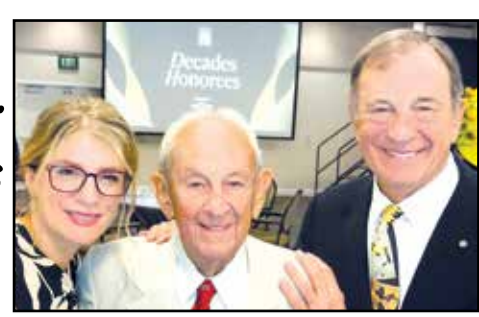


## How to Combat Road Rage

PAGE 6

## Celebrating Our Centenarians

PAGE 3



# Carmichael Times

VOLUME 46 • ISSUE 40 Serving Carmichael & Sacramento County since 1981

OCTOBER 3, 2025

**SEE INSIDE**

**APPLAUSE FOR LITERARY AWARD WINNERS**



PAGE 2

**MORE MONEY FOR OUR ROADS**



PAGE 10

**MAKE THE MOST OF ALZHEIMER'S DISEASE BREAKTHROUGHS**



PAGE 6

## No Hooks, Lines or Sinkers



Season's harvest. Project Pick Up Fishing Line organizer Jann Nichols (kneeling, second left) and volunteers gather at Mather Lake with miles of line retrieved from local rivers and waterways.

*Story and photos by Susan Maxwell Skinner*

**SACRAMENTO REGION, CA (MPG)** - An Orangevale woman's project to retrieve fishing gear from waterways is now in its third year.

Wildlife photographer Jann Nichols and 13 friends have cleared almost 30 miles of snagged line from popular fishing spots. Their work has also yielded thousands of abandoned hooks and lures.

"It's a problem that doesn't go away," said Nichols. "But when we're retrieving fishing gear,



Abandoned hooks, lines and lures are a danger to wildlife. Photographer/activist Jann Nichols and volunteers are passionate about clearing anglers' waste.

we're often able to talk increasing awareness of the problem. We feel we're

Calling themselves "Project Pick Up Fishing Line," the volunteers self-fund their own missions. Marking the project's second anniversary, they recently displayed their unwanted harvest at Mather Lake in Rancho Cordova. Despite line-disposal receptacles, this popular fishing spot is a target for tangles.

Sailor Bar (Fair Oaks) consistently yields nylon cast offs. The American River's Watt Avenue stretch, along with Cameron Park Lake and Willow Creek (Folsom), also warrant regular

*Continued on page 4*

## 'Imagine This...' Student Writing Competition Underway

**California Foundation for Agriculture in the Classroom News Release**

**SACRAMENTO REGION, CA (MPG)** - Aspiring young authors with great stories to share about agriculture are encouraged to enter the California Foundation for Agriculture in the Classroom's annual "Imagine this..." Story Writing Contest.

Entries are due Nov. 1. Last year, more than 500 students submitted stories and six state-winning entries plus one honorable mention were published in the "Imagine this... Stories Inspired by Agriculture 2025" book. The fifth-grade winner last year who wrote "The Little Farm Dog" was Josephine Slattery from the Twin Rivers Charter School in nearby Yuba City.

The "Imagine this..." Story Writing Contest invites students in third-through eighth-grades from public, private, charter and home schools throughout California to submit original fiction or non-fiction stories highlighting agriculture's positive impact.

"Agriculture is all around us," said Amanda Fletcher, the California Foundation for Agriculture in the Classroom's executive director. "We encourage students to get out their pencils and think creatively about an experience they've had that involves food, fiber or any topic related to agriculture."

Regional and state winners will be announced Dec. 1. The six state winners, one from each grade level, will have their stories illustrated by high school art students and professionally published in book form. Along with their teacher and parents, each will also receive a trip to Sacramento for an awards ceremony at the Capitol that includes medals, e-readers and classroom resources.

Regional winners will receive plaques, books and teacher resources for their participation.

"The 'Imagine this...' contest helps students and teachers see just how connected we all are to the farmers and ranchers who keep California growing," Fletcher said. "It's a fun way for students to explore the world around them while also meeting Common Core writing and literacy standards for grades three through eight."

Entry forms, contest rules and tips on incorporating "Imagine this..." into the classroom can be found at LearnAboutAg.org/programs/contest. Copies of the 2025 book are also available there for \$8.50.

The organization is dedicated to educating youth throughout California about the importance of agriculture in their daily lives. ★

## Fun for Fall, Founders and Fido

*Story and photo by Susan Maxwell Skinner*

**CARMICHAEL, CA (MPG)** - Two events this October will fill Carmichael Park with fall festivities.

The community will host Founder's Harvest Festival celebrations on Oct. 11. A week later, the park will honor some of the community's beloved dogs.

Entertainers, vintage cars and children's activities will take over Carmichael Park on Oct. 18 to celebrate the old colony's 116th birthday, continuing more than a century of tradition.

Previously known as Founders Day, the re-imagined festival incorporates fall flavor and family activities. Pumpkins are just the start. Barnyard critters will muzzle up for petting. Ambassador reptiles will slither in from Folsom City Zoo. Youth can also enjoy crafts and bounce castles.



Founder's Harvest Festival activities at Carmichael Park include a pumpkin patch, local history displays, a petting zoo and dance presentations. The Oct. 11 event also marks Carmichael Park District's 80th anniversary.

display will exhibit photo vignettes from early days.

An additional anniversary is noted: Carmichael Recreation and Park District this month marks 80 years since its 1945 establishment. Centered on parkland created from old apple orchards on Fair Oaks Boulevard, the

district was designed to serve Carmichael's rapid population growth after World War II.

The community's largest vintage car show is part of the nostalgia. For a youthful contrast, on-stage performances will spotlight dance students.

Food trucks will offer

refreshment and live bands will kick off dancing.

Masters and mutts will walk the following Saturday during the third annual Barktober fest. To raise funds for Carmichael Dog Park, the Oct. 18 event promotes man's best friends and pet-oriented

*Continued on page 5*



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# Applause for Literary Award Winners

By Kimberly A. Edwards

**SACRAMENTO REGION, CA (MPG)** - Seven awardees will be recognized at the "100 Years of Writing Excellence in Sacramento" Gala on Oct. 18, when the California Writers Club Sacramento hits its century mark and celebrates at North Ridge Country Club in Fair Oaks.

The award recipients are 916 Ink, Capital Storytelling, Jan Haag, Ginger Rutland, Sacramento Poetry Center, Sacramento Press Club and Under the Gum Tree.

While recognizing that literary service abounds in our area, a Blue Ribbon Panel identified the above for nurturing the development of talent and appreciation for the written word and contributing to a larger purpose influencing Sacramento's literary reach in children and adults.

The Oct. 18 Centennial will bring writers, reporters and historians together to learn about early writing and publishing in Sacramento. Partners and friends include the Crocker Art Museum, the California State Library, the Center for Sacramento History and the Sacramento Public Library

Keynote speaker and Pulitzer Prize winner Jack Ohman will talk about "At Wit's End."

A star-studded line-up featuring Rich Ehisen of Capitol Weekly, literary agent Sandra Proudman, Sacramento journalist at local CBS affiliate Alison Linton, Pushcart Prize nominee Carol Lynn Stevenson Grellas, cultural historian Maryellen Burns and documentary filmmaker Al González will entertain.

Kiyo Sato, 102 and the William Saroyan International Writing Award winner for "Dandelion



Keynote Speaker Jack Ohman will challenge attendees with his interpretation of "At Wit's End." California Writers Club of Sacramento

through the Crack" (renamed "Kiyo's Story") will attend. Her book is on display at the Smithsonian Institute. Attendees can bring along a copy of her book if they want an autograph.

Rare books from early California Writers Club members will be displayed at the gala. Many books were made into movies or popular TV series. One movie was nominated for an Academy Award. Also displayed will be a 1913 woodcut of the club logo designed by University of California, Berkeley professor Perham Nahl, nephew of Charles Christian Nahl, whose work hangs in the Crocker Art Museum.

The celebration includes a buffet, the Jazz Band "Syncopating Sea-Monkeys" of River City High School, and a no-host bar, including a Jack London "Glass in Hand."

The California Writers Club is a nonprofit organization. For information on the event, buying tickets or sponsoring this literary event, visit online

sacramentowriters.org.

## 2025 Greater Sacramento Literary Awardees

916 Ink is a creative writing and literacy nonprofit organization since 2010 that provides workshops and tutoring to transform youth into strong readers, confident communicators and published authors. Programs increase literacy skills, improve vocabulary, teach empathy, positively impact social and emotional learning, and expand communication skills. Partnerships are with school sites and community groups serving marginalized students, including economically-disadvantaged, system-impacted youth and English Language Learners. 916 Ink has transformed more than 6,000 youth into authors in 300-plus professionally published anthologies.

Capital Storytelling is an arts education organization in Sacramento that empowers individuals to share their personal stories and, in doing so, to foster connection, empathy and compassion across race,



Kiyo Sato, 102 and the William Saroyan International Writing Award winner for "Dandelion through the Crack" (renamed "Kiyo's Story") will be at the gala. Sato's book is on display at the Smithsonian Institute. California Writers Club of Sacramento

gender, religion, abilities, orientation and political affiliations. This is accomplished through classes and workshops and special programs, including an Immigrant Storytelling Program, which empowers first- and second-generation immigrants to share their stories, and a Story Ambassador Program, which trains leaders to lead storytelling workshops.

Jan Haag was a writing professor at Sacramento City College and journalism department chair, advising the student newspaper, literary journal and nonfiction magazine. Before that, she was a copy editor and feature writer for the Sacramento Bee, covered the capitol for United Press International and was editor of Sacramento Magazine. Haag has had many poems, essays and fiction published in journals and anthologies. Her poetry collection, "Companion Spirit," is comprised of poems about her late husband. She is co-publisher of a Sacramento publishing company, River Rock Books. She

publishes daily poems on her website (janishaag.com) and is working on a poetry collection and a novel set in Sacramento in the 1950s and 1970s. She hosts writing groups, including a monthly Writing as Healing group in Elk Grove.

Ginger Rutland spent 17 years as a reporter with KCRA TV in Sacramento and then with KRON TV in San Francisco as that station's capitol bureau reporter. She earned a local Emmy at KRON for her documentary, "Showdown at Diablo," about the controversy surrounding the nuclear power plant's building and commissioning at Diablo Canyon in San Luis Obispo County. Rutland wrote and produced a play, "When We Were Colored, A Mother's Story," adapted from her mother, Eva Rutland's, memoir. The play is about a middle-class Black family's journey from the segregated south before World War II to post-war California, through the Civil Rights era and Black Power Movement to the

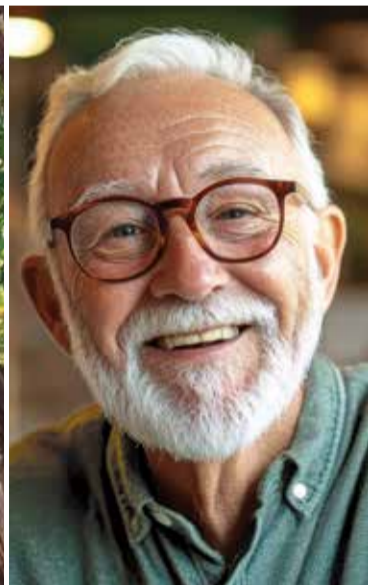
racially-blended families of today.

The Sacramento Poetry Center, founded in 1979, offers readings, workshops, writers' conferences, publications and a lending library. "Landing Signals, released on Oct. 26, 1986, was the first major anthology (print and audio) of Sacramento poets. The center's annual writers' conferences and Poetry Month celebrations have featured some of today's leading poets, including Pulitzer Prize winners Gary Snyder and Philip Levine, former U.S. Poets Laureate Juan Filipe Herrera and Robert Hass.

