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Rolls Out New
Services

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Receive
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THE NEWS

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VOLUME 44 • ISSUE 29

Serving Rio Linda, Elverta and Sacramento County

JULY 18, 2025

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Teacher Exhibits Nature, Power, Passion



Bridgett Locken's wild horse photography yields a dramatic vignette for her Sacramento Fine Arts Center exhibition.

Story and photos by Susan
Maxwell Skinner

CARMICHAEL, CA (MPG) - A hobby has become a passion for a North Highlands' Community Outreach Academy teacher.

Reading specialist Bridgett Locken, 52, took up animal photography 12 years ago. Last week, she launched a one-woman exhibition at the tail end of the "Animal House" show at the Sacramento Fine Arts Center in Carmichael.

"I've loved animals since I was born," Locken told visitors at the July 12 exhibition opening. "Friends suggested I photograph horse shows. I've enjoyed doing this. I heard about the wild mustangs of Carson Valley (Nevada), and I visited them in their wild habitat. I admired their amazing resilience. They're beautiful and free; they're everything we'd all love to be."

Central to the show she calls "Nature, Beauty, Power and Passion," Locken's wild mustangs were wildly admired.

"I saw two colts in spring," Locken

Continued on page 4



A Washington State wolf inspires a painting by Bridgett Locken.

Young Entrepreneurs
Brave Heat for Swap Meet

Story and photos
by Seth Henderson

RIO LINDA, CA (MPG) - With temperatures ranging from 95 degrees Fahrenheit to about 100 degrees, a small but enthusiastic group of young entrepreneurs gathered on July 12 outside the Dry Creek Ranch House for the Kids Community Swap Meet.

Among the vendors was Remy Bertoglio, a Rio Linda resident who brought an array of colorful 3D-printed toys she designed with her dad. Her table featured boats, turtles, pencil toppers, dragons, lizards and other small figures. Several of them glowed in the dark, including her personal

Continued on page 4



Young Rio Linda Resident Remy Bertoglio stands in front of her table at the Rio Linda Kids Community Swap Meet on July 12, located at the Dry Creek Ranch House, selling 3D-printed toys she made with her father and brother.

SMUD's
Giving Friday
Returns to
State Fair

Free Admission
to Giving Friday
with Donation of
Nonperishable Foods

SMUD Press Release

SACRAMENTO REGION, CA (MPG) - SMUD's Giving Friday is back at the California State Fair with a new day and a new nonprofit organization benefiting and with the same big heart of giving.

Moving from Mondays to Fridays (July 11, 18 and 25), attendees can enjoy free same-day entry to the California State Fair with a donation of five nonperishable food items to help stock the Sacramento Food Bank & Family Services shelves.

"Giving Friday represents the heart of what SMUD stands for: being there for our community, especially those facing food insecurity," said Farres Everly, SMUD's chief marketing and communications officer. "With rising costs impacting so many families, this partnership creates a simple but powerful way for neighbors to help neighbors while enjoying everything the state fair has to offer."

The numbers tell the story. The Sacramento Food Bank is serving more individuals than ever before. Each item donated helps fill the gap monthly for more than 320,000 children, families and seniors in our region who are struggling to put food on the table.

Any nonperishable donation makes a difference but some items that are especially helpful are dry pasta, macaroni and cheese, rice, oatmeal, cereal boxes, crackers and granola bars, peanut butter, canned vegetables, canned tomatoes, canned beans, canned meat (tuna, chicken, etc.), soups and stews, and canned fruit.

Donations are accepted from 10 a.m. to 2 p.m. at the Cal Expo Main, Blue and Green gates. Upon entry, visitors can enjoy SMUD swag bags, energy-saving tips and induction cooking demos. Also join SMUD from 10 a.m. to 2 p.m. July 19 at the EV Ride and Drive event at the nearby Arden Fair Mall. Test drive an electric vehicle and earn a free State Fair ticket.

SMUD has led successful e-waste, coat, personal care and school supply drives at Cal Expo. These drives have benefited nonprofit organizations such as the Sacramento Children's Home, the Sacramento Regional Conservation Corps and the Elk Grove Food Bank.

For more information about SMUD Giving Friday, visit calexpostatefair.com or smud.org/StateFair. ★

Girl Scouts Experience Civic Engagement at State Capitol

Girl Scouts Heart of Central California News Release

SACRAMENTO, CA (MPG) - Girl Scouts Heart of Central California (GSHCC) was proud to welcome Girl Scouts from across the state for a two-day educational experience centered on civic engagement and advocacy.

This immersive event, which took place on June 19 and 20, was open to Girl Scouts in grades four through 12 and designed to inspire the next generation of changemakers by connecting them directly with government and public service. Participants engaged in hands-on workshops, toured the historic State Capitol, met with legislators and took part in panel discussions, featuring elected officials and leaders in civic life. The experience empowers girls to explore how the government works, understand their role in a democracy and develop their voices as



Girl Scouts pose in the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California

advocates for the issues they care about.

“This event gives girls a rare opportunity to see government in action and to realize that they, too, can lead and make a difference in their communities,” said Adriana Pedroza,

associate director of girl experience at Girl Scouts Heart of Central California.

Girl Scouts Heart of Central California is dedicated to building girls of courage, confidence and character, who make the world a better place.

Through various programs and initiatives, the organization empowers girls to take the lead in their lives and communities.

Headquartered in Sacramento, Girl Scouts Heart of Central California serves over 16,000 girl and adult

members across 18 counties, including Alpine, Amador, Calaveras, Colusa, El Dorado, Glenn, Mariposa, Merced, Nevada, Placer, Sacramento, San Joaquin, Solano, Stanislaus, Sutter, Tuolumne, Yolo and Yuba. ★



Girl Scouts listen to a tour guide outside of the Governor's Office at the State Capitol Building during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California



Girl Scouts listen attentively while inside the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California



Above right: The electronic sign in the California State Senate says, “The California State Senate Welcomes Girl Scouts.” Photo courtesy of Girl Scouts Heart of Central California

Right: Girl Scouts listen attentively while inside the California State Senate during their two-day event on June 19 and 20. Photo courtesy of Girl Scouts Heart of Central California





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Mobile Health Rolls Out New Services

**Sacramento County
Department of Health
Services News Release**

SACRAMENTO REGION, CA (MPG)
- Sacramento County’s mobile clinic is doing more than just rolling into neighborhoods; it’s rolling out a whole new level of care.

Wellness Without Walls (W3), the county’s mobile health program, has added Behavioral Health Services’ Homeless Engagement and Response Team (HEART) to its network, bringing mental health and substance use services directly to people experiencing homelessness or housing instability. This expansion is helping Wellness Without Walls deliver whole-person care in one stop.

HEART staff, which include master’s level clinicians and peers with lived experience, now co-deploy with Wellness Without Walls in the field and to local shelters to provide behavioral health screenings, treatment referrals and ongoing case management. They’ve begun distributing Narcan and fentanyl test strips and have been working side by side with Wellness Without Walls’ medical staff to reach individuals where they are.

By blending physical and behavioral health services into one visit, the effort increases access and also reduces the stigma around asking for help.

“HEART is very excited about this collaboration,” said Health Program Manager Monica Rocha-Wyatt. “In order to address the health needs of the homeless population, you have to address the whole person, both physical and behavioral health. Including a BHS screening as part of overall health services also removes some of the stigma that still exists regarding mental illness and substance use. Making this full menu of services available makes it more convenient and more likely individuals will take advantage of the services.”



Members of Sacramento County's Wellness Without Walls (W3) program celebrate a new collaboration with Behavioral Health's Homeless Engagement and Response Team (HEART), bringing physical and behavioral health services together in one mobile visit. Photo courtesy of Sacramento County Department of Health Services

Wellness Without Walls began as a collaboration between divisions of the Department of Health Services, Public Health and Primary Health, in 2022, with support from the Health Resources and Services Administration and the Centers for Disease Control and Prevention. Public Health leads sexual health efforts, offering HIV and STI testing, education and referrals. Primary Health operates the mobile clinic and delivers services such as wound care, medication and chronic disease management. The idea is simple: if people can’t get to a clinic, the clinic should come to them.

Since its launch, Wellness Without Walls has grown into a full-scale outreach effort, thanks

to the support of community partners such as Loaves and Fishes, First Step Communities, Community Health Works and UC Davis’ School of Nursing. Local organizations and businesses, from pharmacies to pet wellness services, have also helped expand services and meet the diverse needs of patients in the field.

