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Dixon *Independent Voice*

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SEPTEMBER 5, 2025

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Home Show Marks 10 Years



The Solano County Fall Home & Garden Show will return to the Dixon Fairgrounds from 10 a.m. to 4 p.m. Sept. 20 and 21. This will mark the event's 10th anniversary with more than 75 vendors, live demonstrations and family-friendly attractions. Photo courtesy of Solano County Home and Garden Show

By Kendall Brown

DIXON, CA (MPG) - The Solano County Fall Home & Garden Show will return to the Dixon Fairgrounds from 10 a.m. to 4 p.m. Sept. 20 and 21.

This will mark the event's 10th anniversary with more than 75 vendors, live demonstrations and family-friendly attractions.

According to Shawna Arzadon, CEO of the Home and Garden Show since 2019, the event is smaller than the spring edition in March but still provides a great time.

"The fall show is smaller than the spring show but it is a great way for people to finish their projects before winter. It's a good note



Families can expect free children's activities on Saturday, Sept. 20, including balloon animals and glitter tattoos from Hugz the Clown and the popular "Foamtastic" foam party hosted by Unforgettable Foamtastic. The foam is hypoallergenic and environmentally friendly. Photo courtesy of Unforgettable Foamtastic

to close the season on," Arzadon said.

Founded in 2015, the show has grown into a seasonal destination for homeowners and DIY enthusiasts across Solano County and surrounding areas. The Dixon May Fairgrounds has been used twice yearly every year since the first Home and Garden Show in 2015. This location was selected for its central position.

"Dixon was just the perfect in-the-middle space," said Arzadon. "A lot of our vendors come from Sacramento and for many of them, Vacaville is their cutoff."

This year's event will include appearances by

Continued on page 3

West Nile Virus Detected

Solano County Mosquito Abatement District News Release

DIXON, CA (MPG) - On Aug. 21, the Solano County Mosquito Abatement District detected West Nile virus in mosquitoes near Robben Road and Vaughn Road in Dixon. This is the second detection this year in Dixon and is located near the previous finding from Aug. 18.

Residents are advised to take precautions to avoid mosquito bites, especially if they plan to spend time outdoors in the detection area. Recommended measures include using EPA-registered repellents containing DEET, Picaridin, Oil of Lemon Eucalyptus or IR3535, and wearing long-sleeved shirts and pants during peak mosquito activity hours.

Solano County Mosquito Abatement District technicians are conducting targeted control efforts in the affected area and will continue monitoring to reduce mosquito populations and prevent further transmission.

West Nile Virus spreads when a mosquito becomes infected by biting a bird with West Nile virus, then spreads it by biting a person. While most people show no symptoms, some people might develop a fever, headaches or body aches. Severe cases can lead to hospitalization or, in rare instances, death. If symptoms occur, contact your healthcare provider.

Older adults and individuals with chronic conditions such as diabetes, high blood pressure, cancer or kidney disease are most at risk.

Empty flowerpots, buckets, pet dishes, and old tires of standing water, clean bird baths and pet bowls weekly, and avoid over-watering lawns and gardens to prevent West Nile Virus. Repair broken sprinkler heads and leaky faucets. Check window and door screens for holes and proper fit. Maintain pools and ponds, keep pools clean and circulating, and request free mosquito fish for neglected pools, ponds or water troughs.

The Solano County Mosquito Abatement District has served the community since 1930, covering more than 900 square miles of incorporated and unincorporated areas of Solano County. The mosquito abatement district protects public health by reducing the risk of mosquito-borne diseases such as West Nile virus, through surveillance, public education and environmentally-responsible treatments.

For more information, call 707-437-1116, email solmad@solanomosquito.com or visit the district website at www.solanomosquito.com. Sign up for email notifications at www.solanomosquito.com/stay-in-touch and follow the district on Instagram. ★

Breast Cancer Foundation Exceeds Goal

By Kendall Brown

DIXON, CA (MPG) - The Solano Midnight Sun Breast Cancer Foundation's annual "Under the Valley Moon" lobster charity dinner on Aug. 23 drew more than 200 attendees to support breast cancer patients across Solano County.

The dinner was held at Bella Vista Farms, 7106 Rio Dixon Road, and featured a traditional lobster feed and shrimp boil, with guests dining family-style at long tables as steaming pots of lobster, shrimp, artichokes, potatoes and more were offered.

This event is one of the main fundraisers to support the organization's goals, according to Breast Cancer Foundation President Barbara Rigdon.

"All of our funding comes from donations and this event is the main funder," said Rigdon. "Around 97% of proceeds



Each attendee received a lobster with accouterments such as artichokes, potatoes, corn and shrimp. According to Solano Midnight Sun Breast Cancer Foundation President Barbara Rigdon, the event's goal was to make \$50,000 overall. Foundation members have exceeded that goal but are still tallying accrued funds. Photo courtesy of Solano Midnight Sun Breast Cancer Foundation

go directly to support individuals fighting breast cancer. We are totally non-profit and totally volunteer. Everything that goes in comes back out. Our

goal was to raise around \$50,000. We exceeded our goal but are still counting."

Founded in 2004 by two breast cancer survivors who saw a need for

financial support among patients, Solano Midnight Sun Breast Cancer Foundation has since grown into a countywide

Continued on page 3

Dixon News Briefs

Community Groups Launch Fundraising Efforts



Grace Fellowship Church of Dixon is kicking off Grace Kids Club with a Praise Party at 6:30 p.m. Sept. 3. Held at the church, 535 W. H St., children in kindergarten to fifth-grade are invited to explore and learn about the Bible among friends and peers. Photo by Kendall Brown



Dixon Historical Society has launched its fall fundraising campaign to support October events in Dixon, including a trick-or-treat night downtown, a spooky exhibit at the museum and a ghost tour with assistance from Dixon Community Theater (dates to be announced). The goal is to raise \$500. Photo by Nicolas Brown



Dixon Family Services is preparing for its annual Comedy Night fundraiser from 6 to 10 p.m. Sept. 27. Hosted at the Olde Vet's Hall, 231 N. First St, the event includes live comedy and a meal for \$65 per person. Proceeds will benefit future programs and services. Photo courtesy of Dixon Family Services

By MPG Staff

Kiwanis Club Open House

Kiwanis Club of Dixon is hosting an open house from 6 to 7:30 p.m. Sept. 8. Held at Joystick Gaming Lounge, 420 Gateway Dr., Suite C, the club invites Dixonites to learn about the schools, opportunities that Kiwanis Club offers students, and how citizens can get involved with Kiwanis and the community. This free event will also have an address from keynote speaker and Superintendent of Dixon Unified School District (DUSD), Brett Barley. Appetizers will be provided.

For more information, visit dixonchamber.org or call 707-635-3303.

Comedy Night with Dixon Family Services

Dixon Family Services is hosting a comedy night in honor of its 40th anniversary from 6 to 10 p.m. Sept. 27. Held at Olde Vet's Hall, 231 N. First St., the event offers a no-host bar, dessert auction and dinner catered by Bud's Pub & Grill for \$65 per ticket. Tickets are on sale now.

For more information, visit givebutter.com/DFScomedynight or call 707-678-0442.

DMCS 20TH Anniversary

Dixon Montessori Charter School is hosting a 20th anniversary celebration from 4 to 7 p.m. Sept. 13. Held on school grounds, 355 N. Almond St., the free event offers families food, limited anniversary swag, prizes and live entertainment.

For more information, visit the Dixon Montessori Charter School Facebook page or call 707-678-8953.

Teen Meet and Greet with Brett Barley

Dixon Library will host a special teen meet and greet with Dixon Unified School District Superintendent Brett Barley from 4 to 5 p.m. Sept. 10. Held at the library, 230 N. First St., the event is open to youths aged 10 to 18. Registration is recommended but not required to attend.

For more information about September events at the library, visit solanolibrary.com or call 1-866-572-7587.

Dixon-Based Community Transportation Workshop

The City of Dixon, in partnership with Solano Transportation Authority (STA) and Solano Mobility, is hosting a community transportation workshop from 4 to 6 p.m. Sept. 9. Held in City Hall, 600 E. A St., Dixonites are invited to learn more about proposed transportation solutions affecting local transit.

For more information, visit solanomobility.org/dixoncbtp/ or call 707-678-2650.

Dixon High School Football

The Dixon High School Rams Football Team has an away game Sept. 5. Hosted at Lindhurst High School, 4446 Olive Ave., Olivehurst, games will begin at 5 p.m. for Junior Varsity and 7 p.m. for Varsity. The Rams will take on the Lindhurst Blazers.

For more information, visit dixonrams.com or call 707-693-6330.

Veterans' Dinner

American Legion Post 208 is hosting a Veterans' Dinner from 4 to 9 p.m. Sept. 5. The dinner, held at Veterans' Memorial Hall, 1305 N. First St., offers an all-you-can-eat meal for \$12 per guest. Dishes include pork, oven-baked potatoes, corn and a roll. The bar opens at 4:30 p.m. with dinner served by 5:30 p.m.

For more information, visit American Legion Post 208's Facebook page or call 707-678-6308.

Pokémon Trading and Battle Day

Joystick Gaming Lounge is hosting a Pokémon-focused game day from 6 to 8 p.m. Sept. 6. Held at the lounge, 420 Gateway Drive, Suite C, the event offers participants the opportunity to learn how to play the Pokémon Trading Card Game, battle with other players and trade cards. The event is open to all ages and costs \$5 per person.

For more information, visit joystick-dixon.com or call 707-676-5697.

Movies in the Park Returns

The Movies in the Park series returns in September, beginning Sept. 13. Hosted by the City of Dixon in Hall Park, 450 Hall Park Dr., the event offers a night under the stars with friends and family. This year, Dixonites can vote for what movies play each night. Updates will follow soon, but listed dates include Sept. 13, Sept. 20, Sept. 27, Oct. 4 and Oct. 11.

For more information, visit the City of Dixon, CA Facebook page or call 707-678-7000.

Farmers' Fall Market

The Downtown Dixon Business Association (DDBA), in partnership with Dixon Library, is hosting Dixon Farmers' Fall Market from 5 to 7:30 p.m. every Wednesday beginning Sept. 3. Hosted in Women's Improvement Club Park next to the library, 230 N. First St., the event offers a wide variety of locally grown produce and vendors. The final Wednesday of the market is Oct. 22.

For more information, visit the Dixon Calendar and Events Facebook page or call 707-678-8400. ★

By Kendall Brown

DIXON, CA (MPG) - Two local organizations, Dixon Historical Society and Dixon Family Services, are ramping up fundraising efforts this fall to support community programming in Dixon.

The Dixon Historical Society, 125 W. A St., has launched its fall fundraising drive, intending to raise \$500 to support a series of October events. Planned activities include a Trick-or-Treat night in the downtown area, a ghost tour in collaboration with the Dixon Community Theater (date to be announced) and a spooky exhibit at the Dixon Museum.

For more information, visit dixonhistoricalsociety.org or call 707-693-3044. Community members are encouraged to contribute online at <https://givebutter.com/nU3NpU>.

Meanwhile, Dixon Family Services, 155 N. Second St., is preparing for its annual Comedy Night fundraiser from 6 to 10 p.m. Sept. 27. Hosted at the Olde

Vet's Hall, 231 N. First St, the event includes live comedy and a meal for \$65 per person, with proceeds supporting the organization's programs and services. Tickets are available and selling quickly.

Interested attendees can reserve tickets by calling 707-678-0442 or emailing Cookie Powell at Cookie@DixonFamilyServices.org. Payment options include cash, check or credit card, with the option to have tickets mailed or delivered.

