY
A SACRAMENTO TRADITION FOR OVER 40 YEARS

2100 28th Street, Sacramento 95818 | www.GarciaRealEstate.com

We Pay Utilities!
Active Senior Living Retirement Community

515 P St., Sacramento
(916) 442-2907

www.rhf.org EOE  

Bill Aims to Ban Disposable Vapes

Block a Bus Stop, Get a Ticket

Continued from Page 1
disposable vapes are tossed away, leaving behind toxic waste, fire hazards and a massive drain on our planet's resources," said Tony Hackett, Californians Against Waste Policy Associate.

"These products aren't just a public health risk; they're an environmental time bomb. California has led on waste reduction before, and it's time to do it again by banning single use vapes and shifting to safer, more sustainable alternatives."

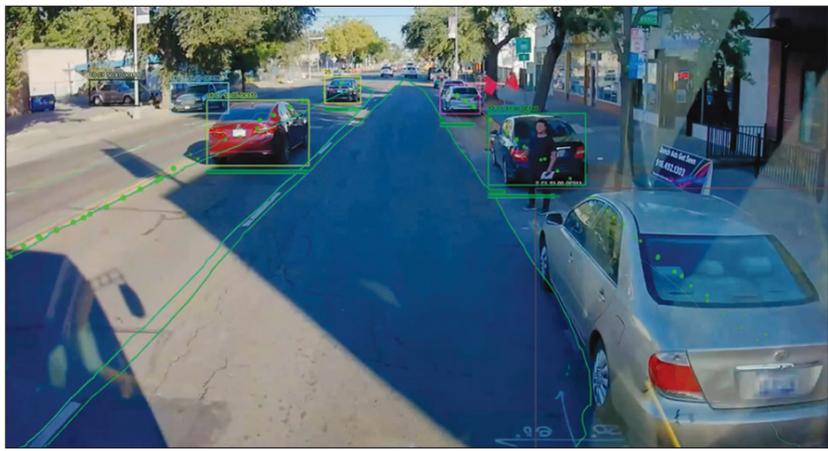
"The California Product Stewardship Council believes that manufacturers should take responsibility, including financially, for the end of life of the products that they create," said Doug

Kobold, executive director with the California Product Stewardship Council. "On occasion, the most problematic products and the problems that those products cause require urgent action to protect the health and wellbeing of our environment, communities and families. We believe that a ban on these unrecyclable single use vapes will reduce the dangers and costs these devices pose to local government waste authorities and facility operators."

Vape waste pollutes California's beaches and poses a threat to wildlife, who may ingest the toxic e-liquid residue or choke on large pieces of plastic. Americans throw out 500 pounds of e-waste each second, and the

non-removable batteries in disposable vapes make them difficult to recycle, adding to the pileup. If passed, Assembly Bill 762 would ban the sale of these single-use products in California to reduce the harm to nature and wildlife, which relies on clean open space to hunt, migrate and mate.

"Nothing we use for a few days should pollute the environment and harm wildlife for centuries to come," said Hines. "We hope the state legislature moves swiftly to reduce this harmful contributor to our larger e-waste problem. Thanks to Assemblymember Irwin, we can envision cleaner beaches and healthier wildlife in our state's future." ★



Pictured is the view from forward-facing cameras on SacRT buses that use artificial intelligence to detect parking violations within the City of Sacramento. Photo courtesy of SacRT

Sacramento Regional Transit District News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) is alerting drivers that the City of Sacramento will begin issuing citations to vehicles parked illegally in bus stops. This marks the next phase of SacRT's Bus Stop Enforcement Program, which launched in December 2024 to improve rider safety, accessibility, and the reliability of bus service across Sacramento.

Since the start of the program in December, 2,740 warnings have been issued to vehicles obstructing bus stops between Dec. 19, 2024, and Feb. 11, 2025. The enforcement program, powered by advanced AI-enabled camera systems provided by Hayden AI, ensures clear and accessible bus stops for all passengers, including those with mobility challenges.

Blocked bus stops force passengers to board or exit buses in unsafe areas, often into traffic, and can delay buses, impacting the entire transit system. By keeping bus stops clear, SacRT

ensures safer boarding for riders, particularly seniors and individuals with disabilities, while improving overall service reliability.

"Keeping bus stops clear is critical to ensuring the safety and accessibility of our transit system," said SacRT General Manager/CEO Henry Li. "This program is a significant step forward in creating a safer, more reliable experience for our riders and bus operators while promoting sustainable and efficient public transit."

One hundred SacRT buses are equipped with forward-facing cameras that use artificial intelligence to detect parking violations within the City of Sacramento.

Evidence packages, including video, photos and location data, are reviewed by the City of Sacramento before issuing citations. Citations will be mailed to the registered owner of vehicles detected blocking bus stops. The citation is \$100.

The enforcement program not only targets vehicles blocking bus stops but also extends to bike lane violations, supporting the city's commitment

to safer streets and sustainable transportation. Bike lane enforcement will begin later in 2025.

"The City of Sacramento is committed to keeping bus stops clear to ensure rider safety and prevent transit delays caused by illegally parked vehicles which create hazardous conditions for riders and delay transit service," said Staci Hovermale, parking manager, City of Sacramento. "Through our partnership with SacRT, we are addressing these challenges head-on, enhancing efficiency and reliability for everyone who depends on public transit and bike lanes."

SacRT's program joins similar enforcement initiatives in major cities like Oakland, Los Angeles, Washington, D.C., and New York City, where technology-driven solutions have significantly improved transit operations and street safety.

California-based Hayden AI provides the automated bus stop and bike lane enforcement camera systems for SacRT buses and Duncan Solutions provides the violation processing software. ★

McClatchy Music Presents

Spring Soiree

The C.K. McClatchy Music Program invites supporters of music to its Spring Soirée fundraiser on **Saturday, March 22, 2025 from 7-10pm** held at the McClatchy High School L-Wing quad and the Auditorium.

Join us for an evening of appetizers, mocktails and a silent auction to support this excellent program. This adults-only event includes solo and chamber music performances by the program's students, and will culminate with a concert.

Purchase your tickets by scanning the QR code below. Tickets are \$25, when purchased in advance and \$30 on the evening of the event.

Scan For Tickets

K^P International MARKET

FOOD COURT NOW OPEN
Come Enjoy the Flavors of the World!

PRICES EFFECTIVE MARCH 05 - MARCH 11, 2025

05 06 07 08 09 10 11

10971 Olson Drive
Rancho Cordova, CA 95670
916.853.8000

Market - 7 Days: 8am - 9pm
Food Court - 7 Days: 11am - 7:30pm
Korean/ Mex/ Viet: 7:30pm last call
Chinese/ Japanese: 7:00pm last call

K^P KARAOKE SPECIAL

Sun-Thu Come before 6pm (Valid Time)
Fri-Sat Come before 5pm (Valid Time)

<p>\$1 For 6 people \$95.00 + Gratuity</p> <p>3Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (Small Room) (12 inch) (Up to 2 pitchers) (Dishes To Choose From Below)</p> <p>\$2 For 12 people \$210.00 + Gratuity</p> <p>3Hours Karaoke + 2Pizza + Pitcher Soda + 4 Main Dishes (Medium Room) (14 inch) (Up to 4 pitchers) (Dishes To Choose From Below)</p> <p>\$3 For 14 people \$230.00 + Gratuity</p> <p>3Hours Karaoke + 2Pizza + Pitcher Soda + 5 Main Dishes (Family Room) (14 inch) (Up to 4 pitchers) (Dishes To Choose From Below)</p>	<p>\$1 For 18 people 295.00 + Gratuity</p> <p>3Hours Karaoke + 3Pizza + Pitcher Soda + 7 Main Dishes (Large Room) (14 inch) (Up to 7 pitchers) (Dishes To Choose From Below)</p> <p>\$3 For 28 people \$385.00 + Gratuity</p> <p>3Hours Karaoke + 3Pizza + Pitcher Soda + 8 Main Dishes (Party Room) (14 inch) (Up to 7 pitchers) (Dishes To Choose From Below)</p>
--	---

Dishes To Choose From

FROZEN & FISH DEPT

<p>Seasoned Pollack Roe 170 g REG. \$9.99/EA \$6.99 /ea</p>	<p>Frozen Blue Mussels 2 lbs REG. \$5.99/EA \$3.99 /ea</p>	
--	---	--

WEEKLY MEAT SPECIALS

<p>Chuck Roast - Bnls Chuck Asado sin Hueso \$4.99 /lb</p>	<p>Beef Ribeye Roast - Boneless Chuletón de Terneira Asado Deshuesado \$8.25 /lb</p>	<p>Boneless & Skinless Chicken Thigh Meat Carne de Muslo Deshuesada \$1.99 /lb</p>
<p>Pork Loin Chops Bone In Chneletas de Cerdo con Hueso \$2.49 /lb</p>	<p>Pork Tenderloin - Bnls Lomo de Cerdo sin Hueso \$3.49 /lb</p>	<p>Pork Baby Back Ribs Costillas de Cerdo \$4.99 /lb</p>

WEEKLY HALAL SPECIALS

<p>Boneless & Skinless Chicken Thigh Meat Carne de Muslo Deshuesada \$2.19 /lb</p>	<p>Australian Lamb Shoulder Stew - Bone In Rusco de Paletilla de Cordero para Estofado \$3.99 /lb</p>	<p>Chuck Roast - Bnls Chuck Asado sin Hueso \$4.99 /lb</p>
---	--	---

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 05 - MARCH 11, 2025.

