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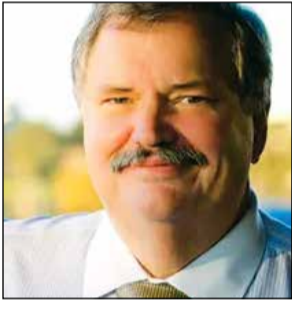


Citrus Heights Messenger

VOLUME 15 • ISSUE 35 *Serving the City of Citrus Heights & Sacramento County* AUGUST 29, 2025

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'Boots and Bling' Shine

Best of Citrus Heights Awards Celebrates Local Businesses



Best Utilities and Services award went to SMUD. Photos by Gideon D. Photography

By Ornella Rossi

CITRUS HEIGHTS, CA (MPG) - Cowboy boots met bedazzled flair Thursday night as more than 300 attendees packed the Citrus Heights Community Center for a celebration of local excellence, the 20th annual Best of Citrus Heights Awards Dinner.

The sold-out event, hosted by the Citrus Heights Chamber of Commerce, embraced this year's country-chic theme, "Boots and Bling," with live country music,

smoky barbecue and a fun "dessert run" that had guests pledging donations for first dibs at the sweets table.

But beyond the rhinestones and brisket, the evening honored the beating heart of Citrus Heights, its businesses.

More than 10,000 votes were cast by more than 4,000 residents, selecting winners from 451 contenders across 43 categories. Eligibility required that businesses either be located within Citrus Heights or hold membership with the chamber.

"We absolutely love this event

because it truly is the public voting for our business community," said Sheri Merrick, the Citrus Heights Chamber of Commerce's executive director. "We can shine a light on our business community from when the voting starts all the way to the event. I love seeing all the engagement on social media and the exposure those businesses get."

Master of ceremonies Anthony Avery kept the night lively, guiding attendees through a high-energy awards presentation. The event also

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Final County Recommended Budget Hearings to Begin

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The Sacramento County Board of Supervisors will begin Fiscal Year (FY) 2025-26 Revised Recommended Budget hearings at 9:30 a.m. Sept. 3 in the Sacramento County Administration Building's Board Chambers, located at 700 H St., Sacramento.

If necessary, hearings will continue on Sept. 4 and Sept. 5 at the same time and location.

The hearing schedule, subject to change, includes In-Home Supportive Services Public Authority budget deliberation and approval; and potential federal and state funding impacts on future county budgets. It also includes the Fiscal Year 2025-26 revised recommended budget presentation, public comment, and board deliberation and approval of revisions to the approved recommended budget and adopted budget resolutions.

The Board of Supervisors approved the FY 2025-26 Recommended Budget on June 4. The \$8.9-billion spending plan recognized new or enhanced areas of growth in the General Fund totaling \$43 million (\$9 million funded with Net County Cost), with the addition of 52 full-time equivalent positions. The FY 2025-26 General Fund recommended reductions totaled \$18 million, which would have resulted in the deletion of 73 full-time equivalent positions.

However, the Board of Supervisors made additional revisions to the recommended budget, totaling \$11 million in restored reductions and additional growth.

The numbers in the budget change between June and September when Sacramento County receives new information, including the state budget's impact and updated fund balance and revenue totals. Because of that new information, the Revised Recommended Budget comes back to the Sacramento County Board of Supervisors for review and adoption in September.

The FY 2025-26 Revised Recommended Budget includes \$9.2 billion in total appropriations, including \$4.2 million in General Fund growth (\$2.3-million funded with Net County Cost), with the addition of 16 full-time equivalent positions.

The budget hearings will also be telecast live on Metro Cable 14 at metro14live.saccounty.gov and on the web at scob.saccounty.gov/Pages/BOSPublicMeetings.aspx. ★

SAFE Credit Union, Volunteers Prepare Flags for Retirement

SAFE Credit Union News Release

SACRAMENTO REGION, CA (MPG) - SAFE Credit Union collected more than 500 flags during its second annual employee-led U.S. flag collection drive this summer.

The credit union's employee resource group VALOR (Veterans and Loved Ones Resource) invited the community to bring aging and worn flags to its 17 branches in the Greater Sacramento area, its Folsom headquarters and the Aerospace Museum of California.

More than 60 volunteers folded 206 U.S. flags at SAFE Credit Union's headquarters on Aug. 6 during their final day of sorting and preparing flags for retirement. The drive ran from Memorial Day weekend through July 30.

"We especially want to thank the community once again for assisting us in ensuring the respectful and proper retirement of worn and old flags,"



From left, SAFE Credit Union Vice-President Digital Banking of West Roseville Danielle Juarez and SAFE Credit Union systems analyst of Citrus Heights Alisha Hines volunteer to fold flags. Photo courtesy of SAFE Credit Union

said SAFE Credit Union Executive Vice-President and VALOR executive sponsor SAFE Executive Vice-President and Chief Technology Officer Mike McCarthy.

"VALOR recognizes that our United States flag is not only an important symbol of our nation

and military but has special meaning to many of our employees, members and those in our communities," said McCarthy, a California Army National Guard veteran who served overseas deployments during 12 years of active service. "We were so

happy to find a useful and significant way to honor their own military service, as well as the services of their friends and family."

VALOR is forwarding the collected flags to Veterans of Foreign Wars (VFW) Post 6604 in Folsom, which is assisting

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Highway Sign Dedicated at San Juan High

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - With a broad smile reflective of his "Spartan Spirit," San Juan High School Principal David Levis climbed up a pedestal in front of the school on Greenback Lane and proudly tore off the covering of a new historic Lincoln Highway placard.

The new sign is mounted on a metal frame, which hangs from a lamp post in front of the high school's main office.

The unveiling followed an Aug. 13 afternoon ceremony in the San Juan High School's theater and honored San Juan High School built in 1915 and the 1928 alignment of the Lincoln Highway route through the rural community of Sylvan along Greenback Lane. It was just a dusty unpaved road back then.

Speakers included David Levis, principal of San Juan High School; Dick Cowan, a member of the Citrus Heights Historical Society; and Gayle Gaylord, curator and manager of the San Juan High School Legacy Room.

Al Fox, a member of the Citrus Heights Rotary Club, spoke on behalf of the club's sponsorship of the Lincoln Highway signs now placed in the city.

The new Lincoln Highway placard's development and its placement at San Juan High was made possible through partnerships between the Lincoln Highway Association California Chapter, the San Juan Unified School District facilities team and the City of Citrus Heights General Services Department, among others.

Additional speakers included Gigi Rayford, executive director of the Citrus Heights Arts Commission and CH40 Arts District, and Sherri Merrick, executive director of the Citrus Heights Chamber of Commerce.

A staff representative for California State Assemblyman



Andrew Saunders, a Lincoln Highway Association representative, stands beside one of two new commemorative Lincoln Highway signs that recognize the route of the historic Lincoln Highway past San Juan High on Greenback Lane. The second sign, donated by Saunders, will be on public display in the San Juan High School Legacy Room located in the school cafeteria. Photo by Thomas J. Sullivan

Josh Hoover presented a proclamation to David Levis, principal of San Juan High School, to mark the special sign dedication.

Two new commemorative Lincoln Highway signs which recognize the route of the historic Lincoln Highway past San Juan High were purchased, said Andrew Saunders, a Lincoln Highway Association representative.

The second sign, donated by Saunders, will be on public display in the San Juan High School Legacy room located in the school cafeteria.

The legacy exhibit in the San Juan High School cafeteria re-opened on Aug. 19 with the start of the new school year

and will continue to be open from about 10 a.m. to 1 p.m. on all Tuesdays when school is in session.

San Juan High graduates and the general public are welcome to browse through the 100-year history of San Juan High School "We're Spartan strong and Spartan proud," Levis told guests at the dedication ceremony.

San Juan High welcomed its Class of 2029 with the start of the new school year that will write its next chapter of achievement, Levis said.

"We're excited for what lies ahead as we remember, honor and celebrate our proud past," Levis said.

Levis was referring to the San

Juan Unified School District's long-awaited modernization project. The project will add two new tennis courts and a ticket booth, concession area and restroom building. The modernization project is being funded by the previous Measure P, which was passed by the community in 2016, according to the district. The district has also partnered with Studio W Architects to modernize San Juan High's science wing into a forward-thinking educational environment that supports contemporary science programs and support services.

Saunders' vision to bring continued awareness to the legacy and history of the Lincoln Highway reaches beyond Citrus Heights.

The 1928 revised historic route traveled through Greenback Lane and Madison Avenue before crossing the American River via a 1915 bridge in Folsom.

His effort, Saunders said, is part of a larger goal to have the Sacramento-Sierra Historic Lincoln Highway Corridor officially recognized by the California Tourism Board as a historically significant landmark.

Additional Lincoln Highway signage is planned in multiple locations in Citrus Heights, Fair Oaks and Orangevale in advance of the 2028 National Lincoln Highway Tour that will come through on its way to San Francisco, according to Saunders. ★

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'Boots and Bling' Shine



Best Accounting and Tax Services award went to Powers Bookkeeping Service. Photos by Gideon D. Photography



Best Childcare/Preschool award went to EmpowerMe Preschool and childcare.



Best Dental or Orthodontics award went to Almond Orchard Dental.



Best Information Technology Services award went to Smile Business Products.



Best Insurance Services award went to First American Title Company.



Best Legal Services award went to the law office of Black and DePaoli.



Best Residential and Commercial Real Estate award went to SacTown Real Estate.



Best Veterinarian and Pet Services award went to Sylvan Corners Pet Hospital.



Best Waste Collection Services award went to Republic Services.



City officials present at the event include from left, City Councilmember Porsche Middleton, City Councilmember Tim Schaefer, Vice-Mayor MariJane Lopez-Taff, City Councilmember Kelsey Nelson, Mayor Jayna Karpinski-Costa and City Manager Ash Feeney.

Continued from page 1
 featured door prizes, with one lucky guest walking away with a diamond ring from Sharif Fine Jewelers, and another scoring a new mower from Miller's Ace Hardware.
 A portion of the proceeds went to the San Juan Education

Foundation, a nonprofit organization that funds grants and resources for Citrus Heights students and teachers.
 "Your support here this evening will impact not only the schools but our students here in Citrus Heights," said Gabrielle Rasi, DDS, the chamber's board

chair. "We are so proud that we are able to come together as a community and help a nonprofit in our community."
 Founded in 1991, the San Juan Education Foundation now raises about \$15,000 annually to fund technology, financial assistance and teacher grants within the San

Juan Unified School District.
 From lashes to lattes and tree removal to real estate, winners represented a diverse selection of what Citrus Heights has to offer.
 "Thank you for your support of the Citrus Heights business community," said Rasi. "It's near and dear to my heart."

