

Summer Farm Camp Registration Open for Local Youth

PAGE 4

Sacramento County Highlights 2024 Achievements

PAGE 2



VOLUME 20 • ISSUE 7

Serving Fair Oaks, Orangevale & Sacramento County

APRIL 11, 2025

SLAYED BY J CELEBRATES GRAND OPENING



PAGE 9

THE TRUE **MEANING** OF EASTER



PAGE 4

FERREROS NAMED BIG SKY PLAYER OF THE WEEK





Scan our QR Code for a direct link to our online edition!

PRSRTD STD. U.S. POSTAGE **PAID** CARMICHAEL, CA PERMIT NO. 350 OR CURRENT

POSTAL CUSTOMER

Casa Roble FFA Wins National Award



At a special event hosted by Folsom Lake Chrysler Dodge Jeep Ram, General Manager Vince Bloom and his team went the extra mile by welcoming the students, their families and friends with open arms. Photo by Holly Thayne

By MaryAnne Povey

SACRAMENTO, CA (MPG) - The Casa Roble Future Farmers of America program is celebrating a major victory. Its award-winning TikTok video secured \$3,500 in prize money through a national contest hosted by Ram Trucks. But the celebration didn't stop there.

At a special event hosted by Folsom Lake Chrysler Dodge Jeep Ram, General Manager Vince Bloom and his team went the extra mile by welcoming the students, their families and friends with open arms.

and supplies to support the Food Bank Farm, an essential part of Orangevale's effort to provide fresh produce to those in need.

'Winning this contest exhibits our FFA members well-rounded characters," said Casa Roble Future Farmers of America Advisor Christina Tannehill. "Not only can they be found helping in the community but they can collaborate and create a quality video and place in the top three of all of the nationwide videos!"

Casa Roble Future Farmers of America is the only agriculture program in the San Juan School District, In addition to presenting the prize, giving students hands-on experithey donated a truckload of soil ence in leadership, responsibility and

farming. Currently, these students are hard at work caring for animals that will soon be auctioned at the Sacramento County Fair.

Casa Roble takes great pride in this one-of-a-kind program, which continues to shape future agricultural leaders. A huge congratulations to the students and their dedicated Future Farmers of America Coordinator Christina Tannehill on this incredible

To learn more about Casa Roble Future Farmers of America and ways to support their efforts, follow them on their Facebook page Casa Roble Future Farmers of America Boosters. Go Rams!

SMUD to Hold Public Proposed **Rate Action Workshops**

SMUD News Release

SACRAMENTO REGION, CA (MPG) - The SMUD Board of Directors is holding two public workshops and a public hearing to discuss proposed rate changes.

The Chief Executive Officer & General Manager's Reports and Recommendation on Rates and Services, released by SMUD CEO & General Manager Paul Lau, outlines a proposed rate increase of 3 percent on Jan. 1, 2026, and another 3 percent increase on Jan. 1, 2027. The proposed changes also include an optional Timeof-Day (low use) Rate, updates to transmission rates and other miscellaneous changes.

While SMUD works hard to control costs and operate efficiently, the need for a modest rate increase is attributed to several factors including wildfire prevention and mitigation, new generation projects, higher commodity costs for California clean energy compliance, infrastructure

investment to maintain a reliable grid, the Folsom Administrative Operations Building and increased operating costs due to inflation, according to SMUD

SMUD officials say that SMUD is committed to keeping rate increases within inflation, and if stakeholders, including community groups, service organizations, business groups, elected officials and more, to discuss these changes.

In addition, two public workshops and a public hearing will be held for customers to learn more about the process and

approved, SMUD's rates would remain among the lowest rates in the state, currently on average more than 50- percent lower than neighboring PG&E's rates.

Detailed information on the proposed rate action and a complete copy of the Chief Executive Officer and General Manager's Report and Recommendation on Rates

and Services can be found on smud.org/RateInfo. SMUD will work closely

with customers and other

changes. Meetings will be held in-person at SMUD's Headquarters building and virtually via Zoom.

A public workshop is scheduled for Wednesday, April 30 at 5:30 p.m., followed by another public workshop on Tuesday, May 13 at 10 a.m. Additionally, a public hearing will be held on Wednesday, June 4 at 6 p.m.

Accommodations are available for disabled indi-

or other aid, or have questions about the proposal, visit smud.org/ RateInfo or call SMUD at 855-736-7655. Written comments can be emailed to ContactUs@smud.org or mailed to SMUD, P.O. Box 15830, B256, Sacramento, CA 95852-0830.

As the nation's sixth-largest, community-owned, not-for-profit electric service provider, SMUD has been providing low-cost, reliable electricity to Sacramento County for more than 75 years. SMUD is a recognized industry leader and award winner for its innovative energy efficiency programs, renewable power technologies and for its sustainable solutions for a healthier environment. In 2023, SMUD's power supply was, on average, 78 percent carbon free, and SMUD has a goal to reach zero carbon in its electricity production by 2030. For more information on SMUD's Zero Carbon Plan and its customer programs, visit smud.org.

FORPD Board Maintains Removal of **Controversial Disc Golf Baskets**

By Shaunna Boyd

FAIR OAKS, CA (MPG) - Fair Oaks Recreation and Park District (FORPD) Board of Directors continued an ongoing discussion at its March 19 meeting about a \$77,454 change order for panels to finish the Veteran's Memorial Amphitheatre hanger doors.

The directors had previously requested more details about whether this was a cost that the district should be responsible for or if the contractor made a mistake by not ordering the appropriate materials ahead of time.

The custom doors, which will close off the stage to create the Black Box Theater, require panels with a depth of 1.5 inches. When the design was finalized, panels of the necessary size were identified from a particular manufacturer. However, it was later discovered that the company did not offer that size. So now the panels have been found through another manufacturer, which is the only one that can produce the neces-

After much clarification from the contractor and various consultants, Director Ralph Carhart said the explanation was "satisfactory" and he understood that the district would have paid this cost regardless, since only one company can make the size needed to complete the doors.

sary size.

The board voted unanimously to approve the panels' change order.

The board heard an update about the potential for relocating the disc golf course to Bannister Park, due to safety concerns at its current Miller Park location.

Park and Facilities Manager Sean Ventura said a boundary survey of Bannister Park showed the district owns just under 10 acres of land. Much of the property east of the current multiuse field is steep, heavily wooded terrain. Due to a lack of boundary markers, adjacent neighbors have utilized some of this space, with a fence built onto district land and a pedestrian trail installed for passage to a nearby school.

Ventura said that the site would need extensive maintenance to clean up the wooded area but then it

Continued on page 3

the proposed changes are comment on the proposed

viduals. If you need a

hearing assistance device

2 • American river **messenger** APRIL 11, **2025**

Sacramento County Highlights 2024 Achievements

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG)

- Sacramento County covers 965 square miles and is home to the California state capital, 1.6 million residents and seven incorporated cities: Citrus Heights, Elk Grove, Folsom, Galt, Isleton, Rancho Cordova and Sacramento. The population of Sacramento County's unincorporated area is approximately 600,000.

Sacramento County released its 2024 Year in Review, showcasing significant achievements and statistics across its more than 35 departments.

This award-winning ((Public Relations Society of America, California Capital Chapter, 2024 Influence Award for Annual Reports) annual report details where property tax dollars are allocated and provides insights into the demographic and economic landscape of the county.

This report distills the county's tremendous positive impact on residents and their quality of life, highlighting key achievements such as those listed below. There are many more achievements in the report.

Social Services

A remarkable 58% reduction in the number of youths in foster care since 2015, reflecting ongoing efforts to improve family stability and support systems.

In 2024, Child Support Services collected approximately \$129 million, playing a crucial role in preventing children and families from falling into poverty and ensuring financial stability.

