

Aging Commission Adds Programs to Aid Seniors

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Galt Jr. Warriors Show Promise at Escalon Jamboree

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AUGUST 15, **2025**

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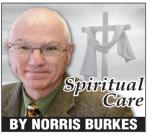
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TIME FOR MORE TALKS AND TRADES



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PLAN TO LIVE OR PLAN TO DIE



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Rooted in Tradition

Herald's Annual Event Brings Neighbors Together



Wayne Hallam, an artist specializing in portraits and landscape paintings, displayed a variety of work at Herald Day's arts and crafts fair. Those interested in commissioning a painting can contact Hallam at 209-843-1664. Photo by Idaly Valencia

By Idaly Valencia

HERALD, CA (MPG) - The community of Herald was filled with laughter, the smell of fresh barbecue and rows of creative crafts for sale during the annual Herald Day celebration on Saturday, Aug. 2 at Herald Community Park.

The weekend began with a kickoff dinner Friday, Aug. 1 at Champaign Ranch, 12174 Borden Road. The following morning, festivities began at 9 a.m. with a parade themed

"We Like Our Living Country Style."

Neighbors, local clubs and organizations gathered for a day of small-town camaraderie, with some residents arriving in their four-wheeler ATVs.

The event features staple activities such as the canning and jam competition, a live auction and horseshoe tournament as well as

an arts and crafts fair.

While honoring longheld traditions, the event included a cornhole competition for its second year

as a newer attraction.

Several booths that featured local artists and artisans, many selling their crafts or displaying their work for commissions.

Wayne Hallam, an artist specializing in portraits and landscape paintings, displayed a variety of work at Herald Day's arts and crafts fair to highlight his range.

He told The Galt Herald that he has been painting for eight or nine years and has lived in the Herald area for roughly 25 years.

have attended the event many times as residents, this year marked his first time participating in the fair as a vendor. He noted that one of his paintings had been sold previously at the live auction.

Although he and his wife

"The first time I came was when I had one of my early paintings done and I had it at the auction," Hallam said, adding that it was a portrait of legendary country singer Willie Nelson.

Continued on Page 3

Cosumnes Fire Earns International Accreditation



Cosumnes Community Services Department News Release

ELK GROVE, CA (MPG) - The Cosumnes Community Services District Fire Department is proud to announce that it has received Accredited Agency status with the Commission on Fire Accreditation International (CFAI), placing it among just over 340 fire agencies worldwide recognized for meeting the highest standards in service, performance and continuous improvement.

"This accreditation is a reflection of our district's commitment to excellence, continuous learning, and community service," said Fire Chief Felipe Rodríguez. "It wasn't just about checking boxes; it was about challenging ourselves to be better. The process gave us a chance to evaluate everything we do, build on our strengths, and identify new ways to protect lives and property more effectively."

The Commission on Fire Accreditation International accreditation program, administered by the Center for Public Safety Excellence, is a comprehensive and voluntary process that evaluates fire and emergency service agencies against 250 rigorous performance indicators.

These indicators span governance, administration, risk reduction, operational readiness, training and resource management.

To achieve accreditation, the department completed a multi-year self-assessment followed by an extensive peer review by external fire service professionals.

The process helped identify operational efficiencies, enhance accountability, and strengthen sustainable practices; all of which contribute to improved public safety outcomes.

"We are incredibly proud of the members of Cosumnes Fire for achieving this major milestone," said Cosumnes Community Services District Board

Continued on Page 2

What to Do with Basketball Hoops

Story and photo by Idaly Valencia

GALT, CA (MPG) - In recent years, Galt residents have grown familiar with city rules on parking and storing boats, RVs and trailers due to discourse on the driveway ordinance.

Another item also subject to

city rules, a familiar sight in many neighborhoods, that residents and homeowners might not be aware of: portable basketball hoops. Galt resident Lisa Moran said that

she and a neighbor recently received a notice from the city regarding the basketball hoops placed in front of their homes.

"I received a letter from the City of Galt saying they received a complaint (anonymously) and we need to store it away when not in use," said Moran.

Moran.

"I understand they need to follow up on complaints, but I mentioned it needed to be addressed to our whole neighborhood, not just a couple of people," Moran told The Galt Herald, adding that she has counted various other residences in her neighborhood

with portable basketball hoops in



The City of Galt Code Compliance Division shared information for residents and homeowners about possible sidewalk and public road obstructions, such as portable basketball hoops.

GaltHerald.com

front of their homes.

The courtesy notice was issued on July 10, with a photo attached, addressing the basketball hoop in front of her residence (near the sidewalk/public road) being outside of the city's compliance code Galt Municipal Code 9.28.010., Sidewalk

obstructions restricted.

According to this of

According to this code, the city does not permit an item to be kept or stored on the sidewalk or between the sidewalk and the public roadway as it poses an obstruction to public use.

The only exceptions are for Continued on Page 3

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Galt Police Aid in **Homicide Conviction**

Galt Police Department News Release

GALT, CA (MPG) - On July 30, John Thompson was found guilty of second-degree murder in the 2022 death of Breanna Labat following a jury trial in San Mateo County.

Labat was killed December 2, 2022, during a domestic dispute in East Palo Alto.

Despite a thorough investigation, her remains were never found.

On Dec. 4, 2022, two days after the homicide, a FLOCK automated license plate reader camera in Galt captured an image of Thompson's Chevrolet pickup truck at East Stockton Boulevard and Twin Cities Road. Investigators with the San Mateo County District Attorney's Office believe



Thompson traveled to the area in an attempt to dispose of Labat's remains.

On July 22, Galt Police Detective Sgt. Mark Fewel provided critical testimony during the trial, offering insight into the FLOCK system and confirming the vehicle's location and movement within Galt.

Galt Police Department is proud to support allied agencies and remains committed to doing its part in helping families get answers and justice.

Shooting Investigated at West E and First Streets

Galt Police Department News Release

GALT, CA (MPG) - On Aug. 8 at around 9:30 p.m., Galt Police Department officers responded to the area of west E Street and First Street for a report of a shooting.

Officers arrived on scene within minutes and located a male juvenile victim who suffered a non-life-threatening gunshot wound. The juvenile was transported to an area hospital for further medical treatment. The suspect(s) fled the scene immediately after the shooting.

While our investigation is in its early stages, preliminary information suggests this was an isolated incident and there is no threat to the public.

Anyone with information related to this incident is encouraged to contact the investigations unit at 209-366-7010. The Galt Police Department will provide updates as they become available.

Cosumnes Fire Earns International Accreditation



The Cosumnes Community Services District Fire Department announced on Aug. 6 that it has received Accredited Agency status, placing it among just over 340 fire agencies worldwide recognized for meeting the highest standards of service. courtesy of Cosumnes Community Services District

Continued from page 1

President Angela Spease. "This recognition shows the public that our fire department operates with integrity, innovation, and a relentless drive to serve.

It builds confidence in the high standards we hold for public safety in our community."

"Achieving accreditation in both the fire department and the parks and recreation department is a testament to the outstanding work of our staff," said Cosumnes Community Services District General Manager Tim Ogden. "It shows that whether we're responding to emergencies or enriching lives through recreation, our district is committed to meeting the highest professional standards for the benefit of our entire community."



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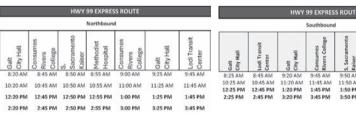
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Rooted in Tradition

Continued from page 1

The canning and baking competition had five first-place winners. Tammy Conner took top honors in both the canned jam/jelly and fresh salsa categories. Beth Stigelmayer won the canned pickles/relish category and Best of Show for her pickled asparagus. Slypig Farm earned first place in canned salsa.

Judges were Rebecca Sloan from Sacramento County Supervisor Pat Hume's office, longtime resident Debbie Monseth and local realtor Jennifer Stigelmayer. Entries were numbered to keep judging anonymous.

Herald Community Club (HCC) Secretary Shannon Welch said the event was inspired by the idea of a founder's day to celebrate the Herald community, a place where, she said, "when you go to the store to pick out milk, you see everybody you know."

Since the first Herald Day took place in 1981, organizers have worked to preserve its traditions. One



for helping make activities at Herald Day such as the bounce houses free for children to enjoy. Photo courtesy of Carson's Coatings

of them includes naming an honorary community member to lead the parade.

This year's honoree was Jeri Barnes, a longtime educator at Arcohe Elementary School who recently retired after 25 vears of service.

"We wanted to honor her for her service that she's given to the community and been for being part of the community for so long," said Welch.

Another long-standing

tradition is crowning a Herald Day King and Queen. Arcohe students vote for two of its eighth-graders to be crowned and ride in the parade. Welch said candidates must maintain a qualifying GPA, serve as role models and receive teacher nominations.

This year's king was Kason Lauchland and the queen was Raiza Lexau. "The parade, the

craft fair, the horseshoe

tournament, the canning competition; those have been part of Herald Day my entire life," said Welch. "I lived here most of my life and looked forward to coming to it as a kid, and now my kids come as well.'

She encouraged attendees to shop at the Herald Store, which has been owned by the Reyes family for 23 years, and is located across from Herald Community Park. The



Herald Day on Aug. 2 had several family-fun activities including a petting zoo. Photo by Idaly Valencia

store has been in the area for more than 100 years, established in 1918.

The Reyes family has consistently supported school and community events, Welch said, and the Herald Community Club has relied on the family whenever support is needed.

"There's a sense of community here," she said. "I don't mind going to the grocery store and seeing 10 people I know. I look forward to that."

Welch also credited

Herald Community Church for helping make Herald Day activities, such as bounce houses and a petting zoo, free for children to enjoy. Those activities had an admission charge when she was younger, she

Herald Day provides a time for neighbors to come together and also raises funds for free events such as an Easter egg hunt and an October Movie Night at the Park, activities that Welch said helps keep the community close.

What to Do with Basketball Hoops

Continued from page 1 sidewalk cafes, which are regulated under a separate municipal code.

For other residents, having a basketball hoop in front of their homes has never brought them any

"I have one on our sidewalk. I never had an issue with others doing it," said Nathan Graybill. "As long as it's not left unsupervised in the middle of the road, I think it's a good thing that people have things outside for their kids and neighbor-

hood kids to enjoy." The Galt Herald reached out to the city's code compliance division to clarify what information residents should know to stay informed about regulations on basketball hoops placed in the public right-of-way, such as on sidewalk or public roadways.

"Portable basketball hoops placed in the public right-of-way are addressed when reported by a resident through a code compliance complaint," said Galt Code Enforcement officer Lewis Fedor.

The city does not proactively patrol for violations

but responds to complaints submitted via phone call, email or online service requests through the Galt Connect app, according to

Once a complaint is received, a code enforcement officer investigates the complaint. If a violation is confirmed, the homeowner receives a courtesy notice.

If the violation is not corrected within 30 days, the officer can send a final notice or issue an administrative fine.

"Our goal is not to issue fines. In most cases,

if a fine is issued, we are willing to work with the individual to reach compliance," Fedor said.

Since March, the city has received 14 complaints related to portable basketball hoops obstructing sidewalks and has issued courtesy notices for each.

Fedor explained that the city does not keep separate statistics for basketball hoops but includes them under general sidewalk obstruction cases. Complaints are more common during warmer months, and formal citations or fines are rare as homeowners typically comply after the initial warning.

