

Sarah Cammarata, age 105, is Medway's oldest resident, awarded Boston Post Cane

By THERESA KNAPP

At age 105, soon to be 106, Sarah Cammarata is Medway's oldest resident. At a ceremony on March 6, she was awarded the Boston Post Cane.

The cane has been a New England tradition since it was established in 1909 by the Boston Post newspaper as part of a marketing gimmick. Initially intended to be awarded to the oldest male in each town, women became eligible in 1930. For those towns who still have a cane, it is awarded to the town's oldest resident.

Sarah lived by herself until she was 90 years old (and drove until she was 100) when she moved to Medway to live with her daughter and Roseann and son-in-law Kent Shor-



Sarah Cammarata is Medway's oldest resident. The Medway Historical Commission presented her with the Boston Post Cane on March 6. Photo credit: Theresa Knapp

ette. Their home was the site of a gathering of family, friends, and

CAMMARATA
continued on page 2

LTP student writer is among top high school journalists in New England

Kaitlyn Richards has written for Medway & Millis Local Town Pages since 2023

By THERESA KNAPP

The New England Scholastic Press Association (NESPA) has chosen Millis High School senior Kaitlyn Richards as one of the top high school journalists in New England.

"NESPA named Richards to its first-ever All New England High School Journalism staff, which recognizes the top high school journalists working on newspapers, yearbooks, broadcasts, or literary magazines throughout the six New England states," said NESPA in an email to Millis school officials announcing Richards as one of 17 regional recipients.

Richards is the editor-in-chief of the Millis High School newspaper, *The Crimson Post*, and has also been a student writer for Medway & Millis Local Town Pages since 2023.

"I am extremely excited to

be recognized as one of the top high school journalists in New England," said Richards. "This honor means so much to me, and I see it as a reflection of the dedication I have put into journalism during my four years of high school. I believe that the award indicates that I have excelled in the field, along with creating a real impact within the community. I have worked very hard with the *Crimson Post* and the Medway/Millis Local Town Pages during high school, making this acknowledgment all the more meaningful. I am thankful to everyone who has helped me get to this point and to the impact journalism has had on my education."

Richards believes the award "is a great way to represent Millis in a field that is different from many other students." She hopes to continue with



Kaitlyn Richards, a senior at Millis High School and a student writer at Medway & Millis Local Town Pages, has been selected by the New England Scholastic Press Association as one of the top journalists in New England. Courtesy photo

journalism in college (she has not yet chosen which school) by joining a student publica-

WRITER
continued on page 3

Thinking about selling or buying? Let's talk about your next move!

2024 CIRCLE OF ACHIEVEMENT REALTOR®

Joleen Rose

508.951.5909
joleenrose@gmail.com
joleenrosehomes.com




WWW.TEAMRICE.INFO



Inventory is BLOOMIN'!!

Here are some of our **COMING SOON** properties for this spring market:

- Colonial Home in Medway**
3+ bed, 2.5 baths, 2100+ sq ft
\$870,000
- Split Level Home in Medway**
4 bed, 2.5 bath 1184 sq ft
~ around \$600k
- New Construction in Medway**
4 bed, 3.5 baths, 4,397 sq ft
\$1,400,000
- Split Level Home in Milford**
3 bed, 2 bath 2200 sq ft
~ high \$500s
- Investor Opportunity in Millis**
3 bed, 3.5 bath, 2176 sq ft
\$400,000
- New Construction in Franklin**
~\$1M - \$1.1M
- Colonial Home in Medway**
4 bed, 2 bath, 2,024 sq ft
\$729,900

Team Rice
RE/MAX Executive Realty

BERKSHIRE HATHAWAY HOMESERVICES PAGE REALTY

Hello SPRING

508-533-5122

HomeValue2025.com




Member of the franchise system of BHH Affiliates, LLC.

CAMMARATA

continued from page 1

town officials which began with the official presentation of the

Boston Post Cane to Sarah by Medway Historical Commission Vice Chair Paul Russell.

Upon receiving the award, partygoers asked if Sarah had any advice for them. "Keep

dancing," she said with a laugh. When asked what her favorite food is, she said, "I love pasta - pasta and cannoli, of course" - because she grew up on Hanover Street in Boston's North End -

and her favorite drink is a "gin martini, bone dry, three olives."

Sarah says some of her favorite things to do are to sing (including "You Make Me Feel So Young" which she sang to the crowd), dancing (she was a com-

petitive ballroom dancer), playing Bingo (she plays to win), and spending days at a supportive day group at both the Bellingham

CAMMARATA

continued on page 3



Family, friends and Medway town officials gathered on March 6 to honor Sarah Cammarata, center, as the town's oldest resident at 105 years old. Photo credit: Theresa Knapp

Boston Post Cane: Origins of the tradition

On August 2, 1909, Mr. Edwin A. Grozier, Publisher of the Boston Post, a newspaper, forwarded to the Board of Selectmen in 700 towns* (no cities included) in New England a gold-headed ebony cane with the request that it be presented with the compliments of the Boston Post to the oldest male citizen of the town, to be used by him as long as he lives (or moves from the town), and at his death handed down to the next oldest citizen of the town. The cane would belong to the town and not the man who received it.

The canes were all made by J.F. Fradley and Co., a New York manufacturer, from ebony shipped in seven-foot lengths from the Congo in Africa. They were cut to cane lengths, seasoned for six months, turned on lathes to the right thickness, coated and polished. They had a 14-carat gold head two inches long, decorated by hand, and a ferruled tip. The head was engraved with the inscription, — Presented by the Boston Post to the oldest citizen of (name of town) — "To Be Transmitted". The Board of Selectmen were to be the trustees of the cane and keep it always in the hands of the oldest citizen. Apparently no Connecticut or Vermont towns were included (at one point it was thought that two towns in Vermont had canes, but this turned out to be a bit of a myth).

The custom of the Boston Post Cane took hold in those towns lucky enough to have canes. As years went by some of the canes were lost, stolen, taken out of town and not returned to the Selectmen or destroyed by accident.

In 1930, after considerable controversy, eligibility for the cane was opened to women as well.

For more information, visit www.bostonpostcane.org

Source: www.bostonpostcane.org/origins-of-the-tradition

Robert Roofing & Gutters

49 YEARS IN BUSINESS!

**ONE CALL SENDS
A ROOFER...
NOT A SALESMAN**

857-247-8709

- Roofing
- Siding
- Windows
- Gutters
- Residential Rubber
- Flat Roofs

**NO GIMMICKS,
JUST HONEST PRICING!**



**FREE ESTIMATES
LICENSED & INSURED**

www.robertroofingandgutters.com • Rgreene465@gmail.com

WRITER

continued from page 1

tion.

"I was truly impressed by Kaitlyn's work and naming to the first All New England High School Journalism staff," said Millis High School Principal Patrick Nash. "I couldn't help but feel proud of Kaitlyn's accomplishments and so happy that she was deservedly recognized for all of her work."

Nash describes Richards as conscientious, hardworking, and detail oriented. "She is impressive in putting her thoughts together, whether it be for a newspaper article or a mock trial in her law class."

Nash added, "Anytime a recognition like this happens in our 'Small School, Big Family,' we celebrate the accomplishment as it really means a lot. Our students have been performing at such a high level this year with amazing accomplishments. Our staff are working incredibly hard to grow and support all of our learners. As a staff, we are elated when a rec-

"I am extremely excited to be recognized as one of the top high school journalists in New England... I have worked very hard with the *Crimson Post* and the *Medway & Millis Local Town Pages* during high school, making this acknowledgment all the more meaningful."

— Kaitlyn Richards, Millis High School senior
Medway & Millis Local Town Pages student writer

ognition like Kaitlyn's occurs."

Millis School Committee Chair Robyn Briggs said, "Kaitlyn's work with the *Crimson Post* and the *Medway & Millis Local Town Pages* has already had such a positive impact on our community, and this well-deserved recognition highlights the exceptional quality of her journalism. To be selected as one of only 17 students across all of New England is an extraordinary achievement, we could not be more proud."

To enter the contest, Richards submitted a portfolio of her work [bit.ly/NESPARichards2025], a résumé of her journalism experience, and a reflective essay. To be included on the staff, a panel of judges determined her portfolio represented excellence in at least one area of journalism.

Richards and her cohort will be recognized on May 2 at the annual New England Scholastic Press Conference in Boston.

To read more about Richards and the other recipients, visit www.instagram.com/p/DG4Jkk8xHqp/.

Vacation Checklist!

- ✓ Sun
- ✓ Sand
- ✓ Sunglasses!!



Stop in and try on the latest in fashionable and functional sunglasses! Prescription and non-prescription available. Costa, Zeal, Kate Spade, Vera Bradley and many more...

We accept eyeglass prescriptions from any Doctors office and can duplicate your current prescription.

EYEWORX

OF MILLIS
YOUR VISION. OUR FOCUS

508-376-0800

Milliston Common, Millis

Open: Tue-Wed-Thur 9-6, Fri 9-5, Sat 9-3

CAMMARATA

continued from page 2

and Medfield Senior Centers. She also enjoys Saturday evenings at Medway Café.

Roseann says her mother is a happy person who does not judge others, likes to laugh, and can be a bit sassy at times. "She comes from a lot of spunky ladies; my grandmother was very spunky, too."

The afternoon concluded with a review of old photos, taking new photos, more singing and dancing, and cake.

Sarah Cammarata will celebrate her 106th birthday in June.



Inscription on top of cane, "PRESENTED BY The Boston Post to the Oldest Citizen of Medway. TO BE TRANSMITTED"



FOR ALL YOUR PLUMBING NEEDS

CALL TODAY!
508-918-4648

Gerald Moran, Owner
License # PL36504-J
Insured

SALMON
HEALTH & RETIREMENT



Spring into Comfort, Care & Community

Experience the perfect blend of independence, support, and community at SALMON at Medway. With exceptional amenities, engaging activities, and specialized care, including assisted living and memory care, we're here to meet your needs at every stage.

Call 508-533-3300 today to learn more — we can't wait to welcome you home.

SALMON at Medway
44 Willow Pond Circle
Medway, MA 02053

Medway Superintendent Armand Pires Named 2025 Massachusetts Superintendent of the Year

The Medway School Committee is proud to share that Dr. Armand Pires was named the 2025 Massachusetts Superintendent of the Year by AASA, The School Superintendents Association, during the group's national conference held in New Orleans from March 6 to 8.

Dr. Pires was nominated by a colleague from the Massachusetts Association of School Superintendents, which is an AASA Affiliate Association. He will be honored with the award during the November Superintendent of the Year Gala and Forum.

"The Medway School Committee is proud to celebrate Dr. Pires as Massachusetts Superintendent of the Year," said Medway School Committee Chair Cindy Sullivan. "His dedication, visionary leadership, and commitment to student success has made a great impact on our schools and our community."

The National Superintendent of the Year Program pays tribute to the talent, vision, and problem-solving abilities of the men and women who lead our nation's public schools. The program is meant to recognize outstanding leadership of active, front-line superintendents. The criteria for the award include leadership for learning, communication skills, professionalism, and community involvement.

"Under Dr. Pires' leadership, we have seen progress in student achievement and innovative programs," Chair Sullivan said. "He works collaboratively with educators, families, and the community to ensure that every student has access to high-quality education and opportunities for success. This well-deserved recognition is a testament to his hard work and passion for education. On behalf of the Medway School Committee, we congratulate Dr. Pires on this outstanding achievement. We look forward to continuing to build on the progress made under his leadership."

Dr. Pires has been the superintendent of Medway Public Schools for nearly 10 years, first coming to the school district as a middle school principal in 2010, then spending two years as assistant superintendent and

director of curriculum, instruction, and assessment.

He is also the current president of the Massachusetts Association of School Superintendents, serving a one-year term that started in May 2024.

A native of Central Falls, R.I., Dr. Pires originally sought a career in public health before realizing his true calling as an educator about 28 years ago during his graduate studies when he accepted a job as a grants coordinator and a physical education teacher in the Needham Public Schools. A graduate of Rhode Island College who gained a master's degree from the Boston University School of Public Health, he went on to earn his doctorate in education from the University of Rhode Island.

Throughout his time leading Medway Public Schools, Dr. Pires has been recognized for strengthening core programs, including moving to tuition-free full-day kindergarten, embracing best practices in literacy education through the science of reading approach, expanding open access to Advanced

Placement courses, growing the district's Project Lead the Way courses, and gaining designation for three Innovation Path-

programming and fiscal management, Dr. Pires was early to recognize the crisis in student mental health, calling for the creation of a Director of Wellness position and embracing the Whole School, Whole Community, Whole Child (WSCC) framework that was established by the federal Centers for Disease Control and Prevention.