Health Services

Sacramento County Public Health earned national accreditation from the Public Health Accreditation Board, becoming the 26th local health jurisdiction (of 61) in California to achieve



In 2024, Sacramento County filled 90,798 potholes, removed and replaced 126 curbs, gutters and sidewalks. Photo courtesy of Sacramento County

24 hours a day, seven days a week in 2024, providing field-based in-person crisis intervention, assessment of needs and risks, and safety planning. In 2024, the response team received 964 calls, of which 595 resulted in an in-person response.

Homeless Services and Housing

Dedicated outreach teams served 1,469 individuals experiencing homelessness, successfully transitioning 396 individuals out of unsheltered conditions, illustrating proactive steps toward addressing homelessness in the community.

Community Services

The Department of Airports was the first airport in the country to submit a Safety Management System Implementation Plan to the Federal Aviation Administration (FAA) in 2023, the first to get it approved by the FAA and the first to submit a Safety Management System

County staff supported the development of six major



lost cats with their owners. Photo courtesy of Sacramento County

and \$60.5 million in capital investment.

The Department of Transportation filled an impressive 90,798 potholes, removed 132,000 square feet of graffiti, investigated 933 traffic-safety complaints; and replaced 126 curbs, gutters and sidewalks.

The Sacramento County Water Agency installed a new, 22-mile pipeline, replacing an outdated and undersized system in Arden. The agency installed more than 1,000 new water meters.

Animal Care placed 3,278 dogs and 3,541 cats into new adoptive homes, and helped safely reunite 983 lost dogs and 69 lost cats with their owners. In addition, 1,821 pets were vaccinated and 351 animals were spayed/neutered through the PAWS (Pet Aid and Wellness Services) program, which also performed 1,055 wellness exams and saved 18 pets from shelter surrender by assisting owners in crisis. Another 1,200 animals were spayed and neutered at Mobile Animal Sterilization Hospital (MASH) clinics, providing essential services in underserved areas.

Administrative Services

The General Services' Surplus Unit was recognized with the prestigious Public Surplus Excellence Award, placing the Surplus Unit among the Top 10 sellers nationwide and the Top 5 county sellers. The Surplus Unit is vital in efficiently redistributing and reselling retired county assets, ensuring valuable resources are maximized and put to good use.

The Finance Department collected and distributed more than \$2.8 billion in property taxes to local government agencies.

The Consolidated Utility Billing division collected more than \$500 million in utility charges for water, sewer, garbage and drainage services.

Residents can read the full 2024 Year in Review online at saccounty.gov/Documents/ YearIinReview.2024.pdf and watch the video overview at youtube. com/watch?v=TgmEFkYjCTA. ★



Pork Loin Chops

New Zealand Lamb

Lamb Stew-Bone In

to good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES, Not responsible to TYPOGRAPHICAL OR PICTORIAL ERRORS, All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS.

PRICES EFFECTIVE APRIL 09-APRIL 15, 2025.

Boneless/Skinless

Chicken Breasts

Ribs - Single Pack

SPECIALS (28) MANAGERS



Advertised items good at KP International Market - Rancho Cordava location ONLY. We reserve the right to LIMIT QUANTITIES. Not respon OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE APRIL 09

FORPD Board Maintains Removal of Controversial Disc Golf Baskets

Continued from page 1 would have the potential to be an interesting and interactive disc golf course.

Bannister Park is considered an under-utilized park within the district. With no playground on site, there could be fewer user conflicts and safety concerns at this location. The field is rented for soccer practices but Ventura said that use could be relocated to another park. The parking lot is frequently full but not for park use; instead, drivers park their cars and then walk down to nearby river access points.

Potential next steps could be to create some informal course designs and hold community outreach meetings to gauge community interest in moving the course to Bannister Park.

Five residents who live near Bannister Park spoke during Public Comment to oppose the idea of moving the disc golf course to that location. They expressed concerns that most of the site is too steep, making it dangerous to play and difficult to maintain. Others said that the wooded areas provide significant wildlife habitat, so an environmental impact report would need to be conducted. They also disagreed that the park was under-utilized, stating that neighbors regularly walk through the park and play games on the field. They said that Bannister Park is currently a multiuse park but moving the disc golf course to that site would make it a single

Director Darren Mounts said it's a tough decision because the board's responsibility is to serve the entire community, not just a particular neighborhood. While open space is important for recreation and should be protected, Mounts said, the park "needs to be better utilized." Mounts stated that the district has even considered the possibility of selling the park for development. With the popularity of disc golf, Mounts said that they need to find a dedicated space where those users



The board heard an update about the potential for relocating the disc golf course to Bannister Park, due to safety concerns at its current Miller Park location. Image by Joshua Choate from Pixabay

can play safely.

Director Carhart said he was hesitant to move forward after hearing objections from the neighbors. But he would like to come up with a site-specific plan for potential improvements for Bannister Park.

Director Raymond James Irwin said it wouldn't make sense to work on designs and hold public meetings if the site isn't even viable for a disc golf course due to the steep terrain.

The council consensus was to direct staff to get a preliminary site assessment from a qualified consultant.

The board then considered a community request regarding the existing disc golf course at Miller Park. Seven baskets were removed from the course to ensure the safety of school children using the park to walk to and from the nearby elementary school. Some disc golfers had requested at a prior meeting

that those baskets be re-installed on weekends and school breaks so they could play the full course when children were not in school.

Due to staffing constraints, Ventura said, moving the baskets back and forth each weekend was not feasible. However, it would be possible to do it over the long school breaks, if directed by the board.

During Public Comment, several residents said that the removal of those baskets has significantly improved safety and made the park much more enjoyable for families. Local parents frequently take their children to the park during school breaks, so they said that reinstalling the baskets during those times would just bring back the same conflicts and safety concerns that necessitated the basket removal in the first place.

One resident said he didn't have an opinion on whether the

baskets should be put back but he wanted to acknowledge that the disc golf course had improved Miller Park by deterring drug activity and homeless encampments in the wooded areas near the creek.

Director Carhart said that removing those seven baskets from the course had been a successful compromise: "I don't want to disturb the peace."

Instead, Carhart suggested continuing to look at other potential locations while leaving the existing course in its current state.

Vice-Chair John O'Farrell

suggested that summer was probably the busiest time in the park, so there could be an increase in user conflicts if the baskets were reinstalled.

Director Irwin was disap-

pointed that the disc golfers made this request and yet didn't show up to speak at the meeting, so he was in favor of keeping those baskets out of the course.

Chair Delinda Tamagni agreed that they should leave the course as it is and continue to look at other options. She added that disc golf is a great recreational opportunity for teens and young men, so she wants to ensure there is a place for this sport.

Director Mounts said he was an initial proponent of installing the course, and as part of the disc golf community, he is sad that the behavior of some "bad actors" has spoiled it for everyone else. Mounts said he would like to see the full course re-opened during school breaks, but with so much community opposition, he will support keeping the modified course.

The board consensus was to take no action and keep those baskets removed.

The next Fair Oaks Recreation and Park District Board of Directors meeting is scheduled for April 16.



4 • AMERICAN RIVER MESSENGER APRIL 11, **2025**

Summer Farm Camp Registration Musical Celebration on the True **Open for Local Youth**



Campers will rotate through various activities, including harvesting vegetables, exploring insect life cycles, creating art, and more. Photo courtesy of Orangevale-Fair Oaks Food Bank Farm



Children entering first to fifth grades will explore, create, learn and play in three-day farm camps. Photo courtesy of Orangevale-Fair

Orangevale-Fair Oaks Food Bank Farm News Release

ORANGEVALE-FAIR OAKS, CA (MPG) - Give your child a summer to remember at the Orangevale-Fair Oaks

Food Bank Farm. Children entering first to fifth grades will explore, create, learn and play in three-day farm camps. Three farm camps are available from June 24 to 26, July 15 to 17 and July

29 to 31, from 8 a.m. to 11 a.m. daily.

