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# Citrus Heights Messenger

VOLUME 15 • ISSUE 11 *Serving the City of Citrus Heights & Sacramento County* MARCH 14, 2025

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## Big Day of Service Coming



The seventh annual Big Day of Service (BDOS) is a one-day multi-community event where the public is invited to help make their local community beautiful. Photo by Anna Shvets pexels

By Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - The Citrus Heights Chamber of Commerce is teaming up with Rotary Clubs of Fair Oaks and Orangevale and the Orangevale-Fair Oaks Community Foundation to bring the first-ever Big Day of Service to the city of Citrus Heights on Saturday, May 17.

The seventh annual Big Day of Service (BDOS) is a one-day multi-community event where the public is invited to help make their local community beautiful.

"We're especially excited to bring this annual gathering of unity and service to the city of Citrus Heights," said Sheri Merrick, executive director of the Citrus Heights Chamber. The stated purpose of Big Day of Service is to "inspire generosity, foster volunteerism, and strengthen community



connections." "Brad Squires, the founder and CEO of the Orangevale Fair Oaks Community Foundation reached out to the Citrus Heights Chamber to ask the city to participate this year," said Merrick. The three communities have a

goal of 60 significant projects to be completed in a single day with 10 being completed in the city of Citrus Heights. Individual project initiatives which may involve reading to seniors, delivering meals, or other such volunteer efforts, help create opportunities for individuals to positively impact their surroundings, promoting kindness and cooperation.

"Everyone can make a difference, even in a small way during this event. I'm inviting the public to learn more about the BDOS and how they can participate," said Merrick, adding that plenty of hard work and volunteer coordination is needed in advance of the event to make the upcoming Big Day of Service event a multiple community success.

"The active process of seeking sponsors, coordinating volunteers and

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**2025 Citizens  
Academy  
Accepting  
Applications**



**Sacramento County  
District Attorney's  
Office News Release**

**SACRAMENTO COUNTY, CA (MPG)** - The Sacramento County District Attorney's Office is now accepting applications for its 2025 Citizen's Academy. This unique 10-week program offers an opportunity to learn about the criminal justice system and engage with local law enforcement agencies, all at no cost to participants.

Running from April 1 to June 10, the academy will be held from 6 to 8 p.m. Tuesdays at the Jan Scully Conference Room, located at 906 G St., Sacramento. Participants will gain insight into a range of topics, including the anatomy of a criminal case, specialized prosecution areas, CSI and crime lab analysis, use of force, and community-focused public safety initiatives. Additionally, there will be an exciting field trip to the District Attorney's Crime Lab and the Sacramento Police Department's 911 Communications Center.

Program graduates have praised it as an invaluable educational experience. Sylvia Franklin, a past participant, shared, "It's a wonderful program, we found out about it through Nextdoor. It helps educate you and get you involved. It bridges the gap between the community and law enforcement."

Zabrina Torres, a college student, added, "I really enjoyed this program. It gave me a better understanding of the District Attorney, the Defense Attorney and law enforcement."

The academy is a collaborative effort between the Sacramento County District Attorney's Office, Sacramento Police Department, Sacramento County Sheriff's Office and Sacramento County Probation Department. The program aims to engage citizens from all backgrounds in discussions about public safety and criminal justice issues.

The application deadline is March 21. For more information and to apply, visit [sacda.org/in-the-community/citizens-academy/](http://sacda.org/in-the-community/citizens-academy/). Don't miss out on this opportunity to deepen your understanding of local law enforcement and the criminal justice system. ★

## Youth in Government Encouraged

By Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - The City of Citrus Heights is taking its first steps to create specific "Youth in Government" programming to encourage and engage local youth to help chart the city's future through civic engagement.

The Citrus Heights City Council heard a presentation from Citrus Heights City Clerk Amy Van on Feb. 26, describing multiple opportunities and incentive programs which would support student and parent investment into Citrus Heights.

Van said in a staff report that, "There is no question that the successful future of the City of Citrus Heights lies, in part, in the hands of well-developed, socially and civically engaged young people."

She said the goal of creating youth in government



Citrus Heights City Clerk Amy Van. Photo courtesy of Citrus Heights City Council

program stemmed from an objective developed at a strategic planning retreat which was held by the city in March 2024.

The youth program ideas outlined before the City Council by the city clerk

grew from prior conversations that have taken place between city staff, San Juan Unified School District representatives, and local Citrus Heights school principals. Van introduced the first

of several ideas under consideration, including the establishment of a "Student in Government Day," geared toward high school-aged students.

Students would be able to meet and interact with city staff and council members, learn about city departments, participate in discussions on local city projects, shadow city council members, and participate in city council meetings, Van said.

City Council members directed the city to begin the process to implement a "Students in Government Day" for the upcoming 2025-26 school year and then phase in the other proposed ideas which were described in the city clerk's presentation based on continuing feedback from local principals and district representatives.

The opportunity to

*Continued on page 3*

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# Sacramento Zoo Celebrates Baby Giraffe Birth

# Roger Niello Appointed to Little Hoover Commission

## Sacramento Zoo News Release

**SACRAMENTO, CA (MPG)** - The Sacramento Zoo is thrilled to announce that Amirah the giraffe gave birth to a female calf on Saturday, March 1, at 2:56 p.m.

Amirah's calf is healthy and nursing well from mom. The pair will be given bonding time but may be visible at their habitat's side yard periodically beginning in the next few weeks.

The official debut date will be dependent on the health and welfare of mom and calf. Keep an eye out on Sacramento Zoo social media pages for when this new addition to our herd will be visible.

Sacramento Zoo is now home to five female Masai giraffes, Shani, Amirah, Glory, Cheyenne and the new calf. This is the 22nd calf born at the Sacramento Zoo going back to 1954 when giraffes were first housed in Sacramento.

Senior Manager of Animal Care, Melissa McCartney, said "Our entire team is thrilled by how well Amirah and her new baby are doing. We are thankful this was a textbook labor and delivery, with a strong and healthy calf on her feet within two hours of her birth and nursing shortly thereafter. Mom and calf are bonding behind the scenes and the entire herd is enjoying looking on and greeting the newest member of our zoo family."

The Masai giraffe is the largest giraffe subspecies



On March 1, Amirah the giraffe gave birth to a female calf at the Sacramento Zoo. Photo courtesy of Sacramento Zoo

and is found in southern Kenya and Tanzania. Gestation is 14 to 15 months. When a calf is born, it can be as tall as six feet and weigh as much as 150 pounds. Within minutes, the calf is able to stand on its own.

Sacramento Zoo is one of 34 institutions managing 136 Masai giraffes in the Association of Zoos and Aquariums population. The zoo partners with and supports the Wild Nature Institute, a field research organization that is currently studying Masai giraffe demographics and the African Savanna ecosystem with photo recognition software.

The zoo's partnership with Wild Nature Institute is critical to giraffe research and conservation efforts.

Wild giraffes are experiencing a silent extinction as their populations continue to plummet due to poaching and habitat loss. It has been estimated that the mammals' numbers have fallen by more than 50 percent over the last 30 years.

In 2018, the International Union for Conservation of Nature moved giraffes from "Vulnerable" to "Endangered" on its Red List of Threatened Species. ★



Roger Niello

## Little Hoover Commission News Release

**SACRAMENTO REGION, CA (MPG)** - State Sen. Roger Niello (R-Fair Oaks) has been appointed to the Little Hoover Commission by the Senate Rules Committee, chaired by Senate President pro Tempore Mike McGuire (D-Healdsburg).

Niello replaces Senator Scott Wilk (R-Santa Clarita), who served on the Little Hoover Commission from 2023 until he termed out of office in 2024. Wilk automatically left the commission when his legislative service ended.

"It is both a privilege and a profound responsibility to be appointed to the Little Hoover Commission and contribute to its mission of improving state government. I am looking forward to collaborating with my fellow Commissioners to make

a meaningful impact in shaping a government that addresses Californians' needs," Niello said.

Niello has been senator for California's Sixth Senate District, representing portions of Placer and Sacramento counties, since 2022. In 1974, he joined his family business, the Niello Auto Group, and spent the next 25 years running retail automobile dealerships with his family partners.

Niello was elected to the Sacramento County Board of Supervisors in a special election in 1999 and in 2004 was elected to the California State Assembly and re-elected twice. After his time in the Assembly concluded, Niello accepted an appointment as president and CEO of the Sacramento Metro Chamber of Commerce.

Niello has served as president of the Golden State Voter Participation, chair of the Sacramento Valley Lincoln Club Board, co-chair of the California Civic Learning Partnership in Sacramento County, member of the University of California Center Sacramento Advisory Board, the Dignity Health Sacramento Service Area Hospital Community Board, the Greater Sacramento Economic Council Board, and Sacramento Rotary.

In February 2011, he was named the University of California Center Sacramento Governance Fellow, the first to serve in that position.

Niello earned his undergraduate degree from the University of California at Berkeley and his master's degree from the University of California at Los Angeles.

The Little Hoover Commission is America's only permanent, independent citizens commission working to improve state government. A nonpartisan oversight agency created in 1962, the commission includes 13 commissioners appointed by the governor and legislative leaders. The commission's mission is to investigate state operations and promote efficiency, economy and improved service.

State Sen. Roger Niello represents District 6, which includes Antelope, Arden-Arcade, Carmichael, Citrus Heights, Clay, Fair Oaks, Folsom, Foothill Farms, Franklin, Galt, Gold River, Herald, Mather, Orangevale, Rancho Cordova, Rancho Murieta and Wilton in Sacramento County. The district includes Auburn, Granite Bay, Lincoln, Loomis, Newcastle, Penryn, Rocklin, Roseville and Sheridan in Placer County. ★



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**FROZEN & FISH DEPT**

<b>Orientex Lumpia Shanghai 4 kinds 2 lbs</b> REG. \$16.99/EA <b>\$11.99/ea</b>	<b>Norwegian Atlantic Salmon 4 oz</b> REG. \$5.99/EA <b>\$2.99/ea</b>
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**WEEKLY MEAT SPECIALS**

<b>Beef Rump/Bottom Round Roast-Birds</b> \$4.69/lb	<b>Beef T-Bone Steak</b> \$6.49/lb	<b>Chicken Leg Quarters</b> 99¢/lb
<b>Pork Hocks</b> \$2.29/lb	<b>Pork Loin Roast Boneless</b> \$2.99/lb	<b>Pork St. Louis Ribs - Single Pack</b> \$3.99/lb

**WEEKLY HALAL SPECIALS**

<b>Chicken Leg Quarters</b> 99¢/lb	<b>Australian Lamb Shoulder Chop Bone-In</b> \$3.99/lb	<b>Beef Rump/Bottom Round Roast-Birds</b> \$4.99/lb
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**FRESH PRODUCE**

<b>ORGANIC White Mushroom 8 oz</b> \$2.99/ea	<b>Red Potato 5 lbs Bag</b> \$2.49/bag	<b>Cosmic Crisp Apple</b> \$1.19/lb	<b>Peeled Garlic 5 lbs Bag</b> \$13.99/bag
<b>Navel Orange 10 lbs Bag</b> \$5.99/bag	<b>Russet Potato 10 lbs Bag</b> \$2.99/bag	<b>Jicama 89¢/lb</b>	<b>English Cucumber 99¢/ea</b>

