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# Elk Grove Citizen

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## Tribal Flag Raised at City Hall



Mayor Bobbie Allen-Singh helps to raise the Wilton Rancheria Tribal Flag at the flag-raising ceremony on Nov. 3 outside of City Hall. Photo courtesy of the City of Elk Grove

**By Idaly Valencia**

**ELK GROVE, CA (MPG)** - On Monday, Nov. 3, the City of Elk Grove marked a historic first by raising a tribal flag at City Hall to celebrate the start of Native American Heritage Month.

City and tribal leaders came together to raise the Wilton Rancheria Tribal Flag, honoring the Tribe's

sovereignty and deep connection to the Elk Grove region.

Earlier this year, the City Council amended the city's Flag Policy to allow the permanent display of the tribal flag at City Hall. The city posted on social media following the event that the policy change "reinforces Elk Grove's commitment to inclusion and respect for

cultural heritage."

The Wilton Rancheria Tribal Flag now flies alongside the United States, California and Elk Grove flags on a newly installed 25-foot flagpole at City Hall.

"This serves as a lasting tribute to the enduring friendship between the city and the Tribe," the city's post read.

U.S. Rep. Doris Matsui was also present at the event, along with Sacramento County Supervisor Pat Hume, Cosumnes Fire Department Chief Felipe Rodriguez, Cosumnes Community Services District board directors and other city officials.

Mayor Bobbie  
*Continued on Page 3*

## Nguyen to Host Turkey, Food Distributions



Assemblymember Stephanie Nguyen will host a Thanksgiving drive-thru turkey giveaway on Saturday, Nov. 22 at Cosumnes River College. Courtesy photo

**By MPG Staff**

**ELK GROVE, CA (MPG)** - Assemblymember Stephanie Nguyen invites the community to Cosumnes River College for a Thanksgiving drive-thru turkey giveaway at 9 a.m. Saturday, Nov. 22.

This marks the second year Nguyen has hosted the event, which aims to support families by providing a turkey for the holiday season while also offering an opportunity to connect with community resources and receive updates from the district office.

The giveaway will be held in Parking Lot E next to the parking structure at 8401 Center Parkway. Residents should enter from Calvine Road only.

Distribution will continue while supplies last and recipients must remain in their cars. Each family is limited to one turkey with no exceptions.

In addition to this giveaway, Nguyen also announced that in response to the ongoing federal government shutdown, she and her team are organizing drive-thru food distributions with free fresh produce as well as state resources from 9 a.m. every Tuesday in November at Asian Resources Inc., 6270 Elder Creek Road in Sacramento.

"We know these times can be challenging, and we want our community to know you are not alone," Nguyen said in an email. "Together, we can make sure every family in our community has food on the table."

Recipients are advised to enter through Elder Creek Road from Stockton Boulevard, stay in their vehicles and be aware that food will be distributed while supplies last. For questions or more information, visit [asmcd.org/nc](http://asmcd.org/nc) or call 916-670-7888. ★

## Running for Families in Need

*Annual Community Gobble Wobble 5K Returns*



From left are former Chicks in Crisis Director of Operations and Development Marya Cooley, Sacramento County Supervisor Pat Hume and Chicks in Crisis Founder and Executive Director Inez Whitlow at a previous Gobble Wobble 5K. Photo courtesy of Chicks in Crisis

**By Inez Whitlow  
Founder and Executive Director  
of Chicks in Crisis**

**ELK GROVE, CA (MPG)** - We are thrilled and blessed to host the 9th Annual Gobble Wobble in Elk Grove, a cherished community event that brings us together in support of our most important mission: saving babies and

helping families in need.

The proceeds from this remarkable event directly help us serve our community's most vulnerable citizens, babies.

Your generosity keeps our gates open and our vans on the road, delivering essentials like diapers, wipes, formula, clothing and more to children 5 and under.

Did you know that one in two families experience diaper need? This often means babies are left in soiled diapers longer, leading to painful rashes, infections and even hospital visits. With your help, we can change that story.

Recent challenges, including the government shutdown, have hit us

*Continued on Page 3*



"Together, we can make sure every family in our community has food on the table," Assemblywoman Stephanie Nguyen said. Photo courtesy of the Office of Stephanie Nguyen

# Donate to Keep Adaptive Riding Program Open

## Therapeutic Riding and Off-Track Rehabilitation News Release

**SACRAMENTO REGION, CA (MPG)** - Therapeutic Riding and Off-Track Rehabilitation, one of Northern California's leading adaptive riding programs for people with developmental disabilities, has launched an emergency fundraising campaign to sustain its operations.

The program draws students from throughout Northern California, especially Sacramento County, Yolo County and surrounding counties.

According to Therapeutic Riding and Off-Track Rehabilitation (T.R.O.T.R.) board President Shannon Johnson Personeni, the Woodland-based nonprofit organization is facing unprecedented financial strain, due to rising costs for insurance, staffing, facility upkeep and animal care.

"Despite cutting non-essential expenses and stretching every dollar, we have been forced to release over 60% of our instructors, eliminate more than half of our weekly program hours and turn away nearly 75% of our riding students," Personeni said. "Just to stabilize our core operations and prevent further losses, we must raise at least \$45,000 by Dec. 1."

Personeni, who founded Therapeutic Riding and Off-Track Rehabilitation in 2005, is a certified therapeutic riding instructor and an equine specialist in mental health and learning, accredited through the Professional Association of Therapeutic Horsemanship (PATH) International.

"Demand for our services has been growing at an astonishing rate," Personeni said. "We typically have several hundred people on our waiting list. The lives of these children and adults could be transformed by the therapeutic power of horses if we can remain



Instructor Debbie and Leo tack up Cindy Lu for a lesson. Photo courtesy of Therapeutic Riding and Off-Track Rehabilitation



India and Mr. B share a moment. Two hearts. One healing moment. Photo courtesy of Therapeutic Riding and Off-Track Rehabilitation



Shannon Personeni rescues the horses and they rescue us. Photo courtesy of Therapeutic Riding and Off-Track Rehabilitation

open to serve them."

Therapeutic Riding and Off-Track Rehabilitation combines recreational riding instruction with principles of physical, occupational and social-emotional therapy. It serves students with conditions such as autism, attention-deficit disorder/attention deficit hyperactivity disorder (ADD/ADHD), brain and spinal cord injuries, cerebral palsy,

developmental delays, Down syndrome, multiple sclerosis, muscular dystrophy and learning challenges, as well as mental, emotional, visual and hearing impairments.

"A horse's stride mimics the human gait, which stimulates the rider's physical and cognitive development," Personeni said. "This gentle, rhythmic motion enhances balance, muscle

control, coordination, posture and body awareness. By interacting with their horses, riders also learn trust, patience and self-control while developing communication and social skills."

In addition to serving riders with disabilities, Therapeutic Riding and Off-Track Rehabilitation operates a rehabilitation program for horses off the racetrack. Many of these horses arrive after neglect, abandonment or career-ending injuries. "With

training, care and compassion, they become part of our adaptive riding program or are placed in loving permanent homes," Personeni said.

Community members, businesses and foundations are encouraged to contribute to this urgent effort by donating at <https://www.gofundme.com/f/keep-trottr-alive> or contacting Therapeutic Riding and Off-Track Rehabilitation at [info@TROTR.org](mailto:info@TROTR.org). ★

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# Running for Families in Need

Continued from page 1  
hard. In just one week, our formula shelves were completely cleared, and we're working tirelessly to restock them.

Many of our clients are forced to stretch formula by using less than the recommended amount, which puts babies at serious risk of malnutrition and dehydration.

With donations down by 90% and operating costs rising, we've made the difficult decision to place our beloved ranch for sale. It's been our home for 10 and a half years, and while it breaks our hearts, the proceeds will ensure we can continue our life-saving mission, helping babies thrive.

That's why this year's Gobble Wobble means more than ever. It's not just



The annual Gobble Wobble 5K, hosted by local nonprofit Chicks in Crisis, supports young and low-income parents with essential supplies and parenting resources. This year's run is especially focused on boosting donations and participation amid recent challenges.

a fun run; it's our lifeline. Join us in person at the start/finish line or walk

virtually from wherever you are. Because without you, there's no us. Thank

you for helping us save babies, one step at a time. The run will take place



Pictured from left are former Cosumnes Community Services District General Manager Joshua Green, Cosumnes Community Services District President Angela Spease and Elk Grove City Councilmember Darren Suen at a previous Gobble Wobble 5K. Photos courtesy of Chicks in Crisis

starting from 8 a.m. on Thanksgiving, Nov. 27, at 8280 Longleaf Drive. For more information about the run or to register, visit [chicksincrisis.org](http://chicksincrisis.org).

Chicks in Crisis is a local family resource center that provides parenting guidance and essential supplies to young

and low-income parents. The nonprofit serves more than 650 families every month, helping reduce the number of infants entering foster care and has earned recognition such as the 2025 Platinum Transparency Candid and 2024 California Nonprofit of the Year. ★



Earlier this year, the Elk Grove City Council amended the city's Flag Policy to allow the permanent display of the tribal flag at City Hall.

# Tribal Flag Raised at City Hall

Continued from page 1  
Singh-Allen highlighted the significance of the flag in a social media statement.

"Earlier this year, the City Council amended our flag policy to create a permanent display that includes the tribal flag of the Wilton Rancheria, the only federally recognized Tribe in Sacramento County," she said.

"This change reflects

more than just a policy update; it reflects our deep respect for the Tribe's history, sovereignty, and enduring connection to this land," Singh-Allen continued. "We acknowledge that Elk Grove's story, and the story of this region, is intertwined with the rich heritage and continued presence of the Wilton Rancheria. This flag will fly proudly as a daily reminder of our

partnership, deep respect, and shared stewardship for this community."

She added, "As we begin Native American Heritage Month, this moment feels especially meaningful. This year's observance will carry even greater significance, not just in words, but in symbols as the tribal flag takes its place among the others that represent our city, our state and our nation." ★



City and tribal leaders came together Nov. 3 to raise the Wilton Rancheria Tribal Flag, honoring the Tribe's sovereignty and deep connection to the Elk Grove region. Photos courtesy of the City of Elk Grove

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# RELIGION NEWS

## Chabad of Elk Grove Offers Torah Classes

Local community members are invited to attend free weekly Torah Classes that will be offered by Chabad of Elk Grove.

Each class will be held from 6:45-7:30 p.m. on Wednesdays at a private location.

The course, "Flashbacks in Jewish History," will examine how our past

informs our future. Rabbi Chaim Groner leads the discussion.

For location, call (917) 724-4443.

## Field of Hope United Church of Christ's Services

Community members are invited to the Field of Hope United Church of Christ's Sunday worship service at 10:30 a.m. at 9624 Melrose Ave., Elk Grove.

Sunday School and

nursery services are available. For more information, visit [www.FieldOfHopeUCC.org](http://www.FieldOfHopeUCC.org).

## Events at Elk Grove Presbyterian Church

Rev. McNamara welcomes members and visitors every Sunday at 10 a.m. Our church is at 8153 Elk Grove Blvd, Suite 50, facing Big Horn.

We have open Communion the first Sunday of the month.

For more information, Rev. McNamara can be reached at (916) 683-1435 or [elkgrovepres@gmail.com](mailto:elkgrovepres@gmail.com).

## Grace Church Hosts Celebrate Recovery

Celebrate Recovery is a Christ-centered ministry offering help in finding freedom from the issues (hurts, hang-ups and habits) controlling your life.

Meetings are held weekly on Friday evenings at 7 p.m.

at Grace Church, located at 9766 Waterman Road, next to Mel Dogs.

Sunday Worship begins at 10 a.m. For more information call (916) 714-3444 or email [office@gracechurcheg.org](mailto:office@gracechurcheg.org). Visit [GraceChurchEG.org](http://GraceChurchEG.org).

## St. Maria Goretti Catholic Church's Mass Schedule

Elk Grove's St. Maria Goretti Catholic Church

invites everyone to celebrations of Holy Mass at 8700 Bradshaw Road..

Mass will be held there at 5 p.m. on Saturdays, and 8 a.m., 10 a.m. and noon on Sundays.

They also have weekday Masses at 9 a.m. on Mondays, Wednesdays, Thursdays, and Fridays.

For more information, call (916) 647-4538, visit [www.SMGCC.net](http://www.SMGCC.net), or download the MyParish app and enter the code, 55321. ★

# MEETING MINDERS

Community members can watch these meetings online and submit public comments for the officials to review.

The Elk Grove City Council has its regular meetings at 6 p.m. the second and fourth Wednesday of the month. To view the meeting, visit [ElkGroveCity.org](http://ElkGroveCity.org).

The Elk Grove Planning Commission has its meetings at 6 p.m. the first and third Thursdays of the month.

A live video stream of this meeting can be

viewed at the city of Elk Grove's website, [www.ElkGroveCity.org](http://www.ElkGroveCity.org).