"The result has been a comprehensive and innovative approach to student programming," according to a statement published by AASA, celebrating the accomplishments of Dr. Pires. "He is recognized as a leader among his peers."

Dr. Pires thanked his colleagues, mentors, and the Medway School Committee for all of their support, crediting them for making all of this possible.

"This recognition reflects the collective effort of the outstanding teachers, administrators, and staff of the Medway Public Schools who are supported by our amazing School Committee," said Dr. Pires. "I am deeply honored. Thank you to the Massachusetts Association of School Superintendents for this acknowledgment and to all of my colleagues and mentors who inspire me every day to do this work to ensure the success of all students."

Submitted by Medway School Committee



Superintendent Dr. Armand Pires was named the 2025 Massachusetts Superintendent of the Year by AASA, The School Superintendents Association. (Photo Courtesy Medway Public Schools)

ways from the Massachusetts Department of Elementary and Secondary Education.

The Massachusetts Association of School Superintendents and AASA also recognized him for effectively managing significant and continuing budget challenges.

In addition to his accomplishments with academic

localtownpages

Published Monthly
Mailed FREE
to the Communities of
Medway & Millis
Circulation: 8,640
households & businesses

Publisher

Chuck Tashjian

Editor

Theresa Knapp

Send Editorial to:

editor@millismedwaynews.com

Advertising Director

Jen Schofield
508-570-6544

jenschofield@localtownpages.com

Creative Design & Layout

Michelle McSherry
Kim Vasseur
Wendy Watkins

Ad Deadline is the
15th of each month.

*LocalTownPages assumes
no financial liability for errors
or omissions in printed
advertising and reserves the
right to reject/edit advertising
or editorial submissions.*

© Copyright 2025 LocalTownPages

Coste Cutting & Care
Complete Lawn Care & Landscape Service

Weekly Lawn Cutting • Spring & Fall Cleanups
Fertilizer Programs • Lawn Seeding
Mulch • Pruning • Planting
Slice Seeding • Retaining Walls
Goldfish Ponds a Specialty

Serving Millis & Surrounding Towns
508.376.5658 • CosteCuttingLandscaping.com

KEVIN J. TAGLIAFERRI
ATTORNEY AT LAW

**CRIMINAL DEFENSE • BANKRUPTCY
SORB HEARINGS • JUVENILE LAW**

508-533-1600
Email: KevLaw2@verizon.net • www.KevLaw2.com
165 MAIN ST., STE. 210, MEDWAY, MA 02053

Prottas Painting
Interior/Exterior Painting

- Detailed Prep for Lasting Results
- Solutions to all Peeling Problems
- Expert Color Consulting Available
- No Subcontractors or Downpayments

Fully Insured
No Deposits Required
Call Glen at:
Cell: 781-290-7826
Office: 508-650-3909
www.ProttasPainting.net

BBB ACCREDITED BUSINESS Benjamin Moore

Family-run Affordable Junk Removal takes the stress out of cleanups

BY CHRISTIE VOGT
CONTRIBUTING WRITER

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and the Schadlers invested back into the company with new equipment and techniques. "When I first started, for example, we didn't have any tarps.



**AFFORDABLE
JUNK REMOVAL
AND DUMPSTER RENTAL**

774-287-1133
AffordableJunkRemoval.com
"YOU DON'T LIFT A FINGER"

"I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.'"

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the backend while I did the heavy lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Medway and Millis in particular, Schadler says they are proud to have many repeat customers and friends in the area. Hidden Hill Farms in Millis does all the business's welding work, and Affordable Junk sponsors the local girls high school hockey team. The Schadler family's go-to candlepin bowling alley, Ryan Family Amusements, is also located in Millis.

Business spotlight

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to form connections



Christine and Jason Schadler, shown here with their children, started Affordable Junk Removal in 2005.

with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call

774-287-1133 or visit affordablejunkremoval.com.

PAID ADVERTISEMENT

Please visit millismedwaynews.com to view the most recent Safety Logs



**UPCOMING
EVENTS**

JOIN US!

*Limited space available.
Call us to RSVP.*

THURS 4/17 2:30-4 PM	THURS 5/15 2:30-4 PM
<p><i>History's Most Fashionable Cocktails</i></p> <p>Indulge in handcrafted cocktails that defined historical decades,</p>	<p><i>Blossom & Bliss Sorbet Soirée</i></p> <p>Celebrate spring with refreshing new sorbet flavors!</p>



THE RESIDENCE
at Charles Meadow

125 Dover Road, Millis, MA
774-993-7259
residencecharlesmeadow.com



- Patios
- Walkways
- Steps & Walls
- Masonry Repair
- Outdoor Kitchens
- Mulching & Clean-Ups
- Tree, Shrub & Lawn Installations
- Excavation & Drainage
- Lawn Mowing

Stonework Special
\$500 Off Project
 WHEN YOU SIGN UP BY MAY 1, 2025.

508.321.7200
prime-landscape.com



FULLY INSURED

Millis Cultural Council's Annual Art Festival on June 14

The Millis Cultural Council is inviting the town's artists exhibit their work in the 2025 Millis Cultural Council Annual Art Festival: Art Building Community, scheduled at the Millis Public Library from 12-3 p.m. on Saturday, June 14th, 2025.

In addition to the gallery, the free annual festival will include a Broadway review, face painting, chalk art, crafts, dance lessons, improv games, a photo booth and more!

Millis resident? Come join us! The Millis Cultural Council, our local chapter of the Massachusetts Cultural Council, is seeking new members! The MCC gives small grants to local artists and hosts an annual art festival showcasing local artists and performers. This volunteer opportunity is a wonderful way to get involved in our community and make new friends!

For more information, please contact millisculturalcouncil@gmail.com.



Submitted by the Millis Cultural Council

Coffee & Conversations at Millis library

On the last Saturday of each month, "Coffee & Conversations: Less debate, more understanding" holds a meeting from 10 a.m. to 11:30 a.m. at the Mil-

lis Public Library. All political perspectives are welcome and respected.

The next dates are April 26, May 31, and June 28.

For more information, contact Amy at (617) 755-3245 or amy33@comcast.net

This event is not sponsored by the Millis Public Library.

Medway Girl Scouts donate cookies to Thanks to Yanks organization

Girl Scout Troops 67257 and 77238 from Medway, along with a donation from the Girl Scouts of Eastern Massachusetts, recently made a generous donation of Girl Scout cookies to the Thanks to Yanks Organization. Founded and led by Michael Shain, Thanks to Yanks is a non-profit organization dedicated to supporting military members, veterans, and their families.

The cookie donation will bring a bit of sweetness and appreciation to service members and their families, aligning with

the Girl Scouts' mission to give back to the community. The collaboration between Medway's Girl Scout troops and Thanks to Yanks highlights the importance of supporting those who have served the country and ensuring they feel valued.

The donation is part of an ongoing effort by the Girl Scouts to engage in community service and make a positive impact.

For more information about the Girl Scouts or Thanks to Yanks, please visit www.gsema.org or www.thankstoyanks.org.



Showroom Hours
 Monday - Friday
 8:00 a.m. to 4:30 p.m.

INSULATED GLASS!

Fogged Windows?

See What You've Been Missing!
INSULATED GLASS REPLACEMENT



Manufactured In House.
 Same or Next Day Turnaround

NOTE: TEMPERED GLASS WILL REQUIRE LONGER LEAD TIMES.

Call: 508-528-9550

273 Beaver Street, Franklin MA

Email: franklinglasscompany@gmail.com | www.franklinglasscompany.com

CURIOSITY COINS

Buying Coin Collections
Make an Appointment!
Call: 508-958-9795

Info@curiositycoins.com



Donor-advised funds: A smart way to give



Mark Freeman, CEPA

FINANCIAL FOCUS®
Provided by Edward Jones

You can find several ways to make charitable gifts — but if you’re looking for a method that can provide multiple tax benefits, along with an efficient platform for giving year after year, you might want to consider a donor-advised fund.

Once you open a donor-advised fund (DAF), you can contribute many types of assets, including cash, publicly traded stocks, bonds, CDs or non-cash

items such as closely held business interests, art or collectibles. You can then decide how to invest the money, possibly following a strategy suggested by the DAF sponsor organization you’ve selected. The next step involves choosing which charities to support, how often to provide support (such as once a year) and how much to give each time. You’re essentially free to direct the money to any charities you like, provided they’re IRS-approved charitable organizations.

Now, let’s look at the possible tax advantages offered by a DAF:

- **Immediate tax deduction** – A few years ago, changes in tax laws resulted in a vastly increased standard deduction, which, in turn, led to far fewer people itemizing on their tax returns and having less incentive, at least from a tax standpoint, to contribute to charities. But if you don’t typically give enough each year to itemize deductions, you could combine several years’ worth of giving into one contribution to a DAF

and take a larger deduction in that tax year. And you can claim that deduction, even though the DAF may distribute funds to charities over several years.

- **Tax-free growth of earnings** – Once you contribute an asset to a DAF, any earnings growth is not taxable to you, the DAF or the charitable groups that receive grants from the DAF.
- **Avoidance of capital gains taxes** – When you donate appreciated stocks or other investments — or for that matter, virtually any appreciated asset — to a DAF, you can avoid paying the capital gains taxes that would otherwise be due if you were to simply sell the asset and then donate the proceeds to charitable organizations. Plus, by receiving the appreciated asset, rather than the proceeds from a sale, the charitable groups can gain more from your contribution. And you can also take a tax de-

duction for your donation.

While these potential tax benefits can certainly make a DAF an attractive method of charitable giving, you should be aware of some potential tradeoffs. Once you contribute assets to a DAF, that gift is irrevocable, and you can’t access the money for any reason other than charitable giving. Also, your investment options are limited to what’s available in the DAF program you’ve chosen. And DAFs can incur administrative costs in addition to the fees charged on the underlying investments.

You may want to consult with your financial professional about other potential benefits and tradeoffs of DAFs and whether a DAF can help you with your charitable giving goals. Also, different DAF sponsors offer different features, so you will want to do some comparisons. And because DAFs can have such significant implications for your tax situation, you should consult with your tax professional before taking action.

If a DAF is appropriate for your situation, though, consider

it carefully — it might be a good way to support your charitable giving efforts for years to come.

Contact Mark today to discuss this topic or any of your financial goals.

Mark Freeman, CEPA
Edward Jones Financial Advisor
77 West Main Street,
Hopkinton, MA
508-293-4017
Mark.Freeman@edwardjones.com

THIS ARTICLE WAS WRITTEN BY EDWARD JONES FOR USE BY YOUR LOCAL EDWARD JONES FINANCIAL ADVISOR.

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice. You should consult your estate-planning attorney or qualified tax advisor regarding your situation.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

MEDWAY OIL & PROPANE
"Your Total Home Comfort Company"
FAMILY OWNED & OPERATED SINCE 1954

PROGRAMS

- Flexible pricing & budget programs
- Ask about our Veteran, Military, First Responders discount

SERVICE

- Emergency service 24-7
- Oil & propane fired equipment

FUELS

- Heating Oil
- Propane
- Diesel
- Bagged Coal

INSTALLATIONS

- Oil & propane heating systems & water heaters
- Oil to propane conversions

FREE: 100 GALLONS
of Home Heating Oil or Propane*

FREE: \$100 ACCOUNT CREDIT
towards your first
Tune-up or Service Plan*

Give us a call today!
800-649-5949
info@medwayoilpropane.com

Your Neighbors have Voted Us
GOLD MEDAL WINNERS!
Call today to learn more about our services!

*APPLIES TO WHOLE HOUSE HEAT CUSTOMERS ONLY. ASK FOR DETAILS. *NEW AUTOMATIC DELIVERY CUSTOMERS ONLY. OFFER ENDS THE LAST DAY OF THE MONTH.

A Winning Addition – Dr. Kylee Eagles Brings Sports Medicine and Nutrition Expertise to Medway

By JENNIFER RUSSO

If you have ever experienced muscle or joint pain, you know that it greatly impacts quality of life. It can limit mobility, make daily tasks seem almost impossible to complete, and cause an incredible amount of frustration and stress. Maybe it was a rotator cuff tear in a baseball game or a pulled hamstring while out on your morning jog. Perhaps it was a strained back muscle caused by shoveling snow, knee pain caused by something you aren't sure of, or a case of tendonitis or arthritis. Whatever the malady, it is important to seek the care of a specialist to analyze the root cause so that further damage is avoided.