Bringing HEART into the mix adds a crucial layer to Wellness Without Walls’s mission. Many people served by the mobile unit are managing co-occurring conditions such as depression, trauma or substance use but might not know where to turn. With HEART onboard, patients can now receive behavioral health care on the spot, alongside their physical care, making it

easier to begin the recovery and healing process.

The results speak for themselves. Wellness Without Walls has already served hundreds of individuals, reconnecting some with HIV care, helping others begin Hepatitis C treatment and supporting people through housing transitions and benefit navigation. But beyond the medical outcomes, the true measure of success is trust. Patients return. They recognize the staff. They open up. And they take that first step toward stability, often because someone met them exactly where they were.

“Even though the effort only recently launched, the potential is obvious,” said Rocha-Wyatt. “Individuals experiencing homelessness are not refusing

services. Traditional services are too hard to access for people without reliable transportation, those afraid to leave their encampment and their belongings or those who have to go to multiple locations for care, etc.”

Wellness Without Walls staff say the HEART collaboration has been a natural fit and each division is learning from the others. Everyone shares the same goal: to make care easier, not harder, for people in crisis.

“I hope this new partnership sets an example of what can be done through collaboration,” said Rocha-Wyatt. “Long gone are the days of siloing services; the culture has shifted to collaborating and combining efforts for more efficient and easier to access services.” ★

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Young Entrepreneurs Brave Heat for Swap Meet



Citrus Heights resident Raylene Sandau, a member of Girl Scout Troop 1565, sits at her table of clothes that no longer fit and other accessories she has for sale at the Rio Linda Kids Community Swap Meet on July 12 at the Dry Creek Ranch House.

Continued from page 1
favorite, a fish. One of the more unique items was a stingray that could also take the shape of a scorpion.

Nearby, her mother Tarryn Bertoglio served sodas from Splash Soda, a local business she co-founded with her mother, Dina Nelson.

“My husband originally got interested in the 3D-printing and the kids soon found that he could make them a lot of cool little toys,” Tarryn Bertoglio said. “We found out about the Rio Linda Swap meet and just thought it would be the perfect thing to share with everybody.”

Hosted by the Rio Linda Elverta Historical Society and Girl Scout Troop 1565, the event invited local kids to sell, trade and showcase

their goods while gaining hands-on experience in entrepreneurship. The turnout was modest, but the energy and effort from the kids who participated made the morning feel lively and meaningful.

Remy and her brother stayed cool beneath a pop-up canopy as they sold their toys for a few dollars each. She said she started 3D-printing a few months ago, and her first design was a small boat.

With a limited menu of their most popular flavors, the soda stand provided a refreshing option for visitors. Tarryn Bertoglio said the swap meet was a great opportunity to help kids learn how to present and sell their products.

Tarryn Bertoglio said 3D-printed charms on straws and cups could be soon coming to Splash Soda and the kids could

be making appearances with their toys at other events in Rio Linda

Raylene Sandau, a member of Girl Scout Troop 1565 from Citrus Heights, set up her table in the shade near the ranch house.

She sold clothes that no longer fit and a few accessories, including a set of press-on nails. By mid-morning, she said she had earned \$11.

Sandau said she planned to donate any clothes or items that she did not sell or trade at the swap meet.

The swap meet was scheduled from 9 a.m. to around 3 p.m., highlighting the creativity, resourcefulness and resilience of the kids who participated. The Dry Creek Ranch House is located at 6852 Dry Creek Road in Rio Linda. ★

Teacher Exhibits Nature, Power, Passion



Wild and domestic animals are subjects for photographer Bridgett Locken’s “Nature, Beauty, Power and Passion” exhibition at the Sacramento Fine Art Center.

Continued from page 1
recalled. “They were sparring right in front of me. I felt the universe gave me a wonderful, magical opportunity.”

In minutes, Locken captured hundreds of images.

“You just have to pick the one that speaks to you,” Locken said of her exhibited choice. “These young males weren’t fighting to the death; they were just practicing to be stallions. Gallery visitors seemed amazed I’d captured such a moment. I’m grateful I was in the right place at the right time.”

Locken has traveled to the West Coast with her camera. Among whales, bobcats, bears, deer and bird portraits, bald eagles are a local presence in her exhibition.

“The canyon they inhabit is just miles from my home,” explained the Fair Oaks resident. “I often visit them at sunset. After work, surrounding myself in nature feels wonderful”

Locken’s adventures benefit her classes.

“We need visual aids when teaching vocabulary,” the mother of two explained. “My students don’t get out in nature much. Our school mascot is a bald eagle but most students have never seen one. They’re in awe that a bird could be bigger than themselves. Kids are also drawn to baby animals. Foals, fawns, owlets; they love the little critters.”

Locken’s 47-piece exhibition includes several original paintings.

“Artists often use my photos to work from,” she noted. “So painting’s another avenue for me to explore.”

The second lure of Locken’s exhibition opening was gastronomic. A pro-baker, she frequently offered “Homebaked Creations” at Carmichael’s Sunday Farmers Market.

“Cooking’s a creative experience,” Locken said. “Like art, food fills people with warmth. At my opening, I set out 200 pieces of baked goods, from brownies to banana bread. They were a hit.”

The night resulted in several photo sales and 198 consumed cookies. Locken and her husband, Bruce, took home two brownies.

“Leftovers were a sweet end to our day,” smiled Locken. “I figured if I could get people into the gallery with baked goods, they’d stay for the art. They did.”

Locken’s “Nature, Beauty, Power and Passion” show continues until July 31. Gallery hours are from 11 a.m. to 3 p.m. Tuesdays through Fridays and from 11 a.m. to 5 p.m. Saturdays. Sacramento Fine Arts Center is at 5330B Gibbons Drive, Carmichael. Photo prices start at \$75.

Learn about Locken’s art at www.lockenartstudio.com ★

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THE NEWS
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Youth Detention Earns Health Care Accreditation

Sacramento County Health and Social Services News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Youth Detention Facility has once again earned national recognition for its health services, receiving full reaccreditation from the National Commission on Correctional Health Care (NCCHC).

The accreditation highlights the outstanding work of the medical and behavioral health team operated by Sacramento County’s Department of Health Services, which provides care to youth, including young adults ages 18 and older, housed in the facility.

The reaccreditation, awarded in June, follows the team’s initial National Commission on Correctional Health Care accreditation in 2021. Since then, staff have continued to uphold and improve upon national standards, implementing 17 new policies to align with updated 2022 requirements.

The latest National Commission on Correctional Health Care review found the county’s health services to be 100 percent compliant with all applicable essential and important standards for quality in juvenile correctional health care across the country. Juvenile Correctional Health services include physical health, behavioral health, dental, pharmaceutical and ancillary care.

For 45 years, the National Commission on Correctional Health Care’s highly



The Sacramento County Youth Detention Facility earns national recognition for its health services, receiving full reaccreditation from the National Commission on Correctional Health Care (NCCHC) in June. Photo courtesy of the Sacramento County Health and Social Services

respected standards have provided guidance to help correctional health professionals and administrators improve the health of justice-involved populations and the communities to which they return. Consensus-based standards are developed in consultation with national experts in juvenile health care, mental health, law and corrections—and are designed to strengthen systems, increase efficiency and reduce legal risk.

For the staff, this achievement is more than a credential.

“We’ve always exceeded the minimum Title 15 requirements,” said Health Program Manager Pamela Gandy-Rosemond, who has led the team since 2007. “But this accreditation process helps ensure we’re not just compliant—we’re

continually raising the bar.”

That dedication was evident to National Commission on Correctional Health Care surveyors, who commended the team for the excellent care they observed during their on-site visit.

Medical, mental health and probation staff worked together to ensure every standard was met. Team members shared materials, aligned practices and met regularly to stay on track. The Quality Improvement team also implemented enhanced peer review processes to help staff continue practicing at the highest level of their professional licensure.

“In continuing to achieve NCCHC accreditation, our Juvenile Correctional Health team has demonstrated their commitment to providing high-quality health

care services to detained youth by ensuring effective and efficient service delivery in collaboration with Sacramento County Probation Department, Division of Behavioral Health Services and community service agencies,” said Deputy Director of Primary Health Services Noel Vargas. “Accreditation is a voluntary process, and I am so proud of our staff for successfully maintaining this distinction. Providing appropriate health care to young people can positively impact the direction of their lives.”