FRESH PRODUCE

Celery Sleeved 89¢ /ea	Black Grape \$1.79 /lb	Lemon 3 lbs \$2.99 /bag	Red Plum \$2.59 /lb
Organic Green Onion \$1.99 /pk	White Potato 10 lbs Bag \$5.49 /bag	Murcott Tangerine 4 lbs \$3.99 /bag	Jicama 89¢ /lb

AMERICAN/HISPANIC GROCERY

Gain Original Detergent 4.55 liters \$19.99 /ea -TAX	Hawaiian Punch Fruit Drinks 3 Flavors 1 gallon \$3.49 /ea -CRV	Dole Pineapple Chunks, Sliced 20 oz \$2.39 /ea -CRV	Fiora Ultra Bath Tissue 12 rolls \$5.99 /ea -TAX	Dor's Home Style Pretzels 9.5 oz, 16 oz \$1.99 /ea
---	---	--	---	---

ASIAN GROCERY

Golden Mountain Seasoning Sauce 20 Oz \$2.69 /ea	Lee Kum Kee Orange Chicken Sauce 16.4 oz \$1.99 /ea	Nutrishake Jelly Shake Drink 11.5 oz 99¢ /ea -CRV	Lee's Full Cream 14 oz \$4.49 /ea	Chaokoh Coconut Water, Box 1 liter \$2.69 /ea, \$2.99 /ea -CRV
---	--	--	--	--

EUROPEAN GROCERY

Allegro Pure Sunflower Oil 5 liters \$17.99 /ea	Polinka Polinated Tomatoes 56 oz \$5.49 /ea	Sophia Pure Blossom Honey 908 gr \$10.99 /ea	Xytorok Sunflower Halva 500 gr \$2.99 /ea	Babkinny Sunflower Seeds 500 gr \$3.99 /ea
--	--	---	--	---

KOREAN/JAPANESE GROCERY

SALE DATE : 3/8-3/14 SAT~FRI

Dong won Extra Crispy Seasoned Seaweed 12 x 5 g \$3.99 /ea	Assi Avocado Oil Plus 2 liters \$6.99 /ea
---	--

<h3 style="color: blue;">FROZEN & FISH DEPT</h3> <p>Sweet Rice Dumpling Skin 14 oz & 10 oz \$1.99 /ea</p>	<h3 style="color: blue;">EUROPEAN DELI</h3> <p>German Head Cheese \$12.99 /lb</p> <p>Hickory Smoked Turkey Breast \$11.79 /lb</p> <p>Olive Medley \$4.99 /lb</p> <p>Pitted Green Olives \$4.99 /lb</p>
--	--

Advertised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE MARCH 05 - MARCH 11, 2025.

Tickets Now on Sale for California Capital Airshow with Blue Angels

California Capital Airshow News Release

SACRAMENTO, CA (MPG) - The 2025 California Capital Airshow, presented by Sacramento County in partnership with the City of Rancho Cordova, returns to Mather Airport on March 22 and 23.

A limited quantity of tickets are now on sale for this highly-anticipated event, which is headlined by the world-renowned U.S. Navy Blue Angels flight demonstration squadron.

Gates to the Airshow will be open from 9 a.m. to 5 p.m. on Saturday, March 22 and Sunday, March 23. Each day will feature four hours of non-stop flying performances from noon to 4 p.m. Performers include the U.S. Navy Blue Angels, U.S. Marine Corps F-35B Lightning II, U.S. Air Force F-16 Viper and C-17 Globemaster III demonstration teams, Tucker's Air Patrol, vintage World War II aircraft and more.

The event also offers miles of exhibits, aircraft displays and entertainment on the ground.

"With the Blue Angels headlining for the first time since 2019, this year's Airshow promises to be an unforgettable experience for aviation fans of all ages," said Darcy Brewer, executive director of the California Capital Airshow. "Our team has worked tirelessly to create an event that showcases the awe-inspiring power of



The 2025 California Capital Airshow will be headlined by the world-renowned U.S. Navy Blue Angels flight demonstration squadron. Photo courtesy of the California Capital Airshow

flight, and we can't wait to welcome everyone for a weekend with amazing performances and family fun."

The event offers several ticket types, with a range of experiences and accommodations. General Admission tickets for the 2025 Airshow includes free parking and event admission for up to six children (ages 15 and under).

New this year is an exclusive event entrance and venue for all attendees with upgraded tickets. Guests will have access to

food trucks and upgraded restrooms dedicated to upgraded ticket holders. The Airshow has several tiers of ticketed experiences, including the Capital Club, Flight Line Club and Mather Club, which offer a range of benefits such as shaded seating, complimentary beverages, buffet lunch and prime views of the aerial performances.

Returning this year is The Hangar experience, which includes unlimited craft beer and spirits from the City of Rancho Cordova's Barrel District

and wine from Starfield Vineyards.

For those seeking a more premium experience, First Class, a brand-new offering for 2025, includes exclusive access to VIP amenities, a pilot meet-and-greet, and premium food and drink options.

Tickets are now available for purchase online. With the popularity of the Blue Angels and limited availability for all ticket types, fans are encouraged to buy early.

Tickets will not be sold at the event gates.

Special thanks also to California Capital Airshow sponsors: Modern Aviation, SMUD, Verizon, Keurig Dr. Pepper, Donaghy Sales, Monster Energy, Thunder Valley, UPS, Five Star Bank, Teichert, Atlas Disposal and Golden 1 Credit Union.

For more information about tickets, pricing and packages, visit online californiacapitalairshow.com.

About California Capital Airshow: Established in 2004, the California Capital Airshow 501(c)3 plans and operates the

exciting, family-friendly annual event designed to honor the Sacramento region's rich aviation heritage and veterans while using the power and magic of flight to inspire young people. California Capital Airshow gives back to the community through STEM scholarships, charitable group donations and exciting educational youth programming throughout the year.

For more information, please visit CaliforniaCapitalAirshow.com. ★

Sacramento Habitat for Humanity Celebrates Its 200th Home Build



On Feb. 22, Habitat for Humanity of Greater Sacramento joined with community partners to welcome home seven inspiring families to Oak Park.



Kimberly Coley, chief advancement and marketing officer for Habitat for Humanity of Greater Sacramento, addresses the group assembled on Feb. 22 to celebrate the 200th home.

Habitat for Humanity of Greater Sacramento News Release

SACRAMENTO, CA (MPG) - On Feb. 22, seven hardworking families achieved their dream of first-time homeownership after completing 500 hours of sweat equity and purchasing their home. This was made possible through the generosity of volunteers, donors, Habitat for Humanity, and the City of Sacramento.

This milestone marks an incredible achievement, 200 homes built by Habitat for Humanity of Greater Sacramento over its 39-year history.

"This milestone is more than just a number, it represents 200 families who now have a stable foundation for a brighter future," said Leah Miller, President & CEO of Habitat for Humanity of Greater Sacramento. "Each home we build is a testament to the resilience of the families we serve, the generosity of our community, and the life-changing impact of equity building homeownership for generations to come."



Pictured here are some of the hardworking families that achieved their dream of first-time homeownership through the Habitat for Humanity program. Photos courtesy of Habitat for Humanity of Greater Sacramento



Participating families completed 500 hours of sweat equity as part of purchasing their homes.

For future homeowner Wendy, the journey to homeownership has been one of perseverance, from growing up in foster care to becoming a young, single mother determined to break the cycle of hardship. "A Habitat home would not just provide my children and me with a safe and stable space, but also the opportunity to build a future we can be proud of,"

she shared.

For Ahmad and Marzia, this home represents the security and stability they have never known. "Being given the chance through Habitat for Humanity to build and purchase our own home is a blessing. We want nothing more than a safe place where our four children can play without fear and grow in an environment that nurtures their

well-being."

Each family has worked alongside hundreds of volunteers, not only building their own homes but also those of their future neighbors.

Now, they are stepping into homeownership with an affordable 30-year, 0% interest-equivalent mortgage, creating a stable foundation for a better tomorrow. ★

MAKING THE GRADE

MPG Staff

SACRAMENTO, CA (MPG) - Congratulations to all the students listed below for their impressive grades.

The University of Utah summer 2024 Dean's List: John Demello of Sacramento, Joseph Eyraud of Sacramento, Karoline Oberhansley of Sacramento, Ilianna Vasquez of Sacramento.

Pennsylvania Western University fall 2024 Dean's List: Thomas Collins of Sacramento, Erik Mata of North Highlands.