For more information, visit dixonfs.org, call 707-678-0442 or email info@dixonfamilyservices.org. Online donations and ticket purchases can also be made at givebutter.com/DFSCComedyNight2025.

Dixon Family Services also extended thanks to its event sponsors, which include Kaiser Permanente, Bud's Pub & Grill, Travis Credit Union, Tully Consulting Group, California Water Service, Ron Dupratt Ford, Altec Industries and KUIU, alongside several local individuals. ★

Rotary Club Donates \$1,000



Operation Warm Heart is hosting a charity dinner, Beer: Bourbon: Bubbles: BBQ (B4), from 4:30 p.m. to 9 p.m. Sept. 27. Hosted at Cool Patch Pumpkins, 1825 Rehman Drive., the event offers a tri-tip dinner, a live and silent auction, live music by the Band of the Golden West and access to the pumpkin patch. Photo courtesy of Marc Monachello

By Kendall Brown

DIXON, CA (MPG) - The Dixon Rotary Club donated \$1,000 to Operation Warm Heart, a nonprofit organization dedicated to the well-being of Travis Air Force Base airmen and their families.

Dixon Rotary President Ben Voight (center) delivered this donation at the club's Aug. 13 meeting. Rotary Club meets every Wednesday at noon at the Venue, 160 W. A St. For more information about the club, visit dixonrotary.org or call 707-685-3870.

Operation Warm Heart is hosting a

charity dinner, Beer: Bourbon: Bubbles: BBQ (B4), from 4:30 to 9 p.m. Sept. 27. Hosted at Cool Patch Pumpkins, 1825 Rehman Drive, the event offers a tri-tip dinner, a live and silent auction, live music by the Band of the Golden West and access to the pumpkin patch. General admission is \$100 per person but active duty and military spouses pay \$75 per person. Proceeds benefit the Travis Air Force Base airmen.

For more information about the dinner, visit the Operation Warm Heart Facebook page or email traviswarmheart@gmail.com. ★

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Solano County HOME & GARDEN SHOW

DIXON FAIRGROUNDS
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The original host of HGTV's "Yard Crashers" will host demos/workshops and Q&A both Saturday and Sunday.

AHMED HASSAN
CELEBRITY LANDSCAPER

Annual Buddy Bash to Celebrate Teen Volunteers



Team Dixon will host its annual Buddy Bash from 3 to 6 p.m. Sept. 6. Hosted at 4640 Midway Road in Vacaville, the private event honors the teen volunteers, called "buddies," who support children and adolescents with special needs throughout the year. Photo courtesy of Team Dixon

By Kendall Brown

DIXON, CA (MPG) - Team Dixon will host its annual Buddy Bash from 3 to 6 p.m. Sept. 6.

Hosted at 4640 Midway Road in Vacaville, the private event honors the teen volunteers, called "buddies," who support children and adolescents with special needs throughout the year. According to Erica Hurtado, president of Team Dixon, the buddies are integral to the organization's success.

"Half of what makes Team Dixon successful is the buddies who support their special needs friends," Hurtado said. "They have busy schedules with school and sports, so we want to celebrate them so they know what they do matters."

The event will include a barbecue, swimming, buddy prizes and the Buddy Relay Challenge, a team-based race inspired by the show "The Amazing Race."

"We have buddies team up in a variety of games to

win prizes," Hurtado said. "We just kind of allow them to hang out and not have to be in charge of any of their special needs friends."

While the Buddy Bash is not open to the public, Dixon teens interested in volunteering can apply online at teamdixon.org or through the Dream Team Club at Dixon High School. The club helps organize events and promotes the program on campus.

"Buddies need to be 12 or older," said Hurtado. "There's a club fair coming up at Dixon High School where applications will be available."

For senior Jordin Callen, who has been a buddy for six years, the program has become a defining part of her high school experience.

"My favorite part about being a buddy is making new memories with all the special needs kiddos and making new friendships," said Callen. "Throughout my time in Team Dixon, I have gained many lifelong friendships and wouldn't

trade this experience for the world."

Callen, who also plays flag football, basketball and softball, co-leads the Dream Team with fellow senior Ava Brady. Both will attend the Buddy Bash on Sept. 6.

Brady joined Team Dixon in eighth-grade. Brady is currently involved with Future Farmers of America (FFA), played flag football and, outside of school, enjoys being outdoors. Brady loves hiking, fishing, hunting and camping.

According to Brady, joining Team Dixon has given her a new perspective.

"My buddy, Michael, has changed how I see things," said Brady. "He's so resilient, even when his sensory issues make it tough for him to communicate and that's really made me look at life differently."

Callen and Brady encourage other students to get involved.

"If you are hesitant to join Team Dixon, don't be," Callen said. "If you



The event includes a barbecue, swimming, buddy prizes, games and the Buddy Relay Challenge, a team-based race inspired by the show "The Amazing Race." Photo courtesy of Team Dixon



While the Buddy Bash is not open to the public, Dixon teens interested in volunteering can apply online at teamdixon.org or through the Dream Team club at Dixon High School. The club's co-leaders Jordin Callen and Ava Brady encourage any students interested to drop by during the club fair Sept. 10. Photo courtesy of Team Dixon

are worried about not being able to be here all the time, you can show up when you can."

Said Brady, "It's more than just a program; it's

like a family. I've made lifelong friends and meeting Michael has been the best part. He's taught me so much about autism and sensory issues, and he feels like

a little brother to me now."

For more information, visit teamdixon.org, follow Team Dixon on Facebook or email erica72hurtado@gmail.com. ★

Home Show Marks 10 Years



Live music will be performed throughout the day by Alan Solo Brownlee, a local musician who plays a variety of classic rock tunes. Photo courtesy of Solano County Home and Garden Show

Continued from page 1

Ahmed Hassan, former host of HGTV's "Yard Crashers."

According to Arzadon, Hassan is helpful. He first got involved with the Solano Home and Garden Show after Arzadon became aware that he was at other home and garden shows.

"He's community-driven and really connects with people," Arzadon said. "He loves doing events like this. His knowledge brings people in and they love interacting with him. He's such a great personality," Arzadon said,

Liza Abboud of El Rancho Nursery will also be in attendance to support Hassan and educate audience members on gardening practices.

"She and Ahmed work well together and they are great at educating people about what grows in Solano County. These demonstrations give people the opportunity to try out gardening, even if they're not sure where to start," Arzadon said.

Vendors and artisans from Dixon, Woodland and nearby towns will showcase home improvement products, landscaping services, handmade goods and specialty foods. Featured local businesses include Candle Down, Vanilla Bean Dream, Art by Diane, Jane's Rustic Ranch Soap, Vanderhoof Creations and

the Colomba Bianca Olive Oil Farm in Clements.

According to Arzadon, many vendors work together after meeting at these events.

"A lot of our vendors collaborate with each other, which makes it a stronger community," Arzadon said.

Families can expect free children's activities on Saturday, Sept. 20, including balloon animals and glitter tattoos from Hugz the Clown and the popular "Foamtastic" foam party hosted by Unforgettable Foamtastic.

"She fills the whole street with foam," said Arzadon. "It's hypoallergenic, environmentally friendly and the kids love running through it."

Attendance typically draws between 3,000 and 3,500 visitors over the weekend. Parking is free. General admission is \$8 per ticket with admission for seniors and military \$5 per person and free admission for children under 12.

"We also have coupons online," said Arzadon. "Just bring a water bottle, wear comfortable shoes and dress in layers. It can get hot in the afternoon."

The Dixon Fairgrounds is at 655 S. 1st St., Dixon.

For more information, visit solano-homeshow.com or call 707-655-8439. ★

Breast Cancer Foundation Exceeds Goal

Continued from page 1 support system offering direct assistance and education. The dinner began as a small gathering of friends and evolved into the foundation's primary annual fundraiser.

This year's location, Bella Vista Farms, was chosen for its accessibility and capacity to accommodate the growing number of guests.

"We started looking in January," said Rigdon. "After speaking to the owners, we loved the setup. It's a very easy place to get to."

Event proceeds help the foundation cover essential costs for breast cancer patients, including medical co-pays, transportation and temporary housing. In just the last six weeks, the group has supported three Dixon women.

Rigdon, a 22-year cancer survivor, emphasized the importance of community awareness and early contact with the foundation.

"Unfortunately, we tend to get people when they are already in crisis," said Rigdon. "Our goal is to take the immediate financial concern off their plate."

The Solano Midnight Sun Breast Cancer Foundation also sponsors free mammograms for underinsured individuals and has sponsored more than 1,000 mammograms in eight years. According to Rigdon, mammograms cost



The Solano Midnight Sun Breast Cancer Foundation hosted its annual "Under the Valley Moon" lobster charity dinner from 5 to 9 p.m. Aug. 23. Held at Bella Vista Farms, 7106 Rio Dixon Road, the event drew more than 200 attendees. Foundation president Barbara Rigdon (right) considers the event the organization's main fundraiser. Photo courtesy of Barbara Rigdon

between \$300 and \$500.

The foundation also offers year-round support through its board of six volunteers. Local businesses have also contributed, including Recology, whose "Pink Toter" trash bin program raised \$12,000 this year.

"If you want an easy way to help, rent a pink toter from Recology. It is \$200 a year and we get 100% of the proceeds.

One of our goals this year is to increase the amount of pink toters in Dixon," Rigdon said.

Residents interested in volunteering or donating or want more information can visit online solano-midnightsun.org or email Rigdon at barbara_rigdon@icloud.com.

"We can't stop breast cancer but we can make life easier for those fighting it," Rigdon said. ★

Kings Korner

By V.G. Harris



Riley Reviews

US OPEN TENNIS CELEBRATES ITS HISTORY AND THE GAME

**A Special Article
by Tim Riley**

There are many good reasons to attend the first week of the US Open Tennis Tournament, the final leg of the world tour of professional tennis' Grand Slam, in the New York City neighborhood of Flushing Meadows.

The ticket prices for early rounds are more affordable, if not exactly inexpensive, than the quarterfinals, semifinals, and finals, and a grounds pass is a better bargain as it gets you everywhere except the main stadium of Arthur Ashe.

In my opinion, the cozier Louis Armstrong Stadium is an even better place to watch tennis than its larger cousin, and excellent matches get scheduled there, such as Ben Shelton's third round match with Adrian Mannarino of France (more on that later).

Aside from relative affordability, the best thing about the first week is the opportunity to see all 128 men and 128 women play before their ranks dwindle after each round of elimination play.

Opening night at the Open, which this year happened on a Sunday, highlighted the theme of "Celebrating Breaking Barriers," in recognition of the 75th anniversary of Althea Gibson doing just that at the 1950 U.S. National Championships (forerunner of the US Open).

Gibson changed the tennis landscape as the first African American to compete in four major championships, achieving this feat in a style and grace reminiscent of Jackie Robinson.

Winning several titles during her career, Gibson is memorialized by a large sculpture on the grounds, with her words "I hope that I have accomplished just one thing: that I have been a credit to tennis and my country" etched on a marble slab.

Entering the tournament, the good news was forty-eight Americans (25 women and 23 men) were set to compete in the singles main draws, which is the most American participants in that category since 51 in 1997.

Andy Roddick was the last American male to win the Open in 2003, followed later by Coco Gauff winning the women's title last year. The highest seeded American woman this time is Coco Gauff (ranked No. 3) and for the men Taylor Fritz comes in as No. 4-seeded.

American women Jessica Pegula, Madison Keys and Emma Navarro, along with Gauff, are seeded in the top ten. For American men, only Ben Shelton joins Taylor Fritz in the top ten.

Seeded No. 6, Ben Shelton had a most interesting third round match with Adrian Mannarino. They exchanged matching sets, with Shelton winning the first by 6-3, and then losing the second set by identical 6-3, then winning the third set 6-4 and losing the fourth set 6-4.

