

localtownpages Medway & Millis

Vol. 16 No. 9

Free to Every Home and Business Every Month

October 1, 2025

Millis High School recognized as one of America's Best High Schools in 2025

Millis ranked high by US News & World Report, Boston Magazine

Millis High School is once again proving to be a standout institution on both the state and national stage, reaffirming its longstanding commitment to academic excellence, student growth, and community values.

U.S. News & World Report recently released its Best High Schools rankings, with Millis High School placing in the top 15% with a ranking of #45 at the highly competitive state level—among 352 Massachusetts high schools included in the rankings.

Millis High School not only performed well statewide, but

also earned a spot in the top 10% nationally, ranking #1,041 out of 17,901 public high schools identified across the country. The school's rankings in the College Readiness Index and College Curriculum Breadth Index were among some of the highest in the state, coming in at #24 and #21, respectively. Other categories contributing to the rankings included state assessment proficiency, state assessment performance, and graduation rate.

MILLIS

continued on page 2



Jeanne VanPatten and Nico Gomez, 10, of Medway beside the 1960 Dodge Polara, which won trophies for the People's Choice and Best Restored.

Medway car show has attendees cruisin' down memory lane

By THERESA KNAPP

On Sept. 20, the Medway Historical Society and the Lions Club brought back the

"Endless Summer Cruise In" it's been a huge success," said after a 20-year hiatus.

"It's been on hiatus for a couple of decades now, and

CRUISIN

continued on page 2



Thinking of buying or selling? Call for a complimentary market analysis of your home.

**RARE THREE BEDROOM END UNIT!
PRICED TO SELL 450K
25 BAYBERRY CIRCLE, MILLIS**

Joleen Rose, Realtor®
LMC, CBR, MAR, GBAR, NAR, SRES
Beyond Excellence - Leaders Circle
Multi-Million Dollar Producer

Cell: (508) 951-5909

 **ERA Key Realty Services**
Turn Your Dreams Into Reality

Your Local Expert Realtor for 25 Years!
joleenrose@gmail.com | JoleenRoseHomes.com





WWW.TEAMRICE.INFO





Team Rice
RE/MAX Executive Realty

COMING SOON
~ 106 Holliston Street, Medway ~



NO TRICKS, JUST TREATS FOR HOME SELLERS.

THIS OCTOBER, WE'LL HELP YOU SCARE UP SERIOUS OFFERS — AND LEAVE THE SPOOKY MARKET STUFF TO US.

BERKSHIRE HATHAWAY HOMESERVICES
PAGE REALTY
508-709-7754

BHHPageRealty.com

A member of the franchise system of BHH Affiliates, LLC.

Local
Customer
Postal
SPRINGFIELD, MA
PERMIT NO. 142
PAID
U.S. POSTAGE
EPCWSS
PRSRST STD

localtownpages 

Scan this QR CODE
to visit our Website



Scan this QR CODE
to visit our Facebook Page

localtownpages 



MILLIS

continued from page 1

Boston Magazine also released its 2025 rankings for Top Public High Schools in Greater Boston.



Millis was ranked in the top 10 for both the categories of Best Bang for Your Buck and Average Class Size. Millis High School's overall rank was #46.
Being named one of America's Best High Schools is an honor of which Millis High School is

extremely proud. This recognition reflects the dedication of our students and staff, as well as the strong academic foundation built at Millis Middle School and Clyde Brown Elementary. It also stands as a testament to the

collaboration and support Millis High School receives from families and the broader community.
To learn more about the rankings, visit <https://bit.ly/USNewsSchool-Rankings2025Millis>
– Submitted by Millis High School

CRUISIN

continued from page 1

Medway Historical Society President Sheila Dubrawski before the awards were announced. She thanked everyone for attending, and thanked all of the volunteers – especially Annemarie Fontecchio and Jim McCarthy - for their efforts.

Organizers say 150 vehicle were in the show, and estimate 400 people attended the event.
Admission to the event was \$5, although children under 12 and adults over 75 were admitted free. The proceeds will benefit the Medway Historical Society for restoration, education, and a future museum and displays.
The parking lot at the Parks & Recreation building at 123 Holliston Street was filled with

Top: Honda ACTY 4WD was one of many unique vehicles at the Medway Endless Cruise In in September.
Bottom: 1994 AM General military truck tractor.
Photos: Theresa Knapp



CRUISIN

continued on page 3



Find **Your** Fit at Dean College

Whether it's academics, community, or career prep, Dean helps transfer students thrive. With faculty mentors, 40+ clubs, 16 NCAA athletic teams, and a supportive campus culture, you'll find more than a degree—you'll find **your** place.



See what's possible at dean.edu.



CRUISIN

continued from page 2

antique vehicles of all makes, models, colors, years, and a few different countries. The family-friendly event included music, food, vendors, a 50/50 raffle, and more.

Nico Gomez, 10, of Medway, enjoyed the event. “It’s cool. I like the old cars and I like all the different styles.” He said he really liked the Fords.

And so did the judges, as the Best of Show went to a 1966 Ford Mustang Coupe.

The People’s Choice award went to a 1960 Dodge Polara (which also won Best Restored).

For more photos from the event, visit us on Facebook @ MedwayMillisTownNews.



Top: Best of Show went to the 1966 Ford Mustang Coupe owned by Michael Legendre of Attleboro.

Bottom: The People’s Choice and the Best Restored awards went to the 1960 Dodge Polara.

EYEWOR

OF MILLIS

YOUR VISION. OUR FOCUS

Fabulous Fall Fashions!

ERKERS
EST 1879

We accept eyeglass prescriptions from any Doctor's office and can duplicate your current prescription.

508-376-0800

Milliston Common, Millis

Open: Tue-Wed-Thur 9-6, Fri 9-5, Sat 9-2

ACCREDITED BUSINESS

A+

MEDWAY

OIL & PROPANE

"Your Total Home Comfort Company"

FAMILY OWNED & OPERATED SINCE 1954

Supporting the local communities we serve as a charitable partner

**We provide support & discounts*
for veterans, military and first responders**

Contact us today for more information about our award-winning delivery & service

800-649-5949

info@medwayoilpropane.com

Your neighbors have voted us GOLD MEDAL WINNERS!

*DISCOUNTS ARE FOR AUTO DELIVERY WHOLE HOUSE HEAT CUSTOMERS ONLY, ASK FOR DETAILS.

Medway recognizes Hunger Action Month

At its Sept. 2 meeting, the Medway Select Board issued a proclamation declaring September as Hunger Action Month in Medway. Representatives from both the Medway Village Food Pantry and the Medway Food Pantry at Mahan Circle were in attendance to mark the occasion.

Hunger Action Month is a nationwide effort to raise awareness about food insecurity and inspire collective action. According to the Greater Boston Food Bank, one in three households in Massachusetts experiences food insecurity. Here in Medway, the two local food pantries serve approximately 1,000 residents who rely on community support to meet their basic needs.

One former client and Medway resident shared her story: “The pantry gave me peace of mind in a storm. Now that I’m back on my feet, I give back—because I know what it feels like to be on the other side of the table.”

Her experience is a reminder



that food insecurity exists in every community, and that with support, neighbors can get through difficult times and even return to help others.

Residents are encouraged to participate in Hunger Action Month in simple ways—such as following local food pantries on social media, sharing posts to spread awareness, and supporting donation drives. Every action, big or small, helps strengthen Medway’s community response to hunger.

Source: Medway Village Food Pantry

Top: The Medway Select Board recognized September as Hunger Action Month. Medway Food Pantry representatives were in attendance to support the important cause. (L to R) Volunteers Martin Dietrich and Kathie Olsen; Paul Galante, Director of the Medway Food Pantry at Mahan Circle; Susan Dietrich, Director of Medway Village Food Pantry; and volunteers Ellen Hillery and Frank Hillery. Bottom, from left: Medway Select Board members Frank Rossi, Maryjane White and Todd Alessandro; Paul Galante, Director of the Medway Food Pantry at Mahan Circle; Susan Dietrich, Director of Medway Village Food Pantry, and Select Board member Glenn Trindade. Courtesy photos

Millis Lions postpone 80th celebration, plan October events

Due to unforeseen circumstances, the Millis Lions regrets that the Club’s 80th Anniversary Celebration planned for Sept. 27 had to be postponed until a later date, to be determined.

This month, the club will be busy taking part in the Millis Firefighters Annual Fire Prevention Open House scheduled for Sun., Oct. 5, from 10 a.m. to 2 p.m.

Later in the month, children are encouraged to dress up in their favorite costumes and trick-or-treat at the Millis Lions 2nd Annual Holiday Bazaar, to take place on Sat., Oct. 25, from 10 a.m. to 3 p.m. at Millis High School, 245 Plain St., Millis. The event will include treats for the costumed kiddos, raffles, food, vendors and fun!

localtownpages

Published Monthly
Mailed FREE
to the Communities of
Medway & Millis
Circulation: 8,640
households & businesses

Publisher
Jennifer Schofield

Editor
Theresa Knapp

Send Editorial to:
editor@millismedwaynews.com

Advertising Director
Jennifer Schofield
508-570-6544
jenschofield@localtownpages.com

Creative Design & Layout
Michelle McSherry
Kim Vasseur
Wendy Watkins

Office Address
9 Industrial Road, Suite 107
Milford, MA 01757

Ad Deadline is the
15th of each month.

*Localtownpages assumes
no financial liability for errors
or omissions in printed
advertising and reserves the
right to reject/edit advertising
or editorial submissions.*

© Copyright 2025 LocalTownPages

MORAN PLUMBING
SOLUTIONS

FOR ALL YOUR PLUMBING NEEDS

CALL TODAY!
508-918-4648

Gerald Moran, Owner
License # PL36504-J
Insured

Coste Cutting & Care

Complete Lawn Care & Landscape Service

Weekly Lawn Cutting • Spring & Fall Cleanups
Fertilizer Programs • Lawn Seeding
Mulch • Pruning • Planting
Slice Seeding • Retaining Walls
Goldfish Ponds a Specialty

Serving Millis & Surrounding Towns
508.951.6290 • CosteCuttingLandscaping.com

SOUR GRAPES

by Tim Jones

I'M THINKING OF TRADING IN MY CAR FOR A NEW ONE, AESOP.

IT NEEDS NEW BRAKES, TIRES, TRANSMISSION AND EXHAUST. IT HAS A FEW DENTS AND SOME SCRATCHES AND HAS THREE HUNDRED, THIRTY THOUSAND MILES ON IT.

WHAT D'YA THINK THE DEALER WILL GIVE ME FOR IT?

A SYMPATHY CARD.

Millis Oct. 14 program to highlight Deborah Sampson

On Oct. 14, the Millis Senior Center will feature “Farm Girl on the Front Lines: Deborah Sampson’s Secret!” to coincide with the 250th-anniversary year of the start of the Revolutionary War.

Deborah Sampson is the only woman known to have disguised herself as a man and serve as a soldier in the Continental Army without being caught. Guests will learn details of the victories, frustrations, and close calls she experienced as a poor Colonial-era farm girl who risked humiliation and imprisonment to help the colonies free themselves from English rule.

Deborah will describe her deception strategies, victories, and trip-ups; Colonial constraints imposed upon women; a cave and its hidden stash; and her other “Firsts.” Guests will learn the story behind this principled deception and the character of the humble rebel who pulled it off.

Janet Parnes, founder of Historical Portrayals by Lady J of Millis, will portray Deborah. Ms. Parnes takes America’s heroines out of history’s dusty archives and brings them to life. (www.women-history.com).

“Farm Girl on the Front Lines: Deborah Sampson’s Secret!” will take place on Tues., Oct. from 11 a.m. to 12 p.m. at the Millis Senior Center 900 Main Street. The event is free. Lunch will be served. Register by calling the Senior Center at 508-376-7051.

Medway Public Library experiencing ‘momentary speed bump’

By THERESA KNAPP

Medway Town Manager Michael Boynton said in a community announcement on Facebook on Sept. 16 that the Medway Public Library is experiencing a “momentary speed bump” as it faces a staffing shortage that has affected services.

Boynton’s message was in response to a Sept. 13 Facebook post on a community forum page that claimed the library had lost most of its staff and programming over the summer. “That couldn’t be further from the truth,” Boynton said in a video post on the Town of Medway page. “In fact, the Medway Public Library, for the first time in my 11 years here, has actually seen a budget increase this fiscal year.”

He said that recent staffing changes - including the June 27 retirement of former director Margaret Perkins and other recent departures - has put the library “in a transition period, if you will, where some hours are a challenge to fill because of reduction in personnel, not because of budget reductions but because people have left their positions.”

Boynton said the Library Trustees are “doing a phenomenal job to try to deal with all of this, to keep the library open, to keep the programs going, and to increase the services over the long haul.”

Boynton’s full video message can be found at <https://bit.ly/MedwayLibraryUpdate>.

Technical Services Librarian Ivana Aguilar is serving as interim director and told the Library Trustees at their Sept. 2 meeting that, “With the addition of our substitutes, we are slowly getting in the groove to being fully staffed once more,” according to its meeting minutes.

The library director job posting can be found at <https://medwayma.gov/news-and-notices/medway-library-director-wanted/>



Medway Public Library. Photo credit: Theresa Knapp

1ST WORKOUT IS ALWAYS
FREE

USE PROMO CODE **SWEET**

SWEET SCIENCE METROWEST BOXING
FITNESS CLASSES FOR EVERYONE

Coach Nick is a Certified Coach and Judge with the USA Boxing Association. He holds a Bachelor of Science Degree in Exercise and Sports Science and is a member of the American College of Sports Medicine.