Through hands-on activities, campers will learn where their food comes from, how farms operate and why giving back matters. From seed planting and pollination to composting and food preservation, kids will develop a deeper connection to nature and our Orangevale-Fair Oaks community.

"We are excited to

welcome local youth back to our farm camps!" said Lacey Yuke, Food Bank farm manager. "One of our favorite parts is teaching children how the farm and Food Bank work together to help others. Last year,

our farm grew over 10,500

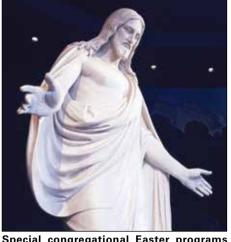
pounds of fresh produce." Each farm camp features a different theme, allowing children to attend multiple sessions, although activities are similar. Campers will rotate through various activities, including harvesting vegetables, exploring insect life cycles, creating art, and more.

Parents have praised the program for its fun, engaging and educational impact.

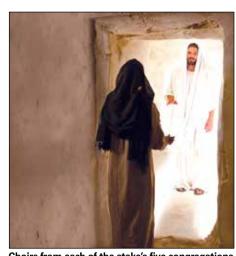
"Brooklyn had a fantastic time at Farm Camp this summer," said a local parent. "She was always eager to go every morning and happy to share her experiences when we picked her up. Her favorite part was picking carrots and when the chicken visited. We knew she had a fabulous time when she came home covered in dirt. Thank you for the wonderful experience."

Registration is now open for one camp or all three. Each camp costs \$120 and is limited to 30 campers. Volunteers aged 14 and older are also needed. Visit FoodBank. Farm to register and learn

Meaning of Easter



Special congregational Easter programs with hymns celebrating the season will be presented during hourlong sacrament meetings on Easter morning, Sunday, April **20.** Photos courtesy of The Church of Jesus Christ of Latter-



Choirs from each of the stake's five congregations consisting of Latter-day Saints and their friends from Carmichael, Fair Oaks, Citrus Heights and Orangevale will present a musical number that will focus on the Savior Jesus Christ.

The Church of Jesus Christ of Latter-day Saints News Release

FAIR OAKS/CARMICHAEL. CA (MPG) - As part of an emphasis on celebrating the true meaning of Easter, all are invited to a special Good Friday musical performance that will be presented at 7 p.m. on April 18 by The Church of Jesus Christ of Latter-day Saints at the Carmichael Stake Center. Location is 4125 San Juan Ave. in Fair

Choirs from each of the stake's five congregations consisting of Latter-day Saints and their friends from Carmichael, Fair Oaks, Citrus Heights and Orangevale will present a musical number that will focus on the Savior Jesus Christ. A brief commentary will introduce each musical selection, as well as detailing the significance of the Easter season.

After the hourlong performance, complimentary refreshments will All are invited to a special Good Friday musical performance

that will be presented at 7 p.m. April 18 by The Church of Jesus Christ of Latter-day Saints at the Carmichael Stake Center.

be served.

"The Easter season is much more than the Easter bunny and candy," said Carmichael Stake President Todd Johnson of Fair Oaks. "'It is about Jesus Christ's infinite and redemptive sacrifice and his glorious resurrection for all of us. We hope to celebrate with the community the risen Savior, emphasizing why this season is so important to all Christians and people of faith.'

In addition, special congregational Easter programs with hymns celebrating the season will be

presented during hourlong sacrament meetings on Easter morning, Sunday, April 20.

The public is invited to attend any of the following services: (Fair Oaks) Garfield Ward, 9 a.m. at 4125 San Juan Ave.; Fair Oaks Park Ward, 9 a.m. at 8267 Deseret Ave.; San Juan Ward, 11 a.m. at 4125 San Juan Ave.; Deseret Ward, 11:30 a.m. at 8267 Deseret Ave. (Orangevale) Phoenix Park Ward, 10:30 a.m. at 5439 Main Ave.

For more information, go to churchofjesuschrist.



Protect and Heal your whole family with Affordable **Chiropractic Memberships**

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!



- Affordable memberships plan for your health
- All inclusive services and therapies Relieves pain from head/back/neck/sciatica
- · Improves mobility, maintains flexibility Family owned and operated

• 20+ years experience serving the community

AMERICAN RIVER CHIROPRACTIC

2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670

916-776-6362

americanriverchiropractic.com CALL or TEXT today!

Find out what's happening in your local area

Arrest Logs updated daily

AMERICANRIVERMESSENGER.COM



We are looking for people who want to deliver newspapers in their neighborhoods. Provide great customer service to our readers every week.







license and current auto insurance. Previous newspaper delivery experience a plus but not required.

Call us today at 916-773-1111

Kings Korner By V.G. Harris



For the Sacramento Kings, life is like a box of chocolates, you never know you're going to get.

After a blowout loss to the Orlando Magic, the Kings sustained back-toback close losses to the Indiana Pacers and the lowly Washington Wizards. For many Kings fans, it was their darkest

Radio talk shows lambasted the Kings, and many even suggested the team was playing to opt out of the playin, in favor of securing a first-round draft pick.

I would never accuse the Kings of tanking, because I don't believe it's in their DNA. There is far too much pride in these gladiators for any of them to take a night off.

True, at times they look like they've never seen a basketball before, but I see effort on the court every night, and I believe in this eccentric group that has captured the hearts of so many fans.

With negativity abounding the Kings drubbed the Charlotte Hornets 125-102 in a game that was never in question, but looming ahead was the indomitable Cleveland Cavaliers.

No one gave the Kings a chance and considering that the Sactown boys had just handed the Cavaliers a shocking loss in Sacramento just three weeks earlier, the Cav's were just waiting for payback.

In a game that was thoroughly entertaining, the Kings played like a team on a mission, and outplayed the Cavaliers for 48 minutes, handing the Eastern Conference leader only their 16th loss of the season.

Domantas Sabonis came to play and made a statement early, scoring 15 of his 27 points in the first quarter. Zach Lavine showed off his offensive prowess by adding 37 huge points in a 120-113 win over the Cavaliers and making the potential for postseason basketball a very real possibility for the Sacramento Kings.

But this win doesn't just portend postseason basketball, it sends a message to every negative pundit, and every Kings fan, that on any given night this newly assembled group of ballers, can beat the best that the NBA has to offer.

Hope is a fleeting emotion, but on this night in Cleveland, the Kings gave every fan a reason to play on. No more nonsense about playing for draft picks. Instead watch the movie "Hoosiers" again, and while you're at it why not plug in "Miracle on Ice".

I remember the 1976 Warriors that with only one star, went on a run that saw them winning four straight games over the Washington Bullets and shocking the basketball world.

These things happen, and they're the very reason we watch basketball.

We as fans are blessed with an eclectic group that have come together under difficult circumstances, and with a rookie coach, are trying to do what every supposed expert believes they can't do.

Well call me Pollyanna, because I decide what I believe, and I'll be rooting until they turn the lights out.

For many fans, your favorite player isn't even a member of the starting five, and that is what drives you. Bench rotations are ever so critical, and whether it's Malik Monk, Isaac Jones, or even Doug McDermott, fans live and die with every shot.

I was astounded to hear that Vegas has the Detroit Pistons as 6 ½ favorites over the Sacramento Kings Monday night, and every player on the Kings should take that as an insult. Put a chip on your shoulder and show the Pistons how they just defeated perhaps the best team in the Eastern Confernce the night before.

Look for anything that brings motivation and let's end this season on a high

Will the Kings finish 500 or better? I don't know, but I'll be watching, and I know anything is possible.

The offseason and its moves will take care of itself. It's time to put the hammer down and play basketball the way every fan knows this team is capable of.

Stay tuned Kings fans because the playoffs are more than just a pipe dream!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.

Social Security Matters

When is the Best Time for Me to Claim Social Security?



