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West Sacramento CONSTRUCTION CONTROL CONTROL

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JULY 11, **2025**

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Looking for Love A's Relationship Beginning to Take Hold



The A's relationship is starting to grow on local patrons. Stadium photo courtesy Sacramento River Cats

Story and photos by Seth Henderson

WEST SACRAMENTO, CA (MPG) - Never in the history of Major League Baseball has a major league team played in a minor league stadium for multiple seasons within a market that was neither their original or future home and void of a city name to anchor their fanbase.

This is the predicament the for-

themselves in as they call West Sacramento's Sutter Health Park home for the next three full MLB seasons and small businesses near the ballpark are looking to build relationships with the ball club, capitalizing on the increased exposure to the area.

Fro Davis, the owner of Tree House Café located at 630 3rd St. in West Sacramento, said the City of West Sacramento opened a lot of areas to park south of the French

Sal's Tacos (400 C St.), The Midway (330 3rd St.) and Tree House Café, three local small businesses near the ballpark.

"We want to see some love over here, but the issue is, we're not getting the pedestrian traffic," Davis

Drake's: The Barn, located at 985 Riverfront St. in West Sacramento, is part of Drake's Brewing Company, based out of San Leandro in the East Continued on page 3

mer Oakland Athletics have found restaurant Franquette, cutting off

Empower Yolo Announces Retirement of Executive Director

Lynnette Irlmeier Retires After 15 Years of Transformative Leadership

By Natalia Baltazar, Empower Yolo's Director of Development and **Community Relations**

- After an incredible

YOLO COUNTY, CA (MPG)

15-year journey marked by extraordinary growth and a profound impact on the community, Lynnette Irlmeier, Executive Director of Empower Yolo, and her husband Bill Irlmeier, Facilities Manager, have announced their retirement effective September 2025.

What began as a fiveyear commitment has flourished into a legacy of compassion, transformation, and growth, and unwavering dedication to ending abuse, and supporting survivors and vulnerable families.

"After many meaningful



Lynnette Irlmeier, Executive Director of Empower Yolo, and her husband Bill Irlmeier, Facilities Manager, have announced their retirement effective September 2025. Photo courtesy of Empower Yolo

years with Empower Yolo, Bill and I have made the decision to retire so we can spend more time with our families. It's a deeply personal choice, and while

the work remains incredibly important to us, we feel this is the right time to step back and allow new leadership to carry the agency forward," says Lynnette Irlmeier, Executive Director, Empower Yolo.

Irlmeier's strong leadership and steadfast dedication have been Continued on page 4

7 Workers Die in Esparto **Fireworks Explosion**

By Shamaya Sutton

YOLO COUNTY, CA (MPG) - An explosion at a fireworks facility in Esparto on July 1 destroyed a major stockpile of pyrotechnics and left seven people deceased, prompting widespread cancellations and changes to Fourth of July celebrations across Northern California.

The explosion occurred at a facility in Esparto used by Devastating Pyrotechnics, a company contracted to handle multiple fireworks shows across the state. The Yolo County Sheriff's Office confirmed on July 5 that the remains of all seven individuals had been located within the debris.

"We have a connection to that, and that connection is the seven people that are missing. Many of those are actually the men that put on our fireworks display for the last several years since we brought it back," said Yuba City Mayor Dave Shaw during a public address at the annual Yuba City Bike Parade on July 4. Shaw led a moment of silence and prayer for the victims before continuing with the local festivities on Friday morning.

Among the reported victims were three brothers—18-year-old Jesus Maneces Ramos, 22-yearold Johnny Ramos, and 28-year-old Joel "Junior" Melendez-who were working together at the facility when the blast occurred. Their deaths, confirmed by family members and reported by The San Francisco Chronicle and KCRA, have drawn widespread sympathy and support from the community.

Other victims identified include Carlos Javier Rodriguez, 41, and Angel Voller. Neil Lee, reported to be the general manager of Devastating Pyrotechnics, was also among those killed, according to KCRA. As of July 6, authorities confirmed that the remains of all seven missing individuals had been recovered. though two victims have yet to be publicly identified pending official DNA confirmation.

The facility, located at Continued on page 2



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Thompson Honors Andres Olmedo



Congressman Mike Thompson's American Dream Award honors immigrants who have excelled professionally in entrepreneurship and innovation, in the arts and culture, or in community service. Andres Olmedo is the 2025 American Dream Award recipient for Yolo County. Photo courtesy of the office of Congressman Mike Thompson

Congressman Mike Thompson News Release

YOLO COUNTY, CA (MPG) - Rep. Mike Thompson recognized Andres Olmedo as the 2025 American Dream Award recipient for Yolo County. Thompson presents the American Dream Award during Immigrant Heritage Month to residents of California's Fourth District who have come to the United States and made outstanding contributions to our communities.

"Immigrants are our neighbors and colleagues, soldiers and first responders, doctors and lawyers, farmers, entrepreneurs, teachers and so much more. Our nation would not be the powerhouse of the world without their contributions to our country's history, culture and economy. This is evidenced by Mr. Olmedo's work in our community.

"Mr. Olmedo is the perfect example of the American Dream, serving as a model teacher and effective soccer coach. His commitment to his students, players and our district is clear. I am honored to recognize Andres Olmedo as this year's Yolo County American Dream Award recipient," Thompson said.

Olmedo was born in Jocotepec, Mexico and moved to the U.S. in 1986. In 1998, Olmedo started his teaching career, instructing elementary, middle, and high school students in the Woodland Joint Unified District. Since then, he has served as an AP World Language Teacher, Girls Varsity Head Soccer Coach and Boys Junior Varsity Soccer Coach at Woodland High School. He is also the founder and head coach of

Woodland Community College Soccer and serves as a college advisor for Davis Legacy Soccer Club.

Olmedo has led his various soccer teams to local, regional, and state championships. Through his coaching, he has helped many student-athletes receive scholarships to play soccer at schools such as UCLA and Stanford. Even more impressive, under Mr. Olmedo's leadership, nine out of every ten of his AP World Language students have earned a high enough score on the rigorous AP Exam that qualifies them for college credit.

Congressman Mike Thompson's American Dream Award honors immigrants who have excelled professionally in entrepreneurship and innovation, in the arts and culture, or in community service.

The full list of 2025 American Dream Award recipients for California's Fourth District includes Edgar Ontiveros from Lake County, Cinthya Cisneros from Napa County, Riitta DeAnda from Solano County, Pemba Sherpa from Sonoma County and Olmedo from Yolo County.

Congressman Mike Thompson is proud to represent California's 4th Congressional District, which includes all or part of Lake, Napa, Solano, Sonoma and Yolo counties. He is a senior member of the House Committee on Ways and Means. Thompson is chairman of the House Gun Violence Prevention Task Force. He is also co-chair of the bipartisan, bicameral Congressional Wine Caucus and a member of the fiscally-responsible Blue Dog Coalition.

Yuba—Sutter Fireworks Show Rescheduled Following Tragic Explosion



An explosion occurred at a facility in Esparto used by Devastating Pyrotechnics, a company contracted to handle multiple fireworks shows across the state, and the Yolo County Sheriff's Office confirmed on July 5 that the remains of all seven missing individuals had been located within the debris. Photo courtesy of the Yolo County Sheriff's Office

Continued from page 1 27020 County Road 19A in rural Yolo County, has since come under scrutiny for lacking proper operating permits. According to a report by the San Francisco Chronicle published July 3, officials with the California State Fire Marshal's Office confirmed that no valid permits had been issued for the site. According to Yolo County officials, the five-acre parcel is privately owned by Sam Machado, a lieutenant with the Yolo County Sheriff's Office.

The land is zoned Agricultural Intensive (A-N) and had only been authorized for agricultural storage. Despite this, two pyrotechnics companies—Devastating Pyrotechnics and BlackStar Fireworks—were operating at the site without a required conditional use permit.

Among the personnel tied to these companies was Craig Cutright, the owner of BlackStar Fireworks and an

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employee of Devastating Pyrotechnics.

Additionally, Cutright served as a volunteer fire-fighter for the Esparto Fire Protection District but he has since been let go following the explosion. This involvement has prompted further questions on regulatory oversight and potential conflicts of interest. The cause of the explosion remains under investigation.

Several high-profile shows were canceled as a result of the explosion, including those in Lodi, Chico, Cloverdale, St. Helena, and the El Dorado County Fair's Family Blast. The Stockton 99 Speedway also scrapped its show. Organizers in San Jose confirmed that their events would continue with modifications, while Rancho Cordova's Fourth of July celebration remained unaffected.

In a separate decision, the Incline Village 2025 Fireworks Show on Lake Tahoe was canceled due to storm damage. In

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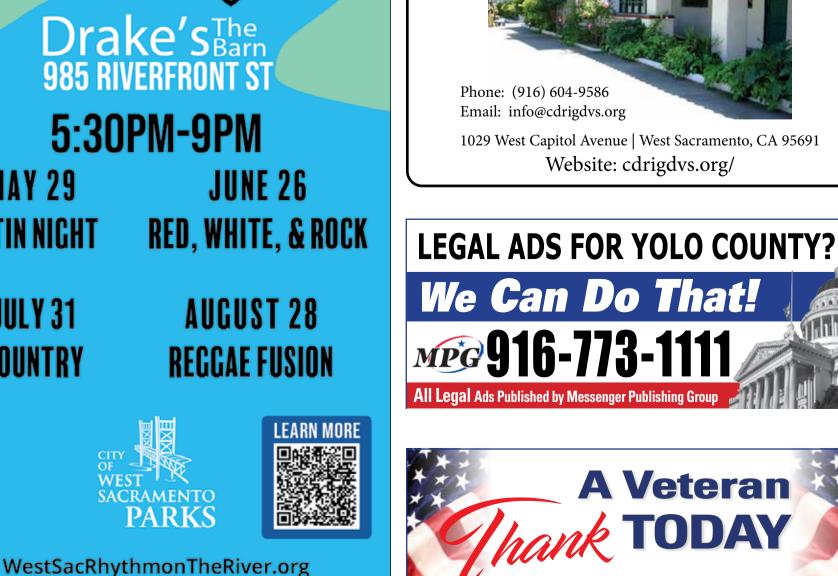
response to the tragedy, the cities of Marysville and Yuba City, along with Sutter County, issued a joint statement rescheduling the local fireworks event to July 5 and announcing a new provider, Pyro Spectaculars,

would take over the show.

Among the events affected was the Yuba—Sutter Fireworks Show, a regional tradition that draws thousands to Beckwourth Riverfront Park in Marysville. Originally scheduled for July 4, the show was postponed to Saturday, July 5, allowing organizers time to pivot to a new fireworks provider.

"This decision was made after thoughtful discussion and out of respect for those impacted by the explosion in Yolo County," the release stated. "Our hearts remain with the community of Esparto, the County of Yolo, those harmed, their families, and all those affected by this heartbreaking event."





Looking for Love: A's Relationship Beginning to Take Hold

Continued from page 1

Bay Area. Their Bay Area location is less than five miles from the Oakland Coliseum, the former home of the Athletics and they had previously sold their beer at the coliseum during games, hinting at an established relationship between the two organizations, based on their proximity and Bay Area ties.

West Sacramento small business owners said The Barn is a great hot-spot for fans, but sees most of the traffic before and after games, as their location is a half a mile away from the stadium in the opposite direction of West Sacramento business such as Tree House Café and The Midway.

Davis said he wants people to know that there is \$20 shaded parking in the five-level Ziggurat parking garage, located at 601 3rd St., less than a quarter mile from Tree House Café, a quarter mile from The Midway and under half a mile from Sal's Tacos. Each location is less than a mile from the ballpark.

Parking and traffic has been difficult on the West Sacramento side of the river because of the cones surrounding the ballpark, even when it's not gameday, Davis said. Comcast has signs posted for dates they will be doing construction, but Davis said the accuracy of the times posted does not always reflect the work being done, blocking crucial parking spots on high traffic days.

Davis said he knows coordinating with the Athletics is going to be a process that takes time, especially only being a few months into their first season at Sutter Health Park.

"On the weekdays, we actually have more fans from out of town than we do A's fans and we're hoping that the A's fans know that we're here, so we can get some of that business and it's slowly trickling in," Davis said. "It's just not as much as we expected at the start."



A Corona USA neon A's sign sits in the window of The Midway, a bar and grill located at 330 3rd St. in West Sacramento, less than half a mile from Sutter

Davis said he has met with the "brass" from the Athletics front office and said they are wonderful people, but he's not too sure where their head is in terms of developing business relations.

"I would love them to be more involved if they could be, but a lot of the executives still live in the Bay Area and so they're only coming up for certain home stands, but I'd love any opportunity to work with them," Davis said. "I've met some of the great people who work for them and they've brought us nice memorabilia and some A's stuff."

