



From Print
to Paint

PAGE 4

Life-Saving Fight
Against Stigma

PAGE 2



THE NEWS

Established 1983 ... The best little paper in these parts!

VOLUME 44 • ISSUE 38 Serving Rio Linda, Elverta and Sacramento County SEPTEMBER 19, 2025

**SEE
INSIDE**

**MORE THAN
61,605 BABIES
DELIVERED**



PAGE 5

**STRONG START
FOR ARC
CROSS COUNTRY**



PAGE 10

**KINGS KORNER:
TIME TO GET
EXCITED**



PAGE 6



Scan our QR Code for a
direct link to our online edition!

PRSRTD STD.
U.S. POSTAGE
PAID
CARMICHAEL, CA
PERMIT NO. 350
**OR CURRENT
POSTAL CUSTOMER**

Quarter Midget's Johnny Cash Classic

NASCAR Youth Series Race in Rancho Cordova



Pictured is Rio Linda's Paisley Becher, representing Capitol Quarter Midget Association at the Johnny Cash Classic in Rancho Cordova on Sept. 13. The Johnny Cash Classic took place at the Prairie City State Vehicle Recreation Area on the American Quarter Midget Association's paved track.

By Seth Henderson

SACRAMENTO REGION, CA (MPG) - Drawing youth racers, their families and spectators to the American Quarter Midget Association race-track in Rancho Cordova, was the fourth annual Johnny Cash Classic, a NASCAR Youth Series Showcase Event on the weekend of Sept. 12 to 14.

Youth racers as young as 5-years-old up to 17-years old competed

against each other within 14 respective, co-ed age groups that are also separated by chassis type. Rancho Cordova's American Quarter Midget Association races on a paved track within the Prairie City State Vehicle Recreation Area. Upon arriving at the racetrack, teams began setting up their camp equipment and pit area, assembling their vehicles and workstations.

Drivers were represented locally with drivers from Rancho

Cordova's American Quarter Midget Association and Rio Linda's Capitol Quarter Midget Association, two of California's seven quarter midget tracks.

Making the trip across state and country lines were drivers from Utah, Washington and Canada. Practice sessions were on Sept. 12 with the heat and main races on Sept. 13.

"It's really fun being out here with all my friends and racing with them,"

Continued on page 3

Annual Brain Health Forum Open to Everyone

By Kevin Ruse

SACRAMENTO REGION, CA (MPG) - If someone you love has Alzheimer's or another form of dementia, you know how hard it can be to navigate daily life, let alone think about long-term plans.

As caregivers to my mom, my brother and I lived our lives minute by minute as my mom declined and the disease progressed. Watching my mom struggle daily with simple tasks was frustrating but seeing her confusion and distress was utterly heartbreaking. I found myself helpless as I saw the fear in her eyes when she didn't recognize my brother or understand what he was doing in her home.

In the beginning, mom navigated the memory loss with relative ease and even humor. But after my father passed, she lost her rock and her sense of home. That's when my brother and I realized the tasks ahead of us were overwhelming. What worked for us on Monday failed on Tuesday. The learning curve was steep but we persevered daily.

What we needed was guidance, someone who has been through the experience and can provide simple but effective tips and tricks. When can I find the time to make dinner? Who will watch mom, so I can shop for groceries? How can I make the house safer for her to navigate? Should we discuss medications with her primary care physician?

That's why the 10th annual Brain



Dr. Ralph Carmona, living with Alzheimer's for more than 10 years, will speak at the 10th annual Brain Health Forum. Photo courtesy of Kevin Ruse

Health Forum the morning of Oct. 1 in Carmichael is a must-attend event for caregivers, family members and anyone facing memory challenges. The forum is open to residents in the Carmichael, Citrus Heights, Rancho

Cordova and Rio Linda area.

My mom passed more than 10 years ago but the impact of her disease has stayed with me. So much so that I, along with thousands

Continued on page 4

Water Providers Warn Residents about Unauthorized Solicitations

Citrus Heights Water District News Release

SACRAMENTO REGION, CA (MPG) - Citrus Heights Water District, Sacramento Suburban Water District, Orange Vale Water Company and California American Water are warning residents about unauthorized solicitations targeting local households.

Reports have surfaced of individuals posing as water officials, knocking on doors and claiming your tap water might be unsafe. They offer unsolicited in-home water testing, which often leads to high-pressure sales tactics for costly and unnecessary water treatment equipment or services.

Incidents of this nature have been increasingly reported across Northern California, including in Elk Grove, Fairfield and Sacramento, where residents were pushed to purchase expensive water treatment systems following unsolicited testing claims.

Be assured: your water is safe. Drinking water served by Citrus Heights Water District, Sacramento Suburban Water District, Orange Vale Water Company and California American Water meet some of the strictest water quality standards. Water is regularly tested and follows federal and state regulations to ensure community health and safety.

Citrus Heights Water District, Sacramento Suburban Water District, Orange Vale Water Company and California American Water do not conduct in-home water testing. All necessary testing is done either at the treatment facilities, wells or through officially scheduled programs, not through door-to-door visits.

Your water provider's employees are always clearly identifiable. They wear official uniforms with agency logos, drive marked vehicles and carry agency-issued identification cards.

Verify before you engage. Call your water provider directly to confirm someone's identity. You can reach Citrus Heights Water District at 916-725-6873 or at chwd.org. Sacramento Suburban Water District can be reached at 916- 972-7171 or sswd.org. Orange Vale Water Company can be reached at 916-988-1693 or orangevalewater.com. California American Water can be reached at 1-888-237-1333 or amwater.com/caaw. ★

Life-Saving Fight Against Stigma

Ostomy Awareness Campaign Ongoing

By Idaly Valencia

SACRAMENTO COUNTY, CA (MPG) - Many people might not know the term “ostomy” but a Galt resident and a retired nurse have made it their mission to change that.

Dan “Dry Dock” Shockley, a retired U.S. Navy veteran, is raising awareness of his rare disease by advocating for policy and legislation, supporting research opportunities and educating medical students.

He has teamed up with retired ostomy nurse Joyce Moss, who has more than 40 years of experience, to lead a campaign focused on early colon cancer detection and ostomy surgery.

Shockley served 22 years in the Navy, including during the Persian Gulf War and Operation Iraqi Freedom. He retired at 43 after a career that took him to ports around the world.

In 2012, a routine checkup when Shockley was 51 revealed a life-altering diagnosis: attenuated familial adenomatous polyposis, or AFAP, a hereditary colon-cancer mutation. He had no symptoms or family history.

“Both sides of the Shockley family, we have no idea where it came from,” he said.

A colonoscopy at the VA hospital in Oahu, Hawaii, led to genetic testing at Tripler Army Medical Center, which confirmed the diagnosis. The mutation was first identified by the late Dr. Henry T. Lynch, regarded as the founding father of hereditary cancer research. Shockley even met Lynch, who reviewed his case.

Doctors told Shockley that surgery was the only option, since untreated polyps carried a 100% chance of developing into colon cancer. He needed an ileostomy, a surgery that creates an opening, or stoma, in the abdomen to allow waste to exit the body when the colon or rectum cannot function properly.

“My mindset is, I tend not to think about things I’m not able to control, such as medical issues, but I can control my positive attitude,” said Shockley.

Shockley leaned on his military mindset to face the diagnosis and the surgery’s lifelong implications.

“The Marines’ mantra is adapt, improvise and overcome,” he said. “When I got diagnosed, I immediately went into battle mode in a positive way because I wanted to be able to take this on.”

Shockley underwent a six-hour surgery to remove a large tumor and now lives with a permanent ostomy.

He joked with his doctors, asking, “Did you find everything you were looking for?” and used humor to positively cope with the situation.

Thirteen years later, Shockley no longer faces the threat of colon cancer and calls himself a hereditary colon cancer syndrome warrior.

“I go about my life like I don’t have it,” said Shockley.

He continues long-term care at Stanford Cancer Center and undergoes surveillance every other year. Shockley also shares his story and genetic results with medical students nationwide at universities including Rutgers, Michigan, Vanderbilt and Stanford.

Shockley formed a close bond with Moss, his first ostomy nurse at the VA hospital in Mather. Together, they lead an awareness campaign to help reduce stigma around living with an ostomy and to emphasize the importance of early colon cancer detection.



From left are retired ostomy nurse Joyce Moss and Galt colon cancer warrior and ostomy advocate Dan “Dry Dock” Shockley. Photo by Idaly Valencia

Moss told The Galt Herald that there is a shortage of ostomy nurses, with about 6,000 nationwide compared to an estimated 750,000 to 1 million patients. Certified ostomy nurses, she said, prepare patients for the lifelong care required.

She emphasized that stigma could leave some patients feeling isolated, limiting themselves from social experiences.

“There are many ostomates who end up being homebound, not because of physics but because of emotion,” she said.

Moss also explained how the stigma often stems from cultural taboos.

“We don’t like to talk about the bathroom,” she said. “All of a sudden, you have this external pouch you’re wearing, and once you become accustomed to it, it very much becomes part of your life... it’s the fear of what others are going to think about it.”

A common problem is patients not knowing where to find help or what devices are available, Moss said, since every ostomate is different. Families might also be unprepared for aftercare, she said, recalling a veteran whose wife managed his

care until she fell ill. Their adult children had never been taught to help their father who was an ostomate.

“So it’s a matter of sharing that part of yourself that other people may not understand,” Moss said. “There are lots of things that make it difficult to talk about and

that’s the part that I think is really important, where people like Dan are really good about being open and sharing.”

In 2023, Shockley’s advocacy led to a California Senate concurrent resolution recognizing Oct. 7 as Ostomy Awareness Day. The resolution aligned with World Ostomy Day, observed every three years by the United Ostomy Associations of America.

On June 23, Senate Concurrent Resolution 73 was passed to establish June 16 to 22 as Familial Adenomatous Polyposis Awareness Week, the first in the country to pass as a resolution rather than a proclamation, Shockley said.

Sen. Roger Niello, who carried the resolution, said the effort is about compassion and visibility.

“It is important to foster understanding, reduce stigma and build a supportive community for those living with an ostomy,” Niello said. “With recognition such as this one, I hope people remember that compassion for our friends and neighbors with health challenges starts here at home.”

Niello credited Shockley for

inspiring the resolution.

“Mr. Shockley is the one that reached out to me and educated me about World Ostomy Day and I was inspired by the strength and resilience of individuals like him,” Niello said. “Many quietly navigate life with courage, and honoring this mission is my way of standing beside them and helping others see the dignity in their journey.”