AMAC Certified Social Security Advisor

Dear Rusty: I will be 66 ½ in June and would like to discuss when would be the best time for me to start taking my social security benefits. I am still employed full time and don't want to be penalized because of that. Please let me know what I need to do to set up an appointment with you. I got your information from the AMAC website, and I look forward to hearing from you. Signed: Ready to Claim

Dear Ready: You can certainly call us on 1.888.750.2622 during normal EST business hours for a personal conversation. But to facilitate that conversation, be aware that deciding when to claim your Social Security benefit normally depends on just a few factors, including your financial need, your health and expected longevity, and your marital status. A few things to be aware of:

• Born in 1958, your "full retirement age" is age 66 years and 8 months. If you were born in October 1958, you will reach you FRA in June 2025, and that is the point you can get 100% of the SS benefit you've earned from a lifetime of working.

• Once you reach your FRA in June, Social Security's "annual earnings test" no longer applies. Thus, you can continue working after you start your SS benefits and your earnings will not negatively affect your monthly benefit amount. If you claim any earlier than your FRA, you will get a smaller benefit and also be subject to Social Security's annual earnings test (which for you this year - your FRA year is \$62,160, or \$5,180/month after you start your SS benefits). If you decide to claim before your FRA, your benefit will be reduced by .556% for each month early (a permanent reduction).

· You can also wait beyond your FRA to claim and earn Delayed Retirement Credits (DRCs) at the rate of .667% per month (8% per year of delay), in order to get an even higher benefit later. If financially feasible, you can delay up to the age of 70 when your monthly benefit will reach maximum - about 27% more than it will be in June of this year.

• If you are single and will not be eligible for a spousal benefit, then you should make your claiming decision based only on your own needs. If, however, you are married and your spouse's FRA benefit is more than twice your FRA amount, you may be entitled to a "spousal boost" (a supplemental amount added to your own SS benefit).

• Your life expectancy should be considered when deciding when to claim your SS retirement benefits. If you expect to enjoy at least "average" longevity (about 87 for a woman your current age), then you might also consider delaying your claim (if financially feasible) and that is often a prudent choice. If you don't expect to achieve a long life, or if you need the money sooner, or if you are entitled to spousal benefits, then claiming at your FRA of 66 years and 8 months is likely your best option. In the end, only you can

decide when you should claim your Social Security, but we're always here to answer any additional questions you may have. You can feel free to call us at any time (1.888.750.2622) during normal EST business hours to discuss your options directly with one of our certified Social Security advisors. Or you can also ask any additional questions via email, which we will be most happy to respond to promptly.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation. org/programs/social-security-advisory) or email us at ssadvisor@amacfounda-

In California's Capitol, Some Political **Fights Span Decades**



By Dan Walters, CALMatters.org

Were we able to transport ourselves back in time 50 years and into California's Capitol, we would find a governor seeking and enjoying massive attention by national political media as he eyes some greater office. We'd also find a Legislature dealing with conflicts among influential interests with heavy financial impacts.

In other words, the Capitol's dynamics in 1975 were pretty much what they

are today. The resemblance even extends to specific issues. For instance, then-Gov. Jerry Brown was touting a "peripheral canal" in 1975 to carry water around the Sacramento-San Joaquin Delta. Gavin Newsom was seven years old then, but now as governor is waging the same campaign for a tunnel to do the same thing and is facing the same opposition.

Other conflicts that confronted Brown and legislators a half-century ago can be found again among the hundreds of bills introduced so far in the 2025 legislative session.

On Tuesday, for instance, the Senate Judiciary Committee took up Senate Bill 29, a measure that would extend indefinitely the ability of survivors of people who died as a result of medical malpractice to sue for "pain, During the COVID-19 pandemic, the Legislature provided a temporary window for such suits because the court system was in pandemic-induced turmoil.

Insurers and other opponents of the measure contend that it violates a 2022 compromise on the limits of malpractice damages, a deal that seemingly ended a 47-year-long political battle that began when Brown signed the Medical Injury Compensation Reform Act in 1975.

A half-century ago, doctors and other health care providers were also skirmishing over "scope of practice," the body of state law that defines in great detail which medical professionals can perform which procedures on which parts of the human body.

The hardest-fought battle pitted orthopedic surgeons against podiatrists over the legal right to perform ankle surgery, and it raged for years until the latter prevailed. Ever since, there have been similar conflicts too numerous to list, such as psychologists vs. psychiatrists over the right to prescribe drugs, optometrists vs. opticians over eye treatment - and even veterinarians vs. dog groomers over who could legally brush a dog's teeth.

The current version of this perennial turf battle is Assembly Bill 876, which would allow nurse anesthetists to provide their services more independently — the latest in a years-long string of legislative efforts by nurses to bolster the scope of their

practices. Soon after becoming governor, Brown pledged to reform workers' compensation, the system that

suffering, or disfigurement." provides income and medical care to those with work-related illnesses and injuries. That effort failed, but as one of the last acts of his first governorship, Brown signed a bill to increase payments to such workers by about \$3 billion a year, angering employers who must provide coverage.

That touched off a predictable cycle in which a majority of the workers' compensation interest groups would work out some sort of systemic overhaul once each decade and get it enacted over objections of groups left out of the negotiations.

The last such instance occurred in 2012 when Brown, once again governor, negotiated and signed legislation to raise benefits again, but impose new rules on eligibility and medical care to save enough money to pay for the benefits.

The Capitol is overdue for another workers' compensation deal and a newly introduced measure. Senate Bill 555, could be the vehicle. It would increase benefits to workers with partial but permanent disabilities, which have been capped at \$1,256 a month for the last decade.

The bill would provide automatic cost of living increases and is certain to draw fire from employers — another chapter in what has been one of the Capitol's longest running high-dollar conflicts.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★



Leslie Katter, Soprano Noel Anthony Escobar, Tenor Simon Barrad, Baritone







SAFE Credit Union Performing Arts Center 1301 L STREET, SACRAMENTO

SAFE CU PAC Box Office | 916.808.5181 or Ticketmaster.com

6 • AMERICAN RIVER **MESSENGER** APRIL 11, **2025**

More Than a Meal



The solutions-focused partnership between Meals on Wheels and Sacramento County Department of Child, Family and Adult Services helps ensure that no senior is left without food or a safety net. Photo courtesy of Sacramento County

emphasized.

always within reach.

day or even that week.

Klick explained.

that seniors don't have to choose between

feeding themselves and their beloved pets.

Many participants consider their pets to

be family and AniMeals provides food for

these furry companions, allowing seniors to

care for them without sacrificing their own

is about far more than just meals: "This

is about making sure our seniors are

safe, cared for and not forgotten," Klick

To help achieve these goals, Meals on

Wheels Sacramento County also equips

seniors with essential home items such as

microwaves for easy meal prep, shower

chairs for safer bathing and bedside com-

modes for added convenience. Regular

wellness checks and emergency support

add another layer of safety, ensuring help is

help seniors stay in their homes safely,"

"We try to provide whatever we can to

A key part of this safety net is the bond

between seniors and their delivery drivers.

Assigned to regular routes, drivers provide

consistency which builds trust and famil-

iarity. For many homebound seniors, they

might be the only human connection that

If something seems off such as changes

in behavior, health or routine, the driver ini-

tiates the chain of support by alerting their

us, we're able to reach out to DCFAS

(Department of Child, Family and Adult Services) and either get advice, coach-

ing on how to handle it or have Adult

Protective Services step in and assist," said

Child, Family and Adult Services team.

Klick spoke highly of the Department of

"I have not met a nicer group of peo-

ple with the biggest hearts, trying to do the

right thing," she said. "I can pick up the

phone and say, 'This is the challenge we're

facing, what are your thoughts? How can

between Meals on Wheels and Sacramento

County Department of Child, Family and

Adult Services helps ensure that no senior

This open, solutions-focused partnership

we partner?'

"If we see a situation that concerns

caseworker who can respond as needed.