The Sacramento Press Club, established in 1961, is a nonprofit educational organization dedicated to supporting the next generation of journalists through scholarships for college students. The scholarship program is paid for through member donations and ticket sales to regular events with California and national newsmakers. The Sacramento Press Club annually awards nearly \$60,000 in scholarships to a proudly diverse array of students.

Under the Gum Tree is a reader-supported, quarterly literary arts magazine publishing creative nonfiction and visual art. It champions the mantra of telling stories without shame since 2011. The mission is sharing stories that remind readers of shared humanity. Each issue includes seven to 10 original nonfiction stories and personal essays, one photo essay and one cover artist whose work is featured throughout the interior pages. The magazine nominates for the Pushcart Prize every year and essays published have been listed as notable in the Best American Essays. ★

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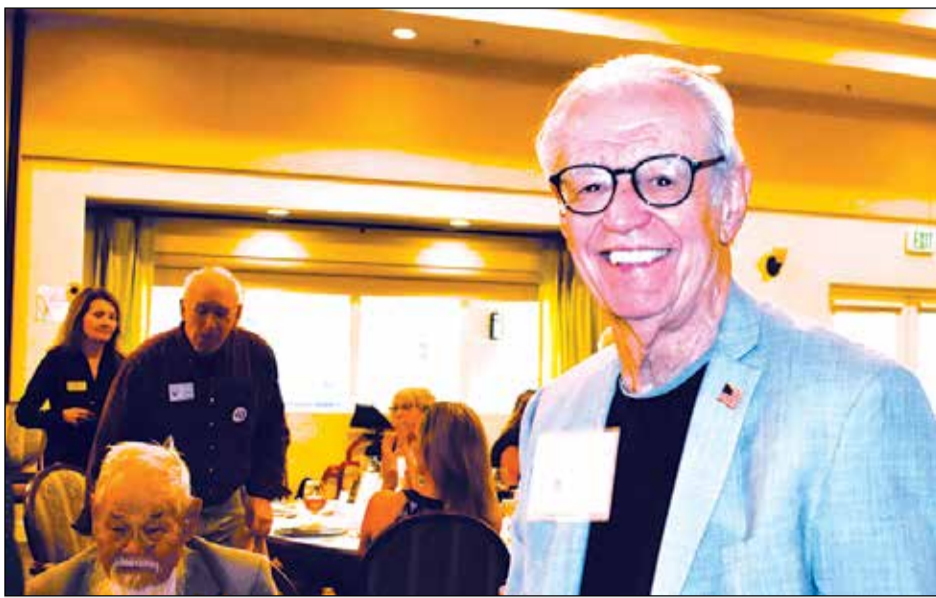
\*CARF International, an independent non-profit organization that sets exceedingly high standards for care and service.

# Celebrating Our Centenarians

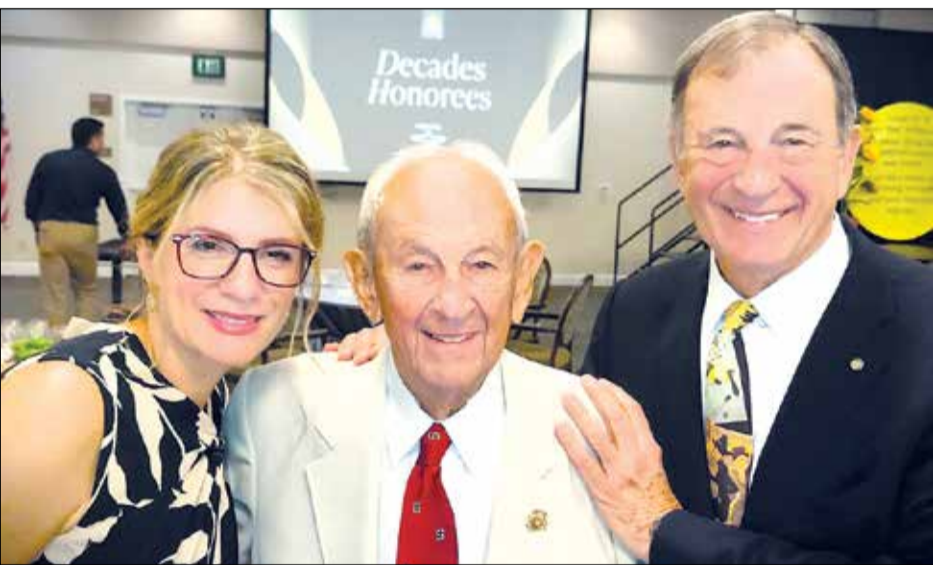
## Fun with Photographer Maggie Rose McGurk



Diane Donnelly, Kitty O'Neal, Mary Donnelly and Earle Donnelly celebrate at the Eskaton event honoring centenarians.



Dr. Lou Vismara and PRIDE Industries partnered to help those with autism build careers. Learn more about the Autism Employment Pilot Program at prideindustries.com.



Eskaton CEO and President Sheri Peifer is with Bob Cole, 103 years old, and his son, Dan Cole.

### Story and photos by Maggie Rose McGurk

I had the pleasure of photographing a wonderful event recently at Eskaton in Carmichael honoring centenarians. It was inspiring to see, talk with and capture so many remarkable people in their 100s.

Timed with National Centenarian Day, this special gathering honors remarkable individuals who have reached 100 years and beyond, alongside vibrant older adults across all stages of aging.

“At Eskaton, we are a reflection of our name, meaning the ‘dawn of a new day.’ We are a

Northern California non-profit driven by a passion for providing older adults with versatile living options in vibrant communities that foster connection and belonging,” said Eskaton Foundation impact and fundraising coordinator Kristin Stuhr.

Luncheon proceeds fund programs promoting



California State Senator Roger Niello gave a Centenarian Achievement Certificate to Teresa Sibert who is 104 years old.

healthy aging, social connection, enriching activities and innovation throughout Eskaton communities. This gathering affirms that every stage of life deserves

celebration and support. If you want to stay healthy, be sure to eat right and walk at least a mile every day. Stay healthy. Maggie Rose McGurk

is a Northern California artist who goes everywhere with her camera. Contact her at [maggierosemcgurk.com](http://maggierosemcgurk.com) or 916-543 5300. ★

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# No Hooks, Lines or Sinkers

*Continued from page 1*  
 attention. Many Lake Natoma (Orangevale) anglers leave debris in their wake.  
 Seasonally popular for fishing, Harrington Way river shallows (Carmichael) is another tangled spot.  
 “We come back from these places with bags filled,” said Nichols. “The stuff is all over the place. For many people, it’s invisible. To us, it catches

the light like spider webs. Sometimes, it’s tangled underwater. Divers help us retrieve it. Fishermen sometimes help. Along with the careless culprits, many responsible people use the river.”  
 Nichols acknowledges that lines snag accidentally.  
 “Our volunteers can usually free and dispose of fishing gear,” Nichols said. “If we can do it, so should

the anglers. We also collect masses of trash from fishing spots. Litter is not abandoned by accident.”  
 “In tragic cases, animals don’t survive entanglement by hooks and lines,” she said. “Pets can also come to grief.”  
 The volunteers recently discovered a drowning gull at Tanzanite Park (Natomas). Twice hooked, it was thoroughly entangled by line.

“Our volunteers reached him by paddleboard,” Nichols said. “Technicians at the Wildlife Care Association (Sacramento) took care of him. He was just one bird. These incidents happen all the time and often end in an innocent animal’s death.”  
 “We also want people to know there are experts to call when you find a trapped or injured creature,” the activist

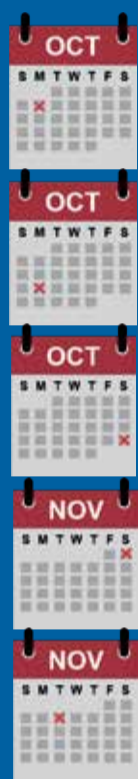
said. “I started this project when I saw a baby osprey tethered in a nest after its parents brought in branches entangled with fishing line. Thanks to rescuers, the baby ended up flying free.”  
 If you encounter snared or injured animals, call Wildlife Care Association at 916-965-9453. To learn about Project Pick Up Fishing Line, visit [www.tanglefreewildlife.com](http://www.tanglefreewildlife.com).



## Election Information

### November 4, 2025, Statewide Special Election

Vote Early and Vote by Mail



- Oct 6** Ballots begin to arrive by mail. Official Ballot Drop Boxes are now open.
- Oct 20** Close of registration. Register today!
- Oct 25** 11-Day Vote Centers open through Election Day.
- Nov 1** All Vote Centers open through Election Day.
- Nov 4** Election Day! Last day to turn in your ballot.

#### Vote Early! Don't wait for Election Day.

Take advantage of early voting and avoid the lines! You can return your ballot in the mail, at any Official Ballot Drop Box, or at any Vote Center. No postage is necessary.

#### Track your Ballot!

Sign up for “Where’s My Ballot?” with BallotTrax, a free ballot-tracking and alert system. It is available to all voters who wish to track the status of their Vote by Mail ballot from printed to accepted. Scan the QR code or visit [www.wheresmyballot.com](http://www.wheresmyballot.com)



Vote Early! Vote by Mail.

Visit [www.elections.saccounty.gov](http://www.elections.saccounty.gov) or call toll-free (800) 762-8019



## Fall in Love with These Homes



6709 Stanley Avenue, Carmichael | \$1,120,000



Just steps from the American River Parkway and Milagro Centre, this expansive single-story home sits on a .63-acre corner lot with pool, gazebo, and multiple entertaining spaces. Inside, enjoy 4 bedrooms and 3 remodeled baths including two full primary suites—ideal for guests or multigenerational living. A bright living room with bay window, Quartz kitchen, formal dining, and a 3-car garage complete this rare find in one of Carmichael’s best neighborhoods.

1333 Villagio Drive, El Dorado Hills | Offered at \$889,000



Backed by greenbelt privacy in gated Serrano, this pristine 4-bedroom, 3-bath home blends style and comfort with a remodeled kitchen, quartz counters, stainless LG appliances, and a downstairs bed & bath perfect for guests or work-from-home. Highlights include hardwood floors, high ceilings, loft space, and a relaxing primary suite with sweeping views. Close to Bella Terra Park, top schools, and Serrano Country Club.

1911 Discovery Village Ln, Gold River | Offered at \$599,900



Rare single-story gem tucked at the end of a cul-de-sac in a gated Gold River village. With vaulted ceilings and 5 glass sliders, this 2-bedroom + den, 2-bath home is filled with natural light and tranquil views of the greenbelt and pond. Features include a granite kitchen, dual closets in the primary suite, and a wraparound yard designed as a private tropical retreat—plus access to pool, spa, and clubhouse.

5325 Pimlico Drive, Sacramento | Offered at \$439,000



This updated 3-bedroom, 2-bath home sits on a quiet street in an established neighborhood. Bright and welcoming, it features stainless steel appliances, newer doors, and a cozy fireplace. Enjoy a sunny backyard with citrus trees, pergola seating, and a raised garden bed. Located in the San Juan School District with easy access to Hwy 80, parks, shopping, and dining.



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# Fourth-Grade Families Can Visit 54 State Parks for Free

**California State Parks News Release**

**STATE OF CALIFORNIA (MPG)** - Families of fourth-graders in California public schools are invited to download the free California State Park Adventure Pass at [parks.ca.gov/AdventurePass](http://parks.ca.gov/AdventurePass)

The pass opens the door to California's stunning natural landscapes and rich cultural heritage, granting students and their families a year of free entry to 54 state parks full of sandy beaches and desert canyons, majestic redwood forests and eye-opening historic sites.

Championed by First Partner Jennifer Siebel Newsom, whose California for All Kids initiatives support children's physical, mental and social-emotional well-being, and the Newsom Administration's Outdoors for All initiative, the California State Park Adventure Pass expands the opportunity for fourth-graders and their families to enjoy the benefits of connecting with nature, each other and their communities.

