



**Mobile Health
Rolls Out New
Services**

PAGE 2

**Girl Scouts
Experience Civic
Engagement
at State Capitol**

PAGE 4



Carmichael Times

VOLUME 46 • ISSUE 29 *Serving Carmichael & Sacramento County since 1981*

JULY 18, 2025

**SEE
INSIDE**

**SAN JUAN UNIFIED
TO RECEIVE NEW
CHROMEBOOKS**



PAGE 3

**SAPPHIRES IN THE
MAIL, ARRIVING
BY THE DAY**



PAGE 4

**YOUTH DETENTION
EARNS HEALTH CARE
ACCREDITATION**



PAGE 5



Scan our QR Code for a direct link to our online edition!

PRSRD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
OR CURRENT
POSTAL CUSTOMER

Teacher Exhibits Nature, Power, Passion



Bridgett Locken's wild horse photography yields a dramatic vignette for her Sacramento Fine Arts Center exhibition.

**Story and photos
by Susan Maxwell Skinner**

CARMICHAEL, CA (MPG) - A hobby has become a passion for a North Highlands' Community Outreach Academy teacher.

Reading specialist Bridgett Locken, 52, took up animal photography 12 years ago. Last week, she launched a one-woman exhibition at the tail end of the "Animal House" show at the Sacramento Fine Arts Center in Carmichael.

"I've loved animals since I was born," Locken told visitors at the July 12 exhibition opening. "Friends suggested I photograph horse shows. I've enjoyed doing this. I heard about the wild mustangs of Carson Valley (Nevada), and I visited them in their wild habitat. I admired their amazing resilience. They're beautiful and free; they're everything we'd all love to be."

Central to the show she calls "Nature, Beauty, Power and Passion,"

Locken's wild mustangs were wildly admired.

"I saw two colts in spring," Locken recalled. "They were sparring right in front of me. I felt the universe gave me a wonderful, magical opportunity."

In minutes, Locken captured hundreds of images.

"You just have to pick the one that speaks to you," Locken said of her exhibited choice. "These young males weren't fighting to the death; they were just practicing to be stallions. Gallery visitors seemed amazed I'd captured such a moment. I'm grateful I was in the right place at the right time."

Locken has traveled to the West Coast with her camera. Among whales, bobcats, bears, deer and bird portraits, bald eagles are a local presence in her exhibition.

"The canyon they inhabit is just miles from my home," explained the Fair Oaks resident. "I often visit them at sunset. After work, surrounding

myself in nature feels wonderful"

Locken's adventures benefit her classes.

"We need visual aids when teaching vocabulary," the mother of two explained. "My students don't get out in nature much. Our school mascot is a bald eagle but most students have never seen one. They're in awe that a bird could be bigger than themselves. Kids are drawn to baby animals. Foals, fawns, owlets; they love the little critters."

Locken's 47-piece exhibition includes several original paintings.

"Artists often use my photos to work from," she noted. "So painting's another avenue for me to explore."

The second lure of Locken's exhibition opening was gastronomic. A pro-baker, she frequently offered "Homebaked Creations" at Carmichael's Sunday Farmers Market.

"Cooking's a creative experience,"

Continued on page 14

SMUD's Giving Friday Returns to State Fair

*Free Admission
to Giving Friday
with Donation of
Nonperishable Foods*

SMUD News Release

SACRAMENTO REGION, CA (MPG) - SMUD's Giving Friday is back at the California State Fair with a new day and a new nonprofit organization benefiting and with the same big heart of giving.

Moving from Mondays to Fridays (July 11, 18 and 25), attendees can enjoy free same-day entry to the California State Fair with a donation of five nonperishable food items to help stock the Sacramento Food Bank & Family Services shelves.

"Giving Friday represents the heart of what SMUD stands for: being there for our community, especially those facing food insecurity," said Farres Everly, SMUD's chief marketing and communications officer. "With rising costs impacting so many families, this partnership creates a simple but powerful way for neighbors to help neighbors while enjoying everything the state fair has to offer."

The numbers tell the story. The Sacramento Food Bank is serving more individuals than ever before. Each item donated helps fill the gap monthly for more than 320,000 children, families and seniors in our region who are struggling to put food on the table.

Any nonperishable donation makes a difference but some items that are especially helpful are dry pasta, macaroni and cheese, rice, oatmeal, cereal boxes, crackers and granola bars, peanut butter, canned vegetables, canned tomatoes, canned beans, canned meat (tuna, chicken, etc.), soups and stews, and canned fruit.

Donations are accepted from 10 a.m. to 2 p.m. at the Cal Expo Main, Blue and Green gates. Upon entry, visitors can enjoy SMUD swag bags, energy-saving tips and induction cooking demos. Also join SMUD from 10 a.m. to 2 p.m. July 19 at the EV Ride and Drive event at the nearby Arden Fair Mall. Test drive an electric vehicle and earn a free State Fair ticket.

SMUD has led successful e-waste, coat, personal care and school supply drives at Cal Expo. These drives have benefited nonprofit organizations such as the Sacramento Children's Home, the Sacramento Regional Conservation Corps and the Elk Grove Food Bank.

For more information about SMUD Giving Friday, visit calexpostatfair.com or smud.org/StateFair.

Bags of Swag at Midas Giveaway

**Story and photo
by Susan Maxwell Skinner**

CARMICHAEL, CA (MPG) - Carmichael's Midas Auto Repair next month will continue a four-year tradition that helps families stay on budget as children return to school.

The Fair Oaks Boulevard store will donate almost 200 new backpacks to students from kindergarten to 12th-grade. The giveaway includes pens, pencils, erasers, writing blocks and earbuds.

To sweeten the deal, Midas owner Kurt Swanson offers free snow cones to all who pick up backpacks.

"We usually run out before noon," said Swanson. "But the offer's good while supplies last. It's great to meet kids and help families."



The Carmichael Midas store sponsors a backpack and school supplies giveaway on Aug. 2, starting at 9 a.m.

A father of one, Swanson sympathizes with breadwinners who struggle to fund children's needs when schools reopen.

"It seems everything gets more expensive every year," said Swanson. "Last year, kids and parents were lined up an hour before the giveaway was supposed to start. My wife and our staff feel great being able to give back to the community in this way"

Any family can participate in the giveaway but the organizers won't provide supplies to adults without children.

As the dealership has limited customer parking, Swanson requests visitors to come on foot, if convenient, or to leave cars on Landis Avenue.

Carmichael Midas is at 6840 Fair Oaks Blvd., Carmichael. ★

Mobile Health Rolls Out New Services

Sacramento County Department of Health Services News Release

SACRAMENTO REGION, CA (MPG) - Sacramento County's mobile clinic is doing more than just rolling into neighborhoods; it's rolling out a whole new level of care.

Wellness Without Walls (W3), the county's mobile health program, has added Behavioral Health Services' Homeless Engagement and Response Team (HEART) to its network, bringing mental health and substance use services directly to people experiencing homelessness or housing instability. This expansion is helping Wellness Without Walls deliver whole-person care in one stop.

HEART staff, which include master's level clinicians and peers with lived experience, now co-deploy with Wellness Without Walls in the field and to local shelters to provide behavioral health screenings, treatment referrals and ongoing case management. They've begun distributing Narcan and fentanyl test strips and have been working side by side with Wellness Without Walls' medical staff to reach individuals where they are.

By blending physical and behavioral health services into one visit, the effort increases access and also reduces the stigma around asking for help.

"HEART is very excited about this collaboration," said Health Program Manager Monica Rocha-Wyatt. "In order to address the health needs of the homeless population, you have to address the whole person, both physical and behavioral health. Including a BHS screening as part of overall health services also removes some of the stigma that still exists regarding mental illness and substance use. Making this full menu of services available makes it more convenient and more likely individuals will take advantage of the services."



Members of Sacramento County's Wellness Without Walls (W3) program celebrate a new collaboration with Behavioral Health's Homeless Engagement and Response Team (HEART), bringing physical and behavioral health services together in one mobile visit. Photo courtesy of Sacramento County Department of Health Services

Wellness Without Walls began as a collaboration between divisions of the Department of Health Services, Public Health and Primary Health, in 2022, with support from the Health Resources and Services Administration and the Centers for Disease Control and Prevention. Public Health leads sexual health efforts, offering HIV and STI testing, education and referrals. Primary Health operates the mobile clinic and delivers services such as wound care, medication and chronic disease management. The idea is simple: if people can't get to a clinic, the clinic should come to them.

Since its launch, Wellness Without Walls has grown into a full-scale outreach effort, thanks

to the support of community partners such as Loaves and Fishes, First Step Communities, Community Health Works and UC Davis' School of Nursing. Local organizations and businesses, from pharmacies to pet wellness services, have also helped expand services and meet the diverse needs of patients in the field.

Bringing HEART into the mix adds a crucial layer to Wellness Without Walls's mission. Many people served by the mobile unit are managing co-occurring conditions such as depression, trauma or substance use but might not know where to turn. With HEART onboard, patients can now receive behavioral health care on the spot, alongside their physical care, making it

easier to begin the recovery and healing process.

The results speak for themselves. Wellness Without Walls has already served hundreds of individuals, reconnecting some with HIV care, helping others begin Hepatitis C treatment and supporting people through housing transitions and benefit navigation. But beyond the medical outcomes, the true measure of success is trust. Patients return. They recognize the staff. They open up. And they take that first step toward stability, often because someone met them exactly where they were.

"Even though the effort only recently launched, the potential is obvious," said Rocha-Wyatt. "Individuals experiencing homelessness are not refusing

services. Traditional services are too hard to access for people without reliable transportation, those afraid to leave their encampment and their belongings or those who have to go to multiple locations for care, etc."

Wellness Without Walls staff say the HEART collaboration has been a natural fit and each division is learning from the others. Everyone shares the same goal: to make care easier, not harder, for people in crisis.

"I hope this new partnership sets an example of what can be done through collaboration," said Rocha-Wyatt. "Long gone are the days of siloing services; the culture has shifted to collaborating and combining efforts for more efficient and easier to access services." ★

America's Choice in Homecare.
VisitingAngels
 LIVING ASSISTANCE SERVICES

Select Your Caregiver®

- Meal Preparation
- Light Housekeeping
- Errands & Shopping
- Bathing Assistance
- Dressing Assistance
- Hygiene Assistance
- Assistance with Mobility
- Friendly Companionship
- Flexible Hourly Care
- Respite Care for Families
- Medication Reminders

916.971.9333
www.VisitingAngels.com/Sacramento

Each Visiting Angels agency is independently owned and operated. Lic. #344700003

Bringing You Home

DIEZ & SIGG GROUP
 REALTOR® RE/MAX GOLD

6709 Stanley Avenue, Carmichael | Offered at: \$1,170,000

Own a slice of Carmichael just steps from the American River Parkway, scenic walking and biking trails, Milagro Centre, and top-rated schools. This beautifully maintained ranch-style home sits on a generous .63-acre corner lot and welcomes you with warm curb appeal, a sprawling green lawn, mature trees, and a charming front porch. Inside, the spacious single-story layout offers four bedrooms and three remodeled baths including two full master suites, a rare and valuable feature perfect for multigenerational living or long-term guests. The living room is bright and airy, featuring a stacked-stone fireplace and a large bay window that floods the space with natural light. You'll find an inviting formal dining room and a well-appointed kitchen with Quartz countertops, upgraded stainless steel appliances, ample cabinetry, and bar seating. An additional dining area opens to the backyard, where the true magic of this home unfolds. A sparkling pool, expansive lawn, covered patio, multiple gathering areas, cozy gazebo, and mature landscaping offer endless possibilities for outdoor entertaining and relaxation. With a three-car garage, possible RV access, and a fully fenced yard, this home is truly a rare find in one of Carmichael's most desirable neighborhoods.

Craig Diez
 Realtor®/Owner
 Craig@DiezandSiggProperties.com
 CalRE #01019930
916.425.5884
 CraigDiezProperties.com

Jordan Diez
 Realtor®
 Jordan@DiezandSiggProperties.com
 CalRE #02150179
916.425.5884
 JordanDiezProperties.com

The accuracy of all information contained herein regardless of source including, but not limited to square footage and lot size, is deemed reliable but is not guaranteed by RE/MAX Gold and should be independently verified by the appropriate professionals. Source: MetroList. CA DRE 01215931.

DIEZ & SIGG GROUP
 REALTOR® RE/MAX GOLD

Awarded
 2017 2020
BEST OF CARMICHAEL
 2018 2021
 2019 2023

DiezandSiggGroup.com | [f/DiezandSiggGroup](https://www.facebook.com/DiezandSiggGroup) | [i/DiezandSiggGroup](https://www.instagram.com/DiezandSiggGroup)

MEASURE G BOND PROJECTS

MEASURE G PROJECTS IN PROGRESS!

Learn about exciting Measure G projects and get community updates by visiting our website

Scan the QR code to learn more!

carmichaelpark.com/measure-g-updates

Carmichael
 RECREATION AND PARK DISTRICT

San Juan Unified to Receive 3,000-Plus New Chromebooks

San Juan Unified School District News Release

SACRAMENTO REGION, CA (MPG) - Each year, San Juan Unified's Technology Services team conducts a districtwide Chromebook inventory to ensure every student has access to the tools they need for learning.

In a time when technology is essential for research, assignments and testing, reliable devices play an important role in supporting student achievement and equity.

Students are introduced to real-world skills through the use of Chromebooks, from collaborating to designing to the responsible use of artificial intelligence (AI). These tools and more are preparing students for post-secondary education, career and life.

By tracking, repairing and replacing thousands of devices each summer, the district is able to keep classrooms connected and instruction uninterrupted.

With more than 47,000 Chromebooks in circulation across the district, inventory began in March to prepare for the large distribution of new Chromebooks over the summer.

There is an expected distribution of 84 carts, bringing more than 3,000 new Chromebooks to schools across the San Juan Unified District.

"The distribution of carts depends on the schools' needs," said Esteban Ramirez, a coordinator for the San Juan Unified Technology Services team. "Not every classroom is going to get a cart. It all depends on what the teacher is using them for."

Staff and students are encouraged to keep the devices stored in the cart they originally arrived in to avoid misplacement and ensure that they are fully charged. At a full charge, the laptops can last throughout the school day, providing learners with no disruption during class.

Each Chromebook is



The San Juan Unified School District's Technology Services team began the annual Chromebook inventory in March and will complete it over the summer. Photo courtesy of San Juan Unified School District

configured to have the school site's settings and access to San Juan Unified's WiFi network. With these unique settings, all learners are granted access to any device in their school by logging in with their credentials.

"A student can pick up and log into any Chromebook and have access to all their data," said Ramirez.

Through the use of installed applications, students can work worry-free as all their documents are saved automatically and stored in their drive.

Students are encouraged to follow safety practices when handling technology. When the devices are handled with care, they last longer and are available for learning. Each classroom provides further guidelines to follow along with school and district



Each Chromebook cart is equipped with a class set of Chromebooks and chargers. Photo courtesy of San Juan Unified School District

rules on how to use computers and the internet.