With reaccreditation in place through 2027, staff remain focused on training, standards review and ongoing collaboration to maintain the excellence that earned them this distinction and that the youth in their care deserve. ★

Preschoolers Exposed to Broad Range of Potentially Harmful Chemicals

Findings concern researchers because early childhood is a critical period for brain and body development

UC Davis Health News Release

SACRAMENTO, CA (MPG) - A national study published in Environmental Science & Technology finds children aged 2 to 4 years in the United States are routinely exposed to a broad range of potentially harmful chemicals. Many of the chemicals the researchers identified are not routinely monitored and may pose health risks.

The research was conducted by multiple institutions across the United States in coordination with the Environmental influences on Child Health Outcomes (ECHO), a program supported by the National Institutes of Health (NIH).

The researchers analyzed urine samples from 201 children aged 2 to 4 years. They tested for 111 chemicals. Their study found that 96 chemicals were detected in at least five children, 48 chemicals were found in over half of the children and 34 chemicals were detected in more than 90% of children, including nine chemicals not currently tracked in national health surveys like the National Health and Nutrition Examination Survey (NHANES).

“Our study shows that childhood exposure to potentially harmful chemicals is widespread. This is alarming because we know early childhood is a critical window for brain and body development,” said Deborah H. Bennett, lead author and UC Davis professor in the Department of Public Health



Children aged 2 to 4 years in the United States are routinely exposed to a broad range of potentially harmful chemicals. Many of the chemicals the researchers identified are not routinely monitored and may pose health risks. Photo by Artem Podrez @ pexels.com

Sciences. “Many of these chemicals are known or suspected to interfere with hormones, brain development and immune function.”

Children Exposed to Chemicals Through Everyday Activities

The NIH-funded ECHO Cohort combines data from pregnancy and pediatric cohorts to examine the impacts of early environmental exposures on child health and development. This study looked at samples of 201 children from four states (California, Georgia, New York and Washington).

The researchers looked for childhood exposure to common environmental chemicals. These included phthalates and phthalate alternatives used in plastics like toys and food packaging, as well as personal care products and household items. Parabens

commonly used in cosmetics, lotions, shampoos and pharmaceuticals. Bisphenols found in plastic containers, food can linings and thermal paper receipts. Benzophenones found in sunscreens, cosmetics and plastics. Pesticides used in agricultural and residential pest control. Organophosphate esters (OPEs) used as flame retardants in furniture and building materials and as plasticizers in food packaging. Polycyclic aromatic hydrocarbons (PAHs), byproducts of combustion found in vehicle exhaust, grilled foods and tobacco smoke. Bactericides found in antibacterial soaps and personal care products.

Children are exposed to these environmental chemicals through everyday activities, such as eating, drinking, breathing indoor and outdoor air and touching

contaminated surfaces.

Frequent hand-to-mouth contact, playing close to the ground, and higher intake rates relative to their smaller body weight make kids especially vulnerable to chemical exposure.

Trends and Disparities

In addition to the widespread exposure, the researchers noted some trends.

Levels of triclosan, parabens, PAHs and most phthalates decreased over the years the samples were collected (from 2010 to 2021).

An alternative plasticizer, DINCH (di-iso-nonyl-cyclohexane-1,2-dicarboxylic acid), and emerging pesticides, such as the neonicotinoid acetamiprid, pyrethroid pesticides, and the herbicide 2,4-, showed an upward trend.

Firstborn children had

significantly lower chemical levels than their younger siblings.

Chemical levels were often higher in younger children (age 2) than in 3- or 4-year-olds.

Children from racial and ethnic minority groups had higher levels of parabens, several phthalates and PAHs.

Most of the children’s mothers provided urine samples during pregnancy. This allowed the researchers to analyze the chemicals in the mother’s urine with those in the children’s urine.

They found the children had higher levels of several chemicals than their mothers did during pregnancy. These included two phthalates, bisphenol S (often used as a BPA replacement) and the pesticide biomarkers 3-PBA and trans-DCCA.

Need for More Monitoring and Regulation

The researchers emphasize that further studies are necessary to comprehend the long-term health implications of these chemicals.

“Exposure to certain chemicals in early childhood, such as pesticides, plasticizers and flame retardants, has been linked to developmental delays, hormone disruption and other long-term health issues,” said Jiwon Oh, first author of the study and a postdoctoral scholar in the UC Davis Department of Public Health Sciences. “This new study highlights the urgent need for expanded biomonitoring and stronger regulations to protect children from harmful exposures.” ★

Stay Safe in Triple Digit Heat

California Governor’s Office of Emergency Services News Release

SACRAMENTO REGION, CA (MPG) - With temperatures forecasted to reach triple digits, the California Governor’s Office of Emergency Services (Cal OES) wants Californians to stay safe from the heat.

A few tips and considerations to stay safe from heat and reduce health risks are to check weather forecasts and advisories to know when excess heat is expected and how long it’s expected to last. Create a heat plan and encourage others to stay safe during a heat event.

Visit a local cooling center or

air-conditioned space, such as a library, community center or shopping center. If you’re unable to travel or find an air-conditioned space, consider closing windows, doors, shades and curtains to prevent hot air and sunlight from entering your home during high heat days. Place a cool, damp towel on the back of your neck and wear light-colored, loose-fitting clothes. Use cool compresses and take a cool shower or bath to help reduce body temperature, providing relief from the heat.

Identify individuals in your life, such as family, friends and neighbors, who could help support you during heat events.

Remember, creating an emergency preparedness plan based



Create a heat plan and encourage others to stay safe during a heat event. Image by Bruno from Pixabay

on your personal needs is critical to ensure you and your loved ones remain safe during an emergency.

Sign up for emergency alerts

with your county or local officials. You can choose how to get alerts sent to you when you sign up, including cell phone, home phone, email, text messages and, in some cases, teletypewriter devices.

Sign up for a medical baseline program, an assistance program for people who depend on power for certain medical needs. Participation is important to ensure you receive additional notification of current or upcoming power shutoff events, which may occur during extreme heat events.

Talk to your healthcare provider or pharmacist to see if any of your medications affect your body’s ability to regulate temperature. Before an emergency, organize and protect your prescriptions,

over-the-counter medicine and vitamins.

Heat Ready California shares some health complications that can result from exposure to extreme heat including cardiovascular disease, respiratory disease, kidney disease, diabetes, neurological conditions and mental health conditions.

Heat stroke symptoms can include high body temperature, dizziness, rapid heart rate, confusion and loss of consciousness. Call 9-1-1. Heat exhaustion signs include sweating, weakness, dizziness, nausea, vomiting and headache. Move to a cool place and get medical help if symptoms get worse or last longer than one hour. ★

Kings Korner

By V.G. Harris



The NBA summer league represents an entertaining time of the year for NBA fans and franchises alike. But for owners, GM’s and coaches, it represents much more.

Validation of the thousands of hours of predraft work and now it’s time to see how the hopeful new members of the team are going to perform.

For the Sacramento Kings, that means particular attention to first round pick Nique Clifford and second round pick 7’1” Maxime Raynaud.

With two games in the books, the Kings are 2-0 and their draft choices are holding up their end of the bargain.

Nique Cifford is averaging 18 points per game while hitting the boards with a level of ferocity that helped him set a Colorado State school record for rebounds just a season ago.

Clifford has shown a level of confidence on both ends of the floor that has raised eyebrows and brings back memories of other standout first round picks like DeAaron Fox and Keegan Murray.

Both Fox and Murray stepped into the starting lineup and never looked back. Clifford may face a challenge, as the Kings’ starting lineup is stacked with talent, including Zach LaVine, Keegan Murray, DeMar DeRozan and new point guard Dennis Schröder. One of these four players would have to move to the bench if Clifford is to break into the starting lineup. In addition, last year’s first round pick Devin Carter is playing like an NBA veteran and fans wonder if Carter will challenge newcomer Dennis Schroder for the position of starting point guard.

A good problem to have? Not sure, as the Kings have been shopping sharpshooter DeMar DeRozan from coast to coast with no apparent takers.

It’s a long way from the start of the regular season, so no reason to spend time worrying about something that may never become a problem.

Clifford isn’t the only draft choice raising eyebrows, as second round pick Maxime Raynaud is making his presence felt in Las Vegas. Raynaud, a four-year player out of Stanford, scored 16 and 17 points respectively in the two opening games, displaying his talents around the rim and scoring from

beyond the arc.

After a tepid start in game one with eight points and three boards, last year’s rookie guard Devin Carter lit it up against the Bulls, scoring a team-leading 30 points while securing eight boards in the process.

