



New Campbell's
Canning Exhibit is
'Mmm, Mmm, Good!'

PAGE 10

Bike the Rails
in Amador County

PAGE 2



Pocket News

VOL 34 • ISSUE 11

Bringing You Community News For Over 30 Years

JUNE 13, 2025

SEE
INSIDE

SUMMER VIBES
ARE IN THE AIR



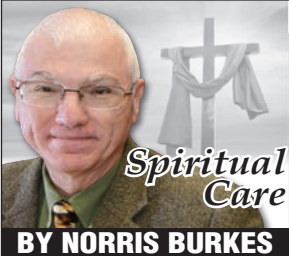
PAGE 3

'WE ARE LOSING AN
ENTIRE GENERATION'



PAGE 5

TAKING FAITH FOR
A PIVOTAL SPIN



PAGE 8

Meet Kaia and Lilo at Farmers Market



Susan Riddell said that these "two supposed protectors of Vic (Cima)" just like to sit next to him in the shade of his canopy. The dogs have been trained in water safety and to watch over kids.

Story and photos
by Stephen B. Clazie

SACRAMENTO, CA (MPG) - This year, there's a new feature at the GreenHaven Pocket Farmers Market (GHP). Vic Cima, who took a year off, is back as general manager. Cima, the 1962 standout Christian

Brothers lineman who attended Utah State University on a full-ride scholarship, now sits at his GreenHaven Pocket Farmers Market booth, quarterbacking the entire Sunday morning operation. He played both defensive and offensive line for the Utah State Aggies. But he's not the newest attraction

at the market. Some customers might say it's the 96- and 120-pound Bernese Mountain Dogs that sit next to him. Children visiting the GreenHaven Pocket Farmers Market are especially intrigued by these majestic beauties, who appear to be Cima's right and left guards, *Continued on Page 9*

Meyer is Everybody's Bassman

By J.G. Wirt

SACRAMENTO REGION (MPG) - Anchoring the rhythm section of bands in legendary clubs and tap-rooms, Rob Meyer plucks the bass strings in styles from rockabilly to jazz to Americana and torch 'n' twang.

He has filled in for bassists in notable bands and is a first-call player when there's a benefit show.

But playing in five bands isn't a full-time gig for Meyer, who by day is a mild-mannered public servant in a state economic development office.

During a recent interview, Meyer described his musical upbringing, his always-learning musical philosophy and how the excitement of the audience fuels the band.

Meyer plays standup and electric bass in the Leaping Blennies (rockabilly), Loose Engines (Americana), Dyana and The Cherry Kings ('50s rock/rockabilly), Mike Blanchard & the Californios (Americana/classic country) and the Big Chiefs (New Orleans funk).

Meyer's early playing was on piano at home, where he learned to read music, and then saxophone in school. After taking up guitar in high school and then bass, he discovered the thrill of public performance while at University of California at Los Angeles in a punk band called 11.

"It was a college party and we each made a couple hundred," Meyer said.

After returning to the Sacramento area, Meyer was part of Grub Dog and the Amazing Sweethearts, "with *Continued on Page 9*



Rob Meyer plays bass for five Sacramento-area bands. Photo courtesy of Steve Abbott

Keeping Trails Safe on Wheels, Horseback

Sacramento County
News Release

SACRAMENTO COUNTY, CA (MPG) - Sacramento County Regional Parks staff reminds residents and visitors that enjoying the county's trails safely and respectfully is a shared responsibility.

Whether you're walking, biking, running or riding horseback, three key groups work behind the scenes, and on the trails, to keep everyone safe and informed.

Sacramento County Regional Parks Rangers serve as the lead law enforcement agency for the trail system. Rangers patrol the American River Parkway, Dry Creek Parkway and other regional parks, enforce trail regulations, respond to emergencies and ensure the safety of all trail users.

Joining the Rangers are two volunteer organizations that help serve as the eyes and ears of the community: the American River Bike Patrol and the American River Equestrian Patrol.

The American River Bike Patrol volunteers use their own bicycles to patrol the paved multi-use trails, offering first aid, assisting with mechanical issues and educating users about trail rules. Their presence provides both reassurance and support, especially in busy areas or during community events.

The American River Equestrian Patrol provides a similar service on horseback. These volunteers patrol designated equestrian trails, assist fellow riders and help ensure that these more natural and sometimes remote areas remain safe and serene for horse and rider.

A growing issue that these groups are seeing is mountain bikers using equestrian-only trails. These trails are designed specifically for horseback riding and are not built to accommodate bicycles. Riding on them not only violates trail rules but it also creates hazards for riders and horses alike.

Sacramento County asks all cyclists to stay on designated paved or multi-use trails and respect posted signs and trail restrictions. *Continued on Page 9*



Scan our QR Code for a
direct link to our online edition!

PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
**OR CURRENT
POSTAL CUSTOMER**



SENIOR LIVING

OFFERING SUPPORTIVE INDEPENDENCE, ASSISTED LIVING AND MEMORY CARE

CALL TODAY FOR A PRIVATE TOUR
(916) 395-7579 | accmtv.org



PocketSacNews.com

Bike the Rails in Amador

Story and photos
by J.G. Wirt

IONE, CA (MPG) - The feel as the railbike glides down-grade is like riding a giant go-kart, but this one has power assist and good brakes.

Outdoor adventurers can take a ride on the Rail Explorers excursion on the old Amador Central right-of-way for a mild bit of leg exercise and a big dose of foothill scenery.

When you arrive to board your two-seater or quad railbike, the staff will explain the bikes' workings and the route's rules. The bikes are heavy and roll on hefty wheels, so this will be a solid ride. You will learn about the brakes and the need to keep your distance from the bike in front of you.

The guidance also covers the need to roll up and stop at each grade crossing so the Rail Explorers team can operate the crossing arms and allow the parade of railbikes to cross the thoroughfares while traffic waits.

Your railbike has your party's name in a waterproof, magnetized tag so you board the right one, and seatbelts are mandatory, although helmets are not.

Once underway, by giving the bike a little boost with your pedaling feet, the quiet motor will take over.

The railbikes' speed tops out at 15 mph, and the right-front rider controls the handbrake.



A Rail Explorers railbike wheels through a small canyon on the Amador Central line.



Rail Explorers staffers turn the railbikes on an air-powered lift before the downhill return trip.

There's black metal mesh between your feet and the railbed, so you can see right through. You and fellow riders need to pedal a bit to keep the motor going, and you'll need to keep an eye out for slowing railbikes ahead. The bikes have brake lights and even headlights for twilight tours.

Other than that, enjoy the scenery and the

clickety-clack of the rails.

The ride from the depot along a steady uphill to the turnaround is four miles. Once there, you'll disembark for a breather and maybe a snack while the staff rolls each bike to an air-powered turntable lift to spin it for the return trip.

Staff then give a downhill-safety primer before you reboard and it's away you go.



Rail Explorers staff control the crossing arms and flag the crossing at three thoroughfares each way. Riders also must watch for rural traffic at private rail crossings and be mindful of cattle.



Signs on the downhill route warn of upcoming stops for grade crossings.



A railbike crosses the Highway 88 bridge.

On the downhill, you'll realize how much you appreciated the motor power coming uphill. The railbike doesn't freewheel, but it will keep gaining speed until it hits the limiter.

You can take pictures or video while you take in the scenery and keep an eye out for the next stop for traffic.

The scenery each way

ranges from meadows and trees to narrow rocky canyons and rural farmland. You're advised to watch for and slow for cattle.

