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The Official Newspaper of Record for the City of Citrus Heights

# Citrus Heights Messenger

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## New Bargain Super Market Opens



Owner Bobby Singh and fellow family members celebrate the official grand opening of the Bargain Super Market on 7817 Greenback Lane in Citrus Heights with a ribbon-cutting ceremony sponsored by the Citrus Heights Chamber of Commerce on Sept. 17.

**Story and photo  
by Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - The Bargain Super Market, a new, family-owned, independent convenience grocery store near the corner of Birdcage Street and Greenback Lane, opened at 7817 Greenback Lane in Citrus Heights.

Owner Bobby Singh and fellow family members celebrated the store's official grand opening with a ribbon cutting ceremony sponsored by the Citrus Heights Chamber of Commerce on Sept. 17. The store opened to the public a month ago.

Citrus Heights Mayor Dr. Jayne Karpinski-Costa congratulated Singh on becoming part of the city's growing business community, wishing he and his family well and offering the city's assistance to any issues, including public safety that he might face.

Kathilynn Carpenter, executive director of Sunrise Market Place, also attended the ribbon cutting ceremony,

along with individual representatives of state and Sacramento County elected officials who presented commemorative citations to Singh.

Bargain Super Market sells a variety of convenient items, including grocery items, beer, liquor, wine, spirits, ice cream, candy, snacks and more popular grocery items.

The interior of the 4,300 square-foot building, which was built in 1997, previously held a mattress discount store affiliated with Mattress Firm and was given a refresh with wood parquet-style floors, refrigerated display cases and wide, spacious aisles for ease and shopping convenience.

"This location proved to be ideal for us within Sunrise Market Place," Singh said. "It's perfect for customers who may be just looking to purchase a few quickly needed, reasonably priced grocery items and then get on their way."

Two full-service grocers, Sprout's Farmers Market and a Walmart store, are located near the busy

corner of Greenback Lane and Sunrise Boulevard within Sunrise Market Place.

The city is also home to three 7-Eleven chain convenience stores in the general area, including one near the corner of San Juan Ave and Greenback Lane.

Singh said the opportunity to operate as an independent market, unlike a chain store, allows him to choose his own inventory and better get to know the needs of his customers, creating a stronger connection with the community he now serves.

Two popular restaurants, Tres Hermanos Taqueria and Pho ABC, a Vietnamese and Chinese restaurant, are located nearby. The shopping center is also home to Harbor Freight Tools, Big 5 Sporting Goods, Mattress Firm, Aspen Dental and Firestone Auto Care.

The Bargain Super Market at 7817 Greenback Lane in Citrus Heights is open from 6 a.m. to 11:45 p.m. Mondays through Sundays. Call 916-916-9723 for more information. ★

## Construction Underway on Grocery Outlet



Tilton Pacific Construction, Inc. of Rocklin has begun construction of a new Grocery Outlet store in Sunrise Village. Projected completion is early 2026. Photo by of Thomas J. Sullivan

**By Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - Construction of a new Grocery Outlet in Sunrise Village started last week with a projected completion date of completion in early 2026, according to a senior construction superintendent for Tilton Pacific Construction, Inc. of Rocklin, which is overseeing the interior and exterior

renovations to the former Rite Aid drug store.

Temporary exterior wire fencing was put up and signage by Tilton Pacific Construction has been placed in front of the job site in Sunrise Village on 5409 Sunrise Blvd. at Sunrise Boulevard and Madison Avenue.

Jeff Huelsman, a senior superintendent for Tilton Pacific Construction,

said work crews were just beginning to remove the existing interior ceiling within the building to its bare structure, which is necessary to meet the higher shelving and storage height required by Grocery Outlet in its retail stores.

Inside the building, piles of ceiling tiles were scattered and twisted pieces of metal from the suspended acoustic ceiling

had been removed.

Once this phase of the construction work is completed and the interior is stripped to a bare shell, Huelsman said, a new heating, ventilation and air conditioning system (HVAC) will be installed and existing concrete flooring will be refinished before the buildout of display shelving begins.

Continued on page 2

## SacRT Launches Transit Connect

**Sacramento Regional  
Transit News Release**

**SACRAMENTO REGION, CA (MPG)** - The Sacramento Regional Transit District (SacRT) recently launched the Transit Connect app, a new regional fare payment system that gives riders a faster, easier and more flexible way to pay for transit.

Riders can purchase and activate tickets anytime, using their smartphone's Transit Connect app, eliminating the need for cash, paper tickets and ticket machines.

Transit Connect's first phase launches with SacRT's full-fare mobile ticketing only. Discount fare options and Yolobus fare products are scheduled to be added in early November. This first phase introduces mobile ticketing, along with rider-friendly features such as stored value wallet to load funds directly in the app and group ticketing to purchase multiple fares at once.

Future upgrades will expand the Transit Connect app to include additional transit partner integrations and add exciting new features, such as scan-to-pay for faster boarding, fare capping so you don't pay more than the daily max and the ability to load cash at fare vending machines and convenience stores.

"SacRT is proud to launch the Transit Connect app, which will make it easier than ever for people to travel throughout the Sacramento region," said SacRT General Manager/CEO Henry Li. "Our riders deserve a seamless, modern experience that makes it easier to connect to the entire region, and the Transit Connect app provides exactly that."

Powered by Masabi, a global leader in mobile fare payment solutions, the Transit Connect app lays the groundwork for a seamless and unified transit payment system for the Sacramento region.

"Mobile ticketing is transforming public transit worldwide by putting convenience and simplicity first," said Masabi CEO Brian Zanghi. "We're excited to partner with SacRT to deliver Transit Connect, helping riders across the Sacramento region access a modern and connected experience."

To use the Transit Connect app, riders show their activated ticket to a bus operator or fare inspector. For riders currently using Connect Card (including state workers), full integration is expected as part of phase two in 2026.

The Transit Connect app is available for download in the App Store and Google Play. For more information, visit [sacrt.com/transitconnect](http://sacrt.com/transitconnect). ★

# Beanie Babies Needed for Holiday Gift Drive for Kindergarteners



Kindergarteners in a low-income Sacramento County classroom receive blankets and Beanie Babies as part of Sacramento Blankets for Sacramento Kids' holiday drive. Photo courtesy of Claire Gliddon

**By Claire Gliddon, Sacramento Blankets for Sacramento Kids Chief Blanket Gatherer**

**SACRAMENTO COUNTY, CA (MPG)** - Got beanie babies? Sacramento Blankets for Sacramento Kids (SBSK) is asking for donations of new or gently used Beanie Babies for their kindergarten project that takes place each holiday season.

Every September, Sacramento Blankets for Sacramento Kids picks as many low-income elementary schools as they can and finds out how many kindergartners they have. Volunteers then make double-fleece blankets (about 50 inches by 60 inches) for all the youth, as well as a fleece pouch with a Beanie Baby in it to go with each blanket.

Sacramento Blankets for Sacramento Kids gives these blankets and Beanie Babies to the children right before Christmas break. Some of the children live in their cars or in places without heat and this is all they get for Christmas. In 2024, Sacramento Blankets for Sacramento Kids

gave out more than 3,300 blankets and Beanie Babies in their kindergarten project, reaching 58 schools.

Sacramento Blankets for Sacramento Kids is a nonprofit organization that serves children in need from infants to 18-year-olds all year long. The kindergarten project is its special project each year.

This is the organization's 12th year running this project and members hope to continue doing it as long as they can get Beanie Babies.

Sacramento Blankets for Sacramento Kids is always looking for new volunteers to make blankets all year round for children in need. Like to knit, crochet, sew, quilt, make no-sew blankets and have run out of people to make gifts for? We're looking for you!

If you'd like more information about Sacramento Blankets for Sacramento Kids, go to [www.sacblankets4kids.com](http://www.sacblankets4kids.com) to sign up. There is no pressure, no timelines, no meetings but just people who enjoy crocheting, knitting, quilting, sewing, making no-sew blankets and helping children at the same time. ★

# Citrus Heights Launches "Business of Distinction" Award

**By Thomas J. Sullivan**

**CITRUS HEIGHTS, CA (MPG)** - Do you know a business in Citrus Heights that goes above and beyond? Now is your chance to publicly recognize them.

The city of Citrus Heights has started a new quarterly "Business of Distinction" award program, inviting nominations from the community to recognize the individual businesses which make daily life in Citrus Heights a better place to live and work, said Marissa Brown, city communications officer.

Nominations for this quarter were due by Oct. 9.

The public will have an opportunity to vote for their selected nominee at [www.citrusheights.net/1447/Business-of-Distinction-Awards](http://www.citrusheights.net/1447/Business-of-Distinction-Awards) from Oct. 16 through Oct. 23, according to Brown.

Multiple nominations have already been received, she said.

Starting this fall, the city will award one "Business of Distinction" each quarter, Brown said.

The first quarterly "Business of Distinction" award will be presented by city leaders at the annual State of the City event held at City Hall on Thursday, Nov. 6.

"Every cycle will highlight a new theme, with nominations and selections tailored to celebrate different strengths of our business community," Brown said.

For the city's first award, "Civic Heights," the community was asked to

nominate a business in the city which embodies the core values of Citrus Heights: diversity, innovation, integrity, teamwork, respect, responsive customer service and trust.

A Citrus Heights legacy business will then be honored with a Business of Distinction Award during the city's winter quarter nomination cycle.

The spring 2026 quarterly theme is "Top of the Trade," honoring those whose professional skills and service are among the very best of the best. The city's summer 2026 award category is "Blight to Bright".

"The Business of Distinction awards program is represented in the city's Economic Development Work Plan (as a) goal to launch a quarterly business recognition program which highlight local business success stories and contributions to our community," Brown said.

"Local businesses not only drive our economy but they also embody the values, innovation and resilience that define our city," she said.

"By establishing a business recognition program which promotes individual success stories through the city's targeted communications, the city's Business of Distinction Awards program also seeks to provide recognized businesses will gain increased exposure to potential customers, investors and the broader community," Brown said. "Through these awards, we celebrate their contributions and share our community's appreciation for the role they play in shaping Citrus Heights." ★

# Construction Underway on Grocery Outlet

*Continued from page 1*

Grocery Outlet stores are each locally owned and operated, according to the company's website.

The undisclosed owners of the new Grocery Outlet in Citrus Heights, which will be doing business as Grocery Outlet LLC, submitted a design review permit to the city on Jan. 30 for the vacant retail space at 5409 Sunrise Blvd. Signage announcing an application to the state Alcohol Beverage Control (ABC) for a license change was posted soon after.

On Sept. 10, the Citrus Heights City Council voted 4-0 to approve a letter of public convenience and necessity which was requested by the grocer, requesting a Type 21 alcohol license for the off sale of beer, wine and distilled spirits.

Once open, the new Grocery Outlet will face competition from an Amazon Fresh at the opposite end of the Sunrise Village shopping plaza and two other retail grocers, including Smart and Final and a Trader Joes located on opposite sides of the corner.

Grocery Outlet sells a wide assortment of grocery items including produce, meat, a range of prepared foods and general merchandise items. According to a description provided to the city by Grocery Outlet, alcohol sales are expected to be only four percent of total sales and its availability

will provide the customers a "one-stop shopping experience."