Isaac Jones had identical stats in both games, scoring 11 points while grabbing six rebounds. Jones remains an enigma and at 6’9” with a gigantic wingspan, has the body the Kings are looking to duplicate. A second-year man, Isaac is hoping to find more playing time than last season when he played in just 40 games averaging a paltry seven minutes per contest.

There is a lot of legitimate talent on this team, and summer league is all about showing what you can bring to the table.

The Kings appear to still be high on Devin Carter, despite his name popping up in trade rumors but I would like to see what the Kings can do with Carter in the upcoming season, and at the very least, put him to back up the starting point guard. Carter has shown growth in his ball handling skills, and I believe he can be a strong contributor.

Big man Maxime Raynaud may be a project that takes time, as at 7’1” I would expect to see more rebounding than what he showed us in his first two games. While 6’6” guard Nique Clifford led the team in rebounding with 12 against the bulls, Raynaud had only five boards for the contest. Raynaud had just six boards in game 1 versus the Magic but his penchant for scoring the ball is very apparent.

Domantas Sabonis would love to have a little more company on the glass this season, so time will tell if rebounding is a part of Raynaud’s game that just needs time to ferment. What better teacher to school a young big man than the NBA’s rebounding champ for the past three seasons?

There are many reasons for optimism, Kings fans, and summer league is just one. Vivek Ranadive, Scott Perry and Doug Christie are smiling like Cheshire cats as their young draft picks show the NBA world what they can do.

Stay tuned and enjoy the NBA summer league!

All the best!

Your thoughts are always welcome at vghar-riskingsfan@gmail.com. ★



The Joy of Banana Ball

Major League Baseball is currently debating various rules changes to improve the game, when what it really needs is more players wearing capes and doing backflips.

That, at least, is the lesson of Savannah Bananas, the barnstorming team that has come up with a madcap version of baseball that is widely popular and selling out stadiums around the country.

The Bananas, or the Nanners, as devotees call them, sold out Clemson University’s Memorial Stadium back in April, with 81,000 in attendance. Tickets for a couple of games at Yankee Stadium in September are selling on secondary sites at rates significantly higher than any Yankees game.

Who’s Yankee ace Max Fried compared to Dakota Stilts, the Bananas pitcher who bestrides the mound standing at 10 feet and 9 inches on, yes, stilts? The Bananas and their handful of spin-off clubs have made the American pastime even more American.

Banana Ball, currently on what it calls a “world tour,” is the baseball equivalent of the carnival coming to town. It taps into the barnstorming baseball tradition that goes back to the 19th century, into the antic spirit of minor-league baseball with its corny entertainment between innings, and into the

showmanship of the Harlem Globetrotters. Twerking and behind-the-back catches are all encouraged.

The Savannah Bananas were originally part of the Coastal Plain League, a summer league for college ballplayers. When the team’s exhibition games with modified rules proved more popular than their staid standard fare, they went all exhibition.

We associate baseball with lazy summer afternoons, but there’s nothing lazy about Banana Ball.

It takes everything dull or overly subtle about baseball and smashes it underfoot while dancing to a pop song.

At the end of the day, does anyone besides the true connoisseur enjoy seeing a batter try to bunt? In Banana Ball, bunting is strictly prohibited and any attempt will get the offending batter ejected from the game.

Then, there are walks. Who walks in a real sport? What is this, golf? In Banana Ball, after the pitcher issues a base-on-balls, every fielder besides the pitcher and catcher has to touch the ball before the runner can be tagged out. This creates an incentive for runners to actually run out of the batter’s box, and very often they reach second base.

Banana Ball, correctly, views incessant and unnecessary delay as the enemy of fan engagement. Batters can’t step out of the batter’s box. There are no visits to the mound. The game is timed and can’t last more than two hours. (MLB has taken steps in this direction with the wondrously successful innovation of the pitch

clock, but can still do more to hustle things along.)

In loud and intense football stadiums, the fans are called “the 12th man.” In Banana Ball, the fans are literally the 10th fielder -- if one of them catches a foul ball on the fly, the batter is out.

“Whoever wants to know the heart and mind of America,” the French-American historian Jacques Barzun famously wrote, “had better learn baseball.”

Intellectuals aren’t going to rhapsodize about Banana Ball, but it says something about America, too. Its popularity shows how much we prize speed, constant entertainment and, oh yeah, viral moments on social media (which Banana Ball provides in abundance). Kids, in particular, love it.

Banana Ball isn’t a sacrifice against the game, any more than wiffle ball or beer-league softball are. It is a popularization of baseball and advertisement for it, demonstrating how a game that is perceived as dull and uneventful can be the occasion for rollicking fun.

We won’t be arguing decades from now about who was the best Banana Ball player of this era. We can enjoy the spectacle all the same.

The supposed inventor of baseball, Abner Doubleday, got much right. So, who can blame him for not realizing how much the game could be enhanced by adding musical numbers and having pitchers throw from trampolines?

Rich Lowry is editor of the National Review.

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Social Security Matters

Why Can’t I get my SS Payment plus my Railroad Pension from my Ex-spouse?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I have a question. I now get a Railroad Pension from my ex-husband. I did not know it was from the Social Security Administration. I want to collect my SS benefits and my Railroad pension. Can I do that? I do not understand why I cannot collect both. Please advise. Thank you. **Signed: Railroad Ex-spouse**

Dear Railroad Ex-spouse: Railroad pension benefits and Social Security benefits are fully coordinated – that is, your Railroad pension payment from your ex-spouse already includes your earned Social Security retirement benefit. That’s because the two government agencies (the RRB - Railroad Retirement Board - and SSA (Social Security Administration) work together and pay your benefits in one single

payment, usually managed by the RRB if some of your benefit includes a railroad pension component. The RRB and SSA are two separate government agencies, but they fully coordinate benefits for beneficiaries.

This is exactly the same as if you were collecting regular SS ex-spouse benefits (instead of RR benefits) from your ex-husband; your personal SS retirement benefit is always paid first, and you receive an additional amount (a spousal boost) from your ex-husband. In your case, your “spousal boost” is the difference between your personally earned SS retirement benefit at your full retirement age (FRA) and half of your ex-husbands Tier I Railroad retirement benefit amount at his full retirement age. A railroad pension usually consists of two pieces – a Tier I benefit and a Tier II benefit, with Tier I benefits being the equivalent of the pensioner’s Social Security.

Your ex-spouse benefits under the RRB are handled the same way. The two agencies fully coordinate with each other, evaluate your SS entitlement, and then reduce the amount of your RRB Tier I ex-spouse benefit by your

SS retirement amount and pay both amounts together. In this way, you only get one payment, consisting of both your earned SSA component and the RRB component. And whenever there is a railroad component, the RRB (Railroad Retirement Board) is usually responsible for making pension payments.

You may find the information at this RRB website helpful: https://rrb.gov/RB-9/Social_Security_Benefits and you can also contact your local RRB field office by accessing this link: <https://www.rrb.gov/Field-Office-Locator>.

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California GOP Members of Congress Might Regret Backing Trump’s Megabill



By Dan Walters, CALMatters.org

Last Thursday (July 3), just minutes after the House of Representatives passed President Donald Trump’s “Big Beautiful Bill” to overhaul federal taxes and health care spending, the National Republican Campaign Committee issued a statement touting Rep. David Valadao’s vote for the controversial measure.

“In a major win for Californians, David Valadao just voted to pass landmark legislation that lowers taxes, boosts economic growth, strengthens essential benefits, and restores law and order in California,” the NRCC declared.

“Congressman David Valadao is doing exactly what he promised: delivering real results, restoring fiscal sanity, and fighting for California families,” NRCC spokesman Christian Martinez said. “His vote is proof that strong leadership and commonsense still matter in Washington.”

A couple of hours later, Protect Our Care California, a health care advocacy organization with close ties to Democratic Party leaders, announced that it will air video ads criticizing Valadao and nine other Republican congressional members for their votes.

“Representative David Valadao just voted for the largest health care cuts in history in order to fund tax

breaks for billionaires and big corporations, and we’re going to make sure that every single one of their constituents knows it,” said Matthew Herdman, director of Protect Our Care California.

The ads are aimed at Valadao and other members of California’s Republican congressional delegation, including Young Kim and Ken Calvert, because they are considered to be the most vulnerable incumbents as the two major parties battle over control over the House in next year’s elections.