Georgia Southern University fall 2024 President's List: Ania Tarrant of Sacramento.

Trine University students graduating at the end of the fall 2024 term: Sudha Aljapur of Sacramento, receiving a Master

of Science in Business Analytics.

University of Maryland Global Campus' Honor Society of Phi Kappa Phi: Pedro Rodriguez Valenzuela of Sacramento.

Cedarville University fall 2024 Dean's Honor List: Grant Luman of Sacramento

Central Methodist University fall 2024 Dean's List: Sydney Lee Carter of Sacramento, Michael William Clarke of Sacramento.

Middle Tennessee State University fall 2024 semester Dean's List: Nicholas Theodorovic of Sacramento.

Hofstra University fall 2024 Dean's List: Chloe Bessey of Sacramento.

University of Mississippi fall 2024 Honor Roll: Ryan Bassett of Sacramento.

University of Rhode Island fall 2024 Dean's List: Levert Bryant of Sacramento. ★

ABOUT TOWN

Area Museums Offer Plenty of Experiences

A sampling of must-see and must-do experiences and special activations offered by local museums include the following:

California Museum – Our War Too: Women in Service is a groundbreaking special exhibit honoring the nearly 350,000 American women who answered the call to serve their country during World War II.

Made up of unique and colorful artifacts from The National WWII Museum's collection, the exhibit explores the efforts, struggles, and accomplishments of these service-women, the impacts of which extend into the present day.

Through May 4. Details at californiamuseum.org.

California Automobile Museum

Sixty Years of Mustang. A comprehensive history of the Mustang, from when it first hit the roads in 1965 to the current era of Mustangs.

Highlighting stories from prolific names in Mustang history like Saleen, Shelby, and Iacocca. In addition, interactive experiences and digital displays showcasing the iconic image of the Ford

Mustang in American media over the decades.

Third Sunday Drives: Take a ride in a museum car during Sunday Drives, the third Sunday of every month. With paid museum admission, take a ride from 10 a.m. to 2 p.m. Details at calautomuseum.org/

California State Railroad Museum–The Chinese Railroad Workers' Experience offers visitors a view of the Chinese workers who built the western portion of the nation's first Transcontinental Railroad.

Marginalized by history, the Chinese workers were more than a nameless group of laborers.

Details at californiarailroad.museum/.

Elks Lodge Calendar of Events

Elk's Lodge Sunday Breakfast, 8:30 am-11 am every Sunday; \$15 tax included. Best deal in town.

Yoga, Monday 12 pm, Wednesday 3:30 pm. Lodge members free.

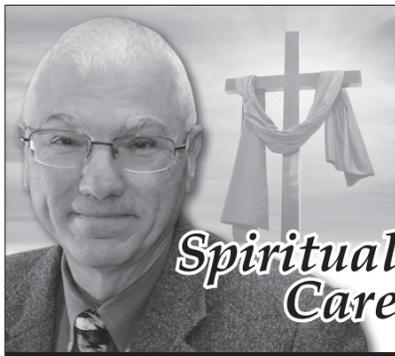
Martial Arts, Monday 5 pm

Pickleball, Mon., Wed. 9a-12p, Thur. 4:30-7:30p, Sun. 4-7p.

Improv Night, 2nd & 4th Wednesdays, 6-8 pm

Wednesday Night Dinner, 5:30 to 7 pm. See elks6.net for weekly menu. ★

God's Not Finished With This Chaplain, Yet



BY NORRIS BURKES

When a reader once left a voicemail suggesting that I wasn't worthy of my chaplain title, I shrugged. That's OK, I thought, I've heard that before.

The worst occasion happened during my USAF deployment to Saudi Arabia in 1999. That's when my supervisor, Col. Mike Bradshaw, told me I wasn't being promoted to the rank of Major.

"You'll be reconsidered next year," he promised. "But trust me," he added in his signature truism, "it's really a 'one-chance-mistake-Air-Force.' You won't remain active duty."

So, I guess it was appropriate that a few mornings later, I walked into the chapel men's room to evacuate the constipation of my disappointment. Before entering the stall, I followed military tradition and tucked my hat into the beltline at the small of my back.

Before taking my place on the porcelain throne, I noticed the toilet brand name, "Norris." I shrugged. It fit the "career" I was having.

I stayed for much longer than I should have. I didn't want to go to the office. How was I supposed to be a supportive chaplain to the deployed troops when I felt so low?

Finally, however, I stood to do my "paperwork." As I discarded the paper into the receptacle, I noticed that some careless fool had ditched his hat in my toilet.

First, I wondered, why hadn't I previously noticed this?

But my second and more sober observation was that this fool's hat had a Christian cross affixed on it. That fool was me!

I almost cried looking at my hat in the flusher. Was God using a metaphor to tell me that my chaplain career was in the toilet? If so, was the military my only path of ministry? Or were there other ministry venues? I wasn't sure.

I had no choice but to go to the chapel office and ask our NCOIC (office manager) for a new hat. As I unfolded my story, Master Sgt. Steve Carothers folded his 6-foot-5-inch frame in half, overcome with near stroke-inducing laughter.

He then made a comical demand. "If you want me to give you a new hat, you are going to have to give me just one good reason why I should overlook such a blame fool mistake as that."

"Well," I admitted, "there are some foolish officers in this Air Force who seem like they operate with a head full of crap."

He shook his head with large, agreeable nods.

"But" I said, "don't you think it takes a really good officer like me to admit that he has a hat full of crap?"

Hearing my logic, he dropped to the floor, hysterically beating the tile with his fist.

"I give up, Chaplain," he declared. "You got your new hat."

The Bible says in James 5:16, "Make this your common practice: Confess your sins to each other and pray for each other so that you can live together whole and healed."

I confessed my mistake—my sin—and got a new hat. But better than that, I got a new ministry.

For you see, despite my sinking feeling that my career was flushed in the crapper of chaplain careerism, I had a creatively hysterical moment in which I emailed my "hat-full" story to a Florida friend, a newspaper editor named Tom Clifford. Tom thought it was riotously funny but too inappropriate for a newspaper.

Still, he saw through my "crap," and 10 months later, he invited me to begin this syndicated newspaper column.

Col. Bradshaw had asked me to trust him. Trust is best left to God, not man. Now, almost 25 years after the famous toilet week, I look back over a long and rewarding career as a healthcare chaplain.

Better yet, I managed to finish a career in uniform. In 2002, I transferred to the California Air National Guard and was twice promoted, retiring as a lieutenant colonel in 2014.

So, now I know that if I ever meet up with Col. Bradshaw again, I'd like to tell him one thing: "Trust me, God's still not finished with me."

This column was excerpted from my book "Thriving Beyond Surviving." ★

PAYROLL and HR Support \$299 a month

Only available for businesses with up to 10 employees

We specialize in small and mid-sized businesses. Offering comprehensive and intuitive payroll and HR solutions.

PINNACLE
EMPLOYEE SERVICES
HR | Payroll | Benefits

DIRECT DEPOSIT
QUARTERLY TAXES FILING
PAYROLL TAXES PAY
ACCRUAL TRACKING
FILING AND REPORTING
PAYROLL APP
HR COMPLIANCE

916-760-7227

Serving our local communities for over 65 years

HOME EQUITY

Line of Credit Loan

6.75%

Initial APR

5 Year FIXED RATE

CHECK THE EL DORADO ADVANTAGE:

- ✓ FIXED RATE for 5 Years
- ✓ Local Processing & Servicing
- ✓ No Closing Cost on Qualifying Transactions; Except for Appraisal/Evaluation Costs
- ✓ Have Funds Available for Current and Future Needs
- ✓ Home Improvement, Debt Consolidation, College Tuition
- ✓ Interest May be Tax Deductible (Please consult your tax advisor)

EL DORADO SAVINGS BANK
Serving our local communities for over 65 Years

Member FDIC
NMLS ID 479256

www.eldoradosavingsbank.com
800-874-9779

5500 Folsom Blvd. 916-452-2613

4768 J Street 916-454-4800

Se Habla Español

The initial Annual Percentage Rate (APR) is currently 6.75% for a new Home Equity Line of Credit (HELOC), and is fixed for the first 5 years of the loan which is called the draw period. After the initial 5 year period, the APR can change once based on the value of an Index and Margin. The Index is the weekly average yield on U.S. Treasury Securities adjusted to a constant maturity of 10 years and the margin is 3.50%. The current APR for repayment period is 8.00%. The maximum APR that can apply any time during your HELOC is 15%. A qualifying transaction consists of the following conditions: (1) the initial APR assumes a maximum HELOC of \$200,000, and a total maximum Loan-to-Value (LTV) of 70% including the new HELOC and any existing 1st Deed of Trust loan on your residence; (2) your residence securing the HELOC must be a single-family home that you occupy as your primary residence; (3) if the 1st Deed of Trust loan is with a lender other than El Dorado Savings Bank, that loan may not exceed \$300,000, have a total maximum Loan to Value (LTV) of 65% and may not be a revolving line of credit. Additional property restrictions and requirements apply. All loans are subject to a current appraisal or property evaluation. This cost will be disclosed in your commitment letter and paid at loan closing. Property insurance is required and flood insurance may be required. Rates, APR, terms and conditions are subject to change without notice. Other conditions apply. A \$525 early closure fee will be assessed if the line of credit is closed within three years from the date of opening. An annual fee of \$85 will be assessed on the first anniversary of the HELOC and annually thereafter during the draw period. Ask for a copy of our "Fixed Rate Home Equity Line of Credit Disclosure Notice" for additional important information. Other HELOC loans are available under different terms.