Glassmann Planning Associates of Torrance submitted the design review permit on behalf of the undisclosed owners to the Citrus Heights Planning Department for exterior updates to the former Rite Aid building.

With the exception of the Grocery Outlet store under construction, Sunrise Village Plaza is owned entirely by San Francisco-based investment company Merlone-Geier.

Before its closure, the former Rite Aid drug store was the only substantial portion of the 14.8-acre shopping plaza that was not included in a major remodeling project by Merlone-Geier that finished in 2024.

A current project drawing by Glassmann Planning Associates shows the new front fascia of Grocery Outlet will reflect the neutral color scheme and modern aesthetic of the Sunrise Village Plaza.

The permit application, calling for a remodel from a pharmacy into a grocery store, is a construction job valued at \$450,000, according to the city.

CoSol Commercial Real Estate, a provider of leased-investment brokerage services to California's Central Valley, based in Modesto, is listed as the commercial broker of record for the property in window display signage. ★



**SEASON 30**  
FALL 2025



## Stained Glass Concert

**October 25 | 7:30pm**

Fremont Presbyterian Church: 5770 Carlson Dr, Sacramento, CA

**VIVALDI**  
Gloria

**MOZART**  
Regina Coeli

**JAMES WHITBOURN**  
Requiem Cantorum  
and Lux in Tenebris



**Chris Mackey**  
Baritone



**Rachael Davis**  
Soprano



**Sarah Sy**  
Soprano

Donald Kendrick, Conductor  
Dr. Ryan Enright, Organist  
Russell Veirs, Concert Saxophonist

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ARREST LOGS UPDATED DAILY

## Voting Begins for Statewide Special Election



Voters are encouraged to return their ballots early and should remember to sign their pink Vote by Mail envelope for their ballot to be counted. Information on the days and hours of operation for Ballot Drop Boxes or upcoming Vote Centers is available on the Voter Registration and Elections website at [www.elections.saccounty.gov](http://www.elections.saccounty.gov). Photo courtesy of Sac County

### Sacramento County News Release

**SACRAMENTO COUNTY, CA (MPG)** - Ballots for the Nov. 4, Statewide Special Election are hitting the mail stream and all currently registered voters in Sacramento County will begin receiving theirs as soon as today.

Keep an eye on your mailbox and be sure to review, complete and return your ballot early.

Beginning Oct. 6, voters may use any Ballot Drop Box throughout the County to return their ballot. The Voter Registration and Elections department has a drive-through Ballot Drop Box in the Election's Office parking lot at 7000 65th St., Sacramento. This Ballot Drop Box is open 24 hours a day, seven days a week until 8 p.m. on Election Night, Nov. 4.

Voters are encouraged to return their ballots early and should remember to sign their pink Vote by Mail envelope for their ballot to be counted. Information on the days and hours of operation for Ballot Drop Boxes or upcoming Vote Centers is available on the Voter Registration and Elections website at <http://www.elections.saccounty.gov>.

No postage is necessary for voters returning their ballots by U.S. Mail using the pink Vote by Mail envelope.

Key election dates include Oct. 20, when voter registration for the Nov. 4, 2025, Statewide Special Election closes. Voter registration forms must be postmarked by this date or delivered to the Voter Registration and Elections Office at 7000 65th St., Suite A, Sacramento 95823 by 5 p.m. Online voter registration must be completed before midnight on this date at [www.registertovote.ca.gov](http://www.registertovote.ca.gov).

Oct. 21 is when Conditional Voter Registration (CVR) begins. On Oct. 25, the 11 Day Vote Centers open. The last day that a Vote by Mail (VBM) ballot can be mailed to you is Oct. 28. After this date, Vote by Mail ballots are only available at the Voter Registration and Elections Office or vote centers

All vote centers will be open throughout the county on Nov. 1. On Nov. 4 it will be Election Day.

For more information, contact Voter Registration and Elections at 916-875-6451, email [voterinfo@saccounty.gov](mailto:voterinfo@saccounty.gov), or use the toll-free voter assistance hotline at (800) 762-8019. The hotline has the ability to connect voters with disabilities with TTY (Text Telephone). ★

## Approved Starbucks Drive-Thru Projects Cancelled

Story and photo by Thomas J. Sullivan

**CITRUS HEIGHTS, CA (MPG)** - Previously-approved plans to build two Starbucks drive-through coffee shops in Citrus Heights will expire, since the company isn't planning to move forward with construction of either project, according to city communications officer Marisa Brown.

A Design Review Permit and Use Permit filed with the city to build a 2,305-square-foot drive-through coffee shop on a 15,024-square-foot tract facing Auburn Boulevard will expire in December 2028, Brown said.

Stock Ranch Plaza, a 401,322-square-foot shopping center anchored by Costco and Walmart Supercenter, is expected to see approximately 102,000 square feet of new retail eventually built on the property along Auburn Boulevard. An Applebee's restaurant also operates on the property.

Stock Ranch is situated in the central portion of the city and is bounded by Auburn Boulevard to the north, Sylvan Road to the east, Greenback Lane to the south and Van Maren Lane to the west.

A nearby commercial parcel in Stock Ranch facing Auburn Boulevard is home to West Coast Sourdough, a Sport Clips hair salon, an AT&T phone store, Crumbl Cookies and Citrus Heights Smile Dentistry.

Key permits for the proposed Starbucks at Stock



A second proposed Starbucks location on Whyte Avenue in Auburn was also canceled and the location is being used by the contractor completing Auburn Boulevard Phase 2 street improvements. Photo by Thomas J. Sullivan

Ranch Plaza received unanimous approval by the Citrus Heights City Council in December 2024.

In May 2023, the Citrus Heights Planning Commission also approved plans for the construction of a new 2,241-square-foot building at 8540 Auburn Blvd., just inside the city's northern boundary, south of the Auburn Boulevard and Whyte Avenue intersection. These previously-approved plans will expire in February 2027, Brown said.

The vacant lot near the corner of Auburn Boulevard and Whyte Avenue, near where a new gateway arch is being built, is being used as a storage and staging location for construction crews working on the Auburn

Boulevard Phase 2 road construction project.

The Seattle-based coffee chain, which has stores throughout the greater Sacramento area, operates three drive-through locations in Citrus Heights, including one on Greenback Lane opposite the Sunrise Mall, another at 7052 Sunrise Blvd. in the Sunrise Village Shopping Center and a third in the Sylvan Marketplace at 7082 Auburn Blvd.

According to Forbes Magazine, Starbucks is embarking on a sweeping \$1-billion restructuring effort aimed at reshaping its North American operations.

Starbucks has already slowed new store openings this year in favor of remodeling existing locations.

In a regulatory filing on Sept. 25, the Seattle-based coffee giant said it plans to trim its portfolio of company-operated cafés in the U.S. and Canada by roughly one percent during fiscal 2025, a net change that reflects both store openings and closures.

That equates to about 500 store closures across the region and Starbucks expects to end the fiscal year with about 18,300 locations, including licensed stores, before the company gets back on the expansion trail in 2026.

None of the three current Citrus Heights locations have been listed by the company for closure, although several Starbucks locations in the greater Sacramento region have already closed their doors. ★

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# County Public Health Officer to Retire

## Sacramento County News Release

### SACRAMENTO COUNTY, CA (MPG)

Longstanding Sacramento County Public Health (SCPH) Officer Dr. Olivia Kasirye will retire next March after more than two decades of service.

“Leading Sacramento County Public Health has been an extraordinary privilege,” said Kasirye. “I am most grateful for all of you. This community has shown strength and commitment to protecting each other during all the good times and in the face of many challenging times as well. That and the remarkable team at Sacramento County Public Health are what inspires me every day.”

Kasirye began her Sacramento County career in 2004 as a senior physician manager, then served as El Dorado County’s health officer from 2009 to 2012 before returning to Sacramento in 2012 to lead Sacramento County Public Health.

Kasirye set five priorities when she entered the role, all of which continue to define Sacramento County Public



Dr. Olivia Kasirye, Sacramento County’s Public Health Officer since 2012, will retire next March. Photo courtesy of Sacramento County

Health’s work today. Those priorities are to strengthen disease response, reduce health disparities, confront the opioid epidemic, build a resilient workforce and achieve public health accreditation

The five priorities were advanced with lasting impact. Sacramento County achieved national public health accreditation last November. Sacramento

County Public Health built new equity and nursing units, expanded partnerships to improve birth outcomes and launched campaigns to prevent opioid overdoses among youth under her direction.

“Dr. Kasirye has been a compassionate and dedicated leader for Sacramento County,” said Sacramento County Supervisor and Board Chair Phil Serna.

“She guided us through unprecedented exigencies with rigor, significantly advanced health equity and safeguarded our most vulnerable residents. She leaves an enduring legacy.”

Colleagues describe Kasirye as a graceful leader who people love working with. Kasirye inspires loyalty not only through her expertise but through an irreplaceable

warmth and kindness she shows every day at work.

Many staff say her ability to connect with people on a personal level sets her apart as a uniquely beloved leader in county government.

“Dr. Kasirye’s leadership has meant stability and trust for Sacramento County,” said Sacramento County Supervisor Patrick Kennedy. “We owe her a great deal for getting us through the pandemic. She led with transparency and put the health of the community first. We are grateful for her service.”

Kasirye leaves behind a legacy of strong partnerships, forward-thinking strategies and a public health system better prepared for the future. She will work with Department of Health Services Director Tim Lutz over the next several months to guide the transition and help identify the next health officer.

“Dr. Kasirye has been an exceptional leader,” said County Executive David Villanueva. “She built strong teams and responded decisively to complex public health challenges. We deeply appreciate her decades of service.” ★

# Code Enforcement Increases Penalties, Strengthens Community Safety

## Sacramento County News Release

### SACRAMENTO COUNTY, CA (MPG)

Sacramento County Code Enforcement saw major success in its 2025 efforts to crack down on illegal fireworks, issuing more than twice as many penalties as the previous year despite receiving fewer complaints.

From mid-June through July, Code Enforcement received 774 complaints about illegal fireworks, a 26% decrease from 2024. Even with fewer reports, the division issued 72

penalties, up 112% from the year before.

Officers also sent 189 warning letters and completed more than 840 follow-ups with residents, nearly doubling community engagement from 2024.

A key factor in this success was a new emphasis on gathering stronger evidence from residents. By working directly with complainants, Code Enforcement was able to turn previously unactionable complaints into enforceable cases.

Technology also played a major role. In



A key factor in this success was a new emphasis on gathering stronger evidence from residents. By working directly with complainants, Code Enforcement was able to turn previously unactionable complaints into enforceable cases. Photo courtesy of Sacramento County

partnership with the Sacramento County Sheriff’s Office and Sacramento Metropolitan Fire District, Code Enforcement used drones to identify violators in real time. Drone operations

alone led to nearly one-third of all penalties issued.

“These results show that collaboration, technology, and community involvement make a real difference in reducing

illegal fireworks,” said Taylor Parker, Senior Code Enforcement officer. “Every penalty issued sends a clear message: fireworks are dangerous, and those who use them illegally will be held accountable.”