Republicans have a paper-thin House majority — as demonstrated by the 218-214 final vote on Trump’s high priority bill — and Valadao, Kim and Calvert barely survived past challenges. Valadao first won a congressional seat in 2012, lost it in 2018 and regained it in 2020. He successfully fended off Democrat Rudy Salas in 2022 and 2024.

What happens in the three targeted districts next year could easily determine which party will prevail, with potentially major consequences for the final two years of Trump’s presidency.

Valadao’s vote for the bill is especially noteworthy because Democratic voters outnumber Republicans by 12 percentage points in the San Joaquin Valley’s 22nd Congressional District, two-thirds of his constituents rely on Medi-Cal (California’s version of Medicaid) for their health care, and he had repeatedly promised not to vote for any reductions in the program.

The Fresno Bee’s editorial page quickly excoriated him for seemingly abandoning that pledge under pressure from Trump.

“At a height of 6-feet-4, Rep. David Valadao can cast a

giant presence in Washington, D.C.,” The Bee’s editorial board wrote. “Unfortunately, he doesn’t measure up when it comes to looking out for the best interests of his community.”

The editorial continued, “The Congressional Budget Office, a nonpartisan agency, estimated that the Senate version of the bill, which was eventually passed, reduces federal Medicaid spending by \$1 trillion over 10 years and increases the number of uninsured people by 11.8 million.

“What happened to Valadao in five days to change his mind? For one thing, he visited the White House on Wednesday. His office didn’t provide details of that reunion, but Trump has used such meetings to pressure reluctant lawmakers to do his bidding over that of the people.”

Valadao insists that he received assurances from the White House that the Medicaid cuts will “be structured in a way that benefits our providers and keeps our hospitals and communities running.”

Aware of his precarious hold on the seat, Valadao has continuously stressed his independence, even being one of only 10 Republicans who voted to impeach Trump during his first presidential reign.

However, Valadao’s vote for Trump’s bill undermines that independent image and will almost certainly be weaponized as Democrats try again to capture his seat next year.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state’s political, economic, social and demographic trends. ★



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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04296
Mohammed Meraj Desai, 1089 Brock Circle, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "MLA PrimeMarket" 1089 Brock Circle, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2025
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MLA 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03846
Ruben Fragozo Regalado, 6617 Whitsett Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "RF Landscaping" 6617 Whitsett Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County May 21, 2025
Publish: June 27, July 4, 11, 18, 2025
RF 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04513
Catholic Funeral & Cemetery Services of the Diocese of Sacramento, Inc., 2110 Broadway, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "St. Joseph Catholic Cemetery" 2615 21st Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County June 17, 2025
Publish: June 27, July 4, 11, 18, 2025
CEMETARY 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04102
Halal Spot LLC, 7700 Sunrise Boulevard, Suite 1000, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Halal Spot" 7700 Sunrise Boulevard, Suite 1000, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 2, 2025
Publish: June 27, July 4, 11, 18, 2025
HALAL 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04542
Anthony Zakhir, 8581 23rd Avenue, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Glass Pro's" 8581 23rd Avenue, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 18, 2025
Publish: June 27, July 4, 11, 18, 2025
GLASS 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04538
Khoshal Parwani, 9100 Tuolumne Drive, Apt 37, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Happy Lawn Care" 9100 Tuolumne Drive, Apt 37, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 18, 2025
Publish: June 27, July 4, 11, 18, 2025
HAPPY 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04547
Donald Scott White, 4136 Borderlands Drive, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Mainstream Resellers" 4136 Borderlands Drive, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 18, 2025
Publish: June 27, July 4, 11, 18, 2025
MAIN 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04324
Daniel Joseph Palermo, 1175 Reston Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "DP Mortgage Consulting" 1175 Reston Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 9, 2025
Publish: June 27, July 4, 11, 18, 2025
DP 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04286
Monroe Enterprises, Inc., PO Box 273, Monroe, WI 53566 is doing business under the Fictitious Business Name(s) "Credit Bureau Centre" 1804 10th Street, Monroe, WI 53566. Filed with the Clerk of Sacramento County June 9, 2025
Publish: June 27, July 4, 11, 18, 2025
CREDIT 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04364
John Holt, 3315 Spicewood Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Saved Child Studio" 3315 Spicewood Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 11, 2025
Publish: June 27, July 4, 11, 18, 2025
SAVED 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04464
OJ's Pantry, 2717 Tierra Grande Circle, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Folsom Grocery Outlet" 671 E Bidwell Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 16, 2025
Publish: June 27, July 4, 11, 18, 2025
FOLSOM 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04362
2257 Ventures, LLC, 843 River Pointe Circle, Oakdale, CA 95361 is doing business under the Fictitious Business Name(s) "San Andreas RV Park" 693 W Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County June 11, 2025
Publish: June 27, July 4, 11, 18, 2025
ANDREAS 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04378
Boutique Family Photography LLC, 1401 21st Street, #7291, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "LaLa Photography Sacramento/LaLa Photography" 1835 Prairie City Road, #500, Folsom, CA 95630. Filed with the Clerk of Sacramento County June 11, 2025
Publish: June 27, July 4, 11, 18, 2025
LALA 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04448
Grizzly Hippie LLC, 3037 Stanton Circle, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Ellie Mae Wilde" 3037 Stanton Circle, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2025
Publish: June 27, July 4, 11, 18, 2025
ELLIE 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04521
Tabaka & Co LLC, 7468 Palmer House Drive, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Tabaka & Co" 7468 Palmer House Drive, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 17, 2025
Publish: June 27, July 4, 11, 18, 2025
TABAKA 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04528
M.T. Stomach Catering LLC, 7195 Canelo Hills Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Momo's Smokehouse" 7431 Madison Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 17, 2025
Publish: June 27, July 4, 11, 18, 2025
MOMO 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04414
WestCoast Mortgage Group and Realty Company, 2716 Broadway, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Mission Ready Mortgage" 2716 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County June 12, 2025
Publish: June 27, July 4, 11, 18, 2025
MISSION 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03823
K2S Group, LLC, 2308 Seabler Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Alibi Bar" 617 Munroe Street, Sacramento, CA 95825 . Filed with the Clerk of Sacramento County May 21, 2025
Publish: June 27, July 4, 11, 18, 2025
ALIBI 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03962
Ravinder Saini, 55 Quinta Court, Suite F, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "New Globex Wholesale" 55 Quinta Court, Suite F, Sacramento, CA 95823. Filed with the Clerk of Sacramento County May 27, 2025
Publish: June 27, July 4, 11, 18, 2025
NEW 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04550
Horizon Locksmith LLC, 1924 Marconi Avenue, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Horizon Locksmith" 1924 Marconi Avenue, Sacramento, CA 95815. Filed with the Clerk of Sacramento County June 18, 2025
Publish: June 27, July 4, 11, 18, 2025
HORIZON 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04091
Blake Lall, 6560 Riverside Boulevard, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Creative Buys" 6560 Riverside Boulevard, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 2, 2025
Publish: June 27, July 4, 11, 18, 2025
BUYS 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04240
Graceline LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Summit Auto Group/DealerEase" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 5, 2025
Publish: June 27, July 4, 11, 18, 2025
SUMMIT 7-18-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03941
Marco McDonough, 1861 Coarse Gold Place, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Sacramento Real Estate Group" 1610 R Street, Suite 280, Sacramento, CA 95811. Filed with the Clerk of Sacramento County May 23, 2025
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SACRAMENTO 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04178
Marlik LLC, 1641 Daunting Drive, El Dorado Hills, CA 95762 is doing business under the Fictitious Business Name(s) "LOOTI" 8525 Madison Avenue, Suite 127, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 4, 2025
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LOOTI 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04512
Ahad Tax Solutions LLC, 2717 Cottage Way, Suite 3, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Ahad Tax Solutions" 2717 Cottage Way, Suite 3, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 17, 2025
Publish: July 4, 11, 18, 25, 2025
AHAD 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04596
Jennifer Rogers, 5941 N Haven Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "West Coast Lemonade" 5941 N Haven Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County June 20, 2025
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LEMONADE 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03593
Atarah Lockett, 2285 Natomas Park Drive, Unit 12301, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Too Die For Experience" 3160 Arden Way, Suite #134, Sacramento, CA 95825. Filed with the Clerk of Sacramento County May 12, 2025
Publish: July 4, 11, 18, 25, 2025
LOCKETT 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04549
Ohannes Boghossian, 1001 Eastern Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Vanini European Clothier" 1031 L Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
VANINI 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04006
Keyswag Capital Inc., 401 West A Street, Suite 200, San Diego, CA 92101 is doing business under the Fictitious Business Name(s) "Key Real Estate Capital" 401 West A Street, Suite 200, San Diego, CA 92101. Filed with the Clerk of Sacramento County May 28, 2025
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KEYSWAG 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04276
Kalpesh Patel DDS PC, 911 Howe Avenue, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Stonebrook Dental" 911 Howe Avenue, Sacramento, CA 95825. Filed with the Clerk of Sacramento County June 6, 2025
Publish: July 4, 11, 18, 25, 2025
STONEBROOK 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03069
Shreeram Ventures LLC, 1189 Rio Royal Way, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Ziggli Vibes" 1189 Rio Royal Way, Sacramento, CA 95834. Filed with the Clerk of Sacramento County April 22, 2025
Publish: July 4, 11, 18, 25, 2025
ZIGGLI 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04546
2nd Chance Resle LLC, 4800 Marconi Avenue, Apartment 212, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "E-Ride Central" 8215 Cliffe Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
CENTRAL 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03560
Karen Dean, 8825 Rio Linda Boulevard, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "On The Spot Bookkeeping and Payroll Service" 8825 Rio Linda Boulevard, Elverta, CA 95626. Filed with the Clerk of Sacramento County May 12, 2025
Publish: July 4, 11, 18, 25, 2025
BOOKKEEPING 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04532
Roman Grom, 3705 Merrily Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Gromex Solutions" 3705 Merrily Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County June 17, 2025
Publish: July 4, 11, 18, 25, 2025
GROMEX 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04427
Guorong Gao, 4150 Manzanita Avenue, Suite 100-A, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Youmi Massage" 4150 Manzanita Avenue, Suite 100-A, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 13, 2025
Publish: July 4, 11, 18, 25, 2025
YOUMI 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04607
Sacred Dreams By Wasiduk

