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Tradition Lights the Way

SF Supermarket Hosts Vibrant Mid-Autumn Festival



Lion dance performances were a popular part of the Mid-Autumn Festival. Photo courtesy of SF Supermarket

By *Ornella Rossi*

RANCHO CORDOVA, CA (MPG) - Vibrantly decorated lanterns hung from trees on Saturday, Oct. 4 as the community gathered for a celebration of the Mid-Autumn Festival, hosted by SF Supermarket at 2738 Sunrise Blvd. from 11 a.m. to 4 p.m.

The free event offered a blend of cultural traditions, food and family-friendly activities for all ages.

The festival, which marked the end of the autumn harvest, featured a variety of activities



Balloon art was a popular attraction at the Mid-Autumn Festival, where kids requested fun designs that were brought to life with colorful balloons. Photo courtesy of SF Supermarket

designed to showcase the community's diversity and celebrate cultural heritage. Lion dance performances, a Rolly Wagas Band concert and karaoke provided entertainment, while the food court served both ethnic and American delicacies. One highlight was the lantern giveaway, where the first 500 children received a complimentary lantern to celebrate the occasion.

The Mid-Autumn Festival, known in some parts of Asia as the Moon Festival, is a time to reflect on the harvest and give

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SacRT Launches Transit Connect

*Sacramento Regional
Transit News Release*

SACRAMENTO REGION, CA (MPG) - The Sacramento Regional Transit District (SacRT) recently launched the Transit Connect app, a new regional fare payment system that gives riders a faster, easier and more flexible way to pay for transit.

Riders can purchase and activate tickets anytime, using their smartphone's Transit Connect app, eliminating the need for cash, paper tickets and ticket machines.

Transit Connect's first phase launches with SacRT's full-fare mobile ticketing only. Discount fare options and Yolobus fare products are scheduled to be added in early November. This first phase introduces mobile ticketing, along with rider-friendly features such as stored value wallet to load funds directly in the app and group ticketing to purchase multiple fares at once.

Future upgrades will expand the Transit Connect app to include additional transit partner integrations and add exciting new features, such as scan-to-pay for faster boarding, fare capping so you don't pay more than the daily max and the ability to load cash at fare vending machines and convenience stores.

"SacRT is proud to launch the Transit Connect app, which will make it easier than ever for people to travel throughout the Sacramento region," said SacRT General Manager/CEO Henry Li. "Our riders deserve a seamless, modern experience that makes it easier to connect to the entire region, and the Transit Connect app provides exactly that."

Powered by Masabi, a global leader in mobile fare payment solutions, the Transit Connect app lays the groundwork for a seamless and unified transit payment system for the Sacramento region.

"Mobile ticketing is transforming public transit worldwide by putting convenience and simplicity first," said Masabi CEO Brian Zanghi. "We're excited to partner with SacRT to deliver Transit Connect, helping riders across the Sacramento region access a modern and connected experience."

To use the Transit Connect app, riders show their activated ticket to a bus operator or fare inspector. For riders currently using Connect Card (including state workers), full integration is expected as part of phase two in 2026.

The Transit Connect app is available for download in the App Store and Google Play. For more information, visit sacrt.com/transitconnect. ★

No Hooks, Lines or Sinkers

*Story and photos
by Susan Maxwell
Skinner*

SACRAMENTO REGION, CA (MPG) - An Orangevale woman's project to retrieve fishing gear from waterways is now in its third year.

Wildlife photographer Jann Nichols and 13 friends have cleared almost 30 miles of snagged line from popular fishing spots. Their work has also yielded thousands of abandoned hooks and lures.

"It's a problem that doesn't go away," said Nichols. "But when we're retrieving fishing gear, we're often able to talk to people. We feel we're increasing awareness of the problem."

Calling themselves "Project Pick Up Fishing Line," the volunteers self-fund their own missions. Marking the project's second anniversary, they recently displayed their unwanted harvest at Mather Lake in Rancho Cordova. Despite line-disposal receptacles, this popular fishing spot is a target for tangles.



Season's harvest. Project Pick Up Fishing Line organizer Jann Nichols (kneeling, second left) and volunteers gather at Mather Lake with miles of line retrieved from local rivers and waterways.

Sailor Bar (Fair Oaks) consistently yields nylon cast offs. The American River's Watt Avenue stretch, along with Cameron Park Lake and Willow Creek (Folsom), also warrant regular attention. Many Lake Natoma (Orangevale) anglers leave debris in their wake.

Seasonally popular for fishing, Harrington

Way river shallows (Carmichael) is another tangled spot.

"We come back from these places with bags filled," said Nichols. "The stuff is all over the place. For many people, it's invisible. To us, it catches the light like spider webs. Sometimes, it's tangled underwater. Divers help us retrieve it. Fishermen sometimes

help. Along with the careless culprits, many responsible people use the river."

Nichols acknowledges that lines snag accidentally.

"Our volunteers can usually free and dispose of fishing gear," Nichols said. "If we can do it, so should the anglers. We also collect masses of

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No Hooks, Lines or Sinkers



Abandoned hooks, lines and lures are a danger to wildlife. Photographer/activist Jann Nichols and volunteers are passionate about clearing anglers' waste.

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trash from fishing spots. Litter is not abandoned by accident.”

“In tragic cases, animals don't survive entanglement by hooks and lines,” she said. “Pets can also come to grief.”

The volunteers recently discovered a drowning gull at Tanzanite Park (Natomas). Twice hooked, it was thoroughly entangled by line.

“Our volunteers reached him by paddleboard,” Nichols said. “Technicians at the Wildlife Care Association (Sacramento) took care of him. He was just one bird. These incidents happen all the time and often end in an innocent animal's death.”

“We also want people to know there are experts to call when you find a trapped or injured creature,” the activist said. “I started this project when I saw a baby osprey tethered in a nest after its parents brought in branches entangled with fishing line. Thanks to rescuers, the baby ended up flying free.”

If you encounter snared or injured animals, call Wildlife care Association at 916-965-9453. To learn about Project Pick Up Fishing Line, visit www.tanglefreewildlife.com. ★

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Tradition Lights the Way



Attendees smile alongside performers for a group photo. Photo courtesy of SF Supermarket

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thanks for the year's successes while looking ahead to the future.

"Each Asian culture celebrates differently," said Mai Nguyen, SF Supermarket community engagement director. "According to the lunar calendar, the festival falls on the 15th day of the eighth lunar month. It's a celebration of the moon and a time for families to sit together, drink tea, eat mooncakes and celebrate the harvest."

The Mid-Autumn Festival is often depicted as a children's holiday, a time to honor family, share food and tell stories. Nguyen explained that one such story told during the festival is that of Cuội. According to legend, Cuội was a farmer who, during a severe drought, desperately tried to save a magical tree that floated to the moon. In his attempts to pull the tree back to Earth, Cuội himself was swept away, becoming stranded on the moon. Now, every year during the festival, families light lanterns in hopes of guiding Cuội home.

"The festival is about honoring the moon, the harvest and wishing for prosperity in the coming year," Nguyen said. "It's also about sharing our culture, especially with our children, and giving back to the community."

The event's inclusion of a lantern



Vendors at the Mid-Autumn Festival offered activities for attendees such as paper dragon origami. Photo by Ornella Rossi

drawing contest highlighted this spirit of creativity and cultural exchange.

The festival featured a lantern drawing that encouraged children of all ages to design their own lanterns. There were four contest categories: primary (pre-K to second grade), intermediate (third- to fifth-grade), middle school (sixth- to eighth-grade) and high school

(ninth- to 12th-grade). Submissions, both 2D and 3D, were displayed at SF Supermarket, with winning entries receiving a prominent display for an entire year. Gift cards to the food court were awarded to the top three winners in each category.

The contest was a major draw for local families.

"It's fun to see all the cool lanterns," said 9-year-old Ahn Lee, a



The festival featured a lantern drawing contest that encouraged children of all ages to design their own lanterns. Once completed, their creations were hung around the supermarket. Photo courtesy of SF Supermarket



Young children were encouraged to participate in traditional dances at the Mid-Autumn Festival. Photo courtesy of SF Supermarket

participant in the contest. "I added hearts and stars to my lantern."

The event's community spirit was reinforced by the involvement of local organizations such as Soroptimist International of Rancho Cordova and Gold River, which helped sponsor the lantern drawing contest.

"We are an international organization, so we like helping to promote cultural traditions from our community," said the Soroptimist group's Vice President Sheryl Longworth. "The lantern contest is an important part of the Mid-Autumn Festival and we want to inspire kids to be creative."

No Mid-Autumn Festival is complete without mooncakes, a

traditional pastry filled with sweet or savory fillings. These round cakes, often adorned with intricate designs, are symbolic of family unity and completeness. At the event, 200 boxes of mooncakes were given away to festivalgoers. The cakes serve as both a gift and a gesture of good fortune.

Helen, daughter of the SF Supermarket owners, explained that the festival was not only about honoring tradition but also about promoting cultural understanding.

"We want to bring people together," Helen said. "It's nice to have different cultures and learn new things. The festival is an opportunity to show the community what we have to offer and share the beauty of our heritage. It's about bringing people together and celebrating all the different cultures that make up our community."

SF Supermarket, which opened on Nov. 15, 2024 in Rancho Cordova, has become a hub for cultural exchange and a platform for local businesses.

"This event also helps small businesses," Nguyen said. "We wanted to open up space for local vendors, especially home product businesses that may not have had the chance to showcase their goods otherwise. The most important thing is cross-cultural sharing. It takes everyone coming together to make this happen." ★

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County Public Health Officer to Retire

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG)

Longstanding Sacramento County Public Health (SCPH) Officer Dr. Olivia Kasirye will retire next March after more than two decades of service.

"Leading Sacramento County Public Health has been an extraordinary privilege," said Kasirye. "I am most grateful for all of you. This community has shown strength and commitment to protecting each other during all the good times and in the face of many challenging times as well. That and the remarkable team at Sacramento County Public Health are what inspires me every day."

Kasirye began her Sacramento County career in 2004 as a senior physician manager, then served as El Dorado County's health officer from 2009 to 2012 before returning to Sacramento in 2012 to lead Sacramento County Public Health.

Kasirye set five priorities when she entered the role, all of which continue to define Sacramento County Public



Dr. Olivia Kasirye, Sacramento County's Public Health Officer since 2012, will retire next March. Photo courtesy of Sacramento County

Health's work today. Those priorities are to strengthen disease response, reduce health disparities, confront the opioid epidemic, build a resilient workforce and achieve public health accreditation.

The five priorities were advanced with lasting impact. Sacramento County achieved national public health accreditation last November. Sacramento

County Public Health built new equity and nursing units, expanded partnerships to improve birth outcomes and launched campaigns to prevent opioid overdoses among youth under her direction.

"Dr. Kasirye has been a compassionate and dedicated leader for Sacramento County," said Sacramento County Supervisor and Board Chair Phil Serna.

"She guided us through unprecedented exigencies with rigor, significantly advanced health equity and safeguarded our most vulnerable residents. She leaves an enduring legacy."

Colleagues describe Kasirye as a graceful leader who people love working with. Kasirye inspires loyalty not only through her expertise but through an irreplaceable

warmth and kindness she shows every day at work.

Many staff say her ability to connect with people on a personal level sets her apart as a uniquely beloved leader in county government.

"Dr. Kasirye's leadership has meant stability and trust for Sacramento County," said Sacramento County Supervisor Patrick Kennedy. "We owe her a great deal for getting us through the pandemic. She led with transparency and put the health of the community first. We are grateful for her service."