The Cosumnes Community Services District Board of Directors has in-person meetings at 5 p.m. the first and third Wednesdays of the month.

It governs the Cosumnes Fire Department as well as Elk Grove's parks and recreation system.

The CSD board meetings can be watched live at [www.CosumnesCSD.gov](http://www.CosumnesCSD.gov) and they are held at 8820 Elk Grove Blvd.

The Elk Grove Unified School District Board of Trustees meets the first and third Tuesday of each month at 6 p.m.

This meeting is in-person at the Robert L. Trigg Education Center Board Room, 9510 Elk Grove Florin Road.

Members of the public can also view it by using the Zoom application and visiting the school district's website, [www.EGUSD.net](http://www.EGUSD.net).

Past board meetings can be watched on the district's YouTube channel, "ElkGroveUnified." ★

# ARTS CALENDAR

## 'Small Treasures Show and Sale'

The Elk Grove Fine Arts Center presents the 14th annual Small Treasures Show and Sale, and Holiday Gift Boutique, Nov. 1 through Dec. 28.

Plus: Holiday Fundraising Raffle with chance to win a holiday-themed piece of original artwork. Details at [elkgrovetoyota.com](http://elkgrovetoyota.com).

## View Artwork from Elk Grove

At [webmaps.elkgrovecity.org/publicartelkgrove](http://webmaps.elkgrovecity.org/publicartelkgrove). The Elk Grove Arts and Creative Economy Commission has created a virtual Citywide Art Guide to art pieces and art events in Elk Grove.

## Art Workshops for Adults

Enhance your visual arts

skills or learn a new technique in an art class or workshop at the Elk Grove Fine Arts Center.

If you're looking for basic to advanced instruction in Batiking, Ceramics, Clay, Encaustics, Fabric Art, Mixed-Media, Mosaics, Plein Air, or Watercolor (and more!), you will find it here. To learn more, visit [elkgrovetoyota.com](http://elkgrovetoyota.com). ★

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# Places of Worship

## St. Peter's Lutheran Church

8701 Elk Grove-Florin Rd.  
Pastor Joe Dapelo  
916-689-7300

### Service Hours:

Traditional – 8:30 a.m.  
Contemporary – 11 a.m.  
Sunday School – 9:45 a.m.  
5th Sunday – 9:30 a.m.

Website: <https://stpeterseg.org>

Facebook: <https://www.facebook.com>

[St.PetersLutheranChurchElkGrove](https://www.facebook.com/St.PetersLutheranChurchElkGrove)

## St. Luke's Lutheran Church (ELCA)

7595 Center Parkway  
Sacramento, CA 95823  
Pastor Rob Williamson  
916-421-5039

Sunday Service 10:30 a.m.

Website: [slelca.org](http://slelca.org)

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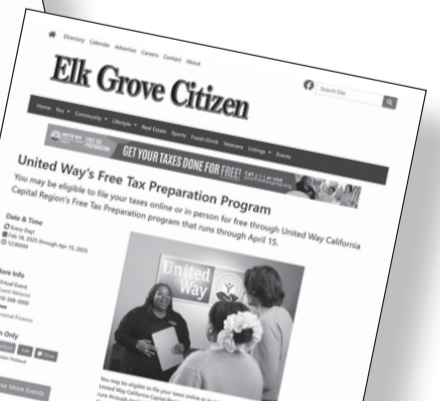
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# Kings Korner

By V.G. Harris



In the NBA there are no white flags or throwing in the towel when the game is so lopsided that you can't bear to watch another minute. No, that option just doesn't exist.

After defeating the mighty Milwaukee Bucks on their home floor and backing that up with a win against the bay area Golden State Warriors, fans were beginning to raise an eyebrow. It appeared that the Sactown boys were starting to gel, but lopsided losses to Oklahoma City and the Minnesota Timberwolves removed any temporary euphoria that Kings fans might be feeling.

Exposed? 100% exposed and more than just a little bit embarrassing, and what did we get to hear from head coach Doug Christie? We were told once again that the Kings need to play better defense as they had just allowed 144 points on their home court.

Defense you say. In the past 12 months the Sacramento Kings have walked out the door Davion Mitchell, Jonas Valanciunas, and Isaac Jones, and what do they have to show in return. Not a single player, and my question is why did you give up on each of these players?

The Sacramento franchise is suffering from a prolonged attack of talent fatigue. That's a condition that renders front office's the inability to assess talent, and the Kings have been suffering from this malady for decades. Even a change in ownership didn't fix the problem, as Vivek Ranadive took over where the Maloofs left off, and the Sacramento fans believed that some semblance of normality would finally surface.

But alas, that has not been the case. G.M.'s and coaches have come and gone, but the same inability to assess talent remains.

Last night, fan favorite and the Kings best defender Keon Ellis remained on the bench for the first 3 quarters watching the game, before coach Christie seemed to remember that he was available and then came in when the game was long decided.

Russell Westbrook is the real deal and still has a load of game at the tender age of 36. Westbrook has quickly won the hearts of fans, and much like Domantas Sabonis he brings 100% effort every night.

Westbrook is a pleasure to watch and if used correctly can be a game changer.

Drew Eubanks has been a pleasant surprise that no one saw coming and backing up Sabonis as Domantas has battled nagging injuries early in the season, Eubanks has been more than earning his keep.

The play of Zach Lavine cannot be overstated as he has been stellar from start to finish and could easily be heading to an all-star invitation. LaVine has stepped up his defensive presence while leading the team in scoring nearly every night. His 3-point shooting is over 40% and is among the league leaders. Add to that the component of leadership, and it's safe to say the Kings would not have 3-wins were it not for Zach Lavine.

Once again, the Kings are getting what they paid for in DeMar DeRozan and much like Russell Westbrook, DeMar looks ageless.

So why have the Kings lost 7 or the first 10 games? I go directly to the inability to assess the talent that is already on this team.

Sitting Keon Ellis for 3 quarters for the 2nd straight game against a high-powered Minnesota team lacks understanding, but it's not just Ellis that is a head scratcher. Why has Doug McDermott sat on the bench for the first 10 games when he is a proven 3-point shooter and could be used as a rotational player. Not just garbage time, but minutes in the first half as well.

I fail to understand how the Kings can cut ties with Isaac Jones but retain other players that never even see a minute of action.

It didn't take the Detroit Pistons long to take advantage of the Kings mistake and add Mr. Jones to their roster.

Look for Isaac in the playoffs this year because that's where you will find him.

If I sound a little frustrated, you read this right. It's time to wake up and smell the roses and I'm talking to the Kings franchise. Let's act like we've been there before.

Let's not throw in the towel Kings Fans, but rather hope that the coaching staff wakes up soon!

All the best!

Your thoughts are always welcome at [vgharriskingsfan@gmail.com](mailto:vgharriskingsfan@gmail.com). ★

## Pro-Housing Laws Have Failed to Raise New Home Numbers



By Dan Walters, CALMatters.org

California YIMBY, an organization founded eight years ago to promote housing construction in response to an ever-increasing gap between demand and supply, held a victory party in San Francisco recently.

"Welcome to the most victorious of California YIMBY's victory parties," Brian Hanlon, founder and CEO of the organization, told attendees.

Its acronym (Yes In My Backyard) symbolizes its years-long battle with NIMBYs (Not in My Backyard), people and groups who have long thwarted housing projects by pressuring local governments that control land use.

YIMBY's party marked the passage of several pro-housing legislative measures this year, two of which have long been sought by housing advocates. Assembly Bill 130 exempts many urban housing projects from the California Environmental Quality Act, while Senate Bill 79 makes it easier to building high-density housing near transit stations in large cities.

"2025 was a year," Hanlon gleefully declared.

The celebratory atmosphere was understandable because this year's legislative actions capped a half-decade of ever-mounting state government activism on housing that followed Gov. Gavin

Newsom's 2017 campaign pledge to build 3.5 million new units of housing if elected.

That goal was wildly unrealistic, as Newsom should have known, but he did push hard for legislation to remove barriers to housing development. His housing agency also ramped up pressure on local governments to remove arbitrary hurdles that YIMBY-influenced officials had erected and to meet quotas for identifying land that could be used for housing.

However, the celebration omitted one salient factor: Pro-housing legislative and administrative actions have failed to markedly increase housing production.

New housing starts were around 100,000 a year when Newsom took office in 2019, and they are about that number today, with the net increase even lower.

As the Housing and Community Development Department admits in its statewide housing plan, "Not enough housing being built: During the last ten years, housing production averaged fewer than 80,000 new homes each year, and ongoing production continues to fall far below the projected need of 180,000 additional homes annually."

The Census Bureau calculates that since Newsom took office, new housing permits in California ranged from a high of 120,780 units in 2022 to a low of 101,546 last year. Newsom's own budget agrees with the Census Bureau's data for the same period and projects future construction through 2028 at 100,000 to 104,000 units a year.

Those are the numbers. But how data on housing is collected and collated has been a somewhat murky process,

and opponents of housing projects often challenge how they comport with quotas the state imposes on local communities.

Fortunately, the Census Bureau has unveiled a new statistical tool that should go a long way toward having complete data that includes not only conventional single- and multi-family projects, but alternative forms of housing such as backyard granny flats, officially known as Accessory Dwelling Units; basements or garages that are transformed into apartments; single-family homes converted into duplexes or apartments; mobile homes or office buildings that become housing.

The tool uses several sources of data but is heavily reliant on the Postal Service, which maintains a constantly updated roster of addresses that includes all housing types.

More accurate data should make it easier to overcome conflicts and may even reveal that California's pro-housing actions have had positive effects that current methodology misses.

"The housing crisis has persisted in part because we haven't been able to measure our progress accurately," an article about the new tool published by the Niskanen Center, a think tank, concludes. "With the Census Bureau's Address Count Listing File data, that excuse is gone. Now the question is whether policymakers will use this powerful new tool to finally build the housing America needs."

Dan Walters is one of the most decorated and widely syndicated columnists in California history, authoring a column four times a week that offers his view and analysis of the state's political, economic, social and demographic trends. ★

## Social Security Matters

### Consider the "Wearing Out" Factor While Deciding When to Claim



By Russell Gloor, AMAC Certified Social Security Advisor

**Dear Rusty:** Enjoyed your recent article on claiming SS benefits. I feel, however, any decision making should also include what I call the "wearing out" factor. Yes, financial need, health, and longevity are definite criteria for a decision. The inevitable problem (I just turned 83) is the speed at which many of us descend down the back side of that hill after we hit around age 65. Yes, one might live to 85-90 but as you age after 65, many physical limitations begin to appear. Only then does one realize their earlier retirement decision (waiting to max out SS) might not have been honestly evaluated to the extent needed. I speak from experience: after having reached 60 in excellent health, I took early retirement from work, then Social Security at 62, and glad I did so. I figure the degree of slope on the backside of that "hill" will increase with age (it did quickly for me), so one best start enjoying a retirement life as soon as financially possible. **Signed: Glad I claimed**

at 62.

**Dear Glad I Claimed at 62:** Thank you very much for your excellent perspective on the "wearing out" factor. And please know that I wholeheartedly concur with your opinion that waiting for a higher Social Security benefit is not always the most prudent choice. For perspective, however, we have found that far too many people claim Social Security as soon as they are eligible at 62 simply because "it is there," without fully analyzing whether that is the best option considering their personal circumstances.

You are correct – enjoying your retirement life while you are still physically able is a valid consideration. And that is why we always suggest that evaluating both your financial needs as well as your health and life expectancy is important. Fulfilling one's "bucket list" is, indeed, an important consideration and if claiming Social Security at age 62 (after evaluating all factors) enables one to do that, then that is exactly the right choice. It obviously was for you.

Age does, indeed, tend to slow us down, so if taking the SS money early means being able to enjoy life while you still can, then that is a good decision. But having more money as you age can also make your "golden years" a lot more comfortable.

As we have recently witnessed, inflation has an insidious way of reducing

our financial comfort in retirement. Despite having a retirement pension from your primary working career, imagine how another 25% in your monthly Social Security payment (had you claimed at full retirement age instead of age 62) would help make your senior years more comfortable.

The fact is that no one can predict how long they will live nor whether they will do so in good health. All we can do is evaluate all our options under varying circumstances and make our claiming decision based on that analysis. And that is precisely what we advocate for at the AMAC Foundation's Social Security Service. In no way did I intend to say that claiming at 62 was never the right choice; only that everyone should look at their complete personal circumstances when deciding when to.

*This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity. To submit a question, visit our website ([amacfoundation.org/programs/social-security-advisory](http://amacfoundation.org/programs/social-security-advisory)) or email us at [ssadvisor@amacfoundation.org](mailto:ssadvisor@amacfoundation.org). ★*



Donald Trump has trampled on another taboo, and it's a good thing.

The president said in a Truth Social post that the United States will begin "immediately" testing our "nuclear weapons" on "an equal basis" with Russia and China. It's not clear what this means exactly. Trump could be referring to the delivery systems that carry nuclear weapons or the weapons themselves.