According to the A's organization, the club's official address is now 400 Ballpark Drive, that of Sutter Health Park and the Sacramento River Cats. The Sacramento Kings have allowed the Athletics front office to use some of their office space in addition to using offices at Sutter Health Park.

Some executives are still working remotely, as they have since the Covid-19 pandemic, but other members of the organization have moved locally, living in some of the apartments surrounding the ballpark.

Vana Tu, owner of The Midway, said although the team's relationship with the city is still fresh, it would be great for West Sacramento businesses to get support from people attending the games, but there is no redirection to advertise attendees to eat locally on the Yolo County side of the Tower Bridge.

Tu said the only support she has received relating to the A's has been from beer companies and hasn't seen as many River Cats fans since the debut of Major League Baseball in Sacramento. She said she had reached out to the Athletics and Sutter Health Park to inquire

about marketing and was not able to establish contact.

Tu said she hasn't gotten around to speaking with the mayor's office, but has been in contact with the city manager to no avail of any proposed marketing developments in the works.

"Small business like Fro and I, we talk," Tu said. "We're just like 'hey, have you seen any spike?' I mean it has helped a little bit, but have you seen consistency with it?"

As a small business owner and operator, Tu said it's difficult to manage operations and chase contacts she can never reach, while attempting to grow her business.

The West Sacramento Chamber of Commerce was contacted by phone to comment on their relationship with the Athletics ball club, regarding pending and on-going plans, but they did not respond by press time

The Athletics organization has been actively getting involved in both the West Sacramento and Sacramento County communities, donating \$10,000 to West Sacramento Little League, as well as hundreds of tickets donated to various local little league programs.

According to the A's, the Nugget Market in West Sacramento catered the press box for the first six to seven games of the season and more relationships will begin to take hold as the club's time in West Sacramento rolls on. A's players have made appearances at local Society for the Prevention of Cruelty to Animals centers and are scheduled to make hospital visits, school visits and host day camps for little leaguers. *



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Empower Yolo Announces Retirement of Executive Director

Continued from page 1 instrumental in the movement to end abuse and support survivors and families in need, solidifying Empower Yolo's role as a vital resource in the community. Over the past 15 years, the agency has not only expanded its mission but has also met the ever-changing needs of Yolo County's most vulnerable residents.

"The agency has evolved significantly over the past 15 years. We expanded our mission to meet the changing needs of the community, added new programs, and strengthened existing ones. From expanding housing and shelter services to launching prevention and outreach initiatives, we've grown in both size and impact. One of the things I've been most proud of is our ability to pivot quickly and thoughtfully in response to emerging community needs—whether that's through emergency food distribution, rapid rehousing efforts, or trauma-informed services," said

Irlmeier. Empower Yolo has expanded services significantly throughout the county, and the agency has accomplished so much with the Irlmeiers at the helm. Reflecting on their tenure, Irlmeier noted, "It's hard to pinpoint just one, but I would say helping the agency stay mission-driven and stable through some of its most challenging moments is something I'm deeply proud of. We weathered funding cuts, adapted during the pandemic, and continued to meet the growing needs of the community. It has been incredibly rewarding to see the agency emerge from those moments stronger and more resilient, with an even greater capacity to serve."

Irlmeier is a greatly respected leader at Empower Yolo and has been a force in the community advocating for survivors, essential funding, and vital resources like housing and prevention education. Her legacy is underscored by her commitment to fostering a culture of empathy and compassion, respect, and professionalism within the organization.

"I've been fortunate to work with an extraordinary team of staff and board members. Our staff brings deep compassion, resilience, and professionalism to their work every day. The board has provided steady guidance, especially during times of transition and growth. What's been most meaningful is the shared commitment to Empower Yolo's mission—everyone is here because they truly care about making a difference in the lives of our clients," says Irlmeier.

While Empower Yolo will undoubtedly miss the Irlmeiers' presence, the staff and board remain committed to advancing the agency's mission of promoting safe, healthy, and resilient communities, and supporting survivors and underserved communities.

"I hope Empower Yolo continues to grow, to be bold in its vision, and to remain grounded in compassion. I believe the agency is in good hands, and I'm confident the next chapter will be one of continued strength and innovation. I hope that Empower Yolo remains a trusted place of safety and support for those who need it most in

our community," Irlmeier shared.

Cathy Farman, Board Chair of Empower Yolo, praised the Irlmeiers for their invaluable contributions, stating, "Lynnette and Bill have made an immeasurable contribution to Empower Yolo's growth, adaptability, and stability. While their energy and compassion for the clients of Empower Yolo will be missed, their legacy ensures that Empower Yolo will continue to serve Yolo County residents for decades to come. The Board of Directors stands ready to support the staff and clients, and guide the new executive director as Empower Yolo faces the ever-growing challenges to the vulnerable populations of Yolo County."

The remarkable growth of Empower Yolo over the years serves as a testament to the dedication and leadership of the Irlmeiers. Their unwavering commitment has not only driven the agency's success but has also made a significant positive impact on the community it serves. As Empower Yolo continues to expand its reach and influence, the foundation they've built will guide and inspire continued success in shaping a safe and brighter future for all.

Empower Yolo is located at 175 Walnut St., Woodland. The organization's phone number is 530-661-6336 and their fax line is 530-661-3021. Their 24/7 crisis line is 530-662-1133

Natalia Baltazar is the Director of Development and Community Relations of Empower Yolo. Empower Yolo's mission is to promote safe, healthy, and resilient

Scammers Targeting PG&E Customers

Communications News Release

SACRAMENTO REGION, CA (MPG) - Utility scams have continued at an alarming rate this year, with Pacific Gas and Electric Company (PG&E) customers reporting more than \$190,000 in losses to scammers. PG&E is helping customers recognize the signs of a scam and avoid falling victim.

A typical sign of a scam targeting a utility customer includes a caller claiming to be from PG&E and threatening disconnection if immediate payment is not made via a pre-paid debit card, digital payment mobile application or other methods of money transfer.

As a reminder, PG&E will never send a single notification to a customer within one hour of a service interruption and will never ask customers to make payments with a pre-paid debit card, gift card, any form of cryptocurrency or instant mobile payment applications, such as Zelle® or Venmo.

"Scammers seek to create a sense of panic, threatening disconnection of utility services if immediate payment is not made. If a phone call, visit to your home or email doesn't feel right, don't fall for it. Hang up, shut the door and do not respond to the email," said PG&E Cybersecurity Risk Manager Amy Lucido. "Remember, PG&E will never ask for your financial information over the phone or via email, nor will we request payment via pre-paid debit cards or other methods of money transfer, including mobile applications."

So far this year, PG&E has received more than 10,000 reports of scams targeting residential and business customers with customers reporting losses of more than \$190,000. The average scam victim lost more than \$900 and more than 200 customers have reported falling victim. This number is likely just the tip of the iceberg however, as many scams go unreported.

Scams reported to PG&E by county so far this year: Butte 62; El Dorado eight; Glenn three; Nevada 18; Placer 75; Sacramento 270; San Joaquin 130; Shasta 32; Sutter 40; Tehama six; and Yuba 43.

Business customers are also not immune from scam attempts. In fact, PG&E has received 250 reports of scams targeting small and medium-sized businesses this year and these attempts frequently occur during busy business hours when scammers hope to catch unsuspecting victims while they are distracted or stressed.

Scammers can be convincing and often target those who are most vulnerable, including senior citizens and low-income communities. They also aim their scams at small business owners during busy customer service hours. However, with the right information, customers can learn to detect and report these predatory scams by visiting www.pge.

com/scams or by calling 1-833-500-SCAM.

Scammers are able to create authentic-looking 800 numbers which appear on your phone display. The numbers don't lead back to PG&E if called back, however, so if you have doubts, hang up and either log into your account at pge.com to confirm your bill details or call PG&E at 1-833-500-SCAM. If customers feel that they are in physical danger, they should call 911.

Signing up for an online account at pge.com is another safeguard. Not only can customers log in to check their balance and payment history, they can sign up for recurring payments, paperless billing and helpful alerts. Customers can also call PG&E Customer Service at 800-743-5000 to confirm their bill details and current amount due.

Customers who suspect that they have been victims of fraud or who feel threatened during contact with these scammers should contact local law enforcement. The Federal Trade Commission's website is also a good source of information about how to protect personal information. For more information about scams, visit pge.com/scams and/or https://consumer.ftc. gov/scams.

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Sac State's Slater Named Student-Athlete of the Year

Sacramento State Athletics News Release

SACRAMENTO, CA (MPG) -Football's Jackson Slater has been named California State University, Sacramento's Male Student-Athlete of the Year.

Slater is a Football Championship Subdivision Consensus All-American following the 2024 season after being recognized by the Associated Press, Stats Perform and the American Football Coaches Association.

Selected by the Tennessee Titans in the fifth round (167th overall) of the 2025 NFL Draft, Slater did not allow a sack during the season, started 44 games during his career and helped the Hornets to a pair of Big Sky titles and three National Collegiate Athletic Association Football Championship Subdivision Playoff appearances.

Slater competed at the Senior Bowl where he garnered national attention for his play against the country's top players. He later attended the NFL Combine and produced some of the top athletic rankings among offensive linemen.

Other nominees included Luke Dugger (golf), named all-Big West Conference, competed in all 11 tournaments and led the team with an average of 71.64 strokes per round, which ranks



career and helped the Hornets to a pair of Big Sky titles and three National Collegiate Athletic Association Football Championship Subdivision Playoff appearances. Photo courtesy of Sacramento State Athletics

third in school single-season history. Dugger had a relative scoring average of +0.21 strokes per round and had 19 rounds of par or better, which ranks second in school single-season history. He set the school single-season record with 10 rounds in the 60s, shot 66 in the opening round of the Palouse Collegiate and Ram Masters for his season low. Dugger's 54-hole total of 66-71-67-204 at the Ram Masters is the third lowest in school history.

Evan Gibbons (baseball) was named the Western Athletic

Conference Pitcher of the Year, was the first Hornet to win the honor, a first team all-Western Athletic Conference selection for the first time in his career. He led the Western Athletic Conference in victories at the end of the regular season with a 10-2 overall record, ranking ninth in the nation. Gibbons had the most wins by a Hornet pitcher since Austin Root finished 11-3 in 2018. Gibbons struck out 63 batters in 88.0 innings and ranks tied for seventh on the Hornet career wins list with 21.

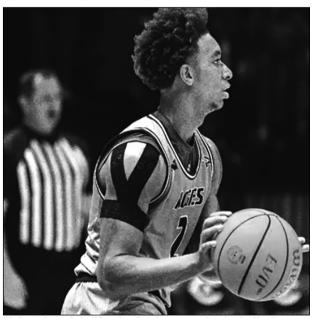
Miles Grant (track and field) became the school's first Division I All-American in the men's high jump. He tied for first place at the National Collegiate Athletic Association West First Round after clearing a career-best 7-01.50. That height is tied for third in school history, trailing only marks from 1979 and 1980, repeated as the Big Sky Outdoor Champion, cleared at least 6-11 in five outdoor meets. Grant won the Big Sky indoor title for the second consecutive season and opened the year by setting his indoor personal

record with 7-02.50 to rank second in school history.

Henry Lamchinniah (tennis) was unanimously selected first team all-Big Sky Conference (singles) in his first season with the Hornets after transferring from Southern Mississippi. He played at No. 1 in the Hornets' singles lineup all year, owned a 14-5 dual singles record (6-2 in the Big Sky) and won eight of his final 10 matches. Lamchinniah had a six-match singles winning streak from March 5-20 and nine of his 14 singles wins came in straight sets. Fourteen victories were second most among all No. 1 players in the Big Sky.

Donovan Sessoms (soccer), a first team all-Big West Conference selection, was only the sixth Hornet to earn first team honors in the Big West in program history and the first since 2022. As two-time Big West Offensive Player of the Week, Sessoms finished the year with 10 goals (seven in conference play) and 20 points overall, tying him for ninth on the school's single-season goals list and 10th on the single-season points chart. Sessoms had the most goals by a Hornet since 2010 and the most points by a Hornet since 2009. Five of Sessoms' 10 goals were game winners and he was drafted by the expansion San Diego FC in the third round of the 2024 MLS SuperDraft.