After older Chromebook models and damaged devices are replaced at schools, they are

sorted by damage and later saved for parts, repaired or disposed of as electronic waste (e-waste).

At San Juan Unified, the most common support ticket has been

to report damaged equipment. A leading cause of damage is due to vandalism, ranging from cracked screens to burnt laptops.

"It's a tool that they are using every day," said technology support specialist Richard Tonti. "Toward the end of the year, there is not enough material to swap out immediately. We generally work to get things turned around within a day or two."

While the larger work is completed over the summer, technical support is available throughout the school year.

School sites can request assistance through the San Juan Unified Help Desk. Based on the request, a Technology Services staff member will then visit the school to collect any damaged equipment and replace it with a working product on the spot. ★

California State Fair
July 11-27

Times Like These

New Hours:
Mon - Thur: 4pm - 10pm
Fri - Sun: 10am - 10pm

CALIFORNIA STATE FAIR
JULY 11-27, 2025

Join Us For Carmichael's Premier Event

CARMICHAEL PARKS FOUNDATION'S
6th Dinner in the Park
FOOD / MUSIC / FUN

A Music Filled Gourmet Dinner, Live Auction and Fund a Need Benefiting Youth Education and Recreation Scholarships and Park Improvements

JENSEN BOTANICAL GARDEN
SATURDAY, SEPT 6TH | 5:30-9:30

\$150 per person
Reserved VIP Table for 8 - \$1,400
Reserved VIP Business Table for 8 - \$1,600 - (Includes Business Promotion)

TICKETS ON SALE NOW!

SCAN HERE FOR TICKETS OR FOR MORE INFORMATION:

Or go to:
CarmichaelParksFoundation.org

Visit with friends at the complimentary wine and beer reception - sponsored by Carol Dreyer - at Sutter Community Garden and enjoy the jazz stylings of the Henry Robinett Trio.

Stroll the tree-lined wine and musical trail leading to the Jensen Botanical Garden - sponsored by Rich Desmond - and experience 3 additional musicians along the way.

Enjoy a gourmet meal prepared by Hawks served on elaborately dressed dining tables in the botanical garden.

Score an incredible deal at a thrilling live auction led by Skip Wahl of Skip's Kitchen.

Finally, dance under the stars to Wasted Space, voted "Best Concert In The Park Band", 2024!

Celebrating our 16th year as a non-profit public charity!

CarmichaelParksFoundation.org
Carmichael Parks Foundation
Carmichael Parks Foundation Public Charity 501(c) (3) - Tax ID 26-4274059

Girl Scouts Experience Civic Engagement at State Capitol

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Girl Scouts Heart of Central California (GSHCC) was proud to welcome Girl Scouts from across the state for a two-day educational experience centered on civic engagement and advocacy.

This immersive event, which took place on June 19 and 20, was open to Girl Scouts in grades four through 12 and designed to inspire the next generation of changemakers by connecting them directly with government and public service.

Participants engaged in hands-on workshops, toured the historic State Capitol, met with legislators and took part in panel discussions, featuring elected officials and leaders in civic life. The experience empowers girls to explore how the government works, understand their role in a democracy and develop their voices as



Girl Scouts pose in the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California

advocates for the issues they care about.

“This event gives girls a rare opportunity to see government in action and to realize that they, too, can lead and make a difference in their communities,” said Adriana Pedroza,

associate director of girl experience at Girl Scouts Heart of Central California.

Girl Scouts Heart of Central California is dedicated to building girls of courage, confidence and character, who make the world a better place.

Through various programs and initiatives, the organization empowers girls to take the lead in their lives and communities.

Headquartered in Sacramento, Girl Scouts Heart of Central California serves over 16,000 girl and adult

members across 18 counties, including Alpine, Amador, Calaveras, Colusa, El Dorado, Glenn, Mariposa, Merced, Nevada, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Sutter, Tuolumne, Yolo and Yuba. ★



Girl Scouts listen to a tour guide outside of the Governor's Office at the State Capitol Building during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California



Girl Scouts listen attentively while inside the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California



Above right: The electronic sign in the California State Senate says, “The California State Senate Welcomes Girl Scouts.” Photo courtesy of Girl Scouts Heart of Central California

Right: Girl Scouts listen attentively while inside the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California

Sapphires in the Mail, Arriving by the Day

Story and photos by Kimberly A. Edwards

SACRAMENTO REGION, CA (MPG) - The highlight of my day is awaiting the mail truck, as I'm on the watch for flats, bundles and cardboard boxes.

This new pastime is an unexpected treat of buying books and articles written by early authors of the California Writers Club Sacramento. Our club is turning 100 years old this fall. The hunt has made me realize that not only were these authors talented but that they deserve honor. They are deceased now but the books, poems and articles they left behind endure.

Daily, I scour club records for references to work published. Then I tear through the internet, screen after screen, chasing available titles.

Books are searchable, although covers changed by publishers make first editions hard to identify.

Magazines can be fleeting. For example, so-and-so sold stories to Love Stories, Argosy, Secrets, Intimate Stories, Essence, Popular Mechanics, Weird Tales, Dude, Popular Science, Better Homes and Gardens, Teen and so on. But our records don't specify the exact date of publication. So last night, I foraged for an hour for “The Torso on the Rocks,” sold to Trapped Detective Story Magazine. No luck.

Each day's mail brings surprises, as I rediscover the forgotten gems I've ordered. Our club, an affiliate of the California Writers Club in 1925, claimed members who

published as early as 1914. Yesterday, I discovered early publisher Jo Anderson, “His Print Shop,” at 416 J St., Sacramento. The illustrations done by a name described as “Sacramento Boy” went on to become an internationally famous article.

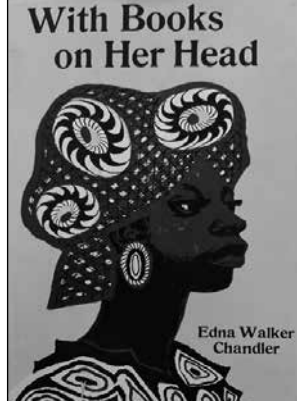
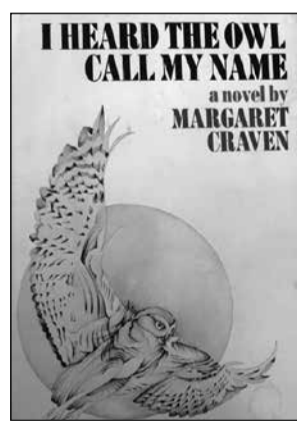
Enthusiasm can be dizzying. Four times I ordered duplicate copies of the same book but they were different covers. Twice I ordered “The Golfer's Bible” but one turned out to be a real Bible. Recently, the bank put my credit card on hold for charges thought to be suspicious.

On a dark night, I realized that I had accidentally disposed of something in the garbage bins. With a flashlight and a stool, I dug for a discarded photo of nationally-syndicated columnist “Helen Help Us” Helen Bittel.

It's exciting to find an early book, especially a scarce one. I'm not a professional book trader, so I obviously don't know what I'm doing. I'm just snatching what I can, convincing myself that the dazzle of yore belongs to us in Sacramento.

Having studied multi-cultural children's books in the '70s, I know that librarians in those days had little guidance when ordering books with diverse characters. I am, thankfully, finding in this growing trove of jewels respectable renditions.

What tested my mettle, however, were two early books with “Pickanny” in the title. One was dedicated to the students of



These books are just a few of the works by Sacramento-area writers. Some of the authors were published as early as 1914. California Writers Club, Sacramento will celebrate 100 years of excellence in writing on Oct. 18 at North Ridge Country Club. Go online to sacramentowriters.org for more information about the writers club and its 100th-year anniversary.

own our past and understand that perspective at the time differs from love on the page crafted laboriously by an author with good intentions.

Many of our early authors' books were made into movies. One inspired the TV series, “Grizzly Adams.”

Edna Chandler and Lee Roddy published more than 50 books apiece.

Duane Newcomb sold 2,000 articles. Leo Rosenhouse sold dozens monthly.

Psychiatrist Walter Bromberg, author of “Crime of the Mind,” served as an expert on famous criminal cases. Edna Mae Burnam Nauman wrote the “Dozen a Day,” music instruction for piano students.

Attorney Ken Donelson and his wife, Irene, wrote “Married Today, Single Tomorrow: Marriage Breakup and the Law.” Diane Davidson wrote “Feverisham” about a real-life murder in Tudor England.

Walter T. Boyd, having worked in secret military operations, wrote about cryogenics.

Amparo Campeón wrote a column for Spanish-language newspaper, “El Hispano.”

Bud Gardner became the most inspirational writing teacher in the U.S.

Eva Rutland wrote, “When We Were Colored.”

So what will we do with this stockpile of early work of which we are so proud? We plan to display it at our “100 Years of Writing Excellence in Sacramento” event from noon to 3 p.m. Oct. 18 at North Ridge Country Club. Presenters

will include award-winning featured speaker Jack Ohman, Rich Ehsen, poet Carol Lynn Stevenson Grellas, literary agent Sandra Proudman and Alison Linton of the local CBS affiliate. For tickets or more information, go to sacramentowriters.org.

The 102-year Kiyo Sato International award winner will be on hand. Attendees will learn about early magazines and trends in publishing.

We thank our partners, the Crocker Art Museum, the California State Library, the Sacramento Public Library and the Center for Sacramento History.

As a child whose hands leaked stories from the minute I awoke, I believe that everyone who wants to write should be encouraged and we need to applaud all who have.

Questions remain: will my credit card be deactivated due to flagged purchases around the globe? What am I going to do with these treasures after the event, since they are taking over my condo?

Sapphires shine and can last forever, as will these works, long past my condo and me.

Kimberly A. Edwards, first vice-president of the California Writers Club, is a long-time writer with credits in national magazines, international media, newsletter publishing, reporting, column writing, poetry and memoir. Everyone in the writing community is invited to join the Centennial event (sacramentowriters.org) to honor early writers and those currently devoted to all genres, including journalism. ★

Youth Detention Earns Health Care Accreditation

Sacramento County Health and Social Services News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Youth Detention Facility has once again earned national recognition for its health services, receiving full reaccreditation from the National Commission on Correctional Health Care (NCCCHC).

The accreditation highlights the outstanding work of the medical and behavioral health team operated by Sacramento County's Department of Health Services, which provides care to youth, including young adults ages 18 and older, housed in the facility.

The reaccreditation, awarded in June, follows the team's initial National Commission on Correctional Health Care accreditation in 2021. Since then, staff have continued to uphold and improve upon national standards, implementing 17 new policies to align with updated 2022 requirements.

The latest National Commission on Correctional Health Care review found the county's health services to be 100 percent compliant with all applicable essential and important standards for quality in juvenile correctional health care across the country. Juvenile Correctional Health services include physical health, behavioral health, dental, pharmaceutical and ancillary care.

For 45 years, the National Commission on Correctional Health Care's highly



The Sacramento County Youth Detention Facility earns national recognition for its health services, receiving full reaccreditation from the National Commission on Correctional Health Care (NCCCHC) in June. Photo courtesy of the Sacramento County Health and Social Services

respected standards have provided guidance to help correctional health professionals and administrators improve the health of justice-involved populations and the communities to which they return. Consensus-based standards are developed in consultation with national experts in juvenile health care, mental health, law and corrections—and are designed to strengthen systems, increase efficiency and reduce legal risk.

For the staff, this achievement is more than a credential.

"We've always exceeded the minimum Title 15 requirements," said Health Program Manager Pamela Gandy-Rosemond, who has led the team since 2007. "But this accreditation process helps ensure we're not just compliant—we're

continually raising the bar."

That dedication was evident to National Commission on Correctional Health Care surveyors, who commended the team for the excellent care they observed during their on-site visit.

Medical, mental health and probation staff worked together to ensure every standard was met. Team members shared materials, aligned practices and met regularly to stay on track. The Quality Improvement team also implemented enhanced peer review processes to help staff continue practicing at the highest level of their professional licensure.

"In continuing to achieve NCCCHC accreditation, our Juvenile Correctional Health team has demonstrated their commitment to providing high-quality health

care services to detained youth by ensuring effective and efficient service delivery in collaboration with Sacramento County Probation Department, Division of Behavioral Health Services and community service agencies," said Deputy Director of Primary Health Services Noel Vargas. "Accreditation is a voluntary process, and I am so proud of our staff for successfully maintaining this distinction. Providing appropriate health care to young people can positively impact the direction of their lives."

With reaccreditation in place through 2027, staff remain focused on training, standards review and ongoing collaboration to maintain the excellence that earned them this distinction and that the youth in their care deserve. ★

Preschoolers Exposed to Broad Range of Potentially Harmful Chemicals

Findings concern researchers because early childhood is a critical period for brain and body development

UC Davis Health News Release

SACRAMENTO, CA (MPG) - A national study published in Environmental Science & Technology finds children aged 2 to 4 years in the United States are routinely exposed to a broad range of potentially harmful chemicals. Many of the chemicals the researchers identified are not routinely monitored and may pose health risks.

The research was conducted by multiple institutions across the United States in coordination with the Environmental influences on Child Health Outcomes (ECHO), a program supported by the National Institutes of Health (NIH).

The researchers analyzed urine samples from 201 children aged 2 to 4 years. They tested for 111 chemicals. Their study found that 96 chemicals were detected in at least five children, 48 chemicals were found in over half of the children and 34 chemicals were detected in more than 90% of children, including nine chemicals not currently tracked in national health surveys like the National Health and Nutrition Examination Survey (NHANES).

"Our study shows that childhood exposure to potentially harmful chemicals is widespread. This is alarming because we know early childhood is a critical window for brain and body development," said Deborah H. Bennett, lead author and UC Davis professor in the Department of Public Health



Children aged 2 to 4 years in the United States are routinely exposed to a broad range of potentially harmful chemicals. Many of the chemicals the researchers identified are not routinely monitored and may pose health risks. Photo by Artem Podrez @pexels.com

Sciences. "Many of these chemicals are known or suspected to interfere with hormones, brain development and immune function."

Children Exposed to Chemicals Through Everyday Activities

The NIH-funded ECHO Cohort combines data from pregnancy and pediatric cohorts to examine the impacts of early environmental exposures on child health and development. This study looked at samples of 201 children from four states (California, Georgia, New York and Washington).

The researchers looked for childhood exposure to common environmental chemicals. These included phthalates and phthalate alternatives used in plastics like toys and food packaging, as well as personal care products and household items. Parabens

commonly used in cosmetics, lotions, shampoos and pharmaceuticals. Bisphenols found in plastic containers, food can linings and thermal paper receipts. Benzophenones found in sunscreens, cosmetics and plastics. Pesticides used in agricultural and residential pest control. Organophosphate esters (OPEs) used as flame retardants in furniture and building materials and as plasticizers in food packaging. Polycyclic aromatic hydrocarbons (PAHs), byproducts of combustion found in vehicle exhaust, grilled foods and tobacco smoke. Bactericides found in antibacterial soaps and personal care products.

Children are exposed to these environmental chemicals through everyday activities, such as eating, drinking, breathing indoor and outdoor air and touching

contaminated surfaces.