Code Enforcement will continue working with county partners to expand drone coverage, improve evidence collection and strengthen public education ahead of the 2026 fireworks season. ★

# Public Authority Office Moves

## Sacramento County News Release

SACRAMENTO, CA (MPG) - Sacramento County’s Public Authority office recently moved to a new location. The new office is located at 9300 Tech Center Drive, Suite 100, Sacramento.

The Public Counter hours continue to be 8:30 a.m. to 4 p.m. and forms can be picked up or dropped off from 8 a.m. to 5 p.m.

A new exterior drop box is available so that the public can turn in their forms after hours. There are currently signs at both the former (3700 Branch Center Road) and new location to assist the public with the transition.

The Public Authority assists recipients and providers with the In-Home Supportive Services Program. You can learn more about the services provided by visiting the In-Home Supportive Services Public Authority website at [pubauth.saccounty.net](http://pubauth.saccounty.net).

For any questions regarding the new location or general inquiries about the Public Authority office, call 916-874-2888 or email [HHS-PA@Saccounty.gov](mailto:HHS-PA@Saccounty.gov). ★



A new exterior drop box is available so that members of the public can turn in their forms after hours. There are currently signs at both the former (3700 Branch Center Road) and new (9300 Tech Center Drive, Suite 100) location to assist the public with the transition. Photo courtesy of Sacramento County

# Feedback Wanted Amidst Behavioral Health Services Act Transition

## Sacramento County News Release

SACRAMENTO REGION, CA (MPG) - As the cooler temperatures set in and we transition from summer to fall, new transitions are happening within the Sacramento County Department of Health Services. The county is preparing for the rollout of the Behavioral Health Services Act (BHSA), a major shift in how behavioral health programs are structured, overseen and funded, which will take effect next July.

In 2024, California voters passed Proposition 1, replacing the Mental Health Services Act (MHSA) with the Behavioral Health Services Act. This shift brings significant changes to how behavioral health services are planned, delivered and funded.

While the Behavioral Health Services Act introduces structural

changes, it does not increase funding; instead, it reorganizes how funds are allocated and prioritized. Changes include streamlining services to reduce duplication and build a more connected and effective system of care, directing resources to those with the most significant mental health and substance use challenges, as well as defining specific outcomes and reporting on progress.

Over the past few months, the county has launched a two-phase Community Planning Process where residents can share their thoughts on what’s working in the current system and where improvements are needed. These conversations will inform the Integrated Plan and ensure it reflects the voices and experiences of the people it’s meant to serve. Phase one is wrapping up with a community survey, which closes on Oct. 6. Residents are

encouraged to share their input.

Another change that comes with Behavioral Health Services Act is the creation of the Sacramento County Behavioral Health Commission. The commission advises the County Board of Supervisors and Department of Health Services on behavioral health policy, programs and services. It also provides a forum for community members to share input and stay engaged in local behavioral health planning.

The Behavioral Health Commission holds a hybrid virtual/in-person meeting on the fourth Wednesday of each month from 6 to 8 p.m. The in-person location is 7001-A East Pkwy., Conference Room 1 in Sacramento. To learn more about the Behavioral Health Services Act, the commission or take the survey, visit the website at [dhs.saccounty.gov/BHS](http://dhs.saccounty.gov/BHS). ★

# New EBT Cards Being Mailed

## Sacramento County News Release

SACRAMENTO COUNTY, CA (MPG) - The California Department of Social Services has announced that magnetic stripe EBT cards are set to expire by Oct. 25. To keep your benefits safe and secure, California Department of Social Services mailed new EBT cards with chip and tap technology to all cardholders.

The cardholder’s benefits and PIN will automatically transfer to the new card. Once the new card is activated, the old one will be turned off.

Sacramento County recommends activating the new chip-enabled card when it is received. EBT cardholders can request a new card using

the ebtEDGE mobile app.

Call the EBT Customer Service Center at 1-877-328-9677 to request a new card.

Visit your county office if your new card hasn’t arrived. Wait times might be long, so plan accordingly.

If no action is taken, magnetic stripe-only EBT cards can still be used until a chip and tap card has been activated or up to 180 days after the new chip and tap EBT card is issued, whichever comes first.

For further assistance, call EBT’s customer service center at 1-877-328-9677 or visit the EBT Client Website for updates.

For more information, visit the Department of Human Assistance website at [ha.saccounty.gov](http://ha.saccounty.gov). ★



With Mary Jane Popp

## Got Pain Now What?

We try to deal with pain, but sometimes all the medicine in the world doesn't work. Vita Oyler learned that the hard way when she battled a severe malfunction of the nervous system for decades, and it began when she accidentally stepped on a rock. But she fought the big fight and wants to share how she survived. She is now a rehabilitation counselor and author of "Got Pain? Now What?" She shared these tips on POPPTALK.

**1. DEVELOP GOALS.** It is the beginning of moving forward. The question is how? By developing goals, maybe as simple as getting up in the morning and making breakfast is a good thing. Vita begins with developing simple goals and writing them down. When completed she pats herself on the back and moves on towards other daily goals. Then move on to weekly goals, monthly ones, even yearly goals. The goals must be realistic and achievable.

**2. BECOMING POSITIVE.** Develop a positive attitude. Start with words like I can. Leave the can't out of your vocabulary. "I can't" creates a negative attitude. Remember to be realistic with this approach. Focus on the good things and be grateful. Approach life with positive affirmation and become proactive instead of reactive.

**3. FOCUS.** Learning to focus on other things is really important. It can be laughter, music, relaxation. Meditation, enjoying animals, exercise, hobbies, even eating right.

**4. LAUGHTER.** Laughter reduces three stress hormones known as cortisol, epinephrine, and dopamine and releases the feel good hormones known as endorphins.

They aid in feeling good. Laughter is a great distractor. Good for the body and good for the mind and soul. It's great to find humor in life. Watch some good old fashion comedies. They seem to calm the day.

**5. MUSIC.** Enjoying music is a mind changer. It releases the feel good hormones (endorphins) as well. Listening to music helps us relax. Be it through playing an instrument, listening to music, singing a song, even listening to crickets as they sing their nightly lullaby.

**6. RELAXATION.** Learning to relax your body is also important. Vita tends to relax when she focuses on relaxation techniques either through yoga, mindfulness, and other modalities such as meditation.

**7. ENJOYING ANIMALS OR PETS.** It has been documented that animals can be very therapeutic. They take the focus off of ourselves. They can make us laugh and actually petting an animal like a dog or cat makes us feel better.

**8. EXERCISE.** Exercise either through physical therapy or just taking a simple walk is a way to relax and even reset the body to feel better.

**9. HOBBIES AND CREATIVITY.** Find things that you like to do. Whether it's reading a book or painting a picture, there are so many creative outlets. Vita was interested in acting, so she got involved in theatre as well as making commercials. What about photography which can be fulfilling? There is something for everyone.

Check out Vita at [www.vitanavigatingchange.com](http://www.vitanavigatingchange.com) and her book **Got Pain? Now What? FIND OUT!** ★

# From Television to the Stage: An Interview with Zane Lamprey



Zane Lamprey and his wife, Mel Lamprey, pose for a photo together in Yosemite National Park. Photo courtesy of Zane Lamprey

By Abbey Wicks

## RANCHO CORDOVA, CA (MPG)

Zane Lamprey, comedian and world traveler best known for television shows such as "Three Sheets" and "Drinking Made Easy," will perform Oct. 18 at Claimstake Brewing, Rancho Cordova during his 2025 tour.

Since the end of the pandemic, Lamprey has shifted his career from television to the stage, with the intention of creating a night of escape for audiences.

In 2021, as the world slowly crept out of the pandemic, theatres and comedy clubs throughout the nation struggled to keep their doors open. According to Lamprey, many were unwilling to book events due to the possibility of closure. Breweries were hit hard as well and many were forced to close. With this in mind, and thanks to his connections within the world of beer, Lamprey embarked on a mission: filling up breweries doing stand-up comedy.

"(Breweries) were unanimously for it, if they had the space to pull it off," Lamprey said.

Lamprey's comedy tour has taken him in a new direction, deviating from the travel and drinking content seen on his former television shows and creating a new name for himself as a professional comedian. Lamprey has tried to create a clear separation in his new content, emphasizing that new fans don't need to have his entire catalogue of television shows memorized; the shows don't revolve around a big inside joke.

"This is real life stuff. This is me telling stories about my life," Lamprey said. "It's gone from storytelling four years ago into pure stand-up comedy."

At a touring pace of 130 shows per year,



A shift in Zane Lamprey's career has resulted in more tour dates and more opportunities for live audience connection. Photo courtesy of Zane Lamprey

maintaining health on the road is important to Lamprey. According to Lamprey, his big three for staying healthy on the road are letting himself sleep in, getting 10,000 steps per day and, at this point in his career, reserving drinking for the stage.

"There's no limits to what I'll do when I'm on stage as far as drinking," Lamprey said. "But I'm not drinking until I hit that stage."

Another facet of Lamprey's career since the ending of his television shows is a YouTube channel, Zane's World, dedicated entirely to animals.

Lamprey said that he felt pressure after the success of the TV shows to continue making social media content which revolved solely around drinking.

"It wasn't something that I was passionate about, so it wasn't translating," Lamprey said.

It wasn't until his good friend pushed Lamprey to start a YouTube channel no matter what the topic was that Lamprey realized his passion for animals is something that could be translated to the screen.

"I don't know why I was waiting for permission to do it," Lamprey said.

Now when spending each night on tour at a different brewery, Lamprey spends the day having

animal encounters, whether it's swimming with otters or meeting giant lizards. His channel, Zane's World, has surpassed 40,000 subscribers.

"Arguably more people are seeing these animal videos than ever saw my 'Three Sheets' show," Lamprey said. "Some of them are getting 20 million views."

Animal advocacy is a shared passion between Lamprey and his wife, Mel, who started a special needs animal rescue several years ago. At one point, the couple had 23 cats, 13 dogs, a hawk and several guinea pigs living in their home.

"We learned that it's a world and a world that she's passionate about and now it's her full-time job," Lamprey said.

Their rescue organization, Pumpkin Patch Pet Rescue, is now a nonprofit organization run by Mel.

Lamprey said that his career can be broken into three categories, each of which could be a full-time career on its own: performing comedy, making animal videos and running an apparel brand, which launched the biggest ever hoodie campaign on Kickstarter, the Adventure Hoodie. A new version of the hoodie is launching this November.

As for touring, Lamprey said he has found his rhythm with tour dates set through 2026.

"(The show is) non-political, it's not heavy, it's come out, have some amazing beer, laugh and forget about everything else you might have going on in your life," Lamprey said.