Before you know it, the staff is coupling all the bikes together to roll back to the depot to complete your eight-mile trek.

Rail Explorer trips are available every day through Labor Day week and cost \$90 for a tandem

or \$175 for a quad. Groups of 10 or receive a 10% discount. A gift shop, restrooms and shade are on site.

Ione is about an hour southeast of Sacramento. The depot is at 702 Hunter Lane just south of Ione on Highway 124.

For information and reservations, visit railexplorers.net/tours/Amador.

★

FIXER IN S. LAND PARK TERRACE!

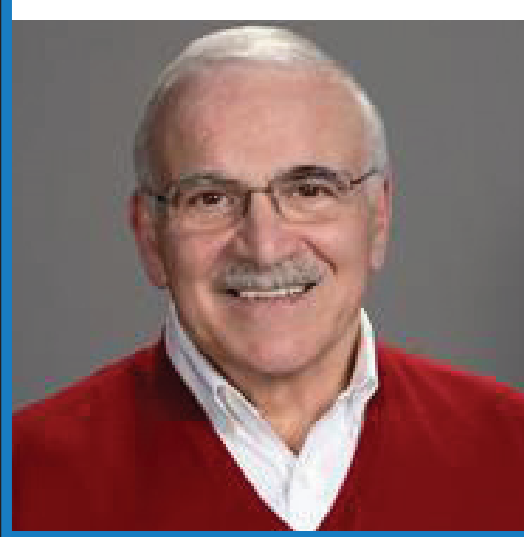


SOLD

MULTIPLE OFFERS

1220 Lucio Lane
Sacramento 95822

Large 2 bedroom, 2.5 bath, single story w/expansive backyard. Oversized family room w/conversation pit, fireplace & formal wet bar, separate formal living room w/fireplace. Original galley style kitchen w/breakfast nook. En suite primary w/separate bath & shower, dual sinks & closets. Hall bath w/separate tub & shower. Indoor laundry room w/half bath, central heat & air, two car garage. Possible room for ADU (buyer to verify). Great cul-de-sac location in one of Sacramento's most desired neighborhoods.



BERKSHIRE
HATHAWAY

HomeServices

Drysdale
Properties

CRS

CRB



PRESIDENTIAL
MEMBER

CalDRE# 00842218

Nick LaPlaca

916-764-7500

nick.laplaca@BHHSDrysdale.com

Breakfast
Lunch
Dinner



Happy Hour 3pm - 6pm ★ Mon - Fri

Mon - Fri: 11am - 10pm
Sat & Sun: 9am - 10pm
Breakfast
Sat & Sun: 9am - 2pm

916.665.1169

8259 Freeport Blvd.



Follow us on Instagram and Facebook

freeportbarandgrill.com

Food served all day long. Indoor and covered/heated outdoor seating available





TURN-KEY
LENDING & REALTY

TKLendingRealty.com

Michael Lee and the Turn-Key team have the knowledge and expertise to help you and your family with all of your real estate needs. Broker | Lic. 01726405

Real Estate Mike

888-505-8554

MikeLeeLoans@gmail.com

TRUSTED • RELIABLE • PROVEN • EXPERIENCED

Summer Vibes are in the Air

Activities and Events to Enjoy this Summer

By Idaly Valencia

SACRAMENTO AREA, CA (MPG) - Summer means great times and tan lines now that temperatures are rising. Pocket-Greenhaven residents have several community events to attend while enjoying the warm weather throughout the season.

Trucks & Such
Looking for tasty food to indulge in this summer? Residents won't have to go too far to try new food from local food trucks during Trucks & Such, which is held every third Friday of the month.

Food trucks will be at Garcia Bend Park, 764 Pocket Road, from 5 to 8 p.m. on June 20, July 18, Aug. 15 and Sept. 19. Tables will be set up at the park for folks to sit down and enjoy their meals.

Music on the Lawn

Elks Lodge 6 presents Music on the Lawn for the 2025 season. This concert series started in May with a performance from Garratt Wilkin of the Parrotheads, a tribute to musical artist Jimmy Buffet, and will continue throughout the summer.

Local band The Stance will perform June 13, the Hey Monkey band is performing July 11 and artist Johnny Young will close off the season with his performance Aug. 8.

The Music on the Lawn concerts are all held at 6446 Riverside Blvd. Members of the Elks Lodge and guests are welcome to attend.

Food and drinks will be



To participate in the parade, all registration forms are due June 22. Register online at july4thpocketparade.com. Photo courtesy of Councilmember Rick Jennings

available for purchase.

Fourth of July Parade

Councilmember Rick Jennings will host the Fourth of July Parade to celebrate unity in the community as well as Independence Day.

The parade will start at 10 a.m. July 4. The route starts on the corner of Windbridge and South Land Park Drive, south on Windbridge and right on Pocket Road, and ends at the Garcia Bend Park entrance.

To participate in the parade, all registration forms are due June 22. Register online at july4thpocketparade.com.

California State Fair

A classic summer activity that everyone in Sacramento looks forward to every year is the annual

California State Fair at Cal Expo, which will be from July 11 to July 27.

Gates will open at 4 p.m. and close at 10 p.m. Mondays through Thursdays. From Fridays to Sundays, gates open at 10 a.m. and close at 10 p.m.

Bring friends and family to indulge in carnival concessions such as kettle corn popcorn, fresh-squeezed lemonade, corn dogs, Dole-whip frozen desert and more. Experience the thrill from riding the several roller coasters and daring attractions.

There will be live music every night, award-winning craft beer and wine, free horseback rides and engaging competitions that will have everyone in the family on their toes.

Those who attend a Sacramento Republic home game on July 12 and



Councilmember Rick Jennings will host the Fourth of July Parade to celebrate Independence Day and unity in the community on July 4. Photo courtesy of Councilmember Rick Jennings



A classic summer activity that everyone in Sacramento looks forward to every year is the annual California State Fair at Cal Expo, which will be from July 11 to July 27. Photo courtesy of California State Fair

July 19 get free admission to the state fair when they present their valid Sacramento Republic ticket at the fairgrounds entry.

Regular admission fee for the state fair costs \$16 for adults, \$10 for children 5 to 12; and \$12 for seniors (ages 62 and above). Admission for children under 4 is free.

Tickets will be for sale at the fairgrounds, located

at 1600 Exposition Blvd., and available for purchase online at calexpostatefair.com/admission-tickets.

State BBQ Competition at Cal Expo

There is nothing more that screams summer is here than fresh barbecue. On July 12, get ready for a good time by having a flavorful day of mouthwatering barbecue at the State

Fair's BBQ competition.

Residents get the opportunity to be a judge and try all kinds of smoky flavors from California's best grill masters.

The fairgrounds will be open for a full day, starting at 10 a.m. July 12. The People's Choice tasting and judging will be from noon to 3 p.m.

For \$15, attendees can sample and score barbecue entries from five competing teams. The official judging will be conducted by the Kansas City Barbecue Society at 3:30 p.m. at the Save Mart California's Kitchen, which is located in Building B on the fairgrounds.

The awards ceremony to celebrate the winners and see who takes home the top prize will be at 6 p.m.

With summer right around the corner, let's get out and have some fun in the sun. ★



Dignity Health
A member of CommonSpirit

Same-day care for same-day needs.

When life moves fast, your health care should keep up. Dignity Health offers convenient same-day care throughout Greater Sacramento—including Express Primary Care in Elk Grove and Roseville, and Urgent Care in Midtown Sacramento and Woodland. Whether you need relief from minor illness, a routine checkup, symptom management, or a flu shot, our providers are here to help you feel better, faster.



