

Commemorating Juneteenth

An audience gathered on the Natick Common last month to commemorate and celebrate Juneteenth.

Abraham Lincoln's famous Emancipation Proclamation ostensibly freed enslaved people in rebelling states in the early 1850s. Though in practice, Lincoln's executive order was slow to take purchase, especially so in the deep south.

Indeed, word of their freedom didn't reach enslaved people in parts of Texas until two-and-a-half years after the Emancipation Proclamation was delivered.

That day, June 19th of 1865, has been adopted as an Independence Day for the African American community since the 1890s. The holiday was federalized as recently as 2021, and Natick has since been hosting and honoring the day.

As part of the commemoration and tradition, a slate of diverse speakers read aloud Frederick Douglass' famous speech from July 5th, 1865. In that discourse, the former slave offered a biting critique of the values espoused by Americans' celebration of Independence Day.

"What to the slave is the Fourth of July," is the name that



speech is known by today.

A sound system amplified the voices of speakers under blue skies and shade of trees on the Natick Common. Giving voice to the words of Douglass, they ranged from grade-school to retirement age.

"I didn't know too much about the speech," said Natick resident Bruno Giles. "Not a lot of people do."

Wrote Douglass, read by Giles: "I was born amid such sights and scenes. To me, the American slave trade is a terrible reality. I hear the doleful wail of fettered humanity, on the way to the slave markets, where the victims are to be sold like horses, sheep and

swine, knocked off to the highest bidder."

In addition to reading passages of the Douglass speech, Giles also performed in his locally-famous drum circle following the recitations. It was Giles' third year reading Douglass' words at the event.

"It really is an amazing speech," he said. "I don't know how he could have done it."

It was Giles who recruited fellow Natick resident Susan Mas-sad to read a passage of Douglass' speech at the event. Her section

JUNETEENTH

on page 3



No Reigning on this Protest

Hundreds of Natick residents and visitors turned out on the town common last month in protest. The gathering was a smaller and local manifestation of "No Kings," a nationwide sentiment of opposition to the Trump administration and its policies.

Under the drizzle of cloudy skies, umbrellas and raincoats, protesters brandished a multitude of signs, shouted out a slate of slogans. The masses gathered at the Natick Common's north end, crowding sidewalks at the

intersection corners of Routes 27 and 135.

The "No Kings" mantra and movement has been spurred by public sentiment that sees unprecedented overreach by the Trump administration.

To be fair, the White House itself had a hand in motivating the anti-monarchical movement. A few months earlier, its official social media account reposted

PROTEST

continued on page 3

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JUNETEENTH

continued from page 1

spoke of the incentives that perpetuated slavery.

“An American judge gets ten dollars for every victim he consigns to slavery,” wrote Douglass, “and five, when he fails to do so,” read Massad.

“We can never stop keeping the memory of Frederick Douglass alive,” said Massad after speaking before the crowd of about 100 people. “The words are more important than ever, given what we’re facing.”

Bob Awkward read from Douglass’ oratory also, one of about 30 speakers that day. His identity

as an African American made participating particularly poignant. Awkward’s section of the speech invoked Douglass’ critique of slavery against the backdrop of Independence Day.

“Would you have me argue that man is entitled to liberty? That he is the rightful owner of his own body? You have already



declared it.”

Awkward said he feels conflicted about the Fourth of July, just as he’s felt of two minds about his place as an American. He feels a part of (yet apart from) the celebration and country. For him, Juneteenth encapsulates that complicated relationship.

“We don’t get to celebrate in any meaningful way,” he said. “I was raised on baseball, McDonalds and American pie,” said Awkward, now past middle age. “This is my country.” But “It’s so painful the way America has treated us.”



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PROTEST

continued from page 1

an AI-generated image of Mr. Trump donning a crown. “Long live the king,” echoed the President on the site “Truth Social.”

Earlier, the same week of Saturday’s protests and demonstrations, President Trump mobilized National Guard troops and the U.S. Marines in response to largely peaceful protests in California. Those demonstrations had grown out of opposition to the White House’s haphazard and heavy-handed immigration enforcement tactics.

“I think it’s very important that everybody show up and voice our opposition,” said Natick resident Cynthia Shapiro. She’d come to the town’s protest with her husband and daughter. Demonstrators crowded sidewalks, the throng stretching from the intersection on Route 135 past the Morse Institute Library.

“This is important,” Shapiro went on, a passing car beeping in support of the protest. Its horn repeated as steady and insistent as morse code. “This is not OK. We need a leader who brings us together and serves the people.”



Shapiro’s daughter Elena Crisp punctuated her mother’s sentiments with single-word statements. “Tryanny. Authoritarianism. Cruelty. ICE raids,” quipped Crisp, also a Natick resident.

“No kings! No crowns!” shouted a nearby protester, trying to jumpstart a group chant within the crowd.

Traversing two crosswalks brought one to the Natick Common, where the bulk of protesters were gathered. Varied tones of car horns could be heard at all points of the busy intersection, motorists pressing on steering wheels in support of protesters’ signs and sentiments.

“There’s too many things to list,” said Natick resident Julie Gordon, taking shelter from the din and drizzle inside the roof

and walls of Natick Common’s bus stop. She was in awe of the crowd size that, despite the weather, had turned out.

“We never thought this many people would show up,” said Gordon, who’d earlier attended a larger “No Kings” event in Boston. “And they’re still coming out for democracy.” She cited her support of First Amendment rights, science, and immigrants as reasons for attending the rally.

“I mean, you just name it.”

Joining us in the refuge of the bus stop, Erica Ball related some personal history to shine a light on her reasons for attending the event. Now 88, she was Natick’s first female member elected to the town’s Select Board in 1975.

Ball told of her luck in escaping the Holocaust as a child



during World War II, when her family fled Austria in the late 1930s. She cited the presence of the U.S. Marines on American streets as cause for alarm and action.

“This is against every law we have in the Constitution,” said Ball. “I need to be here,” she added, gesturing to her fellow rallygoers on the Natick Common. “This is my home.”

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Natick Resident Paul Waber Named Volunteer of the Year at The Greater Boston Food Bank's GBFB Awards

Paul Waber awarded for impactful volunteering; GBFB unveils Wall of Fame

On June 12, The Greater Boston Food Bank (GBFB), the largest hunger-relief organization in New England, honored the individuals and organizations that demonstrated extraordinary leadership in supporting GBFB's hunger-relief efforts throughout 2024 at its new GBFB Awards event, held at GBFB's Yawkey Distribution Center in Boston. Awardees represent those who partnered with GBFB to advance its mission to end hunger here through food donations, volunteerism, advocacy, philanthropic support, and agency partnerships, empowering the 1 in 3 Massachusetts residents facing food insecurity in Eastern Massachusetts to access nutritious meals.