Dr. Kylee Eagles, renowned for her expert and compassionate care on the South Shore, has recently moved her practice to Medway, offering a welcoming space nearby for those looking to heal, regain their mobility, or achieve their personal health

Business spotlight

goals. She is looking forward to continuing along the path that she believes she was born to follow.

“I grew up in the healthcare world, with both of my parents being chiropractors. I remember when I was twelve, I was helping my dad over the summer and one of his high school patients had some shoulder pain during a personal training session. He took him aside and adjusted his rib since it had misaligned, and I remember looking at him and telling him that this was what I wanted to do. I thought it was awesome that the patient was able to continue with his workout and not cause any additional injuries because of a doctor having that knowledge and fixing it right away. Every decision I have



made since that moment has been toward becoming the best sports medicine doctor I can be,” shares Dr. Eagles.

And she truly loves what she does, believing that medicine isn't just about treatment, but build-

ing strong and meaningful relationships with her patients. With everything she learned in school, her residency and fellowship, she still credits patients with teaching her new things every day.

“I believe in lifelong learning. You need to constantly learn new things in order to be great at what you do. In medicine, there are always advancements being innovated every day. Sometimes I will have patients come in with a unique issue and I'll investigate treatment options. If there is a new procedure that I think would be beneficial to them, I will do everything to learn that procedure so I can help. I want to fix their problem, that is my ultimate goal,” says Dr. Eagles.

Dr. Eagles is triple board certified in family medicine, sports medicine, and obesity medicine, and has an additional certification in sports nutrition, so comprehensive care is the main focus of her practice.

“If an athlete has an injury or finds that there are repetitive injuries, it is critical to get to the root cause of the problem. Sometimes there is a nutrition deficiency, or they are not fueling themselves properly, or another issue that needs to be addressed. So, factoring in the nutritional conversations are just as important,” shares Dr. Eagles.

As a runner, weightlifter, and former competitive swimmer herself, she genuinely strives to ensure that her patients have all

the tools they need to remain strong and healthy. Understanding what her patients are going through, she will try to find ways to help them (both athletes and non-athletes) stay active so that they don't become sedentary and find themselves injured again.

“We aren't meant to sit still. Not being active throughout our lives causes all of the side effects of that. Obesity, depression, diabetes, heart disease, joint pain, and even anxiety can all be caused by not moving our bodies. And injuries often happen when someone isn't being consistent in their movement,” says Dr. Eagles.

When might you seek treatment for pain? Here's what to pay attention to.

“Any sharp pains, stiffness, weakness or limitations to being able to move around easily are red flags,” she says. “Early care can ensure the ability to stay strong and active, enjoying all of life's moments as they come.”

Dr. Eagles is now accepting patients of all ages at her new office, located at 68A Main Street in Medway. The building also includes a lab, x-ray, and urgent care so patients don't need to travel to multiple locations for treatment. Call to schedule an appointment at (508) 321-2844 or visit <https://www.milfordregionalphysicians.org/doctors/eagles-kylee-do> for more information.

NEW SPORTS MEDICINE PRACTICE IN MEDWAY

Get Back to Doing What You Love

Muscle and joint pain can hold you back from the activities you enjoy, making even simple daily tasks feel challenging.

Dr. Kylee Eagles is here to help. Treating patients of all ages, she specializes in managing musculoskeletal conditions, reducing pain, and improving mobility — so you can get back to living life to the fullest.

Board-certified in family medicine, sports medicine, and obesity medicine, Dr. Eagles offers a unique blend of expertise. She is certified in sports nutrition and has advanced training in exercise physiology, osteopathic manual therapy, trigger point therapy, nerve blocks, and ultrasound-guided diagnosis and treatment.

Whether you're an athlete looking to return to peak performance or someone seeking relief from chronic pain, Dr. Eagles provides personalized care and empowers you with the tools to stay active and feel your best.



Kylee Eagles, DO

**Schedule an appointment
by calling 508-321-2844**

**Milford Regional
Physician Group**

**Sports Medicine & Wellness
in Medway**

68A Main Street, Suite 101A • Medway, MA
508-321-2844 • [milfordregionalphysicians.org](https://www.milfordregionalphysicians.org)

PAID ADVERTISEMENT

Your Money, Your Independence

Portfolios Care About Asset Allocation, Not Your Emotions.

**Glenn Brown, CFP**

Investing is a journey with greed, fear and uncertainty creating market fluctuations and volatility to portfolio values. While the cause always changes, one thing remains constant - portfolios don't care about your emotions.

Sounds harsh? Maybe.

Consider the last time your investments performed based on how you feel? This isn't the chicken or the egg. Investments don't react based on how you feel, they react to your actions and choice of asset allocation or lack thereof.

What is Asset Allocation?

Asset allocation is a foundational strategy of dividing an investment portfolio across different domestic and international asset classes—such as stocks, bonds, real estate, hard assets, and cash equivalents—to balance risk/reward and reduce volatility. This allows investors to participate in returns over time by staying invested throughout market, macroeconomic and geopolitical cycles.

This Time is Different!

Really? Let's take a trip down memory lane the past 25 years.

Recall Y2K, Four Horsemen, Dot.com Bubble, 9/11 Recession, Iraq, No Income Verification Mortgages, \$150 Oil, Housing Bubble, Financial Crisis, 0.1% Cash, Great Recession, Quantitative Easing (QE), Flash Crash, QE2, Debt Ceiling, Government Shutdown, Greece, Taper Tantrum, QE3 - Shock & Awe, FANG, Brexit, 2016 Election, Tax Cuts, China Trade War, 9 Fed Rate Hikes, COVID Shutdown, 3X Stimulus, 9% Inflation, Ukraine, 10 Fed Rate Hikes, 2022 Non-Recession, Magnificent 7, Trump II. Throughout all these events, asset allocation ensures not all investments in a portfolio are moving in unison.

Asset allocation is not influenced by emotions; it is a strategically, diversified portfolio spread across different asset classes to help smooth out market fluctuations and reduce overall risk. For example, if stocks are down, then bonds or real estate or gold may be performing well to help offset.

S&P 500 Index ≠ Asset Allocation.

Many believe investing in the S&P 500 index is the same asset allocation. It's not.

Being broadly diversified across U.S. large companies represents one asset class. Due to an average annualized return of ~13.9% over the past 15 years, recency bias has investors "setting it and forgetting it".

Asset Allocation at Work.

Most under age 45 (and some older) don't recall "The Lost De-

cade" when the S&P 500 index total return including dividends from 2000-2010 was -9.1%. Correct, \$1 million invested on Y2K was ~\$910,000 ten years later.

Elsewhere from 2000-2010, positive returns and outperformance was captured in index funds of developed international stocks, emerging market stocks, U.S. small cap stocks, U.S. high-yield bonds, U.S. REITs (Real Estate Investment Trusts), commodities, gold, cash and U.S. bonds.

Speaking of the U.S. Aggregate Bond index, \$1 million invested became ~\$1,840,000. Because of this divergence, the S&P 500 index didn't catch up to the U.S. Aggregate Bond index until 2017, or 17 years later. If you're in the distribution stage of your life (i.e. retirement), that's not good.

Asset allocation models vary and ideally are based on timelines for the need of funds in a financial plan, not your age. How one invests a Roth IRA, Traditional IRA or taxable brokerage account could be different and should align with "when" and "how much" the plan projects to draw from each account.

Ignore at Your Own Risk.

When investors ignore asset allocation, they risk making decisions based on emotion. During market highs, greed sells lagging asset classes. During downturns, fear sells into panic without a plan back into the long-term strategy. These emotional responses create market timing and remove your foundation.

So remember, during times like these, your portfolio cares about asset allocation — a founda-

tional strategy to help you manage risk, smooth out market volatility, and stay on track to meet timelines of your financial goals.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

**NOTICE OF ACTIVITY AND USE LIMITATION
MILLIS CORPORATION
140 DOVER ROAD, MILLIS, MA
RELEASE TRACKING NUMBER 2-3000380**

A release of oil and/or hazardous materials has occurred at this location, which is a disposal site as defined by M.G.L. c. 21E, § 2 and the Massachusetts Contingency Plan, 310 CMR 40.0000. On March 10, 2025, BASF Corporation recorded with the Norfolk County Registry of Deeds a NOTICE OF ACTIVITY AND USE LIMITATION on the disposal site, pursuant to 310 CMR 40.1070 through 40.1080.

The Notice of Activity and Use Limitation will limit the following site activities and uses on the above property:

- (i) Any use (commercial, residential, or institutional) for (a) childcare, day care, or educational uses (whether for infants, children, the infirm, or the elderly), or (b) as a playground or other similar outdoor or recreational use, including ball fields, where an infant, child, the infirm, or the elderly could be exposed to site soils for an extended period of time;
- (ii) Any Residential use of the Property. "Residential" shall mean and include any improvement, structure or dwelling used for living accommodations (single or multi-family occupancy, including without limitation detached housing, condominiums, apartment buildings, dormitories, and senior citizen housing); any hospital, hospice, or nursing home facility; any prison; or any other similar or like use;
- (iii) Any agricultural use of the Property, including use of subsurface soils for the growing of fruits or vegetables for human consumption;
- (iv) Any activity, including but not limited to excavation, trenching, underground demolition, underground construction, construction or removal of building foundations, or planned (non-emergency) underground utility work in the AUL area that may expose, disturb, or result in the exposure to site soils or groundwater, unless such work is conducted in accordance with a SGMP and a health and safety plan (HASP) developed and implemented by a Massachusetts Licensed Site Professional (LSP), in accordance with the Massachusetts Contingency Plan (MCP) at 310 Code of Massachusetts Regulations (CMR) 40.0000 and 29 Code of Federal Regulations (CFR) 1910.120;
- (v) Any excavation or earth work activities within the AUL area that would materially alter the surface grade of the Property, unless first evaluated by an LSP who renders an opinion to the effect that the resulting altered grades will not create or increase a condition of Significant Risk on the Property, as defined by the MCP; and
- (vi) The construction of a building with a basement and without the inclusion of an engineered vapor barrier and a sub-slab depressurization/venting system (SSDS) and without appropriate operation, maintenance and monitoring in place, as may be required by the LSP and/or the Massachusetts Department of Environmental Protection (MassDEP) in accordance with the MCP.

Any person interested in obtaining additional information about the Notice of Activity and Use Limitation may contact Richard Kowalski, LSP, Aries Engineering, 104 Pleasant Street Concord, NH 03301, Telephone # 603-228-0008, extension 223.

The Notice of Activity and Use Limitation and the disposal site file can be viewed at MassDEP website using Release Tracking Number (RTN) 2-30000380 at <https://eeaonline.eea.state.ma.us/portal#/search/wastesite>, or at the MassDEP Central Regional Office, 8 New Bond Street, Worcester, MA 01606, telephone number 508-792-7650.

Matilda, Jr., the musical, comes to Medway

The Medway Middle School Department of Performing Arts proudly presents Matilda, Jr., the musical.

Performance dates are scheduled for April 4 at 7:30 p.m., April 5 at 2 p.m. and 7:30 p.m. For more information and to purchase tickets visit www.mmsperformingarts.com

Source: Medway Public Schools

Contact Jen at jenschofield@localtownpages.com to advertise today!



3
PRIVATE DINING AT 3

Up to 150 guests
Corporate Dinners
Rehearsal Dinners
Bridal & Baby Showers
Graduations & more

Our contemporary, beautifully appointed private dining rooms provide the perfect backdrop for your event. 3 has the menu, and atmosphere, to suit the most discerning tastes.

For more information, contact Jasmine at jm@3-restaurant.com or 508.528.6333

461 W Central Street (Rt. 140), Franklin, MA
3-restaurant.com

Millis Council on Aging April 2025 Events

900 Main Street, Millis
(508) 376-7051
Hours: 8:30 AM- 4:00 PM,
Monday, Tuesday, Wednesday and
Thursday
8:30 AM- 12:30 PM Friday

TECH TIME Drop-In Help for computers & smartphones!
Esther Davis of the Millis Public Library will be here to help!
Tuesday, April 1 at 12:00 PM

EXPLORE WITH SUSAN: Leadership in Turbulent Times
Join us for a special Road Scholar Zoom video "2025 Key-note Doris Kearns Goodwin-Leadership in Turbulent Times" discussing leadership in difficult times throughout US history.
Monday, April 7 at 11:00 AM.

Sign up (508) 376-7051

LUNCH & LEARN: Solo Aging

Is your support system small? Whether your family and friends live far away, have passed on, if you didn't have children or if you live your best life independently, come and learn tips to extend your network as your health, housing, financial and emotional needs change over time. Brought to you by Advanced Home Care and Dignity Hospice. Free.