"We understand that not all properties have sufficient driveway space or private areas for recreational use," Fedor said. "However, city code prohibits placing any item, including basketball hoops, in the public right-of-way, as it may obstruct pedestrian pathways, create traffic visibility issues or pose safety hazards."

Residents are encouraged to return the basketball hoop to private property after daily use to avoid obstructing the public right-of-way for an extended period of time; place the hoop entirely on private property, such as

within a driveway, avoiding sidewalks or streets; and utilize parks or recreational facilities with basketball courts.

"We recognize that many residents may not be aware of this specific rule, and we are exploring ways to improve communication and public education around commonly-misunderstood codes," Fedor

Homeowners and residents are also encouraged to contact Code Enforcement at 209-366-7209 or the Parks and Recreation Department at 209-366-7180 to discuss potential alternatives or nearby recreational options.

Arcohe Elementary Free and Reduced Meals Notice

Arcohe Union School District News Release

HERALD, CA (MPG) - As of the beginning of August, the Arcohe Union School District has announced its policy to serve nutritious meals every school day under the National School Lunch Program and the School Breakfast Program.

Breakfasts and lunches will be served free of charge every school day, but Arcohe Union School District is still required to make eligibility determinations for free and reduced-price meals. Effective July 1 through June 30, 2026, children are considered eligible for free or reducedprice meals if the household income is less than or equal to the federal guidelines.

The following is the free or reducedprice eligibility scale for meals, snacks and milk:

Household size of one with an annual income of \$20,345, monthly income of \$1,696, \$848 twice per month, earnings of \$783 every two weeks or weekly earnings of \$392.

Household size of two with an annual income of \$27,4956, monthly income of \$2,292, \$1,146 twice per month, earnings of \$1,058 every two weeks or weekly earnings of \$529.

Household size of three with an annual income of \$34,645, monthly income of \$2,888, earnings of \$1,444 twice per month, \$1,333 every two weeks or weekly

earnings of \$667. Household size of four with an annual income of \$41,795, monthly income of \$3,483, \$1,742 twice per month, earn-

ings of \$1,608 every two weeks or weekly earnings of \$804. Household size of five with an annual income of \$48,945, monthly income of

\$4,079, \$2,040 twice per month, earn-Household size of six with an annual

ings of \$1,883 every two weeks or weekly earnings of \$942. income of \$56,095, monthly income of \$4,675, \$2,338 twicer per month, earn-

ings of \$2,158 every two weeks or weekly

earnings of \$1,079.

Household size of seven with an annual income of \$63,245, monthly income of \$5,271, \$2,636 twice per month, earnings of \$2,433 every two weeks or weekly earnings of \$1,217.

Household size of eight with an annual income of \$70,395, monthly income of \$5,867, \$2,934 twice per month, earnings of \$2,708 every two weeks or weekly earnings of \$1,354.

For each additional family member after eight, add: \$7,150 annually, \$596 monthly, \$298 twice per month, \$275 every two weeks or \$138 weekly.

The following information is for reduced-price eligibility scale for meals and snacks:

Household size of one with an annual income of \$28,953, monthly income of \$2,413, \$1,207 twice a month, earnings of \$1,114 every two weeks or weekly earnings of \$557.

Household size of two with an annual income of \$39,128, monthly income of \$3,261, \$1,631 twice a month, earnings of \$1,505 every two weeks or weekly earnings of \$753. Household size of three with an annual

income of \$49,303, monthly income of \$4,109, \$2,055 twice a month, earnings of \$1,897 every two weeks or weekly earnings of \$949. Household size of four with an annual

income of \$59,478, monthly income of \$24,957, \$2,479 twice a month, earnings of \$2,288 every two weeks or weekly earnings of \$1,144.

Household size of five with an annual income of \$69,653, monthly income of \$5,805, \$2,903 twice a month, earnings of \$2,679 every two weeks or weekly earnings of \$1,340.

Household size of six with an annual income of \$79,828, monthly income of \$6,653, \$3,327 twice a month, earnings of \$3,071 every two weeks or weekly earnings of \$1,536.

Household size of seven with an annual income of \$90,003, monthly income of \$7,501, \$3,751 twice a month, earnings of \$3,462 every two weeks or weekly

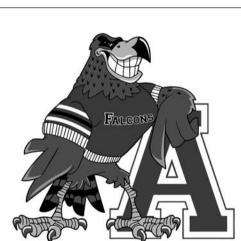


Image courtesy of Arcohe Union School

earnings of \$1,731.

Household size of eight with an annual income of \$100,178, monthly income of \$8,349, \$4,175 twice a month, earnings of \$3,853 every two weeks or weekly earnings of \$1,927.

For each additional family member after eight, add: \$10,175 annually, \$848 monthly, \$424 twice per month, \$392 every two weeks or \$196 weekly.

Households do not need to turn in an application when the household receives a notification letter saying that all children automatically qualify for free meals when any household member receives benefits from CalFresh, CalWORKs or FDPIR (Food Distribution Program on Indian Reservations).

Children who meet the definition of foster, homeless, migrant, or runaway and children enrolled in their school's Head Start program are eligible for free meals.

Applications will be sent to the household with a letter about the school meal Contact school officials by calling at

209-748-2313 if any child in the household is not on the notification letter. The household must let school officials know if they do not want to be considered eligible for free or reduced-price meals.

While breakfasts and lunches will be provided free of charge every school day, determining eligibility for free and

reduced-price meals is still necessary and these determinations can be used to qualify households for other benefits. Households interested in establishing eligibility for meal benefits, must fill out one application for all children in

the household and give it to the nutrition

office at 11755 Ivie Road in Herald.

For a simple and secure method to apply, use our online application at Linqconnect.com. Contact Lauren Snow at 209-748-2313 for help filling out the application. The school will provide notification regarding the outcome of your applications.

Households may turn in an application at any time during the school year. If you are not eligible now, but your household income goes down, household size goes up, or a household member starts receiving CalFresh, CalWORKs, or FDPIR, you may turn in an application at that time.

Information given on the application will be used to determine eligibility and may be verified at any time during the school year by school officials. The last four digits of the Social Security number from any adult household or checking that you do not have a Social Security number is required if you include income on the application.

Households that receive Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) benefits, may be considered eligible for free or reduced-price meals by filling out an application.

Foster children are considered eligible for free meals and may be included as a household member if the foster family chooses to also apply for the non-foster children on the same application. Including foster children as a household member may help the non-foster children qualify for free or reduced-price meals. If the non-foster children are not eligible, this does not keep foster children from being considered eligible for free meals.

Your child's eligibility status from last school year will continue into the new school year for up to 30 school days or until the school processes your new application, or your child is otherwise certified for free or reduced-price meals. School officials do not have to send reminder or expired eligibility notices. If you do not agree with the decision or

results of verification, you may discuss it with school officials. You have the right to a fair hearing, which may be requested by calling or writing the hearing official: Mindy McCreery, 11755 Ivie Road, Herald, CA 95638, 209-748-2313 x1206.

The Arcohe Union School District institution is an equal opportunity provider. ★

Plan to Live or Plan to Die



In 2015, I was serving as a hospital chaplain at St. Joseph Hospital in Stockton, California. My job could be a bit overwhelming as my Catholic employer required their chaplains to visit every newly-admitted patient.

So, as I approached the end of my shift one afternoon, I was in a hurry as I pushed open the last door on the 3rd floor ward.

That's where I found an elderly female patient lying in a darkened room. I spoke to her, but she seemed to be under heavy sedation. Since I couldn't offer much support, I made a retreat pivot in hopes of ending a long day.

But, my exit was blocked by the lanky silhouette of an elderly man standing in the doorway.

"Hello," I said, "I'm Norris Burkes, the hospital chaplain."

The man moved across the room to greet me, introducing himself with a broad smile. I don't remember his name, but his demeanor brought "Mr. Rogers" to mind.

Mr. Rogers told me the patient was Mrs. Rogers and proceeded to tell her

She was 75, he 86. It was their second marriage and he'd tried to make her happy during their ten-years of matrimony, but from the beginning it seemed to him that she was prepping herself to die.

She'd struggled with frequent doctor visits for a bad back, memory issues, and poor evesight. "It's as if," he said, "she was always searching for something more serious, like she needed a better reason to die."

"Depression can hit hard in the elderly," I said.

Mr. Rogers nodded at my conjecture, so I said more.

"I see you've decided to make her a DNR," referring to the medical order "Do Not Resuscitate." Since it's part of the job to clarify DNR to families, I added, "So if her heart stopped right now, we would do nothing to restart it."

"Yup. She states that preference in her living

Hoping to affirm their choice, I added, "It's good that she planned for this moment."

"I suppose it's a good idea to plan for death, but my wife seemed to be always trying to make death her plan," he said. "All she talked about was dying."

"If you're not planning to live, you are planning to die," he quipped.

Still aware that I was hearing a one-sided story about my patient, my sympathies tipped toward Mr. Rogers. He seemed fit, certain and thriving. Even with his own death likely

living his life to the fullest.

After about twenty minutes, we both began walking to the door, ending

"Do you drive yourself here?" I asked.

"No, no." he said.

Oh, good," I said, expecting he'd long given up driving.

"I have a car, but home is just four miles away."

I squinted to find clarity in his answer.

"I rode my bike here. I only drive if it's raining."

Suddenly, the man's life philosophy came into sharper focus.

I had stopped riding my bike a few years previous out of safety concerns, but this octogenarian wasn't planning on braking his bike—or his life. He was still going full speed.

Looking back on that visit now, Mr. Rogers' influence on my life is clear.

Within a year of meeting him, my wife and I sold our house to embark on three years of travel. While we are back into home ownership, I've never forgotten Mr. Rogers' inspiration to keep planning for life and accept death only when it finally comes.

By the way, I'm back on a bike again. It's an e-bike, but it's getting me down the road.

Sign up to receive this column by email at https:// thechaplain.net/columns/ Contact Chaplain Norris at comment@thechaplain.net or 10566 Combie Rd. Suite 6643 Auburn, CA 95602 or voicemail (843) 608-9715.

Aging Commission Adds Programs to Aid Seniors



City of Galt's Commission on Aging is introducing new programs for senior residents such as "Seniors Walk in the Park" and "Meet with a Commissioner." Photo courtesy of City of Galt

MPG Staff

GALT, CA (MPG) - The City of Galt's Commission on Aging is introducing new programs for senior residents.

Starting with a health-focused initiative, the commission will host "Seniors Walk in the Park" twice a month. The upcoming walk will be at 10 a.m. Wednesday, Aug.

The walk will be held at Walker Park, 13665 Sargent Ave.

Residents are encouraged to join fellow seniors for a stroll and a chance to connect with others in the community.

The Commission on Aging is also launching "Meet with a Commissioner," an opportunity for seniors or other community members to speak in-person with a commission member.

This program allows residents to share

ideas, concerns or suggestions on how to better support and improve the lives of older adults in Galt.

The commission also works to advocate for local seniors by assisting with resources and providing guidance to those

Beginning in August, "Meet with a Commissioner" will be held from 11 a.m. to 12:30 p.m. on the second and fourth Monday of each month at the Senior Resource Center, 600 Chabolla Ave.

The Commission on Aging meets at 10 a.m. on the fourth Thursday of each month. Meetings are held in the conference room at the Galt Parks and Recreation Building, located at 610 Chabolla Ave. The next meeting is scheduled for Aug. 21.

For more information, visit the City of Galt Commission on Aging website at cityofgalt.org or call 209-294-3308.



