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Serving Rio Linda, Elverta and Sacramento County

MARCH 14, **2025** 

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## Lady Knights Fight Valiantly in State Tourney



Sophomore Savannah Grant fights for the tipoff against Marysville High in a second-round state championship matchup on

Story and photos by Daniel Canfield

RIO LINDA, CA (MPG) - The Rio Linda High School girls' basketball team had a great run in the 2025 California Interscholastic Federation (CIF) State Girls' Basketball Championships.

Rio Linda High School Principal Deidre Barlow shared her thoughts on the exciting Lady Knights basketball season.

"Our girls have continued to work ard and excel as a team. The student body and school staff really got behind the team and supported them. They really opened the door to bringing back the school spirit," Barlow said.

Coming into the playoffs as the No. 3 seed in Division IV, the Lady Knights proceeded to win games against tough competition in Rounds I and II which propelled Rio Linda into the regional semifinals at No. 2 seed Half Moon Bay High on March 8. The Lady Knights' march ended there in Half Moon Bay, losing by a final score of 58-40.

The State Championships campaign was the culmination of an outstanding season for the Lady Knights, which ended the season with an overall record of 29 wins against five losses. In league-play, Rio Linda was undefeated, 14-0, and the Golden Empire League Champs.

After a disappointing departure from the Section Championships, losing at Colfax, 45-22 on Feb. 25, the Lady Knights entered the Northern

Continued on page 2

### **Preschoolers Get VIP Tour**

Ninth Annual VIP Tour and Financial Education Event at SAFE Branch

Safe Credit Union News Release

SACRAMENTO REGION, CA (MPG) -Preschoolers from Antelope, Citrus Heights, Fair Oaks, Rio Linda and Roseville received a special behindthe-scenes visit at SAFE Credit Union's Antelope branch.

The ninth annual VIP tour and financial education event brought Antelope's Play With Me Preschool children and their families to the branch.

Preschoolers learned the basics about money, toured the vault, and interacted one-on-one with a branch teller to sign the withdrawal keypad to receive a \$1 bill. They used the cash toward buying a treat at nearby Yogurt Time.

"It was truly heartwarming to welcome the kids and their parents and to see the excitement on the kids' faces as they built up their financial awareness through the tour and the hands-on withdrawal experience," SAFE Credit Union Antelope Branch Manager Avi Naidu said. SAFE Credit Union, a not-for-

profit financial institution, shares in the credit union cooperative principle of sharing profits within communities through financial education.

"Parker's favorite part of the field trip was signing his name on the electronic pad," said mother Connie Broome of Citrus Heights. "He enjoyed being able to act like a grown-up at the teller stand."

Parent and Antelope resident



the-scenes visit at SAFE Credit Union's Antelope branch. Photo courtesy of Safe Credit Union

Jennifer Martindale said it was her daughter Riley's first trip to a bank and that she especially "liked getting

"I like all of the money," said Riley, 4. "I liked seeing the bank safe

the most." Martindale said that Riley's full experience culminated with Riley using her dollar toward buying a and crumbled Oreos.

"I think she listened and learned more about money than ever before," Martindale said. "Having to put your money into the safe and going to ally) goes."

the bank in order to pull it out, she learned about where money (actu-SAFE Credit Union's Vice-President Retail Branches Janine

Continued on page 3

### 2025 Citizens **Academy** Accepting **Applications**



Sacramento County District Attorney's Office News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County District Attorney's Office is now accepting applications for its 2025 Citizen's Academy. This unique 10-week program offers an opportunity to learn about the criminal justice system and engage with local law enforcement agencies, all at no cost to participants.

Running from April 1 to June 10, the academy will be held from 6 to 8 p.m. Tuesdays at the Jan Scully Conference Room, located at 906 G St., Sacramento. Participants will gain insight into a range of topics, including the anatomy of a criminal case, specialized prosecution areas, CSI and crime lab analysis, use of force, and community-focused public safety initiatives. Additionally, there will be an exciting field trip to the District Attorney's Crime Lab and the Sacramento Police Department's 911 Communications Center.

Program graduates have praised it as an invaluable educational experience. Sylvia Franklin, a past participant, shared, "It's a wonderful program, we found out about it through Nextdoor. It helps educate you and get you involved. It bridges the gap between the community and law enforcement."

Zabrina Torres, a college student, added, "I really enjoyed this program. It gave me a better understanding of the District Attorney, the Defense Attorney and law enforcement."

The academy is a collaborative effort between the Sacramento County District Attorney's Office, Sacramento Police Department, Sacramento County Sheriff's Office and Sacramento County Probation Department. The program aims to engage citizens from all backgrounds in discussions about public safety and criminal justice issues. The application dead-

line is March 21. For more information and to apply, visit sacda.org/ in-the-community/citizens-academy/. Don't miss

out on this opportunity to deepen your understanding of local law enforcement and the criminal justice

vanilla yogurt with gummy worms

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### Lady Knights Fight Valiantly in State Tourney

Continued from page 1

Region State Championships as the No. 3 seed, hosting Fortuna at Rio Linda High on March 4 in the first-round matchup. Rio Linda came out on top with a 47-38 victory.

Next up for the Lady Knights was a second-round game against Marysville High at Rio Linda High on March 6. It was anticipated to be a close contest as the Lady Knights came into the game averaging 56 points per game and Marysville High was averaging 57. The matchup did not disappoint as Rio Linda came out victorious in an extremely close game, winning by a final score of 34-33.

The game against Marysville was a low scoring affair with the first two quarters seeing several missed shots and some hard play on the boards. The second quarter ended with a series of missed shots at both ends, culminating with Marysville holding a slight halftime lead at 17-15.

The third quarter saw 3-point shots starting to fly and hard fouls going both ways. The tough third-quarter defense from Rio Linda resulted in a rare shot clock violation on Marysville and assisted the Lady Knights in



From left, sophomore Savannah Grant, junior LaRay Mitchell and senior Joy Talilefiti take the floor for Rio Linda against Marysville on March 6.

moving into the lead with 23-21 at the end of the third quarter, setting up a dramatic end.

The fourth quarter saw scoring heat up on both ends of the court and some thrilling shots

that brough the fans to their feet with six minutes remaining to be played. Back-to-back three pointers made by Marysville junior Abigail Pietz put Marysville up 29-28.

The Lady Knights fought back to take a 34-31 lead with 18 seconds remaining. Two missed shots by Marysville ended with the ball being turned over to Rio Linda still holding onto a slight

3-point lead. The Lady Knights turned the ball right back over to Marysville on the inbounds pass which led to a successful 2-point shot from Marysville cutting Rio Linda's lead to 34-33 with a fraction of second remaining on the

Once again, the Lady Knights had a turnover on the inbound pass attempt but Marysville was not able to connect on a buzzer-beating shot attempt, preserving the win for Rio Linda.

The win against Marysville landed the Lady Knights in the Regional Semifinals against Half Moon Bay on March 8 at Half Moon Bay. Unfortunately, Rio Linda's playoff hopes ended there in a 58-40 defeat.

"Our coach getting his 400th victory is an amazing accomplishment," said Barlow. "The best part about it is that all five of our starters will be returning next year. We haven't seen this level of excitement since the football team won the State Football Championship in 2018. We have to continue to build on that, the school spirit aspect of it."

Although the season has ended for the Lady Knights, the team members can hold their heads high after an epic season.



Interscholastic Federation (CIF) State Girls' Basketball Championships



Junior Mariah Walton prepares to receive the inbounds pass for the Lady Knights against Marysville on March 6.

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## Capital Stage Apprentice Program Accepting Applications



Capital Stage Apprentice Company participants will experience everything from casting, rehearsals and directing to technical production, design and marketing. Photo courtesy of Capital Stage



Capital Stage is seeking passionate, self-motivated candidates who are eager to learn and contribute to the company's diverse productions. Photo courtesy of Capital Stage

Capital Stage News Release

SACRAMENTO REGION, CA (MPG) - Capital Stage, Sacramento's innovative and professional nonprofit theatre company, is accepting applications for its 2025/26 Apprentice Company. This program offers

aspiring theatre artists a valuable opportunity to gain hands-on experience in the professional theatre world while learning from industry experts.