BACK TO SCHOOL • BACK TO WORK • BACK TO FITNESS • WORKOUT+FITNESS • HEALTH x FUN = HAPPINESS

**BOXING GLOVES/RAPS AVAILABLE FOR USE
LOCKER ROOMS • SHOWERS • STEAM SAUNA**

- **Group Classes** (for all ages)
- **Private Workouts** \$80/hour
- **Semi-Private Workouts** \$50/person
- **Youth Boxing Classes**
- **Women Only Classes/Workouts** (on request)

STANDARD CLASS PRICING:

- **\$25** Drop-in Fee
- **\$230** for 10 Class Pack
- **\$400** for 20 Class Pack

We welcome ALL levels of fitness & experience

**NO CLUB
MEMBERSHIP
REQUIRED**

6 minutes from Medfield & Medway
Located Inside
ENCOMPASS FITNESS MILLIS
**27 MILLISTON ROAD
MILLIS**
*These are Non-Contact
Fitness-Boxing Workouts*

OUR 2025 FALL SCHEDULE:

- **Boxing *HIIT & Conditioning**
7 - 8am held on M-W-F
- **Boxing *HIIT & Conditioning**
9:15 - 10:15am held on M-W-F
- **Lunch Punch *HIIT & Conditioning**
12 - 1pm held on M-W-F
- **Youth Boxing**
5 - 5:45pm held on T-TH
- **Boxing *HIIT & Conditioning**
6 - 7pm held on T-TH
- **Circuit Training Saturday**
9:15 - 10:15am held on SAT

* HIIT refers to High Intensity Interval Training

SSMetrowestBoxing.com • CALL OR TEXT 508-395-7740

“We Care: Neighbors Heating Neighbors” Free Heating System Giveaway

Pro Comfort Control A/C & Heating has announced the return of its annual “We Care: Neighbors Heating Neighbors” program, a free heating system giveaway designed to help a local household in need stay safe and warm this winter. This heartwarming initiative offers one deserving family or individual the chance to receive a brand-new heating system at no cost.

From **October 1 through November 14**, community members are encouraged to nominate a neighbor, friend, or

family member facing financial hardship and unable to afford a reliable heating system.

Whether it’s a senior on a fixed income, a family going through a tough time, or a neighbor who’s always helping others but now needs a hand themselves, this is a chance to make a real difference.

The winner will be announced on November 21, and the installation will be completed in time to bring warmth, safety, and peace of mind before winter fully sets in.

Last Year’s Winner’s Story: A Life-Changing Gift

In 2024, the selected recipient was Cheryl, a senior living in Natick, MA. Cheryl was caring for her daughter, who was undergoing cancer treatment. Together, they lived on a fixed income that barely covered their day-to-day needs.

Their furnace was condemned due to dangerously high carbon monoxide levels. With no funds to replace it, they had been living without heat, an unthinkable situation



Free furnace installation for the 2024 Natick resident award recipient.

116 Main Street, Medway
(508) 533-6655

32 Hasting Street, Rte 16, Mendon
(508) 381-0249

43 Main Street, Hopkinton
(508) 625-8100

MUFFIN HOUSE CAFE

Don't stand in line!
ONLINE ORDERING AVAILABLE!
muffinhousecafe.com

Open Daily
Bakery with Fresh Muffins/Pastries

325 N. Main Street, Natick
(508) 647-0500

296 Washington Street, Westwood
(508) 533-6655

907 Main Street, Walpole
(508) 533-6655

NOW OFFERING DOORDASH, UBER EATS AND GRUB HUB

Breakfast and Lunch Sandwiches
Best Blueberry Muffins Since Jordan Marsh

Receive 10% off any cake
with this coupon
All our cakes are made from scratch on the premises
Expires 10-31-2025

FREE SMALL COFFEE
with a purchase of a muffin with this coupon
Expires 10-31-2025

made worse by her daughter’s compromised health. Cheryl was nominated in September

and received her brand-new heating system in October, just in time for the cold.

Exceptional Short-Term Rehab & Skilled Nursing Care

Locations

Thomas Upham House
519 Main St., Medfield, MA • 508-359-6050

Timothy Daniels House
84 Elm St., Holliston, MA • 508-429-4566

Riverbend of South Natick
34 S. Lincoln St., S. Natick, MA • 508-653-8330

Your Town, Your Choice
Short-Term Rehab & Long Term Care
www.rehabassociates.com

Medicaid/
Medicare

How You Can Help

If you know someone like Cheryl, a neighbor who quietly carries a heavy burden, now’s the time to speak up for them. This program reflects the true spirit of community: neighbors looking out for neighbors.

“Neighbors helping neighbors is what this program is all about. Together, we can make sure no one faces winter without heat.” – Alexandra Mckernan, Co-Owner, Pro Comfort Control.

Let’s come together and make this winter a little warmer for everyone.

Submit your nomination today at www.procomfortcontrol.com/nominate or call it in to 508-955-4776

Your Money, Your Independence

Open Enrollment 2026: Medical Plans & HSAs



Glenn Brown, CFP

Open enrollment is your annual opportunity to review and select the benefits that best fit your health and financial needs. Beyond medical insurance, you'll choose dental and vision coverage, life and disability insurance, tax-advantaged accounts (dependent care, commuter benefits), and retirement savings plans.

One area that often causes confusion is deciding between traditional medical plans and High Deductible Health Plans (HDHPs), along with their powerful partner: the Health Savings Account (HSA). Understanding how these work together can help you make smarter choices for 2026 and beyond.

Choosing the Right Medical Plan

- Selecting a medical plan comes down to two basics:
- **Provider comfort:** Make sure you're satisfied with the in-network doctors and hospitals.
 - **Cost expectations:** Review your historical annual medical expenses and consider whether you anticipate major changes.

If your expenses are generally low and predictable, an HDHP paired with an HSA can be especially attractive.

Why Consider a High Deductible Health Plan (HDHP)?

Lower premiums, higher deductibles: HDHPs typically have lower monthly premiums, but you'll pay out-of-pocket until you reach your deductible.

Potential cost savings: For healthy individuals and families who don't expect large medical bills, the premium savings plus HSA advantages often outweigh the higher deductible.

HSA eligibility: You can only contribute to an HSA if you are enrolled in an HDHP. This makes the plan an entry point to one of the most tax-efficient tools available.

Health Savings Accounts (HSA): Triple Tax Advantage

- In 2026, contribution limits have increased:
- Individual: \$4,400
 - Family: \$8,750
 - Catch-up (age 55+): \$1,000

Why do HSAs stand out? Three reasons: contributions being federal, state, and FICA tax-free; withdrawals for qualified healthcare expenses are tax-free; and balances can be invested for tax-free growth. No other account offers this "triple tax advantage."

Don't Miss the Free Money

Shockingly, more than half of eligible employees don't open or fund an HSA. That's surprising because many employers contribute \$500–\$2,000 per year to jump-start employee accounts. Contributing even \$1 per pay period can unlock hundreds or thousands in employer dollars.

Some companies reward healthy habits: for example, \$400 added to your HSA when you and your spouse complete annual physicals. Skipping this

is like leaving free money on the table.

Real-World Tax Savings

Consider a family in the 24% federal tax bracket who spends around \$4,000 annually on out-of-pocket medical expenses. By funding those expenses through an HSA, they save about \$1,480 in taxes (federal, state of MA, and FICA combined).

Families in higher brackets gain even more. A household in the 32% bracket contributing the 2026 family maximum could save nearly \$3,900 in taxes.

HSAs as a Retirement Strategy

HSAs aren't just about today's medical bills—they can be a powerful long-term planning tool. Some families pay current medical expenses out of pocket and allow HSA funds to stay invested. Over time, this can compound into a substantial tax-free pool of money.

In retirement, HSA dollars can cover Medicare premiums, dental, vision, hearing aids, nursing services, and long-term care insurance. For early retirees, HSAs can even pay COBRA premiums to bridge coverage until Medicare eligibility.

The Bottom Line

Open enrollment is one of the most important financial planning windows of the year. If you're eligible for an HDHP and HSA, weigh the trade-offs carefully, run the numbers, and don't overlook the employer contributions and long-term tax savings.

Learn more by connecting with your benefits coordinator or Certified Financial Planner.

The opinions voiced in this material are for general information only and are not intended to provide specific advice or recommendations for any individual.

Glenn Brown is a Holliston resident and owner of PlanDynamic, LLC, www.PlanDynamic.com. Glenn is a fee-only Certified Financial Planner™ helping motivated people take control of their planning and investing, so they can balance kids, aging parents and financial independence.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Looking to advertise your business?

Contact Jen: 508 570 6544 or Jenschofield@localtownpages.com

Holliston Mill

OPEN STUDIOS

Art, Live Music, Bites & Beverages

November 1st & 2nd

11 AM to 4 PM

24 Water Street

HollistonMillStudios.com

WOODSTOCK BUILDING ASSOCIATES, LLC

The Leader in Design-Build

WOODSTOCK, CT

3 Route 171, Suite 1

860-928-0897

FRANKLIN, MA

15 Main Street, Suite 11A

508-570-4853

From design to completion, our architects, designers, estimators, project coordinators, superintendents, carpenters, and plumbers work as a team to ensure consistently superior craftsmanship for your project. Design and building costs are tailored to fit your needs without compromising quality. If you are looking for an experienced, organized, professional, and cost conscious design-build company, call Woodstock Building Associates today!

MA Home Improvement Contractor #119085 - MA Construction Supervisor #111269 - CT Home Improvement Contractor #565903 - CT New Home Construction Contractor #160

REMODEL - NEW CONSTRUCTION - KITCHENS & BATHS - ADDITIONS

Family-run Affordable Junk Removal takes the stress out of cleanups

By CHRISTIE VOGT
CONTRIBUTING WRITER

Whether it's one old fridge in the garage or an entire home of unwanted goods, the team at Affordable Junk Removal offers a cost-efficient, stress-free approach to waste management. "You don't lift a finger," says owner Jason Schadler, who started the company along with his wife Christine in 2005.

The business offers same-day service for both residential and commercial clients across eastern and central Massachusetts and northern Rhode Island. In addition to junk removal, the company rents 15-yard dumpsters.

As a family-owned and operated company, Schadler says Affordable Junk Removal has lower overhead costs and is more accessible than national competitors. "I answer my phone 24 hours a day," he says. "I was on vacation in Italy and Portugal, and I was still answering my phone on the beach. When you call us, you get me — not an automated machine!"



**AFFORDABLE
JUNK REMOVAL
AND DUMPSTER RENTAL**

774-287-1133
AffordableJunkRemoval.com
"YOU DON'T LIFT A FINGER"

Schadler says the company has an environmentally friendly approach to disposal in which it recycles items when possible, properly disposes of non-recyclables and resells many items at the Schadlers' secondhand store, Resellables. "We opened that store in Bellingham because we hated to see things thrown away," Schadler says. "We have four kids and sustainability is extremely important to us."

During the business's early days, Schadler provided junk removal on nights and weekends when he wasn't busy working at a machine shop. Eventually, the business grew into a full-time endeavor, and

Business spotlight

the Schadlers invested back into the company with new equipment and techniques. "When I first started, for example, we didn't have any tarps. I'm driving around and things are flying out of my truck," Schadler laughs. "I'm like, 'Oh my god, I need a tarp.'"

Schadler says his wife Christine "was equally as involved" in getting the business off the ground. "She handled the backend while I did the heavy



Christine and Jason Schadler, shown here with their children, started Affordable Junk Removal in 2005.

lifting, all while she was working at EMC," he says. "Fast forward 17 years, and we both work full time managing the company as well as other endeavors. Business is doing great; it has grown tremendously to a fleet of trucks and dumpsters, and we've also been able to buy a pizza place, The Corner Market in Holliston."

In addition to delivering an in-demand service to the community, Schadler is appreciative that Affordable Junk Removal has helped provide a work-life balance that suits his family. "It allows me to be able to do what I like doing and spend time with my kids," he says. "I'm home to see my babies play softball and do all that stuff. We are also able to give back to the communities we serve."

As for Medway and Millis in particular, Schadler says

they are proud to have many repeat customers and friends in the area. Hidden Hill Farms in Millis does all the business's welding work, and Affordable Junk sponsors the local girls high school hockey team. The Schadler family's go-to candlepin bowling alley, Ryan Family Amusements, is also located in Millis.

One of the best parts of his job, Schadler says, is meeting and getting to know new people and developing relationships with returning customers. "We are really grateful for the repeat business and the chance to form connections with residents across the MetroWest area," he says.

To receive a free junk removal estimate, call 774-287-1133 or visit affordablejunkremoval.com.

PAID ADVERTISEMENT



With our *YOU*nique mortgage options, your dreams can come true.

If you're looking to refinance or buy a home, we offer mortgage solutions that are *YOU*nique. At Charles River Bank, our Mortgage Consultants will provide the expertise you need and a truly *YOU*nique banking experience.

Talk with a Charles River Bank Mortgage Consultant today, or visit our online Mortgage Center anytime. We'll show you why Charles River Bank is *YOU*nique.



Charles River Bank
Personal Connections. Powerful Solutions.

CharlesRiverBank.com

508-533-8661

70 Main Street • Medway
2 South Maple Street • Bellingham
1 Hastings Street • Mendon



Equal Housing Lender

NMLS# 743045

Member FDIC, Member DIF

CURIOSITY COINS

Buying Coins, Gold, Silver, Jewelry.
Make an Appointment!
Call: 508-958-9795

Info@curiositycoins.com



When investing, one of the best abilities is durability



Mark Freeman, CEPA

FINANCIAL FOCUS®
Provided by Edward Jones

You’ve probably heard about “genius” investors or those who got in on the “ground floor” of a company that grew to be a huge success. These stories may be interesting, but they are also rare — and sometimes not even true.

The truth is that successful investing isn’t glamorous, and it isn’t necessarily quick. Instead, a well-founded investing strategy is a durable one — one that can withstand the test of time.

Here are some actions that can help you build durability.