Despite their name, Meals on Wheels

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - On a routine Monday meal delivery, a volunteer driver with Meals on Wheels (MoW) Sacramento County made a frightening discovery. A senior had been trapped in a collapsed bed since Friday, without food, water or a way to call for help. Staying calm, the driver called 911 and remained at the scene until the emergency contact

Reflecting on moments like these, Mindy Klick, executive director of Meals on Wheels Sacramento County shared, "I want to say these are success stories but they are more like life-saving stories."

Although often mistaken for a public agency, Meals on Wheels Sacramento County is a program of the private nonprofit called ACC Senior Services, formerly known as The Asian Community Center of Sacramento Valley.

Meals on Wheels Sacramento County partners with Sacramento County Department of Child, Family and Adult Services to tackle senior hunger and isola-

Department of Child, Family and Adult Services' support has helped shrink the growing waitlist by providing funding, vehicles and equipment to make meal delivery safer and more efficient.

"We try to provide whatever we can to help seniors stay in their homes safely," Klick said.

In the current fiscal year, Meals on Wheels Sacramento County is serving an average of about 1,500 meals to seniors each month, with flexible meal options designed to fit their lifestyles:

Home delivery gives participants a choice of daily hot meals or weekly frozen meal packs.

Restaurant meal vouchers provide flexibility and the opportunity to dine out at local partner restaurants.

Community Cafés, located in community centers and other sites across the county, provide more than just a meal; they offer a space for seniors to connect, socialize and combat loneliness. For many participants, the opportunity for conversation is just as important as the food itself.

AniMeals, a pet food program, ensures

on Response to Homelessness Sacramento County News Release

Comprehensive Update

SACRAMENTO, CA (MPG)

The Sacramento County departments of Homeless Services and Housing, and Health Services presented their biannual report to the Board detailing outreach efforts to the homeless population in the unincorporated region of Sacramento and along the American River Parkway from July 1 to Dec. 31,

This is the third such report out since the start of the city/county partnership agreement was signed in December 2023. In addition to reporting on joint outreach efforts in the City of Sacramento, county staff also report on similar activities in the unincorporated county.

Looking at the county outreach items by the numbers starting from July 1 to Dec. 31, 2024, 10 parkway staff, 10 encampment services staff and six community-based outreach staff provided 25,274 services to 810 unduplicated individuals and supported 184 unduplicated individuals with transitioning out of unsheltered homelessness (which includes shelter and housing). On average, that is 31 services per participant.

Examples of service numbers and types include:

General case management: 16,397

Housing search/placement: 1,206

Vital document support:

Healthcare Services:

CalAim services: 294 Coordinated Access System (CAS) Referrals:

More than 70% of unsheltered individuals served were between the ages of 25 and 61, 53% were male and 53% were Black, Indigenous and

What about individuals in shelters? In county-funded shelters,

People of Color (BIPOC).



More than 70% of unsheltered individuals served were between the ages of 25 and 61, 53% were male and 53% were Black, Indigenous and People of Color (BIPOC). MPG file photo

45% of individuals are between the ages of 45 and 64, 64% report a disabling condition, 40% have no income, and on average, have experienced nearly four years of homelessness.

From July 1 to Dec. 31, 2024 county shelters enrolled 1,137 unique households.

Taking a look at behavioral health services by the numbers indicate that from July 1 to Dec. 31, 2024, 1,360 unhoused residents were referred to behavioral health services and 947 individuals were successfully admitted and linked to services.

During the same period, HEART Team efforts included 1,607 individuals engaged, 342 referrals to behavioral health services and individuals linked to and served by outpatient programs.

From July to December 2024, the Full-Service Partnerships (FSPs) served 2.631 (95% of total capacity) unduplicated individuals out of which 76% of those individuals are housed, 11% are in shelters, 9% are unsheltered and 4% are unknown.

The Department of Homeless Services and Housing continues to update its data dashboards, reflecting its commitment to providing clear, accessible information to support

data-driven decision-making and continuous improvement in addressing homelessness.

Data presented in the dashboards is organized into two general categories: program performance data and demographic insights data.

Program performance data helps track key performance metrics, including program reach, services provided to program participants, program utilization and connections to shelter and housing.

Demographic insights include data on age, gender, race/ethnicity and vulnerability factors such as lengths of homelessness, disability conditions and financial resources.

homelessness, disability conditions and financial resources.

Explore the dashboards at https://schs.saccounty. gov/Pages/Sacramento CountyHomelessnessData Dashboard.aspx and discover how the collective efforts are making a difference in our community. Currently, the dashboards only reflect demographics and outcomes from Department of Homeless Services and Housing funded programs.

For more information on what Sacramento County is doing to address homelessness, visit schs.saccounty.

Elk Grove authors George Hahn, Rosemary Covington, Betsy

Schwarzentraub, Nafisa Kahn and

East Sacramento authors Anara

Land Park authors Ron Javor, Jennifer Morita and Michele Drier.

Arden Arcade/Arden authors

Pocket authors Eileen Hook and

Lynda Smith Hoggan, Amy

Rogers, Brenda Davis and Gloria

South Sacramento authors Pat

Orangevale authors Phyllis

Davis authors Judith Starkston, Lally Pia, Sharon McDonell and

Woodland authors Belinda Sikes

Roseville authors Betsy Miller,

Henshaw and Maryalice Tomoeda.

Laatsch and Britney Nida.

Justine Villanueva.

and Lisa Montanaro.

Guard and Brian Reisinger.

Bryan Hill.

Dorothy Rice.

Galloway.



is left without food or a safety net. Sacramento Book Festival Welcomes Big Names

Sacramento Book Festival News Release

SACRAMENTO, CA (MPG) - From 10 a.m. to 4 p.m. May 31, the California Writers Club Sacramento Branch will launch the second annual Sacramento Book Festival at the Shepard Garden & Arts Center, next to McKinley Park, in East Sacramento.

As part of the free festival's focus on literacy, organizers will run a book drive for new and gently used children's books for the Mustard Seed School. This Sacramento Loaves & Fishes program is a free private school for children ages 3 to 15 years old who are currently homeless. The Sacramento Book Festival

committee will also welcome the Sacramento Literacy Foundation to the event, an organization whose mission is to help all children in the community read at grade-level. Also, there will be 916 Ink, an arts-based creative writing and literacy nonprofit organization helping Sacramento youth discover a love of reading.

The festival will feature more than 125 local authors reading, participating on panels and introducing themselves to Sacramento

readers. The roster includes New York Books on K, Capitol Crimes, Elk



panels and introducing themselves to Sacramento readers. Photo courtesy of Sacramento Book Festival Grove Writers Guild, Friends of and Sandra Navarro.

Times bestselling thriller author James Rollins, award-winning mystery author Catriona McPherson, crime fiction writers Claire Booth and James L'Etoile, among many others who

Sacramento-area readers will recognize. In addition, there will be children's activities, a food truck and a

scavenger hunt with prizes. Event sponsors include 916 Ink, Amatoria Fine Art Books, Avid Reader on Broadway, Black Women Write, Capital

the Sacramento Library - Book Den, the Mustard Seed School, Northern California Publishers and Authors, Northern California Romance Writers, Paper Lantern Writers, Sacramento Literacy and Underground Books. The authors, by neighborhood,

Foundation, Sacramento Public Library, A Seat at the Table Books

are as follows: River Park authors Scott Bonnie Blue. Coatsworth authors Ann Naimark

and Ann Da Vigo. Fair Oaks authors Tim Schooley

Curtis Park/Downtown

Jill Davis.

Sacramento authors Michael Gorman, Grete Brewer-Bakken, Brian Buhl, Melissa Buhl, Chance Knight, Linda Townsdin and Jeff Galvin.

Carmichael author Ann Chehak

and Antelope author Candice West Sacramento author Jeyzel

Rossi and American River author

Kemper. Folsom author Joanne Kwan Gold River author Luanne

McPherson.