The event was made possible by title-sponsor Republic Services, presenting sponsor Dignity Health, superstar sponsors, local businesses and chamber staff.
 For the full list of winners, visit <https://www.bestofcitrusheights.org>.

California Mid-Decade Redistricting Scheme



Commentary
By John McGinness, MS

Beware of ethically challenged and desperate politicians' intent on using the electorate as pawns in their relentless quest for power.

Governor Gavin Newsom, Attorney General Rob Bonta and loyal party leaders are moving with haste to put a redistricting measure on a special election ballot this November. They are invoking an emergency status to warrant the hasty process with minimal time, a mere five days, allowed for the drafting of thoughtful language and deliberation to influence the electorate. Their motive is raw political ambition, not even thinly veiled, an effort to eliminate Republican seats in the State House and the U.S. House of Representatives. An element essential to candid communication in this regard is the fact that the voters of California have on two prior occasions exercised their

right to call for an Independent Redistricting Commission. The voters spoke clearly and unequivocally, calling for a thoughtfully constructed commission to be comprised of five Democrats, five Republicans and four people not affiliated with either of the two major parties. Appropriate limitations have been placed on the persons who pursue service on the commission. They are subject to a vetting and selection process, they are precluded from most forms of political activism, they are prohibited from running for office, donating to the campaigns of candidates, or working for elected officials. The foregoing is the law of the state and represents a California State Constitutional Amendment that ensures adherence to this practice, for now.

Because the state of Texas, and most other states in the US do not have such an independent commission, the Texas legislature has the right to redraw legislative maps. The Lone Star State is not bound by any manner of restriction or constitutional language; they are free to do precisely what they are doing (SCOTUS – Rucho v Common Cause 2019) regardless of how

many of us may feel about it, it is lawful. This concept of gerrymandering is not, as Governor Newsom relentlessly asserts, unprecendented. Rather, it is a plot that goes back to 1812. In fact, the very term gerrymandering was coined as a portmanteau of the word salamander and the name of Elbridge Gerry, who would become the vice-president of the United States, but in 1812 as governor of Massachusetts, signed a bill that created a partisan district in the Boston area. Obviously, by including salamander- a slimy crawling amphibian – the term was not intended to be flattering. The voters of California have recognized the unsavory element of such conduct and moved to eliminate that practice by force of law.

Our Attorney General, Mr. Bonta has publicly opined that Texas (and Florida) should have a commission and laws like we have in California; he is correct on that point. Nonetheless, he is working in concert with Governor Newsom and partisan legislative leaders in this state to usurp the twice expressed will of the people in 2008 and 2010, and the Constitutional Amendment their votes created.

The most recently drawn

lines were completed by the independent commission in 2021 after the decennial census, consistent with current law. The deliberations of the commission were in public and conducted by persons who met the explicit criteria established in law created by California voters. Those decisions were made based upon enumerated criteria, and specifically not for the purpose of benefiting either political party. In fact, the final maps were criticized by both major political parties, likely a testament to their legitimacy. In addition, the work of the commission survived legal and political challenges.

The plan advanced by Governor Newsom and his sycophantic legislative leaders is unscrupulous by any reasonable measure. However, Attorney General Rob Bonta, whose job includes the obligation to represent the public interest, has breached his codified obligation to his constituents. Additionally, it will be his responsibility to defend this unprincipled scheme against a legal challenge. Further, his office holds the duty to draft the Title and Summary for your November ballot. Do you believe for a moment that his conduct thus far has demonstrated a scintilla of

objectivity? We deserve an attorney general who will recognize and adhere to their fundamental obligation to their constituents, to represent the public interests and support the electorally expressed demands of the public.

Governor Newsom either fails to understand the role of democracy in this Constitutional Republic, or is estranged from the truth. Once again, the people have spoken through a democratic act on this critical issue. But the governor does not care for the outcome, so he profoundly and almost pathologically rejects it, ignoring his oath of office.

If these elected officials who have taken an oath to support and defend the Constitution of the United States of America, and the State of California succeed in their blatant usurpation of democracy, the 2026 midterm election will likely result in California having only four of fifty-two House seats, approximately nine percent, while nearly forty percent of California voters voted Republican in the last election. Democracy, Governor Newsom?

Governors, attorneys general, and legislators in California have historically engaged in misleading propositions with wholly

disingenuous Title and Summary language intended to dupe the voters to an unwanted and often destructive course of action. Gerrymandering for raw political power against the clearly expressed will of the people is not consistent with the expectations of representative government or the fundamentals of a Constitutional Republic.

Make no mistake, this is not simply a creative way to silence many Californians, it is a disgraceful collaboration to reject the twice expressed democratic will of the voters of the state of California. It also represents a needless expenditure of more than two hundred million dollars in taxpayers' money, while the state is in fiscal crisis.

As good citizens, we have an obligation to inform ourselves and vote wisely. I urge you to join the League of Women Voters and other responsible Californians and reject this partisan affront to democracy.

John McGinness, MS is the retired sheriff of Sacramento County, and adjunct professor of criminal justice and the host of the John McGinness Show on KFBK. He can be reached at 916-924-3901 or at john.jpm.solutions@gmail.com ★



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Kings Korner

By V.G. Harris



Does anyone remember the First playoff game in Sacramento after a 16-year drought, just three years ago? I certainly do, and it's something I'll never forget.

Tickets were almost impossible to come by, and the electricity both in and out of the arena that night was something that Kings fans will long remember.

There was something special about that team, and one of the things that made that team so memorable was the incredible scoring power they displayed all season long.

The starting lineup of Harrison Barnes, DeAaron Fox, Keegan Murray, Kevin Huerter, and Domantas Sabonis, led the NBA in scoring for the entire season, an achievement never accomplished before in Sacramento Kings history.

I thought it might be interesting to examine what the starting five averaged that season and compare it with the potential scoring we can expect from the starting five today.

The combined total of the starting five for the Sacramento Kings for the 2022/2023 season was 83.8 points per game. The Kings led the league in scoring that season with a total of 120.7 points per game, meaning the bench contributed 36.9 points on average every game.

So, how does that stack up against the likely starting five we have going into the 2025/2026 season?

The Starting five of Keegan Murray, Dennis Schroder, Domantas Sabonis, Zach Lavine, and Demar DeRozan, scored a combined total of 86.9 points per game individually during the 2024/2025 campaign, and the team averaged 115.7 point per game.

That means the Sacramento Kings bench contributed 28.8 points every night last season.

Everyone is talking about the meteoric rise of the now world champion Oklahoma City Thunder, but what did their starting five average every game last season. Surprisingly, it was 77.6 which was just over 9 points per game less than the Sacramento Kings. What made the Thunder the hurricane that they were was torrid bench production that contributed 42.9 points per game!

GM's all over the league are trying to emulate the Thunders success, and is it any wonder?

The question for the Sacramento Kings

may not rest in the scoring of their starting lineup, but rather from the scoring punch they can expect from their bench.

After Malik Monk and Keon Ellis, where the scoring will be coming from is somewhat of a conundrum.

There are question marks up and down the lineup, but without question, Kings fans should be looking at the glass half full as it relates to the bench.

Youngsters like Isaac Jones, first round draft choice Nique Clifford, and Devin Carter are likely to increase last year's bench production from 28.7 and try to replicate the 36.9 production of 3 seasons ago.

Largely ignored has been 3-point specialist Doug McDerott who was signed again for the upcoming season, but has been abysmally used in the past, and I believe has much to offer off the bench.

Players only perform when they're on the floor, and it takes expert coaching to place the right players on the floor at the right time. More than that is developing a regimen that each player can expect as it relates to playing time, and if these players are going to mature and be vital components, they need to know they will be called upon every game, and not just at the whim of the coach at garbage time.

Yes, the stats for the starting five match up favorably for the Kings, but it's well known that the Oklahoma City Thunder made their reputation playing frenetic defense, and without a doubt this is an area that the Kings will need to improve.

I look for Keon Ellis to continue his rise to prominence with defense as his mantra, and I was impressed with the growth in Keegan Murray last season as well.

Playing great defense is contagious, and if coach Christie can infuse an embryonic passion for playing defense night in and night out, I believe the wins will come.

Still, this lineup is not cast in stone, as we continue to hear rumblings of possible transactions, so for Kings fans it has to be patience once again while new GM Scott Perry continues to turn over every rock, hoping to find that last piece of the puzzle.

I'm optimistic and I hope you are too!

Stay tuned for more to come.

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

How Do I Apply for Social Security and Receive my Payments?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I'm ready to apply for my Social Security benefits, and I'm aware of how my benefits are calculated. What I would like to know about is how the application process actually works and how my benefits are received. **Signed: Ready to Collect**

Dear Ready to Collect: Essentially, you have two main options for applying for Social Security benefits, and also two separate options for receiving your payments:

To apply for benefits, you can either contact Social Security at 1.800.772.1213 to make a telephone appointment to complete your application while speaking to an SSA representative on the phone, or you can submit your application for SS benefits online.

When using the telephone option, you will be guided by an SSA agent while completing your application and can discuss your benefit options directly with that agent (just be sure to be available to receive SSA's call at the scheduled time). You can also make an appointment by calling your local SS field office directly (get the number for your

local SS office at this link: www.ssa.gov/locator). It is not usually necessary to visit your local SSA office in person to apply.

If you are reasonably proficient with computers, you can, instead, apply online, but you will first need to create your personal SSA account online at www.ssa.gov/myaccount. Once you have your personal account set up, you will be able to see your estimated benefit amount at different claim ages, which should help you decide when it is best to apply. Here is a short video which explains the process for applying for benefits online: https://www.ssa.gov/hlp/video/iclaim_r01.htm.

If applying online, you can start your online application at www.ssa.gov/apply and re-access it multiple times as needed until you are ready to submit it; just be sure to write down the "reentry code" which is provided when you begin your online application.

When you are ready to submit the application, just select "Submit" and your application will be sent to SSA's application processing unit for review. They will contact you if there are any questions about your application, or if any additional documentation is needed. Note that it typically takes a couple of months for your payments to start and note that payment is made in the month following the month earned. For example, if you begin your benefits in August your first payment will be received in September (on either the 2nd, 3rd, or 4th Wednesday

of each month thereafter, depending on your birthday).

For receiving your monthly SS payments: you will (on you application) be able to specify how you wish your monthly payments to be made. The preferred option used by most beneficiaries is to have your monthly Social Security payment deposited into a financial (e.g., bank) account, details for which you will specify when applying. However, you can also choose to receive your monthly payments in the form of a debit card (called "Direct Express") which will be replenished monthly. If you choose to have your payment deposited in your bank account, be sure to have your bank account information ready when you apply. Note that Social Security no longer issues payments via printed checks (except in rare circumstances).

