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Inspiring Girls in STEAM

More Than 1,000 Girls from Local Middle Schools Learn About Careers



Middle school girls from San Juan Unified School District participate in an activity during the "We Can Do It" event, aimed at inspiring young girls to take up a career in science, technology, engineering, arts and math (STEAM). Photo courtesy of the San Juan Unified School District

By Seth Henderson

SACRAMENTO REGION, CA (MPG) - Seventh- and eighth-graders from 25-plus middle schools, including Rio Linda students, visited the Aerospace Museum of California in North Highlands on Sept. 24 and Sept. 25 for the "We Can Do It" event that inspires young girls to learn about science, technology, engineering, arts and math (STEAM).

About 1,200 girls from the Twin Rivers Unified and San Juan Unified school districts attended the event, listening to panel discussions, interacting with planes in the yard and experiencing museum exhibits.

Jayda Isaac, 13 and a F.C. Joyce School eighth-grader, said that she felt inspired by the speakers from the panel discussion. One speaker was a high school student from Saint Francis High School and Jayda said

she learned to believe in herself. Jayda "learned a lot," including that she is capable of whatever she puts her mind to, no matter who tries to put her down.

Aerospace Museum President and CEO Tom Jones said that he has met dozens of children who have had their lives changed by attending museum events and that the organization raises money specifically

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Quarter Midget Season Wraps Up

Historic Dirt Track in Rio Linda Hosts Season Finale for Local Quarter Midget

**Story and photos
by Seth Henderson**

RIO LINDA, CA (MPG) - About 75 quarter midget racers from as far as the San Francisco Bay Area to the local Sacramento region competed in the Series Finale and California Monza events at Roy Hayer Memorial Speedway in Rio Linda from Sept. 26 to Sept. 28.

Rio Linda's Capitol Quarter Midget Association President Rob Becher said that having the only dirt track in California provides a critical experience for drivers to learn how to drive and steer the car through corners. He said that driving on a dirt track is nothing like driving on pavement.

"When you get kids to come, race the pavement, race the dirt, race at different tracks; some are longer, some are shorter," Becher said. "They're well rounded."

The track has always been dirt and the Capitol Quarter Midget Association is committed to preserving its educational and historic nature, Becher said. Comparing a good track to a good



Quarter midget racer Jordan Vasques hops out of her racecar after a heat race on Sept. 27 at Roy Hayer Memorial Speedway in Rio Linda. Photo by Seth Henderson

restaurant, Becher said that if the organization can continue to foster an attractive and engaging racing atmosphere, then teams will come back to race, bringing their friends with them.

"We have to water the track, obviously. The hotter it gets, the more the track dries out. So, you've got to keep water on it to keep traction on the track," Becher said. "And then by the end

of the night, this track will be full of black rubber."

The faster cars go around the track, the faster rubber begins to build up on the track, creating even more traction, Becher said. In between races, Becher and other volunteers took turns spraying down the track with water while racers and their teams prepped their cars, making last-minute adjustments and discussing strategy.

Loomis resident Dusty Kriegel said that the Capitol Quarter Midget Association has been this and last season's home track for her daughter, Tatum Kriegel, who is moving from quarter midgets to micro sprint chassis next season, a bigger race car also raced on dirt tracks.

"So, she's got this weekend and one more race

Continued on page 3

'Imagine This...' Student Writing Competition Underway

**California Foundation
for Agriculture in the
Classroom News Release**

SACRAMENTO REGION, CA (MPG) - Aspiring young authors with great stories to share about agriculture are encouraged to enter the California Foundation for Agriculture in the Classroom's annual "Imagine this..." Story Writing Contest.

Entries are due Nov. 1.

Last year, more than 500 students submitted stories and six state-winning entries plus one honorable mention were published in the "Imagine this... Stories Inspired by Agriculture 2025" book. The fifth-grade winner last year who wrote "The Little Farm Dog" was Josephine Slattery from the Twin Rivers Charter School in nearby Yuba City.

The "Imagine this..." Story Writing Contest invites students in third-through eighth-grades from public, private, charter and home schools throughout California to submit original fiction or non-fiction stories highlighting agriculture's positive impact.

"Agriculture is all around us," said Amanda Fletcher, the California Foundation for Agriculture in the Classroom's executive director. "We encourage students to get out their pencils and think creatively about an experience they've had that involves food, fiber or any topic related to agriculture."

Regional and state winners will be announced Dec. 1. The six state winners, one from each grade level, will have their stories illustrated by high school art students and professionally published in book form. Along with their teacher and parents, each will also receive a trip to Sacramento for an awards ceremony at the Capitol that includes medals, e-readers and classroom resources.

Regional winners will receive plaques, books and teacher resources for their participation.

"The 'Imagine this...' contest helps students and teachers see just how connected we all are to the farmers and ranchers who keep California growing," Fletcher said. "It's a fun way for students to explore the world around them while also meeting Common Core writing and literacy standards for grades three through eight."

Entry forms, contest rules and tips on incorporating "Imagine this..." into the classroom can be found at LearnAboutAg.org/programs/contest. The organization is dedicated to educating youth throughout California about the importance of agriculture in their daily lives. ★

TheRioLindaNews.com

Inspiring Girls in STEAM



Coming out of a Coast Guard plane on display in the plane yard at the Aerospace Museum of California, middle school girls from Twin Rivers and San Juan Unified school districts observe and experience different aircraft while completing an activity to create solar system bracelets. Photo by Seth Henderson

Continued from page 1

for such inspirational events, which are free to students and the school districts.

“People don’t really understand,” Jones said. “These types of things change lives but you can’t change a life until you get them here so they can meet women like this, see a place like this, be around the aircraft we have in the park. You can’t just talk about it in a classroom.”

Alianna Threatt, another F.C. Joyce School eighth-grader and 13 year old, said that she had fun at the museum and she liked how multiple schools got together for the event.

Jeremy Combs, a career and technical education counselor at the Twin Rivers Unified School District, said that the district has had a strong relationship with the museum, partnering together for a number of years.

“The women here, whether it be in aviation or medical or anything related to STEAM, it’s a really cool opportunity for all ages and all demographics,” Combs said. “The hope is that these girls see something within themselves that inspires them to be in these career fields.”

According to a scientific article from Yale University, more than 50% of bachelor’s degrees were obtained by women and about 38% of all women in the U.S. held STEM (science, technology, engineering and math) degrees.

Historically, STEAM fields are dominated by men but events such as “We Can Do It” are aimed at encouraging girls who might not even know about such careers, according to Combs.