LOCAL ARREST RECORDS

Find out what's happening in your local area at...

EASTSACRAMENTONEWS.COM

ARREST LOGS UPDATED DAILY

Kings Korner

By V.G. Harris



Breaking news, the Sacramento Kings can win games against playoff quality teams without all-world center Domantas Sabonis. It happened Saturday night in Houston Texas against a playoff bound Rockets team, as iron man Sabonis grabbed his right hamstring and was forced to leave the game only two minutes into the action.

Not to be esoteric, but intended for every fan and pundit to understand, this team even short-handed can make the playoffs. Yes, I said playoffs, not playin.

Even with the news that Sabonis will be sidelined for 2-3 weeks, every fan should find the positive where it takes you. With Sabonis resting his ailing hamstring, players such as Keon Ellis, Trey Lyles, and hopefully Markelle Fultz, will get much more court action, and Fultz in particular needs more time getting used to his new teammates.

I'm excited to see the athleticism and deft ball handling that Fultz brings to the hardwood, and without question Malik Monk needs time without the ball. Monk is getting exhausted handling the ball every possession, and he is leading the team in turnovers nearly every night. This comes from trying to do too much, and I love the effort Malik brings every game. No one gives more, but he is more comfortable in the role as a 2 guard, and with either Devin Carter or Markelle Fultz on the court, Malik can assume his former role.

Not to be overlooked as the Kings have put together a 3-game winning streak, is the work of big man Jonas Valanciunas. Jonas looks like the NBA starter he's always been and will fill the void left by Sabonis as he nurses his hamstring over the next half dozen games.

Valanciunas is an excellent rebounder and has a low post game that is second to none. He gets criticism for his defense, but I believe he is a more than capable team defender, and he accepts a challenge well. Without question the acquisition of Jonas Valanciunas was bound to pay dividends, and Sacramento is about to see what this quality NBA center can do.

While pundits criticized the trade that brought Zach Lavine to the Kings from

Chicago, all that Zach has done is play better and better with every game. The initial jitters that led to poor 3-point shooting has been replaced by stellar knock-down 3's, that ignite the home crowd and show naysayers that this former NBA all-star can make a difference every night.

This is exactly the type of team Sacramento fans have been hoping to see for years. A team that can take any team to the wire every night, and as this newly assembled group has found time together, they are looking like a bonified playoff contender.

Just percentage points ahead of the Dallas Mavericks in the Western Conference standings, Monday night's game looms large.

The Kings occupy the No. 9 spot in the standings but are amazingly only a half-game out of the No. 6 spot. Five quality teams are vying for No. 6, but the Kings are finding their collective stride at just the right moment. Tested they will be as they enter American Airlines arena and face Kyrie Irving and Klay Thompson.

If ever in a frenetic season it is time for optimism, that time is now! It should come from every corner, and regardless of what occurs against the Mavericks and the Nuggets on Wednesday night in Denver, everyone should be looking forward to Friday night's contest against the visiting San Antonio Spurs.

Much has been said about the back story of DeAaron Fox leaving the Kings, and for one night that needs to take hiatus. When DeAaron is introduced as a member of the opposing team, every fan needs to get on their feet and put their hands together. What Fox did for the Sacramento Kings in nearly eight seasons is legendary, and without question No. 5 will have his jersey retired someday.

Stand up Kings fans, because the best is truly yet to come! It's a great time to be a Sacramento Kings fan, so remember the glass is half full, and the playoffs are right around the corner!

All the best!
Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

Should I Wait until Age 70 to Claim Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I am a married woman, at my full retirement age, and the primary earner in my marriage. How do I know if I should take my Social Security now or wait till 70? I will lose quite a bit if I take it now. How will it affect my taxes if I take it now while still working a full-time job? **Signed: Undecided**

Dear Undecided: As you apparently already know, waiting until you are 70 to claim Social Security will result in you getting your maximum possible monthly SS retirement benefit. After your full retirement age, you get about 8% more each year you delay claiming up to age 70. But deciding exactly when to claim should consider both your financial needs and, importantly, your life expectancy. If you don't urgently need the money

now and your life expectancy is at least "average," then waiting until age 70 to claim is usually the right choice. But if you urgently need the money, or your life expectancy is less than average (mid-80s for a woman your current age), then claiming before age 70 is usually prudent.

Regarding taxation, Social Security benefits may be taxable if your combined income from all sources exceeds the threshold for your IRS filing status. If you file taxes as "married/jointly" and your combined income (including your work income) exceeds \$32,000, then half of the SS benefits you received during the tax year becomes part of your taxable income. But if your combined income is over \$44,000, then up to 85% of your SS benefits becomes taxable income (the thresholds are lower for those who file as a single). So, your full-time work income will likely affect how much of your Social Security benefits are subject to income tax by the IRS.

In the end, only you can decide when you should claim Social Security. Taxation of benefits may be a factor to consider since you are still working full time (thus more

of your SS benefits will be taxable). But waiting longer to claim results in a higher benefit for the rest of your life (your SS retirement benefit will be .667% more for each month you delay, up to age 70). If the "rest of your life" is a long time and you don't urgently need the money, waiting is often the right choice. If not, claiming earlier may be wiser.

If you want to get a more personalized estimate of your life expectancy, I suggest you use the tool we use here at the AMAC Foundation: www.socialsecurityreport.org/tools/life-expectancy-calculator/.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

Lacking the Capacity to Store Water That Atmospheric Rivers Dump on the State



By Dan Walters, CALMatters.org

President Donald Trump is obsessed with how California manages its water supply, demanding changes as one price of giving the state billions of dollars in aid to cope with Southern California's deadly and destructive wildfires.

However, Trump's specific complaints are not grounded in hydrologic or managerial reality — such as his insistence that a lack of water from Northern California was a factor in either the fires' eruption or the firefighting efforts. Hydrants dried up largely because systems were designed to deal with individual structure fires, not widespread wildfires involving thousands of buildings.

That said, there's much to criticize in how California, once a global leader in large-scale water management, has faltered. Population growth and evolving agricultural practices have increased demand, while federal and state environmental laws, judicial decisions, political foot-dragging and climate change have restricted supply.

One major failing has been a slow response to an obvious need for more water storage — either in reservoirs or underground aquifers — to capture winter rains and spring snowmelts as a buffer for dry years.

Scientists believe that even if California's overall water supply from rain and snow storms doesn't decline, wet and dry cycles have become more intense, and more precipitation is coming as rain instead of snow. Thus the natural reservoirs of snowpacks in the Sierra and other mountain ranges are becoming less dependable, increasing the need for supplemental storage.

California's most recent experiences — two wet winters that defied some forecasts — underscore the need.

A new report from the Public Policy Institute of California points out that the atmospheric rivers that dropped immense quantities of rain and snow on the state this month, following a very dry January, did not result in substantial new storage in the state's major reservoirs.

"Rather than storing all the water they can, during the winter reservoir operators are required to maintain enough space in their reservoirs to capture high inflows and reduce the risk of flooding downstream," PPIC researchers Jeffrey Mount and Greg Gartrell wrote.

"When the February storms arrived, the surge of water into the state's two largest reservoirs — Shasta and Oroville — quickly filled the flood reserve space. Because the winter flood season is far from over, dam operators had no choice but to let the water go to make space for possible future floods.

"And they let go a lot of water. Between February 1 and 18, those two reservoirs alone released more than 2 million acre-feet of water into the Sacramento and Feather Rivers to maintain

space for future stormwater."

An acre-foot is 325,851 gallons and 2 million-acre feet equates to more than half of Oroville's capacity, or about 20% of what Californians consume each year for non-agricultural purposes.

Overall, Mount and Gartrell calculated, 5.1 million acre-feet of water flowed into the Sacramento-San Joaquin Delta from storm runoff and reservoir releases during that period in February. Just 4% of it could be diverted into storage because of insufficient capacity and operational mandates.

Even a relatively tiny increase in storage capacity could pay huge dividends when wet winters such as this evolve into periods of drought. Had the long-proposed Sites Reservoir on the west side of the Sacramento Valley existed, it could have banked as much as 1.5 million acre-feet of that excess flow.

California's water managers acknowledge the need for more storage to take advantage of high-precipitation winters such as this one, but clearing all of the legal and financial hurdles and actually building it take decades. Sites, first proposed seven decades ago, is just now beginning to appear feasible.