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website (amacfoundation.org/programs/social-security-advisory) or email us at ssadvisor@amacfoundation.org. ★



Trump is Wrong About Mail-in Voting

President Trump is threatening to wage war on mail-in ballots, and the GOP has to hope he thinks again before the 2026 midterms.

In a Truth Social post, Trump said he is "going to lead a movement to get rid of MAIL-IN BALLOTS," and he'll start off with "an EXECUTIVE ORDER to help bring HONESTY to the 2026 midterm elections."

Trump likes the idea of in-person, same-day voting, which has much to recommend it, but mail-in and early voting are so ingrained and widespread that they aren't going anywhere.

Most Republicans have concluded that there's no alternative to making use of these modes of voting, and, crucially, they managed -- most of the time -- to get Trump on board in 2024. This aided the Republican get-out-the-vote operation in a close election.

Clearly, though, Trump believes that mail-in voting is a Democratic plot, and he also hates contemporary voting machines.

Old-school paper ballots don't guarantee honesty, however. In an infamous instance of voter fraud, allies of Lyndon Johnson stuffed Box 13 with enough ballots to put him over the top in the very narrow 1948 Democratic Senate primary in Texas.

Today's voting machines, moreover, were a reaction to the Florida fiasco in 2000, when punch-card ballots had to be painstakingly examined by hand with a presidential election at stake.

The fact is that vote-by-mail has been steadily growing since the 1980s, and it needn't favor one side or the other.

In Florida, Republicans long made it a priority to maximize mail voting.

A study by the academic Andrew Hall of pre-COVID-19 voting patterns in California, Utah and Washington found a negligible partisan effect as those states rolled out vote-by-mail systems. Overall, turnout went up only very slightly, and "the Democratic share of turnout did not increase appreciably."

Mail-in voting didn't change who was voting but how they did it -- encouraging, as you might expect, voting by mail rather than in-person. Vote by mail did have a strong partisan tilt in the COVID-19 election of 2020, in part because Trump inveighed against it.

Last year, Republicans made a concerted effort to make up ground and succeeded. They went from 24% of the mail-in vote in the must-win swing state of Pennsylvania in 2020 to 33% in 2024, and they outpaced Democrats in mail-in balloting in Arizona.

The advantage to a party of getting people to vote early -- whether in person or by mail -- is that it takes high-propensity voters off the table. Then, a turnout operation can focus on getting lower-propensity voters to the polls. If no one votes until Election Day,

party operatives waste time and money right up to the cusp of the election, contacting people who are going to vote no matter what.

TITLE: None of this is to say that all mail-in voting is equal. So-called universal mail-in voting, or automatically sending a ballot to every registered voter and scattering live ballots around a state, is a bad practice.

The rules should be more stringent. Georgia gets this right. You have to ask for an absentee ballot and provide your driver's license number or a copy of another form of valid ID. Ballots have to be requested at least 11 days before the election and must be returned by Election Day. The outer "oath" envelope has to be properly completed or the ballot is subject to being rejected, although the county elections office will provide the voter a chance to "cure" the envelope.

It's also important to count early and mail-in ballots quickly, something that too many states fail to do, with California -- as usual -- the worst offender. States should be expected to abide by whatever rules have been set prior to an election, rather than changing them on the fly, and they should ensure that voter rolls are regularly cleaned up.

Regardless, the real question about vote-by-mail isn't whether it is staying or going, but whether Republicans, too, will take advantage of it.

Rich Lowry is editor of the National Review.

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California's Perfect Financial Storm

It Could Lead to Another Tax Hike



By Dan Walters, CALMatters.org

A perfect storm of economic, fiscal and political trends is battering California's already deficit-ridden state budget, leading public employee unions and other interest groups dependent on money from Sacramento to explore hefty tax increases.

The budget has what fiscal authorities call a "structural deficit," meaning that its revenue system, dominated by personal income taxes, cannot generate enough income to fully finance all services and programs in current law.

Estimates of the chronic shortfall range from \$10 billion a year to as much as \$30 billion. Last fall, the Legislative Analyst's Office calculated that state spending was increasing by about 6% a year while revenue was rising by only 4%.

The current budget, enacted in June, had a \$20 billion deficit that was closed by tapping into the state's emergency reserves, borrowing from special funds, postponing some payments and adopting some bookkeeping gimmicks. For instance, the budget eliminates payments to reduce the state's ever-growing unfunded obligations for retiree health care which reached \$91.5 billion, up \$6.3 billion from

a year earlier, Controller Malia Cohen recently revealed.

The permanence of the deficit is one factor that's fueling preliminary cogitating over a tax increase of some kind, which probably would have to be ratified by voters.

Another is the reduction of federal aid to states by President Donald Trump and Congress. Federal funds are more than a quarter of California's \$321 billion state budget and the cuts mostly hit health and welfare programs, such as Medi-Cal. Many are looking to Sacramento for money to offset federal reductions.

Finally, a surtax on incomes of California's wealthiest families, approved by voters in 2012 to deal with an earlier budget deficit, was supposed to last only a few years, but a 2016 ballot measure extended it to 2030. Its backers -- public employee unions particularly -- are planning to seek either another extension or permanent status.

The Franchise Tax Board says revenue from the surtax spiked to more than \$16 billion in 2021 -- thanks to the odd economics of the COVID-19 pandemic -- but returned to a more normal \$9-10 billion a year since.

Californians already bear one of the nation's highest tax burdens. Wallet Hub has calculated that California's major state and local taxes are the fourth-highest of any state with an 11% total tax burden.

So what kind of tax increase might be proposed? There aren't a lot of options.

Another income tax hike would be unlikely since maintaining the surtax on high-income taxpayers is already virtually certain to be on the ballot, probably in 2028. Increasing the sales tax, already hovering around 10%, would hit low-income families the hardest.

That leaves corporate income taxes as the most likely target -- a source that the California Budget & Policy Center, a left-leaning research nonprofit, has been touting for years. Citing federal aid reductions and cuts in federal taxes on corporations and wealthy taxpayers, the organization is trumpeting the closure of what it views as loopholes in the corporate tax system.

"Given the immense harms that will be done as a result of the recently enacted federal budget bill, state leaders must develop plans to significantly raise state revenues ... in order to balance the state budget and protect California residents that are vulnerable to serious harms from the federal cuts to health care, food assistance, and other federal policies," the organization declares in a compilation of federal reductions.