If it is the latter, as most news accounts assume, it will represent an advance for the U.S. nuclear deterrent and a victory of common sense over superstition.

The United States conducted more than a thousand explosive nuclear tests during the Cold War, but gave up the practice in 1992. Since then, it's come to be considered a moral imperative that we don't test, for no good reason.

Obviously, we aren't going to conduct atmospheric tests again at Bikini Island in the Pacific or the Las Vegas Bombing and Gunnery Range. Beginning in the 1960s, though, we carried out explosive tests deep underground, mostly at the Nevada Test Site. Assuming that tests are safely controlled and contained, there is no good argument for not conducting them as warranted.

There is nothing immoral about testing, and testing a bomb doesn't necessarily lead to using it, or we wouldn't have conducted hundreds of tests -- includ-

## Yes, Test Our Nukes

ing nearly 30 a year during one stretch -- and only dropped the atomic bomb twice at the very outset of the nuclear age.

We have an extensive, sophisticated program to continually kick the tires of our nukes through the Stockpile Stewardship Program. It uses computer simulations and the like to establish that everything is in working order. But there is no substitute for explosive tests to ensure that the computer models aren't missing anything and to make it possible to adjust them with explosive data, especially as our arsenal has changed over the last 30 years.

We should have 100% certainty about the safety, security and reliability of our nuclear arsenal, upon which so much of our national security depends.

The claim that testing will raise international tensions doesn't make much sense. What is Russia going to do if we conduct a nuclear test? Invade Ukraine? Certainly, Pakistan and North Korea haven't been dissuaded from getting nukes. "Please, you should like us -- and forswear your own nuclear weapons -- because we don't do tests" isn't a compelling argument for any of our adversaries overseas. Otherwise, we wouldn't have had to bomb Fordow and Natanz.

China and Russia may already be conducting their own nuclear tests. In recent years, reports from both the State and Defense departments have said that Russia has violated the so-called zero-yield standard that it is supposed to be

honoring by conducting supercritical nuclear tests. (Since Russia routinely cheats on all its commitments, this is not a surprise.)

More to the point, both Russia and China have been developing new warheads and delivery vehicles. In other words, they acquired new weapons while we were testing, and have been acquiring new weapons while we haven't been testing. The consistent thread is developing systems to project their power and threaten us. These are cold-eyed countries that will do whatever they consider in their interest, regardless of how much we might like to think our moral example is affecting them.

Now, there's no doubt that getting our capacity to conduct an explosive test back up and running will take time, even if Trump and his team remain committed. The president might finish the new White House ballroom before any renewed testing, and Nevada, no doubt, won't be thrilled by once again hosting underground nuclear explosions.

Yet, Trump is acknowledging an important reality. We have nuclear weapons and they are a central part of our defense and, by extension, that of many of our allies. To not test them -- prudently and safely -- is an asinine leftover from the immediate aftermath of the Cold War that doesn't serve our interests or make the world safer.

Rich Lowry is editor of the National Review. (c) 2025 by King Features Synd., Inc. ★

# Mercy San Juan Medical Center Upgrades Stroke Center

**Dignity Health  
News Release**

**SACRAMENTO REGION, CA (MPG)** - Dignity Health Mercy San Juan Medical Center is celebrating the grand opening of its newly renovated Neuro-Interventional Suite, a space designed to deliver faster, safer and more advanced stroke care.

The centerpiece of the upgrade is a new Canon biplane imaging system, which allows doctors to see detailed, real-time images of the brain and blood vessels from multiple angles helping them treat strokes and other complex conditions with greater precision.

Mercy San Juan is the only Comprehensive Stroke Center for Dignity Health in California and the first hospital in the Greater Sacramento Market to receive this designation from The Joint Commission.

According to the commission, the Comprehensive Stroke Center Certification is the most demanding stroke certification and is designed for those hospitals that have specific



**This Canon biplane imaging system offers real-time, high-resolution views of the brain and blood vessels from multiple angles, which help physicians perform faster, safer and more precise interventions for patients experiencing stroke and other complex neurological conditions.**

abilities to receive and treat the most complex stroke cases.

The \$12.9 million renovation also includes a new procedure room, monitoring area and updated staff spaces to support exceptional patient care and teamwork.

With this investment, Mercy San Juan strengthens its position as the region's leading hospital for advanced neurological care.

The grand opening was on Oct. 22.

Most of the patients served by the Neuro-Interventional Suite come from the greater Sacramento region, including Carmichael, Citrus Heights, Fair Oaks,

Orangevale, Rancho Cordova, Folsom, Elk Grove, West Sacramento and Roseville. The medical center is located at Mercy San Juan Medical Center, 6501 Coyle Ave., Carmichael.

Dignity Health is a multi-state nonprofit network of 10,000 physicians, more than 60,000 employees, 41 acute care hospitals and 400-plus care-centers, including community hospitals, urgent care, surgery and imaging centers, home health and primary care clinics in Arizona, California and Nevada. Dignity Health is dedicated to providing compassionate, high-quality and affordable patient-centered care with special



**Mercy San Juan Medical Center physicians discuss with ribbon-cutting attendees how the biplane imaging system works and helps improve care.** Photos courtesy of Dignity Health



**Mercy San Juan Medical Center celebrated the grand opening Oct. 22 of its newly renovated Neuro-Interventional Suite, a space designed to deliver faster, safer and more advanced stroke care.** Dr. Lucian Maidan, a San Juan Medical Center neurologist, cuts the ribbon.

attention to the poor and underserved.

Dignity Health is a part of CommonSpirit Health,

a nonprofit health system committed to advancing health for all people and dedicated to serving the

common good.

For more information, visit Dignity Health's website at [DignityHealth.org](http://DignityHealth.org). ★

## POLICE LOGS

### Oct. 31

5:40 a.m., 10000 block of East Stockton Boulevard, Elk Grove Police arrested Kevin Bicker, 39, on trespassing, grand theft, possession of controlled substance, possession of drug paraphernalia and warrant charges.

10:23 a.m., 8800 block of J Sheehan Street, Elk Grove Police arrested Reginald Johnson, 44, on warrant charges.

2:50 p.m., 8500 block of Bond Road, Elk Grove Police arrested a female juvenile, 17; and a female juvenile, 16, on shoplifting and criminal conspiracy charges.

4:20 p.m., confidential location, Elk Grove Police arrested Marquesha Barksdale, 31, on domestic violence charges.

7:31 p.m., 8800 block of Valley Oak Lane, Elk Grove Police arrested a male juvenile, 15; a male juvenile, 15; and a male juvenile, 17, on assault with a deadly weapon, battery and assault with force likely to cause great bodily injury charges.

8:23 p.m., 5700 block of Lawnview Way, Elk Grove Police arrested Antonio Macon, 35, on resisting arrest charges.

### Nov. 1

4:27 a.m., 8600 block of Black Kite Drive, Elk Grove Police arrested Joscelyn Ramirez Ortiz, 25, on resisting arrest and battery charges.

5:50 a.m., confidential location, Elk Grove Police arrested Ruben Munoz, 38, on domestic violence charges.

3:02 p.m., 7100 block of Elk Grove Boulevard, Elk Grove Police arrested Katie Hedrick, 46, on shoplifting charges.

6 p.m., 9100 block of East Stockton Boulevard, Elk Grove Police arrested Michael Allen, 36, on battery charges.

6:04 p.m., 7500 block of Laguna Boulevard, Elk Grove Police arrested Jaclynn Vue, 18; and Naomi Lafleur, 18, on shoplifting and criminal conspiracy charges.

7:23 p.m., confidential location, Elk Grove Police arrested Raudel Murillo,

23, on domestic violence and assault with force likely to cause great bodily injury charges.

11:45 p.m., 8100 block of Sheldon Road, Elk Grove Police arrested Zahnae Harris, 18, on robbery charges.

### Nov. 2

4:17 p.m., 9100 block of West Stockton Boulevard, Elk Grove Police arrested Angel Solano Duran, 36, on grand theft and criminal conspiracy charges.

6:32 p.m., confidential location, Elk Grove Police arrested Jessica Orellana, 39, on domestic violence and child endangerment charges.

### Nov. 3

3:13 p.m., 7500 block of Laguna Boulevard, Elk Grove Police arrested Mulraj Dhaliwal, 33, on shoplifting charges.

3:44 p.m., 9100 block of East Stockton Boulevard, Elk Grove Police arrested Kenisha Ramsey, 38; and Sequoia Johnson, 39, on grand theft and grand theft with priors charges.

7 p.m., 9500 block of Harbour Point Drive, Elk

Grove Police arrested Ryan Lawson, 41, on resisting arrest charges.

9:33 p.m., 8200 block of Lake Willow Way, Elk Grove Police arrested Roger Mucha, 46, on public intoxication, bringing drugs into a jail or prison and possessing drugs in a correctional facility charges.

### Nov. 4

12:39 p.m., Franklin Boulevard/Laguna Boulevard, Elk Grove Police arrested Tracy Turner, 37, on driving without owner's consent, hit and run/no injury and resisting arrest charges.

7:59 p.m., 8100 block of Sheldon Road, Elk Grove Police arrested Omarie Mathews, 23, on shoplifting and battery charges.

11:48 p.m., Calvin Road/Elk Grove Florin Road, Elk Grove Police arrested Danny Smith, 18; and Scott Xavier, 19, on carrying a concealed weapon, carrying a concealed weapon in a vehicle, carrying a loaded weapon, possession of a firearm without a license, felon

in possession of a firearm and felon in possession of ammunition charges.

### Nov. 5

1:39 p.m., 8400 block of Elk Grove Florin Road, Elk Grove Police arrested Robert Turner, 30, on trespassing charges.

6:32 p.m., Rick Chapman Way/Kossum Way, Elk Grove Police arrested Drequan King, 27, on parole violation charges.

7:30 p.m., 8100 block of Sheldon Road, Elk Grove Police arrested Lamar Young, 42, on petty theft with priors charges.

11:01 p.m., Bruceville Road/Imagination Parkway, Elk Grove Police arrested Adriana Degregorio, 36, on warrant charges.

### Nov. 6

1:30 a.m., 8100 block of Sheldon Road, Elk Grove Police arrested Cortine Alt, 37, on shoplifting and possession of controlled substance charges.

1:31 a.m., West Stockton Boulevard/Laguna Grove Drive, Elk Grove Police arrested James Hernandez,

52, on driving vehicle without registration charges.

2:23 a.m., 8100 block of Sheldon Road, Elk Grove Boulevard/Auto Center Drive, Elk Grove Police arrested Dustin Payne, 42, on warrant charges.

3:54 a.m., 10140 block of Bruceville Road, Elk Grove Police arrested Eric Brooks, 20, on burglary charges.

2:11 p.m., confidential location, Elk Grove Police arrested Fredrick Nash, 58, on violation of restraining order charges.

4:42 p.m., 7400 block of West Stockton Boulevard, Elk Grove Police arrested a male juvenile, 15; male juvenile, 16; male juvenile, 16; male juvenile, 17; male juvenile, 17; Hansum Peter, 18; and Arrested) King Davis, 18, on robbery, criminal conspiracy, resisting arrest, bench warrant, false impersonation, possession of firearm without a serial number, carrying a concealed weapon and possession of undetectable firearm charges. ★

## Living Trust Attorney

**Robert "Jeff" Busch**

*Living Trusts – Wills – Powers of Attorney  
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## Elk Grove Citizen

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# Sacramento Ballet Offers Bold Visions, Timeless Classics



Sacramento Ballet Company artists Hiyori Ushikubo and Maxence Devaux are in "Connections" from Oct. 24 to Nov. 2. Photos courtesy of Tony Nguyen



Sacramento Ballet Company artists Jennifer Watembach and James Griffen, as the Princess Aurora and Prince Desiree, portray a pose from the famous "Wedding Pas de Deux" from "Sleeping Beauty." Sacramento Ballet will perform a new production of this beloved fairytale in February.



Sacramento Ballet Company artists Mia Steedle and Seungkyun Park, as the Sugar Plum Fairy and Her Cavalier, are in technically challenging roles in Sacramento Ballet's production of "Nutcracker."

## Sacramento Ballet News Release

**SACRAMENTO REGION, CA (MPG)** - Sacramento Ballet highly anticipated 2025-26 season has started.

Following the triumph of the 70th Anniversary Season, this year promises an extraordinary mix of breathtaking artistry, innovative choreography and unforgettable performances. With the support of season sponsors Western Health Advantage and Dignity Health, the 2025-26 season invites audiences to witness the magic of both beloved classics and daring new works.

"Our 2024-25 season was a milestone for us as we celebrated the legacy of Sacramento Ballet while embracing bold, new dance works," said Board President Alyssa Paoletti. "With the 2025-26 season, we're continuing to build on that momentum by showcasing our dancers' exceptional talent, reimagining a classic fairytale and pushing the boundaries of ballet through collaborations with some of the world's most exciting choreographers."