**AMERICAN/HISPANIC GROCERY**

<b>Bounty Paper Towels 4 ct</b> \$6.99	<b>1,2,3 Vegetable Oil 33.8 Loz</b> \$3.99	<b>Capri Sun Fruit Drinks 10 pk. 60 Loz</b> \$2.99	<b>Dynasty Jasmine Rice 20 lbs</b> \$19.99	<b>Planters Dry Roasted Peanuts 16 oz</b> \$3.49
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**ASIAN GROCERY**

<b>Indo Mie Mi Goren Noodles 15 x 50 g</b> \$4.99	<b>Three Crab Fish Sauce 2.306 Loz</b> \$7.99	<b>Kawianan Sweet Maui Onion Chips 7.5 oz</b> \$1.99	<b>Kadlar Seasoned Tahini 15.9 oz</b> \$3.99	<b>Ox &amp; Palm Corned Beef 15 oz</b> \$6.99
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**EUROPEAN GROCERY**

<b>Red Label Lene Leaf Black Tea 900 gr</b> \$9.99	<b>Ariana Tomato Paste 650 gr</b> \$2.99	<b>Polinka Pickled Polish Cucumbers 850 ml</b> \$2.99	<b>Zergut Eggplant Spread 18oz 19 oz</b> \$3.49	<b>Schubert Milk Cream Fudge 1 kg</b> \$9.99
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**KOREAN/JAPANESE GROCERY**  
**SALE DATE: 3/15 - 3/21 SAT~FRI**

<b>Kkini Korean Pancake 3 Kinds 340 g</b> \$1.99	<b>Rhee Chun Premium Grade Brown Rice 2 lbs</b> \$1.59	<b>CJ Udon Noodles 3 Kinds 1 lb</b> \$3.50	<b>Low Sodium Roasted Seaweed 16 X 64 g</b> \$3.99
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**FROZEN & FISH DEPT**

<b>Bibigo Sweet Red Bean Waffle 300 g</b> \$3.29	<b>German Head Cheese</b> \$12.99	<b>Olive Medley</b> \$4.99
<b>Hickory Smoked Turkey Breast</b> \$11.79	<b>Pitted Green Olives</b> \$4.99	

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# Preschoolers Get VIP Tour

# Big Day of Service Coming



SAFE's Training Branch Manager Avi Naidu helps a field trip attendee with a signature pad. Photo courtesy of Safe Credit Union

## Safe Credit Union News Release

**SACRAMENTO REGION, CA (MPG)** - Preschoolers from Antelope, Citrus Heights, Fair Oaks, Rio Linda and Roseville received a special behind-the-scenes visit at SAFE Credit Union's Antelope branch.

The ninth annual VIP tour and financial education event brought Antelope's Play With Me Preschool children and their families to the branch.

Preschoolers learned the basics about money, toured the vault, and interacted one-on-one with a branch teller to sign the withdrawal keypad to receive a \$1 bill. They used the cash toward buying a treat at nearby Yogurt Time.

"It was truly heartwarming to welcome the kids and their parents and to see the excitement on the kids' faces as they built up their financial awareness through the tour and the hands-on withdrawal experience," SAFE Credit Union Antelope Branch Manager Avi Naidu said.

SAFE Credit Union, a not-for-profit financial institution, shares in the credit union cooperative principle of sharing profits within communities through financial education.

"Parker's favorite part of the field trip was signing his name on the electronic pad," said mother Connie Broome of Citrus Heights. "He enjoyed being able to act like a grown-up at the teller stand."

Parent and Antelope resident Jennifer Martindale said it was her daughter Riley's first trip to a bank and that she especially "liked getting her dollar."

"I like all of the money," said Riley, 4. "I liked seeing the bank safe the most."

Martindale said that Riley's full experience culminated with Riley using her dollar toward buying a vanilla yogurt with gummy worms and



Parker Broome, 4, of Citrus Heights examines his recently withdrawn dollar bill at SAFE Credit Union's Antelope branch. Photo courtesy of Safe Credit Union

crumbled Oreos.

"I think she listened and learned more about money than ever before," Martindale said. "Having to put your money into the safe and going to the bank in order to pull it out, she learned about where money (actually) goes."

SAFE Credit Union's Vice-President Retail Branches Janine Southwick said the branch and retail staff created a supporting and welcoming environment for families.

"We feel so fortunate to have been able to welcome our smallest of members in the community into our Antelope branch for their first in-person lesson in banking," Southwick said. "I'm so proud of our branch and retail teams for creating such a fun-filled and educational environment for these preschoolers."

SAFE's financial education team members introduced students to how money works and gave them each a Mr. SAFE piggy bank.

SAFE Credit Union community relationship

specialist Miriam Dougherty explained to the preschoolers how saving money in their new piggy banks will help them buy items later.

She offered parents advice on how to talk with their children about money.

"One significant mistake is not talking with your kids about money at all, or if you do, it may be in a negative way," said Dougherty, a certified financial educator. "It's OK to be honest about money but at the same time it's best to do it in a healthy way that can start with explaining to children the difference between wants versus needs."

Along with facilitating special educational events, SAFE's financial education team regularly conducts Budget Cents programs for teens at area high schools and at juvenile detention centers through a partnership with Sacramento County Department Education. Each financial literacy lesson starts by giving students mock budgets and incomes to learn how to manage. ★

Continued from page 1

obtaining materials to support some 10 individual projects in Citrus Heights has actively begun." Merrick continued. "We're starting early to get the word out with sponsoring information and to identify volunteers who may want to be a project lead."

Caryl Balko, formerly of PRIDE Industries Career Club and a Citrus Heights Chamber ambassador, also serves as event captain.

According to Merrick, a list of projects within the city of Citrus Heights during the Big Day of Service event is still being prepared. Once that list is finalized, volunteers will be able to sign up for a specific project in their local area.

"It's very early in the process, and nominations for projects for that day are ongoing," said Merrick. "The public can go to the BDOS website and suggest projects which they feel should be considered."

Merrick said that they welcome the help and support of individual project sponsors that are needed to fund the cost of supplies for one or multiple Big Day of Service projects.

Planning meetings for the Big Day of Service have started. Merrick said she has met with Meghan Huber, Citrus Heights Economic Development and Community Engagement director, and Marisa Brown,

city communications officer, to stay aligned and see how to best integrate Citrus Heights into Big Day of Service.

"We currently have one project in Citrus Heights approved and are collaborating with the chamber to get more ideas submitted by utilizing our combined communication channels," Brown said.

In 2018, the first annual Big Day of Service, more than 1,000 participants showed up on a single day to tackle 25 community service projects. In 2019, more volunteers tackled over 30 local projects to beautify and improve local neighborhoods. This year, the goal of the Big Day of Service is 50 local projects.

Initial Big Day of Service sponsors include the Rotary Club of Fair Oaks, Orangevale Rotary, Rosario Rodriguez, County Supervisor; Orangevale-Fair Oaks Community Foundation, Sunrise Community Church, Delta Dental, The Church of Jesus Christ of Latter-Day Saints, SMUD and Helix Electric.

Donations are tax-deductible and contributions can be made to the Community Foundation of Orangevale and Fair Oaks at [ovfocf.org/donate](http://ovfocf.org/donate).

For more information about the upcoming Big Day of Service on May 17, visit [bigdayofservice.us/](http://bigdayofservice.us/), call 916-238-8868 or email [info@bigdayofservice.com](mailto:info@bigdayofservice.com). ★

# Youth in Government Encouraged

Continued from page 1

engage youth from local schools in local government affairs received support from City Council members during the council meeting who praised the preliminary initiatives, saying they were "very impressed" and that the proposed programs would "provide a track for future leaders."

Van's report to council also summarized the outcome of discussions with the San Juan Unified School District's director of elementary schools, which was instrumental in the formation of a Citrus Heights Collaborative working group of Citrus Heights principals which now meet regularly to discuss items specific to Citrus Heights schools.

"There is a desire in Citrus Heights to focus on supporting family involvement in schools and fostering positive community engagement, and to build-up youth through education, experience, and mentorship," Van told council members.

The city has collaborated with youth from local schools, hosting behind the scenes tours for youth organizations of City Hall throughout the last year and joining Lichen K-8 on a commemorative Ruby Bridges Walk to School Day, which is an annual event held on Nov. 14.

High school student council members from San Juan High School and Mesa Verde High School have been invited to make presentations to the Citrus Heights City Council about ongoing events and student activities, Van said.

The second proposed idea involved creating a summer internship or public service program for youth ages 16 to 20 who could gain local government affairs experience by working for the city. Van said the interview-based program could offer a scholarship program and be structured during the summer months to avoid conflict with school schedules.

Establishment of a Youth Advisory Commission, where youth would apply and be appointed by the same process in which other members of the community are appointed to other city committees, was also described.

Members would be an advisory body to the City Council and would discuss topics deemed important to youth in the city and provide periodic updates on their work to the council.

Lastly, the city introduced the idea of holding a middle school public debate program, where middle school students could research a topic and present arguments for or against in a debate format.

"Encouraging young people to participate in governance not only strengthens democratic institutions but also ensures the sustainability of public service initiatives," Van said in her report to council. "This program would give the students the opportunity to develop critical thinking skills, public speaking, and engage civically." ★

# Planned Water Deliveries Increases Following Recent Storms

## California Department of Water Resources News Release

**SACRAMENTO REGION, CA. (MPG)** - On Feb. 25, the California Department of Water Resources (DWR) announced that recent storms have allowed for another increase to the State Water Project (SWP) allocation forecast for 2025.

The allocation has increased to 35 percent of requested water supplies, up from 20 percent in January based on increases in precipitation, snowpack and reservoir storage. The State Water Project provides water to 29 public water agencies that serve 27-million Californians and 750,000 acres of farmland across the state.

The latest allocation forecast takes into account precipitation and snowpack conditions up to Feb. 10, prior to a cold storm that brought welcome snow to the Sierra. That snowpack will be included in future water supply calculations, along with any forecasted dry conditions ahead.

"California is experiencing a winter of extremes. We've seen predominately dry conditions broken up by very wet, short storm events. Those conditions mean we must move as much water when it's available and as safely as possible," said California Department of Water Resources Director Karla Nemeth. "Ultimately it will require new infrastructure to move and store enough water for California as dry spells last longer and wet periods become shorter and flashier."

Projects such as the proposed Sites Reservoir and Delta Conveyance Project would have been hugely beneficial if they were in place this season, allowing California to capture more water for use during the dry summer months. For example, the Delta Conveyance Project could have captured more than 700,000 acre-feet

of additional storage so far this winter, which is enough to support more than 7 million people and nearly 2.5 million households. That also would have translated to approximately a 15- to 20-percent increase in the current State Water Project allocation, on top of the increase announced on Feb. 25.

Managing the existing system to capture as much stormwater as possible, water managers made required flood control releases from Lake Oroville in February and still were able to add 300,000 acre-feet of storage to the reservoir, bringing it up to 84 percent capacity.