Clearly something has to give. California cannot continue to run up budget deficits as the reduction of federal aid compounds the state's already precarious finances.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05438 Stark Enterprises, 7532 Cedar Drive, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Creatures Of The Cosmos" 7532 Cedar Drive, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County 7-24-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05530 Ruvin Katiuzhinsky, 10366 Buena Plaza Circle, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Platinum Mobile Equipment Repair/Platinum Mobile Diesel Repair" 10366 Buena Plaza Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County 7-28-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04978 Altaf Hussain, 717 Turnstone Drive, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Digital Edge Solutions" 717 Turnstone Drive, Sacramento, CA 95834. Filed with the Clerk of Sacramento County 7-8-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05185 DaVante G Judge, 4500 Tynebourne Street B107, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Judge Auto Haus" 4500 Tynebourne Street B107, Sacramento, CA 95834. Filed with the Clerk of Sacramento County 7-16-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05531 Jose Martinez and Alberto Martinez, 8740 La Riviera Drive, Suite B, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Taqueria Ay Jalisco Express" 8740 La Riviera Drive, Suite B, Sacramento, CA 95826. Filed with the Clerk of Sacramento County 7-28-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04784 SML Family Holdings, LLC, 2108 N Street #8725, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Pres-Seal" 2108 N Street #8725, Sacramento, CA 95816. Filed with the Clerk of Sacramento County 7-27-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05526 George Mihal and Evelyn Mihal, 4905 Tacomic Drive, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Office of Image Archaeology" 4905 Tacomic Drive, Sacramento, CA 95842. Filed with the Clerk of Sacramento County 7-28-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05387 Exotic Motorsports Group, LLC, 2808 Marshall Way, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Exotic Motorsports Group-5, LLC/EMG-5, LLC" 2808 Marshall Way, Sacramento, CA 95818. Filed with the Clerk of Sacramento County 7-22-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05378 Joshua Race Miller, 1620 51st Street, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Lucky's Window and Gutter Cleaning" 1620 51st Street, Sacramento, CA 95819. Filed with the Clerk of Sacramento County 7-22-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05504 Erik Timothy Johnson, P.O. Box 362, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Nordic Pro Services" 7767 Olive Street, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County 7-25-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05509 Brian Frederick O'Day, 6032 Ogden Nash Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "LeadSherpaPro" 6032 Ogden Nash Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County 7-25-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05620 1 Stop Locksmith, 3033 Olive Glen Court, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Yas Locksmith" 3033 Olive Glen Court, Sacramento, CA 95821. Filed with the Clerk of Sacramento County 7-30-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04897 Alannah Thompson, 6445 Miles Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Lala's Lashes" 1721 Eastern Avenue Suite 3, Sacramento, CA 95864. Filed with the Clerk of Sacramento County 7-3-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05054 Lincoln-Leavitt Insurance Agency, Inc., PO Box 130, Cedar City, UT, 84721 is doing business under the Fictitious Business Name(s) "Far West Leavitt Insurance Services" 650 North Main Street, Lakeport, CA 95453. Filed with the Clerk of Sacramento County 7-11-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05647 Jerome Lumsey, 5601 Natomas Boulevard Apt 20104, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "The Smooth Sounds of Jerome" 5601 Natomas Boulevard Apt 20104, Sacramento, CA 95835. Filed with the Clerk of Sacramento County 7-31-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05339 Complementary Healthcare Plans, Inc., 6600 SW 105th Avenue, Suite 115, Beaverton, OR, 97008 is doing business under the Fictitious Business Name(s) "Heraya Health" 6600 SW 105th Avenue, Suite 115, Beaverton, OR, 97008. Filed with the Clerk of Sacramento County 7-21-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05085 Timothy John Schaefer, 6412 Oakcreek Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Metalworking Education Academy" 6412 Oakcreek Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County 7-14-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05085 Timothy John Schaefer, 6412 Oakcreek Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Metalworking Education Academy" 6412 Oakcreek Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County 7-14-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05568 Conscious Ventures, LLC., 3400 Cottage Way, Suite G2 #30082, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Conscious Goods Co." 21311 Canterra, Lake Forest, CA 92630. Filed with the Clerk of Sacramento County 7-28-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05650 Fabiola Valdez Cortes, 2912 Albatross Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Toy's Daycare" 2912 Albatross Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County 7-31-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05071 WB Enterprise, LLC., 1020 Casilada Way, Sacramento, CA 95822 is doing business under the Fictitious Business Name(s) "Explore the Extinct" 2009 J Street, Sacramento, CA 95811. Filed with the Clerk of Sacramento County 7-11-2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05600 TXEN Partners, LLC, 1325 J Street, Suite 1550, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Service Direct Insurance Services" 1325 J Street, Suite 1550, Sacramento, CA 95814. Filed with the Clerk of Sacramento County July 29, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05576 FM Home Loans, LLC, 2329 Nostrand Avenue, 3rd Floor, Brooklyn, NY 11210 is doing business under the Fictitious Business Name(s) "Powercap Funding" 2329 Nostrand Avenue, 3rd Floor, Brooklyn, NY 11210. Filed with the Clerk of Sacramento County July 28, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05682 Roper Food Services, Inc., PO Box 2515, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Jimbo's Tacos #55" 7300 Laguna Boulevard #6, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County August 1, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05683 Roper Food Services, Inc., PO Box 2515, Granite Bay, CA 95746 is doing business under the Fictitious Business Name(s) "Jimbo's Tacos #100" 7401 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 1, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05621 Sarah Abicht, 7708 Claypool Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Reliable TC" 7708 Claypool Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 30, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05712 Paul Bernal, 2848 Kerria Way, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "PB Plantae" 2848 Kerria Way, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05705 Edward Condon, 2035 Hurley Way, Suite 250, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Head Start WEST/Head Start Gear Zone" 2035 Hurley Way, Suite 250, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 1, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05717 Amy Jimenez, 7437 Windjammer Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Mimi's Ice Box" 7437 Windjammer Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05724 Demetrius Boyd, 3904 Arden Way, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Arden Park Fitness" 3904 Arden Way, Sacramento, CA 95864. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05482 Andrew Wayne Saunders, 6400 Creekbend Lane, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) 24 Hour Telecom" 6400 Creekbend Lane, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County July 24, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05480 All Temp CA Holdings LLC, 14884 S Heritagecrest Way #D, Bluffdale, UT 84065 is doing business under the Fictitious Business Name(s) "Air Republic HVAC Solutions" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05716 FNU Attaullah, 3311 Bluegrass Road, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Tawhid Halal Market" 6747 Fair Oaks Boulevard, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05723 Alysha Marie Larson, 4444 South Park Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "All True Signings Notary" 4444 South Park Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05463 KC Kombucha Sacramento, LLC, 878 Lake Front Drive, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "The Secret Lab/Dream Space Books/Divine Agni" 25025 Blue Ravine Road, Suite 112-118, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 24, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05492 Atma V LLC, 25025 Blue Ravine Road, Suite 112-118, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "The Secret Lab/Dream Space Books/Divine Agni" 25025 Blue Ravine Road, Suite 112-118, Folsom, CA 95630. Filed with the Clerk of Sacramento County July 25, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05729 Deborah Ahl, 12175 Coal Creekway, Rancho Cordova, CA 95472 is doing business under the Fictitious Business Name(s) "Second X Around Hair Salon" 3106 Arden Way Suite 103, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05785 Mehroz Baig Consulting, LLC, 2108 N Street, Suite N, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Bear Hugs Studios" 2108 N Street, Suite N, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04201 Bellmore Services LLC, 2500 Tourbrook Way, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "Bellmore Films" 2500 Tourbrook Way, Sacramento, CA 95833. Filed with the Clerk of Sacramento County June 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05789 Alessandro Electric Inc., 11335 Sunrise Gold Circle, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Core-Built Construction" 11335 Sunrise Gold Circle, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05731 Lielah Hillyard, 6000 Caddington Way, Sacramento, CA 95835 is doing business under the Fictitious Business Name(s) "Creative Balance" 6000 Caddington Way, Sacramento, CA 95835. Filed with the Clerk of Sacramento County August 4, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-02948 Azuza LLC, 2975 S. Rainbow Boulevard Suite E, Las Vegas, NV 89146 is doing business under the Fictitious Business Name(s) "MBS Lending Group/Uni Gen Home Loans/Z Loans" 2975 S. Rainbow Boulevard Suite E, Las Vegas, NV 89146. Filed with the Clerk of Sacramento County April 17, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05884 Taryn D Clements, 2901 Winchester Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Clemex Patio Designs" 2901 Winchester Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 7, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05800 Lullia Kamenskikh, 4930 College Oak Drive 38, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Fix&Fresh" 4930 College Oak Drive 38, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05302 Param And Bir Restaurants Inc, 4115 Porch Swing Drive, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "5 Rivers Pizza & Grill" 7509 Twin Oaks Avenue, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County July 18, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05908 Alejandro Isidro Merlos, 9341 Honeywood Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Alejandrix Publishing" 9341 Honeywood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 7, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05750 My City Church, 9707 Cook Riolo Road, Roseville, CA 95747 is doing business under the Fictitious Business Name(s) "MC Russian-Ukrainian School" 3800 Bolivar Avenue, North Highlands, CA 95660. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05925 Gurpreet Singh, 3724 Sport Drive Apt-11., Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Gurpreet Singh Services" 3724 Sport Drive Apt-11., Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 8, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05707 Siyaram Hotels, LLC, 6610 Stockton Boulevard, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Value Suites/Value Suites Extended Stay" 6610 Stockton Boulevard, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 1, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04956 L2 Restoration & Environmental Inc, 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "K2 Restoration & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 12, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04896 Tiffany Laurel Gordon, 2043 Wyda Way #29-A, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Elite Answering" 2043 Wyda Way #29-A, Sacramento, CA 95825. Filed with the Clerk of Sacramento County July 3, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05027 Oleh Piontkevych, 3139 Kobrock Way, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mr. Fix It All" 3139 Kobrock Way, Carmichael, CA 95608. Filed with the Clerk of Sacramento County July 7, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05955 David Lewis Gleffe, 1120 Fulton Avenue Suite N, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Dar'ya's Kitchen" 1120 Fulton Avenue Suite N, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 8, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05947 Khalilullah Haqdot, 3801 Duckhorn Drive Apt 927, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Crackaway Mobile Autoglass Services" 3801 Duckhorn Drive Apt 927, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 8, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05641 Dhanda Enterprise Inc, 7401 Topanga Lane, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Indian Bazaar" 4400 Elverta Road, Suite 170, Antelope, CA 95843. Filed with the Clerk of Sacramento County July 31, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05919 Jennifer Bachinsky, 8509 Oakenshield Circle, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Jenny Bachinsky Photography" 6846 Barbara Lee Circle, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 8, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05263 Emerald Stream, 13035 Sadie D Drive, Nevada City, CA 95959 is doing business under the Fictitious Business Name(s) "Emerald Stream LLC" 5150 Mae Anne Avenue, Suite 405, Rm 5589, Reno, NV 89523. Filed with the Clerk of Sacramento County July 17, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05825 Steven Tran and Sheena Nguyen, 9190 Colonsay Way, Sacramento, CA 95829 is doing business under the Fictitious Business Name(s) "Glam & B Nails" 2720 Arden Way Suite 290, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 6, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05528 Tc Properties, Inc., 5150 Fair Oaks Boulevard Suite 101 #328, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Luxury RV Rentals" 3130 Orange Grove Avenue Unit 3, North Highlands, CA 95660. Filed with the Clerk of Sacramento County July 28, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05305 Pure Biogenics Solutions, LLC, 7951 Church Road, Rockledge, PA 19046 is doing business under the Fictitious Business Name(s) "Pure Biogenics" 2108 N Street Suite C, Sacramento, CA 95816. Filed with the Clerk of Sacramento County July 18, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05756 Ema Auto LLC, 1600 Sacramento Inn Way, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Ema Auto" 1600 Sacramento Inn Way, Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06037 L2 Restoration & Environmental Inc, 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Mimo Bake Studio, 9927 Night Heron Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Mimo Bake Studio Lab" 3581 Mather Field Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 31, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05777 Lucky One-Three, LLC, 2615 Waterton Way, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Beach Hut Deli" 9425 Jackson Road, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05976 The Three Tower Corporation, Inc., 3321 Power Inn Road, Suite 100, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Separovich Domich Real Estate Development/CPM Property Management" 3321 Power Inn Road, Suite 100, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 11, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05704 Darya Cox, 1401 21st Street #7055, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "CorrNurse CE" 200 Persifer Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 1, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05819 Rosalie B. Basila, 3293 Azevedo Drive #264, Sacramento, CA 95833 is doing business under the Fictitious Business Name(s) "RB Collection" 3293 Azevedo Drive #264, Sacramento, CA 95833. Filed with the Clerk of Sacramento County August 6, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05618 Hongjun Lu, 1555 Minories Drive, Plumas Lake, CA 95961 is doing business under the Fictitious Business Name(s) "Ocean Massage" 5800 Madison Avenue, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 30, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05651 Nina Fisher, 6443 Chetwood Way, Sacramento, CA 95831 is doing business under the Fictitious Business Name(s) "Fish Media" 6443 Chetwood Way, Sacramento, CA 95831. Filed with the Clerk of Sacramento County July 31, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05763 AllTemp HVAC Solutions, Inc., 14884 S Heritagecrest Suite D, Bluffdale, UT 84065 is doing business under the Fictitious Business Name(s) "Air Republic Solutions" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 5, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05651 Weber Wealth Management & Insurance Services, Inc. 1110 Iron Point Road, Suite 160, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Iron Point Private Wealth" 1110 Iron Point Road, Suite 160, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 8, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06117 Candis Lynn Smith, 5941 West 2nd Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Golden Desert Sage Co" 5941 West 2nd Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 15, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05805 Jordan DeGidio, P.O. Box 41933, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "JLD Consulting" 4141 Palm Avenue #355, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 6, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05649 Mimo Bake Studio, 9927 Night Heron Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Mimo Bake Studio Lab" 3581 Mather Field Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 31, 2025

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05733 Cameron Hall, 8220 Firewood Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "K2 Restoration & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 12, 2025

Legal Advertising Hotline
916-483-2299
Legal Advertising Fax
916-773-2999

LEGAL ADVERTISING

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984
Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020
The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

Legal Advertising
7144 Fair Oaks Blvd #5
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

is doing business under the Fictitious Business Name(s) "Better Call Cam" 8220 Firewood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 4, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BETTER 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06097 Campaign for Children and Families, P.O. Box 511, Sacramento, CA 95812 is doing business under the Fictitious Business Name(s) "Save California/Save America" 5330 Madison Avenue, Suite F, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
SAVE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05882 Charles Kampf, 6720 Calista Street, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Charles Airport Rides" 6720 Calista Street, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 7, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CHARLES 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06030 Altanchimeg Darambazar, 240 Natoma Station Drive Apt 286, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Bless Balloons" 240 Natoma Station Drive Apt 286, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 12, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BLESS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05776 Joseph Nave, P.O. Box 192500, Miami Beach, FL 33119 is doing business under the Fictitious Business Name(s) "Nave Immigration Law/Joseph Nave-Immigration Attorney" 21326 Escondido Way S, Boca Raton, FL 33433. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
NAVE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05747 Arma Mortgage LLC, 614 Windy Knoll Drive, Murphy, TX 75094 is doing business under the

