

One Bed, One Night to Help the Homeless

The Blackstone Valley Emergency Shelter (BVES) will launch its first “SleepOut for Hope Challenge” on November 7, 8, and 9. Participants can register to give up their bed for a night so that a homeless person in the community can get out of the cold and enjoy a night of comfort.

Besides raising awareness of homelessness, the fundraising aspect of the event requires those giving up their beds sign up sponsors in return for hunkering down on a couch, a sleeping bag, in your yard or on an organization’s property – any place but their own comfy bed. (Make sure you have permission!)

The money collected will be donated to BVES to help it provide its services to the homeless people in the area.

Now in its eighth year, BVES is headquartered at St. Patrick’s Church, One Cross Street in

Whitinsville. It’s a year-round endeavor, not just for the winter. Summer sees the shelter providing cooling stations for people who need to get some relief from the heat. The emergency shelter keeps an inclusive list of places that provide services in the Blackstone Valley. These include help for the homeless families and individuals, the elderly, as well as domestic abuse survivors. They can steer folks to food pantries.

“Our goal is to have 50 people give up their beds for just one night,” said Leslie Reichert, CEO of BVES. “It’s not about being uncomfortable—it’s about showing compassion, building empathy, and raising awareness for those who don’t have a safe place to sleep. This small act can make a big difference.”

Anyone can join the SleepOut Challenge—families, youth groups, church congregations,



businesses, and individuals of all ages. The event is designed to be

flexible, safe, and meaningful for everyone who participates.

The BVES has also had great success with its Police Partnership Program, where the shelter supplies local police departments with Hope Bags that contain space blankets, snacks, and other necessities based on the weather. Also, they provide gift cards to local establishments so the homeless can be considered a customer, allowing them the opportunity to sit down, get something to eat, and charge their phones. The BVES also relies on police officers to use discretion in offering a homeless person lodging at a local facility.

People in need of shelter can also do one free load of laundry a month at BVES.

And just last month, BVES held a ribbon cutting at new thrift store “Hope’s Closet” with State Sen. Ryan Fattman, Whitinsville Community Center, Blackstone Valley Chamber of Commerce and Uni-Bank. Donations may be dropped off at Trinity Church, 33 Linwood Avenue, Whitinsville.

To register for the SleepOut visit: bvemercencyshelter.org/event-details/bves-sleepout or zefly.com/en-US/peer-to-peer/sleep-out-for-homelessness. You can also call 508-266-5122.

CABINET DEPOT®
Quality at Warehouse prices!

Call Margaret to get your Free Measurement Free Design & Quote and ask how you can get **FREE GRANITE!**
*Does not include install

833 Providence Rd. (Rte. 122)
Whitinsville, MA
508-372-9023

After

Exceptional Price & Great Quality at **CABINETDEPOT.COM SHOWROOM OUTLET**
Marscott.CabinetDepot@gmail.com

Expert Project Consulting
on Saturdays (11-2) with 30 minute sessions (appt. needed)
Call for more info.

STREET CAR SOLUTIONS

- Engine and Transmission Swap-Outs
- Internal Engine Repairs

290 Providence Rd. S. Grafton, MA
StreetCarSolutions.com
508-839-7071
Kris Sutton kris@streetcarsolutions.com

AdviniaCare Northbridge

85 Beaumont Drive Northbridge, MA 01534

508-234-9771
www.adviniacare.com

Exceptional Care Every Resident, Every Day

Healthcare Professionals...

WE WANT YOU!!!

FULL TIME & PART TIME

CNA's \$20-25 / hr
LPN's \$31-40 / hr
RN's \$36-45 / hr

- Weekend & Shift Differentials
- Flexible schedules

APPLY ONLINE:

- Tuition reimbursement
- Supportive, knowledgeable team environment
- Unlimited Employee referral bonus program
- Comprehensive benefits package including 401k match

PERMIT NO. 142
 SPRINGFIELD, MA
 POSTAL
 CUSTOMER
 LOCAL

BLACKSTONE VALLEY *Xpress*

Scan this QR CODE to visit our Website

Scan this QR CODE to visit our Facebook Page

BLACKSTONE VALLEY *Xpress*

Hi, We're Big Y!

Your new favorite grocery store.



↪ **Scan here
to start saving!**

We are proud to support the
Westborough & Uxbridge
communities with our new stores.

Family-Owned Since 1936

Since the beginning, Big Y has focused on fresh, local produce, local partners and quality meat and seafood, with the ever-present emphasis on personal service.

The third generation of the D'Amour family is committed to serving our customers and communities in Connecticut and Massachusetts, reaffirming Big Y's founding principles of Value, Quality and Service.



YOUR FAMILY MARKET™

It's your money, get it early!

Getting paid early can make all the difference!
Early Pay¹ from UniBank can help you:



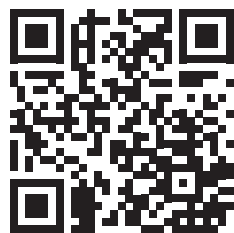
Pay bills earlier



Take advantage of
retail sales



Secure your
weekend spending



Learn more!

Call us at 800.578.4270 or visit
unibank.com/early-payments today!

UNIBANK

www.unibank.com • 800.578.4270

Member FDIC ¹With Early Pay from UniBank, UniBank may make incoming electronic direct deposits made through the Automated Clearing House (ACH) available for use up to two days before the scheduled payment date. Not all direct deposits are eligible for Early Pay from UniBank. Early availability of direct deposits is not guaranteed and may vary from deposit to deposit. Whether we make funds available early depends on when we receive the payor's payment instructions, any limitations we set on the amount of early availability, and standard fraud prevention screening.

BVAA Community Art Show

The Blackstone Valley Art Association is once again hosting its annual free art show.

All forms of artwork are being sought – cell phone photography, watercolors, acrylics, oil paintings, sculpture, fabric art, mixed media, drawings, pastels, photography, cyanotypes, and other forms of art at our gallery at 5 South Main Street, Uxbridge. Celebrate the beauty and creativity of our region.

Drop-off of artwork is Saturday, Oct. 18 from 10 a.m. - 3 p.m. An in-person reception will be held on Friday, October 24 from 5-7 p.m. Pick-up of artwork will be Saturday, November 15 from 10 a.m. - 3 p.m.

The theme is up to you. Your art can be about any topic at all. All levels of artists are encouraged to participate.

Entering the Show

The theme is wide open. Any topic can be addressed as long as it is family-friendly. Artwork can be any size. That being said, please contact us first if you plan on bringing anything over 20" x 30" in size. We need to arrange for space for those separately.

All wall-hanging items must be properly wired for hanging. Our hanging system does not work with saw-tooth or triangle hangers. If you are new to preparing artwork for shows, read our page on bvaa.org/how-to/how-to-mat-and-frame-a-photo/. Also, please read bvaa.org/submit-register/bvaa-show-terms-and-conditions/



As inspiration, the winner of the current "Green" themed art show. First Place winner was Verne Thayer with an oil painting titled "Mystery Walk."

Submissions

To submit your entries use our bvaa.org/submissions/. This show is **free to enter**. Each artist may submit up to two items.

Reception

We will be having an in-person reception at the Uxbridge gallery on Friday, October 24th from 5-7pm! We would love to see you there.

Voting is done by the community! Please cast your votes for first, second, and third place. Each

person can vote for those three places. You can email votes to info@bvaa.org, vote in person, vote on the video, or in any other way that reaches us! Voting is through October 24 about 5:30 p.m. so we can announce the winners at the reception. This means one week of voting, so get those votes in quickly! We hold our reception in October so we can also celebrate Halloween / the Macabre show as a pop-up show.

Letter to the Editor

Dear Citizens of Uxbridge,

We cordially invite you to join us in celebrating all Veterans, past and present, this Veterans Day, Tuesday, November 11th at 11am on the Town Common.

This venue is a departure from past celebrations where we would hold a parade on the Sunday prior to Veterans Day whenever the holiday did not fall on Sunday itself. That approach had always been pursued in hopes to allow greater participation as many citizens work during the week. While that reality still exists, each year we consistently have fewer participants as well as observers.

This year, we ask you to join us in getting back to the "roots" of Veteran's Day which was originally Armistice Day back in 1918 when, on the 11th hour of the 11th day of the 11th month, church bells rang across the globe to celebrate the end of hostilities between the Allied nations and Germany. The Treaty of Versailles was eventually signed on June 28, 1919 thus ending "The Great War" which later became known as World War I.

We know that most private sector employees will be working that day and may not be able to participate but if you happen to be in town that day, we would love to have you join us on the Town Common and perhaps you can take your "lunch break" at our joint Post on Cross Road for a hot

dog, snacks & a beverage beginning at noon. And if you are a Veteran, it's on us with our sincere "thanks!"

You may visit department.va.gov/veterans-day/ for more details about Veterans Day

May God Bless You and God Bless the United States of America.

Sincerely,

Thomas E. Maeder
Commander
VFW Post 1385
(978) 602-5152



Bruce B. Bartlett, Sr.
Commander
Charles A. Rice Post 33,
American Legion
(508) 282-7381



connections
PHYSICAL THERAPY

NOW OPEN!
CALL TO SCHEDULE YOUR APPOINTMENT NOW!

40 Douglas St.
Uxbridge, MA 01569



Connections Physical Therapy is a family, locally owned and operated company with 19 clinics throughout Massachusetts and Rhode Island! Connections PT is committed to providing the highest quality of care for our patients in a one-on-one setting. We are thrilled to be joining the Uxbridge community this August. Call us now to set up an appointment!

Services:

Orthopedic Physical Therapy
Post-Surgical Rehabilitation
Neck and Back Pain Relief
Manual Therapy • Sports Injury Treatment
Vestibular Rehabilitation And More!

Contact Us:

508-501-5008
508-501-5009
Uxbridge@ConnectionsPT.com
Connectionspt.com

BLACKSTONE VALLEY Xpress

Published on the 2nd and 4th Fridays of the month. Direct mailed to nearly 65,000 homes and businesses each month and available on news stands in the region.

2nd Friday: The YankeeXpress South: Charlton, Dudley, Webster
2nd Friday: Blackstone Valley South: Douglas, Northbridge & Uxbridge
4th Friday: The YankeeXpress North: Auburn, Oxford
4th Friday: Blackstone Valley North: Grafton, Millbury & Sutton

Contact us:

Patty Roy, Editor: proy@theyankeeexpress.com
Submit business news and community events to news@theyankeeexpress.com
To request advertising info, please email ads@theyankeeexpress.com
Jen Schofield, Advertising Director: The Yankee Xpress, Blackstone Valley Xpress, Local Town Pages, Milford and Upton Mendon Free Press; jenschofield@yankeeshopper.net
Bill Cronan, Blackstone Xpress North and South (Douglas, Uxbridge, Northbridge; Millbury, Grafton, Sutton); bcronan@theyankeeexpress.com
Kate Carr, The Yankee Xpress North and South (Auburn, Charlton, Dudley, Oxford, and Webster); katecarr@localtownpages.com
Susanne Odell Farber, Upton, Mendon, Hopedale: sue@sodellconsult.com
Laura Gleim, Billing & Sales: lgleim@theyankeeexpress.com

Kimberly Vasseur, Production Manager
Sally Patterson, Graphic Artist
Contributing Writers and Columnists: Tom D'Agostino, Christine Galeone, Amy Palumbo-Leclair, Mark Marzeotti, John Paul, Janet Stoica, Christopher Tremblay

Blackstone Valley Xpress/©2025
9 Industrial Road, Milford MA 01757 • 508-943-8784 • www.theyankeeexpress.com

When investing, one of the best abilities is durability



Mark Freeman, CEPA

FINANCIAL FOCUS® Provided by Edward Jones

You've probably heard about "genius" investors or those who got in on the "ground floor" of a company that grew to be a huge success. These stories may be interesting, but they are also rare — and sometimes not even true.

The truth is that successful investing isn't glamorous, and it isn't necessarily quick. Instead, a well-founded investing strategy is a durable one — one that can withstand the test of time.

Here are some actions that can help you build durability.

Take your time: Most individual investors make their money over time, not overnight. Despite stories about fortunes made on one or two trades, you're more likely to be successful making money over time. You'll want to own a well-diversified portfolio of quality investments — and plan to own those investments for the long term.

A long-term perspective can help you ignore the constant noise in the markets and stay invested. When you hear about the latest "hot" investment tip, especially if it's already performed well, the best advice is this: Ignore it. Although it may be tempting to buy a popular investment, it may not fit with the rest of your portfolio, it may have already peaked and it may be riskier than you expect. If it sounds too good to be true, it probably is.

Invest in quality: When building your investment portfolio,

quality should be a top priority. For stocks, quality is frequently measured by the steadiness of earnings and dividend growth over time. For bonds, one measure of quality is an investment-grade credit rating, which indicates that the borrower has a good track record of making its promised interest and principal payments and the bond has a relatively low risk of default.

Quality investments are more likely to overcome temporary challenges, which is why a good track record can be an indication of quality. Don't reach for yield by looking for investments offering the highest dividend or interest rate without considering the risk. Remember, there is no perfect investment — a higher rate generally means higher risk.

Stick to your strategy: Building a long-term strategy can anchor your decisions and provide a roadmap for your investment choices. Your strategy should consider your goals, tolerance for risk and the time needed to save toward each goal.

Within that strategy, you can be flexible. Buy and hold, for example, doesn't mean buy and forget. Over time, your goals may change, or you may choose to hold more conservative investments. But it's important to make changes for the right reasons, not simply because stocks or your other investments may have dropped in price.

Perhaps one of the biggest mistakes you can make is trying to time the markets, moving in and out in response to short-term declines or the latest prediction. This often results in getting into and out of the market at the wrong times, costing time and money — and resulting in lower returns over time.

Remember that investments don't all move up or down at the same time but portfolio diversification can help smooth the ups and downs of the market. A long-term perspective can help you see past short-term fluctuations in some investments.

Successful investing isn't about making dramatic moves or chasing the latest trends. It's about developing a durable strategy personalized for your life, then sticking with it through market ups and downs. In investing, as in life, slow and steady could help win the race.

Contact Mark today to discuss this topic or any of your financial goals.