Kasirye leaves behind a legacy of strong partnerships, forward-thinking strategies and a public health system better prepared for the future. She will work with Department of Health Services Director Tim Lutz over the next several months to guide the transition and help identify the next health officer.

"Dr. Kasirye has been an exceptional leader," said County Executive David Villanueva. "She built strong teams and responded decisively to complex public health challenges. We deeply appreciate her decades of service." ★

Code Enforcement Increases Penalties, Strengthens Community Safety

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG)

Sacramento County Code Enforcement saw major success in its 2025 efforts to crack down on illegal fireworks, issuing more than twice as many penalties as the previous year despite receiving fewer complaints.

From mid-June through July, Code Enforcement received 774 complaints about illegal fireworks, a 26% decrease from 2024. Even with fewer reports, the division issued 72

penalties, up 112% from the year before.

Officers also sent 189 warning letters and completed more than 840 follow-ups with residents, nearly doubling community engagement from 2024.

A key factor in this success was a new emphasis on gathering stronger evidence from residents. By working directly with complainants, Code Enforcement was able to turn previously unactionable complaints into enforceable cases.

Technology also played a major role. In



A key factor in this success was a new emphasis on gathering stronger evidence from residents. By working directly with complainants, Code Enforcement was able to turn previously unactionable complaints into enforceable cases. Photo courtesy of Sacramento County

partnership with the Sacramento County Sheriff's Office and Sacramento Metropolitan Fire District, Code Enforcement used drones to identify violators in real time. Drone operations

alone led to nearly one-third of all penalties issued.

"These results show that collaboration, technology, and community involvement make a real difference in reducing

illegal fireworks," said Taylor Parker, Senior Code Enforcement officer. "Every penalty issued sends a clear message: fireworks are dangerous, and those who use them illegally will be held accountable."

Code Enforcement will continue working with county partners to expand drone coverage, improve evidence collection and strengthen public education ahead of the 2026 fireworks season. ★

Public Authority Office Moves

Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County's Public Authority office recently moved to a new location. The new office is located at 9300 Tech Center Drive, Suite 100, Sacramento.

The Public Counter hours continue to be 8:30 a.m. to 4 p.m. and forms can be picked up or dropped off from 8 a.m. to 5 p.m.

A new exterior drop box is available so that the public can turn in their forms after hours. There are currently signs at both the former (3700 Branch Center Road) and new location to assist the public with the transition.

The Public Authority assists recipients and providers with the In-Home Supportive Services Program. You can learn more about the services provided by visiting the In-Home Supportive Services Public Authority website at pubauth.saccounty.net.

For any questions regarding the new location or general inquiries about the Public Authority office, call 916-874-2888 or email HHS-PA@Saccounty.gov. ★



A new exterior drop box is available so that members of the public can turn in their forms after hours. There are currently signs at both the former (3700 Branch Center Road) and new (9300 Tech Center Drive, Suite 100) location to assist the public with the transition. Photo courtesy of Sacramento County

Feedback Wanted Amidst Behavioral Health Services Act Transition

Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - As the cooler temperatures set in and we transition from summer to fall, new transitions are happening within the Sacramento County Department of Health Services. The county is preparing for the rollout of the Behavioral Health Services Act (BHSA), a major shift in how behavioral health programs are structured, overseen and funded, which will take effect next July.

In 2024, California voters passed Proposition 1, replacing the Mental Health Services Act (MHSA) with the Behavioral Health Services Act. This shift brings significant changes to how behavioral health services are planned, delivered and funded.

While the Behavioral Health Services Act introduces structural

changes, it does not increase funding; instead, it reorganizes how funds are allocated and prioritized. Changes include streamlining services to reduce duplication and build a more connected and effective system of care, directing resources to those with the most significant mental health and substance use challenges, as well as defining specific outcomes and reporting on progress.

Over the past few months, the county has launched a two-phase Community Planning Process where residents can share their thoughts on what's working in the current system and where improvements are needed. These conversations will inform the Integrated Plan and ensure it reflects the voices and experiences of the people it's meant to serve. Phase one is wrapping up with a community survey, which closes on Oct. 6. Residents are

encouraged to share their input.

Another change that comes with Behavioral Health Services Act is the creation of the Sacramento County Behavioral Health Commission. The commission advises the County Board of Supervisors and Department of Health Services on behavioral health policy, programs and services. It also provides a forum for community members to share input and stay engaged in local behavioral health planning.

The Behavioral Health Commission holds a hybrid virtual/in-person meeting on the fourth Wednesday of each month from 6 to 8 p.m. The in-person location is 7001-A East Pkwy., Conference Room 1 in Sacramento. To learn more about the Behavioral Health Services Act, the commission or take the survey, visit the website at dhs.saccounty.gov/BHS. ★

New EBT Cards Being Mailed

Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The California Department of Social Services has announced that magnetic stripe EBT cards are set to expire by Oct. 25. To keep your benefits safe and secure, California Department of Social Services mailed new EBT cards with chip and tap technology to all cardholders.

The cardholder's benefits and PIN will automatically transfer to the new card. Once the new card is activated, the old one will be turned off.

Sacramento County recommends activating the new chip-enabled card when it is received. EBT cardholders can request a new card using

the ebtEDGE mobile app.

Call the EBT Customer Service Center at 1-877-328-9677 to request a new card.

Visit your county office if your new card hasn't arrived. Wait times might be long, so plan accordingly.

If no action is taken, magnetic stripe-only EBT cards can still be used until a chip and tap card has been activated or up to 180 days after the new chip and tap EBT card is issued, whichever comes first.

For further assistance, call EBT's customer service center at 1-877-328-9677 or visit the EBT Client Website for updates.

For more information, visit the Department of Human Assistance website at ha.saccounty.gov. ★

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From Television to the Stage: An Interview with Zane Lamprey



Zane Lamprey and his wife, Mel Lamprey, pose for a photo together in Yosemite National Park. Photo courtesy of Zane Lamprey

By Abbey Wicks

RANCHO CORDOVA, CA (MPG)
 - Zane Lamprey, comedian and world traveler best known for television shows such as “Three Sheets” and “Drinking Made Easy,” will perform Oct. 18 at Claimstake Brewing, Rancho Cordova during his 2025 tour.

Since the end of the pandemic, Lamprey has shifted his career from television to the stage, with the intention of creating a night of escape for audiences.

In 2021, as the world slowly crept out of the pandemic, theatres and comedy clubs throughout the nation struggled to keep their doors open. According to Lamprey, many were unwilling to book events due to the possibility of closure. Breweries were hit hard as well and many were forced to close. With this in mind, and thanks to his connections within the world of beer, Lamprey embarked on a mission: filling up breweries doing stand-up comedy.

“(Breweries) were unanimously for it, if they had the space to pull it off,” Lamprey said.

Lamprey’s comedy tour has taken him in a new direction, deviating from the travel and drinking content seen on his former television shows and creating a new name for himself as a professional comedian. Lamprey has tried to create a clear separation in his new content, emphasizing that new fans don’t need to have his entire catalogue of television shows memorized; the shows don’t revolve around a big inside joke.

“This is real life stuff. This is me telling stories about my life,” Lamprey said. “It’s gone from storytelling four years ago into pure stand-up comedy.”

At a touring pace of 130 shows per year,



A shift in Zane Lamprey's career has resulted in more tour dates and more opportunities for live audience connection. Photo courtesy of Zane Lamprey

maintaining health on the road is important to Lamprey. According to Lamprey, his big three for staying healthy on the road are letting himself sleep in, getting 10,000 steps per day and, at this point in his career, reserving drinking for the stage.

“There’s no limits to what I’ll do when I’m on stage as far as drinking,” Lamprey said. “But I’m not drinking until I hit that stage.”

Another facet of Lamprey’s career since the ending of his television shows is a YouTube channel, Zane’s World, dedicated entirely to animals.

Lamprey said that he felt pressure after the success of the TV shows to continue making social media content which revolved solely around drinking.

“It wasn’t something that I was passionate about, so it wasn’t translating,” Lamprey said.

It wasn’t until his good friend pushed Lamprey to start a YouTube channel no matter what the topic was that Lamprey realized his passion for animals is something that could be translated to the screen.

“I don’t know why I was waiting for permission to do it,” Lamprey said.

Now when spending each night on tour at a different brewery, Lamprey spends the day having

animal encounters, whether it’s swimming with otters or meeting giant lizards. His channel, Zane’s World, has surpassed 40,000 subscribers.

“Arguably more people are seeing these animal videos than ever saw my ‘Three Sheets’ show,” Lamprey said. “Some of them are getting 20 million views.”

Animal advocacy is a shared passion between Lamprey and his wife, Mel, who started a special needs animal rescue several years ago. At one point, the couple had 23 cats, 13 dogs, a hawk and several guinea pigs living in their home.

“We learned that it’s a world and a world that she’s passionate about and now it’s her full-time job,” Lamprey said.

Their rescue organization, Pumpkin Patch Pet Rescue, is now a nonprofit organization run by Mel.

Lamprey said that his career can be broken into three categories, each of which could be a full-time career on its own: performing comedy, making animal videos and running an apparel brand, which launched the biggest ever hoodie campaign on Kickstarter, the Adventure Hoodie. A new version of the hoodie is launching this November.

As for touring, Lamprey said he has found his rhythm with tour dates set through 2026.

“(The show is) non-political, it’s not heavy, it’s come out, have some amazing beer, laugh and forget about everything else you might have going on in your life,” Lamprey said.

Tickets for Lamprey’s 8 p.m. Oct. 18 show at Claimstake Brewing, 11366 Monier Park Place, Rancho Cordova can be purchased at zanelamprey.com. Tickets must be purchased before the event and will not be sold at the door. ★

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Kings Korner

By V.G. Harris



The offseason is over, and your Sacramento Kings are undefeated. It's that time of the year for effervescent optimism, and it has a contagious effect.

Time to be a little kid again and dream that your home team can win the first championship in Sacramento Kings history.

Is that a strong likelihood? The basketball pundits will tell you no, and emphatically no. Local media seems to have a Debbie downer attitude as it relates to the Kings playoff chances, let alone an actual championship.

I choose to focus on what I know is doable and ever likely, with the assembled group of ballers we have that will grace the confines of Golden One Arena on Oct. 8. The Kings face Utah Jazz in their first preseason game of the 2025/2026 campaign.

I will be sitting behind the Kings bench like a kid in a candy store, ready to greet newcomer Dennis Schroder with open arms, and hopes that Dennis will get a warm Sacramento welcome. Schroder has received few accolades as he joins this year's squad, but I believe he could make Sacramento his home for years to come.

As a mentor, Schroder offers a great opportunity for both Nique Clifford and Devin Carter to see how an NBA point guard plays both ends of the court, and Dennis skills as a teacher and veteran NBA ball distributor portends to be an invaluable asset.

Little used Doug McDermott managed to acquire a fan club last season, as he electrified the crowd with his deft 3-point shooting, and it remains to be seen if Doug Christie can translate McDermott's ability to shoot from long range into wins.

Domantas Sabonis returns as the shining star, and his dominance is undeniable. The perennial rebounding champion of the NBA holds down the block like no other center in Sacramento Kings history, and the 2025/2026 season should be more of the same.

Sabonis brings a nightly double-double to the table and an attitude of optimism that translates into team chemistry. If there was a statistic for helping fallen players to their feet, Domantas would win the award going away, and that comes with an effervescent smile that lights up the court.