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The Galt Herald

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Publisher, Paul V. Scholl

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The Galt Herald

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Kings Korner By V.G. Harris



Aside from the constant narrative that is who will be the next member of the Sacramento Kings, we could spend a lot of quality time discussing the team already assembled, and how Doug Christie is going to employ this talented group of ballers.

Sadly, trades and acquisitions remain at the top of the conversation, and after weeks of courting Jonathan Kuminga with little or no success, the name of Josh Gidddy has surfaced.

Giddy is basically another version of Kuminga, although playing more minutes and scoring more points. Giddy has been a Swiss army knife for the Chicago Bulls and is currently a free agent that could potentially add needed time on the court for Sacramento as most likely a small forward.

I have all but given up on the whimsical notion that the Kings will ever acquire a true power forward, and I keep looking at the current roster and hope that Isaac Jones will grow into just exactly that. In the meantime, as Sacramento has apparently solved the point guard quandary by signing journeyman Dennis Schroder, they must turn their attention to the front court.

Trey Lyles is seemingly about to get away, and this writer believes that it would be another mistake if the Kings don't bring this asset back. Lyles gives Sabonis much needed help on the boards, is the consummate team player, and has a reliable 3-point shot that is a nice compliment to Keegan Murray.

So, what about this Josh Giddy rumor, and does it have any real substance? Like all NBA rumors, it largely remains to be seen, but we know that Chicago is not afraid to make deals with the Sacramento Kings.

Reportedly, Giddy can play virtually anywhere on the court. Having a player with great versatility is not a bad problem to have. His defense, once criticized, has gotten better with time, so if the Kuminga acquisition turns into a bust, could Giddy step in and fill a much-needed position for the Kings in the front court?

I think he could, and unlike Kuminga who would insist on being in the starting lineup, Giddy could be used as either a starter or a bench player. Although Giddy's 14.6 points per game is notable, I am more impressed with his 8 rebounds and 7 assists.

There is virtually no question that adding

Giddy would give Sacramento a boost, and without question would give the Kings a more well-rounded look.

Scott Perry has done an admirable job in not taking quick offers or jumping into the deep end with his eyes closed.

Most Sacramento fans want instant results but that is simply not realistic, and Perry is making noises that would indicate he is not afraid of going into next season with the team already assembled.

That may not sound sexy, but it's important to find time for #1 pick Nique Clifford and to also bring along 7'1" Maxime Raynaud.

Not to be overlooked are the consistent efforts of second year Isaac Jones, who, if given enough court time, could open eyes and potentially add the needed front court help the Kings are trying to acquire.

All-stars don't become all-stars sitting on the bench, and at some point, coaches must let players play through mistakes and keep sending them out there.

Building confidence is one of the most critical aspects of a coach's job, and it's how teams like the Oklahoma City Thunder and Indiana Pacers built winning organizations.

Can the Kings become the next Oklahoma City Thunder?

It hasn't happened since the Kings landed in Sacramento, but it's the stuff great stories are made of, and I say why not in Sacramento.

Who doesn't like a Cinderella story. If Doug Christie can get this group to believe in themselves and buy into roles, anything is

Fans need to be fans, and if Sacramento has anything it's die-hard fans!

Domantas Sabonis is not a mystery. He just goes out every night and outrebounds everyone on the planet.

Newly acquired Zach Lavine is at the top of the league in 3-point percentage year in Mid-range specialist DeMar DeRozan is an

assassin from 15 feet and dominates the midrange, so is there any reason the Kings can't build around these gladiators and make the 2025/2026 season something to remember.

Stay tuned Kings fans, because it just might happen!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com.

Social Security Matters

Can My Wife Get Her Full Spousal Benefit at 62, or Must She Wait?



AMAC Certified Social Security Advisor

Dear Rusty: I'm 64 and my wife is 62. If my wife starts her own benefit now, she will get about \$700 on her own at 62. I will retire next year and claim Social Security when I am 65. SSA says my wife can draw \$1,100 under spousal benefits, so if she claims now will they give her spousal benefits of \$1,100, or does she need to wait until I claim at age 65 to get the \$1,100? Signed: Trying to Understand

Dear Trying: If your wife is now 62, then her full retirement age (FRA) for Social Security purposes is age 67, and if she claims any SS benefit before reaching her FRA, the amount will be reduced for early claiming. If your wife were to claim now (before you), she would get only her own SS retirement amount (the \$700 amount), and that would be a reduction of about 30% from what she would get if she waited until her FRA to

Your wife cannot get a "spousal boost" (an additional amount as your spouse) until you claim your SS retirement benefit (at age 65?). And her

benefit as your spouse at that time will also be reduced because she will not have yet reached her FRA. If your wife is already collecting her own SS retirement benefit when you later claim, she will be given her "spousal boost" to make her benefit equal what she is entitled to as your spouse. But her total monthly benefit as your spouse will also be reduced because it will be awarded before her FRA. The only way your wife can get her full spousal benefit from you is to wait until she is 67 to claim Social Security. If she claims any earlier, her monthly amount will be permanently reduced.

FYI, if you plan to claim at age 65, you should also be aware that your full retirement age (FRA) is also age 67, and claiming at age 65 will mean that you will get about 87% of the amount you would get if you waited until age 67 to claim. Again, these reductions are permanent, except for normal Cost of Living Adjustments (COLA) awarded annually

thereafter. Having said all of that, deciding when each of you should claim your Social Security benefit is a matter of financial need, while also considering your life expectancy. If your life expectancy is short and/or you need the money, then claiming early is likely the right decision. But if your life expectancy is longer and you don't urgently need the money, then you might both consider waiting longer to claim a higher monthly amount and get more in cumulative lifetime benefits.

Finally, please remember that whenever SS is claimed before full retirement age, Social Security has an annual earnings test which limits how much can be earned by working while collecting early SS benefits. The earnings limit for 2025 is \$23,400 and, if that is exceeded, SS will take back \$1 in benefits for every \$2 over the limit (they take back by withholding future SS payments). FYI, the earnings limit for those who claim SS early changes (increases a bit) yearly and goes away entirely once full retirement age is reached. So, if either or both of you are working, you should evaluate whether claiming your Social Security benefit early (before your respective FRA) is a prudent

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Gerrymander for Me, but not for Thee

Let's take a tour of the 13th congressional district in Illinois. It starts in East St. Louis and then moves steadily north. By the time it gets to Springfield, home of Abraham Lincoln, about 90 miles away, it takes a sharp turn to the east, reaching Decatur and finally Champaign, itself about 80 miles away from Springfield.

It's a jagged, narrow strip of territory with no obvious rhyme or reason as it traverses six counties. It's less a congressional district than a road trip, and bears a resemblance to the original gerrymander, a long, salamander-like state senate district in Massachusetts in 1812.

The only point of the new 13th district lines, fashioned with the redistricting after the 2020 census, was to gather together far-flung Democrats to create another Democratic congressional district. Mission accomplished. The 13th district went from being a competitive district long held by a Republican to flipping to the Democrats in 2022.

Overall, Illinois lost one district after the 2020 census and managed to draw lines that changed the congressional ratio from a 13-5 Democratic advantage to a 14-3 Democratic advantage. The political analysis website 538 called the new map "the worst gerrymander in the country

drawn by Democrats."

This makes it especially inapt that a contingent of Texas Democrats fleeing the Lone Star State to try to stop what they consider unfair new congressional boundaries found a safe harbor in Illinois. Next time, their travel agent should do a hypocrisy check before booking a destination.

Illinois Gov. JB Pritzker welcomed the self-exiling Democrats and hailed their courage. He told them that he and other top Democrats in the state were pleased "to stand in solidarity with you and send a clear message to all Americans." His conscience showed no sign of being pricked by the fact that he signed off on the redistricting that saw Republicans in 2022 win nearly 44% of the popular vote in Illinois congressional races and only about 17% of the

congressional seats. A special session of the Texas legislature is considering new lines that could net Republicans another five seats. Texas Gov. Greg Abbott has cited a Department of Justice letter saying that some of the current districts need to be redrawn because they represent unconstitutional racial gerrymandering (the Biden Justice Department had been fighting Texas because, in its view, the current lines didn't reflect enough racial gerrymandering).

The Supreme Court is taking up a Louisiana case that should clarify the extent to which states can consider race in drawing so-called majority-minority districts. In the meantime, the partisan effect of the new Texas lines before the 2026 midterms is unmistakable. If Republicans

seats from the redistricting, there's no doubt that the state's Republican governor and Republican legislature wouldn't be undertaking it.

Drawing district lines is an inherently political enterprise, and parties tend to give themselves the best of it. When Democrats controlled the Texas legislature, they maintained congressional lines in their favor. It wasn't until Republicans won the state house for the first time since Reconstruction in 2002 that the GOP could redraw the congressional map Republicans subsequently won a majority of Texas congressional seats in 2004, also for the first time since

Reconstruction. Since Democrats gerrymander too, they have limited options for retaliating against Texas. Pritzker says he may redraw his state's lines, but this would require gerrymandering on top of his current gerrymander. California Gov. Gavin Newsom is making similar noises, but the California map is already tilted toward Democrats. Republicans won nearly 40% of the congressional vote in the Golden State in 2024, but only about 17% of the seats.

If the Texas plan goes through and all else remains equal, the Lone Star State will have about the same partisan skew as California. gerrymandering

would be better rather than more, but Democrats like Gov. Pritzker, who blessed his state's meandering 13th district, have no standing to make the case.

Rich Lowry is editor of the National Review.

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Democracy Be Damned

Texas and California Plot Dueling Congressional Gerrymanders



By Dan Walters, **CALMatters.org**

Under pressure from President Donald Trump, Texas' dominant Republicans are attempting to redraw the state's congressional districts and thus increase the number of GOP-held seats after the

Republicans have a paperthin majority in the House of Representative. Trump obviously fears that Democrats could win control next year and he wants mid-decade redistricting to make congressional regime change less likely.

Meanwhile, Gov. Gavin Newsom and legislative leaders want to counter the nakedly partisan effort in Texas by gerrymandering California's congressional districts to neutralize whatever Texas does. It's faintly reminiscent of the Spy vs. Spy comic strip in MAD Magazine that baby boomers might recall, or perhaps the classic Road Runner and Wile E. Coyote cartoons.

However, there's nothing funny about trampling — in the lust for partisan political power — the quaintly democratic notion that congressional their constituents.

districts should fairly represent the characteristics and values of Newsom wants the Legislature to place a measure on the November ballot that would set aside - tem-

porarily, he says — the state's

"It's cause and effect, triggered on the basis of what occurs or doesn't occur in Texas," Newsom said this week. "I hope they do the right thing, and if they do, then there'll be no cause for us to have to move forward.'

After the 1970 census. Republican Gov. Ronald Reagan and Democratic legislative leaders deadlocked on redistricting and the state Supreme Court intervened, creating its own mechanism to draw new maps.

A decade later, after the 1980 census, Democratic Gov. Jerry Brown, legislative leaders such as Assembly Speaker Willie Brown, and Phil Burton, leader of the state's congressional delegation, drew very weird-looking, politically lopsided districts — one of which Burton described as "my contribution to modern art."

Republicans persuaded voters to reject the maps via referendum. However, the state Supreme Court decreed that the challenged maps be used for the 1982 election anyway. After that election, Brown and legislators simply adopted slightly changed versions.