TY Johnson Signs with Lakers



University of California, Davis men's basketball alumnus TY Johnson is in the Los Angeles Lakers' summer league. Johnson was previously named to the Lou Henson Award Mid-Season Watch List recognizing the nation's top midmajor players. Photo courtesy of University of California, Davis Athletics

University of California, **Davis Athletics**

News Release

DAVIS, CA (MPG) - University of California, Davis men's basketball alumnus TY Johnson has signed a summer league contract with the Los Angeles Lakers, follow-

ing the 2025 NBA Draft. Johnson, the Big West Conference's most dynamic two-way player this season, earned All-Big West First Team honors after finishing as the nation's sixth-leading scorer at 21.1 points per game. He topped the conference scoring charts while averaging 3.0 assists and 4.1 rebounds per contest.

Defensively, Johnson ranked second in the Big West and 18th nationally with 2.3 steals per game. He set the University of California, Davis Division I single-season record with 72 steals and recorded three or more steals in 12 games, including a six-steal performance against Cal Poly. Johnson finished his career ranked second in the program's history for steals.

Johnson became University of California, Davis' all-time leader in career free throws made (470). Johnson's 178 free throws made this season rank 15th in the National Collegiate Athletic Association and he set a program single-game record

with 18 made free throws. He scored double figures in 30 of 32 games, exploding for 20 or more points 21

times, including five 30-point performances. Johnson's 35-point games against Washington and University of California, Santa Barbara were tied for the fourth most by an Aggie since 2005.

Johnson finished his senior season tied for third on University of California, Davis' all-time scoring list with 1,694 points, one of just 26 Aggies to reach 1,000 career points. Johnson led the Aggies in scoring 26 times and in assists 15 times. He was the only Big West player to rank in the Top Five in both scoring and steals.

Johnson earned Oscar Robertson National Player of the Week honors on Nov. 12 after opening the season with consecutive 30-point games and was a two-time Big West Player of the Week.

He was named to the Lou Henson Award Mid-Season Watch List recognizing the nation's top mid-major players.

Johnson's senior season efficiency placed him in rare company nationally; he was the first qualified player since Vanderbilt's Scotty Pippen Jr. in 2021-22 to rank in the 99th percentile in points per 40 minutes while also ranking in the 95th percentile or higher in steals per 40 minutes.

Johnson and the Lakers were set to begin summer league play on July 5, after press time, at the California Classic, hosted by the Golden State Warriors at the Chase Center in San Francisco.

High Quality Development at Republic FC Academy



In Las Vegas on June 16, the Sacramento Republic FC Academy's U13 team wins the international Copa Rayados tournament without conceding a goal. Photo courtesy of the Sacramento Republic FC Academy

By Seth Henderson

SACRAMENTO, CA (MPG) -

The Sacramento Republic FC Academy's U13 team won the international Copa Rayados tournament in Las Vegas on June 16 without conceding a goal, ranking first in the Northwest Division for quality of play, rated at 86.2.

Quality of play is a recently-developed ranking metric for Major League Soccer NEXT age groups U13 and U14 as of April 2, according to a Major League Soccer news release. The program was piloted for the first time in contrast to a traditional win-draw-loss standing. The quality of play metrics is calculated using artificial intelligence, run by the platform Taka, providing coaches and players with hyper-focused data.

Sacramento Republic FC Academy Director Eder

Quintanilla said that the U13 team is a special group, taking home the championship silverware in 2024 and now this year. The U13 team recruited more defensive players, Quintanilla said, which helps reduce the chances of getting scored on and the new quality of play metrics are a great new tool for development.

"Everybody is still learning what they consider quality of play and which metrics you can measure but I think it's a pretty good initiative, looking at how we can pay attention more to how we're playing, how we're developing our players," Quintanilla said. "More than just winning."

Coaches are still asking the league questions to clarify what constitutes as a good or high-quality play and comparing metrics but he sad its difficulty in the style of play will be better for player development in the long run, Quintanilla said.

According to Taka's website at taka.io, its platform uses raw game footage and analyzes the game play by identifying jersey numbers and corresponding value to their actions depicted in the footage. Highlight reels and statistics are automatically populated for coaches and players to analyze their performance, applying the results to their next practice or match.

"The 'win or lose' is like a tool for development," Quintanilla said. "We obviously use the competition to get better because you need to evaluate yourself, you need to evaluate your opponents, you need to come up with the strategies to win the game, to score goals, to create census but that's only a tool."

Quintanilla said the wins might help attract some recruits but their process is to scout the best players in all

age groups every year. "We're trying to bring the most talented players in the area and that's not going to change, winning or losing,"

Quintanilla said. Competition is sparked not only within the league but also within the academy teams. Ouintanilla said. determining team leaders, minutes and starters.

Major League Soccer **NEXT** Technical Director Luis Robles said in a news release that individual development is prioritized over competition for the younger age groups.

After the winning season, Quintanilla said, many get-togethers take place in the off-season, discussing new ideas and improvements to make the team better.

"We celebrate but we quickly put our head down again and work for next season," Quintanilla said.

A's Jacob Wilson Elected Starter

Athletics News Release

WEST SACRAMENTO, CA (MPG) - Jacob Wilson from the Athletics has been elected by the fans as starting shortstop for the American League in the 2025 All-Star Game at Atlanta on July 15.

Wilson ranks second in the Major Leagues with 108 hits and a .339 batting average, and his 26 strikeouts are the fewest in the American League and third fewest in the majors among qualifiers.

He received 52% of the vote in

Phase two of fan voting, beating out Royals shortstop Bobby Witt, Jr.

Wilson is the first rookie shortstop to be elected by the fans and will become the second rookie shortstop to start an All-Star Game, along with the Orioles Ron Hansen, who started both All-Star Games in 1960. He will be the first Athletic to start an All-Star Game since Josh Donaldson at third base in 2014 and the first shortstop since Bert Campaneris made three

straight starts from 1973 to 1975. Wilson is the early favorite for

American League Rookie of the Year

as he leads all Major League rookies in batting, on-base percentage (.380), slugging percentage (.473), OPS (.853), runs (42), hits and RBI (40). He is on pace to break Socks Seybold's Athletics record for batting average by a rookie (.334 in 1901) and Hall of Famer Al Simmons' record for most hits by a rookie (183 in 1924). The 23-year-old Wilson will be

the first A's rookie to start an All-Star Game and will be the youngest A's starter in the All-Star Game since Vida Blue in 1971.

Crime Reports WEST SACRAMENTO



ARREST REPORTS

Yolanda Bankhead, 53, was arrested Friday, May 23 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Davontae Traquan Grimes, 23, was arrested Friday, June 6 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Jessica Elizabeth Richie, 42, was arrested Friday, June 6 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Matthew Kevin Richie, 39, was arrested Friday, June 6 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention. **Jessica Renee Putty**, 38, was arrested Friday, June 6 on Riverpoint Court by West Sacramento Police for

petty theft of retail merchandise. This was a merchant detention.

Sigourney Williams, 32, was arrested Saturday, June 7 on Riverpoint Court by West Sacramento Police for petty theft of retail merchandise. This was a merchant detention.

Janmuhamad Kotwal, 18, was cited Monday, June 9 at Town Center Plaza by West Sacramento Police for shoplifting. Officer was dispatched to the location for a call for service regarding a theft report. Officer contacted the subject, identified as Kotwal, who had been detained by Loss Prevention Officer for stealing nine items from the store, valued at approximately \$158. The store desired prosecution and signed a citizen's arrest form. Kotwal was issued the citation and released on his own accord.

Crystal Monique Ramos Steffen Smith, 36, was arrested Wednesday, June 25 at Town Center Plaza by West Sacramento Police for petty theft of retail merchandise. This was a citizen's arrest.

Andrew Jackson Armstead, 49, was arrested Thursday, June 26 on Jefferson Blvd. by West Sacramento Police for an outstanding felony warrant. Officer conducted a traffic enforcement stop on a vehicle for having windows tinted too dark. The driver, identified as Armstead, was found to have the active warrant and was transported to Yolo County Jail.

John Daniel Ibarra, 35, was arrested Thursday, June 26 on West Capitol Ave. by West Sacramento Police for an outstanding misdemeanor warrant. Officer on patrol observed a subject, later identified as Ibarra, riding a bicycle on the sidewalk. A records check revealed the warrant, and he was transported to Yolo County Jail.

Andrew Michael Guerra, 34, was cited Thursday, June 26 on Merkley Ave. by West Sacramento Police for possessing unlawful paraphernalia.

Darrail Dashone Hendrix, 20, was arrested Thursday, June 26 on West Capitol Ave. by West Sacramento Police for an outstanding felony warrant. Officer was dispatched to the location for a call about a verbal fight. The reporting party advised that Hendrix was back at her front door after making threats the night before. Records check revealed the outstanding warrant, so officers arrived at the location and contacted Hendrix, detained him and transported him to Yolo County Jail.

Daniel James King, 40, was arrested Thursday, June 26 at West Capitol Ave. and Harbor Blvd. by West Sacramento Police. Officer contacted King at the location, who appeared to be tampering with a city bus stop using a large metal pole. King advised he was on searchable probation and a records check revealed multiple outstanding warrants. During a search incident to the arrest, officers located a box inside a tool bag. Inside the box was a digital scale, broken syringe, and a small medicine-type container, with crystal-like substance inside, that officer recognized as methamphetamine. Officers also found a green bong with a bulbous tip containing brown burnt residue, that officer recognized as commonly used to smoke methamphetamine. King was detained on the warrants and additionally charged with possessing unlawful paraphernalia and possessing a controlled substance. He was transported to Yolo County Jail.

Angelique Katherine Feliciano, 33, was arrested Thursday, June 26 on Merkley Ave. by West Sacramento Police for an outstanding felony warrant. Officer on patrol observed and contacted Feliciano at the location. Records check revealed the warrant, and she was transported to Yolo County Jail.

Patrick Stephen Villegas, 59, was arrested Friday, June 27 on West Capitol Ave. by West Sacramento Police for an outstanding felony warrant. Officer on patrol observed Villegas at the location, recognizing him from prior contacts. A records check confirmed the warrant and Villegas was transported to Yolo County Jail.

Isaac Ramos Mercado, 25, was arrested Friday, June 27 at Poplar Ave. and Westacre Rd. by West Sacramento Police for DUI. Officer on patrol came to a stop at a red light, behind a sedan. When the light turned green, the sedan failed to proceed. Officer used his PA system to advise the driver to move forward, but there was no response. Officer exited his vehicle and approached the driver's side window, which was rolled down and loud music was playing. Officer observed the driver slumped over in the driver's seat and unresponsive. Officer also observed two beer cans, one open and one unopened, in the cup holder. Officer was able to wake the driver, identified as Mercado, who admitted to consuming additional beers prior to driving. He consented to field sobriety tests and a preliminary alcohol screening, resulting in scores exceeding .08. He was transported to Yolo County Jail.

Nelson Normal Blackburn, 47, was arrested Saturday, June 28 on West Capitol Ave. by West Sacramento Police for an outstanding misdemeanor warrant. Officer was dispatched to the location for report of a burglary in progress. On scene, officers contacted Blackburn, and a records check revealed the warrant. He was detained without incident and transported to Yolo County Jail.

Ayesha Vanessa Alcala, 52, was cited Saturday, June 28 at Town Center Plaza by West Sacramento Police for petty theft of retail merchandise. Officer was dispatched to the location for the report of a merchant detention. The reporting party, a store loss prevention officer, detained Alcala because she placed two items in a bag and walked past all points of sale. The reporting party wished to pursue criminal charges and signed a citizen's arrest citation. Alcala was trespassed from the store, cited, and released on scene.

Adamariz Avianna Pacheco, 19, was arrested Saturday, June 28 at 5th St. and Cabaldon Pkwy. by West Sacramento Police for DUI combined alcohol and drug. Officer was dispatched to the location for a traffic collision. Officer contacted the driver of one involved vehicle, identified as Pacheco, and observed several signs of intoxication and the odors of burnt marijuana and an alcoholic beverage. Pacheco declined field sobriety tests. The other involved driver advised he had been sitting at a red light for approximately 90 seconds when Pacheco rear-ended him. Pacheco's vehicle sustained front-end damage, and the front driver-side tire was located approximately 350 feet east of the collision. Pacheco was detained, and during a search incident to arrest, a plastic bag of cannabis was found in her purse. She was transported to Yolo County Jail.

Myla Carlene Erickson, 44, was arrested Sunday, June 29 on West Capitol Ave. by West Sacramento Police for an outstanding felony warrant. Officer on patrol observed a vehicle with expired registration tags at the location. He conducted a traffic stop and contacted the driver, identified as Erickson, and a records check revealed the warrant. She was transported to Yolo County Jail.

Philippa Ann Williams, 47, was arrested Sunday, June 29 on West Capitol Ave. by West Sacramento Police for outstanding misdemeanor warrants. Officer was dispatched to the location for a welfare check. Upon arriving, officer contacted Williams, and a records check revealed multiple outstanding warrants. She was transported to Yolo County Jail.