As a part of this year's celebra-

tion, GBFB honored Paul Weber with the Volunteer of the Year Award, which recognizes an individual or company that has made a significant impact on the Food Bank through dedicated and loyal volunteering. A retired math teacher and Natick resident, Paul has been volunteering since 2018 and has contributed over 430 hours of service.

Known for his positivity, flexibility, and strong sense of teamwork, Paul is a trusted member of GBFB's volunteer community. He frequently helps train new volunteers and readily adapts to new tasks.

"It was totally unexpected that I received recognition for doing something that I think everyone should be doing," said Waber. "I believe that it is important to give back to the community and I can't think of a better way than to help provide food for those in need by volunteering at GBFB. I want to thank the staff at GBFB for this honor, and I won't rest on my laurels."



Formerly known as the Partner Appreciation Awards, the event marked the evolution of a two-decade tradition that started in 2003, which now reflects the broader, cross-sector efforts fueling hunger relief across Eastern Massachusetts. The event spotlighted six individuals and

organizations selected from GBFB's network of food distribution partners, volunteers, public officials, donors and advocates who have shown dedication to mitigating the food insecurity crisis and providing wide-ranging contributions to support hunger relief efforts in Eastern Massachusetts.

"Every person and organization we honored this year has made a lasting impact on our collective duty to empower everyone with access to healthy food," said GBFB President and CEO Catherine D'Amato. "In a time when millions of our neighbors are finding it harder than ever to make ends meet, these outstanding partners remind us that hunger-relief can take many forms. Whether through advocacy, volunteerism, or strategic

support, these champions step up to meet the moment with action and compassion."

GBFB also celebrated the Framingham-based United Way of Tri-County (UWTC), the recipient of last year's GBFB Transformational Community Investment Grant. Over three years, GBFB has committed \$500,000 to fund capacity-building enhancements that will increase UWTC's ability to serve more clients, distribute more food, and assist communities in need by launching a mobile food pantry, purchasing vehicles for food distribution, and acquire additional equipment and supplies for its food pantry and hot meals programs.

The celebration also spotlighted the 2024 Change Maker Award honorees (previously announced in November 2024), Wellesley Girl Scout Troup 64049, who graciously donated their cookie sales profits to GBFB, as well as the 2024 GBFB Team Members of the Quarter for their dedication to driving GBFB's mission of hunger relief forward.

The evening event was concluded by GBFB unveiling its new Wall of Fame, recognizing over 40 of GBFB's top corporate philanthropic donors by displaying their logos on the wall of the Yawkey Distribution Center's main gathering place, where the event was held.

Food insecurity remains an enduring and widespread challenge

VOLUNTEER

continued on page 6

localtownpages

Published Monthly
Mailed FREE to the
Community of Natick
Circulation: 16,442
households & businesses

Publisher
Chuck Tashjian

Editorial
Susan Manning

Send Editorial to:
editor@naticktownnews.com

Advertising Sales
Susanne Odell Farber
508-954-8148
sue@sodellconsult.com

Advertising Director
Jen Schofield
508-570-6544
jenschofield@localtownpages.com

Creative Design & Layout
Michelle McSherry
Kim Vasseur
Wendy Watkins

Ad Deadline is the
15th of each month.

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SOUR GRAPES by Tim Jones

Panel 1: A dog says, "WE'VE BEEN THROUGH A LOT TOGETHER AND YOU'VE ALWAYS BEEN THERE FOR ME, OMINOUS." A cloud with a blue collar and yellow spots is nearby.

Panel 2: The dog says, "THROUGH THE GOOD TIMES AND BAD, YOU'VE BEEN THE BEST PET A DOG COULD EVER WANT. IT'S HARD FOR ME TO SAY, BUT SOMEHOW, I FEEL LIKE YOU'RE SOMEONE I CAN LOOK UP TO..."

Panel 3: The dog is sitting in a puddle of water, saying, "FIGURATIVELY SPEAKING, OF COURSE." The cloud is raining on it.

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The Short Term Rental Report

The Master Key: Why Team Culture Is the Hidden Engine of Vacation Rental Success



Dave Menapace, President

In the fast-paced world of vacation rentals, most owners and operators obsess over the usual suspects: occupancy rates, dynamic pricing, and five-star reviews. But quietly powering those metrics is something less talked about and far more powerful: team culture.

Yes, spreadsheets matter. Tech platforms help. But behind every glowing review and perfectly prepped property is a team. And the way that team functions—how they communicate, solve problems, and support each other—can make or break the entire guest experience.

The 1-3-1 Rule: Building a Culture of Problem Solvers

One effective way successful vacation rental operators build empowered teams is through structured decision-making systems like the “1-3-1 Rule.” Instead of handing over problems for someone else to solve, team members come prepared:

- 1 problem
- 3 potential solutions
- 1 recommended course of action

It’s a simple structure, but it transforms the team dynamic from passive to proactive. It reduces decision fatigue, builds trust, and turns every challenge into an opportunity to lead.

Assume Good Intent (Yes, Really)

Vacation rentals are a 24/7 business. Things will go wrong. A faucet leaks. A guest shows up early. Someone loads the dishwasher incorrectly. In these moments, the reflexive response is often blame. But progressive teams use a different approach: assume good intent.

When team members believe their coworkers are trying their best, feedback becomes collaborative rather than critical. That psychological safety creates space for creativity, faster problem resolution, and an overall better work

environment. This is something that guests can sense the moment they walk through the door.

Invite Your Team to Build the System

Here’s a hard truth: most standard operating procedures in this industry are written from the top down. But the best ideas often come from the people in the trenches. Cleaning crews, guest communication teams, maintenance techs — these are the folks who spot patterns and inefficiencies first.

Great operators treat their team as co-architects. They invite feedback, reward innovation, and empower everyone to help shape the systems they’re part of. Not only does this lead to better operations, it leads to stronger buy-in and team longevity.

Culture Is Contagious

When a team truly enjoys working together, it radiates. Guests pick up on it. Homeowners feel it. And the reviews start writing themselves. It’s not magic. It’s just the natural outcome of a thoughtful internal culture.

So if you’re a vacation rental owner or manager looking to grow, start by looking inward. Not at your calendar or revenue dashboard, but at your team. Because the real five-star experience doesn’t start at check-in.

It starts on Monday morning. Dave Menapace, President The 5 Star Co-Host, LLC 5strcohost.com

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Bacon Free Library Programs July 2025

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Closed on Saturdays in July & August Check our website for the most up-to-date information and to register for programs: <https://baconfreelibrary.org>

Children's Programs

All Together Preschool Storytime -- Mondays and Tuesdays @ 10am -- Join us for stories and songs! We'll be outdoors, weather permitting. Bring along a blanket to get comfy.