“Hearing the feedback, just seeing the interactions with the students and seeing their excitement, hearing them ask questions

to these women in different fields,” Combs said, “I was just really surprised at the thoughtfulness of their questions and you can tell it sparks something within them.”

The Twin Rivers Unified School District had about 700 students at the event, Combs said.

According to the San Juan Unified School District, nearly 500 girls from multiple schools in the district attended the event and it successfully sparked the student’s curiosity and passion for STEAM careers in the future.

“It was heartening to see the girls so engaged, asking thoughtful questions and interacting with the numerous hands-on booths,” San Juan Unified District said in a statement about the event.

Aerospace Museum Vice President Karen Jones said transportation is one of the biggest barriers when it comes to



A group of girls experience an interactive exhibit at the “We Can Do It” event on Sept. 24 and 25, hosted by the Aerospace Museum of California in North Highlands. More than 1,000 middle school girls from the Twin Rivers and San Juan Unified school districts attended the event between the two days. Photo by Seth Henderson

getting students to attend inspirational events such as “We Can Do It” and that in the five years the museum has held the event, it has served almost 5,000 girls. Jones said the museum can provide the experience, thanks to volunteers and donations from individuals and organizations in the community.

“We’ve probably had, across the five years, almost 1,000 women volunteering their time and being mentors to these girls,” Karen Jones said.

Describing one of her favorite moments from last year’s event, Karen Jones said that Carmichael’s honorary mayor, Kawanaa Carter, M.D., told her story of becoming a neurosurgeon, causing the audience of young girls to gasp and audibly sigh. One girl in the crowd could be heard saying “I didn’t know we could do those kind of careers,” shocked to learn the career possibilities for women in STEAM.

“I love seeing all these young girls show up and just the excitement,” Karen Jones said. “They energize us to do what we do.”

Linda Martin, board chair of the museum, said that the museum wants its visitors and the youth to be inspired by someone who looks like them. A mural displayed inside the upper wall above the doors to the exhibit portrays historical figures who had to overcome incredible barriers to fulfill their achievements.

“We don’t just touch lives here, we change lives,” Martin said, “and I really believe that.”

Martin said that the guest speakers have become mentors for many of the girls, describing the progression of a girl who was mentored by a woman in dentistry and is now graduating from dental school.

Tom Jones said that the museum provides about 51,000 scholarships for students each year and that the museum needs donors to continue those life-changing efforts. He said that the museum appreciates people in the community who opened their wallets and made donations on behalf of the students.

“We have unbelievable outcomes but we can’t do that without the support of the community,” Tom Jones said.

Karen Jones said the museum will have hands-on activities for young people, children and grandparents for families to engage with, learning by doing.

“So whether you’re 2 or 102, there’s something here for you,” Karen Jones said. “There’s hands-on activities all the time.”

The Aerospace Museum of California is a Smithsonian Affiliate and is located at 3200 Freedom Park Drive in McClellan. The museum is open 9 a.m. to 5 p.m. Tuesdays through Sundays with final admission at 4 p.m. To donate to the nonprofit museum, visit aero-spaceca.org/make-a-donation. ★



Hundreds of middle school girls from the Twin Rivers Unified School District pose for a large group photo at the conclusion of the Aerospace Museum of California’s “We Can Do It” event, bringing more than 1,000 middle school girls from two different local districts. Photo by Seth Henderson



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Vote Early! Vote by Mail.

Quarter Midget Season Wraps Up

Continued from page 1
weekend, and she’s done with quarter midgets,” Kriegel said. “But she ran this last race just to help another girl out so they’d have a competitor.”

Tatum Kriegel used Tatum Talcott’s racecar, whose home track is in Rancho Cordova with the American Quarter Midget Association, to help another racer and meet or surpass the minimum number of competitors to race.

Dusty Kriegel said that Talcott and his family have become great friends throughout the years of the two family’s children racing together for several years. Kriegel said that her family has spent most of the past five years at the American Quarter Midget Association racetrack in Rancho Cordova but have focused more on dirt tracks with Tatum Kriegel’s transition to micro chassis.

After test driving quarter midgets with her father, Tatum Kriegel was poised for her first car and Dusty Kriegel said that the family

has been all in and never looked back.
“We found this and it was something my husband can do because we have daughters,” Dusty Kriegel said. “It’s like ‘Oh, I don’t know if I can be a volleyball dad or soccer dad, but I could be a racecar dad.’”

Tatum Kriegel won her heat and main event races for the Heavy 160 class while borrowing Tatum Talcott’s car. Tatum Talcott won his heat and main event for the Light 160 Class. Talcott also won the Senior Honda Feature.

Nine-year-old James Buchanan, who raced light 160 and senior animal classes, said he won first place in both of his heat races on Sept. 27. James said he hadn’t raced since the previous weekend’s event at the Tri-Valley Quarter Midget Club’s track in Livermore, where he also won his Senior Animal heat race.

Buchanan’s father, Jeff Buchanan, was at their campsite on the Roy Hayer

Memorial Speedway grounds, preparing his son’s cars for the main event. James Buchanan’s mother, Kayla Buchanan, said he had three more races after his media interview.

“I’m thinking I need to get out in front,” James said, “and if I hold that position, I might just be able to win it.”

Officially announcing the event was MTFX Graphics owner and racing fan Marc Turnovsky. Growing up, Turnovsky said, he didn’t have a Nintendo Switch or a PlayStation but he had hot wheels and a slot car track, so his obligations are to the future generations of racers, nurturing them in the world of racing.

Dirt tracks are a different beast, Turnovsky said. The event at Roy Hayer was for the local racers to represent their hometown for bragging rights.

Becher said that the Fall Festival, an exhibition race held by the Capitol Quarter Midget Association, is scheduled for Oct. 11 and



From left are Jeff, James and Kayla Buchanan after James won two of his heat races on Sept. 27 at Roy Hayer Memorial Speedway in Rio Linda. Photo by Seth Henderson

12 at Roy Hayer Memorial Speedway in honor of Auston McClernon who passed on April 25 at age 27.

The memorial race will be the final track day for the quarter midget season until February. Becher said that races could potentially happen at the Rio Linda track once a month during the off season under the Friday night lights to provide youth with ample seat time and practice.

Becher said that the

track thrives off volunteers and donations, saying that the track and the events it holds wouldn’t be anywhere near as successful without all of their dedicated efforts.

To donate to the Roy Hayer Memorial Speedway or the Capitol Quarter Midget Association, visit facebook.com/capitolquartermidgetassociation and send a message or visit www.capitolqma.com. The association offers “Arrive

and Drive” events in addition to training sessions for rookie drivers.