Incidents / Crime Reports

Monday, June 23 – victim reports their car keys, valued at \$12, were stolen from their pocket on West Capitol Ave. by an unknown subject.

Thursday, June 26 – victim reports that unknown suspect(s) stole the tires and wheels off his vehicle while it was parked in front of his residence on Midway Island St. Suspect(s) fled the scene. Loss valued at \$2,450.

Friday, June 27 — victim reports that unknown suspect(s) stabbed her vehicle's back tires with a knife while it was parked in her driveway on Beardsley Dr. The knife was in the rear driver's side tire and suspect(s) fled the scene. Damage estimated at \$300.

Sunday, June 29 — victim on Milano Dr. reports he left his garage door open overnight, and unknown suspect(s) went into his garage and stole approximately \$7,363 worth of his belongings. There were no witnesses and no surveillance footage available. Stolen items include two bicycles and various power and hand tools.

Community Calendar

July

Turner Library, located at 1212 Merkley Ave. has the following events this week:

Friday, July 11: English conversation group, 1:30 p.m. to 2:30 p.m. Board games and beyond, 3 p.m. to 5 p.m.

Saturday, July 12: Russian story time, 10 a.m. to 11 a.m. Mermaid story time, 2 p.m. to 3 p.m. Enjoy a special, one-of-a-kind story time performance with our underwater guest. Dressing up is encouraged and stick around for the chance to take photos with our magical mermaid.

Monday, July 14: Family story time, 4 p.m. to 4:45 p.m.

Tuesday, July 15: Hug-a-Bye baby, 11 a.m. to noon.

Wednesday, July 16: Wiggle Wednesday, 11:15 a.m. to noon. English conversation group, 3:30 p.m. to 4:30 p.m.

Thursday, July 17: 11:15 a.m. to noon, Tell me a story – bilingual Spanish story time + Loteria. Yoga at the library, 6 p.m. to 7 p.m.

Friday, July 18: English conversation group, 1:30 p.m. to 2:30 p.m. LEGO block party, 3 p.m. to 5 p.m.

Saturday, July 19: Russian story time, 10 a.m. to 11 a.m. Caturday, 1 p.m. to 3 p.m. Join Yolo County Animal Services and some adorable kittens for a special adoption event right at the library.

Clarksburg Branch Library, located at 52915 Netherlands Rd., Clarksburg has the following events this week:

Wednesday, July 16: Summer reading program – paint what you see, 5:30 p.m. to 6:30 p.m. Experience the world around you through watercolors. All supplies provided. Friends of the Clarksburg Library monthly meeting, 6:30 p.m. to 7:30 p.m.

Call 530.666.8005 for more information on any of these events at any Yolo County Library branch.

Friday, July 11: Free noon concert at Davis Community Church, 412 C St., Davis, from noon to 1 p.m. Enjoy the heat with "Yolo Hot Club", a Parisian 30's and 40's style jazz trio. More information at 916-600-8872.

Friday, July 11: Dive-In Movie, 8 p.m. to 10 p.m. at the Recreation Center, 2801 Jefferson Blvd. Join us for a special night with a movie by the pool. Bring your swimsuits, blankets, snacks, and sit on the pool deck or in the pool to enjoy the movie. Tickets available at www.westsacfun.activityreg.com

Saturday, July 12: Hot Rods and History, opens at 10 a.m. at 820 Pole Line Rd., Davis. This car show, brought to you by Davis CruiseIn, will feature a stunning array of classic cars, muscle cars, hot rods, and exotic vehicles from all eras. You'll also enjoy food trucks, a youth tour and a history tour. More information at 530-756-7807.

Thursday, July 17: Rec room open house, 5 p.m. to 7:30 p.m. at 2801 Jefferson Blvd. Join us for an evening of summer fun for ages 8 to 17. Experience rock climbing, bouldering, arts and crafts, and explore everything our rec room has to offer. For more information, contact recreation coordinator Caludia Salcedo at claudias@cityofwestsacramento.org

Thursday, July 17: Woodland Hot Summer Nights Car Show at Mojo's Lounge, 428 1st St., Woodland. Cruise in starting at 5 p.m. in your Hot Rods, Low Riders and Cool Cars to our free show. Show n' Shine Car Show starts at 6 p.m. Reservations or more information at 520.661.0428

Friday, July 18: Mandela Day 2025: A Celebration and Community Conversation, 7 p.m. to 8:30 p.m. at International House, 10 College Park, Davis. Join us as we honor the legacy of Nelson Mandela on his birthday with an afternoon of reflection, connection, and celebration. More information at www.internationalhousedavis.org

Saturday, July 19 through Monday, Sept. 1: Claude Monet – the Immersive Experience, 10 a.m. to 8 p.m. daily except Tuesdays and Wednesdays. This exhibit features Exhibition Hunb's award-winning, 4K digital mapping techniques through which guests are fully enveloped in Monet's brilliant and contemplative works. Tickets and more information at www.monetexpo.com/sacramento

Saturday, July 19: Hella Good Market, 6:30 p.m. to 10:30 p.m. at Drake's: The Barn, 985 Riverfront St. Listen to music and meet local makers and fellow car owners in one convenient and fun spot. Dog- and kid-friendly.

Ongoing Activities

(Current as of publication, please verify schedule with the organization):

Bat Talk & Tour, 6:30 p.m. to 9 p.m., evenings through September 26 at the Yolo Bypass Wildlife Area Headquarters, 45211 County Road 32B, Davis. Start with a presentation on bat natural history and see live ambassador bats up close, then carpool out to the Yolo Bypass Wildlife Area for a brief tour of the wetlands and rice fields. Then we get into position to watch the flyout of the largest urban colony of Mexican free-tailed bats in California. For more information or to schedule, visit www.yolobasin.org

Café Yolo Social Dining meets on Wednesdays at 11 a.m. in the West Sacramento Community Center, 1075 West Capitol Ave. Seniors over age 60 are invited to mingle and dine for free, sponsored by Meals on Wheels. Reservations required 24 hours in advance at 530-662-7035 or email welcome@mowyolo.org

California State Fair, daily July 11 through 27 at Cal Expo, 1600 Exposition Blvd., Sacramento. Schedules, details and ticket information at www.castatefair.com

Home Depot, 690 Riverpoint Court, offers free in-person Kids Workshops on the first Saturday of each month from 9 a.m. to noon, while supplies last. The next class will be on Saturday, August 2. Registration required by using the following link: www.homedepot.com/workshops/

Lowe's, 2250 Lake Washington Blvd., offers free in-person Kids Workshops each month from 10 a.m. to 1 p.m. The next workshop will be creating a Messi Soccer Shootout on Saturday, July 19. Registration required by searching "events" at www.lowes.com

Mighty Rotary Club of West Sacramento meets on Fridays at noon at Jackrabbit Brewing Company, 1323 Terminal St., West Sacramento. See www. rotaryclubofwestsacramento.org for more information, including how to join the Rotary.

Riverfront Farm's Farm Stand, every Friday, 9 a.m. to noon, 985 Riverfront St. Stock-up for your weekend with fresh vegetables harvested that morning. You'll also find seasonal fruits from local farms. Support local agriculture right in your neighborhood.

Washington Unified School District School Board Meeting, Thursday, July 24, 5:30 p.m. to 10 p.m. at City Hall, 1110 West Capitol Ave.

West Sacramento Urban Farm Mobile Farmers market trucks bring fresh, local, produce to food insecure neighborhoods throughout Yolo County. You'll find the truck in West Sacramento every Tuesday, Thursday, and Friday. A second truck will be in Woodland and rural Yolo County every Wednesday, Thursday, and Friday. For specific times and locations, check: www.landbasedlearning.org/followthetomato/

The University of California Cooperative Extension (UCCE) Master Gardeners will be available to answer your gardening questions at their West Sacramento Gardening Q&A Desk. It will be open from 10 a.m. to noon at Lowe's, 2250 Lake Washington Blvd. This desk is held on the first and third Saturdays of every month, free and open to the public. For more information, please contact Jennifer Baumbach at jmbaumbach@ucnar.edu or call the Yolo County Master Gardeners hotline at 530-666-8736. Next session will be Saturday, July 19.

West Sacramento City Council meets at 7 p.m. generally on the first and third Wednesday of each month. Meetings are held at City Hall, 1110 West Capitol Ave., second floor, also viewable on Astound Cable channel 20 and AT&T channel 99. More information, including how to participate and Committee meeting schedules, can be found at: https://www.cityofwest-sacramento.org/government/city-council/city-council-meetings-agendas The next Council meeting will be on Wednesday, July 16.

The West Sacramento Farmers' Market is now open every Tuesday from 9 a.m. to 1 p.m. at River Walk Park, 651 2nd St. We are committed to providing our community with fresh, locally sourced produce and supporting our local farmers. We believe in the importance of sustainable agriculture and strive to create a space where farmers and consumers can connect. For more information, contact westsacfarmersmarket@yahoo.com ★



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Kings Korner By V.G. Harris

The Milwaukee Bucks won their first NBA title in 1971, and it took 50 years for the Bucks to win a title again. A fellow by the name of Giannis Antetokounmpo helped them accomplish this task, but players of his caliber are in short supply.

The Sacramento Kings have been in Sacramento for 40 years without reaching the finals or winning a championship. But make no mistake, fans in Kingstown still believe an NBA title will eventually come to Sacramento.

Sadly, during the offseason, fans are hearing far too much about mid-level exceptions, aprons first and second, collective bargaining and salary caps. Frankly, the NBA has one of the most complicated systems regarding player compensation, and it takes someone with an advanced degree in economics to comprehend it.

What we know, is that in the aftermath of seeing mega popular DeAaron Fox trot his talents to the San Antonio Spurs midway through the 2025/2026 season, the Kings have navigated the point guard position much like a rudderless ship.

Freshman GM Scott Perry, tasked with replacing De'Aaron Fox, last week signed journeyman Dennis Schröder, a former #1 draft choice by the Atlanta Hawks in 2013. Schroder was chosen #17 overall and for the past 12 seasons has seen playing time with Oklahoma City Thunder, Los Angeles Lakers, Boston Celtics, Houston Rockets, Toronto Raptors, Brookly Nets, Golden State Warriors and finally the Detroit Pistons.

Originally from Germany, where he played professionally and for the German national team in the Olympics, one could say Schroder has seen America from coast to coast.

Dennis Schroder's career stats are not gaudy, but 13.9 points per game being as traveled as he's been, shows he can contribute when needed. Five assists per game and 3 rebounds aren't eye popping, but it's important to remember why the Kings went out to get him.

Sacramento has a plethora of scoring power in the starting lineup and coming off the bench. What has been lacking since the departure of Fox, is a capable distributor of the basketball.

At 2.2 turnovers per game Schroder has a better control average than DeAaron Fox, so at least in one regard the Kings have made an upgrade.

Not many players would clammer to be the replacement for a point guard as popular as Fox, but Sacramento fans are a generous crowd, and I expect to see fans give Dennis Schroder an ample opportunity to display his

Do I think Schroder can be a capable replacement? Absolutely! He won't score 24 points per game or go coast to coast with the type of speed that DeAaron does, but neither does anyone else.

Scott Perry was given a thankless job, and if Schroder can come in and give the Kings 14 points per game, and take care of the basketball, there's a good chance that the playoffs of two seasons ago won't be the exception to the rule.

Coming off the bench is last year's first round draft choice Devin Carter, and Sacramento has a rookie guard in Nique Clifford that is going to need playing time, so don't expect to see Schroder get much more than 20-25 minutes per game.

Perry is likely to have more moves coming, so keep your eyes on summer league Kings fans, and don't forget that Sacramento also drafted a 7-footer in Maxime Raynaud. It will be interesting to see how coach Christie uses his new big man.

Sadly, popular Jonas Valanciunas won't be suiting up for the Kings this season, as he was traded last week to the Denver Nuggets for Dario Saric. Saric will be a role player, and spell Sabonis off the bench. At 6' 10" and 225 lbs. this 31-year-old will undoubtedly see playing time.

Players like Isaac Jones and Devin Carter are still trying to open eyes, so this year's summer league will be an opportunity to showcase their talents and allow Doug Christie to see their growth over the season.

NBA pundits have praised the Kings' draft this year, and I concur with their accolades. There's real optimism as this team is deep in talent. It remains to be seen how that talent will come together, and whether the Kings can take the young talent they have to the

Stay tuned Kings fans, because this roster isn't cast in stone just yet!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.