When asked what advice he would give to someone newly diagnosed or preparing for ostomy surgery, Shockley said to be proactive.

“Ask lots of questions and talk to the medical professionals that are readily available that know about it... You know the old saying, there is no such thing as a stupid question,” Shockley said.

He also advises patients to contact the United Ostomy Associations of America, which offers resources online and by phone.

Shockley said his goal is to continue raising awareness and destigmatizing ostomies, carrying forward the legacy of Dr. Lynch.

“He was still researching up until a month before he passed away,” Shockley said. “When he passed away, I decided my focus needed to be educating medical students, virtually or in person, to continue his legacy.”

Now, Shockley and Moss are working with Niello on a third state Senate resolution recognizing World Ostomy Day on Oct. 4, observed every three years on the first Saturday in October.

More information and resources are available at the Carmichael Ostomy Association at coaostomy.org and the United Ostomy Associations of America at ostomy.org.

Based in Carmichael, the Carmichael Ostomy Association has Zoom meetings from 10 a.m. to noon the first Saturday of each month with guest speakers and to discuss specific concerns, issues, suggestions and personal experiences. ★

SINCE 1999

AFFORDABLE

CREMATION & FUNERAL CENTER INC

THE SENSIBLE ALTERNATIVE

Compassion, Care,
Dignity and respect

We promise honest, upfront pricing
Never be overcharged or misled

• We invite comparisons to our services and facilities.

• Pre-planning and pre-payment services.

• Guaranteed Pricing.



\$1,090 Dignified Cremation

\$3,190 Traditional Funeral

(916) 469-0866 Call 24 hours

4750 BELOIT DRIVE,
SACRAMENTO / FD-2352
(Off Interstate 80, Exit Marysville/Raley Blvd.)
www.affordablecremationofsacramento.com



Fire & Water - Cleanup & Restoration™

SERVPRO of North Highlands/Rio Linda

PROPERTY DAMAGE
REMEDIATION & REPAIR

Mold, Water & Fire Damage

• Commercial & Residential

• Trained, Uniformed Professionals • Complete Move-Outs

• Restoration Vendor for Insurance

RESTORATION:

• Fire, Smoke, and Soot • Water Removal & Dehumidification

• Mold Mitigation & Remediation • Catastrophic Storm Response

• Move-Outs and Contents restoration • Electronics and Equipment

• Document Drying • Contents Claim Inventory Service

CLEANING:

• Air Ducts & HVAC • Carpet, Upholstery, Drapes

• Deodorization • Biohazard, Crime Scene & Vandalism

• Ceilings, Walls and Hard Floors

Services may vary by location



BBB
BUSINESS REVIEW
RATING
A+



IICRC
CERTIFIED



PROFESSIONAL
COVID
CLEANING SERVICE
Have Questions? Call
Today (916) 991-1522

(916) 991-1522

www.servpronorthhighlandsriolinda.com

Email: office@servpro10057.com

5704 Dry Creek Road, Rio Linda, CA 95673

Quarter Midget’s Johnny Cash Classic

Continued from page 1
said Tatum Talcott, a racer from Rancho Cordova’s American Quarter Midget Association who came in second place of his class, the Light 160. “It’s just fun.”

Some teams brought more than one vehicle to race among a range of class types based on weight and chassis configuration. Other teams had more than one racer participating in multiple events. Some classes included red and blue Honda; junior and senior Honda; heavies and formula. More than 80 racers participated across the 14 different classes.

Derek Becker, the father of racers Cash and Memphis Becker from Utah, said that he and his wife, Laura, made the journey from Colorado after completing a race there the weekend prior. Cash and Memphis Becker are fourth-generation racers in their family, a trend common throughout many racers at the event.

“It’s pretty cool to just think about what you did and what you accomplished the last race and then you go to your house or your new school and you’re thinking about that,” Cash Becker said.

Paisley Becher Racing, locals to Rio Linda’s Capitol Quarter Midget Association, was represented by Paisley Becher, her father Ryan Becher and their family.

Ryan Becher said that his daughter first got started racing when she participated in a “Ride N Drive” event at Capitol Quarter Midget Association on Rio Linda’s dirt track, now racing for approximately two years, racing three different chassis.

A “Ride N Drive” event allows participants to drive 20 laps for \$20. Becher said his daughter had so much fun that she drove a total of 40 laps and they bought a car that same day.

To get started racing quarter midgets, entry level costs can range from more than \$1,500 for a used chassis and gear to upward of \$4,000. Safety gear consists of a NASCAR Youth Series approved helmet, fire suit, neck restraints, arm restraints and gloves. After acquiring the chassis, gear and proper equipment, drivers can contact their local quarter midget association about applying for a club membership.

To join the NASCAR Youth Series membership, there are options for annual applications through the United States Auto Club, single-event applications and “Ride N Drive” applications. The applications are available at <https://usacracing.redpodium.com/2025-nascar-youth-series-membership>. Applications can range from \$10 for single event tickets per person to \$100 for annual family memberships, with an additional \$10 per person in the membership.

Beginning drivers start out in the “Rookie” program, learning the basics of track etiquette, safety and driving skills. Volunteering is a requirement when you become a member.

Brooke Hegje, a local to the Rancho Cordova track who came in second place during the heavy world formula class main races, said that she has been racing for

seven years and that she first got started after watching her cousins race.

Tate Hegje, Brook Hegje’s little brother, said he has been racing for six years, coming in third place of the light 160 class mains. Tate Hegje said he and his sister have participated in race events as far as Indianapolis, Indiana.

“Being here, I’ve made so many friendships and we’ve hung out with them three weeks in a row now outside of the racetrack,” Brooke Hegje said. “It just brings so many people together in some amazing community.”

American Quarter Midget Association Vice President Alyssa Craine said that it’s rewarding to have such a large event run efficiently, drawing people back to the racetrack for more events and growing the venue’s reputation.

“Just overall, getting drivers from everywhere makes our drivers better,” Craine said. “So having not just the locals, enhances everybody’s racing.”

Grayson Craine, Alyssa Craine’s son, said he’s ranked in the top three of three different chassis classes, ranking in first place within one of those chassis’ classes. At the Johnny Cash Classic, Grayson Craine came in first place within the junior Honda, junior animal and junior 160 classes for the main races. Grayson said he spends a lot of time practicing and that he has his dad to thank for why he’s so successful.

“I’ve watched these kids grow from five, six, seven, eight, ten years old, to now being able to drive full-size NASCAR cars or do bigger, better, crazier things,” event announcer Ian McAdams said. “And just seeing that growth and seeing the effect that it had on so many, it’s so fulfilling on a level that I can’t really describe, if that makes sense.”

Quarter midget racing events take place nationwide with many local drivers having competed across state lines in places such as Indiana, Talladega and Las Vegas. Many parents said they stay in contact with other families across the country, building life-long friendships. Parents also spoke about quarter midget racing’s ability to provide a network for youth to socialize and make friends everywhere they go.

Chase Miller from Vancouver, Canada and his family traveled to race in Sacramento for the first time and he recognized a few familiar faces from other NASCAR Youth Series races.

Miller said he took six days from school to travel and race in California because their season in Vancouver is limited. He finished first in the heavy 160 and unrestricted animal classes, as well as second in the heavy Honda class.

Moving from track to track, Miller said, tracks might be identical but they’re never the same and that there is always something to do.

“Even after the race,” Miller said, “it’s not over until you finally get in the car to go home.”

Multiple parents spoke about the tight-knit quarter midget racing community that has a



Two races compete in the final heat races before the main events during the Johnny Cash Classic at the American Quarter Midget Association’s racetrack in Rancho Cordova. The Johnny Cash Classic took place Sept. 12 through 14 and featured drivers from age 5 to 17.



Brooks Motorsports quarter midget chassis sit on stands underneath the team’s canopy during the Johnny Cash Classic, a NASCAR Youth Series showcase event in Rancho Cordova on Sept. 13.



Chase Miller of Vancouver, Canada, stands in front of one of his race chassis, while his team works on others to prepare them for race day at the Johnny Cash Classic on Sept. 13. The Johnny Cash Classic took place at the American Quarter Midget Association’s racetrack in Rancho Cordova.

“no-one-left-behind” mentality, where no matter which child might have an issue on the track or in the pits, there is no shortage of volunteers.

Drivers said that they focused on practicing their drive line before the race, meaning that they could carry as much momentum as possible without slowing down. Parents and pit crew members said that some of

the biggest changes from track to track are suspension and gearing.

“One thing you’ll find here is that everyone helps everyone,” Chas Miller’s father, Steve Miller, said. “So when a kid comes off the track with a mechanical problem, you know, your competitors, their dads and moms, and everyone joins in to get that kid back on the racetrack.”

Steve Miller said that it’s crucial to test everything and check everything because it could be a 90-cent part that costs a driver the race.

“Going fast” was one of the more popular responses from drivers when asked what their favorite part about quarter midget racing was.

Quarter midget races can range anywhere from 10 to more than 40 miles per hour on the race-track, with the objective being to pass as many drivers as possible and accumulate the most points. Rookie races last as low as 10 laps with heavy and senior races lasting as long as 40 laps.

“This track has done a lot for kids anywhere from age five to 17 to help build their character; they build their social skills,” said Cole Farrow, the father of junior Honda racer Kyle Farrow. “They build confidence levels and they take all the stuff that they learn here from this track and they use that for the rest of their lives.”

Kyle Farrow came in third place within the junior Honda and junior animal classes, as well as second place in the junior 160 class. His grandfather, Paul Farrow, said that “in his mind, he’s 20-years-old. He gets a different, kind of a focused mindset.”

To learn more about how to get started with the American Quarter Midget Association, visit <https://www.aqma.us/>. The American Quarter Midget Association in Rancho Cordova is at 13302 White Rock Road, within the Prairie City State Vehicle Recreation Area.

To learn more about the Capitol Quarter Midget Association in Rio Linda, visit <http://www.capitolqma.com>. The track is at 800 G St. Another showcase event will take place at the Rio Linda CQMA on Sept. 26 through 28 for the series finale and California Monza.

To learn more about the NASCAR Youth Series, its events and how to participate, visit <https://www.nascaryouth.com>.

Many Sacramento-area racers will be in Livermore from Sept. 19 through Sept. 21 for the Tri-Valley Western National Championship, hosted by the Tri-Valley Quarter Midget Association, whose website can be found at <https://www.tvqma.com>. ★



Galt racing family, Brooks Motorsports, is pictured with Maycie Brooks (center left) and Cash Brooks (center right) posing with their parents after heat races on Sept. 13.