Madeline Olson and Sharon Fujimoto. Rocklin authors Lois Butcher and Kate Moore. Placerville author Terol

McCullar and Granite Bay authors Ryan Hoyt, Donna Wierzbowski, Cindy Sample and Bill George.

El Dorado Hills authors Jenifer Rowe, James L'Etoile and Bitsy

Oleas and Rancho Cordova author and Winters author Catriona

CALL A PRO BUSINESS DIRECTORY



Superior Landscape Services Landscaping and Maintenance

 Sprinkler Repair/Install • Pruning Mowing/Trimming • Fertilizing

(916) 728-5812 • Cell (916) 761-0999

Dave Cochran Owner • dave_SLS@surewest.net

Lic#794551

All American Pro Construction & Restoration

Family-owned & operated. We offer Veterans & Senior Discounts Great Craftsmanship & Customer Service Specializing in Kitchen & Bath Remodels, CSLB# 16 Licensed, Bonc Water Damage, plus Much More. BIG or SMALL, We Do It All. Give Us a Call. 916-504-0188

for Diabetic Test Strips and Supplies

> We pick up and pay you CASH ON THE SPOT!

Call 916-505-4673 Now!

SMOOT LANDSCAPING CAPES & DESIGN



DESIGN - RENOVATION - WATER FEATURE STONE & CONCRETE - OUTDOOR LIGHTING IRRIGATION SYSTEM

916-454-1300 www.SmootLandscaping.com

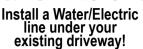
Lic#633224; Serving Sacramento since 1982 Recognized in the Sacramento Bee, Street of Dreams & Garden Tours of East Sacramento

ON THE WHEEL EXPRESS Call Dwight | 530-665-3770 | OnTheWheelExpress@gmail.com

Moving Hauling

Appliances • Furniture • Auto Parts Equipment • Paint • Building Materials MC-1442197 U.S. | DOT No. 3908711

AFFORDABLE TRENCHLESS & PIPE LINING



SEWER PROBLEMS? WATCH OUR VIDEO. www.ydig.com

We're #1 in the #2 business

Off (916) 488-1215 Lic #754886

DUST MONKEY

Residential & Move-Outs - Weekly & Bi-Weekly

707 292.5956

dustmonkeycleaning@hotmail.com

TRACTOR SERVICE

• Mowing • Rototilling

• Discing • Scraper/Loader Call

(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning, **Tree Removal & Stump Grinding**

> Free Estimates Competative Prices Licensed and Insured

(916) 224-9750



HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING Principal (818) 248-0000 Broker WWW.VIPLOAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217 Private Party loans generally have higher interest rates, points & fees than conventional discount loans

Rio Linda Eye Care 🖟

Laser Surgery • Eye Glasses • Contact Lenses

• Eyewear for Computer Users

Dr. William Fleischmann (916) 991-8444

Saturday Appointments Available 6716 Rio Linda Blvd., Suite B, Rio Linda

RESTORE YOUR FLOOR HARDWOOD FLOORI

Revive • Restore • Refinish **Hardwood, Laminate, and Vinyl**

 Sand & Finish **New Installation & Repairs** Family Tradition Since 1957 - Repairs

sacramentohardwood.com

1.800.725.3320 916.342.6596

Lic. #794448

 New Installations Recoating

Roofing

BERNARDINO

Reroofs Renairs Maintenance Dryrot

Gutters, Family Operated. BBB MEMBER!

FREE ESTIMATES
SENIOR DISCOUNTS

916.920.0100

www.bernardinoroofing.com

Room Wanted

Wanted. Room for rent.

\$600. Physically challenged

senior citizen. Local area. Call

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL

TREE TRIMMING/ SHAPING

FREE ESTIMATE
10% OFF WITH THIS AD

916-722-6321

We

916-821-6963

:.#817945 43 Years Experi

Local Classifieds Advertise in your local community newspaper Call 916-773-1111

Animal Care

able or unaffordable, ask for Happy Jack® ItchNoMore® or Skin Balm® to treat skin allergies on dogs & cats. At Tractor

Announcement

Eliminate gutter cleaning for-ever! LeafFilter, the most ad-vanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 20% off Entire Purchase, 10% Senior & Military Discounts. Call 1-855-424-7581

IF YOU HAD KNEE OR HIP REPLACEMENT SURGERY and suffered an infection due to use of a Bair Hugger (Blue Blanket), between 2020 and the present time, you may be attorney Charles H. Johnson (800) 535-5727 (Cal-SCAN)

Autos Wanted

DONATE YOUR VEHICLE to fund the SEARCH FOR MISSING CHILDREN. FAST FREE PICKUP, 24 hour response. Running or not. Maximum Tax Deduction and No Emission Test Required! Call 24/7: 1-877-434-6852 (Cal-SCAN)

CAR??? DONATE IT TO PA-TRIOTIC HEARTS. Fast free pick up. All 50 States. Patriotic Hearts' programs help veterans find work or start their own business. Call 24/7: 1-855-408-6546 (Cal-SCAN)

UNWANTED

ΑN

GOT

Tiene un vehiculo no deseado? Donelo a Patriotic Hearts! Recogida rápida y gratuita en los 50 estados. Patriotic Hearts ofrece programas para ayudar a los veteranos a encontrar trabajo o iniciar su propio negocio. Llama su propio negocio. Llama ahora: 1-855- 408-7368 (24/7)

Advertising Works!

Autos Wanted

Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-844-491-2884 today!

Computer Service

insky's PC Configurations "Don't replace it - REPAIR IT! Custom Desktop Computer Configuration PC Repoir • Home Wireless Networkin ons • Viri & Spyware Eradicati

Alan Zinsky Phone: 916-622-2269 Zconfig@sbcglobal.net Bus. Uc. # 305312 • B. E. A. R. Reg. #8441

www.zinskyspcrepair.com

Cellular Plans

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/ month. For more information, call 1-844-908-0605 (Cal-Scan)

Elder Care

GoGo. Live and age your way. Get help with rides, groceries, meals and more. Memberships start as low as \$1 per day. Available 24/7 nationwide. BBB Rated A+ Busi-Call GoGo to get started. 1-855-476-0033

GOT LOCAL NEWS?

Call (916) 773 1111

Financial

have over \$10,000 in debt we help you be debt free in as little as 24-48 months. Pay nothing to enroll. Call Now: 1-877-435-4860

Hall Rentals

VFW Post 6158



8990 Kruithof Way, Fair Oaks, CA

916-966-1663

vfw6158.org/rent-our-hall/ Health/Wellness

Attention: VIAGRA and CIA-LIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-888-256-9155 (CalSCAN)

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEB-SITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.mvctfo.com

Help Wanted

Technology Collective forming. Will be an intergenerational group. Contact CarolClarkdesign@gmail.com for more (4/11/25) KP International MARKET

Many Positions are Available. Please phone calls. Apply in 10971 Olson Dr.

Rancho Cordova, CA 95670

MPG8.COM

Home Remodel

install a new, custom bath or shower in as little as one day. For a limited time, waiving ALL installation costs! (Addi tional terms apply.) Subject to change and vary by dealer. (Offer ends 6/30/25.) Call 1-833-985-4766

Landscaping

Safe Step. North America?s #1 Walk-In Tub. Comprehensive lifetime warranty. Top-ofthe-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1888-989-5749

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 1-877-252-9868 (Cal-SCAN)

Home Repair

WATER DAMAGE CLEAN-UP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family your home's value! Call 24/7: 1-888-248-0815. Have zip code of service location ready when you call!

