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VOLUME 44 • ISSUE 13

Serving Rio Linda, Elverta and Sacramento County

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Aerospace Museum Announces **New Summer Programs**



Aerospace museum summer campers get up close with a Coast Guard plane. Photo courtesy of Aerospace Museum of California

Compiled from the Aerospace Museum of California Website

RIO LINDA, CA (MPG) - Summer youth programs at the Aerospace Museum of California, located at McClellan Airport, are now open for registration.

Youth can discover the wonders of aviation and STEM (Science, Technology, Engineering and Mathematics) with exciting summer programs at the Aerospace Museum of California.

Choose from summer camp, where youth can immerse themselves in a four-day week of hands-on learning

with "Sky Explorers" and "Dream It... Build It" camps, exploring flight, engineering and design through interactive experiments and challenges. Sky Explorers Camp starts on July 7. Dream It... Build It Camp starts on July 14.

Prefer a more flexible experience? Summer Discovery Days let youth explore at their own pace with engaging STEM stations, hands-on activities and themed learning

In "Sky Explorers" camp, the youth will soar into a week of aviation excitement as they learn about the four forces that make it all

possible: lift, thrust, drag and gravity. Packed with hands-on activities, engaging experiments and fun challenges, this camp will ignite a love for aviation while sparking curiosity and creativity.

The "Dream It...Build It" camp is a summer camp for youth eager to bring their ideas to life. Campers will explore the exciting world of engineering through hands-on projects, problem-solving challenges and teamwork. From designing structures to building machines, the "Dream It...Build It" camp will spark creativity and inspire the

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SMUD to Hold Public Proposed Rate Action Workshops

SMUD News Release

SACRAMENTO REGION, CA (MPG) - The SMUD Board of Directors is holding two public workshops and a public hearing to discuss proposed rate changes. The Chief Executive Officer &

General Manager's Reports and Recommendation on Rates and Services, released by SMUD CEO & General Manager Paul Lau, outlines a proposed rate increase of 3 percent on Jan. 1, 2026, and another 3 percent increase on Jan. 1, 2027. The proposed changes also include an optional Time-of-Day (low use) Rate, updates to transmission rates and other miscellaneous changes.

While SMUD works hard to control costs and operate efficiently, the need for a modest rate increase is attributed to several factors including wildfire prevention and mitigation, new generation projects, higher commodity costs for California clean energy compliance, infrastructure investment to maintain a reliable grid, the Folsom

Administrative Operations Building

and increased operating costs due to

inflation, according to SMUD officials.

SMUD officials say that SMUD is committed to keeping rate increases within inflation, and if the proposed changes are approved, SMUD's rates would remain among the lowest rates in the state, currently on average more than 50- percent lower than neighboring PG&E's rates. Detailed information on the pro-

posed rate action and a complete copy of the Chief Executive Officer and General Manager's Report and Recommendation on Rates and Services can be found on smud.org/ RateInfo. SMUD will work closely with

customers and other stakeholders, including community groups, service organizations, business groups, elected officials and more, to discuss these changes.

In addition, two public workshops and a public hearing will be held for customers to learn more about the

process and comment on the proposed changes. Meetings will be held in-person at SMUD's Headquarters building and virtually via Zoom. A public workshop is scheduled

for Wednesday, April 30 at 5:30 p.m.,

followed by another public workshop

on Tuesday, May 13 at 10 a.m. Additionally, a public hearing will be held on Wednesday, June 4 at 6 p.m.

Accommodations are available for disabled individuals. If you need a hearing assistance device or other aid, or have questions about the proposal, visit smud.org/RateInfo or call SMUD at 855-736-7655. Written comments can be emailed to ContactUs@smud.org or mailed to SMUD, P.O. Box 15830, B256, Sacramento, CA 95852-0830.

As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has been providing low-cost, reliable electricity to Sacramento County for more than 75 years. SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies and for its sustainable solutions for a healthier environment. In 2023, SMUD's power supply was, on average, 78 percent carbon free, and SMUD has a goal to reach zero carbon in its electricity production by 2030. For more information on SMUD's Zero Carbon Plan and its customer programs, visit smud.org.★

Sacramento Hosts March for Life

By MPG Staff

SACRAMENTO REGION, CA (MPG) - The California March for Life is set to take place on March 31 at 1315 10th St., Sacramento with a series of events to bring together pro-life advocates from across the state. The rally and march will begin at noon, following a pre-rally concert at 11 a.m.

This year's event will feature keynote speaker Melissa Ohden, a survivor of abortion and the founder of the Abortion Survivors Network.

In addition to Ohden, several other influential advocates will speak, including Lila Rose, founder of Live Action; Jonathan Keller from the California Family Council; Dr. John Jackson of William Jessup University; Jackie Turner from Acres of Hope; and John Gerardi of Right to Life of Central California. The rally will also hear from Kathleen Jones of Life Choice Pregnancy Centers and Hannah Gautsch from

The March for Life, first held in Washington, D.C., in 1974 as a response to the Roe v. Wade decision, has since grown into the largest pro-life event in the world.

"We march because we

March for Life.

envision a future world where the beauty and dignity of every human life are valued and protected. We promote the beauty and dignity of every human life by working to end abortion - uniting, educating, and mobilizing pro-life people in the public square," according to the event's website.

Alongside the rally and march, several auxiliary events will take place. A prayer breakfast for pastors, hosted by the California Family Council, will begin at 8:30 a.m. March 31. Participants are also invited to join Love Life's prayer walk at 11 a.m. to Planned Parenthood, located near the Capitol. Additionally, a prayer and worship rally will occur at the West Steps of the Capitol at The California March

for Life is open to all and encourages attendees to bring creative, pro-life signs. While registration is not required for the rally or march, organizers recommend registering to stay updated on event details. To register and learn

more, visit marchforlife. org/california.



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Aerospace New Museum Announces Summer Programs

Continued from page 1

next generation of innovators. Campers will also take a special journey into wind energy with the Makani project, learning how wind can be harnessed for sustainable power. If you can dream it, you can build it and make it soar.

The age range for summer camp participants is fourth- to sixth-grade students. Camp is scheduled from 9 a.m. to 3 p.m. Monday through Thursday. Camp costs \$385, which includes daily

camp activities, snacks, lunch and a camp T-shirt.

Discovery Days at the aerospace museum are another way for youth to experience the museum and science. Join the museum staff for a day of learning and exploration during Discovery Days. Dive into the forces of flight, uncover the stories behind historic aircraft and engage in hands-on activities designed to spark curiosity and imagination. Whether you are exploring aircraft up close or experimenting with STEM concepts, there is something for everyone to discover. Let your curiosity take flight.

One-day discovery programs are available, starting June 26, and run from 10 a.m. to 2 p.m.

The Aerospace Museum of California is at 3200 Freedom Park Drive, McClellan.

For more information on the Aerospace Museum of California Summer programs, visit online at aerospaceca.org/summer-programming or call 916-643-3192. ★



Summer camp participants are photographed in front of the Aerospace Museum of California exhibits. Photo courtesy of Aerospace Museum of California

CHP Celebrates Largest Academy Graduation

By California Highway Patrol News Release

SACRAMENTO, CA (MPG) - The California Highway Patrol (CHP) promoted 125 cadets to the rank of officer. The graduation ceremony on March 21 marked the successful completion of a 26-week intensive training schedule at the California Highway Patrol Academy in West Sacramento.

The new officers will now report to one of the CHP's 102 area offices throughout the state to begin their careers in public service.

"Today, we celebrate the dedication and perseverance of our newly-promoted officers," said California Highway Patrol Commissioner Sean Duryee. "Their commitment to integrity, service and the safety of our communities embodies the core values of the CHP. As these officers begin their new role, they will carry the trust of those they serve, and with that, the ability to make a lasting impact."

This is the largest graduating class since June 2022, when 128 officers were sworn in. Nearly 300 cadets remain in training at the California Highway Patrol



The California Highway Patrol is actively recruiting dedicated individuals to make a difference in communities throughout California. Photo courtesy of California Highway Patrol

Academy, with another 160 cadets scheduled to arrive on April 7 in preparation to serve the people of

California.

During their California

Highway Patrol Academy

training, cadets receive comprehensive instruction in critical

areas, including traffic enforcement, collision investigation, defensive tactics, firearms proficiency, emergency vehicle operations and community policing. Training also includes a focus on legal responsibilities, communication skills, ethical conduct

and cultural diversity awareness, ensuring that cadets are equipped with the knowledge and skills necessary to protect and serve California's communities effectively.

As part of California's efforts to improve public safety, in June

SENSIBLE

2022, the state funded a multiyear California Highway Patrol recruitment campaign aimed at filling 1,000 officer positions by hiring qualified individuals. In November 2024, the California Highway Patrol met and surpassed the administration's ambitious hiring goal.