The Rio Linda Capitol Quarter Midget Association is at 800 G St. and can be contacted by phone at 916-991-1128.

“I know that we’re a part of this huge industry, annually, and we’re all just little cogs and little sprockets in this little world,” Turnovsky said. “Because in my world, we race cars and we go around in circles.” ★



Quarter midget racer Dominic Hernandez looks over his racecar after a heat race on Sept. 27 at Roy Hayer Memorial Speedway in Rio Linda. Photo by Seth Henderson



Capitol Quarter Midget Association drier Emmylou Pruitt gets strapped in to her race car, getting the thumbs up from her team that she’s ready to race at Roy Hayer Memorial Speedway in Rio Linda. Photo by Seth Henderson

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I can't keep going

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Kings Korner

By V.G. Harris

For the diehard basketball fan, Sept. 29 is highlighted on the calendar. Training camp marks the beginning of a new season and brings bright eyes and hope to fans that love the home team.

This season will be no exception, despite the lack of moves on the part of the Kings brain trust.

New G.M. Scott Perry has proven to be a patient man, even if the Sacramento fans are not.

Many teams view the Kings as desperate, after what can only be called one of the biggest gaffes in franchise history, when Sacramento let DeAaron Fox bolt the team in midseason in favor of the San Antonio spurs.

True, Scott Perry was not the G.M. at the time, but Sacramento has a history of poor trades. It will be up to Perry to change that tenor with the league and hopefully regain some respect.

As training camp begins, the name of Jonathan Kuminga continues to resonate, and how Kuminga comports himself at training camp will play a role in the likelihood of a forthcoming trade.

The Warriors are in no mood for anything disruptive as camp begins, so how Kuminga responds to coaches and teammates could be a catalyst for a sudden move. Something to keep an eye on, as Steve Kerr has demonstrated little patience with Jonathan, and perhaps this week will be a springboard for the Kings.

Other names have surfaced, among them 5'8' guard Yuki Kawamura, who impressed the Memphis Grizzlies so much during the summer Olympics, that they gave him a contract and introduced Kawamura to the NBA. Currently on a two-way contract with the Chicago Bulls, Kawamura in lightning quick, handles the ball deftly and is a steal monster on the defensive side of the ball.

Whether the Kings would have room for another guard is questionable, but it comes down to what area of the court needs the most attention.

I remain in shock that Scott Perry could even begin to think that letting big man Jonas Valanciunas walk out the back door was a good idea, and most basketball minds were of the belief that Valanciunas could have easily been the best back-up center in the entire league.

What this has created is a vacuum where

once the Kings were in the catbird seat. Now, they are forced to either play an unproven rookie or bring in Dario Sarik from the bench. Neither of these options will likely produce much in the way of points or a defensive presence, so Kings fans are left to wonder who can capably backup Donantas Sabonis.

It appears to be backup the number 5 by committee, and this is something the Kings have tried many times before without success.

Coach Christie is more likely to play small ball when Domantas is off the floor, and I for one think that is much more likely the result.

Wings, wings, wings, and Sacramento simply does not have enough of them!

We didn't have to watch the NBA finals to know that the long forwards of today's NBA are what makes the train run, and there are far too few of these diamonds in the rough to go around.

I believe that the Kings possess three players that could pass the length test in Keon Ellis, Keegan Murray, and Isaac Jones. What remains to be seen is how Doug Christie will use them, will they log regular minutes every game and know their role?

For certain, Keegan Murray will get all the playing time he can handle, but Jones and Ellis are a question mark.

The Kings signed Doug McDermott to another year, and this guy shoots 3's like most players shoot free throws, so once again, can coach Christie finds minutes that are not just garbage time for this talented long-range specialist?

Devin Carter has great length for a guard and is my candidate to back-up Dennis Schroeder at the point. Carter acquitted himself well last season, albeit in limited action, and came out firing in the recent NBA summer league.

Question marks, there are more than a few, and from such quandaries great coaches are born.

If anyone thinks there is not already a bevy of talent on this team, you need to get your eyes checked. They are here, and it matters now, in what way they come together as a team.

Stay tuned Kings fans, because it's heating up right now, and real basketball is right around the corner!

All the best!

Your thoughts are always welcome at vghar-riskingsfan@gmail.com.

Insurance Commissioner Targets Consumer Watchdog Fees



By Dan Walters, CALMatters.org

The horrific string of wildfires that has plagued California in recent years, taking dozens of lives and destroying many billions of dollars in property, also created a crisis in property insurance.

Some insurers have abandoned California altogether, some have refused to take more clients, many have sought premium increases and the state's insurer-of-last-resort, the FAIR plan, has seen so much new business that its long-term solvency is in doubt. Meanwhile, fire victims often complain that insurers and their adjusters are low-balling settlement offers.

Obviously California's property insurance market needs reform of some kind to improve its viability, but it's an infinitely complex mélange of financial risks and rewards, truly understood by only a few experts.

Ricardo Lara, a former state legislator, happened to be California's elected insurance commissioner when the crisis hit home, so by default he had to develop a response while simultaneously fielding complaints from victims and dealing with insurers' demand for premium increases to cover mounting losses.

Lara has proposed a major overhaul in how insurers calculate their potential losses, seeking premium adjustments and a shift from using only past experience to projecting future losses, which is called "catastrophe modeling."

It is necessary, he said, to persuade insurers to keep writing policies in California and stave off a collapse of the market.

The proposal has heightened Lara's feud with Consumer Watchdog which began even before his 2018 election.

The organization had sponsored the 1988 ballot measure that converted the insurance commissioner's position from an appointed job to an elected post and laid down a new set of rules for regulating premiums.

Thereafter, Consumer Watchdog enjoyed close relationships with elected commissioners and was awarded many millions of dollars in "intervenor fees" for participating in premium-setting cases in the Department of Insurance. The nonprofit organization contends that its participation has saved consumers many more dollars than it has collected in fees.

From the onset of Lara's bid for the office, Consumer Watchdog was critical of him, alleging he was too friendly with insurers. When Lara unveiled his overhaul of the premium setting process, adopting an approach insurers supported, the feud escalated.

Nevertheless, throughout Lara's tenure, Consumer Watchdog has continued to receive large intervenor fees paid by insurers. However, that may not be true in the future.

Last week Lara proposed another procedural overhaul, this time changing how intervenor fees are calculated and awarded, saying "these reforms will, for the first time, protect consumers from hidden fees, establish clear guidelines for intervenor participation and strengthen oversight of the administrative hearing system to prevent unnecessary delays."