Sadly, a shoulder injury forced Shelton to retire. At a post-match press conference, Shelton admitted to having high pain and said, "I never retired before. I'm not a guy who would retire if I could continue."

An uglier situation faced American

Taylor Townsend (ranked No. 143) in her winning second round match with Latvian Jelena Ostapenko, who derided Townsend by saying she had "no class" and "no education." Townsend later said that she lets her racquet do the talking.

Rudeness is nothing new at the US Open. Roughly forty years ago, John McEnroe won many Grand Slam titles but became most infamous for his on-court tantrums and insults hurled at the opponent, chair umpires, and even bystanders.

Unlike prime American sports like baseball and football, professional tennis should, and often does, operate at a more elite level reflecting how the US Open Tennis Tournament caters to an upper-crust crowd.

Nothing says the US Open operates at a higher plane than having a concession stand for Moët & Chandon champagne where a flute goes for \$32, a price gratefully unchanged from last year.

Food options range from high-priced restaurants inside Arthur Ashe Stadium to the eclectic mix of concession stands in the outdoor Food Village. A single scoop of ice cream at Van Leeuwen would set you back more than ten bucks.

More intriguing food selections were found at Coqodaq, which last year was only available to those lucky or wealthy enough to enjoy the courtside seats located at the expensive Club Level of Arthur Ashe.

Coqodaq offered a six-piece set of chicken nuggets with caviar for \$100 and a six-piece set of chicken nuggets with black truffle at the same price.

Interestingly, the menu at the Food Village stand did not include the extravagant caviar and black truffle offerings, and yet they were available upon request. According to a staff member, these pricey options were known as part of their "secret menu."

Carnegie Delicatessen, which long ago closed its main location in Manhattan, lives on at the US Open, along with a branch at Madison Square Garden. Once the most famous deli in New York, the classic hot pastrami sandwich can be had for only \$30, or save a buck with the hot corned beef.

Fine dining is not the reason to go to the Open. Getting a chance to see the top male players dominate in early rounds was exciting enough. Italy's Jannik Sinner, ranked No. 1, and Spain's Carlos Alcaraz, ranked No. 2, looked unstoppable, and may well face other in the final.

Serbian Novak Djokovic, a veteran at 38 years old, took less than 24 minutes to demolish American Learner Tien 6-1 in the first match. It will be interesting to see how far he goes.

As for American women, Jessica Pegula at the age of 31 cruised through a third-round victory, as did Coco Gauff. Unfortunately, Madison Keys, seeded No. 6, lost a tight battle with Mexico's Renata Zarazua in the first round.

Whatever happens as the US Open marks its conclusion on Sunday, September 7, 2025, the matches on ESPN, ESPN2, and ABC will offer thrills that could become historic. ★

How much does an NBA team mean to a city? Just ask the residents of Seattle Washington that question.

In 2008 the Seattle SuperSonics ceased to exist and overnight became the Oklahoma City Thunder. That's right, the Oklahoma City Thunder that just hoisted the Larry O'Brien trophy and became the reigning NBA champs.

I wonder how many Seattle residents could even watch the finals on TV.

Ever since that ominous decision was made, Seattle has been knocking on the door of the commissioner's office, demanding that the NBA give back what was taken from them. Allow Seattle an expansion team, because with a degree of certainty the NBA is going to expand, and don't be surprised if Seattle doesn't get their wish.

That very same city came within a gnat's eyelash of taking the Kings from Sacramento to Seattle in 2013, and it may well have happened had commissioner David Stern not stepped in, along with the help of then city mayor Dennis Johnson.

It took a change in ownership and the building of the Golden One Center to keep the Kings in Sacramento, and Vivek Ranadive suddenly stepped into the picture.

The Sacramento fans have been largely appreciative of Ranadive, and have shown a high degree of patience, having only tasted the playoffs one time since he took over the team.

But over a decade has passed, and basketball fans want what the Oklahoma City Thunder have, a championship team. At the very least a team that can be counted on to make the playoffs every year.

This year's draft portents a favorable outcome, as both Nique Clifford and big man Maxime Raynaud displayed skills in the NBA summer league that gave Kings fans good reason to be excited.

Few NBA teams in history have had a less favorable draft history than the Sacramento Kings, and it's become a moniker that the team and fans alike would like to kick.

Why do some franchises have such consistent success drafting players, why other teams seem to struggle.

In the case of Sacramento Kings, it's likely you need to look no further than the owner himself.

Vivek Ranadive has been a savior to the city and for that he deserves praise. But when it comes to assisting with draft selections, most fans would like Vivek to find something else to do.

The ominous Marvin Bagley III selection was not so long ago, and as most fans know, Luca Doncic was overlooked by the Kings, only to be drafted by the Atlanta Hawks one pick later. Inexplicably, Atlanta traded Doncic to the Dallas Mavericks immediately, demonstrating that Sacramento is not the only franchise that has difficulty judging talent.

But looking back won't help the Sactown boys today, as new head coach Doug Christie has a big job ahead of him.

If we are to listen to the pundits, the Sacramento Kings will be lucky to win 30 games, and that I say, bunk!

Dennis Schroder has yet to make a single assist, and I expect Schroder to join this talented group of players and be the ball distributor that Scott Perry believes he can be.

Sacramento's starting five will stand up to any team in the NBA, and the real question remains how strong the bench will be, and how much can they be counted on to contribute every night.

OKC just provided an illuminating script to show what a championship bench looks like, and its high time the Kings paid attention to how championship teams get things done.

I believe that the Kings have a trove of young talent, and the question is whether Doug Christie can be both teacher and coach.

If Doug Christie can find a way to add 10 bench points per game, look for the pundit's predictions to go out the window.

Last season's bench scoring of 26 points per game won't get it done, but 35-40 would be an instant game changer for Sacramento.

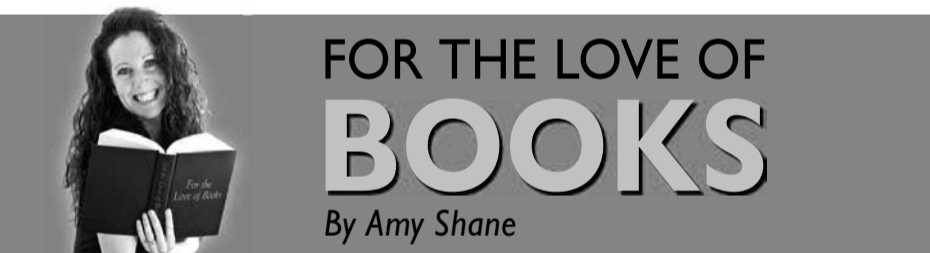
Where will this extra scoring come from? I hope Isaac Jones and Nique Clifford will help us get there, but I'm reminded that trade rumors may not just be rumors.

The Kuminga trade is not entirely dead, and Russell Westbrook remains a free agent with a lot of gas left in his tank.

By all means, do not give up hope Kings fans, because Scott Perry has yet to fully strut his stuff. We may hear something very soon!

All the best!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★



FOR THE LOVE OF
BOOKS
By Amy Shane

BOOK REVIEW & SPECIAL EVENTS EDITOR • ✉ amy-shane@att.net • 📷 [amy_fortheloveofbooks](https://www.instagram.com/amy_fortheloveofbooks)

The House With No Keys

(The Delta Games #2)

by Lindsay Currie

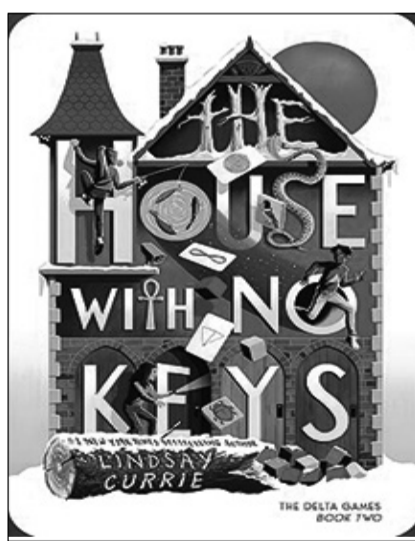
The Deltas Return in a new high-stakes mystery house challenge, but this time, there is so much more at stake.

The "Deltas," Sarah, West, and Hannah, are not just any trio. They are masters of escape rooms, famously known for solving the Triplet Treasure, which led to the creation of the wildly popular Escape House- The Delta Game. Now, they face their biggest challenge yet- The Mystery Mansion, a new fun house, that threatens the success of The Delta Game.

When a mysterious invitation arrives, inviting them to test the house on opening day, Sarah, West, and Hannah are undeterred. They know they must investigate this new threat, and they plan to do it then only way they know how- the Delta way. The \$10,000 prize only adds to their determination.

Conflicted about not wanting to be seen in their competition's fun house, but also wanting to check out their competition, and winning the prize money, The Deltas know they have to act. The moment they enter, they quickly realize that The Mystery Mansion will be more challenging than they could have ever expected, and it's not just the mansion, but also their own fears. The Mystery Mansion advertises that it is the biggest, best, and filled with high-tech challenges, but nothing prepared them for what lay ahead.

Once they enter the fun house, a whole

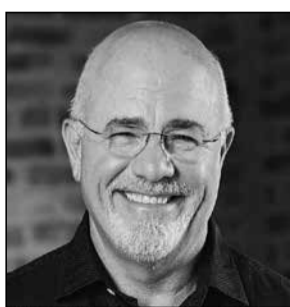


◆ Publisher: Sourcebooks Young Readers
◆ Intended Audience: Middle Grade (Ages 8-12)
◆ Release Date: Sept. 30, 2025

new world of challenges and puzzles opens up before them, but their biggest challenge might be facing their own fears. Pretty soon, the Deltas realize there is more at stake than just the prize money; there might be an ulterior motive to try to doom the Delta Game once and for all. Will this be the Delta's downfall, or will their unbreakable bond see them through to save The Delta Game?

The return of the high-stakes fun house adventure, reminiscent of The Goonies, meets Escape from Mr. Lemoncello's Library, makes this book this season's middle-grade mystery adventure a must-read. The House with No Keys is the perfect mystery adventure for today's reader that combines real-life events and problems with high-caliber riddles and clues that will stump even the most experienced escape room player.

This second book in the series holds its thrilling adventure tempo throughout, with no detail left unturned. Lindsay Currie delivers a fast-paced, high-tempo book that will keep readers engaged throughout, as they try to uncover the mystery for themselves. Once again showing that every item is a clue, and every clue is its own riddle, proving that the impossible is truly impossible if you work together as a team. This book is sure to be a top read of the season, proving that adventure, friendship, and solving mysteries are still the winning combination. ★



Dave Ramsey

Dear Dave,

I'm trying to get out of debt and start handling my money better. Should lower the amount I'm contributing to my 401(k) so I can pay off my car and house faster?

– Austin

Dear Austin,

I'm trying to get out of debt and start handling my money better. Should lower the amount I'm contributing to my 401(k) so I can pay off my car and house faster?

Austin

Dear Austin,

I can tell you're excited about the idea of getting out of debt. And that's a good thing! But I don't want you to get ahead of yourself when it comes to gaining control of your finances.

Here's my Baby Steps plan. The first thing you

Dave Ramsey Says

The Tortoise and the Hare

should do is set aside a beginner emergency fund of \$1,000. That's Baby Step 1. Next comes Baby Step 2, which means paying off all your debt, except for your house. This would include your car. During this time, you should temporarily stop any kind of investing and retirement contributions, so you can attack your debt with a vengeance.

Once your mortgage is the only debt you have, it's on to Baby Step 3. This means you start saving money to grow your beginner emergency fund into a fully-funded emergency fund of three to six months of expenses. After that, it's on to Baby Step 4, which is investing 15 percent of your pre-tax income for retirement. In your case, that would mean re-starting contributions to your 401(k).