The Apprentice Program at Capital Stage is designed to bridge the gap between academic theatre and the professional world, offering

practical training and sure to all aspects of theatre production and administration.

Apprentices will be fully immersed in the production process, taking part in everything from casting, rehearsals and directing to technical production, design and marketing. Opportunities also include assisting with dramaturgy, stage management, props and costume building, public relations, and more. Apprentices will also participate in the production of the annual Apprentice Showcase, a public presentation that highlights the skills and creativity developed throughout the program.

The program runs for a minimum of six months, with a 12-month commitment preferred. Apprentices will receive a weekly stipend of \$250 to \$350, although

> housing is not provided. The schedule is flexible, accommodating apprentices' availability, and will include a mix of daytimes, nights and weekends. While Capital Stage cannot guarantee a job offer after

> > the apprenticeship completion, this experience provides a strong foundation for those pursuing a career in theatre.

> > > Capital Stage is seeking passionate, self-motivated candidates who are eager

to learn and contribute to the company's diverse productions. Ideal applicants should be dedicated, able to work in a fast-paced environment and have the ability to collaborate with a wide range of personalities.

The deadline to apply is May 31. Interested candidates should submit their application materials to Logan Germano Heller, education manager, at lheller@ capstage.org. Interviews will be scheduled for select applicants. For more information, visit capstage.org or email Logan Germano Heller.



The Apprentice Company program runs for a minimum of six months, with a 12-month **commitment preferred.** Photo courtesy of Capital Stage



The Apprentice Program at Capital Stage is designed to bridge the gap between academic theatre and the professional world. Photo courtesy of Capital Stage

### **Preschoolers Get VIP Tour**

Continued from page 1

Southwick said the branch and retail staff created a supporting and welcoming environment for families.

"We feel so fortunate to have been able to welcome our smallest of members in the community into our Antelope branch for their first in-person lesson in banking," Southwick said. "I'm so proud of our branch and retail teams for creating such a fun-filled and educational environment for these preschoolers."

SAFE's financial education team members introduced students to how money works and gave them each a Mr. SAFE piggy bank.

SAFE Credit Union community relationship specialist Miriam Dougherty explained to the preschoolers how saving money in their new piggy banks



SAFE Credit Union's Training Branch Assistant Manager Janet Steele interacts with a preschooler from Play With Me Preschool. Photo courtesy of Safe Credit Union

will help them buy items later. She offered parents advice on how to talk with their children

about money. 'One significant mistake is not talking with your kids about

may be in a negative way," said Dougherty, a certified financial educator. "It's OK to be honest about money but at the same time it's best to do it in a healthy way that can start with explaining to money at all, or if you do, it children the difference between



Preschooler Olivia Cid, 4, of Antelope raises her hand alongside Ava Bower, 4, during an introduction about money by SAFE's certified financial educators. Photo courtesy of Safe Credit Union

Preschoolers Sevak Bal, 3, of Antelope, and Nora Elmer, 4, of Fair Oaks, gather before their field trip at the SAFE Antelope branch with their teacher and Play With Me Preschool owner Becky Weaver. The preschool has visited the branch each February for nine years. Photo courtesy of Safe Credit Union

wants versus needs."

Along with facilitating special educational events, SAFE's financial education team regularly conducts Budget Cents programs for teens at area high schools and at juvenile

detention centers through a partnership with Sacramento County Department Education. Each financial literacy lesson starts by giving students mock budgets and incomes to learn how to



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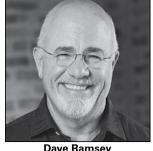
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**Dave Ramsey** 

Dear Dave,

We've been following your plan, and it's been a real blessing to us. Last week, my mother-in-law told my wife they haven't paid their property taxes. They owe \$5,000, which was originally due in January, but she didn't say why they hadn't paid the bill. I love my in-laws. They're good people, but they're big spenders—and in my mind—a little irresponsible with their money sometimes. We make a good living, and we could help them out. But my wife and I have talked, and we're both afraid this situation may be just the tip of the iceberg. Can you give me some advice?

– Bill

Dear Bill,

My best advice is this. First of all, you shouldn't do anything. This is a really touchy situation. You and your wife definitely need to be on the same page about how you want

### **Dave Ramsey Says**

#### Help, Don't Enable

to handle things. But your wife should be the one to address this, because she's their child. The last thing you need is to be labeled as the nosev or stingy son-in-law.

Believe me, I understand and respect your position. And I agree with the notion you two don't want to enable any bad habits. But this is family we're talking about. You and your wife should try to find a way to help them if they really need help. If that includes some kind of guidance or counsel, that's fine. If it means giving money, make certain you know exactly where it's going, and why it became an issue in the first place. I mean, when you give someone \$5,000 to help with a problem, you automatically earn the right to have a say in exactly how the money's going to be used.

Maybe your wife could go over to their house for a visit and just talk about things. In the process, she might learn some details on the situation that would help you guys make a better, more informed decision on moving forward. Chances are her mom and dad didn't raise her to have dessert first, then eat her vegetables. But in a sense, it sounds like that might be what they're doing.

Long story, short? They need to pay their property taxes now. It sounds like they've got the money to take care of what needs to be done and have some fun. But if they don't, some kind of course correction needs to happen. And I mean soon! Otherwise, they're liable to see their financial dignity slip away.

- Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsev Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

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I'm not enough

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I can't keep going

I will carry you

I'm not strong enough

I am

I'm too tired

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I can't forgive myself

I forgive you

I hate myself

I love you

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## **Community Grants to Area Non-Profits**

Dignity Health News Release

SACRAMENTO, CA (MPG) - Dignity Health announced on Feb. 27 that it has awarded \$1,017,000 in grants to nonprofit organizations across the Greater Sacramento Region. The grants, part of the CommonSpirit Health Community Health Improvement Grants program, are dedicated to improving the health and well-being of vulnerable and underserved populations.

"Dignity Health is committed to improving the health of our community beyond our hospital and clinic walls," said Dr. Tina Johnson, Dignity Health Sacramento Market President. "These grants are a reflection of our work toward a healthier future for all, and support the great work being done by our community nonprofits to bring critical programs and services into the Sacramento Region. It is helping ensure individuals and families are able to access the services they need."

The grant program helps to improve community health and health equity, and enhance local service systems, via restricted charitable contributions for defined projects. Collaborating 501(c)3 non-profit organizations applied to receive grant funds to address significant issues identified in the hospital's/hospitals' community health needs assessment/s. These can include improving behavioral health, homelessness, substance abuse services, food insecurity, basic needs such as housing, jobs and food, and more.

The following organizations received grants to support program activities between March 2025 and February 2026:

The ACC Telephone Reassurance & Companionship Services program meets a growing demand to reduce isolation, promotes physical activity, improves access to health and social services, and increases social interactions in the older Asian American/Pacific Islander adult community. ACC will recruit and train volunteers for this project and two existing programs for vulnerable seniors: Senior Escort and Friendly Visitor. These three programs will provide companionship and socialization for seniors of diverse ability-levels. Trained volunteers are used to interact with community members to improve health literacy and reduce anxiety and depression in family caregivers.

The lead organization for the program is the Asian Community Center of Sacramento Valley Inc., dba ACC Senior Services. Collaborators include Meals on Wheels, Society for the Blind, Agency on Aging Area 4 and Resources for Independent Living. The grant award is for \$78,500.

The Bridging House for Women

and Children Experiencing Homelessness Due to Domestic Violence, Sexual Assault, and Human Trafficking organization will also be receiving a grant to support program activities. **Bridging Initiatives International** will assist families and individuals experiencing homelessness due to domestic violence, sexual assault, and human trafficking. They plan to support them with shelter for a 3-6 month period, while facilitating their transition to rental assistance through the BII housing program. Additional services include motel voucher services. and referrals to the continuum of care network. The lead organization is Bridging Initiatives International (BII) and their collaborators are Sacramento Steps Forward, Carmichael HART and Mercy Holistic Ministry. The total grant award is \$100,000.