The season lineup includes the following shows: "Connections" (Oct. 24 to

Nov. 2), "Nutcracker" (Dec. 12 to Dec. 21), "Sleeping Beauty" (Feb. 13 to Feb. 15) "Visions" (March 20 to March 22) and Sacramento Ballet's annual "Beer & Ballet" (May 28 to May 31).

"It's always an honor to get to create on the company," said company artist Julia Feldman, who has been a member since 2010 and has choreographed numerous works on Sacramento Ballet. "I'm incredibly inspired by the artists in this company and excited to make ["Connections"] a piece that celebrates their strength, artistry and complexity."

Sacramento Ballet's beloved holiday tradition returns with a spectacular production of "Nutcracker" from Dec. 12 to Dec. 21, featuring live music by the Sacramento Philharmonic and Opera. This magical performance is sure to enchant audiences of all ages. Sacramento Ballet's "Nutcracker" features the talents of hundreds of young dancers from across the capital region. Each year, these young dancers ensure that Sacramento Ballet's "Nutcracker" maintains a hometown feel as they dance the roles of shooting stars,

candy canes, mice, toy soldiers, party children and more.

The season will culminate with Sacramento Ballet's annual "Beer & Ballet" performance from May 28 to May 31, where company artists step into the role of choreographer, creating original works on their fellow dancers. This truly unique experience offers a rare glimpse into the creative process while celebrating collaboration, artistry and community. Audience members will receive a complimentary drink from Bike Dog Brewing, adding a festive touch to this event.

Sacramento Ballet is more than a performing arts organization; it is an engine for growth, connection and vitality in California's capital. The arts generate significant economic activity, supporting local businesses, restaurants and hospitality industries while drawing visitors from across the state.

Beyond dollars and cents, cultural institutions such as Sacramento Ballet increase the quality of life within their communities by fostering creativity, empathy and shared cultural experiences

that bring residents together across backgrounds. As one of California's leading professional ballet companies, Sacramento Ballet proudly represents the region on local, national and international stages.

Sacramento Ballet's mission is to enhance the human condition through dance and to make it accessible to everyone. As the region's only professional dance company, Sacramento Ballet brings world-renowned dancers and choreographers to create groundbreaking work, while showcasing California's vibrant cultural landscape both locally and internationally.

Founded in 1954, Sacramento Ballet has remained a beacon of artistic excellence, offering innovative performances, educational programs and community outreach. With support from individual donors, corporations, foundations and government entities, Sacramento Ballet continues to inspire audiences through performances and initiatives that leave a lasting impact on the region. For more information, visit [sacballet.org](http://sacballet.org). ★

# Women's Empowerment Receives Two-Year \$50,000 Grant

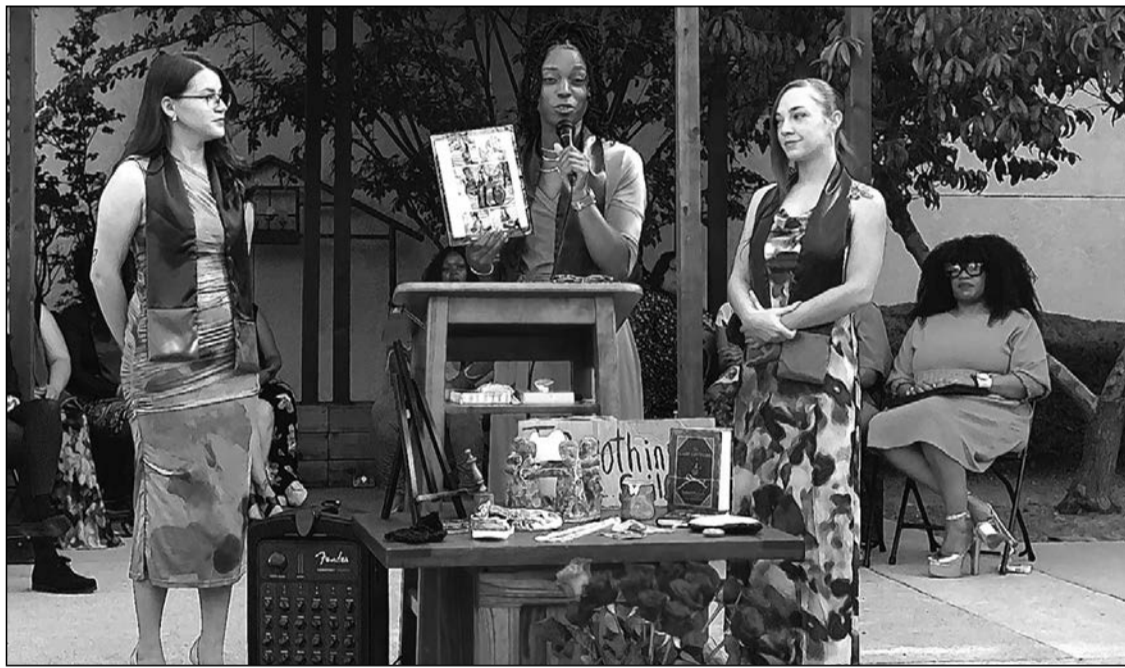
## Women's Empowerment News Release

**SACRAMENTO REGION, CA (MPG)**

- Women's Empowerment has received a two-year grant of \$50,000 in 2025 and 2026 from the Kelly Foundation to empower Sacramento women experiencing homelessness to find affordable housing as they look for jobs with upward mobility so they can eventually afford a permanent home for their families.

"We are proud that our extensive program provides a long-term solution to homelessness while also meeting immediate needs as women navigate the high cost and low availability of housing in Sacramento," said Lisa Culp, executive director, Women's Empowerment. "We are grateful to the Kelly Foundation for recognizing that this program is the critical steppingstone that Sacramento women need to transform their lives and rise from homelessness."

Grant funds will support Women's Empowerment's quarterly two-month program where each woman works one-on-one with a social worker, housing specialist and employment specialist. She attends classes and



The Kelly Foundation envisions a Greater Sacramento region where everyone has a chance to live in a safe and affordable home; access to meaningful work, a sustainable environment, healthy food, and quality education; and where each person's ability to thrive is connected to the well-being of the community. Photo courtesy of Women's Empowerment

support groups and receives free transportation assistance, onsite childcare, meals and more. Funding also will assist the nonprofit's lifetime services for graduates, including counseling, job search and retention support, financial assistance, paid job training and more. Program graduates can receive paid training in a variety of industries including property management, healthcare,

solar energy, mobility, manufacturing and more.

Grant funds also will support the group's Trellis Gardens transitional workforce housing program where graduates who have secured employment, but still cannot afford market-rate housing for their families, can live in cottages for 12-18 months as they work to increase income, savings and credit scores and

prepare to move into permanent housing.

"Offering support to organizations like Women's Empowerment reflects our ongoing commitment to strengthening the communities we serve," said Shawn Kelly Devlin, chairman of the Kelly Foundation. "We are proud to invest in their mission in creating pathways for women out of homelessness and into

economic stability."

Women's Empowerment offers the most comprehensive job-readiness program in the Sacramento area designed specifically to help women break the generational cycle of homelessness for themselves and their children. In 2024, 155 graduates secured employment or enrolled in advanced training or school, and 89% of graduates maintained or improved their housing. Since 2001, 1,969 women have graduated from the program with more than 4,000 children. Women's Empowerment is funded through private donations from the community and grants. To make a donation: [www.womens-empowerment.org](http://www.womens-empowerment.org).

The Kelly Foundation envisions a Greater Sacramento region where everyone has a chance to live in a safe and affordable home; access to meaningful work, a sustainable environment, healthy food, and quality education; and where each person's ability to thrive is connected to the well-being of the community. The Kelly Foundation was founded in 1988. In 2009, the River City Bank Foundation merged with the Kelly Foundation. For more information: [www.kellyfoundationsacramento.org](http://www.kellyfoundationsacramento.org). ★

# Sacramento Superior Court Bench Selects Kelly Sullivan as CEO



As Chief Deputy Executive Officer, Kelly Sullivan oversees key areas of the court, including court operations, judicial services, master calendar services, jury services and information technology. Photo courtesy of the Sacramento Superior Court

## Sacramento Superior Court News Release

**SACRAMENTO, CA (MPG)** - The Sacramento Superior Court judges have selected Kelly Sullivan, the court's chief deputy executive officer, to serve as the next court executive officer (CEO) on Oct. 16.

"The court is fortunate to have such a talented and dedicated leader ready to step into this role," said Presiding Judge Bunmi O. Awoniyi. "Throughout her 20-year career with our court, Kelly Sullivan has demonstrated exceptional judgment, professionalism and a deep commitment to serving the public

and supporting the work of our judges and staff."

As Chief Deputy Executive Officer, Sullivan has overseen key areas of the court, including court operations, judicial services, master calendar services, jury services and information technology. She has been instrumental in advancing the court's strategic initiatives, expanding access to justice and strengthening operational efficiency.

"We are confident that Kelly Sullivan will continue to advance the court's mission of access to justice and operational excellence," added Judge Awoniyi. "She has earned the respect of colleagues across

every division and brings both continuity and innovation to the position."

Upon accepting the court executive officer appointment, Sullivan expressed gratitude for the opportunity to serve.

"It is an honor to be entrusted with this responsibility," said Sullivan. "Our court has exceptional judicial officers and an outstanding team of employees who work every day to serve our community with fairness and integrity. I look forward to continuing that work in partnership with them."

The court executive officer serves as the court's highest-ranking non-judicial

officer, responsible for overseeing all administrative and operational functions, including fiscal management, human resources, information technology and court services.

The Sacramento Superior Court is the trial court for Sacramento County, handling a wide range of cases, including all civil, criminal, family law, probate and juvenile matters. It operates out of seven locations in the county, employing 700 staff members.

Sullivan succeeds former Court Executive Officer Lee Seale, who retired from court service on Aug. 1. ★

# 'Share the Warmth' Coat Drive Supports College Students

By Idaly Valencia

**ELK GROVE, CA (MPG)** - The Basic Needs Center at Cosumnes River College, known as the Hawk CARES Center, is hosting a Share the Warmth Coat Drive through Nov. 21 at its on-campus location at 8401 Center Parkway.

The center is seeking donations of new or gently used winter coats, scarves, blankets and new gloves of all sizes. These items will go directly to students in need.

Items should be clean to ensure they are safe and practical for immediate use.

"The staff and I have organized this year's coat, and warm clothes drive to support our students who are struggling, especially with the recent interruption of CalFresh benefits, formerly known as food stamps," said Hawk CARES Director Oscar Mendoza-Plascencia. "We're collecting clean, ready-to-use coats, sweaters, gloves and other warm items to help keep our students comfortable this winter

season."

Donations can be dropped off directly at the Hawk Cares Center, located in Portable 48 (P48) across from the Child Development Center, during its operational hours. The center is open Monday, Tuesday and Thursday from 9 a.m. to 4 p.m., Wednesday from 9 a.m. to 3 p.m. and Friday from 9 a.m. to 2 p.m.