If ever there is a player that deserves 100% fan support, it is Sacramento's own

Domantas Sabonis, and my advice to fans is to enjoy this magnetic big man while you can.

As Wednesday approaches with no recent acquisitions, the starting five appears to be Domantas Sabonis, Dennis Schroder, DeMar DeRozan, Zach Lavine and Keegan Murray.

That represents a lot of scoring power, what remains to be seen is how Doug Christie can accomplish a flow that will return the Kings to the high-powered scoring machine that led the NBA in scoring just 3 short seasons ago. That cannot be done by the starters alone, so Christie's use of his bench will be a needed ingredient.

Malik Monk appears to be more comfortable in the 6th man role, and he could become a catalyst of prosperity on both ends.

Likewise, Devin Carter showed flashes of brilliance last season, with his defensive skills, and playing alongside Keon Ellis, this tandem could wreak havoc on opposing offensives.

A looming question is whether Doug Christie will abandon his staccato substitution style, in favor of one that allows players to understand better their roles. Knowing that you can expect to play every game and understand how many minutes it's likely you'll play can help in fomenting a more formidable NBA bench.

Will 2025/2026 be a coming out party for Isaac Jones? It should be, as he adds length while helping support Sabonis on the boards, and provides a scoring punch with a nice touch around the rim that can translate into easy baskets.

It is no secret that many teams approached the Kings regarding Keon Ellis and Keegan Murray. I give credit to G.M. Scott Perry for realizing what he has in these talented youngsters and keeping them in this year's squad.

If you're not excited Kings fans, it's time to let your hair down and howl! Get a little crazy and dream the dream!

The first 10 games of the regular season are brutal, and if our hometown boys can acquit themselves admirably, fans may be in for a season to remember!

All the best and enjoy!

Your thoughts are always welcome at vgharriskingsfan@gmail.com. ★

Social Security Matters

When Will My Disability Become My Regular Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

Dear Rusty: I hope you can answer this question. I'm currently receiving Social Security Disability benefits, and I will be turning 65 in February 2026. I'm confused as to how Social Security Disability transitions to regular Social Security, and when. I assume it's age 65 but maybe it's my retirement date? Also, does the amount remain the same or will it change? I'm not working. I've been on SSDI for about 15 years. Thank you.

Signed: Disabled Senior
Dear Disabled Senior: If you are collecting Social Security Disability Insurance (SSDI) benefits, those SSDI benefits

will automatically convert to become your regular Social Security retirement benefit when you reach your SS full retirement age (FRA) which, in your case, is age 67. For information, FRA today is somewhere between age 66 and 67, depending on your year of birth, and the full retirement age for everyone born in 1960 or later is age 67.

The change from SSDI to your regular Social Security benefit will be transparent to you because your monthly benefit amount will remain the same. SSDI benefits were originally awarded to you based upon your full retirement age entitlement when you applied for SSDI (even though you hadn't yet reached your FRA when you went on SSDI). Thus, the monthly benefit amount will not change because it is based on your lifetime earnings record, from before you became disabled.

FYI, although age 65 was once Social Security's "retirement

age," full retirement age for Social Security today is based on the year you were born. So, your SSDI benefit will automatically switch to become your regular Social Security retirement benefit as soon as you reach age 67. Essentially, the only thing that will change is the Social Security Trust Fund from which your benefits will be paid.

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For Those Hoping to Be California's Next Governor, The Clock is Ticking



By Dan Walters, CALMatters.org

Over the last half-century or so, California has had six elections for governor when the office was being vacated.

Understandably, such incumbent-free elections to run the nation's most populous and economically powerful state have drawn serious candidates, mostly holders of other high-profile offices who declared themselves as soon as decorum would allow.

When, for example, Republican Ronald Reagan's two terms as governor were ending in 1974, the Democratic secretary of state, Jerry Brown, narrowly defeated the Republican state controller, Houston Flournoy.

This bit of political history is offered because the end of Gavin Newsom's governorship is approaching rapidly. In scarcely a year, California voters will choose a new governor. The June 2 primary, which will determine the two finalists, is just eight months away.

Yet the field of would-be governors remains very unsettled.

For months voters, political media and potential campaign financiers waited for former Vice President Kamala Harris to decide whether, after losing the presidency to Donald Trump, she would seek the governorship.

Harris finally said no, with a rather odd remark: "I don't want to go back in the system. I think it's broken." She may have been referring to national politics, but since the issue was California's governorship, she could also have been implying the state was broken after many years of dominance by her Democratic Party.

Harris' decision, whatever her motives, did not settle the question about who will be running for governor next year. There are declared candidates, of course, but none scores very high in preliminary polling.

Lt. Gov. Eleni Kounalakis had been one of the first to declare her candidacy but shortly after Harris announced her decision, Kounalakis dropped out, opting instead to run for state treasurer.

With those two out of the picture, former Congresswoman Katie Porter became the frontrunner, more or less by default, but with underwhelming support — 17% in a poll by UC Berkeley's Institute of Governmental Studies, released in late August. Her standing may have reflected nothing more than name recognition from her losing campaign for U.S. senator last year.

This week Toni Atkins, former president pro tem of the state Senate, also ended her campaign, saying she could see no pathway to victory. A few other Democrats remain, most notably former Biden administration official and state Attorney General Xavier Becerra and former Los Angeles Mayor Antonio Villaraigosa.

Mostly, however, we are seeing just preliminary

skirmishing among those still in the race, because we're still waiting to see who else might run.

After the departure of Harris and Kounalakis, another name popped up in media speculation: U.S. Sen. Alex Padilla.

It's difficult to understand why Padilla, who holds one of the nation's most coveted political offices and could remain in the Senate for the rest of his life, would want to seek no more than eight years as governor.

Does he really want to deal with California's plethora of infinitely difficult, unresolved issues, such as homelessness, housing shortages, water supply uncertainty, economic stagnation and, perhaps trickiest of all, a chronic multibillion-dollar budget deficit?

Were Padilla to give up his Senate seat for the governorship, as Republican Pete Wilson did in 1990, the only logical motive would be civic duty — he thinks California needs him to weather its crises.

Meanwhile, we're waiting for another potential candidate, Rick Caruso, to also declare intentions. The very wealthy Los Angeles businessman ran a credible but unsuccessful race for mayor of his city after switching his party identification from Republican to Democrat and could draw support from moderate voters and interest groups of both parties. He says he's weighing a race.

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★



Mississippi, Not California, is the Education Future

A miracle defies the laws of nature. This is why "the Mississippi Miracle," the sobriquet for the extraordinary gains that students in the Gulf state have made in reading in recent years, is a misnomer.

There's nothing miraculous about a state that adopts phonics and that sets high standards for its kids to get better results in reading instruction. This, to the contrary, is a predictable outcome, and a replicable one, as other Southern states that have taken up similar policies have shown.

Mississippi went from 49th in fourth-grade reading results on the National Assessment about a decade ago to 9th in 2024. Its low-income children are ranked first in the nation. It's Black kids are number three in the nation and it's Hispanic kids number one. Overall, when adjusted for socioeconomic and demographics, Mississippi has the best fourth-grade results in the nation.

The derisive cliché was always, "Thank God for Mississippi," since it could be trusted to save other states from coming in 50th in various metrics. Now, the phrase can be used with sincerity and admiration, since the state recognized and did something about its literacy crisis.

In 2011, about four out

of five fourth graders in Mississippi weren't proficient in reading. In 2013, the state passed a reform to require teachers to understand the science of reading (basically, phonics), to deploy literacy coaches to schools, to identify students struggling to read early, and to hold back students in third grade who weren't ready to advance.

Alabama, Tennessee and Louisiana have now done much the same, and have also made gains. The original source of all this was a 2002 reading law in Florida that boosted student achievement in the Sunshine State.

In a piece headlined "Illiteracy is a policy choice" at the website The Argument, Kelsey Piper makes the case that it would be irresponsible and wrong to ignore the lesson of Mississippi and the Southern states.

She notes that Mississippi outperforms her native California, even though the Golden State is richer and spends substantially more on education per pupil. More than half of Black fourth graders in Mississippi are at or above basic level, while only 28% of Black fourth graders in California are.

It may be galling for Blue States that have prided themselves on their commitment to education and looked down on the South to have to acknowledge that Mississippi, of all places, has figured out a model for the nation, but it is imperative all the same.

"We have been spending lots of money on schools," Piper writes of Blue States, "but we have not been willing to muster the polit-

ical will and effort necessary to hold those schools accountable for results and adopt teaching practices that actually work."

The so-called reading wars between the whole-language approach and phonics was won, on the merits, by phonics long ago. Yet, ineffectual methods hung around even though they'd been discredited. This is why it's so important to get teachers to embrace research-based reading instruction.

There must also be high expectations, rigorously enforced. This is what the Mississippi third-grade retention policy is about. If a teacher and a parent know that a child is going to be held back, they will do all they can to get that child to basic proficiency. Research in Florida shows that getting held back not only helps the academic performance of the students who are retained, but their younger siblings as well.

With reading scores nationally sliding the wrong way, especially for the bottom 10% of students, Mississippi and the other Southern states offer a beacon of hope. Their example shows that, no, it's not impossible to teach children, and no, it's not very costly. It's a good sign that even California just passed a phonics bill.

It's fully within our power, so long as we insist on the basics, to give kids a skill absolutely essential to their development and their futures. No miracles necessary.

Rich Lowry is editor of the National Review.

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Applause for Literary Award Winners

By Kimberly A. Edwards

SACRAMENTO REGION, CA (MPG) - Seven awardees will be recognized at the "100 Years of Writing Excellence in Sacramento" Gala on Oct. 18, when the California Writers Club Sacramento hits its century mark and celebrates at North Ridge Country Club in Fair Oaks.

The award recipients are 916 Ink, Capital Storytelling, Jan Haag, Ginger Rutland, Sacramento Poetry Center, Sacramento Press Club and Under the Gum Tree.

While recognizing that literary service abounds in our area, a Blue Ribbon Panel identified the above for nurturing the development of talent and appreciation for the written word and contributing to a larger purpose influencing Sacramento's literary reach in children and adults.

The Oct. 18 Centennial will bring writers, reporters and historians together to learn about early writing and publishing in Sacramento. Partners and friends include the Crocker Art Museum, the California State Library, the Center for Sacramento History and the Sacramento Public Library.

Keynote speaker and Pulitzer Prize winner Jack Ohman will talk about "At Wit's End."

A star-studded line-up featuring Rich Ehsen of Capitol Weekly, literary agent Sandra Proudman, Sacramento journalist at local CBS affiliate Alison Linton, Pushcart Prize nominee Carol Lynn Stevenson Grellas, cultural historian Maryellen Burns and documentary filmmaker Al González will entertain.

Kiyo Sato, 102 and the William Saroyan International Writing Award winner for "Dandelion



Keynote Speaker Jack Ohman will challenge attendees with his interpretation of "At Wit's End." California Writers Club of Sacramento

through the Crack" (renamed "Kiyo's Story") will attend. Her book is on display at the Smithsonian Institute. Attendees can bring along a copy of her book if they want an autograph.

Rare books from early California Writers Club members will be displayed at the gala. Many books were made into movies or popular TV series. One movie was nominated for an Academy Award. Also displayed will be a 1913 woodcut of the club logo designed by University of California, Berkeley professor Perham Nahl, nephew of Charles Christian Nahl, whose work hangs in the Crocker Art Museum.

The celebration includes a buffet, the Jazz Band "Syncopating Sea-Monkeys" of River City High School, and a no-host bar, including a Jack London "Glass in Hand."