The pass for this school year's fourth graders is valid until Aug. 31, 2026. To date, more than 89,000 passes have opened new doors and fostered a love of state parks for California fourth-graders.

"As a mom, I know how much time in nature shapes a child's health, happiness and love for the outdoors," Siebel Newsom said. "The California State Park Adventure Pass has opened the door for more kids and families to experience the joy and benefits of our beautiful state parks. I encourage all public school fourth-graders and their families to take advantage of this opportunity and to explore all the incredible natural treasures California has to offer."

Said State Parks Director Armando Quintero,



Let the adventures begin. California State Parks and First Partner invite fourth-graders and their families to experience the state's unmatched beauty and history for free. It's easy for Sonoma State Historical Park visitors to picture life here in the 1800s. The historic old town of Sonoma comes alive at the state park. Sonoma State Historical Park is an easy drive from this area. Photo courtesy of California State Parks, 2025

"California's state parks are true wonders of nature and human history. The Adventure Pass is an invitation to fourth-graders and their families to discover the world of California. It's your home."

And California Natural Resources Agency Secretary Wade Crowfoot said, "California's natural treasures belong to all of us. By opening our parks to public school fourth-graders at no cost, we're investing in healthier kids, stronger communities and the next generation of stewards who will care for the Golden State's wealth of natural and cultural resources."

Obtaining a free California State Park Adventure Pass online is easy. Parents and/or guardians can go online to [reservecalifornia.com](http://reservecalifornia.com) or call 800-444-7275 (Spanish-speaking customer service available). If they don't already have a ReserveCalifornia

account, they can set up a profile by providing their name, address, phone number and email address. After completing the form, the free pass will be immediately sent to their email to be used at the 54 participating parks.

Individuals without access to a smartphone, computer, printer and/or email address can request a pass by visiting a State Parks Pass Sales Office or by calling 800-444-7275.

What are some of the picturesque state parks that fourth-graders and their families can visit? Two parks within a few hours' drive from home include the Empire Mine State Historical Park and the Sonoma State Historical Park.

Empire Mine State Historical Park is the site of one of the oldest, deepest and richest gold mines in California. The park is at 10791 East Empire St., Grass Valley. In operation for more than 100 years, the mine

extracted 5.8-million ounces of gold before it closed in 1956. The park contains many of the mine's buildings, the owner's home and restored gardens, and the entrance to 367 miles of abandoned and flooded mine shafts. The park encompasses 856 acres of forested backcountry and 14 miles of trails, including easy hikes for hiking, mountain biking and horseback riding.

Sonoma State Historical Park is a scattering of historical sites consisting of six midtown locations near Sonoma's Plaza. Off the Sonoma Plaza are Mission San Francisco Solano, the Blue Wing Inn, Sonoma Barracks, the Toscano Hotel & Kitchen, and the Servants Quarters (the remains of La Casa Grande). General Vallejo's Home, less than a mile west of the Plaza, was the estate of General Mariano Guadalupe Vallejo, Military Commander and Director of Colonization of the Northern Frontier and founder

of Pueblo de Sonoma. The park's main office address is at 363 3rd St. West, Sonoma,

Closer to home are the California State Railroad Museum, Leland Stanford Mansion State Historic Park, State Indian Museum State Historic Park and Sutter's Fort State Historic Park in Sacramento.

Find all 54 participating parks at [parks.ca.gov](http://parks.ca.gov).

Made possible by Assembly Bill 148, the California State Park Adventure Pass program was signed by Governor Gavin Newsom in July 2021. The pass is valid for the one-year period during which the child is a fourth-grader or fourth-grade equivalent and attends a public school, from Sept. 1 to Aug. 31 of that year. The pass is also a good educational tool for California fourth-grade teachers, who can encourage students to extend their classroom learning into state parks and explore these living classrooms.

In addition to the California State Park Adventure Pass, all Californians can check out a California State Parks Library Pass by using their library cards to access more than 200 participating state park units.

Families receiving California Work Opportunity and Responsibility for Kids (CalWORKs), individuals receiving Supplemental Security Income (SSI) and income-eligible Californians 62 and over can apply for the Golden Bear Pass with their smartphone or other web-based device and have access to more than 200 California state park units. The Golden Bear Pass is also available to participants of California's Tribal Temporary Assistance for Needy Families (TANF) program.

For more information on all three State Park Pass programs, visit [parks.ca.gov/OutdoorsForAll](http://parks.ca.gov/OutdoorsForAll). ★

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**Sunday Evening 6:00 pm**

**Wed. Evening 7:00 pm**

Continued from page 1

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## Fun for Fall, Founders and Fido

*Continued from page 1*

businesses.

The day of the dogs includes demonstrations by fearless police K-9s. All Stage Canine training owner Miranda Viani will showcase obedience techniques. A doggie dance contest is another highlight.

"Your pet doesn't have to be Fred Astaire," said organizer Rosie Buck. "It's fine to dance with your dog in your arms."

The much-vaunted canine costume contest begins at 11:15 p.m. Fashion categories include best-owner-and-dog-duo and most-unique outfits. The "best dressed pet" division welcomes haute couture in domestic animals of any kind.

Merchant booths and food trucks are part of both weekend events.

**WE SUPPORT FIRST RESPONDERS**

Founder's Harvest Festival (10 a.m. to 2 p.m. Oct. 11) sponsors include Mission Oaks and Carmichael Park districts, Carmichael Parks Foundation, Buck Family Automotive, Sacramento County Supervisor Rich Desmond, Cappuccino Cruisers Car Club, Carmichael Kiwanis and Carmichael Chamber of Commerce.

The Barktoberfest Festival (10 a.m. to noon Oct 18) is presented by the Carmichael Parks Foundation. Sponsors include Carmichael Park District, All Stage Canine Development, Buck Family Automotive and Kerri Mandes Fitness.

Carmichael Park is located at 5750 Grant Ave. Learn about Carmichael Recreation and Park District community events at [www.carmichaelpark.com](http://www.carmichaelpark.com). ★

## Carmichael Times

*Serving Carmichael and Sacramento County since 1981*

It is the intent of the *Carmichael Times* to strive for an objective point of view in the reporting of news and events. It is understood that the opinions expressed on these pages are those of the authors and cartoonists and are not necessarily the opinions of the publisher or our contributors.

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We are proud members of these newspaper associations.

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# How to Make the Most of Alzheimer's Disease Breakthroughs



Dr. Helen C. Kales

## UC Davis Health News Release

**SACRAMENTO REGION, CA (MPG)** - New research published in *The Lancet* as part of its Alzheimer's Disease Series outlines strategies for integrating emerging and existing approaches for treating Alzheimer's disease. *The Lancet* is a weekly peer-reviewed general medical journal, founded in 1823

Forty international experts contributed to this three-part series. University of California, Davis Geriatric Psychiatrist Helen C. Kales is the only U.S. psychiatrist among this expert group and is a co-author of the new paper.

"Our findings underscore the urgent need to bring evidence-based, person-centered care into real-world dementia settings," Kales said. "We need to prioritize non-pharmacological



University of California, Davis Geriatric Psychiatrist Helen C. Kales is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage dementia-related behaviors. Photos UC Davis Health

strategies and caregiver support while thoughtfully incorporating new disease-modifying therapies for dementia, such as lecanemab and donanemab."

Kales is the chair of the UC Davis Department of Psychiatry and Behavioral Sciences and the Joe P. Tupin Professor of Psychiatry. She is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage

dementia-related behaviors.

### Developing customized integrative treatment plans for Alzheimer's patients

The key findings in *The Lancet* paper include more than 90 percent of individuals with Alzheimer's disease experience behavioral and psychological symptoms (BPSD), such as agitation, depression and psychosis.

Non-pharmacological approaches such as the DICE Approach, which consists of

personalized activities and caregiver training, are often more effective and safer than psychotropic drugs yet remain underused.

Medical professionals should recognize cases when psychotropic drugs are needed for the treatment of behavioral and psychological symptoms. Still, they should use the drugs cautiously and follow clear guidelines.

Anti-amyloid monoclonal antibodies (donanemab and

lecanemab) represent a historic shift in Alzheimer's treatment, slowing cognitive decline for the first time; however, the drugs raise complex questions about eligibility, safety and long-term impact.

Combining symptomatic treatments (such as cholinesterase inhibitors and memantine) with disease-modifying therapies might offer additive benefits, although more research is needed.

The study also presented strategic recommendations, including the support of infrastructure development for Alzheimer's disease biomarker testing and access to brain scans and funding caregiver training and non-pharmacological programs in both community and institutional settings.

The study also recommends establishing registries to monitor real-world outcomes and safety, prioritizing equitable access through pricing models, public funding and global partnerships and engaging in public dialogue about the societal value of investing in Alzheimer's care.

"By integrating emerging therapies with proven care strategies, supporting caregivers and ensuring that innovation translates into improvements in our patients' lives, we can make meaningful progress in the diagnosis and treatment of this disease," Kales said. ★

# How to Combat Road Rage

## AAA Mountain West Group News Release

### SACRAMENTO REGION, CA (MPG)

- If you feel like aggressive drivers are everywhere, there might be some truth to it. A staggering 96 percent of drivers admitted to engaging in some form of aggressive driving in the last year, according to a new study by the AAA Foundation for Traffic Safety released on Sept. 23.

Aggressive driving can come in the form of speeding and tailgating to cutting off other vehicles.

According to the nationwide study, aggressive driving has become a nearly universal experience on American roads.

"Understanding the motivations behind aggressive driving is a key step toward preventing it," said Doug Johnson, spokesperson for AAA Mountain West Group. "Aggressive driving can quickly escalate into road rage, so it's important that drivers know how to react appropriately and keep themselves from being the instigator."

The study found that being in a hurry often fuels aggressive behavior on the road. Drivers were also more prone to engage in unsafe behavior as a reaction to other aggressive vehicles. This self-fulfilling cycle of aggressive driving and road rage is fueling a culture where impatience and



Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger. Photo by Tyli Jura from Pixabay

hostility are becoming the norm behind the wheel.

Key findings of the study follow.

Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger.

Eleven percent admitted violent actions such as intentionally bumping another car or

confronting another driver.

Aggressive driving is contagious. Drivers who experienced higher levels of aggressive driving also had higher levels of engagement in aggressive driving.

The vehicle plays a role. The kind of car you drive could predict how you act and how others perceive you. Drivers in sports cars, big trucks, and motorcycles are often seen as more aggressive. Some drivers say they felt more

powerful and dominant behind the wheel of these vehicles.

This study is an update of a 2016 AAA study which shows some behaviors have become more common while others have declined.

Since 2016, cutting off other vehicles is up 67 percent, honking out of anger is up 47 percent, tailgating is down 24 percent and yelling at other drivers is down 17 percent.

AAA urges drivers to prioritize

courtesy and safety to help curb aggressive driving. Another key finding in the study was that good road etiquette might be the most effective way to reduce aggressive driving and road rage.

Simple actions such as using turn signals, letting others merge and offering a friendly wave can help de-escalate tension and create a safer driving environment for everyone.

Some AAA tips when encountering aggressive drivers are staying calm (don't engage); avoiding eye contact, making gestures or responding; providing ample space; and letting them pass and keeping your distance. Finally, call 911 if necessary or go to a public place; never drive home.

AAA tips for controlling road rage include breathing before you react (one deep breath can reset your perspective); don't take the bait; ignoring and avoiding aggressive drivers; choosing time over tension; and leaving early, giving space and most importantly, arriving to your destination safely.

AAA Mountain West Group is a membership and full-service leisure travel organization, proudly serving more than 6.7-million members throughout Northern California, Arizona, Utah, Nevada, Montana, Wyoming and Alaska. ★

# Apply Now for CalKIDS Scholarships

## CalKIDS News Release

**SACRAMENTO REGION, CA (MPG)** - Now that the new school year is in full swing, it's the perfect time for students and families to jumpstart their year with CalKIDS, California's landmark scholarship program for college and career training.