The hydrological reality of California's water supply is changing faster than our willingness to deal with it. The outcome of that disparity is perilous.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

BUY TICKETS NOW!
MARCH 22 & 23, 2025
CaliforniaCapitalAirshow.com

Age, Disability-Friendly Action Plan Launched

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County is taking a significant step toward ensuring a more livable and accessible future for its aging and disabled residents.

By 2030, one-fourth of Sacramento County's population will be 60 or older, and approximately 200,000 residents currently live with a disability.

In response to these growing needs, the Department of Child, Family and Adult Services has launched the Local Age and Disability-Friendly Action Plan (LADAP),

a comprehensive initiative shaped by years of advocacy and community input. Sacramento County is proud to partner with the California Department of Aging and AARP's Age-Friendly Network of States and Communities to achieve this goal.

On Feb. 25, the Sacramento County Board of Supervisors formally adopted the Local Age and Disability-Friendly Action Plan resolution, reinforcing the county's commitment to improving access to essential resources for older adults and people with disabilities. This plan aligns with the

five bold goals of California's Master Plan for Aging.

The first goal is Housing for All Stages and Ages which is ensuring accessible and affordable housing options for residents of all ages. The second goal is Health Reimagined that is expanding healthcare access and wellness programs tailored to older and disabled adults.

The third goal is Inclusion and Equity, Not Isolation, which is fostering community connections and reducing social isolation.

The fourth goal is Caregiving That

Works, which means strengthening support for caregivers and long-term care services.

The fifth and final goal is Affording Aging, which is addressing economic challenges that impact aging residents.

Sacramento County will celebrate the launch of the Local Age and Disability-Friendly Action Plan from 10 a.m. to 2 p.m. March 17 at the Sacramento State Union Ballroom, 6000 J St. All Sacramento County residents are invited to attend, with registration open until room capacity is reached.

Register on Eventbrite.com. For more information, visit the Master Plan for Aging website at mpa.aging.ca.gov. ★

CALL-A-PRO BUSINESS DIRECTORY

LYTLE CONSTRUCTION INC.
Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

Remodeling and Design
LIC# 480492

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639

Certified Kitchen & Bath Remodeler

www.lytleconstruction.com

Winter Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING / SHRUB REMOVAL
- PRESSURE WASHING

Pressure wash your driveways clean! Your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!

Call LESTER
(916) 838-1247
Lic#128758/Ref

SPECIALS FOR SENIORS*/SERVING THE AREA SINCE 1996*

CL#1067189

ALBERTE CONSTRUCTION INC
Certified Home Inspector CA

GENERAL CONTRACTOR REMODELING
Specializing in:
Retrofit windows/doors
Bathroom remodels
Concrete
Dry rot repair
Painting

NO JOB TOO SMALL!

ANTHONY ALBERTE | (916) 968-9363
alberteconstructioninc1@gmail.com

ROONEY'S PLUMBING
FULL SERVICE PLUMBING

456-7777
rooneysplumbing.com

License #683668

CASH
for Diabetic Test Strips and Supplies

We pick up and pay you CASH ON THE SPOT!

Call 916-505-4673 Now!

SMOOT LANDSCAPING
LANDSCAPES & DESIGN

DESIGN - RENOVATION - WATER FEATURE - STONE & CONCRETE - OUTDOOR LIGHTING - IRRIGATION SYSTEM

916-454-1300
www.SmootLandscaping.com

Lic#633224; Serving Sacramento since 1982
Recognized in the Sacramento Bee,
Street of Dreams & Garden Tours of East Sacramento

RESTORE YOUR FLOOR HARDWOOD FLOORING
Revive • Restore • Refinish

Hardwood, Laminate, and Vinyl

- Sand & Finish
- Repairs
- New Installations
- Recoating

New Installation & Repairs
Family Tradition Since 1957
Lic. #794448

sacramentohardwood.com
1.800.725.3320 916.342.6596

Prime Quality Maintenance

- GUTTER CLEANING
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Junk Removal/Hauling
- Landscape Maintenance

Free Estimates
Licensed & Insured

CSL# 996271

Call or Text Jesse: 916 417-4231

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960

Repairs, Trouble Shooting
Custom Lighting/FREE Est.
Excellent ref from Angie's List

Cell: 213-3740
Neil McIntire — C.S.L.# 394307

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement!
Quality work the first time, guaranteed!

Co2 & Smoke Alarms - Light Bulb Replacement - Door Bells
Grab Bar Installations - Security Doors - Sprinkler Repair & New Valves
Carpentry Electrical - Plumbing - Sheetrock - Ceiling Fan Installation

Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"

NO JOB TOO SMALL! Call Eric (916) 470-3488

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com

We're #1 in the #2 business
Off (916) 488-1215 Lic #754886

Call (209) 745-1551
to advertise with us today!

MPG Messenger Publishing Group

Single Again

Make the rest of your life the best of your life!

Are You Single Again?

SingleAgain.com is a website dedicated to helping people put their lives back together again after divorce, separation or the loss of their spouse.

Finding yourself single after years of being in a relationship can add a different kind of unknown stress to your daily life.

We provide articles and information from many sources to help you put all the pieces together so you can live a healthy and loving new life. When you first visit the website, be sure to make us one of your favorites. We publish many articles to help you along your new journey.

- Dating & Relationships
- Counseling & Advice
- Money & Finances
- Health
- Fashion & Beauty
- Consumer News
- Food & Recipes
- Travel
- Lifestyle
- Parenting

Visit SingleAgain.com today, get back out there and have some fun!

SingleAgain.com

Need to Advertise?
Let Linda help you get the word out

(916) 619.8189(O) (916) 524.9184(C)

linda@valcomnews.com

Arden • Carmichael • East Sacramento
Land Park • Pocket

Bob's BASEBALL Tours

Sports Lover's Tour
See an NHL & NBA game, visit Pro Football Hall of Fame and tour Lambeau Field & see 4 MLB games from April 8-16
\$2,800/person based on double hotel occupancy

Ultimate Baseball Tour
See 7 MLB in 11 days including Yankee Stadium, Fenway Park & Wrigley Field. Also included: Pro Football and Baseball Halls of Fame and a day at the Little League World Series!
August 11-21, 2025

Please call or text for FREE brochure 507-217-1326 or visit our website:
www.bobsbaseballtours.com

East Sacramento News
Serving Arden Arcade and Sacramento County since 1993

It is the intent of the *East Sacramento News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *East Sacramento News* is not responsible for unsolicited manuscripts or materials. The entire contents of the *East Sacramento News* are copyrighted. Ownership of all advertising created and/or composed by the MPG is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *East Sacramento News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.

The *East Sacramento News* is published twice a month. Call (916) 773-1111 for more information. Call Linda Pohl for advertising or other inquiries at (916) 619-8189.

We are proud members of these newspaper associations.

MPG **ENPA** **CIRCULATION VERIFICATION COUNCIL**

Publisher, Paul V. Scholl

East Sacramento News is a member of Messenger Publishing

To submit your articles, information, announcements or letters to the editor, please email to: Publisher@mpg8.com. Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Two Days is All You Need Franklin High Alum Returns to Homeport

City of Sacramento News Release

SACRAMENTO, CA (MPG) - As the weather begins to warm, the City of Sacramento Utilities staff are reminding Sacramento residents and businesses that they can water with sprinklers up to two days per week, starting March 1.

The change marks the start of the city's spring and summer watering schedule, which will remain in effect through the end of October.

"Landscapes naturally need more water as days get longer and temperatures rise," said William Granger, the City's water conservation coordinator. "By adjusting your watering routine, you can help your landscape thrive while using water more efficiently during the



March 1 marks the beginning of Sacramento's spring and summer watering schedule, which will remain in effect through the end of October. Photo courtesy of City of Sacramento

warmer months."

Customers with even-numbered addresses can water on Wednesdays and Sundays and those with odd-numbered addresses can water on Tuesdays and Saturdays.

"We also ask everyone to water before 10 a.m. or after 7 p.m.," said Granger. "Watering in the middle of

the day causes much of the water to evaporate before it even reaches the roots."

Granger also emphasized that wasting water is never allowed, nor is watering when it is raining and 48 hours after.

More can be found at cityofsacramento.gov/utilities/water-conservation/watering-schedule. ★

By Mass Communication Specialist 1st Class Storm Henry

SACRAMENTO, CA (MPG) - A Sacramento native is returning to San Diego from a seven-month deployment serving aboard USS Stockdale, a U.S. Navy warship that recently conducted operations in the Middle East.

Petty Officer 2nd Class Jacen Scotland, a 2020 graduate of Franklin High School, joined the Navy four years ago.

"I joined the Navy because I come from a military family," Scotland said. "My dad and grandfather both served in the armed forces. My identical twin and I are currently serving now."

The skills and values needed to succeed in the



Petty Officer 2nd Class Jacen Scotland. Photo courtesy of Navy Office of Communications

Navy are similar to those found in Sacramento.

"My dad taught me a lot of attention to detail when I was a kid," Scotland said. "Even if it was a simple task like cleaning my bathroom or bedroom. He was always providing for my brother and me, even when it meant sacrificing his own time."