Home Warranty

Don't Pay For Covered Home Repairs Again! Our home warranty covers ALL MAJOR SYSTEMS AND APPLIANC-ES. We stand by our service and if we can't fix it, we'll replace it! Pick the plan that fits your budget! Call:1-855-411-1731 (CalSCAN)

Visit: mpg8.com for current and back issues

Insurance/Health

Physicians Mutual Insurance Company. Coverage for 400 plus procedures. Real dental insurance - NOT just a discount plan. Do not wait! Call now! Get your FREE Dental Information Kit with all the details! 1-844203-2677 www. dental50plus.com/calnews

Landscaping

CREATE YOUR PARADISE



Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All

Types Concrete Work. Fence Installation, Retaining Walls-All Types, Drainage Systems-all types, Landscape Lighting,

American Landscape Design & Installation. Est 1987 American Construction & Propert Maintenance Company WE ACCEPT VISA & MASTER CARD

Residential/ commercial

Landscaping

YARD SERVICE

ONE-TIME CLEANUP Mow, Weed, Prune & Haul <u>NEED</u>: Landscaping bark? Gutters cleaned?

Light fence work? CALL 916/205-9310 or 916/627-9000

Visit: mpg8.com

Miscellaneous

per-generated content is so valuable it's taken and repeated. condensed. broadcast tweeted, discussed, posted, copied, edited, and emailed countless times throughout the day by others? Discover the Power of Newspaper Advertising. For a free brochure call 916-288-6011 or email cecelia@cnpa.com

The difference in winning and losing market share is how businesses use advertising dollars. CNPA's Advertising Services' power to connect to nearly 13 million of the state's readers who are an engaged audience, makes our services an indispensable marketing solution. For more info call Cecelia @ (916) 288-6011 or cecelia@cnpa.com

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@ gmail.com

Real Estate RETIRED COUPLE \$\$\$\$

for business purpose Real Estate loans. Credit unimportant. V.I.P. Trust Deed Company www.viploan.com Call 1-818-248-0000. Broker-principal DRE 01041073. No consumer loans.

MPG



RETIRED COUPLE HAS \$1MIL TO LEND ON CA. REAL ESTATE*

V.I.P. TRUST DEED COMPANY Buys T.D.s and Buys/Lends on Partial Interests

OVER 40 YEARS OF FAST FUNDING Principal (818) 248-0000 Broker

WWW.VIPLOAN.COM *Sufficient equity required - no consumer loans

Real Estate License #01041073 CA Department of Real Estate, NMLS #339217
Private Party loans generally have higher interest rates, points & fees than conventional discr

CALL 916-773-1111 TO ADVERTISE AmericanRiverMessenger.com **8** • AMERICAN RIVER **MESSENGER** APRIL 11, **2025**

Ferreros Named Big Sky Player of the Week



Sacramento State senior Maddy Ferreros was named women's tennis Big Sky Player of the Week on April 2. Photo courtesy of

Sacramento State University News Release

SACRAMENTO REGION, CA (MPG) - For the second straight week and the fifth time overall this season a Sacramento State women's tennis player has taken home weekly honors from the Big Sky Conference with senior Maddy Ferreros doing the most recent honors for the Hornets on April 2.

It is the fourth career weekly honor from the league office for Ferreros, whose last award came on April 5, 2023. She joins teammates Emilija Pranyte (twice), Lou Baudouin and Reese Walker as Sacramento State winners this spring.

Ferreros finished last week with a 3-0 record, winning both of her singles contests in three sets and taking home a doubles victory alongside teammate Irene Riva. The tandem was also leading their other doubles match before the Hornets clinched the point early, ending the bid for a perfect 4-0 weekend.

The duo opened with a 6-4 win over Weber State's Jessica Hill and Sydney Schnell before switching to singles where Ferreros defeated Schnell for a second time on the day with a 6-7 (5), 6-0, 1-0 (10-8), victory at the No. 1 spot in the lineup. helping Sacramento State to a 7-0 shutout of the Wildcats.

Two days later, Ferreros rallied for another singles victory at the top spot in the lineup, outlasting Idaho State's Asem Shoybek, 3-6, 6-2, 6-2, en route to a 5-2 team victory over the Bengals.

Ferreros' two singles triumphs extended her winning streak to six straight matches and improved her to 10-4 overall at the top spot in the lineup this year, the most wins in the Big Sky at that position.

As a team, the Hornets have a 15-2 overall record and a 5-0 mark in Big Sky play, having won their last eight straight matches. ★

2025 Aggie Football Schedule Announced



The University of California Davis football team will be opening the 2025 season on Aug. 23 in the Football Championship Series Kickoff Classic in Montgomery, Alabama. Photo courtesy of UC Davis

UC Davis News Release

SACRAMENTO REGION, CA (MPG) -With a nationally broadcast game to open the season and five home games, including the Causeway Classic, University of California (UC) Davis football is set for an exciting 2025 with 12 games and eyes on a Big Sky Championship

The Aggies will host Southern Utah (Sept. 20), Weber State (Sept. 27), Northern Arizona (Oct. 11), Idaho State (Nov. 1) and

following a historic 2024 season.

Sacramento State (Nov. 22) at UC Davis Health Stadium.

On the road UC Davis will head to Utah Tech (Aug. 30). Washington (Sept. 6), Cal Poly (Oct. 4), Northern Colorado (Oct. 25), Idaho (Nov. 8) and Montana State (Nov. 15).

It's the second-straight season that the Aggies will play 12 games, with their season opener being the Football Championship Series Kickoff Classic in Montgomery, Alabama. The Aggies will face fellow National

Collegiate Athletic Association Football Championship Series Playoff qualifier Mercer on Aug. 23 in the Week 0 event set to be broadcast on ESPN's linear

networks. "We're excited about the opportunity to play on national television to start the year against a great opponent in Mercer," said head coach Tim Plough. "Every year in the Big Sky is a tremendous challenge and we look forward to the opportunity to grow as a program in 2025."

"We will work hard as a team to create a group that the Davis community and university is proud of. Hopefully that leads to some great crowds in Shredville next fall where we all can find joy every Saturday," Plough said.

The game in Seattle, Washington against the Big Ten's Huskies will be the first time that the two sides have met on the gridiron and the lone Football Bowl Subdivision squad the Aggies will see in 2025. UC Davis will also make its first trip to St. George, Utah and the game in Montgomery will be the first time the Aggies play south of the Mason-Dixon Line since 2008 when they visited Central Arkansas.

In conference, the Aggies will visit Northern Colorado and Montana State for the first time since 2022 and host Northern Arizona and Idaho State for the first time since that same season. UC Davis will host Sacramento State to end the season, looking to win its third-straight Causeway Classic.

Athletics Option LHP Harris to Las Vegas

Athletics News Release

SACRAMENTO REGION, CA (MPG) - On March 31, The Athletics optioned left-handed pitcher Hogan Harris to Triple-A Las Vegas. The move clears a roster spot for left-handed pitcher Angel Perdomo, who was claimed off waivers from the Los Angeles Angels on March 30.

Harris pitched in one game in the season-opening four-game series at Seattle, allowing one hit and one walk while striking out one in 0.1 innings.

Harris had no decisions, a 0.71 ERA and .485 opponents OPS in nine games, including one start, this spring. Harris held the opposition to a .105 batting average but walked a team-leading 12 batters, which was second most in the Cactus League.

Perdomo began the spring with the Atlanta Braves, was traded to the Angels for cash considerations on March 17 and was designated for assignment on March 25. He combined for a 1.80 ERA and .624 opponents OPS in 10 spring training appearances. The 30-year-old left-hander held the opposition to a .200 batting average but walked six batters in 10.0 innings.

Perdomo spent the entire 2024 season on the Braves injured list as he continued his recovery from Oct. 6, 2023

"Tommy John" surgery. He last pitched in the majors in 2023 with Pittsburgh when he was 3-2 with 3.72 ERA in 30 relief appearances. Perdomo is 4-2 with a 5.55 ERA in 52 relief appearances in the three seasons

in the majors with the Brewers (2020-

21) and Pirates (2022).

Cosumnes River College News Release

SACRAMENTO REGION, CA (MPG) - Cosumnes River College (CRC) sophomore Kalani Hernandez earned California Community College Fastpitch Coaches Association (CCCFCA) Player of the Week honors on March 31.