Visit Express Primary Care



Go to Urgent Care

Get in, get seen, and get on with your busy day.

Visit dignityhealth.org/get-care-today to schedule an appointment. Same-day care facilities are a service of Dignity Health Medical Foundation.

SacRT to Suspend Green Line Service During Construction in the Railyards

Sacramento Regional Transit News Release

SACRAMENTO, CA (MPG) - The Sacramento Regional Transit District (SacRT) will temporarily suspend Green Line light rail service beginning Monday, June 16, 2025, to accommodate major construction in the Railyards, including the addition of a new light rail station at 7th Avenue and Railyards Boulevard.

The service suspension is expected to last through summer 2026.

The temporary closure will only impact one station, 7th & Richards/Township 9, as all other Green Line stops are also served by either the Blue or Gold lines.

“We are excited to bring a new light rail station to

the growing Railyards area, one of the largest urban infill projects in the country,” said Henry Li, SacRT General Manager/CEO. “While we understand this temporary disruption may inconvenience some riders, the long-term benefits of improved access and connectivity to the Railyards and downtown Sacramento are well worth the investment. We appreciate our riders’ patience and support during this transformative phase.”

“The Railyards represent Sacramento’s next great neighborhood, and public transit is essential to its success,” said Rick Jennings, SacRT Board Chair and Sacramento City Councilmember. “This new station will help connect residents, workers,

and visitors to the heart of our city. It’s a major step forward in making the Railyards a thriving, transit-oriented community.”

During the service suspension, SacRT encourages riders to utilize bus route 11, which serves the area near the 7th & Richards/Township 9 Station. To better accommodate passengers, Route 11 will have expanded weekday service from 6 a.m. to 8 p.m., Monday through Friday, beginning June 16, 2025.

Additionally, several bus routes in the vicinity — 11, 103, 106, and 129 — have been detoured from 7th Street. The bus stop at 8th & F streets is temporarily closed during construction.

“We’re thrilled to see transit infrastructure expanding in the



During the service suspension, SacRT encourages riders to utilize bus route 11, which serves the area near the 7th & Richards/Township 9 Station. Photo courtesy of Sacramento Regional Transit

Railyards,” said Denton Kelley, president and CEO of the Railyards. “The new light rail station is a key component of our long-term vision to create a connected, accessible, and vibrant district that links Sacramento’s past and future. This progress wouldn’t be possible without SacRT’s partnership.”

Construction will begin with track alignment work

in June 2025, followed by station construction starting in October 2025. The new station is expected to be completed and open for service by summer 2026. For more information visit sacrt.com/GreenLine.

The Railyards is transforming 244 acres of historic land into a vibrant, mixed-use urban district that will double the size of downtown Sacramento.

This dynamic area will feature key projects such as the A.J. apartments, a state-of-the-art Kaiser medical center, a live music venue in the rehabilitated Central Shops, and the cutting-edge Sacramento Republic FC stadium. The Railyards is where history, innovation, and community come together to create a destination built for connection, culture, and progress. ★



SOL AUREUS

COLLEGE PREPARATORY

TK-8th GRADE



PREPARATION RESPECT RESPONSIBILITY COMMUNITY EXCELLENCE

.....

2024-2025

Open Enrollment!

Now Enrolling

Transitional Kindergarten-8th Grade Students

.....

For more information please contact our front office.

(916) 421-0600 | information@sacprep.org | www.sacprep.org

6620 Gloria Drive, Sacramento, Ca 95831

WHY PAY A HIGHER MORTGAGE
WHEN YOU DON'T HAVE TO?
COME HOME TO THE EXPERTS

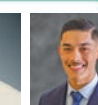
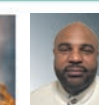
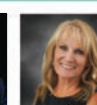


PUT MORE MONEY INTO YOUR HOUSE,
NOT YOUR HOUSE PAYMENT.

Apply Online Here! 

More Lenders = More Competition = Lower Rates and Fees / Multiple options to lower payments / Lower Payments = More Money in your Pocket!

916.476.6507 info@greenhavencap.com



Kevin Oto
President/Broker
DRE Lic# 01721444
NMLS ID: 62641

Kyle Garman
Sr. Loan Consultant
DRE Lic# 01886785
NMLS ID: 354318

Bryan Tom
Loan Consultant
DRE Lic# 01960546
NMLS ID: 1234757

Oliver Z. Vang
Loan Consultant
DRE Lic# 02136863
NMLS ID: 2229210

Laura Corbett
Loan Consultant
DRE Lic# 01758984
NMLS ID: 1180623

Hilda Sousa
Loan Consultant
DRE Lic# 01873794
NMLS ID: 1459315

Lavega Sims
Sr. Loan Consultant
DRE Lic# 047751
NMLS ID: 447751

Kyle Johnson
Loan Consultant
DRE Lic# 02081495
NMLS ID: 2163176

5890 S Land Park Drive, Sacramento, CA 95822, Equal housing opportunity lender. We do not conduct business in states where we are not licensed. Interest rates are subject to change. <https://www.nmlsconsumeraccess.org/> CAL DRE #01842493, NMLS ID: 173082, CAL CFL #60DB0-174459



Amazing Remodeled Pocket/GreenHaven Home



6788 Langston Way, Sacramento 95831



Home and yard has been updated from top to bottom. Seller spared no expense.
3 Beds | 2 Baths
\$700,000 | 2,006 Sq Ft.



Remodeled yard for low maintenance, and large fourth permitted room was added to use as you please.



MONA GERGEN
916-247-9555
CaDRE# 01270375
mona@monagergen.com



YEE
LAW GROUP

Start planning now - call to schedule your
FREE estate planning consultation today!

WILLS - TRUSTS - PROBATES

PRACTICE AREAS:

- Living Trust
- Advance Health Directive
- Power of Attorney
- Probate
- Conservatorships
- Other Special Planning

UNIQUE TO EACH CLIENT

The incredible team at Yee Law Group's top priority is client satisfaction and serving each client with exceptional professionalism and precision.

Call 916-927-9001 for Free Consultation
4010 S. Land Park Drive, Suite B, Sacramento 95822
mylawyersllp.com

See our awesome reviews on: 

MIKE YEE, ESQ.
Leading the way top rated!



Serving Sacramento & Land Park
for over 100 years

GEORGE L. KLUMPP
CHAPEL OF FLOWERS

Ask About Our New
Enhanced Cremation Plan

- Traditional, Green or Natural, and Cremation Plans
- All plans are INTEREST FREE

Payments Range from 12 months thru 48 months

- Saturday & Sunday Appointments upon request

Call Us TODAY! 916 443-7917

2691 Riverside Boulevard, Sacramento 95818 • www.klumppsfuneralhome.org



Jessycab Shoemaker
JShoemaker@scfssacramento.org
916 840-2147
Manager of Funeral Services
Funeral Director FDR3709



‘We are Losing an Entire Generation’

By Seth Henderson

SACRAMENTO REGION, CA (MPG) - According to the Sacramento District Attorney’s Office, more than 200 law enforcement members between Yolo, Sacramento, El Dorado, Placer and Yuba counties have participated in multiple operations to seize hundreds of pounds of fentanyl off the streets since 2021.

Cross-departmental partnerships are necessary in the fight against fentanyl and even one death is too many, Attorney General Rob Bonta said during a press conference on May 29. He said the collaboration will not stop until the deaths stop.

“The fentanyl crisis represents a public safety emergency and the poisoning epidemic,” Sacramento DA Thien Ho said at the press conference. “We are losing an entire generation.”