Lara's proposal includes redefining the "substantial contribution" standard for awarding

intervenor fees, requiring more public reportage of intervenor activities and compensation, requiring officials who preside over rate cases to file regular reports on pending cases and requiring the Department of Insurance to post rate case documents online.

The proposal's "substantial contribution" element is the one that could affect Consumer Watchdog's finances. Lara left no doubt it is aimed at the organization.

Lara described the current process, created by the first elected commissioner, John Garamendi, in the early 1990s as lacking transparency and "dominated by a small number of recurring participants."

To punctuate that characterization, Lara released a list of 28 rate cases this year, 26 of which resulted in nearly \$1.4 million in intervenor fees for Consumer Watchdog.

Consumer Watchdog, not surprisingly, opposes Lara's new rules.

"If the goal of Insurance Commissioner Ricardo Lara's new intervenor compensation regulations is to bring in new intervenors into the process, his regulations will do the opposite," Jamie Court, president of Consumer Watchdog, said in a statement. "By making it harder for intervenors to be paid, he will discourage intervenors from participating."

Thus the feud, already 6 years old, will continue, at least until term limits end Lara's tenure and another commissioner is elected next year.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends.

Social Security Matters

Should my Spouse be Getting Half of my Social Security Amount?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I was referred to you to ask a question about Social Security benefits. I receive about \$1,700 a month from Social Security while my husband receives only approximately \$750 monthly. Is he entitled to file for half of my Social Security as a monthly benefit without touching my amount? **Signed: Curious Wife**

Dear Curious Wife: For information, spousal benefits are one of the most misunderstood areas of Social Security. A spouse does not always get half of their partner's Social Security benefit – how much the spouse gets is determined by their age when the spouse benefit is claimed, and it is always based upon both partner's full retirement age (FRA) benefit, regardless of when they actually claimed Social Security. The partner with the lower SS benefit can only get half of the other

spouse's FRA amount if that partner takes the spouse benefit at (or after) their personal SS full retirement age (FRA). And each spouse's FRA may be different depending on the year they were born (FRA today is somewhere between age 66 and 67, depending on the person's year of birth).

Here are two basic rules for a lower earning marital partner to get spouse benefits:

- The lower earning spouse's FRA entitlement must be less than 50% of the higher earning spouse's FRA entitlement. FRA amounts are used, even if SS benefits were claimed earlier than, or later than, full retirement age, and FRA amounts are frequently different than the monthly amounts actually being received.
- If one spouse's FRA amount is less than 50% of the other spouse's FRA amount, the difference between those two amounts can be added to the lower earning spouse's SS retirement amount, to become their spousal benefit. That may, or may not, equal half of the higher earning spouse's FRA amount.

So, if you claimed your Social Security exactly at your own full retirement

age, and your husband also claimed his Social Security exactly at his own full retirement age, then - based on the numbers you provided – your husband is likely entitled to about \$850 per month, instead of his current \$750. And that would not affect your own SS benefit in any way.

Your FRA entitlement would need to be more than twice your husband's FRA entitlement for him to receive a spousal boost from you. But if either of you claimed Social Security before (or after) your respective full retirement ages, your husband would not get 50% of your benefit.

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Jimmy Kimmel's Mistake

Jimmy Kimmel probably didn't affirmatively lie about the politics of Charlie Kirk's killer -- he just didn't know what he didn't know. In the monologue that got him suspended by ABC, the late-night show host averred, "We hit some new lows over the weekend with the MAGA gang desperately trying to characterize this kid who murdered Charlie Kirk as anything other than one of them."

This was so flagrantly wrong and woefully misinformed that it would have been a firing offense if Kimmel were a journalist. We can assume his defense would be that he's trying to be Johnny Carson, not Edward R. Murrow, yet he long ago made himself into a quasi-political commentator.

The deeper question is, why did Kimmel have no idea what he was talking about, as someone who makes a very good living following the news and trying to make jokes -- or at least pointed comments -- about it?

Kimmel was presumably misled by the legacy media's unwillingness to be forthright about Tyler Robinson's motive and by the obfuscations of Democratic officeholders and progressive commentators. If he thought he was trusting the trusted sources, he made a grievous error.

Because the Kirk assassination doesn't fit the

preferred narrative of a hateful right-winger committing an act of violence -- rather, the complete opposite -- there hasn't been a national crisis-level wave of concern about the motive of the suspect and its potential sources.

Instead, much of the press acts as if it is grappling with an epistemological problem of the depth and subtlety that led to the German physicist Werner Heisenberg arriving at his uncertainty principle in the 1920s (it's impossible to determine both the exact position and velocity of a particle at the same time).

Reporting on the Kimmel imbroglio, The New York Times wrote, "Prosecutors said Mr. Robinson had written in private messages about Mr. Kirk's 'hatred,' but the authorities have not identified which of Mr. Kirk's views the suspect found hateful."

Yes, which views could they have been? Kirk's hateful opinions on how to streamline the licensing for liquified natural gas terminals? On antitrust policy? On how to settle the dispute over Kashmir? (The Times did note that Robinson's mother told prosecutors that he'd moved left over the last year and become more "pro-gay and trans-rights-oriented.")

On CNN the other night, Kaitlan Collins had a testy exchange with Ted Cruz during which she insisted: "We don't have a motive yet. We don't know yet, we're waiting." This after the charging document was released that details how Robinson told both his parents and his gender-transitioning boyfriend that he killed Kirk because of the influential activist's hate.

"I'm saying," Collins explained, when pressed by Cruz, "that law enforcement has not put a specific motive."

This is true -- depending on how you define "specific" -- but law enforcement has made it obvious that Robinson killed Kirk for ideological reasons, and everything points to Kirk's opposition to the trans agenda being a prime motivator.

There is no need to be pettifogging about this. It's a little like in the aftermath of the assassination of Martin Luther King, leaving open the possibility that James Earl Ray might have killed the civil rights leader for his views on the doctrine of substitutionary atonement. But it's nearly impossible for the media to process the concept of "pro-trans militancy," let alone violent pro-trans militancy, so they prefer to mumble and look at their shoes.

An ABC reporter even characterized Robinson's text messages to his boyfriend after the assassination as "very touching" (before apologizing). It's doubtful if, in 1963, journalists had found a loving note from Lee Harvey Oswald to his wife Marina that they would have been similarly moved.

What, when, where and why are supposed to be foundational questions in journalism. In this case, though, that last question is too awkward, so the coverage has lacked frankness. Jimmy Kimmel apparently made the mistake of thinking it was authoritative and complete.

Rich Lowry is editor of the National Review.