The Foster Youth Success program partners with Interns to Pros and Hearts & Hands Counseling to provide comprehensive support to former foster youth, focusing on college success, career readiness, emotional well-being, and life skills. This initiative strives to guide successful transitions from college to impactful lives. Mentorship, counseling, career pathways, and workshops, aiming to enhance personal and professional success are offered to the students. An incentivized schol-

arship process covering housing,



Dignity Health announced on Feb. 27 that it has awarded \$1,017,000 in grants to nonprofit organizations across the Greater Sacramento Region. Photo Courtesy by Dignity Health

tuition, and food eliminates the basic need barriers for foster youth students to succeed in college. The organization leading the effort is Fostering Success & Significance along with their collaborators that include Interns 2 Pros (I2P) and Hearts & Hands Counseling. The grant award is \$43,000.

Cut to the Chase is a program for Black men and women to meet up to discuss the daily challenges and issues they face to improve their mental health in Del Paso Heights and Oak Park. To eliminate the stigma around seeking mental-emotional support in the Black community, , this program 1 provides therapy in spaces in the barbershops and beauty salons that Black men and women already comfortably frequent throughout our community. This program is expanding with partnering organizations to include Medical Moments: a segment in each group therapy session to include health education. The lead organization is Greater Sacramento Urban League and their collaborators are Capitol City Black Nurses Association and Heart of the Matter Counseling. The total grant award is \$100,000.

The Young Adults Lift and Youth Activities Programs will provide basic needs, transition support and positive development for vulnerable and at-risk youth/young adults. Targeted youth from economically disadvantaged communities will be provided opportunities to participate in youth sports, camps, and STEM programs for positive development. etc., and Young adults transitioning back into the community from the Sacramento County Probation's Youth Detention Facility will be assisted with immediate needs and insecurities, including provision of monthly groceries and clothing, while offering a structured curriculum of financial literacy workshops, goal development, and career planning. The organization leading this program is HERB Nonprofit along with their collaborators that include the Sacramento County Probation's Youth Detention Juvenile Justice Chaplaincy, Turning Point Community Programs (TPCP) and Safe Credit Union. The grant

award is \$100,000. The Folsom Lake College MESA Program at Folsom Lake College will offer a robust Mathematics Engineering Science Achievement (MESA) program. MESA is dedicated to supporting women, low-income individuals, and people of color by providing tailored academic resources, mentorship, and opportunities to excel in STEM fields with a focus on diversifying the Allied Health Field. By providing comprehensive academic support, professional development opportunities, and a nurturing community, they aim to empower students to achieve their full potential. The lead organization is Los Rios Colleges Foundation and their collaborators that include CSU Sacramento/Black Honors College, El Dorado County Office of Education and Folsom Cordova Unified School District. Total

grant award is \$100,000.

The Mercy Holistic Showers for the Homeless project provides mobile on-site showers to the homeless population in different locations throughout Sacramento. The program also addresses the

health, and well-being of the unhoused by providing hygiene kits, haircuts, clean undergarments, food, jobs, counseling, and housing voucher leads. The lead organization is Mercy Holistic Ministries, and their collaborators are Town and Country Lutheran Church, Mt. Calvary Baptist Church, Faith Presbyterian Church and Harvest Missionary Church. The grant award is \$75,000.

The North Sacramento HART project involves a weekly respite, warm breakfast ,clothing giveaway, personal hygiene bags, and To Go lunches. North Sacramento HART has also partnered with Sacramento County Department of Health to provide free vaccinations for the unhoused. The project will allow expansion to longer hours and additional dates of operation as well as, providing more resources to gain access to human needs and care.

The lead Organization is North Sacramento HART and their collaborators are Mount Calvary Missionary Baptist Church and Sacramento Alumnae Chapter of Delta Sigma Theta Sorority, Inc. The grant award is \$20,000.

The Skate Nights Youth Development Program is a collaboration between Project Lifelong, the San Juan Unified School District, and Sierra Club's Inspiring Connections Outdoors, to address social isolation among youth. The Skate Nights program is a pop-up skateboarding park created on middle school campuses to integrate Social Emotional Learning (SEL) to develop life skills and foster a sense of belonging. This program positively impacts the mental and physical health of students by utilizing a Youth Advocate and LCSW within San Juan Unified School District to connect with participants in cases where mental health services may be needed. The lead organization is Project Lifelong, and their collaborators include Sacramento Inspiring Connections Outdoors and Edison Language Institute – SJUSD. The grant award is \$33,902.

The Safer Alternatives through Networking & Education project will address the need for two services among people experiencing homelessness and substance use disorder in Sacramento County: wound-care and education for soft tissue infections from IV injection, and access to medications for opiate use disorder. The project will provide wound care clinics and distribute wound care kits to unhoused persons through targeted outreach. Collaborating organizations will participate in training/sharing sessions, develop new health education materials to distribute to participants. Three medical providers from Sacramento Street Medicine will be trained to treat patients with limited access to health care and drug treatment with medications for opioid use disorder (MOUD).

The organization leading the project is Safer Alternatives through Networking & Education (SANE) along with collaborators Sacramento Street Medicine and Joan Viteri Memorial Clinic. The grant award is \$100,000.

Basic Needs, Family Services,

and Behavioral Health/SUD Services, for Unhoused Women & Children is a project will address the basic needs of unhoused women and children in the Greater Sacramento area and improve social determinants of health by

assisting them in developing the

necessary skills to obtain stable housing, economic security, and overall well-being. For up to 12 months each, this project will provide unhoused women and children with housing, meals, childcare, employment training, psycho/social education, transportation, housing navigation, and family services. Family services encompass children's case management, and ensuring children receive assessments and treatment/referrals for appropriate intervention. Adult clients will receive mental health and substance use treatment services.

The lead organization is Saint John's Program for Real Change with their collaborators that include Highland Community Charter and Technical Schools, and UC Davis Health REACH Families Project. The grant award is \$50,098.

Adjustment to Blindness Mental Health Project provides individual and group counseling for clients who are blind or have low vision to help them adjust to this life-altering experience. Low vision has led to isolation, depression and dependence on alcohol and drugs. Older adults with cognitive problems have experienced medical emergencies. Counseling can provide resources that address their mental health issues and increase their ability to once again thrive. This project will provide a safe, supportive space to grieve their vision loss and rebuild their mental health and self-confidence. Counseling services are offered remotely and in-person in multiple languages. The lead organization is Society for the Blind, and their collaborators are H.O.P.E. Counseling and WEAVE. The grant award is \$80,000.

The Ukrainian American House project will address critical gaps in health access and mental health services for low-income, non-English speaking Slavic immigrants and Ukrainian refugees in Sacramento County. It will provide culturally competent mental health support, health services, education resources, and referrals to licensed counselors. The project will assist with navigating the complicated healthcare system and assist with Medi-Cal enrollment, Cal-Fresh and Cal-Works for active clients. Through these efforts, the project seeks to enhance the well-being and integration for immigrants and refugees.

The lead organization is Ukrainian American House, and their Collaborators are Parasolka and Community Connection Center. The grant award is \$50,000.

The Wind Youth Services Community Health Partnership aims to enhance access to supportive services for highly vulnerable homeless youth, aged 12-24, in Sacramento County. Along with One Community Health and Juma Ventures, the project seeks to increase youth awareness and access to essential services and distribute information to transitional-age youth. This includes connections to housing and homelessness services, medical care, and employment support.

The lead organization is Wind

and employment support.

The lead organization is Wind Youth Services and collaborators include One Community Health and Juma Ventures. The grant

and Juma Ventures. The grant award is \$86,500.