The rest of the plan goes like this. Baby Step 5 is

putting money into your kids' college funds, if you have kids. Baby Step 6 is focusing on paying off the house early, and then comes the real fun. Baby Step 7 is where you build wealth and give like crazy.

It may take a little time in some cases, but there are millions of people out there who will tell you this—following the Baby Steps works!

– Dave

Dave Ramsey is an eight-time national bestselling author, personal finance expert and host of The Ramsey Show. He has appeared on Good Morning America, CBS This Morning, Today, Fox News, CNN, Fox Business and many more. Since 1992, Dave has helped people take control of their money, build wealth and enhance their lives. He also serves as CEO for Ramsey Solutions. ★

California Congressman Invites Students to Compete



Rep. Mike Thompson
Courtesy photo

**Office of Mike Thompson
News Release**

WASHINGTON, D.C. (MPG) - Rep. Mike Thompson (CA-04) has announced the annual Congressional App Challenge is back for 2025 and applications are open.

All middle and high school-aged students in the Fourth Congressional District are invited to participate and learn

to code, regardless of experience.

“Learning how to design and create for the 21st Century is a critical part of ensuring our young people are prepared to meet the challenges of the future. That’s why I am glad to announce my 2025 Congressional App Challenge, a competition I sponsor each year to encourage our young people to imagine and

develop an app,” said Thompson. “Every year I am so excited to see what our students create and recognize the next generation of coding talent. I encourage all eligible students to compete!”

Deadlines for applications is 9 a.m. Oct. 30 for students to register and submit their app online. November will be the judging period and winners will be announced

in December.

The winning app will be displayed in the U.S. Capitol and shown on House.gov. The winners will be invited to #HouseOfCode, and more prizes might be announced at a later date. Direct any questions to Rep. Thompson’s Napa office by calling 707-226-9898.

For more information, visit congressionalappchallenge.us.

Mike Thompson represents California’s 4th Congressional District. The district includes all or parts of Lake, Napa, Solano, Sonoma and Yolo Counties. He was first elected in 1998. Prior to serving in Congress, Thompson represented California’s 2nd District in the California State Senate, where he chaired the powerful Budget Committee. ★

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FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001146
The following persons are doing business as: Bay Area General Contractors Inc, Bay Area Painting Inc, Arnoldo’s All Phase Construction Services Inc, Shape General Contractors Inc, 126 Bret Harte Way, Vallejo, CA 94589. Bay Area Painting Inc, 126 Bret Harte Way, Vallejo, CA 94589. Date filed in Solano County: July 24, 2025. The Registrant commenced to transact business under the above business name on: July 24, 2025

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration July 23, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 15, 22, 29 Sept 5, 2025
LD 9-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001201
The following persons are doing business as: GOODJUJU, 709 Capricorn Circle, Fairfield, CA 94533. Jutin Dee Long, 709 Capricorn Circle, Fairfield, CA 94533. Date filed in Solano County: August 4, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 3, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 15, 22, 29 Sept 5, 2025
GOOD 9-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001219
The following persons are doing business as: LD Cycle, 1021 Mason Street, Suite 9, Vacaville, CA 95688. Craig Damman, 1021 Mason Street, Suite 9, Vacaville, CA 95688. Date filed in Solano County: August 7, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant

to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 6, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 15, 22, 29 Sept 5, 2025
LD 9-5-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001226
The following persons are doing business as: Marler Home Repair & Renovations, 1820 Dailey Drive, Dixon, CA 95620. Benjamin Wayne Marler, P.O. Box 1015, Dixon, CA 95620. Date filed in Solano County: August 8, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 7, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 22, 29 Sept 5, 12, 2025
MARLER 9-12-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001169
The following persons are doing business as: Altec Industries Inc, 1450 N Street, Dixon, CA 95620. Altec Industries Inc, 210 Iverness Center Drive, Birmingham, AL 35242. Date filed in Solano County: July 29, 2025. The Registrant commenced to transact business under the above business name on: March 18, 1974

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration July 28, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 22, 29 Sept 5, 12, 2025
ALTEC 9-12-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001233
The following persons are doing business as: Burgerzone, 600 Kentucky Street #1001, Fairfield, CA 94533. Cisneros Inc, 600 Kentucky Street #1001, Fairfield, CA 94533. Date filed in Solano County: August 11, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name

Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 7, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 22, 29 Sept 5, 12, 2025
BURGERZONE 9-12-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001263
The following persons are doing business as: Surpass Estate Group, Norcal Home Team, 4160 Suisun Valley Road #A, Fairfield, CA 94534. Navigate RE Co., 4160 Suisun Valley Road #A, Fairfield, CA 94534. Date filed in Solano County: August 13, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 12, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
SURPASS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001262
The following persons are doing business as: Delta Realty Group, Navigate Property Management, Navigate RE, Navigate Real Estate, Delta Property Management, 4160 Suisun Valley Road #A, Fairfield, CA 94534. Delta Realty Group, Inc, 4160 Suisun Valley Road #A, Fairfield, CA 94534. Date filed in Solano County: August 13, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 12, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
DELTA 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001241
The following persons are doing business as: Wedgewood

Wedding & Banquet Center, Wedgewood at Jefferson Street Mansion, 1063 Jefferson Street, Benicia, CA 94510. Z Golf Food & Beverage Services, LLC, 43385 Business Park Drive, Suite 120, Temecula, CA 92590. Date filed in Solano County: August 12, 2025. The Registrant commenced to transact business under the above business name on: December 1, 2016

This Business is conducted by: Limited Liability Company. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 11, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
WEDGEWOOD 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001242
The following persons are doing business as: Jefferson Street Mansion By Wedgewood Weddings, 1063 Jefferson Street, Benicia, CA 94510. Wedgewood Beverage, Inc., 43385 Business Park Drive, Suite 120, Temecula, CA 92590. Date filed in Solano County: August 12, 2025. The Registrant commenced to transact business under the above business name on: October 1, 2018

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 11, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
JEFFERSON 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001243
The following persons are doing business as: Wedgewood Wedding & Banquet Center, Wedgewood at Jefferson Street Mansion, 1063 Jefferson Street, Benicia, CA 94510. Wedgewood Beverage, Inc., 43385 Business Park Drive, Suite 120, Temecula, CA 92590. Date filed in Solano County: August 12, 2025. The Registrant commenced to transact business under the above business name on: December 1, 2016

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement

must be filed before the expiration August 11, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
BANQUET 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001298
The following persons are doing business as: CruzCutz, 1809 Rhine Court, Fairfield, CA 94533. Mario Alberto Cruz Gonzalez, 1809 Rhine Court, Fairfield, CA 94533. Date filed in Solano County: August 20, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 19, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
CRUZ 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001297
The following persons are doing business as: Immacutint, 53 Commerce Place, Vacaville, CA 95687. Wesley Edward Smith, 513 Countryside Drive, Vacaville, CA 95687. Date filed in Solano County: August 20, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: An Individual. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 19, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
IMMACUTINT 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001240
The following persons are doing business as: Jefferson Street Mansion by Wedgewood Weddings, 1063 Jefferson Street, Benicia, CA 94510. Z Golf Food & Beverage Services, LLC, 43385 Business Park Drive, Suite 120, Temecula, CA 92590. Date filed in Solano County: August 12, 2025. The Registrant commenced to transact business under the above business name on: October 1, 2018

This Business is conducted by: A Limited Liability Company. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years

from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 11, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: August 29, Sept 5, 12, 19, 2025
MANSSION 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FILE NO. 2025001308
The following persons are doing business as: Shuri Path, 1680 North Lincoln Street, Dixon, CA 95620. Ramtown Karate Boosters Club, Inc., 1680 North Lincoln Street, Dixon, CA 95620. Date filed in Solano County: August 21, 2025. The Registrant commenced to transact business under the above business name on: N/A

This Business is conducted by: A Corporation. NOTICE: In Accordance with subdivision (a) of section 17920 A Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the county clerk, except as provided in subdivision (b) of section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of registered owner. A new fictitious Business name statement must be filed before the expiration August 20, 2030. The filing of this statement does not itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under federal, state, or common law (see section 14411 ET SEQ., business, and professions code.)
Publish: September 5, 12, 19, 26, 2025
SHURI 9-26-25

ORDER TO SHOW CAUSE CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA COUNTY OF SOLANO ORDER TO SHOW CAUSE CHANGE OF NAME CASE #CU25-07332
Janae Chadwick filed a petition with this court for a decree changing names as follows: Kaylee Mae Hansen to Kaylee Mae Hansen-Chadwick. THE COURT ORDERS that all persons interested in this matter shall appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing. October 15, 2025, 9:00 a.m. Department 3, Room 3, Superior Court of California, County of Solano, Old Solano Court House, 580 Texas Street Fairfield, CA 94533 Judge of the Superior Court: Christine A. Carringer
Dated: August 20, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CHADWICK 9-19-25



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Having Sense of Purpose Helps Reduce Dementia Risk

University of California, Davis Health News Release

SACRAMENTO REGION, CA (MPG) - Research into Blue Zones, regions of the world where people tend to live longer, shows that having a sense of purpose in life could help people live longer.

Now, new research from University of California, Davis shows that having a sense of purpose in life could have another benefit as people age: reducing the risk of dementia.

The new study, published in The American Journal of Geriatric Psychiatry, followed more than 13,000 adults aged 45 and older for up to 15 years.

Researchers found that people who reported a higher sense of purpose in life were about 28% less likely to develop cognitive impairment, including mild cognitive impairment and dementia.

The protective effect of having a purpose was seen across racial and ethnic groups. It

also remained significant even after accounting for education, depression and the APOE4 gene, which is a known risk factor for Alzheimer's disease.

"Our findings show that having a sense of purpose helps the brain stay resilient with age," said Aliza Wingo, senior author and professor in the UC Davis Department of Psychiatry and Behavioral Sciences. "Even for people with a genetic risk for Alzheimer's disease, sense of purpose was linked to a later onset and lower likelihood of developing dementia."

Participants were not specifically asked about the activities that gave their life purpose. Previous studies on aging, though, have found a wide range of activities give older adults a sense of life purpose, sometimes referred to as "ikigai." These include relationships caring for family, spending time with grandchildren or supporting a spouse or friend; and working, mentoring

or contributing/volunteering to community causes. Also included are religious beliefs, spiritual practices or involvement in faith-based communities; pursuing hobbies, learning new skills or setting and achieving personal milestones; and helping others through acts of kindness, philanthropy, caregiving or advocacy work.

Researchers also found that people with higher purpose tended to experience cognitive decline later than those with lower purpose. On average, the delay in onset was very modest, about 1.4 months over an eight-year period, after considering the effects of age, education, depressive symptoms and genetic risk. However, it is meaningful when compared to current treatments.

"While medications like lecanemab and donanemab can modestly delay symptoms of cognitive impairment in Alzheimer's disease, they come with risks and costs," said Nicholas C. Howard, first author

and public health researcher at UC Davis. "Purpose in life is free, safe and accessible. It's something people can build through relationships, goals and meaningful activities."

Participants in the study were part of the Health and Retirement Study, a nationally representative survey funded by the National Institute on Aging. All had normal cognitive health at the beginning of the study.

Researchers used a seven-item survey from the Ryff Measures of Psychological Well-being. Participants had six possible responses (from "strongly agree" to "strongly disagree") for statements such as: "I am an active person in carrying out the plans I set for myself" and "I have a sense of direction and purpose in my life." Their answers were scored and averaged to obtain a well-being number between 1 and 6, with higher values indicating a strong sense of purpose in life.