Also in February, water managers took advantage of increased flexibility in new operating permits for the State Water Project to move approximately 16,000 acre-feet of additional water into San Luis Reservoir, which is now at 81 percent capacity. The pumping increase was made possible in part by the "storm flex" provisions in the State Water Project's 2024 federal and state endangered species act permits, which allow for additional diversion of water supply when certain ecological conditions are met during storms. The action aligned with Governor Newsom's Jan. 31 direction to the Department of Water Resources to maximize diversion of excess storm flows to boost the state's water storage.

Each year, the Department of Water Resources provides the State Water Project allocation forecasts based on available water storage, projected water supply and water demands. Allocations are updated monthly as snowpack, rainfall and runoff information is assessed, with a final allocation typically determined in May or June. Learn more about how the State Water Project allocation process works at [water.ca.gov/News/Blog/2025/Jan-25/Get-the-Facts-About-the-State-Water-Project-Allocation](http://water.ca.gov/News/Blog/2025/Jan-25/Get-the-Facts-About-the-State-Water-Project-Allocation). ★

# Nominate a Volunteer Champion

## City of Citrus Heights News Release

**CITRUS HEIGHTS, CA (MPG)** - The City of Citrus Heights has launched the Chip-In Hall of Fame Award, a new program recognizing residents who go above and beyond to make a difference in our community.

Whether through beautification efforts, acts of kindness or volunteer service, these individuals selflessly give back without expecting recognition but truly deserve it!

The nomination period started March 12 and residents can submit nominations for outstanding community members, with honorees recognized



Residents can submit nominations for outstanding community members who make a difference to Citrus Heights. Photo courtesy of City of Citrus Heights

throughout the year.

The celebration will culminate at the Volunteer Appreciation Reception on April 23, where all nominees will be honored and the award recipient will be announced.

Know someone making a positive impact in Citrus Heights? Nominate them and help us celebrate those who Chip In! Visit [citrusheights.net/489/Volunteer-Opportunities](http://citrusheights.net/489/Volunteer-Opportunities) for more information. ★

# Capital Stage Apprentice Program Accepting Applications



Capital Stage Apprentice Company participants will experience everything from casting, rehearsals and directing to technical production, design and marketing. Photo courtesy of Capital Stage



Capital Stage is seeking passionate, self-motivated candidates who are eager to learn and contribute to the company's diverse productions. Photo courtesy of Capital Stage

## Capital Stage News Release

**SACRAMENTO REGION, CA (MPG)** - Capital Stage, Sacramento's innovative and professional nonprofit theatre company, is accepting applications for its 2025/26 Apprenticeship Company. This program offers aspiring theatre artists a valuable opportunity to gain hands-on experience in the professional theatre world while learning from industry experts.

The Apprenticeship Program at Capital Stage is designed to bridge the gap between academic theatre and the professional world, offering practical training and exposure to all aspects of theatre production and administration.

Apprentices will be fully immersed in the production process, taking part in everything from casting, rehearsals and directing to technical production, design and marketing. Opportunities also include assisting with dramaturgy, stage management, props and costume building, public relations, and more. Apprentices will also participate in the production of the annual Apprenticeship Showcase, a public presentation that highlights the skills and creativity

developed throughout the program.

The program runs for a minimum of six months, with a 12-month commitment preferred. Apprentices will receive a weekly stipend of \$250 to \$350, although housing is not provided. The schedule is flexible, accommodating apprentices' availability, and will include a mix of day-times, nights and weekends. While Capital Stage cannot guarantee a job offer after the apprenticeship completion, this experience provides a strong foundation for those pursuing a career in theatre.

Capital Stage is seeking passionate, self-motivated candidates who are eager to learn and contribute to the company's diverse productions. Ideal applicants should be dedicated, able to work in a fast-paced environment and have the ability to collaborate with a wide range of personalities.

The deadline to apply is May 31. Interested candidates should submit their application materials to Logan Germano Heller, education manager, at [lheller@capstage.org](mailto:lheller@capstage.org). Interviews will be scheduled for select applicants. For more information, visit [capstage.org](http://capstage.org) or email Logan Germano Heller. ★



The Apprenticeship Program runs for a minimum of six months, with a 12-month commitment preferred. Photo courtesy of Capital Stage



The Apprenticeship Program at Capital Stage is designed to bridge the gap between academic theatre and the professional world. Photo courtesy of Capital Stage

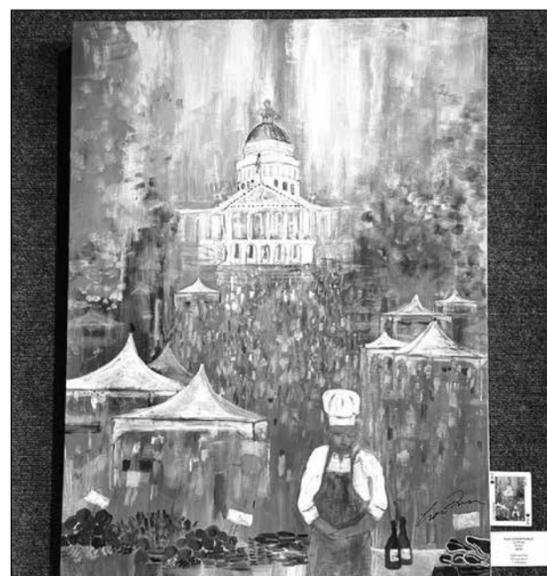
# Sacramento Displayed in Playing Cards



The art was created by local artists and turned into beautiful playing card decks. Photo courtesy of Sacramento Fine Arts Center, Inc.



The artists were charged with recreating iconic and historical locations throughout Sacramento in a variety of media including oils, watercolors, sculpture and more. Photo courtesy of Sacramento Fine Arts Center, Inc.



The gallery is open to the public 11 a.m. to 3 p.m. Tuesdays through Fridays and from 11 a.m. to 5 p.m. Saturdays. The gallery is free and open to the public. Photo courtesy of Sacramento Fine Arts Center, Inc.

## Sacramento Fine Arts Center, Inc. News Release

**SACRAMENTO REGION, CA (MPG)** - Sacramento Fine Arts Center recently created two decks of playing cards with landscapes from Sacramento. Seventy-one artists participated in the Sacramento Playing Cards Exhibit that celebrates Sacramento's history and community.

Each card features a Sacramento iconic and historical event, location and local artist.

The artists were charged with recreating the iconic and historical locations throughout Sacramento in a variety of media including oils, watercolors, sculpture and more. The art was then turned into beautiful playing card decks.

The original art from the Sacramento Playing Cards is on display from Feb. 4 through March 29 in the foyer and small gallery of

the Sacramento Fine Arts Center at 533 Gibbons Drive, Carmichael.

"The idea was from our President Mary Hargrave and her daughter, Missy. They came up with the idea while traveling. We try to do one 'community project' every year," said Sacramento Fine Arts Center Executive Director Angelia Gordon. "It is something many artists can participate in and in some way celebrates the community. Last year, we made an artist cookbook. It features food-themed artwork from local artists and recipes from community members. We are always looking for fun new ideas."

The funds from the playing cards support the Sacramento Fine Arts Center's ongoing programs, according to Gordon. The two decks can be bought at the Sacramento Fine Arts Gallery.

Among the artists are Don Taylor, Louise



The original art from the Sacramento Playing Cards is on display from Feb. 4 through March 29 in the foyer and small gallery of the Sacramento Fine Arts Center. Photo courtesy of Sacramento Fine Arts Center, Inc.

Vidaurre, Janet Kruse and Shannon Garrison from Carmichael, and Linda Zempel from Fair Oaks. Also participating are artists Kristen Fuller from Rancho Cordova, Phyllis Brady from Citrus Heights and Kate Blue from Rio Linda.

The Sacramento Fine Arts Center gallery is open to the public 11 a.m. to 3 p.m. Tuesdays through Fridays and from 11 a.m. to 5 p.m. Saturdays. The gallery is free and open to the public.

Sacramento Fine Arts Center is a nonprofit

organization dedicated to the creation and presentation of the visual arts. The center is entirely self-supported by a small staff and local volunteers. Its mission is to encourage the creation and presentation of original visual arts, to support the cultural life of the

community, and to encourage all artists to fulfill their potential.

For more information about the Sacramento Playing Cards exhibit's card locations and artists, go online to [SacFineArts.org/cards](http://SacFineArts.org/cards) or call 916-971-3713. ★

# Kings Korner

By V.G. Harris



There are tough losses and then there are tough losses.

The Sacramento Kings went into Inglewood Sunday night winners of four out of the last five games and came within a gnat's eyelash of supplanting the L.A. Clippers for the eighth spot in the western conference. Sadly, that did not happen, largely because future hall of famers Kawhi Leonard and James Harden exercised their collective will and made shots when it mattered most.

After the western conference player of the week Zach Lavine missed a tough game ending 17 ft. shot to end regulation, the Kings played the talent laden Clippers to a standstill and actually took a one-point lead with less than 22 seconds remaining in overtime.

Shaking off a poor shooting night in which Kawhi Leonard went 1-7 from 3-point land and was held to 17 points for his nights work, Leonard made his only shot attempt in overtime. King's fans watched in agony as with no time left on the clock, Kawhi's shot bounced twice before finally falling through the twine for a 1-point victory.

Cream rises to the top, and players with the talent of a Kawhi Leonard may miss shots all night but always seem to be there when it matters most.

So, Kings fans and players alike must defenestrate the Clippers loss, because in 24 hours the 40-win New York Knickerbockers will invade Golden One Arena, and the Kings need this game like few they've needed all season.

Much like the Clippers, the Knicks are laden with talent, and this contest will test the mettle of this newly assembled team.

The Kings have been shorthanded with both Domantas Sabonis and Malik Monk sidelined with injuries but tonight may see the return of Monk to the starting lineup. Sidelined for three games with a sprained toe, Malik would be a welcome sight against a formidable Knicks lineup.

Fans should be taking note that this new version of the Kings not only has taken care of business as it relates to sub 500 teams, but has given every opponent a tough out, night in and night out. This team plays tough, and every fan wants to see is a team

that brings their best effort every night.

Whether it's Keon Ellis, newcomer Jake LaRavia, or the reemergence of Keegan Murray, this version of the Kings is playing better defense than any team in recent memory. It takes great energy to hold teams to under 110 points per night, and the Kings are approaching those numbers.

Rising to 15th overall in defensive rating, the Kings are allowing opponents 113 points per game, but without question the newcomers have made a difference.

All their collective skills will be needed Monday night against a New York Knicks team that is averaging just a shade under 117 points per game, and I expect a play-off atmosphere at Golden One Arena on Monday night.

For those pundits and fans that have been critical of Keegan this year, I will say that this season has seen two versions of Keegan Murray. Early on Keegan's 3-point shooting was so bad I just wanted anyone else to shoot, and his percentage was in the low 20's. But, as Keegan's defense became a theme that seemed to inspire his game, his second half 3-point shooting has nearly doubled to over 40% in the second half.

Not to be overlooked was last Friday nights game against the San Antonio Spurs. Sacramento Kings fans welcomed back DeAaron Fox and family to Golden One Arena with a rousing win, besting the Spurs from start to finish and winning by a margin of 127-109.