LLC, 2108 N Street, Suite 12842, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Wasiduk" 2108 N Street, Suite 12842, Sacramento, CA 95816. Filed with the Clerk of Sacramento County June 23, 2025
Publish: July 4, 11, 18, 25, 2025
WASIDUK 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04054
Ashnik Creations LLC, 4598 SpringHarvest Drive, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Annapurna Foods and Spices LLC" 4598 SpringHarvest Drive, Folsom, CA 95630. Filed with the Clerk of Sacramento County May 30, 2025
Publish: July 4, 11, 18, 25, 2025
ANNAPURNA 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04556
Tea Cozy, LLC, 1021 R Street, Suite 101, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Tea Cozy" 1021 R Street, Suite 101, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
TEA 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04652
Joann Rong Wen, 8116 Spellberg Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Paragon Hair Salon" 9441 Madison Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County June 24, 2025
Publish: July 4, 11, 18, 25, 2025
PARAGON 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03895
Shahar Ron Voskovitch, 5147 Greenberry Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Quick Pick Locksmith" 5147 Greenberry Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County May 22, 2025
Publish: July 4, 11, 18, 25, 2025
VOSKOVITCH 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04540
The Humanitarian Church, 7916 Lucie Lane, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "The Humanitarian Church/Front Foundation Uganda" 7916 Lucie Lane, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
HUMANITARIAN 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04603
Hapisap Corporation, 2036 Nevada City, Highway #83, Grass Valley, CA 95945 is doing business under the Fictitious Business Name(s) "Grass Valley Distribution Company/Grass Valley Distribution Co.", 197 Otto Circle, Sacramento, CA 95822. Filed with the Clerk of Sacramento County June 23, 2025
Publish: July 4, 11, 18, 25, 2025
HAPISAP 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04695
Julie E. Snider, 11572 Sutters Mill Circle, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "Mulard Press", 11572 Sutters Mill Circle, Gold River, CA 95670. Filed with the Clerk of Sacramento County June 26, 2025
Publish: July 4, 11, 18, 25, 2025
MULARD 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04049
Gramic Enterprises Inc., 2012 West Sunset Road, #110, Henderson, NV 89014 is doing business under the Fictitious Business Name(s) "Pacific Kidz Company", 2012 West Sunset Road, #110, Henderson, NV 89014. Filed with the Clerk of Sacramento County May 30, 2025
Publish: July 4, 11, 18, 25, 2025
PACIFIC 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04541
Svetlana Osokina and Estefania Parra and Michael Croddy, 5299 Auburn Boulevard, Sacramento, CA 95841 are doing business under the Fictitious Business Name(s) "OP Law Group/Ocean Pacific Law Group", 5299 Auburn Boulevard, Sacramento, CA 95841. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
OCEAN 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04514
Fernando A. Rangel, 1339 Jonas Avenue, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Fernando's Sewer And Drain Cleaning Service", 1339 Jonas Avenue, Sacramento, CA 95864. Filed with the Clerk of Sacramento County June 17, 2025
Publish: July 4, 11, 18, 25, 2025
FERNANDO 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04707
Capital One Auto Dismantlers Inc., 3644 Recycle Road, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Capital One Auto Dismantlers Inc.", 3698 Omec Circle, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County June 26, 2025
Publish: July 4, 11, 18, 25, 2025
CAPITAL 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04746
Galaxy Solutions Co, LLC,

11054 Mammoth River Court, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Galaxy Doc Solutions", 11054 Mammoth River Court, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 27, 2025
Publish: July 4, 11, 18, 25, 2025
GALAXY 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04018
Averik Corp., 11230 Gold Express Drive, #310-555, Gold River, CA 95670 is doing business under the Fictitious Business Name(s) "VoterFly", 7000 Lincoln Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County May 29, 2025
Publish: July 4, 11, 18, 25, 2025
VOTERFLY 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04548
Royal Star RSK Corporation, 9126 Hemsworth Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Royal Indian" 8055 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County June 18, 2025
Publish: July 4, 11, 18, 25, 2025
ROYAL 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04593
Mood & Motif Luxury Event Rentals LLC, 2729 Tierra Grande Circle, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Mood & Motif Luxury Event Rentals/The Mood Booth" 2729 Tierra Grande Circle, Sacramento, CA 95827. Filed with the Clerk of Sacramento County June 20, 2025
Publish: July 4, 11, 18, 25, 2025
MOTIF 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04747
Camille Weissenberg Optometry, PC, 7547 Sunset Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Sunset Optometry", 7547 Sunset Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 27, 2025
Publish: July 4, 11, 18, 25, 2025
OPTOMETRY 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03935
Majestic Wines LLC, 10725 Sunrise Ridge Circle, Auburn, CA 95603 is doing business under the Fictitious Business Name(s) "Cojo/Lux Veri" 7620 Wooddale Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County May 23, 2025
Publish: July 4, 11, 18, 25, 2025
MAJESTIC 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04724
Wise Axe Corp, 2012 K Street, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Foreplay" 2012 K Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County June 26, 2025
Publish: July 4, 11, 18, 25, 2025
WISE 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04727
Serge Tverdy, 7606 Folsom Boulevard, Suite 102, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Car Keys 4 Less", 7606 Folsom Boulevard, Suite 102, Sacramento, CA 95826. Filed with the Clerk of Sacramento County June 26, 2025
Publish: July 4, 11, 18, 25, 2025
SERGE 7-25-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04477
Jordan Ray Presley, 2508 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Jaguar Processing" 2508 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 16, 2025
Publish: July 11, 18, 25, August 1, 2025
JAGUAR 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04663
Pamela J. Hawkins, 2508 Midland Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Pegasus Processing Service" 2508 Midland Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2025
Publish: July 11, 18, 25, August 1, 2025
PEGASUS 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04371
Robert D Chase and Nancy K Chase, 8154 Sunrise East Way, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Automedics" 7637 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 11, 2025
Publish: July 11, 18, 25, August 1, 2025
AUTOMEDICS 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04662
Jose Velazquez, 4853 Hazelwood Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Royalty Cleaning Services" 4853 Hazelwood Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 25, 2025
Publish: July 11, 18, 25, August 1, 2025
ROYALTY 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-03491
TransferMate, Inc., 5555