Social Security Matters

Can I Switch to a Taxi Driver Job Without Hurting my Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I opted to draw my Social Security retirement benefit early and work part time. The company I work for has decided to pull me from field work due to my age and health. Although they are great keeping me at 20 hours per week running for parts and doing office work, I'm not sure how much longer it will last. I'm thinking of taking a taxi driving job to keep my income enough to live on. The way it would work, I would lease the cab for some amount of dollars per day, set my own hours to work and collect anywhere from \$1.40 to \$4.00 per mile, depending on what type of fare. My question is: how does Social Security look at that type of employment? Would I be held to the 15 - 45 hours a month standard? I could never come close to making the \$1,200 to \$1,300 a month I need by working so little. Any advice is greatly appreciated. Signed: Seeking Advice

Dear Seeking: If you go ahead with your plan to lease a taxicab instead of continuing your current employment, you would, in effect, be considered "self-employed" and would submit your income tax return to the IRS accordingly. Social Security would get your earnings information as reported to the IRS, and it would be your net earnings from self-employment (after deducting all your business expenses) that is reported to SSA by IRS. There is, however, a special rule which would apply to you in your first calendar year of self-employment while collecting early Social Security benefits.

Since, in your first year, some of your earnings would be as a part-time employee paying SS FICA payroll taxes, Social Security would first look at your earnings as an employee to see if you exceeded the annual earnings limit (\$23,400 for 2025). Then, upon starting your self-employment, Social Security would look at the hours you spent performing "substantial gainful activity" (e.g., driving your taxi) each month and, if you spent more than 45 hours per month in that capacity, you would not be considered "retired," and thus, not eligible for Social Security in any month you exceeded that amount of hours. If you earned less than the annual limit in total (both as an employee and while self-employed), you would get benefits for all months of the year. But if you earn more than the annual limit, you will get no benefits for any month you exceeded 45 hours as a self-employed person. Again, this only applies during the first calendar year of self-employment - in the following year only your net earnings from self-employment would count toward the annual earn-

ings limit. In effect, SSA would use the hours-worked standard to see if you are truly retired or actually working. If the latter, they would withhold SS monthly benefits for any month you exceed 45 hours working while self-employed (up to and including December of your first calendar year of self-employment), and only if your total income (as an employee and while self-employed) exceeds the annual limit. So, if your goal is to net

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\$1,200 - \$1,300 per month as a self-employed taxi driver, that would be well within the limits of the annual earnings test (\$23,400 for 2025 but changes yearly). But there may, or may not, be a reduction in your Social Security benefits during your first year of self-employment, depending on when you start as self-employed. Note that SSA will ask about your work plans when you apply, and if you expect to stay under the annual limit (working part time in both capacities), you should get full SS benefits. Just be careful to stay under the annual earnings limit for those collecting early Social Security benefits. FYI, earnings from before your SS benefits started don't count toward the earning limit.

Note, too, that your monthly Social Security benefit will be actuarially reduced according to how far in advance of your full retirement age you claim SS. Whenever SS benefits are claimed prior to one's full retirement age, those benefits are permanently reduced.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA).



Blow up Washington, D.C.'s Brutalist Buildings, and the Sooner, the Better

There's a reason God created dynamite. The brutalist federal buildings that have blighted Washington, D.C., for decades deserve the same fate as Carthage after the Third Punic War, and the nation's capital is finally beginning to move on from these concrete monstrosities.

Department of The Housing and Urban and Development just announced that it is leaving its god-awful headquarters in Washington for a less hideous space in Northern Virginia. HUD Secretary Scott Turner has described the structure as "the ugliest building in D.C.,' which is a dubious claim only because there are so many other buildings in Washington that compete for that distinction. He's not the first HUD secretary to hate the building. Jack Kemp called it "10 floors of basement."

Meanwhile, the FBI is also departing its HQ, designated by the U.K. building materials retailer Buildworld as the ugliest building in the United States and the second ugliest in the world.

The moves are in keeping with the spirit of President Trump's executive order stipulating that federal buildings should "respect regional, traditional and classical architectural heritage in order to uplift and beautify public spaces and ennoble the United States and our system of self-government."

That EO should be considered common sense, but has several trigger words for defenders of the architectural status quo, "traditional." including "classical" and, perhaps foremost of all, "beautify In response, the American Institute of Architects expressed its "strong concerns that mandating architecture styles stifles innovation and harms local communities."

According to The Nation magazine, Trump's initiative is part of an agenda to "make historical architecture on the whole inextricable from Eurocentric white supremacy." In short, it's an unforgivable offense to want a government building to look

with Brutalism, its blocky, minimalist structures made of poured concrete, was a creation of a post-war Europe that wanted to embrace the fresh and new and to economize on rebuilding. Although the name "brutalism" perfectly captures the aesthetic effect, it actually comes from the French for "raw concrete," "beton brut."

To be sure, concrete is extremely important to modern life, but no one has ever said, "Oh, it's so elegant and uplifting." The brutalist buildings in Washington were largely built between the late 1960s and mid-1970s, an era of grievous architectural mistakes, including cookie-cutter mulbaseball tiple-purpose stadiums and modernist Catholic churches. The buildings never had a heyday, but were hated when they were erected and are

still hated now. The seedbed of the trend was a Kennedy administration commission that advocated contemporary designs and said -- laughably, in retrospect -- that federal architecture should "reflect the dignity, enterprise, vigor and stability of the American national government."

Instead, tne buildings speak of a lumbering bureaucracy with no regard for the sensibilities or priorities of ordinary people. They are about what you'd expect if a DMV were headquartered in a maximum-security prison or in a massive pillbox.

The buildings could easily be used as stage sets for docudramas about East Germany. They are a tribute to soulless monumentality and a gut punch to the human spirit. If they don't eventually get a well-deserved appointment with a wrecking ball, they should be donated to North Korea.

The original justifications of brutalism no longer apply. The buildings aren't new anymore, and aren't cheap. They haven't aged well in any sense, not aesthetically or functionally. The FBI building is literally falling apart, and the expense of maintaining the HUD building has become ruinous.

Defenders of the brutalist buildings say that they are now part of our heritage and should be preserved as such. That's not fair, though, to the people who have to work in them, or who walk or drive by them every day. They are a net subtraction to the D.C. landscape and to human happiness. If one of them has to be kept for historical reasons, it should be made into a Smithsonian museum devoted to idiotic

fads that were indulged for much too long. Rich Lowry is editor of

the National Review. (c) 2025 by King Feaage of housing continued despite innumerable policy tures Synd., Inc.

California Lawmakers Finally Achieve 'Holy Grail' Reform



By Dan Walters. CALMatters.org

Jerry Brown once described reform of the California Environmental Quality Act as "the lord's work" but he, like other recent governors, was not willing to invest enough political capital to change it.

Simply put, significantly altering CEQA, which then-Gov. Ronald Reagan signed more than a half-century ago, would require confronting two powerful interest groups: environmental organizations and labor unions, which have weaponized the law to achieve their goals.

Brown made one stab at compelling the Legislature to alter CEQA in 2016, but otherwise left it to his successor, Gavin Newsom.

For six years, Newsom echoed the attitudes of his predecessors, critical of CEQA's misuse to block housing and other much-needed projects, or compel developers to hire unionized labor or jump through other hoops, but unwilling to confront it head-on.

Instead, he and the Legislature nibbled at the edges of the law and gave specific projects, such as sports arenas, exemptions.

Finally, however, the social and economic costs of leaving CEQA intact became too high. The state's critical shortdeclarations aimed at spur- dominated by single-family downright embarrassing that a politically dominant Democratic Party pledged to socioeconomic equity was unable to deliver on promises to make housing more abundant and affordable.

California starred in a New York Times video that chastised blue states for failing to live up to their stated principles and in a recent book, "Abundance," about the nation's chronic inability to deliver much-needed projects due to regulatory overkill, such as CEQA.

This year, with Newsom nearing the end of his governorship and appearing to cast his eyes toward a presidential campaign, the governor decided to confront the CEQA issue squarely. He endorsed two bills that would impose limits on the law's reach and, in the end, threatening to block the entire state budget if they weren't placed on his desk.

On Monday (June 30), the last day of the fiscal year, the Legislature passed Assembly Bill 130 and Senate Bill 131 with last-minute changes to dampen opposition from construction unions. Newsom quickly signed them.

"We needed to go bold and big on this holy grail reform," Newsom said at a hastily staged signing ceremony.

Essentially, the legislation exempts virtually all infill housing projects from CEQA's provisions, making it more difficult for opponents of high-density housing projects, known as NIMBYs, to block approval.

Such projects, particularly those aimed at low- and moderate-income families, have been the most difficult to gain

approval, due largely to oppo-

sition in upscale communities

"When you are building housing in an existing community, that is environmentally beneficial, it is climate friendly, that is not something that should be subjected to potentially endless CEQA challenges and lawsuits," Sen. Scott Wiener, a San Francisco Democrat who authored SB 131, told senators before they passed the

measure. Wiener Assemblywoman Buffy Wicks, an Oakland Democrat who carried AB 130, have been the Capitol's two most aggressive advocates of pro-housing legislation.

The remaining question, of course, is whether the two new laws, which go into effect immediately, will have a discernible impact on the state's housing shortage. CEQA is just one factor of many determining whether proposed projects proceed or die. Those who oppose high-density housing in their neighborhoods will not just roll over.

Ironically, as the Legislature was passing the two new laws on Monday, The Atlantic was publishing a lengthy article entitled "The Whole Country Is Starting to Look Like California," that describes how red tape and local opposition are adversely affecting housing development in red states such as Texas and Florida, which had been viewed as developer paradises. Dan Walters is one of the

most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250430 The following person(s) is doing business as: Apna Insurance Progressive, 1085 East Street, Woodland, CA 95776.

Ahsan M Iqbal, 33335 Gold-eneye Street, Woodland, CA This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A.

This statement was filed with the County Clerk of Yolo County on 5/15/2025.

By: Jesse Salinas, Deputy Publish: June 20, 27, July 4, 11, 2025 **APNA** 7-11-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250466 The following person(s) is doing business as:

Never Ending Bliss, 912 Greenwood Dr, Woodland, CA 95695, County of YOLO Nicole Bachman, 912 Green-

wood Dr., Woodland, CA 95695 This business is conducted by Individual The registrant commenced to

transact business under the fictitious business name or names listed above on 01/22/2024 /s/ NICOLE BACHMAN

This statement was filed with the County Clerk of Yolo County on 05/30/2025 Jesse Salinas, County Clerk/Re-

corder By: KQUAM, Deputy Publish 6/20, 6/27, 7/4, 7/11/25

CNS-3936234# **NEWS-LEDGER** 7-11-25 FICTITIOUS BUSINESS NAME

STATEMENT FILE NO. F22250460 The following person(s) is doing

business as: Vininni, 120 Lake Blvd ste 116, Davis, CA 95616, County of Yolo. Codoni & McBride, LLC, 3334 Morro Bay Ave, Davis, CA 95616

This business is conducted by LIminted Liability Company. The registrant commenced to transact business under the fic-

titious business name or names listed above on N/A

/s/ Carlton Greed, Managing

This statement was filed with the County Clerk of Yolo County on

05/30/2025. Jesse Salinas, County Clerk/Re-

corder By: kguam, Deputy Publish 6/20, 6/27, 7/4, 7/11/25

CNS-3928814# **NEWS-LEDGER** 7-11-25 FICTITIOUS BUSINESS NAME

STATEMENT FILE NO. F20250490 The following person(s) is doing business as:

Black Diamond Transportation, 1848 Clayton Way, Sacramento, CA 95835, County of Yolo. Black Diamond Luxury Limo IIc.

948 Sun Valley Dr Woodland, CA 95776 This business is conducted by

Limited Liability Company. The registrant commenced to busin s under the

titious business name or names listed above on N/A /s/ Masood Anwar, Managing

Member This statement was, filed with the County Clerk of Yolo County on

06/06/2025 Jesse Salinas, County Clerk/Recorder

By: kquam, Deputy Publish 6/20, 6/27, 7/4, 7/11/25 CNS-3937705# **NEWS-LEDGER**

> FICTITIOUS BUSINESS NAME STATEMENT

7-11-25

FILE NO. F20250410 The following person(s) is (are) doing business as: 1. Freedmen Lives Matter, 2.