The California Writers Club is a nonprofit organization. For information on the event, buying tickets or sponsoring this literary event, visit online

sacramentowriters.org.

2025 Greater Sacramento Literary Awardees

916 Ink is a creative writing and literacy nonprofit organization since 2010 that provides workshops and tutoring to transform youth into strong readers, confident communicators and published authors. Programs increase literacy skills, improve vocabulary, teach empathy, positively impact social and emotional learning, and expand communication skills. Partnerships are with school sites and community groups serving marginalized students, including economically-disadvantaged, system-impacted youth and English Language Learners. 916 Ink has transformed more than 6,000 youth into authors in 300-plus professionally published anthologies.

Capital Storytelling is an arts education organization in Sacramento that empowers individuals to share their personal stories and, in doing so, to foster connection, empathy and compassion across race,



Kiyo Sato, 102 and the William Saroyan International Writing Award winner for "Dandelion through the Crack" (renamed "Kiyo's Story") will be at the gala. Sato's book is on display at the Smithsonian Institute. California Writers Club of Sacramento

gender, religion, abilities, orientation and political affiliations. This is accomplished through classes and workshops and special programs, including an Immigrant Storytelling Program, which empowers first- and second-generation immigrants to share their stories, and a Story Ambassador Program, which trains leaders to lead storytelling workshops.

Jan Haag was a writing professor at Sacramento City College and journalism department chair, advising the student newspaper, literary journal and nonfiction magazine. Before that, she was a copy editor and feature writer for the Sacramento Bee, covered the capitol for United Press International and was editor of Sacramento Magazine. Haag has had many poems, essays and fiction published in journals and anthologies. Her poetry collection, "Companion Spirit," is comprised of poems about her late husband. She is co-publisher of a Sacramento publishing company, River Rock Books. She

publishes daily poems on her website (janishaag.com) and is working on a poetry collection and a novel set in Sacramento in the 1950s and 1970s. She hosts writing groups, including a monthly Writing as Healing group in Elk Grove.

Ginger Rutland spent 17 years as a reporter with KCRA TV in Sacramento and then with KRON TV in San Francisco as that station's capitol bureau reporter. She earned a local Emmy at KRON for her documentary, "Showdown at Diablo," about the controversy surrounding the nuclear power plant's building and commissioning at Diablo Canyon in San Luis Obispo County. Rutland wrote and produced a play, "When We Were Colored, A Mother's Story," adapted from her mother, Eva Rutland's, memoir. The play is about a middle-class Black family's journey from the segregated south before World War II to post-war California, through the Civil Rights era and Black Power Movement to the

racially-blended families of today.

The Sacramento Poetry Center, founded in 1979, offers readings, workshops, writers' conferences, publications and a lending library. "Landing Signals, released on Oct. 26, 1986, was the first major anthology (print and audio) of Sacramento poets. The center's annual writers' conferences and Poetry Month celebrations have featured some of today's leading poets, including Pulitzer Prize winners Gary Snyder and Philip Levine, former U.S. Poets Laureate Juan Filipe Herrera and Robert Hass.

The Sacramento Press Club, established in 1961, is a nonprofit educational organization dedicated to supporting the next generation of journalists through scholarships for college students. The scholarship program is paid for through member donations and ticket sales to regular events with California and national newsmakers. The Sacramento Press Club annually awards nearly \$60,000 in scholarships to a proudly diverse array of students.

Under the Gum Tree is a reader-supported, quarterly literary arts magazine publishing creative nonfiction and visual art. It champions the mantra of telling stories without shame since 2011. The mission is sharing stories that remind readers of shared humanity. Each issue includes seven to 10 original nonfiction stories and personal essays, one photo essay and one cover artist whose work is featured throughout the interior pages. The magazine nominates for the Pushcart Prize every year and essays published have been listed as notable in the Best American Essays. ★

Fourth-Grade Families Can Visit 54 State Parks for Free

California State Parks News Release

STATE OF CALIFORNIA (MPG) - Families of fourth-graders in California public schools are invited to download the free California State Park Adventure Pass at parks.ca.gov/AdventurePass

The pass opens the door to California's stunning natural landscapes and rich cultural heritage, granting students and their families a year of free entry to 54 state parks full of sandy beaches and desert canyons, majestic redwood forests and eye-opening historic sites.

Championed by First Partner Jennifer Siebel Newsom, whose California for All Kids initiatives support children's physical, mental and social-emotional well-being, and the Newsom Administration's Outdoors for All initiative, the California State Park Adventure Pass expands the opportunity for fourth-graders and their families to enjoy the benefits of connecting with nature, each other and their communities.

The pass for this school year's fourth graders is valid until Aug. 31, 2026. To date, more than 89,000 passes have opened new doors and fostered a love of state parks for California fourth-graders.

"As a mom, I know how much time in nature shapes a child's health, happiness and love for the outdoors," Siebel Newsom said. "The California State Park Adventure Pass has opened the door for more kids and families to experience the joy and benefits of our beautiful state parks. I encourage all public school fourth-graders and their families to take advantage of this opportunity and to explore all the incredible natural treasures California has to offer."

Said State Parks Director Armando Quintero,



Let the adventures begin. California State Parks and First Partner invite fourth-graders and their families to experience the state's unmatched beauty and history for free. It's easy for Sonoma State Historical Park visitors to picture life here in the 1800s. The historic old town of Sonoma comes alive at the state park. Sonoma State Historical Park is an easy drive from this area. Photo courtesy of California State Parks, 2025

"California's state parks are true wonders of nature and human history. The Adventure Pass is an invitation to fourth-graders and their families to discover the world of California. It's your home."

And California Natural Resources Agency Secretary Wade Crowfoot said, "California's natural treasures belong to all of us. By opening our parks to public school fourth-graders at no cost, we're investing in healthier kids, stronger communities and the next generation of stewards who will care for the Golden State's wealth of natural and cultural resources."

Obtaining a free California State Park Adventure Pass online is easy. Parents and/or guardians can go online to reservecalifornia.com or call 800-444-7275 (Spanish-speaking customer service available). If they don't already have a ReserveCalifornia

account, they can set up a profile by providing their name, address, phone number and email address. After completing the form, the free pass will be immediately sent to their email to be used at the 54 participating parks.

Individuals without access to a smartphone, computer, printer and/or email address can request a pass by visiting a State Parks Pass Sales Office or by calling 800-444-7275.

What are some of the picturesque state parks that fourth-graders and their families can visit? Two parks within a few hours' drive from home include the Empire Mine State Historical Park and the Sonoma State Historical Park.

Empire Mine State Historical Park is the site of one of the oldest, deepest and richest gold mines in California. The park is at 10791 East Empire St., Grass Valley. In operation for more than 100 years, the mine

extracted 5.8-million ounces of gold before it closed in 1956. The park contains many of the mine's buildings, the owner's home and restored gardens, and the entrance to 367 miles of abandoned and flooded mine shafts. The park encompasses 856 acres of forested backcountry and 14 miles of trails, including easy hikes for hiking, mountain biking and horseback riding.

Sonoma State Historical Park is a scattering of historical sites consisting of six midtown locations near Sonoma's Plaza. Off the Sonoma Plaza are Mission San Francisco Solano, the Blue Wing Inn, Sonoma Barracks, the Toscano Hotel & Kitchen, and the Servants Quarters (the remains of La Casa Grande). General Vallejo's Home, less than a mile west of the Plaza, was the estate of General Mariano Guadalupe Vallejo, Military Commander and Director of Colonization of the Northern Frontier and founder

of Pueblo de Sonoma. The park's main office address is at 363 3rd St. West, Sonoma.

Closer to home are the California State Railroad Museum, Leland Stanford Mansion State Historic Park, State Indian Museum State Historic Park and Sutter's Fort State Historic Park in Sacramento.

Find all 54 participating parks at parks.ca.gov.

Made possible by Assembly Bill 148, the California State Park Adventure Pass program was signed by Governor Gavin Newsom in July 2021. The pass is valid for the one-year period during which the child is a fourth-grader or fourth-grade equivalent and attends a public school, from Sept. 1 to Aug. 31 of that year. The pass is also a good educational tool for California fourth-grade teachers, who can encourage students to extend their classroom learning into state parks and explore these living classrooms.

In addition to the California State Park Adventure Pass, all Californians can check out a California State Parks Library Pass by using their library cards to access more than 200 participating state park units.

Families receiving California Work Opportunity and Responsibility for Kids (CalWORKs), individuals receiving Supplemental Security Income (SSI) and income-eligible Californians 62 and over can apply for the Golden Bear Pass with their smartphone or other web-based device and have access to more than 200 California state park units. The Golden Bear Pass is also available to participants of California's Tribal Temporary Assistance for Needy Families (TANF) program.

For more information on all three State Park Pass programs, visit parks.ca.gov/OutdoorsForAll. ★

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SCJ 10-10-25

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SACRAMENTO 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06676
Vladimir D Sonnik, 10101 Monte Vallo Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sonnick Financial Solutions" 10101 Monte Vallo Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
SONNIK 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06203
Steamer Lane, LLC, 599 Menlo Drive, Suite 200, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Guardian Angel Care Services" 8142 San Remo Way Suite #6, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
HIGH 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06404
Carlos Gaytan, 6313 Creekcreek Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Overhead Door Express" 6313 Creekcreek Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 28, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
OVERHEAD 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06746
Adam Mott, 7140 Minoreess Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Triple Helix Enterprises" 7140 Minoreess Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 9, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
TRIPLE 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06803
Little Thunder Designs, LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Over The Bench/We R One/Kink U" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of

Sacramento County September 10, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
OVER 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05473
Sunrise Health & Wellness Center, LLC, 1947 N California Street Suite C, Stockton, CA 95204 is doing business under the Fictitious Business Name(s) "Sunrise Health & Wellness Center, LLC" 10089 Folsom Boulevard, Suite A & C, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
SUNRISE 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06437
Karllee Hormell, 2108 N Street #13174, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Field Trip Consulting" 2108 N Street #13174, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 29, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
FIELD 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06768
LNM1968 LLC, 10940 White Rock Road, Suite 210, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Delta Marine Sales/Bay Yachts" 140 Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County August 29, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
LNM 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06447
Delta Marine Sales, Inc., 1302 W. Fremont Street, Stockton, CA 95203 is doing business under the Fictitious Business Name(s) "Delta Marine Sales/Bay Yachts" 140 Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County August 29, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
DELTA 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06556
Thomas Madsen, 2807 Chad Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A Danish Construction Company" 2807 Chad Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 4, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
DANISH 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06554
Oleg Vlasov, 7325 Cotillion Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "NVN Transport" 7325 Cotillion Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 4, 2025
Publish: Sept 19, 26, Oct 3, 10, 2025
NVN 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06893
Sergiy Ostroshchenko, 1342 Trevor Court, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Starpom Services" 1342 Trevor Court, Roseville, CA 95678. Filed with the Clerk of Sacramento County September 15, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
STARPOM 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06827
McAtee Property Services, LLC, 3400 Cottage Way, Suite G2 #29279, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "High Tide Pools" 2156 Woodhead Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
HIGH 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06834
Team Totton LLC, 8142 San Remo Way Suite #6, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Guardian Angel Care Services" 8142 San Remo Way Suite #6, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
GUARDIAN 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06366
Karen Burleson, 35 Abbeywood Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Wild Caught Bees" 35 Abbeywood Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 27, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
WILD 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06721
Robert Stone and Jennifer Stone, 25 South 3rd Street, Rio Vista, CA 94571 is doing business under the Fictitious Business Name(s) "River Rats Septic and Plumbing" 14915 Isleton Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County