Note: if the weather is wet or below 55 degrees, we'll move this storytime indoors. The historic nature of our building limits accessibility. This program is also offered in an accessible location at the Morse Institute Library (check their website for dates, times, and more information).

Baby Time -- Wednesdays @ 10am -- Stories, bounces, and songs for babies 0-24 months and their grownups! This program is held indoors. The historic nature

of our building limits accessibility. This program is also offered in an accessible location at the Morse Institute Library (check their website for dates, times, and more information).

Jammin with You -- Fridays, July 18th & 25th @ 10:30am -- Be prepared to laugh, dance, sing, and jam your way through 30 minutes of non-stop family fun! We'll be outdoors, weather permitting. Bring along a blanket to get comfy. Note: if the weather is wet, this program will be rescheduled.

The Poop Museum! -- Friday, July 11th @10:30am -- At the Poop Museum, Susie Maguire will teach us many fantastic, fabulous, and fun facts about human, animal, and insect poop. Science meets silliness in this program geared toward ages 5-10. Outdoors at the BFL. If it rains, the program will move indoors to the Morse Institute Library.

Goats & Giggles -- Monday, July 14th @11am -- Play and cuddle with some curious and

friendly baby goats outside on the library lawn! The Farmer's Helpers program from Chip-in Farm will be bringing their goats to the BFL for a visit. All ages are welcome. Please note that participants may be required to wait in line, as the number of people interacting with the goats at a time will be limited for the animals' comfort and safety. We'll provide coloring pages and some farm-themed books to browse while waiting.

Adult Programs

"Heal the Beasts -- A Jaunt through the Curious History of the Veterinary Arts" with author and veterinarian Philipp Schott --- Virtual program, Monday, July 7th @ 7pm on Zoom -- This history of veterinary medicine provides an abundance of bizarre, funny, surprising, and heartwarming anecdotes. Heal the Beasts chronicles human efforts to treat animal illnesses from 14,000 BCE to today. Register for the Zoom link.

In Conversation with Ro-

mance Author Rachel Reid -- Virtual program, Weds, July 9th @ 7pm on Zoom -- Do you love sports romances? Are you intrigued by the behind-the-scenes of this romance sub-genre? Well then, join us for a virtual conversation with Rachel Reid, Canadian author and hockey fan who explains "I like to write cute smut about hockey players and other people." Rachel has been dubbed "the queen of M/M hockey romance" by Ashland Public Library's romance book club (this is a dedicated crew who knows this genre well!). Listen in on the conversation with Rachel that is bound to be revealing. Registration for the Zoom link.

Drop-In Plein Air Art Studio -- Mondays, July 14th & 28th @1:30pm at the BFL -- Join Natick landscape artist Barbara Levine for drop-in plein air painting on the grounds of the Bacon Free Library. All levels of painters, and all mediums are welcome. Supplies will not be provided, so please bring your own equipment including. Barbara will be on hand to offer suggestions during this weekly 2-hour program. Come to as many sessions as you like and please arrive by 1:30pm in order to have time to set up. Please register for the

LIBRARY

continued on page 8

VOLUNTEER

continued from page 4

in Massachusetts. The latest installment of GBFB's annual study on food insecurity and access in Massachusetts, set to be released in full on June 17, estimates that 1 in 3 adults in the Commonwealth continue to struggle with food insecurity and the total number of food-insecure individuals continues to steadily increase.

For a full list of GBFB Award winners, visit <https://www.gbfb.org/news/press-releases/gbfb-celebrated-hunger-relief-champions-gbfb-awards/>.

About The Greater Boston Food Bank:

The Greater Boston Food Bank (GBFB) is the largest hunger-relief organization in New England and one of the largest food banks in the country. For nearly half a century, GBFB

has fueled Eastern Massachusetts' hunger-relief system, putting nearly 90 million healthy meals on tables across the region each year. Over 600 community-based pantries and other local partners in 190 cities and towns depend on GBFB to provide access to healthy food for 600,000 people every month. GBFB is committed to the belief that access to healthy food is a human right regardless of an individual's circumstances. Through policy, partnerships, and providing free, nutritious, and culturally responsive food, GBFB is committed to addressing the root causes of food insecurity while promoting racial, gender and economic equity in food access. Together, we have the power to end hunger here. For more information and to help us help others, visit us at GBFB.org, follow us on Facebook, Twitter (@gr8bosfoodbank) and Instagram, or call us at 617.427.5200.



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The Importance of Setting Strong Financial Goals



Gary Shilman, Financial Advisor

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There's a quote about the importance of setting goals that says, "If you don't know where you're going, any path will take you there." You probably have dreams about retirement, vacations, hobbies and more. But if you don't have a strategy with financial goals in place, you may not make the choices that can best set you on the path to achieve those dreams.

Setting goals helps define and showcase your purpose, passions and priorities. And establishing your own strong financial goals can help you earn and enjoy a wide variety of short- and long-term achievements throughout your life. When you reach your financial goals, you can feel a sense of accomplishment in seeing your efforts literally pay off. But how do you get started?

Prioritize your needs and wants. Think about the things that are most important to you and then outline them as financial "must-haves" and "wish-list" targets. Start with the big-ticket items and work through to ideas that may not cost as much. A must-have for many people is having enough to live comfortably through retirement. Being able to afford the college of your child's choice, without incurring mounds of debt, is another. Your wish list, on the other hand, may include things like saving for vacations, hobbies or entertainment expenses.

Create detailed short- and long-term goals within your financial strategy. It's important to be specific about the goals you want to achieve and how much you'll need to achieve them. One way to do this is by making your goals measurable. Assign estimated dates and costs to each goal so you can plan how much to save and how much time you have before you need the money. For example, for your retirement goal, be specific about how many years before you want to retire. And once you do, how you plan to spend your time — perhaps traveling the world, turning your hobby into a business or taking your grandkids on outings. These can have vastly different price tags.

Be willing to compromise. Reaching one, or more, of your goals may mean compromising. If your must-have is building your dream home but it's not looking quite affordable, you

may need to make a trade-off — build it a bit smaller, work a year or two longer or trade in some of your wish-list goals so you can stay focused on your must-haves.

Hold yourself accountable to stay on track. Once your strategy is in place, it's not a set-and-forget exercise. Actively tracking your progress and managing your decisions and actions can help you be better positioned to reach your goals. Use time-tested principles for making financial decisions, not predictions. Diversify, own quality investments and keep a realistic perspective, especially for your long-term goals. Maintain your focus and don't let your emotions control your investment decisions. It can be helpful to meet with a financial advisor at least annually to review your full financial strategy, address any changes in your life or your goals, and discuss your progress and new ideas.