Their cognitive health was

tracked using a telephone-based test every two years.

The researchers noted the study has many strengths, including the size of the population studied. However, a key limitation is that the study did not prove higher levels of purpose caused the lowered rates of dementia, although there was an association.

Still, the findings support the idea that psychological well-being plays a key role in healthy aging, according to Thomas Wingo, a co-author of the study and a professor and neurologist at UC Davis Health. Wingo hopes that future studies will explore whether purpose-building interventions can help prevent dementia.

"What's exciting about this study is that people may be able to 'think' themselves into better health. Purpose in life is something we can nurture," Wingo said. "It's never too early or too late to start thinking about what gives your life meaning." ★

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CLUES

ACROSS
1. "Call of the Wild" dog
5. Lightning McQueen, e.g.
8. Island near Java
12. Popular hairdo in the 1960s and '70s
13. Governmental space agency, acr.
14. Meat in a casing
15. Larry Bird's target
16. Narrative poem
17. Richard Bachman to Stephen King
18. "Sherman's Mr. ____"
20. Fence plank
21. Small jar
22. FedEx competitor
23. "Tabaqui of 'The Jungle Book'"
26. Most vital part
30. a.k.a. Home of the Brave
31. Bewilder
34. Y'all
35. Phonograph media
37. Williams sister's return
38. "Two mints in one" classic mints
39. Celt
40. Red carpet suit
42. Pirate's turf
43. Flag on a ship, pl.
45. Solar system model
47. Like a fiddle
48. Sweating room
50. Chesterfield, e.g.
52. "National Crime Prevention Council's mascot"
54. "The Martian" (2015) actor Matt ____
55. Verbal exam
56. Half-man, half-goat
59. Deflect
60. Charge a tax
61. Division word
62. Darn a sock, e.g.
63. Bo Peep follower
64. Long, long time

DOWN
1. Scrooge's exclamation
2. E.T. transporter, e.g.
3. Photo editing option
4. 1/100th of a ruble
5. Mafia's top dogs
6. "All joking ____"
7. Risu
8. "Target's mascot"
9. "Si, mi chiamo Mimi" in La Boheme, e.g.
10. Law school test acronym
11. "____ a Wonderful Life"
13. Interstellar cloud
14. Flying stingers
19. Omani and Yemeni
22. Consume
23. TV Judy's title
24. Of the Orient
25. Lawyers' loads
26. Major European river
27. Relating to Scandinavia
28. Like a button, but more so
29. English homework
32. Swine and avian diseases
33. "Maid Marian of Disney's 'Robin Hood' movie (1973)"
36. "The Big Red Dog"
38. ____ copia
40. Blast maker, acr.

CROSSWORD

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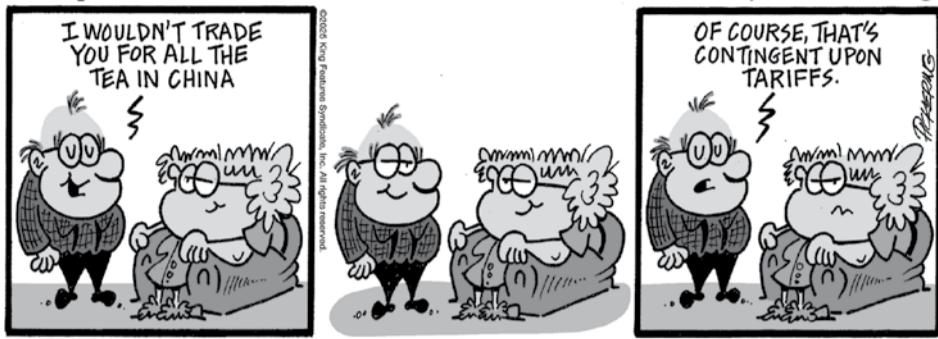
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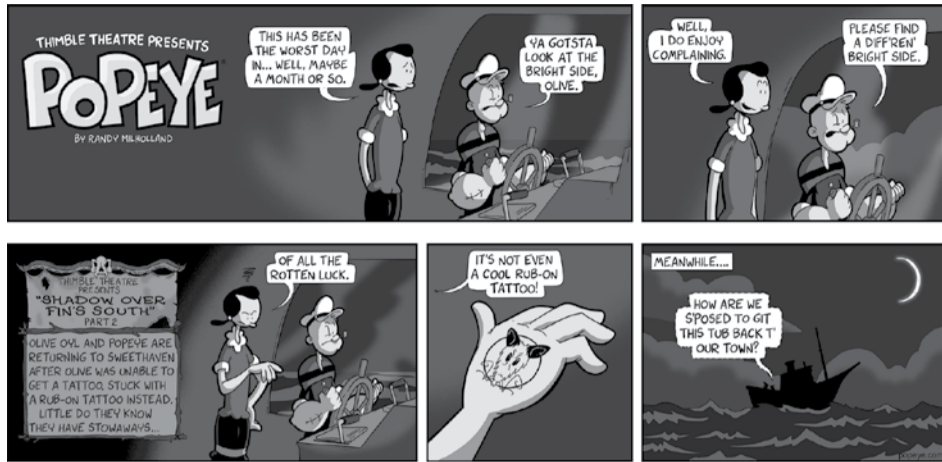
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COMICS & PUZZLES

The Spats



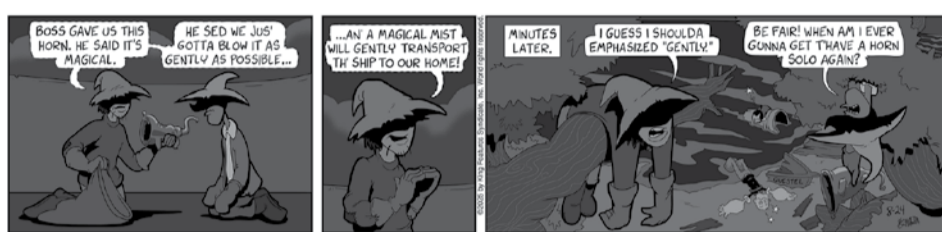
by Jeff Pickering



Amber Waves

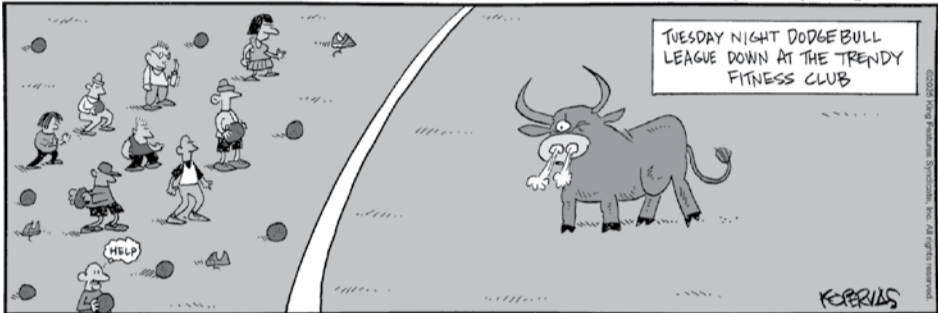


by Dave T. Phipps

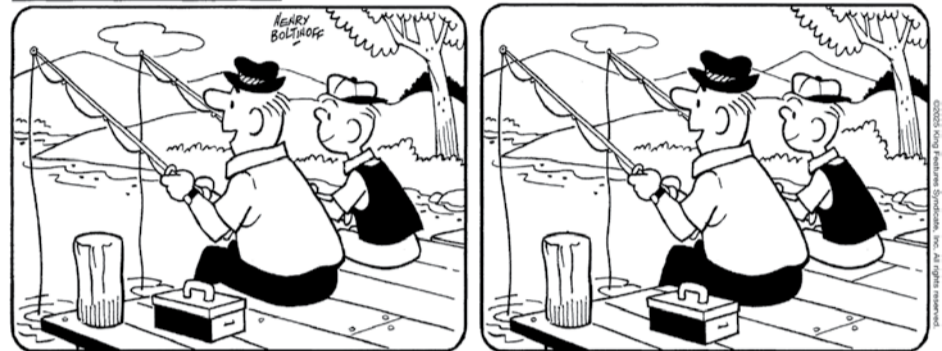


HOCUS-FOCUS BY HENRY BOLTINOFF Find at least six differences in details between panels.

Out on a Limb

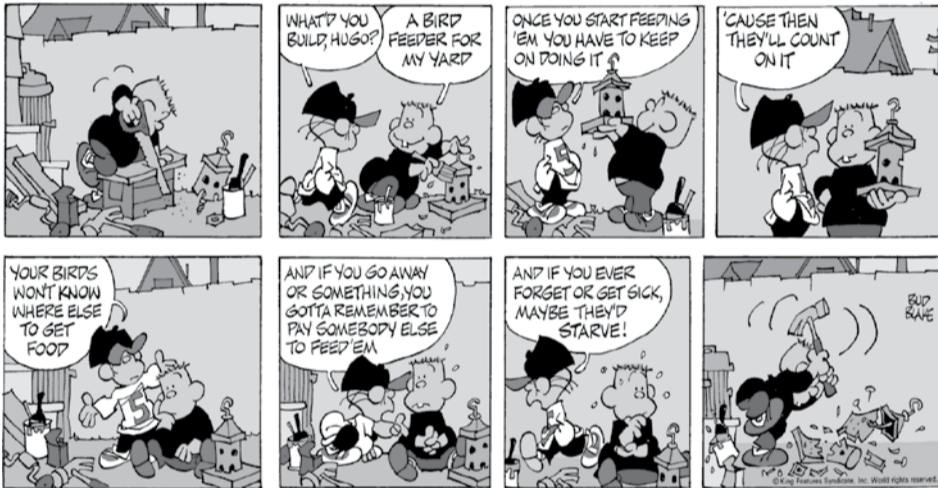


by Gary Kopervas



GRIN AND BEAR IT Just Like Cats & Dogs by Dave T. Phipps

TIGER



by BUD BLAKE



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Community Calendar

Ongoing Activities:

Alcoholics Anonymous

– If you want to drink, that's your business. If you want to stop drinking, we can help. Call Alcoholics Anonymous at 800-970-9040 for either local meeting information or to speak to someone.

American Legion Dinners – Every Friday night at the Veterans Memorial Hall, 1305 N. First St. Prices range from \$12 to \$17 depending on menu. Live music every Friday. Live band first and third Fridays.

Bingo – Is played every Monday and Wednesday at the Senior/Multi-Use Center, 201 S. 5th St., beginning at 12 p.m. Call 707-678-7022 for more information.

Friendship Services of Solano County – Do you spend a lot of time alone? Would you like a telephone companion? Call Friendship Service at 707-644-9062 x242 or 707-644-8909 and ask Cyndi about becoming a client. It's free. A program of Catholic Social Services. A provider of the Napa-Solano Area Agency on Aging. Email: friendship@csssolano.org.

Meals on Wheels – Homebound seniors can receive meals delivered to their homes by calling 707-425-0638. Lunch also served at the Dixon Senior Center, 201 South 5th St. at 11:30 a.m. M-F. Reservations required – call 707-425-0638 one day in advance.

Regular Meetings:

Al-Anon – Family and friends of alcoholics can get support through Al-Anon, which meets Mondays, 7 to 8 p.m. at the United Methodist Church, 209 N. Jefferson St.

American Legion – Dixon Post 208 meets at 7 p.m. on the first Wednesday of each month at the Veterans Memorial Hall, 1305 N. First St.

For information, call 707-678-6308. Also visit us online at www.dixonveterans.org/Legion.

American Legion Auxiliary – Dixon Post 208 meets at 6 p.m. on the first Wednesday of each month at the Veterans Memorial Hall, 1305 N. First St.. For information, contact Pat Holland (President) at 707-678-3685 or Leah Marlin (Vice President) at 530-304-5385. Visit us online at www.dixonveterans.org/Legion.