From Print to Paint



North Sacramento resident Kurt Nicknig is next to a painting he did of his late grandfather holding two horses by their leads. Nicknig is at the Rio Linda Elverta Recreation and Park District's fine art studio at the district's location next to Depot Park in Rio Linda. The studio is open from 9 a.m. to noon Thursdays.

Story and photos by Seth Henderson

RIO LINDA, CA (MPG) - From 9 a.m. to noon Thursdays at the Rio Linda Elverta Recreation and Park District, all are welcome to attend the fine art studio for free, located in the recreation center at 810 Oak Lane, Rio Linda.

Hosting the studio sessions is North Sacramento resident Kurt Nicknig, who said he has been practicing art since he was in high school but didn't study art professionally. Nicknig said he has always been able to look at a photograph and copy it.

Nicknig brought in a painting that he had been working on for the past few weeks, using an image of his late grandfather from the 1920s, holding two horses by their leads as a reference point. He painted the canvas with oils, experimenting with

different colors, making it "more fun."

"These photographs were found after my mother passed and I think he (Nicknig's grandfather) was standing in front of a farm somewhere in Yuba City," Nicknig said. "Marysville area, maybe."

He paints what he sees, Nicknig said, adding that his grandfather's portrait had ultimately come to be in the style of a vignette. Nicknig said that he "didn't want to just paint a photograph" and that "people should continue doing things. Get a hobby, go fishing, get a boat, work on a car."

Nicknig brought a booklet with him, which had watercolor paintings and sketches of works he would potentially paint on a canvas.

After retiring from 29 years at the Sacramento Bee, Nicknig said that he began to participate in

food portrait sessions in North Highlands around the end of 2017 and was asked to host the Rio Linda recreational painting program shortly after. He has hosted the program ever since, occasionally posting on Nextdoor about it.

Sometimes while attending protests, Nicknig said he sketches the day's events, capturing actions from the event in his booklet and using them as inspiration for the canvases he paints. He said that realism "is a fairly simple place to start as an artist, making things more fun as the creations develop."

Nicknig is a member of the Sacramento Fine Arts Center in Carmichael and he recently had one of works of art accepted to be put on display. He encourages residents to attend studio arts sessions and try their best to not get bored. ★



Kurt Nicknig, a North Sacramento resident, closes the lid on some of his painting equipment as he finishes a painting of his late grandfather, using a photograph from the late 1920s as a reference.

Annual Brain Health Forum Open to Everyone

Continued from page 1
of volunteers with the Alzheimer's Impact Movement, vow to put an end to the suffering that often accompanies the disease, both for the patient and the caregiver. Many caregivers are related to the person with Alzheimer's and know all too well that the risk for themselves is higher. You might wonder how much higher? Is it different between males and females? Is there some test I can take, like a blood test? Are there any medications available? Are they covered by insurance or Medicare? What about clinical trials? And perhaps, most significantly, what are the evidence-based practices that can reduce my risk?

This year's 10th annual Brain Health Forum will answer many of these questions. In addition, you will find numerous resource tables of local community organizations offering care support services and other programs. Need a meal quickly or on a regular basis? Need to install grab bars in the bathroom but are limited by finances or know how? If you're unsure what help is even available or how to begin, this is a no-pressure, welcoming space to explore

your options and receive real, usable solutions.

One of the many highlights of this event is speaker Dr. Ralph Carmona, a remarkable advocate living with Alzheimer's for more than 10 years. He is still teaching at a community college and recently completed the Boston Marathon at age 74. Carmona brings his energy, insight and firsthand experience to the stage to share how science, advocacy and community can shape the future of brain health.

Learn how nine years ago, Carmona, because of an early diagnosis, participated in a clinical research trial for Leqembi, a new Alzheimer's drug that he said stopped his symptoms from progressing. Leqembi is now approved by the Food and Drug Administration. While available to the public and covered by Medicare, patients must consult their physician to see if they fit the profile to be prescribed the medication. After hearing Carmona's experience, I defy anyone to leave the forum without feeling immensely inspired and hopeful for the future.

Claire Day, Alzheimer's Association of Northern California and Northern Nevada Chapter chief

mission and program strategy officer, will present U.S. Pointer Study results. The study proves that positive, everyday actions can make a difference in brain health, and when combined into a program that targets multiple factors such as physical activity, improving nutrition, cognitive and social challenge, and health monitoring, we know it can have an even more powerful impact.

If you have questions about Alzheimer's disease, clinical trials or current treatments, be sure to stay for the question-and-answer section featuring medical professionals, Alzheimer's Association representatives and clinical trial participant Carmona. You won't want to miss the raffle at the end, where prizes include health-related products and information about the Mind diet.

The 10th annual Brain Health Forum is presented by Congressman Ami Bera with the Alzheimer's Association and is free to attend. Register for the event at forms.office.com/g/3GYejVprHV. The event is from 9:30 to 11:30 a.m. Oct. 1 at the Carmichael Elks Lodge, 5631 Cypress Ave., Carmichael. ★

you say...

Jesus says...

I can't figure this out	I will direct you
I'm not enough	You are more than enough
I can't keep going	I will carry you
I'm not strong enough	I am
I'm too tired	I will give you rest
I can't forgive myself	I forgive you
I hate myself	I love you

He is the solution to every problem.
Let Him help you.



LIFEPOINT
CHURCH

11am on Sundays | 6:30pm on Wednesdays
7200 Rio Linda Blvd. Rio Linda, ca 95673
(916)991-4624 | office@lifepointenaz.com

Be a part of something important

Local Writers Wanted

We are looking for local Freelance writers to provide great coverage.

Call us today at 916-773-1111

LOCAL
ARREST
RECORDS

Find out what's happening in your local area at...

THERIOLINDANEWS.COM

ARREST LOGS UPDATED DAILY



**Publisher,
Paul V. Scholl**

The Rio Linda News is a member of Messenger Publishing Group
To submit your articles, information, announcements or letters to the editor, please email a Microsoft Word file to: Publisher@mpg8.com.
Be sure to place in the subject field "Attention to Publisher". If you do not have email address, please call us at (916) 991-3000 or (916) 773-1111.



Established 1983... The best little paper in these parts!

Serving Rio Linda, Elverta and Sacramento County

It is the intent of The Rio Linda News to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

The Rio Linda News is not responsible for unsolicited manuscripts or materials. The entire contents of The Rio Linda News are copyrighted. Ownership of all advertising created and/or composed by The News is with the publishing company and written permission to reproduce the same must be obtained from the publisher.

Subscriptions should be mailed to The Rio Linda News, 2508 Garfield Ave., Suite A, Carmichael, CA 95608. Subscription rate is \$42 per year within Rio Linda, Elverta, Sacramento County, \$72 outside Sacramento County.

The Rio Linda News is published weekly. Call (916) 773-1111 for more information.

We are proud members of these newspaper associations.



Women’s and Children’s Center Celebrates Decade of Care

More than 61,605 Babies Delivered There So Far

Sutter Health News Release

Editor’s Note: The Anderson Lucchetti Women’s and Children’s Center’s patients are from throughout Northern California and beyond, including from Sacramento, Yuba/Sutter, Yolo, Placer, El Dorado and Stanislaus counties. The center held a 10th-anniversary celebration on Aug. 21.

SACRAMENTO REGION, CA (MPG) - When Sutter Medical Center, Sacramento’s new Anderson Lucchetti Women’s and Children’s Center opened in Midtown on Aug. 8, 2015, expectant mothers and new families were welcomed with the highest standard of maternity and pediatric care in Sacramento.

From beginning to end of the birth plan, parents received care in spacious suites with their newborn on the top patient floor of midtown Sacramento’s tallest building with great views. Then, as their child grew up, parents knew that they could continue to receive exceptional care in the same facility.

In the past 10 years, Sutter Medical Center, Sacramento has welcomed more newborns than in any decade of its 100-year history: 61,605 babies, to be exact.

But the Anderson Lucchetti Women’s and Children’s Center is far more than a place to welcome new life. It houses Northern California’s largest and most advanced neonatal intensive care unit and a high-risk maternity ward where mothers receive round-the-clock care to give their babies a healthy start. It also includes a comprehensive pediatric hospital within its walls, treating children facing complex, cardiac, oncological, neurological and other serious conditions.

“We’re proud to provide not just advanced medical treatments but a healing environment where mothers and children feel supported, safe and truly cared for every step of their journey,” said Rachael McKinney, president of Sutter Health’s Greater Sacramento Division and interim CEO of Sutter Medical Center, Sacramento.

In 2005, the Anderson and Lucchetti families generously committed \$18 million to Sutter Health to support the Women’s and Children’s Center’s construction. A decade later, in August 2015, the Anderson Lucchetti Women’s and Children’s Center opened as a 395,241-square-foot, 242-bed acute-care hospital where patients and their families could obtain the highest level of neonatal and pediatric intensive care services, pediatric cardiac, neurological and cancer services, and high-risk and conventional maternity



The Bradley family of Manteca and their 10-year-old triplets help celebrate the 10th anniversary of Sutter Health’s Anderson Lucchetti Women’s and Children’s Center in midtown Sacramento on Aug. 21. The triplets were born premature at Sutter Memorial Hospital in East Sacramento and were transferred on Aug. 8, 2015 to the NICU (Neonatal Intensive Care Unit) at the new Anderson Lucchetti Women’s and Children’s Center. In front are the triplets, from left, Carly, Ally and Sydney; holding photos of the day they were born. In back, from left, are parents Wendy and Todd Bradley, Sutter Children’s Center Medical Director Craig Swanson, Sutter Health Greater Sacramento Division President Rachael McKinney, and Sutter Medical Center, Sacramento Women’s and Children’s Services executive Whitney Clark. Photo courtesy of Sutter Health

services, as well as other services. Construction costs totaled \$821 million.

In its 100-year history, from the original Sutter Hospital to Sutter Memorial Hospital to the Anderson Lucchetti Women’s and Children’s Center, the number of babies born total 417,428, more than the city of Sacramento’s population circa the year 2000.

In Anderson Lucchetti Women’s and Children’s Center’s first 10 years, there have been 1,152 sets of twins, 35 sets of triplets and one set of quadruplets. The smallest baby weighed 13.6 ounces and the biggest baby weighed 15 pounds, 7.3 ounces.