King's fans were classy in their pregame ovation, and later when DeAaron handled the ball, boos could be heard as well.

What I say is, I'm glad this game is in our rear-view mirror. It had to happen and it's a game that can only occur once. DeAaron will undoubtedly play many more games at Golden One Arena, but none will come with the emotion that was present at the arena on Friday night.

It's time for Kings fans to come together, realize that this new version of the Kings is making a legitimate run for the playoffs, and enjoy the process!

Stay tuned Kings fans, this is going to be fun!

All the best!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★



## Dare to Live Without Limits

by Bryan Golden

### Optimism vs. Pessimism



*"The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty. For myself I am an optimist - it does not seem to be much use being anything else."*

- Sir Winston Churchill

Optimists see the glass half-full while pessimists see the glass half-empty. This is the classic illustration of the difference between optimists and pessimists. Although the statement captures one element of optimism, there is much more.

Optimism is deeper than how one views a particular situation. Optimism is a core belief system that influences attitude, action, and outlook. Optimism drives accomplishment whereas pessimism inhibits progress. Optimists never give up. Their drive is endless. Regardless of the challenges encountered, they keep going until the desired goal is reached.

There has never been a pessimist responsible for any innovation, discovery, or invention. Pessimists are prone to mental stress and physical ailments. Pessimists give up in the face of adversity. Pessimists experience much less happiness than their optimistic counterparts.

Pessimists justify their outlook as being realistic. They deny being pessimistic and label optimists as unrealistic dreamers. Pessimists claim they don't want to be disappointed. Pessimists don't expect things to work out. When their self-fulfilling prophecy comes true, their outlook is reinforced.

Since there aren't any advantages to being a pessimist, you may as well be an optimist. As an optimist, your life will be more enjoyable. You will find solutions for problems, overcome obstacles, and achieve your goals.

Pessimistic tendencies are common. Even optimists can have pessimistic thoughts. What distinguishes optimists from pessimists is their fundamental attitude. An optimist will not be deterred by a negative thought. They understand that a single thought is not nearly as significant as one's overall outlook. ★

It's great if you are an optimist. You understand first hand all of the benefits. Although you may be criticized by pessimists, your perspective holds fast. You can't understand why anyone would maintain a negative view of life.

But what if you are a pessimist. Is it possible to become an optimist? Yes, if you want to. A good place to start is by monitoring what you say to yourself and others. You want to purge the following negatives: I can't, it won't work, I don't know how, there is no chance, I'll probably fail, or I don't have what it takes. Instead, use this positive language: I can, I'll find a way to make it work, I'll learn how, there is a chance, I won't stop until I succeed, and I have what it takes.

At first you will catch yourself with mostly, if not entirely, negative self-talk. Each time, replace the negatives with positives. It will take time and practice to change your language. Don't get discouraged.

As you change your internal concepts you must apply them. When faced with any obstacle or adversity, believe in yourself and your ability to find solutions. Answers always exist. It's the optimists that discover them.

Don't allow others to dampen your spirit. Ignore any assertions that you are dreaming or being unrealistic. Dreaming is a source of inspiration. "Unrealistic" thinking enables you to evaluate any and all possible paths for your journey.

Your transformation to optimism will be eminently worthwhile. From my own experience, along with studying the lives of many others, being an optimist will empower you to accomplish much more than you ever thought possible. At times, it may seem difficult to remain optimistic. But look for, and you will find, the spark which will keep you going.

NOW AVAILABLE: "Dare to Live Without Limits," the book. Visit [www.BryanGolden.com](http://www.BryanGolden.com) or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at [bryan@columnist.com](mailto:bryan@columnist.com) or write him c/o this paper. © 2025 Bryan Golden ★

## California Uses Gimmicks Instead of Addressing the Heart of Its Budget Problem



By Dan Walters, CALMatters.org

One of the many gimmicks that California's governors and legislators employ to paper over budget deficits, thus avoiding real spending cuts or increasing taxes, is to assume some level of savings from making state agencies and programs more efficient.

They will plug arbitrary numbers into the budget from such supposed efficiencies, then, along with other gimmicks, declare that the budget gap has been closed and pat themselves on the back for the feat.

The 2024-25 budget is a prime example of such political expedience. As enacted last June it totaled \$297.9 billion, of which \$211.5 billion was general fund spending. But the budget assumed that the state would receive \$207.2 billion in general fund revenues, so it had a gap to bridge.

Gov. Gavin Newsom and legislators turned to a series of gimmicks and indirect loans to close the gap, including \$2.9 billion from assumed efficiency savings in state agencies and state universities.

However, when Newsom unveiled a 2025-26 budget proposal in January, the plan acknowledged that while the universities met their relatively tiny savings goal of \$200 million, other agencies would reduce spending

by just \$800 million, or less than a third of their \$2.7 billion goal.

The new budget also revealed that 2024-25 general fund spending had ballooned to an estimated \$232 billion — \$21 billion more than the final version had assumed — and while projected revenues had also increased to \$217 billion, the 2024-25 deficit would widen to \$15 billion.

Last month, the Legislature's budget analyst, Gabe Petek, reported that his staff was having difficulty getting accurate information from the administration about the underachieving efficiency decree.

"We have tried to get information from some of the larger departments to better understand what types of operational changes are being implemented to achieve the identified savings," Petek wrote. "As we discuss in greater detail later, we have received limited information thus far."

This venture into the weeds of state budgeting generates two observations: One, that gimmickry is an integral part of the current process, and second, that the state faces chronic gaps between income and outgo, a condition dubbed a "structural deficit."

It is an ongoing mismatch between what the state's tax system can produce in revenues and what current law says must be spent. The problem dates back to 2022 when Newsom declared that the state had a \$97.5 billion surplus, based on surging revenues.

He and legislators raised spending sharply on that assumption, but it proved to be an illusion, resulting in the income and outgo gap that will continue at least for the

remainder of Newsom's governorship — unless he and legislators make real spending cuts or increase taxes.

Moreover, the destructive and deadly wildfires that swept through Los Angeles will impact both the revenue and spending sides of the state's ledger, more than likely increasing the structural deficit.

Newsom and legislators have already approved a \$2.5 billion appropriation for fire-related costs, which would increase the deficit even more unless he can persuade President Donald Trump to send federal aid. Even with a federal bailout, however, Newsom is likely to leave his successor, whomever that might be, with a fiscal headache.

Newsom surely hopes to skate through without either deep spending cuts or increasing taxes, while continuing to cover the chronic gaps with gimmicks such as arbitrary efficiency savings, direct and indirect loans and creative bookkeeping.

He has even increased spending in some categories despite the sluggish revenues, most spectacularly — jacking up state subsidies for the Southern California film and video industry.

Sending more money to Hollywood while telling state universities to tighten their belts, potentially impacting enrollment, would seem to be the height of misplaced priorities.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column that offers his view and analysis of the state's political, economic, social and demographic trends. ★

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00896 John Todd Stakes, 4090 Wayside Lane, Suite C, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "California RV Glass" 4090 Wayside Lane, Suite C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 7, 2025 Publish: Feb 21, 28, March 7, 14, 2025 RV 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00791 Alexey Panasenko, 5010 Marconi Avenue, Apt 81, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fix-it Alex!" 5010 Marconi Avenue, Apt 81, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 5, 2025 Publish: Feb 21, 28, March 7, 14, 2025 FIX 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00891 Felipe Sanchez 2820 Albatross Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "FLP Heating & Airconditioning" 2820 Albatross Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 7, 2025 Publish: Feb 21, 28, March 7, 14, 2025 FLP 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00866 Transport Plus MKD, LLC, 1500 W El Camino Avenue, #642, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Transport Plus MKD" 5320 Finsbury Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 6, 2025 Publish: Feb 21, 28, March 7, 14, 2025 MKD 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00631 Alexandre Frolov, 867 Woodside Lane E, Unit 5, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Frolov Enterprise" 867 Woodside Lane E, Unit 5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 31, 2025 Publish: Feb 21, 28, March 7, 14, 2025 FROLOV 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00868 Summit Building Group, 1401 21st Street, Suite 7958, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Summit Kitchens and Baths/Summit ADU's/Summit Restoration" 1401 21st Street, Suite 7958, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 6, 2025 Publish: Feb 21, 28, March 7, 14, 2025 SUMMIT 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00944 CalSun Pool Care, LLC, 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Premier Pool Service of Sacramento" 11367 Trade Center Drive, Suite 125, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County February 10, 2025 Publish: Feb 21, 28, March 7, 14, 2025 PREMIER 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00634 Iulia Ardelian, 4921 Travertine Circle, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Shevonails" 6720 Madison

Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025 Publish: Feb 21, 28, March 7, 14, 2025 SHEVONAILS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00633 Svetlana Gavriyuk, 4801 Hidden Meadow Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Luxe Nails" 6720 Madison Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, 2025 Publish: Feb 21, 28, March 7, 14, 2025 LUXE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00913 Richard KwangJae Oh, 1021 Sibley Street, Apt B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Master Sushi" 194 Blue Ravine Road, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 10, 2025 Publish: Feb 21, 28, March 7, 14, 2025 SUSHI 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00767 Ahmad Usufy, 2496 Pheasant Hollow Drive, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Halal King" 2496 Pheasant Hollow Drive, West Sacramento, CA 95691. Filed with the Clerk of Sacramento County February 4, 2025 Publish: Feb 21, 28, March 7, 14, 2025 HALAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00107 Bodyluxe Glow Bar LLC, 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Élevé Medspa & Aesthetics" 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 7, 2025 Publish: Feb 21, 28, March 7, 14, 2025 ÉLEVÉ 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00770 United Studio LLC, 122 Via Del Milagro, Monterey, CA 93940 is doing business under the Fictitious Business Name(s) "United Studios" 122 Via Del Milagro, Monterey, CA 93940. Filed with the Clerk of Sacramento County February 4, 2025 Publish: Feb 21, 28, March 7, 14, 2025 UNITED 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00443 Assurgent Medical Billing Solutions, LLC, 5230 Sky Parkway, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Assurgent Consulting Group" 5230 Sky Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 22, 2025 Publish: Feb 21, 28, March 7, 14, 2025 GROUP 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00822 Equitable Talent Strategies, Inc., 951 El Dorado Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Rooted Personal Fitness/Rooted Business Solutions" 951 El Dorado Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 5, 2025 Publish: Feb 21, 28, March 7, 14, 2025 ROOTED 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00762 Jeffrey D. Aston, 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827 is doing business under the Fictitious Business

Name(s) "Trustee Estate Services" 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827. Filed with the Clerk of Sacramento County February 4, 2025 Publish: Feb 21, 28, March 7, 14, 2025 TRUSTEE 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00628 Aziz & sons Inc., 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Xpress Auto Care" 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 30, 2025 Publish: Feb 21, 28, March 7, 14, 2025 XPRESS 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09655 Sun City Towing and Auto Care LLC, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Local Tow Guys" 3408 Hunter Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 30, 2024 Publish: Feb 21, 28, March 7, 14, 2025 LOCAL 3-14-25