Tuesday, April 8 at 11:00 AM—12:30 PM. Sign up for lunch: (508) 376-7051

PIZZA & PREVENTION with the Millis Fire Dept.

Monthly informative and fun program about fire and life safety. Pizza served. Free. Monday, April 14 at 11:00 AM. Sign up (508) 376-7051

PAINTING WITH AMY ADAMS

A fun afternoon of inspired painting on canvas. Sponsored by the Millis Cultural Council, a member of the MA Cultural Councils. Tuesday, April 15 at 1:00 PM. Sign up (508) 376-7051

COFFEE with the DIRECTOR: Upcoming Community Survey

Join Millis COA Director Anne-Marie Gagnon for a discussion of the community sur-

vey and needs assessment all residents age 60 plus will be receiving in the mail soon in partnership with the UMass Boston Gerontology Institute Center for Social and Demographic Research on Aging. This survey will help us to serve you better!

Wednesday, April 23 at 10:00 AM

HOW DO I USE MY PC? New Topics!

Nancy Snow returns to lead this 4 week workshop designed for users of computers and laptops that do not have the Apple logo. Wk 1: tour of your PC; Wk 2: email; Wk 3: surfing and shopping the internet;

Wk 4: using calendars and other applications. Bring your questions!

Fridays, April 4, 11, 18, 25 at 11:00 AM. Free.

Sign up: (508) 376-7051

MILLIS MEMORY CAFÉ at the Millis Public Library

For individuals and families living with memory changes. Call the library at (508) 376-8282 for more information.

Monday, April 28 at 10:30 AM.

MONTHLY BOOK TALK with SANDRA & PATSY

Join Patsy Divver and Sandra Scott to discuss new authors!

Tuesday, April 29 at 11:00 AM. Sign up (508) 376-7051



LET'S GET TRAVELING!

Your dream vacation begins... from the moment you start planning!

Contact us today
Jeff Sessions
(508)-244-5476
jsessions@dreamvacations.com
VacaySessions.com

Enter to win a Dream Vacation



342 E. Central st. Franklin, MA 02038 (next to Big Y)
Phone: (508) 440 - 5004




Apricot Lane BOUTIQUE Franklin

Locally owned, curated trendy fashion women's boutique with personalized shopping experience

Open: Monday - Saturday: 11-5, Sunday: 12-4



New England Steak & Seafood Restaurant



MAKE YOUR EASTER RESERVATIONS NOW!

9 SEATING TIMES AVAILABLE

12:00 noon	2:30 p.m.	5:00 p.m.
12:30 p.m.	3:00 p.m.	5:30 p.m.
1:00 p.m.	3:30 p.m.	6:00 p.m.



Route 16, Mendon • 508-473-5079
nesteakandseafood.com

A Year of New Friendships and Fur-tastic Adventures at Dogtopia

By JENNIFER RUSSO

Whether you added a new pup to your home over the holidays, are planning on doing some travel without your furry friend or have been looking for just the right place where you can leave your favorite canine companion for the day, Dogtopia understands that dogs are more than just pets, they are a part of your family.

Dogs are unique in that they are full of unconditional love, they give all of themselves to the people who care for them, expecting nothing in return except some food and attention. They bring a joy to their owners that can't really be described, so finding a caregiver for them is an important choice for any pup-parent.

Dogtopia is committed to giving these extended family members a happy, loving, and safe environment to play and learn in. With their state-of-the-art facility, impeccable safety standards, and certified animal-loving team members who are expertly trained to meet the needs of every pup, dog moms and dads can rest assured that their animals are very well taken care of and having a fabulous time.

Dogtopia, located in the Franklin Village shopping area, aims to be a haven for dogs by creating a fun and engaging environment for them while their owners are busy with work, errands, vacations, or other responsibilities.

"We want your pup to look forward to coming here. Nothing makes us happier than when one of our furry clients shows up and their tails are wagging in excitement to start their day with their friends," says Dogtopia Director Amy Hughes.

The Franklin Dogtopia location has three spacious playrooms where the dogs are placed based on their size, temperament and play style. Safety is always the first priority, and there are a number of protocols in place to ensure the pups' wellbeing, such as certified staff, compressed rubber flooring to reduce impact on the dogs' joints, soundproofing, a climate-controlled environment, and pet-friendly cleaning supplies.

Dogtopia requires a meet and greet for new clients, so that they can find the best placement for

Business spotlight

the pup, since all dogs are different. Each dog needs to be fit for an open play environment, and they conduct a thorough temperament test during this visit to better understand how the pup prefers to interact with others.

"We want to safely socialize the pups so they can release their energy, while getting lots of exercise and having fun," shares Hughes. "We have agility exercises, brain games, and more. It's an activity-filled day that will leave pups happy and fulfilled, so when they go home, they can relax and snuggle with their families."

All dogs need to be at least 12 weeks of age and must be up to date on all required vaccinations (Rabies, Canine Influenza, DHPP, and Bordetella). Dogs 7 months old and up must also be spayed/neutered. If you don't have the records on hand, Dogtopia is able to call your vet and obtain them for you.

For those who welcomed a new pet to the family this year, Amy shares some important tips:

- 1) Early socialization is extremely important so that the pup understands how to act within different environments and becomes more desensitized to distractions.
- 2) Be consistent with everything and have a routine in place that the pup can expect. A certain mealtime, play time, bedtime, potty time, etc. can make all the difference.
- 3) Be patient and calm while training. All dogs are different, and no pup is perfect. Praise for good behaviors and calmly correct those that need improvement.

"If the dog is still a puppy, we do offer a puppy pre-school that can help dogs acclimate early and be more adaptable," she says. "Bringing any pup into Dogtopia is always a win, because they will learn to safely socialize, have fun playing in a structured way, and reinforce good behaviors that make home life even smoother."



Dogtopia promises peace of mind for dog parents, with live webcams in every playroom that can be looked at any time, and periodic report cards to keep them in the loop.

In addition to daycare, boarding and spa services are also available. Homestyle crates are set up comfortably for rest and that feeling of "home away from home" and pups can even be pampered with a bath, nail trim and blueberry facial!

Dogtopia operates with a community mindset, with events that clients can take part in with their pups, such as a craft day where pups create gifts for their human parents, themed dance parties, Mini Mondays which offer specialized play for small dogs, and more. They even recently had a Santa and pup photo op and an ugly sweater party.

In addition to helping the community by caring for local pets, the Dogtopia Foundation also comes together to raise money for important causes, such as service dogs for Veterans. Stay tuned to learn how to help them with these efforts.

Does your pup need a place for socialization, exercise, love, and endless fun? **Take advantage of a special, limited time offer - for just \$99 a week, your pup can enjoy unlimited daycare visits.** This deal won't last long, so grab it while it's available!

Learn more about Dogtopia of Franklin Village and their amazing services by visiting <https://www.dogtopia.com/massachusetts-franklin-village/> or check out their Instagram at @DogtopiaFranklinVillage.



Check out our April Events!

Puppy Pre-School * Every Saturday

Welcome to Puppy Preschool! Is your pup ready to learn, play, and grow? Enroll them in our Puppy Preschool and set them up for success!

- Socialization with fellow puppies
- Fun games and activities to boost confidence
- Puppy playtime and bonding with other furry friends

Gotcha/Birthday Day * April 2nd

It's birthday and gotcha day celebration time! Today, we're celebrating all the pups with birthdays this month. Join us in the festivities and let's make their special day unforgettable! Happy barking birthday to our furry friends!

Mini Mondays * April 7th & April 28th

Treat your little furry friends to a fun-filled day just for them! From games to cuddles, we have activities that will make their tails wag with joy! Reserve their spot today!

Siblings Day * April 10th

Siblings Day is the perfect day to celebrate the pups who share a home or special bond! Don't miss out - We'll be having a photo shoot for our dynamic duos!



Woofstock * April 15th, 16th, & 17th

Break out the disco balls and clear off the dance floor, it's WOOFSTOCK! Our daycare will be decorated festival-ly for 3 days of musical fun: from classic disco, to high-energy rock, to nostalgic '90s hits - we'll have beats that every pup can bark to!

Wellness Wednesday * April 23rd

Mark your calendars! This Wednesday, we're focusing on dog wellness with special activities and tips to keep our pups thriving. Come join the fun and learn how to give your furry friends the best care possible!

Foundation Friday * April 25th

We are Makin' Bacon for the Foundation! Bring your pup in for daycare and treat them to two strips of turkey bacon for a \$5 donation.

PAID ADVERTISEMENT



CHARRON
Tree Service
Quality Timely Service!
BELLINGHAM, MA
508-883-8823
FREE ESTIMATES • FULLY INSURED

RESIDENTIAL & COMMERCIAL

- Tree Removal
- Pruning/Trimming
- Storm Damage
- Land Clearing
- Stump Grinding

KEVIN LEMIRE, OWNER
All employees are covered under Workers' Comp Ins.

CharronTreeService.com

Millis High School receives \$6,400 financial literacy grant

The State Treasurer's Office of Economic Empowerment (OEE), in partnership with the Division of Banks (DOB) and the Office of Consumer Affairs and Business Regulation (OCABR), announced the 2024-2025 recipients of the Financial Education Innovation Fund Grant.

Millis High School received a grant in the amount of \$6,400.

Following a competitive application process that concluded in November, the state agencies awarded grants to 58 schools, totaling \$201,272. This funding will allow Massachusetts high

schools and special education programs to host financial education fairs, known as Credit for Life Fairs, for their students.

Of the 58 recipient schools, six received funding as Seed Applicants and will host fairs for the first time.

For the second year, participating schools that have a large population of low-to-moderate income students will receive an additional \$500. Seventeen schools received this additional funding to bring much-needed financial education to students in the state's most vulnerable com-

munities.

"Financial literacy is the foundation for a more stable future, and Credit for Life Fairs empower our students with the tools they need to succeed," said State Treasurer Deborah B. Goldberg. "These hands-on experiences give young adults the confidence to navigate real-world financial challenges and make informed decisions as they step into adulthood."

Submitted by the Office of Economic Development, Office of the Treasurer and Receiver General of Massachusetts

Travel "Far and Wide" with Exsultet!

Music lovers are invited to embark on a musical journey! Exsultet presents the concert series "Far and Wide", an enchanting concert showcasing diverse songs and global

scope, celebrating the unifying spirit of music across cultures. The event promises to enrich audiences with captivating harmonies and powerful performances. Don't miss this



melodies. Join us on Saturday, April 12, at 2 p.m. at First Parish of Westwood, 252 Nahatan Street, Westwood, and on Sunday, April 13, at 2 p.m. at First Congregational Church, 725 Washington Street, Holliston.

The repertoire features beloved classics and cultural gems, such as Sweet Caroline and Eleanor Rigby. Soulful traditional songs like Loch Lomond and Down in the River to Pray will transport listeners to a unique musical land-

vibrant celebration of global music and the power of women's voices.

General admission tickets are \$20; students and seniors (65+) are \$15; and children 12 and under are free. Performances are not suitable for children under age 6. Tickets can be purchased beginning March 10 through our website (www.exsultet.us) or at the door prior to the performance.



Lilac House
Chinese Restaurant
紫丁香屋

508-376-8868

34 Milliston Road, (Milliston Common), Millis MA 02054

Pleasureable Dining and Take Out Service

OPEN HOURS:
MON - THURS: 11 - 9:30 P.M.
FRI & SAT: 11 - 10:30 P.M.
SUNDAY: NOON - 9:30 P.M.

ONLINE ORDERING AVAILABLE

\$5.00 OFF
The Purchase of \$35 or more (one per table)
Not valid with other offers
Valid thru 4-30-25

WWW.LILACHOUSEMA.COM

WOODSTOCK BUILDING ASSOCIATES, LLC

The Leader in Design-Build

WOODSTOCK, CT
3 Route 171, Suite 1
860-928-0897



FRANKLIN, MA
15 Main Street, Suite 11A
508-570-4853

Residential Carpenter to join the team in Franklin, MA!

If you want to work in a supportive team environment and collaborate on some amazing residential projects, then you should join the Woodstock Building Associates team. Our company is focused on continuously improving our processes and elevating our business. Our mission is to have a positive sustainable impact in the communities we build in. We are a residential design-build firm that is 21 members strong, a family focused organization, passionate about our mutual success, and looking to create happy clients.

Learn more here: wbahomes.com

Emails at: careers@wbahomes.com



MA Home Improvement Contractor #119085 - MA Construction Supervisor #111269 - CT Home Improvement Contractor #565903 - CT New Home Construction Contractor #160

REMODEL - NEW CONSTRUCTION - KITCHENS & BATHS - ADDITIONS

MAPC scholarship deadline is April 18

The Metropolitan Area Planning Council is offering a new scholarship to a high school senior, in the Greater Boston region, who is interested in the field of planning.