The California Highway Patrol is actively recruiting dedicated individuals to make a difference in communities throughout California. As a California Highway Patrol officer, you can make a meaningful impact by enhancing road safety, enforcing traffic laws, and responding to emergencies. With comprehensive training, competitive benefits, and opportunities for career advancement, the California Highway Patrol offers a rewarding and fulfilling career path for individuals committed to upholding the highest standards of service and

professionalism.

To learn more about joining the California Highway Patrol, visit its website at chp.ca.gov to take the first step toward a career in law enforcement.

The California Highway Patrol mission is to provide the highest level of Safety, Service and Security

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California Capital Airshow Educates Next Generation



Since 2010, the Capital Airshow Group has offered a variety of programs year-round to teach the next generation about STEM, aviation and aerospace. Photo by Rick Sloan

By Idaly Valencia

SACRAMENTO REGION, CA (MPG)

- Mather Airport hosted its 19th annual California Capital Airshow through Saturday, March 22 and Sunday, March 23, where families from throughout the Sacramento region viewed stunning flight performances and learned hands-on about the aircrafts soaring in the sky.

Opening day on March 22 was a completely sold-out event. Headliner U.S. Navy Blue Angels' performance captivated the audience with precise maneuvers and coordination.

"This was my first time seeing the Blue Angels perform and it was absolutely incredible to watch," said spectator Sara Mysaysana from Sacramento.

Other performances included United States Air Force F-16 Viper Demo Team, U.S. Air Force C-17 Globemaster III Demonstration Team and Tucker's Air Patrol.

The event, presented by Sacramento County in collaboration with the City of Rancho Cordova, showcased the history of aviation at the Mather Airport with a display of older aircraft used throughout the years. There was also an emphasis on the importance of how to get youth excited about career opportunities in the field of science, technology, engineering and mathematics (STEM). Families received hands-on experience by getting inside planes and helicopters and speaking with professionals about their work.

Although the airshow is primarily to entertain the community, California Capital Airshow Executive Director Darcy Brewer said, the event's main goal is to be a giant career fair to engage the youth.

"It's about learning about all the jobs that are out there and meeting someone who is cool and that'll talk about how they got there and what a day of their life looks like when



As part of the effort to engage youth with STEM, several aircraft were open to the public to go inside and explore the aircraft that the military uses. Photo by Rick Sloar



Alexandra Rader and husband, Dylan, with their children, Dashel and Hazel, from Woodland hop on to explore a U.S. Air Force aircraft. Photo by Idaly Valencia



Lanelle Brent, a member of the chapter and daughter of Tuskegee Airman Major Geroge "Spanky" Roberts, shared how continuing their legacy influences youth to get involved in the field of aviation. Photo by Idaly Valencia

they go to work, right? With an eight-year-old, that makes a big impression," said Brewer.

The Tuskegee Airmen Heritage Chapter of Greater Sacramento was at the event to educate airshow goers about the Tuskegee Airman, a group of primarily African American military pilots who fought in World War II.

Lanelle Brent, a member of the

chapter and daughter of Tuskegee Airman Major Geroge "Spanky" Roberts, shared how continuing their legacy influences youth to get involved in the aviation field.

"We give our scholarships geared toward the kids. We explain to them to be in the aerospace industry doesn't mean you have to be an astronaut or a



Children and their families look above to see the U.S. Navy Blue Angels' performance. Photo by Idaly Valencia

them that you can also become a chef in the field and go to culinary school. That's one of the STEMs, OK, that's science."

The chapter had a demonstration plane on display that is an exact replica of the aircraft flown by the Tuskegee Airman. Chapter member Leonard Johnson explained how the replica is a scaled-down version of the P-51 Mustang plane used in combat by the airman group. The plane is often referred to as the Red Tails because of their distinctive, redpainted tails.

As part of the effort to engage youth with STEM, the youth could look inside several aircraft used in the military.

and they're all giving kids stickers, letting them get on the helicopters and talk about what they do so they can see what they might want to do when they get older," said Brewer. "All we're trying to do is find things that kids love. Things that kids love so they can go and work in doing what they love."

Since 2010, the Capital Airshow Group has offered a variety of programs year-round to teach the next generation about STEM, aviation and aerospace. Free experiential learning opportunities are available to students. To learn more about the year-round youth programs, visit online californiacapitalairshow.com/ year-round-youth-programs.



A Sacramento father and son sit on board a CAL FIRE helicopter. Photo by



Although the airshow is primarily to entertain the community, the main event goal is to be a giant career fair to engage the youth. Photo by Rick Sloan

you say...

Jesus says...

I will direct you

I can't figure this out

I'm not enough

You are more than enough

I can't keep going

I will carry you

I'm not strong enough

I am

I'm too tired

I will give you rest

I can't forgive myself

I forgive you

I hate myself

I love you

He is the solution to every problem. Let Him help you.



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Dave Ramsey

Dear Dave,

I started listening to your show, and following the Baby Steps, three months ago. I'm already seeing great results with my money. Over the weekend, I spent time looking at part-time jobs to help me pay off debt faster and keep moving forward with my finances. I found a few work-from-home ideas that were intriguing. But how can I tell the difference between real opportunities and all the scams featured online and on television?

- Bonna

Dear Bonna,

Congratulations on making the decision to gain control of your money! You sound motivated, and I believe it will translate into some really good things.

Truth be told, the vast majority of things you see online and in latenight infomercial presentations are scams. I'm not talking about ads

Dave Ramsey Says

Determination and Hard Work

for legitimate job hunter sites, I'm talking about business-in-a-box kind of thing. I know you've probably seen the advertisements that go something like, "My sister-in-law makes \$500 an hour working from home, and you can, too!" These clowns are the worst of the worst. Please, don't waste a second of your time on that kind of stuff. If it sounds too good to be true, it probably is.

There's no shame in picking up a normal, parttime gig a couple of nights a week after work and on weekends. You'd be surprised at how much extra cash you can earn just delivering pizzas, or working at a local retail store. If that doesn't sound like something you'd enjoy for a little while, you might try thinking of something you love doing, and find a creative way to make some extra money doing that. Your idea might even be something that would allow you to work from home. I've known lots of folks who make wonderful sec-

ond incomes by turning a hobby or hidden talent into extra cash.

But the big thing is to just find a real and honest idea to help you make extra money. Remember, shortterm sacrifice for long-term gain. You won't be doing this side gig forever. But whether you're looking for a little help in building your emergency fund or paying off debt, creativity, determination and hard work go a long, long way.

Best of luck, Bonna. And God bless. You can do this!

- Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

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MARCH 28, 2025 THE NEWS \cdot 5

SPCA Doggy Dash Returns for 32nd Year



Grab your pack to help the animals at the Sacramento SPCA at the Doggy Dash on April 12.



Leash up your pup for a 2K/5K walk through William Land Park at the 32nd annual SPCA Doggy Dash on April 12. Photo courtesy of Sacramento SPCA



Participate in PUP Show competitions, including best costume, at the 23rd annual SPCA Doggy Dash on April 12. Photos courtesy of Sacramento SPO

By MPG Staff

SACRAMENTO, CA (MPG) - The Sacramento SPCA (Society for the Prevention of Cruelty to Animals), open to all dogs, their owners and dog lovers, will hold its 32nd Doggy Dash on April 12.

Northern California's largest 2K/5K dog walk and pet festival, according to the SPCA, brings together animal lovers to raise funds for the Sacramento SPCA's lifesaving programs.

In addition to the 2K/5K dog walk, event participants will

enjoy Bark at the Park Festival activities, including food trucks, a beer and cocktail garden, games, demos, prizes and most importantly the opportunity to meet adorable, adoptable dogs.

The funds raised through the Doggy Dash registration fees help to provide direct care to more than 40,000 animals in the community each year. The Sacramento SPCA also assists cats, bunnies and other small animals in need.

'The Doggy Dash offers a wonderful opportunity to have fun with your dog while also supporting the animals in our community," said Sarah Varanini, Sacramento SPCA communications manager. "Whether your dog is athletic or prefers to be carried or pushed in a stroller, there is fun to be had

The 2025 Doggy Dash will take place at William Land Park (near Village Green) at 3800 W. Land Park Drive, Sacramento on April 12. Event day registration starts at 8:30 a.m.

The 2K/5K walk is scheduled

to begin at 10 a.m. and the Bark at the Park Festival will immediately follow the walk.

Participants do not need to have a dog to participate. Everyone is welcome to walk and support the Sacramento SPCA with or without a dog and/ or attend the festival.