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WE SUPPORT FIRST RESPONDERS



How to Make the Most of Alzheimer’s Disease Breakthroughs



Dr. Helen C. Kales
UC Davis Health News Release

SACRAMENTO REGION, CA (MPG) - New research published in The Lancet as part of its Alzheimer’s Disease Series outlines strategies for integrating emerging and existing approaches for treating Alzheimer’s disease. The Lancet is a weekly peer-reviewed general medical journal, founded in 1823

Forty international experts contributed to this three-part series. University of California, Davis Geriatric Psychiatrist Helen C. Kales is the only U.S. psychiatrist among this expert group and is a co-author of the new paper. “Our findings underscore the urgent need to bring evidence-based, person-centered care into real-world dementia settings,” Kales said. “We need to prioritize non-pharmacological



University of California, Davis Geriatric Psychiatrist Helen C. Kales is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage dementia-related behaviors. Photos UC Davis Health

strategies and caregiver support while thoughtfully incorporating new disease-modifying therapies for dementia, such as lecanemab and donanemab.” Kales is the chair of the UC Davis Department of Psychiatry and Behavioral Sciences and the Joe P. Tupin Professor of Psychiatry. She is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage

dementia-related behaviors. **Developing customized integrative treatment plans for Alzheimer’s patients** The key findings in The Lancet paper include more than 90 percent of individuals with Alzheimer’s disease experience behavioral and psychological symptoms (BPSD), such as agitation, depression and psychosis. Non-pharmacological approaches such as the DICE Approach, which consists of

personalized activities and caregiver training, are often more effective and safer than psychotropic drugs yet remain underused. Medical professionals should recognize cases when psychotropic drugs are needed for the treatment of behavioral and psychological symptoms. Still, they should use the drugs cautiously and follow clear guidelines. Anti-amyloid monoclonal antibodies (donanemab and

lecanemab) represent a historic shift in Alzheimer’s treatment, slowing cognitive decline for the first time; however, the drugs raise complex questions about eligibility, safety and long-term impact. Combining symptomatic treatments (such as cholinesterase inhibitors and memantine) with disease-modifying therapies might offer additive benefits, although more research is needed. The study also presented strategic recommendations, including the support of infrastructure development for Alzheimer’s disease biomarker testing and access to brain scans and funding caregiver training and non-pharmacological programs in both community and institutional settings. The study also recommends establishing registries to monitor real-world outcomes and safety, prioritizing equitable access through pricing models, public funding and global partnerships and engaging in public dialogue about the societal value of investing in Alzheimer’s care. “By integrating emerging therapies with proven care strategies, supporting caregivers and ensuring that innovation translates into improvements in our patients’ lives, we can make meaningful progress in the diagnosis and treatment of this disease,” Kales said. ★

How to Combat Road Rage

AAA Mountain West Group News Release

SACRAMENTO REGION, CA (MPG) - If you feel like aggressive drivers are everywhere, there might be some truth to it. A staggering 96 percent of drivers admitted to engaging in some form of aggressive driving in the last year, according to a new study by the AAA Foundation for Traffic Safety released on Sept. 23.

Aggressive driving can come in the form of speeding and tailgating to cutting off other vehicles. According to the nationwide study, aggressive driving has become a nearly universal experience on American roads. “Understanding the motivations behind aggressive driving is a key step toward preventing it,” said Doug Johnson, spokesperson for AAA Mountain West Group. “Aggressive driving can quickly escalate into road rage, so it’s important that drivers know how to react appropriately and keep themselves from being the instigator.” The study found that being in a hurry often fuels aggressive behavior on the road. Drivers were also more prone to engage in unsafe behavior as a reaction to other aggressive vehicles. This self-fulfilling cycle of aggressive driving and road rage is fueling a culture where impatience and



Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger. Photo by Tyli Jura from Pixabay

hostility are becoming the norm behind the wheel. Key findings of the study follow. Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger. Eleven percent admitted violent actions such as intentionally bumping another car or

confronting another driver. Aggressive driving is contagious. Drivers who experienced higher levels of aggressive driving also had higher levels of engagement in aggressive driving. The vehicle plays a role. The kind of car you drive could predict how you act and how others perceive you. Drivers in sports cars, big trucks, and motorcycles are often seen as more aggressive. Some drivers say they felt more

powerful and dominant behind the wheel of these vehicles. This study is an update of a 2016 AAA study which shows some behaviors have become more common while others have declined. Since 2016, cutting off other vehicles is up 67 percent, honking out of anger is up 47 percent, tailgating is down 24 percent and yelling at other drivers is down 17 percent. AAA urges drivers to prioritize

courtesy and safety to help curb aggressive driving. Another key finding in the study was that good road etiquette might be the most effective way to reduce aggressive driving and road rage. Simple actions such as using turn signals, letting others merge and offering a friendly wave can help de-escalate tension and create a safer driving environment for everyone. Some AAA tips when encountering aggressive drivers are staying calm (don’t engage); avoiding eye contact, making gestures or responding; providing ample space; and letting them pass and keeping your distance. Finally, call 911 if necessary or go to a public place; never drive home. AAA tips for controlling road rage include breathing before you react (one deep breath can reset your perspective); don’t take the bait; ignoring and avoiding aggressive drivers; choosing time over tension; and leaving early, giving space and most importantly, arriving to your destination safely. AAA Mountain West Group is a membership and full-service leisure travel organization, proudly serving more than 6.7-million members throughout Northern California, Arizona, Utah, Nevada, Montana, Wyoming and Alaska. ★

Apply Now for CalKIDS Scholarships

CalKIDS News Release

SACRAMENTO REGION, CA (MPG) - Now that the new school year is in full swing, it’s the perfect time for students and families to jump-start their year with CalKIDS, California’s landmark scholarship program for college and career training. Launched in 2022 by the State of California and administered by the ScholarShare Investment Board, CalKIDS expands access to higher education by creating scholarship accounts for eligible students, offering families a simple and meaningful first step toward their child’s future education. “Back-to-school is the perfect time to claim your CalKIDS Scholarship,” said California State Treasurer Fiona Ma. “These funds aren’t just dollars; they’re an investment in our children’s dreams and in California’s future. Every child deserves both the belief and the support to make their dreams real.” CalKIDS scholarships can be used at accredited colleges, universities, community colleges and career training programs across the country. Eligible education-related expenses include tuition and fees, books and school supplies, and computer equipment.