Take your time: Most individual investors make their money over time, not overnight. Despite stories about fortunes made on one or two trades, you’re more likely to be successful making money over time. You’ll want to own a well-diversified portfolio of quality investments — and plan to own those investments for the long term.

A long-term perspective can help you ignore the constant noise in the markets and stay invested. When you hear about the latest “hot” investment tip, especially if it’s already performed well, the best advice is this: Ignore it. Although it may be tempting to buy a popular investment, it may not fit with the rest of your portfolio, it may have already peaked and it may be riskier than you expect. If it sounds too good to be true, it probably is.

Invest in quality: When building your investment port-

folio, quality should be a top priority. For stocks, quality is frequently measured by the steadiness of earnings and dividend growth over time. For bonds, one measure of quality is an investment-grade credit rating, which indicates that the borrower has a good track record of making its promised interest and principal payments and the bond has a relatively low risk of default.

Quality investments are more likely to overcome temporary challenges, which is why a good track record can be an indication of quality. Don’t reach for yield by looking for investments offering the highest dividend or interest rate without considering the risk. Remember, there is no perfect investment — a higher rate generally means higher risk.

Stick to your strategy: Building a long-term strategy can anchor your decisions and provide a roadmap for your investment choices. Your strategy should consider your goals, tolerance for risk and the time needed to

save toward each goal.

Within that strategy, you can be flexible. Buy and hold, for example, doesn’t mean buy and forget. Over time, your goals may change, or you may choose to hold more conservative investments. But it’s important to make changes for the right reasons, not simply because stocks or your other investments may have dropped in price.

Perhaps one of the biggest mistakes you can make is trying to time the markets, moving in and out in response to short-term declines or the latest prediction. This often results in getting into and out of the market at the wrong times, costing time and money — and resulting in lower returns over time.

Remember that investments don’t all move up or down at the same time but portfolio diversification can help smooth the ups and downs of the market. A long-term perspective can help you see past short-term fluctuations in some investments.

Successful investing isn’t about making dramatic moves or chasing the latest trends. It’s about developing a durable strategy personalized for your life, then sticking with it through market ups and downs. In investing, as in life, slow and steady could help win the race.

Contact Mark today to discuss this topic or any of your financial goals.

Mark Freeman, CEPA
Edward Jones Financial Advisor
77 West Main Street,
Hopkinton, MA 508-293-4017
Mark.Freeman@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

OPENING SOON

MILLIS!

NOW HIRING!

SCAN QR CODE TO APPLY

ARIGNA

IRISH PUB

& COAL FIRE KITCHEN

36 MILLISTON RD

ARIGNAIRISHPUB.COM

Winter Prep for Your Home: Must-Do Heating Tips Before the Cold Hits



Alexandra McKerman



Ryan McKerman

HEATING INSIGHTS

Get ahead of the chill with these simple steps to keep your home healthy, warm, and worry-free. As the crisp fall air rolls in, now is the perfect time to prep your home for the colder months ahead. Whether you're a seasoned New Englander or new to harsh winters, making sure your heating system is ready can save you stress, money, and uncomfortable nights. Here are 5 easy,

expert-backed steps every homeowner should take before the freeze sets in.

1. Change Your Air Filters

This one's simple, but it makes a huge difference. A clean filter improves airflow, helps your system run more efficiently, and keeps dust, dander, and allergens out of your indoor air. This small step can make a big health impact for homes with pets, allergies, or kids. Change your filter at least every 1-3 months, and

consider a high-efficiency filter for better air quality.

2. Get a Professional System Tune-Up

Before your furnace is working overtime, schedule a professional inspection and tune-up. A licensed technician can catch small issues before they turn into costly breakdowns. A high-performance tune-up ensures your system is running safely, efficiently, and reliably when you need it most.

3. Test for Carbon Monoxide

Heating systems that burn fuel, like gas or oil furnaces, can risk carbon monoxide (CO) leaks if not properly maintained. Make sure your home is equipped with working CO detectors on every floor, especially near bedrooms. Replace batteries annually and test each unit monthly. If your system is older or hasn't been inspected recently, schedule a professional safety check to protect your family from this odorless, invisible threat.

4. Insulate Smart

Proper insulation keeps the warmth in and the cold out.

Focus on attics, crawl spaces, and around windows and doors. Weatherstripping and caulking are easy DIY fixes that can make a noticeable difference in your comfort and energy bill. Look for mass saving offers or low-cost insulation solutions too.

5. Upgrade Your Thermostat

A smart thermostat not only helps maintain a consistent indoor temperature but also learns your habits and adjusts automatically, saving you energy without sacrificing comfort.

Don't Wait Until It's Freezing

A little prep now goes a long way when the temperature dips. Your family's comfort and health shouldn't be left to chance when

winter arrives. Local experts like Pro Comfort Control Heating & A/C specialize in high-quality service and installations and can help guide you in choosing the right system for your family's comfort and peace of mind for seasons to come.

If you're a homeowner looking to improve your home's heating, cooling, or water heating systems, give us a call/ text—we'd love to help! (508) 955-4776 or book online at www.procomfortcontrol.com

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Book a *FREE* in-home Evaluation!



Heating • A/C • Water Heaters • Water Filtration

508-301-3955
ProComfortControl.com



Robert Roofing & Gutters

49 YEARS IN BUSINESS!

**ONE CALL SENDS
A ROOFER...
NOT A SALESMAN**

857-247-8709

- Roofing
- Siding
- Windows
- Gutters
- Residential Rubber
- Flat Roofs

FINANCING AVAILABLE



**NO GIMMICKS,
JUST HONEST PRICING!**



**FREE ESTIMATES
LICENSED & INSURED**

www.robertroofingandgutters.com • Rgreene465@gmail.com

Millis Council on Aging October Events



Members of the Millis COA Bear Group pose with bears they sew and donate to local children’s groups. Call 508-376-7051 for more information about the program. Courtesy photo

900 Main Street, Millis
(508) 376-7051
Hours: 8:30 AM- 4:00 PM, Monday, Tuesday, Wednesday and Thursday
8:30 AM- 12:30 PM Friday

ART WITH AMY ADAMS
A fun afternoon of inspired painting on canvas.
Tuesday, October 7 at 1:00 PM. Register (508) 376-7051. Cost: \$3.00

EXPLORE WITH SUSAN: How Railways Transformed the World
New Series! All Aboard for a great course that will take you on an amazing journey through the history of railways.
Wednesdays in October and

November at 11:00 AM. Free.

PIZZA AND PREVENTION
With the Millis Fire Department - Monthly informative and fun program about fire prevention and life safety.
Monday, October 20 at 11:30 AM. Register (508) 376-7051. Free.

COA LIBRARY LUNCH BUNCH
Join Patsy Divver and Sandra Scott of the Millis Public Library to discuss new authors and books to read in the horror, crime and scary genres!
Thursday, October 30 at 12:00 PM. Register (508) 376-7051. Free.

LUNCH & LEARN: Farm Girl on the Front Lines!
Deborah Sampson’s Secret! Discover “the story behind the story” of the only woman known to have disguised herself as a man and serve in the Continental Army without detection. Historical portrayal by Janet Parnes. Lunch provided. Free.
Tuesday, October 14 at 11:00 AM. Sign up (508) 376-7051

MILLIS BOARD OF HEALTH SENIOR HIGH DOSE FLU CLINIC
Call the Senior Center to register (508) 376-7051. No charge but must call to register and bring insurance card.
Thursday, October 16, 10:00 AM-12:00 PM.
MILLIS COA MAHJONG TOURNAMENT
Wednesday, October 29 at 10:00 AM

Call for details and to register: (508) 376-7051
GIFTING TO THE GRANDKIDS
Estate planning discussion with Marsden Law, PC about gifting to grandchildren.
Thursday, November 6 at 10:00 AM Sign up: (508) 376-7051

Who’s the one person you shouldn’t travel without?

Your Travel Advisor

Jeff Sessions
(508) 244-5476
Jsessions@DreamVacations.com

SALMON
HEALTH & RETIREMENT

Grateful Hearts,
A GIVING COMMUNITY

As the seasons change, embrace a lifestyle where comfort, connection, and peace of mind come together. From engaging activities and festive gatherings to exceptional amenities and personalized support—including assisted living and memory care—our community is here to help you thrive now and into the future.

Call 508-533-3300 today to learn more — we can’t wait to welcome you home.

SALMON at Medway
44 Willow Pond Circle
Medway, MA 02053

Servicing the area Since 1999

DEADY ELECTRIC Inc.

www.deadyelectric.com

Residential & Commercial Electrical Services

- Well Locating Services
- Additions & Remodeling
- Troubleshooting
- Service Upgrades
- Computer Wiring
- Smoke & CO Detectors
- Recessed Lighting
- Landscape Lighting
- Generators
- No Job Too Small

Deady Electric is dedicated to fast high quality service at reasonable prices – call on us anytime for a FREE estimate.

Call (508) 655-4470
ralphdeady@gmail.com

RALPH J. DEADY
Master Electrician
Licensed & Insured
Sherborn, MA
Medway, MA
Lic. #E 33048
Lic. #A 13710

GOT INSERTS?

Great for Big Events, Coupons, Menus & More!

You print or we print ...
then we distribute.

Reach more than 140,000 households.

Contact Jen for Pricing and
Reservations:

508-570-6544

jenschofield@localtownpages.com

STUMP GRINDING



- ✓ Improve the look of your yard
- ✓ Keeps carpenter ants & wasps away
- ✓ No chance of trip and fall

**Call/Art @
508.801.0825**



Meet Millis' Senior Athletes: Kylee Silvia, Madeline Steiner, David Barisano, Pat Halloran, Timmy Krauss, Dylan McGuire, Chuck Smith, and Michael Tobin. Photo credit: Theresa Knapp



Medway Diwali Festival of Lights Oct. 18

Medway lights up once again for our fourth town-wide celebration of Diwali - the Festival of Lights - on Oct. 18, at 123 Holiston Street, Medway.

Co-hosted by the Medway Cultural Council and Medway Marches, this year's festival returns outdoors with the open-air energy of our very first annual festival. Get ready for dazzling community performances, family-friendly activities, delicious Indian delicacies, a Bazaar with Indian vendors, and for the first time, a live Desi DJ and dance floor!

Buy your tickets at <https://bit.ly/MedwayDiwali2025> - \$5 per individual (adult or child) \$20 per family (up to 5).

The exchange of sweets is an important Diwali tradition symbolizing the triumph of hope over despair. In honoring this tradition, we ask all attendees to bring sweets for our Dessert Potluck/Mitthai exchange.



See clearly. Close securely.

Kids make it home from school? Did you close the garage door? Give yourself peace of mind that your family and home are safe and secure with the LiftMaster Secure View™ 84505R. The built-in camera lets you stream video, record it, and offers 2-way communication through the myQ app — which also allows you to remotely open and close your garage door from anywhere, at anytime.

Model 84505R

UNMATCHED REPUTATION, OVER 30 YEARS IN BUSINESS
Your trusted local professional service & installer.

LiftMaster

Jolicoeur
OVERHEAD DOORS

GARAGE DOOR EXPERTS
Call or visit our website today
JOLICOEUR OVERHEAD DOORS
745 South Main St., Bellingham, MA 02019
508-883-4522 • www.mygaragedoor.com

*View a live-stream of your garage for free. 7-day and 30-day video storage options are available via a monthly or yearly subscription. Apple, the Apple logo, iPhone, and iPad are trademarks of Apple Inc., registered in the U.S. and other countries and regions. App Store is a service mark of Apple Inc. Google Play and the Google Play logo are trademarks of Google LLC. © 2022 The Chamberlain Group LLC. All Rights Reserved. LiftMaster, the LiftMaster logo, myQ and the myQ logo are registered trademarks of The Chamberlain Group LLC. 300 Windsor Drive, Oak Brook, IL 60523 | LiftMaster.com | Wi-Fi is a registered trademark of Wi-Fi Alliance 18967801

3

**PRIVATE DINING
AT 3**

Up to 150 guests

- Corporate Dinners
- Rehearsal Dinners
- Bridal & Baby Showers
- Graduations & more

Our contemporary, beautifully appointed private dining rooms provide the perfect backdrop for your event. 3 has the menu, and atmosphere, to suit the most discerning tastes.

For more information, contact Jasmine at jm@3-restaurant.com or 508.528.6333

461 W Central Street (Rt. 140), Franklin, MA
3-restaurant.com

Medway Fire Chief Jeffrey Lynch retires after nearly 50 years in fire service

On Sept. 9, Medway Fire Chief Jeffrey Lynch retired after 49 years in fire service.

In a ceremony at the Medway Fire Department, his wife Kelly read a tribute to his career from the dispatch desk.

“Chief Lynch began his career at the age of 16 as a volunteer at Stone Bridge Volunteer Fire Department in Tiverton, RI. In 1987, he was hired by the Portsmouth [RI] Fire Department where he served for 25 years rising through the ranks and leading the department as Fire Chief until his retirement in 2012. That same year, he took the helm of Medway Fire Department where, for the past 13 years, he has proudly served the community. Chief Lynch was instrumental in bringing advanced life support to Medway and guiding the department’s transition to a full...staff of firefighters and paramedics.

“Beyond the fire service, Chief Lynch has been a devoted husband to his wife Kelly for 33

years; a proud father to Brit-tany and Bradford; and loving grandfather to Hunter, Jacob, and Dakota. His legacy continues through his son Brad, who carries on the family tradition as a firefighter/medic in Needham.

“Chief Lynch is also known for his love of ham radio, his 30 years of youth football coaching, his devotion to the New England Patriots, and his passion for fitness. Tomorrow he and his wife begin a new adventure together with a trip to Yellowstone National Park.

“Chief Lynch, thank you for 49 years of service, leadership, and sacrifice. Your dedication to the fire service, to your family, and to your community will never be forgotten. On behalf of the Medway Fire Department and the communities you have faithfully served, we congratulate you on your retirement and wish you many years of health and happiness. This is the final call for Fire Chief Jeffrey P. Lynch. Chief Lynch, you

are clear to go home.