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Consulting/Nerd Busters" 2108 N Street, Suite N, CA 95816. Filed with the Clerk of Sacramento County February 6, 2025 Publish: Feb 28, March 7, 14, 21, 2025 APOGEE 3-21-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01100 Kaz Brodovsky, 3126 O Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "KB Facility Solutions" 3126 O Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025 KB 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00512 Northern California Logistics LLC, 2800 Greymere Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Northern California Logistics LLC" 2800 Greymere Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 27, 2025 Publish: Feb 28, March 7, 14, 21, 2025 NORTHERN 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01125 Blue Collar Coaching, LLC, 2135 Butano Drive, Suite 210, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Next Level Coaching" 2135 Butano Drive, Suite 210, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025 NEXT 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01204 Palmers Iron Fence LLC, 2970 La Rosa Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Palmer Fence" 2970 La Rosa Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 20, 2025 Publish: Feb 28, March 7, 14, 21, 2025 PALMER 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01126 Monique Huston, 6617 Madison Avenue, #5, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pro-Health Therapies" 6617 Madison Avenue, #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025 PRO 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01015 Positively Fit Within LLC, 2314 E Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Iron Roots Fitness" 1409 16th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 13, 2025 Publish: Feb 28, March 7, 14, 21, 2025 IRON 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01146 Shawanna L Kennedy, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Next Level Consulting" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk

of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025 CONSULTING 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00955 Anh Tran, 7647 Broadhead Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Modern Acupuncture Medicine" 7647 Broadhead Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 10, 2025 Publish: March 7, 14, 21, 28, 2025 MODERN 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01233 Khaled Musa, 4114 Sea Drift Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Microsur" 4114 Sea Drift Way, Sacramento, CA 95823. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 MICROUSA 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01258 Reneeka Williams, 6805 Kermit Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Heart Connection Consulting" 6805 Kermit Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 HEART 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01081 Xpert Home Lending Inc., 1100 Satellite Boulevard NW, Suwanee, GA, 30024 is doing business under the Fictitious Business Name(s) "Key Home Loans" 1100 Satellite Boulevard NW, Suwanee, GA, 30024. Filed with the Clerk of Sacramento County February 18, 2025 Publish: March 7, 14, 21, 28, 2025 KEY 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00958 Lucas Brown, 120 Rambling Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Best in Town Award" 120 Rambling Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 11, 2025 Publish: March 7, 14, 21, 28, 2025 BEST 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01343 Miguel Angel Guerrero Barragan, 3829 Kimberly Road, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "Guerrero's Handy Work" 3829 Kimberly Road, Cameron Park, CA 95682. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025 GUERREROS 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01281 Carolin Gardner, PO Box 1682, Loomis, CA 95650 is doing business under the Fictitious Business Name(s) "Transformative Healing Therapy" 110 Blue Ravine Road Suite 104, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 HEALING 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00575 Mother Lode Van & Storage, Inc., 11255 Pyrites Way #400, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Right Way Receiving & Delivery" 11220 Pyrites Way #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 29, 2025 Publish: March 7, 14, 21, 28, 2025 RIGHT 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00957 Jeffrey Tong, 2108 N Street #4237, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sinamark" 2108 N Street #11237, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 11, 2025 Publish: March 7, 14, 21, 28, 2025 SINAMARK 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01283 Morales Group Enterprises LLC, 30 N Gould Street Suite R, Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "Angel's Junk & Dump" 7228 Roca Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 ANGELS 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01248 Sampson Wang, 711 Bridgeside Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Wang Consulting" 711 Bridgeside Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 WANG 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01072 Diane Milenkovich, 7419 Garden Gate Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "American River Bookkeeping" 7419 Garden Gate Drive, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 14, 2025 Publish: March 7, 14, 21, 28, 2025

AMERICAN 3-28-25 FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01405 Modamedia Communications, LLC, 2508 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Groundswell/ Groundswell Art" 2508 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 26, 2025 Publish: March 7, 14, 21, 28, 2025 GROUND 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01299 Maria E Mariscal, 7605 Rincon Villa Lane, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Mr. and Mrs. Pro Cleaning Services" 7605 Rincon Villa Lane, Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 MR. 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01177 Hollybank LLC, 3017 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "GOAT Barbershop" 3025 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 19, 2025 Publish: March 7, 14, 21, 28, 2025 GOAT 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01458 Kevin & Luz Enterprises Inc, 1600 Sacramento Inn Way, Suite 216, Sacramento, CA 95815-3461 is doing business under the Fictitious Business Name(s) "Epic Homehealth Services" 1600 Sacramento Inn Way, Suite 216, Sacramento, CA 95815-3461. Filed with the Clerk of Sacramento County February 27, 2025 Publish: March 7, 14, 21, 28, 2025 EPIC 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01345 Satinder Pal Singh, 1605 F Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Singh Jeweler" 1605 F Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025 SINGH 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01359 US Mortgage Corporation, 201 Old Country Road, Suite 140, Melville, NY 11747 is doing business under the Fictitious Business Name(s) "Regal Mortgage of the High Desert" 201 Old Country Road, Suite 140, Melville, NY 11747. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 14, 21, 28, April 4, 2025 REGAL 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00393 McMiller Enterprise LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Shalon Hair Loss Solutions & Wellness Clinic" 5252 Sunrise Boulevard, #3, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 17, 2025 Publish: March 14, 21, 28, April 4, 2025 SHALON 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01448 Christa Newkirk, PO Box 340244, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "EclectiRead Consulting" 3616 E. Commerce Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February 27, 2025 Publish: March 14, 21, 28, April 4, 2025 ECLECTIK 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00726 Michael Bullington, 6501 Sudden Wind Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Safety First Firearms Training/Confident Carry" 6501 Sudden Wind Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 4, 2025 Publish: March 14, 21, 28, April 4, 2025 SAFETY 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00605 Victory Life Church, 1136 Elderberry Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Don Eldridge Ministries" 1136 Elderberry Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 30, 2025 Publish: March 14, 21, 28, April 4, 2025 ELDRIDGE 4-

Legal Advertising Hotline  
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**LEGAL ADVERTISING**  
*Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984*  
*Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969*  
*Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020*  
*The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

Legal Advertising  
7144 Fair Oaks Blvd #5  
Carmichael, CA 95608

**FICTITIOUS BUSINESS NAME STATEMENTS**

March 14, 21, 28, April 4, 2025  
BOTANICS 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01612  
Homchui99 LLC, 424 E Bidwell Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Fam Thai Street Food" 424 E Bidwell Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 4, 2025  
Publish: March 14, 21, 28, April 4, 2025  
FAM 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01665  
Muhammad Hameez Ashraf, 427 V Street, #A, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Cold Fusion Ice Cream" 427 V Street, #A, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 5, 2025  
Publish: March 14, 21, 28, April 4, 2025  
COLD 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01179  
Kelly Mac Millan, 112 Little Court, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Wilderbeeds.com" 112 Little Court, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 19, 2025  
Publish: March 14, 21, 28, April 4, 2025  
WILDER 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01070  
HB Project LLC, 2121 Ohio River Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Fire & Spice BBQ" 2121 Ohio River Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 14, 2025  
Publish: March 14, 21, 28, April 4, 2025  
FIRE 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01663  
Smart Auto Dismantling LLC, 3569 Recycle Road, Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling LLC" 3569 Recycle Road, Suite 10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5, 2025  
Publish: March 14, 21, 28, April 4, 2025  
SMART 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01664  
Blue Sky Auto Dismantling LLC, 3569 Recycle Road, Suite 16, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Blue Sky Auto Dismantling LLC" 3569 Recycle Road, Suite 16, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5, 2025  
Publish: March 14, 21, 28, April 4, 2025  
BLUE 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01576  
Alexander H Huynh and To Nga Em Bien, 10855 Olson Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Nail Studio +" 10855 Olson Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 3, 2025  
Publish: March 14, 21, 28, April 4, 2025  
NAIL 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01424  
Meow Me Cafe LLC, 1714 1/2 14th Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Meow Me" 1714 1/2 14th Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 26, 2025  
Publish: March 14, 21, 28, April 4, 2025  
MEOW 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01569  
Reed Thomas Leonard, 3401 Barbary Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Topaz Window Cleaning" 3401 Barbary Lane, Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 3, 2025  
Publish: March 14, 21, 28, April 4, 2025  
TOPAZ 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01362  
Abhishek Rai MD Inc, 2600 East Bidwell Street, Suite #220, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sacred Balance Integrative Health" 2600 East Bidwell Street, Suite #220, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 25, 2025  
Publish: March 14, 21, 28, April 4, 2025  
SACRED 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01270  
Arash Taghikhani, 3300 Auburn Boulevard, #17, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Riton Auto Sales" 3300 Auburn Boulevard, #17, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 21, 2025  
Publish: March 14, 21, 28, April 4, 2025  
RITON 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01551  
Jesus Arturo Jimenez, 7260 Pepperwood Knoll Lane, Apt 168 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Aqua Spray Pressure Washing" 7260

Pepperwood Knoll Lane, Apt 168 Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 3, 2025  
Publish: March 14, 21, 28, April 4, 2025  
AQUA 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01309  
Bay Area Best Locksmith Inc., 6449 Mojave Drive, San Jose, CA 95120 is doing business under the Fictitious Business Name(s) "Sacramento Locksmith" 2120 Blumenfeld Drive, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 24, 2025  
Publish: March 14, 21, 28, April 4, 2025  
LOCK 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01665  
Muhammad Hameez Ashraf, 427 V Street, #A, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Cold Fusion Ince Cream" 427 V Street, #A, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 4, 2025  
Publish: March 14, 21, 28, April 4, 2025  
COLD 4-4-25

**STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME**

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2025-00995

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Clearinghouse C/ RTA Background Services, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. SAP Solutions, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821.

The Fictitious Business Name Statement was filed on 2/13/2025 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 2/14/2025  
Publish: Feb 21, 28, March 7, 14, 2025  
C/RTA 3-14-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2021-10938

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: NorCal Feed, 4821 Sunset Place Lane, Fair Oaks, CA 95628. Faith Recio, 4821 Sunset Place Lane, Fair Oaks, CA 95628.

The Fictitious Business Name Statement was filed on 12/22/2021 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 2/18/2025.  
Publish: Feb 28, March 7, 14, 21, 2025  
NORCAL 3-21-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2023-04731

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: GHMC, 508 W 800 N, Orem, UT 84057.

First Colony Mortgage Corporation, 508 W 800 N, Orem, UT 84057. The Fictitious Business Name Statement was filed on 6/21/2023 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 6/21/2023.  
Publish: March 7, 14, 21, 28, 2025  
GHMC 3-28-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. 2020-03872

The following person(s) has/have abandoned the use of the FICTITIOUS BUSINESS NAME of: Emily's Guest Home, 7437 Kanai Avenue, Citrus Heights, CA 95621.