Fictitious Business Name(s) "Xpert Rate Lending" 1001 W Euleess Boulevard Suite 413, Euleess, TX 76040. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
XPERT 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06059 Alexander Ruddy, 10923 Progress Court, Unit 1834, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "FairyTec" 3637 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 13, 2025
Publish: August 29, Sept 5, 12, 19, 2025
FAIRYTEC 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05784 Anastasia Wamer LLC, 3053 Notre Dame Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "La Sirena Journeys/Columbia Curated/AFW Logistics" 3053 Notre Dame Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
LA 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06147 Stanislav Shestopal, 5331 Bradford Drive, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Opal Haus Motors" 5331 Bradford Drive, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 18, 2025
Publish: August 29, Sept 5, 12, 19, 2025
OPAL 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06130 Gearlist LLC, 4363 Hazel Avenue Suite 1 PMB #10, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Fish Plants" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CALIFORNIA 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05091 Jenkins Beverage Inc., 8440 Belvedere Avenue, Suite 4, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Jenkins Beverage Inc." 8440 Belvedere Avenue, Suite 4, Sacramento,

CA 95826. Filed with the Clerk of Sacramento County July 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
JENKINS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05472 TR3 Collective LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Do Love/Do Love Mama/Do Love Movement/Do Love Co" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2025
Publish: August 29, Sept 5, 12, 19, 2025
DO 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05723 Alysha Marie Larsen, 4444 South Park Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "All True Signings Notary" 4444 South Park Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2025
Publish: August 29, Sept 5, 12, 19, 2025
ALL 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05743 House2Homes, Inc, 16155 Sierra Lakes Parkway #160-722, Fontana, CA 92336 is doing business under the Fictitious Business Name(s) "Mermaid Jen's" 16155 Sierra Lakes Parkway #160-722, Fontana, CA 92336. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
MERMAID 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06087 Julian Moore, 4800 Del Norte Boulevard, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The God Auto Sales" 7230 S Land Park Drive Suite 103, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
THE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05687 J & J Burger Station Inc, 10361 Rockingham Drive #900, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Burger Station" 10361 Rockingham Drive #900, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 1, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BURGER 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06222 Harry Sanburg, 8924 Van Gogh Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Sanburg Drywall Ent" 8924 Van Gogh Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
SANBURG 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06227 Future Construction Inc, 3901 82nd Street, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Inste Home Manufacturing/Inste Home Manufacturing Corporation" 3901 82nd Street, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
INSTE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06092 Mohammad Ajmal Adib, 6716 Madison Avenue Suite 4, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Cigarettes Plus" 6716 Madison Avenue Suite 4, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CIGARETTES 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06233 Clint Kramer, 8737 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Clayton & Cole Vending" 8737 Longspur Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CLAYTON 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06204 Phillip Isaacs' Construction Inc., 9380 Orangevale Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Energy Consultant Service" 9380 Orangevale Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 20, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CONSULTANT 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06125 Eva Gordon, 1401 21st Street #13044, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Potter's Clay Ceramics" 1401 21st Street #13044, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
POTTERS 9-19-25

STATEMENT OF ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017748

Airin Chowdhury Anwar has filed a petition with this court for a decree changing the name(s) of Airin Chowdhury Anwar to Airin Chowdhury.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 6, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 28, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
ANWAR 8-29-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018096

Emma Elizabeth Goldman has filed a petition with this court for a decree changing the name(s) of Emma Elizabeth Goldman to Emma Elizabeth Wright.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 22, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
GOLDMAN 8-29-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017169

Hans Juergen Borrmann has filed a petition with this court for a decree changing the name(s) of Hans Juergen Borrmann to Jon J. Borrmann.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 1, 2025, 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 21, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
BORRMANN 8-29-25

SUPERIOR COURT OF

CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017970

Antawn Jeremaine Porter has filed a petition with this court for a decree changing the name(s) of Antawn Jeremaine Porter to Antawn Jeremaine Bryant.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 22, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
PORTER 8-29-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017977

Stephen Anthony Strain has filed a petition with this court for a decree changing the name(s) of Beckett Maxwell Dear-Strain to Beckett Maxwell Strain and Benson Davis Dear-Strain to Benson Davis Strain.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 15, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
STRAIN 8-29-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017855

Andrew James Skogebro has filed a petition with this court for a decree changing the name(s) of Andrew James Skogebro to Andrew James Locke.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 10, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 29, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 8, 15, 22, 29, 2025
SKOGEBO 8-29-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017676

Vilma Raquel Gomez has filed a petition with this court for a decree changing the name(s) of Vilma Raquel Gomez to Raquel Rachel Jacobs.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 16, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 25, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 15, 22, 29 Sept 5, 2025
GOMEZ 9-5-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018225

Michael Manny Soto has filed a petition with this court for a decree changing the name(s) of Michael Manny Soto to Michael Manny Therrell.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 7, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 7, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 15, 22, 29 Sept 5, 2025
SOTO 9-5-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018293

Noorsabah Fakhri has filed a petition with this court for a decree changing the name(s) of Noorsabah Fakhri to Noorsabah Langari and Sayed Ahmad Farzad Fakhri to Farzad Ahmad.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 29, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 4, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
FAKHRI 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018505

Maryana Hipska has filed a petition with this court for a de-

cre change the name(s) of Maryana Hipska to Maryana Stani.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 31, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 6, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
HIPSKA 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV017958

Ruaa Naseer Jawad has filed a petition with this court for a decree changing the name(s) of Ruaa Naseer Jawad to Ruaa Naseer Abbas.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 29, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
JAWAD 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018198

Sophia Marie Moore, on behalf of minor child, Elias James Moore has filed a petition with this court for a decree changing the name(s) of Sophia Marie Moore to Sophia Marie Mickelson and Elias James Moore to Elias James Mickelson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 23, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 30, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
MOORE 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV018733

Adrian Quinn Brennan-Evans has filed a petition with this court for a decree changing the name(s) of Adrian Quinn Brennan-Evans to Adrian Quinn Avonbridge and Allison Marie Reggiardo to Allison Marie Avonbridge.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 6, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 8, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
EVANS 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV019084

Raquel Morales Nunez has filed a petition with this court for a decree changing the name(s) of Emmanuel Sanchez Morales to Emmanuel Morales.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 7, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 12, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
NUNEZ 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV019232

Nazario, R. Santana has filed a petition with this court for a decree changing the name(s) of Nazario R Santana to Nazario, Santana-Ruelas and Patricia N Sanchez to Patricia, Neri-Sanchez.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 8, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 13, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
SANTANA 9-12-25

SUPERIOR COURT OF CALIFORNIA COUNTY OF SACRAMENTO ORDER TO SHOW CAUSE CHANGE OF NAME #25CV013193

Frank Thomas Agosta has filed a petition with this court for a de-

CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING

NOTICE is hereby given that on **September 10, 2025, at 6:00 p.m.**, or as soon thereafter as the matter may be heard, the **City Council** of the City of Citrus Heights will hold a Public Hearing at the Citrus Heights **Council Chambers located at 6360 Fountain Square Drive, Citrus Heights, CA**, for the consideration of the following:

Letter of Public Convenience or Necessity for Grocery Outlet located at 5409 Sunrise Blvd File # PLN-25-13

The Citrus Heights City Council will be considering the issuance of a Letter of Public Convenience and Necessity that would allow the Department of Alcohol and Beverage Control to issue a Type 21 (off-sale beer/wine) alcohol license to a proposed grocery store located within the Sunrise Village Shopping Center located at 5409 Sunrise Blvd. The project is Categorically Exempt from CEQA under Section 15301 (Class 1, Existing Facilities) of the Guidelines. Project Planner: Alison Bermudez

Following the Public Hearing, the **City Council** may take such action on the project as it deems appropriate. Interested persons are invited to submit written comments prior to and may testify at the Public Hearing. **Written comments may be submitted to Amy Van, City Clerk, 6360 Fountain Square Drive, Citrus Heights, CA 95621.** If the matter is continued for any reason to a later date, written comments and public testimony will be accepted until the close of the final Public Hearing. All comments will be considered by the Approving Authority.

If you challenge the action of the **City Council** on this matter in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the Planning Division at, or prior to the Public Hearing. In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact Amy Van, City Clerk at 916-725-2448. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1.

Dated: August 20, 2025

Citrus Heights Messenger 8-29-2025

CITY OF CITRUS HEIGHTS NOTICE OF PUBLIC HEARING PLANNING COMMISSION MEETING

NOTICE is hereby given that on **September 9, 2025, at 6:00 p.m.**, or as soon thereafter as the matter may be heard, the **Planning Commission** of the City of Citrus Heights will hold a Public Hearing at the **City Council Chambers located at 6360 Fountain Sq Dr, Citrus Heights, CA** for consideration of the project listed below.

Project Name: PLN-25-07 U-Haul

Project Location: 7500 Auburn Boulevard (existing fuel station at the north east corner of Auburn Blvd and Cook Ave.)

Project Description: The applicant is requesting approval of a Use Permit to allow operation of a U-Haul Neighborhood Dealer at 7500 Auburn Boulevard.

Environmental Determination: The project is exempt from California Environmental Quality Act (CEQA) under Section 15301(existing facilities).

Project Name: Sam's Club Fuel Expansion

Project Location: 7147 Greenback Lane (existing Sam's Club fuel station east of Fountain Square Dr.)

Project Description: The applicant is requesting modifications to the existing Use Permit to expand the Sam's Club Fuel Station located at 7147 Greenback Lane in the Regency Plaza shopping center. The proposed improvements include the addition of two new gas pump islands (increasing from 12 to 16 pumps), the expansion of the existing overhead canopy to cover the new pump islands, landscaping, and the closure and removal of existing driveway access along Fountain Square Drive.

Environmental Determination: The project is exempt from California Environmental Quality Act (CEQA) under Section 15301(existing facilities) and 15302 (replacement or reconstruction);

Interested persons are invited to submit written comments prior to and may testify at the Public Hearing. **Written comments may be submitted to, City Planning Department, at planning@citrusheights.net or 6360 Fountain Square Drive, Citrus Heights, CA 95621**

Following the Public Hearing, the **Planning Commission** may take such action on the project as it deems appropriate. If the matter is continued for any reason to a later date, written comments and public testimony will be accepted until the close of the final Public Hearing. All comments will be considered by the Approving Authority.

If you challenge the action of the **Planning Commission** on this matter in court, you may be limited to raising only those issues you or someone else raised at the Public Hearing described in this notice, or in written correspondence delivered to the Planning Department at, or prior to the Public Hearing.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Planning Division at (916) 727-4740. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting. TTY/TDD users with questions or comments can call the California Relay Service by dialing 7-1-1.