Republicans tried again to overturn the Democrats' maps via ballot initiative but the state Supreme Court cancelled it, declaring that the state constitution limited redistricting to one each decade. Speaker Brown publicly thanked "Sister Rose and the Supremes," referring to Chief Justice Rose Bird, one of several reasons Bird was ousted by voters a few years later.

once again the Supreme Court

stepped in. However, after

the 2000 census, although

After 1990 census, Republican Gov. Pete Wilson and Democratic legislators once again stalemated and

a decade by an independent Democrat Gray Davis was governor, leaders of both parties forged a bipartisan gerrymander, freezing the numerical status quo in the Legislature and the congressional

tion.org.

delegation. After Davis recalled, successor Arnold Schwarzenegger mounted a campaign to reform redistricting, backed by Charles Munger Jr., a very wealthy physicist and son of the famous businessman and investor Charlie Munger. Voters passed their 2008 initiative to create an independent commission for legislative seats and a 2010 measure to extend its authority to congressional districts despite opposition

from both parties. The commission drew maps after the 2010 and 2020 censuses and both plans helped Democrats achieve supermajorities in legislative houses and the congressional delegation thanks largely to demographic trends and declining GOP voter registration.

Today, Republicans hold just nine of the state's 53 congressional seats and Newsom is ready to cut that in half. He says that the revised districts would be in effect until the commission is revived after the 2030 census.

However, due its almost nonexistent population growth, California could lose as many as four seats after the 2030 census. Having seized more power over redistricting, would Democrats really be willing to return to the commission system they once despised?

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.



How About a Little Lemon with That Meringue?

According to the daysoftheyear. com website, today is National Lemon Meringue Pie Day! Lemons just seem to be refreshing and delightful, no matter what kind of creative things are made with them: lemonade, lemon vinaigrette, lemon drizzle cake or lemon sorbet ice cream.

It's so easy to use lemons in all sorts of delicious culinary explorations to make life just a bit more interesting. But along the lines of naming things made with lemony goodness comes one of the favorites: National Lemon Meringue Pie Day. Lemon meringue pie is probably one of the most famous lemon desserts, and it's really no wonder, considering that it has a deliciously crispy golden crust, a tangy custard center and a fluff meringue topping. YUM!

A brief peek into culinary history reveals that lemon-flavored custards, puddings and pies have been enjoyed since the Medieval times. But the art of the actual meringue that goes on top of this delicious pie seems to have been perfected in the 17th century in France. Even after that, the two were not actually combined in this ideal union until lemon



meringue pie was lovingly created sometime around the 19th century.

Exactly who made this pie for the first time is debatable, but some people believe that the pie originated in Victorian England, where it was sometimes known as Lemon Chester Pudding. In fact, Lemon Chester Pudding is considered one of the desserts that introduced many people the world over to the beautiful British desserts in general.

Other people tend to attribute the creation of the Lemon Merigue Pie to a Mrs. Elizabeth Goodfellow, the proprietress of a pastry shop in Philadelphia who also ran the first cooking school in America.

Although the idea for a fluffy topping made from sweetened and flavored egg whites goes back a couple hundred years prior to this, the concept of adding meringue to the top of a lemon custard pie was decidedly a 19th-century invention. The first mention of Lemon Meringue Pie in a cookbook was in 1869 but often, during that time, these custard pies were also referred to as "lemon cream, pie."

Last week I wrote about homemade pies. I think homemade Lemon Meringue pie is about the best dessert in the world. There is nothing like the taste of that sweet and tangy light lemony flavor. and it is hard to imitate with pre-made powdered pudding/custard mix. I love meringue, too; the best way to eat egg whites.

It makes me want to make a lemon meringue pie tonight.

hhhhhl

Ohhhh yeahhhhh!

Grab a pitcher and prepare for a splash of color and sweetness because it is time to celebrate with Kool Aid. It is Kool Aid Day!

What a great memory of those packets of sour-tasting fruit powder and then add the sugar. Too much or too little: It was all up to who was making it.

Kool Aid is the official soft drink of Nebraska, where the bright beverage has a history as colorful as its many flavors. Edwin Perkins created the delightful drink.

Inspired by Jello, he initially concocted a concentrated drink mix. He called it Fruit Smack. However, the bulky and fragile glass bottles created several distribution headaches. So, in 1927, Perkins had a genius idea: He removed the liquid from Fruit Smack. The result of his innovations was a convenient powered form that could package in envelopes. Thus, Kool-Aid was born.

The envelopes of cherry, grape, lemon-lime, orange, raspberry and strawberry were sold for 10 cents; however, when the Great Depression hit, the price was cut to 5 cents. That made Kool-Aid an affordable treat for those with little money to spare.

In 1953, Perkins sold Kool-Aid to General Foods. Soon after, General Foods introduced the iconic Kool-Aid Man, who burst onto the scene with his famous catchphrase, "Oh Yeah!"

You can always stay cool with Kool Aid!

Until next week – be strong, be courageous, make a memory. ★

ABOUT TOWN

Saturday, Aug. 16
Guided Paddle along

the Cosumnes River – 8 a.m. to 11 a.m. Join experienced naturalists for a leisurely paddle up the Cosumnes River and its peaceful sloughs. Bring your own boat (canoe, kayak, SUP), paddle and personal flotation device. Register at eventbrite.com. 13501 Franklin Blvd.

Lodi Art Hop – 5 p.m. to 9 p.m. at Idol Beer Works, Lodi. This free, family-friendly event brings together artists, art lovers, and the community to celebrate creativity and local talent. The Art Hop transforms the town into an open gallery where visitors can immerse themselves in the local art scene. More information at lodiarts. com. 100 S. Sacramento St.

Oldies & Low Low Summer Nights – 5 p.m. at Mr. D's Pizza and Pub, Stockton. Enjoy low riders, live music, raffle prizes and more. 122 E. Oak St.

Saturday, Aug. 23
Habitat Restoration
Workday – 8 a.m. to 2
p.m. at the Cosumnes
River Preserve. Anyone 18
or older who wants to be
truly involved with envi-

ronmental stewardship at

the Preserve is invited to join the Habitat Restoration Team. This team assists Preserve staff with focused conservation projects that allow members to contribute to Preserve success. Contact 916-826-0927 to sign up or for more information. The Barn at 6500 Desmond Road.

Hot August Morning Car Show – 8 a.m. to noon. Start your engines, because you're invited to check out cool cars! Stroll through vintage cars, sip fresh coffee, snack on doughnuts and tour five beautifully furnished model homes. Have a car to show? Call 209-401-3543 for more information. 959 Dry Creek Road, Galt.

Wednesday, Aug. 27
Music in the Park – 6
p.m. to 8 p.m. at Hutchins
Street Square, Lodi. Bring
your picnic dinner, cozy
blankets or low lawn chairs
and settle in for an evening

of free, fantastic live music featuring talented local bands.

This month, you'll enjoy "Moment's Notice" while you relax with us. 125 S.

Hutchins St.

Ongoing Events
Galt Café & Cars –

every second Saturday

from 8 a.m. to noon at Café Latte, 1000 C St. Open to cars, trucks, bicycles, motorcycles and anything else with wheels. Next event is Saturday, Sept. 13.

Galt Saturday Market

- First Saturday of every month, 9 a.m. to 2 p.m., 4th St. Promenade. Visit with local artisans, shop handmade crafts, and enjoy a variety of cuisine from yummy food trucks! Next market is scheduled for Saturday, Sept. 6.

Lodi Farmers Market
- 5 p.m. to 8 p.m., every
Thursday evening through
Aug. 28 on School Street
in Downtown Lodi.

Library Events

Sacramento County Libraries have the following upcoming events: (G) Marian O. Lawrence Library, 1000 Caroline Ave., (WG) Walnut Grove, 14177 Market St.

Friday, Aug. 15: Family story time, 10 a.m. to 11 a.m. (G) English conversation group, 3 p.m. to 4 p.m. (G) Bad Art Night for adults, 4:30 p.m. to 5:30 p.m. Join us for a no-pressure creative evening with all supplies provided, mocktails served and neighbors to meet. (WG)

Saturday, Aug. 16: Toba Adina-Jao, 11 a.m. to noon. Learn about an Afghan delicacy with children's author Toba Adina-Jao. (G)

Wednesday, Aug. 20: English conversation group, 3 p.m. to 4 p.m. (G) Teen space, 3 p.m. to 5 p.m. Meet other teens and hang out in a space dedicated to you. (WG)

Thursday, Aug. 21: Family story time, 10 a.m. to 11 a.m. (WG)

Friday, Aug. 22: Family story time, 10 a.m. to 11 a.m. (G) English conversation group, 3 p.m. to 4 p.m. (G)

Veterans Meetings American Legion Post 55, Veterans and Auxiliary Units – fourth Wednesday each month. Dinner 6 p.m., meeting 7 p.m. Veterans Hall, 8230 Civic Center Drive. Next meeting will be Aug. 27. Breakfast: second Saturday, 8-10 a.m., 8830 Sharkey Ave.

American Legion Post 233 and Auxiliary Unit 233 – fourth Thursday at 7 p.m., Elks Lodge, 9240 Survey Road, Elk Grove. Dinner at 6 pm. Elk Grove

American Legion Post 233 Family Breakfast, first Saturday at 9 a.m., Mimi's Café. For information, call Henry at 916-205-9296 C or Sue at 916-683-6128 H.

Sons of the American Legion, Squadron 233 – first Monday at 5:45 pm

at the Veterans Hall, 8230 Civic Center Drive, Elk Grove 95757. SAVE THE DATE: Post

233 annual fundraiser Oct. 11 at District 56. Please email egpost233@gmail. com for more information. Marine Corps League

Detachment #1238 – first Thursday each month. Dinner 6 p.m., meeting 7 p.m., District 56 Veterans Hall, 8230 Civic Center Drive.

VFW Post 2073 – second Thursday. Dinner 6 p.m., meeting 7 p.m., District 56 Veterans Hall, 8230 Civic Center Drive.

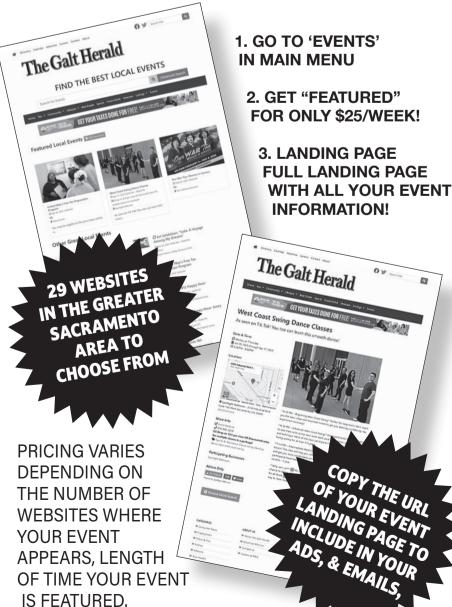
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MEETING MINDERS

Friday, Aug. 15

Galt Sunrise Rotary, 7 a.m., Comfort Inn & Suites, 10380 Twin Cities Road, 209-745-6617.

Tuesday, Aug. 19

Galt City Council, 6 p.m., Council Chambers, 380 Civic Drive.

Galt High Alumni Association (GHAA), 7 p.m., Three Palms Mobile Estates Clubhouse, 604 Pringle Ave., 916-835-8690.

Wednesday, Aug. 20

Cosumnes CSD, 5 p.m., Elk Grove CSD boardroom, 8820 Elk Grove Blvd., Elk Grove.

Galt Elementary School Board, 7 p.m., City Hall, 380 Civic Drive, 209-745-4545.