Maria Tintas, 7437 Kanai Avenue, Citrus Heights, CA 95621. The Fictitious Business Name Statement was filed on 6/18/2020 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 2/13/2025.  
Publish: March 7, 14, 21, 28, 2025  
EMILYS 3-28-25

**ORDER TO SHOW CAUSE CHANGE OF NAME**

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003088

Paul Nicholas Duff has filed a petition with this court for a decree changing the name(s) of Paul Nicholas Duff to Paul Nicholas Curtin.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 7, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
CURTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003283

Adeeb Rahman Usmani has filed a petition with this court for a decree changing the name(s) of Osama Usmani to Daniel Usmani.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA

95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 13, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
BOLTOR 3-14-25

95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 11, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
USMANI 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003137

Quentin Marcel Williams has filed a petition with this court for a decree changing the name(s) of Quentin Marcel Williams to Quentin Marcel Jones.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 12, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 10, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
QUENTIN 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV002080

Abdul Waheed Mohammadi & Nooria Siddiqi have filed a petition with this court for a decree changing the name(s) of Mujtaba Mohammadi to Mujtaba Mohammadi.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on May 28, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 27, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
MUJTABA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003566

Margaret Ann Wogksch aka Margaret Ann O'Neill has filed a petition with this court for a decree changing the name(s) of Margaret Ann Wogksch aka Margaret Ann O'Neill to Margaret O'Neill Wogksch.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 24, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 14, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
MARGARET 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003610

Nhut Hoang Duy To has filed a petition with this court for a decree changing the name(s) of Nhut Hoang Duy To to Duy Nhut Hoang To.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 9, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: March 3, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
KIM 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV005009

Holanda Estrada Marquez has filed a petition with this court for a decree changing the name(s) of Misael Gamboa to Misael Estrada Marquez.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 26, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: March 14, 21, 28, April 4, 2025  
HANSEN 4-4-2025

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004653

Davyn James Hansen has filed a petition with this court for a decree changing the name(s) of Davyn James Hansen to Davyn James Rosales.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 21, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
CARRILLO 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003556

Nhut Thanh To has filed a petition with this court for a decree changing the name(s) of Nhut Kim Khanh To to Khanh Nhut Kim To.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2025, at 9:00 a.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 14, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
NHUT 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004235

Phuc An Nguyen Truong has filed a petition with this court for a decree changing the name(s) of Phuc An Nguyen Truong to

508 W 800 N, Orem, UT 84057. The Fictitious Business Name Statement was filed on 6/21/2023 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 6/21/2023.  
Publish: March 7, 14, 21, 28, 2025  
GHMC 3-28-25

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 27, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
GONZALEZ 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003103

Pilar Villa Gonzalez has filed a petition with this court for a decree changing the name(s) of Pilar Villa Gonzalez to Ma. Pilar Villa Gonzalez and Juvenal Pena to Juvenal Pena Palafox.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 27, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
MURTAZA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003372

Maria Griselda Diaz-Boltor has filed a petition with this court for a decree changing the name(s) of Maria Griselda Diaz-Boltor to Griselda Maria Diaz-Boltor.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 1, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 13, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
BOLTOR 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #24CV022255

Aries Darrell Saechao has filed a petition with this court for a decree changing the name(s) of Aries Darrell Saechao to Aries Darrell Voong.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 19, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: November 1, 2024  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
VOONG 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003817

Elizabeth Rose Ann Sheldon has filed a petition with this court for a decree changing the name(s) of Elizabeth Rose Ann Sheldon to Rose Lyon.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 26, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 19, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
ROSE 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003750

Melanie Kim has filed a petition with this court for a decree changing the name(s) of Aubree Miya Eilbacher to Aubree Miya Kim-Eilbacher and Logan Ryu Eilbacher to Logan Ryu Kim-Eilbacher and Maddox Kai Eilbacher to Maddox Kai Kim-Eilbacher.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 18, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
KIM 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003750

Melanie Kim has filed a petition with this court for a decree changing the name(s) of Aubree Miya Eilbacher to Aubree Miya Kim-Eilbacher and Logan Ryu Eilbacher to Logan Ryu Kim-Eilbacher and Maddox Kai Eilbacher to Maddox Kai Kim-Eilbacher.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 18, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
KIM 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV005009

Holanda Estrada Marquez has filed a petition with this court for a decree changing the name(s) of Misael Gamboa to Misael Estrada Marquez.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 26, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: March 14, 21, 28, April 4, 2025  
HANSEN 4-4-2025

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004653

Davyn James Hansen has filed a petition with this court for a decree changing the name(s) of Davyn James Hansen to Davyn James Rosales.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 21, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
CARRILLO 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003556

Nhut Thanh To has filed a petition with this court for a decree changing the name(s) of Nhut Kim Khanh To to Khanh Nhut Kim To.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 3, 2025, at 9:00 a.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 14, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
NHUT 3-21-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004235

Phuc An Nguyen Truong has filed a petition with this court for a decree changing the name(s) of Phuc An Nguyen Truong to

508 W 800 N, Orem, UT 84057. The Fictitious Business Name Statement was filed on 6/21/2023 in the County of Sacramento.  
Filed with the clerk of Sacramento County: 6/21/2023.  
Publish: March 7, 14, 21, 28, 2025  
GHMC 3-28-25

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 27, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
GONZALEZ 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003103

Pilar Villa Gonzalez has filed a petition with this court for a decree changing the name(s) of Pilar Villa Gonzalez to Ma. Pilar Villa Gonzalez and Juvenal Pena to Juvenal Pena Palafox.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: January 27, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 21, 28, March 7, 14, 2025  
MURTAZA 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003372

Maria Griselda Diaz-Boltor has filed a petition with this court for a decree changing the name(s) of Maria Griselda Diaz-Boltor to Griselda Maria Diaz-Boltor.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 1, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 13, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Feb 28, March 7, 14, 21, 2025  
BOLTOR 3-14-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004235

Phuc An Nguyen Truong has filed a petition with this court for a decree changing the name(s) of Phuc An Nguyen Truong to

Roney Truong.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 2, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 21, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
TRUONG 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003329

ShankaraNarayanan Jayaraman and JanakaSudha Shankara Narayanan has filed a petition with this court for a decree changing the name(s) of Sriram J.S. to Sriram J. Shankara Narayanan and Srihari J.S. to Srihari J. Shankara Narayanan.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 18, 2025, at 9:00 a.m. in Department 54/ Hall of Justice, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 11, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
NARAYANAN 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV003750

Melanie Kim has filed a petition with this court for a decree changing the name(s) of Aubree Miya Eilbacher to Aubree Miya Kim-Eilbacher and Logan Ryu Eilbacher to Logan Ryu Kim-Eilbacher and Maddox Kai Eilbacher to Maddox Kai Kim-Eilbacher.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on June 25, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: February 18, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish: March 7, 14, 21, 28, 2025  
KIM 3-28-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV005009

Holanda Estrada Marquez has filed a petition with this court for a decree changing the name(s) of Misael Gamboa to Misael Estrada Marquez.  
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 16, 2025, at 1:30 p.m. in Department 53

# Make Room For Laughter

**Dr. James L. Snyder**

After about two months in recovery mode, I had an opportunity to go to the neighborhood Publix. It's been a long time since I've been in a store, and I was happy to get out of the house and give The Gracious Mistress of the Parsonage a break.

There is something about me that makes me want to bring a smile to someone sad. I'm not always successful, but at least I try.

I approached an older couple pushing a cart and said, "Pardon me, do you know who I am?"

They looked at me a little confused and shook their heads. The woman said, "No, I don't know who you are."

I smiled at them and replied, "That's great. I thought I was the only one who didn't know who I was. Thank you."

As I walked away, I heard them giggle and laugh. I heard the man say, "He sure was crazy." Then they laughed some more.

I also noticed the store staff seemed rather stressed. The store was overly crowded with customers, particularly the people at the checkout counter seemed

rather stressed.

I grinned as I waited in line, and finally, my turn came. I looked at the lady behind the register and said, "There was a lady in the back of the store that told me if I mentioned how nice you look today, you could give me a discount." Then I smiled the biggest smile I had all day.

Looking at me, she said, "What?"

At first, she didn't know what to do and looked over her shoulder to see if anybody was watching her. Then she finally looked at me and said, "Sir, I'm new here and have never heard of that discount before, and I do not believe that I can do it for you today. I'm so sorry for the misunderstanding." Then, much to my surprise, she smiled. After all, that's all I wanted.

I thanked her for her service, smiled, and told her to have a great day.

As I walked out, I could hear some customers behind me giggling. They were talking, but I couldn't understand what they were saying. At least I got a couple of people to smile.

Driving home from the store, the traffic was rather congested. There was a lot of horn blowing and some old guys screaming. They

must have had a hard day at work.

A couple of drivers looked a little religious in my mind. One person was pointing me to heaven. I smiled and was very appreciative. I nodded, affirming that I was planning to go to heaven. I noticed, though, that, being as religious as he was, he got his fingers mixed up and used the wrong finger to point to heaven.

My day was successful because I made about five people laugh and several others smile. That makes for a great day.

I couldn't help but think of one of my favorite Bible verses. "A merry heart doeth good like a medicine: but a broken spirit drieth the bones" (Proverbs 17:22).

Laughter is the best medicine we could have. And, we never run out of this medicine, no matter our circumstances. My goal is to share my medicine with as many people as possible.

*Dr. James L. Snyder lives in Ocala, FL with the Gracious Mistress of the Parsonage. Telephone 1-352-216-3025, e-mail jamesnsnyder51@gmail.com, website www.jamesnsnyderministries.com* ★

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# Suspect Arrested for Sexual Assault

**Citrus Heights Police Department News Release**

**CITRUS HEIGHTS, CA (MPG)** - On March 6, the Citrus Heights Police Department's General Investigations Unit (GIU) served a search warrant related to an allegation of a sexual assault incident involving an underage victim. The incident occurred while the victim was attending and temporarily residing at the Nu Balance Vaulting Academy located on Cook Avenue in Citrus Heights.

During the investigation, the suspect was identified as a 23-year-old male, Cruz Solorzano, out of Citrus Heights. Solorzano was determined to be a coach at the Nu Balance Vaulting Academy.

Detectives collected evidence and interviewed witnesses on scene once the search warrant was served. Code Enforcement Officers responded to the location and subsequently shut the academy down after it was determined the academy was operating without a business license.

On March 7, at approximately 6 p.m., Solorzano was taken into custody and booked into the Sacramento County Jail on charges of oral copulation with a minor, sexual digital penetration with a minor and contacting a minor with intent to have sex.

At this time, it does not appear that there are any additional victims related to this incident. However, detectives are asking anyone with additional information to contact the Citrus Heights Police Department's tip line at 916-727-5524. ★



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statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael A Sawamura, Corporate Counsel Law Group LLP, 901 H Street, Suite 210, Sacramento, CA 95814; (916) 441-2685

Publish: March 7, 14, 21, 2025  
MIDDLETON 3-21-25



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# March is for Celebrating

# Community Blood Drive Aims to Combat Shortages

By Patsy McGavock

CITRUS HEIGHTS, CA (MPG)

- In an effort to combat persistent blood shortages in California, the Church of Jesus Christ of Latter-day Saints partners with Vitalant every three months. Community members are invited to donate on Thursday, March 27, from 2 to 5 p.m. at 7009 Van Maren Ln. to help strengthen the local blood supply and raise awareness about the critical need for regular donations.

Every two seconds, someone in the United States requires blood, underscoring the constant demand for this lifesaving resource. While 38% of the population is eligible to donate, only about 3% actually do, leading to frequent shortages, according to the National Heart, Lung, and Blood Institute. Even a few new regular donors can make a difference.