“Dispatch, clear.”

From Ladder 1, Chief Lynch said, “Thank you, Kelly. Thank you to the Town of Medway and the Medway Fire Department – it’s been a great ride. Car 1 will be back at home.”

Chief Lynch was then escorted to his residence by several public safety vehicles.

Soon after, Michael Fasolino was sworn in as the new Fire Chief of the Medway Fire Department, and Thomas Irwin was sworn in as Deputy Chief.

For the full video, visit @MedwayTownHall on Facebook.

Source: Facebook @Medway-TownHall



Former Medway Fire Chief Jeffrey Lynch retired on Sept. 9, 2025, after nearly 50 years of fire service. Source: Facebook @ MedwayTownHall



Lilac House

Chinese Restaurant

紫丁屋

508-376-8868

Pleasureable Dining and Take Out Service

OPEN HOURS:
MON - THURS: 11 - 9:30 P.M.
FRI & SAT: 11- 10:30 P.M
SUNDAY: NOON - 9:30 P.M.

ONLINE ORDERING AVAILABLE

WWW.LILACHOUSEMA.COM

\$5.00 OFF
The Purchase of \$35 or more (one per table)
Not valid with other offers
Valid thru 10-31-25

34 Milliston Road, (Milliston Common), Millis MA 02054

From CONCEPT to COMPLETION, we bring your vision to life.

- Graphic Design
- Sports Banners
- Brochures
- Postcards
- Direct Mail Solutions
- Every Door Direct Mail
- Books
- Lawn Signs
- Calendars
- Posters
- Swag
- and so much more!





ANDREW CARINI
Print and Mail Specialist
How can I help you?
508-254-2241



Our Town PUBLISHING
Home of localtownpages



ourtownpublishing.com

Hear One of the Oldest Church Organs in New England!

This year, the William Goodrich organ at Trinity Episcopal Church, Wrentham, is 200 years old. Originally built in 1825 for the Universalist Church in Providence, Trinity Church has been its home since 1915. To celebrate this milestone, the church is presenting three opportunities to hear this amazing instrument. All three events will be held at the church on Sunday afternoons at 3 p.m. Following each event, refreshments will be served in the church parish hall. There is no admission charge, but a donation to support the maintenance of the organ is requested.

First, on October 26, 2025, Music Director Rick Duthe will give a lecture-demonstration called “How Does This Thing Work?” showing how old technology still keeps this remarkable instrument’s voice alive. Other than an electric motor that keeps the wind pressure supplied to the bellows, the instrument uses the same mechanical action with which it was first built. The demonstration will include a peek into the organ’s pipe chamber.

Next, on November 9, 2025, prominent Boston-area organist Peter Sykes will present a recital illustrating the organ’s full potential as a solo instrument. Mr. Sykes is a well-known performer on keyboards of all types, and has been Director of Music at First Church in Cambridge since 1986. He is a teacher and recording artist, and is currently Associate Professor of Music and Chair of the Historical Performance Department at Boston University. The recital will be preceded by a presentation about the organ’s history and its builder, William Marcellus Goodrich. The presentation will be given by Matthew Bellocchio of An-

dover Organ Company, which has maintained the instrument since 1968.

Finally, on November 16, 2025, a Four-Person Organ Recital will be given. This brings together four musicians with strong connections to Trinity Episcopal Church “back home” to celebrate their associations with this instrument. The performers are Lorna Russell, former Director of Music at Trinity Church, Philip Hall, pianist and substitute organist at the church, David Burnham, currently Director of Music at St. Gabriel’s Church in Marion, Massachusetts, and Rick Duthe, current Director of Music at the church.

Please join us for these events as we celebrate an instrument that has been making good music for 200 years! We look forward to seeing you there.

Trinity Episcopal Church
47 East Street (Route 140)
Wrentham, MA 02093
(508) 384-3958

“Quality and Professionalism Every Shingle Time”

OUR SERVICES

- ▲ Roofing
- ▲ Siding
- ▲ Gutters
- ▲ Windows
- ▲ Doors
- ▲ Skylights

OUR NEW SERVICE DIVISION

\$99 Service Calls

- ▲ Gutter Cleaning
- ▲ Small Leaks
- ▲ Ventilation Questions
- ▲ Flashing Repairs

Experience the Best in Roofing: 60+ Years of Quality Service



CONNELL

ROOFING • SIDING • GUTTERS

781-444-7577

www.ConnellRoofing.com

LICENSED | INSURED | CERTIFIED

DIRECTV

Stream DIRECTV to any device - no satellite dish needed.

Easily access live TV and thousands of streaming apps like Netflix, Max, Prime Video and more, with a click of a button.

Req'd internet-connected Gemini device and separate paid subscriptions for 3rd party apps.

CHOICE™ PACKAGE

\$89.99*

FOR 24 MO. + TAX & FEES.

(\$117.98/mo. w/ req'd Regional Sports Fee of up to \$17.99/mo. & \$10/mo. Gemini lease fee). Cancel anytime.

*New approved residential customers only. Service renews monthly unless you cancel. Cancel anytime by calling 800-531-5000 or online. Add'l fees may apply to non-qualified customers. Device subject to Equipment Lease agmt. Add'l fee(s) may apply if equip. not returned. Credit card req'd. Restr's apply..

Contact your local DIRECTV dealer!

IVS Holdings

888.602.7946



Service subject to DIRECTV terms and conditions (see https://www.directv.com/legal/legal-policy-center/). Available only in the U.S. (excludes Puerto Rico and U.S.V.I.). Some offers may not be available through all channels and in select areas. Different offers may apply for eligible multi-dwelling units. DIRECTV App: Req's compatible device and data connection or high-speed internet; data/Internet charges may apply. Requires high speed internet. Minimum internet speed of 8Mbps per stream recommended for optimal viewing. Pricing: CHOICE \$117.98/mo. for 2 years. After 2 years, continues month to month at then-current prevailing prices unless canceled. Prices reflect base package prices plus one req'd. \$10/mo. Gemini lease fee and, for CHOICE Pkg. or higher, a Regional Sports Fee (RSF) of up to \$17.99/mo. varies by location. May be lower in some areas. \$10/mo. for each additional device added to your account. Additional Fees & Taxes: State and local taxes or other governmental fees and charges may apply including any such taxes, fees or charges assessed against discounted fees or service credits. See directv.com/directv-fees/ for additional information. DIRECTV Svc Terms: Subject to Equipment Lease & Customer Agreements, taxes, surcharges, add-on programming (including premium channels), DIRECTV TECH PROTECT (www.directv.com/techprotect) Lease Agreement and transactional fees, are not included in two-year price guarantee. Visit directv.com/legal/ or call for details. Equipment Non-Return Fees: If service is cancelled you must return all leased devices to avoid a non-return fee of \$120 per device. Regional Sports & Local Channels: Regional sports available with CHOICE Pkg. and above. Not available in select areas. Channels vary by package & billing region. Device may need to be in billing region in order to view. Limits: Programming subject to blackout restrictions. All programming, terms & restrictions subject to change at any time without notice. See directv.com for details. Premium Channels Offer: Max Access Max through Max app or max.com with your DIRECTV log-in credentials. Visit directv.com to verify/create your account. Use of Max is subject to its own terms and conditions; see max.com/terms-of-use for details. To learn more, visit directv.com/max. Paramount+ with SHOWTIME: Access Paramount+ with SHOWTIME streaming plan through Paramount+ app or paramountplus.com with your DIRECTV log-in credentials. Visit directv.com to verify/create your account. Use of Paramount+ is subject to its own terms and conditions; see paramountplus.com/terms for details. Access to Paramount+ requires a subscription to Paramount+ with SHOWTIME and access to your local CBS affiliate. To learn more, visit directv.com/paramountplus. General Terms: Programming and content subject to change. Offer requires account to stay in good standing. Upon cancellation of your video service you may lose access to Max and Paramount+. Cancel your premium channels online at directv.com or by phone at 800-531-5000. If you cancel your service, you will no longer be eligible for this offer. Limits: Access to one Max account and one Paramount+ account per DIRECTV account holder. May not be stackable w/ other offers, credits or discounts. Max and related elements are property of Home Box Office, Inc. Cinemax and related channels and service marks are the property of Home Box Office, Inc. SHOWTIME is a registered trademark of Showtime Networks Inc., a Paramount Company. Paramount+ and related marks are trademarks of Paramount Pictures Corporation. All rights reserved. Starz and related channels and service marks are the property of Starz Entertainment, LLC. Visit starz.com for airdates/times. MGM+ is a trademark of Metro-Goldwyn-Mayer Lion Corp. © 2025 DIRECTV. DIRECTV and all other DIRECTV marks are trademarks of DIRECTV, LLC. All other marks are the property of their respective owners.

Friends of the Millis Library Fall Book Sale Oct. 3-5

The Friends of the Millis Public Library will hold its annual Fall Book Sale on Sat., Oct. 4 from 9am-1pm in the Roche Bros. Community Room at the library.

There will also be a Friends of the Library preview and sale for current members being held on Fri., Oct. 3, from 6 p.m. to 8 p.m. New membership applications will be accepted that night. One great benefit of being a Friend is first pick of everything!

On Sun., Oct. 5, from 1 p.m. to 3 p.m. there will be a special sale when each bag of books and media will cost \$5 on that day. Bags will be provided for this sale.

A large selection of well-organized adult and young adult fiction, non-fiction and children’s books in hardcover and paperback will be on sale, plus CDs, DVDs, puzzles, games and special finds and collections at fantastic prices. Credit cards are now being accepted for purchases, and proceeds will help to support children, youth and adult programs and the purchase of museum passes for the library.

For more information, visit www.millislibrary.org.

Looking to advertise your business?
Contact Jen: 508 570 6544 or Jenschofield@localtownpages.com

Medway presentation to highlight accidental creation of a now-97-year-old social media sensation

Program will focus on power of music in dementia

On Tues., Oct. 7, at 1 p.m., at the Medway Senior Center, Dr. Randi Lebar will present an inspirational talk about the wild ride she has taken with her

mother, pianist Elaine Lebar (born in 1928), who went viral on TikTok in 2020 during COVID while living in a memory care unit in Buzzards Bay.

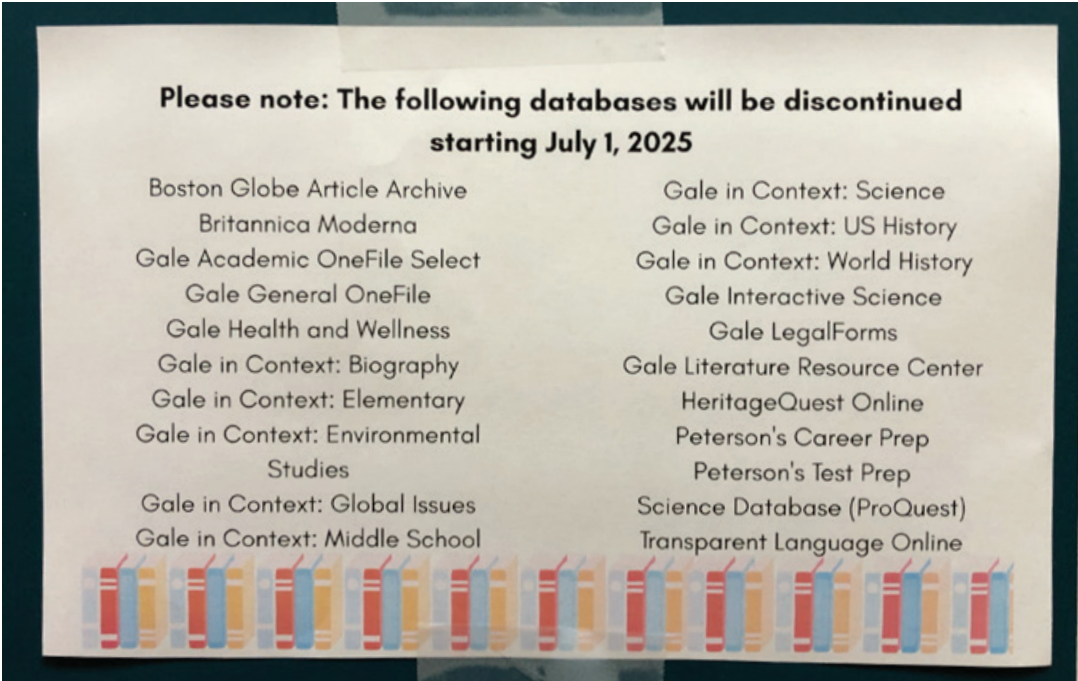
More than 10 million people have seen the Lebar videos on TikTok (@orifbone), and the pair have been featured in local and national newspapers, and on radio and television programs.

The Oct. 7 program will specifically focus on the magic and

power of music in dementia. It will feature many videos of Elaine, and also include lessons Randi learned along the way about finding meaning and joy in their relationship, in spite of her mother’s mental decline. The presentation is sure to entertain a wide audience, and will be especially educational and hopeful for those dealing with a loved one in any stage of cognitive decline.

To sign up for the event, call 508-533-3210 or stop by the Medway Senior Center at 76 Oakland Street.

As a prelude, you can see the Lebars in a 2023 WCVB Channel 5 segment entitled “Lost in a world of dementia, 95-year-old still remembers every note” at www.youtube.com/watch?v=ofXDMtNrWY.



The top portion of this notice at the entrance to the Medway Public Library reads: “Please note: The following databases will be discontinued starting July 1, 2025. Federal funding cuts to the Institute of Museum and Library Services means that the Massachusetts Board of Library Commissioners (MBLC) has had to make painful decisions about which services to continue to fund in the upcoming year.” Photo credit: Theresa Knapp

MERCURY RECOVERY PROGRAM

Mercury is an element that can be harmful to human health and the environment if not disposed of properly.