In Yolo County, \$123,500 in community grants have been awarded to three community

projects:

The Resilient Futures Fund aims to remove financial barriers to success by partnering with agencies who represent and/or provide services to justice impacted clients. This project will provide support to unique justice-involved individuals by removing barriers such as housing, transportation, food, clothing, hygiene, basic necessities and medical supplies. The lead organization is Yolo County Public Defender CARES and their collaborators are Yolo County Public Defender's Office, Yolo County Probation and Yolo County Health & Human Services Agency -Forensic Team. The grant award

is \$25,866. The Employment Support for Parents (ESP) Program at Yolo Crisis Nursery offers comprehensive assistance to help low-income parents secure employment. Through this program, parents receive support by working directly with a dedicated case manager to receive one-on-one case management, assistance with job applications, and housing navigation. This initiative also includes free childcare during job interviews and related activities. It will also cover costs as needed for interview transportation and appropriate work attire. Collaborators will also provide client referrals, host weekly office hours/drop-in sessions, and other specialized training, ensuring a holistic approach to support clients' employment and stability goals. The lead organization is Yolo Crisis Nursery Inc. and collaborators include RISE and YoloWorks. The grant award

is \$37,634. Yolo Food Bank with Yolo County Children's Alliance (YCCA) and Rural Innovations in Social Economics (RISE) in partnership aims to provide free culturally appropriate food boxes monthly to Yolo County families in need. In direct response to data that almost forty percent of households with children are experiencing food insecurity YFB will provide a combination of fresh produce and shelf stable goods to families with young children ages 0-5 that are food insecure. A Nutrition Intern will be hired to provide families with supplemental bilingual nutrition education materials such as menu plans and recipe cards. The Nutrition Intern will also participate in home visits and will lead nutrition education workshops.

The lead organization is Yolo Food Bank (YFB) and their collaborators are Yolo County Children's Alliance (YCCA) and Rural Innovations in Social Economics. The grant award is \$60,000.

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3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00940 Chands Trans Inc, 3200 Truxel Road, Apt 266, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "CTI" 3200 Truxel Road, Apt 266, Sacramento, CA 95833, Filed with the Clerk of Sacramento County February 10, 2025 Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00896 Todd Stakes, Lane, Suite Wayside Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "California Glass" 4090 Wayside Lane, Suite C, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 7, 2025

Publish: Feb 21, 28, March 7, 14, 2025 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00791 Alexev Panasenko, 5010 Apt Marconi Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Fix-it Alex!" 5010 Marconi Avenue, Apt 81, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 5, 2025 Publish: Feb 21, 28, March 7, 14, 2025 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00891 Felipe Sanchez 2820 Albatross Way, Sacramento, CA 95815 is doing business under the Business Name(s) Fictitious "FLP Heating & Airconditioning" **Albatross** Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 7, 2025 Publish: Feb 21, 28, March 7, 14, 2025 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00866 Transport Plus MKD. LLC W El Camino Avenue, #642, Sacramento, CA 95833 doing business under the Fictitious Business Name(s) "Transport Plus MKD" 5320 Finsbury Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County February 6,2025 Publish: Feb 21, 28, March 7, 14, 2025

MKD 3-14-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00631 Alexandre Frolov, 867 Woodside Lane E. Unit 5. Sacramento. CA 95825 is doing business under the Fictitious Business 867 Woodside Lane E, Unit 5, Sacramento, CA 95825. Filed with the Clerk of Sacramento County January 31, 2025 Publish: Feb 21, 28, March 7, 14, 2025

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00784

Brandon Lindsay, 3441 Data Drive, #559, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Outlaw Meats" 3441 Data Drive, #559, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 5, 2025 Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00249 Mount Olives Group of Companies LLC, 2981 Fulton Avenue, Suite A. Sacramento. CA 95821 is doing business under the Fictitious Business Name(s) "Mount Olives Group of Companies" 2981 Fulton Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January Publish: Feb 21, 28, March 7, 14, 2025 OLIVES

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00634 Iuliia Ardelian, 4921 Travertine Circle, Sacramento, CA 95841

is doing business under the

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Avenue, #8, Room 2, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 31, Publish: Feb 21, 28, March 7, 14, 2025

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00913 Richard KwangJae Oh, 1021 Sibley Street, Apt B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Master Sushi" 194 Blue Ravine Road, Suite 100, Folsom, CA 95630. Filed with the Clerk of Sacramento County February Publish: Feb 21, 28, March 7, 14, 2025

SUSHI 3-14-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00810 Arbite, LLC, 3317 El Valle Way Antelope, CA 95843 is doing business under the Fictitious Name(s) 3317 El Valle Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County February 5, 2025 Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00758 Vladislav Solovey, 1548 Barttlet Lane, Apt 21101, Sacramento, CA 95815 is doing business under the Fictitious Business "Protech-Mobile Name(s) Locksmith" 1548 Barttlet Lane, Apt 21101, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 4, Publish: Feb 21, 28, March 7, 14, 2025 PROTECH 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00767 Ahmad Usufy, 2496 Pheasant Hollow Drive, West Sacramento, CA 95691 is doing business under the Fictitious Business Name(s) "Halal King" 2496 Pheasant Hollow Drive, West Sacramento, CA 95691, Filed with the Clerk of Sacramento County February 4, 2025 Publish: Feb 21, 28, March 7, 14, 2025 HALAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00107 Bodyluxe Glow Bar LLC 4343 Marconi Avenue, Suite Sacramento, CA 95821 doing business under the Business "Élevé Medspa & Aesthetics" 4343 Marconi Avenue, Suite 3, Sacramento, CA 95821. Filed with the Clerk of Sacramento County January 7, 2025 Publish: Feb 21, 28, March 7, 14, 2025 3-14-25

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00770 United Studio LLC, 122 Via Milagro, Monterey, CA 93940 is doing business under the Fictitious Business Name(s) "United Studios" 122 Via Del Milagro, Monterey, CA 93940. Filed with the Clerk of Sacramento County February 4,

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STATEMENT FBNF2025-00898 Truck Affordable Rental LLC, 3331 Fruitridge Road, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Affordable Truck Rental" 3331 Fruitridge Sacramento, 95820. Filed with the Clerk of Sacramento County February 7, Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00443 Assurgent Medical Billing LLC, 5230 Sky Solutions, Parkway, Sacramento, CÁ 95823 is doing business under Sacramento, the Fictitious Business Name(s) "Assurgent Consulting Group" 5230 Sky Parkway, Sacramento, CA 95823. Filed with the Clerk of Sacramento County January 22, Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00822 Equitable Talent Strategies, Inc., 951 El Dorado Way, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Rooted Fitness/Rooted Personal Business Solutions" 951 El Dorado Way, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 5, Publish: Feb 21, 28, March 7, 14, 2025

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00762 Jeffrey D. Aston, 9608 Kiefer Boulevard, Suite 6, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Trustee Estate Services" 9608 Kiefer Boulevard. Sacramento, CA Suite 95827. Filed with the Clerk of Sacramento County February 4, Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00628 Aziz & sons Inc., 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Xpress Auto Care" 6416 Franklin Boulevard, Suite A, Sacramento, CA 95823. Filed with the Clerk of Sacramento

County January 30, 2025 Publish: Feb 21, 28, March 7, 14, 2025 XPRESS 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00901 Barry James Larson Jr., 408 V Street, Sacramento, CA 95818 is doing business under the Business Name(s) 'Jazcat Mobile Entertainment' 408 V Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County February 7, 2025

Publish: Feb 21, 28, March 7, 14, 2025 JAZCAT

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00990 She Bringz Fashion by Marisaa Avenue, #B, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "E'Lan Noir" Senate Avenue, #B, 3936 North Highlands, CA 95660. Filed with the Clerk of Sacramento County February 13, 2025 Publish: Feb 21, 28, March 7, 14, 2025 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2024-09655 Sun City Towing and Auto Care LLC, 3408 Hunter Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Local Tow 3408 Hunter Lane. Carmichael, CA 95608. Filed with the Clerk of Sacramento County December 30, 2024 Publish: Feb 21, 28, March 7, 14, 2025 LOCAL 3-14-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00457 Forever Coaching LLC, 1867 Oak Bluff Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Forever Coaching LLC" 1867 Oak Bluff Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 23 2025

Publish: Feb 21, 28, March 7, 14, 2025 **FOREVER** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01007 Ryan J Rielley, 6225 Sunmist Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "We Mean Clean" 6225 Sunmist Way, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County February 13, 2025 Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-0099 Vineet Singh Parnami, 7837 Abbington Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Bargain Super Market" 7817 Greenback Lane, Citrus Heights, CA 95610. Filed with the Člerk of Sacramento County February

Publish: Feb 21, 28, March 7, 14, 2025 BARGAIN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01044 SAP Solutions, 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Clearinghouse C/TPA & Background Check Services" 2740 Fulton Avenue, Suite 124, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 14, 2025 Publish: Feb 21, 28, March 7, 14, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00318 Adoboink LLC, 6824 Gold Run Avenue, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Adoboink Filipino Food" 6824 Gold Run Avenue, Sacramento, CA 95842. Filed with the Clerk of Sacramento County January 16, Publish: Feb 21, 28, March 7, 14, 2025