Vitalant, which serves approximately 900 hospitals nationwide, has been at the forefront of addressing these shortages. In 2023, the organization collected more than 1.6 million donations from 610,000 donors at 24,600 community blood drives and about 115 donation centers, resulting in 2.1 million blood components for patients in need.

Blood centers nationwide have seen donations decline as a lingering result of the COVID-19 pandemic. The rise of remote work ended many workplace-based drives, while school-site drives, once a major source of regular donations.

"Many people have fallen



Vitalant, which serves approximately 900 hospitals nationwide, has been at the forefront of addressing these shortages. Photo courtesy of Vitalant

out of the routine, and we need them," said Stephanie Kresse, a Vitalant account manager. Without those convenient avenues, it is up to eligible donors to make a personal commitment to their community's medical needs.

The Citrus Heights community blood drive aims to help close that gap by bringing the donation team closer to local residents. For those unable to donate on March 27, Vitalant also operates centers in Fair Oaks, Folsom, Roseville, and Sacramento with flexible hours throughout the week.

To participate in the March 27 blood drive, schedule an appointment at donors.vitalant.org using the blood drive code SMFR048, call 877-258-4825, or scan the QR code below. Appointments are encouraged to ensure a smooth donation experience, but walk-ins are welcome.

"We encourage donors to review Vitalant's guidelines to ensure they meet the health qualifications" said Mike Petterborg, a church volunteer organizing the event. "We hope to collect 30 units of blood at each drive, though we often bring in about 20."

Vitalant emphasizes that the donation process is safe, quick, and rewarding. Individuals who have received a COVID-19 vaccine or recovered from the virus may still be eligible to donate, provided they meet specific criteria.

Those unable to donate can still make an impact. Businesses and community organizations with available space can host a blood drive to help meet ongoing demand. Learn more at vitalant.org/host-a-blood-drive. Your contribution today can make a life-changing difference tomorrow. ★



Disability Awareness Month is not just about recognizing the barriers that individuals with disabilities face but also celebrating the diverse talents and abilities they bring. Photo courtesy of United Cerebral Palsy of Sacramento and Northern California

## United Cerebral Palsy of Sacramento and Northern California News Release

SACRAMENTO, CA (MPG) - March marks Disability Awareness Month, a time to celebrate the achievements, contributions and resilience of people with disabilities. It's an opportunity to raise awareness, promote understanding and work toward a more inclusive world for everyone.

Disability Awareness Month is not just about recognizing the barriers that people with disabilities face but also celebrating the diverse talents and abilities they bring to every community, workplace and society. It's a reminder to continue challenging stereotypes, breaking down barriers, and advocating for equality and accessibility.



Disability Awareness Month is an opportunity to raise awareness, promote understanding and work toward a more inclusive world for everyone. Photo courtesy of United Cerebral Palsy of Sacramento and Northern California

Although United Cerebral Palsy started by serving children with Cerebral Palsy, United Cerebral Palsy today serves all individuals with developmental disabilities.

United Cerebral Palsy is the region's leading provider of evidence-based practices that enable children and adults living with disabilities and their families to better their abilities to live a life with increased

independence, productivity and self-confidence.

With more than 54 percent of United Cerebral Palsy of Sacramento and Northern California's clients considered low- or middle-income, the organization's services are pivotal to improving their quality of life, alleviating barriers to independence and helping individuals of all ages reach their full potential. ★

# Baby with Spina Bifida Has Promising Future After Surgery

## UC Davis Health News Release

SACRAMENTO, CA (MPG) - Lindsey was 18 weeks pregnant with her fifth child when she got a life-changing phone call. Her blood work was abnormal. She and husband, Jared, went in for an ultrasound and got news that they never expected: their developing baby had spina bifida.

"They took us in a room and said things like paralysis and brain abnormalities," Lindsey said, tearfully. "It was absolutely devastating. We were mourning this life we had hoped for our baby."

Spina bifida, called myelomeningocele, occurs when spinal tissue fails to fuse properly during the early stages of pregnancy. The birth defect can lead to a range of lifelong cognitive, mobility, urinary and bowel disabilities. It affects 1,500 to 2,000 children in the U.S. every year. Spina bifida can range from mild to severe and the couple's developing baby, a boy to be named Nixon, had the most severe form.

The couple panicked.

"I am telling everybody it's going to be OK," Jared said. "But at that moment, I wasn't sure it was going to be OK."

But they were determined.

Jared began Googling. He found UC Davis Children's Hospital and learned about a landmark clinical trial at UC Davis Health, known formally as the "CuRe Trial: Cellular Therapy for In Utero Repair of Myelomeningocele." It is the world's first spina bifida treatment combining fetal surgery with stem cells.

"When we found out about it, we were super hopeful," Lindsey said. "Jared made a phone call, hoping we would be able to get into the trial."

They made an appointment and crossed their fingers.

"We met with Dr. Farmer, Dr. Hirose and the fetal care team. They answered all our questions and were super informative,"



Lindsey and Jared play outside with their baby, Nixon. Photo courtesy of UC Davis Health

Lindsey said. "They offered us the hope we were looking for. It was incredible. Truly a miracle."

Lindsey and Jared signed the papers and committed to being part of the CuRe Trial. Lindsey would be patient number six. A surgery date was set.

"The surgery had to be before 25 weeks. We got diagnosed in November, so they scheduled a surgery date for Dec. 21, 2023," Lindsey said.

In this first-of-its-kind fetal surgery for spina bifida, UC Davis surgeons apply a special stem cell patch to the spinal cord of the developing baby.

"I was willing to do the surgery to give Nixon the best chance but I had never had a major surgery in my life," Lindsey said. "When they explained it to me, I said, 'Can you explain it one more time? What exactly are you doing? How is this even scientifically possible?' It was a lot to take in."

They wheeled Lindsey back to the operating room. She said goodbye to her husband.

"Walking Lindsey into surgery, I had complete confidence in the care. I researched the CuRe Trial but I researched the doctors as well," Jared said. "I came to realize that I was among the brightest minds on the planet. You have scientists behind this. You have Dr. Farmer and Dr. Hirose who are pioneers in their field. The team is phenomenal."

Despite their confidence, Lindsey was scared, still trying to wrap her mind around what was about to happen.

"They took me to the operating room that was full of doctors and nurses and staff. It was very intimidating. But then the sweetest thing happened," Lindsey said. "Dr. Farmer, she's amazing, a brilliant mind but also compassionate and caring, came and stood at my side and held my hand as I drifted off. That is how she's been on this

whole journey for us. She's there for you and cares so much about these kids."

After the fetal repair surgery, Lindsey had weekly ultrasounds to monitor her baby's movements. She did that for four weeks until her water broke at 29 weeks. She was hospitalized for the rest of her pregnancy. She made it to 34 weeks.

"It was so much relief. We got him here. Finally," Lindsey said. "I felt like, 'I did my job, he's here.' Let the professionals take over."

Nixon, now 1 year old, loves playing catch, wrestling his brothers and especially loves being outside.

Jared and Lindsey say their son is an absolute miracle. He's doing well, taking steps with help. They're waiting for him to let go of the furniture and walk on his own.

"He is cruising around and gets where he wants to go," Lindsey

said. "Nixon is a little fighter. He's determined and I know there are great things in store for him."

Jared agrees.

"It's hard to put into words but there's something really special about Nixon," Jared said. "It's amazing, considering what he's gone through."

Nixon's favorite activities now include taking walks together and going to the park.

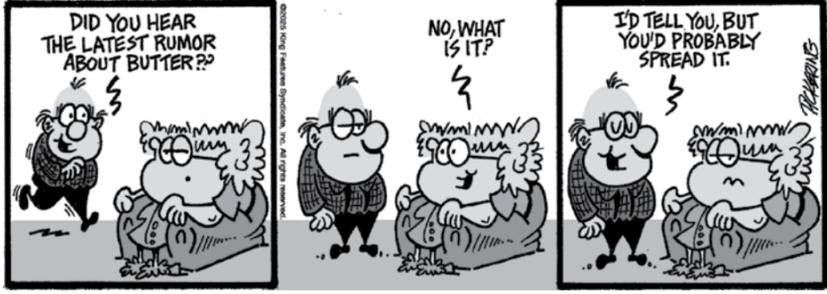
"Every milestone is a reminder. He works so hard for it. You celebrate it that much more," Jared said. "Every day, we are so grateful for modern medicine."

Nixon has follow-up appointments to gauge his progress as part of the clinical trial but does not require any other treatment. His parents are thrilled with his progress.

"We are hopeful," Jared said. "The CuRe Trial is a gamechanger. We are so grateful to have found UC Davis Children's Hospital." ★

# COMICS & PUZZLES

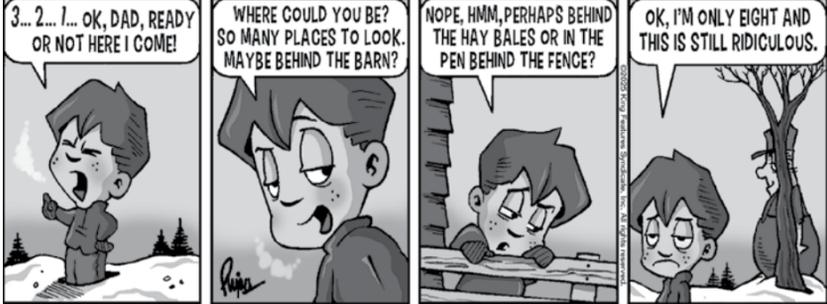
## The Spats



by Jeff Pickering



## Amber Waves



by Dave T. Phipps

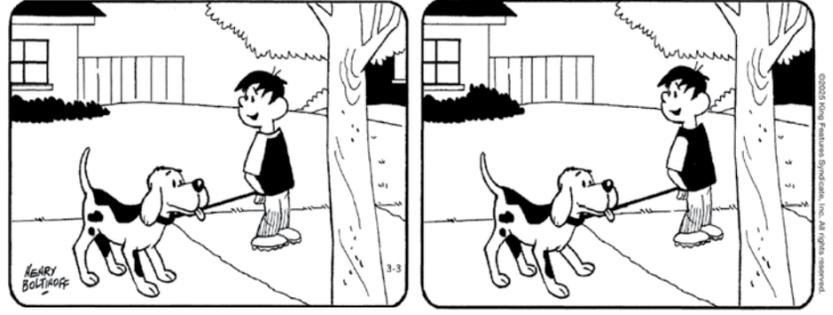


## Out on a Limb



by Gary Kopervas

## HOCUS-FOCUS



BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Differences: 1. Boy is moved. 2. Window is missing. 3. Tail is moved. 4. Window is missing. 5. Bush is different. 6. Dog's leg is moved.