Mark Freeman, CEPA
Edward Jones Financial Advisor
77 West Main Street,
Hopkinton, MA 508-293-4017
Mark.Freeman@edwardjones.com

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Sponsored articles are submitted by our advertisers. The advertiser is solely responsible for the content of this article.

Al's

RUBBISH & CONTAINER SERVICE

77 Providence Rd., Sutton, MA 01590
Phone: (508) 865-4193
 Website: www.alsrubbish.com
 E-Mail: alsrubbish@gmail.com



BLACKSTONE VALLEY
CHAMBER OF COMMERCE
- 2024 -
proud Member

Al's Rubbish Provides

- Dumpster Rental Services 7 Days
- All Rentals Include Drop Off and Pick Up
- No Service or Fuel Charges
- Estate Clean Outs
- Furniture and Appliance Removal
- We Recycle

CELEBRATING

30

YEARS IN BUSINESS
1995-2025

Locally Owned
and Operated

DUMPSTER RENTAL SPECIAL!

Sutton, Millbury 15 yard dumpster For 2 tons	\$475
Grafton, Auburn, Oxford, Webster, Whitinsville and Northbridge 15 yard dumpster For 2 tons	\$495
All Other Towns	\$525

Additional charges for tvs/monitors, mattresses & box springs

Serving the Blackstone Valley and the Surrounding Towns in Worcester County






508-865-4193 • WWW.ALSRUBBISH.COM

Support
Local Small
Business

BVCC Annual Home & Community Expo Early Bird Discount Now Available

The Blackstone Valley Chamber of Commerce (BVCC) announces the return of its 26th Annual Home & Community Expo, to be held on March 14 at the Northbridge High School Fieldhouse, 427 Linwood Ave, Whitinsville. This signature event provides a unique opportunity for businesses, non-profits, and community organizations to con-

nect directly with local residents and showcase their services and products.

Exhibitor registration is now open, and businesses are encouraged to take advantage of the Early Bird Discount, available now until December 31, 2025. The discount offers exhibitors significant savings of at least \$125, while securing their booth locations and

Pot of Gold Sponsorship opportunities for this popular event!

"The Home & Community Expo is a cornerstone event for the Blackstone Valley, bringing together businesses and community members in a dynamic and interactive setting," said BVCC Executive Director, Liz O'Neil. "We're excited to see the incredible array of exhibitors and organizations joining us this year, and the Early Bird Special is a fantastic way to get involved at a great rate."

Just a few benefits of exhibiting at the Expo include access to hundreds of potential clients and community members face-to-face, brand recognition and visibility for your business or organization in the Blackstone Valley, networking opportunities to connect with

fellow exhibitors and industry professionals, and being part of an engaging atmosphere that is filled with activities, entertainment, and excitement for all ages.

Attendees and exhibitors alike can look forward to exciting activities, including:

Chowder Competition – Taste and vote for the best chowder in the valley!

The Return of the Mascot Dance-Off – Cheer on your favorite local mascots as they battle it out on the dance floor.

New! Calming Room – A peaceful space that is sensory-free to recharge.

And Lots More – Surprises, giveaways, and interactive entertainment for the whole family.

Don't miss this chance to show-

case your business and become a vital part of the Blackstone Valley's thriving community. Secure your booth today to take advantage of Early Bird pricing and lock in your spot before the deadline. Register online at: blackstonevalley.org/events Liz O'Neil at 508-234-9090 or email her at: loneile@blackstonevalley.org

The Mission of the Blackstone Valley Chamber of Commerce is to preserve and enhance the economic vitality of the Blackstone Valley by addressing the needs and concerns of businesses and providing leadership, support and resources in connection with issues which impact commerce and the quality of life in the Valley.



VICTORY SUPPLY
LANDSCAPE & MASONRY MATERIALS
 LOAM • MULCH • STONE
401-766-7333 2677 Bronco Highway, Harrisville, RI

Douglas Public Library Schedule

The Simon Fairfield Public Library's Upcoming Schedule. Please note that some events do require registration. If you have any questions regarding any events, please do not hesitate to contact the library at 508-476-2695 or email at us at douglas@cwmares.org.

Address: 290 Main Street, Douglas, MA 01516, Phone: 508-476-2695

Hours: Mon-Thu 9am-8pm; Sat 9am-1pm

Please note that we will be closed on October 13 in observance of Columbus Day.

Please note that we will be closed on Tuesday, November 11 in observance of Veteran's Day.

CHILDREN'S BOOK CLUBS

Wed, 10/15 @ 4:00 - Young Reader's Club (Grades K-2), Young Reader's Club, Duck for President by Doreen Cronin

Wed, 10/22 @ 4:00 - Book

Bunch, Abe Lincoln at Last by Mary Pope Osborne

Wed, 11/05 @ 4:00 - Book Wizards (Grades 5-7), Book Wizards, The Red Pyramid by Rick Riordan

CHILDREN'S HAPPENINGS

Wed, 10/15, 10/22, 10/29, 11/05 - "Young Scientist's" - STEM Program (Registration Required)

Wed, 10/15 @ 5:45 - Reading to Bryce (Registration Required)

Thu, 10/16, 10/23, 10/30, 11/06 - Fall Storytime (Registration Required)

Mon, 10/20, 10/27, 11/03 - Fall Storytime (Registration Required)

Tue, 10/21, 11/04 @ 11:30 - Music & Movement with Deb Hudgins

Tue, 10/21 @ 3:30 - Lego Club II (Registration Required)

Tue, 10/28 @ 3:30 - Lego Club III (Registration Required)

Tue, 11/04 @ 3:30 - Lego Club I (Registration Required)

ADULT BOOK CLUBS

Tue, 10/14 @ 6:30 - Intrepid Readers, Mr. Churchill's Secretary by Susan MacNeil

Thu, 10/16 @ 6:00 - Cookbook Collective

Tue, 10/21 @ 6:30 - SciFi Book Club, Robots and Empire by Isaac Asimov

Mon, 10/27 @ 6:30 - Plot Twisters, The Whisper Man by Alex North

Thu, 11/06 @ 6:30 - Greatest Book Club Ever, Book TBD

ADULT HAPPENINGS

Wed, 10/15, 10/22, 11/05, 11/12 @ 10:00 - Fiber Arts Friends

Thu, 10/23, 11/13 @ 5:45 - Fiber Arts Friends

Tue, 11/04 @ 12:00 - Get Help with Jenna Gouin

Sat, 11/08 @ 10:00 - Psyanky Art

Sat, 11/15 @ 9:30 - Simon Fairfield Sleuths - Solve a Murder Mystery

BLISSFUL MEADOWS GOLF CLUB WELCOMES YOU TO

Sunday BREAKFAST


EVERY SUNDAY FROM 9AM to 1PM
 LUNCH ALSO SERVED FROM 11AM



UXBRIDGE, MA
Meadowview TAVERN
 EST. 1992

MIMOSAS & BLOODY MARYS
 BAR OPENS AT 10AM
 Indoor & Outdoor Dining - Call 508.278.6110 ext.4

OPEN TO THE PUBLIC
 View our Menus
blissfulmeadows.com/meadowview
 801 Chockalog Road, Uxbridge




430 Main St., Oxford, MA

We repair all makes and models of Garage Doors and Electric Openers
 - Commercial and Residential -

Sales • Service • Installation

800-605-9030 508-987-8600
www.countrysidedoors.com email: countrysidedoors@aol.com



Renew your home's appeal with a new garage door.
 Many new styles and colors to choose from.

Visit our display by appointment

Uxbridge Youth Soccer League Hosts 4th Annual RC Air Show and Vendor Fair

The Uxbridge Youth Soccer League will once again host its annual RC Air Show and Vendor Fair on Sunday, October 19, from 12:00-4:00 PM at the Sutton Street Field Complex (285 Sutton Street, Uxbridge, MA).

The RC Air Show offers fun for the whole family, as award-winning RC pilots from across New England showcase their skills with impressive stunts performed by their custom RC planes. These pilots, who compete nationally in RC tournaments, have graciously donated their time and talents to support the UYSL's biggest fundraiser of the year. These aren't your ordinary RC planes, with some planes having wing spans of up to 6 feet.

Come for lunch and enjoy delicious food from several famous food trucks, including Thee Taco Dude, Big Daddy's Bites, The Pastry Box, Twitzed Beveragez, and more. Try your luck at the raffle table, and purchase one-of-a-kind gifts from a wide range of local vendors.

Back by popular demand, the Air Show will also be bringing back Touch-a-Truck as well as



The New England Patriots End Zone Militia will make an appearance at the Uxbridge Youth Soccer League's Air Show.

activities from the New England Revolution. And new this year, the New England Patriots Endzone Militia will be in attendance. Other kids' games and activities will also be available.

All funds raised through the Air Show go towards supporting Uxbridge Youth Soccer's fall and spring programs, which provide an opportunity for children ages 3 to High School to participate in youth sports. Through your gen-

erosity, the league is able to fund its partnership program with the New England Revolution Academy, keep registration fees among the lowest in the region, and offer financial aid scholarships to those who need it so that everyone plays. There is a recommended donation of \$5 per person.

You can catch all of the latest RC Air Show updates on its Facebook Event page "4th Annual UYSL RC Air Show and Vendor Fair."

SCHULTZY'S PLACE

Winner of Worcester's Hot Dog Safari's Golden Hot Dog!

Now featuring Homemade Portuguese Chourico Hash and Corned Beef Hash

~Autumn Special~

\$3.00 OFF

a \$20 purchase Mon.-Fri. ONLY

One per table, not to be combined. Exp. 10/31/25

3 Boston Road (Heritage Plaza) Sutton, MA • (508) 865-6777
Hrs.: Mon.-Sat. 5:30am-2pm; Sundays 6:30am to 2pm

SUMMER SPECIAL

\$25 OFF!

WASH & WAX

100% CARNAUBA HAND WAX ☀️ 6 MONTHS UV PROTECTION

Regularly \$185 now only \$160!! (starting at \$ depending on vehicle size)

MICKEYSCARWASH.COM

MEDWAY

OIL & PROPANE

"Your Total Home Comfort Company"

FAMILY OWNED & OPERATED SINCE 1954

Supporting the local communities we serve as a charitable partner

We provide support & discounts*
for veterans, military and first responders

Contact us today for more information about our award-winning delivery & service

800-649-5949

info@medwayoilpropane.com

Your neighbors have voted us GOLD MEDAL WINNERS!

*DISCOUNTS ARE FOR AUTO DELIVERY WHOLE HOUSE HEAT CUSTOMERS ONLY, ASK FOR DETAILS.

Clear the Clutter this Fall with Affordable Junk

There are plenty of reasons to call a junk removal service. Maybe walking through your basement has gotten difficult or there is no more room in the attic? Perhaps you are planning to move, and you need to declutter before your open house?

Figuring out who to call can be challenging. If you contact one of the big haulers, they route you to a phone center where they've never even heard of your town, plus their pricing seems vague and full of extra fees. No wonder you've let the stuff pile up—it's too much of a hassle to get rid of it!

Or you can call Affordable Junk Removal and let a local small business with deep community roots take care of everything.

Jay Schadler started his business in 2005. Back then, it was just him and a beat-up pickup truck taking small jobs and working nights and weekends when he could. As the years rolled on, his business grew, but his commitment to customer service never wavered. Now he's got a staff of ten, along with eight trucks, servicing eastern and central Massachusetts and northern Rhode Island.

Business spotlight

Affordable Junk Removal specializes in house and estate cleanouts. If your garage, attic, or office is overflowing with stuff, take back your space and let the pros do the heavy lifting.

Jay and his team have handled it all. They've dismantled above-ground pools, hauled away ancient hot tubs, taken down old fencing, and stripped away worn carpeting. They'll come for a single item, or they'll clean out an entire house. And they can take almost anything. They can't accept hazardous materials, brush, dirt, or concrete, but everything else is fair game for them to take away.

Not everything ends up in a landfill—not if Jay can help it. He first tries to either recycle or donate items. Only after he tries to repurpose items do they end up at the



transfer station.

Working with Affordable Junk Removal is simple. First, you can load stuff yourself if you want by renting a 15-cubic-yard dumpster for a week and chucking up to a ton of your unwanted stuff. If you need to get rid of more weight, then Jay prorates that tonnage—you never pay for what you don't use.

If you don't want to be bothered with the dumpster, they've also got a driveway special where they'll take away a truckload of your unwanted things if you pile it up. Or if you don't want to lift a finger, then you can point at the items, and the team will fill up their truck and haul away your unwanted things. However you do it, you're left with more space and more peace of mind.

Jay and his team beat the big waste haulers on both price and customer service. When you call Affordable Junk Removal, you aren't connected to an anonymous call center. Your phone call goes right to Jay.

And speaking of pricing, Jay is upfront about it. His website shows the truck sizes and prices, so you can save time knowing your costs

before you call for an appointment. There aren't any hidden costs or surprise fees with Affordable Junk Removal.

Affordable Junk Removal is fully licensed and fully insured, and they'll treat your property with care and respect.

They also have a thriving commercial business, working with contractors and roofers to clear away debris and keep the job site clean. They can even handle commercial and residential emergencies with same-day service.

Jay and his family are deeply involved in the community. He and his wife, Christine, run the Corner Market restaurant in Holliston. It's not uncommon for someone to reach Jay at the restaurant, order a sandwich, and then schedule a junk removal appointment. Yes, the local small business really can handle everything!

Contact Affordable Junk Removal and Dumpster Rental and let a local small business take care of everything for you. Call Jay Schadler at (774) 287-1133 or visit us online at AffordableJunkRemoval.com.

— PAID ADVERTISEMENT —

MA Certified Arborist Since 1989

Full Circle

T-R-E-E C-A-R-E

- Expert Pruning
- Planting/Fertilization
- Insect & Disease Control
- Tick & Mosquito Control

Nick Bristowe
774-280-2281
fullcircletree@yahoo.com

Golf Course OPEN

42 Magill Dr., Grafton
(508) 839-1945
www.highfieldsgolfcc.com

Check us out on

JOHN HENRY TAVERN OPEN!!

Check out our recently renovated Ballroom
Contact Tracy Hill at (508) 839-1945 Ext. 222

Outdoor dining on Patio overlooking 18th Green
Wedding & event seating up to 200

Pro Shop is open 7am -6pm Monday - Sunday

A Place to Connect, a Day to Enjoy.