For more information about the coat drive or about Hawk CARES, visit [crc.losrios.edu/campus-life/hawk-cares-center](http://crc.losrios.edu/campus-life/hawk-cares-center). ★



Logo courtesy of Hawk CARES Center

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Ronald K Coe, 7367 Carmella Circle, Rancho Murieta, CA 95683 is doing business under the Fictitious Business Name(s) "AMP Courier Service" 7367 Carmella Circle, Rancho Murieta, CA 95683. Filed with the Clerk of Sacramento County October 16, 2025  
Publish: Oct 24, 31, Nov 7, 14, 2025  
AMP 11-14-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07779**  
Said A Hashimi, 8153 Elk Grove Boulevard Suite 20, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Fleet Feet Couriers" 8153 Elk Grove Boulevard Suite 20, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 17, 2025  
Publish: Oct 31, Nov 7, 14, 21, 2025  
FLEET 11-21-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07960**  
Wright Specific Chiropractic, PC., 3117 Dwight Road Suite 200, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Specific Chiropractic" 3117 Dwight Road Suite 200, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 24, 2025  
Publish: November 7, 14, 21, 28, 2025  
SPECIFIC 11-28-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07995**  
Sandra K. Robertson, P.O. Box 581471, Elk Grove, CA 95758

is doing business under the Fictitious Business Name(s) "Robertson Specialist Services" 9531 Lake Park Lane, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 27, 2025  
Publish: November 7, 14, 21, 28, 2025  
ROBERTSON 11-28-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08078**  
Future Energy Corporation, 8980 Grant Line Road, Elk Grove, CA 95624 is doing business under the Fictitious Business Name(s) "Energy Savers/Future Energy Savers" 8980 Grant Line Road, Elk Grove, CA 95624. Filed with the Clerk of Sacramento County October 29, 2025  
Publish: November 7, 14, 21, 28, 2025  
ENERGY 11-28-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07978**  
Li Or, 8686 West Stockton Boulevard Space 27, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "Shopper Podium" 8686 West Stockton Boulevard Space 27, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 27, 2025  
Publish: November 7, 14, 21, 28, 2025  
SHOPPER 11-28-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07838**  
JRETIX, LLC, 5527 Tares Circle, Elk Grove, CA 95757 is doing business under the Fictitious Business Name(s) "JRETIX Media" 5527 Tares Circle, Elk Grove, CA 95757. Filed with the Clerk of Sacramento County October 21, 2025  
Publish: November 7, 14, 21, 28, 2025  
JRETIX 11-28-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-07954**  
Nashira Madison, P.O. Box 245683, Sacramento, CA 95824 is doing business under the Fictitious Business Name(s) "Unique Reflections (Gift Shop)" 8222 Primoak Way, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 24, 2025  
Publish: Nov 14, 21, 28, Dec 5, 2025  
UNIQUE 12-5-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-08006**  
Urban Sunshine 12, Inc, 804 Reading Street Suite B, Folsom, CA 95630 is doing business under the Fictitious Business Name(s) "Urban Sunshine 12, Inc" 7701 Laguna Boulevard #420, Elk Grove, CA 95758. Filed with the Clerk of Sacramento County October 27, 2025  
Publish: Nov 14, 21, 28, Dec 5, 2025  
URBAN 12-5-25

**FICTITIOUS BUSINESS NAME STATEMENT FBNF2025-06955**  
Shannon Brown, 5050 Laguna Boulevard #112-354, Elk Grove, CA 95758 is doing business under the Fictitious Business Name(s) "AISA" 836 57th Street, Suite 458, Sacramento, CA 95819. Filed with the Clerk of Sacramento County September 16, 2025  
Publish: Nov 14, 21, 28, Dec 5, 2025  
AISA 12-5-25

**ORDER TO SHOW FOR CHANGE OF NAME**  
SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#25CV024672

Cynthia Louis Caretto has filed a petition with this court for a decree changing the name(s) of Cynthia Louis Caretto to Cindy Louise Caretto.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 8, 2026, at 1:30 p.m. in Department 53, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: October 17, 2025  
Richard K. Sueyoshi, Judge of the Superior Court  
Publish: Oct 24, 31, Nov 7, 14, 2025  
CARETTO 11-14-25

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#25CV020452**

Ean Cassem Renz has filed a petition with this court for a decree changing the name(s) of Ean Cassem Renz to Ean Cassem Charles.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on January 28, 2026, at 9:00 a.m. in Department 54, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: August 28, 2025  
Christopher E. Krueger, Judge of the Superior Court  
Publish Oct 31, Nov 7, 14, 21, 2025  
RENZ 11-21-25

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#25CV024792**

Gabriel Joe Gomez has filed a petition with this court for a decree changing the name(s) of Gabriel Joe Gomez to Gabriel Jose Gomez.

IN THE CIRCUIT COURT OF JACKSON COUNTY, MISSOURI FAMILY COURT DIVISION Case No. 2516-FC08592  
IN RE THE MATTER OF: MESSIAH X'AVIER REGO  
SEX: M DOB: 18-SEP-2024.  
Minor and STEPHEN T. MILLER and FELICIA R.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 15, 2025, at 1:30 p.m. in Department 25, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: October 17, 2025  
Julie G. Yap, Judge of the Superior Court  
Publish: Oct 31, Nov 7, 14, 21, 2025  
GOMEZ 11-21-25

**SUPERIOR COURT OF CALIFORNIA  
COUNTY OF SACRAMENTO  
ORDER TO SHOW CAUSE CHANGE OF NAME  
#25CV023507**

Pamela Diane Christopherson has filed a petition with this court for a decree changing the name(s) of Pamela Diane Christopherson aka Pamela Weathington aka Pamela Brennan to Pamela Diane Duarte.

IT IS ORDERED that all persons interested in the above-entitled matter appear before this court on December 3, 2025, at 1:30 p.m. in Department 25, located at 813 6th Street, Sacramento, CA 95814, and show cause, if any, why the petition for Change of Name should not be granted.  
Dated: October 6, 2025  
Julie G. Yap, Judge of the Superior Court  
Publish: Oct 31, Nov 7, 14, 21, 2025  
DUARTE 11-21-25

**CITATION**

IN THE CIRCUIT COURT OF JACKSON COUNTY, MISSOURI FAMILY COURT DIVISION Case No. 2516-FC08592

IN RE THE MATTER OF: MESSIAH X'AVIER REGO  
SEX: M DOB: 18-SEP-2024.  
Minor and STEPHEN T. MILLER and FELICIA R.

MILLER, Petitioners, vs. A'MYIA C. REGO, Natural Mother and KENDRICK L. MILLER, Putative Father, and JOHN DOE, Natural Father, Respondents

NOTICE UPON ORDER FOR SERVICE BY PUBLICATION (NO PROPERTY TO BE AFFECTED) STATE OF MISSOURI TO: A'MYIA C. REGO and JOHN DOE, Respondents. You are notified that an action has been commenced against you in the Circuit Court of Jackson County, Missouri, the object and general nature of which is to secure adoption for your child, Messiah X'avier Rego. The names of all the parties to said action are stated above and the name and address of the attorney for plaintiff(s)/petitioner is: Kelle C. Burmeister Gilmore Burmeister Gilmore, LLP 2525 NW South Outer Rd., Ste. B Blue Springs, Missouri 64015 You are further notified that, unless you file an answer or other pleading or shall otherwise appear and defend against the aforesaid petition within 45 days after November 14, 2025, the date of first publication of this notice, judgment by default will be taken against you. It is ordered that a copy hereof be published according to law in the Elk Grove Citizen, a newspaper of general circulation published in Sacramento County, California. COURT ADMINISTRATOR'S OFFICE DEPARTMENT OF CIVIL RECORDS CIRCUIT COURT OF JACKSON COUNTY, MISSOURI (SEAL) by: Nina R. Liimatta, Deputy Date: October 30, 2025  
Published 11/14/2025, 11/21/2025, 11/28/2025, 12/5/2025  
ELK GROVE CITIZEN 12-5-2025

Published 11/14/2025, 11/21/2025, 11/28/2025, 12/5/2025  
ELK GROVE CITIZEN 12-5-2025



### ELK GROVE UNIFIED SCHOOL DISTRICT

#### LEGAL NOTICE

#### NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN THAT the Board of Education of the Elk Grove Unified School District, County of Sacramento, State of California, will receive sealed bids up to but no later than **DECEMBER 1, 2025, at 4:00 P.M. P.ST.** for:

#### BID# 810-25/26 REMOVE AND REPLACE STAGE CURTAINS AND RELATED ITEMS

The Bid must be obtained, submitted, and received electronically online through the EGUSD online Bonfire Procurement Portal at <https://egusd.bonfirehub.com>

**A MANDATORY Pre-Bidders Conference will be held on NOVEMBER 18, 2025 at 9:00 A.M. at Samuel Kennedy Elementary School, located at 7037 Briggs Dr., Sacramento, CA 95828.** Up to six (6) additional sites will be visited and every Bidder MUST attend the entire Pre-Bidders Conference. The Pre-Bidders Conference will start on time and bidders that arrive after the time stated above will not be allowed to attend. Any bidder bidding on the proposal who fails to attend the entire Pre-Bidders Conference will be deemed a non-responsive bidder and will have its proposal returned unopened.

Bids will not be opened or read publicly and will be opened in accordance with the procedures set forth in Public Contract Code Sections 20112 and 1601.

The District reserves the right to reject any and all bids received in whole or part, to waive any irregularities in the bids or bidding, and to be the sole judge of the suitability of products and services being offered.

For assistance, please contact Brad Minami at [bminami@egusd.net](mailto:bminami@egusd.net) or by phone at (916) 686-7773.

Brad Minami  
Director, Purchasing & Warehouse  
Elk Grove Unified School District

Elk Grove Citizen 11-7, 11-14-2025

### ELK GROVE UNIFIED SCHOOL DISTRICT

#### LEGAL NOTICE

#### NOTICE TO BIDDERS

NOTICE IS HEREBY GIVEN THAT the Board of Education of the Elk Grove Unified School District, County of Sacramento, State of California, will receive sealed RFPs up to but no later than **November 28, 2025, at 4:00 P.M. PST.**

#### RFP# 809-25/26 – COMMODITY PROCESSOR OF USDA DONATED FOODS

The RFP must be obtained, submitted, and received online through the EGUSD Online Bonfire Procurement Portal: <https://egusd.bonfirehub.com>.

RFPs will not be opened or read publicly and will be opened in accordance with the procedures set forth in Public Contract Code Sections 20112 and 1601.

The District reserves the right to reject any and all RFPs received in whole or in part, to waive any irregularities in the RFPs or bidding, and to be the sole judge of the suitability of products and services being offered.

For assistance, please contact Kirsten Garcia at [kgarcia@egusd.net](mailto:kgarcia@egusd.net) or by phone at (916) 686-7773.

Kirsten Garcia  
Purchasing Supervisor  
Elk Grove Unified School District

Elk Grove Citizen 11-7, 11-14-2025

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### City of Elk Grove INVITATION TO BID

**NOTICE IS HEREBY GIVEN** that electronic bids will be received at the City of Elk Grove Vendor Portal through PlanetBids prior to 10:00 a.m. local time (09:59:59 – according to the PlanetBids official Bid clock) on **Tuesday, December 16, 2025**, for furnishing all labor, materials, tax, transportation, equipment and services necessary for the:

#### GUARDRAIL REPLACEMENT ON WEST AND EAST STOCKTON BLVD. PROJECT (WTR097) (HSIPL-5479(083))

Bids submitted after the time specified will not be accepted.

#### Description of Work:

The proposed work shall be performed in accordance with the plans, specifications and other contract documents and shall consist of the following: removal of existing metal beam guard rails, installing new metal beam guard rails, end treatments, concrete barriers, and signs, and other related Work on along East Stockton Blvd. and West Stockton Blvd (Work).

The Opinion of Probable Cost (OPC) for the work is \$587,000.

**Bidder shall have current standing as a City approved pre-qualified Bidder prior to submitting a bid for this Project. Bidders that submit a Bid without being pre-qualified shall have their Bid deemed non-responsive.**

In order to bid on or to be listed on the bid proposal for this Public Works Project all Contractors and subcontractors shall be registered with the Department of Industrial Relations and be qualified to perform Public Work pursuant to Section 1725.5 of the California Labor Code. Unregistered Contractors may still submit bids provided the bid is authorized by Section 7029.1 of the Business and Professions Code or by either Section 10164 and 20103.5 of the Public Contract Code and all Contractors including subcontractors are registered with the Department of Industrial Relations to perform Public Work pursuant to California Labor Code Section 1725.5 at the time the bid is submitted. DIR registration is not required on Projects that do not exceed \$25,000, which are for construction, alteration, demolition, installation, or repair work or for public works projects for maintenance when \$15,000 or less.

#### Construction License:

Bidder must possess a current valid Class "A" General Engineering, and/or Class "C-13" Fencing and/or Class "C-32" Parking and Highway Improvement Contractor's Licenses issued by the State of California.

#### Pre-Bid:

This Project does not have a Pre-Bid meeting scheduled.

#### For Pre-Bid Information and Information Pertaining to the Construction Plans and Specifications, Contact:

Michael Karoly, Project Manager, City of Elk Grove, Public Works Department  
Telephone: (916) 662-3204 or electronically at the City of Elk Grove Vendor Portal through PlanetBids

#### For Obtaining Bid Documents, Contact:

Kimberlee Marlan, Administrative Assistant, City of Elk Grove, Public Works Department  
Telephone: (916) 627-3315 or electronically at the City of Elk Grove Vendor Portal through PlanetBids

Plans, specifications and other bid documents may be examined and/or obtained at the City of Elk Grove City Hall, Public Works Department, located on the second floor of 8401 Laguna Palms Way, Elk Grove, CA 95758. A copy of the bid documents may be obtained at the City Hall upon request and payment of \$25.00 or may be mailed upon request and payment of \$35.00. The amount of the payment is non-refundable. Bidders may also view and download the plans, specifications, and other bid documents at the City of Elk Grove Vendor Portal through PlanetBids. Any Addendum shall only be issued electronically at the City of Elk Grove Vendor Portal through PlanetBids.

By: \_\_\_\_\_  
Christina Castro, PE  
Capital Program Division Manager

Date: November 4, 2025

Elk Grove Citizen 11-14, 11-21-2025



# California Farms Lose \$20,528 Annually to Natural Hazards

Trace One News Release

**CALIFORNIA (MPG)** - High grocery prices have been a defining economic story in recent years, driven by a combination of factors including pandemic-related supply chain breakdowns and labor shortages. However, an increasingly critical driver of food price inflation has been the impact of natural disasters, such as droughts, floods and hurricanes, on the nation's agricultural output.