September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
RIVER 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06902
Fatoumata Karawana, 505 E. Armaudo Boulevard #236, Mountain House, CA 95391 is doing business under the Fictitious Business Name(s) "Eyana Hair Studio" 1440 Ethan Way Suite 42, CA 95825. Filed with the Clerk of Sacramento County September 15, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
EYANA 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06595
Leavitt Group Texas Select, LLC, 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479 is doing business under the Fictitious Business Name(s) "Crossland Coverage" 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479. Filed with the Clerk of Sacramento County September 5, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
CROSSLAND 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06951
RVIM Consulting LLC, 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River Valley Investment Management" 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 16, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
VALLEY 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06822
Tessa Anne Buys, 8700 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Memo's Latinx California Cuisine" 501 Second Street #A, Island, CA 95641. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
ROOT 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06856
Latinxcaliforniacuisine LLC, PO Box 543, Isleton, CA 95641 is doing business under the Fictitious Business Name(s) "Memo's Latinx California Cuisine" 501 Second Street #A, Island, CA 95641. Filed with the Clerk of Sacramento County September 11, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
MEMOS 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06999
Smart Auto Dismantling LLC, 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
SMART 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06998
Blue Sky Auto Dismantling LLC, 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Blue Sky Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BLUE 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06699
Floor Hounds LLC, 630 Cunard Drive, Napa, CA 94558 is doing business under the Fictitious Business Name(s) "TL Floor and Design" 9941 Horn Road Suite A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
TL 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06769
Roxana Hargrove, 3943 Nicklaus Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hargrove Professional Services" 3943 Nicklaus Place, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
HARGROVE 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05872
Akaalias LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Equalizer" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 7, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
EQUALIZER 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06234
Sergiy Pysarenko, 7344 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Profix Handyman" 7344 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 21, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
PROFIX 10-17-25

CA 95670. Filed with the Clerk of Sacramento County August 13, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BLACK 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06673
Capitol Impact Consulting, LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Capitol Impact, LLC" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 8, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
CAPITOL 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06176
The Non-GMO Project (CA) PO Box 5606, Bellingham, WA 98227 is doing business under the Fictitious Business Name(s) "Non-UPF Verified/Food Integrity Collective" 19 Bellweather Way #201, Bellingham, WA 98225. Filed with the Clerk of Sacramento County August 19, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
NON 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06884
Big Brother Auto Sales Inc, 3513 Recycle Road Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Brothers Auto Parts" 3527 Recycle Road #B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025
Publish: Sept 26, Oct 3, 10, 17, 2025
BROTHERS 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05893
Finding Home Foundation, Inc., 1675 E. Riverside Drive, Suite 200, Eagle, ID 83616 is doing business under the Fictitious Business Name(s) "First Call Foundation" 6929 Sunrise Boulevard, Suite 180, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 7, 2025
Publish: October 3, 10, 17, 24, 2025
FIRST 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06888
Albini Services and Products LLC, 11945 Armandi Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Mecca of Results (Magnus Elite Coaching Conditioning and Achievement)" 11945 Armandi Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
MECCA 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06612
Simply Appliances, Inc., 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Eco Appliance/Eco Appliance Recycling" 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 5, 2025
Publish: October 3, 10, 17, 24, 2025
ECO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06928
Wood Bookkeeping and Tax Service Inc, 5824 Northgrove Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Taxeausa.com" 5824 Northgrove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
TAX 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06901
California Emergency Food Link, 5800 Foodlink Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Hope and Threads Thrift Shoppe" 10343-A Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
HOPE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07064
Jamie Cavanaugh, 7805 Caber Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Pure Soul Kitchen Co./Pure Soul Plant-Based Kitchen Co/We Be Brunchin'/Phattie's Wraps & Bowls." 5780 Broadway, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 19, 2025
Publish: October 3, 10, 17, 24, 2025
PURE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07140
Tochukwu Ejekwe, 8020 Sawgrass Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ledivine Auto" 8020 Sawgrass Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
LEDIVINE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07142
God-given Rights And Community Empowerment GRACE Inc., 7301 I Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Grace Non Profit" 7301 I Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
GRACE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06727
Alila O'Donnell, 7640 Auburn Boulevard, Citrus Heights, CS 95610 is doing business under the Fictitious Business Name(s) "Zuffles" 7640 Auburn Boulevard, Citrus Heights, CS 95610. Filed with the Clerk of Sacramento County September 8, 2025
Publish: October 3, 10, 17, 24, 2025
ZUFFLES 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07155
Elijah Yefremenko, 8725 Spruce Ridge Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Eco Shine Window and Gutter Cleaning" 8725 Spruce Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
ECO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06891
Herman Melnyk, 4500 67th Street Bldg. 2-512C, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Mel Pro Electrical/MP Electrical" 4500 67th Street Bldg. 2-512C, Sacramento, CA 95819. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 3, 10, 17, 24, 2025
MEL 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07148
DrPirko, 890 Rivercrest Drive, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Ideal Plastic Surgery" 77 Cadillac Drive Suite 170, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
IDEAL 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06772
999 Thai Inc, 3609 Don Julio Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Yummy Thai Sushi/Moomii Fish N Chip/Thai Rice N Noodle/ Yummy Sushi Express" 1829 22nd Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 10, 2025
Publish: October 3, 10, 17, 24, 2025
YUMMY 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07034
Ivan Semenyuk, 4509 Fenwick Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Spark Works Services" 4509 Fenwick Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 18, 2025
Publish: October 3, 10, 17, 24, 2025
SPARK 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06582
A Caring Collective, LLC, 2324 I Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "HomeWell Care Services" 2324 I Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 4, 2025
Publish: October 3, 10, 17, 24, 2025
HOME 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07033
Voss & Voss, Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Voss ReCon/Voss Remodel & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 18, 2025
Publish: October 3, 10, 17, 24, 2025
VOSS 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07205
Victor Gonzales, 3712 Fielding Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Fireline Pool Care" 3712 Fielding Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 25, 2025
Publish: October 3, 10, 17, 24, 2025
FIRELINE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07077
Andriy Trokhymchuk, 4800 Manzanita Avenue C4, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tao Lab Services" 4800 Manzanita Avenue C4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2025
Publish: October 3, 10, 17, 24, 2025
TAO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06593
Apple NorCal LLC, 225 Bush Street Suite 1800, San Francisco, CA 94104 - DE is doing business under the Fictitious Business Name(s) "Applebee's Neighborhood Bar & Grill" 6900 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 5, 2025
Publish: October 3, 10, 17, 24, 2025
APPLEBEES 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07230
Manuel Saldana, 7248 Windjammer Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Black Hill Landscape" 7248 Windjammer Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September

26, 2025
Publish: October 3, 10, 17, 24, 2025
BLACK 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06830
Homeland Security Inc., 13113 Briarcliff Ter #102, German Town, MD 20874 is doing business under the Fictitious Business Name(s) "The Cleaning Authority" 4038 Wayside Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2025
Publish: October 3, 10, 17, 24, 2025
CLEANING 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07218
White Stone Dental Lab, LLC - 10204 Charles Morris Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Quality Crowns Dental Lab" LLC, 4700 Northgate Boulevard, Suite #15, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 25, 2026
Publish: October 3, 10, 17, 24, 2025
QUALITY 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07161
Tori Irvine, 9443 Twin Lakes Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hearth & Home Bakery" 9443 Twin Lakes Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 23, 2025
Publish: October 3, 10, 17, 24, 2025
HEARTH 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07078
Sandra Facino and Jarrett Facino, 8947 Rio Linda Boulevard, Rio Linda, CA 95626 is doing business under the Fictitious Business Name(s) "RV Nation" 8947 Rio Linda Boulevard, Rio Linda, CA 95626. Filed with the Clerk of Sacramento County September 19, 2025
Publish: October 3, 10, 17, 24, 2025
RV 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07204
DSSV, Inc. (DE), 548 Market Street, PMB 95237, San Francisco, CA 94104 is doing business under the Fictitious Business Name(s) "Brightwheel" 1759 Perry's Loop, Traverse City, MI 49685. Filed with the Clerk of Sacramento County September 25, 2025
Publish: October 10, 17, 24, 31, 2025
BRIGHTWHEEL 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06381
SB Nguyen LLC, 10347 Folsom Boulevard, Suite A, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Golden Nails" 10347 Folsom Boulevard, Suite A, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 27, 2025
Publish: October 10, 17, 24, 31, 2025
GOLDEN 10-31-25

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LEGAL ADVERTISING

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Carmichael, CA 95608

Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 – February 7, 1984 • Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 – September 18, 1969
Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 – March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 – March 21, 1988

FICTITIOUS BUSINESS NAME STATEMENTS

OF FICTITIOUS BUSINESS NAME
FILE NO. FBNF2022-05740

54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 3, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 19, 26, Oct 3, 10, 2025
MORRIS 10-10-25

CHANGE OF NAME
#25CV019697

Eduardo Guerrero Amarillas has filed a petition with this court for a decree changing the name(s) of Eduardo Guerrero Amarillas to Eduardo Guerrero Amarillas.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 20, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: August 20, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: October 3, 10, 17, 24, 2025
AMARILLAS 10-24-25

#25CV023187

Hattie Francine Thompson has filed a petition with this court for a decree changing the name(s) of Hattie Francine Thompson to Francine Thompson.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 2, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: October 1, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2025
THOMPSON 10-31-25

WOMAN, AND JAMES B. FRANK, AN UNMARRIED MAN AS JOINT TENANTS Recorded: 9/24/2020 as Instrument No. 202009242101 of Official Records in the office of the Recorder of SACRAMENTO County, California; Date of Sale: 10/28/2025 at 9:00 AM Place of Sale: At the East Main Entrance of the Gordon D. Schaber Sacramento County Courthouse, 720 9th Street, Sacramento, CA 95814 Amount of unpaid balance and other charges: \$195,775.20
The purported property address is: 2114 FORESTLAKE DR, RANCHO CORDOVA, CA 95670 Assessor's Parcel No.: 056-0122-004-0000 NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-25-1014262-AB. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 619-645-7711, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-25-1014262-AB to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. NOTICE TO PROSPECTIVE OWNER-OCCUPANT: Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. NOTICE TO PROSPECTIVE POST-SALE OVER BIDDERS: For post-sale information in accordance with Section 2924m(e) of the California Civil Code, use file number CA-25-1014262-AB and call (866) 645-7711 or login to: <http://www.qualityloan.com>. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the

The following person(s) has/ have abandoned the use of the Fictitious Business Name of: College Oak Towing/Littles Auto & Truck, 4125 Winters Street, Sacramento, CA 95838.
George Little Investments Incorporated, 4125 Winters Street, Sacramento, CA 95838.
The Fictitious Business Name Statement was filed on August 1, 2022 in the County of Sacramento.
Filed with the clerk of Sacramento County: October 2, 2025
Publish: October 10, 17, 24, 31, 2025
COLLEGE 10-31-25

STATEMENT OF ORDER TO SHOW FOR CHANGE OF NAME

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV021014

Hubert Daman DeJohette has filed a petition with this court for a decree changing the name(s) of Hubert Daman DeJohette to Damon DeJohette.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 3, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 5, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: Sept 19, 26, Oct 3, 10, 2025
DEJOHNETTE 10-10-25

Tammice Nicole Sample, 6465 Channing Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Golden Heart Room and Board" 6465 Channing Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 15, 2025
Publish: October 10, 17, 24, 31, 2025
GOLDEN 10-31-25

Phonyarat Brearley, 7652 Clement Circle, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "TK Massage" 5501 Power Inn Road Suite 110, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 16, 2025
Publish: October 10, 17, 24, 31, 2025
TK 10-31-25