The death toll in the Sacramento region since 2021 has reached more than 600 individuals, Ho said, which is more than all gun-related homicides within a decade. Ho said that fentanyl does not discriminate and it does not care about the user’s background or experience.

Fifty-one felony arrests have been made since 2021, Ho said, citing operations such as “Operation: Folsom Blues 2.0,” which saw the seizure of more than 1,000 fentanyl pills and tens of other drugs.

Deaths from fentanyl

According to the Sacramento County District Attorney’s Office, hundreds of pounds of fentanyl has been seized since 2021 in multi-jurisdictional operations involving more than 200 law enforcement personnel.



Attorney General Rob Bonta said that more than 15-million fentanyl pills have been seized, more than 6,700 pounds of fentanyl powder confiscated and more than 500 suspects have been arrested.

poisoning have been steadily declining since 2023, Ho said, with 2023 having 404 deaths, 2022 having 267 deaths and as of May, 33 deaths this year.

The Sacramento district attorney said he is in favor of innovative ways to stay ahead of the epidemic with solutions such as a fentanyl murder registry to keep track of individuals convicted of fentanyl poisoning; an impact panel featuring dealers, addicts and victims’ families to spread

awareness; an overdose alert system powered by artificial intelligence; and the dismantling of online distributors.

“We cannot arrest our way out of this and we cannot educate our way out of it alone,” Ho said.

Sacramento County Sheriff Jim Cooper said that solutions such as naloxone, the active ingredient in Narcan, have become second nature when dealing with individuals who are hardly conscious or unresponsive.



Sacramento County District Attorney Thien Ho, middle, holds a press conference May 29 updating the public on recent fentanyl-related seizures and convictions with Attorney General Rob Bonta, Placer County District Attorney Morgan Gire and Sacramento County Sheriff Jim Cooper. Photos courtesy of Sacramento County DA’s Office

and we have to fix that,” Cooper said.

Cooper said that Proposition 47 removed incentives to place individuals into drug court and that being an addict should not be a crime, unless they are committing crimes. Drug dealers prey on young people, Cooper said, and holding the dealers accountable is what works.

Task forces from multiple agencies were recognized by elected officials at the press conference for their brave and significantly impactful seizures of hard drugs and criminals. Some task forces included the Tri-County Drug Enforcement Narcotics Team (TRIDENT), High Intensity Drug Trafficking Area (HIDTA), the California Multi-Jurisdictional Methamphetamine Enforcement Team (CALMMET), and the Fentanyl Abatement Suppression Team (FAST).

Placer County District Attorney Morgan Gire manages the Tri-County Drug Enforcement Narcotics Team and said he is reminded of each victim’s life when prosecuting

the criminals charged with taking that life.

Gire said the outreach team talks to thousands of students, teachers and coaches to gain information and spread awareness.

Collaboration happens at all levels of government, Gire said, and operations are happening “day in and day out” to send a message through the region.

“Even if you don’t want treatment, we will get you there,” Gire said.

Since 2022, more than 15 million pills and more than 6,700 pounds of fentanyl powder have been seized, Bonta said, and more than 500 suspects have been arrested.

“Numbers don’t tell the full story,” Bonta said. “They are lives saved, they are overdoses prevented, they are families spared from unimaginable grief.

“We’re actively working to strengthen border enforcement,” Bonta said. “We’re collaborating with local and federal law enforcement partners in Southern California and Northern California to stop fentanyl before it ever has a chance to make it up to Sacramento.”

Smoot Landscaping

A 45-Year Legacy

By Ornella Rossi

SACRAMENTO REGION, CA (MPG) - For Scott Smoot, landscaping isn’t just a career, it’s a lifelong passion. His journey began when Smoot was just 7 years old, mowing lawns in his neighborhood to earn some pocket money. By the time he was 13, he was managing multiple landscaping jobs at once, gaining early insights into both the craft and the business of landscaping. Today, Smoot Landscaping reflects his dedication, expertise and love for creating beautiful, sustainable outdoor spaces.

After attending UC Davis and Sacramento State, Smoot’s love for plants and design naturally guided him toward a career in landscaping. Over the years, Smoot Landscaping has evolved from primarily maintenance work into larger landscaping services.

The company now specializes in everything from traditional gardens to drought-tolerant designs and water features, all with a personal touch that sets it apart from the competition.

“I know my plants and I know how to combine them,” Smoot said. “I’ve been on a lot of garden tours and I love how my designs not only reflect a theme but also enhance the experience of living in that space.”

What truly distinguishes Smoot Landscaping is the company’s ability to create gardens that are not just

beautiful but sustainable.

“People don’t make gardens anymore; they just put plants in the ground,” Smoot explained. “I make sure there’s a purpose and a theme to everything I do.”

His deep understanding of plant life, combined with a knack for creating visually harmonious spaces, has earned Smoot Landscaping a loyal following. According to Smoot, around 80% of the company’s work comes through referrals.

When working with a new client, Smoot’s approach is rooted in collaboration.

“It starts with consulting,” Smoot explained. “I listen to what the client wants, their budget and how much maintenance they’re willing to commit to. Then, I create a design that reflects their lifestyle and the style of their home.”

Smoot’s designs are as diverse as his clients. Whether it’s a traditional English garden, a serene Japanese garden or a striking Mediterranean landscape, each project is custom designed to fit the client’s vision.

“I love incorporating elements like lighting and water features,” Smoot said. “Lighting, especially LED, is such a game-changer. It’s affordable and it completely transforms a space in the evening.”

The company’s small but dedicated crew plays an essential role in turning Smoot’s vision into reality.



Scott Smoot, owner of Smoot’s Landscaping.

“I work with a crew of two to four people and they’re incredibly hard-working,” Smoot said. “They help me realize the vision and we always take the homeowner into consideration.”

Smoot’s commitment to his craft goes beyond business. As someone who is hard of hearing, Smoot has long been an advocate for the deaf and hard-of-hearing community. He has volunteered extensively, working to show people how to make the best of their hearing aids.

While Smoot Landscaping is deeply rooted in tradition, the company is always looking ahead. Smoot is excited about continuing to create functional, visually striking landscapes that meet modern needs.

“I see a trend toward creating more usable outdoor spaces,” Smoot said. “People are looking for courtyards, outdoor living rooms, and other ways to maximize their space and create privacy.”

Looking back on his 45 years in the business, Smoot remains deeply passionate about what he does.

“It’s not just the work; I



Among the many projects Smoot is proud of, one that stands out is his work on what he deemed the “Hobbit house.” Photos courtesy of Smoot Landscaping



The company now specializes in everything from traditional gardens to drought-tolerant designs and water features, all with a personal touch.

love the customers,” Smoot said. “As you get older you start to reflect on everything you do and I am so grateful to be doing this.”

His advice to homeowners thinking about investing in professional landscaping?

“Don’t go cheap. You

get what you pay for. If you invest in a high-quality design and installation, you won’t have to redo it in a year.”

Become a Docent at the Crocker Art Museum

Crocker Art Museum News Release

SACRAMENTO, CA (MPG) - Do you love art, learning and connecting with others?

Serve the Sacramento region while building lifelong friendships as a member of the Crocker Art Museum docent team. Docents serve as public-facing ambassadors of the museum and participate in ongoing educational programs to stay current

with new art on view at the Crocker and new ways to engage with these works. Whether you are looking to challenge yourself, give back or find connection, serving as a docent is an experience rooted in growth and discovery. The Crocker welcomes new docent applicants who are excited about art and want to share that enthusiasm with the museum's visitors. No prior experience is required. The museum is currently



Whether you are looking to challenge yourself, give back or find connection, serving as a docent is an experience rooted in growth and discovery. Discover more about this rewarding program at the Crocker Art Museum at the Docent Program Open House at 11 a.m. on Saturday, June 21. Photo courtesy of Crocker Art Museum

recruiting for its next docent training class, which begins this fall.