Accord Adult Day Center provides a safe and engaging environment for your loved ones during the day. Our professional staff offers personalized care, social activities, and a sense of community. We help seniors stay active and independent while providing family caregivers with peace of mind.

Contact us today to learn more and schedule a visit.

Accord Adult Day Center
Webster, MA
(508) 943-3432
www.accordadultday.org

Friends Plastering Inc.

Blue Board & Plastering

Est. 1995

Small Jobs Only - Bathrooms
New & Repaired Ceilings
a Specialty

40 years experience

508-528-5000

Patchwork Fully Insured

Licensed & Insured Free Estimates

LYNCH FENCE CO.

- Serving RI & MA Since 2001 -

401-356-4699 - LYNCHFENCECO.COM

Uxbridge Senior Center, October 2025

36 South Main Street
Uxbridge, MA 01569
508-278-8622

Lisa Bernard – Director
Gail Boutiette – Outreach Coordinator
Donna Oncay – Transportation Coordinator
Omer Boucher – Van Driver
Sally Selvidge – Activities Coordinator
Pat Ordway – Chef

DIRECTOR NEWS

Happy Fall Everyone!
The Senior Work Off Program is seeking interested candidates to apply for the upcoming year. This Program has been put into place to assist eligible seniors with the burden of property taxes, while tapping into seniors' wealth of knowledge and skills. Seniors work for various Town Departments with the assistance applied as an abatement to their tax bill. Space is limited. Eligibility requirements include the following:

- Age 60 y/o or older;
- Resident of the Town of Uxbridge for at least one year;
- Legal owner of the property, cannot be in a trust (if in a trust, see Assessor's office to see if you may qualify);
- Report annual household net income;
- Residents must possess applicable skills.
- First time applicants will have priority consideration. Applicants will be chosen based on skills, availability and physical ability, as necessary. Please call the Senior Center for more information and for the application. Position assignments will start in January 2026 with abatement applied towards 2027 tax year.

The senior center is proud to announce our annual flu shot clinic: The Flu shot clinic will be provided free of charge to the senior community on Tuesday, October 7th from 9am-12 noon at the Senior Center. This is a program with the Uxbridge Hannaford's Pharmacy.

macys. Please call to register.

The center will be closed for lunch on the clinic date. Transportation to and from the center will be available.

The cold and snowy weather will be upon us soon! Appointments are available to help folks with Fuel Assistance Applications with SMOC (South Middlesex Opportunity Council). Please call the senior center for more information and make your appointment.

We are proud to announce a new round of 8-week exercise classes starting on October 21st:

Balance & Power is a lightweight strength circuit with gentle movements to improve flexibility. Most exercises will be seated with a focus on improving muscle strength especially around the knee area which is crucial for balance and walking and hopefully avoiding falls. Some poses can also be done standing using a chair for support. This program can help improve your flexibility, concentration and strength, while boosting your mood, and reducing stress and joint strain. This class is scheduled from 12:15pm-1:15pm.

Move & Groove is a fitness program that fuses entertainment and cardio into an exhilarating workout. The benefits of this program include improved balance, range of motion and coordination. Additional benefits include increasing blood flow to the brain, enhancing attention and concentration skills, as well as burning calories and meeting new friends! This class is scheduled from 1:30pm-2:30pm.

Each class will run for one hour, every Tuesday for an 8-week period. The classes are free for Uxbridge residents, compliments of the State Formula Grant and will be held at the Senior Center's Satellite Site which is the McCloskey School Gym located at 62 Capron Street in Uxbridge. Interested individuals should call or stop by the Uxbridge Senior Center at 508-278-8622 for more information and receive their application and waiver forms prior to the start of the program. Please note there are

no classes on November 11th.
Sincerely, Lisa

Reminder: The Fall Town Meeting will be held on Tuesday, October 28th at 7:00pm at the Valley Chapel Church located at 14 Hunter Rd., Uxbridge.

The UEC 19th Annual Golf Tournament was held at Whitinsville Golf Club on Monday, September 22nd. Thank you to the Uxbridge Elderly Connection for coordinating this event! This major fundraising event was very successful! Thank you to all our board members, sponsors, golfers, and donors. Our seniors appreciate your support!

Tuesdays, October 14th, 21st & 28th – 9 am – Walk & Talk Club Continues! Join Doreen Cedrone, our Wellness Coordinator, to walk the Town loop now every Tuesday morning. This is weather permitting. Pre-registration is required! Get your enrollment forms at the center. The meet up spot is McCloskey School.

Monday, October 13th – The Senior Center will be closed today in observance of Columbus Day. We will re-open on Tuesday, October 14th.

Tuesdays, October 14th, 21st & 28th – 9:00 am – 12:00 pm - SHINE Appointments - Pat Nectow, our SHINE Counselor, is here to help you with your health insurance questions. Please call 508-278-8622 to schedule an appointment.

Tuesday, October 14th – 1:00 pm – Uxbridge Library Book Club. They will be discussing "Vera Wong's Guide to Snooping on a Dead Man" by Jesse Q. Sutanto. You are welcome to join us for lunch on this day, just be sure to call ahead to "book" yours! Next book club meeting is on Tuesday; November 4th and they will be discussing "The Scent Keeper" by

UXBRIDGE SENIORS

continued on page 11



CHARRON
Tree Service
Quality Timely Service!
BELLINGHAM, MA
508-883-8823
FREE ESTIMATES • FULLY INSURED

RESIDENTIAL & COMMERCIAL

- Tree Removal
- Pruning/Trimming
- Storm Damage
- Land Clearing
- Stump Grinding
- Seasoned Firewood

KEVIN LEMIRE, OWNER
All employees are covered under Workers' Comp Ins. CharronTreeService.com

Wescott Custom Homes & Excavation

Foundations • Site work
Septic Systems



NEW CONSTRUCTION

• Licensed Contractor • Insured • Free Quotes

Scott Butler • 774-696-7332

MASTER PLUMBER LIC. NO. 9216 MASTER SHEET METAL LIC. NO. 115

Valley Plumbing & Heating, Inc.

PLUMBING • HEATING • GAS FITTING
BIG OR SMALL, WE DO IT ALL! SENIOR DISCOUNT

RICHARD J. WUNSCHEL
(508) 234-3649

10% DISCOUNT SENIORS VETERANS HANDICAP

30 LACKEY DAM ROAD, SUTTON, MA 01590-2714

\$50 off ANY JOB
(one per household)

Many varieties of **APPLES!**

FOPPEMA'S FARM
"Family Owned & Operated Since 1983"

OUR OWN BUTTER SUGAR CORN!

Winter Squash, Pumpkins, Lettuce, Tomatoes, Carrots, Beans, Beets, Onions, Potatoes and Fall Decor

Also featuring: gifts from the garden, baked goods, ice cream, local honey, candy, frozen meat products, specialty gourmet foods and much more....

MUMS

1605 Hill St., Northbridge • 508-234-6711
www.foppemasfarm.com
Hours: Mon.-Sat. 9 to 6; Closed Sundays

Massachusetts grown... and fresher!™

Find us on Facebook



New England Steak & Seafood Restaurant

Casual Elegant Dining and Banquets

PRIME RIB AND STEAKS
Prepared over our open pit

FRESH SEAFOOD & LIVE LOBSTERS
CHICKEN & PASTA DISHES
APPETIZERS, SALADS
COMBINATION DINNERS
AND KID'S MEALS

TRY OUR FAMOUS Cinnamon Rolls & Chowder

Mon. 4-9pm; Tues. Closed; Wed. & Thurs. 11:30am-9pm;
Fri. 11:30am-10pm; Sat. 4-10pm; and Sun. 12-9pm
Serving this area with the finest steak and seafood for over 65 years

508-478-0871 • 11 Uxbridge Rd. ~ Rt. 16 Mendon
See Our Menu on our website www.nestekandseafood.com or on Facebook

Arriving on the Midstate

Visiting the Site of the Great Train Wreck, Crossing Three States and Standing on a Path from the Mountains to the Sea

BY THOMAS J. MCLAUGHLIN

Thomas McLaughlin is writing a series of articles on hiking in the region.

Finding the Midstate Trail isn't difficult. You could say it finds you. Maybe you've seen the signs for it driving over it on Route 20, or under it on the Mass. Pike, or along it on several roads

throughout the region. But arriving at the starting point takes a little planning since it begins and ends in the middle of the woods.

The 92-mile Midstate Trail passes through fourteen Central Massachusetts towns. The blaze of yellow triangles marking the Midstate runs through Douglas, Sutton, Oxford, Charlton, Spencer, Leicester, Oakham, Rutland, Barre, Hubbardston, Princeton, West-

minster, Ashburnham, and Ashby. All the towns are in Worcester County, except for Ashby, which is in Middlesex County. Ashby is also the only town among them that borders three different counties—Worcester, Middlesex, and Hillsborough (New Hampshire).

If you want to hike the Midstate or just learn more about it, a great starting point is midstatetrail.org, the official website of the Midstate Trail, where you can view maps and get information on the trail.

For fifteen bucks you can buy their Midstate Trail Guide Book, which provides topographical maps with northbound and southbound distances, access points, elevations, and trail descriptions.

In hiking articles, terminus is a word that's commonly used to describe the two ends of a trail. It's a centuries-old Latin word that's become part of the long-distance hiking jargon since one hiker's starting line is another's finish line. Merriam Webster defines it as, "either end of a transportation line or travel route," and as, "an extreme point." So, depending on the direction you're going it can be the end or the beginning of your journey.

I decided to start at the southern terminus of the Midstate and head north since these towns were closer to my home. Before I began, I studied the map, estimated the miles, and researched all the connecting trails leading to the Midstate.

I could come at it from any direction. From Massachusetts, I could connect to it in the Douglas State Forest at Wallum Lake. In Rhode Island, I could reach it from Pascoag. From Connecticut, I could arrive via the Tri-State Trail.

I saw online pictures that hikers posted of the Tri-State Marker where you can stand in three states at once. Located high atop a hill in the middle of the forest since 1883, is a small granite obelisk marking the spot where Connecticut, Mas-



sachusetts, and Rhode Island meet.

I liked the idea of hiking in three states and eventually four (it sounds impressive), and I wanted to see the Tri-State Marker and stand in three states at once so I headed to East Thompson, Connecticut.

Connecticut's Air Line Trail extends 50-miles from the 'quiet corner' of northeastern Connecticut to the Connecticut River. You can walk this trail from East Thompson to Portland. This was where the legendary "ghost train," the New England Limited, the Boston & New York Air Line Railroad, formerly known as the New Haven, Middletown and Willimantic Railroad once roared across the rails during the Gilded Age of the 1890s. According to the Pomfret Historical Society, it was known as the "ghost train" because of its "creamy white color with gold trim. Even the black coal used for fuel was whitewashed. The crew wore white uniforms and much of the interior was adorned with white and gold trim." It was a luxury line that traveled the shortest distance between New York City and Boston with limited stops, making record time.

Today, on the Air Line Trail in East Thompson you can visit the site of the Great East Thompson Train Wreck, a massive collision involving four rail lines that occurred on the morning of December 4, 1891.

The local Southbridge Freight,

Boston Freight, Long Island and Eastern States Express, and the Norwich Steamboat Express crashed into each other on this spot. Connecticuthistory.org describes it as, "the site of one of the most horrific railway accidents in American history," and "one of the only accidents in US history to involve four trains."

There are signs at the site describing the catastrophic events of that morning, along with the foundations and remains of the engine house, depot station, and engine turn table. Transparent historical pictures allow viewers to catch a glimpse of what the station and the surrounding area looked like in 1891.

After visiting this site, I headed northeast for a half mile on the Air Line Trail, which is a flat and straight-line trail as it would have been when it was a railway. I proceeded to the Connecticut and Massachusetts border marker, hiked uphill along the rocky Tri-State Marker Trail, and arrived at a clearing at the top of the hill where the Tri-State Marker sits where the three states meet. I stood in three states, and continued along the Tri-State Trail with Massachusetts to my left and Rhode Island to my right.

I could sense there was someone behind me some distance on my

MOURA SERVICES Call Tiago 857-236-3122
 Painting & Carpentry ★ Power Washing
 Deck Refinishing ★ Exterior & Interior
 FULLY INSURED
 Follow us on Social Media

THE YARD
 MULCH • WOOD CHIPS • COMPOST
 SAND • STONE • LOAM
 605 Quaker Highway (Rt. 146A), Uxbridge, MA
508.278.2628
 P.O. Box 77 Uxbridge, MA 01569

Economy Canvas & Awning Co.
 Retractable & Stationary Awnings
 Boat & Truck Covers and Related Products
 • Full Awning Service - Installation, Removal & Cleaning
 • Manufacture & Repair All Canvas Products
 115 Hamilton St., Southbridge, MA
508-765-5921
 www.EconomyCanvasAndAwning.com

SMALL LOAD CONCRETE, LLC OPEN YEAR ROUND
Custom Concrete - Metered Pours
CONCRETE APPLICATIONS
 • Patios
 • Pads for AC units, Sheds, Hot Tubs, Etc.
 • Footings
 • Retaining Walls
 • Walkways/Sidewalks
 • Curbing
 • Steps
 Saturday pours available
WHY SMALL LOAD CONCRETE?
 • Buy ONLY what you need/metered pours
 • Less Expensive than mixing it by hand
 • Custom Mix / Pour on the job site
 • Cost Effective • No Waste
 • 1 Yard Minimum
 • Winter rates in effect
 Call to schedule your pour today
508-770-1200
 34 Providence Road, Sutton, MA
 www.smallloadconcrete.com

UXBRIDGE SENIORS

continued from page 9

Erica Bauermeister.

Tuesday, October 14th - 1:00 pm – Benefit Enrollment Specialist – Tri-Valley, Inc. Call the senior center to book an appointment with Meka.

Wednesday, October 15th – 10:30 am – 12:30 pm – National Grid Customer Care Event – A representative from National Grid will be available to answer and assist you with discount rates, payment plans, arrears forgiveness, special protections, energy saving, and more. If you plan on joining us for LUNCH on this day, please call ahead to RSVP as space is limited. This event will be held monthly on the 3rd Wednesday.