While on its

seven-month deployment, USS Stockdale conducted combat operations against the Iranian-backed Houthis in the Red Sea, Bab al-Mandeb, and Gulf of Aden, maintaining free and open sea lanes and regional stability.

Stockdale also built continuing relationships with the militaries of Egypt and the Republic of Maldives, important partners of the United States.

"This deployment was the 'Super Bowl' of my naval career," Scotland said. "It put my training and my resilience to the test. I had a good group of leaders that showed me the ropes. I feel like our ship saved a lot of lives and I'll remember this forever!"

Scotland's parents, Antronne and Lisa Scotland, both reside in Sacramento. ★

Local Classifieds Advertise in your local community newspaper Call 916-773-1111

Announcements

Eliminate gutter cleaning forever! LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-424-7581 (Cal-SCAN)

Autos Wanted

DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP. 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN)

GOT AN UNWANTED CAR??? DONATE IT TO PATRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-855-408-6546 (Cal-SCAN)

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama ahora: 1-855-408-7368 (24/7) (Cal-SCAN)

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-844-491-2884 today! (Cal-SCAN)

Cellular Plans

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-908-0605. (Cal-SCAN)

Concrete

SONDROL CONCRETE
25+ years experience. All types of finishes. Patios, driveways, slabs Walkways, Spa pads. Tear out/ Replace Tractor work. Written estimates. Lic. # 778034 **916-955-1083**

Advertise in your local community newspaper. Call (916) 773-1111

Concrete

Perez Landscaping & Concrete
•Concrete Finishing/Stamping
•Landscape installation and Design
•Sodding, •Planting
•Irrigation •Retaining Walls
•Yard maintenance. Free estimates. For more info. call **916-834-2352** email: Elverperez@att.net Lic #14-00016214

3DR CONCRETE
All your concrete needs. Bobcat services, driveway repair. Comm & Res. Lic # 968987 insured (209)570-7304

Financial

Struggling with debt? If you have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860 (Cal-SCAN)

For Sale

Kings tickets
Best Seats in G1 for the \$ Section 218 Row B 7 & 8 Private box area 1st row balcony halfcourt; 16 folding chairs in one row. No one in front or behind. Buy direct save \$ 916-595-5379

We Support Our Military

Health/Wellness

Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - ONLY \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (CalSCAN)

Help Wanted

Programmer/Analyst, Worksite: Sacramento, CA. Determine client-side data capture, presentation and manipulation needs within, and build system components for, client-server multitier architecture. \$128,556-134,952/year. May telecommute. Apply to: HR, Kern County Superintendent of Schools, 1300 17th Street, Bakersfield, CA 93301. Ref. job code ME008.

Home Improvement

ALL PHASE HOME REPAIR
Elk Grove, CA
•Electrical •Plumbing
•Fencing •Fans •Decks
•Doors •Windows •Tile
Flooring •Trim baseboard •Sheetrock •Dry Rot Texture •Painting
•Lighting •Concrete
•Sprinkler Repair
•Framing and more!
All phases of home repair & any construction needed- Big or small. Quality work guaranteed! Low prices- free est. Serving Elk Grove, Rancho Murieta, Galt, Wilton, Herald, Sac. & Surrounding Areas
Bus. Lic #1023318 **(916)287-6164**

Jacuzzi Bath Remodel can install a new, custom bath or shower in as little as one day. For a limited time, waiving ALL installation costs! (Additional terms apply.) Subject to change and vary by dealer. (Offer ends 3/30/25.) Call 1-833-985-4766. (Cal-SCAN)

Safe Step. North America's #1 Walk-In Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749 (Cal-SCAN)

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-877-252-9868 (Cal-SCAN)

WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call! (Cal-SCAN)

Home Warranty

Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANCES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call:1-855-411-1731 (Cal-SCAN)

Insurance/Health

DENTAL INSURANCE from Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www.dental50plus.com/calnews #6258 (Cal-SCAN)

Internet

DIRECTV- All your entertainment. Nothing on your roof! Sign up for Direct and get your first free months of Max, Paramount+, Showtime, Starz, MGM+ and Cinemax included. Choice package \$84.99/mo. Some restrictions apply. Call DIRECTV 1-888-641-5762 (Cal-SCAN) (Cal-SCAN)

Automotive

Elk Grove Shell
Your Local Full Service Auto Repair Shop
Committed to Customer Satisfaction

Specializing In:

- Oil Changes
- Smog Repair
- Smog Inspection
- Safety Inspection
- Transmission Service
- Brakes
- Wheel Alignment
- Check Engine Light Diagnosis
- Tires
- Tune-Up
- Batteries
- 30, 60, 90K Service
- Brake & Lamp Station

Mon-Fri, 8-5 • 916-685-7796

8901 Elk Grove Blvd.

OFFICIAL LAMP ADJUSTING STATION SMOG CHECK OFFICIAL BRAKE ADJUSTING STATION

Roofing

JIM MOYLEN ROOFING

1981 License # 407605
A+ Rating with BBB.
Specialize in Re-Roof, Prompt Repairs, Low Slope Roof, Seamless Gutter Installation.

Free Estimates! Open Monday-Saturday
916-531-2793 Cell
Tile Repairs

Junk Removal

MS Hauling
•Junk Removal
•Garage Cleanouts
•Yard Debris
•E-Waste
Mention this ad and receive 15% off!

Call (916)207-5702
License # 778034

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial

American Landscape Design & Installation. Est 1987
American Construction & Property Maintenance Company
WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

BRILLIANT LANDSCAPE
Artificial Turf | Fencing
Retaining Wall | Concrete
Drainage | Irrigation
Planting | Tree Trimming
209-251-9387
LIC# 1108441

Landscaping

YARD CLEANUP & DECORATIVE ROCK
One time cleanup pruning. Also bark, weed control, sod, seed, pruning, sprinkler systems, hauling, etc. Mobile homes, commercial or residential. Local gardener.

916-205-9310 or 916-627-9000

YARD CLEAN UP

Sod installation
Landscape installation
Lawnmowing services
Fence repair

Call for free estimate
916-271-7265

Miscellaneous

DID YOU KNOW Newspaper-generated content is so valuable it's taken and repeated, condensed, broadcast, tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecilia@cnpa.com (Cal-SCAN)

Painting

Shelton Painting, Inc.

- Repaints: Exterior & Interior
- Dry Wall Repair

Free Estimates
(209) 745-7897
3 Generations of Quality Painters #908019
We accept Visa & Mastercard

Real Estate

RETIRED COUPLE HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY
Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING
Principal **(818) 248-0000** Broker
WWW.VIPLAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #338217
Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Roofing

PREMIER ROOFING INC.
LIC# 1097848

• ROOF REPAIR • NEW ROOFS
• ROOF MAINTENANCE • GUTTER CLEANING
• COMPLETE RE-ROOF CELL 209.810.6233

209.745.7565
1premierroofing@gmail.com

SACRAMENTO VALLEY ROOFING & GUTTERS

RESIDENTIAL & COMMERCIAL

- NEW ROOF INSTALL
- TEAR OFF & REROOF
- ROOF REPAIR
- OVERLAY ROOF INSTALL
- DRY ROT REPAIR
- SEAMLESS GUTTER INSTALL
- GUTTER REMOVAL & INSTALL
- GUTTER REPAIR & GUTTER GUARD & INSTALL
- DOWNSPOUTS INSTALL
- CUSTOM COLORS

FREE ESTIMATES!
916-719-8288
RAMON M., FOREMAN/OPERATOR
LIC# 1072137

Tractor Work

MAC Industries DIRT WORK

- Excavations •Utility Trenching •Foundations-All types
- Laser Grading & Dozer work •Driveways •Building Pads •Drainage-All Types
- Field Mowing / Firebreaks •Flail •Bushog
- Septic System Installation •Drilling •Foundations
- Post •Tree holes •Trenching •Irrigation
- Drainage •Rototilling •Disking

License #919198 & Insured
Michael- 916-747-9667 Bill- 916-869-1019

Painting

NO PROBLEM PAINTING PRESSURE WASHING ROOF MOSS REMOVAL

Interior / Exterior
NO JOB IS TOO BIG
Serving E.G. & Galt since 2004
Mike Johnson - Owner
916-257-9609
Bonded & Insured Lic#83045

Real Estate Loans

RETIRED COUPLE \$\$\$\$ for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viplan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans. (Cal-SCAN)

Roofing

ROUTT ROOFING
Specializing in Res Roofing & Repairs
We Hand Nail for Quality!
Free Estimates
916-423-1288 or 209-748-5588

BBB Since 1975 Lic.#302302

Plumbing

Solving Plumbing Problems, One Leak at a Time
Residential & Commercial
Platero Parada Plumbing
Call Sam, the owner, for free estimates: 650-431-8893 Lic. 112115



Hornet Nets Pitcher of the Week Award

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - Fresh off a performance that earned him his first victory of the season, senior right-hander Evan Gibbons was named the Western Athletic Conference (WAC) Pitcher of the Week on Monday, Feb. 24.