Thursday, Aug. 21

Galt Beautification Committee, 9 a.m., Community Development Dept., 495 Industrial Drive, 209-366-7130.

Galt High School Board, 6 p.m., Council Chambers, 380 Civic Drive.

Herald Fire Protection District, 6 p.m., Station 87, 12746 Ivie Road, 209-748-2322.

Friday, Aug. 22

Galt Sunrise Rotary, 7 a.m., Comfort Inn & Suites, 10380 Twin Cities Road, 209-745-6617. ★

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AUGUST 15, 2025 THE GALT HERALD • 7

Long-term Liability Increases to \$91.5 Billion

State Controller Announces Benefits Increases for State Retirees

California State Controller's Office News Release

SACRAMENTO, CA (MPG) - State Controller Malia M. Cohen published a report showing the state's net liability for retiree health and dental benefits, also known as other post-employment benefits (OPEB), increased to \$91.5 billion on Aug. 6.

The liability represents the present-day cost to provide health and dental benefits to state retirees and their dependents earned as of June 30, 2024, and is an estimate developed by actuaries in consideration of current and future economic, demographic, and health care-related assumptions that are subject to change on an annual basis.

California's net other post-employment benefits liability increased by \$6.3 billion since the prior year's valuation of \$85.2 billion. In comparison, the net OPEB liability increased by \$2.8 billion from the end of fiscal year 2021-22 to the end of fiscal year 2022-23 and decreased by \$13.1 billion from the end of fiscal year 2020-21 to the end of fiscal year 2021-22.

Health care claims experience, plan design, trend rates, demographic experience, and changes to the blended discount rate affected the total other post-employment benefits liability estimate. A significant driver behind the total OPEB liability increase includes higher than average per member healthcare claim costs and plan design



dependents earned as of June 30, 2024. Image by JetalProduções from Pixabay

changes that increased the expected total OPEB liability by \$4.9 billion.

Changes in the health care trend rate assumptions, including adjustments to reflect the potential impact of the Inflation Reduction Act on Medicare prescription drug benefits, increased the total OPEB liability by nearly \$2.5 billion. The blended discount rate is based on the combination of the full funding discount rate of 6.00 percent and the 20-year municipal bond index which increased from 3.86 percent at the end of fiscal year 2022-23 to 3.97 percent at the end of fiscal year 2023-24. The change to the blended discount rate decreased the total OPEB liability by \$1.6 billion.

"The estimated liability for retiree health and dental benefits is a significant long-term cost facing California, which is why the state set a responsible goal to fully fund these benefits over the longterm by 2046," said Controller Cohen. "Since 2010, the state and public employees through collective bargaining have contributed to the prefunding of these benefits, which allows investment income to relieve the future financial burden that would otherwise fall to employees and taxpayers. Given the current climate of economic uncertainty and looming budget shortfalls, the state's current actions to pause prefunding contributions will save General Fund dollars. However, the most fiscally prudent plan for fully funding these promised health and dental benefits includes a return to prefunding when feasible, as well as remaining vigilant in our efforts to contain health

Beginning in January 2010,

California entered into collective bargaining agreements to prefund retiree health and dental benefits. Contributions were deposited into the California Employers' Retiree Benefit Trust to generate investment income. The trust funds cannot be used to pay the retiree health benefits until the state has fully funded the legacy liability, or until 2046, whichever comes first.

Prior to these prefunding efforts, the state paid for the benefits on a pay-as-you-go basis, covering only the minimum amount needed to fund the costs as they were due. With all bargaining units, except for those under the California State University, contributing to the trust, analysts expected to see acceleration of the funded ratio.

However, several current bargaining agreements reached with

state public employee unions beginning in fiscal year 2025-26 suspend state and/or employee prefunding contributions toward future benefits for two years.

The California Public Employees Retirement System (CalPERS) is the state's largest purchaser of public employee health benefits, and the Controller serves as a voting member of its Pension & Health Benefits Committee. CalPERS uses its market position to contain rising health care costs for its members and retirees by providing choices for affordable health plans, negotiating for lower premiums, encouraging prevention, and stabilizing and lowering the costs of prescription drugs where feasible.

As the chief fiscal officer of California, Controller Malia M. Cohen independently oversees and manages California's financial resources with integrity and transparency to build trust. The controller is responsible for accountability and disbursement of the state's financial resources. The controller has independent auditing authority over government agencies that spend state funds. She is a member of numerous financing authorities and fiscal and financial oversight entities including the Franchise Tax Board. She also serves on the boards for the nation's two largest public pension funds. Follow the Controller on X at @ CAController and on Facebook at California State Controller's Office.

President's Executive Order Opening 401(k)s to Private Markets Needed



for a comfortable retirement," said Rob Lapsley. Image pexels-yankrukov

California Business Roundtable News Release

SACRAMENTO REGION, CA - On Aug. 7, the California Business Roundtable indicated its support to expand access to private investments in 401(k) accounts.

The president's order directs the Department of Labor and the Securities and Exchange Commission to issue guidance to employers and U.S. retirement plan administrators on including private assets in 401(k) retirement plans. This regulatory clarity removes a key barrier that kept many California employers from offering a broader range of investment options to their workers. It will strengthen California's retirement system, which operates in a high-cost-of-living environment where working families deserve every advantage to build wealth.

"Expanding access to private markets will help Californians build wealth and successfully save for a comfortable retirement," said Rob Lapsley, president of the California Business Roundtable. "All workers, not just the wealthy, deserve to have access to wealth-building tools. This executive order democratizes the same investment opportunities for working families that have long been available to institutional investors and government pension recipients."

stopped California employers from offering alternative investments, creating a two-tier system where only wealthy investors and public pension holders could access higher-return private markets. President Trump's executive order removes that uncertainty, empowering employers to offer stronger financial tools while reducing the litigation risk that has

plagued retirement plan sponsors.

Performance data from leading financial institutions supports President Trump's decision. Private equity has consistently outperformed public markets over the long term. Recent studies show that private equity has returned an average of 10.7% annually, compared to the public benchmark of only 6.6%. While public pension funds have raised their investments in alternatives from 10% to 25%, most working Americans still can't access these higher returns because of outdated rules.

The order also arrives as California workers face mounting challenges to their retirement security. With Baby Boomers turning 65 at record rates and Social Security projected to be unable to meet its obligations by 2033, strong 401(k) performance is more important than ever. Defined contribution plans now outnumber defined benefit plans by a ratio of eight to one, making private market access essential for achieving retirement adequacy.

California Business Roundtable urges policymakers to build on this momentum by updating other outdated rules that block financial innovation. California's economic competitiveness depends on ensuring our workforce has access to the same wealth-building opportunities available to institutional investors and this executive order represents a major step toward that goal.

Established in 1976. California

Established in 1976, California Business Roundtable has consistently brought together top executives from California's largest companies, providing a platform for collaboration and strategic advocacy on issues critical to the state's

economic health.

PG&E Data Center Demand Pipeline Swells to 10 Gigawatts

Pacific Gas and Electric Company News Release

SACRAMENTO REGION, CA (MPG) - Pacific Gas and Electric Company (PG&E) on July 31 shared that it is proactively working to serve 10 gigawatts (GW) of new electricity demand from data center projects over the next 10 years, which is enough energy to simultaneously power approximately 7.5-million homes.

The 10 GW in PG&E's data center project pipeline reflects a significant increase from the 8.7 GW of data center demand PG&E reported in May and the 5.5 GW the company reported in

This milestone includes the results of PG&E's April 2025 study of data center applications from across its 70,000- square-mile service area.

"Data centers are powering more than just the digital world; they're helping power California's future and PG&E is proud to lead the way in meeting growing demand for data centers," said Mike Medeiros, vice-president, South Bay Delivery, PG&E. "This growth can help lower costs for all electric customers while creating tens of thousands of jobs and billions in local revenue."

PG&E estimates the 10 GW of anticipated data center load growth could lead to lower customer electric bills by 10% or more by spreading fixed costs across more energy usage, create 50,000 construction jobs and 115,000 associated support jobs, add 5,000 permanent tech jobs and 28,500 permanent support roles, generate \$1.25 to \$1.75 billion in increased property tax revenue and contribute \$2.5

center projects totaling

to \$3 billion in additional applications to power large, new loads including from warehouses, electric vehi-



Data centers are powering more than just the digital world; they're helping power California's future and PG&E is proud to lead the way in meeting growing demand for data centers. Image courtesy divinetechygirl pexels

Rule 30.

approximately 1.5 GW are in the final engineering phase (the last step before project construction starts) and projected to begin operations between 2026 and 2030. Most of these are in San Jose, Silicon Valley and the greater San Francisco Bay Area but some are also in the Central Valley and Sacramento.

Growth in data center demand is good news for all PG&E customers.

PG&E estimates for every 1,000 MW (or 1 GW) of new electric demand from data centers it serves, PG&E electric customers could save from 1% to 2% on their monthly bill in the long term, while serving those customers with some of the cleanest electricity in the United States.

New energy demand from data centers allows PG&E to utilize more of its existing power infrastructure. Today, PG&E's grid is 45% utilized on average. By spreading the fixed costs of operating and maintaining the grid over more units of energy, PG&E can increase the average grid utilization rate and each customer's dollar can go further. California Public Utilities

California Public Utilities Commission Approves Interim Implementation of PG&E's Rule 30 Large Load Proposal

of PG&E's Rule 30 Large Load Proposal

In addition to data centers, PG&E is getting more applications to power large,

cle fleets and manufacturing

growth. To support this surge in large-load interconnection requests, the California Public Utilities Commission has approved PG&E's proposal for interim implementation of Electric

Rule 30 provides a streamlined, transparent and equitable pathway for transmission-level retail electric service. Under the interim rule, applicants who agree to fund necessary transmission infrastructure upfront can benefit from accelerated grid connections.

"Our large-load customers have asked for the ability to fund their projects upfront, which helps us serve them faster," Medeiros said. "We greatly appreciate the Commission's decision to implement an interim approach while the permanent process is finalized. This is a great step forward and solid recognition of the importance of Rule 30."

PG&E is committed to working with regulators, developers, and communities to ensure this growth is sustainable and beneficial for all Californians.

Pacific Gas and Electric Company, a subsidiary of PG&E Corporation (NYSE: PCG), is a combined natural gas and electric utility serving more than 16-million people across 70,000 square miles in Northern and Central California.

For more information, visit pge.com, pge.com/news and pge.com/innovation. ★

Airport Sets All-Time Passenger Record

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - Sacramento International Airport (SMF) achieved the busiest month in airport history with 1,296,818 passengers traveling through the airport in June.

The record culminates 19 months of consistent year-over-year growth at Sacramento International Airport, which served 13,822,315 passengers in fiscal year 2025. which also set a record. Historically, July has been Sacramento International Airport's busiest month. "Breaking this passen-

ger record highlights the power of smart, strategic investment in public infrastructure," said Board

Chairman and First District County Supervisor Phil Serna. "SMF continues to drive growth, tourism and regional connectivity, all of which contribute to a stronger economy for the people of Sacramento County."

Sacramento International Airport currently offers more than 202 peak day flights on 11 domestic and international carriers, connecting travelers to 52 nonstop destinations.

"We are proud to serve so many travelers in our region and support our community's business and leisure needs," said Cindy Nichol, director of the Sacramento County Department of Airports. "I'm proud of all the behind-the-scenes work to keep SMF operating at this high level. It takes a huge and talented team to serve over one million travelers each month."