Ian Huston, 2548 Walnut Avenue 17, Carmichael, CA 95608 and Dae Williams, 7394 Patero Circle, Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "BnClean" 2548 Walnut Avenue 17, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 20, 2025
Publish: October 10, 17, 24, 31, 2025
BNCLEAN 10-31-25

Lakshit Sharma and Shawn Christian, 14776 Mangini Parkway Apt #322, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Kadak Chai" 14776 Mangini Parkway Apt #322, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 29, 2025
Publish: October 10, 17, 24, 31, 2025
KADAK 10-31-25

Monique Lynette Morris has filed a petition with this court for a decree changing the name(s) of Malachi Deshawn Morris to Malachi Lorenzo Murphy.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 2, 2026, at 9:00 a.m. in Department

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV016731

Meleena Kamela Maharaj-Robinson has filed a petition with this court for a decree changing the name(s) of Meleena Kamela Maharaj-Robinson to Meleena Kamela Maharaj.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on November 12, 2025, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: July 14, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish: Sept 19, 26, Oct 3, 10, 2025
ROBINSON 10-10-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 12, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: October 3, 10, 17, 24, 2025
MOORE 10-24-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV022547

Shalini Devi Pahalad has filed a petition with this court for a decree changing the name(s) of Shalini Devi Pahalad to Elizabeth Devi Pahalad.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 24, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 22, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: October 3, 10, 17, 24, 2025
PAHALAD 10-24-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV022359

Sara Vardanyan has filed a petition with this court for a decree changing the name(s) of Lena Ashut Vardanyan to Lena Eliza Avakyan.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 17, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 19, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish October 3, 10, 17, 24, 2025
VARDANYAN 10-24-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 12, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish October 3, 10, 17, 24, 2025
MOORE 10-24-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV022464

Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas, Miriam Elizabeth Rios has filed a petition with this court for a decree changing the name(s) of Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas, Miriam Elizabeth Rios to Miriam Elizabeth Mendoza.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 18, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 19, 2025
Richard K. Sueyoshi, Judge of the Superior Court
Publish October 3, 10, 17, 24, 2025
RIOS 10-24-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV021249

Badr Alghazawe has filed a petition with this court for a decree changing the name(s) of TRUMP Badr Alghazawi to AMER Badr Alghazawi.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 5, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 9, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2025
ALGHAZAW 10-31-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME
#25CV021027

Autumn Marie Weller has filed a petition with this court for a decree changing the name(s) of Angelo Ermiias Weller Pereira to Angelo Anthony Ermiias Barrera.
IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 4, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.
Dated: September 5, 2025
Christopher E. Krueger, Judge of the Superior Court
Publish: October 10, 17, 24, 31, 2025
WELLER 10-31-25

SUPERIOR COURT OF CALIFORNIA
COUNTY OF SACRAMENTO
ORDER TO SHOW CAUSE
CHANGE OF NAME

NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE EDUARDO RIVAS
CASE NO. 25PR003214

To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jose Eduardo Rivas.
A Petition for Probate has been filed by Javier Arzate, in the Superior Court of California, County of Sacramento, requesting Javier Arzate be appointed as personal representative(s) to administer the estate of the decedent.
The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A hearing on the petition will be held in this court as follows November 20, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
The name, address and telephone number of the Petitioner is: Javier Arzate, PO Box 831, North Highlands, CA 95660; 916-878-7155
Publish: October 3, 10, 17, 2025
RIVAS 10-17-25

TRUSTEE SALE

NOTICE OF TRUSTEE'S SALE
TS No. CA-25-1014262-AB
Order No.: EOR20250424-8729658 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/17/2020. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): KATINA S. BOYER, (AN UNMARRIED

NOTICE OF PUBLIC HEARING

Pursuant to Section 116470 (b) of the California Health and Safety Code, Golden State Water Company (Golden State Water) prepared a report that provides information on contaminants detected in the drinking water at concentrations above established Public Health Goals (PHG) or Maximum Contaminant Level Goals (MCLG). The purpose of the public hearing is to provide the opportunity for the public to convey comments directly to Golden State Water representatives and for Golden State Water to respond to public comments on the PHG report for the Cordova Water System, which serves the cities of Rancho Cordova and Gold River. The public hearing is to take place via Zoom on Tuesday, October 21st (Link: <https://bit.ly/GSWCPHGOct21>) and Thursday, October 23rd (Link: <https://bit.ly/GSWCPHGOct23>) from 6 PM – 7PM. Interested persons are invited to attend either session and express their views. Please direct questions or comments concerning this public hearing to Rocio Flores, Water Quality Engineer, at (800) 999-4033.
Grapevine Independent 10-10-2025

City of Rancho Cordova Notice of Public Hearing

NOTICE is hereby given that on **Monday, October 20, 2025, at 5:30 p.m.**, or as soon thereafter as the matter may be heard, the City Council of the City of Rancho Cordova will hold a Public Meeting at the **Rancho Cordova City Hall, located at 2729 Prospect Park Drive, Rancho Cordova**, to consider the following:

ECONOMIC DEVELOPMENT SUBSIDY REPORT PURSUANT TO GOVERNMENT CODE SECTION 53083

The purpose of this public hearing is: **Allow for a public hearing on an economic development subsidy report pursuant to Section 53083 of the Government Code.**

The City of Rancho Cordova Economic Development Subsidy Report, Clutch contains the following information:

- The name and address of all corporation or any other businesses entities, except for sole proprietorships, that are the beneficiary of the economic development subsidy, if applicable.
- The start and end dates and schedule for the economic development subsidy.
- A description of the of the economic development subsidy, including the estimated total amount of the expenditure of public funds by, or of revenue lost to, the local agency as a result of the economic development subsidy.
- A statement of the public purposes for the economic development subsidy.
- The net tax revenue accruing to the local agency as a result of the economic development subsidy.
- The net number of jobs created by the economic development subsidy, broken down by full-time, part-time, and temporary positions.

The City of Rancho Cordova encourages interested parties to attend public meetings and comment on the issues being discussed. If you wish to provide testimony and are unable to attend the meeting, written comments that are delivered to the City Clerk's office prior to the time of the hearing will be made a part of the public record.

Questions regarding this matter should be directed to the City of Rancho Cordova Economic Development Department at (916) 851-8780.

NOTICE REGARDING CHALLENGES TO DECISIONS

Pursuant to all applicable laws and regulations, including without limitation, California Government Code Section 65009 and/or California Public Resources Code Section 21177, if you wish to challenge in court any of the above decisions (regarding planning, zoning and/or environmental decisions), you may be limited to raising only those issues you or someone else raised at the public hearing(s) described in this notice/agenda, or in written correspondence delivered to the city at, or prior to, this public hearing.

ADA COMPLIANCE STATEMENT

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerk's Department at (916) 851-8720. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting.

Printed in the Grapevine Independent on **October 10, 2025.**

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Carmichael Times Adjudicated For and By the County of Sacramento, Adjudication No. 317294 - February 7, 1984
 Rancho Cordova Independent Adjudicated For and By the County of Sacramento, Adjudication No. 195380 - September 18, 1969
 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020
 The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

TRUSTEE SALE

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or Payoff Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION TS No.: CA-25-1014262-AB IDSPub #0250485 10/3/2025 10/10/2025 10/17/2025 GRAPEVINE INDEPENDENT 10-17-25

MPG

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Meals on Wheels Sacramento County

Grapevine Independent

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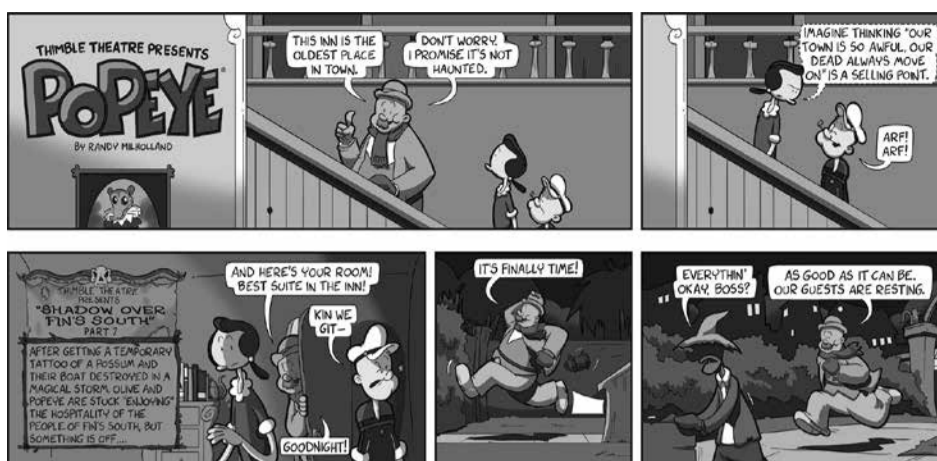
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COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



by Dave T. Phipps



HOCUS-FOCUS

BY HENRY BOLTINOFF

Find at least six differences in details between panels.



Differences: 1. Box is smaller. 2. Arm is longer. 3. Tie is longer. 4. Thumb is moved. 5. Man has more hair. 6. Cap is a different shape.

Out on a Limb



by Gary Kopervas

TIGER



by BUD BLAKE

GRIN and BEAR IT



Just Like Cats & Dogs

by Dave T. Phipps



C	L	E	F	S		P	A	P		T	H	U	G		
R	A	D	I	O		O	D	E		M	O	U	S	E	
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E	R	O	S			E	G	O		E	R	N	S	T	

STATEPOINT CROSSWORD • WORLD SERIES

CLUES

- ACROSS
- Treble, bass and alto
 - OB-GYN test
 - Hoodlum
 - In 1921, the World Series was first broadcast on it
 - Tribute poem
 - Cursor mover
 - Same as Amir
 - Neither here _____ there
 - *Any member of the 2002 World Series champs
 - *World Series trophy presenter, Rob _____
 - *2024 World Series winners
 - ____ and the City
 - German industrial valley
 - Gift topper
 - Kids' building block
 - *Player with most career World Series home runs
 - Good vs _____
 - Ball of yarn
 - Offspring
 - Thespian's part
 - Shasta and Tab, e.g.
 - Singer Tori _____
 - Potato masher alternative
 - Fox coat, e.g.
 - Hokkaido native
 - Put on a pedestal
 - Just manages, with "out"
 - *2005 World Series MVP, Jermaine _____
 - Time unit
 - Polar toy-maker
 - *Team with most World Series wins
 - *2024 World Series MVP, Freddie _____
 - Met's offering
 - Legal grp.
 - Give the slip
 - Send, as payment
 - Toothy fish
 - Sells
 - Cupid, to the Greeks
 - Freudian topic
 - Surrealist Max
- DOWN
- Pull an all-nighter
 - Holy man
 - *"Yellowstone" actress and Josh Brolin's daughter
 - Feudal estates
 - Sour salad green
 - Atlantic Ocean, in a popular idiom
 - *"Much _____ About Nothing"
 - Lost, in Provence
 - Chinatown gang
 - Massive
 - Addict
 - Hair styling goops
 - ____ shirts, in "The Outsiders"
 - *#19 Across and such
 - Unit of electrical resistance
 - Mule deer's European cousin (2 words)
 - *Player with most career World Series hits, Yogi _____
 - Egg-shaped
 - "Will comply" in radio communication
 - Lump of stuff

CROSSWORD														
1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19						20			21	22				
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72								73				74		

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4 6 2 1 9 5 7 8 3

3 8 9 4 6 7 5 1 2

1 5 7 2 8 3 9 6 4

5 7 8 6 2 9 3 4 1

6 1 4 3 7 8 2 9 5

9 2 3 5 4 1 6 7 8

7 4 5 9 1 2 8 3 6

2 9 6 8 3 4 1 5 7

8 3 1 7 5 6 4 2 9

31. *Org. that regulates the College World Series

32. Shy

33. Eccentric like a bird?

34. Follow

36. Sinister look

38. *Only one W.S. Game 7 ended by _____ off home run

42. Ranch grazer

45. Fix leftovers

49. Anonymous John

51. Ace hiding place

54. Consumption

56. "Saturday Night _____" movie

57. Yesteryear

58. Impersonator

59. Captain of Nautilus

60. * _____ Bryant, of 2016 World Series winning Cubs

61. Wild West card game

62. "Buddenbrooks" author

63. Contributes

64. Home to eggs

67. Tote, e.g.

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

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How to Make the Most of Alzheimer's Disease Breakthroughs



Dr. Helen C. Kales

UC Davis Health News Release

SACRAMENTO REGION, CA (MPG) - New research published in The Lancet as part of its Alzheimer's Disease Series outlines strategies for integrating emerging and existing approaches for treating Alzheimer's disease. The Lancet is a weekly peer-reviewed general medical journal, founded in 1823

Forty international experts contributed to this three-part series. University of California, Davis Geriatric Psychiatrist Helen C. Kales is the only U.S. psychiatrist among this expert group and is a co-author of the new paper.