“Every baby born here represents a unique story of hope, resilience and the extraordinary care that our team is dedicated to providing,” said Whitney Clark, women’s and children’s services executive for Sutter Medical Center, Sacramento. “From the tiniest preemies to the biggest bundles of joy, we are honored to support families through every miracle and milestone.”

For 50 years, Sutter Medical Center, Sacramento has been on the forefront of care for women with high-risk pregnancies and their babies, who often need the advanced care of a NICU (Neonatal Intensive Care Unit). To help ensure these babies are delivered as healthy as possible, the high-risk maternity physicians (known as perinatologists) help mothers carry their pregnancies as long as medically safe. Extended hospital stays are common for these mothers, sometimes lasting

many weeks or even months, making the hospital their home away from home.

The Anderson Lucchetti Women’s and Children’s Center was built with a special unit designed especially for them. The 21 all-private, spacious rooms allow mothers to relax comfortably, welcome visits from family and even personalize the space to feel like home.

“Our goal is to support both mother and baby through every step of their high-risk pregnancy, giving them the best chance for a healthy delivery,” said Dr. William Gilbert, Sutter Health’s longtime perinatologist and women’s service line medical director. “The private, comfortable rooms at Anderson Lucchetti provide a nurturing environment that helps reduce stress and promote healing, making a challenging time a little easier for families.”

When planning the new hospital, leadership was adamant that a helistop for medical emergency helicopters be included. The Anderson Lucchetti Women’s and Children’s Center helistop has been a lifesaver for hundreds of families. To date, more than 1,500 babies and expectant mothers with complicated pregnancies have been transported by medical helicopter to the facility.

“Having the helistop right on the roof means we can get critically-ill babies and moms the care they need faster than ever before,” said Dr. Gustavo Sosa, neonatologist and medical director of the NICU. “It’s made a huge impact on how quickly we can respond in

emergencies and that speed can be life-changing. For families facing high-risk situations, this facility offers hope and reassurance when every second matters.”

The Sutter NICU began 51 years ago to provide high-quality care to fragile infants. But as more babies needed the advanced services offered at Sutter Memorial Hospital, the NICU outgrew its location. The Anderson Lucchetti Women’s and Children’s Center’s NICU has 61 beds, each in an area that provides privacy for families.

Even after 10 years, Wendy and Todd Bradley of Manteca, who had triplets, talk glowingly about the center’s NICU.

“We were really impressed by the cutting-edge technology and the family-friendly atmosphere at the Anderson Lucchetti Women’s and Children’s Center,” Wendy Bradley said. “The new NICU’s modern design and spacious rooms gave our family so much more comfort and privacy, which made a world of difference during a stressful time. It truly felt like a place built with families like ours in mind.”

The new NICU was the first in Northern California to be outfitted with Angel Eye, a camera system that allows parents to check in on their little ones remotely via smartphone or computer and was a game changer during the COVID-19 pandemic. The system was made possible through donations to a nonprofit organization started by a Sutter NICU family.

The facility made national

headlines when its pediatric heart program successfully performed the first minimally-invasive surgeries on little patients. Instead of opening the chest and cracking the sternum, heart surgeons use a pioneering technique that accesses the heart through a small port underneath the armpit. This method helps children grow up without a long chest scar and recover much faster.

It is one of the many innovative approaches that pediatric interventional cardiologists and heart surgeons have been using at the new Anderson Lucchetti Women’s and Children’s Center.

Kristal Imbrie’s daughter, Ariel, who has Down syndrome and has appeared in several advertisements, was the first in the nation to undergo the minimally-invasive surgery.

“That approach avoided so many complications during recovery: no need to stay still as long, no ribs being cut,” Imbrie said. “Especially for a child with special needs, it meant she could bounce back faster. It was like she was on espresso.”

The pediatric intensive care unit is equipped to handle a wide range of complex medical conditions, including respiratory failure, sepsis, trauma and complications from chronic illnesses. This specialized unit ensures that children receive the highest level of care during critical times, which includes 20 beds and an additional 10 beds dedicated to pediatric cardiovascular care.

The pediatric ICU also collaborates closely with other specialized departments within Sutter Children’s Center, such as pediatric neurology and oncology.

“At our pediatric ICU, we focus on giving each child the care and attention they need when it matters most,” said Pediatric Critical Care Director Dr. Daniel Falco. “From breathing problems to complex conditions like cancer or neurological issues, our team works closely together to make sure every child gets the right treatment. By teaming up across specialties, we’re able to provide seamless care that supports the whole child and their family through tough times.”

Sutter Medical Center, Sacramento, which consists of the Ose Adams Medical Pavilion and Anderson Lucchetti Women’s and Children’s Center, is Sutter Health’s flagship hospital and includes nationally-renowned institutes for cardiac, neurosciences and oncology care. Sutter Health is a not-for-profit healthcare system. Learn more at sutterhealth.org and vitals.sutterhealth.org. ★

Sign Up for School Pesticide Notifications

California Safe Schools News Release

CALIFORNIA STATE (MPG) - California Safe Schools, a nonprofit organization dedicated to children’s environmental health and safety, reminds parents, guardians, teachers and school staff at all California K-12 public schools and childcare centers to file the Right to Know Pesticide Use Notification form at the start of the school year.

This form is mandated under California legislation, the Healthy Schools Act.

Filing this form with your school office ensures that you receive advance notification of any pesticide applications in or around the school site. It is a critical safeguard and part of each school’s commitment to maintaining a safe and healthy learning environment.

Under the Healthy Schools Act, a "school site" is defined as any facility used for public day care, kindergarten, elementary or secondary school purposes. The term includes the buildings or structures, playgrounds, athletic fields, school vehicles or any other area of school property visited or used by pupils. "School site" does not include postsecondary educational facilities attended by secondary pupils or private day care or school facilities.

The Right to Know Notification requires schools to provide at least 72 hours’ advance notice before any pesticide application on a campus.

In rare cases when pesticides must be used immediately to address a health or safety emergency, schools can apply them without the standard 72-hour advance notice.

However, the Healthy Schools Act requires that the school district designee make every effort to provide the required notification, even under emergency conditions.

Filing the Right to Know Pesticide Use Notification with your school’s Main Office ensures that you will receive alerts before applications occur. This allows parents, guardians or teachers to make informed decisions on application days. Notification can be requested for any reason, not solely for known health concerns.

The Right to Know Pesticide Use Notification program began with the Los Angeles Unified School District’s groundbreaking Integrated Pest

Management (IPM) Policy in 1999. This policy embraces the precautionary principle, the idea that if an action or policy has a suspected risk of causing harm to the public or environment, precautionary measures should be taken, even without conclusive scientific evidence. As part of this approach, Los Angeles Unified School District has not used Roundup for more than 20 years, setting

an important precedent in protecting children’s health. The success of the Los Angeles Unified School District’s

Integrated Pest Management policy led directly to the passage of the California Healthy Schools Act of 2000.

The "Right to Know" notifications are a critical tool that ensure parents, guardians, teachers and staff remain informed, connected and empowered within their school community.

“For more information about pesticide application policies at your school, visit your school’s website or contact the school or school district directly,” said Robina Suwol, founder and executive director of California Safe Schools.

Learn more about the California Healthy Schools Act at https://www.cdpr.ca.gov/wp-content/uploads/2024/10/hsa_factsheet.pdf and see the full text at http://www.leginfo.ca.gov/pub/99-00/bill/asm/ab_2251_2300/ab_2260_bill_20000927_chaptered.pdf.

The California Safe Schools website is <https://www.calisafe.org/> and the California Department of Pesticide Regulation’s website is <https://www.cdpr.ca.gov/>.

California Safe Schools is dedicated to protecting the health and safety of students, teachers, and school staff through education, advocacy, and policy initiatives that promote safe learning environments across California. California Safe Schools spearheaded the effort to create the Los Angeles Unified School District’s celebrated Integrated Pest Management Policy in 1999 that led to California legislation such as the Healthy Schools Act. ★



Kings Korner

By V.G. Harris



Get Your Trunks Ready for Cherry Island



The Trunk-or-Treat event will take place from 4:30 to 6 p.m. Oct. 30. Photo by Selvin Esteban via Pexels

By Seth Henderson

To volunteer a decorated trunk for the event, contact aplog@golfcherryisland.com or msalas@golfcherryisland.com to RSVP. To learn more about Cherry Island Golf Course, visit golfcherryisland.com. ★

LifePointe's Church Sisters in Christ

Free Store • 7200 Rio Linda Blvd. at Q St. Bldg 5

WE NEED YOUR HELP!!!

Thanksgiving & Christmas is almost here! Last year we gave away 37 turkeys and all the fixins. Already the number has doubled. We appreciate gift cards and can goods and laundry baskets. Last year we gave away over 500 presents to kids 0 to 11. The need we are being asked for far exceeds that number...

Won't you help make a families holiday special?

Call Sandie at (210) 326-1806 for more information

Thank you and God Bless You - Sandie & Jesse, Directors





Dare to Live Without Limits

by Bryan Golden

Whatever it Takes



**WE SUPPORT
FIRST RESPONDERS** 

Legal Advertising
916-483-0946

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

LEGAL ADVERTISING

2508 Garfield Ave. • Ste. A
Carmichael, CA 95608

FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05763
AllTemp HVAC Solutions, Inc., 14884 S Heritagecrest Suite D, Bluffdale, UT 84065 is doing business under the Fictitious Business Name(s) "Air Republic Solutions" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
AIR 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05946
Weber Wealth Management & Insurance Services, Inc. 1110 Iron Point Road, Suite 160, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Iron Point Private Wealth" 1110 Iron Point Road, Suite 160, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 8, 2025
Publish: August 29, Sept 5, 12, 19, 2025
IRON 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06117
Candis Lynn Smith, 5941 West 2nd Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Golden Desert Sage Co" 5941 West 2nd Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
GOLDEN 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05805
Jordan DeGidio, P.O. Box 41933, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "JLD Consulting" 4141 Palm Avenue #355, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 6, 2025
Publish: August 29, Sept 5, 12, 19, 2025
JLD 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05649
Mimo Bake Studio, 9927 Night Heron Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Mimo Bake Studio Lab" 3581 Mather Field Road, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 31, 2025
Publish: August 29, Sept 5, 12, 19, 2025
MIMO 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05733
Cameron Hall, 8220 Firewood Court, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Better Call Cam" 8220 Firewood Court, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 4, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BETTER 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06097
Campaign for Children and Families, P.O. Box 511, Sacramento, CA 95812 is doing business under the Fictitious Business Name(s) "Save California/Save America" 5330 Madison Avenue, Suite F, Sacramento, CA 95841. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
SAVE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05882
Charles Kampf, 6720 Calista Street, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Charles Airport Rides" 6720 Calista Street, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 7, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CHARLES 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06030
Altanchimeg Darambazar, 240 Natoma Station Drive Apt 286, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Bless Balloons" 240 Natoma Station Drive Apt 286, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 12, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BLESS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05776
Joseph Nave, P.O. Box 192500, Miami Beach, FL 33119 is doing business under the Fictitious Business Name(s) "Nave Immigration Law/Joseph Nave-Immigration Attorney" 21326 Escondido Way S, Boca Raton, FL 33433. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
NAVE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05747
Arma Mortgage LLC, 614 Windy Knoll Drive, Murphy, TX 75094 is doing business under the Fictitious Business Name(s) "Xpert Rate Lending" 1001 W Euless Boulevard Suite 413, Euless, TX 76040. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
XPERT 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06059
Alexander Rudy, 10923 Progress Court, Unit 1834, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "FairyTec" 3637 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of