With new nonstop service to Kansas City, Baltimore, Anchorage, Morelia and Puerto Vallarta, Sacramento International Airport is meeting demand and expanding its global reach. 'SMF's recent growth

is no accident; it's the result of strong airline partnerships," said Stephen Clark, deputy director of Commercial Development for the Sacramento County Department of Airports. "And we're just getting started. Securing SMF's first transoceanic flight remains a top priority and we're working side by side with our Regional Air Alliance to make it a reality."

Kaiser Hospitals Earn National Recognition

Kaiser Permanente News Release

OAKLAND, CA (MPG) - Kaiser Permanente Northern California's hospitals are once again being nationally recognized for providing patients with comprehensive care and evidence-based treatments for complex medical conditions and procedures.

U.S. News & World Report's 2025-2026 Best Hospitals annual report ranks all 21 Kaiser Permanente Northern California hospitals as "high-performing" – or among the top 30% of hospitals in the nation – for at least one of the 37 measures evaluated. The measures include congestive heart failure, pneumonia, colorectal cancer surgery, stroke, and diabetes.

Approximately, 4,500 hospitals participated in the study, which analyzes hospital performance for 15 specialty care areas and 22 procedures and conditions. The "high performing" designation honors those hospitals that deliver high-quality care when treating complex medical

Kaiser Permanente hospitals are consistently recognized nationally for providing high-quality and safe patient care leading to better health outcomes. "This recognition reflects our ongoing

commitment to provide superior, quality

health care to improve the lives of our patients, members, and the communities we serve," said Mike Bowers, FACHE, interim president of Kaiser Permanente's Northern California region.

"Our hospitals are leaders in the nation because our highly skilled care teams put our patients at the center of everything they do."

Hospitals Ranked Among Best in State

Kaiser Permanente Northern California has eight hospitals designated as "Best Regional Hospitals" because they are ranked among the best in the state: Oakland/Richmond, Roseville, San Francisco, San Jose, Santa Clara, South Sacramento, and Walnut Creek.

Kaiser Permanente Vallejo is also ranked as one of the top 50 hospitals in the nation for rehabilitation. And Kaiser Permanente South Sacramento is recognized as a "Best Regional Hospital for Community Access" for the care it provides to underserved populations.

In its hospital analysis, U.S. News & World Report uses publicly available data such as volume, mortality rates, infection rates, staffing levels, and patient satisfaction rates, among other factors.

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05309 Alejandro Guerrero, 913 Lake Canyon Avenue, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "All Grit" 913 Lake Canyon Avenue, Galt. CA 95632. Filed with the Clerk of Sacramento County July Publish: July 25, August 1, 8, 15, 2025 8-15-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-04986 Regina Curry, 12050 Borden Road, Herald, CA 95638 is business under the Fictitious Business Name(s) "Curry Strategic Consulting" 12050 Borden Road, Herald, CA 95638. Filed with the Clerk of Sacramento County July 8, 2025 Publish: August 1, 8, 15, 22, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2023-05012 Derrick Thomas Santiago, 932 Chisholm Trail, Galt, CA 95632 doing business under the Business Name(s)

Out Graphic Goods 932 Chisholm Trail, Galt, CA 95632. Filed with the Clerk of Sacramento County July 9, 2025 Publish: August 1, 8, 15, 22, 2025 FICTITIOUS BUSINESS NAME

STATEMENT FBNF2025-05668 GTT Inc, 10325 Live Oak Avenue, Galt, CA 95632 is doing business under the Fictitious Business Name(s) "GTT/ Galt Truck Terminal" 10325 Live Oak Avenue, Galt, CA 95632. Filed with the Clerk of Sacramento County July 31, 2025 Publish: August 8, 15, 22, 29, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05290 Matthew Collier, 2117 Heger Way, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Opaque Logic/Flowgrid" 2117 Heger Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County July 17, 2025 Publish: August 15, 22, 29 Sept 5, 2025

ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE **CHANGE OF NAME** #25CV017814

Rosalva Suarez has filed a petition with this court for a decree changing the name(s) of Rosalva Suarez to Rosy Gonzalez Suarez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted. Dated: July 29, 2025 Richard K. Sueyoshi, Judge of

the Superior Court

Publish: August 8, 15, 22, 29, 2025 LIEN SALE

LIEN SALE 8/25/25 9AM AT 10375 LIVE OAK AVE, GALT 98 YAMA LIC# 5175AF LGTH HIN# YAMA1991K798

THE GALT HERALD 8-15-25



PUBLIC NOTICE

Galt Joint Union High School District announces its policy for serving meals to students under the [National School Lunch / School Breakfast Programs] for the 2025-2026 school year. All students are eligible to receive a breakfast and lunch at no charge at the following sites:

> Galt High School Estrellita High School

New Hope Elementary School

Liberty Ranch High School

For additional information please contact: Food Service Department@GHSDfoodservices@ ghsd.k12.ca.us or 209-745-3061 ex 1075

The Galt Herald 8-15-2025

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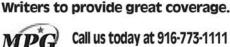
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COMMUNITY BRIEFS

Library Offers Older Adults Computer Time

In cooperation with the Galt Commission on Aging, the Galt-Marian O. Lawrence Library will schedule a set time for older adults to use its computers, upon request.

Those 65 and older who want computer time can call the library at 916-264-2920. Staff will help set up the computer or tablet.

The library is open from 10 a.m. to 6 p.m. Tuesdays through Saturdays.

City After-Hours Assistance

After-hours assistance is available at the Galt Public Works and Parks and Recreation departments. For Public Works concerns, call the Galt Police Department non-emergency line at 209-366-7000.

The Parks Maintenance Division is available for scheduled field or facility use assistance only from 8 a.m. to 10 p.m. Mondays to Fridays and from 7 a.m. to 10 p.m. Saturdays and Sundays. Call 209-810-0293.

Church Hosts Discussion for Singles

Calvary Life Tabernacle hosts a "Finding Love Session" at 6 p.m. the first Saturday of each month at the church, 446 Third St. in Galt.

For more information

Stop by for a visit

about this group discussion, call Sue Ellen Williams, 818-290-4093.

Recycle Household Batteries

City of Galt residents can recycle their household batteries in one of two green household-battery recycling bins: on the west side at the front entrance to the Galt Police Department or on the east side at Galt Community Park, just west of the fire station.

The green bin is only for dry-cell household batteries.

For additional information, contact the Public Works Department at 209-366-7260.

Volunteers Sought for Senior Resource Center

The Commission on Aging is looking for volunteers to operate a computer and are willing to answer questions from seniors in person, over the phone, on social media and by email at the Galt Senior Resource Center

Volunteer slots are available in two-hour increments for up to four hours from 10 a.m. to 2 p.m. Mondays through Thursdays, excluding holidays. Volunteers will be trained and can contact commission members with questions.

The resource center is at the Chabolla Community Center, 600 Chabolla Ave.

If interested in helping,

nextdoor

The Galt Herald

nextdoor.com/page/the-galt-herald

call 209-294-3308 and leave a message or inquire in person.

Nar-Anon Family

Group Meetings

Narcotics Anonymous (Nar-Anon) family group meetings for friends and family members who are dealing with drug addiction are held locally from 9:30 a.m. to 10:30 a.m. Saturdays at the Galt United Methodist Church, 571 C St. in Galt.

AA 24-Hour Hotline

For help with an alcohol-related problem, call the Alcoholics Anonymous 24-hour hotline at 209-745-1525.

Meals on Wheels **Cafe Accepting Older Adults**

Meals on Wheels is accepting new participants in its Galt All Seasons Café located in the Chabolla Community Center, 600 Chabolla Ave.

The cafe is open at 11:30 a.m. Mondays through Fridays for adults age 60 and older. Those interested can apply at the Chabolla Center when meals are being served or they can call 916-444-9533.

Nominate Your Neighbor

The Galt Beautification Committee wants you to "nominate your neighbor." Has your neighbor recently completed a yard project? Does your neighbor have

the best flowers in town or the best-looking yard? The Galt Beautification Committee wants to know.

Send an email with pictures and why you are nominating your neighbor to planningdivision@cityofgalt.org.

The best submissions will be included in future newsletters and City Manager Updates.

Square Dance Classes Mondays

The Diamond Dancers Square Dance Club hosts social square-dancing classes in Galt.

The classes are open to everyone and are held from 6:30 p.m. to 8 p.m. Mondays at the Valley Oaks Grange Hall.

The Valley Oaks Grange

Hall is at 347 Fifth St. For more information, call Sue Regadanz at 916-835-8916.

TOPS Weekly Meetings

TOPS, Taking Off Pounds Sensibly, holds meetings every Wednesday at Grace Presbyterian Church, 10 N. Mills Ave..

Meeting time: 10-10:45 a.m. Weigh-ins: 9-9:50am. No charge for first meeting.

Sunshine Food Pantry Donations

Sunshine Food Pantry is a food closet that helps provide for residents.

Collections of canned food and dry good nonperishable items are received at United Methodist Church, 571 C St. in Galt; call to make an appointment for donations at 209-745-4133.

The food closet is open from 7:30 a.m. to 10 a.m. the second and fourth

Thursdays of each month.

Senior Bingo Weekly at Chabolla

The Galt Commission on Aging is hosting free Senior Bingo games at the Chabolla Community Center at 600 Chabolla Ave. from 1 p.m. to 3 p.m. Mondays (except holidays and when required by the city).

Seniors of Galt and its immediate vicinity are invited to have fun and play bingo together and socialize.

POLICE LOGS

During the time period of Aug. 6 to Aug. 11, Galt Police received and responded to a variety of calls, resulting in nine arrests.

Aug. 6

7:57 a.m., Burglary reported, M&M Tax Consultants on D Street.

12:46 p.m., Theft reported, Caroline Avenue: Stolen cell phone.

1:43 p.m., Fraud reported, McTucker

4:46 p.m., Theft reported, Heritage Senior Village on Second Street: Stolen Raleigh recreational bicycle.

Aug. 7

4:43 a.m., Narcotics Violation/Adult Arrest, Franston Street/Crystal Way. 11:12 a.m., Recovered Stolen Vehicle,

Hudson Bay Apartments on Lake Park

8:54 p.m., Theft reported, Cedar Flat Avenue: Bike stolen.

11:22 p.m., Domestic Violence/Adult Arrest, Sunset Drive.

Aug. 8

4:04 p.m., Warrant Served/Adult Arrest, Compadres Market, C Street.

5:01 p.m., Threats/ Adult Arrest, Retriever Way.

8:27 p.m., Warrant Served/Adult Arrest, Emerald Vista Drive/Adare Way.

11:44 p.m., Theft, Palin Avenue: Two subjects parked in front of residence; walked up and looked through front window then stole mail from mailbox. Reporting party did not want a report taken.

Aug. 9

3:03 a.m., Theft reported, The Galt Place on D Street: Keys taken. 7:21 p.m., Suspicious Person/Adult

Arrest, Galt Community Park on Walnut Avenue. 11:33 p.m., Theft reported, Galt Sports

Complex, Caroline Avenue. 1:21 p.m., Warrant Served/Adult Arrest,

Aug. 10 1:05 p.m., Vandalism, Sparrow Drive:

Sunset Drive/Elm Avenue.

Vehicle egged and paint damaged. Did not want a report taken. 2:39 p.m., Warrant Served/Adult Arrest,

Galt Police Department, Industrial Drive.

Aug. 11

1:38 a.m., Vandalism reported, Elk Hills Drive: Five subjects wearing black ski masks "busted" car windshield.