Discover more about this rewarding program and the upcoming fall training at

the Docent Program Open House on Saturday, June 21, at 11 a.m.

Register to become a docent online at my.crockerart.org/3702/3703. ★

Dumag Wins City Men's Golf Championship by One Stroke

Sacramento Golf Council News Release

SACRAMENTO, CA (MPG) - Patrick Dumag clinched the title at the 104th Annual Sacramento City Men's Golf Championship June 7-8 with a two-round total of 134, edging out Ryan Calcagno by a single shot in a thrilling finish at the Alister MacKenzie Golf Course at Haggin Oaks.

Dumag fired a steady 70 in Saturday's opening round, then stormed back Sunday with a blistering 64 to seal the victory. Calcagno, who led after a 64 on Saturday, shot 71 in the final round to finish at 135. Open to players with a World Handicap System (WHS) index of 5.0 or lower, the tournament remains a proving ground for rising talent. ★

CALL A PROFESSIONAL

LYTLE
CONSTRUCTION INC.
Remodeling and Design
LIC# 480492
Certified Kitchen & Bath Remodeler

Award-Winning Design/Build Firm
Serving Sacramento for more than 25 years

- Additions
- Kitchens
- Bathrooms
- Custom Cabinetry

FREE Consultation
916-422-6639
www.lytleconstruction.com

Spring Yard Clean-up Specials!

- HAULING & YARD CLEAN-UP
- RAIN GUTTER CLEANING
- CONCRETE REMOVAL
- HEDGE TRIMMING / SHRUB REMOVAL
- PRESSURE WASHING

Pressure wash your driveways clean! Your decks, too!
Clean out your garage! Replace that old lawn!
Hard work—not a problem!
SPECIALS FOR SENIORS/**SERVING THE AREA SINCE 1996*

Call **LESTER**
(916) 838-1247
Lic#128758/Ref

ALBERTE
CONSTRUCTION INC.
Certified Home Inspector CA

GENERAL CONTRACTOR REMODELING
Specializing in:

- Retrofit windows/doors
- Bathroom remodels
- Concrete
- Dry rot repair
- Painting

NO JOB TOO SMALL!
ANTHONY ALBERTE | (916) 968-9363
alberteconstructioninc1@gmail.com

ROONEY'S PLUMBING
FULL SERVICE PLUMBING
456-7777
rooneysplumbing.com
License #683668

CASH
for Diabetic Test Strips and Supplies
We pick up and pay you CASH ON THE SPOT!
Call 916-505-4673 Now!

SMOOT LANDSCAPING

- Drought tolerant landscape
- Low voltage lighting
- Garden renovations
- Concrete and stone
- Consultations available

Celebrating 45 years
916.454.1300
www.SmootLandscaping.com • Contractor License #633224

RESTORE YOUR FLOOR HARDWOOD FLOORING
Revive • Restore • Refinish
Hardwood, Laminate, and Vinyl

- Sand & Finish
- Repairs
- New Installations
- Recoating

New Installation & Repairs
Family Tradition Since 1957
Lic. #794448
sacramentohardwood.com
1.800.725.3320 916.342.6596

Prime Quality Maintenance

- GUTTER CLEANING
- Window Cleaning (inside/out/screens washed)
- Pressure Washing (all surface areas)
- Junk Removal/Hauling
- Landscape Maintenance

Free Estimates
Licensed & Insured
CSL# 996271
Call or Text Jesse: 916 417-4231

CAPITOL ELECTRIC
Reasonable Residential & Commercial Work since 1960

- Repairs, Trouble Shooting
- Custom Lighting/FREE Est.
- Excellent ref from Angie's List

Cell: 213-3740
Neil McIntire — C.S.L.# 394307

FREEDOM HANDYMAN SERVICE
I specialize in all areas of home improvement !
Quality work the first time, guaranteed!

- Co2 & Smoke Alarms - Light Bulb Replacement - Door Bells
- Grab Bar Installations - Security Doors - Sprinkler Repair & New Valves
- Carpentry Electrical - Plumbing - Sheetrock - Ceiling Fan Installation

Fix leaks of all types
Accepts All Major Credit Cards "Senior Discount"
NO JOB TOO SMALL! Call Eric (916) 470-3488

AFFORDABLE TRENCHLESS & PIPE LINING
Install a Water/Electric line under your existing driveway!
SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com
We're #1 in the #2 business
Off (916) 488-1215 Lic #754886

ADVANCED HOME CLEANING

- MONTHLY/BIWEEKLY ACCTS.**
- 1X CLEANOUTS**
- FREE ESTIMATES**

FIVE-STAR REVIEWS
(209)701-9664

ADVANCED WINDOWS & GLASS
NEW WINDOWS • REPAIRS • GLASS

- GLASS
- DOORS
- MIRRORS
- SCREENS
- SHOWERS
- WINDOWS

FREE ESTIMATES
LIC # 874072

LEGAL ADS FOR SACRAMENTO COUNTY?
We Can Do That!
MPG 916-773-1111
All Legal Ads Published by Messenger Publishing

Call (916) 773-1111
to advertise with us today!
MPG Messenger Publishing Group

Brighten a Senior's Day
Volunteer with Meals on Wheels Sacramento County

We need compassionate volunteers to deliver meals, support our community cafes, or help with clerical tasks. Your kindness helps our elderly neighbors maintain independence and dignity through improved nutrition.

For more information and to sign up, visit mowsac.org or call (916) 444-9533.
Be the reason someone smiles today.
Volunteer with us and make a heartfelt difference.

MEALS ON WHEELS
SACRAMENTO COUNTY

Need to Advertise?
Let Linda help you get the word out
(916) 619.8189 (o) (916) 524.9184 (c)
lindapohl2@gmail.com
Arden • Carmichael • East Sacramento
Land Park • Pocket

Pocket News
Delivery Driver Routes in Pocket

We have two delivery driver routes open for newsstand and home delivery within the Pocket area. Delivery would include taking newspapers into local stores, restaurants and newsstands. It would also include a small area of home delivery within the same route. Each route is designed to take about 3 to 4 hours. Delivery is twice a month on Thursdays between 11 and 3 and must be completed on Thursday. This is an independent contractor position. You must have a current California Drivers License, proof of insurance for the State of California, and a reliable vehicle. Previous newspaper delivery experience a plus. Routes are open now. To apply, email Publisher@MPG8.com.

Employment Opportunities

Publisher, Paul V. Scholl

Pocket News is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email to: Publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher". If you do not have email access, please call us at (916) 773-1111.

Pocket News
Serving Arden Arcade and Sacramento County since 1993

It is the intent of the *Pocket News* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Pocket News* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Pocket News* are copyrighted. Ownership of all advertising created and/or composed by the MPG is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Pocket News*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608.

The *Pocket News* is published twice a month. Call (916) 773-1111 for more information.
Call Linda Pohl for advertising or other inquiries at (916) 619-8189.

We are proud members of these newspaper associations.