CalKIDS connects with students at the Asian Pacific Islander Desi American Center at the California State University, Sacramento. Photo courtesy of CalKIDS

Over time, CalKIDS Scholarship Account funds can earn extra money because they are set aside and invested until the student is ready for college or career training. Research shows that children with even modest education savings are three times more likely to attend college and four times more likely to graduate. By claiming a CalKIDS account, families are taking a powerful step toward building a path to higher education. Claiming a scholarship is quick, easy, and can be done entirely online. Go to CalKIDS.org and click “Confirm Eligibility.” Enter your

child’s Statewide Student Identifier (SSID), a 10-digit number which can be found on the student’s K-12 school portal, transcript, report card or by contacting their school directly. If eligible, follow the prompts to “Claim Account.” Once the scholarship account is claimed, funds can be used when the student enrolls in an accredited college, university, community college, or career training program. California recently passed legislation requiring schools to share information about CalKIDS as students complete the FAFSA

(Free Application for Federal Student Aid) or California Dream Act Application (CADAA), ensuring that high school seniors are introduced to this important funding resource. More than 630,000 students and families across California have already claimed their CalKIDS Scholarships. To learn more or claim a CalKIDS Scholarship, visit CalKIDS.org. The California Kids Investment and Development Savings Program (CalKIDS) is the nation’s largest child development account program, providing scholarships for higher education. Administered by the ScholarShare Investment Board and chaired by Ma, the program is designed to promote the pursuit of higher education statewide by empowering families to build assets, nurture savings habits and raise their educational aspirations. Eligible public-school students can receive CalKIDS Scholarships worth up to \$1,500 and every child born in California on or after July 1, 2022, is awarded a CalKIDS Scholarship worth up to \$175, ensuring more families have the resources needed to support their children’s education. To learn more, visit CalKIDS.org. ★

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XPERT 10-3-25

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FREEDOM 10-3-25

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PRISTINE 10-3-25

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PROCESS 10-3-25

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STATEMENT FBNF2025-06467
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OATHBOUND 10-3-25

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GOLDEN 10-3-25

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CMIT 10-3-25

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Sajid Vaid and Fhazia Vaid, 2612 El Camino Avenue, Suite A, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Bold N Bella" 2612 El Camino Avenue, Suite A, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 22, 2025
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BOLD 10-3-25

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MBS 10-3-25

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Golden State Advisory Group LLC, (CA) 1345 Ocean Parkway, Brooklyn, NY 11230 is doing business under the Fictitious Business Name(s) "Golden State Capital Partners" 1345 Ocean Parkway, Brooklyn, NY 11230. Filed with the Clerk of Sacramento County August 27, 2025
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GOLDEN 10-3-25

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SOCAL 10-3-25

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LA 10-3-25

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BAY 10-3-25

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DOODLE 10-3-25

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MFC 10-3-25

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SCJ 10-10-25

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PANERA 10-10-25

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HORIZON 10-10-25

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Legatum Mortgage LLC (organized in the state of WA)- Barry K Dale Jr (Owner) 715 SE Cass Avenue, Cass Avenue, Roseburg, OR 97471 is doing business under the Fictitious Business Name(s) "Legacy Oaks Mortgage" 980 W Fromadahl Drive, Roseburg, OR 97471. Filed with the Clerk of Sacramento County August 7, 2025
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LEGACY 10-10-25

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Susan Kay Marangi, 3254 Back Circle, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Perrigo Auto Sales" 3254 Back Circle, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2025
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PERRIGO 10-10-25

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TOWERS 10-10-25

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SACRAMENTO 10-10-25

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Vladimir D Sonnik, 10101 Monte Vallo Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sonnick Financial Solutions" 10101 Monte Vallo Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025
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SONNIK 10-10-25

FICTITIOUS BUSINESS NAME
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SIERRA 10-10-25

FICTITIOUS BUSINESS NAME
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Onigiri Burger, 2621 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Onigiri Burger & Tacos" 2621 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 8, 2025
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ONIGIRI 10-10-25

FICTITIOUS BUSINESS NAME
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Adam Mott, 7140 Minoreess Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Triple Helix Enterprises" 7140 Minoreess Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 9, 2025
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TRIPLE 10-10-25

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OVER 10-10-25

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STATEMENT FBNF2025-05473
Sunrise Health & Wellness Center, LLC, 1947 N California Street Suite C, Stockton, CA 95204 is doing business under the Fictitious Business Name(s) "Sunrise Health & Wellness Center, LLC" 10089 Folsom Boulevard, Suite A & C, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2025
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SUNRISE 10-10-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06437
Karlée Hormell, 2108 N Street #13174, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Field Trip Consulting" 2108 N Street #13174, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 29, 2025
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FIELD 10-10-25

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LNM 10-10-25

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DELTA 10-10-25

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DANISH 10-10-25

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Oleg Vlasov, 7325 Cotillion Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "NVN Transport" 7325 Cotillion Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 4, 2025
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NVN 10-10-25

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STARPOM 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06827
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HIGH 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06834
Team Totton LLC, 8142 San Remo Way Suite #6, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Guardian Angel Care Services" 8142 San Remo Way Suite #6, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
GUARDIAN 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06404
Carlos Gaytan, 6313 Creekcrest Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Overhead Door Express" 6313 Creekcrest Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 28, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
OVERHEAD 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06366
Karen Burleson, 35 Abbeywood Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Wild Caught Bees" 35 Abbeywood Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
WILD 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06721
Robert Stone and Jennifer Stone, 25 South 3rd Street, Rio Vista, CA 94571 is doing business under the Fictitious Business Name(s) "River Rats Septic and Plumbing" 14915 Isleton Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
RIVER 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06902
Fatoumata Karawana, 505 E. Arnaudo Boulevard #236, Mountain House, CA 95391 is doing business under the Fictitious Business Name(s) "Eyana Hair Studio" 1440 Ethan Way Suite 42, CA 95825. Filed with the Clerk of Sacramento County September 15, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
EYANA 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06595
Leavitt Group Texas Select, LLC, 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479 is doing business under the Fictitious Business Name(s) "Crossland Coverage" 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479. Filed with the Clerk of Sacramento County September 5, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
CROSSLAND 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06951
RVIM Consulting LLC, 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River Valley Investment Management" 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 16, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
VALLEY 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06822
Tessa Anne Buys, 8700 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Root and Reach Movement" 8700 Longspur Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
ROOT 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06856
Latinxcaliforniacuisine LLC, PO Box 543, Isleton, CA 95641 is doing business under the Fictitious Business Name(s) "Memo's Latinx California Cuisine" 501 Second Street #A, Island, CA 95641. Filed with the Clerk of Sacramento County September 12, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
MEMOS 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06999
Smart Auto Dismantling LLC, 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
SMART 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06998
Blue Sky Auto Dismantling LLC, 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Blue Sky Auto Dismantling and Auto Parts" 3569 Recycle Road