8:07 a.m., Fraud reported, Elk Hills

9:46 a.m., Vandalism reported, Katsura

Drive: Fraudulent activity resulting in

Street: Window damaged by rocks thrown through it. 1:17 p.m., Warrant Served/Adult Arrest,

Elk Hills Drive. 9:42 p.m., Fraud reported, Ranford

Court: Reporting party advised an unknown subject "scammed" her into purchasing \$700 worth of a product.

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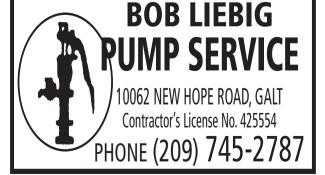
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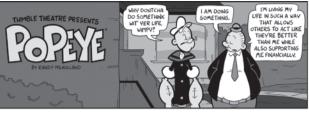
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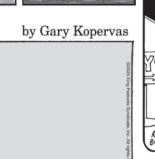
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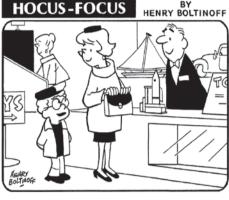


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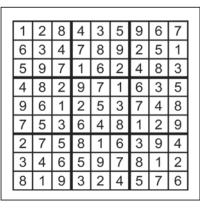
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38. Asci, sing. 39. Olympic castaway 40. *Didn't fail

42. Frozen H2O 43. Took a penny-far-

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47. Maltese or Hava-

nese, e.g. 48. *Use Play-Doh 50. Cheap trinket

52. *3+x=10, e.g. 55. Soviet place of exile 56. Curtis, to friends

59. *Olden-day notebook 60. Honey-producing

61. Sushi restaurant 62. Location of altar

57. Beehive state

63. Type of poem 64. Sing like Ella

Fitzgerald DOWN

Mountain basin
 Attention grabber

3. Reduced Instruction Set Computer

4. Hiccup's Toothless, e.g., 5. Irritate by rubbing6. Persian Gulf ship

7. Multi-*"Get out of classroom"

permit (2 words)
9. International Civil Aviation Organization

10. Retired, shortened 11. Bard's before

13. Lacking cordiality

14. Settle a debt 19. Unethical loaner's

practice 22. Us, in Mexico 23. Temporary store

24. Reason to strike

25. Prodded 26. Totes or tugs 27. Permissible

28. Cease-fire

29. Many affirmatives 32. "Good grief!" 33. Bro's counterpart

*School alum 38. Next step for juvenile 40. Margaret, for short 41. Describe as similar

44. Elks' hangout 46. Poppy derivative, pl. 48. Marine cephalopod

49. *Grading arch 50. Big one at 7-Eleven

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51. Regrettably, exclamation 52. Sound reflection

53. Auditory 54. U.S. space agency, acr.

55. Geological Society of

America 58. *Van Halen's "____ for Teacher

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

AUGUST 15, 2025 THE GALT HERALD • 11

First Scrimmage of Fall Camp

UC Davis Athletics News Release

DAVIS, CA (MPG) - It sounded a lot like football season at University of California, Davis Health Stadium on Sunday, Aug. 3 when No. 11 UC Davis football strapped it up and welcomed officials to Shredville for the first full scrimmage of fall camp under clear skies and the California sun.

It was the first time at this camp that the Aggies truly went at each other without restrictions and under the rules of the game. Both sides of the ball had positive moments, with the offense finding pay dirt several times throughout the scrimmage while navigating several defensive takeaways.

"The first thing we look at after a day like this is did we get through it healthy and I'm pretty sure we did that," said head coach Tim Plough. "We did a good job today of taking care of each other while still having a physical practice. I was happy with all three phases of the game, including the communication and the lack of penalties. We were very clean today, which is good.

"We ran the ball well and converted on first downs all day long, driving consistently all day. And on defense, I thought that we tackled well and showed that we can put pressure on the



Both sides of the ball had positive moments, with the offense finding pay dirt several times throughout the scrimmage while navigating several defensive takeaways at the University of California, Davis' football camp. Photo courtesy of UC Davis Athletics

quarterback. It was also good to see the defense not give up a lot of explosive plays," Plough said. "I also thought Hunter [Ridley] had a great day, hitting a bunch of kicks for us. That's the great thing about having a kicker like Hunter; he can come in there and bang one through for us anywhere. Overall, I thought we had a really good day."

Ridley, a preseason All-American, nailed each of his kicks from different hash marks and distances throughout the practice,

making sure the offense came away with points each opportunity he had. While under center the quarterback play of Grant Harper, Caden Pinnick and Treynor Cleeland have shown that the Aggie offense should be in position to not miss a beat despite the need to replace that spot.

Up front, the physicality on both sides of the ball has been on display during camp, as the additions on the defensive side of the ball have made great strides. Offensively, the Aggies return all five starters on the line and on the defensive side the additions of transfer All-American Jacob Psyk and All-Ivy Leaguer Derrell Smith-Porter have made it so the battles in the trenches have been a must-watch throughout camp.

UC Davis opens 2025 on Aug. 23 in Montgomery, Alabama, when they face No. 12 Mercer in the 2025 FCS Kickoff Classic. That game is set to kick off at 4 p.m. Pacific Time and will be aired on ESPN. The Aggies open UC Davis Health Stadium on

Sept. 20 when Southern Utah visits Davis for a 7 p.m. kick.

Season tickets are on sale now and fans can visit ucdavisaggies.evenue.net to secure their spot in Shredville for the 2025 season. Tickets start at \$100 for new alumni and \$140 for the general public.

Football group ticket discounts start at 10 or more tickets and provide a great opportunity for gatherings and parties to enjoy Aggie football. The Aggie Ticket Office can help fans customize their day at https://ucdavisaggies.evenue.net/events/FBS to purchase their group ticket packages.

Mini Plans are a great way for Aggie fans to save on tickets by bundling multiple games. Choose from two options to get the biggest bang for your buck and pick the games that work the best for you. The Pick Any 2 or Pick Any 3 Plans allow fans to pick and choose which games they want to attend at a discounted rate versus buying single-game tickets. Both plans can be purchased at https://ucdavisaggies.evenue.net/events/FBPACK.

Single-game tickets are also on sale and fans can secure their spot at any of the five home games for as little as \$13 a ticket. Visit https://ucdavisaggies.evenue.net/events/FBS to buy single-game tickets.

Collins' Summer Success Continues



Sacramento's formidable backline has won the most duels and second-most aerial duels in the United Soccer League this year. Photos courtesy of Sacramento Republic FC

Sacramento Republic FC News Release

SACRAMENTO REGION, CA (MPG) - Seasons often can be made or broken in the dog days of summer. As the temperature rises, the competition around the league continues to sharpen. Teams look to the summer stretch to create some space in the table and demonstrate their skills.

This year, Sacramento's mid-season swing started off in an impeccable manner: four clean sheets and a trip to the knockout rounds of United Soccer League's (USL) Jägermeister Cup.

In his first season with Sacramento, Neill Collins has embraced the challenges of a new conference and new competitions. While the early season for any first-year coach can be rough and tumble, the stifling heat of Sacramento's summer has seen the results every club wants.

On July 4 in Las Vegas, Collins saw a 2-0 win, AJ Edwards' first goal and Blake Willey's first assist. On July 12 versus El Paso, Collins saw a 3-0 win, became the youngest (and fourth overall) head coach to reach 100 wins in the USL Championship and a goal and assist from Benitez/Herrera and second assist in as many weeks for Willey. On July 19 versus Lexington, Collins saw a 0-0 draw and the 10th Clean Sheet across all comps. On July 26 versus Spokane Velocity (USL Cup), Collins saw a 1-0 win, finished first in group; a Benitez header goal in



Despite a commanding start to the summer, the second half of the season awaits Neill Collins and the Republic FC.

10th minute and Mazzola with the third clean sheet of the tournament.

But Sacramento's July achievements should come as no surprise to anyone who has followed Collins' coaching career. In fact, in his most successful seasons, the Scottish manager has used the summer months as a springboard for end-of-season success.

From 2020 to 2022, the three years that Collins' Tampa Bay Rowdies reached the Eastern Conference Final, his teams claimed 18 wins in July and August and netted an impressive 49 goals. Each season, the Rowdies went on an undefeated streak of at least five games, highlighted by a six-game win streak in 2022.

In 2021, August kicked off a stretch of 12 games without a loss (11 wins, 1 draw), during which Tampa Bay held opponents score-

less for a league record

891 minutes. The Rowdies later claimed the Players' Shield with 71 points and reached the league final for the second year in a row, earning Collins the honor of USL Championship Coach of the Year.

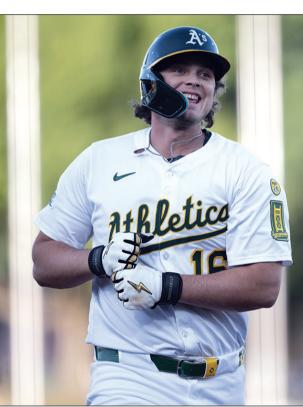
In Collins' tenure in Sacramento, the signature element of success has been team defense. Republic FC has a league-low of 12 goals conceded this season, with seven total clean sheets ranking second in the USL. The relentless pursuit of its opponents starts with the corps of strikers willing to

work for the entire squad. The attacking unit ranks among league leaders in possessions won, passes and fouls won in the final third. The midfield unit is crucial in maintaining possession leading up to the attack and ranks among league leaders in completing passes in the opponent's half. Sacramento's formidable backline has won the most duels and second-most aerial duels in the USL this year.

Rounding out the relentless roster, the Quails have a pair of elite goalkeepers with 10 clean sheets in league and USL cup play.

Despite a commanding start to the summer, the second half of the season awaits Collins and Republic FC. The squad faced second-place San Antonio FC for a top-table matchup this past weekend, after press time, in a test of two top Western Conference clubs. In the team's previous game this season, Sacramento shut out the Texas squad in a defensive showdown.

Kurtz Named Player and Rookie of the Month



Pictured is A's first baseman Nick Kurtz during a game. Prior to the 2025 season, the last A's player to win a monthly award was Mason Miller, who was named Reliever of the Month for March/April 2024. Photo courtesy of the Athletics

Athletics News Release

WEST SACRAMENTO, CA (MPG) - A's first baseman Nick Kurtz has been named the American League Player and Rookie of the Month for July.

This is the third consecutive month that an A's player has won American League Rookie of the Month and the second straight month Kurtz has won the award. Shortstop Jacob Wilson won Rookie of the Month for May. This marks the 12th time that a player has won both

awards in the same calendar month.

In July, Kurtz hit .395 with a 1.433 OPS, 13 doubles, 11 home runs, 27 RBI, and 25 extra-base hits. For the month, he led the American League in average, on-base-percentage (.480), slugging (.953), OPS, doubles, RBI (runs batted in), extra-base hits and total bases (82).

Additionally, Kurtz was tied for first in home runs, tied for second in runs scored (24), and ranked second in hits (34). On July 25 at Houston, Kurtz

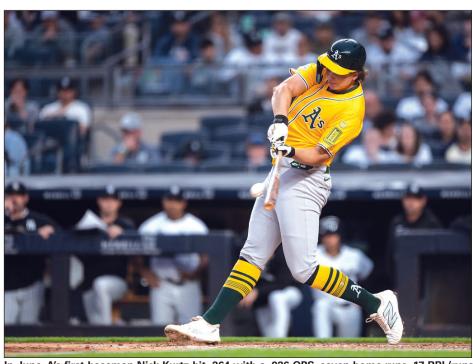
went 6-for-6 with six runs scored, a double and four home runs, becoming the 20th player and first rookie in Major League history with a four-homer game.