Frequent hand-to-mouth contact, playing close to the ground, and higher intake rates relative to their smaller body weight make kids especially vulnerable to chemical exposure.

Trends and Disparities

In addition to the widespread exposure, the researchers noted some trends.

Levels of triclosan, parabens, PAHs and most phthalates decreased over the years the samples were collected (from 2010 to 2021).

An alternative plasticizer, DINCH (di-iso-nonyl-cyclohexane-1,2-dicarboxylic acid), and emerging pesticides, such as the neonicotinoid acetamiprid, pyrethroid pesticides, and the herbicide 2,4-, showed an upward trend.

Firstborn children had

significantly lower chemical levels than their younger siblings.

Chemical levels were often higher in younger children (age 2) than in 3- or 4-year-olds.

Children from racial and ethnic minority groups had higher levels of parabens, several phthalates and PAHs.

Most of the children's mothers provided urine samples during pregnancy. This allowed the researchers to analyze the chemicals in the mother's urine with those in the children's urine.

They found the children had higher levels of several chemicals than their mothers did during pregnancy. These included two phthalates, bisphenol S (often used as a BPA replacement) and the pesticide biomarkers 3-PBA and trans-DCCA.

Need for More Monitoring and Regulation

The researchers emphasize that further studies are necessary to comprehend the long-term health implications of these chemicals.

"Exposure to certain chemicals in early childhood, such as pesticides, plasticizers and flame retardants, has been linked to developmental delays, hormone disruption and other long-term health issues," said Jiwon Oh, first author of the study and a postdoctoral scholar in the UC Davis Department of Public Health Sciences. "This new study highlights the urgent need for expanded biomonitoring and stronger regulations to protect children from harmful exposures." ★

Stay Safe in Triple Digit Heat

California Governor's Office of Emergency Services News Release

SACRAMENTO REGION, CA (MPG) - With temperatures forecasted to reach triple digits, the California Governor's Office of Emergency Services (Cal OES) wants Californians to stay safe from the heat.

A few tips and considerations to stay safe from heat and reduce health risks are to check weather forecasts and advisories to know when excess heat is expected and how long it's expected to last. Create a heat plan and encourage others to stay safe during a heat event.

Visit a local cooling center or

air-conditioned space, such as a library, community center or shopping center. If you're unable to travel or find an air-conditioned space, consider closing windows, doors, shades and curtains to prevent hot air and sunlight from entering your home during high heat days. Place a cool, damp towel on the back of your neck and wear light-colored, loose-fitting clothes. Use cool compresses and take a cool shower or bath to help reduce body temperature, providing relief from the heat.

Identify individuals in your life, such as family, friends and neighbors, who could help support you during heat events.

Remember, creating an emergency preparedness plan based



Create a heat plan and encourage others to stay safe during a heat event. Image by Bruno from Pixabay

on your personal needs is critical to ensure you and your loved ones remain safe during an emergency.

Sign up for emergency alerts

with your county or local officials. You can choose how to get alerts sent to you when you sign up, including cell phone, home phone, email, text messages and, in some cases, teletypewriter devices.

Sign up for a medical baseline program, an assistance program for people who depend on power for certain medical needs. Participation is important to ensure you receive additional notification of current or upcoming power shutoff events, which may occur during extreme heat events.

Talk to your healthcare provider or pharmacist to see if any of your medications affect your body's ability to regulate temperature. Before an emergency, organize and protect your prescriptions,

over-the-counter medicine and vitamins.

Heat Ready California shares some health complications that can result from exposure to extreme heat including cardiovascular disease, respiratory disease, kidney disease, diabetes, neurological conditions and mental health conditions.

Heat stroke symptoms can include high body temperature, dizziness, rapid heart rate, confusion and loss of consciousness. Call 9-1-1. Heat exhaustion signs include sweating, weakness, dizziness, nausea, vomiting and headache. Move to a cool place and get medical help if symptoms get worse or last longer than one hour. ★

LEGAL ADVERTISING Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising Hotline 916-483-2299 Legal Advertising Fax 916-773-2999

FICTITIOUS BUSINESS NAME STATEMENTS FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04296 Mohammed Meraj Desai, 1089 Brock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "MLA PrimeMarket" 1089 Brock Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2025 Publish: June 27, July 4, 11, 18, 2025 MLA 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03846 Ruben Fragoso Regalado, 6617 Whitsett Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "RF Landscaping" 6617 Whitsett Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 21, 2025 Publish: June 27, July 4, 11, 18, 2025 RF 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04513 Catholic Funeral & Cemetery Services of the Diocese of Sacramento, Inc., 2110 Broadway, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "St. Joseph Catholic Cemetery" 2615 21st Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County June 17, 2025 Publish: June 27, July 4, 11, 18, 2025 CEMETARY 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04102 Halal Spot LLC, 7700 Sunrise Boulevard, Suite 1000, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Halal Spot" 7700 Sunrise Boulevard, Suite 1000, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 2, 2025 Publish: June 27, July 4, 11, 18, 2025 HALAL 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04542 Anthony Zakhar, 8581 23rd Avenue, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Glass Pro's" 8581 23rd Avenue, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 18, 2025 Publish: June 27, July 4, 11, 18, 2025 GLASS 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04538 Khoshal Parwani, 9100 Tuolumne Drive, Apt 37, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Happy Lawn Care" 9100 Tuolumne Drive, Apt 37, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 18, 2025 Publish: June 27, July 4, 11, 18, 2025 HAPPY 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04547 Donald Scott White, 4136 Borderlands Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mainstream Resellers" 4136 Borderlands Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 18, 2025 Publish: June 27, July 4, 11, 18, 2025 MAIN 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04324 Daniel Joseph Palermo, 1175 Reston Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "DP Mortgage Consulting" 1175 Reston Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2025 Publish: June 27, July 4, 11, 18, 2025 DP 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04286 Monroe Enterprises, Inc., PO Box 273, Monroe, WI 53566 is doing business under the Fictitious Business Name(s) "Credit Bureau Centre" 1804 10th Street, Monroe, WI 53566. Filed with the Clerk of Sacramento County June 9, 2025 Publish: June 27, July 4, 11, 18, 2025 CREDIT 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04364 John Holt, 3315 Spicewood Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Saved Child Studio" 3315 Spicewood Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 11, 2025 Publish: June 27, July 4, 11, 18, 2025 SAVED 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04464 OJ's Pantry, 2717 Tierra Grande Circle, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Folsom Grocery Outlet" 671 E Bidwell Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 16, 2025 Publish: June 27, July 4, 11, 18, 2025 FOLSOM 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04362 2257 Ventures, LLC, 843 River Pointe Circle, Oakdale, CA 95361 is doing business under the Fictitious Business Name(s) "San Andreas RV Park" 693 W Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County June 11, 2025 Publish: June 27, July 4, 11, 18, 2025 ANDREAS 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04378 Boutique Family Photography LLC, 1401 21st Street, #7291, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "LaLa Photography Sacramento/LaLa Photography" 1835 Prairie City Road, #500, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 11, 2025 Publish: June 27, July 4, 11, 18, 2025 LALA 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04448 Grizzly Hottie LLC, 3037 Stanton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Ellie Mae Wilde" 3037 Stanton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2025 Publish: June 27, July 4, 11, 18, 2025 ELLIE 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04521 Tabaka & Co LLC, 7468 Palmer House Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Tabaka & Co" 7468 Palmer House Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 17, 2025 Publish: June 27, July 4, 11, 18, 2025 TABAKA 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04528 M.T. Stomach Catering LLC, 7195 Canelo Hills Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Momo's Smokehouse" 7431 Madison Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 17, 2025 Publish: June 27, July 4, 11, 18, 2025 MOMO 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04414 WestCoast Mortgage Group and Realty Company, 2716 Broadway, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Mission Ready Mortgage" 2716 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County June 12, 2025 Publish: June 27, July 4, 11, 18, 2025 MISSION 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03823 K2S Group, LLC, 2308 Seabler Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Alibi Bar" 617 Munroe Street, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 21, 2025 Publish: June 27, July 4, 11, 18, 2025 ALIBI 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03962 Ravinder Saini, 55 Quinta Court, Suite F, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "New Globex Wholesale" 55 Quinta Court, Suite F, Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 27, 2025 Publish: June 27, July 4, 11, 18, 2025 NEW 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04550 Horizon Locksmith LLC, 1924 Marconi Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Horizon Locksmith" 1924 Marconi Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 18, 2025 Publish: June 27, July 4, 11, 18, 2025 HORIZON 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04091 Blake Lall, 6560 Riverside Boulevard, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Creative Buys" 6560 Riverside Boulevard, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 2, 2025 Publish: June 27, July 4, 11, 18, 2025 BUYS 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04240 Graceline LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Summit Auto Group/DealerEase" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 5, 2025 Publish: June 27, July 4, 11, 18, 2025 SUMMIT 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04567 18 Source LLC, 7804 Auburn Woods Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "18 Source Productions/EliteDIY.com" 7804 Auburn Woods Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2025 Publish: June 27, July 4, 11, 18, 2025 SOURCE 7-18-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03941 Marco McDonough, 1861 Coarse Gold Place, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Sacramento Real Estate Group" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County May 23, 2025 Publish: July 4, 11, 18, 25, 2025 SACRAMENTO 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04178 Marlik LLC, 1641 Daunting Drive, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "LOOTI" 8525 Madison Avenue, Suite 127, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 4, 2025 Publish: July 4, 11, 18, 25, 2025 LOOTI 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04512 Ahad Tax Solutions LLC, 2717 Cottage Way, Suite 3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Ahad Tax Solutions" 2717 Cottage Way, Suite 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 17, 2025 Publish: July 4, 11, 18, 25, 2025 AHAD 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04596 Jennifer Rogers, 5941 N Haven Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "West Coast Lemonade" 5941 N Haven Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 20, 2025 Publish: July 4, 11, 18, 25, 2025 LEMONADE 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03593 Atarah Lockett, 2285 Natomas Park Drive, Unit 12301, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Too Die For Experience" 3160 Arden Way, Suite #134, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 12, 2025 Publish: July 4, 11, 18, 25, 2025 LOCKETT 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04549 Ohannes Boghossian, 1001 Eastern Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Vanini European Clothier" 1031 L Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 VANINI 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04006 Keyswag Capital Inc., 401 West A Street, Suite 200, San Diego, CA 92101 is doing business under the Fictitious Business Name(s) "Key Real Estate Capital" 401 West A Street, Suite 200, San Diego, CA 92101. Filed with the Clerk of Sacramento County May 28, 2025 Publish: July 4, 11, 18, 25, 2025 KEYSWAG 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04276 Kalpesh Patel DDS PC, 911 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Stonebrook Dental" 911 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 6, 2025 Publish: July 4, 11, 18, 25, 2025 STONEBROOK 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03069 Shreeram Ventures LLC, 1189 Rio Royal Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Zigglie Vibes" 1189 Rio Royal Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 22, 2025 Publish: July 4, 11, 18, 25, 2025 ZIGGLI 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04546 2nd Chance Resle LLC, 4800 Marconi Avenue, Apartment 212, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "E-Ride Central" 8215 Cliffe Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 CENTRAL 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03560 Karen Dean, 8825 Rio Linda Boulevard, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "On The Spot Bookkeeping and Payroll Service" 8825 Rio Linda Boulevard, Elverta, CA 95626. Filed with the Clerk of Sacramento County May 12, 2025 Publish: July 4, 11, 18, 25, 2025 BOOKKEEPING 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04532 Roman Grom, 3705 Merrill Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Gromex Solutions" 3705 Merrill Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 17, 2025 Publish: July 4, 11, 18, 25, 2025 GROMEX 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04427 Guorong Gao, 4150 Manzanita Avenue, Suite 100-A, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Youmi Massage" 4150 Manzanita Avenue, Suite 100-A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 13, 2025 Publish: July 4, 11, 18, 25, 2025 YOUMI 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04607 Sacred Dreams By Wasiduk LLC, 2108 N Street, Suite 12842, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Wasiduk" 2108 N Street, Suite 12842, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 23, 2025 Publish: July 4, 11, 18, 25, 2025 WASIDUK 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04054 Ashnik Creations LLC, 4598 SpringHarvest Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Annapurna Foods and Spices LLC" 4598 SpringHarvest Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County May 30, 2025 Publish: July 4, 11, 18, 25, 2025 ANNAPURNA 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04556 Tea Cozy, LLC, 1021 R Street, Suite 101, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Tea Cozy" 1021 R Street, Suite 101, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 TEA 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04652 Joann Rong Wen, 8116 Spellberg Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Paragon Hair Salon" 9441 Madison Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 24, 2025 Publish: July 4, 11, 18, 25, 2025 PARAGON 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03895 Shahar Ron Voskovitch, 5147 Greenberry Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Quick Pick Locksmith" 5147 Greenberry Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 22, 2025 Publish: July 4, 11, 18, 25, 2025 VOSKOVITCH 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04540 The Humanitarian Church, 7916 Lucie Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Humanitarian Church/Front Foundation Uganda" 7916 Lucie Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 HUMANITARIAN 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04603 Hapisap Corporation, 2036 Nevada City, Highway #83, Grass Valley, CA 95945 is doing business under the Fictitious Business Name(s) "Grass Valley Distribution Company/Grass Valley Distribution Co.", 197 Otto Circle, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 23, 2025 Publish: July 4, 11, 18, 25, 2025 HAPISAP 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04695 Julie E. Snider, 11572 Sutters Mill Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Mulard Press", 11572 Sutters Mill Circle, Gold River, CA 95670. Filed with the Clerk of Sacramento County June 26, 2025 Publish: July 4, 11, 18, 25, 2025 MULARD 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04049 Gramic Enterprises Inc, 2012 West Sunset Road, #110, Henderson, NV 89014 is doing business under the Fictitious Business Name(s) "Pacific Kidz Company", 2012 West Sunset Road, #110, Henderson, NV 89014. Filed with the Clerk of Sacramento County May 30, 2025 Publish: July 4, 11, 18, 25, 2025 PACIFIC 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04541 Fernando A. Rangel, 1339 Jonas Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Fernando's Sewer And Drain Cleaning Service", 1339 Jonas Avenue, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 FERNANDO 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04707 Capital One Auto Dismantlers Inc., 3644 Recycle Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Royalty Cleaning Services" 4853 Hazelwood Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2025 Publish: July 11, 18, 25, August 1, 2025 ROYALTY 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04662 Jose Velazquez, 4853 Hazelwood Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Eurolcal Technical Services" 9384 Nevins Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 30, 2025 Publish: July 11, 18, 25, August 1, 2025 EUROCAL 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04371 Robert D Chase and Nancy K Chase, 8154 Sunrise East Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Automedics" 7637 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 11, 2025 Publish: July 11, 18, 25, August 1, 2025 AUTOMEDICS 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04746 Galaxy Solutions Co, LLC, 11054 Mammoth River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Galaxy Doc Solutions", 11054 Mammoth River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 27, 2025 Publish: July 4, 11, 18, 25, 2025 GALAXY 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04018 Averik Corp., 11230 Gold Express Drive, #310-555, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "VoterFly", 7000 Lincoln Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 29, 2025 Publish: July 4, 11, 18, 25, 2025 VOTERFLY 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04548 Royal Star RSK Corporation, 9126 Hemsworth Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Royal Indian" 8055 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 18, 2025 Publish: July 4, 11, 18, 25, 2025 ROYAL 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04593 Mood & Motif Luxury Event Rentals LLC, 2729 Tierra Grande Circle, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Mood & Motif Luxury Event Rentals/The Mood Booth" 2729 Tierra Grande Circle, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 20, 2025 Publish: July 4, 11, 18, 25, 2025 MOTIF 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04747 Camille Weissenberg Optometry, PC, 7547 Sunset Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Sunset Optometry", 7547 Sunset Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 27, 2025 Publish: July 4, 11, 18, 25, 2025 OPTOMETRY 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03935 Majestic Wines LLC, 10725 Sunrise Ridge Circle, Auburn, CA 95603 is doing business under the Fictitious Business Name(s) "Cojo/Lux Veni" 7620 Wooddale Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 23, 2025 Publish: July 4, 11, 18, 25, 2025 MAJESTIC 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04724 Wise Axe Corp, 2012 K Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Foreplay" 2012 K Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 26, 2025 Publish: July 4, 11, 18, 25, 2025 WISE 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04727 Serge Tverdiy, 7606 Folsom Boulevard, Suite 102, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Car Keys 4 Less", 7606 Folsom Boulevard, Suite 102, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 26, 2025 Publish: July 4, 11, 18, 25, 2025 SERGE 7-25-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04477 Jordan Ray Presley, 2508 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jaguar Processing" 2508 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2025 Publish: July 11, 18, 25, August 1, 2025 JAGUAR 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04663 Pamela J. Hawkins, 2508 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pegasus Processing Service" 2508 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2025 Publish: July 11, 18, 25, August 1, 2025 PEGASUS 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04782 Bashar Bazirgan, 5912 Bourbon Drive, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "24 Hour Lock and Key" 5912 Bourbon Drive, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 27, 2025 Publish: July 11, 18, 25, August 1, 2025 HOUR 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04841 Gildardo Alvarez Mendez, 7752 Pompei Court, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 1, 2025 Publish: July 11, 18, 25, August 1, 2025 DRYWALL 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04804 Ivan Kuchta, 9384 Nevins Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Eurolcal Technical Services" 9384 Nevins Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 30, 2025 Publish: July 11, 18, 25, August 1, 2025 EUROCAL 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04566 Lom Eric Fair Jr., 6439 Denton Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "TransferMate Global Payments" 5555 Glenridge Connector, Suite 200, Atlanta, GA 30342. Filed with the Clerk of Sacramento County May 8, 2025 Publish: July 11, 18, 25, August 1, 2025 TRANSFERMATE 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04363 Lauren Henderson, 400 Sallowind Way, Sacramento, CA 95831 and Angeliqe Hurtado, 8453 Tambor Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Holistic Postpartum Co." 400 Sallowind Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 11, 2025 Publish: July 11, 18, 25, August 1, 2025 HOLISTIC 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04781 Cathy Lopez, 1520 W. El Camino Avenue, #831, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Central Valley Process Service" 1520 W. El Camino Avenue, #831, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 27, 2025 Publish: July 11, 18, 25, August 1, 2025 CENTRAL 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04803 Reyna Sanchez, 1320 O Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Pure Cleaning" 1320 O Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 30, 2025 Publish: July 11, 18, 25, August 1, 2025 PURE 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04696 Jeffrey Mallory and Jewel Mallory, 6748 Manila Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Mallory's Tennessee Style Bar-B-Que" 6748 Manila Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 26, 2025 Publish: July 11, 18, 25, August 1, 2025 MALLORY 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04641 Brandie Shephard, 7722 Milldale Circle, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Mother of Creatures Apothecary" 7722 Milldale Circle, Elverta, CA 95626. Filed with the Clerk of Sacramento County June 24, 2025 Publish: July 11, 18, 25, August 1, 2025 MOTHER 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04088 Rey Azteca Restaurant Bar Inc., 6140 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Brunch Corner" 6140 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 2, 2025 Publish: July 11, 18, 25, August 1, 2025 BRUNCH 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04242 Christopher Abundis, 8105 Ramwood Way, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Chris's Pool Care" 8105 Ramwood Way, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 2, 2025 Publish: July 11, 18, 25, August 1, 2025 POOL 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04733 Sherry Ngai, 3001 J Street #100, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Shapes for Hair" 3001 J Street #100, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