Sacramento County August 13, 2025
Publish: August 29, Sept 5, 12, 19, 2025
FAIRYTEC 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05784
Anastasia Warner LLC, 3053 Notre Dame Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "La Sirena Journeys/Columbia Curated/AFW Logistics" 3053 Notre Dame Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
LA 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06147
Stanislav Shestopal, 5331 Bradford Drive, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "Opal Haus Motors" 5331 Bradford Drive, Sacramento, CA 95820. Filed with the Clerk of Sacramento County August 18, 2025
Publish: August 29, Sept 5, 12, 19, 2025
OPAL 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06130
Gearlist LLC, 4363 Hazel Avenue Suite 1 PMB #10, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "California Fish Plants" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CALIFORNIA 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05091
Jenkins Beverage Inc., 8440 Belvedere Avenue, Suite 4, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Jenkins Beverage Inc." 8440 Belvedere Avenue, Suite 4, Sacramento, CA 95826. Filed with the Clerk of Sacramento County July 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
JENKINS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05472
TR3 Collective LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Do Love/Do Love Mama/Do Love Movement/Do Love Co" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County July 24, 2025
Publish: August 29, Sept 5, 12, 19, 2025
DO 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05723
Alysha Marie Larsen, 4444 South Park Drive, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "All True Signings Notary" 4444 South Park Drive, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 4, 2025
Publish: August 29, Sept 5, 12, 19, 2025
ALL 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05743
House2Homes, Inc, 16155 Sierra Lakes Parkway #160-722, Fontana, CA 92336 is doing business under the Fictitious Business Name(s) "Mermaid Jen's" 16155 Sierra Lakes Parkway #160-722, Fontana, CA 92336. Filed with the Clerk of Sacramento County August 5, 2025
Publish: August 29, Sept 5, 12, 19, 2025
MERMAID 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06087
Julian Moore, 4800 Del Norte Boulevard, Sacramento, CA 95820 is doing business under the Fictitious Business Name(s) "The God Auto Sales" 7230 S Land Park Drive Suite 103, Sacramento, CA 95831. Filed with the Clerk of Sacramento County August 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
THE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05687
J & J Burger Station Inc, 10361 Rockingham Drive #900, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Burger Station" 10361 Rockingham Drive #900, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 1, 2025
Publish: August 29, Sept 5, 12, 19, 2025
BURGER 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06222
Harry Sanburg, 8924 Van Gogh Circle, Fair Oaks, CA 95628 is doing business under the Fictitious Business Name(s) "Sanburg Drywall Ent" 8924 Van Gogh Circle, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
SANBURG 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06227
Future Construction Inc, 3901 82nd Street, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Inste Home Manufacturing/Inste Home Manufacturing Corporation" 3901 82nd Street, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
INSTE 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06092
Mohammad Ajmal Adib, 6716 Madison Avenue Suite 4, Fair Oaks, CA 95628 is doing business under the

Fictitious Business Name(s) "Cigarettes Plus" 6716 Madison Avenue Suite 4, Fair Oaks, CA 95628. Filed with the Clerk of Sacramento County August 14, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CIGARETTES 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06233
Clint Kramer, 8737 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Clayton & Cole Vending" 8737 Longspur Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 21, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CLAYTON 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06204
Phillip Isaacs' Construction Inc., 9380 Orangevale Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "California Energy Consultant Service" 9380 Orangevale Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County August 20, 2025
Publish: August 29, Sept 5, 12, 19, 2025
CONSULTANT 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06125
Eva Gordon, 1401 21st Street #13044, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Potter's Clay Ceramics" 1401 21st Street #13044, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 15, 2025
Publish: August 29, Sept 5, 12, 19, 2025
POTTERS 9-19-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06242
Carlee Jacobus, 4419 Stockbridge Avenue, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Honest Aura" 4419 Stockbridge Avenue, Sacramento, CA 95842. Filed with the Clerk of Sacramento County August 22, 2025
Publish: September 5, 12, 19, 26, 2025
HONEST 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06263
The Synergy Holding's LLC (CA), 4508 Winje Drive, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Synergy Holdings" 4508 Winje Drive, Antelope, CA 95843. Filed with the Clerk of Sacramento County August 22, 2025
Publish: September 5, 12, 19, 26, 2025
SYNERGY 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06238
Alonzo Simmons, 2708 Woodbury Way #105, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "PorkniteTV/Porknite" 2708 Woodbury Way #105, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 21, 2025
Publish: September 5, 12, 19, 26, 2025
PORKNITE 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06133
Luis Eduardo Mendoza, 5824 Alorn Lane, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "California Senior Benefits Services/California Senior Benefits Services and Family Care" 5824 Alorn Lane, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 15, 2025
Publish: September 5, 12, 19, 26, 2025
CALIFORNIA 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-04816
Lady Nunez Vega, 10649 Biscay Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Lady House Cleaning" 10649 Biscay Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County June 30, 2025
Publish: September 5, 12, 19, 26, 2025
LADY 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06071
Dianna Maharaj, 3543 Rosemont Drive, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Dust to Diamonds" 3543 Rosemont Drive, Sacramento, CA 95826. Filed with the Clerk of Sacramento County August 14, 2025
Publish: September 5, 12, 19, 26, 2025
DUST 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06067
A to Z Junk Removal Services LLC, 348 Yampa Circle, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "A to Z Junk Removal Services" 348 Yampa Circle, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 13, 2025
Publish: September 5, 12, 19, 26, 2025
JUNK 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06162
Dakista Jones, 2425 20th Street, Sacramento, CA 95818 is doing business under the Fictitious Business Name(s) "Studio 417 The Salon" 2425 20th Street, Sacramento, CA 95818. Filed with the Clerk of Sacramento County August 19, 2025
Publish: September 5, 12, 19, 26, 2025
STUDIO 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06267
Porters Potties LLC., 5228 Lynnadeane Court, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Porters Potties" 5228 Lynnadeane Court, Carmichael,

CA 95608. Filed with the Clerk of Sacramento County August 25, 2025
Publish: September 5, 12, 19, 26, 2025
PORTERS 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06246
Ong Xiong, 8211 Aden Way, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Hmong Threads/Hmong Tee" 8211 Aden Way, Sacramento, CA 95828. Filed with the Clerk of Sacramento County August 22, 2025
Publish: September 5, 12, 19, 26, 2025
HMONG 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06261
Mobility Clean and Care, 2731 Garfield Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Mobility Clean and Care" 2731 Garfield Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 22, 2025
Publish: September 5, 12, 19, 26, 2025
MOBILITY 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06040
Eric Chu-Chu Browne, 2584 Beaumont Street, Sacramento, CA 95815 is doing business under the Fictitious Business Name(s) "Browne Rentals" 2584 Beaumont Street, Sacramento, CA 95815. Filed with the Clerk of Sacramento County August 12, 2025
Publish: September 5, 12, 19, 26, 2025
BROWNE 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06291
Ashley DeZonia, 3152 Lea Sterling Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "The Brow Leopard" 1723 Professional Drive, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 25, 2025
Publish: September 5, 12, 19, 26, 2025
BROW 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06066
Maid 2 Perfection LLC., 348 Yampa Circle, Sacramento, CA 95838 is doing business under the Fictitious Business Name(s) "Maid 2 Perfection" 348 Yampa Circle, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 13, 2025
Publish: September 5, 12, 19, 26, 2025
MAID 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06350
Extra Hummus LLC, 2320 Sunrise Boulevard, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Extreme Hummus" 2320 Sunrise Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 26, 2025
Publish: September 5, 12, 19, 26, 2025
EXTREME 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06313
Clover Massage LLC, 5839 Manzanita Avenue Suite 9, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Clover Massage" 5839 Manzanita Avenue Suite 9, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 25, 2025
Publish: September 5, 12, 19, 26, 2025
CLOVER 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06235
Trademark By Dreu LLC. PO Box 3492, Antioch, CA 94531 is doing business under the Fictitious Business Name(s) "Purpose on Autopilot" 1401 21st Street Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 21, 2025
Publish: September 5, 12, 19, 26, 2025
PURPOSE 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05970
Victor H Vargas, 10833 Folsom Boulevard Apt #338, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "PPS – Professional Painting Services" 10833 Folsom Boulevard Apt #338, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 11, 2025
Publish: September 5, 12, 19, 26, 2025
PROFESSIONAL 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06395
Mahon Enterprises LLC, 1609 Stewart Road, Sacramento, CA 95864 is doing business under the Fictitious Business Name(s) "Old Glory Hauling" 1609 Stewart Road, Sacramento, CA 95864. Filed with the Clerk of Sacramento County August 28, 2025
Publish: September 5, 12, 19, 26, 2025
OLD 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06364
Christina Ann Reed, 2929 Router Road #263, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "LeeAnn's Health Care Service" 2929 Router Road #263, Sacramento, CA 95827. Filed with the Clerk of Sacramento County August 27, 2025
Publish: September 5, 12, 19, 26, 2025
LEEANNS 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05320
Saghar Pmahr, 8820 Greenback Lane #J, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Saghar Threading" 8820 Greenback Lane #J, Orangevale, CA 95662. Filed with the Clerk of Sacramento