The \$1,000 "Planning Our Communities: Reimagining the Region" scholarship can be used at a college or university of the recipient's choice.

Graduating high school seniors from Medway and Millis, or any of the 101 cities and towns in the Greater Boston region (see full list at bit.ly/MAPCScholarship), who are committed to advancing a more equitable, sustainable,

collaborative, and climate-friendly region through studies in the fields of Climate; Community Engagement; Community, Housing, and Economic Development; Environmental Protection; Geographic Information System (GIS) and Spatial Analysis; Inclusive Mobility and Transportation; Municipal Governance; Planning; Public Health; Public Policy; and/or Sustainable Development and Preservation.

The deadline to apply is April 18, 2025.

For more information, including the application and guidelines, visit bit.ly/MAPCScholarship.

Abigail Miller of Millis to run for the Dana-Farber Marathon Challenge team

On April 21, Abigail Miller of Millis will run to defy cancer as a member of the Dana-Farber Marathon Challenge team in the 129th Boston Marathon®.

Along with more than 500 Dana-Farber Marathon Challenge teammates from across the United States and around the world, they will run Massachusetts' historic marathon route from Hopkinton to Boston to collectively raise \$8.5 million for cancer research at Dana-Farber Cancer Institute.

This year marks the 36th annual running of the Dana-Farber Marathon Challenge (DFMC). One hundred percent of the money raised by the Dana-Farber Marathon Challenge team benefits Dana-Farber's Claudia Adams Barr Program in Innovative Basic Cancer Research,

which supports promising science research in its earliest stages. The Dana-Farber Marathon Challenge has raised more than \$132 million for the Barr Program to date.

In 1990, Dana-Farber was among the first charity organizations to be recognized by the Boston Athletic Association (B.A.A.), which organizes the Boston Marathon. The Dana-Farber Marathon Challenge team offers its members extensive fundraising support, training guidance from 1976 Boston Marathon Men's Open Division Champion Jack Fultz, and team training runs. Dana-Farber Marathon Challenge runners who are not time-qualified for the Boston Marathon receive an invitational entry into the race.

Runners include cancer survi-

vors and patients, and family and friends of those who have been affected by cancer. Each team member must fulfill a basic fundraising commitment:

Invitational runners - runners who receive their entry from Dana-Farber have a minimum fundraising commitment of \$10,000.

Own entry runners - runners who have joined the DFMC after obtaining their own race entry have a fundraising commitment of \$4,000.

To contribute to the Dana-Farber Marathon Challenge,



visit RunDFMC.org or contact the Dana-Farber Marathon Challenge office at (617) 632-1970 or dfmc@dfci.harvard.edu. Follow DFMC on Facebook: www.facebook.com/marathonchallenge. On Twitter: #RunDFMC.

Submitted by Dana-Farber Cancer Institute & The Jimmy Fund

Abigail Miller (left) and her mother at the Falmouth Road Race. Courtesy photo

Millis Class of 1975 to celebrate 50 years

The Millis High School Class of 1975 will be recognized during the graduation ceremony for this year's class. It's a tradition - students from 50 years ago stand together and present themselves to the audience. Graduation begins at the high school on Thursday, June 5, at 6 p.m.

A reunion of the classmates will follow at the Boggestowe Fish & Game Club, 247 Ridge Street in Millis, from 7:30 p.m. to midnight.

Classmates from 1975 are encouraged to reserve seats at the graduation, and make reservations for the reunion. For more information, contact Debbi (Davis) Costello at dcostello10@gmail.com.

Friends of the Millis Library Spring Book Sale in April

The Friends of the Millis Public Library will hold its Annual Spring Book Sale on Sat., April 5, from 9 a.m. to 1 p.m., in the Roche Bros. Community Room at the library.

In addition, there will be a Friends of the Library preview and sale for current members on Fri., April 4, from 6 p.m. to 8 p.m. New membership applications will be accepted that night. One great benefit of being a Friend is first pick of everything!

On Sun., April 6, from 1 p.m. to 3 p.m., there will be a special sale when each bag of books and

media will cost \$5 on that day.

A large selection of well-organized adult and young adult fiction, non-fiction and children's books in hardcover and paperback will be on sale, plus CDs, DVDs, puzzles, games and special finds and collections at fantastic prices. Credit cards are now being accepted for purchases. Proceeds help to support children's, youth and adult programs and the purchase of museum passes for the library.

For more information, visit www.millislibrary.org

116 Main Street, Medway
(508) 533-6655

32 Hasting Street, Rte 16. Mendon
(508) 381-0249

43 Main Street, Hopkinton
(508) 625-8100

325 N. Main Street, Natick
(508) 647-0500

296 Washington Street, Westwood
(508) 533-6655

907 Main Street, Walpole
(508) 533-6655

MUFFIN HOUSE CAFE

We are now accepting orders for Easter in store or online
muffinhousecafe.com

Open Daily Bakery with Fresh Muffins/Pastries

Breakfast and Lunch Sandwiches Best Blueberry Muffins Since Jordan Marsh

Receive 10% off any cake
with this coupon
All our cakes are made from scratch on the premises
Expires 4-30-2025

Muffinhousecafe
facebook

FREE SMALL COFFEE
with a purchase of a muffin with this coupon
Expires 4-30-2025

With our **YOU**nique mortgage options, your dreams can come true.

If you're looking to refinance or buy a home, we offer mortgage solutions that are **YOU**nique. At Charles River Bank, our Mortgage Consultants will provide the expertise you need and a truly **YOU**nique banking experience.

Talk with a Charles River Bank Mortgage Consultant today, or visit our online Mortgage Center anytime. We'll show you why Charles River Bank is **YOU**nique.

Charles River Bank
Personal Connections. Powerful Solutions.

CharlesRiverBank.com
508-533-8661
70 Main Street • Medway
2 South Maple Street • Bellingham
1 Hastings Street • Mendon

Equal Housing Lender

NMLS# 743045
Member FDIC, Member DIF

The b.LUXE *beauty beat*

Gray-Blending for Women: Embracing Your Gray Hair in 2025

By GINA WOELFEL

You may remember our “Gray-Blending” article from last March. Since then, a growing interest in blending gray hair has been all over social media. You’ve got questions, and we’ve got the answers! Here’s your updated guide to gray-blending, with everything you need to refresh your look in 2025.

The world of hair color is undergoing a significant shift, with more women opting for gray-blending techniques instead of fully covering their gray hair. While gray-blending has been around for years, a surge in demand for low-maintenance hair color has brought this innovative technique into the spotlight. By seamlessly blending natural grays with soft highlights and translucent color, gray-blending creates a fresh, modern look that feels soft and natural. Unlike traditional hair dyes that often leave a harsh line of regrowth, gray-blending offers a lived-in style that celebrates the beauty of aging, giving women more freedom and flexibility with their hair coloring routines. Women aren’t just accepting their gray hair—they’re embracing it as a symbol of strength, confidence, and individuality!

opaque wool tights. This application creates a uniform color that matches either your natural shade or your desired color but often results in a noticeable line of regrowth at the roots.

- **Demi-Permanent Coverage:** This method uses less pigmented dye to offer about 80% gray coverage. It provides a softer approach, allowing some natural gray tones to show through, similar to wearing sheer, colored pantyhose.
- **No Coverage:** This approach is a full gray embrace that leaves your natural gray and silver hair to take center stage. Using a clear gloss and brightening shampoo can eliminate brassiness and add shine. It’s like wearing sheer, nude pantyhose—subtle, simple, and naturally beautiful.

Modern hair dyes offer a broader spectrum of colors and a more vibrant finish than their predecessors but still require salon visits every 4 to 6 weeks. Many women continue to use the same hair color for years, believing that their natural shade remains unchanged, even though their original hair color has likely shifted significantly.

Beauty is our Business!



GRAY-BLENDING INFORMATION

It’s easy to fall into a routine with hair coloring. While full coverage may have worked in the past, it’s important to consider whether it remains the best option for you today.

Why is Gray-Blending For Women So Popular?

Embracing natural gray hair can be challenging for many women. Transitioning from a solid hair color to gray is often a significant emotional commitment. The rising popularity of gray blending offers a modern way to integrate gray hair with your natural or chosen color. It’s an excellent option for those looking for a low-maintenance way to incorporate more gray into their style without immediately making a complete silver commitment.

How To Transition To Gray-Blending

For clients who’ve been coloring their hair for years but want to gray-blend or transition back to their natural color, there are several options available:

1. **Highlights and Lowlights:** If you’re looking to minimize the appearance of gray roots, a stylist can strategically apply highlights or lowlights around your face, which softens the look of regrowth and adds dimension without creating a stark line of demarcation. Additionally, incorporating a few carefully placed highlights near your part can lift gray strands closer to your silver color. At the same time, a toner (used after bleaching or coloring to help neutralize brassiness and unwanted undertones, resulting in a more desired and custom-



ized color) can help unify the overall appearance.

2. **The Big Chop:** If you’re ready to take the plunge, cutting your hair short and allowing it to grow out naturally is a great option. It typically takes about 1.5 years for your hair to reach shoulder length, but regular trims can help eliminate any unwanted color.
3. **Complete Silver Transformation:** For many, the desire to go completely silver in one sitting is tempting. While some can achieve this in one session, it’s a lengthy and costly process that can take up to 12 hours and may not always provide the results you expect.

Regardless of your method, a toner or tinted gloss is always recommended to ensure maximum brightness and a beautiful finish.

The Timeline for Gray Blending

The timeline for transitioning to gray hair varies for each individual. Factors such as your hair’s health, the coloring method you choose, and the rate at which your hair grows will all influence your journey. Your stylist will typically want to see at least three to four months of hair regrowth to assess your gray pattern. While this timeline can differ from person

to person, it serves as a general guideline that helps your stylist create the most effective color plan for you moving forward.

Once you start the transition process, you can expect your maintenance and upkeep to be about eight to twelve weeks apart, depending on your chosen method. Typically, it takes about 3 to 4 salon visits to complete the process and get your hair to the desired state.

The best part? Nothing is permanent! If gray blending isn’t your style, you can always return to your traditional color. Your stylist supports you every step of the way and ensures you look and feel your best.

Curious How Gray-Blending Can Work For You?

Visit b.LUXE Hair & Makeup Studio for a complimentary color consultation. Our expert stylists will help you navigate the world of gray-blending and find the perfect solution for all your needs.

2025 is the year for you to embrace your gray hair with style and confidence!

Scan the QR code for more information about gray-blending, including before-and-after photos of real clients. To book a consultation, go to bLUXE.com.

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

GOT INSERTS?

Great for Big Events, Coupons, Menus & More!

You print or we print ... then we distribute.

Reach more than 140,000 households.

Contact Jen for Pricing and Reservations:

508-570-6544

or email at jenschofield@localtownpages.com

	<p>FREE ESTIMATES</p> <p>COMPLETE BATHROOM REMODELING</p>	
	<p>FRANKLIN BATH & TILING</p> <p>Gary - 508-528-7245 Jim - 508-294-1130</p>	

'Empty Bowls' comes to Medway: Support hunger relief at Medway High School spring art exhibit

This spring, Medway will join the global movement to combat hunger through the Empty Bowls project. On May 7th from 6-7 p.m., Medway High School will host Empty Bowls, an event featuring handmade ceramic bowls crafted by the school's talented student artists. Attendees can purchase the bowls and proceeds from the event will benefit the Medway Village Food Pantry, helping to provide essential food

and personal goods to those in need in the community.

With the funds raised, the Medway Village Food Pantry will continue its vital mission of providing essential meals and services to individuals and families. In 2024, the organization served over 257,000 meals to those facing food insecurity, and this event will help ensure that this critical work continues.

This event will coincide

with the Medway High School Spring Art Exhibit, showcasing the creativity of students while supporting a meaningful cause. The Empty Bowls project, which has raised millions worldwide to fight hunger, offers attendees the opportunity to purchase beautiful, unique ceramic bowls and contribute directly to the fight against food insecurity. These bowls will serve as a powerful reminder of the many neighbors

in our community who are struggling with food insecurity, and each bowl purchased contributes directly to providing meals and support to those in need.

"We are thrilled to bring Empty Bowls to Medway," said Noelle Jackson, Medway High School Art Teacher. "This event not only highlights the incredible talent of Medway's student artists but also provides our community with a chance to make a real difference.

By purchasing a bowl, attendees will be supporting the Medway Village Food Pantry, which helps so many families in our area."