Anderson PTO – Meets monthly at 7 p.m. at Anderson Elementary School, 415 East C St. Email andersonroadrunnerspto@gmail.com for dates.

Bids For Kids – Is a volunteer organization created to promote and foster youth participation in agriculture. Anyone interested in this endeavor is welcome and encouraged to attend our monthly meeting. Meetings are held every third Thursday of the month. For more information, please contact secretary, Lisa Dage at 707-246-5623, fivedages@sbcbglobal.net or president, James Fuller at 916-952-0167, jameskfuller@yahoo.com.

Boy Scout Troop 152 – Meets Tuesdays, 7 to 8:30 p.m., in the Social Hall at United Methodist Church, 209 North Jefferson. Scouts is for boys 11 to 18 years old. Contact Matt at 707-685-1750 or email scoutmaster@troop-152dixon.com for more information. Check us out on the web @ troop-152dixon.com.

Chief Solano Kennel Club, Inc. meetings – at 7:30 p.m. on the first Thursday at the Elmira Fire Station. Call Linda at phone below to RSVP. Open to everyone. No July meeting. For info call 446-7492 or visit www.chiefsolanokennelclub.org.

Chief Solano Kennel

Club, Inc. classes – Puppy Socialization 6:20 to 6:50 p.m. (4 to 12 mos), Beginning Obedience 7 to 7:40 p.m. (4 mos & older) indoor training classes on Wednesdays at the Elmira Fire Station, as well as Conformation classes at 7:50 to 8:30 p.m. for those who show dogs or are interested in showing their dogs. Classes are open to everyone and their canine companions. Classes are not appropriate for aggression issues. Discounts for Seniors 55 and over, Juniors under 16, and those who have adopted a dog from the Humane Society, a breed rescue group, or your local shelter. Bring adoption certificate when you register. Visit www.chiefsolanokennelclub.org.

CITY OF DIXON: The following meetings are held in the Council Chamber at 600 East A St. The agendas are available before meetings at www.ci.dixon.ca.us. For further information, call 707-678-7000 and ask for the City Clerk's office, Planning Dept., Parks & Recreation Dept., or Transportation Dept.

City Council – Meets on the first and third Tuesdays of every month at 7 p.m.

Planning Commission – Meets the second Tuesday of every month at 7 p.m.

Parks & Recreation Commission – Meets the fourth Tuesday of every month at 7 p.m.

Transportation Advisory Commission – Meets the third Wednesday of every EVEN month at 7 p.m.

Dixon Adult Literacy Program – Solano County Library Adult Literacy Services is seeking volunteers to help an adult with their reading, writing, or English-speaking skills at the Dixon Public Library. No experience necessary, flexible hours. All

training and materials are provided. Contact: Literacy@solanocounty.com or 707-784-1526.

Dixon Boat Club – Meets first Thursday of the month. For more information, call Butch at 707-678-3622.

Dixon Downtown Business Association – Dedicated to enhancing the business environment and promoting the revitalization of downtown Dixon as the cultural center of the community. Merchant meetings are held on the first Thursday of the month at various locations. Log onto www.downtowndixon.ca.com, email DDROAC@yahoo.com, or call 707-678-8400 for more information.

Dixon Game & Conservation Club – Meetings on second Monday of the month at 6:30 p.m. at the Game Club Building on East Mayes. For more information, contact John Kett at 916-284-4683.

Dixon Historical Society – Meets quarterly on the third Sunday of Feb., Apr., Aug., and Oct. from 2 to 4 p.m. at the Dixon United Methodist Church Social Hall located at 209 N. Jefferson St. in Dixon. Meetings include a historical representation and announcements of upcoming events. Anyone interested in the history of Dixon, and its surrounding areas, is welcome! You do not need to be a member to attend, and all presentations are free to the community. The Dixon History Museum is open for visits, Thursdays 11 a.m. to 4 p.m., Fridays 11 a.m. to 2 p.m. and Saturdays 11 a.m. to 2 p.m. For further information, please contact us at www.dixonhistorical-society.org. Email dhs.dixonhistoricalsociety@gmail.com, or call 707-693-3044.

Dixon Kiwanis Club – an International civic organization serving the community through enhancing children's lives meets on the fourth Monday of each month at the Dixon Chamber of Commerce Conference Room. Call Kristin Janisch at 918-840-0785 for more information.

Dixon Lions Club – Since 1954, the Dixon Lions Club is a group of local people who identify needs within our Dixon community and work together to fulfill those needs. Internationally our 45,867 clubs & more than 1,347,322 members make us the world's largest service club organization. We meet first/third Wednesdays at Bud's Pub & Grill from 6:30 to 8:30 p.m. Website: <http://e-clubhouse.org/sites/dixonca>. Facebook page: Dixon Lions Club.

Dixon Rotary Club – Meets on most Wednesdays at noon at The Creative Space, 160 West A. St., Dixon. Rotary is the world's first and oldest service club organization with over 1.4 million members working locally and internationally to improve health and sanitation, combat hunger, provide education, and promote peace. For more information and meeting confirmation, contact Rotary President Marlene Vega at 707-678-9368.

Dixon Scottish Cultural Association – Open to anyone who

is interested in celebrating Scottish culture. Meetings are on the third Wednesday of each month at 7 p.m. at the American Legion Hall, 1305 N. First St. For details, visit <https://scotsindixon.us/>.

Dixon Senior Club – Meets the second Tuesday of each month from 11 a.m. to 12 p.m. at the Dixon Senior Multi-Use Center, 201 S. Fifth St. For more info, call 678-7022.

Dixon Toastmasters/Public Speaking Club – Need to speak in front of people? Want to improve your communication skills? Want to have fun learning? Check us out! We meet Mondays at 7 p.m. at the Living Hope Church. For more info, call or text Lynda Mendez at 530-665-0948 or Rose Cooke at 707-297-0918.

Dixon Women's Improvement Club – From September through May of each year, the Dixon Women's Improvement Club dedicated to the betterment of Dixon, meets on the third Wednesday of the month for stimulating presentations, activities, and friendships. Meetings are held at the Dixon United Methodist Church Fellowship Hall.

Dixon Youth Soccer Board Meetings – The board will meet the third Tuesday of each month, except for December, at the Sutter West Medical Center Conference Room, at 7 p.m.

Domestic Violence Support Group – Thursdays from 10 to 11 a.m. at SafeQuest Solano, 1234 Empire St., Fairfield. Info 707-422-7345.

Dry Dock – This Alcoholics Anonymous group meets Mondays, 7 to 8:30 p.m. and Saturdays, 10 to 11 a.m. at Dixon United Methodist Church, corner of B and N. Jefferson St.

Fairfield/Suisun Bass Reapers – Meets first Tuesday of each month at RoundTable Pizza, 5085 Business Center Drive, Fairfield. For more info, call 707-429-3239.

Friends of the Dixon Public Library – Meets at the library on the second Tuesday of the month at 5 p.m. For more information, call 707-678-5447.

Gretchen Higgins Parent Teacher Organization – We meet the second Monday of each month in the library at our school. Email ohpto1525@gmail.com for more information.

Independent Order of Oddfellows Montezuma Lodge #172 – Meets at 6 p.m. on the second and fourth Thursdays of the month at 111 West A. St., Dixon above Bud's. For more info, call Jason 530-400-0281 or Ed 916-837-6865.

Lambtown Committee – Meets third Monday each month at 6 p.m. at Veteran's Hall. Email John Knight at johnknightpto@gmail.com

Living With Cancer – Support Group for people who have or have had cancer meets the first, third, and fifth Tuesday of every month, 7 to 8:30 p.m., in the Dining conference room at Woodland Memorial Hospital, 1325 Cottonwood St., Woodland. Free.

Narcotics Anonymous – Open meetings are held every Tuesday, Thursday,

and Saturday from 7:30 to 8:30 p.m. at Dixon United Methodist, 209 N. Jefferson St. (Corner of West B and N. Jefferson). For helpline information and other meetings, go to www.napasolanona.org.

Northern Solano Democratic Club (NSDC) – Meets on the second Monday of the month at 7 p.m. at IBEW, 30 Orange Tree Circle, Vacaville (behind Home Depot). For more information, contact Jeanie White 615-260-7896 or email nsdc@gmail.com. Visit our Facebook page at www.facebook.com/northernsolanodem/.

NSDC Democrats in Action – Monthly lunch meeting is every fourth Thursday at noon at Fuso Italian Restaurant at 535 Main St., Vacaville. Meet to discuss actions that can be taken towards local, state, and national political issues. See above for contacts.

Promises AA Group – Meets Fridays at 7:30 p.m. at the United Methodist Church, 209 N. Jefferson St.

Sexual Assault Support Group – Tuesdays from 6 to 7 p.m. at SafeQuest Solano, 1234 Empire St., Fairfield. Info 707-422-7345.

Solano County Mental Health Education – Monthly presentations on various topics will be held on the fourth Thursday of each month from 6:30 to 8:30 p.m. at 2101 Courage Dr., Fairfield. Call Rachel Ford at 707-784-8362 for more information and monthly topic.

Sons of the American Legion – Meet every second Wednesday of the month at 7 p.m. at the Dixon American Legion Post 208 Hall. For information, call Wayne Holland at 707-301-0941.

Soroptimist International of Dixon – Meets Thursdays at noon at the Dixon United Methodist Church (20 N. Jefferson). Call President Barbara Rigdon at 408-306-7390. Mail: P.O. Box 472, Dixon, CA 95620.

36th District Agricultural Assn. – Board of Directors meet the second Wednesday of each month, 6 p.m. in the board room located at 655 S. First St. (Dixon May Fair)

Tremont Teachers and Parents Association – Meets the second Tuesday of every month at 6:30 p.m. in the Tremont School. For more information contact 678-9533.

Toastmasters – Meets every other Monday from 7 to 8 p.m. Contact Lynda Mendez at 530-665-0948 or email her at mendezlynda55@yahoo.com

Veterans of Foreign Wars (VFW) – Dixon Post 8151 meets at 7 p.m. on the third Wednesday of each month at the Olde Vets Hall, 231 N. First St. For information, contact Cecil Dennings (Commander) at 209-395-8019. Also visit us online at m.facebook.com/DixonVFW.

Young Ladies Institute of Dixon – Meets the third Thursday of the month at St. Peter's Parish Hall, 105 S. 2nd St. All Catholic women are invited to attend. For more information, call Virginia Fletcher at 678-5145. ★

Food & Farm NEWS

Almond Markets Jolted by Large Crop Forecast

After farming at a loss for as many as five consecutive years, California almond growers watched prices climb for much of the past year, promising a return to profitability. Then, right before harvest, the U.S. Department of Agriculture released an unexpectedly **high crop forecast** of 3 billion pounds. "That shocked the market," said Ali Amin, owner of Primex International Trading, a major nut exporter based in Los Angeles. Anticipating a glut, buyers pulled back, causing almond prices to drop nearly 20% overnight. The reaction erased roughly a billion dollars from the total crop value, and it eliminated the profit margin for many farmers. "You wake up at 5 in the morning and work until 10 at night, and you can't break even," said Jasbir Sidhu, who began harvesting almonds in Fresno and Madera counties the first week of August.

High Beef Prices Keep U.S. Cattle Numbers Low

The supply of cattle in the U.S. is historically low, and market dynamics for ranchers could sustain the trend for some time. With their animals earning **record-high prices**, ranchers are more inclined to sell calves for cash rather than keep them for breeding, growing the nation's herd. After drought annihilated their herds, many cow-calf operators are "finally getting out of the red a little bit," Calaveras County rancher Michael David Fischer said, and with current cattle prices "going absolutely crazy, it encourages them to sell." Abbi Prins, an industry analyst for CoBank in Minnesota, said she expects the size of the nation's beef cowherd won't

start to see signs of expansion until 2027 because it takes nearly two years for heifer calves born this year to produce their own calves.