ADOBOINK

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01188 Katherine Renee Nygren, 7130 Beech Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Bread Baby" 7130 Beech Ávenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County February 19, 2025 Publish: Feb 28, March 7, 14, 21, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00608 AYBM Solutions LLC, 2108 N Street, #8639, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Naila Pond" 2108 N Street, Suité N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County January 30, 2025 Publish: Feb 28, March 7, 14, 21, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00854 Bayvista Tech LLC, 2443 Fillmore Street, PMB 380-6162. San Francisco, CA 94115 is do-

ing business under the Fictitious

Business Name(s) "Apogee IT

Consulting/Nerd Busters" 2108 N Street, Suite N. CA 95816, Filed with the Clerk of Sacramento County February 6, 2025 Publish: Feb 28, March 7, 14, 21, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00123 Rowell Enterprises Inc, 9028 Elm Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Rowell Equipment" Elm Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County January 8, Publish: Feb 28, March 7, 14, 21, 2025 **ROWELL** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01073 Swanson, 1137 41s Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Three Swans Signature Events 1137 41st Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County February 14, 2025 Publish: Feb 28, March 7, 14, 21, 2025 **SWANS** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00673 Daniel McElroy, 7113 Goodyear Drive, Fair Oaks, CA 95628 is doing business under the Business Name(s) Renovations" 7113 Goodyear Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 3, Publish: Feb 28, March 7, 14, 21, 2025 **MCELROY** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00648 New Belgium Brewing Company Inc., 500 Linden Street, Fort Collins, CO 80524 is doing business under the Fictitious Business Name(s) "Kirin/Kirin Brewery" 500 Linden Street, Fort Collins, CO 80524. Filed with the Clerk of Sacramento County January 31, 2025 Publish: Feb 28, March 7, 14, 21, 2025 3-21-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00877 Pavel Tiskiv, 4724 Dry Creek Road, Sacramento, CA 95838 is doing business under the Business Fictitious "Envisioned Spaces" 4724 Dry Creek Road, Sacramento, CA 95838. Filed with the Clerk of Sacramento County February 6, 2025

Publish: Feb 28, March 7, 14, 21, 2025 **SPACES** 

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01100 Kaz Brodovsky, 3126 O Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "KB Facility Solutions" 3126 O Street Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00512 Northern California Logistics LLC, 2800 Greymere Way, nento. ing business under the Fictitious Business Name(s) "Northern California Logistics LLC" 2800 Greymere Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County January 27, 2025 Publish: Feb 28, March 7, 14, 21, 2025 NORTHERN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01125 Blue Collar Coaching, LLC, 2135 Butano Drive, Suite 210, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Next Level Coaching" 2135 Butano Drive, Suite 210, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01204 Palmers Iron Fence LLC, 2970 La Rosa Road, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Palmer Fence" 2970 La Rosa Road, Sacramento, CA 95815. Filed with the Clerk of Sacramento County February 20, 2025

Publish: Feb 28, March 7, 14, 21, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01126 Monique Huston, 6617 Madison Avenue, #5, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pro-Health Therapies" 6617 Madison Avenue, #5, Carmichael, CA 95608. Filed with the Clerk of Sacramento County February 18, 2025 Publish: Feb 28, March 7, 14, 21, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01015 Positively Fit Within LLC, 2314 E Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Iron Roots Fitness" 1409 16th Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 13, 2025 Publish: Feb 28, March 7, 14, 21, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01146 Shawanna L Kennedy, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Next Level Consulting" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 18 2025 Publish: Feb 28, March 7, 14, 21, 2025 CONSULTING 3-21-25

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01015 Positively Fit Within LLC, 2314 E Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Iron Boots Fitness" 1409 16th Street. Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 13, 2025 Publish: Feb 28, March 7, 14, 21, 2025 3-21-25

STATEMENT FBNF2025-00955 Anh Tran, 7647 Broadhead Way Sacramento, CA 95829 is doing business under the Fictitious

FICTITIOUS BUSINESS NAME

Business Name(s) Acupuncture Medicine" 7647 Broadhead Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 10, 2025 Publish: March 7, 14, 21, 28, 2025

MODERN FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01233 Khaled Musa, 4114 Sea Drift Way, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) 'Microusa" 4114 Sea Drift Way. Sacramento, CA 95823. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 MICROUSA 3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01258 Reneeka Williams, 6805 Kermit Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Heart Connection Consulting" 6805 Kermit Lane. Fair Oaks. CA 95628. Filed with the Clerk of Sacramento County February Publish: March 7, 14, 21, 28, 2025

3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01081 Xpert Home Lending 1100 Satellite Boulevard NW, Suwanee, GA, 30024 is doing business under the Fictitious Business Name(s) "Key Home Loans" 1100 Satellite Boulevard NW. Suwanee, GA, 30024, Filed with the Clerk of Sacramento County February 18, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00958 Lucas Brown, 120 Rambling Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Best in Town Award" 120 Rambling Drive, Folsom, CA 95630, Filed with the Clerk of Sacramento County February 11, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01343 Miguel Angel Guerrero Barragan, 3829 Kimberly Road, Cameron Park, CA 95682 is doing business under the Fictitious Business "Guerrero's Handy Name(s) 3829 Kimberly Road, Cameron Park, CA 95682. Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025

**GUERREROS** FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01281 Carolin Gardner, PO 1682, Loomis, CA 95650 is doing business under the Fictitious Business Name(s) **Transformative** Healing Therapy" 110 Blue Ravine Road Suite 104, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025

HEALING

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00575 Mother Lode Van & Storage Inc., 11255 Pyrites Way #400, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Right Way Receiving & Delivery Pyrites Way #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 29, 2025 Publish: March 7, 14, 21, 28, 2025

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00957 Jeffrey Tong, 2108 N Street #4237, Sacramento, CA 95816 is doing business under the Fictitious DCC "Sinamark" 2108 IN Sacramento, Fictitious Business Name(s) 2108 N Street 95816. Filed with the Clerk of Sacramento County February 11, 2025 Publish: March 7, 14, 21, 28, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01283 Morales Group Enterprises LLC, 30 N Gould Street Suite R, Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "Angel's Junk & Dump" 7228 Roca Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 ANGELS FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01248 Sampson Wang, 711 Bridgeside Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) Consulting" Bridgeside Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01072 Diane Milenkovich, 7419 Garden Gate Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "American River Bookkeeping" 7419 Garden Gate Drive, Citrus Heights, CA 95621, Filed with the Clerk of Sacramento County February 14, 2025 Publish: March 7, 14, 21, 28, 2025 AMERICAN 3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01405 Modamedia Communications LLC. 2508 J Street. Sacramento. CA 95816 is doing business under the Fictitious Business "Groundswell/ Groundswell Art" 2508 J Street. Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 26, 2025 Publish: March 7, 14, 21, 28, 2025 GROUND

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01299 Maria E Mariscal, 7605 Rincon Villa Lane, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Mr. and Mrs. Pro Cleaning Services" 7605 Rincon Villa Lane, Sacramento, CA 95828. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25

MR. FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01177

Hollybank LLC, 3017 Arden Way, Sacramento, CA 95825 is doing business under the **Fictitious** Business Name(s) Barbershop" "GOAT 3025 Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 19, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01458 Kevin & Luz Enterprises Inc. Sacramento Inn Way, 216, Sacramento, CA 95815-3461 is doing business under the Fictitious Business Name(s) "Epic Homehealth Services" 1600 Sacramento Inn Way, Suite 216, Sacramento, CA 95815-3461. Filed with the Clerk of Sacramento County February 27, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01345 Satinder Pal Singh, 1605 F Street, Sacramento, CA 95814 is doing business under the Fictitious Business "Singh Jeweler" 1605 F Street Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025 SINGH 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01359 US Mortgage Corporation, 201 Old Country Road, Suite 140, Melville, NY 11747 is doing business under the Fictitious **Business** Name(s) "Regal Mortgage of the High Desert' 201 Old Country Road, Suite 140, Melville, NY 11747. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00393 McMiller Enterprise LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Shalon Hair Loss Solutions & Wellness Clinic 5252 Sunrise Boulevard, #3, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 17, 2025 Publish: March 14, 21, 28, April 4, 2025 SHALON