is doing business under the Fictitious Business Name(s) "Mud Water P.A." 6439 Denton Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 20, 2025
Publish: July 11, 18, 25, August 1, 2025
MUD 8-1-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04614 Sunquest Resources, Inc., 9629 Fire Station Court, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Vitabloom Senior Care" 8261 Sunbonnet Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 23, 2025
Publish: July 18, 25, August 1, 8, 2025
VITABLOOM 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04597 Rasha's Senior Living LLC, 8558 Sheraton Drive, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Rasha's Senior Living LLC" 8558 Sheraton Drive, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 20, 2025
Publish: July 18, 25, August 1, 8, 2025
RASHAS 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04908 Citrus Heights Arts, 5750 Sunrise Boulevard, Suite 225-J, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "CH 40 Arts District" 5750 Sunrise Boulevard, Suite 225-J, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 3, 2025
Publish: July 18, 25, August 1, 8, 2025
ARTS 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04909 Middleton Strategies LLC, 5750 Sunrise Boulevard, Suite 225-J, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Get Care At Home" 5750 Sunrise Boulevard, Suite 225-J, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 3, 2025
Publish: July 18, 25, August 1, 8, 2025
CARE 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04529 Golden Breeze Cleaning LLC, 9200 Madison Avenue Apt 250, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Golden Breeze Cleaning" 9200 Madison Avenue Apt 250, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 17, 2025
Publish: July 18, 25, August 1, 8, 2025
GOLDEN 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04814 Michael Munifo, 5941 N Haven Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Rogue Junk Removal" 5941 N Haven Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 30, 2025
Publish: July 18, 25, August 1, 8, 2025
ROGUE 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04654 Clayton Alan Donnel, 6716 Twining Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "CCT Flooring" 6716 Twining Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County June 24, 2025
Publish: July 18, 25, August 1, 8, 2025
CCT 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04762 Vincere Marketing, Inc., 3637 Mission Avenue, Building 8, Suite 8, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Capital City Concepts/ATX Group/LL Management Solutions/Synergy Market Strategies/V-M Enterprise" 3637 Mission Avenue, Building 8, Suite 8-9, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 27, 2025
Publish: July 18, 25, August 1, 8, 2025
CAPITAL 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04891 Jessica L Layton-Ricketts, 710 Ward Way, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "NeuroBalance Neuromuscular Therapy" 608 1/2 Sutter Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 3, 2025
Publish: July 18, 25, August 1, 8, 2025
NEURO 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04976 The Specialists, LLC, 8848 Madison Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Rug Specialists" 8848 Madison Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 8, 2025
Publish: July 18, 25, August 1, 8, 2025
RUG 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04885 Yvonne Kang, 7813 Park River Oak Circle, Sacramento, CA

95831 is doing business under the Fictitious Business Name(s) "Little Joys Speech Therapy" 7813 Park River Oak Circle, Sacramento, CA 95831. Filed with the Clerk of Sacramento County July 3, 2025
Publish: July 18, 25, August 1, 8, 2025
LITTLE 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04408 Christopher Clark, 6261 Hazel Avenue #226, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Orangevale Backflow" 6261 Hazel Avenue #226, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 12, 2025
Publish: July 18, 25, August 1, 8, 2025
ORANGEVALE 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05002 Jorge A Mendoza Cadena, 5650 Auburn Boulevard, Suite B, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Good Cars Good People" 5650 Auburn Boulevard, Suite B, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 9, 2025
Publish: July 18, 25, August 1, 8, 2025
GOOD 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04984 Linda Jean Middlesworth, 2550 Rio Bravo Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Vegan Mentor" 2550 Rio Bravo Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 8, 2025
Publish: July 18, 25, August 1, 8, 2025
VEGAN 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05013 Nuristani Limousine Service LLC, 6721 Gold Run Avenue, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Nuristani Limo" 6721 Gold Run Avenue, Sacramento, CA 95842. Filed with the Clerk of Sacramento County July 9, 2025
Publish: July 18, 25, August 1, 8, 2025
NURISTANI 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04835 Raymond Eric Lara, 6368 Misty Wood Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Cadillac Heating & Air" 6368 Misty Wood Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 1, 2025
Publish: July 18, 25, August 1, 8, 2025
CADILLAC 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05019 Turbo Drive Motors, Inc, 8101 Elder Creek Road Suite R, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Turbo Drive Motors" 8101 Elder Creek Road Suite R, Sacramento, CA 95824. Filed with the Clerk of Sacramento County July 9, 2025
Publish: July 18, 25, August 1, 8, 2025
TURBO 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04931 Gregory Veon, 6488 Crosswoods Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "GT Painting" 6488 Crosswoods Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 7, 2025
Publish: July 18, 25, August 1, 8, 2025
GT 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04910 Dmitrii Khudiash, 9203 Sunfire Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Safe4us" 9203 Sunfire Way, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 3, 2025
Publish: July 18, 25, August 1, 8, 2025
SAFE 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05017 Stefani Beck, 10140 Fair Oaks Boulevard, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "N.R.C. Property Management" 10140 Fair Oaks Boulevard, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County July 9, 2025
Publish: July 18, 25, August 1, 8, 2025
NRC 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-03788 Poured Perfection Concrete LLC, 1221 Q Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Poured Perfection Concrete" 1221 Q Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County May 20, 2025
Publish: July 18, 25, August 1, 8, 2025
POURED 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04586 Black Cat Bakehouse LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Black Cat Bakehouse" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 20, 2025
Publish: July 18, 25, August 1, 8, 2025
BLACK 8-8-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04970 Obaidullah Khushiwal, 4001 Stockton Boulevard, Suite A, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Universal Motors" 4001 Stockton Boulevard, Suite A, Sacramento, CA 95820. Filed with the Clerk of Sacramento County July 8, 2025
Publish: July 18, 25, August 1, 8, 2025
UNIVERSAL 8-8-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2025-03747 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: 2750 GWO, 8801 Folsom Boulevard, Suite #200, Sacramento, CA 95826. Felipe Martin and Katherine Elizabeth Martin and The Meredith Family Revocable Trust UAD 12/31/2014, 8801 Folsom Boulevard, #260, Sacramento, CA 95826.

The Fictitious Business Name Statement was filed on 5/16/2025 in the County of Sacramento. Filed with the clerk of Sacramento County: 5/16/2025.
Publish: July 4, 11, 18, 25, 2025
GWO 7-25-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME FILE NO. FBNF2020-05213 The following person(s) has/ have abandoned the use of the FICTITIOUS BUSINESS NAME of: Hope for Healing and Happiness, Hope for Healing and Happiness Health Coaching, 114 Cassin Court, Folsom, CA 95630. Mary Ann Camarillo, 114 Cassin Court, Folsom, CA 95630. The Fictitious Business Name Statement was filed on 8/6/2022 in the County of Sacramento. Filed with the clerk of Sacramento County: 8/6/2020.
Publish: July 18, 25, August 1, 8, 2025
HOPE 8-8-25

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER A FICTITIOUS BUSINESS NAME

STATEMENT OF WITHDRAWAL FROM PARTNERSHIP OPERATING UNDER A FICTITIOUS BUSINESS NAME FILE NO. FBNF2022-02341 The following person(s) has/ have withdrawn as a general partner from the partnership operating under the FICTITIOUS BUSINESS NAME of: ASIAN N CAJUN, 4271 Truxel Road, Suite B1, Sacramento, CA 95834. Mui Dieng, 6137 Ivory Way, Sacramento, CA 95824. Withdraw filed 6/16/2025. The Fictitious Business Name Statement was filed on 3/24/2022 in the County of Sacramento. Filed with the clerk of Sacramento County: 3/24/2022.
Publish: July 4, 11, 18, 25, 2025
CAJUN 7-25-25

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV013960 Jennifer Mariá Warner has filed a petition with this court for a decree changing the name(s) of Jennifer Mariá Warner to Jennifer Mariá Madden.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 9, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 12, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: June 27, July 4, 11, 18, 2025
MADDEN 7-18-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV015296 Angelica Maria Trujillo Ortega has filed a petition with this court for a decree changing the name(s) of Sebastian Garcia Trujillo to Sebastian Garcia Trujillo.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 27, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: July 11, 18, 25, August 1, 8, 2025
SEBASTIAN 8-1-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV012098 FNU Fatima has filed a petition with this court for a decree changing the name(s) of FNU Fatima to Fatima Babar.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court September 18, 2025, at 1:30 p.m. in Department 53, located at at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: May 21, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 11, 18, 25, August 1, 8, 2025
FATIMA 8-1-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV015249 Zahra Juma Khan has filed a petition with this court for a decree changing the name(s) of Zahra Juma Khan to Zahra Khan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: July 18, 25, August 1, 8, 2025
KHAN 8-8-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV015261 Sharifullah Nasiri & Zahra Juma Khan has filed a petition with this court for a decree changing the name(s) of Mohammad Omar Nasiri to Mohammad Omar Khan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: July 18, 25, August 1, 8, 2025
NASIRI 8-8-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV015050 Jessica Lauren Bradley and Dalton Gregory Crosthwait have filed a petition with this court for a decree changing the name(s) of Jessica Lauren Bradley to Jessica Lauren Leythwait and Dalton Gregory Crosthwait to Dalton Moisa Leythwait.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on August 26, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 3, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 18, 25, August 1, 8, 2025
LEYTHWAIT 8-8-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV015256 Sharifullah Nasiri has filed a petition with this court for a decree changing the name(s) of Sharifullah Nasiri to Sharifullah Khan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 23, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: June 26, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: July 18, 25, August 1, 8, 2025
SHARIFULLAH 8-8-25

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF LUCIANITA B. LOPEZ AKA LUCIANITA B. LOPEZ AKA LUCI LOPEZ CASE NO. 25PR002129

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Lucianita B. Lopez aka Lucianta B. Lopez aka Luci Lopez.

A Petition for Probate has been filed by Stephanie Greene, in the Superior Court of California, County of Sacramento, requesting Stephanie Greene be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important

actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows July 24, 2025, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Attorney for Petitioner is: Sarah Zwierzynski ESQ, 8035 Madison Avenue, Suite A1, Citrus Heights, CA 95610; 916-850-0529
Publish: July 4, 11, 18, 2025
7-18-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF DARREL MATHEW CRAINE CASE NO. 25PR002334

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of Darrel Mathew Craine.

A Petition for Probate has been filed by Vivien Craine, in the Superior Court of California, County of Sacramento, requesting Vivien Craine be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

A hearing on the petition will be held in this court as follows August 13, 2025, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Vivien Craine, 1406 Danbrook Drive, Sacramento, CA 95635; 916-947-0710
Publish: July 18, 25, August 1, 2025
CRAINE 8-1-25

SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 24CV021026 NOTICE TO DEFENDANT: GEORGES P. MERCERON; SHANA E. MERCERON; and DOES 1-20, INCLUSIVE.