Water Quality Panel Focuses on Agricultural Nitrogen Use

As California water officials consider new rules, farmer advocates are pushing back against strict **limits on how much nitrogen farmers can apply** to their crops. Kari Fisher, senior counsel and director of legal advocacy for the California Farm Bureau, said it is too soon to adopt nitrogen limits, as the industry is still gathering and evaluating data to develop realistic targets. "We have found that the one-size-fits-all nitrogen and application reporting requirements don't necessarily fit with how agriculture is grown in the state because of differences related to commodity type, where crops are grown and reliance on surface water versus groundwater and the like," Fisher said.

Report Examines How Farms Cope with Labor Shortages

Farm labor scarcity is a growing challenge for farmers, particularly in light of the Trump administration's goals for mass deportations. A new report from the University of California Giannini Foundation of Agricultural Economics suggests that **labor shortages** may force some California farmers to alter how they grow crops and manage workers by raising wages, changing cultivation practices, implementing labor-saving technologies and using farm labor contractors. If immigration enforcement targets undocumented farmworkers, California farmers are expected to adopt similar strategies, the report said. ★

Ask DR. UNIVERSE

Why do we have germs on our hands?

— Prince, Georgia

Dear Prince,

Germs are tiny organisms—also called microbes. They’re so small you have to zoom in with a microscope to see them. They can be bacteria, viruses, fungi or other teeny things. Some microbes make us sick. Some don’t bother us at all. Some help us out.

I talked about all that with my friend Eric Lofgren. He studies infectious disease at Washington State University.

He said there are two main reasons we have germs on our skin. We pick up some microbes from the environment. Some live on our skin all the time.

“The world is full of microbes,” Lofgren said. “They’re very successful organisms, so they’re everywhere.”

The germs we pick up come from nature or other people. We use our hands a lot, so that’s the most likely place for those microbes to encounter our skin.

We run into microbes when we dig in a garden, pick up rocks or splash in a river. There are even microbes floating around in the air. Some of them stick to our skin when we bump into them.

Sometimes we pick up germs from a sick person. Maybe they sneeze or cough. Microbes fly out with their snot or spit. They land on stuff or an unlucky person in the splash zone. Germs can also come off when the sick person touches something like a door knob. The next person that touches it might pick up those microbes.

We also encounter germs that normally live inside us, like in our guts. Those microbes help us digest food and stay healthy. Since they’re in our guts, they come out with poop. They can make us

sick if they move to a new place—like our mouths or eyeballs.

Luckily, soap and the motion of scrubbing our hands sends most of those microbes down the drain.

But some microbes live on our skin full time, including our hands. Those microbes need the same things we do: space, shelter, water and food.

“If you were living on a giant, where would you want to live?” asked Lofgren. “Their forearms or their belly button? The belly button is a nice, sheltered cave with nutrients and moisture.”

The microbes that normally live on our skin tuck themselves into creases and crevices, like the gaps between our skin cells. They chow down on tasty stuff on our skin like oils and sugars.

By taking up space and using resources, these microbes don’t leave as much room for germs we pick up that don’t belong on our skin. That helps us out.

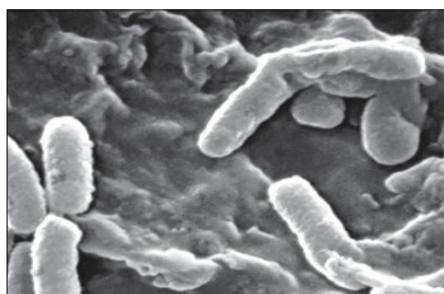
But living on our skin isn’t all throw pillows and comfy couches. Lofgren told me it’s a harsh environment for our microbes. They get jostled off and flushed down the sink. Our hands constantly encounter germs that compete with them.

So, some microbes form a sticky, slimy community called a biofilm. It’s a gluey matrix they ooze out to keep the group stuck together. That makes it harder to wash away those microbes.

I guess some germs are single (celled) and ready to mingle.

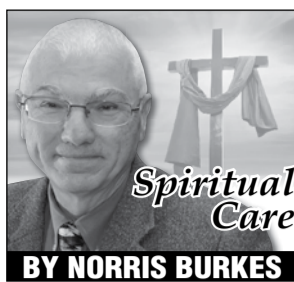
Sincerely,

Dr. Universe



These hotdog-shaped bacteria are called *Pseudomonas*. They hang out in soil and water. Sometimes people pick these germs up in hospitals where they can infect lots of body parts, including the skin. *Pseudomonas* can make people sick, but some people have it on their skin all the time. You can also see smaller purple bacteria nearby. Image: CDC/Janice Haney Carr

Don't Judge a Pastor's Books by Their Covers



BY NORRIS BURKES

“Be careful who you allow in your library,” was the advice given me years ago by my pastor/dad.

“Parishioners may judge you by your book titles,” he warned.

I followed his pastoral advice for years — until I became a columnist.

Now, for the past 15 years, I’ve used the first column of September to share the books I’ve read this past year.

Considering that I don’t read many religious books, I’ll take the risk that a few of you may judge me.

Let’s start with John Green, a former pediatric chaplain and author of one of the most popular books of all time, “A Fault in our Stars.” But I rarely read fiction, so I direct you to his most recent book, “Everything Is Tuberculosis.” (2025)

Green explores the persistent global crisis of tuberculosis (TB), a preventable and curable disease that continues to claim millions of lives annually. The book asserts that TB thrives because of systemic inequities, neglect, and prioritization of certain lives over others.

Through vivid storytelling, Green begins with his visit to Lakka Government Hospital in Sierra Leone, where the devastating impact of TB becomes starkly evident in the personal story of Henry Reider. The narrative intertwines public health, global equity, and human resilience, urging readers to confront the moral and structural failures that allow this disease to persist.

As a chaplain, I’ve always been fascinated how some folks survive tragedies and others randomly die. That’s why I checked out Amanda Ripley’s book, “The Unthinkable: Who Survives When Disaster Strikes - and Why.” (2008.)

Ripley traces the human response to some of history’s epic disasters. She interviews brain scientists, trauma psychologists, and other disaster experts to help understand how victims overcome the effects of extreme fear.

Ripley undergoes realistic simulations to see what it might be like to survive a plane crash or escape a raging fire. Her insights might well help people to do much better in the worst of situations.

Now, if you judge yourself a sleuth, check out, “The Mysterious Case of Rudolf Diesel: Genius, Power, and Deception on the Eve of World War I” by Douglas Brunt, Scott Brick, et al. (2023.)

On September 29, 1913, Rudolph Diesel, inventor of the internal combustion engine, disappeared off the steamship Dresden, halfway between Belgium and England. Was his disappearance, an accident, suicide, or murder?

With this Sherlock Holmes narrative, you can play Dr. Watson with Brunt as he reopens this old case of political intrigue.

Continue your sleuthing role in “The Art Thief,” where Michael Finkel writes one of the most remarkable true-crime narratives of the world’s most prolific art thief, Stéphane Breitwieser.

Stealing over 300 priceless artworks from European museums, Breitwieser says he was driven not by greed but by an obsessive love for beauty. The book delves into his audacious heists, his complex motivations, and the relentless

pursuit by law enforcement to bring him to justice. It also explores the psychological and emotional dimensions of his crimes, offering a fascinating look at the intersection of passion, compulsion, and criminality in the art world.

And finally, you can judge me to be a “nerd,” but I loved “Ten Birds That Changed the World,” by the naturalist Stephen Moss.

Moss explores the profound impact of ten bird species on human history, culture, and society. Each chapter weaves ornithology with historical narratives, showcasing how birds have shaped human thought and progress.

For instance, Moss shows how the Great Chinese Famine was caused by the mass killing of pesky sparrows. Another chapter traces the beginning of the Audubon Society out of the mass killing of waterfowl for their feathers.

In several more examples, the book highlights how these birds have influenced art, science, and politics. From sparking scientific revolutions to inspiring cultural movements, Moss delves into the intricate connections between bird life and humanity.

Finally, I’m sure you’d judge the 100 libraries established by Chispa Project in Honduras as top notch. Help Chispa equip those libraries with essential supplies by shopping our Amazon Wishlist for the back-to-school season at go.chispaproject.org/supplies Email me with questions or comment at comment@thechaplain.net.

Sign up to receive this column by email at thechaplain.net/columns/ Contact Chaplain Norris at comment@thechaplain.net or 10566 Combie Rd. Suite 6643 Auburn, CA 95602 or voicemail (843) 608-9715. ★

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Persons listed in this log from the Dixon Police Department are considered innocent unless proven guilty in a court of law. Only activities deemed significant by the Police Dept. are included.



DIXON POLICE LOG

Tuesday, August 26

- 0624 - A vandalism report was taken at Hall Park.
- 0749 - A hit and run report was taken in the 100 block of South First Street.
- 1123 - A vandalism report was taken in the 1800 block of Gold Street.
- 1225 - A trespassing arrest report was taken in the 2500 block of Plaza Court. (S) Renee Shackelford (33) of Rio Vista was contacted and arrested. Shackelford was transported to Dixon Police Department, where she was cited and released.
- 1301 - A fraud report was taken in the 500 block of Trinity Court.
- 1449 - A stolen vehicle arrest report was taken in the 100 block of Dorset Drive. Officers contacted (S) Joy Engelhart (52). Englehart had two outstanding warrants out of Orange County. Engelhart was arrested and transported to the Solano County Jail.

Monday, August 25

- 0634 - Traffic collision report was taken at the intersection of North First Street at Auction Lane.
- 1441 - Informational report was taken in the 600 block of Sierra Drive.

Sunday, August 24

- No case numbers
- Saturday, August 23
- 1131 - Intoxicated juvenile reported in Northwest Park. The juvenile was cited and released to an adult.
- 1345 - Two-vehicle traffic collision reported in the 200 block of West A Street.
- 0204 - Death investigation in the 1200 block of Columbia Drive.

Friday, August 22

- 0838 - Found property in the 200 block of West A Street.
- 1112 - Tampering with a vehicle in the 800 block of Elm Street.
- 1156 - Informational report taken in the 1300 block of North First Street.
- 1719 - Hit and Run reported in the area of Pitt School Road and Market Lane.
- 2008 5150 - W&I hold (mental health) for danger to self, in the 1200 block of Dartmouth Circle.

Thursday, August 21

- 1059 - Industrial accident was reported in the 500 block of East C Street.
- 1252 - Fraud reported in the 400 block of Barn Owl Lane.
- 1423 - Welfare check in the 1200 block of Safeway. Timothy Stuart (32), of Yreka, was arrested for Possession of a Controlled Substance and Possession of Drug Paraphernalia. Bailey Chase (31), of Redding, was arrested for Possession of a Controlled Substance. They were transported to the Solano County Jail.

Wednesday, August 20

- 0847 - A confidential report was taken in the 1400 block of Ary Lane.
- 1058 - A school resource officer report was taken in the 400 block of East C Street.
- 1213 - A traffic collision report was taken at the intersection of Ary Lane at Market Lane.
- 1226 - A found property report was taken in the 1200 block of Stratford Avenue.

Tuesday, August 19

- 0728 - A vehicle burglary report was taken in the 900 block of Business Park Drive.
- 1115 - A trespassing arrest report was taken in the 2500 block of North First Street. Officers contacted (S) Norma Cuyun. Cuyun was arrested and cited and released.
- 1122 - Informational report was taken in the 400 block of South Adams Street.
- 1219 - A vandalism report was taken in the 1000 block of North Adams Street.