Freedmen Matter, 3. 1865freedmen.org, 4. 1865freedmen.com, 5. @1865freedmen, 1260 Lake Blvd Ste 239, Davis, CA 95616 -2687 County of YOLO

Mailing Address: P.O. BOX 106, Yolo, ČA 95697 - 0106 The 1865 American Freedmen Institute, 1260 Lake Blvd Ste

239, Davis, CA 95616 This business is conducted by a Corporation

The registrant(s) commenced to transact business under the fictitious business name or names listed above on April 24th, 2025. The 1865 American Freedmen Institute

dent This statement was filed with the County Clerk of Yolo County on

S/ Theodore Harrison III, Presi-

Jesse Salinas, County Clerk/Re-MORGAN BRAUN, Deputy Publish 6/20, 6/27, 7/4, 7/11/25

CNS-3935386# NEWS-LEDGER 7-11-25

FICTITIOUS BUSINESS NAME **STATEMENT**

FILE NO. F20250471 The following person(s) is (are) doing business as:

Stampede Performance Lab. 3300 Cayman Island St, West Sacramento, CA 95691 County

Anna Grexton, 3300 Cayman Island St, West Sacramento, CA 95691 Courtemanche, 523 Leslie

Paseo Bella Montana Unit B, San Luis Obispo, CA 93405 This business is conducted by a General Partnership The registrant(s) commenced to transact business under the fic-

titious business name or names listed above on N/A. S/ Anna Grexton, This statement was filed with the

County Clerk of Yolo County on 06/02/2025. Jesse Salinas, County Clerk/Recorder

Not Eligible, Deputy Publish 6/20, 6/27, 7/4, 7/11/25 CNS-3938531# 7-11-25 **NEWS-LEDGER** FICTITIOUS BUSINESS NAME

STATEMENT FILE NO. F20250507 The following person(s) is doing

business as: St. Joeseph Catholic Cemetery, 860 West Street, Woodland, CA 95695. Catholic Funeral & Cemetery

Services of the Diocese of Sacramento, Inc, 2110 Broadway, Sacramento, CA 95818. This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on September 19, 2011. This statement was filed with the

County Clerk of Yolo County on 6/17/2025. By: Jesse Salinas, Deputy Publish: June 27, July 4, 11, 18, 2025 **CEMETERY**

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250496 The following person(s) is doing business as:

1. Ames Taping Tools, 2. TapeTech, 1030 Riverside Pkwy, Ste 100, West Sacramento, CA 95605, County of YOLO. Ames Tools Corporation, 1327

Northbrook Pkwy., Ste 400, Suwanee, GA 30024 This business is conducted by

Corporation. The registrant commenced to transact business under the fic-

titious business name or names listed above on 5/1/2025 /s/ Craig D. Apolinsky, Secretary

This statement was filed with the County Clerk of Yolo County on 06/09/2025. Jesse Salinas, County Clerk/Re-

Bv: MORGAN BRAUN, Deputy 6/27, 7/4, 7/11, 7/18/25 CNS-3937874# **NEWS-LEDGER** 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250526 The following person(s) is doing business as: Placerville Paving & General Engineering, 3382 Bonaire Road, West Sacramento. CA 95691. Robert Lazrovich, 3382 Bonaire

Road, West Sacramento, CA

95691. This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on August 8, 2000.

This statement was filed with the County Clerk of Yolo County on June 20, 2025. By: Karla Lopez, Deputy Publish: July 4, 7, 18, 25 7-25-25

> STATEMENT FILE NO. F20250509

Craft Design Build, 2426 Westrnesse Rd, Davis, CA, 95616, Coun-

This business is conducted by The registrant commenced to

transact business under the fictitious business name or names listed above on 06/09/2025 /s/ John Lavezzo

County Clerk of Yolo County on 06/17/2025 Jesse Salinas, County Clerk/Recorder By: kquam, Deputy

7/4, 7/11, 7/18, 7/25/25 CNS-3942823# **NEWS-LEDGER** 7-25-25

FILE NO. F20250491 doing business as: USVETS MATTER, 2. @

USVETS360, 3. USVETS360. USVETS360.ORG, 1260 Lake Blvd Ste 239, Davis, CA 95616 - 2687 County of YÓLO

Yolo, ČA 95697 - 0025 USVETS 360 Inc., 1260 Lake Blvd Ste 239, Davis, CA 95616 This business is conducted by a Corporation

transact business under the fictitious business name or names listed above on March 10th, 2025 USVETS 360 Inc.

S/ Theodore Harrison, President This statement was filed with the County Clerk of Yolo County on 06/06/2025.

7/4, 7/11, 7/18, 7/25/25 CNS-3941865# **NEWS-LEDGER** 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250504

Davis, CA 95616, County of Yolo. Asher Property Management, 3415 Tanager Ave, Davis, CA 95616

The registrant commenced to transact business under the fictitious business name or names listed above on N/A /s/ Aimee Hasson, Manager

06/16/2025.

By: kquam, Deputy

7/4, 7/11, 7/18, 7/25/25 CNS-3942828# **NEWS-LEDGER**

95691. Jonathan Wiltshire, 2660 Inde-

pendence Avenue, West Sacramento, CA 95691. This business is conducted by an Individual. The registrant commenced to transact business under the fictitious business name or names listed above on N/A This statement was filed with the

County Clerk of Yolo County on

6/27/2025. By: Karla Lopez, Deputy Publish: July 11, 18, 25, August 1, 2025 RECEPTION 8-1-20 8-1-25

STATEMENT FILE NO. F20250566 The following person(s) is doing business as: Center for Integrative Neurology, 2050 Lyndell Terrace, STE 120, Davis, CA 95616. Rochelle Frank MD., 1401 21s Street, STE R, Sacramento, CA 95811. This business is conducted by a Corporation. The registrant commenced to transact business under the fictitious business name or names listed above on July 1, 2025.

This statement was filed with the County Clerk of Yolo County on 7/1/2025. By: Morgan Braun, Deputy

Publish: July 11, 18, 25, August 1, 2025 INTEGRATIVE 8-1-25 FICTITIOUS BUSINESS NAME

STATEMENT File No. F20250528 The following person(s) is (are) doing business as:

TRAC, 503 North St, Woodland, CA 95695 County of YOLO Mailing Address: 503 North St, Woodland, CA 95695 Christopher Borlas, 503 North St,

Woodland, CA 95695 This business is conducted by an Individual

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 6/3/25. S/ Christopher Borlas

This statement was filed with the County Clerk of Yolo County on 06/23/2025. Jesse Salinas, County Clerk/Recorder KQUAM, Deputy 7/11, 7/18, 7/25, 8/1/25

CNS-3933780# **NEWS-LEDGER** 8-1-25 FICTITIOUS BUSINESS NAME STATEMENT

FILE NO. F20250547

The following person(s) is (are)

doing business as: 1. AMERICA AGENTIC AI, 2. AGENTIC AI LABS, 1260 LAKE BLVD STE 239, Davis, CA 95616 - 2687 County of

YOLO Mailing Address: P.O. Box 25, Yolo, ČA 95697 - 0025 America Ai Inc., 1260 LAKE BLVD STE 239, Davis, CA 95616

This business is conducted by a Corporation The registrant(s) commenced to transact business under the fictitious business name or names listed above on APRIL 25TH.

2025 America Ai Inc. S/ Theodore Harrison, President This statement was filed with the County Clerk of Yolo County on 06/26/2025.

Jesse Salinas, County Clerk/Recorder MAORGAN BRAUN, Deputy 7/11, 7/18, 7/25, 8/1/25 CNS-3943338#

NEWS-LEDGER 8-1-25 FICTITIOUS BUSINESS NAME STATEMENT FILE NO. F20250545

The following person(s) is (are) doing business as: Courtside Towers, 320 W Court Street, Woodland, CA 95695

County of Yolo Mailing Address: 2150 River Plaza Drive Suite 120, Sacramento, CA 95833

Weylin Eng, 2150 River Plaza Drive Suite 120 Sacramento, CA 95833, Sacramento, CA 95833 This business is conducted by a Trust

The registrant(s) commenced to transact business under the fictitious business name or names listed above on 10/27/2000. S/ Beckye Murrain,

This statement was filed with the County Clerk of Yolo County on 06/26/2025 Jesse Salinas, County Clerk/Recorder

Jesse Salinas, Deputy 7/11, 7/18, 7/25, 8/1/25 CNS-3944365# **NEWS-LEDGER**

STATEMENT FILE NO. 20250557 The following person(s) is doing 1. FORTILINE WATERS 2. RE-

FICTITIOUS BUSINESS NAME

ECE WATERWORKS, 3650 SEAPORT BLVD WEST SAC-RAMENTO, CA 95691, County of YOLO. FORTILINE, INC.,15850 DAL-LAS PARKWAY DALLAS, TX

75248 This business is conducted by CORPORATION. The registrant commenced to transact business under the fic-

titious business name or names listed above on N/A /s/ SHERRY BECKEN, CFO This statement was filed with the County Clerk of Yolo County on

06/30/2025. Jesse Salinas, County Clerk/Recorder By: KQUAM, Deputy 7/11, 7/18, 7/25, 8/1/25 CNS-3944380#

8-1-25

FICTITIOUS BUSINESS NAME **STATEMENT** FILE NO. F20250550 The following person(s) is doing

NEWS-LEDGER

business as:

SCOOP TROOP. 401 WESTACRE RD APT 61, WEST SACRAMENTO, CA 95691. County of YOLO. SLAGLE, DANIÈL

WESTACRE RD APT 61, WEST SACRAMENTO, CA 95691 This business is conducted by INDIVIDUAL. The registrant commenced to

transact business under the fictitious business name or names listed above on N/A /s/ DANIEL SLAGLE

This statement was filed with the County Clerk of Yolo County on 06/27/2025

Jesse Salinas, County Clerk/Recorder By: KQUAM, Deputy

7/11, 7/18, 7/25, 8/1/25 CNS-3944707#

NEWS-LEDGER

The

8-1-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS **BUSINESS NAME** FILE NO. F20250495

following person(s) has (have) abandoned the use of the fictitious business name: 1. Ames Taping Tools 2. TapeTech, 1030 Riverside Pkwy, Ste 100, West Sacramento, CA 95605, County of YOLO The fictitious business name re-

ferred to above was filed in the County Clerk's office in YOLO County on 08/18/2021 Current File No. F20250495.

Axia Acquisition Corporation, 1327 Northbrook Pkwy, Ste 400, Suwanee, GA 30083 USA This business was conducted by CORPORATION.

declare that all information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/ CRAIG D. APOLINSKY, SEC-RETARY

This statement was filed with the County Clerk of YOLO County on 06/09/2025 6/27, 7/4, 7/11, 7/18/25 CNS-3937876# **NEWS-LEDGER** 7-18-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE **CHANGE OF NAME**

#CV2025-1606

Lucia Omni Fotsi has filed a pe-

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

tition with this court for a decree changing the name(s) of Lucia Omni Fotsi to Lucian Omni Fotsi. IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on July 31, 2025, at 9:00 a.m. in Department 11, located at 1000 Main Street Woodland, CA 95695 and show cause, if any, why the petition for Change of Name should not be granted.

Timothy L. Fall, Judge of the Superior Court Publish: June 13, 20, July 4, 11, 2025 FOTSI 7-11-25

Dated: June 13, 2025

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE CHANGE OF NAME #CV2025-1659 Farzaneh, Khorsandi Kouhanes-

tani has filed a petition with this court for a decree changing the name(s) of Farzaneh, Khorsandi Kouhanestani to Farzaneh, Khorsandi. IT IS ORDERED that all persons interested in the above-en-

titled matter appear before this court on August 19, 2025, at 9:00 a.m. in Department 11, located at 1000 Main Street Woodland, CA 95695 and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 23, 2025 Timothy L. Fall, Judge of the Su-

perior Court . Publish: July 11, 18, 25, August 1, 2025 FARZANEH

SUPERIOR COURT OF CALIFORNIA COUNTY OF YOLO ORDER TO SHOW CAUSE **CHANGE OF NAME** #CV2025-1809 Janice Marie Jackson has filed a petition with this court for a

decree changing the name(s) of

Janice Marie Jackson to Janice

Marie Fister Pina.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 20, 2025, at 9:00 a.m. in Department 11, located at 1000 Main Street Woodland, CA 95695 and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2025

Timothy L. Fall, Judge of the Superior Court . Publish: July 11, 18, 25, August 1, 2025 **JANICE**

NOTICE OF PETITION TO ADMINISTER ESTATE NOTICE OF PETITION TO ADMINISTER ESTATE OF

FRANCISCA A ROMO AKA FRANCISCA AL VAREZ ROMO CASE NO. PR2025-0167 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be oth-

erwise interested in the will or estate, or both, of Francisca A. Romo, aka Francisca Alvarez Romo. A Petition for Probate has been filed by Tacara Lynn Romo, in the Superior Court of California,