Registration fees are \$35 for individuals and \$45 for teams in advance of the event day. Dayof-the event registration is \$50. The registration fee includes an event short-sleeved T-shirt. access to the 2K/5K walk route

and admittance into the Bark in the Park Festival.

To register prior to the event day, visit www.sspca.org/dash.

For more information about the event, call special events coordinator Gina Guerriere at 916-504-2868 or email gguerri-

ere@sspca.org.

The Sacramento SPCA mission is to foster a loving and compassionate community for companion animals and people by providing assistance, creating lifelong relationships and saving lives.

Sacramento State Professor Restores Dormant Campus Herbarium



Sacramento State University's campus herbarium, dormant for nearly two decades, has been restored to serve as a research and teaching tool with approximately 20,000 plant specimens. Pictured (from left) are students Cami Patiño and Mel Weber with assistant biological sciences professor Marina LaForgia, who oversees the herbarium, examining plant samples that are being digitized for public research access. Photo courtesy of Sacramento State University, Bibiana Ortiz

By Cynthia Hubert. Sacramento State University

SACRAMENTO REGION, CA (MPG) - For nearly two decades, Sacramento State University's campus herbarium lay dormant, its plant specimens hidden and nearly forgotten inside a shuttered lab in Sequoia Hall.

Then, in January 2024, plant ecologist Marina LaForgia joined the Department of Biological Sciences as an assistant professor after completing a postdoctoral fellowship at UC Davis.

LaForgia looked at the herbarium, contaminated by chemical fumes, covered in dust and cluttered with books as well as piles of papers and faulty equipment, and saw potential for bringing it back to life.

Now, the herbarium serves as important research and learning tool for LaForgia and her students. As part of a Plant Taxonomy class, they are combing through 20,000 pressed plant specimens, some dating to the late 1800s.

"The hands-on aspect is my absolute favorite. If I can touch the things that I'm studying, it's great. Nothing like it," said Mel Weber, a student assistant.

By fully identifying them and converting them to a digital format, they are helping to fill gaps in understanding of plant distribution over the last century and enabling researchers worldwide to explore past and future plant

"These specimens are super valuable," said LaForgia. "A lot of people might look at them and just think they are beautiful but they offer so much knowledge. We are creating a really useful scientific record of what grew here and when."

Most of the Sacramento State specimens, which LaForgia discovered inside closed cabinets, were collected in California by Sac State Professor Emeritus Michael Baad. But others are from places as far away as Japan, the Philippines and Greenland.

The collections hold potential for understanding evolutionary and ecological responses to climate change, land development, plant diseases and pest invasion.

"It's a snapshot into past plant communities," LaForgia said. But Sacramento State's herbarium, which

is attached to the classroom where LaForgia teaches, needed a major overhaul before she could even begin exploring its contents.

"It was a bit overwhelming," she said. With the help of Sacramento State Environmental Health and Safety crews, LaForgia and student volunteers decontaminated the specimens stored in cabinets, did some deep cleaning and organized thousands of books and papers.

Additionally, campus facilities staffers patched walls, repainted the room and added a door plate that now proudly reads "Herbarium."

The formerly neglected space now offers a hands-on learning experience for students, such as Cami Patiño and Mel Weber, who are evaluating the specimens and adding them to a public database, CCH2, operated by the Consortium of California Herbaria.

Specimens are mounted on paper and kept in folders that were left unopened for over 20 years. Some even contain detailed handwritten notes from collectors.

Weber and Patiño described opening each folder as similar to unwrapping a Christmas

"You never know what you're going to find," said Weber.

After evaluating each specimen, the students attach a barcode to it and upload it to the CHH2 database.

"The hands-on aspect is my absolute favorite," said Weber, who works as a student assistant on the project. "If I can touch the things that I'm studying, it's great. Nothing like it."

Thus far, students have imaged more than 4,000 specimens, with many cabinets yet to be explored.

Working with the specimens in the Plant Taxonomy lab is one of Patiño's favorite activities at Sac State, she said.

"I love the lab here," Patiño said. "Some labs can be tedious, but this one is super fun."

The students hope to parlay their studies into graduate programs or jobs in plant ecology. Restoring the herbarium has been satis-

fying work and will pay dividends for years to come, LaForgia said, adding that student involvement in the project has been espe-

cially rewarding. The once-dormant herbarium is now contributing to new discoveries about the history and diversity of plant life in California and beyond and offers an unprecedented learning

opportunity for Sacramento State students, LaForgia said. "I never thought I would be running an herbarium but the experience has been really great," said LaForgia. "I absolutely love our students. They are driven and I really enjoy working with them. And once we have everything digitized, we will have all kinds of

interesting research questions to explore." *

Spring Bill Relief for PG&E Customers

PG&E News Release

OAKLAND, CA (MPG) - Millions of Pacific Gas and Electric Company (PG&E) customers will automatically receive the California Climate Credit on their April energy bill.

Residential households with an active electric account will receive an electric

credit of \$58.23. Residential households with an active gas account will receive a credit of \$67.03. Customers receiving both gas and electric service from PG&E will receive a total April credit of \$125.26.

Residential and eligible small business customers receive identical electric credits in April and October. Residential natural gas customers receive a credit in April.

The California Climate Credit is funded by the state's Cap-and-Trade Program. It is distributed by PG&E to customers as directed by the California Public Utilities Commission (CPUC). The Cap-and-Trade Program requires companies to pay for certain emissions. Revenue from the program is also used by the state to improve public health and the environment and provide meaningful benefits to the most disadvantaged communities. The bill credit is designed to help customers during the tran-

feeling the pressure of rising energy bills. We support bill relief for families and fostering a more climate-resilient future," said Vincent Davis PG&E senior vice president for customer experience.

Since 2014, the California Public Utilities Commission calculates PG&E residential customers have received an average of nearly \$1,000 in California Climate Credits, totaling more than \$12.9 billion in Cap-and-Trade Program benefits statewide. The following programs are for

income-eligible assistance: California Alternate Rates for Energy (CARE) provides a monthly discount of 20% or more on gas and electricity bills, Family Electric

Rate Assistance (FERA) provides a monthly discount of 18% on electricity for households of three or more people, Energy Savings Assistance (ESA) provides energy-savings improvements at no charge, Relief for Energy Assistance through Community Help (REACH) offers a onetime energy credit for income-eligible custom-

ers of up to \$300 based on a past-due balance and the Arrearage Management Plan (AMP) which is a debt forgiveness plan for eligible residential

Other programs include Medical Baseline, which offers a reduction on energy bills for customers who depend on power for certain medical needs.

To explore other ways to save energy, reduce monthly bills, and protect the planet, customers are encouraged to use savings finder, enroll in the budget billing program,

electric utility serving more than sixteen million people across 70,000 square miles in Northern and Central California. For more information, visit pge.com and pge.

or visit the save energy and money page sition to a more sustainable future. "We know many of our customers are available through pge.com. Pacific Gas and Electric Company, a subsidiary of PG&E Corporation (NYSE: PCG), is a combined natural gas and

Personnel Services Director Appointed

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors, at its March 11 meeting, concurred with the county executive's appointment of Joseph Angelo as the director of Personnel Services, effective April 7.

"We are thrilled to welcome Joseph Angelo to our team as the new Personnel Services director," said Sylvester Fadal, Deputy County Executive for Administrative Services. "Joseph's executive personnel experience. including significant leadership roles in both city and county agencies, will bring a wealth of expertise to our organization. His impressive track record in

driving operational excel-

lence, fostering a strong

organizational culture and dedication to public service make him an ideal fit for this critical position. We look forward to the valuable contributions he will bring to our team and the county as a whole."

Angelo has more than 13 years of executive human resources experience. He currently serves as the chief people and culture officer for the Best Friends Animal Society, based in San Antonio, Texas, a position he has held since 2023. In this role, he oversees all HR-related services and advanced operational and organizational outcomes across the society's 47-state workforce.

Prior to his current position, Angelo served as the human resource services director for the County of Alameda from 2017 to 2023, overseeing

all HR-related services.

Before that, Angelo was the human resources director for the City of San Jose from 2014 to 2017 and was the chief innovation officer and human resources director for the City of San Antonio from 2011 to 2014.