County July 18, 2025
Publish: September 5, 12, 19, 26, 2025
SAGHAR 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05497
Melyssa Kuniye Welter, 8128 Lichen Drive, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "MKW Enterprises" 2007 Broadway, Sacramento, CA 95818. Filed with the Clerk of Sacramento County July 25, 2025
Publish: September 5, 12, 19, 26, 2025
MKW 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06422
Oleksandra Valdovinos, 6151 Shadow Lane Apt 218, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Sabo Design" 6151 Shadow Lane Apt 218, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 29, 2025
Publish: September 5, 12, 19, 26, 2025
SABO 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06325
Max Tire and Auto Repair Inc, 3408 Northgate Boulevard Suite #7, Sacramento, CA 95834 is doing business under the Fictitious Business Name(s) "Max Tire and Auto Repair" 3408 Northgate Boulevard Suite #7, Sacramento, CA 95834. Filed with the Clerk of Sacramento County August 26, 2025
Publish: September 5, 12, 19, 26, 2025
MAX 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05555
Sinan Al Adhami, 4671 River College Drive, Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "Sinan's Drafting Services" 4671 River College Drive, Sacramento, CA 95841. Filed with the Clerk of Sacramento County July 28, 2025
Publish: September 5, 12, 19, 26, 2025
SINANS 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06329
Leada Omid, 2666 Cottage Way Apt 95, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Marya Fasion" 2413 Howe Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 26, 2025
Publish: September 5, 12, 19, 26, 2025
MARYA 9-26-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06370
David Erdman, 2533 Fumrnt Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "X-Pert Fire Suppression Service" 2533 Fumrnt Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
XPERT 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06492
YF Services Inc, 3349 Gray Mare Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Freedom Fence and Gate" 3349 Gray Mare Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 3, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
FREEDOM 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05548
Mario Mejia, 11051 Cobblestone Drive, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Pristine Cleaning Solutions" 11051 Cobblestone Drive, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 28, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
PRISTINE 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06461
Jesus Rios Courier LLC, 2110 K Street, Sacramento, CA 95817 is doing business under the Fictitious Business Name(s) "Process Server Of Downtown Sacramento/Process Server Of Rancho Cordova/Process Server Of Natomas" 2110 K Street, Sacramento, CA 95817. Filed with the Clerk of Sacramento County September 2, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
PROCESS 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06467
Kyler Jordan Treven Blair, 10195 Crawford Way Unit B, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Oathbound Entertainment" 10195 Crawford Way Unit B, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 2, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
OATHBOUND 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06418
Golden State Auto Deals LLC, 721 North B Street Suite 8, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Golden State Auto Deals LLC" 721 North B Street Suite 8, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 28, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
GOLDEN 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06343
Filippelli Enterprises LLC, 785 Orchard Drive, Suite 250, Folsom, CA 95630 is doing business under the Fictitious

Business Name(s) "CMIT Solutions Folsom" 785 Orchard Drive, Suite 250, Folsom, CA 95630. Filed with the Clerk of Sacramento County August 26, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
CMIT 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06251
Sajid Vaid and Fhozia Vaid, 2612 El Camino Avenue, Suite A, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bold N Bella" 2612 El Camino Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 22, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
BOLD 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06428
Azuaa LLC, 2975 S. Rainbow Boulevard Suite E, Las Vegas, NV 89146 is doing business under the Fictitious Business Name(s) "MBS Lending Group/Uni Gen Home Loans/Z Loans" 2975 S. Rainbow Boulevard Suite E, Las Vegas, NV 89146. Filed with the Clerk of Sacramento County August 29, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
MBS 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06376
Golden State Advisory Group LLC, (CA) 1345 Ocean Parkway, Brooklyn, NY 11230 is doing business under the Fictitious Business Name(s) "Golden State Capital Partners" 1345 Ocean Parkway, Brooklyn, NY 11230. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
GOLDEN 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06377
Social Growth Consulting LLC (CA) 1345 Ocean Parkway, Brooklyn, NY 11230 is doing business under the Fictitious Business Name(s) "Social Funding Partners" 1345 Ocean Parkway, Brooklyn, NY 11230. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
SOCAL 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06378
LA Business Advisory Group LLC (CA) 1345 Ocean Parkway, Brooklyn, NY 11230 is doing business under the Fictitious Business Name(s) "LA Capital Funding" 1345 Ocean Parkway, Brooklyn, NY 11230. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
LA 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06379
Pacific Growth Consulting LLC (CA) 1345 Ocean Parkway, Brooklyn, NY 11230 is doing business under the Fictitious Business Name(s) "Pacific Growth Funding" 1345 Ocean Parkway, Brooklyn, NY 11230. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 12, 19, 26, Oct 3, 2025
PACIFIC 10-3-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06380
Bay

J & A

Flowers & Plants

For Weddings, Anniversaries & Birthdays

(916) 243-3151

920 Oak Lane, Rio Linda Shopping Center

(Formerly Mar-Val Center)

Brighten a Senior's Day

Volunteer with Meals on Wheels Sacramento County

We need compassionate volunteers to deliver meals, support our community cafes, or help with clerical tasks. Your kindness helps our elderly neighbors maintain independence and dignity through improved nutrition.

For more information and to sign up, visit mowsac.org or call (916) 444-9533. Be the reason someone smiles today. Volunteer with us and make a heartfelt difference.

MEALS ON WHEELS
SACRAMENTO COUNTY

CALL A PROFESSIONAL

SLS

Superior Landscape Services
Landscaping and Maintenance

• Sprinkler Repair/Install • Pruning
• Mowing/Trimming • Fertilizing

Insured
Lic#794551

(916) 728-5812 • Cell (916) 761-0999
Dave Cochran Owner • dave_SLS@surewest.net

Jose's Landscape Maintenance

✓ General Lawn Service
✓ One Time Clean Ups
✓ Lawn Aerate
✓ Dethatch
✓ Sprinkler Repair

Call Jose at
916-991-6923

Gen. Bus Lic # 32014-01649 \ Spe Bus Lic # 12016-00134

AFFORDABLE TRENCHLESS & PIPE LINING

Install a Water/Electric line under your existing driveway!

SEWER PROBLEMS? WATCH OUR VIDEO.
www.ydig.com

We're #1 in the #2 business

Off (916) 488-1215 Lic #754886

SMOOT LANDSCAPING

• Drought tolerant landscape
• Low voltage lighting
• Garden renovations
• Concrete and stone
• Consultations available

Celebrating 45 years

916.454.1300

www.SmootLandscaping.com • Contractor License #633224

TRACTOR SERVICE

• Mowing • Rototilling
• Discing • Scraper/Loader

Call
(916) 991-8431

GREENWAY TREE SERVICE

Specializing in Expert Tree Pruning, Tree Removal & Stump Grinding

Free Estimates
Competative Prices

Licensed and Insured

(916) 224-9750

ABOUT THE HOUSE

Housekeeping

Weekly
Bi-weekly
Monthly

Lic. #SPB11998-19181

Call Sherry Walsh, Owner at
916.308.2477

Only \$35/Hour!
2, 3, or 4 Hour sessions available

Rio Linda Eye Care

Laser Surgery • Eye Glasses • Contact Lenses
• Eyewear for Computer Users

Dr. William Fleischmann
(916) 991-8444

Saturday Appointments Available
6716 RIO LINDA BLVD., SUITE B, RIO LINDA

RESTORE YOUR FLOOR
HARDWOOD FLOORING

Revive • Restore • Refinish

Hardwood, Laminate, and Vinyl

New Installation & Repairs
Family Tradition Since 1957
Lic. #794448

• Sand & Finish
• Repairs
• New Installations
• Recoating

sacramentohardwood.com
1.800.725.3320 916.342.6596

Mary Shyer

Neighborhood Dog Walker

Email: shyermary9@gmail.com
Phone: (916) 281-9442
Rover: www.rover.com/sit/marys07242

BALANCED

Air Conditioning And Heat Service

The right air every time.

Serving the Sacramento area's Air Conditioning and Heating needs
Casey McKean, Owner

(916) 512-3978 | balairheat@gmail.com
balancedacandheat.com C20 1023235

FOLLOW US

for Local News and much more!

Messenger Publishing Group

Facebook: @MPG8dotcom

Local Classifieds

Advertise in your local community newspaper
Call 916-773-1111

Computer Service

PC Configurations
"Don't replace it - REPAIR IT!"
Custom Desktop Computer Configurations
• PC Repair • Home Wireless Networking
• Installations • Virus & Spyware Eradication

Alan Zinsky
Phone: 916-622-2269
Zconfig@sbcglobal.net
Bus. Lic. # 305312 • B. E. A. R. Reg. #84816
www.zinskyspcrepair.com

Hall Rentals

Event hall for rent. 2,800 sq. ft. Coffee bar. Plenty of parking. Saturday and Sunday. \$500. 5809 Gibbons Dr. (916) 470-7323. (11/7/25)

VFW Post 6158

8990 Kruithof Way,
Fair Oaks, CA

916-966-1663

vfw6158.org/rent-our-hall/

We Support Our Military

Help Wanted

Many Positions are Available. Please no phone calls. Apply in person.

10971 Olson Dr.
Rancho Cordova,
CA 95670

Health/Wellness

XOSIALX – Get Social. Be EXCEPTIONAL XILERATE is redefining energy for everyone. It provides an authentic, jitter-free boost that appeals to both regular energy drink users, and those who may have avoided them due to artificial ingredients or harsh effects. FREE TO JOIN. www.canderson.xosialx.com (TFN)

GOT LOCAL NEWS?

Call (916) 773 1111

Landscaping

CREATE YOUR PARADISE

Winter Yard Cleanups, Complete Landscape Design/ Installation, Sprinkler System Installs/Repairs, All Types Concrete Work, Fence Installation, Retaining Walls- All Types, Drainage Systems-all types, Landscape Lighting, Residential/ commercial

American Landscape Design & Installation. Est 1987
American Construction & Property Maintenance Company

WE ACCEPT VISA & MASTER CARD
(916)612-0776
Lic#690968

Landscaping

YARD SERVICE

ONE-TIME CLEANUP
Mow, Weed, Prune & Haul
NEED: Landscaping bark?
Gutters cleaned?
Light fence work?
CALL 916/205-9310
or 916/627-9000

Music Lessons

Guitar Lessons

Beginner to Advanced . \$20/ half-hour; \$30 full hour. 916-507-6658, freddiebbalbert@gmail.com (12/31/2025)

Roofing

BERNARDINO ROOFING

Reroofs, Repairs, Maintenance, Dryrot, Gutters, Family Operated. BBB MEMBER!

FREE ESTIMATES
SENIOR DISCOUNTS
Lic.#817945 43 Years Experience
916.920.0100
www.bernardinoroofing.com

LEGAL ADS FOR SACRAMENTO COUNTY?

We Can Do That!