California farms have the largest losses due to natural hazards, according to a new study from Trace One, a company specializing in product lifecycle management and regulatory compliance software for the food and beverage industry.

In April, a devastating weather system massively flooded corn, rice, soybean, and wheat crops in eastern Arkansas, affecting 31% of agricultural acreage in the region and inflicting an estimated \$99 million worth of damage. The agricultural industry in North Carolina was hit hard by Hurricane Helene in late September 2024, prompting the U.S. Department of Agriculture (USDA) to grant \$221.2 million in federal disaster assistance block grants to help the industry rebuild in the state.

The increased frequency of natural hazards has created a challenging environment for farmers. However, the effects of climate- and weather-related disasters are not uniform, varying greatly depending on location. To pinpoint where these events are having the greatest impact on farmers and the nation's food supply, Trace One researchers conducted an in-depth analysis of the latest data from the U.S. Department of Agriculture and the Federal Emergency Management Agency (FEMA).



California farms are expected to lose a total of about \$1.3 billion per year to natural disasters, an average per-farm loss of \$20,528, according to Trace One analysis of Federal Emergency Management Agency data. The worst type of natural hazard for California's agriculture is drought, which can reduce irrigation, shrink harvests and put extra strain on livestock. Photo by Mark Stebnicki <https://www.pexels.com>

According to Federal Emergency Management Agency estimates, natural hazards cause an average of \$3.5 billion in agricultural losses annually, with drought being the single largest contributor. Drought alone accounts for more than half of these losses, averaging \$1.9 billion per year. The financial impact of drought underscores its threat to farmers, particularly in regions reliant on water-intensive crops.

Other significant contributors to agricultural losses include hurricanes, which cause \$485 million in annual losses, along with flooding (\$437 million) and cold waves (\$286 million). Events such as hailstorms, strong winds, and heat waves collectively add hundreds of millions in losses to the yearly toll. While less frequent, disasters

such as tornadoes, winter weather and wildfires also contribute economic strain in certain regions.

Natural disasters impacting agriculture vary significantly across U.S. regions due to differing climates and geographic vulnerabilities. Drought is a persistent challenge on the West Coast, particularly in California, as well as the Southwest and parts of the Southern Plains, where water scarcity hampers crop yields and livestock production.

Hurricanes have the most severe impact in the Southeast and Mid-Atlantic regions, where states such as Florida and North Carolina frequently experience storm surges and high winds that devastate crops and infrastructure. Riverine flooding is most problematic in the Mississippi River

Basin and its extensive tributary networks, as well as in the Pacific Northwest. Cold waves are most prominent in the Midwest and Mountain West, where freezing temperatures can damage crops and livestock operations.

Taken together, California leads the nation in agricultural losses due to natural hazards, with farms in the state incurring an estimated \$1.3 billion in losses annually. This figure dwarfs losses in other states, with drought being the most significant hazard affecting California's vast agricultural sector. On a per-farm basis, California reports an average loss of \$20,528, which is the highest of any state, reflecting its reliance on high-value crops such as fruits, nuts and vegetables, which are particularly vulnerable to water

shortages.

By comparison, Texas, which ranks second, faces an expected annual loss of \$205 million, with droughts again being the primary driver. Iowa, North Carolina, and Florida round out the top five, each suffering from a combination of droughts and hurricanes, although with lower total and per-farm losses than California.

At the county level, California continues to dominate the rankings, with Santa Barbara County reporting the largest expected losses at \$245 million annually. Drought is the principal hazard here, impacting high-value crops including strawberries, vegetables and wine grapes.

Other California counties, such as Yolo, Napa, Sutter and Colusa, also rank highly, with annual losses ranging from \$70 million to \$115 million. These counties experience some of the highest loss rates per farm, with those in Santa Barbara County and Yolo County losing an estimated \$180,339 and \$144,645 each year, respectively.

According to the data for California, the total expected annual loss due to natural hazards is \$1,283,017,450 and the expected annual loss per farm is \$20,528 for a total of 62,500 farms. California's expected annual loss rate is 2.2%, the total agriculture value is \$58,490,098,696 and the worst natural hazard for agriculture is drought.

According to the date for the entire United States, the total expected annual loss is \$3,480,816,585 and the expected annual loss per farm is \$1,851 for a total of 1,880,000 farms. The country's expected annual loss rate is 0.7%, the total agriculture value is \$503,268,663,042 and the worst natural hazard for agriculture is drought. ★

# Society for the Blind Offers Services for All Ages

Society for the Blind News Release

**SACRAMENTO REGION, CA (MPG)** - The nonprofit Society for the Blind organization is encouraging residents to honor Blindness Awareness Month throughout October by participating in activities and supporting people with vision loss so they can gain the skills they need to stay independent and thrive.

"Our clients tell us all the time that they thought their life was over when they began losing vision but they discovered it was the beginning of a new chapter," said Society for the Blind executive director Shari Roeseler. "During Blindness Awareness Month, we want to make sure everyone knows that people can live their best lives with vision loss or blindness when they have the right tools. If you are losing your vision or you know someone who is, we have a wide array of classes and support that will



Society for the Blind's senior program members learned how to carve pumpkins without vision last October during Blindness Awareness Month. Photo courtesy of Society for the Blind

help you build the skills you need, whether you are a child, working-age adult or senior."

For more than 70 years, the Society for the Blind organization has continued to create innovative ways to carry out its mission, which is to empower individuals living with low vision or blindness to discover, develop

and achieve their full potential.

Since 1954, Society for the Blind has grown from a dedicated group of volunteers to a nationally recognized agency and the only comprehensive rehabilitative teaching center that provides services for a 27-county region of Northern California. Those counties include Sacramento, Sutter,

Yolo, Yuba, El Dorado, Placer, Amador, Butte and San Joaquin. Society for the Blind is located at 1238 S St., Sacramento.

The nonprofit organization provides low-vision eye care, life and job skills training, mentorship and access to tools to maintain independence for more than 5,000 youth, working-age

adults and seniors experiencing vision loss each year.

In addition to its onsite Low Vision Clinic and assistive technology store, Society for the Blind offers four core classes to ensure people with vision loss can stay active, employed and live life to the fullest. The four core classes are on orientation and mobility, independent living skills, assistive technology and braille.

The nonprofit organization also provides a program for seniors that includes support groups and activities such as yoga and cooking classes.

For youth, Society for the Blind offers a support groups for caregivers and parents of children with vision loss.

The group also provides a braille production program and hosts events open to the public.

To learn more or make a donation, visit online [www.SocietyfortheBlind.org](http://www.SocietyfortheBlind.org). Or call the office at 916-452-8271. ★

# AI Runs on Power But Power Isn't Moving Fast Enough



Christian Bonilla

**Commentary by Christian Bonilla, co-founder and co-CEO of DMAND Energy Solutions**

Artificial intelligence is booming and America's power grid is struggling to keep up.

At the World Economic Forum, President Trump recently warned that "We need double the energy we currently have in the United States for AI to be

as big as we want to have it." Elon Musk has echoed similar concerns, predicting that AI data centers could overwhelm the electricity supply next year. The Department of Energy predicts that AI-driven electricity demand could increase sixfold by 2030.

They're right about the scale of AI's electricity needs. But they're wrong about the diagnosis.

America doesn't suffer from a lack of energy resources. We have vast oil and gas reserves, plus growing solar and wind energy capacity. The real problem is getting the electricity that's already, or soon could be, generated from these energy sources to the data centers where it's needed.

Solving this coordination challenge will require a new approach to energy infrastructure, one with an eye toward future needs.

This distinction between coordination and total capacity matters. If the problem were simply about generating more electricity overall, the solution would be straightforward: build more power plants and transmission lines to bring power to all the new data centers. But that would and will take years, if not decades. New transmission lines alone often take years to complete.

Instead, we need to build new data centers next to existing energy deposits, such as natural gas fields in places like West Texas,

Oklahoma, North Dakota and elsewhere, so that power-hungry data centers can build on-site generating plants and obtain the electricity they need, without having to connect to the broader grid. Using standardized data center designs and prefabricated components could further accelerate construction timelines and get data centers up and running years faster than previous generations of data centers built in traditional hubs like Northern Virginia or Silicon Valley.

Data center developers already recognize the advantages of this coordinated approach. A recent KPMG survey revealed that 77 percent of data center stakeholders

consider it key to build alongside energy generation.

But in practice, data center developers often struggle to understand and vet energy producers. And in turn, those producers often misunderstand the needs of data center operators.

This is a challenge even for the largest AI developers. The Stargate project, a \$500 billion AI data center investment backed by OpenAI and SoftBank, chose Abilene, Texas, as its flagship site after fielding interest from 16 different states, largely for Abilene's energy availability, alongside other land and regulatory advantages. Despite the initial fanfare, practical challenges

quickly tempered aspirations and the initiative has mostly stalled. As a result, Stargate has quietly scaled back its 2025 ambitions to building a single data center in Ohio.

To lead in the AI age, America will need more than chips and capital. It needs clearer rules, faster transactions between energy producers and AI developers, and a system that rewards coordination just as much as production.

If we solve this coordination challenge, America can lead the AI revolution and improve everything from health care to education to national security. But if we fail, we'll be left with plenty of power, just not where it matters. ★

# Second Person Dies in Nov. 2 Pub Shooting

**Elk Grove Police Department News Release**

**ELK GROVE, CA** - A second person has died following the Nov. 2 shooting at the Z Town Gastro Pub, located at 8409 Elk Grove Florin Road.

The 34-year-old man had been in critical condition since the morning of the shooting. On Nov. 6, he succumbed to his injuries and died at the



was shot and killed at the scene as 18-year-old Kim Kha Huynh. The other two victims have been released from the hospital.

The suspect, Roderick Randall, is still on the run. Detectives are actively working to locate him.

Anyone with information regarding Randall's whereabouts or details about the investigation is urged to contact the Elk Grove Police Department at 916-714-5115. ★

hospital. Identification of the deceased will be made by the Sacramento County Coroner's Office.

The coroner's office has identified the victim who

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# ABOUT TOWN

## Continuing through Monday, Nov. 24

**Operation Love: Help Feed Families this Thanksgiving** – daily dry donation drop-offs at Beeleu Boutique through Saturday, Nov. 22. Frozen turkey drop-offs on Sunday, Nov. 23 at Girly Girl Brows. Basket drive-thru pickup on Monday, Nov. 24. Text 916-729-9083 to volunteer, schedule a donation pickup or reserve a basket. 9093 Elk Grove Blvd.

## Friday, Nov. 14 and Saturday, 15

**Disney's "Frozen Jr."** – Three performances at Musical Mayhem Productions, featuring performers ages 7 to 12. The enchanting modern classic from Disney is ready for your Broadway Junior stars. Tickets and more information at mmkids.com. 9755 Kent St., Suite 120.

## Friday, Nov. 14

**Parade Celebrating 2025 NASCAR Champion and Elk Grove Native Kyle Larson** – noon to 1 p.m. at Old Town Plaza. Sonoma Raceway and City of Elk Grove are hosting this event to honor Larson in his hometown. Fans are invited to join Larson, his family and the community for a special day of celebration honoring his incredible 2025 season and remarkable racing career. The event is open and free to the public. 9615 Railroad St.

## Saturday, Nov. 15

**Bufferlands Tones of Fall** – 9 a.m. to noon. Come join Bufferlands biologists on a 1-to-2-mile

hike, finding the sights and sounds of the fall season. As we walk the trails, we can view the changes taking place within our riparian trees and wetland plants as they prepare for winter. Space is limited; advance registration required by contacting conarde@sacsewer.com. Confirmed registrations will be notified of the specific meeting location.

## Saturday, Nov. 22

**Elk Grove Holiday Craft Faire** – 9 a.m. to 4 p.m. at District56. Come find books, jewelry, clothes, housewares and one-of-a-kind items. 8230 Civic Center Drive.

## The Creative Space Market: Autumn Food and Craft Fair

– 11 a.m. to 3 p.m. at the Sacramento Asian Sports Foundation. It's the most wonderful time of year ... to shop local! From festive Hawaiian, Asian and Anime to handmade jewelry, cozy apparel, stunning art and pastries from your favorite local bakers, there's something for everyone on your list. Enjoy food trucks, kids' arts and crafts zone and a live DJ. Bring the whole family. 9040 High Tech Court.

## Ongoing Events

### Caregiver Coffee

– 10:30 a.m. the third Saturday each month at Elk Grove United Methodist Church. This is open to all as a way to share experiences in caregiving as well as resources. For more information, contact Ruth at 916-509-1414. Next meeting will be Saturday, Nov. 15. 8986 Elk Grove Blvd.

**Elk Grove Certified Farmers Market** – every Saturday, 8 a.m. to noon at 8245 Laguna Blvd.

**Rotary Club of Elk Grove** – every Wednesday for lunch at noon, The Park at Laguna Springs, 9670 Laguna Springs Drive. More information at elkgroverotary.org.