Tickets for Lamprey's 8 p.m. Oct. 18 show at Claimstake Brewing, 11366 Monier Park Place, Rancho Cordova can be purchased at [zanelamprey.com](http://zanelamprey.com). Tickets must be purchased before the event and will not be sold at the door. ★

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FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06644  
Sage Jackson, 5006 Robertson Avenue, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "SCJ Mobile Auto Repair" 5006 Robertson Avenue, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 5, 2025  
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SCJ 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05826  
Pan NorCal LLC, 225 Bush Street Suite 1800, San Francisco, CA 94104 - DE is doing business under the Fictitious Business Name(s) "Panera Bread" 7901 Greenback Lane, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 6, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
PANERA 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06638  
Dimitrios Razakis, 5915 26th Street, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Horizon Painting" 5915 26th Street, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 5, 2025  
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HORIZON 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05867  
Legatum Mortgage LLC (organized in the state of WA)- Barry K Dale Jr (Owner) 715 SE Cass Avenue, Cass Avenue, Roseburg, OR 97471 is doing business under the Fictitious Business Name(s) "Legacy Oaks Mortgage" 980 W Fromadahl Drive, Roseburg, OR 97471. Filed with the Clerk of Sacramento County August 7, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
LEGACY 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06493  
Susan Kay Marangi, 3254 Back Circle, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Perrigo Auto Sales" 3254 Back Circle, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 3, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
PERRIGO 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06189  
Jose A Torres, 333 University Avenue Suite 200, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "Towers Tax Strategy" 333 University Avenue Suite 200, Sacramento, CA 95825. Filed with the Clerk of Sacramento County August 20, 2025  
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TOWERS 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06317  
First Castle Security Corp, 5052 Country Club Drive, Rohnert Park, CA 94928 is doing business under the Fictitious Business Name(s) "Sacramento Protective Services" 10 Main Avenue, Suite #1, Sacramento, CA 95838. Filed with the Clerk of Sacramento County August 25, 2025  
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SACRAMENTO 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06676  
Vladimir D Sonnik, 10101 Monte Vallo Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "Sonnick Financial Solutions" 10101 Monte Vallo Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
SONNIK 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06203  
Steamer Lane, LLC, 599 Menlo Drive, Suite 200, Rocklin, CA 95765 is doing business under the Fictitious Business Name(s) "Sierra Loma Assisted Living" 3950 Annadale Lane, Sacramento, CA 95821. Filed with the Clerk of Sacramento County August 20, 2025  
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SIERRA 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06716  
Onigiri Burger, 2621 Marconi Avenue, Sacramento, CA 95821 is doing business under the Fictitious Business Name(s) "Onigiri Burger & Tacos" 2621 Marconi Avenue, Sacramento, CA 95821. Filed with the Clerk of Sacramento County September 8, 2025  
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ONIGIRI 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06746  
Adam Mott, 7140 Minore Way, Sacramento, CA 95842 is doing business under the Fictitious Business Name(s) "Triple Helix Enterprises" 7140 Minore Way, Sacramento, CA 95842. Filed with the Clerk of Sacramento County September 9, 2025  
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TRIPLE 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06803  
Little Thunder Designs, LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Over The Bench/We R One/Kink U" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of

Sacramento County September 10, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
OVER 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05473  
Sunrise Health & Wellness Center, LLC, 1947 N California Street Suite C, Stockton, CA 95204 is doing business under the Fictitious Business Name(s) "Sunrise Health & Wellness Center, LLC" 10089 Folsom Boulevard, Suite A & C, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County July 24, 2025  
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SUNRISE 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06437  
Karlée Hormell, 2108 N Street #13174, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Field Trip Consulting" 2108 N Street #13174, Sacramento, CA 95816. Filed with the Clerk of Sacramento County August 29, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
FIELD 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06768  
LNM1968 LLC, 10940 White Rock Road, Suite 210, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "LNM1968/Photography" 3259 Sanbury Circle, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 10, 2025  
Publish: Sept 19, 26, Oct 3, 10, 2025  
LNM 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06447  
Delta Marine Sales, Inc., 1302 W. Fremont Street, Stockton, CA 95203 is doing business under the Fictitious Business Name(s) "Delta Marine Sales/Bay Yachts" 140 Brannan Island Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County August 29, 2025  
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DELTA 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06556  
Thomas Madsen, 2807 Chad Court, Sacramento, CA 95827 is doing business under the Fictitious Business Name(s) "A Danish Construction Company" 2807 Chad Court, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 4, 2025  
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DANISH 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06554  
Oleg Vlasov, 7325 Cotillion Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "NVN Transport" 7325 Cotillion Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 4, 2025  
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NVN 10-10-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06893  
Sergiy Ostroushchenko, 1342 Trevor Court, Roseville, CA 95678 is doing business under the Fictitious Business Name(s) "Starpom Services" 1342 Trevor Court, Roseville, CA 95678. Filed with the Clerk of Sacramento County September 15, 2025  
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STARPOM 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06827  
McAtee Property Services, LLC, 3400 Cottage Way, Suite G2 #29279, Sacramento, CA 95825 is doing business under the Fictitious Business Name(s) "High Tide Pools" 2156 Woodhead Street, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 11, 2025  
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HIGH 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06834  
Team Totton LLC, 8142 San Remo Way Suite #6, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Guardian Angel Care Services" 8142 San Remo Way Suite #6, Sacramento, CA 95823. Filed with the Clerk of Sacramento County September 11, 2025  
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GUARDIAN 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06404  
Carlos Gaytan, 6313 Creekecrest Circle, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Overhead Door Express" 6313 Creekecrest Circle, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 28, 2025  
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OVERHEAD 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06366  
Karen Burleson, 35 Abbeywood Circle, Sacramento, CA 95823 is doing business under the Fictitious Business Name(s) "Wild Caught Bees" 35 Abbeywood Circle, Sacramento, CA 95823. Filed with the Clerk of Sacramento County August 27, 2025  
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WILD 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06721  
Robert Stone and Jennifer Stone, 25 South 3rd Street, Rio Vista, CA 94571 is doing business under the Fictitious Business Name(s) "River Rats Septic and Plumbing" 14915 Isleton Road, Isleton, CA 95641. Filed with the Clerk of Sacramento County

September 8, 2025  
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RIVER 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06902  
Fatoumata Karawana, 505 E. Arnaudo Boulevard #236, Mountain House, CA 95391 is doing business under the Fictitious Business Name(s) "Eyana Hair Studio" 1440 Ethan Way Suite 42, CA 95825. Filed with the Clerk of Sacramento County September 15, 2025  
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EYANA 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06595  
Leavitt Group Texas Select, LLC, 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479 is doing business under the Fictitious Business Name(s) "Crossland Coverage" 6546 Greatwood Parkway, Suite A, Sugar Land, TX 77479. Filed with the Clerk of Sacramento County September 5, 2025  
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CROSSLAND 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06951  
RVIM Consulting LLC, 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841 is doing business under the Fictitious Business Name(s) "River Valley Investment Management" 4339 Auburn Boulevard Building A 1005 Sacramento, CA 95841. Filed with the Clerk of Sacramento County September 16, 2025  
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VALLEY 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06822  
Tessa Anne Buys, 8700 Longspur Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Root and Reach Movement" 8700 Longspur Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 11, 2025  
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ROOT 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06856  
Latinxcaliforniacuisine LLC, PO Box 543, Isleton, CA 95641 is doing business under the Fictitious Business Name(s) "Memo's Latinx California Cuisine" 501 Second Street #A, Island, CA 95641. Filed with the Clerk of Sacramento County September 12, 2025  
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MEMOS 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06999  
Smart Auto Dismantling LLC, 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Smart Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 10, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025  
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SMART 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06998  
Blue Sky Auto Dismantling LLC, 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Blue Sky Auto Dismantling and Auto Parts" 3569 Recycle Road Suite 16, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 17, 2025  
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BLUE 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06699  
Floor Hounds LLC, 630 Cunard Drive, Napa, CA 94558 is doing business under the Fictitious Business Name(s) "TL Floor and Design" 9941 Horn Road Suite A, Sacramento, CA 95827. Filed with the Clerk of Sacramento County September 8, 2025  
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TL 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06769  
Roxana Hargrove, 3943 Nicklaus Place, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Hargrove Professional Services" 3943 Nicklaus Place, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 10, 2025  
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HARGROVE 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05872  
Akalaais LLC, 1401 21st Street, Suite R, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "The Equalizer" 1401 21st Street, Suite R, Sacramento, CA 95811. Filed with the Clerk of Sacramento County August 7, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
EQUALIZER 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06234  
Sergiy Pysarenko, 7344 Thalia Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Profix Handyman" 7344 Thalia Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County August 21, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
PROFIX 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06053  
Black Star Auto LLC, 3512 Husch Way, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Black Star Auto" 3512 Husch Way, Rancho Cordova,