Join us for an evening of art, community, and giving back. The event is free to attend, and guests are encouraged to bring their friends and family to show their support.

For more information on the Empty Bowls movement, visit [emptybowls.com/](https://www.emptybowls.com/)

The Charles River Chorale celebrates 40 years of music with magical spring concert

The Charles River Chorale is excited to present its Spring Concert, *If You Can Dream It, You Can Do It: 40 Years of Making Music Magical*, on May 3 at 5 p.m. at the Medway High School Auditorium. This special event marks the chorale's 40th anniversary, celebrating four decades of community and song.

Under the direction of Ashley Nelson-Oneschuk, the 100-member chorale will per-

form a powerful mix of Disney classics, traditional choral pieces, and pop songs that highlight the themes of hope, dreams, and the power of believing.

The concert will also feature Grammy-nominated Recording Artist and NBC's The Voice Finalist Michelle Brooks-Thompson, whose soulful renditions will elevate the evening, and a performance by the Children's Choir, adding a vibrant, intergenerational touch.

"This concert celebrates 40 years of sharing the power of music with our community," said Nelson-Oneschuk. "We're thrilled

to mark this milestone with a performance that highlights the strength of hopes and dreams."

For more information and ticket

details, visit our link <https://www.charlesriverchorale.com/tickets> or access the QR code

Submitted by The Charles River Chorale



Medfield
508-359-2000

Roberts Mitchell Caruso Funeral Home

www.robertsmitchellcaruso.com



Millis
508-376-2000

Woodforms
Fine Cherry Furniture

NOW OPEN!
Saturdays
9 a.m. to 2 p.m.



Made in Massachusetts

Come visit our FACTORY and FACTORY SHOWROOM!

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

**Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m.
Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Living Healthy

Eye-Opening Surgery: Corneal Transplant Gives Patients a Clearer Outlook on Life

DAN LIU, MD
MILFORD FRANKLIN EYE CENTER

In May 2023, a landmark surgery was performed at NYU Langone Health: a whole eye transplant. During this surgery, the entire eye – in addition to a portion of the face – was transplanted from a donor into a living human recipient for the purposes of facial reconstruction. While we are likely decades away from performing eye transplants that can restore vision, there are more than 49,000 transplants of a different kind performed in the United States annually which can successfully improve vision and save sight: corneal transplants.

What is the cornea?

The cornea is the transparent, dome shaped surface that acts as the front window to the eye. It plays a crucial role in fo-

cus ing light rays entering the eye in order to allow us to see clearly. When the cornea is damaged, it can become scarred, swollen, or opaque. In these cases, the visual effects can vary from increased light sensitivity, blurry vision, or even impaired vision to the point of blindness. Fortunately, for many individuals experiencing corneal damage, a corneal transplant, also known as a keratoplasty, may offer the opportunity to restore vision.

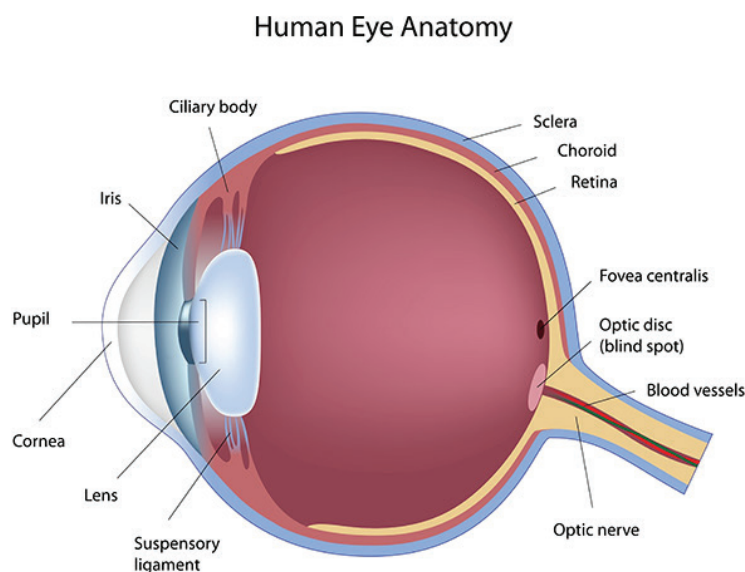
Who needs a corneal transplant?

There are various conditions, both genetic and acquired, that can affect the cornea and necessitate a corneal transplant. Common conditions include:

- Corneal dystrophies: These are inherited conditions that cause progressive clouding

or scarring of the cornea. Fuchs' dystrophy is the most common of these dystrophies, which often runs in families. This is a condition in which the innermost layer of cells in the cornea, the endothelial cells, no longer function in keeping the cornea clear. As a result, fluid can build up in the cornea, causing it to be swollen and cloudy. Some patients with Fuchs' dystrophy experience debilitating glare, whereas other patients can experience significant loss of vision.

- Keratoconus is a common condition for which corneal transplants are performed. In patients with keratoconus, the cornea becomes increasingly cone shaped over time rather than remaining dome shaped. This can lead to loss



of vision as light rays bend or refract aberrantly off the irregularly shaped cornea. Individuals with keratoconus may experience progressive astigmatism and a decrease in vision.

- Other acquired conditions that may affect the health and clarity of the cornea include eye infections which can cause significant scarring, or even previous eye surgeries that can result in damage to the cornea.

or pain or sensitivity to light. In this era of modern medicine, corneal transplants are very successful and last up to 10 to 15 years, with many lasting more than 30 years.

Are there different kinds of corneal transplants?

Since the introduction of corneal transplants in the 1900s, these surgeries have evolved to become more efficient with faster healing times and better visual outcomes. Corneal transplants can be full thickness or partial thickness transplants.

- **Penetrating keratoplasty (PK):** Also known as a full thickness corneal transplant, this is the most traditional form of corneal transplant. In PK, the diseased cornea is removed by the surgeon, the donor cornea is sized to fit the patient's eye, and stitches are used to place the donor cornea in the eye. The surgery is performed when the cornea is severely scarred or damaged, affecting all of its layers.

- **Descemet's Stripping Endothelial Keratoplasty (DSEK):** In DSEK, only the innermost layer of the cornea, called the endothelium, is replaced. The rest of the corneal layers remain intact. This surgery is often used to treat conditions

What is a corneal transplant?

In diseases in which the cornea cannot be repaired with medications alone, an ophthalmologist who specializes in performing corneal transplants can restore the clarity and health of the cornea, as well as vision. In these sight saving surgeries, the diseased cornea is replaced with a clear, healthy cornea from a human donor who has generously chosen to donate their organs after death. Luckily, in the United States, there is a well established infrastructure for tissue procurement such that people who require corneal transplants do not need to be on a prolonged waiting list in order to have surgery. By replacing the damaged tissue, a corneal transplant can significantly improve a person's vision, enhance their quality of life, and reduce symptoms like

Optical Shop On-Site

MILFORD - FRANKLIN EYE CENTER

Saturday & After Hours Available

WORLD-CLASS SURGICAL FACILITY - NO OR FEE CHARGE
ANESTHESIOLOGISTS ARE PRESENT FOR ALL SURGERIES

NOW ACCEPTING VSP VISION INSURANCE

NEW PATIENTS RECEIVE A FREE PAIR OF SELECT GLASSES

Roger M. Kaldawy, M.D.

Mark Barsamian, D.O.

Dan Liu, M.D.

Michael R. Adams, O.D.

Shalin Zia, O.D.

Donald L. Conn, O.D.

Dr. Purvi Patel, O.D.

SMILEFORVISION.COM

FRANKLIN OFFICE
750 Union St.
508-528-3344

MILFORD OFFICE
160 South Main St.
508-473-7939

MILLIS OFFICE
730 Main St.
508-528-3344

SURGERY CENTER MILFORD
145 West St.
508-381-6040

Millis Public Safety Log

According to safety logs, between Feb. 16 and March 15, the Millis Police Department spent the majority of its time on calls related to motor vehicle stops



and violations, general traffic control, alarms (burglar, master box), suspicious activity, escort/transport, lost/found property, soliciting, larceny/forgery/fraud, general complaints, disturbances, and assisting citizens.

This is not meant to be an exhaustive list. Entries of note include:

- Feb. 17 at 2:08 p.m., Main St., assault
- Feb. 21 at 10:09 p.m., Main St.,

- disturbance
- Feb. 22 at 2 p.m., Country Village Way, fire, other
- Feb. 23 at 4:28 a.m., Klifford Cir., disturbance
- Feb. 24 at 2:22 p.m., Union St., abandoned motor vehicle
- Feb. 25 at 9:56 a.m., Stoney Brook Dr., serve warrant
- March 1 at 9:19 a.m., Plain and

- Main Sts., disturbance
- March 4 at 7:44 a.m., Rose Rd. and Village St., vehicle fire
- March 6 at 7:31 a.m., Eden St. and Main St., vehicle fire
- March 10 at 8:39 p.m., Pleasant St., suspicious activity, arrest made

Millis, Chelmsford and State Police investigation leads to charges of child pornography, trafficking

Following a lengthy investigation, on Tues., March 11, at approximately 6 a.m., the Millis Police Detective Bureau, Chelmsford Police Department Detective Bureau, and the Massachusetts State Police Internet Crimes Against Children (ICAC) Unit executed a search warrant and an arrest warrant at 23 Monument Hill Road in Chelmsford. David R. Silva was arraigned on that same day in Wrentham District Court, where he was released on \$25,000 cash bail. Silva pleaded not guilty to possession of child pornography; posing or exhibiting a child in the nude; and trafficking a person under 18 for sexual servitude.

Silva has been ordered to stay away from and have no contact with the alleged victim and witnesses. He is also prohibited from contacting anyone under the age of 18 and is banned from using social media. His case was continued until April 1, 2025, for a probable cause hearing, and remains under investigation.

Source: Millis Police Department

EYES

continued from page 16

that affect the endothelium, such as Fuchs' dystrophy.

- **Descemet's Membrane Endothelial Keratoplasty (DMEK):** DMEK is a more advanced version of DSEK and is considered one of the most effective corneal transplant procedures for treating endothelial dysfunction. In DMEK, only the thinnest layer of tissue with endo-

thelial cells are transplanted. Because of its precision, DMEK has a faster recovery time and better visual outcomes than traditional PK or DSEK procedures.

Do I need a corneal transplant?

To determine whether you would benefit from a corneal transplant, a thorough evaluation by an ophthalmologist is necessary to determine whether a transplant is appropriate. At Milford Franklin Eye Center,

we have corneal transplant surgeons who perform additional testing to evaluate the patient's eye health, including measurements of corneal thickness and imaging scans. We also have established relationships with eye banks, which are organizations that procure donated tissue and screen for quality.

For more details, see our ad on page 16.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Friends of the Medway Library May Book Sale

If you are looking for a great deal on books, CDs and DVDs, puzzles and toys, head to the Friends of the Medway Library Book Sale. This highly anticipated Mega Spring Sale has always been a popular event. There are thousands of newly donated, gently used books and media representing a wide variety of interests, for adults and children.

The event begins with the "Friends-Only Sale" on Friday evening, May 9, from 6:00 to 8:00 p.m.

Members get first chance to preview and buy books. Memberships can be bought at the door or dues can be paid ahead of time at the library. A year's membership is only \$10 for individuals and \$15 for families.

The Public Sale is Saturday, May 10 from 10 a.m. to 2 p.m. Books and media will be available at bargain prices, between 50 cents and \$2.00 along with a variety of specialty items.

The following Saturday, May 17 from 10 a.m. to 2 p.m., is the Bag Sale in which buyers may fill up reusable grocery bags for only \$5 each.

This year's sale features a large collection of Puzzles, DVDs and CDs as well as an expanded section of antiquarian books. Shoppers are bound to find something of interest.

The Friends accepts book donations year-round; a collection box is located at the bottom entrance of the library. For more information about donating, memberships, and volunteering, visit friendsofthemedwaylibrary.blogspot.com or email friendsofthemedwaylibrary@gmail.com

Hey Ladies ... looking for wide shoes?

Sizes 6.5ww - 11ww, also 12m

Come See All The New Wide Shoes For Spring



The styles below all have roomy toe box and air cushioned inserts for arch support

The Forgotten Foot

"It's Worth the Trip!"

1255 Worcester Road, Framingham
Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m.

508-879-3290

Call today for AC Preseason Specials!