In addition to his professional experience, Angelo has a bachelor's degree in business administration from the University of Pennsylvania, a master's degree in business administration from the University of Miami, and a master's degree in public administration from Harvard University. Angelo was formerly

the treasurer of California Counties HR (previously known as County Personnel Administrators Association of California) and was also a member of the International Public Management Association.★

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LEGAL ADVERTISING

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00955 Anh Tran, 7647 Broadhead Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Modern Acupuncture Medicine" 7647 Broadhead Way, Sacramento, CA 95829. Filed with the Clerk of Sacramento County February 10, 2025 Publish: March 7, 14, 21, 28, 2025

3-28-25 MODERN

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01233 Khaled Musa, 4114 Sea Drift Way, Sacramento, CA 95823 is doing business under the Fictitious Business "Microusa" 4114 Sea Drift Way, Sacramento, CA 95823, Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 MICROUSA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01258 Reneeka Williams, 6805 Kermit Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Heart Connection Consulting" 6805 Kermit Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025 **HEART**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01081 Home Lending 1100 Satellite Boulevard NW. Suwanee, GA, 30024 is doing business under the Fictitious Business Name(s) "Key Home Loans" 1100 Satellite Boulevard NW. Suwanee, GA. 30024, Filed with the Clerk of Sacramento County February 18, 2025 Publish: March 7, 14, 21, 28, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-00958 Lucas Brown, 120 Rambling Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Best in Town 120 Rambling Drive. Folsom, CA 95630. Filed with the Clerk of Sacramento County February 11, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01343 Miguel Angel Guerrero Barragan, 3829 Kimberly Road, Cameron Park, CA 95682 is doing business under the Fictitious Business Name(s) "Guerrero's Handy Name(s) 3829 Kimberly Road, 95682. Cameron Park, CA with the Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025

GUERREROS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01281 Gardner, 1682, Loomis, CA 95650 is business under the Fictitious Business Name(s) Transformative Healing 110 Blue Ravine Therapy" Road Suite 104, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 24, 2025

Publish: March 7, 14, 21, 28, 2025 HEALING 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00575 Mother Lode Van & Storage, Inc., 11255 Pyrites Way #400, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Right Way Receiving & Delivery" 11220 Pyrites Way #100, Gold River, CA 95670. Filed with the Clerk of Sacramento County January 29, 2025 Publish: March 7, 14, 21, 28, 2025

3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FRNF2025-00957 Jeffrey Tong, 2108 N Street #4237, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Sinamark" 2108 N Street 2108 N Street Sacramento. #11237 95816. Filed with the Clerk of Sacramento County February Publish: March 7, 14, 21, 28, 2025

SINAMARK 3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01283 Morales Group Enterprises LLC, 30 N Gould Street Suite R, Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "Angel's Junk & Dump" 7228 Roca Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025 ANGELS 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01248 Sampson Wang, 711 Bridgeside Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) Consulting" "Wang Bridgeside Drive, Sacramento, CA 95831. Filed with the Clerk of Sacramento County February 21, 2025 Publish: March 7, 14, 21, 28, 2025

3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01072 Diane Milenkovich, 7419 Garden Gate Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "American River Bookkeeping" 7419 Garden Gate Drive, Citrus Heights, CA 95621. Filed with

the Clerk of Sacramento County February 14, 2025 Publish: March 7, 14, 21, 28, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01405 Modamedia Communications.

LLC. 2508 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business "Groundswell/ Groundswell Art" 2508 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 26, 2025 Publish: March 7, 14, 21, 28, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01299 Maria E Mariscal, 7605 Rincon Villa Lane, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Mr. and Mrs. Pro Cleaning Services" 7605 Rincon Villa Lane, Sacramento, CA

95828. Filed with the Clerk of

Sacramento County February 24, 2025 Publish: March 7, 14, 21, 28, 2025

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01177 Hollybank LLC, 3017 Arden Way, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) Barbershop" 3025 "GOAT Arden Way, Sacramento, CA 95825. Filed with the Clerk of Sacramento County February 19, 2025 Publish: March 7, 14, 21, 28, 2025

3-28-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01458 Kevin & Luz Enterprises Inc. Sacramento Inn Way, 216, Sacramento, CA 95815-3461 is doing business under the Fictitious Business Name(s) "Epic Homehealth Services" 1600 Sacramento Inn Wav. Suite 216, Sacramento, CA 95815-3461. Filed with the Clerk of Sacramento County February 27, 2025 Publish: March 7, 14, 21, 28, 2025 3-28-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01345 Satinder Pal Singh, 1605 F Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) 'Singh Jeweler" 1605 F Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 7, 14, 21, 28, 2025

3-28-25

SINGH

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01359 US Mortgage Corporation, 201 Old Country Road, Suite 140, Melville, NY 11747 is doing business under the Fictitious Business Name(s) "Regal Mortgage of the High Desert" 201 Old Country Road, Suite 140, Melville, NY 11747. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00393 McMiller Enterprise LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Shalon Hair Loss Solutions & Wellness Clinic 5252 Sunrise Boulevard. #3 Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County January 17, 2025

Publish: March 14, 21, 28, April 4, 2025 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01448 Christa Newkirk, PO Box 340244, Sacramento, CA 95834 is doing business under the Business Name(s) **Fictitious** "EclectikRead Consulting" 3616 E. Commerce Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County February

Publish: March 14, 21, 28, April 4, 2025 **ECLECTIK**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00726 Michael Bullington, 6501 Sudden Wind Court, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) Safety First Firearms Training Confident Carry" 6501 Sudden Wind Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County February 4,

Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00605 Victory Life Church, 1136 Elderberry Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Don Eldridge Ministries" 1136 Elderberry Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County January 30, Publish: March 14, 21, 28, April 4, 2025

ELDRIDGE FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01089 Chin Up Creative LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Chin Up Creative/Haley's Comment" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County February 18, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01566 Parkmade LLC, 1104 Corporate Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Anavi Botanics/Mellobun Bakery" 1104 Corporate Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento March 14, 21, 28, April 4, 2025 **BOTANICS** 4-4-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01612 Homchui99 LLC, 424 E Bidwell Street, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Fam Thai Street Food" 424 E Bidwell Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County March 4, 2025

Publish: March 14, 21, 28, April 4, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01665 Muhammad Hameez Ashraf, V Street, #A, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Cold Fusion Ice Cream" 427 V Street, #A, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 5, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01179 Kelly Mac Millan, 112 Little Folsom, CA 95630 Court, is doing business under the **Fictitious** Business Name(s) "Wilderbeeds.com" 112 Little Court. Folsom, CA 95630, Filed with the Clerk of Sacramento County February 19, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01070 HB Project LLC, 2121 Ohio River Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) 'Fire & Spice BBQ" 2121 Ohio River Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County February 14, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01663 Smart Auto Dismantling LLC, 3569 Recycle Road, Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling LLC" 3569 Recycle Road, Suite Rancho Cordova, 95742. Filed with the Clerk of Sacramento County March 5, 2025 Publish: March 14, 21, 28, April 4, 2025

SMART FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01664 Blue Sky Auto Dismantling LLC 3569 Recycle Road, Suite 16, Rancho Cordova, CA 95742 is doing business under the Business Name(s) Sky Auto Dismantling 3569 Recycle Road, LLC" Suite 16. Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 5,

Publish: March 14, 21, 28, April 4, 2025 **BLUE**

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01576 Alexander H Huynh and To Nga Em Bien, 10855 Olson Drive, Rancho Cordova, CA 95670 is doing business under the Business Name(s) "Nail Studio +" 10855 Olson Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County March 3, Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01424 Meow Me Cafe LLC, 1714 1/2 Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) 'Meow Me" 1714 1/2 14th Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County February 26, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01569 Reed Thomas Leonard, 3401 Barberry Lane, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Topaz Window Cleaning" 3401 Barberry Lane, Sacramento, CA 95864. Filed with the Clerk of Sacramento County March 3, Publish: March 14, 21, 28, April 4, 2025

TOPAZ

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01362 Abhishek Rai MD Inc, 2600 East Bidwell Street, Suite #220, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Sacred Balance Integrative Health" 2600 East Bidwell Street, Suite #220, Folsom, CA 95630. Filed with the Clerk of Sacramento County February 25, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01270 Arash Taghikhani, 3300 Auburn Boulevard, #17, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Riton Auto Sales" 3300 Auburn Boulevard, #17, Sacramento, CA 95821. Filed with the Clerk of Sacramento County February 21, 2025

Publish: March 14, 21, 28, April 4, 2025 RITON FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01551 Jesus Arturo Jimenez. 7260 Pepperwood Knoll Lane, Apt 168 Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) Spray Pressure Washing" 7260 Pepperwood Knoll Lane, Apt 168 Sacramento, CA 95842. Filed

with the Clerk of Sacramento

County March 3, 2025 Publish: March 14, 21, 28, April 4, 2025 AQUA

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01309 Bay Area Best Locksmith Inc. 6449 Moiave Drive, San Jose, CA 95120 is doing business under the Fictitious Business Name(s) "Sacramento Locksmith" 2120 Blumenfeld Sacramento, 95815. Filed with the Clerk of Sacramento County February 24, 2025 Publish: March 14, 21, 28, April 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01665 Muhammad Hameez Ashraf, 427 V Street, #A, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Cold Fusion Ince Cream" 427 V Street, #A, Sacramento, CA 95818. Filed with the Clerk of Sacramento County March 4, 2025 Publish: March 14, 21, 28, April 4, 2025