Thursday, October 16th – 11:30 am – Three Seasons Restaurant Trip at BVT – Cost is \$15 per person and includes meal, drinks and ice cream sundae for dessert & gratuity. Your choice of Turkey Club, Classic Cheeseburger, Crispy Chicken Caesar Wrap or House-made Mac & Cheese. Payment due upon signup. Rides are available on the van and folks are also encouraged to meet us at BVT.

Monday, October 20th – 1:30 pm – Scarecrow Craft with Sally! \$7.00 per person. Stop in to sign up!

Wednesday, October 22nd - 11:30 am - 12:30 pm – “PopUp Library”. Books will be on display

to check out, library card sign-ups, book hold pick-ups, etc. This program is being offered by the Uxbridge Free Public Library.

Thursday, October 23rd – 1:30 pm - Movie at the Uxbridge Senior Center! We will be watching the original classic Jaws and popcorn will be served! Please RSVP.

Friday, October 24th - 12 noon – October Birthday Cake Celebration. We will celebrate all the October birthdays!

Monday, October 27th – 1:00 pm – 4:00 pm – Hobby Lobby Shopping Trip with Sally! Sign up early as seating is limited on the van.

Monday, October 27th - 1:30 pm – “Ask the Attorney” with Attorney Ralph Tepper by appointment only. Please Call 508-278-8622 to schedule your appointment.

Tuesday, October 28th - 11:00 am – 12:00 pm – Ask the Nurse Free Blood Pressure Clinic with the Salmon Health VNA. RSVP if you'd like to join us for lunch.

Thursday, October 30th – 1:30 pm – Sally's Singing Group! Join Sally while she forms a singing group for the Christmas Holidays! Meeting here at the senior center. Please call or stop in to sign up.

Friday, October 31st – 12 noon – Annual Halloween Party with DJ Trica! Celebrate Halloween with witches & goblins, treats & prizes! Costumes are not required but are encouraged! Please be sure to RSVP ahead as space is limited. This is a luncheon party.

Card Game played during lunch on Mondays. No game on 10/13.

Hannaford grocery shopping every Tuesday. Pick up begins at 8:30 AM. Please sign up in advance by calling 508-278-8622 to reserve your seat on the van.

Walk & Talk: Walking Club Program – 9:00 am - Now Every Tuesday instead of Thursdays. Meet at McCloskey School to walk the town loop!

Knitting Club every Tuesday @ 1:30 pm – Even if you don't know how to knit or crochet, come and visit us! The group members are always willing to teach you!

Every Wednesday – 9 am – 3 pm – The Uxbridge Senior Center Transportation Program Community Shuttle. This shuttle is for seniors and individuals with disabilities to destinations such as post office, pet care appointments, hair salon or barber, bank, pharmacy & shopping anywhere in the Uxbridge/Northbridge area. Note: this replaces the weekly bank/pharmacy and Shaw's Ocean State rides. Call 508-278-8622 for more information and to book your FREE ride. Requests require a 48-hour notice.

BINGO played during lunch every Wednesday.

Wednesdays - “Canasta” Hand, Knee & Foot Card Game – START TIME IS NOW 1:15 PM due to parking spaces. Let us know if you'd like to join us for lunch!

Wednesdays – Play Scrabble! – START TIME IS NOW 1:15 PM due to parking spaces. – Come by for an afternoon playing Scrabble. Boards are supplied by the senior center. Let us know if you'd like to join us for lunch!

Medical Transportation is accepting appointments. Call 508-278-8622 to schedule your rides.

The senior center is in need of the following donations: Lysol

wipes, newly packaged napkins, paper towels, tissues, toilet paper, tea (regular and caffeine free), ground regular & decaf coffee. We thank you for your support!

Feel free to contact us at 508-278-8622 or visit us on our web page at Uxbridge-ma.gov/coa or like us on our FB page or by googling Uxbridge Senior Center and our new YouTube Channel or even dropping by.



Grab your Gifts for the Holidays!

- ★ Handmade Jewelry
- ★ Parties & Classes
- ★ Apparel & Handbags
- ★ Gifts & More

(508) 612-5152
336 North Main Street,
Uxbridge, MA



OTEBARBERSHOP
Instagram



APPOINTMENTS AND WALK-INS WELCOME

PRODUCTS AVAILABLE

Custom Fades and Tapers

Beverages and Refreshment To All

13 Mendon Street, Uxbridge, MA • 774-789-1683

CARLINO LANDSCAPING

WINTER SNOW SERVICES

Residential & Commercial

**Plowing • Shoveling • Snow Blowing
Sand & Salt • Straight Salt • Calcium
Snow Pushing • Snow Haul Away
Skid Steer Snow Pushing**

TIRED OF YOUR SNOW PLOW DRIVER NOT SHOWING UP?

www.carlinolandscaping.com

508-234-6227

**** 24 Hr Service **
7 Days A Week**

Licensed & Insured



ValleyCAST helps WRAP its new neighbors in Welcome Blankets!

Do you sew, quilt, knit, or crochet? Would you like to help welcome and warm your new neighbors? Help ValleyCAST support two AMAZING initiatives! Dust off your needles and get started now!

What began as one blanket that Los Angeles based artist Jayna Zweiman handmade in 2017 to welcome a refugee family into the United States spawned into a national project called Welcome Blanket. Through Welcome Blanket, makers are encouraged to hand-make

blankets that are then displayed in numerous exhibits across the country to help raise awareness and inspire participation. These blankets then go on to be gifted to newly incoming refugees.

“Welcome Blanket reminds us of the similarities that people across diverse backgrounds and cultures share and is a celebration of the diversity that is woven into our nation.”

-Jayna Zweiman, founder of Welcome Blanket.

ValleyCAST, the arts and culture arm of Open Sky Community Services, will collect the handmade donated blankets up to and during the week of October 20, 2025. See blanket guidelines below. The blankets will be displayed in the Heritage Gallery during November & December. There will be a wine and cheese opening reception to view the blankets on Thursday, November 6, 2025, from 5:00-7:30 pm. Blankets will then be gifted at the end of December to the Worcester Refugee Assistance



Jayna Zweiman, founder of Welcome Blanket

Project (WRAP).

Plan to also attend an exclusive presentation and Q&A with Jayna Zweiman, founder of the Welcome Blanket Project, and Adeline Atamer, board member and Director of Communications for the Worcester Refugee Assistance Project (WRAP) immediately following the opening reception next door to the Gallery in the Singh Performance Center. The reception and presentation are both free, and the public is encouraged to attend.

Everyone is welcome to craft a Welcome Blanket. Sew, knit, crochet, weave, etc., as long as it's handmade with love! The design guidelines are 40" x 40", easy to launder and care for, and hard to give away ... it should hurt a little bit because you love it so much! With your Welcome Blanket, include a Welcome Note that tells a story important to your own family about immigration, migration, or relocation, along with some words of welcome for the recipient of your Welcome Blanket gift. Welcome Note Templates can be found online at: welcomeblanket.org/welcome-note. Please also include your name (anonymous is ok!),

your city and state, and blanket care instructions.

Bring or mail your Welcome Blanket gift to the Heritage Gallery at the Alternatives' Whitin Mill, 50 Douglas Road, Whitinsville, MA 01588 to the attention of Cristi Collari on or before October 24, 2025. If you have any questions, you can reach out to cristi.collari@openskycs.org or call the front desk at 508-234-6232.

ValleyCAST fosters a creative and engaged community in the Historic Blackstone Valley that is inclusive and supportive of all people with and without disabilities. ValleyCAST is the arts and culture arm of Open Sky Community Services and together we believe in the power of community.

Open Sky supports individuals facing complex challenges in Central Mass to achieve their definition of wellness and pursue the opportunities and relationships that are meaningful to them. We help them see beyond what they thought was possible to find their open sky.

To learn more about ValleyCAST and Open Sky visit: openskycs.org

GREGORY'S
restaurant & pizzeria

ONLY Location is Douglas, MA

ORDER ONLINE
at www.gregorys-restaurant.com
or you could use Gregory's restaurant app

303 Main Street, Douglas, MA
508-476-2552

MasterCard VISA

REACH MORE THAN 182,000 WITH OUR ANNUAL

Holiday Guides

This holiday season, showcase your business in our Holiday Guides - a special pull-out section. Drive shoppers to your door with great gift ideas, catering options and everything to make the holidays joyful and bright!

Coming in November and December!

ZONE 1: REACH 77,681
Auburn, Charlton, Douglas, Dudley, Grafton, Holden, Millbury, Northbridge, Oxford, Paxton, Rutland, Sutton, Uxbridge and Webster

ZONE 2: REACH 104,764
Ashland, Bellingham, Franklin, Holliston, Hopedale, Medway, Mendon, Milford, Millis, Natick, Norfolk, Norwood, Upton and Wrentham

Reserve your space today by contacting Bill Cronan at 774-289-5564 or by email at bcronan@theyankeeexpress.com

DON'T MISS OUT!
Reservation deadlines:
October 8th for November issue
November 5th for December issue
Save 10% when you commit to both Guides!

localtownpages

TheYankeeXpress
BLACKSTONE VALLEY Xpress

FREE PRESS

MIDSTATE

continued from page 10

way up the hill to the Tri-State Marker. He maintained the same pace and distance the whole time until I stopped to take some pictures of a scenic turn in the path and he caught up to me.

He was a physically fit, retiree from East Thompson, Connecticut, who in his earlier years hiked over a hundred miles of the Appalachian Trail from Massachusetts through Vermont into New Hampshire. He hikes a circuitous route of a few miles, three times a week from the site of the Great Train Wreck to and from the southern terminus of the Midstate and the northern terminus of Rhode Island's North/South Trail. It's great exercise with its varying terrain.

We walked to the southern terminus of the Midstate Trail between Pascoag, RI and Douglas where wooden signs point in one

direction for the Midstate in Massachusetts and in another direction for the North-South Trail in Rhode Island. We talked for a little while and I told him of my plan to hike the Midstate. He said, "Enjoy your hiking," and he continued back to East Thompson.

If you're up for a long walk to the beach, 78-miles, the North/South trail leads to the Atlantic Ocean (Ninigret Beach), or you can walk 92-miles north on the Midstate to Mt. Watatic. Beyond that is the Wapack Trail, extending another 21-miles to North Pack Monadnock, where you can see the White Mountains off in the distance. It's something to appreciate when you're standing there in the middle of the forest. This narrow footpath leads from the mountains to the sea. I enjoyed the moment, but the North/South Trail would have to wait another day. Today I was hiking the Midstate.

Uxbridge awarded \$458,310 in MVP Action Grant Funds to Build Climate Resilience

The Town of Uxbridge is thrilled to announce it has received a \$458,310 climate resilience grant to fund the Home Brew Dam Removal and Community Engagement project. Awarded by the Healey-Driscoll Administration's Municipal Vulnerability Preparedness (MVP) program, which is administered by the Executive Office of Energy and Environmental Affairs (EEA), these competitive grants support communities in identifying climate hazards, developing strategies to improve resilience, and implementing priority actions to adapt to climate change. This is one of 54 projects to have received action grant funding in the latest round of applications.

"This project is the result of several years of defining and implementing resilience priorities for Uxbridge. Uxbridge began preparing for the impacts of climate change in 2018 with a planning grant from the MVP program.

The Home Brew Dam Removal and Community Engagement is the 4th MVP grant we have received. The project will improve the flood resiliency around Meadow Brook, which flows into the West River, restore natural ecology, and protect a municipal well. In addition, citizen scientists from the student and elderly populations of Uxbridge will be part of the project. The project will be documented with video and written records over its two-year lifespan to serve as a showcase for other towns and organizations." says David Tapscott, a member of the Core Team which will be administering the project.

Community members interested in getting involved as citizen scientists can contact David Tapscott for further details. dtapscott@uxbridge-ma.gov or leave a message at (508)278-8600 option 8.



CDA BRINGS CLASSROOM TRAINING CLOSE TO YOUR HOME

MASS RMV has mandated in-person classes effective Sept 22, 2025

LOCAL CLASSROOMS FOR YOUR CONVENIENCE!

- HOPKINTON • Faith Community Church
- MILFORD • Our Office at 31 Granite Street
- MENDON • Unitarian Congregation of Mendon

MANY CHOICES AS TO WHEN TO ATTEND!

Weekends, Weeknights & Holidays
Available to fit your Schedule

Register NOW as RMV Limits Class Sizes to 30 Students

SIGN UP WITH A FRIEND & SAVE \$50 OFF!*

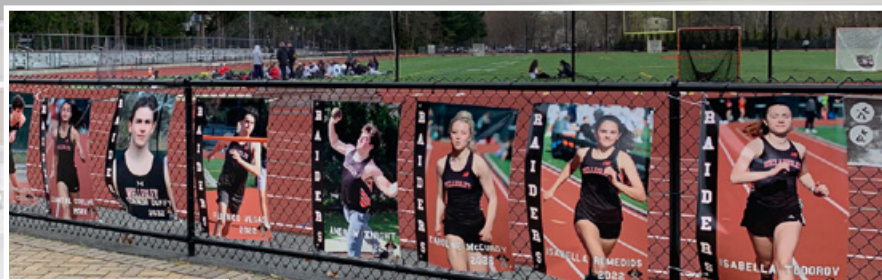
PAY IN FULL & SAVE \$50 OFF!*

*OFFERS CANNOT BE COMBINED

CenterPointDrivingAcademy.com • 508-217-4447

From CONCEPT to COMPLETION, we bring your vision to life.

- Graphic Design
- Sports Banners
- Brochures
- Postcards
- Direct Mail Solutions
- Every Door Direct Mail
- Books
- Lawn Signs
- Calendars
- Posters
- Swag
- and so much more!



ANDREW CARINI
Print and Mail Specialist
How can I help you?
508-254-2241

Our Town PUBLISHING

Home of localtownpages



ourtownpublishing.com

HAWK HILL ORCHARDS

PICK YOUR OWN APPLES

OPEN
Columbus Day
10am-5pm
OPEN Wednesday
thru Sunday
10am-5pm

Visit Our Americana Country Store

- Apples • Peaches • Jams/Preserves
- Cider • Dessert Breads
- Specialty Sauces and Salsas • Gifts • Honey
- Fruit Pies • Maple Syrup
- Apple Crisp
- Apple Dumplings
- Apple Cider Donuts

83 Carleton Rd., Millbury, MA
508-865-4037

Uxbridge Free Public Library October Programs

15 North Main St.
Uxbridge, MA 01569
www.uxbridgelibrary.org
508-278-8624

The Uxbridge Free Public Library has a full lineup of adult, teen, and youth programs this October. Adults can join Gentle Flow Yoga, craft handmade cards, explore poetry with John Edward Keough, or learn to make a DIY aromatherapy spray and inhaler

designed to promote better sleep. Teens and kids can enjoy creative workshops like paper mâché masks, pumpkin tea lights, henna art, celestial windchimes, and more.