Call to place your legal advertising

916-773-1111

All Legal Ads Published by Messenger Publishing Group

MPG

MPG8.COM

Room Wanted

Elderly man looking for furnished room to rent. \$600 - \$800. Call Scott (916) 910-4796. (TFN)

Tree Service

BP TREE SERVICES LLC.

TREE & STUMP REMOVAL
TREE TRIMMING/ SHAPING
FREE ESTIMATE
10% OFF WITH THIS AD
Insured. Workman's comp. Arborist
916-722-6321
BPTreeServices.com
VISA / MASTER CARD
California Contractors Lic #1036031

TO ADVERTISE

CALL 1-916-773-1111

THE RIO LINDA NEWS

From This Tragedy, More Voices Must Rise

Silencing one voice cannot end the conversation. It must awaken a chorus of many

By Hector Barajas,
California Globe

Charlie Kirk’s death on September 10 was more than a personal tragedy; it struck at the very heart of free speech in America. For years, he had become a modern symbol of debate culture, a figure willing to put himself in front of hostile audiences and say, “Let’s talk.”

In a time when disagreement often leads to shouting, shaming, or silencing, Kirk chose dialogue — once so common it wasn’t even considered special in America, but now it seems like a lost art.

Kirk built his career not by hiding from critics but by meeting them head-on. In person, not from the safety of an online echo chamber. On college campuses across the country, he welcomed tough questions from students who often opposed everything he represented. He listened, he argued, and he stood his ground with facts, critical thinking, and a depth of knowledge rare for any citizen, especially someone his age.

It was not about demanding agreement but about proving that open dialogue matters more than uniformity of thought. He even sat with California Governor Gavin Newsom; while the two disagreed on most issues, they still managed to show millions of viewers what respectful debate



Charlie Kirk and his wife, Erika, speak together at an event in Texas in 2025. Photo courtesy of CA Globe

could look like.

That choice to engage with opponents was no small act. In today’s culture, it is easier to cancel, shame, or attack than to have a real conversation. Too many people treat disagreement as something to shut down and silence. Kirk refused to play that game. He believed the only way to sharpen your own argument was to test it against the strongest case from the other side. In that way, he upheld the older American tradition of free speech, where ideas meet head-on and the best argument stands.

His assassination is therefore not only the silencing of one

man, but also an assault on the heart and soul of America. When violence is used to end debate, free speech itself becomes the casualty. We cannot accept a future where the price of speaking out is fear for your life.

There is also a broader warning in this tragedy. Political violence doesn’t stop with one person. Once it becomes acceptable to kill or threaten a voice because you disagree with it, the door opens to silence anyone.

Today it was Charlie Kirk. Tomorrow it could be an elected official, a professor, a journalist, a union organizer, or a student. Free speech is not a partisan value. It is the foundation of

democracy, and without it, every other right grows weaker.

Charlie Kirk forced people to think, respond, and defend their beliefs. He showed that disagreement doesn’t have to lead to dehumanization. He showed that you can argue passionately and still see the humanity in the person you’re debating.

Perhaps even more troubling than the cancer consuming the art of civil discourse is that Charlie Kirk’s underlying message was essentially one of love and respect for our country, our fellow citizens, our values, our history, and our future generations.

There is a poignant video clip

circulating online of George Carlin, the sardonic comedian and social critic, who framed assassination this way:

“It’s interesting to notice who it is we assassinate. You know who it is — it’s always people who told us to live together in harmony and try to love one another. Jesus. Gandhi. Lincoln. John Kennedy. Bobby Kennedy. Martin Luther King. Medgar Evers. Malcolm X. John Lennon. They all said try to live together peacefully”

Sadly, we’ve experienced too many of these tragic moments in American life. Kirk’s assassination is yet another.

But like other moments in history, this tragedy can be a turning point. The best way to honor Kirk’s legacy is to refuse silence. We must keep speaking, listening, and debating, even when it is uncomfortable. Fear cannot be allowed to dictate our voices. The future of free speech, and the restoration of respect and love for this nation and for our fellow countrymen, depends on it.

Hector Barajas is a communications strategist who advises companies, associations, and campaigns on public affairs and policy issues. He is the founder of Amplify360 Inc., a strategic communications firm, and a frequent commentator on politics, legislation, and Latino issues in English and Spanish-language media. ★

Please, Conversation Not Assassination

By Dr. Glenn Mollette

Charlie Kirk was a man who had opinions and vocalized them. He believed in free speech. He also believed in the right of free speech for those who disagreed with him. In his Turning Point rallies, he gave untold numbers of people the opportunity to express their opinions and to debate him. He respectfully gave each person the time to state their case on whatever the subject. Charlie was adamant, profound and articulated strong convictions.

Sadly, a deranged 22-year-old man from Utah took Charlie’s life. It has been reported that the gunman had previously stated at a family dinner that he thought Kirk was filled with hate. When Kirk spoke at a university rally in Utah, the gunman plotted and positioned himself to shoot a single long-range rifle shot that took Kirk’s life. The man ran back to his home where he later had no choice but to confess to his father that he was indeed the man who had been videotaped at the rally who took Charlie Kirk’s life. The lone assassin is an evil coward who silenced one of America’s star voices. At least he thought he did. Charlie Kirk has become more known, and his sound clips have been heard more in the last few days than in his entire ministry/career. Kirk has been propelled by the assassin to a status in American culture that will never be forgotten. Instead of silencing Kirk he magnified Kirk’s voice and message a hundred or more times. Kirk is now being remembered around the world.

Charlie Kirk used his voice. Every American is entitled to this freedom. His voice cost him his life.

Abraham Lincoln gave his life

reuniting our country and abolishing slavery. A cowardly assassin took Lincoln’s life as he leisurely watched a play at Ford’s Theatre in Washington, D.C. John F. Kennedy used his voice to excite the American people and to bring about a positive attitude in the country but was gunned down by an assassin from a hidden window in downtown Dallas, Texas. Martin Luther King, Jr. was a man with a great voice who stirred the hearts of millions of Americans and brought about liberating change for black Americans. An assassin who disagreed with King cowardly hid and took King’s life with a bullet. Malcom X and Bobby Kennedy were orators for positive change in America but someone who disagreed with their views killed them.

The greatest voice of hope, love, change and forgiveness, who ever lived, was Jesus Christ. A cowardly crowd yelled for him to be executed.

These mentioned voices were not silenced by hideous crowds or hidden gunmen. Each of their voices have rung loudly and clearly. Their legacies have only grown bolder and stronger.

It is sad that Charlie Kirk’s assassin did not go down to the rally, stand up like a man and challenge Kirk in a debate. He could have told Kirk what he thought about him and given Kirk a chance to respond. But no, he was a weak, spineless man filled with more hate than probably anyone in America at that given moment. It’s one thing to have a hateful, negative thought, but it’s another to allow hate to act itself out in such a way.

Violence is never the answer. Let’s keep America free. Free to speak, free to debate, free to practice and express our religion. Let’s have peaceful and strong conversation, not assassination. ★

America’s Sports Teams Pay Tribute to Charlie Kirk

The White House News Release

WASHINGTON, CHRISTIAN NEWswire (MPG) - The White House releases the following:

From coast to coast, sports teams and organizations paused this week to commemorate the legacy of Charlie Kirk. The White House recognizes these profound tributes that celebrate Kirk’s enduring legacy as a champion for faith and patriotism and honor the remarkable impact he had on millions of Americans.

NFL franchises, including the Green Bay Packers, New York Jets, Dallas Cowboys, Miami Dolphins, New Orleans Saints, Kansas City Chiefs, Pittsburgh Steelers, Tennessee Titans, and Arizona Cardinals

all held moments of silence or special recognitions.

In baseball, the Chicago Cubs and New York Yankees paid tribute. College football teams, such as the South Carolina Gamecocks, LSU Tigers, and the Wyoming Cowboys, joined in — as did the UFC and NASCAR, showcasing the broad reach of Kirk’s influence.

These tributes reflect the widespread admiration for Kirk’s dedication to inspiring the next generation of American Patriots. We commend these organizations for honoring a figure who championed the values that unite us all, and we join the nation in celebrating his legacy. ★

Liberty Counsel: Message From Mat Staver Regarding Charlie Kirk

Liberty Counsel News Release

We are heartbroken to learn that Charlie Kirk has been shot while speaking at Utah Valley University.

Our prayers go out to Charlie, his wife and two young children, and all those affected by this tragic and senseless

act of violence.

We ask everyone to join us in praying for Charlie and his family, for peace, and for strength during this incredibly difficult time.

And we pray against this senseless hatred and disdain for human life that elevate violence over dialogue. ★

Bera Condemns the Killing of Charlie Kirk

Office of U.S. Representative Ami Bera, M.D. News Release

WASHINGTON, D.C. (MPG) - Representative Ami Bera, M.D. (CA-06) released a statement after conservative activist Charlie Kirk was shot and killed at an event at Utah Valley University on Sept. 10:

“This is a dark day for America. The killing of Charlie Kirk is a horrific and deeply disturbing act of political violence. I condemn it in the strongest possible terms.

“Political violence is a cancer on our nation. We

don’t have to agree with one another’s beliefs — in fact, we may find some views deeply offensive or wrong — but we must reject violence as a means of resolving disputes. It corrodes the very foundation of our democracy and threatens the freedoms we all cherish. Democracy demands that we resolve our differences peacefully through debate, civic engagement, and at the ballot box.

“I urge law enforcement to use every available resource to bring the perpetrator of this act to justice. There must be

accountability. We cannot allow violence to take root as a tool of political expression in America.

“In moments like these, we must rise above partisanship and reaffirm a simple truth: violence against anyone — Republican or Democrat, liberal or conservative — has no place in our society. No person or political party is immune to this disturbing and growing trend. Above all else, we are Americans.

“My thoughts and prayers are with Mr. Kirk’s family, loved ones, and all those impacted by this heinous act of violence.” ★

Republican Leaders Issue Joint Statement on Assassination of Charlie Kirk

Assembly Republicans News Release

SACRAMENTO (MPG) - Assembly Republican Leader James Gallagher (R-East Nicolaus) and Leader-Elect Heath Flora (R-Ripon) issued the following statement on the assassination of conservative leader and Turning Point USA founder, Charlie Kirk:

“In the 21st century, no one did more to lead the conservative youth movement than Charlie Kirk. He spoke the truth, welcomed respectful debate, and

never backed down from his beliefs, his faith, or his love of this country.