4-4-25 COLD FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01782 The Parent Company, 2704 Panay Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) Lounge/The "Macy's Decor THD/CBNA" 5903 Watt Avene, Unit B, North Highlands, CA 95660 Filed with the Clerk of Sacramento County March 7, 2025 Publish: March 21, 28, April 4, 11, 2025

4-11-25 LOUNGE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-00973 Dan Dyer, 6501 Deaderick Court, Orangevale, CA 95662 is doing business under the Name(s) Fictitious Business "GRMCRM" 6501 Deaderick Orangevale, 95662. Filed with the Clerk of Sacramento County February 11.2025 Publish: March 21, 28, April 4, 11, 2025

GRM 4-11-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01761 Colleen M. Lopez, 6106 Lincoln Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Sacramento Tapping Wellness" 6106 Lincoln Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County March 7, 2025 Publish: March 21, 28, April 4, 11, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01827 Thomas Stull, 7432 Darin Whiteriver Lane, Sacramento,

CA 95842 is doing business under the Fictitious Business Name(s) "DTS Tile & Stone" Whiteriver 7432 Sacramento, CA 95842. Filed with the Clerk of Sacramento County March 11, 2025 Publish: March 21, 28, April 4, 11, 2025

DTS 4-11-25 FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01372

Yasmeen Nazir, 4850 Natomas Boulevard. Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "YN Coaching" 4850 Natomas Boulevard, Sacramento, CA 95835. Filed with the Clerk of Sacramento County February 26, 2025

Publish: March 21, 28, April 4, 11, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01683 Lilac Fig LLC, 5650 Whitelock Parkway, Suite 130-1058, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "iDrive EZ Traffic School" 717 K Street, Suite 431, Sacramento, CA 95814. Filed with the Clerk of Sacramento County March 5, 2025 Publish: March 21, 28, April 4, 11, 2025

IDRIVE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01619 Francisco J Cuevas, 18 Marilyn Circle, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Color Care" 18 Marilyn Circle, Sacramento, CA 95838. Filed with the Clerk of Sacramento County March 4, 2025 Publish: March 21, 28, April 4, 11, 2025 4-11-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01708 Home Lending 1100 Satellite Boulevard NW, Suwanee, GA 30024 is doing business under the Fictitious Business Name(s) "Home Wise Lending" 1100 Satellite Boulevard NW, Suwanee, GA 30024. Filed with the Clerk of Sacramento County March 6, Publish: March 21, 28, April 4, 11, 2025 HOME 4-11-25

FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01796 RP-HITE INC., 30 N Gould Street, #48502, Sheridan, WY 82801 is doing business under the Fictitious Business Name(s) "RPHITE Construction Services" 1065 L Aloutte Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County March 10, 2025 Publish: March 21, 28, April 4, 11, 2025 4-11-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01789 Jesus Saldana F.. Withington Avenue, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Gold Star Landscape"

216 Withington Avenue, Rio Linda, CA 95673. Filed with the

Clerk of Sacramento County

March 10, 2025 Publish: March 21, 28, April 4, 11, 2025 4-11-25 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01460 Carmichael Disc Center LLC 5150 Fair Oaks Boulevard. 104, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Carmichael Disc Center LLC 5150 Fair Oaks Boulevard. 104. Carmichael. CA Suite 95608. Filed with the Clerk of Sacramento County February 27, 2025 Publish: March 21, 28, April 4, 11, 2025

DISC 4-11-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01615 Dessert Studio LLC, 7416 Court Parkwav. Sacramento. 95823 is doing business under the Fictitious Business Name(s) "Velvebake" 8525 Madison Avenue, #127, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County March 4, Publish: March 21, 28, April 4, 11, 2025

VELVE

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01811 Blue Wave Company Inc, 3340 Sunrise Boulevard, Suite H Rancho Cordova, CA 95742 is doing business under the Fictitious **Business** Name(s) "Trailer Heaven" 3340 Sunrise Boulevard, Suite H, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County March 10, 2025 Publish: March 21, 28, April 4, 11, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01762 Chaz Halbert, 4117 Peter's Way, Rocklin, CA 95765 is doing business under the Fictitious "Trailhead Business Name(s) Real Estate" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County March 7, 2025 Publish: March 21, 28, April 4, 11, 2025

REAL FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-01785 Phonsavanh Maria Savatphoune and Derek Lee Colston 3631 43rd Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Energy Sacramento" 6511 Savings Place, Suite 125, Sacramento, CA 95828, Filed with the Clerk of Sacramento County March 7, 2025 Publish: March 21, 28, April 4, 11, 2025

ENERGY 4-11-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-01792 Margi Herzog, 5683 Rolling Oak Drive, Sacramento, CA 95841 Michael Herzog, 4890 Hackberry Lane, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Shasta Properties" 5901 Rosebud Lane, #200, Sacramento, CA 95841. Filed with the Clerk of Sacramento County March 10, 2025 Publish: March 21, 28, April 4, 11, 2025

FICTITIOUS BUSINESS NAME Yevtushenko Real Estate, Inc., 7323 Silver View Way, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Stan The Maintenance Man" 7323 Silver View Way, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County March 12, 2025 Publish: March 28, April 4, 11, 18, 2025

STAN

SUMMONS

SUMMONS (FAMILY LAW) CASE NUMBER (NUMERO DEL CASO): 23FL04701 NOTICE TO RESPONDENT

AVISO (Name): DEMANDADO (Nombre): Perlita Amada Miles YOU HAVE BEEN SUED. Read the information below and

on the next page. PETITIONER'S NAME IS: (NOMBRE DEL NAME IS: DEMANDANTÈ): Ronald Dean Balentine. You have 30 CALENDAR

DAYS after this Summons and Petition are served on you to file a response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call or court appearance will not protect you. If you do not file your response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts. ca.gov/selfhelp), at the California Legal Services website (www. lawhelpca.org) or by contacting your local county bar association. tiene 30

CALENDARIO después de que se le presente esta Citación y Petición para presentar una response (formulario FL-120) en el tribunal y tener una copia notificada alpeticionario. Una carta, llamada telefónica o comparecencia ante el tribunal no lo protegerá. Si no presenta su respuesta a tiempo, el tribunal puede hacer órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. Es posible que se le ordene pagar la manutención y los honorarios y costos de los abogados. Para obtener asesoramiento legal, póngase en contacto con un abogado de inmediato. Obtenga ayuda para encontrar un abogado en el

Centro de Autoayuda en Línea de los Tribunales de California (www.courts.ca.gov/selfhelp),en el sitio web de Servicios Legales de California (www.lawhelpca. org) o comunicándose con el colegio de abogados de su condado local. **RESTRAINING** NOTICE:

ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouse or domestic partners until the petition is dismissed, a judgment is entered or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of AVISO: LAS ÓRDENES DE

RESTRICCIÓN ESTÁN EN LA PÁGINA 2: Estas órdenes de restricción son efectivas contra ambos cónyuges o parejas domésticas hasta que se desestime la petición, se dicte una sentencia o el tribunal dicte más órdenes. Son exigibles en cualquier lugar de California por cualquier oficial de la ley que haya recibido o visto una copia de ellos. FEE WAIVER: If you cannot

pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other EXENCIÓN DE TARIFAS: Si

no puede pagar la tarifa de presentación, pídale al secretario un formulario de exención de tarifas. El tribunal puede ordenarle que devuelva la totalidad o parte de los honorarios y costos que el tribunal renunció para usted o la otra parte. The name and address of the

court are: (El nombre v direccion de la corte es): Sacramento Superior Court, 3341 Power Inn Road, Sacramento, CA 95826. The name, address and tele-

phone number of the petitioner's attorney, or the petitioner without an attorney are: (El nombre, dirección v número de teléfono del abogado del peticionario, o del peticionario sin abogado es:) Frances An, Esq., P.O. Box 370 Rio Linda, CA 95673, 916-929-9288 Date: (Fecha) 10-5-2023

By: Clerk of Court J. Feng, Deputy

STANDARD FAMILY LAW **RESTRAINING ORDERS** Starting immediately, you and your spouse or domestic partner

are restrained from:

1. removing the minor children of the parties from the state or applying for a new or replacement passport for those minor children without the prior written consent of the other party or an order of the court;

2. cashing, borrowing against, canceling, transferring, disposing of, or changing the beneficiaries of any insurance or other coverage, including life, health automobile, and disability, held for the benefit of the parties and their

minor children; 3. transferring, encumbering hypothecating, concealing, or in any way disposing of any property, real or personal, whether community. or separate, without the written consent of the other party or an order of the court, except in the usual course of business or for

the necessities of life; and 4. creating a nonprobate transfer or modifying a nonprobate transfer in a manner that affects the disposition of property subject to the transfer, without the written consent of the other party or an order of the court. Before revocation of a nonprobate transfer can take effect or a right of survivorship to property can be eliminated, notice of the change must be filed and served on the

other party.