Glenridge Connector, Suite 200, Atlanta, GA 30342 is doing business under the Fictitious Business Name(s) "TransferMate Global Payments" 5555 Glenridge Connector, Suite 200, Atlanta, GA 30342. Filed with the Clerk of Sacramento County May 8, 2025
Publish: July 11, 18, 25, August 1, 2025
TRANSFERMATE 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04363
Lauren Henderson, 400 Sailwind Way, Sacramento, CA 95831 and Angelique Hurtado, 8453 Tambor Way, Elk Grove, CA 95758 are doing business under the Fictitious Business Name(s) "Holistic Postpartum Co." 400 Sailwind Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County June 11, 2025
Publish: July 11, 18, 25, August 1, 2025
HOLISTIC 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04781
Cathy Lopez, 1520 W. El Camino Avenue, #831, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Central Valley Process Service" 1520 W. El Camino Avenue, #831, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 27, 2025
Publish: July 11, 18, 25, August 1, 2025
CENTRAL 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04803
Reyna Sanchez, 1320 O Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Pure Cleaning" 1320 O Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County June 30, 2025
Publish: July 11, 18, 25, August 1, 2025
PURE 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04696
Jeffrey Mallory and Jewel Mallory, 6748 Manila Avenue, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Mallory's Tennessee Style Bar-B-Que" 6748 Manila Avenue, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County June 26, 2025
Publish: July 11, 18, 25, August 1, 2025
MALLORY 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04641
Brandie Shephard, 7722 Milldale Circle, Elverta, CA 95626 is doing business under the Fictitious Business Name(s) "Mother of Creatures Apothecary" 7722 Milldale Circle, Elverta, CA 95626. Filed with the Clerk of Sacramento County June 24, 2025
Publish: July 11, 18, 25, August 1, 2025
MOTHER 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-04088
Rey Azteca Restaurant Bar Inc., 6140 Fair Oaks Boulevard, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "The Brunch Corner" 6140 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County June 2, 2025
Publish: July 11, 18, 25, August 1, 2025
BRUNCH 8-1-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF20

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CLUES

ACROSS

1. Jumbo The Elephant or Sirius in space

5. "But I heard him exclaim '___ he drove out of sight"

8. Young salmon

12. Blood component

13. What Lizzie Borden did

14. Leather razor sharpener

15. "The Famous Five" author ___ Blyton

16. Back of the neck

17. Letter-shaped girder

18. "Feats-of-strength circus performer

20. Indian restaurant bread

21. In need of a muffler

22. Away's partner

23. Backward

26. Same as ruin

30. Greek R

31. Net sales minus cost of goods sold

34. Europe/Asia mountain divide

35. Approximately, as in date

37. Overnight lodging

38. Inflicted a blow

39. Celestial bear

40. Goose egg

42. ___AFTRA

43. Frying pan

45. Eating establishment

47. Type of English crs.

48. Traffic accident

50. Wading bird

52. *Sara Gruen's novel "Water for ___"

56. *Lion tamer's tool or counter seat

57. Justice's garb

58. Hit it on the head

59. Run off, as in couple

60. Was in the hole

61. Japanese zither

62. Something ___

63. Movie "Saturday Night" subject matter, acr.

64. FedEx, verb

DOWN

1. Tom Jones' "___ a Lady"

2. *Big Top

3. Gulf V.I.P.

4. Remodeled

5. Tests

6. Settle a debt

7. Biblical place of bliss

8. "The Greatest Showman" protagonist

9. Equals length times width

10. Multicolored horse

11. Dashboard acronym

13. Type of heart pain

14. Moses' mountain

19. Hollywood legend ___ Shearer

22. *Like circus audience's experience, hopefully

23. Bow-like structure

24. Dodge

25. Trunks

26. *Three-___ circus

27. What phoenix did

28. Batu Khan's people

29. JD Vance's "Hillbilly ___"

32. Civil disorder

33. African grazer

36. *Sound of circus

38. Money under mattress, e.g.

40. *Aerialist's bouncy safety device

41. Piled

44. Twisted cotton thread

46. Give it generously

48. *Funny one

49. James Dean's famous role

50. It will

51. *Unwelcoming reception, pl.

52. Cupid, to the Greeks

53. Sodium hydroxide

54. ___caca, South American lake

55. Trough stuff

56. Witness

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Women’s Soccer Adds Six Commitments to 2025 Class



From left are Sacramento State Women’s Soccer assistant coach Chris Malenab, head coach Randy Dedini and Joey “Uncle” Lum, the director of soccer operations. Photo courtesy of Sacramento State Athletics

Sacramento State Athletics News Release

SACRAMENTO REGION, CA (MPG) - Reigning Big Sky Conference Tournament champion, California State University, Sacramento women’s soccer team added six more new faces to its roster for the upcoming fall campaign, gaining four transfers and a pair of standout freshman to the fold, head coach Randy Dedini recently announced.

“We’re thrilled to welcome six new additions to our program coming off of our Big Sky championship season in 2024,” Dedini said. “These talented student-athletes bring skill, drive and passion to our roster and we’re confident that they’ll play key roles in helping us chase another conference title this fall.”

The quartet of transfers is midfielder Lakshmi Vallabhaneni from Sonoma State, a pair of local junior college All-Americans in Hope Martin-Northrup and Tea Reyes from nearby Folsom Lake College, and high-scoring forward Shawna Larson from Peninsula College in Washington. The incoming freshman duo of Sia Bharadwaj (San Ramon, Monte Vista High School) and Elyse McGinnis (Fort Collins, Colorado/Fort Collins High School) round out the group.

Brief bios on the six newcomers are included later in this article.

This group joins the four high school student-athletes who committed to the program in November, bringing the number of newcomers to the program to 10. That collection of new faces are midfielder Bailey Fuller (Loomis/Del Oro High School), defender Ella Hershey (Folsom/Folsom High School), forward Aryana Martinez (Rancho Cucamonga/Rancho Cucamonga High School) and goalkeeper Cynthia Waller (Chicago, Illinois/ Lane Tech High School).

Sacramento State wrapped up its storybook 2024 season with an appearance in the National Collegiate Athletics Association Tournament against the University of Southern California, falling to the Trojans in the first round. The Hornets finished 5-7-9 overall on the season, setting a new school record for draws in the process, while claiming its third Big Sky Tournament title and the National Collegiate Athletics Association Tournament postseason berth for the third time in the program's history.

At the end of the regular season, five Sacramento State players were named to the All-Big Sky team while six student-athletes were named to the Big Sky All-Tournament team, including gaining the MVP, following the Hornets' run of penalty kick victories over No. 4-seeded Northern Arizona, No. 1 Montana and No. 2 Idaho.

Bharadwaj was a two-year varsity letter winner at Monte Vista High School, helped the Mustangs to a Collegiate Interscholastic Federation North Coast Section title as a senior, finished her final prep season with eight goals and three assists, including a hat trick against Livermore High School. She was a California Interscholastic Federation section Scholar-Athlete in 2022 and 2025, played club soccer for the Bay Area Surf ECNL in San Jose for four years, helping her club to three ECNL NorCal Conference championships. Bharadwaj started a non-profit organization, Kicks and Goals (kicksandgoals.org), dedicated to promoting

diversity and inclusion in the sport.

Larson was the Northwest Athletic Conference Player of the Year and was a first-team all-conference selection as a sophomore in 2024. Her career goal total of 31 and her 17 career assists both rank fifth on the school’s all-time list and her 79 career points are fourth on the school’s list. Larson led the Northwest Athletic Conference in goals, assists and points as a sophomore. She was a first-team All-Northwest Athletic Conference selection as a freshman in 2023, scoring 18 goals and 44 points. Her 18 goals are the third-most by a freshman in school history.

Martin-Northrup helped Folsom Lake college to its second straight California Community College Athletic Association state title and a Big 8 Conference crown in 2024. She was United Soccer Coaches Junior College Division III National Player of the Year and a first-team All-American who also earned first-team All-West Region honors. Martin-Northrup was the California Community Colleges Athletic Association’s North All-Region and all-state honoree and was named the Big 8 Conference Defender of the Year, in addition to being the state tournament’s most outstanding player. Martin-Northrup was part of a defense that posted 19 shutouts en route to a 23-1-2 overall record and a 9-1-1 mark in Big 8 Conference play. She finished with four goals and eight points, putting five of her seven shots on the year on goal and began her career at San Jose State in 2023, appearing in nine matches.