Families won't want to miss Candy Bar Bingo and Raptors in the Real World. Book clubs, story-times, and drop-in crafts continue throughout the month.

Mark your calendar for the Friends of the Library Book andamp; Bake Sale on Saturday, October 4 from 9am-1pm — a great opportunity to find literary treasures and homemade treats while supporting your library!

Explore our full schedule and register at www.uxbridgelibrary.org or call 508-278-8624. Many of our programs are supported by the Uxbridge Board of Library Trustees and the Friends of the Uxbridge Free Public Library.

ADULT PROGRAMS

Register now:

Gentle Flow Yoga – Mondays in October and Thursday, Oct. 9

Uxbridge Knit N' Stitch Circle Mondays in October at 6 p.m.

Cardmaking Hands-On Workshop Oct. 9 at 6:15 p.m.

Shawna Foundation Library Poetry Tour with Poet John Edward Keough Oct. 16 at 6 p.m.

PopUp Library at the Uxbridge Senior Center Oct. 22 at 11:30 a.m.

Sleep Tight: DIY Aromatherapy Spray and Inhaler – Oct. 23 at 6

p.m.

Embroidery 101 with Madonna Terlizzi – Oct 29 at 1 p.m. and Oct 30 at 6 p.m.

Book-a-Librarian – Need help downloading e-books and using other library digital resources? Contact the library to book a 30-minute appointment with a librarian for hands-on tech assistance. Wednesdays from 2:30 p.m.-4 p.m.

JOIN A BOOK CLUB:

Oct. 14 at 1 p.m. Uxbridge Senior Center Book Club – “Vera Wong’s Guide to Snooping (on a Dead Man)” by Jesse Q. Sutanto,

Oct. 21 at 3:30 p.m. Historical Fiction Book Club – “The Mesmerist” by Caroline Woods

Oct. 27 at 3:30 p.m. Bookies Book Club – “The Bewitching” by Silvia Moreno Garcia,

YOUTH and TEEN PROGRAMS

Register now:

Teen Book-In-A-Bag (ages 13+) Pick up your themed book-in-a-bag choice between Oct. 1-15

Teen Backpack Key Chains (ages 12+) Oct. 9 at 5:30 p.m.

Paper Mache Masks (ages 6-12) Oct. 1 at 4:15 p.m.

Blossoming Youth Yoga (ages 5-12 and caregivers) Oct 6. and 20 at 5:30 p.m.

Pumpkin Tea Lights (ages 5-12) Oct. 8 at 4:15 p.m.

Music and Movement (ages 0-6)

Oct. 9 and 23 at 11 a.m.

Sensory Play (3+ years) Oct. 11 at 12:30 p.m. and Oct. 21 at 11 a.m.

Design-a-Pumpkin (ages 5-12) Oct. 15 at 4:15 p.m.

Virtual Fortnite Tournament: Solos/Fortnite OG (ages 8+) Oct. 16 at 6 p.m.

Family Candy Bar Bingo: Halloween (ages 6+) Oct. 16 at 6 p.m.

Lego Challenge Build (ages 5-10) Oct. 18 and Oct. 28 at 4 p.m.

Sound Minds, Sound Bodies (ages 0+) Oct. 20 at 11 a.m.

Henna by Jen! (ages 10+) Oct. 20 at 6 p.m.

Celestial Windchimes (ages 7-12) Oct. 22 at 4:15 p.m.

Science with Amanda: Sea Otters (ages 6-12) Oct. 23 at 5:30 p.m.

Raptors in the Real World: Nature’s Rodent Control (ages 5+) Oct. 27 at 6 p.m.

Storytimes (registration required):

Baby Storytime (0-2 years) Oct. 6 and 27 at 11 a.m.

Toddler/Preschool Storytime (2-4 years) Oct. 16 and 22 at 11 a.m.

Baby Bumble (Socialization playgroup, 0-2 years) Oct. 7 at 11 a.m.

Toddler Tumble (Socialization playgroup, 2-5 years) Oct. 14 at 11 a.m.

Drop-In Programs:

Crafty Wednesdays - Wednesday mornings and afternoons

FRED the FOOT GUY

Call Fred Gibson • **Foot Care Nurse**

508-844-7534

Providing in-home Senior Toenail and Foot Care Services for 13+ years. Trust your feet to Fred!

Fully Insured / Flexible Schedule

Worcester Area’s Largest and Oldest Window & Siding Dealer

30 Auburn St., Auburn, MA 01501
508-832-5931

CAPITOL SIDING CO., INC.

Honest Sales, Superior Workmanship and Service.

Vinyl Siding • Seamless Gutters • Doors Replacement Windows • Roofing

Celebrating over 70 years in Business

Capitol Siding Company has been in business for over 70 years with over 23,000 satisfied customers. Our customers can expect consistent product quality and skillful performance from our sales staff and trained professional installers. We deliver service and value.

FREE ESTIMATES • FULLY INSURED

Offer Lifetime warranty on our siding, window and roofing products.

Check us out on the web: www.capitolsiding.com

Wreaths Across America for the Holidays

The non-profit “Wreaths Across America” has big goals for this year. Each year, the organization raises more money and places more balsam wreaths on veterans’ graves nationwide than previously. This year, the Deborah Wheelock Chapter, Daughters of the Revolution, is adding to the number of

wreaths decorating the graves of veterans in both Prospect Hill and St. Mary Cemeteries. It is a beautiful way to remember and honor all fallen heroes, a beloved family member, or friend.

Community volunteers will gather on December 13 to place wreaths on more than two million

veterans graves at local, national or military cemeteries as well as Veterans’ Memorials and historical sites across the country.

Wreath laying is a family affair and a wonderful way to teach young people appreciation for the sacrifices made by others for them. For information on volunteering, contact wreathscrossamerica.org

The Deborah Wheelock Chapter DAR, has a goal of 100 wreaths to honor veterans buried in Uxbridge cemeteries. To sponsor a wreath for Uxbridge or elsewhere, order at wreathscrossamerica.org/MAP0190P. Your tax deductible donation of \$17 is twice appreciated, because \$5 will be ‘rebated’ to the Chapter for each wreath purchased. All accrued rebates will be earmarked to support other local veterans’ needs. The deadline for delivery in the New England region is December 1.

QUALITY BUILDING MATERIALS

FOR ALL YOUR NEW CONSTRUCTION AND REMODELING NEEDS

PROFESSIONAL SERVICE • FREE DELIVERY • ESTIMATING

Lumber & Plywood • Windows • Doors • Millwork • Roofing • Insulation • Decking • Rail Systems • Siding • Hardwood • Fasteners • and Much More!

C S LUMBER CO., INC.

Family Owned And Operated Since 1952

124 Main St., Millbury
cslumberco.com • 508-865-4822
Mon.-Fri. 7:30am-3pm • Sat. 7:30am-noon

VISIT US FOR YOUR NEXT PROJECT!
HOMEOWNERS WELCOME!

TALES FROM BEYOND

tomdagostino.com

Some “Other” Witches of New England

BY THOMAS D'AGOSTINO

New England, notably, Salem, Massachusetts is known for its witchcraft dilemmas. Connecticut held witch trials and executions as early as 1647 when Else (Alice) Young was hanged at the gallows for witchcraft on May 26 of that year. This took place forty-five years before the Salem witch trials. There are many accounts of witches in the pages of New England history books. Presented here are a few of the lesser known witch accounts of the region.

This excerpt is from Henry Nourse's History of the Town of Harvard Massachusetts, 1731-1893.

“Throughout that century and even to within the memory of the living, from time to time in Harvard individuals otherwise sober-minded have declared themselves the victims of witchcraft; usually charging their mishaps to the evil eye or magic arts of some forlorn old crone. For instance, the later years of Moses Tyler and Daniel Willard, it is said, were greatly embittered by their believing themselves afflicted by witches; and good dame Knight, when she had ill success in butter-making, never blamed her own lack of skill, but inveighed against her neighbor Goody Pollard for bewitching the cream. She declared that she one day struck with the peel a great, black spider which ran out from the churn, but, though seriously crippled, it got away up the chimney; and the next day she found out that it was a witch she had hurt, and who it was, for Goody Pollard had to send for the doctor, having been badly lamed, as she alleged, by falling downstairs.”

Like many of the original churches in early New England, the first meeting house in Simsbury, Connecticut served as both church and town hall. The original site of the building was at the foot of a hill near the old cemetery. This story takes place between 1690 and 1710 and concerns the alleged witch of Simsbury, Debby Griffen.

Debby was a recluse for the most part. She was tall with piercing eyes and a most unfriendly demeanor. She spent much of her time in the woods around her small cottage gathering herbs or mushrooms and berries. The only time she found herself in the public eye was

when she wandered into the village for provisions. The townsfolk shied away from her lonely cabin in the woods, for it was there that black cats with arrogant yellow eyes pranced about, or massive gray ganders squawked at those who had no choice but to traverse past her home. There was one story that circulated about the town concerning two militia men returning from training. As they

cautiously passed Debby's house they were startled by a clamor. Looking up, they saw Debby flying away on one her giant ganders.

On a sunny April Sunday morning, Deacon Eleazer Hill inserted the key into the lock of the church but then something strange transpired; a small bird that had followed him to the meeting house chirped, “you'll

find trouble, you'll find trouble.” The deacon swung the heavy wooden door open and to his horror, discovered the wooden chest holding the alter ornaments had been broken into.

A quick inventory revealed the only item stolen was the silver drinking chalice but that was more than enough for the congregation to bear. They assembled and narrowed down

the suspects to only one person, Debby Griffen. It was thought she may return for a second helping the next night.

As the sun set, several villagers took positions around the church. When darkness had completely enveloped the land,

WITCHES
continued on page 17



Halloween Trick or Treat !!

Free Friday October 24th, 2025 Free

At the **Lydia Taft House**

6:00pm – 8:00pm

Located at



60 Quaker Hwy (Rt. 146a)
Uxbridge, MA



Please RSVP to Paulette

(508)278-9500 ext 10



www.rehabassociates.com/lydiataft

SPORTS

Field Hockey is Her Escape

BY CHRISTOPHER TREMBLAY,
STAFF SPORTS WRITER

Over the last year field hockey has become a way for Kalianna Charleston-Lopez to

escape from the world and all of its problems, but it hasn't always been that way. The now junior at Douglas High School was first introduced to the sport of field hockey in seventh grade at St.

Peter's in Worcester when she was peer pressured into joining the team. The Worcester school didn't have enough players to field a team in the beginning so the girls that were on the team went out and recruited players.

The next year Charleston-Lopez continued playing field hockey for Notre Dame Academy, also in Worcester where she would play left defensive back for the squad.

"In the beginning I was not sure about the positions and really didn't know anything about the sport so I went wherever they put me," she said. "I have grown into liking the position as I am there to help take the pressure off the goalie."

The next year, while still at Notre Dame Academy, her interest in field hockey waned as the freshman found herself dealing with other things in her life, so she took a few years off from the sport.

In her junior year, Kalianna's family moved from Worcester to Webster, where she opted to attend Douglas High School for its academic opportunities through the School Choice program. Once she got acclimated to Douglas High



School, she wanted to become active.

"I didn't even know that the school had field hockey until one day I was looking at some options the school had and noticed a field hockey co-op with Oxford (High

School) and decided to give it another try," Charleston-Lopez said.

Not having gone through a tryout process her first time around, the



**Major League
Roast Beef
and wings**

503 Washington St.
Auburn, MA
508-832-4300
508-832-2990
Open Mon.-Sat. 10am-9pm

- Subs • Wraps • Wings • Salads
- Burgers • Kid's Menu
- Seafood • Whole Lot More



**FALL FOOTBALL
WINGS SPECIALS!!**



**\$5 OFF
Suicide
Squeeze**
(Good until the
Big Game)

**\$7 OFF
Yankee
Hater**
(Good until the
Big Game)

**\$10 OFF
Wild
Pitch**
(Good until the
Big Game)

**\$15 OFF
The
Closer**
(Good until the
Big Game)

SPORTS

continued on page 17

UXBRIDGE Orthopedic & Sports Therapy

Exceptional Outpatient Rehabilitation



***We've added New Therapists to our Team !!**

*** Now Accepting New Patients**

For Exceptional Outpatient Post-Surgical Rehabilitation Therapy.

Located at 60 Quaker Hwy (RT 146A) Uxbridge, MA 01569

www.rehabassociates.com/uxbridgeorthopedic

(508) 278-7810



Blackstone Valley Crop Hunger Walk

The Blackstone Valley Crop Hunger Walk will be held on Saturday, October 25. The walk will start at 9 a.m. at the Village Congregational Church in Whitinsville. Registration will take place at 8:30 a.m. For more information, contact Barbara Fortin at 508-234-2137.



WITCHES

continued from page 15

the men spied a figure slowly moving down the hill past the cemetery leading to the church. As the figure grew near, they immediately recognized it as Debby Griffen. She approached the door but did not attempt to open it, instead she turned into a vaporous mist and disappeared through the keyhole.

Moments later she reappeared with one of the silver communion plates. The group stealthily followed her to the area of Three Corner Pond. There the witch paused for a few moments. This

gave one of the pursuers enough time to raise his musket and fire at the woman.

His aim was true and Debby Griffen was hit by the musket ball, but before she fell, she screamed a curse, held the silver platter in the air and jumped into the pond, never to be seen again. Subsequent searches of the water

proved fruitless in finding the old hag or the plate. It is reported to this day that sometimes, when the moon is full one can look into the water where Debby met her end and see the glimmer of what resembles a silver plate reflecting the moon's rays into the night sky.

Happy Hallowe'en

SPORTS

continued from page 16

junior found herself really nervous as it had been a while since she last played the sport and not really knowing anyone from Oxford she found it really intimidating.