It is the first career honor for Gibbons, who became the first Hornet hurler to win the award since teammate Kade Brown did so on April 22 of last season.

The three-time WAC All-Academic Team selection put up a stellar start in game three of the series against Ball State on Feb. 21, picking up his first "quality start" of the season while combining on a three-hit shutout.

Brown allowed only two



On Feb. 24, Hornet senior right-hander Evan Gibbons was named the Western Athletic Conference Pitcher of the Week. Photo courtesy of Sacramento State Athletics

hits and five baserunners total over six shutout innings, walking a pair and tying his career high with eight strikeouts. Of the five Cardinals that reached base during his time on the mound, Gibbons stranded four of those in scoring position as Sacramento State went on to win the game, 2-0.

The eight strikeouts matched his high bar set in 2023 against Utah Tech and tied twice in 2024 in starts against Utah Valley and Stephen F. Austin. Gibbons is tied for second on the team with 10 strikeouts over 10.2 innings of work, holding opposing hitters to a .231 batting average.

Following a short break, the Hornets returned to the diamond on Feb. 26, defeating South Dakota State 14-2 in the opening game of a four-game home series at John Smith Field. ★

Women's Tennis Adds International Talent



Cami Maldonado Gutierrez, ranked as one of the top 10 juniors in her home country of Mexico, has committed to join the Sacramento State women's tennis team for the 2025-26 season. Courtesy photo

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - Cami Maldonado Gutierrez, ranked as one of the top 10 juniors in her home country of Mexico, has committed to join the Sacramento State women's tennis team Head Coach Sophie Breault announced on Feb. 21.

"We're thrilled to welcome Camila to our program and can't wait to see her growth over the next four years," Breault said. "Cami is a crafty lefty with incredible skill in moving the ball around the court. With so much untapped potential, she has everything it takes to become a top collegiate player."

"Aside from her talent, she's a kind, hardworking, and passionate competitor who will be a perfect fit for our team culture and the Hornet family. We have no doubt she'll make an immediate impact as we pursue our goals of winning the Big

Sky Championship and beyond."

Originally from Tuxtla Gutierrez, Chiapas, Mexico, she ranked as high as No. 561 in the world according to the Jan. 6 International Tennis Federation's Juniors ranking and is currently No. 584 as of Feb. 17.

A member of the Chiapas State Team in 2022, she reached the quarterfinals of the Conade National Olympics and is well-versed in both singles and doubles competition.

Among her career highlights, she claimed five doubles titles from 2023-24 and was a semifinalist in a sixth event, while claiming a singles championship and another singles finals appearance at a pair of J30 Intercollegiate Tennis Association tournaments in Nicaragua. She also reached the semifinals of an event in Tabasco, Mexico in late May of 2024.

Overall, Gutierrez posted a 25-11 overall record in singles play and was 25-8 in doubles matches in 2024. ★

Aggie Earns Player of The Week Honor



On Feb. 26, UC Davis sophomore Mika Ikemori was named Big West Player of the Week. Photo courtesy of UC Davis Athletics

UC Davis Athletics News Release

SACRAMENTO REGION, CA (MPG) - UC Davis sophomore Mika Ikemori was named Big West Player of the Week, the conference announced on Feb. 26.

This marks Ikemori's first career Big West Player of the Week honor.

Ikemori went 4-0 across three different matches over

the course of a week. On Feb. 21, Ikemori and her partner Daisy Maunupau beat Oregon's No. 1 doubles team of Tilde Jagare and Juliett Santitto, currently ranked No. 80 in the nation. Ikemori followed that up with a straight sets victory at No.1 singles against Santitto 6-4, 6-3.

On Feb. 22, Ikemori and Maunupau won at No. 1 doubles against Cal State

Stanislaus' Emma Yu and Annabelle Mulick, 6-3. That afternoon, Ikemori secured her fourth win of the weekend when she beat Jessup University's Briana Smith, 6-4, 6-0.

UC Davis was back in action against Cal Poly on March 1 for their first-ever theme day, We Stand We See, bringing awareness to illnesses that affect many around the world. ★

Sacramento Kings Working to Enhance Accessibility

Sacramento Kings News Release

SACRAMENTO REGION, CA (MPG) - On Feb. 24, the Sacramento Kings in collaboration with Ticketmaster and OneCourt announced an innovative way for blind and low vision fans to experience live basketball action at Golden 1 Center. Beginning immediately and continuing through the NBA 2024-25 regular season, One Court's haptic display will be available at all home games, free of charge, allowing fans to feel the game in real time.

OneCourt devices will be available for checkout at Guest Services, located near Section 109 and 207, on a first-come, first-served basis. Five devices will be available at each home game, expanding access to this groundbreaking technology and ensuring more fans can engage with the action in an inclusive way.

This cutting-edge technology converts live game action into audio and trackable vibrations, allowing users to follow plays with their fingertips.

The Kings worked closely with the NBA to integrate OneCourt with the league's live gameplay tracking system, ensuring fans receive real-time updates through the device's intuitive interface.

"At the Kings, we are committed to



The Sacramento Kings are implementing an innovative way for blind and low vision fans to experience live basketball action at Golden 1 Center. Photo courtesy of Sacramento Kings

making live sports more accessible and inclusive for all fans," said Sacramento Kings President of Business Operations John Rinehart. "Partnering with Ticketmaster to make OneCourt technology available at Golden 1 Center allows us to deliver an innovative, real-time experience that ensures Blind and Low Vision fans can feel the excitement of every play."

"Our partnership with the Sacramento Kings brings OneCourt's adaptive technology to fans at Golden 1 Center, helping make gamedays more immersive and inclusive," said Ticketmaster Senior Director of Client Development Scott Aller. "Live experiences are for everyone, and this

initiative is part of Ticketmaster's ongoing work to expand opportunities for how every type of fan can connect with and experience their favorite events."

"We believe that sports are for everyone and at OneCourt, we have created an intuitive tactile broadcast that makes sports more enjoyable for fans of any age, background, or visual ability," said OneCourt Founder and CEO Jerred Mace. "Fans feel more empowered than ever before to attend live sporting events and join in on the action. We are thrilled to partner with the Sacramento Kings and Ticketmaster to make OneCourt available to basketball fans at Golden 1 Center." ★

Sac Pro Sport Venues Promote Sustainability

Sacramento River Cats News Release

SACRAMENTO REGION, CA (MPG) - On Feb. 25, the Golden 1 Center and Sutter Health Park announced a new multi-year, sustainability-focused partnership with Kimberly-Clark Professional™. Fans attending Kings, River Cats and Athletics home games will benefit from Kimberly-Clark Professional's high-quality paper towels, soap, and toilet paper, reinforcing both venues' commitment to cleanliness and environmental responsibility.

"As an organization, we are always looking for ways to enhance sustainability efforts while improving the fan experience," said Sacramento Kings President of Business Operations John Rinehart. "Kimberly-Clark Professional products provide innovative hygiene

solutions for Golden 1 Center and Sutter Health Park, and we are excited to partner with a company that shares our commitment to health, safety, and environmental stewardship."

"We're dedicated to the teamwork it takes to help create better fan experiences," said Kimberly-Clark Professional Chief Customer Officer Ignacio Suit. "Customers can count on our towel, tissue and hand hygiene brands, Kleenex and Scott, to stand for safety and cleanliness from a responsible and ethical source."

Kimberly-Clark recently earned the No. 2 spot on Barron's list of most sustainable U.S. companies for its achievements in reducing its environmental footprint and announced its ambition to be 100% natural forest free across its portfolio. ★

UC Davis Offers Doctor of Nursing Program

University of California,
Davis News Release

SACRAMENTO REGION, CA (MPG) - The Betty Irene Moore School of Nursing at the University of California, Davis has earned accreditation for its Doctor of Nursing Practice – Nurse Anesthesia degree program by the Council on Accreditation of Nurse Anesthesia Educational Programs (COA).

This significant milestone marks the first Doctor of Nursing Practice – Nurse Anesthesia program within the University of California system and only the sixth of its kind in California. The program is set to welcome its inaugural cohort of students in June.

The Doctor of Nursing Practice – Nurse Anesthesia program is an integrated, full-time, three-year curriculum designed to equip experienced critical-care registered nurses with the knowledge and hands-on training required to become Certified Registered Nurse Anesthetists.

The program blends rigorous online coursework with in-person simulation training and extensive clinical experience, ensuring students receive a comprehensive and immersive education.

“Earning COA accreditation validates the quality of our curriculum and faculty and highlights the caliber of the dedicated and supportive staff here at the School of Nursing,” said Program Director Jakkarin “Jake” Sareerak. “As a new program, we prioritized hiring the highest caliber of Certified Registered Nurse Anesthetists faculty, many of whom have served in program administrator



University of California, Davis has earned accreditation for its Doctor of Nursing Practice – Nurse Anesthesia program, the first of its kind within the University of California system. Photo courtesy of Pixabay

roles and bring extensive experience in both education and clinical practice.”