Dated: August 20, 2025

Citrus Heights Messenger 8-29-2025

Vacant Commercial Property Ordinance Addressed

By Thomas J. Sullivan

CITRUS HEIGHTS, CA (MPG) - The City of Citrus Heights addressed the growing number of vacant commercial buildings in the city by introducing its draft of a proposed commercial property re-occupancy ordinance in a public workshop Aug. 11 at City Hall.

Property owners who saw a proposed fee structure under consideration expressed concern about the likely costs involved and whether such an ordinance might deter businesses and developers from investing in the city.

Workshop attendees included representatives from the Sunrise Marketplace business improvement district, the Citrus Heights Police Department and the Citrus Heights Chamber of Commerce as well as local business owners who provided feedback about the proposal.

The ordinance stems from the city's annual strategic planning meeting in March, where City Council identified rising vacancies in commercial properties as a concern and directed city staff to explore a vacant building ordinance that would help "encourage the upkeep and reuse of vacant properties," according to the city's website.

The proposed ordinance, when revised, will need to go before the City Council for approval, but a scheduled date for its consideration has yet to be determined. A full version of the draft ordinance can be viewed at: CitrusHeights.net/CPR.

The workshop presentation was led by representatives of the

city's Economic Development and Community Engagement and Community Development Department.

City Manager Ash Feeney in his opening remarks emphasized that the proposed ordinance is not intended to be "punitive" or "a money grab" but is designed to address absentee property owners who leave their properties to neglect.

Feeney said city often does not always have access to the most up-to-date contact information for many property owners.

"The general goals of the city ordinance are to provide guidelines and support for property owners to ultimately help reduce blight, prevent crime, practice proactive maintenance, and maintain properties so that they are "market ready."

Community Development Director Casey Kempenaar said when some properties are so neglected that their infrastructure becomes severely damaged, the buildings are no longer able to be leased out and may need to be demolished, such as with the former Marie Callender's building, which now has city approval to be demolished and replaced by a smaller drive-thru restaurant.

"This item is a building block on a number of different blocks that we've been building on for a firm foundation of a clean and safe community," Feeney said.

Economic Development and Community Engagement Director Meghan Huber said the city is concerned about the number of property owners who are not local and presented examples of properties with absentee

owners which have been vacant for many years.

"All of this decline affects property values, resulting in lower marketability and rent potential, and even more importantly, it affects business neighbors," she said.

Recent polling by the city reported some 70 percent of residents said improving the look of commercial areas is the most important step to attract desired businesses. Some 60 percent also identified abandoned or run-down commercial buildings as the top priority for improvement.

Key provisions of the draft ordinance include a requirement for property owners to register commercial buildings that have been vacant for more than 30 days.

Under the proposal, a commercial property owner who has a vacant property can choose to self-register, or the city, if it identifies potential vacancy through inspections, code enforcement reports, utility data or complaints can send written notice to the property owner of record to do so.

The ordinance also aims to ensure that vacant commercial properties are properly maintained and secured, while also encouraging reinvestment and occupancy, according to the city.

Vacant properties would be required to display a sign with the property owner or manager's contact information. Annual registration and monitoring fees would support the city's enforcement efforts, though property owners may be eligible for partial fee refunds once a building

is legally reoccupied and passes inspection.

In its workshop presentation, the city proposes two fees, an annual registration fee and an annual monitoring fee.

Certain exempt commercial properties would not require a registration fee but would need to have a valid building or planning permit issued or demonstrate work actively progressing within six months of permit issuance. The vacant property also would need to be free of trash, debris and graffiti.

Properties which are 75 percent occupied with no outstanding violations and partially occupied could qualify for fee relief of the annual monitoring fee for 12 months and re-apply yearly.

A proposed annual registration fee of \$1,092, plus an annual monitoring fee of \$1,131, would add up to \$2,222 for a vacant commercial property of one acre or less in size.

The registration fee is the same for properties larger than one acre, but the monitoring fee jumps to \$5,654 per year for a combined cost of \$6,746.

Monitoring fees can be partially reimbursed if the property becomes occupied during the registration year, according to the city.

Feeney said that the city reviewed similar vacant property programs in multiple California cities as it considered proposed exemptions for well-maintained, or partially occupied properties and possible fee relief options for qualified owners.

"Sunrise MarketPlace (SMP)

prefers a positive approach to assisting owners with challenging vacancies. A positive mutually beneficial strategy would be more productive and create a mutually beneficial partnership," said SMP executive director Kathlynn Carpenter.

Tiffany Clement, a property management representative from Merlone Geier, which manages Sunrise Village, challenged the city's assertion that property owners aren't attempting to fill vacancies in a timely manner and that fees will help property owners fill vacancies faster.

Clement and Sherri Merrick, the Citrus Heights Chamber of Commerce executive director, expressed concern that if property owners are required to pay thousands of dollars in fees annually, they will pass the high costs onto their tenants, resulting in higher rental fees.

Clement, who is also chair of the Board of Directors for Sunrise Marketplace, listed all the benefits that property owners and businesses receive when paying fees to the business district, including added security personnel and extra marketing but questioned what the benefit of being required to register with the city will be.

In an email on Aug. 15, the city sent a summary of what was discussed at the workshop, stating, "Participants shared a range of ideas and perspectives that will help refine the program. The discussion concluded with alignment ensuring the program remains responsive to the business community and grounded in the needs of Citrus Heights." ★

SAFE Credit Union, Volunteers Prepare Flags for Retirement

Continued from page 1

in readying the flags to be then given to the American Legion Post 362, also in Folsom. The legion conducts and arranges retirement ceremonies in adherence to the U.S. Flag Code.

SAFE Credit Union Senior Loan servicing specialist Adam Jarrett of Citrus Heights said he volunteered in recognition of both his grandfathers, one who served during the Vietnam War and the other who was stationed in Germany.

"It felt good to honor these flags and to give them a proper send-off," Jarrett said.

SAFE Credit Union Digital Systems analyst Alisha Hines,

also of Citrus Heights, has several family members in the military.

"I wanted to come down and learn something new while supporting and honoring our veterans," Hines said.

The credit union's IT service specialist and volunteer Nate Garcia of Elk Grove said, "It's nice to know that these flags that have been through whatever life they've been through, that we are able to give them a nice final touch before they are officially retired."

SAFE Credit Union compliance specialist Amy Gonzalez of Rancho Cordova said, "It's important to me to respect the

flag. I'm a former Girl Scout so I thought I'd put my skills to use. It felt great to do something patriotic in the middle of the day."

SAFE Credit Union's 85-year heritage stretches back to its founding in 1940 to serve Army Air Corps personnel at what is now McClellan Park. While being a credit union member no longer requires military affiliation, SAFE Credit Union proudly continues to celebrate and support its many employees and members who are active National Guard and reservists, veterans, and families of active and retired military.

SAFE Credit Union branches

that participated in the flag drive include the Antelope branch, 7887 Walerga Road; Citrus Heights branches, 7475 Madison Ave. and 7601 Sunrise Blvd.; Elk Grove branches, 9312 Elk Grove Blvd. and 9162 Bruceville Road; East Sacramento branch, 6341 Folsom Blvd.; and the El Camino branch in Arden-Arcade, 3560 El Camino Ave.

Other branches include the Hazel branch on the border of Fair Oaks and Orangevale, 5261 Hazel Ave.; Land Park branch, 4700 Freeport Blvd.; North Natomas branch, 2761 Del Paso Road; the Watt Avenue branch in North Highlands, 4636 Watt Ave.; and the West Sacramento

branch, 2105 Town Center Plaza.

In addition to banking services available through online, chat, mobile or phone options, SAFE Credit Union offers in-person services for members and small businesses at service centers throughout the Greater Sacramento region. SAFE is a not-for-profit, state-chartered credit union with membership open to businesses and individuals living or working in Sacramento, Placer, Yolo, El Dorado, Sutter, Butte, Nevada, Solano, San Joaquin, Contra Costa, Yuba, Amador and Alameda counties. For more information, visit online www.safecu.org ★

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STATEMENT OF ORDER TO SHOW FOR CHANGE OF NAME

Fank Thomas Agosta to Frankie Thomas Agosta.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on October 6, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: June 4, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 22, 29 Sept 5, 12, 2025
AGOSTA 9-12-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV017914

Julia Hardle Wilson has filed a petition with this court for a decree changing the name(s) of Julia Hardle Wilson to Julie Hardle Wilson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 18, 2025, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: July 29, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 29, Sept 5, 12, 19, 2025
WILSON 9-19-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV019630

Tamerianquie TraOntavia Johnson has filed a petition with this court for a decree changing

the name(s) of Kymani Anthony Johnson to Kymani Anthony Burrell and Armani Estelle Lee to Armani Lavonia Estelle Burrell Johnson.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 15, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 20, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: August 29, Sept 5, 12, 19, 2025
JOHNSON 9-19-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV019052

Islamuddin Muradi has filed a petition with this court for a decree changing the name(s) of Islamuddin Muradi to Islamuddin Nabizada.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 30, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.

Dated: August 11, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: August 29, Sept 5, 12, 19, 2025
MURADI 9-19-25

NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF JUNE M. DEBRAKE
CASE NO. 25PR002591

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may otherwise be interested in the will or estate, or both, of June M. DeBake.

A Petition for Probate has been filed by Stefani Rutledge, in the Superior Court of California, County of Sacramento, requesting Stefani Rutledge be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows September 4, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative

appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Attorney for Petitioner is: Rebecca A. Gardner, Esq., 455 Capitol Mall, Suite 605, Sacramento, CA 95814; 916-252-0200
Publish: August 15, 22, 29, 2025
DEBRAKE 8-29-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF MARILYN KAY STODDER
CASE NO. 25PR002808

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Marilyn Kay Stouder.