Suite 16, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BLUE 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06699
Floor Hounds LLC, 630 Cunard Drive, Napa, CA 94558 is doing business under the Fictitious Business Name(s) "TL Floor and Design" 9941 Horn Road Suite A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
TL 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06769
Roxana Hargrove, 3943 Nicklaus Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hargrove Professional Services" 3943 Nicklaus Place, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
HARGROVE 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-05872
Akaalias LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Equalizer" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 7, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
EQUALIZER 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06234
Sergiy Pysarenko, 7344 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Profix Handyman" 7344 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 21, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
PROFIX 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06053
Black Star Auto LLC, 3512 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Black Star Auto" 3512 Husch Way, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 13, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BLACK 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06673
Capitol Impact Consulting, LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Capitol Impact, LLC" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
CAPITOL 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06176
The Non-GMO Project (CA) PO Box 5606, Bellingham, WA 98227 is doing business under the Fictitious Business Name(s) "Non-UPF Verified/Food Integrity Collective" 19 Bellwether Way #201, Bellingham, WA 98225. Filed with the Clerk of Sacramento County August 19, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
NON 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06884
Big Brother Auto Sales Inc, 3513 Recycle Road Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Brothers Auto Parts" 3527 Recycle Road #B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BROTHERS 10-17-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-05893
Finding Home Foundation, Inc., 1675 E. Riverside Drive, Suite 200, Eagle, ID 83616 is doing business under the Fictitious Business Name(s) "First Call Foundation" 6929 Sunrise Boulevard, Suite 180, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 7, 2025
Publish: October 3, 10, 17, 24, 2025
FIRST 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06888
Albini Services and Products LLC, 11945 Armandi Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Mecca of Results (Magnus Elite Coaching Conditioning and Achievement)" 11945 Armandi Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
MECCA 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06612
Simply Appliances, Inc., 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Eco Appliance/Eco Appliance Recycling" 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 5, 2025
Publish: October 3, 10, 17, 24, 2025
ECO 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06928
Wood Bookkeeping and Tax Service Inc, 5824 Northgrove Way, Citrus Heights, CA 95610

is doing business under the Fictitious Business Name(s) "Taxeaseusa.com" 5824 Northgrove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
TAX 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06901
California Emergency Food Link, 5800 Foodlink Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Hope and Threads Thrift Shoppe" 10343-A Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
HOPE 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-07064
Jamie Cavanaugh, 7805 Caber Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Pure Soul Kitchen Co./Pure Soul Plant-Based Kitchen Co/ We Be Brunchin'/Phattie's Wraps & Bowls." 5780 Broadway, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 19, 2025
Publish: October 3, 10, 17, 24, 2025
PURE 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-07140
Tochukwu Ejekwe, 8020 Sawgrass Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ledivine Auto" 8020 Sawgrass Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
LEDIVINE 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-07142
God-given Rights And Community Empowerment GRACE Inc., 7301 I Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Grace Non Profit" 7301 I Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
GRACE 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06727
Ailia O'Donnell, 7640 Auburn Boulevard, Citrus Heights, CS 95610 is doing business under the Fictitious Business Name(s) "Zuffles" 7640 Auburn Boulevard, Citrus Heights, CS 95610. Filed with the Clerk of Sacramento County September 8, 2025
Publish: October 3, 10, 17, 24, 2025
ZUFFLES 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-07155
Elijah Yefremenko, 8725 Spruce Ridge Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Eco Shine Window and Gutter Cleaning" 8725 Spruce Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
ECO 10-24-25

FICTITIOUS BUSINESS NAME
STATEMENT FBNF2025-06891
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ACROSS

1. The Big Bad Wolf: "I'll ____ your house down"

5. Edgar Rice Burroughs' Kerchak or Kala

8. Cosine's buddy

12. Target of grand theft

13. Influencer's journal

14. Food-grinding tooth

15. Bear's hang-out

16. Like a maxi skirt

17. Get up

18. "Robert McCloskey's "Make Way for ____"

20. March Madness org.

21. Expenditure, in the olden days

22. "Four and twenty blackbirds baked in a ____"

23. Turn pale

26. Lachrymatory agent (2 words)

30. Swimmer's distance

31. Rinse and ____

34. Consequently

35. Join forces

37. Bruin legend Bobby

38. Jury duty event

39. Per person

40. Hockey player, e.g.

42. Approximated landing time

43. What naughty children do

45. Fortification made of wagons

47. Preceding month

48. Unnecessary embellishment

50. Customs document

52. "He had a terrible, horrible, no good, very bad day"

56. Popular pie nut

57. Not final

58. Just a little

59. Choice dish

60. ____-do-well

61. Sudden and brilliant success

62. Doofus

63. Is, in France

64. Fail to mention

DOWN

1. Like a certain eagle

2. Oahu shindig

3. Related to ear

4. Exert persuasive powers (2 words)

5. Jennifer Aniston's movie "____ Came Polly"

6. "Canine father in Dodie Smith's "The Hundred and One Dalmatians"

7. "Dr. Seuss: "I do not like green ____ and ham"

8. *Philosopher in American edition of "Harry Potter and the Philosopher's Stone"

9. Hipbone

10. U.S. space agency, acr.

11. "I heard him exclaim, ____ he drove out of sight, Merry Christmas..."

13. Not serious

14. Bipolar disorder phase

19. Filthy cabbage

22. Favorite student

23. Protected teed from rust with coating

24. Hawaiian veranda

25. Long stories

26. *The Queen of Hearts baked more than one of

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CLUES

ACROSS

1. The Big Bad Wolf: "I'll ____ your house down"

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Eli Simonson Named Trophy Semifinalist

UC Davis Athletics
News Release

DAVIS, CA (MPG) - University of California, Davis graduate offensive lineman Eli Simonson has been named by the National Football Foundation & College Hall of Fame (NFF) a 2025 semifinalist for the prestigious William V. Campbell Trophy, which recognizes an individual as the absolute best football scholar-athlete in the nation.

Simonson, a history major, is currently working on his Master of Management through the UC Davis Graduate School of Management.

A two-time Big Sky All-Academic team honoree in 2023 and 2024, Simonson entered 2025 having started 25 games at left tackle and he entered the year named to the 2025 Big Sky Preseason All-Conference team.

Off the field, Simonson has spent time volunteering at assisted living homes in his home state of Nebraska and recently while he was a member of the Nebraska Cornhuskers, joined the team for an annual road race to raise funds to battle pediatric brain cancer.