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01448 Christa Newkirk, PO Box 340244, Sacramento, CA 95834 is doing business under the Business Name(s) "EclectikRead Consulting" 3616 E. Commerce Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February Publish: March 14, 21, 28, April 4, 2025

#### ORDER TO SHOW CAUSE CHANGE OF NAME SUPERIOR COURT OF

**CALIFORNIA COUNTY OF SACRAMENTO** ORDER TO SHOW CAUSE CHANGE OF NAME #25CV004186 Vanessa Silva Carrillo has filed

a petition with this court for a decree changing the name(s) of Vanessa Silva Carrillo to Vanessa Silva Carrillo. IT IS ORDERED that all per-

sons interested in the above-entitled matter appear before this court on July 1, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: February 21, 2025 Christopher E. Krueger, Judge of the Superior Court

Publish: Feb 28, March 7, 14, 21, 2025



## COMICS & PUZZLES





























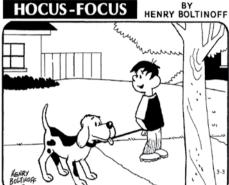


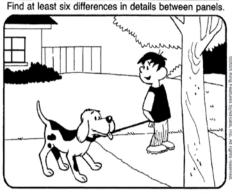
Out on a Limb

by Gary Kopervas

by BUD BLAKE







moved. 4. Window is missing. 5. Bush is larger. 6. Dog's leg is









"Call the conference on global warming and tell them I'm running late!'

Differences: I. Boy is moved. 2. Shirt is different. 3. Tail is Just Like Cats & Dogs by Dave T. Phipps DEAR, I LOVE THAT YOU TRIED COOKING FOR ME, BUT REMEMBER, THE SAYING ISN'T "IF AT FIRST



В В Ε MIOIN |G|L Ε Α Ε Ε R U R R M Ν С S Ε S Ε R K Ε S R S Ν G Η S S Н K Α Ε Α 0 0 D Ε Ε Ε Ε M 0 G R W N D 0 Ε Ε R R Ν В Ε 0 R В Ε Ε Ν D R Α С 0 С O Ν S Μ В S Ε 0 Ε O Ε

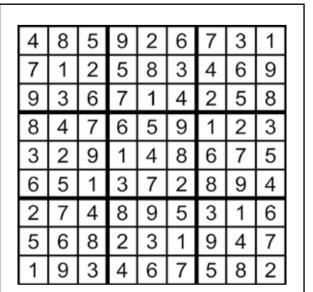




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#### STATEPOINT CROSSWORD • THE 1980s

**ACROSS** 1. \*"Sunday Bloody Sunday" author, with

The 5. \*Saget of "Full

House" fame

8. Last month 11. "Howdy,

12. Hurtful remark 13. \*Actor Hudson of

Winston Zeddemore fame

15. Give the cold shoulder

16. \*Musical based on 1980s rock "Rock of

17. \*Comedy horror "\_\_\_\_ Hell" 18. \*Transparency, to

Gorbachev 20. Slangy "Follow me!" 21. Coffee shop order

22. Pro vote

23. Heart abnormality 26. Act out Civil War

battle, e.g.

familiarly 31. Mediterranean island

34. Small island 35. \*Oscar-winning "Tootsie" actress

Jessica

37. Not hers

38. Dionysus' pipe-playing companion

39. Not on land 40. Water pipe

42. Dog tags, e.g. 43. First lunar phase (2

45. Higher education reward 47. Biblical mother

48. \*What "I love Lucy" did in the '80s 50. Name of the Blue Ox

52. \*Gull-winged sports car 55. Party handout

56. Smoothie berry 57. Clickable image 59. Follows orders

60. Mixed breed canine

61. \*Air Jordan, e.g. 62. \*"Cheers" setting 63. Byron: "Maid of Athens, \_ we part"

64. Dispatched DOWN

1. Ambulance squad, acr.

2. "Shoot!" 3. Person of French

4 Preserve, as in body

5. Prejudiced one

6. Falstaffian in body 7. Cr me de la cr me

8. "Do others as...

9. Property right

10. \_\_\_\_ Aviv 12. Bridge-like structure

13. Wedding singer, e.g. 14. \*Ceausescu's country

19. Pasta accompaniment 22. \*"Owner of a Lonely

Heart" band

23. \*Arrigo Sacchi's Associazione Calcio 24. Tsar's edict 25. Re-establish

26 Zwiehack 27. Up and about 28. \*Blinky, Pinky, Inky

and

### **CLUES**



© StatePoint Media

29. To the point

32. Sound unit 33. \*Duran Duran's hit 36. \*Hand-held "Tetris"

device (2 words) 38. Give sheep a haircut

40. Gardening tool 41. Quick and skillful

44. Sets, in cricket 46. Metamorphic rock

48. Happen again 49. Fill with spirits

50. Rum cake 51. Affirm

52. \_\_\_\_ Maggie Smith 54. "High" time 55. Watch chain

58. Nothing but this in basketball?

Cellular<sup>\*</sup>

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9

MARCH 14, 2025 THE NEWS  $\cdot$  9

### Kings Korner By V.G. Harris

There are tough losses and then there are

The Sacramento Kings went into Inglewood Sunday night winners of four out of the last five games and came within a gnat's eyelash of supplanting the L.A. Clippers for the eighth spot in the western conference. Sadly, that did not happen, largely because future hall of famers Kawhi Leonard and James Harden exercised their collective will and made shots when it mattered most.

After the western conference player of the week Zach Lavine missed a tough game ending 17 ft. shot to end regulation, the Kings played the talent laden Clippers to a standstill and actually took a one-point lead with less than 22 seconds remaining in

Shaking off a poor shooting night in which Kawhi Leonard went 1-7 from 3-point land and was held to 17 points for his nights work, Leonard made his only shot attempt in overtime. King's fans watched in agony as with no time left on the clock, Kawhi's shot bounced twice before finally falling through the twine for a 1-point victory.

Cream rises to the top, and players with the talent of a Kawhi Leonard may miss shots all night but always seem to be there when it matters most.

So, Kings fans and players alike must defenestrate the Clippers loss, because in 24 hours the 40-win New York Knickerbockers will invade Golden One Arena, and the Kings need this game like few they've needed all season.

Much like the Clippers, the Knicks are laden with talent, and this contest will test the mettle of this newly assembled team.

The Kings have been shorthanded with both Domantas Sabonis and Malik Monk sidelined with injuries but tonight may see the return of Monk to the starting lineup. Sidelined for three games with a sprained toe, Malik would be a welcome sight against a formidable Knicks lineup.

Fans should be taking note that this new version of the Kings not only has taken care of business as it relates to sub 500 teams, but has given every opponent a tough out, night in and night out. This team plays tough, and every fan wants to see is a team that brings their best effort every night.

Whether it's Keon Ellis, newcomer Jake LaRavia, or the reemergence of Keegan Murray, this version of the Kings is playing better defense than any team in recent memory. It takes great energy to hold teams to under 110 points per night, and the Kings are approaching those numbers.

Rising to 15th overall in defensive rating, the Kings are allowing opponents 113 points per game, but without question the newcomers have made a difference.

All their collective skills will be needed Monday night against a New York Knicks team that is averaging just a shade under 117 points per game, and I expect a playoff atmosphere at Golden One Arean on Monday night.

For those pundits and fans that have been critical of Keegan this year, I will say that this season has seen two versions of Keegan Murray. Early on Keegan's 3-point shooting was so bad I just wanted anyone else to shoot, and his percentage was in the low 20's. But, as Keegan's defense became a theme that seemed to inspire his game, his second half 3-point shooting has nearly doubled to over 40% in the second half.

Not to be overlooked was last Friday nights game against the San Antonio Spurs. Sacramento Kings fans welcomed back DeAaron Fox and family to Golden One Arena with a rousing win, besting the Spurs from start to finish and winning by a margin of 127-109.

King's fans were classy in their pregame ovation, and later when DeAaron handled the ball, boos could be heard as well.