YOU ARE BEING SERVED BY

PLAINTIFF: Alexis Blaylock. NOTICE! You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.

You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money, and property may be taken without further warning from the court.

There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Website (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo han demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.

Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso en la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y mas información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov) en la biblioteca de leyes de su condado o en la corte que le quede mas cerca. Si no puede pagar la cuota de presentación, pida al secretario de la corte que le de un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin mas advertencia.

Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en el sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a reclamar las cuotas y los costos extintos por imponer un gravamen sobre cualquier recuperación de \$10,000 o mas de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desear el caso.

The name and address of the court is: (El nombre y dirección de la corte es): Gordon D. Schaber Courthouse, 720 9th Street, Sacramento, CA 95826.

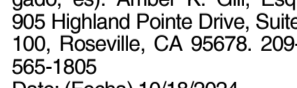
The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney is: (El nombre, la dirección y el número de telefono del abogado del demandante, o del demandante que no tiene abogado, es): Amber K. Gill, Esq, 905 Highland Pointe Drive, Suite 100, Roseville, CA 95678. 209-565-1805

Date: (Fecha) 10/18/2024 Clerk (Secretario) B. Prasad, Deputy (Adjunto) Publish: July 18, 25, August 1, 8, 2025
BLAYLOCK 8-8-25

LIEN SALE

LIEN SALE 7/29/25 10AM

AT 12408 GOLD FLAKE CT, RANCHO CORDOVA 13 DODGE LIC# 6XYA949 CA VIN# 2C3CDXCT0D5H33875 DODGE 7-18-25



LIEN SALE

LIEN SALE 7/29/25 10AM

AT 12408 GOLD FLAKE CT, RANCHO CORDOVA 13 DODGE LIC# 6XYA949 CA VIN# 2C3CDXCT0D5H33875 DODGE 7-18-25



SUMMONS

SUMMONS (CITACION JUDICIAL) CASE NUMBER: 24CV021026 NOTICE TO DEFENDANT: GEORGES P. MERCERON; SHANA E. MERCERON; and DOES 1-20, INCLUSIVE.

YOU ARE BEING SERVED BY

CALL A PROFESSIONAL

SLS Superior Landscape Services
Landscaping and Maintenance

- Sprinkler Repair/Install • Pruning
- Mowing/Trimming • Fertilizing

Insured Lic#794551
(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

All American Pro Construction & Restoration
Family-owned & operated.
We offer Veterans & Senior Discounts
Great Craftsmanship & Customer Service

Specializing in Kitchen & Bath Remodels,
Water Damage, plus Much More.
BIG or SMALL, We Do It All. Give Us a Call.
916-504-0188

CSLB# 10897369,
Licensed, Bonded & Insured

CASH
for Diabetic Test Strips
and Supplies

We pick up and pay you
CASH ON THE SPOT!

Call 916-505-4673 Now!

SMOOT LANDSCAPING

- Drought tolerant landscape
- Low voltage lighting
- Garden renovations
- Concrete and stone
- Consultations available

Celebrating 45 years
916.454.1300
www.SmootLandscaping.com • Contractor License #633224

Jose's Landscape Maintenance

- ✓ General Lawn Service
- ✓ One Time Clean Ups
- ✓ Lawn Aerate
- ✓ Dethatch
- ✓ Sprinkler Repair

Call Jose at
916-991-6923

Gen. Bus Lic # 32014-01649 \ Spa Bus Lic # 12016-00134

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com

We're #1 in the #2 business
Off (916) 488-1215 Lic #754886

MP WOODWORKING Custom Furniture & Barn Doors

Transform Your Space with Custom Furniture & Barn Doors!

For a free quote, contact us at (916) 205-8277
Website: mpwoodworking.net
Email: mpwoodworking@comcast.net

TRACTOR SERVICE

- Mowing • Rototilling
- Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning,
Tree Removal & Stump Grinding

Free Estimates
Competitive Prices
Licensed and Insured

(916) 224-9750

FOLLOW US
for Local News and much more!

Messenger Publishing Group
Facebook: @MPG8dotcom

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

RESTORE YOUR FLOOR HARDWOOD FLOORING

Revive • Restore • Refinish
Hardwood, Laminate, and Vinyl

New Installation & Repairs
Family Tradition Since 1957
Lic. #794448

- Sand & Finish
- Repairs
- New Installations
- Recoating

sacramento hardwood.com
1.800.725.3320 916.342.6596

ABOUT THE HOUSE
Housekeeping

Weekly Bi-weekly Monthly
Lic. #SPB11998-19181

Call Sherry Walsh, Owner at
916.308.2477

Only \$35/Hour!
2, 3, or 4 Hour sessions available

MORE TIME ON YOUR BUSINESS
...and less time managing payroll

FREE PAYROLL PROCESSING FOR ONE MONTH IF YOU CALL NOW!

Pinnacle Employee Services
916-760-7227
www.pinnaclehr.com

BALANCED
Air Conditioning And Heat Service
The right air every time.

Serving the Sacramento area's
Air Conditioning and Heating needs
Casey McKean, Owner

(916) 512-3978 | balairheat@gmail.com
balancedacandheat.com C20 1023235

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

Computer Service

Zinsky's
PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication

Alan Zinsky
Phone: 916-622-2269
zeonfig@sbcglobal.net
Bus. Lic. # 305312 • B. E. A. R. Reg. #84416
www.zinskyspcrepair.com

Hall Rentals

VFW Post 6158

8990 Kruthof Way,
Fair Oaks, CA

916-966-1663
vfw6158.com/rent-our-hall/

Health/Wellness

JOIN FOR FREE - NO KITS OR QUOTES & FREE WEBSITE. CTFO (Changing The Future Outcome) Has the best CBD oil available. Products for health, beauty, weight or hair loss and even for your pets. Check out these products: canderson.myctfo.com (TFN)

Help Wanted

KP International Market

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr.
Rancho Cordova,
CA 95670

GOT LOCAL NEWS?

Call (916) 773 1111

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

916-773-1111

All Legal Ads Published by Messenger Publishing Group

MPG
Advertising Works!

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/commercial

American Landscape Design & Installation. Est 1987
American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

Landscaping

YARD SERVICE
ONE-TIME CLEANUP
Mow, Weed, Prune & Haul
NEED: Landscaping bark?
Gutters cleaned?
Light fence work?
CALL 916/205-9310
or 916/627-9000/

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2025)

Roofing

BERNARDINO ROOFING
Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!

FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist

916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031

GOT LOCAL NEWS?
Call
(916) 773 1111

For Sale

New 2025 Manufactured Home for sale in Senior Park. Open House Saturday July 19, 1-4pm join us. RSVP 916-390-4952 (7/18/25)

Are You a Pro?
Get the word out!

Advertise in the Classifieds
Call 916-773-1111

MPG8.COM

We Support Our Military

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

MPG 916-773-1111

All Legal Ads Published by Messenger Publishing Group

FOLLOW US
for Local News and much more!

Carmichael Times
Facebook: @CTMPG8

COMICS & PUZZLES

The Spats

by Jeff Pickering



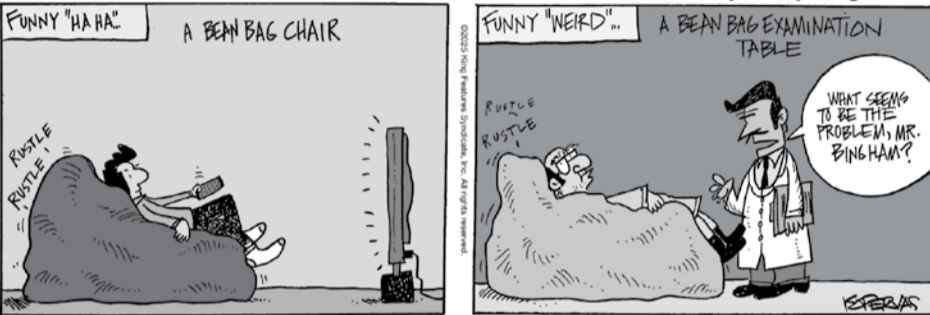
Amber Waves

by Dave T. Phipps



Out on a Limb

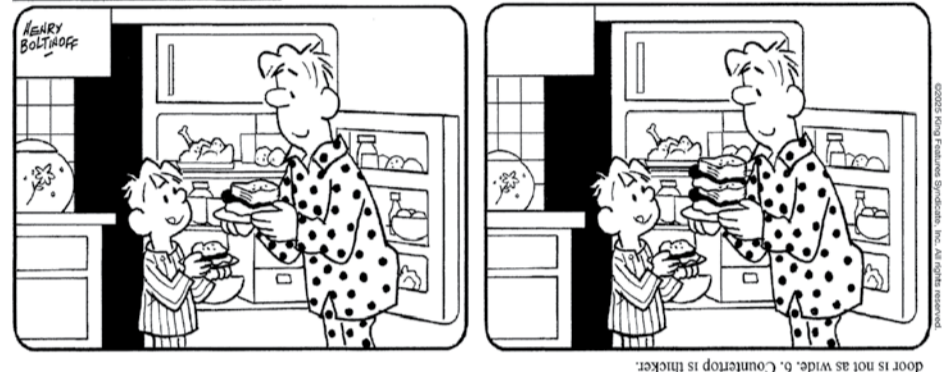
by Gary Kopervas



HOCUS-FOCUS

BY HENRY BOLTINOFF

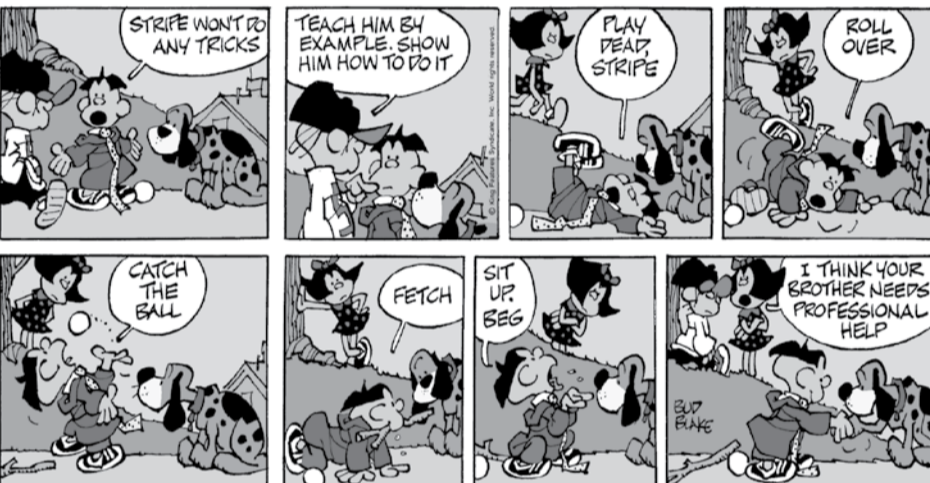
Find at least six differences in details between panels.



Differences: 1. Freezer handle is wider. 2. Upper cabinet is door is not as wide. 3. Sandwich is larger. 4. Cookie jar is smaller. 5. Fridge is thicker.

TIGER

by BUD BLAKE



GRIN & BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



S	T	A	R		E	R	E		P	A	R	R					
H	E	M	E		A	X	E	D		S	T	R	O	P			
E	N	I	D		N	A	P	E		I	B	E	A	M			
S	T	R	O	N	G	M	A	N		N	A	A	N				
				N	O	I	S	Y		F	A	R					
A	S	T	E	R	N				R	U	I	N	A	T	E		
R	H	O		M	A	R	G	I	N		U	R	A	L			
C	I	R	C	A		I	N	N		S	M	O	T	E			
U	R	S	A		N	O	U	G	H	T		S	A	G			
S	K	I	L	L	E	T			E	A	T	E	R	Y			
				L	I	T			C	R	A	S	H				
			I	B	I	S			E	L	E	P	H	A	N	T	S
S	T	O	O	L			R	O	B	E		N	A	I	L		
E	L	O	P	E			O	W	E	D		K	O	T	O		
E	L	S	E				S	N	L			S	H	I	P		

STATEPOINT CROSSWORD • AT THE CIRCUS

- CLUES**
- ACROSS**
- Jumbo The Elephant or Sirius in space
 - "But I heard him exclaim '... he drove out of sight"
 - Young salmon
 - Blood component
 - What Lizzie Borden did
 - Leather razor sharpener
 - "The Famous Five" author _____ Blyton
 - Back of the neck
 - Letter-shaped girder
 - "Feats-of-strength circus performer
 - Indian restaurant bread
 - In need of a muffler
 - Away's partner
 - Backward
 - Same as ruin
 - Greek R
 - Net sales minus cost of goods sold
 - Europe/Asia mountain divide
 - Approximately, as in date
 - Overnight lodging
 - Inflicted a blow
 - Celestial bear
 - Goose egg
 - ____AFTRA
 - Frying pan
 - Eating establishment
 - Type of English crs.
 - Traffic accident
 - Wading bird
 - "Sara Gruen's novel "Water for _____"
 - "Lion tamer's tool or counter seat
 - Justice's garb
 - Hit it on the head
 - Run off, as in couple
 - Was in the hole
 - Japanese zither
 - Something _____
 - Movie "Saturday Night" subject matter, acr.
 - FedEx, verb
- DOWN**
- Tom Jones' " _____ a Lady"
 - "Big Top
 - Gulf V.I.P.
 - Remodeled
 - Tests
 - Settle a debt
 - Biblical place of bliss
 - "The Greatest Showman" protagonist
 - Equals length times width
 - Multicolored horse
 - Dashboard acronym
 - Type of heart pain
 - Moses' mountain
 - Hollywood legend _____ Shearer
 - "Like circus audience's experience, hopefully
 - Bow-like structure
 - Dodge
 - Trunks
 - Three- _____ circus
 - What phoenix did
 - Batu Khan's people
 - JD Vance's "Hillbilly _____"
 - Civil disorder
 - African grazer
 - Sound of circus

CROSSWORD

1	2	3	4		5	6	7		8	9	10	11	
12					13				14				
15					16				17				
18					19				20				
				21					22				
23	24	25					26			27	28	29	
30					31	32	33			34			
35					36				37		38		
39						40			41		42		
43						44			45		46		
					47			48	49				
	50	51						52			53	54	55
56								57			58		
59								60			61		
62								63			64		

SWITCH & GET \$25

Off First Month of New Service!
USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR **888-804-0913**

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

Classified Advertising

Sell Your Stuff!
Reach 1000's of Readers Every Week!

MPG

916.773.1111

1	7	9	3	8	2	6	5	4
6	5	8	7	4	1	2	3	9
3	4	2	5	9	6	8	1	7
8	6	5	9	7	4	1	2	3
4	1	7	8	2	3	9	6	5
9	2	3	6	1	5	7	4	8
7	3	6	2	5	9	4	8	1
2	9	1	4	3	8	5	7	6
5	8	4	1	6	7	3	9	2

SUDOKU

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF** SPECIAL OFFER

SAFE STEP WALK-IN TUB 1-855-576-5653

With purchase of Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. See retailer for program rules and restrictions. © 2023 Safe Step Walk-In Tub. 1-855-576-5653

			3	2			4	
6	5		7					9
				9		8		
				4	1	2		
4		7				9		5
		2	3	6				
		6		5				
2					8		7	6
5			1	7				

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

WE SUPPORT FIRST RESPONDERS

MPG

Kings Korner

By V.G. Harris



The NBA summer league represents an entertaining time of the year for NBA fans and franchises alike. But for owners, GM's and coaches, it represents much more.