Launched in 2022 by the State of California and administered by the ScholarShare Investment Board, CalKIDS expands access to higher education by creating scholarship accounts for eligible students, offering families a simple and meaningful first step toward their child's future education.

"Back-to-school is the perfect time to claim your CalKIDS Scholarship," said California State Treasurer Fiona Ma. "These funds aren't just dollars; they're an investment in our children's dreams and in California's future. Every child deserves both the belief and the support to make their dreams real."

CalKIDS scholarships can be used at accredited colleges, universities, community colleges and career training programs across the country. Eligible education-related expenses include tuition and fees, books and school supplies, and computer equipment.



CalKIDS connects with students at the Asian Pacific Islander Desi American Center at the California State University, Sacramento. Photo courtesy of CalKIDS

Over time, CalKIDS Scholarship Account funds can earn extra money because they are set aside and invested until the student is ready for college or career training.

Research shows that children with even modest education savings are three times more likely to attend college and four times more likely to graduate. By claiming a CalKIDS account, families are taking a powerful step toward building a path to higher education.

Claiming a scholarship is quick, easy, and can be done entirely online. Go to CalKIDS.org and click "Confirm Eligibility." Enter your

child's Statewide Student Identifier (SSID), a 10-digit number which can be found on the student's K-12 school portal, transcript, report card or by contacting their school directly. If eligible, follow the prompts to "Claim Account."

Once the scholarship account is claimed, funds can be used when the student enrolls in an accredited college, university, community college, or career training program.

California recently passed legislation requiring schools to share information about CalKIDS as students complete the FAFSA

(Free Application for Federal Student Aid) or California Dream Act Application (CADAA), ensuring that high school seniors are introduced to this important funding resource.

More than 630,000 students and families across California have already claimed their CalKIDS Scholarships.

To learn more or claim a CalKIDS Scholarship, visit CalKIDS.org.

The California Kids Investment and Development Savings Program (CalKIDS) is the nation's largest child development account program, providing scholarships for higher education. Administered by the ScholarShare Investment Board and chaired by Ma, the program is designed to promote the pursuit of higher education statewide by empowering families to build assets, nurture savings habits and raise their educational aspirations.

Eligible public-school students can receive CalKIDS Scholarships worth up to \$1,500 and every child born in California on or after July 1, 2022, is awarded a CalKIDS Scholarship worth up to \$175, ensuring more families have the resources needed to support their children's education. To learn more, visit CalKIDS.org. ★

# Kings Korner

By V.G. Harris



For the diehard basketball fan, Sept. 29 is highlighted on the calendar. Training camp marks the beginning of a new season and brings bright eyes and hope to fans that love the home team.

This season will be no exception, despite the lack of moves on the part of the Kings brain trust.

New G.M. Scott Perry has proven to be a patient man, even if the Sacramento fans are not.

Many teams view the Kings as desperate, after what can only be called one of the biggest gaffes in franchise history, when Sacramento let DeAaron Fox bolt the team in midseason in favor of the San Antonio spurs.

True, Scott Perry was not the G.M. at the time, but Sacramento has a history of poor trades. It will be up to Perry to change that tenor with the league and hopefully regain some respect.

As training camp begins, the name of Jonathan Kuminga continues to resonate, and how Kuminga comports himself at training camp will play a role in the likelihood of a forthcoming trade.

The Warriors are in no mood for anything disruptive as camp begins, so how Kuminga responds to coaches and teammates could be a catalyst for a sudden move. Something to keep an eye on, as Steve Kerr has demonstrated little patience with Jonathan, and perhaps this week will be a springboard for the Kings.

Other names have surfaced, among them 5'8" guard Yuki Kawamura, who impressed the Memphis Grizzlies so much during the summer Olympics, that they gave him a contract and introduced Kawamura to the NBA. Currently on a two-way contract with the Chicago Bulls, Kawamura in lightning quick, handles the ball deftly and is a steal monster on the defensive side of the ball.

Whether the Kings would have room for another guard is questionable, but it comes down to what area of the court needs the most attention.

I remain in shock that Scott Perry could even begin to think that letting big man Jonas Valanciunas walk out the back door was a good idea, and most basketball minds were of the belief that Valanciunas could have easily been the best back-up center in the entire league.

What this has created is a vacuum where

once the Kings were in the catbird seat. Now, they are forced to either play an unproven rookie or bring in Dario Sarik from the bench. Neither of these options will likely produce much in the way of points or a defensive presence, so Kings fans are left to wonder who can capably backup Donantas Sabonis.

It appears to be backup the number 5 by committee, and this is something the Kings have tried many times before without success.

Coach Christie is more likely to play small ball when Domantas is off the floor, and I for one think that is much more likely the result.

Wings, wings, wings, and Sacramento simply does not have enough of them!

We didn't have to watch the NBA finals to know that the long forwards of today's NBA are what makes the train run, and there are far too few of these diamonds in the rough to go around.

I believe that the Kings possess three players that could pass the length test in Keon Ellis, Keegan Murray, and Isaac Jones. What remains to be seen is how Doug Christie will use them, will they log regular minutes every game and know their role?

For certain, Keegan Murray will get all the playing time he can handle, but Jones and Ellis are a question mark.

The Kings signed Doug McDermott to another year, and this guy shoots 3's like most players shoot free throws, so once again, can coach Christie find minutes that are not just garbage time for this talented long-range specialist?

Devin Carter has great length for a guard and is my candidate to back-up Dennis Schroeder at the point. Carter acquitted himself well last season, albeit in limited action, and came out firing in the recent NBA summer league.

Question marks, there are more than a few, and from such quandaries great coaches are born.

If anyone thinks there is not already a bevy of talent on this team, you need to get your eyes checked. They are here, and it matters now, in what way they come together as a team.

Stay tuned Kings fans, because it's heating up right now, and real basketball is right around the corner!

All the best!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

# Social Security Matters

## Should my Spouse be Getting Half of my Social Security Amount?



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I was referred to you to ask a question about Social Security benefits. I receive about \$1,700 a month from Social Security while my husband receives only approximately \$750 monthly. Is he entitled to file for half of my Social Security as a monthly benefit without touching my amount? **Signed: Curious Wife**

**Dear Curious Wife:** For information, spousal benefits are one of the most misunderstood areas of Social Security. A spouse does not always get half of their partner's Social Security benefit – how much the spouse gets is determined by their age when the spouse benefit is claimed, and it is always based upon both partner's full retirement age (FRA) benefit, regardless of when they actually claimed Social Security. The partner with the lower SS benefit can only get half of the other

spouse's FRA amount if that partner takes the spouse benefit at (or after) their personal SS full retirement age (FRA). And each spouse's FRA may be different depending on the year they were born (FRA today is somewhere between age 66 and 67, depending on the person's year of birth).

Here are two basic rules for a lower earning marital partner to get spouse benefits:

- The lower earning spouse's FRA entitlement must be less than 50% of the higher earning spouse's FRA entitlement. FRA amounts are used, even if SS benefits were claimed earlier than, or later than, full retirement age, and FRA amounts are frequently different than the monthly amounts actually being received.
- If one spouse's FRA amount is less than 50% of the other spouse's FRA amount, the difference between those two amounts can be added to the lower earning spouse's SS retirement amount, to become their spousal benefit. That may, or may not, equal half of the higher earning spouse's FRA amount. So, if you claimed your Social Security exactly at your own full retirement

age, and your husband also claimed his Social Security exactly at his own full retirement age, then - based on the numbers you provided - your husband is likely entitled to about \$850 per month, instead of his current \$750. And that would not affect your own SS benefit in any way.

Your FRA entitlement would need to be more than twice your husband's FRA entitlement for him to receive a spousal boost from you. But if either of you claimed Social Security before (or after) your respective full retirement ages, your husband would not get 50% of your benefit.

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# Insurance Commissioner Targets Consumer Watchdog Fees



By Dan Walters, CALMatters.org

The horrific string of wildfires that has plagued California in recent years, taking dozens of lives and destroying many billions of dollars in property, also created a crisis in property insurance.

Some insurers have abandoned California altogether, some have refused to take more clients, many have sought premium increases and the state's insurer-of-last-resort, the FAIR plan, has seen so much new business that its long-term solvency is in doubt. Meanwhile, fire victims often complain that insurers and their adjusters are low-balling settlement offers.

Obviously California's property insurance market needs reform of some kind to improve its viability, but it's an infinitely complex mélange of financial risks and rewards, truly understood by only a few experts.

Ricardo Lara, a former state legislator, happened to be California's elected insurance commissioner when the crisis hit home, so by default he had to develop a response while simultaneously fielding complaints from victims and dealing with insurers' demand for premium increases to cover mounting losses.

Lara has proposed a major overhaul in how insurers calculate their potential losses, seeking premium adjustments and a shift from using only past experience to projecting future losses, which is called "catastrophe modeling."

It is necessary, he said, to persuade insurers to keep writing policies in California and stave off a collapse of the market.

The proposal has heightened Lara's feud with Consumer Watchdog which began even before his 2018 election.

The organization had sponsored the 1988 ballot measure that converted the insurance commissioner's position from an appointed job to an elected post and laid down a new set of rules for regulating premiums.

Thereafter, Consumer Watchdog enjoyed close relationships with elected commissioners and was awarded many millions of dollars in "intervenor fees" for participating in premium-setting cases in the Department of Insurance. The nonprofit organization contends that its participation has saved consumers many more dollars than it has collected in fees.

From the onset of Lara's bid for the office, Consumer Watchdog was critical of him, alleging he was too friendly with insurers. When Lara unveiled his overhaul of the premium setting process, adopting an approach insurers supported, the feud escalated.

Nevertheless, throughout Lara's tenure, Consumer Watchdog has continued to receive large intervenor fees paid by insurers. However, that may not be true in the future.

Last week Lara proposed another procedural overhaul, this time changing how intervenor fees are calculated and awarded, saying "these reforms will, for the first time, protect consumers from hidden fees, establish clear guidelines for intervenor participation and strengthen oversight of the administrative hearing system to prevent unnecessary delays."

Lara's proposal includes redefining the "substantial contribution" standard for awarding

intervenor fees, requiring more public reportage of intervenor activities and compensation, requiring officials who preside over rate cases to file regular reports on pending cases and requiring the Department of Insurance to post rate case documents online.

The proposal's "substantial contribution" element is the one that could affect Consumer Watchdog's finances. Lara left no doubt it is aimed at the organization.

Lara described the current process, created by the first elected commissioner, John Garamendi, in the early 1990s as lacking transparency and "dominated by a small number of recurring participants."

To punctuate that characterization, Lara released a list of 28 rate cases this year, 26 of which resulted in nearly \$1.4 million in intervenor fees for Consumer Watchdog.

Consumer Watchdog, not surprisingly, opposes Lara's new rules.

"If the goal of Insurance Commissioner Ricardo Lara's new intervenor compensation regulations is to bring in new intervenors into the process, his regulations will do the opposite," Jamie Court, president of Consumer Watchdog, said in a statement. "By making it harder for intervenors to be paid, he will discourage intervenors from participating."

Thus the feud, already 6 years old, will continue, at least until term limits end Lara's tenure and another commissioner is elected next year.

*Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★*



Jimmy Kimmel's Mistake

Jimmy Kimmel probably didn't affirmatively lie about the politics of Charlie Kirk's killer -- he just didn't know what he didn't know. In the monologue that got him suspended by ABC, the late-night show host averred, "We hit some new lows over the weekend with the MAGA gang desperately trying to characterize this kid who murdered Charlie Kirk as anything other than one of them."

This was so flagrantly wrong and woefully misinformed that it would have been a firing offense if Kimmel were a journalist. We can assume his defense would be that he's trying to be Johnny Carson, not Edward R. Murrow, yet he long ago made himself into a quasi-political commentator.

The deeper question is, why did Kimmel have no idea what he was talking about, as someone who makes a very good living following the news and trying to make jokes -- or at least pointed comments -- about it?