Metro Chamber Applauds Bipartisan Collaboration

tion about the
Sacramento Metropolitan
Chamber of Commerce,
visit www.metrochamber.org. ★

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

anant. V.I.P. Trust Deed Com-
pany www.viploan.com Call
1-818-248-0000. Broker-prin-
cipal DRE 01041073. No
consumer loans. (Cal-SCAN)

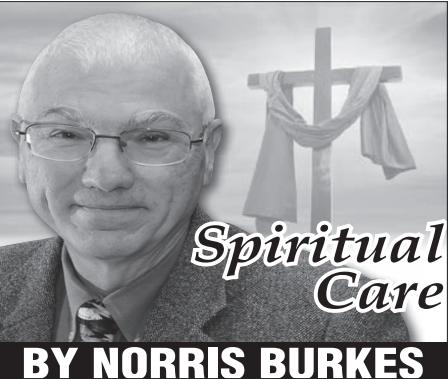
**ROUTT
ROOFING**

**Specializing in
Res Roofing & Repairs
We Hand Nail for
Quality!**

Free Estimates
916-423-1288 or
209-748-5588

 Since 1975
Lic.#302302

Taking Faith for a Pivotal Spin



Imagine taking a virtual plane ride today and meeting me in San Francisco. I pick you up outside the terminal and drive you 30 minutes south to Moffett Federal Airfield, formally known as Moffett Navy Air Station.

I flash my military ID and we slide easily past the Smokey-Bear-hatted federal guards. Just a quarter mile ahead, we pull curbside and walk across the lawn to the Moffett Chapel. In 2014, the chapel was restored to its original Spanish Colonial Mission church design found throughout California

I'm comfortable here. This is where, in 1994, I assumed my first Air Force active duty chaplain assignment. Three USAF chaplains replaced the Navy chaplains when their branch vacated the base, or in naval terms, "Secured the watch."

Inside, we take a breathless pause before walls of stained-glass windows.

But I nudge you forward into an alcove or recessed altar space. Oddly, I ask you to push on the cubby walls.

You're astonished that it moves.

With my assistance, we rotate what seems like a jumbo version of the lazy Susan contained in your kitchen cabinet.

Suddenly, we're standing in a Catholic church adorned by crucifixes and saint statues.

I push again, and we share a Jewish altar with the Torah.

You say, "This is nice chaplain, but I'm undecided about faith. I suppose I'm spiritual, but not religious."

"No problem," I say. "Give that wall another push."

You do and are relieved to find yourself in neutral space. Nothing on the walls. No religion here.

Why have I brought you for a ride on the "Lazy" Altar?

To illustrate of how one might make a choice for faith.

No, it's not as simple as gyrating the

Wheel of Fortune or spinning the theological bottle to determine where your doctrinal affections will lie.

You might begin the journey on one of the traditional altars of our fathers. Or your spin might take you onto an altar aside your spouse. And it's also legitimately OK to spin faith into something that represents our own journey. Or maybe you don't see faith has having finite definitions, so we choose to blend the moving altars.

But whatever you choose, deciding on faith is a serious business that requires us to become comfortable with the tensions that faith presents.

For instance, how does one explain the love of God in the midst of so much tragedy? Can you deal with the discrepancies of faith and the hypocrites that inhabit all faiths and philosophies? Can we repent of the sins of organized religions while at the same time reinforcing the humanitarian good they do?

I believe it's possible to keep the faith of our parents, but we can change out the theological accessories. For me, I follow the protestant faith of my father, but my worship isn't confined to a hymnal or a pew. Moreover, it means, that I accept his faith, but reject the bigotry I've seen sometimes.

For you, it might mean keeping your faith in the Crucified Christ displayed on the crucifix, but soundly rejecting the sins of the Fathers. It might involve rebuilding a place of worship that holds all women in high regard and safely shelters the children.

And if you are rotating the altar in search of generic worship, it doesn't mean that your new faith has to be cold, politically correct, and without feeling and humanity. It might involve a move toward inclusion of the conservative right side of the church aisle.

Finally, if your faith journey ever takes flight toward the San Francisco Bay Area, stop by Moffett Field Chapel and ask the "Smoky Hats" if they will let you take your faith for a spin.

This column excerpted from my book "Tell it to the Chaplain."

Sign up to receive this weekly column in your email box at <https://thechaplain.net/newsletter/> or send me your email address to comment@thechaplain.net.

All of Norris's books can be ordered on Amazon. Autographed copies can be obtained on his website www.thechaplain.net or by sending a check for \$20 for each book to 10566 Combie Rd. Suite 6643 Auburn, CA 95602. ★

ABOUT TOWN

Concerts in the Park

Concerts In The Park will feature over 35 local and national bands at Cesar Chavez Plaza. The free shows start at 6 p.m. Upcoming headliners are:

June 20 – Winona Fighter

June 27 – Jackie Greene

Area Museum Experiences

A sampling of must-see and must-do experiences and special activations offered by local museums include the following:

California Museum – Experience four decades of powerful activist print-making in "Mission Gráfica: Reflecting a Community in Print," a striking exhibition that showcases the rich legacy of Mission Gráfica, a renowned community print center in San Francisco. Featuring 42 vibrant screenprints from influential artists such as Carmen Lomas Garza, Rupert Garcia, and Favianna Rodriguez, the exhibit explores themes of cultural celebration, political resistance, and social justice—from gentrification and gender equality to international solidarity. June 8-Sept. 14. Details at californiamuseum.org.

California Automobile

Museum – Sixty Years of Mustang. A comprehensive history of the Mustang, from when it first hit the roads in 1965 to the current era of Mustangs. Highlighting stories from prolific names in Mustang history like Saleen, Shelby and Iacocca. Interactive experiences and digital displays showcase the iconic Mustang image over the decades. Details at calautomuseum.org.

California State Railroad Museum– The Chinese Railroad Workers' Experience offers visitors a view of the Chinese workers who built the western portion of the nation's first Transcontinental Railroad. Marginalized by history, the Chinese workers were more than a nameless group of laborers. Details at californiarailroad.museum.

Laser Light Shows at SMUD Museum of Science and Curiosity

Get ready to experience your favorite musical artists like never before. The UC Davis Multiverse Theater at MOSAC is thrilled to announce a brand new music laser

series to the planetarium!

This immersive music experience, paired with spectacular full-dome lasers, is the best way to listen to your favorite artists outside of a live performance.

With a robust library of classic rock, pop music, and family-friendly favorites playing over our 25,000-watt Dolby 5.1 surround sound system, our laser shows will surely provide a whole new music experience! Details at visit-mosac.org.

For more on Sacramento area museum offerings, visit sacmuseums.org.

Elks Lodge 6 Calendar of Events

Elks Lodge 6 Sunday Breakfast, 8:30 am-11 am; \$15 tax included.

Yoga, Monday 12 p.m., Wednesday 3:30 p.m. Lodge members free.

Martial Arts, Monday 5 p.m.

Pickleball, Monday, Wednesday, 9 a.m.-12 p.m.; Thursday, 4:30-7:30 p.m.; Sunday, 4-7 p.m.

Karaoke Nights, Thursdays and Saturdays, 7 p.m.

Wednesday Night Dinner, 5:30 to 7 p.m. See elks6.net for weekly menu. ★

LOCAL ARREST RECORDS

POCKETSACNEWS.COM

Find out what's happening in your local area

Arrest Logs updated daily

Community Worship

River's Edge Church

6449 Riverside Blvd. • 391-9845

Sunday Worship: 10:00am

www.recsac.org

Saint Anthony Parish

660 Florin Road • 428-5678

Sunday Masses: 8:30 and 10:30 a.m. and Saturday Vigil 5:00 pm

Daily Mass: 8:00 a.m Monday through Friday • www.stasac.org

Greenhaven Lutheran Church

475 Florin Road (across from Kennedy High School) • 428-8449

Bible Study & Sunday School 9:00 a.m.