A Petition for Probate has been filed by Donald J. Stouder, in the Superior Court of California, County of Sacramento, requesting Donald J. Stouder be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows October 7, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal de-

livery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Donald J. Stouder, 26812 Via Desmonde, Lomita, CA 90717; 310-489-0708
Publish: August 29, Sept 5, 12, 2025
STODDER 9-12-25

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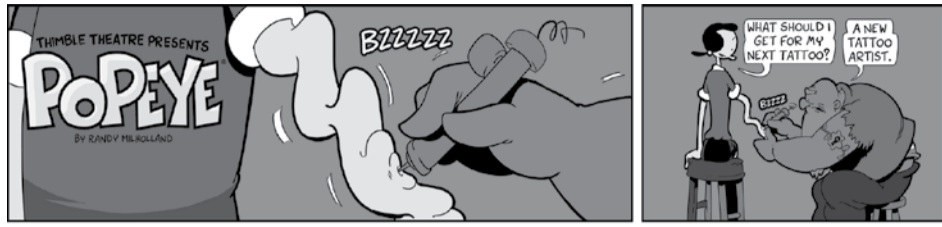
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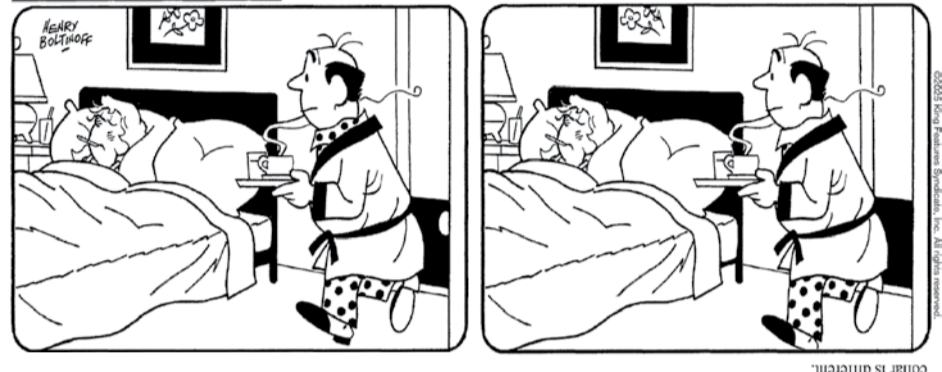
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Find at least six differences in details between panels.



Differences: 1. Tray is longer. 2. Leg is longer. 3. Mattress is thicker. 4. Flowers are reversed. 5. Doorknob is missing. 6. Shirt collar is different.

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- CLUES**
- ACROSS**
- Manual calculator, pl.
 - Beach Boys: "___ Only Knows"
 - Army beds
 - Pressed ham and cheese sandwich
 - Part of spch
 - Popular Latin dance
 - Influencer's creation
 - Hula dancer's flowers
 - Birdlike
 - "Meet me here, under the arch"
 - "Meet me at the Top of the Rock"
 - Comic book expression for alarm
 - Press backward arrow key
 - "Hand" with claws
 - Spreadsheet software command
 - Day off, backwards
 - Bug-eyed
 - "Cheers" regular
 - Coupe alternative
 - Be dependent
 - Damage one's reputation
 - Slightly (2 words)
 - Prefix for below
 - Shade of beige
 - Java neighbor
 - War mounts
 - Rope fiber
 - "___ Now or Never"
 - Leave at the altar
 - Flapper's feathers
 - "Meet me at the London Bridge"
 - "The Black Eye"
 - Peas: "Meet Me ___"
 - "Meet me in ___ Mara, Kenya"
 - Undergarment
 - "Meet me in Australia to see this bear"
 - Done to printer cartridge
 - Corn unit
 - Poet W. H. ___ of "Funeral Blues" fame
 - Infamous Nazi villain
 - Strong solution of sodium
 - Like gelled hair
- DOWN**
- Parts of a play
 - Actor Reynolds of "Smokey and the Bandit"
 - Cain's victim
 - Paddler's vessel
 - Endows or empowers
 - "Buffalo ___ won't you come out tonight..."
 - Keats' poem
 - Jinn or genie
 - Guinea pig or capybara
 - Mixture
 - Russian monarch
 - What Titanic did
 - Went to bid farewell (2 words)
 - "Meet me in Orthodox church to see these"
 - "Meet me in Tokyo, pre-1968"
 - "Meet me in the largest city in Netherlands"
 - "Meet me under the Eiffel Tower"
 - Real estate broker, e.g.
 - "The Bonfire of the Vanities" author Tom ___

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Elaine LaLanne Still Leads the Way



Elaine LaLanne was a featured speaker during IDEA World's Expert Spotlight Series on July 18 in Sacramento. She had the audience doing facial and foot exercises during the beginning of her talk. Photo by Seth Henderson

By Carol Feineman

SACRAMENTO REGION, CA (MPG) - Elaine LaLanne is a beacon of light promoting the benefits of a healthy lifestyle at any age to millions of fitness aficionados throughout the world.

Known for decades as the "First Lady of Fitness," LaLanne will be 100 next March.

And LaLanne is still constantly on the go as she shares the lifelong work of the Godfather of Fitness, her late husband, Jack LaLanne, via fitness conferences, podcasts, books, the Internet and running Befit Enterprises.

Today's Generation Z, Millennials, Generation X and Baby Boomers have nothing over LaLanne; the 99 year old has more energy, strength and cheerfulness than many of us. That's why she works daily to bring an awareness about exercise, nutrition and positive attitude to everyone who will listen about how to stay healthy from childhood to 100 and beyond.

It's a far cry from her mid-20s when LaLanne ate donuts, smoked cigarettes and did not exercise.

During a lunch break at the recent 2025 IDEA World fitness and wellness event at the Sacramento Convention Center, LaLanne laughed, "I thought I was old when I was 27."

But then she met Jack LaLanne, an Oakland body builder and the first modern health club owner, in 1951 during an episode on the ABC-affiliate KGO-TV "The Les Malloy Show" that she cohosted. He did pushups nonstop throughout the entire 90-minute show.

Soon, the TV cohost changed her lifestyle and "started exercising, doing pushups and weights. My muscles got more toned. I quit smoking and broiled everything, instead of frying everything."

Jack LaLanne's appearance on "The Les Malloy Show" led to an invitation to be on the nationally-syndicated "You Asked for It" TV show. Jack LaLanne broke a world record with 1,033 pushups in 23 minutes.

Shortly after, Jack LaLanne became the first exercise and nutrition show host on TV with "The Jack LaLanne Show" on KGO. The show was television's longest-running nationally-syndicated exercise program,

running for 34 years.

Little did the LaLannes know in 1951 that "The Les Malloy Show" segment would propel them to become pioneers of a healthier lifestyle and that their impact would still be felt internationally in 2025.

The American College of Lifestyle Medicine in 2022 honored the LaLannes with Lifetime Achievement Awards for their work spreading awareness of the benefits of exercise and good nutrition throughout the decades.

Jack LaLanne created prototypes of popular exercise equipment, including the weight

include fitness as part of their daily life, is to keep it simple and to not make it complicated.

"Simply said, if you don't move, you're removable. When you boil it down, you have to oil your joints, move your body," LaLanne said. "That's why exercise is king and nutrition is queen. Put them together and you have a kingdom. Jack taught me that."

Having a positive attitude is a huge part of the fitness equation for LaLanne.

"You can either go forward or you can go backward," LaLanne said. "I think we should go forward

You might not be able to change a situation, the First Lady of Fitness said, "but you can realize your frustration and tell yourself that it won't bother you. It's all about attitude."

"I live each day to the fullest," LaLanne said. "I don't think about the future. Yesterday is gone, tomorrow isn't here yet. Today, being with you, is the most important part of my life."

For nutrition, LaLanne stresses moderation.

"What you eat today is walking and talking tomorrow. You want to feel energy," LaLanne said. "If you eat foods in their

that," LaLanne added.

Even today, LaLanne starts every day with exercise. She does 20 jackknives, stretching exercises, leg exercises, arm crossovers, cardiovascular punches, shoulder exercises, leg lifts and pushups before breakfast.

Yes, LaLanne still does full body pushups. Jackknives are challenging core exercises that strengthen the abs and hip flexors.

For those who are strangers to exercising, LaLanne said to start out easy.

"It's never too late to get fit," LaLanne said encouragingly, "People who don't want to work out say, 'It's not for me.' But think of the results: building muscle, having a better positive attitude and keeping healthy. Plus it mentally cleans out the cobwebs."

The more you exercise, according to LaLanne, the sharper your mind is. And it's not how you look, whether you have crow's feet or wrinkles but "just be you." Think, "I'm me and I love me." You have to love yourself. It's not the look, it's what's in your heart. You have to believe in yourself because there's no one else like you."

While LaLanne is reassured that many gyms are filled with members intent on keeping fit, she also knows that "some people still pooh-poo exercise and a lot of people know about exercise's benefits but they don't do it."

"So I've got to be an example. I do the best I can with the equipment I have," said LaLanne, who has vision issues and uses a walker like many others 30 or 40 years younger than her. "The years go by so fast. If I take that I'm not 20, 30 or 40 anymore, I accept what I have and I go for it."

Enjoy each decade, LaLanne stressed.

"I wear old lady shoes, I'm blind in one eye, my other eye is going, I have a bad knee but my core is strong. I do 30 jackknives every day," she said.

To LaLanne, "this is my fun, talking about fitness and writing about it."

As she continues to be a fitness advocate and icon today, LaLanne is shining that beacon of light for all of us to become healthier, whatever our age and our fitness levels. ★



Elaine LaLanne, the "First Lady of Fitness," at 99 is still inspiring the public that you can work at being fit at any age. Photo courtesy of IDEA World

selector, wall pulley, leg extension, resistance band and squat machine, according to the American College of Lifestyle Medicine, and created the first protein drink, "Instant Breakfast," and protein bars.

Fast forward to today and Elaine LaLanne is still the Number One model for healthy living.

Her advice to others, especially those individuals who don't

with the positive energy instead of the negative energy."

Her son, Jon LaLanne, standing nearby, added to his mother's comments by saying that he learned much from his parents, including common sense.

"My parents came from the Depression and used good-old-fashioned American common sense. A lot of people not doing well see the glass half-empty instead of half-full," Jon LaLanne said.

natural state as much as possible and eat vegetables and fruits with vital vitamins, you'll be OK. Too much pasta, too much of anything is not good."

After turning 80, LaLanne told her husband that she would have a piece of cake "once in a while." Jack LaLanne responded, she said, that it's what you do most of the time that counts.

"I don't overload my body; I have a little of this and a little of

Republic FC Stadium Groundbreaking Ceremony

Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - Wilton Rancheria and Sacramento Republic FC marked the beginning of construction on Republic FC Stadium at the Railyards with a groundbreaking ceremony on Aug. 18.

The ceremony celebrated the tribe's return to its ancestral lands along the banks of the Sacramento and American rivers, 67 years after its federal recognition was stripped from the nation by the California Rancheria Act. Now that Wilton Rancheria and Republic FC have acquired the land in The Railyards, site preparation will begin in the coming days and fans can take the first step in locking in their place for the club's inaugural season in its new home.

"The Rancheria Act tried to erase us but, on its anniversary, we are breaking ground on a future that ensures our sovereignty, our name, and our story will endure," said Wilton Rancheria Chairman Jesus Tarango. "This is not our groundbreaking; this is our homecoming."

Said Managing Partner Kevin Nagle, "Our path has not been easy. But just like our city, just like our tribal partners, we've kept moving forward. And now, together, we are breaking ground on the future. In 2027, when the first ball is kicked here in The Railyards, it will be more than the start of a match. It will be the next chapter in an ongoing story of resilience."