Luckily, she made the team and soon found herself playing right back defense for the Pirates, but things were not as she remembered them when she was in eighth grade.

"The high school team was so much more skilled and despite my lack of skills, the team made it really easy on me and took me in," Charleston-Lopez said. "It was totally different, but my skills started to improve because of the level of the game that I was playing. I honestly felt a connection to the team and although it was a different school, they didn't see me as an outsider."

While Charleston-Lopez may have found the transition rough, her new coach thought she fit right in.

"She came to us taking some time off and was apprehensive at first, but how well she blended in, her willingness to learn and be coached was phenomenal," Oxford head coach Dana Peloso said. "She's always looking to improve her skills and asking questions while being receptive to the answers."

Peloso went on to say that Charleston-Lopez was communicating with him early on and possessed a college mentality asking

what type of work she could do prior to the season beginning.

Not only was Charleston-Lopez an outsider to the Oxford team, but she was also the only athlete from Douglas to play on the squad and that at times made it rough getting from school to practice.

"I'd get picked up by the bus at Douglas and brought to Webster where I'd have to get a ride to Oxford, while I changed in the car on the drive," she said. "It was a challenge and I felt guilty because they had pushed back the practice time because of me. It was always stressful the ride over there, but once I got onto the field everything went away."

Prior to beginning the current season, the junior defender was just hoping that she could improve her game throughout the year to help her team. She firmly believes that this Pirates team has a lot of potential and would like to be able to help them.

"Currently it has been the best start in six or seven years according to the coach," she said. "I feel that we can win our division and I want to not only focus on getting better while playing my best to help this team be successful."

Although she still has almost an entire season to play as a junior, Charleston-Lopez is planning on joining a winter team and doing some conditioning during the offseason.

"I've really become passionate about the sport and this team is amazing; field hockey has become my escape and while I am on the

field nothing else matters except field hockey," she said. "I've realized how much I have improved in such a short time with these girls."

Following high school she would like to continue her field hockey playing on the collegiate level but is unsure if that will be possible with her current skill set. Charleston-Lopez has already seen her skills rise while playing with the Oxford team in a few short weeks; with another two years to go she should have no problem of taking her game to another level and playing college field hockey.

Crystal Clear Window Cleaning
Residential - Commercial - Professional
Spencer, MA

Sean McGrail
(774)-633-4309
Seanmcgrail21@aol.com

GIFTS GALORE!!
JEWELRY REPAIR & DESIGN

LuLu's
GEMS • JEWELRY • CRYSTALS • GIFTS
NEW LOCATION!
MANCHAUG MILLS
9 MAIN STREET, SUITE 2-B1
SUTTON, MA
@LULUSGEMSGIFTS

BLACK FRIDAY DEALS!!

Primitive Goods

146 Mendon Street
Uxbridge, MA
(508) 779-0419

- Home & Garden
- Primitives & Country
 - Antiques
 - Village Paint
- Candles • Handmades
- Upholstered Furniture

We have something for everyone!
Hours: Thurs.-Sun. 10 a.m.-5 p.m.

HOLIDAY CELEBRATION
Thursday.-Sunday
Nov. 6 thru Nov. 9
Pick a card from our tree for great savings!!
Spin the Wheel at our Small Business Saturday!!

Jeff Inman
GENERAL CONTRACTOR

Handyman Services to
Landscaping / Snow Plowing
New Construction & Additions
Gravel Driveways, Remodeling

Licensed General Contractor • Fully Insured
(774) 772-9599
jeff@JBInmanConstruction.com

J.B. INMAN CONSTRUCTION

DOUGLAS, MA
CSL #CSFA-106551 / HIC #198675

JBInmanConstruction.com

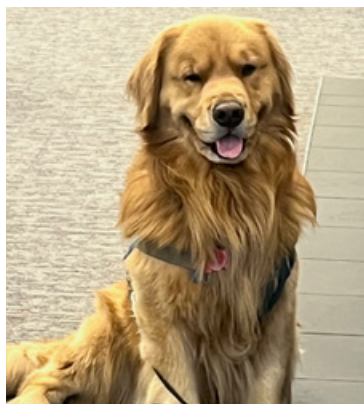
PawSteps Veterinary Center

18 GRANITE STREET
WHITINSVILLE, MA 01588
508-234-9987
info@pawstepsvet.com

Offering...

- Dogs, Cats, Small Pets & Select Exotics
- Wellness & Preventive Care
- In-House Lab & Diagnostics
- Medical, Surgical & Dental Services
- Pain Management, Acupuncture & Laser Therapy
- End-of-Life & Compassion Services with limited Home Care for existing patients
- Visiting Specialists for Ultrasonography, Endoscopy & Cardiology

Monday-Thursday: 8am-6pm
Friday: 9am-5pm
Closed Saturday & Sunday



AMY PALUMBO-LECLAIRE

Luke has a charmed life—plush beds, a soft lawn, and slices of salmon. He's living the dream, though he doesn't know it. Doesn't every dog wake to the sound of chirping birds? To the jingle of kibbles?

"GOOD MORNING, MOM!!"

He does his morning duty, then gallops back inside, grinning

LIVING WITH LUKE

amyleclaire@hotmail.com

Luke's To Do List

wide. "Breakfast time!" He sits tall while I prepare his meal: a bowl of Science Diet kibbles—chicken or beef. The same dish, twice a day, still sparks the same boundless joy. A dimple creases the corner of his mouth, forming an adorable question mark. Sometimes I want to stop mid-task just to kiss him.

"Luke, you are so cute!"

He squirms with impatience. "I know, but hurry!"

To make his breakfast special, I pour warm bone broth over the kibble and stir. "Mummy is so proud." He ignores my chatter; eyes locked on the bowl. He watches me drizzle broth with the scrutiny

of a wine connoisseur. When I finally set it down, he lunges into his feast—tail wagging in overdrive. Lamb kibbles again! One more bite. One more lick. Scrape the bowl clean. Done. Thank you, Momma!

Then he freezes. Time to bring a gift.

A retriever at heart, Luke noses through his toy box, pulls out his stuffed elephant, and prances back. The trunk bounces like a pipe as he tap-dances around the kitchen. Let's play elephant today!

"Do you have Elefante, Luke?" I add a little Spanish for fun. He loves to tease, brushing close but





Grooming
Daycare
Boarding

154 Riverlin St.
Millbury, MA 01527
BarkNBubblesMillbury.com
508-865-8155

Bark - N - Bubblessm

BEST
OF CENTRAL MASS
2024



Gibson's
Natural Pet
Resort

Lodging ~ Daycare ~ Grooming
Training ~ Pet Supplies

139 Upton St. (Rt. 140),
Grafton, Ma 01519
Phone: 508-839-1757
Fax: 508-839-1736

Hours:
Mon.-Thurs. 6:30am to 6pm
Fri. 9:30am-4pm Closed for lunch 12-1pm
Sat. 8am to noon Sun. 5pm to 6pm only



Grafton@GibsonsNaturalPet.com
www.GibsonsNaturalPet.com



whisking the toy away with a flick of his head whenever I reach. "Can Mummy have a turn?"

He freezes with understanding.

"Boo Hoo Hoo," I fake cry and turn my knuckles to the beat of fake tears. Puzzled, Luke stares at me. Who ate Mom? Then he trots off with Elefante and plops onto his bed.

Our mornings unfold in dialogue—about what I must do, and what he must do.

"Mummy has to go for a ride today, Luke."

He tilts his boxy head, as if to say: I would love to go for a ride. My mind connects impossible dots (especially on hot days) to bring him to work with me. Even with windows open, a dog cannot regulate body temperature and cool down in a car as we can. One time I left him for a very short period in his travel crate. When I rushed back and popped the trunk, he popped his head out of the sunroof with bedhead and a panting smile that said—it was kind of clammy in here. Please remember that I can't sweat the way people can. But I'm over it, Momma! I still love and forgive you. Let's go for a walk now.

Luke is so pure and innocent. He always sees the good in me. It's what dogs do. I think about the difference between our agendas. His: breakfast, bone chewing, shrub sniffing, napping, socializing, one more nap, walking. Mine: teaching, errands, deadlines, housework, appointments.

While I chase lists, Luke chases joy. And maybe—just maybe—he's got the better plan.

Wake up grateful. Eat with gusto. Bring a gift. Play elephant. Nap like it's your job. Forgive each other. Repeat tomorrow.

Luke's To-Do List:

1. Wake up wagging.
2. Kiss Mom with my eyeballs.
3. Eat kibbles like a champion.
4. Deliver elephant. (Important.)
5. Nap aggressively.
6. Forgive freely.
7. Repeat steps 1–6 forever.

I feel like I'm onto him.

Write to Amy at amyleclaire@hotmail.com

Follow Luke on IG @livingwith-lukevalentino

REAL ESTATE

3 Reasons Affordability is Signs of Improvement This Fall

For the past couple of years, it's been tough for a lot of homebuyers to make the numbers work. Home prices shot up. Mortgage rates, too, and a number of people stopped looking because it just didn't feel possible. Maybe you were one of them!

But there's some encouraging news. If you've been waiting for a better time to jump back in, affordability may finally be showing signs of improvement this fall.

The latest data shows the typical monthly mortgage payment has been coming down, and is now about \$290 lower than it was just a few months ago, and here's why this is happening. The cost of buying a home really comes down to three things: mortgage rates, home prices and your wages. Right now, all three are finally moving in a better direction for you. While that

doesn't mean it's suddenly easy to buy at today's rates and prices, but it does mean it's not as challenging.

Mortgage Rates. Mortgage rates have come down compared to earlier this year. In May, they were roughly 7 percent and now, they're closer to 6.3 percent! That may not sound like a big deal, but it does matter. Even small changes in rates can make a difference in your monthly payment. Compared to when rates were 7 percent, if you take out an average \$400K mortgage now at 6.3 percent, it'll cost about \$190 less a month based on just rates alone and for some people, that's been enough to make buying a home possible again. Lenders have explained it this way: The downward rate movement spurred the strongest week of borrower demand since 2022. Mortgage applications increased to the highest level since July and continued to run more than 20 percent ahead of last year's pace.

Home Prices. After several years of prices rising very rapidly, price growth has finally slowed. Economists have said: National home price growth remains positive, but muted, low single digits and we expect this trend to continue in the second half of the year. For buyers,

that's actually a big relief. That moderation makes it easier to plan your budget and in some markets, prices have even dipped slightly. If you're in one of the markets, you may be able to find something that's more affordable than you'd expect.

Wages. According to the Bureau of Labor Statistics (BLS), wages are up near 4 percent annually. It's been stated: wage growth is now comfortably outpacing home price growth, and buyers have more choices. In other words, the typical paycheck is rising faster than home prices right now, which helps make buying a little more affordable. Now, it's not a big difference, but in a market like this, every bit counts.

What this means for you is lower rates, slower price growth, and stronger wages might be enough to make the numbers finally work for you this fall. While affordability is still tight, it's a little easier on your wallet to buy now than it was just a few months ago. Remember, data shows the typical monthly mortgage payment is already around \$290 lower than it was earlier this year.

Have you been wondering if it's worth taking another look at buying? Contact a member of The

Marzeotti Group or another Real Estate Professional to re-run the numbers. Together you can go over your budget, see what's changed,

and figure out if this fall is the time to turn window-shopping owning something of your own!



BY MARK MARZEOTTI



Mark Marzeotti
REALTOR®

Marzeotti Group
Mark.Marzeotti@LamacchiaRealty.com
(617) 519-1871
www.MarzeottiGroup.net

945 W Boylston Street
Worcester, MA 01606



Local Mortgage Lending. Trusted Guidance.

Whether you're buying your next home, building your dream house, or refinancing, UniBank's local mortgage lenders are here to help.

We'll put our expertise to work for you – offering personalized guidance and making the mortgage process feel a little less overwhelming and a lot more approachable. From your first home to your forever home – we're here to help.

Let's Connect!

Visit unibank.mymortgage-online.com or scan the QR code to connect with one of our trusted lenders today.



UNIBANK

Connecting all offices: 1.800.578.4270
www.unibank.com



Member FDIC - NMLS #583135 *Homeowners insurance required. Subject to credit approval. Other terms, fees, and conditions may apply.

Grant Applications Open in Northbridge

The Northbridge Cultural Council is now accepting grant applications from local artists, performers, schools and nonprofit organizations. The Local Cultural Council (LCC) Program of the statewide Mass. Cultural Council enriches the cultural life of all cities and towns in the state. Led by municipally appointed volunteers, LCC's will award more than \$5.7 million in FY 26, supporting some 6000 cultural programs in the arts, humanities and sciences for public benefit and community engagement. The Northbridge Cultural Council provides support for a wide range

of activities, including field trips, lectures, festivals, performance and educational experiences. The NCC conducts annual surveys to gather information regarding the community's interests. This information assists in awarding the grants. The annual survey is available on the town of North-

bridge website. All applicants must submit their completed applications by the statewide deadline of October 16.

If you have questions regarding the process or the town's funding priorities, email: Northbridgeculturalcouncil@gmail.com



We offer quality care for your pet in a friendly, family-oriented atmosphere.



JOCELYN COWAN, DVM
DEBORAH VEO, DVM
ALI O'HAGAN, DVM
CAITLIN MCHUGH, DVM
JESS MACHO, DVM

Preventative Medicine, Surgery, Dentistry, In-House Laboratory, Digital Radiography, Acupuncture, Chiropractic and Laser Therapy for Dogs and Cats.
Ultrasound & Surgical Specialists Available for Consultation.
Specialty Services available as well as night and weekend appointments.

510 Hartford Ave W, Uxbridge, MA 01569
P. 508.278.5869 | F. 508.278.9384 | info@uxbridgeanimalhospital.com
WWW.UXBRIDGEANIMALHOSPITAL.COM

Contact Bill at 774-289-5564 or by email at bcronan@theyankeexpress.com to advertise today!