As you achieve certain milestones, celebrate them. You may even want to refresh your outlook with new goals. Take pride in your ability to strategize and accomplish a personal financial goal for yourself by following the path you envisioned and created.

Contact Gary Shilman to discuss your financial needs, wants, and wishes.

Gary Shilman
Financial Advisor Edward Jones
348 Washington Street
Wellesley Hills, MA 02481
781-694-8138
Gary.Shilman@edwardjones.com

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continued from page 6

sessions you will be attending, so that we have an idea of how many artists to expect each week and so we may contact you if the program is canceled due to inclement weather. This program is for adults only. Register on our website.

“Captain Kidd: A True Story of Treasure and Betrayal” with Author Samuel Marquis -- Virtual program, Monday, July 14 @

7pm on Zoom -- We are excited to chat with author Samuel Marquis about his most recent book, Captain Kidd: A True Story of Treasure and Betrayal, which is both thrilling and tragic. Behind the legend is a real man woven into the tapestry of early America, rendering him a unique colonial hero and scapegoat whose life story was fascinating, exciting, bizarre, and heartrending. Doesn't that sound fascinating? We hope you can join us! Register for the Zoom link.

Gardening and Water Conser-

vation -- Virtual program, Thursday, July 17th @ 6pm on Zoom -- As the summer heats up, how do you keep your garden well hydrated without wasting water? The experts at Blackstone Valley Veggie Gardens are here to show you how. In this virtual program they'll explain several techniques to hydrate your garden to manage droughts and/or dry, summer conditions. Register for the Zoom link.

The Wisdom of Morrie with Author (and son) Rob Schwartz -- Virtual program, Monday, July

21st @ 7pm on Zoom -- For 30 years, Morrie Schwartz's wisdom has resonated with people around the world largely due to the beloved, best-selling memoir, Tuesdays with Morrie by Mitch Albom. Now we have the opportunity to speak with Morrie's son, Rob Schwartz, about the book The Wisdom of Morrie. Written by Morrie himself and edited by Rob, The Wisdom of Morrie: Living and Aging Creatively and Joyfully is a profound and beautiful book by Morrie from a previously unpublished manuscript. Its theme is how to experience aging as a positive, creative, and connected experience. Morrie taught people how to live fulfilling lives with love. "It is by facing fears of death that we learn how to live." Rob has got some great stories about his dad and the profound impact Morrie had on his family and the world. Register for the Zoom link.

Q&A with Historical Fiction Author Camille Di Maio -- Virtual program, Weds, July 23rd @ 7pm on Zoom -- We will be chatting with bestselling author Camille Di Maio. Camille's work, including The Memory of Us and Until We Meet, is described as "historical fiction with heart." Her most recent book, Come Fly With Me, is set in 1962 at the dawn of the jet-set era: hope takes flight for two Pan Am stewardesses navigating an adventurous new life in this novel about love, friendship, and escape. Register for the Zoom link.

"Dinner with King Tut" Author Sam Kean -- Virtual pro-

gram, Monday, July 28th @ 7pm on Zoom -- This one is for our history buffs out there! Join author Sam Kean as he discusses his book, Dinner with King Tut: How Rogue Archaeologists Are Recreating the Sights, Sounds, Smells, and Tastes of Lost Civilizations, an archaeological romp through the entire history of humankind—and through all five senses—from tropical Polynesian islands to forbidding arctic ice floes, and everywhere in between. We hope you can join us for this fascinating talk! Register for the Zoom link.

Adult Book & Film Clubs - registration required for all clubs; please visit our website for details <https://baconfreelibrary.org/clubs-programs/>

Mystery Book Club -- Thursday, July 10th @ 1pm on Zoom

Tuesday Book Club -- Tuesday, July 22nd @ 6:30pm at the library

Nonfiction Book Club -- Saturday, July 26th @ 10am on Zoom

Cinephile Mondays -- last Monday of the month @ 4pm on Zoom; watch and discuss films. Check the BFL website for the film of the month and to register.

Museum Passes
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Glenn Brown, CFP

July is National Sandwich Generation Month, celebrating a generation of people sandwiched between caring for their young children and aging parents at the same time.

I'm a Sandwicher, as are approximately 15% of Americans between ages 40-60 who face the challenges of planning, communicating and executing for 3 generations at once.

After 60 years in their New Hampshire home, my parents were struggling with their health and finding it increasingly difficult to maintain their independence. The stress weighed heavily on my mother, as she was becoming a caregiver and daily living/house routines began to slide. My wife, our daughters (then 5 & 3) and I lived comfortably in our Ashland home. The adults agreed on a Plan B supported by updated financial planning. Sell both homes, buy a new home for 3 generations and live as one household sharing in daily responsibilities.

The urgency was greater than anticipated and not without challenges since our move to Holliston, here's some antidotes for Sandwichers:

Once David Letterman had a frequent guest and favorite musician of his, Warren Zevon, on for an entire show. Zevon, who disclosed his terminal cancer, performed and interviewed throughout. Dave at one point asked, "Anything you know now, that I should know?" to which Zevon wittily deadpanned, "Enjoy every sandwich."

Those raising children and helping aging parents often feel rushed and are distracted thinking about what's next, overlooking the beauty of daily, mundane moments.

Small talks instead of "The Talk". Families don't like to think about declining health and elder care, let alone discuss it. I used single topics tied to a recent story about a friend, asking what they would do. I'd gain small agreements, then change the subject to continue building a framework for a mutual plan.

Bring in outside mediators. My aunt shared with my mom that time is not your friend. She emphasized the positives and encouraged to act now, rather than later, when fewer options are available. Additionally, we consulted with an elder care attorney on understanding MA Health options, current trusts, POAs and proxies before making the move.

Define their plans for wellness. Far too often, adult children tip-toe around aging conversations with parents for fear it may come across as morbid or worse, inheritance focus. These conversations need to focus on their future ideas of wellness. What is it they foresee

for a surviving spouse? When they can no longer remain independent? By having these talks when both parents are in good health, it defines their expectations and allows planning a foundation with greater flexibility.

Your spouse's support is critical. Very fortunate to have a spouse that pushed me to see the positives and embraces bringing family in as "you'd want your daughters to treat you the same someday".

Through the eyes of a child. It's not all about you, the girls show the love and benefits of learning by being around grandma and grandpa. And vice versa, as health and activity improved due to the energy and motivation brought daily by our girls.