Validation of the thousands of hours of pre-draft work and now it's time to see how the hopeful new members of the team are going to perform.

For the Sacramento Kings, that means particular attention to first round pick Nique Clifford and second round pick 7'1" Maxime Raynaud.

With two games in the books, the Kings are 2-0 and their draft choices are holding up their end of the bargain.

Nique Clifford is averaging 18 points per game while hitting the boards with a level of ferocity that helped him set a Colorado State school record for rebounds just a season ago.

Clifford has shown a level of confidence on both ends of the floor that has raised eyebrows and brings back memories of other standout first round picks like DeAaron Fox and Keegan Murray.

Both Fox and Murray stepped into the starting lineup and never looked back. Clifford may face a challenge, as the Kings' starting lineup is stacked with talent, including Zach LaVine, Keegan Murray, DeMar DeRozan and new point guard Dennis Schröder. One of these four players would have to move to the bench if Clifford is to break into the starting lineup. In addition, last year's first round pick Devin Carter is playing like an NBA veteran and fans wonder if Carter will challenge newcomer Dennis Schroder for the position of starting point guard.

A good problem to have? Not sure, as the Kings have been shopping sharpshooter DeMar DeRozan from coast to coast with no apparent takers.

It's a long way from the start of the regular season, so no reason to spend time worrying about something that may never become a problem.

Clifford isn't the only draft choice raising eyebrows, as second round pick Maxime Raynaud is making his presence felt in Las Vegas. Raynaud, a four-year player out of Stanford, scored 16 and 17 points respectively in the two opening games, displaying his talents around the rim and scoring from

beyond the arc.

After a tepid start in game one with eight points and three boards, last year's rookie guard Devin Carter lit it up against the Bulls, scoring a team-leading 30 points while securing eight boards in the process.

Isaac Jones had identical stats in both games, scoring 11 points while grabbing six rebounds. Jones remains an enigma and at 6'9" with a gigantic wingspan, has the body the Kings are looking to duplicate. A second-year man, Isaac is hoping to find more playing time than last season when he played in just 40 games averaging a paltry seven minutes per contest.

There is a lot of legitimate talent on this team, and summer league is all about showing what you can bring to the table.

The Kings appear to still be high on Devin Carter, despite his name popping up in trade rumors but I would like to see what the Kings can do with Carter in the upcoming season, and at the very least, put him to back up the starting point guard. Carter has shown growth in his ball handling skills, and I believe he can be a strong contributor.

Big man Maxime Raynaud may be a project that takes time, as at 7'1" I would expect to see more rebounding than what he showed us in his first two games. While 6'6" guard Nique Clifford led the team in rebounding with 12 against the bulls, Raynaud had only five boards for the contest. Raynaud had just six boards in game 1 versus the Magic but his penchant for scoring the ball is very apparent.

Domantas Sabonis would love to have a little more company on the glass this season, so time will tell if rebounding is a part of Raynaud's game that just needs time to ferment. What better teacher to school a young big man than the NBA's rebounding champ for the past three seasons?

There are many reasons for optimism, Kings fans, and summer league is just one. Vivek Ranadive, Scott Perry and Doug Christie are smiling like Cheshire cats as their young draft picks show the NBA world what they can do.

Stay tuned and enjoy the NBA summer league!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

Why Can't I get my SS Payment plus my Railroad Pension from my Ex-spouse?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have a question. I now get a Railroad Pension from my ex-husband. I did not know it was from the Social Security Administration. I want to collect my SS benefits and my Railroad pension. Can I do that? I do not understand why I cannot collect both. Please advise. Thank you. **Signed: Railroad Ex-spouse**

Dear Railroad Ex-spouse: Railroad pension benefits and Social Security benefits are fully coordinated – that is, your Railroad pension payment from your ex-spouse already includes your earned Social Security retirement benefit. That's because the two government agencies (the RRB - Railroad Retirement Board - and SSA (Social Security Administration) work together and pay your benefits in one single

payment, usually managed by the RRB if some of your benefit includes a railroad pension component. The RRB and SSA are two separate government agencies, but they fully coordinate benefits for beneficiaries.

This is exactly the same as if you were collecting regular SS ex-spouse benefits (instead of RR benefits) from your ex-husband; your personal SS retirement benefit is always paid first, and you receive an additional amount (a spousal boost) from your ex-husband. In your case, your "spousal boost" is the difference between your personally earned SS retirement benefit at your full retirement age (FRA) and half of your ex-husbands Tier I Railroad retirement benefit amount at his full retirement age. A railroad pension usually consists of two pieces – a Tier I benefit and a Tier II benefit, with Tier I benefits being the equivalent of the pensioner's Social Security.

Your ex-spouse benefits under the RRB are handled the same way. The two agencies fully coordinate with each other, evaluate your SS entitlement, and then reduce the amount of your RRB Tier I ex-spouse benefit by your

SS retirement amount and pay both amounts together. In this way, you only get one payment, consisting of both your earned SSA component and the RRB component. And whenever there is a railroad component, the RRB (Railroad Retirement Board) is usually responsible for making pension payments.

You may find the information at this RRB website helpful: https://rrb.gov/RRB-9/Social_Security_Benefits and you can also contact your local RRB field office by accessing this link: <https://www.rrb.gov/Field-Office-Locator>.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★

California GOP Members of Congress Might Regret Backing Trump's Megabill



By Dan Walters, CALMatters.org

Last Thursday (July 3), just minutes after the House of Representatives passed President Donald Trump's "Big Beautiful Bill" to overhaul federal taxes and health care spending, the National Republican Campaign Committee issued a statement touting Rep. David Valadao's vote for the controversial measure.

"In a major win for Californians, David Valadao just voted to pass landmark legislation that lowers taxes, boosts economic growth, strengthens essential benefits, and restores law and order in California," the NRCC declared.

"Congressman David Valadao is doing exactly what he promised: delivering real results, restoring fiscal sanity, and fighting for California families," NRCC spokesman Christian Martinez said. "His vote is proof that strong leadership and commonsense still matter in Washington."

A couple of hours later, Protect Our Care California, a health care advocacy organization with close ties to Democratic Party leaders, announced that it will air video ads criticizing Valadao and nine other Republican congressional members for their votes.

"Representative David Valadao just voted for the largest health care cuts in history in order to fund tax

breaks for billionaires and big corporations, and we're going to make sure that every single one of their constituents knows it," said Matthew Herdman, director of Protect Our Care California.

The ads are aimed at Valadao and other members of California's Republican congressional delegation, including Young Kim and Ken Calvert, because they are considered to be the most vulnerable incumbents as the two major parties battle over control over the House in next year's elections.

Republicans have a paper-thin House majority — as demonstrated by the 218-214 final vote on Trump's high priority bill — and Valadao, Kim and Calvert barely survived past challenges. Valadao first won a congressional seat in 2012, lost it in 2018 and regained it in 2020. He successfully fended off Democrat Rudy Salas in 2022 and 2024.

What happens in the three targeted districts next year could easily determine which party will prevail, with potentially major consequences for the final two years of Trump's presidency.

Valadao's vote for the bill is especially noteworthy because Democratic voters outnumber Republicans by 12 percentage points in the San Joaquin Valley's 22nd Congressional District, two-thirds of his constituents rely on Medicaid (California's version of Medicaid) for their health care, and he had repeatedly promised not to vote for any reductions in the program.

The Fresno Bee's editorial page quickly excoriated him for seemingly abandoning that pledge under pressure from Trump.

"At a height of 6-feet-4, Rep. David Valadao can cast a

giant presence in Washington, D.C.," The Bee's editorial board wrote. "Unfortunately, he doesn't measure up when it comes to looking out for the best interests of his community."

The editorial continued, "The Congressional Budget Office, a nonpartisan agency, estimated that the Senate version of the bill, which was eventually passed, reduces federal Medicaid spending by \$1 trillion over 10 years and increases the number of uninsured people by 11.8 million.

"What happened to Valadao in five days to change his mind? For one thing, he visited the White House on Wednesday. His office didn't provide details of that reunion, but Trump has used such meetings to pressure reluctant lawmakers to do his bidding over that of the people."

Valadao insists that he received assurances from the White House that the Medicaid cuts will "be structured in a way that benefits our providers and keeps our hospitals and communities running."

Aware of his precarious hold on the seat, Valadao has continuously stressed his independence, even being one of only 10 Republicans who voted to impeach Trump during his first presidential reign.

However, Valadao's vote for Trump's bill undermines that independent image and will almost certainly be weaponized as Democrats try again to capture his seat next year.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

showmanship of the Harlem Globetrotters. Twerking and behind-the-back catches are all encouraged.

The Savannah Bananas were originally part of the Coastal Plain League, a summer league for college ballplayers. When the team's exhibition games with modified rules proved more popular than their staid standard fare, they went all exhibition.

We associate baseball with lazy summer afternoons, but there's nothing lazy about Banana Ball.

It takes everything dull or overly subtle about baseball and smashes it underfoot while dancing to a pop song.

At the end of the day, does anyone besides the true connoisseur enjoy seeing a batter try to bunt? In Banana Ball, bunting is strictly prohibited and any attempt will get the offending batter ejected from the game.

Then, there are walks. Who walks in a real sport? What is this, golf? In Banana Ball, after the pitcher issues a base-on-balls, every fielder besides the pitcher and catcher has to touch the ball before the runner can be tagged out. This creates an incentive for runners to actually run out of the batter's box, and very often they reach second base.

Banana Ball, correctly, views incessant and unnecessary delay as the enemy of fan engagement. Batters can't step out of the batter's box. There are no visits to the mound. The game is timed and can't last more than two hours. (MLB has taken steps in this direction with its roundly successful innovation of the pitch

clock, but can still do more to hustle things along.)

In loud and intense football stadiums, the fans are called "the 12th man." In Banana Ball, the fans are literally the 10th fielder -- if one of them catches a foul ball on the fly, the batter is out.

"Whoever wants to know the heart and mind of America," the French-American historian Jacques Barzun famously wrote, "had better learn baseball."

Intellectuals aren't going to rhapsodize about Banana Ball, but it says something about America, too. Its popularity shows how much we prize speed, constant entertainment and, oh yeah, viral moments on social media (which Banana Ball provides in abundance). Kids, in particular, love it.

Banana Ball isn't a sacrilege against the game, any more than wiffle ball or beer-league softball are. It is a popularization of baseball and advertisement for it, demonstrating how a game that is perceived as dull and uneventful can be the occasion for rollicking fun.

We won't be arguing decades from now about who was the best Banana Ball player of this era. We can enjoy the spectacle all the same.

The supposed inventor of baseball, Abner Doubleday, got much right. So, who can blame him for not realizing how much the game could be enhanced by adding musical numbers and having pitchers throw from trampolines?

Rich Lowry is editor of the National Review. (c) 2025 by King Features Synd., Inc. ★



The Joy of Banana Ball

Major League Baseball is currently debating various rules changes to improve the game, when what it really needs is more players wearing capes and doing backflips.

That, at least, is the lesson of Savannah Bananas, the barnstorming team that has come up with a madcap version of baseball that is widely popular and selling out stadiums around the country.

The Bananas, or the Nanners, as devotees call them, sold out Clemson University's Memorial Stadium back in April, with 81,000 in attendance. Tickets for a couple of games at Yankee Stadium in September are selling on secondary sites at rates significantly higher than any Yankee game.

Who's Yankee ace Max Fried compared to Dakota Stiltz, the Bananas pitcher who bestrides the mound standing at 10 feet and 9 inches on, yes, stilts? The Bananas and their handful of spin-off clubs have made the American pastime even more American.

Banana Ball, currently on what it calls a "world tour," is the baseball equivalent of the carnival coming to town. It taps into the barnstorming baseball tradition that goes back to the 19th century, into the antic spirit of minor-league baseball with its corny entertainment between innings, and into the

WE SUPPORT FIRST RESPONDERS MPG Messenger Publishing Group

Women's Soccer Adds Six Commitments to 2025 Class



From left are Sacramento State Women's Soccer assistant coach Chris Malenab, head coach Randy Dedini and Joey "Uncle" Lum, the director of soccer operations. Photo courtesy of Sacramento State Athletics

Sacramento State Athletics News Release

SACRAMENTO REGION, CA (MPG) - Reigning Big Sky Conference Tournament champion, California State University, Sacramento women's soccer team added six more new faces to its roster for the upcoming fall campaign, gaining four transfers and a pair of standout freshman to the fold, head coach Randy Dedini recently announced.

"We're thrilled to welcome six new additions to our program coming off of our Big Sky championship season in 2024," Dedini said. "These talented student-athletes bring skill, drive and passion to our roster and we're confident that they'll play key roles in helping us chase another conference title this fall."

The quartet of transfers is midfielder Lakshmi Vallabhaneni from Sonoma State, a pair of local junior college All-Americans in Hope Martin-Northrup and Tea Reyes from nearby Folsom Lake College, and high-scoring forward Shawna Larson from Peninsula College in Washington. The incoming freshman duo of Sia Bharadwaj (San Ramon, Monte Vista High School) and Elyse McGinnis (Fort Collins, Colorado/Fort Collins High School) round out the group.

Brief bios on the six newcomers are included later in this article.

This group joins the four high school student-athletes who committed to the program in November, bringing the number of newcomers to the program to 10. That collection of new faces are midfielder Bailey Fuller (Loomis/Del Oro High School), defender Ella Hershey (Folsom/Folsom High School), forward Aryana Martinez (Rancho Cucamonga/Rancho Cucamonga High School) and goalkeeper Cynthia Waller (Chicago, Illinois/ Lane Tech High School).

Sacramento State wrapped up its storybook 2024 season with an appearance in the National Collegiate Athletics Association Tournament against the University of Southern California, falling to the Trojans in the first round. The Hornets finished 5-7-9 overall on the season, setting a new school record for draws in the process, while claiming its third Big Sky Tournament title and the National Collegiate Athletics Association Tournament postseason berth for the third time in the program's history.

At the end of the regular season, five Sacramento State players were named to the All-Big Sky team while six student-athletes were named to the Big Sky All-Tournament team, including gaining the MVP, following the Hornets' run of penalty kick victories over No. 4-seeded Northern Arizona, No. 1 Montana and No. 2 Idaho.

Bharadwaj was a two-year varsity letter winner at Monte Vista High School, helped the Mustangs to a Collegiate Interscholastic Federation North Coast Section title as a senior, finished her final prep season with eight goals and three assists, including a hat trick against Livermore High School. She was a California Interscholastic Federation section Scholar-Athlete in 2022 and 2025, played club soccer for the Bay Area Surf ECNL in San Jose for four years, helping her club to three ECNL NorCal Conference championships. Bharadwaj started a non-profit organization, Kicks and Goals (kicksandgoals.org), dedicated to promoting

diversity and inclusion in the sport.