You must notify each other of any proposed extraordinary expenditures at least five business days prior to incurring these extraordinary expenditures and account to the court for all extraordinary expenditures made after these restraining orders are effective. However, you may use community property, quasi-community property, or your own separate property to pay an attorney to help you or pay court

AFFORDABLE HEALTH INSURANCE: Do you or someone in your

NOTICE: ACCESS TO

household need affordable health insurance? If so, you should apply for Covered California. Covered California can help reduce the cost you pay towards high quality affordable health care. For more information, visit www.coveredca.com. Or call Covered California at 1-800-300-1506 WARNING: IMPORANT INFORMATION

California law provides that, for purposes of division of property

upon dissolution of a marriage or domestic partnership or upon legal separation, property acquired by the parties during marriage or domestic partnership in joint form is presumed to be community property. If either party to this action should die before the jointly held community property is divided, the language in the deed that characterizes how title is held (i.e., joint tenancy, tenants in common, or community property) will be controlling, and not the community property presumption. You should consult your attorney if you want the community property presumption to be written into the recorded title to the property. Publish: March 21, 28, April 4, 11, 2025

BALENTINE

AMERICAN 3-28-25 County March 3, 2025 Publish: 8 · THE NEWS

COMICS & PUZZLES



Amber Waves

I'M SO TIRED OF EATING

NOTHIN' BUT GRAIN AND SEED

Out on a Limb



I'M SO TIRED OF EATING

JUST BUGS AND WORMS.



by Dave T. Phipps























KATERUAS

BUD BLAKE

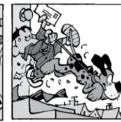
BY HENRY BOLTINOFF Find at least six differences in details between panels



3. Stripes on sleeve are higher. 4. Spot on dog's back is smaller. 5. Curtain is shorter. 6. Design on lamp is different. Differences: I. Drawer handle is different. 2. Picture is reversed.

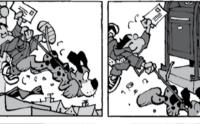
IGER





HELLO ACID REFLUX

MY OLD FRIEND, I'VE COME TO TALK WITH YOU AGAIN ... 1







"I think we need to have that chat, son ... now that we can talk.'

Just Like Cats & Dogs by Dave T. Phipps IN MY TWENTIES I LOOKED SO MUCH BETTER! NOWADAYS MY REFLECTION LOOKS LIKE SOMETHING IN A FUNHOUSE MIRROR.

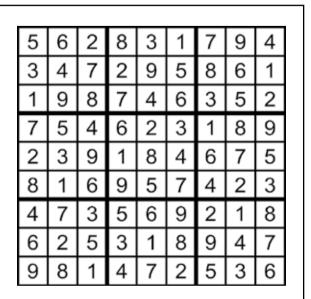
Ε Ε R H|A|M|MO|MΕ R R P Ν Τ 0 Η Ρ Α Н С Ε R O Н Χ S Ε Α Α Ε D S C S S Η Α G S Τ Ε Т Т R Ε S В S 0 Н Α D 0 S M Ρ G Т Ρ 0 Ε R Ε D С S R Ν Ν O S S Α 0 D S Ε В Ε Ν



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CLUES

ACROSS

_, a serial 13. *Henry _

super-egos 17. More unfriendly

18. *Babylonian ruler,

20. Minute bit 21 Cavern or cave

23. Sapodilla tree gum 26. *Akhenaton or

Tutankhamun

31. a.k.a. crown vetch 34. *Viracocha, the

38. Trots and canters

39. And others, for short 40. Shred of clothing

43. a.k.a. sodium

47. One behind plate,

50. George Lucas' warrior-monk

queen 56. Capital of Tunisia

57. Military status 58. "High" time

59. River in India 60. Rainbows, e.g.

61. Al Capone, e.g. 62. Difficult situation

DOWN

1. Ho-hum 2. Indian royal

4. Plane road

5. "Sometimes a cigar is

British monarch

13. Top of a mountain, e.g.

e.g. 19. Untwist a rope

22. Third degree

23. Lawyers' loads

25. Homeric epic

26. Exterminator's target 27. Liquorice flavor

32. *Mohammad Reza Pahlavi

38. Comprehend

33 Get calories 36. *Robert Graves' "I,

STATEPOINT CROSSWORD • FORMER RULERS

1. London native, e.g.

8. Elect democratically

husband 14. Mosaic artist

15. Cracked open 16. Between ids and

code creator

22. Not amateur

30. Be bedridden

eighth Sapa _____ of Kingdom of Cusco

35. Like some peppers -been

42. Aptitude test, acr.

carbonate 45. In ignoble manner

for short 48. Patrick Swayze/ Demi Moore movie

52. *Egypt's famous

63. Striped stinger 64. Biblical paradise

3. Mosque V.I.P.

just a _____"
6. She turned to stone

7. Not yet final, legally

speaking 8. *Second-longest reining

9. Spaghetti aglio and 10. Do like bees?

11. Go wrong

14. #8 Down's headdress,

24. Informed of latest trends (2 words)

28. Based on number 8

CROSSWORD 35 39 43



© StatePoint Media

41. Kindle editions

44. Not quite right 46. Posture 48. Unfriendly stare

49. From this time

50. Equinox month 51. Concludes

52. Underwater hermit 53. Arnold Lobel's "Frog

55. Soon, to a bard 56. Burton of gothic horror

and _____"
54. Tug-of-War equipment

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

MARCH 28, **2025** THE NEWS • 9

Kings Korner By V.G. Harris



I made the mistake this morning of tuning into Kings radio station 1140 am and listened to the morning show hosts trashing the Kings coaching staff, general manager and the owner. All this while the hometown team is making a run at the play-in spot that could still lead to the playoffs.

Disappointing to say the least and considering two amazing wins over the Memphis Grizzlies and of all teams the Cleveland Cavaliers, the last thing I expected to hear was a diatribe that basically told anyone silly enough to listen, that the Kings are the worst run organization in basketball.

There is plenty of time to cast aspersions at ownership when the season has concluded, but right now, despite the unpredictable nature of the current squad, these players need the full commitment of every fan and that should certainly include the Kings radio station.

Fans deserve the truth to be sure, and the truth is that this team is laden with talent and has found ways to beat the best teams in the NBA.

Besting a payoff bound Grizzlies squad just one week ago was unexpected but just what the Kings needed as they welcomed the team with the best record in basketball to Golden One Arena, the Cleveland Cavaliers.

Facing a team that had won 16 consecutive games twice in the current season was bad enough, but to face this Goliath in back-to-back games seemed like a recipe for disaster.

Shaking off anything resembling tiredness, the Kings spoiled the Cavaliers' night with a shorthanded squad and bested the Cavs by the score of 123-119. Malik Monk played both ends of the floor in championship style scoring 22 points while adding 6 boards and 8 assists. Malik made his presence felt all night, and made his leadership felt as 7 players contributed double digit scoring and gave fans a completely different look at what is possible with this team.

Rookie Devin Carter had his best game as an NBA pro, and it could not have come at a better time. Playing a season high 31 minutes Carter contributed 16 points, 5 rebounds, and 3 assists, all the while adding a level of defense that reminded me of

Davion Mitchell when he was a rookie for the Kings.

For every Kings fan on the planet, this game was a moment in time that said, "See, this team has something special!"

Consistency has been the problem all season, and it reared its ugly head later in the week as the Sactown ballers fell victim to both the Milwaukee Bucks and the Chicago Bulls. Both contests were winnable games, and if ever the absence of Domantas Sabonis was noticed the most it was in these two games.

I say to every fan, DO NOT lose spirit. This team has something about it that is certainly unpredictable, but fascinating at the same time.

Stories have yet to be played out as many are wondering if rookie Devin Carter can double down on his stellar play against the Cleveland Cavaliers, and will former all-star Zach Lavine find himself down the stretch after missing one game for personal reasons and then contributing anemic results upon his return.

Yes, there are mysteries, but on any given night this squad even shorthanded can hand defeats to some of the best teams in the NBA, and they've given some of their best performances against the very best the NBA has to offer.

The vaunted Boston Celtics come to

town on Monday night, and they surely haven't forgotten the pasting the Kings handed them on their home floor in January when the Kings walked away with a 114-97 win.