Sometimes timing is everything. I couldn't imagine the anxiety and ill-advised actions my parents would have faced on their own since fall of 2018. Nor would I have wanted to see my mom on her own this past year

and moving forward.

Your parents sacrificed many things to make sure you had it better, including concealing issues to not worry you. Be open with communication and embrace change, the best ways to prevent costly unintended consequences and ensure positive lasting memories.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

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34 Local Firefighters Graduate from Firefighting Academy

Natick Recruit Recognized as Outstanding Student

State Fire Marshal Jon M. Davine and Massachusetts Firefighting Academy leadership today announced the graduation of 34 firefighters from the 50-day Career Recruit Firefighting Training Program.

“Massachusetts firefighters are on the frontlines protecting their communities every day, and today’s graduates are needed now more than ever,” said State Fire Marshal Davine. “The hundreds of hours of foundational training they’ve received will provide them with the physical, mental, and

technical skills to perform their jobs effectively and safely.”

“Massachusetts Firefighting Academy instructors draw on decades of experience in the fire service to train new recruits,” said Massachusetts Firefighting Academy Deputy Director Dennis A. Ball. “Through consistent classroom instruction and practical exercises, today’s graduates have developed the tools they’ll need to work seamlessly with veteran firefighters in their home departments and in neighboring communities as mutual aid.”



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The graduating firefighters of Class #330 represent the fire departments of Acton, Falmouth, Gardner, Haverhill, Lynnfield, Mansfield, Medway, Middleborough, Natick, Norwell, Provincetown, Salem, Waltham, Wayland, and Wellfleet.

The Richard N. Bangs Outstanding Student Award, which is presented to one recruit in each graduating career recruit training class, was presented to Firefighter Noah Brush of the Natick Fire Department. The award is named for the longtime chair of the Massachusetts Fire Training Council and reflects the recruit’s academic and practical skills, testing, and evaluations over the course of the 10-week program.

The MFA provides recruit and in-service training for career, call, and volunteer firefighters at every level of experience, from recruit to chief officer, at campuses in Stow, Springfield, and Bridgewater.

At the Massachusetts Firefighting Academy, recruits learn all these skills and more, including the latest science of fire behavior and suppression tactics, from certified fire instructors. They also receive training in public fire education, hazardous material incident mitigation, flammable liquids, stress management, and self-rescue techniques. The intensive, 10-week program involves classroom instruction, physical fitness training, firefighter skills training, and live firefighting practice.

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Annual St. Mary's Benefit Car Show & Community Event to be held Sept. 6

Sponsored by Knights of Columbus Council #1562

The Knights of Columbus Council #1562 of St. Mary's Parish is thrilled to announce the return of the Annual Car Show & Community Event on Sat., Sept. 6 from 10 a.m. to 2 p.m. at Uxbridge High School, 300 Quaker Highway, Uxbridge. Registration begins at 8:30 a.m.

This community event promises a day filled with classic and custom cars, family-friendly activities, local vendors, music, food, raffles, and more, all in support of local charitable initiatives.

Get Involved, support a worthy cause. Knights of Columbus Council #1562 has proudly served Uxbridge and surrounding communities for generations, promoting faith, family, and service. Proceeds from the Car Show and Family Fun Day will support local charities, and Knights' programs that assist those in need.

Ways to participate:
• Event sponsorships: Gain exposure for your business or organization. Sponsorships include signage, online recognition, and booth space options.

• Vendor tables: Local artisans, businesses, and community groups are invited to reserve space to sell or promote their goods and services. Limited spaces available.

• Donations welcome: We gratefully accept raffle items, gift cards, services, or monetary donations to support our mission and event expenses.

• Attend the event: Join us for a fun-filled day! Mark your calendar for Sept. 6, 2025

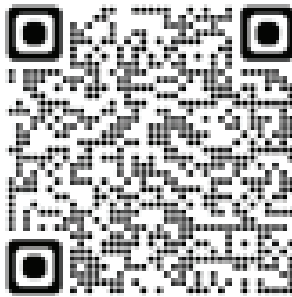
Event highlights:
• Display of classic, muscle, and antique cars, trucks & motorcycles

• Family-friendly activities, games, and kids' entertainment

- Food trucks, refreshments, and local treats
- DJ music, raffles, and a 50/50 drawing

For more information, visit bit.ly/StMarysUxbridgeCarShow2025.

Be a part of something bigger. Help us build a stronger community—one good deed at a time. To become a sponsor, reserve a vendor table, or contribute a donation, please contact Phil Cieply at 508-509-8870 or pcieply@msn.com, or Jeff Richard at 508-475-8950 or jlfad5@verizon.net.



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State Fire Marshal Highlights Summer Fire Safety

Grilling, Gasoline, and Smoking Among Outdoor Fire Hazards

STOW—As Massachusetts approaches Memorial Day weekend and the unofficial start of summer, State Fire Marshal Jon M. Davine is asking residents to practice outdoor fire safety in the weeks and months ahead.

“As the weather gets warmer

and we start spending more time outside, outdoor fires also start to increase,” State Fire Marshal Davine said. “Unfortunately, many of these fires cause serious injuries and property damage – but almost all of them can be prevented.”

Grilling Safety

About two-thirds of grilling fires in Massachusetts occur between May and August. About 75% take place on residential properties – most often one- and two-family homes. Memorial Day is a leading day for cookouts with family and friends, so stay safe when using your gas or charcoal grill:

- Always grill outdoors, never inside.
- A burning grill should always be attended by an adult.
- Never use a gas or charcoal grill on a porch, balcony, or fire escape.
- Place grills at least 10 feet away from buildings and deck railings. Make sure grills are not under eaves or overhanging branches.
- Gas grills may be used on first floor decks or patios only if there is an outdoor stairway to the ground, or it is at ground level.
- Always keep matches, lighters, and lighter fluid away from children.
- Create a three-foot “circle of safety” around grills. Keep children and pets at least three feet away on all sides.

when you’re done cooking.

If using a charcoal grill, only use charcoal starter fluid. Do not use gasoline or kerosene to start a fire in a grill, and never add any flammable liquid to burning briquettes or hot coals. Allow the coals to burn out completely and then cool for 48 hours before disposal. If you must dispose of ashes before they are completely cooled, thoroughly soak them in water before putting them in a metal container.

Fire Pits and Chimineas

Outdoor burning is prohibited in Massachusetts from May 1 to January 15. While regulations allow exceptions for fires that are used for cooking, local fire chiefs and municipalities may prohibit or impose additional restrictions on these fires, including the use of fire pits and chimineas. Even where allowed, an adult must always be present with the tools necessary to extinguish such a fire immediately because of the inherent risk. Brush and structure fires in Agawam, Florida, Goshen, and Haverhill in recent weeks all started with fire pits that were unattended or improperly used. Any burning that creates a nuisance, a condition of air pollution, or hazard to others is always prohibited.