THE CAR DOCTOR

jpaul@aanortheast.com

Failing Turn Signal Could Be a Wiring Problem

Q. I have a 2025 Cadillac Lyriq with 2500 miles and a chronic problem with the left turn signal. The signal will intermittently fail. I got an error message to check the taillight bulb. I've had the car to the dealer twice. The first time they rebooted the software with no success. They then replaced the taillight assembly, and this corrected the problem for about a month. The second time the taillight failed I brought the car in for service and the service manager saw the taillight was not

working. However, when they restarted the car to bring it into the service bay the taillight was working fine. GM stated that this is not a known issue, and there are no recalls. I do know that if I turn the car off and let it sit for a while the problem does resolve itself. This is becoming a major concern and annoyance, any thoughts?

A. Since replacing the tail lamp assembly fixed the issue for a while, it seems like it could be related to

a wiring problem. I did see one technical service bulletin that mentioned a harness retainer clip that could allow the wiring to rub on an axle. As a side note, the all-electric Lyriq has a long list of technical service bulletins (and I don't see them all) and many are software related. At this point I would try to document the failure as much as possible and see if the dealer can get a Cadillac field engineer out to investigate the issue.

Q. I know you are a safety guy, and I believe you got an award from NHTSA for your efforts. What are your thoughts about electric scooters? I see people buzzing around on them all the time. My college student, who can't have a car yet wants one to use in and around her campus.

A. E-Scooters are considered micromobility devices and certainly have their place. Recently I have been

riding a Kaabo Urban e-scooter and although I have ridden bikes both electric and manual, gas scooters and motorcycles, at first I found the E-scooter a little terrifying. Now that I have practiced a bit, it is a fun way to get around. The Kaabo scooter is well made has decent performance, very good brakes and suspension. Required or not I would recommend a helmet and other safety gear. I would also not modify the speed, 15 miles per hour is plenty fast. And like all vehicles, never ride impaired or distracted.

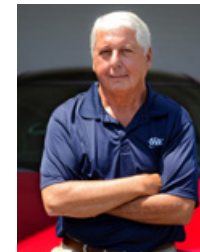
Q. Walmart has full synthetic and advanced full synthetic motor oil. The advanced is 66 more cents. Is it worth it?

A. The Walmart Advance synthetic oil looks like it is designed for extended oil changes. The difference between the SuperTech Synthetic and Advanced Synthetic oil is likely the additive package which may allow longer intervals between oil changes. Although any advanced synthetic oil may offer better protection against wear, I do not believe in extended oil changes unless the oil is analyzed on a regular basis. You could certainly use this advanced synthetic oil but replace the oil and filter at the manufacturer's recommended interval.

Q. While doing other repairs on my 2005 Jeep Grand Cherokee, my mechanic noticed a minor leak from the transfer case. First, he said he added some 'stop leak' fluid to the unit. At pick up he said he 'temporarily disconnected the 4-wheel drive' till we replace or rebuild the unit! It is not leaking and drives fine for now. It has been only in my family, always

well maintained and well-kept since brand new. I know it is old, but my adult son exclusively drives it and can't afford to buy another vehicle now.

A. If the fluid level is full and not leaking, I would hook up whatever your mechanic



BY JOHN PAUL

disconnected. The shop may have removed a fuse or even the front driveshaft. The sealer may have swelled the seals and stopped the leaks, certainly a stop gap repair, but at 20 years old it may be a good enough solution.

Q. My 2009 VW Jetta Sportwagen remote recently stopped beeping when I lock my doors. The battery is new. I like the idea of hearing this sound to confirm the doors are locked. Is there a way to retrieve the beeping sound when locking? I don't have the car owner's manual, and the dealer was not much help.

A. The first thing to do is make sure the horn works. Then if there is a menu, look for ATA settings. This is the notifications which chirp or flash. Some VWs have this menu, others do not. Here is a link to an owner's manual: vwmanual.net The manual is over 400 pages, go to page 235. It explains resynchronizing the remote and finding the settings.

U-KNIGHTED
AUTO & TRUCK REPAIR
 We are the "Give me a BRAKE... I'm EXHAUSTED Repair Shop"
 45 East Hartford Ave., Uxbridge
508-526-3169 **FREE Brake Inspection with every Oil Change**
Custom Exhaust & Brake Experts
 • Engines • Transmissions • Tires • Oil Changes
 • Brakes • Converters • Welding & Fabrication Services
 Same day service on most repairs

Bloem's Auto Repair
 Diagnostics • Tires • Brakes • Batteries • Oil Changes • Tune-Ups
Quality Pre-Owned Vehicles Now Available!
WE DO IT ALL
Total Car Care!
 194 N. Main St.
 Uxbridge, MA 01569
 508-278-4302

ROY'S AUTO GLASS
COMPLETE AUTO GLASS SPECIALISTS
 • Chip & Crack Repair
 • Windshield Replacement
 • FREE Mobile Service
MOBILE AUTO GLASS SPECIALIST
 Insurance Company Preferred Shop.
 • Certified technicians to your location
 • Foreign & domestic auto, truck, bus, motor home, windows & sunroofs
 • Construction equipment, heavy duty vehicles
 • Fabrication of flat glass
 • Vehicles equipped with convertible or vinyl roof
 • In-shop service • Free mobile service
 • Saturday service
 • Free pick-up and delivery within a 10 mile radius
 • Quality workmanship guaranteed
 • Customer safety and satisfaction is our first priority
 • Servicing customers for over 25 years
 201 W. Main Street, Dudley, MA 01571
 800-479-7697 • 508-949-1327
 Monday-Friday 8am to 5pm • Saturday 8am to 12pm
 Visit Us at roysautoglass.net

KEARNS
COLLISION Repair
 FREE ESTIMATES • QUALITY SERVICE
 1734 Providence Rd., Northbridge, MA • 508-234-5211
 Thomas F. Colonair Jr.
 www.kearnscollision.com

Voices and Votes Rolls On with Farm Girl on the Front Lines: Deborah Sampson's Secret!

Latest installment of Museum on Main Street exhibit happening October 15 at E.N. Jencks Store Museum in Douglas

In honor of the 250th-anniversary-year of the "shot heard 'round the world" the Douglas Historical Society will host a portrayal of the amazing true story of Deborah Sampson on Wednesday, October 15. A Massachusetts native, Deborah Sampson is the only woman known to have disguised herself as a man in order to serve as a soldier in the Continental Army during the American Revolution, all without getting caught. Meet the Massachusetts woman who managed to hoodwink George Washington's army!

The Deborah Sampson portrayal will run from 7-8 p.m. at the E.N. Jencks Store Museum at 283 Main St. Douglas, MA. Learn about close calls, mountainous obstacles, and head-scratching conundrums this poor farm girl faced while putting her life on the line in the fight for liberty. Without support from family or friends, she risked humiliation and imprisonment to help free the colonies from English rule.

This portrayal of Sampson will offer a behind-the-scenes look at this principled, dangerous deception and the character of the

humble rebel who pulled it off. Janet Parnes of Historical Portrayals by Lady J, will portray Deborah Sampson. Ms. Parnes



takes America's heroines out of history's dusty archives and brings them to life. (www.women-history.com).

Farm Girl on the Front Lines: Deborah Sampson's Secret! is one of the programs the Douglas Historical Society is offering as part of its Smithsonian Museum on Main Street Exhibit. The Exhibit is

designed to generate conversations about life in small-town America as well as the pillars of American democracy that have supported the nation since Revolutionary times

This program is supported in part by a grant from the Douglas Cultural Council, a local agency which is supported by the Mass Cultural Council, a state agency.

ADVANCED GUTTER SYSTEMS, INC.
 • Carpentry • Siding Repairs
 • Aluminum Seamless Gutters • Ice Dam Removal
 • Copper Gutters • Gutter Guard • Roof Snow Shoveling
 Installations • Repairs • Cleaning
 • Replacement Windows
 • House Cleanouts
 • Handyman Services
(508) 278-2202
 FULLY INSURED • FREE ESTIMATES • RESIDENTIAL & COMMERCIAL
 www.gutters-downspouts.com
 BBB
 MASS. REG #128580
 CSL #104402

IN-GEAR
 TRANSMISSION SPECIALISTS
 & AUTOMOTIVE SERVICES
 (508) 476-3926
 Specializing in **Transmissions**
 Classic Car Service and Repair
 151 Davis St., Douglas MA
 (508) 476-3926
 Located 1.5 miles off of Route 146 exit 6 on Route 16 in Douglas

- Brakes
- Tires
- Shocks
- Exhaust
- Alignments
- Tune-Ups
- All General
- Repairs

Join us Wednesdays for MUSICAL BINGO!

Quaker Tavern
 466 Quaker Highway • Rte. 146A Uxbridge, MA

TUESDAYS TRIVIA NIGHT
 in the Lounge
 Reservations Recommended

WEDNESDAYS WINE SPECIAL
 Any Bottle of Wine
1/2 PRICE
 with any entrée (dine-in only)

THURSDAYS BURGERS & BEERS
 (dine-in only)

FALL COCKTAILS & DESSERTS NOW AVAILABLE!!

Patios Open
 weather permitting

KENO (508) 779-0901 • Tues.-Sat. 12-9pm **THELOTTERY**

Nicolopoulos Plumbing and Heating, Inc.
 5 Harback Road
 Sutton, MA 01590
 508-865-3713

RESIDENTIAL - COMMERCIAL

- Heating Repairs & Installations
- Plumbing Repairs & Replacements
- HVAC Repairs & Replacements
- Remodels • Drain Cleaning

NOW SERVICING OIL SYSTEMS!!

- 24 Hour Emergency Service -

NO JOB TOO SMALL

www.nicolopoulosplumbingandheating.com Lic. #MPL 15663

Proudly Serving Worcester County for 4 Generations!

Crothers Tire Co. Inc.
 Whitinsville, MA

110 Linwood Ave
 Whitinsville, MA
 (508) 234-9442

HOURS
 Mon.-Fri. 7am to 5pm;
 Sat. 7am-Noon;
 Closed Sundays

NEW EXPANSION OF 7 SERVICE BAYS!!!

- All Major Tire Brands
- Diagnostics
- AC Recharge
- Scheduled Maintenance Programs
- Full Automotive Repairs
- 4-Wheel Alignment
- Timing Belts
- Diesel Repair

DISCOVER MasterCard VISA

WWW.CROTHERSTIRE.COM



NOTE: Community bulletin board-type items are welcome for inclusion in the *Happenings!* section of the Xpress newspapers. Please allow enough lead time for publication. Email your calendar or event notice to news@theyankeeexpress.com.

SATURDAY, OCTOBER 11

Halloween Harvest Festival at Douglas Orchard and Farm, 36 Locust Street, Douglas from 10 a.m.-3 p.m. Get ready for a tail-wagging, treat-filled Halloween Festival

with our amazing partners, Dog Orphans. Bring your pups dressed in their spookiest, silliest, or most creative Halloween costumes for our paws-itively adorable Dog Costume Parade Contest—winners will be announced with fang-tastic prizes. Kids can join the spooky scavenger hunt around the farm and grab their treat bags full of goodies. Don't forget to come in your Halloween best, because it's costumes galore for everyone! Plus, enjoy magical performances by the Witches of Sutton and the talented Dance Sensation children's dance troupe. It's going to be frightfully fun for the whole family!

THURSDAY, OCTOBER 16

The Blackstone Valley Chamber of Commerce (BVCC) announces its upcoming Business After Hours networking event, hosted by Fidelity Bank in Millbury. The event will take place on from 5:30 - 7:30

p.m. at Fidelity Bank's Armory Village branch, located at 16 South Main Street, Millbury. It's free to attend!
 • The Friends of the Auburn Public Library host Robert Stacy, historian at the Museum of Worcester who will give a presentation on "The Lives of Worcester Workers 1830-Present from 6:30-8 p.m. at the Pakachoag Center, 203 Pakachoag Street, Auburn. The doors open at 6 p.m. Admission is \$15. Payment by cash, check or PayPal. The event is a fundraiser for the Friends. Kindly pre-register at Friends@aurnnplibrary@gmail.com

SATURDAY, OCTOBER 18

Auburn Homecoming and Fall Festival from 9 a.m. - 3 p.m. Join us for a wonderful celebration of our Fall Festival and Homecoming at Auburn High School, 99 Auburn Street, Auburn. Enjoy sports games, a live band, a truck load of pumpkins to decorate,

with food trucks, ice cream trucks, wonderful artisans and awareness groups.

- A Meat Raffle will be held by the Millbury Lions Club, 2 p.m. - 5 p.m., St. Charles Hotel, 126 West Main St, Millbury. Early bird tickets at 1:30 p.m. Funds will help the Millbury High School Boys Varsity Basketball Team.
- The First Congregational Church of Dudley, 135 Center Road, is holding a Turkey Supper with seatings at 4:30 and 6 p.m. The menu includes turkey, stuffing, mashed potato, turnip, squash, gravy, cranberry sauce, bread and butter, golden gingerbread and tea. Tickets are \$18 each for ages 13 and up, \$10 for ages 6-12 years. Kids 5 and under are free. For reservations, call 508-943-7320 and leave your name, phone number, time of seating and number of guests in your party.
- St. Peter's Parish in Northbridge is having a Haddock Dinner at 5:30 p.m. in the parish hall. Bring your family and friends for a wonderful meal and meet some new friends. Tickets are \$17 per dinner and include salad and dessert. To go meals will be available for pick up at 5 p.m. All orders must be purchased in advance by Tuesday, October 14. Please call the parish office at 508-234-2156 or email parishoffice@stpeterrockdale.org to order your meals or if you have any questions.

SATURDAY, OCTOBER 18 AND SUNDAY, OCTOBER 19

45th Annual Waters Farm Days 53 Waters Farm Road, West Sutton. 10 a.m. - 4 p.m. Antique tractor and Doodlebug show, animal exhibition, 4H animals, craft vendors, tractor pull, car show, food vendors, barrel train, kids' bouncy houses, robotics club, police/fireman meet and greet, blacksmith and shingle making demonstration, pottery demonstration, peddler shop, tractor-pulled hay rides, apple crisp, and circa 1757 farm house tours.