Larson was the Northwest Athletic Conference Player of the Year and was a first-team all-conference selection as a sophomore in 2024. Her career goal total of 31 and her 17 career assists both rank fifth on the school's all-time list and her 79 career points are fourth on the school's list. Larson led the Northwest Athletic Conference in goals, assists and points as a sophomore. She was a first-team All-Northwest Athletic Conference selection as a freshman in 2023, scoring 18 goals and 44 points. Her 18 goals are the third-most by a freshman in school history.

Martin-Northrup helped Folsom Lake college to its second straight California Community College Athletic Association state title and a Big 8 Conference crown in 2024. She was United Soccer Coaches Junior College Division III National Player of the Year and a first-team All-American who also earned first-team All-West Region honors. Martin-Northrup was the California Community Colleges Athletic Association's North All-Region and all-state honoree and was named the Big 8 Conference Defender of the Year, in addition to being the state tournament's most outstanding player. Martin-Northrup was part of a defense that posted 19 shutouts en route to a 23-1-2 overall record and a 9-1-1 mark in Big 8 Conference play. She finished with four goals and eight points, putting five of her seven shots on the year on goal and began her career at San Jose State in 2023, appearing in nine matches.

McGinnis was a three-time All-Northern Colorado 5A selection in soccer, including first-team honors twice in 2023 and 2025. She accumulated 27 goals and 14 assists in 42 matches in her prep career and as a senior, finished with 10 goals and four assists for 24 points in 14 matches, including a four-goal performance against Greeley West High School. McGinnis added seven goals and five assists as a sophomore and 10 more goals to go with five helpers as a freshman. She was also a standout member of the Lambkins' track and field team in the 400m and 800m as well as a pair of relay teams

Reyes helped Folsom Lake College to a pair of California Community College Athletic Association state titles in 2023 and 2024. She was United Soccer Coaches second-team All-American, second-team All-West Region selection, Big 8 Conference Attacker of the Year, California Community College Athletic Association All-State selection as a sophomore. Reyes finished with 21 goals and nine assists for 51 points, including six game-winners. She was United Soccer Coaches All-American and All-West Region selection as a freshman, scoring nine goals and 11 assists.

Vallabhaneni attended Sonoma State but did not appear in a match for the Seawolves in 2024. She scored five goals and added an assist as a sophomore at Cosumnes River in 2022 while starting all 22 matches for the Hawks. Five goals were tied for third on the team while ranking fourth on the squad with 11 points. She finished with a pair of goals and two assists as a freshman at Cosumnes River College in 2021, starting 20 matches. Vallabhaneni earned a spot on the Big 8 Conference All-Tournament Team twice and earned all-conference honors as a sophomore. ★

A's Players Receive Recognition



Above left: A's designated hitter Brent Rooker is batting .273 (97-for-355) with 55 runs scored, 19 doubles, 18 home runs and 48 RBI in 91 games this season. Above: In June, Athletics' first baseman Nick Kurtz hit .264 with a .926 On-base Plus Slugging (OPS), seven home runs, 17 RBI, seven walks and 10 extra-base hits. Photos courtesy of the Athletics

Athletics News Releases

WEST SACRAMENTO, CA (MPG) - Athletics' first baseman Nick Kurtz has been named the American League Rookie of the Month for June. This is the second consecutive month that an A's player has won American League Rookie of the Month after shortstop Jacob Wilson won the award last month.

In June, Kurtz hit .264 with a .926 On-base Plus Slugging (OPS), seven home runs, 17 runs batted in (RBI), seven walks and 10 extra-base hits. Among rookies with 70 or more plate appearances, the On-base Plus Slugging, home runs and RBI were the most in the Majors for the month. Kurtz's extra-base hits were tied for first and five of his seven home runs were go-ahead shots, which led rookies, and was second only to Cal Raleigh in all of baseball.

For the year, Kurtz is hitting .241 with an .800 OPS including 12 home runs, 32 RBI and five go-ahead home runs. He leads all rookies in go-ahead home runs, is tied for first in home runs and ranks fifth in On-base Plus Slugging and RBI, as of press time.

Prior to the 2025 season, the last A's player to win a monthly award was Mason Miller who was named Reliever of the Month for March/April 2024. Before this season, the last A's player to win American League Rookie of the Month was Zack Gelof in August 2023.

A's designated hitter Brent Rooker has

been selected to the American League All-Star team for the 95th Major League Baseball All-Star Game on July 15 in Atlanta, after press time. It is his second career selection.

Rooker batted .273 (97-for-355) with 55 runs scored, 19 doubles, 18 home runs and 48 RBI in 91 games this season.

Among American League batters, Rooker ranked fourth in runs, tied for eighth in hits and tied for 10th in home runs, as of press time.

As of press time, he leads the American League in home runs as a designated hitter (14) and his 79 hits while at the position are tied for first. Rooker is the only Athletic to play in all 91 games and he has a streak of 131 consecutive games played, dating back to Aug. 17, 2024.

Rooker finished second in player balloting at designated hitter to Baltimore's Ryan O'Hearn. He joins teammate Jacob Wilson, who was elected by fans as the starting shortstop.

This is the first time that the A's have had two All Stars since 2021, when Chris Bassitt and Matt Olson represented the Athletics and it is just the second time over the last 33 years that they have had two or more non-pitchers.

Rooker is the A's first two-time All Star since Stephen Vogt (2015-16). Head strength and conditioning coach Josh Cuffe was also chosen to represent the Green and Gold in Atlanta. ★

Republic FC Inks Vitiello and Timmer to Multi-Year Contracts

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Republic FC announced that the club has reached agreements with goalkeeper Danny Vitiello and defender Jared Timmer, signing both players to new multi-year contracts, pending league and federation approval. Per club policy, the terms of the contracts were not disclosed.

"Danny and Jared have established themselves as top players in our league and as vital members of our core roster," said Republic FC President and General Manager Todd Dunivant. "We're thrilled to keep them here for years to come and know they'll both play a key role in the pursuit of our next championship."

Vitiello has continued to raise the bar for goalkeeping success since joining Republic FC in 2022. With 44 shutouts, he is the club's all-time clean sheets leader. In his first season in Sacramento, Vitiello made national headlines in the club's historic run to the U.S. Open Cup Final and at one point didn't allow the opponent to score for 479 minutes. In the Semifinal match against MLS' Sporting Kansas City, Vitiello claimed his place in the Open Cup record book when he denied U.S. Men's National Team player Graham Zusi in the fifth round of a penalty shootout, setting up Rodrigo Lopez to punch the team's ticket to the Final.

"Sacramento has become home for me and my family. I'm incredibly grateful to this city, this club and the fans for their love and support," said Vitiello. "I'm proud to keep fighting for the crest and for this community. I am looking forward for all



Goalkeeper Danny Vitiello and defender Jared Timmer of the Sacramento Republic FC sign multi-year contracts with the club, pending league and federation approval. Photo courtesy of Sacramento Republic FC

that is to come and for the privilege to keep building something special with this team and this community."

Since joining Republic FC in 2023, Timmer has seen the pitch more than any other player with 92 appearances across all competitions and has been a key figure in the club's defensive success, featuring in all but one of its 33 clean sheets in league play.

Timmer's breakout came in 2024, when he helped The Quails put out the best defensive performance in the Western Conference with 15 clean sheets, just 127 shots on target faced, and a plus-12 goal differential. Timmer ranked fourth in the league with 3,024 minutes and set new personal bests in clearances (87), duels won (195), and tackles won (27), earning him the honor of Team Defensive MVP. On the offensive end, Timmer scored his first professional goal and added two assists.

"I love this city. I love this organization," said Timmer. "I am grateful to be here and I will give everything I can for Sacramento."

Vitiello's 2023 performance was recognized with a slew of awards, including Goalkeeper of the Year, a selection to the USL Championship All-League First Team and his second career Golden Glove Award (0.83 goals-against average). Vitiello recorded 11 regular season clean sheets

and tallied a career-high 82 saves, as well as a 76.2% save percentage.

Last season, Vitiello marked new milestones with a career-best 14 clean sheets and his 50th shutout across all competitions. He dominated the league with eight Save of the Week nominations and was also named a finalist for June Player of the Month. The campaign wrapped up with another Goalkeeper of the Year nomination and a selection to the All-League Second Team. This year, Vitiello has earned five shutouts and on June 28 made history as the third player to record 50 clean sheets in the USL Championship regular season.

After missing the first three games of the 2025 campaign due to injury, Timmer has picked up right where he left off last year. Timmer is currently tied for the team lead with four assists across all competitions and in league play is in the club's top five for clearances (27), interceptions (10), and passing accuracy (84.7%). Timmer is also on track to become the 13th player to mark 100 Republic FC appearances.

After four straight weeks on the road, Republic FC returned home to host El Paso Locomotive FC on July 12 in the first of two 8 p.m. matches during the California State Fair. The other match at the state fair is versus Lexington. ★

Former Aggie Lifts USMNT to Gold Cup Semifinals

UC Davis Athletics News Release

DAVIS, CA (MPG) - Former UC Davis soccer standout Max Arfsten delivered a career-defining performance for the U.S. Men's National Team (USMNT) on June 29, powering a 2-2 (4-3 PKs) quarterfinal victory over Costa Rica in the Concacaf Gold Cup and earning Man of the Match honors.

The Columbus Crew star directly contributed to both U.S. goals in regulation. Arfsten provided an assist in the 43rd minute, setting up Diego Luna for the equalizer.

Just 90 seconds into the second half,

Arfsten followed up his assist in the first half by scoring his first international goal, a right-footed finish inside of the box, to give the U.S. Men's National Team a 2-1 lead in the 47th minute.

After Costa Rica leveled late in regulation, the match advanced to a penalty shootout, where the U.S. Men's National Team prevailed 4-3, clinching its semifinal berth.

Arfsten and the U.S. Men's National Team faced Guatemala on July 2, at Energizer Park in St. Louis, winning the series 2-1 and punching their ticket to the Gold Cup Final. ★

Scammers Targeting PG&E Customers

PG&E Communications News Release

SACRAMENTO REGION, CA (MPG) - Utility scams have continued at an alarming rate this year, with Pacific Gas and Electric Company (PG&E) customers reporting more than \$190,000 in losses to scammers. PG&E is helping customers recognize the signs of a scam and avoid falling victim.

A typical sign of a scam targeting a utility customer includes a caller claiming to be from PG&E and threatening disconnection if immediate payment is not made via a pre-paid debit card, digital payment mobile application or other methods of money transfer.

As a reminder, PG&E will never send a single notification to a customer within one hour of a service interruption and will never ask customers to make payments with a pre-paid debit card, gift card, any form of cryptocurrency or instant mobile payment applications, such as Zelle® or Venmo.

“Scammers seek to create a sense of panic, threatening disconnection of utility services if immediate payment is not made. If a phone call, visit to your home or email doesn’t feel right, don’t fall for it. Hang up, shut the door and do not respond to the email,” said PG&E Cybersecurity Risk Manager Amy Lucido. “Remember, PG&E will never ask for your financial information over the phone or via email, nor will we request payment via pre-paid debit cards or other methods of money transfer, including mobile applications.”

So far this year, PG&E has received more than

10,000 reports of scams targeting residential and business customers with customers reporting losses of more than \$190,000. The average scam victim lost more than \$900 and more than 200 customers have reported falling victim. This number is likely



just the tip of the iceberg however, as many scams go unreported.

Scams reported to PG&E by county so far this year: Butte 62; El Dorado eight; Glenn three; Nevada 18; Placer 75; Sacramento 270; San Joaquin 130; Shasta 32; Sutter 40; Tehama six; and Yuba 43.

Business customers are also not immune from scam attempts. In fact, PG&E has received 250 reports of scams targeting small and medium-sized businesses this year and these attempts frequently occur during busy business hours when scammers hope to catch unsuspecting victims while they are distracted or stressed.

Scammers can be convincing and often target those who are most vulnerable, including senior citizens and low-income communities. They also aim their scams at small business owners during busy customer service hours. However, with the right information,

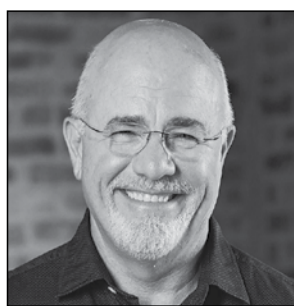
customers can learn to detect and report these predatory scams by visiting www.pge.com/scams or by calling 1-833-500-SCAM.

Scammers are able to create authentic-looking 800 numbers which appear on your phone display. The numbers don’t lead back to PG&E if called back, however, so if you have doubts, hang up and either log into your account at pge.com to confirm your bill details or call PG&E at 1-833-500-SCAM. If customers feel that they are in physical danger, they should call 911.

Signing up for an online account at pge.com is another safeguard. Not only can customers log in to check their balance and payment history, they can sign up for recurring payments, paperless billing and helpful alerts. Customers can also call PG&E Customer Service at 800-743-5000 to confirm their bill details and current amount due.

Customers who suspect that they have been victims of fraud or who feel threatened during contact with these scammers should contact local law enforcement. The Federal Trade Commission’s website is also a good source of information about how to protect personal information. For more information about scams, visit pge.com/scams and/or <https://consumer.ftc.gov/scams>.

Pacific Gas and Electric Company is a combined natural gas and electric utility serving more than 16-million people across 70,000 square miles in Northern and Central California. For more information, visit pge.com and pge.com/news. ★



Dave Ramsey

Dave Ramsey Says

Approach it Like a Sales Call

Dear Dave,

I had an interview for a sales management position. Since then, I’ve sent two follow-up emails. One was to thank the human resources representative for their time and for considering me for the job. In the second, I reiterated my interest in the position and desire to work for the company. Was this a proper and professional approach? If not, how would you suggest handling things after a first interview?

– Tiffany

Dear Tiffany,

In this situation, I would recommend sending another email. You want to walk right up to that fine line that separates bold and confident from pushy, because that’s one of things a good sales manager should be able to do.

Thank them again for their time, and respectfully tell them you understand any hiring decision can be a lengthy process, but you’d like to know when you can expect an answer.

I’m talking about using your experience and the idea that you’re a great sales person, who has transformed herself into a great sales manager. In other words, treat it almost like a professional sales call. And don’t be afraid to have a little fun with it. If you’re still under consideration, that means they like you and you have a shot at the position. You might even hint at the fact they don’t want to hire a sales manager who doesn’t know how to follow up.

You obviously have sales skills if you worked your way up to a manager’s position. So, put those skills to work. If you’re on a sales call, and the customer needs to perform some due diligence before

deciding, a smart salesperson will request to schedule a follow-up. In your email, ask if checking back on a certain day in the next couple of weeks will work. You don’t want to be obnoxious, but you’re looking for an appointment of sorts—a time frame—so you’ll know when to follow up without seeming pushy or desperate.

I hope this helps, Tiffany. Good luck!