Kimmel was presumably misled by the legacy media's unwillingness to be forthright about Tyler Robinson's motive and by the obfuscations of Democratic officeholders and progressive commentators. If he thought he was trusting the trusted sources, he made a grievous error.

Because the Kirk assassination doesn't fit the

preferred narrative of a hateful right-winger committing an act of violence -- rather, the complete opposite -- there hasn't been a national crisis-level wave of concern about the motive of the suspect and its potential sources.

Instead, much of the press acts as if it is grappling with an epistemological problem of the depth and subtlety that led to the German physicist Werner Heisenberg arriving at his uncertainty principle in the 1920s (it's impossible to determine both the exact position and velocity of a particle at the same time).

Reporting on the Kimmel imbroglio, The New York Times wrote, "Prosecutors said Mr. Robinson had written in private messages about Mr. Kirk's 'hatred,' but the authorities have not identified which of Mr. Kirk's views the suspect found hateful."

Yes, which views could they have been? Kirk's hateful opinions on how to streamline the licensing for liquefied natural gas terminals? On antitrust policy? On how to settle the dispute over Kashmir? (The Times did note that Robinson's mother told prosecutors that he'd moved left over the last year and become more "pro-gay and trans-rights-oriented.")

On CNN the other night, Kaitlan Collins had a testy exchange with Ted Cruz during which she insisted: "We don't have a motive yet. We don't know yet, we're waiting." This after the charging document was released that details how Robinson told both his parents and his gender-transitioning boyfriend that he killed Kirk because of the influential activist's hate.

"I'm saying," Collins explained, when pressed by Cruz, "that law enforcement has not put a specific motive."

This is true -- depending on how you define "specific" -- but law enforcement has made it obvious that Robinson killed Kirk for ideological reasons, and everything points to Kirk's opposition to the trans agenda being a prime motivator.

There is no need to be pettifogging about this. It's a little like in the aftermath of the assassination of Martin Luther King, leaving open the possibility that James Earl Ray might have killed the civil rights leader for his views on the doctrine of substitutionary atonement. But it's nearly impossible for the media to process the concept of "pro-trans militancy," let alone violent pro-trans militancy, so they prefer to mumble and look at their shoes.

An ABC reporter even characterized Robinson's text messages to his boyfriend after the assassination as "very touching" (before apologizing). It's doubtful if, in 1963, journalists had found a loving note from Lee Harvey Oswald to his wife Marina that they would have been similarly moved.

What, when, where and why are supposed to be foundational questions in journalism. In this case, though, that last question is too awkward, so the coverage has lacked frankness. Jimmy Kimmel apparently made the mistake of thinking it was authoritative and complete.

*Rich Lowry is editor of the National Review. (c) 2025 by King Features Synd., Inc. ★*



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SCJ 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05826**  
Pan NorCal LLC, 225 Bush Street Suite 1800, San Francisco, CA 94104 - DE is doing business under the Fictitious Business Name(s) "Panera Bread" 7901 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 6, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
PANERA 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06638**  
Dimitrios Razakis, 5915 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Horizon Painting" 5915 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 5, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
HORIZON 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05867**  
Legatum Mortgage LLC (organized in the state of WA)-Barry K Dale Jr (Owner) 715 SE Cass Avenue, Cass Avenue, Roseburg, OR 97471 is doing business under the Fictitious Business Name(s) "Legacy Oaks Mortgage" 980 W Fromadahl Drive, Roseburg, OR 97471. Filed with the Clerk of Sacramento County August 7, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
LEGACY 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06493**  
Susan Kay Marangi, 3254 Back Circle, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Perrigo Auto Sales" 3254 Back Circle, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
PERRIGO 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06189**  
Jose A Torres, 333 University Avenue Suite 200, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Towers Tax Strategy" 333 University Avenue Suite 200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 30, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
TOWERS 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06317**  
First Castle Security Corp, 5052 Country Club Drive, Rohnert Park, CA 94928 is doing business under the Fictitious Business Name(s) "Sacramento Protective Services" 10 Main Avenue, Suite #1, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 25, 2025

Publish: Sept 19, 26, Oct 3, 10, 2025  
SACRAMENTO 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06676**  
Vladimir D Sonnik, 10101 Monte Vallo Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sonnick Financial Solutions" 10101 Monte Vallo Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
SONNIK 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06203**  
Steamer Lane, LLC, 599 Menlo Drive, Suite 200, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Sierra Loma Assisted Living" 3950 Annadale Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 20, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
SIERRA 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06716**  
Onigiri Burger, 2621 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Onigiri Burger & Tacos" 2621 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
ONIGIRI 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06746**  
Adam Mott, 7140 Minoreess Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Triple Helix Enterprises" 7140 Minoreess Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 9, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
TRIPLE 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06803**  
Little Thunder Designs, LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Over The Bench/We R One/Kink U" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 10, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
OVER 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05473**  
Sunrise Health & Wellness Center, LLC, 1947 N California Street Suite C, Stockton, CA 95204 is doing business under the Fictitious Business Name(s) "Sunrise Health & Wellness Center, LLC" 10089 Folsom Boulevard, Suite A & C, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
SUNRISE 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06437**  
Karlee Hornell, 2108 N Street #13174, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Field Trip Consulting" 2108 N Street #13174, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 29, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
FIELD 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06768**  
LNM1968 LLC, 10940 White Rock Road, Suite 210, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "LNM1968 Photography" 3259 Sanbury Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 10, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
LNM 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06447**  
Delta Marine Sales, Inc., 1302 W. Fremont Street, Stockton, CA 95203 is doing business under the Fictitious Business Name(s) "Delta Marine Sales/Bay Yachts" 140 Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County August 29, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
DELTA 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06556**  
Thomas Madsen, 2807 Chad Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A Danish Construction Company" 2807 Chad Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 4, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
DANISH 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06554**  
Oleg Vlasov, 7325 Cotillion Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "NVN Transport" 7325 Cotillion Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 4, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
NVN 10-10-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06893**  
Sergiy Ostroshchenko, 1342 Trevor Court, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Starpom Services" 1342 Trevor Court, Roseville, CA 95678. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
STARPOM 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06827**  
McAtee Property Services, LLC, 3400 Cottage Way, Suite G2 #29279, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "High Tide Pools" 2156 Woodhead Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 11, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
HIGH 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06834**  
Team Totton LLC, 8142 San Remo Way Suite #6, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Guardian Angel Care Services" 8142 San Remo Way Suite #6, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 11, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
GUARDIAN 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06404**  
Carlos Gaytan, 6313 Creekrcrest Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Overhead Door Express" 6313 Creekrcrest Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 28, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
OVERHEAD 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06366**  
Karen Burleson, 35 Abbeywood Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Wild Caught Bees" 35 Abbeywood Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 27, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
WILD 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06721**  
Robert Stone and Jennifer Stone, 25 South 3rd Street, Rio Vista, CA 94571 is doing business under the Fictitious Business Name(s) "River Rats Septic and Plumbing" 14915 Isleton Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
RIVER 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06902**  
Fatoumata Karawana, 505 E. Arnaudo Boulevard #236, Mountain House, CA 95391 is doing business under the Fictitious Business Name(s) "Eyana Hair Studio" 1440 Ethan Way Suite 42, CA 95825. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
EYANA 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06595**  
Leavitt Group Texas Select, LLC, 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479 is doing business under the Fictitious Business Name(s) "Crossland Coverage" 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479. Filed with the Clerk of Sacramento County September 5, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
CROSSLAND 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06951**  
RVIM Consulting LLC, 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River Valley Investment Management" 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 16, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
VALLEY 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06822**  
Tessa Anne Buys, 8700 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Root and Reach Movement" 8700 Longspur Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
ROOT 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06856**  
Latinxcaliforniacuisine LLC, PO Box 543, Isleton, CA 95641 is doing business under the Fictitious Business Name(s) "Memo's Latinx California Cuisine" 501 Second Street #A, Island, CA 95641. Filed with the Clerk of Sacramento County September 12, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
MEMOS 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06999**  
Smart Auto Dismantling LLC, 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
SMART 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06998**  
Blue Sky Auto Dismantling LLC, 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Blue Sky Auto Dismantling and Auto Parts" 3569 Recycle Road

Suite 16, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
BLUE 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06699**  
Floor Hounds LLC, 630 Cunard Drive, Napa, CA 94558 is doing business under the Fictitious Business Name(s) "TL Floor and Design" 9941 Horn Road Suite A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
TL 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06769**  
Roxana Hargrove, 3943 Nicklaus Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hargrove Professional Services" 3943 Nicklaus Place, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
HARGROVE 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05872**  
Akaalias LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Equalizer" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 7, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
EQUALIZER 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06234**  
Sergiy Pysarenko, 7344 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Profix Handyman" 7344 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 21, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
PROFIX 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06053**  
Black Star Auto LLC, 3512 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Black Star Auto" 3512 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 13, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
BLACK 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06673**  
Capitol Impact Consulting, LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Capitol Impact, LLC" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
CAPITOL 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06176**  
The Non-GMO Project (CA) PO Box 5606, Bellingham, WA 98227 is doing business under the Fictitious Business Name(s) "Non-UPF Verified/Food Integrity Collective" 19 Bellwether Way #201, Bellingham, WA 98225. Filed with the Clerk of Sacramento County August 19, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
NON 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06884**  
Big Brother Auto Sales Inc, 3513 Recycle Road Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Brothers Auto Parts" 3527 Recycle Road #B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
BROTHERS 10-17-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05893**  
Finding Home Foundation, Inc., 1675 E. Riverside Drive, Suite 200, Eagle, ID 83616 is doing business under the Fictitious Business Name(s) "First Call Foundation" 6929 Sunrise Boulevard, Suite 180, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 7, 2025  
Publish: October 3, 10, 17, 24, 2025  
FIRST 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06888**  
Albini Services and Products LLC, 11945 Armandi Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Mecca of Results (Magnus Elite Coaching Conditioning and Achievement)" 11945 Armandi Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
MECCA 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06612**  
Simply Appliances, Inc., 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Eco Appliance/Eco Appliance Recycling" 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 5, 2025  
Publish: October 3, 10, 17, 24, 2025  
ECO 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06928**  
Wood Bookkeeping and Tax Service Inc, 5824 Northgrove Way, Citrus Heights, CA 95610

is doing business under the Fictitious Business Name(s) "Taxeaseusa.com" 5824 Northgrove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
TAX 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06901**  
California Emergency Food Link, 5800 Foodlink Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Hope and Threads Thrift Shoppe" 10343-A Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
HOPE 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07064**  
Jamie Cavanaugh, 7805 Caber Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Pure Soul Kitchen Co./Pure Soul Plant-Based Kitchen Co/We Be Brunchin'/Phattie's Wraps & Bowls." 5780 Broadway, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 19, 2025  
Publish: October 3, 10, 17, 24, 2025  
PURE 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07140**  
Tochukwu Ejekwe, 8020 Sawgrass Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ledivine Auto" 8020 Sawgrass Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
LEDIVINE 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07142**  
God-given Rights And Community Empowerment GRACE Inc., 7301 I Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Grace Non Profit" 7301 I Street, Sacramento, CA 95

23RD SEASON PREMIERE CONCERT

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St. Vincent de Paul Fund Raiser  
**“Help Us Help The Poor”**  
 5057 Cottage Way, at the Walnut Avenue Parking Lot  
**Saturday, October 18th**  
**8:30 a.m. - 11:30 a.m.**  
 (Or until the truck is full)  
**On-site Shred Truck • You Can Watch**

- ✓ Bring all old or new tax records and/or any other old dust-gathering confidential documents for professional shredding
- ✓ Please, no plastic bags or large metal clips/binders, or Amazon-style packing
- ✓ All shredded paper is recycled

**Suggested Donation:**  
**\$1000 - \$2000**  
 per paper grocery shopping bag and or standard file box.

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 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988*