Kurtz becomes the 10th

Kurtz becomes the 10th player to win both Player of the Month and Rookie of the Month in the same calendar month, joining Ryan Braun (July 2007), Buster Posey (July 2010), Mike Trout (July 2012), Yasiel Puig (June 2013), Jose Abreu (April and July 2014), Gary Sanchez (August 2016), Aaron Judge (June and September 2017), Aristedes Aquino (August 2019) and Wyatt Langford (September

In June, Kurtz hit .264 with a .926 OPS, seven home runs, 17 RBI, seven walks and 10 extra-base hits. For the year, Kurtz is hitting .304 with a 1.030 OPS, 23 home runs and 61 RBI. Kurtz leads all rookies in home runs, RBI and OPS (min. 100 PA). Since his Major League debut on April 23, Kurtz's OPS ranks second in the majors, behind Aaron Judge (1.138) and ahead of Shohei Ohtani (1.004).

Prior to the 2025 season, the last A's player to win a monthly award was Mason Miller who was named Reliever of the Month for March/April 2024. Before this season, the last A's player to win Rookie of the Month was Zack Gelof in August 2023.



In June, A's first baseman Nick Kurtz hit .264 with a .926 OPS, seven home runs, 17 RBI (runs batted in), seven walks, and 10 extra-base hits. Photo courtesy of the Athletics

Football Schedules

Galt Boys

Aug. 27, 7 p.m. @ Franklin (Stockton)

Aug. 29, 7:30 p.m. vs.

Kennedy (Sacramento) **Sept. 5**, 7:30 p.m. @ Golden

Sierra (Garden Valley) Sept. 19, 7:30 p.m. vs.

Bradshaw Christian Sept. 26, 7:30 p.m. vs.

Rosemont

Oct. 3, 7:30 p.m. @ El Dorado (Placerville)

Oct. 10, 7:30 p.m. vs. Amador

(Sutter Creek) Oct. 17, 7:30 p.m. @ Argonaut (Jackson)

Oct. 24, 7:30 p.m. vs. Union Mine (El Dorado)

Oct. 30, 7:30 p.m. @ Liberty Ranch

Galt Girls

Sept. 18, 6:30 p.m. @ Rosemont (Sacramento) Sept. 23, 6:30 p.m. vs.

Sept. 25, 6:30 p.m. @ Amador (Sutter Creek)

Argonaut

Sept. 30, 6:30 p.m. vs. Bradshaw Christian Oct. 2, 6:30 p.m. vs. Liberty

Ranch Oct. 7, 6:30 p.m. vs.

Rosemont Oct. 9, 6:30 p.m. @ Argonaut

(Jackson) Oct. 14, 6:30 p.m. vs. Amador

Oct. 16, @ Bradshaw Christian (Sacramento) Oct. 21, 6:30 p.m. @ Liberty

Liberty Ranch Boys Aug. 22, 7 p.m. vs Stagg (Stockton)

Aug. 29, 7 p.m. vs. Linden

Sept. 12, 7 p.m. @ Dixon **Sept. 19**, 7:30 p.m. @ Union

Mine (El Dorado) Sept. 26, 7:30 p.m. @

Amador (Sutter Creek)

Oct. 3, 7:30 p.m. vs. Argonaut Oct. 10, 7:30 p.m. vs. El Dorado

Oct. 17, 7:30 p.m. @ Bradshaw Christian

(Sacramento) Oct. 24, 7:30 p.m. @ Rosemont (Sacramento)Amador Oct. 30, 7:30 p.m. vs. Galt

Liberty Ranch Girls

Sept. 18, 6:30 p.m. vs. Amador

Sept. 23, 6:30 p.m. vs. Rosemont

Sept. 25, 6:30 p.m. @ Bradshaw Christian

(Sacramento) **Sept. 30**, 6:30 p.m. vs.

Argonaut Oct. 2, 6:30 p.m. @ Galt

Oct. 7, 6:30 p.m. @ Amador Oct. 9, 6:30 p.m. @ Rosemont

Oct. 14, 6:30 p.m. vs. **Bradshaw Christian** Oct. 16, @ Argonaut

(Jackson)

Oct. 21, 6:30 p.m. vs. Galt

Galt Jr Warriors Show Promise at Escalon Jamboree as Program Continues to Grow



The Novice Warriors prepare to take their stances. Courtesy photos

Volleyball Schedules

Galt Girls

Aug. 26, 6:30 p.m. vs. Chavez (Stockton) Aug. 27, 6 p.m. @ Ben Holt (Stockton)

Aug. 28, 6:30 p.m. @Tokay **Sept. 2**, 6:30 p.m. vs.

Cosumnes Oaks (Elk Grove) Sept. 4, 6:30 p.m. @ Rosemont

Sept. 9, 6:30 p.m.vs.

Bradshaw Christian Sept. 11, 6:30 p.m. @ El

Dorado (Placerville)

Sept. 16, 6:30 p.m. Amador

Sept. 18, 6:30 p.m. @ Argonaut (Jackson)

Sept. 23, 6:30 p.m. vs. Union

Mine (El Dorado) Sept. 25, 6:30 p.m. @ Liberty

Sept. 30, 6:30 p.m. vs.

Rosemont Oct. 2, 6:30 p.m. @ Bradshaw

Christian Oct. 7, 6:30 p.m. vs. El

Dorado (Placerville)

Oct. 9, 6:30 p.m. @ Amador (Sutter Creek)

Oct. 14, 6:30 p.m. vs.

Argonaut

Oct. 16, 6:30 p.m. @ Union Mine (El Dorado) **Oct. 21**, 6:30 p.m. vs. Liberty **Aug. 19**, 6 p.m. vs. Lincoln Aug. 26, 6 p.m. vs. Bret Harte

Aug. 27, 6:30 p.m. @ Laguna Creek (Elk Grove)

Liberty Ranch Girls

Sept. 3, 6:30 p.m. vs. Linden **Sept. 4**, 6:30 p.m. vs. Union

Sept. 9, 6:30 p.m. @ Amador

Sept. 10. 6:30 p.m. vs. Lodi **Sept. 16**, 6:30 p.m. vs. El

Dorado Sept. 18, 6:30 p.m. vs.

Rosemont **Sept. 23**, 6:30 p.m.

(Sutter Creek)

@ Bradshaw Christian (Sacramento) **Sept. 25**, 6:30 p.m. vs. Galt

Sept. 30, 6:30 p.m. @ Union Mine (El Dorado) Oct. 2, 6:30 p.m. vs. Amador

Oct. 7, 6:30 p.m. @ Argonaut (Jackson) Oct. 9, 6:30 p.m. @ El Dorado

(Placerville)

Oct. 14, 6:30 p.m. @ Rosemont

Oct. 16, 6:30 p.m. vs. **Bradshaw Christian**

Oct. 21, 6:30 p.m. @ Galt

Liberty Ranch

Aug. 28 @ Union Mine (El

Sept. 2 @ Amador (Sutter

Sept. 4 vs. Argonaut

Sept. 9 @ El Dorado

Sept. 11 vs. Rosemont

Sept. 25 vs. Union Mine

Oct. 2 @ Argonaut (Jackson)

Sept. 30 vs. Amador

Oct. 7 vs. El Dorado

Oct. 9 @ Rosemont

(Sacramento)

Oct. 16 @ Galt

Sept. 18 vs. Galt

By Paige Lampson Sports Editor

ESCALON, CA (MPG)

Despite facing triple-digit temperatures, the Galt Jr. Warriors made a strong showing at the season-opening jamboree in Escalon with solid performances on both offense and defense against teams like the Escalon Youth Cougars, the Riverbank Outlaws and the Waterford Jr. Sabercats. The team demonstrated clear promise for the season ahead, with coaches and players alike battling through the extreme heat while showcasing not only skill but resilience: a clear sign that the Jr. Warriors are ready to

compete. "What I saw out there in that heat was exactly what we've been building toward," said Jr. Warriors President Noel Campos. "Our kids didn't just endure those triple-digit temperatures; they thrived in them. That kind of mental toughness and determination is what separates good teams from great teams, and it tells me everything I need to know about the character of these young Warriors."

The impressive jamboree performance comes as the Jr. Warriors program continues to experience significant growth. This season, the organization boasts four football teams and four cheerleading squads across Junior Novice, Novice, Junior Varsity and Varsity divisions, with approximately 110 kids playing football



The small but fierce Jr. Warriors face off against Escalon.

and 40 participating in cheer, representing a notable increase from last season's numbers.

"The growth we're seeing isn't just about numbers on a roster," Campos emphasized. "We're building something special here in Galt. When I see 150 kids choosing to be part of the Jr. Warriors family, supported by 30 dedicated coaches and board members plus countless parent volunteers, I know we're creating an environment where young people want to be. That's the foundation of championship programs.'

But for Campos and the Jr. Warriors organization, success extends far beyond the football field and sidelines.

"We're not just trying to build better athletes on the field; we're committed to building better humans off of it," Campos stated passionately. "This program is deeply rooted in com-

munity service and giving

back. When there's a call

for help in our community, you can absolutely count on the Jr. Warriors to answer that call. We're teaching these kids that being a Warrior means standing up for others and making a difference in the lives of people around vou." The extensive volun-

teer network supporting the program includes not only the 30 football and cheer coaches and board members, but also numerous parent volunteers who help operate the snack bar and coordinate home game activities, creating a true community atmosphere.

"The volunteer spirit we have here is absolutely incredible," Campos noted. "From our coaching staff who pour their hearts into developing these kids, to the parents running our snack bar and making game day special for everyone, this is what youth sports should look like. It's a community coming together to invest in the next generation."

Looking ahead to the regular season, the Jr. Warriors face their first test Saturday, Aug. 16, when they travel to take on the Amador Jr. Buffalos. The home opener is Saturday, Aug. 23 at Warrior Stadium, where they'll host the Argonaut Mustangs.

"I can't wait for our community to see what we've built here," Campos said with evident pride. "Aug. 23rd at Warrior Stadium is going to be special. After what I witnessed at that jamboree - the heart, the determination, the way our kids supported each other through that brutal heat - I know our fans are in for something extraordinary. These Jr. Warriors are ready to show everyone what Galt football is all about." With strong early per-

formances, growing participation numbers, and a commitment to community service, the Galt Jr. Warriors appear poised for an exciting and successful

Girls Golf Schedules

Dorado)

(Placerville)

Aug. 28 vs. Rosemont Sept. 4 @ El Dorado (Placerville)

Sept. 9 vs. Amador Sept. 11 @ Argonaut

Sept. 17 vs. Union Mine **Sept. 18** @ Liberty Ranch Sept. 25 @ Rosemont

(Sacramento) Oct. 2 vs. El Dorado Oct. 7 @ Amador (Sutter

Oct. 9 vs. Argonaut Oct. 14 @ Union Mine (El

Oct. 16 vs. Liberty Ranch

Dorado)

Cross Country

Galt Sept. 24 @ Folsom Lake

College

Oct. 8 @ Rosemont (Sacramento)

Oct. 29 @ Folsom Lake

Liberty Ranch

Aug. 23 @ Sierra College Aug. 30 @ Lagoon Valley (Vacaville)

Sept. 13 @ River Oaks

Sept. 20 @ Angels Camp Oct. 18 @ Hughson

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