Mercury is found in products such as:



Thermostats



Thermometers



Mercury Switches



Fluorescent Lamps

Please contact your local Board of Health or Department of Public Works for information on where to safely dispose of these items.

SPONSORED BY



WINDOW CLEANING HOUSE WASHING

CONTACT US

401-306-9138
FREE ESTIMATE

EXTRA SERVICES

GUTTER / FENCE / DECK / DRIVEWAY

20%
OFF
YOUR FIRST
SERVICE

info@onpointri.com www.onpointri.com

Hey Ladies ... looking for **wide** shoes?

Sizes 6.5ww - 11ww, also 12m

Come See All The New
Fall Shoes



Clarks for
Women



The Forgotten Foot

“It’s Worth the Trip!”

1255 Worcester Road, Framingham
Behind St. Mary’s Credit Union, Rte. 9 West
Hours: Mon. - Sat. 11 a.m. - 6 p.m. • Sun. 12 - 4 p.m.

508-879-3290

The b.LUXE *beauty beat*

Color Me Autumn: Fall Color Trends Inspired by the Season

By GINA WOELFEL

Can we just talk about how gorgeous it is outside right now? Walking through Choate Park in Medway or driving through any of our MetroWest neighborhoods is spectacular! The trees are on fire! Deep red sugar maples, oaks mixing chocolate and gold, and birch trees glimmer like perfectly placed highlights.

It's the kind of beautiful that makes you slow down and actually notice. And honestly? It got us thinking about this fall's hottest hair color trends.

At b.LUXE Hair and Makeup Studio, our clients are falling hard for autumn-inspired hair color, with the rich, dimensional tones that make our New England autumns so legendary. These seasonal hues feel both on-trend and authentically you.

The Brunette Takeover

This season, brunettes are absolutely having their moment! The **"Expensive Brunette"** trend is all about adding depth, dimension, and high-gloss shine to darker tones; a perfect choice for clients seeking that luxurious, high-end look without the high-maintenance upkeep. This movement

towards more natural shades has inspired some irresistibly cute names along the way - think favorite drinks, desserts, and yes, even stuffed animals! Haven't you heard of **Teddy Bear Brunette**? This popular twist on the modern "bronde" trend combines a deeper brunette base with honey blonde babylights. This technique balances warm tones and gives a subtle glow and brightness to brown hair without crossing into blonde territory.

Brown Sugar Brunette is like your favorite fall latte - warm, inviting, and absolutely irresistible. This gorgeous mid-toned brunette delivers all the cozy vibes with its rich blend of caramel and maple highlights that glow like late autumn sunlight. It's sophisticated yet effortless, and will leave people asking what you've done to look so good.

Brownie Batter Brunette is the richest of our fall favorites - think molten brownie batter in all its deep, chocolatey glory. This stunning shade goes darker and more dramatic than Brown Sugar Brunette, with a luscious chocolate base that's pure indulgence. Warm caramel highlights are delicately woven throughout, creating a



subtle glow rather than dramatic contrast, giving you that perfect low-maintenance luxury. Unlike the honey-kissed lightness of Teddy Bear Brunette, Brownie Batter embraces the deeper, more decadent side of brown hair. Its warm undertones radiate sophistication with just enough dimension to keep things interesting.

The Redhead Renaissance

Redheads are absolutely stepping out this season with shades that are anything but basic! What's really exciting is how dimensional red hair has become with multi-tonal effects that blend warm and cool undertones. No more flat, single-shade colors! The reds we're loving right now are all about complexity. And **Cherry Cola** is "the red" of the moment with a rich chocolate base and deep cinnamon highlights for a sophisticated, edgy look. **Sun-Kissed Copper** gives classic ginger a luxurious upgrade with richer, warmer, more wearable tones that stand out without being overwhelming. And **Strawberry Blonde**? It's the sweet spot between blonde and red, with golden undertones that help warm and soften fair complexions.



Going For Gold (And Silver!)

Now, don't think our golden girls are sitting this autumnal party out! Even our most devoted blondes are embracing deeper roots and effortless grow-outs that stretch appointments longer - a total blessing during the holiday rush. Take for instance, **Butter Blonde**. This warm, creamy shade mimics the richness of melted butter - soft, dimensional, and naturally radiant. **Honey Blonde** gives you that perfect "just back from vacation" vibe without ever leaving town. Then there's Bronde - the holy grail of low-maintenance color that blends brown and blonde so beautifully, it looks like you were born with perfectly luminous hair. And if you're feeling adventurous, **Golden Silver** brings just enough edge with

its gorgeous metallic shimmer. Our gray clients can get in on the low-maintenance trend too! Instead of covering your grays, ask your stylist about Gray-Blending, a technique that blends lowlights and highlights with your gray hair. Think tortoise shell or mosaic tiles - beautiful hues working in harmony.

Here's a trend that's always in style: Healthy Hair! Have your stylist recommend shampoo, conditioner, and styling products that will keep your hair looking great longer.

Celebrate the Season

There's something so magical about the season ahead of us. Let's embrace the cozy vibes, keep things simple, and soak up all the fun these next three months have to offer.

Brunette, Red, Blonde or Silver, we're here to help you find your perfect shade!

Give us a call at (508) 321-1624 or book online at bLUXE.com.

We can't wait to see you at the studio!

PAID ADVERTISEMENT

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Village
AUTO
SERVICE
Foreign & Domestic

PROPANE TANKS FILLED
MONDAY - SATURDAY
Tires & Alignment • Suspension & Steering
Exhaust & Brake • Air Conditioning
Factory Scheduled Maintenance
Mass. State Inspection Station

508-429-2535
Neil Lazzaro • ASE Technician
1292 Washington St., Holliston
villageautosvc.com

CHARRON

Tree Service
Quality Timely Service!
BELLINGHAM, MA
508-883-8823
FREE ESTIMATES • FULLY INSURED
KEVIN LEMIRE, OWNER
All employees are covered under Workers' Comp Ins.

RESIDENTIAL & COMMERCIAL

- Tree Removal
- Pruning/Trimming
- Storm Damage
- Land Clearing
- Stump Grinding
- Seasoned Firewood

CharronTreeService.com

Millis Public Library September Events

New Session of Girls Who Code Club Begins in October

Join us this school year for Millis Girls Who Code! In this free weekly program, girls will use coding and programming to make a positive impact! Learn new skills in a supportive environment of peers and role models. Our Club will meet at the Millis Public Library on Wednesdays from 5:00 - 5:45 PM starting on October 8th. We follow the Millis Public Schools calendar and do not meet on non-school days or early release days. Millis Girls Who Code is open to anyone in 5th through 12th grade. No prior knowledge or experience required! Email ktolson@minlib.net for more info!

Mindful Movement Yoga for Adults at the Millis Public Library

Starting Saturday, October 11th at 10:30 am, the Millis Public Library will host a free four-week yoga program! Yoga promotes the circulation of fluids, including blood and lymph, throughout the body

and especially in the joints which helps to facilitate ease of motion and even help you sleep better! Join Regina for this special four-week yoga program to experience more strength, flexibility and increased energy and a feeling of overall well being.

Regina has been a resident of Holliston for 27 years and currently teaches yoga at The Gym in Milford. Her approach is that of functional yoga which emphasizes how poses feel and function in the body rather than how they look. Poses are adapted to suit individual needs and abilities. Yoga blocks are highly recommended but not necessary for practice.

Open to ages 18 and up. Space is limited and therefore registration is required. Please register for each class separately. You do not need to attend all four weeks. Sign up at millislibrary.org/calendar or contact ktolson@minlib.net.

Medway featured trail: Ohnemus, near police station

Is there a short trail with great scenery that I can show out of town or even in town visitors to Medway? The answer is - a resounding "Yes!." And what if I told you that there is a short but scenic trail that was constructed by the son of a beloved late Boy Scout leader that overlooks the Charles River and is equipped with several backless benches and two picnic tables?

Welcome to the Ohnemus Trail which leads to spectacular views of the Charles River and is particularly scenic during the autumn. Dedicated to the memory of Kurt Ohnemus, his son constructed the trail as part of an Eagle Scout project.

Initially, there was no dedicated parking area but in 2025, that no longer is true for there is lined parking for three cars there, which is sandwiched between a private residence at 311 Village and Medway's police station at 315 Village Street.

One of the picnic benches is at the beginning of the trail, but



Medway Police Station offers stunning views, especially in the fall.
Source: Medway Open Space Committee and Trail Club

the better view is from the picnic bench adjacent to the river. Look for the blue Open Space sign to the left of the Police Station and drive to one of the lined paved spaces to park. It is a great place for a picnic with views so bring your camera too.

Next month, we'll feature a town-generated press release about a newer Medway trail that is stroller and wheelchair friendly.

Submitted by the Medway Open Space Committee and Trail Club

Norfolk County Agricultural High School, 400 Main Street, Walpole, MA 02081



NORFOLK AGGIE OPEN HOUSE

Check out Norfolk Aggie in Action!
Sunday, October 5, 2025
1:00 p.m. - 4:00 p.m.

Explore our campus and connect with students and teachers as they showcase their vocational programs, including Animal, Marine & Veterinary Science, Horticulture, and Agricultural Mechanics. Enjoy live student demonstrations, Drill Team performances, and more!



[@norfolkaggiehs
www.norfolkaggie.org](https://www.norfolkaggie.org)

CLASS OF 2030: APPLICATION OPENS NOVEMBER 1
Free Event * Wheelchair Accessible * Free Parking *
No Dogs Allowed



UPCOMING EVENTS

JOIN US!

Limited space available.
Call us to RSVP.

THURS 10/16 | 2:30-4 PM

FALL in Love Festival

Celebrate autumn in style, complete with a caramel apple.

WED 11/5 | 2:30-4 PM

Harvest Wreath Workshop

Create your own personalized wreath for your home!



THE RESIDENCE

at Charles Meadow

125 Dover Road, Millis, MA
774-993-7259
residencecharlesmeadow.com

Living Healthy

Top 10 Myths in Eye Care Debunked

By ROGER M. KALDAWY, M.D.

When it comes to eye health, misinformation can be more harmful than helpful. Many long-held beliefs about vision and eye care are based on outdated science or pure myth. Let's debunk 10 of the most common misconceptions to help you make smarter decisions about your eyes.

1. Carrots Will Fix Your Vision

Carrots contain vitamin A, which is essential for maintaining healthy vision—especially night vision. However, eating more carrots won't sharpen blurry eyesight or reverse vision problems like nearsightedness or farsightedness. A well-rounded diet with leafy greens, fruits, and fish is better for long-term eye health.

2. Reading in Dim Light Will Damage Your Eyes

Reading in low light may

cause eye fatigue or temporary discomfort, but it won't permanently harm your vision. Your eyes are working harder in dim lighting, which can lead to headaches or strain, but not lasting damage. A well-lit environment simply helps reduce fatigue.

3. Sitting Too Close to the TV Will Hurt Your Eyes

This myth has been around since the days of old box TVs. Sitting close to the television can lead to temporary eye strain, but it doesn't cause permanent eye damage. Children often sit closer because they can focus up close better than adults—but it's not a cause for alarm.

4. Wearing Glasses or Contacts Makes Your Eyes Dependent on Them

Glasses and contact lenses correct your vision; they don't change your eyes themselves. You may feel more dependent on them once you start see-



ing clearly, but the prescription doesn't "weaken" your eyes. Vision can naturally change over time, but that's not due to corrective lenses.

5. Blue Light from Screens is Damaging Your Eyes

The concern around blue light has led to a surge in "blue light glasses." But current research doesn't support the idea that

blue light from screens causes permanent eye damage. What people often experience is digital eye strain—caused by staring at screens too long, not blue light itself. The 20-20-20 rule (every 20 minutes, look 20 feet away for 20 seconds) can help reduce eye fatigue.

6. Eye Exercises Can Cure Vision Problems

While exercises may improve focus or coordination in some rare eye conditions (like convergence insufficiency), they can't correct structural issues like myopia, hyperopia, or astigmatism. No amount of eye rolling or focusing drills will replace the need for glasses, contacts, or surgery when needed.

7. You Don't Need an Eye Exam if You See Fine

Even if your vision is perfect, regular eye exams are crucial. Eye diseases like glaucoma, diabetic retinopathy, and macular degeneration can develop silently, without noticeable symptoms. Early detection through routine check-ups is often the key to preserving sight.

8. Only Older Adults Need to Worry About Eye Problems

Age increases the risk of certain eye conditions, but eye health matters at every age. Children, teens, and young adults are increasingly affected by screen-related strain and dry eyes. Preventative care—like UV protection, a healthy diet, and annual eye exams—should start early and continue for life.

9. Sunglasses Are Only for Sunny Days

UV rays can penetrate clouds, meaning your eyes are exposed even on overcast days. Prolonged UV exposure is linked to cataracts and other serious eye issues. Look for sunglasses that block 100% of UVA and UVB rays—and wear them year-round whenever you're outdoors.

10. You Have to Wait Until a Cataract is "Ripe" to Remove It

This outdated notion comes from older surgical methods. Today's advanced cataract surgeries allow removal whenever the cataract interferes with daily life—no need to wait for it to "mature." In fact, early intervention can often lead to quicker recovery and better visual outcomes.

Misinformation can lead to unnecessary worry—or worse, delayed treatment. The best way to protect your vision is by staying informed, getting regular eye exams, and speaking directly with a trusted eye care professional. Clear vision is about more than just 20/20 sight—it's about making smart, evidence-based decisions to preserve your eyesight for life.

Milford Franklin Eye Center proudly operates four convenient office locations in Milford, Franklin, Hopkinton, and Medfield. In addition, our state-of-the-art Cataract and Laser Surgery Center in Milford offers world-class surgical eye care close to home. Patients benefit from an accredited and licensed facility, on-site anesthesia presence, and carefully titrated sedation—ensuring the highest standards of comfort, safety, and precision. When it comes to your eyes, you don't have to travel far to receive the best care available.