Look for the Celtics to bring it strong

sidelined with a sprained ankle and sore hamstring, the Kings will be called upon to bring their best performance if they hope to win.

That's why we play the game they say,

on Monday night, and with Sabonis still

and I know every Kings fan will be watcing this one.

Just 12 games to go Kings fans and it's time to bring it strong. Give these gladiators all you have and let's see what our hometown boys can do!

All the best!
Your thoughts are always weld

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

Will My Medicare Premium Change Because I Sold Investment Property?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have questions concerning the deduction of money from my Social Security benefit amount as relates to the sale of investment property. I am 66 years old and have been drawing Social Security since I turned 62. My wife is 56 and is a housewife and has no taxable income. Our income comes from our rental property and my Social Security benefit. I have decided to liquidate two of our properties - one was sold in December 2024, and one is in Escrow and is scheduled to close in March 2025.

My normal Adjusted Gross Income (AGI) has been running about \$30K-\$32K. However, last year with the sale of the property I will receive a long-term capital gain profit of about \$255K. I did a rough calculation on what my AGI will be for 2024, and it looks to be about \$318K. How will this affect my Social Security benefit, and will it have an effect on the amount I pay for my Part B Medicare Plan going forward? I have a Medicare Advantage plan.

My next question is about 2025 (after the next

property closes and I file taxes), my AGI with the long-term capital gain profit could be between \$700k-\$800K. How will this affect my benefits going forward? Signed: Prudent Investor

Dear Prudent Investor:

Actually, the GROSS amount of your Social Security benefit will not be affected by these transactions, but the NET amount of your SS benefit payment will change due to a provision known as "IRMAA" (Income-Related Monthly Adjustment Amount). IRMAA affects the Medicare premiums you pay from your Social Security benefit, and a higher Medicare premium will result in a lower net Social Security payment. Here's how this will work for you:

Your Medicare premiums each year (typically for Medicare Part B and Part D) are determined by looking at your "Modified Adjusted Gross Income," or "MAGI", from two years prior (MAGI is your normal AGI plus any non-taxable interest you may have had). Since the property you sold in 2024 will be reflected as part of your 2024 income. IRMAA will cause your 2026 Medicare premiums to be higher than the standard monthly 2026 amount. How much higher depends on how much you exceed the income level for your IRS filing status. Using 2025 rules, if you file as Married/jointly and your taxable income (MAGI) is more than \$212,000 but less than \$334,000 then,

instead of paying the standard 2026 monthly Part B premium, you'll each pay \$370 per month for Medicare Part B (and likely a supplemental amount of \$35.30 if your Advantage plan includes prescription drug coverage).

Your Medicare premiums are recalculated every year (again based on income from two years prior). Thus, in 2027, IRMAA will also affect your Medicare premiums and your net Social Security payment because of your 2025 real estate transaction. If your MAGI in 2025 will be over \$750,000, then IRMAA will increase each of your 2027 Medicare Part B premiums to \$638.90 (and likely also add a supplement of \$85.80 per month each to your Medicare Advantage premium for prescription drug coverage).

The good news is in 2028 all of this will be behind you and your Medicare premiums will revert to whatever the standard monthly premiums are for that year (because your income levels thereafter will presumably be below the then-IRMAA thresholds).

For reference, here is a link to Medicare's information on the Income-Related Monthly Adjustment Amount, or "IRMAA:"

www.cms.gov/newsroom/ fact-sheets/2025-medicareparts-b-premiums-and-deductibles

To submit a question, visit our website (amacfoundation.org/programs/ social-security-advisory) or email us at ssadvisor@ amacfoundation.org. ★

Lobbyists are a Growth Industry in a State as Complex as California



By Dan Walters, CALMatters.org

In the late 1990s, the late Jay Michael and I coauthored a book, published by the University of California, that explored why and how interest groups employ lobbyists to

represent them in Sacramento. Michael was a retired lobbyist who provided innumerable stories about what happens out of public view to shape legislation and other official policy, such as the notorious "napkin deal" Willie Brown brokered in a Sacramento restaurant that changed tobacco liability and other tort law. I framed the process in the context of an ever-changing state and a Legislature undergoing a cultural and ideological evolution.

At the time there were about 1,200 registered lobbyists working the Capitol, not only those who sought to affect legislation but those who concentrated on regulations, contracts and other acts in California's vast bureaucracy.

As a hobby Chris Micheli, a lobbyist whose firm represents 15 widely varying clients, dives into legislative minutiae and recently generated data on the growth of lobbyist activity.

Micheli found that the number of lobbying firms has grown from 433 to 484 over the last 10 years. More interestingly, the number of registered lobbyists had nearly tripled from 1,270 when Michael and I were writing

our book to 3,245 in the current legislative session.

That seemingly huge increase is, Micheli explains, a little misleading because it includes 1,116 newly registered lobbyists in 2011-12 due to a change in law. Reacting to a corruption scandal in the California Public Employees Retirement System, the Legislature required registration of "placement agents," who persuade the immense pension system to place millions or even billions of dollars into their clients' investment firms.

"While the number of registered lobbyists has grown by 1,975 over the past 25 years, more than half of those registrations are attributable to the addition of placement agents," said Micheli. "Even taking those registrations out of the total figure, the number of registered lobbyists has still grown over 65% during the past quarter century."

The California Public Employees' Retirement System (CalPERS) scandal is a stark example of why interest groups employ lobbyists and why their numbers are likely to continue growing indefinitely.

The decisions officialdom makes often have immense financial impacts. The state budget, currently about \$300 billion, is just one of those high-impact policy venues. Who gets shares of that money, and who doesn't, is the subject of perpetual lobbying activity, and there are always winners and losers in what legislators and the governor decree.

In relatively lean times the budget lobbying grows even more intense, a cyclic phenomenon now playing out as politicians wrestle with multi-billion-dollar shortfalls.

However, the budget is only one of many venues for the clashes of financial interests, and California's left-of-center politics spawn an ever-expanding array of laws, agencies and officials with regulatory authority.

regulatory authority.

Decrees of regulatory agencies, such as the California Public Utilities Commission and the Department of Insurance, can make or break the bottom lines of regulated industries and professions. That's very evident now as Insurance Commissioner Ricardo Lara copes with the

fire insurance crisis.

Many high-value issues are virtually invisible such as decisions over which drugs will be included on the Medi-Cal "formulary" and what the state will pay pharmaceutical companies for those medications.

When one combines the state budget with the electric power rates set by the Public Utilities Commission, the insurance premiums that Lara approves and countless other legislative and non-legislative issues, it becomes evident that decisions made in Sacramento control an immense portion of the state's \$3.5 trillion economy.

Therefore, those affected believe they need skilled professional advocates, much like anyone facing serious civil or criminal court actions needs a savvy lawyer.

Maybe it shouldn't work that way, but in a state as immense and complex as California, it does.

Dan Walters is one of most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.



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Leslie Katter, Soprano Noel Anthony Escobar, Tenor Simon Barrad, Baritone

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10 · THE NEWS MARCH 28, 2025

Gymnasts Achieve Season-Best Score

By Sacramento State University

SACRAMENTO REGION, CA (MPG)

- The Sacramento State gymnastics team followed up its season-high score against Eastern Michigan on March 9 by raising the bar once again on March 14 at The Nest, scoring a new season-best 195.250 in the regular season finale against UC Davis.

The Aggies, however, won the team title with a score of

Following the meet against the Aggies, the Hornets celebrated their seniors.

The March 14 meet against UC Davis marked the third time in the last five meets that the Hornets topped the 195-point plateau, besting its previous season-high of 195.225 against the



Sacramento State celebrated its senior gymnasts following the March 14 dual meet with UC Davis at The Nest.

Eagles on March 9 and joined the 195.150 at Alaska Anchorage back on Feb. 21.

Sacramento State led by twotenths after the first rotation, scoring a 48.900 on vault compared to the Aggies' 48.700 on bars. The Hornets were led by junior Rylin Zimmerman, who scored a career-high 9.825 to finish in a tie for third and match junior Sarah Lutrel's score against Southern Utah on Feb. 28 for the highest score by a Sacramento State vaulter this year.

Senior Emma Morgenthaler finished fifth with a season-high tying score of 9.80, which is tied for third on the season list, while Lutrel scored a 9.775 to place sixth and tie for ninth on the season list. Freshman Lexi Frank also set a career high with a 9.70. ★

Jimmy Kvarme Tribute **Tournament Supports Community**

By Park Terrace Swim and Tennis Club Staff

SACRAMENTO REGION, CA (MPG) - The annual Jimmy **Kvarme Tribute Tournament** returns on Oct.18 to Oct. 19 at the Park Terrace Swim and Tennis Club.

The tournament brings together tennis players, families and the local community for a weekend of competition and giving back.