COAN
HEATING & AIR CONDITIONING
Specialists in Home Comfort & Energy Conservation

AC • FURNACES • HEAT PUMPS • HOT WATER SYSTEMS • FUEL TANKS
Service Plans, Install and Repairs & More!
Coan Bioheat® Fuel Delivery

196 West Central St., Natick • 508-653-5050 • 800-262-6462 • coanoil.com



Sports

Nally Ready To Revive Millis High Baseball Program

New Coach Star Athlete At Franklin High

By KEN HAMWEY
STAFF SPORTS WRITER

Jack Nally, who's been hired as Millis High's new baseball coach, knows he's facing a Herculean task but he's ready to revive and rebuild the Mohawks' program.

Millis hasn't had a winning program since 2013 and its records from 2022-2024 indicate it needs help. The Mohawks were winless during the 2022 campaign (0-18) but still managed to get a playoff invitation, beating Nashoba Valley Tech before losing to Bourne. The 2023 squad was 6-16 and last year Millis finished 4-17.

A native of Franklin, Nally is only 23 but his youth could be a prime asset in leading the Mohawks to greener pastures. His athletic background as a player is phenomenal and although his coaching experience is limited, he excelled in his first year as an assistant for Franklin's successful football team last year.

Nally played football and baseball at Franklin High and at Wesleyan University where he majored in economics and graduated with a 3.5 GPA. As a wide receiver at Franklin, the 5-foot-10 Nally had 127 receptions in 26 games. That career number was a school record for three years.

"I'm pleased and excited for

the opportunity to coach baseball at Millis High," Nally said. "There'll be challenges but I look forward to great moments that our players will create."

Nally's coaching attributes are admirable — he's patient, relates to players well, is confident and committed.

"Patience is important because I want to be at Millis long term," he said. "That's where I want to be. I'm young but I've walked in the players' shoes and know what makes them tick. I'm confident in my leadership skills and I'm committed to the program." Millis Athletic Director Phinney, who played a major role in hiring Nally last November, is pleased he's on board.

"We're excited to have Jack Nally as our new head baseball coach," Phinney said. "At 23, Jack brings a fresh perspective and an undeniable passion for the game."

"His athletic background, having played football and baseball at Franklin High and Wesleyan, has equipped him with the leadership skills and competitive spirit necessary as we look to improve the culture of our baseball program. We're confident that Jack's energy, dedication, and commitment to player development will help shape the future

of our baseball program."

Nally didn't waste any time after his hiring became official, meeting with most of the seniors and some sophomores. That opportunity gave his three senior captains — Talon Shephardson, Andrew Morse and Nick Hohman — a good idea of what he wants to achieve. All three are pitchers.

"My goals are to get the kids to enjoy baseball again," Nally said. "I also want the kids to improve and develop their skills. We also want to compete relentlessly each and every day and qualify for the playoffs. The power-ranking format and playing against top-notch teams in the Tri Valley League make a tourney berth realistic."

Nally is impressed with his captains and sophomore pitcher/infielder Brody Barrett.

"Talon, Andrew and Nick will be impressive leaders," Nally offered. "They said they want to turn the program around and they got players into the weight room."

"Talon hit .463 last year and led the TVL; Andrew led the team in earned-run average (2.84) and innings pitched; and I've heard that Nick is a quality outfielder who's got great range. Brody has a good fastball and was second in innings pitched. His future is bright. These four players are mature, eager to get started and they create optimism."

Nally, who's a full-time substitute teacher at Franklin High, coached wide receivers and defensive backs last fall for Coach Todd Kiley, whose Holliston teams dominated the TVL.

"I learned a lot from Todd," Nally said. "I learned about schemes and game-planning. He's a coach with a great demeanor and there's a reason for every move he makes. He trusted me with any suggestions and opinions."

Nally will also coach club baseball for the first time this year, with the Hock Valley Panthers, a team with players from Franklin, Bellingham and Millis.

One area where Nally will devote time is with Millis' youth baseball program. "I've spoken with the director and it's impera-



Jack Nally, left, coached wide receivers and defensive backs last fall for Franklin football coach Todd Kiley. Courtesy photo

tive that we get our numbers up in the youth league and on the varsity. We won't have a jayvee team but we will field a middle-school team this season."

Nally's athletic career includes three varsity seasons at Franklin in football and two in baseball. He was a wide-receiver and a defensive back and he played the outfield in baseball. He was a captain in both sports and a two-time Hockomock all-star in football.

"My top thrill at Franklin was winning the Super 8 Baseball Tournament my sophomore year," he emphasized. "We beat teams like St. John's of Danvers and won the title by downing Central Catholic. In my junior year, we won the Hockomock League crown."

His 127 receptions in 26 football games was a program record that could have been higher but Nally sat out six games as a sophomore recovering from a separated AC joint in his shoulder.

At Wesleyan, Nally competed in the New England Small College Athletic Conference where he was a three-year starter at safety and in the outfield. He was an all-star in baseball and was selected as Wesleyan's Underclassman of the Year as a sophomore in football.

"My top thrill in college was winning the Little East football

title by beating Amherst and Williams," Nally said. "The team that has the best record among those three squads is the Little East champ. We trailed Williams, 22-8, but scored 22 straight points for a 30-22 win. I had one interception in that game."

Nally's athletic philosophy is that "true competitors play to win but on a day-to-day basis it's more about reaching one's potential and enjoying an athletic journey." He also believes that life lessons can be learned in sports. "Players learn to overcome adversity, to be resilient, to lead and to accept responsibility," he offered.

Coaches that Nally admires and has learned so much from are Ian Bain (football), Zach Brown (baseball) and Peter Pasquarosa; Bellingham's TJ Chiappone and Doug Houston (baseball); and current Franklin grid coach Todd Kiley.

Nally also is thankful for Phinney's administrative support. "Derek helped to introduce me to the Millis community and as it's A.D. he wants the program to head in the right direction," Nally said.

Opening day for Millis' baseball team was a home game against Norton on March 31. Win or lose, it's the start of a coaching career that should involve lots of success.

Women Take Aim

event at Fin, Fur and Feather Club in Millis

June 7, 2025 from 8:30 - 4:30
(rain date June 14)

Open to women 15 and older
(under 18 must be accompanied by an adult)

Women are invited to learn more about operating firearms in a safe and welcoming environment
Learn to shoot pistols, shotguns and rifles
Receive the Massachusetts Basic Firearms Safety Certificate required to obtain your firearms license
No previous shooting experience is required



Registration is \$150
includes supplies and lunch

Register at finfurandfeather.us

Sports

Would you know what to do if you lost your job?

Tips to help you prepare for an unexpected career crisis.

We all know how important it is to be prepared for a fire, flood, or other type of emergency. What about something that seems less dramatic, but can be equally devastating, like unemployment? You can't dial 911 or stop, drop, and roll, but you can take steps to help minimize some of the fallout from losing your job.

1. Stay positive. It's important to remember that the decision was probably based on the economy or other external factors.
2. Be professional. If you handle yourself with decorum, your employer may be willing to serve as a reference, recommend you to vendors, and even provide assistance with interviewing and résumé building. Plus, if their economic situation continues to improve, who's to say they won't hire you back?
3. Account for every penny. Review your terms of employment and claim any money owed to you from bonuses, commissions—even unused vacation. Also, find out if you are entitled to a severance package. If not, file for unemployment benefits right away since it may take weeks to process.
4. Replace lost benefits. If your spouse works, see if you can add yourself to his or her health care plan. If not, you can apply for COBRA coverage within 60 days of termination and extend your health care benefits for 18 months. Similarly, you may want to purchase an affordable term life insurance policy to help replace any workplace coverage you may have had.
5. Evaluate your retirement plans. While some employers allow you to leave your 401(k) in place, it may not always be the right move. Have a financial professional look the plan over and see if you are better off rolling over the funds into a traditional IRA or Roth IRA.¹
6. Network-Network-Network. You never know where your next job will come from, so take advantage of every networking opportunity. Also, be sure to use social media platforms like LinkedIn to help connect with people online and let them know you're looking.

This educational third-party article is being provided for information purposes only as a courtesy by Michael Damon, Agent, New York Life Insurance Company. To learn more about life insurance and financial strategies, please contact Damon Financial at (508) 321-2101.

¹When considering rolling over the proceeds of your employer-sponsored retirement plan to an IRA, you have the option, among others, of leaving the funds in your existing plan, if permitted, or rolling them



into your new employer's plan, if one is available and rollovers are permitted. Each choice offers advantages and disadvantages, depending on the desired investment options and services, fees and expenses, withdrawal options, required minimum distributions, tax treatment, and your unique financial needs and retirement plans. (Neither New

York Life Insurance Company nor its agents provide tax or legal advice. Consult your own tax and or legal advisors regarding your particular situation.)

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Village

AUTO SERVICE

Foreign & Domestic



PROPANE TANKS FILLED
MONDAY - SATURDAY

Tires & Alignment • Suspension & Steering
Exhaust & Brake • Air Conditioning
Factory Scheduled Maintenance
Mass. State Inspection Station

508-429-2535

Neil Lazzaro • ASE Technician
1292 Washington St., Holliston
villageautosvc.com

"Strategies for Success"





Your Vision; Our Mission

Michael T. Damon
Financial Adviser*
Damon Financial, LLC**
45 Milford Street, Suite 3
Medway, MA 02053
(508) 321-2101
Mike@DamonFinancial.com
DamonFinancial.com

Registered Representative offering investments through NYLIFE Securities LLC (member FINRA/SIPC). A licensed Insurance Agency and wholly owned subsidiary of New York Life Insurance and an agent licensed to sell insurance through New York Life Insurance Company and may be licensed to sell insurance through various other independent unaffiliated companies.

*Financial Adviser offering investment advisory Services through Eagle Strategies LLC, a Registered Investment Adviser.
** Damon Financial, LLC is not owned or operated by NYLIFE Securities LLC or its affiliates. Eagle Strategies LLC & NYLIFE Securities LLC are New York Life Companies.



Proud to Offer



Medway Public Library April programs

Join us at the Medway Public Library for a fun-filled April! We have programs for all ages of children, teens and tweens, families, and adults. Find your group, create something new, and discover fresh facts about our world!

Young children are invited

to join us for Toddler Jam on Mondays and Tuesdays at 11, Storytimes on Wednesdays and Thursdays at 11, and our Move, Groove, and Learn movement program on Fridays at 11.

Elementary-aged children can join our weekly chess club that

starts on April 7th from 5-6 pm. Our monthly STEAM workshop is on April 29 at 4 pm. Sign up your child to read to a dog on April 9, starting at 6 pm. Children and families can stop in for a family yoga session on Saturdays at 11.

Teens and tweens can join us on Tuesdays and Thursdays in the Makerspace for hangouts from 2:30-3:30. Read the Rainbow book club is April 29 from 4-5. Our Metrowest Satellite night at the Medway Public Library is April 4 starting at 6 pm.

Adult programs include the Medway Library Book Discussion Group that meets on April 3 at 1 pm, the Oh Shoot Photography Club that meets on April 3 at 7 pm, the Medway Fiber Arts Group that meets on April 1 at 15 at 6, and Adult Game Night

that meets on April 24 at 6 pm. Have a textile repair issue? Bring it by the Morning Mend in the Makerspace on April 12 at 10:30. Find out about Deborah Sampson on April 3 at 7 pm, learn about the heritage craft of rope mats on April 5th at 10:30, the Art of Pysanky on April 10 at 6:30 pm, and virtually explore tales from the Brothers Grimm on April 22 at 7 pm.

See our calendar at <https://www.medwaylib.org/calendar/> to stay updated on all our events.

"Quality and Professionalism Every Shingle Time"

OUR SERVICES

- ▲ Roofing
- ▲ Siding
- ▲ Gutters
- ▲ Windows
- ▲ Doors
- ▲ Skylights

OUR NEW SERVICE DIVISION

\$99 Service Calls

- ▲ Gutter Cleaning
- ▲ Small Leaks
- ▲ Ventilation Questions
- ▲ Flashing Repairs

Experience the Best in Roofing: 60+ Years of Quality Service





LICENSED | INSURED | CERTIFIED



CONNELL
ROOFING • SIDING • GUTTERS

781-444-7577
www.ConnellRoofing.com

Millis Beautification Day is April 12

The Millis Lions Club and Millis DPW will be sponsoring its 20th annual Don Reynolds Millis Beautification Day clean up Sat., April 12, from 9 a.m. to 12 noon, meeting at Millis Town Hall to register and grab your supplies, assignment and info. All ages are making an impact with this ongoing problem.

We had a great turnout last year and we hope for the same this year.

So many Millis "pluggers" (picking up trash on walks and runs) are making a visible difference on our roadways, parks, and schools daily. Millis Garden Club and Millis High School Environmental Club regularly help.