CA 95670. Filed with the Clerk of Sacramento County August 13, 2025  
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BLACK 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06673  
Capitol Impact Consulting, LLC, 1610 R Street, Suite 300, Sacramento, CA 95811 is doing business under the Fictitious Business Name(s) "Capitol Impact, LLC" 1610 R Street, Suite 300, Sacramento, CA 95811. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
CAPITOL 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06176  
The Non-GMO Project (CA) PO Box 5606, Bellingham, WA 98227 is doing business under the Fictitious Business Name(s) "Non-UPF Verified/Food Integrity Collective" 19 Bellweather Way #201, Bellingham, WA 98225. Filed with the Clerk of Sacramento County August 19, 2025  
Publish: Sept 26, Oct 3, 10, 17, 2025  
NON 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06884  
Big Brother Auto Sales Inc, 3513 Recycle Road Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Brothers Auto Parts" 3527 Recycle Road #B, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025  
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BROTHERS 10-17-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-05893  
Finding Home Foundation, Inc., 1675 E. Riverside Drive, Suite 200, Eagle, ID 83616 is doing business under the Fictitious Business Name(s) "First Call Foundation" 6929 Sunrise Boulevard, Suite 180, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County August 7, 2025  
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FIRST 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06888  
Albini Services and Products LLC, 11945 Armandi Way, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "The Mecca of Results (Magnus Elite Coaching Conditioning and Achievement)" 11945 Armandi Way, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 15, 2025  
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MECCA 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06612  
Simply Appliances, Inc., 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742 is doing business under the Fictitious Business Name(s) "Eco Appliance/Eco Appliance Recycling" 3229 Fitzgerald Road, Suite A, Rancho Cordova, CA 95742. Filed with the Clerk of Sacramento County September 5, 2025  
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ECO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06928  
Wood Bookkeeping and Tax Service Inc, 5824 Northgrove Way, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Taxeauseusa.com" 5824 Northgrove Way, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
TAX 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06901  
California Emergency Food Link, 5800 Foodlink Street, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "Hope and Threads Thrift Shoppe" 10343-A Folsom Boulevard, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
HOPE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07064  
Jamie Cavanaugh, 7805 Caber Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Pure Soul Kitchen Co./Pure Soul Plant-Based Kitchen Co/ We Be Brunchin'/Phatties' Wraps & Bowls." 5780 Broadway, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 19, 2025  
Publish: October 3, 10, 17, 24, 2025  
PURE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07140  
Tochukwu Ejekwe, 8020 Sawgrass Circle, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Ledivine Auto" 8020 Sawgrass Circle, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
LEDIVINE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07142  
God-given Rights And Community Empowerment GRACE Inc., 7301 I Street, Sacramento, CA 95814 is doing business under the Fictitious Business Name(s) "Grace Non Profit" 7301 I Street, Sacramento, CA 95814. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
GRACE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06727  
Alila O'Donnell, 7640 Auburn Boulevard, Citrus Heights, CA 95610 is doing business under the Fictitious Business Name(s) "Zuffles" 7640 Auburn Boulevard, Citrus Heights, CA 95610. Filed with the Clerk of Sacramento County September 8, 2025  
Publish: October 3, 10, 17, 24, 2025  
ZUFFLES 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07155  
Elijah Yefremenko, 8725 Spruce Ridge Way, Antelope, CA 95843 is doing business under the Fictitious Business Name(s) "Eco Shine Window and Gutter Cleaning" 8725 Spruce Ridge Way, Antelope, CA 95843. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
ECO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06891  
Herman Melnyk, 4500 67th Street Bldg. 2-512C, Sacramento, CA 95819 is doing business under the Fictitious Business Name(s) "Mel Pro Electrical/MP Electrical" 4500 67th Street Bldg. 2-512C, Sacramento, CA 95819. Filed with the Clerk of Sacramento County September 15, 2025  
Publish: October 3, 10, 17, 24, 2025  
MEL 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07148  
DrPirko, 890 Rivercrest Drive, West Sacramento, CA 95605 is doing business under the Fictitious Business Name(s) "Ideal Plastic Surgery" 77 Cadillac Drive Suite 170, Sacramento, CA 95825. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
IDEAL 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06772  
999 Thai Inc, 3609 Don Julio Boulevard, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Yummy Thai Sushi/Moomii Fish N Chip/Thai Rice N Noodle/ Yummy Sushi Express" 1829 22nd Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 10, 2025  
Publish: October 3, 10, 17, 24, 2025  
YUMMY 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07034  
Ivan Semenyuk, 4509 Fenwick Way, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Spark Works Services" 4509 Fenwick Way, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 18, 2025  
Publish: October 3, 10, 17, 24, 2025  
SPARK 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06582  
A Caring Collective, LLC, 2324 I Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "HomeWell Care Services" 2324 I Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 4, 2025  
Publish: October 3, 10, 17, 24, 2025  
HOME 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07033  
Voss & Voss, Inc., 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "Voss ReCon/Voss Remodel & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County September 18, 2025  
Publish: October 3, 10, 17, 24, 2025  
VOSS 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07205  
Victor Gonzales, 3712 Fielding Circle, Sacramento, CA 95826 is doing business under the Fictitious Business Name(s) "Fireline Pool Care" 3712 Fielding Circle, Sacramento, CA 95826. Filed with the Clerk of Sacramento County September 25, 2025  
Publish: October 3, 10, 17, 24, 2025  
FIRELINE 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07077  
Andry Trokhymchuk, 4800 Manzanita Avenue C4, Carmichael, CA 95608 is doing business under the Fictitious Business Name(s) "Tao Lab Services" 4800 Manzanita Avenue C4, Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 19, 2025  
Publish: October 3, 10, 17, 24, 2025  
TAO 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06593  
Apple NorCal LLC, 225 Bush Street Suite 1800, San Francisco, CA 94104 - DE is doing business under the Fictitious Business Name(s) "Applebee's Neighborhood Bar & Grill" 6900 Auburn Boulevard, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September 5, 2025  
Publish: October 3, 10, 17, 24, 2025  
APPLEBEES 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07230  
Manuel Saldana, 7248 Windjammer Way, Citrus Heights, CA 95621 is doing business under the Fictitious Business Name(s) "Black Hill Landscape" 7248 Windjammer Way, Citrus Heights, CA 95621. Filed with the Clerk of Sacramento County September

26, 2025  
Publish: October 3, 10, 17, 24, 2025  
BLACK 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06830  
Homeland Security Inc., 13113 Briarcliff Ter #102, German Town, MD 20874 is doing business under the Fictitious Business Name(s) "The Cleaning Authority" 4038 Wayside Lane Carmichael, CA 95608. Filed with the Clerk of Sacramento County September 11, 2025  
Publish: October 3, 10, 17, 24, 2025  
CLEANING 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07218  
White Stone Dental Lab, LLC - 10204 Charles Morris Way, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "Quality Crowns Dental Lab" LLC, 4700 Northgate Boulevard, Suite #15, Sacramento, CA 95834. Filed with the Clerk of Sacramento County September 25, 2026  
Publish: October 3, 10, 17, 24, 2025  
QUALITY 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07161  
Tori Irvine, 9443 Twin Lakes Avenue, Orangevale, CA 95662 is doing business under the Fictitious Business Name(s) "Hearth & Home Bakery" 9443 Twin Lakes Avenue, Orangevale, CA 95662. Filed with the Clerk of Sacramento County September 23, 2025  
Publish: October 3, 10, 17, 24, 2025  
HEARTH 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07078  
Sandra Facino and Jarrett Facino, 8947 Rio Linda Boulevard, Rio Linda, CA 95626 is doing business under the Fictitious Business Name(s) "RV Nation" 8947 Rio Linda Boulevard, Rio Linda, CA 95626. Filed with the Clerk of Sacramento County September 19, 2025  
Publish: October 3, 10, 17, 24, 2025  
RV 10-24-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07204  
DSSV, Inc. (DE), 548 Market Street, PMB 95237, San Francisco, CA 94104 is doing business under the Fictitious Business Name(s) "Brightwheel" 1759 Perry's Loop, Traverse City, MI 49685. Filed with the Clerk of Sacramento County September 25, 2025  
Publish: October 10, 17, 24, 31, 2025  
BRIGHTWHEEL 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06381  
SB Nguyen LLC, 10347 Folsom Boulevard, Suite A, Rancho Cordova, CA 95670 is doing business under the Fictitious Business Name(s) "Golden Nails" 10347 Folsom Boulevard, Suite A, Rancho Cordova, CA 95670. Filed with the Clerk of Sacramento County August 27, 2025  
Publish: October 10, 17, 24, 31, 2025  
GOLDEN 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07128  
WAVE LLC, 2504 J Street, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "WAVE" 2504 J Street, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 22, 2025  
Publish: October 10, 17, 24, 31, 2025  
WAVE 10-31-25

23RD SEASON PREMIERE CONCERT

# Summon the Heroes

DR. MATTHEW MORSE, MUSIC & ARTISTIC DIRECTOR

Featuring  
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Sunday, October 19, 2025  
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## Shred Day 2025

St. Vincent de Paul Fund Raiser  
**"Help Us Help The Poor"**  
 5057 Cottage Way, at the Walnut Avenue Parking Lot  
**Saturday, October 18th**  
**8:30 a.m. - 11:30 a.m.**  
 (Or until the truck is full)

**On-site Shred Truck • You Can Watch**

- ✓ Bring all old or new tax records and/ or any other old dust-gathering confidential documents for professional shredding
- ✓ Please, no plastic bags or large metal clips/binders, or Amazon-style packing
- ✓ All shredded paper is recycled

**Suggested Donation:**  
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 Citrus Heights Messenger Adjudicated For and By the County of Sacramento, Adjudication No. 34-2020-00273535 - March 12, 2020 • The Rio Linda News Adjudicated For and By the County of Sacramento, Adjudication No. 358073 - March 21, 1988

### FICTITIOUS BUSINESS NAME STATEMENTS

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06037  
 K2 Restoration & Environmental Inc, 5704 Dry Creek Road, Rio Linda, CA 95673 is doing business under the Fictitious Business Name(s) "K2 Restoration & Construction" 5704 Dry Creek Road, Rio Linda, CA 95673. Filed with the Clerk of Sacramento County August 12, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**RESTORATION** 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07195  
 Sacramento Lions Regional Foundation, 3001 I Street Suite 130, Sacramento, CA 95816 is doing business under the Fictitious Business Name(s) "Fort Sutter Lions Club Foundation" 3001 I Street Suite 130, Sacramento, CA 95816. Filed with the Clerk of Sacramento County September 24, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**FORT** 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06927  
 Tamnice Nicole Sample, 6465 Channing Drive, North Highlands, CA 95660 is doing business under the Fictitious Business Name(s) "Golden Heart Room and Board" 6465 Channing Drive, North Highlands, CA 95660. Filed with the Clerk of Sacramento County September 15, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**GOLDEN** 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06943  
 Phonyarat Brearley, 7652 Clement Circle, Sacramento, CA 95828 is doing business under the Fictitious Business Name(s) "TK Massage" 5501 Power Inn Road Suite 110, Sacramento, CA 95820. Filed with the Clerk of Sacramento County September 16, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**TK** 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06219  
 Ian Huston, 2548 Walnut Avenue 17, Carmichael, CA 95608 and Dae Williams, 7394 Patero Circle, Sacramento, CA 95823 are doing business under the Fictitious Business Name(s) "BnClean" 2548 Walnut Avenue 17, Carmichael, CA 95608. Filed with the Clerk of Sacramento County August 20, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**BNCLEAN** 10-31-25

FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07305  
 Lakshit Sharma and Shawn Christian, 14776 Mangini Parkway Apt #322, Folsom, CA 95630 are doing business under the Fictitious Business Name(s) "Kadak Chai" 14776 Mangini Parkway Apt #322, Folsom, CA 95630. Filed with the Clerk of Sacramento County September 29, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**KADAK** 10-31-25

STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME  
 STATEMENT OF ABANDONMENT OF FICTITIOUS BUSINESS NAME

### STATEMENT OF ORDER TO SHOW FOR CHANGE OF NAME

FILE NO. FBNF2022-05740  
 The following person(s) has/ have abandoned the use of the Fictitious Business Name of: College Oak Towing/Littles Auto & Truck, 4125 Winters Street, Sacramento, CA 95838.  
 George Little Investments Incorporated, 4125 Winters Street, Sacramento, CA 95838. The Fictitious Business Name Statement was filed on August 1, 2022 in the County of Sacramento.  
 Filed with the clerk of Sacramento County: October 2, 2025  
 Publish: October 10, 17, 24, 31, 2025  
**COLLEGE** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021014

Hubert Daman DeJohnette has filed a petition with this court for a decree changing the name(s) of Hubert Daman DeJohnette to Damon DeJohnette.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 3, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 5, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
**DEJOHNETTE** 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021479

Tuan Tu Truong and Thi Chan Nguyen on Behalf of Thi Thanh Truc Truong, A Minor has filed a petition with this court for a decree changing the name(s) of Thi Thanh Truc Truong to Nancy Thanh Truong.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 10, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
**TRUONG** 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV022547

Shalini Devi Pahalad has filed a petition with this court for a decree changing the name(s) of Shalini Devi Pahalad to Elizabeth Devi Pahalad.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 24, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 22, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**PAHALAD** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV019697

Eduardo Guerrero Amarillas has filed a petition with this court for a decree changing the name(s) of Eduardo Guerrero Amarillas to Eduardo Guerrero Amarillas.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 2, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 3, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: Sept 19, 26, Oct 3, 10, 2025  
**MORRIS** 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV022464

Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas, Miriam Elizabeth Rios has filed a petition with this court for a decree changing the name(s) of Miriam Elizabeth Mendoza aka Miriam Elizabeth Rios-Rojas, Miriam Elizabeth Rios to Miriam Elizabeth Mendoza.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 18, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 19, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**ROBINSON** 10-10-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