Monday, August 18

- 0929 - A threat report was taken in the 400 block of East A Street.
- 1021 - A vandalism report was taken in the 300 block of Industrial Way.
- 1038 - A confidential report was taken in the 500 block of College Way.
- 1150 - A theft report was taken in the 1200 block of Linford Lane.
- 1204 - A fraud report was taken in the 200 block of North Jefferson Street.
- 1355 - A fraud report was taken in the 500 block of Evans Road.
- 1434 - Informational report was taken in the 1100 block of Syracuse Lane.
- 1502 - A fraud report was taken in the 500 block of Doyle Lane.

Sacramento Region Leaders Celebrate Ozone Attainment Milestone

Sacramento Metropolitan Air Quality Management District News Release

SACRAMENTO, CA (MPG) - U.S. Environmental Protection Agency (EPA) Pacific Southwest Region Administrator Josh F.W. Cook joined Sacramento leaders at a joint press conference Aug. 21 to celebrate the region's successful attainment of the 2008 National Ambient Air Quality Standards for ground-level ozone by the 2024 deadline. The announcement reflects successful efforts to reduce air pollution and improve public health in California's fastest-growing metropolitan area. It also underscores the region's ability to achieve real results through shared vision and partnership.

"Congratulations to the Sacramento metropolitan area for successfully meeting the 2008 ozone standard by the 2024 deadline – this is an achievement that will bring numerous health benefits to communities across the region," said EPA Regional Administrator Josh F.W. Cook. "I am so pleased to see multiple air districts coming together to accomplish this result. Achieving attainment not only brings cleaner air for residents but spares businesses from additional regulatory burdens and secures continued eligibility for future federal funding for vital

transportation and infrastructure projects."

In addition to Cook, the event speakers included Congresswoman Doris Matsui, Sac Metro Air District Board Chair and Folsom Mayor Sarah Aquino; Sacramento Metro Chamber Representative Cameron Gallad; Placer County Health & Human Services Director Dr. Rob Oldham, and Sac Metro Air District Board Member, City of Sacramento Mayor Pro Tem and California Air Resources Board Member Eric Guerra. The event was emceed by Sac Metro Air District Air Pollution Control Officer Dr. Alberto Ayala.

"Today, we are celebrating a cleaner, healthier future for families in the Sacramento region," said Sac Metro Air District Board Member, City of Sacramento Mayor Pro Tem and California Air Resources Board Member Eric Guerra, speaking on behalf of the air districts of the Sacramento region. "This achievement reflects years of hard work by local communities, businesses, and air agencies, made possible through strong partnerships at all levels of government. While reaching attainment is a proud moment, we're not stopping here. We remain committed to advancing innovative projects and programs to meet cleaner air quality

standards, which will protect our children and hard-working families for generations to come."

The EPA's final determination confirms that, based on certified air quality data from 2022 to 2024, the region has reduced ground-level ozone, meeting the 2008 standard by the 2024 deadline. The benefits of attainment include cleaner air for residents, helping businesses avoid additional regulatory requirements, less damage to crops and other vegetation, and continued eligibility for federal transportation and infrastructure funding. The air districts of the Sacramento region will now begin the process of developing a maintenance plan and requesting formal redesignation from the EPA to remove the region's severe nonattainment status.

About the Sacramento Metropolitan Region's Air Districts

The Sacramento Metropolitan Air Quality Management District (Sac Metro Air District) is responsible for monitoring air quality, reducing air pollution and enforcing air quality regulations in Sacramento County. The air district also plays a leading role in promoting clean energy efforts through innovative programs, financial incentives and other initiatives throughout Sacramento County and the larger region. The air district's

mission is to achieve state and federal clean air and climate goals as we envision a clean air and sustainable future for all. For more information about the Air District, visit www.AirQuality.org.

The Yolo-Solano Air Quality Management District's mission is to protect human health and property from the harmful effects of air pollution. As a public health agency, the district is responsible for safeguarding air quality and overseeing air pollution control in Yolo and northeastern Solano counties, including the cities of Dixon, Rio Vista and Vacaville. For more information, visit www.ysaqmd.org.

The Placer County Air Pollution Control District's mission is to manage Placer County's air quality in a manner to protect and promote public health by controlling and seeking reductions of air pollutants while recognizing and considering the economic and environmental impacts. This is achieved through enforcement of local, state and federal air-quality regulations, the implementation of incentive programs to reduce emissions, air quality monitoring, efforts to reduce wildfire impacts and land use/development reviews. For more information, visit www.PlacerAir.org.

The Feather River Air Quality Management District

is a bi-county district that was formed in 1991 to administer local, state, and federal air quality management programs for Yuba and Sutter counties. The Feather River Air Quality Management District mission is to promote and improve the air quality of Sutter and Yuba counties. This is accomplished through monitoring, evaluation, education, implementing control measures to reduce emissions from stationary sources, permitting and inspection of pollution sources, enforcement of air quality regulations, and supporting and implementing measures to reduce emissions from motor vehicles. For more information, visit www.fraqmd.org.

The El Dorado County Air Quality Management District is committed to improving air quality and the quality of life for El Dorado County residents by ensuring regulated sources control emissions in compliance with air quality regulations and by offering several emission-reduction grant and incentive programs. The district works to protect and promote public health by managing the implementation of air pollution control measures while also considering the economic impacts. For more information, visit <https://www.eldoradocounty.ca.gov/Land-Use/Air-Quality-Management-District>. ★

Newsom Deploys 'Crime Suppression' Teams Statewide while Mocking Trump's Threats

By Alexei Koseff, CALMatters.org

As he publicly mocks concerns that crime in California is out of control, Gov. Gavin Newsom is also surging law enforcement resources across the state.

Newsom announced on Aug. 28 that he would deploy new "crime suppression" teams of California Highway Patrol officers to partner with local officials in six regions: San Diego, the Inland Empire, Los Angeles, the Central Valley, Sacramento and the San Francisco Bay Area.

It's an escalation of a strategy that Newsom has already tried in cities such as Oakland and Bakersfield, sending in state officers to assist with cracking down on retail

theft, stolen vehicles and drug dealing.

And it appears closely related to political considerations, as President Donald Trump ramps up threats of military action to "clean up" Democratic-led cities across the country.

During a press conference in his executive office overlooking the state Capitol, where he was flanked by high-ranking CHP officials, Newsom held up flyers showcasing Republican politicians whose states have higher murder rates than California.

"Perhaps the president could deploy the National Guard in every corner of Mississippi. The murder rate's out of control there. Carnage," Newsom said. "This is if they care about the issues of crime and

violence."

Crime has again become a hot-button national topic. Earlier in August, Trump deployed thousands of National Guard troops in Washington, D.C. and took control of its local police force, arguing that federal intervention was needed because of unsafe conditions in the city — though reports of violent offenses are at their lowest in three decades.

Since then, Trump has publicly mulled expanding the operation into numerous other cities that he claims Democrats have destroyed, including San Francisco and Oakland. Newsom has denounced the idea on social media and in interviews, referring to it on Aug. 28 as "authoritarian."

Newsom and Trump

are also in the midst of an ongoing struggle over the president's deployment of National Guard troops and Marines into Los Angeles earlier this summer to quell fierce protests against immigration enforcement. The governor sued to stop what he alleges was an illegal military action, and though most of the troops have since been demobilized, a potentially precedent-setting case is still ongoing.

This latest "crime suppression" program provides Newsom an opportunity to get ahead of Trump and show that California is already taking action with an approach that the governor claims is highly effective. Last year, CHP officers made more than 9,000 arrests, recovered nearly 5,800 stolen

vehicles and confiscated more than 400 firearms in Bakersfield, Oakland and San Bernardino, according to the governor's office. The announcement touted a 34% decrease in homicides and a 25% reduction in robberies in Oakland in 2024, while shootings in Bakersfield dropped to their lowest since before the coronavirus pandemic.

"Whatever the crime is, when we come in and do just enforcement that leads to good police work, that crime goes down," CHP Commissioner Sean Duryee said during the press conference.

Duryee said the new teams would be at least 12 to 15 officers and focus on problems flagged by local officials, which could include illegal street racing and open-air drug markets.

Newsom denied that the expansion was a reaction to Trump. He said his administration was "trying to be responsive to the people we serve," who want to see more done.

"You still have people whose cars are broken into. You still have crimes being committed. You still have murders," he said. "I'm not arguing to defend the status quo. Quite the contrary. We think we can do better still."

Alexei Koseff covers Gov. Gavin Newsom, the Legislature and California government from Sacramento. He has written about California politics and government for more than a decade, twice winning the Sacramento Press Club award for best daily Capitol beat reporting. ★

Gallagher's 2-State Solution to California's Malfeasance



James Gallagher

By Katy Grimes, California Globe

California Assembly Republican Minority Leader James Gallagher (R-East Nicolaus) held a press conference Wednesday (Aug. 27) to announce a resolution calling for the creation of a new U.S. state made up of 35 inland California counties. This division of California between the coastal and inland counties, per Gallagher, will be called the "Two State Solution."

Gallagher's resolution is in response "to the chronic neglect of rural and inland California. The recent Democratic-led gerrymander would silence rural voices and rig the political system against them forever."

AJR 23 proposes to form a new state made up of 35 inland California counties to finally give these areas a voice.

Gallagher said with California's costs through the roof of fuel, water, fertilizer, people in the inland counties who have been long forgotten.

"My representation has been stripped," he explained as a result of Governor Gavin Newsom's and Democrat's jamming through redistricting maps, which strips away representation for the north counties.

"The Legislature promised this year it would address affordability concerns. It did not, and they are getting worse," Gallagher said.

"The inland counties have little voice, and will have no voice after Gavinmander and Proposition 50."

He talked about the right to representation and self-determination, which is the ability to pursue dreams.

"The people of inland California have no ability to do that," he said.

"California is run by politicians who don't care because they don't have to," said Gallagher. "They exploit our water, suppress our energy, skyrocket our costs, and kill our jobs."

"Whether you are from the North State, Central Valley, or the Inland

Empire, life has become harder and completely unaffordable. We have been overlooked for far too long, and now they are trying to rip away what little representation we have left."

Gallagher introduced Assembly Joint Resolution 23 to create a new state for inland California and its 10 million residents. "This is the constitutional way to go about introducing a new state," Gallagher said. "This is a new direction — our own statehood" where "governance would meet the needs of its people and isn't totally incompetent."

He said Orange County has expressed interest in being a part of the new state. We would govern ourselves."

Gallagher addressed the existing mater management system in California

and described it as "a complete disaster" in which there is "a government created drought."

Gallagher said the issues plaguing the state aren't new.

"Wildlife prevention — the governor continues to cut that budget every year since 2021."

"We don't want any part of a government that won't give us a voice."

He explained that the two-state solution is delineated between the coastal counties and the inland counties. "Gavin Newsom can continue to govern the way they [coastal] want — \$10 gas if you want. We don't want that."

Gallagher addressed the large Latino population in the inland counties, and noted that Latino voters have been voting against the establishment for a

while now. "It's probably why Gov. Newsom and Democrats shoved through redistricting to remove representation."

"The people are oppressed," Gallagher said. "Gavin, let my people go."

Assembly Joint Resolution 23 — Two-State Solution:

Formally expresses California's consent, as required under Article IV, Section 3 of the U.S. Constitution, to allow inland counties to form a new U.S. state, pending congressional approval.

Katy Grimes, the Editor in Chief of the California Globe, is a long-time investigative journalist covering the California State Capitol, and the co-author of "California's War Against Donald Trump: Who Wins? Who Loses?" ★

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