From left are Republic FC President and General Manager Todd Dunivant, Republic FC Managing Partner Kevin Nagle, Wilton Rancheria Chairman Jesus Tarango, City of Sacramento Mayor Kevin McCarty and Wilton Rancheria Chief Operating Officer Chris Franklin. They are at the Aug. 18 groundbreaking event for the club's new stadium in the Railyards. Photo courtesy of Sacramento Republic FC

For a first look at the stadium design developments and to learn more about placing a deposit for the 2027 season, fans can visit RepublicStadium.com. A flythrough video will show off the stadium's unique elements, including a Supporters' Plaza, the rooftop club with views back to the city's skyline, the park-like eastern concourse, open-air public-market and beer-garden inspired culinary options, entry plazas and a close look at the West tower that will feature a variety of new premium seating options.

Starting at just \$9.16, four deposit levels are available to give fans priority access to season tickets for the inaugural season at the new stadium. From a safe-standing supporters section (\$9.16), general seating in the East and Southern neighborhoods (\$25) to all new premium seats (\$50) and private luxury suites (\$500) with ultimate comfort and unmatched views, there are options for every budget and every type of fan. Only one deposit is required to secure your seat selection priority for the new stadium.

Each deposit will include

a donation to help the club construct more free-to-play mini-soccer courts around the region. Since 2019, the club has built 12 new safe spaces throughout the community and donations will support the next court opening later this year and the many more to follow.

The groundbreaking comes after years of collaboration and commitment between Wilton Rancheria, Republic FC and the broader Sacramento community. Pre-construction work is already underway, including grading and utility preparation. In



Wilton Rancheria Chief Operating Officer Chris Franklin speaks at the Sacramento Republic FC groundbreaking on Aug. 18 at the Railyards. Photo courtesy of Sacramento Republic FC

addition, bidding has begun on key project elements, with Turner Construction serving as the general contractor. Local contractors, trades, and suppliers interested in participating in the project are encouraged to visit Turner Construction's website for more information.

Republic Stadium is expected to open in 2027 and will serve as the permanent home for Republic FC, as well as be a premier venue for concerts, cultural festivals and community events. ★

Kings Tickets Available Shuler Retires After 25 Years

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - The Sacramento Kings begin the 2025-26 season on the road against the Phoenix Suns at 7 p.m. Oct. 22. The Kings return home for opening night at Golden 1 Center presented by Kaiser Permanente to take on the Utah Jazz at 7 p.m. Oct. 24, followed by a matchup against the Los Angeles Lakers in Sacramento at 6 p.m. Oct. 26.

Sacramento heads back on the road to play their first back-to-back of the season, facing off against the Oklahoma City Thunder (Oct. 28) and Chicago Bulls (Oct. 29).

The Kings conclude the season's first extended road trip with games in Milwaukee (Nov. 1) and Denver (Nov. 3). The team returns to Sacramento for a five-game homestand that includes their first meeting with the Golden State Warriors (Nov. 5) and their first Emirates NBA Cup 2025 game versus the defending NBA champion Oklahoma City Thunder (Nov. 7).

The Kings finish the homestand with contests against Minnesota (Nov. 9), Denver (Nov. 11) and Atlanta (Nov. 12) with the game against the Nuggets as their first nationally-televised game of the season, airing on NBC.

The Kings embark on a five-game road trip that tips off with their second Emirates NBA Cup game, taking on the Timberwolves at 5 p.m. Nov. 14. Sacramento heads to San Antonio (Nov. 16), Oklahoma City (Nov. 19), Memphis (Nov. 20) and Denver (Nov. 22).

The Kings in Sacramento have two 7 p.m. games against the Minnesota Timberwolves on Nov. 24 and the Phoenix Suns on Nov. 26 for their third Emirates NBA Cup contest. Sacramento ends November with an Emirates NBA Cup game in Utah, playing the Jazz at 6:30 p.m. Nov. 28 and finishing the month with a 6 p.m. home outing versus Memphis.

The Kings take a three-game road trip, playing the Rockets in Houston at 5 p.m. Dec. 3, the Heat in Miami at 5 p.m. Dec. 6 and a nationally televised game against the Indiana Pacers on Dec. 8 (Peacock).

The Kings have a two-game set against the Trail Blazers, squaring off in Portland at 7 p.m. Dec. 18 and in Sacramento at 7 p.m. Dec. 20. Sacramento finishes a four-game homestand with games versus Houston (Dec. 21), Detroit (Dec. 23) and Dallas (Dec. 27).

Road games in Los Angeles are with the Lakers at 6:30 p.m. Dec. 28 and the Clippers at 8 p.m. Dec. 30 in a

nationally-televised game on NBC.

The Kings have 10 games in Sacramento in January, beginning with a New Year's Day clash against the Boston Celtics at 7 p.m. Sacramento travels to Phoenix (Jan. 2) for the second night of a back-to-back with the Milwaukee Bucks (Jan. 4) and the Dallas Mavericks (Jan. 6, NBC). The Kings make their first appearance at Chase Center on Jan. 9, playing the Warriors at 7 p.m.

Sacramento has a seven-game homestand with games against Houston (Jan. 11), the Lakers (Jan. 12, Peacock), New York (Jan. 14), Washington (Jan. 16), Portland (Jan. 18), Miami (Jan. 20) and Toronto (Jan. 21). The Kings then play six games away in nine days, beginning with games against Cleveland (Jan. 23) and Detroit (Jan. 25). Sacramento travels to New York (Jan. 27) before a back-to-back against Philadelphia (Jan. 29) and Boston (Jan. 30) and finishing in Washington on Feb. 1.

The Kings follow with three home games: the Memphis Grizzlies (Feb. 4), their first game on Prime Video against the Clippers at 7 p.m. Feb. 6 and a home matchup against Cleveland (Feb. 7). They play in New Orleans (Feb. 9) and Utah (Feb. 11). The Kings have a home outing against Orlando at 7 p.m. Feb. 19 and then an away game with San Antonio at 5 p.m. Feb. 21 in Austin for the start of a five-game trip. The Kings travel to Memphis (Feb. 23), Houston (Feb. 25) and Dallas (Feb. 26) and ends the trip in Los Angeles against the Lakers (March 1).

Sacramento has nine home games in March: a five-game homestand that starts against the Phoenix Suns at 8 p.m. March 3, airing on NBC; New Orleans (March 5), Chicago (March 8), Indiana (March 10) and Charlotte (March 11). Sacramento travels to L.A. to play the Clippers at 7:30 p.m. March 14, airing on ESPN. The Kings at home squares off against the Utah Jazz (March 15), San Antonio Spurs (March 17), Philadelphia 76ers (March 19) and Brooklyn Nets (March 22).

The Kings head east, taking on Charlotte (March 24), Orlando (March 26), Atlanta (March 28) and Brooklyn (March 29). The five-game road trip ends in Toronto on April 1. The Kings at home play New Orleans (April 3) and the Clippers (April 5). The Kings play the Golden State Warriors twice, first in San Francisco on April 7 and then at 7 p.m. April 10 at Golden 1 Center. Sacramento finishes the regular season on the road on April 12 in Portland.

Single-game tickets for Golden 1 Center games are on sale at Kings.com/Tickets. ★

Cosumnes River College Athletics News Release

SACRAMENTO, CA (MPG) - Cosumnes River College (CRC) announced the retirement of assistant baseball coach and instructional assistant Jno Shuler, who has been part of Cosumnes River College Athletics for 25 years.

"Today's announcement is bittersweet for our department," said Collin Pregliasco, dean of Kinesiology, Health and Athletics and the athletic director on Aug. 11. "Jno has been an integral part of CRC Athletics and our baseball program since 2000. His dedication to our student-athletes on the field and through his work in our Athlete Learning Center has shaped the culture of our department in so many ways. His presence will be deeply missed but no doubt we will continue to build on what he has started."

During his time at Cosumnes River College as an assistant coach under Tony Bloomfield and Don Mico, Shuler helped guide the Hawks baseball program to 20 playoff appearances, four Big 8 Conference Championships and a 3C2A State Championship in 2012. Shuler's coaching excellence was recognized nationally in 2022 when he was named the ABCA (American Baseball Coaches Association) National Assistant Coach of the Year.

"Jno's leadership, dedication and unwavering commitment to the game and to CRC baseball, have left



In addition to his baseball program contributions, Jno Shuler was instrumental in the development of the Athletic Learning Center at Cosumnes River College. What began as a converted equipment room storage closet became a thriving academic support space for student-athletes. Image courtesy of Cosumnes River College Athletics

an indelible mark on every player fortunate enough to be coached by him," said head baseball coach Mico. "I consider myself incredibly lucky to have coached alongside him for the past 14 years... years filled with highs like the 2012 State Championship and countless playoff appearances, learning moments, as he helped teach me how to be a head coach, and plenty of laughter on long bus rides and conversations about baseball legends of the '70s, '80s and '90s."

In addition to his contributions with the baseball program, Shuler was instrumental in the development of the Athletic Learning Center at Cosumnes River College. What began as a converted equipment room storage closet became a thriving academic support space for student-athletes.

Shuler's work, alongside Steve Krisiak, Cosumnes River College's coaching staff and fellow academic coaches Brandon Ellis and Shirley Murillo, helped create a transformational resource that continues to lead the way

across the state for supporting student-athlete academic success.

"As he steps away from the field," Mico said, "Jno leaves behind a legacy built not just on victories but on character, mentorship and integrity. I was blessed to have him as a mentor, and most of all, a friend. I wish him a fulfilling and well-deserved retirement."

Shuler's assistant coaching accolades included 20 3C2A Playoff Appearances in 2001 through 2012, 2014 through 2017, 2019 and 2022 through 2024; four conference championships in 2003, 2005, 2006 and 2012; 2012 3C2A State Championship; and 2022 ABCA (American Baseball Coaches Association) National Assistant Coach of the Year.

"Jno is truly one of a kind," Pregliasco said. "His passion and support for our student-athletes made him more than a coach to those that worked with him or played for him. There is no doubt his athletes, coaches and staff are all better for knowing him." ★

Baucom Captures Golf Championship at State Fair

Sacramento Golf Council News Release

SACRAMENTO REGION, CA (MPG) - Donnie Baucom of Fair Oaks claimed the 2025 California State Fair Mid-Amateur Golf Championship played Aug. 16 and 17 at Bing Maloney Golf Course.

Baucom posted back-to-back rounds of 68 for a 136 total, finishing two strokes ahead of runner-up Scott

Stevens of Garden Valley.

Stevens highlighted the championship with a hole-in-one on the 13th hole during the first round.

The championship was open to male amateur golfers age 30 and older with a World Handicap System Index of 6.8 or lower.

The event was conducted by the Sacramento Golf Council, with Sean Wong serving as tournament chairman. ★