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 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
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 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021859

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Mason Landon Moore to Mason Landon Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 25, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV022359

Sara Vardanyan has filed a petition with this court for a decree changing the name(s) of Lena Ashut Vardanyan to Lena Eliza Avakyan.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 17, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 19, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**VARDANYAN** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021856

Norma Jean Moore has filed a petition with this court for a decree changing the name(s) of Leland Edward Moore to Leland Edward Springer.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 10, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 12, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 3, 10, 17, 24, 2025  
**MOORE** 10-24-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021249

Badr Alghazawe has filed a petition with this court for a decree changing the name(s) of TRUMP Badr Alghazawi to AMER Badr Alghazawi.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 5, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 9, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**ALGHAZAWE** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV021027

Autumn Marie Weller has filed a petition with this court for a decree changing the name(s) of Angelo Ermias Weller Pereira to Angelo Anthony Ermias Barrera.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on February 4, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: September 59, 2025  
 Christopher E. Krueger, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**WELLER** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV023187

Hattie Francine Thompson has filed a petition with this court for a decree changing the name(s) of Hattie Francine Thompson to Francine Thompson.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 2, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: October 1, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**THOMPSON** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV023187

Hattie Francine Thompson has filed a petition with this court for a decree changing the name(s) of Hattie Francine Thompson to Francine Thompson.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 2, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: October 1, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**THOMPSON** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV023187

Hattie Francine Thompson has filed a petition with this court for a decree changing the name(s) of Hattie Francine Thompson to Francine Thompson.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 2, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: October 1, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**THOMPSON** 10-31-25

SUPERIOR COURT OF CALIFORNIA  
 COUNTY OF SACRAMENTO  
 ORDER TO SHOW CAUSE CHANGE OF NAME  
 #25CV023187


Hattie Francine Thompson has filed a petition with this court for a decree changing the name(s) of Hattie Francine Thompson to Francine Thompson.  
 IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on March 2, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
 Dated: October 1, 2025  
 Richard K. Sueyoshi, Judge of the Superior Court  
 Publish: October 10, 17, 24, 31, 2025  
**THOMPSON** 10-31-25

NOTICE OF PETITION TO ADMINISTER ESTATE  
 NOTICE OF PETITION TO ADMINISTER ESTATE OF JOSE EDUARDO RIVAS CASE NO. 25PR003214  
 To all heirs, beneficiaries, creditors, and contingent creditors of and persons who may be otherwise interested in the will or estate, or both, of Jose Eduardo Rivas.  
 A Petition for Probate has been filed by Javier Arzate, in the Superior Court of California, County of Sacramento, requesting Javier Arzate be appointed as personal representative(s) to administer the estate of the decedent.  
 The petition requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the executor to take many actions without obtaining court approval. Before taking certain very important actions, however, the executor will be required to give notice to interested persons unless they have waived notice or have consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.  
 A hearing on the petition will be held in this court as follows November 20, 2025, 1:30 p.m. in Dept 129; Superior Court of California, County of Sacramento, William R. Ridgeway Family Relations Courthouse, 3341 Power Inn Road, Sacramento, CA 95826.  
 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.  
 IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.  
 YOU MAY EXAMINE the file kept by the court. If you are interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk. The name, address and telephone number of the Petitioner is: Javier Arzate, PO Box 831, North Highlands, CA 95660; 916-878-7155  
 Publish: October 3, 10, 17, 2025  
**RIVAS** 10-17-25

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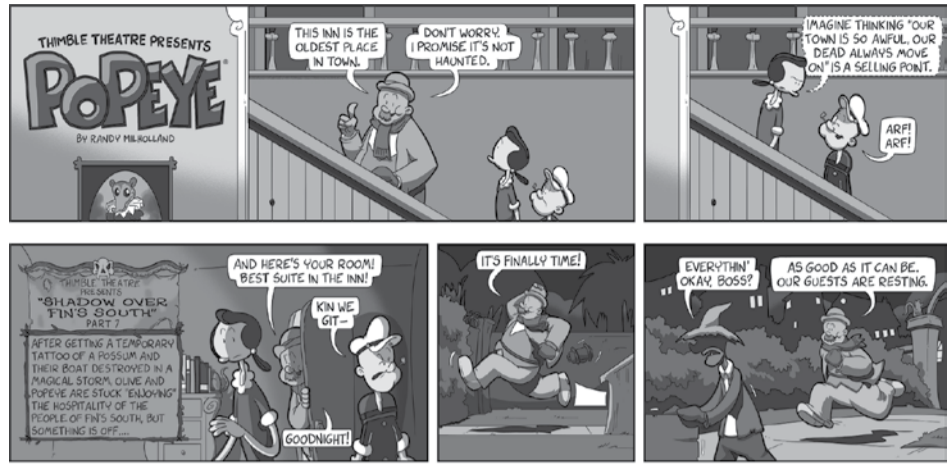
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# COMICS & PUZZLES

The Spats



by Jeff Pickering



Amber Waves



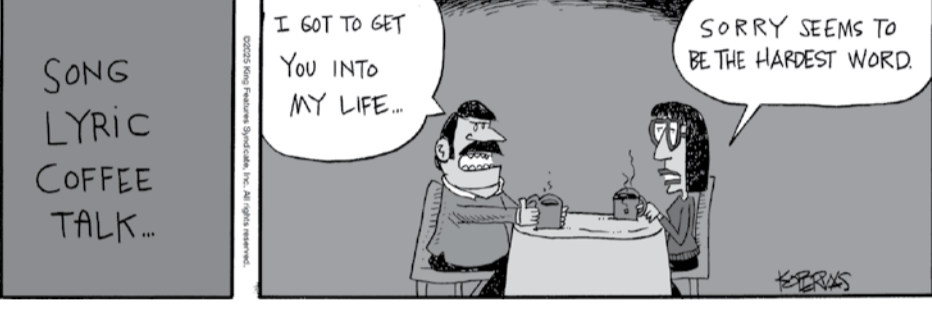
by Dave T. Phipps



HOCUS-FOCUS BY HENRY BOLTINOFF

Find at least six differences in details between panels.

Out on a Limb



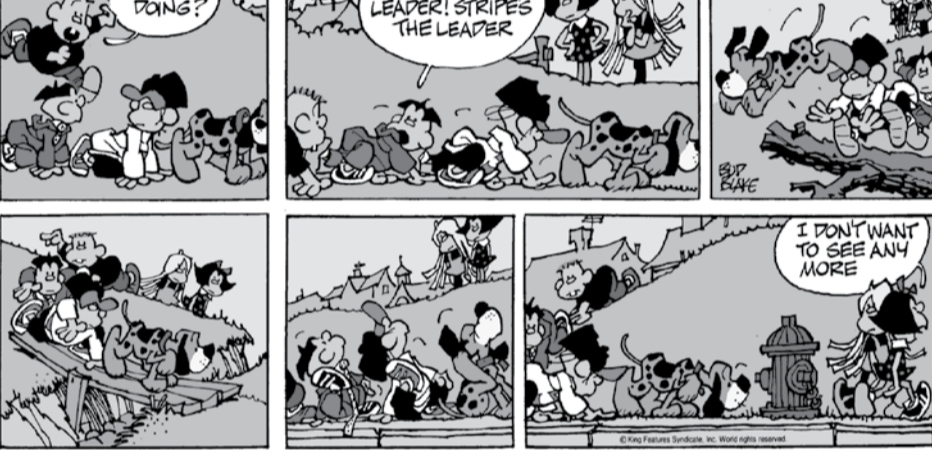
by Gary Kopervas



GRIN AND BEAR IT BY HENRY BOLTINOFF

Just Like Cats & Dogs by Dave T. Phipps

TIGER

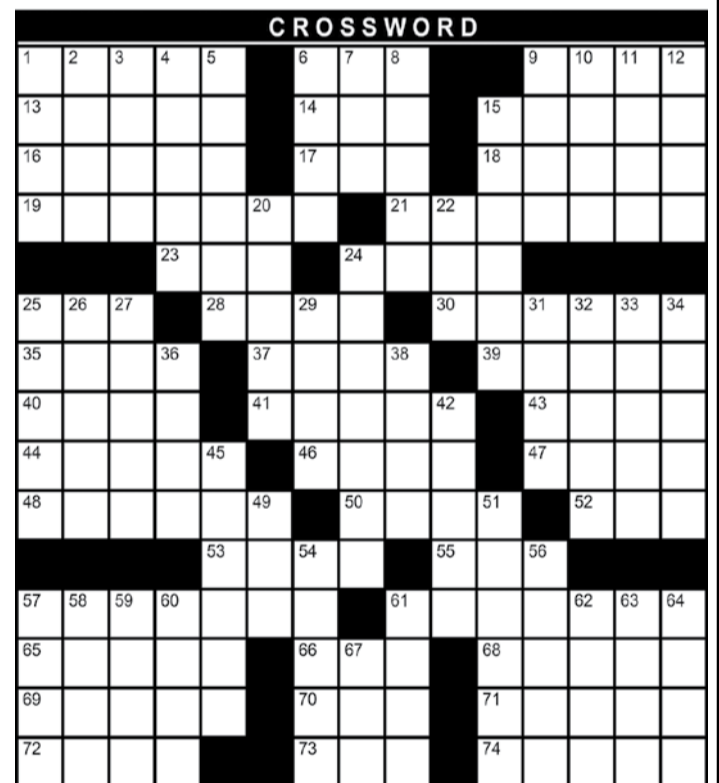


by BUD BLAKE



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- CLUES**
- ACROSS**
- Treble, bass and alto
  - OB-GYN test
  - Hoodlum
  - In 1921, the World Series was first broadcast on it
  - Tribute poem
  - Cursor mover
  - Same as Amir
  - Neither here there
  - Any member of the 2002 World Series champs
  - World Series trophy presenter, Rob
  - 2024 World Series winners
  - and the City
  - German industrial valley
  - Gift topper
  - Kids' building block
  - Player with most career World Series home runs
  - Good vs
  - Ball of yarn
  - Offspring
  - Thespian's part
  - Shasta and Tab, e.g.
  - Singer Tori
  - Potato masher alternative
  - Fox coat, e.g.
  - Hokkaido native
  - Put on a pedestal
  - Just manages, with out
  - 2005 World Series MVP, Jermaine
  - Time unit
  - Polar toy-maker
  - Team with most World Series wins
  - 2024 World Series MVP, Freddie
  - Met's offering
  - Legal grp.
  - Give the slip
  - Send, as payment
  - Toothy fish
  - Sells
  - Cupid, to the Greeks
  - Freudian topic
  - Surrealist Max
- DOWN**
- Pull an all-nighter
  - Holy man
  - Yellowstone actress and Josh Broin's daughter
  - Feudal estates
  - Sour salad green
  - Atlantic Ocean, in a popular idiom
  - Much About Nothing
  - Lost, in Provence
  - Chinatown gang
  - Massive
  - Addict
  - Hair styling goops
  - shirts, in The Outsiders
  - #19 Across and such
  - Unit of electrical resistance
  - Mule deer's European cousin (2 words)
  - Player with most career World Series hits, Yogi
  - Egg-shaped
  - Will comply in radio communication
  - Lump of stuff



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| 5 | 7 | 8 | 6 | 2 | 9 | 3 | 4 | 1 |
| 6 | 1 | 4 | 3 | 7 | 8 | 2 | 9 | 5 |
| 9 | 2 | 3 | 5 | 4 | 1 | 6 | 7 | 8 |
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

# Kings Korner

By V.G. Harris



The offseason is over, and your Sacramento Kings are undefeated. It's that time of the year for effervescent optimism, and it has a contagious effect.