Charlie brought light into dark places. On campuses where free speech is under attack, he stood strong and gave others the courage to speak up. As the founder of Turning Point USA, he organized a movement that will shape generations.

He was bold in his faith, clear in his convictions, and fully embraced his conservative values.

Charlie is now with the Lord — but the work he started isn’t finished.” ★

ARC has Strong Start at USF Invite

American River College Athletics News Release

SACRAMENTO, CA (MPG) - The American River College (ARC) men's cross-country team kicked off their season Aug. 29 in Golden Gate Park with determination at the University of San Francisco Invite, an event hosting top collegiate programs across California.

American River finished 10th out of a highly competitive field, posting an average time of 26:17 for the 8,000-meter course and a team score of 283.

American River College athletes delivered solid performances against a strong field.

Following is how the top five men fared. Cameron Mobley (freshman) led the team, placing 23rd, crossing the finish line in 25:15.7. Cyrus Justiniani (sophomore) had a strong showcase with a 25:44.9 and a 55th place. Owen Wiseley (freshman) clocked a 26:32.3, finishing 82nd. Tyler Farnworth



Cameron Mobley of American River College's men's cross-country team is pictured during the University of San Francisco's cross-country invitational on Aug. 29. Photo courtesy of American River College Athletics

(sophomore) came in at 26:55.5, earning 101st. Edwin Hooey (freshman) crossed the line in 26:59.6, placing 105th. Their combined efforts built a competitive pack. For the freshman, this was their first 8,000-meter race. With Mobley, Wiseley, Hooey,

Pringle, Guernsey, Laverty, Martinez and Pesce all freshmen, the team looks to have strong upcoming depth. Justiniani, a sophomore, anchored the team with a sub-26-minute effort, offering strong leadership heading into the season.

While the team placed mid-pack amid powerhouse programs, the results offer a solid benchmark. With improving fitness and race experience, American River College has clear potential to tighten up team scoring in future meets.

American River College's 10th-place finish at the University of San Francisco Invite marks a solid season opener, underpinned by consistent performances from both returning runners and newcomers.

As the season unfolds, attention now turns to improving team cohesion, pushing key runners deeper into the pack and building on the promise shown at Golden Gate Park. ★

Ella Kraft Named Big Sky Women's Golfer of the Week



Ella Kraft of the Sacramento Hornets was named Big Sky Women's Golfer of the Week on Sept. 10. Photo courtesy of California State University, Sacramento

Sacramento State News Release

SACRAMENTO REGION, CA (MPG) -California State University, Sacramento senior Ella Kraft was named the Big Sky Women's Golfer of the Week, it was announced on Sept. 10.

The honor is the second of Kraft's career.

Competing at the Branch Law Firm/Dick McGuire Invitational in Albuquerque, New Mexico, Kraft claimed her first collegiate victory with rounds of 70-69-72-211. That total was tied for the second lowest of her career and made her the second Hornet to win an individual

title during the first tournament of the season.

Kraft also moved into a tie with Jennifer Koga (2021-24) for the most career rounds in the 60s with 13.

The Uppsala, Sweden native also helped the Hornets win the team championship. Sacramento State University finished four strokes ahead of the Cal State Fullerton team, which is coming off a National Collegiate Athletic Association (NCAA) Championships appearance.

Sacramento State University will next compete at the Golfweek Red Sky Classic in Wolcott, Colorado on Sept. 22 to Sept. 24. ★

Junior/Senior Team City Championship Winners Named

Sacramento Golf Council News Release

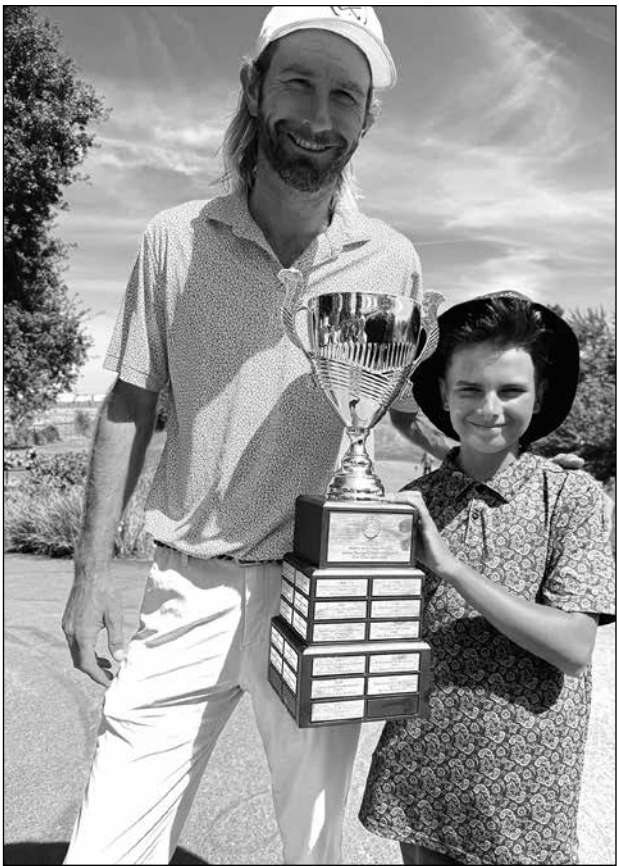
SACRAMENTO, CA (MPG) - The 2025 Walter and Olga Strand Junior/Senior City Championship was held Sept. 7 at Bartley Cavanaugh Golf Course.

Cinnamon Danielson and Parker Barrett of Chico captured the championship in the Handicap Division with a net score of 63.5.

In the Callaway Division, for teams without official handicaps, Harrison Elliott (age 12) of Orangevale and Will Harvey of Oregon House took the title with a score of 66.

The champion team is determined by the lowest net score in the Handicap Division. Teams without handicaps are placed in the Callaway Division.

The Junior/Senior Championship pairs golfers 18 years or younger with a senior partner at least 15 years older. The 18-hole team event was played in the Chapman Scotch format: both players hit a tee shot, switch balls for the second shot, then select one ball and alternate shots until holed.



Pictured are the winners of the Callaway Division, Harrison Elliott and Will Harvey, left, at the 2025 Walter and Olga Strand Junior/Senior City Championship on Sept. 7 at Bartley Cavanaugh Golf Course. Photo courtesy of the Sacramento Golf Council

Sacramento Golf Council volunteer Greg Bisi served as tournament director.

The nonprofit volunteer-run Sacramento Golf Council conducts quality golf tournaments at Sacramento city and county golf courses in the Sacramento Metropolitan area for men and women of all ages and abilities, and juniors. ★

UC Davis Basketball Season Tickets on Sale

UC Davis News Release

DAVIS, CA (MPG) - With just under two months from opening tip, University of California, Davis basketball season tickets are now on sale, allowing Aggie fans to catch the action in the University Credit Union Center all winter long.

Men's basketball tickets start at \$175 and women's basketball tickets start at \$75. Admission for those between the ages of 3 and 13 are men's basketball tickets at \$125 and women's basketball games at \$50.

Aggie fans looking for men's tickets in sections 109 to 111, 209, 211, 221 and 225 will be required to make contributions of up to \$500 per seat to the Champion Aggies Club.

Under the tutelage of Jim Les, the men enter 2025-26 with a new look, adding

nine new players through recruitment and the transfer portal. The returners include players such as Carl Daughtery Jr., Connor Sevilla and Nils Cooper.

Coming off a 21-win season and Big West Finals appearance a year ago, women's basketball is set to go for year 15 under head coach Jennifer Gross. The squad is backed by a number of familiar faces, such as All-Big West players Megan Norris, Nya Epps and Ryann Bennett.

Both teams open their season with a doubleheader at the University Credit Union Center on Monday, Nov. 3. The men's team will take on Menlo at 5 p.m. before the women face off against William Jessup at 7:30 p.m.

For more information regarding tickets, call the Aggie Ticket Office at 530-752-2471, go online to ucdavisaggies.com or email aggietickets@ucdavis.edu. ★

Rodrigo Lopez Nominated for Player of the Month



This is Republic FC midfielder Rodrigo (RoRo) Lopez's first Player of the Month nomination since he claimed the award in August 2022. Lopez is the third Republic FC player to be nominated this season, joining teammates Russell Cicerone and Danny Vitiello, who was voted July's top player. Photo courtesy of Sacramento Republic FC

Compiled from Sacramento Republic FC and USL News Releases

SACRAMENTO, CA (MPG) - USL (United Soccer League) Championship announced that Republic FC midfielder Rodrigo (RoRo) Lopez was nominated for USL Championship Player of the Month for August. Voting closed online at USLChampionship.com on Sept. 9. A fan vote comprises 51% of the poll and the remainder was conducted by the USL Technical Committee and National Media Panel.

Lopez finished August tied for the league lead with five goal contributions (two goals, three assists), adding his name to the score-sheet in each of his four appearances in August. On Aug. 2, he helped Sacramento claim its first road win over San Antonio FC with an assist on Cristian Parano's stoppage time goal. The following week, Lopez netted his 40thcareer regular season goal with the game-winner over Monterey Bay FC.

Lopez hit another career milestone against NorCal rival Oakland Roots on Aug. 16 with a goal and an assist, making him just the fourth player in league history to record at least 40 goals and 50 assists in the regular season. Lopez closed out the month with his fifth assist of the season on Aug. 30 as he set up Khorri Bennett's first goal in the team's 2-0 win over New Mexico United.

This is Lopez's first Player of the Month nomination since he claimed the award in August 2022. He is the third Republic FC player to be up for it this season, joining teammates Russell Cicerone and Danny Vitiello, who was voted July's top player.

There were three other August Player of the Month nominees, including the Louisville City FC's Jansen Wilson. Wilson recorded four goals and one assist across five contests as Louisville City went undefeated in the month, averaging a goal every 107.8 minutes while posting a shot conversion rate of 30.8% and a shooting accuracy rate of 66.7%.

Also nominated was Hartford Athletic's Kyle Edwards, who recorded three goals and one assist across five appearances, including a goal and assist in Hartford Athletic's first victory against Rhode Island FC, and averaged a goal every 63.3 minutes while posting a shooting accuracy rate of 71.4%.

The other nominee was El Paso Locomotive FC's Gabriel Torres, who recorded two goals and two assists in five appearances as El Paso Locomotive compiled an undefeated month, ranking third in the league with 14 chances created while posting a 57.1 shooting accuracy rate on nine shots overall.

On Sept. 11, the USL Championship announced that Louisville City FC midfielder Wilson was voted the USL Championship Player of the Month. ★