- Fall Festival in Nelson Park, North Grafton, 6 Prentice Street from 11 a.m. - 2 p.m. There will be music, inflatables, food trucks, and local businesses joining in on the fun! FREE!! Music, food, games and more! Decorate a pumpkin and build a scarecrow while supplies last. Presented by Coral Care & Country Bank.
- The New England Country Music Club will host "The Rhode Island Rednecks" at the Progressive Club, 18 Whitin Street, Uxbridge, Doors open at 12:15 p.m. Music from 1-5 p.m.
- Join Oxford Ecumenical Food Shelf Volunteers for the Annual Crop Hunger Walk. Beginning at First Congregational Church, 355 Main Street, Oxford at 1 p.m. Please arrive at 12:30 to sign in. This is an easy 3.5 mile walk through Oxford. A small monetary donation is requested. This year's goal is \$2500 which will help stock the shelves of the Food Shelf, Oxford's community food pantry, in the weeks ahead. Register at crophungerwalk.org or just show up on the 19th. The food pantry is open to Oxford residents for free.
- Uxbridge Youth Soccer League will again host its annual RC Air Show and Vendor Fair from 12 - 4 p.m. at the Sutton Street Field Complex (298 Sutton Street, Uxbridge). Donations are recommended at \$5 per person.

WEDNESDAY, OCTOBER 22

Friendly Trick or Treat from 3 - 4 p.m. at Grafton Municipal Center, 30 Providence Road, Grafton. Hosted by Grafton Rec and sponsored by the Town. The event is designed for ages 5 and under, though all are welcome. Come visit Town Hall and trick or treat at town offices and tables set up by local businesses. Dress up in your costume and collect goodies in a safely lighted and non-scary environment. Start at the Senior Center Gym tent to collect your bag and a map. Face painting available!

THURSDAY, OCTOBER 23

The Sutton Garden Club will host Gretel Anspach, Trustee of Mass Horticulture and a Lifetime Master Gardener of the MA Master Gardener Association, who will talk about cold frames and hoop houses to extend the growing season by as much as 2-4 weeks. These tools let you transition seedlings and from windowsills or greenhouses to the

HAPPENINGS!
continued on page 23

SAMUEL SLATER'S RESTAURANT

WEEKLY SPECIALS

Happy Hour

1/2 PRICE APPS! WEDNESDAYS & THURSDAYS (4PM - 6PM)

BAR SELECTION - \$5 BEER • \$6 WINE • \$7 COCKTAIL

PRIME RIB WEDNESDAYS

12OZ PRIME RIB + TWO SIDES

ONLY \$25

LAKESIDE DINING
200 GORE ROAD, WEBSTER, MA
WWW.SAMUELSLATERS.COM

UPCOMING EVENTS AT SAMUEL SLATER'S HALL

<p>NEW ENGLAND'S PREMIERE COMEDY BAND!</p> <p>WORLD CRAZY</p> <p>OCTOBER 10</p>	<p>A Golden Age of Hollywood Murder Mystery Dinner</p> <p>OCTOBER 11</p>
<p>Santa's ARRRRAYS</p> <p>OCTOBER 17</p>	<p>FALL CUSTOM SUCCULENT & PUMPKIN WORKSHOP</p> <p>OCTOBER 23</p>
<p>COMEDY NIGHT AT SLATERS</p> <p>OCTOBER 24</p>	<p>Wizard of Oz</p> <p>OCTOBER 25</p>

THE DELOREANS: HALLOWEEN PARTY • October 31
 LITTLE LIES: A TRIBUTE TO FLEETWOOD MAC • November 8
 NEYC: NEW ENGLAND YACHT CLUB • November 14
 PETTY LARCENY: A TRIBUTE TO TOM PETTY • November 15
 COMEDY NIGHT: WILL NOONAN, DAVE RATTIGAN, AND ZACH REMI • November 21
 DOCK 10: A TRIBUTE TO THE '80S • November 22
 KSF: A TRIBUTE TO KANSAS, STYX, AND FOREIGNER • November 29
 RED SOLO CUP: A TRIBUTE TO TOBY KEITH • December 13

For reservations, event tickets, and more information, visit www.samuelslaters.com.
 RESTAURANT HOURS: Wed-Fri, 4PM-9PM | Sat, 12PM-9PM | Sun, 12PM-8PM

SUNDAY, OCTOBER 19

The Museum of the Millbury Historical Society at the Asa Waters Mansion, 123 Elm Street, will be open from 11 a.m. until 5 p.m. This coincides with the Asa Waters Fall Festival. Some of the museum's holdings are: 100 years of Aftermath yearbooks; photos: churches, schools, downtown, sports; scrapbooks; research books & histories of Millbury & Sutton going back to colonial times. Also, President Taft photos and memorabilia; military uniforms, guns, and flags.

Prayer

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in Heaven. Give us this day, our daily bread, and forgive us our trespasses as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil (intention), Amen.

If you pray three times a day, three consecutive days, you will receive your intention, no matter how impossible it may seem. Praise and Thanksgiving please the Heart of God. **Believer**

HAPPENINGS!

continued from page 22

outdoors. Presented at 7 p.m. at the A.L. Dudley-Gendron Post 414, 156 Boston Post Road, Sutton. The Garden Club welcomes new members: \$20 individual or \$30 for a family.

SATURDAY, OCTOBER 25

• St. Patrick's Church Autumn Recycling Event, 7 East Street, Whitinsville. 8 a.m. – 1 p.m. Accepting gently used books (no encyclopedias), media & magazines, gently used textiles/clothing and accessories, electronics for a fee (no propane, batteries, lightbulbs), rinsed bottles/cans returnable in MA (no glass).

Please keep items for each station separate. Call 508-234-5656 or contact Officesupport@mystpatrick.com for price list or questions. Proceeds benefit Youth in Action service projects.

• Blackstone Valley Crop Hunger Walk will start at 9 a.m. at the Village Congregational Church in Whitinsville. Registration starts at 8:30 a.m. For more information, contact Barbara Fortin at 508-234-2137.

• The Sutton Historical Society will be set up at the M. M. Sherman Blacksmith Shop, 6 Singletary Avenue, from 4-7 p.m. as part of the OMG Pumpkin Festival 2025 hosting a miniature Halloween village exhibit, Revolutionary War metal detecting finds from several Sutton farms, and interpreters sharing some of Sutton's more colorful and historic events. This community event at the Sutton Common is sponsored by the Sutton Fourth organization and includes a costume parade, tractor parade, scarecrow and jack-o-lantern contests, trunk-or-treat at the school complex, as well as a Boo Bash at the Sutton Library. More information can be found at thesuttonfourth.org. This event is free and open to the general public of all ages. The Historic Sutton Center Walking Tour begins at 5 p.m. on Sutton Town

Common, 4 Uxbridge Road. Re-enactors will guide visitors to multiple stops around the Common sharing the town's history and some stories befitting the Halloween season.

• Great food and fellowship can be had at the Community House Ham & Bean Supper, 5 p.m. at 8 Court Street, Uxbridge (behind the Uxbridge Town Common). Sponsored by the Uxbridge Congregational Church. The menu includes baked ham, home-cooked beans, potato salad, coleslaw, brown bread, beverages and dessert. \$15 per person, children under 6 years are free. For reservations, call 818-361-2881. Limited tickets will be sold at the door.

SUNDAY, OCTOBER 26

• Howl-O-Ween Costume Parade at the Uxbridge Dog Park (rain date Nov. 2). A family friendly event that invites dogs of all shapes and sizes (and their humans) to show off their most creative costumes. Registration from 12-12:45 p.m. Parade starts at 1 p.m. sharp. Suggested donation: \$10 per dog. Proceeds go towards maintaining the Uxbridge Dog Park.

THURSDAY, OCTOBER 30

• "Vampires in New England? Myths and Realities of the Undead." The Willard House Clock Museum presents Old Sturbridge Village Historian and Curator Tom Kelleher with an intriguing story that goes back hundreds of years. "Did some rural Yankees 200 years ago believe in vampires?" Kelleher queries. "Why did scores of early new Englanders open the graves of their sweethearts, sons, daughters, husbands and wives?" What were they looking for and what did they do with the unearthed corpses? And what about Count Dracula? So many questions.

The presentation will take place from 6:30 – 7:30 p.m. at the museum, 11 Willard Street, North Grafton. Wear your Halloween costume and the museum will have treats.

SATURDAY, NOVEMBER 1

• Annual Holiday Fair from 9 a.m. – 2 p.m. at St. Denis Church, 23 Manchaug Road, Douglas. Crafts, raffles, baked goods, kids' table. Luncheon served from 11 a.m. – 1 p.m. Vendor spaces still available. Visit Saint-DenisChurch.com for more information.

• St. Peter's Parish in Northbridge will hold its Annual Holiday Fair from 9 a.m. – 3 p.m. in the parish hall, 39 Church Avenue, Northbridge. Come out with your family and friends to enjoy the day! We will have all of your favorites: White Elephant Table, Baked Goods Table, Holiday Table, Craft Table with beautiful handmade quilts. There will also be tables filled with raffles (you never know what will be there!), a silent auction, scratch ticket raffle, quilt raffle and a gift basket raffle. Stay and enjoy a bite to eat with all of your favorite foods being served. For more information, please contact the parish office at 508-234-2156 or email: parishoffice@stpeterrockdale.org

• Meat Raffle, sponsored by the Millbury Lions Club will be held from 2 p.m.- 5 p.m., St. Charles Hotel, 126 West Main Street, Millbury. Early bird tickets available at 1:30 p.m.

FRIDAY, NOVEMBER 7

• Then Grafton Land Trust will hold its annual dinner meeting at 6 p.m. at the Highfields Golf Club in Grafton. This year's speaker will be Dr. Stephen Mrozowski, the founding director of the Andrew Fiske Memorial Center for Archeological Research at University of Massachusetts Boston.

SUNDAY, NOVEMBER 9

• A Polka Dance featuring Dennis Polisky & Maestro's Men will be held from 1-5 p.m. at the Uxbridge Polish American Social Civil Club, 217 Mendon Street, Uxbridge. Plenty of seating and room for dancing. Full bar, food and raffle tickets will be available for purchase. \$15 admission. For more

information, call 508-278-7583.

TUESDAY, NOVEMBER 11

• Charlotte Wilson will share fascinat-

ing facts about Sutton's citizenry during Revolutionary days at 7 p.m. in the first Congregational Church, 307 Boston Road, Sutton. Courtesy of the Sutton Historical Society.

Armenian Church of Whitinsville

Fall
FESTIVAL

NOVEMBER 22 - DOORS OPEN AT 10:30

Dinners Served starting at 11 A.M.

Children's Activities from 12:30 - 2:30
Face Painting, Turkey Decorating, and more!

Baked Goods, Market Place, Dessert Table, Vendors, Silent Auction and Yes... the North Pole Post Office is Back!

Pleasant St. Christian Reformed Church
25 Cross St.
Whitinsville, MA

NORTHBRIDGE

COIN & GOLD

68 Church St., Whitinsville, MA
(508) 266-0265

Store Hours: Wednesday and Thursday 10-5
Friday 10-7; Saturday 10-2

Shop our always changing inventory

BUYING

Gold & Silver
Coins & Currency
Jewelry & Diamonds
Comics & Cards

Stop by or make an appointment

American Legion
Chester P. Tuttle Post 279
88 Bancroft St., Auburn, MA 01501

Find us on facebook.

THURSDAY IS....
By **Wise Guy Trivia** **TRIVIA NIGHT** 7-9 PM!

EVERY FRIDAY
Karaoke 7:30PM-11PM

Live Bands Every Friday 7-10
Oct. 10 - Ed Sullivans
Oct. 17 - Crocker Hill Band
Oct. 24 - Fender Road

\$10 cover charge for bands unless receipt of same day liquor and/or food purchase from the Tuttle.

ALL Are Welcome!
Membership Not Required!
Monday - Saturday: 11:00-1:00 • Sunday: 11:30-close

Tiny Tim's at the Tuttle
Open for Breakfast & Lunch 7 days a week
Sun. & Mon. 7am-2pm, Tues. to Thurs. 7am-8pm, Fri. & Sat. 7am-9pm
Phone: (508) 832-2701
For Hall Reservations: (508)-721-5142 or email TinyTimsCatering@gmail.com

MEAT RAFFLE
EVERY SATURDAY
12:30 - 4pm - 6 tables
Don't Be A Chicken. There's A Lot At Steak.

Featuring... **K & M** 8-11:00 pm
ENTERTAINMENT
Karaoke every Saturday

FOR ALL YOUR FUEL NEEDS

NEW BOILER INSTALLS

- Crown Boilers
- Williamson Furnaces
- Oil Tank Installs



Central air conditioning and ductless mini splits

ALL NEW INSTALLS COME WITH A 3 YEAR PARTS AND LABOR WARRANTY, AS WELL AS THE MANUFACTURERS WARRANTY.



We do NOT Sell Biofuel!

Which will help prevent system breakdowns.

HELP WANTED -

Class B CDL driver with air brake, tanker and hazmat endorsements. Must have DOT Medical Card.



A Full Service Oil Company
24-Hour Emergency Service

WWW.LMTOIL.COM • WE DO ONLINE ORDERING



CALL TODAY
508-476-1500

BEN'S CONTAINER & RUBBISH

Delivering affordable and fast dumpster, portable toilet and luxury restroom trailer service throughout the Southern New England Area.



SERVICES INCLUDE:

- 15 Yard Roll-Off Dumpsters
- 20 Yard Roll-Off Dumpsters
- Standard Portable Toilets
- ADA Accessible Portable Toilets
- Luxury Heated and Cooled Restroom Trailers
- Emergency Service Deliveries on Nights & Weekends

**14 West Street,
Douglas, MA
508-476-1500**

www.benscontainerandrubbish.com



Share your Talent

in an inclusive community that welcomes all abilities!

Take Down the Wall Presents: OPEN MIC NIGHTS

Learn and collaborate with other musicians!

6:00-8:30pm

Saturday, October 11, 2025

September's theme: **Wicked Grooves**

Saturday, November 8, 2025

October's theme: **Disney**
Featured artist: **Adrien Milinazzo**



Sign ups begin @ 5:30pm

Singh Performance Center, 60 Douglas Rd., Whitinsville, MA
Hosted by Open Sky's Community Membership Dept.

Questions? Michelle.Benjamin@openskycs.org or visit openskycs.org/openmic

Print & Deliver

We Print and Deliver your inserts.



Perfect for
Big Events,
Coupons,
Menus
and
More!

For more information, or to schedule your insert, please contact **Laura Gleim** at 508-943-8784 or by email at lgleim@theyankeeexpress.com