Worship 10:15 a.m.

www.greenhavenlutheran.org

PAYROLL and HR Support

\$299 a month

Only available for businesses with up to 10 employees

We specialize in small and mid-sized businesses. Offering comprehensive and intuitive payroll and HR solutions.

DIRECT DEPOSIT

QUARTERLY TAXES FILING

PAYROLL TAXES PAY

ACCRUAL TRACKING

FILING AND REPORTING

PAYROLL APP

HR COMPLIANCE

916-760-7227

FEATURE YOUR EVENT!

STAND OUT AND SELL MORE TICKETS!

QUICK, EASY, TARGETED, EFFECTIVE!

WWW.POCKETSACNEWS.COM

1. GO TO 'EVENTS' IN MAIN MENU

2. GET "FEATURED" FOR ONLY \$25/WEEK!

3. LANDING PAGE FULL LANDING PAGE WITH ALL YOUR EVENT INFORMATION!

29 WEBSITES IN THE GREATER SACRAMENTO AREA TO CHOOSE FROM

PRICING VARIES DEPENDING ON THE NUMBER OF WEBSITES WHERE YOUR EVENT APPEARS, LENGTH OF TIME YOUR EVENT IS FEATURED.

CALL (916) 773-1111 OR EMAIL PUBLISHER@MPG8.COM FOR A QUICK QUOTE. EASY PAYMENT OPTIONS

COPY THE URL OF YOUR EVENT LANDING PAGE TO INCLUDE IN YOUR ADS, & EMAILS,

MPG Messenger Publishing Group

County’s Fastest Housing Project Completion Serves Homeless Seniors Around the Clock

By Seth Henderson

SACRAMENTO REGION, CA (MPG) - Sacramento County, HOPE Cooperative and Enki Development Group have partnered together to create Grow Florin Interim Housing, with space for 72 transitional housing beds for homeless seniors aged 55 and older with Community, Assistance, Recovery and Empowerment (CARE) court participants as a priority population, according to the Sacramento County Department of Health Services.

Built in 324 days, Grow Florin Interim Housing is the county’s fastest completed housing project, due to strict deadlines outlined by the Behavioral Health Bridge Housing grant, totaling a capital investment of \$5.4 million, according to the Department of Health Services.

The Community Assistance, Recovery, and Empowerment Act aims to provide community-based mental health and related services, support and accountability for individuals living with untreated schizophrenia psychotic disorders, according to the Superior Court of California.

Making up the 72 beds are 32 singles, 20 doubles and eight ADA-compliant cabins. The project was funded by the Behavioral Health Bridge Housing grant, awarded to Sacramento County in partnership with HOPE Cooperative to serve individuals with severe mental



Sacramento County and its partners collaborated in 324 days to complete the county’s fastest housing project with Grow Florin Interim Housing, seeing a total capital investment of \$5.4 million. Photos courtesy of Sacramento County’s Department of Health Services



Making up the project’s 72 beds are 32 singles, 20 doubles and eight ADA-compliant cabins.

illness and substance abuse disorders.

The campus is color-coordinated by zones

to create miniature communities and each cabin has its own power source. Climate-controlled cabins,

a mini fridge, a communal kitchen and a dog park are some amenities included for residents. Tenants



Nearly 100 attendees huddled under a shaded tent to celebrate Sacramento County’s Department of Health Services newest resource for seniors with behavioral health and housing needs.

receive three meals per day and access to behavioral healthcare, case management, housing navigation, employment, education support and help developing life skills, according to the Department of Health Services.

The county is compiling a list of future residents anticipating being placed into the Grow Florin Interim Housing with expected operating costs of \$3.1 million and an additional \$920,000 allocated for flexible funding supports, according to the Department of Health Services.

Individuals will be selected through

the Community Assistance, Recovery and Empowerment court process, taking into account referrals from Sacramento County’s Homeless Engagement and Response Team to ensure the program prioritizes individuals most in need, according to the Department of Health Services.

HOPE Cooperative is responsible for making sure daily operations comply with all county, state and federal guidelines to meet the needs of the Sacramento County Good Neighbor Policy. The property is surveilled with 39 cameras and 24/7 patrols by SafeChoice Security. ★

Meet Kaia and Lilo at Farmers Market

Continued from Page 1
faithfully seated beside him like sentinels.

According to their owner, Susan Riddell, “big mamma” Kaia weighs 120 pounds and is 5 years old. She has been trained in water safety and to watch over children. Riddell tells children they can pet the dogs and that Kaia “just loves to cuddle.”

“Lilo is the baby in training. She just made 96 pounds and loves the kids, too,” Riddell said.

The dogs have become a major attraction, especially for young children. Parents are understandably cautious at first, until Riddell explains that these “two supposed protectors of Vic” are just gentle giants who enjoy relaxing in the shade of Cima’s canopy. While the dogs are large,

Riddell emphasized that their gentleness and kindness are their most notable traits.

But they aren’t the newest addition that Cima is most excited about.

Each year, the Elks host a couple of craft fairs, and coordinating these with the GreenHaven Pocket Farmers Market has always required some planning. Pam Zanze, chair of the craft fairs, had a great idea after the last fair and asked some craft vendors if they would like to attend every week.

Starting Sunday, June 22, the GreenHaven Pocket Farmers Market will also feature about six local craft specialists at the new Outdoor Craft Event during market hours. Cima and Zanze said that will be special for their customers.

They’re also looking forward to Sunday, June 15 when the Elks Lodge will host both a special Father’s Day Brunch from 8:30 to 11 a.m. and the GreenHaven Pocket Farmers Market from 9 a.m. to 1 p.m. Glen Smith, chair of the Elks Sunday Breakfast, said, “The menu will feature an egg casserole, fruit salad and ham carving, plus the regular menu of bacon, sausage, waffles, pancakes, biscuits and gravy, coffee and juice.”

Elks Sunday Breakfast costs \$16 general and \$10 for children under 10.

GreenHaven Pocket Farmers Market’s Barbara Cherry is also excited about another new vendor this year, Gerard’s Honeybees, offering fresh, local honey. ★

Rob Meyer is Everybody’s Bassman



Bassist Rob Meyer plays and sings backup for Mike Blanchard & the Californios. Photo courtesy of Tara Elizabeth

Continued from Page 1

side projects around that,” hinting at his in-demand future in the rhythm section.

As a humble professional, Meyer doesn’t drop names of famous bassists as influences. Rather, he cites several locals as mentors in his ongoing musical education: “The late Erik Klevin, who taught me how to be in a band; Gerry Pineda, who taught me about playing jazz more comfortably; and Joe Lev, who would critique my playing: good habits; how to learn quickly; what to listen for.”

Meyer doesn’t tout a rigorous practice regimen, although he does try to play a bit each morning before work. Most rehearsals are geared to preparing for gigs with the bands.

His instruments include a 1937 Kay upright named “Charlie,” along with three electric Fenders: Fretless Precision, 1974 Precision and 1991 Custom Shop Precision.

But above the gear and the learning, it’s about the playing and the feel for it, Meyer said.

“You’ve got to have the fire in the belly; it’s got to burn for you,” he said. “And you have to live for the reaction of the audience to the players and vice versa: whether they have a drink in their hand or their arms folded, it’s a give-and-take that demands commitment from the performer to make an impact.”

“There’s an art to it. Something bigger to it,” Meyer said of that interplay.

As for potential fill-in gigs or other band affiliations, Meyer is always



By day, Rob Meyer is director of Economic Development for the state Employment Training Panel. Photo courtesy of Rob Meyer.

looking for kind and purposeful players as collaborators.