When using a gas grill, open the lid before you light it to avoid the ignition of built-up propane. If you smell gas while cooking, turn off the grill, move away, and call 9-1-1 from a safe location. Do not move the grill. Always turn off the burners and close the propane cylinder



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Gasoline Safety

Serious gasoline-related burns peak in the summer months, with about 40% reported from June through August. Always be cautious when using gasoline, especially in the area of any heat source:

- Gasoline should only be used as fuel for an engine, not as a solvent.
- Never use gasoline to start a fire or add it to any fire.
- Store gasoline only outside the home, such as in a locked shed, and always in an approved container. Never store gasoline in the home or basement.
- Refuel lawnmowers, leaf blowers, mopeds, and other devices only when the engine is cool. Never refill

SAFETY

continued on page 13

SAFETY

continued from page 12

while it is hot.

- Keep gasoline away from all heat sources, such as smoking materials, campfires, and grills.

Smoking Safety

Smoking materials have been the leading cause of fire deaths in Massachusetts for decades, and carelessly discarded cigarette butts are a common factor in structure fires that start on porches and nearby dry vegetation. Mulch is especially prone to combustion caused by careless smoking. Smoking fires are particularly dangerous because they may smolder undetected and then erupt into flames that grow rapidly. A fire that starts on a porch, balcony, or exterior stairway can extend to the home before smoke alarms inside detect them and alert you to the danger.

“If you still smoke, or if you have guests who do, please do it responsibly,” said State Fire Marshal Davine. “Always use a deep, sturdy ashtray or a can with sand or water. Don’t toss smoking materials into the mulch, leaves, grass, or planters, and don’t stub them out on the porch railing or stairs. Remember to put it out, all the way, every time.”

Brush and Wildland Fire Safety

Almost all outdoor fires are caused by human behavior. In the warm, dry weather expected Sunday and Monday, these fires may spread to dangerous sizes quickly and require numerous firefighting resources to contain and extinguish. And because about 50% of Massachusetts homes are in

Wildland-Urban Interface or Intermix zones, outdoor fires can easily threaten people and property.

- Practice fire safety with grills, flammable liquids, smoking materials, and power equipment.
- Before setting up a campfire, be sure it is permitted by checking with the local fire department.
- Clear away dry leaves and sticks and overhanging low branches and shrubs.
- Keep campfires small so they are easier to control and attend to them at all times.
- Always have a hose, bucket of water, or shovel and dirt or sand nearby to put out the fire.
- Make sure your campfire is out cold before leaving.
- If using an ATV, dirt bike, or other off-road vehicle, be sure the spark arrestor is properly installed, as required by Massachusetts law.
- Don’t park a vehicle or power equipment such as a lawnmower on or near dry vegetation. A hot engine or exhaust can ignite dry grass, leaves, or debris.

“We saw last fall just how quickly brush and wildland fires can grow to sizes that require a large response by local and regional fire departments,” said State Fire Marshal Davine. “These fires strain our resources and make it harder to respond to other emergencies. If you see an outdoor fire, please call 9-1-1 to report it as soon as possible.”



Thanks To Yanks Donates To Clear Path

Pictured L-R is William Johnston of Clear Path for veterans, a nonprofit that offers programs and services that empowers veterans, and Michael Shain of Thanks To Yanks, a local charity that serves those who serve our nation. Due to the generosity of others, Thanks To Yanks was able to donate Girl Scout cookies to Clear Path, these cookies will be given to local veterans, for more information on Thanks To Yanks, please like them on Facebook.

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Adults
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Sports

Edozien's Track Success Needs To Be In The Spotlight

Natick Native Set 8 Records As A Junior

By KEN HAMWEY
STAFF SPORTS WRITER

Natick High's Emmi Edozien was one of the best kept secrets during the 2024-25 school sports campaign in the Metrowest area.

The 16-year-old Edozien, who'll be a senior this fall, will be competing again for the Redhawks' indoor and outdoor track squads. And, if her results are anything like her junior-year achievements, then both of Natick's girls teams will benefit in a major way.

A native of Natick, Edozien set eight records — two at the state level and the other six were school records. She was chosen to four all-star teams, was a league MVP, and at the conclusion of the indoor season she was selected as the female Athlete of the Year by the Mass. State Track Coaches Association.

Her time of 7.96 seconds in the 55-meter hurdles was an indoor state and school record. Her other indoor records are 19 feet, 4 inches in the long jump and a time of 8.62 seconds in the 60-meter hurdles.

She also set outdoor records in the 100-meter hurdles, the long jump, and the 100-meter run. She holds the state and school record in the 100-meter hurdles (13.57 seconds), and school records in the long jump (19 feet, 5¾ inches) and the 100-meter run (12.12 seconds).

Her record-setting numbers

and accolades may not have been highly publicized but they didn't go unnoticed at the University of Pennsylvania or Villanova, two colleges that have rich track-and-field traditions. The 5-foot-6 honor-roll student also has about a dozen other Division 1 schools in pursuit of her talent.

"I visited U-Penn and Villanova," Edozien noted. "Penn is high on my list and Villanova is also high up. I'll probably decide on a school in October or November. There's still some homework to do and some questions to be answered."

Edozien hasn't decided on her college major yet but she's interested in criminal justice, aviation and sports management.

Kathy Fleming, the Redhawks' indoor and outdoor coach, has no doubts about Edozien's future. "She will absolutely be a top-notch competitor in college," Fleming emphasized. "As a junior, she was heavily recruited by many Division 1 colleges."

The goals Edozien has set for her senior year are lofty but she's a highly motivated athlete.

"I want to win the 55-meter hurdles event again at the state level," she said. "And, I want to win the New England Championship in both the hurdles and long jump. As a junior, I was second in both events. And, I want to place in the New Balance Nationals in the 60-meter hurdles. I was 16th as a junior but to place I will need to finish 1-8."

Two attributes that make

Edozien outstanding are her speed and her skills. But, there's more, much more.

"What makes Emmi special are her high track IQ, her

wouldn't have to put as much pressure on my wrist," she said. "I chose the hurdles and long jump. The long jump involves lots of athleticism and, like gymnastics,



Emmi Edozien, winning in the 100-meter hurdles at the Division 1 State Meet at Tufts University, helped Natick High capture a second-place finish.

mental and physical toughness, her coachable nature and her goal-oriented approach to track," Fleming offered. "She's a student of the sport, she's willing to work on any weaknesses, she listens and responds, and she strives for achievement."