"Our findings underscore the urgent need to bring evidence-based, person-centered care into real-world dementia settings," Kales said. "We need to prioritize non-pharmacological



University of California, Davis Geriatric Psychiatrist Helen C. Kales is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage dementia-related behaviors. Photos UC Davis Health

strategies and caregiver support while thoughtfully incorporating new disease-modifying therapies for dementia, such as lecanemab and donanemab."

Kales is the chair of the UC Davis Department of Psychiatry and Behavioral Sciences and the Joe P. Tupin Professor of Psychiatry. She is the co-creator of the DICE Approach (describe, investigate, create and evaluate), a method that helps caregivers assess and manage

dementia-related behaviors.

Developing customized integrative treatment plans for Alzheimer's patients

The key findings in The Lancet paper include more than 90 percent of individuals with Alzheimer's disease experience behavioral and psychological symptoms (BPSD), such as agitation, depression and psychosis.

Non-pharmacological approaches such as the DICE Approach, which consists of

personalized activities and caregiver training, are often more effective and safer than psychotropic drugs yet remain underused.

Medical professionals should recognize cases when psychotropic drugs are needed for the treatment of behavioral and psychological symptoms. Still, they should use the drugs cautiously and follow clear guidelines.

Anti-amyloid monoclonal antibodies (donanemab and

lecanemab) represent a historic shift in Alzheimer's treatment, slowing cognitive decline for the first time; however, the drugs raise complex questions about eligibility, safety and long-term impact.

Combining symptomatic treatments (such as cholinesterase inhibitors and memantine) with disease-modifying therapies might offer additive benefits, although more research is needed.

The study also presented strategic recommendations, including the support of infrastructure development for Alzheimer's disease biomarker testing and access to brain scans and funding caregiver training and non-pharmacological programs in both community and institutional settings.

The study also recommends establishing registries to monitor real-world outcomes and safety, prioritizing equitable access through pricing models, public funding and global partnerships and engaging in public dialogue about the societal value of investing in Alzheimer's care.

"By integrating emerging therapies with proven care strategies, supporting caregivers and ensuring that innovation translates into improvements in our patients' lives, we can make meaningful progress in the diagnosis and treatment of this disease," Kales said. ★

How to Combat Road Rage

AAA Mountain West Group News Release

SACRAMENTO REGION, CA (MPG)

- If you feel like aggressive drivers are everywhere, there might be some truth to it. A staggering 96 percent of drivers admitted to engaging in some form of aggressive driving in the last year, according to a new study by the AAA Foundation for Traffic Safety released on Sept. 23.

Aggressive driving can come in the form of speeding and tailgating to cutting off other vehicles.

According to the nationwide study, aggressive driving has become a nearly universal experience on American roads.

"Understanding the motivations behind aggressive driving is a key step toward preventing it," said Doug Johnson, spokesperson for AAA Mountain West Group. "Aggressive driving can quickly escalate into road rage, so it's important that drivers know how to react appropriately and keep themselves from being the instigator."

The study found that being in a hurry often fuels aggressive behavior on the road. Drivers were also more prone to engage in unsafe behavior as a reaction to other aggressive vehicles. This self-fulfilling cycle of aggressive driving and road rage is fueling a culture where impatience and



Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger. Photo by Tyli Jura from Pixabay

hostility are becoming the norm behind the wheel.

Key findings of the study follow.

Ninety-two percent of drivers reported aggressive behaviors that put others at risk, such as speeding or cutting off other vehicles. Their top motivators were to get to their destination faster and avoid perceived danger.

Eleven percent admitted violent actions such as intentionally bumping another car or

confronting another driver.

Aggressive driving is contagious. Drivers who experienced higher levels of aggressive driving also had higher levels of engagement in aggressive driving.

The vehicle plays a role. The kind of car you drive could predict how you act and how others perceive you. Drivers in sports cars, big trucks, and motorcycles are often seen as more aggressive. Some drivers say they felt more

powerful and dominant behind the wheel of these vehicles.

This study is an update of a 2016 AAA study which shows some behaviors have become more common while others have declined.

Since 2016, cutting off other vehicles is up 67 percent, honking out of anger is up 47 percent, tailgating is down 24 percent and yelling at other drivers is down 17 percent.

AAA urges drivers to prioritize

courtesy and safety to help curb aggressive driving. Another key finding in the study was that good road etiquette might be the most effective way to reduce aggressive driving and road rage.

Simple actions such as using turn signals, letting others merge and offering a friendly wave can help de-escalate tension and create a safer driving environment for everyone.

Some AAA tips when encountering aggressive drivers are staying calm (don't engage); avoiding eye contact, making gestures or responding; providing ample space; and letting them pass and keeping your distance. Finally, call 911 if necessary or go to a public place; never drive home.

AAA tips for controlling road rage include breathing before you react (one deep breath can reset your perspective); don't take the bait; ignoring and avoiding aggressive drivers; choosing time over tension; and leaving early, giving space and most importantly, arriving to your destination safely.

AAA Mountain West Group is a membership and full-service leisure travel organization, proudly serving more than 6.7-million members throughout Northern California, Arizona, Utah, Nevada, Montana, Wyoming and Alaska. ★

Apply Now for CalKIDS Scholarships

CalKIDS News Release

SACRAMENTO REGION, CA (MPG) - Now that the new school year is in full swing, it's the perfect time for students and families to jumpstart their year with CalKIDS, California's landmark scholarship program for college and career training.

Launched in 2022 by the State of California and administered by the ScholarShare Investment Board, CalKIDS expands access to higher education by creating scholarship accounts for eligible students, offering families a simple and meaningful first step toward their child's future education.

"Back-to-school is the perfect time to claim your CalKIDS Scholarship," said California State Treasurer Fiona Ma. "These funds aren't just dollars; they're an investment in our children's dreams and in California's future. Every child deserves both the belief and the support to make their dreams real."

CalKIDS scholarships can be used at accredited colleges, universities, community colleges and career training programs across the country. Eligible education-related expenses include tuition and fees, books and school supplies, and computer equipment.



CalKIDS connects with students at the Asian Pacific Islander Desi American Center at the California State University, Sacramento. Photo courtesy of CalKIDS

Over time, CalKIDS Scholarship Account funds can earn extra money because they are set aside and invested until the student is ready for college or career training.

Research shows that children with even modest education savings are three times more likely to attend college and four times more likely to graduate. By claiming a CalKIDS account, families are taking a powerful step toward building a path to higher education.

Claiming a scholarship is quick, easy, and can be done entirely online. Go to CalKIDS.org and click "Confirm Eligibility." Enter your

child's Statewide Student Identifier (SSID), a 10-digit number which can be found on the student's K-12 school portal, transcript, report card or by contacting their school directly. If eligible, follow the prompts to "Claim Account."

Once the scholarship account is claimed, funds can be used when the student enrolls in an accredited college, university, community college, or career training program.

California recently passed legislation requiring schools to share information about CalKIDS as students complete the FAFSA

(Free Application for Federal Student Aid) or California Dream Act Application (CADAA), ensuring that high school seniors are introduced to this important funding resource.

More than 630,000 students and families across California have already claimed their CalKIDS Scholarships.

To learn more or claim a CalKIDS Scholarship, visit CalKIDS.org.

The California Kids Investment and Development Savings Program (CalKIDS) is the nation's largest child development account program, providing scholarships for higher education. Administered by the ScholarShare Investment Board and chaired by Ma, the program is designed to promote the pursuit of higher education statewide by empowering families to build assets, nurture savings habits and raise their educational aspirations.

Eligible public-school students can receive CalKIDS Scholarships worth up to \$1,500 and every child born in California on or after July 1, 2022, is awarded a CalKIDS Scholarship worth up to \$175, ensuring more families have the resources needed to support their children's education. To learn more, visit CalKIDS.org. ★

Kings Launch 'Los Kings' Platform

Sacramento Kings Celebrate Hispanic Heritage Month

Sacramento Kings News Release

SACRAMENTO, CA (MPG) - In celebration of Hispanic Heritage Month, the Sacramento Kings announced the launch of Los Kings, a year-round platform designed to honor, engage and connect with the Hispanic and Latinx community.

Presented by Red Hawk Resort and Casino, the initiative reflects the Kings commitment to amplifying representation, culture and community connection.

"We are proud to launch Los Kings as a way to honor and celebrate the vibrant Hispanic and Latinx community," said Sacramento Kings President of Business Operations John Rinehart. "This platform allows us to deepen our connections, amplify culture and traditions, and ensure our fans feel represented during Hispanic Heritage Month and beyond."

"Red Hawk Resort and Casino is honored to partner with the Sacramento Kings on this important initiative," Red Hawk

Resort and Casino President and CEO Bryan deLugo said. "Together, we look forward to celebrating the rich traditions of the Hispanic and Latinx community while creating authentic moments that reflect the culture of Sacramento."

As part of the platform, the Kings will introduce exclusive Los Kings merchandise, available in the Kings Team Store and online. The organization will amplify its outreach through Spanish-language radio ads, exclusive ticket offers for guests who attend Latinx concerts at Golden 1 Center and a series of grassroots activations designed to foster deeper connections with the community.

On March 15, the Kings will host the second annual Lowrider Night presented by Red Hawk Resort + Casino, highlighting the artistry, pride and tradition of the community.

The Los Kings platform builds upon the NBA's league-wide efforts to connect with Hispanic and Latinx fans, including Hispanic Heritage Month activations and Noches Éne Bé A programming. ★



From Little League to the MLB Postseason

Local Little League Graduates Represent Sacramento in MLB Postseason

By Seth Henderson

SACRAMENTO REGION, CA (MPG) - With the Major League Baseball postseason underway since Sept. 29, four graduates of the Sacramento region's Little League teams represent the area in both the American and National leagues, with more than 140 total former Little Leaguers participating in the post-season to win the World Series.