Hernandez a force at the plate for the week beginning March 24, hitting

safely in eight of her 11

at-bats. The sophomore

catcher drove in six runs

while scoring six after

reaching base nearly 82% of the time.

CRC Hawk Selected

Hernandez helped the Hawks to key wins over Butte College on March 26, and No. 14 San Joaquin Delta College on March 29.

Hernandez is pacing the Cosumnes River offense with a .398 batting average. To date, Hernandez has seven doubles on the season.

Cosumnes River College ophomore Hernandez earned Player of the Week honors on March Photo courtesy of Cosumnes River College



Slayed by J Celebrates Grand **Opening with Ribbon-Cutting**



The Orangevale and Fair Oaks Chambers of Commerce together welcomed Slayed by J. Courtesy photo

By MaryAnne Povey

FAIR OAKS/ORANGEVALE, CA (MPG) - It was a night of celebration as the Orangevale and Fair Oaks Chambers of Commerce recently came together to welcome Slayed by J, a local hair stylist and lash artist Jennifer Ponciano, to her new location inside the award-winning Last Tangle Salon in Orangevale.

Family, friends, and community members gathered to show their support, making it a warm and well-attended

Special guests from the offices of state Assemblyman Josh Hoover and state Senator Roger Niello also joined in the celebration, presenting official certificates to recognize the milestone.

Before the ribbon was officially cut, Ponciano shared heartfelt thanks to everyone in attendance. Ponciano expressed deep appreciation for her family and friends' continued support and gave a

special shoutout to Julie King, Last Tangle Salon owner, for inviting her to join the salon's award-winning team.

Ponciano's relocation marks an exciting new chapter for her growing business, which specializes in hair styling, lash applications and hair extensions. Her talent, paired with her genuine care for each client, makes every visit a personalized experience.

To book an appointment with Ponciano and experience her artistry firsthand, call 916-757-9234.

This ribbon-cutting highlights what the local chambers of commerce are all about, celebrating small business success, fostering community and supporting local entrepreneurs.

If you're a business owner looking to grow your presence and connect with a strong network, visit orangevalechamber.com and click on Membership to learn more about joining the Orangevale Chamber of Commerce.

Vietnam Veterans Memorial Project Initiated in Citrus Heights

Assemblymember Josh Hoover News Release

CITRUS HEIGHTS, CA (MPG) - I am honored to share an important initiative that I, alongside Senator Roger Niello, am advocating for in our state budget. We have officially submitted a request for funding to support the Citrus Heights Veterans Memorial Project (CHVMP). This project is dedicated to honoring the bravery and sacrifice of the more than three-million Americans who served in the Vietnam War, including the 58,281 who made the ultimate sacrifice.

The requested funding will enable the immediate construction of a Westcoast replica of the Vietnam Veterans Memorial Wall. This memorial will be a place of reflection and healing for veterans, their families and visitors, providing a solemn space to pay tribute to those who served. Located within the Veterans section of Calvary Cemetery, the memorial will be

visible from Interstate 80 and open to the public year-round.

This project is historic; it will be the only Vietnam Veterans Memorial west of Missouri and only the second to have the official support and partnership of the Vietnam Veterans Memorial Fund.

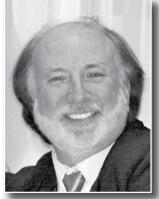
Additionally, it will serve as an economic and cultural asset for Citrus Heights and the greater Sacramento region, drawing visitors and fostering community engagement through special events that celebrate service and sacrifice. This memorial will honor all our veterans have given and ensure their service is remembered for generations to come.

State Assemblymember Josh Hoover represents Assembly District 7, which includes the cities of Citrus Heights, Folsom and Rancho Cordova and the unincorporated communities of Carmichael, Fair Oaks, Foothill Farms, Gold River, Mather, McClellan Park, North Highlands, Orangevale and Rosemont.

Find out what's happening in your local area

Arrest Logs updated daily

AMERICANRIVERMESSENGER.COM



Publisher, Paul V. Scholl

American River Messenger is a member of Messenger **Publishing Group**

To submit your articles, information, announcements or letters to the editor, please Publisher@mpg8.com.

Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.



Serving Fair Oaks, Orangevale and Sacramento County since 2006

It is the intent of the American River Messenger to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our

The American River Messenger is not responsible for unsolicited manuscripts or materials. The entire contents of the American River Messenger are copyrighted. Ownership of all advertising created and/or composed by the American River Messenger is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to: American River Messenger

7144 Fair Oaks Blvd., Suite #5, Carmichael, CA 95608. Subscription rate is \$39 per year in Fair Oaks and

Orangevale. The American River Messenger is published twice-montly.

email a Microsoft Word file to: Call 916-773-1111 for more information.

We are proud members of these newspaper associations.







Shred Day 2025

St. Vincent de Paul Fund Raiser

"Help Us Help The Poor"

5057 Cottage Way, at the Walnut Avenue Parking Lot

Saturday, April 12th 8:30 a.m. - 11:30 a.m. (Or until the truck is full)

On-site Shred Truck • You Can Watch

- Bring all old or new tax records and/ or any other old dust-gathering confidential documents for professional shredding
- Please, no plastic bags or large metal clips/binders, or Amazon-style packing
- All shredded paper is recycled

Suggested Donation:

\$500 for each paper grocery shopping bag

or \$1000 for each standard file box.

For More Information OLASVDPSHRED@GMAIL.COM | Curbside Service Available

GRACE BAPTIST CHURCH

Come and Experience God's Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

PASTOR CHARLES CARTER

6724 Palm Avenue, Fair Oaks, CA 95628

(Located one block South of Madison; just East of Dewey)

SERVICE SCHEDULES

Sunday Schools (All Ages) - 9:45 am

11:00 am

Sunday Worship

Sunday Evening 6:00 pm

Wed. Evening 7:00 pm

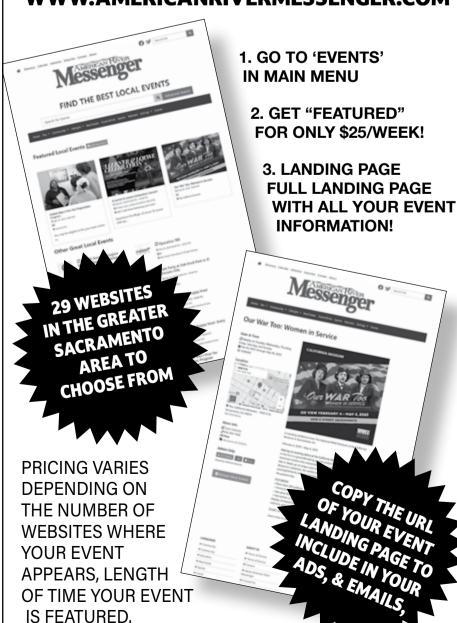
Call for more information (916) 967-3915 www.gbcfairoaks.net

FEATURE YOUR EVENT!

STAND OUT AND SELL MORE TICKETS!

QUICK, EASY, **TARGETED, EFFECTIVE!**

WWW.AMERICANRIVERMESSENGER.COM



CALL (916) 773-1111 OR EMAIL PUBLISHER@MPG8.COM FOR A QUICK QUOTE. **EASY PAYMENT OPTIONS**

Messenger Publishing Group

10 • AMERICAN RIVER MESSENGER APRIL 11, 2025





MAINTENANCE-FREE LIVING

Experience maintenance-free living with the convenience of restaurant style dining, weekly housekeeping and 24-hour staff on-site.



SUPPORTIVE COMMUNITY EXPERIENCE

Our dedicated staff provides attentive, individualized care with around-the-clock staff, transportation and assistance with daily activities.



CULINARY EXPERIENCE

Our culinary team thoughtfully prepares a variety of nutritious and flavorful dishes for every single meal of the day.

Schedule a tour today!

Independent Living • Assisted Living • Pre-Memory • Memory Care