Edozien began competing in track in the spring of her freshman year. A gymnast first, she injured her wrist and needed surgery.

"I turned to track because I

your steps have to be accurate. In gymnastics, there's jumping and the hurdles involve less running and more jumping."

After two indoor seasons and three outdoors, Edozien can easily identify her best meet and her top thrill in track. They both occurred in her junior year.

"The Division 1 state meet was my best," she noted. "That's where I set the school and state record in the 55-meter hurdles. My 7.96 time became my personal best and my goal in that meet was to finish the event under 8 seconds."

The Athlete of the Year Award heads the list of memorable thrills. "I never knew about the award but when I was chosen by the state's track coaches, I was humbled and pleased to receive that honor," she said. "It was cool to win a statewide award and it was a testament to hard work."

Edozien's other honors include a four-time Bay State Conference all-star, a three-time Metrowest all-star, selection to the Boston Globe and Boston Herald's all-star teams, and selection as the

Bay State Conference's MVP for the indoor season.

An elite track competitor, Edozien credits her coach for her emergence. "Coach Fleming is approachable, easy to talk to and so knowledgeable about track," she said. "A good motivator, she modifies workouts to adjust to all the athletes' needs. She's a great coach."

Two teammates Edozien rates as top-notch competitors are Chloe Elder and Sydni Chandler. Elder, who'll be a senior, competes in the 200 and 400-meter runs, and Chandler, who graduated in June, competed in the triple jump, high jump, hurdles and pentathlon.

"They're both close friends," Edozien said. "Chloe is skilled in her events and Sydni was a terrific leader in her role as a captain."

As the summer moves along, Edozien will continue with an intense training regimen. She belongs to a club team, the Metro Cobras of Boston, and will work on her strength and conditioning at a workout facility in Norwood.

"I'm focused on club track through July and I'll be working on speed training and weightlifting in Norwood," Edozien said.

Calling her parents (Katrice and Victor) role models for their support and encouragement, Edozien also gets support from her sister Victoria.

Relying on a competitive philosophy of pushing herself to improve, Edozien says she's learned some valuable life lessons from track.

"I've learned to overcome adversity and to be resilient," she noted. "And, sports can help to make a competitor a strong leader and a quality teammate. Accepting responsibility and being accountable are also good life lessons that can be learned in athletics."

Emmi Edozien was a dynamic athlete as a junior — for her record-setting numbers and her accolades. She got some notice but she should have gotten more. She'll no doubt be in the spotlight as a Natick High senior and it's obvious that a track-savvy college or university will be eagerly awaiting her arrival.

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Natick Real Estate Market Update: Sellers Reign Supreme



John McHugh

REAL ESTATE INSIGHTS

Summer in Natick brings a unique blend of challenges and opportunities to the local real estate market. With families prioritizing moves during the summer to minimize school disruptions, the market tends to be moderate. Natick's proximity to Boston, excellent schools, and charming downtown area make it an attractive destination for families and professionals.

Current Market Conditions

Writing now in mid-June, the Natick real estate market is currently favoring sellers, driven by low inventory and high demand. With only 38 homes on the market compared to 63 accepted offers, buyers are competing for a limited number of properties. This imbalance is driving prices up and sales velocity to new heights. The market's competitive nature is evident in the high percentage of homes selling above asking price, with 52.1% of homes sold above asking price last month.

Key Statistics:

- **Inventory Crunch:** 38 homes currently on the market vs. 63 accepted offers
- **Lightning-Fast Sales:** 90% of homes sold in May 2025 accepted offers within 30 days, with an average of 15 days to offer (down 19.4% from last year)
- **Prices on the Rise:** Median home price surged to \$923,333, an 8.2% increase

from last year

- **Multiple Offers Abound:** 52.1% of homes sold above asking price last month

Tips for Buyers

To navigate this dynamic market, buyers should:

- Get pre-approved for a mortgage to understand their budget and negotiating power
- Research Natick's neighborhoods and schools to find the best fit for their needs
- Work with a knowledgeable real estate agent who can provide valuable insights into the local market
- Be prepared to act quickly and strategically, as the market moves at a fast pace

Tips for Sellers

Sellers can benefit from:

- Showcasing their home's best features, such as curb appeal and updated amenities
- Pricing competitively based

on market conditions and comparable sales

- Highlighting proximity to community events and activities, such as Natick's farmers' market and outdoor festivals
- Working with a skilled real estate agent who can help them navigate the market and attract potential buyers

Community Insights

Natick's community events, farmers' market, and outdoor festivals make it an attractive destination for families and professionals. Sellers can capitalize on this by highlighting their home's proximity to these amenities. Buyers, on the other hand, can consider the town's community spirit when evaluating potential homes.

What's Next?

Given the current trajectory, it's likely the market will continue to favor sellers, with prices potentially rising further due

to the inventory shortage. Buyers need to be prepared to act quickly and strategically, while sellers can expect faster transactions and higher sale prices. Working with a knowledgeable real estate agent can make all the difference in achieving your goals in Natick's vibrant market.

Staying informed and adaptable is key to success in this dynamic market. Keep up-to-date with the latest market trends and statistics: It's always good to know the fair market value of your home. Reach out now for a complimentary pricing and market analysis.

John McHugh has been a Senior Agent with Coldwell Banker for 24 years. He can be contacted at 978.902.5646 and JohnSellsNow@Gmail.com. Visit his website for home-buying/homeselling tips and to search all properties, John-McHughRealEstate.com

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Nina Sable advises on whether to demolish or cherish old houses

BY CHRISTIE VOGT
CONTRIBUTING WRITER



To preserve or tear down? That is the question real estate agent Nina Sable helps clients answer when they come across a compelling old or historic property. As with most transactions, there are pros and cons to each scenario.

“The benefits to preserving an old home are that you’re preserving history and keeping the integrity of the construction,” Sable says. “Many ‘older world’

details are more beautiful than newer designs.” Cost is another factor to consider, she says. “New construction,” Sable explains, “might cost a couple hundred thousand more than if you preserve an older home.” Sable also notes that there might be tax benefits to owning a historic property depending on its location and status.

In addition to their aesthetic charm, the floor plans of older houses are often appealing to buyers who work from home. “The floor plans of old homes include more nooks and cutouts, which people are finding a new appreciation for as they create home offices for their hybrid or remote work situations,” Sable

explains. “New homes, by comparison, tend to have more open floor plans that don’t allow for quiet, removed spaces.”

With complex preservation projects, Sable advises connecting with a specialist. “You don’t want to open up walls and find things you didn’t anticipate or mess with complicated plumbing or electrical elements. There are also ways to preserve a house so that it’s a more cost-efficient process,” she adds.