More than just a United States Tennis Association (USTA) Gold Cup Series event, the Jimmy Kvarme Tribute Tournament honors the memory of Jimmy Kvarme, a passionate young tennis player, while raising funds for meaningful causes.

Since its inception in 2017, the tournament has raised more than \$50,000 for various charities, including the V Foundation for Cancer Research and has supported local high school tennis programs by providing funding, tennis balls and equipment to schools such as Christian Brothers, River City, John F. Kennedy and C.K.

McClatchy. This year, the Jimmy Tribute Kvarme Tournament is proud to partner with Mama Bears Fighting Childhood Cancer, a nonprofit organization dedicated to supporting families facing pediatric cancer. Founded by mothers who have been through the battle firsthand, Mama Bear provides caregivers with essential hospital supplies through their Hospital Wagon program, ensuring they have what they need during their child's

treatment. "Mama Bear was founded to fill the gaps we experienced firsthand as caregivers," said Monica

Vera Padilla, Director of Advocacy for Mama Bear. "We've supported more than 500 local families to date, and thanks to community events like JKTT, we can continue

caregiv-

against

cancer."

Kvarme

Tribute

play-

ers through

their fight

During the

2025 Jimmy

Tournament

er-sponsor

barbeque,

organizers

nament's

growing impact and the

strong community partner-

ships that make it possible.

The event will recognize

local businesses, sponsors,

and individuals who have

contributed to the tourna-

ment's success, ensuring its

mission of supporting youth

tennis and charitable causes

and Park Terrace already

presenting a \$1,000 dona-

tion to Mama Bears Fighting

Childhood Cancer on March

With the FITT Foundation

continue.

will shine

a spot-

light

on the

help-

ing

kids

Financial Officer Jason Wagner emphasized the ongoing support, stating, "We plan on giving another donation after this year's event in October." The tournament has grown into more than just a United States Tennis Association Gold Cup Series

giving back.

3, this year's player-spon-

sor barbecue will also serve

as a moment to reaffirm the

tournament's commitment to

FITT Foundation Chief

celebration of philanthropy and sportsmanship, drawing players and supporters from across the country. For Matt Bult, a longtime tournament participant and a major donor,

competition; it has become a

the event holds deep meaning. "My wife, Maria, and I

have supported this memorial tournament since its inception, and it's an event my son, Nick, and I look forward to playing in every year," Bult said. "However, it's bittersweet: the bitter being the heartbreaking reality of childhood cancer makes this tournament necessary. The sweet is the opportunity to come together with like-minded tennis players and philanthropists, united

by a shared purpose. We've been friends with Jimmy's parents, Julie and Michael Kvarme, for many years, and being part of this event is a reward in itself." Among the many events

he has organized in his 33-year coaching career, the Jimmy Kvarme Tribute Tournament holds a special place for tournament director Monty Basnyat. "I've run everything from junior tournaments to USTA professional events but JKTT is one of my favorites. It truly

brings the whole community together." Beyond the competition,

Basnyat is passionate about the tournament's larger mission, which is fighting cancer. "Getting cancer is abso-

lutely tragic in this day and age," he said. "It's not enough to just put a Band-Aid on the disease; we need to eradicate it," Basnyat

Park Terrace Swim and Tennis Club has been an essential partner in making the Jimmy Kvarme Tribute Tournament a success, donating its facility to host the event and reinforcing its commitment to giving back.

"We are proud to open our courts for a tournament that blends competition, camaraderie and charity," said

Megan Bossemeyer, general manager of Park Terrace. "It's about more than tennis; it's about supporting a cause that impacts families right here in our community."

The tournament continues to grow, drawing players from across the country, including Georgia, Los Angeles, Santa Barbara and San Jose. Tennis players of all levels are encouraged to sign up and compete, with the opportunity to play great tennis while making a real impact.

Those who can't compete can still be part of the mission by donating to the Jimmy Kvarme Tribute Tournament, supporting Mama Bear and ensuring that families battling pediatric cancer receive the help they need.

For more information, contact tournament director Basnyat at mbasnyat@fitt10s.com or 916-316-7577.

The Park Terrace Swim and Tennis Club is at 5500 Parkfield Court, Sacramento. Let's serve up hope, one match at

Hornet Named to Big Sky All-Tournament Team

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - Sacramento State junior guard Benthe Versteeg was named to the Big Sky Conference All-Tournament Team for the second time in her career on March 12 following the conclusion of the league's championship event.

Already among a group of six Hornets to ever earn all-tournament honors, Versteeg becomes the first Sacramento State player to be named to the all-tournament team twice in a career after picking up her first honor following the 2023-24 championship. Just as she was last year, she is the only member of the six-woman honor roll not on a team that reached the semifinals.

During the Hornets' twogame run in the postseason event, Versteeg nearly averaged a triple-double, putting up 17.5 points, 8.5 rebounds, and 8.0 assists per game while playing almost 37 minutes per contest.

In the Hornets' opening-round victory over Eastern Washington, Versteeg finished with 11 points, eight rebounds, and 11 assists for her fifth consecutive double-double as Sacramento State upended the Eagles, 71-67.

Twenty four hours later, Versteeg exploded for a game-high 24 points — just two shy of her career high



State junior guard Benthe Versteeg was named to the Big Sky Conference All-Tournament Team. Photo courtesy of Sacramento State University

— to go with nine rebounds and five assists, hitting 10-of-24 from the field and playing all 40 minutes in a four-point defeat against second-seeded Northern Arizona. The 24 points are tied for seventh in school history for a single Big Sky Tournament game, while the 10 makes from the field are also tied for third.

An All-Big Sky first team selection for the first time in her career and one of three players to be named to the Big Sky All-Defensive Team for the second straight season, Versteeg finished the 2024-25 campaign averaging 12.0 points per game, 5.0 rebounds per game, and 6.5 assists per game, shooting .411 from the floor.

Her 208 assists this season tied her own single-season school record set last year and she became the first Hornet to post back-to-back 200-assist seasons.

Youth Football Helmet Law Proposed

Office of Assemblymember Avelino Valencia News Release

SACRAMENTO REGION, CA (MPG) - California Assemblymember Avelino Valencia (D-Anaheim) has introduced Assembly Bill 708 to protect young athletes by permitting the use of soft-shelled helmet add-ons during practices and games.

-"Assembly Bill 708 empowers parents to make informed decisions about their children's safety in youth football," said Assemblymember Valencia. "As a former player, I know the excitement and risks of the game, especially during the critical developmental years of childhood. It is our responsibility to ensure that parents have access to the best safety equipment available."

hibit players from

Currently, some youth football leagues pro-

wearing soft-shelled helmet add-ons. Research conducted by Virginia Tech University has demonstrated that softshelled helmet add-ons can significantly reduce the forces of impact, leading to a 24.7% decrease in concussion risk. Notably, the National

Football League (NFL) has already adopted this technology for its players, highlighting its effectiveness and reliability.

Assembly Bill 708 addresses this issue by granting parents the autonomy to decide whether their children can wear soft-shelled helmet add-ons. This legislation empowers families to take proactive steps in reducing the risk of concussions and aligns youth football safety regulations with those of the NFL. Through this bill, we aim

to foster a safer environment for young athletes, ensuring them and their families can enjoy the game with greater peace of mind.

River Cats Announce Partnership River Cats and Sutter Health Park they are watching baseball or attend-

By River Cats Media Relations

SACRAMENTO REGION, CA (MPG) - The Sacramento River Cats and Sutter Health Park have announced a new multi-year partnership with Advanced Building Maintenance to lead engineering and janitorial services for the team and Sutter Health Park.

"We are pleased to be partnering with Advanced Building Maintenance as we embark on a new venture here at Sutter Health Park," said Sacramento River Cats Vice President of Partnerships Greg Coletti. "It is our goal to have a clean and safe environment for our fans to enjoy whether

ing a special event in the ballpark. We are looking forward to seeing the partnership come to fruition in the foreseeable future."

"This partnership is about more than exceptional service—it's about being part of something bigger, your experience at the park," said Advanced Building Maintenance CEO and Owner Patrick Ferguson. "We're honored to work alongside the Sacramento River Cats and Sutter Health Park to deliver an outstanding experience for all. We believe great

partnerships elevate great experi-

ences. Working with the Sacramento

is an opportunity to support a thriving sports culture while delivering the highest standards of service." Headquartered in Sacramento,

Advanced Building Maintenance is a family-owned and operated facility services provider delivering reliable, sustainable and cost-efficient solutions for buildings across the nation. Beginning this year, Advanced

Building Maintenance will provide cleaning, maintenance and engineering to the Sacramento River Cats and Sutter Health Park, helping maintain the stadium to the highest of