Time to be a little kid again and dream that your home team can win the first championship in Sacramento Kings history.

Is that a strong likelihood? The basketball pundits will tell you no, and emphatically no. Local media seems to have a Debbie downer attitude as it relates to the Kings playoff chances, let alone an actual championship.

I choose to focus on what I know is doable and ever likely, with the assembled group of ballers we have that will grace the confines of Golden One Arena on Oct. 8. The Kings face Utah Jazz in their first preseason game of the 2025/2026 campaign.

I will be sitting behind the Kings bench like a kid in a candy store, ready to greet newcomer Dennis Schroder with open arms, and hopes that Dennis will get a warm Sacramento welcome. Schroder has received few accolades as he joins this year's squad, but I believe he could make Sacramento his home for years to come.

As a mentor, Schroder offers a great opportunity for both Nique Clifford and Devin Carter to see how an NBA point guard plays both ends of the court, and Dennis skills as a teacher and veteran NBA ball distributor portends to be an invaluable asset.

Little used Doug McDermott managed to acquire a fan club last season, as he electrified the crowd with his deft 3-point shooting, and it remains to be seen if Doug Christie can translate McDermott's ability to shoot from long range into wins.

Domantas Sabonis returns as the shining star, and his dominance is undeniable. The perennial rebounding champion of the NBA holds down the block like no other center in Sacramento Kings history, and the 2025/2026 season should be more of the same.

Sabonis brings a nightly double-double to the table and an attitude of optimism that translates into team chemistry. If there was a statistic for helping fallen players to their feet, Domantas would win the award going away, and that comes with an effervescent smile that lights up the court.

If ever there is a player that deserves 100% fan support, it is Sacramento's own

Domantas Sabonis, and my advice to fans is to enjoy this magnetic big man while you can.

As Wednesday approaches with no recent acquisitions, the starting five appears to be Domantas Sabonis, Dennis Schroder, DeMar DeRozan, Zach Lavine and Keegan Murray.

That represents a lot of scoring power, what remains to be seen is how Doug Christie can accomplish a flow that will return the Kings to the high-powered scoring machine that led the NBA in scoring just 3 short seasons ago. That cannot be done by the starters alone, so Christie's use of his bench will be a needed ingredient.

Malik Monk appears to be more comfortable in the 6th man role, and he could become a catalyst of prosperity on both ends.

Likewise, Devin Carter showed flashes of brilliance last season, with his defensive skills, and playing alongside Keon Ellis, this tandem could wreak havoc on opposing offensives.

A looming question is whether Doug Christie will abandon his staccato substitution style, in favor of one that allows players to understand better their roles. Knowing that you can expect to play every game and understand how many minutes it's likely you'll play can help in fomenting a more formidable NBA bench.

Will 2025/2026 be a coming out party for Isaac Jones? It should be, as he adds length while helping support Sabonis on the boards, and provides a scoring punch with a nice touch around the rim that can translate into easy baskets.

It is no secret that many teams approached the Kings regarding Keon Ellis and Keegan Murray. I give credit to G.M. Scott Perry for realizing what he has in these talented youngsters and keeping them in this year's squad.

If you're not excited Kings fans, it's time to let your hair down and howl! Get a little crazy and dream the dream!

The first 10 games of the regular season are brutal, and if our hometown boys can acquit themselves admirably, fans may be in for a season to remember!

All the best and enjoy!  
Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

# Social Security Matters

## When Will My Disability Become My Regular Social Security?



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** I hope you can answer this question. I'm currently receiving Social Security Disability benefits, and I will be turning 65 in February 2026. I'm confused as to how Social Security Disability transitions to regular Social Security, and when. I assume it's age 65 but maybe it's my retirement date? Also, does the amount remain the same or will it change? I'm not working. I've been on SSDI for about 15 years. Thank you.

**Signed: Disabled Senior**  
**Dear Disabled Senior:** If you are collecting Social Security Disability Insurance (SSDI) benefits, those SSDI benefits

will automatically convert to become your regular Social Security retirement benefit when you reach your SS full retirement age (FRA) which, in your case, is age 67. For information, FRA today is somewhere between age 66 and 67, depending on your year of birth, and the full retirement age for everyone born in 1960 or later is age 67.

The change from SSDI to your regular Social Security benefit will be transparent to you because your monthly benefit amount will remain the same. SSDI benefits were originally awarded to you based upon your full retirement age entitlement when you applied for SSDI (even though you hadn't yet reached your FRA when you went on SSDI). Thus, the monthly benefit amount will not change because it is based on your lifetime earnings record, from before you became disabled.

FYI, although age 65 was once Social Security's "retirement

age," full retirement age for Social Security today is based on the year you were born. So, your SSDI benefit will automatically switch to become your regular Social Security retirement benefit as soon as you reach age 67. Essentially, the only thing that will change is the Social Security Trust Fund from which your benefits will be paid.

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# For Those Hoping to Be California's Next Governor, The Clock is Ticking



By Dan Walters, CALMatters.org

Over the last half-century or so, California has had six elections for governor when the office was being vacated.

Understandably, such incumbent-free elections to run the nation's most populous and economically powerful state have drawn serious candidates, mostly holders of other high-profile offices who declared themselves as soon as decorum would allow.

When, for example, Republican Ronald Reagan's two terms as governor were ending in 1974, the Democratic secretary of state, Jerry Brown, narrowly defeated the Republican state controller, Houston Flournoy.

This bit of political history is offered because the end of Gavin Newsom's governorship is approaching rapidly. In scarcely a year, California voters will choose a new governor. The June 2 primary, which will determine the two finalists, is just eight months away.

Yet the field of would-be governors remains very unsettled.

For months voters, political media and potential campaign financiers waited for former Vice President Kamala Harris to decide whether, after losing the presidency to Donald Trump, she would seek the governorship.

Harris finally said no, with a rather odd remark: "I don't want to go back in the system. I think it's broken." She may have been referring to national politics, but since the issue was California's governorship, she could also have been implying the state was broken after many years of dominance by her Democratic Party.

Harris' decision, whatever her motives, did not settle the question about who will be running for governor next year. There are declared candidates, of course, but none scores very high in preliminary polling.

Lt. Gov. Eleni Kounalakis had been one of the first to declare her candidacy but shortly after Harris announced her decision, Kounalakis dropped out, opting instead to run for state treasurer.

With those two out of the picture, former Congresswoman Katie Porter became the frontrunner, more or less by default, but with underwhelming support — 17% in a poll by UC Berkeley's Institute of Governmental Studies, released in late August. Her standing may have reflected nothing more than name recognition from her losing campaign for U.S. senator last year.

This week Toni Atkins, former president pro tem of the state Senate, also ended her campaign, saying she could see no pathway to victory. A few other Democrats remain, most notably former Biden administration official and state Attorney General Xavier Becerra and former Los Angeles Mayor Antonio Villaraigosa.

Mostly, however, we are seeing just preliminary

skirmishing among those still in the race, because we're still waiting to see who else might run.

After the departure of Harris and Kounalakis, another name popped up in media speculation: U.S. Sen. Alex Padilla.

It's difficult to understand why Padilla, who holds one of the nation's most coveted political offices and could remain in the Senate for the rest of his life, would want to seek no more than eight years as governor.

Does he really want to deal with California's plethora of infinitely difficult, unresolved issues, such as homelessness, housing shortages, water supply uncertainty, economic stagnation and, perhaps trickiest of all, a chronic multibillion-dollar budget deficit?

Were Padilla to give up his Senate seat for the governorship, as Republican Pete Wilson did in 1990, the only logical motive would be civic duty — he thinks California needs him to weather its crises.

Meanwhile, we're waiting for another potential candidate, Rick Caruso, to also declare intentions. The very wealthy Los Angeles businessman ran a credible but unsuccessful race for mayor of his city after switching his party identification from Republican to Democrat and could draw support from moderate voters and interest groups of both parties. He says he's weighing a race.

*Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★*



Mississippi, Not California, is the Education Future

A miracle defies the laws of nature. This is why "the Mississippi Miracle," the sobriquet for the extraordinary gains that students in the Gulf state have made in reading in recent years, is a misnomer.

There's nothing miraculous about a state that adopts phonics and that sets high standards for its kids to get better results in reading instruction. This, to the contrary, is a predictable outcome, and a replicable one, as other Southern states that have taken up similar policies have shown.

Mississippi went from 49th in fourth-grade reading results on the National Assessment about a decade ago to 9th in 2024. Its low-income children are ranked first in the nation. It's Black kids are number three in the nation and it's Hispanic kids number one. Overall, when adjusted for socioeconomic and demographics, Mississippi has the best fourth-grade results in the nation.

The derisive cliché was always, "Thank God for Mississippi," since it could be trusted to save other states from coming in 50th in various metrics. Now, the phrase can be used with sincerity and admiration, since the state recognized and did something about its literacy crisis.

In 2011, about four out

of five fourth graders in Mississippi weren't proficient in reading. In 2013, the state passed a reform to require teachers to understand the science of reading (basically, phonics), to deploy literacy coaches to schools, to identify students struggling to read early, and to hold back students in third grade who weren't ready to advance.

Alabama, Tennessee and Louisiana have now done much the same, and have also made gains. The original source of all this was a 2002 reading law in Florida that boosted student achievement in the Sunshine State.

In a piece headlined "Illiteracy is a policy choice" at the website The Argument, Kelsey Piper makes the case that it would be irresponsible and wrong to ignore the lesson of Mississippi and the Southern states.

She notes that Mississippi outperforms her native California, even though the Golden State is richer and spends substantially more on education per pupil. More than half of Black fourth graders in Mississippi are at or above basic level, while only 28% of Black fourth graders in California are.

It may be galling for Blue States that have prided themselves on their commitment to education and looked down on the South to have to acknowledge that Mississippi, of all places, has figured out a model for the nation, but it is imperative all the same.

"We have been spending lots of money on schools," Piper writes of Blue States, "but we have not been willing to muster the polit-

ical will and effort necessary to hold those schools accountable for results and adopt teaching practices that actually work."

The so-called reading wars between the whole-language approach and phonics was won, on the merits, by phonics long ago. Yet, ineffectual methods hung around even though they'd been discredited. This is why it's so important to get teachers to embrace research-based reading instruction.

There must also be high expectations, rigorously enforced. This is what the Mississippi third-grade retention policy is about. If a teacher and a parent know that a child is going to be held back, they will do all they can to get that child to basic proficiency. Research in Florida shows that getting held back not only helps the academic performance of the students who are retained, but their younger siblings as well.