For more details, see our ad on this page.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Optical Shop On-Site



MILFORD - FRANKLIN EYE CENTER

Saturday & After Hours Available

FAILED SCHOOL EYE EXAM?

SCHEDULE YOUR BACK-TO-SCHOOL EYE EXAM TODAY!

NOW ACCEPTING VSP & DAVIS VISION INSURANCE

NEW PATIENTS RECEIVE A FREE PAIR OF SELECT GLASSES



Roger M. Kaldawy, M.D.



Mark Barsamian, D.O.



Dan Liu, M.D.



Michael R. Adams, O.D.



Shalin Zia, O.D.



Donald L. Conn, O.D.



Dr. Purvi Patel, O.D.

SMILEFORVISION.COM

FRANKLIN OFFICE
750 Union St.
508-528-3344

HOPKINTON OFFICE
66 Main St.
508-528-3344

MILFORD OFFICE
160 South Main St.
508-473-7939

MEDFIELD OFFICE
258 Main St.
508-528-3344

SURGERY CENTER MILFORD
145 West St.
508-381-6040

Local residents to participate in the 37th Annual Jimmy Fund Walk presented by Hyundai

Andra Freeman, William Kingsbury and Maryann Marzakis will join thousands in the iconic fundraising walk for Dana-Farber Cancer Institute to support all forms of cancer research and care.

The 2025 Jimmy Fund Walk presented by Hyundai will take place on Sun., Oct. 5. Among the thousands of walkers will be seven Medway residents and seven Millis residents.

Medway walkers will include Andra Freeman, William Kingsbury, Maryann Marzakis, Dale Freeman, Amanda O'Connell, Jack O'Connell and Rachel Reece.

Millis residents will include Dave Ferrantino, Amanda McGhee, Scott Oliver, Irene Koistinen, Lydia Shields, Melita Koistinen and Corrine Pellowe.

The iconic annual event will raise funds to support all forms of adult and pediatric care and research at Dana-Farber Cancer Institute. The Jimmy Fund Walk will aim to raise \$9.5 million this year in the effort to prevent, treat, and defy cancer.

"For 36 years, the Jimmy Fund Walk has been a cornerstone of support for lifesaving cancer research and patient care at Dana-Farber," said Caitlin Fink, vice president of The Jimmy Fund. "Every participant contributes directly to advancing lifesaving research and critically important cancer care. Walk Day is more than just an event—it's a celebration of hope and the shared commitment of the Jimmy Fund community."

One Walk, Four Distances, For All Cancers

The Jimmy Fund Walk takes place along the famed Boston Marathon® course, and participants have the flexibility to choose from four distance options: 5K walk (from Dana-Farber's Longwood Medical Campus); 10K walk (from Newton); Half Marathon walk (from Wellesley); and Marathon walk (from Hopkinton). Walkers who prefer to participate virtually can

complete their chosen distance from any location.

Whatever route participants choose, they will be supported by hundreds of volunteers and treated to refueling stations with refreshments throughout the course. Walkers will be motivated by poster-sized photographs of Walk Heroes that appear along the course as inspiration. All routes will conclude at the Jimmy Fund Walk Finish Line Powered by Schneider Electric at Boston Common, by the corner of Charles and Beacon Street. Finish line activities will include a celebration with food, entertainment, and more.

To register for the Walk (#JimmyFundWalk) or to support a walker, visit www.JimmyFundWalk.org or call 866-531-9255. Registrants can enter the promo code NEWS for \$5 off the registration fee. All registered walkers will receive a bib, medal, and a Jimmy Fund Walk T-shirt. You can also sign up to volunteer on Walk day.

About the Jimmy Fund

The Jimmy Fund, established in Boston in 1948, is comprised of community-based fundraising events and other programs that, solely and directly, benefit Dana-Farber Cancer Institute's lifesaving mission to provide compassionate patient care and groundbreaking cancer research for children and adults. The Jimmy Fund is an official charity of the Boston Red Sox, the Massachusetts Chiefs of Police Association, the Pan-Mass Challenge, and the Variety Children's Charity of New England. Since 1948, the generosity of millions of people has helped Dana-Farber save countless lives and reduce the burden of cancer for patients and families worldwide. Follow the Jimmy Fund on Facebook, X, and Instagram: @TheJimmyFund.

About Dana-Farber Cancer Institute

Dana-Farber Cancer Insti-

tute is one of the world's leading centers of cancer research and treatment. Dana-Farber's mission is to reduce the burden of cancer through scientific inquiry, clinical care, education, community engagement, and advocacy. Dana-Farber is a federally designated Comprehensive Cancer Center and a teaching affiliate of Harvard Medical School.

Dana-Farber provides the latest treatments in cancer for adults through Dana-Farber Brigham Cancer Center and for children through Dana-Farber/Boston Children's Cancer and Blood Disorders Center. Dana-Farber is the only hospital nationwide with a top 5 U.S. News & World Report Best Cancer Hospital ranking in both adult

and pediatric care.

As a global leader in oncology, Dana-Farber is dedicated to a unique and equal balance between cancer research and care, translating the results of discovery into new treatments for patients locally and around the world, offering more than 1,100 clinical trials.

DOT Drug test - BAT Alcohol testing Collection Site

DR RAPID LAB Provides MOBILE collection Services to Individuals and Employers



DR.RAPID LAB

Pre-Employment, Random, Reasonable Suspicion, Post Accident, Return to Duty, Follow-Up, Court Order, Custody, Probation

Supports Department of Transportation and Drug Free Policy for DOT and Non-DOT.
FTA • FRA • FMCSA • PHMSA • USCG

Additional services Provided: DNA Testing • Legal and Informational • Paternity / Maternity Generational • Immigration Case collection (TPA) • Notary Service for The Commonwealth

Mobile OR at 106 Access Road, Suite 204B, Norwood
508-850-6156 • drrapidlabs.com • usdottest@drrapidlabs.com

WELCOME BEATRICE ZAKI, MD

Now Accepting New Patients

Milford Regional Physician Group is pleased to welcome Beatrice Zaki, MD to Family Medicine Associates in Medway.

Dr. Zaki earned her medical degree from the Medical University of South Carolina in Charleston, SC and completed her Family Medicine Residency at ECU Health Medical Center in Greenville, NC. In addition to English, Dr. Zaki speaks Arabic and conversational Spanish, allowing her to connect with and care for a diverse patient community. She looks forward to providing compassionate, comprehensive primary care to patients of all ages.



Beatrice Zaki, MD

To schedule an appointment, please call 508-321-2850

UMass Memorial Health
MILFORD REGIONAL MEDICAL CENTER

Milford Regional
Physician Group

FAMILY MEDICINE ASSOCIATES

Milford Regional in Medway 68A Main Street, Suite 102 • Medway, MA
508-321-2850 • milfordregionalphysicians.org

Looking to advertise your business?

Contact Jen: 508 570 6544 or Jenschofield@localtownpages.com

Medway firefighter Tompkins graduates from Academy

On Sept. 19, 19 firefighters from the 50-day Career Recruit Firefighting Training Program as part of Class #332, including Medway Firefighter Brendan Tompkins.

Other towns represented in the class include Beverly, Blackstone, Charlton, Dracut, Gardner, Medfield, Melrose, Northborough, Reading, and Weston.

“Massachusetts firefighters are on the frontlines protecting their communities every day, and today’s graduates are needed now more than ever,” said State Fire Marshal Jon M. Davine. “The hundreds of hours of foundational training

they’ve received will provide them with the physical, mental, and technical skills to perform their jobs effectively and safely.”

“Massachusetts Firefighting Academy instructors draw on decades of experience in the fire service to train new recruits,” said Massachusetts Firefighting Academy Director JP Seivane. “Through consistent classroom instruction and practical exercises, today’s graduates have developed the tools they’ll need to work seamlessly with veteran firefighters in their home departments and in neighboring communities as mutual aid.”

Basic Firefighter Skills

Students receive classroom training in all basic firefighter skills. They practice first under non-fire conditions and then during controlled fire conditions. To graduate, students must demonstrate proficiency in life safety, search and rescue, ladder operations, water supply, pump operation, and fire attack. Fire attack operations range from mailbox fires to multiple-floor or multiple-room structural fires. Upon successful completion of the Career Recruit Program, all students have met the national standards of NFPA 1010, Standard for Fire Fighter Professional Qualifications, and are certi-



 Massachusetts Firefighting Academy
Career Recruit Class #332 Graduation • September 19, 2025

Medway firefighter Brendan Tompkins graduated from the Firefighting Academy on Sept. 19, 2025. Courtesy photo

Keep cozy this Fall Season!



COAN
HEATING & AIR CONDITIONING

Specialists in Home Comfort & Energy Conservation

HEATING • AIR CONDITIONING • HOT WATER • INDOOR AIR QUALITY
Heating Service Plans, Heating Install and Repairs & More!

Coan Bioheat® Fuel Delivery
With significantly reduced greenhouse gas emissions & lower carbon footprint, it's the most environmentally friendly heat fuel, and the safest.

196 West Central St., Natick • 508-653-5050 • 800-262-6462 • coanoil.com



HEATING & AIR CONDITIONING



fied to the levels of Firefighter I/II and Hazardous Materials First Responder Operations by the Massachusetts Fire Training Council, which is accredited by the National Board on Fire Service Professional Qualifications.

Today’s Firefighters Do Much More than Fight Fires

Modern firefighters train for and respond to all types of hazards and emergencies. They are the first ones called to respond to chemical and environmental emergencies, ranging from the suspected presence of carbon monoxide to gas leaks to industrial chemical spills. They may be called to rescue a child who has fallen through the ice, an office worker stuck in an elevator, or a motorist trapped in a crashed vehicle. They test and maintain their equipment, including self-contained breathing apparatus (SCBA), hydrants, hoses, power tools, and apparatus.

At the Massachusetts Firefighting Academy, recruits learn all these skills and more, includ-

ACADEMY
continued on page 21

Woodforms
Fine Cherry Furniture

Now Open!
Saturdays
9 a.m. to 2 p.m.

Made in Massachusetts



Come visit our FACTORY and FACTORY SHOWROOM!

131 Morse Street | Foxboro | 508-543-9417 | woodforms.net

**Hours: Monday - Thursday: 7 a.m. - 3:30 p.m., Friday: 7 a.m. - 3 p.m.
Saturday: 9 a.m. - 2 p.m. CLOSED Sunday**

Millis fire under investigation, leaves one firefighter with minor injuries



On Sept. 16 at approximately 8:10 p.m., the Millis Public Safety Dispatch center received multiple 911 calls reporting heavy smoke in the area of McDonalds, according to a social media post by @MillisFireDepartment.

“A full recall was struck and on arrival of Millis Police it was reported to be a commercial building fire on Ross Ave. On arrival of Chief Barrett a working fire was struck. Group A in Engine 1 made a quick attack on the fire that started on the exterior and extended in the structure knocking the fire down. Off duty members and our mutual aid partners checked for extension and ventilated the structure.”

The post said “one firefighter was transported with minor injuries by Bellingham Fire. The cause of the fire is under investigation by the Millis Fire & Police departments as well as the Massachusetts State Fire Marshal’s office.”

In the post, Millis Fire thanked the departments from Norfolk, Medway, Medfield, and Sherborn for mutual aid.

Source: Facebook @MillisFireDepartment

Millis Fire Department, and several other local departments, responded to a fire on Ross Avenue on Sept. 16. Photo source: Facebook @MillisFireDepartment

eMPower Millis program renewed

The Town of Millis has renewed its eMPower Millis program, with new prices for the period Nov. 2025 until Nov. 2028, according to a TownofMillis post on Facebook.

“eMPower Millis is a group purchasing program, operated by the Town since 2021, which provides electricity supply options to help residents and businesses manage costs and increase renewable energy use. The Town is excited that it has secured lower prices for all supply options! Current participants do not need to take any action to remain in the eMPower Millis program and receive the new pricing,” says the post.

For more information, visit <https://bit.ly/eMPowerMillis>.

Source: Facebook @TownofMillis

ACADEMY

continued from page 20

ing the latest science of fire behavior and suppression tactics, from certified fire instructors. They also receive training in public fire education, hazardous material incident mitigation, flammable liquids, stress management, and self-rescue techniques. The intensive, 10-week program involves classroom in-

struction, physical fitness training, firefighter skills training, and live firefighting practice.

The MFA provides recruit and in-service training for career, call, and volunteer firefighters at every level of experience, from recruit to chief officer, at campuses in Stow, Springfield, and Bridgewater.

Source: Massachusetts Department of Fire Services

KEVIN J. TAGLIAFERRI
ATTORNEY AT LAW
CRIMINAL DEFENSE • BANKRUPTCY
SORB HEARINGS • JUVENILE LAW
508-533-1600
Email: KevLaw2@verizon.net • www.KevLaw2.com
165 MAIN ST., STE. 210, MEDWAY, MA 02053

Medfield
508-359-2000

Roberts Mitchell Caruso Funeral Home

www.robertsmitchellcaruso.com

Millis
508-376-2000

REACH MORE THAN 182,000 WITH OUR ANNUAL

Holiday Guides

This holiday season, showcase your business in our Holiday Guides - a special pull-out section. Drive shoppers to your door with great gift ideas, catering options and everything to make the holidays joyful and bright!

Coming in November and December!

ZONE 1: REACH 77,681

Auburn, Charlton, Douglas, Dudley, Grafton, Holden, Millbury, Northbridge, Oxford, Paxton, Rutland, Sutton, Uxbridge and Webster

ZONE 2: REACH 104,764

Ashland, Bellingham, Franklin, Holliston, Hopedale, Medway, Mendon, Milford, Millis, Natick, Norfolk, Norwood, Upton and Wrentham

DON'T MISS OUT!