## Sunday Pop-Up Market at HomeGrown Inc.

– every Sunday, 9 a.m. to 1 p.m. at the HomeGrown Inc. Farmer's Market "store." Enjoy music, delicious food, fresh baked goods, local shopping, and health and wellness vendors; there's something for everyone. 9120 Elk Grove Blvd.

## Widowed Persons Social Club

– Nov. 14, 10 a.m.: Hand and Foot card game at Elk Grove United Methodist Church, 8986 Elk Grove Blvd. A small donation to the church is expected. Contact Gerri at 916-698-1940.

Nov. 19, 1 p.m.: Book club at Elk Grove United Methodist Church, 8986 Elk Grove Blvd. A small donation to the church is expected. Contact Merrylyn at 916-549-4264.

Nov. 20, 11:30 a.m.: lunch and 12:30 p.m. general meeting at Golden Corral, 7700 W. Stockton Blvd; \$24 includes lunch. Contact Pat at 916-802-4524.

Nov. 21, 10 a.m.: Pinochle at Elk Grove United Methodist Church, 8986 Elk Grove Blvd. A small donation to the church is expected. Contact Jim at 916-768-1923.

A widowed person may attend up to three events while deciding if they wish to join WPSC. Contact Bonnie at 916-422-1522

if you are interested in membership.

**Wilton Bingo** – First Saturday each month. The next bingo will be on Saturday, Dec. 6 in the Wilton Community Center. Doors open at 5 p.m. with food available for sale and bingo starts at 6 p.m. All proceeds go to two nonprofits: the local Park Council and the Wilton History Group. 9717 Colony Road at Dillard Road, Wilton.

## Library Events

Sacramento County Libraries have the following upcoming events: (EG) Elk Grove Library, 8900 Elk Grove Blvd.; (F) Franklin, 10055 Franklin High Road; (NW) Nonie Wetzel Library, 170 Primasing Ave., Courtland; (VH) Valley Hi/North Laguna, 7400 Imagination Parkway, Sacramento:

Friday, Nov. 14: Explore and Learn, 10 a.m. to 11 a.m. (F) Adult space, 10:30 a.m. to noon. Discover engaging activities, enjoy light refreshments and meet good company. (EG)

Saturday, Nov. 15: Family story time, 10 a.m. to 11 a.m. (F) Author talk: Dr. Pa Vue – Hmong language storyteller, 10:30 a.m. to 12:30 p.m. Join us to hear Hmong language children's stories, learn about Hmong culture and make your own book. (VH)

Tuesday, Nov. 18: Elk Grove Navigator office hours, 10 a.m. to noon. Participants can connect with trained navigators who provide guidance, answer questions, and connect clients to resources such as shelters, food assistance and more. (EG)

Wednesday, Nov. 19: Explore and learn, 10:30 a.m. to 11:30 a.m. (VH) Adult book group, 1:30 p.m. to 2:30 p.m. This month we'll be reading and discussing "Isola" by Allegra Goodman. (NW) Teen space, 3 p.m. to 5 p.m. Meet other teens and hang out in a space dedicated to you. (EG) STEAM for Kids – piñatas, 4 p.m. to 5 p.m. (F) Teen space – macramé skeleton, 4 p.m. to 5 p.m. (NW)

Thursday, Nov. 20: Family story time, 10:30 a.m. to 11:30 a.m. (EG) 1-on-1 financial coaching, 1 p.m. to 5 p.m. The City of Sacramento's Financial Empowerment Center (FEC) offers free professional coaching and student loan counseling for residents of Sacramento who are 18 and older. An appointment is required; book on the FEC website. (VH) Adult space, 3 p.m. to 4:30 p.m. Discover engaging activities, enjoy light refreshments and meet good company. (VH)

Friday, Nov. 21: Explore and learn, 10 a.m. to 11 a.m. (F) Adult space, 10:30 a.m. to noon. Discover engaging activities, enjoy light refreshments and meet good company. (EG) Tween book group, 3:30 to 4:30 p.m. This month we'll be reading and discussing "Blue Stars: The Vice Principal Problem" by Magoon, Smith and Murakami. Copies will be available at the front desk prior to the meeting. (EG) Teen advisory board, 4:30 p.m. to 5:30 p.m. (F)

Saturday, Nov. 22: Family story time, 10 a.m. to 11 a.m. (F) Teen advisory board, 3 p.m. to 4 p.m. (VH)

Call 916-264-2920 or 800-561-4636 for more information on any of these events.

## Veterans Meetings

**American Legion Post 55, Veterans and Auxiliary Units** – fourth Wednesday each month. Dinner 6 p.m., meeting 7 p.m. Veterans Hall, 8230 Civic Center Drive. Next meeting will be Nov. 26. Breakfast: second Saturday, 8-10 a.m., 8830 Sharkey Ave.

**American Legion Post 233 and Auxiliary Unit 233** – general meetings the fourth Thursday each month at 7 p.m. at the Elks Lodge, 9240 Survey Road. Dinner at 6 p.m. Due to the holidays, the next meeting will be Thursday, Nov. 20. No meeting in December.

**Post 233 Family Breakfast** – first Saturday each month at 9 a.m., Mimi's Café, corner of Laguna Boulevard and West Stockton Boulevard (just off Highway 99). For more information, call Henry at 916-205-9296 C or Sue at 916-683-6128 H.

**Sons of the American Legion, Squadron 233** – first Monday each month at 5:45 p.m. at the Veterans Hall, 8230 Civic Center Drive.

**Marine Corps League Detachment #1238** – first Thursday each month. Dinner 6 p.m., meeting 7 p.m., District56 Veterans Hall, 8230 Civic Center Drive.

**VFW Post 2073** – second Thursdays of the month. Dinner 6 p.m., meeting 7 p.m., District56 Veterans Hall, 8230 Civic Center Drive. For more information, call 916-684-3849. ★

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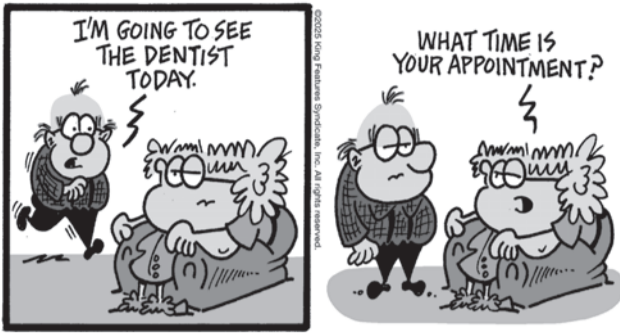
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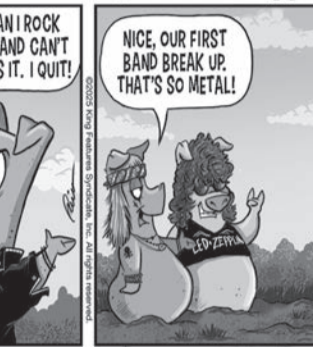
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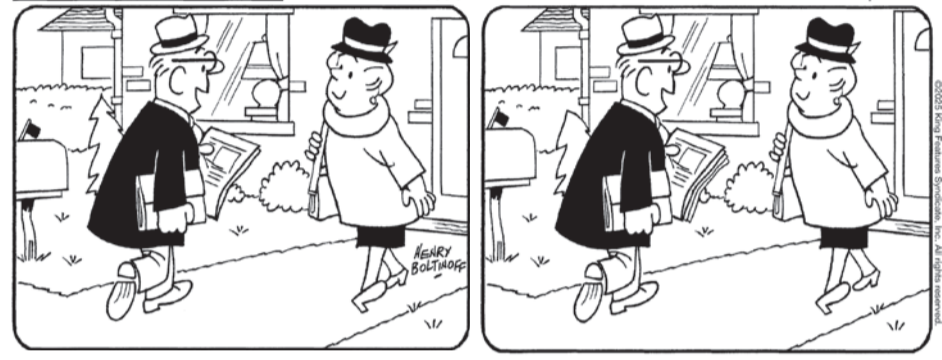


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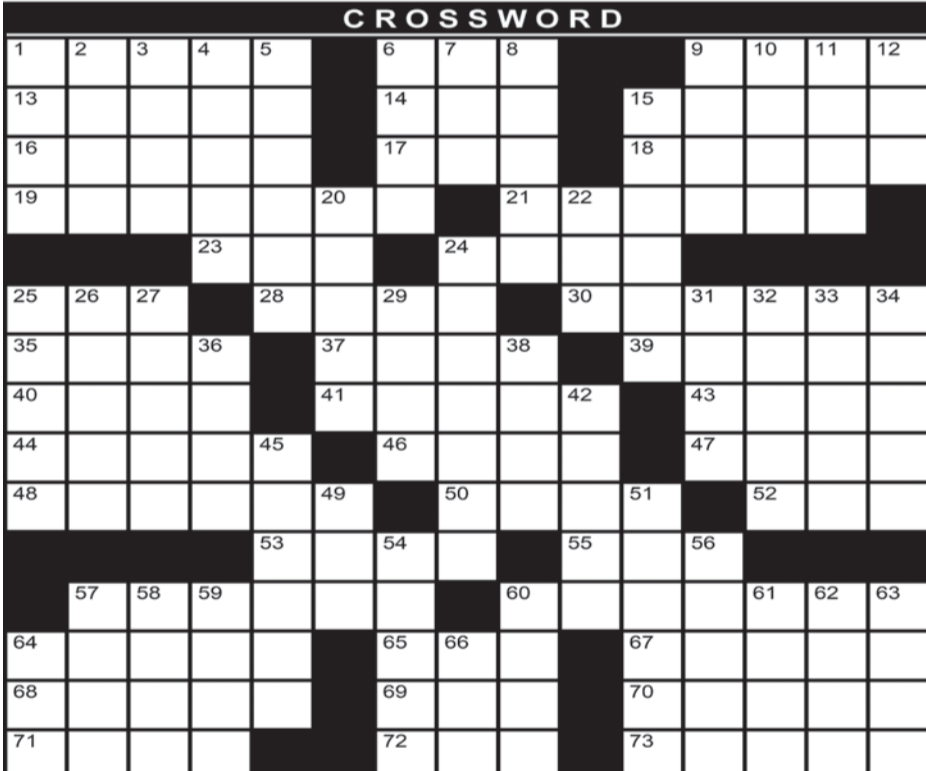
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- Fresh Prince: "\_\_\_\_ ya later!"
  - Say "no"
  - "Nana" author Émile
  - Capital of Vietnam
  - The home of the brave, acr.
  - Increase rpms (2 words)
  - Like yesteryear
  - Rejuvenating spot
  - Like a solder at attention
  - \*Pumpkin pie or pecan pie, e.g.
  - \*Plymouth
  - Seek damages
  - Light on one's feet
  - Like The Beatles
  - Certain blast's origins
  - \*What tom said
  - Iranian money
  - Precedes GPT
  - Water nymph
  - Wisconsin's western neighbor
  - One tenth
  - Mountain, in Germany
  - The Statue of Liberty island
  - Cat sound
  - Instinctive motive
  - 1970s dance clubs
  - Do like buffaloes
  - Distress acronym
  - Opposite of genuine
  - Bow or bolo
  - \*Moisturizing kitchen tool
  - \*Turkey prepared certain way
  - Bottom line
  - Pub offering
  - Alley cat, e.g.
  - Extreme suffering
  - International help, e.g.
  - Bullwinkle J. \_\_\_\_\_
  - Fitness facilities
  - July-August sign of Zodiac
  - More so than #12 Down
- DOWN**
- Not barefoot
  - Gender checkbox
  - Peters out
  - Loamy deposit
  - Form a queue (2 words)
  - Head and shoulders sculpture
  - Venomous snake
  - Civil rights organization, acr.
  - Whole number between -1 and 1
  - \*Biscuit baker
  - \*She took away the football from Charlie Brown
  - Mentally quick, e.g.
  - Put trust in (2 words)
  - Respond
  - Website address ending
  - Eminence
  - \*Deep-\_\_\_\_, turkey prepared certain way
  - White condiment
  - Sheds tears
  - \*Mayflower
  - Hindi courtesy title
  - Coffin holders
  - One of Florida Keys
  - Ruler sides, e.g.

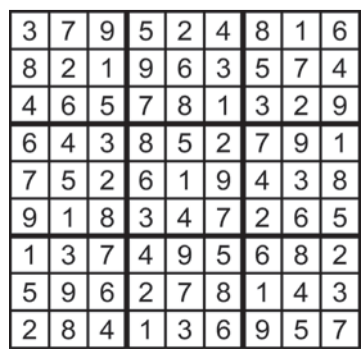


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36. Not of the cloth  
38. Through, to a poet  
42. Muse of love poetry  
45. "Killing Me \_\_\_\_\_ with His Song"  
49. Fraternity letters  
51. Unwholesome atmosphere  
54. Cattle enclosure in African village  
56. Bar, legally  
57. Unidentified aircraft  
58. Niels Bohr's study object  
59. Without, à Paris  
60. Overhaul  
61. \*Turkey \_\_\_\_\_, 5K run  
62. "At \_\_\_\_\_!" military command  
63. Indigo user  
64. "You're it" game  
66. Rest in state

# Bowl Games Begin Football Postseason



Brayden Ford, No. 8, sheds a block attempt.