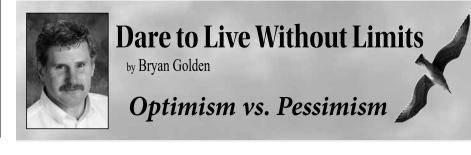
What I say is, I'm glad this game is in our rear-view mirror. It had to happen and it's a game that can only occur once. DeAaron will undoubtedly play many more games at Golden One Arena, but none will come with the emotion that was present at the arena on Friday night.

It's time for Kings fans to come together, realize that this new version of the Kings is making a legitimate run for the playoffs, and enjoy the process!

Stay tuned Kings fans, this is going to be fun!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.



"The pessimist sees difficulty in every opportunity. The optimist sees the opportunity in every difficulty. For myself I am an optimist - it does not seem to be much use being anything else."

- Sir Winston Churchill

Optimists see the glass half-full while pessimists see the glass half-empty. This is the classic illustration of the difference between optimists and pessimists. Although the statement captures one element of optimism, there is much more.

Optimism is deeper than how one views a particular situation. Optimism is a core belief system that influences attitude, action, and outlook. Optimism drives accomplishment whereas pessimism inhibits progress. Optimists never give up. Their drive is endless. Regardless of the challenges encountered, they keep going until the desired goal is reached.

There has never been a pessimist responsible for any innovation, discovery, or invention. Pessimists are prone to mental stress and physical ailments. Pessimists give up in the face of adversity. Pessimists experience much less happiness than their optimistic counterparts.

Pessimists justify their outlook as being realistic. They deny being pessimistic and label optimists as unrealistic dreamers. Pessimists claim they don't want to be disappointed. Pessimists don't expect things to work out. When their self-fulfilling prophecy comes true, their outlook is reinforced.

Since there aren't any advantages to being a pessimist, you may as well be an optimist. As an optimist, your life will be more enjoyable. You will find solutions for problems, overcome obstacles, and achieve your goals.

Pessimistic tendencies are common. Even optimists can have pessimistic thoughts. What distinguishes optimists from pessimists is their fundamental attitude. An optimist will not be deterred by a negative thought. They understand that a single thought is not nearly as significant as one's overall outlook.

It's great if you are an optimist. You understand first hand all of the benefits. Although you may be criticized by pessimists, your perspective holds fast. You can't understand why anyone would maintain a negative view of life.

But what if you are a pessimist. Is it possible to become an optimist? Yes, if you want to. A good place to start is by monitoring what you say to yourself and others. You want to purge the following negatives: I can't, it won't work, I don't know how, there is no chance, I'll probably fail, or I don't have what it takes. Instead, use this positive language: I can, I'll find a way to make it work, I'll learn how, there is a chance, I won't stop until I succeed, and I have what it takes.

At first you will catch yourself with mostly, if not entirely, negative selftalk. Each time, replace the negatives with positives. It will take time and practice to change your language. Don't get discouraged.

As you change your internal concepts you must apply them. When faced with any obstacle or adversity, believe in yourself and your ability to find solutions. Answers always exist. It's the optimists that discover them.

Don't allow others to dampen your spirit. Ignore any assertions that you are dreaming or being unrealistic. Dreaming is a source of inspiration. "Unrealistic" thinking enables you to evaluate any and all possible paths for your journey.

Your transformation to optimism will be eminently worthwhile. From my own experience, along with studying the lives of many others, being an optimist will empower you to accomplish much more than you ever thought possible. At times, it may seem difficult to remain optimistic. But look for, and you will find, the spark which will keep you going. NOW AVAILABLE: "Dare to Live

Without Limits," the book. Visit www. BryanGolden.com or your bookstore. Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com or write him c/o this paper. © 2025 Bryan Golden

### California Uses Gimmicks Instead of Addressing the Heart of Its Budget Problem



CALMatters.org

One of the many gimmicks that California's governors and legislators employ to paper over budget deficits, thus avoiding real spending cuts or increasing taxes, is to assume some level of savings from making state agencies and programs more efficient.

They will plug arbitrary numbers into the budget from such supposed efficiencies, then, along with other gimmicks, declare that the budget gap has been closed and pat themselves on the back for the feat.

The 2024-25 budget is a prime example of such political expedience. As enacted last June it totaled \$297.9 billion, of which \$211.5 billion was general fund spending. But the budget assumed that the state would receive \$207.2 billion in general fund revenues, so it had a gap to bridge.

Gov. Gavin Newsom and legislators turned to a series of gimmicks and indirect loans to close the gap, including \$2.9 billion from assumed efficiency savings in state agencies and state universities.

However, when Newsom unveiled a 2025-26 budget proposal in January, the plan acknowledged that while the universities met their relatively tiny savings goal of \$200 million, other agencies would reduce spending by just \$800 million, or less remainder of Newsom's govthan a third of their \$2.7 bil- ernorship — unless he and lion goal.

The new budget also revealed that 2024-25 general fund spending had ballooned to an estimated \$232 billion \$21 billion more than the final version had assumed and while projected revenues had also increased to \$217 billion, the 2024-25 deficit would widen to \$15 billion.

Last month, the Legislature's budget analyst, Gabe Petek, reported that his staff was having difficulty getting accurate information from the administration about the underachieving efficiency decree.

We have tried to get information from some of the larger departments to better understand what types of operational changes are being implemented to achieve the identified savings," Petek wrote. "As we discuss in greater detail later, we have received limited information thus far."

This venture into the weeds of state budgeting generates two observations: One, that gimmickry is an integral part of the current process, and second, that the state faces chronic gaps between income and outgo, a condition dubbed a "structural deficit."

It is an ongoing mismatch between what the state's tax system can produce in revenues and what current law savs must be spent. The problem dates back to 2022 when Newsom declared that the state had a \$97.5 billion surplus, based on surging revenues.

He and legislators raised spending sharply on that assumption, but it proved to be an illusion, resulting in the income and outgo gap that will continue at least for the legislators make real spending cuts or increase taxes.

Moreover, the destructive and deadly wildfires that swept through Los Angeles will impact both the revenue and spending sides of the state's ledger, more than likely increasing the structural deficit.

Newsom and legislators have already approved a \$2.5 billion appropriation for fire-related costs, which would increase the deficit even more unless he can persuade President Donald Trump to send federal aid. Even with a federal bailout. however, Newsom is likely to leave his successor, whomever that might be, with a fiscal headache.

Newsom surely hopes to skate through without either deep spending cuts or increasing taxes, while continuing to cover the chronic gaps with gimmicks such as arbitrary efficiency savings, direct and indirect loans and creative bookkeeping.

He has even increased spending in some categories despite the sluggish revenues, most spectacularly — and most irresponsibly — jacking up state subsidies for the Southern California film and video industry.

Sending more money to Hollywood while telling state universities to tighten their belts, potentially impacting enrollment, would seem to be the height of misplaced priorities.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column that offers his view and analysis of the state's political, economic, social and demographic trends. ★



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### Keanna Abraham Earns AAI Award Nomination

UC Davis Athletics News Release

#### SACRAMENO REGION, CA (MPG)

- UC Davis gymnastics senior Keanna Abraham has been named a 2025 American Athletic, Incorporated (AAI) Award Nominee, highlighting not just her great season but career as a record setting Aggie.

Abraham, who just as recently as Feb. 28 broke her own school record in the vault with a score of 9.950, has had a decorated career qualifying for the NCAA Regionals three times, and being named a five-time All-Mountain Pacific Sports Federation honoree. She has also been named the 2024 Mountain Pacific Sports Federation Specialist (MPSF) of the Year and won the floor routine to be crowned MPSF Floor Champion in 2024 and she owns the school record on floor (9.975) to go along with her vault record.

During that 2024 season, Abraham posted four scores of 9.925 on vault, the most in conference history and her 9.950



UC Davis gymnastics senior Keanna Abraham has been named a 2025 American Athletic, Incorporated Awa Nominee. Photo courtesy of UC Davis Athletics

record setting vault tied the conference for best all time and she became just the fourth gymnast all-time in conference history to score 9.950.