McGinnis was a three-time All-Northern Colorado 5A selection in soccer, including first-team honors twice in 2023 and 2025. She accumulated 27 goals and 14 assists in 42 matches in her prep career and as a senior, finished with 10 goals and four assists for 24 points in 14 matches, including a four-goal performance against Greeley West High School. McGinnis added seven goals and five assists as a sophomore and 10 more goals to go with five helpers as a freshman. She was also a standout member of the Lambkins’ track and field team in the 400m and 800m as well as a pair of relay teams

Reyes helped Folsom Lake College to a pair of California Community College Athletic Association state titles in 2023 and 2024. She was United Soccer Coaches second-team All-American, second-team All-West Region selection, Big 8 Conference Attacker of the Year, California Community College Athletic Association All-State selection as a sophomore. Reyes finished with 21 goals and nine assists for 51 points, including six game-winners. She was United Soccer Coaches All-American and All-West Region selection as a freshman, scoring nine goals and 11 assists.

Vallabhaneni attended Sonoma State but did not appear in a match for the Seawolves in 2024. She scored five goals and added an assist as a sophomore at Cosumnes River in 2022 while starting all 22 matches for the Hawks. Five goals were tied for third on the team while ranking fourth on the squad with 11 points. She finished with a pair of goals and two assists as a freshman at Cosumnes River College in 2021, starting 20 matches. Vallabhaneni earned a spot on the Big 8 Conference All-Tournament Team twice and earned all-conference honors as a sophomore.

Former Aggie Lifts USMNT to Gold Cup Semifinals

UC Davis Athletics News Release

DAVIS, CA (MPG) - Former UC Davis soccer standout Max Arfsten delivered a career-defining performance for the U.S. Men's National Team (USMNT) on June 29, powering a 2-2 (4-3 PKs) quarterfinal victory over Costa Rica in the Concacaf Gold Cup and earning Man of the Match honors.

The Columbus Crew star directly contributed to both U.S. goals in regulation. Arfsten provided an assist in the 43rd minute, setting up Diego Luna for the equalizer.

Arfsten followed up his assist in the first half by scoring his first international goal, a right-footed finish inside of the box, to give the U.S. Men's National Team a 2-1 lead in the 47th minute.

After Costa Rica leveled late in regulation, the match advanced to a penalty shootout, where the U.S. Men's National Team prevailed 4-3, clinching its semifinal berth.

Arfsten and the U.S. Men's National Team faced Guatemala on July 2, at Energizer Park in St. Louis, winning the series 2-1 and punching their ticket to the Gold Cup Final.

A’s Players Receive Recognition



Above left: A’s designated hitter Brent Rooker is batting .273 (97-for-355) with 55 runs scored, 19 doubles, 18 home runs and 48 RBI in 91 games this season. Above: In June, Athletics’ first baseman Nick Kurtz hit .264 with a .926 On-base Plus Slugging (OPS), seven home runs, 17 RBI, seven walks and 10 extra-base hits. Photos courtesy of the Athletics

Athletics News Releases

WEST SACRAMENTO, CA (MPG) - Athletics’ first baseman Nick Kurtz has been named the American League Rookie of the Month for June. This is the second consecutive month that an A's player has won American League Rookie of the Month after shortstop Jacob Wilson won the award last month.

In June, Kurtz hit .264 with a .926 On-base Plus Slugging (OPS), seven home runs, 17 runs batted in (RBI), seven walks and 10 extra-base hits. Among rookies with 70 or more plate appearances, the On-base Plus Slugging, home runs and RBI were the most in the Majors for the month. Kurtz’s extra-base hits were tied for first and five of his seven home runs were go-ahead shots, which led rookies, and was second only to Cal Raleigh in all of baseball.

For the year, Kurtz is hitting .241 with an .800 OPS including 12 home runs, 32 RBI and five go-ahead home runs. He leads all rookies in go-ahead home runs, is tied for first in home runs and ranks fifth in On-base Plus Slugging and RBI, as of press time.

Prior to the 2025 season, the last A’s player to win a monthly award was Mason Miller who was named Reliever of the Month for March/April 2024. Before this season, the last A’s player to win American League Rookie of the Month was Zack Gelof in August 2023.

A’s designated hitter Brent Rooker has

been selected to the American League All-Star team for the 95th Major League Baseball All-Star Game on July 15 in Atlanta, after press time. It is his second career selection.

Rooker batted .273 (97-for-355) with 55 runs scored, 19 doubles, 18 home runs and 48 RBI in 91 games this season.

Among American League batters, Rooker ranked fourth in runs, tied for eighth in hits and tied for 10th in home runs, as of press time.

As of press time, he leads the American League in home runs as a designated hitter (14) and his 79 hits while at the position are tied for first. Rooker is the only Athletic to play in all 91 games and he has a streak of 131 consecutive games played, dating back to Aug. 17, 2024.

Rooker finished second in player balloting at designated hitter to Baltimore’s Ryan O’Hearn. He joins teammate Jacob Wilson, who was elected by fans as the starting shortstop.

This is the first time that the A’s have had two All Stars since 2021, when Chris Bassitt and Matt Olson represented the Athletics and it is just the second time over the last 33 years that they have had two or more non-pitchers.

Rooker is the A’s first two-time All Star since Stephen Vogt (2015-16). Head strength and conditioning coach Josh Cuffe was also chosen to represent the Green and Gold in Atlanta.

Republic FC Inks Vitiello and Timmer to Multi-Year Contracts

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG)

- Republic FC announced that the club has reached agreements with goalkeeper Danny Vitiello and defender Jared Timmer, signing both players to new multi-year contracts, pending league and federation approval. Per club policy, the terms of the contracts were not disclosed.

“Danny and Jared have established themselves as top players in our league and as vital members of our core roster,” said Republic FC President and General Manager Todd Dunivant. "We're thrilled to keep them here for years to come and know they'll both play a key role in the pursuit of our next championship."

Vitiello has continued to raise the bar for goalkeeping success since joining Republic FC in 2022. With 44 shutouts, he is the club's all-time clean sheets leader. In his first season in Sacramento, Vitiello made national headlines in the club's historic run to the U.S. Open Cup Final and at one point didn’t allow the opponent to score for 479 minutes. In the Semifinal match against MLS’ Sporting Kansas City, Vitiello claimed his place in the Open Cup record book when he denied U.S. Men's National Team player Graham Zusi in the fifth round of a penalty shootout, setting up Rodrigo Lopez to punch the team's ticket to the Final.

“Sacramento has become home for me and my family. I'm incredibly grateful to this city, this club and the fans for their love and support,” said Vitiello. “I’m proud to keep fighting for the crest and for this community. I am looking forward for all



Goalkeeper Danny Vitiello and defender Jared Timmer of the Sacramento Republic FC sign multi-year contracts with the club, pending league and federation approval. Photo courtesy of Sacramento Republic FC



that is to come and for the privilege to keep building something special with this team and this community.”

Since joining Republic FC in 2023, Timmer has seen the pitch more than any other player with 92 appearances across all competitions and has been a key figure in the club's defensive success, featuring in all but one of its 33 clean sheets in league play.

Timmer’s breakout came in 2024, when he helped The Quails put out the best defensive performance in the Western Conference with 15 clean sheets, just 127 shots on target faced, and a plus-12 goal differential. Timmer ranked fourth in the league with 3,024 minutes and set new personal bests in clearances (87), duels won (195), and tackles won (27), earning him the honor of Team Defensive MVP. On the offensive end, Timmer scored his first professional goal and added two assists.

“I love this city. I love this organization,” said Timmer. “I am grateful to be here and I will give everything I can for Sacramento.”

Vitiello’s 2023 performance was recognized with a slew of awards, including Goalkeeper of the Year, a selection to the USL Championship All-League First Team and his second career Golden Glove Award (0.83 goals-against average). Vitiello recorded 11 regular season clean sheets

and tallied a career-high 82 saves, as well as a 76.2% save percentage.

Last season, Vitiello marked new milestones with a career-best 14 clean sheets and his 50th shutout across all competitions. He dominated the league with eight Save of the Week nominations and was also named a finalist for June Player of the Month. The campaign wrapped up with another Goalkeeper of the Year nomination and a selection to the All-League Second Team. This year, Vitiello has earned five shutouts and on June 28 made history as the third player to record 50 clean sheets in the USL Championship regular season.

After missing the first three games of the 2025 campaign due to injury, Timmer has picked up right where he left off last year. Timmer is currently tied for the team lead with four assists across all competitions and in league play is in the club's top five for clearances (27), interceptions (10), and passing accuracy (84.7%). Timmer is also on track to become the 13th player to mark 100 Republic FC appearances.

After four straight weeks on the road, Republic FC returned home to host El Paso Locomotive FC on July 12 in the first of two 8 p.m. matches during the California State Fair. The other match at the state fair is versus Lexington.