County of Yolo, requesting Tacara Lynn Romo be appointed as personal representative(s) to administer the estate of the decedent. The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and

any codicils are available for examination in the file kept by the court. The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will

allow the executor to take many

actions without obtaining court

approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows: July 29, 2025, 9:00 a.m. in Dept 9. Superior Court of California, County of Yolo, 1000 Main Street, Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state vour objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or

a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DF-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Michael Yee, Yee Law Group, 4010 S Land Park Drive, Suite B, Sacramento, Ca 95822; (916) 927-9001 Publish: June 27, July 4, 11, 2025 7-11-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF **GAIL ANN WILLIS** CASE NO. PR2025-0175 To all heirs, beneficiaries, credi-

tors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Gail Ann Willis. A Petition for Probate has been filed by Kimberely K. Willis, in

the Superior Court of California, County of Yolo, requesting Kimberely K. Willis be appointed as personal representative(s) to administer the estate of the decedent. The petition requests authority to administer the estate under

the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant

the authority. A hearing on the petition will be held in this court as follows: August 5, 2025, 9:00 a.m. in Dept 11. Superior Court of California, County of Yolo, 1000 Main

Street, Woodland, CA 95695.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state vour objections or file written obiections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or

a contingent creditor of the de-

ceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in Cali-YOU MAY EXAMINE the file

kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Mark J. Lamb, 3001 I Street, Suite 130, Sacramento, CA 95816; 916-485-2593 Publish: July 4, 11, 18, 2025 **WILLIS** 7-18-25

NOTICE OF LIEN SALE

Extra Space Storage, on behalf of itself or its affiliates, Life Storage or Storage Express, will hold

LIEN SALE

a public auction to satisfy Extra Space's lien, by selling personal property described below belonging to those individuals listed

CITY OF WEST SACRAMENTO REQUEST FOR PROPOSALS FOR

HOUSING LOAN PORTFOLIO OVERSIGHT AND MANAGEMENT SERVICES The City of West Sacramento is soliciting proposals from qualified firms or individuals ("Proposer")

to provide loan portfolio management services for its existing loan portfolio, with the potential for originating future loans as funding becomes available. Required services consist of all aspects of loan servicing, including but not limited to: loan set-up, long-term tracking; processing monthly statements; collections; customer services; quarterly/annual reporting; and other tasks as described within this Request for Proposals (RFP) package. The City intends to enter into a multiyear agreement for up to three years. The Request for Proposals will be available on the City's Opengov website:

https://procurement.opengov.com/portal/cityofwestsacramento/projects/171561

Proposals are only to be submitted electronically through Opengov by 5:00 p.m., Friday, July 25, 2025.

Any proposals received after this final filing date and time will be automatically rejected. For more information, please contact Isaah Alford, Community Investment Planner, at (916) 617-4555 or by email at isaaha@cityofwestsacramento.org.

CIUDAD DE WEST SACRAMENTO

SOLICITUD DE PROPUESTAS PARA SERVICIOS DE SUPERVISIÓN Y GESTIÓN DE CARTERA DE PRÉSTAMOS HIPOTECARIOS La Ciudad de West Sacramento está solicitando propuestas de firmas o personas calificadas

hipotecarios, con la posibilidad de originar préstamos futuros a medida que haya financiamiento disponible. Los servicios requeridos consisten en todos los aspectos del servicio de préstamos incluyendo pero no limitado a: configuración de préstamos, seguimiento a largo plazo procesamiento de estados de cuenta mensuales, cobros, atención al cliente, informes trimestrales/ anuales y otras tareas descritas en este paquete de Solicitud de Propuestas (RFP, por sus siglas en inglés). La Ciudad planea firmar un contrato multianual por un máximo de tres años. La Solicitud de Propuestas estará disponible en el sitio web de Opengov de la Ciudad:

("Proponente") para proporcionar servicios de supervisión y gestión de cartera de préstamos

https://procurement.opengov.com/portal/cityofwestsacramento/projects/171561 Las propuestas deben presentarse únicamente de forma electrónica a través de Opengov

antes de las 5:00 p.m. del viernes 25 de julio de 2025.

Cualquier propuesta recibida después de esta fecha y hora límite será rechazada automáticamente. Para más información, comuníquese con Isaah Alford, Planificador de Inversión Comunitaria, al (916) 617-4555 o por correo electrónico a isaaha@cityofwestsacramento.org.

West Sac News Ledger 7-11-2025

FICTITIOUS BUSINESS NAME

FICTITIOUS BUSINESS NAME

The following person(s) is doing business as:

ty of Yolo. John Lavezzo, 2426 Westernesse Rd, Davis, CA, 95616 Individual.

This statement was filed with the

FICTITIOUS BUSINESS NAME STATEMENT The following person(s) is (are)

Mailing Address: P.O. Box 25,

The registrant(s) commenced to

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Chaplain Offers — Dating Advice?



Are you familiar with a business named Chispa?

No, I'm not talking about Chispa Project, the nonprofit my daughter Sara founded in 2015 to establish children's libraries in Honduras. Just now, they are working on library #100. No small feat for their small but powerful Honduran team.

But the Chispa I'm referring to is the #1 Latino dating app. According to their website, they are "Fluent in Amor." This Chispa claims to have made "the perfect dating app for single Latina women and single Latino men."

"Chispa" is Spanish for "spark," which is why both the dating app and a literacy organization chose the name. Both organizations are appropriately named. After all, your love life and the books you read can radically light up your life and change your future.

I only mention Chispa, the dating app, because Chispa Project, the non-profit, takes many misdirected phone calls from lovelorn folks asking:

"Why is my account blocked?'

"Why isn't SHE calling

"I haven't found anyone, can I get a refund?"

The incredulous part isn't how they find Sara's number in the first place, but how crazy-certain they are that they've reached the right number -- no matter how many times Sara tells them otherwise.

She's tried clarifying her

opening line to avoid confusion: "Hello, this is Sara at Chispa Project, the non-profit in Honduras!"

"Hi, I'm trying to access my account and..."

"Ooh, so sorry!" Sara says in perfect Spanish, "You've reached Chispa Project, the non-profit in Honduras."

"I really need to get on your site ASAP..." insists the caller.

"Sorry, we're not related to the Chispa dating app. Wrong number.'

They beg her, "Can't you connect me to the right person?"

Listening to Sara patiently explain - again and again that she's not tech support for a dating app reminds me of how often Jesus had to clarify his mission for those who misunderstood him. People sought a political savior or miracle worker, but Jesus kept emphasizing a different purpose.

Despite all the parables, analogies, metaphors, and symbols Jesus used, he was clear and repetitive about one thing in particular love—the chispa that lights everything else.

When he said to "love the Lord your God with all your heart, soul, and mind," and to "love your neighbor as yourself" (Matthew 22:37-39), he pointed to the fire that kindles true connection, purpose, and transformation.

Like a single chispa that can ignite a flame, love sets everything in motion whether it's changing a life through a children's book, finding a life partner, or growing closer to God by following Jesus' example.

To be clear, this columnist does not endorse the dating app in question. I'm already locked into a lifetime subscription with my wife,

It's not the fleeting spark

of romance I'm looking for, but a different kind of spark: one that ignites compassion, healing, and humility. These days, I find myself affirming the love that kindles true connection, purpose, and transformation - like Jesus taught.

How can we all become more fluent in the amor that demonstrates empathy? An amor that humbles us across differences?

In Greek, this type of amor is described as agape—a love that is unconditional, selfless, sacrificial. It's the choice to love regardless of circumstances or feelings.

In English, it might seem that Chispa, the app, and Chispa Project, the non-profit, offer the same thing—a spark of love. Make no mistake, both are important and necessary, but they are different.

Chispa, the app, offers a chance at romantic love. Chispa Project, the nonprofit, encourages the agape love for our neighbors.

I keep telling Sara that she should charge a minimum donation for each of the crisscrossed Chispa calls she gets, but she always mutters something about honesty and goofy dad ideas. But now the choice is

to spark agape in whatever Chispa you end up calling? What chispa will you ignite in your community? Sign up to receive this weekly column in your email

yours-what will you do

box at https://thechaplain. net/newsletter/ or send me vour email address to comment@thechaplain.net. All of Norris's books can be ordered on Amazon. Autographed copies can be

obtained on his website www. thechaplain.net or bysending a check for \$20 for each book to 10566 Combie Rd. Suite 6643 Auburn, CA 95602. ★



Dave Ramsey

Dear Dave,

I have a cleaning and restoration business with 30 employees. Last year, we brought in \$3 million. Things are going very well overall, but considering what we do, I can get calls around the clock, seven days a week. I want to be there for my team as much as possible, but I'm also trying to get them to take on more responsibility and ownership when they're on job sites. Do you have any suggestions?

Joe

Dear Joe,

When someone brings me a problem, and drops it on my desk, I tell them to pick it back up. In other words, I want them to look at the problem as theirs—not mine. Then, I ask one question: Based on what you know about our company, what do you think we would do to fix this? Sometimes they'll be right, and sometimes they'll be wrong. If they're

Dave Ramsey Says

They Expect Me to Solve **Every Problem**

wrong, I'll tell them to go back to their desk, and just quietly think for a few minutes. After, I want them to call me back with three possible solutions to the problem. I'll explain which solution is the right one, and why. I'll also explain why the other two weren't the best ways to handle things.

Do you see what I'm getting at? They're not going to grow if you solve every problem for them. Make them think it through. Because by doing this, you're training them to make decisions. Do you know what else this does? It will eventually relieve you of being jarred awake in the middle of the night by a ringing phone. Joe, you've built a \$3 million company. You've got a big team working with you and making big things happen. You shouldn't have to answer phone calls around the clock.

Transferring the fire in your heart, and the knowledge in your head, to your team members sets everyone up to burn brighter and be more knowledgeable and self-assured. But you'll need to intentionally shift your mindset from stepping in and doing the work to leading it. Start seeing yourself more as a catalyst, a coach and a consultant, rather than the muscle for all the heavy lifting.

If this sounds hard, it's because it is. Delegating, at first, is one of the hardest things you'll ever do in your business. But if you slow down a little to put the best delegation and problem solving processes in place now, you'll be able to move-and grow—even faster later.

Great question, Joe Dave

Dave Ramsey is a ninetime national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions.

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California's July 4 Cookout Costs Higher than National Average

Californians stocking up on groceries for Fourth of July holiday celebrations this week will pay comparatively steeper prices, according to the American Farm Bureau Federation's annual marketbasket survey, which analyzed the cost of cookout staples such as ground beef. pork chops, hamburger buns and lemonade. The average Independence Day cookout for 10 guests in California will cost \$90.06, nearly 27% higher than the national average of \$70.92, the survey found. "Inflation and lower availability of some food items continue to keep prices stubbornly high," AFBF Associate Economist Samantha Ayoub said. She noted that "high prices don't mean more money for farmers," who take home an average of just 15% of food retail revenue. Nationwide, the cost of a Fourth of July cookout remained almost unchanged from last year, with the average grocery bill for a party of 10 falling by 30 cents.

Dairy Farms Make Strides in Capturing Biogas and Reducing Emissions

During the past five years, U.S. dairy farmers more than doubled the amount of methane they capture from manure and convert into biogas using anaerobic digesters, according to data released this week by the American Biogas Council. Overall biogas capture on dairies increased by 130%, generating enough renewable energy to power 615,000 homes per year, the council reported. "The great progress by our dairy farmers in trapping a waste gas and putting it to beneficial use is something all sAmericans can celebrate," ABC Executive Director Patrick Serfass said. "Biogas systems help improve our food system by providing nutrient-rich, odor-free fertilizers, increasing farm sustainability, and helping to keep air and water clean in rural communities."

California Farmers Partner with State to **Protect Groundwater Supplies**

A pilot program launched in 2022 by the California Department of Water Resources to help farmers conserve groundwater supplies has succeeded in saving more than 100,000 acre-feet of groundwater and protecting more than 16,000 domestic wells, according to a report published last week by DWR. By providing \$23 million in grants, the LandFlex program has enabled 52 farms to implement water conservation practices and develop infrastructure such as basins to recharge overdrafted aquifers. "The future of California is one where communities that are dependent on groundwater wells have reliable and safe drinking water, farms can stay in production with sustainable practices, and critical water infrastructure is protected from subsidence," DWR Director Karla Nemeth said.



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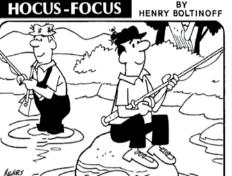






by Dave T. Phipps





Find at least six differences in details between panels

moved. 4. Mountain is different. 5. Ear is larger. 6. Fingers are Differences: 1. Foot is moved. 2. Tree is moved. 3. Rock is

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THERE'S ALWAYS

SOMETHING TO DO





HIYA, TIGER

by BUD BLAKE

NOT NOW, HUGO.I GOTTA



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"And we were worried they'd feel their privacy was being violated.