– Dave

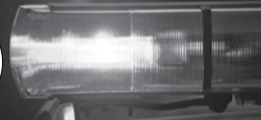
Dave Ramsey is a nine-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

FOLLOW US for Local News and much more!

Carmichael Times

Facebook: @CTMPG8

WE SUPPORT FIRST RESPONDERS



Join the Coolest Chamber in Town!



www.CarmichaelChamber.com

GRACE BAPTIST CHURCH

Come and Experience God’s Amazing Grace

Come grow with us at Grace Baptist Church where the Old Time Gospel Message is still preached and God-Honoring music is still sung. Grace Baptist still stands on the Principles, Doctrines and Separation, found and taught in The Bible.

PASTOR CHARLES CARTER

6724 Palm Avenue, Fair Oaks, CA 95628

(Located one block South of Madison; just East of Dewey)

SERVICE SCHEDULES

Sunday Schools (All Ages) - 9:45 am

Sunday Worship 11:00 am

Sunday Evening 6:00 pm

Wed. Evening 7:00 pm

CALL FOR MORE INFORMATION (916) 967-3915 WWW.GBCFAIROAKS.NET

Carmichael Times

Serving Carmichael and Sacramento County since 1981

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The *Carmichael Times* is not responsible for unsolicited manuscripts or materials. The entire contents of the *Carmichael Times* are copyrighted. Ownership of all advertising created and/or composed by the Times is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to *Carmichael Times*, 7144 Fair Oaks Blvd. Suite 5, Carmichael, CA 95608. Subscription rate is \$52 per year within Carmichael, \$72 within Sacramento County.

The *Carmichael Times* is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



Publisher, Paul V. Scholl

Carmichael Times is a member of **Messenger Publishing Group**

To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.

Be sure to place in the subject field “Attention to Publisher”. If you do not have email access, please call us at (916) 773-1111.

Do You Need Your Legal Ads Published?

We can help.

Call us now to place your legal advertising!



916-773-1111

All legal ads published by Messenger Publishing Group.

Where All the Stars Talk

Mary Jane Popp Brings Back the Stars

By Omella Rossi

SACRAMENTO, CA (MPG)

- For decades, Mary Jane Popp has built a legacy as one of the most revered voices in the radio and television. From working with radio and TV stations across the country to hosting some of the most iconic interviews in media history, Popp's passion for connecting with people is undeniable.

Now, with the launch of her new podcast, "Popp Star Talk," Popp is offering listeners a fresh look at the stars they thought they knew.

Popp's career, which spans multiple decades and a variety of media, has been anything but typical. She didn't initially set out to be an interviewer but instead was a singer and actress working toward a Ph.D. at Indiana University when a dare changed her trajectory.

"I wasn't going to interview people. People were going to interview me," Popp said. "But then I was dared to audition for a TV show and I went, 'OK, why not? I got nothing to lose.'"

In 1974, Popp landed a gig on WTTV in Indianapolis, where she produced and hosted "Studio Four," a live television talk show. It was a role that required everything from guest booking to producing, an education that would become the foundation of her expansive career. Popp also hosted "Starlight Backstage" at the same studio which launched her celebrity interviews.

Fast forward to today and Popp is in the midst of her latest project, "Popp Star Talk."

"I got a call from a dear friend, Kenneth Segura Knoll, who suggested we should do a podcast with all the interviews I had made. I had around 170 interviews," said Popp.

Launched on April 2, the episodes utilize the vast collection of interviews she has conducted over the years. Throughout each episode listeners can expect to hear updates on the current whereabouts and endeavors of the people Popp has interviewed, giving fans a chance to reconnect with familiar voices, along with the full original interviews.

The podcast brings a unique perspective to celebrity interviews. While many shows focus solely on an entertainer's latest project or achievement, Popp takes a more personal route, delving into the questions that many others overlook.

"I'm not interested in just promoting someone's latest book or movie," Popp said. "I want to know who they are, what drives them, what makes them happy, sad or even what they'd change about their lives. That's what people really want to know."

In "Popp Star Talk," Popp interviews a wide range of celebrities, from actors including "The Birds" star Tippi Hedren to impressionist Rich Little, and from models such as Cheryl Tiegs to "Happy Days" icons Anson Williams and Marion Ross. What sets her interviews apart from the typical soundbites is the depth of the conversation. Popp encourages guests to drop the PR facades and speak candidly about their lives.

"I always tell them I'll mention your latest project but the real conversation will go beyond that," Popp

said. "I want to know what makes you tick. I ask them, 'Who are you in 25 words or less?' and that question always catches them off guard."

What started as an idea to share interviews from her past has now grown into an international success. With Popp's show available on platforms such as YouTube, Spotify and Apple Podcasts, "Popp Star Talk" is now heard in 17 countries, attracting listeners curious about the untold stories behind the stars.

But it's not just about the interviews themselves. Popp works tirelessly behind the scenes, researching each guest, ensuring that her listeners are not only entertained but also educated on the people they're hearing from. It's a method that pays off; whether it's a fun anecdote or a deeply personal reflection from an iconic figure, Popp's audience gets to hear it all.

It's not always easy. As with any new project, there are challenges, technical issues, scheduling conflicts and finding the balance between entertaining and informing. But for Popp, it's all part of the process.

"The research is the hardest part. I don't want to just throw an interview up and call it a day," Popp said. "I want to add depth. I want to give people more than just what's on the surface."

As for her own career, Popp's love for what she does has only grown over the years. She firmly believes that if you're doing something you love, it's never really work.

"People always ask me when I'm going to retire and I tell them, 'When I drop dead,'" Popp said with a smile. "If you love what you're doing, you'll never work a day in your life. There will be frustrations but that's all part of the game."

Popp has always been known for her down-to-earth nature and her genuine curiosity, qualities that have undoubtedly contributed to her success. She is driven by a desire to connect with her guests in a way that is honest and authentic.

"I don't need to be the star of the show. The guest is the star," Popp said. "If you truly care about someone, they'll open up to you. That's the magic of it."

As for her listeners, Popp has one main goal: to entertain and to reveal the true, multidimensional lives of the people they admire.

"I want people to remember these stars for who they really are, not just what they see on TV or in the movies," Popp said. "Everyone has a story to tell. My job is to help share it."

With her wealth of experience and genuine care for the people Popp interviews, "Popp Star Talk" promises to continue offering listeners an intimate, behind-the-scenes look at the stars who have shaped our culture. Whether you're tuning in for the first time or catching up with the archives, Popp's engaging, heartfelt conversations are sure to leave a lasting impression.

To listen to "Popp Star Talk," visit <https://redcircle.com/shows/popstartalk> or find it on your favorite podcast platform.

Each new episode airs every Friday, with archived interviews available for those wanting to explore the wealth of content. ★



Mary Jane Popp, as a picklelittle lady, is with John Davidson in "Music Man." Photo courtesy of Mary Jane Popp



Mary Jane Popp stands alongside Carol Channing, movie and Broadway star. Photo courtesy of Mary Jane Popp



Movie star Claude Akins embraces Mary Jane Popp in a hug. Photo courtesy of Mary Jane Popp



From left, Helen Reddy singer famous for "I AM Woman" and Mary Jane Popp. Photo courtesy of Mary Jane Popp



Melissa Gilbert from television show "Little house on the Prairie" smiles alongside Mary Jane Popp. Photo courtesy of Mary Jane Popp



Mary Jane Popp smiles alongside Cathy Rigby, Olympic champion and Broadway star, during her performance in "Peter Pan." Photo courtesy of Mary Jane Popp



Lou Ferrigno, actor and former bodybuilder, was in the movie and TV show, "The Hulk." Photo courtesy of Mary Jane Popp



From left are Mary Jane Popp and Molly Ringwald from Sacramento, an actress in multiple movies. Photo courtesy of Mary Jane Popp



From left are Richard Thomas from "The Waltons, Mary Jane Popp and George Wendt from "Cheers." Photo courtesy of Mary Jane Popp



Robert England from the "Nightmare on Elm Street" movie series holds a prop alongside Mary Jane Popp. Photo courtesy of Mary Jane Popp



Here are actor and former Governor Arnold Schwarzenegger and Mary Jane Popp in 2006. Photo courtesy of Mary Jane Popp



Tim Russ was Tuvok on the TV series, "Voyager in the Star Trek" follow up. Photo courtesy of Mary Jane Popp

Teacher Exhibits Nature, Power, Passion



Wild and domestic animals are subjects for photographer Bridgett Locken's "Nature, Beauty, Power and Passion" exhibition at the Sacramento Fine Art Center.

Continued from page 1
 Locken said. "Like art, food fills people with warmth. At my opening, I set out 200 pieces of baked goods, from brownies to banana bread. They were a hit."
 The night resulted in several photo sales and 198 consumed cookies. Locken and her husband, Bruce, took home two brownies.
 "Leftovers were a sweet end to our day," smiled Locken. "I figured if I could get

people into the gallery with baked goods, they'd stay for the art. They did."
 Locken's "Nature, Beauty, Power and Passion" show continues until July 31. Gallery hours are from 11 a.m. to 3 p.m. Tuesdays through Fridays and from 11 a.m. to 5 p.m. Saturdays. Sacramento Fine Arts Center is at 5330B Gibbons Drive, Carmichael. Photo prices start at \$75.
 Learn about Locken's art at www.lockenartstudio.com ★

WE SUPPORT FIRST RESPONDERS 

LOCAL ARREST RECORDS
Find out what's happening in your local area
Arrest Logs updated daily
CARMICHAELTIMES.COM

BOB'S CYCLE CENTER
 EST. 1955
 70 YEARS OF SERVICE

LOCALLY OWNED SINCE 1955
E-Bikes Up To 40% Off! | Over 400 bikes In Stock!

9920 FAIR OAKS BLVD. FAIR OAKS, CA 95628 (916) 961-6700 (Corner of Fair Oaks and Sunrise)
 378 NORTH SUNRISE AVE. STE 300 ROSEVILLE, CA 95661 (916) 784-2255 (Across from the Auto Mall)

bobsyclecenter.com

Protect and Heal your whole family with Affordable Chiropractic Memberships

All-inclusive monthly memberships from \$35-\$55 per visit. CALL or TEXT us today!

- Affordable memberships - plan for your health
- All inclusive - services and therapies
- Relieves pain from head/back/neck/sciatica
- Improves mobility, maintains flexibility
- Family owned and operated
- 20+ years experience serving the community

AMERICAN RIVER CHIROPRACTIC
 2280 Vehicle Drive, Suite 110 Rancho Cordova, CA 95670
916-776-6362
americanriverchiropractic.com
 CALL or TEXT today!

KP International MARKET
 FOOD COURT NOW OPEN
 10971 Olson Drive Rancho Cordova, CA 95670
 916.853.8000
 Market - 7 Days 8am - 9pm
 Food Court - 7 Days 11am - 3:30pm
 Korean/Mex/Viet 7:30pm last call
 Chinese/Japanese 7:00pm last call

KP KARAOKE SPECIAL
 Sun-Thu Come before 6pm (Valid Time)
 Fri-Sat Come before 5pm (Valid Time)

- For 6 people \$115.00** + Gratuity
 3 Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (Small Room)
- For 12 people \$210.00** + Gratuity
 3 Hours Karaoke + 2 Pizza + Pitcher Soda + 4 Main Dishes (Medium Room)
- For 14 people \$230.00** + Gratuity
 3 Hours Karaoke + 2 Pizza + Pitcher Soda + 4 Main Dishes (Family Room)
- For 18 people 295.00** + Gratuity
 3 Hours Karaoke + 3 Pizza + Pitcher Soda + 6 Main Dishes (Larger Room)
- For 28 people \$395.00** + Gratuity
 3 Hours Karaoke + 3 Pizza + Pitcher Soda + 6 Main Dishes (Larger Room)

Dishes To Choose From

FROZEN & FISH DEPT

Frozen Shrimp Uncooked, Peeled Deveined 2 lbs
 REG. \$17.99/EA
\$11.99/ea

Cut Pollack with Hot Sauce 1.1 lbs
 REG. \$7.99/EA
\$4.99/ea

WEEKLY MEAT SPECIALS

Beef Rump/Bottom Round Roast-Bnls **\$5.99/lb**
 Beef T-Bone Steak **\$6.49/lb**
 Chicken Drumsticks **89¢/lb**
 Pork Neck Bones **\$1.99/lb**
 Pork Butts Bone In **\$2.99/lb**

WEEKLY HALAL SPECIALS

Chicken Drumsticks **99¢/lb**
 New Zealand Lamb Stew Meat Bone-In **\$5.49/lb**
 Beef Rump/Bottom Round Roast **\$5.99/lb**

FRESH PRODUCE

Russet Potato 10 lbs **\$2.59/bag**
 English Cucumber **99¢/ea**
 King Oyster Mushroom **\$1.59/lb**
 Seafood Mushroom 150 g **89¢/ea**
 Shallot Onion **\$1.29/lb**
 Taiwan Cabbage **79¢/lb**
 Raw Peanut **\$1.59/lb**

AMERICAN/HISPANIC GROCERY

El Mexicano \$1.99/ea
 Lea & Perrins Worcestershire Sauce 10 fl.oz **\$5.49/ea**
 Gold Medal All Purpose Flour 5 lbs **\$4.99/ea**
 MI Hacienda Tortilla Chips 24 oz **\$3.99/ea**
 Old Bay Seasoning 6 oz **\$5.99/ea**

ASIAN GROCERY

168 Pancit Canton Noodles 16 oz **\$3.79/ea**
 First World Dried Apricot 12.3 oz **\$2.99/ea**
 Del Monte Pineapple Juice 46 fl.oz **\$5.69/ea**
 Kikkoman Fish Sauce 6.8 fl.oz **\$2.99/ea**
 Caloless Konjak Noodles 7.8 oz **\$4.49/ea**

EUROPEAN GROCERY

Chumak Sunflower Oil Unrefined 900 ml **\$3.99/ea**
 Goodwill Buckwheat Extra 1.5 kg **\$5.99/ea**
 Raw Peanuts Uncooked Unsalted 3.5 lbs **\$5.99/ea**
 Sadaf Fancy Sugar Cubes 700 gr **\$4.99/ea**
 Garden Fresh Pure Honey 340 gr **\$3.69/ea**

EUROPEAN DELI

Columbus Black Forest Ham **\$8.99/lb**
 Hickory Smoked turkey Breast **\$11.79/lb**
 Hot Pitted Green Olives **\$6.09/lb**
 Zesty Garlic Olives **\$5.99/lb**

FROZEN & FISH DEPT

From Alaska Spot Shrimp Tails 1 lb **\$19.99/ea**

HOUSEWARE

Electric Rice Cooker **\$54.99**
 Electric Rice Cooker **\$59.99**
 Electric Grill **\$39.99**

Advised items good at KP International Market - Rancho Cordova location ONLY. We reserve the right to LIMIT QUANTITIES. Not responsible for TYPOGRAPHICAL OR PICTORIAL ERRORS. All advertised items are SUBJECT TO AVAILABILITY. Sorry NO RAINCHECKS. PRICES EFFECTIVE JULY 16 - JULY 22, 2025.