Safety Davian Jimenez, No. 18, makes a tackle on third down.

**Story and photos by  
Nathan Felix Valencia**

**ELK GROVE, CA (MPG)** - The end of regular season games brings the postseason, whether teams are playing in a bowl game or in the playoffs.

Friday, Nov. 7 was the first night of the postseason, with four teams from the Delta League competing in bowl games. Pleasant Grove, Elk Grove, Laguna Creek and Franklin all played in bowl games against high schools from out of the area.

Although some may say a bowl game for high school is unnecessary, it brings one more opportunity for the players to leave everything on the field. And for the seniors who are not planning to play football in college, it was their final opportunity to strap on their helmets and play.

Pleasant Grove traveled up to Roseville to play West Park after the Eagles had beaten Laguna Creek in their final game of the regular season.

West Park was able to strike first in the first quarter to gain early momentum and was able to carry that through the first half. The Panthers' offense and defense were able to make statements by securing a 21-0 lead going into halftime.

Pleasant Grove continued to fight through the second half; however, West Park was able to score 12 more points while keeping the Eagles' offense scoreless.

Although the Eagles lost 33-0, they still had a tremendous season, finishing 7-4 on the year with their first-year head coach.

Laguna Creek traveled down to Stockton to take on Stagg High School in

their bowl game, looking to finish the season on a high note.

Both teams were able to score a touchdown in the first quarter, but Stagg missed the extra-point attempt to tie the game.

However, in the second quarter, Laguna Creek was able to score 23 unanswered points, going into halftime with a 30-6 lead.

Heading into the second half, the Cardinals had all of the momentum, but the Delta Kings were not going to finish the season without a fight. Finding a second wind for its offense, Stagg was able to score throughout the rest of the game.

After the damage in the second quarter, Laguna Creek was able to hold its lead throughout the second half. The Cardinals won their final game in controllable fashion, 64-41, and finished their season on a high note to raise their record to 5-6.

Elk Grove was the only school in the Delta League to host a bowl game, taking on Vista del Lago.

Vista struck first with a touchdown to take an early lead. But Elk Grove was able to rattle off multiple touchdowns in response to take a commanding 21-7 lead late in the second quarter.

Vista del Lago did not back down and was able to score a touchdown before halftime to cut the lead to just 7, gaining a little momentum just before halftime.

The Eagles were able to take that momentum from their previous touchdown and carry it through the second half by continuing to score on offense while shutting down the Thundering Herd offense.

Elk Grove was able to score just one more touchdown in the second half,



Elk Grove captains O'Shea Heffernan, No. 9, left; Hudson Hall, No. 2; Dominic Vazquez No. 44; and Brayden Ford, No. 8.



The Elk Grove offense breaks huddle.

which was not enough to keep the lead. When the final buzzer sounded, Elk Grove had lost 28-38, which dropped their record to 4-7.

In the final bowl game,

Franklin traveled up to Rocklin to play Whitney.

Both teams were able to score within the first quarter, trading touchdowns, and Whitney was able to take a 13-6 lead going into

the second quarter.

The second quarter is where Franklin was able to flip the score and take the lead. The Wildcats scored 21 unanswered points going into halftime and

went up 28-13.

The game was far from over, though, as the second half was filled with offense on both sides.

Whitney owned the third quarter, scoring two touchdowns while holding Franklin to zero and cutting the lead to just one point.

However, Franklin dominated the fourth quarter, putting up 24 points to extend its lead and win the game 52-27. The Wildcats finished their season with an outstanding record of 8-3.

With the bowl games over, now come the playoffs where teams fight to win a section championship and hopefully the State Championship.

The only team that was able to make the playoffs in the Delta League was Monterey Trail, with a home game against Inderkum at 7 p.m. Friday, Nov. 14. ★

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# Back-to-Back National Scoring Champion

## River City's Reagan Eisberg Makes History

**River City High School Athletics News Release**

**WEST SACRAMENTO, CA (MPG)** - River City High School senior and two-time USA Water Polo Academic All-American Reagan Eisberg has officially made history. For the second consecutive year, Eisberg has claimed the national regular-season scoring title, finishing as the top goal scorer in the country for varsity girls' water polo — a rare and remarkable feat that places her among the elite in high school athletics.

Eisberg's record-setting performance helped propel the River City Raiders to another standout year, continuing a legacy of excellence that has redefined the program's standard for success. Her leadership and offensive dominance have guided the team to its third consecutive league championship — and second straight Monticello Empire League title — along with a top playoff seed heading into the postseason.

"This year felt different," Eisberg said. "It wasn't just about goals or stats — it was about savoring every moment with my teammates and finishing strong together.



Last season, Eisberg led the nation in both points (253) and goals (201), according to MaxPreps, while helping the Lady Raiders capture back-to-back league titles and consecutive postseason runs. Photo courtesy of Jonathan Sibayan

Everything we've built here means more than any number."

Last season, Eisberg led the nation in both points (253) and goals (201), according to MaxPreps, while helping the Lady

Raiders capture back-to-back league titles and consecutive postseason runs. This year, she closed out the regular season with 197 goals — once again finishing as the top scorer in the country. Her

consistency, composure, and relentless competitiveness have solidified her place among the most prolific scorers in California high school history.

The Eisberg name has become

synonymous with River City water polo. Reagan's sister, Sydney, finished her senior season as league MVP and California's top scorer in 2023 before continuing her career at Concordia University Irvine. Her older brother, Joshua, led the varsity boys' program in 2024 earning Monticello Empire League MVP honors that year. Now, her younger brothers Caleb and Elijah are following in those footsteps as anchors for the Varsity Boys Program.

But for Reagan, the records tell only part of the story.

"Records are temporary," she said. "What lasts are the friendships, the memories, and the legacy we build together. That's what I'll carry with me long after the last whistle."

Following a strong showing at the Western States Tournament — where River City finished third in the Gold Division — the Raiders now turn their focus to the playoffs. With history already made and momentum on their side, one thing is certain: Reagan Eisberg has not only led the nation in scoring — she's led a generation of River City athletes by example. ★

## Farber Picks Up Women's Soccer Honors



Sacramento State junior midfielder Ellie Farber who was also a preseason all-conference pick prior to the start of the campaign, was named to the league's postseason honor roll for the second consecutive season after picking up all-league honorable mention laurels, as well as a Big Sky All-Tournament Team award, as a sophomore in 2024. Photo courtesy of Sacramento State Athletics

**Sacramento State Athletics News Release**

**SACRAMENTO, CA (MPG)** - Sacramento State junior midfielder Ellie Farber picked up her second career All-Big Sky Conference honor, named to the league's second team, according to a vote of the conference's head coaches released on Nov. 4.

Farber, who was also a preseason all-conference pick prior to the start of the campaign, was named to the league's postseason honor roll for the second consecutive season after picking up all-league honorable mention laurels, as well as a Big Sky All-Tournament Team

award, as a sophomore in 2024.

The Redding native started 17 of the team's 18 matches during the 2025 campaign, finishing with a goal and a pair of assists to stand tied for fourth on the team in scoring with four points. Farber netted her lone goal of the season — and second career game-winner — as part of a 4-2 victory over San Jose State on Sept. 7, while adding assists in a 1-1 draw against Northern Arizona (Sept. 28) and a 5-0 victory over Eastern Washington (Oct. 5).

Now with four career scores and eight assists in her three seasons as a Hornet, she is just three helpers shy of breaking into the top 10 in school history on the career assist list. ★

## Men's 4-Ball Championships Finalized at Mather Course

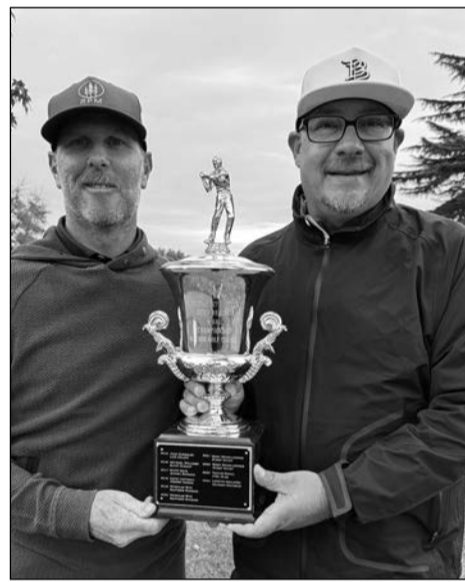


Senior (age 55+) winners of the County Mens 4-Ball Golf Championship are (left) Dean Prince and (right) John Jaramillo. Photos courtesy of the Sacramento Golf Council

**Sacramento Golf Council News Release**

**SACRAMENTO REGION, CA (MPG)** - Winners of the Sacramento County Men's 4-Ball Championship are Travis Caldwell and Christian Quint in match play.

The match was even until Caldwell and Quint birdied the 16th hole to go one-up. Runners-up Patrick Cairns and Zackary Niazi birdied the 17th hole, along with Caldwell and Quint.



Winners of the County Mens 4-Ball Golf Championship are (left) Christian Quint and (right) Travis Caldwell.

The match was conceded on the 18th hole with Caldwell and Quint winning.

Winners of the Senior County Men's 4-Ball Championship (ages 55+) were John Jaramillo and Dean Prince. Runners-up Joey Ferrari and Bob Niger birdied holes 17 and 18 to force a playoff. Jaramillo and Prince won on the first playoff hole.

Tournament chairman was Mark Perry for the Sacramento Golf Council. The two tournaments were played over five days at Mather Golf Course. ★

## Desmond Finishes Regular Season with Team of the Week

**Sacramento Republic FC News Release**

**SACRAMENTO REGION, CA (MPG)** - United Soccer League (USL) Championship announced the Week 34 Team of the Week. With his performance over the final week of the regular season, Republic FC defender Lee Desmond has been named to the league's top weekly squad for the second time this season.

Desmond had a strong showing on both ends of the pitch to help the Indomitable Club secure three points over USL Championship title contender Charleston Battery. With six clearances, two interceptions, seven duels won and four possessions won, Desmond led the team to secure its 12th clean sheet of the regular season.

In front of goal, Desmond added his second goal contribution of



With the regular season campaign in the rearview mirror, Republic FC now turns its attention to the USL Championship Playoffs. Photo courtesy of Sacramento Republic FC

the year with an assist on Khori Bennett's game-winner. Republic FC perfectly executed a set piece that began with a couple of short passes before Jack Gurr sent a long cross to Desmond at the far post. Desmond skillfully headed the ball down for an easy tap-in from Bennett.

It has been a career year for Desmond. After dealing with injuries in his first two years in Sacramento, the Irish defender has become one of Republic FC's most

consistent players. In the 2025 regular season, he set new club-career highs with 105 clearances, 85% passing accuracy, 65% duel success and two goal contributions. Desmond has featured in each of the team's conference-leading 12 clean sheets.

With the regular season campaign in the rearview mirror, Republic FC now turns its attention to the USL Championship Playoffs presented by Terminix. It's a new competition and now the Indomitable Club is just four wins away from lifting a trophy for the first time since 2014, a moment that would be the perfect send-off for longtime Captain Rodrigo Lopez, who is set to retire at the end of the season.

It all began on Nov. 2, after press time, when Republic FC hosted Orange County SC in the Western Conference Quarterfinals. ★

## Two-Goal Performance from Zuniga fuels Hawks'



The offense continued to roll after halftime as Zavier Zuniga took over the match, scoring twice in a four-minute span — first off a pass from Camden Locke and then unassisted to make it 3-0. Photo courtesy of CRC Athletics

**Cosumnes River College Athletics News Release**

**SACRAMENTO REGION, CA (MPG)** - The Hawks delivered a commanding performance on both ends of the pitch, earning a 4-0 shutout win over San Joaquin Delta behind an explosive second-half surge and disciplined defensive play.

Cosumnes River struck first in the 23rd minute when Freddy Brenes finished off a setup from Isaac Chacing and Christian Garduno to give the Hawks the early lead. The offense continued to roll after halftime as Zavier Zuniga took over the

match, scoring twice in a four-minute span — first off a pass from Camden Locke and then unassisted to make it 3-0.

Kevin Martinez added the final goal in the 87th minute, converting a feed from Michael Villasenor to seal the victory.

Goalkeeper Sergio Duarte anchored the defense with three saves to record the clean sheet, while the Hawks held Delta without a single shot on goal.

With the win, Cosumnes River showcased its depth, energy, and attacking rhythm — a statement performance as the team continues its push through conference play. ★