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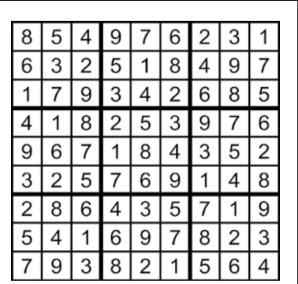




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headgear 11. Elbow-wrist con nection 12. Showing signs of use

13. Legal excuse 15. "The ____ Show" (1976-1980) 16. Black and white cookie 17. Pall

 $_{\mathsf{and}}$ of America 18. *Halle Berry's 2004 role

21. In advance 22 Santa_ 23. *Bouncy, trouncy, flouncy, pouncy one 26. Orbital extremes

43

20. Small island

30. Half and half 31. Casual top 34. Clerk's call 35. Fortuneteller's props 37. Pub offering

38. *Berlioz, Toulouse and _____ of "Aristocats" 39. ____perspirar 40. Silo contents _perspirant

42. Philosophical system 43. More zestful 45. Army's offensives 47. Blast maker, acr.

Ho. "____Line Is It Anyway?" 50. Long, long time 52. *Lewis Carroll's smiley ____ Cat 55. Star Wars attacker

56. First rate (2 words) 57. Foolish 59. Jaws of Life manufacturer 60. *Cereal-praising

tiger 61. Lake north of Cleveland 62. Comedian Schumer 63. Health resort

64. Communists, slangily

DOWN

1. Summer mo. 2. Flocculant, for short

3. Actress Kendrick 4. Riffraff

5. ____ Jean Baker 6. Certain pudding ingredient 7. Happening soon, old

8. Ant construction

9. Competent

_ the season! 12. Suitors

13. Type of acid 14. *Garfield's favorite food

19. Sharpens 22. Blda unit

23. November birthstone 24. Lacking sense 25. Hanukkah coins

26. Atlas stat

27. Chilling

28. Be 29. Champagne flute

part, pl. 32. Whisker

33. Not well 36. *What three little kittens lost

38. Decent person, in 40. Between game and

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match

Goosey Gander" 44. Magazine's special feature

46. Kidnapper 48. What pertussis patients

49. Temporary tattoo ink

50. Class reunion attendee 51. With bloodshed

52. *A. L. Webber musical 53. One in a million

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12 · JULY 11, 2025 **West Sacramento News Ledger**

Disposable E-Cigarettes More Toxic Than Traditional Cigarettes

By Kat Kerlin from the University of California, **Davis News** and Media Relations

SACRAMENTO REGION, CA (MPG) -

They might look like travel shampoo bottles and smell like bubblegum, but after a few hundred puffs, some disposable, electronic cigarettes and vape pods release higher amounts of toxic metals than older e-cigarettes and traditional cigarettes, according to a study from the University of California, Davis.

For example, one of the disposable e-cigarettes studied released more lead during a day's use than nearly 20 packs of traditional cigarettes.

The study, published on June 25 in the ACS Central Science journal noted that although most disposable e-cigarettes are illegal in the United States, they remain widely available.

Most consumers of disposable e-cigarettes are teens or young adults, who are also highly susceptible to lead exposure. Inhaling certain metals can increase a person's risk of cancer, respiratory disease and nerve damage.

"Our study highlights the hidden risk of these new and popular disposable electronic cigarettes with hazardous levels of neurotoxic lead and carcinogenic nickel and antimony, which stresses the need for urgency in enforcement," said senior author Brett Poulin, an assistant professor in the University of California, Davis Department of Environmental Toxicology. "These risks are not just worse than other e-cigarettes but worse in some cases than traditional cigarettes."

First author Mark Salazar, a Ph.D. candidate in Poulin's lab, first saw a disposable vape pod when



he was visiting a friend. The pods are self-contained cartridges that hold a battery, e-liquid and heating coil. Salazar was curious: what exactly was his friend smoking? Salazar brought the pod back to the lab at University of California, Davis and tested its vapor for metal concentrations.

'When I first saw the lead concentrations, they were so high I thought our instrument was broken," Salazar said. "That sparked us into looking further into these disposables."

The scientists analyzed the metal and metalloids inside seven types of disposable devices from three of the most popular brands. Using an instrument to activate disposable



Shown is the inside of a vape pod, a type of e-cigarette, at University of California, Davis. Photo courtesy of Kat Kerlin, University of California, Davis

e-cigarettes and heat the internal liquid, they created between 500 and 1,500 puffs for each device.

They said that some devices emitted surprisingly high concentrations of elements in the vapor, including antimony and lead. Levels of chromium, nickel and antimony increased as the number of puffs increased. Most of the disposable e-cigarettes tested released markedly higher amounts of metals and metalloids into vapors than earlier, refillable vapes.

The scientists then took apart the devices to trace the metals' sources.

"We found that these disposable devices have toxins already present in the e-liquid or they're leaching quite extensively from their components into e-liquids and ultimately transferred to the smoke," Salazar said.

Leaded bronze alloy components

in some devices leached nickel and lead to the e-liquid. Nickel was also released from heating coils and antimony was present in unused e-liquids at high levels, both of which increase the risk of

The researchers also assessed the health risk for daily users. Vapors from three of the devices had nickel levels and two devices had antimony levels that exceeded cancer risk limits. Vapors from four of the devices had nickel and lead emissions that surpassed healthrisk thresholds for illnesses besides cancer, such as neurological damage and respiratory diseases.

While the researchers tested only three of the nearly 100 disposable e-cigarette brands on the market, they say that this initial work prompts concern, given the popularity of disposable e-cigarettes, especially among adolescents.

The market is also outpacing science. Few studies of the relatively new devices are available, leaving consumers and regulators largely uninformed. The work underscores the need to enforce regulations around illegal e-cigarettes while continuing research to reveal the extent of the problem and its public health implications.

The study's co-authors include Lalima Saini, Tran Nguyen, Kent Pinkerton, Amy Madi and Austin Cole from the University of California, Davis.

The research was supported with funding from the University of California Tobacco-Related Disease Research Program, the National Institute of Environmental Health Sciences T32 training program, and the University of California Agricultural Experiment Station.

Sutter, Sacramento Recertified with Top Cardiovascular Honor

It's one of two Comprehensive Cardiac Centers in Northern California

Sutter Health News Release

SACRAMENTO REGION, CA (MPG) - Sutter Medical Center, Sacramento this month received the top cardiovascular honor from The Joint Commission and the American Heart Association. The medical center received its recertification as a Comprehensive Cardiac Center, which represents its commitment to upholding the highest standards of cardiac care quality and

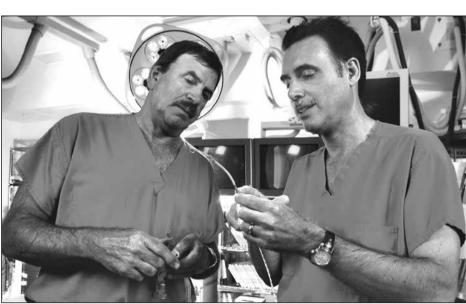
Sutter Medical Center is one of two hospitals in Northern California and 24 in the nation to have received the certification.

"This certification by The Joint Commission and American Heart Association recognizes the dedication and excellence of the cardiovascular staff at Sutter Medical Center," said Dr. David Roberts, section chief of interventional cardiology for Sutter Health's heart and vascular service line. "It is a team sport that requires the doctors, nurses and the entire ancillary staff to function at the very top of their game. I cannot be more proud of

In 2023, Sutter Medical Center became one of only 16 heart programs in the nation and the second in the western United States to earn the certification, the other being Stanford Hospital, Sutter Medical Center's partner for its pediatric heart surgery program.

The recertification earned this month demonstrates Sutter's excellence in heart and vascular care, where cardiologists and care teams "deliver superior quality of care across the cardiac continuum" and provide "world-class, patient-centric service," as outlined by The Joint Commission.

"We pursued becoming a Comprehensive Cardiac Center because we saw an



Sutter heart surgeon Dr. Michael Ingram, left, and Sutter Medical Center, Sacramento medical director of cardiovascular services Dr. David Roberts work in the hospital's specialized hybrid

opportunity, not just to close the gaps that existed but to push ourselves toward true excellence," said Thomas Rhodes, Sutter's Greater Sacramento Division heart and vascular service line executive who championed the certification. "This is one of the most rigorous surveys in healthcare and our cardiovascular team at Sutter Medical Center, Sacramento went well above and beyond, and our patients are the real beneficiaries of that dedication. It's the intent of our leadership team to carry this standard of excellence to sister hospitals across the Sutter Health system." Sutter Medical Center has the most comprehensive cardiac care program in the greater Sacramento region and the only heart transplant program in Northern California outside the Bay Area.

Among its lifesaving services are an adult congenital heart disease program and clinic, which is one of two Northern California programs accredited by the national Adult Congenital Heart Association, and pediatric heart and vascular services, including

heart surgery. Another lifesaving service is a structural heart disease program with the next generation of devices, including transcatheter aortic valve replacement, also known as TAVR, mitral and tricuspid valve repair, and transcatheter mitral, tricuspid and pulmonary valve replacement. In addition, the program offers innovations for percutaneous atrial septal closure, as well as the WatchmanTM device.

Also offered are lifesaving electrophysiology and atrial fibrillation services, including the first regional case with the Affera device for simultaneous mapping and innovative pulse-field ablation for treatment of atrial fibrillation.

Other Sutter lifesaving services are

transplants and cardiac assist devices, including a left ventricular assist device (LVAD), and the Impella heart pump; renal denervation treatment of resistant hypertension; and access to heart and vascular research and clinical trials, testing the latest treatments, devices and surgical approaches.

With a rich history as a pioneer of heart and vascular services that began in 1957, Sutter Medical Center's milestones include successful open-heart surgery, pediatric open-heart surgery, heart transplant, interventional vascular program and pediatric heart catheterization.

"The list of pioneering 'firsts' at Sutter Medical Center, Sacramento and Sutter Heath as a system is a true testament to the hard work and commitment to clinical excellence that each of our heart and vascular specialists leads with," said Dr. Steven Hao, Sutter cardiologist and chief medical officer of Sutter's service lines. "Sutter Medical Center is a crucial 'hub' of quality and innovation within our heart and vascular service line, and this recertification represents our commitment to provide patients with the highest-quality care and experience throughout Northern California. We want the best for our patients, and our medical staff works tirelessly to ensure the heart and vascular care they receive means they can live their fullest, longest lives." Mick Doughty, a Sutter Medical Center, Sacramento patient who received a heart transplant in the 1990s, was told he would gain another 10 years of life with the new heart. Now, more than 30 years after the transplant, Doughty aims to beat the current 40-year record and be admitted into Guiness World Records.

For a complete list of the premier heart and vascular services that Sutter offers, visit https://www.sutterhealth.org/services/ heart-and-vascular.

Staying Healthy and Safe Driving in a Heatwave

DiscoverCars.com News Release

SACRAMENTO REGION, CA (MPG) -

Drivers need to ensure they take precautions this summer, because extreme temperatures have been predicted by the National Weather Service across the U.S. from June

to August. Driving in hot weather means taking some extra steps to make sure your trip is safe and comfortable. DiscoverCars.com, a car rental comparison company, has put together the following tips on driving during a heatwave to keep you and your car cool during the hottest time of the year.

One of the most important steps to take while driving in a heatwave is to drink plenty of water, as dehydration might impact your ability to drive safely. Before you head out, make sure that your car is stocked up with plenty of water bottles for yourself and all passengers.

Driving in very hot temperatures for an extended amount of time could lead to feeling drowsy. It's also important to take breaks

during longer journeys to rest and allow your car to cool down. Consider planning your rest stops in advance so you know exactly where you'll be stopping off at. Additionally, in very hot tem-

peratures, your tires could overinflate due to the air expanding inside them. This can wear your tires down, so it's important to monitor the pressure during a heatwave to keep your car safe. Make sure that your tires are inflated properly before and after long trips.

If you know you'll be driving

during a heatwave, you should check your car's cooling systems to make sure everything is working properly. If your coolant level is low, consider filling it up to prevent your engine from overheating.

Placing sunshades in your car windows is an extra step you can take to help keep your car cool during high temperatures. Sunshades block out harsh sunlight, which can heat up your car during the day. This is especially important if you are traveling with

anyone who is more vulnerable to

extreme heat, such as children or individuals over age 65. Sunshades can be placed in the

backseat windows for passengers sitting in the back and they can be used in all windows after you park. You can also try parking in shaded areas where you can help keep your car as cool as possible. "You should also make sure

your car is prepared for the hot weather," Buraks said. "Ensure your air conditioning and cooling systems are in good working order, as you'll be reliant on these once the hot weather takes over."