### FICTITIOUS BUSINESS NAME STATEMENTS

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07033**  
 Voss & Voss, Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Voss ReCon/Voss Remodel & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 18, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 VOSS 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07205**  
 Victor Gonzales, 3712 Fielding Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Fireline Pool Care" 3712 Fielding Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 25, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 FIRELINE 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07077**  
 Andriy Trokhymchuk, 4800 Manzanita Avenue C4, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tao Lab Services" 4800 Manzanita Avenue C4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 TAO 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06593**  
 Apple NorCal LLC, 225 Bush Street Suite 1800, San Francisco, CA 94104 - DE is doing business under the Fictitious Business Name(s) "Applebee's Neighborhood Bar & Grill" 6900 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 5, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 APPLEBEES 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07230**  
 Manuel Saldana, 7248 Windjammer Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Black Hill Landscape" 7248 Windjammer Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 26, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 BLACK 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06830**  
 Homeland Security Inc., 13113 Briarcliff Ter #102, German Town, MD 20874 is doing business under the Fictitious Business Name(s) "The Cleaning Authority" 4038 Wayside Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 CLEANING 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07218**  
 White Stone Dental Lab, LLC - 10204 Charles Morris Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Quality Crowns Dental Lab" LLC, 4700 Northgate Boulevard, Suite #15, Sacramento, CA 95834. Filed with the Clerk of Sacramento

County September 25, 2026  
 Publish: October 3, 10, 17, 24, 2025  
 QUALITY 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07161**  
 Tori Irvine, 9443 Twin Lakes Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hearth & Home Bakery" 9443 Twin Lakes Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 23, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 HEARTH 10-24-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07078**  
 Sandra Facino and Jarrett Facino, 8947 Rio Linda Boulevard, Rio Linda, CA 95626 is doing business under the Fictitious Business Name(s) "RV Nation" 8947 Rio Linda Boulevard, Rio Linda, CA 95626. Filed with the Clerk of Sacramento County September 19, 2025  
 Publish: October 3, 10, 17, 24, 2025  
 RV 10-24-25

### STATEMENT OF ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV021014

Hubert Daman DeJohnette has filed a petition with this court for a decree changing the name(s) of Hubert Daman DeJohnette to Damon DeJohnette.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 3, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 5, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
 DEJOHNETTE 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV021479

Tuan Tu Truong and Thi Chan Nguyen on Behalf of Thi Thanh Truc Truong, A Minor has filed a petition with this court for a decree changing the name(s) of Thi Thanh Truc Truong to Nancy Thanh Truong.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 10, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
 TRUONG 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV020845

Monique Lynette Morris has filed a petition with this court for a decree changing the name(s) of Malachi Deshawn Morris to

Malachi Lorenzo Murphy.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 2, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 3, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
 MORRIS 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV016731

Meleena Kamela Maharaj-Robinson has filed a petition with this court for a decree changing the name(s) of Meleena Kamela Maharaj-Robinson to Meleena Kamela Maharaj.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 12, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: July 14, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
 ROBINSON 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 MOORE 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV022547

Shalini Devi Pahalad has filed a petition with this court for a decree changing the name(s) of Shalini Devi Pahalad to Elizabeth Devi Pahalad.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 24, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 22, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 PAHALAD 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO

ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV019697

Eduardo Guerrero Amarillas has filed a petition with this court for a decree changing the name(s) of Eduardo Guerrero Amarillas to Eduardo Guerrero Amarillas.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 20, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: August 20, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 AMARILLAS 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV022359

Sara Vardanyan has filed a petition with this court for a decree changing the name(s) of Lena Ashut Vardanyan to Lena Eliza Avakyan.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 17, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 19, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 VARDANYAN 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 MOORE 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE  
 CHANGE OF NAME  
 #25CV022464

Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas, Miriam Elizabeth Rios has filed a petition with this court for a decree changing the name(s) of Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas to Miriam Elizabeth Rios to Miriam Elizabeth Mendoza.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 18, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the pe-

tion for Change of Name should not be granted.  
 Dated: September 19, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
 RIOS 10-24-25

### NOTICE OF PETITION TO ADMINISTER ESTATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF RICHARD JOSEPH CENTER  
 CASE NO. 25PR003064

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Richard Joseph Center.

A Petition for Probate has been filed by Kathy Center, in the Superior Court of California, County of Sacramento, requesting Kathy Center be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows October 15, 2025, 9:00 a.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Kathy Center, 8322 Big Oak Drive, Citrus Heights, CA 95610;

916-833-6363  
 Publish: Sept 19, 26, Oct 3, 2025  
 CENTER 10-3-25

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE EDUARDO RIVAS  
 CASE NO. 25PR003214

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jose Eduardo Rivas.

A Petition for Probate has been filed by Javier Arzate, in the Superior Court of California, County of Sacramento, requesting Javier Arzate be appointed as personal representative(s) to administer the estate of the decedent.

The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A hearing on the petition will be held in this court as follows November 20, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

The name, address and telephone number of the Petitioner is: Javier Arzate, PO Box 831, North Highlands, CA 95660; 916-878-7155  
 Publish: October 3, 10, 17, 2025  
 RIVAS 10-17-25



# More Money for Our Roads



County Supervisor Rich Desmond

By Sacramento County Supervisor Rich Desmond

It's no surprise that the unincorporated parts of Sacramento County have some of the worst

roads in the state. As the supervisor who represents nearly half of the county's 600,000 unincorporated residents, I know it impacts all of you much more than residents who live in one of the seven cities in the county.

On Sept. 3, during the Board of Supervisors' final 2025-2026 budget hearing, I proposed using \$10 million in county general fund dollars to supplement our existing road maintenance funds. I'm happy that two of my colleagues supported this allocation, demonstrating a strong, continued investment in our roads in the unincorporated county.

For most people, roads are the primary thing they associate with local government, and

it's unacceptable when taxpayers have to endure crumbling asphalt and potholes. Since taking office, I have made it a top priority to get more funding for our local roads. Although Sacramento County receives some dedicated funding from gas taxes (SB 1) and our existing local transportation sales tax measure (Measure A), it is not nearly enough to decrease or even maintain our \$1.4 billion backlog in roadway maintenance. That's why I've been fighting for several years to pull down more state and federal transportation funding and dedicate local discretionary funds to fixing our roads.

State and federal funds are typically awarded through the

Sacramento Area Council of Governments (SACOG) by competing with all the county and city governments in our region. By working with Sacramento Area Council of Governments and our Sacramento County Department of Transportation (DOT), I have been able to get more of these funds dedicated to Sacramento County instead of having to compete for them regionally. This provides a crucial level of certainty for our transportation funding. I'm also extremely proud of the work I've done with my colleagues on the Board of Supervisors to dedicate tens of millions of our local County General Fund dollars over the last several years

to supplement other funding sources for road maintenance.

For the first time in decades, Sacramento County has made positive headway toward reducing our massive road repair backlog. The \$10 million infusion approved at our final budget meeting will ensure we continue to make progress.

*Sacramento County Supervisor Rich Desmond represents the 3rd District, which includes the urban unincorporated communities of Arden Arcade, Carmichael, Fair Oaks, Foothill Farms and North Highlands. District 3 also includes the College-Glen and Campus Commons neighborhoods in the City of Sacramento.* ★

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**Help Wanted**

SK Hynix NAND Product Solutions Corp DBA Solidigm has an opening in Rancho Cordova, CA for Firmware Dev Eng. Analyze & dev FW. MS+1 yr exp reqd. Salary: \$124,592-\$153,580. Telecom may be permit. When not telecom, must rprt to wrkst. To apply email resume to HRresumes@solidigm.com & ref job#9272629 (10/3/25)

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# COMICS & PUZZLES

## The Spats

by Jeff Pickering



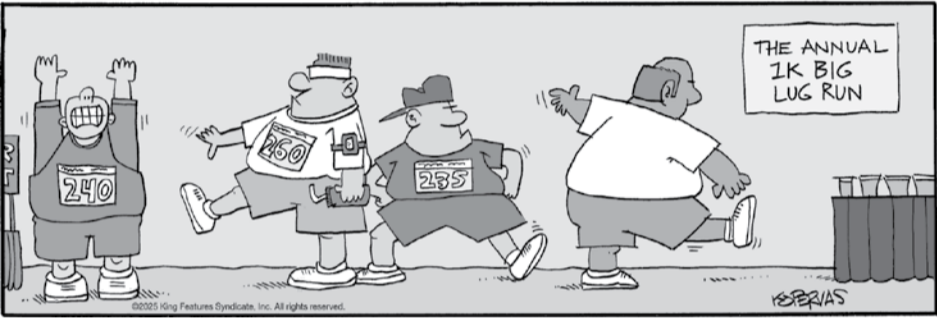
## Amber Waves

by Dave T. Phipps



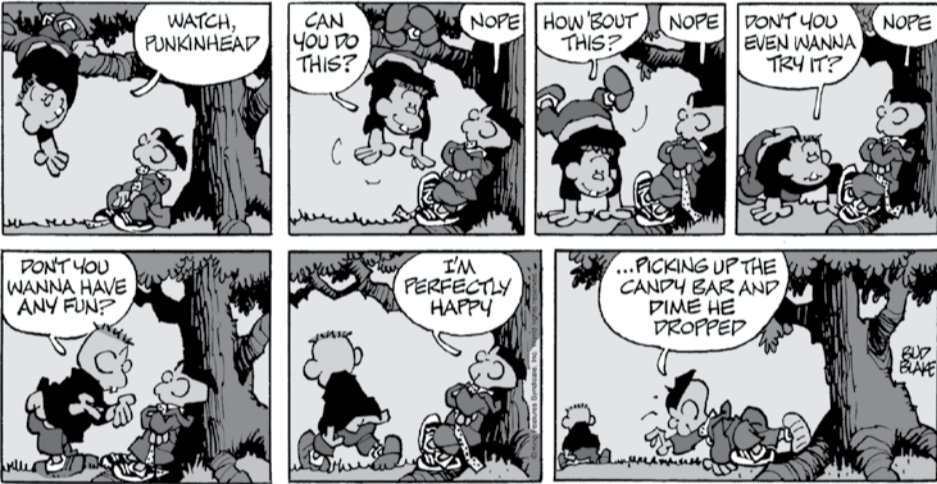
## Out on a Limb

by Gary Kopervas



## TIGER

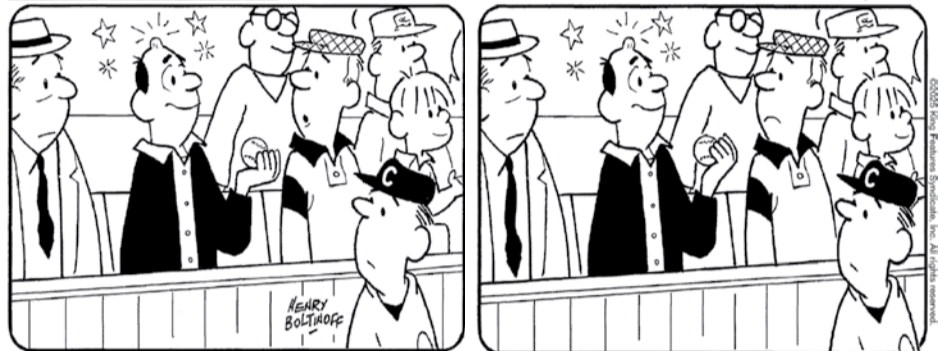
by BUD BLAKE



## HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Bump on head is moved, 2. Mouth is different, 3. Tip is longer, 4. Hand is moved, 5. Player is moved, 6. Cap is larger.