Reservation deadlines:
October 8th for November issue
November 5th for December issue
Save 10% when you commit to both Guides!

Reserve your space today by contacting Jen Schofield at 508-570-6544 or by email at jenschofield@localtownpages.com

localtownpages

TheYankeeXpress
BLACKSTONE VALLEY Xpress

FREE PRESS

Sports

Resilient Leach knows what adversity looks like

Millis softball player endured 5 injuries, 4 surgeries

By KEN HAMWEY
STAFF SPORTS WRITER

If there was a national award given to a high school athlete for overcoming adversity, Emilia Leach would be a viable candidate to capture that honor.

The 18-year-old Leach, who's in her freshman year at Endicott College, graduated from Millis High in June after four varsity seasons of softball. During those four years, however, she played only 34 games instead of what should have been about 88, counting playoff appearances.

What happened to Leach was unfortunate. And it was devastating, especially for a player who was the starting catcher as a freshman and well-known as a top-notch recruit on the club circuit. Five serious injuries and four major surgeries haunted her for four years. But she's now looking forward to four healthy seasons on Endicott's softball team.

"After my first at-bat against Norfolk Agricultural in my second game as a Millis freshman, I suffered a dislocated knee, a fractured kneecap, torn cartilage and ligament damage in my right leg," Leach said. "I'm a power hitter who batted cleanup. I swung so hard, I fell in pain but still managed to get an RBI."

Leach's sophomore campaign was a blessing because she finished the season uninjured for 19 games. She had a batting average of .424, hit two home runs and

led the Mohawks in RBIs with 25. No sophomore jinx in year two.

Unfortunately, she played only seven games in both her junior and senior seasons, sidelined by two more knee operations and a torn labrum in her right shoulder. The two knee surgeries involved the same repairs that she underwent as a freshman. For her final knee surgery, doctors had to break her tibia to stabilize her kneecap.

Leach obviously is determined and understands perseverance. She personifies those qualities and could easily be the poster child for resilience.

"Determination is one of my strengths," she emphasized. "I've got a high threshold for pain and as a kid my goal was to play college softball. The bumps in the road that I've experienced aren't going to stop me. Injuries have also led me to be more spiritual."

A native of Millis, the 5-foot-6 Leach, who started playing softball as a six-year-old, says her grit is a result of the support and encouragement from teammates, coaches and her family.

"My mom and dad (Mike and Jen) and my brother (Hayden) are my role models," she said. "My father is an assistant softball coach at Babson College and my brother plays baseball at Millis. My parents and other couples started the Firebirds, the local club team I played for."

Three teammates displayed

lots of caring and provided emotional support for Leach during her lengthy ordeal. They include junior shortstop Molly Rand, senior pitcher Mia Vasta and UMass sophomore Riley Caulfield (pitcher).

"When I was injured, I still attended practices and games," Leach noted. "Those teammates welcomed me and helped me stay involved. They were concerned but never doubted my ability to bounce back."

Millis head coach Brett MacGowan and James Lagos, an assistant coach in Leach's junior year, also helped her to remain positive. "Coach MacGowan reminded me that I had a major impact on the team (captain as a senior)," she recalled. "He was down about my not being able to compete, and coach Lagos has been the go-to guy for support."

As Leach eagerly awaits the start of her rookie season for Endicott, her goals are all about health and averting injuries. "I want to be the healthiest I can be, I hope to start in the infield (third base) on opening day in March, and I want injuries and surgeries to be a thing of the past," she said.

Endicott's fall softball season, which involves practices and scrimmages with area schools, is currently underway. Leach, however, is unable to participate but hopefully will get the green light next March.

"My doctor says that my knee should be okay by March," Leach said. "I should be ready for our exhibition games in Florida during spring break and for the opening of our regular season. I'll have to play catch-up in the winter because I missed the fall season. Our coach (Katie Bettencourt)

knows my history but she likes my resilience."

Another person who admires Leach's resilience is Millis Athletic Director Derek Phinney. While sidelined, Leach often assisted Phinney.

"Despite a career riddled with injuries, Emilia's unwavering determination shined, culminating in her commitment to play softball at Endicott," Phinney said. "From devastating knee injuries, she endured setback after setback, often watching from the sidelines. Yet, instead of succumbing to frustration, she channeled her passion for the game into a different kind of contribution — calling pitches, helping during practices and moral support for her teammates."

"During her recovery, she became an indispensable asset to game operations. Whether managing the scorer's table, efficiently handling ticket sales, or assisting with any task, her reliability and attitude made her a go-to for the athletic staff. Her journey, marked by physical and mental adversity, not only forged her resilience but also deepened her love for sports, ultimately leading her to achieve her dream of playing collegiate softball. My goal was always to prepare her for college and what comes next."

In spite of her adversity, Leach's time as a captain is a plus. "I tried to lead by example and by being vocal and supportive," she said.

Reflecting on her time at Millis, Leach points to a game last spring against Medway as very memorable.

"We trailed, 1-0, but I tripped and drove a run," she

recalled. "I then scored to give us a 2-1 lead that held up for a 5-3 win. The ball I hit traveled about 220 feet before hitting the fence. There was great energy and team chemistry for that game. My top thrill was being named a captain. And any time I made an appearance was always thrilling."

Relying on a competitive philosophy that focuses on winning, reaching her potential and having fun, Leach says: "I'm always grateful when I can compete."

Her trials have been difficult but Leach has learned valuable life lessons from athletics. "I've learned how to lead and how to be a good teammate," she said. "Sports also teach how to accept responsibility and to be accountable."

An honor student, Leach compiled a 3.8 GPA during her four years at Millis High. She'll major in exercise science in college and, not surprisingly, plans on a career as a physical therapist.

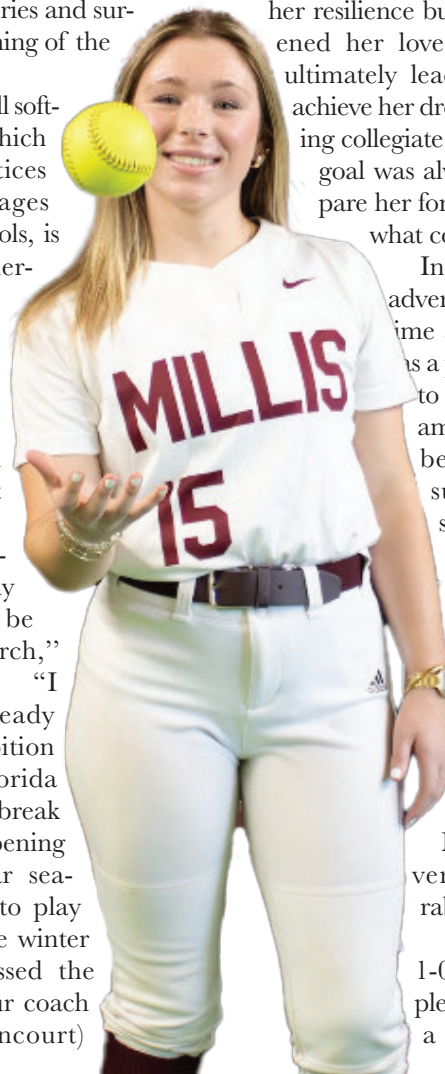
"Whether I was playing or sidelined, I was in physical therapy at least once a week during all four years at Millis," Leach offered. "My current sessions will end later next month."

Although courageous and mentally tough, Leach admits that she worries about a re-injury. Her doctor said there's a 50-50 chance of having an issue with her left knee.

"I believe I've been given this life (injuries) to help others," she revealed. "I'm currently working with a company that helps people cope with all aspects of life, especially sports injuries. I share my story and provide wisdom. I also have an Instagram account [@grow.and.glow.w.meelz] to help and inspire athletes to deal with injuries."

Emilia Leach is a stunning example, not only for those hurting, but also for those who enjoy good health. She makes desire, dedication and devotion come alive.

Teammates, classmates and coaches at Endicott College are fortunate. They'll get to know her in an up-close and personal way. And, it won't take them long to discover that she's a very special young woman.



**Are you looking for a job with school hours and the school schedule?
We have the job for you!**

The Medfield Foodservice Department is now hiring! Substitute worker positions available with flexible hours, as well as full time, benefited positions.

**For more information please contact:
Caitlin Fahy at cfahy@email.medfield.net
or 508-242-8897**

Sports

What Do Low Interest Rates Mean for Retirement?

When interest rates are low, you may have questions about how this affects your financial strategy. Low interest rates often make investors worry about lagging returns. Investors might consider adding income annuities to their retirement portfolio.

How to compare income-generating solutions when interest rates are low.

When looking at ways to achieve financial security in retirement, individuals need to compare a range of available income-generating options. At any interest rate level, creating retirement income from bonds or CDs may produce less income relative to income annuities since one's lifespan is never known.

With income annuities, that longevity risk is off-loaded to an insurance company, so higher levels of safe retirement income can be generated. Even when rates are lower, solutions like income annuities are more attractive on a relative basis. Investors need not time the market when buying income annuities. Not only are income annuities less sensitive to interest rates, their payouts are not tied to the market. Some mutual companies like New York Life Insurance Company also offer income annuities with the opportunity for more income via non-guaranteed dividends.

It should be noted that income annuities have limited withdrawal features and investors should read the policies carefully for details. Bonds and CDs are more liquid (with CDs having shorter term). At maturity of the CD or bond, the purchaser recovers the full principal back. Keep in mind, too, that these products have differing insurance protections.

Even when interest rates fluctuate, income annuities make good sense.

Income annuities are less sensitive to interest rates than other fixed income instruments like bonds or CDs because part of an income annuity payout is in the form of "mortality cred-

its." These mortality credits do not fluctuate with interest rates and are only available via the mortality pool of an annuity. Simply put, in low interest rate environments generating income from bonds or CDs is very expensive, especially when you need to plan for the chance of living to an advanced age. There is wide academic support for the finding that income annuities have an advantage to bonds or CDs in generating retirement income because they provide mortality credits that results in an income stream that one cannot outlive.

What you need to know about mortality credits.

An income annuity is a way to create a "pension-like" income for life. Because annuity premiums are based off mortality tables that estimate life expectancy at every age, premiums paid by those who die earlier than expected contribute to the overall pool. This can provide a higher yield to survivors than individuals could achieve through individual investments. Mortality credits are a hedge against longevity risk, often creating an income stream that would be difficult to match in the broader financial markets.

In short, fluctuations in monetary policy will not have a great impact on income annuities. Income annuity payouts are not particularly sensitive to changes in interest rates or other economic debt instruments such as 10-year treasury notes. Income annuities provide a base of guaranteed income that might allow the purchaser to take more risk with the rest of the portfolio, knowing that a portion is guaranteed. Pre-retirees and retirees seeking solutions to address the range of financial risks in retirement, such as longevity, inflation, or sequence of return risks, can create a stable, guaranteed income for life through income annuities.

Mutual Income Annuity products are issued by New York Life Insurance Company, 51 Madison Avenue, New



York, NY 10010. All guarantees are dependent on the claims-paying ability of the issuer. Available in jurisdictions where approved. The policy form number for the New York Lifetime Mutual Income Annuity is 214-P200. The policy form number for the New York

Future Mutual Income Annuity is 215-P200. State variations may apply.

This educational third-party article is provided as a courtesy by Michael Damon, Agent, New York Life Insurance Company and a Registered Representative of NYLIFE Securities

LLC (member FINRA, SIPC), a Licensed Insurance Agency and New York Life Company, 45 Milford Street, Suite 3, Medway, MA 02053. To learn more about life insurance and financial strategies, please contact Michael Damon at 508-321-2101.

PAID ADVERTISEMENT
Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.



Michael T. Damon CLTC®

Financial Adviser*
Damon Financial, LLC**

45 Milford St., Suite 3 - Medway, MA 02053
(508) 321-2101
Mike@DamonFinancial.com
www.DamonFinancial.com



Strategies for Success

Because what you do today, will determine how you live tomorrow.



Michael is a Registered Representative offering securities through NYLIFE Securities LLC (member FINRA/SIPC), a Licensed Insurance Agency & Agent, New York Life Ins. Co.
*Financial Adviser offering investment advisory Services through Eagle Strategies LLC, a Registered Investment Adviser.
**Damon Financial, LLC is not owned or operated by NYLIFE Securities LLC or its affiliates.
Eagle Strategies LLC and NYLIFE Securities LLC are New York Life Companies.



The Medway Democrats and Millis Democracy Advocates will hold a 'No Kings' peaceful protest on Sat., Oct. 18. The Medway protest will be held on Route 109 by Choate Park from 9 a.m. to 10 a.m., after which many will attend the Boston march. The Millis protest will be at the intersection of Routes 109 and 115 from 11 a.m. to 12 p.m. For more information, <https://mnwactionhub.blogspot.com>. This photo was taken at a July 17 'Good Trouble' rally in Medway. Source: Millis Democracy Advocates.

The views and opinions expressed here are those of the author and do not necessarily reflect the official position of this newspaper or its affiliates.

Pet(s) of the Month: Meet Percy and Luna, a playful, gentle duo looking for their forever home

Percy and Luna are two sweet one-year-old cats who met at the shelter and quickly became a special little duo. Ever since they found each other, they've done everything side by side from playing and exploring to napping and slowly learning to trust.

Percy is the more confident of the two, but he can still be shy in new situations. He enjoys being petted (even on his belly!) and gets especially excited for treats and toys. He's playful, curious, and becoming more outgoing every day, as long as things stay calm.

Luna is more reserved and sensitive, but incredibly sweet. She's still shy, especially with new people or sudden movement, but she's made wonderful progress. She loves other cats and is hap-

piest when snuggled up next to a feline friend, especially Percy.



They're looking for a quiet, calm home with no dogs and no children under 10. Teens or adults with some cat experience would be a great match to help them continue building confidence.