## TIGER



by BUD BLAKE

## GRIN & BEAR IT



Just Like Cats & Dogs by Dave T. Phipps

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## STATEPOINT CROSSWORD • THE 1980s

- CLUES**
- ACROSS**
- \*\*Sunday Bloody Sunday\*\* author, with The
  - \*Saget of "Full House" fame
  - Last month
  - "Howdy, \_\_\_\_!"
  - Hurtful remark
  - \*Actor Hudson of Winston Zeddemore fame
  - Give the cold shoulder
  - \*Musical based on 1980s rock "Rock of \_\_\_\_"
  - \*Comedy horror "\_\_\_\_ Hell!"
  - \*Transparency, to Gorbachev
  - Slangy "Follow me!"
  - Coffee shop order
  - Pro vote
  - Heart abnormality
  - Act out Civil War battle, e.g.
  - Eisenhower, familiarly
  - Mediterranean island
  - Small island
  - \*Oscar-winning "Tootsie" actress Jessica
  - Not hers
  - Dionysus' pipe-playing companion
  - Not on land
  - Water pipe
  - Dog tags, e.g.
  - First lunar phase (2 words)
  - Higher education reward
  - Biblical mother
  - \*"What "I love Lucy" did in the '80s
  - Name of the Blue Ox
  - \*Gull-winged sports car
  - Party handout
  - Smooth berry
  - Clickable image
  - Follows orders
  - Mixed breed canine
  - \*"Air Jordan, e.g.
  - \*\*Cheers" setting
  - Byron: "Maid of Athens, \_\_\_\_ we part"
  - Dispatched
- DOWN**
- Ambulance squad, acr.
  - "Shoot!"
  - Person of French descent
  - Preserve, as in body
  - Prejudiced one
  - Falstaffian in body
  - Cr me de la cr me
  - "Do \_\_\_\_ others as..."
  - Property right
  - \_\_\_\_ Aviv
  - Bridge-like structure
  - Wedding singer, e.g.
  - \*Ceausescu's country
  - Pasta accompaniment
  - \*\*"Owner of a Lonely Heart" band
  - \*Arrigo Sacchi's Associazione Calcio \_\_\_\_
  - Tsar's edict
  - Re-establish
  - Zwieback
  - Up and about
  - \*Blinky, Pinky, Inky and \_\_\_\_

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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**MPG**

# Keanna Abraham Earns AAI Award Nomination

UC Davis Athletics  
News Release

**SACRAMENTO REGION, CA (MPG)** - UC Davis gymnastics senior Keanna Abraham has been named a 2025 American Athletic, Incorporated (AAI) Award Nominee, highlighting not just her great season but career as a record setting Aggie.

Abraham, who just as recently as Feb. 28 broke her own school record in the vault with a score of 9.950, has had a decorated career qualifying for the NCAA Regionals three times, and being named a five-time All-Mountain Pacific Sports Federation honoree. She has also been named the 2024 Mountain Pacific Sports Federation Specialist (MPSF) of the Year and won the floor routine to be crowned MPSF Floor Champion in 2024 and she owns the school record on floor (9.975) to go along with her vault record.

During that 2024 season, Abraham posted four scores of 9.925 on vault, the most in conference history and her 9.950



UC Davis gymnastics senior Keanna Abraham has been named a 2025 American Athletic, Incorporated Award Nominee. Photo courtesy of UC Davis Athletics

record setting vault tied the conference for best all time and she became just the fourth gymnast all-time in conference history to score 9.950.

Her 2025 season started off slow with the Aggie senior battling

through injuries, even missing the opening tri-meet at Sacramento State. But since then, she has gone on to post three 9.9 scores on floor, a 9.8 on beam and a pair of 9.875's on vault to go along with her record setting mark.

The American Athletic, Incorporated Award was started in 1982 and has since then become a one of the most prestigious awards in women's gymnastics, recognizing the top senior female gymnasts in

the nation for their dedication, leadership, and excellence in the sport.

The award is a coach's award, facilitated by AAI. Each year, collegiate coaches are invited to submit their nominations for the candidates they believe deserve recognition. This peer-driven process makes the award especially meaningful, as it reflects the respect and admiration of those who have witnessed these athletes' hard work and achievements firsthand.

"Every year, the AAI Award reminds us of the incredible impact these athletes have on collegiate gymnastics. It's not just about their performance, but their leadership, resilience, and the way they inspire others," said Lisa Ebersole, Senior Marketing Manager for AAI. "We're proud to be part of recognizing their hard work and dedication. This year's nominees exemplify the very best of the sport, and we are excited to see how their legacies continue to shape the future of gymnastics." ★

## LaVine Named Western Conference Player of the Week



Sacramento Kings guard Zach LaVine was named the Western Conference Player of the Week for games played between Feb 24. and March 2. Photo by Alex Slitz, NBA.com

National Basketball Association  
News Release

**SACRAMENTO REGION, CA (MPG)** - Sacramento Kings guard Zach LaVine has been named the Western Conference Player of the Week for games played between Feb 24. and March 2, the NBA announced. LaVine averaged 28.0 points (62.3% FG, 63.6% 3P), 5.7 rebounds, and 3.0 assists per game over three games, helping Sacramento achieve a 3-0 record for the week.

This marks the first time in LaVine's career that he has been awarded Player of the Week honors.

On Feb. 24 against the Charlotte Hornets, LaVine recorded a season-high 42 points on 16-of-19 shooting from the field and 8-of-9 from beyond the arc. He achieved this while posting a true shooting percentage of 103.3%, making him the first player in NBA history to record multiple 40+ point games with 100% or better true shooting efficiency.

This performance marked his highest scoring game since his career-high 51 points on Oct. 23, 2023, at Detroit.

LaVine followed that performance with a 22-point game on 9-of-18 shooting from the field and 4-of-8 from 3-point range, while pulling in eight rebounds in a 17-point win at Utah on Feb 26. He completed the week with 20 points, six

rebounds, four assists and two steals in a double-digit victory on the road against the Houston Rockets on March 1. In that game, LaVine tallied his 24th game of the season with 20 or more points on 50% shooting from the floor with at least 15 field goal attempts, the sixth-most in the NBA. That outing marked his third consecutive game shooting 50% or better from the field.

LaVine finished the week tied for seventh in points per game and tied for sixth in total 3-pointers made (14). He was also the only player to average 25.0+ PPG while shooting 60.0% or better from both the field and from 3-point range. Additionally, he was one of seven players to score 40+ points in a game over this past week, tied for the fifth-highest single-game point total. His eight 3-pointers against Charlotte were tied for the second-most in a game during the week.

This season, LaVine is averaging 23.7 points (50.7% FG, 43.2% 3P), 4.7 rebounds, and 4.4 assists per game over 52 games (52 starts). He holds a 63.3% true shooting percentage and is 23rd in the NBA in scoring while ranking sixth in the league for 3-point shooting percentage. He is one of just three players this season to average at least 23.0 points per game while shooting 50.0% from the field, 40.0% from 3-point range, and 60.0% true shooting percentage. ★

## Hornets Elevate Soccer Coach



Sacramento State women's soccer coach Chris Malenab was elevated to the position of Associate Head Coach on March 4. Photo courtesy of Sacramento State Athletics

Sacramento State University  
News Release

**SACRAMENTO REGION, CA (MPG)** - Having wrapped up his second season on the sidelines with the Sacramento State women's soccer program, Chris Malenab will enter his third year with the Hornet program with a new title, elevated to the position of Associate Head Coach it was announced on March 4.

"Chris has been a tremendous asset to our program since joining us in 2023," Head Coach Randy Dedini said. "He is a great coach, recruiter and human being. Over the past two years Chris and I have developed excellent chemistry, trust, and respect for one another. I'm excited to elevate Chris to Associate Head Coach and looking forward to a successful future together."

Malenab joined Sacramento State right before the start of the 2023 campaign and began to lay the foundation for a run that culminated in the program's first Big Sky Conference Tournament championship and berth in the NCAA Tournament in nearly 15 years in 2024.

"I am excited to have the responsibility to continue to contribute to the growth and success of the program," Malenab said. "The last two seasons have been amazing and I have had the chance to serve the student-athletes who have helped elevate me to this position. Working with Randy, DD, Leo, and Connor on a daily basis has allowed me to grow and become a better coach and leader each and every day."

A 2004 Sacramento State graduate who earned his degree in sociology, Malenab has

helped mentor eight Hornets to All-Big Sky honors in his two seasons on the sidelines, including two-time first-team selection Abigail Lopez, who finished her career among the top 10 in school history in goals scored, points, and shot attempts.

Malenab brought with him a wealth of experience from the professional ranks upon joining the Sacramento State staff, spending time with Sacramento Republic FC (2014-17), Reno 1868 FC (2018-20), and Oakland Roots FC (2021) of the United Soccer League. His time with those three clubs resulted in a 2014 USL Championship, a 2016 Western Conference regular season title, 12 combined play-off berths, a pair of conference semifinal appearances, and a 2020 Supporters Shield.

He has also lent his talents as a coach and technical director with the California Storm of the USL W-League and Women's Premier Soccer League, as well as serving on the coaching staff with the Grenada Men's National Team and both the men's and women's national teams of Guam.

Starting his coaching career with various club and high school programs in the greater Sacramento area, Malenab's collegiate experience includes stops as an assistant at Cosumnes River College (2004), Stanislaus State (2009-11), and San Joaquin Delta College (2012-14), as well as a season with the Sacramento Knights FC of the National Premier Soccer League, helping the club qualify for the U.S. Open Cup.

He currently holds an A-Senior license from the U.S. Soccer Federation and a United Soccer Coaches Director of Coaching Diploma among others. ★

# Sac Republic Games to be Televised this Season

By Grace Ogata-Beutler,  
Sacramento Republic Football Club

**SACRAMENTO REGION, CA (MPG)** - Ahead of opening weekend, the United Soccer League announced the 2025 national television broadcast schedule. Twelve Sacramento Republic Football Club (FC) matches are on the docket, including 10 home contests.

Sacramento Republic FC will be featured on CBS Sports Network three times this season, beginning with a NorCal derby against Oakland Roots SC on Sunday, May 4. The match, which was originally scheduled for May 3, will now kick off at 4 p.m. and will be the first time the rivals face off at the Oakland Coliseum.

Full schedule of Republic FC matches to



Here is an architectural rendering of the new Sacramento Republic Football Club stadium proposed to be built at the Sacramento railyards. Photo courtesy of Manica Architecture

be featured CBS Sports Network include, Sunday, May 4 at Oakland Roots SC, Wednesday, Oct. 1 vs. Orange County SC and Sunday, Oct. 5 vs. Charleston Battery.

On March 22, the Indomitable Club will play its first of eight nationally-streamed matches on CBS Sports Golazo Network, when it hosts defending champion

Colorado Springs Switchbacks FC at Heart Health Park.

Other marquee streaming matches include regional rivalries against Oakland Roots and Monterey Bay FC, as well as both legs of the season series with league debutant Lexington SC. The free streaming channel is available via CBSSports.com

and the CBS Sports app on mobile devices and smart televisions and is also offered for Paramount+ subscribers.

Last season, the United Soccer League announced a landmark multi-year broadcasting rights agreement with CBS Sports, making USL the most widely-available soccer league in the United States. Additional national broadcasts on CBS, CBS Sports Network, and ESPN will be announced throughout the season.

All of Republic FC's 34 regular season matches will be available through the club's local broadcast partnership with FOX40. With both English and Spanish coverage, the contests will be shown on Antenna TV 40.2 and streaming on FOX40.com and through the FOX40 News mobile app, with select matches on FOX40. ★