With reading scores nationally sliding the wrong way, especially for the bottom 10% of students, Mississippi and the other Southern states offer a beacon of hope. Their example shows that, no, it's not impossible to teach children, and no, it's not very costly. It's a good sign that even California just passed a phonics bill.

It's fully within our power, so long as we insist on the basics, to give kids a skill absolutely essential to their development and their futures. No miracles necessary.

*Rich Lowry is editor of the National Review. (c) 2025 by King Features Synd., Inc. ★*

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## Brighten a Senior's Day

**Volunteer with Meals on Wheels Sacramento County**  
We need compassionate volunteers to deliver meals, support our community cafes, or help with clerical tasks. Your kindness helps our elderly neighbors maintain independence and dignity through improved nutrition.

For more information and to sign up, visit [mowsac.org](http://mowsac.org) or call (916) 444-9533.  
Be the reason someone smiles today.  
Volunteer with us and make a heartfelt difference.



# Kings Launch 'Los Kings' Platform

## Sacramento Kings Celebrate Hispanic Heritage Month

### Sacramento Kings News Release

**SACRAMENTO, CA (MPG)** - In celebration of Hispanic Heritage Month, the Sacramento Kings announced the launch of Los Kings, a year-round platform designed to honor, engage and connect with the Hispanic and Latinx community.

Presented by Red Hawk Resort and Casino, the initiative reflects the Kings commitment to amplifying representation, culture and community connection.

"We are proud to launch Los Kings as a way to honor and celebrate the vibrant Hispanic and Latinx community," said Sacramento Kings President of Business Operations John Rinehart. "This platform allows us to deepen our connections, amplify culture and traditions, and ensure our fans feel represented during Hispanic Heritage Month and beyond."

"Red Hawk Resort and Casino is honored to partner with the Sacramento Kings on this important initiative," Red Hawk

Resort and Casino President and CEO Bryan deLugo said. "Together, we look forward to celebrating the rich traditions of the Hispanic and Latinx community while creating authentic moments that reflect the culture of Sacramento."

As part of the platform, the Kings will introduce exclusive Los Kings merchandise, available in the Kings Team Store and online. The organization will amplify its outreach through Spanish-language radio ads, exclusive ticket offers for guests who attend Latinx concerts at Golden 1 Center and a series of grassroots activations designed to foster deeper connections with the community.

On March 15, the Kings will host the second annual Lowrider Night presented by Red Hawk Resort + Casino, highlighting the artistry, pride and tradition of the community.

The Los Kings platform builds upon the NBA's league-wide efforts to connect with Hispanic and Latinx fans, including Hispanic Heritage Month activations and Noches Éne Bé A programming. ★



# From Little League to the MLB Postseason

## Local Little League Graduates Represent Sacramento in MLB Postseason

### By Seth Henderson

**SACRAMENTO REGION, CA (MPG)** - With the Major League Baseball postseason underway since Sept. 29, four graduates of the Sacramento region's Little League teams represent the area in both the American and National leagues, with more than 140 total former Little Leaguers participating in the post-season to win the World Series.

The National League has two Sacramento-region graduates and they are Robert Gasser of El Dorado Hills Little League and Nick Mears of Rocklin Little League, playing for the Milwaukee Brewers. The American League has Nick Sogard of Fair Oaks/Orangevale Little League playing for the Boston Red Sox and Dom Núñez of Land Park Pacific Little League playing for the Cleveland Guardians.

Gasser is a pitcher for the team and made local Milwaukee headlines during his May 2024 MLB debut. He attended Oak Ridge High School in El Dorado Hills, as well as the universities of New Mexico and Houston. Gasser was drafted by the San Diego Padres in 2021 with the 71st overall pick before he was traded to the Brewers in 2022, assigned to play on Double and Triple-A teams.

Mears, also a pitcher for the Brewers, attended Rocklin High School and Sacramento City College, and was signed as a free agent in 2018 to the Pittsburgh Pirates, playing across three levels of baseball before being called up to the major league in 2020. Mears spent some time with the Colorado Rockies before being traded to the Brewers in July 2024.

Sogard is an infielder for the Red Sox and

attended Jesuit High School in Carmichael. He was originally drafted to the Tampa Bay Rays in 2019 with the 368th overall draft pick and traded to the Red Sox in 2021. He was promoted to the 40-man roster for the first time in July 2024, but was optioned to start the 2025 season at the Triple-A level. Sogard was called up to relieve pitcher Romy Gonzalez after an injury on May 10.

Representing Land Park Pacific Little League is Cleveland Guardians catcher Núñez, who was drafted out of Elk Grove High School in 2013, despite a commitment to play collegiate baseball at University of California, Los Angeles. He was drafted in the sixth round to the Colorado Rockies and made his MLB debut in August 2019. Núñez had short stints with the San Francisco Giants, Chicago Cubs and Pittsburgh Pirates before signing a minor league contact with the Guardians in January 2024. He was elevated to the active roster after catcher Austin Hedges suffered a concussion in June.

After the American and National League Wild Card Series games, the Major League Baseball World Series is scheduled to begin on Oct. 24. To see the entire list of Little League graduates in the MLB and other notable alumni, visit [www.littleleague.org/who-we-are/alumni/active-mlb-alumni](http://www.littleleague.org/who-we-are/alumni/active-mlb-alumni).

According to league information online, the Sacramento region has more than 25 Little League programs. To learn more about how to sign up for a team, visit [www.littleleague.org/play-little-league/league-finder/](http://www.littleleague.org/play-little-league/league-finder/) to find active teams, rules and policies. To start or grow an existing Little League program, visit [www.littleleague.org/play-little-league](http://www.littleleague.org/play-little-league). ★



# Homegrown Defender to Join U.S. Men's National Team



All three of Sac Republic FC's homegrown players have earned National Team call ups this year. Photo courtesy of Sac Republic FC

### Sac Republic FC News Release

**SACRAMENTO, CA (MPG)** - U.S. Soccer announced that Sac Republic FC defender Chibi Ukaegbu has been selected to the U.S. U-20 Men's National Team roster for its upcoming international training camp in San Pedro Del Pinatar, Spain from Oct. 6 to Oct. 15.

Ukaegbu is one of three players representing United Soccer League Championship on the roster.

The 18-year-old homegrown defender has made 15 appearances across all competitions in 2025.

On Oct. 1, he helped Sacramento punch its ticket to the 2025 playoffs in a 2-1 win over Orange County SC. Ukaegbu earned the start and delivered a standout performance with a 93% pass completion rate, two interceptions, four possessions won and a game-high five clearances.

This will be Chibi's third selection to a

U-20 national team roster this year. He previously joined the squad in January for a camp that included friendlies against the U.S. Men's National Team and Nashville SC, and again in September for a training camp in West Palm Beach, Florida. He also earned three youth national team call-ups in 2024, twice with the U-19 team and once with the U-17 side.

Including Ukaegbu, all three of Sacramento's homegrown players have earned national team recognition this year.

In May, Blake Willey made four appearances for the U-18 U.S. Men's National Team and provided an assist to help bring home silverware in the UEFA Friendship Cup, lifting the trophy over top soccer nations including France, Argentina, and Portugal.

Fifteen-year-old Da'vian Kimbrough claimed the golden boot with Mexico's U-15 squad en-route to the Concacaf Championship title. Kimbrough scored in each of his six games, finishing as top scorer in the competition to lead the tournament's championship team. ★

# Lawrence Butler Medical Update

### Athletics News Release

**WEST SACRAMENTO, CA (MPG)** - Lawrence Butler underwent successful surgery on his right patellar tendon Oct. 3 with Dr. Mike Banffy at the Kerlan-Jobe Orthopedic Center in Los Angeles.

Banffy performed a partial tendon tear repair and debridement of chronic scar tissue. Lawrence also received a Platelet-Rich Plasma (PRP) injection into



Athletics Outfielder Lawrence Butler answers questions during a Nike youth sports camp for the West Sacramento Little League in July. Photo by Seth Henderson

his left patella tendon, under ultrasound guidance, to address chronic tendonitis.

Butler will rehab throughout the off-season in preparation for spring training 2026. ★

# Whisenhunt Named PCL Pitcher of the Year

### Sacramento River Cats News Release

**WEST SACRAMENTO, CA (MPG)** - After leading the Sacramento River Cats rotation through much of the season and making their Major League Baseball debuts, both left-hander Carson Whisenhunt and right-hander Carson Seymour have been named 2025 Triple-A Pacific Coast League All-Stars.

For Whisenhunt, he was also selected as the Pacific Coast League Pitcher of the Year.

Whisenhunt, 24, had an impressive year for the River Cats, going 9-5 with a 4.43 ERA (53 er, 107.2 ip) in 21 starts. In that time, he struck out 95 batters and issued just 35 walks, which included a trio of contests in which he recorded nine strikeouts. The southpaw had a stretch of four straight games in which he tossed seven innings and allowed two or fewer runs from May 1 to May 18. Whisenhunt continued to cement his legacy in Sacramento by becoming just the second pitcher since the start of 2018 (along with Mason Black) to record 20 or more starts in consecutive seasons.



Both left-hander Carson Whisenhunt and right-hander Carson Seymour have been named 2025 Triple-A Pacific Coast League All-Stars. Photo courtesy of Sacramento River Cats

Twice in 2025, Whisenhunt was tabbed the Pacific Coast League Pitcher of the Week, first from April 14 to April 20 and again from May 13 to May 18, both of which coincided with outings against the Salt Lake Bees. The first was a single outing in which Whisenhunt shut out Salt Lake for six frames, while the second honor was for a pair of starts at home against the Bees in which

he allowed one unearned run in 14.0 combined innings with 14 strikeouts to one walk.

Seymour, 26, made 16 total appearances for Sacramento, 15 of which were starts. In that time, he logged just a 4-8 record but produced a 3.86 ERA (33 er, 77.0 ip), striking out 90 while issuing only 39 walks. The Kansas State product started the year on a hot note, allowing two runs or less in each of

his first six outings, an achievement Seymour accomplished in 12 of 16 total outings. Seymour finished the season as the first River Cat to reach double-digit games of five or more strikeouts.

Once this season, Seymour was picked as the Pacific Coast League Pitcher of the Week, his honor coming from April 1 to 6 in the second series of the year for the River Cats. In that time, Seymour made just one start against the Las

Vegas Aviators, allowing only two hits and one walk with five strikeouts in five innings.

Sacramento had no players selected to the Pacific Coast League All-Star team in 2024, meaning Seymour and Whisenhunt are the first River Cats to be named All-Stars since the duo of Tyler Fitzgerald and Trenton Brooks' time that season was split in the Pacific Coast League between Las Vegas (94 games) and Sacramento (24 games). Overall, it is the first yearly honor in the career for either Seymour or Whisenhunt.

Whisenhunt's Pacific Coast League Pitcher of the Year honor is the first postseason award for a River Cat since David Villar's 2022 PCL Most Valuable Player honor, a season in which he hit .275 (82-for-298) with 27 homers, 82 RBI and a 1.021 OPS. It is just the second time a River Cat has been named a Pacific Coast League Pitcher of the Year, as the first to do so was Justin Duchscherer in the 2003 season in which he was 14-2 with a 3.25 ERA (56 er, 155.0 ip) and 117 strikeouts. ★