Her 2025 season started off slow with the Aggie senior battling

through injuries, even missing the opening tri-meet at Sacramento State. But since then, she has gone on to post three 9.9 scores on floor, a 9.8 on beam and a pair of 9.875's on vault to go along with her record setting mark.

The American Athletic, Incorporated Award was started in 1982 and has since then become a one of the most prestigious awards in women's gymnastics, recognizing the top senior female gymnasts in the nation for their dedication, leadership, and excellence in the sport.

The award is a coach's award, facilitated by AAI. Each year, collegiate coaches are invited to submit their nominations for the candidates they believe deserve recognition. This peer-driven process makes the award especially meaningful, as it reflects the respect and admiration of those who have witnessed these athletes' hard work and achievements firsthand.

"Every year, the AAI Award reminds us of the incredible impact these athletes have on collegiate gymnastics. It's not just about their performance, but their leadership, resilience, and the way they inspire others," said Lisa Ebersole, Senior Marketing Manager for AAI. "We're proud to be part of recognizing their hard work and dedication. This year's nominees exemplify the very best of the sport, and we are excited to see how their legacies continue to shape the future of gymnastics."

## LaVine Named Western Conference Player of the Week



Sacramento Kings guard Zach LaVine was named the Western Conference Player of the Week for games played between Feb 24. and March 2. Photo by Alex Slitz, NBA.com

National Basketball Association News Release

SACRAMENTO REGION, CA (MPG)

Sacramento Kings guard Zach LaVine has been named the Western Conference Player of the Week for games played between Feb 24. and March 2, the NBA announced. LaVine averaged 28.0 points (62.3% FG, 63.6% 3P), 5.7 rebounds, and 3.0 assists per game over three games, helping Sacramento achieve a 3-0 record for the week.

This marks the first time in LaVine's career that he has been awarded Player of the Week honors.

On Feb. 24 against the Charlotte Hornets, LaVine recorded a season-high 42 points on 16-of-19 shooting from the field and 8-of-9 from beyond the arc. He achieved this while posting a true shooting percentage of 103.3%, making him the first player in NBA history to record multiple 40+ point games with 100% or better true shooting efficiency.

This performance marked his highest scoring game since his career-high 51 points on Oct. 23, 2023, at Detroit.

LaVine followed that performance with a 22-point game on 9-of-18 shooting from the field and 4-of-8 from 3-point range, while pulling in eight rebounds in a 17-point win at Utah on Feb 26. He completed the week with 20 points, six

rebounds, four assists and two steals in a double-digit victory on the road against the Houston Rockets on March 1. In that game, LaVine tallied his 24th game of the season with 20 or more points on 50% shooting from the floor with at least 15 field goal attempts, the sixth-most in the NBA. That outing marked his third consecutive game shooting 50% or better from the field.

LaVine finished the week tied for seventh in points per game and tied for sixth in total 3-pointers made (14). He was also the only player to average 25.0+ PPG while shooting 60.0% or better from both the field and from 3-point range. Additionally, he was one of seven players to score 40+ points in a game this past week, tied for the fifth-highest single-game point total. His eight 3-pointers against Charlotte were tied for the second-most in a game during the week.

This season, LaVine is averaging 23.7 points (50.7% FG, 43.2% 3P), 4.7 rebounds, and 4.4 assists per game over 52 games (52 starts). He holds a 63.3% true shooting percentage and is 23rd in the NBA in scoring while ranking sixth in the league for 3-point shooting percentage. He is one of just three players this season to average at least 23.0 points per game while shooting 50.0% from the field, 40.0% from 3-point range, and 60.0% true shooting percentage.

### Hornets Elevate Soccer Coach



Sacramento State women's soccer coach Chris Malenab was elevated to the position of Associate Head Coach on March 4. Photo courtesy of Sacramento State Athletics

Sacramento State University News Release

sacramento region, ca (MPG) - Having wrapped up his second season on the sidelines with the Sacramento State women's soccer program, Chris Malenab will enter his third year with the Hornet program with a new title, elevated to the position of Associate Head Coach it was announced on March 4.

"Chris has been a tremendous asset to our program since joining us in 2023," Head Coach Randy Dedini said. "He is a great coach, recruiter and human being. Over the past two years Chris and I have developed excellent chemistry, trust, and respect for one another. I'm excited to elevate Chris to Associate Head Coach and looking forward

to a successful future together."

Malenab joined Sacramento State right before the start of the 2023 campaign and began to lay the foundation for a run that culminated in the program's first Big Sky Conference Tournament championship and berth in the NCAA Tournament in nearly 15 years in 2024.

"I am excited to have the responsibility to continue to contribute to the growth and success of the program," Malenab said. "The last two seasons have been amazing and I have had the chance to serve the student-athletes who have helped elevate me to this position. Working with Randy, DD, Leo, and Connor on a daily basis has allowed me to grow and become a better coach and leader each and every day."

A 2004 Sacramento State graduate who earned his degree in sociology, Malenab has

helped mentor eight Hornets to All-Big Sky honors in his two seasons on the sidelines, including two-time first-team selection Abigail Lopez, who finished her career among the top 10 in school history in goals scored, points, and shot attempts.

Malenab brought with him a wealth of experience from the professional ranks upon joining the Sacramento State staff, spending time with Sacramento Republic FC (2014-17), Reno 1868 FC (2018-20), and Oakland Roots FC (2021) of the United Soccer League. His time with those three clubs resulted in a 2014 USL Championship, a 2016 Western Conference regular season title, 12 combined playoff berths, a pair of conference semifinal

appearances, and a 2020 Supporters Shield. He has also lent his talents as a coach and technical director with the California Storm of the USL W-League and Women's Premier Soccer League, as well as serving on the coaching staff with the Grenada Men's National Team and both the men's and women's national teams of Guam.

Starting his coaching career with various club and high school programs in the greater Sacramento area, Malenab's collegiate experience includes stops as an assistant at Cosumnes River College (2004), Stanislaus State (2009-11), and San Joaquin Delta College (2012-14), as well as a season with the Sacramento Knights FC of the National Premier Soccer League, helping the club qualify for the U.S. Open Cup.

He currently holds an A-Senior license from the U.S. Soccer Federation and a United Soccer Coaches Director of Coaching Diploma among others. ★

### Sac Republic Games to be Televised this Season

By Grace Ogata-Beutler, Sacramento Republic Football Club

**SACRAMENTO REGION, CA (MPG)** - Ahead of opening weekend, the United Soccer League announced the 2025 national television broadcast schedule. Twelve Sacramento Republic Football Club (FC) matches are on the docket, including 10 home contests.

Sacramento Republic FC will be featured on CBS Sports Network three times this season, beginning with a NorCal derby against Oakland Roots SC on Sunday, May 4. The match, which was originally scheduled for May 3, will now kick off at 4 p.m. and will be the first time the rivals face off at the Oakland Colingum.

at the Oakland Coliseum.

Full schedule of Republic FC matches to

matches on CBS Sports Golazo Network,
when it hosts defending champion



proposed to be built at the Sacramento railyards. Photo courtesy of Manica Architecture

be featured CBS Sports Network include, Sunday, May 4 at Oakland Roots SC, Wednesday, Oct. 1 vs. Orange County SC and Sunday, Oct. 5 vs. Charleston Battery.

and Sunday, Oct. 5 vs. Charleston Battery. On March 22, the Indomitable Club will play its first of eight nationally-streamed matches on CBS Sports Golazo Network, Health Park.
Other marquee streaming matches include regional rivalries against Oakland Roots and Monterey Bay FC, as well as

both legs of the season series with league

debutant Lexington SC. The free streaming

channel is available via CBSSports.com

Colorado Springs Switchbacks FC at Heart

and the CBS Sports app on mobile devices and smart televisions and is also offered for Paramount+ subscribers.

Last season, the United Soccer League announced a landmark multi-year broadcasting rights agreement with CBS Sports, making USL the most widely-available soccer league in the United States. Additional national broadcasts on CBS, CBS Sports Network, and ESPN will be announced throughout the season.

All of Republic FC's 34 regular season matches will be available through the club's local broadcast partnership with FOX40. With both English and Spanish coverage, the contests will be shown on Antenna TV 40.2 and streaming on FOX40.com and through the FOX40 News mobile app, with select matches on FOX40.