## GRIN and BEAR IT

## Just Like Cats & Dogs

by Dave T. Phipps



B	L	O	W		A	P	E		S	I	N	E							
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### CLUES

- ACROSS**
- \*The Big Bad Wolf: "I'll \_\_\_\_\_ your house down"
  - Edgar Rice Burroughs' Kerchak or Kala
  - Cosine's buddy
  - Target of grand theft
  - Influencer's journal
  - Food-grinding tooth
  - Bear's hang-out
  - Like a maxi skirt
  - Get up
  - \*Robert McCloskey's "Make Way for \_\_\_\_\_"
  - March Madness org.
  - Expenditure, in the olden days
  - \*"Four and twenty blackbirds baked in a \_\_\_\_\_"
  - Turn pale
  - Lachrymatory agent (2 words)
  - Swimmer's distance
  - Rinse and \_\_\_\_\_
  - Consequently
  - Join forces
  - Bruin legend Bobby
  - Jury duty event
  - Per person
  - Hockey player, e.g.
  - Approximated landing time
  - What naughty children do
  - Fortification made of wagons
  - Preceding month
  - Unnecessary embellishment
  - Customs document
  - \*"He had a terrible, horrible, no good, very bad day"
  - Poplar pie nut
  - Not final
  - Just a little
  - Choice dish
  - \_\_\_\_\_-do-well
  - Sudden and brilliant success
  - Doofus
  - Is, in France
  - Fail to mention

CROSSWORD																
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- DOWN**
- Like a certain eagle
  - Oahu shindig
  - Related to ear
  - Exert persuasive powers (2 words)
  - Jennifer Aniston's movie "\_\_\_\_\_ Came Polly"
  - \*Canine father in Dodie Smith's "The Hundred and One Dalmatians"
  - \*Dr. Seuss: "I do not like green \_\_\_\_\_ and ham"
  - \*Philosopher in American edition of "Harry Potter and the Philosopher's Stone"
  - Hipbone
  - U.S. space agency, acr.
  - \*"I heard him exclaim, \_\_\_\_\_ he drove out of sight, Merry Christmas..."
  - Not serious
  - Bipolar disorder phase
  - Filthy cabbage
  - Favorite student from rust with coating
  - Hawaiian veranda
  - Long stories
  - \*The Queen of Hearts baked more than one of these
  - \*"In the Hall of the Mountain King" composer Edvard \_\_\_\_\_
  - Popular gemstone
  - Type of renewable energy
  - \*Janette Sebring Lowrey's "The \_\_\_\_\_ Little Puppy"
  - Pitcher's stat
  - \*"One \_\_\_\_\_ and One Nights"
  - \_\_\_\_\_-la refrain
  - Group of exercise reps
  - a.k.a. philosopher's stone
  - Flavorless
  - Aluminum+nickel+co-balt, magnetic alloy
  - What time does \_\_\_\_\_
  - Button on electrical outlet
  - Bride's cover
  - International Civil Aviation Organization
  - \*Green Gables resident \_\_\_\_\_ Shirley
  - Gloom's partner
  - Evening purse
  - Wholly engrossed
  - Pipe material, acr.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

# Sacramento Choral Society Celebrates 30th Anniversary Season

## Sacramento Choral Society and Orchestra News Release

**SACRAMENTO REGION, CA (MPG)** - The Sacramento Choral Society & Orchestra announced its milestone 30th season of choral-orchestral excellence, promising audiences an unforgettable lineup of concerts, world-class soloists and a journey through powerful repertoire.

Under the direction of Dr. Donald Kendrick, music director and conductor, the Sacramento Choral Society & Orchestra will present four major performances during the 2025–26 concert season.

This winter, the professional orchestra is excited to perform “Stained Glass: Music of the Spheres” on Saturday, Oct. 25 at 7:30 p.m. featuring Vivaldi, Mozart and Whitburn, and “Home for the Holidays” on Saturday, Dec. 13, at 3 p.m. featuring holiday classics.

This spring, see Dvořák’s “Requiem” on Saturday, March 7 at 3 p.m. and Beethoven’s “9th Symphony – a monumental collaboration with the Sacramento Philharmonic & Opera,” on Saturday, May 30 at 7:30 p.m. and Sunday, May 31 at 2 p.m. Tickets for Beethoven’s 9th are available exclusively through the Sacramento Philharmonic & Opera website at [sacramentochoral.org](http://sacramentochoral.org).



The Sacramento Choral Society & Orchestra has announced its 30th anniversary season with four upcoming performances at the historic Memorial Auditorium and SAFE Credit Union Performing Arts Center. Photo courtesy of the Sacramento Choral Society & Orchestra

“As we celebrate this milestone anniversary season, we are committed to presenting concerts that move and inspire our audiences,” said Kendrick.

“Our large chorus, professional orchestra and world-class soloists will deliver an extraordinary season from the intimacy and sparkle of Stained Glass to the joy of Home for the Holidays,

the profound power of Dvořák’s ‘Requiem’ and the electrifying grandeur of Beethoven’s ‘9th Symphony.’”

Celebrate 30 years of music-making with Sacramento’s largest choral-orchestral ensemble, performing live in some of the region’s most iconic venues, including the historic Memorial Auditorium and the state-of-the-art SAFE Credit Union Performing Arts Center.

The Sacramento Choral Society & Orchestra proudly offers one-of-a-kind performances, new traditions for families and friends and the opportunity to support local arts and artists.

To purchase tickets online visit [sacramentochoral.org](http://sacramentochoral.org).

Ticket prices range from \$40 for general admission and \$50 to \$66 for reserved seating. Students will receive 50 percent off all ticket prices. Group rate discounts are available for 10 or more tickets. Save on online ticket fees by calling the Memorial Auditorium/SAFE Credit Union Performing Arts Center Box Office directly at 916-808-5181 between 10 a.m. and 4 p.m. Tuesdays through Fridays. ★

## County Launches New Property Tax System



Sacramento County’s new tax system, TaxSys, is now live. Photo courtesy of Sacramento County

### Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - After three years of planning and development, Sacramento County has launched a modern property tax system that replaced a decades-old platform responsible for collecting and distributing more than \$3.1 billion in annual tax revenue for the county, school districts, cities and special districts.

The new system, known as TaxSys, is now live. Property owners will see the change on their secured tax bills.

Sacramento County is mailing 498,576 secured tax bills, which are payable beginning Nov. 1. These tax bills are only mailed once per year; however, property owners can pay their bills in two installments. These updated bills are available on the Department of Finance’s website.

The previous system, first designed in 1980, became increasingly complex and outdated over the

years. It relied on numerous programs, more than 25 ancillary systems and more than 25 different data sources. Replacing this patchwork of technology was critical to improving efficiency, accuracy and customer service.

“This is a once-in-a-generation upgrade,” said Sacramento County Director of Finance Chad Rinde. “Not only are we replacing aging technology with a modern system but we are making the property-tax process more efficient, more secure and more user-friendly for our residents.”

Benefits of the new system for property owners include electronic billing, meaning residents can opt for paperless billing, cutting down on waste.

Improved customer interactions can be expected due to one fully integrated database, allowing staff to quickly research complex cases, print corrected bills on demand and more efficiently resolve issues.

Tax bills will be condensed and easier to read.

Additionally, residents can pay online with e-checks at no cost, receive receipts instantly, and view recent bills and payment history in one place. Overpayments will be processed more quickly, reducing delays for property owners.

Property owners with delinquent tax accounts can set up standardized payment plans online without visiting county offices.

The new system also brings stronger information security, including regular vendor-provided updates and reduces human error by automating manual processes that previously required retyping, transferring and reconciling information across multiple databases.

With TaxSys, Sacramento County is not only modernizing its technology but also enhancing transparency, security and convenience for property owners.

If you own property and have not received a tax bill by Oct. 15, you can obtain tax bill copies, property tax information and payment stubs at the Tax Collector’s website at [finance.sac-county.gov](http://finance.sac-county.gov).

California Revenue and Taxation Code 2610.5 states that “Failure to receive a tax bill does not relieve the property owner of the liability to pay taxes in a timely manner or give the Tax Collector reason to cancel penalties imposed for late payment.” ★

## County Warns EBT Cardholders about Fake Mobile App



The official FIS ebtEDGE Mobile App allows users to easily view their SNAP or TANF benefits. A fraudulent app mimics the official app and attempts to charge users fees for weekly or lifetime access. Photo courtesy of Sacramento County Department of Human Assistance

### Sacramento County News Release

**SACRAMENTO REGION, CA (MPG)** - The California Department of Social Services has alerted counties to a fake mobile application that is targeting Electronic Benefits Transfer (EBT) cardholders.

The app, called “Ebt edge – food stamps,” is currently listed in the Apple iOS App Store and

mimics the official FIS ebtEDGE Mobile App but is not legitimate.

The fraudulent app attempts to charge users a \$4.99 weekly fee or \$60 for lifetime access. California EBT cardholders should know that the state will never charge fees to access or manage their benefits.

Cardholders are strongly advised to download and use only the official, state-supported

FIS ebtEDGE app to protect their benefits and personal information. (FIS stands for Fidelity National Information Services, Inc., which manages the electronic benefits transfer system for the California Department of Social Services.)

For questions or assistance EBT cardholders can contact the customer service number on the back of their EBT card or visit [ebt-edge.com](http://ebt-edge.com). ★

## SCOE Welcomes New Assistant Superintendent of Education Services



Navdeep Purewal has been appointed as Sacramento County Office of Education’s Assistant Superintendent of Educational Services. Photo courtesy of Sacramento County Office of Education

### Sacramento County Office of Education (SCOE) News Release

**SACRAMENTO COUNTY, CA (MPG)** - Sacramento County Superintendent of Schools David W. Gordon has announced a leadership change at the Sacramento County Office of Education (SCOE). Navdeep Purewal, Ed.D., has been appointed Assistant Superintendent of Educational Services.

“I am pleased to announce the appointment of Dr. Navdeep Purewal as Assistant Superintendent of Education Services,” said Superintendent Gordon. “Dr. Purewal

has been a driving force behind our work to expand California’s Community Schools Partnership Program in the Capital Region, and her leadership reflects the very priorities set forth by our Board. With a proven record of advancing equity, strengthening student support and fostering community engagement, she brings the vision and experience needed to continue building opportunities for every student to thrive.”

Purewal most recently led the Sacramento County Office of Education’s California Community Schools Partnership Program Capitol Area Regional Transformational Assistance Center (R-TAC). She previously served as Chief of Learning Services for the Alameda County Office of Education, where she oversaw curriculum, instruction, and multiple student support initiatives and launched the state-wide Community Schools Partnership Program’s Transformational Assistance Center.

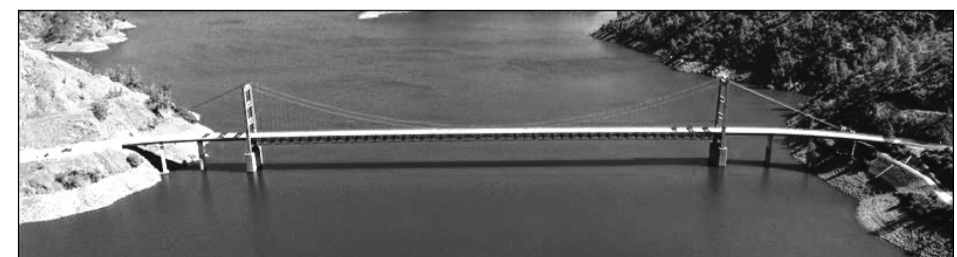
“I am honored to serve

in this new role and continue advancing the Sacramento County Office of Education’s mission to ensure every student has the opportunity to thrive,” Purewal said. “By working in partnership with our districts, educators and families, we can strengthen equity-driven practices that create inclusive learning environments and prepare all students for success in school, career and life.”

A strong advocate for educational equity, Purewal brings a passion for ensuring every student has access to a high-quality education. She succeeds Channa Pitt, Ph.D., in this leadership role.