When preserving an older property, homeowners may also consider removing and reselling elements that don’t suit their tastes, she says. For example, remodeler John Moran, one of Sable’s clients, was able to resell an antique coal stove, breakfast nook and grinding wheel that were part of an 1878 property in Wayland.

The recently sold home was originally built by Levi Curtis as a rooming house for a shoe factory. The house’s foundation and exterior were in decent shape, making it a good candidate for



Originally Built in 1878, this Wayland Home was Renovated and Sold by Nina Sable in 2023.

preservation. Moran was able to “keep the integrity of the neighborhood,” Sable says, by maintaining the home’s aesthetic. “He did a really beautiful job. The outside of the home looks completely like the time period, while the inside is very contemporary.”

There are times, though, when it is wiser to enter demolition territory, Sable says. “When costs get bigger, and if the house is in really poor shape or structurally unsound, it makes more sense to tear it down,” she says. The decision may also make sense for someone who’s interested in the lot or the land but not the property.

As for sellers of old properties, Sable stresses that she specializes in selling houses that require maintenance or updates. “Sellers don’t have to fix it up to put it on the market because I have the experience and connections to move ‘as-is’ homes successfully,” Sable says. “I also want people to know they don’t have to worry about being judged for their less-than-perfect property. This is my specialty.”

For more information, contact Nina Sable at 508-733-8935, nina.sable@raveis.com or visit sablesellshomes.com.

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Real Estate Corner

Recent Natick Home Sales

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The 7-bed, 6-bath, 4,637-square-foot house at 52 N Main Street in Natick recently sold for \$2,170,000. Image credit: www.zillow.com

Date	Natick	Amount
06/13/2025	12 Cabot Street	\$945,000
06/13/2025	2 Appletree Lane	\$1,200,000
06/13/2025	6 Wedgewood Road	\$1,280,000
06/13/2025	154 Mill Street	\$1,580,000
06/13/2025	6 University Drive	\$775,000
06/13/2025	10 Nouvelle Way #T628	\$869,000
06/12/2025	0 Ridge Avenue	\$2,250,000
06/12/2025	63 Wellesley Road Ext.	\$1,150,000
06/10/2025	30 Silver Hill Lane #3	\$420,000
06/09/2025	52 N Main Street	\$2,170,000
06/06/2025	186 Woodland Street	\$1,230,000
06/06/2025	16 Hampton Road	\$850,000
06/06/2025	46 Silver Hill Lane #4	\$330,000
06/06/2025	22 Oakland Street #2	\$560,000
06/06/2025	93 E Central Street #5	\$745,000
06/05/2025	48 Washington Avenue	\$802,000
06/04/2025	22 Fiske Street	\$827,000
06/04/2025	20 South Avenue #108	\$810,000
06/04/2025	10 Craft Road	\$940,000
06/04/2025	7 Washington Street	\$890,000
06/02/2025	73 Bacon Street	\$1,620,000
06/02/2025	95 Eliot Street	\$1,700,000
05/30/2025	31 Pine Street	\$925,000
05/30/2025	5 Rolling Lane	\$1,660,000
05/30/2025	15 Village Hill Lane #1	\$325,000
05/30/2025	19 Village Rock Lane #1	\$350,000
05/30/2025	16 Lookout Farm Road	\$1,190,000
05/30/2025	194 E Central Street	\$800,000
05/29/2025	88 Park Avenue	\$900,000
05/29/2025	10 Nouvelle Way #S209	\$725,000
05/28/2025	62 Felch Road	\$660,000
05/28/2025	8 Appleton Road	\$2,200,000
05/28/2025	18 University Drive	\$750,000
05/28/2025	6 Indian Ridge Road	\$1,250,000
05/28/2025	11 Sassamon Road	\$2,010,000
05/28/2025	9 Morgan Drive #306	\$675,000
05/27/2025	1 Cider Mill Lane	\$2,500,000
05/23/2025	207 Glen Street	\$1,490,000
05/22/2025	6 Maine Avenue	\$750,000
05/22/2025	3 Chieftan Lane	\$2,000,000
05/22/2025	31 Fairway Circle	\$808,000
05/22/2025	93 E Central Street #14	\$725,000
05/22/2025	13 Morgan Drive #208	\$665,000
05/20/2025	25 Pond Street	\$1,650,000
05/19/2025	5 Barnesdale Road	\$950,000
05/16/2025	11 Silver Hill Lane #4	\$365,000
05/16/2025	8 Village Way #4	\$320,000
05/15/2025	52 North Avenue	\$975,000

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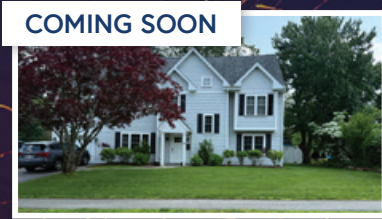
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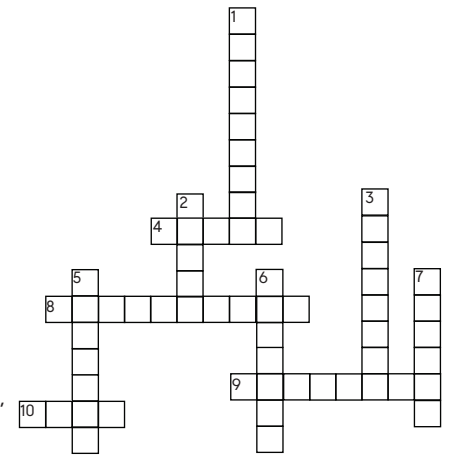
The Allain Group's July Crossword Puzzle

ACROSS

- The northern most New England state of _____ also shares a name with this avenue along Route 9.
- _____ isn't just the name of a President — it's also the name of two streets in Natick!
- Wilson Middle School families know _____ Street well!
- If 135 road work is getting you down, take _____ Street to Natick Center instead!

DOWN

- The name of a different President, you can find _____ Street just south of 135.
- _____ isn't just a tasty breakfast food — it's also a main street in Natick!
- Robin Hood fans might especially like _____ Street in West Natick.
- _____ isn't just for baseball fans of the A's — you might take this street on your way to Natick High School!
- _____ is the name of a 1998 film with Will Ferrell and Chris Kattan, but it's also a perfect side street in Natick Center!
- Our Tudor-style listing on the corner of _____ street is a definite Natick Center standout!



ANSWERS:
ACROSS - 4. MAINE 8. WASHINGTON 9. RUTLEDGE
DOWN - 1. JEFFERSON 2. BACON 3. SHERWOOD 5. OAKLAND 6. ROXBURY 7. TUCKER



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