Off the field, Eli Simonson has spent time volunteering at assisted living homes in his home state of Nebraska. Recently while a Nebraska Cornhuskers member, Simonson joined the team for an annual road race to raise funds to battle pediatric brain cancer. Photo courtesy of UC Davis Athletics

In its 36th year, the Campbell Trophy takes into consideration combined academic success, football performance and exemplary leadership. Named in honor of the late Bill Campbell, this year’s Campbell Trophy semifinalists total 177 across all levels of the National Collegiate Athletic Association.

Known as “The Coach of

Silicon Valley,” Campbell became one of the country’s most influential business leaders, playing critical roles in the success of Apple, Google, Intuit and countless other high-tech companies. The captain of the 1961 Columbia Ivy League championship team, Campbell found his true calling after an unlikely career change at age

39 from football coach to advertising executive. Campbell’s ability to recruit, develop and manage talented executives, all lessons learned on the gridiron, proved to be a critical component of his ability to inspire his business teams to the highest levels of success.

Later in life, Campbell was driven by a heartfelt desire to

give back and he quietly gave away tens of millions of dollars to multiple charities while also finding an hour and half each autumn weekday to coach an eighth-grade boys and girls flag-football team near his home in Palo Alto. Campbell died April 18, 2016 at age 75.

UC Davis football season tickets are on sale now and fans can visit online ucdavisaggies.eventue.net to secure their spot for the 2025 season. Tickets start as low as \$100 for new alumni and \$140 for the general public.

Football group ticket discounts start at 10 or more tickets. Aggie fans can also save on tickets by bundling multiple games via the Pick Any 2 or Pick Any 3 Plans that offer a discounted rate versus buying single-game tickets. Both plans can be bought online at ucdavisaggies.eventue.net/events/FBSPACK.

Single game tickets are on sale now and fans can secure their spot at one five home games for as little as \$13 a ticket. Visit <https://ucdavisaggies.eventue.net/events/FBS> to buy single game tickets. ★

River Cats Season Ends in 4-2 Defeat



Luis Matos makes contact during Sacramento's 4-2 loss to the Round Rock Express at Sutter Health Park on Sept. 21. Photo courtesy of Ralph Thompson Photography

Sacramento River Cats
News Release

WEST SACRAMENTO, CA (MPG) - Singles from Luis Matos and Jesus Rodriguez provided the only two tallies of the afternoon Sept. 21 for the Sacramento River Cats, leading them to finish the 2025 baseball season with a 4-2 loss at Sutter Health Park to the Round Rock Express.

The River Cats (41-34/77-73) turned what was a 1-0 lead for the Express (43-32/77-73) after the top of the third into a slim one-run lead at the end of the frame.

Back-to-back outs put the River Cats back on their heels but a walk and trio of consecutive hits flipped the game’s momentum, with both Matos and Rodriguez earning the RBI (Runs Batted In) on singles through the left side.

Unfortunately, that lead did not last long as the Express struck back for two in the top of the fourth inning, using a Trevor

Hauver walk and Omar Narváez single and turning them into two runs, thanks to an Alex De Goti double and Jax Biggers single.

One final insurance tally for Round Rock came during the eighth, with De Goti earning yet another RBI on a sacrifice fly that brought home Cooper Johnson.

Charged with the loss was Will Bednar, who allowed the two runs in the fourth during his second career Triple-A appearance, his first career Triple-A loss.

Both Matos and Dayson Croes ended with a multi-hit effort, going 2-for-4 although just the former had a double and RBI. Sacramento drew just one walk, a free pass that belonged to Thomas Gavello in an otherwise 0-for-3 effort with one run scored.

The River Cats have finished the 2025 season and will return to the diamond in 2026. For the full 2026 schedule, visit www.rivercats.com. ★

Registration Open for Republic Elite Session

Sacramento Republic
FC News Release

SACRAMENTO, CA (MPG) - This November, Republic FC is hosting its next session of the Republic Elite Development Program (RED).

This program is the perfect way for the region’s top competitive players to wrap up their season and participate in exclusive training sessions with Republic FC Academy and Youth Programming coaches.

Launched in January, the Republic Elite Development Program provides a competitive environment for players aged 10 to 16 to grow their skills on the pitch under the direction of the club’s professionally licensed coaches, including academy director Eder Quintanilla.

More than 100 players have participated throughout the year and as the Republic Elite Development Program serves to bridge a gap between club soccer and Republic FC’s academy program, several attendees have since gone on to earn a spot on an academy roster for



Republic FC’s development pipeline offers players different options in their journey as soccer players. It is the only club that can elevate players into a professional, first-team environment, while allowing players to retain their eligibility to play at the collegiate level. Photo courtesy of Sacramento Republic FC



the 2025-26 season.

Republic FC’s development pipeline offers players different options in their journey as soccer players.

It is the only club that can elevate players into a professional, first-team environment, while allowing players to retain their eligibility to play at the collegiate level.

It has propelled hundreds of young players into the next stage of their soccer journey, including three on pro contracts with the first team in 2025.

The five-week fall edition of the Republic Elite Development Program will run from 4:30 to 6:30 p.m. every Sunday in November at Mather Sports Complex, 3755 Schriever Ave., Mather.

To learn more about the session, visit sacrepublishfc.sportngin.com/register/form/523678090. ★

Freshmen Lead the Way for Women's Golf

Tseng, Lee Record Lowest Scores for the Team at the Golfweek Red Sky Classic

Sacramento State Athletics
News Release

SACRAMENTO REGION, CA (MPG) - The California State University, Sacramento women's golf team will enter the final round of the final round of the Golfweek Red Sky Classic in 13th place after shooting 303 during the second round on Sept. 23 in Wolcott, Colorado.

The top two scores on the team belonged to a pair of freshmen as Jocelyn Tseng shot 74 and Sophia Lee 75.

Tseng was even through the front nine bogeys on numbers 1 and 4 followed by birdies on numbers 5 and 9. Tseng had seven pars and a pair of bogeys on the back side of the course to

complete her round at 2-over par.

Lee started her round with a bogey before six consecutive pars. She remained at 1-over through 10 holes after sandwiching birdies on Nos. 9 and 10 inside a pair of bogeys. Lee closed her round with six pars and two bogeys to get to 3-over.

Ella Kraft (76) and Darla May Dela Torre (78) completed the team total. Kraft led the team with three birdies in the round but also had a pair of bogeys, a double bogey and a triple bogey. Dela Torre finished with a birdie, five bogeys and a double bogey. ★

The top two scores on the California State University, Sacramento women's golf team belonged to a pair of freshmen as Sophia Lee shot 75 (left) and Jocelyn Tseng shot 74. Photo courtesy of Sacramento State Athletics