He tries to take any gig “if I have time to learn it.” Are the musicians relatively prepared themselves? Do they have a good drummer who can mesh with Meyer’s timekeeping? And is it a good gig, whether it’s a benefit or a fill-in?

“There are so many good, interesting players in Sacramento,” Meyer said. “So many venues doing the right thing. Go see live shows. If you don’t they’ll die ... and pay the bass player!”

To catch a band featuring Rob Meyer, follow @robertmeyer916 on Instagram. ★

Keeping Trails Safe on Wheels, Horseback

Continued from Page 1

If you would like to ride off-road, a designated off-road cycling trail is available in the Woodlake/Cal-Expo area.

To promote safety and shared enjoyment of the trail system, Sacramento County has established multi-use trail rules and regulations as described below.

Always yield to pedestrians and equestrians.

Pass on the left side and return to the right side after you’ve passed. Don’t forget to call out “passing on your left” so you don’t startle the person you are passing.

Maintain a safe speed, not exceeding 15 mph.

Keep pets on a leash no longer than six feet.

Stay on designated trails and obey posted signage.

Pedestrians should use the left shoulder when it is accessible.

Visit online regionalparks.saccounty.gov/Parks/Pages/Multi-useTrailRulesandRegulations.aspx for the full list of trail rules and



Working to keep everyone on the trails safe and informed are, from left, Ranger Avendano, Ranger Commander Spencer, JeanLaurie Ainsworth (Equestrian Patrol) on Song Singer, Michelle Canfield on Duke, Rich Fowler (Bike Patrol) and Vic Massenkoff (Bike Patrol). Photo courtesy of Sacramento County

regulations.

The county thanks all trail users and the dedicated public safety and volunteer patrol teams for helping to keep the American River Parkway and other Sacramento County trails safe, clean and welcoming for everyone. ★

Sacramento's Souper History

New Campbell's Canning Exhibit is 'Mmm, Mmm, Good!'



Roy Puthuff, Sam Carlson and Ron Amos show up with smiles in their Campbell's gear. Photo by Kristina Rogers

By Kristina Rogers

SACRAMENTO, CA (MPG) - On May 23, the line outside the Sacramento History Museum appeared more like a family reunion than a grand opening. The Campbell's Soup Sacramento exhibit, which spans its full history from 1947 to 2013, will be on display through Sept. 1.

Several generations of Sacramento's Campbell Soup Company Plant workers attended to see their story reflected in the new exhibit, "Sacramento In a Can."

Roy Puthuff and Jim Meeter were among the 175 coworkers at the exhibit's opening who exchanged hugs and hearty handshakes.

Puthuff was a facilities manager for 31 years. Meeter began sweeping floors in 1967 and moved up to warehouse manager until leaving in 2013.

"You get to see people you haven't seen in a while," Meeter said. "It brings back old memories. We had tournaments like golfing, fishing and barbecues. I miss it."

The Sacramento Campbell Soup Company Plant was a family affair for Cindy and Bill Fuentes. Cindy Fuentes handled the filler, soup lids and quality

inspection. Bill Fuentes was trained to do whatever was needed, including maintenance, shipping and pest control. Both had parents and siblings working alongside them for more than 30 years.

When the Sacramento History Museum doors opened May 23, the boisterous energy spilled into the rooms. Former employees hugged family and friends and looked at displays and videos.

The crowd's excitement had Richard Acala beaming. Acala, who kick-started the exhibit, worked at Campbell's for 20 years (his last job was in the Prego Department).

Acala explained how he got the idea for an exhibit.

"I posted things on Facebook and got a lot of responses from the employees," Acala said. "I thought we should honor our employees. After the plant closed in 2013 and then was knocked down, everyone felt lost."

A year and a half ago, Acala said, he reached out to Delta Pick Mello, Sacramento History Museum executive director and CEO. Pick Mello immediately contacted Mary Ellen Burns, a local historian and author, to do the research and write the stories, according to Acala.



Larry Bobiles and Amelia Bobiles were original "Campbell's Kids" growing up with both parents working at the Sacramento Campbell Soup Company Plant. Photo by Kristina Rogers

Acala got to work, too. "Former employees had meetings, I sent out fliers and we asked for help," Acala said. "I contacted Campbell's Corporate, who donated and matched my contribution. We made it happen."

Employees donated their personal Campbell's memorabilia, of which Acala said, "Every item is very sentimental and will be returned."

Pick Mello explained the area's canning history.

"It was essential to Sacramento's growth in the 1900s. We talk about being a railroad town and capital city, but our incredible farmland makes us vital to the agricultural world as well. Post-WWII, Campbell's found Sacramento to be a great locale."

Neighborhoods sprouted around the plant and small businesses developed at Franklin Boulevard.

"You find out almost everyone from that area is somehow related to others in the canning business," Pick Mello said. "They had a seasonal or summer job or their grandparents worked in canning."

Employees and children also benefited from the Campbell's culture. Siblings Larry Bobiles and Amelia Bobiles were original "Campbell's Kids," Larry Bobiles said.

"Our mom worked the day shift and dad was on graveyard shift, and that's how they raised us," Larry Bobiles said.

Amelia Bobiles reminisced about the family events hosted by the plant: "We attended Christmas parties at the Memorial



Former Sacramento Campbell Soup Company Plant employees reminisce over the exhibit's displays and videos. Photo by Kristina Rogers

Auditorium. It was a big show with Santa and each kid got a gift."

As fun as the company could be, the Bobiles children were expected to aim higher.

"My parents woke us up one morning and told us to put on our 'crummy clothes' and took us out picking in the Woodland tomato fields," Amelia Bobiles said. "We came home and our dad asked us, 'Do you want to pick tomatoes the rest of your life or go to college?'"

They chose college and Campbell's helped with that, too. Amelia Bobiles earned a Campbell's scholarship, paying for all four

years at University of California, Davis in 1969.

"I have to say, if it weren't for that scholarship, then going to UC Davis and meeting my husband..." Amelia Bobiles said. "I owe Campbell's Soup my entire life!"

Like the Bobiles' Philipino parents, many immigrants worked at the Sacramento Campbell Soup Company Plant. The plant had signs in multiple languages, including Portuguese, Italian and Japanese.

Jim Lang, who began working at Sacramento Campbell Soup Company Plant when it opened, was sitting with his former

coworker and friend, Mitts Yamamoto, who will be 100 years old in February. They both continue to stay in touch and meet for dinner.

Lang commented about the exhibit: "They did a beautiful job. Campbell's hired so many people; they really helped Sacramento."

The exhibit is on two floors at the Sacramento History Museum, 101 I St. Museum hours are from 10 a.m. to 5 p.m. daily.

Admission prices are free for Sacramento History Museum members and children up to age 5; \$6 for youth ages 6 to 17; and \$12 for anyone 18 and over. ★



Bill and Cindy Fuentes worked at the Sacramento Campbell Soup Company Plant with family members for more than 30 years. Photo by Kristina Rogers

EPIC Australian Adventure

An Unforgettable Journey with Jesus

SAVE THE DATE FOR VBS!

JUNE 30-JULY 3 9:30AM-11:30AM

REGISTER NOW:



GREENHAVEN LUTHERAN CHURCH 475 FLORIN ROAD SACRAMENTO

LOCAL ARREST RECORDS

CRIME SCENE DO NOT CROSS

Find out what's happening in your local area at...

POCKETSACNEWS.COM

ARREST LOGS UPDATED DAILY