The National League has two Sacramento-region graduates and they are Robert Gasser of El Dorado Hills Little League and Nick Mears of Rocklin Little League, playing for the Milwaukee Brewers. The American League has Nick Sogard of Fair Oaks/Orangevale Little League playing for the Boston Red Sox and Dom Núñez of Land Park Pacific Little League playing for the Cleveland Guardians.

Gasser is a pitcher for the team and made local Milwaukee headlines during his May 2024 MLB debut. He attended Oak Ridge High School in El Dorado Hills, as well as the universities of New Mexico and Houston. Gasser was drafted by the San Diego Padres in 2021 with the 71st overall pick before he was traded to the Brewers in 2022, assigned to play on Double and Triple-A teams.

Mears, also a pitcher for the Brewers, attended Rocklin High School and Sacramento City College, and was signed as a free agent in 2018 to the Pittsburgh Pirates, playing across three levels of baseball before being called up to the major league in 2020. Mears spent some time with the Colorado Rockies before being traded to the Brewers in July 2024.

Sogard is an infielder for the Red Sox and

attended Jesuit High School in Carmichael. He was originally drafted to the Tampa Bay Rays in 2019 with the 368th overall draft pick and traded to the Red Sox in 2021. He was promoted to the 40-man roster for the first time in July 2024, but was optioned to start the 2025 season at the Triple-A level. Sogard was called up to relieve pitcher Romy Gonzalez after an injury on May 10.

Representing Land Park Pacific Little League is Cleveland Guardians catcher Núñez, who was drafted out of Elk Grove High School in 2013, despite a commitment to play collegiate baseball at University of California, Los Angeles. He was drafted in the sixth round to the Colorado Rockies and made his MLB debut in August 2019. Núñez had short stints with the San Francisco Giants, Chicago Cubs and Pittsburgh Pirates before signing a minor league contract with the Guardians in January 2024. He was elevated to the active roster after catcher Austin Hedges suffered a concussion in June.

After the American and National League Wild Card Series games, the Major League Baseball World Series is scheduled to begin on Oct. 24. To see the entire list of Little League graduates in the MLB and other notable alumni, visit www.littleleague.org/who-we-are/alumni/active-mlb-alumni.

According to league information online, the Sacramento region has more than 25 Little League programs. To learn more about how to sign up for a team, visit www.littleleague.org/play-little-league/league-finder/ to find active teams, rules and policies. To start or grow an existing Little League program, visit www.littleleague.org/play-little-league. ★



Homegrown Defender to Join U.S. Men's National Team



All three of Sac Republic FC's homegrown players have earned National Team call ups this year. Photo courtesy of Sac Republic FC

Sac Republic FC News Release

SACRAMENTO, CA (MPG) - U.S. Soccer announced that Sac Republic FC defender Chibi Ukaegbu has been selected to the U.S. U-20 Men's National Team roster for its upcoming international training camp in San Pedro Del Pinatar, Spain from Oct. 6 to Oct. 15.

Ukaegbu is one of three players representing United Soccer League Championship on the roster.

The 18-year-old homegrown defender has made 15 appearances across all competitions in 2025.

On Oct. 1, he helped Sacramento punch its ticket to the 2025 playoffs in a 2-1 win over Orange County SC. Ukaegbu earned the start and delivered a standout performance with a 93% pass completion rate, two interceptions, four possessions won and a game-high five clearances.

This will be Chibi's third selection to a

U-20 national team roster this year. He previously joined the squad in January for a camp that included friendlies against the U.S. Men's National Team and Nashville SC, and again in September for a training camp in West Palm Beach, Florida. He also earned three youth national team call-ups in 2024, twice with the U-19 team and once with the U-17 side.

Including Ukaegbu, all three of Sacramento's homegrown players have earned national team recognition this year.

In May, Blake Willey made four appearances for the U-18 U.S. Men's National Team and provided an assist to help bring home silverware in the UEFA Friendship Cup, lifting the trophy over top soccer nations including France, Argentina, and Portugal.

Fifteen-year-old Da'vian Kimbrough claimed the golden boot with Mexico's U-15 squad en-route to the Concacaf Championship title. Kimbrough scored in each of his six games, finishing as top scorer in the competition to lead the tournament's championship team. ★

Lawrence Butler Medical Update

Athletics News Release

WEST SACRAMENTO, CA (MPG) - Lawrence Butler underwent successful surgery on his right patellar tendon Oct. 3 with Dr. Mike Banffy at the Kerlan-Jobe Orthopedic Center in Los Angeles.

Banffy performed a partial tendon tear repair and debridement of chronic scar tissue. Lawrence also received a Platelet-Rich Plasma (PRP) injection into



Athletics Outfielder Lawrence Butler answers questions during a Nike youth sports camp for the West Sacramento Little League in July. Photo by Seth Henderson

his left patella tendon, under ultrasound guidance, to address chronic tendonitis.

Butler will rehab throughout the off-season in preparation for spring training 2026. ★

Whisenhunt Named PCL Pitcher of the Year

Sacramento River Cats News Release

WEST SACRAMENTO, CA (MPG) - After leading the Sacramento River Cats rotation through much of the season and making their Major League Baseball debuts, both left-hander Carson Whisenhunt and right-hander Carson Seymour have been named 2025 Triple-A Pacific Coast League All-Stars.

For Whisenhunt, he was also selected as the Pacific Coast League Pitcher of the Year.

Whisenhunt, 24, had an impressive year for the River Cats, going 9-5 with a 4.43 ERA (53 er, 107.2 ip) in 21 starts. In that time, he struck out 95 batters and issued just 35 walks, which included a trio of contests in which he recorded nine strikeouts. The southpaw had a stretch of four straight games in which he tossed seven innings and allowed two or fewer runs from May 1 to May 18. Whisenhunt continued to cement his legacy in Sacramento by becoming just the second pitcher since the start of 2018 (along with Mason Black) to record 20 or more starts in consecutive seasons.



Both left-hander Carson Whisenhunt and right-hander Carson Seymour have been named 2025 Triple-A Pacific Coast League All-Stars. Photo courtesy of Sacramento River Cats

Twice in 2025, Whisenhunt was tabbed the Pacific Coast League Pitcher of the Week, first from April 14 to April 20 and again from May 13 to May 18, both of which coincided with outings against the Salt Lake Bees. The first was a single outing in which Whisenhunt shut out Salt Lake for six frames, while the second honor was for a pair of starts at home against the Bees in which

he allowed one unearned run in 14.0 combined innings with 14 strikeouts to one walk.

Seymour, 26, made 16 total appearances for Sacramento, 15 of which were starts. In that time, he logged just a 4-8 record but produced a 3.86 ERA (33 er, 77.0 ip), striking out 90 while issuing only 39 walks. The Kansas State product started the year on a hot note, allowing two runs or less in each of

his first six outings, an achievement Seymour accomplished in 12 of 16 total outings. Seymour finished the season as the first River Cat to reach double-digit games of five or more strikeouts.

Once this season, Seymour was picked as the Pacific Coast League Pitcher of the Week, his honor coming from April 1 to 6 in the second series of the year for the River Cats. In that time, Seymour made just one start against the Las

Vegas Aviators, allowing only two hits and one walk with five strikeouts in five innings.

Sacramento had no players selected to the Pacific Coast League All-Star team in 2024, meaning Seymour and Whisenhunt are the first River Cats to be named All-Stars since the duo of Tyler Fitzgerald and Trenton Brooks in the 2023 campaign. Brooks' time that season was split in the Pacific Coast League between Las Vegas (94 games) and Sacramento (24 games). Overall, it is the first yearly honor in the career for either Seymour or Whisenhunt.

Whisenhunt's Pacific Coast League Pitcher of the Year honor is the first postseason award for a River Cat since David Villar's 2022 PCL Most Valuable Player honor, a season in which he hit .275 (82-for-298) with 27 homers, 82 RBI and a 1.021 OPS. It is just the second time a River Cat has been named a Pacific Coast League Pitcher of the Year, as the first to do so was Justin Duchscherer in the 2003 season in which he was 14-2 with a 3.25 ERA (56 er, 155.0 ip) and 117 strikeouts. ★

Lancers Outlast Lions in Thriller



Junior running back Zachary McIntire goes off tackle for the game winning touchdown. Photo by Rick Sloan

victory for the Lancers in a big-time Metro League showdown.

The Lancers (3-3 overall, 1-1 Metro League) were largely carried to victory by Wallace, who went 8-of-18 passing for 132 yards through the air. It was his rushing output that made the biggest difference however, as he tallied 13 carries for 129 yards and a season-high four touchdowns. McIntire added nine carries for 61 yards, including the go-ahead score late to round out their offensive output. But for Lancers' head coach JP Dolliver, he was pleased with the effort he saw from the entire group throughout the entirety of the contest.

"We were engaged in four full quarters of football and we haven't really done that all year long," Lancers' head coach JP Dolliver said afterward. "It's kind of been sporadic in all three phases of the game. We weren't clicking. Today we were. We started out strong right out the gate, and we needed it because that team (McClatchy) is a very strong and well-coached football team."

The game was back and forth throughout, as the Lions (3-3 overall, 0-2 Metro League) were led by an impressive performance by their own junior quarterback. Hutchison finished 14-of-22 passing for 194 yards and three touchdowns, with one interception. Sophomore running back Robert Jackson III tallied 14 carries for 83 yards and a score.

The second half of the contest was marred by penalties against the

Lancers from the officials, including two 80-plus yard touchdown runs by Wallace that were wiped away. Spectators in the stands loudly voiced their displeasure against more than a handful of calls that appeared to be unwarranted. When asked about it after the game, Dolliver's message was simple.

"All I can say is we can't leave it in the hands of the officials," Dolliver said regarding the penalties in the second half. "We gotta play football that is lights out. When you give good teams any sunlight you leave the game open."

Obviously, there were big plays on their end (McClatchy) and I don't want to take away from those things because we made a lot of big mistakes."

The Lancers earned the victory at the end of the night, however, their second in a row after losing their previous three games. Now with some much-needed momentum heading into their Homecoming game against Antelope on Oct. 10 inside Lancer Stadium with kickoff at 7 p.m., Cordova members are feeling good about their chances to make some noise down the stretch.

"For our confidence, it's big," Dolliver said. "For so long, the team has thought maybe we're not where we should be, we're not playing in the league we should be. We start seeing some of the teams coming down the pike and I think our kids are starting to realize we're pretty damn good too." ★

Quarterback Trey Wallace goes into the end zone for a crucial two-point conversion. Photo by Rick Sloan

By James Darnell

SACRAMENTO, CA (MPG) - Trailing by four points against McClatchy with just under six minutes remaining inside Hughes Stadium in Sacramento on Oct. 3, the Cordova Lancers didn't panic.

They didn't panic when junior quarterback Trey Wallace had an 88-yard touchdown run called back on the Lancers' first play from scrimmage on their ensuing possession.

After all, flags were thrown against the Lancers all night: some justified, some not.

Wallace would then deliver two 30-plus yard completions to senior wide receivers Damajae Moses and Carnell Jones in back-to-back plays, setting up an eventual 10-yard go-ahead scoring run by junior running back Zachary McIntire with 4:36 remaining that would put the Lancers ahead for good.

On the Lions' final possession, Cordova sophomore linebacker Gino David would sack Lions' junior



Senior free safety Damajae Moses brings down the McClatchy ball carrier in the back field for a big loss. Photo by Rick Sloan



Senior Carnell Jones returns a McClatchy kickoff for a long gain to midfield. Photo by Rick Sloan

quarterback Josiah Hutchison on the McClatchy five-yard line, forcing

the Lions to punt with 1:48 remaining, which sealed a nail-biting 34-32



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