Certified Registered Nurse Anesthetists programs have transitioned from the master’s degree to the Doctor of Nursing Practice level to better prepare clinicians for the increased complexity of patient care and to equip them with advanced leadership and quality improvement skills. This change, supported by accrediting bodies, ensures that Certified Registered Nurse Anesthetists are ready to meet modern health care challenges and effectively lead interdisciplinary teams.

Applicants must hold either a bachelor’s degree in nursing science or an equivalent major or a bachelor’s degree in another specialty in addition to a Master of Science in Nursing or an

equivalent graduate degree.

Graduates of the Doctor of Nursing Practice – Nurse Anesthesia program will be fully prepared to take on leadership roles in anesthesia care, Sareerak said, which addresses critical gaps in health care access across California.

Addressing the Shortage

The demand for anesthesia providers continues to outpace supply nationwide. The American Association of Nurse Anesthesiology reports that by 2033, the anesthesiology workforce could experience a shortage of approximately 12,500 providers. That is further exacerbated in California’s rural and underserved areas.

With 40-million residents, the state has a growing need for anesthesia services, especially

as its aging population requires more procedures. In addition, non-operating-room anesthesia sites are increasing due to technological advancements, which require more anesthesia care beyond traditional surgical settings.

By expanding nurse anesthesia education, the School of Nursing is actively addressing this workforce challenge and strengthening the future of anesthesia care in California.

“With the growing shortage of anesthesiologists and Certified Registered Nurse Anesthetists across the nation, this program is poised to help bridge the gap by preparing highly-skilled nurse anesthetists to serve diverse patient populations,” said Dean Stephen Cavanagh.

UC Davis Health is also

meeting this need head-on by partnering with the School of Nursing through its expansion efforts. A key milestone in this expansion is the integration of the 48X Complex as part of the program’s primary clinical training site.

Expected to open for patients in July, the four-story, 268,228-square-foot complex will feature 14 operating rooms. The large facility is ideal for presenting learning opportunities for Certified Registered Nurse Anesthetist students and addressing the shortage of ambulatory operating room capacity at the main hospital.

“This initiative will provide invaluable hands-on experience for future Certified Registered Nurse Anesthetists while ensuring a steady pipeline of highly trained anesthesia providers within UC Davis Health. We hope to retain many of the graduates which will help us reinforce our commitment to delivering safe, high-quality anesthesia services and shaping the future of health care excellence,” said Kimberly Beres, the health system’s chief nurse anesthetist.

The Doctor of Nursing Practice -Nurse Anesthesia program is the latest offering from the Top 25 15-year-old nursing school. The school already offers a popular Doctor of Nursing Practice - Family Nurse Practitioner program that is helping to fulfill California’s shortage of primary care providers, along with master’s degrees in nursing, physician assistant studies, a Doctor of Philosophy program and a psychiatric mental health nurse practitioner post-graduate certificate program. ★

California Comment on Latest Small Business Optimism Index



Overall, small business owners remain optimistic regarding future business conditions but uncertainty is on the rise. Photo by Gustavo Fring Pexels

National Federation of
Independent Business
News Release

SACRAMENTO REGION, CA (MPG) - Small business optimism across the nation fell a bit in January but for the third consecutive month, came in higher than its 51-year average, according to the release Feb. 11 of the monthly Small Business Optimism Index by the National Federation of Independent Business (NFIB).

“Prior to this nice three-month stretch, the Small Business Optimism Index went 34 consecutive months below its 51-year average,” said John Kabateck, state director for National Federation of Independent Business in California. “What we could be witnessing is a possible rebound for all sectors of the economy. A rebound that could get some serious traction with the right state and federal policies. A possible rebound that could just as easily be undercut by the wrong ones.”

The National Federation of Independent Business’s legislative agenda for California can be read at [nfib.com/news-article/nfib-announces-legislative-agenda-for-california](https://www.nfib.com/news-article/nfib-announces-legislative-agenda-for-california). For National Federation of

Independent Business’s congressional agenda, visit [nfib.com/news-article/nfib-to-congress-advance-the-small-business-growth-agenda](https://www.nfib.com/news-article/nfib-to-congress-advance-the-small-business-growth-agenda).

The National Federation of Independent Business’s monthly Small Business Optimism Index is the gold standard measurement of America’s small business economy. Used by the Federal Reserve, Congressional leaders, administration officials and state legislatures throughout the nation, it’s regarded as the bellwether on the health and welfare of the Main Street enterprises that employ half of all workers, generate more net new jobs than large corporations, and gave most of us the first start in our working life.

The Optimism Index (aka Small Business Economic Trends report) is a national snapshot of the National Federation of Independent Business member, small-business owners not broken down by state. The typical National Federation of Independent Business member employs between one and nine people and reports gross sales of about \$500,000 a year.

“Overall, small business owners remain optimistic regarding future business conditions but uncertainty is on the rise. Hiring challenges

continue to frustrate Main Street owners as they struggle to find qualified workers to fill their many open positions. Meanwhile, fewer plan capital investments as they prepare for the months ahead,” said National Federation of Independent Business chief economist Bill Dunkelberg.

Highlights from the Latest Small Business Optimism Index

The net percent of owners expecting the economy to improve fell five points from December to a net 47% (seasonally adjusted).

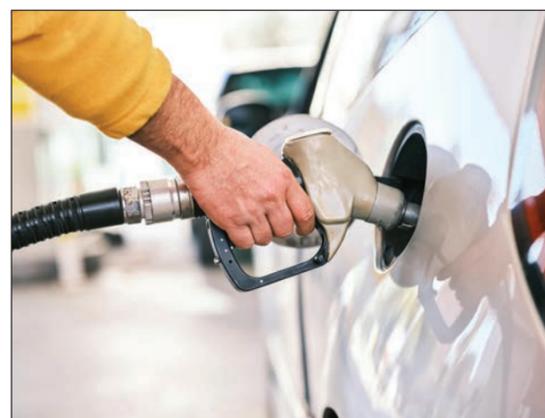
Thirty-five percent (seasonally adjusted) of all owners reported job openings they could not fill in the current period, unchanged from December.

Twenty percent (seasonally adjusted) plan capital outlays in the next six months, down seven points from December.

A net 3% of owners reported that their last loan was harder to get than in previous attempts (down one point). The last time it was this low was June 2022.

A net 0% (seasonally adjusted) of owners plan inventory investment in the coming months, down six points from December’s highest reading since December 2021. ★

Drivers See a Slight Break at the Pump



Gas prices are expected to remain steady as March arrives and routine seasonal maintenance wraps up. Photo by Engin Akyurt Pexels

AAA Northern California
News Release

SACRAMENTO REGION, CA (MPG) - With winter nearly in the rearview, temperatures warmed up while gas prices cooled down. Last week, gas prices dropped by three cents, bringing the national average to \$3.12 per gallon.

Gas prices are expected to remain steady as March arrives and routine seasonal maintenance wraps up.

On Feb. 27, California drivers saw an average price of \$4.81, a three-cent drop from two weeks ago.

Fuel prices throughout the state on Feb. 27 included San Francisco at \$5.05, Oakland at \$4.98, San Jose at \$4.91, Sacramento at \$4.95, Fresno at \$4.82 and Stockton at \$4.77.

Regarding the Oil Market Dynamics, at the close of the Feb. 26 formal trading session, the West Texas Intermediate (WTI) rose \$2.54 to settle at \$80.04 a barrel. The Energy Information Administration (EIA) reported that crude oil inventories decreased by 2 million barrels from the previous week. At 412.7 million barrels, U.S. crude oil inventories are about 6% below the five-year average for this time of year.

A quick analysis of gas stats shows that the nation’s Top 10 most expensive gasoline markets are California (\$4.81), Hawaii (\$4.54), Washington (\$4.14), Nevada (\$3.84), Oregon (\$3.76), Alaska (\$3.46), Arizona (\$3.40), Pennsylvania (\$3.33), Washington, D.C. (\$3.25) and Illinois (\$3.24).

The nation’s Top 10 least expensive gasoline markets are Mississippi (\$2.67), Texas (\$2.69), Oklahoma (\$2.73), Kentucky (\$2.74), Louisiana (\$2.76), Arkansas (\$2.78), Alabama (\$2.78), South Carolina (\$2.79), North Carolina (\$2.80) and Tennessee (\$2.80).

Taking a glance at the electricity stats in the nation shows that the Top 10 most expensive states for public charging per kilowatt hour are Hawaii (55 cents), West Virginia (47 cents), Montana (45 cents), Idaho (42 cents), Arkansas (42 cents), New Hampshire (42 cents), Tennessee (42 cents), Kentucky (41 cents), Alaska (41 cents) and South Carolina (41 cents).

The nation’s Top 10 least expensive states for public charging per kilowatt hour are Kansas (22 cents), Nebraska (24 cents), Maryland (25 cents), Missouri (25 cents), Delaware (28 cents), Iowa (28 cents), Texas (29 cents), Michigan (29 cents), Utah (29 cents) and North Dakota (30 cents). ★