Purewal holds a Doctor of Education in Learning and Instruction from the University of San Francisco, a Master of Arts in Education from Pepperdine University and a Bachelor of Science in Biology from the University of California, Riverside. She also earned a California Professional Administrative Services Credential. ★

## Grants Available to Protect Waterways



The application process is simple and straightforward, making it easy for schools and organizations to submit their proposals. Courtesy photo

### Sacramento County News Release

**SACRAMENTO REGION, CA (MPG)** - The Sacramento County Department of Water Resources (DWR) is offering grants of up to \$2,500 to support school and community projects that help protect or improve creeks and rivers in the unincorporated areas of Sacramento County.

For more than 20 years, the Sacramento County Department of Water Resources has funded a wide range of grant projects, including creek and river clean-up events, installation of eco-friendly landscaping,

field trips to learn about Sacramento’s watershed, water quality monitoring projects and pollution prevention campaigns.

The application process is simple and straightforward, making it easy for schools and organizations to submit their proposals.

To learn more about eligibility, requirements or to download the grant application, visit the Department of Water Resources website at [waterresources.sac-county.gov](http://waterresources.sac-county.gov).

The deadline to apply for these grants is Oct. 17. ★

# Eli Simonson Named Trophy Semifinalist

## UC Davis Athletics News Release

DAVIS, CA (MPG) - University of California, Davis graduate offensive lineman Eli Simonson has been named by the National Football Foundation & College Hall of Fame (NFF) a 2025 semifinalist for the prestigious William V. Campbell Trophy, which recognizes an individual as the absolute best football scholar-athlete in the nation.

Simonson, a history major, is currently working on his Master of Management through the UC Davis Graduate School of Management.

A two-time Big Sky All-Academic team honoree in 2023 and 2024, Simonson entered 2025 having started 25 games at left tackle and he entered the year named to the 2025 Big Sky Preseason All-Conference team.

Off the field, Simonson has spent time volunteering at assisted living homes in his home state of Nebraska and recently while he was a member of the Nebraska Cornhuskers, joined the team for an annual road race to raise funds to battle pediatric brain cancer.



Off the field, Eli Simonson has spent time volunteering at assisted living homes in his home state of Nebraska. Recently while a Nebraska Cornhuskers member, Simonson joined the team for an annual road race to raise funds to battle pediatric brain cancer. Photo courtesy of UC Davis Athletics

In its 36th year, the Campbell Trophy takes into consideration combined academic success, football performance and exemplary leadership. Named in honor of the late Bill Campbell, this year's Campbell Trophy semifinalists total 177 across all levels of the National Collegiate Athletic Association.

Known as "The Coach of

Silicon Valley," Campbell became one of the country's most influential business leaders, playing critical roles in the success of Apple, Google, Intuit and countless other high-tech companies. The captain of the 1961 Columbia Ivy League championship team, Campbell found his true calling after an unlikely career change at age

39 from football coach to advertising executive. Campbell's ability to recruit, develop and manage talented executives, all lessons learned on the gridiron, proved to be a critical component of his ability to inspire his business teams to the highest levels of success.

Later in life, Campbell was driven by a heartfelt desire to

give back and he quietly gave away tens of millions of dollars to multiple charities while also finding an hour and half each autumn weekday to coach an eighth-grade boys and girls flag-football team near his home in Palo Alto. Campbell died April 18, 2016 at age 75.

UC Davis football season tickets are on sale now and fans can visit [online ucdavisaggies.eventue.net](https://ucdavisaggies.eventue.net) to secure their spot for the 2025 season. Tickets start as low as \$100 for new alumni and \$140 for the general public.

Football group ticket discounts start at 10 or more tickets. Aggie fans can also save on tickets by bundling multiple games via the Pick Any 2 or Pick Any 3 Plans that offer a discounted rate versus buying single-game tickets. Both plans can be bought online at [ucdavisaggies.eventue.net/events/FBPACK](https://ucdavisaggies.eventue.net/events/FBPACK).

Single game tickets are on sale now and fans can secure their spot at one five home games for as little as \$13 a ticket. Visit <https://ucdavisaggies.eventue.net/events/FBS> to buy single game tickets. ★

## River Cats Season Ends in 4-2 Defeat

## Registration Open for Republic Elite Session



Luis Matos makes contact during Sacramento's 4-2 loss to the Round Rock Express at Sutter Health Park on Sept. 21. Photo courtesy of Ralph Thompson Photography

## Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG) - Singles from Luis Matos and Jesus Rodriguez provided the only two tallies of the afternoon Sept. 21 for the Sacramento River Cats, leading them to finish the 2025 baseball season with a 4-2 loss at Sutter Health Park to the Round Rock Express.

The River Cats (41-34/77-73) turned what was a 1-0 lead for the Express (43-32/77-73) after the top of the third into a slim one-run lead at the end of the frame.

Back-to-back outs put the River Cats back on their heels but a walk and trio of consecutive hits flipped the game's momentum, with both Matos and Rodriguez earning the RBI (Runs Batted In) on singles through the left side.

Unfortunately, that lead did not last long as the Express struck back for two in the top of the fourth inning, using a Trevor

Hauver walk and Omar Narváez single and turning them into two runs, thanks to an Alex De Goti double and Jax Biggers single.

One final insurance tally for Round Rock came during the eighth, with De Goti earning yet another RBI on a sacrifice fly that brought home Cooper Johnson.

Charged with the loss was Will Bednar, who allowed the two runs in the fourth during his second career Triple-A appearance, his first career Triple-A loss.

Both Matos and Dayson Croes ended with a multi-hit effort, going 2-for-4 although just the former had a double and RBI. Sacramento drew just one walk, a free pass that belonged to Thomas Gavello in an otherwise 0-for-3 effort with one run scored.

The River Cats have finished the 2025 season and will return to the diamond in 2026. For the full 2026 schedule, visit [www.rivercats.com](http://www.rivercats.com). ★

## Sacramento Republic FC News Release

SACRAMENTO, CA (MPG) - This November, Republic FC is hosting its next session of the Republic Elite Development Program (RED).

This program is the perfect way for the region's top competitive players to wrap up their season and participate in exclusive training sessions with Republic FC Academy and Youth Programming coaches.

Launched in January, the Republic Elite Development Program provides a competitive environment for players aged 10 to 16 to grow their skills on the pitch under the direction of the club's professionally licensed coaches, including academy director Eder Quintanilla.

More than 100 players have participated throughout the year and as the Republic Elite Development Program serves to bridge a gap between club soccer and Republic FC's academy program, several attendees have since gone on to earn a spot on an academy roster for



Republic FC's development pipeline offers players different options in their journey as soccer players. It is the only club that can elevate players into a professional, first-team environment, while allowing players to retain their eligibility to play at the collegiate level. Photo courtesy of Sacramento Republic FC



the 2025-26 season.

Republic FC's development pipeline offers players different options in their journey as soccer players.

It is the only club that can elevate players into a professional, first-team environment, while allowing players to retain their eligibility to play at the collegiate level.

It has propelled hundreds of young players into the next stage of their soccer journey, including three on pro contracts with the first team in 2025.

The five-week fall edition of the Republic Elite Development Program will run from 4:30 to 6:30 p.m. every Sunday in November at Mather Sports Complex, 3755 Schriever Ave., Mather.

To learn more about the session, visit [sacrepublicfc.sportngin.com/register/form/523678090](https://sacrepublicfc.sportngin.com/register/form/523678090). ★

## Freshmen Lead the Way for Women's Golf

Tseng, Lee Record Lowest Scores for the Team at the Golfweek Red Sky Classic

## Sacramento State Athletics News Release

SACRAMENTO REGION, CA (MPG) - The California State University, Sacramento women's golf team will enter the final round of the Golfweek Red Sky Classic in 13th place after shooting 303 during the second round on Sept. 23 in Wolcott, Colorado.

The top two scores on the team belonged to a pair of freshmen as Jocelyn Tseng shot 74 and Sophia Lee 75.

Tseng was even through the front nine bogeys on numbers 1 and 4 followed by birdies on numbers 5 and 9. Tseng had seven pars and a pair of bogeys on the back side of the course to

complete her round at 2-over par.

Lee started her round with a bogey before six consecutive pars. She remained at 1-over through 10 holes after sandwiching birdies on Nos. 9 and 10 inside a pair of bogeys. Lee closed her round with six pars and two bogeys to get to 3-over.

Ella Kraft (76) and Darla May Dela Torre (78) completed the team total. Kraft led the team with three birdies in the round but also had a pair of bogeys, a double bogey and a triple bogey. Dela Torre finished with a birdie, five bogeys and a double bogey. ★

The top two scores on the California State University, Sacramento women's golf team belonged to a pair of freshmen as Sophia Lee shot 75 (left) and Jocelyn Tseng shot 74. Photo courtesy of Sacramento State Athletics





## SEASON 30

### FALL 2025



# Stained Glass Concert

October 25 | 7:30pm

Fremont Presbyterian Church: 5770 Carlson Dr, Sacramento, CA

**VIVALDI**  
Gloria

**MOZART**  
Regina Coeli

**JAMES WHITBOURN**  
Requiem Canticum  
and Lux in Tenebris





Chris Mackey  
Baritone

Rachael Davis  
Soprano

Sarah Sy  
Soprano

Donald Kendrick, Conductor  
Dr. Ryan Enright, Organist  
Russell Veirs, Concert Saxophonist

For more information & tickets: [sacramentochoral.org](http://sacramentochoral.org)



**SAVE THE DATE**

**HOME FOR THE HOLIDAYS**  
Saturday, December 13 | 3:00pm  
Memorial Auditorium  
SAFE CU PAC Box Office 916-808-5181



# Founder's HARVEST FESTIVAL

SATURDAY, OCTOBER 11TH  
10:00AM - 2:00PM

CARMICHAEL PARK, 5750 GRANT AVE.

Come celebrate 80 years of the Carmichael Recreation and Park District at this year's Founder's Harvest Festival!






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<p><b>For 6 people \$115.00</b> * Gratuity</p> <p>3Hours Karaoke + Pizza + Pitcher Soda + 2 Main Dishes (Small Dishes)</p>	<p><b>For 18 people 295.00</b> * Gratuity</p> <p>3Hours Karaoke + 3Pizza + Pitcher Soda + 6 Main Dishes (Large Dishes)</p>
<p><b>For 12 people \$210.00</b> * Gratuity</p> <p>3Hours Karaoke + 2Pizza + Pitcher Soda + 4 Main Dishes (Medium Dishes)</p>	<p><b>For 28 people \$395.00</b> * Gratuity</p> <p>3Hours Karaoke + 3Pizza + Pitcher Soda + 6 Main Dishes (Party Dishes)</p>
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Dishes To Choose From



## FROZEN & FISH DEPT

<p><b>Korean Classic Pancakes</b> 450 g REG. \$7.99/EA <b>\$3.49</b> /ea</p>	<p><b>Frozen Salmon Portion</b> lb REG. \$5.99/LB <b>\$2.99</b> /lb</p>
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## WEEKLY MEAT SPECIALS

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## WEEKLY HALAL SPECIALS

<p><b>Chicken Thigh Bnls/Sknls</b> <b>\$2.59</b> /lb</p>	<p><b>New Zealand Lamb Stew Bone-In</b> <b>\$4.99</b> /lb</p>	<p><b>London Broil Top Round Roast Boneless</b> <b>\$5.99</b> /lb</p>
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<p>REG. \$3.49 <b>\$2.49</b> /ea</p>			

## EUROPEAN DELI

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<h3 style="background-color: blue; color: white; padding: 5px;">FROZEN &amp; FISH DEPT</h3> <p>REG. \$9.99/EA <b>\$6.99</b> /ea</p> <p>Seasoned Baby Octopus w/ Spicy Sauce 350g</p>	<h3 style="background-color: blue; color: white; padding: 5px;">HOUSEWARE</h3> <p>REG. \$10.99 <b>\$8.99</b> /ea</p> <p>REG. \$16.99 <b>\$16.99</b> /ea</p> <p>REG. \$54.99 <b>\$59.99</b> /ea</p> <p>REG. \$39.99 <b>\$39.99</b> /ea</p>
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