A great way to meet people through scheduled cleanups

all over New England is Keep Mass. Beautiful which can be found online at www.keepmass-beautiful.org. Mass Improvement, Harrison McPhee, and CJW Landscaping are local businesses that continually volunteer muscle and expertise. We welcome local businesses to join us; for more information, contact millisbeautificationday@gmail.com.

Litter is illegal. it's a \$100 fine. It's collecting along our roadways where a litterer thinks no one will see them. But for volunteers picking up after them, it's frustrating and sad. It's a complicated issue, we must not be complicit, It impacts our environment and how people perceive the places we live.

Commercial Properties



FOR SALE

326 Union St Franklin, \$1,800,000



OFFICE

36-105 E. Central St., Franklin \$400/month



OFFICE

8 Court St., Uxbridge \$1800/mo, 896SF



FOR LEASE

16-3 Cottage St, Franklin 850SF, \$1500/mo, Office



508-330-4234
RE/MAX Platinum Club
RE/MAX Hall of Fame
Residential/Commercial/
Business Sales & Leasing
emason4234@gmail.com
www.eileenmasonrealty.com

Eileen Mason
REALTOR®
today's dream ~ tomorrow's reality...

Servicing the area Since 1999

DEADY ELECTRIC Inc.

RALPH J. DEADY
Master Electrician
Licensed & Insured
Sherborn, MA
Medway, MA
Lic. #E 33048
Lic. #A 13710

www.deadyelectric.com

Residential & Commercial Electrical Services

- Well Locating Services
- Smoke & CO Detectors
- Additions & Remodeling
- Recessed Lighting
- Troubleshooting
- Landscape Lighting
- Service Upgrades
- Generators
- Computer Wiring
- No Job Too Small

Deady Electric is dedicated to fast high quality service at reasonable prices – call on us anytime for a FREE estimate.

Call (508) 655-4470
ralphdeady@gmail.com

Discover the Dumouchel Difference

when you list with Linda & Mark Dumouchel, top Medway REALTORS® since 2016 | over \$85 million sold

BUYING OR SELLING A HOME?

Discover the Dumouchel Difference 

Set your listing apart with our custom-tailored marketing approach, designed to showcase every standout feature your home has to offer and deliver exceptional results. It's the Dumouchel Difference!

- **Professional Staging** - included on every home
- **Stunning Visuals:** professional photography & aerial drone
- **Immersive Tour Experience:** 3D Matterport & video tour
- **Exclusive Online Presence:** Dedicated website plus syndication across top real estate platforms
- **Targeted Campaigns:** Social media advertising and strategic direct mail campaign
- **Local Media Spotlight:** Gain additional visibility reaching every household in Medway and Millis



1 Daffodil Lane, Medway | 1Daffodil.com



4 Wildwood Drive, Medway



12 Olde Surrey Lane, Medway | 12OldeSurrey.com

FOR A FREE REPORT ON YOUR HOME'S VALUE: VISIT MEDWAYMILLISVALUES.COM OR SCAN THE QR CODE:



Linda & Mark Dumouchel, REALTORS®

Luxury Marketing Specialists | Certified Negotiation Specialists
direct: 508.254.7406 | theDumouchelDifference.com

 FREE CMA



Millis students venture abroad to Dominican Republic during February vacation

By KAITLYN RICHARDS
STUDENT WRITER

This year during February school vacation, 13 students, accompanied by two teachers from Millis High School (MHS) traveled and stayed in the Dominican Republic for nine days. After overcoming a chaotic day of flight cancellations on Thursday, Feb. 13, the students departed from the United States on Friday, Feb. 14, and arrived in the Dominican Republic on the same day.

The trip featured four nights in the iconic town of Cabarete on the northern coast of the island, then three days on the southern coast in the nation's

capital, Santo Domingo. During these days, students not only participated in fun adventure-filled activities including surfing, horseback riding, and snorkeling, but they were also able to experience some more impactful visits. Among these, the students helped Cabarete Sostenible, a local community garden that allows the delivery of fresh fruits and vegetables to the residents of the town. During this time, students learned the ins-and-outs of gardening and the importance of organization for the town. Additionally, students visited the DREAM Project, which is a school that helps serve youth in Cabarete. MHS students were able to help with a science project

and then play fun games with the younger students.

"The school trip to the Dominican Republic was certainly a life-changing experience and an incredible way to experience a different culture," said one of the students who went on the trip. "I really enjoyed all of the activities we did, and I also enjoyed learning more about the Dominican Republic through the various volunteer opportunities. I would love to go back and continue to expand my knowledge."

This trip was extremely rewarding for all of the students who participated, and all of the students truly enjoyed their experience. The trip was the perfect balance between volunteering



Millis students in the airport. Source: Yvonne Fitzgerald, Millis High School

and fun activities. Next year, MHS students will be traveling across the Atlantic to a fun-filled week in Spain, Italy, and France.

Millis Polar Plunge raises over \$10k for Special Olympics

On March 15, the 2025 Millis Mobile Plunge raised more than \$10,000 for Special Olympics Massachusetts.

At press time, the Millis Police & Fire team had raised \$10,822, according to its www.fundraise.specialolympicsma.org page.

Millis Police Chief Chris Soffayer shared the event on Facebook.

"Thank you to everyone who participated, donated, and supported this event—we are so proud to share that Team Millis Police & Fire was named the Top Fundraising Team," said Soffayer. "This year's plunge helped to raise over \$10,000 for Special Olympics Massachusetts. This event wouldn't have been possible without the incredible

community support, and we're grateful to be part of something that makes such a difference."

Donations are still being accepted at bit.ly/MillisPolarPlunge2025.

Source: @millispolice on Facebook

Right: Millis Police Chief Chris Soffayer with JohnMichael Kearns



Real Estate Corner

BERKSHIRE HATHAWAY HOMESERVICES | **PAGE REALTY**

NEW LISTING
267 Commonwealth Ave, N. Attleboro

Medway - SOLD IN 3 DAYS!

Jodi Kairit, REALTOR®
508-523-5890
Jodi@BHHSpagerealty.com
Jodi.BHHSpagerealty.com

On the Fence about Moving?
Whether you are thinking about moving up, downsizing, investing or buying your first home, I have 25 years of experience to help you navigate the Real Estate Market.

Call me for a free, no obligation market analysis today!

"Turn Your Dreams Into Reality"

Joleen Rose, Realtor®
LMC, CBR, MAR, GBAR, NAR, SRES

ERA Key Realty Services

CELL: (508) 951-5909
joleenrose@gmail.com
JoleenRoseHomes.com

Looking to advertise in our Real Estate section? Contact Jen:

508 570 6544
or
Jenschofield@localtownpages.com

Real Estate Corner

Recent Home Sales

Date	Medway	Amount
03/21/2025	2 Cottonwood Lane #26	\$979,053
03/19/2025	174 Holliston Street	\$575,000
03/12/2025	6 Cottonwood Lane #28	\$1.10 mil
03/12/2025	7 Birch Bark Road	\$1.14 mil
02/28/2025	2 Old Summer Street	\$513,500
02/28/2025	12 Olde Surrey Lane	\$975,000
02/27/2025	1 Mann Street	\$840,000
02/27/2025	16 Broad Acres Farm Road	\$1.14 mil
02/26/2025	5 Morningside Drive	\$845,000
Date	Millis	Amount
03/21/2025	72 Spring Street	\$710,000
03/21/2025	155 Dover Road	\$521,000
03/10/2025	4 Acorn Place	\$805,000
03/06/2025	30 Bow Street	\$750,000
02/28/2025	1279 Main Street	\$290,000
02/28/2025	4 Lansing Way	\$860,000
02/27/2025	324 Union Street #2	\$425,000
02/26/2025	8 Timberline Road	\$763,000
02/19/2025	3 Causeway Street	\$260,000

Source: www.zillow.com / Compiled by Local Town Pages

Welcome Home! Updated and Move In Ready!



4 Br/2.5 Ba/2232 Sf/.62A/2C Garage Peaceful Neighborhood Setting/This light filled home lives large!
1WALNUT HILL RD., MILLIS - \$849,900



Eleanor Osborn,
REALTOR
508-654-1855

CBR, RENE, RESE
Eleanor.Osborn@commonmoves.com
http://www.EleanorOsbornHomes.com
Realtor since 1996, Norfolk resident since 1987

Your Resource
for Residential
Real Estate

BERKSHIRE HATHAWAY | COMMONWEALTH REAL ESTATE
HOMESERVICES

Specializing in ALL Plumbing Repairs & ALL types of Water Heater Installations

24 HOUR EMERGENCY CALL



LICENSED & INSURED

LOCAL RESIDENT: **508-663-7132**
Drains-R-Us.com



CHECK US OUT!



10% OFF FOR NEW CUSTOMERS | **NO JOB TOO SMALL DISCOUNTS FOR SENIOR CITIZENS & VETERANS**

Over 445 homes sold!

SOLD



36 Lakin Street
Needham - \$2,300,000

NEW CONSTRUCTION



Lake Front, 3 living levels, 3400sf
Norfolk - \$1.175M

PENDING



147 Plain Street
Millis - \$589,000

PENDING



116 Grant Street
Framingham - \$1,059,000

NEW LISTING



83 Eliot Street
South Natick - \$1,900,000

NEW CONSTRUCTION



Millis - \$899,000



Let my 25 years experience of selling homes help you with your next move.
Baltimore St, Millis & 10 Speen St, Framingham Offices
RawdingRealtyLLC@gmail.com



welcoming SPRING



Cynthia L. Owens-Nix
Salesperson- REALTOR®
508-826-2398
@cindyallthingsrealestate



The 2025 Spring Real Estate Market is upon us! Let our office help you to sell your home or find your dream home!

CENTURY 21
The Real Estate Group



**YOUR HOMETOWN
REAL ESTATE EXPERTS**
Let our Experience, Professionalism
& Knowledge Work for You

powered by
REALTY EXECUTIVES
BOSTON WEST



Laina Regan Kaplan
Realtor®, CBR, Top Producer - Life long
Resident of Medway
MedwayRealtor.com | Laina@TeamRegan.com
DIRECT: 508-577-3538



Jennifer (McMahon) Colella
Realtor®, Broker, ABR, SRS, CBR, LMC, CHS,
CRB, BPOR, RENE, Team Signature
Raised in & Longtime Millis Resident - TeamSignature.net
Jenn@TeamSignature.net | DIRECT: 774-210-0898



Sue Kuphal
Realtor®, ABR, CFSP, E-PRO & Notary
Longtime Millis Resident
SueKuphal.com | SusanKuphal@Yahoo.com
DIRECT: 508.494.2120



Please Call to Schedule a Complimentary Valuation of Your Home.
Proven Successful Marketing: Staging, Professional Photos, 3D Tour, Floor Plans & More!



NEW TO MARKET
\$729,900
8 Pheasant Run Road, Medway
Laina Regan Kaplan



NEW TO MARKET
\$494,900
7 King Phillip Street, Medway
Laina Regan Kaplan



SALE PENDING
\$760,000
53 Adams Street, Norwood
Sue Kuphal



SOLD
\$750,000
30 Bow Street, Millis
Jennifer/Team Signature



SALE PENDING
\$1,094,900
3 Hickory Lane, Medway
Laina Regan Kaplan



SOLD
\$450,000
271 Central Ave., Seekonk
Sue Kuphal



SOLD
\$1,004,500
14 Paddock Lane, Millis
Jennifer/Team Signature



SALE PENDING
\$1,065,000
16 Tulip Way, Medway
Laina Regan Kaplan



SOLD
\$579,900
14 Tuckerdale Way, Millis
Jennifer/Team Signature



SALE PENDING
\$1,050,000
14 Holbrook Street, Medway
Laina Regan Kaplan



SOLD
\$630,000
136 Pleasant Street, Millis
Jennifer (McMahon) Colella



SOLD - BUYER CLIENT
\$416,000
43 Hilltop Drive, Millis
Jennifer/Team Signature



SOLD
\$412,900
19 Country Village Way, Millis
Jennifer/Team Signature



SOLD
\$1,000,000
2 Catalpa Lane, Mendon
Laina Regan Kaplan



SOLD
\$1,100,000
91 Norfolk Street, Holliston
Jennifer/Team Signature



SOLD
\$568,000
10 Rosenfeld Road, Millis
Sue Kuphal



SOLD
\$925,000
11 Liberty Road, Medway
Laina Regan Kaplan



SOLD
\$562,000
24 Lexington Lane, Millis
Sue Kuphal



SOLD
\$687,000
6 Independence Lane, Millis
Sue Kuphal



SOLD
\$489,000
118 Loving Street, Medway
Laina Regan Kaplan

Serving Millis & Medway and surrounding areas • rexbostonwest.com