If you're ready to open your heart to a gentle, loving pair who will bring joy, fun, and quiet companionship, Percy & Luna are ready to find their forever home — together.

As we are closed to the public, adoptions are by appointment only. If you have an interest in meeting Percy & Luna, please fill out our online adoption application (<https://www.shelterluv.com/matchme/adopt/MWHS/Cat>).

We will review all applications and make appointments for those applicants we feel would provide a good and loving home for Percy & Luna.

Both Percy and Luna love to play, chase toys, and enjoy treats. They may be shy at first, but once they understand they're safe and loved, they'll start to show their affectionate and playful sides.

FINANCING AVAILABLE

- 12 Months
 - No Interest
 - No Payments
 - Free Estimates
 - Get Instant Estimate Online @ <https://robertevansjrinc.com/>
- Or Call

508-877-3500

Millis, MA 02054

Fully Licensed & Insured
CSL 056746
HIC 108807

\$500 OFF Full Roof Replacement

On 28 Square Feet or More

Exp. October 31, 2025 • Offers May Not be Combined

ROOFING • SIDING • WINDOWS

OVER 30 YEARS OF BUSINESS
ROBERT EVANS JR
CONTRACTOR
ROOFING, SIDING, WINDOWS & MORE
EST. 1992

Lifetime Roof Guarantee

Get a FREE Upgrade to a

CertainTeed
SAINT-GOBAIN

Lifetime Guarantee

Exp. October 31, 2025

Offers May Not be Combined

Discover the Dumouchel Difference

when you list with Linda & Mark Dumouchel, top Medway REALTORS® since 2016 | over \$80 million sold



9 Tulip Way, Medway | 9Tulip.com



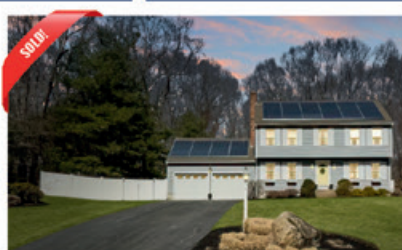
34 Maple Street, Medway | 34MapleSt.com



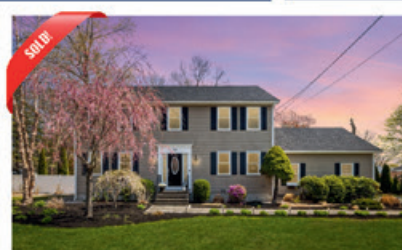
16 Grey Squirrel Circle, Medway | 16GreySquirrel.com



Your Home Here!



4 Wildwood Drive, Medway | 4Wildwood.com



104 Holliston Street, Medway | 104Holliston.com



18 Candlewood Drive, Medway | 18Candlewood.com



7 Tulip Way, Medway | 7Tulip.com



12 Olde Surrey Lane, Medway | 12OldeSurrey.com



2 Claybrook Farm Road, Medway | 2ClaybrookFarm.com



1 Daffodil Lane, Medway | 1Daffodil.com

BUYING OR SELLING A HOME?

Discover the Dumouchel Difference 

Choose a top agent who understands your needs. Benefit from our exclusive luxury marketing strategy and experience a stress-free process from listing to closing. Gain unparalleled exposure with our bespoke marketing, highlighting your home's unique appeal. List with us for exceptional results. It's the Dumouchel Difference!

FOR A FREE REPORT ON YOUR HOME'S VALUE: VISIT
MEDWAYMILLISVALUES.COM OR SCAN THE QR CODE:



3 Newton Lane, Medway | visit 3Newton.com



Linda & Mark Dumouchel, REALTORS®

Luxury Marketing Specialists | Certified Negotiation Specialists
direct: 508.254.7406 | theDumouchelDifference.com



Real Estate Corner

Recent Home Sale



The 4-bed, 4-bath, 3,946-square-foot house at 160 Holliston Street in Medway recently sold for \$1,425,000. Image credit: www.zillow.com



10 ROOM, 4 BEDROOM, 2.5 BATH COLONIAL!
GORGEOUS INGROUND POOL!
PRICED TO SELL \$849,900 - QUICK CLOSING POSSIBLE!
CALL ME FOR A FREE, NO OBLIGATION MARKET ANALYSIS TODAY!

Joleen Rose
Realtor®
LMC, CBR, MAR,
GBAR, NAR, SRES

ERA Key Realty Services

"Turn Your Dreams Into Reality"
CELL: (508) 951-5909
joleenrose@gmail.com
JoleenRoseHomes.com





BERKSHIRE HATHAWAY
HOMESERVICES

PAGE
REALTY



Fulfilling my customer's dreams and ambitions is what I strive for in each & every engagement.

Free Fall Blooms
When you list your home with me on or before November 15, 2025



hello FALL

Jodi is the consummate realtor.... She possesses a thorough knowledge of the marketplace, a unique ability to listen to her customer's requirements, and the talent to deliver results. And she does all this while displaying a pleasant and humble demeanor rarely found in business".
- Medway Client.



Jodi Kairit, REALTOR®
508-523-5890
Top 6% of the Network

For a free consultation, please call (508)-523-5890

S&P Global Ratings Affirms Top-Tier 'AAA' Bond Rating to Medway

On Sept. 4, the Town of Medway sold \$5,190,000 General Obligation Bonds for various capital projects. S&P Global Ratings re-affirmed the Town's 'AAA' bond rating based on the following factors:

- The Town's robust economy
- Strong financial performance and healthy reserves
- Proactive management team
- Forward-looking financial practices and policies
- Solid revenue and expenditure performance

The 'AAA' designation is the highest issuer credit rating assigned by S&P Global, signifying an extremely strong capacity to meet financial obligations. Proceeds from the 2025 bond issuance will go toward various capital projects, including

improvements to Hanlon track & field and the Medway High School culvert. A top-tier credit rating allows the Town to sell its bonds at a preferable rate, which reduces interest expense and preserves taxpayer dollars. We are most appreciative of S&P's support and recognition of our community's fiscal management successes, and we thank our Select Board, our School Committee, and our Finance Committee for their leadership efforts and financial stewardship here in Medway.

Submitted by the Town of Medway



YOUR LOCAL REAL ESTATE EXPERTS!

WORK WITH AN EXPERIENCED TEAM OF REAL ESTATE AGENTS. WHETHER YOU ARE BUYING YOUR FIRST HOME, DOWNSIZING OR RELOCATING, OUR GOAL IS TO ENSURE THAT BUYERS AND SELLERS ARE SITUATED PERFECTLY WITH A PERSONALIZED STRATEGIC PLAN THAT FITS THEIR REAL ESTATE NEEDS.

REACH OUT TODAY!

199 Main Street Milford, MA 01757
1-800-942-3922

CENTURY 21
The Real Estate Group



Beth Flinders
REALTOR®



Cynthia Owens
Broker - REALTOR®



Gina DePaolo
REALTOR®



Susan Brouwer
REALTOR®



Dana Gatewood
REALTOR®



Leana Velame
REALTOR®



Manny Santos
REALTOR®



Chris Rogers
REALTOR®



Looking to advertise in our Real Estate Corner?
Contact Jen Schofield today at 508-570-6544 or by email at jenschofield@localtownpages.com

Real Estate Corner

Recent Home Sales

Date	Medway	Amount
09/11/2025	19 Pond Street	\$702,330
09/10/2025	17 Evergreen Street #A	\$471,000
09/05/2025	17 Stable Way	\$1.05 mil
09/03/2025	5 Fern Path	\$1.10 mil
09/02/2025	34 Maple Street	\$740,000
09/02/2025	32 Maple Street	\$513,000
08/29/2025	42 Granite Street	\$1.00 mil
08/29/2025	15 Alder Street	\$675,000
08/29/2025	6 Thayer Road	\$708,000
08/29/2025	160 Holliston Street	\$1.43 mil
08/28/2025	4 Rainbow Drive	\$775,000
08/28/2025	10 Buttercup Lane	\$535,000
08/28/2025	8 Sandstone Drive	\$765,000
08/26/2025	11 Maple Street	\$850,000
08/26/2025	3 Wildwood Drive	\$780,000
08/26/2025	3 Mechanic Street #1	\$312,000
08/25/2025	193 Main Street	\$710,000
08/18/2025	4 Charles River Road	\$600,000
Date	Millis	Amount
09/15/2025	10 Rockville Meadows	\$775,000
09/12/2025	34 Pleasant Street	\$530,000
09/09/2025	196 Ridge Street	\$1.43 mil
09/08/2025	95 Van Kleeck Road	\$764,900
08/29/2025	10 Lansing Way	\$933,675
08/28/2025	209 Curve Street	\$800,000
08/25/2025	19 Cedar Square	\$391,000
08/25/2025	63 Pleasant Street	\$525,000
08/25/2025	26 May Road	\$962,000
08/20/2025	22 Buddy Kearney Lane	\$510,000
08/15/2025	67 Forest Road	\$800,000

Source: www.zillow.com / Compiled by Local Town Pages

NEW SERVICE BIG MAIN CLOGS

LICENSED & INSURED

24 HOUR EMERGENCY CALL

Specializing in ALL Plumbing Repairs & ALL types of Water Heater Installations

LOCAL RESIDENT: 508-663-7132

Drains-R-Us.com

10% OFF FOR NEW CUSTOMERS

NO JOB TOO SMALL DISCOUNTS FOR SENIOR CITIZENS & VETERANS



CHECK US OUT!



Commercial Properties



FOR LEASE

16-3 Cottage St., Franklin
850SF, \$1500/mo, Office



NEW LISTING

323 W Central St, Franklin
\$750,000



FOR LEASE

8 Court St, Uxbridge
\$1800/mo Lease



FOR LEASE

837 Upper Union
\$2000/mo



508-330-4234
RE/MAX Platinum Club
RE/MAX Hall of Fame
Residential/Commercial/
Business Sales & Leasing
emason4234@gmail.com
www.eileenmasonrealty.com



Over 445 Homes Sold!



SOLD

36 Lakin Street
Needham - \$2,300,000



NEW CONSTRUCTION

Lakefront, 3 living levels, 3400sf
Norfolk - \$995,000



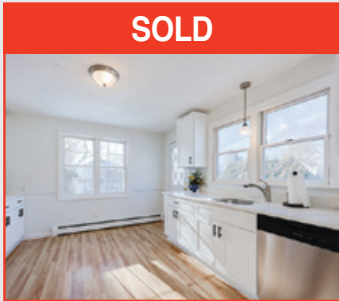
NEW LISTING

60 Spencer Street
Millis - \$599,900



SOLD

116 Grant Street
Framingham - \$1,059,000



SOLD

147 Plain Street
Millis - \$599,900



UNDER AGREEMENT

485 Main Street
Millis \$989,900



Let my 25 years experience of
selling homes help you with your next move.
Baltimore St, Millis & 10 Speen St, Framingham Offices
RawdingRealtyLLC@gmail.com





YOUR HOMETOWN
REAL ESTATE EXPERTS

Let our Experience, Professionalism
& Knowledge Work for You

powered by

REALTY EXECUTIVES

BOSTON WEST



Laina Regan Kaplan

Realtor®, CBR, Top Producer - Life long Resident of Medway
MedwayRealtor.com | Laina@TeamRegan.com
DIRECT: 508-577-3538



Jennifer (McMahon) Colella

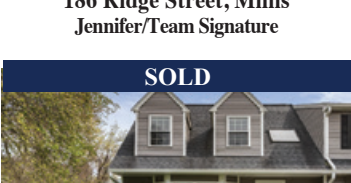
Realtor®, Broker, ABR, SRS, CBR, LMC, CHS, CRB, BPOR, RENE
Raised In & Longtime Resident - TeamSignature.net
Jenn@TeamSignature.net | DIRECT: 774-210-0898



Please Call to Schedule a Complimentary Valuation of Your Home.

Proven Successful Marketing: Staging, Professional Photos, 3D Tour, Floor Plans & More!



NEW TO MARKET  \$889,900 16 Blueberry Hill Lane, Medway Laina Regan Kaplan	NEW TO MARKET  \$649,900 12 Longmeadow Lane, Medway Laina Regan Kaplan	NEW TO MARKET  \$799,900 2 Gerald Avenue, Millis Jennifer/Team Signature	NEW TO MARKET  \$610,000 9 Heritage Path, Millis Jennifer/Team Signature
NEW TO MARKET  \$729,900 329 Village Street, Medway Laina Regan Kaplan	SALE PENDING  \$745,900 76 Farm Street, Millis Jennifer/Team Signature	SALE PENDING  \$600,000 6 Pine Tree Drive, Plainville Jennifer/Team Signature	SOLD  \$1,201,000 8 Hickory Drive, Medway Laina Regan Kaplan
SOLD  \$1,200,000 9 Hickory Drive, Medway Laina Regan Kaplan	SOLD – BUYER CLIENT  \$580,000 39 Heritage Path, Millis Jennifer/Team Signature	SOLD  \$675,000 15 Alder Street, Medway Laina Regan Kaplan	SOLD  \$1,155,000 145 Farm Street, Millis Jennifer/Team Signature
SOLD  \$725,000 186 Ridge Street, Millis Jennifer/Team Signature	SOLD  \$958,000 19 Azalea Drive, Medway Laina Regan Kaplan	SOLD  \$815,000 2 Harding Road, Medway Laina Regan Kaplan	SOLD  \$496,000 14 Sanford Street, #60, Medway Jennifer/Team Signature
SOLD  \$487,400 85 Key Street, Millis Jennifer/Team Signature	SOLD  \$455,000 16 Key Street, Millis Jennifer/Team Signature	SOLD  \$750,000 121 Main Street, Medway Laina Regan Kaplan	SOLD  \$715,000 19 Stanley Road, Medway Laina Regan Kaplan

Serving Millis & Medway and surrounding areas • rexbostonwest.com